

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 1:34PM
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Stamford, CT
 Svali/Vishakha Nakshatra Vajra 7/Siddhi Yoga Talila/Gara Karana Divlyayam Tila Sutra 1
Gulika 1:33PM - 1:33PM **Svali** Until 1:34PM **Ganesh:** Yellow Sunrise: 5:16AM **Vasarasu** 5:127
Yama 10:14AM - 11:54AM **Vajra** Until 12:07PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 -
Rahu 6:54AM - 8:35AM **Talila** Until 11:16AM **Nataraja:** Clear 1st Phase
Tamil New Year **Dvitiya** Until 12:28AM Tue **Chaitra-Chaitra** **Devaloka Day**

Tuesday, April 15, 2025

1
 Tula Rasi: 28.02 Tithi 18
 Routine Work Marana Yoga
 Until 4:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mangala Vasara Yukitayam Stamford, CT
 Vishakha/Anuradha Nakshatra Siddhi/Vyaptara 7/Yoga Vanja/Visi/ Karana Trityayam Tila Sun 1 Sutra 2
Gulika 11:54AM - 1:33PM **Vishakha** Until 4:40PM **Ganesh:** Blue Sunrise: 5:15AM **Vasarasu** 5:127
Yama 8:34AM - 10:14AM **Siddhi** Until 1:01PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 1
Rahu 3:13PM - 4:53PM **Vanja** Until 1:41PM **Nataraja:** Clear 1st Phase
Tritya Until 2:49AM Wed **Chaitra-Chaitra** **Devaloka** Time: 3PM to 6PM

Wednesday, April 16, 2025

2
 Vishika Rasi: 9.58 Tithi 19
 Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Butha Vasara Yukitayam Stamford, CT
 Anuradha Nakshatra Vyaptara 7/Mariyan Yoga Bava/Balava Karana Chaturthayam Tila Sun 2 Sutra 3
Gulika 10:13AM - 11:53AM **Anuradha** Until 7:24PM **Ganesh:** Blue Sunrise: 5:13AM **Vasarasu** 5:127
Yama 6:53AM - 8:33AM **Vyaptara** Until 1:47PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 2
Rahu 11:53AM - 1:34PM **Bava** Until 3:55PM **Nataraja:** Clear 1st Phase
Chaturthi Until 4:54AM Thu **Chaitra-Chaitra** **Devaloka** Time: 3PM to 6PM

Thursday, April 17, 2025

3
 Vishika Rasi: 21.59 Tithi 20
 Routine Work Prabalarishta Yoga
 Until 9:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Guru Vasara Yukitayam Stamford, CT
 Jyeshtha Nakshatra Varjyan/Parigha 7/Yoga Kaulava/Talila Karana Panchmayam Tila Sun 3 Sutra 4
Gulika 8:32AM - 10:13AM **Jyeshtha** Until 9:40PM **Ganesh:** Blue Sunrise: 5:17AM **Vasarasu** 5:127
Yama 5:11AM - 6:52AM **Varjyan** Until 2:17PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 3
Rahu 1:34PM - 3:14PM **Kaulava** Until 5:51PM **Nataraja:** Clear 1st Phase
Panchami Until 6:39AM Fri **Chaitra-Chaitra** **Devaloka** Time: 3PM to 6PM

Friday, April 18, 2025

4
 Dhanus Rasi: 4.09 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 11:51PM
 Then Routine Work - Prabalarishta Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Sakra Vasara Yukitayam Stamford, CT
 Mula Nakshatra Parigha/Shiva Yoga Talila/Gara Karana Panchami/Shashthiyam Tila Sun 4 Sutra 5
Gulika 6:51AM - 8:31AM **Mula** Until 11:51PM **Ganesh:** Red Sunrise: 5:10AM **Vasarasu** 5:127
Yama 3:15PM - 4:55PM **Parigha** Until 2:31PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 4
Rahu 10:12AM - 11:53AM **Gara** Until 7:22PM **Nataraja:** Clear 1st Phase
Panchami Until 6:39AM **Chaitra-Chaitra** **Devaloka Day**

Saturday, April 19, 2025

5
 Dhanus Rasi: 16.31 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 1:20AM Sun
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Maria Vasara Yukitayam Stamford, CT
 Purvashadha Nakshatra Shiva/Siddha Yoga Vanja/Visi/ Karana Shashthi/Saptamam Tila Sun 5 Sutra 6
Gulika 5:08AM - 6:50AM **Purvashadha** Until 1:20AM Sun **Ganesh:** Red Sunrise: 5:08AM **Vasarasu** 5:127
Yama 1:34PM - 3:15PM **Shiva** Until 2:23PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 5
Rahu 8:31AM - 10:12AM **Visi** Until 8:22PM **Nataraja:** Clear 1st Phase
Shashthi Until 7:55AM **Chaitra-Chaitra** **Devaloka Day**

Sunday, April 20, 2025**Retreat Star**

D
 Dhanus Rasi: 29.08 Tithi 22 - 23
 Creative Work Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Bhava/Vajra Yukitayam Stamford, CT
 Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami Sun 6 Sutra 7
Gulika 3:15PM - 4:57PM **Uttarashadha** Until 2:02AM Mon **Ganesh:** Red Sunrise: 5:07AM **Vasarasu** 5:127
Yama 11:53AM - 1:34PM **Siddha** Until 1:44PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 6
Rahu 4:57PM - 6:38PM **Balava** Until 8:42PM **Nataraja:** Clear 1st Phase
Saptami Until 8:36AM **Chaitra-Chaitra** **Devaloka Day**

Monday, April 21, 2025**Retreat Star**

Makara Rasi: 12.04 Tithi 23 - 24
Family Home Evening
 Creative Work Amrita Yoga
 Until 2:18AM Tue
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Stamford, CT
 Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Talila Karana Ashtami/Navamam Tila Sun 7 Sutra 8
Gulika 1:34PM - 3:16PM **Shravana** Until 2:18AM Tue **Ganesh:** Green Sunrise: 5:05AM **Vasarasu** 5:127
Yama 10:11AM - 11:52AM **Sadhya** Until 12:32PM **Muruga:** Clear Sunset: 6:29PM **Moon** 3 - Phase 1 - 7
Rahu 6:47AM - 8:29AM **Talila** Until 8:19PM **Nataraja:** Clear 1st Phase
Chidambaram Abhishekam **Ashtami** Until 8:35AM **Chaitra-Chaitra** **Devaloka** Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 2/11/24

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1

Tuesday, April 22, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukityam				Stamford, CT
		Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 8 Sutra 9
Makara Rasi: 25.25	Tithi 24 – 25	Gulika 11:52AM – 1:34PM	Dhanishtha Until 1:40AM Wed	Ganesha: Green	Sunrise: 5:04AM	Vasavasu 5:27
		Yama 8:26AM – 10:10AM	Sukha Until 10:46AM	Muruga: Clear	Sunset: 6:49PM	Moon 3 - Phase 2 - 18
		Rahu 3:16PM – 4:58PM	Navami* Until 7:10PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:49AM	Chaitry-Chaitry		Bhuloka Day
						Devaloka Time: 3PM to 6PM

2

Wednesday, April 23, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Buda Vasara Yukityam				Stamford, CT
		Shalabhshak Nakshatra Sukla/Brahma Yoga Vist/Balava Karana Dashami/Dashmyam Titau				Sun 9 Sutra 10
Kumbha Rasi: 9.11	Tithi 25 – 26	Gulika 10:10AM – 11:52AM	Shalabhshak Until 12:10AM Thu	Ganesha: Green	Sunrise: 5:03AM	Vasavasu 5:27
		Yama 6:45AM – 8:27AM	Sukla Until 8:21AM	Muruga: Clear	Sunset: 6:41PM	Moon 3 - Phase 2 - 9
		Rahu 11:52AM – 1:34PM	Balava Until 4:03AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:17AM	Chaitry-Chaitry		Bhuloka Day
						Devaloka Time: 3PM to 6PM

3

Thursday, April 24, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukityam				Stamford, CT
		Puruvproshthapada Nakshatra Indra Yoga Kaulava/Taila Karana Dvadashmyam Titau				Sun 10 Sutra 11
Kumbha Rasi: 23.24	Tithi 27	Gulika 8:26AM – 10:09AM	Puruvproshthapada* Until 10:20PM	Ganesha: Purple	Sunrise: 5:01AM	Vasavasu 5:27
		Yama 5:01AM – 6:44AM	Indra Until 1:57AM Fri	Muruga: Clear	Sunset: 6:42PM	Moon 3 - Phase 2 - 10
		Rahu 1:34PM – 3:17PM	Kaulava Until 2:43PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:13AM Fri	Chaitry-Chaitry		Devaloka Day

4

Friday, April 25, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Sakra Vasara Yukityam				Stamford, CT
		Uttarproshthapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashmyam Titau				Sun 11 Sutra 12
Meena Rasi: 8.02	Tithi 28	Gulika 6:43AM – 8:26AM	Uttarproshthapada Until 7:52PM	Ganesha: Purple	Sunrise: 5:00AM	Vasavasu 5:27
		Yama 3:18PM – 5:00PM	Vaidhiti* Until 10:06PM	Muruga: Clear	Sunset: 6:43PM	Moon 3 - Phase 2 - 11
		Rahu 10:09AM – 11:52AM	Gara Until 11:38AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:54PM	Chaitry-Chaitry		Devaloka Day

Pradosha Vata (Fasting)

5

Saturday, April 26, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Maria Vasara Yukityam				Stamford, CT
		Revati/Ashvini Nakshatra Vishkambha* Pili Yoga Visti/Sakuni* Karana Chaturdashmyam Titau				Sun 12 Sutra 13
Meena Rasi: 23	Tithi 29	Gulika 4:58AM – 6:42AM	Revati Until 4:56PM	Ganesha: Purple	Sunrise: 4:58AM	Vasavasu 5:27
		Yama 1:35PM – 3:18PM	Vishkambha* Until 5:59PM	Muruga: Clear	Sunset: 6:45PM	Moon 3 - Phase 2 - 12
		Rahu 8:25AM – 10:08AM	Visti Until 8:08AM	Nataraja: Purple		2nd Phase
Routine Work	Prabalarishta Yoga		Chaturdash* Until 6:16PM	Chaitry-Chaitry		Devaloka Day
Until 4:56PM						
Then Creative Work	Siddha Yoga					

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Sunday, April 27, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Bharu Vasara Yukityam				Stamford, CT
		Ashvini/Bharani Nakshatra Pralipochman Yoga Naga/Kintughna* Karana Amavasya/Prathamam Titau				Sun 13 Sutra 14
Mesha Rasi: 8.11	Tithi 30 – 1	Gulika 3:18PM – 5:02PM	Ashvini Until 2:05PM	Ganesha: Orange	Sunrise: 4:57AM	Vasavasu 5:27
		Yama 11:51AM – 1:35PM	Pili Until 1:45PM	Muruga: Clear	Sunset: 6:46PM	Moon 3 - Phase 2 - 13
		Rahu 5:02PM – 6:46PM	Kintughna Until 12:35AM Mon	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:29PM	Chaitry-Chaitry		Sivaloka Day
Until 2:05PM						
Then Routine Work	Prabalarishta Yoga					

Monday, April 28, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukityam				Stamford, CT
		Bharani/Kritika Nakshatra Ajyoshman/Saubhagya Yoga Bava/Balava Karana Prathama/Olityayam Titau				Sun 14 Sutra 15
Mesha Rasi: 23.25	Tithi 1 – 2	Gulika 1:35PM – 3:19PM	Bharani Until 11:06AM	Ganesha: Orange	Sunrise: 4:56AM	Vasavasu 5:27
		Yama 10:07AM – 11:51AM	Ayushman Until 9:30AM	Muruga: Clear	Sunset: 6:47PM	Moon 3 - Phase 2 - 14
		Rahu 6:39AM – 8:23AM	Balava Until 8:51PM	Nataraja: Purple		Prathama
Family Home Evening	Siddha Yoga		Prathama* Until 10:41AM	Chaitry-Chaitry		Sivaloka Day
Until 11:06AM						
Creative Work	Siddha Yoga					
Until 11:06AM						
Then Routine Work	Marana Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Titau			Sun 15	Stamford, CT Sufrā 16 Vasvasu 5:17
Wishabha Rasi: 8.33	Tilthi 2 - 3	Gulika 11:51AM - 1:35PM Yama 8:23AM - 10:07AM Rahu 3:19PM - 5:04PM	Kritika Untill 8:10AM Sobhana Untill 1:33AM Wed Gara Untill 3:46AM Wed Dwitiya Untill 7:03AM	Ganesha: Orange Muruga: Clear Nataraja: Purple Moon - White	Sunrise: 4:54AM Sunset: 6:48PM	Moon 3 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga	224298579		Viswaha-Chaitra		Sivaloka Day
Untill 8:10AM						
Then Creative Work - Amrita Yoga						
2 Wednesday, April 30, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vasara Yuktayam Mrigashira Nakshatra Aihinganda* Yoga Vanja/Visi* Karana Chalurthiyam Titau			Sun 16	Stamford, CT Sufrā 17 Vasvasu 5:17
Wishabha Rasi: 23.25	Tilthi 4	Gulika 10:06AM - 11:51AM Yama 6:37AM - 8:22AM Rahu 11:51AM - 1:35PM	Mrigashira Untill 3:53AM Thu Aihinganda* Untill 10:05PM Vanija Untill 2:19PM Chalurthi* Untill 12:58AM Thu	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 4:53AM Sunset: 6:49PM	Moon 3 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga	234398579		Viswaha-Chaitra		Devaloka Day
Untill 3:53AM Thu						
Then Routine Work - Marana Yoga						
3 Thursday, May 1, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vasara Yuktayam Ardra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau			Sun 17	Stamford, CT Sufrā 18 Vasvasu 5:17
Mithuna Rasi: 7.55	Tilthi 5	Gulika 8:21AM - 10:06AM Yama 4:52AM - 6:36AM Rahu 1:35PM - 3:20PM	Ardra Untill 2:27AM Fri Sukama Untill 7:09PM Bava Untill 11:49AM Panchami Untill 10:49PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 4:52AM Sunset: 6:50PM	Moon 3 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga	234398579		Viswaha-Chaitra		Devaloka Day
Untill 2:27AM Fri						
Then Creative Work - Siddha Yoga						
4 Friday, May 2, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Punarvasu Nakshatra Dhruti/Shula* Yoga Kaulava/Taila Karana Shashthiyam Titau			Sun 18	Stamford, CT Sufrā 19 Vasvasu 5:17
Mithuna Rasi: 21.57	Tilthi 6	Gulika 6:35AM - 8:20AM Yama 3:21PM - 5:06PM Rahu 10:05AM - 11:51AM	Punarvasu Untill 2:04AM Sat Dhruti Untill 4:50PM Kaulava Untill 10:02AM Shashthi* Untill 9:24PM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:50AM Sunset: 6:51PM	Moon 3 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga	244398579		Viswaha-Chaitra		Sivaloka Day
5 Saturday, May 3, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vasara Yuktayam Pushya Nakshatra Ganda*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau			Sun 19	Stamford, CT Sufrā 20 Vasvasu 5:17
Kataka Rasi: 5.31	Tilthi 7	Gulika 4:49AM - 6:34AM Yama 1:36PM - 3:21PM Rahu 8:20AM - 10:05AM	Pushya Untill 2:22AM Sun Shula* Untill 3:09PM Gara Untill 9:02AM Saptami Untill 8:50PM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:49AM Sunset: 6:52PM	Moon 3 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	244398579		Viswaha-Chaitra		Sivaloka Day
Untill 3:20AM Mon						
Then Routine Work - Marana Yoga						
Sunday, May 4, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Viddhi* Yoga Visi*/Bava Karana Ashtamyam Titau			Sun 20	Stamford, CT Sufrā 21 Vasvasu 5:17
Kataka Rasi: 18.37	Tilthi 8	Gulika 3:22PM - 5:07PM Yama 11:50AM - 1:36PM Rahu 5:07PM - 6:53PM	Ashlesha* Untill 3:20AM Mon Ganda* Untill 2:09PM Visi Untill 8:53AM Ashtami* Untill 9:06PM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:48AM Sunset: 6:53PM	Moon 3 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga	244398579		Viswaha-Chaitra		Sivaloka Day
Untill 3:20AM Mon						
Then Routine Work - Marana Yoga						
Monday, May 5, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Sun 21	Stamford, CT Sufrā 22 Vasvasu 5:17
Simha Rasi: 1.18	Tilthi 9	Gulika 1:36PM - 3:22PM Yama 10:04AM - 11:50AM Rahu 6:32AM - 8:18AM	Magha* Untill 5:20AM Tue Viddhi Untill 1:48PM Balava Untill 9:33AM Navami* Untill 10:09PM	Ganesha: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:47AM Sunset: 6:54PM	Moon 3 - Phase 3 - 21 Navami
Family Home Evening	Marana Yoga	254318579		Viswaha-Chaitra		Devaloka Day
Routine Work						
Untill 5:20AM Tue						
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Сукіа Пакхіе Мангала Васара Yuktayam Sun 22 Stamford, CT Paruphagunī Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashanyam Titau Sūtra 23			
Simha Rasi: 13.4	Tithi 10	Gulika 11:50AM - 1:36PM	Purvaphalguni Untill 7:46AM Wed	Ganesh: White Sunrise: 4:45AM	Vasvasu 5:17
		Yama 8:16AM - 10:04AM	Dhruva Untill 1:57PM	Muruga: Red Sunset: 6:59PM	Moon 3 - Phase 4 - 22
		254318579 Rahu 3:23PM - 5:09PM	Taililla Untill 10:56AM	Nataraja: Purple Moon - Red	4th Phase
Creative Work Siddha Yoga			Dashami Untill 11:50PM	Valaksha-Chaitra	Devaloka Day
Untill 7:46AM Wed					
Then Creative Work - Amrita Yoga					

2 Wednesday, May 7, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Сукіа Пакхіе Бадха Васара Yuktayam Sun 23 Stamford, CT Purvaphalgunī/Ultrapahgunī Nakshatra Vyaghata*Harshana Yoga Vanja/Vedī* Karana Ekadashyam Titau Sūtra 24			
Simha Rasi: 25.46	Tithi 11	Gulika 10:04AM - 11:50AM	Purvaphalguni Untill 7:46AM	Ganesh: White Sunrise: 4:44AM	Vasvasu 5:17
		Yama 6:31AM - 8:17AM	Vyaghata* Untill 2:33PM	Muruga: Red Sunset: 6:56PM	Moon 3 - Phase 4 - 22
		254318579 Rahu 11:50AM - 1:37PM	Vanija Untill 12:54PM	Nataraja: Purple Moon - Red	4th Phase
Creative Work Amrita Yoga			Ekadashi Untill 2:01AM Thu	Valaksha-Chaitra	Devaloka Day

3 Thursday, May 8, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Сукіа Пакхіе Guru Vasara Yuktayam Sun 24 Stamford, CT Ultrapahgunī/Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sūtra 25			
Kanya Rasi: 7.43	Tithi 12	Gulika 8:17AM - 10:03AM	Ultrapahguni Untill 10:27AM	Ganesh: White Sunrise: 4:43AM	Vasvasu 5:17
		Yama 4:43AM - 6:30AM	Harshana Untill 3:27PM	Muruga: Red Sunset: 6:57PM	Moon 3 - Phase 4 - 24
		254318579 Rahu 1:37PM - 3:24PM	Bava Untill 3:15PM	Nataraja: Purple Moon - Red	4th Phase
Amrita Yoga			Dvadashi Untill 4:29AM Fri	Valaksha-Chaitra	Devaloka Day
Untill 10:27AM					
Then Routine Work - Marana Yoga					

4 Friday, May 9, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Сукіа Пакхіе Sukra Vasara Yuktayam Sun 25 Stamford, CT Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau Sūtra 26			
Kanya Rasi: 19.33	Tithi 13	Gulika 6:29AM - 8:16AM	Hasta Untill 1:40PM	Ganesh: White Sunrise: 4:42AM	Vasvasu 5:17
		Yama 3:24PM - 5:11PM	Vajra* Untill 4:28PM	Muruga: Red Sunset: 6:58PM	Moon 3 - Phase 4 - 25
		265318579 Rahu 10:03AM - 11:50AM	Kaulava Untill 5:48PM	Nataraja: Purple Moon - Green	4th Phase
Creative Work Amrita Yoga			Trayodashi Untill 7:04AM Sat	Valaksha-Chaitra	Subha Sivaloka Day
Untill 1:40PM					
Then Creative Work - Siddha Yoga			<i>Pradosha Vata</i>		

5 Saturday, May 10, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Сукіа Пакхіе Manu Vasara Yuktayam Sun 26 Stamford, CT Chitra/Svati Nakshatra Siddhi/Vyaptipala* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau Sūtra 27			
Tula Rasi: 1.21	Tithi 13 - 14	Gulika 4:41AM - 6:28AM	Chitra Untill 4:47PM	Ganesh: White Sunrise: 4:41AM	Vasvasu 5:17
		Yama 1:37PM - 3:25PM	Siddhi Untill 5:31PM	Muruga: Red Sunset: 6:59PM	Moon 3 - Phase 4 - 26
		265318579 Rahu 8:15AM - 10:03AM	Gara Untill 8:22PM	Nataraja: Purple Moon - Green	4th Phase
Routine Work Marana Yoga			Trayodashi Untill 7:04AM	Valaksha-Chaitra	Subha Sivaloka Day
Untill 4:47PM					
Then Creative Work - Siddha Yoga					

○ Sunday, May 11, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Сукіа Пакхіе Bhanu Vasara Yuktayam Sun 27 Stamford, CT Svati Nakshatra Vyaptipala* Yoga Vanja/Visli* Karana Chaturdashī/Purnimayam Titau Sūtra 28			
Copper Retreat Star		Gulika 3:25PM - 5:13PM	Svati Untill 7:39PM	Ganesh: White Sunrise: 4:40AM	Vasvasu 5:17
Tula Rasi: 13.1	Tithi 14 - 15	Yama 11:50AM - 1:37PM	Vyaptipala* Untill 6:32PM	Muruga: Red Sunset: 7:00PM	Moon 3 - Phase 4 - 27
		265318579 Rahu 5:13PM - 7:00PM	Visli Untill 10:50PM	Nataraja: Purple Moon - Green	Purnima
Creative Work Siddha Yoga			Chaturdashī* Untill 9:36AM	Valaksha-Chaitra	Subha Sivaloka Day
Untill 7:39PM					
Then Routine Work - Marana Yoga					

Monday, May 12, 2025		Viswastu Nama Samvatsara Uтарыяне Нартапа Рібату Меша Месе Krishna Pakshi Indu Vasara Yuktayam Sun 29 Stamford, CT Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sūtra 29			
Silver Retreat Star		Gulika 1:38PM - 3:26PM	Vishakha Untill 10:40PM	Ganesh: Yellow Sunrise: 4:39AM	Vasvasu 5:17
Tula Rasi: 25.02	Tithi 15 - 16	Yama 10:02AM - 11:50AM	Varyan Untill 7:22PM	Muruga: Red Sunset: 7:01PM	Moon 3 - Phase 4 - Prathama
		275318579 Rahu 6:26AM - 8:14AM	Balava Untill 1:07AM Tue	Nataraja: Purple Moon - Orange	
Family Home Evening			Purnima* Untill 11:59AM	Valaksha-Chaitra	Sivaloka Day
Routine Work Marana Yoga					
Untill 10:40PM					
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 13, 2025
Gold Retreat Star

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam Stamford, CT Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau Sulra 30					
Wischika Rasi: 6.59	Tithi 16 - 17	Gulika Yama Rahu	11:50AM - 1:38PM 8:14AM - 10:02AM 3:26PM - 5:14PM	Anuradha Until 1:17AM Wed Parigha* Until 8:03PM Tailita Until 3:08AM Wed Prathama* Until 2:08PM	Ganesha: Yellow Muruga: Red Nataraja: Purple Moon - Orange	Sunrise: 4:38AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 1st Phase
Creative Work Siddha Yoga		Sivaloka Day					

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Stamford, CT Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitya/Triyayam Titau Sulra 31					
Wischika Rasi: 19.02	Tithi 17 - 18	Gulika Yama Rahu	10:02AM - 11:50AM 6:25AM - 8:13AM 11:50AM - 1:38PM	Jyeshtha* Until 3:27AM Thu Shiva Until 8:31PM Vanija Until 4:51AM Thu Dvitiya Until 4:01PM	Ganesha: Yellow Muruga: Red Nataraja: Purple Moon - Orange	Sunrise: 4:37AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 1st Phase
Creative Work Siddha Yoga		Sivaloka Day					

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Stamford, CT Mula* Nakshatra Siddha Vasi* Bava Karana Tritiya/Chaturtham Titau Sulra 32					
Dhanus Rasi: 1.12	Tithi 18 - 19	Gulika Yama Rahu	8:13AM - 10:01AM 4:36AM - 6:24AM 1:38PM - 3:27PM	Mula* Until 5:37AM Fri Siddha Until 8:42PM Bava Until 6:14AM Fri Tritiya Until 5:34PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Light Blue	Sunrise: 4:36AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 1st Phase
Creative Work Siddha Yoga		Subha Sivaloka Day					
Until 5:37AM Fri							
Then Routine Work - Prabarishtha Yoga							

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Stamford, CT Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Titau Sulra 33					
Dhanus Rasi: 13.31	Tithi 19	Gulika Yama Rahu	6:23AM - 8:12AM 3:27PM - 5:16PM 10:01AM - 11:50AM	Purvashadha* Until 7:14AM Sat Sadya Until 8:37PM Bava Until 6:14AM Chaturthi* Until 6:46PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Light Blue	Sunrise: 4:35AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 3 1st Phase
Routine Work Prabarishtha Yoga		Subha Sivaloka Day					
Until 7:14AM Sat							
Then Routine Work - Marana Yoga							

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mani Vasara Yuktayam Stamford, CT Purvashadha* Uttarashadha Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Titau Sulra 34					
Dhanus Rasi: 26	Tithi 20	Gulika Yama Rahu	4:34AM - 6:23AM 1:39PM - 3:28PM 8:12AM - 10:01AM	Purvashadha* Until 7:14AM Subha Until 8:13PM Kaulava Until 7:13AM Panchami Until 7:31PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Light Blue	Sunrise: 4:34AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 4 1st Phase
Creative Work Siddha Yoga		Subha Sivaloka Day					
Until 7:14AM							
Then Routine Work - Marana Yoga							

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Stamford, CT Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shastham Titau Sulra 35					
Makara Rasi: 8.42	Tithi 21	Gulika Yama Rahu	3:28PM - 5:18PM 1:50AM - 1:39PM 5:18PM - 7:07PM	Uttarashadha Until 8:15AM Sukla Until 7:24PM Gara Until 7:45AM Shashthi* Until 7:47PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Light Blue	Sunrise: 4:33AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 5 1st Phase
Creative Work Amrita Yoga		Subha Sivaloka Day					

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Brahma Vasara Yuktayam Stamford, CT Shravana/Dhanishtha Nakshatra Brahma Yoga Vasi* Bava Karana Saptamam Titau Sulra 36					
Makara Rasi: 21.39	Tithi 22	Gulika Yama Rahu	1:39PM - 3:29PM 10:00AM - 11:50AM 6:21AM - 8:11AM	Shravana Until 9:03AM Brahma Until 6:08PM Vasi Until 7:43AM Saptami Until 7:28PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Purple	Sunrise: 4:33AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 6 1st Phase
Family Home Evening		Devaloka Day					
Creative Work Amrita Yoga							
Until 9:03AM							
Then Creative Work - Siddha Yoga							

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Stamford, CT Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Ashotamam Titau Sulra 37					
Kumbha Rasi: 4.55	Tithi 23	Gulika Yama Rahu	11:50AM - 1:40PM 8:11AM - 10:00AM 3:29PM - 5:19PM	Dhanishtha Until 9:06AM Indra Until 4:23PM Balava Until 7:06AM Ashtami* Until 6:31PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Purple	Sunrise: 4:31AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 7 Ashtami
Creative Work Siddha Yoga		Devaloka Day					
Until 9:06AM							
Then Routine Work - Marana Yoga							

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Stamford, CT Shatabhishak/Purvashrothapada* Nakshatra Vaidhri* Vohkambha* Yoga Gara/Vanija Karana Navamam/Dashamam Titau Sulra 38					
Kumbha Rasi: 18.32	Tithi 24 - 25	Gulika Yama Rahu	10:00AM - 11:50AM 6:20AM - 8:10AM 11:50AM - 1:40PM	Shatabhishak Until 8:22AM Vaidhri* Until 2:05PM Vanija Until 3:55AM Thu Navam* Until 4:56PM	Ganesha: Blue Muruga: Red Nataraja: Purple Moon - Purple	Sunrise: 4:30AM Sunset: 7:09PM	Vasarasu 5:127 Moon 4 - Phase 5 - 8 Navami
Creative Work Siddha Yoga		Devaloka Day					
Until 8:22AM							
Then Creative Work - Amrita Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Napa Pada

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1 Thursday, May 22, 2025		Vishvasu Nama Samvatsare Uтарыны Наратна Ритаву Vishabha Mase Krishna Paksha Guru Vasara Yuktayam Stamford, CT Puravproshthapada ¹ /Utragrashthapada Nakshatra Vishkambha ² /Pithi Yoga Vesi ³ /Bava Karana Dashami/Ekadashyam Titau Sun 9 Sufra 39					
Mesha Rasi: 2.34	Tithi 25 – 26	Gulika 8:10AM – 10:00AM	Puravproshthapada¹ Until 7:17AM	Ganesh: White	Sunrise: 4:30AM	Vishvasu 5:17	
		Yama 4:30AM – 6:20AM	Vishkambha² Until 11:18AM	Muruga: Red	Sunset: 7:11PM	Moon 4 - Phase 6 - 9	
Creative Work	Siddha Yoga	Rahu 1:40PM – 3:30PM	Bava Until 1:26AM Fri	Nataraja: Purple		2nd Phase	
			Dashami Until 2:43PM	Moon – Clear		Devaloka Day	
				Vishvasu-Valkasu			

2 Friday, May 23, 2025		Vishvasu Nama Samvatsare Uтарыны Наратна Ритаву Vishabha Mase Krishna Paksha Sukra Vasara Yuktayam Stamford, CT Revati Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sufra 40					
Mesha Rasi: 16.58	Tithi 26 – 27	Gulika 6:19AM – 8:09AM	Revati Until 3:06AM Sat	Ganesh: White	Sunrise: 4:29AM	Vishvasu 5:17	
		Yama 3:31PM – 5:21PM	Pithi Until 8:03AM	Muruga: Red	Sunset: 7:12PM	Moon 4 - Phase 6 - 10	
Creative Work	Siddha Yoga	Rahu 10:00AM – 11:50AM	Kaulava Until 10:26PM	Nataraja: Purple		2nd Phase	
			Ekadashi¹ Until 11:58AM	Moon – Clear		Devaloka Day	
				Vishvasu-Valkasu			

3 Saturday, May 24, 2025		Vishvasu Nama Samvatsare Uтарыны Наратна Ритаву Vishabha Mase Krishna Paksha Mani Vasara Yuktayam Stamford, CT Ashvini Nakshatra Saubhagya Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sufra 41					
Mesha Rasi: 1.42	Tithi 27 – 28	Gulika 4:28AM – 6:19AM	Ashvini Until 12:37AM Sun	Ganesh: Green	Sunrise: 4:28AM	Vishvasu 5:17	
		Yama 1:41PM – 3:31PM	Saubhagya Until 12:30AM Sun	Muruga: Red	Sunset: 7:13PM	Moon 4 - Phase 6 - 11	
Creative Work	Siddha Yoga	Rahu 8:09AM – 10:00AM	Gara Until 7:05PM	Nataraja: Purple		2nd Phase	
Until 12:37AM Sun			Dvadashi¹ Until 8:47AM	Moon – White		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Vishvasu-Valkasu			
				<i>Pradosha Vata (Fasting)</i>			

4 Sunday, May 25, 2025		Vishvasu Nama Samvatsare Uтарыны Наратна Ритаву Vishabha Mase Krishna Paksha Bhanu Vasara Yuktayam Stamford, CT Bharani Nakshatra Sobhana Yoga Vesi ¹ /Sakani ² Karana Chaturdashyam Titau Sun 12 Sufra 42					
Mesha Rasi: 16.42	Tithi 29	Gulika 3:32PM – 5:23PM	Bharani Until 9:49PM	Ganesh: White	Sunrise: 4:27AM	Vishvasu 5:17	
		Yama 11:50AM – 1:41PM	Sobhana Until 8:27PM	Muruga: Red	Sunset: 7:13PM	Moon 4 - Phase 6 - 12	
Routine Work	Prabalarishta Yoga	Rahu 5:23PM – 7:13PM	Vesti Until 3:30PM	Nataraja: Purple		2nd Phase	
Until 9:49PM			Chaturdashi¹ Until 1:39AM Mon	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Vishvasu-Valkasu			

Monday, May 26, 2025		Vishvasu Nama Samvatsare Uтарыны Наратна Ритаву Vishabha Mase Krishna Paksha Indu Vasara Yuktayam Stamford, CT Kritika Nakshatra Aihiganda ¹ /Sukama Yoga Catuspada ² /Naga ³ Karana Amavasyayam Titau Sun 13 Sufra 43					
Retreat Star		Gulika 1:41PM – 3:32PM	Kritika Until 6:52PM	Ganesh: White	Sunrise: 4:27AM	Vishvasu 5:17	
Wishabha Rasi: 1.49	Tithi 30	Yama 10:00AM – 11:50AM	Aihiganda¹ Until 4:21PM	Muruga: Red	Sunset: 7:14PM	Moon 4 - Phase 6 - 13	
Family Home Evening		Rahu 6:18AM – 8:09AM	Catuspada Until 11:51AM	Nataraja: Purple		Amavasya	
Routine Work - Marana Yoga			Amavasya¹ Until 10:01PM	Moon – White		Devaloka Day	
Until 6:52PM				Vishvasu-Valkasu			
Then Creative Work - Amrita Yoga				Vishvasu-Valkasu			

Tuesday, May 27, 2025		Vishvasu Nama Samvatsare Uтарыны Наратна Ритаву Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Stamford, CT Rohini Nakshatra Sukama/Dhriti Yoga Kintughna ¹ /Bava Karana Prathamayam Titau Sun 14 Sufra 44					
Retreat Star		Gulika 11:51AM – 1:42PM	Rohini Until 4:21PM	Ganesh: Green	Sunrise: 4:26AM	Vishvasu 5:17	
Wishabha Rasi: 16.53	Tithi 1	Yama 8:08AM – 9:59AM	Sukama Until 12:23PM	Muruga: Red	Sunset: 7:15PM	Moon 4 - Phase 6 - 14	
Creative Work	Amrita Yoga	Rahu 3:33PM – 5:24PM	Kintughna Until 8:17AM	Nataraja: Purple		Prathama	
Until 4:21PM			Prathama¹ Until 6:34PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Vishvasu-Valkasu			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Badho Vasara Yuktayam Migshira/Ardra Nakshatra Dhruti/Shukr Yoga Kadava/Taila Karana Dvitiya/Tritiyam Titau		Stamford, CT Su 15	Sufra 45 Vasvasu 5127
Mithuna Rasi: 1.45	Tithi 2 - 3	Gulika 9:59AM - 11:51AM 6:17AM - 8:09AM 337418579	Mrigashira Untill 2:01PM Dhruti Untill 8:40AM Taila Untill 2:07AM Thu Dvitiya Untill 3:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sunrise: 4:25AM Sunset: 7:16PM	Moon 4 - Phase 7 - 15	3rd Phase
Creative Work	Siddha Yoga						Devaloka Day

2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Guru Vasara Yuktayam Andra/Punarvasu Nakshatra Ganda Yuga Gara/Venja Karana Tritiya/Chaturtham Titau		Stamford, CT Sun 16	Sufra 46 Vasvasu 5127
Mithuna Rasi: 16.18	Tithi 3 - 4	Gulika 8:08AM - 9:59AM 4:25AM - 6:16AM 337418579	Ardra Untill 12:03PM Ganda Untill 2:28AM Fri Vanija Untill 11:50PM Tritiya Untill 12:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sunrise: 4:25AM Sunset: 7:17PM	Moon 4 - Phase 7 - 16	3rd Phase
Routine Work	Marana Yoga						Devaloka Day
Untill 12:03PM							
Then Creative Work - Amrita Yoga							

3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Viddhi Yoga Visi/Bava Karana Chaturtham/Panchamam Titau		Stamford, CT Sun 17	Sufra 47 Vasvasu 5127
Kalka Rasi: 0.25	Tithi 4 - 5	Gulika 6:16AM - 8:08AM 3:34PM - 5:26PM 347418579	Punarvasu Untill 11:02AM Viddhi Untill 12:15AM Sat Bava Untill 10:18PM Chaturthi Untill 10:57AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:24AM Sunset: 7:18PM	Moon 4 - Phase 7 - 17	3rd Phase
Creative Work	Siddha Yoga						Devaloka Day
Untill 11:02AM							
Then Routine Work - Marana Yoga							

4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Marita Vasara Yuktayam Pushya/Ashlesha Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Stamford, CT Sun 18	Sufra 48 Vasvasu 5127
Kalka Rasi: 14.04	Tithi 5 - 6	Gulika 4:24AM - 6:16AM 1:43PM - 3:35PM 347418579	Pushya Untill 10:39AM Dhruva Untill 10:41PM Kaulava Untill 9:35PM Panchami Untill 9:49AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:24AM Sunset: 7:18PM	Moon 4 - Phase 7 - 18	3rd Phase
Creative Work	Siddha Yoga						Devaloka Day
Untill 10:39AM							
Then Routine Work - Marana Yoga							

5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Bhanu Vasara Yuktayam Ashlesha/Magha Nakshatra Vyaghala Yuga Talia/Gara Karana Shashthi/Saptamam Titau		Stamford, CT Sun 19	Sufra 49 Vasvasu 5127
Kalka Rasi: 27.14	Tithi 6 - 7	Gulika 3:35PM - 5:27PM 11:51AM - 1:43PM 347418579	Ashlesha Untill 10:58AM Vyaghala Untill 9:50PM Gara Untill 9:45PM Shashthi Untill 9:32AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:23AM Sunset: 7:19PM	Moon 4 - Phase 7 - 19	3rd Phase
Creative Work	Siddha Yoga						Devaloka Day
Untill 10:58AM							
Then Routine Work - Marana Yoga							

Retreat Star		Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Indu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Harshana Yoga Vanja/Visi Karana Sapthami/Ashtamam Titau		Stamford, CT Sun 20	Sufra 50 Vasvasu 5127
Simha Rasi: 9.58	Tithi 7 - 8	Gulika 1:43PM - 3:36PM 9:59AM - 11:51AM 358418579	Magha Untill 12:26PM Harshana Untill 9:39PM Visi Untill 10:45PM Sapthami Untill 10:08AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:23AM Sunset: 7:20PM	Moon 4 - Phase 7 - 20	Ashtami
Family Home Evening	Marana Yoga						Subha Sivaloka Day
Untill 12:26PM							
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Sukla Paksha: Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra Yuga Bava/Balava Karana Ashtami/Navamam Titau		Stamford, CT Sun 21	Sufra 51 Vasvasu 5127
Simha Rasi: 22.2	Tithi 8 - 9	Gulika 11:52AM - 1:44PM 8:07AM - 9:59AM 358418579	Purvaphalguni Untill 2:30PM Vajra Untill 9:59PM Balava Untill 12:26AM Wed Ashtami Untill 11:30AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:23AM Sunset: 7:20PM	Moon 4 - Phase 7 - 21	Navami
Creative Work	Siddha Yoga						Subha Sivaloka Day
Untill 2:30PM							
Then Creative Work - Amrita Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Wednesday, June 4, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Бадха Васара Үктыям Uтаралгалуні/Наста Накшатра Сіддһі Үга Калла/Таліла Карана Навамі/Даашдһям Тілау				Stamford, CT Su 22 Su 22
Kanya Rasi: 4.26	Tithi 9 - 10	Gulika 9:59AM - 11:52AM	Uтаралгалуни Until 4:58PM	Ganesh: White	Sunrise: 4:20AM	Vasavasu 5:17
		Yama 6:15AM - 8:07AM	Siddhi Until 10:45PM	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 22
Creative Work	Amrita Yoga	Rahu 11:52AM - 1:44PM	Taitila Until 2:39AM Thu	Nataraja: Purple		4th Phase
Until 4:58PM			Navamī Until 1:28PM	Moan - Green		
Then Routine Work - Marana Yoga						Subha Sivaloka Day

2 Thursday, June 5, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Гору Васара Үктыям Hаста Накшатра Үялпата Үга Гара/Ваніла Карана Дашамі/Екадасһям Тілау				Stamford, CT Su 23 Su 23
Kanya Rasi: 16.22	Tithi 10 - 11	Gulika 8:07AM - 9:59AM	Hаста Until 8:04PM	Ganesh: Clear	Sunrise: 4:20AM	Vasavasu 5:17
		Yama 4:22AM - 6:14AM	Үялпата Until 11:45PM	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 23
Routine Work	Marana Yoga	Rahu 1:44PM - 3:37PM	Variyan Until 5:08AM Fri	Nataraja: Blue		4th Phase
Until 8:06PM			Dashami Until 3:51PM	Moan - Green		
Then Creative Work - Siddha Yoga						Sivaloka Day

3 Friday, June 6, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Сукра Васара Үктыям Chітра Накшатра Үаріян Үга Үсі/ Карана Екадасһям Тілау				Stamford, CT Su 24 Su 24
Kanya Rasi: 28.11	Tithi 11	Gulika 6:14AM - 8:07AM	Chітра Until 11:12PM	Ganesh: Clear	Sunrise: 4:20AM	Vasavasu 5:17
		Yama 3:37PM - 5:30PM	Variyan Until 12:48AM Sat	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 24
Creative Work	Siddha Yoga	Rahu 9:59AM - 11:52AM	Visi Until 6:23PM	Nataraja: Blue		4th Phase
Until 2:04AM Sun			Ekadashi Until 6:23PM	Moan - Green		
Then Routine Work - Marana Yoga						Sivaloka Day

4 Saturday, June 7, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Марта Васара Үктыям Chітра Накшатра Үаріян Үга Үсі/ Карана Екадасһям Тілау				Stamford, CT Su 25 Su 25
Tula Rasi: 10	Tithi 12	Gulika 4:21AM - 6:14AM	Svali Until 2:04AM Sun	Ganesh: Clear	Sunrise: 4:21AM	Vasavasu 5:17
		Yama 1:45PM - 3:38PM	Parigha Until 1:49AM Sun	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 25
Creative Work	Siddha Yoga	Rahu 8:07AM - 9:59AM	Bava Until 7:40AM	Nataraja: Blue		4th Phase
Until 2:04AM Sun			Dvadashi Until 8:52PM	Moan - Green		
Then Routine Work - Marana Yoga						Sivaloka Day

5 Sunday, June 8, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Бһану Васара Үктыям Vіshakha Накшатра Shіva Үга Kaulava/Talіла Карана Trayodasһyam Тілау				Stamford, CT Su 26 Su 26
Tula Rasi: 21.51	Tithi 13	Gulika 3:38PM - 5:31PM	Vіshakha Until 5:03AM Mon	Ganesh: Clear	Sunrise: 4:21AM	Vasavasu 5:17
		Yama 11:52AM - 1:45PM	Shiva Until 2:40AM Mon	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 27
Routine Work	Marana Yoga	Rahu 5:31PM - 7:24PM	Kaulava Until 10:04AM	Nataraja: Blue		4th Phase
Until 5:03AM Mon			Trayodashi Until 11:10PM	Moan - Orange		
Then Creative Work - Siddha Yoga		Vaikasi Visakam				Sivaloka Day
						<i>Pradosha Vata</i>

6 Monday, June 9, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Инду Васара Үктыям Anuradha Накшатра Sіddha Үга Gара/Vanіла Карана Chaturdasһyam Тілау				Stamford, CT Su 27 Su 27
Witschika Rasi: 3.48	Tithi 14	Gulika 1:45PM - 3:38PM	Anuradha Until 7:33AM Tue	Ganesh: Clear	Sunrise: 4:21AM	Vasavasu 5:17
Family Home Evening		Yama 10:00AM - 11:53AM	Siddha Until 3:14AM Tue	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 27
Creative Work	Siddha Yoga	Rahu 6:14AM - 8:07AM	Gara Until 12:13PM	Nataraja: Blue		4th Phase
Until 7:33AM Tue			Chaturdashi Until 1:09AM Tue	Moan - Orange		
Then Routine Work - Marana Yoga						Sivaloka Day

○ Tuesday, June 10, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Сакта Пакше Үагарі Үга Үсі/Вага Карана Purnimayam Тілау				Stamford, CT Su 28 Su 28
Copper Retreat Star		Gulika 11:53AM - 1:46PM	Anuradha Until 7:33AM	Ganesh: Clear	Sunrise: 4:21AM	Vasavasu 5:17
Witschika Rasi: 15.52	Tithi 15	Yama 8:07AM - 10:00AM	Sadhya Until 3:33AM Wed	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 27
Creative Work	Siddha Yoga	Rahu 3:39PM - 5:32PM	Visi Until 2:01PM	Nataraja: Blue		Purnima
Until 7:33AM			Purnima Until 2:46AM Wed	Moan - Orange		
Then Routine Work - Marana Yoga						Sivaloka Day

Wednesday, June 11, 2025		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваба Маса Kрishna Пакше Budha Васара Үктыям Jyeshtha/Muа Nakshatra Subha Үга Balava/Kaulava Карана Prathamayam Тілау				Stamford, CT Su 29 Su 29
Silver Retreat Star		Gulika 10:00AM - 11:53AM	Jyeshtha Until 9:32AM	Ganesh: Clear	Sunrise: 4:21AM	Vasavasu 5:17
Witschika Rasi: 28.05	Tithi 16	Yama 6:14AM - 8:07AM	Subha Until 3:35AM Thu	Muruga: Red	Sunset: 7:29PM	Moon 4 - Phase 8 - 27
Creative Work	Siddha Yoga	Rahu 11:53AM - 1:46PM	Balava Until 3:27PM	Nataraja: Blue		Prathama
Until 9:32AM			Prathama Until 4:00AM Thu	Moan - Orange		
Then Routine Work - Marana Yoga						Sivaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025
Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвехба Маса Крішна Пахке Гурі Вєсара Үктыям				Stamford, CT
		Mula*Purvashadha* Nakshatra Sukla Yoga Talila/Gara Karana Dvityayam Titau				Sun 1 Sufra 60
Dhanus Rasi: 10.29	Tithi 17	Gulika 8:07AM - 10:00AM	Mula* Until 11:27AM	Ganesha: Purple	Sunrise: 4:20AM	Voxasau 5:17
		Yama 4:20AM - 6:14AM	Sukla Until 3:17AM Fri	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 1
Creative Work	Siddha Yoga	Rahu 1:46PM - 3:39PM	Tailita Until 4:30PM	Nataraja: Blue		1st Phase
			Dvitiya Until 4:51AM Fri	Moon - Light Blue		Devaloka Day
				<i>Jyesthithakali</i>		

1

Friday, June 13, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвехба Маса Крішна Пахке Сура Вєсара Үктыям				Stamford, CT
		Purvashadha* Utlarashadha Nakshatra Brahma Yoga Vanija/Vidit* Karana Trityayam Titau				Sun 2 Sufra 61
Dhanus Rasi: 23.02	Tithi 18	Gulika 6:14AM - 8:07AM	Purvashadha* Until 12:51PM	Ganesha: Purple	Sunrise: 4:20AM	Voxasau 5:17
		Yama 3:40PM - 5:33PM	Brahma Until 2:42AM Sat	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 2
Routine Work	Prabalashita Yoga	Rahu 10:00AM - 11:53AM	Vanija Until 5:09PM	Nataraja: Blue		1st Phase
Until 12:51PM			Tritiya Until 5:19AM Sat	Moon - Light Blue		Devaloka Day
Then Routine Work - Marana Yoga				<i>Jyesthithakali</i>		

2

Saturday, June 14, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пахке Марта Вєсара Үктыям				Stamford, CT
		Utlarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Titau				Sun 3 Sufra 62
Makara Rasi: 5.46	Tithi 19	Gulika 4:20AM - 6:14AM	Utlarashadha Until 1:43PM	Ganesha: Purple	Sunrise: 4:20AM	Voxasau 5:17
		Yama 1:47PM - 3:40PM	Indra Until 1:50AM Sun	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 3
Routine Work	Marana Yoga	Rahu 8:07AM - 10:00AM	Bava Until 5:26PM	Nataraja: Blue		1st Phase
Until 1:43PM			Chaturthi* Until 5:24AM Sun	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				<i>Jyesthithakali</i>		

3

Sunday, June 15, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пахке Бхану Вєсара Үктыям				Stamford, CT
		Utlarashadha/Vishakha Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau				Sun 4 Sufra 63
Makara Rasi: 18.41	Tithi 20	Gulika 3:40PM - 5:34PM	Shravana Until 2:31PM	Ganesha: Clear	Sunrise: 4:20AM	Voxasau 5:17
		Yama 11:54AM - 1:47PM	Vaidhriti* Until 12:37AM Mon	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 4
Creative Work	Amrita Yoga	Rahu 5:34PM - 7:27PM	Kaulava Until 5:19PM	Nataraja: Blue		1st Phase
Until 2:31PM		Father's Day	Panchami Until 5:05AM Mon	Moon - Purple		Sivaloka Day
Then Routine Work - Marana Yoga				<i>Jyesthithakali</i>		

4

Monday, June 16, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пахке Інду Вєсара Үктыям				Stamford, CT
		Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthiyam Titau				Sun 5 Sufra 64
Kumbha Rasi: 1.49	Tithi 21	Gulika 1:47PM - 3:41PM	Dhanishtha Until 2:45PM	Ganesha: Yellow	Sunrise: 4:20AM	Voxasau 5:17
Family Home Evening		Yama 10:01AM - 11:54AM	Vishkambha* Until 11:05PM	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 5
Creative Work	Siddha Yoga	Rahu 6:14AM - 8:07AM	Gara Until 4:47PM	Nataraja: Blue		1st Phase
			Shashthi* Until 4:20AM Tue	Moon - Purple		Sivaloka Day
				<i>Jyesthithakali</i>		

5

Tuesday, June 17, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пахке Маргалі Вєсара Үктыям				Stamford, CT
		Shatabhishak/Purvashrothapada* Nakshatra Pili Yoga Vini/Bava Karana Sapthamyam Titau				Sun 6 Sufra 65
Kumbha Rasi: 15.1	Tithi 22	Gulika 11:54AM - 1:48PM	Shatabhishak Until 2:25PM	Ganesha: Yellow	Sunrise: 4:20AM	Voxasau 5:17
		Yama 8:07AM - 10:01AM	Pili Until 9:12PM	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 6
Routine Work	Marana Yoga	Rahu 3:41PM - 5:34PM	Visli Until 3:49PM	Nataraja: Blue		1st Phase
			Saptami Until 3:08AM Wed	Moon - Purple		Sivaloka Day
				<i>Jyesthithakali</i>		

D

Wednesday, June 18, 2025

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пахке Бадха Ішвара Үктыям				Stamford, CT
		Purvashrothapada*Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ayanamyam Titau				Sun 7 Sufra 66
Kumbha Rasi: 28.47	Tithi 23	Gulika 10:01AM - 11:54AM	Purvashrothapada* Until 1:54PM	Ganesha: Clear	Sunrise: 4:21AM	Voxasau 5:17
		Yama 6:14AM - 8:07AM	Ayushman Until 6:54PM	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 7
Creative Work	Amrita Yoga	Rahu 11:54AM - 1:48PM	Balava Until 2:23PM	Nataraja: Blue		Ashtami
Until 1:54PM			Ashtami* Until 1:28AM Thu	Moon - Clear		Sivaloka Day
Then Creative Work - Siddha Yoga				<i>Jyesthithakali</i>		

Thursday, June 19, 2025

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пахке Гурі Вєсара Үктыям				Stamford, CT
		Utlarashrothapada*Revati Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Navamyam Titau				Sun 8 Sufra 67
Meena Rasi: 12.4	Tithi 24	Gulika 8:08AM - 10:01AM	Utlarashrothapada Until 12:47PM	Ganesha: Clear	Sunrise: 4:21AM	Voxasau 5:17
		Yama 4:21AM - 6:14AM	Saubhagya Until 4:15PM	Muruga: Red	Sunset: 7:26PM	Moon 5 - Phase 9 - 8
Creative Work	Siddha Yoga	Rahu 1:48PM - 3:42PM	Tailita Until 12:29PM	Nataraja: Blue		Navami
			Navami* Until 11:21PM	Moon - Clear		Sivaloka Day
				<i>Jyesthithakali</i>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Viswasa Nama Samvatsara Uтарыяне Наріана Рітау Мілуна Масе Кішна Пакше: Sukra Vasara Yuktayam Stamford, CT Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau Sun 9 Sufra 68				
Mesha Rasi: 26.52	Tithi 25	Gulika 6:14AM - 8:08AM	Revati Until 11:05AM	Ganesh: White	Sunrise: 4:21AM	Vasavasu 5:17
		Yama 3:42PM - 5:35PM	Sobhana Until 1:15PM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 10 - 12
Creative Work Siddha Yoga		311518571 Rahu 10:01AM - 11:55AM	Vanija Until 10:09AM	Nataraja: Blue		2nd Phase
Until 11:05AM			Dashami Until 8:49PM	Moon - Clear		
Then Creative Work - Amrita Yoga						Subha Sivaloka Day

2 Saturday, June 21, 2025		Viswasa Nama Samvatsara Uтарыяне Наріана Рітау Мілуна Масе Кішна Пакше: Maru Vasara Yuktayam Stamford, CT Ashvini/Bharani Nakshatra Abhiganda* Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 10 Sufra 69				
Mesha Rasi: 11.19	Tithi 26 - 27	Gulika 4:21AM - 6:15AM	Ashvini Until 9:18AM	Ganesh: Yellow	Sunrise: 4:21AM	Vasavasu 5:17
		Yama 1:48PM - 3:42PM	Abhiganda* Until 9:56AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 10 - 12
Creative Work Siddha Yoga		311518571 Rahu 8:08AM - 10:02AM	Bava Until 7:26AM	Nataraja: Blue		2nd Phase
			Ekadashi* Until 5:57PM	Moon - White		
						Sivaloka Day

3 Sunday, June 22, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Krishna Pakshe: Bharu Vasara Yuktayam Stamford, CT Bharani/Chitra Nakshatra Sakama(Dhriti) Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sufra 70				
Mesha Rasi: 25.59	Tithi 27 - 28	Gulika 3:42PM - 5:36PM	Bharani Until 7:06AM	Ganesh: Yellow	Sunrise: 4:21AM	Vasavasu 5:17
		Yama 11:55AM - 1:49PM	Sukarma Until 6:24AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 10 - 11
Routine Work Prabalarishta Yoga		311518571 Rahu 5:36PM - 7:29PM	Gara Until 1:16AM Mon	Nataraja: Blue		2nd Phase
Until 7:06AM			Dvadashi* Until 2:51PM	Moon - White		
Then Creative Work - Siddha Yoga						Sivaloka Day

4 Monday, June 23, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Krishna Pakshe: Indu Vasara Yuktayam Stamford, CT Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sufra 71				
Wishabha Rasi: 10.46	Tithi 28 - 29	Gulika 1:49PM - 3:42PM	Rohini Until 7:06AM	Ganesh: Red	Sunrise: 4:20AM	Vasavasu 5:17
Family Home Evening		Yama 10:02AM - 11:55AM	Shula* Until 11:03PM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 10 - 12
Creative Work Amrita Yoga		311518571 Rahu 6:15AM - 8:08AM	Visli Until 10:04PM	Nataraja: Blue		2nd Phase
Until 2:22AM Tue			Trayodashi* Until 11:39AM	Moon - Yellow		
Then Creative Work - Siddha Yoga						Sivaloka Day

● Tuesday, June 24, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Krishna Pakshe: Mangala Vasara Yuktayam Stamford, CT Migashira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau Sun 13 Sufra 72				
Retreat Star		Gulika 11:56AM - 1:49PM	Mrigashira Until 12:10AM Wed	Ganesh: Red	Sunrise: 4:20AM	Vasavasu 5:17
Wishabha Rasi: 25.33	Tithi 29 - 30	Yama 8:09AM - 10:02AM	Ganda* Until 7:28PM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 10 - 13
Creative Work Siddha Yoga		311518571 Rahu 3:43PM - 5:36PM	Caturpada Until 7:00PM	Nataraja: Blue		Amavasya
			Chaturdashi* Until 8:29AM	Moon - Yellow		
						Sivaloka Day

Wednesday, June 25, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Sukla Pakshe: Budha Vasara Yuktayam Stamford, CT Ardra Nakshatra Widdhi/Dhruva Yoga Kinlughna* Bava Karana Prathamam Titau Sun 14 Sufra 73				
Retreat Star		Gulika 10:02AM - 11:56AM	Ardra Until 10:08PM	Ganesh: Red	Sunrise: 4:20AM	Vasavasu 5:17
Mithuna Rasi: 10.12	Tithi 1	Yama 6:16AM - 8:09AM	Widdhi Until 4:08PM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 10 - 14
Creative Work Siddha Yoga		311518571 Rahu 11:56AM - 1:49PM	Kinlughna Until 4:12PM	Nataraja: Blue		Prathama
			Prathama* Until 2:56AM Thu	Moon - Yellow		
						Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 26, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dhilliyam Titau		Stamford, CT Sun 15	Sufra 74 Sufraxu 5127
Mithuna Rasi: 24.35	Tilhi 2	Gulika 8:09AM - 10:03AM	Punarvasu Untill 8:52PM	Ganesha: White	Sunrise: 4:23AM		
		Yama 4:22AM - 6:16AM	Dhruva Untill 1:09PM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-15	3rd Phase
Creative Work	Amrita Yoga	Rahu 1:49PM - 3:43PM	Balava Untill 1:50PM	Nataraja: Blue			
			Dvitiya Untill 12:51AM Fri	Devaloka Day			
				Aashatara Aui			

2		Friday, June 27, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana/Yoga Talilla/Gara Karana Trityayam Titau		Stamford, CT Sun 16	Sufra 75 Sufraxu 5127
Kalkata Rasi: 8.37	Tilhi 3	Gulika 6:14AM - 8:10AM	Pushya Untill 8:06PM	Ganesha: White	Sunrise: 4:23AM		
		Yama 3:43PM - 5:36PM	Vyaghata* Untill 10:39AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-16	3rd Phase
Routine Work	Marana Yoga	Rahu 10:03AM - 11:56AM	Talilla Untill 12:04PM	Nataraja: Blue			
			Tritiya Untill 11:25PM	Devaloka Day			
				Aashatara Aui			

3		Saturday, June 28, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Najra* Yoga Vanja/Vsli* Karana Chaturthayam Titau		Stamford, CT Sun 17	Sufra 76 Sufraxu 5127
Kalkata Rasi: 22.13	Tilhi 4	Gulika 4:23AM - 6:17AM	Ashlesha* Untill 7:55PM	Ganesha: White	Sunrise: 4:23AM		
		Yama 1:50PM - 3:43PM	Harshana Untill 8:45AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-17	3rd Phase
Routine Work	Marana Yoga	Rahu 8:10AM - 10:03AM	Vanija Untill 11:01AM	Nataraja: Blue			
Untill 7:55PM			Chaturthi* Untill 10:46PM	Devaloka Day			
Then Creative Work - Amrita Yoga				Aashatara Aui			

4		Sunday, June 29, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi/Yoga Bava/Balava Karana Panchamam Titau		Stamford, CT Sun 18	Sufra 77 Sufraxu 5127
Simha Rasi: 5.23	Tilhi 5	Gulika 3:43PM - 5:36PM	Magha* Untill 8:52PM	Ganesha: Clear	Sunrise: 4:24AM		
		Yama 11:57AM - 1:50PM	Vajra* Untill 7:28AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-18	3rd Phase
Routine Work	Marana Yoga	Rahu 5:36PM - 7:30PM	Bava Untill 10:46AM	Nataraja: Blue			
Untill 8:52PM			Panchami Untill 10:57PM	Sivaloka Day			
Then Creative Work - Siddha Yoga				Aashatara Aui			

5		Monday, June 30, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Talilla Karana Shashtham Titau		Stamford, CT Sun 19	Sufra 78 Sufraxu 5127
Simha Rasi: 18.08	Tilhi 6	Gulika 1:50PM - 3:43PM	Purvaphalguni Untill 10:26PM	Ganesha: White	Sunrise: 4:24AM		
Family Home Evening		Yama 10:04AM - 11:57AM	Siddhi Untill 6:51AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-19	3rd Phase
Creative Work	Siddha Yoga	Rahu 6:17AM - 8:10AM	Kaulava Untill 11:21AM	Nataraja: Blue			
			Shashthi* Untill 11:55PM	Sivaloka Day			
				Aashatara Aui			

6		Tuesday, July 1, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*/Varjyan/Yoga Gara/Vanja Karana Sapthamam Titau		Stamford, CT Sun 20	Sufra 79 Sufraxu 5127
Kanya Rasi: 0.32	Tilhi 7	Gulika 11:57AM - 1:50PM	Uttaraphalguni Untill 12:31AM Wed	Ganesha: Clear	Sunrise: 4:25AM		
		Yama 10:04AM - 10:04AM	Vyaptipata* Untill 6:52AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-20	3rd Phase
Creative Work	Amrita Yoga	Rahu 3:43PM - 5:36PM	Gara Untill 12:41PM	Nataraja: Blue			
Untill 12:31AM Wed			Saptami Untill 1:34AM Wed	Sivaloka Day			
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Aashatara Aui			

7		Wednesday, July 2, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Rudra Vasara Yuktayam Hasta Nakshatra Varjyan/Parigha* Yoga Vsli*/Bava Karana Ashtamam Titau		Stamford, CT Sun 21	Sufra 80 Sufraxu 5127
Retreat Star		Gulika 10:04AM - 11:57AM	Hasta Untill 3:25AM Thu	Ganesha: Purple	Sunrise: 4:25AM		
Kanya Rasi: 12.39	Tilhi 8	Yama 6:18AM - 8:11AM	Varjyan Untill 7:20AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-21	Ashtami
Routine Work	Marana Yoga	Rahu 11:57AM - 1:50PM	Vsli Untill 2:37PM	Nataraja: Blue			
Untill 3:25AM Thu			Ashtami* Untill 3:43AM Thu	Devaloka Day			
Then Creative Work - Siddha Yoga				Aashatara Aui			

8		Thursday, July 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamam Titau		Stamford, CT Sun 22	Sufra 81 Sufraxu 5127
Retreat Star		Gulika 8:12AM - 10:04AM	Chitra Untill 6:24AM Fri	Ganesha: Purple	Sunrise: 4:26AM		
Kanya Rasi: 24.36	Tilhi 9	Yama 4:26AM - 6:19AM	Parigha* Untill 8:09AM	Muruga: Red	Sunset: 7:30PM	Moon 5 - Phase 11-22	Navami
Creative Work	Siddha Yoga	Rahu 1:50PM - 3:43PM	Balava Untill 4:56PM	Nataraja: Blue			
			Navami* Untill 6:07AM Fri	Devaloka Day			
				Aashatara Aui			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 2/11/24

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1	Friday, July 4, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam Chitra/Svali Nakshatra/Shiva/Siddha Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau				Stamford, CT
		Gulika 6:19AM – 8:12AM	Chitra Untill 6:24AM	Ganesh: Purple	Sunrise: 4:26AM	Sutra 82
Tula Rasi: 6.28	Tithi 9 – 10	Yama 3:43PM – 5:36PM	Shiva Untill 9:09AM	Muruga: Red	Sunset: 7:29PM	Vasvasu 5:17
Creative Work	Siddha Yoga	Rahu 10:05AM – 11:58AM	Tailita Untill 7:22PM	Nataraja: Blue	Moon 5 - Phase 12 - 23	4th Phase
			Navami* Untill 6:07AM	Moon - Orange		Devaloka Day
				Aushkati/Ausi		

2	Saturday, July 5, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Merita Vasara Yuktayam Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekaddashyam Tilau				Stamford, CT
		Gulika 4:27AM – 6:20AM	Svali Untill 9:14AM	Ganesh: Purple	Sunrise: 4:27AM	Sutra 83
Tula Rasi: 18.19	Tithi 10 – 11	Yama 1:50PM – 3:43PM	Siddha Untill 10:07AM	Muruga: Red	Sunset: 7:29PM	Vasvasu 5:17
Creative Work	Siddha Yoga	Rahu 8:12AM – 10:05AM	Vanija Untill 9:44PM	Nataraja: Blue	Moon 5 - Phase 12 - 24	4th Phase
			Dashami Untill 8:33AM	Moon - Green		Devaloka Day
				Aushkati/Ausi		

3	Sunday, July 6, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhyha/Sadha Yoga Visti/Bava Karana Ekadashi/Dvaddashyam Tilau				Stamford, CT
		Gulika 3:43PM – 5:36PM	Vishakha Untill 12:13PM	Ganesh: Purple	Sunrise: 4:27AM	Sutra 84
Wischika Rasi: 0.13	Tithi 11 – 12	Yama 11:58AM – 1:50PM	Sadhyha Untill 10:57AM	Muruga: Red	Sunset: 7:29PM	Vasvasu 5:17
Routine Work	Marana Yoga	Rahu 5:36PM – 7:28PM	Bava Untill 11:49PM	Nataraja: Blue	Moon 5 - Phase 12 - 25	4th Phase
			Ekadashi Untill 10:47AM	Moon - Orange		Devaloka Day
				Aushkati/Ausi		

4	Monday, July 7, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvaddashi/Trayodshyam Tilau				Stamford, CT
		Gulika 1:51PM – 3:43PM	Anuradha Untill 2:42PM	Ganesh: Purple	Sunrise: 4:28AM	Sutra 85
Wischika Rasi: 12.15	Tithi 12 – 13	Yama 10:06AM – 11:58AM	Subha Untill 11:33AM	Muruga: Red	Sunset: 7:29PM	Vasvasu 5:17
Family Home Evening		Rahu 6:21AM – 8:13AM	Kaulava Untill 1:31AM Tue	Nataraja: Blue	Moon 5 - Phase 12 - 26	4th Phase
Creative Work	Siddha Yoga		Dvaddashi Untill 12:42PM	Moon - Orange		Devaloka Day
				Aushkati/Ausi		

Pradosha Vata

5	Tuesday, July 8, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Trayodashi/Chaturdshyam Tilau				Stamford, CT
		Gulika 11:58AM – 1:51PM	Jyeshtha* Untill 4:36PM	Ganesh: Purple	Sunrise: 4:29AM	Sutra 86
Wischika Rasi: 24.28	Tithi 13 – 14	Yama 8:13AM – 10:06AM	Sukla Untill 11:47AM	Muruga: Red	Sunset: 7:29PM	Vasvasu 5:17
Routine Work	Marana Yoga	Rahu 3:43PM – 5:35PM	Gara Untill 2:45AM Wed	Nataraja: Blue	Moon 5 - Phase 12 - 27	4th Phase
Untill 4:36PM			Trayodashi Untill 2:10PM	Moon - Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Aushkati/Ausi		

○	Wednesday, July 9, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau				Stamford, CT
		Gulika 10:06AM – 11:58AM	Mula* Untill 6:21PM	Ganesh: Clear	Sunrise: 4:29AM	Sutra 87
Dhanu Rasi: 6.52	Tithi 14 – 15	Yama 6:22AM – 8:14AM	Brahma Untill 11:39AM	Muruga: Red	Sunset: 7:27PM	Vasvasu 5:17
Routine Work	Marana Yoga	Rahu 11:58AM – 1:51PM	Visti Untill 3:29AM Thu	Nataraja: Blue	Moon 5 - Phase 12 - Purnima	
Untill 6:21PM		Satguru Purnima	Chaturdashi* Untill 3:09PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Aushkati/Ausi		

○	Thursday, July 10, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Stamford, CT
		Gulika 8:14AM – 10:06AM	Purvashadha* Untill 7:28PM	Ganesh: White	Sunrise: 4:30AM	Sutra 88
Dhanu Rasi: 19.29	Tithi 15 – 16	Yama 4:30AM – 6:22AM	Indra Untill 11:09AM	Muruga: Red	Sunset: 7:27PM	Vasvasu 5:17
Creative Work	Siddha Yoga	Rahu 1:51PM – 3:43PM	Balava Untill 3:45AM Fri	Nataraja: Blue	Moon 5 - Phase 12 - Prathama	
Untill 7:28PM			Purnima* Untill 3:40PM	Moon - Light Blue		Subha Sivaloka Day
Then Routine Work - Marana Yoga				Aushkati/Ausi		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Sukra Vasara Yuktayam
Uttarashadha Nakshatra Vaidhri/Vishkamba* Yoga Kaulava/Taila Karana Prathamam/Dvityayam TitauStamford, CT
Sufra 89

Makara Rasi: 2.19	Tithi 16 - 17	Gulika 4:23AM - 8:15AM	Yama 3:43PM - 5:34PM	Rahu 10:07AM - 11:59AM	Uttarashadha Until 7:59PM Vaidhri* Until 10:15AM Tailita Until 3:35AM Sat	Ganesh: White Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 4:31AM Sunset: 7:26PM	Moon 6 - Phase 13 - 1st Phase
Routine Work - Marana Yoga					Prathama* Until 3:42PM	Subha Sivaloka Day		

1

Saturday, July 12, 2025

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Visara Yuktayam
Shravana Nakshatra Vishkamba* Priti Yoga Gara/Vanija Karana Dwitraya/Tritrayayam TitauStamford, CT
Sufra 90

Makara Rasi: 15.23	Tithi 17 - 18	Gulika 4:31AM - 6:23AM	Yama 1:51PM - 3:42PM	Rahu 8:15AM - 10:07AM	Shravana Until 8:24PM Vishkamba* Until 9:02AM Vanija Until 3:01AM Sun	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon - Purple	Sunrise: 4:31AM Sunset: 7:26PM	Moon 6 - Phase 13 - 1st Phase
Creative Work - Siddha Yoga					Dvitiya Until 3:19PM	Sivaloka Day		

2

Sunday, July 13, 2025

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bharu Visara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Chaturthi/Chaturthayam TitauStamford, CT
Sufra 91

Makara Rasi: 28.39	Tithi 18 - 19	Gulika 3:42PM - 5:34PM	Yama 11:59AM - 11:59AM	Rahu 5:34PM - 7:25PM	Dhanishtha Until 8:19PM Priti Until 7:32AM Bava Until 2:06AM Mon	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon - Purple	Sunrise: 4:32AM Sunset: 7:25PM	Moon 6 - Phase 13 - 2 1st Phase
Routine Work - Marana Yoga Until 8:19PM Then Creative Work - Siddha Yoga					Tritiya Until 2:35PM	Sivaloka Day		

3

Monday, July 14, 2025

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Vasara Yuktayam
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamayam TitauStamford, CT
Sufra 92

Kumbha Rasi: 12.06	Tithi 19 - 20	Gulika 1:50PM - 3:42PM	Yama 10:07AM - 11:59AM	Rahu 6:24AM - 8:16AM	Shalabhishak Until 7:47PM Saubhagya Until 3:41AM Tue Kaulava Until 12:53AM Tue	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon - Purple	Sunrise: 4:33AM Sunset: 7:25PM	Moon 6 - Phase 13 - 3 1st Phase
Creative Work - Siddha Yoga Until 7:47PM Then Routine Work - Marana Yoga					Chaturthi* Until 1:31PM	Sivaloka Day		

4

Tuesday, July 15, 2025

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Vasara Yuktayam
Puruvashrothapada* Nakshatra Sobhana Yoga Taila/Gara Karana Panchami/Shashthayam TitauStamford, CT
Sufra 93

Kumbha Rasi: 25.44	Tithi 20 - 21	Gulika 11:59AM - 1:50PM	Yama 8:16AM - 10:08AM	Rahu 3:42PM - 5:33PM	Puruvashrothapada* Until 7:15PM Sobhana Until 1:26AM Wed Gara Until 11:23PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Clear	Sunrise: 4:34AM Sunset: 7:25PM	Moon 6 - Phase 13 - 4 1st Phase
Routine Work - Marana Yoga Until 7:15PM Then Creative Work - Amrita Yoga					Panchami Until 12:09PM	Devaloka Day		

5

Wednesday, July 16, 2025

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam
Uttarashrothapada* Nakshatra Alhiganda* Yoga Vanija/Visi* Karana Shashthi/Saptamayam TitauStamford, CT
Sufra 94

Meena Rasi: 9.31	Tithi 21 - 22	Gulika 10:08AM - 11:59AM	Yama 6:26AM - 8:17AM	Rahu 11:59AM - 1:50PM	Uttarashrothapada Until 6:19PM Alhiganda* Until 10:56PM Visi Until 9:38PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Clear	Sunrise: 4:35AM Sunset: 7:26PM	Moon 6 - Phase 13 - 5 1st Phase
Creative Work - Siddha Yoga Until 6:19PM Then Routine Work - Marana Yoga					Shashthi* Until 10:32AM	Devaloka Day		

D

Thursday, July 17, 2025

Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamayam TitauStamford, CT
Sufra 95

Meena Rasi: 23.28	Tithi 22 - 23	Gulika 8:17AM - 10:08AM	Yama 4:35AM - 6:26AM	Rahu 1:50PM - 3:41PM	Revati Until 4:59PM Sukarma Until 8:14PM Balava Until 7:38PM	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Clear	Sunrise: 4:35AM Sunset: 7:25PM	Moon 6 - Phase 13 - 6 1st Phase
Creative Work - Siddha Yoga Until 4:59PM Then Creative Work - Amrita Yoga					Saptami Until 8:39AM	Bhuloka Day Devaloka Time: 3PM to 6PM		

Friday, July 18, 2025

Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Ashtami/Navamayam TitauStamford, CT
Sufra 96

Mesha Rasi: 7.34	Tithi 23 - 24	Gulika 6:27AM - 8:18AM	Yama 3:41PM - 5:32PM	Rahu 10:08AM - 11:59AM	Ashvini Until 3:43PM Dhriti Until 5:26PM Gara Until 4:13AM Sat	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - White	Sunrise: 4:36AM Sunset: 7:25PM	Moon 6 - Phase 13 - 7 1st Phase
Creative Work - Amrita Yoga Until 3:43PM Then Creative Work - Siddha Yoga					Ashtami* Until 6:32AM	Devaloka Day		


1	Saturday, July 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam Bharani/Kritika Nakshatra Shula "Ganda" Yoga Vanija/Visi* Karana Dashamyam Tilau				Sun 8	Stamford, CT Sufra 97
	Mesha Rasi: 21.49	Tithi 25	Gulika 4:37AM - 6:28AM	Bharani Until 2:07PM Shula* Until 2:24PM	Ganesh: Clear Muruga: Red Nataraja: Yellow	Sunrise: 4:37AM Sunset: 7:29PM	Moon 6 - Phase 14 - 8 2nd Phase	
	Creative Work Siddha Yoga Until 2:07PM Then Creative Work - Amrita Yoga		433618572	Rahu 8:18AM - 10:09AM	Dashami Until 1:45AM Sun	Ashlesha*Adi	Devaloka Day	

2	Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam Kritika/Rohini Nakshatra Ganda "Vidhi" Yoga Bava/Balava Karana Ekadashyam Tilau				Sun 9	Stamford, CT Sufra 98
	Wishabha Rasi: 6.09	Tithi 26	Gulika 3:40PM - 5:31PM	Kritika Until 12:15PM Ganda* Until 11:18AM	Ganesh: Clear Muruga: Red Nataraja: Yellow	Sunrise: 4:38AM Sunset: 7:29PM	Moon 6 - Phase 14 - 9 2nd Phase	
	Creative Work Siddha Yoga		433618572	Rahu 5:31PM - 7:21PM	Bava Until 12:29PM Ekadashi* Until 11:11PM	Ashlesha*Adi	Devaloka Day	

3	Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Tilau				Sun 10	Stamford, CT Sufra 99
	Wishabha Rasi: 20.33	Tithi 27	Gulika 1:50PM - 3:40PM	Rohini Until 10:38AM Widdhi Until 8:09AM	Ganesh: White Muruga: Red Nataraja: Yellow	Sunrise: 4:39AM Sunset: 7:29PM	Moon 6 - Phase 14 - 10 2nd Phase	
	Family Home Evening Creative Work Amrita Yoga		433618572	Rahu 6:29AM - 8:19AM	Kaulava Until 9:55AM Dvadashti* Until 8:38PM	Ashlesha*Adi	Bhuloka Day Devaloka Time: 3PM to 6PM	

4	Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau				Sun 11	Stamford, CT Sufra 100
	Mithuna Rasi: 4.55	Tithi 28	Gulika 11:59AM - 1:49PM	Mrigashira Until 8:55AM Vyaghata* Until 2:03AM Wed	Ganesh: White Muruga: Red Nataraja: Yellow	Sunrise: 4:40AM Sunset: 7:19PM	Moon 6 - Phase 14 - 11 2nd Phase	
	Creative Work Siddha Yoga Until 8:55AM Then Routine Work - Marana Yoga		433618572	Rahu 3:39PM - 5:29PM	Gara Until 7:24AM Trayodashi* Until 6:11PM	Ashlesha*Adi	Bhuloka Day Devaloka Time: 3PM to 6PM	

5	Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*Cataspada* Karana Chaturdashi/Amavasyayam Tilau				Sun 12	Stamford, CT Sufra 101
	Mithuna Rasi: 19.1	Tithi 29 - 30	Gulika 10:10AM - 12:00PM	Ardra Until 7:15AM Harshana Until 11:20PM	Ganesh: White Muruga: Red Nataraja: Yellow	Sunrise: 4:40AM Sunset: 7:19PM	Moon 6 - Phase 14 - 12 2nd Phase	
	Creative Work Siddha Yoga		433618572	Rahu 12:00PM - 1:49PM	Cataspada Until 3:02AM Thu Chaturdashi* Until 3:59PM	Ashlesha*Adi	Bhuloka Day Devaloka Time: 3PM to 6PM	

	Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga* "Kintughna" Karana Amavasya/Prathamayam Tilau				Sun 13	Stamford, CT Sufra 102
	Retreat Star		Gulika 8:20AM - 10:10AM	Punarvasu Until 6:12AM Vajra* Until 8:55PM	Ganesh: Orange Muruga: Red Nataraja: Yellow	Sunrise: 4:41AM Sunset: 7:19PM	Moon 6 - Phase 14 - 13 Amavasya	
	Kataka Rasi: 3.12	Tithi 30 - 1	444618572	Rahu 1:49PM - 3:39PM	Kintughna Until 1:27AM Fri Amavasya* Until 2:10PM	Ashlesha*Adi	Devaloka Day	

6	Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau				Sun 14	Stamford, CT Sufra 103
	Retreat Star		Gulika 6:32AM - 8:21AM	Ashlesha* Until 5:10AM Sat Siddhi Until 6:58PM	Ganesh: Orange Muruga: Red Nataraja: Yellow	Sunrise: 4:42AM Sunset: 7:17PM	Moon 6 - Phase 14 - 14 Prathama	
	Kataka Rasi: 16.58	Tithi 1 - 2	444618572	Rahu 10:10AM - 12:00PM	Balava Until 12:27AM Sat Prathama* Until 12:51PM	Sukra*Adi	Devaloka Day	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1		Saturday, July 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Manita Vesara Yuktayam Magha* Nakshatra Vysalpa* Varjany Yoga Kadava/Tailita Karana Dvitiya/Tritiyam Titau		Stamford, CT Sutra 104
Simha Rasi: 0.22	Tithi 2 - 3	Gulika 4:43AM - 6:32AM Yama 1:49PM - 3:38PM	Magha* Until 5:51AM Sun Vyalipala* Until 5:34PM Tailita Until 12:06AM Sun Dvitiya Until 12:10PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:43AM Sunset: 7:16PM	Vasavasu 5:17 Moon 6 - Phase 15 - 17 3rd Phase
Creative Work - Amrita Yoga Until 5:51AM Sun Then Creative Work - Siddha Yoga		454618572 Rahu				Devaloka Day

2		Sunday, July 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Bharu Vesara Yuktayam Purvaphalguni Nakshatra VarjanyParjany* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Stamford, CT Sutra 105
Simha Rasi: 13.24	Tithi 3 - 4	Gulika 3:37PM - 5:26PM Yama 12:00PM - 1:48PM	Purvaphalguni Until 7:05AM Mon Varjany Until 4:42PM Vanija Until 12:30AM Mon Tritiya Until 12:11PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:44AM Sunset: 7:15PM	Vasavasu 5:17 Moon 6 - Phase 15 - 17 3rd Phase
Creative Work - Siddha Yoga		454618572 Rahu				Devaloka Day

3		Monday, July 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigraha* Shiva/Siddha Yoga Balava/Kadava Karana Panchami/Shasthyam Titau		Stamford, CT Sutra 106
Simha Rasi: 26.05	Tithi 4 - 5	Gulika 1:48PM - 3:37PM Yama 10:11AM - 12:00PM	Purvaphalguni Until 7:05AM Parigraha* Until 4:24PM Bava Until 1:35AM Tue	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:45AM Sunset: 7:14PM	Vasavasu 5:17 Moon 6 - Phase 15 - 17 3rd Phase
Family Home Evening Creative Work - Siddha Yoga		454618572 Rahu				Devaloka Day
		Nag Panchami	Chaturthi* Until 12:56PM			

4		Tuesday, July 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Mangala Vysara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Balava/Kadava Karana Panchami/Shasthyam Titau		Stamford, CT Sutra 107
Kanya Rasi: 8.28	Tithi 5 - 6	Gulika 11:59AM - 1:48PM Yama 8:23AM - 10:11AM	Uttaraphalguni Until 8:50AM Shiva Until 4:38PM Kadava Until 3:17AM Wed	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:46AM Sunset: 7:13PM	Vasavasu 5:17 Moon 6 - Phase 15 - 18 3rd Phase
Creative Work - Amrita Yoga Until 8:50AM Then Creative Work - Siddha Yoga		454618572 Rahu				Devaloka Day
			Panchami Until 2:21PM			

5		Wednesday, July 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Budha Vesara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau		Stamford, CT Sutra 108
Kanya Rasi: 20.35	Tithi 6 - 7	Gulika 10:11AM - 11:59AM Yama 6:35AM - 8:23AM	Hasta Until 11:27AM Siddha Until 5:14PM Gara Until 5:26AM Thu	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green	Sunrise: 4:47AM Sunset: 7:12PM	Vasavasu 5:17 Moon 6 - Phase 15 - 19 3rd Phase
Routine Work - Marana Yoga Until 11:27AM Then Creative Work - Siddha Yoga		464618572 Rahu				Sivaloka Day
			Shashthi* Until 4:18PM			

6		Thursday, July 31, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Guru Vesara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Sapthamam Titau		Stamford, CT Sutra 109
Tula Rasi: 2.33	Tithi 7	Gulika 8:24AM - 10:12AM Yama 4:48AM - 6:36AM	Chitra Until 2:16PM Sadhya Until 6:06PM Vanija Until 6:34PM	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green	Sunrise: 4:48AM Sunset: 7:11PM	Vasavasu 5:17 Moon 6 - Phase 15 - 20 3rd Phase
Creative Work - Siddha Yoga Until 2:16PM Then Creative Work - Amrita Yoga		464618572 Rahu				Sivaloka Day
			Sapthami Until 6:34PM			

Retreat Star		Friday, August 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Sukla Vesara Yuktayam Svati/Vishkha Nakshatra Subha Yoga Vasi* Bava Karana Ashtamam Titau		Stamford, CT Sutra 110
Tula Rasi: 14.26	Tithi 8	Gulika 6:36AM - 8:24AM Yama 3:35PM - 5:22PM	Svati Until 5:03PM Subha Until 7:03PM Vasi Until 7:47AM	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green	Sunrise: 4:49AM Sunset: 7:10PM	Vasavasu 5:17 Moon 6 - Phase 15 - 21 Ashtami
Creative Work - Siddha Yoga		464618572 Rahu				Sivaloka Day
			Ashtami* Until 8:57PM			

Retreat Star		Saturday, August 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Manita Vesara Yuktayam Vishkha Nakshatra Sukla Yoga Balava/Kadava Karana Navamam Titau		Stamford, CT Sutra 111
Tula Rasi: 26.19	Tithi 9	Gulika 4:50AM - 6:37AM Yama 1:47PM - 3:34PM	Vishkha Until 8:05PM Sukla Until 7:54PM Balava Until 10:08AM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Orange	Sunrise: 4:50AM Sunset: 7:09PM	Vasavasu 5:17 Moon 6 - Phase 15 - 22 Navami
Creative Work - Siddha Yoga		474628572 Rahu				Sivaloka Day
			Navami* Until 11:13PM			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 2/11/24

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1	Sunday, August 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukhtayam Stamford, CT Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Dvadasyam Tilau Sutra 112			
	Wischika Rasi: 8.16	Tithi 10	Gulika 3:33PM - 5:20PM Yama 11:59AM - 1:46PM Rahu 5:20PM - 7:08PM	Anuradha Until 10:41PM Brahma Until 8:33PM Talila Until 12:16PM Dashami Until 1:11AM Mon	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Orange	Sunrise: 4:51AM Sunset: 7:08PM Moon 6 - Phase 16 - 23 4th Phase
Routine Work	Marana Yoga	474628572				Sivaloka Day

2	Monday, August 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yukhtayam Stamford, CT Jyeshtha Nakshatra Indra Yoga Vanija/Visli Karana Ekadashyam Tilau Sutra 113			
	Wischika Rasi: 20.22	Tithi 11	Gulika 1:46PM - 3:33PM Yama 10:12AM - 11:59AM Rahu 6:39AM - 8:25AM	Jyeshtha Until 12:41AM Tue Indra Until 8:53PM Vanija Until 2:01PM Ekadashi Until 2:41AM Tue	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Orange	Sunrise: 4:52AM Sunset: 7:06PM Moon 6 - Phase 16 - 24 4th Phase
Family Home Evening	Siddha Yoga	474628572				Sivaloka Day
Creative Work	Then Creative Work - Amrita Yoga					

3	Tuesday, August 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukhtayam Stamford, CT Mula Nakshatra Vaidhriti Yoga Bava/Balava Karana Dvadasyam Tilau Sutra 114			
	Dhanus Rasi: 2.38	Tithi 12	Gulika 11:59AM - 1:46PM Yama 10:12AM - 11:59AM Rahu 3:32PM - 5:19PM	Mula Until 2:29AM Wed Vaidhriti Until 8:46PM Bava Until 3:16PM Dvadashi Until 3:39AM Wed	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon - Light Blue	Sunrise: 4:53AM Sunset: 7:05PM Moon 6 - Phase 16 - 25 4th Phase
Creative Work	Amrita Yoga	485628572				Sivaloka Day

4	Wednesday, August 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Butha Vasara Yukhtayam Stamford, CT Purvashadha Nakshatra Vishkambha Yoga Kaulava/Talila Karana Trayodashyam Tilau Sutra 115			
	Dhanus Rasi: 15.1	Tithi 13	Gulika 10:13AM - 11:59AM Yama 6:40AM - 8:26AM Rahu 11:59AM - 1:45PM	Purvashadha Until 3:32AM Thu Vishkambha Until 8:12PM Kaulava Until 3:55PM Trayodashi Until 4:00AM Thu	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon - Light Blue	Sunrise: 4:54AM Sunset: 7:04PM Moon 6 - Phase 16 - 26 4th Phase
Creative Work	Amrita Yoga	485628572				Sivaloka Day
Until 3:32AM Thu						
Then Routine Work - Marana Yoga						

5	Thursday, August 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukhtayam Stamford, CT Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau Sutra 116			
	Dhanus Rasi: 27.59	Tithi 14	Gulika 8:27AM - 10:13AM Yama 4:55AM - 6:41AM Rahu 1:45PM - 3:31PM	Uttarashadha Until 3:51AM Fri Priti Until 7:11PM Gara Until 3:58PM Chaturdashmi Until 3:46AM Fri	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon - Light Blue	Sunrise: 4:55AM Sunset: 7:03PM Moon 6 - Phase 16 - 27 4th Phase
Routine Work	Marana Yoga	485628572				Sivaloka Day

6	Friday, August 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukhtayam Stamford, CT Shravana Nakshatra Ayushman/Saubhagya Yoga Visli/Bava Karana Punimayam Tilau Sutra 117			
	Makara Rasi: 11.05	Tithi 15	Gulika 6:41AM - 8:27AM Yama 3:30PM - 5:16PM Rahu 10:13AM - 11:59AM	Shravana Until 3:57AM Sat Ayushman Until 5:41PM Visli Until 3:27PM Purnima Until 2:59AM Sat	Ganesh: Blue Muruga: Blue Nataraja: Yellow Moon - Purple	Sunrise: 4:56AM Sunset: 7:02PM Moon 6 - Phase 16 - 28 Purnima
Routine Work	Marana Yoga	495628572				Devaloka Day
Until 3:57AM Sat						
Then Creative Work - Siddha Yoga						

7	Saturday, August 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukhtayam Stamford, CT Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau Sutra 118			
	Makara Rasi: 24.29	Tithi 16	Gulika 4:57AM - 6:42AM Yama 1:44PM - 3:29PM Rahu 8:28AM - 10:13AM	Dhanishtha Until 3:25AM Sun Saubhagya Until 3:47PM Balava Until 2:26PM Prathama Until 1:44AM Sun	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon - Purple	Sunrise: 4:57AM Sunset: 7:01PM Moon 6 - Phase 16 - 29 Prathama
Creative Work	Siddha Yoga	495728572				Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vesara Yuktayam
Shalabhishak Nakshatra Sobhana/Ahiganda* Yoga Talila/Gara Karana Dvityayam Tilau

Stamford, CT
Sutra 119

Kumbha Rasi: 8:08 Tithi 17
495728572 Rahu

Gulika 3:29PM - 5:14PM
Yama 11:58AM - 1:43PM
Rahu 5:14PM - 6:59PM

Shalabhishak Until 2:22AM Mon
Sobhana Until 1:34PM
Talila Until 12:58PM
Dvitiya Until 12:06AM Mon

Ganesha: Yellow Sunrise: 4:58AM
Muruga: Blue Sunset: 6:59PM
Nataraja: Yellow
Moon - Purple

Sivaloka Day

Creative Work Siddha Yoga
Until 2:22AM Mon
Then Routine Work - Marana Yoga

Monday, August 11, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vesara Yuktayam
Puravproshthapada* Nakshatra Ahiganda*/Sakama Yoga Vanja/Visti* Karana Tritayam Tilau

Stamford, CT
Sutra 120

Kumbha Rasi: 22:01 Tithi 18
415728572 Rahu

Gulika 1:43PM - 3:28PM
Yama 10:13AM - 11:58AM
Rahu 6:44AM - 8:28AM

Puravproshthapada* Until 1:21AM Tue
Ahiganda* Until 11:03AM
Vanja Until 11:11AM
Tritiya Until 10:11PM

Ganesha: Clear Sunrise: 4:59AM
Muruga: Blue Sunset: 6:58PM
Nataraja: Yellow
Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga
Until 1:21AM Tue
Then Creative Work - Amrita Yoga

Tuesday, August 12, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vesara Yuktayam
Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthayam Tilau

Stamford, CT
Sutra 121

Mesha Rasi: 6:03 Tithi 19
415728572 Rahu

Gulika 11:58AM - 1:43PM
Yama 10:13AM - 11:58AM
Rahu 3:27PM - 5:12PM

Uttaraproshtapada Until 12:00AM Wed
Sukarna Until 8:21AM
Bava Until 9:10AM
Chaturthi* Until 8:04PM

Ganesha: Clear Sunrise: 5:00AM
Muruga: Blue Sunset: 6:56PM
Nataraja: Yellow
Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga
Until 12:00AM Wed
Then Creative Work - Siddha Yoga

Wednesday, August 13, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vesara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthayam Tilau

Stamford, CT
Sutra 122

Mesha Rasi: 20:12 Tithi 20 - 21
415728572 Rahu

Gulika 10:14AM - 11:58AM
Yama 6:45AM - 8:29AM
Rahu 11:58AM - 1:42PM

Revati Until 10:24PM
Shula* Until 2:38AM Thu
Kaulava Until 6:59AM
Panchami Until 5:51PM

Ganesha: Clear Sunrise: 5:01AM
Muruga: Blue Sunset: 6:55PM
Nataraja: Yellow
Moon - Clear

Sivaloka Day

Routine Work Marana Yoga

Thursday, August 14, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Guru Vesara Yuktayam
Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamayam Tilau

Stamford, CT
Sutra 123

Mesha Rasi: 4:25 Tithi 21 - 22
425728572 Rahu

Gulika 8:30AM - 10:14AM
Yama 5:02AM - 6:46AM
Rahu 1:42PM - 3:26PM

Ashvini Until 9:03PM
Ganda* Until 11:43PM
Visti Until 2:27AM Fri
Shashthi* Until 3:35PM

Ganesha: Purple Sunrise: 5:02AM
Muruga: Blue Sunset: 6:54PM
Nataraja: Yellow
Moon - White

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 9:03PM
Then Creative Work - Siddha Yoga

Friday, August 15, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Sukra Vesara Yuktayam
Bharani Nakshatra Viddhi* Yoga Bava/Balava Karana Saptami/Ashtamayam Tilau

Stamford, CT
Sutra 124

Mesha Rasi: 18:38 Tithi 22 - 23
426728572 Rahu

Gulika 6:46AM - 8:30AM
Yama 3:25PM - 5:09PM
Rahu 10:14AM - 11:57AM

Bharani Until 7:34PM
Viddhi Until 8:50PM
Balava Until 12:12AM Sat
Saptami Until 1:18PM

Ganesha: Clear Sunrise: 5:03AM
Muruga: Blue Sunset: 6:53PM
Nataraja: Yellow
Moon - White

Sivaloka Day

Creative Work Siddha Yoga

Krishna Janmashtami

Saturday, August 16, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Mani Vesara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamayam Tilau

Stamford, CT
Sutra 125

Wishabha Rasi: 2:49 Tithi 23 - 24
426728572 Rahu

Gulika 5:04AM - 6:47AM
Yama 1:41PM - 3:24PM
Rahu 8:30AM - 10:14AM

Krittika Until 6:00PM
Dhruva Until 5:58PM
Tailila Until 10:01PM
Ashtami* Until 11:05AM

Ganesha: Clear Sunrise: 5:04AM
Muruga: Blue Sunset: 6:51PM
Nataraja: Yellow
Moon - White

Sivaloka Day

Creative Work Amrita Yoga

Navami

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Sunday, August 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Uvara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashmyam Tilau				Stamford, CT
			Gulika 3:23PM - 5:06PM	Rohini Untill 4:49PM	Ganesha: Clear	Sunrise: 5:05AM	Sun 7
	Mithuna Rasi: 16:58	Tithi 24 - 25	Yama 11:57AM - 1:40PM	Vyaghata Untill 3:11PM	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 7
	Creative Work	Siddha Yoga	Rahu 5:06PM - 6:49PM	Bava Untill 7:56PM	Nataraja: Yellow		2nd Phase
				Navami Untill 8:57AM	Moon - Yellow		Sivaloka Day

2	Monday, August 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra Yoga Vaisi/Bava Karana Dashami/Ekadasmyam Tilau				Stamford, CT
			Gulika 1:40PM - 3:22PM	Mrigashira Untill 3:38PM	Ganesha: Clear	Sunrise: 5:06AM	Sun 8
	Mithuna Rasi: 1:02	Tithi 25 - 26	Yama 10:14AM - 11:57AM	Harshana Untill 12:32PM	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 8
	Family Home Evening		Rahu 6:48AM - 8:31AM	Bava Untill 6:01PM	Nataraja: Yellow		2nd Phase
	Creative Work	Amrita Yoga		Dashami Untill 6:56AM	Moon - Yellow		Sivaloka Day
	Then Creative Work	Siddha Yoga					

3	Tuesday, August 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra/Siddhi Yoga Kaulava/Taila Karana Dvadashmyam Tilau				Stamford, CT
			Gulika 11:57AM - 1:39PM	Ardra Untill 2:31PM	Ganesha: Clear	Sunrise: 5:07AM	Sun 9
	Mithuna Rasi: 14:59	Tithi 27	Yama 10:14AM - 11:57AM	Vajra Untill 10:01AM	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 9
	Routine Work	Marana Yoga	Rahu 3:22PM - 5:04PM	Kaulava Untill 4:18PM	Nataraja: Yellow		2nd Phase
	Then Creative Work	Siddha Yoga		Dvadashi Untill 3:31AM Wed	Moon - Yellow		Sivaloka Day

4	Wednesday, August 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata Yoga Gara/Venja Karana Trayodashmyam Tilau				Stamford, CT
			Gulika 10:14AM - 11:56AM	Punarvasu Untill 1:58PM	Ganesha: Purple	Sunrise: 5:08AM	Sun 10
	Mithuna Rasi: 28:47	Tithi 28	Yama 6:50AM - 8:32AM	Siddhi Untill 7:44AM	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 10
	Creative Work	Siddha Yoga	Rahu 11:56AM - 1:39PM	Gara Untill 2:52PM	Nataraja: Yellow		2nd Phase
				Trayodashi Untill 2:15AM Thu	Moon - Blue		Devaloka Day

Pradosha Vata (Fasting)

5	Thursday, August 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam Pushya/Ashlesha Nakshatra Varjyan Yoga Vaisi/Sakuni Karana Chaturdashmyam Tilau				Stamford, CT
			Gulika 8:32AM - 10:14AM	Pushya Untill 1:37PM	Ganesha: Purple	Sunrise: 5:09AM	Sun 11
	Kataka Rasi: 12:23	Tithi 29	Yama 5:09AM - 6:51AM	Varjyan Untill 4:02AM Fri	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 11
	Creative Work	Amrita Yoga	Rahu 1:38PM - 3:20PM	Vaisi Untill 1:48PM	Nataraja: Yellow		2nd Phase
	Then Creative Work	Siddha Yoga		Chaturdashi Untill 1:25AM Fri	Moon - Blue		Devaloka Day

●	Friday, August 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Ashlesha/Magha Nakshatra Parigha Yoga Catuspada/Naga Karana Amavasyayam Tilau				Stamford, CT
			Gulika 6:51AM - 8:33AM	Ashlesha Untill 1:34PM	Ganesha: Light Blue	Sunrise: 5:10AM	Sun 12
	Kataka Rasi: 25:44	Tithi 30	Yama 3:19PM - 5:00PM	Parigha Untill 2:46AM Sat	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 12
	Routine Work	Marana Yoga	Rahu 10:14AM - 11:56AM	Catuspada Untill 1:11PM	Nataraja: Yellow		Amavasya
				Amavasya Untill 1:03AM Sat	Moon - Blue		Devaloka Day

●	Saturday, August 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Paksha Manta Vasara Yuktayam Magha/Purvaphalguni Nakshatra Shiva Yoga Kintughna/Bava Karana Prathmyam Tilau				Stamford, CT
			Gulika 5:11AM - 6:52AM	Magha Untill 2:21PM	Ganesha: Purple	Sunrise: 5:11AM	Sun 13
	Simha Rasi: 8:5	Tithi 1	Yama 1:37PM - 3:18PM	Shiva Untill 1:57AM Sun	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 18 - 13
	Creative Work	Amrita Yoga	Rahu 8:33AM - 10:14AM	Kintughna Untill 1:06PM	Nataraja: Yellow		Prathama
	Then Creative Work	Siddha Yoga		Prathama Untill 1:16AM Sun	Moon - Red		Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Bhanu Vrsara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Tilau		Sun 14		Stamford, CT Sutra 133 Vasvasu 5127
Sinha Rasi: 21.38	Tilhi 2	Gulika 3:17PM - 4:58PM	Purvaphalguni Until 3:33PM	Ganesha: Purple	Sunrise: 5:12AM	
		Yama 11:55AM - 1:36PM	Siddha Until 1:34AM Mon	Muruga: Blue	Sunset: 6:39PM	Moon 7 - Phase 19 - 15
Creative Work	Siddha Yoga	Rahu 4:58PM - 6:39PM	Balava Until 1:37PM	Nataraja: Yellow		3rd Phase
Until 3:33PM			Dvitiya Until 2:04AM Mon	Moan - Red		Devaloka Day
Then Creative Work - Amrita Yoga				Itihaphalguni		

2 Monday, August 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Indu Vrsara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Tilau		Sun 15		Stamford, CT Sutra 134 Vasvasu 5127
Kanya Rasi: 4.1	Tilhi 3	Gulika 1:36PM - 3:16PM	Uttaraphalguni Until 5:10PM	Ganesha: Purple	Sunrise: 5:13AM	
Family Home Evening		Yama 10:14AM - 11:55AM	Sadhya Until 1:39AM Tue	Muruga: Blue	Sunset: 6:37PM	Moon 7 - Phase 19 - 15
Creative Work	Siddha Yoga	Rahu 6:53AM - 8:34AM	Talilla Until 2:42PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 3:27AM Tue	Moan - Red		Devaloka Day
				Itihaphalguni		

3 Tuesday, August 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Mangala Vrsara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanja/Vesli' Karana Chaturthayam Tilau		Sun 16		Stamford, CT Sutra 135 Vasvasu 5127
Kanya Rasi: 16.27	Tilhi 4	Gulika 11:55AM - 1:35PM	Hasta Until 7:37PM	Ganesha: Light Blue	Sunrise: 5:14AM	
		Yama 8:34AM - 10:14AM	Subha Until 2:08AM Wed	Muruga: Blue	Sunset: 6:36PM	Moon 7 - Phase 19 - 15
Creative Work	Siddha Yoga	Rahu 3:15PM - 4:56PM	Vanija Until 4:21PM	Nataraja: Yellow		3rd Phase
			Chaturthi' Until 5:19AM Wed	Moan - Green		Devaloka Day
		Ganesha Chaturthi		Itihaphalguni		

4 Wednesday, August 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Budha Vrsara Yuktayam Chitra Nakshatra Sukla Yoga Bava Karana Panchamyam Tilau		Sun 17		Stamford, CT Sutra 136 Vasvasu 5127
Kanya Rasi: 28.32	Tilhi 5	Gulika 10:15AM - 11:54AM	Chitra Until 10:17PM	Ganesha: Light Blue	Sunrise: 5:15AM	
		Yama 6:55AM - 8:35AM	Sukla Until 2:51AM Thu	Muruga: Blue	Sunset: 6:34PM	Moon 7 - Phase 19 - 17
Creative Work	Siddha Yoga	Rahu 11:54AM - 1:34PM	Bava Until 6:24PM	Nataraja: White		3rd Phase
			Panchami Until 7:32AM Thu	Moan - Green		Sivaloka Day
				Itihaphalguni		

5 Thursday, August 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Guru Vrsara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthayam Tilau		Sun 18		Stamford, CT Sutra 137 Vasvasu 5127
Tula Rasi: 10.29	Tilhi 5 - 6	Gulika 8:35AM - 10:15AM	Svali Until 1:01AM Fri	Ganesha: Light Blue	Sunrise: 5:16AM	
		Yama 5:16AM - 6:55AM	Brahma Until 3:45AM Fri	Muruga: Blue	Sunset: 6:33PM	Moon 7 - Phase 19 - 18
Creative Work	Amrita Yoga	Rahu 1:34PM - 3:13PM	Kaulava Until 8:44PM	Nataraja: White		3rd Phase
Until 1:01AM Fri			Panchami Until 7:32AM	Moan - Green		Sivaloka Day
Then Creative Work - Siddha Yoga				Itihaphalguni		

6 Friday, August 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Sukra Vrsara Yuktayam Vishakha Nakshatra Indu Yoga Talilla/Gara Karana Sapthami/Sapthamyam Tilau		Sun 19		Stamford, CT Sutra 138 Vasvasu 5127
Tula Rasi: 22.22	Tilhi 6 - 7	Gulika 6:56AM - 8:35AM	Vishakha Until 4:08AM Sat	Ganesha: Clear	Sunrise: 5:17AM	
		Yama 3:13PM - 4:52PM	Indra Until 4:41AM Sat	Muruga: Blue	Sunset: 6:31PM	Moon 7 - Phase 19 - 20
Creative Work	Siddha Yoga	Rahu 10:15AM - 11:54AM	Gara Until 11:09PM	Nataraja: White		3rd Phase
			Shashthi' Until 9:55AM	Moan - Orange		Subha Sivaloka Day
				Itihaphalguni		

Saturday, August 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Manu Vrsara Yuktayam Anuradha Nakshatra Vaidhriti' Yoga Vanja/Vesli' Karana Sapthami/Ashthamyam Tilau		Sun 20		Stamford, CT Sutra 139 Vasvasu 5127
Retreat Star		Gulika 5:18AM - 6:57AM	Anuradha Until 6:55AM Sun	Ganesha: Clear	Sunrise: 5:18AM	
Wishika Rasi: 4.14	Tilhi 7 - 8	Yama 1:33PM - 3:12PM	Vaidhriti' Until 5:27AM Sun	Muruga: Blue	Sunset: 6:30PM	Moon 7 - Phase 19 - 20
Creative Work	Siddha Yoga	Rahu 8:36AM - 10:15AM	Vesli Until 1:25AM Sun	Nataraja: White		Ashtami
Until 6:55AM Sun			Saptami Until 12:17PM	Moan - Orange		Subha Sivaloka Day
Then Routine Work - Marana Yoga				Itihaphalguni		

Sunday, August 31, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Bhanu Vrsara Yuktayam Anuradha/Jyeshtha' Nakshatra Vshikambha' Yoga Bava/Balava Karana Ashtami/Navamyam Tilau		Sun 21		Stamford, CT Sutra 140 Vasvasu 5127
Retreat Star		Gulika 3:11PM - 4:49PM	Anuradha Until 6:55AM	Ganesha: Clear	Sunrise: 5:19AM	
Wishika Rasi: 16.11	Tilhi 8 - 9	Yama 11:53AM - 1:32PM	Vshikambha' Until 5:58AM Mon	Muruga: Blue	Sunset: 6:28PM	Moon 7 - Phase 19 - 21
Creative Work	Marana Yoga	Rahu 4:49PM - 6:28PM	Balava Until 3:23AM Mon	Nataraja: White		Navami
Routine Work			Ashlami' Until 2:26PM	Moan - Orange		Subha Sivaloka Day
				Itihaphalguni		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time. Calculated for Stamford, CT on 2/11/24

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1	Monday, September 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Phili Yaga Kaulava/Taila Karana Navami/Dashamam Titau				Stamford, CT Sun 22	Sutra 141 Sutra 142
	Wischika Rasi: 28.17 Family Home Evening Creative Work	Tithi 9 – 10 Siddha Yoga	578728573	Gulika 1:31PM – 3:10PM Yama 10:15AM – 11:53AM Rahu 6:58AM – 8:36AM	Jyeshtha* Untill 9:12AM Phili Untill 6:07AM Tue Tailita Untill 4:52AM Tue Navami* Untill 4:10PM	Ganesh: Clear Muruga: Blue Nataraja: White Moon – Orange	Sunrise: 5:20AM Sunset: 6:26PM	Vasavasru 5:127 Moon 7 - Phase 20 - 23 4th Phase

Subha Sivaloka Day

2	Tuesday, September 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam Mula/Purvashada* Nakshatra PhiliYuktam Yaga Gara/Vanaja Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 23	Sutra 142 Sutra 143
	Dhanus Rasi: 10.34 Creative Work Untill 11:18AM Then Creative Work	Tithi 10 – 11 Siddha Yoga	588728573	Gulika 11:53AM – 1:31PM Yama 8:37AM – 10:15AM Rahu 3:09PM – 4:47PM	Mula* Untill 11:18AM Phili Untill 6:07AM Vanija Untill 5:43AM Wed Dashami Untill 5:21PM	Ganesh: White Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:21AM Sunset: 6:29PM	Vasavasru 5:127 Moon 7 - Phase 20 - 23 4th Phase

Sivaloka Day

3	Wednesday, September 3, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Butha Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Saubhagya Yaga Vesi/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 24	Sutra 143 Sutra 144
	Dhanus Rasi: 23.08 Creative Work	Tithi 11 – 12 Siddha Yoga	588828573	Gulika 10:15AM – 11:52AM Yama 6:59AM – 8:37AM Rahu 11:52AM – 1:30PM	Purvashada* Untill 12:37PM Saubhagya Untill 4:52AM Thu Bava Untill 5:53AM Thu Ekadashi Untill 5:52PM	Ganesh: Green Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:22AM Sunset: 6:29PM	Vasavasru 5:127 Moon 7 - Phase 20 - 23 4th Phase

Sivaloka Day

4	Thursday, September 4, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 25	Sutra 144 Sutra 145
	Makara Rasi: 6.02 Routine Work Untill 1:06PM Then Creative Work	Tithi 12 – 13 Siddha Yoga	589828573	Gulika 8:37AM – 10:15AM Yama 5:23AM – 7:00AM Rahu 1:29PM – 3:07PM	Uttarashada Untill 1:06PM Sobhana Untill 3:25AM Fri Kaulava Untill 5:20AM Fri Dvadashi Untill 5:40PM	Ganesh: White Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:23AM Sunset: 6:29PM	Vasavasru 5:127 Moon 7 - Phase 20 - 25 4th Phase

Pradosha Vata

Sivaloka Day

5	Friday, September 5, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yaga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 26	Sutra 145 Sutra 146
	Makara Rasi: 19.17 Routine Work Untill 1:11PM Then Creative Work	Tithi 13 – 14 Siddha Yoga	599828573	Gulika 7:01AM – 8:38AM Yama 3:06PM – 4:43PM Rahu 10:15AM – 11:52AM	Shravana Untill 1:11PM Athiganda* Untill 1:24AM Sat Gara Untill 4:07AM Sat Trayodashi Untill 4:47PM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Purple	Sunrise: 5:24AM Sunset: 6:29PM	Vasavasru 5:127 Moon 7 - Phase 20 - 26 4th Phase

Subha Sivaloka Day

6	Saturday, September 6, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukama Yaga Vani/Vesi* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 27	Sutra 146 Sutra 147
	Kumbha Rasi: 2.55 Creative Work Untill 12:29PM Then Creative Work	Tithi 14 – 15 Siddha Yoga	599828573	Gulika 5:25AM – 7:01AM Yama 1:28PM – 3:05PM Rahu 8:38AM – 10:15AM	Dhanishtha Untill 12:29PM Sukama Untill 10:55PM Vesi Untill 2:18AM Sun Chaturdashi* Untill 3:15PM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Purple	Sunrise: 5:25AM Sunset: 6:18PM	Vasavasru 5:127 Moon 7 - Phase 20 - 27 4th Phase

Subha Sivaloka Day

○	Sunday, September 7, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bhanu Shatabhishak/Purvashrothapada* Nakshatra Dhriti Yaga Bava/Balava Karana Purnima/Pra panchamam Titau				Stamford, CT Sun 28	Sutra 147 Sutra 148
	Kumbha Rasi: 16.53 Creative Work	Tithi 15 – 16 Siddha Yoga	599828573	Gulika 3:04PM – 4:40PM Yama 11:51AM – 1:27PM Rahu 4:40PM – 6:16PM	Shatabhishak Untill 11:06AM Dhriti Untill 8:03PM Balava Untill 12:02AM Mon Purnima* Untill 1:12PM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Purple	Sunrise: 5:26AM Sunset: 6:16PM	Vasavasru 5:127 Moon 7 - Phase 20 - Purnima

Grandparent's Day

Subha Sivaloka Day

○	Monday, September 8, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Purvashrothapada*/Uttarashrothapada Nakshatra Shula*/Gandi* Yaga Kaulava/Taila Karana Prathama/Dvityayam Titau				Stamford, CT Sun 29	Sutra 148 Sutra 149
	Meena Rasi: 1.1 Family Home Evening Routine Work Untill 9:34AM Then Creative Work	Tithi 16 – 17 Siddha Yoga	519828573	Gulika 1:27PM – 3:03PM Yama 10:15AM – 11:51AM Rahu 7:03AM – 8:39AM	Purvashrothapada* Untill 9:34AM Shula* Untill 4:51PM Tailita Untill 9:25PM Prathama* Untill 10:45AM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Clear	Sunrise: 5:27AM Sunset: 6:15PM	Vasavasru 5:127 Moon 7 - Phase 20 - Prathama

Subha Sivaloka Day

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukatayam
Uttaraprosphapada/Ravasi Nakshatra Ganda*Viddhi Yoga Gara/Vanija Karana Dvitya/Triyayam Titau

Stamford, CT

Sun 1 Sutra 149

Mesha Rasi: 15.4	Tithi 17 - 18	Gulika 11:50AM - 1:26PM	Uttaraprosphapada Until 7:38AM	Ganesha: Yellow	Sunrise: 5:28AM			Vasasa: 5:127
		Yama 8:39AM - 10:15AM	Ganda* Until 1:28PM	Muruga: Blue	Sunset: 6:18PM		Moon 8 - Phase 21 - 2	1st Phase
		Rahu 3:02PM - 4:37PM	Vanija Until 6:36PM	Nataraja: White				
Creative Work - Amrita Yoga			Dvitiya Until 8:00AM	Moon - Clear			Subha Sivaloka Day	
Until 7:38AM				Ishwariya-Ravasi				
Then Creative Work - Siddha Yoga								

Wednesday, September 10, 2025

1

Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukatayam
Ashvini Nakshatra Viddhi/Dhruva Yoga Bava/Baleva Karana Chaturtham Titau

Stamford, CT

Sun 2 Sutra 150

Mesha Rasi: 0.16	Tithi 19	Gulika 10:15AM - 11:50AM	Ashvini Until 3:26AM Thu	Ganesha: White	Sunrise: 5:29AM			Vasasa: 5:127
		Yama 7:04AM - 8:39AM	Viddhi Until 10:01AM	Muruga: Blue	Sunset: 6:17PM		Moon 8 - Phase 21 - 2	1st Phase
		Rahu 11:50AM - 1:25PM	Bava Until 3:42PM	Nataraja: White				
Routine Work - Marana Yoga			Chalurthi* Until 2:15AM Thu	Moon - White			Sivaloka Day	
Until 3:26AM Thu				Ishwariya-Ravasi				
Then Creative Work - Siddha Yoga								

Thursday, September 11, 2025

2

Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Guru Vasara Yukatayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamam Titau

Stamford, CT

Sun 3 Sutra 151

Mesha Rasi: 14.53	Tithi 20	Gulika 8:40AM - 10:15AM	Bharani Until 1:26AM Fri	Ganesha: White	Sunrise: 5:30AM			Vasasa: 5:127
		Yama 5:30AM - 7:05AM	Dhruva Until 6:32AM	Muruga: Blue	Sunset: 6:10PM		Moon 8 - Phase 21 - 3	1st Phase
		Rahu 1:25PM - 3:00PM	Kaulava Until 12:51PM	Nataraja: White				
Creative Work - Siddha Yoga			Panchami Until 11:27PM	Moon - White			Sivaloka Day	
Until 11:31PM				Ishwariya-Ravasi				
Then Routine Work - Marana Yoga								

Friday, September 12, 2025

3

Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukatayam
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham Titau

Stamford, CT

Sun 4 Sutra 152

Mesha Rasi: 29.24	Tithi 21	Gulika 7:05AM - 8:40AM	Kritika Until 11:31PM	Ganesha: Blue	Sunrise: 5:31AM			Vasasa: 5:127
		Yama 2:59PM - 4:33PM	Harshana Until 12:01AM Sat	Muruga: Blue	Sunset: 6:08PM		Moon 8 - Phase 21 - 4	1st Phase
		Rahu 10:15AM - 11:49AM	Gara Until 10:09AM	Nataraja: White				
Creative Work - Siddha Yoga			Shashthi* Until 8:52PM	Moon - White			Sivaloka Day	
Until 11:31PM				Ishwariya-Ravasi				
Then Routine Work - Marana Yoga								

Saturday, September 13, 2025

4

Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mani Vasara Yukatayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saplamam Titau

Stamford, CT

Sun 5 Sutra 153

Wishabha Rasi: 13.46	Tithi 22	Gulika 5:31AM - 7:06AM	Rohini Until 10:10PM	Ganesha: Red	Sunrise: 5:31AM			Vasasa: 5:127
		Yama 1:23PM - 2:58PM	Vajra* Until 9:04PM	Muruga: Blue	Sunset: 6:06PM		Moon 8 - Phase 21 - 5	1st Phase
		Rahu 8:40AM - 10:15AM	Visti Until 7:42AM	Nataraja: White				
Creative Work - Amrita Yoga			Saptami Until 6:34PM	Moon - Yellow			Subha Sivaloka Day	
Until 10:10PM				Ishwariya-Ravasi				
Then Creative Work - Siddha Yoga								

Sunday, September 14, 2025

5

Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yukatayam
Mrigashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashami/Navamam Titau

Stamford, CT

Sun 6 Sutra 154

Wishabha Rasi: 27.55	Tithi 23 - 24	Gulika 2:57PM - 4:31PM	Mrigashira Until 9:01PM	Ganesha: Red	Sunrise: 5:32AM			Vasasa: 5:127
		Yama 11:49AM - 1:23PM	Siddhi Until 6:24PM	Muruga: Blue	Sunset: 6:05PM		Moon 8 - Phase 21 - 6	1st Phase
		Rahu 4:31PM - 6:05PM	Taila Until 3:48AM Mon	Nataraja: White				
Creative Work - Siddha Yoga			Ashlami* Until 4:37PM	Moon - Yellow			Subha Sivaloka Day	Ashtami
Until 8:08PM				Ishwariya-Ravasi				
Then Creative Work - Amrita Yoga								

Monday, September 15, 2025

6

Retreat Star

Vivasaasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukatayam
Ardra Nakshatra Vyajipata*/Varjan Yoga Gara/Vanija Karana Navami/Dashamam Titau

Stamford, CT

Sun 7 Sutra 155

Mithuna Rasi: 11.5	Tithi 24 - 25	Gulika 1:22PM - 2:56PM	Ardra Until 8:08PM	Ganesha: Red	Sunrise: 5:33AM			Vasasa: 5:127
		Yama 10:14AM - 11:48AM	Vyajipata* Until 4:05PM	Muruga: Blue	Sunset: 6:03PM		Moon 8 - Phase 21 - 7	1st Phase
		Rahu 7:07AM - 8:41AM	Vanija Until 2:26AM Tue	Nataraja: White				
Creative Work - Siddha Yoga			Navami* Until 3:03PM	Moon - Yellow			Subha Sivaloka Day	Navami
Until 8:08PM				Ishwariya-Ravasi				
Then Creative Work - Amrita Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1

Tuesday, September 16, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mangala Vesara Yukhtayam
Panarasu Nakshatra Varjyan/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashyam Titau

Stamford, CT
Sun 8 Sutra 156
Visvasu 5:127
Moon 8 - Phase 22 - 8
2nd Phase

Mithuna Rasi: 25.3 TITHI 25 - 26

Gulika 11:48AM - 1:21PM
Yama 8:41AM - 10:14AM
Rahu 2:54PM - 4:28PM

Punarvasu Until 7:56PM
Varjyan Until 2:04PM
Bava Until 1:30AM Wed
Dashami Until 1:54PM

Ganesha: Green Sunrise: 5:34AM
Muruga: Blue Sunset: 6:01PM
Nataraja: White
Moon - Blue

Creative Work Siddha Yoga

Sivaloka Day

Bhavadipalee/Puratale

2

Wednesday, September 17, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vesara Yukhtayam
Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Stamford, CT
Sun 9 Sutra 157
Visvasu 5:127
Moon 8 - Phase 22 - 9
2nd Phase

Kalaka Rasi: 8.55 TITHI 26 - 27

Gulika 10:14AM - 11:47AM
Yama 7:08AM - 8:41AM
Rahu 11:47AM - 1:20PM

Pushya Until 8:02PM
Parigha' Until 12:24PM
Kaulava Until 1:00AM Thu
Ekadashi' Until 1:11PM

Ganesha: Green Sunrise: 5:35AM
Muruga: Blue Sunset: 5:59PM
Nataraja: White
Moon - Blue

Creative Work Siddha Yoga

Sivaloka Day

Bhavadipalee/Puratale

3

Thursday, September 18, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vesara Yukhtayam
Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana DvadasNI/Trayodashyam Titau

Stamford, CT
Sun 10 Sutra 158
Visvasu 5:127
Moon 8 - Phase 22 - 10
2nd Phase

Kalaka Rasi: 22.06 TITHI 27 - 28

Gulika 8:42AM - 10:14AM
Yama 5:36AM - 7:09AM
Rahu 1:20PM - 2:52PM

Ashlesha' Until 8:25PM
Shiva Until 11:07AM
Gara Until 12:58AM Fri
Dvadashi' Until 12:54PM

Ganesha: Green Sunrise: 5:36AM
Muruga: Blue Sunset: 5:59PM
Nataraja: White
Moon - Blue

Creative Work Siddha Yoga

Sivaloka Day

Bhavadipalee/Puratale

Pradosha Vata (Fasting)

4

Friday, September 19, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Sukra Vesara Yukhtayam
Magha' Nakshatra Siddha/Sadhya Yoga Vanija/Visti' Karana Trayodashi/Chaturdashyam Titau

Stamford, CT
Sun 11 Sutra 159
Visvasu 5:127
Moon 8 - Phase 22 - 11
2nd Phase

Simha Rasi: 5.03 TITHI 28 - 29

Gulika 7:10AM - 8:42AM
Yama 2:51PM - 4:24AM
Rahu 10:14AM - 11:47AM

Magha' Until 9:34PM
Siddha Until 10:09AM
Visti Until 1:24AM Sat
Trayodashi' Until 1:06PM

Ganesha: White Sunrise: 5:27AM
Muruga: Blue Sunset: 5:56PM
Nataraja: White
Moon - Red

Routine Work Marana Yoga

Sivaloka Day

Bhavadipalee/Puratale

Then Creative Work - Siddha Yoga

●

Saturday, September 20, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mania Vesara Yukhtayam
Purvaphalguni Nakshatra Sadhya/Sukha Yoga Sakuri/Catupadi' Karana Chaturdashi/Amavasyayam Titau

Stamford, CT
Sun 12 Sutra 160
Visvasu 5:127
Moon 8 - Phase 22 - 12
Amavasya

Retreat Star

Gulika 5:38AM - 7:10AM
Yama 1:18PM - 2:50PM
Rahu 8:42AM - 10:14AM

Purvaphalguni Until 11:00PM
Sadhya Until 9:34AM
Catupadi Until 2:17AM Sun
Chaturdashi' Until 1:46PM

Ganesha: White Sunrise: 5:38AM
Muruga: Blue Sunset: 5:54PM
Nataraja: White
Moon - Red

Creative Work Siddha Yoga

Sivaloka Day

Bhavadipalee/Puratale

Then Routine Work - Marana Yoga

Sunday, September 21, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakshi Shiva Vesara Yukhtayam
Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga/Kintughna' Karana Amavasya/Prathamayam Titau

Stamford, CT
Sun 13 Sutra 161
Visvasu 5:127
Moon 8 - Phase 22 - 13
Prathama

Retreat Star

Gulika 2:49PM - 4:21PM
Yama 11:46AM - 1:18PM
Rahu 4:21PM - 5:53PM

Uttaraphalguni Until 12:44AM Mon
Subha Until 9:22AM
Kintughna Until 3:39AM Mon
Amavasya' Until 2:53PM

Ganesha: White Sunrise: 5:39AM
Muruga: Blue Sunset: 5:53PM
Nataraja: White
Moon - Red

Creative Work Amrita Yoga

Sivaloka Day

Bhavadipalee/Puratale

Until 12:44AM Mon

Navaratri Begins

Then Creative Work - Siddha Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1	Monday, September 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktyam Hasta Nakshatra Sukh/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 14	Stamford, CT Sutra 162
	Gulika	1:17PM – 2:48PM	Hasla Untill 3:11AM Tue	Ganesha: Red	Sunrise: 5:40AM		Vasavasu 5:127	
	Yama	10:14AM – 11:46AM	Sukla Untill 9:29AM	Muruga: Blue	Sunset: 5:59PM	Moon 8 - Phase 23 - 15	Vasavasu 5:127	
Kanya Rasi: 12.35	Tilthi 1 – 2	Rahu	7:12AM – 8:43AM	Balava Untill 5:25AM Tue	Nataraja: White		3rd Phase	
Family Home Evening				Prathama* Untill 4:28PM	Autishra/Punarshi			
Creative Work	Siddha Yoga						Subha Sivaloka Day	

2	Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktyam Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Titau				Sun 15	Stamford, CT Sutra 163
	Gulika	11:45AM – 1:16PM	Chitra Untill 5:49AM Wed	Ganesha: Red	Sunrise: 5:41AM		Vasavasu 5:127	
	Yama	8:43AM – 10:14AM	Brahma Untill 9:54AM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 23 - 15	Vasavasu 5:127	
Kanya Rasi: 24.44	Tilthi 2	Rahu	2:47PM – 4:18PM	Kaulava Untill 6:25PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Untill 6:25PM	Autishra/Punarshi		Subha Sivaloka Day	

3	Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktyam Svali Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Titau				Sun 16	Stamford, CT Sutra 164
	Gulika	10:14AM – 11:45AM	Svali Untill 8:31AM Thu	Ganesha: Red	Sunrise: 5:42AM		Vasavasu 5:127	
	Yama	7:13AM – 8:44AM	Indra Untill 10:36AM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 23 - 15	Vasavasu 5:127	
Tula Rasi: 6.44	Tilthi 3	Rahu	11:45AM – 1:16PM	Talila Untill 7:32AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga			Tritiya Untill 8:40PM	Autishra/Punarshi		Subha Sivaloka Day	

4	Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktyam Svali/Vishkha Nakshatra Vaidhiti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturthayam Titau				Sun 17	Stamford, CT Sutra 165
	Gulika	8:44AM – 10:14AM	Svali Untill 8:31AM	Ganesha: Red	Sunrise: 5:43AM		Vasavasu 5:127	
	Yama	5:43AM – 7:14AM	Vaidhiti* Untill 11:26AM	Muruga: Blue	Sunset: 5:46PM	Moon 8 - Phase 23 - 15	Vasavasu 5:127	
Tula Rasi: 18.4	Tilthi 4	Rahu	1:15PM – 2:45PM	Vanija Untill 9:54AM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga			Chaturthi* Untill 11:06PM	Autishra/Punarshi		Subha Sivaloka Day	
Untill 8:31AM								
Then Creative Work	Siddha Yoga							

5	Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktyam Vishkha/Anuradha Nakshatra Vishkambha* Pritli Yoga Bava/Balava Karana Panchmayam Titau				Sun 18	Stamford, CT Sutra 166
	Gulika	7:14AM – 8:44AM	Vishkha Untill 11:40AM	Ganesha: Blue	Sunrise: 5:44AM		Vasavasu 5:127	
	Yama	2:44PM – 4:14PM	Vishkambha* Untill 12:21PM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 23 - 18	Vasavasu 5:127	
Wishkha Rasi: 0.31	Tilthi 5	Rahu	10:14AM – 11:44AM	Bava Untill 12:22PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga			Panchami Untill 1:35AM Sat	Autishra/Punarshi		Subha Subha Sivaloka Day	

6	Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manva Vasara Yuktyam Mula* Nakshatra Ajushman Yoga Kaulava/Karana Karana Shashthayam Titau				Sun 19	Stamford, CT Sutra 167
	Gulika	5:45AM – 7:15AM	Anuradha Untill 2:37PM	Ganesha: Red	Sunrise: 5:45AM		Vasavasu 5:127	
	Yama	1:14PM – 2:43PM	Pritli Untill 1:16PM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 23 - 19	Vasavasu 5:127	
Wishkha Rasi: 12.23	Tilthi 6	Rahu	8:45AM – 10:14AM	Kaulava Untill 2:48PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Untill 3:56AM Sun	Autishra/Punarshi		Subha Sivaloka Day	

Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhava Vasara Yuktyam Jyeshtha*/Mula* Nakshatra Ajushman/Saubhagya Yoga Gara/Vanija Karana Sapthmayam Titau				Sun 20	Stamford, CT Sutra 168
Retreat Star		Gulika	2:42PM – 4:11PM	Jyeshtha* Untill 5:12PM	Ganesha: Green	Sunrise: 5:47AM	Vasavasu 5:127
Wishkha Rasi: 24.18	Tilthi 7	Yama	11:44AM – 1:13PM	Ayushman Untill 2:00PM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 23 - 20
Routine Work	Marana Yoga	Rahu	4:11PM – 5:41PM	Gara Untill 5:02PM	Nataraja: White		3rd Phase
Untill 5:12PM				Saptami Untill 6:00AM Mon	Autishra/Punarshi		Sivaloka Day
Then Creative Work	Amrita Yoga						

D	Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktyam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visli* Karana Sapami/Ashthmayam Titau				Sun 21	Stamford, CT Sutra 169
	Retreat Star		Gulika	1:12PM – 2:41PM	Mula* Untill 7:45PM	Ganesha: Red	Sunrise: 5:48AM	Vasavasu 5:127
	Dhanu Rasi: 6.2	Tilthi 7 – 8	Yama	10:14AM – 11:43AM	Saubhagya Untill 2:28PM	Muruga: Blue	Sunset: 5:39PM	Moon 8 - Phase 23 - 21
Family Home Evening		Rahu	7:16AM – 8:45AM	Visli Untill 6:52PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga			Saptami Untill 6:00AM	Autishra/Punarshi		Subha Sivaloka Day	
Untill 7:45PM								
Then Routine Work	Marana Yoga							

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktyam Purvashadha* Nakshatra Sobhana/Atigandha* Yoga Bava/Balava Karana Ashtami/Ashthmayam Titau				Sun 22	Stamford, CT Sutra 170
Retreat Star		Gulika	11:43AM – 1:12PM	Purvashadha* Untill 9:35PM	Ganesha: Red	Sunrise: 5:49AM	Vasavasu 5:127
Dhanu Rasi: 18.34	Tilthi 8 – 9	Yama	8:46AM – 10:14AM	Sobhana Untill 2:32PM	Muruga: Blue	Sunset: 5:39PM	Moon 8 - Phase 23 - 22
Creative Work	Siddha Yoga	Rahu	2:40PM – 4:09PM	Balava Untill 8:09PM	Nataraja: White		Navami
Untill 9:35PM				Ashlami* Untill 7:34AM	Autishra/Punarshi		Subha Sivaloka Day
Then Routine Work	Prabalarishla Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantram 1502

All times are standard time. Calculated for Stamford, CT on 2/11/24

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1		Wednesday, October 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Butha Vrsara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kaula/Taila Karana Navami/Dashmyam Titau		Stamford, CT Sutra 171
Makara Rasi: 1.05	Tithi 9 - 10	Gulika 10:14AM - 11:43AM	Uttarashada Until 10:34PM	Ganesh: Red	Sunrise: 5:50AM	Vasavas 5:127
		Yama 7:18AM - 8:46AM	Alhiganda Until 2:03PM	Muruga: Blue	Sunset: 5:36PM	Moon 8 - Phase 24 - 23
		Rahu 11:43AM - 1:11PM	Taila Until 8:44PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Navami Until 8:31AM	Moon - Light Blue		Subha Sivaloka Day
Until 10:34PM				Ashvini-Purnima		
Then Creative Work - Siddha Yoga						

2		Thursday, October 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Guru Vrsara Yuktayam Shravana Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sutra 172
Makara Rasi: 13.56	Tithi 10 - 11	Gulika 8:46AM - 10:14AM	Shravana Until 11:05PM	Ganesh: Blue	Sunrise: 5:51AM	Vasavas 5:127
		Yama 5:51AM - 7:19AM	Sukarna Until 12:59PM	Muruga: Blue	Sunset: 5:36PM	Moon 8 - Phase 24 - 23
		Rahu 1:10PM - 2:38PM	Vanija Until 8:31PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:42AM	Moon - Purple		Sivaloka Day
				Ashvini-Purnima		

3		Friday, October 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Sukra Vrsara Yuktayam Dhanishtha Nakshatra Dhriti/Shula Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sutra 173
Makara Rasi: 27.11	Tithi 11 - 12	Gulika 7:19AM - 8:47AM	Dhanishtha Until 10:41PM	Ganesh: Blue	Sunrise: 5:52AM	Vasavas 5:127
		Yama 2:37PM - 4:05PM	Dhriti Until 11:18AM	Muruga: Blue	Sunset: 5:37PM	Moon 8 - Phase 24 - 25
		Rahu 10:14AM - 11:42AM	Bava Until 7:30PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:05AM	Moon - Purple		Sivaloka Day
				Ashvini-Purnima		

4		Saturday, October 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Manu Vrsara Yuktayam Shatabhishak Nakshatra Shula/Ganda Yoga Balava/Taila Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sutra 174
Makara Rasi: 10.53	Tithi 12 - 13	Gulika 5:53AM - 7:20AM	Shatabhishak Until 9:24PM	Ganesh: Blue	Sunrise: 5:53AM	Vasavas 5:127
		Yama 1:09PM - 2:36PM	Shula Until 8:58AM	Muruga: Blue	Sunset: 5:37PM	Moon 8 - Phase 24 - 26
		Rahu 8:47AM - 10:14AM	Taila Until 4:36AM Sun	Nataraja: White		4th Phase
Creative Work	Amrita Yoga	Kadalswami Mahasamadi	Dvadashi Until 6:42AM	Moon - Purple		Sivaloka Day
Until 9:24PM				Ashvini-Purnima		
Then Routine Work - Marana Yoga				Pradosha Vata		

5		Sunday, October 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Bhanu Vrsara Yuktayam Purvashrothapada Nakshatra Ganda/Middhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT Sutra 175
Makara Rasi: 25.01	Tithi 14	Gulika 2:35PM - 4:02PM	Purvashrothapada Until 7:47PM	Ganesh: White	Sunrise: 5:54AM	Vasavas 5:127
		Yama 11:41AM - 1:08PM	Ganda Until 6:05AM	Muruga: Blue	Sunset: 5:39PM	Moon 8 - Phase 24 - 27
		Rahu 4:02PM - 5:29PM	Gara Until 3:21PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Chalurdashi Until 1:56AM Mon	Moon - Clear		Sivaloka Day
Until 7:47PM				Ashvini-Purnima		
Then Creative Work - Amrita Yoga						

Monday, October 6, 2025		Copper Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vrsara Yuktayam Uttarashrothapada/Revati Nakshatra Dhruva Yoga Visi/Bava Karana Purnimayam Titau		Stamford, CT Sutra 176
Meena Rasi: 9.33	Tithi 15	Gulika 1:08PM - 2:34PM	Uttarashrothapada Until 5:33PM	Ganesh: Clear	Sunrise: 5:55AM	Vasavas 5:127
Family Home Evening		Yama 10:15AM - 11:41AM	Dhruva Until 11:02PM	Muruga: Blue	Sunset: 5:27PM	Moon 8 - Phase 24 - Purnima
		Rahu 7:21AM - 8:48AM	Visi Until 12:26PM	Nataraja: White		
Creative Work	Siddha Yoga		Purnima Until 10:49PM	Moon - Clear		Subha Sivaloka Day
				Ashvini-Purnima		

Tuesday, October 7, 2025		Silver Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Krishna Pakche Mangala Vrsara Yuktayam Revati/Ashini Nakshatra Vyaghala Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sutra 177
Meena Rasi: 24.23	Tithi 16	Gulika 11:41AM - 1:07PM	Revati Until 2:52PM	Ganesh: Clear	Sunrise: 5:56AM	Vasavas 5:127
		Yama 8:48AM - 10:15AM	Vyaghala Until 7:06PM	Muruga: Blue	Sunset: 5:26PM	Moon 8 - Phase 24 - Prathama
		Rahu 2:33PM - 4:00PM	Balava Until 9:10AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama Until 7:26PM	Moon - Clear		Sivaloka Day
				Ashvini-Purnima		

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Vasara Yuktayam
Ashvini/Bharani Nakshatra Hanubhava/Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Tilau

Stamford, CT

Sun 1

Sutra 178

Viswasa 5127

Mesha Rasi: 9.23 Tithi 17 - 18

Gulika

10:15AM - 11:41AM

Ashvini Until 12:17PM

Ganesha: White

Sunrise: 5:57AM

Moon 9 - Phase 25 - 1

Yama 7:23AM - 8:49AM

Yama

7:23AM - 8:49AM

Harshana Until 3:05PM

Muruga: Blue

Sunset: 5:29PM

Moon 9 - Phase 25 - 2

633928574 Rahu

Rahu

11:41AM - 1:06PM

Vanija Until 2:12AM Thu

Nataraja: Clear

Moon - White

Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

1**Thursday, October 9, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi* Yoga Visli*/Bava Karana Chaturthi/Panchamam Tilau

Stamford, CT

Sun 2

Sutra 179

Viswasa 5127

Mesha Rasi: 24.25 Tithi 18 - 19

Gulika

8:49AM - 10:15AM

Bharani Until 9:35AM

Ganesha: White

Sunrise: 5:58AM

Moon 9 - Phase 25 - 1

Yama 5:58AM - 7:24AM

Yama

5:58AM - 7:24AM

Vajra* Until 11:04AM

Muruga: Blue

Sunset: 5:29PM

Moon 9 - Phase 25 - 2

633928574 Rahu

Rahu

1:06PM - 2:31PM

Bava Until 10:49PM

Nataraja: Clear

Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:35AM

Then Routine Work - Marana Yoga

2**Friday, October 10, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyolipala* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau

Stamford, CT

Sun 3

Sutra 180

Viswasa 5127

Vishabha Rasi: 9.2 Tithi 19 - 20

Gulika

7:24AM - 8:50AM

Krittika Until 6:55AM

Ganesha: White

Sunrise: 5:59AM

Moon 9 - Phase 25 - 3

Yama 2:30PM - 3:56PM

Yama

2:30PM - 3:56PM

Siddhi Until 7:13AM

Muruga: Blue

Sunset: 5:29PM

Moon 9 - Phase 25 - 2

633928574 Rahu

Rahu

10:15AM - 11:40AM

Kaulava Until 7:42PM

Nataraja: Clear

Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:55AM

Then Routine Work - Marana Yoga

3**Saturday, October 11, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Manita Vasara Yuktayam
Mrigashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Sashthyam Tilau

Stamford, CT

Sun 4

Sutra 181

Viswasa 5127

Vishabha Rasi: 24.01 Tithi 20 - 21

Gulika

6:00AM - 7:25AM

Mrigashira Until 3:07AM Sun

Ganesha: Yellow

Sunrise: 6:00AM

Moon 9 - Phase 25 - 4

Yama 1:05PM - 2:30PM

Yama

1:05PM - 2:30PM

Varjyan Until 12:25AM Sun

Muruga: Blue

Sunset: 5:19PM

Moon 9 - Phase 25 - 4

633928574 Rahu

Rahu

8:50AM - 10:15AM

Vanija Until 3:48AM Sun

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Panchami Until 6:16AM

Aushini/Punasthi

4**Sunday, October 12, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Bhanu Vasara Yuktayam
Ardra Nakshatra Parigaha* Yoga Visli*/Bava Karana Sapthamam Tilau

Stamford, CT

Sun 5

Sutra 182

Viswasa 5127

Mithuna Rasi: 8.22 Tithi 22

Gulika

2:29PM - 3:53PM

Ardra Until 1:47AM Mon

Ganesha: Yellow

Sunrise: 6:01AM

Moon 9 - Phase 25 - 5

Yama 11:39AM - 1:04PM

Yama

11:39AM - 1:04PM

Parigaha* Until 9:39PM

Muruga: Blue

Sunset: 5:18PM

Moon 9 - Phase 25 - 5

633928574 Rahu

Rahu

3:53PM - 5:18PM

Visli Until 2:48PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Saptami Until 1:54AM Mon

Aushini/Punasthi

Then Creative Work - Amrita Yoga

Monday, October 13, 2025**Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamam Tilau

Stamford, CT

Sun 6

Sutra 183

Viswasa 5127

Mithuna Rasi: 22.2 Tithi 23

Gulika

1:03PM - 2:28PM

Punarvasu Until 1:21AM Tue

Ganesha: Blue

Sunrise: 6:03AM

Moon 9 - Phase 25 - 6

Yama 10:15AM - 11:39AM

Yama

10:15AM - 11:39AM

Shiva Until 7:23PM

Muruga: Blue

Sunset: 5:16PM

Moon 9 - Phase 25 - 6

643928574 Rahu

Rahu

7:27AM - 8:51AM

Balava Until 1:12PM

Nataraja: Clear

Moon - Blue

Subha Sivaloka Day

Creative Work Amrita Yoga

Ashlami* Until 12:38AM Tue

Aushini/Punasthi

Until 1:21AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 14, 2025**Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam Tilau

Stamford, CT

Sun 7

Sutra 184

Viswasa 5127

Kataka Rasi: 5.55 Tithi 24

Gulika

11:39AM - 1:03PM

Pushya Until 1:26AM Wed

Ganesha: Blue

Sunrise: 6:03AM

Moon 9 - Phase 25 - 7

Yama 8:51AM - 10:15AM

Yama

8:51AM - 10:15AM

Siddha Until 5:37PM

Muruga: Blue

Sunset: 5:15PM

Moon 9 - Phase 25 - 7

643928574 Rahu

Rahu

2:27PM - 3:51PM

Talila Until 12:15PM

Nataraja: Clear

Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 12:01AM Wed

Aushini/Punasthi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	Wednesday, October 15, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Karya Mase Krishna Paksho Budha Vasara Yuktayam Ashlesha Nakshatra Sadhya/Sukha Yoga Vanija/Visi Karana Dshanyam Titau				Stamford, CT Sun 8 Sutra 185
	Kataka Rasi: 19.08	Tithi 25	Gulika 10:15AM - 11:39AM Yama 7:28AM - 8:52AM 643928574 Rahu 11:39AM - 1:02PM	Ashlesha Until 1:59AM Thu Sadhya Until 4:23PM Vanija Until 11:58AM Dashami Until 12:03AM Thu	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Blue	Sunrise: 6:04AM Sunset: 5:18PM	Vasava: 5:127 Moon 9 - Phase 26 - 8 2nd Phase
Creative Work Siddha Yoga Until 1:59AM Thu Then Creative Work - Amrita Yoga							Subha Sivaloka Day

2	Thursday, October 16, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam Magha Nakshatra Sadhya/Sukha Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT Sun 9 Sutra 186
	Simha Rasi: 2.02	Tithi 26	Gulika 8:52AM - 10:15AM Yama 6:06AM - 7:29AM 653928574 Rahu 1:02PM - 2:25PM	Magha Until 3:25AM Fri Subha Until 3:38PM Bava Until 12:19PM Ekadashi Until 12:40AM Fri	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:06AM Sunset: 5:12PM	Vasava: 5:127 Moon 9 - Phase 26 - 9 2nd Phase
Creative Work Amrita Yoga Until 3:25AM Fri Then Creative Work - Siddha Yoga							Sivaloka Day

3	Friday, October 17, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau				Stamford, CT Sun 10 Sutra 187
	Simha Rasi: 14.4	Tithi 27	Gulika 7:30AM - 8:53AM Yama 2:24PM - 3:47PM 653928574 Rahu 10:15AM - 11:38AM	Purvaphalguni Until 5:10AM Sat Sukla Until 3:16PM Kaulava Until 1:12PM Dvadashi Until 1:49AM Sat	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:07AM Sunset: 5:10PM	Vasava: 5:127 Moon 9 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 5:10AM Sat Then Routine Work - Marana Yoga							Sivaloka Day

4	Saturday, October 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Marta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT Sun 11 Sutra 188
	Simha Rasi: 27.05	Tithi 28	Gulika 6:08AM - 7:30AM Yama 1:01PM - 2:23PM 653928574 Rahu 8:53AM - 10:16AM	Uttaraphalguni Until 7:10AM Sun Brahma Until 3:17PM Gara Until 2:34PM Trayodashi Until 3:23AM Sun	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:08AM Sunset: 5:09PM	Vasava: 5:127 Moon 9 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:10AM Sun Then Creative Work - Amrita Yoga							Sivaloka Day

5	Sunday, October 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhri Yoga Visi/Sakuni Karana Chaturdashyam Titau				Stamford, CT Sun 12 Sutra 189
	Kanya Rasi: 9.19	Tithi 29	Gulika 2:22PM - 3:45PM Yama 11:38AM - 1:00PM 653928574 Rahu 3:45PM - 5:07PM	Uttaraphalguni Until 7:10AM Indra Until 3:35PM Visi Until 4:19PM Chaturdashmi Until 5:18AM Mon	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:09AM Sunset: 5:07PM	Vasava: 5:127 Moon 9 - Phase 26 - 12 2nd Phase
Creative Work Amrita Yoga Deepavali Hindu Solidarity Day							Sivaloka Day

Monday, October 20, 2025	Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhri/Vishkambha Yoga Catuspada Karana Amavasyayam Titau				Stamford, CT Sun 13 Sutra 190
	Kanya Rasi: 21.25	Tithi 30	Gulika 1:00PM - 2:22PM Yama 10:16AM - 11:38AM 664928574 Rahu 7:32AM - 8:54AM	Hasta Until 9:48AM Vaidhri Until 4:06PM Catuspada Until 6:22PM Amavasya Until 7:28AM Tue	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Green	Sunrise: 6:10AM Sunset: 5:06PM	Vasava: 5:127 Moon 9 - Phase 26 - 13 Amavasya
Family Home Evening Creative Work Siddha Yoga Until 9:48AM Then Routine Work - Prabalarishtha Yoga			Subramuniyaswami Mahasamadhi				Devaloka Day

Tuesday, October 21, 2025	Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Chitra/Sukla Nakshatra Vishkambha/Phli Yoga Naga/Kinughna Karana Amavasya/Prathamayam Titau				Stamford, CT Sun 14 Sutra 191
	Tula Rasi: 3.25	Tithi 30 - 1	Gulika 11:38AM - 12:59PM Yama 8:54AM - 10:16AM 664928574 Rahu 2:21PM - 3:42PM	Chitra Until 12:31PM Vishkambha Until 4:48PM Kinughna Until 8:39PM Amavasya Until 7:28AM	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Green	Sunrise: 6:11AM Sunset: 5:04PM	Vasava: 5:127 Moon 9 - Phase 26 - 14 Prathama
Creative Work Siddha Yoga Skanda Shasthi Begins							Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 2/11/24

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1		Wednesday, October 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Pitti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Tilau		Stamford, CT Sun 15	Sutra 192 Vasvasu 5:127
Tula Rasi: 15.2	Tilhi 1 – 2	Gulika Yama	10:16AM – 11:37AM 7:34AM – 8:55AM	Svali Untill 3:14PM Prithi Untill 5:38PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Green	Sunrise: 6:12AM Sunset: 5:03PM	Moon 9 - Phase 27 - 15 3rd Phase
Creative Work	Siddha Yoga	664138574	Rahu 11:37AM – 12:59PM	Balava Untill 11:05PM Prathama* Untill 9:50AM	Kartika-Rajvali	Bhuloka Day Devaloka Time: 3PM to 6PM	

2		Thursday, October 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau		Stamford, CT Sun 16	Sutra 193 Vasvasu 5:127
Tula Rasi: 27.13	Tilhi 2 – 3	Gulika Yama	8:55AM – 10:16AM 6:13AM – 7:34AM	Vishkha Untill 6:22PM Ayushman Untill 6:30PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:13AM Sunset: 5:01PM	Moon 9 - Phase 27 - 16 3rd Phase
Creative Work	Siddha Yoga	674138574	Rahu 12:58PM – 2:19PM	Taila Untill 1:36AM Fri Dvitiya Untill 12:19PM	Kartika-Rajvali	Bhuloka Day Devaloka Time: 3PM to 6PM	

3		Friday, October 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Gara/Vanija Karana Trilaya/Chaturthayam Tilau		Stamford, CT Sun 17	Sutra 194 Vasvasu 5:127
Wisshika Rasi: 9.04	Tilhi 3 – 4	Gulika Yama	7:35AM – 8:56AM 2:19PM – 3:39PM	Anuradha Untill 9:21PM Saubhagya Untill 7:24PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:15AM Sunset: 5:00PM	Moon 9 - Phase 27 - 17 3rd Phase
Creative Work	Siddha Yoga	674138574	Rahu 10:17AM – 11:37AM	Vanija Untill 4:06AM Sat Tritiya Untill 2:50PM	Kartika-Rajvali	Bhuloka Day Devaloka Time: 3PM to 6PM	

4		Saturday, October 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Visli/Bava Karana Chaturthi/Panchamyam Tilau		Stamford, CT Sun 18	Sutra 195 Vasvasu 5:127
Wisshika Rasi: 20.56	Tilhi 4 – 5	Gulika Yama	6:14AM – 7:36AM 2:57PM – 2:18PM	Jyeshtha* Untill 12:05AM Sun Sobhana Untill 8:14PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:16AM Sunset: 5:08PM	Moon 9 - Phase 27 - 18 3rd Phase
Creative Work	Siddha Yoga	674138574	Rahu 8:56AM – 10:17AM	Bava Untill 6:29AM Sun Chaturthi* Untill 5:17PM	Kartika-Rajvali	Bhuloka Day Devaloka Time: 3PM to 6PM	

5		Sunday, October 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Alhiganda* Yoga Bava/Balava Karana Panchamyam Tilau		Stamford, CT Sun 19	Sutra 196 Vasvasu 5:127
Dhanus Rasi: 2.51	Tilhi 5	Gulika Yama	2:17PM – 3:37PM 11:37AM – 12:57PM	Mula* Untill 2:55AM Mon Alhiganda* Untill 8:54PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:17AM Sunset: 5:07PM	Moon 9 - Phase 27 - 19 3rd Phase
Creative Work	Amrita Yoga	684138574	Rahu 3:37PM – 4:57PM	Bava Untill 6:29AM Panchami Untill 7:33PM	Kartika-Rajvali	Devaloka Day	

6		Monday, October 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Tilau		Stamford, CT Sun 20	Sutra 197 Vasvasu 5:127
Dhanus Rasi: 14.52	Tilhi 6	Gulika Yama	12:57PM – 2:16PM 10:17AM – 11:37AM	Purvashadha* Untill 5:14AM Tue Sukarma Untill 9:19PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:18AM Sunset: 5:06PM	Moon 9 - Phase 27 - 20 3rd Phase
Family Home Evening	Marana Yoga	684138574	Rahu 7:38AM – 8:57AM	Kaulava Untill 8:36AM Shashthi* Untill 9:29PM	Kartika-Rajvali	Devaloka Day	

		Tuesday, October 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Tilau		Stamford, CT Sun 21	Sutra 198 Vasvasu 5:127
Retreat Star		Gulika Yama	11:37AM – 12:56PM 8:58AM – 10:17AM	Uttarashadha Untill 6:51AM Wed Dhriti Untill 9:22PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:19AM Sunset: 5:04PM	Moon 9 - Phase 27 - 21 3rd Phase
Dhanus Rasi: 27.03	Tilhi 7	684138574	Rahu 2:16PM – 3:35PM	Gara Untill 10:17AM Saptami Untill 10:54PM	Kartika-Rajvali	Devaloka Day	

7		Wednesday, October 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Visli/Bava Karana Ashtamyam Tilau		Stamford, CT Sun 22	Sutra 199 Vasvasu 5:127
Retreat Star		Gulika Yama	10:18AM – 11:37AM 7:39AM – 8:59AM	Uttarashadha Untill 6:51AM Shula* Untill 8:52PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:20AM Sunset: 5:03PM	Moon 9 - Phase 27 - 22 Ashtami
Makara Rasi: 9.28	Tilhi 8	684138574	Rahu 11:37AM – 12:56PM	Visli Untill 11:24AM Ashlami* Untill 11:39PM	Kartika-Rajvali	Devaloka Day	

		Thursday, October 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Tilau		Stamford, CT Sun 23	Sutra 200 Vasvasu 5:127
Retreat Star		Gulika Yama	8:59AM – 10:18AM 6:22AM – 7:40AM	Shravana Untill 8:06AM Ganda* Untill 7:47PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple	Sunrise: 6:22AM Sunset: 5:02PM	Moon 9 - Phase 27 - 23 Navami
Makara Rasi: 22.11	Tilhi 9	694138574	Rahu 12:55PM – 2:14PM	Balava Untill 11:45AM Navam* Untill 11:37PM	Kartika-Rajvali	Bhuloka Day Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Friday, October 31, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Sukra Vasara Yukhtayam Stamford, CT			
			Dhanishtha/Shatabhishak Nakshatra Vidzhi Yoga Talila/Gara Karana Dashantayam Titau Sun 24 Sutra 201			
Kumbha Rasi: 5.2	Tithi 10	Gulika 7:41AM - 9:00AM	Dhanishtha Untill 8:23AM	Ganesh: Purple Sunrise: 6:23AM	Viswastu 5:17	
		Yama 2:14PM - 3:32PM	Vidzhi Untill 6:04PM	Muruga: Yellow Sunrise: 4:59PM	Moon 9 - Phase 2B - 24	
Creative Work	Siddha Yoga	Rahu 10:18AM - 11:37AM	Tailita Untill 11:18AM	Nataraja: Clear	4th Phase	
			Dashami Untill 10:44PM	Moon - Purple	Bhuloka Day Devaloka Time: 3PM to 6PM	

2	Saturday, November 1, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Menta Vasara Yukhtayam Stamford, CT			
			Shatabhishak/Puravproshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashayam Titau Sun 25 Sutra 202			
Kumbha Rasi: 18.55	Tithi 11	Gulika 6:24AM - 7:42AM	Shatabhishak Untill 7:42AM	Ganesh: Clear Sunrise: 6:24AM	Viswastu 5:17	
		Yama 12:55PM - 2:13PM	Dhruva Untill 3:39PM	Muruga: Yellow Sunrise: 4:49PM	Moon 9 - Phase 2B - 26	
Creative Work	Amrita Yoga	Rahu 9:00AM - 10:18AM	Vanija Untill 10:00AM	Nataraja: Clear	4th Phase	
Untill 7:42AM			Ekadashi Untill 9:02PM	Moon - Purple	Devaloka Day	
Then Routine Work - Marana Yoga						

3	Sunday, November 2, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Bhana Vasara Yukhtayam Stamford, CT			
			Puravproshthapada/Utravproshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashayam Titau Sun 26 Sutra 203			
Meena Rasi: 3	Tithi 12	Gulika 2:12PM - 3:30PM	Puravproshthapada Untill 6:33AM	Ganesh: Clear Sunrise: 6:25AM	Viswastu 5:17	
		Yama 11:37AM - 12:54PM	Vyaghata Untill 12:39PM	Muruga: Yellow Sunrise: 4:49PM	Moon 9 - Phase 2B - 26	
Creative Work	Siddha Yoga	Rahu 3:30PM - 4:48PM	Bava Untill 7:55AM	Nataraja: Clear	4th Phase	
Untill 6:33AM			Dvadashi Untill 6:36PM	Moon - Clear	Devaloka Day	
Then Creative Work - Amrita Yoga						

4	Monday, November 3, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Indu Vasara Yukhtayam Stamford, CT			
			Revati Nakshatra Harshana/Vajra Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 204			
Meena Rasi: 17.32	Tithi 13 - 14	Gulika 12:54PM - 2:12PM	Revati Untill 1:55AM Tue	Ganesh: Clear Sunrise: 6:26AM	Viswastu 5:17	
Family Home Evening		Yama 10:19AM - 11:37AM	Harshana Untill 9:08AM	Muruga: Yellow Sunrise: 4:49PM	Moon 9 - Phase 2B - 27	
Creative Work	Siddha Yoga	Rahu 7:44AM - 9:01AM	Gara Untill 1:54AM Tue	Nataraja: Clear	4th Phase	
			Trayodashi Untill 3:34PM	Moon - Clear	Devaloka Day	

Pradosha Vata

O	Tuesday, November 4, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Mangala Vasara Yukhtayam Stamford, CT			
	Copper Retreat Star		Ashvini Nakshatra Siddhi Yoga Vanija/Visli Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 205			
Mesha Rasi: 2.28	Tithi 14 - 15	Gulika 11:37AM - 12:54PM	Ashvini Untill 11:10PM	Ganesh: Purple Sunrise: 6:27AM	Viswastu 5:17	
		Yama 9:02AM - 10:19AM	Siddhi Untill 12:58AM Wed	Muruga: Yellow Sunrise: 4:49PM	Moon 9 - Phase 2B - Purnima	
Creative Work	Siddha Yoga	Rahu 2:11PM - 3:28PM	Visli Untill 10:16PM	Nataraja: Clear	4th Phase	
			Chaturdashi Untill 12:06PM	Moon - White	Sivaloka Day	

W	Wednesday, November 5, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Budha Vasara Yukhtayam Stamford, CT			
	Silver Retreat Star		Bharani Nakshatra Vyatipala Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 206			
Mesha Rasi: 17.4	Tithi 15 - 16	Gulika 10:20AM - 11:37AM	Bharani Untill 8:06PM	Ganesh: Purple Sunrise: 6:29AM	Viswastu 5:17	
		Yama 7:46AM - 9:03AM	Vyatipala Untill 8:37PM	Muruga: Yellow Sunrise: 4:49PM	Moon 9 - Phase 2B - Prathama	
Creative Work	Siddha Yoga	Rahu 11:37AM - 12:54PM	Balava Untill 6:26PM	Nataraja: Clear	4th Phase	
Untill 8:06PM			Purnima Untill 8:21AM	Moon - White	Sivaloka Day	
Then Creative Work - Amrita Yoga						

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**

Wishabha Rasi: 2.58 Tithi 17
 Routine Work Marana Yoga

Gulika 9:03AM - 10:20AM
Yama 6:30AM - 7:47AM
Rahu 12:53PM - 2:10PM

Kritika Until 4:55PM
Varjyan Until 4:15PM
Tailila Until 2:35PM
Dvitiya Until 12:42AM Fri

Ganesh: Clear Sunrise: 6:30AM
Muruga: Yellow Sunset: 4:49PM Moon 10 - Phase 29 - 1st Phase
Nataraja: Clear
 Moon - White **Devaloka Day**

Stamford, CT
 Sutra 207
 Viswasu 5127

1**Friday, November 7, 2025**

Wishabha Rasi: 18.11 Tithi 18
 Routine Work Marana Yoga
 Until 2:09PM
 Then Creative Work - Siddha Yoga

Gulika 7:47AM - 9:04AM
Yama 2:10PM - 3:26PM
Rahu 10:20AM - 11:37AM

Rohini Until 2:09PM
Parigraha Until 12:02PM
Vanija Until 10:54AM
Tritiya Until 9:10PM

Ganesh: Purple Sunrise: 6:31AM
Muruga: Yellow Sunset: 4:49PM Moon 10 - Phase 29 - 1st Phase
Nataraja: Clear
 Moon - Yellow **Sivaloka Day**

Stamford, CT
 Sutra 208
 Viswasu 5127

2**Saturday, November 8, 2025**

Mithuna Rasi: 3.11 Tithi 19
 Creative Work Siddha Yoga

Gulika 6:32AM - 7:48AM
Yama 2:10PM - 2:09PM
Rahu 9:04AM - 10:21AM

Mrigashira Until 11:38AM
Shiva Until 8:07AM
Bava Until 7:33AM
Chaturthi Until 6:02PM

Ganesh: Purple Sunrise: 6:32AM
Muruga: Yellow Sunset: 4:49PM Moon 10 - Phase 29 - 2 1st Phase
Nataraja: Clear
 Moon - Yellow **Sivaloka Day**

Stamford, CT
 Sutra 209
 Viswasu 5127

3**Sunday, November 9, 2025**

Mithuna Rasi: 17.49 Tithi 20 - 21
 Creative Work Siddha Yoga

Gulika 2:09PM - 3:24PM
Yama 11:37AM - 12:53PM
Rahu 3:24PM - 4:40PM

Ardra Until 9:30AM
Sadhya Until 1:35AM Mon
Gara Until 2:29AM Mon
Panchami Until 3:29PM

Ganesh: Purple Sunrise: 6:33AM
Muruga: Yellow Sunset: 4:49PM Moon 10 - Phase 29 - 3 1st Phase
Nataraja: Clear
 Moon - Yellow **Sivaloka Day**

Stamford, CT
 Sutra 210
 Viswasu 5127

4**Monday, November 10, 2025**

Kataka Rasi: 1.59 Tithi 21 - 22
Family Home Evening
 Creative Work Amrita Yoga
 Until 8:18AM
 Then Creative Work - Siddha Yoga

Gulika 12:53PM - 2:08PM
Yama 10:21AM - 11:37AM
Rahu 7:50AM - 9:06AM

Punarvasu Until 8:18AM
Subha Until 11:13PM
Visiti Until 1:02AM Tue
Shashthi Until 1:38PM

Ganesh: Clear Sunrise: 6:35AM
Muruga: Yellow Sunset: 4:39PM Moon 10 - Phase 29 - 4 1st Phase
Nataraja: Clear
 Moon - Blue **Devaloka Day**

Stamford, CT
 Sutra 211
 Viswasu 5127

5**Tuesday, November 11, 2025****Retreat Star**

Kataka Rasi: 15.41 Tithi 22 - 23
 Creative Work Siddha Yoga

Gulika 11:37AM - 12:52PM
Yama 9:06AM - 10:22AM
Rahu 2:08PM - 3:23PM

Pushya Until 7:45AM
Sukla Until 9:27PM
Balava Until 12:25AM Wed
Saptami Until 12:36PM

Ganesh: White Sunrise: 6:36AM
Muruga: Yellow Sunset: 4:39PM Moon 10 - Phase 29 - 5 Ashtami
Nataraja: Clear
 Moon - Blue **Bhuloka Day**
 Devaloka Time: 3PM to 6PM

Stamford, CT
 Sutra 212
 Viswasu 5127

Wednesday, November 12, 2025**Retreat Star**

Kataka Rasi: 28.55 Tithi 23 - 24
 Creative Work Siddha Yoga

Gulika 10:22AM - 11:37AM
Yama 7:52AM - 9:07AM
Rahu 11:37AM - 12:52PM

Ashlesha Until 7:51AM
Brahma Until 8:22PM
Tailila Until 12:37AM Thu
Ashtami Until 12:24PM

Ganesh: White Sunrise: 6:37AM
Muruga: Yellow Sunset: 4:37PM Moon 10 - Phase 29 - 6 Navami
Nataraja: Clear
 Moon - Blue **Bhuloka Day**
 Devaloka Time: 3PM to 6PM

Stamford, CT
 Sutra 213
 Viswasu 5127

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT
Simha Rasi: 11.43	Tithi 24 – 25	Gulika 9:08AM – 10:23AM	Magha* Until 9:03AM	Ganesha: Yellow	Sunrise: 6:38AM	Sutra 214
		Yama 6:38AM – 7:53AM	Indra Until 7:53PM	Muruga: Yellow	Sunset: 4:36PM	Vasarasu 5:17
		756138574 Rahu 12:52PM – 2:07PM	Vanija Until 1:35AM Fri	Nataraja: Clear	Moon 10 - Phase 30 - 7	2nd Phase
Creative Work	Amrita Yoga		Navami* Until 1:00PM	Moan - Red		Devaloka Day
Until 9:03AM				Kartika-Kartika		
Then Creative Work - Siddha Yoga						

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Satva Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vridi/Bava Karana Dashami/Ekadasami		Stamford, CT
Simha Rasi: 24.12	Tithi 25 – 26	Gulika 7:54AM – 9:08AM	Purvaphalguni Until 10:47AM	Ganesha: Yellow	Sunrise: 6:39AM	Sutra 215
		Yama 2:07PM – 3:21PM	Vaidhri* Until 7:52PM	Muruga: Yellow	Sunset: 4:36PM	Vasarasu 5:17
		756138574 Rahu 10:23AM – 11:37AM	Bava Until 3:10AM Sat	Nataraja: Clear	Moon 10 - Phase 30 - 8	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:17PM	Moan - Red		Devaloka Day
				Kartika-Kartika		

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT
Kanya Rasi: 6.26	Tithi 26 – 27	Gulika 6:41AM – 7:55AM	Uttaraphalguni Until 12:53PM	Ganesha: Yellow	Sunrise: 6:41AM	Sutra 216
		Yama 12:52PM – 2:06PM	Vishkamba* Until 8:15PM	Muruga: Yellow	Sunset: 4:35PM	Vasarasu 5:17
		756138574 Rahu 9:09AM – 10:23AM	Kaulava Until 5:13AM Sun	Nataraja: Clear	Moon 10 - Phase 30 - 9	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 4:08PM	Moan - Red		Devaloka Day
				Kartika-Kartika		

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Vishcha Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Talila Karana Dvadashyam Titau		Stamford, CT
Kanya Rasi: 18.29	Tithi 27	Gulika 2:06PM – 3:20PM	Hasla Until 3:42PM	Ganesha: Yellow	Sunrise: 6:42AM	Sutra 217
		Yama 11:38AM – 12:52PM	Pili Until 8:54PM	Muruga: Yellow	Sunset: 4:34PM	Vasarasu 5:17
		766238575 Rahu 3:20PM – 4:34PM	Talila Until 6:20PM	Nataraja: Purple	Moon 10 - Phase 30 - 10	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 6:20PM	Moan - Green		Sivaloka Day
Until 3:42PM				Kartika-Kartika		
Then Creative Work - Siddha Yoga						

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Vishcha Mase Krishna Paksha Indra Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT
Tula Rasi: 0.26	Tithi 28	Gulika 12:52PM – 2:06PM	Chitra Until 6:34PM	Ganesha: Yellow	Sunrise: 6:43AM	Sutra 218
		Yama 10:24AM – 11:38AM	Ayushman Until 9:40PM	Muruga: Yellow	Sunset: 4:33PM	Vasarasu 5:17
		766238575 Rahu 7:57AM – 9:10AM	Gara Until 7:33AM	Nataraja: Purple	Moon 10 - Phase 30 - 11	2nd Phase
Routine Work	Prabalarishta Yoga		Trayodashi* Until 8:46PM	Moan - Green		Sivaloka Day
Until 6:34PM				Kartika-Kartika		
Then Creative Work - Amrita Yoga				Pradosha Vata (Fasting)		

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Vishcha Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Vridi/Sakuni* Karana Chaturdashyam Titau		Stamford, CT
Tula Rasi: 12.19	Tithi 29	Gulika 11:38AM – 12:52PM	Svali Until 9:21PM	Ganesha: Blue	Sunrise: 6:44AM	Sutra 219
		Yama 9:11AM – 10:25AM	Saubhagya Until 10:31PM	Muruga: Yellow	Sunset: 4:32PM	Vasarasu 5:17
		767238575 Rahu 2:05PM – 3:19PM	Vridi Until 10:02AM	Nataraja: Purple	Moon 10 - Phase 30 - 12	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:17PM	Moan - Green		Devaloka Day
Until 9:21PM				Kartika-Kartika		
Then Routine Work - Marana Yoga						

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Vishcha Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Niaga* Karana Amavasyayam Titau		Stamford, CT
Retreat Star		Gulika 10:25AM – 11:38AM	Vishakha Until 12:29AM Thu	Ganesha: Blue	Sunrise: 6:45AM	Sutra 220
Tula Rasi: 24.11	Tithi 30	Yama 7:59AM – 9:12AM	Sobhana Until 11:24PM	Muruga: Yellow	Sunset: 4:32PM	Vasarasu 5:17
		777238575 Rahu 11:38AM – 12:52PM	Caluspada Until 12:34PM	Nataraja: Purple	Moon 10 - Phase 30 - 13	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:48AM Thu	Moan - Orange		Devaloka Day
				Kartika-Kartika		

Thursday, November 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Vishcha Mase Sula Paksha Guru Vasara Yuktayam Anuradha Nakshatra Ahihganda* Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT
Vishcha Rasi: 6.03	Tithi 1	Gulika 9:13AM – 10:26AM	Anuradha Until 3:24AM Fri	Ganesha: Blue	Sunrise: 6:46AM	Sutra 221
		Yama 6:46AM – 7:59AM	Ahihganda* Until 12:12AM Fri	Muruga: Yellow	Sunset: 4:31PM	Vasarasu 5:17
		777238575 Rahu 12:52PM – 2:05PM	Kintughna Until 3:05PM	Nataraja: Purple	Moon 10 - Phase 30 - 14	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:17AM Fri	Moan - Orange		Devaloka Day
Until 3:24AM Fri				Mangalika-Kartika		
Then Routine Work - Marana Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Jyeshtha Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvityayam Titau				Stamford, CT Sun 15	Sutra 222 Vasvasu 5127
Wischika Rasi: 17.56	Tithi 2	Gulika 8:00AM - 9:13AM	Jyeshtha Until 6:04AM Sat	Ganesh: Blue	Sunrise: 6:46AM		
		Yama 2:05PM - 3:17PM	Sukarma Until 12:57AM Sat	Muruga: Yellow	Sunset: 4:39PM	Moon 10 - Phase 31 - 17	3rd Phase
		Rahu 10:26AM - 11:39AM	Balava Until 5:30PM	Nataraja: Purple			
Routine Work	Marana Yoga		Dvitiya Until 6:39AM Sat	Moon - Orange			Devaloka Day
Until 6:04AM Sat				Wagvesha/Kartika			
Then Creative Work	Siddha Yoga						
2 Saturday, November 22, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantia Vasara Yuktayam Jyeshtha/Mula Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitya/Tritayam Titau				Stamford, CT Sun 16	Sutra 223 Vasvasu 5127
Wischika Rasi: 29.52	Tithi 2 - 3	Gulika 6:49AM - 8:01AM	Jyeshtha Until 6:04AM	Ganesh: Blue	Sunrise: 6:49AM		
		Yama 12:52PM - 2:04PM	Dhriti Until 1:36AM Sun	Muruga: Yellow	Sunset: 4:39PM	Moon 10 - Phase 31 - 16	3rd Phase
		Rahu 9:14AM - 10:27AM	Talita Until 7:49PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvitiya Until 6:39AM	Moon - Orange			Devaloka Day
				Wagvesha/Kartika			
3 Sunday, November 23, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktayam Mula/Purvashada Nakshatra Shula Yoga Gara/Varija Karana Tritiya/Chaturtham Titau				Stamford, CT Sun 17	Sutra 224 Vasvasu 5127
Dhanus Rasi: 11.52	Tithi 3 - 4	Gulika 2:04PM - 3:17PM	Mula Until 8:55AM	Ganesh: Blue	Sunrise: 6:50AM		
		Yama 11:39AM - 12:52PM	Shula Until 2:04AM Mon	Muruga: Yellow	Sunset: 4:39PM	Moon 10 - Phase 31 - 17	3rd Phase
		Rahu 3:17PM - 4:29PM	Varija Until 9:55PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Tritiya Until 8:52AM	Moon - Light Blue			Devaloka Day
Until 8:55AM				Wagvesha/Kartika			
Then Creative Work	Siddha Yoga						
4 Monday, November 24, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktayam Purvashada/Shravana Nakshatra Ganda Yoga Vasi/Bava Karana Chaturthi/Panchamam Titau				Stamford, CT Sun 18	Sutra 225 Vasvasu 5127
Dhanus Rasi: 23.56	Tithi 4 - 5	Gulika 12:52PM - 2:04PM	Purvashada Until 11:21AM	Ganesh: Blue	Sunrise: 6:51AM		
Family Home Evening		Yama 10:28AM - 11:40AM	Ganda Until 2:18AM Tue	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 31 - 18	3rd Phase
		Rahu 8:03AM - 9:15AM	Bava Until 11:44PM	Nataraja: Purple			
Routine Work	Marana Yoga		Chaturthi Until 10:51AM	Moon - Light Blue			Devaloka Day
				Wagvesha/Kartika			
5 Tuesday, November 25, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashada/Shravana Nakshatra Vidha Yoga Balava/Kaulava Karana Pancham/Shashtham Titau				Stamford, CT Sun 19	Sutra 226 Vasvasu 5127
Makara Rasi: 6.1	Tithi 5 - 6	Gulika 11:40AM - 12:52PM	Uttarashada Until 1:18PM	Ganesh: Red	Sunrise: 6:52AM		
		Yama 9:16AM - 10:28AM	Vidha Until 2:14AM Wed	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 31 - 19	3rd Phase
		Rahu 2:04PM - 3:16PM	Kaulava Until 1:07AM Wed	Nataraja: Purple			
Routine Work	Prabalarishta Yoga		Panchami Until 12:28PM	Moon - Light Blue			Sivaloka Day
Until 1:18PM				Wagvesha/Kartika			
Then Creative Work	Siddha Yoga						
6 Wednesday, November 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktayam Shravana/Dhanishta Nakshatra Dhruva Yoga Talita/Gara Karana Shashthi/Saptamam Titau				Stamford, CT Sun 20	Sutra 227 Vasvasu 5127
Makara Rasi: 18.34	Tithi 6 - 7	Gulika 10:29AM - 11:40AM	Shravana Until 3:05PM	Ganesh: Blue	Sunrise: 6:53AM		
		Yama 8:05AM - 9:17AM	Dhruva Until 1:41AM Thu	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 31 - 20	3rd Phase
		Rahu 11:40AM - 12:52PM	Gara Until 1:56AM Thu	Nataraja: Purple			
Creative Work	Siddha Yoga		Shashthi Until 1:35PM	Moon - Purple			Subha Sivaloka Day
Until 3:05PM				Wagvesha/Kartika			
Then Routine Work	Prabalarishta Yoga						
Thursday, November 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktayam Dhanishta/Shatabhishak Nakshatra Vyaghatra Yoga Varija/Vasi Karana Saptami/Ashthamam Titau				Stamford, CT Sun 21	Sutra 228 Vasvasu 5127
Retreat Star		Gulika 9:18AM - 10:29AM	Dhanishta Until 4:05PM	Ganesh: Blue	Sunrise: 6:54AM		
Kumbha Rasi: 1.14	Tithi 7 - 8	Yama 6:54AM - 8:06AM	Vyaghatra Until 12:38AM Fri	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 31 - 21	Ashtami
		Rahu 12:52PM - 2:04PM	Vasi Until 2:04AM Fri	Nataraja: Purple			
Creative Work	Siddha Yoga		Saptami Until 2:05PM	Moon - Purple			Subha Sivaloka Day
				Wagvesha/Kartika			
Friday, November 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Shatabhishak/Purvashodhigada Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamam Titau				Stamford, CT Sun 22	Sutra 229 Vasvasu 5127
Retreat Star		Gulika 8:07AM - 9:18AM	Shatabhishak Until 4:13PM	Ganesh: Blue	Sunrise: 6:55AM		
Kumbha Rasi: 14.14	Tithi 8 - 9	Yama 2:04PM - 3:15PM	Harshana Until 10:59PM	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 31 - 22	Navami
		Rahu 10:30AM - 11:41AM	Balava Until 1:25AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Ashlami Until 1:49PM	Moon - Purple			Subha Sivaloka Day
				Wagvesha/Kartika			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1 Saturday, November 29, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksho Marita Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra* Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Stamford, CT Sutra 230
Kumbha Rasi: 27.4	Tithi 9 – 10	Gulika 6:56AM – 8:08AM	Puravproshthapada* Until 3:53PM	Ganesh: Purple	Sunrise: 6:56AM	Vasarasu 5:17
		Yama 12:53PM – 2:04PM	Vajra* Until 8:42PM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - 23
Routine Work	Marana Yoga	Rahu 9:19AM – 10:30AM	Taila Until 11:59PM	Nataraja: Purple		4th Phase
Until 3:53PM			Navami* Until 12:47PM	Moon – Clear		Subha Sivaloka Day
Then Creative Work	Siddha Yoga			Margaviso/Kartika		

2 Sunday, November 30, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksho Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddha/Vyjalpata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sutra 231
Mesha Rasi: 11.32	Tithi 10 – 11	Gulika 2:04PM – 3:15PM	Uttarproshthapada Until 2:39PM	Ganesh: Purple	Sunrise: 6:58AM	Vasarasu 5:17
		Yama 11:42AM – 12:53PM	Siddhi Until 5:49PM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - 24
Routine Work	Amrita Yoga	Rahu 3:15PM – 4:26PM	Vanija Until 9:49PM	Nataraja: Purple		4th Phase
Creative Work			Dashami Until 10:58AM	Moon – Clear		Subha Sivaloka Day
		Gita Jayanthi		Margaviso/Kartika		

3 Monday, December 1, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksho Indu Vasara Yuktayam Revati/Ashani Nakshatra Vyjalpata* Varyan Yoga Visi*Bava Karana Ekadashi/Dwadashyam Titau				Stamford, CT Sutra 232
Mesha Rasi: 25.53	Tithi 11 – 12	Gulika 12:53PM – 2:04PM	Revati Until 12:36PM	Ganesh: Clear	Sunrise: 6:59AM	Vasarasu 5:17
Family Home Evening		Yama 10:31AM – 11:42AM	Vyalpata* Until 2:25PM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - 25
Routine Work	Siddha Yoga	Rahu 8:09AM – 9:20AM	Bava Until 7:00PM	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 8:28AM	Moon – Clear		Sivaloka Day
				Margaviso/Kartika		

4 Tuesday, December 2, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksho Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigaha* Yoga Kaulava/Taila Karana Trayodashyam Titau				Stamford, CT Sutra 233
Mesha Rasi: 10.39	Tithi 13	Gulika 11:43AM – 12:53PM	Ashvini Until 10:17AM	Ganesh: White	Sunrise: 7:00AM	Vasarasu 5:17
		Yama 9:21AM – 10:32AM	Varyan Until 10:34AM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - 26
Routine Work	Siddha Yoga	Rahu 2:04PM – 3:15PM	Kaulava Until 3:42PM	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 1:53AM Wed	Moon – White		Devaloka Day
				Margaviso/Kartika		
				<i>Pradosha Vata</i>		

5 Wednesday, December 3, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksho Rudra Vasara Yuktayam Bharani/Kritika Nakshatra Parigaha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sutra 234
Mesha Rasi: 25.44	Tithi 14	Gulika 10:32AM – 11:43AM	Bharani Until 7:27AM	Ganesh: White	Sunrise: 7:01AM	Vasarasu 5:17
		Yama 8:11AM – 9:22AM	Parigaha* Until 6:24AM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - 27
Routine Work	Siddha Yoga	Rahu 11:43AM – 12:54PM	Gara Until 12:02PM	Nataraja: Purple		4th Phase
Until 7:27AM			Chaturdash* Until 10:07PM	Moon – White		Devaloka Day
Then Creative Work	Amrita Yoga	Kritika Deepam		Margaviso/Kartika		

Thursday, December 4, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksho Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visi*/Bava Karana Purnimayam Titau				Stamford, CT Sutra 235
Copper Retreat Star		Gulika 9:22AM – 10:33AM	Rohini Until 1:19AM Fri	Ganesh: Yellow	Sunrise: 7:03AM	Vasarasu 5:17
Wishabha Rasi: 11.01	Tithi 15	Yama 7:02AM – 8:12AM	Siddha Until 9:39PM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - Purnima
Routine Work	Marana Yoga	Rahu 12:54PM – 2:04PM	Visi Until 8:13AM	Nataraja: Purple		
Until 1:19AM Fri			Purnima* Until 6:16PM	Moon – Yellow		Sivaloka Day
Then Creative Work	Siddha Yoga			Margaviso/Kartika		

Friday, December 5, 2025		Vasarasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Krishna Paksho Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam Titau				Stamford, CT Sutra 236
Silver Retreat Star		Gulika 8:13AM – 9:23AM	Mrigashira Until 10:23PM	Ganesh: Yellow	Sunrise: 7:03AM	Vasarasu 5:17
Wishabha Rasi: 26.18	Tithi 16 – 17	Yama 2:04PM – 3:15PM	Sadya Until 5:22PM	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 32 - Prathama
Routine Work	Siddha Yoga	Rahu 10:33AM – 11:44AM	Taila Until 12:45AM Sat	Nataraja: Purple		
Creative Work			Prathama* Until 2:31PM	Moon – Yellow		Sivaloka Day
				Margaviso/Kartika		
				Vinayaga Viratam Begins		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 11:25 Tithi 17 - 18

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam
Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tililyayam TitauSun 1 Stamford, CT
Sutra 237

Gulika 7:04AM - 8:14AM

Yama 12:54PM - 2:05PM

Rahu 9:24AM - 10:34AM

Ardra Until 7:41PM

Subha Until 1:21PM

Vanija Until 9:29PM

Dvitiya Until 11:03AM

Ganesha: Yellow

Muruga: Yellow

Nataraja: Purple

Moon - Yellow

Sunrise: 7:04AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 1

1st Phase

Sivaloka Day

Wargeseva/Kartika

1**Sunday, December 7, 2025**

Mithuna Rasi: 26:13 Tithi 18 - 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhara Vasara Yuktyam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Vesi/Basa Karana Tritiya/Chaturtham TitauSun 2 Stamford, CT
Sutra 238

Gulika 2:05PM - 3:15PM

Yama 11:45AM - 12:55PM

Rahu 3:15PM - 4:25PM

Punarvasu Until 5:46PM

Sukla Until 9:41AM

Bava Until 6:45PM

Tritiya Until 8:01AM

Ganesha: Blue

Muruga: Yellow

Nataraja: Purple

Moon - Blue

Sunrise: 7:04AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 2

1st Phase

Devaloka Day

Wargeseva/Kartika

2**Monday, December 8, 2025**

Kataka Rasi: 10:35 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam
Brahma/Indra Yoga Kaulava/Taila Karana Panchamiam TitauSun 3 Stamford, CT
Sutra 239

Gulika 12:55PM - 2:05PM

Yama 10:35AM - 11:45AM

Rahu 8:15AM - 9:25AM

Pushya Until 4:24PM

Brahma Until 6:33AM

Kaulava Until 4:43PM

Panchami Until 4:00AM Tue

Ganesha: Blue

Muruga: Yellow

Nataraja: Purple

Moon - Blue

Sunrise: 7:05AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 3

1st Phase

Devaloka Day

Wargeseva/Kartika

3**Tuesday, December 9, 2025**

Kataka Rasi: 24:27 Tithi 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam
Ashlesha/Magha* Nakshatra Vaidhril* Yoga Gara/Vanija Karana Shashthiyam TitauSun 4 Stamford, CT
Sutra 240

Gulika 11:46AM - 12:55PM

Yama 9:26AM - 10:36AM

Rahu 2:05PM - 3:15PM

Ashlesha* Until 3:42PM

Vaidhril* Until 2:12AM Wed

Gara Until 3:32PM

Shashthi* Until 3:15AM Wed

Ganesha: White

Muruga: Yellow

Nataraja: Purple

Moon - Blue

Sunrise: 7:06AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 4

1st Phase

Devaloka Day

Wargeseva/Kartika

4**Wednesday, December 10, 2025**

Simha Rasi: 7:48 Tithi 22

Creative Work Siddha Yoga

Until 4:10PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Vesi/Bava Karana Sapthamiam TitauSun 5 Stamford, CT
Sutra 241

Gulika 10:36AM - 11:46AM

Yama 8:17AM - 9:27AM

Rahu 11:46AM - 12:56PM

Magha* Until 4:10PM

Vishkambha* Until 1:05AM Thu

Vesi Until 3:14PM

Saptami Until 3:24AM Thu

Ganesha: Clear

Muruga: Yellow

Nataraja: Purple

Moon - Red

Sunrise: 7:07AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 5

1st Phase

Sivaloka Day

Wargeseva/Kartika

D**Thursday, December 11, 2025****Retreat Star**

Simha Rasi: 20:41 Tithi 23

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Guna Vasara Yuktyam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamiam TitauSun 6 Stamford, CT
Sutra 242

Gulika 9:27AM - 10:37AM

Yama 7:08AM - 8:18AM

Rahu 12:56PM - 2:06PM

Purvaphalguni Until 5:22PM

Priti Until 12:39AM Fri

Balava Until 3:50PM

Ashlami* Until 4:25AM Fri

Ganesha: Purple

Muruga: Yellow

Nataraja: Purple

Moon - Red

Sunrise: 7:08AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 6

Ashtami

Subha Sivaloka Day

Wargeseva/Kartika

Friday, December 12, 2025**Retreat Star**

Kanya Rasi: 3:11 Tithi 24

Creative Work Siddha Yoga

Until 7:08PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam
Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamiam TitauSun 7 Stamford, CT
Sutra 243

Gulika 8:18AM - 9:28AM

Yama 2:06PM - 3:16PM

Rahu 10:37AM - 11:47AM

Uttaraphalguni Until 7:08PM

Ayushman Until 12:44AM Sat

Taila Until 5:13PM

Navami* Until 6:08AM Sat

Ganesha: Purple

Muruga: Yellow

Nataraja: Purple

Moon - Red

Sunrise: 7:09AM

Sunset: 4:29PM

Moon 11 - Phase 33 - 7

Navami

Subha Sivaloka Day

Wargeseva/Kartika

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mania Vasara Yuktayam Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sutra 244
Kanya Rasi: 15.24	Tithi 24 – 25	Gulika 7:10AM – 8:19AM	Hasla Until 9:49PM	Ganesh: Clear	Sunrise: 7:10AM	Vasvasu 5:127
		Yama 12:57PM – 2:06PM	Saubhagya Until 1:15AM Sun	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 34 - 12
Routine Work	Marana Yoga	Rahu 9:28AM – 10:38AM	Vanija Until 7:14PM	Nataraja: Purple		2nd Phase
			Navami* Until 6:08AM	Moan – Orange		Sivaloka Day
				Waganesu*Markhal		

2		Sunday, December 14, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vasara Yuktayam Hasta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sutra 245
Kanya Rasi: 27.24	Tithi 25 – 26	Gulika 2:07PM – 3:16PM	Chitra Until 12:40AM Mon	Ganesh: Clear	Sunrise: 7:10AM	Vasvasu 5:127
		Yama 11:48AM – 12:57PM	Sobhana Until 2:02AM Mon	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 34 - 12
Creative Work	Siddha Yoga	Rahu 3:16PM – 4:25PM	Bava Until 9:38PM	Nataraja: Purple		2nd Phase
Until 12:40AM Mon			Dashami Until 8:23AM	Moan – Green		Sivaloka Day
Then Creative Work - Amrita Yoga				Waganesu*Markhal		

3		Monday, December 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vasara Yuktayam Svali Nakshatra Ahimsaganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Stamford, CT Sutra 246
Tula Rasi: 9.17	Tithi 26 – 27	Gulika 12:58PM – 2:07PM	Svali Until 3:31AM Tue	Ganesh: Clear	Sunrise: 7:11AM	Vasvasu 5:127
Family Home Evening		Yama 10:39AM – 11:48AM	Ahimsaganda* Until 2:54AM Tue	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 34 - 12
Creative Work	Amrita Yoga	Rahu 8:20AM – 9:30AM	Kaulava Until 12:13AM Tue	Nataraja: Purple		2nd Phase
Until 3:31AM Tue			Ekadashi* Until 10:54AM	Moan – Green		Sivaloka Day
Then Routine Work - Marana Yoga		Markali Pillaiyar		Waganesu*Markhal		

4		Tuesday, December 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Talila/Gara Karana Dvadashti/Trajodshyam Titau		Stamford, CT Sutra 247
Tula Rasi: 21.08	Tithi 27 – 28	Gulika 11:49AM – 12:58PM	Vishakha Until 6:42AM Wed	Ganesh: Clear	Sunrise: 7:12AM	Vasvasu 5:127
		Yama 9:30AM – 10:40AM	Sukarma Until 3:46AM Wed	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 34 - 11
Routine Work	Marana Yoga	Rahu 2:07PM – 3:17PM	Gara Until 2:49AM Wed	Nataraja: Purple		2nd Phase
Until 6:42AM Wed			Dvadashti* Until 1:30PM	Moan – Orange		Sivaloka Day
Then Creative Work - Siddha Yoga				Waganesu*Markhal		
				Pradosha Vata (Fasting)		

5		Wednesday, December 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Butha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Vanija/Visi* Karana Trayodshyam Titau		Stamford, CT Sutra 248
Wischika Rasi: 2.59	Tithi 28 – 29	Gulika 10:40AM – 11:49AM	Vishakha Until 6:42AM	Ganesh: Clear	Sunrise: 7:12AM	Vasvasu 5:127
		Yama 8:22AM – 9:31AM	Dhriti Until 4:35AM Thu	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 34 - 12
Creative Work	Siddha Yoga	Rahu 11:49AM – 12:59PM	Visi Until 5:19AM Thu	Nataraja: Purple		2nd Phase
Until 9:35AM			Trayodashi* Until 4:04PM	Moan – Orange		Sivaloka Day
Then Routine Work - Prabalashita Yoga				Waganesu*Markhal		

6		Thursday, December 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Saka*/Naga* Karana Chaturdashyam Titau		Stamford, CT Sutra 249
Wischika Rasi: 14.52	Tithi 29	Gulika 9:31AM – 10:41AM	Anuradha Until 9:35AM	Ganesh: Clear	Sunrise: 7:13AM	Vasvasu 5:127
		Yama 8:22AM – 9:31AM	Shula* Until 5:13AM Fri	Muruga: Yellow	Sunset: 4:27PM	Moon 11 - Phase 34 - 13
Creative Work	Siddha Yoga	Rahu 12:59PM – 2:08PM	Sakuni Until 6:28PM	Nataraja: Purple		2nd Phase
Until 9:35AM			Chaturdashi* Until 6:28PM	Moan – Orange		Sivaloka Day
Then Routine Work - Prabalashita Yoga				Waganesu*Markhal		

●		Friday, December 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sutra 250
Retreat Star		Gulika 8:23AM – 9:32AM	Jyeshtha* Until 12:08PM	Ganesh: Purple	Sunrise: 7:14AM	Vasvasu 5:127
Wischika Rasi: 26.5	Tithi 30	Yama 2:09PM – 3:18PM	Ganda* Until 5:43AM Sat	Muruga: Yellow	Sunset: 4:27PM	Moon 11 - Phase 34 - 12
Routine Work	Marana Yoga	Rahu 10:41AM – 11:50AM	Caluspada Until 7:37AM	Nataraja: Purple		Amavasya
Until 12:08PM			Amavasya* Until 8:41PM	Moan – Orange		Devaloka Day
Then Creative Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)		Waganesu*Markhal		

●		Saturday, December 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mania Vasara Yuktayam Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sutra 251
Retreat Star		Gulika 7:14AM – 8:23AM	Mula* Until 2:48PM	Ganesh: Light Blue	Sunrise: 7:14AM	Vasvasu 5:127
Dhanus Rasi: 8.53	Tithi 1	Yama 1:00PM – 2:09PM	Widdhi Until 6:02AM Sun	Muruga: Yellow	Sunset: 4:28PM	Moon 11 - Phase 34 - 15
Creative Work	Siddha Yoga	Rahu 9:33AM – 10:42AM	Kintughna Until 9:43AM	Nataraja: Purple		Prathama
Until 12:08PM			Prathama* Until 10:38PM	Moan – Light Blue		Devaloka Day
Then Creative Work - Amrita Yoga				Pradosha*Markhal		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsare Dakshinye Moksha Ritau Dhanus Mese Sakla Paksho Bharu Vesara Yuktayam Purvashada/Uttarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Titau				Stamford, CT Sun 16	Sutra 252 Viswasa 5127
Dhanus Rasi: 21.02	Tilthi 2	Gulika 2:10PM - 3:19PM	Purvashada* Until 5:02PM	Ganesh: Light Blue	Sunrise: 7:55AM		
		Yama 11:51AM - 1:01PM	Vridhi Until 6:02AM	Muruga: Yellow	Sunset: 4:28PM	Moon 11 - Phase 35 - 16	3rd Phase
Creative Work	Siddha Yoga	Rahu 3:19PM - 4:28PM	Balava Until 11:32AM	Nataraja: Purple			
Until 5:02PM		Day 1 of Pancha Ganapati	Dvitiya Until 12:19AM Mon	Paash/Bhakti			Devaloka Day
Then Creative Work - Amrita Yoga							
2 Monday, December 22, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Indu Vasara Yuktayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Titau				Stamford, CT Sun 17	Sutra 253 Viswasa 5127
Makara Rasi: 3.17	Tilthi 3	Gulika 1:01PM - 2:10PM	Uttarashada Until 6:50PM	Ganesh: Light Blue	Sunrise: 7:55AM		
Family Home Evening		Yama 10:43AM - 11:52AM	Dhruva Until 6:07AM	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 35 - 17	3rd Phase
Routine Work	Marana Yoga	Rahu 8:24AM - 9:34AM	Talilla Until 1:04PM	Nataraja: Purple			
Until 6:50PM		Day 2 of Pancha Ganapati	Tritiya Until 1:42AM Tue	Paash/Bhakti			Devaloka Day
Then Creative Work - Amrita Yoga							
3 Tuesday, December 23, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Shravana Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthiyam Titau				Stamford, CT Sun 18	Sutra 254 Viswasa 5127
Makara Rasi: 15.41	Tilthi 4	Gulika 11:52AM - 1:02PM	Shravana Until 8:37PM	Ganesh: Purple	Sunrise: 7:56AM		
		Yama 9:34AM - 10:43AM	Harshana Until 5:32AM Wed	Muruga: Yellow	Sunset: 4:29PM	Moon 11 - Phase 35 - 18	3rd Phase
Creative Work	Siddha Yoga	Rahu 2:11PM - 3:20PM	Vanja Until 2:16PM	Nataraja: Purple			
Until 9:49PM		Day 3 of Pancha Ganapati	Chaturthi* Until 2:42AM Wed	Paash/Bhakti			Devaloka Day
Then Creative Work - Amrita Yoga							
4 Wednesday, December 24, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Budha Vesara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT Sun 19	Sutra 255 Viswasa 5127
Makara Rasi: 28.16	Tilthi 5	Gulika 10:44AM - 11:53AM	Dhanishtha Until 9:49PM	Ganesh: Purple	Sunrise: 7:56AM		
		Yama 8:25AM - 9:35AM	Vajra* Until 4:44AM Thu	Muruga: Yellow	Sunset: 4:30PM	Moon 11 - Phase 35 - 19	3rd Phase
Routine Work	Prabalarishta Yoga	Rahu 11:53AM - 1:02PM	Bava Until 3:03PM	Nataraja: Purple			
Until 9:49PM		Day 4 of Pancha Ganapati	Panchami Until 3:15AM Thu	Paash/Bhakti			Devaloka Day
Then Creative Work - Siddha Yoga							
5 Thursday, December 25, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Guru Vesara Yuktayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Titau				Stamford, CT Sun 20	Sutra 256 Viswasa 5127
Kumbha Rasi: 11.02	Tilthi 6	Gulika 9:35AM - 10:44AM	Shalabhishak Until 10:23PM	Ganesh: Purple	Sunrise: 7:57AM		
		Yama 7:17AM - 8:26AM	Siddhi Until 3:22AM Fri	Muruga: Yellow	Sunset: 4:30PM	Moon 11 - Phase 35 - 20	3rd Phase
Creative Work	Siddha Yoga	Rahu 1:03PM - 2:12PM	Kaulava Until 3:21PM	Nataraja: Purple			
Until 9:49PM		Day 5 of Pancha Ganapati	Shashthi* Until 3:17AM Fri	Paash/Bhakti			Devaloka Day
Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					
6 Friday, December 26, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Vesara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthamyam Titau				Stamford, CT Sun 21	Sutra 257 Viswasa 5127
Kumbha Rasi: 24.04	Tilthi 7	Gulika 8:26AM - 9:35AM	Purvashrothapada* Until 10:41PM	Ganesh: Green	Sunrise: 7:57AM		
		Yama 2:12PM - 3:22PM	Vyalipala* Until 1:53AM Sat	Muruga: Yellow	Sunset: 4:31PM	Moon 11 - Phase 35 - 21	3rd Phase
Creative Work	Siddha Yoga	Rahu 10:45AM - 11:54AM	Gara Until 3:05PM	Nataraja: Clear			
Until 9:49PM			Saptami Until 2:43AM Sat	Paash/Bhakti			Bhuloka Day
Then Creative Work - Amrita Yoga							Devaloka Time: 3PM to 6PM
Retreat Star							
7 Saturday, December 27, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Uttarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtamyam Titau				Stamford, CT Sun 22	Sutra 258 Viswasa 5127
Meena Rasi: 7.25	Tilthi 8	Gulika 7:17AM - 8:27AM	Uttarashrothapada Until 10:14PM	Ganesh: Green	Sunrise: 7:57AM		
		Yama 1:04PM - 2:13PM	Varjyan Until 11:43PM	Muruga: Yellow	Sunset: 4:32PM	Moon 11 - Phase 35 - 22	Ashtami
Creative Work	Siddha Yoga	Rahu 9:36AM - 10:45AM	Visli Until 2:13PM	Nataraja: Clear			
Until 10:14PM			Ashtami* Until 1:31AM Sun	Paash/Bhakti			Bhuloka Day
Then Routine Work - Prabalarishta Yoga							Devaloka Time: 3PM to 6PM
8 Sunday, December 28, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Bharu Vesara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT Sun 23	Sutra 259 Viswasa 5127
Meena Rasi: 21.08	Tilthi 9	Gulika 2:14PM - 3:23PM	Revati Until 9:01PM	Ganesh: Green	Sunrise: 7:58AM		
		Yama 11:55AM - 1:04PM	Parigha* Until 9:05PM	Muruga: Yellow	Sunset: 4:32PM	Moon 11 - Phase 35 - 23	Navami
Creative Work	Amrita Yoga	Rahu 3:23PM - 4:32PM	Balava Until 12:42PM	Nataraja: Clear			
Until 9:01PM			Navami* Until 11:42PM	Paash/Bhakti			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1	Monday, December 29, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Stamford, CT			
	Ashvini Nakshatra Shiva/Siddha Yoga Taillai/Gara Karana Dashamyam Titau Sun 24 Sutra 260		Gulika	1:05PM - 2:14PM	Ashvini Untill 7:32PM	Ganesha: Red Sunrise: 7:18AM
Mesha Rasi: 5.13	Tithi 10	Yama	10:46AM - 11:55AM	Shiva Untill 5:59PM	Muruga: Yellow Sunset: 4:39PM	Moon 11 - Phase 36 - 24
Family Home Evening		Rahu	8:27AM - 9:37AM	Taillai Untill 10:36AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Dashami Untill 9:20PM	Moon - White	Devaloka Day
					Paasha-Makal	

2	Tuesday, December 30, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam Stamford, CT			
	Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanja/Visli' Karana Ekadashyam Titau Sun 25 Sutra 261		Gulika	11:56AM - 1:05PM	Bharani Untill 5:25PM	Ganesha: Red Sunrise: 7:18AM
Mesha Rasi: 19.4	Tithi 11	Yama	9:37AM - 10:46AM	Siddha Untill 2:28PM	Muruga: Yellow Sunset: 4:39PM	Moon 11 - Phase 36 - 25
		Rahu	2:15PM - 3:24PM	Vanija Untill 7:58AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Vanija Untill 7:58AM	Moon - White	Devaloka Day
		Valkuntha Ekadasi		Ekadashi Untill 6:28PM	Paasha-Makal	

3	Wednesday, December 31, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Batha Vasara Yuktayam Stamford, CT			
	Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 262		Gulika	10:47AM - 11:56AM	Krittika Untill 2:49PM	Ganesha: Red Sunrise: 7:18AM
Wishabha Rasi: 4.25	Tithi 12 - 13	Yama	8:28AM - 9:37AM	Sadhya Untill 10:40AM	Muruga: Yellow Sunset: 4:39PM	Moon 11 - Phase 36 - 26
		Rahu	11:56AM - 1:06PM	Kaulava Untill 1:36AM Thu	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga			Dvadashi Untill 3:16PM	Moon - White	Devaloka Day
Untill 2:49PM					Paasha-Makal	
Then Creative Work	Siddha Yoga				Pradosha Vata	

4	Thursday, January 1, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam Stamford, CT			
	Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillai/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 263		Gulika	9:38AM - 10:47AM	Rohini Untill 12:17PM	Ganesha: Blue Sunrise: 7:18AM
Wishabha Rasi: 19.23	Tithi 13 - 14	Yama	7:18AM - 8:28AM	Subha Untill 6:41AM	Muruga: White Sunset: 4:39PM	Moon 11 - Phase 36 - 27
		Rahu	1:06PM - 2:16PM	Gara Untill 10:09PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga			Trayodashi Untill 11:52AM	Moon - Yellow	Devaloka Day
					Paasha-Makal	

O	Friday, January 2, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam Stamford, CT			
	Copper Retreat Star		Mrigashira/Ardra Nakshatra Brahma Yoga Vanja/Visli' Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 264		Gulika	8:28AM - 9:38AM
Mithuna Rasi: 4.25	Tithi 14 - 15	Yama	2:17PM - 3:26PM	Brahma Untill 10:35PM	Ganesha: Blue Sunrise: 7:18AM	Vasavasu 5:17
		Rahu	10:48AM - 11:57AM	Visli Untill 6:44PM	Muruga: White Sunset: 4:39PM	Moon 11 - Phase 36 - Purnima
Creative Work	Siddha Yoga			Chaturdashi* Untill 8:25AM	Nataraja: Clear	
					Moon - Yellow	Devaloka Day
					Paasha-Makal	

S	Saturday, January 3, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mania Vasara Yuktayam Stamford, CT			
	Silver Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 265		Gulika	7:19AM - 8:28AM
Mithuna Rasi: 19.23	Tithi 16	Yama	1:08PM - 2:17PM	Indra Untill 6:47PM	Ganesha: Blue Sunrise: 7:19AM	Vasavasu 5:17
		Rahu	9:38AM - 10:48AM	Balava Untill 3:32PM	Muruga: White Sunset: 4:39PM	Moon 11 - Phase 36 - Prathama
Creative Work	Siddha Yoga			Prathama* Untill 2:03AM Sun	Nataraja: Clear	
					Moon - Yellow	Devaloka Day
					Paasha-Makal	
		Ardra Darshanam				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026
Gold Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Stamford, CT Pushya Nakshatra Vaidhri/Vishkambha* Yoga Talila/Gara Karana Dvityayam Titau Sutra 266			
Kataka Rasi: 4.06	Tithi 17	Gulika	2:18PM - 3:28PM	Pushya Until 2:55AM Mon	Ganesh: Red Sunrise: 7:19AM
		Yama	11:58AM - 1:08PM	Vaidhri* Until 3:18PM	Muruga: White Sunset: 4:38PM
Creative Work	Siddha Yoga	Rahu	3:28PM - 4:38PM	Tailila Until 12:43PM	Moon 12 - Phase 37 - 1st Phase
				Dvitiya Until 11:29PM	Sivaloka Day
				Pausha/Makal	

1

Monday, January 5, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indru Vasara Yuktayam Stamford, CT Ashlesha* Nakshatra Vishkambha* Pritli Yoga Vanija/Visli* Karana Trityayam Titau Sutra 267			
Kataka Rasi: 18.28	Tithi 18	Gulika	1:09PM - 2:19PM	Ashlesha* Until 1:38AM Tue	Ganesh: Yellow Sunrise: 7:19AM
Family Home Evening		Yama	10:49AM - 11:59AM	Vishkambha* Until 12:16PM	Muruga: White Sunset: 4:39PM
Creative Work	Siddha Yoga	Rahu	8:29AM - 9:39AM	Vanija Until 10:27AM	Moon 12 - Phase 37 - 1st Phase
				Tritiya Until 9:33PM	Sivaloka Day
				Pausha/Makal	

2

Tuesday, January 6, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam Stamford, CT Magha* Nakshatra Pritli/Ayushman Yoga Bava/Balava Karana Chaturthayam Titau Sutra 268			
Simha Rasi: 2.24	Tithi 19	Gulika	11:59AM - 1:09PM	Magha* Until 1:24AM Wed	Ganesh: White Sunrise: 7:19AM
		Yama	9:39AM - 10:49AM	Pritli Until 9:50AM	Muruga: White Sunset: 4:40PM
Creative Work	Siddha Yoga	Rahu	2:20PM - 3:30PM	Bava Until 8:52AM	Moon 12 - Phase 37 - 1st Phase
Until 1:24AM Wed				Chaturthi* Until 8:22PM	Devaloka Day
Then Creative Work - Amrita Yoga				Pausha/Makal	

3

Wednesday, January 7, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam Stamford, CT Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Panchmayam Titau Sutra 269			
Kataka Rasi: 15.52	Tithi 20	Gulika	10:49AM - 12:00PM	Purvaphalguni Until 1:52AM Thu	Ganesh: White Sunrise: 7:19AM
		Yama	8:29AM - 9:39AM	Ayushman Until 8:01AM	Muruga: White Sunset: 4:41PM
Creative Work	Amrita Yoga	Rahu	12:00PM - 1:10PM	Kaulava Until 8:07AM	Moon 12 - Phase 37 - 3 1st Phase
				Panchami Until 8:03PM	Devaloka Day
				Pausha/Makal	

4

Thursday, January 8, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam Stamford, CT Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthiyam Titau Sutra 270			
Simha Rasi: 28.52	Tithi 21	Gulika	9:39AM - 10:50AM	Uttaraphalguni Until 3:00AM Fri	Ganesh: White Sunrise: 7:19AM
		Yama	7:18AM - 8:29AM	Saubhagya Until 6:53AM	Muruga: White Sunset: 4:42PM
	Amrita Yoga	Rahu	1:10PM - 2:21PM	Gara Until 8:14AM	Moon 12 - Phase 37 - 4 1st Phase
				Shashthi* Until 8:35PM	Devaloka Day
				Pausha/Makal	

5

Friday, January 9, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam Stamford, CT Hasta Nakshatra Sobhana/Alhiganda* Yoga Visli* Bava Karana Saptmayam Titau Sutra 271			
Kanya Rasi: 11.28	Tithi 22	Gulika	8:29AM - 9:39AM	Hasla Until 5:10AM Sat	Ganesh: Clear Sunrise: 7:19AM
		Yama	2:22PM - 3:32PM	Sobhana Until 6:24AM	Muruga: White Sunset: 4:42PM
Creative Work	Amrita Yoga	Rahu	10:50AM - 12:00PM	Visli Until 9:11AM	Moon 12 - Phase 37 - 5 1st Phase
Until 5:10AM Sat				Saptami Until 9:56PM	Sivaloka Day
Then Routine Work - Marana Yoga				Pausha/Makal	

6

Saturday, January 10, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam Stamford, CT Chitra Nakshatra Alhiganda/Sukarma Yoga Balava/Kaulava Karana Ashtmayam Titau Sutra 272			
Retreat Star		Gulika	7:18AM - 8:29AM	Chitra Until 7:44AM Sun	Ganesh: Clear Sunrise: 7:19AM
Kanya Rasi: 23.44	Tithi 23	Yama	1:12PM - 2:22PM	Alhiganda* Until 6:28AM	Muruga: White Sunset: 4:43PM
Routine Work	Marana Yoga	Rahu	9:39AM - 10:50AM	Balava Until 10:52AM	Moon 12 - Phase 37 - 6 Ashtami
Until 7:44AM Sun				Ashtami* Until 11:54PM	Sivaloka Day
Then Creative Work - Siddha Yoga				Pausha/Makal	

Sunday, January 11, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Stamford, CT Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Talila/Gara Karana Navmayam Titau Sutra 273			
Retreat Star		Gulika	2:23PM - 3:34PM	Chitra Until 7:44AM	Ganesh: Clear Sunrise: 7:19AM
Tula Rasi: 5.47	Tithi 24	Yama	12:01PM - 1:12PM	Sukarma Until 6:57AM	Muruga: White Sunset: 4:43PM
Creative Work	Siddha Yoga	Rahu	3:34PM - 4:45PM	Tailila Until 1:04PM	Moon 12 - Phase 37 - 7 Navami
				Navami* Until 2:17AM Mon	Sivaloka Day
				Pausha/Makal	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mridgendra Agama Inana Pada

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1 Monday, January 12, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yuktiyam Stamford, CT Svali/Wishkha Nakshatra Dhrithi/Shula' Yoga Vanja/Visli' Karana Dashamyam Titau Sun 8 Sutra 274			
Tula Rasi: 17.42	Tithi 25	Gulika Yama 863448576	1:13PM - 2:24PM 10:51AM - 12:02PM Rahu 8:28AM - 9:40AM	Svali Until 10:27AM Dhrithi Until 7:44AM Vanija Until 3:34PM Dashami Until 4:51AM Tue	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Sivaloka Day
Family Home Evening Creative Work Amrita Yoga Until 10:27AM Then Routine Work - Marana Yoga		Pradosha/Markat			

2 Tuesday, January 13, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yuktiyam Stamford, CT Vishakha/Anuradha Nakshatra Shula'Ganda' Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 275			
Tula Rasi: 29.34	Tithi 26	Gulika Yama 873448576	12:02PM - 1:13PM 9:40AM - 10:51AM Rahu 2:25PM - 3:36PM	Vishakha Until 1:37PM Shula' Until 8:34AM Bava Until 6:09PM Ekadashi' Until 7:23AM Wed	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Orange Devaloka Day
Routine Work Marana Yoga Until 1:37PM Then Creative Work - Siddha Yoga		Pradosha/Markat			

3 Wednesday, January 14, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yuktiyam Stamford, CT Anuradha/Jyestha' Nakshatra Ganda'Vidhih' Yoga Babava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 276			
Wishkha Rasi: 11.26	Tithi 26 - 27	Gulika Yama 873448576	10:51AM - 12:02PM 9:40AM - 10:51AM Rahu 12:02PM - 1:14PM	Anuradha Until 4:32PM Ganda' Until 9:24AM Kaulava Until 8:38PM Ekadashi' Until 7:23AM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Orange Devaloka Day
Creative Work Siddha Yoga		Pradosha/Thai			
		Thai Pongal			

4 Thursday, January 15, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yuktiyam Stamford, CT Jyestha' Nakshatra Vidhih/Dhruva Yoga Talila'Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 277			
Wishkha Rasi: 23.22	Tithi 27 - 28	Gulika Yama 873448576	9:40AM - 10:51AM 7:16AM - 8:28AM Rahu 1:14PM - 2:26PM	Jyestha' Until 7:05PM Vidhih' Until 10:05AM Gara Until 10:51PM Dvadashi' Until 9:45AM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Orange Devaloka Day
Routine Work Prabalarihta Yoga Until 7:05PM Then Creative Work - Siddha Yoga		Pradosha/Thai			
		Pradosha Vata (Fasting)			

5 Friday, January 16, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yuktiyam Stamford, CT Mula' Nakshatra Dhruva/Vyaghata' Yoga Vanja/Visli' Karana Trayadashi/Chaturdashyam Titau Sun 12 Sutra 278			
Dhanus Rasi: 5.24	Tithi 28 - 29	Gulika Yama 884448576	8:28AM - 9:40AM 2:27PM - 3:39PM Rahu 10:51AM - 12:03PM	Mula' Until 9:39PM Dhruva Until 10:32AM Visli' Until 12:45AM Sat Trayadashi' Until 11:50AM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Light Blue Devaloka Day
Creative Work Amrita Yoga Until 9:39PM Then Routine Work - Prabalarihta Yoga		Pradosha/Thai			

6 Saturday, January 17, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yuktiyam Stamford, CT Purvashada' Nakshatra Vyaghata'Harshana Yoga Sakuni/Catuspada' Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 279			
Retreat Star		Gulika Yama 884448576	7:16AM - 8:28AM 1:16PM - 2:28PM Rahu 9:40AM - 10:52AM	Purvashada' Until 11:41PM Vyaghata' Until 10:44AM Catuspada Until 2:16AM Sun Chaturdashi' Until 1:32PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Light Blue Devaloka Day
Dhanus Rasi: 17.35		Tithi 29 - 30			
Creative Work Siddha Yoga Until 11:41PM Then Routine Work - Marana Yoga		Pradosha/Thai			

7 Sunday, January 18, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yuktiyam Stamford, CT Uttarashada' Nakshatra Harshana/Vajra' Yoga Naga'Kintughna' Karana Amavasya/Prathamayam Titau Sun 14 Sutra 280			
Retreat Star		Gulika Yama 884448576	2:28PM - 3:41PM 12:04PM - 1:16PM Rahu 3:41PM - 4:53PM	Uttarashada Until 1:10AM Mon Harshana Until 10:38AM Kintughna Until 3:21AM Mon Amavasya' Until 2:50PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Light Blue Devaloka Day
Dhanus Rasi: 29.55		Tithi 30 - 1			
Creative Work Amrita Yoga		Maghat/Thai			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1 Monday, January 19, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Indu Vasara Yukhtayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyam Titau				Stamford, CT Sutra 281
Makara Rasi: 12.26	Tithi 1 – 2	Gulika Yama 8:17AM – 12:04PM	Shravana Until 2:35AM Tue Vajra* Until 10.12AM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 7:14AM Sunset: 4:54PM	Sun 15 Vasarasu 5127 Moon 12 - Phase 39 - 15 3rd Phase
Family Home Evening	894448576	Rahu 8:27AM – 9:39AM	Prathama* Until 3:44PM	Devaloka Day		
Creative Work Amrita Yoga Until 2:35AM Tue Then Creative Work - Siddha Yoga				Devaloka Day		
2 Tuesday, January 20, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Budha Vasara Yukhtayam Dhanishtha Nakshatra Siddhi/Vyatlata* Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau				Stamford, CT Sutra 282
Makara Rasi: 25.08	Tithi 2 – 3	Gulika Yama 12:04PM – 1:17PM 9:39AM – 10:52AM	Dhanishtha Until 3:26AM Wed Siddhi Until 9:28AM Taila Until 4:19AM Wed	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 7:14AM Sunset: 4:59PM	Sun 16 Vasarasu 5127 Moon 12 - Phase 39 - 16 3rd Phase
Creative Work Siddha Yoga		Rahu 2:30PM – 3:42PM	Dvitiya Until 4:12PM	Devaloka Day		
3 Wednesday, January 21, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Budha Vasara Yukhtayam Shatabhishak Nakshatra Vyatlata* Vairyan Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Stamford, CT Sutra 283
Kumbha Rasi: 8.02	Tithi 3 – 4	Gulika Yama 10:52AM – 12:05PM 9:39AM – 10:52AM	Shatabhishak Until 3:46AM Thu Vyatlata* Until 8:27AM Vanija Until 4:11AM Thu	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 7:13AM Sunset: 4:56PM	Sun 17 Vasarasu 5127 Moon 12 - Phase 39 - 17 3rd Phase
Creative Work Siddha Yoga		Rahu 12:05PM – 1:18PM	Tritiya Until 4:17PM	Devaloka Day		
4 Thursday, January 22, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Guru Vasara Yukhtayam Puravproshthapada* Nakshatra Vairyan/Parigha* Yoga Vasil/Bava Karana Chaturthi/Panchamam Titau				Stamford, CT Sutra 284
Kumbha Rasi: 21.08	Tithi 4 – 5	Gulika Yama 9:39AM – 10:52AM 8:26AM – 9:39AM	Puravproshthapada* Until 4:01AM Fri Vairyan Until 7:05AM Bava Until 3:41AM Fri	Ganesh: White Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 7:13AM Sunset: 4:57PM	Sun 18 Vasarasu 5127 Moon 12 - Phase 39 - 18 3rd Phase
Creative Work Siddha Yoga		Rahu 1:18PM – 2:31PM	Chaturthi* Until 3:58PM	Devaloka Day		
5 Friday, January 23, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Sukra Vasara Yukhtayam Uttarproshthapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT Sutra 285
Meena Rasi: 4.26	Tithi 5 – 6	Gulika Yama 8:25AM – 9:39AM 2:32PM – 3:45PM	Uttarproshthapada Until 3:44AM Sat Shiva Until 3:30AM Sat Kaulava Until 2:46AM Sat	Ganesh: White Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 7:12AM Sunset: 4:59PM	Sun 19 Vasarasu 5127 Moon 12 - Phase 39 - 19 3rd Phase
Creative Work Siddha Yoga Until 3:44AM Sat Then Routine Work - Prabalarishta Yoga		Rahu 10:52AM – 12:05PM	Panchami Until 3:15PM	Devaloka Day		
6 Saturday, January 24, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Manita Vasara Yukhtayam Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau				Stamford, CT Sutra 286
Meena Rasi: 17.56	Tithi 6 – 7	Gulika Yama 7:11AM – 8:25AM 1:19PM – 2:33PM	Revati Until 2:56AM Sun Siddha Until 1:14AM Sun Gara Until 1:29AM Sun	Ganesh: Clear Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 7:11AM Sunset: 5:00PM	Sun 20 Vasarasu 5127 Moon 12 - Phase 39 - 20 3rd Phase
Routine Work Prabalarishta Yoga Until 2:56AM Sun Then Creative Work - Siddha Yoga		Rahu 9:38AM – 10:52AM	Shashthi* Until 2:10PM	Sivaloka Day		
Sunday, January 25, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Bharani Vasara Yukhtayam Ashvini Nakshatra Sadhya Yoga Vanija/Vasil* Karana Saptami/Ashthamam Titau				Stamford, CT Sutra 287
Retreat Star		Gulika Yama 2:33PM – 3:47PM 12:06PM – 1:20PM	Ashvini Until 2:02AM Mon Sadya Until 10:40PM Vasil Until 11:49PM	Ganesh: White Muruga: White Nataraja: Clear Moon – White	Sunrise: 7:11AM Sunset: 5:01PM	Sun 21 Vasarasu 5127 Moon 12 - Phase 39 - 21 Ashtami
Mesha Rasi: 1.4	Tithi 7 – 8	Rahu 3:47PM – 5:01PM	Saptami Until 12:41PM	Devaloka Day		
Creative Work Siddha Yoga						
Monday, January 26, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksho Indu Vasara Yukhtayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamam Titau				Stamford, CT Sutra 288
Retreat Star		Gulika Yama 1:20PM – 2:34PM 10:52AM – 12:06PM	Bharani Until 12:39AM Tue Subha Until 7:50PM Balava Until 9:47PM	Ganesh: White Muruga: White Nataraja: Clear Moon – White	Sunrise: 7:10AM Sunset: 5:02PM	Sun 22 Vasarasu 5127 Moon 12 - Phase 39 - 22 Navami
Mesha Rasi: 15.38	Tithi 8 – 9	Rahu 8:24AM – 9:38AM	Ashlami* Until 10:49AM	Devaloka Day		
Family Home Evening Creative Work Siddha Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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1 Tuesday, January 27, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Stamford, CT Sun 23	Sutra 289
Mesha Rasi: 29.5	Tithi 9 - 10	Gulika 12:06PM - 12:17PM	Kritika Until 10:50PM	Ganesh: White	Sunrise: 7:09AM		Vasavasu 5:17
		Yama 9:38AM - 10:52AM	Sukla Until 4:43PM	Muruga: White	Sunset: 5:04PM	Moon 12 - Phase 40 - 23	4th Phase
		Rahu 2:35PM - 3:49PM	Taila Until 7:26PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Navami* Until 8:38AM	Devaloka Day			
Until 10:50PM				Devaloka Day			
Then Creative Work - Amrita Yoga							

2 Wednesday, January 28, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Paksha Budha Vessara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadashmyam Titau				Stamford, CT Sun 24	Sutra 290
Wishabha Rasi: 14.13	Tithi 10 - 11	Gulika 10:52AM - 12:06PM	Rohini Until 9:03PM	Ganesh: Red	Sunrise: 7:08AM		Vasavasu 5:17
		Yama 8:23AM - 9:37AM	Brahma Until 1:25PM	Muruga: White	Sunset: 5:05PM	Moon 12 - Phase 40 - 24	4th Phase
		Rahu 12:06PM - 1:21PM	Vesil Until 3:29AM Thu	Nataraja: Clear			
Creative Work	Siddha Yoga		Dashami Until 6:09AM	Sivaloka Day			
				Sivaloka Day			

3 Thursday, January 29, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Paksha Guru Vessara Yuktayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadashmyam Titau				Stamford, CT Sun 25	Sutra 291
Wishabha Rasi: 28.44	Tithi 12	Gulika 9:37AM - 10:52AM	Mrigashira Until 7:01PM	Ganesh: Red	Sunrise: 7:07AM		Vasavasu 5:17
		Yama 7:07AM - 8:22AM	Indra Until 9:59AM	Muruga: White	Sunset: 5:06PM	Moon 12 - Phase 40 - 25	4th Phase
		Rahu 1:22PM - 2:36PM	Bava Until 2:07PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dvadashi Until 12:42AM Fri	Sivaloka Day			
				Sivaloka Day			

4 Friday, January 30, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Paksha Sukra Vessara Yuktayam Ardra/Punarvasu Nakshatra Vaidhri*Vibhambha* Yoga Kaulava/Taila Karana Trayodashmyam Titau				Stamford, CT Sun 26	Sutra 292
Mithuna Rasi: 13.2	Tithi 13	Gulika 8:22AM - 9:37AM	Ardra Until 4:50PM	Ganesh: Red	Sunrise: 7:06AM		Vasavasu 5:17
		Yama 2:37PM - 3:52PM	Vaidhri* Until 6:29AM	Muruga: White	Sunset: 5:07PM	Moon 12 - Phase 40 - 26	4th Phase
		Rahu 10:52AM - 12:07PM	Kaulava Until 11:21AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Trayodashi Until 9:58PM	Sivaloka Day			
				Sivaloka Day			

Pradosha Vata

5 Saturday, January 31, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Paksha Manita Vessara Yuktayam Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanaja Karana Chaturdashmyam Titau				Stamford, CT Sun 27	Sutra 293
Mithuna Rasi: 27.52	Tithi 14	Gulika 7:05AM - 8:21AM	Punarvasu Until 3:04PM	Ganesh: Blue	Sunrise: 7:05AM		Vasavasu 5:17
		Yama 1:22PM - 2:38PM	Pihl Until 11:48PM	Muruga: White	Sunset: 5:09PM	Moon 12 - Phase 40 - 27	4th Phase
		Rahu 9:36AM - 10:52AM	Gara Until 8:40AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 7:24PM	Devaloka Day			
		Thai Pusam		Devaloka Day			

○ Sunday, February 1, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Kritshna Paksha Bhanu Vessara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Vesil*/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 28	Sutra 294
Copper Retreat Star		Gulika 2:38PM - 3:53PM	Pushya Until 1:27PM	Ganesh: Blue	Sunrise: 7:05AM		Vasavasu 5:17
Kataka Rasi: 12.14	Tithi 15 - 16	Yama 12:07PM - 1:22PM	Ayushman Until 8:48PM	Muruga: White	Sunset: 5:09PM	Moon 12 - Phase 40 -	Purnima
		Rahu 3:53PM - 5:09PM	Vesil Until 6:15AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 5:09PM	Devaloka Day			
				Devaloka Day			

Monday, February 2, 2026		Viswasa Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Kritshna Paksha Indu Vessara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau				Stamford, CT Sun 29	Sutra 295
Silver Retreat Star		Gulika 1:23PM - 2:38PM	Ashlesha* Until 12:07PM	Ganesh: Blue	Sunrise: 7:05AM		Vasavasu 5:17
Kataka Rasi: 26.22	Tithi 16 - 17	Yama 10:51AM - 12:07PM	Saubhagya Until 6:12PM	Muruga: White	Sunset: 5:10PM	Moon 12 - Phase 40 -	Prathama
		Rahu 8:20AM - 9:36AM	Taila Until 2:41AM Tue	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 3:21PM	Devaloka Day			
Until 12:07PM				Devaloka Day			
Then Routine Work - Marana Yoga							

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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**Tuesday, February 3, 2026****Gold Retreat Star**

Simha Rasi: 10.08 TITHI 17 - 18
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Mangala Vasara Yukhtayam Magha/Puravaphalguni Nakshatra Siddhanta/Ahiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau					
Gulika	12:07PM - 1:23PM	Magha* Untill 11:37AM	Ganesh: Red	Sunrise: 7:04AM	Sun 1
Yama	9:35AM - 10:51AM	Sobhana Untill 4:06PM	Muruga: White	Sunset: 5:17PM	Vasavasu 5:17
Rahu	2:39PM - 3:55PM	Vanija Untill 1:49AM Wed	Nataraja: Orange		Moon 1 - Phase 41 - 1
		Dvitiya Untill 2:09PM	Moan - Red		1st Phase
			Maghar* Thil		Sivaloka Day

Stamford, CT
Sutra 296

1**Wednesday, February 4, 2026**

Simha Rasi: 23.33 TITHI 18 - 19
 Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Baulha Vasara Yukhtayam Puravaphalguni/Ultrapahalguni Nakshatra Ahiganda*/Sukama Yoga Vasi*/Bava Karana Tritiya/Chaturtham Titau					
Gulika	10:51AM - 12:07PM	Purvaphalguni Untill 11:40AM	Ganesh: Red	Sunrise: 7:03AM	Sun 2
Yama	8:19AM - 9:35AM	Ahiganda* Untill 2:31PM	Muruga: White	Sunset: 5:19PM	Vasavasu 5:17
Rahu	12:07PM - 1:24PM	Bava Untill 1:41AM Thu	Nataraja: Orange		Moon 1 - Phase 41 - 2
		Tritiya Untill 1:38PM	Moan - Red		1st Phase
			Maghar* Thil		Sivaloka Day

Stamford, CT
Sutra 297

2**Thursday, February 5, 2026**

Kanya Rasi: 6.34 TITHI 19 - 20
 Amrita Yoga

Untill 12:16PM
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Guru Vasara Yukhtayam Ultrapahalguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau					
Gulika	9:34AM - 10:51AM	Ultrapahalguni Untill 12:16PM	Ganesh: Red	Sunrise: 7:01AM	Sun 3
Yama	7:01AM - 8:18AM	Sukama Untill 1:31PM	Muruga: White	Sunset: 5:18PM	Vasavasu 5:17
Rahu	1:24PM - 2:40PM	Kaulava Untill 2:18AM Fri	Nataraja: Orange		Moon 1 - Phase 41 - 3
		Chaturthi* Untill 1:52PM	Moan - Red		1st Phase
			Maghar* Thil		Sivaloka Day

Stamford, CT
Sutra 298

3**Friday, February 6, 2026**

Kanya Rasi: 19.13 TITHI 20 - 21
 Creative Work Amrita Yoga

Untill 1:54PM
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Sukra Vasara Yukhtayam Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Talila/Gara Karana Panchami/Shashthyam Titau					
Gulika	8:17AM - 9:34AM	Hasla Untill 1:54PM	Ganesh: Green	Sunrise: 7:00AM	Sun 4
Yama	2:41PM - 3:58PM	Dhriti Untill 1:07PM	Muruga: White	Sunset: 5:20PM	Vasavasu 5:17
Rahu	10:51AM - 12:08PM	Gara Untill 3:36AM Sat	Nataraja: Orange		Moon 1 - Phase 41 - 4
		Panchami Untill 2:51PM	Moan - Green		1st Phase
			Maghar* Thil		Devaloka Day

Stamford, CT
Sutra 299

4**Saturday, February 7, 2026**

Tula Rasi: 1.35 TITHI 21 - 22
 Routine Work Marana Yoga

Untill 4:00PM
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Manita Vasara Yukhtayam Chitra/Svati Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Shashthi/Saptamam Titau					
Gulika	6:59AM - 8:16AM	Chitra Untill 4:00PM	Ganesh: White	Sunrise: 6:59AM	Sun 5
Yama	1:25PM - 2:42PM	Shula* Untill 1:10PM	Muruga: White	Sunset: 5:16PM	Vasavasu 5:17
Rahu	9:34AM - 10:51AM	Visli Untill 5:30AM Sun	Nataraja: Orange		Moon 1 - Phase 41 - 5
		Shashthi* Untill 4:28PM	Moan - Green		1st Phase
			Maghar* Thil		Devaloka Day

Stamford, CT
Sutra 300

5**Sunday, February 8, 2026**

Tula Rasi: 13.42 TITHI 22
 Creative Work Siddha Yoga

Untill 6:24PM
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Bhanu Vasara Yukhtayam Svati Nakshatra Ganda*/Vidhih Yoga Bava Karana Saptamam Titau					
Gulika	2:42PM - 4:00PM	Svati Untill 6:24PM	Ganesh: White	Sunrise: 6:58AM	Sun 6
Yama	12:08PM - 1:25PM	Ganda* Untill 1:39PM	Muruga: White	Sunset: 5:17PM	Vasavasu 5:17
Rahu	4:00PM - 5:17PM	Bava Untill 6:35PM	Nataraja: Orange		Moon 1 - Phase 41 - 6
		Saptami Untill 6:35PM	Moan - Green		1st Phase
			Maghar* Thil		Devaloka Day

Stamford, CT
Sutra 301

D**Monday, February 9, 2026**

Tula Rasi: 25.41 TITHI 23
 Family Home Evening

Untill 9:25PM
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Indu Vasara Yukhtayam Vishakha Nakshatra Vidhih/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau					
Gulika	1:25PM - 2:43PM	Vishakha Untill 9:25PM	Ganesh: Clear	Sunrise: 6:57AM	Sun 7
Yama	10:50AM - 12:08PM	Vidhih Untill 2:22PM	Muruga: White	Sunset: 5:18PM	Vasavasu 5:17
Rahu	8:15AM - 9:32AM	Balava Untill 7:47AM	Nataraja: Orange		Moon 1 - Phase 41 - 7
		Ashtami* Untill 8:59PM	Moan - Orange		Ashtami
			Maghar* Thil		Sivaloka Day

Stamford, CT
Sutra 302

Tuesday, February 10, 2026

Vischika Rasi: 7.34 TITHI 24
 Creative Work Siddha Yoga

Untill 9:25PM
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Mangala Vasara Yukhtayam Anuradha Nakshatra Dhruva/Vyaghata* Yoga Talila/Gara Karana Navamam Titau					
Gulika	12:08PM - 1:26PM	Anuradha Untill 12:20AM Wed	Ganesh: Clear	Sunrise: 6:56AM	Sun 8
Yama	9:32AM - 10:50AM	Dhruva Untill 3:09PM	Muruga: White	Sunset: 5:20PM	Vasavasu 5:17
Rahu	2:44PM - 4:02PM	Talila Untill 10:15AM	Nataraja: Orange		Moon 1 - Phase 41 - 8
		Navam* Untill 11:28PM	Moan - Orange		Navami
			Maghar* Thil		Sivaloka Day

Stamford, CT
Sutra 303

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
 Raurava Agama Kriya Pada

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www.gurudeva.org/pancham

1		Wednesday, February 11, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktyam Jyeshtha Nakshatra Vyaghata "Harshana Yoga Vanja/Vasi" Karana Dashamyam Titau		Sun 9	Stamford, CT Sutra 304
Wischka Rasi: 19.28	Tithi 25	Gulika 10:50AM - 12:08PM	Jyeshtha* Until 2:58AM Thu	Ganesh: Clear	Sunrise: 6:55AM		Vasvasu 5127
		Yama 8:13AM - 9:31AM	Vyaghata* Until 3:55PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 9	2nd Phase
Creative Work	Siddha Yoga	976548577 Rahu 12:08PM - 1:26PM	Vanija Until 12:42PM	Nataraja: Orange			
			Dashami Until 1:50AM Thu	Moon - Orange			Sivaloka Day
				Bhagya (Thu)			

2		Thursday, February 12, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktyam Mula Nakshatra Vyaghata "Yoga Bava/Baleva Karana Ekadashyam Titau		Sun 10	Stamford, CT Sutra 305
Dhanus Rasi: 1.25	Tithi 26	Gulika 9:31AM - 10:49AM	Mula* Until 5:39AM Fri	Ganesh: Purple	Sunrise: 6:54AM		Vasvasu 5127
		Yama 6:54AM - 8:12AM	Harshana Until 4:32PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 10	2nd Phase
Creative Work	Siddha Yoga	986548577 Rahu 1:26PM - 2:45PM	Bava Until 5:56PM	Nataraja: Orange			
			Ekadashi* Until 3:54AM Fri	Moon - Light Blue			Devaloka Day
				Bhagya (Fri)			

3		Friday, February 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktyam Purvashadha Nakshatra Vajra/Siddhi Yoga Kaulava/Taillo Karana Dvadashtyam Titau		Sun 11	Stamford, CT Sutra 306
Dhanus Rasi: 13.3	Tithi 27	Gulika 8:11AM - 9:30AM	Purvashadha* Until 7:43AM Sat	Ganesh: Purple	Sunrise: 6:53AM		Vasvasu 5127
		Yama 2:46PM - 4:05PM	Vajra* Until 4:49PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	986548577 Rahu 10:49AM - 12:08PM	Kaulava Until 4:47PM	Nataraja: Orange			
			Dvadashi* Until 5:30AM Sat	Moon - Light Blue			Devaloka Day
				Bhagya (Sat)			

4		Saturday, February 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktyam Purvashadha/Uttarashadha Nakshatra Siddhi/Vyjalpala* Yoga Gara Karana Trayodashyam Titau		Sun 12	Stamford, CT Sutra 307
Dhanus Rasi: 25.46	Tithi 28	Gulika 6:51AM - 8:10AM	Purvashadha* Until 7:43AM	Ganesh: Clear	Sunrise: 6:51AM		Vasvasu 5127
		Yama 1:27PM - 2:46PM	Siddhi Until 4:45PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 12	2nd Phase
Creative Work	Siddha Yoga	987548577 Rahu 9:29AM - 10:49AM	Gara Until 6:08PM	Nataraja: Orange			
			Trayodashi* Until 6:35AM Sun	Moon - Light Blue			Sivaloka Day
				Bhagya (Sun)			
				Pradosha Vata (Fasting)			

5		Sunday, February 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shukra Vasara Yuktyam Uttarashadha/Shravana Nakshatra Vyjalpala*Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Titau		Sun 13	Stamford, CT Sutra 308
Makara Rasi: 8.16	Tithi 28 - 29	Gulika 2:47PM - 4:06PM	Uttarashadha Until 9:08AM	Ganesh: Clear	Sunrise: 6:50AM		Vasvasu 5127
		Yama 12:08PM - 1:27PM	Vyjalpala* Until 4:16PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 13	2nd Phase
Creative Work	Amrita Yoga	987548577 Rahu 4:06PM - 5:26PM	Visli Until 6:56PM	Nataraja: Orange			
			Trayodashi* Until 6:35AM	Moon - Purple			Sivaloka Day
				Bhagya (Mon)			

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Indu Vasara Yuktyam Shravana/Uttarashadha Nakshatra Varjan/Parigraha* "Yoga Sakun"/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Sun 14	Stamford, CT Sutra 309
Makara Rasi: 21.01	Tithi 29 - 30	Gulika 1:28PM - 2:47PM	Shravana Until 10:18AM	Ganesh: Orange	Sunrise: 6:48AM		Vasvasu 5127
Family Home Evening		Yama 10:48AM - 12:08PM	Varjan Until 3:19PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 14	Amavasya
Creative Work	Amrita Yoga	997548577 Rahu 8:08AM - 9:28AM	Catuspada Until 7:09PM	Nataraja: Orange			
			Chaturdashi* Until 7:06AM	Moon - Purple			Sivaloka Day
				Bhagya (Mon)			

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktyam Dhanishtha/Shashthaha Nakshatra Parigraha/Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15	Stamford, CT Sutra 310
Kumbha Rasi: 4.02	Tithi 30 - 1	Gulika 12:08PM - 1:28PM	Dhanishtha Until 10:46AM	Ganesh: Orange	Sunrise: 6:47AM		Vasvasu 5127
		Yama 9:27AM - 10:48AM	Parigraha* Until 1:58PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 15	Prathama
Creative Work	Siddha Yoga	997548577 Rahu 2:48PM - 4:08PM	Kintughna Until 6:50PM	Nataraja: Orange			
			Amavasya* Until 7:02AM	Moon - Purple			Sivaloka Day
				Prathama (Tue)			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Wednesday, February 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Ditijayam Titau		Stamford, CT Sutra 311
Kumbha Rasi: 17.2	Tilthi 1 – 2	Gulika Yama 997548577	10:47AM – 12:08PM 8:06AM – 9:27AM Rahu 12:08PM – 1:28PM	Shatabhishak Untill 10:36AM Shiva Untill 12:14PM Balava Untill 6:02PM Prathama* Untill 6:28AM	Ganesh: Orange Muruga: White Nataraja: Orange Moon – Purple	Sunrise: 6:46AM Sunset: 5:39PM Moon 1 - Phase 43-17 3rd Phase
Creative Work	Siddha Yoga			Sivaloka Day		
Untill 10:36AM						
Then Creative Work - Amrita Yoga						

2		Thursday, February 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Visara Yuktayam Puravproshthapada*/Uttarproshthapada Nakshatra Siddha/Yoga Talila/Gara Karana Prathama/Ditijayam Titau		Stamford, CT Sutra 312
Mesha Rasi: 0.52	Tilthi 3	Gulika Yama 917548577	9:26AM – 10:47AM 6:44AM – 8:05AM Rahu 1:28PM – 2:49PM	Puravproshthapada* Untill 10:19AM Siddha Untill 10:09AM Talilla Untill 4:50PM Tritiya Untill 4:06AM Fri	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear	Sunrise: 6:44AM Sunset: 5:31PM Moon 1 - Phase 43-17 3rd Phase
Creative Work	Siddha Yoga			Subha Sivaloka Day		

3		Friday, February 20, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Visara Yuktayam Puravproshthapada*/Uttarproshthapada Nakshatra Sadhya/Subha Yoga Vanja/Vist* Karana Chaturthiyam Titau		Stamford, CT Sutra 313
Mesha Rasi: 15	Tilthi 4	Gulika Yama 917548577	8:04AM – 9:25AM 6:44AM – 8:05AM Rahu 10:46AM – 12:07PM	Uttarproshthapada Untill 9:33AM Sadya Untill 7:49AM Vanija Untill 3:20PM Chaturthi* Untill 2:27AM Sat	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear	Sunrise: 6:43AM Sunset: 5:29PM Moon 1 - Phase 43-18 3rd Phase
Creative Work	Siddha Yoga			Subha Sivaloka Day		

4		Saturday, February 21, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sutra 314
Mesha Rasi: 28.31	Tilthi 5	Gulika Yama 918548577	6:42AM – 8:03AM 1:29PM – 2:50PM Rahu 9:25AM – 10:46AM	Revati Untill 8:24AM Sukla Untill 2:34AM Sun Bava Untill 1:35PM Panchami Untill 12:37AM Sun	Ganesh: Red Muruga: White Nataraja: Orange Moon – Clear	Sunrise: 6:42AM Sunset: 5:28PM Moon 1 - Phase 43-19 3rd Phase
Routine Work	Prabalaristha Yoga			Sivaloka Day		
Untill 8:24AM						
Then Creative Work - Siddha Yoga	Subramunijayasami Siva Vision Day					

5		Sunday, February 22, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthiyam Titau		Stamford, CT Sutra 315
Mesha Rasi: 12.32	Tilthi 6	Gulika Yama 928548577	2:51PM – 4:13PM 12:07PM – 1:29PM Rahu 4:13PM – 5:34PM	Ashvini Untill 7:21AM Brahma Untill 11:45PM Kaulava Untill 11:39AM Shashthi* Untill 10:38PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White	Sunrise: 6:40AM Sunset: 5:26PM Moon 1 - Phase 43-20 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day		
Untill 7:21AM						
Then Routine Work - Prabalaristha Yoga						

6		Monday, February 23, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Kittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamyam Titau		Stamford, CT Sutra 316
Mesha Rasi: 26.38	Tilthi 7	Gulika Yama 928548577	1:29PM – 2:51PM 10:45AM – 12:07PM Rahu 8:01AM – 9:23AM	Bharani Untill 6:01AM Indra Untill 8:53PM Gara Untill 9:37AM Sapthami Untill 8:33PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White	Sunrise: 6:39AM Sunset: 5:26PM Moon 1 - Phase 43-21 3rd Phase
Family Home Evening	Siddha Yoga			Devaloka Day		
Untill 6:01AM						
Then Routine Work - Marana Yoga						

Retreat Star		Tuesday, February 24, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini Nakshatra Vaidhiti*/Vishkambha* Yoga Vist*/Bava Karana Ashtamyam Titau		Stamford, CT Sutra 317
Wisshabha Rasi: 10.48	Tilthi 8	Gulika Yama 938548577	12:07PM – 1:29PM 9:22AM – 10:45AM Rahu 2:52PM – 4:14PM	Rohini Untill 3:12AM Wed Vaidhiti* Untill 5:57PM Visti Untill 7:31AM Ashtami* Untill 6:25PM	Ganesh: Yellow Muruga: White Nataraja: Orange Moon – Yellow	Sunrise: 6:37AM Sunset: 5:23PM Moon 1 - Phase 43-22 Ashtami
Creative Work	Amrita Yoga			Sivaloka Day		
Untill 3:12AM Wed						
Then Creative Work - Siddha Yoga						

Retreat Star		Wednesday, February 25, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Migashira Nakshatra Vishkambha*/Pitru Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Stamford, CT Sutra 318
Wisshabha Rasi: 24.59	Tilthi 9 – 10	Gulika Yama 938648577	10:44AM – 12:07PM 7:59AM – 9:21AM Rahu 12:07PM – 1:30PM	Mrigashira Untill 1:46AM Thu Vishkambha* Untill 3:02PM Tailila Untill 3:15AM Thu Navami* Untill 4:17PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – Yellow	Sunrise: 6:36AM Sunset: 5:28PM Moon 1 - Phase 43-23 Navami
Creative Work	Siddha Yoga			Subha Sivaloka Day		
Untill 1:46AM Thu						
Then Routine Work - Marana Yoga						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Guru Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Stamford, CT Sutra 319
Mithuna Rasi: 9.09	TITHI 10 – 11	Gulika 9:21AM – 10:44AM	Ardra Untill 12:16AM Fri	Ganesh: Blue	Sunrise: 6:34AM	Vasarasu 5127
		Yama 6:34AM – 7:57AM	Priti Untill 12:06PM	Muruga: White	Sunset: 5:39PM	Moon 1 - Phase 44 - 24
		938648577 Rahu 1:30PM – 2:53PM	Vanija Untill 1:10AM Fri	Nataraja: Orange		4th Phase
Routine Work - Marana Yoga			Dashami Untill 2:11PM	Moon - Yellow		Subha Sivaloka Day
Untill 12:16AM Fri				Phalguna/Masi		
Then Routine Work - Siddha Yoga						

2 Friday, February 27, 2026		Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Sutra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dvadashyam Tilau				Stamford, CT Sutra 320
Mithuna Rasi: 23.17	TITHI 11 – 12	Gulika 7:56AM – 9:20AM	Punarvasu Untill 11:09PM	Ganesh: White	Sunrise: 6:33AM	Vasarasu 5127
		Yama 2:53PM – 4:17PM	Ayushman Untill 9:17AM	Muruga: White	Sunset: 5:40PM	Moon 1 - Phase 44 - 25
		949648577 Rahu 10:43AM – 12:07PM	Bava Untill 11:14PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Ekadashi Untill 12:10PM	Moon - Blue		Devaloka Day
Untill 11:09PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						

3 Saturday, February 28, 2026		Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Manu Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Stamford, CT Sutra 321
Kalka Rasi: 7.19	TITHI 12 – 13	Gulika 6:31AM – 7:55AM	Pushya Untill 10:07PM	Ganesh: White	Sunrise: 6:31AM	Vasarasu 5127
		Yama 1:30PM – 2:54PM	Saubhagya Untill 6:35AM	Muruga: White	Sunset: 5:41PM	Moon 1 - Phase 44 - 26
		949648577 Rahu 9:19AM – 10:43AM	Kaulava Untill 9:29PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Dvadashi Untill 10:19AM	Moon - Blue		Devaloka Day
Untill 10:07PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						

4 Sunday, March 1, 2026		Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Stamford, CT Sutra 322
Kalka Rasi: 21.12	TITHI 13 – 14	Gulika 2:55PM – 4:19PM	Ashlesha* Untill 9:13PM	Ganesh: White	Sunrise: 6:28AM	Vasarasu 5127
		Yama 12:06PM – 1:30PM	Athiganda* Untill 1:48AM Mon	Muruga: White	Sunset: 5:46PM	Moon 1 - Phase 44 - 27
		949648577 Rahu 4:19PM – 5:44PM	Gara Untill 8:03PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga		Chidambaram Abhishekam	Trayodashi Untill 8:42AM	Moon - Blue		Devaloka Day
Untill 9:13PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						

Monday, March 2, 2026		Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Indu Vasara Yuktayam Magha* Nakshatra Sukarna Yoga Vanija/Visli* Karana Chaturdashy/Purnimayam Tilau				Stamford, CT Sutra 323
Copper Retreat Star		Gulika 1:31PM – 2:55PM	Magha* Untill 9:00PM	Ganesh: Clear	Sunrise: 6:27AM	Vasarasu 5127
Simha Rasi: 4.53	TITHI 14 – 15	Yama 10:41AM – 12:06PM	Sukarna Untill 11:52PM	Muruga: White	Sunset: 5:49PM	Moon 1 - Phase 44 -
Family Home Evening		959648577 Rahu 7:52AM – 9:16AM	Visli Untill 6:59PM	Nataraja: Orange		Purnima
Routine Work - Marana Yoga			Chaturdashy* Untill 7:27AM	Moon - Red		Sivaloka Day
Untill 9:00PM		Holi		Phalguna/Masi		
Then Creative Work - Siddha Yoga						

Tuesday, March 3, 2026		Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Stamford, CT Sutra 324
Silver Retreat Star		Gulika 12:06PM – 1:31PM	Purvaphalguni Untill 9:06PM	Ganesh: Clear	Sunrise: 6:25AM	Vasarasu 5127
Simha Rasi: 18.2	TITHI 15 – 16	Yama 9:15AM – 10:41AM	Dhriti Untill 10:20PM	Muruga: White	Sunset: 5:46PM	Moon 1 - Phase 44 -
		959648577 Rahu 2:56PM – 4:21PM	Balava Untill 6:25PM	Nataraja: Orange		Prathama
Creative Work - Siddha Yoga			Purnima* Untill 6:37AM	Moon - Red		Sivaloka Day
Untill 9:06PM				Phalguna/Masi		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Uтарaphаguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau

Stamford, CT

Sutra 325

Kanya Rasi: 1.3 Tithi 16 - 17

Gulika
Yama

10:40AM - 12:05PM
7:49AM - 9:15AM

Uтарaphаguni Untill 9:36PM
Shula* Untill 9:12PM

Ganesha: Clear Sunrise: 6:24AM
Murgu: White Sunset: 5:47PM

Moon 2 - Phase 45 - 1st Phase

Creative Work Amrita Yoga
Untill 9:36PM
Then Routine Work - Marana Yoga

959648577 Rahu

12:05PM - 1:31PM

Tailita Untill 6:23PM
Prathama* Untill 6:18AM

Nataraja: Orange
Moon - Red

Sivaloka Day

1

Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Hashta Nakshatra Ganda* Yoga Gara/Vanija Karana Divlyaya/Triityayam Titau

Stamford, CT

Sutra 326

Kanya Rasi: 14.23 Tithi 17 - 18

Gulika
Yama

9:14AM - 10:39AM
6:22AM - 7:48AM

Hasla Untill 10:59PM
Ganda* Untill 8:33PM

Ganesha: White Sunrise: 6:22AM
Murgu: White Sunset: 5:49PM

Moon 2 - Phase 45 - 1st Phase

Routine Work Marana Yoga
Untill 10:59PM
Then Creative Work - Siddha Yoga

169648577 Rahu

1:31PM - 2:57PM

Vanija Untill 6:56PM
Dvitiya Untill 6:34AM

Nataraja: Orange
Moon - Green

Devalka Day

2

Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturthayam Titau

Stamford, CT

Sutra 327

Kanya Rasi: 26.59 Tithi 18 - 19

Gulika
Yama

7:47AM - 9:13AM
6:22AM - 7:48AM

Chitra Untill 12:46AM Sat
Viddhi Untill 8:22PM

Ganesha: White Sunrise: 6:21AM
Murgu: White Sunset: 5:49PM

Moon 2 - Phase 45 - 2 1st Phase

Creative Work Siddha Yoga

169648577 Rahu

10:39AM - 12:05PM

Bava Untill 8:05PM
Tritiya Untill 7:25AM

Nataraja: Orange
Moon - Green

Devalka Day

3

Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchathayam Titau

Stamford, CT

Sutra 328

Tula Rasi: 9.2 Tithi 19 - 20

Gulika
Yama

6:19AM - 7:45AM
1:31PM - 2:57PM

Svali Untill 2:52AM Sun
Dhruva Untill 8:33PM

Ganesha: Purple Sunrise: 6:19AM
Murgu: Clear Sunset: 5:51PM

Moon 2 - Phase 45 - 3 1st Phase

Creative Work Siddha Yoga
Untill 2:52AM Sun
Then Routine Work - Marana Yoga

161658577 Rahu

9:12AM - 10:38AM

Kaulava Untill 9:45PM
Chaturthi* Untill 8:50AM

Nataraja: Orange
Moon - Green

Bhuloka Day

Devalka Time: 3PM to 6PM

4

Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Stamford, CT

Sutra 329

Tula Rasi: 21.29 Tithi 20 - 21

Gulika
Yama

2:58PM - 4:25PM
12:04PM - 1:31PM

Vishakha Untill 5:41AM Mon
Vyaghata* Untill 9:04PM

Ganesha: Clear Sunrise: 6:17AM
Murgu: Clear Sunset: 5:53PM

Moon 2 - Phase 45 - 4 1st Phase

Routine Work Marana Yoga
Untill 5:41AM Mon
Then Creative Work - Siddha Yoga

171658577 Rahu

4:25PM - 5:52PM

Gara Untill 11:50PM
Panchami Untill 10:44AM

Nataraja: Orange
Moon - Orange

Devalka Day

5

Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Vanija/Vesil* Karana Shashthi/Saptamayam Titau

Stamford, CT

Sutra 330

Mitschika Rasi: 3.29 Tithi 21 - 22

Gulika
Yama

1:31PM - 2:59PM
10:37AM - 12:04PM

Anuradha Untill 8:32AM Tue
Harshana Untill 9:49PM

Ganesha: Clear Sunrise: 6:16AM
Murgu: Clear Sunset: 5:53PM

Moon 2 - Phase 45 - 5 1st Phase

Family Home Evening
Creative Work Siddha Yoga
Untill 8:32AM Tue
Then Routine Work - Marana Yoga

171658577 Rahu

7:43AM - 9:10AM

Vesil Untill 2:11AM Tue
Shashthi* Untill 12:58PM

Nataraja: Orange
Moon - Orange

Devalka Day

6

Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Pousa Vasara Yuktayam
Anuradha Nakshatra Harshana Vajra* Yoga Bava/Balava Karana Saptami/Ashtami Titau

Stamford, CT

Sutra 331

Mitschika Rasi: 15.24 Tithi 22 - 23

Gulika
Yama

12:04PM - 1:31PM
9:09AM - 10:37AM

Anuradha Untill 8:32AM
Vajra* Untill 10:37PM

Ganesha: Clear Sunrise: 6:14AM
Murgu: White Sunset: 5:49PM

Moon 2 - Phase 45 - 6 1st Phase

Creative Work Siddha Yoga
Untill 8:32AM
Then Routine Work - Marana Yoga

171658677 Rahu

2:59PM - 4:26PM

Balava Untill 4:37AM Wed
Saptami Untill 3:23PM

Nataraja: Light Blue
Moon - Orange

Bhuloka Day

Devalka Time: 6AM to 9AM

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Siddhi Yoga Kaulava/Tailita Karana Ashtami/Navamayam Titau

Stamford, CT

Sutra 332

Mitschika Rasi: 27.18 Tithi 23 - 24

Gulika
Yama

10:36AM - 12:04PM
7:40AM - 9:08AM

Jyeshtha* Untill 11:15AM
Siddhi Untill 11:22PM

Ganesha: Clear Sunrise: 6:12AM
Murgu: White Sunset: 5:55PM

Moon 2 - Phase 45 - 7 Ashtami

Creative Work Siddha Yoga
Untill 11:15AM
Then Routine Work - Marana Yoga

171658677 Rahu

12:04PM - 1:32PM

Tailita Untill 6:55AM Thu
Ashtami* Untill 5:46PM

Nataraja: Light Blue
Moon - Orange

Bhuloka Day

Devalka Time: 6AM to 9AM

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Mula/Purvashadha* Nakshatra Vyalipata* Yoga Tailita/Gara Karana Navamayam Titau

Stamford, CT

Sutra 333

Dhanu Rasi: 9.15 Tithi 24

Gulika
Yama

9:07AM - 10:35AM
6:11AM - 7:39AM

Mula* Untill 2:08PM
Vyalipata* Untill 11:56PM

Ganesha: White Sunrise: 6:11AM
Murgu: White Sunset: 5:56PM

Moon 2 - Phase 45 - 8 Navami

Creative Work Siddha Yoga

181658677 Rahu

1:32PM - 3:00PM

Tailita Untill 6:55AM
Navami* Untill 7:56PM

Nataraja: Light Blue
Moon - Orange

Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Paksh: Sukra Vasara Yuktyam Stamford, CT Purvashadha*Uttarashadha Nakshatra Varjyan Yoga Vanija/Visti* Karana Dashmashyam Titau Sun 9 Sutra 334			
Dhanu Rasi: 21.19	Tithi 25	Gulika 7:38AM - 9:06AM	Purvashadha* Until 4:29PM	Ganesh: White Sunrise: 6:09AM	Vasvasu 5:127
		Yama 3:00PM - 4:29PM	Varjyan Until 12:08AM Sat	Muruga: White Sunset: 5:57PM	Moon 2 - Phase 46 - 12
		181658677 Rahu 10:35AM - 12:03PM	Vanija Until 8:53AM	Nataraja: Light Blue	2nd Phase
Routine Work	Prabalarishtha Yoga		Dashami Until 9:39PM	Moon - Light Blue	
Until 4:29PM				Phalgun-Panguni	Bhuloka Day
Then Routine Work - Marana Yoga					
2 Saturday, March 14, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Manita Vasara Yuktyam Stamford, CT Uttarashadha Nakshatra Parigha* Yoga Bava/Baleva Karana Ekadashyam Titau Sun 10 Sutra 335			
Makara Rasi: 4	Tithi 26	Gulika 6:08AM - 7:36AM	Uttarashadha Until 6:08PM	Ganesh: White Sunrise: 6:08AM	Vasvasu 5:127
		Yama 1:32PM - 3:01PM	Parigha* Until 11:53PM	Muruga: White Sunset: 5:58PM	Moon 2 - Phase 46 - 10
		181658677 Rahu 9:05AM - 10:34AM	Bava Until 10:19AM	Nataraja: Light Blue	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 10:47PM	Moon - Light Blue	
Until 6:08PM		Karadayani Nombu (Tamil Nadu)		Phalgun-Panguni	Bhuloka Day
Then Creative Work - Siddha Yoga					
3 Sunday, March 15, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Bharu Vasara Yuktyam Stamford, CT Shravana Nakshatra Shiva Yoga Kaulava/Tallila Karana Dvadashyam Titau Sun 11 Sutra 336			
Makara Rasi: 16.09	Tithi 27	Gulika 3:01PM - 4:30PM	Shravana Until 7:27PM	Ganesh: Yellow Sunrise: 6:06AM	Vasvasu 5:127
		Yama 12:03PM - 1:32PM	Shiva Until 11:07PM	Muruga: White Sunset: 5:59PM	Moon 2 - Phase 46 - 11
		191658678 Rahu 4:30PM - 5:59PM	Kaulava Until 11:07AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 11:14PM	Moon - Purple	
Until 7:27PM				Phalgun-Panguni	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 6AM to 9AM
4 Monday, March 16, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Indu Vasara Yuktyam Stamford, CT Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 337			
Makara Rasi: 29.02	Tithi 28	Gulika 1:32PM - 3:01PM	Dhanishtha Until 7:54PM	Ganesh: Yellow Sunrise: 6:04AM	Vasvasu 5:127
Family Home Evening		Yama 10:33AM - 12:02PM	Siddha Until 9:45PM	Muruga: White Sunset: 6:01PM	Moon 2 - Phase 46 - 12
		191658678 Rahu 7:34AM - 9:03AM	Gara Until 11:12AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:57PM	Moon - Purple	
				Phalgun-Panguni	Bhuloka Day
					Devaloka Time: 6AM to 9AM
5 Tuesday, March 17, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mangala Vasara Yuktyam Stamford, CT Shalabhishak Nakshatra Sadyha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 338			
Kumbha Rasi: 12.17	Tithi 29	Gulika 12:02PM - 1:32PM	Shalabhishak Until 7:31PM	Ganesh: Blue Sunrise: 6:03AM	Vasvasu 5:127
		Yama 9:02AM - 10:32AM	Sadyha Until 7:52PM	Muruga: White Sunset: 6:02PM	Moon 2 - Phase 46 - 13
		192658678 Rahu 3:02PM - 4:32PM	Visti Until 10:33AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:58PM	Moon - Purple	
				Phalgun-Panguni	Devaloka Day
Wednesday, March 18, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Badha Vasara Yuktyam Stamford, CT Purvaprosarthpada* Nakshatra Subha/Sukla Yoga Caluspada* Naga* Karana Amavasyayam Titau Sun 14 Sutra 339			
Retreat Star		Gulika 10:32AM - 12:02PM	Purvaprosarthpada* Until 6:51PM	Ganesh: Red Sunrise: 6:01AM	Vasvasu 5:127
Kumbha Rasi: 25.53	Tithi 30	Yama 7:31AM - 9:01AM	Subha Until 5:31PM	Muruga: White Sunset: 6:02PM	Moon 2 - Phase 46 - 14
		112658678 Rahu 12:02PM - 1:32PM	Caluspada Until 9:17AM	Nataraja: Purple	Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 8:24PM	Moon - Clear	
Until 6:51PM				Phalgun-Panguni	Bhuloka Day
Then Creative Work - Siddha Yoga					Devaloka Time: 9AM to 12:2PM
Thursday, March 19, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksh: Guro Vasara Yuktyam Stamford, CT Uttaraprosarthpada* Revati Nakshatra Sukla/Bahma Yoga Kirtughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 340			
Retreat Star		Gulika 9:00AM - 10:31AM	Uttaraprosarthpada Until 5:33PM	Ganesh: Red Sunrise: 5:59AM	Vasvasu 5:127
Meena Rasi: 9.5	Tithi 1	Yama 5:59AM - 7:30AM	Sukla Until 2:44PM	Muruga: White Sunset: 6:04PM	Moon 2 - Phase 46 - 15
		112658678 Rahu 1:32PM - 3:03PM	Kirtughna Until 7:27AM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:22PM	Moon - Clear	
		Yugadi		Chaitra-Panguni	Bhuloka Day
					Devaloka Time: 9AM to 12:2PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktyayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Stamford, CT Sun 16	Sutra 341 Vasavasu 5127
Mesha Rasi: 24.04	Tilthi 2 - 3	Gulika 7:28AM - 8:59AM	Revati Until 3:46PM	Ganesh: Red	Sunrise: 5:58AM		
		Yama 3:03PM - 4:34PM	Brahma Until 11:41AM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 47 - 16	3rd Phase
		122658678 Rahu 10:30AM - 12:01PM	Taila Until 2:44AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvitiya Until 3:59PM	Moon - Clear		Bhuloka Day	Devaloka Time: 9AM to 12PM
Until 3:46PM				Chakra-Panguni			
Then Creative Work - Amrita Yoga							
2 Saturday, March 21, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manu Vasara Yuktyayam Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Stamford, CT Sun 17	Sutra 342 Vasavasu 5127
Mesha Rasi: 8.28	Tilthi 3 - 4	Gulika 5:56AM - 7:27AM	Ashvini Until 2:04PM	Ganesh: Yellow	Sunrise: 5:56AM		
		Yama 1:32PM - 3:03PM	Indra Until 8:27AM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 47 - 17	3rd Phase
		122658678 Rahu 8:58AM - 10:30AM	Vanija Until 12:06AM Sun	Nataraja: Purple			
Creative Work	Siddha Yoga		Tritiya Until 1:24PM	Moon - White		Bhuloka Day	Devaloka Time: 9AM to 12PM
		Chellappaswami Mahasamadh		Chakra-Panguni			
3 Sunday, March 22, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktyayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamyam Tilau				Stamford, CT Sun 18	Sutra 343 Vasavasu 5127
Mesha Rasi: 22.56	Tilthi 4 - 5	Gulika 3:04PM - 4:35PM	Bharani Until 12:09PM	Ganesh: Blue	Sunrise: 5:54AM		
		Yama 12:01PM - 1:32PM	Vishkambha* Until 1:49AM Mon	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 47 - 18	3rd Phase
		122758678 Rahu 4:35PM - 6:07PM	Bava Until 9:27PM	Nataraja: Purple			
Routine Work	Prabalarista Yoga		Chaturthi* Until 10:45AM	Moon - White		Bhuloka Day	
Until 12:09PM				Chakra-Panguni			
Then Creative Work - Siddha Yoga							
4 Monday, March 23, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktyayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau				Stamford, CT Sun 19	Sutra 344 Vasavasu 5127
Wisshaha Rasi: 7.25	Tilthi 5 - 6	Gulika 1:32PM - 3:04PM	Krittika Until 10:09AM	Ganesh: Blue	Sunrise: 5:53AM		
Family Home Evening		Yama 10:28AM - 12:00PM	Priti Until 10:36PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 47 - 19	3rd Phase
		122758678 Rahu 7:24AM - 8:56AM	Kaulava Until 6:53PM	Nataraja: Purple			
Routine Work	Marana Yoga		Panchami Until 8:08AM	Moon - White		Bhuloka Day	
Until 10:09AM				Chakra-Panguni			
Then Creative Work - Amrita Yoga							
5 Tuesday, March 24, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktyayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamyam Tilau				Stamford, CT Sun 20	Sutra 345 Vasavasu 5127
Wisshaha Rasi: 21.47	Tilthi 7	Gulika 12:00PM - 1:32PM	Rohini Until 8:35AM	Ganesh: Yellow	Sunrise: 5:51AM		
		Yama 8:55AM - 10:28AM	Ayushman Until 7:32PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 47 - 20	3rd Phase
		132758678 Rahu 3:05PM - 4:37PM	Gara Until 4:31PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Saptami Until 3:23AM Wed	Moon - Yellow		Bhuloka Day	Devaloka Time: 6AM to 9AM
Until 8:35AM				Chakra-Panguni			
Then Creative Work - Siddha Yoga							
Wednesday, March 25, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktyayam Migashira/Andra Nakshatra Saubhagya/Sobhana Yoga Visi* Bava Karana Ashtamyam Tilau				Stamford, CT Sun 21	Sutra 346 Vasavasu 5127
Retreat Star		Gulika 10:27AM - 12:00PM	Mrigashira Until 7:05AM	Ganesh: Yellow	Sunrise: 5:49AM		
Mithuna Rasi: 6.01	Tilthi 8	Yama 7:22AM - 8:54AM	Saubhagya Until 4:41PM	Muruga: White	Sunset: 6:10PM	Moon 2 - Phase 47 - 21	Ashtami
		132758678 Rahu 12:00PM - 1:32PM	Visi Until 2:23PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Ashlami* Until 1:24AM Thu	Moon - Yellow		Bhuloka Day	Devaloka Time: 6AM to 9AM
				Chakra-Panguni			
Thursday, March 26, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktyayam Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamyam Tilau				Stamford, CT Sun 22	Sutra 347 Vasavasu 5127
Retreat Star		Gulika 8:53AM - 10:26AM	Punarvasu Until 4:58AM Fri	Ganesh: White	Sunrise: 5:47AM		
Mithuna Rasi: 20.04	Tilthi 9	Yama 5:47AM - 7:20AM	Sobhana Until 2:05PM	Muruga: White	Sunset: 6:11PM	Moon 2 - Phase 47 - 22	Navami
		142758678 Rahu 1:32PM - 3:05PM	Balava Until 12:32PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Navami* Until 11:43PM	Moon - Blue		Bhuloka Day	
Until 4:58AM Fri		Sri Rama Navami		Chakra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Taillala/Gara Karana Dashamyam Titau				Stamford, CT Sun 23	Sutra 348 Vasvasu 5127
Kataka Rasi: 3.55	Tithi 10	Gulika 7:19AM - 8:52AM	Pushya Until 4:24AM Sat	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue	Sunrise: 5:46AM Sunset: 6:12PM	Moon 2 - Phase 4B - 23	4th Phase
Routine Work	Marana Yoga	142758678 Rahu 10:26AM - 11:59AM	Athiganda Until 11:43AM Taillala Until 11:01AM Dashami Until 10:22PM	Chaitra-Panguni		Bhuloka Day	

2 Saturday, March 28, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Sukla Paksha Mania Vasara Yuktayam Ashlesha/ Nakshatra Sukarma/Dhriti/ Yoga Vanja/Visi/ Karana Ekadashyam Titau				Stamford, CT Sun 24	Sutra 349 Vasvasu 5127
Kataka Rasi: 17.34	Tithi 11	Gulika 5:44AM - 7:18AM	Ashlesha* Until 4:01AM Sun	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue	Sunrise: 5:44AM Sunset: 6:13PM	Moon 2 - Phase 4B - 24	4th Phase
Routine Work	Marana Yoga	142758678 Rahu 8:51AM - 10:25AM	Sukarma Until 9:38AM Vanija Until 9:50AM Ekadashi Until 9:21PM	Chaitra-Panguni		Bhuloka Day	
		Yogaswami Mahasamadi					

3 Sunday, March 29, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Magha/ Nakshatra Dhriti/Shula/ Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT Sun 25	Sutra 350 Vasvasu 5127
Simha Rasi: 1	Tithi 12	Gulika 3:06PM - 4:40PM	Magha* Until 4:19AM Mon	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Red	Sunrise: 5:42AM Sunset: 6:14PM	Moon 2 - Phase 4B - 25	4th Phase
Routine Work	Marana Yoga	152758678 Rahu 4:40PM - 6:14PM	Dhriti Until 7:51AM Bava Until 9:01AM Dvadashi Until 8:43PM	Chaitra-Panguni		Bhuloka Day	Devaloka Time: 6AM to 9AM
Until 4:19AM Mon							
Then Creative Work - Siddha Yoga							

4 Monday, March 30, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula/Kanda/ Yoga Kaulava/Taillala Karana Trayodashyam Titau				Stamford, CT Sun 26	Sutra 351 Vasvasu 5127
Simha Rasi: 14.14	Tithi 13	Gulika 1:33PM - 3:07PM	Purvaphalguni Until 4:51AM Tue	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Red	Sunrise: 5:41AM Sunset: 6:16PM	Moon 2 - Phase 4B - 26	4th Phase
Family Home Evening		152758678 Rahu 7:15AM - 8:49AM	Shula Until 6:21AM Kaulava Until 8:34AM Trayodashi Until 8:28PM	Chaitra-Panguni		Bhuloka Day	Devaloka Time: 6AM to 9AM
Creative Work	Siddha Yoga						
Until 4:51AM Tue							
Then Creative Work - Amrita Yoga							
				Pradosha Vata			

5 Tuesday, March 31, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi/ Yoga Gara/Vanja Karana Chaturdashyam Titau				Stamford, CT Sun 27	Sutra 352 Vasvasu 5127
Simha Rasi: 27.16	Tithi 14	Gulika 11:58AM - 1:33PM	Uttaraphalguni Until 5:38AM Wed	Ganesha: Purple Muruga: White Nataraja: Purple Moon - Red	Sunrise: 5:39AM Sunset: 6:17PM	Moon 2 - Phase 4B - 27	4th Phase
Creative Work	Amrita Yoga	153758678 Rahu 3:07PM - 4:42PM	Viddhi Until 4:20AM Wed Gara Until 8:31AM Chaturdashi Until 8:38PM	Chaitra-Panguni		Devaloka Day	
Until 5:38AM Wed							
Then Routine Work - Marana Yoga							

Wednesday, April 2, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Hasta Nakshatra Dhruva/ Yoga Visi/Bava Karana Purnimayam Titau				Stamford, CT Sun 28	Sutra 353 Vasvasu 5127
Copper Retreat Star		Gulika 10:23AM - 11:58AM	Hasta Until 7:09AM Thu	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Green	Sunrise: 5:39AM Sunset: 6:17PM	Moon 2 - Phase 4B - Purnima	
Kanya Rasi: 10.06	Tithi 15	163758678 Rahu 11:58AM - 1:33PM	Dhruva Until 3:48AM Thu Visi Until 8:54AM Purnima Until 9:13PM	Chaitra-Panguni		Bhuloka Day	Devaloka Time: 9AM to 12:2PM
Routine Work	Marana Yoga						
Until 7:09AM Thu							
Then Creative Work - Siddha Yoga							
				Panguni Uttarim Hanuman Jayanti			

Thursday, April 2, 2026		Viswasa Nama Samvatsara Uтарыне Mкша Ritau Meena Mase Krishna Guru Visara Yuktayam Hasta/Chitra Nakshatra Vyaghata/ Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29	Sutra 354 Vasvasu 5127
Silver Retreat Star		Gulika 8:48AM - 10:23AM	Hasta Until 7:09AM	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Green	Sunrise: 5:37AM Sunset: 6:18PM	Moon 2 - Phase 4B - Prathama	
Kanya Rasi: 22.43	Tithi 16	163758678 Rahu 1:33PM - 3:08PM	Vyaghata Until 3:38AM Fri Balava Until 9:42AM Prathama Until 10:15PM	Chaitra-Panguni		Bhuloka Day	Devaloka Time: 9AM to 12:2PM
Routine Work	Marana Yoga						
Until 7:09AM							
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 5.09 Tithi 17

Creative Work Siddha Yoga

Gulika
Yama
Rahu7:11AM - 8:47AM
3:08PM - 4:43PM
10:22AM - 11:57AMChitra Until 8:55AM
Harshana Until 3:47AM Sat
Taillia Until 10:57AM
Dvitiya Until 11:42PMGanesh: Clear
Muruga: White
Nataraja: Purple
Moon - GreenSunrise: 5:36AM
Sunset: 6:19PM
Moon 3 - Phase 49 - 1Stamford, CT
Sutra 355
Vasvasu:5127Bhuloka Day
Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18

Creative Work Siddha Yoga

Gulika
Yama
Rahu5:34AM - 7:10AM
3:08PM - 4:43PM
8:46AM - 10:21AMSvati Until 10:56AM
Vajra* Until 4:12AM Sun
Vanija Until 12:36PM
Tritiya Until 1:32AM SunGanesh: Clear
Muruga: White
Nataraja: Purple
Moon - GreenSunrise: 5:34AM
Sunset: 6:20PM
Moon 3 - Phase 49 - 2Stamford, CT
Sutra 356
Vasvasu:5127Bhuloka Day
Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19

Routine Work Marana Yoga

Gulika
Yama
Rahu3:09PM - 4:45PM
11:57AM - 1:33PM
4:45PM - 6:21PMVishakha Until 1:37PM
Siddhi Until 4:52AM Mon
Bava Until 2:36PM
Chaturthi* Until 3:41AM MonGanesh: White
Muruga: White
Nataraja: Purple
Moon - OrangeSunrise: 5:33AM
Sunset: 6:21PM
Moon 3 - Phase 49 - 3Stamford, CT
Sutra 357
Vasvasu:5127Devaloka Day
Devaloka Time: 9AM to 12PM

3

Monday, April 6, 2026

Wischika Rasi: 11.29 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Gulika
Yama
Rahu1:33PM - 3:09PM
10:20AM - 11:56AM
7:07AM - 8:44AMAnuradha Until 4:24PM
Vyatipala* Until 5:42AM Tue
Kaulava Until 4:52PM
Panchami Until 6:03AM TueGanesh: White
Muruga: White
Nataraja: Purple
Moon - OrangeSunrise: 5:31AM
Sunset: 6:22PM
Moon 3 - Phase 49 - 4Stamford, CT
Sutra 358
Vasvasu:5127Devaloka Day
Devaloka Time: 9AM to 12PM

4

Tuesday, April 7, 2026

Wischika Rasi: 23.24 Tithi 20 - 21

Routine Work Marana Yoga

Until 7:09PM

Then Creative Work - Amrita Yoga

Gulika
Yama
Rahu11:56AM - 1:33PM
8:43AM - 10:19AM
3:10PM - 4:46PMJyeshtha* Until 7:09PM
Vriyahan Until 6:33AM Wed
Gara Until 7:17PM
Panchami Until 6:03AMGanesh: White
Muruga: White
Nataraja: Purple
Moon - OrangeSunrise: 5:29AM
Sunset: 6:23PM
Moon 3 - Phase 49 - 5Stamford, CT
Sutra 359
Vasvasu:5127Devaloka Day
Devaloka Time: 9AM to 12PM

5

Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 - 22

Routine Work Marana Yoga

Until 10:12PM

Then Creative Work - Amrita Yoga

Gulika
Yama
Rahu10:19AM - 11:56AM
7:05AM - 8:42AM
11:56AM - 1:33PMMula* Until 10:12PM
Varjyan Until 6:33AM
Visi Until 9:40PM
Shashthi* Until 8:28AMGanesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light BlueSunrise: 5:28AM
Sunset: 6:24PM
Moon 3 - Phase 49 - 6Stamford, CT
Sutra 360
Vasvasu:5127Bhuloka Day
Devaloka Time: 9AM to 12PM

D

Thursday, April 9, 2026

Retreat Star

Dhanus Rasi: 17.12 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:53AM Fri

Then Routine Work - Marana Yoga

Gulika
Yama
Rahu8:41AM - 10:18AM
5:26AM - 7:03AM
1:33PM - 3:10PMPurvashadha* Until 12:53AM Fri
Parigaha* Until 7:21AM
Balava Until 11:49PM
Saptami Until 10:46AMGanesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light BlueSunrise: 5:26AM
Sunset: 6:25PM
Moon 3 - Phase 49 - 7Stamford, CT
Sutra 361
Vasvasu:5127Bhuloka Day
Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 - 24

Routine Work Marana Yoga

Until 2:57AM Sat

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu7:02AM - 8:40AM
3:11PM - 4:48PM
10:18AM - 11:55AMUttarashadha Until 2:57AM Sat
Shiva Until 7:56AM
Taillia Until 1:32AM Sat
Ashlami* Until 12:43PMGanesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light BlueSunrise: 5:24AM
Sunset: 6:26PM
Moon 3 - Phase 49 - 8Stamford, CT
Sutra 362
Vasvasu:5127Bhuloka Day
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1	Saturday, April 11, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yuktiyam Stamford, CT Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau Sun 9 Sutra 363			
	Gulika	5:23AM – 7:01AM	Shravana Until 4:44AM Sun	Ganesh: Blue	Sunrise: 5:23AM	Vasarasu 5:17
	Yama	1:33PM – 3:11PM	Siddha Until 8:05AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 50 - 17
Creative Work Siddha Yoga		Rahu	8:39AM – 10:17AM	Nataraja: Purple	Devaloka Day	
Until 4:44AM Sun		Navami* Until 2:08PM		Chaitry-Panguni		
Then Routine Work - Marana Yoga						

2	Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktiyam Stamford, CT Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau Sun 10 Sutra 364			
	Gulika	3:11PM – 4:50PM	Dhanishtha Until 5:35AM Mon	Ganesh: Blue	Sunrise: 5:21AM	Vasarasu 5:17
	Yama	11:55AM – 1:33PM	Sadhya Until 7:44AM	Muruga: White	Sunset: 6:28PM	Moon 3 - Phase 50 - 10
Routine Work Marana Yoga		Rahu	4:50PM – 6:28PM	Nataraja: Purple	Devaloka Day	
Until 5:35AM Mon		Bava Until 2:53AM Mon		Chaitry-Panguni		
Then Creative Work - Siddha Yoga		Dashami* Until 2:50PM				

3	Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Indu Vasara Yuktiyam Stamford, CT Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau Sun 11 Sutra 1			
	Gulika	1:33PM – 3:12PM	Shatabhishak Until 5:28AM Tue	Ganesh: Blue	Sunrise: 5:20AM	Vasarasu 5:17
	Yama	10:16AM – 11:54AM	Subha Until 6:47AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 50 - 11
Family Home Evening		Rahu	6:58AM – 8:37AM	Nataraja: Purple	Devaloka Day	
Creative Work Siddha Yoga		Kaulava Until 2:21AM Tue		Chaitry-Chaitra		
Until 5:28AM Tue		Ekadashi* Until 2:42PM				
Then Routine Work - Marana Yoga						

4	Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yuktiyam Stamford, CT Puravproshthapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashyam Tilau Sun 12 Sutra 2			
	Gulika	11:54AM – 1:33PM	Puravproshthapada* Until 4:53AM Wed	Ganesh: White	Sunrise: 5:18AM	Parabhava 5:18
	Yama	8:36AM – 10:15AM	Brahma Until 2:54AM Wed	Muruga: White	Sunset: 6:30PM	Moon 3 - Phase 50 - 12
Routine Work Marana Yoga		Rahu	3:12PM – 4:51PM	Nataraja: Purple	Bhuloka Day	
Until 4:53AM Wed		Tamil New Year		Chaitry-Chaitra		
Then Creative Work - Siddha Yoga		Dvadashi* Until 1:45PM				
<i>Pradosha Vata (Fasting)</i>						

5	Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Butha Vasara Yuktiyam Stamford, CT Uttarproshthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau Sun 13 Sutra 3			
	Gulika	10:15AM – 11:54AM	Uttarproshthapada Until 3:28AM Thu	Ganesh: White	Sunrise: 5:16AM	Parabhava 5:18
	Yama	6:56AM – 8:35AM	Indra Until 12:06AM Thu	Muruga: White	Sunset: 6:31PM	Moon 3 - Phase 50 - 13
Creative Work Siddha Yoga		Rahu	11:54AM – 1:33PM	Nataraja: Purple	Bhuloka Day	
Until 1:22AM Fri		Trayodashi* Until 12:03PM		Chaitry-Chaitra		
Then Creative Work - Siddha Yoga						

●	Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Guru Vasara Yuktiyam Stamford, CT Retreat Star			
	Gulika	8:34AM – 10:14AM	Revati Until 1:22AM Fri	Ganesh: Yellow	Sunrise: 5:15AM	Parabhava 5:18
	Yama	5:15AM – 6:55AM	Vaidhriti* Until 8:49PM	Muruga: White	Sunset: 6:33PM	Moon 3 - Phase 50 - 14
Creative Work Siddha Yoga		Rahu	1:33PM – 3:13PM	Nataraja: Purple	Bhuloka Day	
Until 1:22AM Fri		Chaturdashy* Until 8:21PM		Chaitry-Chaitra		
Then Creative Work - Amrita Yoga		Chalurdashi* Until 9:42AM				
Devaloka Time: 9AM to 12:2PM						

●	Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktiyam Stamford, CT Retreat Star			
	Gulika	6:53AM – 8:33AM	Ashvini Until 11:11PM	Ganesh: Red	Sunrise: 5:13AM	Parabhava 5:18
	Yama	3:14PM – 4:54PM	Vishkambha* Until 5:13PM	Muruga: White	Sunset: 6:34PM	Moon 3 - Phase 50 - 15
Creative Work Amrita Yoga		Rahu	10:13AM – 11:53AM	Nataraja: Purple	Bhuloka Day	
Until 11:11PM		Bava Until 3:41AM Sat		Valukha-Chaitra		
Then Creative Work - Siddha Yoga		Amavasya* Until 6:51AM				
Devaloka Time: 9AM to 12:2PM						

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1 Saturday, April 18, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Mania Vesara Yukhtayam Bharani Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Tilau				Stamford, CT Sun 16	Sutra 6 Parabhava 5128
Mesha Rasi: 17.33	Tilhi 2	Gulika 5:12AM - 6:52AM	Bharani Until 8:39PM	Ganesh: Red	Sunrise: 5:12AM	Moon 3 - Phase 1 - 16	3rd Phase
		Yama 1:34PM - 3:14PM	Prithi Until 1:25PM	Muruga: White	Sunset: 6:29PM		
224858678	Rahu 8:33AM - 10:13AM		Balava Until 2:02PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvitiya Until 12:21AM Sun	Varaha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM
Until 8:39PM							
Then Creative Work - Amrita Yoga							
2 Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Bhanu Vesara Yukhtayam Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Tilau				Stamford, CT Sun 17	Sutra 7 Parabhava 5128
Wishabha Rasi: 2.28	Tilhi 3	Gulika 3:14PM - 4:55PM	Kritika Until 5:58PM	Ganesh: Red	Sunrise: 5:10AM	Moon 3 - Phase 1 - 17	3rd Phase
		Yama 11:53AM - 1:34PM	Ayushman Until 9:31AM	Muruga: White	Sunset: 6:36PM		
224858678	Rahu 4:55PM - 6:36PM		Talilla Until 10:41AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Tritiya Until 9:00PM	Varaha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM
		Akshaya Tritiya					
3 Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Indu Vesara Yukhtayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurithi/Panchamyam Tilau				Stamford, CT Sun 18	Sutra 8 Parabhava 5128
Wishabha Rasi: 17.22	Tilhi 4 - 5	Gulika 1:34PM - 3:15PM	Rohini Until 3:40PM	Ganesh: Yellow	Sunrise: 5:09AM	Moon 3 - Phase 1 - 18	3rd Phase
		Yama 10:12AM - 11:53AM	Sobhana Until 2:03AM Tue	Muruga: White	Sunset: 6:27PM		
234858678	Rahu 6:50AM - 8:31AM		Vanija Until 7:24AM	Nataraja: Purple			
Creative Work	Amrita Yoga		Chalurithi Until 5:49PM	Varaha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM
Until 1:31PM							
Then Routine Work - Marana Yoga							
4 Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Mangala Vesara Yukhtayam Mrigashira/Ardra Nakshatra Alhiganda* Yoga Balava/Kaulava Karana Panchami/Shushthyam Tilau				Stamford, CT Sun 19	Sutra 9 Parabhava 5128
Mithuna Rasi: 2.05	Tilhi 5 - 6	Gulika 11:53AM - 1:34PM	Mrigashira Until 1:31PM	Ganesh: Yellow	Sunrise: 5:07AM	Moon 3 - Phase 1 - 19	3rd Phase
		Yama 8:30AM - 10:11AM	Alhiganda* Until 10:39PM	Muruga: White	Sunset: 6:38PM		
234858678	Rahu 3:15PM - 4:56PM		Kaulava Until 1:36AM Wed	Nataraja: Purple			
Creative Work	Siddha Yoga		Panchami Until 2:54PM	Varaha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM
Until 1:31PM		Adi Sankara Jayanthi					
Then Routine Work - Marana Yoga							
5 Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Budha Vesara Yukhtayam Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau				Stamford, CT Sun 20	Sutra 10 Parabhava 5128
Mithuna Rasi: 16.34	Tilhi 6 - 7	Gulika 10:11AM - 11:52AM	Ardra Until 11:37AM	Ganesh: Yellow	Sunrise: 5:06AM	Moon 3 - Phase 1 - 20	3rd Phase
		Yama 6:47AM - 8:29AM	Sukama Until 7:38PM	Muruga: White	Sunset: 6:39PM		
234858678	Rahu 11:52AM - 1:34PM		Gara Until 11:20PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Shashthi Until 12:23PM	Varaha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM
Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Guru Vesara Yukhtayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Karana Sapthami/Ashtamyam Tilau				Stamford, CT Sun 21	Sutra 11 Parabhava 5128
Kataka Rasi: 0.43	Tilhi 7 - 8	Gulika 8:28AM - 10:10AM	Punarvasu Until 10:29AM	Ganesh: White	Sunrise: 5:04AM	Moon 3 - Phase 1 - 21	Ashtami
		Yama 5:04AM - 6:46AM	Dhriti Until 5:03PM	Muruga: White	Sunset: 6:40PM		
244858678	Rahu 1:34PM - 3:16PM		Visli Until 9:35PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Sapthami Until 10:22AM	Varaha-Chaitra		Devaloka Day	
Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Sukra Vesara Yukhtayam Pushya/Ashlesha* Nakshatra Shula*Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Stamford, CT Sun 22	Sutra 12 Parabhava 5128
Kataka Rasi: 14.32	Tilhi 8 - 9	Gulika 6:45AM - 8:27AM	Pushya Until 9:45AM	Ganesh: White	Sunrise: 5:03AM	Moon 3 - Phase 1 - 22	Navami
		Yama 3:16PM - 4:59PM	Shula* Until 2:53PM	Muruga: White	Sunset: 6:41PM		
244858679	Rahu 10:10AM - 11:52AM		Balava Until 8:24PM	Nataraja: Clear			
Routine Work	Marana Yoga		Ashtami Until 8:54AM	Varaha-Chaitra		Sivaloka Day	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Saturday, April 25, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Suko Paiche Marla Vazara Yukayam Ashlesha/Magha Nakshatra Ganda/Vidhih Yoga Kauava/Saila Karana Navami/Edashyem Titau				Stamford, CT
Kataka Rasi: 28.01	Tithi 9 – 10	Gulika 5:01AM – 6:44AM	Ashlesha* Until 9:26AM Ganda* Until 1:12PM	Ganesh: White Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 5:01AM Sunset: 6:49PM	Sun 23 Parabhava 5:18 Moon 3 - Phase 2 - 23 4th Phase
244858679	Rahu	8:27AM – 10:09AM	Tailita Until 7:46PM	Navami* Until 8:00AM		Sivaloka Day
Routine Work Marana Yoga Until 9:26AM Then Creative Work - Amrita Yoga						

2 Sunday, April 26, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Suko Paiche Bharu Vazara Yukayam Magha/Puraphalguni Nakshatra Vidhih/Dhruva Yoga Gara/Vanji Karana Dashami/Edashyem Titau				Stamford, CT
Simha Rasi: 11.11	Tithi 10 – 11	Gulika 3:17PM – 5:00PM	Magha* Until 9:57AM Vridhhi Until 11:57AM	Ganesh: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 5:00AM Sunset: 6:49PM	Sun 24 Parabhava 5:18 Moon 3 - Phase 2 - 24 4th Phase
255858679	Rahu	5:00PM – 6:43PM	Vanija Until 7:41PM	Dashami Until 7:39AM		Bhuloka Day Devaloka Time: 6PM to 9PM
Routine Work Marana Yoga Until 9:57AM Then Creative Work - Siddha Yoga						

3 Monday, April 27, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Suko Paiche Indu Vazara Yukayam Puraphalguni Nakshatra Dhruva/Vyagha* Yoga Vist/Beva Karana Ekadashi/Edashyem Titau				Stamford, CT
Simha Rasi: 24.05	Tithi 11 – 12	Gulika 1:35PM – 3:18PM	Puraphalguni Until 10:49AM Dhruva Until 11:04AM	Ganesh: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 4:59AM Sunset: 6:49PM	Sun 25 Parabhava 5:18 Moon 3 - Phase 2 - 25 4th Phase
255858679	Rahu	6:42AM – 8:25AM	Bava Until 8:04PM	Ekadashi Until 7:48AM		Bhuloka Day Devaloka Time: 6PM to 9PM
Family Home Evening Creative Work Siddha Yoga						

4 Tuesday, April 28, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Suko Paiche Mangala Vazara Yukayam Uttaraphalguni Nakshatra Vyagha*/Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodashyem Titau				Stamford, CT
Kanya Rasi: 6.47	Tithi 12 – 13	Gulika 11:51AM – 1:35PM	Uttaraphalguni Until 11:57AM Vyagha*/ Until 10:33AM	Ganesh: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 4:57AM Sunset: 6:49PM	Sun 26 Parabhava 5:18 Moon 3 - Phase 2 - 26 4th Phase
255858679	Rahu	3:18PM – 5:02PM	Kadava Until 8:53PM	Dvadashi Until 8:24AM		Bhuloka Day Devaloka Time: 6PM to 9PM
Creative Work Amrita Yoga Until 11:57AM Then Creative Work - Siddha Yoga		<i>Pradosha Vata</i>				

5 Wednesday, April 29, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Suko Paiche Budha Vazara Yukayam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talita/Gara Karana Trayodashi/Chaturdashyem Titau				Stamford, CT
Kanya Rasi: 19.18	Tithi 13 – 14	Gulika 10:07AM – 11:51AM	Hasla Until 1:47PM Harshana Until 10:22AM	Ganesh: Clear Muruga: White Nataraja: Clear Moon – Green	Sunrise: 4:56AM Sunset: 6:49PM	Sun 27 Parabhava 5:18 Moon 3 - Phase 2 - 27 4th Phase
265858679	Rahu	11:51AM – 1:35PM	Gara Until 10:04PM	Trayodashi Until 9:25AM		Devaloka Day
Routine Work Marana Yoga Until 1:47PM Then Creative Work - Siddha Yoga						

Thursday, April 30, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Suko Paiche Guru Vazara Yukayam Chitra/Svati Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayem Titau				Stamford, CT
Copper Retreat Star		Gulika 8:23AM – 10:07AM	Chitra Until 3:48PM Vaja* Until 10:25AM	Ganesh: Clear Muruga: White Nataraja: Clear Moon – Green	Sunrise: 4:54AM Sunset: 6:49PM	Sun 28 Parabhava 5:18 Moon 3 - Phase 2 - Purnima
Tula Rasi: 1.39	Tithi 14 – 15	Yama 6:40AM – 8:23AM	Visti Until 11:35PM	Chaturdashi* Until 10:46AM		
265858679	Rahu	1:35PM – 3:19PM				
Creative Work Siddha Yoga Until 3:48PM Then Creative Work - Amrita Yoga		Budha Purnima (Tamil Nadu)				

Friday, May 1, 2026		Parabhava Nama Samvatsara: Uttarayana Nartana Ritau Mecha Mese Krishna Paksha Sukra Vazara Yukayam Svati/Vibhava Nakshatra Siddhi/Vyagha* Yoga Bava/Balava Karana Purnima/Prathamayem Titau				Stamford, CT
Silver Retreat Star		Gulika 6:37AM – 8:21AM	Svati Until 5:56PM Siddhi Until 10:43AM	Ganesh: Clear Muruga: White Nataraja: Clear Moon – Green	Sunrise: 4:52AM Sunset: 6:49PM	Sun 29 Parabhava 5:18 Moon 3 - Phase 2 - Prathama
Tula Rasi: 13.52	Tithi 15 – 16	Yama 3:20PM – 5:05PM	Balava Until 1:24AM Sat	Purnima* Until 12:26PM		
265858679	Rahu	10:06AM – 11:51AM				
Creative Work Siddha Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for on 2/11/24

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