

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 13.13 Tithi 17  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 7:34PM  
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Інду Васара Уктыяым  
 Sivali Nakshatra Vajra Yoga Talila/Gara Karana Dwitya/Panchanyam Tilau

**Gulika** 1:51PM - 3:31PM  
**Yama** 10:32AM - 12:12PM  
**Rahu** 7:13AM - 8:52AM

**Svali** Until 7:34PM  
**Vajra** Until 6:07PM  
**Tailila** Until 5:16PM

**Dwitya** Until 6:28AM Tue

**Ganesh:** Yellow  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Green  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 364  
 Viswastu 5127  
 Moon 4 - Phase 1 - 1st Phase

**Devaloka Day****1****Tuesday, April 15, 2025**

Tula Rasi: 25.04 Tithi 17 - 18  
 Routine Work Marana Yoga  
 Until 10:40PM  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Мангала Васара Уктыяым  
 Vishakha Nakshatra Vyatipata Yoga Gara/Vanija Karana Dwitya/Tritiyanyam Tilau

**Gulika** 12:11PM - 1:51PM  
**Yama** 8:52AM - 10:31AM  
**Rahu** 3:31PM - 5:11PM

**Vishakha** Until 10:40PM  
**Siddhi** Until 7:01PM  
**Vanija** Until 7:41PM

**Dwitya** Until 6:28AM

**Ganesh:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Orange  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 1  
 Viswastu 5127  
 Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM**2****Wednesday, April 16, 2025**

Mischika Rasi: 6.58 Tithi 18 - 19  
 Creative Work Siddha Yoga  
 Until 1:24AM Thu  
 Then Routine Work - Prabalasitha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Бадха Васара Уктыяым  
 Anuradha Nakshatra Vyatipata Yoga Visti/Bava Karana Tritiya/Chaturthanyam Tilau

**Gulika** 10:31AM - 12:11PM  
**Yama** 7:10AM - 8:51AM  
**Rahu** 12:11PM - 1:51PM

**Anuradha** Until 1:24AM Thu  
**Vyatipata** Until 7:47PM  
**Bava** Until 9:55PM

**Tritiya** Until 8:49AM

**Ganesh:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Orange  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 2  
 Viswastu 5127  
 Moon 4 - Phase 1 - 2 1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM**3****Thursday, April 17, 2025**

Mischika Rasi: 18.58 Tithi 19 - 20  
 Routine Work Prabalasitha Yoga  
 Until 3:40AM Fri  
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Гану Васара Уктыяым  
 Vishakha Nakshatra Vajra Yoga Balava/Kaulava Karana Chaturthi/Panchanyam Tilau

**Gulika** 8:50AM - 10:30AM  
**Yama** 5:29AM - 7:09AM  
**Rahu** 1:51PM - 3:32PM

**Jyeshtha** Until 3:40AM Fri  
**Variyan** Until 8:17PM  
**Kaulava** Until 11:51PM

**Chaturthi** Until 10:54AM

**Ganesh:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Orange  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 3  
 Viswastu 5127  
 Moon 4 - Phase 1 - 3 1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM**4****Friday, April 18, 2025**

Dhanus Rasi: 1.05 Tithi 20 - 21  
 Creative Work Amrita Yoga  
 Until 5:51AM Sat  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Сукра Васара Уктыяым  
 Mula Nakshatra Parigha Yoga Talila/Gara Karana Panchami/Shashthanyam Tilau

**Gulika** 7:08AM - 8:49AM  
**Yama** 3:32PM - 5:13PM  
**Rahu** 10:30AM - 12:11PM

**Mula** Until 5:51AM Sat  
**Parigha** Until 8:31PM  
**Gara** Until 1:22AM Sat

**Panchami** Until 12:39PM

**Ganesh:** Red  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 4  
 Viswastu 5127  
 Moon 4 - Phase 1 - 4 1st Phase

**Devaloka Day****5****Saturday, April 19, 2025**

Dhanus Rasi: 13.24 Tithi 21 - 22  
 Creative Work Siddha Yoga  
 Until 7:20AM Sun  
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Маніа Васара Уктыяым  
 Purvashadha Nakshatra Shiva Yoga Vanja/Visti Karana Shashthi/Saptanyam Tilau

**Gulika** 5:26AM - 7:07AM  
**Yama** 1:52PM - 3:33PM  
**Rahu** 8:48AM - 10:29AM

**Purvashadha** Until 7:20AM Sun  
**Shiva** Until 8:23PM  
**Visti** Until 2:22AM Sun

**Shashthi** Until 1:55PM

**Ganesh:** Red  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 5  
 Viswastu 5127  
 Moon 4 - Phase 1 - 5 1st Phase

**Devaloka Day****6****Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 25.56 Tithi 22 - 23  
 Creative Work Siddha Yoga  
 Until 7:20AM  
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Бхану Васара Уктыяым  
 Purvashadha/Uttarashadha Nakshatra Siddha Yoga Balava/Balava Karana Saptami/Akshanyam Tilau

**Gulika** 3:33PM - 5:15PM  
**Yama** 12:10PM - 1:52PM  
**Rahu** 5:15PM - 6:56PM

**Purvashadha** Until 7:20AM  
**Siddha** Until 7:44PM  
**Balava** Until 2:42AM Mon

**Saptami** Until 2:36PM

**Ganesh:** Red  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 6  
 Viswastu 5127  
 Moon 4 - Phase 1 - 6 Ashtami

**Devaloka Day****Monday, April 21, 2025****Retreat Star**

Makara Rasi: 8.48 Tithi 23 - 24  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 8:02AM  
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Інду Васара Уктыяым  
 Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Tilau

**Gulika** 1:52PM - 3:34PM  
**Yama** 10:28AM - 12:10PM  
**Rahu** 7:04AM - 8:46AM

**Uttarashadha** Until 8:02AM  
**Sadya** Until 6:32PM  
**Tailila** Until 2:19AM Tue

**Ashtami** Until 2:35PM

**Ganesh:** Red  
**Muruga:** Clear  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra-Chaitra**

Rome, Italy  
 Sutra 7  
 Viswastu 5127  
 Moon 4 - Phase 1 - 7 Navami

**Devaloka Day**

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 12/20/23

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<b>1 Tuesday, April 22, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Крйштра Паке: Мэнгаля Васара Уктыягым Шравана/Данешйша Накшатра Субха/Сукля Яога Гара/Ваня Карана Навами/Даашыям Тйау				Rome, Italy Sutra 8 Vishvasu 5127
Makara Rasi: 22.02	Tithi 24 – 25	<b>Gulika</b> 12:10PM – 1:52PM	<b>Shravana Until 8:18AM</b>	<b>Ganesh:</b> Green	Sunrise: 5:21AM	Moon 4 - Phase 2 - 8
		<b>Yama</b> 8:45AM – 10:28AM	<b>Sukla Until 4:46PM</b>	<b>Muruga:</b> Clear	Sunset: 6:58PM	2nd Phase
Creative Work	Siddha Yoga	293298578 <b>Rahu</b> 3:34PM – 5:16PM	<b>Vanija Until 1:10AM Wed</b>	<b>Nataraja:</b> Clear		
			<b>Navami* Until 1:49PM</b>	<b>Moon - Purple</b>		<b>Bhuloka Day</b>
				<b>Chaitra-Chaitra</b>		<b>Devaloka Time: 3PM to 6PM</b>

<b>2 Wednesday, April 23, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Крйштра Паке: Баућа Вэсара Уктыягым Дхаршйша/Шаббхйша Накшатра Сукля/Брахма Яога Вис'/Бава Карана Даашами/Екадашыям Тйау				Rome, Italy Sutra 9 Vishvasu 5127
Kumbha Rasi: 5.41	Tithi 25 – 26	<b>Gulika</b> 10:27AM – 12:10PM	<b>Dhanishtha Until 7:40AM</b>	<b>Ganesh:</b> Green	Sunrise: 5:20AM	Moon 4 - Phase 2 - 9
		<b>Yama</b> 7:02AM – 8:45AM	<b>Sukla Until 2:21PM</b>	<b>Muruga:</b> Clear	Sunset: 7:03PM	2nd Phase
Routine Work	Prabalarishta Yoga	293298578 <b>Rahu</b> 12:10PM – 1:52PM	<b>Bava Until 11:16PM</b>	<b>Nataraja:</b> Clear		
Until 7:40AM			<b>Dashami Until 12:17PM</b>	<b>Moon - Purple</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra-Chaitra</b>		<b>Devaloka Time: 3PM to 6PM</b>

<b>3 Thursday, April 24, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Крйштра Паке: Гара Вэсара Уктыягым Шаббхйша/Пурвасрошпата* Накшатра Браhma/Индра Яога Балава/Кавлава Карана Екадши/Двадашыям Тйау				Rome, Italy Sutra 10 Vishvasu 5127
Kumbha Rasi: 19.48	Tithi 26 – 27	<b>Gulika</b> 8:44AM – 10:27AM	<b>Shababhishak Until 6:10AM</b>	<b>Ganesh:</b> Green	Sunrise: 5:18AM	Moon 4 - Phase 2 - 10
		<b>Yama</b> 5:18AM – 7:01AM	<b>Brahma Until 11:23AM</b>	<b>Muruga:</b> Clear	Sunset: 7:01PM	2nd Phase
Creative Work	Siddha Yoga	293298579 <b>Rahu</b> 1:52PM – 3:35PM	<b>Kaulava Until 8:43PM</b>	<b>Nataraja:</b> Purple		
			<b>Ekadashi* Until 10:03AM</b>	<b>Moon - Purple</b>		<b>Devaloka Day</b>
				<b>Chaitra-Chaitra</b>		

<b>4 Friday, April 25, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Крйштра Паке: Сукля Вэсара Уктыягым Утарасрошпата Накшатра Индра/Вадхей* Яога Татйа/Ваня Карана Двадашй/Dвадашыям Тйау				Rome, Italy Sutra 11 Vishvasu 5127
Meena Rasi: 4.2	Tithi 27 – 28	<b>Gulika</b> 7:00AM – 8:43AM	<b>Uttarasroshpata Until 1:52AM Sat</b>	<b>Ganesh:</b> Purple	Sunrise: 5:17AM	Moon 4 - Phase 2 - 11
		<b>Yama</b> 3:35PM – 5:19PM	<b>Indra Until 7:57AM</b>	<b>Muruga:</b> Clear	Sunset: 7:03PM	2nd Phase
Creative Work	Siddha Yoga	213298579 <b>Rahu</b> 10:26AM – 12:09PM	<b>Vanija Until 3:54AM Sat</b>	<b>Nataraja:</b> Purple		
Until 1:52AM Sat			<b>Dvadashi* Until 7:13AM</b>	<b>Moon - Clear</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Chaitra-Chaitra</b>		
				<b>Pradosha Vata (Fasting)</b>		

<b>5 Saturday, April 26, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Крйштра Паке: Маня Вэсара Уктыягым Реваи Накшатра Вйшкамбха* Яога Вис'/Сакур* Карана Чатурдашыям Тйау				Rome, Italy Sutra 12 Vishvasu 5127
Meena Rasi: 19.14	Tithi 29	<b>Gulika</b> 5:15AM – 6:59AM	<b>Revati Until 10:56PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:15AM	Moon 4 - Phase 2 - 12
		<b>Yama</b> 1:52PM – 3:36PM	<b>Vishkambha* Until 11:59PM</b>	<b>Muruga:</b> Clear	Sunset: 7:03PM	2nd Phase
Routine Work	Prabalarishta Yoga	213298579 <b>Rahu</b> 8:42AM – 10:26AM	<b>Visli Until 2:08PM</b>	<b>Nataraja:</b> Purple		
Until 10:56PM			<b>Chaturdashi* Until 12:16AM Sun</b>	<b>Moon - Clear</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra-Chaitra</b>		

<b>● Sunday, April 27, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Крйштра Паке: Бхаруа Вэсара Уктыягым Ашвейи Накшатра Пййи Яога Катспода* Нага* Карана Амавасыяям Тйау				Rome, Italy Sutra 13 Vishvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 3:36PM – 5:20PM	<b>Ashvini Until 8:05PM</b>	<b>Ganesh:</b> Orange	Sunrise: 5:14AM	Moon 4 - Phase 2 - 13
Mesha Rasi: 4.23	Tithi 30	<b>Yama</b> 12:09PM – 1:53PM	<b>Prihi Until 7:45PM</b>	<b>Muruga:</b> Clear	Sunset: 7:04PM	Amavasya
Creative Work	Siddha Yoga	224298579 <b>Rahu</b> 5:20PM – 7:04PM	<b>Kataspoda Until 10:24AM</b>	<b>Nataraja:</b> Purple		
Until 8:05PM			<b>Amavasya* Until 8:29PM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Chaitra-Chaitra</b>		

<b>Monday, April 28, 2025</b>		Vishvasu Nama Samvatsare Uтарыяге Нартапа Рйтау Меша Месе Сукля Паке: Индра Вэсара Уктыягым Бхарани/Крйштра Накшатра Аюшман/Саубхяга Яога Кинугхна/Балава Карана Праथам/Двйтыягым Тйау				Rome, Italy Sutra 14 Vishvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 1:53PM – 3:37PM	<b>Bharani Until 5:06PM</b>	<b>Ganesh:</b> Orange	Sunrise: 5:12AM	Moon 4 - Phase 2 - 14
Mesha Rasi: 19.37	Tithi 1 – 2	<b>Yama</b> 10:25AM – 12:09PM	<b>Ayushman Until 3:30PM</b>	<b>Muruga:</b> Clear	Sunset: 7:05PM	Prathama
<b>Family Home Evening</b>		224298579 <b>Rahu</b> 6:57AM – 8:41AM	<b>Kinughna Until 6:35AM</b>	<b>Nataraja:</b> Purple		
Creative Work	Siddha Yoga		<b>Prathama* Until 4:41PM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>
Until 5:06PM				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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<b>1</b>	<b>Tuesday, April 29, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Мэргэла Васара Yuktayam Kritika/Rohini Nakshatra Sasabhaga/Sobhana Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Tilau		Rome: Italy
	Wishabha Rasi: 4.47	Tilthi 2 - 3	<b>Gulika</b> 12:09PM - 1:53PM <b>Yama</b> 8:40AM - 10:24AM <b>Rahu</b> 3:37PM - 5:22PM	<b>Kritika Until 2:10PM</b> Saubhagya Until 11:23AM Taila Until 11:23PM <b>Dvitiya Until 1:03PM</b>	Sun 15 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 15 3rd Phase
Creative Work Siddha Yoga Until 2:10PM Then Creative Work - Amrita Yoga			Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White Vaisaka-Chaitra		Sunrise: 5:17AM Sunset: 7:06PM Moon 4 - Phase 3 - 15 3rd Phase
					<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, April 30, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Бадха Васара Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau		Rome: Italy
	Wishabha Rasi: 19.44	Tilthi 3 - 4	<b>Gulika</b> 10:24AM - 12:08PM <b>Yama</b> 6:54AM - 8:39AM <b>Rahu</b> 12:08PM - 1:53PM	<b>Rohini Until 11:50AM</b> Sobhana Until 7:33AM Vanija Until 8:19PM <b>Tritiya Until 9:46AM</b>	Sun 16 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 16 3rd Phase
Creative Work Siddha Yoga			Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra		Sunrise: 5:10AM Sunset: 7:07PM Moon 4 - Phase 3 - 16 3rd Phase
					<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, May 1, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vesi*/Balava Karana Chaturthi/Panchamam Tilau		Rome: Italy
	Mithuna Rasi: 4.2	Tilthi 4 - 5	<b>Gulika</b> 8:38AM - 10:23AM <b>Yama</b> 5:08AM - 6:53AM <b>Rahu</b> 1:53PM - 3:38PM	<b>Mrigashira Until 9:53AM</b> Sukarma Until 1:09AM Fri Balava Until 4:49AM Fri <b>Chaturthi* Until 6:58AM</b>	Sun 17 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 17 3rd Phase
Routine Work Marana Yoga			Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra		Sunrise: 5:08AM Sunset: 7:08PM Moon 4 - Phase 3 - 17 3rd Phase
					<b>Devaloka Day</b>

<b>4</b>	<b>Friday, May 2, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Kaulava/Taila Karana Shashthi/Panchamam Tilau		Rome: Italy
	Mithuna Rasi: 18.29	Tilthi 6	<b>Gulika</b> 6:52AM - 8:38AM <b>Yama</b> 3:39PM - 5:24PM <b>Rahu</b> 10:23AM - 12:08PM	<b>Ardra Until 8:27AM</b> Dhriti Until 10:50PM Kaulava Until 4:02PM <b>Shashthi* Until 3:24AM Sat</b>	Sun 18 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 18 3rd Phase
Creative Work Siddha Yoga			Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra		Sunrise: 5:07AM Sunset: 7:09PM Moon 4 - Phase 3 - 18 3rd Phase
					<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, May 3, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamam Tilau		Rome: Italy
	Kataka Rasi: 2.1	Tilthi 7	<b>Gulika</b> 5:06AM - 6:51AM <b>Yama</b> 1:54PM - 3:39PM <b>Rahu</b> 8:37AM - 10:22AM	<b>Punarvasu Until 8:04AM</b> Shula* Until 9:09PM Gara Until 3:02PM <b>Saptami Until 2:50AM Sun</b>	Sun 19 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 19 3rd Phase
Creative Work Siddha Yoga			Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra		Sunrise: 5:06AM Sunset: 7:10PM Moon 4 - Phase 3 - 19 3rd Phase
					<b>Sivaloka Day</b>

<b>6</b>	<b>Sunday, May 4, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vesi*/Bava Karana Ashtamam Tilau		Rome: Italy
	Kataka Rasi: 15.22	Tilthi 8	<b>Gulika</b> 3:40PM - 5:26PM <b>Yama</b> 12:08PM - 1:54PM <b>Rahu</b> 5:26PM - 7:11PM	<b>Pushya Until 8:22AM</b> Ganda* Until 8:09PM Vesi Until 2:53PM <b>Ashlami* Until 3:06AM Mon</b>	Sun 20 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 20 Ashtami
Creative Work Siddha Yoga			Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra		Sunrise: 5:05AM Sunset: 7:11PM Moon 4 - Phase 3 - 20 Ashtami
					<b>Sivaloka Day</b>

<b>7</b>	<b>Monday, May 5, 2025</b>		Vishvasu Nama Samvatsare Uтарыыы Нартаыы Рйтау Меша Месе Салба Пакше Indu Vasara Yuktayam Ashlesha* Nakshatra Viddhi Yoga Balava/Kaulava Karana Navamam Tilau		Rome: Italy
	Kataka Rasi: 28.1	Tilthi 9	<b>Gulika</b> 1:54PM - 3:40PM <b>Yama</b> 10:22AM - 12:08PM <b>Rahu</b> 6:49AM - 8:36AM	<b>Ashlesha* Until 9:20AM</b> Viddhi Until 7:48PM Balava Until 3:33PM <b>Navami* Until 4:09AM Tue</b>	Sun 21 Vasavasu 5:17 Vasavasu 5:12 Moon 4 - Phase 3 - 21 Navami
Family Home Evening Creative Work Siddha Yoga Until 9:20AM Then Routine Work - Marana Yoga			Ganesh: Clear Muruga: Red Nataraja: Purple Moon - Blue Vaisaka-Chaitra		Sunrise: 5:03AM Sunset: 7:12PM Moon 4 - Phase 3 - 21 Navami
					<b>Sivaloka Day</b>

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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## 1 Tuesday, May 6, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Sukla Paksha Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva Yoga Talita/Gara Karana Dvadasyam Titau				Rome, Italy Sufra 22
Simha Rasi: 11	Tithi 10	<b>Gulika</b> 12:08PM - 1:54PM	<b>Magha* Until 11:20AM</b>	<b>Ganesha:</b> White	Sunrise: 5:03AM	Vasavasru 5:17
		Yama 8:35AM - 10:21AM	Dhruva Until 7:57PM	<b>Muruga:</b> Red	Sunset: 7:19PM	Moon 4 - Phase 4 - 22
Creative Work	Siddha Yoga	254318579 <b>Rahu</b> 3:41PM - 5:27PM	Talita Until 4:56PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami Until 5:50AM Wed</b>	Moon - Red		<b>Devaloka Day</b>
				Vaisaka-Chaitra		

## 2 Wednesday, May 7, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Sukla Paksha Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija Karana Ekadashi/Dvadasyam Titau				Rome, Italy Sufra 23
Simha Rasi: 22.46	Tithi 11	<b>Gulika</b> 10:21AM - 12:08PM	<b>Purvaphalguni Until 1:46PM</b>	<b>Ganesha:</b> White	Sunrise: 5:01AM	Vasavasru 5:17
		Yama 6:48AM - 8:34AM	Vyaghata* Until 8:33PM	<b>Muruga:</b> Red	Sunset: 7:19PM	Moon 4 - Phase 4 - 23
Creative Work	Amrita Yoga	254318579 <b>Rahu</b> 12:08PM - 1:54PM	Vanija Until 6:54PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi Until 8:01AM Thu</b>	Moon - Red		<b>Devaloka Day</b>
				Vaisaka-Chaitra		

## 3 Thursday, May 8, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Sukla Paksha Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadasyam Titau				Rome, Italy Sufra 24
Kanya Rasi: 4.44	Tithi 11 - 12	<b>Gulika</b> 8:34AM - 10:21AM	<b>Uttaraphalguni Until 4:27PM</b>	<b>Ganesha:</b> White	Sunrise: 5:00AM	Vasavasru 5:17
		Yama 5:00AM - 6:47AM	Harshana Until 9:27PM	<b>Muruga:</b> Red	Sunset: 7:16PM	Moon 4 - Phase 4 - 24
	Amrita Yoga	254318579 <b>Rahu</b> 1:55PM - 3:42PM	Bava Until 9:15PM	<b>Nataraja:</b> Purple		4th Phase
Until 4:27PM			<b>Ekadashi Until 8:01AM</b>	Moon - Red		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				Vaisaka-Chaitra		

## 4 Friday, May 9, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Sukla Paksha Sukra Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sufra 25
Kanya Rasi: 16.35	Tithi 12 - 13	<b>Gulika</b> 6:46AM - 8:33AM	<b>Hasta Until 7:40PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:58AM	Vasavasru 5:17
		Yama 3:42PM - 5:29PM	Vajra* Until 10:28PM	<b>Muruga:</b> Red	Sunset: 7:17PM	Moon 4 - Phase 4 - 25
Creative Work	Amrita Yoga	264318579 <b>Rahu</b> 10:20AM - 12:08PM	Kaulava Until 11:48PM	<b>Nataraja:</b> Purple		4th Phase
Until 7:40PM			<b>Dvadashi Until 10:29AM</b>	Moon - Green		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		
				Pradosha Vata		

## 5 Saturday, May 10, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Sukla Paksha Manta Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sufra 26
Kanya Rasi: 28.24	Tithi 13 - 14	<b>Gulika</b> 4:57AM - 6:45AM	<b>Chitra Until 10:47PM</b>	<b>Ganesha:</b> White	Sunrise: 4:57AM	Vasavasru 5:17
		Yama 1:55PM - 3:43PM	Siddhi Until 11:31PM	<b>Muruga:</b> Red	Sunset: 7:18PM	Moon 4 - Phase 4 - 26
Routine Work	Marana Yoga	265318579 <b>Rahu</b> 8:32AM - 10:20AM	Gara Until 2:22AM Sun	<b>Nataraja:</b> Purple		4th Phase
Until 10:47PM			<b>Trayodashi Until 1:04PM</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		

## 6 Sunday, May 11, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Sukla Paksha Bhanu Vasara Yuktayam Svati Nakshatra Vyagata* Yoga Vanija/Visi* Karana Chaturdashy/Purnimayam Titau				Rome, Italy Sufra 27
Tula Rasi: 10.13	Tithi 14 - 15	<b>Gulika</b> 3:43PM - 5:31PM	<b>Svati Until 1:39AM Mon</b>	<b>Ganesha:</b> White	Sunrise: 4:56AM	Vasavasru 5:17
		Yama 12:07PM - 1:55PM	Vyagata* Until 12:32AM Mon	<b>Muruga:</b> Red	Sunset: 7:19PM	Moon 4 - Phase 4 - 27
Creative Work	Siddha Yoga	265318579 <b>Rahu</b> 5:31PM - 7:19PM	Visi Until 4:50AM Mon	<b>Nataraja:</b> Purple		4th Phase
Until 1:39AM Mon			<b>Chaturdashy* Until 3:36PM</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				Vaisaka-Chaitra		
				Mother's Day		

## Monday, May 12, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Krishna Paksha Indu Vasara Yuktayam Vishakha Nakshatra Varjyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy Sufra 28
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:56PM - 3:44PM	<b>Vishakha Until 4:40AM Tue</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:55AM	Vasavasru 5:17
Tula Rasi: 22.04	Tithi 15 - 16	Yama 10:19AM - 12:07PM	Varjyan Until 1:22AM Tue	<b>Muruga:</b> Red	Sunset: 7:20PM	Moon 4 - Phase 4 -
<b>Family Home Evening</b>		275318579 <b>Rahu</b> 6:43AM - 8:31AM	Balava Until 7:07AM Tue	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 5:59PM</b>	Moon - Orange		<b>Sivaloka Day</b>
Until 4:40AM Tue				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

## Tuesday, May 13, 2025

		Vishvasu Nama Samvatsara Ubarayane Nartana Ritau Mesho Mase Krishna Paksha Mangala Vasara Yuktayam Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sufra 29
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:07PM - 1:56PM	<b>Anuradha Until 7:17AM Wed</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:54AM	Vasavasru 5:17
Vischika Rasi: 3.59	Tithi 16	Yama 8:31AM - 10:19AM	Parigha* Until 2:03AM Wed	<b>Muruga:</b> Red	Sunset: 7:21PM	Moon 4 - Phase 4 -
Creative Work	Siddha Yoga	275318579 <b>Rahu</b> 3:44PM - 5:32PM	Balava Until 7:07AM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama* Until 8:08PM</b>	Moon - Orange		<b>Sivaloka Day</b>
				Vaisaka-Chaitra		

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Wednesday, May 14, 2025****Gold Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Будха Васара Yuktayam

Rome, Italy

Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Talila/Gara Karana Divlyayam Titau

Sun 1 Sufra 30

Wischika Rasi: 16.01 Tithi 17

Gulika 10:19AM - 12:07PM  
Yama 6:42AM - 8:30AM  
Rahu 12:07PM - 1:56PMAnuradha Until 7:17AM  
Shiva Until 2:31AM Thu  
Talila Until 9:08AMGanesha: Yellow  
Muruga: Red  
Nataraja: Purple  
Moon - Orange  
Vaisaka-ValkasiSunrise: 4:53AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 1  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

**Thursday, May 15, 2025**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Гуну Васара Yuktayam

Rome, Italy

Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Vanja/Visli\* Karana Tritrayayam Titau

Sun 2 Sufra 31

Wischika Rasi: 28.09 Tithi 18

Gulika 8:30AM - 10:19AM  
Yama 4:52AM - 6:41AM  
Rahu 1:56PM - 3:45PMJyeshtha\* Until 9:27AM  
Siddha Until 2:42AM Fri  
Vanja Until 10:51AMGanesha: Yellow  
Muruga: Red  
Nataraja: Purple  
Moon - Orange  
Vaisaka-ValkasiSunrise: 4:52AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 2  
1st PhaseRoutine Work Prabalarishta Yoga  
Then Creative Work - Siddha Yoga

Sivaloka Day

**Friday, May 16, 2025**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Sukra Vasara Yuktayam

Rome, Italy

Mula\*/Purvashadha\* Nakshatra Sadya Yoga Bava/Balava Karana Chaturthayam Titau

Sun 3 Sufra 32

Dhanus Rasi: 10.26 Tithi 19

Gulika 6:40AM - 8:29AM  
Yama 3:46PM - 5:35PM  
Rahu 10:18AM - 12:07PMMula\* Until 11:37AM  
Sadya Until 2:37AM Sat  
Bava Until 12:14PMGanesha: Blue  
Muruga: Red  
Nataraja: Purple  
Moon - Light Blue  
Vaisaka-ValkasiSunrise: 4:51AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 3  
1st PhaseCreative Work Amrita Yoga  
Until 11:37AM  
Then Routine Work - Prabalarishta Yoga

Subha Sivaloka Day

**Saturday, May 17, 2025**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Manta Vasara Yuktayam

Rome, Italy

Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Titau

Sun 4 Sufra 33

Dhanus Rasi: 22.52 Tithi 20

Gulika 4:50AM - 6:39AM  
Yama 1:57PM - 3:46PM  
Rahu 8:29AM - 10:18AMPurvashadha\* Until 1:14PM  
Subha Until 2:13AM Sun  
Kaalava Until 1:13PMGanesha: Blue  
Muruga: Red  
Nataraja: Purple  
Moon - Light Blue  
Vaisaka-ValkasiSunrise: 4:50AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 4  
1st PhaseCreative Work Siddha Yoga  
Until 1:14PM  
Then Routine Work - Marana Yoga

Subha Sivaloka Day

**Sunday, May 18, 2025**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Bhanu Vasara Yuktayam

Rome, Italy

Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthayam Titau

Sun 5 Sufra 34

Makara Rasi: 5.3 Tithi 21

Gulika 3:47PM - 5:36PM  
Yama 12:07PM - 1:57PM  
Rahu 5:36PM - 7:26PMUttarashadha Until 2:15PM  
Sukla Until 1:24AM Mon  
Gara Until 1:45PMGanesha: Blue  
Muruga: Red  
Nataraja: Purple  
Moon - Light Blue  
Vaisaka-ValkasiSunrise: 4:49AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 5  
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

**Monday, May 19, 2025**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Indu Vasara Yuktayam

Rome, Italy

Shravana/Dhanishtha Nakshatra Brahma Yoga Visli\*/Bava Karana Sapthamayam Titau

Sun 6 Sufra 35

Makara Rasi: 18.23 Tithi 22

Gulika 1:57PM - 3:47PM  
Yama 10:18AM - 12:08PM  
Rahu 6:38AM - 8:28AMShravana Until 3:03PM  
Brahma Until 12:08AM Tue  
Visli Until 1:43PMGanesha: Blue  
Muruga: Red  
Nataraja: Purple  
Moon - Purple  
Vaisaka-ValkasiSunrise: 4:48AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 6  
1st PhaseFamily Home Evening  
Creative Work Amrita Yoga  
Until 3:03PM  
Then Creative Work - Siddha Yoga

Devaloka Day

**Tuesday, May 20, 2025****Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Mangala Vasara Yuktayam

Rome, Italy

Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaalava Karana Ashtamayam Titau

Sun 7 Sufra 36

Kumbha Rasi: 1.34 Tithi 23

Gulika 12:08PM - 1:58PM  
Yama 8:27AM - 10:18AM  
Rahu 3:48PM - 5:38PMDhanishtha Until 3:06PM  
Indra Until 10:23PM  
Balava Until 1:06PMGanesha: Blue  
Muruga: Red  
Nataraja: Purple  
Moon - Purple  
Vaisaka-ValkasiSunrise: 4:47AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 7  
AshtamiCreative Work Siddha Yoga  
Until 3:06PM  
Then Routine Work - Marana Yoga

Devaloka Day

**Wednesday, May 21, 2025****Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Budha Vasara Yuktayam

Rome, Italy

Shatabhishak/Purvashrothapada\* Nakshatra Vaidhri\* Yoga Talila/Gara Karana Navamayam Titau

Sun 8 Sufra 37

Kumbha Rasi: 15.06 Tithi 24

Gulika 10:17AM - 12:08PM  
Yama 6:37AM - 8:27AM  
Rahu 12:08PM - 1:58PMShatabhishak Until 2:22PM  
Vaidhri\* Until 8:05PM  
Talila Until 11:50AMGanesha: Blue  
Muruga: Red  
Nataraja: Purple  
Moon - Purple  
Vaisaka-ValkasiSunrise: 4:47AM  
Sunset: 7:29PM  
Moon 5 - Phase 5 - 8  
NavamiCreative Work Siddha Yoga  
Until 2:22PM  
Then Creative Work - Amrita Yoga

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>		<b>Wednesday, May 28, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Mrigashira Nakshatra Dhrivi/Shula* Yoga Balava/Kaulava Karana Dvityayam Titau		Sun 15	Rome, Italy Sufrā 44 Vasvasu 5127
Wishabha Rasi: 28.04	Tilthi 2	<b>Gulika</b> 6:33AM - 8:25AM <b>Yama</b> 12:08PM - 2:00PM <b>Rahu</b>	<b>Mrigashira Until 8:01PM</b> Dhrivi Until 2:40PM Balava Until 10:59AM <b>Dvitiya Until 9:28PM</b>	<b>Ganesha: Green</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Yellow Jyeshtha-Vaikasi	<b>Sunrise: 4:42AM</b> <b>Sunset: 7:39PM</b>	Moon 5 - Phase 7 - 15	Vasvasu 5127 Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga	337418579					<b>Devaloka Day</b>
<b>2</b>		<b>Thursday, May 29, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Andra Nakshatra Shula*/Ganda* Yoga Talilla/Gara Karana Tritiyayam Titau		Sun 16	Rome, Italy Sufrā 45 Vasvasu 5127
Mithuna Rasi: 12.42	Tilthi 3	<b>Gulika</b> 4:41AM - 6:33AM <b>Yama</b> 2:00PM - 3:52PM <b>Rahu</b>	<b>Andra Until 6:03PM</b> Shula* Until 11:18AM Talilla Until 8:07AM <b>Tritiya Until 6:53PM</b>	<b>Ganesha: Green</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Yellow Jyeshtha-Vaikasi	<b>Sunrise: 4:41AM</b> <b>Sunset: 7:39PM</b>	Moon 5 - Phase 7 - 16	Vasvasu 5127 Phase 7 - 16 3rd Phase
Routine Work	Marana Yoga	337418579					<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Friday, May 30, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam Panarvasu/Pushya Nakshatra Ganda*/Viddhi Yoga Visi*/Bava Karana Chaturthi/Panchmiam Titau		Sun 17	Rome, Italy Sufrā 46 Vasvasu 5127
Mithuna Rasi: 26.56	Tilthi 4 - 5	<b>Gulika</b> 6:32AM - 8:24AM <b>Yama</b> 3:52PM - 5:44PM <b>Rahu</b>	<b>Punarvasu Until 5:02PM</b> Ganda* Until 8:28AM Bava Until 4:18AM Sat <b>Chaturthi* Until 4:57PM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Blue Jyeshtha-Vaikasi	<b>Sunrise: 4:40AM</b> <b>Sunset: 7:39PM</b>	Moon 5 - Phase 7 - 17	Vasvasu 5127 Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga	347418579					<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, May 31, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Meru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vidyhai/Uraava Yoga Balava/Kaulava Karana Panchami/Skashthiyam Titau		Sun 18	Rome, Italy Sufrā 47 Vasvasu 5127
Kalkata Rasi: 10.42	Tilthi 5 - 6	<b>Gulika</b> 4:40AM - 6:32AM <b>Yama</b> 2:01PM - 3:53PM <b>Rahu</b>	<b>Pushya Until 4:39PM</b> Viddhi Until 6:15AM Kaulava Until 3:35AM Sun <b>Panchami Until 3:49PM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Blue Jyeshtha-Vaikasi	<b>Sunrise: 4:40AM</b> <b>Sunset: 7:39PM</b>	Moon 5 - Phase 7 - 18	Vasvasu 5127 Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga	347418579					<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Sunday, June 1, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Talilla/Gara Karana Shashthi/Saptamiam Titau		Sun 19	Rome, Italy Sufrā 48 Vasvasu 5127
Kalkata Rasi: 23.59	Tilthi 6 - 7	<b>Gulika</b> 3:53PM - 5:46PM <b>Yama</b> 12:09PM - 2:01PM <b>Rahu</b>	<b>Ashlesha* Until 4:58PM</b> Vyaghata* Until 3:50AM Mon Gara Until 3:45AM Mon <b>Shashthi* Until 3:32PM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Blue Jyeshtha-Vaikasi	<b>Sunrise: 4:39AM</b> <b>Sunset: 7:38PM</b>	Moon 5 - Phase 7 - 19	Vasvasu 5127 Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga	347418579					<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Monday, June 2, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Saplami/Ashthamiam Titau		Sun 20	Rome, Italy Sufrā 49 Vasvasu 5127
Simha Rasi: 6.49	Tilthi 7 - 8	<b>Gulika</b> 2:01PM - 3:54PM <b>Yama</b> 10:16AM - 12:09PM <b>Rahu</b>	<b>Magha* Until 6:26PM</b> Harshana Until 3:39AM Tue Visi Until 4:45AM Tue <b>Saplami Until 4:08PM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Red Jyeshtha-Vaikasi	<b>Sunrise: 4:39AM</b> <b>Sunset: 7:38PM</b>	Moon 5 - Phase 7 - 20	Vasvasu 5127 Phase 7 - 20 3rd Phase
Family Home Evening	Marana Yoga	358418579					<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga							
<b>7</b>		<b>Tuesday, June 3, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamiam Titau		Sun 21	Rome, Italy Sufrā 50 Vasvasu 5127
Retreat Star		<b>Gulika</b> 12:09PM - 2:02PM <b>Yama</b> 8:24AM - 10:16AM <b>Rahu</b>	<b>Purvaphalguni Until 8:30PM</b> Vajra* Until 3:59AM Wed Balava Until 6:26AM Wed <b>Ashtami* Until 5:30PM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Red Jyeshtha-Vaikasi	<b>Sunrise: 4:39AM</b> <b>Sunset: 7:40PM</b>	Moon 5 - Phase 7 - 21	Vasvasu 5127 Phase 7 - 21 Ashtami
Simha Rasi: 19.17	Tilthi 8 - 9	358418579					<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga						
Then Creative Work - Amrita Yoga							
<b>8</b>		<b>Wednesday, June 4, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamiam Titau		Sun 22	Rome, Italy Sufrā 51 Vasvasu 5127
Retreat Star		<b>Gulika</b> 10:16AM - 12:09PM <b>Yama</b> 6:31AM - 8:24AM <b>Rahu</b>	<b>Uttaraphalguni Until 10:58PM</b> Siddhi Until 4:45AM Thu Balava Until 6:26AM <b>Navami* Until 7:28PM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Purple</b> Moon - Red Jyeshtha-Vaikasi	<b>Sunrise: 4:38AM</b> <b>Sunset: 7:40PM</b>	Moon 5 - Phase 7 - 22	Vasvasu 5127 Phase 7 - 22 Navami
Kanya Rasi: 1.26	Tilthi 9	358418579					<b>Subha Sivaloka Day</b>
Creative Work	Amrita Yoga						
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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<b>1 Thursday, June 5, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Гору Васара Yuktayam				Rome, Italy
Kanya Rasi: 13.24 Tithi 10		Hasta Until 2:06AM Fri		Sun 23		Sutra 52
		Gulika 8:24AM - 10:16AM	Hasla Until 2:06AM Fri	Ganesh: Clear	Sunrise: 4:38AM	Vasavasu 5:17
		Yama 4:38AM - 6:31AM	Vyjalipata* Until 5:45AM Fri	Muruga: Red	Sunset: 7:41PM	Vasavasu 5:27
		368418571 Rahu 2:02PM - 3:55PM	Taitilla Until 8:39AM	Nataraja: Blue		4th Phase
Routine Work - Marana Yoga		Moon - Green				Sivaloka Day
Until 2:06AM Fri		Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga						

<b>2 Friday, June 6, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Сукра Васара Yuktayam				Rome, Italy
Kanya Rasi: 25.14 Tithi 11		Chitra Until 5:12AM Sat		Sun 24		Sutra 53
		Gulika 6:31AM - 8:24AM	Variyan Until 6:48AM Sat	Ganesh: Clear	Sunrise: 4:38AM	Vasavasu 5:17
		Yama 3:56PM - 5:49PM	Variyan Until 6:48AM Sat	Muruga: Red	Sunset: 7:42PM	Vasavasu 5:27
		368418571 Rahu 10:17AM - 12:10PM	Vanija Until 11:08AM	Nataraja: Blue		4th Phase
Creative Work - Siddha Yoga		Moon - Green				Sivaloka Day
		Ekadashi Until 12:23AM Sat				
		Jyeshtha-Vaikasi				

<b>3 Saturday, June 7, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Манта Васара Yuktayam				Rome, Italy
Tula Rasi: 7.03 Tithi 12		Svati Until 8:04AM Sun		Sun 25		Sutra 54
		Gulika 4:37AM - 6:30AM	Variyan Until 6:48AM	Ganesh: Clear	Sunrise: 4:37AM	Vasavasu 5:17
		Yama 2:03PM - 3:56PM	Bava Until 1:40PM	Muruga: Red	Sunset: 7:42PM	Vasavasu 5:27
		368418571 Rahu 8:23AM - 10:17AM	Dvadashti Until 2:52AM Sun	Nataraja: Blue		4th Phase
Creative Work - Siddha Yoga		Moon - Green				Sivaloka Day
Until 8:04AM Sun		Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga						

<b>4 Sunday, June 8, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Bhanu Vasara Yuktayam				Rome, Italy
Tula Rasi: 18.53 Tithi 13		Svati Until 8:04AM		Sun 26		Sutra 55
		Gulika 3:56PM - 5:50PM	Parigaha* Until 7:49AM	Ganesh: White	Sunrise: 4:37AM	Vasavasu 5:17
		Yama 12:10PM - 2:03PM	Kadava Until 4:04PM	Muruga: Red	Sunset: 7:43PM	Vasavasu 5:27
		369418571 Rahu 5:50PM - 7:43PM	Trayodashi Until 5:10AM Mon	Nataraja: Blue		4th Phase
Creative Work - Siddha Yoga		Moon - Green				Devalka Day
Until 8:04AM		Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga		Pradosha Vata				

<b>5 Monday, June 9, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Indu Vasara Yuktayam				Rome, Italy
Wishika Rasi: 0.48 Tithi 14		Vishakha Until 11:03AM		Sun 27		Sutra 56
Family Home Evening		Gulika 2:03PM - 3:57PM	Shiva Until 8:40AM	Ganesh: Clear	Sunrise: 4:37AM	Vasavasu 5:17
Routine Work - Marana Yoga		Yama 10:17AM - 12:10PM	Gara Until 6:13PM	Muruga: Red	Sunset: 7:43PM	Vasavasu 5:27
Until 11:03AM		379418571 Rahu 6:30AM - 8:23AM	Chaturdashi* Until 7:09AM Tue	Nataraja: Blue		4th Phase
Then Creative Work - Siddha Yoga		Moon - Orange				Sivaloka Day
		Jyeshtha-Vaikasi				

<b>○ Tuesday, June 10, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Mangala Vasara Yuktayam				Rome, Italy
Copper Retreat Star		Anuradha Until 1:33PM		Sun 28		Sutra 57
Wishika Rasi: 12.5 Tithi 14 - 15		Gulika 12:10PM - 2:04PM	Siddha Until 9:14AM	Ganesh: Clear	Sunrise: 4:37AM	Vasavasu 5:17
		Yama 8:23AM - 10:17AM	Visli Until 8:01PM	Muruga: Red	Sunset: 7:44PM	Vasavasu 5:27
		379418571 Rahu 3:57PM - 5:51PM	Chaturdashi* Until 7:09AM	Nataraja: Blue		Purnima
Creative Work - Siddha Yoga		Moon - Orange				Sivaloka Day
Until 1:33PM		Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga						

<b>Wednesday, June 11, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Нартана Рібавішхабха Маса Сукта Паکشэ: Budha Vasara Yuktayam				Rome, Italy
Silver Retreat Star		Jyeshtha* Until 3:32PM		Sun 29		Sutra 58
Wishika Rasi: 25.01 Tithi 15 - 16		Gulika 10:17AM - 12:10PM	Sadhya Until 9:33AM	Ganesh: Clear	Sunrise: 4:36AM	Vasavasu 5:17
		Yama 6:30AM - 8:23AM	Balava Until 9:27PM	Muruga: Red	Sunset: 7:44PM	Vasavasu 5:27
		379418571 Rahu 12:10PM - 2:04PM	Purnima* Until 8:46AM	Nataraja: Blue		4th Phase
Creative Work - Siddha Yoga		Moon - Orange				Sivaloka Day
Until 3:32PM		Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga						

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Vishabha Mase Krishna Pakhe Guru Vasara Yuktayam  
Mala/Purvashada/ Nakshatra Sukla/Sukla Yoga Kauava/Taila Karana Prathamam/Dvityayam TilauRome, Italy  
Sutra 59

Dhanus Rasi: 7.22 Tithi 16 - 17

Gulika 8:23AM - 10:17AM  
Yama 4:36AM - 6:30AMMula\* Until 5:27PM  
Sukla Until 9:35AMGanesh: Purple  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 1st Phase

Creative Work Siddha Yoga

Rahu 2:04PM - 3:58PM  
Prathama\* Until 10:00AMNataraja: Blue  
Moon - Light Blue  
Jyeshtha-Vaikasi

Devaloka Day

**1 Friday, June 13, 2025**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Vishabha Mase Krishna Pakhe Sukra Vasara Yuktayam  
Purvashada/ Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyayam TilauRome, Italy  
Sutra 60

Dhanus Rasi: 19.53 Tithi 17 - 18

Gulika 6:30AM - 8:24AM  
Yama 3:58PM - 5:52PMPurvashada\* Until 6:51PM  
Sukla Until 9:17AMGanesh: Purple  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 1st Phase

Routine Work Prabalashita Yoga  
Until 6:51PM  
Then Routine Work - Marana YogaRahu 10:17AM - 12:11PM  
Dvitiya Until 10:51AMNataraja: Blue  
Moon - Light Blue  
Jyeshtha-Vaikasi

Devaloka Day

**2 Saturday, June 14, 2025**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Vishabha Mase Krishna Pakhe Mani Vasara Yuktayam  
Uttarashada/ Nakshatra Brahma/Indra Yoga Visi\*/Bava Karana Tritiya/Chaturthiyam TilauRome, Italy  
Sutra 61

Makara Rasi: 2.34 Tithi 18 - 19

Gulika 4:36AM - 6:30AM  
Yama 2:05PM - 3:58PMUttarashada Until 7:43PM  
Brahma Until 8:42AMGanesh: Purple  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 2 1st Phase

Routine Work Marana Yoga  
Until 7:43PM  
Then Creative Work - Siddha YogaRahu 8:24AM - 10:17AM  
Bava Until 11:26PM  
Tritiya Until 11:19AMNataraja: Blue  
Moon - Light Blue  
Jyeshtha-Vaikasi

Devaloka Day

**3 Sunday, June 15, 2025**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Mihuna Mase Krishna Pakhe Bhanu Vasara Yuktayam  
Shravana/ Nakshatra Vaidhri\*/Vohikamba\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam TilauRome, Italy  
Sutra 62

Makara Rasi: 15.26 Tithi 19 - 20

Gulika 3:59PM - 5:53PM  
Yama 12:11PM - 2:05PMShravana Until 8:31PM  
Indra Until 7:50AMGanesh: Clear  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 3 1st Phase

Creative Work Amrita Yoga  
Until 8:31PM  
Then Routine Work - Marana YogaRahu 5:53PM - 7:46PM  
Father's Day  
Chaturthi\* Until 11:24AMNataraja: Blue  
Moon - Purple  
Jyeshtha-Ani

Sivaloka Day

**4 Monday, June 16, 2025**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Mihuna Mase Krishna Pakhe Indu Vasara Yuktayam  
Dhanishtha/ Nakshatra Vaidhri\*/Vohikamba\* Yoga Taila/Gara Karana Panchami/Shashthiyam TilauRome, Italy  
Sutra 63

Makara Rasi: 28.31 Tithi 20 - 21

Gulika 2:05PM - 3:59PM  
Yama 10:18AM - 12:11PMDhanishtha Until 8:45PM  
Vaidhri\* Until 6:37AMGanesh: Yellow  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 4 1st Phase

Family Home Evening  
Creative Work Siddha YogaRahu 6:30AM - 8:24AM  
Gara Until 10:47PM  
Panchami Until 11:05AMNataraja: Blue  
Moon - Purple  
Jyeshtha-Ani

Sivaloka Day

**5 Tuesday, June 17, 2025**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Mihuna Mase Krishna Pakhe Mangala Vasara Yuktayam  
Shatabhishak/ Nakshatra Priti Yoga Vanija/Visi\* Karana Shashthi/Saptamam TilauRome, Italy  
Sutra 64

Kumbha Rasi: 11.48 Tithi 21 - 22

Gulika 12:12PM - 2:06PM  
Yama 8:24AM - 10:18AMShatabhishak Until 8:25PM  
Priti Until 3:12AM WedGanesh: Yellow  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 5 1st Phase

Routine Work Marana Yoga

Rahu 3:59PM - 5:53PM  
Visi Until 9:49PM  
Shashthi\* Until 10:20AMNataraja: Blue  
Moon - Purple  
Jyeshtha-Ani

Sivaloka Day

**Wednesday, June 18, 2025****Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Mihuna Mase Krishna Pakhe Budha Vasara Yuktayam  
Uttaraprosarthpada/ Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamam TilauRome, Italy  
Sutra 65

Kumbha Rasi: 25.21 Tithi 22 - 23

Gulika 10:18AM - 12:12PM  
Yama 6:30AM - 8:24AMUttaraprosarthpada\* Until 7:54PM  
Ayushman Until 12:54AM ThuGanesh: Clear  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 6 Ashtami

Creative Work Amrita Yoga  
Until 7:54PMRahu 12:12PM - 2:06PM  
Balava Until 8:23PM  
Saptami Until 9:08AMNataraja: Blue  
Moon - Clear  
Jyeshtha-Ani

Sivaloka Day

**Thursday, June 19, 2025****Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартаи Рйтау Mihuna Mase Krishna Pakhe Guru Vasara Yuktayam  
Uttaraprosarthpada/ Nakshatra Saubhagya Yoga Kauava/Taila Karana Ashtami/Navamam TilauRome, Italy  
Sutra 66

Meena Rasi: 9.1 Tithi 23 - 24

Gulika 8:24AM - 10:18AM  
Yama 4:36AM - 6:30AMUttaraprosarthpada Until 6:47PM  
Saubhagya Until 10:15PMGanesh: Clear  
Muruga: RedSunrise: 4:36AM  
Sunset: 7:49PM

Moon 6 - Phase 9 - 7 Navami

Creative Work Siddha Yoga

Rahu 2:06PM - 4:00PM  
Taila Until 6:29PM  
Ashtami\* Until 7:28AMNataraja: Blue  
Moon - Clear  
Jyeshtha-Ani

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1

Friday, June 20, 2025

Viswasa Nama Samvatsare Uтарыне Nartana Ritau Mihuna Mase Krishna Paksho Sukra Vasara Yukhtayam  
 Revati/Ashvini Nakshatra Sobhana Yoga Vanja/Vesli' Karana Dashamyam Titau

Rome, Italy  
 Sufra 67

Mesha Rasi: 23.17 Tithi 25

311518571

**Gulika** 6:31AM - 8:24AM  
**Yama** 4:00PM - 5:54PM  
**Rahu** 10:18AM - 12:12PM

**Revati Until 5:05PM**  
 Sobhana Until 7:15PM  
 Vanija Until 4:09PM

**Ganesh:** White  
**Muruga:** Red  
**Nataraja:** Blue  
 Moon - Clear  
 Jyestha-Ani

**Sunrise:** 4:27AM  
**Sunset:** 7:49PM

Sun 8  
 Moon 6 - Phase 10 - 8  
 2nd Phase

Creative Work Siddha Yoga

Until 5:05PM

Then Creative Work - Amrita Yoga

**Subha Sivaloka Day**

2

Saturday, June 21, 2025

Viswasa Nama Samvatsare Uтарыне Nartana Ritau Mihuna Mase Krishna Paksho Manita Vrsara Yukhtayam  
 Ashvini/Bharani Nakshatra Atihganda/Sukama Yoga Bava/Balava Karana Ekadashyam Titau

Rome, Italy  
 Sufra 68

Mesha Rasi: 7.41 Tithi 26

321518571

**Gulika** 4:37AM - 6:31AM  
**Yama** 2:06PM - 4:00PM  
**Rahu** 8:25AM - 10:19AM

**Ashvini Until 3:18PM**  
 Atihganda\* Until 3:56PM  
 Bava Until 1:26PM  
**Ekadashi\* Until 11:57PM**

**Ganesh:** Yellow  
**Muruga:** Red  
**Nataraja:** Blue  
 Moon - White  
 Jyestha-Ani

**Sunrise:** 4:27AM  
**Sunset:** 7:49PM

Sun 9  
 Moon 6 - Phase 10 - 9  
 2nd Phase

Creative Work Siddha Yoga

**Sivaloka Day**

3

Sunday, June 22, 2025

Viswasa Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Paksho Bhanu Vrsara Yukhtayam  
 Bharani/Kritika Nakshatra Sukama/Dhriti Yoga Kaulava/Taitika Karana Dvadashyam Titau

Rome, Italy  
 Sufra 69

Mesha Rasi: 22.18 Tithi 27

321518571

**Gulika** 4:01PM - 5:54PM  
**Yama** 12:13PM - 2:07PM  
**Rahu** 5:54PM - 7:48PM

**Bharani Until 1:06PM**  
 Sukama Until 12:24PM  
 Kaulava Until 10:26AM  
**Dvadashi\* Until 8:51PM**

**Ganesh:** Yellow  
**Muruga:** Red  
**Nataraja:** Blue  
 Moon - White  
 Jyestha-Ani

**Sunrise:** 4:27AM  
**Sunset:** 7:49PM

Sun 10  
 Moon 6 - Phase 10 - 10  
 2nd Phase

Routine Work Prabalarishta Yoga

Until 1:06PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

4

Monday, June 23, 2025

Viswasa Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Paksho Indu Vrsara Yukhtayam  
 Kritika/Rohini Nakshatra Dhriti/Shukla\* Yoga Gara/Vesli' Karana Trayodashi/Chatudashyam Titau

Rome, Italy  
 Sufra 70

Wishabha Rasi: 7.04 Tithi 28 - 29

321518571

**Gulika** 2:07PM - 4:01PM  
**Yama** 10:19AM - 12:13PM  
**Rahu** 6:31AM - 8:25AM

**Kritika Until 10:36AM**  
 Dhriti Until 8:45AM  
 Gara Until 7:16AM  
**Trayodashi\* Until 5:39PM**

**Ganesh:** Yellow  
**Muruga:** Red  
**Nataraja:** Blue  
 Moon - White  
 Jyestha-Ani

**Sunrise:** 4:27AM  
**Sunset:** 7:49PM

Sun 11  
 Moon 6 - Phase 10 - 11  
 2nd Phase

Routine Work Marana Yoga

Until 10:36AM

Then Creative Work - Amrita Yoga

*Pradosha Vrata (Fasting)*

**Sivaloka Day**

●

Tuesday, June 24, 2025

Viswasa Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Paksho Mangala Vrsara Yukhtayam  
 Rohini/Migashira Nakshatra Ganda\* Yoga Sakuni/Catuspadi\* Karana Chalurdashi/Amavasyayam Titau

Rome, Italy  
 Sufra 71

**Retreat Star**

Wishabha Rasi: 21.52 Tithi 29 - 30

331518571

**Gulika** 12:13PM - 2:07PM  
**Yama** 8:25AM - 10:19AM  
**Rahu** 4:01PM - 5:55PM

**Rohini Until 8:22AM**  
 Ganda\* Until 1:29AM Wed  
 Catuspadi Until 1:00AM Wed  
**Chalurdashi\* Until 2:29PM**

**Ganesh:** Red  
**Muruga:** Red  
**Nataraja:** Blue  
 Moon - Yellow  
 Jyestha-Ani

**Sunrise:** 4:38AM  
**Sunset:** 7:49PM

Sun 12  
 Moon 6 - Phase 10 - 12  
 Amavasya

Creative Work Amrita Yoga

Until 8:22AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

Wednesday, June 25, 2025

Viswasa Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Sukla Paksho Bhuba Vrsara Yukhtayam  
 Migashira/Andra Nakshatra Viddhi Yoga Naga\* Kintughna\* Karana Amavasya/Prathamayam Titau

Rome, Italy  
 Sufra 72

**Retreat Star**

Mithuna Rasi: 6.34 Tithi 30 - 1

331518571

**Gulika** 10:19AM - 12:13PM  
**Yama** 6:32AM - 8:26AM  
**Rahu** 12:13PM - 2:07PM

**Migashira Until 6:10AM**  
 Viddhi Until 10:08PM  
 Kintughna Until 10:12PM  
**Amavasya\* Until 11:32AM**

**Ganesh:** Red  
**Muruga:** Red  
**Nataraja:** Blue  
 Moon - Yellow  
 Ashada-Ani

**Sunrise:** 4:38AM  
**Sunset:** 7:49PM

Sun 13  
 Moon 6 - Phase 10 - 13  
 Prathama

Creative Work Siddha Yoga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
 Shukla Yajur Veda

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<b>1 Thursday, June 26, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathamam/Dvitiyayam Titau				Rome, Italy Sutra 73 Vasvasu 5127
Mithuna Rasi: 21.01	Tithi 1 – 2	<b>Gulika</b> 8:26AM – 10:20AM <b>Yama</b> 4:38AM – 6:32AM <b>Rahu</b> 2:07PM – 4:01PM	<b>Punarvasu Untill 2:52AM Fri</b> Dhruva Untill 7:09PM Balava Untill 7:50PM <b>Prathama* Untill 8:56AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Blue Ashada-Ani	Sun 14 Sunset: 4:38AM Moon 6 - Phase 11 - 14 3rd Phase	<b>Sivaloka Day</b>
Creative Work Amrita Yoga Untill 2:52AM Fri Then Routine Work - Marana Yoga						
<b>2 Friday, June 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghala/Harshana/Yoga Kaulava/Tailita Karana Dvitiya/Trityayam Titau				Rome, Italy Sutra 74 Vasvasu 5127
Kalkata Rasi: 5.08	Tithi 2 – 3	<b>Gulika</b> 6:32AM – 8:26AM <b>Yama</b> 4:01PM – 5:55PM <b>Rahu</b> 10:20AM – 12:14PM	<b>Pushya Untill 2:06AM Sat</b> Vyaghala* Untill 4:39PM Tailita Untill 6:04PM <b>Dvitiya Untill 6:51AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Blue Ashada-Ani	Sun 15 Sunset: 4:39AM Moon 6 - Phase 11 - 15 3rd Phase	<b>Devaloka Day</b>
Routine Work Marana Yoga						
<b>3 Saturday, June 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Najira* Yoga Vanja/Vesli* Karana Chaturthiyam Titau				Rome, Italy Sutra 75 Vasvasu 5127
Kalkata Rasi: 18.52	Tithi 4	<b>Gulika</b> 4:39AM – 6:33AM <b>Yama</b> 4:01PM – 5:55PM <b>Rahu</b> 8:26AM – 10:20AM	<b>Ashlesha* Untill 1:55AM Sun</b> Harshana Untill 2:45PM Vanija Untill 5:01PM <b>Chaturthi* Untill 4:46AM Sun</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Blue Ashada-Ani	Sun 16 Sunset: 4:39AM Moon 6 - Phase 11 - 16 3rd Phase	<b>Devaloka Day</b>
Routine Work Marana Yoga						
<b>4 Sunday, June 29, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra/Siddhi/Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sutra 76 Vasvasu 5127
Simha Rasi: 2.08	Tithi 5	<b>Gulika</b> 4:02PM – 5:55PM <b>Yama</b> 12:14PM – 2:08PM <b>Rahu</b> 5:55PM – 7:49PM	<b>Magha* Untill 2:52AM Mon</b> Vajra* Untill 1:28PM Bava Untill 4:46PM <b>Panchami Untill 4:57AM Mon</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Red Ashada-Ani	Sun 17 Sunset: 4:39AM Moon 6 - Phase 11 - 17 3rd Phase	<b>Sivaloka Day</b>
Routine Work Marana Yoga Untill 2:52AM Mon Then Creative Work - Siddha Yoga						
<b>5 Monday, June 30, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Tailita Karana Sheshthiyam Titau				Rome, Italy Sutra 77 Vasvasu 5127
Simha Rasi: 14.59	Tithi 6	<b>Gulika</b> 2:08PM – 4:02PM <b>Yama</b> 10:21AM – 12:14PM <b>Rahu</b> 6:33AM – 8:27AM	<b>Purvaphalguni Untill 4:26AM Tue</b> Siddhi Untill 12:51PM Kaulava Untill 5:21PM <b>Shashthi* Untill 5:55AM Tue</b>	<b>Ganesh:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon – Red Ashada-Ani	Sun 18 Sunset: 4:40AM Moon 6 - Phase 11 - 18 3rd Phase	<b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Untill 4:26AM Tue Then Creative Work - Amrita Yoga						
<b>6 Tuesday, July 1, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata* Vairyan Yoga Gara Karana Sapthamyam Titau				Rome, Italy Sutra 78 Vasvasu 5127
Simha Rasi: 27.28	Tithi 7	<b>Gulika</b> 12:15PM – 2:08PM <b>Yama</b> 8:27AM – 10:21AM <b>Rahu</b> 4:02PM – 5:55PM	<b>Uttaraphalguni Untill 6:31AM Wed</b> Vyaptipata* Untill 12:52PM Gara Untill 6:41PM <b>Saptami Untill 7:34AM Wed</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Red Ashada-Ani	Sun 19 Sunset: 4:40AM Moon 6 - Phase 11 - 19 3rd Phase	<b>Sivaloka Day</b>
Creative Work Amrita Yoga Untill 6:31AM Wed Then Routine Work - Marana Yoga						
<b>Wednesday, July 2, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vairyan/Parigha* Yoga Vanja/Vesli* Karana Sapthami/Ashamyam Titau				Rome, Italy Sutra 79 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 10:21AM – 12:15PM <b>Yama</b> 6:34AM – 8:28AM <b>Rahu</b> 12:15PM – 2:08PM	<b>Uttaraphalguni Untill 6:31AM</b> Vairyan Untill 1:20PM Vesli Untill 8:37PM <b>Saptami Untill 7:34AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Red Ashada-Ani	Sun 20 Sunset: 4:41AM Moon 6 - Phase 11 - 20 Ashtami	<b>Sivaloka Day</b>
Kanya Rasi: 9.38 Tithi 7 – 8 Creative Work Amrita Yoga Untill 6:31AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
<b>Thursday, July 3, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sutra 80 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 8:28AM – 10:22AM <b>Yama</b> 4:41AM – 6:35AM <b>Rahu</b> 2:08PM – 4:02PM	<b>Hasta Untill 9:25AM</b> Parigha* Untill 2:09PM Balava Untill 10:56PM <b>Ashtami* Untill 9:43AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Ashada-Ani	Sun 21 Sunset: 4:41AM Moon 6 - Phase 11 - 21 Navami	<b>Devaloka Day</b>
Kanya Rasi: 21.38 Tithi 8 – 9 Routine Work Marana Yoga Untill 9:25AM Then Creative Work - Siddha Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1</b>	<b>Friday, July 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yuktiyam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Rome, Italy Sutra 81
	Tula Rasi: 3.3	Tithi 9 – 10	<b>Gulika</b> 4:35AM – 8:28AM Yama 4:02PM – 5:55PM 362518571 <b>Rahu</b> 10:22AM – 12:15PM	<b>Chitra Until 12:24PM</b> Shiva Until 3:09PM Tailila Until 1:22AM Sat Navami* Until 12:07PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Ashada-Ani	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:48PM	Moon 6 - Phase 12 - 23 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, July 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Manita Vasara Yuktiyam Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekaddashyam Titau				Rome, Italy Sutra 82
	Tula Rasi: 15.2	Tithi 10 – 11	<b>Gulika</b> 4:43AM – 6:36AM Yama 2:08PM – 4:02PM 362518571 <b>Rahu</b> 8:29AM – 10:22AM	<b>Svali Until 3:14PM</b> Siddha Until 4:07PM Vanija Until 3:44AM Sun Dashami Until 2:33PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Ashada-Ani	<b>Sunrise:</b> 4:43AM <b>Sunset:</b> 7:48PM	Moon 6 - Phase 12 - 23 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, July 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Bhanu Vasara Yuktiyam Vishakha Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dvaddashyam Titau				Rome, Italy Sutra 83
	Tula Rasi: 27.14	Tithi 11 – 12	<b>Gulika</b> 4:02PM – 5:55PM Yama 12:15PM – 2:08PM 472518571 <b>Rahu</b> 5:55PM – 7:48PM	<b>Vishakha Until 6:13PM</b> Sadhya Until 4:57PM Bava Until 5:49AM Mon Ekadashi Until 4:47PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Ashada-Ani	<b>Sunrise:</b> 4:43AM <b>Sunset:</b> 7:48PM	Moon 6 - Phase 12 - 24 4th Phase
	Routine Work	Marana Yoga					<b>Devaloka Day</b>

<b>4</b>	<b>Monday, July 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Indu Vesara Yuktiyam Anuradha Nakshatra Subha/Sukla Yoga Balava Karana Dvaddashyam Titau				Rome, Italy Sutra 84
	Wishika Rasi: 9.14	Tithi 12	<b>Gulika</b> 2:08PM – 4:01PM Yama 10:23AM – 12:16PM 472518571 <b>Rahu</b> 6:37AM – 8:30AM	<b>Anuradha Until 8:42PM</b> Subha Until 5:33PM Balava Until 6:42PM Dvaddashi Until 6:42PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Ashada-Ani	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:47PM	Moon 6 - Phase 12 - 25 4th Phase
	Family Home Evening	Siddha Yoga					<b>Devaloka Day</b>

<b>5</b>	<b>Tuesday, July 8, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Mangala Vesara Yuktiyam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Trayodashyam Titau				Rome, Italy Sutra 85
	Wishika Rasi: 21.23	Tithi 13	<b>Gulika</b> 12:16PM – 2:09PM Yama 8:30AM – 10:23AM 472518571 <b>Rahu</b> 4:01PM – 5:54PM	<b>Jyeshtha* Until 10:36PM</b> Sukla Until 5:47PM Kaulava Until 7:31AM Trayodashi Until 8:10PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Ashada-Ani	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:47PM	Moon 6 - Phase 12 - 26 4th Phase
	Routine Work	Marana Yoga					<b>Devaloka Day</b>
	Until 10:36PM						
	Then Creative Work - Amrita Yoga						
							<i>Pradosha Vata</i>

<b>6</b>	<b>Wednesday, July 9, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yuktiyam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sutra 86
	Dhanus Rasi: 3.44	Tithi 14	<b>Gulika</b> 10:23AM – 12:16PM Yama 6:38AM – 8:30AM 482518571 <b>Rahu</b> 12:16PM – 2:09PM	<b>Mula* Until 12:21AM Thu</b> Brahma Until 5:39PM Gara Until 8:45AM Chaturdash* Until 9:09PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Light Blue Ashada-Ani	<b>Sunrise:</b> 4:45AM <b>Sunset:</b> 7:47PM	Moon 6 - Phase 12 - 27 4th Phase
	Routine Work	Marana Yoga					<b>Sivaloka Day</b>
	Until 12:21AM Thu						
	Then Creative Work - Siddha Yoga						

<b>○</b>	<b>Thursday, July 10, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktiyam Purnvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi*/Bava Karana Purnimayam Titau				Rome, Italy Sutra 87
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:31AM – 10:23AM Yama 4:46AM – 6:38AM 483518571 <b>Rahu</b> 2:09PM – 4:01PM	<b>Purnvashadha* Until 1:28AM Fri</b> Indra Until 5:09PM Visi Until 9:29AM Purnima* Until 9:40PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Light Blue Ashada-Ani	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 7:46PM	Moon 6 - Phase 12 - Purnima
	Dhanus Rasi: 16.18	Tithi 15					
	Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>
	Until 1:28AM Fri						
	Then Routine Work - Marana Yoga						

<b>○</b>	<b>Friday, July 11, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yuktiyam Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sutra 88
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:39AM – 8:31AM Yama 4:01PM – 5:53PM 483518571 <b>Rahu</b> 10:24AM – 12:16PM	<b>Uttarashadha Until 1:59AM Sat</b> Vaidhriti* Until 4:15PM Balava Until 9:45AM Prathama* Until 9:42PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Light Blue Ashada-Ani	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 7:46PM	Moon 6 - Phase 12 - Prathama
	Dhanus Rasi: 29.05	Tithi 16					
	Routine Work	Marana Yoga					<b>Subha Sivaloka Day</b>
	Until 1:59AM Sat						
	Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mania Vasara Yuktyam

Shravana Nakshatra Vishkambha/Prihi Yuga Talilla/Gara Karana Dvityayam Tilau

Rome, Italy Sun 1

Sutra 89

Makara Rasi: 12.06 Tithi 17  
Creative Work Siddha Yoga  
Until 2:24AM Sun  
Then Routine Work - Marana Yoga493518571  
Gulika  
Yama  
Rahu4:47AM - 6:39AM  
2:08PM - 4:01PM  
8:32AM - 10:24AM**Shravana Until 2:24AM Sun**  
Vishkambha\* Until 3:02PM  
Talilla Until 9:35AM  
**Dvitiya Until 9:19PM**Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple  
Ashada-AdiSunrise: 4:47AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 1  
1st Phase**Sivaloka Day****1****Sunday, July 13, 2025**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bhanu Vasara Yuktyam

Dhanishtha Nakshatra Prihi/Ayushman Yoga Vanja/Vsili\* Karana Tritiyayam Tilau

Rome, Italy Sun 2

Sutra 90

Makara Rasi: 25.19 Tithi 18  
Routine Work Marana Yoga  
Until 2:19AM Mon  
Then Creative Work - Siddha Yoga493518571  
Gulika  
Yama  
Rahu4:01PM - 5:53PM  
10:25AM - 12:16PM  
5:53PM - 7:45PM**Dhanishtha Until 2:19AM Mon**  
Prihi Until 1:32PM  
Vanja Until 9:01AM  
**Tritiya Until 8:35PM**Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple  
Ashada-AdiSunrise: 4:48AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 2  
1st Phase**Sivaloka Day****2****Monday, July 14, 2025**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktyam

Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Tilau

Rome, Italy Sun 3

Sutra 91

Kumbha Rasi: 8.43 Tithi 19  
Family Home Evening  
Creative Work Siddha Yoga  
Until 1:47AM Tue  
Then Routine Work - Marana Yoga493518571  
Gulika  
Yama  
Rahu2:08PM - 4:00PM  
10:25AM - 12:16PM  
6:41AM - 8:33AM**Shatabhishak Until 1:47AM Tue**  
Ayushman Until 11:43AM  
Bava Until 8:06AM  
**Chaturthi\* Until 7:31PM**Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple  
Ashada-AdiSunrise: 4:49AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 3  
1st Phase**Sivaloka Day****3****Tuesday, July 15, 2025**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktyam

Puravproshthapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Talilla Karana Panchmiam Tilau

Rome, Italy Sun 4

Sutra 92

Kumbha Rasi: 22.18 Tithi 20  
Routine Work Marana Yoga  
Until 1:15AM Wed  
Then Creative Work - Siddha Yoga413618571  
Gulika  
Yama  
Rahu12:17PM - 2:08PM  
8:33AM - 10:25AM  
4:00PM - 5:52PM**Puravproshthapada\* Until 1:15AM Wed**  
Saubhagya Until 9:41AM  
Kaulava Until 6:53AM  
**Panchami Until 6:09PM**Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Clear  
Ashada-AdiSunrise: 4:50AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 4  
1st Phase**Devaloka Day****4****Wednesday, July 16, 2025**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktyam

Uttarproshthapada Nakshatra Sobhana/Ahiganda\* Yoga Vanja/Vsili\* Karana Shashthi/Saptamiam Tilau

Rome, Italy Sun 5

Sutra 93

Meena Rasi: 6.03 Tithi 21 - 22  
Creative Work Siddha Yoga413618571  
Gulika  
Yama  
Rahu10:25AM - 12:17PM  
6:42AM - 8:33AM  
12:17PM - 2:08PM**Uttarproshthapada Until 12:19AM Thu**  
Sobhana Until 7:26AM  
Vssili Until 3:38AM Thu  
**Shashthi\* Until 4:32PM**Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Clear  
Ashada-AdiSunrise: 4:50AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 5  
1st Phase**Devaloka Day****5****Thursday, July 17, 2025****Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktyam

Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamiam Tilau

Rome, Italy Sun 6

Sutra 94

Meena Rasi: 19.58 Tithi 22 - 23  
Creative Work Siddha Yoga  
Until 10:59PM  
Then Creative Work - Amrita Yoga413618572  
Gulika  
Yama  
Rahu8:34AM - 10:25AM  
4:51AM - 6:43AM  
2:08PM - 4:00PM**Revati Until 10:59PM**  
Sukarma Until 2:16AM Fri  
Balava Until 1:38AM Fri  
**Saptami Until 2:39PM**Ganesha: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Clear  
Ashada-AdiSunrise: 4:51AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 6  
Ashtami**Bhuloka Day**

Devaloka Time: 3PM to 6PM

**Friday, July 18, 2025****Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktyam

Ashvini Nakshatra Dhriti Yuga Kaulava/Talilla Karana Ashtami/Navamiam Tilau

Rome, Italy Sun 7

Sutra 95

Mesha Rasi: 4.02 Tithi 23 - 24  
Creative Work Amrita Yoga  
Until 9:43PM  
Then Creative Work - Siddha Yoga423618572  
Gulika  
Yama  
Rahu6:43AM - 8:34AM  
3:59PM - 5:50PM  
10:26AM - 12:17PM**Ashvini Until 9:43PM**  
Dhriti Until 11:26PM  
Talilla Until 11:25PM  
**Ashtami\* Until 12:32PM**Ganesha: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - White  
Ashada-AdiSunrise: 4:50AM  
Sunset: 7:49PMMoon 7 - Phase 13 - 7  
Navami**Devaloka Day**

1

Saturday, July 19, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yuktayam Bharani Nakshatra Shula* Yoga Gara/Varija Karana Navami/Dashamyam Titau				Rome, Italy Sun 8 Sufra 96 Voxasau 5127
Mesha Rasi: 18.14	Tithi 24 - 25	<b>Gulika</b> 4:53AM - 6:44AM	<b>Bharani Until 8:07PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 7:41PM	Moon 7 - Phase 14 - 8 2nd Phase
Creative Work	Siddha Yoga	423618572	<b>Rahu</b> 8:35AM - 10:26AM	<b>Shula* Until 8:24PM</b> Navami* Until 9:01PM Navami* Until 10:13AM		<b>Devaloka Day</b>
Until 8:07PM				Mon - White Ashada-Adi		
Then Creative Work	- Amrita Yoga					

2

Sunday, July 20, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yuktayam Kritika Nakshatra Ganda*Vidishi Yoga Vasil*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 9 Sufra 97 Voxasau 5127
Wishabha Rasi: 2.34	Tithi 25 - 26	<b>Gulika</b> 3:59PM - 5:49PM	<b>Kritika Until 6:15PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:40PM	Moon 7 - Phase 14 - 9 2nd Phase
Creative Work	Siddha Yoga	423618572	<b>Rahu</b> 5:49PM - 7:40PM	<b>Ganda* Until 5:18PM</b> Bava Until 6:29PM Dashami Until 7:45AM		<b>Devaloka Day</b>
				Mon - White Ashada-Adi		

3

Monday, July 21, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashyam Titau				Rome, Italy Sun 10 Sufra 98 Voxasau 5127
Wishabha Rasi: 16.57	Tithi 27	<b>Gulika</b> 2:08PM - 3:58PM	<b>Rohini Until 4:38PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 7:39PM	Moon 7 - Phase 14 - 10 2nd Phase
Family Home Evening		433618572	<b>Rahu</b> 6:45AM - 8:36AM	<b>Widdhi Until 2:09PM</b> Kaulava Until 3:55PM Dvadashi* Until 2:38AM Tue		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Creative Work	Amrita Yoga			Mon - Yellow Ashada-Adi		

4

Tuesday, July 22, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varija Karana Trayodashyam Titau				Rome, Italy Sun 11 Sufra 99 Voxasau 5127
Mithuna Rasi: 1.2	Tithi 28	<b>Gulika</b> 12:17PM - 2:07PM	<b>Mrigashira Until 2:55PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 7:39PM	Moon 7 - Phase 14 - 11 2nd Phase
Creative Work	Siddha Yoga	433618572	<b>Rahu</b> 3:58PM - 5:48PM	<b>Dhruva Until 11:02AM</b> Gara Until 1:24PM Trayodashi* Until 12:11AM Wed		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Until 2:55PM				Mon - Yellow Ashada-Adi		
Then Routine Work	- Marana Yoga			Pradosha Vata (Fasting)		

5

Wednesday, July 23, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Vasil*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy Sun 12 Sufra 100 Voxasau 5127
Mithuna Rasi: 15.37	Tithi 29	<b>Gulika</b> 10:27AM - 12:17PM	<b>Ardra Until 1:15PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 7:38PM	Moon 7 - Phase 14 - 12 2nd Phase
Creative Work	Siddha Yoga	433618572	<b>Rahu</b> 12:17PM - 2:07PM	<b>Vyaghata* Until 8:03AM</b> Vasil Until 11:04AM Chaturdashi* Until 9:59PM		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
				Mon - Yellow Ashada-Adi		

●

Thursday, July 24, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Caluspada*/Naja* Karana Amavasyayam Titau				Rome, Italy Sun 13 Sufra 101 Voxasau 5127
Mithuna Rasi: 29.43	Tithi 30	<b>Gulika</b> 8:37AM - 10:27AM	<b>Punarvasu Until 12:12PM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 7:37PM	Moon 7 - Phase 14 - 13 Amavasya
Creative Work	Amrita Yoga	444618572	<b>Rahu</b> 2:07PM - 3:57PM	<b>Vajra* Until 2:55AM Fri</b> Caluspada Until 9:02AM Amavasya* Until 8:10PM		<b>Devaloka Day</b>
				Mon - Blue Ashada-Adi		

Friday, July 25, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Pushya/Ahlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 14 Sufra 102 Voxasau 5127
Kataka Rasi: 13.33	Tithi 1	<b>Gulika</b> 6:48AM - 8:38AM	<b>Pushya Until 11:28AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Red <b>Nataraja:</b> Yellow	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 7:36PM	Moon 7 - Phase 14 - 14 Prathama
Routine Work	Marana Yoga	444618572	<b>Rahu</b> 10:27AM - 12:17PM	<b>Siddhi Until 12:58AM Sat</b> Kintughna Until 7:27AM Prathama* Until 6:51PM		<b>Devaloka Day</b>
				Mon - Blue Savana-Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Titau				Rome, Italy Sutra 103
Kataka Rasi: 27.03	Tilthi 2	Gulika 4:59AM - 6:49AM	Ashlesha* Untill 11:10AM	Ganesh: Orange	Sunrise: 4:59AM	Vasvasu 5:17
		Yama 2:07PM - 3:56PM	Vyalipala* Untill 11:34PM	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 12
		444618572 Rahu 8:38AM - 10:28AM	Balava Untill 6:27AM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Dvitiya Untill 6:10PM	Moon - Blue		
Untill 11:10AM				Savana-Adi		Devaloka Day
Then Creative Work	- Amrita Yoga					

2 Sunday, July 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varjyan Yoga Talilla/Gara Karana Tritiyayam Titau				Rome, Italy Sutra 104
Simha Rasi: 10.11	Tilthi 3	Gulika 3:56PM - 5:45PM	Magha* Untill 11:51AM	Ganesh: Clear	Sunrise: 5:04AM	Vasvasu 5:17
		Yama 12:17PM - 2:06PM	Varjyan Untill 10:42PM	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 16
		454618572 Rahu 5:45PM - 7:34PM	Talilla Untill 6:06AM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Tritiya Untill 6:11PM	Moon - Red		
Untill 11:51AM				Savana-Adi		Devaloka Day
Then Creative Work	- Siddha Yoga					

3 Monday, July 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Vanija/Visi* Karana Chaturthayam Titau				Rome, Italy Sutra 105
Simha Rasi: 22.57	Tilthi 4	Gulika 2:06PM - 3:55PM	Purvaphalguni Untill 1:05PM	Ganesh: Clear	Sunrise: 5:01AM	Vasvasu 5:17
Family Home Evening		Yama 10:28AM - 12:17PM	Parigha* Untill 10:24PM	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 17
		454618572 Rahu 6:50AM - 8:39AM	Vanija Untill 6:30AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Untill 6:56PM	Moon - Red		
				Savana-Adi		Devaloka Day

4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchmayam Titau				Rome, Italy Sutra 106
Kanya Rasi: 5.23	Tilthi 5	Gulika 12:17PM - 2:06PM	Uttaraphalguni Untill 2:50PM	Ganesh: Clear	Sunrise: 5:03AM	Vasvasu 5:17
		Yama 8:40AM - 10:28AM	Shiva Untill 10:38PM	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 18
		454618572 Rahu 3:55PM - 5:43PM	Bava Untill 7:35AM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Nag Panchami	Moon - Red		
Untill 2:50PM			Panchami Untill 8:21PM	Savana-Adi		Devaloka Day
Then Creative Work	- Siddha Yoga					

5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashthiyam Titau				Rome, Italy Sutra 107
Kanya Rasi: 17.35	Tilthi 6	Gulika 10:28AM - 12:17PM	Hasta Untill 5:27PM	Ganesh: Purple	Sunrise: 5:03AM	Vasvasu 5:17
		Yama 6:51AM - 8:40AM	Siddha Untill 11:14PM	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 19
		464618572 Rahu 12:17PM - 2:06PM	Kaulava Untill 9:17AM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Shashthi* Untill 10:18PM	Moon - Green		
Untill 5:27PM				Savana-Adi		Sivaloka Day
Then Creative Work	- Siddha Yoga					

6 Thursday, July 31, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthmayam Titau				Rome, Italy Sutra 108
Kanya Rasi: 29.34	Tilthi 7	Gulika 8:40AM - 10:29AM	Chitra Untill 8:16PM	Ganesh: Purple	Sunrise: 5:04AM	Vasvasu 5:17
		Yama 5:04AM - 6:52AM	Sadya Untill 12:06AM Fri	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 20
		464618572 Rahu 2:05PM - 3:53PM	Gara Untill 11:26AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Sapthami Untill 12:34AM Fri	Moon - Green		
Untill 8:16PM				Savana-Adi		Sivaloka Day
Then Creative Work	- Amrita Yoga					

Friday, August 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visi*/Bava Karana Ashtmayam Titau				Rome, Italy Sutra 109
Tula Rasi: 11.28	Tilthi 8	Gulika 6:53AM - 8:41AM	Svati Untill 11:03PM	Ganesh: Purple	Sunrise: 5:05AM	Vasvasu 5:17
		Yama 3:53PM - 5:41PM	Subha Untill 1:03AM Sat	Muruga: Red	Sunset: 7:39PM	Moon 7 - Phase 15 - 21
		464618572 Rahu 10:29AM - 12:17PM	Visi Untill 1:47PM	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Ashtami* Untill 2:57AM Sat	Moon - Green		
				Savana-Adi		Sivaloka Day

Saturday, August 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamayam Titau				Rome, Italy Sutra 110
Tula Rasi: 23.2	Tilthi 9	Gulika 5:06AM - 6:54AM	Vishakha Untill 2:05AM Sun	Ganesh: Clear	Sunrise: 5:06AM	Vasvasu 5:17
		Yama 2:05PM - 3:52PM	Sukla Untill 1:54AM Sun	Muruga: Blue	Sunset: 7:39PM	Moon 7 - Phase 15 - 22
		474628572 Rahu 8:41AM - 10:29AM	Balava Untill 4:08PM	Nataraja: Yellow		Navami
Creative Work	Siddha Yoga		Navami* Untill 5:13AM Sun	Moon - Orange		
Untill 2:05AM Sun				Savana-Adi		Sivaloka Day
Then Routine Work	- Marana Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, August 3, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukitayam Anuradha Nakshatra Brahma Yoga Talila Karana Dashamyam Tilau				Rome, Italy Sutra 111
	Wischika Rasi: 5.16	Tithi 10	<b>Gulika</b> 3:52PM – 5:39PM Yama 12:17PM – 2:04PM 474628572 <b>Rahu</b> 5:39PM – 7:27PM	<b>Anuradha Until 4:41AM Mon</b> Brahma Until 2:33AM Mon Talila Until 6:16PM <b>Dashami Until 7:11AM Mon</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange Savana-Adi	Sunrise: 5:07AM Sunset: 7:29PM Moon 7 - Phase 16 - 23 4th Phase	Sun 23 Vasava 5127
Routine Work - Marana Yoga Until 4:41AM Mon Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Monday, August 4, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yukitayam Jyeshtha Nakshatra Indra Yoga Gara/Vanji Karana Dashami/Ekadasmyam Tilau				Rome, Italy Sutra 112
	Wischika Rasi: 17.19	Tithi 10 – 11	<b>Gulika</b> 2:04PM – 3:51PM Yama 10:29AM – 12:17PM 474628572 <b>Rahu</b> 6:55AM – 8:42AM	<b>Jyeshtha* Until 6:41AM Tue</b> Indra Until 2:53AM Tue Vanija Until 8:01PM <b>Dashami Until 7:11AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange Savana-Adi	Sunrise: 5:08AM Sunset: 7:29PM Moon 7 - Phase 16 - 24 4th Phase	Sun 24 Vasava 5127
Routine Work - Marana Yoga Until 6:41AM Tue Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Tuesday, August 5, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukitayam Jyeshtha/Mula Nakshatra Vaidhri* Yoga Visi/Bava Karana Ekadashi/Dwadashyam Tilau				Rome, Italy Sutra 113
	Wischika Rasi: 29.33	Tithi 11 – 12	<b>Gulika</b> 12:17PM – 2:03PM Yama 10:29AM – 12:17PM 474628572 <b>Rahu</b> 3:50PM – 5:37PM	<b>Jyeshtha* Until 6:41AM</b> Vaidhri* Until 2:46AM Wed Bava Until 9:16PM <b>Ekadashi Until 8:41AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange Savana-Adi	Sunrise: 5:09AM Sunset: 7:29PM Moon 7 - Phase 16 - 25 4th Phase	Sun 25 Vasava 5127
Routine Work - Marana Yoga Until 6:41AM Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Wednesday, August 6, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yukitayam Mula/Purvashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Rome, Italy Sutra 114
	Dhanus Rasi: 12.01	Tithi 12 – 13	<b>Gulika</b> 10:30AM – 12:16PM Yama 6:57AM – 8:43AM 485628572 <b>Rahu</b> 12:16PM – 2:03PM	<b>Mula* Until 8:29AM</b> Vishkambha* Until 2:12AM Thu Kaulava Until 9:55PM <b>Dwadashi Until 9:39AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue Savana-Adi	Sunrise: 5:10AM Sunset: 7:29PM Moon 7 - Phase 16 - 26 4th Phase	Sun 26 Vasava 5127
Routine Work - Marana Yoga Until 8:29AM Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Thursday, August 7, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukitayam Purvashadha/Uttarashadha Nakshatra Prithi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Rome, Italy Sutra 115
	Dhanus Rasi: 24.45	Tithi 13 – 14	<b>Gulika</b> 8:44AM – 10:30AM Yama 5:11AM – 6:57AM 485628572 <b>Rahu</b> 2:03PM – 3:49PM	<b>Purvashadha* Until 9:32AM</b> Prithi Until 1:11AM Fri Gara Until 9:58PM <b>Trayodashi Until 10:00AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue Savana-Adi	Sunrise: 5:11AM Sunset: 7:29PM Moon 7 - Phase 16 - 27 4th Phase	Sun 27 Vasava 5127
Creative Work - Siddha Yoga Until 9:32AM Then Routine Work - Marana Yoga							

<b>○</b>	<b>Friday, August 8, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Salva Vasara Yukitayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Vanji/Visi* Karana Chaturdashi/Purnimayam Tilau				Rome, Italy Sutra 116
	Makara Rasi: 7.47	Tithi 14 – 15	<b>Gulika</b> 6:58AM – 8:44AM Yama 3:48PM – 5:34PM 485628572 <b>Rahu</b> 10:30AM – 12:16PM	<b>Uttarashadha Until 9:51AM</b> Ayushman Until 11:41PM Visi Until 9:27PM <b>Chaturdashi* Until 9:46AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue Savana-Adi	Sunrise: 5:12AM Sunset: 7:29PM Moon 7 - Phase 16 - Purnima	Sun 28 Vasava 5127
Routine Work - Marana Yoga Then Creative Work - Siddha Yoga Varalakshmi Vratam							

<b>○</b>	<b>Saturday, August 9, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukitayam Shravana/Dhanushtha Nakshatra Saudhgya Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Rome, Italy Sutra 117
	Makara Rasi: 21.06	Tithi 15 – 16	<b>Gulika</b> 5:13AM – 6:59AM Yama 2:02PM – 3:48PM 495728572 <b>Rahu</b> 8:44AM – 10:30AM	<b>Shravana Until 9:57AM</b> Saudhgya Until 9:47PM Balava Until 8:26PM <b>Purnima* Until 8:59AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Purple Savana-Adi	Sunrise: 5:13AM Sunset: 7:29PM Moon 7 - Phase 16 - Prathama	Sun 29 Vasava 5127
Creative Work - Siddha Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksho Bhanu Vasara Yuktayam  
Dhanishtha/Shalabhshikh Nakshatra Siddhana Yoga Kaulava/Taila Karana Prathamam/Dvityayam Titau

Rome, Italy  
SuTra 118

Kumbha Rasi: 4.42	Tithi 16 - 17	<b>Gulika</b> 3:47PM - 5:32PM	<b>Dhanishtha</b> Untill 9:25AM	<b>Ganesh:</b> Yellow	Sunrise: 5:14AM		Vishvasu 5:127
		<b>Yama</b> 12:16PM - 2:01PM	Sobhana Untill 7:34PM	<b>Muruga:</b> Blue	Sunset: 7:08PM	Moon 8 - Phase 17 - 1st Phase	
		<b>Rahu</b> 5:32PM - 7:18PM	Tailita Untill 6:58PM	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Prathama* Untill 7:44AM</b>	Moon - Purple			<b>Sivaloka Day</b>
Untill 9:25AM				Sravana-Adi			
Then Creative Work	Siddha Yoga						

**Monday, August 11, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksho Indu Vasara Yuktayam  
Shalabhshikh/Puravroshthapada\* Nakshatra Ahinganda/Sukarna Yoga Gara/Visi\* Karana Dvitya/Trityayam Titau

Rome, Italy  
SuTra 119

Kumbha Rasi: 18.31	Tithi 17 - 18	<b>Gulika</b> 2:01PM - 3:46PM	<b>Shalabhshikh</b> Untill 8:22AM	<b>Ganesh:</b> Yellow	Sunrise: 5:15AM	Sun 1	Vishvasu 5:127
		<b>Yama</b> 10:31AM - 12:16PM	Ahnganda* Untill 5:03PM	<b>Muruga:</b> Blue	Sunset: 7:17PM	Moon 8 - Phase 17 - 1st Phase	
		<b>Rahu</b> 7:00AM - 8:45AM	Visi Untill 4:11AM Tue	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Dvitiya Untill 6:06AM</b>	Moon - Purple			<b>Sivaloka Day</b>
Untill 8:22AM				Sravana-Adi			
Then Routine Work	Marana Yoga						

**Tuesday, August 12, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksho Mangala Vasara Yuktayam  
Puravroshthapada\*/Ultravroshthapada Nakshatra Sukarna/Dhruva Yoga Bava/Balava Karana Chaturtham Titau

Rome, Italy  
SuTra 120

Mesha Rasi: 2.32	Tithi 19	<b>Gulika</b> 12:16PM - 2:01PM	<b>Puravroshthapada*</b> Untill 7:21AM	<b>Ganesh:</b> Clear	Sunrise: 5:16AM	Sun 2	Vishvasu 5:127
		<b>Yama</b> 8:46AM - 10:31AM	Sukarna Untill 2:21PM	<b>Muruga:</b> Blue	Sunset: 7:19PM	Moon 8 - Phase 17 - 1st Phase	
		<b>Rahu</b> 3:45PM - 5:30PM	Bava Untill 3:10PM	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Chaturthi* Untill 2:04AM Wed</b>	Moon - Clear			<b>Sivaloka Day</b>
Untill 7:21AM				Sravana-Adi			
Then Creative Work	Amrita Yoga						

**Wednesday, August 13, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksho Budha Vasara Yuktayam  
Revati Nakshatra Dhruvi/Shula\* Yoga Kaulava/Vanija Karana Panchmtham Titau

Rome, Italy  
SuTra 121

Mesha Rasi: 16.4	Tithi 20	<b>Gulika</b> 10:31AM - 12:15PM	<b>Revati</b> Untill 4:24AM Thu	<b>Ganesh:</b> Clear	Sunrise: 5:17AM	Sun 3	Vishvasu 5:127
		<b>Yama</b> 7:02AM - 8:46AM	Dhruvi Untill 11:33AM	<b>Muruga:</b> Blue	Sunset: 7:14PM	Moon 8 - Phase 17 - 3 1st Phase	
		<b>Rahu</b> 12:15PM - 2:00PM	Kaulava Untill 12:59PM	<b>Nataraja:</b> Yellow			
Routine Work	Siddha Yoga		<b>Panchami Untill 11:51PM</b>	Moon - Clear			<b>Sivaloka Day</b>
Untill 8:22AM				Sravana-Adi			

**Thursday, August 14, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksho Guru Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

Rome, Italy  
SuTra 122

Mesha Rasi: 0.51	Tithi 21	<b>Gulika</b> 8:47AM - 10:31AM	<b>Ashvini</b> Untill 3:03AM Fri	<b>Ganesh:</b> Purple	Sunrise: 5:18AM	Sun 4	Vishvasu 5:127
		<b>Yama</b> 5:18AM - 7:02AM	Shula* Untill 8:38AM	<b>Muruga:</b> Blue	Sunset: 7:12PM	Moon 8 - Phase 17 - 4 1st Phase	
		<b>Rahu</b> 2:00PM - 3:44PM	Gara Untill 10:44AM	<b>Nataraja:</b> Yellow			
Routine Work	Amrita Yoga		<b>Shashthi* Untill 9:35PM</b>	Moon - White			<b>Subha Sivaloka Day</b>
Untill 3:03AM Fri				Sravana-Adi			
Then Creative Work	Siddha Yoga						

**Friday, August 15, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksho Sukra Vasara Yuktayam  
Bharani Nakshatra Viddhi Yoga Visi\*/Bava Karana Saptamtham Titau

Rome, Italy  
SuTra 123

Mesha Rasi: 15.04	Tithi 22	<b>Gulika</b> 7:03AM - 8:47AM	<b>Bharani</b> Untill 1:34AM Sat	<b>Ganesh:</b> Clear	Sunrise: 5:19AM	Sun 5	Vishvasu 5:127
		<b>Yama</b> 3:43PM - 5:27PM	Viddhi Untill 2:50AM Sat	<b>Muruga:</b> Blue	Sunset: 7:11PM	Moon 8 - Phase 17 - 5 1st Phase	
		<b>Rahu</b> 10:31AM - 12:15PM	Visi Untill 8:27AM	<b>Nataraja:</b> Yellow			
Routine Work	Siddha Yoga		<b>Saptami Untill 7:18PM</b>	Moon - White			<b>Sivaloka Day</b>
Untill 1:34AM Sat				Sravana-Adi			
Then Creative Work	Amrita Yoga						

**Saturday, August 16, 2025**

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksho Marita Vasara Yuktayam  
Kritika Nakshatra Dhruva Yoga Balava/Tailita Karana Ashtami/Navamtham Titau

Rome, Italy  
SuTra 124

Mesha Rasi: 29.17	Tithi 23 - 24	<b>Gulika</b> 5:20AM - 7:04AM	<b>Kritika</b> Untill 12:00AM Sun	<b>Ganesh:</b> Clear	Sunrise: 5:20AM	Sun 6	Vishvasu 5:127
		<b>Yama</b> 1:59PM - 3:42PM	Dhruva Untill 11:58PM	<b>Muruga:</b> Blue	Sunset: 7:10PM	Moon 8 - Phase 17 - 6 1st Phase	
		<b>Rahu</b> 8:47AM - 10:31AM	Balava Untill 6:12AM	<b>Nataraja:</b> Yellow			
Routine Work	Amrita Yoga		<b>Ashtami* Untill 5:05PM</b>	Moon - White			<b>Sivaloka Day</b>
Untill 8:22AM				Sravana-Avani			
Then Creative Work	Amrita Yoga						

**Sunday, August 17, 2025**

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksho Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyaghala\* Yoga Gara/Vanija Karana Navami/Dashamtham Titau

Rome, Italy  
SuTra 125

Wishabha Rasi: 13.26	Tithi 24 - 25	<b>Gulika</b> 3:41PM - 5:25PM	<b>Rohini</b> Untill 10:49PM	<b>Ganesh:</b> Clear	Sunrise: 5:21AM	Sun 7	Vishvasu 5:127
		<b>Yama</b> 12:15PM - 1:58PM	Vyaghala* Untill 9:11PM	<b>Muruga:</b> Blue	Sunset: 7:08PM	Moon 8 - Phase 17 - 7 Navami	
		<b>Rahu</b> 5:25PM - 7:08PM	Vanija Untill 1:56AM Mon	<b>Nataraja:</b> Yellow			
Routine Work	Siddha Yoga		<b>Navami* Untill 2:57PM</b>	Moon - Yellow			<b>Sivaloka Day</b>
Untill 8:22AM				Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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<b>1 Monday, August 18, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashtyam Titau				Rome, Italy Sutra 126
Wishabha Rasi: 27.32	Tithi 25 – 26	<b>Gulika</b>	<b>1:58PM – 3:41PM</b>	<b>Mrigashira Until 9:38PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:20AM
<b>Family Home Evening</b>		Yama	10:31AM – 12:14PM	Harshana Until 6:32PM	Muruga: Blue	Sunset: 7:07PM
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>7:05AM – 8:48AM</b>	Bava Untill 12:01AM Tue	Nataraja: Yellow	Moon 8 - Phase 18 - 8
Until 9:38PM				<b>Dashami Until 12:56PM</b>	Moon – Yellow	2nd Phase
Then Creative Work - Siddha Yoga					Sravana-Avani	<b>Sivaloka Day</b>

<b>2 Tuesday, August 19, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Andra Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Rome, Italy Sutra 127
Mithuna Rasi: 11.31	Tithi 26 – 27	<b>Gulika</b>	<b>12:14PM – 1:57PM</b>	<b>Andra Until 8:31PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:23AM
		Yama	8:49AM – 10:31AM	Vajra* Untill 4:01PM	Muruga: Blue	Sunset: 7:09PM
Routine Work	Marana Yoga	<b>Rahu</b>	<b>3:40PM – 5:23PM</b>	Kaulava Until 10:18PM	Nataraja: Yellow	Moon 8 - Phase 18 - 9
Until 8:31PM				<b>Ekadashi* Until 11:06AM</b>	Moon – Yellow	2nd Phase
Then Creative Work - Siddha Yoga					Sravana-Avani	<b>Sivaloka Day</b>

<b>3 Wednesday, August 20, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Viscara Yuktayam Panarvasu Nakshatra Siddhi/Vyaltapa* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sutra 128
Mithuna Rasi: 25.21	Tithi 27 – 28	<b>Gulika</b>	<b>10:32AM – 12:14PM</b>	<b>Punarvasu Until 7:58PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:24AM
		Yama	7:07AM – 8:49AM	Siddhi Until 1:44PM	Muruga: Blue	Sunset: 7:09PM
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>12:14PM – 1:56PM</b>	Gara Until 8:52PM	Nataraja: Yellow	Moon 8 - Phase 18 - 10
Until 8:31PM				<b>Dvadashi* Until 9:31AM</b>	Moon – Blue	2nd Phase
Then Creative Work - Siddha Yoga					Sravana-Avani	<b>Devaloka Day</b>
<i>Pradosha Vata (Fasting)</i>						

<b>4 Thursday, August 21, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Viscara Yuktayam Pushya Nakshatra Vyaltapa* Varyan Yoga Vanja/Vihl* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sutra 129
Kalkata Rasi: 9.01	Tithi 28 – 29	<b>Gulika</b>	<b>8:49AM – 10:32AM</b>	<b>Pushya Until 7:37PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:25AM
		Yama	5:25AM – 7:07AM	Vyaltapa* Until 11:44AM	Muruga: Blue	Sunset: 7:09PM
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>1:56PM – 3:38PM</b>	Visti Until 7:48PM	Nataraja: Yellow	Moon 8 - Phase 18 - 11
Until 7:37PM				<b>Trayodashi* Until 8:15AM</b>	Moon – Blue	2nd Phase
Then Creative Work - Siddha Yoga					Sravana-Avani	<b>Devaloka Day</b>

<b>Friday, August 22, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Viscara Yuktayam Ashlesha* Nakshatra Parigha/Patigha* Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy Sutra 130
<b>Retreat Star</b>		<b>Gulika</b>	<b>7:08AM – 8:50AM</b>	<b>Ashlesha* Until 7:34PM</b>	<b>Ganesh:</b> Light Blue	Sunrise: 5:26AM
Kalkata Rasi: 22.26	Tithi 29 – 30	Yama	3:37PM – 5:19PM	Variyan Until 10:02AM	Muruga: Blue	Sunset: 7:09PM
Routine Work	Marana Yoga	<b>Rahu</b>	<b>10:32AM – 12:13PM</b>	Caluspada Until 7:11PM	Nataraja: Yellow	Moon 8 - Phase 18 - 12
Until 7:37PM				<b>Chaturdashi* Until 7:25AM</b>	Moon – Blue	Amavasya
Then Creative Work - Siddha Yoga					Sravana-Avani	<b>Devaloka Day</b>

<b>Saturday, August 23, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigha/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rome, Italy Sutra 131
<b>Retreat Star</b>		<b>Gulika</b>	<b>5:27AM – 7:09AM</b>	<b>Magha* Until 8:21PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:27AM
Simha Rasi: 5.35	Tithi 30 – 1	Yama	1:55PM – 3:36PM	Parigha* Until 8:46AM	Muruga: Blue	Sunset: 6:59PM
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>8:50AM – 10:32AM</b>	Kintughna Until 7:06PM	Nataraja: Yellow	Moon 8 - Phase 18 - 13
Until 8:21PM				<b>Amavasya* Until 7:03AM</b>	Moon – Red	Prathama
Then Creative Work - Siddha Yoga					Bhadrapada-Avani	<b>Devaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Paraphaguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Pratham/Dvityayam Titau				Rome, Italy
Simha Rasi: 18.28	Tithi 1 – 2	<b>Gulika</b> 3:35PM – 5:16PM	<b>Purvaphalguni Until 9:33PM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:28AM	Sun 14
		<b>Yama</b> 12:13PM – 1:54PM	Shiva Until 7:57AM	<b>Muruga:</b> Blue	Sunset: 6:58PM	Moon 8 - Phase 19 - 17
		<b>Rahu</b> 5:16PM – 6:58PM	Balava Until 7:37PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 7:16AM</b>	Moon - Red		<b>Devaloka Day</b>
Until 9:33PM				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

2 Monday, August 25, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphaguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvitya/Tritiyam Titau				Rome, Italy
Kanya Rasi: 1.04	Tithi 2 – 3	<b>Gulika</b> 1:54PM – 3:34PM	<b>Uttaraphalguni Until 11:10PM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:29AM	Sun 15
<b>Family Home Evening</b>		<b>Yama</b> 10:32AM – 12:13PM	Siddha Until 7:34AM	<b>Muruga:</b> Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 15
		<b>Rahu</b> 7:10AM – 8:51AM	Taila Until 8:42PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 8:04AM</b>	Moon - Red		<b>Devaloka Day</b>
				Bhadrapada-Avani		

3 Tuesday, August 26, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Utiaraphaguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Rome, Italy
Kanya Rasi: 13.24	Tithi 3 – 4	<b>Gulika</b> 12:12PM – 1:53PM	<b>Hasla Until 1:37AM Wed</b>	<b>Ganesha:</b> Light Blue	Sunrise: 5:30AM	Sun 16
		<b>Yama</b> 8:51AM – 10:32AM	Sadha Until 7:39AM	<b>Muruga:</b> Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 16
		<b>Rahu</b> 3:33PM – 5:14PM	Vanija Until 10:21PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 9:27AM</b>	Moon - Green		<b>Devaloka Day</b>
		<b>Ganesha Chaturthi</b>		Bhadrapada-Avani		

4 Wednesday, August 27, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Hasta Nakshatra Sadha/Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamam Titau				Rome, Italy
Kanya Rasi: 25.32	Tithi 4 – 5	<b>Gulika</b> 10:32AM – 12:12PM	<b>Chitra Until 4:17AM Thu</b>	<b>Ganesha:</b> Light Blue	Sunrise: 5:31AM	Sun 17
		<b>Yama</b> 7:11AM – 8:52AM	Subha Until 8:08AM	<b>Muruga:</b> Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 17
		<b>Rahu</b> 12:12PM – 1:52PM	Bava Until 12:24AM Thu	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:19AM</b>	Moon - Green		<b>Devaloka Day</b>
Until 4:17AM Thu				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

5 Thursday, August 28, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Rome, Italy
Tula Rasi: 7.31	Tithi 5 – 6	<b>Gulika</b> 8:52AM – 10:32AM	<b>Svati Until 7:01AM Fri</b>	<b>Ganesha:</b> Light Blue	Sunrise: 5:32AM	Sun 18
		<b>Yama</b> 5:32AM – 7:12AM	Sukla Until 8:51AM	<b>Muruga:</b> Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 18
		<b>Rahu</b> 1:52PM – 3:32PM	Kaulava Until 2:44AM Fri	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 1:32PM</b>	Moon - Green		<b>Sivaloka Day</b>
Until 7:01AM Fri				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

6 Friday, August 29, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Svali/Vishakha Nakshatra Brahma/Indra/Yoga Talila/Gara Karana Shashthi/Saptamam Titau				Rome, Italy
Tula Rasi: 19.24	Tithi 6 – 7	<b>Gulika</b> 7:13AM – 8:52AM	<b>Svati Until 7:01AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:33AM	Sun 19
		<b>Yama</b> 3:31PM – 5:10PM	Brahma Until 9:45AM	<b>Muruga:</b> Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 19
		<b>Rahu</b> 10:32AM – 12:12PM	Gara Until 5:09AM Sat	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:55PM</b>	Moon - Green		<b>Sivaloka Day</b>
				Bhadrapada-Avani		

Saturday, August 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Vanija Karana Saptamam Titau				Rome, Italy
<b>Retreat Star</b>		<b>Gulika</b> 5:34AM – 7:14AM	<b>Vishakha Until 10:08AM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:34AM	Sun 20
Wishika Rasi: 1.16	Tithi 7	<b>Yama</b> 1:50PM – 3:30PM	Indra Until 10:41AM	<b>Muruga:</b> Blue	Sunset: 6:48PM	Moon 8 - Phase 19 - 20
		<b>Rahu</b> 8:53AM – 10:32AM	Vanija Until 6:17PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:17PM</b>	Moon - Orange		<b>Subha Sivaloka Day</b>
				Bhadrapada-Avani		

Sunday, August 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhri*/Vishkambha* Yoga Visi*/Bava Karana Ashtamam Titau				Rome, Italy
<b>Retreat Star</b>		<b>Gulika</b> 3:29PM – 5:08PM	<b>Anuradha Until 12:55PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:35AM	Sun 21
Wishika Rasi: 13.12	Tithi 8	<b>Yama</b> 12:11PM – 1:50PM	Vaidhri* Until 11:27AM	<b>Muruga:</b> Blue	Sunset: 6:46PM	Moon 8 - Phase 19 - 21
		<b>Rahu</b> 5:08PM – 6:46PM	Visi Until 7:25AM	<b>Nataraja:</b> White		Ashtami
Routine Work	Marana Yoga		<b>Ashthami* Until 8:26PM</b>	Moon - Orange		<b>Subha Sivaloka Day</b>
				Bhadrapada-Avani		

Monday, September 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Pithi Yoga Balava/Kaulava Karana Navamam Titau				Rome, Italy
<b>Retreat Star</b>		<b>Gulika</b> 1:49PM – 3:28PM	<b>Jyeshtha* Until 3:12PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:36AM	Sun 22
Wishika Rasi: 25.14	Tithi 9	<b>Yama</b> 10:32AM – 12:11PM	Vishkambha* Until 11:58AM	<b>Muruga:</b> Blue	Sunset: 6:46PM	Moon 8 - Phase 19 - 22
<b>Family Home Evening</b>		<b>Rahu</b> 7:15AM – 8:53AM	Balava Until 9:23AM	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 10:10PM</b>	Moon - Orange		<b>Subha Sivaloka Day</b>
				Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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<b>1</b>	<b>Tuesday, September 2, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktiyam Mula*Purvashadha* Nakshatra Prili/Ayushman Yoga Talila/Gara Karana Dashamyam Titau				Rome, Italy Sutra 141
	Dhanus Rasi: 7.28	Tithi 10	<b>Gulika</b> 12:10PM - 1:48PM <b>Yama</b> 8:54AM - 10:32AM <b>Rahu</b> 3:27PM - 5:05PM	<b>Mula* Until 5:18PM</b> Prili Until 12:07PM Talila Until 10:52AM <b>Dashami Until 11:21PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Light Blue <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - 22 4th Phase
Creative Work Amrita Yoga Until 5:18PM Then Creative Work - Siddha Yoga							<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, September 3, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Baaha Vasara Yuktiyam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Titau				Rome, Italy Sutra 142
	Dhanus Rasi: 19.58	Tithi 11	<b>Gulika</b> 10:32AM - 12:10PM <b>Yama</b> 7:16AM - 8:54AM <b>Rahu</b> 12:10PM - 1:48PM	<b>Purvashadha* Until 6:37PM</b> Ayushman Until 11:45AM Vanija Until 11:43AM <b>Ekadashi Until 11:52PM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Light Blue <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - 24 4th Phase
Creative Work Amrita Yoga							<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, September 4, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktiyam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Titau				Rome, Italy Sutra 143
	Makara Rasi: 2.46	Tithi 12	<b>Gulika</b> 8:55AM - 10:32AM <b>Yama</b> 5:39AM - 7:17AM <b>Rahu</b> 1:47PM - 3:25PM	<b>Uttarashadha Until 7:06PM</b> Saubhagya Until 10:52AM Bava Until 11:53AM <b>Dvadashti Until 11:40PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Light Blue <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - 25 4th Phase
Routine Work Marana Yoga Until 7:06PM Then Creative Work - Siddha Yoga							<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, September 5, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Athiganda* Yoga Kaulava/Talila Karana Trayodashyam Titau				Rome, Italy Sutra 144
	Makara Rasi: 15.56	Tithi 13	<b>Gulika</b> 7:18AM - 8:55AM <b>Yama</b> 3:24PM - 5:01PM <b>Rahu</b> 10:32AM - 12:09PM	<b>Shravana Until 7:11PM</b> Sobhana Until 9:25AM Kaulava Until 11:20AM <b>Trayodashi Until 10:47PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Purple <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:40AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - 26 4th Phase
Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga							<b>Subha Sivaloka Day</b>
<i>Pradosha Vata</i>							

<b>5</b>	<b>Saturday, September 6, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manu Vasara Yuktiyam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sutra 145
	Makara Rasi: 29.28	Tithi 14	<b>Gulika</b> 5:41AM - 7:18AM <b>Yama</b> 1:46PM - 3:23PM <b>Rahu</b> 8:55AM - 10:32AM	<b>Dhanishtha Until 6:29PM</b> Athiganda* Until 7:24AM Gara Until 10:07AM <b>Chaturdashi* Until 9:15PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Purple <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:41AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - 27 4th Phase
Creative Work Siddha Yoga Until 6:29PM Then Creative Work - Amrita Yoga			Chidambaram Abhishekam				<b>Subha Sivaloka Day</b>

<b>○</b>	<b>Sunday, September 7, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktiyam Shalabhishak/Purvaproshtapada* Nakshatra Dhili* Yoga Visi*/Bava Karana Purnimayam Titau				Rome, Italy Sutra 146
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:22PM - 4:58PM <b>Yama</b> 12:09PM - 1:45PM <b>Rahu</b> 4:58PM - 6:35PM	<b>Shalabhishak Until 5:06PM</b> Dhili Until 2:03AM Mon Visi Until 8:18AM <b>Purnima* Until 7:12PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Purple <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:42AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - Purnima
Creative Work Siddha Yoga			Grandparent's Day				<b>Subha Sivaloka Day</b>

<b>Monday, September 8, 2025</b>	<b>Silver Retreat Star</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Kitchu Pakche Indu Vasara Yuktiyam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Balava/Talila Karana Prathama/Dvitiyam Titau				Rome, Italy Sutra 147
	Kumbha Rasi: 27.35	Tithi 16 - 17	<b>Gulika</b> 1:44PM - 3:21PM <b>Yama</b> 10:32AM - 12:08PM <b>Rahu</b> 7:20AM - 8:56AM	<b>Purvaproshtapada* Until 3:34PM</b> Shula* Until 10:51PM Balava Until 6:02AM <b>Prathama* Until 4:45PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Clear <b>Bhadrapada-Avani</b>	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:49PM	Moon 8 - Phase 20 - Prathama
Family Home Evening Routine Work Marana Yoga Until 3:34PM Then Creative Work - Siddha Yoga							<b>Subha Sivaloka Day</b>

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Mangala Vasara Yukatayam  
Uttaraprosphadapa/Revati Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Rome, Italy  
Sutra 148

Meesa Rasi: 12.02	Tithi 17 - 18	<b>Gulika</b> 12:08PM - 1:44PM	<b>Uttaraprosphadapa Until 1:38PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:44AM	Sun 1	Vasvasu 5:127
		<b>Yama</b> 8:56AM - 10:32AM	<b>Ganda* Until 7:28PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:31PM		Moon 9 - Phase 21 - 1
		<b>Rahu</b> 3:20PM - 4:56PM	<b>Vanija Until 12:36AM Wed</b>	<b>Nataraja:</b> White			1st Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 2:00PM</b>	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>	
Until 1:38PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

1

Wednesday, September 10, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Budha Vasara Yukatayam  
Revati/Ashvini Nakshatra Dhanva/Vyaghta\* Yoga Visi\*/Bava Karana Tritiya/Charuthyam Titau

Rome, Italy  
Sutra 149

Meesa Rasi: 26.37	Tithi 18 - 19	<b>Gulika</b> 10:32AM - 12:08PM	<b>Revati Until 11:24AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:45AM	Sun 2	Vasvasu 5:127
		<b>Yama</b> 7:21AM - 8:57AM	<b>Viddhi Until 4:01PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:30PM		Moon 9 - Phase 21 - 2
		<b>Rahu</b> 12:08PM - 1:43PM	<b>Bava Until 9:42PM</b>	<b>Nataraja:</b> White			1st Phase
Routine Work Marana Yoga			<b>Tritiya Until 11:08AM</b>	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2

Thursday, September 11, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Gara Vasara Yukatayam  
Ashvini/Bharani Nakshatra Dhanva/Vyaghta\* Yoga Balava/Kaulava Karana Charuthi/Panchamam Titau

Rome, Italy  
Sutra 150

Meesa Rasi: 11.14	Tithi 19 - 20	<b>Gulika</b> 8:57AM - 10:32AM	<b>Ashvini Until 9:26AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:47AM	Sun 3	Vasvasu 5:127
		<b>Yama</b> 5:47AM - 7:22AM	<b>Dhanva Until 12:32PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:28PM		Moon 9 - Phase 21 - 3
		<b>Rahu</b> 1:42PM - 3:18PM	<b>Kaulava Until 6:51PM</b>	<b>Nataraja:</b> White			1st Phase
Creative Work Amrita Yoga			<b>Charuthi* Until 8:15AM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>	
Until 9:26AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

3

Friday, September 12, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Sukra Vasara Yukatayam  
Bharani/Krittika Nakshatra Vyaghta\*/Harshana Yoga Gara/Venija Karana Shashihyam Titau

Rome, Italy  
Sutra 151

Meesa Rasi: 25.47	Tithi 21	<b>Gulika</b> 7:22AM - 8:57AM	<b>Bharani Until 7:26AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:48AM	Sun 4	Vasvasu 5:127
		<b>Yama</b> 3:17PM - 4:51PM	<b>Vyaghta* Until 9:11AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:26PM		Moon 9 - Phase 21 - 4
		<b>Rahu</b> 10:32AM - 12:07PM	<b>Gara Until 4:09PM</b>	<b>Nataraja:</b> White			1st Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 2:52AM Sat</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

4

Saturday, September 13, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Manita Vasara Yukatayam  
Rohini/Nakshatra Harshana/Vajra\* Yoga Visi\*/Bava Karana Sapthamam Titau

Rome, Italy  
Sutra 152

Wishabha Rasi: 10.11	Tithi 22	<b>Gulika</b> 5:49AM - 7:23AM	<b>Rohini Until 4:10AM Sun</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:49AM	Sun 5	Vasvasu 5:127
		<b>Yama</b> 1:41PM - 3:16PM	<b>Harshana Until 6:01AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:25PM		Moon 9 - Phase 21 - 5
		<b>Rahu</b> 8:58AM - 10:32AM	<b>Visi Until 1:42PM</b>	<b>Nataraja:</b> White			1st Phase
Creative Work Amrita Yoga			<b>Saptami Until 12:34AM Sun</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
Until 4:10AM Sun				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

5

Sunday, September 14, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yukatayam  
Migashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau

Rome, Italy  
Sutra 153

Wishabha Rasi: 24.24	Tithi 23	<b>Gulika</b> 3:14PM - 4:49PM	<b>Mrigashira Until 3:01AM Mon</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:50AM	Sun 6	Vasvasu 5:127
		<b>Yama</b> 12:06PM - 1:40PM	<b>Siddhi Until 12:24AM Mon</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:23PM		Moon 9 - Phase 21 - 6
		<b>Rahu</b> 4:49PM - 6:23PM	<b>Balava Until 11:34AM</b>	<b>Nataraja:</b> White			Ashtami
Creative Work Siddha Yoga			<b>Ashlami* Until 10:37PM</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Monday, September 15, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Indu Vasara Yukatayam  
Ardra Nakshatra Vyatipata\* Yoga Talila/Gara Karana Navamam Titau

Rome, Italy  
Sutra 154

Mithuna Rasi: 8.22	Tithi 24	<b>Gulika</b> 1:40PM - 3:13PM	<b>Ardra Until 2:08AM Tue</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:51AM	Sun 7	Vasvasu 5:127
		<b>Yama</b> 10:32AM - 12:06PM	<b>Vyatipata* Until 10:05PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:21PM		Moon 9 - Phase 21 - 7
		<b>Rahu</b> 7:24AM - 8:58AM	<b>Talila Until 9:48AM</b>	<b>Nataraja:</b> White			Navami
Creative Work Siddha Yoga			<b>Navami* Until 9:03PM</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1

Tuesday, September 16, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mangala Vasara Yukatayam  
Panavasu Nakshatra Varjanyam Yoga Vanija/Visli\* Karana Dashamyam TitauRome, Italy  
Sun 8  
Sutra 155  
Visvasu 5127  
Phase 22 - 8  
2nd Phase

Mithuna Rasi: 22.06 Tithi 25

Gulika 12:05PM - 1:39PM  
Yama 8:59AM - 10:32AM  
Rahu 3:12PM - 4:46PMPunarvasu Until 1:56AM Wed  
Varjanyam Until 8:04PM  
Bava Until 8:26AM  
Dashami Until 7:54PMGanesha: Green Sunrise: 5:57AM  
Muruga: Blue Sunset: 6:19PM  
Nataraja: White  
Moon - Blue  
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

2

Wednesday, September 17, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Budha Vasara Yukatayam  
Pushya Nakshatra Parigha\* Yoga Bava/Balavo Karana Ekadashyam TitauRome, Italy  
Sun 9  
Sutra 156  
Visvasu 5127  
Phase 22 - 9  
2nd Phase

Kalaka Rasi: 5.35 Tithi 26

Gulika 10:32AM - 12:05PM  
Yama 7:26AM - 8:59AM  
Rahu 12:05PM - 1:38PMPushya Until 2:02AM Thu  
Parigha\* Until 6:24PM  
Bava Until 7:30AM  
Ekadashi\* Until 7:11PMGanesha: Green Sunrise: 5:54AM  
Muruga: Blue Sunset: 6:16PM  
Nataraja: White  
Moon - Blue  
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

3

Thursday, September 18, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Guru Vasara Yukatayam  
Ashlesha\* Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Dvadashyam TitauRome, Italy  
Sun 10  
Sutra 157  
Visvasu 5127  
Phase 22 - 10  
2nd Phase

Kalaka Rasi: 18.5 Tithi 27

Gulika 8:59AM - 10:32AM  
Yama 5:54AM - 7:26AM  
Rahu 1:38PM - 3:10PMAshlesha\* Until 2:25AM Fri  
Shiva Until 5:07PM  
Kaulava Until 7:00AM  
Dvadashi\* Until 6:54PMGanesha: Green Sunrise: 5:54AM  
Muruga: Blue Sunset: 6:16PM  
Nataraja: White  
Moon - Blue  
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:25AM Fri  
Then Routine Work - Marana Yoga

4

Friday, September 19, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Sukra Vasara Yukatayam  
Magha\* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam TitauRome, Italy  
Sun 11  
Sutra 158  
Visvasu 5127  
Phase 22 - 11  
2nd Phase

Mithuna Rasi: 1.5 Tithi 28

Gulika 7:27AM - 9:00AM  
Yama 3:09PM - 4:42PM  
Rahu 10:32AM - 12:04PMMagha\* Until 3:34AM Sat  
Siddha Until 4:09PM  
Gara Until 6:58AM  
Trayodashi\* Until 7:06PMGanesha: White Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:14PM  
Nataraja: White  
Moon - Red  
Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 3:34AM Sat  
Then Creative Work - Siddha Yoga

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mani Vasara Yukatayam  
Purvaphalguni Nakshatra Sadhya/Subha Yoga Visli\*/Sakuni\* Karana Chaturdashyam TitauRome, Italy  
Sun 12  
Sutra 159  
Visvasu 5127  
Phase 22 - 12  
2nd Phase

Mithuna Rasi: 14.37 Tithi 29

Gulika 5:56AM - 7:28AM  
Yama 1:36PM - 3:08PM  
Rahu 9:00AM - 10:32AMPurvaphalguni Until 5:00AM Sun  
Sadhya Until 3:34PM  
Visli Until 7:24AM  
Chaturdashy\* Until 7:46PMGanesha: White Sunrise: 5:56AM  
Muruga: Blue Sunset: 6:12PM  
Nataraja: White  
Moon - Red  
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 5:00AM Sun  
Then Creative Work - Amrita Yoga

●

Sunday, September 21, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yukatayam  
Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada\*/Niaga\* Karana Amavasyayam TitauRome, Italy  
Sun 13  
Sutra 160  
Visvasu 5127  
Phase 22 - 13  
Amavasya

Mithuna Rasi: 27.1 Tithi 30

Gulika 3:07PM - 4:39PM  
Yama 12:04PM - 1:35PM  
Rahu 4:39PM - 6:11PMUttaraphalguni Until 6:44AM Mon  
Subha Until 3:22PM  
Catuspada Until 8:17AM  
Amavasya\* Until 8:53PMGanesha: White Sunrise: 5:57AM  
Muruga: Blue Sunset: 6:11PM  
Nataraja: White  
Moon - Red  
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:44AM Mon  
Then Creative Work - Siddha Yoga

Monday, September 22, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yukatayam  
Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna\*/Bava Karana Prathamayam TitauRome, Italy  
Sun 14  
Sutra 161  
Visvasu 5127  
Phase 22 - 14  
Prathama

Kanya Rasi: 9.32 Tithi 1

Gulika 1:35PM - 3:06PM  
Yama 10:32AM - 12:03PM  
Rahu 7:29AM - 9:01AMUttaraphalguni Until 6:44AM  
Sukla Until 3:29PM  
Kintughna Until 9:39AM  
Prathama\* Until 10:28PMGanesha: White Sunrise: 5:58AM  
Muruga: Blue Sunset: 6:09PM  
Nataraja: White  
Moon - Red  
Ashvina-Puratasi

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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<b>1 Tuesday, September 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam Hasta/Chitra Nakshatra BrahmaIndra Yoga Balava/Kaulava Karana Dvitiyayam Tilau				Rome, Italy Sun 15	Subra 162 Vasava:5127
Kanya Rasi: 21.43	Tilhi 2	<b>Gulika</b> 12:03PM - 1:34PM	<b>Hasla Until 9:11AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:59AM		
		<b>Yama</b> 9:01AM - 10:32AM	<b>Brahma Until 3:54PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:07PM	Moon 9 - Phase 23 - 17	3rd Phase
Creative Work	Siddha Yoga	562828573 <b>Rahu</b> 3:05PM - 4:36PM	<b>Balava Until 11:25AM</b>	<b>Nataraja:</b> White			
			<b>Dvitiya Until 12:25AM Wed</b>	<b>Moon - Green</b>			<b>Subha Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>			

<b>2 Wednesday, September 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktiyam Chitra/Svati Nakshatra Indra/Vaidhiti/ Yoga Talilla/Gara Karana Tilitayam Tilau				Rome, Italy Sun 16	Subra 163 Vasava:5127
Tula Rasi: 3.45	Tilhi 3	<b>Gulika</b> 10:32AM - 12:03PM	<b>Chitra Until 11:49AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:00AM		
		<b>Yama</b> 7:30AM - 9:01AM	<b>Indra Until 4:36PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:05PM	Moon 9 - Phase 23 - 16	3rd Phase
Creative Work	Siddha Yoga	562828573 <b>Rahu</b> 12:03PM - 1:33PM	<b>Talilla Until 1:32PM</b>	<b>Nataraja:</b> White			
			<b>Vanija Until 3:54PM</b>	<b>Moon - Green</b>			<b>Subha Sivaloka Day</b>
			<b>Tritiya Until 2:40AM Thu</b>	<b>Ashvina-Puratasi</b>			

<b>3 Thursday, September 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktiyam Chitra/Svati Nakshatra Vaidhiti/Vishkambha/ Yoga Vanija/Visi/ Karana Chaturthiyam Tilau				Rome, Italy Sun 17	Subra 164 Vasava:5127
Tula Rasi: 15.41	Tilhi 4	<b>Gulika</b> 9:02AM - 10:32AM	<b>Svati Until 2:31PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:01AM		
		<b>Yama</b> 6:01AM - 7:31AM	<b>Vaidhiti/ Until 5:26PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:04PM	Moon 9 - Phase 23 - 17	3rd Phase
Creative Work	Amrita Yoga	562828573 <b>Rahu</b> 1:33PM - 3:03PM	<b>Vanija Until 3:54PM</b>	<b>Nataraja:</b> White			
Until 2:31PM			<b>Chaturthi/ Until 5:06AM Fri</b>	<b>Moon - Green</b>			<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina-Puratasi</b>			

<b>4 Friday, September 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktiyam Vishakha/Anuradha Nakshatra Vishkambha/ Yoga Bava Karana Panchamyam Tilau				Rome, Italy Sun 18	Subra 165 Vasava:5127
Tula Rasi: 27.34	Tilhi 5	<b>Gulika</b> 7:32AM - 9:02AM	<b>Vishakha Until 5:40PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:02AM		
		<b>Yama</b> 3:02PM - 4:32PM	<b>Vishkambha/ Until 6:21PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:09PM	Moon 9 - Phase 23 - 18	3rd Phase
Creative Work	Siddha Yoga	572828573 <b>Rahu</b> 10:32AM - 12:02PM	<b>Bava Until 6:22PM</b>	<b>Nataraja:</b> White			
			<b>Panchami Until 7:35AM Sat</b>	<b>Moon - Orange</b>			<b>Subha Subha Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>			

<b>5 Saturday, September 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktiyam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashmyam Tilau				Rome, Italy Sun 19	Subra 166 Vasava:5127
Wishika Rasi: 9.25	Tilhi 5 - 6	<b>Gulika</b> 6:03AM - 7:33AM	<b>Anuradha Until 8:37PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:03AM		
		<b>Yama</b> 1:31PM - 3:01PM	<b>Priti Until 7:16PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:09PM	Moon 9 - Phase 23 - 19	3rd Phase
Creative Work	Siddha Yoga	672828573 <b>Rahu</b> 9:02AM - 10:32AM	<b>Kaulava Until 8:48PM</b>	<b>Nataraja:</b> White			
			<b>Panchami Until 7:35AM</b>	<b>Moon - Orange</b>			<b>Subha Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>			

<b>6 Sunday, September 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktiyam Jyeshtha/ Nakshatra Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau				Rome, Italy Sun 20	Subra 167 Vasava:5127
Wishika Rasi: 21.19	Tilhi 6 - 7	<b>Gulika</b> 3:00PM - 4:29PM	<b>Jyeshtha/ Until 11:12PM</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 6:04AM		
		<b>Yama</b> 12:01PM - 1:31PM	<b>Ayushman Until 8:00PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:05PM	Moon 9 - Phase 23 - 20	3rd Phase
Routine Work	Marana Yoga	672928573 <b>Rahu</b> 4:29PM - 5:59PM	<b>Gara Until 11:02PM</b>	<b>Nataraja:</b> White			
Until 11:12PM			<b>Shashthi/ Until 9:56AM</b>	<b>Moon - Orange</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina-Puratasi</b>			

<b>Monday, September 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktiyam Mula/ Nakshatra Saubhagya Yoga Vanija/Visi/ Karana Sapthami/Ashtamyam Tilau				Rome, Italy Sun 21	Subra 168 Vasava:5127
<b>Retreat Star</b>		<b>Gulika</b> 1:30PM - 2:59PM	<b>Mula/ Until 1:45AM Tue</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:05AM		
Dhanus Rasi: 3.19	Tilhi 7 - 8	<b>Yama</b> 10:32AM - 12:01PM	<b>Saubhagya Until 8:28PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:57PM	Moon 9 - Phase 23 - 21	Ashtami
<b>Family Home Evening</b>		682928573 <b>Rahu</b> 7:34AM - 9:03AM	<b>Visi Until 12:52AM Tue</b>	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Saptami Until 12:00PM</b>	<b>Moon - Light Blue</b>			<b>Subha Sivaloka Day</b>
		<b>Durga Ashtami</b>		<b>Ashvina-Puratasi</b>			

<b>Tuesday, September 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam Purvashadha/ Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Rome, Italy Sun 22	Subra 169 Vasava:5127
<b>Retreat Star</b>		<b>Gulika</b> 12:01PM - 1:29PM	<b>Purvashadha/ Until 3:35AM Wed</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:06AM		
Dhanus Rasi: 15.29	Tilhi 8 - 9	<b>Yama</b> 9:03AM - 10:32AM	<b>Sobhana Until 8:32PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 9 - Phase 23 - 22	Navami
Creative Work	Siddha Yoga	682928573 <b>Rahu</b> 2:58PM - 4:27PM	<b>Balava Until 2:09AM Wed</b>	<b>Nataraja:</b> White			
Until 3:35AM Wed		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashtami/ Until 1:34PM</b>	<b>Moon - Light Blue</b>			<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina-Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

All times are standard time. Calculated for Rome, Italy on 12/20/23

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<b>1</b>		<b>Wednesday, October 1, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Budha Vbsara Yuktayam Uttarashadha Nakshatra Abhiganda* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Rome, Italy Sun 23	Sutra 170 Vasvasu 5127
Dhanus Rasi:	27.55	Tithi 9 - 10		<b>Gulika</b> 10:32AM - 12:00PM	<b>Uttarashadha Until 4:34AM Thu</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:07AM
				<b>Yama</b> 7:35AM - 9:04AM	<b>Abhiganda* Until 8:03PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:53PM
				<b>Rahu</b> 12:00PM - 1:29PM	<b>Tailita Until 2:44AM Thu</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - 23</b>
Creative Work	Amrita Yoga					<b>Moon - Light Blue</b>	<b>Subha Sivaloka Day</b>
Until 4:34AM Thu				<b>Vijaya Dasami</b>	<b>Navami* Until 2:31PM</b>	<b>Ashvina-Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, October 2, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Dvadashyam Titau		Rome, Italy Sun 24	Sutra 171 Vasvasu 5127
Makara Rasi:	10.41	Tithi 10 - 11		<b>Gulika</b> 9:04AM - 10:32AM	<b>Shravana Until 5:05AM Fri</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:08AM
				<b>Yama</b> 6:08AM - 7:36AM	<b>Sukarma Until 6:59PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:52PM
				<b>Rahu</b> 1:28PM - 2:56PM	<b>Vanija Until 2:31AM Fri</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - 24</b>
Creative Work	Siddha Yoga				<b>Dashami Until 2:42PM</b>	<b>Moon - Purple</b>	<b>Sivaloka Day</b>
						<b>Ashvina-Puratasi</b>	

<b>3</b>		<b>Friday, October 3, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Sukra Vbsara Yuktayam Dhanishtha Nakshatra Dhril/Shula* Yoga Visi*Beva Karana Ekadashi/Dvadashyam Titau		Rome, Italy Sun 25	Sutra 172 Vasvasu 5127
Makara Rasi:	23.5	Tithi 11 - 12		<b>Gulika</b> 7:37AM - 9:04AM	<b>Dhanishtha Until 4:41AM Sat</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:09AM
				<b>Yama</b> 2:55PM - 4:22PM	<b>Dhrili Until 5:18PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:50PM
				<b>Rahu</b> 10:32AM - 12:00PM	<b>Bava Until 1:30AM Sat</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - 25</b>
Creative Work	Siddha Yoga				<b>Ekadashi Until 2:05PM</b>	<b>Moon - Purple</b>	<b>Sivaloka Day</b>
Until 4:41AM Sat						<b>Ashvina-Puratasi</b>	
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, October 4, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvadshi/Trayodashyam Titau		Rome, Italy Sun 26	Sutra 173 Vasvasu 5127
Kumbha Rasi:	7.25	Tithi 12 - 13		<b>Gulika</b> 6:10AM - 7:38AM	<b>Shatabhishak Until 3:24AM Sun</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:10AM
				<b>Yama</b> 1:27PM - 2:54PM	<b>Shula* Until 2:58PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:48PM
				<b>Rahu</b> 9:05AM - 10:32AM	<b>Kaulava Until 11:45PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - 26</b>
Creative Work	Amrita Yoga			<b>Kadalswami Mahasamadi</b>	<b>Dvadashi Until 12:42PM</b>	<b>Moon - Purple</b>	<b>Sivaloka Day</b>
Until 3:24AM Sun						<b>Ashvina-Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, October 5, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Bharu Vbsara Yuktayam Purvaprosarthpada* Nakshatra Ganda*Vridhi Yoga Talita/Gara Karana Trayadashi/Chaturdashyam Titau		Rome, Italy Sun 27	Sutra 174 Vasvasu 5127
Kumbha Rasi:	21.26	Tithi 13 - 14		<b>Gulika</b> 2:53PM - 4:20PM	<b>Purvaprosarthpada* Until 1:47AM Mon</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:11AM
				<b>Yama</b> 11:59AM - 1:26PM	<b>Ganda* Until 12:05PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:47PM
				<b>Rahu</b> 4:20PM - 5:47PM	<b>Gara Until 9:21PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - 27</b>
Creative Work	Siddha Yoga			<b>Chidambaram Abhishekam</b>	<b>Trayodashi Until 10:36AM</b>	<b>Moon - Clear</b>	<b>Sivaloka Day</b>
						<b>Ashvina-Puratasi</b>	

<b>Monday, October 6, 2025</b>		<b>Copper Retreat Star</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Uttaraprosarthpada Nakshatra Vridhi/Druva Yoga Vanja/Vesil* Karana Chaturdashi/Purnimayam Titau		Rome, Italy Sun 28	Sutra 175 Vasvasu 5127
Meena Rasi:	5.53	Tithi 14 - 15		<b>Gulika</b> 1:25PM - 2:52PM	<b>Uttaraprosarthpada Until 11:33PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:12AM
				<b>Yama</b> 10:32AM - 11:59AM	<b>Vridhi Until 8:45AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:45PM
				<b>Rahu</b> 7:39AM - 9:06AM	<b>Visi Until 6:26PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - Purnima</b>
Creative Work	Siddha Yoga				<b>Chaturdashi* Until 7:56AM</b>	<b>Moon - Clear</b>	<b>Subha Sivaloka Day</b>
						<b>Ashvina-Puratasi</b>	

<b>Tuesday, October 7, 2025</b>		<b>Silver Retreat Star</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau		Rome, Italy Sun 29	Sutra 176 Vasvasu 5127
Meena Rasi:	20.39	Tithi 16		<b>Gulika</b> 11:58AM - 1:25PM	<b>Revati Until 8:52PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:13AM
				<b>Yama</b> 9:06AM - 10:32AM	<b>Vyaghala* Until 1:06AM Wed</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:43PM
				<b>Rahu</b> 2:51PM - 4:17PM	<b>Balava Until 3:10PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 24 - Prathama</b>
Creative Work	Siddha Yoga				<b>Prathama* Until 1:26AM Wed</b>	<b>Moon - Clear</b>	<b>Subha Sivaloka Day</b>
						<b>Ashvina-Puratasi</b>	

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

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**Wednesday, October 8, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam

Rome, Italy

**Gold Retreat Star**

Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam Titau

Sutra 177

Mesha Rasi: 5.37 Tithi 17

Gulika 10:32AM - 11:58AM

Ashvini Until 6:17PM

Ganesh: White

Sunrise: 6:15AM

Vasavasu 5:127

Yama 7:40AM - 9:06AM

Harshana Until 9:05PM

Muruga: Blue

Sunset: 5:49PM

Moon 10 - Phase 25 - 1st Phase

Rahu 11:58AM - 1:24PM

Taitila Until 11:42AM

Nataraja: Clear

Moon - White

**Subha Sivaloka Day**

Routine Work Marana Yoga

Dvitiya Until 9:56PM

Ashvini-Puratasi

Until 6:17PM

Then Creative Work - Siddha Yoga

**Thursday, October 9, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam

Rome, Italy

Bharani/Kittika Nakshatra Vajra/Siddhi Yoga Vanja/Visi/ Karana Trilyayam Titau

Sutra 178

1 Mesha Rasi: 20.4 Tithi 18

Gulika 9:07AM - 10:32AM

Bharani Until 3:35PM

Ganesh: White

Sunrise: 6:16AM

Vasavasu 5:127

Yama 6:16AM - 7:41AM

Vajra Until 5:04PM

Muruga: Blue

Sunset: 5:49PM

Moon 10 - Phase 25 - 1st Phase

Rahu 1:23PM - 2:49PM

Vanija Until 8:12AM

Nataraja: Clear

Moon - White

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Tritiya Until 6:28PM

Ashvini-Puratasi

Until 3:35PM

Then Routine Work - Marana Yoga

**Friday, October 10, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam

Rome, Italy

Krittika/Rohini Nakshatra Siddhi/Vyjalpala/ Yoga Babava/Kaulava Karana Chalurithi/Panchamyam Titau

Sutra 179

2 Vishabha Rasi: 5.37 Tithi 19 - 20

Gulika 7:42AM - 9:07AM

Krittika Until 12:55PM

Ganesh: White

Sunrise: 6:17AM

Vasavasu 5:127

Yama 2:48PM - 4:13PM

Siddhi Until 1:13PM

Muruga: Blue

Sunset: 5:49PM

Moon 10 - Phase 25 - 2 1st Phase

Rahu 10:32AM - 11:58AM

Kaulava Until 1:42AM Sat

Nataraja: Clear

Moon - White

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Chalurithi Until 3:12PM

Ashvini-Puratasi

Until 12:55PM

Then Routine Work - Marana Yoga

**Saturday, October 11, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam

Rome, Italy

Rohini/Mrigashira Nakshatra Vyjalpala/Variyan Yoga Talila/Gara Karana Panchami/Shashthiyam Titau

Sutra 180

3 Vishabha Rasi: 20.22 Tithi 20 - 21

Gulika 6:18AM - 7:43AM

Rohini Until 10:51AM

Ganesh: Yellow

Sunrise: 6:18AM

Vasavasu 5:127

Yama 1:22PM - 2:47PM

Vyjalpala Until 9:39AM

Muruga: Blue

Sunset: 5:39PM

Moon 10 - Phase 25 - 3 1st Phase

Rahu 9:08AM - 10:32AM

Gara Until 10:59PM

Nataraja: Clear

Moon - Yellow

**Sivaloka Day**

Creative Work Amrita Yoga

Panchami Until 12:16PM

Ashvini-Puratasi

Until 10:51AM

Then Creative Work - Siddha Yoga

**Sunday, October 12, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam

Rome, Italy

Mrigashira/Ardra Nakshatra Varjan/Parijata/ Yoga Vanja/Visi/ Karana Shashthi/Saptamyam Titau

Sutra 181

4 Mithuna Rasi: 4.49 Tithi 21 - 22

Gulika 2:46PM - 4:11PM

Mrigashira Until 9:07AM

Ganesh: Yellow

Sunrise: 6:19AM

Vasavasu 5:127

Yama 11:57AM - 1:22PM

Varjyan Until 6:25AM

Muruga: Blue

Sunset: 5:39PM

Moon 10 - Phase 25 - 4 1st Phase

Rahu 4:11PM - 5:35PM

Visi Until 8:48PM

Nataraja: Clear

Moon - Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

Shashthi Until 9:48AM

Ashvini-Puratasi

**Monday, October 13, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam

Rome, Italy

**Retreat Star**

Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Sutra 182

Mithuna Rasi: 18.53 Tithi 22 - 23

Gulika 1:21PM - 2:45PM

Ardra Until 7:47AM

Ganesh: Yellow

Sunrise: 6:20AM

Vasavasu 5:127

Yama 10:33AM - 11:57AM

Shiva Until 1:23AM Tue

Muruga: Blue

Sunset: 5:39PM

Moon 10 - Phase 25 - 5 Ashtami

Rahu 7:44AM - 9:08AM

Balava Until 7:12PM

Nataraja: Clear

Moon - Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

Sapthami Until 7:54AM

Ashvini-Puratasi

Until 7:47AM

Then Creative Work - Amrita Yoga

**Tuesday, October 14, 2025**

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangala Vasara Yuktayam

Rome, Italy

**Retreat Star**

Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sutra 183

Kataka Rasi: 2.34 Tithi 23 - 24

Gulika 11:57AM - 1:20PM

Punarvasu Until 7:21AM

Ganesh: Blue

Sunrise: 6:21AM

Vasavasu 5:127

Yama 9:09AM - 10:33AM

Siddha Until 11:37PM

Muruga: Blue

Sunset: 5:39PM

Moon 10 - Phase 25 - 6 Navami

Rahu 2:44PM - 4:08PM

Taitila Until 6:15PM

Nataraja: Clear

Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Ashtami Until 6:38AM

Ashvini-Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	<b>Wednesday, October 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Visil* Karana Navami/Dashmyam Tilau				Rome, Italy Sun 7 Sutra 184
	Kataka Rasi: 15.52	TITHI 24 – 25	<b>Gulika</b> 10:33AM – 11:56AM Yama 7:46AM – 9:09AM Rahu 11:56AM – 1:20PM	<b>Pushya Until 7:26AM</b> Sadhya Until 10:23PM Visil Until 6:03AM Thu Navami* Until 6:01AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Blue Ashvina-Puratasi	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:30PM	Vasavasru 5:127 Phase 26 - 7 2nd Phase
	Creative Work	Siddha Yoga	643928574				<b>Subha Sivaloka Day</b>

2	<b>Thursday, October 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Subha Yoga Bava Karana Dashami/Ekadashtyam Tilau				Rome, Italy Sun 8 Sutra 185
	Kataka Rasi: 28.5	TITHI 25 – 26	<b>Gulika</b> 9:10AM – 10:33AM Yama 6:23AM – 7:47AM Rahu 1:19PM – 2:43PM	<b>Ashlesha* Until 7:59AM</b> Subha Until 9:38PM Bava Until 6:19PM Dashami Until 6:03AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Blue Ashvina-Puratasi	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:29PM	Vasavasru 5:127 Phase 26 - 8 2nd Phase
	Creative Work	Siddha Yoga	643928574				<b>Subha Sivaloka Day</b>
		Then Creative Work	Amrita Yoga				

3	<b>Friday, October 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Sukla Yoga Bhalava/Kaulava Karana Ekadashi/Dvadashtyam Tilau				Rome, Italy Sun 9 Sutra 186
	Simha Rasi: 11.32	TITHI 26 – 27	<b>Gulika</b> 7:47AM – 9:10AM Yama 2:42PM – 4:05PM Rahu 10:33AM – 11:56AM	<b>Magha* Until 9:25AM</b> Sukla Until 9:16PM Kaulava Until 7:12PM Ekadashi* Until 6:40AM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Red Ashvina-Alpasi	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 5:19PM	Vasavasru 5:127 Phase 26 - 9 2nd Phase
	Routine Work	Marana Yoga	653928574				<b>Sivaloka Day</b>
		Then Routine Work	Marana Yoga				

4	<b>Saturday, October 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashtyam Tilau				Rome, Italy Sun 10 Sutra 187
	Simha Rasi: 24	TITHI 27 – 28	<b>Gulika</b> 6:26AM – 7:48AM Yama 1:18PM – 2:41PM Rahu 9:11AM – 10:33AM	<b>Purvaphalguni Until 11:10AM</b> Brahma Until 9:17PM Gara Until 8:34PM Dvadashi* Until 7:49AM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Red Ashvina-Alpasi	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 5:16PM	Vasavasru 5:127 Phase 26 - 10 2nd Phase
	Creative Work	Siddha Yoga	653928574				<b>Sivaloka Day</b>
		Then Routine Work	Marana Yoga				
				<i>Pradosha Vata (Fasting)</i>			

5	<b>Sunday, October 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shruva Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Visil* Karana Trayodashi/Chaturdashtyam Tilau				Rome, Italy Sun 11 Sutra 188
	Kanya Rasi: 6.16	TITHI 28 – 29	<b>Gulika</b> 2:40PM – 4:02PM Yama 11:56AM – 1:18PM Rahu 4:02PM – 5:24PM	<b>Uttaraphalguni Until 1:10PM</b> Indra Until 9:35PM Visil Until 10:19PM Trayodashi* Until 9:23AM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Red Ashvina-Alpasi	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 5:14PM	Vasavasru 5:127 Phase 26 - 11 2nd Phase
	Creative Work	Amrita Yoga	653928574				<b>Sivaloka Day</b>
			<b>Deepavali Hindu Solidarity Day</b>				

●	<b>Monday, October 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhiti* Yoga Sakuni/Catuspada* Karana Chaturdashti/Amavasyayam Tilau				Rome, Italy Sun 12 Sutra 189
	<b>Retreat Star</b>		<b>Gulika</b> 1:17PM – 2:39PM Yama 10:34AM – 11:55AM Rahu 7:50AM – 9:12AM	<b>Hasla Until 3:48PM</b> Vaidhiti* Until 10:06PM Catuspada Until 12:22AM Tue Chaturdashti* Until 11:18AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Green Ashvina-Alpasi	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 5:13PM	Vasavasru 5:127 Phase 26 - 12 Amavasya
	Kanya Rasi: 18.24	TITHI 29 – 30	664928574				<b>Devaloka Day</b>
		<b>Family Home Evening</b>					
		Then Routine Work	Prabalarishtha Yoga				

	<b>Tuesday, October 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Tilau				Rome, Italy Sun 13 Sutra 190
	<b>Retreat Star</b>		<b>Gulika</b> 11:55AM – 1:17PM Yama 9:12AM – 10:34AM Rahu 2:38PM – 4:00PM	<b>Chitra Until 6:31PM</b> Vishkambha* Until 10:48PM Kintughna Until 2:39AM Wed Amavasya* Until 1:28PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon – Green Kartika-Alpasi	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 5:11PM	Vasavasru 5:127 Phase 26 - 13 Prathama
	Tula Rasi: 0.25	TITHI 30 – 1	664928574				<b>Devaloka Day</b>
		Creative Work	Siddha Yoga				
			<b>Subramuniyaswami Mahasamadhi Skanda Shasthi Begins</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 12/20/23

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<b>1</b>	<b>Wednesday, October 22, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Svati Nakshatra Priti Yoga Bava/Balava Karana Prathama/Duliyayam Titau				Rome, Italy Sun 14	Sutra 191 Vivasvasu 5:127
	Tula Rasi: 12.22	Tilthi 1 – 2	<b>Gulika</b> 10:34AM – 11:55AM Yama 7:51AM – 9:13AM 664938574 <b>Rahu</b> 11:55AM – 1:16PM	<b>Svati Until 9:14PM</b> Priti Until 11:38PM Balava Until 5:05AM Thu <b>Prathama* Until 3:50PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Green Kartika-Alpasi	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 5:20PM	Sun 14	Vivasvasu 5:127 Phase 27 – 14 3rd Phase
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>2</b>	<b>Thursday, October 23, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Ajayshman Yoga Kaulava Karana Dulliyayam Titau				Rome, Italy Sun 15	Sutra 192 Vivasvasu 5:127
	Tula Rasi: 24.14	Tilthi 2	<b>Gulika</b> 9:13AM – 10:34AM Yama 6:31AM – 7:52AM 674138574 <b>Rahu</b> 1:16PM – 2:37PM	<b>Vishakha Until 12:22AM Fri</b> Ajayshman Until 12:30AM Fri Kaulava Until 6:19PM <b>Dvitiya Until 6:19PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange Kartika-Alpasi	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 5:18PM	Sun 15	Vivasvasu 5:127 Phase 27 – 15 3rd Phase
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>3</b>	<b>Friday, October 24, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Talila/Gara Karana Triliyayam Titau				Rome, Italy Sun 16	Sutra 193 Vivasvasu 5:127
	Wischika Rasi: 6.06	Tilthi 3	<b>Gulika</b> 7:53AM – 9:14AM Yama 6:31AM – 7:52AM 674138574 <b>Rahu</b> 10:34AM – 11:55AM	<b>Anuradha Until 3:21AM Sat</b> Saubhagya Until 1:24AM Sat Talila Until 7:36AM <b>Tritiya Until 8:50PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange Kartika-Alpasi	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 5:17PM	Sun 16	Vivasvasu 5:127 Phase 27 – 16 3rd Phase
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>4</b>	<b>Saturday, October 25, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Vanija/Vesli* Karana Chalutrayam Titau				Rome, Italy Sun 17	Sutra 194 Vivasvasu 5:127
	Wischika Rasi: 17.58	Tilthi 4	<b>Gulika</b> 6:34AM – 7:54AM Yama 1:15PM – 2:35PM 674138574 <b>Rahu</b> 9:14AM – 10:34AM	<b>Jyeshtha* Until 6:05AM Sun</b> Sobhana Until 2:14AM Sun Vanija Until 10:06AM <b>Chalutri* Until 11:17PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange Kartika-Alpasi	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 5:16PM	Sun 17	Vivasvasu 5:127 Phase 27 – 17 3rd Phase
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>5</b>	<b>Sunday, October 26, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 18	Sutra 195 Vivasvasu 5:127
	Wischika Rasi: 29.52	Tilthi 5	<b>Gulika</b> 2:34PM – 3:54PM Yama 11:55AM – 1:16PM 674138574 <b>Rahu</b> 3:54PM – 5:14PM	<b>Jyeshtha* Until 6:05AM</b> Alhiganda* Until 2:54AM Mon Bava Until 12:29PM <b>Panchami Until 1:33AM Mon</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange Kartika-Alpasi	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 5:14PM	Sun 18	Vivasvasu 5:127 Phase 27 – 18 3rd Phase
	Routine Work	Marana Yoga					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>6</b>	<b>Monday, October 27, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukarma Yoga Kaulava/Talila Karana Shashmyam Titau				Rome, Italy Sun 19	Sutra 196 Vivasvasu 5:127
	Dhanus Rasi: 11.51	Tilthi 6	<b>Gulika</b> 1:14PM – 2:34PM Yama 10:35AM – 11:54AM 684138574 <b>Rahu</b> 7:56AM – 9:15AM	<b>Mula* Until 8:55AM</b> Sukarma Until 3:19AM Tue Kaulava Until 2:36PM <b>Shashthi* Until 3:29AM Tue</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue Kartika-Alpasi	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 5:13PM	Sun 19	Vivasvasu 5:127 Phase 27 – 19 3rd Phase
	Family Home Evening	Siddha Yoga					<b>Devaloka Day</b>	

<b>7</b>	<b>Tuesday, October 28, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 20	Sutra 197 Vivasvasu 5:127
	Dhanus Rasi: 23.59	Tilthi 7	<b>Gulika</b> 11:54AM – 1:14PM Yama 9:16AM – 10:35AM 684138574 <b>Rahu</b> 2:33PM – 3:52PM	<b>Purvashadha* Until 11:14AM</b> Dhriti Until 3:22AM Wed Gara Until 4:17PM <b>Saptami Until 4:54AM Wed</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue Kartika-Alpasi	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 5:11PM	Sun 20	Vivasvasu 5:127 Phase 27 – 20 3rd Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>	

<b>8</b>	<b>Wednesday, October 29, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vesli*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 21	Sutra 198 Vivasvasu 5:127
	Makara Rasi: 6.2	Tilthi 8	<b>Gulika</b> 10:35AM – 11:54AM Yama 7:57AM – 9:16AM 684138574 <b>Rahu</b> 11:54AM – 1:13PM	<b>Uttarashadha Until 12:51PM</b> Shula* Until 2:52AM Thu Vesli Until 5:24PM <b>Ashtami* Until 5:39AM Thu</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue Kartika-Alpasi	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:10PM	Sun 21	Vivasvasu 5:127 Phase 27 – 21 Ashtami
	Creative Work	Amrita Yoga					<b>Devaloka Day</b>	

<b>9</b>	<b>Thursday, October 30, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 22	Sutra 199 Vivasvasu 5:127
	Makara Rasi: 18.58	Tilthi 9	<b>Gulika</b> 9:17AM – 10:36AM Yama 6:40AM – 7:58AM 694138574 <b>Rahu</b> 1:13PM – 2:32PM	<b>Shravana Until 2:06PM</b> Ganda* Until 1:47AM Fri Balava Until 5:45PM <b>Navami* Until 5:37AM Fri</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Purple Kartika-Alpasi	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 5:09PM	Sun 22	Vivasvasu 5:127 Phase 27 – 22 Navami
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 12/20/23

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<b>1</b>	<b>Friday, October 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Sakra Vasara Yuktyayam Dhanishtha/Shatabhishak Nakshatra Vitlchi Yoga Talika/Gara Karana Dashanyam Titau				Rome, Italy Sun 23	Italy Sutra 200
	Kumbha Rasi: 2	Tithi 10	<b>Gulika</b> 7:59AM - 9:18AM <b>Yama</b> 2:31PM - 3:49PM <b>Rahu</b> 10:36AM - 11:54AM	<b>Dhanishtha Until 2:23PM</b> Viddhi Until 12:04AM Sat Taitila Until 5:18PM <b>Dashami Until 4:44AM Sat</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple Kartika-Alpasi	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 5:08PM	Moon 10 - Phase 2B - 23 4th Phase	Vasvasu 5127
Creative Work	Siddha Yoga	694138574						<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>2</b>	<b>Saturday, November 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Mantra Vasara Yuktyayam Shatabhishak/Puravroshthapada* Nakshatra Dhruva Yoga Vanjiva/Visli* Karana Ekadashyam Titau				Rome, Italy Sun 24	Italy Sutra 201
	Kumbha Rasi: 15.28	Tithi 11	<b>Gulika</b> 6:42AM - 8:00AM <b>Yama</b> 1:12PM - 2:30PM <b>Rahu</b> 9:18AM - 10:36AM	<b>Shatabhishak Until 1:42PM</b> Dhruva Until 9:39PM Vanija Until 4:00PM <b>Ekadashi Until 3:02AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple Kartika-Alpasi	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 5:09PM	Moon 10 - Phase 2B - 24 4th Phase	Vasvasu 5127
Creative Work	Amrita Yoga	694138574						<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Then Routine Work	Marana Yoga							

<b>3</b>	<b>Sunday, November 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Bhava Vasara Yuktyayam Puravroshthapada*/Utarproshthapada Nakshatra Vyagha* Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy Sun 25	Italy Sutra 202
	Kumbha Rasi: 29.26	Tithi 12	<b>Gulika</b> 2:30PM - 3:47PM <b>Yama</b> 11:54AM - 1:12PM <b>Rahu</b> 3:47PM - 5:05PM	<b>Puravroshthapada* Until 12:33PM</b> Vyaghala* Until 6:39PM Bava Until 1:55PM <b>Dvadashi Until 12:36AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear Kartika-Alpasi	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 5:09PM	Moon 10 - Phase 2B - 25 4th Phase	Vasvasu 5127
Creative Work	Siddha Yoga	615138574						<b>Devaloka Day</b>
Until 12:33PM								
Then Creative Work	Amrita Yoga							

<b>4</b>	<b>Monday, November 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Indu Vasara Yuktyayam Utarproshthapada/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taila Karana Trayodashyam Titau				Rome, Italy Sun 26	Italy Sutra 203
	Meena Rasi: 13.52	Tithi 13	<b>Gulika</b> 1:12PM - 2:29PM <b>Yama</b> 10:37AM - 11:54AM <b>Rahu</b> 8:02AM - 9:19AM	<b>Utarproshthapada Until 10:34AM</b> Harshana Until 3:08PM Kaulava Until 11:10AM <b>Trayodashi Until 9:34PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear Kartika-Alpasi	<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 5:09PM	Moon 10 - Phase 2B - 26 4th Phase	Vasvasu 5127
Creative Work	Siddha Yoga	615138574						<b>Devaloka Day</b>
Then Routine Work	Marana Yoga							

Pradosha Vata

<b>5</b>	<b>Tuesday, November 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Mangala Vasara Yuktyayam Revati/Ashini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sun 27	Italy Sutra 204
	Meena Rasi: 28.43	Tithi 14	<b>Gulika</b> 11:54AM - 1:11PM <b>Yama</b> 9:20AM - 10:37AM <b>Rahu</b> 2:28PM - 3:45PM	<b>Revati Until 7:55AM</b> Vajra* Until 11:11AM Gara Until 7:54AM <b>Chaturdashi* Until 6:06PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear Kartika-Alpasi	<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 5:09PM	Moon 10 - Phase 2B - 27 4th Phase	Vasvasu 5127
Creative Work	Siddha Yoga	615138574						<b>Devaloka Day</b>

<b>○</b>	<b>Wednesday, November 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakhe Budha Vasara Yuktyayam Bharani Nakshatra Siddhi/Vyalipata* Yoga Bava/Balava Karana Prathama/Prathamanyam Titau				Rome, Italy Sun 28	Italy Sutra 205
	Mesha Rasi: 13.51	Tithi 15 - 16	<b>Gulika</b> 10:37AM - 11:54AM <b>Yama</b> 8:04AM - 9:21AM <b>Rahu</b> 11:54AM - 1:11PM	<b>Bharani Until 2:06AM Thu</b> Siddhi Until 6:58AM Balava Until 12:26AM Thu <b>Purnima* Until 2:21PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White Kartika-Alpasi	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 5:09PM	Moon 10 - Phase 2B - Purnima	Vasvasu 5127
Creative Work	Siddha Yoga	625138574						<b>Sivaloka Day</b>
Until 2:06AM Thu								
Then Routine Work	Marana Yoga							

<b>○</b>	<b>Thursday, November 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakhe: Guru Vasara Yuktyayam Kritika Nakshatra Varjyan Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau				Rome, Italy Sun 29	Italy Sutra 206
	Mesha Rasi: 29.08	Tithi 16 - 17	<b>Gulika</b> 9:21AM - 10:38AM <b>Yama</b> 6:48AM - 8:05AM <b>Rahu</b> 1:11PM - 2:27PM	<b>Kritika Until 10:55PM</b> Varjyan Until 10:15PM Tailika Until 8:35PM <b>Prathama* Until 10:29AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White Kartika-Alpasi	<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 5:09PM	Moon 10 - Phase 2B - Prathama	Vasvasu 5127
Routine Work	Marana Yoga	625138574						<b>Sivaloka Day</b>

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Rohini Nakshatra Parigha\* Yoga Gara/Visi\* Karana Dvitiya/Tritiyayam Titau

Rome, Italy  
Sutra 207

Wishabha Rasi: 14.24 Tithi 17 - 18

Gulika  
Yama  
Rahu8:04AM - 9:22AM  
2:27PM - 3:43PM  
10:38AM - 11:54AMRohini Until 8:09PM  
Parigha\* Until 6:02PM  
Visiti Until 3:10AM SatGanesha: Purple  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:49AM  
Sunset: 4:59PM  
Moon 11 - Phase 29 - 1Routine Work Marana Yoga  
Until 8:09PM  
Then Creative Work - Siddha Yoga**Sivaloka Day****1****Saturday, November 8, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Marita Vasara Yuktayam Migashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthyam Titau

Rome, Italy  
Sutra 208

Wishabha Rasi: 29.28 Tithi 19

Gulika  
Yama  
Rahu6:51AM - 8:06AM  
1:10PM - 2:26PM  
9:22AM - 10:38AMMigashira Until 5:38PM  
Shiva Until 2:07PM  
Bava Until 1:33PMGanesha: Purple  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:51AM  
Sunset: 4:58PM  
Moon 11 - Phase 29 - 2

Creative Work Siddha Yoga

**Sivaloka Day****2****Sunday, November 9, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Kaulava/Tailia Karana Panchamyam Titau

Rome, Italy  
Sutra 209

Mihuna Rasi: 14.11 Tithi 20

Gulika  
Yama  
Rahu2:26PM - 3:41PM  
11:54AM - 1:10PM  
3:41PM - 4:57PMArdra Until 3:30PM  
Siddha Until 10:35AM  
Kaulava Until 10:42AMGanesha: Purple  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:52AM  
Sunset: 4:57PM  
Moon 11 - Phase 29 - 3

Creative Work Siddha Yoga

**Sivaloka Day****3****Monday, November 10, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy  
Sutra 210

Mihuna Rasi: 28.29 Tithi 21

Gulika  
Yama  
Rahu1:10PM - 2:25PM  
10:39AM - 11:54AM  
8:08AM - 9:24AMPunarvasu Until 2:18PM  
Sadhya Until 7:35AM  
Gara Until 8:29AMGanesha: Clear  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:53AM  
Sunset: 4:56PM  
Moon 11 - Phase 29 - 4Creative Work Amrita Yoga  
Until 2:18PM  
Then Creative Work - Siddha Yoga**Devaloka Day****4****Tuesday, November 11, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mangala Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Sukla Yoga Visi\* Bava Karana Saptamyam Titau

Rome, Italy  
Sutra 211

Kataka Rasi: 12.18 Tithi 22

Gulika  
Yama  
Rahu11:55AM - 1:10PM  
9:24AM - 10:39AM  
2:25PM - 3:40PMPushya Until 1:45PM  
Sukla Until 3:27AM Wed  
Visiti Until 7:02AMGanesha: White  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:54AM  
Sunset: 4:55PM  
Moon 11 - Phase 29 - 5

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

**D****Wednesday, November 12, 2025****Retreat Star**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktayam Brahma/Magha\* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy  
Sutra 212

Kataka Rasi: 25.38 Tithi 23

Gulika  
Yama  
Rahu10:40AM - 11:55AM  
8:10AM - 9:25AM  
11:55AM - 1:10PMAshlesha\* Until 1:51PM  
Brahma Until 2:22AM Thu  
Balava Until 6:25AMGanesha: White  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:55AM  
Sunset: 4:54PM  
Moon 11 - Phase 29 - 6

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

**Thursday, November 13, 2025****Retreat Star**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Guru Vasara Yuktayam Magha\*Purvaphalguni Nakshatra Indra Yoga Tailia/Gara Karana Navamyam Titau

Rome, Italy  
Sutra 213

Simha Rasi: 8.33 Tithi 24

Gulika  
Yama  
Rahu9:26AM - 10:40AM  
6:57AM - 8:11AM  
1:09PM - 2:24PMMagha\* Until 3:03PM  
Indra Until 1:53AM Fri  
Tailia Until 6:37AMGanesha: Yellow  
Muruga: Yellow  
Nataraja: ClearSunrise: 6:57AM  
Sunset: 4:53PM  
Moon 11 - Phase 29 - 7Creative Work Amrita Yoga  
Until 3:03PM  
Then Creative Work - Siddha Yoga**Devaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1

Friday, November 14, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sasra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Titau				Rome, Italy Sun 8 Sutra 214 Vasvasu 5127
Simha Rasi: 21.07	Tithi 25	<b>Gulika</b> 8:12AM - 9:26AM	<b>Purvaphalguni</b> Untill 4:47PM	<b>Ganesha:</b> Yellow	Sunrise: 6:58AM	
		<b>Yama</b> 2:24PM - 3:38PM	Vaidhri* Untill 1:52AM Sat	<b>Muruga:</b> Yellow	Sunset: 4:59PM	Moon 11 - Phase 30 - 8
Creative Work	Siddha Yoga	756138574 <b>Rahu</b> 10:41AM - 11:55AM	Vanija Untill 7:35AM	<b>Nataraja:</b> Clear		2nd Phase
		<b>Dashami</b> Untill 8:17PM		<b>Moon - Red</b>		<b>Devaloka Day</b>
				<b>Kartika-Alpasi</b>		

2

Saturday, November 15, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Marita Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy Sun 9 Sutra 215 Vasvasu 5127
Kanya Rasi: 3.23	Tithi 26	<b>Gulika</b> 6:59AM - 8:13AM	<b>Uttaraphalguni</b> Untill 6:53PM	<b>Ganesha:</b> Yellow	Sunrise: 6:59AM	
		<b>Yama</b> 1:09PM - 2:23PM	Vishkambha* Untill 2:15AM Sun	<b>Muruga:</b> Yellow	Sunset: 4:51PM	Moon 11 - Phase 30 - 9
Routine Work	Marana Yoga	756138574 <b>Rahu</b> 9:27AM - 10:41AM	Bava Untill 9:10AM	<b>Nataraja:</b> Clear		2nd Phase
		<b>Ekadashi*</b> Untill 10:08PM		<b>Moon - Red</b>		<b>Devaloka Day</b>
				<b>Kartika-Alpasi</b>		

3

Sunday, November 16, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam				Rome, Italy Sun 10 Sutra 216 Vasvasu 5127
Kanya Rasi: 15.29	Tithi 27	<b>Gulika</b> 2:23PM - 3:37PM	<b>Hasla</b> Untill 9:42PM	<b>Ganesha:</b> Yellow	Sunrise: 7:00AM	
		<b>Yama</b> 11:55AM - 1:09PM	Priti Untill 2:54AM Mon	<b>Muruga:</b> Yellow	Sunset: 4:50PM	Moon 11 - Phase 30 - 10
Creative Work	Amrita Yoga	766238574 <b>Rahu</b> 3:37PM - 4:50PM	Kaulava Untill 11:13AM	<b>Nataraja:</b> Clear		2nd Phase
Untill 9:42PM		<b>Dvadashi*</b> Untill 12:20AM Mon		<b>Moon - Green</b>		<b>Devaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Kartika-Karttikai</b>		

4

Monday, November 17, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam				Rome, Italy Sun 11 Sutra 217 Vasvasu 5127
Kanya Rasi: 27.27	Tithi 28	<b>Gulika</b> 1:09PM - 2:23PM	<b>Chitra</b> Untill 12:34AM Tue	<b>Ganesha:</b> Yellow	Sunrise: 7:01AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:42AM - 11:56AM	Ayushman Untill 3:40AM Tue	<b>Muruga:</b> Yellow	Sunset: 4:50PM	Moon 11 - Phase 30 - 11
Routine Work	Prabalarishta Yoga	766238575 <b>Rahu</b> 8:15AM - 9:28AM	Gara Untill 1:33PM	<b>Nataraja:</b> Purple		2nd Phase
Untill 12:34AM Tue		<b>Trayodashi*</b> Untill 12:46AM Tue		<b>Moon - Green</b>		<b>Sivaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Kartika-Karttikai</b>		
		<i>Pradosha Vrata (Fasting)</i>				

5

Tuesday, November 18, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam				Rome, Italy Sun 12 Sutra 218 Vasvasu 5127
Tula Rasi: 9.21	Tithi 29	<b>Gulika</b> 11:56AM - 1:09PM	<b>Svali</b> Untill 3:21AM Wed	<b>Ganesha:</b> Blue	Sunrise: 7:03AM	
		<b>Yama</b> 9:29AM - 10:42AM	Saubhagya Untill 4:31AM Wed	<b>Muruga:</b> Yellow	Sunset: 4:49PM	Moon 11 - Phase 30 - 12
Creative Work	Siddha Yoga	767238575 <b>Rahu</b> 2:22PM - 3:36PM	Visi Untill 4:02PM	<b>Nataraja:</b> Purple		2nd Phase
		<b>Chaturdashi*</b> Untill 5:17AM Wed		<b>Moon - Green</b>		<b>Devaloka Day</b>
				<b>Kartika-Karttikai</b>		

●

Wednesday, November 19, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktayam				Rome, Italy Sun 13 Sutra 219 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 10:43AM - 11:56AM	<b>Vishakha</b> Untill 6:29AM Thu	<b>Ganesha:</b> Blue	Sunrise: 7:04AM	
Tula Rasi: 21.13	Tithi 30	<b>Yama</b> 8:17AM - 9:30AM	Sobhana Untill 5:24AM Thu	<b>Muruga:</b> Yellow	Sunset: 4:48PM	Moon 11 - Phase 30 - 13
Creative Work	Siddha Yoga	777238575 <b>Rahu</b> 11:56AM - 1:09PM	Caluspada Untill 6:34PM	<b>Nataraja:</b> Purple		Amavasya
		<b>Amavasya*</b> Untill 7:48AM Thu		<b>Moon - Orange</b>		<b>Devaloka Day</b>
				<b>Kartika-Karttikai</b>		

Thursday, November 20, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Guru Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Karana Amavasya/Prathamayam Titau				Rome, Italy Sun 14 Sutra 220 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 9:31AM - 10:43AM	<b>Vishakha</b> Untill 6:29AM	<b>Ganesha:</b> Blue	Sunrise: 7:05AM	
Vishchika Rasi: 3.05	Tithi 30 - 1	<b>Yama</b> 7:05AM - 8:18AM	Alhiganda* Untill 6:12AM Fri	<b>Muruga:</b> Yellow	Sunset: 4:47PM	Moon 11 - Phase 30 - 14
Creative Work	Siddha Yoga	777238575 <b>Rahu</b> 1:09PM - 2:22PM	Kintughna Untill 9:05PM	<b>Nataraja:</b> Purple		Prathama
		<b>Amavasya*</b> Untill 7:48AM		<b>Moon - Orange</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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<b>1 Friday, November 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Sukra Vesara Yuktayam Anuradha/Jyestha <sup>1</sup> Nakshatra Abhiganda <sup>2</sup> /Sukama Yoga Bava/Balava Karana Prathama/Dvijayam Titau				Rome, Italy Sun 15 Sutra 221
Wischika Rasi: 14.58	Tithi 1 – 2	<b>Gulika</b> 8:19AM – 9:31AM	<b>Anuradha Until</b> 9:24AM	<b>Ganesh:</b> Blue	Sunrise: 7:06AM	Vasavasau 5:17
		<b>Yama</b> 2:22PM – 3:34PM	<b>Abhiganda<sup>2</sup> Until</b> 6:12AM	<b>Muruga:</b> Yellow	Sunset: 4:47PM	Phase 11 - Phase 31 - 15
Creative Work	Siddha Yoga	<b>Rahu</b> 10:44AM – 11:56AM	<b>Balava Until</b> 11:30PM	<b>Nataraja:</b> Purple		3rd Phase
Until 9:24AM			<b>Prathama<sup>1</sup> Until</b> 10:17AM	<b>Moon - Orange</b>		
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>

<b>2 Saturday, November 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Manta Vesara Yuktayam Jyestha <sup>1</sup> /Mula <sup>2</sup> Nakshatra Sukama/Uhril <sup>3</sup> Yoga Kaulava/Taila Karana Dvija/Trityayam Titau				Rome, Italy Sun 16 Sutra 222
Wischika Rasi: 26.53	Tithi 2 – 3	<b>Gulika</b> 7:07AM – 8:20AM	<b>Jyestha<sup>1</sup> Until</b> 12:04PM	<b>Ganesh:</b> Blue	Sunrise: 7:07AM	Vasavasau 5:17
		<b>Yama</b> 1:09PM – 2:21PM	<b>Sukarma Until</b> 6:57AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 16
Creative Work	Siddha Yoga	<b>Rahu</b> 9:32AM – 10:44AM	<b>Taila Until</b> 1:49AM Sun	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya Until</b> 12:39PM	<b>Moon - Orange</b>		
				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>

<b>3 Sunday, November 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Bharu Vesara Yuktayam Mula <sup>2</sup> /Purvashada <sup>3</sup> Nakshatra Dhruva/Shula <sup>4</sup> Yoga Gara/Vanija Karana Tithya/Chaturthayam Titau				Rome, Italy Sun 17 Sutra 223
Dhanus Rasi: 8.52	Tithi 3 – 4	<b>Gulika</b> 2:21PM – 3:33PM	<b>Mula<sup>2</sup> Until</b> 2:55PM	<b>Ganesh:</b> Blue	Sunrise: 7:09AM	Vasavasau 5:17
		<b>Yama</b> 11:57AM – 1:09PM	<b>Dhruva Until</b> 7:36AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 17
Creative Work	Amrita Yoga	<b>Rahu</b> 3:33PM – 4:45PM	<b>Vanija Until</b> 3:55AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Until 2:55PM			<b>Tritiya Until</b> 2:52PM	<b>Moon - Light Blue</b>		
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>

<b>4 Monday, November 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Indu Vesara Yuktayam Uttarashada <sup>3</sup> /Uttarashada Nakshatra Shula <sup>4</sup> /Ganda <sup>5</sup> Yoga Vasi <sup>6</sup> /Bava Karana Chaturthi/Panchmayam Titau				Rome, Italy Sun 18 Sutra 224
Dhanus Rasi: 20.55	Tithi 4 – 5	<b>Gulika</b> 1:09PM – 2:21PM	<b>Purvashada<sup>3</sup> Until</b> 5:21PM	<b>Ganesh:</b> Blue	Sunrise: 7:10AM	Vasavasau 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:45AM – 11:57AM	<b>Shula<sup>4</sup> Until</b> 8:04AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 18
Routine Work	Marana Yoga	<b>Rahu</b> 8:22AM – 9:33AM	<b>Bava Until</b> 5:44AM Tue	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi<sup>1</sup> Until</b> 4:51PM	<b>Moon - Light Blue</b>		
				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>

<b>5 Tuesday, November 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Mangala Vesara Yuktayam Purvashada <sup>3</sup> /Uttarashada Nakshatra Ganda <sup>5</sup> /Viddhi <sup>6</sup> Yoga Balava Karana Panchmayam Titau				Rome, Italy Sun 19 Sutra 225
Makara Rasi: 3.05	Tithi 5	<b>Gulika</b> 11:58AM – 1:09PM	<b>Uttarashada Until</b> 7:18PM	<b>Ganesh:</b> Red	Sunrise: 7:11AM	Vasavasau 5:17
		<b>Yama</b> 9:34AM – 10:46AM	<b>Ganda<sup>5</sup> Until</b> 8:19AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 19
Routine Work	Prabalarishtha Yoga	<b>Rahu</b> 2:21PM – 3:33PM	<b>Balava Until</b> 6:28PM	<b>Nataraja:</b> Purple		3rd Phase
Until 7:18PM			<b>Panchami Until</b> 6:28PM	<b>Moon - Light Blue</b>		
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>

<b>6 Wednesday, November 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Butha Vesara Yuktayam Shravana Nakshatra Dhruva/Vyaghala <sup>7</sup> Yoga Gara/Vanija Karana Saptmayam Titau				Rome, Italy Sun 20 Sutra 226
Makara Rasi: 15.26	Tithi 6	<b>Gulika</b> 10:46AM – 11:58AM	<b>Shravana Until</b> 9:05PM	<b>Ganesh:</b> Blue	Sunrise: 7:12AM	Vasavasau 5:17
		<b>Yama</b> 8:23AM – 9:35AM	<b>Viddhi Until</b> 8:14AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 20
Creative Work	Siddha Yoga	<b>Rahu</b> 11:58AM – 1:09PM	<b>Kaulava Until</b> 7:07AM	<b>Nataraja:</b> Purple		3rd Phase
Until 9:05PM			<b>Shashthi<sup>1</sup> Until</b> 7:35PM	<b>Moon - Purple</b>		
Then Routine Work - Prabalarishtha Yoga				<b>Margasira-Karttikai</b>		<b>Subha Sivaloka Day</b>

<b>Thursday, November 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Guru Vesara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghala <sup>7</sup> Yoga Gara/Vanija Karana Saptmayam Titau				Rome, Italy Sun 21 Sutra 227
<b>Retreat Star</b>		<b>Gulika</b> 9:36AM – 10:47AM	<b>Dhanishtha Until</b> 10:05PM	<b>Ganesh:</b> Blue	Sunrise: 7:13AM	Vasavasau 5:17
Makara Rasi: 28.02	Tithi 7	<b>Yama</b> 7:13AM – 8:24AM	<b>Dhruva Until</b> 7:41AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 21
Creative Work	Siddha Yoga	<b>Rahu</b> 1:09PM – 2:21PM	<b>Gara Until</b> 7:56AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami Until</b> 8:05PM	<b>Moon - Purple</b>		
				<b>Margasira-Karttikai</b>		<b>Subha Sivaloka Day</b>

<b>Friday, November 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Sukra Vesara Yuktayam Shatabhishak Nakshatra Vyaghala <sup>7</sup> /Harshana Yoga Vasi <sup>6</sup> /Bava Karana Ashtmayam Titau				Rome, Italy Sun 22 Sutra 228
<b>Retreat Star</b>		<b>Gulika</b> 8:25AM – 9:36AM	<b>Shatabhishak Until</b> 10:13PM	<b>Ganesh:</b> Blue	Sunrise: 7:14AM	Vasavasau 5:17
Kumbha Rasi: 10.57	Tithi 8	<b>Yama</b> 2:21PM – 3:32PM	<b>Vyaghala<sup>7</sup> Until</b> 6:38AM	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 22
Creative Work	Siddha Yoga	<b>Rahu</b> 10:47AM – 11:59AM	<b>Vasi Until</b> 8:04AM	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashlami<sup>1</sup> Until</b> 7:49PM	<b>Moon - Purple</b>		
				<b>Margasira-Karttikai</b>		<b>Subha Sivaloka Day</b>

<b>Saturday, November 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Pakhe Manta Vesara Yuktayam Purvaprosarthpada <sup>8</sup> Nakshatra Vajra <sup>9</sup> Yoga Balava/Kaulava Karana Navamayam Titau				Rome, Italy Sun 23 Sutra 229
<b>Retreat Star</b>		<b>Gulika</b> 7:15AM – 8:26AM	<b>Purvaprosarthpada<sup>8</sup> Until</b> 9:53PM	<b>Ganesh:</b> Purple	Sunrise: 7:15AM	Vasavasau 5:17
Kumbha Rasi: 24.16	Tithi 9	<b>Yama</b> 1:10PM – 2:21PM	<b>Vajra<sup>9</sup> Until</b> 2:42AM Sun	<b>Muruga:</b> Yellow	Sunset: 4:46PM	Phase 11 - Phase 31 - 23
Routine Work	Marana Yoga	<b>Rahu</b> 9:37AM – 10:48AM	<b>Balava Until</b> 7:25AM	<b>Nataraja:</b> Purple		Navami
Until 9:53PM			<b>Navami<sup>1</sup> Until</b> 6:47PM	<b>Moon - Clear</b>		
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		<b>Subha Sivaloka Day</b>

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

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<b>1 Sunday, November 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksho Bhanu Vasara Yukatayam Uttaraprosrhnapada Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Rome, Italy Sun 24
Mesha Rasi: 8.02	Tithi 10 – 11	<b>Gulika</b> 2:21PM – 3:31PM	<b>Uttaraprosrhnapada</b> Until 8:39PM	<b>Ganesh:</b> Purple	Sunset: 7:16AM	Vasavasau 5:17
		<b>Yama</b> 11:59AM – 1:10PM	<b>Siddhi</b> Until 11:49PM	<b>Muruga:</b> Yellow	Sunset: 4:42PM	Moon 11 - Phase 32 - 24
Creative Work	Amrita Yoga	<b>Rahu</b> 3:31PM – 4:42PM	<b>Vanija</b> Until 3:49AM Mon	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 4:58PM	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>2 Monday, December 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksho Indu Vesara Yukatayam Revati Nakshatra Vyalipala* Yoga Visi*/Bava Karana Ekadashtni/Dvadashtyam Titau				Rome, Italy Sun 25
Mesha Rasi: 22.15	Tithi 11 – 12	<b>Gulika</b> 1:10PM – 2:21PM	<b>Revati</b> Until 6:36PM	<b>Ganesh:</b> Clear	Sunset: 7:17AM	Vasavasau 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:49AM – 12:00PM	<b>Vyalipala*</b> Until 8:25PM	<b>Muruga:</b> Yellow	Sunset: 4:42PM	Moon 11 - Phase 32 - 25
Creative Work	Siddha Yoga	<b>Rahu</b> 8:28AM – 9:39AM	<b>Bava</b> Until 1:00AM Tue	<b>Nataraja:</b> Purple		4th Phase
		<b>Gita Jayanthi</b>	<b>Ekadashi</b> Until 2:28PM	<b>Moon – Clear</b>		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>3 Tuesday, December 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksho Margala Vesara Yukatayam Ashvini/Bharani Nakshatra Varieris/Parigat* Yoga Balava/Kaulava Karana Dvadashtni/Trayodeshtyam Titau				Rome, Italy Sun 26
Mesha Rasi: 6.55	Tithi 12 – 13	<b>Gulika</b> 12:00PM – 1:10PM	<b>Ashvini</b> Until 4:17PM	<b>Ganesh:</b> White	Sunset: 7:18AM	Vasavasau 5:17
		<b>Yama</b> 9:39AM – 10:50AM	<b>Varayan</b> Until 4:34PM	<b>Muruga:</b> Yellow	Sunset: 4:42PM	Moon 11 - Phase 32 - 26
Creative Work	Siddha Yoga	<b>Rahu</b> 2:21PM – 3:31PM	<b>Kaulava</b> Until 9:42PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashtni</b> Until 11:23AM	<b>Moon – White</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

*Pradosha Vata*

<b>4 Wednesday, December 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksho Budha Vesara Yukatayam Bharani/Kritika Nakshatra Parigat*/Shiva Yoga Talila/Gara Karana Trayodashni/Chaturdashyam Titau				Rome, Italy Sun 27
Mesha Rasi: 21.56	Tithi 13 – 14	<b>Gulika</b> 10:50AM – 12:00PM	<b>Bharani</b> Until 1:27PM	<b>Ganesh:</b> White	Sunset: 7:19AM	Vasavasau 5:17
		<b>Yama</b> 8:30AM – 9:40AM	<b>Parigat*</b> Until 12:24PM	<b>Muruga:</b> Yellow	Sunset: 4:41PM	Moon 11 - Phase 32 - 27
Creative Work	Siddha Yoga	<b>Rahu</b> 12:00PM – 1:11PM	<b>Gara</b> Until 6:02PM	<b>Nataraja:</b> Purple		4th Phase
Until 1:27PM		<b>Kritika Deepam</b>	<b>Trayodashni</b> Until 7:53AM	<b>Moon – White</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Margasira-Karttikai</b>		

<b>Thursday, December 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksho Guru Vesara Yukatayam Kritika/Rohini Nakshatra Shiva/Siddha Yoga Visi*/Bava Karana Purnimayam Titau				Rome, Italy Sun 28
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:41AM – 10:51AM	<b>Kritika</b> Until 10:16AM	<b>Ganesh:</b> White	Sunset: 7:20AM	Vasavasau 5:17
Wishabha Rasi: 7.11	Tithi 15	<b>Yama</b> 7:20AM – 8:31AM	<b>Shiva</b> Until 8:04AM	<b>Muruga:</b> Yellow	Sunset: 4:41PM	Moon 11 - Phase 32 - 28
Routine Work	Marana Yoga	<b>Rahu</b> 1:11PM – 2:21PM	<b>Visi</b> Until 2:13PM	<b>Nataraja:</b> Purple		Purnima
			<b>Purnima*</b> Until 12:16AM Fri	<b>Moon – White</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>Friday, December 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Krishna Paksho Sukra Vesara Yukatayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathmayam Titau				Rome, Italy Sun 29
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:31AM – 9:41AM	<b>Rohini</b> Until 7:19AM	<b>Ganesh:</b> Yellow	Sunset: 7:21AM	Vasavasau 5:17
Wishabha Rasi: 22.29	Tithi 16	<b>Yama</b> 2:21PM – 3:31PM	<b>Sadya</b> Until 11:22PM	<b>Muruga:</b> Yellow	Sunset: 4:41PM	Moon 11 - Phase 32 - 29
Routine Work	Marana Yoga	<b>Rahu</b> 10:51AM – 12:01PM	<b>Balava</b> Until 10:23AM	<b>Nataraja:</b> Purple		Prathama
Until 7:19AM			<b>Prathama*</b> Until 8:31PM	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>		<b>Margasira-Karttikai</b>		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Mania Vasara Yuktyam  
Andra Nakshatra Subha Yoga Talika/Venja Karaana Dvitya/Tritiyam TilauRome, Italy  
Sun 1  
Subra 236  
Vasavasu 5127

Mithuna Rasi: 7.4	TITHI 17 - 18	<b>Gulika</b> 7:22AM - 8:32AM	<b>Andra Until 1:41AM Sun</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 7:22AM		
		<b>Yama</b> 1:11PM - 2:21PM	<b>Subha Until 7:21PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 1	1st Phase
		<b>Rahu</b> 9:42AM - 10:52AM	<b>Tailika Until 6:45AM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	739238575	<b>Dvitiya Until 5:03PM</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

**1****Sunday, December 7, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Bhamu Vasara Yuktyam  
Punarvasu Nakshatra Sukla/Brahma Yoga Visi/Bava Karana Tritiya/Chaturtham TilauRome, Italy  
Sun 2  
Subra 237  
Vasavasu 5127

Mithuna Rasi: 22.34	TITHI 18 - 19	<b>Gulika</b> 2:21PM - 3:31PM	<b>Punarvasu Until 11:46PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:22AM		
		<b>Yama</b> 12:02PM - 1:12PM	<b>Sukla Until 3:41PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 2	1st Phase
		<b>Rahu</b> 3:31PM - 4:41PM	<b>Bava Until 12:45AM Mon</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	749238575	<b>Tritiya Until 2:01PM</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

**2****Monday, December 8, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Indu Vasara Yuktyam  
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamam TilauRome, Italy  
Sun 3  
Subra 238  
Vasavasu 5127

Kalkata Rasi: 7.02	TITHI 19 - 20	<b>Gulika</b> 1:12PM - 2:22PM	<b>Pushya Until 10:24PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:24AM		
<b>Family Home Evening</b>		<b>Yama</b> 10:53AM - 12:03PM	<b>Brahma Until 12:33PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 3	1st Phase
		<b>Rahu</b> 8:34AM - 9:43AM	<b>Kaulava Until 10:43PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	749238575	<b>Chaturthi Until 11:37AM</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

**3****Tuesday, December 9, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Mangala Vasara Yuktyam  
Ashlesha Nakshatra Indra/Vaidhiti Yoga Talika/Gara Karana Panchami/Shashtham TilauRome, Italy  
Sun 4  
Subra 239  
Vasavasu 5127

Kalkata Rasi: 21.02	TITHI 20 - 21	<b>Gulika</b> 12:03PM - 1:12PM	<b>Ashlesha Until 9:42PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 7:25AM		
		<b>Yama</b> 9:44AM - 10:54AM	<b>Indra Until 10:03AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 4	1st Phase
		<b>Rahu</b> 2:22PM - 3:31PM	<b>Gara Until 9:32PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	741238575	<b>Panchami Until 10:00AM</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

**4****Wednesday, December 10, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Budha Vasara Yuktyam  
Magha Nakshatra Vaidhiti/Vishkambha Yoga Vanja/Visi Karana Shashthi/Saptamam TilauRome, Italy  
Sun 5  
Subra 240  
Vasavasu 5127

Simha Rasi: 4.31	TITHI 21 - 22	<b>Gulika</b> 10:54AM - 12:03PM	<b>Magha Until 10:10PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:26AM		
		<b>Yama</b> 8:35AM - 9:45AM	<b>Vaidhiti Until 8:12AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 5	1st Phase
		<b>Rahu</b> 12:03PM - 1:13PM	<b>Visi Until 9:14PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	751238575	<b>Shashthi Until 9:15AM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>	
Until 10:10PM				<b>Margasira-Karttikai</b>			
Then Creative Work - Amrita Yoga							

**D****Thursday, December 11, 2025****Retreat Star**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Guru Vasara Yuktyam  
Purvaphalguni Nakshatra Vishkambha/Prithi Yoga Bava/Balava Karana Saptami/Ashtamam TilauRome, Italy  
Sun 6  
Subra 241  
Vasavasu 5127

Simha Rasi: 17.31	TITHI 22 - 23	<b>Gulika</b> 9:45AM - 10:55AM	<b>Purvaphalguni Until 11:22PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:27AM		
		<b>Yama</b> 7:27AM - 8:36AM	<b>Vishkambha Until 7:05AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 6	Ashtami
		<b>Rahu</b> 1:13PM - 2:22PM	<b>Balava Until 9:50PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	751338575	<b>Saptami Until 9:24AM</b>	<b>Moon - Red</b>		<b>Subha Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

**Friday, December 12, 2025****Retreat Star**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksho Sulea Vasara Yuktyam  
Uttaraphalguni Nakshatra Prithi/Ajyothman Yoga Kaulava/Tailika Karana Ashtami/Navamam TilauRome, Italy  
Sun 7  
Subra 242  
Vasavasu 5127

Kanya Rasi: 0.06	TITHI 23 - 24	<b>Gulika</b> 8:37AM - 9:46AM	<b>Uttaraphalguni Until 1:08AM Sat</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:28AM		
		<b>Yama</b> 2:23PM - 3:32PM	<b>Prithi Until 6:39AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:41PM	Moon 12 - Phase 33 - 7	Navami
		<b>Rahu</b> 10:55AM - 12:04PM	<b>Tailika Until 11:13PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga	751338575	<b>Ashtami Until 10:25AM</b>	<b>Moon - Red</b>		<b>Subha Sivaloka Day</b>	
Until 1:08AM Sat				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1 Saturday, December 13, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Manta Vesara Yuktayam Hashta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Rome, Italy Sun 8	Italy Sutra 243
Kanya Rasi: 12.22	Tithi 24 – 25	<b>Gulika</b> 7:29AM – 8:38AM	<b>Hasla Until 3:49AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 4:41PM	Vasaxasu 5127	Moon 12 - Phase 34 - 12 2nd Phase
Routine Work Marana Yoga Then Creative Work - Siddha Yoga		761138575	<b>Rahu</b> 9:47AM – 10:56AM	<b>Ayushman Until 6:44AM</b> <b>Vanija Until 1:14AM Sun</b> <b>Navami* Until 12:08PM</b>			<b>Sivaloka Day</b>
<b>2 Sunday, December 14, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Visi* (Bava Karana Dashami/Ekadasmyam Titau)				Rome, Italy Sun 9	Italy Sutra 244
Kanya Rasi: 24.25	Tithi 25 – 26	<b>Gulika</b> 2:23PM – 3:32PM	<b>Chitra Until 6:40AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 4:41PM	Vasaxasu 5127	Moon 12 - Phase 34 - 9 2nd Phase
Creative Work Siddha Yoga Until 6:40AM Mon Then Creative Work - Amrita Yoga		761138575	<b>Rahu</b> 3:32PM – 4:41PM	<b>Saubhagya Until 7:15AM</b> <b>Bava Until 3:38AM Mon</b> <b>Dashami Until 2:23PM</b>			<b>Sivaloka Day</b>
<b>3 Monday, December 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Meksha Ritau Dhanus Mase Krishna Paksho Indu Vesara Yuktayam Sival/Sivalokha Nakshatra Abhiganda* Yoga Balava/Kaulana Karana Ekadashi/Dwadashmyam Titau				Rome, Italy Sun 10	Italy Sutra 245
Tula Rasi: 6.19	Tithi 26 – 27	<b>Gulika</b> 1:15PM – 2:24PM	<b>Chitra Until 6:40AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 4:42PM	Vasaxasu 5127	Moon 12 - Phase 34 - 10 2nd Phase
<b>Family Home Evening</b> Routine Work Prabalarishta Yoga Until 6:40AM Then Creative Work - Amrita Yoga		761138575	<b>Rahu</b> 8:39AM – 9:48AM	<b>Sobhana Until 8:02AM</b> <b>Kaulava Until 6:13AM Tue</b> <b>Ekadashi* Until 4:54PM</b>			<b>Sivaloka Day</b>
<b>4 Tuesday, December 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Meksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam Sival/Vishokha Nakshatra Abhiganda* Sukama Yoga Kaulava/Tilla Karana Dvadashmyam Titau				Rome, Italy Sun 11	Italy Sutra 246
Tula Rasi: 18.1	Tithi 27	<b>Gulika</b> 12:06PM – 1:15PM	<b>Svali Until 9:31AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:31AM <b>Sunset:</b> 4:42PM	Vasaxasu 5127	Moon 12 - Phase 34 - 11 2nd Phase
Creative Work Siddha Yoga Until 9:31AM Then Routine Work - Marana Yoga		861138575	<b>Rahu</b> 2:24PM – 3:33PM	<b>Alhiganda* Until 8:54AM</b> <b>Kaulava Until 6:13AM</b> <b>Dwadashi* Until 7:30PM</b>			<b>Subha Sivaloka Day</b>
<b>5 Wednesday, December 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Meksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam Vishakha/Anuradha Nakshatra Sukama/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau				Rome, Italy Sun 12	Italy Sutra 247
Wischika Rasi: 0.01	Tithi 28	<b>Gulika</b> 10:58AM – 12:07PM	<b>Vishakha Until 12:42PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:31AM <b>Sunset:</b> 4:42PM	Vasaxasu 5127	Moon 12 - Phase 34 - 12 2nd Phase
Creative Work Siddha Yoga		871138575	<b>Rahu</b> 12:07PM – 1:16PM	<b>Sukarma Until 9:46AM</b> <b>Gara Until 8:49AM</b> <b>Trayodashi* Until 10:04PM</b>			<b>Sivaloka Day</b>
<i>Pradosha Vata (Fasting)</i>							
<b>6 Thursday, December 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Meksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktayam Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sakuni* Karana Chaturdashmyam Titau				Rome, Italy Sun 13	Italy Sutra 248
Wischika Rasi: 11.53	Tithi 29	<b>Gulika</b> 9:50AM – 10:58AM	<b>Anuradha Until 3:35PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:32AM <b>Sunset:</b> 4:43PM	Vasaxasu 5127	Moon 12 - Phase 34 - 13 2nd Phase
Creative Work Siddha Yoga Until 3:35PM Then Routine Work - Prabalarishta Yoga		871138575	<b>Rahu</b> 1:16PM – 2:25PM	<b>Dhriti Until 10:35AM</b> <b>Visi Until 11:19AM</b> <b>Chaturdashi* Until 12:28AM Fri</b>			<b>Sivaloka Day</b>
<b>Friday, December 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Meksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam Jyeshtha Nakshatra Shula*/Ganda* Yoga Catuspada*/Niaga* Karana Amavasyayam Titau				Rome, Italy Sun 14	Italy Sutra 249
Wischika Rasi: 23.5	Tithi 30	<b>Gulika</b> 8:41AM – 9:50AM	<b>Jyeshtha* Until 6:08PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 4:43PM	Vasaxasu 5127	Moon 12 - Phase 34 - 14 Amavasya
Routine Work Marana Yoga Until 6:08PM Then Creative Work - Amrita Yoga		871138575	<b>Rahu</b> 10:59AM – 12:08PM	<b>Shula* Until 11:13AM</b> <b>Catuspada Until 1:37PM</b> <b>Amavasya* Until 2:41AM Sat</b>			<b>Sivaloka Day</b>
			<b>Hanumath Jayanthi (Tamil Nadu)</b>	<b>Margasira-Markali</b>			
<b>Saturday, December 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Meksha Ritau Dhanus Mase Sukla Paksho Manta Vesara Yuktayam Mula* Nakshatra Ganda*/Viddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 15	Italy Sutra 250
Dhanus Rasi: 5.52	Tithi 1	<b>Gulika</b> 7:33AM – 8:42AM	<b>Mula* Until 8:48PM</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 4:43PM	Vasaxasu 5127	Moon 12 - Phase 34 - 15 Prathama
Creative Work Siddha Yoga		882138575	<b>Rahu</b> 9:51AM – 11:00AM	<b>Ganda* Until 11:43AM</b> <b>Kintughna Until 3:43PM</b> <b>Prathama* Until 4:38AM Sun</b>			<b>Devaloka Day</b>
				<b>Pausha-Markali</b>			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Sunday, December 21, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Bhanu Vasara Yuktayam Purnashada* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Titau				Rome, Italy Sun 16	Sutra 251 Vasvasu 5127
Dhanus Rasi: 17.59	Tithi 2	<b>Gulika</b> 2:26PM - 3:35PM <b>Yama</b> 12:09PM - 1:18PM <b>Rahu</b> 3:35PM - 4:44PM	<b>Purvashada* Until 11:02PM</b> Viddhi Until 12:02PM Balava Until 5:32PM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 7:34AM <b>Sunset:</b> 4:46PM	Moon 12 - Phase 35 - 12	3rd Phase
Creative Work	Siddha Yoga	<b>Day 1 of Pancha Ganapati</b>		<b>Devaloka Day</b>			
Until 11:02PM							
Then Creative Work - Amrita Yoga							
<b>2 Monday, December 22, 2025</b>		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dvityai/Panchamam Titau				Rome, Italy Sun 17	Sutra 252 Vasvasu 5127
Makara Rasi: 0.13	Tithi 2 - 3	<b>Gulika</b> 1:18PM - 2:27PM <b>Yama</b> 11:01AM - 12:09PM <b>Rahu</b> 8:43AM - 9:52AM	<b>Uttarashada Until 12:50AM Tue</b> Dhruva Until 12:07PM Taila Until 7:04PM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 7:34AM <b>Sunset:</b> 4:46PM	Moon 12 - Phase 35 - 17	3rd Phase
Family Home Evening		<b>Day 2 of Pancha Ganapati</b>		<b>Devaloka Day</b>			
Routine Work	Marana Yoga						
Until 12:50AM Tue							
Then Creative Work - Siddha Yoga							
<b>3 Tuesday, December 23, 2025</b>		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam Uttarashada Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Rome, Italy Sun 18	Sutra 253 Vasvasu 5127
Makara Rasi: 12.35	Tithi 3 - 4	<b>Gulika</b> 12:10PM - 1:19PM <b>Yama</b> 9:52AM - 11:01AM <b>Rahu</b> 2:27PM - 3:36PM	<b>Shravana Until 2:37AM Wed</b> Vyaghata* Until 11:58AM Vanija Until 8:16PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 7:35AM <b>Sunset:</b> 4:46PM	Moon 12 - Phase 35 - 18	3rd Phase
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>		<b>Devaloka Day</b>			
Until 2:37AM Wed							
Then Routine Work - Prabalashita Yoga							
<b>4 Wednesday, December 24, 2025</b>		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visi* Bava Karana Chaturthi/Panchamam Titau				Rome, Italy Sun 19	Sutra 254 Vasvasu 5127
Makara Rasi: 25.06	Tithi 4 - 5	<b>Gulika</b> 11:02AM - 12:10PM <b>Yama</b> 8:44AM - 9:53AM <b>Rahu</b> 12:10PM - 1:19PM	<b>Dhanishtha Until 3:49AM Thu</b> Harshana Until 11:32AM Bava Until 9:03PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 7:35AM <b>Sunset:</b> 4:46PM	Moon 12 - Phase 35 - 19	3rd Phase
Routine Work	Prabalashita Yoga	<b>Day 4 of Pancha Ganapati</b>		<b>Devaloka Day</b>			
Until 3:49AM Thu							
Then Creative Work - Siddha Yoga							
<b>5 Thursday, December 25, 2025</b>		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yuktayam Shalabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamam Titau				Rome, Italy Sun 20	Sutra 255 Vasvasu 5127
Kumbha Rasi: 7.49	Tithi 5 - 6	<b>Gulika</b> 9:53AM - 11:02AM <b>Yama</b> 7:36AM - 8:44AM <b>Rahu</b> 1:20PM - 2:28PM	<b>Shalabhishak Until 4:23AM Fri</b> Vajra* Until 10:44AM Kaulava Until 9:21PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 7:36AM <b>Sunset:</b> 4:46PM	Moon 12 - Phase 35 - 20	3rd Phase
Creative Work	Siddha Yoga	<b>Day 5 of Pancha Ganapati</b>		<b>Devaloka Day</b>			
		<b>Vinayaga Viratam Ends</b>					
<b>6 Friday, December 26, 2025</b>		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Satra Vasara Yuktayam Puravproshthapada* Nakshatra Siddhi/Vyagata* Yoga Talila/Gara Karana Shashthi/Saptamam Titau				Rome, Italy Sun 21	Sutra 256 Vasvasu 5127
Kumbha Rasi: 20.47	Tithi 6 - 7	<b>Gulika</b> 8:45AM - 9:54AM <b>Yama</b> 2:29PM - 3:38PM <b>Rahu</b> 11:03AM - 12:11PM	<b>Puravproshthapada* Until 4:41AM Sat</b> Siddhi Until 9:32AM Gara Until 9:05PM	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 7:36AM <b>Sunset:</b> 4:47PM	Moon 12 - Phase 35 - 21	3rd Phase
Creative Work	Siddha Yoga	<b>Shashthi* Until 9:17AM</b>		<b>Bhuloka Day</b>			
				<b>Devaloka Time: 3PM to 6PM</b>			
<b>Retreat Star</b>							
Meena Rasi: 4.03	Tithi 7 - 8	<b>Gulika</b> 7:36AM - 8:45AM <b>Yama</b> 1:21PM - 2:30PM <b>Rahu</b> 9:54AM - 11:03AM	<b>Uttarproshthapada Until 4:14AM Sun</b> Vyagata* Until 7:53AM Visi Until 8:13PM	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 7:36AM <b>Sunset:</b> 4:47PM	Moon 12 - Phase 35 - 22	Ashtami
Creative Work	Siddha Yoga	<b>Saptami Until 8:43AM</b>		<b>Bhuloka Day</b>			
Until 4:14AM Sun				<b>Devaloka Time: 3PM to 6PM</b>			
Then Creative Work - Amrita Yoga							
<b>Sunday, December 28, 2025</b>		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Bhanu Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamam Titau				Rome, Italy Sun 23	Sutra 258 Vasvasu 5127
Meena Rasi: 17.4	Tithi 8 - 9	<b>Gulika</b> 2:30PM - 3:39PM <b>Yama</b> 12:12PM - 1:21PM <b>Rahu</b> 3:39PM - 4:48PM	<b>Revati Until 3:01AM Mon</b> Parigha* Until 3:05AM Mon Balava Until 6:42PM	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 7:37AM <b>Sunset:</b> 4:48PM	Moon 12 - Phase 35 - 23	Navami
Creative Work	Amrita Yoga	<b>Ashlami* Until 7:31AM</b>		<b>Bhuloka Day</b>			
Until 3:01AM Mon				<b>Devaloka Time: 3PM to 6PM</b>			
Then Creative Work - Siddha Yoga							

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1 Monday, December 29, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Dhanus Mese Sukla Paksho Indu Vasara Yuktayam				Rome, Italy
		Ashvini Nakshatra Shiva Yoga Taitilla/Gara Karana Dashamyam Titau				Sun 24
		<b>Gulika</b>	<b>1:27PM - 2:31PM</b>	<b>Ashvini Until 1:32AM Tue</b>	<b>Ganesho: Red</b>	<b>Sunrise: 7:27AM</b>
Mesha Rasi: 1.4	Tithi 10	<b>Yama</b>	<b>11:04AM - 12:13PM</b>	<b>Shiva Until 11:59PM</b>	<b>Muruga: Yellow</b>	<b>Sunset: 4:49PM</b>
<b>Family Home Evening</b>		<b>Rahu</b>	<b>8:46AM - 9:55AM</b>	<b>Taitilla Until 4:36PM</b>	<b>Nataraja: Clear</b>	<b>Moon 12 - Phase 36 - 24</b>
Creative Work	Siddha Yoga					<b>4th Phase</b>
		<b>Dashami Until 3:20AM Tue</b>				<b>Devaloka Day</b>
		<b>Moon - White</b>				<b>Pausha-Markali</b>

<b>2 Tuesday, December 30, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam				Rome, Italy
		Bharani Nakshatra Siddha Yoga Vanija/Visli* Karana Ekadashyam Titau				Sun 25
		<b>Gulika</b>	<b>12:13PM - 1:22PM</b>	<b>Bharani Until 11:25PM</b>	<b>Ganesho: Red</b>	<b>Sunrise: 7:27AM</b>
Mesha Rasi: 16.01	Tithi 11	<b>Yama</b>	<b>9:55AM - 11:04AM</b>	<b>Siddha Until 8:28PM</b>	<b>Muruga: Yellow</b>	<b>Sunset: 4:50PM</b>
<b>822338576</b>		<b>Rahu</b>	<b>2:31PM - 3:40PM</b>	<b>Vanija Until 1:58PM</b>	<b>Nataraja: Clear</b>	<b>Moon 12 - Phase 36 - 25</b>
Creative Work	Siddha Yoga					<b>4th Phase</b>
		<b>Valkuntha Ekadasi</b>	<b>Ekadashi Until 12:28AM Wed</b>		<b>Moon - White</b>	<b>Devaloka Day</b>
						<b>Pausha-Markali</b>

<b>3 Wednesday, December 31, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Dhanus Mese Sukla Paksho Budha Vasara Yuktayam				Rome, Italy
		Kritika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26
		<b>Gulika</b>	<b>11:05AM - 12:14PM</b>	<b>Kritika Until 8:49PM</b>	<b>Ganesho: Red</b>	<b>Sunrise: 7:27AM</b>
Wishabha Rasi: 0.43	Tithi 12	<b>Yama</b>	<b>8:46AM - 9:56AM</b>	<b>Sadhya Until 4:40PM</b>	<b>Muruga: Yellow</b>	<b>Sunset: 4:50PM</b>
<b>822338576</b>		<b>Rahu</b>	<b>12:14PM - 1:23PM</b>	<b>Bava Until 10:55AM</b>	<b>Nataraja: Clear</b>	<b>Moon 12 - Phase 36 - 25</b>
Creative Work	Amrita Yoga					<b>4th Phase</b>
Until 8:49PM						<b>Devaloka Day</b>
Then Creative Work	Siddha Yoga					<b>Moon - White</b>
		<b>Dvadashi Until 9:16PM</b>				<b>Pausha-Markali</b>

<b>4 Thursday, January 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Dhanus Mese Sukla Paksho Guru Vasara Yuktayam				Rome, Italy
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27
		<b>Gulika</b>	<b>9:56AM - 11:05AM</b>	<b>Rohini Until 6:17PM</b>	<b>Ganesho: Blue</b>	<b>Sunrise: 7:27AM</b>
Wishabha Rasi: 15.38	Tithi 13 - 14	<b>Yama</b>	<b>7:37AM - 8:47AM</b>	<b>Subha Until 12:41PM</b>	<b>Muruga: White</b>	<b>Sunset: 4:51PM</b>
<b>832348576</b>		<b>Rahu</b>	<b>1:24PM - 2:33PM</b>	<b>Kaulava Until 7:36AM</b>	<b>Nataraja: Clear</b>	<b>Moon 12 - Phase 36 - 27</b>
Routine Work	Marana Yoga					<b>4th Phase</b>
		<b>Trayodashi Until 5:52PM</b>				<b>Devaloka Day</b>
						<b>Moon - Yellow</b>
						<b>Pausha-Markali</b>

*Pradosha Vata*

<b>Friday, January 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam				Rome, Italy
		Migashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Chaturdashy/Purnimayam Titau				Sun 28
		<b>Gulika</b>	<b>8:47AM - 9:56AM</b>	<b>Mrigashira Until 3:34PM</b>	<b>Ganesho: Blue</b>	<b>Sunrise: 7:38AM</b>
Mithuna Rasi: 0.4	Tithi 14 - 15	<b>Yama</b>	<b>2:33PM - 3:43PM</b>	<b>Sukla Until 8:36AM</b>	<b>Muruga: White</b>	<b>Sunset: 4:53PM</b>
<b>833348576</b>		<b>Rahu</b>	<b>11:05AM - 12:15PM</b>	<b>Visli Until 12:44AM Sat</b>	<b>Nataraja: Clear</b>	<b>Moon 12 - Phase 36 - Purnima</b>
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
		<b>Chaturdashy* Until 2:25PM</b>				<b>Moon - Yellow</b>
						<b>Pausha-Markali</b>

<b>Saturday, January 3, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Dhanus Mese Krishna Paksho Marita Vasara Yuktayam				Rome, Italy
		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29
		<b>Gulika</b>	<b>7:38AM - 8:47AM</b>	<b>Ardra Until 12:51PM</b>	<b>Ganesho: Blue</b>	<b>Sunrise: 7:38AM</b>
Mithuna Rasi: 15.4	Tithi 15 - 16	<b>Yama</b>	<b>1:25PM - 2:34PM</b>	<b>Indra Until 12:47AM Sun</b>	<b>Muruga: White</b>	<b>Sunset: 4:53PM</b>
<b>833348576</b>		<b>Rahu</b>	<b>9:56AM - 11:06AM</b>	<b>Balava Until 9:32PM</b>	<b>Nataraja: Clear</b>	<b>Moon 12 - Phase 36 - Prathama</b>
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
		<b>Purnima* Until 11:05AM</b>				<b>Moon - Yellow</b>
						<b>Pausha-Markali</b>

**Ardra Darshanam**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Kataka Rasi: 0.27 Tithi 16 - 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam  
Panarasu/Pushya Nakshatra Vaishiti\* Yoga Kaulava/Taila Karana Prathamam/Dityayam Titau

Gulika 2:35PM - 3:44PM  
Yama 12:16PM - 1:25PM  
Rahu 3:44PM - 4:54PM

Punarvasu Until 10:43AM  
Vaichriti\* Until 9:18PM  
Tailita Until 6:43PM

Prathama\* Until 8:03AM

Ganesh: Red  
Muruga: White  
Nataraja: Clear  
Moon - Blue

Sunrise: 7:38AM  
Sunset: 4:54PM

Rome, Italy

Sutra 265

Vishvasu 5127

Moon 1 - Phase 37 - 1

1st Phase

Pausha-Markali

Sivaloka Day

Monday, January 5, 2026

1 Kataka Rasi: 14.55 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Indru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Tritayam Titau

Gulika 1:26PM - 2:35PM  
Yama 11:07AM - 12:16PM  
Rahu 8:47AM - 9:57AM

Pushya Until 8:55AM  
Vishkambha\* Until 6:16PM  
Vanija Until 4:27PM

Tritiya Until 3:33AM Tue

Ganesh: Red  
Muruga: White  
Nataraja: Clear  
Moon - Blue

Sunrise: 7:38AM  
Sunset: 4:59PM

Rome, Italy

Sutra 266

Vishvasu 5127

Moon 1 - Phase 37 - 1

1st Phase

Pausha-Markali

Sivaloka Day

Tuesday, January 6, 2026

2 Kataka Rasi: 28.58 Tithi 19

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Visara Yuktayam  
Magha\*Puravahaguni Nakshatra Ajayshman Yoga Bava/Balava Karana Chaluriyam Titau

Gulika 12:17PM - 1:26PM  
Yama 9:57AM - 11:07AM  
Rahu 2:36PM - 3:46PM

Ashlesha\* Until 7:38AM  
Priti Until 3:50PM  
Bava Until 2:52PM

Chalurithi\* Until 2:22AM Wed

Ganesh: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Blue

Sunrise: 7:38AM  
Sunset: 4:56PM

Rome, Italy

Sutra 267

Vishvasu 5127

Moon 1 - Phase 37 - 2

1st Phase

Pausha-Markali

Sivaloka Day

Wednesday, January 7, 2026

3 Simha Rasi: 12.32 Tithi 20

Creative Work Siddha Yoga

Until 7:24AM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam  
Magha\*Puravahaguni Nakshatra Ajayshman/Saubhagya Yoga Kaulava/Taila Karana Pancharayam Titau

Gulika 11:07AM - 12:17PM  
Yama 8:47AM - 9:57AM  
Rahu 12:17PM - 1:27PM

Magha\* Until 7:24AM  
Ajayshman Until 2:01PM  
Kaulava Until 2:07PM

Panchami Until 2:03AM Thu

Ganesh: White  
Muruga: White  
Nataraja: Clear  
Moon - Red

Sunrise: 7:38AM  
Sunset: 4:59PM

Rome, Italy

Sutra 268

Vishvasu 5127

Moon 1 - Phase 37 - 3

1st Phase

Pausha-Markali

Devaloka Day

Thursday, January 8, 2026

4 Simha Rasi: 25.39 Tithi 21

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam  
Puravahaguni/Uttarahaguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shantiyam Titau

Gulika 9:57AM - 11:07AM  
Yama 7:37AM - 8:47AM  
Rahu 1:28PM - 2:38PM

Puravahaguni Until 7:52AM  
Saubhagya Until 12:53PM  
Gara Until 2:14PM

Shashthi\* Until 2:35AM Fri

Ganesh: White  
Muruga: White  
Nataraja: Clear  
Moon - Red

Sunrise: 7:37AM  
Sunset: 4:58PM

Rome, Italy

Sutra 269

Vishvasu 5127

Moon 1 - Phase 37 - 4

1st Phase

Pausha-Markali

Devaloka Day

Friday, January 9, 2026

5 Kanya Rasi: 8.2 Tithi 22

Creative Work Siddha Yoga

Until 9:00AM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam  
Uttarahaguni/Hasta Nakshatra Sobhana/Ahiganda\* Yoga Visli\*/Bava Karana Sapthamam Titau

Gulika 8:47AM - 9:58AM  
Yama 2:38PM - 3:48PM  
Rahu 11:08AM - 12:18PM

Uttarahaguni Until 9:00AM  
Sobhana Until 12:24PM  
Visli Until 3:11PM

Saptami Until 3:56AM Sat

Ganesh: White  
Muruga: White  
Nataraja: Clear  
Moon - Red

Sunrise: 7:37AM  
Sunset: 4:59PM

Rome, Italy

Sutra 270

Vishvasu 5127

Moon 1 - Phase 37 - 5

1st Phase

Pausha-Markali

Devaloka Day

Saturday, January 10, 2026

Retreat Star

Kanya Rasi: 20.42 Tithi 23

Routine Work Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Manita Vasara Yuktayam  
Hasta/Chitra Nakshatra Ahiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtamam Titau

Gulika 7:37AM - 8:47AM  
Yama 1:29PM - 2:39PM  
Rahu 9:58AM - 11:08AM

Hasta Until 11:10AM  
Ahiganda\* Until 12:28PM  
Balava Until 4:52PM

Ashtami\* Until 5:54AM Sun

Ganesh: Clear  
Muruga: White  
Nataraja: Clear  
Moon - Green

Sunrise: 7:37AM  
Sunset: 5:09PM

Rome, Italy

Sutra 271

Vishvasu 5127

Moon 1 - Phase 37 - 6

Ashtami

Pausha-Markali

Sivaloka Day

Sunday, January 11, 2026

Retreat Star

Tula Rasi: 2.47 Tithi 24

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yuga Tailita Karana Navamam Titau

Gulika 2:40PM - 3:50PM  
Yama 12:19PM - 1:29PM  
Rahu 3:50PM - 5:01PM

Chitra Until 1:44PM  
Sukarma Until 12:57PM  
Tailita Until 7:04PM

Navami\* Until 8:17AM Mon

Ganesh: Clear  
Muruga: White  
Nataraja: Clear  
Moon - Green

Sunrise: 7:37AM  
Sunset: 5:09PM

Rome, Italy

Sutra 272

Vishvasu 5127

Moon 1 - Phase 37 - 7

Navami

Pausha-Markali

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Inana Pada

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1

Monday, January 12, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mase Kishna Paksho Indu Vasara Yuktayam		Rome, Italy
Svali/Vishkha Nakshatra Dhrui/Sula* Yoga Gara/Vanija Karana Navami/Ekadashyam Titau		Sun 8 Sutra 273
<b>Gulika</b>	1:30PM – 2:40PM	<b>Svali Until 4:27PM</b>
<b>Ganesha:</b> Clear		<b>Sunrise:</b> 7:27AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:02PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 12
<b>Moon - Green</b>		2nd Phase
<b>Navami* Until 8:17AM</b>		<b>Sivaloka Day</b>
<b>Pausha-Markali</b>		

Tula Rasi: 14.44 Tithi 24 – 25  
 Family Home Evening  
 Creative Work Amrita Yoga  
 Until 4:27PM  
 Then Routine Work - Marana Yoga

2

Tuesday, January 13, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mase Kishna Paksho Mangala Vasara Yuktayam		Rome, Italy
Vishkha Nakshatra Shula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 274
<b>Gulika</b>	12:20PM – 1:30PM	<b>Vishkha Until 7:37PM</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:36AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:03PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 12
<b>Moon - Orange</b>		2nd Phase
<b>Bava Until 12:09AM Wed</b>		<b>Devaloka Day</b>
<b>Dashami Until 10:51AM</b>		<b>Pausha-Markali</b>

Tula Rasi: 26.36 Tithi 25 – 26  
 Routine Work Marana Yoga  
 Until 7:37PM  
 Then Creative Work - Siddha Yoga

3

Wednesday, January 14, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mase Kishna Paksho Budha Vasara Yuktayam		Rome, Italy
Vishkha Nakshatra Ganda*/Vidhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Sun 10 Sutra 275
<b>Gulika</b>	11:09AM – 12:20PM	<b>Anuradha Until 10:32PM</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:36AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:04PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 10
<b>Moon - Orange</b>		2nd Phase
<b>Kaulava Until 2:38AM Thu</b>		<b>Devaloka Day</b>
<b>Ekadashi* Until 1:23PM</b>		<b>Pausha-Thai</b>

Wischika Rasi: 8.28 Tithi 26 – 27  
 Creative Work Siddha Yoga  
 Thai Pongal

4

Thursday, January 15, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mase Kishna Paksho Guru Vasara Yuktayam		Rome, Italy
Jyeshtha Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashtyam Titau		Sun 11 Sutra 276
<b>Gulika</b>	9:58AM – 11:09AM	<b>Jyeshtha* Until 1:05AM Fri</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:35AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:05PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 11
<b>Moon - Orange</b>		2nd Phase
<b>Gara Until 4:51AM Fri</b>		<b>Devaloka Day</b>
<b>Dvadashi* Until 3:45PM</b>		<b>Pausha-Thai</b>

Wischika Rasi: 20.22 Tithi 27 – 28  
 Routine Work Prabalashita Yoga  
 Until 1:05AM Fri  
 Then Creative Work - Amrita Yoga

Pradosha Vata (Fasting)

5

Friday, January 16, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam		Rome, Italy
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 277
<b>Gulika</b>	8:46AM – 9:58AM	<b>Mula* Until 3:39AM Sat</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:35AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:06PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 12
<b>Moon - Light Blue</b>		2nd Phase
<b>Visi Until 6:45AM Sat</b>		<b>Devaloka Day</b>
<b>Trayodashi* Until 5:50PM</b>		<b>Pausha-Thai</b>

Dhanus Rasi: 2.23 Tithi 28 – 29  
 Creative Work Amrita Yoga  
 Until 3:39AM Sat  
 Then Creative Work - Siddha Yoga

6

Saturday, January 17, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mase Kishna Paksho Mani Vasara Yuktayam		Rome, Italy
Purvashada* Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 278
<b>Gulika</b>	7:35AM – 8:46AM	<b>Purvashada* Until 5:41AM Sun</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:35AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:07PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 13
<b>Moon - Light Blue</b>		2nd Phase
<b>Visi Until 6:45AM</b>		<b>Devaloka Day</b>
<b>Chalurdashi* Until 7:32PM</b>		<b>Pausha-Thai</b>

Dhanus Rasi: 14.31 Tithi 29  
 Creative Work Siddha Yoga  
 Until 5:41AM Sun  
 Then Creative Work - Amrita Yoga

●

Sunday, January 18, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mase Kishna Paksho Bhanu Vasara Yuktayam		Rome, Italy
Uttarashada Nakshatra Hershana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 279
<b>Gulika</b>	2:45PM – 3:57PM	<b>Uttarashada Until 7:10AM Mon</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:34AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:09PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 14
<b>Moon - Light Blue</b>		Amavasya
<b>Caluspada Until 8:16AM</b>		<b>Devaloka Day</b>
<b>Amavasya* Until 8:50PM</b>		<b>Pausha-Thai</b>

Dhanus Rasi: 26.49 Tithi 30  
 Creative Work Amrita Yoga

Monday, January 19, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mase Sukla Paksho Indu Vasara Yuktayam		Rome, Italy
Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 280
<b>Gulika</b>	1:34PM – 2:46PM	<b>Uttarashada Until 7:10AM</b>
<b>Ganesha:</b> Purple		<b>Sunrise:</b> 7:34AM
<b>Muruga:</b> White		<b>Sunset:</b> 5:10PM
<b>Nataraja:</b> Clear		Moon 1 - Phase 3B - 15
<b>Moon - Light Blue</b>		Prathama
<b>Vajra* Until 4:12PM</b>		<b>Devaloka Day</b>
<b>Kintughna Until 9:21AM</b>		<b>Magha-Thai</b>
<b>Prathama* Until 9:44PM</b>		

Makara Rasi: 9.17 Tithi 1  
 Family Home Evening  
 Routine Work Marana Yoga  
 Until 7:10AM  
 Then Creative Work - Amrita Yoga

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1</b>		<b>Wednesday, January 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Budha Vesara Yukhtayam Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Rome, Italy Sutra 289
Wishabha Rasi: 10.37	Tithi 10 – 11	<b>Gulika</b> 11:10AM – 12:24PM	<b>Rohini Until 3:03AM Thu</b>	<b>Ganesh:</b> Yellow	Sunrise: 7:27AM	Vasavasu 5127
		Yama 8:41AM – 9:56AM	Brahma Until 7:25PM	<b>Muruga:</b> White	Sunset: 5:19PM	Moon 1 - Phase 40 - 24
		<b>Rahu</b> 12:24PM – 1:38PM	Vanija Until 10:51PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 12:09PM</b>	Moon - Yellow		<b>Sivaloka Day</b>
Until 3:03AM Thu				Magha-Thai		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, January 29, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Guru Vesara Yukhtayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Visi*/Bava Karana Ekadashi/Dvadashtyam Titau		Rome, Italy Sutra 290
Wishabha Rasi: 25.06	Tithi 11 – 12	<b>Gulika</b> 9:55AM – 11:10AM	<b>Mrigashira Until 1:01AM Fri</b>	<b>Ganesh:</b> Red	Sunrise: 7:26AM	Vasavasu 5127
		Yama 7:26AM – 8:41AM	Indra Until 3:59PM	<b>Muruga:</b> White	Sunset: 5:29PM	Moon 1 - Phase 40 - 25
		<b>Rahu</b> 1:39PM – 2:53PM	Bava Until 8:07PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 9:29AM</b>	Moon - Yellow		<b>Sivaloka Day</b>
Until 1:01AM Fri				Magha-Thai		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Friday, January 30, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Sukra Vesara Yukhtayam Ardra Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Taila Karana Dvadashti/Trayodashyam Titau		Rome, Italy Sutra 291
Mithuna Rasi: 9.41	Tithi 12 – 13	<b>Gulika</b> 8:40AM – 9:55AM	<b>Ardra Until 10:50PM</b>	<b>Ganesh:</b> Red	Sunrise: 7:25AM	Vasavasu 5127
		Yama 2:54PM – 4:09PM	Vaidhri* Until 12:29PM	<b>Muruga:</b> White	Sunset: 5:29PM	Moon 1 - Phase 40 - 26
		<b>Rahu</b> 11:10AM – 12:24PM	Taila Until 3:58AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashti Until 6:42AM</b>	Moon - Yellow		<b>Sivaloka Day</b>
				Magha-Thai		

*Pradosha Vata*

<b>4</b>		<b>Saturday, January 31, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Manita Vesara Yukhtayam Punarvasu Nakshatra Vishkambha* Pihli Yoga Gara/Vanija Karana Chaturdashyam Titau		Rome, Italy Sutra 292
Mithuna Rasi: 24.14	Tithi 14	<b>Gulika</b> 7:24AM – 8:39AM	<b>Punarvasu Until 9:04PM</b>	<b>Ganesh:</b> Blue	Sunrise: 7:24AM	Vasavasu 5127
		Yama 1:40PM – 2:55PM	Vishkambha* Until 9:03AM	<b>Muruga:</b> White	Sunset: 5:29PM	Moon 1 - Phase 40 - 27
		<b>Rahu</b> 9:54AM – 11:09AM	Gara Until 2:40PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:24AM Sun</b>	Moon - Blue		<b>Devaloka Day</b>
				Magha-Thai		

<b>○</b>		<b>Sunday, February 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Shanu Vesara Yukhtayam Pushya Nakshatra Ayushman Yoga Visi*/Bava Karana Purnimayam Titau		Rome, Italy Sutra 293
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:55PM – 4:10PM	<b>Pushya Until 7:27PM</b>	<b>Ganesh:</b> Blue	Sunrise: 7:24AM	Vasavasu 5127
Kataka Rasi: 8.4	Tithi 15	Yama 12:25PM – 1:40PM	Ayushman Until 2:48AM Mon	<b>Muruga:</b> White	Sunset: 5:29PM	Moon 1 - Phase 40 - Purnima
		<b>Rahu</b> 4:10PM – 5:25PM	Visi Until 12:15PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Purnima* Until 11:09PM</b>	Moon - Blue		<b>Devaloka Day</b>
		<b>Thai Pusam</b>		Magha-Thai		

<b>Monday, February 2, 2026</b>		<b>Silver Retreat Star</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kitzhna Paksho Indu Vesara Yukhtayam Ashlesha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Praahmayam Titau		Rome, Italy Sutra 294
Kataka Rasi: 22.52	Tithi 16	<b>Gulika</b> 1:40PM – 2:55PM	<b>Ashlesha* Until 6:07PM</b>	<b>Ganesh:</b> Blue	Sunrise: 7:23AM	Vasavasu 5127
<b>Family Home Evening</b>		Yama 11:09AM – 12:25PM	Saubhagya Until 12:12AM Tue	<b>Muruga:</b> White	Sunset: 5:29PM	Moon 1 - Phase 40 - Prathama
		<b>Rahu</b> 8:39AM – 9:54AM	Balava Until 10:12AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama* Until 9:21PM</b>	Moon - Blue		<b>Devaloka Day</b>
Until 6:07PM				Magha-Thai		
Then Routine Work - Marana Yoga						

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mangala Vasara Yukṭayam Magha*Purvaphalguni Nakshatra Sōbhana Yoga Taillā/Gara Karana Dvityayam Tilau				Rome, Italy Sun 1 Suṭra 295
Simha Rasi: 6.44	Tithi 17	Gulika 12:25PM - 1:40PM	Magha* Until 5:37PM	Ganesh: Red Sunrise: 7:20AM	Vasava: 5:12	
		Yama 9:54AM - 11:09AM	Sōbhana Until 10:06PM	Muruga: White Sunset: 5:29PM	Moon 2 - Phase 41 - 1	1st Phase
Creative Work	Siddha Yoga	965548577 Rahu 2:56PM - 4:12PM	Taillā Until 8:41AM	Nataraja: Orange Moon - Red		Sivaloka Day
			Dvitiya Until 8:09PM	Magha-Thai		

1

Wednesday, February 4, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Baubh Vasara Yukṭayam Purvaphalguni/Uttaraphalguni Nakshatra Abhigandh* Yoga Vanja/Vist* Karana Tritiyayam Tilau				Rome, Italy Sun 2 Suṭra 296
Simha Rasi: 20.14	Tithi 18	Gulika 11:09AM - 12:25PM	Purvaphalguni Until 5:40PM	Ganesh: Red Sunrise: 7:21AM	Vasava: 5:12	
		Yama 8:37AM - 9:53AM	Abhigandha* Until 8:31PM	Muruga: White Sunset: 5:28PM	Moon 2 - Phase 41 - 2	1st Phase
Creative Work	Amrita Yoga	965548577 Rahu 12:25PM - 1:41PM	Vanija Until 7:49AM	Nataraja: Orange Moon - Red		Sivaloka Day
			Tritiya Until 7:38PM	Magha-Thai		

2

Thursday, February 5, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Guru Vesara Yukṭayam Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Tilau				Rome, Italy Sun 3 Suṭra 297
Kanya Rasi: 3.21	Tithi 19	Gulika 9:53AM - 11:09AM	Uttaraphalguni Until 6:16PM	Ganesh: Red Sunrise: 7:20AM	Vasava: 5:12	
		Yama 7:20AM - 8:37AM	Sukarna Until 7:31PM	Muruga: White Sunset: 5:30PM	Moon 2 - Phase 41 - 3	1st Phase
	Amrita Yoga	965548577 Rahu 1:41PM - 2:57PM	Bava Until 7:41AM	Nataraja: Orange Moon - Red		Sivaloka Day
Until 6:16PM			Chaturthi* Until 7:52PM	Magha-Thai		
Then Routine Work - Marana Yoga						

3

Friday, February 6, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Sukra Vasara Yukṭayam Uttaraphalguni Nakshatra Kaulava/ Taillā Karana Panchmayam Tilau				Rome, Italy Sun 4 Suṭra 298
Kanya Rasi: 16.05	Tithi 20	Gulika 8:36AM - 9:52AM	Hasṭa Until 7:54PM	Ganesh: Green Sunrise: 7:19AM	Vasava: 5:12	
		Yama 2:58PM - 4:15PM	Dhṛiti Until 7:07PM	Muruga: White Sunset: 5:31PM	Moon 2 - Phase 41 - 4	1st Phase
Creative Work	Amrita Yoga	965548577 Rahu 11:09AM - 12:25PM	Kaulava Until 8:18AM	Nataraja: Orange Moon - Green		Devaloka Day
Until 7:54PM			Panchami Until 8:51PM	Magha-Thai		
Then Creative Work - Siddha Yoga						

4

Saturday, February 7, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Manṭa Vasara Yukṭayam Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthiyam Tilau				Rome, Italy Sun 5 Suṭra 299
Kanya Rasi: 28.31	Tithi 21	Gulika 7:18AM - 8:35AM	Chitra Until 10:00PM	Ganesh: White Sunrise: 7:18AM	Vasava: 5:12	
		Yama 1:42PM - 2:59PM	Shula* Until 7:10PM	Muruga: White Sunset: 5:32PM	Moon 2 - Phase 41 - 5	1st Phase
Routine Work	Marana Yoga	966548577 Rahu 9:52AM - 11:08AM	Gara Until 9:36AM	Nataraja: Orange Moon - Green		Devaloka Day
Until 10:00PM			Shashthi* Until 10:28PM	Magha-Thai		
Then Creative Work - Siddha Yoga						

5

Sunday, February 8, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Ehanu Vasara Yukṭayam Svati Nakshatra Ganda* Yoga Vist* Bava Karana Sapṭamam Tilau				Rome, Italy Sun 6 Suṭra 300
Tula Rasi: 10.41	Tithi 22	Gulika 2:59PM - 4:16PM	Svati Until 12:24AM Mon	Ganesh: White Sunrise: 7:17AM	Vasava: 5:12	
		Yama 12:25PM - 1:42PM	Ganda* Until 7:38PM	Muruga: White Sunset: 5:34PM	Moon 2 - Phase 41 - 6	1st Phase
Creative Work	Siddha Yoga	966548577 Rahu 4:16PM - 5:34PM	Visti Until 11:30AM	Nataraja: Orange Moon - Green		Devaloka Day
Until 12:24AM Mon			Sapṭami Until 12:35AM Mon	Magha-Thai		
Then Routine Work - Marana Yoga						

Monday, February 9, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Indu Vesara Yukṭayam Vishakha Nakshatra Viddhi Yoga Bālava/Kaulava Karana Aṣṭamam Tilau				Rome, Italy Sun 7 Suṭra 301
Tula Rasi: 22.41	Tithi 23	Gulika 1:43PM - 3:00PM	Vishakha Until 3:25AM Tue	Ganesh: Clear Sunrise: 7:16AM	Vasava: 5:12	
Family Home Evening		Yama 11:08AM - 12:25PM	Viddhi Until 8:22PM	Muruga: White Sunset: 5:35PM	Moon 2 - Phase 41 - 7	Asṭami
Routine Work	Marana Yoga	976548577 Rahu 8:33AM - 9:51AM	Balava Until 1:47PM	Nataraja: Orange Moon - Orange		Sivaloka Day
Until 3:25AM Tue			Aṣṭami* Until 2:59AM Tue	Magha-Thai		
Then Creative Work - Siddha Yoga						

Tuesday, February 10, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mangala Vasara Yukṭayam Anuradha Nakshatra Dhruva Yoga Taillā/Gara Karana Navamam Tilau				Rome, Italy Sun 8 Suṭra 302
Vishkha Rasi: 5	Tithi 24	Gulika 12:25PM - 1:43PM	Anuradha Until 6:20AM Wed	Ganesh: Clear Sunrise: 7:15AM	Vasava: 5:12	
		Yama 9:50AM - 11:08AM	Dhruva Until 9:09PM	Muruga: White Sunset: 5:36PM	Moon 2 - Phase 41 - 8	Navami
Creative Work	Siddha Yoga	976548577 Rahu 3:01PM - 4:18PM	Taillā Until 4:15PM	Nataraja: Orange Moon - Orange		Sivaloka Day
			Navami* Until 5:28AM Wed	Magha-Thai		

Parameshvara is the cause of the five manifest aspects: emanation, srishṭi; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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<b>1</b>		<b>Wednesday, February 11, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktiyam Anuradha/Jyeshtha Nakshatra Vyaghata* Yoga Vanja Karana Dashmyam Tilau		Sun 9	Rome, Italy Sutra 303
Wischika Rasi: 16.29	Tithi 25	<b>Gulika</b> 11:07AM - 12:25PM	<b>Anuradha Until 6:20AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:13AM		Vasavasu 5:17
		<b>Yama</b> 8:31AM - 9:49AM	<b>Vyaghata* Until 9:55PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:37PM		Moon 2 - Phase 42 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 12:25PM - 1:43PM	<b>Vanija Until 6:42PM</b>	<b>Nataraja:</b> Orange			2nd Phase
			<b>Dashami Until 7:50AM Thu</b>	<b>Moon - Orange</b>			<b>Sivaloka Day</b>
				<b>Magha-Thai</b>			

<b>2</b>		<b>Thursday, February 12, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktiyam Jyeshtha/Mula Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadasmyam Tilau		Sun 10	Rome, Italy Sutra 304
Wischika Rasi: 28.25	Tithi 25 - 26	<b>Gulika</b> 9:49AM - 11:07AM	<b>Jyeshtha* Until 8:58AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:12AM		Vasavasu 5:17
		<b>Yama</b> 7:12AM - 8:31AM	<b>Harshana Until 10:32PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:39PM		Moon 2 - Phase 42 - 10
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 1:44PM - 3:02PM	<b>Bava Until 8:56PM</b>	<b>Nataraja:</b> Orange			2nd Phase
Until 8:58AM			<b>Dashami Until 7:50AM</b>	<b>Moon - Orange</b>			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>			

<b>3</b>		<b>Friday, February 13, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktiyam Mula*Purvashadha Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau		Sun 11	Rome, Italy Sutra 305
Dhanus Rasi: 10.28	Tithi 26 - 27	<b>Gulika</b> 8:30AM - 9:48AM	<b>Mula* Until 11:39AM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:11AM		Vasavasu 5:17
		<b>Yama</b> 3:03PM - 4:21PM	<b>Vajra* Until 10:49PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:40PM		Moon 2 - Phase 42 - 11
Creative Work	Amrita Yoga	<b>Rahu</b> 11:07AM - 12:25PM	<b>Kaulava Until 10:47PM</b>	<b>Nataraja:</b> Orange			2nd Phase
Until 11:39AM			<b>Ekadashi* Until 9:54AM</b>	<b>Moon - Light Blue</b>			<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Magha-Masi</b>			

<b>4</b>		<b>Saturday, February 14, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Manta Vasara Yuktiyam Purvashadha/Uttarashadha Nakshatra Siddhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Tilau		Sun 12	Rome, Italy Sutra 306
Dhanus Rasi: 22.41	Tithi 27 - 28	<b>Gulika</b> 7:10AM - 8:29AM	<b>Purvashadha* Until 1:43PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:10AM		Vasavasu 5:17
		<b>Yama</b> 1:44PM - 3:03PM	<b>Siddhi Until 10:45PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:41PM		Moon 2 - Phase 42 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 9:48AM - 11:06AM	<b>Gara Until 12:08AM Sun</b>	<b>Nataraja:</b> Orange			2nd Phase
Until 1:43PM			<b>Dvadashi* Until 11:30AM</b>	<b>Moon - Light Blue</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Masi</b>			
				<b>Pradosha Vata (Fasting)</b>			

<b>5</b>		<b>Sunday, February 15, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bharu Vasara Yuktiyam Uttarashadha/Shravana Nakshatra Vyajpata* Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Tilau		Sun 13	Rome, Italy Sutra 307
Makara Rasi: 5.07	Tithi 28 - 29	<b>Gulika</b> 3:04PM - 4:23PM	<b>Uttarashadha Until 3:08PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:08AM		Vasavasu 5:17
		<b>Yama</b> 12:25PM - 1:45PM	<b>Vyajpata* Until 10:16PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:42PM		Moon 2 - Phase 42 - 13
Creative Work	Amrita Yoga	<b>Rahu</b> 4:23PM - 5:42PM	<b>Visi Until 12:56AM Mon</b>	<b>Nataraja:</b> Orange			2nd Phase
Until 4:18PM			<b>Trayodashi* Until 12:35PM</b>	<b>Moon - Light Blue</b>			<b>Sivaloka Day</b>
				<b>Magha-Masi</b>			

<b>Monday, February 16, 2026</b>		<b>Retreat Star</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktiyam Shravana/Dhanishtha Nakshatra Varjan Yoga Sakun*/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau		Sun 14	Rome, Italy Sutra 308
Makara Rasi: 17.48	Tithi 29 - 30	<b>Gulika</b> 1:45PM - 3:04PM	<b>Shravana Until 4:18PM</b>	<b>Ganesh:</b> Orange	<b>Sunrise:</b> 7:07AM		Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 11:05AM - 12:25PM	<b>Varjan Until 9:19PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:43PM		Moon 2 - Phase 42 - 14
Creative Work	Amrita Yoga	<b>Rahu</b> 8:27AM - 9:46AM	<b>Catuspadi Until 1:09AM Tue</b>	<b>Nataraja:</b> Orange			Amavasya
Until 4:18PM			<b>Chaturdashi* Until 1:06PM</b>	<b>Moon - Purple</b>			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>			

<b>Tuesday, February 17, 2026</b>		<b>Retreat Star</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktiyam Dhanishtha/Shatshobhaka Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathmayam Tilau		Sun 15	Rome, Italy Sutra 309
Kumbha Rasi: 0.45	Tithi 30 - 1	<b>Gulika</b> 12:25PM - 1:45PM	<b>Dhanishtha Until 4:46PM</b>	<b>Ganesh:</b> Orange	<b>Sunrise:</b> 7:06AM		Vasavasu 5:17
		<b>Yama</b> 9:46AM - 11:05AM	<b>Parigha* Until 7:58PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:45PM		Moon 2 - Phase 42 - 15
Creative Work	Siddha Yoga	<b>Rahu</b> 3:05PM - 4:25PM	<b>Kintughna Until 12:50AM Wed</b>	<b>Nataraja:</b> Orange			Prathama
Until 4:46PM			<b>Amavasya* Until 1:02PM</b>	<b>Moon - Purple</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Phalgun-Masi</b>			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>	<b>Wednesday, February 18, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityayam Titau				Rome, Italy
	Gulika	11:05AM - 12:25PM	<b>Shatabhishak Until 4:36PM</b>	Ganesh: Orange	Sunrise: 7:04AM	Sun 16	Sutra 310
	Yama	8:25AM - 9:45AM	Shiva Until 6:14PM	Muruga: White	Sunset: 5:46PM		Vasvasu 5127
	Rahu	12:25PM - 1:45PM	Balava Until 12:02AM Thu	Nataraja: Orange			Moon 2 - Phase 43-16
	Creative Work	Siddha Yoga	<b>Prathama* Until 12:28PM</b>	Moon - Purple			3rd Phase
	Until 4:36PM			Phalgunam-Masi			<b>Sivaloka Day</b>
	Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Thursday, February 19, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Puravroshthapada*/Uttaravroshthapada Nakshatra Siddha/Sadha Yoga Kauava/Tailita Karana Dvitiyam Titau				Rome, Italy
	Gulika	9:44AM - 11:05AM	<b>Puravroshthapada* Until 4:19PM</b>	Ganesh: Green	Sunrise: 7:03AM	Sun 17	Sutra 311
	Yama	7:03AM - 8:24AM	Siddha Until 4:09PM	Muruga: White	Sunset: 5:49PM		Vasvasu 5127
	Rahu	1:46PM - 3:06PM	Tailita Until 10:50PM	Nataraja: Orange			Moon 2 - Phase 43-17
	Creative Work	Siddha Yoga	<b>Dvitiya Until 11:28AM</b>	Moon - Clear			3rd Phase
				Phalgunam-Masi			<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Friday, February 20, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Utaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiyam Titau				Rome, Italy
	Gulika	8:22AM - 9:43AM	<b>Uttaravroshthapada Until 3:33PM</b>	Ganesh: Green	Sunrise: 7:02AM	Sun 18	Sutra 312
	Yama	7:03AM - 8:24AM	Sadhya Until 1:49PM	Muruga: White	Sunset: 5:49PM		Vasvasu 5127
	Rahu	11:04AM - 12:25PM	Vanija Until 9:20PM	Nataraja: Orange			Moon 2 - Phase 43-18
	Creative Work	Siddha Yoga	<b>Tritiya Until 10:06AM</b>	Moon - Clear			3rd Phase
				Phalgunam-Masi			<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Saturday, February 21, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Vasi*/Bava Karana Charuthi/Panchamam Titau				Rome, Italy
	Gulika	7:00AM - 8:21AM	<b>Revati Until 2:24PM</b>	Ganesh: Red	Sunrise: 7:00AM	Sun 19	Sutra 313
	Yama	1:46PM - 3:07PM	Subha Until 11:17AM	Muruga: White	Sunset: 5:46PM		Vasvasu 5127
	Rahu	9:43AM - 11:04AM	Bava Until 7:35PM	Nataraja: Orange			Moon 2 - Phase 43-19
	Routine Work	Prabalarishta Yoga	<b>Charuthi* Until 8:27AM</b>	Moon - Clear			3rd Phase
	Until 2:24PM			Phalgunam-Masi			<b>Sivaloka Day</b>
	Then Creative Work - Siddha Yoga	<b>Subramuniyaswami Siva Vision Day</b>					

<b>5</b>	<b>Sunday, February 22, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Tailita Karana Panchami/Shashthyam Titau				Rome, Italy
	Gulika	3:08PM - 4:29PM	<b>Ashvini Until 1:21PM</b>	Ganesh: Blue	Sunrise: 6:59AM	Sun 20	Sutra 314
	Yama	12:25PM - 1:46PM	Sukla Until 8:34AM	Muruga: White	Sunset: 5:51PM		Vasvasu 5127
	Rahu	4:29PM - 5:51PM	Tailita Until 4:38AM Mon	Nataraja: Orange			Moon 2 - Phase 43-20
	Creative Work	Siddha Yoga	<b>Panchami Until 6:37AM</b>	Moon - White			3rd Phase
	Until 1:21PM			Phalgunam-Masi			<b>Devaloka Day</b>
	Then Routine Work - Prabalarishta Yoga						

<b>6</b>	<b>Monday, February 23, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamam Titau				Rome, Italy
	Gulika	1:47PM - 3:08PM	<b>Bharani Until 12:01PM</b>	Ganesh: Blue	Sunrise: 6:57AM	Sun 21	Sutra 315
	Yama	11:03AM - 12:25PM	Indra Until 2:53AM Tue	Muruga: White	Sunset: 5:53PM		Vasvasu 5127
	Rahu	8:19AM - 9:41AM	Gara Until 3:37PM	Nataraja: Orange			Moon 2 - Phase 43-21
	Family Home Evening		<b>Sapthami Until 2:33AM Tue</b>	Moon - White			3rd Phase
	Creative Work	Siddha Yoga		Phalgunam-Masi			<b>Devaloka Day</b>
	Until 12:01PM						
	Then Routine Work - Marana Yoga						

<b>7</b>	<b>Tuesday, February 24, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vasi*/Bava Karana Ashtamam Titau				Rome, Italy
	Gulika	12:25PM - 1:47PM	<b>Krittika Until 10:29AM</b>	Ganesh: Blue	Sunrise: 6:56AM	Sun 22	Sutra 316
	Yama	9:40AM - 11:02AM	Vaidhriti* Until 11:57PM	Muruga: White	Sunset: 5:53PM		Vasvasu 5127
	Rahu	3:09PM - 4:31PM	Vasi Until 1:31PM	Nataraja: Orange			Moon 2 - Phase 43-22
	Creative Work	Siddha Yoga	<b>Ashtami* Until 12:25AM Wed</b>	Moon - White			Ashtami
	Until 10:29AM			Phalgunam-Masi			<b>Devaloka Day</b>
	Then Creative Work - Amrita Yoga						

<b>8</b>	<b>Wednesday, February 25, 2026</b>		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamam Titau				Rome, Italy
	Gulika	11:02AM - 12:24PM	<b>Rohini Until 9:12AM</b>	Ganesh: Blue	Sunrise: 6:54AM	Sun 23	Sutra 317
	Yama	8:17AM - 9:39AM	Vishkambha* Until 9:02PM	Muruga: White	Sunset: 5:55PM		Vasvasu 5127
	Rahu	12:24PM - 1:47PM	Balava Until 11:22AM	Nataraja: Orange			Moon 2 - Phase 43-23
	Creative Work	Siddha Yoga	<b>Navami* Until 10:17PM</b>	Moon - Yellow			Navami
				Phalgunam-Masi			<b>Subha Sivaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1</b>	<b>Thursday, February 26, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Prill Yoga Taillia/Gara Karana Dashamayam Tilau				Rome, Italy Sun 24
	Mithuna Rasi: 5:37	Tithi 10	<b>Gulika</b> 9:39AM - 11:01AM Yama 6:53AM - 8:16AM 938648577 <b>Rahu</b> 1:47PM - 3:10PM	<b>Mrigashira Until 7:46AM</b> Prill Until 6:08PM Taillia Until 9:15AM Dashami Until 8:11PM	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Yellow Phalgun-Masi	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 5:56PM	Vasavasu 5:27 Sutra 318 Vasavasu 5:14 Moon 2 - Phase 44 - 24 4th Phase
Routine Work - Marana Yoga		<b>Subha Sivaloka Day</b>					

<b>2</b>	<b>Friday, February 27, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam Ardra/Punvasasu Nakshatra Ajushman/Saubhagya Yoga Vanija/Visil' Karana Ekadashyam Tilau				Rome, Italy Sun 25
	Mithuna Rasi: 19:45	Tithi 11	<b>Gulika</b> 8:15AM - 9:38AM Yama 3:11PM - 4:34PM 939648577 <b>Rahu</b> 11:01AM - 12:24PM	<b>Ardra Until 6:16AM</b> Ayushman Until 3:17PM Vanija Until 7:10AM Ekadashi Until 6:10PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Yellow Phalgun-Masi	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 5:57PM	Vasavasu 5:17 Sutra 319 Vasavasu 5:12 Moon 2 - Phase 44 - 25 4th Phase
Creative Work - Siddha Yoga		<b>Sivaloka Day</b>					

<b>3</b>	<b>Saturday, February 28, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodashyam Tilau				Rome, Italy Sun 26
	Kalka Rasi: 3:49	Tithi 12 - 13	<b>Gulika</b> 6:50AM - 8:13AM Yama 1:48PM - 3:11PM 949648577 <b>Rahu</b> 9:37AM - 11:00AM	<b>Pushya Until 4:07AM Sun</b> Saubhagya Until 12:35PM Kaulava Until 3:29AM Sun Dvadashi Until 4:19PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Blue Phalgun-Masi	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 5:58PM	Vasavasu 5:17 Moon 2 - Phase 44 - 26 4th Phase
Creative Work - Siddha Yoga		<b>Devaloka Day</b>					
<i>Pradosha Vata</i>							

<b>4</b>	<b>Sunday, March 1, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Vasara Yuktayam Ashlesha' Nakshatra Sobhana/Alhiganda' Yoga Taillia/Gara Karana Trayodashi/Chaturdashyam Tilau				Rome, Italy Sun 27
	Kalka Rasi: 17:44	Tithi 13 - 14	<b>Gulika</b> 3:12PM - 4:36PM Yama 12:24PM - 1:48PM 949648577 <b>Rahu</b> 4:36PM - 6:01PM	<b>Ashlesha' Until 3:13AM Mon</b> Sobhana Until 10:04AM Gara Until 2:03AM Mon Trayodashi Until 2:42PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Blue Phalgun-Masi	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:01PM	Vasavasu 5:17 Moon 2 - Phase 44 - 27 4th Phase
Creative Work - Siddha Yoga Until 3:13AM Mon Then Routine Work - Marana Yoga		<b>Devaloka Day</b>					

<b>○</b>	<b>Monday, March 2, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Magha' Nakshatra Alhiganda'Sukama Yoga Vanija/Visil' Karana Chaturdash/Purnimayam Tilau				Rome, Italy Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:48PM - 3:13PM Yama 10:59AM - 12:23PM 959648577 <b>Rahu</b> 8:10AM - 9:34AM	<b>Magha' Until 3:00AM Tue</b> Alhiganda' Until 7:48AM Visil Until 12:59AM Tue Chaturdash' Until 1:27PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Red Phalgun-Masi	<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 6:03PM	Vasavasu 5:17 Moon 2 - Phase 44 - Purnima
Simha Rasi: 1:29 Tithi 14 - 15 Family Home Evening Routine Work - Marana Yoga Until 3:00AM Tue Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>					

<b>○</b>	<b>Tuesday, March 3, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha: Mangala Vasara Yuktayam Punvaphalguni Nakshatra Dhriil Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Rome, Italy Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:23PM - 1:48PM Yama 9:33AM - 10:58AM 959648577 <b>Rahu</b> 3:13PM - 4:38PM	<b>Punvaphalguni Until 3:06AM Wed</b> Dhriil Until 4:20AM Wed Balava Until 12:25AM Wed Purnima' Until 12:37PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Red Phalgun-Masi	<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 6:03PM	Vasavasu 5:17 Moon 2 - Phase 44 - Prathama
Simha Rasi: 15 Tithi 15 - 16 Until 3:06AM Wed Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b>					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Budha Vasara Yuktayam  
Utaraphalguni Nakshatra Shula\* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau

Rome, Italy  
Sufrta 324

Simha Rasi: 28.14	Tithi 16 - 17	<b>Gulika</b> Yama 959648577 Rahu	<b>10:58AM - 12:23PM</b> 8:07AM - 9:33AM 12:23PM - 1:48PM	<b>Utaraphalguni Until 3:36AM Thu</b> Shula* Until 3:12AM Thu Tailita Until 12:23AM Thu Prathama* Until 12:18PM	<b>Ganesha: Clear</b> Muruga: White Nataraja: Orange Moon - Red Phalgun-Masi	<b>Sunrise: 6:40AM</b> <b>Sunset: 6:04PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 1st Phase
Creative Work - Amrita Yoga							
Until 3:36AM Thu							
Then Routine Work - Marana Yoga							

Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Gara/Vanija Karana Divlyaya/Triityayam Titau

Rome, Italy  
Sufrta 325

Kanya Rasi: 11.11	Tithi 17 - 18	<b>Gulika</b> Yama 169648577 Rahu	<b>9:32AM - 10:57AM</b> 6:40AM - 8:06AM 1:48PM - 3:14PM	<b>Hasla Until 4:59AM Fri</b> Ganda* Until 2:33AM Fri Vanija Until 12:56AM Fri Dvitiya Until 12:34PM	<b>Ganesha: White</b> Muruga: White Nataraja: Orange Moon - Green Phalgun-Masi	<b>Sunrise: 6:40AM</b> <b>Sunset: 6:05PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 1 1st Phase
Routine Work - Marana Yoga							
Until 4:59AM Fri							
Then Creative Work - Siddha Yoga							

Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Sukra Vasara Yuktayam  
Chitra Nakshatra Viddhi Yoga Visi\* Bava Karana Tritiya/Chaturthayam Titau

Rome, Italy  
Sufrta 326

Kanya Rasi: 23.51	Tithi 18 - 19	<b>Gulika</b> Yama 169648577 Rahu	<b>8:05AM - 9:31AM</b> 3:15PM - 4:40PM 10:57AM - 12:23PM	<b>Chitra Until 6:46AM Sat</b> Viddhi Until 2:22AM Sat Bava Until 2:05AM Sat Tritiya Until 1:25PM	<b>Ganesha: White</b> Muruga: White Nataraja: Orange Moon - Green Phalgun-Masi	<b>Sunrise: 6:39AM</b> <b>Sunset: 6:06PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 2 1st Phase
Creative Work - Siddha Yoga							

Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Marta Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy  
Sufrta 327

Tula Rasi: 6.16	Tithi 19 - 20	<b>Gulika</b> Yama 161658577 Rahu	<b>6:37AM - 8:03AM</b> 1:49PM - 3:15PM 9:30AM - 10:56AM	<b>Chitra Until 6:46AM</b> Dhruva Until 2:33AM Sun Kaulava Until 3:45AM Sun Chaturthi* Until 2:50PM	<b>Ganesha: Purple</b> Muruga: Clear Nataraja: Orange Moon - Green Phalgun-Masi	<b>Sunrise: 6:27AM</b> <b>Sunset: 6:08PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 3 1st Phase
Routine Work - Marana Yoga							
Until 6:46AM							
Then Creative Work - Siddha Yoga							

Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Bhanu Vasara Yuktayam  
Svali/Vishakha Nakshatra Vyaghata\* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Rome, Italy  
Sufrta 328

Tula Rasi: 18.28	Tithi 20 - 21	<b>Gulika</b> Yama 161658577 Rahu	<b>3:15PM - 4:42PM</b> 12:22PM - 1:49PM 4:42PM - 6:09PM	<b>Svali Until 8:52AM</b> Vyaghata* Until 3:04AM Mon Gara Until 5:50AM Mon Panchami Until 4:44PM	<b>Ganesha: Purple</b> Muruga: Clear Nataraja: Orange Moon - Green Phalgun-Masi	<b>Sunrise: 6:36AM</b> <b>Sunset: 6:09PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 4 1st Phase
Creative Work - Siddha Yoga							
Until 8:52AM							
Then Routine Work - Marana Yoga							

Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana Yoga Vanija Karana Shashthiyam Titau

Rome, Italy  
Sufrta 329

Wishika Rasi: 0.29	Tithi 21	<b>Gulika</b> Yama 171658577 Rahu	<b>1:49PM - 3:16PM</b> 10:55AM - 12:22PM 8:01AM - 9:28AM	<b>Vishakha Until 11:41AM</b> Harshana Until 3:49AM Tue Vanija Until 6:58PM Shashthi* Until 6:58PM	<b>Ganesha: Clear</b> Muruga: Clear Nataraja: Orange Moon - Orange Phalgun-Masi	<b>Sunrise: 6:34AM</b> <b>Sunset: 6:10PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 5 1st Phase
Family Home Evening							
Routine Work - Marana Yoga							
Until 11:41AM							
Then Creative Work - Siddha Yoga							

Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Mangala Vasara Yuktayam  
Anuradha/Vishakha Nakshatra Vajra\* Yoga Visi\* Bava Karana Saptamyam Titau

Rome, Italy  
Sufrta 330

Wishika Rasi: 12.25	Tithi 22	<b>Gulika</b> Yama 171658577 Rahu	<b>12:22PM - 1:49PM</b> 9:27AM - 10:54AM 3:16PM - 4:44PM	<b>Anuradha Until 2:32PM</b> Vajra* Until 4:37AM Wed Visi Until 8:11AM Saptami Until 9:23PM	<b>Ganesha: Clear</b> Muruga: Clear Nataraja: Orange Moon - Orange Phalgun-Masi	<b>Sunrise: 6:20AM</b> <b>Sunset: 6:17PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 6 1st Phase
Creative Work - Siddha Yoga							
Until 2:32PM							
Then Routine Work - Marana Yoga							

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Budha Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Siddhi Yoga Balava/Kaulava Karana Achamyam Titau

Rome, Italy  
Sufrta 331

Wishika Rasi: 24.19	Tithi 23	<b>Gulika</b> Yama 171658677 Rahu	<b>10:54AM - 12:21PM</b> 7:58AM - 9:26AM 12:21PM - 1:49PM	<b>Jyeshtha* Until 5:15PM</b> Siddhi Until 5:22AM Thu Balava Until 10:37AM Ashlami* Until 11:46PM	<b>Ganesha: Clear</b> Muruga: White Nataraja: Light Blue Moon - Orange Phalgun-Masi	<b>Sunrise: 6:31AM</b> <b>Sunset: 6:13PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 7 Ashlami
Creative Work - Siddha Yoga							
Until 5:15PM							
Then Routine Work - Marana Yoga							

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Guru Vasara Yuktayam  
Mula\* Nakshatra Vyalpata\* Yoga Tailita/Gara Karana Navamyam Titau

Rome, Italy  
Sufrta 332

Dhanus Rasi: 6.15	Tithi 24	<b>Gulika</b> Yama 181658677 Rahu	<b>9:25AM - 10:53AM</b> 6:29AM - 7:57AM 1:49PM - 3:17PM	<b>Mula* Until 8:08PM</b> Vyalpata* Until 5:56AM Fri Tailita Until 12:55PM Navami* Until 1:56AM Fri	<b>Ganesha: White</b> Muruga: White Nataraja: Light Blue Moon - Light Blue Phalgun-Masi	<b>Sunrise: 6:29AM</b> <b>Sunset: 6:13PM</b>	<b>Vishvasu 5:127</b> Moon 3 - Phase 45 - 8 Navami
Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Friday, March 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshе Sukra Vasara Yuktayam Purvashada* Nakshatra Varjaya Vanja/Vairi* Karana Dvashyam Titau				Rome, Italy Sun 9 Sutra 333 Vasvasu 5:17 Moon 3 - Phase 46 - 12 2nd Phase
Dhanu Rasi: 18.17	Tithi 25	<b>Gulika</b> 7:54AM - 9:24AM Yama 3:18PM - 4:46PM 181658677 Rahu 10:52AM - 12:21PM	<b>Purvashada* Until 10:29PM</b> Varjaya Until 6:08AM Sat Vanija Until 2:53PM Dashami Until 3:39AM Sat	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Light Blue Moon - Light Blue Phalguna-Masi	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 6:14PM	<b>Bhuloka Day</b>
Routine Work Prabalarisha Yoga Until 10:29PM Then Routine Work - Marana Yoga						
<b>2 Saturday, March 14, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Mania Vasara Yuktayam Uttarashada Nakshatra Varjaya Parigaha* Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy Sun 10 Sutra 334 Vasvasu 5:17 Moon 3 - Phase 46 - 10 2nd Phase
Makara Rasi: 0.31	Tithi 26	<b>Gulika</b> 6:24AM - 7:54AM Yama 1:49PM - 3:18PM 181658677 Rahu 9:23AM - 10:52AM	<b>Uttarashada Until 12:08AM Sun</b> Varjaya Until 6:08AM Bava Until 4:19PM Karadayam Nombu (Tamil Nadu) Ekadashi* Until 4:47AM Sun	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Light Blue Moon - Light Blue Phalguna-Panguni	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 6:16PM	<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 12:08AM Sun Then Creative Work - Amrita Yoga						
<b>3 Sunday, March 15, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Bharu Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Tallia Karana Dvashyam Titau				Rome, Italy Sun 11 Sutra 335 Vasvasu 5:17 Moon 3 - Phase 46 - 11 2nd Phase
Makara Rasi: 12.59	Tithi 27	<b>Gulika</b> 3:18PM - 4:48PM Yama 12:20PM - 1:49PM 191658678 Rahu 4:48PM - 6:17PM	<b>Shravana Until 1:27AM Mon</b> Shiva Until 5:07AM Mon Kaulava Until 5:07PM Dvadashi* Until 5:14AM Mon	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple Phalguna-Panguni	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 6:17PM	<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
Creative Work Amrita Yoga Until 1:27AM Mon Then Creative Work - Siddha Yoga						
<b>4 Monday, March 16, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau				Rome, Italy Sun 12 Sutra 336 Vasvasu 5:17 Moon 3 - Phase 46 - 12 2nd Phase
Makara Rasi: 25.47	Tithi 28	<b>Gulika</b> 1:49PM - 3:19PM Yama 10:51AM - 12:20PM 191658678 Rahu 7:52AM - 9:21AM	<b>Dhanishtha Until 1:54AM Tue</b> Siddha Until 3:45AM Tue Gara Until 5:12PM Trayodashi* Until 4:57AM Tue Pradosha Vata (Fasting)	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple Phalguna-Panguni	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 6:18PM	<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
Creative Work Siddha Yoga Until 1:54AM Tue Then Routine Work - Marana Yoga						
<b>5 Tuesday, March 17, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Mangala Vasara Yuktayam Shalabhishak Nakshatra Sadya Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Rome, Italy Sun 13 Sutra 337 Vasvasu 5:17 Moon 3 - Phase 46 - 13 2nd Phase
Kumbha Rasi: 8.56	Tithi 29	<b>Gulika</b> 12:20PM - 1:50PM Yama 9:20AM - 10:50AM 192658678 Rahu 3:19PM - 4:49PM	<b>Shalabhishak Until 1:31AM Wed</b> Sadya Until 1:52AM Wed Visti Until 4:33PM Chaturdashi* Until 3:58AM Wed	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple Phalguna-Panguni	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 6:19PM	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 1:31AM Wed Then Creative Work - Amrita Yoga						
<b>Wednesday, March 18, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Badha Vasara Yuktayam Purvashrothapada* Nakshatra Subha Yoga Catuspada* Naga* Karana Amavasyayam Titau				Rome, Italy Sun 14 Sutra 338 Vasvasu 5:17 Moon 3 - Phase 46 - 14 Amavasya
<b>Retreat Star</b>		<b>Gulika</b> 10:49AM - 12:19PM Yama 7:49AM - 9:19AM 112658678 Rahu 12:19PM - 1:50PM	<b>Purvashrothapada* Until 12:51AM Thu</b> Subha Until 11:31PM Catuspada Until 3:17PM Amavasya* Until 2:24AM Thu	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear Phalguna-Panguni	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 6:20PM	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM
Creative Work Amrita Yoga Until 12:51AM Thu Then Creative Work - Siddha Yoga						
<b>Thursday, March 19, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakshе Guru Vasara Yuktayam Uttarashrothapada Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 15 Sutra 339 Vasvasu 5:17 Moon 3 - Phase 46 - 15 Prathama
<b>Retreat Star</b>		<b>Gulika</b> 9:18AM - 10:49AM Yama 6:17AM - 7:48AM 112658678 Rahu 1:50PM - 3:20PM	<b>Uttarashrothapada Until 11:33PM</b> Sukla Until 8:44PM Kintughna Until 1:27PM Prathama* Until 12:22AM Fri	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear Chaitra-Panguni	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:21PM	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM
Meena Rasi: 6.2 Tithi 1 Creative Work Siddha Yoga Yugadi						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God, Rig Veda

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<b>1 Friday, March 20, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Tilau				Rome, Italy Sun 16	Sutra 340
Mesha Rasi: 20.29	Tilhi 2	<b>Gulika</b> 7:46AM – 9:17AM Yama 3:21PM – 4:51PM 122758678 <b>Rahu</b> 10:48AM – 12:19PM	<b>Revati</b> Untill 9:46PM Brahma Untill 5:41PM Balava Untill 11:14AM Dvitiya Untill 9:59PM	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear Chaltra-Panguni	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 16	Vishvasu 5127 Vishvasu 47 - 16 3rd Phase
Creative Work	Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM
Untill 9:46PM							
Then Creative Work	- Amrita Yoga						

<b>2 Saturday, March 21, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manu Vasara Yuktayam Ashvini Nakshatra Andra/Vaidhiti* Yoga Talilla/Gara Karana Tritiyayam Tilau				Rome, Italy Sun 17	Sutra 341
Mesha Rasi: 4.51	Tilhi 3	<b>Gulika</b> 6:14AM – 7:45AM Yama 1:50PM – 3:21PM 122658678 <b>Rahu</b> 9:16AM – 10:47AM	<b>Ashvini</b> Untill 8:04PM Indra Untill 2:27PM Talilla Untill 8:44AM Tritiya Untill 7:24PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White Chaltra-Panguni	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 17	Vishvasu 5127 Vishvasu 47 - 17 3rd Phase
Creative Work	Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM
		Chellappaswami Mahasamadi					

<b>3 Sunday, March 22, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Jithi Yoga Balava/Kaulava Karana Panchami/Shasthiyam Tilau				Rome, Italy Sun 18	Sutra 342
Mesha Rasi: 19.19	Tilhi 4 – 5	<b>Gulika</b> 3:21PM – 4:53PM Yama 12:18PM – 1:50PM 122758678 <b>Rahu</b> 4:53PM – 6:24PM	<b>Bharani</b> Untill 6:09PM Vaidhiti* Untill 11:07AM Vanija Untill 6:06AM Chaturthi* Untill 4:45PM	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White Chaltra-Panguni	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 18	Vishvasu 5127 Vishvasu 47 - 18 3rd Phase
Routine Work	Prabalarista Yoga						<b>Bhuloka Day</b>
Untill 6:09PM							
Then Creative Work	- Siddha Yoga						

<b>4 Monday, March 23, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Jithi Yoga Balava/Kaulava Karana Panchami/Shasthiyam Tilau				Rome, Italy Sun 19	Sutra 343
Wishabha Rasi: 3.47	Tilhi 5 – 6	<b>Gulika</b> 1:50PM – 3:22PM Yama 10:46AM – 12:18PM 122758678 <b>Rahu</b> 7:42AM – 9:14AM	<b>Krittika</b> Untill 4:09PM Vishkambha* Untill 7:49AM Kaulava Untill 12:53AM Tue Panchami Untill 2:08PM	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White Chaltra-Panguni	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 19	Vishvasu 5127 Vishvasu 47 - 19 3rd Phase
Family Home Evening							<b>Bhuloka Day</b>
Routine Work	Marana Yoga						
Untill 4:09PM							
Then Creative Work	- Amrita Yoga						

<b>5 Tuesday, March 24, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Rohini/Rohini Nakshatra Ayushnani Yoga Talilla/Gara Karana Shashthi/Saptamiyam Tilau				Rome, Italy Sun 20	Sutra 344
Wishabha Rasi: 18.12	Tilhi 6 – 7	<b>Gulika</b> 12:18PM – 1:50PM Yama 9:13AM – 10:45AM 132758678 <b>Rahu</b> 3:22PM – 4:54PM	<b>Rohini</b> Untill 2:35PM Ayushman Untill 1:32AM Wed Gara Untill 10:31PM Shashthi* Untill 11:39AM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaltra-Panguni	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 20	Vishvasu 5127 Vishvasu 47 - 20 3rd Phase
Creative Work	Amrita Yoga						<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
Untill 2:35PM							
Then Creative Work	- Siddha Yoga						

<b>Wednesday, March 25, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Migashira/Andra Nakshatra Saubhagya Yoga Vanija/Vishti* Karana Saptami/Ashthamiyam Tilau				Rome, Italy Sun 21	Sutra 345
<b>Retreat Star</b>		<b>Gulika</b> 10:45AM – 12:17PM Yama 7:40AM – 9:12AM 132758678 <b>Rahu</b> 12:17PM – 1:50PM	<b>Mrigashira</b> Untill 1:05PM Saubhagya Untill 10:41PM Visiti Untill 8:23PM Saptami Untill 9:23AM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaltra-Panguni	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 21	Vishvasu 5127 Vishvasu 47 - 21 Ashtami
Creative Work	Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM

<b>Thursday, March 26, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamiyam Tilau				Rome, Italy Sun 22	Sutra 346
<b>Retreat Star</b>		<b>Gulika</b> 9:11AM – 10:44AM Yama 6:05AM – 7:38AM 132758678 <b>Rahu</b> 1:50PM – 3:23PM	<b>Ardra</b> Untill 11:44AM Sobhana Untill 8:05PM Balava Untill 6:32PM Ashtami* Untill 7:24AM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaltra-Panguni	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 47 - 22	Vishvasu 5127 Vishvasu 47 - 22 Navami
Routine Work	Marana Yoga						<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
Untill 11:44AM		Sri Rama Navami					
Then Creative Work	- Amrita Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1 Friday, March 27, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Panarasu/Pushya Nakshatra Aihganda/Sukama Yoga Taillia/Gara Karana Dshatayam Titau				Rome, Italy Sun 23
Kataka Rasi: 0.28	Tithi 10	<b>Gulika</b> 7:37AM - 9:10AM	<b>Punarvasu</b> Untill 10:58AM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:04AM Sunset: 6:39PM	Vasavasu 5127 Sutra 347 Vasavasu 5127 Moon 3 - Phase 4B - 23 4th Phase
Yama 142758678	Rahu 10:43AM - 12:17PM	Yama 3:23PM - 4:57PM	Aihganda* Untill 5:43PM Taillia Untill 5:01PM			
Creative Work - Siddha Yoga Untill 10:58AM Then Routine Work - Marana Yoga			<b>Dashami</b> Untill 4:22AM Sat			<b>Bhuloka Day</b>
<b>2 Saturday, March 28, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mantu Varsara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadshyam Titau				Rome, Italy Sun 24
Kataka Rasi: 14.1	Tithi 11	<b>Gulika</b> 6:02AM - 7:36AM	<b>Pushya</b> Untill 10:24AM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:02AM Sunset: 6:37PM	Vasavasu 5127 Sutra 348 Vasavasu 5127 Moon 3 - Phase 4B - 24 4th Phase
Yama 142758678	Rahu 9:09AM - 10:43AM	Yama 1:50PM - 3:24PM	Sukarma Untill 3:38PM Vanija Untill 3:50PM			
Creative Work - Siddha Yoga Untill 10:24AM Then Routine Work - Marana Yoga		<b>Yogaswami Mahasamadhi</b>	<b>Ekadashi</b> Untill 3:21AM Sun			<b>Bhuloka Day</b>
<b>3 Sunday, March 29, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadshyam Titau				Rome, Italy Sun 25
Kataka Rasi: 27.4	Tithi 12	<b>Gulika</b> 3:24PM - 4:58PM	<b>Ashlesha*</b> Untill 10:01AM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:00AM Sunset: 6:35PM	Vasavasu 5127 Sutra 349 Vasavasu 5127 Moon 3 - Phase 4B - 25 4th Phase
Yama 142758678	Rahu 4:58PM - 6:32PM	Yama 1:50PM - 3:24PM	Dhriti Untill 1:51PM Bava Untill 3:01PM			
Creative Work - Siddha Yoga Untill 10:01AM Then Routine Work - Marana Yoga			<b>Dvadashi</b> Untill 2:43AM Mon			<b>Bhuloka Day</b>
<b>4 Monday, March 30, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Tailia Karana Trayodshyam Titau				Rome, Italy Sun 26
Simha Rasi: 10.57	Tithi 13	<b>Gulika</b> 1:50PM - 3:24PM	<b>Magha*</b> Untill 10:19AM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 5:59AM Sunset: 6:33PM	Vasavasu 5127 Sutra 350 Vasavasu 5127 Moon 3 - Phase 4B - 26 4th Phase
Yama 152758678	Rahu 7:33AM - 9:07AM	Yama 10:41AM - 12:16PM	Shula* Untill 12:21PM Kaulava Untill 2:34PM			
Routine Work - Marana Yoga Untill 10:19AM Then Creative Work - Siddha Yoga			<b>Trayodashi</b> Untill 2:28AM Tue <i>Pradosha Vata</i>			<b>Bhuloka Day</b> Devaloka Time: 6AM to 9-AM
<b>5 Tuesday, March 31, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi Yoga Gara/Vanija Karana Chaturdshyam Titau				Rome, Italy Sun 27
Simha Rasi: 24.02	Tithi 14	<b>Gulika</b> 12:16PM - 1:50PM	<b>Purvaphalguni</b> Untill 10:51AM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 5:57AM Sunset: 6:34PM	Vasavasu 5127 Sutra 351 Vasavasu 5127 Moon 3 - Phase 4B - 27 4th Phase
Yama 153758678	Rahu 3:25PM - 5:00PM	Yama 9:05AM - 10:41AM	Ganda* Untill 11:10AM Gara Untill 2:31PM			
Creative Work - Siddha Yoga Untill 10:51AM Then Creative Work - Amrita Yoga			<b>Chaturdashi*</b> Untill 2:38AM Wed			<b>Devaloka Day</b>
<b>Wednesday, April 1, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Uttaraphalguni/Hasta Nakshatra Viddhi/Dhruva Yoga Visi*/Bava Karana Punimayam Titau				Rome, Italy Sun 28
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:41AM - 12:16PM	<b>Uttaraphalguni</b> Untill 11:38AM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 5:57AM Sunset: 6:34PM	Vasavasu 5127 Sutra 352 Vasavasu 5127 Moon 3 - Phase 4B - Punima
Kanya Rasi: 6.55	Tithi 15	Yama 7:31AM - 9:05AM	Viddhi Untill 10:20AM Visi Untill 2:54PM			
Yama 153758678	Rahu 12:16PM - 1:50PM		<b>Purnima*</b> Untill 3:13AM Thu			<b>Devaloka Day</b>
Creative Work - Amrita Yoga Untill 11:38AM Then Routine Work - Marana Yoga		<b>Panguni Uttarim Hanuman Jayanti</b>				
<b>Thursday, April 2, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Varsara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sun 29
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:05AM - 10:40AM	<b>Hasta</b> Untill 1:09PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green Chalra-Panguni	Sunrise: 5:55AM Sunset: 6:35PM	Vasavasu 5127 Sutra 353 Vasavasu 5127 Moon 3 - Phase 4B - Prathama
Kanya Rasi: 19.35	Tithi 16	Yama 7:31AM - 9:05AM	Dhruva Untill 9:48AM Balava Untill 3:42PM			
Yama 163758678	Rahu 1:50PM - 3:25PM		<b>Prathama*</b> Untill 4:15AM Fri			<b>Bhuloka Day</b> Devaloka Time: 9AM to 12-PM
Routine Work - Marana Yoga Untill 1:09PM Then Creative Work - Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Сакра Васара Уктыям  
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvityyam Titau

Rome, Italy

Sutra 354

Tula Rasi: 2:04 Tithi 17

Gulika 7:29AM - 9:04AM

Chitra Until 2:55PM

Ganesh: Clear

Sunrise: 5:53AM

Vasava: 5:127

Yama 3:26PM - 5:01PM

Vyaghata\* Until 9:38AM

Murgu: White

Sunset: 6:36PM

Moon 4 - Phase 49 - 1

Rahu 10:40AM - 12:15PM

Taitila Until 4:57PM

Nataraja: Purple

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Dvitiya Until 5:42AM Sat

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Manita Vasara Uктыям

Rome, Italy

Sutra 355

Tula Rasi: 14:22 Tithi 18

Gulika 5:52AM - 7:27AM

Svali Until 4:56PM

Ganesh: Clear

Sunrise: 5:52AM

Sun 1

Yama 1:50PM - 3:26PM

Harshana Until 9:47AM

Murgu: White

Sunset: 6:37PM

Moon 4 - Phase 49 - 1

Rahu 9:03AM - 10:39AM

Vanija Until 6:36PM

Nataraja: Purple

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Tritiya Until 7:32AM Sun

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Bharu Vasara Uктыям

Rome, Italy

Sutra 356

Tula Rasi: 26:29 Tithi 18 - 19

Gulika 3:26PM - 5:02PM

Vishakha Until 7:37PM

Ganesh: White

Sunrise: 5:50AM

Vasava: 5:127

Yama 1:50PM - 3:26PM

Vajra\* Until 10:12AM

Murgu: White

Sunset: 6:39PM

Moon 4 - Phase 49 - 2

Rahu 5:02PM - 6:39PM

Bava Until 8:36PM

Nataraja: Purple

Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Tritiya Until 7:32AM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

3

Monday, April 6, 2026

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Indu Vasara Uктыям

Rome, Italy

Sutra 357

Vishkha Rasi: 8:3 Tithi 19 - 20

Gulika 1:50PM - 3:27PM

Anuradha Until 10:24PM

Ganesh: White

Sunrise: 5:48AM

Vasava: 5:127

Yama 10:38AM - 12:14PM

Siddhi Until 10:52AM

Murgu: White

Sunset: 6:40PM

Moon 4 - Phase 49 - 3

Rahu 7:25AM - 9:01AM

Kaulava Until 10:52PM

Nataraja: Purple

Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Chaturthi\* Until 9:41AM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

4

Tuesday, April 7, 2026

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Mangala Vasara Uктыям

Rome, Italy

Sutra 358

Vishkha Rasi: 20:26 Tithi 20 - 21

Gulika 12:14PM - 1:50PM

Jyeshtha\* Until 1:09AM Wed

Ganesh: White

Sunrise: 5:47AM

Vasava: 5:127

Yama 9:00AM - 1:50PM

Vyajipala\* Until 11:42AM

Murgu: White

Sunset: 6:41PM

Moon 4 - Phase 49 - 4

Rahu 3:27PM - 5:04PM

Gara Until 1:17AM Wed

Nataraja: Purple

Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Panchami Until 12:03PM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

5

Wednesday, April 8, 2026

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Batha Vasara Uктыям

Rome, Italy

Sutra 359

Dhanu Rasi: 2:19 Tithi 21 - 22

Gulika 10:36AM - 12:13PM

Mula\* Until 4:12AM Thu

Ganesh: Yellow

Sunrise: 5:45AM

Vasava: 5:127

Yama 7:22AM - 8:59AM

Varjan Until 12:33PM

Murgu: White

Sunset: 6:42PM

Moon 4 - Phase 49 - 5

Rahu 12:13PM - 1:51PM

Visti Until 3:40AM Thu

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Marana Yoga

Shashthi\* Until 2:28PM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

Then Creative Work - Siddha Yoga

6

Thursday, April 9, 2026

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Caru Vasara Uктыям

Rome, Italy

Sutra 360

Dhanu Rasi: 14:13 Tithi 22 - 23

Gulika 8:58AM - 10:36AM

Purvashadha\* Until 6:53AM Fri

Ganesh: Yellow

Sunrise: 5:43AM

Vasava: 5:127

Yama 5:43AM - 7:21AM

Parigaha\* Until 1:21PM

Murgu: White

Sunset: 6:43PM

Moon 4 - Phase 49 - 6

Rahu 1:51PM - 3:28PM

Balava Until 5:49AM Fri

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Saptami Until 4:46PM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

Until 6:53AM Fri

Then Routine Work - Marana Yoga

D

Friday, April 10, 2026

Retreat Star

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Sakra Vasara Uктыям

Rome, Italy

Sutra 361

Dhanu Rasi: 26:13 Tithi 23

Gulika 7:20AM - 8:57AM

Purvashadha\* Until 6:53AM

Ganesh: Yellow

Sunrise: 5:42AM

Vasava: 5:127

Yama 3:28PM - 5:06PM

Shiva Until 1:56PM

Murgu: White

Sunset: 6:46PM

Moon 4 - Phase 49 - 7

Rahu 10:35AM - 12:13PM

Kaulava Until 6:43PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Prabalatarisha Yoga

Ashlami\* Until 6:43PM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

Until 6:53AM

Then Routine Work - Marana Yoga

Saturday, April 11, 2026

Retreat Star

Viswasa Nama Samvatsare Uтарыяне Мокша Рітай Меена Месе Крішна Пакше Manita Vasara Uктыям

Rome, Italy

Sutra 362

Makara Rasi: 8:23 Tithi 24

Gulika 5:40AM - 7:18AM

Uttarashadha Until 8:57AM

Ganesh: Yellow

Sunrise: 5:40AM

Vasava: 5:127

Yama 1:51PM - 3:29PM

Siddha Until 2:05PM

Murgu: White

Sunset: 6:45PM

Moon 4 - Phase 49 - 8

Rahu 8:56AM - 10:35AM

Taitila Until 7:32AM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Marana Yoga

Navami\* Until 8:08PM

Chaitra-Panguni

Devaloka Time: 9AM to 12PM

Until 8:57AM

Then Creative Work - Siddha Yoga

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1 Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yukhtayam ShravanaDhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Visti' Karana Dashamyam Titau				Rome, Italy Sun 9
Makara Rasi: 20.5	Tithi 25	<b>Gulika</b> 3:29PM - 5:08PM	<b>Shravana Until 10:44AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple Chaltra-Panguni	Sunrise: 5:29AM Sunset: 6:46PM	Vasvasu 5127 Sutra 363 Vasvasu 5127 Phase 50 - 9 2nd Phase
21:47:58:678	Rahu	5:08PM - 6:46PM	Sadhya Until 1:44PM Vanija Until 8:36AM Dashami Until 8:50PM			Devaloka Day
Creative Work Amrita Yoga Until 10:44AM Then Routine Work - Marana Yoga						

<b>2 Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dashamyam Titau				Rome, Italy Sun 10
Kumbha Rasi: 3.37	Tithi 26	<b>Gulika</b> 1:51PM - 3:30PM	<b>Dhanishtha Until 11:35AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple Chaltra-Panguni	Sunrise: 5:27AM Sunset: 6:47PM	Vasvasu 5127 Sutra 364 Vasvasu 5127 Moon 4 - Phase 50 - 10 2nd Phase
21:47:58:678	Rahu	7:16AM - 8:55AM	Subha Until 12:47PM Bava Until 8:53AM Ekadashi* Until 8:42PM			Devaloka Day
Creative Work Siddha Yoga						

<b>3 Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Margala Visara Yukhtayam Shatabhishak/Puravproshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvedshyam Titau				Rome, Italy Sun 11
Kumbha Rasi: 16.5	Tithi 27	<b>Gulika</b> 12:12PM - 1:51PM	<b>Shatabhishak Until 11:28AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple Chaltra-Chaltra	Sunrise: 5:25AM Sunset: 6:48PM	Parabhava 5128 Moon 4 - Phase 50 - 11 2nd Phase
29:47:58:678	Rahu	3:30PM - 5:09PM	Sukla Until 11:09AM Kaulava Until 8:21AM Dvadashi* Until 7:45PM			Bhuloka Day
Routine Work Marana Yoga		Tamil New Year				

<b>4 Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Budha Vasara Yukhtayam Puravproshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodshyam Titau				Rome, Italy Sun 12
Meena Rasi: 0.29	Tithi 28	<b>Gulika</b> 10:32AM - 12:12PM	<b>Puravproshthapada* Until 10:53AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear Chaltra-Chaltra	Sunrise: 5:24AM Sunset: 6:49PM	Parabhava 5128 Moon 4 - Phase 50 - 12 2nd Phase
21:47:58:678	Rahu	12:12PM - 1:51PM	Brahma Until 8:54AM Gara Until 7:00AM Trayodashi* Until 6:03PM			Bhuloka Day
Creative Work Amrita Yoga Until 10:53AM Then Creative Work - Siddha Yoga		Pradosha Vata (Fasting)				

<b>5 Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Guru Vasara Yukhtayam Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyam Titau				Rome, Italy Sun 13
Meena Rasi: 14.35	Tithi 29 - 30	<b>Gulika</b> 8:52AM - 10:32AM	<b>Utarproshthapada Until 9:28AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear Chaltra-Chaltra	Sunrise: 5:22AM Sunset: 6:50PM	Parabhava 5128 Moon 4 - Phase 50 - 13 2nd Phase
21:48:58:678	Rahu	1:51PM - 3:31PM	Indra Until 6:06AM Catuspada Until 2:21AM Fri Chaturdashi* Until 3:42PM			Bhuloka Day Devaloka Time: 9AM to 12:2PM
Creative Work Siddha Yoga						

<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Sukra Visara Yukhtayam Revati/Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya*/Prathamam Titau				Rome, Italy Sun 14
Meena Rasi: 29.04	Tithi 30 - 1	<b>Gulika</b> 7:11AM - 8:51AM	<b>Revati Until 7:22AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear Chaltra-Chaltra	Sunrise: 5:21AM Sunset: 6:52PM	Parabhava 5128 Moon 4 - Phase 50 - 14 Amavasya
21:48:58:678	Rahu	10:31AM - 12:11PM	Vishkambha* Until 11:13PM Kintughna Until 11:19PM Amavasya* Until 12:51PM			Bhuloka Day Devaloka Time: 9AM to 12:2PM
Creative Work Siddha Yoga Until 7:22AM Then Creative Work - Amrita Yoga						

<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Manta Visara Yukhtayam Bharani Nakshatra Pili* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Rome, Italy Sun 15
Mesha Rasi: 13.5	Tithi 1 - 2	<b>Gulika</b> 5:29AM - 7:09AM	<b>Bharani Until 2:39AM Sun</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - White Vaisaka-Chaltra	Sunrise: 5:29AM Sunset: 6:53PM	Parabhava 5128 Moon 4 - Phase 50 - 15 Prathama
22:48:58:678	Rahu	8:50AM - 10:30AM	Pili Until 7:25PM Balava Until 8:02PM Prathama* Until 9:41AM			Bhuloka Day Devaloka Time: 9AM to 12:2PM
Creative Work Siddha Yoga						

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, April 19, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Bhanu Vesara Yukhtayam				Rome, Italy
	Kritika Nakshatra Ayushman/Saubhaya Yoga Kaulava/Gara Karana Dvitya/Tritiyayam Tilau		Sun 16		Sutra 6		Parabhava 5128
	Mesha Rasi: 28.44	Tilthi 2 – 3	<b>Gulika</b> 3:32PM – 5:13PM	<b>Kritika Untill 11:58PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:27AM	
	Creative Work	Siddha Yoga	Yama 12:11PM – 1:51PM	Ayushman Untill 3:31PM	<b>Muruga:</b> White	Sunset: 6:54PM	Moon 4 - Phase 1 - 16
		244858678	<b>Rahu</b> 5:13PM – 6:54PM	Gara Untill 3:00AM Mon	<b>Nataraja:</b> Purple		3rd Phase
				Dvitya Untill 6:21AM	Moon – Yellow		<b>Bhuloka Day</b>
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

<b>2</b>	<b>Monday, April 20, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Indu Vesara Yukhtayam				Rome, Italy
	Rohini Nakshatra Saubhaya/Sobhana Yoga Vanja/Visli* Karana Chalurthyam Tilau		Sun 17		Sutra 7		Parabhava 5128
	Wishabha Rasi: 13.39	Tilthi 4	<b>Gulika</b> 1:51PM – 3:33PM	<b>Rohini Untill 9:40PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:26AM	
	Family Home Evening		Yama 10:29AM – 12:10PM	Saubhagya Untill 11:41AM	<b>Muruga:</b> White	Sunset: 6:59PM	Moon 4 - Phase 1 - 17
Creative Work	Amrita Yoga	234858678	<b>Rahu</b> 7:07AM – 8:48AM	Vanija Untill 1:24PM	<b>Nataraja:</b> Purple		3rd Phase
				Chalurthi* Untill 11:49PM	Moon – Yellow		<b>Bhuloka Day</b>
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

<b>3</b>	<b>Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Mangala Vasara Yukhtayam				Rome, Italy
	Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchamyam Tilau		Sun 18		Sutra 8		Parabhava 5128
	Wishabha Rasi: 28.26	Tilthi 5	<b>Gulika</b> 12:10PM – 1:52PM	<b>Mrigashira Untill 7:31PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:24AM	
	Creative Work	Siddha Yoga	Yama 8:47AM – 10:29AM	Sobhana Untill 8:03AM	<b>Muruga:</b> White	Sunset: 6:56PM	Moon 4 - Phase 1 - 18
Untill 7:31PM		234858678	<b>Rahu</b> 3:33PM – 5:14PM	Bava Untill 10:20AM	<b>Nataraja:</b> Purple		3rd Phase
Then Routine Work - Marana Yoga				Panchami Untill 8:54PM	Moon – Yellow		<b>Bhuloka Day</b>
				Adi Sankara Jayanthi	Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

<b>4</b>	<b>Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Budha Vesara Yukhtayam				Rome, Italy
	Mithuna Rasi: 12.59		Tilthi 6		Sun 19		Sutra 9
			<b>Gulika</b> 10:28AM – 12:10PM	<b>Ardra Untill 5:37PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:23AM	Parabhava 5128
	Creative Work	Siddha Yoga	Yama 7:05AM – 8:46AM	Sukarma Untill 1:38AM Thu	<b>Muruga:</b> White	Sunset: 6:57PM	Moon 4 - Phase 1 - 19
		234858678	<b>Rahu</b> 12:10PM – 1:52PM	Kaulava Untill 7:36AM	<b>Nataraja:</b> Purple		3rd Phase
				Shashthi* Untill 6:23PM	Moon – Yellow		<b>Bhuloka Day</b>
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

<b>5</b>	<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Guru Vesara Yukhtayam				Rome, Italy
	Punarvasu/Pushya Nakshatra Dhrivi Yoga Vanja/Visli* Karana Saptami/Ashtamyam Tilau		Sun 20		Sutra 10		Parabhava 5128
	Mithuna Rasi: 27.13	Tilthi 7 – 8	<b>Gulika</b> 8:46AM – 10:28AM	<b>Punarvasu Untill 4:29PM</b>	<b>Ganesha:</b> White	Sunrise: 5:21AM	
	Creative Work	Amrita Yoga	Yama 5:21AM – 7:03AM	Dhrivi Untill 11:03PM	<b>Muruga:</b> White	Sunset: 6:58PM	Moon 4 - Phase 1 - 20
		244858678	<b>Rahu</b> 1:52PM – 3:34PM	Visli Untill 3:35AM Fri	<b>Nataraja:</b> Purple		3rd Phase
				Saptami Untill 4:22PM	Moon – Blue		<b>Devaloka Day</b>
					Vaisaka-Chaitra		

<b>D</b>	<b>Friday, April 24, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Sukra Vesara Yukhtayam				Rome, Italy
	Retreat Star		Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau		Sun 21		Sutra 11
	Kataka Rasi: 11.07	Tilthi 8 – 9	<b>Gulika</b> 7:02AM – 8:45AM	<b>Pushya Untill 3:45PM</b>	<b>Ganesha:</b> White	Sunrise: 5:20AM	Parabhava 5128
	Routine Work	Marana Yoga	Yama 3:34PM – 5:17PM	Shula* Untill 8:53PM	<b>Muruga:</b> White	Sunset: 6:59PM	Moon 4 - Phase 1 - 21
		244858678	<b>Rahu</b> 10:27AM – 12:10PM	Balava Untill 2:24AM Sat	<b>Nataraja:</b> Purple		Ashtami
				Ashlami* Untill 2:54PM	Moon – Blue		<b>Devaloka Day</b>
					Vaisaka-Chaitra		

<b>S</b>	<b>Saturday, April 25, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Manta Vesara Yukhtayam				Rome, Italy
	Retreat Star		Ashlesha/Magha* Nakshatra Ganda* Yoga Kaulava/Tailika Karana Navami/Dashamyam Tilau		Sun 22		Sutra 12
	Kataka Rasi: 24.4	Tilthi 9 – 10	<b>Gulika</b> 5:18AM – 7:01AM	<b>Ashlesha* Untill 3:26PM</b>	<b>Ganesha:</b> White	Sunrise: 5:18AM	Parabhava 5128
	Routine Work	Marana Yoga	Yama 1:52PM – 3:35PM	Ganda* Untill 7:12PM	<b>Muruga:</b> White	Sunset: 7:00PM	Moon 4 - Phase 1 - 22
Untill 3:26PM		244858679	<b>Rahu</b> 8:44AM – 10:27AM	Tailika Untill 1:46AM Sun	<b>Nataraja:</b> Clear		Navami
Then Creative Work - Amrita Yoga				Navami* Untill 2:00PM	Moon – Blue		<b>Sivaloka Day</b>
					Vaisaka-Chaitra		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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