



Monday, April 14, 2025

Gold Retreat Star

Tula Rasi: 16.1 Tithi 17
Family Home Evening
Creative Work Amrita Yoga
Until 1:34PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Rochester, NY
Svali/Vishkha Nakshatra Vajra 7/Siddhi Yoga Talila/Gara Karana Dvityayam Titau Sutra 1
Gulika 1:50PM - 3:30PM Svali Until 1:34PM Ganesha: Yellow Sunrise: 5:30AM Vasoava 5:127
Yama 10:30AM - 12:10PM Vajra* Until 12:07PM Muruga: Clear Sunset: 6:51PM Moon 3 - Phase 1 -
Rahu 7:10AM - 8:50AM Talila Until 11:16AM Nataraja: Clear 1st Phase
Tamil New Year Dvitiya Until 12:28AM Tue Chaitra-Chaitra Devaloka Day

1 Tuesday, April 15, 2025

Tula Rasi: 28.02 Tithi 18
Routine Work Marana Yoga
Until 4:40PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mangala Vasara Yukitayam Rochester, NY
Vishkha/Anuradha Nakshatra Siddhi/Vyaptata* Yoga Vanja/Visi* Karana Tritayam Titau Sun 2 Sutra 2
Gulika 12:10PM - 1:50PM Vishkha Until 4:40PM Ganesha: Blue Sunrise: 5:28AM Vasoava 5:127
Yama 8:49AM - 10:29AM Siddhi Until 1:01PM Muruga: Clear Sunset: 6:52PM Moon 3 - Phase 1 - 1
Rahu 3:31PM - 5:11PM Vanja Until 1:41PM Nataraja: Clear 1st Phase
Tritiya Until 2:49AM Wed Chaitra-Chaitra Devaloka Day
Devaloka Time: 3PM to 6PM

2 Wednesday, April 16, 2025

Vishika Rasi: 9.58 Tithi 19
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Butha Vasara Yukitayam Rochester, NY
Anuradha Nakshatra Vyaptata* Mariyan Yoga Bava/Balava Karana Chaturtham Titau Sun 2 Sutra 3
Gulika 10:29AM - 12:10PM Anuradha Until 7:24PM Ganesha: Blue Sunrise: 5:26AM Vasoava 5:127
Yama 7:07AM - 8:48AM Vyaptata* Until 1:47PM Muruga: Clear Sunset: 6:53PM Moon 3 - Phase 1 - 2
Rahu 12:10PM - 1:51PM Bava Until 3:55PM Nataraja: Clear 1st Phase
Chaturthi* Until 4:54AM Thu Chaitra-Chaitra Devaloka Day
Devaloka Time: 3PM to 6PM

3 Thursday, April 17, 2025

Vishika Rasi: 21.59 Tithi 20
Routine Work Prabalashita Yoga
Until 9:40PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Guru Vasara Yukitayam Rochester, NY
Jyeshtha* Nakshatra Varjyan/Parigaha* Yoga Kaukava/Taila Karana Panchamam Titau Sun 3 Sutra 3
Gulika 8:47AM - 10:28AM Jyeshtha* Until 9:40PM Ganesha: Blue Sunrise: 5:25AM Vasoava 5:127
Yama 5:25AM - 7:06AM Varjyan Until 2:17PM Muruga: Clear Sunset: 6:54PM Moon 3 - Phase 1 - 3
Rahu 1:51PM - 3:32PM Kaukava Until 5:51PM Nataraja: Clear 1st Phase
Panchami Until 6:39AM Fri Chaitra-Chaitra Devaloka Day
Devaloka Time: 3PM to 6PM

4 Friday, April 18, 2025

Dhanus Rasi: 4.09 Tithi 20 - 21
Creative Work Amrita Yoga
Until 11:51PM
Then Routine Work - Prabalashita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Sakra Vasara Yukitayam Rochester, NY
Mula* Nakshatra Parigaha/Shiva Yoga Talila/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 5
Gulika 7:05AM - 8:46AM Mula* Until 11:51PM Ganesha: Red Sunrise: 5:23AM Vasoava 5:127
Yama 3:32PM - 5:14PM Parigaha* Until 2:31PM Muruga: Clear Sunset: 6:55PM Moon 3 - Phase 1 - 4
Rahu 10:28AM - 12:09PM Gara Until 7:22PM Nataraja: Clear 1st Phase
Panchami Until 6:39AM Moon - Light Blue Chaitra-Chaitra Devaloka Day

5 Saturday, April 19, 2025

Dhanus Rasi: 16.31 Tithi 21 - 22
Creative Work Siddha Yoga
Until 1:20AM Sun
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Maria Vasara Yukitayam Rochester, NY
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanja/Visi* Karana Shashthi/Saptamam Titau Sun 5 Sutra 6
Gulika 5:21AM - 7:03AM Purvashadha* Until 1:20AM Sun Ganesha: Red Sunrise: 5:21AM Vasoava 5:127
Yama 1:51PM - 3:33PM Shiva Until 2:23PM Muruga: Clear Sunset: 6:57PM Moon 3 - Phase 1 - 5
Rahu 8:45AM - 10:27AM Visi Until 8:22PM Nataraja: Clear 1st Phase
Shashthi* Until 7:55AM Moon - Light Blue Chaitra-Chaitra Devaloka Day

Sunday, April 20, 2025

Retreat Star

Dhanus Rasi: 29.08 Tithi 22 - 23
Creative Work Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Bhava/Vajra Yukitayam Rochester, NY
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami Titau Sun 6 Sutra 7
Gulika 3:33PM - 5:15PM Uttarashadha Until 2:02AM Mon Ganesha: Red Sunrise: 5:20AM Vasoava 5:127
Yama 12:09PM - 1:51PM Siddha Until 1:44PM Muruga: Clear Sunset: 6:58PM Moon 3 - Phase 1 - 6
Rahu 5:15PM - 6:58PM Balava Until 8:42PM Nataraja: Clear 1st Phase
Saptami Until 8:36AM Moon - Light Blue Chaitra-Chaitra Devaloka Day

Monday, April 21, 2025

Retreat Star

Makara Rasi: 12.04 Tithi 23 - 24
Family Home Evening
Creative Work Amrita Yoga
Until 2:18AM Tue
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Rochester, NY
Shravana Nakshatra Sadhya/Subha Yoga Kaukava/Taila Karana Ashtami/Navamam Titau Sun 7 Sutra 8
Gulika 1:51PM - 3:34PM Shravana Until 2:18AM Tue Ganesha: Green Sunrise: 5:18AM Vasoava 5:127
Yama 10:26AM - 12:09PM Sadhya Until 12:32PM Muruga: Clear Sunset: 6:59PM Moon 3 - Phase 1 - 7
Rahu 7:01AM - 8:43AM Talila Until 8:19PM Nataraja: Clear 1st Phase
Chidambaram Abhishekam Ashlami* Until 8:35AM Moon - Purple Chaitra-Chaitra Devaloka Day
Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Rochester, NY on 2/11/24

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1 Tuesday, April 22, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukitayam				Rochester, NY
		Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 8 Sufra 9
Makara Rasi: 25.25	Tithi 24 – 25	Gulika 12:08PM – 1:51PM	Dhanishtha Until 1:40AM Wed	Ganesh: Green	Sunrise: 5:17AM	Vasavasu 5:27
		Yama 8:43AM – 10:25AM	Sukha Until 10:46AM	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 8
Creative Work	Siddha Yoga	293298578 Rahu 3:34PM – 5:17PM	Navami* Until 7:10PM	Nataraja: Clear		2nd Phase
			Navami* Until 7:49AM	Moon - Purple		
				Chaitry-Chatra		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

2 Wednesday, April 23, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Budha Vasara Yukitayam				Rochester, NY
		Shalabhishak Nakshatra Sukla/Brahma Yoga Vasi/Balava Karana Dashami/Dashmyam Titau				Sun 9 Sufra 10
Kumbha Rasi: 9.11	Tithi 25 – 26	Gulika 10:25AM – 12:08PM	Shalabhishak Until 12:10AM Thu	Ganesh: Green	Sunrise: 5:15AM	Vasavasu 5:27
		Yama 6:58AM – 8:42AM	Sukla Until 8:21AM	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 9
Creative Work	Siddha Yoga	293298578 Rahu 12:08PM – 1:51PM	Balava Until 4:03AM Thu	Nataraja: Clear		2nd Phase
			Dashami Until 6:17AM	Moon - Purple		
				Chaitry-Chatra		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

3 Thursday, April 24, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukitayam				Rochester, NY
		Puravproshthapada Nakshatra Indra Yoga Kaulava/Taila Karana Dvadashyam Titau				Sun 10 Sufra 11
Kumbha Rasi: 23.24	Tithi 27	Gulika 8:41AM – 10:24AM	Puravproshthapada* Until 10:20PM	Ganesh: Purple	Sunrise: 5:14AM	Vasavasu 5:27
		Yama 5:14AM – 6:57AM	Indra Until 1:57AM Fri	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 10
Creative Work	Siddha Yoga	213298579 Rahu 1:52PM – 3:35PM	Kaulava Until 2:43PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 1:13AM Fri	Moon - Clear		
				Chaitry-Chatra		
					Devaloka Day	

4 Friday, April 25, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Sakra Vasara Yukitayam				Rochester, NY
		Uttaravproshthapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sufra 12
Meena Rasi: 8.02	Tithi 28	Gulika 6:56AM – 8:40AM	Uttaravproshthapada Until 7:52PM	Ganesh: Purple	Sunrise: 5:12AM	Vasavasu 5:27
		Yama 3:36PM – 5:20PM	Vaidhiti* Until 10:06PM	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 11
Creative Work	Siddha Yoga	213298579 Rahu 10:24AM – 12:08PM	Gara Until 11:38AM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 9:54PM	Moon - Clear		
				Chaitry-Chatra		
					Devaloka Day	

Pradosha Vata (Fasting)

5 Saturday, April 26, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mania Vasara Yukitayam				Rochester, NY
		Revati/Ashvini Nakshatra Vishkambha* Pili Yoga Vasi/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sufra 13
Meena Rasi: 23	Tithi 29	Gulika 5:11AM – 6:55AM	Revati Until 4:56PM	Ganesh: Purple	Sunrise: 5:11AM	Vasavasu 5:27
		Yama 1:52PM – 3:36PM	Vishkambha* Until 5:59PM	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 12
Routine Work	Prabalarishta Yoga	213298579 Rahu 8:39AM – 10:23AM	Visil Until 8:08AM	Nataraja: Purple		2nd Phase
Until 4:56PM			Chaturdashi* Until 6:16PM	Moon - Clear		
Then Creative Work - Siddha Yoga				Chaitry-Chatra		
					Devaloka Day	

● Sunday, April 27, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Bharu Vasara Yukitayam				Rochester, NY
		Ashvini/Bharani Nakshatra Prabhalochman Yoga Naga/Kintughna* Karana Amavasya/Prathamam Titau				Sun 13 Sufra 14
Mesha Rasi: 8.11	Tithi 30 – 1	Gulika 3:37PM – 5:21PM	Ashvini Until 2:05PM	Ganesh: Orange	Sunrise: 5:09AM	Vasavasu 5:27
		Yama 12:07PM – 1:52PM	Pili Until 1:45PM	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 13
Creative Work	Siddha Yoga	224298579 Rahu 5:21PM – 7:06PM	Kintughna Until 12:35AM Mon	Nataraja: Purple		Amavasya
Until 2:05PM			Amavasya* Until 2:29PM	Moon - White		
Then Routine Work - Prabalarishta Yoga				Chaitry-Chatra		
					Sivaloka Day	

Monday, April 28, 2025

		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukitayam				Rochester, NY
		Bharani/Kritika Nakshatra Agrohman/Saudhagga Yoga Bava/Balava Karana Prathama/Othitayam Titau				Sun 14 Sufra 15
Mesha Rasi: 23.25	Tithi 1 – 2	Gulika 1:52PM – 3:37PM	Bharani Until 11:06AM	Ganesh: Orange	Sunrise: 5:08AM	Vasavasu 5:27
		Yama 10:22AM – 12:07PM	Ayushman Until 9:30AM	Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 2 - 14
Family Home Evening	Siddha Yoga	224298579 Rahu 6:53AM – 8:38AM	Balava Until 8:51PM	Nataraja: Purple		Prathama
Until 11:06AM			Prathama* Until 10:41AM	Moon - White		
Creative Work				Valukha-Chatra		
Then Routine Work - Marana Yoga					Sivaloka Day	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dvitya/Tritiyayam Titau			Rochester, NY Sun 15	Sufra 16 Vasvasu 5:17
Wishabha Rasi: 8.33	Tilthi 2 - 3	Gulika 12:07PM - 1:52PM	Kritika Untill 8:10AM Sobhana Untill 1:33AM Wed	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White	Sunrise: 5:06AM Sunset: 7:08PM	Moon 3 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga	244298579	Rahu 3:38PM - 5:23PM	Dvitiya Untill 7:03AM	Vasuloka-Chaitra	Sivaloka Day
Untill 8:10AM						
Then Creative Work	- Amrita Yoga					

2 Wednesday, April 30, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Budha Vasara Yuktayam Mrigashira Nakshatra Aihganda* Yoga Vanja/Visi* Karana Chaluthayam Titau			Rochester, NY Sun 16	Sufra 17 Vasvasu 5:17
Wishabha Rasi: 23.25	Tilthi 4	Gulika 10:21AM - 12:07PM	Mrigashira Untill 3:53AM Thu Aihganda* Untill 10:05PM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 5:05AM Sunset: 7:09PM	Moon 3 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga	234398579	Rahu 12:07PM - 1:53PM	Vanija Untill 2:19PM	Vasuloka-Chaitra	Devaloka Day
Untill 3:53AM Thu				Chalurthi* Untill 12:58AM Thu		
Then Routine Work	- Marana Yoga					

3 Thursday, May 1, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Guru Vasara Yuktayam Ardra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau			Rochester, NY Sun 17	Sufra 18 Vasvasu 5:17
Mithuna Rasi: 7.55	Tilthi 5	Gulika 8:35AM - 10:21AM	Ardra Untill 2:27AM Fri Sukama Untill 7:09PM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 5:03AM Sunset: 7:10PM	Moon 3 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga	234398579	Rahu 1:53PM - 3:39PM	Bava Untill 11:49AM	Vasuloka-Chaitra	Devaloka Day
Untill 2:27AM Fri				Panchami Untill 10:49PM		
Then Creative Work	- Siddha Yoga					

4 Friday, May 2, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Sukra Vasara Yuktayam Punarvasu Nakshatra Dhrili/Shula* Yoga Kaulava/Tailika Karana Shashthiyam Titau			Rochester, NY Sun 18	Sufra 19 Vasvasu 5:17
Mithuna Rasi: 21.57	Tilthi 6	Gulika 6:48AM - 8:34AM	Punarvasu Untill 2:04AM Sat Dhrili Untill 4:50PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 5:02AM Sunset: 7:12PM	Moon 3 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga	244398579	Rahu 10:21AM - 12:07PM	Kaulava Untill 10:02AM	Vasuloka-Chaitra	Sivaloka Day
				Shashthi* Untill 9:24PM		

5 Saturday, May 3, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau			Rochester, NY Sun 19	Sufra 20 Vasvasu 5:17
Kataka Rasi: 5.31	Tilthi 7	Gulika 5:01AM - 6:47AM	Pushya Untill 2:22AM Sun Shula* Untill 3:09PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 5:01AM Sunset: 7:13PM	Moon 3 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	244398579	Rahu 8:34AM - 10:20AM	Gara Untill 9:02AM	Vasuloka-Chaitra	Sivaloka Day
				Saptami Untill 8:50PM		

Sunday, May 4, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Viddhi Yoga Visi*/Bava Karana Ashtamyam Titau			Rochester, NY Sun 20	Sufra 21 Vasvasu 5:17
Kataka Rasi: 18.37	Tilthi 8	Gulika 3:40PM - 5:27PM	Ashlesha* Untill 3:20AM Mon Ganda* Untill 2:09PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:59AM Sunset: 7:14PM	Moon 3 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga	244398579	Rahu 5:27PM - 7:14PM	Visi Untill 8:53AM	Vasuloka-Chaitra	Sivaloka Day
Untill 3:20AM Mon				Ashtami* Untill 9:06PM		
Then Routine Work	- Marana Yoga					

Monday, May 5, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Суліа Пакше Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Rochester, NY Sun 21	Sufra 22 Vasvasu 5:17
Simha Rasi: 1.18	Tilthi 9	Gulika 1:54PM - 3:41PM	Magha* Untill 5:20AM Tue Viddhi Untill 1:48PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:58AM Sunset: 7:15PM	Moon 3 - Phase 3 - 21 Navami
Family Home Evening	Marana Yoga	254318579	Rahu 6:45AM - 8:32AM	Balava Untill 9:33AM	Vasuloka-Chaitra	Devaloka Day
Routine Work				Navami* Untill 10:09PM		
Untill 5:20AM Tue						
Then Creative Work	- Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Мангала Васара Yuktayam Rochester, NY			
Parvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashayam Titau Sun 22 Sufra 23		Gulika 12:06PM - 1:54PM		Purvaphalguni Untill 7:46AM Wed	
Simha Rasi: 13.4	Tithi 10	Yama 8:32AM - 10:19AM	Dhruva Untill 1:57PM	Ganesh: White Sunrise: 4:57AM	Vasvasu 5:127
		254318579 Rahu 3:41PM - 5:29PM	Taililla Untill 10:56AM	Muruga: Red Sunset: 7:16PM	Moon 3 - Phase 4 - 22
Creative Work Siddha Yoga			Dashami Untill 11:50PM	Nataraja: Purple Moon - Red	4th Phase
Untill 7:46AM Wed				Devaloka Day	
Then Creative Work - Amrita Yoga					

2 Wednesday, May 7, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сікіа Пакхіе Бадха Васара Yuktayam Rochester, NY			
Parvaphalguni Nakshatra Vyaghata* Harshana Yoga Vanja/Ved* Karana Ekadashyam Titau Sun 23 Sufra 24		Gulika 10:19AM - 12:06PM		Purvaphalguni Untill 7:46AM	
Simha Rasi: 25.46	Tithi 11	Yama 6:43AM - 8:31AM	Vyaghata* Untill 2:33PM	Ganesh: White Sunrise: 4:55AM	Vasvasu 5:127
		254318579 Rahu 12:06PM - 1:54PM	Vanija Untill 12:54PM	Muruga: Red Sunset: 7:19PM	Moon 3 - Phase 4 - 22
Creative Work Amrita Yoga			Ekadashi Untill 2:01AM Thu	Nataraja: Purple Moon - Red	4th Phase
				Devaloka Day	

3 Thursday, May 8, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Guru Vasara Yuktayam Rochester, NY			
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sun 24 Sufra 25		Gulika 8:30AM - 10:18AM		Uttaraphalguni Untill 10:27AM	
Kanya Rasi: 7.43	Tithi 12	Yama 4:54AM - 6:42AM	Harshana Untill 3:27PM	Ganesh: White Sunrise: 4:54AM	Vasvasu 5:127
		254318579 Rahu 1:54PM - 3:42PM	Bava Untill 3:15PM	Muruga: Red Sunset: 7:18PM	Moon 3 - Phase 4 - 24
Amrita Yoga			Dvadashi Untill 4:29AM Fri	Nataraja: Purple Moon - Red	4th Phase
Untill 10:27AM				Devaloka Day	
Then Routine Work - Marana Yoga					

4 Friday, May 9, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Sukra Vasara Yuktayam Rochester, NY			
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau Sun 25 Sufra 26		Gulika 6:41AM - 8:30AM		Hasta Untill 1:40PM	
Kanya Rasi: 19.33	Tithi 13	Yama 3:43PM - 5:31PM	Vajra* Untill 4:28PM	Ganesh: White Sunrise: 4:53AM	Vasvasu 5:127
		265318579 Rahu 10:18AM - 12:06PM	Kaulava Untill 5:48PM	Muruga: Red Sunset: 7:19PM	Moon 3 - Phase 4 - 25
Creative Work Amrita Yoga			Trayodashi Untill 7:04AM Sat	Nataraja: Purple Moon - Green	4th Phase
Untill 1:40PM				Subha Sivaloka Day	
Then Creative Work - Siddha Yoga					

5 Saturday, May 10, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Manva Vasara Yuktayam Rochester, NY			
Chitra/Sival Nakshatra Siddhi/Vyaptipala* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 27		Gulika 4:52AM - 6:40AM		Chitra Untill 4:47PM	
Tula Rasi: 1.21	Tithi 13 - 14	Yama 1:55PM - 3:43PM	Siddhi Untill 5:31PM	Ganesh: White Sunrise: 4:52AM	Vasvasu 5:127
		265318579 Rahu 8:29AM - 10:18AM	Gara Untill 8:22PM	Muruga: Red Sunset: 7:21PM	Moon 3 - Phase 4 - 26
Routine Work Marana Yoga			Trayodashi Untill 7:04AM	Nataraja: Purple Moon - Green	4th Phase
Untill 4:47PM				Subha Sivaloka Day	
Then Creative Work - Siddha Yoga					

○ Sunday, May 11, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Bhanu Vasara Yuktayam Rochester, NY			
Svali Nakshatra Vyaptipala* Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 28		Gulika 3:44PM - 5:33PM		Svali Untill 7:39PM	
Tula Rasi: 13.1	Tithi 14 - 15	Yama 12:06PM - 1:55PM	Vyaptipala* Untill 6:32PM	Ganesh: White Sunrise: 4:51AM	Vasvasu 5:127
		265318579 Rahu 5:33PM - 7:22PM	Visli Untill 10:50PM	Muruga: Red Sunset: 7:22PM	Moon 3 - Phase 4 - 27
Creative Work Siddha Yoga			Chaturdash* Untill 9:36AM	Nataraja: Purple Moon - Green	Purnima
Untill 7:39PM				Subha Sivaloka Day	
Then Routine Work - Marana Yoga					

Monday, May 12, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Krishna Pakshi Indu Vasara Yuktayam Rochester, NY			
Sivaloka Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sufra 29		Gulika 1:55PM - 3:44PM		Sivaloka Untill 10:40PM	
Tula Rasi: 25.02	Tithi 15 - 16	Yama 10:17AM - 12:06PM	Varyan Untill 7:22PM	Ganesh: Yellow Sunrise: 4:49AM	Vasvasu 5:127
		275318579 Rahu 6:39AM - 8:28AM	Balava Untill 1:07AM Tue	Muruga: Red Sunset: 7:23PM	Moon 3 - Phase 4 - Prathama
Family Home Evening			Purnima* Untill 11:59AM	Nataraja: Purple Moon - Orange	
Routine Work Marana Yoga				Devaloka Day	
Untill 10:40PM					
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Rochester, NY on 2/11/24

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Tuesday, May 13, 2025

Gold Retreat Star

Wischika Rasi: 6.59 Tithi 16 - 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yukatayam Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Tittau

Gulika 12.06PM - 1.56PM
Yama 8.27AM - 10.17AM
Rahu 3.45PM - 5.34PM

Anuradha Until 1:17AM Wed
Parigha* Until 8:03PM
Tailita Until 3:08AM Wed
Prathama* Until 2:08PM

Ganesh: Yellow
Muruga: Red
Nataraja: Purple
Moon - Orange

Sunrise: 4:46AM
Sunset: 7:29PM
Moon 4 - Phase 5 - 1st Phase

Rochester, NY
Sufra 30

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Chakra

Sivaloka Day

1

Wednesday, May 14, 2025

Wischika Rasi: 19.02 Tithi 17 - 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yukatayam Anuradha Nakshatra Parigha* Yoga Gara/Vanija Karana Dvityaya/Triyayam Tittau

Gulika 10.16AM - 12.06PM
Yama 6.37AM - 8.27AM
Rahu 12.06PM - 1.56PM

Jyeshtha* Until 3:27AM Thu
Shiva Until 8:31PM
Vanija Until 4:51AM Thu
Dvitiya Until 4:01PM

Ganesh: Yellow
Muruga: Red
Nataraja: Purple
Moon - Orange

Sunrise: 4:47AM
Sunset: 7:29PM
Moon 4 - Phase 5 - 1st Phase

Rochester, NY
Sufra 31

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Sivaloka Day

2

Thursday, May 15, 2025

Dhanus Rasi: 1.12 Tithi 18 - 19

Creative Work Siddha Yoga

Until 5:37AM Fri
Then Routine Work - Prabarishtha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Guru Vasara Yukatayam Anuradha Nakshatra Siddha Visi* Bava Karana Tritiya/Chaturtham Tittau

Gulika 8.26AM - 10.16AM
Yama 4.46AM - 6.36AM
Rahu 1.56PM - 3.46PM

Mula* Until 5:37AM Fri
Siddha Until 8:42PM
Bava Until 6:14AM Fri
Tritiya Until 5:34PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue

Sunrise: 4:46AM
Sunset: 7:29PM
Moon 4 - Phase 5 - 2 1st Phase

Rochester, NY
Sufra 32

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Subha Sivaloka Day

3

Friday, May 16, 2025

Dhanus Rasi: 13.31 Tithi 19

Creative Work Siddha Yoga

Until 7:14AM Sat
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Sukra Vasara Yukatayam Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Tittau

Gulika 6.35AM - 8.26AM
Yama 1.57PM - 3.47PM
Rahu 10.16AM - 12.06PM

Purvashada* Until 7:14AM Sat
Sadya Until 8:37PM
Bava Until 6:14AM
Chaturthi* Until 6:46PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue

Sunrise: 4:45AM
Sunset: 7:29PM
Moon 4 - Phase 5 - 3 1st Phase

Rochester, NY
Sufra 33

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Subha Sivaloka Day

4

Saturday, May 17, 2025

Dhanus Rasi: 26 Tithi 20

Creative Work Siddha Yoga

Until 7:14AM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mani Vasara Yukatayam Purvashada*Uttarashada Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Tittau

Gulika 4.44AM - 6.35AM
Yama 1.57PM - 3.47PM
Rahu 8.25AM - 10.16AM

Purvashada* Until 7:14AM
Subha Until 8:13PM
Kaulava Until 7:13AM
Panchami Until 7:31PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue

Sunrise: 4:44AM
Sunset: 7:29PM
Moon 4 - Phase 5 - 4 1st Phase

Rochester, NY
Sufra 34

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Subha Sivaloka Day

5

Sunday, May 18, 2025

Makara Rasi: 8.42 Tithi 21

Creative Work Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Bhanu Vasara Yukatayam Purvashada*Uttarashada Nakshatra Sukla Yoga Gara/Vanija Karana Shashtham Tittau

Gulika 3.48PM - 5.38PM
Yama 12.06PM - 1.57PM
Rahu 5.38PM - 7.29PM

Uttarashada Until 8:15AM
Sukla Until 7:24PM
Gara Until 7:45AM
Shashthi* Until 7:47PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue

Sunrise: 4:43AM
Sunset: 7:29PM
Moon 4 - Phase 5 - 5 1st Phase

Rochester, NY
Sufra 35

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Subha Sivaloka Day

6

Monday, May 19, 2025

Makara Rasi: 21.39 Tithi 22

Family Home Evening

Creative Work Amrita Yoga

Until 9:03AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Brahma Vasara Yukatayam Shrivana/Dhanishtha Nakshatra Brahma Yoga Visi* Bava Karana Saptamam Tittau

Gulika 1.57PM - 3.48PM
Yama 10.15AM - 12.06PM
Rahu 6.33AM - 8.24AM

Shrivana Until 9:03AM
Brahma Until 6:08PM
Visi Until 7:43AM
Saptami Until 7:28PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Purple

Sunrise: 4:42AM
Sunset: 7:30PM
Moon 4 - Phase 5 - 6 1st Phase

Rochester, NY
Sufra 36

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Devaloka Day

D

Tuesday, May 20, 2025

Retreat Star

Kumbha Rasi: 4.55 Tithi 23

Creative Work Siddha Yoga

Until 9:06AM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mangala Vasara Yukatayam Dhanishtha/Shashbhisak Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Ahtamam Tittau

Gulika 12.06PM - 1.57PM
Yama 8.24AM - 10.15AM
Rahu 3.49PM - 5.40PM

Dhanishtha Until 9:06AM
Indra Until 4:23PM
Balava Until 7:06AM
Ashlami* Until 6:31PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Purple

Sunrise: 4:41AM
Sunset: 7:31PM
Moon 4 - Phase 5 - 7

Rochester, NY
Sufra 37

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Devaloka Day

Wednesday, May 21, 2025

Retreat Star

Kumbha Rasi: 18.32 Tithi 24 - 25

Creative Work Siddha Yoga

Until 8:22AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yukatayam Shatabhisak Nakshatra Vaidhri* Vishkambha* Yoga Gara/Vanija Karana Navamam/Dashamam Tittau

Gulika 10.15AM - 12.06PM
Yama 6.32AM - 8.23AM
Rahu 12.06PM - 1.58PM

Shatabhisak Until 8:22AM
Vaidhri* Until 2:05PM
Vanija Until 3:55AM Thu
Navam* Until 4:56PM

Ganesh: Blue
Muruga: Red
Nataraja: Purple
Moon - Purple

Sunrise: 4:40AM
Sunset: 7:32PM
Moon 4 - Phase 5 - 8

Rochester, NY
Sufra 38

Vasavasu 5127
Vasavasu 5127
1st Phase

Vasavasu-Takkala

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Bathu Vasara Yuktayam Migshira/Metra Nakshatra Dhril/Shukr Yoga Kadava/Taila Karana Dvitiya/Tritiyam Titau		Rochester, NY Sun 15	Sufra 45 Vasvasu 5:17
	Mithuna Rasi: 1.45	Tithi 2 - 3	Gulika 10:14AM - 12:07PM Yama 6:28AM - 8:21AM Rahu 12:07PM - 2:00PM	Mrigashira Untill 2:01PM Dhrilil Untill 8:40AM Taila Untill 2:07AM Thu Dvitiya Untill 3:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sunrise: 4:35AM Sunset: 7:39PM Moon 4 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga	337418579				Devaloka Day

2	Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Guru Vasara Yuktayam Andra/Purnvasu Nakshatra Ganda* Yoga Gara/Venja Karana Tritiya/Chaturtham Titau		Rochester, NY Sun 16	Sufra 46 Vasvasu 5:17
	Mithuna Rasi: 16.18	Tithi 3 - 4	Gulika 8:21AM - 10:14AM Yama 4:35AM - 6:28AM Rahu 2:00PM - 3:53PM	Andra Untill 12:03PM Ganda* Untill 2:28AM Fri Vanija Untill 11:50PM Tritiya Untill 12:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sunrise: 4:35AM Sunset: 7:40PM Moon 4 - Phase 7 - 16 3rd Phase
Routine Work	Marana Yoga	337418579				Devaloka Day
Untill 12:03PM						
Then Creative Work - Amrita Yoga						

3	Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Viddhi Yoga Vsih/Bava Karana Chaturtham Titau		Rochester, NY Sun 17	Sufra 47 Vasvasu 5:17
	Kalka Rasi: 0.25	Tithi 4 - 5	Gulika 6:27AM - 8:21AM Yama 3:54PM - 5:47PM Rahu 10:14AM - 12:07PM	Punarvasu Untill 11:02AM Viddhi Untill 12:15AM Sat Bava Untill 10:18PM Chaturthi Untill 10:57AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:34AM Sunset: 7:40PM Moon 4 - Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga	347418579				Devaloka Day
Untill 11:02AM						
Then Routine Work - Marana Yoga						

4	Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Marita Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Rochester, NY Sun 18	Sufra 48 Vasvasu 5:17
	Kalka Rasi: 14.04	Tithi 5 - 6	Gulika 4:33AM - 6:27AM Yama 2:01PM - 3:54PM Rahu 8:20AM - 10:14AM	Pushya Untill 10:39AM Dhruva Untill 10:41PM Kaulava Untill 9:35PM Panchami Untill 9:49AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:33AM Sunset: 7:41PM Moon 4 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga	347418579				Devaloka Day
Untill 10:39AM						
Then Routine Work - Marana Yoga						

5	Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Bhanu Vasara Yuktayam Ashlesha/Magha* Nakshatra Vyaghala* Yoga Talila/Gara Karana Shashthi/Saptamam Titau		Rochester, NY Sun 19	Sufra 49 Vasvasu 5:17
	Kalka Rasi: 27.14	Tithi 6 - 7	Gulika 3:55PM - 5:48PM Yama 12:07PM - 2:01PM Rahu 5:48PM - 7:42PM	Ashlesha Untill 10:58AM Vyaghala* Untill 9:50PM Gara Untill 9:45PM Shashthi Untill 9:32AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:33AM Sunset: 7:42PM Moon 4 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga	347418579				Devaloka Day
Untill 10:58AM						
Then Routine Work - Marana Yoga						

D	Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Indu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Harshana Yoga Vanja/Vsih* Karana Sapthami/Ashtamam Titau		Rochester, NY Sun 20	Sufra 50 Vasvasu 5:17
	Simha Rasi: 9.58	Tithi 7 - 8	Gulika 2:01PM - 3:55PM Yama 10:14AM - 12:08PM Rahu 6:26AM - 8:20AM	Magha Untill 12:26PM Harshana Untill 9:39PM Vsih Untill 10:45PM Sapthami Untill 10:08AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:32AM Sunset: 7:43PM Moon 4 - Phase 7 - 20 Ashtami
Family Home Evening	Marana Yoga	358418579				Subha Sivaloka Day
Untill 12:26PM						
Then Creative Work - Siddha Yoga						

T	Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamam Titau		Rochester, NY Sun 21	Sufra 51 Vasvasu 5:17
	Simha Rasi: 22.2	Tithi 8 - 9	Gulika 12:08PM - 2:02PM Yama 8:20AM - 10:14AM Rahu 3:56PM - 5:50PM	Purvaphalguni Untill 2:30PM Vajra* Untill 9:59PM Balava Untill 12:26AM Wed Ashtami Untill 11:30AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:32AM Sunset: 7:44PM Moon 4 - Phase 7 - 21 Navami
Creative Work	Siddha Yoga	358418579				Subha Sivaloka Day
Untill 2:30PM						
Then Creative Work - Amrita Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Rochester, NY on 2/11/24

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1		Wednesday, June 4, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Бадха Васара Үктыям Utaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashamyan Titau		Rochester, NY Sun 22	Sufra 52 Viswasa 517
Kanya Rasi: 4.26	Tithi 9 - 10	Gulika 6.26AM - 8:20AM	Utaraphalguni Until 4:58PM	Ganesh: White	Sunrise: 4:31AM		
		Yama 12:08PM - 2:02PM	Siddhi Until 10:45PM	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 22	4th Phase
Creative Work	Amrita Yoga		Taila Until 2:39AM Thu	Nataraja: Purple			
Until 4:58PM			Navami* Until 1:28PM	Moon - Red		Subha Sivaloka Day	
Then Routine Work - Marana Yoga							
2		Thursday, June 5, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Гура Васара Үктыям Hasta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadashtyan Titau		Rochester, NY Sun 23	Sufra 53 Viswasa 517
Kanya Rasi: 16.22	Tithi 10 - 11	Gulika 8:20AM - 10:14AM	Hasla Until 8:04PM	Ganesh: Clear	Sunrise: 4:31AM		
		Yama 4:31AM - 6:25AM	Vyatipata* Until 11:45PM	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 23	4th Phase
Routine Work	Marana Yoga		Vanija Until 5:08AM Fri	Nataraja: Blue			
Until 8:06PM			Dashami Until 3:51PM	Moon - Green		Sivaloka Day	
Then Creative Work - Siddha Yoga							
3		Friday, June 6, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Сукра Васара Үктыям Chitra Nakshatra Varlyan Yoga Vasi* Karana Ekadashtyan Titau		Rochester, NY Sun 24	Sufra 54 Viswasa 517
Kanya Rasi: 28.11	Tithi 11	Gulika 6:25AM - 8:20AM	Chitra Until 11:12PM	Ganesh: Clear	Sunrise: 4:31AM		
		Yama 3:57PM - 5:51PM	Varlyan Until 12:48AM Sat	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 24	4th Phase
Creative Work	Siddha Yoga		Vasi Until 6:23PM	Nataraja: Blue			
Until 8:06PM			Ekadashi Until 6:23PM	Moon - Green		Sivaloka Day	
Then Routine Work - Marana Yoga							
4		Saturday, June 7, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Марта Васара Үктыям Svali Nakshatra Parigraha* Yoga Bava/Balava Karana Dvadashyan Titau		Rochester, NY Sun 25	Sufra 55 Viswasa 517
Tula Rasi: 10	Tithi 12	Gulika 4:30AM - 6:25AM	Svali Until 2:04AM Sun	Ganesh: Clear	Sunrise: 4:30AM		
		Yama 2:03PM - 3:57PM	Parigraha* Until 1:49AM Sun	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 25	4th Phase
Creative Work	Siddha Yoga		Bava Until 7:40AM	Nataraja: Blue			
Until 2:04AM Sun			Dvadashi Until 8:52PM	Moon - Green		Sivaloka Day	
Then Routine Work - Marana Yoga							
5		Sunday, June 8, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Бхану Васара Үктыям Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayodashtyan Titau		Rochester, NY Sun 26	Sufra 56 Viswasa 517
Tula Rasi: 21.51	Tithi 13	Gulika 3:58PM - 5:52PM	Vishakha Until 5:03AM Mon	Ganesh: Clear	Sunrise: 4:30AM		
		Yama 12:09PM - 2:03PM	Shiva Until 2:40AM Mon	Muruga: Red	Sunset: 7:47PM	Moon 4 - Phase 8 - 26	4th Phase
Routine Work	Marana Yoga		Kaulava Until 10:04AM	Nataraja: Blue			
Until 5:03AM Mon			Trayodashi Until 11:10PM	Moon - Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga		Vaikasi Visakam					
6		Monday, June 9, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Инду Васара Үктыям Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyan Titau		Rochester, NY Sun 27	Sufra 57 Viswasa 517
Mitschika Rasi: 3.48	Tithi 14	Gulika 2:03PM - 3:58PM	Anuradha Until 7:33AM Tue	Ganesh: Clear	Sunrise: 4:30AM		
Family Home Evening		Yama 10:14AM - 12:09PM	Siddha Until 3:14AM Tue	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 27	4th Phase
Creative Work	Siddha Yoga		Gara Until 12:13PM	Nataraja: Blue			
Until 7:33AM Tue			Chalurdashi* Until 1:09AM Tue	Moon - Orange		Sivaloka Day	
Then Routine Work - Marana Yoga							
○		Tuesday, June 10, 2025		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Сукта Пакше Пурима Вісакма Үсара Үктыям Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vasi* Bava Karana Purnimayan Titau		Rochester, NY Sun 28	Sufra 58 Viswasa 517
Mitschika Rasi: 15.52	Tithi 15	Gulika 12:09PM - 2:04PM	Anuradha Until 7:33AM	Ganesh: Clear	Sunrise: 4:30AM		
		Yama 8:19AM - 10:14AM	Sadya Until 3:33AM Wed	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 28	Purnima
Creative Work	Siddha Yoga		Vasi Until 2:01PM	Nataraja: Blue			
Until 7:33AM			Purnima* Until 2:46AM Wed	Moon - Orange		Sivaloka Day	
Then Routine Work - Marana Yoga							
Wednesday, June 11, 2025		Silver Retreat Star		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішваба Маса Кришна Пакше Бадха Васара Үктыям Jyeshtha/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayan Titau		Rochester, NY Sun 29	Sufra 59 Viswasa 517
Mitschika Rasi: 28.05	Tithi 16	Gulika 10:14AM - 12:09PM	Jyeshtha* Until 9:32AM	Ganesh: Clear	Sunrise: 4:30AM		
		Yama 6:24AM - 8:19AM	Subha Until 3:35AM Thu	Muruga: Red	Sunset: 7:49PM	Moon 4 - Phase 8 - 29	Prathama
Creative Work	Siddha Yoga		Balava Until 3:27PM	Nataraja: Blue			
Until 9:32AM			Prathama* Until 4:00AM Thu	Moon - Orange		Sivaloka Day	
Then Routine Work - Marana Yoga							

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025
Gold Retreat Star

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Вішвэбха Мэсе Крішна Паکشэ Гурэ Вэсара Үктыям		Rochester, NY
			Mula* Purvashada* Nakshatra Sukla Yoga Talita/Gara Karana Dvityayam Tilau	Sun 1	Sutra 60
Dhanu Rasi: 10.29	Tithi 17	Gulika 8:19AM - 10:14AM	Mula* Until 11:27AM	Ganesh: Purple Sunrise: 4:29AM	Vasava 5:17
		Yama 4:20AM - 6:24AM	Sukla Until 3:17AM Fri	Muruga: Red Sunset: 7:49PM	Moon 5 - Phase 9 - 2
Creative Work	Siddha Yoga	Rahu 2:04PM - 3:59PM	Tailita Until 4:30PM	Nataraja: Blue	1st Phase
			Dvitiya Until 4:51AM Fri	Moan - Light Blue	Devaloka Day
				<i>Jyesthithakali</i>	

1

Friday, June 13, 2025

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Вішвэбха Мэсе Крішна Паکشэ Сукара Вэсара Үктыям		Rochester, NY
			Purvashada* Uttarashada* Nakshatra Brahma Yoga Vanija/Vidhi* Karana Trityayam Tilau	Sun 2	Sutra 61
Dhanu Rasi: 23.02	Tithi 18	Gulika 6:24AM - 8:19AM	Purvashada* Until 12:51PM	Ganesh: Purple Sunrise: 4:29AM	Vasava 5:17
		Yama 4:00PM - 5:55PM	Brahma Until 2:42AM Sat	Muruga: Red Sunset: 7:50PM	Moon 5 - Phase 9 - 2
Routine Work	Prabalashita Yoga	Rahu 10:15AM - 12:10PM	Vanija Until 5:09PM	Nataraja: Blue	1st Phase
Until 12:51PM			Tritiya Until 5:19AM Sat	Moan - Light Blue	Devaloka Day
Then Routine Work - Marana Yoga				<i>Jyesthithakali</i>	

2

Saturday, June 14, 2025

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міһуна Мэсе Крішна Паکشэ Манта Вэсара Үктыям		Rochester, NY
			Uttarashada* Shrivana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Tilau	Sun 3	Sutra 63
Makara Rasi: 5.46	Tithi 19	Gulika 4:29AM - 6:24AM	Uttarashada Until 1:43PM	Ganesh: Purple Sunrise: 4:29AM	Vasava 5:17
		Yama 2:05PM - 4:00PM	Indra Until 1:50AM Sun	Muruga: Red Sunset: 7:50PM	Moon 5 - Phase 9 - 3
Routine Work	Marana Yoga	Rahu 8:20AM - 10:15AM	Bava Until 5:26PM	Nataraja: Blue	1st Phase
Until 1:43PM			Chaturthi* Until 5:24AM Sun	Moan - Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				<i>Jyesthithakali</i>	

3

Sunday, June 15, 2025

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міһуна Мэсе Крішна Паکشэ Бһану Вэсара Үктыям		Rochester, NY
			Shrivana* Dhanishtha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Tilau	Sun 4	Sutra 63
Makara Rasi: 18.41	Tithi 20	Gulika 4:00PM - 5:55PM	Shrivana Until 2:31PM	Ganesh: Clear Sunrise: 4:29AM	Vasava 5:17
		Yama 12:10PM - 2:05PM	Vaidhriti* Until 12:37AM Mon	Muruga: Red Sunset: 7:51PM	Moon 5 - Phase 9 - 4
Creative Work	Amrita Yoga	Rahu 5:55PM - 7:51PM	Kaulava Until 5:19PM	Nataraja: Blue	1st Phase
Until 2:31PM		Father's Day	Panchami Until 5:05AM Mon	Moan - Purple	Sivaloka Day
Then Routine Work - Marana Yoga				<i>Jyesthithakali</i>	

4

Monday, June 16, 2025

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міһуна Мэсе Крішна Паکشэ Інду Вэсара Үктыям		Rochester, NY
			Dhanishtha* Shalabhishak Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthiyam Tilau	Sun 5	Sutra 64
Kumbha Rasi: 1.49	Tithi 21	Gulika 2:05PM - 4:01PM	Dhanishtha Until 2:45PM	Ganesh: Yellow Sunrise: 4:29AM	Vasava 5:17
Family Home Evening		Yama 10:15AM - 12:10PM	Vishkambha* Until 11:05PM	Muruga: Red Sunset: 7:51PM	Moon 5 - Phase 9 - 5
Creative Work	Siddha Yoga	Rahu 6:25AM - 8:20AM	Gara Until 4:47PM	Nataraja: Blue	1st Phase
			Shashthi* Until 4:20AM Tue	Moan - Purple	Sivaloka Day
				<i>Jyesthithakali</i>	

5

Tuesday, June 17, 2025

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міһуна Мэсе Крішна Паکشэ Маргалэ Вэсара Үктыям		Rochester, NY
			Shalabhishak* Purvashothapada* Nakshatra Pithi Yoga Vidhi/Bava Karana Sapthamyam Tilau	Sun 6	Sutra 65
Kumbha Rasi: 15.1	Tithi 22	Gulika 12:10PM - 2:06PM	Shalabhishak Until 2:25PM	Ganesh: Yellow Sunrise: 4:29AM	Vasava 5:17
		Yama 8:20AM - 10:15AM	Pithi Until 9:12PM	Muruga: Red Sunset: 7:51PM	Moon 5 - Phase 9 - 6
Routine Work	Marana Yoga	Rahu 4:01PM - 5:56PM	Vidhi Until 3:49PM	Nataraja: Blue	1st Phase
			Saptami Until 3:08AM Wed	Moan - Purple	Sivaloka Day
				<i>Jyesthithakali</i>	

D

Wednesday, June 18, 2025

Retreat Star

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міһуна Мэсе Крішна Паکشэ Бадһа Ішвара Үктыям		Rochester, NY
			Purvashothapada* Revathi Nakshatra Ayushman Yoga Balava/Kaulava Karana Ayanamyam Tilau	Sun 7	Sutra 66
Kumbha Rasi: 28.47	Tithi 23	Gulika 10:15AM - 12:11PM	Purvashothapada* Until 1:54PM	Ganesh: Clear Sunrise: 4:29AM	Vasava 5:17
		Yama 6:25AM - 8:20AM	Ayushman Until 6:54PM	Muruga: Red Sunset: 7:52PM	Moon 5 - Phase 9 - 7
Creative Work	Amrita Yoga	Rahu 12:11PM - 2:06PM	Balava Until 2:23PM	Nataraja: Blue	Ashtami
Until 1:54PM			Ashtami* Until 1:28AM Thu	Moan - Clear	Sivaloka Day
Then Creative Work - Siddha Yoga				<i>Jyesthithakali</i>	

Thursday, June 19, 2025

Retreat Star

			Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міһуна Мэсе Крішна Паکشэ Гурэ Вэсара Үктыям		Rochester, NY
			Uttarproshthapada* Revathi Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Navamyam Tilau	Sun 8	Sutra 67
Meena Rasi: 12.4	Tithi 24	Gulika 8:20AM - 10:15AM	Uttarproshthapada Until 12:47PM	Ganesh: Clear Sunrise: 4:30AM	Vasava 5:17
		Yama 4:30AM - 6:25AM	Saubhagya Until 4:15PM	Muruga: Red Sunset: 7:52PM	Moon 5 - Phase 9 - 8
Creative Work	Siddha Yoga	Rahu 2:06PM - 4:01PM	Tailita Until 12:29PM	Nataraja: Blue	Navami
			Navami* Until 11:21PM	Moan - Clear	Sivaloka Day
				<i>Jyesthithakali</i>	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Viswasa Nama Samvatsare Uтарыне Наріана Рітау Мілуна Масе Кішна Пакше: Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau					Rochester, NY Sun 9 Sufra 68
Mesha Rasi: 26.52	Tithi 25	Gulika 6:25AM - 8:20AM	Revati Until 11:05AM	Ganesh: White	Sunrise: 4:30AM	Vasavasu 5127	
		Yama 4:02PM - 5:57PM	Sobhana Until 1:15PM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 10 - 9	
		311518571 Rahu 10:16AM - 12:11PM	Vanija Until 10:09AM	Nataraja: Blue		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:49PM	Moon - Clear		Subha Sivaloka Day	
Until 11:05AM							
Then Creative Work - Amrita Yoga							

2 Saturday, June 21, 2025		Viswasa Nama Samvatsare Uтарыне Наріана Рітау Мілуна Масе Кішна Пакше: Maru Vasara Yuktayam Ashvini/Bharani Nakshatra Abhiganda* Sukarna Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau					Rochester, NY Sun 10 Sufra 69
Mesha Rasi: 11.19	Tithi 26 - 27	Gulika 4:30AM - 6:25AM	Ashvini Until 9:18AM	Ganesh: Yellow	Sunrise: 4:30AM	Vasavasu 5127	
		Yama 2:07PM - 4:02PM	Abhiganda* Until 9:56AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 10 - 12	
		321518571 Rahu 8:21AM - 10:16AM	Bava Until 7:26AM	Nataraja: Blue		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 5:57PM	Moon - White		Sivaloka Day	

3 Sunday, June 22, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakshe: Bharu Vasara Yuktayam Bharani/Ketika Nakshatra Sakama(Dhri) Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau					Rochester, NY Sun 11 Sufra 70
Mesha Rasi: 25.59	Tithi 27 - 28	Gulika 4:02PM - 5:57PM	Bharani Until 7:06AM	Ganesh: Yellow	Sunrise: 4:30AM	Vasavasu 5127	
		Yama 12:11PM - 2:07PM	Sukarna Until 6:24AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 10 - 11	
		321518571 Rahu 5:57PM - 7:53PM	Gara Until 1:16AM Mon	Nataraja: Blue		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 2:51PM	Moon - White		Sivaloka Day	
Until 7:06AM							
Then Creative Work - Siddha Yoga							

4 Monday, June 23, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakshe: Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau					Rochester, NY Sun 12 Sufra 71
Wishabha Rasi: 10.46	Tithi 28 - 29	Gulika 2:07PM - 4:02PM	Rohini Until 7:22AM Tue	Ganesh: Red	Sunrise: 4:30AM	Vasavasu 5127	
Family Home Evening		Yama 10:16AM - 12:12PM	Shula* Until 11:03PM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 10 - 12	
Creative Work	Amrita Yoga	311518571 Rahu 6:26AM - 8:21AM	Visli Until 10:04PM	Nataraja: Blue		2nd Phase	
Until 2:22AM Tue			Trayodashi* Until 11:39AM	Moon - Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga							

● Tuesday, June 24, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakshe: Mangala Vasara Yuktayam Megishira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau					Rochester, NY Sun 13 Sufra 72
Retreat Star		Gulika 12:12PM - 2:07PM	Mrigashira Until 12:10AM Wed	Ganesh: Red	Sunrise: 4:31AM	Vasavasu 5127	
Wishabha Rasi: 25.33	Tithi 29 - 30	Yama 8:21AM - 10:17AM	Ganda* Until 7:28PM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 10 - 13	
		311518571 Rahu 4:02PM - 5:58PM	Caturpada Until 7:00PM	Nataraja: Blue		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:29AM	Moon - Yellow		Sivaloka Day	

Wednesday, June 25, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Sukla Pakshe: Budha Vasara Yuktayam Ardra Nakshatra Widdhi/Dhruva Yoga Kinlughna*Bava Karana Prathamam Titau					Rochester, NY Sun 14 Sufra 73
Retreat Star		Gulika 10:17AM - 12:12PM	Ardra Until 10:08PM	Ganesh: Red	Sunrise: 4:31AM	Vasavasu 5127	
Mithuna Rasi: 10.12	Tithi 1	Yama 6:26AM - 8:22AM	Widdhi Until 4:08PM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 10 - 14	
		311518571 Rahu 12:12PM - 2:07PM	Kinlughna Until 4:12PM	Nataraja: Blue		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:56AM Thu	Moon - Yellow		Sivaloka Day	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1 Thursday, June 26, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dhilliyayam Titau				Rochester, NY
Mithuna Rasi: 24.35	Tilthi 2	Gulika 8:22AM - 10:17AM	Punarvasu Untill 8:52PM	Ganesh: White	Sunrise: 4:31AM	Sun 15 Sutra 74 Vasavasu 5:17
		Yama 4:31AM - 6:27AM	Dhruva Untill 1:09PM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 12
Creative Work	Amrita Yoga	342518571 Rahu 2:07PM - 4:03PM	Balava Untill 1:50PM	Nataraja: Blue		3rd Phase
			Dvitiya Untill 12:51AM Fri	Moon - Blue		Devaloka Day
				Aashakaradi		

2 Friday, June 27, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana/Yoga Talilla/Gara Karana Trilayayam Titau				Rochester, NY
Kalkata Rasi: 8.37	Tilthi 3	Gulika 6:27AM - 8:22AM	Pushya Untill 8:06PM	Ganesh: White	Sunrise: 4:22AM	Sun 16 Sutra 75 Vasavasu 5:17
		Yama 4:03PM - 5:58PM	Vyaghata* Untill 10:39AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 12
Routine Work	Marana Yoga	342518571 Rahu 10:17AM - 12:12PM	Talilla Untill 12:04PM	Nataraja: Blue		3rd Phase
			Tritiya Untill 11:25PM	Moon - Blue		Devaloka Day
				Aashakaradi		

3 Saturday, June 28, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Najja* Yoga Vanja/Vsli* Karana Chaturthayam Titau				Rochester, NY
Kalkata Rasi: 22.13	Tilthi 4	Gulika 4:32AM - 6:27AM	Ashlesha* Untill 7:55PM	Ganesh: White	Sunrise: 4:22AM	Sun 17 Sutra 76 Vasavasu 5:17
		Yama 2:08PM - 4:03PM	Harshana Untill 8:45AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 17
Routine Work	Marana Yoga	342518571 Rahu 8:22AM - 10:18AM	Vanija Untill 11:01AM	Nataraja: Blue		3rd Phase
Untill 7:55PM			Chaturthi* Untill 10:46PM	Moon - Blue		Devaloka Day
Then Creative Work - Amrita Yoga				Aashakaradi		

4 Sunday, June 29, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi/Yoga Bava/Balava Karana Panchamayam Titau				Rochester, NY
Simha Rasi: 5.23	Tilthi 5	Gulika 4:03PM - 5:58PM	Magha* Untill 8:52PM	Ganesh: Clear	Sunrise: 4:22AM	Sun 18 Sutra 77 Vasavasu 5:17
		Yama 12:13PM - 2:08PM	Vajra* Untill 7:28AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 18
Routine Work	Marana Yoga	352518571 Rahu 5:58PM - 7:53PM	Bava Untill 10:46AM	Nataraja: Blue		3rd Phase
Untill 8:52PM			Panchami Untill 10:57PM	Moon - Red		Sivaloka Day
Then Creative Work - Siddha Yoga				Aashakaradi		

5 Monday, June 30, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Talilla Karana Shashthayam Titau				Rochester, NY
Simha Rasi: 18.08	Tilthi 6	Gulika 2:08PM - 4:03PM	Purvaphalguni Untill 10:26PM	Ganesh: White	Sunrise: 4:22AM	Sun 19 Sutra 78 Vasavasu 5:17
Family Home Evening		Yama 10:18AM - 12:13PM	Siddhi Untill 6:51AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 19
Creative Work	Siddha Yoga	352518571 Rahu 6:28AM - 8:23AM	Kaulava Untill 11:21AM	Nataraja: Blue		3rd Phase
			Shashthi* Untill 11:55PM	Moon - Red		Sivaloka Day
				Aashakaradi		

6 Tuesday, July 1, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*/Varjyan/Yoga Gara/Vanija Karana Sapthamayam Titau				Rochester, NY
Kanya Rasi: 0.32	Tilthi 7	Gulika 12:13PM - 2:08PM	Uttaraphalguni Untill 12:31AM Wed	Ganesh: Clear	Sunrise: 4:34AM	Sun 20 Sutra 79 Vasavasu 5:17
		Yama 8:23AM - 10:18AM	Vyaptipata* Untill 6:52AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 20
Creative Work	Amrita Yoga	352518571 Rahu 4:03PM - 5:58PM	Gara Untill 12:41PM	Nataraja: Blue		3rd Phase
Untill 12:31AM Wed			Saptami Untill 1:34AM Wed	Moon - Red		Sivaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Aashakaradi		

Wednesday, July 2, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Rudra Vasara Yuktayam Hasta Nakshatra Varjyan/Parigha* Yoga Vsli*/Bava Karana Ashtamayam Titau				Rochester, NY
Retreat Star		Gulika 10:19AM - 12:13PM	Hasta Untill 3:25AM Thu	Ganesh: Purple	Sunrise: 4:34AM	Sun 21 Sutra 80 Vasavasu 5:17
Kanya Rasi: 12.39	Tilthi 8	Yama 6:29AM - 8:24AM	Varjyan Untill 7:20AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 21
Routine Work	Marana Yoga	362518571 Rahu 12:13PM - 2:08PM	Vsli Untill 2:37PM	Nataraja: Blue		Ashtami
Untill 3:25AM Thu			Ashtami* Untill 3:43AM Thu	Moon - Green		Devaloka Day
Then Creative Work - Siddha Yoga				Aashakaradi		

Thursday, July 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Balava/Kaulava Karana Navamayam Titau				Rochester, NY
Retreat Star		Gulika 8:24AM - 10:19AM	Chitra Untill 6:24AM Fri	Ganesh: Purple	Sunrise: 4:35AM	Sun 22 Sutra 81 Vasavasu 5:17
Kanya Rasi: 24.36	Tilthi 9	Yama 4:35AM - 6:29AM	Parigha* Untill 8:09AM	Muruga: Red	Sunset: 7:53PM	Moon 5 - Phase 11 - 22
Creative Work	Siddha Yoga	362518571 Rahu 2:08PM - 4:03PM	Balava Untill 4:56PM	Nataraja: Blue		Navami
			Navami* Untill 6:07AM Fri	Moon - Green		Devaloka Day
				Aashakaradi		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Friday, July 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam Rochester, NY Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashamyam Tilau Sun 23 Sutra 82			
Gulika	6:30AM - 8:25AM	Chitra Untill 6:24AM	Ganesha: Purple	Sunrise: 4:35AM	Vasavasu 5:27
Yama	4:03PM - 5:58PM	Shiva Untill 9:09AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - 4th Phase
Rahu	10:19AM - 12:14PM	Taila Untill 7:22PM	Nataraja: Blue		
Creative Work Siddha Yoga	362518571	Navami* Untill 6:07AM	Moon - Green		Devaloka Day
Aushkati Auzi					

2 Saturday, July 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Manita Vasara Yuktayam Rochester, NY Svali/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau Sun 24 Sutra 83			
Gulika	4:36AM - 6:30AM	Svali Untill 9:14AM	Ganesha: Purple	Sunrise: 4:36AM	Vasavasu 5:27
Yama	2:08PM - 4:03PM	Siddha Untill 10:07AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - 4th Phase
Rahu	8:25AM - 10:19AM	Vanija Untill 9:44PM	Nataraja: Blue		
Creative Work Siddha Yoga	362518571	Dashami Untill 8:33AM	Moon - Green		Devaloka Day
Aushkati Auzi					

3 Sunday, July 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam Rochester, NY Vishakha/Anuradha Nakshatra Sadhya/Sukha Yoga Visti/Bava Karana Ekadashi/Dwadashyam Tilau Sun 25 Sutra 84			
Gulika	4:03PM - 5:57PM	Vishakha Untill 12:13PM	Ganesha: Purple	Sunrise: 4:37AM	Vasavasu 5:27
Yama	12:14PM - 2:08PM	Sadhya Untill 10:57AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - 4th Phase
Rahu	5:57PM - 7:52PM	Bava Untill 11:49PM	Nataraja: Blue		
Routine Work Marana Yoga	472518571	Ekadashi Untill 10:47AM	Moon - Orange		Devaloka Day
Aushkati Auzi					

4 Monday, July 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam Rochester, NY Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodshyam Tilau Sun 26 Sutra 85			
Gulika	2:08PM - 4:03PM	Anuradha Untill 2:42PM	Ganesha: Purple	Sunrise: 4:37AM	Vasavasu 5:27
Yama	10:20AM - 12:14PM	Subha Untill 11:33AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - 4th Phase
Rahu	6:32AM - 8:26AM	Kaulava Untill 1:31AM Tue	Nataraja: Blue		
Family Home Evening Creative Work Siddha Yoga	472518571	Dvadashi Untill 12:42PM	Moon - Orange		Devaloka Day
Aushkati Auzi					

5 Tuesday, July 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam Rochester, NY Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Taila/Gara Karana Trayodashi/Chaturdshyam Tilau Sun 27 Sutra 86			
Gulika	12:14PM - 2:08PM	Jyeshtha* Untill 4:36PM	Ganesha: Purple	Sunrise: 4:38AM	Vasavasu 5:27
Yama	8:26AM - 10:20AM	Sukla Untill 11:47AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - 4th Phase
Rahu	4:03PM - 5:57PM	Gara Untill 2:45AM Wed	Nataraja: Blue		
Routine Work Marana Yoga Untill 4:36PM Then Creative Work - Amrita Yoga	472518571	Trayodashi Untill 2:10PM	Moon - Orange		Devaloka Day
Aushkati Auzi					

Wednesday, July 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam Rochester, NY Copper Retreat Star Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau Sun 28 Sutra 87			
Gulika	10:21AM - 12:15PM	Mula* Untill 6:21PM	Ganesha: Clear	Sunrise: 4:39AM	Vasavasu 5:27
Yama	6:33AM - 8:27AM	Brahma Untill 11:39AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - Purnima
Rahu	12:15PM - 2:08PM	Visti Untill 3:29AM Thu	Nataraja: Blue		
Routine Work Marana Yoga Untill 6:21PM Then Creative Work - Amrita Yoga	482518571	Chaturdashi* Untill 3:09PM	Moon - Light Blue		Sivaloka Day
Aushkati Auzi					

Thursday, July 10, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Rochester, NY Silver Retreat Star Purvashada* Nakshatra Indra/Vaidriti* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 28 Sutra 88			
Gulika	8:27AM - 10:21AM	Purvashada* Untill 7:28PM	Ganesha: White	Sunrise: 4:39AM	Vasavasu 5:27
Yama	4:39AM - 6:33AM	Indra Untill 11:09AM	Muruga: Red	Sunset: 7:59PM	Moon 5 - Phase 12 - Prathama
Rahu	2:08PM - 4:02PM	Balava Untill 3:45AM Fri	Nataraja: Blue		
Creative Work Siddha Yoga Untill 7:28PM Then Routine Work - Marana Yoga	483518571	Purnima* Untill 3:40PM	Moon - Light Blue		Subha Sivaloka Day
Aushkati Auzi					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Rochester, NY on 2/11/24

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Sukra Varsara Yukayam
Uttarashadha Nakshatra Vaishitri/Vishkamba* Yoga Kaulava/Taila Karana Prathamam/Dvityayam Titau

Rochester, NY

Sutra 99

Makara Rasi: 2.19 Tithi 16 - 17

Gulika

6:34AM - 8:27AM

Uttarashadha Until 7:59PM

Ganesh: White

Sunrise: 4:40AM

Vishvasu 5:127

Yama 4:02PM - 5:56PM

Rahu

10:21AM - 12:15PM

Vaishitri* Until 10:15AM

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 1st Phase

Then Routine Work - Marana Yoga

483518571

Tailita Until 3:01AM Sat

Nataraja: Blue

Moon - Light Blue

Subha Sivalka Day

Ashlesha/Auli

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Varsara Yukayam
Shravana Nakshatra Vishkamba* Priti/Yoga Gara/Vanija Karana Dwitraya/Trityayam Titau

Rochester, NY

Sutra 90

Makara Rasi: 15.23 Tithi 17 - 18

Gulika

4:41AM - 6:34AM

Shravana Until 8:24PM

Ganesh: Yellow

Sunrise: 4:41AM

Vishvasu 5:127

Yama 2:08PM - 4:02PM

Rahu

8:28AM - 10:21AM

Vishkamba* Until 9:02AM

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 1st Phase

Then Routine Work - Siddha Yoga

493518571

Vanija Until 3:01AM Sun

Nataraja: Blue

Moon - Purple

Sivaloka Day

Dvitiya Until 3:19PM

Ashlesha/Auli

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bharu Varsara Yukayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Tritiya/Chaturtham Titau

Rochester, NY

Sutra 91

Makara Rasi: 28.39 Tithi 18 - 19

Gulika

4:02PM - 5:55PM

Dhanishtha Until 8:19PM

Ganesh: Yellow

Sunrise: 4:42AM

Vishvasu 5:127

Yama 12:15PM - 2:08PM

Rahu

5:55PM - 7:48PM

Priti Until 7:32AM

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 2 1st Phase

Then Routine Work - Marana Yoga

493518571

Bava Until 2:06AM Mon

Nataraja: Blue

Moon - Purple

Sivaloka Day

Tritiya Until 2:35PM

Ashlesha/Auli

3

Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Varsara Yukayam
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Rochester, NY

Sutra 92

Kumbha Rasi: 12.06 Tithi 19 - 20

Gulika

2:08PM - 4:01PM

Shalabhishak Until 7:47PM

Ganesh: Yellow

Sunrise: 4:43AM

Vishvasu 5:127

Yama 10:22AM - 12:15PM

Rahu

6:36AM - 8:29AM

Saubhagya Until 3:41AM Tue

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 3 1st Phase

Then Routine Work - Marana Yoga

493518571

Kaulava Until 12:53AM Tue

Nataraja: Blue

Moon - Purple

Sivaloka Day

Chaturthi* Until 1:31PM

Ashlesha/Auli

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Varsara Yukayam
Puravproshthapada* Nakshatra Sobhana Yoga Taila/Gara Karana Panchami/Shashtham Titau

Rochester, NY

Sutra 93

Kumbha Rasi: 25.44 Tithi 20 - 21

Gulika

12:15PM - 2:08PM

Puravproshthapada* Until 7:15PM

Ganesh: Purple

Sunrise: 4:43AM

Vishvasu 5:127

Yama 8:29AM - 10:22AM

Rahu

4:01PM - 5:54PM

Sobhana Until 1:26AM Wed

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 4 1st Phase

Then Routine Work - Marana Yoga

413618571

Gara Until 11:23PM

Nataraja: Blue

Moon - Clear

Devaloka Day

Panchami Until 12:09PM

Ashlesha/Auli

5

Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Varsara Yukayam
Uttarproshthapada* Nakshatra Ahiganda* Yoga Vanija/Vol* Karana Shashthi/Saptamam Titau

Rochester, NY

Sutra 94

Meena Rasi: 9.31 Tithi 21 - 22

Gulika

10:23AM - 12:15PM

Uttarproshthapada Until 6:19PM

Ganesh: Purple

Sunrise: 4:44AM

Vishvasu 5:127

Yama 6:37AM - 8:30AM

Rahu

12:15PM - 2:08PM

Ahiganda* Until 10:56PM

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 5 1st Phase

Then Routine Work - Marana Yoga

413618571

Visi Until 9:38PM

Nataraja: Blue

Moon - Clear

Devaloka Day

Shashthi* Until 10:32AM

Ashlesha/Auli

6

Thursday, July 17, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Varsara Yukayam
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamam Titau

Rochester, NY

Sutra 95

Meena Rasi: 23.28 Tithi 22 - 23

Gulika

8:30AM - 10:23AM

Revati Until 4:59PM

Ganesh: Purple

Sunrise: 4:45AM

Vishvasu 5:127

Yama 4:45AM - 6:38AM

Rahu

2:08PM - 4:01PM

Sukarma Until 8:14PM

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 6 1st Phase

Then Routine Work - Siddha Yoga

413618572

Balava Until 7:38PM

Nataraja: Yellow

Moon - Clear

Bhuloka Day

Saptami Until 8:39AM

Ashlesha/Auli

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Varsara Yukayam
Ashvini/Bharani Nakshatra Dhiruli/Shula* Yoga Kaulava/Gara Karana Ashtami/Navamam Titau

Rochester, NY

Sutra 96

Mesha Rasi: 7.34 Tithi 23 - 24

Gulika

6:38AM - 8:31AM

Ashvini Until 3:43PM

Ganesh: Clear

Sunrise: 4:46AM

Vishvasu 5:127

Yama 4:00PM - 5:53PM

Rahu

10:23AM - 12:15PM

Dhiruli Until 5:26PM

Muruga: Red

Sunset: 7:49PM

Moon 6 - Phase 13 - 7 1st Phase

Then Routine Work - Siddha Yoga

423618572

Gara Until 4:13AM Sat

Nataraja: Yellow

Moon - White

Devaloka Day

Ashtami* Until 6:32AM

Ashlesha/Auli

1 Saturday, July 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam Bharani/Kritika Nakshatra Shula/Ganda* Yoga Vanija/Visri* Karana Dashamyam Tilau				Rochester, NY Sun 8 Sutra 97
Mesha Rasi: 21.49	Tithi 25	Gulika 4:47AM - 6:39AM	Bharani Until 2:07PM	Ganesha: Clear	Sunrise: 4:47AM	Vishvasu 5127
		Yama 2:08PM - 4:00PM	Shula* Until 2:24PM	Muruga: Red	Sunset: 7:46PM	Moon 6 - Phase 14 - 8
Creative Work	Siddha Yoga	423618572 Rahu 8:31AM - 10:23AM	Vanija Until 3:01PM	Nataraja: Yellow		2nd Phase
Until 2:07PM			Dashami Until 1:45AM Sun	Moon - White:		Devaloka Day
Then Creative Work - Amrita Yoga				Ashlesha/Aadi		

2 Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam Kritika/Rohini Nakshatra Ganda/Vidhih* Yoga Bava/Balava Karana Ekadashyam Tilau				Rochester, NY Sun 9 Sutra 98
Wishabha Rasi: 6.09	Tithi 26	Gulika 3:59PM - 5:51PM	Kritika Until 12:15PM	Ganesha: Clear	Sunrise: 4:48AM	Vishvasu 5127
		Yama 12:16PM - 2:08PM	Ganda* Until 11:18AM	Muruga: Red	Sunset: 7:43PM	Moon 6 - Phase 14 - 9
Creative Work	Siddha Yoga	423618572 Rahu 5:51PM - 7:43PM	Bava Until 12:29PM	Nataraja: Yellow		2nd Phase
Until 2:07PM			Ekadashi* Until 11:11PM	Moon - White:		Devaloka Day
Then Creative Work - Amrita Yoga				Ashlesha/Aadi		

3 Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashyam Tilau				Rochester, NY Sun 10 Sutra 99
Wishabha Rasi: 20.33	Tithi 27	Gulika 2:07PM - 3:59PM	Rohini Until 10:38AM	Ganesha: White	Sunrise: 4:49AM	Vishvasu 5127
Family Home Evening		Yama 10:24AM - 12:16PM	Widdhi Until 8:09AM	Muruga: Red	Sunset: 7:42PM	Moon 6 - Phase 14 - 10
Creative Work	Amrita Yoga	433618572 Rahu 6:40AM - 8:32AM	Kaulava Until 9:55AM	Nataraja: Yellow		2nd Phase
Until 8:55AM			Dvadashi* Until 8:38PM	Moon - Yellow:		Bhuloka Day
Then Creative Work - Marana Yoga				Ashlesha/Aadi		Devaloka Time: 3PM to 6PM

4 Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau				Rochester, NY Sun 11 Sutra 100
Mithuna Rasi: 4.55	Tithi 28	Gulika 12:16PM - 2:07PM	Mrigashira Until 8:55AM	Ganesha: White	Sunrise: 4:50AM	Vishvasu 5127
		Yama 8:33AM - 10:24AM	Vyaghata* Until 2:03AM Wed	Muruga: Red	Sunset: 7:42PM	Moon 6 - Phase 14 - 11
Creative Work	Siddha Yoga	433618572 Rahu 3:59PM - 5:50PM	Gara Until 7:24AM	Nataraja: Yellow		2nd Phase
Until 8:55AM			Trayodashi* Until 6:11PM	Moon - Yellow:		Bhuloka Day
Then Routine Work - Marana Yoga				Ashlesha/Aadi		Devaloka Time: 3PM to 6PM
				Pradosha Vata (Fasting)		

5 Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau				Rochester, NY Sun 12 Sutra 101
Mithuna Rasi: 19.1	Tithi 29 - 30	Gulika 10:24AM - 12:16PM	Ardra Until 7:15AM	Ganesha: White	Sunrise: 4:51AM	Vishvasu 5127
		Yama 6:42AM - 8:33AM	Harshana Until 11:20PM	Muruga: Red	Sunset: 7:41PM	Moon 6 - Phase 14 - 12
Creative Work	Siddha Yoga	433618572 Rahu 12:16PM - 2:07PM	Catuspada Until 3:02AM Thu	Nataraja: Yellow		2nd Phase
Until 8:55AM			Chaturdashi* Until 3:59PM	Moon - Yellow:		Bhuloka Day
Then Routine Work - Marana Yoga				Ashlesha/Aadi		Devaloka Time: 3PM to 6PM

Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau				Rochester, NY Sun 13 Sutra 102
Retreat Star		Gulika 8:34AM - 10:25AM	Punarvasu Until 6:12AM	Ganesha: Orange	Sunrise: 4:52AM	Vishvasu 5127
Kataka Rasi: 3.12	Tithi 30 - 1	Yama 4:52AM - 6:43AM	Vajra* Until 8:55PM	Muruga: Red	Sunset: 7:40PM	Moon 6 - Phase 14 - 13
Creative Work	Amrita Yoga	444618572 Rahu 2:07PM - 3:58PM	Kintughna Until 1:27AM Fri	Nataraja: Yellow		Amavasya
Until 8:55AM			Amavasya* Until 2:10PM	Moon - Blue:		Devaloka Day
Then Creative Work - Amrita Yoga				Ashlesha/Aadi		

Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau				Rochester, NY Sun 14 Sutra 103
Retreat Star		Gulika 6:43AM - 8:34AM	Ashlesha* Until 5:10AM Sat	Ganesha: Orange	Sunrise: 4:53AM	Vishvasu 5127
Kataka Rasi: 16.58	Tithi 1 - 2	Yama 3:57PM - 5:48PM	Siddhi Until 6:58PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 14 - 14
Creative Work	Marana Yoga	444618572 Rahu 10:25AM - 12:16PM	Balava Until 12:27AM Sat	Nataraja: Yellow		Prathama
Until 5:10AM Sat			Prathama* Until 12:51PM	Moon - Blue:		Devaloka Day
Then Creative Work - Amrita Yoga				Shukra/Aadi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Rochester, NY on 2/11/24

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1 Saturday, July 26, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Magha Nakshatra Vysalpa/Uariyan Yoga Kadava/Tailita Karana Dvitiya/Tritiyam Titau				Rochester, NY Sun 15	Sutra 104 Vasarasu 5:17
Simha Rasi: 0.22	Tithi 2 - 3	Gulika 4:54AM - 6:44AM	Magha* Until 5:51AM Sun	Ganesha: Clear	Sunrise: 4:54AM		Vasarasu 5:17
		Yama 2:06PM - 3:57PM	Vyalipala* Until 5:34PM	Muruga: Red	Sunset: 7:38PM	Moon 6 - Phase 15 - 12	3rd Phase
Creative Work - Amrita Yoga	454618572	Rahu 8:35AM - 10:25AM	Tailita Until 12:06AM Sun	Nataraja: Yellow			
Until 5:51AM Sun			Dvitiya Until 12:10PM	Moon - Red			
Then Creative Work - Siddha Yoga							Devaloka Day

2 Sunday, July 27, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bharu Vasara Yuktayam Purvaphalguni Nakshatra Varyan/Patiga/Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Rochester, NY Sun 16	Sutra 105 Vasarasu 5:17
Simha Rasi: 13.24	Tithi 3 - 4	Gulika 3:56PM - 5:47PM	Purvaphalguni Until 7:05AM Mon	Ganesha: Clear	Sunrise: 4:55AM		Vasarasu 5:17
		Yama 12:16PM - 2:06PM	Variyan Until 4:42PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 15 - 12	3rd Phase
Creative Work - Siddha Yoga	454618572	Rahu 5:47PM - 7:37PM	Vanija Until 12:30AM Mon	Nataraja: Yellow			
			Tritiya Until 12:11PM	Moon - Red			
							Devaloka Day

3 Monday, July 28, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Parigraha/Shiba Yoga Vasi/Bava Karana Chaturthi/Panchamam Titau				Rochester, NY Sun 17	Sutra 106 Vasarasu 5:17
Simha Rasi: 26.05	Tithi 4 - 5	Gulika 2:06PM - 3:56PM	Purvaphalguni Until 7:05AM	Ganesha: Clear	Sunrise: 4:56AM		Vasarasu 5:17
Family Home Evening		Yama 10:26AM - 12:16PM	Parigraha* Until 4:24PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 15 - 12	3rd Phase
Creative Work - Siddha Yoga	454618572	Rahu 6:46AM - 8:36AM	Bava Until 1:35AM Tue	Nataraja: Yellow			
			Chaturthi* Until 12:56PM	Moon - Red			
							Devaloka Day

4 Tuesday, July 29, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Babala/Kadava Karana Panchami/Shashtham Titau				Rochester, NY Sun 18	Sutra 107 Vasarasu 5:17
Kanya Rasi: 8.28	Tithi 5 - 6	Gulika 12:16PM - 2:05PM	Uttaraphalguni Until 8:50AM	Ganesha: Clear	Sunrise: 4:57AM		Vasarasu 5:17
		Yama 8:36AM - 10:26AM	Shiva Until 4:38PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 15 - 18	3rd Phase
Creative Work - Amrita Yoga	454618572	Rahu 3:55PM - 5:45PM	Kadava Until 3:17AM Wed	Nataraja: Yellow			
Until 8:50AM			Panchami Until 2:21PM	Moon - Red			
Then Creative Work - Siddha Yoga							Devaloka Day

5 Wednesday, July 30, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau				Rochester, NY Sun 19	Sutra 108 Vasarasu 5:17
Kanya Rasi: 20.35	Tithi 6 - 7	Gulika 10:26AM - 12:16PM	Hasta Until 11:27AM	Ganesha: Purple	Sunrise: 4:58AM		Vasarasu 5:17
		Yama 6:47AM - 8:37AM	Siddha Until 5:14PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 15 - 19	3rd Phase
Routine Work - Marana Yoga	464618572	Rahu 12:16PM - 2:05PM	Gara Until 5:26AM Thu	Nataraja: Yellow			
Until 11:27AM			Shashthi* Until 4:18PM	Moon - Green			
Then Creative Work - Siddha Yoga							Sivaloka Day

6 Thursday, July 31, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Saptamam Titau				Rochester, NY Sun 20	Sutra 109 Vasarasu 5:17
Tula Rasi: 2.33	Tithi 7	Gulika 8:37AM - 10:26AM	Chitra Until 2:16PM	Ganesha: Purple	Sunrise: 4:59AM		Vasarasu 5:17
		Yama 4:59AM - 6:48AM	Sadhya Until 6:06PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 15 - 20	3rd Phase
Creative Work - Siddha Yoga	464618572	Rahu 2:05PM - 3:54PM	Vanija Until 6:34PM	Nataraja: Yellow			
Until 2:16PM			Saptami Until 6:34PM	Moon - Green			
Then Creative Work - Amrita Yoga							Sivaloka Day

Friday, August 1, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukla Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Vasi/Bava Karana Ashtamam Titau				Rochester, NY Sun 21	Sutra 110 Vasarasu 5:17
Tula Rasi: 14.26	Tithi 8	Gulika 6:49AM - 8:38AM	Svati Until 5:03PM	Ganesha: Purple	Sunrise: 5:00AM		Vasarasu 5:17
		Yama 3:53PM - 5:42PM	Subha Until 7:03PM	Muruga: Red	Sunset: 7:39PM	Moon 6 - Phase 15 - 21	Ashtami
Creative Work - Siddha Yoga	464618572	Rahu 10:27AM - 12:16PM	Vasi Until 7:47AM	Nataraja: Yellow			
			Ashtami* Until 8:57PM	Moon - Green			
							Sivaloka Day

Saturday, August 2, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kadava Karana Navamam Titau				Rochester, NY Sun 22	Sutra 111 Vasarasu 5:17
Tula Rasi: 26.19	Tithi 9	Gulika 5:01AM - 6:49AM	Vishakha Until 8:05PM	Ganesha: Clear	Sunrise: 5:01AM		Vasarasu 5:17
		Yama 2:04PM - 3:53PM	Sukla Until 7:54PM	Muruga: Blue	Sunset: 7:39PM	Moon 6 - Phase 15 - 22	Navami
Creative Work - Siddha Yoga	474628572	Rahu 8:38AM - 10:27AM	Balava Until 10:08AM	Nataraja: Yellow			
			Navami* Until 11:13PM	Moon - Orange			
							Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Sunday, August 3, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukitayam Rochester, NY			
Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Doshayam Tilau Sun 23 Sutra 112			
Gulika 3:52PM - 5:40PM	Anuradha Untill 10:41PM	Ganesh: Clear Sunrise: 5:03AM	Viswasa 5:127
Yama 12:15PM - 2:04PM	Brahma Untill 8:33PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - 23
474628572 Rahu 5:40PM - 7:29PM	Talila Untill 12:16PM	Nataraja: Yellow	4th Phase
Routine Work Marana Yoga	Dashami Untill 1:11AM Mon	Moon - Orange	Sivaloka Day

2 Monday, August 4, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indru Vasara Yukitayam Rochester, NY			
Jyeshtha Nakshatra Indra Yoga Vanija/Visil Karana Ekadashyam Tilau Sun 24 Sutra 113			
Gulika 2:03PM - 3:51PM	Jyeshtha Untill 12:41AM Tue	Ganesh: Clear Sunrise: 5:03AM	Viswasa 5:127
Yama 10:27AM - 12:15PM	Indra Untill 8:53PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - 24
474628572 Rahu 6:51AM - 8:39AM	Vanija Untill 2:01PM	Nataraja: Yellow	4th Phase
Family Home Evening	Ekadashi Untill 2:41AM Tue	Moon - Orange	Sivaloka Day
Creative Work Siddha Yoga			
Untill 12:41AM Tue			
Then Creative Work - Amrita Yoga			

3 Tuesday, August 5, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukitayam Rochester, NY			
Mula Nakshatra Vaidhril Yoga Bava/Balava Karana Dvadashyam Tilau Sun 25 Sutra 114			
Gulika 12:15PM - 2:03PM	Mula Untill 2:29AM Wed	Ganesh: Yellow Sunrise: 5:04AM	Viswasa 5:127
Yama 8:40AM - 10:27AM	Vaidhril Untill 8:46PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - 25
485628572 Rahu 3:51PM - 5:39PM	Bava Untill 3:16PM	Nataraja: Yellow	4th Phase
Dhanus Rasi: 2:38 Tithi 12	Dvadashi Untill 3:39AM Wed	Moon - Light Blue	Sivaloka Day
Creative Work Amrita Yoga			

4 Wednesday, August 6, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yukitayam Rochester, NY			
Purvashadha Nakshatra Vishkambha Yoga Kaulava/Talila Karana Trayodashyam Tilau Sun 26 Sutra 115			
Gulika 10:28AM - 12:15PM	Purvashadha Untill 3:32AM Thu	Ganesh: Yellow Sunrise: 5:05AM	Viswasa 5:127
Yama 6:53AM - 8:40AM	Vishkambha Untill 8:12PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - 26
485628572 Rahu 12:15PM - 2:03PM	Kaulava Untill 3:55PM	Nataraja: Yellow	4th Phase
Dhanus Rasi: 15:1 Tithi 13	Trayodashi Untill 4:00AM Thu	Moon - Light Blue	Sivaloka Day
Creative Work Amrita Yoga			
Untill 3:32AM Thu			
Then Routine Work - Marana Yoga	Pradosha Vata		

5 Thursday, August 7, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukitayam Rochester, NY			
Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau Sun 27 Sutra 116			
Gulika 8:41AM - 10:28AM	Uttarashadha Untill 3:51AM Fri	Ganesh: Yellow Sunrise: 5:06AM	Viswasa 5:127
Yama 5:06AM - 6:53AM	Priti Untill 7:11PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - 27
485628572 Rahu 2:02PM - 3:49PM	Gara Untill 3:58PM	Nataraja: Yellow	4th Phase
Dhanus Rasi: 27:59 Tithi 14	Chaturdashi Untill 3:46AM Fri	Moon - Purple	Sivaloka Day
Routine Work Marana Yoga			

Friday, August 8, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukitayam Rochester, NY			
Shravana Nakshatra Ayushman/Saubhagya Yoga Visil/Bava Karana Purnimayam Tilau Sun 27 Sutra 117			
Gulika 6:54AM - 8:41AM	Shravana Untill 3:57AM Sat	Ganesh: Blue Sunrise: 5:07AM	Viswasa 5:127
Yama 3:49PM - 5:35PM	Ayushman Untill 5:41PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - Purnima
495628572 Rahu 10:28AM - 12:15PM	Visil Untill 3:27PM	Nataraja: Yellow	
Makara Rasi: 11:05 Tithi 15	Purnima Untill 2:59AM Sat	Moon - Purple	Devaloka Day
Routine Work Marana Yoga			
Untill 3:57AM Sat			
Then Creative Work - Siddha Yoga	Varalakshmi Vatham		

Saturday, August 9, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukitayam Rochester, NY			
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau Sun 28 Sutra 118			
Gulika 5:08AM - 6:55AM	Dhanishtha Untill 3:25AM Sun	Ganesh: Yellow Sunrise: 5:08AM	Viswasa 5:127
Yama 2:01PM - 3:48PM	Saubhagya Untill 3:47PM	Muruga: Blue Sunset: 7:29PM	Moon 6 - Phase 16 - Prathama
495728572 Rahu 8:41AM - 10:28AM	Balava Untill 2:26PM	Nataraja: Yellow	
Makara Rasi: 24:29 Tithi 16	Prathama Untill 1:44AM Sun	Moon - Purple	Sivaloka Day
Creative Work Siddha Yoga			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Bhanu Vesara Yuktayam Shalabhshak Nakshatra Sobhana/Ahiganda* Yoga Talila/Gara Karana Dvityayam Tilau	Rochester, NY Sutra 119
Kumbha Rasi: 8:08	Tithi 17	Gulika 3:47PM – 5:33PM Yama 12:15PM – 2:01PM Rahu 5:33PM – 7:20PM	Shalabhshak Until 2:22AM Mon Sobhana Until 1:34PM Talila Until 12:58PM Dvitiya Until 12:06AM Mon
Creative Work Siddha Yoga	495728572		Ganesha: Yellow Sunrise: 5:09AM Muruga: Blue Sunset: 7:20PM Nataraja: Yellow Moon – Purple
Until 2:22AM Mon			Sivaloka Day
Then Routine Work – Marana Yoga			

1

Monday, August 11, 2025

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Indu Vesara Yuktayam Puravproshthapada* Nakshatra Ahiganda*/(Sakama Yoga Vanja/Visti*) Karana Tritayam Tilau	Rochester, NY Sutra 120
Kumbha Rasi: 22:01	Tithi 18	Gulika 2:00PM – 3:46PM Yama 10:28AM – 12:14PM Rahu 6:56AM – 8:42AM	Puravproshthapada* Until 1:21AM Tue Ahiganda* Until 11:03AM Vanija Until 11:11AM Tritiya Until 10:11PM
Family Home Evening	415728572		Ganesha: Clear Sunrise: 5:10AM Muruga: Blue Sunset: 7:18PM Nataraja: Yellow Moon – Clear
Routine Work Marana Yoga			Sivaloka Day
Until 1:21AM Tue			
Then Creative Work – Amrita Yoga			

2

Tuesday, August 12, 2025

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Mangala Vesara Yuktayam Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthayam Tilau	Rochester, NY Sutra 121
Mesha Rasi: 6:03	Tithi 19	Gulika 12:14PM – 2:00PM Yama 8:43AM – 10:29AM Rahu 3:45PM – 5:31PM	Uttaraproshtapada Until 12:00AM Wed Sukarna Until 8:21AM Bava Until 9:10AM Chaturthi* Until 8:04PM
Creative Work Amrita Yoga	415728572		Ganesha: Clear Sunrise: 5:12AM Muruga: Blue Sunset: 7:17PM Nataraja: Yellow Moon – Clear
Until 12:00AM Wed			Sivaloka Day
Then Creative Work – Siddha Yoga			

3

Wednesday, August 13, 2025

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Budha Vesara Yuktayam Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthayam Tilau	Rochester, NY Sutra 122
Mesha Rasi: 20:12	Tithi 20 – 21	Gulika 10:29AM – 12:14PM Yama 6:58AM – 8:43AM Rahu 12:14PM – 1:59PM	Revati Until 10:24PM Shula* Until 2:38AM Thu Kaulava Until 6:59AM Panchami Until 5:51PM
Routine Work Marana Yoga	415728572		Ganesha: Clear Sunrise: 5:13AM Muruga: Blue Sunset: 7:15PM Nataraja: Yellow Moon – Clear
			Sivaloka Day

4

Thursday, August 14, 2025

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Guru Vesara Yuktayam Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamayam Tilau	Rochester, NY Sutra 123
Mesha Rasi: 4:25	Tithi 21 – 22	Gulika 8:44AM – 10:29AM Yama 5:14AM – 6:59AM Rahu 1:59PM – 3:44PM	Ashvini Until 9:03PM Ganda* Until 11:43PM Visti Until 2:27AM Fri Shashthi* Until 3:35PM
Creative Work Amrita Yoga	425728572		Ganesha: Purple Sunrise: 5:14AM Muruga: Blue Sunset: 7:14PM Nataraja: Yellow Moon – White
Until 9:03PM			Subha Sivaloka Day
Then Creative Work – Siddha Yoga			

5

Friday, August 15, 2025
Retreat Star

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Sukra Vesara Yuktayam Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Sapthami/Ashtamayam Tilau	Rochester, NY Sutra 124
Mesha Rasi: 18:38	Tithi 22 – 23	Gulika 7:00AM – 8:44AM Yama 3:43PM – 5:28PM Rahu 10:29AM – 12:14PM	Bharani Until 7:34PM Viddhi Until 8:50PM Balava Until 12:12AM Sat Sapthami Until 1:18PM
Creative Work Siddha Yoga	426728572		Ganesha: Clear Sunrise: 5:15AM Muruga: Blue Sunset: 7:12PM Nataraja: Yellow Moon – White
		Krishna Janmashtami	Sivaloka Day

Saturday, August 16, 2025

Retreat Star

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mani Vesara Yuktayam Kritika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamayam Tilau	Rochester, NY Sutra 125
Wishabha Rasi: 2:49	Tithi 23 – 24	Gulika 5:16AM – 7:00AM Yama 1:58PM – 3:42PM Rahu 8:45AM – 10:29AM	Kritika Until 6:00PM Dhruva Until 5:58PM Taila Until 10:01PM Ashtami* Until 11:05AM
Creative Work Amrita Yoga	426728572		Ganesha: Clear Sunrise: 5:16AM Muruga: Blue Sunset: 7:11PM Nataraja: Yellow Moon – White
			Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Sunday, August 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bharu Uvara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashamam Tilau				Rochester, NY Sun 7	Sutra 126 Vasvasu 5:177
	Mithuna Rasi: 16:58	Tithi 24 – 25	Gulika 3:41PM – 5:25PM Yama 12:13PM – 1:57PM Rahu 5:25PM – 7:09PM	Rohini Until 4:49PM Vyaghata* Until 3:11PM Veniya Until 7:56PM Navami* Until 8:57AM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:17AM Sunset: 7:09PM	Moon 7 - Phase 18 - 7 2nd Phase	Sivaloka Day
Creative Work Siddha Yoga			Sivasankranti					

2	Monday, August 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Indu Vasara Yuktayam Mrigashira/Mrta Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Ekadasyam Tilau				Rochester, NY Sun 8	Sutra 127 Vasvasu 5:177
	Mithuna Rasi: 1:02	Tithi 25 – 26	Gulika 1:57PM – 3:40PM Yama 10:29AM – 12:13PM Rahu 7:02AM – 8:46AM	Mrigashira Until 3:38PM Harshana Until 12:32PM Bava Until 6:01PM Dashami Until 6:56AM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:18AM Sunset: 7:09PM	Moon 7 - Phase 18 - 8 2nd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 3:38PM Then Creative Work - Siddha Yoga			Sivasankranti					

3	Tuesday, August 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailita Karana Dvadashyam Tilau				Rochester, NY Sun 9	Sutra 128 Vasvasu 5:177
	Mithuna Rasi: 14:59	Tithi 27	Gulika 12:13PM – 1:56PM Yama 8:46AM – 10:29AM Rahu 3:40PM – 5:23PM	Ardra Until 2:31PM Vajra* Until 10:01AM Kaulava Until 4:18PM Dvadashi* Until 3:31AM Wed	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:19AM Sunset: 7:09PM	Moon 7 - Phase 18 - 9 2nd Phase	Sivaloka Day
Routine Work Marana Yoga Until 2:31PM Then Creative Work - Siddha Yoga			Sivasankranti					

4	Wednesday, August 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashyam Tilau				Rochester, NY Sun 10	Sutra 129 Vasvasu 5:177
	Mithuna Rasi: 28:47	Tithi 28	Gulika 10:29AM – 12:13PM Yama 7:03AM – 8:46AM Rahu 12:13PM – 1:56PM	Punarvasu Until 1:58PM Siddhi Until 7:44AM Gara Until 2:52PM Trayodashi* Until 2:15AM Thu	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue	Sunrise: 5:20AM Sunset: 7:09PM	Moon 7 - Phase 18 - 10 2nd Phase	Devaloka Day
Creative Work Siddha Yoga			Sivasankranti Pradosha Vrata (Fasting)					

5	Thursday, August 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashyam Tilau				Rochester, NY Sun 11	Sutra 130 Vasvasu 5:177
	Kataka Rasi: 12:23	Tithi 29	Gulika 8:47AM – 10:30AM Yama 5:21AM – 7:04AM Rahu 1:55PM – 3:38PM	Pushya Until 1:37PM Varjyan Until 4:02AM Fri Vaisi Until 1:48PM Chaturdashi* Until 1:25AM Fri	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue	Sunrise: 5:21AM Sunset: 7:09PM	Moon 7 - Phase 18 - 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 1:37PM Then Creative Work - Siddha Yoga			Sivasankranti					

●	Friday, August 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Sukra Vasara Yuktayam Ashlesha/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Tilau				Rochester, NY Sun 12	Sutra 131 Vasvasu 5:177
	Retreat Star		Gulika 7:05AM – 8:47AM Yama 3:37PM – 5:19PM Rahu 10:30AM – 12:12PM	Ashlesha* Until 1:34PM Parigha* Until 2:46AM Sat Catuspada Until 1:11PM Amavasya* Until 1:03AM Sat	Ganesh: Light Blue Muruga: Blue Nataraja: Yellow Moon – Blue	Sunrise: 5:23AM Sunset: 7:09PM	Moon 7 - Phase 18 - 12 Amavasya	Devaloka Day
Routine Work Marana Yoga			Sivasankranti					

●	Saturday, August 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Tilau				Rochester, NY Sun 13	Sutra 132 Vasvasu 5:177
	Retreat Star		Gulika 5:24AM – 7:06AM Yama 1:54PM – 3:36PM Rahu 8:48AM – 10:30AM	Magha* Until 2:21PM Shiva Until 1:57AM Sun Kintughna Until 1:06PM Prathama* Until 1:16AM Sun	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Red	Sunrise: 5:24AM Sunset: 7:09PM	Moon 7 - Phase 18 - 13 Prathama	Devaloka Day
Creative Work Amrita Yoga Until 2:21PM Then Creative Work - Siddha Yoga			Sivasankranti Bhadrakalyana					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Bhanu Vasara Yuktayam Paraphaguni/Ultaraphaguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Tilau			Rochester, NY Sun 14	Sutra 133 Vasarasu 5127
Simha Rasi: 21.38	Tilhi 2	Gulika 3:35PM - 5:17PM Yama 12:11PM - 1:53PM Rahu 5:17PM - 6:58PM	Purvaphalguni Until 3:33PM Siddha Until 1:34AM Mon Balava Until 1:37PM Dvitiya Until 2:04AM Mon	Ganesha: Purple Muruga: Blue Nataraja: Yellow Moon - Red	Sunrise: 5:25AM Sunset: 6:58PM	Moon 7 - Phase 19 - 14 3rd Phase
Creative Work Until 3:33PM Then Creative Work - Amrita Yoga	Siddha Yoga	557728572		Devaloka Day		
2 Monday, August 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Indu Vasara Yuktayam Utlaraphaguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Tilau			Rochester, NY Sun 15	Sutra 134 Vasarasu 5127
Kanya Rasi: 4.1	Tilhi 3	Gulika 1:53PM - 3:34PM Yama 10:30AM - 12:11PM Rahu 7:07AM - 8:49AM	Utlaraphalguni Until 5:10PM Sadhya Until 1:39AM Tue Talilla Until 2:42PM Tritiya Until 3:27AM Tue	Ganesha: Purple Muruga: Blue Nataraja: Yellow Moon - Red	Sunrise: 5:26AM Sunset: 6:57PM	Moon 7 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga	557728572		Devaloka Day		
3 Tuesday, August 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Mangala Vasara Yuktayam Kanya Rasi Nakshatra Subha Yoga Vanja/Vesli/ Karana Chaturthayam Tilau			Rochester, NY Sun 16	Sutra 135 Vasarasu 5127
Kanya Rasi: 16.27	Tilhi 4	Gulika 12:11PM - 1:52PM Yama 10:30AM - 12:11PM Rahu 3:33PM - 5:14PM	Hasta Until 7:37PM Subha Until 2:08AM Wed Vanija Until 4:21PM Chaturthi* Until 5:19AM Wed	Ganesha: Light Blue Muruga: Blue Nataraja: Yellow Moon - Green	Sunrise: 5:27AM Sunset: 6:59PM	Moon 7 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga	567728572		Devaloka Day		
4 Wednesday, August 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Budha Vasara Yuktayam Kanya Rasi Nakshatra Sukla Yoga Bava Karana Panchmayam Tilau			Rochester, NY Sun 17	Sutra 136 Vasarasu 5127
Kanya Rasi: 28.32	Tilhi 5	Gulika 10:30AM - 12:11PM Yama 7:09AM - 8:49AM Rahu 12:11PM - 1:51PM	Chitra Until 10:17PM Sukla Until 2:51AM Thu Bava Until 6:24PM Panchami Until 7:32AM Thu	Ganesha: Light Blue Muruga: Blue Nataraja: White Moon - Green	Sunrise: 5:28AM Sunset: 6:59PM	Moon 7 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	567728573		Sivaloka Day		
5 Thursday, August 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Guru Vasara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau			Rochester, NY Sun 18	Sutra 137 Vasarasu 5127
Tula Rasi: 10.29	Tilhi 5 - 6	Gulika 8:50AM - 10:30AM Yama 5:29AM - 7:09AM Rahu 1:51PM - 3:31PM	Svali Until 1:01AM Fri Brahma Until 3:45AM Fri Kaulava Until 8:44PM Panchami Until 7:32AM	Ganesha: Light Blue Muruga: Blue Nataraja: White Moon - Green	Sunrise: 5:29AM Sunset: 6:59PM	Moon 7 - Phase 19 - 18 3rd Phase
Creative Work Until 1:01AM Fri Then Creative Work - Siddha Yoga	Amrita Yoga	567728573		Sivaloka Day		
6 Friday, August 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Sapthmayam Tilau			Rochester, NY Sun 19	Sutra 138 Vasarasu 5127
Tula Rasi: 22.22	Tilhi 6 - 7	Gulika 7:10AM - 8:50AM Yama 3:30PM - 5:10PM Rahu 10:30AM - 12:10PM	Vishakha Until 4:08AM Sat Indra Until 4:41AM Sat Gara Until 11:09PM Shashthi* Until 9:55AM	Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange	Sunrise: 5:30AM Sunset: 6:59PM	Moon 7 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga	578728573		Subha Sivaloka Day		
Saturday, August 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Manu Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanja/Vesli/ Karana Sapthami/Ashthamam Tilau			Rochester, NY Sun 20	Sutra 139 Vasarasu 5127
Retreat Star Vishkha Rasi: 4.14	Tilhi 7 - 8	Gulika 5:31AM - 7:11AM Yama 1:49PM - 3:29PM Rahu 8:51AM - 10:30AM	Anuradha Until 6:55AM Sun Vaidhriti* Until 5:27AM Sun Vesli Until 1:25AM Sun Sapthami Until 12:17PM	Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange	Sunrise: 5:31AM Sunset: 6:48PM	Moon 7 - Phase 19 - 20 Ashtami
Creative Work Until 6:55AM Sun Then Routine Work - Marana Yoga	Siddha Yoga	578728573		Subha Sivaloka Day		
Sunday, August 31, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamam Tilau			Rochester, NY Sun 21	Sutra 140 Vasarasu 5127
Vishkha Rasi: 16.11	Tilhi 8 - 9	Gulika 3:28PM - 5:07PM Yama 12:09PM - 1:49PM Rahu 5:07PM - 6:47PM	Anuradha Until 6:55AM Vishkambha* Until 5:58AM Mon Balava Until 3:23AM Mon Ashtami* Until 2:26PM	Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange	Sunrise: 5:32AM Sunset: 6:47PM	Moon 7 - Phase 19 - 21 Navami
Routine Work	Marana Yoga	578728573		Subha Sivaloka Day		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1 Monday, September 1, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Phili Yaga Kaulava/Taila Karana Navami/Dashamam Titau				Rochester, NY Sun 23	Sutra 141 Sutra 142
Wischika Rasi: 28.17	Tithi 9 – 10	Gulika	1:48PM – 3:27PM	Jyeshtha* Untill 9:12AM	Ganesh: Clear	Sunrise: 5:33AM	Vasavasu 5:127
Family Home Evening		Yama	10:30AM – 12:09PM	Phili Untill 6:07AM Tue	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 20 - 22
Creative Work	Siddha Yoga	Rahu	7:12AM – 8:51AM	Taila Untill 4:52AM Tue	Nataraja: White		4th Phase
				Navami* Untill 4:10PM	Moon - Orange		Subha Sivaloka Day
					Sheshapada/Vata		

2 Tuesday, September 2, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam Mula/Purvashada* Nakshatra Phili/Yojstman Yaga Gara/Vanaja Karana Dashami/Ekadasham Titau				Rochester, NY Sun 23	Sutra 142 Sutra 143
Dhanus Rasi: 10.34	Tithi 10 – 11	Gulika	12:09PM – 1:47PM	Mula* Untill 11:18AM	Ganesh: White	Sunrise: 5:35AM	Vasavasu 5:127
		Yama	8:52AM – 10:30AM	Phili Untill 6:07AM	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 20 - 23
Creative Work	Amrita Yoga	Rahu	3:26PM – 5:04PM	Vanija Untill 5:43AM Wed	Nataraja: White		4th Phase
Untill 11:18AM				Dashami Untill 5:21PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga					Sheshapada/Vata		

3 Wednesday, September 3, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Butha Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Saubhagya Yaga Vasi/Bava Karana Ekadashi/Dwadasham Titau				Rochester, NY Sun 24	Sutra 143 Sutra 144
Dhanus Rasi: 23.08	Tithi 11 – 12	Gulika	10:30AM – 12:08PM	Purvashada* Untill 12:37PM	Ganesh: Green	Sunrise: 5:36AM	Vasavasu 5:127
		Yama	7:14AM – 8:52AM	Saubhagya Untill 4:52AM Thu	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 20 - 22
Creative Work	Amrita Yoga	Rahu	12:08PM – 1:47PM	Bava Untill 5:53AM Thu	Nataraja: White		4th Phase
				Ekadashi Untill 5:52PM	Moon - Light Blue		Sivaloka Day
					Sheshapada/Vata		

4 Thursday, September 4, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yaga Balava/Kaulava Karana Dwadashi/Trayodashyam Titau				Rochester, NY Sun 25	Sutra 144 Sutra 145
Makara Rasi: 6.02	Tithi 12 – 13	Gulika	8:52AM – 10:30AM	Uttarashada Untill 1:06PM	Ganesh: White	Sunrise: 5:37AM	Vasavasu 5:127
		Yama	5:37AM – 7:15AM	Sobhana Untill 3:25AM Fri	Muruga: Blue	Sunset: 6:49PM	Moon 7 - Phase 20 - 25
Routine Work	Marana Yoga	Rahu	1:46PM – 3:24PM	Kaulava Untill 5:20AM Fri	Nataraja: White		4th Phase
Untill 1:06PM				Dwadashi Untill 5:40PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga					Sheshapada/Vata		
					Pradosha Vata		

5 Friday, September 5, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yaga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 26	Sutra 145 Sutra 146
Makara Rasi: 19.17	Tithi 13 – 14	Gulika	7:15AM – 8:53AM	Shravana Untill 1:11PM	Ganesh: Yellow	Sunrise: 5:38AM	Vasavasu 5:127
		Yama	3:23PM – 5:00PM	Athiganda* Untill 1:24AM Sat	Muruga: Blue	Sunset: 6:38PM	Moon 7 - Phase 20 - 26
Routine Work	Marana Yoga	Rahu	10:30AM – 12:08PM	Gara Untill 4:07AM Sat	Nataraja: White		4th Phase
Untill 1:11PM		Chidambaram Abhishekam		Trayodashi Untill 4:47PM	Moon - Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Sheshapada/Vata		

6 Saturday, September 6, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manta Vasara Yuktayam Dhanishtha/Purvashodhapa* Nakshatra Sukarna Yaga Vasi/Vasi* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 27	Sutra 146 Sutra 147
Kumbha Rasi: 2.55	Tithi 14 – 15	Gulika	5:39AM – 7:16AM	Dhanishtha Untill 12:29PM	Ganesh: Yellow	Sunrise: 5:39AM	Vasavasu 5:127
		Yama	1:45PM – 3:22PM	Sukarna Untill 10:55PM	Muruga: Blue	Sunset: 6:38PM	Moon 7 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	8:53AM – 10:30AM	Vasi Untill 2:18AM Sun	Nataraja: White		4th Phase
Untill 12:29PM				Chaturdash* Untill 3:15PM	Moon - Purple		Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Sheshapada/Vata		

○ Sunday, September 7, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bhanu Shatabhishak/Purvashodhapa* Nakshatra Dhriti Yaga Bava/Balava Karana Purnima/Panchamam Titau				Rochester, NY Sun 28	Sutra 147 Sutra 148
Copper Retreat Star		Gulika	3:21PM – 4:57PM	Shatabhishak Untill 11:06AM	Ganesh: Yellow	Sunrise: 5:40AM	Vasavasu 5:127
Kumbha Rasi: 16.53	Tithi 15 – 16	Yama	12:07PM – 1:44PM	Dhriti Untill 8:03PM	Muruga: Blue	Sunset: 6:38PM	Moon 7 - Phase 20 - 28
Creative Work	Siddha Yoga	Rahu	4:57PM – 6:34PM	Balava Untill 12:02AM Mon	Nataraja: White		Purnima
		Grandparent's Day		Purnima* Untill 1:12PM	Moon - Purple		Subha Sivaloka Day
					Sheshapada/Vata		

Monday, September 8, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Purvashodhapa*/Uttarashodhapa* Nakshatra Shula*/Ganda* Yaga Kaulava/Taila Karana Prathama/Dvayayam Titau				Rochester, NY Sun 29	Sutra 148 Sutra 149
Silver Retreat Star		Gulika	1:43PM – 3:20PM	Purvashodhapa* Untill 9:34AM	Ganesh: Yellow	Sunrise: 5:41AM	Vasavasu 5:127
Meena Rasi: 1.1	Tithi 16 – 17	Yama	10:30AM – 12:07PM	Shula* Untill 4:51PM	Muruga: Blue	Sunset: 6:38PM	Moon 7 - Phase 20 - 29
Family Home Evening		Rahu	7:18AM – 8:54AM	Taila Untill 9:25PM	Nataraja: White		Prathama
Routine Work	Marana Yoga			Prathama* Untill 10:45AM	Moon - Clear		Subha Sivaloka Day
Untill 9:34AM					Sheshapada/Vata		
Then Creative Work - Siddha Yoga							

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukatayam
Uttaraprosrhapada/Revasi Nakshatra Ganda*Widdhi Yoga Gara/Vanija Karana Dvitya/Triyayam Titau

Rochester, NY Sun 1
Sutra 149

Mesha Rasi: 15.4	Tithi 17 - 18	Gulika 12:06PM - 1:43PM	Uttaraprosrhapada Until 7:38AM	Ganesha: Yellow	Sunrise: 5:42AM	Vivavasu: 5:127
		Yama 8:54AM - 10:30AM	Ganda* Until 1:28PM	Muruga: Blue	Sunset: 6:31PM	Moon B - Phase 21 - 1
		Rahu 3:19PM - 4:55PM	Vanija Until 6:36PM	Nataraja: White		1st Phase
Creative Work - Amrita Yoga			Dvitiya Until 8:00AM	Moon - Clear		Subha Sivaloka Day
Until 7:38AM				Shashthi-Rahu		
Then Creative Work - Siddha Yoga						

1

Wednesday, September 10, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukatayam
Ashvini Nakshatra Widdhi/Dhruva Yoga Bava/Baleva Karana Chaturtham Titau

Rochester, NY Sun 2
Sutra 150

Mesha Rasi: 0.16	Tithi 19	Gulika 10:30AM - 12:06PM	Ashvini Until 3:26AM Thu	Ganesha: White	Sunrise: 5:43AM	Vivavasu: 5:127
		Yama 7:19AM - 8:55AM	Widdhi Until 10:01AM	Muruga: Blue	Sunset: 6:29PM	Moon B - Phase 21 - 2
		Rahu 12:06PM - 1:42PM	Bava Until 3:42PM	Nataraja: White		1st Phase
Routine Work - Marana Yoga			Chalurthi* Until 2:15AM Thu	Moon - White		Sivaloka Day
Until 3:26AM Thu				Shashthi-Rahu		
Then Creative Work - Siddha Yoga						

2

Thursday, September 11, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Guru Vasara Yukatayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamam Titau

Rochester, NY Sun 3
Sutra 151

Mesha Rasi: 14.53	Tithi 20	Gulika 8:55AM - 10:30AM	Bharani Until 1:26AM Fri	Ganesha: White	Sunrise: 5:44AM	Vivavasu: 5:127
		Yama 5:44AM - 7:20AM	Dhruva Until 6:32AM	Muruga: Blue	Sunset: 6:27PM	Moon B - Phase 21 - 3
		Rahu 1:41PM - 3:16PM	Kaulava Until 12:51PM	Nataraja: White		1st Phase
Creative Work - Siddha Yoga			Panchami Until 11:27PM	Moon - White		Sivaloka Day
				Shashthi-Rahu		

3

Friday, September 12, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukatayam
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham Titau

Rochester, NY Sun 4
Sutra 152

Mesha Rasi: 29.24	Tithi 21	Gulika 7:20AM - 8:55AM	Kritika Until 11:31PM	Ganesha: Blue	Sunrise: 5:45AM	Vivavasu: 5:127
		Yama 3:15PM - 4:50PM	Harshana Until 12:01AM Sat	Muruga: Blue	Sunset: 6:25PM	Moon B - Phase 21 - 4
		Rahu 10:30AM - 12:05PM	Gara Until 10:09AM	Nataraja: White		1st Phase
Creative Work - Siddha Yoga			Shashthi* Until 8:52PM	Moon - White		Sivaloka Day
Until 11:31PM				Shashthi-Rahu		
Then Routine Work - Marana Yoga						

4

Saturday, September 13, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mani Vasara Yukatayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saplamam Titau

Rochester, NY Sun 5
Sutra 153

Wishabha Rasi: 13.46	Tithi 22	Gulika 5:47AM - 7:21AM	Rohini Until 10:10PM	Ganesha: Red	Sunrise: 5:47AM	Vivavasu: 5:127
		Yama 1:40PM - 3:14PM	Vajra* Until 9:04PM	Muruga: Blue	Sunset: 6:24PM	Moon B - Phase 21 - 5
		Rahu 8:56AM - 10:30AM	Visti Until 7:42AM	Nataraja: White		1st Phase
Creative Work - Amrita Yoga			Saptami Until 6:34PM	Moon - Yellow		Subha Sivaloka Day
Until 10:10PM				Shashthi-Rahu		
Then Creative Work - Siddha Yoga						

5

Sunday, September 14, 2025

Retreat Star

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yukatayam
Migashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashlami/Navamam Titau

Rochester, NY Sun 6
Sutra 154

Wishabha Rasi: 27.55	Tithi 23 - 24	Gulika 3:13PM - 4:47PM	Migashira Until 9:01PM	Ganesha: Red	Sunrise: 5:48AM	Vivavasu: 5:127
		Yama 12:05PM - 1:39PM	Siddhi Until 6:24PM	Muruga: Blue	Sunset: 6:22PM	Moon B - Phase 21 - 6
		Rahu 4:47PM - 6:22PM	Taila Until 3:48AM Mon	Nataraja: White		Ashtami
Creative Work - Siddha Yoga			Ashlami* Until 4:37PM	Moon - Yellow		Subha Sivaloka Day
				Shashthi-Rahu		

Monday, September 15, 2025

Retreat Star

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukatayam
Ardra Nakshatra Vyalipata*/Varjan Yoga Gara/Vanija Karana Navami/Dashamam Titau

Rochester, NY Sun 7
Sutra 155

Mithuna Rasi: 11.5	Tithi 24 - 25	Gulika 1:38PM - 3:12PM	Ardra Until 8:08PM	Ganesha: Red	Sunrise: 5:49AM	Vivavasu: 5:127
		Yama 10:30AM - 12:04PM	Vyalipata* Until 4:05PM	Muruga: Blue	Sunset: 6:20PM	Moon B - Phase 21 - 7
		Rahu 7:23AM - 8:57AM	Vanija Until 2:26AM Tue	Nataraja: White		Navami
Creative Work - Siddha Yoga			Navami* Until 3:03PM	Moon - Yellow		Subha Sivaloka Day
Until 8:08PM				Shashthi-Rahu		
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Tuesday, September 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mangala Vesara Yukhtayam Panarvasu Nakshatra Varjigha/ Parigha/ Yoga Visti/ Bava Karana Dashami/ Ekadashyam Titau				Rochester, NY Sun 8	Sutra 156
	Mithuna Rasi: 25.3	TITHI 25 – 26	Gulika 12:04PM – 1:38PM Yama 8:57AM – 10:30AM Rahu 3:11PM – 4:45PM	Punarvasu Untill 7:56PM Varjyan Untill 2:04PM Bava Untill 1:30AM Wed Dashami Untill 1:54PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:50AM Sunset: 6:18PM	Vishvasu 5:127 Moon 8 - Phase 22 - 9 2nd Phase	
Creative Work	Siddha Yoga	541828573					Sivaloka Day	

2	Wednesday, September 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vesara Yukhtayam Pushya Nakshatra Parigha/ Shiva Yoga Balava/ Kaulava Karana Ekadashi/ Dvadashyam Titau				Rochester, NY Sun 9	Sutra 157
	Kalka Rasi: 8.55	TITHI 26 – 27	Gulika 10:30AM – 12:04PM Yama 7:24AM – 8:57AM Rahu 12:04PM – 1:37PM	Pushya Untill 8:02PM Parigha* Untill 12:24PM Kaulava Untill 1:00AM Thu Ekadashi* Untill 1:11PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:51AM Sunset: 6:16PM	Vishvasu 5:127 Moon 8 - Phase 22 - 9 2nd Phase	
Creative Work	Siddha Yoga	541828573					Sivaloka Day	

3	Thursday, September 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vesara Yukhtayam Ashlesha* Nakshatra Shiva/ Siddha Yoga Talila/ Gara Karana Dvadashi/ Trayodashyam Titau				Rochester, NY Sun 10	Sutra 158
	Kalka Rasi: 22.06	TITHI 27 – 28	Gulika 8:58AM – 10:30AM Yama 5:52AM – 7:25AM Rahu 1:36PM – 3:09PM	Ashlesha* Untill 8:25PM Shiva Untill 11:07AM Gara Untill 12:58AM Fri Dvadashi* Untill 12:54PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:52AM Sunset: 6:15PM	Vishvasu 5:127 Moon 8 - Phase 22 - 10 2nd Phase	
Creative Work	Siddha Yoga	541828573					Sivaloka Day	
Untill 8:25PM								
Then Creative Work - Amrita Yoga								

4	Friday, September 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Sukra Vesara Yukhtayam Magha* Nakshatra Siddha/ Sadhya Yoga Vanija/ Visti/ Karana Trayodashi/ Chaturdashyam Titau				Rochester, NY Sun 11	Sutra 159
	Simha Rasi: 5.03	TITHI 28 – 29	Gulika 7:26AM – 8:58AM Yama 3:08PM – 4:40PM Rahu 10:30AM – 12:03PM	Magha* Untill 9:34PM Siddha Untill 10:09AM Visti Untill 1:24AM Sat Trayodashi* Untill 1:06PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:53AM Sunset: 6:13PM	Vishvasu 5:127 Moon 8 - Phase 22 - 11 2nd Phase	
Routine Work	Marana Yoga	551828573					Sivaloka Day	
Untill 9:34PM								
Then Creative Work - Siddha Yoga								

●	Saturday, September 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mania Vesara Yukhtayam Purvaphalguni Nakshatra Sadhya/ Subha Yoga Sakra/ Catuspadi* Karana Chaturdashami/ Amavasyam Titau				Rochester, NY Sun 12	Sutra 160
	Simha Rasi: 17.46	TITHI 29 – 30	Gulika 5:54AM – 7:26AM Yama 1:35PM – 3:07PM Rahu 8:58AM – 10:30AM	Purvaphalguni Untill 11:00PM Sadhya Untill 9:34AM Catuspadi Untill 2:17AM Sun Chaturdashi* Untill 1:46PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:54AM Sunset: 6:11PM	Vishvasu 5:127 Moon 8 - Phase 22 - 12 Amavasya	
Creative Work	Siddha Yoga	551828573					Sivaloka Day	
Untill 11:00PM								
Then Routine Work - Marana Yoga								

●	Sunday, September 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukra Pakshi Shukra Vesara Yukhtayam Uttaraphalguni Nakshatra Subha/ Sukra Yoga Naga/ Kintughna* Karana Amavasya/ Prathamam Titau				Rochester, NY Sun 13	Sutra 161
	Kanya Rasi: 0.17	TITHI 30 – 1	Gulika 3:06PM – 4:37PM Yama 12:02PM – 1:34PM Rahu 4:37PM – 6:09PM	Uttaraphalguni Untill 12:44AM Mon Subha Untill 9:22AM Kintughna Untill 3:39AM Mon Amavasya* Untill 2:53PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:55AM Sunset: 6:09PM	Vishvasu 5:127 Moon 8 - Phase 22 - 13 Prathama	
Creative Work	Amrita Yoga	551828573					Sivaloka Day	
Untill 12:44AM Mon								
Then Creative Work - Siddha Yoga								

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Monday, September 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Rochester, NY Hasta Nakshatra Sukh/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 14 Sutra 162			
Kanya Rasi: 12.35	Tilhi 1 – 2	Gulika 1:33PM – 3:05PM	Hasla Untill 3:11AM Tue	Ganesh: Red Sunrise: 5:56AM	Vasavasu: 5:127
Family Home Evening		Yama 10:30AM – 12:02PM	Sukla Untill 9:29AM	Muruga: Blue Sunset: 6:07PM	Moon 8 - Phase 23 - 14
Creative Work	Siddha Yoga	Rahu 7:28AM – 8:59AM	Balava Untill 5:25AM Tue	Nataraja: White	3rd Phase
			Prathama* Untill 4:28PM	Moon - Green	Subha Sivaloka Day
				Ashvini-Punarasi	

2 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam Rochester, NY Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Titau Sun 15 Sutra 163			
Kanya Rasi: 24.44	Tilhi 2	Gulika 12:02PM – 1:32PM	Chitra Untill 5:49AM Wed	Ganesh: Red Sunrise: 5:58AM	Vasavasu: 5:127
		Yama 9:00AM – 10:31AM	Brahma Untill 9:54AM	Muruga: Blue Sunset: 6:05PM	Moon 8 - Phase 23 - 15
Creative Work	Siddha Yoga	Rahu 3:03PM – 4:34PM	Kaulava Untill 6:25PM	Nataraja: White	3rd Phase
			Dvitiya Untill 6:25PM	Moon - Green	Subha Sivaloka Day
				Ashvini-Punarasi	

3 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktayam Rochester, NY Svali Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Titau Sun 16 Sutra 164			
Tula Rasi: 6.44	Tilhi 3	Gulika 10:31AM – 12:01PM	Svali Untill 8:31AM Thu	Ganesh: Red Sunrise: 5:59AM	Vasavasu: 5:127
		Yama 7:29AM – 9:00AM	Indra Untill 10:36AM	Muruga: Blue Sunset: 6:04PM	Moon 8 - Phase 23 - 16
Creative Work	Siddha Yoga	Rahu 12:01PM – 1:32PM	Talila Untill 7:32AM	Nataraja: White	3rd Phase
			Tritiya Untill 8:40PM	Moon - Green	Subha Sivaloka Day
				Ashvini-Punarasi	

4 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Rochester, NY Svali/Vishkha Nakshatra Vaidhiti*/Vishkambha* Yoga Vanija/Visli* Karana Chatrithayam Titau Sun 17 Sutra 165			
Tula Rasi: 18.4	Tilhi 4	Gulika 9:00AM – 10:31AM	Svali Untill 8:31AM	Ganesh: Red Sunrise: 6:00AM	Vasavasu: 5:127
		Yama 6:00AM – 7:30AM	Vaidhiti* Untill 11:26AM	Muruga: Blue Sunset: 6:02PM	Moon 8 - Phase 23 - 17
Creative Work	Amrita Yoga	Rahu 1:31PM – 3:01PM	Vanija Untill 9:54AM	Nataraja: White	3rd Phase
Untill 8:31AM			Chaturthi* Untill 11:06PM	Moon - Green	Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvini-Punarasi	

5 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Rochester, NY Vishkha/Anuradha Nakshatra Vishkambha* Priti Yoga Bava/Balava Karana Panchmayam Titau Sun 18 Sutra 166			
Wishkha Rasi: 0.31	Tilhi 5	Gulika 7:31AM – 9:01AM	Vishkha Untill 11:40AM	Ganesh: Blue Sunrise: 6:01AM	Vasavasu: 5:127
		Yama 3:00PM – 4:30PM	Vishkambha* Untill 12:21PM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 23 - 18
Creative Work	Siddha Yoga	Rahu 10:31AM – 12:00PM	Bava Untill 12:22PM	Nataraja: White	3rd Phase
			Panchami Untill 1:35AM Sat	Moon - Orange	Subha Subha Sivaloka Day
				Ashvini-Punarasi	

6 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Rochester, NY Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Kaulava/Talila Karana Shashthayam Titau Sun 19 Sutra 167			
Wishkha Rasi: 12.23	Tilhi 6	Gulika 6:02AM – 7:32AM	Anuradha Untill 2:37PM	Ganesh: Red Sunrise: 6:02AM	Vasavasu: 5:127
		Yama 1:30PM – 2:59PM	Priti Untill 1:16PM	Muruga: Blue Sunset: 5:59PM	Moon 8 - Phase 23 - 19
Creative Work	Siddha Yoga	Rahu 9:01AM – 10:31AM	Kaulava Untill 2:48PM	Nataraja: White	3rd Phase
			Shashthi* Untill 3:56AM Sun	Moon - Orange	Subha Sivaloka Day
				Ashvini-Punarasi	

Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Brihas Vasara Yuktayam Rochester, NY Retreat Star Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Sapthmayam Titau Sun 20 Sutra 168			
Wishkha Rasi: 24.18	Tilhi 7	Gulika 2:58PM – 4:27PM	Jyeshtha* Untill 5:12PM	Ganesh: Green Sunrise: 6:03AM	Vasavasu: 5:127
		Yama 12:00PM – 1:29PM	Ayushman Untill 2:00PM	Muruga: Blue Sunset: 5:56PM	Moon 8 - Phase 23 - 20
Routine Work	Marana Yoga	Rahu 4:27PM – 5:56PM	Gara Untill 5:02PM	Nataraja: White	3rd Phase
Untill 5:12PM			Saptami Untill 6:00AM Mon	Moon - Orange	Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvini-Punarasi	

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Rochester, NY Retreat Star Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visli* Karana Sapthami/Ashthmayam Titau Sun 21 Sutra 169			
Dhanu Rasi: 6.2	Tilhi 7 – 8	Gulika 1:28PM – 2:57PM	Mula* Untill 7:45PM	Ganesh: Red Sunrise: 6:04AM	Vasavasu: 5:127
Family Home Evening		Yama 10:31AM – 11:59AM	Saubhagya Untill 2:28PM	Muruga: Blue Sunset: 5:55PM	Moon 8 - Phase 23 - 21
Creative Work	Siddha Yoga	Rahu 7:33AM – 9:02AM	Visli Untill 6:52PM	Nataraja: White	Ashtami
Untill 7:45PM			Saptami Untill 6:00AM	Moon - Light Blue	Subha Sivaloka Day
Then Routine Work - Marana Yoga		Durga Ashtami		Ashvini-Punarasi	

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam Rochester, NY Retreat Star Purnvashadha* Nakshatra Sobhana/Atigandha* Yoga Bava/Balava Karana Ashtami/Navamayam Titau Sun 22 Sutra 170			
Dhanu Rasi: 18.34	Tilhi 8 – 9	Gulika 11:59AM – 1:28PM	Purnvashadha* Untill 9:35PM	Ganesh: Red Sunrise: 6:05AM	Vasavasu: 5:127
		Yama 9:02AM – 10:31AM	Sobhana Untill 2:32PM	Muruga: Blue Sunset: 5:53PM	Moon 8 - Phase 23 - 22
Creative Work	Siddha Yoga	Rahu 2:56PM – 4:24PM	Balava Untill 8:09PM	Nataraja: White	Navami
Untill 9:35PM			Ashlami* Untill 7:34AM	Moon - Light Blue	Subha Sivaloka Day
Then Routine Work - Prabalarishla Yoga		Saraswathi Puja (Tamil Nadu)		Ashvini-Punarasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

All times are standard time. Calculated for Rochester, NY on 2/11/24

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1		Wednesday, October 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kaula/Taila Karana Navami/Dashmyam Titau		Rochester, NY Sun 23	Sutra 171 Vasavasu 5:127
Makara Rasi: 1.05	Tithi 9 - 10	Gulika 10:31AM - 11:59AM	Uttarashada Until 10:34PM	Ganesha: Red	Sunrise: 6:06AM		
		Yama 7:35AM - 9:03AM	Alhiganda* Until 2:03PM	Muruga: Blue	Sunset: 5:51PM	Moon 8 - Phase 24 - 23	4th Phase
Creative Work	Amrita Yoga	Rahu 11:59AM - 1:27PM	Tailita Until 8:44PM	Nataraja: White			
Until 10:34PM			Navami* Until 8:31AM	Moon - Light Blue			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvini-Purnima			

2		Thursday, October 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 24	Sutra 172 Vasavasu 5:127
Makara Rasi: 13.56	Tithi 10 - 11	Gulika 9:03AM - 10:31AM	Shravana Until 11:05PM	Ganesha: Blue	Sunrise: 6:08AM		
		Yama 6:08AM - 7:35AM	Sukarna Until 12:59PM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 24 - 24	4th Phase
Creative Work	Siddha Yoga	Rahu 1:26PM - 2:54PM	Vanija Until 8:31PM	Nataraja: White			
			Dashami Until 8:42AM	Moon - Purple			Sivaloka Day
				Ashvini-Purnima			

3		Friday, October 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 25	Sutra 173 Vasavasu 5:127
Makara Rasi: 27.11	Tithi 11 - 12	Gulika 7:36AM - 9:03AM	Dhanishtha Until 10:41PM	Ganesha: Blue	Sunrise: 6:09AM		
		Yama 2:53PM - 4:20PM	Dhriti Until 11:18AM	Muruga: Blue	Sunset: 5:48PM	Moon 8 - Phase 24 - 25	4th Phase
Creative Work	Siddha Yoga	Rahu 10:31AM - 11:58AM	Bava Until 7:30PM	Nataraja: White			
			Ekadashi Until 8:05AM	Moon - Purple			Sivaloka Day
				Ashvini-Purnima			

4		Saturday, October 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Tailita Karana Dvadashi/Trayodashyam Titau		Rochester, NY Sun 26	Sutra 174 Vasavasu 5:127
Makara Rasi: 10.53	Tithi 12 - 13	Gulika 6:10AM - 7:37AM	Shatabhishak Until 9:24PM	Ganesha: Blue	Sunrise: 6:10AM		
		Yama 1:25PM - 2:52PM	Shula* Until 8:58AM	Muruga: Blue	Sunset: 5:46PM	Moon 8 - Phase 24 - 26	4th Phase
Creative Work	Amrita Yoga	Rahu 9:04AM - 10:31AM	Tailita Until 4:36AM Sun	Nataraja: White			
Until 9:24PM		Kadaltswami Mahasamadi	Dvadashi Until 6:42AM	Moon - Purple			Sivaloka Day
Then Routine Work - Marana Yoga				Ashvini-Purnima			
				Pradosha Vata			

5		Sunday, October 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktayam Ganda*Widdhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Rochester, NY Sun 27	Sutra 175 Vasavasu 5:127
Makara Rasi: 25.01	Tithi 14	Gulika 2:51PM - 4:17PM	Purvaprosarthpada* Until 7:47PM	Ganesha: White	Sunrise: 6:11AM		
		Yama 11:58AM - 1:24PM	Ganda* Until 6:05AM	Muruga: Blue	Sunset: 5:44PM	Moon 8 - Phase 24 - 27	4th Phase
Creative Work	Siddha Yoga	Rahu 4:17PM - 5:44PM	Gara Until 3:21PM	Nataraja: White			
Until 7:47PM		Chidambaram Abhishekam	Chalurdashi* Until 1:56AM Mon	Moon - Clear			Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvini-Purnima			

Monday, October 6, 2025		Copper Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Uttarashodhapa/Revati Nakshatra Dhruva Yoga Visi/Bava Karana Purnimayam Titau		Rochester, NY Sun 28	Sutra 176 Vasavasu 5:127
Meena Rasi: 9.33	Tithi 15	Gulika 1:24PM - 2:50PM	Uttarashodhapa* Until 5:33PM	Ganesha: Clear	Sunrise: 6:12AM		
Family Home Evening		Yama 10:31AM - 11:57AM	Dhruva Until 11:02PM	Muruga: Blue	Sunset: 5:42PM	Moon 8 - Phase 24 - 28	Purnima
Creative Work	Siddha Yoga	Rahu 7:38AM - 9:05AM	Visi Until 12:26PM	Nataraja: White			
			Purnima* Until 10:49PM	Moon - Clear			Subha Sivaloka Day
				Ashvini-Purnima			

Tuesday, October 7, 2025		Silver Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati/Ashini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau		Rochester, NY Sun 29	Sutra 177 Vasavasu 5:127
Meena Rasi: 24.23	Tithi 16	Gulika 11:57AM - 1:23PM	Revati Until 2:52PM	Ganesha: Clear	Sunrise: 6:13AM		
		Yama 9:05AM - 10:31AM	Vyaghala* Until 7:06PM	Muruga: Blue	Sunset: 5:41PM	Moon 8 - Phase 24 - 29	Prathama
Creative Work	Siddha Yoga	Rahu 2:49PM - 4:15PM	Balava Until 9:10AM	Nataraja: Clear			
			Prathama* Until 7:26PM	Moon - Clear			Sivaloka Day
				Ashvini-Purnima			

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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Wednesday, October 8, 2025

Gold Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Butha Vasara Yuktayam Ashvini/Bharani Nakshatra Hanbana/Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau

Rochester, NY Sun 1

Sutra 178

Vasarasu 5:127

Mesha Rasi: 9:23 Tithi 17 - 18

Gulika 10:31AM - 11:57AM

Ashvini Until 12:17PM

Ganesh: White

Sunrise: 6:15AM

Moon 9 - Phase 25 - 1

Yama 7:40AM - 9:06AM

Rahu 11:57AM - 1:22PM

Harsana Until 3:05PM

Muruga: Blue

Sunset: 5:39PM

Nataraja: Clear

Subha Sivaloka Day

633928574

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

Thursday, October 9, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vajra*/Siddhi* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Tilau

Rochester, NY Sun 2

Sutra 179

Vasarasu 5:127

Mesha Rasi: 24:25 Tithi 18 - 19

Gulika 9:06AM - 10:31AM

Bharani Until 9:35AM

Ganesh: White

Sunrise: 6:16AM

Moon 9 - Phase 25 - 2

Yama 6:16AM - 7:41AM

Rahu 1:22PM - 2:47PM

Vajra* Until 11:04AM

Muruga: Blue

Sunset: 5:37PM

Nataraja: Clear

Subha Sivaloka Day

633928574

Creative Work Siddha Yoga

Until 9:35AM

Then Routine Work - Marana Yoga

Friday, October 10, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddhi/Vyolipala* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Rochester, NY Sun 3

Sutra 180

Vasarasu 5:127

Wishabha Rasi: 9:2 Tithi 19 - 20

Gulika 7:42AM - 9:06AM

Krittika Until 6:55AM

Ganesh: White

Sunrise: 6:17AM

Moon 9 - Phase 25 - 3

Yama 2:46PM - 4:11PM

Rahu 10:31AM - 11:56AM

Siddhi Until 7:13AM

Muruga: Blue

Sunset: 5:35PM

Nataraja: Clear

Subha Sivaloka Day

633928574

Creative Work Siddha Yoga

Until 6:55AM

Then Routine Work - Marana Yoga

Saturday, October 11, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manita Vasara Yuktayam Mrigashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Sashthyam Tilau

Rochester, NY Sun 4

Sutra 181

Vasarasu 5:127

Wishabha Rasi: 24:01 Tithi 20 - 21

Gulika 6:18AM - 7:42AM

Mrigashira Until 3:07AM Sun

Ganesh: Yellow

Sunrise: 6:18AM

Moon 9 - Phase 25 - 4

Yama 1:20PM - 2:45PM

Rahu 9:07AM - 10:31AM

Varjyan Until 12:25AM Sun

Muruga: Blue

Sunset: 5:34PM

Nataraja: Clear

Sivaloka Day

633928574

Creative Work Siddha Yoga

Panchami Until 6:16AM

Moon - Yellow

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Sunday, October 12, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam Ardra Nakshatra Parigaha* Yoga Visli*/Bava Karana Sapthamyam Tilau

Rochester, NY Sun 5

Sutra 182

Vasarasu 5:127

Mithuna Rasi: 8:22 Tithi 22

Gulika 2:44PM - 4:08PM

Ardra Until 1:47AM Mon

Ganesh: Yellow

Sunrise: 6:19AM

Moon 9 - Phase 25 - 5

Yama 11:56AM - 1:20PM

Rahu 4:08PM - 5:32PM

Parigaha* Until 9:39PM

Muruga: Blue

Sunset: 5:32PM

Nataraja: Clear

Sivaloka Day

633928574

Creative Work Siddha Yoga

Visli Until 2:48PM

Moon - Yellow

Subha Sivaloka Day

Then Creative Work - Amrita Yoga

Monday, October 13, 2025

Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Tilau

Rochester, NY Sun 6

Sutra 183

Vasarasu 5:127

Mithuna Rasi: 22:2 Tithi 23

Gulika 1:19PM - 2:43PM

Punarvasu Until 1:21AM Tue

Ganesh: Blue

Sunrise: 6:20AM

Moon 9 - Phase 25 - 6

Yama 10:32AM - 11:55AM

Rahu 7:44AM - 9:08AM

Shiva Until 7:23PM

Muruga: Blue

Sunset: 5:30PM

Nataraja: Clear

Subha Sivaloka Day

643928574

Creative Work Amrita Yoga

Balava Until 1:12PM

Moon - Blue

Subha Sivaloka Day

Until 1:21AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 14, 2025

Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam Pushya Nakshatra Siddha/Sadhyha Yoga Talila/Gara Karana Navamyam Tilau

Rochester, NY Sun 7

Sutra 184

Vasarasu 5:127

Kataka Rasi: 5:55 Tithi 24

Gulika 11:55AM - 1:19PM

Pushya Until 1:26AM Wed

Ganesh: Blue

Sunrise: 6:22AM

Moon 9 - Phase 25 - 7

Yama 9:08AM - 10:32AM

Rahu 2:42PM - 4:05PM

Siddha Until 5:37PM

Muruga: Blue

Sunset: 5:29PM

Nataraja: Clear

Subha Sivaloka Day

643928574

Creative Work Siddha Yoga

Talila Until 12:15PM

Moon - Blue

Subha Sivaloka Day

Navami* Until 12:01AM Wed

Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	Wednesday, October 15, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktyam Ashlesha Nakshatra Sadhya/Subha Yoga Vanija/Visi Karana Dishanyam Titau				Rochester, NY Sun 8	Sutra 185
	Kataka Rasi: 19.08	Tithi 25	Gulika 10:32AM - 11:55AM Yama 7:46AM - 9:09AM 643928574	Rahu 11:55AM - 1:18PM	Ashlesha* Until 1:59AM Thu Sadhya Until 4:23PM Vanija Until 11:58AM Dashami Until 12:03AM Thu	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Blue	Sunrise: 6:23AM Sunset: 5:27PM	Vasavasa 5:127 Moon 9 - Phase 26 - 8 2nd Phase
Creative Work Siddha Yoga Until 1:59AM Thu Then Creative Work - Amrita Yoga			Subha Sivaloka Day <i>Ashvini-Purnima</i>					

2	Thursday, October 16, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Guru Vasara Yuktyam Magha Nakshatra Sadhya/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY Sun 9	Sutra 186
	Simha Rasi: 2.02	Tithi 26	Gulika 9:09AM - 10:32AM Yama 6:24AM - 7:47AM 653928574	Rahu 1:17PM - 2:40PM	Magha* Until 3:25AM Fri Subha Until 3:38PM Bava Until 12:19PM Ekadashi* Until 12:40AM Fri	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:24AM Sunset: 5:29PM	Vasavasa 5:127 Moon 9 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga Until 3:25AM Fri Then Creative Work - Siddha Yoga			Sivaloka Day <i>Ashvini-Purnima</i>					

3	Friday, October 17, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktyam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau				Rochester, NY Sun 10	Sutra 187
	Simha Rasi: 14.4	Tithi 27	Gulika 7:48AM - 9:10AM Yama 2:39PM - 4:02PM 653928574	Rahu 10:32AM - 11:55AM	Purvaphalguni Until 5:10AM Sat Sukla Until 3:16PM Kaulava Until 1:12PM Dvadashi* Until 1:49AM Sat	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:25AM Sunset: 5:29PM	Vasavasa 5:127 Moon 9 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 5:10AM Sat Then Routine Work - Marana Yoga			Sivaloka Day <i>Ashvini-Kijasi</i>					

4	Saturday, October 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Marita Vasara Yuktyam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY Sun 11	Sutra 188
	Simha Rasi: 27.05	Tithi 28	Gulika 6:26AM - 7:48AM Yama 1:16PM - 2:38PM 653928574	Rahu 9:10AM - 10:32AM	Uttaraphalguni Until 7:10AM Sun Brahma Until 3:17PM Gara Until 2:34PM Trayodashi* Until 3:23AM Sun	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:26AM Sunset: 5:29PM	Vasavasa 5:127 Moon 9 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:10AM Sun Then Creative Work - Amrita Yoga			Sivaloka Day <i>Pradosha Vata (Fasting)</i> <i>Ashvini-Kijasi</i>					

5	Sunday, October 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shrua Vasara Yuktyam Uttaraphalguni Nakshatra Indra/Vaidhri Yoga Visi/Sakuni Karana Chaturdashyam Titau				Rochester, NY Sun 12	Sutra 189
	Kanya Rasi: 9.19	Tithi 29	Gulika 2:37PM - 3:59PM Yama 11:54AM - 1:16PM 653928574	Rahu 3:59PM - 5:21PM	Uttaraphalguni Until 7:10AM Indra Until 3:35PM Visi Until 4:19PM Chaturdash* Until 5:18AM Mon	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sunrise: 6:28AM Sunset: 5:27PM	Vasavasa 5:127 Moon 9 - Phase 26 - 12 2nd Phase
Creative Work Amrita Yoga Until 9:48AM Then Routine Work - Prabalarishtha Yoga			Sivaloka Day <i>Ashvini-Kijasi</i>					

Monday, October 20, 2025	Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktyam Hasta/Chitra Nakshatra Vaidhri/Vishkambha Yoga Catuspada* Karana Amavasyayam Titau				Rochester, NY Sun 13	Sutra 190
	Kanya Rasi: 21.25	Tithi 30	Gulika 1:15PM - 2:37PM Yama 10:33AM - 11:54AM 664928574	Rahu 7:50AM - 9:11AM	Hasla Until 9:48AM Vaidhri* Until 4:06PM Catuspada Until 6:22PM Amavasya* Until 7:28AM Tue	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Green	Sunrise: 6:29AM Sunset: 5:19PM	Vasavasa 5:127 Moon 9 - Phase 26 - 13 Amavasya
Family Home Evening Creative Work Siddha Yoga Until 9:48AM Then Routine Work - Prabararishtha Yoga			Devaloka Day <i>Ashvini-Kijasi</i>					

Tuesday, October 21, 2025	Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktyam Chitra/Sival Nakshatra Vishkambha/Prithi Yoga Naga/Kinughna Karana Amavasya/Prathamayam Titau				Rochester, NY Sun 14	Sutra 191
	Tula Rasi: 3.25	Tithi 30 - 1	Gulika 11:54AM - 1:15PM Yama 9:12AM - 10:33AM 664928574	Rahu 2:36PM - 3:57PM	Chitra Until 12:31PM Vishkambha* Until 4:48PM Kinughna Until 8:39PM Amavasya* Until 7:28AM	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Green	Sunrise: 6:30AM Sunset: 5:18PM	Vasavasa 5:127 Moon 9 - Phase 26 - 14 Prathama
Creative Work Siddha Yoga Until 9:48AM Then Routine Work - Prabararishtha Yoga			Devaloka Day <i>Kartika-Kijasi</i>					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1		Wednesday, October 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathamadivliyyam Titau		Rochester, NY Sun 15	Sutra 192 Vasavasu 5127
Tula Rasi: 15.2	Tithi 1 – 2	Gulika 10:33AM – 11:54AM	Svali Until 3:14PM	Ganesh: Green	Sunrise: 6:31AM		
		Yama 7:52AM – 9:12AM	Priti Until 5:38PM	Muruga: Yellow	Sunset: 5:16PM	Moon 9 - Phase 27 - 15	3rd Phase
Creative Work	Siddha Yoga	Rahu 11:54AM – 1:14PM	Balava Until 11:05PM	Nataraja: Clear			
			Prathama* Until 9:50AM	Moan - Orange			
				Kartika-Rajvali		Bhuloka Day	Devaloka Time: 3PM to 6PM

2		Thursday, October 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiyadivliyyam Titau		Rochester, NY Sun 16	Sutra 193 Vasavasu 5127
Tula Rasi: 27.13	Tithi 2 – 3	Gulika 9:13AM – 10:33AM	Vishkha Until 6:22PM	Ganesh: White	Sunrise: 6:33AM		
		Yama 6:33AM – 7:53AM	Ayushman Until 6:30PM	Muruga: Yellow	Sunset: 5:16PM	Moon 9 - Phase 27 - 16	3rd Phase
Creative Work	Siddha Yoga	Rahu 1:14PM – 2:34PM	Taila Until 1:36AM Fri	Nataraja: Clear			
			Dvitiya Until 12:19PM	Moan - Orange			
				Kartika-Rajvali		Bhuloka Day	Devaloka Time: 3PM to 6PM

3		Friday, October 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Gara/Vanija Karana Trityadivliyyam Titau		Rochester, NY Sun 17	Sutra 194 Vasavasu 5127
Wisikha Rasi: 9.04	Tithi 3 – 4	Gulika 7:54AM – 9:14AM	Anuradha Until 9:21PM	Ganesh: White	Sunrise: 6:34AM		
		Yama 2:33PM – 3:53PM	Saubhagya Until 7:24PM	Muruga: Yellow	Sunset: 5:18PM	Moon 9 - Phase 27 - 17	3rd Phase
Creative Work	Siddha Yoga	Rahu 10:33AM – 11:53AM	Vanija Until 4:06AM Sat	Nataraja: Clear			
Until 9:21PM			Tritya Until 2:50PM	Moan - Orange			
Then Routine Work - Marana Yoga				Kartika-Rajvali		Bhuloka Day	Devaloka Time: 3PM to 6PM

4		Saturday, October 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Visli/Bava Karana Chaturthi/Panchamyam Titau		Rochester, NY Sun 18	Sutra 195 Vasavasu 5127
Wisikha Rasi: 20.56	Tithi 4 – 5	Gulika 6:35AM – 7:55AM	Jyeshtha* Until 12:05AM Sun	Ganesh: White	Sunrise: 6:35AM		
		Yama 1:13PM – 2:33PM	Sobhana Until 8:14PM	Muruga: Yellow	Sunset: 5:17PM	Moon 9 - Phase 27 - 18	3rd Phase
Creative Work	Siddha Yoga	Rahu 9:14AM – 10:34AM	Bava Until 6:29AM Sun	Nataraja: Clear			
Until 12:05AM Sun			Chaturthi* Until 5:17PM	Moan - Orange			
Then Creative Work - Amrita Yoga				Kartika-Rajvali		Bhuloka Day	Devaloka Time: 3PM to 6PM

5		Sunday, October 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Alighanda* Yoga Bava/Balava Karana Panchamyam Titau		Rochester, NY Sun 19	Sutra 196 Vasavasu 5127
Dhanus Rasi: 2.51	Tithi 5	Gulika 2:32PM – 3:51PM	Mula* Until 2:55AM Mon	Ganesh: Clear	Sunrise: 6:36AM		
		Yama 11:53AM – 1:12PM	Alighanda* Until 8:54PM	Muruga: Yellow	Sunset: 5:19PM	Moon 9 - Phase 27 - 19	3rd Phase
Creative Work	Amrita Yoga	Rahu 3:51PM – 5:10PM	Bava Until 6:29AM	Nataraja: Clear			
Until 2:55AM Mon			Panchami Until 7:33PM	Moan - Light Blue			
Then Routine Work - Marana Yoga				Kartika-Rajvali		Devaloka Day	

6		Monday, October 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Titau		Rochester, NY Sun 20	Sutra 197 Vasavasu 5127
Dhanus Rasi: 14.52	Tithi 6	Gulika 1:12PM – 2:31PM	Purvashadha* Until 5:14AM Tue	Ganesh: Clear	Sunrise: 6:38AM		
Family Home Evening		Yama 10:34AM – 11:53AM	Sukarma Until 9:19PM	Muruga: Yellow	Sunset: 5:09PM	Moon 9 - Phase 27 - 20	3rd Phase
Routine Work	Marana Yoga	Rahu 7:56AM – 9:15AM	Kaulava Until 8:36AM	Nataraja: Clear			
Until 5:14AM Tue			Shashthi* Until 9:29PM	Moan - Light Blue			
Then Routine Work - Prabalashita Yoga		Skanda Shashi		Kartika-Rajvali		Devaloka Day	

		Tuesday, October 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau		Rochester, NY Sun 21	Sutra 198 Vasavasu 5127
Retreat Star		Gulika 11:53AM – 1:12PM	Uttarashadha Until 6:51AM Wed	Ganesh: Clear	Sunrise: 6:39AM		
Dhanus Rasi: 27.03	Tithi 7	Yama 9:16AM – 10:34AM	Dhriti Until 9:22PM	Muruga: Yellow	Sunset: 5:07PM	Moon 9 - Phase 27 - 21	3rd Phase
Routine Work	Prabalashita Yoga	Rahu 2:30PM – 3:49PM	Gara Until 10:17AM	Nataraja: Clear			
Until 6:51AM Wed			Saptami Until 10:54PM	Moan - Light Blue			
Then Creative Work - Siddha Yoga				Kartika-Rajvali		Devaloka Day	

7		Wednesday, October 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Visli/Bava Karana Ashtamyam Titau		Rochester, NY Sun 22	Sutra 199 Vasavasu 5127
Retreat Star		Gulika 10:35AM – 11:53AM	Uttarashadha Until 6:51AM	Ganesh: Clear	Sunrise: 6:40AM		
Makara Rasi: 9.28	Tithi 8	Yama 7:58AM – 9:16AM	Shula* Until 8:52PM	Muruga: Yellow	Sunset: 5:06PM	Moon 9 - Phase 27 - 22	Ashtami
Creative Work	Amrita Yoga	Rahu 11:53AM – 1:11PM	Visli Until 11:24AM	Nataraja: Clear			
Until 6:51AM			Ashlami* Until 11:39PM	Moan - Light Blue			
Then Creative Work - Siddha Yoga				Kartika-Rajvali		Devaloka Day	

		Thursday, October 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Rochester, NY Sun 23	Sutra 200 Vasavasu 5127
Retreat Star		Gulika 9:17AM – 10:35AM	Shravana Until 8:06AM	Ganesh: Purple	Sunrise: 6:41AM		
Makara Rasi: 22.11	Tithi 9	Yama 6:41AM – 7:59AM	Ganda* Until 7:47PM	Muruga: Yellow	Sunset: 5:04PM	Moon 9 - Phase 27 - 23	Navami
Creative Work	Siddha Yoga	Rahu 1:11PM – 2:29PM	Balava Until 11:45AM	Nataraja: Clear			
			Navami* Until 11:37PM	Moan - Purple			
				Kartika-Rajvali		Bhuloka Day	Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Rochester, NY on 2/11/24

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1	Friday, October 31, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Sakra Vasara Yukhtayam Rochester, NY			
			Dhanishtha/Shatabhishak Nakshatra Vidzhi Yoga Talila/Gara Karana Dashantayam Titau Sun 24 Subra 201			
Kumbha Rasi: 5.2	Tithi 10	Gulika 8:00AM - 9:18AM	Dhanishtha Untill 8:23AM	Ganesh: Purple Sunrise: 6:43AM	Viswasa 5:127	
		Yama 2:28PM - 3:45PM	Vidzhi Untill 6:04PM	Muruga: Yellow Sunset: 5:03PM	Moon 9 - Phase 2B - 24	
Creative Work	Siddha Yoga	Rahu 10:35AM - 11:53AM	Tailita Untill 11:18AM	Nataraja: Clear	4th Phase	
			Dashami Untill 10:44PM	Moon - Purple	Bhuloka Day	
				Kartika-Ajval	Devaloka Time: 3PM to 6PM	

2	Saturday, November 1, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Menta Vicara Yukhtayam Rochester, NY			
			Shatabhishak/Puravroshthapada* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Ekadashyam Titau Sun 25 Subra 202			
Kumbha Rasi: 18.55	Tithi 11	Gulika 6:44AM - 8:01AM	Shatabhishak Untill 7:42AM	Ganesh: Clear Sunrise: 6:44AM	Viswasa 5:127	
		Yama 1:10PM - 2:27PM	Dhruva Untill 3:39PM	Muruga: Yellow Sunset: 5:03PM	Moon 9 - Phase 2B - 25	
Creative Work	Amrita Yoga	Rahu 9:18AM - 10:36AM	Vanija Untill 10:00AM	Nataraja: Clear	4th Phase	
Untill 7:42AM			Ekadashi Untill 9:02PM	Moon - Purple	Devaloka Day	
Then Routine Work - Marana Yoga				Kartika-Ajval		

3	Sunday, November 2, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Bhana Vasara Yukhtayam Rochester, NY			
			Puravroshthapada*/Utaravroshthapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau Sun 26 Subra 203			
Meena Rasi: 3	Tithi 12	Gulika 2:27PM - 3:43PM	Puravroshthapada* Untill 6:33AM	Ganesh: Clear Sunrise: 6:45AM	Viswasa 5:127	
		Yama 11:53AM - 1:10PM	Vyaghata* Untill 12:39PM	Muruga: Yellow Sunset: 5:03PM	Moon 9 - Phase 2B - 26	
Creative Work	Siddha Yoga	Rahu 3:43PM - 5:00PM	Bava Untill 7:55AM	Nataraja: Clear	4th Phase	
Untill 6:33AM			Dvadashi Untill 6:36PM	Moon - Clear	Devaloka Day	
Then Creative Work - Amrita Yoga				Kartika-Ajval		

4	Monday, November 3, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Indu Vasara Yukhtayam Rochester, NY			
			Revati Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Subra 204			
Meena Rasi: 17.32	Tithi 13 - 14	Gulika 1:09PM - 2:26PM	Revati Untill 1:55AM Tue	Ganesh: Clear Sunrise: 6:46AM	Viswasa 5:127	
Family Home Evening		Yama 10:36AM - 11:53AM	Harshana Untill 9:08AM	Muruga: Yellow Sunset: 5:03PM	Moon 9 - Phase 2B - 27	
Creative Work	Siddha Yoga	Rahu 8:03AM - 9:20AM	Gara Untill 1:54AM Tue	Nataraja: Clear	4th Phase	
			Trayodashi Untill 3:34PM	Moon - Clear	Devaloka Day	
				Kartika-Ajval		

Pradosha Vata

O	Tuesday, November 4, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Mangala Vasara Yukhtayam Rochester, NY			
	Copper Retreat Star		Ashvini Nakshatra Siddhi Yoga Vanja/Visli* Karana Chaturdashy/Purnimayam Titau Sun 28 Subra 205			
Mesha Rasi: 2.28	Tithi 14 - 15	Gulika 11:53AM - 1:09PM	Ashvini Untill 11:10PM	Ganesh: Purple Sunrise: 6:48AM	Viswasa 5:127	
		Yama 9:20AM - 10:36AM	Siddhi Untill 12:58AM Wed	Muruga: Yellow Sunset: 5:03PM	Moon 9 - Phase 2B - Purnima	
Creative Work	Siddha Yoga	Rahu 2:25PM - 3:42PM	Visli Untill 10:16PM	Nataraja: Clear	4th Phase	
			Chaturdashy* Untill 12:06PM	Moon - White	Sivaloka Day	
				Kartika-Ajval		

W	Wednesday, November 5, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Pakhe Budha Vasara Yukhtayam Rochester, NY			
	Silver Retreat Star		Bharani Nakshatra Vyatipala* Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Subra 206			
Mesha Rasi: 17.4	Tithi 15 - 16	Gulika 10:37AM - 11:53AM	Bharani Untill 8:06PM	Ganesh: Purple Sunrise: 6:49AM	Viswasa 5:127	
		Yama 8:05AM - 9:21AM	Vyatipala* Untill 8:37PM	Muruga: Yellow Sunset: 5:03PM	Moon 9 - Phase 2B - Prathama	
Creative Work	Siddha Yoga	Rahu 11:53AM - 1:09PM	Balava Untill 6:26PM	Nataraja: Clear	4th Phase	
Untill 8:06PM			Purnima* Untill 8:21AM	Moon - White	Sivaloka Day	
Then Creative Work - Amrita Yoga				Kartika-Ajval		

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam
Kritika/Rohini Nakshatra Varjyan/Parigha* Yoga Talila/Gara Karana Dvityayam TitauRochester, NY
Sutra 207

Wishabha Rasi: 2.58 Tithi 17

Gulika 9:22AM - 10:37AM
Yama 6:50AM - 8:06AM
Rahu 1:08PM - 2:24PM**Kritika Until 4:55PM**Varjyan Until 4:15PM
Talila Until 2:35PMGanesha: Clear Sunrise: 6:50AM
Muruga: Yellow Sunset: 4:59PM
Nataraja: Clear

Moon - White

Devaloka Day

Routine Work Marana Yoga

Dvitiya Until 12:42AM Fri**Kartika-Ajvala****Friday, November 7, 2025****1**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam
Mrigasira/Rohini Nakshatra Parigha* Shiva Yoga Vanija/Visi* Karana Trityayam TitauRochester, NY
Sutra 208

Wishabha Rasi: 18.11 Tithi 18

Gulika 8:07AM - 9:22AM
Yama 2:24PM - 3:39PM
Rahu 10:38AM - 11:53AM**Rohini Until 2:09PM**

Parigha* Until 12:02PM

Vanija Until 10:54AM

Trityiya Until 9:10PM

Ganesha: Purple Sunrise: 6:52AM
Muruga: Yellow Sunset: 4:54PM
Nataraja: Clear

Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 2:09PM

Then Creative Work - Siddha Yoga

Saturday, November 8, 2025**2**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam
Mrigasira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthyam TitauRochester, NY
Sutra 209

Mihuna Rasi: 3.11 Tithi 19

Gulika 6:53AM - 8:08AM
Yama 1:08PM - 2:23PM
Rahu 9:23AM - 10:38AM**Mrigasira Until 11:38AM**

Shiva Until 8:07AM

Bava Until 7:33AM

Chalurthi* Until 6:02PMGanesha: Purple Sunrise: 6:53AM
Muruga: Yellow Sunset: 4:53PM
Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Kartika-Ajvala**Sunday, November 9, 2025****3**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Talila/Gara Karana Panchami/Shashthyam TitauRochester, NY
Sutra 210

Mihuna Rasi: 17.49 Tithi 20 - 21

Gulika 2:22PM - 3:37PM
Yama 11:53AM - 1:08PM
Rahu 3:37PM - 4:52PM**Ardra Until 9:30AM**

Sadhya Until 1:35AM Mon

Gara Until 2:29AM Mon

Panchami Until 3:29PMGanesha: Purple Sunrise: 6:54AM
Muruga: Yellow Sunset: 4:52PM
Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Kartika-Ajvala**Monday, November 10, 2025****4**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visi* Karana Shashthi/Saptamyam TitauRochester, NY
Sutra 211

Kataka Rasi: 1.59 Tithi 21 - 22

Gulika 1:08PM - 2:22PM
Yama 10:39AM - 11:53AM
Rahu 8:10AM - 9:24AM**Punarvasu Until 8:18AM**

Subha Until 11:13PM

Visi Until 1:02AM Tue

Shashthi* Until 1:38PMGanesha: Clear Sunrise: 6:55AM
Muruga: Yellow Sunset: 4:51PM
Nataraja: Clear

Moon - Blue

Devaloka Day

Creative Work Amrita Yoga

Until 8:18AM

Then Creative Work - Siddha Yoga

Kartika-Ajvala**Tuesday, November 11, 2025****5****Retreat Star**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam TitauRochester, NY
Sutra 212

Kataka Rasi: 15.41 Tithi 22 - 23

Gulika 11:53AM - 1:07PM
Yama 9:25AM - 10:39AM
Rahu 2:22PM - 3:36PM**Pushya Until 7:45AM**

Sukla Until 9:27PM

Balava Until 12:25AM Wed

Saptami Until 12:36PMGanesha: White Sunrise: 6:57AM
Muruga: Yellow Sunset: 4:50PM
Nataraja: Clear

Moon - Blue

Bhuloka Day

Creative Work Siddha Yoga

Devaloka Time: 3PM to 6PM

Kartika-Ajvala**Wednesday, November 12, 2025****6****Retreat Star**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam
Ashlesha*Magha* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamyam TitauRochester, NY
Sutra 213

Kataka Rasi: 28.55 Tithi 23 - 24

Gulika 10:40AM - 11:53AM
Yama 8:12AM - 9:26AM
Rahu 11:53AM - 1:07PM**Ashlesha* Until 7:51AM**

Brahma Until 8:22PM

Tailila Until 12:37AM Thu

Ashtami* Until 12:24PMGanesha: White Sunrise: 6:58AM
Muruga: Yellow Sunset: 4:49PM
Nataraja: Clear

Moon - Blue

Bhuloka Day

Creative Work Siddha Yoga

Devaloka Time: 3PM to 6PM

Kartika-Ajvala

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamam Titau		Rochester, NY Sun 7	Sutra 214 Sutra 215 Vasarasu 5127
Simha Rasi: 11.43	Tithi 24 – 25	Gulika 9:26AM – 10:40AM Yama 6:59AM – 8:13AM Rahu 1:07PM – 2:21PM	Magha* Until 9:03AM Indra Until 7:53PM Vanija Until 1:35AM Fri Navami* Until 1:00PM	Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 6:59AM Sunset: 4:46PM	Moon 10 - Phase 30 - 7 2nd Phase	Devaloka Day
Creative Work - Amrita Yoga Until 9:03AM Then Creative Work - Siddha Yoga				Kartika-Kartika			

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vist/Bava Karana Dashami/Eladasi		Rochester, NY Sun 8	Sutra 215 Sutra 216 Vasarasu 5127
Simha Rasi: 24.12	Tithi 25 – 26	Gulika 8:14AM – 9:27AM Yama 2:20PM – 3:33PM Rahu 10:40AM – 11:54AM	Purvaphalguni Until 10:47AM Vaidhri* Until 7:52PM Bava Until 3:10AM Sat Dashami Until 2:17PM	Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 7:01AM Sunset: 4:47PM	Moon 10 - Phase 30 - 8 2nd Phase	Devaloka Day
Creative Work - Siddha Yoga				Kartika-Kartika			

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 9	Sutra 217 Sutra 218 Vasarasu 5127
Kanya Rasi: 6.26	Tithi 26 – 27	Gulika 7:02AM – 8:15AM Yama 1:07PM – 2:20PM Rahu 9:28AM – 10:41AM	Uttaraphalguni Until 12:53PM Vishkamba* Until 8:15PM Kaulava Until 5:13AM Sun Ekadashi* Until 4:08PM	Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 7:03AM Sunset: 4:46PM	Moon 10 - Phase 30 - 9 2nd Phase	Devaloka Day
Routine Work - Marana Yoga				Kartika-Kartika			

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Talila Karana Dvadashyam Titau		Rochester, NY Sun 10	Sutra 217 Sutra 218 Vasarasu 5127
Kanya Rasi: 18.29	Tithi 27	Gulika 2:19PM – 3:32PM Yama 11:54AM – 1:07PM Rahu 3:32PM – 4:45PM	Hasta Until 3:42PM Pili Until 8:54PM Talila Until 6:20PM Dvadashi* Until 6:20PM	Ganesha: Yellow Muruga: Yellow Nataraja: Purple Moon - Green	Sunrise: 7:03AM Sunset: 4:46PM	Moon 10 - Phase 30 - 10 2nd Phase	Sivaloka Day
Creative Work - Amrita Yoga Until 3:42PM Then Creative Work - Siddha Yoga				Kartika-Kartika			

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Indra Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Rochester, NY Sun 11	Sutra 218 Sutra 219 Vasarasu 5127
Tula Rasi: 0.26	Tithi 28	Gulika 1:07PM – 2:19PM Yama 10:42AM – 11:54AM Rahu 8:17AM – 9:29AM	Chitra Until 6:34PM Ayushman Until 9:40PM Gara Until 7:33AM Trayodashi* Until 8:46PM	Ganesha: Yellow Muruga: Yellow Nataraja: Purple Moon - Green	Sunrise: 7:04AM Sunset: 4:46PM	Moon 10 - Phase 30 - 11 2nd Phase	Sivaloka Day
Routine Work - Prabalarishta Yoga Until 6:34PM Then Creative Work - Amrita Yoga				Kartika-Kartika			
<i>Pradosha Vata (Fasting)</i>							

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 12	Sutra 219 Sutra 220 Vasarasu 5127
Tula Rasi: 12.19	Tithi 29	Gulika 11:54AM – 1:07PM Yama 9:30AM – 10:42AM Rahu 2:19PM – 3:31PM	Svali Until 9:21PM Saubhagya Until 10:31PM Visti Until 10:02AM Chaturdashi* Until 11:17PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Green	Sunrise: 7:06AM Sunset: 4:47PM	Moon 10 - Phase 30 - 12 2nd Phase	Devaloka Day
Creative Work - Siddha Yoga Until 9:21PM Then Routine Work - Marana Yoga				Kartika-Kartika			

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Budha Vasara Yuktayam Vishaha Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Titau		Rochester, NY Sun 13	Sutra 220 Sutra 221 Vasarasu 5127
Retreat Star		Gulika 10:43AM – 11:55AM Yama 8:19AM – 9:31AM Rahu 11:55AM – 1:07PM	Vishaha Until 12:29AM Thu Sobhana Until 11:24PM Caluspada Until 12:34PM Amavasya* Until 1:48AM Thu	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 7:07AM Sunset: 4:47PM	Moon 10 - Phase 30 - 13 Amavasya	Devaloka Day
Tula Rasi: 24.11 Tithi 30 Creative Work - Siddha Yoga				Kartika-Kartika			

Thursday, November 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Sula Paksha Guru Vasara Yuktayam Anuradha Nakshatra Abhiganda* Yoga Kintughna/Bava Karana Prathamayam Titau		Rochester, NY Sun 14	Sutra 221 Sutra 222 Vasarasu 5127
Vishcha Rasi: 6.03	Tithi 1	Gulika 9:31AM – 10:43AM Yama 7:08AM – 8:20AM Rahu 1:07PM – 2:18PM	Anuradha Until 3:24AM Fri Abhiganda* Until 12:12AM Fri Kintughna Until 3:05PM Prathama* Until 4:17AM Fri	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 7:08AM Sunset: 4:47PM	Moon 10 - Phase 30 - 14 Prathama	Devaloka Day
Creative Work - Siddha Yoga Until 3:24AM Fri Then Routine Work - Marana Yoga				Mangalika-Kartika			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktiyam Rochester, NY Jyeshtha' Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 222			
Wischika Rasi: 17.56	Tithi 2	Gulika 8:21AM - 9:32AM Yama 2:18PM - 3:29PM 787238575 Rahu 10:44AM - 11:55AM	Jyeshtha' Until 6:04AM Sat Sukarma Until 12:57AM Sat Balava Until 5:30PM Dvitiya Until 6:39AM Sat	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 7:09AM Sunset: 4:49PM Moon 10 - Phase 31 - 17 3rd Phase
Routine Work Marana Yoga Until 6:04AM Sat Then Creative Work - Siddha Yoga		Devaloka Day #Wagovisa-Kartika			
2 Saturday, November 22, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantia Vasara Yuktiyam Rochester, NY Jyeshtha' Mula' Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 223			
Wischika Rasi: 29.52	Tithi 2 - 3	Gulika 7:11AM - 8:22AM Yama 1:07PM - 2:18PM 787238575 Rahu 9:33AM - 10:44AM	Jyeshtha' Until 6:04AM Dhriti Until 1:36AM Sun Talita Until 7:49PM Dvitiya Until 6:39AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 7:17AM Sunset: 4:40PM Moon 10 - Phase 31 - 17 3rd Phase
Creative Work Siddha Yoga		Devaloka Day #Wagovisa-Kartika			
3 Sunday, November 23, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktiyam Rochester, NY Mula' Purvashada' Nakshatra Shula' Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 224			
Dhanus Rasi: 11.52	Tithi 3 - 4	Gulika 2:18PM - 3:29PM Yama 11:56AM - 1:07PM 787238575 Rahu 3:29PM - 4:40PM	Mula' Until 8:55AM Shula' Until 2:04AM Mon Vanija Until 9:55PM Tritiya Until 8:52AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:12AM Sunset: 4:40PM Moon 10 - Phase 31 - 17 3rd Phase
Creative Work Amrita Yoga Until 8:55AM Then Creative Work - Siddha Yoga		Devaloka Day #Wagovisa-Kartika			
4 Monday, November 24, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktiyam Rochester, NY Purvashada' Uttarashada' Nakshatra Ganda' Yoga Vasi' Bava Karana Chaturthi/Panchayam Titau Sun 18 Sutra 225			
Dhanus Rasi: 23.56	Tithi 4 - 5	Gulika 1:07PM - 2:17PM Yama 10:45AM - 11:56AM 787238575 Rahu 8:24AM - 9:34AM	Purvashada' Until 11:21AM Ganda' Until 2:18AM Tue Bava Until 11:44PM Chaturthi' Until 10:51AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:13AM Sunset: 4:39PM Moon 10 - Phase 31 - 18 3rd Phase
Routine Work Marana Yoga		Devaloka Day #Wagovisa-Kartika			
5 Tuesday, November 25, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktiyam Rochester, NY Uttarashada' Shrivana Nakshatra Vidha' Yoga Balava/Kaulava Karana Pancham/Shashthayam Titau Sun 19 Sutra 226			
Makara Rasi: 6.1	Tithi 5 - 6	Gulika 11:56AM - 1:07PM Yama 9:35AM - 10:46AM 788238575 Rahu 2:17PM - 3:28PM	Uttarashada Until 1:18PM Vidhhi Until 2:14AM Wed Kaulava Until 1:07AM Wed Panchami Until 12:28PM	Ganesh: Red Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:14AM Sunset: 4:38PM Moon 10 - Phase 31 - 19 3rd Phase
Routine Work Prabalashita Yoga Until 1:18PM Then Creative Work - Siddha Yoga		Sivaloka Day #Wagovisa-Kartika			
6 Wednesday, November 26, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktiyam Rochester, NY Uttarashada' Shrivana Nakshatra Dhruva' Yoga Talita/Gara Karana Shashthi/Saptayam Titau Sun 20 Sutra 227			
Makara Rasi: 18.34	Tithi 6 - 7	Gulika 10:46AM - 11:57AM Yama 8:26AM - 9:36AM 798238575 Rahu 11:57AM - 1:07PM	Shrivana Until 3:05PM Dhruva Until 1:41AM Thu Gara Until 1:56AM Thu Shashthi' Until 1:35PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:15AM Sunset: 4:38PM Moon 10 - Phase 31 - 20 3rd Phase
Creative Work Siddha Yoga Until 3:05PM Then Routine Work - Prabalashita Yoga		Subha Sivaloka Day #Wagovisa-Kartika			
Thursday, November 27, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktiyam Rochester, NY Dhanishtha' Shatabhishak Nakshatra Vyaghat' Yoga Vanija/Visi' Karana Saptami/Ashrayam Titau Sun 21 Sutra 228			
Retreat Star		Gulika 9:37AM - 10:47AM Yama 7:16AM - 8:27AM 798238575 Rahu 1:07PM - 2:17PM	Dhanishtha Until 4:05PM Vyaghat' Until 12:38AM Fri Visi Until 2:04AM Fri Saptami Until 2:05PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:16AM Sunset: 4:37PM Moon 10 - Phase 31 - 21 Ashtami
Creative Work Siddha Yoga		Subha Sivaloka Day #Wagovisa-Kartika			
Friday, November 28, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktiyam Rochester, NY Shatabhishak' Purvasrothi' Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navayam Titau Sun 22 Sutra 229			
Retreat Star		Gulika 8:28AM - 9:37AM Yama 2:17PM - 3:27PM 798238575 Rahu 10:47AM - 11:57AM	Shatabhishak Until 4:13PM Harshana Until 10:59PM Balava Until 1:25AM Sat Ashlami' Until 1:49PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:18AM Sunset: 4:37PM Moon 10 - Phase 31 - 22 Navami
Creative Work Siddha Yoga		Subha Sivaloka Day #Wagovisa-Kartika			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1 Saturday, November 29, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Manta Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Rochester, NY Sun 23	Sutra 230 Vasarasu 5127
Kumbha Rasi: 27.4	Tithi 9 – 10	Gulika 7:19AM – 8:28AM	Puravproshthapada Until 3:53PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear	Sunrise: 7:19AM Sunset: 4:36PM		
Routine Work	Marana Yoga	Yama 1:07PM – 2:17PM	Vajra Until 8:42PM				
Until 3:53PM		Rahu 9:38AM – 10:48AM	Taila Until 11:59PM				4th Phase
Then Creative Work	Siddha Yoga		Navami Until 12:47PM	Mangestika/Kartika			Subha Sivaloka Day

2 Sunday, November 30, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddha/Vyjalpata Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau				Rochester, NY Sun 24	Sutra 231 Vasarasu 5127
Mesha Rasi: 11.32	Tithi 10 – 11	Gulika 2:17PM – 3:27PM	Uttarproshthapada Until 2:39PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear	Sunrise: 7:20AM Sunset: 4:36PM		
Creative Work	Amrita Yoga	Yama 11:58AM – 1:07PM	Siddhi Until 5:49PM				
		Rahu 3:27PM – 4:36PM	Vanija Until 9:49PM				4th Phase
		Gita Jayanthi	Dashami Until 10:58AM	Mangestika/Kartika			Subha Sivaloka Day

3 Monday, December 1, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyajipata/Variyan Yoga Visi/Bava Karana Ekadashi/Dwadashmyam Titau				Rochester, NY Sun 25	Sutra 232 Vasarasu 5127
Mesha Rasi: 25.53	Tithi 11 – 12	Gulika 1:08PM – 2:17PM	Revati Until 12:36PM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Clear	Sunrise: 7:21AM Sunset: 4:36PM		
Family Home Evening		Yama 10:49AM – 11:58AM	Vyalipata Until 2:25PM				
Creative Work	Siddha Yoga	Rahu 8:30AM – 9:40AM	Bava Until 7:00PM				4th Phase
			Ekadashi Until 8:28AM	Mangestika/Kartika			Sivaloka Day

4 Tuesday, December 2, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigaha Yoga Kaulava/Taila Karana Trayodashmyam Titau				Rochester, NY Sun 26	Sutra 233 Vasarasu 5127
Mesha Rasi: 10.39	Tithi 13	Gulika 11:59AM – 1:08PM	Ashvini Until 10:17AM	Ganesh: White Muruga: Yellow Nataraja: Purple Moon – White	Sunrise: 7:22AM Sunset: 4:35PM		
Creative Work	Siddha Yoga	Yama 9:40AM – 10:50AM	Variyan Until 10:34AM				
		Rahu 2:17PM – 3:26PM	Kaulava Until 3:42PM				4th Phase
			Trayodashi Until 1:53AM Wed	Mangestika/Kartika			Devaloka Day
			<i>Pradosha Vata</i>				

5 Wednesday, December 3, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Budha Vasara Yuktayam Bharani/Kritika Nakshatra Parigaha/Shiva Yoga Gara/Vanija Karana Chaturdshmyam Titau				Rochester, NY Sun 27	Sutra 234 Vasarasu 5127
Mesha Rasi: 25.44	Tithi 14	Gulika 10:50AM – 11:59AM	Bharani Until 7:27AM	Ganesh: White Muruga: Yellow Nataraja: Purple Moon – White	Sunrise: 7:23AM Sunset: 4:35PM		
Creative Work	Siddha Yoga	Yama 8:32AM – 9:41AM	Parigaha Until 6:24AM				
Until 7:27AM		Rahu 11:59AM – 1:08PM	Gara Until 12:02PM				4th Phase
Then Creative Work	Amrita Yoga	Kritika Deepam	Chaturdashi Until 10:07PM	Mangestika/Kartika			Devaloka Day

Thursday, December 4, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visi/Bava Karana Purnimayam Titau				Rochester, NY Sun 28	Sutra 235 Vasarasu 5127
Copper Retreat Star		Gulika 9:42AM – 10:51AM	Rohini Until 1:19AM Fri	Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon – Yellow	Sunrise: 7:24AM Sunset: 4:35PM		
Wishabha Rasi: 11.01	Tithi 15	Yama 7:24AM – 8:33AM	Siddha Until 9:39PM				
Routine Work	Marana Yoga	Rahu 1:08PM – 2:17PM	Visi Until 8:13AM				4th Phase
Until 1:19AM Fri			Purnima Until 6:16PM	Mangestika/Kartika			Sivaloka Day
Then Creative Work	Siddha Yoga						

Friday, December 5, 2025		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam Titau				Rochester, NY Sun 29	Sutra 236 Vasarasu 5127
Silver Retreat Star		Gulika 8:34AM – 9:43AM	Mrigashira Until 10:23PM	Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon – Yellow	Sunrise: 7:25AM Sunset: 4:35PM		
Wishabha Rasi: 26.18	Tithi 16 – 17	Yama 2:17PM – 3:26PM	Sadya Until 5:22PM				
Creative Work	Siddha Yoga	Rahu 10:51AM – 12:00PM	Taila Until 12:45AM Sat				4th Phase
			Prathama Until 2:31PM	Mangestika/Kartika			Sivaloka Day
							Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tilayam TitauRochester, NY Sun 1
Sutra 237

Mithuna Rasi: 11.25 Tithi 17 - 18

Gulika 7:24AM - 8:35AM
Yama 1:09PM - 2:17PM
Rahu 9:43AM - 10:52AMArdra Until 7:41PM
Subha Until 1:21PM
Vanija Until 9:29PM
Dvitiya Until 11:03AMGanesha: Yellow Sunrise: 7:26AM
Muruga: Yellow Sunset: 4:35PM
Nataraja: Purple
Moon - YellowSivaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 1
1st Phase

Creative Work Siddha Yoga

Waggeswari-Kartika**1****Sunday, December 7, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhara Vasara Yuktyam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Visi/Basa Karana Tritiya/Chaturtham TitauRochester, NY Sun 2
Sutra 238

Mithuna Rasi: 26.13 Tithi 18 - 19

Gulika 2:18PM - 3:26PM
Yama 12:01PM - 1:09PM
Rahu 3:26PM - 4:34PMPunarvasu Until 5:46PM
Sukla Until 9:41AM
Bava Until 6:45PM
Tritiya Until 8:01AMGanesha: Blue Sunrise: 7:27AM
Muruga: Yellow Sunset: 4:34PM
Nataraja: Purple
Moon - BlueDevaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 2
1st Phase

Creative Work Siddha Yoga

Waggeswari-Kartika**2****Monday, December 8, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam
Pushya/Ashlesha Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Panchamiam TitauRochester, NY Sun 3
Sutra 239

Kataka Rasi: 10.35 Tithi 20

Gulika 1:10PM - 2:18PM
Yama 10:53AM - 12:01PM
Rahu 8:36AM - 9:45AMPushya Until 4:24PM
Brahma Until 6:33AM
Kaulava Until 4:43PM
Panchami Until 4:00AM TueGanesha: Blue Sunrise: 7:28AM
Muruga: Yellow Sunset: 4:34PM
Nataraja: Purple
Moon - BlueDevaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 3
1st Phase

Creative Work Siddha Yoga

Waggeswari-Kartika**3****Tuesday, December 9, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam
Ashlesha/Magha Nakshatra Vaidhril Yoga Gara/Vanija Karana Shashthiyam TitauRochester, NY Sun 4
Sutra 240

Kataka Rasi: 24.27 Tithi 21

Gulika 12:02PM - 1:10PM
Yama 9:45AM - 10:54AM
Rahu 2:18PM - 3:26PMAshlesha Until 3:42PM
Vaidhril Until 2:12AM Wed
Gara Until 3:32PM
Shashthi Until 3:15AM WedGanesha: White Sunrise: 7:29AM
Muruga: Yellow Sunset: 4:34PM
Nataraja: Purple
Moon - BlueDevaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 4
1st Phase

Creative Work Siddha Yoga

Waggeswari-Kartika**4****Wednesday, December 10, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam
Magha/Vishkambha Nakshatra Vishkambha Yoga Visi/Bava Karana Sapthamiam TitauRochester, NY Sun 5
Sutra 241

Simha Rasi: 7.48 Tithi 22

Gulika 10:54AM - 12:02PM
Yama 8:38AM - 9:46AM
Rahu 12:02PM - 1:10PMMagha Until 4:10PM
Vishkambha Until 1:05AM Thu
Visi Until 3:14PM
Saptami Until 3:24AM ThuGanesha: Clear Sunrise: 7:30AM
Muruga: Yellow Sunset: 4:34PM
Nataraja: Purple
Moon - RedSivaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 5
1st Phase

Creative Work Siddha Yoga

Waggeswari-Kartika

Until 4:10PM

Then Creative Work - Amrita Yoga

D**Thursday, December 11, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Gura Vasara Yuktyam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamiam TitauRochester, NY Sun 6
Sutra 242

Simha Rasi: 20.41 Tithi 23

Gulika 9:47AM - 10:55AM
Yama 7:31AM - 8:39AM
Rahu 1:11PM - 2:19PMPurvaphalguni Until 5:22PM
Priti Until 12:39AM Fri
Balava Until 3:50PM
Ashlami Until 4:25AM FriGanesha: Purple Sunrise: 7:31AM
Muruga: Yellow Sunset: 4:35PM
Nataraja: Purple
Moon - RedSubha Sivaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 6
Ashtami

Creative Work Siddha Yoga

Waggeswari-Kartika**Friday, December 12, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam
Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamiam TitauRochester, NY Sun 7
Sutra 243

Kanya Rasi: 3.11 Tithi 24

Gulika 8:40AM - 9:47AM
Yama 2:19PM - 3:27PM
Rahu 10:55AM - 12:03PMUttaraphalguni Until 7:08PM
Ayushman Until 12:44AM Sat
Taila Until 5:13PM
Navami Until 6:08AM SatGanesha: Purple Sunrise: 7:32AM
Muruga: Yellow Sunset: 4:35PM
Nataraja: Purple
Moon - RedSubha Sivaloka Day
Vasavasu 5127
Moon 11 - Phase 33 - 7
Navami

Creative Work Siddha Yoga

Waggeswari-Kartika

Until 7:08PM

Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Mania Vasara Yuktayam Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamam Titau		Rochester, NY Sun 8	Sutra 244 Sutra 211
Kanya Rasi: 15.24	Tithi 24 – 25	Gulika 7:32AM – 8:40AM	Hasla Until 9:49PM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 7:20AM Sunset: 4:29PM	Moon 11 - Phase 34 - 12	Vasavasa 5127 Phase 34 - 2
Routine Work	Marana Yoga	Yama 1:11PM – 2:19PM	Saubhagya Until 1:15AM Sun Vanija Until 7:14PM	Waganesu/Marhalu		Sivaloka Day	
		Rahu 9:48AM – 10:56AM	Navami* Until 6:08AM				

2		Sunday, December 14, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Bhanu Vasara Yuktayam Hashta Nakshatra Sobhana Yoga Visi*/Vasi*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 9	Sutra 245 Sutra 517
Kanya Rasi: 27.24	Tithi 25 – 26	Gulika 2:20PM – 3:27PM	Chitra Until 12:40AM Mon	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 7:23AM Sunset: 4:29PM	Moon 11 - Phase 34 - 9	Vasavasa 5127 Phase 34 - 12
Creative Work	Siddha Yoga	Yama 12:04PM – 1:12PM	Sobhana Until 2:02AM Mon Bava Until 9:38PM	Waganesu/Marhalu		Sivaloka Day	
Then Routine Work	Marana Yoga	Rahu 3:27PM – 4:35PM	Dashami Until 8:23AM				

3		Monday, December 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Indu Vasara Yuktayam Svali Nakshatra Ahiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 10	Sutra 246 Sutra 517
Tula Rasi: 9.17	Tithi 26 – 27	Gulika 1:12PM – 2:20PM	Svali Until 3:31AM Tue	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 7:34AM Sunset: 4:29PM	Moon 11 - Phase 34 - 10	Vasavasa 5127 Phase 34 - 12
Family Home Evening	Amrita Yoga	Yama 10:57AM – 10:57AM	Ahiganda* Until 2:54AM Tue Kaulava Until 12:13AM Tue	Waganesu/Marhalu		Sivaloka Day	
Then Routine Work	Marana Yoga	Rahu 8:42AM – 9:49AM	Ekadashi* Until 10:54AM				
			Markali Pillayar				

4		Tuesday, December 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Mangala Vasara Yuktayam Vishakha Nakshatra Sukama Yoga Talila/Gara Karana Dvadashi/Trajodashyam Titau		Rochester, NY Sun 11	Sutra 247 Sutra 517
Tula Rasi: 21.08	Tithi 27 – 28	Gulika 12:05PM – 1:13PM	Vishakha Until 6:42AM Wed	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:25AM Sunset: 4:29PM	Moon 11 - Phase 34 - 11	Vasavasa 5127 Phase 34 - 11
Routine Work	Marana Yoga	Yama 9:50AM – 10:57AM	Sukama Until 3:46AM Wed Gara Until 2:49AM Wed	Waganesu/Marhalu		Sivaloka Day	
Then Routine Work	Siddha Yoga	Rahu 2:20PM – 3:28PM	Dvadashi* Until 1:30PM				
			Pradosha Vata (Fasting)				

5		Wednesday, December 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Butha Vasara Yuktayam Vishakha/Auradha Nakshatra Dhriti Yoga Vanija/Vasi*/ Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 12	Sutra 248 Sutra 517
Wisshika Rasi: 2.59	Tithi 28 – 29	Gulika 10:58AM – 12:06PM	Vishakha Until 6:42AM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:25AM Sunset: 4:29PM	Moon 11 - Phase 34 - 12	Vasavasa 5127 Phase 34 - 12
Creative Work	Siddha Yoga	Yama 8:43AM – 9:50AM	Dhriti Until 4:35AM Thu Visi Until 5:19AM Thu	Waganesu/Marhalu		Sivaloka Day	
Then Routine Work	Marana Yoga	Rahu 12:06PM – 1:13PM	Trayodashi* Until 4:04PM				

6		Thursday, December 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Satsat*/Naga* Karana Chaturdashyam Titau		Rochester, NY Sun 13	Sutra 249 Sutra 517
Wisshika Rasi: 14.52	Tithi 29	Gulika 9:51AM – 10:59AM	Anuradha Until 9:35AM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:36AM Sunset: 4:29PM	Moon 11 - Phase 34 - 13	Vasavasa 5127 Phase 34 - 13
Creative Work	Siddha Yoga	Yama 7:36AM – 8:44AM	Shula* Until 5:13AM Fri Sakuni Until 6:28PM	Waganesu/Marhalu		Sivaloka Day	
Then Routine Work	Prabalarishtha Yoga	Rahu 1:14PM – 2:21PM	Chaturdashi* Until 6:28PM				

Retreat Star		Friday, December 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 14	Sutra 250 Sutra 517
Wisshika Rasi: 26.5	Tithi 30	Gulika 8:44AM – 9:52AM	Jyeshtha* Until 12:08PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:37AM Sunset: 4:29PM	Moon 11 - Phase 34 - 14	Vasavasa 5127 Amavasya
Routine Work	Marana Yoga	Yama 2:22PM – 3:29PM	Ganda* Until 5:43AM Sat Caluspada Until 7:37AM	Waganesu/Marhalu		Devaloka Day	
Then Routine Work	Amrita Yoga	Rahu 10:59AM – 12:07PM	Amavasya* Until 8:41PM				
			Hanumath Jayanthi (Tamil Nadu)				

Retreat Star		Saturday, December 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho: Mania Vasara Yuktayam Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 15	Sutra 251 Sutra 517
Dhanus Rasi: 8.53	Tithi 1	Gulika 7:37AM – 8:45AM	Mula* Until 2:48PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:37AM Sunset: 4:29PM	Moon 11 - Phase 34 - 15	Vasavasa 5127 Prathama
Creative Work	Siddha Yoga	Yama 1:15PM – 2:22PM	Widdhi Until 6:02AM Sun Kintughna Until 9:43AM	Waganesu/Marhalu		Devaloka Day	
Then Routine Work	Marana Yoga	Rahu 9:52AM – 11:00AM	Prathama* Until 10:38PM				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsare Dakshinye Moksha Ritau Dhanus Mese Sakla Paksho Bharu Vesara Yuktayam Purvashada/Uttarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Tilau				Rochester, NY Sun 16	Sutra 252 Viswasa 5127
Dhanus Rasi: 21.02	Tilthi 2	Gulika 2:22PM – 3:30PM	Purvashada* Untill 5:02PM	Ganesh: Light Blue	Sunrise: 7:38AM		
		Yama 12:08PM – 1:15PM	Vridhi Untill 6:02AM	Muruga: Yellow	Sunset: 4:37PM	Moon 11 - Phase 35 - 16	3rd Phase
Creative Work Siddha Yoga		Rahu 3:30PM – 4:37PM	Balava Untill 11:32AM	Nataraja: Purple			
Untill 5:02PM		Day 1 of Pancha Ganapati	Dvitiya Untill 12:19AM Mon	Moan - Light Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Pancha/Bhukal			

2 Monday, December 22, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Indu Vasara Yuktayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Tilau				Rochester, NY Sun 17	Sutra 253 Viswasa 5127
Makara Rasi: 3.17	Tilthi 3	Gulika 1:16PM – 2:23PM	Uttarashada Untill 6:50PM	Ganesh: Light Blue	Sunrise: 7:38AM		
Family Home Evening		Yama 11:01AM – 12:08PM	Dhruva Untill 6:07AM	Muruga: Yellow	Sunset: 4:38PM	Moon 11 - Phase 35 - 17	3rd Phase
Routine Work Marana Yoga		Rahu 8:46AM – 9:53AM	Talilla Untill 1:04PM	Nataraja: Purple			
Untill 6:50PM		Day 2 of Pancha Ganapati	Tritiya Untill 1:42AM Tue	Moan - Light Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Pancha/Bhukal			

3 Tuesday, December 23, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Uttarashada Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthiyam Tilau				Rochester, NY Sun 18	Sutra 254 Viswasa 5127
Makara Rasi: 15.41	Tilthi 4	Gulika 12:09PM – 1:16PM	Shravana Untill 8:37PM	Ganesh: Purple	Sunrise: 7:39AM		
		Yama 9:54AM – 10:01AM	Harshana Untill 5:32AM Wed	Muruga: Yellow	Sunset: 4:38PM	Moon 11 - Phase 35 - 18	3rd Phase
Creative Work Siddha Yoga		Rahu 2:24PM – 3:31PM	Vanija Untill 2:16PM	Nataraja: Purple			
Untill 9:49PM		Day 3 of Pancha Ganapati	Chaturthi* Untill 2:42AM Wed	Moan - Purple			Devaloka Day
Then Creative Work - Amrita Yoga				Pancha/Bhukal			

4 Wednesday, December 24, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Budha Vesara Yuktayam Shravana Nakshatra Harshana Yoga Bava/Balava Karana Panchmayam Tilau				Rochester, NY Sun 19	Sutra 255 Viswasa 5127
Makara Rasi: 28.16	Tilthi 5	Gulika 11:02AM – 12:09PM	Dhanishtha Untill 9:49PM	Ganesh: Purple	Sunrise: 7:39AM		
		Yama 8:47AM – 9:54AM	Vajra* Untill 4:44AM Thu	Muruga: Yellow	Sunset: 4:39PM	Moon 11 - Phase 35 - 19	3rd Phase
Routine Work Prabalarishta Yoga		Rahu 12:09PM – 1:17PM	Bava Untill 3:03PM	Nataraja: Purple			
Untill 9:49PM		Day 4 of Pancha Ganapati	Panchami Untill 3:15AM Thu	Moan - Purple			Devaloka Day
Then Creative Work - Siddha Yoga				Pancha/Bhukal			

5 Thursday, December 25, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Guru Vesara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Tilau				Rochester, NY Sun 20	Sutra 256 Viswasa 5127
Kumbha Rasi: 11.02	Tilthi 6	Gulika 9:55AM – 11:02AM	Shalabhshak Untill 10:23PM	Ganesh: Purple	Sunrise: 7:40AM		
		Yama 7:40AM – 8:47AM	Siddhi Untill 3:22AM Fri	Muruga: Yellow	Sunset: 4:40PM	Moon 11 - Phase 35 - 20	3rd Phase
Creative Work Siddha Yoga		Rahu 1:17PM – 2:25PM	Kaulava Untill 3:21PM	Nataraja: Purple			
Untill 9:49PM		Day 5 of Pancha Ganapati	Shashthi* Untill 3:17AM Fri	Moan - Purple			Devaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Pancha/Bhukal			

6 Friday, December 26, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Vesara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthmayam Tilau				Rochester, NY Sun 21	Sutra 257 Viswasa 5127
Kumbha Rasi: 24.04	Tilthi 7	Gulika 8:47AM – 9:55AM	Purvashrothapada* Untill 10:41PM	Ganesh: Green	Sunrise: 7:40AM		
		Yama 2:25PM – 3:33PM	Vyalipala* Untill 1:53AM Sat	Muruga: Yellow	Sunset: 4:40PM	Moon 11 - Phase 35 - 21	3rd Phase
Creative Work Siddha Yoga		Rahu 11:03AM – 12:10PM	Gara Untill 3:05PM	Nataraja: Clear			
Untill 9:49PM			Saptami Untill 2:43AM Sat	Moan - Clear			Bhuloka Day
Then Creative Work - Siddha Yoga				Pancha/Bhukal			Devaloka Time: 3PM to 6PM

Retreat Star Sunday, December 27, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Manva Vesara Yuktayam Uttarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtmayam Tilau				Rochester, NY Sun 22	Sutra 258 Viswasa 5127
Meena Rasi: 7.25	Tilthi 8	Gulika 7:40AM – 8:48AM	Uttarashrothapada Untill 10:14PM	Ganesh: Green	Sunrise: 7:40AM		
		Yama 1:18PM – 2:26PM	Varjyan Untill 11:43PM	Muruga: Yellow	Sunset: 4:41PM	Moon 11 - Phase 35 - 22	Ashtami
Creative Work Siddha Yoga		Rahu 9:55AM – 11:03AM	Visli Untill 2:13PM	Nataraja: Clear			
Untill 10:14PM			Ashtami* Untill 1:31AM Sun	Moan - Clear			Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Pancha/Bhukal			Devaloka Time: 3PM to 6PM

Retreat Star Sunday, December 28, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Bharu Vesara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamayam Tilau				Rochester, NY Sun 23	Sutra 259 Viswasa 5127
Meena Rasi: 21.08	Tilthi 9	Gulika 2:26PM – 3:34PM	Revati Untill 9:01PM	Ganesh: Green	Sunrise: 7:40AM		
		Yama 12:11PM – 1:19PM	Parigha* Untill 9:05PM	Muruga: Yellow	Sunset: 4:42PM	Moon 11 - Phase 35 - 23	Navami
Creative Work Amrita Yoga		Rahu 3:34PM – 4:42PM	Balava Untill 12:42PM	Nataraja: Clear			
Untill 9:01PM			Navami* Untill 11:42PM	Moan - Clear			Bhuloka Day
Then Creative Work - Siddha Yoga				Pancha/Bhukal			Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Taillila/Gara Karana Dashamyam Titau				Rochester, NY Sun 24
Mesha Rasi: 5.13	Tithi 10	Gulika 1:19PM - 2:27PM	Ashvini Until 7:32PM	Ganesh: Red	Sunrise: 7:41AM	Vishvasu 5:17
Family Home Evening	822338576	Yama 11:04AM - 12:12PM	Shiva Until 5:59PM	Muruga: Yellow	Sunset: 4:49PM	Sutra 260
Creative Work	Siddha Yoga	Rahu 8:48AM - 9:56AM	Taillila Until 10:36AM	Nataraja: Clear		Moon 11 - Phase 36 - 25 4th Phase
		Dashami Until 9:20PM		Devaloka Day		
				Paasha-Bhakti		

2 Tuesday, December 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vesara Yuktayam Krittika/Rohini Nakshatra Sadya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 25
Mesha Rasi: 19.4	Tithi 11	Gulika 12:12PM - 1:20PM	Bharani Until 5:25PM	Ganesh: Red	Sunrise: 7:41AM	Vishvasu 5:17
	822338576	Yama 9:57AM - 11:04AM	Siddha Until 2:28PM	Muruga: Yellow	Sunset: 4:49PM	Sutra 261
Creative Work	Siddha Yoga	Rahu 2:28PM - 3:35PM	Vanija Until 7:58AM	Nataraja: Clear		Moon 11 - Phase 36 - 25 4th Phase
		Valkuntha Ekadasi	Ekadashi Until 6:28PM	Devaloka Day		
				Paasha-Bhakti		

3 Wednesday, December 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Batha Vesara Yuktayam Krittika/Rohini Nakshatra Sadya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26
Wishabha Rasi: 4.25	Tithi 12 - 13	Gulika 11:05AM - 12:13PM	Krittika Until 2:49PM	Ganesh: Red	Sunrise: 7:41AM	Vishvasu 5:17
	822338576	Yama 8:49AM - 9:57AM	Sadya Until 10:40AM	Muruga: Yellow	Sunset: 4:49PM	Sutra 262
Creative Work	Amrita Yoga	Rahu 12:13PM - 1:20PM	Kaulava Until 1:36AM Thu	Nataraja: Clear		Moon 11 - Phase 36 - 26 4th Phase
Until 2:49PM		Dvadashi Until 3:16PM		Devaloka Day		
Then Creative Work	Siddha Yoga	Pradosha Vata		Paasha-Bhakti		

4 Thursday, January 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 27
Wishabha Rasi: 19.23	Tithi 13 - 14	Gulika 9:57AM - 11:05AM	Rohini Until 12:17PM	Ganesh: Blue	Sunrise: 7:41AM	Vishvasu 5:17
	832348576	Yama 7:41AM - 8:49AM	Subha Until 6:41AM	Muruga: White	Sunset: 4:49PM	Sutra 263
Routine Work	Marana Yoga	Rahu 1:21PM - 2:29PM	Gara Until 10:09PM	Nataraja: Clear		Moon 11 - Phase 36 - 27 4th Phase
		Trayodashi Until 11:52AM		Devaloka Day		
				Paasha-Bhakti		

Friday, January 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vesara Yuktayam Migashira/Ardra Nakshatra Brahma Yoga Vanija/Visli' Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 28
Copper Retreat Star		Gulika 8:49AM - 9:57AM	Mrigashira Until 9:34AM	Ganesh: Blue	Sunrise: 7:41AM	Vishvasu 5:17
Mithuna Rasi: 4.25	Tithi 14 - 15	Yama 2:30PM - 3:38PM	Brahma Until 10:35PM	Muruga: White	Sunset: 4:49PM	Sutra 264
	833348576	Rahu 11:05AM - 12:14PM	Visli Until 6:44PM	Nataraja: Clear		Moon 11 - Phase 36 - Purnima
Creative Work	Siddha Yoga	Chaturdashi* Until 8:25AM		Devaloka Day		
				Paasha-Bhakti		

Saturday, January 3, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha: Manita Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY Sun 29
Silver Retreat Star		Gulika 7:41AM - 8:49AM	Ardra Until 6:51AM	Ganesh: Blue	Sunrise: 7:41AM	Vishvasu 5:17
Mithuna Rasi: 19.23	Tithi 16	Yama 1:22PM - 2:30PM	Indra Until 6:47PM	Muruga: White	Sunset: 4:49PM	Sutra 265
	833348576	Rahu 9:58AM - 11:06AM	Balava Until 3:32PM	Nataraja: Clear		Moon 11 - Phase 36 - Prathama
Creative Work	Siddha Yoga	Prathama* Until 2:03AM Sun		Devaloka Day		
		Ardra Darshanam		Paasha-Bhakti		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026
Gold Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Pushya Nakshatra Vadhini/Vishkambha* Yoga Talila/Gara Karana Dvityayam Titau				Rochester, NY Sutra 266
Kataka Rasi: 4.06	Tithi 17	Gulika 2:31PM - 3:39PM	Pushya Until 2:55AM Mon	Ganesh: Red	Sunrise: 7:41AM	Vasvasa 5127
		Yama 12:14PM - 1:23PM	Vadhini* Until 3:18PM	Muruga: White	Sunset: 4:49PM	Moon 12 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga	Rahu 3:39PM - 4:48PM	Tailila Until 12:43PM	Nataraja: Clear		
			Dvitiya Until 11:29PM	Moon - Blue		Sivaloka Day
				Pausha/Makal		

1

Monday, January 5, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indru Vasara Yuktayam Ashlesha* Nakshatra Vishkambha*/Pillil Yoga Vanja/Visli* Karana Tritiyayam Titau				Rochester, NY Sutra 267
Kataka Rasi: 18.28	Tithi 18	Gulika 1:23PM - 2:32PM	Ashlesha* Until 1:38AM Tue	Ganesh: Yellow	Sunrise: 7:41AM	Vasvasa 5127
Family Home Evening		Yama 11:07AM - 12:15PM	Vishkambha* Until 12:16PM	Muruga: White	Sunset: 4:49PM	Moon 12 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga	Rahu 8:50AM - 9:58AM	Vanija Until 10:27AM	Nataraja: Clear		
			Tritiya Until 9:33PM	Moon - Blue		Sivaloka Day
		Subramuniyaswamy Jayanti		Pausha/Makal		

2

Tuesday, January 6, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam Magha* Nakshatra Pillil/Ayushman Yoga Bava/Balava Karana Chaturthayam Titau				Rochester, NY Sutra 268
Simha Rasi: 2.24	Tithi 19	Gulika 12:15PM - 1:24PM	Magha* Until 1:24AM Wed	Ganesh: White	Sunrise: 7:41AM	Vasvasa 5127
		Yama 9:58AM - 11:07AM	Pillil Until 9:50AM	Muruga: White	Sunset: 4:50PM	Moon 12 - Phase 37 - 2 1st Phase
Creative Work	Siddha Yoga	Rahu 2:33PM - 3:41PM	Bava Until 8:52AM	Nataraja: Clear		
Until 1:24AM Wed			Chaturthi* Until 8:22PM	Moon - Red		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha/Makal		

3

Wednesday, January 7, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Panchmyam Titau				Rochester, NY Sutra 269
Simha Rasi: 15.52	Tithi 20	Gulika 11:07AM - 12:16PM	Purvaphalguni Until 1:52AM Thu	Ganesh: White	Sunrise: 7:41AM	Vasvasa 5127
		Yama 8:50AM - 9:58AM	Ayushman Until 8:01AM	Muruga: White	Sunset: 4:51PM	Moon 12 - Phase 37 - 3 1st Phase
Creative Work	Amrita Yoga	Rahu 12:16PM - 1:25PM	Kaulava Until 8:07AM	Nataraja: Clear		
			Panchami Until 8:03PM	Moon - Red		Devaloka Day
				Pausha/Makal		

4

Thursday, January 8, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthiyam Titau				Rochester, NY Sutra 270
Simha Rasi: 28.52	Tithi 21	Gulika 9:59AM - 11:07AM	Uttaraphalguni Until 3:00AM Fri	Ganesh: White	Sunrise: 7:41AM	Vasvasa 5127
		Yama 7:41AM - 8:50AM	Saubhagya Until 6:53AM	Muruga: White	Sunset: 4:52PM	Moon 12 - Phase 37 - 4 1st Phase
	Amrita Yoga	Rahu 1:25PM - 2:34PM	Gara Until 8:14AM	Nataraja: Clear		
			Shashthi* Until 8:35PM	Moon - Red		Devaloka Day
				Pausha/Makal		

5

Friday, January 9, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam Hasta Nakshatra Sobhana/Alhiganda* Yoga Vava/Balava Karana Saptamyam Titau				Rochester, NY Sutra 271
Kanya Rasi: 11.28	Tithi 22	Gulika 8:50AM - 9:59AM	Hasla Until 5:10AM Sat	Ganesh: Clear	Sunrise: 7:41AM	Vasvasa 5127
		Yama 2:35PM - 3:44PM	Sobhana Until 6:24AM	Muruga: White	Sunset: 4:53PM	Moon 12 - Phase 37 - 5 1st Phase
Creative Work	Amrita Yoga	Rahu 11:08AM - 12:17PM	Visli Until 9:11AM	Nataraja: Clear		
Until 5:10AM Sat			Saptami Until 9:56PM	Moon - Green		Sivaloka Day
Then Routine Work - Marana Yoga				Pausha/Makal		

6

Saturday, January 10, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam Chitra Nakshatra Alhiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau				Rochester, NY Sutra 272
Retreat Star		Gulika 7:40AM - 8:50AM	Chitra Until 7:44AM Sun	Ganesh: Clear	Sunrise: 7:40AM	Vasvasa 5127
Kanya Rasi: 23.44	Tithi 23	Yama 1:26PM - 2:35PM	Alhiganda* Until 6:28AM	Muruga: White	Sunset: 4:54PM	Moon 12 - Phase 37 - 6 1st Phase
		Rahu 9:59AM - 11:08AM	Balava Until 10:52AM	Nataraja: Clear		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 11:54PM	Moon - Green		Sivaloka Day
Until 7:44AM Sun				Pausha/Makal		
Then Creative Work - Siddha Yoga						

Sunday, January 11, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Chitra/Svali Nakshatra Sukarma/Dhriti Yoga Talila/Gara Karana Navamyam Titau				Rochester, NY Sutra 273
Retreat Star		Gulika 2:36PM - 3:46PM	Chitra Until 7:44AM	Ganesh: Clear	Sunrise: 7:40AM	Vasvasa 5127
Tula Rasi: 5.47	Tithi 24	Yama 12:18PM - 1:27PM	Sukarma Until 6:57AM	Muruga: White	Sunset: 4:55PM	Moon 12 - Phase 37 - 7 1st Phase
		Rahu 3:46PM - 4:55PM	Tailila Until 1:04PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 2:17AM Mon	Moon - Green		Sivaloka Day
				Pausha/Makal		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

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1 Monday, January 12, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yuktiyayam Rochester, NY			
Svali/Wishakha Nakshatra Dhrithi/Shula* Yoga Vanja/Visli* Karana Dashamyam Titau Sun 8 Sutra 274		Gulika 1:27PM - 2:37PM	Svali Untill 10:27AM	Ganesh: Clear Sunrise: 7:40AM	Vasaxasu 5:17
Tula Rasi: 17.42 Tithi 25	Yama 11:09AM - 12:18PM	Vishakha Untill 1:37PM	Muruga: White Sunset: 4:56PM	Moon 12 - Phase 38 - 8	2nd Phase
Family Home Evening	863448576 Rahu 8:49AM - 9:59AM	Dhrithi Untill 7:44AM	Nataraja: Clear	Sivaloka Day	
Creative Work Amrita Yoga		Vanija Untill 3:34PM	Moon - Green		
Untill 10:27AM		Dashami Untill 4:51AM Tue	Pradosha/Makal		
Then Routine Work - Marana Yoga					

2 Tuesday, January 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yuktiyayam Rochester, NY			
Svali/Wishakha Nakshatra Dhrithi/Shula* Ganda* Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 275		Gulika 12:18PM - 1:28PM	Vishakha Untill 1:37PM	Ganesh: Purple Sunrise: 7:39AM	Vasaxasu 5:17
Tula Rasi: 29.34 Tithi 26	Yama 9:59AM - 11:09AM	Shula* Untill 8:34AM	Muruga: White Sunset: 4:57PM	Moon 12 - Phase 38 - 9	2nd Phase
873448576 Rahu 2:38PM - 3:47PM		Bava Untill 6:09PM	Nataraja: Clear	Devaloka Day	
Routine Work Marana Yoga		Ekadashi* Untill 7:23AM Wed	Moon - Orange		
Untill 1:37PM			Pradosha/Makal		
Then Creative Work - Siddha Yoga					

3 Wednesday, January 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yuktiyayam Rochester, NY			
Anuradha/Anuradha Nakshatra Ganda* Vidhi* Yoga Babala/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 276		Gulika 11:09AM - 12:19PM	Anuradha Untill 4:32PM	Ganesh: Purple Sunrise: 7:39AM	Vasaxasu 5:17
Wischika Rasi: 11.26 Tithi 26 - 27	Yama 9:59AM - 11:09AM	Ganda* Untill 9:24AM	Muruga: White Sunset: 4:58PM	Moon 12 - Phase 38 - 10	2nd Phase
873448576 Rahu 12:19PM - 1:29PM		Kaulava Untill 8:38PM	Nataraja: Clear	Devaloka Day	
Creative Work Siddha Yoga		Ekadashi* Untill 7:23AM	Moon - Orange		
	Thai Pongal		Pradosha/Thai		

4 Thursday, January 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yuktiyayam Rochester, NY			
Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 277		Gulika 9:59AM - 11:09AM	Jyeshtha* Untill 7:05PM	Ganesh: Purple Sunrise: 7:39AM	Vasaxasu 5:17
Wischika Rasi: 23.22 Tithi 27 - 28	Yama 7:39AM - 8:49AM	Vidhi Untill 10:05AM	Muruga: White Sunset: 5:00PM	Moon 12 - Phase 38 - 11	2nd Phase
873448576 Rahu 1:29PM - 2:39PM		Gara Untill 10:51PM	Nataraja: Clear	Devaloka Day	
Routine Work Prabalarishta Yoga		Dvadashi* Untill 9:45AM	Moon - Orange		
Untill 7:05PM			Pradosha/Thai		
Then Creative Work - Siddha Yoga			Pradosha Vata (Fasting)		

5 Friday, January 16, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yuktiyayam Rochester, NY			
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 278		Gulika 8:48AM - 9:59AM	Mula* Untill 9:39PM	Ganesh: Purple Sunrise: 7:38AM	Vasaxasu 5:17
Dhanus Rasi: 5.24 Tithi 28 - 29	Yama 2:40PM - 3:50PM	Dhruva Untill 10:32AM	Muruga: White Sunset: 5:01PM	Moon 12 - Phase 38 - 12	2nd Phase
884448576 Rahu 11:09AM - 12:19PM		Visli Untill 12:45AM Sat	Nataraja: Clear	Devaloka Day	
Creative Work Amrita Yoga		Trayodashi* Untill 11:50AM	Moon - Light Blue		
Untill 9:39PM			Pradosha/Thai		
Then Routine Work - Prabalarishta Yoga					

6 Saturday, January 17, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yuktiyayam Rochester, NY			
Retreat Star		Purvashada* Nakshatra Vyaghata* Harshana Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 279			
Dhanus Rasi: 17.35 Tithi 29 - 30	Gulika 7:38AM - 8:48AM	Purvashada* Untill 11:41PM	Ganesh: Purple Sunrise: 7:38AM	Vasaxasu 5:17	
	Yama 1:30PM - 2:41PM	Vyaghata* Untill 10:44AM	Muruga: White Sunset: 5:02PM	Moon 12 - Phase 38 - 13	Amavasya
884448576 Rahu 9:59AM - 11:09AM		Catuspada Untill 2:16AM Sun	Nataraja: Clear	Devaloka Day	
Creative Work Siddha Yoga		Chaturdashi* Untill 1:32PM	Moon - Light Blue		
Untill 11:41PM			Pradosha/Thai		
Then Routine Work - Marana Yoga					

Sunday, January 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yuktiyayam Rochester, NY			
Retreat Star		Uttarashada* Nakshatra Harshana/Vajra* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 280			
Dhanus Rasi: 29.55 Tithi 30 - 1	Gulika 2:42PM - 3:52PM	Uttarashada Untill 1:10AM Mon	Ganesh: Purple Sunrise: 7:37AM	Vasaxasu 5:17	
	Yama 12:20PM - 1:31PM	Harshana Untill 10:38AM	Muruga: White Sunset: 5:03PM	Moon 12 - Phase 38 - 14	Prathama
884448576 Rahu 3:52PM - 5:03PM		Kintughna Untill 3:21AM Mon	Nataraja: Clear	Devaloka Day	
Creative Work Amrita Yoga		Amavasya* Untill 2:50PM	Moon - Light Blue		
			Maghar/Thai		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1 Monday, January 19, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Rochester, NY Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyam Titau Sun 15 Subra 281			
Makara Rasi: 12.26	Tithi 1 – 2	Gulika	1:31PM – 2:42PM	Shravana Until 2:35AM Tue	Ganesh: Light Blue Sunrise: 7:36AM Vasavasa: 5:17
Family Home Evening	894448576	Yama	11:09AM – 12:20PM	Vajra* Until 10:12AM	Muruga: White Sunset: 5:04PM Moon 12 - Phase 39 - 15
Creative Work	Amrita Yoga	Rahu	8:47AM – 9:58AM	Balava Until 4:02AM Tue	Nataraja: Clear 3rd Phase
Until 2:35AM Tue				Prathama* Until 3:44PM	Devaloka Day
Then Creative Work - Siddha Yoga				Maghar Thil	

2 Tuesday, January 20, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Bhudra Vasara Yuktayam Rochester, NY Dhanishtha Nakshatra Siddhi/Vyatlata* Yoga Kaulava/Taila Karana Dvaya/Tritiyam Titau Sun 16 Subra 282			
Makara Rasi: 25.08	Tithi 2 – 3	Gulika	12:21PM – 1:32PM	Dhanishtha Until 3:26AM Wed	Ganesh: Light Blue Sunrise: 7:36AM Vasavasa: 5:17
Creative Work	Siddha Yoga	Yama	9:58AM – 11:09AM	Siddhi Until 9:28AM	Muruga: White Sunset: 5:06PM Moon 12 - Phase 39 - 16
		Rahu	2:43PM – 3:54PM	Taila Until 4:19AM Wed	Nataraja: Clear 3rd Phase
				Dvitiya Until 4:12PM	Devaloka Day
				Maghar Thil	

3 Wednesday, January 21, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam Rochester, NY Shatabhishak Nakshatra Vyatipata* Vairyan Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau Sun 17 Subra 283			
Kumbha Rasi: 8.02	Tithi 3 – 4	Gulika	11:10AM – 12:21PM	Shatabhishak Until 3:46AM Thu	Ganesh: Light Blue Sunrise: 7:35AM Vasavasa: 5:17
Creative Work	Siddha Yoga	Yama	8:47AM – 9:58AM	Vyatipata* Until 8:27AM	Muruga: White Sunset: 5:07PM Moon 12 - Phase 39 - 17
		Rahu	12:21PM – 1:32PM	Vanija Until 4:11AM Thu	Nataraja: Clear 3rd Phase
				Tritiya Until 4:17PM	Devaloka Day
				Maghar Thil	

4 Thursday, January 22, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Garu Vasara Yuktayam Rochester, NY Puravproshthapada Nakshatra Vairyan/Parigha* Yoga Vasil/Bava Karana Chaturth/Panchamam Titau Sun 18 Subra 284			
Kumbha Rasi: 21.08	Tithi 4 – 5	Gulika	9:58AM – 11:10AM	Puravproshthapada* Until 4:01AM Fri	Ganesh: White Sunrise: 7:34AM Vasavasa: 5:17
Creative Work	Siddha Yoga	Yama	7:34AM – 8:46AM	Vairyan Until 7:05AM	Muruga: White Sunset: 5:08PM Moon 12 - Phase 39 - 18
		Rahu	1:33PM – 2:45PM	Bava Until 3:41AM Fri	Nataraja: Clear 3rd Phase
				Chaturthi* Until 3:58PM	Devaloka Day
				Maghar Thil	

5 Friday, January 23, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam Rochester, NY Uttarproshthapada Nakshatra Shiva Yoga Balava/Kaulava Karana Pancham/Shashtham Titau Sun 19 Subra 285			
Meena Rasi: 4.26	Tithi 5 – 6	Gulika	8:46AM – 9:58AM	Uttarproshthapada Until 3:44AM Sat	Ganesh: White Sunrise: 7:34AM Vasavasa: 5:17
Creative Work	Siddha Yoga	Yama	2:46PM – 3:58PM	Shiva Until 3:30AM Sat	Muruga: White Sunset: 5:10PM Moon 12 - Phase 39 - 19
Until 3:44AM Sat		Rahu	11:10AM – 12:22PM	Kaulava Until 2:46AM Sat	Nataraja: Clear 3rd Phase
Then Routine Work - Prabalarishta Yoga				Panchami Until 3:15PM	Devaloka Day
				Maghar Thil	

6 Saturday, January 24, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yuktayam Rochester, NY Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau Sun 20 Subra 286			
Meena Rasi: 17.56	Tithi 6 – 7	Gulika	7:33AM – 8:45AM	Revati Until 2:56AM Sun	Ganesh: Clear Sunrise: 7:33AM Vasavasa: 5:17
Routine Work	Prabalarishta Yoga	Yama	1:34PM – 2:46PM	Siddha Until 1:14AM Sun	Muruga: White Sunset: 5:11PM Moon 12 - Phase 39 - 20
Until 2:56AM Sun		Rahu	9:57AM – 11:10AM	Gara Until 1:29AM Sun	Nataraja: Clear 3rd Phase
Then Creative Work - Siddha Yoga				Shashthi* Until 2:10PM	Sivaloka Day
				Maghar Thil	

Sunday, January 25, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam Rochester, NY Ashvini Nakshatra Sadhya Yoga Vanija/Vasil* Karana Saptami/Ashthamam Titau Sun 21 Subra 287			
Retreat Star		Gulika	2:47PM – 4:00PM	Ashvini Until 2:02AM Mon	Ganesh: White Sunrise: 7:32AM Vasavasa: 5:17
Mesha Rasi: 1.4	Tithi 7 – 8	Yama	12:22PM – 1:35PM	Sadya Until 10:40PM	Muruga: White Sunset: 5:12PM Moon 12 - Phase 39 - 21
Creative Work	Siddha Yoga	Rahu	4:00PM – 5:12PM	Vasil Until 11:49PM	Nataraja: Clear Ashtami
				Saptami Until 12:41PM	Devaloka Day
				Maghar Thil	

Monday, January 26, 2026		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Rochester, NY Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamam Titau Sun 22 Subra 288			
Retreat Star		Gulika	1:35PM – 2:48PM	Bharani Until 12:39AM Tue	Ganesh: White Sunrise: 7:31AM Vasavasa: 5:17
Mesha Rasi: 15.38	Tithi 8 – 9	Yama	11:09AM – 12:22PM	Subha Until 7:50PM	Muruga: White Sunset: 5:13PM Moon 12 - Phase 39 - 22
Family Home Evening	924448576	Rahu	8:44AM – 9:57AM	Balava Until 9:47PM	Nataraja: Clear Navami
Creative Work	Siddha Yoga			Ashlami* Until 10:49AM	Devaloka Day
				Maghar Thil	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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1 Tuesday, January 27, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Rochester, NY Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau Sun 23 Sutra 289				
Mesha Rasi: 29.5	Tithi 9 - 10	Gulika 12:22PM - 1:36PM	Kritika Until 10:50PM	Ganesh: White	Sunrise: 7:30AM	Vasvasu 5127
		Yama 9:56AM - 11:09AM	Sukla Until 4:43PM	Muruga: White	Sunset: 5:19PM	Moon 12 - Phase 40 - 23
		Rahu 2:49PM - 4:02PM	Taila Until 7:26PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:38AM	Moon - White:		Devaloka Day
Until 10:50PM				Maghar Thai		
Then Creative Work - Amrita Yoga						

2 Wednesday, January 28, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Budha Vesara Yuktayam Rochester, NY Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadashmyam Titau Sun 24 Sutra 290				
Wishabha Rasi: 14.13	Tithi 10 - 11	Gulika 11:09AM - 12:23PM	Rohini Until 9:03PM	Ganesh: Red	Sunrise: 7:29AM	Vasvasu 5127
		Yama 8:43AM - 9:56AM	Brahma Until 1:25PM	Muruga: White	Sunset: 5:16PM	Moon 12 - Phase 40 - 24
		Rahu 12:23PM - 1:36PM	Visil Until 3:29AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:09AM	Moon - Yellow:		Sivaloka Day
				Maghar Thai		

3 Thursday, January 29, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Guru Vesara Yuktayam Rochester, NY Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadashmyam Titau Sun 25 Sutra 291				
Wishabha Rasi: 28.44	Tithi 12	Gulika 9:56AM - 11:09AM	Mrigashira Until 7:01PM	Ganesh: Red	Sunrise: 7:28AM	Vasvasu 5127
		Yama 7:28AM - 8:42AM	Indra Until 9:59AM	Muruga: White	Sunset: 5:17PM	Moon 12 - Phase 40 - 25
		Rahu 1:37PM - 2:50PM	Bava Until 2:07PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:42AM Fri	Moon - Yellow:		Sivaloka Day
				Maghar Thai		

4 Friday, January 30, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Sukra Vesara Yuktayam Rochester, NY Ardra/Punarvasu Nakshatra Vaidhri*/Vohkambha* Yoga Kaulava/Taila Karana Trayodashmyam Titau Sun 26 Sutra 292				
Mithuna Rasi: 13.2	Tithi 13	Gulika 8:41AM - 9:55AM	Ardra Until 4:50PM	Ganesh: Red	Sunrise: 7:27AM	Vasvasu 5127
		Yama 2:51PM - 4:05PM	Vaidhri* Until 6:29AM	Muruga: White	Sunset: 5:19PM	Moon 12 - Phase 40 - 26
		Rahu 11:09AM - 12:23PM	Kaulava Until 11:21AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:58PM	Moon - Yellow:		Sivaloka Day
				Maghar Thai		

Pradosha Vata

5 Saturday, January 31, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Manita Vesara Yuktayam Rochester, NY Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanaja Karana Chaturdashmyam Titau Sun 27 Sutra 293				
Mithuna Rasi: 27.52	Tithi 14	Gulika 7:26AM - 8:41AM	Punarvasu Until 3:04PM	Ganesh: Blue	Sunrise: 7:26AM	Vasvasu 5127
		Yama 1:37PM - 2:52PM	Pihl Until 11:46PM	Muruga: White	Sunset: 5:20PM	Moon 12 - Phase 40 - 27
		Rahu 9:55AM - 11:09AM	Gara Until 8:40AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:24PM	Moon - Blue:		Devaloka Day
		Thai Pusam		Maghar Thai		

○ Sunday, February 1, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Bhanu Vesara Yuktayam Rochester, NY Copper Retreat Star Pushya/Ashlesha* Nakshatra Ayushman Yoga Visi*/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 294				
Kataka Rasi: 12.14	Tithi 15 - 16	Gulika 2:52PM - 4:06PM	Pushya Until 1:27PM	Ganesh: Blue	Sunrise: 7:26AM	Vasvasu 5127
		Yama 12:23PM - 1:37PM	Ayushman Until 8:48PM	Muruga: White	Sunset: 5:20PM	Moon 12 - Phase 40 - Purnima
		Rahu 4:06PM - 5:20PM	Visil Until 6:15AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 5:09PM	Moon - Blue:		Devaloka Day
				Maghar Thai		

Monday, February 2, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Indu Vesara Yuktayam Rochester, NY Silver Retreat Star Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau Sun 29 Sutra 295				
Kataka Rasi: 26.22	Tithi 16 - 17	Gulika 1:38PM - 2:52PM	Ashlesha* Until 12:07PM	Ganesh: Blue	Sunrise: 7:25AM	Vasvasu 5127
		Yama 11:09AM - 12:23PM	Saubhagya Until 6:12PM	Muruga: White	Sunset: 5:17PM	Moon 12 - Phase 40 - Prathama
		Rahu 8:40AM - 9:54AM	Taila Until 2:41AM Tue	Nataraja: Clear		
Family Home Evening	Siddha Yoga		Prathama* Until 3:21PM	Moon - Blue:		Devaloka Day
Creative Work	Siddha Yoga			Maghar Thai		
Until 12:07PM						
Then Routine Work - Marana Yoga						

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 10.08 TITHI 17 - 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Mangala Vasara Yukhtyam
 Magha/Puravaphalguni Nakshatra Siddhanta/Ahiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Gulika 12:23PM - 1:38PM
 Yama 9:54AM - 11:09AM
 Rahu 2:53PM - 4:08PM

Magha* Until 11:37AM
 Sobhana Until 4:06PM
 Vanija Until 1:49AM Wed
 Dvitiya Until 2:09PM

Ganesh: Red
 Muruga: White
 Nataraja: Orange
 Moon - Red

Sunrise: 7:24AM
Sunset: 5:29PM

Devaloka Day

Rochester, NY
 Sutra 296
 Vasoosru 5127
 Sun 1
 Moon 1 - Phase 41 - 1
 1st Phase

1 Wednesday, February 4, 2026

Simha Rasi: 23.33 TITHI 18 - 19

Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Baula Vasara Yukhtyam
 Puravaphalguni/Uttraphalguni Nakshatra Ahiganda*/Sukama Yoga Vasi*/Bava Karana Tritiya/Chaturtham Titau

Gulika 11:09AM - 12:24PM
 Yama 8:38AM - 9:53AM
 Rahu 12:24PM - 1:39PM

Purvaphalguni Until 11:40AM
 Ahiganda* Until 2:31PM
 Bava Until 1:41AM Thu
 Tritiya Until 1:38PM

Ganesh: Red
 Muruga: White
 Nataraja: Orange
 Moon - Red

Sunrise: 7:23AM
Sunset: 5:29PM

Devaloka Day

Rochester, NY
 Sutra 297
 Vasoosru 5127
 Sun 2
 Moon 1 - Phase 41 - 2
 1st Phase

2 Thursday, February 5, 2026

Kanya Rasi: 6.34 TITHI 19 - 20

Amrita Yoga

Until 12:16PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Guru Vasara Yukhtyam
 Uttraphalguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 9:53AM - 11:08AM
 Yama 7:22AM - 8:37AM
 Rahu 1:39PM - 2:55PM

Uttraphalguni Until 12:16PM
 Sukama Until 1:31PM
 Kaulava Until 2:18AM Fri
 Chaturthi* Until 1:52PM

Ganesh: Red
 Muruga: White
 Nataraja: Orange
 Moon - Red

Sunrise: 7:22AM
Sunset: 5:29PM

Devaloka Day

Rochester, NY
 Sutra 298
 Vasoosru 5127
 Sun 3
 Moon 1 - Phase 41 - 3
 1st Phase

3 Friday, February 6, 2026

Kanya Rasi: 19.13 TITHI 20 - 21

Creative Work Amrita Yoga

Until 1:54PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Sukra Vasara Yukhtyam
 Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Talila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:37AM - 9:52AM
 Yama 2:55PM - 4:11PM
 Rahu 11:08AM - 12:24PM

Hasta Until 1:54PM
 Dhriti Until 1:07PM
 Gara Until 3:36AM Sat
 Panchami Until 2:51PM

Ganesh: Green
 Muruga: White
 Nataraja: Orange
 Moon - Green

Sunrise: 7:21AM
Sunset: 5:29PM

Devaloka Day

Rochester, NY
 Sutra 299
 Vasoosru 5127
 Sun 4
 Moon 1 - Phase 41 - 4
 1st Phase

4 Saturday, February 7, 2026

Tula Rasi: 1.35 TITHI 21 - 22

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Manita Vasara Yukhtyam
 Chitra/Svali Nakshatra Shula*/Ganda* Yoga Vanija/Vasi* Karana Shashthi/Saptamam Titau

Gulika 7:20AM - 8:36AM
 Yama 1:40PM - 2:56PM
 Rahu 9:52AM - 11:08AM

Chitra Until 4:00PM
 Shula* Until 1:10PM
 Vasi Until 5:30AM Sun
 Shashthi* Until 4:28PM

Ganesh: White
 Muruga: White
 Nataraja: Orange
 Moon - Green

Sunrise: 7:20AM
Sunset: 5:28PM

Devaloka Day

Rochester, NY
 Sutra 300
 Vasoosru 5127
 Sun 5
 Moon 1 - Phase 41 - 5
 1st Phase

5 Sunday, February 8, 2026

Tula Rasi: 13.42 TITHI 22

Creative Work Siddha Yoga

Until 6:24PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Bhanu Vasara Yukhtyam
 Svali Nakshatra Ganda*/Middhi Yoga Bava Karana Saptamam Titau

Gulika 2:57PM - 4:13PM
 Yama 12:24PM - 1:40PM
 Rahu 4:13PM - 5:29PM

Svali Until 6:24PM
 Ganda* Until 1:39PM
 Bava Until 6:35PM
 Saptami Until 6:35PM

Ganesh: White
 Muruga: White
 Nataraja: Orange
 Moon - Green

Sunrise: 7:18AM
Sunset: 5:29PM

Devaloka Day

Rochester, NY
 Sutra 301
 Vasoosru 5127
 Sun 6
 Moon 1 - Phase 41 - 6
 1st Phase

Monday, February 9, 2026

Retreat Star

Tula Rasi: 25.41 TITHI 23

Family Home Evening

Routine Work Marana Yoga

Until 9:25PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Indra Vasara Yukhtyam
 Vishakha Nakshatra Dhruva/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

Gulika 1:41PM - 2:57PM
 Yama 11:07AM - 12:24PM
 Rahu 8:34AM - 9:51AM

Vishakha Until 9:25PM
 Viddhi Until 2:22PM
 Balava Until 7:47AM
 Ashlami* Until 8:59PM

Ganesh: Clear
 Muruga: White
 Nataraja: Orange
 Moon - Orange

Sunrise: 7:17AM
Sunset: 5:31PM

Sivaloka Day

Rochester, NY
 Sutra 302
 Vasoosru 5127
 Sun 7
 Moon 1 - Phase 41 - 7
 Ashtami

Tuesday, February 10, 2026

Retreat Star

Vishchika Rasi: 7.34 TITHI 24

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Mangala Vasara Yukhtyam
 Anuradha Nakshatra Dhruva/Vyaghata* Yoga Talila/Gara Karana Navamam Titau

Gulika 12:24PM - 1:41PM
 Yama 9:50AM - 11:07AM
 Rahu 2:58PM - 4:15PM

Anuradha Until 12:20AM Wed
 Dhruva Until 3:09PM
 Talila Until 10:15AM
 Navam* Until 11:28PM

Ganesh: Clear
 Muruga: White
 Nataraja: Orange
 Moon - Orange

Sunrise: 7:16AM
Sunset: 5:32PM

Sivaloka Day

Rochester, NY
 Sutra 303
 Vasoosru 5127
 Sun 8
 Moon 1 - Phase 41 - 8
 Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
 Raurava Agama Kriya Pada

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1

Wednesday, February 11, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanja/Vasi* Karana Dashamyam Titau			Rochester, NY Sun 9 Sutra 304
	Gulika	11:07AM - 12:24PM	Jyeshtha* Until 2:58AM Thu	Ganesh: Clear Murgu: White Nataraja: Orange Moon - Orange	Sunrise: 7:15AM Sunset: 5:23PM Moon 1 - Phase 42 - 9 2nd Phase
Wischika Rasi: 19.28	Tithi 25	Yama 976548577	Rahu 12:24PM - 1:41PM		
Creative Work	Siddha Yoga				Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

2

Thursday, February 12, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Titau			Rochester, NY Sun 10 Sutra 305
	Gulika	9:49AM - 11:06AM	Mula* Until 5:39AM Fri	Ganesh: Purple Murgu: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:13AM Sunset: 5:25PM Moon 1 - Phase 42 - 10 2nd Phase
Dhanus Rasi: 1.25	Tithi 26	Yama 986548577	Rahu 1:42PM - 2:59PM		
Creative Work	Siddha Yoga				Devaloka Day
Then Routine Work - Prabalarishta Yoga					

3

Friday, February 13, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi* Yoga Kaulava/Taillo Karana Dvadashtyam Titau			Rochester, NY Sun 11 Sutra 306
	Gulika	8:30AM - 9:48AM	Purvashadha* Until 7:43AM Sat	Ganesh: Purple Murgu: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:12AM Sunset: 5:26PM Moon 1 - Phase 42 - 11 2nd Phase
Dhanus Rasi: 13.3	Tithi 27	Yama 986548577	Rahu 11:06AM - 12:24PM		
Routine Work	Prabalarishta Yoga				Devaloka Day
Then Routine Work - Marana Yoga					

4

Saturday, February 14, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyjalpala* Yoga Gara Karana Trayodashyam Titau			Rochester, NY Sun 12 Sutra 307
	Gulika	7:11AM - 8:29AM	Purvashadha* Until 7:43AM	Ganesh: Clear Murgu: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:11AM Sunset: 5:27PM Moon 1 - Phase 42 - 12 2nd Phase
Dhanus Rasi: 25.46	Tithi 28	Yama 987548577	Rahu 9:47AM - 11:06AM		
Creative Work	Siddha Yoga				Sivaloka Day
Then Routine Work - Marana Yoga					

5

Sunday, February 15, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyjalpala*/Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Titau			Rochester, NY Sun 13 Sutra 308
	Gulika	3:01PM - 4:20PM	Uttarashadha Until 9:08AM	Ganesh: Clear Murgu: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:09AM Sunset: 5:28PM Moon 1 - Phase 42 - 13 2nd Phase
Makara Rasi: 8.16	Tithi 28 - 29	Yama 987548577	Rahu 4:20PM - 5:39PM		
Creative Work	Amrita Yoga				Sivaloka Day
Then Routine Work - Marana Yoga					

Monday, February 16, 2026

Retreat Star

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Indu Vasara Yuktayam Shravana/Sharabhakha Nakshatra Parigha*/Yoga Sakuni*/Catuspada* Karana Chaturdash/Amavasyayam Titau			Rochester, NY Sun 14 Sutra 309
	Gulika	1:43PM - 3:02PM	Shravana Until 10:18AM	Ganesh: Orange Murgu: White Nataraja: Orange Moon - Purple	Sunrise: 7:08AM Sunset: 5:40PM Moon 1 - Phase 42 - 14 Amavasya
Makara Rasi: 21.01	Tithi 29 - 30	Yama 997548577	Rahu 8:27AM - 9:46AM		
Family Home Evening					
Creative Work	Amrita Yoga				Sivaloka Day
Then Routine Work - Siddha Yoga					

Tuesday, February 17, 2026

Retreat Star

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktayam Dhanishtha/Sharabhakha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Rochester, NY Sun 15 Sutra 310
	Gulika	12:24PM - 1:43PM	Dhanishtha Until 10:46AM	Ganesh: Orange Murgu: White Nataraja: Orange Moon - Purple	Sunrise: 7:06AM Sunset: 5:41PM Moon 1 - Phase 42 - 15 Prathama
Kumbha Rasi: 4.02	Tithi 30 - 1	Yama 997548577	Rahu 3:03PM - 4:22PM		
Creative Work	Siddha Yoga				Sivaloka Day
Then Routine Work - Marana Yoga					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1 Thursday, February 26, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Rochester, NY Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau Sun 24 Sutra 319			
Mithuna Rasi: 9.09	Tithi 10 – 11	Gulika 9:38AM – 11:00AM	Ardra Untill 12:16AM Fri	Ganesh: Blue <i>Sunrise: 6:53AM</i>	Vasavasu 5:27
		Yama 6:53AM – 8:15AM	Priti Untill 12:06PM	Muruga: White <i>Sunset: 5:53PM</i>	Moon 1 - Phase 44 - 24
		Rahu 1:45PM – 3:08PM	Vanija Untill 1:10AM Fri	Nataraja: Orange	4th Phase
Routine Work - Marana Yoga			Dashami Untill 2:11PM	Phalguna/Masi	Subha Sivaloka Day
Untill 12:16AM Fri					
Then Creative Work - Siddha Yoga					
2 Friday, February 27, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam Rochester, NY Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dvadashyam Tilau Sun 25 Sutra 320			
Mithuna Rasi: 23.17	Tithi 11 – 12	Gulika 8:14AM – 9:37AM	Punarvasu Untill 11:09PM	Ganesh: White <i>Sunrise: 6:51AM</i>	Vasavasu 5:27
		Yama 3:09PM – 4:31PM	Ayushman Untill 9:17AM	Muruga: White <i>Sunset: 5:54PM</i>	Moon 1 - Phase 44 - 25
		Rahu 11:00AM – 12:23PM	Bava Untill 11:14PM	Nataraja: Orange	4th Phase
Creative Work - Siddha Yoga			Ekadashi Untill 12:10PM	Phalguna/Masi	Devaloka Day
Untill 11:09PM					
Then Routine Work - Marana Yoga					
3 Saturday, February 28, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manu Vasara Yuktayam Rochester, NY Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodshyam Tilau Sun 26 Sutra 321			
Kalka Rasi: 7.19	Tithi 12 – 13	Gulika 6:50AM – 8:13AM	Pushya Untill 10:07PM	Ganesh: White <i>Sunrise: 6:50AM</i>	Vasavasu 5:27
		Yama 1:46PM – 3:09PM	Saubhagya Untill 6:35AM	Muruga: White <i>Sunset: 5:56PM</i>	Moon 1 - Phase 44 - 26
		Rahu 9:36AM – 10:59AM	Kaulava Untill 9:29PM	Nataraja: Orange	4th Phase
Creative Work - Siddha Yoga			Dvadashi Untill 10:19AM	Phalguna/Masi	Devaloka Day
Untill 10:07PM					
Then Routine Work - Marana Yoga					
4 Sunday, March 1, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Rochester, NY Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau Sun 27 Sutra 322			
Kalka Rasi: 21.12	Tithi 13 – 14	Gulika 3:10PM – 4:34PM	Ashlesha* Untill 9:13PM	Ganesh: White <i>Sunrise: 6:46AM</i>	Vasavasu 5:27
		Yama 12:22PM – 1:46PM	Athiganda* Untill 1:48AM Mon	Muruga: White <i>Sunset: 5:58PM</i>	Moon 1 - Phase 44 - 27
		Rahu 4:34PM – 5:58PM	Gara Untill 8:03PM	Nataraja: Orange	4th Phase
Creative Work - Siddha Yoga		Chidambaram Abhishekam	Trayodashi Untill 8:42AM	Phalguna/Masi	Devaloka Day
Untill 9:13PM					
Then Routine Work - Marana Yoga					
Monday, March 2, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Rochester, NY Magha* Nakshatra Sukarna Yoga Vanija/Visli* Karana Chaturdash/Purnimayam Tilau Sun 28 Sutra 323			
Simha Rasi: 4.53	Tithi 14 – 15	Gulika 1:46PM – 3:11PM	Magha* Untill 9:00PM	Ganesh: Clear <i>Sunrise: 6:45AM</i>	Vasavasu 5:27
Family Home Evening		Yama 10:58AM – 12:22PM	Sukarna Untill 11:52PM	Muruga: White <i>Sunset: 5:59PM</i>	Moon 1 - Phase 44 -
Routine Work - Marana Yoga		Rahu 8:09AM – 9:33AM	Visli Untill 6:59PM	Nataraja: Orange	Purnima
Untill 9:00PM		Holi	Chaturdashi* Untill 7:27AM	Phalguna/Masi	Sivaloka Day
Then Creative Work - Siddha Yoga					
Tuesday, March 3, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha: Mangala Vasara Yuktayam Rochester, NY Purvaphalguni Nakshatra Dhirli Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 29 Sutra 324			
Simha Rasi: 18.2	Tithi 15 – 16	Gulika 12:22PM – 1:47PM	Purvaphalguni Untill 9:06PM	Ganesh: Clear <i>Sunrise: 6:43AM</i>	Vasavasu 5:27
		Yama 9:32AM – 10:57AM	Dhirli Untill 10:20PM	Muruga: White <i>Sunset: 6:01PM</i>	Moon 1 - Phase 44 -
		Rahu 3:11PM – 4:36PM	Balava Untill 6:25PM	Nataraja: Orange	Prathama
Creative Work - Siddha Yoga			Purnima* Untill 6:37AM	Phalguna/Masi	Sivaloka Day
Untill 9:06PM					
Then Creative Work - Amrita Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Utaraphalguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau

Rochester, NY
Sutra 325

Kanya Rasi: 1.3 Tithi 16 - 17

Gulika 10:57AM - 12:22PM
Yama 8:06AM - 9:32AM
Rahu 12:22PM - 1:47PM

Utaraphalguni Until 9:36PM
Shula* Until 9:12PM
Tailita Until 6:23PM

Ganesha: Clear Sunrise: 6:41AM
Murgua: White Sunset: 6:02PM

Moon 2 - Phase 45 - 1st Phase

Creative Work Amrita Yoga
Until 9:36PM
Then Routine Work - Marana Yoga

Sivaloka Day

1

Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Utaraphalguni Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Rochester, NY
Sutra 326

Kanya Rasi: 14.23 Tithi 17 - 18

Gulika 9:31AM - 10:56AM
Yama 6:40AM - 8:05AM
Rahu 1:47PM - 3:12PM

Hasla Until 10:59PM
Ganda* Until 8:33PM
Vanija Until 6:56PM

Ganesha: White Sunrise: 6:40AM
Murgua: White Sunset: 6:03PM

Moon 2 - Phase 45 - 1st Phase

Routine Work Marana Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

Devaloka Day

2

Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturthayam Titau

Rochester, NY
Sutra 327

Kanya Rasi: 26.59 Tithi 18 - 19

Gulika 8:04AM - 9:30AM
Yama 3:13PM - 4:39PM
Rahu 10:55AM - 12:21PM

Chitra Until 12:46AM Sat
Viddhi Until 8:22PM
Bava Until 8:05PM

Ganesha: White Sunrise: 6:38AM
Murgua: White Sunset: 6:04PM

Moon 2 - Phase 45 - 2 1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamayam Titau

Rochester, NY
Sutra 328

Tula Rasi: 9.2 Tithi 19 - 20

Gulika 6:36AM - 8:03AM
Yama 1:47PM - 3:13PM
Rahu 9:29AM - 10:55AM

Svali Until 2:52AM Sun
Dhruva Until 8:33PM
Kaulava Until 9:45PM

Ganesha: Purple Sunrise: 6:36AM
Murgua: Clear Sunset: 6:06PM

Moon 2 - Phase 45 - 3 1st Phase

Creative Work Siddha Yoga
Until 2:52AM Sun
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 3PM to 6PM

4

Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Rochester, NY
Sutra 329

Tula Rasi: 21.29 Tithi 20 - 21

Gulika 3:14PM - 4:40PM
Yama 12:21PM - 1:47PM
Rahu 4:40PM - 6:07PM

Vishakha Until 5:41AM Mon
Vyaghata* Until 9:04PM
Gara Until 11:50PM

Ganesha: Clear Sunrise: 6:25AM
Murgua: Clear Sunset: 6:07PM

Moon 2 - Phase 45 - 4 1st Phase

Routine Work Marana Yoga
Until 5:41AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

5

Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Vanija/Vajra* Karana Shashthi/Saptamayam Titau

Rochester, NY
Sutra 330

Witschika Rasi: 3.29 Tithi 21 - 22

Gulika 1:47PM - 3:14PM
Yama 10:54AM - 12:20PM
Rahu 8:00AM - 9:27AM

Anuradha Until 8:32AM Tue
Harshana Until 9:49PM
Visi Until 2:11AM Tue

Ganesha: Clear Sunrise: 6:23AM
Murgua: Clear Sunset: 6:08PM

Moon 2 - Phase 45 - 5 1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 8:32AM Tue
Then Routine Work - Marana Yoga

Devaloka Day

6

Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Pashu Mangalya Vasara Yuktayam
Anuradha Nakshatra Harshana Vajra* Yoga Bava/Balava Karana Sapthami/Ashtami Titau

Rochester, NY
Sutra 331

Witschika Rasi: 15.24 Tithi 22 - 23

Gulika 12:20PM - 1:47PM
Yama 9:26AM - 10:53AM
Rahu 3:15PM - 4:42PM

Anuradha Until 8:32AM
Vajra* Until 10:37PM
Balava Until 4:37AM Wed

Ganesha: Clear Sunrise: 6:21AM
Murgua: White Sunset: 6:09PM

Moon 2 - Phase 45 - 6 1st Phase

Creative Work Siddha Yoga
Until 8:32AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6AM to 9AM

D

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Siddhi Yoga Kaulava/Tailita Karana Ashtami/Navamayam Titau

Rochester, NY
Sutra 332

Witschika Rasi: 27.18 Tithi 23 - 24

Gulika 10:52AM - 12:20PM
Yama 7:57AM - 9:25AM
Rahu 12:20PM - 1:48PM

Jyeshtha* Until 11:15AM
Siddhi Until 11:22PM
Tailita Until 6:55AM Thu

Ganesha: Clear Sunrise: 6:29AM
Murgua: White Sunset: 6:10PM

Moon 2 - Phase 45 - 7 Ashtami

Creative Work Siddha Yoga
Until 11:15AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6AM to 9AM

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Mula/Purvashadha* Nakshatra Vyalipata* Yoga Tailita/Gara Karana Navamayam Titau

Rochester, NY
Sutra 333

Dhanu Rasi: 9.15 Tithi 24

Gulika 9:24AM - 10:52AM
Yama 6:28AM - 7:56AM
Rahu 1:48PM - 3:16PM

Mula* Until 2:08PM
Vyalipata* Until 11:56PM
Tailita Until 6:55AM

Ganesha: White Sunrise: 6:28AM
Murgua: White Sunset: 6:12PM

Moon 2 - Phase 45 - 8 Navami

Creative Work Siddha Yoga

Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi: Sukra Vasara Yuktayam Purvashadha* Utlarashadha Nakshatra Varjani Yoga Vanija/Vidhi* Karana Dashamyam Titau				Rochester, NY Sun 9 Sutra 334
Dhanu Rasi: 21.19	Tithi 25	Gulika 7:54AM – 9:23AM	Purvashadha* Until 4:29PM	Ganesh: White Muruga: White Nataraja: Light Blue Moon – Light Blue	Sunrise: 6:26AM Sunset: 6:18PM	Vasavasu 5:17 Moon 2 - Phase 46 - 12 2nd Phase
Routine Work Prabalarishtha Yoga Until 4:29PM Then Routine Work - Marana Yoga		181658677 Rahu	10:51AM – 12:19PM	Varjani Until 12:08AM Sat Vanija Until 8:53AM Dashami Until 9:39PM	Phalguna/Masi	Bhuloka Day

2 Saturday, March 14, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Mania Vasara Yuktayam Utlarashadha Nakshatra Parigha* Yoga Bava/Baleva Karana Ekadashyam Titau				Rochester, NY Sun 10 Sutra 335
Makara Rasi: 4	Tithi 26	Gulika 6:24AM – 7:53AM	Utlarashadha Until 6:08PM	Ganesh: White Muruga: White Nataraja: Light Blue Moon – Light Blue	Sunrise: 6:24AM Sunset: 6:16PM	Vasavasu 5:17 Moon 2 - Phase 46 - 10 2nd Phase
Routine Work Marana Yoga Until 6:08PM Then Creative Work - Siddha Yoga		181658677 Rahu	9:22AM – 10:50AM	Parigha* Until 11:53PM Bava Until 10:19AM Ekadashi* Until 10:47PM	Phalguna/Panguni	Bhuloka Day
		Karadayani Nombu (Tamil Nadu)				

3 Sunday, March 15, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Bharu Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Tallia Karana Dvadashyam Titau				Rochester, NY Sun 11 Sutra 336
Makara Rasi: 16.09	Tithi 27	Gulika 3:17PM – 4:46PM	Shravana Until 7:27PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Purple	Sunrise: 6:22AM Sunset: 6:15PM	Vasavasu 5:17 Moon 2 - Phase 46 - 11 2nd Phase
Creative Work Amrita Yoga Until 7:27PM Then Routine Work - Marana Yoga		191658678 Rahu	4:46PM – 6:15PM	Shiva Until 11:07PM Kaulava Until 11:07AM Dvadashi* Until 11:14PM	Phalguna/Panguni	Bhuloka Day Devaloka Time: 6AM to 9AM

4 Monday, March 16, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY Sun 12 Sutra 337
Makara Rasi: 29.02	Tithi 28	Gulika 1:48PM – 3:18PM	Dhanishtha Until 7:54PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Purple	Sunrise: 6:21AM Sunset: 6:16PM	Vasavasu 5:17 Moon 2 - Phase 46 - 12 2nd Phase
Family Home Evening Creative Work Siddha Yoga		191658678 Rahu	10:49AM – 12:19PM 7:50AM – 9:20AM	Siddha Until 9:45PM Gara Until 11:12AM Trayodashi* Until 10:57PM	Phalguna/Panguni	Bhuloka Day Devaloka Time: 6AM to 9AM
		Pradosha Vata (Fasting)				

5 Tuesday, March 17, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Mangala Vasara Yuktayam Shalabhishak Nakshatra Sadyha Yoga Vistil/Sakuni* Karana Chaturdashyam Titau				Rochester, NY Sun 13 Sutra 338
Kumbha Rasi: 12.17	Tithi 29	Gulika 12:18PM – 1:48PM	Shalabhishak Until 7:31PM	Ganesh: Blue Muruga: White Nataraja: Purple Moon – Purple	Sunrise: 6:19AM Sunset: 6:18PM	Vasavasu 5:17 Moon 2 - Phase 46 - 13 2nd Phase
Routine Work Marana Yoga		192658678 Rahu	9:19AM – 10:48AM 3:18PM – 4:48PM	Sadyha Until 7:52PM Vistil Until 10:33AM Chaturdashi* Until 9:58PM	Phalguna/Panguni	Devaloka Day

Wednesday, March 18, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Badha Vasara Yuktayam Purvaprosarthpada* Nakshatra Subha/Sukla Yoga Caluspada* Naga* Karana Amavasyayam Titau				Rochester, NY Sun 14 Sutra 339
Retreat Star		Gulika 10:48AM – 12:18PM	Purvaprosarthpada* Until 6:51PM	Ganesh: Red Muruga: White Nataraja: Purple Moon – Clear	Sunrise: 6:17AM Sunset: 6:19PM	Vasavasu 5:17 Moon 2 - Phase 46 - 14 Amavasya
Kumbha Rasi: 25.53	Tithi 30	Yama 7:47AM – 9:18AM	Subha Until 5:31PM			
Creative Work Amrita Yoga Until 6:51PM Then Creative Work - Siddha Yoga		112658678 Rahu	12:18PM – 1:48PM	Caluspada Until 9:17AM Amavasya* Until 8:24PM	Phalguna/Panguni	Bhuloka Day Devaloka Time: 9AM to 12:2PM

Thursday, March 19, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Pakshi: Guru Vasara Yuktayam Utlaraprosarthpada* Revati Nakshatra Sukla/Bahma Yoga Kirtughna* Bava Karana Prathamayam Titau				Rochester, NY Sun 15 Sutra 340
Retreat Star		Gulika 9:17AM – 10:47AM	Utlaraprosarthpada Until 5:33PM	Ganesh: Red Muruga: White Nataraja: Purple Moon – Clear	Sunrise: 6:15AM Sunset: 6:20PM	Vasavasu 5:17 Moon 2 - Phase 46 - 15 Prathama
Meena Rasi: 9.5	Tithi 1	Yama 6:15AM – 7:46AM	Sukla Until 2:44PM			
Creative Work Siddha Yoga		112658678 Rahu	1:48PM – 3:19PM	Kirtughna Until 7:27AM Prathama* Until 6:22PM	Chaitra/Panguni	Bhuloka Day Devaloka Time: 9AM to 12:2PM
		Yugadi				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktiyam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Tilau				Rochester, NY Sun 16	Sutra 341 Vasava 5127
Mesha Rasi: 24.04	Tithi 2 - 3	Gulika 7:45AM - 9:16AM	Revati Until 3:46PM	Ganesh: Red	Sunrise: 6:14AM		
		Yama 3:19PM - 4:50PM	Brahma Until 11:41AM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 16	3rd Phase
		122658678 Rahu 10:46AM - 12:17PM	Taila Until 12:06AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvitiya Until 3:59PM	Moon - Clear		Bhuloka Day	
Until 3:46PM				Chaitra-Panguni		Devaloka Time: 9AM to 12:PM	
Then Creative Work - Amrita Yoga							

2 Saturday, March 21, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yuktiyam Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau				Rochester, NY Sun 17	Sutra 342 Vasava 5127
Mesha Rasi: 8.28	Tithi 3 - 4	Gulika 6:12AM - 7:43AM	Ashvini Until 2:04PM	Ganesh: Yellow	Sunrise: 6:12AM		
		Yama 1:48PM - 3:20PM	Indra Until 8:27AM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 17	3rd Phase
		122658678 Rahu 9:15AM - 10:46AM	Bava Until 9:27PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Vanija Until 12:06AM Sun	Moon - White		Bhuloka Day	
		Chellappaswami Mahasamadh	Tritiya Until 1:24PM	Chaitra-Panguni		Devaloka Time: 9AM to 12:PM	

3 Sunday, March 22, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktiyam Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamam Tilau				Rochester, NY Sun 18	Sutra 343 Vasava 5127
Mesha Rasi: 22.56	Tithi 4 - 5	Gulika 3:20PM - 4:52PM	Bharani Until 12:09PM	Ganesh: Blue	Sunrise: 6:10AM		
		Yama 12:17PM - 1:49PM	Vishkambha* Until 1:49AM Mon	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 18	3rd Phase
		122758678 Rahu 4:52PM - 6:24PM	Bava Until 9:27PM	Nataraja: Purple			
Routine Work	Prabalarista Yoga		Chaturthi* Until 10:45AM	Moon - White		Bhuloka Day	
Until 12:09PM				Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

4 Monday, March 23, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktiyam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashyam Tilau				Rochester, NY Sun 19	Sutra 344 Vasava 5127
Wisshaha Rasi: 7.25	Tithi 5 - 6	Gulika 1:49PM - 3:21PM	Krittika Until 10:09AM	Ganesh: Blue	Sunrise: 6:08AM		
Family Home Evening		Yama 10:44AM - 12:17PM	Priti Until 10:36PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 19	3rd Phase
		122758678 Rahu 7:40AM - 9:12AM	Kaulava Until 6:53PM	Nataraja: Purple			
Routine Work	Marana Yoga		Panchami Until 8:08AM	Moon - White		Bhuloka Day	
Until 10:09AM				Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

5 Tuesday, March 24, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktiyam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamam Tilau				Rochester, NY Sun 20	Sutra 345 Vasava 5127
Wisshaha Rasi: 21.47	Tithi 7	Gulika 12:16PM - 1:49PM	Rohini Until 8:35AM	Ganesh: Yellow	Sunrise: 6:07AM		
		Yama 9:11AM - 10:44AM	Ayushman Until 7:32PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 20	3rd Phase
		132758678 Rahu 3:21PM - 4:53PM	Gara Until 4:31PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Saptami Until 3:23AM Wed	Moon - Yellow		Bhuloka Day	
Until 8:35AM				Chaitra-Panguni		Devaloka Time: 6AM to 9-AM	
Then Creative Work - Siddha Yoga							

Wednesday, March 25, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktiyam Migashira/Andra Nakshatra Sauthagya/Sobhana Yoga Visi* Bava Karana Ashtamam Tilau				Rochester, NY Sun 21	Sutra 346 Vasava 5127
Retreat Star		Gulika 10:43AM - 12:16PM	Mrigashira Until 7:05AM	Ganesh: Yellow	Sunrise: 6:05AM		
Mithuna Rasi: 6.01	Tithi 8	Yama 7:38AM - 9:10AM	Sauthagya Until 4:41PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 21	Ashtami
		132758678 Rahu 12:16PM - 1:49PM	Visi Until 2:23PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Ashlami* Until 1:24AM Thu	Moon - Yellow		Bhuloka Day	
				Chaitra-Panguni		Devaloka Time: 6AM to 9-AM	

Thursday, March 26, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktiyam Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamam Tilau				Rochester, NY Sun 22	Sutra 347 Vasava 5127
Retreat Star		Gulika 9:09AM - 10:42AM	Punarvasu Until 4:58AM Fri	Ganesh: White	Sunrise: 6:03AM		
Mithuna Rasi: 20.04	Tithi 9	Yama 6:03AM - 7:36AM	Sobhana Until 2:05PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 22	Navami
		142758678 Rahu 1:49PM - 3:22PM	Balava Until 12:32PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Navami* Until 11:43PM	Moon - Blue		Bhuloka Day	
Until 4:58AM Fri		Sri Rama Navami		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Taillala/Gara Karana Dashamyam Titau				Rochester, NY Sun 23	Sutra 348 Vasava 5127
Kataka Rasi: 3.55	Tithi 10	Gulika 7:35AM - 9:08AM	Pushya Until 4:24AM Sat	Ganesha: White	Sunrise: 6:01AM		
		Yama 3:22PM - 4:56PM	Athiganda* Until 11:43AM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 4B - 23	4th Phase
Routine Work	Marana Yoga	Rahu 10:42AM - 12:15PM	Taillala Until 11:01AM	Nataraja: Purple			
			Dashami Until 10:22PM	Chaitra-Panguni			Bhuloka Day

2 Saturday, March 28, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Mania Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Titau				Rochester, NY Sun 24	Sutra 349 Vasava 5127
Kataka Rasi: 17.34	Tithi 11	Gulika 5:59AM - 7:33AM	Ashlesha* Until 4:01AM Sun	Ganesha: White	Sunrise: 5:59AM		
		Yama 1:49PM - 3:23PM	Sukarma Until 9:38AM	Muruga: White	Sunset: 6:31PM	Moon 2 - Phase 4B - 24	4th Phase
Routine Work	Marana Yoga	Rahu 9:07AM - 10:41AM	Vanija Until 9:50AM	Nataraja: Purple			
		Yogaswami Mahasamadi	Ekadashi Until 9:21PM	Chaitra-Panguni			Bhuloka Day

3 Sunday, March 29, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY Sun 25	Sutra 350 Vasava 5127
Simha Rasi: 1	Tithi 12	Gulika 3:23PM - 4:57PM	Magha* Until 4:19AM Mon	Ganesha: Clear	Sunrise: 5:58AM		
		Yama 12:15PM - 1:49PM	Dhriti Until 7:51AM	Muruga: White	Sunset: 6:32PM	Moon 2 - Phase 4B - 25	4th Phase
Routine Work	Marana Yoga	Rahu 4:57PM - 6:32PM	Bava Until 9:01AM	Nataraja: Purple			
Until 4:19AM Mon			Dvadashi Until 8:43PM	Chaitra-Panguni			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 6AM to 9AM

4 Monday, March 30, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Taillala Karana Trayodashyam Titau				Rochester, NY Sun 26	Sutra 351 Vasava 5127
Simha Rasi: 14.14	Tithi 13	Gulika 1:49PM - 3:24PM	Purvaphalguni Until 4:51AM Tue	Ganesha: Clear	Sunrise: 5:56AM		
Family Home Evening		Yama 10:40AM - 12:14PM	Shula* Until 6:21AM	Muruga: White	Sunset: 6:33PM	Moon 2 - Phase 4B - 26	4th Phase
Creative Work	Siddha Yoga	Rahu 7:31AM - 9:05AM	Kaulava Until 8:34AM	Nataraja: Purple			
Until 4:51AM Tue			Trayodashi Until 8:28PM	Chaitra-Panguni			Bhuloka Day
Then Creative Work - Amrita Yoga							Devaloka Time: 6AM to 9AM

5 Tuesday, March 31, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi Yoga Gara/Vanja Karana Chaturdashyam Titau				Rochester, NY Sun 27	Sutra 352 Vasava 5127
Simha Rasi: 27.16	Tithi 14	Gulika 12:14PM - 1:49PM	Uttaraphalguni Until 5:38AM Wed	Ganesha: Purple	Sunrise: 5:54AM		
		Yama 9:04AM - 10:39AM	Viddhi Until 4:20AM Wed	Muruga: White	Sunset: 6:34PM	Moon 2 - Phase 4B - 27	4th Phase
Creative Work	Amrita Yoga	Rahu 3:24PM - 4:59PM	Gara Until 8:31AM	Nataraja: Purple			
Until 5:38AM Wed			Chaturdashi* Until 8:38PM	Chaitra-Panguni			Devaloka Day
Then Routine Work - Marana Yoga							

Wednesday, April 2, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau				Rochester, NY Sun 28	Sutra 353 Vasava 5127
Copper Retreat Star		Gulika 10:39AM - 12:14PM	Hasta Until 7:09AM Thu	Ganesha: Clear	Sunrise: 5:54AM		
Kanya Rasi: 10.06	Tithi 15	Yama 7:29AM - 9:04AM	Dhruva Until 3:48AM Thu	Muruga: White	Sunset: 6:34PM	Moon 2 - Phase 4B - 28	Purnima
Routine Work	Marana Yoga	Rahu 12:14PM - 1:49PM	Visi Until 8:54AM	Nataraja: Purple			
Until 7:09AM Thu			Purnima* Until 9:13PM	Chaitra-Panguni			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 9AM to 12:2PM

Thursday, April 2, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY Sun 29	Sutra 354 Vasava 5127
Silver Retreat Star		Gulika 9:03AM - 10:38AM	Hasta Until 7:09AM	Ganesha: Clear	Sunrise: 5:52AM		
Kanya Rasi: 22.43	Tithi 16	Yama 5:52AM - 7:28AM	Vyaghata* Until 3:38AM Fri	Muruga: White	Sunset: 6:35PM	Moon 2 - Phase 4B - 29	Prathama
Routine Work	Marana Yoga	Rahu 1:49PM - 3:25PM	Balava Until 9:42AM	Nataraja: Purple			
Until 7:09AM			Prathama* Until 10:15PM	Chaitra-Panguni			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 9AM to 12:2PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 5.09 Tithi 17
Creative Work Siddha Yoga

Viswajit Nama Samvatsara
Chitra/Svali Nakshatra Harshana Yoga
Gulika 7:24AM - 9:02AM
Yama 3:25PM - 5:01PM
Rahu 10:38AM - 12:14PM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Chitra Until 8:55AM
Harshana Until 3:47AM Sat
Taitilla Until 10:57AM
Dvitiya Until 11:42PM

Ganesh: Clear Sunrise: 5:51AM
Muruga: White Sunset: 6:36PM
Nataraja: Purple
Moon - Green

Rochester, NY Sutra 355
Vasavasu 5:127
Moon 3 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18
Creative Work Siddha Yoga

Viswajit Nama Samvatsara
Svali/Vishakha Nakshatra Vajra* Yoga
Gulika 5:49AM - 7:25AM
Yama 1:49PM - 3:25PM
Rahu 9:01AM - 10:37AM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Mantra Vasara Yuktayam
Svali Until 10:56AM
Vajra* Until 4:12AM Sun
Taitilla Until 12:36PM
Tritiya Until 1:32AM Sun

Ganesh: Clear Sunrise: 5:49AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Green

Rochester, NY Sutra 356
Vasavasu 5:127
Moon 3 - Phase 49 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19
Routine Work Marana Yoga

Viswajit Nama Samvatsara
Vishakha/Anuradha Nakshatra Siddhi Yoga
Gulika 3:24PM - 5:02PM
Yama 10:36AM - 12:13PM
Rahu 5:02PM - 6:39PM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Vishakha Until 1:37PM
Siddhi Until 4:52AM Mon
Bava Until 2:36PM
Chaturthi* Until 3:41AM Mon

Ganesh: White Sunrise: 5:47AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Orange

Rochester, NY Sutra 357
Vasavasu 5:127
Moon 3 - Phase 49 - 3
1st Phase

Devaloka Day

3

Monday, April 6, 2026

Wischika Rasi: 11.29 Tithi 20
Family Home Evening
Creative Work Siddha Yoga

Viswajit Nama Samvatsara
Anuradha/Jyeshtha* Nakshatra Vysilpala* Yoga
Gulika 1:49PM - 3:26PM
Yama 10:36AM - 12:13PM
Rahu 7:22AM - 8:59AM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Vysilpala* Until 4:24PM
Vajra* Until 5:42AM Tue
Kaulava Until 4:52PM
Panchami Until 6:03AM Tue

Ganesh: White Sunrise: 5:45AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Orange

Rochester, NY Sutra 358
Vasavasu 5:127
Moon 3 - Phase 49 - 4
1st Phase

Devaloka Day

4

Tuesday, April 7, 2026

Wischika Rasi: 23.24 Tithi 20 - 21
Routine Work Marana Yoga
Until 7:09PM
Then Creative Work - Amrita Yoga

Viswajit Nama Samvatsara
Jyeshtha* Nakshatra Varjyan Yoga
Gulika 12:12PM - 1:50PM
Yama 8:58AM - 10:35AM
Rahu 3:27PM - 5:04PM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Jyeshtha* Until 7:09PM
Varjyan Until 6:33AM Wed
Gara Until 7:17PM
Panchami Until 6:03AM

Ganesh: White Sunrise: 5:44AM
Muruga: White Sunset: 6:41PM
Nataraja: Purple
Moon - Orange

Rochester, NY Sutra 359
Vasavasu 5:127
Moon 3 - Phase 49 - 5
1st Phase

Devaloka Day

5

Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 - 22
Routine Work Marana Yoga
Until 10:12PM
Then Creative Work - Amrita Yoga

Viswajit Nama Samvatsara
Mula* Nakshatra Varjyan/Parigraha* Yoga
Gulika 10:35AM - 12:12PM
Yama 7:19AM - 8:57AM
Rahu 12:12PM - 1:50PM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam
Mula* Until 10:12PM
Varjyan Until 6:33AM
Visti Until 9:40PM
Shashthi* Until 8:28AM

Ganesh: Yellow Sunrise: 5:42AM
Muruga: White Sunset: 6:42PM
Nataraja: Purple
Moon - Light Blue

Rochester, NY Sutra 360
Vasavasu 5:127
Moon 3 - Phase 49 - 6
1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

D

Thursday, April 9, 2026

Retreat Star

Dhanus Rasi: 17.12 Tithi 22 - 23
Creative Work Siddha Yoga
Until 12:53AM Fri
Then Routine Work - Marana Yoga

Viswajit Nama Samvatsara
Purvashadha* Nakshatra Parigraha* Yoga
Gulika 8:56AM - 10:34AM
Yama 5:40AM - 7:18AM
Rahu 1:50PM - 3:28PM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Gurva Vasara Yuktayam
Purvashadha* Until 12:53AM Fri
Parigraha* Until 7:21AM
Balava Until 11:49PM
Saptami Until 10:46AM

Ganesh: Yellow Sunrise: 5:40AM
Muruga: White Sunset: 6:43PM
Nataraja: Purple
Moon - Light Blue

Rochester, NY Sutra 361
Vasavasu 5:127
Moon 3 - Phase 49 - 7
Ashtami

Bhuloka Day
Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 - 24
Routine Work Marana Yoga
Until 2:57AM Sat
Then Creative Work - Siddha Yoga

Viswajit Nama Samvatsara
Uttarashadha Nakshatra Shiva/Siddha Yoga
Gulika 7:17AM - 8:55AM
Yama 3:28PM - 5:06PM
Rahu 10:33AM - 12:11PM

Utarayane Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Uttarashadha Until 2:57AM Sat
Shiva Until 7:56AM
Taitilla Until 1:32AM Sat
Ashlami* Until 12:43PM

Ganesh: Yellow Sunrise: 5:38AM
Muruga: White Sunset: 6:45PM
Nataraja: Purple
Moon - Light Blue

Rochester, NY Sutra 362
Vasavasu 5:127
Moon 3 - Phase 49 - 8
Navami

Bhuloka Day
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1	Saturday, April 11, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yukitayam Rochester, NY			
	Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau		Sun 9		Sutra 363	
	Gulika 5:37AM – 7:15AM	Shravana Until 4:44AM Sun	Ganesh: Blue	Sunrise: 5:27AM	Vasarasu 5:17	
Makara Rasi: 11.28	TITHI 24 – 25	Yama 1:50PM – 3:28PM	Muruga: White	Sunset: 6:46PM	Moon 3 - Phase 50 - 17	
Rahu 8:54AM – 10:33AM	Siddha Until 8:05AM	Nataraja: Purple	Moon - Purple		Devaloka Day	
Creative Work Siddha Yoga		Navami* Until 2:08PM		Chaitra-Panguni		
Until 4:44AM Sun						
Then Routine Work - Marana Yoga						

2	Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yukitayam Rochester, NY			
	Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau		Sun 10		Sutra 364	
	Gulika 3:29PM – 5:08PM	Dhanishtha Until 5:35AM Mon	Ganesh: Blue	Sunrise: 5:25AM	Vasarasu 5:17	
Makara Rasi: 23.59	TITHI 25 – 26	Yama 12:11PM – 1:50PM	Muruga: White	Sunset: 6:47PM	Moon 3 - Phase 50 - 10	
Rahu 5:08PM – 6:47PM	Sadhya Until 7:44AM	Nataraja: Purple	Moon - Purple		Devaloka Day	
Routine Work Marana Yoga		Bava Until 2:53AM Mon		Dashami Until 2:50PM		
Until 5:35AM Mon						
Then Creative Work - Siddha Yoga						

3	Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksha Indu Vasara Yukitayam Rochester, NY			
	Shalabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau		Sun 11		Sutra 1	
	Gulika 1:50PM – 3:29PM	Shalabhishak Until 5:28AM Tue	Ganesh: Blue	Sunrise: 5:23AM	Vasarasu 5:17	
Kumbha Rasi: 6.53	TITHI 26 – 27	Yama 10:31AM – 12:11PM	Muruga: White	Sunset: 6:48PM	Moon 3 - Phase 50 - 11	
Rahu 7:13AM – 8:52AM	Subha Until 6:47AM	Nataraja: Purple	Moon - Purple		Devaloka Day	
Creative Work Siddha Yoga		Kaulava Until 2:21AM Tue		Ekadashi* Until 2:42PM		
Until 5:28AM Tue						
Then Routine Work - Marana Yoga						

4	Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksha Mangala Vasara Yukitayam Rochester, NY			
	Puravproshthapada Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashyam Tilau		Sun 12		Sutra 2	
	Gulika 12:10PM – 1:50PM	Puravproshthapada* Until 4:53AM Wed	Ganesh: White	Sunrise: 5:22AM	Parabhava 5:18	
Makara Rasi: 20.12	TITHI 27 – 28	Yama 8:51AM – 10:31AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 50 - 12	
Rahu 3:30PM – 5:09PM	Brahma Until 2:54AM Wed	Nataraja: Purple	Moon - Clear		Bhuloka Day	
Routine Work Marana Yoga		Gara Until 1:00AM Wed		Dvadashi* Until 1:45PM		
Until 4:53AM Wed		Tamil New Year		Pradosha Vata (Fasting)		
Then Creative Work - Siddha Yoga						

5	Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksha Butha Vasara Yukitayam Rochester, NY			
	Uttarproshthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau		Sun 13		Sutra 3	
	Gulika 10:30AM – 12:10PM	Uttarproshthapada Until 3:28AM Thu	Ganesh: White	Sunrise: 5:20AM	Parabhava 5:18	
Meena Rasi: 3.58	TITHI 28 – 29	Yama 7:10AM – 8:50AM	Muruga: White	Sunset: 6:50PM	Moon 3 - Phase 50 - 13	
Rahu 12:10PM – 1:50PM	Indra Until 12:06AM Thu	Nataraja: Purple	Moon - Clear		Bhuloka Day	
Creative Work Siddha Yoga		Visi Until 10:58PM		Trayodashi* Until 12:03PM		
Until 1:22AM Fri						
Then Creative Work - Amrita Yoga						

●	Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksha Guru Vasara Yukitayam Rochester, NY			
	Retreat Star		Sun 14		Sutra 4	
	Gulika 8:49AM – 10:30AM	Revati Until 1:22AM Fri	Ganesh: Yellow	Sunrise: 5:28AM	Parabhava 5:18	
Meena Rasi: 18.11	TITHI 29 – 30	Yama 5:28AM – 7:09AM	Muruga: White	Sunset: 6:51PM	Moon 3 - Phase 50 - 14	
Rahu 1:50PM – 3:31PM	Vaidhriti* Until 8:49PM	Nataraja: Purple	Moon - Clear		Amavasya	
Creative Work Siddha Yoga		Catuspada Until 8:21PM		Chaturdashi* Until 9:42AM		
Until 1:22AM Fri						
Then Creative Work - Amrita Yoga		Devaloka Time: 9AM to 12PM				

●	Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Sukla Paksha Sukra Vasara Yukitayam Rochester, NY			
	Retreat Star		Sun 15		Sutra 5	
	Gulika 7:07AM – 8:48AM	Ashvini Until 11:11PM	Ganesh: Red	Sunrise: 5:27AM	Parabhava 5:18	
Mesha Rasi: 2.44	TITHI 30 – 1	Yama 3:31PM – 5:12PM	Muruga: White	Sunset: 6:53PM	Moon 3 - Phase 50 - 15	
Rahu 10:29AM – 12:10PM	Vishkambha* Until 5:13PM	Nataraja: Purple	Moon - White		Prathama	
Creative Work Amrita Yoga		Bava Until 3:41AM Sat		Amavasya* Until 6:51AM		
Until 11:11PM						
Then Creative Work - Siddha Yoga		Devaloka Time: 9AM to 12PM				

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1	Saturday, April 18, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mania Vesara Yukhtayam Rochester, NY			
	Bharani Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Tilau Sun 16 Sutra 6		Parabhava 5128			
Mesha Rasi: 17.33	Tilhi 2	Gulika 5:25AM - 7:06AM	Bharani Until 8:39PM	Ganesha: Red Sunrise: 5:25AM	Moon 3 - Phase 1 - 16	3rd Phase
		Yama 1:51PM - 3:32PM	Prithi Until 1:25PM	Muruga: White Sunset: 6:54PM		
Creative Work Siddha Yoga		244858678 Rahu 8:47AM - 10:28AM	Balava Until 2:02PM	Nataraja: Purple		
Until 8:39PM			Dvitiya Until 12:21AM Sun	Vasudha-Chaitra	Bhuloka Day	Devaloka Time: 9AM to 12PM
Then Creative Work - Amrita Yoga						

2	Sunday, April 19, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vesara Yukhtayam Rochester, NY			
	Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Tilau Sun 17 Sutra 7		Parabhava 5128			
Wishabha Rasi: 2.28	Tilhi 3	Gulika 3:32PM - 5:14PM	Kritika Until 5:58PM	Ganesha: Red Sunrise: 5:23AM	Moon 3 - Phase 1 - 17	3rd Phase
		Yama 12:09PM - 1:51PM	Ayushman Until 9:31AM	Muruga: White Sunset: 6:55PM		
Creative Work Siddha Yoga		244858678 Rahu 5:14PM - 6:55PM	Talilla Until 10:41AM	Nataraja: Purple		
			Tritiya Until 9:00PM	Vasudha-Chaitra	Bhuloka Day	Devaloka Time: 9AM to 12PM
		Akshaya Tritiya				

3	Monday, April 20, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Indu Vesara Yukhtayam Rochester, NY			
	Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurithi/Panchamyam Tilau Sun 18 Sutra 8		Parabhava 5128			
Wishabha Rasi: 17.22	Tilhi 4 - 5	Gulika 1:51PM - 3:33PM	Rohini Until 3:40PM	Ganesha: Yellow Sunrise: 5:22AM	Moon 3 - Phase 1 - 18	3rd Phase
Family Home Evening		Yama 10:27AM - 12:09PM	Sobhana Until 2:03AM Tue	Muruga: White Sunset: 6:56PM		
Creative Work Amrita Yoga		234858678 Rahu 7:04AM - 8:45AM	Vanija Until 7:24AM	Nataraja: Purple		
			Chalurithi Until 5:49PM	Vasudha-Chaitra	Bhuloka Day	Devaloka Time: 9AM to 12PM

4	Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mangala Vesara Yukhtayam Rochester, NY			
	Mrigashira/Ardra Nakshatra Ahiganda Yoga Balava/Kaulava Karana Panchami/Shushthiyam Tilau Sun 19 Sutra 9		Parabhava 5128			
Mithuna Rasi: 2.05	Tilhi 5 - 6	Gulika 12:09PM - 1:51PM	Mrigashira Until 1:31PM	Ganesha: Yellow Sunrise: 5:20AM	Moon 3 - Phase 1 - 19	3rd Phase
		Yama 8:44AM - 10:27AM	Alhiganda Until 10:39PM	Muruga: White Sunset: 6:57PM		
Creative Work Siddha Yoga		234858678 Rahu 3:33PM - 5:15PM	Kaulava Until 1:36AM Wed	Nataraja: Purple		
Until 1:31PM			Panchami Until 2:54PM	Vasudha-Chaitra	Bhuloka Day	Devaloka Time: 9AM to 12PM
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi				

5	Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Budha Vesara Yukhtayam Rochester, NY			
	Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau Sun 20 Sutra 10		Parabhava 5128			
Mithuna Rasi: 16.34	Tilhi 6 - 7	Gulika 10:26AM - 12:09PM	Ardra Until 11:37AM	Ganesha: Yellow Sunrise: 5:19AM	Moon 3 - Phase 1 - 20	3rd Phase
		Yama 7:01AM - 8:44AM	Sukama Until 7:38PM	Muruga: White Sunset: 6:58PM		
Creative Work Siddha Yoga		234858678 Rahu 12:09PM - 1:51PM	Gara Until 11:20PM	Nataraja: Purple		
			Shashthi Until 12:23PM	Vasudha-Chaitra	Bhuloka Day	Devaloka Time: 9AM to 12PM

D	Thursday, April 23, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Guru Vesara Yukhtayam Rochester, NY			
	Retreat Star		Punarvasu/Pushya Nakshatra Dhriti/Shula Yoga Bava/Balava Karana Saptami/Ashtamyam Tilau Sun 21 Sutra 11			
Kataka Rasi: 0.43	Tilhi 7 - 8	Gulika 8:43AM - 10:26AM	Punarvasu Until 10:29AM	Ganesha: White Sunrise: 5:17AM	Moon 3 - Phase 1 - 21	Ashtami
		Yama 5:17AM - 7:00AM	Dhriti Until 5:03PM	Muruga: White Sunset: 7:00PM		
Creative Work Amrita Yoga		244858678 Rahu 1:51PM - 3:34PM	Visli Until 9:35PM	Nataraja: Purple		
			Saptami Until 10:22AM	Vasudha-Chaitra	Devaloka Day	

Friday, April 24, 2026	Retreat Star		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Sukra Vesara Yukhtayam Rochester, NY			
	Retreat Star		Pushya/Ashlesha Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamyam Tilau Sun 22 Sutra 12			
Kataka Rasi: 14.32	Tilhi 8 - 9	Gulika 6:59AM - 8:42AM	Pushya Until 9:45AM	Ganesha: White Sunrise: 5:16AM	Moon 3 - Phase 1 - 22	Navami
		Yama 3:34PM - 5:18PM	Shula Until 2:53PM	Muruga: White Sunset: 7:01PM		
Routine Work Marana Yoga		244858679 Rahu 10:25AM - 12:08PM	Balava Until 8:24PM	Nataraja: Clear		
			Ashtami Until 8:54AM	Vasudha-Chaitra	Sivaloka Day	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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