

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 1:34PM
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam
 Swati/Vishkha Nakshatra Vajra 7 Siddhi Yoga Talilla/Gara Karana Dvityayam Titau

Gulika 1:22PM - 3:02PM	Swati Until 1:34PM	Ganesh: Yellow	Sunrise: 5:00AM	Vasarasu 5:127
Yama 10:01AM - 11:41AM	Vajra* Until 12:07PM	Muruga: Clear	Sunset: 6:29PM	Moon 3 - Phase 1 - 1st Phase
Rahu 6:41AM - 8:21AM	Taililla Until 1:16AM	Nataraja: Clear		
	Dvitiya Until 12:28AM Tue	Moon - Green		Devaloka Day
	Tamil New Year	Chaitra-Chaitra		

Portland, ME
Sutra 1**1****Tuesday, April 15, 2025**

Tula Rasi: 28.02 Tithi 18
 Routine Work Marana Yoga
 Until 4:40PM
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mangala Vasara Yukitayam
 Vishkha/Anuradha Nakshatra Siddhi/Vyaptipa* Yoga Vanja/Visi* Karana Tritayam Titau

Gulika 11:41AM - 1:22PM	Vishkha Until 4:40PM	Ganesh: Blue	Sunrise: 4:59AM	Sun 1
Yama 8:20AM - 10:00AM	Siddhi Until 1:01PM	Muruga: Clear	Sunset: 6:29PM	Vasarasu 5:127
Rahu 3:02PM - 4:43PM	Vanja Until 1:41PM	Nataraja: Clear		Moon 3 - Phase 1 - 1st Phase
	Tritiya Until 2:49AM Wed	Moon - Orange		Bhuloka Day
	Chaitra-Chaitra	Devaloka Time: 3PM to 6PM		

Portland, ME
Sutra 2**2****Wednesday, April 16, 2025**

Wishika Rasi: 9.58 Tithi 19
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Batha Vasara Yukitayam
 Anuradha Nakshatra Vyaptipa* Mariyan Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:00AM - 11:41AM	Anuradha Until 7:24PM	Ganesh: Blue	Sunrise: 4:57AM	Sun 2
Yama 6:38AM - 8:19AM	Vyaptipa* Until 1:47PM	Muruga: Clear	Sunset: 6:29PM	Vasarasu 5:127
Rahu 11:41AM - 1:22PM	Bava Until 3:55PM	Nataraja: Clear		Moon 3 - Phase 1 - 2 1st Phase
	Chaturthi* Until 4:54AM Thu	Moon - Orange		Bhuloka Day
	Chaitra-Chaitra	Devaloka Time: 3PM to 6PM		

Portland, ME
Sutra 3**3****Thursday, April 17, 2025**

Wishika Rasi: 21.59 Tithi 20
 Routine Work Prabalashita Yoga
 Until 9:40PM
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Guru Vasara Yukitayam
 Jyeshtha* Nakshatra Parigha* Yoga Kaulava/Taililla Karana Panchamayam Titau

Gulika 8:18AM - 9:59AM	Jyeshtha* Until 9:40PM	Ganesh: Blue	Sunrise: 4:55AM	Sun 3
Yama 4:55AM - 6:37AM	Variyan Until 2:17PM	Muruga: Clear	Sunset: 6:29PM	Vasarasu 5:127
Rahu 1:22PM - 3:03PM	Kaulava Until 5:51PM	Nataraja: Clear		Moon 3 - Phase 1 - 3 1st Phase
	Panchami Until 6:39AM Fri	Moon - Orange		Bhuloka Day
	Chaitra-Chaitra	Devaloka Time: 3PM to 6PM		

Portland, ME
Sutra 4**4****Friday, April 18, 2025**

Dhanus Rasi: 4.09 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 11:51PM
 Then Routine Work - Prabalashita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Sakra Vasara Yukitayam
 Mula* Nakshatra Parigha* Shiva Yoga Talilla/Gara Karana Panchami/Shashthiyam Titau

Gulika 6:35AM - 8:17AM	Mula* Until 11:51PM	Ganesh: Red	Sunrise: 4:54AM	Sun 4
Yama 3:04PM - 4:45PM	Parigha* Until 2:31PM	Muruga: Clear	Sunset: 6:29PM	Vasarasu 5:127
Rahu 9:59AM - 11:40AM	Gara Until 7:22PM	Nataraja: Clear		Moon 3 - Phase 1 - 4 1st Phase
	Panchami Until 6:39AM	Moon - Light Blue		Devaloka Day
	Chaitra-Chaitra			

Portland, ME
Sutra 5**5****Saturday, April 19, 2025**

Dhanus Rasi: 16.31 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 1:20AM Sun
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Maria Vasara Yukitayam
 Purvashadha* Nakshatra Shiva/Siddha Yoga Vanja/Visi* Karana Shashthi/Saptamam Titau

Gulika 4:52AM - 6:34AM	Purvashadha* Until 1:20AM Sun	Ganesh: Red	Sunrise: 4:52AM	Sun 5
Yama 1:22PM - 3:04PM	Shiva Until 2:23PM	Muruga: Clear	Sunset: 6:29PM	Vasarasu 5:127
Rahu 8:16AM - 9:58AM	Visi Until 8:22PM	Nataraja: Clear		Moon 3 - Phase 1 - 5 1st Phase
	Shashthi* Until 7:55AM	Moon - Light Blue		Devaloka Day
	Chaitra-Chaitra			

Portland, ME
Sutra 6**D****Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 29.08 Tithi 22 - 23
 Creative Work Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Bhava/Vajra Yukitayam
 Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami

Gulika 3:05PM - 4:47PM	Uttarashadha Until 2:02AM Mon	Ganesh: Red	Sunrise: 4:51AM	Sun 6
Yama 11:40AM - 1:22PM	Siddha Until 1:44PM	Muruga: Clear	Sunset: 6:29PM	Vasarasu 5:127
Rahu 4:47PM - 6:29PM	Balava Until 8:42PM	Nataraja: Clear		Moon 3 - Phase 1 - 6 1st Phase
	Saptami Until 8:36AM	Moon - Light Blue		Devaloka Day
	Chaitra-Chaitra			

Portland, ME
Sutra 7**Monday, April 21, 2025****Retreat Star**

Makara Rasi: 12.04 Tithi 23 - 24
Family Home Evening
 Creative Work Amrita Yoga
 Until 2:18AM Tue
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam
 Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taililla Karana Ashtami/Navamam Titau

Gulika 1:22PM - 3:05PM	Shravana Until 2:18AM Tue	Ganesh: Green	Sunrise: 4:49AM	Sun 7
Yama 9:57AM - 11:40AM	Sadhya Until 12:32PM	Muruga: Clear	Sunset: 6:30PM	Vasarasu 5:127
Rahu 6:32AM - 8:14AM	Taililla Until 8:19PM	Nataraja: Clear		Moon 3 - Phase 1 - 7 Navami
	Ashtami* Until 8:35AM	Moon - Purple		Bhuloka Day
	Chidambaram Abhishekam	Chaitra-Chaitra	Devaloka Time: 3PM to 6PM	

Portland, ME
Sutra 8

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Portland, ME on 2/11/24

www.gurudeva.org/pancham

1 Tuesday, April 22, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакша Мंगала Васара Yuktayam		Dhanishtha Until 1:40AM Wed		Ganesha: Green Sunrise: 4:47AM		Portland, ME Sun 8
Makara Rasi: 25.25	Tithi 24 – 25	Gulika 11:39AM – 1:23PM	Sukha Until 10:46AM	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 8	Sutra 9
		Yama 8:13AM – 9:56AM	Balava Until 7:10PM	Nataraja: Clear	2nd Phase	
		293298578 Rahu 3:06PM – 4:49PM		Moon - Purple		
Creative Work	Siddha Yoga		Navami* Until 7:49AM	Chaitry-Chatra		Bhuloka Day
						Devaloka Time: 3PM to 6PM

2 Wednesday, April 23, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакша Будах Васара Yuktayam		Shalabhshak Until 12:10AM Thu		Ganesha: Green Sunrise: 4:46AM		Portland, ME Sun 9
Kumbha Rasi: 9.11	Tithi 25 – 26	Gulika 9:56AM – 11:39AM	Sukha Until 8:21AM	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 9	Sutra 10
		Yama 6:29AM – 8:13AM	Balava Until 4:03AM Thu	Nataraja: Clear	2nd Phase	
		293298578 Rahu 11:39AM – 1:23PM	Dashami Until 6:17AM	Moon - Purple		
Creative Work	Siddha Yoga			Chaitry-Chatra		Bhuloka Day
						Devaloka Time: 3PM to 6PM

3 Thursday, April 24, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакша Guru Visara Yuktayam		Puravproshthapada* Until 10:20PM		Ganesha: Purple Sunrise: 4:44AM		Portland, ME Sun 10
Kumbha Rasi: 23.24	Tithi 27	Gulika 8:12AM – 9:55AM	Indra Until 1:57AM Fri	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 10	Sutra 11
		Yama 4:44AM – 6:28AM	Kaulava Until 2:43PM	Nataraja: Purple	2nd Phase	
		213298579 Rahu 1:23PM – 3:07PM	Dvadashti* Until 1:13AM Fri	Moon - Clear		
Creative Work	Siddha Yoga			Chaitry-Chatra		Devaloka Day

4 Friday, April 25, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакша Sakra Vasara Yuktayam		Uttaraproshtapada Until 7:52PM		Ganesha: Purple Sunrise: 4:43AM		Portland, ME Sun 11
Meena Rasi: 8.02	Tithi 28	Gulika 6:27AM – 8:11AM	Vaidhriti* Until 10:06PM	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 11	Sutra 12
		Yama 3:07PM – 4:51PM	Gara Until 11:38AM	Nataraja: Purple	2nd Phase	
		213298579 Rahu 9:55AM – 11:39AM	Trayodashi* Until 9:54PM	Moon - Clear		
Creative Work	Siddha Yoga			Chaitry-Chatra		Devaloka Day

Pradosha Vata (Fasting)

5 Saturday, April 26, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакша Mania Vasara Yuktayam		Revati Until 4:56PM		Ganesha: Purple Sunrise: 4:41AM		Portland, ME Sun 12
Meena Rasi: 23	Tithi 29	Gulika 4:41AM – 6:26AM	Vishkambha* Until 5:59PM	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 12	Sutra 13
		Yama 1:23PM – 3:08PM	Visiti Until 8:08AM	Nataraja: Purple	2nd Phase	
		213298579 Rahu 8:10AM – 9:54AM	Chaturdashthi* Until 6:16PM	Moon - Clear		
Routine Work	Prabalarishta Yoga			Chaitry-Chatra		Devaloka Day
Until 4:56PM						
Then Creative Work	Siddha Yoga					

● Sunday, April 27, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сука Пакша Bharu Vasara Yuktayam		Ashvini Until 2:05PM		Ganesha: Orange Sunrise: 4:40AM		Portland, ME Sun 13
Mesha Rasi: 8.11	Tithi 30 – 1	Gulika 3:08PM – 4:53PM	Priti Until 1:45PM	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 13	Sutra 14
		Yama 11:39AM – 1:23PM	Kintughna Until 12:35AM Mon	Nataraja: Purple	Amavasya	
		224298579 Rahu 4:53PM – 6:38PM	Amavasya* Until 2:29PM	Moon - White		
Creative Work	Siddha Yoga			Chaitry-Chatra		Sivaloka Day
Until 2:05PM						
Then Routine Work	Prabalarishta Yoga					

Monday, April 28, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сука Пакша Indu Vasara Yuktayam		Bharani Until 11:06AM		Ganesha: Orange Sunrise: 4:38AM		Portland, ME Sun 14
Mesha Rasi: 23.25	Tithi 1 – 2	Gulika 1:24PM – 3:09PM	Ayushman Until 9:30AM	Muruga: Clear Sunset: 6:29PM	Moon 3 - Phase 2 - 14	Sutra 15
		Yama 9:53AM – 11:38AM	Balava Until 8:51PM	Nataraja: Purple	Prathama	
		224298579 Rahu 6:23AM – 8:08AM	Prathama* Until 10:41AM	Moon - White		
Family Home Evening				Vaisakha-Chatra		Sivaloka Day
Creative Work	Siddha Yoga					
Until 11:06AM						
Then Routine Work	Marana Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Titau			Portland, ME Sun 15	Sufra 16 Vosvasu 5127
Wishabha Rasi: 8.33	Tilthi 2 - 3	Gulika 11:38AM - 124PM Yama 8:08AM - 9:53AM Rahu 3:09PM - 4:54PM	Kritika Untill 8:10AM Sobhana Untill 1:33AM Wed Gara Untill 3:46AM Wed Dwitiya Untill 7:03AM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White	Sunrise: 4:27AM Sunset: 6:40PM	Moon 3 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga	224298579		Viswaha-Chaitra		Sivaloka Day
Untill 8:10AM						
Then Creative Work	- Amrita Yoga					

2 Wednesday, April 30, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Budha Vasara Yuktayam Mrigashira Nakshatra Aihiganda* Yoga Vanja/Visi* Karana Chalurthiyam Titau			Portland, ME Sun 16	Sufra 17 Vosvasu 5127
Wishabha Rasi: 23.25	Tilthi 4	Gulika 9:52AM - 11:38AM Yama 6:21AM - 8:07AM Rahu 11:38AM - 1:24PM	Mrigashira Untill 3:53AM Thu Aihiganda* Untill 10:05PM Vanija Untill 2:19PM Chalurthi* Untill 12:58AM Thu	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 4:35AM Sunset: 6:41PM	Moon 3 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga	234398579		Viswaha-Chaitra		Devaloka Day
Untill 3:53AM Thu						
Then Routine Work	- Marana Yoga					

3 Thursday, May 1, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Guru Vasara Yuktayam Andra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau			Portland, ME Sun 17	Sufra 18 Vosvasu 5127
Mithuna Rasi: 7.55	Tilthi 5	Gulika 8:04AM - 9:52AM Yama 4:34AM - 6:20AM Rahu 1:24PM - 3:10PM	Andra Untill 2:27AM Fri Sukama Untill 7:09PM Bava Untill 11:49AM Panchami Untill 10:49PM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 4:34AM Sunset: 6:42PM	Moon 3 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga	234398579		Viswaha-Chaitra		Devaloka Day
Untill 2:27AM Fri						
Then Creative Work	- Siddha Yoga					

4 Friday, May 2, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Sukra Vasara Yuktayam Punarvasu Nakshatra Dhri/Shula* Yoga Kaulava/Taila Karana Shashthiyam Titau			Portland, ME Sun 18	Sufra 19 Vosvasu 5127
Mithuna Rasi: 21.57	Tilthi 6	Gulika 6:19AM - 8:05AM Yama 3:11PM - 4:57PM Rahu 9:52AM - 11:38AM	Punarvasu Untill 2:04AM Sat Dhri/til Untill 4:50PM Kaulava Untill 10:02AM Shashthi* Untill 9:24PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:33AM Sunset: 6:43PM	Moon 3 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga	244398579		Viswaha-Chaitra		Sivaloka Day

5 Saturday, May 3, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau			Portland, ME Sun 19	Sufra 20 Vosvasu 5127
Kataka Rasi: 5.31	Tilthi 7	Gulika 4:31AM - 6:18AM Yama 1:24PM - 3:11PM Rahu 8:04AM - 9:51AM	Pushya Untill 2:22AM Sun Shula* Untill 3:09PM Gara Untill 9:02AM Saptami Untill 8:50PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:31AM Sunset: 6:44PM	Moon 3 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	244398579		Viswaha-Chaitra		Sivaloka Day

Sunday, May 4, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Viddhi Yoga Visi*/Bava Karana Ashtamyam Titau			Portland, ME Sun 20	Sufra 21 Vosvasu 5127
Kataka Rasi: 18.37	Tilthi 8	Gulika 3:12PM - 4:59PM Yama 11:38AM - 1:25PM Rahu 4:59PM - 6:46PM	Ashlesha* Untill 3:20AM Mon Ganda* Untill 2:09PM Visi Untill 8:53AM Ashtami* Untill 9:06PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 4:30AM Sunset: 6:46PM	Moon 3 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga	244398579		Viswaha-Chaitra		Sivaloka Day
Untill 3:20AM Mon						
Then Routine Work	- Marana Yoga					

Monday, May 5, 2025		Viswasesu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Сулія Пакше Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Portland, ME Sun 21	Sufra 22 Vosvasu 5127
Simha Rasi: 1.18	Tilthi 9	Gulika 1:25PM - 3:12PM Yama 9:50AM - 11:38AM Rahu 6:16AM - 8:03AM	Magha* Untill 5:20AM Tue Viddhi Untill 1:48PM Balava Untill 9:33AM Navami* Untill 10:09PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:28AM Sunset: 6:47PM	Moon 3 - Phase 3 - 21 Navami
Family Home Evening	Marana Yoga	254318579		Viswaha-Chaitra		Devaloka Day
Routine Work						
Untill 5:20AM Tue						
Then Creative Work	- Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktayam Paruphalguni Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashayam Titau				Portland, ME Su 22
Simha Rasi: 13.4	Tithi 10	Gulika 11:30AM - 1:25PM	Purvaphalguni Until 7:46AM Wed	Ganesh: White	Sunrise: 4:27AM	Vasavasu 5:17
		Yama 8:02AM - 9:50AM	Dhruva Until 1:57PM	Muruga: Red	Sunset: 6:48PM	Su 23
		254318579 Rahu 3:13PM - 5:00PM	Taililla Until 10:56AM	Nataraja: Purple		Moon 3 - Phase 4 - 22
Creative Work - Siddha Yoga			Dashami Until 11:50PM	Moan - Red		4th Phase
Until 7:46AM Wed				Devaloka Day		
Then Creative Work - Amrita Yoga				Vasavata-Chaitra		

2 Wednesday, May 7, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Butha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Harshana Yoga Vanja/Visti* Karana Ekadashyam Titau				Portland, ME Su 23
Simha Rasi: 25.46	Tithi 11	Gulika 9:50AM - 11:37AM	Purvaphalguni Until 7:46AM	Ganesh: White	Sunrise: 4:26AM	Vasavasu 5:17
		Yama 6:14AM - 8:02AM	Vyaghata* Until 2:33PM	Muruga: Red	Sunset: 6:49PM	Su 24
		254318579 Rahu 11:37AM - 1:25PM	Vanija Until 12:54PM	Nataraja: Purple		Moon 3 - Phase 4 - 23
Creative Work - Amrita Yoga			Ekadashi Until 2:01AM Thu	Moan - Red		4th Phase
				Devaloka Day		
				Vasavata-Chaitra		

3 Thursday, May 8, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Su 24
Kanya Rasi: 7.43	Tithi 12	Gulika 8:01AM - 9:49AM	Uttaraphalguni Until 10:27AM	Ganesh: White	Sunrise: 4:25AM	Vasavasu 5:17
		Yama 4:25AM - 6:13AM	Harshana Until 3:27PM	Muruga: Red	Sunset: 6:50PM	Su 25
		254318579 Rahu 1:26PM - 3:14PM	Bava Until 3:15PM	Nataraja: Purple		Moon 3 - Phase 4 - 24
Amrita Yoga			Dvadashi Until 4:29AM Fri	Moan - Red		4th Phase
Until 10:27AM				Devaloka Day		
Then Routine Work - Marana Yoga				Vasavata-Chaitra		

4 Friday, May 9, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau				Portland, ME Su 25
Kanya Rasi: 19.33	Tithi 13	Gulika 6:12AM - 8:00AM	Hasta Until 1:40PM	Ganesh: White	Sunrise: 4:23AM	Vasavasu 5:17
		Yama 3:14PM - 5:03PM	Vajra* Until 4:28PM	Muruga: Red	Sunset: 6:51PM	Su 26
		265318579 Rahu 9:49AM - 11:37AM	Kaulava Until 5:48PM	Nataraja: Purple		Moon 3 - Phase 4 - 25
Creative Work - Amrita Yoga			Trayodashi Until 7:04AM Sat	Moan - Green		4th Phase
Until 1:40PM				Subha Sivaloka Day		
Then Creative Work - Siddha Yoga				Vasavata-Chaitra		
				Pradosha Vata		

5 Saturday, May 10, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Manu Vasara Yuktayam Chitra/Svali Nakshatra Siddhi/Vyaspata* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME Su 26
Tula Rasi: 1.21	Tithi 13 - 14	Gulika 4:22AM - 6:11AM	Chitra Until 4:47PM	Ganesh: White	Sunrise: 4:22AM	Vasavasu 5:17
		Yama 1:26PM - 3:15PM	Siddhi Until 5:31PM	Muruga: Red	Sunset: 6:50PM	Su 27
		265318579 Rahu 8:00AM - 9:49AM	Gara Until 8:22PM	Nataraja: Purple		Moon 3 - Phase 4 - 26
Routine Work - Marana Yoga			Trayodashi Until 7:04AM	Moan - Green		4th Phase
Until 4:47PM				Subha Sivaloka Day		
Then Creative Work - Siddha Yoga				Vasavata-Chaitra		

○ Sunday, May 11, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vasara Yuktayam Svali Nakshatra Vyaspata* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME Su 27
Copper Retreat Star		Gulika 3:15PM - 5:04PM	Svali Until 7:39PM	Ganesh: White	Sunrise: 4:21AM	Vasavasu 5:17
Tula Rasi: 13.1	Tithi 14 - 15	Yama 11:37AM - 1:26PM	Vyaspata* Until 6:32PM	Muruga: Red	Sunset: 6:54PM	Su 28
		265318579 Rahu 5:04PM - 6:54PM	Visti Until 10:50PM	Nataraja: Purple		Moon 3 - Phase 4 - 27
Creative Work - Siddha Yoga			Chaturdash* Until 9:36AM	Moan - Green		Purnima
Until 7:39PM				Subha Sivaloka Day		
Then Routine Work - Marana Yoga				Vasavata-Chaitra		
				Mother's Day		

Monday, May 12, 2025		Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Indu Vasara Yuktayam Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Su 29
Silver Retreat Star		Gulika 1:27PM - 3:16PM	Vishakha Until 10:40PM	Ganesh: Yellow	Sunrise: 4:20AM	Vasavasu 5:17
Tula Rasi: 25.02	Tithi 15 - 16	Yama 9:48AM - 11:37AM	Varyan Until 7:22PM	Muruga: Red	Sunset: 6:55PM	Su 29
		275318579 Rahu 6:09AM - 7:59AM	Balava Until 1:07AM Tue	Nataraja: Purple		Moon 3 - Phase 4 -
Family Home Evening			Purnima* Until 11:59AM	Moan - Orange		Prathama
Routine Work - Marana Yoga				Sivaloka Day		
Until 10:40PM				Vasavata-Chaitra		
Then Creative Work - Siddha Yoga						

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 13, 2025
Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau				Portland, ME Sufrá 30
	Gulika	11:37AM - 1:27PM	Anuradha Untill 1:17AM Wed	Ganesha: Yellow	Sunrise: 4:19AM	Vasavasu 5:17
Wischika Rasi: 6.59	Tithi 16 - 17	Yama 7:58AM - 9:48AM	Parigha* Untill 8:03PM	Muruga: Red	Sunset: 6:56PM	Moon 4 - Phase 5 - 1st Phase
Creative Work	Siddha Yoga	Rahu 3:16PM - 5:06PM	Tailita Untill 3:08AM Wed Prathama* Untill 2:08PM	Nataraja: Purple Moon - Orange		Sivaloka Day
		Vasavasu-Chaitra				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitya/Triyayam Titau				Portland, ME Sufrá 31
	Gulika	9:47AM - 11:37AM	Jyeshtha* Untill 3:27AM Thu	Ganesha: Yellow	Sunrise: 4:18AM	Vasavasu 5:17
Wischika Rasi: 19.02	Tithi 17 - 18	Yama 6:07AM - 7:57AM	Shiva Untill 8:31PM	Muruga: Red	Sunset: 6:57PM	Moon 4 - Phase 5 - 1st Phase
Creative Work	Siddha Yoga	Rahu 11:37AM - 1:27PM	Vanija Untill 4:51AM Thu Dvitya Untill 4:01PM	Nataraja: Purple Moon - Orange		Sivaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddha Visi* Bava Karana Tritiya/Chaturtham Titau				Portland, ME Sufrá 32
	Gulika	7:57AM - 9:47AM	Mula* Untill 5:37AM Fri	Ganesha: Blue	Sunrise: 4:16AM	Vasavasu 5:17
Dhanus Rasi: 1.12	Tithi 18 - 19	Yama 4:16AM - 6:07AM	Siddha Untill 8:42PM	Muruga: Red	Sunset: 6:59PM	Moon 4 - Phase 5 - 1st Phase
Creative Work	Siddha Yoga	Rahu 1:27PM - 3:18PM	Bava Untill 6:14AM Fri Tritiya Untill 5:34PM	Nataraja: Purple Moon - Light Blue		Subha Sivaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashada* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Titau				Portland, ME Sufrá 33
	Gulika	6:04AM - 7:56AM	Purvashada* Untill 7:14AM Sat	Ganesha: Blue	Sunrise: 4:15AM	Vasavasu 5:17
Dhanus Rasi: 13.31	Tithi 19	Yama 3:18PM - 5:09PM	Sadhya Untill 8:37PM	Muruga: Red	Sunset: 6:59PM	Moon 4 - Phase 5 - 3 1st Phase
Routine Work	Prabalarishta Yoga	Rahu 9:47AM - 11:37AM	Bava Untill 6:14AM Chaturthi* Untill 6:46PM	Nataraja: Purple Moon - Light Blue		Subha Sivaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mani Vasara Yuktayam Uttarashada* Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Titau				Portland, ME Sufrá 34
	Gulika	4:14AM - 6:05AM	Purvashada* Untill 7:14AM	Ganesha: Blue	Sunrise: 4:14AM	Vasavasu 5:17
Dhanus Rasi: 26	Tithi 20	Yama 1:28PM - 3:19PM	Subha Untill 8:13PM	Muruga: Red	Sunset: 7:02PM	Moon 4 - Phase 5 - 4 1st Phase
Creative Work	Siddha Yoga	Rahu 7:56AM - 9:47AM	Kaulava Untill 7:13AM Panchami Untill 7:31PM	Nataraja: Purple Moon - Light Blue		Subha Sivaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashada/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shasthyam Titau				Portland, ME Sufrá 35
	Gulika	3:19PM - 5:10PM	Uttarashada Untill 8:15AM	Ganesha: Blue	Sunrise: 4:13AM	Vasavasu 5:17
Makara Rasi: 8.42	Tithi 21	Yama 11:37AM - 1:28PM	Sukla Untill 7:24PM	Muruga: Red	Sunset: 7:01PM	Moon 4 - Phase 5 - 5 1st Phase
Creative Work	Amrita Yoga	Rahu 5:10PM - 7:01PM	Gara Untill 7:45AM Shashthi* Untill 7:47PM	Nataraja: Purple Moon - Light Blue		Subha Sivaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Brahma Vasara Yuktayam Shravana/Dhanishta Nakshatra Brahma Yoga Visi* Bava Karana Saptamam Titau				Portland, ME Sufrá 36
	Gulika	1:29PM - 3:20PM	Shravana Untill 9:03AM	Ganesha: Blue	Sunrise: 4:12AM	Vasavasu 5:17
Makara Rasi: 21.39	Tithi 22	Yama 9:46AM - 11:37AM	Brahma Untill 6:08PM	Muruga: Red	Sunset: 7:02PM	Moon 4 - Phase 5 - 6 1st Phase
Family Home Evening	Amrita Yoga	Rahu 6:04AM - 7:55AM	Visi Untill 7:43AM Saptami Untill 7:28PM	Nataraja: Purple Moon - Purple		Devaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishta/Shatabhishak Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Ashotyam Titau				Portland, ME Sufrá 37
	Gulika	11:37AM - 1:29PM	Dhanishta Untill 9:06AM	Ganesha: Blue	Sunrise: 4:12AM	Vasavasu 5:17
Kumbha Rasi: 4.55	Tithi 23	Yama 7:54AM - 9:46AM	Indra Untill 4:23PM	Muruga: Red	Sunset: 7:03PM	Moon 4 - Phase 5 - 7 1st Phase
Creative Work	Siddha Yoga	Rahu 3:20PM - 5:12PM	Balava Untill 7:06AM Ashtami* Untill 6:31PM	Nataraja: Purple Moon - Purple		Devaloka Day
		Vasavasu-Vaikashi				

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvashodhadhapa* Nakshatra Vaidhri* Vohkambha* Yoga Gara/Vanija Karana Vasava/Chaturtham Titau				Portland, ME Sufrá 38
	Gulika	9:46AM - 11:37AM	Shatabhishak Untill 8:22AM	Ganesha: Blue	Sunrise: 4:11AM	Vasavasu 5:17
Kumbha Rasi: 18.32	Tithi 24 - 25	Yama 6:02AM - 7:54AM	Vaidhri* Untill 2:05PM	Muruga: Red	Sunset: 7:04PM	Moon 4 - Phase 5 - 8 1st Phase
Creative Work	Siddha Yoga	Rahu 11:37AM - 1:29PM	Vanija Untill 3:55AM Thu Navami* Untill 4:56PM	Nataraja: Purple Moon - Purple		Devaloka Day
		Vasavasu-Vaikashi				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 22, 2025		Viswasa Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Krishna Paksha Guru Vasara Yuktayam Porland, ME Puravproshthapada/Utagroshthapada Nakshatra Vishkambha (Pithi Yoga Vesi) Bava Karana Dashami/Ekadashtyam Titau Sun 9 Sutra 39				
Mesha Rasi: 2.34	Tithi 25 – 26	Gulika 7:54AM – 9:46AM	Puravproshthapada Until 7:17AM	Ganesh: White	Sunrise: 4:10AM	Vasavasu 5:17
		Yama 4:10AM – 6:02AM	Vishkambha Until 11:18AM	Muruga: Red	Sunset: 7:09PM	Moon 4 - Phase 6 - 9
Creative Work	Siddha Yoga	Rahu 1:29PM – 3:21PM	Bava Until 1:26AM Fri	Nataraja: Purple		2nd Phase
			Dashami Until 2:43PM	Moon – Clear		Devaloka Day
				Vasavatu-Valkatu		

2 Friday, May 23, 2025		Viswasa Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Krishna Paksha Sutra Vasara Yuktayam Porland, ME Revati Nakshatra Pihli/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 10 Sutra 40				
Mesha Rasi: 16.58	Tithi 26 – 27	Gulika 6:01AM – 7:53AM	Revati Until 3:06AM Sat	Ganesh: White	Sunrise: 4:09AM	Vasavasu 5:17
		Yama 3:22PM – 5:14PM	Pithi Until 8:03AM	Muruga: Red	Sunset: 7:06PM	Moon 4 - Phase 6 - 10
Creative Work	Siddha Yoga	Rahu 9:45AM – 11:38AM	Kaulava Until 10:26PM	Nataraja: Purple		2nd Phase
			Ekadashi Until 11:58AM	Moon – Clear		Devaloka Day
				Vasavatu-Valkatu		

3 Saturday, May 24, 2025		Viswasa Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Krishna Paksha Manta Vasara Yuktayam Porland, ME Ashvini Nakshatra Saubhagya Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 41				
Mesha Rasi: 1.42	Tithi 27 – 28	Gulika 4:08AM – 6:00AM	Ashvini Until 12:37AM Sun	Ganesh: Green	Sunrise: 4:08AM	Vasavasu 5:17
		Yama 1:30PM – 3:22PM	Saubhagya Until 12:30AM Sun	Muruga: Red	Sunset: 7:07PM	Moon 4 - Phase 6 - 11
Creative Work	Siddha Yoga	Rahu 7:53AM – 9:45AM	Gara Until 7:05PM	Nataraja: Purple		2nd Phase
Until 12:37AM Sun			Dvadashi Until 8:47AM	Moon – White		Devaloka Day
Then Routine Work - Prabalarishta Yoga				Vasavatu-Valkatu		
				<i>Pradosha Vata (Fasting)</i>		

4 Sunday, May 25, 2025		Viswasa Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Krishna Paksha Bhanu Vasara Yuktayam Porland, ME Bharani Nakshatra Sobhana Yoga Visi/Sakani* Karana Chaturdashyam Titau Sun 12 Sutra 42				
Mesha Rasi: 16.42	Tithi 29	Gulika 3:23PM – 5:15PM	Bharani Until 9:49PM	Ganesh: White	Sunrise: 4:07AM	Vasavasu 5:17
		Yama 11:38AM – 1:30PM	Sobhana Until 8:27PM	Muruga: Red	Sunset: 7:08PM	Moon 4 - Phase 6 - 12
Routine Work	Prabalarishta Yoga	Rahu 5:15PM – 7:08PM	Visti Until 3:30PM	Nataraja: Purple		2nd Phase
Until 9:49PM			Chaturdashi Until 1:39AM Mon	Moon – White		Devaloka Day
Then Creative Work - Siddha Yoga				Vasavatu-Valkatu		

Monday, May 26, 2025		Viswasa Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Krishna Paksha Indu Vasara Yuktayam Porland, ME Kritika Nakshatra Aihiganda/Sukarma Yoga Catuspada/Naga* Karana Amavasyayam Titau Sun 13 Sutra 43				
Retreat Star		Gulika 1:31PM – 3:23PM	Kritika Until 6:52PM	Ganesh: White	Sunrise: 4:07AM	Vasavasu 5:17
Wishabha Rasi: 1.49	Tithi 30	Yama 9:45AM – 11:38AM	Aihiganda Until 4:21PM	Muruga: Red	Sunset: 7:09PM	Moon 4 - Phase 6 - 13
Family Home Evening		Rahu 5:59AM – 7:52AM	Catuspada Until 11:51AM	Nataraja: Purple		Amavasya
Routine Work - Marana Yoga			Amavasya Until 10:01PM	Moon – White		Devaloka Day
Until 6:52PM				Vasavatu-Valkatu		
Then Creative Work - Amrita Yoga						

Tuesday, May 27, 2025		Viswasa Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Porland, ME Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna/Bava Karana Prathamayam Titau Sun 14 Sutra 44				
Retreat Star		Gulika 11:38AM – 1:31PM	Rohini Until 4:21PM	Ganesh: Green	Sunrise: 4:06AM	Vasavasu 5:17
Wishabha Rasi: 16.53	Tithi 1	Yama 7:52AM – 9:45AM	Sukarma Until 12:23PM	Muruga: Red	Sunset: 7:10PM	Moon 4 - Phase 6 - 14
Creative Work	Amrita Yoga	Rahu 3:24PM – 5:17PM	Kintughna Until 8:17AM	Nataraja: Purple		Prathama
Until 4:21PM			Prathama Until 6:34PM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga				Amritathar-Valkatu		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Бабу: Васара: Yuktayam Migshira/Ardra Nakshatra Dhril/Shukr' Yoga Kadava/Taila Karana Dvitiya/Tritiyayam Titau			Portland, ME Sufra 45
	Mithuna Rasi: 1.45	Tithi 2 - 3	Gulika 9:45AM - 11:38AM Yama 5:58AM - 7:52AM Rahu 11:38AM - 1:31PM	Mrigashira Untill 2:01PM Dhrilil Untill 8:40AM Taila Untill 2:07AM Thu Dvitiya Untill 3:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sun 15 4:05AM Sunset 7:11PM Moon 4 - Phase 7 - 15 3rd Phase
Creative Work Siddha Yoga		337418579	Devaloka Day			

2	Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Guru Vasara Yuktayam Ardra/Purnvasu Nakshatra Ganda' Yoga Gara/Venja Karana Tritiya/Chaturthiyam Titau			Portland, ME Sufra 46
	Mithuna Rasi: 16.18	Tithi 3 - 4	Gulika 7:51AM - 9:45AM Yama 4:05AM - 5:58AM Rahu 1:32PM - 3:25PM	Ardra Untill 12:03PM Ganda' Untill 2:28AM Fri Vanija Untill 11:50PM Tritiya Untill 12:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sun 16 4:05AM Sunset 7:12PM Moon 4 - Phase 7 - 16 3rd Phase
Routine Work Marana Yoga Untill 12:03PM Then Creative Work - Amrita Yoga		337418579	Devaloka Day			

3	Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Viddhi Yoga Visl/Bava Karana Chaturthiyam Titau			Portland, ME Sufra 47
	Kalka Rasi: 0.25	Tithi 4 - 5	Gulika 5:58AM - 7:51AM Yama 3:25PM - 5:19PM Rahu 9:45AM - 11:38AM	Punarvasu Untill 11:02AM Viddhi Untill 12:15AM Sat Bava Untill 10:18PM Chaturthi' Untill 10:57AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sun 17 4:04AM Sunset 7:13PM Moon 4 - Phase 7 - 17 3rd Phase
Creative Work Siddha Yoga Untill 11:02AM Then Routine Work - Marana Yoga		347418579	Devaloka Day			

4	Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Marita Vasara Yuktayam Pushya/Ashlesha' Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Portland, ME Sufra 48
	Kalka Rasi: 14.04	Tithi 5 - 6	Gulika 4:03AM - 5:57AM Yama 1:32PM - 3:26PM Rahu 7:51AM - 9:45AM	Pushya Untill 10:39AM Dhruva Untill 10:41PM Kaulava Untill 9:35PM Panchami Untill 9:49AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sun 18 4:03AM Sunset 7:13PM Moon 4 - Phase 7 - 18 3rd Phase
Creative Work Siddha Yoga Untill 10:39AM Then Routine Work - Marana Yoga		347418579	Devaloka Day			

5	Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Bhanu Vasara Yuktayam Ashlesha/Magha' Nakshatra Vyaghala' Yoga Talia/Gara Karana Shashthi/Saptamyam Titau			Portland, ME Sufra 49
	Kalka Rasi: 27.14	Tithi 6 - 7	Gulika 3:26PM - 5:20PM Yama 11:39AM - 1:32PM Rahu 5:20PM - 7:14PM	Ashlesha' Untill 10:58AM Vyaghala' Untill 9:50PM Gara Untill 9:45PM Shashthi' Untill 9:32AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sun 19 4:03AM Sunset 7:14PM Moon 4 - Phase 7 - 19 3rd Phase
Creative Work Siddha Yoga Untill 10:58AM Then Routine Work - Marana Yoga		347418579	Devaloka Day			

Monday, June 2, 2025	Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Indu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Harshana Yoga Vanja/Visl' Karana Sapthami/Ashtamyam Titau			Portland, ME Sufra 50
	Simha Rasi: 9.58	Tithi 7 - 8	Gulika 1:33PM - 3:27PM Yama 9:45AM - 11:39AM Rahu 5:56AM - 7:51AM	Magha' Untill 12:26PM Harshana Untill 9:39PM Visi Untill 10:45PM Sapthami Untill 10:08AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sun 20 4:03AM Sunset 7:15PM Moon 4 - Phase 7 - 20 Ashtami
Family Home Evening Routine Work Marana Yoga Untill 12:26PM Then Creative Work - Siddha Yoga		358418579	Subha Sivaloka Day			

Tuesday, June 3, 2025	Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Сука Пакше: Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra' Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Portland, ME Sufra 51
	Simha Rasi: 22.2	Tithi 8 - 9	Gulika 11:39AM - 1:33PM Yama 7:50AM - 9:45AM Rahu 3:27PM - 5:22PM	Purvaphalguni Untill 2:30PM Vajra' Untill 9:59PM Balava Untill 12:26AM Wed Ashtami' Untill 11:30AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sun 21 4:03AM Sunset 7:16PM Moon 4 - Phase 7 - 21 Navami
Creative Work Siddha Yoga Untill 2:30PM Then Creative Work - Amrita Yoga		358418579	Subha Sivaloka Day			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1		Wednesday, June 4, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Бадха Васара Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashamyam Titau		Portland, ME Sufra 52 Vasvasu 517
Kanya Rasi: 4.26	Tithi 9 - 10	Gulika 9:45AM - 11:39AM	Uttaraphalguni Until 4:58PM	Ganesh: White	Sunrise: 4:03AM	Sun 22
		Yama 5:56AM - 7:50AM	Siddhi Until 10:45PM	Muruga: Red	Sunset: 7:16PM	Moon 4 - Phase 8 - 12
Creative Work	Amrita Yoga	Rahu 11:39AM - 1:33PM	Taila Until 2:39AM Thu	Nataraja: Purple		4th Phase
Until 4:58PM			Navami* Until 1:28PM	Moon - Red		
Then Routine Work - Marana Yoga				Subha Sivaloka Day		

2		Thursday, June 5, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Гору Васара Yuktayam Hasta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau		Portland, ME Sufra 53 Vasvasu 517
Kanya Rasi: 16.22	Tithi 10 - 11	Gulika 7:50AM - 9:45AM	Hasla Until 8:04PM	Ganesh: Clear	Sunrise: 4:01AM	Sun 23
		Yama 4:01AM - 5:56AM	Vyatipata* Until 11:45PM	Muruga: Red	Sunset: 7:17PM	Moon 4 - Phase 8 - 23
Routine Work	Marana Yoga	Rahu 1:34PM - 3:28PM	Vanija Until 5:08AM Fri	Nataraja: Blue		4th Phase
Until 8:06PM			Dashami Until 3:51PM	Moon - Green		
Then Creative Work - Siddha Yoga				Sivaloka Day		

3		Friday, June 6, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Sukra Vasara Yuktayam Chitra Nakshatra Varjyan Yoga Vasi* Karana Ekadasmyam Titau		Portland, ME Sufra 54 Vasvasu 517
Kanya Rasi: 28.11	Tithi 11	Gulika 5:55AM - 7:50AM	Chitra Until 11:12PM	Ganesh: Clear	Sunrise: 4:01AM	Sun 24
		Yama 3:29PM - 5:23PM	Varjyan Until 12:48AM Sat	Muruga: Red	Sunset: 7:18PM	Moon 4 - Phase 8 - 24
Creative Work	Siddha Yoga	Rahu 9:45AM - 11:39AM	Visi Until 6:23PM	Nataraja: Blue		4th Phase
Until 6:23PM			Ekadashi Until 6:23PM	Moon - Green		
Then Routine Work - Marana Yoga				Sivaloka Day		

4		Saturday, June 7, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Marta Vasara Yuktayam Svali Nakshatra Parigtha* Yoga Bava/Balava Karana Dvadashmyam Titau		Portland, ME Sufra 55 Vasvasu 517
Tula Rasi: 10	Tithi 12	Gulika 4:00AM - 5:55AM	Svali Until 2:04AM Sun	Ganesh: Clear	Sunrise: 4:00AM	Sun 25
		Yama 1:34PM - 3:29PM	Parigtha* Until 1:49AM Sun	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 8 - 25
Creative Work	Siddha Yoga	Rahu 7:50AM - 9:45AM	Bava Until 7:40AM	Nataraja: Blue		4th Phase
Until 2:04AM Sun			Dvadashi Until 8:52PM	Moon - Green		
Then Routine Work - Marana Yoga				Sivaloka Day		

5		Sunday, June 8, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayodashmyam Titau		Portland, ME Sufra 56 Vasvasu 517
Tula Rasi: 21.51	Tithi 13	Gulika 3:29PM - 5:24PM	Vishakha Until 5:03AM Mon	Ganesh: Clear	Sunrise: 4:00AM	Sun 26
		Yama 11:40AM - 1:35PM	Shiva Until 2:40AM Mon	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 8 - 26
Routine Work	Marana Yoga	Rahu 5:24PM - 7:19PM	Kaulava Until 10:04AM	Nataraja: Blue		4th Phase
Until 5:03AM Mon			Trayodashi Until 11:10PM	Moon - Orange		
Then Creative Work - Siddha Yoga		Vaikasi Visakam		Sivaloka Day		
				<i>Pradosha Vata</i>		

6		Monday, June 9, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Indu Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashmyam Titau		Portland, ME Sufra 57 Vasvasu 517
Vishkha Rasi: 3.48	Tithi 14	Gulika 1:35PM - 3:30PM	Anuradha Until 7:33AM Tue	Ganesh: Clear	Sunrise: 4:00AM	Sun 27
Family Home Evening		Yama 9:45AM - 11:40AM	Siddha Until 3:14AM Tue	Muruga: Red	Sunset: 7:20PM	Moon 4 - Phase 8 - 27
Creative Work	Siddha Yoga	Rahu 5:55AM - 7:50AM	Gara Until 12:13PM	Nataraja: Blue		4th Phase
Until 7:33AM Tue			Chalurdashi* Until 1:09AM Tue	Moon - Orange		
Then Routine Work - Marana Yoga				Sivaloka Day		

○		Tuesday, June 10, 2025		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Purnima Mangalya Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vasi* Bava Karana Purnimayam Titau		Portland, ME Sufra 58 Vasvasu 517
Copper Retreat Star		Gulika 11:40AM - 1:35PM	Anuradha Until 7:33AM	Ganesh: Clear	Sunrise: 4:00AM	Sun 28
Vishkha Rasi: 15.52	Tithi 15	Yama 7:50AM - 9:45AM	Sadya Until 3:33AM Wed	Muruga: Red	Sunset: 7:20PM	Moon 4 - Phase 8 - Purnima
Creative Work	Siddha Yoga	Rahu 3:30PM - 5:25PM	Visi Until 2:01PM	Nataraja: Blue		
Until 7:33AM			Purnima* Until 2:46AM Wed	Moon - Orange		
Then Routine Work - Marana Yoga				Sivaloka Day		

Wednesday, June 11, 2025		Silver Retreat Star		Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Маса Krishna Paksha Budha Vasara Yuktayam Jyeshtha/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sufra 59 Vasvasu 517
Vishkha Rasi: 28.05	Tithi 16	Gulika 9:45AM - 11:40AM	Jyeshtha* Until 9:32AM	Ganesh: Clear	Sunrise: 4:00AM	Sun 29
		Yama 5:55AM - 7:50AM	Subha Until 3:35AM Thu	Muruga: Red	Sunset: 7:21PM	Moon 4 - Phase 8 - Prathama
Creative Work	Siddha Yoga	Rahu 11:40AM - 1:35PM	Balava Until 3:27PM	Nataraja: Blue		
Until 9:32AM			Prathama* Until 4:00AM Thu	Moon - Orange		
Then Routine Work - Marana Yoga				Sivaloka Day		

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025
Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Вішвехба Масе Крішна Паکشэ Гурэ Вэсарэ Юктыям				Portland, ME
		Mula*Purvashadha* Nakshatra Sukla Yoga Talitla/Gara Karana Dvityasyam Tilau				Sun 1
		Gulika	7:50AM – 9:45AM	Mula* Until 11:27AM	Ganesha: Purple	Sunrise: 3:59AM
Dhanus Rasi: 10.29	Tithi 17	Yama	3:59AM – 5:55AM	Sukla Until 3:17AM Fri	Muruga: Red	Sunset: 7:29PM
		Rahu	1:36PM – 3:31PM	Talitla Until 4:30PM	Nataraja: Blue	Moon 5 - Phase 9 - 2
Creative Work	Siddha Yoga			Dvitiya Until 4:51AM Fri	Moon - Light Blue	1st Phase
					Devaloka Day	

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Вішвехба Масе Крішна Паکشэ Сукара Вэсарэ Юктыям				Portland, ME
		Purvashadha*Uttarashadha Nakshatra Brahma Yoga Vanija/Vidhi* Karana Trityasyam Tilau				Sun 2
		Gulika	5:55AM – 7:50AM	Purvashadha* Until 12:51PM	Ganesha: Purple	Sunrise: 3:59AM
Dhanus Rasi: 23.02	Tithi 18	Yama	3:31PM – 5:27PM	Brahma Until 2:42AM Sat	Muruga: Red	Sunset: 7:29PM
		Rahu	9:45AM – 11:41AM	Vanija Until 5:09PM	Nataraja: Blue	Moon 5 - Phase 9 - 2
Routine Work	Prabalarishita Yoga			Tritiya Until 5:19AM Sat	Moon - Light Blue	1st Phase
Until 12:51PM					Devaloka Day	
Then Routine Work – Marana Yoga						

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Міхуна Масе Крішна Паکشэ Манта Вэсарэ Юктыям				Portland, ME
		Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Tilau				Sun 3
		Gulika	3:59AM – 5:55AM	Uttarashadha Until 1:43PM	Ganesha: Purple	Sunrise: 3:59AM
Makara Rasi: 5.46	Tithi 19	Yama	1:36PM – 3:32PM	Indra Until 1:50AM Sun	Muruga: Red	Sunset: 7:29PM
		Rahu	7:50AM – 9:45AM	Bava Until 5:26PM	Nataraja: Blue	Moon 5 - Phase 9 - 3
Routine Work	Marana Yoga			Chaturthi* Until 5:24AM Sun	Moon - Light Blue	1st Phase
Until 1:43PM					Devaloka Day	
Then Creative Work – Siddha Yoga						

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Міхуна Масе Крішна Паکشэ Бхану Вэсарэ Юктыям				Portland, ME
		Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Kaulava/Talitla Karana Panchamyam Tilau				Sun 4
		Gulika	3:32PM – 5:27PM	Shravana Until 2:31PM	Ganesha: Clear	Sunrise: 3:59AM
Makara Rasi: 18.41	Tithi 20	Yama	11:41AM – 1:37PM	Vaidhriti* Until 12:37AM Mon	Muruga: Red	Sunset: 7:29PM
		Rahu	5:27PM – 7:23PM	Kaulava Until 5:19PM	Nataraja: Blue	Moon 5 - Phase 9 - 4
Creative Work	Amrita Yoga			Panchami Until 5:05AM Mon	Moon - Purple	1st Phase
Until 2:31PM		Father's Day			Sivaloka Day	
Then Routine Work – Marana Yoga						

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Міхуна Масе Крішна Паکشэ Інду Вэсарэ Юктыям				Portland, ME
		Dhanishtha/Shalabhishak Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Tilau				Sun 5
		Gulika	1:37PM – 3:32PM	Dhanishtha Until 2:45PM	Ganesha: Yellow	Sunrise: 3:59AM
Kumbha Rasi: 1.49	Tithi 21	Yama	9:46AM – 11:41AM	Vishkambha* Until 11:05PM	Muruga: Red	Sunset: 7:29PM
		Rahu	5:55AM – 7:50AM	Gara Until 4:47PM	Nataraja: Blue	Moon 5 - Phase 9 - 5
Family Home Evening				Shashthi* Until 4:20AM Tue	Moon - Purple	1st Phase
Creative Work	Siddha Yoga				Sivaloka Day	

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Міхуна Масе Крішна Паکشэ Маргалэ Вэсарэ Юктыям				Portland, ME
		Uttarashadha/Purvashadha* Nakshatra Pithi Yoga Vidhi/Bava Karana Sapthamyam Tilau				Sun 6
		Gulika	11:41AM – 1:37PM	Shalabhishak Until 2:25PM	Ganesha: Yellow	Sunrise: 3:59AM
Kumbha Rasi: 15.1	Tithi 22	Yama	7:50AM – 9:46AM	Pithi Until 9:12PM	Muruga: Red	Sunset: 7:29PM
		Rahu	3:33PM – 5:28PM	Vidhi Until 3:49PM	Nataraja: Blue	Moon 5 - Phase 9 - 6
Routine Work	Marana Yoga			Saptami Until 3:08AM Wed	Moon - Purple	1st Phase
					Sivaloka Day	

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Міхуна Масе Крішна Паکشэ Бадха Ішвара Юктыям				Portland, ME
		Uttarashadha/Retra* Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Tilau				Sun 7
		Gulika	9:46AM – 11:42AM	Purvashrothapada* Until 1:54PM	Ganesha: Clear	Sunrise: 3:59AM
Kumbha Rasi: 28.47	Tithi 23	Yama	5:55AM – 7:51AM	Ayushman Until 6:54PM	Muruga: Red	Sunset: 7:29PM
		Rahu	11:42AM – 1:37PM	Balava Until 2:23PM	Nataraja: Blue	Moon 5 - Phase 9 - 7
Creative Work	Amrita Yoga			Ashtami* Until 1:28AM Thu	Moon - Clear	Ashtami
Until 1:54PM					Sivaloka Day	
Then Creative Work – Siddha Yoga						

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рібаві Міхуна Масе Крішна Паکشэ Гурэ Вэсарэ Юктыям				Portland, ME
		Uttarashrothapada/Retra* Nakshatra Saubhagya/Sobhana Yoga Talitla/Gara Karana Navamyam Tilau				Sun 8
		Gulika	7:51AM – 9:46AM	Uttarashrothapada Until 12:47PM	Ganesha: Clear	Sunrise: 4:00AM
Meena Rasi: 12.4	Tithi 24	Yama	4:00AM – 5:55AM	Saubhagya Until 4:15PM	Muruga: Red	Sunset: 7:29PM
		Rahu	1:37PM – 3:33PM	Talitla Until 12:29PM	Nataraja: Blue	Moon 5 - Phase 9 - 8
Creative Work	Siddha Yoga			Navami* Until 11:21PM	Moon - Clear	Navami
					Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Viswasa Nama Samvatsara Uтарыне Наріана Рітау Мілуна Масе Кішна Пакше: Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau					Portland, ME Sun 9	Sutra 68 Viswasa 5127
Mesha Rasi: 26.52	Tithi 25	Gulika 5:55AM - 7:51AM	Revati Until 11:05AM	Ganesh: White	Sunrise: 4:00AM			
		Yama 3:33PM - 5:29PM	Sobhana Until 1:15PM	Muruga: Red	Sunset: 7:29PM		Moon 5 - Phase 10 - 11	2nd Phase
		311518571 Rahu 9:47AM - 11:42AM	Vanija Until 10:09AM	Nataraja: Blue				
Creative Work	Siddha Yoga		Dashami Until 8:49PM	Moon - Clear			Subha Sivaloka Day	
Until 11:05AM								
Then Creative Work - Amrita Yoga								

2 Saturday, June 21, 2025		Viswasa Nama Samvatsara Uтарыне Наріана Рітау Мілуна Масе Кішна Пакше: Maru Vasara Yuktayam Ashvini/Bharani Nakshatra Abhiganda* Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau					Portland, ME Sun 10	Sutra 69 Viswasa 5127
Mesha Rasi: 11.19	Tithi 26 - 27	Gulika 4:00AM - 5:56AM	Ashvini Until 9:18AM	Ganesh: Yellow	Sunrise: 4:00AM			
		Yama 1:38PM - 3:34PM	Abhiganda* Until 9:56AM	Muruga: Red	Sunset: 7:29PM		Moon 5 - Phase 10 - 12	2nd Phase
		321518571 Rahu 7:51AM - 9:47AM	Bava Until 7:26AM	Nataraja: Blue				
Creative Work	Siddha Yoga		Ekadashi* Until 5:57PM	Moon - White			Sivaloka Day	

3 Sunday, June 22, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Krishna Paksho: Bharu Vasara Yuktayam Bharani/Chitra Nakshatra Sakama(Dhriti) Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau					Portland, ME Sun 11	Sutra 70 Viswasa 5127
Mesha Rasi: 25.59	Tithi 27 - 28	Gulika 3:34PM - 5:29PM	Bharani Until 7:06AM	Ganesh: Yellow	Sunrise: 4:00AM			
		Yama 11:43AM - 1:38PM	Sukarma Until 6:24AM	Muruga: Red	Sunset: 7:29PM		Moon 5 - Phase 10 - 11	2nd Phase
		321518571 Rahu 5:29PM - 7:25PM	Gara Until 1:16AM Mon	Nataraja: Blue				
Routine Work	Prabalarishta Yoga		Dvadashi* Until 2:51PM	Moon - White			Sivaloka Day	
Until 7:06AM								
Then Creative Work - Siddha Yoga								

4 Monday, June 23, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Krishna Paksho: Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau					Portland, ME Sun 12	Sutra 71 Viswasa 5127
Wishabha Rasi: 10.46	Tithi 28 - 29	Gulika 1:38PM - 3:34PM	Rohini Until 7:22AM Tue	Ganesh: Red	Sunrise: 4:00AM			
Family Home Evening		Yama 9:47AM - 11:43AM	Shula* Until 11:03PM	Muruga: Red	Sunset: 7:29PM		Moon 5 - Phase 10 - 12	2nd Phase
Creative Work	Amrita Yoga	331518571 Rahu 5:56AM - 7:52AM	Visli Until 10:04PM	Nataraja: Blue				
Until 2:22AM Tue			Trayodashi* Until 11:39AM	Moon - Yellow			Sivaloka Day	
Then Creative Work - Siddha Yoga								

● Tuesday, June 24, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Krishna Paksho: Mangala Vasara Yuktayam Mrigashira Nakshatra Garuda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau					Portland, ME Sun 13	Sutra 72 Viswasa 5127
Retreat Star		Gulika 11:43AM - 1:38PM	Mrigashira Until 12:10AM Wed	Ganesh: Red	Sunrise: 4:01AM			
Wishabha Rasi: 25.33	Tithi 29 - 30	Yama 7:52AM - 9:47AM	Ganda* Until 7:28PM	Muruga: Red	Sunset: 7:29PM		Moon 5 - Phase 10 - 13	Amavasya
		331518571 Rahu 3:34PM - 5:30PM	Caturpada Until 7:00PM	Nataraja: Blue				
Creative Work	Siddha Yoga		Chaturdashi* Until 8:29AM	Moon - Yellow			Sivaloka Day	

Wednesday, June 25, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Miluna Mase Sukta Paksho: Budha Vasara Yuktayam Ardra Nakshatra Widdhi/Dhruva Yoga Kinlughna*Bava Karana Prathamam Titau					Portland, ME Sun 14	Sutra 73 Viswasa 5127
Retreat Star		Gulika 9:48AM - 11:43AM	Ardra Until 10:08PM	Ganesh: Red	Sunrise: 4:01AM			
Mithuna Rasi: 10.12	Tithi 1	Yama 5:57AM - 7:52AM	Widdhi Until 4:08PM	Muruga: Red	Sunset: 7:29PM		Moon 5 - Phase 10 - 14	Prathama
		331518571 Rahu 11:43AM - 1:39PM	Kinlughna Until 4:12PM	Nataraja: Blue				
Creative Work	Siddha Yoga		Prathama* Until 2:56AM Thu	Moon - Yellow			Sivaloka Day	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 26, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dilityayam Titau		Portland, ME Su 15	Sutra 74 Voasasu 1127
Mithuna Rasi: 24.35	Tilhi 2	Gulika 7:52AM - 9:48AM	Punarvasu Untill 8:52PM	Ganesha: White	Sunrise: 4:01AM		
		Yama 4:01AM - 5:57AM	Dhruva Untill 1:09PM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 17	3rd Phase
Creative Work	Amrita Yoga	Rahu 1:39PM - 3:34PM	Balava Untill 1:50PM	Nataraja: Blue			
			Dvitiya Untill 12:51AM Fri	Moan - Blue			Devaloka Day
				Aashatara Auli			

2		Friday, June 27, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Talilla/Gara Karana Trityayam Titau		Portland, ME Su 16	Sutra 75 Voasasu 1127
Kalkata Rasi: 8.37	Tilhi 3	Gulika 5:57AM - 7:53AM	Pushya Untill 8:06PM	Ganesha: White	Sunrise: 4:03AM		
		Yama 3:34PM - 5:30PM	Vyaghata* Untill 10:39AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 17	3rd Phase
Routine Work	Marana Yoga	Rahu 9:48AM - 11:44AM	Talilla Untill 12:04PM	Nataraja: Blue			
			Tritiya Untill 11:25PM	Moan - Blue			Devaloka Day
				Aashatara Auli			

3		Saturday, June 28, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Najra* Yoga Vanja/Vsli* Karana Chaturthayam Titau		Portland, ME Su 17	Sutra 76 Voasasu 1127
Kalkata Rasi: 22.13	Tilhi 4	Gulika 4:02AM - 5:58AM	Ashlesha* Untill 7:55PM	Ganesha: White	Sunrise: 4:03AM		
		Yama 1:39PM - 3:35PM	Hershana Untill 8:45AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 17	3rd Phase
Routine Work	Marana Yoga	Rahu 7:53AM - 9:48AM	Vanija Untill 11:01AM	Nataraja: Blue			
Untill 7:55PM			Chaturthi* Untill 10:46PM	Moan - Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Aashatara Auli			

4		Sunday, June 29, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchmayam Titau		Portland, ME Su 18	Sutra 77 Voasasu 1127
Simha Rasi: 5.23	Tilhi 5	Gulika 3:35PM - 5:30PM	Magha* Untill 8:52PM	Ganesha: Clear	Sunrise: 4:03AM		
		Yama 11:44AM - 1:39PM	Vajra* Untill 7:28AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 18	3rd Phase
Routine Work	Marana Yoga	Rahu 5:30PM - 7:25PM	Bava Untill 10:46AM	Nataraja: Blue			
Untill 8:52PM			Panchami Untill 10:57PM	Moan - Red			Sivaloka Day
Then Creative Work - Siddha Yoga				Aashatara Auli			

5		Monday, June 30, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Talilla Karana Shashthayam Titau		Portland, ME Su 19	Sutra 78 Voasasu 1127
Simha Rasi: 18.08	Tilhi 6	Gulika 1:39PM - 3:35PM	Purvaphalguni Untill 10:26PM	Ganesha: White	Sunrise: 4:03AM		
Family Home Evening		Yama 9:49AM - 11:44AM	Siddhi Untill 6:51AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 19	3rd Phase
Creative Work	Siddha Yoga	Rahu 5:58AM - 7:54AM	Kaulava Untill 11:21AM	Nataraja: Blue			
			Shashthi* Untill 11:55PM	Moan - Red			Sivaloka Day
				Aashatara Auli			

6		Tuesday, July 1, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*/Varjyan Yoga Gara/Vanja Karana Sapthmayam Titau		Portland, ME Su 20	Sutra 79 Voasasu 1127
Kanya Rasi: 0.32	Tilhi 7	Gulika 11:44AM - 1:39PM	Uttaraphalguni Untill 12:31AM Wed	Ganesha: Clear	Sunrise: 4:04AM		
		Yama 7:54AM - 9:49AM	Vyaptipata* Untill 6:52AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 20	3rd Phase
Creative Work	Amrita Yoga	Rahu 3:35PM - 5:30PM	Gara Untill 12:41PM	Nataraja: Blue			
Untill 12:31AM Wed			Saptami Untill 1:34AM Wed	Moan - Red			Sivaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Aashatara Auli			

7		Wednesday, July 2, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Rudra Vasara Yuktayam Hasta Nakshatra Varjyan/Parigha* Yoga Vsli*/Bava Karana Ashtmayam Titau		Portland, ME Su 21	Sutra 80 Voasasu 1127
Retreat Star		Gulika 9:49AM - 11:44AM	Hasta Untill 3:25AM Thu	Ganesha: Purple	Sunrise: 4:04AM		
Kanya Rasi: 12.39	Tilhi 8	Yama 5:59AM - 7:54AM	Varjyan Untill 7:20AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 21	Ashtami
Routine Work	Marana Yoga	Rahu 11:44AM - 1:40PM	Vsli Untill 2:37PM	Nataraja: Blue			
Untill 3:25AM Thu			Ashtami* Untill 3:43AM Thu	Moan - Green			Devaloka Day
Then Creative Work - Siddha Yoga				Aashatara Auli			

8		Thursday, July 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Su 22	Sutra 81 Voasasu 1127
Retreat Star		Gulika 7:55AM - 9:50AM	Chitra Untill 6:24AM Fri	Ganesha: Purple	Sunrise: 4:05AM		
Kanya Rasi: 24.36	Tilhi 9	Yama 4:05AM - 6:00AM	Parigha* Untill 8:09AM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 11 - 22	Navami
Creative Work	Siddha Yoga	Rahu 1:40PM - 3:35PM	Balava Untill 4:56PM	Nataraja: Blue			
			Navami* Untill 6:07AM Fri	Moan - Green			Devaloka Day
				Aashatara Auli			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 2/11/24

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1	Friday, July 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau				Portland, ME Sufr 82
	Tula Rasi: 6.28	Tithi 9 – 10	Gulika 6:00AM – 7:55AM Yama 3:35PM – 5:29PM Rahu 9:50AM – 11:45AM	Chitra Untill 6:24AM Shiva Untill 9:09AM Tailita Untill 7:22PM Navami* Untill 6:07AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 4:05AM Sunset: 7:49PM	Moon 5 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	362518571		Devaloka Day	Aushkati-Asti		

2	Saturday, July 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Manita Vasara Yuktayam Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekaddshyam Tilau				Portland, ME Sufr 83
	Tula Rasi: 18.19	Tithi 10 – 11	Gulika 4:06AM – 6:01AM Yama 1:40PM – 3:35PM Rahu 7:55AM – 9:50AM	Svali Untill 9:14AM Siddha Untill 10:07AM Vanija Untill 9:44PM Dashami Untill 8:33AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 4:06AM Sunset: 7:49PM	Moon 5 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	362518571		Devaloka Day	Aushkati-Asti		

3	Sunday, July 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhyha/Sadhyha Yoga Visti/Bava Karana Ekadashi/Dvaddshyam Tilau				Portland, ME Sufr 84
	Wischika Rasi: 0.13	Tithi 11 – 12	Gulika 3:34PM – 5:29PM Yama 11:45AM – 1:40PM Rahu 5:29PM – 7:24PM	Vishakha Untill 12:13PM Sadhyha Untill 10:57AM Bava Untill 11:49PM Ekadashi Untill 10:47AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:07AM Sunset: 7:49PM	Moon 5 - Phase 12 - 25 4th Phase
Routine Work	Marana Yoga	472518571		Devaloka Day	Aushkati-Asti		

4	Monday, July 7, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvaddashi/Trayodshyam Tilau				Portland, ME Sufr 85
	Wischika Rasi: 12.15	Tithi 12 – 13	Gulika 1:40PM – 3:34PM Yama 9:51AM – 11:45AM Rahu 6:02AM – 7:56AM	Anuradha Untill 2:42PM Subha Untill 11:33AM Kaulava Untill 1:31AM Tue Dvaddashi Untill 12:42PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:07AM Sunset: 7:29PM	Moon 5 - Phase 12 - 26 4th Phase
Family Home Evening	Siddha Yoga	472518571		Devaloka Day	Aushkati-Asti		

5	Tuesday, July 8, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Trayodashi/Chaturdshyam Tilau				Portland, ME Sufr 86
	Wischika Rasi: 24.28	Tithi 13 – 14	Gulika 11:45AM – 1:40PM Yama 7:57AM – 9:51AM Rahu 3:34PM – 5:29PM	Jyeshtha* Untill 4:36PM Sukla Untill 11:47AM Gara Untill 2:45AM Wed Trayodashi Untill 2:10PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:08AM Sunset: 7:29PM	Moon 5 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	472518571		Devaloka Day	Aushkati-Asti		

○	Wednesday, July 9, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau				Portland, ME Sufr 87
	Dhanus Rasi: 6.52	Tithi 14 – 15	Gulika 9:51AM – 11:46AM Yama 6:03AM – 7:57AM Rahu 11:46AM – 1:40PM	Mula* Untill 6:21PM Brahma Untill 11:39AM Visti Untill 3:29AM Thu Chaturdashi* Untill 3:09PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 4:09AM Sunset: 7:29PM	Moon 5 - Phase 12 - Purnima
Routine Work	Marana Yoga	482518571		Sivaloka Day	Aushkati-Asti		

○	Thursday, July 10, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidriti* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Portland, ME Sufr 88
	Dhanus Rasi: 19.29	Tithi 15 – 16	Gulika 7:58AM – 9:52AM Yama 4:09AM – 6:04AM Rahu 1:40PM – 3:34PM	Purvashadha* Untill 7:28PM Indra Untill 11:09AM Balava Untill 3:45AM Fri Purnima* Untill 3:40PM	Ganesh: White Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 4:09AM Sunset: 7:29PM	Moon 5 - Phase 12 - Prathama
Creative Work	Siddha Yoga	483518571		Subha Sivaloka Day	Aushkati-Asti		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Suktta Visara Yuktayam
Uttarashadha Nakshatra Vaishitri/Vishkamba* Yoga Kaulava/Taila Karana Prathama/Dvityayam TitauPortland, ME
Sutra 89

Makara Rasi: 2.19	Tithi 16 – 17	Gulika 6:04AM – 7:58AM	Uttarashadha Until 7:59PM	Ganesha: White	Sunrise: 4:10AM	Vishvasu 5:127
		Yama 3:34PM – 5:28PM	Vaiditri* Until 10:15AM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 1st Phase
		Rahu 9:52AM – 11:46AM	Tailita Until 3:35AM Sat	Nataraja: Blue		
Routine Work	Marana Yoga		Prathama* Until 3:42PM	Moon - Light Blue		Subha Sivaloka Day
				Ashlesha* Until		

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Visara Yuktayam
Shravana Nakshatra Vishkamba*Pihli Yoga Gara/Vanija Karana Dwiyati/Tritiyayam TitauPortland, ME
Sutra 90

Makara Rasi: 15.23	Tithi 17 – 18	Gulika 4:11AM – 6:05AM	Shravana Until 8:24PM	Ganesha: Yellow	Sunrise: 4:11AM	Vishvasu 5:127
		Yama 1:40PM – 3:34PM	Vishkamba* Until 9:02AM	Muruga: Red	Sunset: 7:21PM	Moon 6 - Phase 13 - 1st Phase
		Rahu 7:59AM – 9:52AM	Vanija Until 3:01AM Sun	Nataraja: Blue		
Creative Work	Siddha Yoga		Dvitiya Until 3:19PM	Moon - Purple		Sivaloka Day
				Ashlesha* Until		

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bhanu Visara Yuktayam
Dhanishtha Nakshatra Pihli/Ayushman Yoga Visi*/Bava Karana Chaturthi/Chaturthayam TitauPortland, ME
Sutra 91

Makara Rasi: 28.39	Tithi 18 – 19	Gulika 3:33PM – 5:27PM	Dhanishtha Until 8:19PM	Ganesha: Yellow	Sunrise: 4:12AM	Vishvasu 5:127
		Yama 11:46AM – 1:40PM	Pihli Until 7:32AM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 2 1st Phase
		Rahu 5:27PM – 7:20PM	Bava Until 2:06AM Mon	Nataraja: Blue		
Routine Work	Marana Yoga		Tritiya Until 2:35PM	Moon - Purple		Sivaloka Day
Until 8:19PM				Ashlesha* Until		
Then Creative Work - Siddha Yoga						

3

Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Visara Yuktayam
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamayam TitauPortland, ME
Sutra 92

Kumbha Rasi: 12.06	Tithi 19 – 20	Gulika 1:40PM – 3:33PM	Shalabhishak Until 7:47PM	Ganesha: Yellow	Sunrise: 4:13AM	Vishvasu 5:127
Family Home Evening		Yama 9:53AM – 11:46AM	Saubhagya Until 3:41AM Tue	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 3 1st Phase
		Rahu 6:06AM – 7:59AM	Kaulava Until 12:53AM Tue	Nataraja: Blue		
Creative Work	Siddha Yoga		Chaturthi* Until 1:31PM	Moon - Purple		Sivaloka Day
Until 7:47PM				Ashlesha* Until		
Then Routine Work - Marana Yoga						

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Visara Yuktayam
Puravproshthapada* Nakshatra Sobhana Yoga Tailita/Gara Karana Panchami/Shashthiyam TitauPortland, ME
Sutra 93

Kumbha Rasi: 25.44	Tithi 20 – 21	Gulika 11:46AM – 1:40PM	Puravproshthapada* Until 7:15PM	Ganesha: Purple	Sunrise: 4:13AM	Vishvasu 5:127
		Yama 8:00AM – 9:53AM	Sobhana Until 1:26AM Wed	Muruga: Red	Sunset: 7:19PM	Moon 6 - Phase 13 - 4 1st Phase
		Rahu 3:33PM – 5:26PM	Gara Until 11:23PM	Nataraja: Blue		
Routine Work	Marana Yoga		Panchami Until 12:09PM	Moon - Clear		Devaloka Day
Until 7:15PM				Ashlesha* Until		
Then Creative Work - Amrita Yoga						

5

Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Visara Yuktayam
Uttarproshthapada Nishkamba*Alhiganda* Yoga Vanija/Visi*/ Karana Shashthi/Saptamayam TitauPortland, ME
Sutra 94

Meena Rasi: 9.31	Tithi 21 – 22	Gulika 9:53AM – 11:46AM	Uttarproshthapada Until 6:19PM	Ganesha: Purple	Sunrise: 4:14AM	Vishvasu 5:127
		Yama 6:07AM – 8:00AM	Alhiganda* Until 10:56PM	Muruga: Red	Sunset: 7:19PM	Moon 6 - Phase 13 - 5 1st Phase
		Rahu 11:46AM – 1:39PM	Visi Until 9:38PM	Nataraja: Blue		
Creative Work	Siddha Yoga		Shashthi* Until 10:32AM	Moon - Clear		Devaloka Day
Until 6:19PM				Ashlesha* Until		
Then Routine Work - Marana Yoga						

D

Thursday, July 17, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Visara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamayam TitauPortland, ME
Sutra 95

Meena Rasi: 23.28	Tithi 22 – 23	Gulika 8:01AM – 9:54AM	Revati Until 4:59PM	Ganesha: Purple	Sunrise: 4:15AM	Vishvasu 5:127
		Yama 4:15AM – 6:08AM	Sukarma Until 8:14PM	Muruga: Red	Sunset: 7:19PM	Moon 6 - Phase 13 - 6 1st Phase
		Rahu 1:39PM – 3:32PM	Balava Until 7:38PM	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:39AM	Moon - Clear		Bhuloka Day
Until 4:59PM				Ashlesha* Until		Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga						

Friday, July 18, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Visara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Ashtami/Navamayam TitauPortland, ME
Sutra 96

Mesha Rasi: 7.34	Tithi 23 – 24	Gulika 6:09AM – 8:01AM	Ashvini Until 3:43PM	Ganesha: Clear	Sunrise: 4:16AM	Vishvasu 5:127
		Yama 3:32PM – 5:24PM	Dhriti Until 5:26PM	Muruga: Red	Sunset: 7:17PM	Moon 6 - Phase 13 - 7 1st Phase
		Rahu 9:54AM – 11:47AM	Gara Until 4:13AM Sat	Nataraja: Yellow		Navami
Creative Work	Amrita Yoga		Ashtami* Until 6:32AM	Moon - White		Devaloka Day
Until 3:43PM				Ashlesha* Until		
Then Creative Work - Siddha Yoga						

1	Saturday, July 19, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam Bharani/Kritika Nakshatra Shula/Ganda* Yoga Vanija/Visi* Karana Dashamyam Tilau				Portland, ME Sutra 97
	Mesha Rasi: 21.49	Tithi 25	Gulika 4:17AM – 6:09AM Yama 1:39PM – 3:31PM 433618572 Rahu 8:02AM – 9:54AM	Bharani Until 2:07PM Shula* Until 2:24PM Vanija Until 3:01PM Dashami Until 1:45AM Sun	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon – White	Sunrise: 4:17AM Sunset: 7:16PM Moon 6 - Phase 14 - 8 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 2:07PM Then Creative Work - Amrita Yoga							

2	Sunday, July 20, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam Kritika/Rohini Nakshatra Ganda/Vidhi* Yoga Bava/Balava Karana Ekadashyam Tilau				Portland, ME Sutra 98
	Wishabha Rasi: 6.09	Tithi 26	Gulika 3:31PM – 5:23PM Yama 11:47AM – 1:39PM 433618572 Rahu 5:23PM – 7:15PM	Kritika Until 12:15PM Ganda* Until 11:18AM Bava Until 12:29PM Ekadashi* Until 11:11PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon – White	Sunrise: 4:18AM Sunset: 7:15PM Moon 6 - Phase 14 - 9 2nd Phase	Devaloka Day
Creative Work Siddha Yoga							

3	Monday, July 21, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Tilau				Portland, ME Sutra 99
	Wishabha Rasi: 20.33	Tithi 27	Gulika 1:39PM – 3:31PM Yama 9:55AM – 11:47AM 433618572 Rahu 6:11AM – 8:03AM	Rohini Until 10:38AM Widdhi Until 8:09AM Kaulava Until 9:55AM Dvadashti* Until 8:38PM	Ganesh: White Muruga: Red Nataraja: Yellow Moon – Yellow	Sunrise: 4:19AM Sunset: 7:15PM Moon 6 - Phase 14 - 10 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Family Home Evening Creative Work Amrita Yoga							

4	Tuesday, July 22, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau				Portland, ME Sutra 100
	Mithuna Rasi: 4.55	Tithi 28	Gulika 11:47AM – 1:39PM Yama 8:03AM – 9:55AM 433618572 Rahu 3:30PM – 5:22PM	Mrigashira Until 8:55AM Vyaghata* Until 2:03AM Wed Gara Until 7:24AM Trayodashi* Until 6:11PM	Ganesh: White Muruga: Red Nataraja: Yellow Moon – Yellow	Sunrise: 4:20AM Sunset: 7:14PM Moon 6 - Phase 14 - 11 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga Until 8:55AM Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, July 23, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni/Catuspada* Karana Chaturdashy/Amavasyayam Tilau				Portland, ME Sutra 101
	Mithuna Rasi: 19.1	Tithi 29 – 30	Gulika 9:55AM – 11:47AM Yama 6:12AM – 8:04AM 433618572 Rahu 11:47AM – 1:38PM	Ardra Until 7:15AM Harshana Until 11:20PM Catuspada Until 3:02AM Thu Chaturdashi* Until 3:59PM	Ganesh: White Muruga: Red Nataraja: Yellow Moon – Yellow	Sunrise: 4:21AM Sunset: 7:13PM Moon 6 - Phase 14 - 12 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga							

●	Thursday, July 24, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Tilau				Portland, ME Sutra 102
	Kataka Rasi: 3.12	Tithi 30 – 1	Gulika 8:04AM – 9:56AM Yama 4:22AM – 6:13AM 444618572 Rahu 1:38PM – 3:29PM	Punarvasu Until 6:12AM Vajra* Until 8:55PM Kintughna Until 1:27AM Fri Amavasya* Until 2:10PM	Ganesh: Orange Muruga: Red Nataraja: Yellow Moon – Blue	Sunrise: 4:22AM Sunset: 7:12PM Moon 6 - Phase 14 - 13 Amavasya	Devaloka Day
Creative Work Amrita Yoga							

●	Friday, July 25, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau				Portland, ME Sutra 103
	Kataka Rasi: 16.58	Tithi 1 – 2	Gulika 6:14AM – 8:05AM Yama 3:29PM – 5:20PM 444618572 Rahu 9:56AM – 11:47AM	Ashlesha* Until 5:10AM Sat Siddhi Until 6:58PM Balava Until 12:27AM Sat Prathama* Until 12:51PM	Ganesh: Orange Muruga: Red Nataraja: Yellow Moon – Blue	Sunrise: 4:23AM Sunset: 7:11PM Moon 6 - Phase 14 - 14 Prathama	Devaloka Day
Routine Work Marana Yoga Until 5:10AM Sat Then Creative Work - Amrita Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Manita Vasara Yuktayam Magha* Nakshatra Vyalipala* Varjyan Yoga Kaulava/Tailita Karana Dvitiya/Tritiyam Titau				Portland, ME Sun 15	Sutra 104 Vasvasu 5:17 Moon 6 - Phase 15 - 22 3rd Phase
Simha Rasi: 0.22	Tithi 2 - 3	Gulika 4.24AM - 6:15AM Yama 1:38PM - 3:28PM 454618572	Rahu 8.05AM - 9:56AM	Magha* Until 5:51AM Sun Vyalipala* Until 5:34PM Tailita Until 12:06AM Sun Dvitiya Until 12:10PM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:24AM Sunset: 7:10PM	Devaloka Day
Creative Work - Amrita Yoga Until 5:51AM Sun Then Creative Work - Siddha Yoga							
2 Sunday, July 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Bharu Vasara Yuktayam Purvaphalguni Nakshatra Varjyan*Parigra* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Portland, ME Sun 16	Sutra 105 Vasvasu 5:17 Moon 6 - Phase 15 - 22 3rd Phase
Simha Rasi: 13.24	Tithi 3 - 4	Gulika 3.28PM - 5:18PM Yama 11:47AM - 1:37PM 454618572	Rahu 5.18PM - 7:09PM	Purvaphalguni Until 7:05AM Mon Varjyan Until 4:42PM Vanija Until 12:30AM Mon Tritiya Until 12:11PM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:25AM Sunset: 7:09PM	Devaloka Day
Creative Work - Siddha Yoga							
3 Monday, July 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Indu Vasara Yuktayam Ultraphalguni Nakshatra Parigra* Shiva/Siddha Yoga Babala/Kaulava Karana Panchami/Panchamyan Titau				Portland, ME Sun 17	Sutra 106 Vasvasu 5:17 Moon 6 - Phase 15 - 22 3rd Phase
Simha Rasi: 26.05	Tithi 4 - 5	Gulika 1.37PM - 3:27PM Yama 9:57AM - 11:47AM 454618572	Rahu 6.16AM - 8:06AM	Purvaphalguni Until 7:05AM Parigra* Until 4:24PM Bava Until 1:35AM Tue Chaturthi* Until 12:56PM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:26AM Sunset: 7:08PM	Devaloka Day
Family Home Evening Creative Work - Siddha Yoga		Nag Panchami					
4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Mangala Vasara Yuktayam Ultraphalguni Nakshatra Shiva/Siddha Yoga Babala/Kaulava Karana Panchami/Shashtham Titau				Portland, ME Sun 18	Sutra 107 Vasvasu 5:17 Moon 6 - Phase 15 - 18 3rd Phase
Kanya Rasi: 8.28	Tithi 5 - 6	Gulika 11:47AM - 1:37PM Yama 8:07AM - 9:57AM 454618572	Rahu 3.27PM - 5:17PM	Ultraphalguni Until 8:50AM Shiva Until 4:38PM Kaulava Until 3:17AM Wed Panchami Until 2:21PM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - Red	Sunrise: 4:27AM Sunset: 7:07PM	Devaloka Day
Creative Work - Amrita Yoga Until 8:50AM Then Creative Work - Siddha Yoga							
5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamyan Titau				Portland, ME Sun 19	Sutra 108 Vasvasu 5:17 Moon 6 - Phase 15 - 19 3rd Phase
Kanya Rasi: 20.35	Tithi 6 - 7	Gulika 9:57AM - 11:47AM Yama 6:18AM - 8:07AM 464618572	Rahu 11:47AM - 1:36PM	Hasta Until 11:27AM Siddha Until 5:14PM Gara Until 5:26AM Thu Shashthi* Until 4:18PM	Ganesha: Purple Muruga: Red Nataraja: Yellow Moon - Green	Sunrise: 4:28AM Sunset: 7:06PM	Sivaloka Day
Routine Work - Marana Yoga Until 11:27AM Then Creative Work - Siddha Yoga							
6 Thursday, July 31, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Saptamyan Titau				Portland, ME Sun 20	Sutra 109 Vasvasu 5:17 Moon 6 - Phase 15 - 20 3rd Phase
Tula Rasi: 2.33	Tithi 7	Gulika 8.08AM - 9:57AM Yama 4:29AM - 6:18AM 464618572	Rahu 1.36PM - 3:26PM	Chitra Until 2:16PM Sadhya Until 6:06PM Vanija Until 6:34PM Saptami Until 6:34PM	Ganesha: Purple Muruga: Red Nataraja: Yellow Moon - Green	Sunrise: 4:29AM Sunset: 7:05PM	Sivaloka Day
Creative Work - Siddha Yoga Until 2:16PM Then Creative Work - Amrita Yoga							
Friday, August 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Sukla Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Vasi* Bava Karana Ashtamyan Titau				Portland, ME Sun 21	Sutra 110 Vasvasu 5:17 Moon 6 - Phase 15 - 21 Ashtami
Retreat Star		Gulika 6.19AM - 8:08AM Yama 3:25PM - 5:14PM 464618572	Rahu 9.57AM - 11:47AM	Svati Until 5:03PM Subha Until 7:03PM Vasi Until 7:47AM Ashtami* Until 8:57PM	Ganesha: Purple Muruga: Red Nataraja: Yellow Moon - Green	Sunrise: 4:30AM Sunset: 7:03PM	Sivaloka Day
Tula Rasi: 14.26 Creative Work - Siddha Yoga							
Saturday, August 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Manita Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Babala/Kaulava Karana Navamyan Titau				Portland, ME Sun 22	Sutra 111 Vasvasu 5:17 Moon 6 - Phase 15 - 22 Navami
Retreat Star		Gulika 4.31AM - 6:20AM Yama 1:35PM - 3:24PM 474628572	Rahu 8.09AM - 9:58AM	Vishakha Until 8:05PM Sukla Until 7:54PM Balava Until 10:08AM Navami* Until 11:13PM	Ganesha: Clear Muruga: Blue Nataraja: Yellow Moon - Orange	Sunrise: 4:31AM Sunset: 7:02PM	Sivaloka Day
Tula Rasi: 26.19 Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1

Sunday, August 3, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yuktiyam Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Doshayam Tilau			Portland, ME Sutra 112	
Wisikha Rasi: 8.16	Tithi 10	Gulika 3:24PM – 5:12PM	Anuradha Until 10:41PM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:23AM Sunset: 7:09PM	Vasavasu 5:127 Moon 6 - Phase 16 - 24 4th Phase
Routine Work	Marana Yoga	Yama 11:46AM – 1:35PM	Brahma Until 8:33PM			
		Rahu 5:12PM – 7:01PM	Tailila Until 2:01PM			Sivaloka Day
			Dashami Until 1:11AM Mon	Pradosha Vata		

2

Monday, August 4, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indru Vasara Yuktiyam Jyeshtha Nakshatra Indra Yoga Vanija/Visti Karana Ekadashyam Tilau			Portland, ME Sutra 113	
Wisikha Rasi: 20.22	Tithi 11	Gulika 1:35PM – 3:23PM	Jyeshtha Until 12:41AM Tue	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:33AM Sunset: 6:59PM	Vasavasu 5:127 Moon 6 - Phase 16 - 24 4th Phase
Family Home Evening		Yama 9:58AM – 11:46AM	Indra Until 8:53PM			
Creative Work	Siddha Yoga	Rahu 6:22AM – 8:10AM	Vanija Until 2:01PM			Sivaloka Day
			Ekadashi Until 2:41AM Tue	Pradosha Vata		

3

Tuesday, August 5, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yuktiyam Mula Nakshatra Vaidhri Yoga Bava/Balava Karana Dvadashtyam Tilau			Portland, ME Sutra 114	
Dhanus Rasi: 2.38	Tithi 12	Gulika 11:46AM – 1:34PM	Mula Until 2:29AM Wed	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:44AM Sunset: 6:50PM	Vasavasu 5:127 Moon 6 - Phase 16 - 25 4th Phase
Creative Work	Amrita Yoga	Yama 9:58AM – 11:46AM	Vaidhri Until 8:46PM			
		Rahu 3:22PM – 5:10PM	Bava Until 3:16PM			Sivaloka Day
			Dvadashti Until 3:39AM Wed	Pradosha Vata		

4

Wednesday, August 6, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Butha Vasara Yuktiyam Purvashada Nakshatra Vishkambha Yoga Kaulava/Tailila Karana Trayodashyam Tilau			Portland, ME Sutra 115	
Dhanus Rasi: 15.1	Tithi 13	Gulika 9:58AM – 11:46AM	Purvashada Until 3:32AM Thu	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:35AM Sunset: 6:57PM	Vasavasu 5:127 Moon 6 - Phase 16 - 26 4th Phase
Creative Work	Amrita Yoga	Yama 6:23AM – 8:11AM	Vishkambha Until 8:12PM			
		Rahu 11:46AM – 1:34PM	Kaulava Until 3:55PM			Sivaloka Day
			Trayodashi Until 4:00AM Thu	Pradosha Vata		

5

Thursday, August 7, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yuktiyam Uttarashada Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau			Portland, ME Sutra 116	
Dhanus Rasi: 27.59	Tithi 14	Gulika 8:11AM – 9:59AM	Uttarashada Until 3:51AM Fri	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:37AM Sunset: 6:56PM	Vasavasu 5:127 Moon 6 - Phase 16 - 27 4th Phase
Routine Work	Marana Yoga	Yama 4:37AM – 6:24AM	Priti Until 7:11PM			
		Rahu 1:33PM – 3:21PM	Gara Until 3:58PM			Sivaloka Day
			Chaturdashi Until 3:46AM Fri	Pradosha Vata		

O

Friday, August 8, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yuktiyam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Tilau			Portland, ME Sutra 117	
Makara Rasi: 11.05	Tithi 15	Gulika 6:25AM – 8:12AM	Shravana Until 3:57AM Sat	Ganesh: Blue Muruga: Blue Nataraja: Yellow Moon – Purple	Sunrise: 4:38AM Sunset: 6:53PM	Vasavasu 5:127 Moon 6 - Phase 16 - Purnima
Routine Work	Marana Yoga	Yama 3:20PM – 5:07PM	Ayushman Until 5:41PM			
		Rahu 9:59AM – 11:46AM	Visti Until 3:27PM			Devaloka Day
			Purnima Until 2:59AM Sat	Pradosha Vata		

Saturday, August 9, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yuktiyam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau			Portland, ME Sutra 118	
Makara Rasi: 24.29	Tithi 16	Gulika 4:39AM – 6:25AM	Dhanishtha Until 3:25AM Sun	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Purple	Sunrise: 4:39AM Sunset: 6:53PM	Vasavasu 5:127 Moon 6 - Phase 16 - Prathama
Creative Work	Siddha Yoga	Yama 1:33PM – 3:19PM	Saubhagya Until 3:47PM			
		Rahu 8:12AM – 9:59AM	Balava Until 2:26PM			Sivaloka Day
			Prathama Until 1:44AM Sun	Pradosha Vata		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vesara Yuktayam
Shalabhishak Nakshatra Sobhana/Ahiganda* Yoga Talila/Gara Karana Dvitiyayam Tilau

Portland, ME
Sutra 119

Kumbha Rasi: 8:08	Tithi 17	Gulika 3:19PM - 5:05PM	Shalabhishak Until 2:22AM Mon	Ganesha: Yellow	Sunrise: 4:40AM		Vasavasu 5:127
		Yama 11:46AM - 1:32PM	Sobhana Until 1:34PM	Muruga: Blue	Sunset: 6:59PM	Moon 7 - Phase 17 - 1	1st Phase
		Rahu 5:05PM - 6:51PM	Tailila Until 12:58PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Dvitiya Until 12:06AM Mon	Moon - Purple			Sivaloka Day
Until 2:22AM Mon							
Then Routine Work - Marana Yoga							

1

Monday, August 11, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vesara Yuktayam
Puravproshthapada* Nakshatra Ahiganda*/Sakama Yoga Vanja/Visti* Karana Tritiyayam Tilau

Portland, ME
Sutra 120

Kumbha Rasi: 22:01	Tithi 18	Gulika 1:32PM - 3:18PM	Puravproshthapada* Until 1:21AM Tue	Ganesha: Clear	Sunrise: 4:41AM	Sun 1	Vasavasu 5:127
		Yama 9:59AM - 11:45AM	Ahiganda* Until 11:03AM	Muruga: Blue	Sunset: 6:59PM	Moon 7 - Phase 17 - 1	1st Phase
		Rahu 6:27AM - 8:13AM	Vanija Until 11:11AM	Nataraja: Yellow			
Family Home Evening			Tritiya Until 10:11PM	Moon - Clear			Sivaloka Day
Routine Work	Marana Yoga						
Until 1:21AM Tue							
Then Creative Work - Amrita Yoga							

2

Tuesday, August 12, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vesara Yuktayam
Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthyayam Tilau

Portland, ME
Sutra 121

Meena Rasi: 6:03	Tithi 19	Gulika 11:45AM - 1:31PM	Uttaraproshtapada Until 12:00AM Wed	Ganesha: Clear	Sunrise: 4:42AM	Sun 2	Vasavasu 5:127
		Yama 8:14AM - 9:59AM	Sukarna Until 8:21AM	Muruga: Blue	Sunset: 6:59PM	Moon 7 - Phase 17 - 2	1st Phase
		Rahu 3:17PM - 5:03PM	Bava Until 9:10AM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Chaturthi* Until 8:04PM	Moon - Clear			Sivaloka Day
Until 12:00AM Wed							
Then Creative Work - Siddha Yoga							

3

Wednesday, August 13, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vesara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthyayam Tilau

Portland, ME
Sutra 122

Meena Rasi: 20:12	Tithi 20 - 21	Gulika 10:00AM - 11:45AM	Revati Until 10:24PM	Ganesha: Clear	Sunrise: 4:43AM	Sun 3	Vasavasu 5:127
		Yama 6:29AM - 8:14AM	Shula* Until 2:38AM Thu	Muruga: Blue	Sunset: 6:47PM	Moon 7 - Phase 17 - 3	1st Phase
		Rahu 11:45AM - 1:31PM	Kaulava Until 6:59AM	Nataraja: Yellow			
Routine Work	Marana Yoga		Panchami Until 5:51PM	Moon - Clear			Sivaloka Day

4

Thursday, August 14, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Guru Vesara Yuktayam
Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamyam Tilau

Portland, ME
Sutra 123

Mesha Rasi: 4:25	Tithi 21 - 22	Gulika 8:15AM - 10:00AM	Ashvini Until 9:03PM	Ganesha: Purple	Sunrise: 4:44AM	Sun 4	Vasavasu 5:127
		Yama 4:44AM - 6:29AM	Ganda* Until 11:43PM	Muruga: Blue	Sunset: 6:46PM	Moon 7 - Phase 17 - 4	1st Phase
		Rahu 1:30PM - 3:15PM	Visti Until 2:27AM Fri	Nataraja: Yellow			
Creative Work	Amrita Yoga		Shashthi* Until 3:35PM	Moon - White			Subha Sivaloka Day
Until 9:03PM							
Then Creative Work - Siddha Yoga							

5

Friday, August 15, 2025
Retreat Star

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Sukra Vesara Yuktayam
Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Tilau

Portland, ME
Sutra 124

Mesha Rasi: 18:38	Tithi 22 - 23	Gulika 6:30AM - 8:15AM	Bharani Until 7:34PM	Ganesha: Clear	Sunrise: 4:45AM	Sun 5	Vasavasu 5:127
		Yama 3:14PM - 4:59PM	Viddhi Until 8:50PM	Muruga: Blue	Sunset: 6:46PM	Moon 7 - Phase 17 - 5	Ashtami
		Rahu 10:00AM - 11:45AM	Balava Until 12:12AM Sat	Nataraja: Yellow			
Creative Work	Siddha Yoga		Sapthami Until 1:18PM	Moon - White			Sivaloka Day
		Krishna Janmashtami					

Saturday, August 16, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Mani Vesara Yuktayam
Kritika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Tilau

Portland, ME
Sutra 125

Wishabha Rasi: 2:49	Tithi 23 - 24	Gulika 4:46AM - 6:31AM	Kritika Until 6:00PM	Ganesha: Clear	Sunrise: 4:46AM	Sun 6	Vasavasu 5:127
		Yama 1:29PM - 3:14PM	Dhruva Until 5:58PM	Muruga: Blue	Sunset: 6:43PM	Moon 7 - Phase 17 - 6	Navami
		Rahu 8:15AM - 10:00AM	Tailila Until 10:01PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Ashtami* Until 11:05AM	Moon - White			Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Sunday, August 17, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Uvara Yuktyam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashamya Tilau		Portland, ME Sutra 126
Gulika 3:13PM - 4:57PM	Rohini Until 4:09PM	Ganesh: Clear Sunrise: 4:46AM
Yama 11:44AM - 1:29PM	Vyaghata* Until 3:11PM	Muruga: Blue Sunset: 6:41PM
Rahu 4:57PM - 6:41PM	Bava Until 6:01PM	Nataraja: Yellow
	Navami* Until 8:57AM	Moon - Yellow
		Sivaloka Day

2 Monday, August 18, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktyam Migashira/Ardra Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Ekadasmya Tilau		Portland, ME Sutra 127
Gulika 1:28PM - 3:12PM	Mrigashira Until 3:38PM	Ganesh: Clear Sunrise: 4:49AM
Yama 10:00AM - 11:44AM	Harshana Until 12:32PM	Muruga: Blue Sunset: 6:40PM
Rahu 6:33AM - 8:16AM	Bava Until 6:01PM	Nataraja: Yellow
	Dashami Until 6:56AM	Moon - Yellow
		Sivaloka Day

3 Tuesday, August 19, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktyam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailita Karana Dvadashmya Tilau		Portland, ME Sutra 128
Gulika 11:44AM - 1:27PM	Ardra Until 2:31PM	Ganesh: Clear Sunrise: 4:50AM
Yama 8:17AM - 10:00AM	Vajra* Until 10:01AM	Muruga: Blue Sunset: 6:38PM
Rahu 3:11PM - 4:54PM	Kaulava Until 4:18PM	Nataraja: Yellow
	Dvadashi* Until 3:31AM Wed	Moon - Yellow
		Sivaloka Day

4 Wednesday, August 20, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktyam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashmya Tilau		Portland, ME Sutra 129
Gulika 10:00AM - 11:44AM	Punarvasu Until 1:58PM	Ganesh: Purple Sunrise: 4:51AM
Yama 6:34AM - 8:17AM	Siddhi Until 7:44AM	Muruga: Blue Sunset: 6:36PM
Rahu 11:44AM - 1:27PM	Gara Until 2:52PM	Nataraja: Yellow
	Trayodashi* Until 2:15AM Thu	Moon - Blue
		Devaloka Day

Pradosha Vrata (Fasting)

5 Thursday, August 21, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktyam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashmya Tilau		Portland, ME Sutra 130
Gulika 8:18AM - 10:01AM	Pushya Until 1:37PM	Ganesh: Purple Sunrise: 4:52AM
Yama 4:52AM - 6:35AM	Varjyan Until 4:02AM Fri	Muruga: Blue Sunset: 6:35PM
Rahu 1:26PM - 3:09PM	Vaisi Until 1:48PM	Nataraja: Yellow
	Chaturdashi* Until 1:25AM Fri	Moon - Blue
		Devaloka Day

Friday, August 22, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktyam Ashlesha/Magha* Nakshatra Parigha* Yoga Catuspada/Naga* Karana Amavasyayam Tilau		Portland, ME Sutra 131
Gulika 6:36AM - 8:18AM	Ashlesha* Until 1:34PM	Ganesh: Light Blue Sunrise: 4:53AM
Yama 3:08PM - 4:51PM	Parigha* Until 2:46AM Sat	Muruga: Blue Sunset: 6:33PM
Rahu 10:01AM - 11:43AM	Catuspada Until 1:11PM	Nataraja: Yellow
	Amavasya* Until 1:03AM Sat	Moon - Blue
		Devaloka Day

Saturday, August 23, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Paksha Manta Vasara Yuktyam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Tilau		Portland, ME Sutra 132
Gulika 4:54AM - 6:36AM	Magha* Until 2:21PM	Ganesh: Purple Sunrise: 4:54AM
Yama 1:25PM - 3:07PM	Shiva Until 1:57AM Sun	Muruga: Blue Sunset: 6:32PM
Rahu 8:19AM - 10:01AM	Kintughna Until 1:04PM	Nataraja: Yellow
	Prathama* Until 1:16AM Sun	Moon - Red
		Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1

Sunday, August 24, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Bhanu Varsara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drivilyayam Tilau	Sun 14	Portland, ME Sutra 133 Vasaxsu 5127
		Gulika 3:04PM - 4:48PM Yama 11:43AM - 1:24PM Rahu 4:48PM - 6:30PM		
		Purvaphalguni Until 3:33PM Siddha Until 1:34AM Mon Balava Until 1:37PM Dvitiya Until 2:04AM Mon		
		Ganesha: Purple Muruga: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:55AM Sunset: 6:39PM	Moon 7 - Phase 19 - 14 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
Until 3:33PM				
Then Creative Work - Amrita Yoga				

2

Monday, August 25, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Indu Varsara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Tilau	Sun 15	Portland, ME Sutra 134 Vasaxsu 5127
		Gulika 1:24PM - 3:05PM Yama 10:01AM - 11:42AM Rahu 6:38AM - 8:19AM		
		Uttaraphalguni Until 5:10PM Sadya Until 1:39AM Tue Talilla Until 2:42PM Tritiya Until 3:27AM Tue		
		Ganesha: Purple Muruga: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:56AM Sunset: 6:39PM	Moon 7 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
Family Home Evening				
Then Creative Work - Amrita Yoga				

3

Tuesday, August 26, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Mangala Varsara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanja/Vesli' Karana Chaturthayam Tilau	Sun 16	Portland, ME Sutra 135 Vasaxsu 5127
		Gulika 11:42AM - 1:23PM Yama 8:20AM - 10:01AM Rahu 3:04PM - 4:45PM		
		Hasta Until 7:37PM Subha Until 2:08AM Wed Vanija Until 4:21PM Chaturthi' Until 5:19AM Wed		
		Ganesha: Light Blue Muruga: Blue Nataraja: Yellow Moon - Green	Sunrise: 4:58AM Sunset: 6:29PM	Moon 7 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
Then Creative Work - Siddha Yoga				
		Ganesha Chaturthi		

4

Wednesday, August 27, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Budha Varsara Yuktayam Chitra Nakshatra Sukla Yoga Bava Karana Panchamayam Tilau	Sun 17	Portland, ME Sutra 136 Vasaxsu 5127
		Gulika 10:01AM - 11:42AM Yama 6:39AM - 8:20AM Rahu 11:42AM - 1:23PM		
		Chitra Until 10:17PM Sukla Until 2:51AM Thu Bava Until 6:24PM Panchami Until 7:32AM Thu		
		Ganesha: Light Blue Muruga: Blue Nataraja: White Moon - Green	Sunrise: 4:59AM Sunset: 6:29PM	Moon 7 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga			Sivaloka Day
Then Creative Work - Siddha Yoga				

5

Thursday, August 28, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Guru Varsara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthayam Tilau	Sun 18	Portland, ME Sutra 137 Vasaxsu 5127
		Gulika 8:21AM - 10:01AM Yama 5:00AM - 6:40AM Rahu 1:22PM - 3:02PM		
		Svali Until 1:01AM Fri Brahma Until 3:45AM Fri Kaulava Until 8:44PM Panchami Until 7:32AM		
		Ganesha: Light Blue Muruga: Blue Nataraja: White Moon - Green	Sunrise: 5:00AM Sunset: 6:29PM	Moon 7 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga			Sivaloka Day
Until 1:01AM Fri				
Then Creative Work - Siddha Yoga				

6

Friday, August 29, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Sukra Varsara Yuktayam Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Sapthamayam Tilau	Sun 19	Portland, ME Sutra 138 Vasaxsu 5127
		Gulika 6:41AM - 8:21AM Yama 3:01PM - 4:41PM Rahu 10:01AM - 11:41AM		
		Vishakha Until 4:08AM Sat Indra Until 4:41AM Sat Gara Until 11:09PM Shashthi' Until 9:55AM		
		Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange	Sunrise: 5:01AM Sunset: 6:29PM	Moon 7 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				

D

Saturday, August 30, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Marana Varsara Yuktayam Anuradha Nakshatra Vaidhriti' Yoga Vanja/Vesli' Karana Sapthami/Ashthamayam Tilau	Sun 20	Portland, ME Sutra 139 Vasaxsu 5127
		Gulika 5:02AM - 6:42AM Yama 1:21PM - 3:00PM Rahu 8:21AM - 10:01AM		
		Anuradha Until 6:55AM Sun Vaidhriti' Until 5:27AM Sun Vesli Until 1:25AM Sun Sapthami Until 12:17PM		
		Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange	Sunrise: 5:03AM Sunset: 6:29PM	Moon 7 - Phase 19 - 20 Ashtami
Creative Work	Siddha Yoga			Subha Sivaloka Day
Until 6:55AM Sun				
Then Routine Work - Marana Yoga				

Sunday, August 31, 2025

		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Bhanu Varsara Yuktayam Anuradha/Jyeshtha' Nakshatra Vshikambha' Yoga Bava/Balava Karana Ashtami/Navamayam Tilau	Sun 21	Portland, ME Sutra 140 Vasaxsu 5127
		Gulika 2:59PM - 4:39PM Yama 11:41AM - 1:20PM Rahu 4:39PM - 6:18PM		
		Anuradha Until 6:55AM Vshikambha' Until 5:58AM Mon Balava Until 3:23AM Mon Ashtami' Until 2:26PM		
		Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange	Sunrise: 5:03AM Sunset: 6:18PM	Moon 7 - Phase 19 - 21 Navami
Creative Work	Marana Yoga			Subha Sivaloka Day
Wshchika Rasi: 16.11	Tilhi 8 - 9			
Then Routine Work - Marana Yoga				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time. Calculated for Portland, ME on 2/11/24

www.gurudeva.org/pancham

1	Monday, September 1, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Phili Yaga Kaulava/Taila Karana Navami/Dashamam Titau				Portland, ME Sun 22	Sutra 141 Sutra 142
	Gulika	1:19PM – 2:58PM	Jyeshtha* Untill 9:12AM	Ganesh: Clear	Sunrise: 5:04AM	Sunset: 6:16PM	Moon 7 - Phase 20 - 4th Phase	Vasavasu 5:127
Wischika Rasi: 28.17	Tithi 9 – 10	Yama 10:01AM – 11:40AM	Phili Untill 6:07AM Tue	Muruga: Blue				
Family Home Evening		Rahu 6:43AM – 8:22AM	Tailita Untill 4:52AM Tue	Nataraja: White				
Creative Work	Siddha Yoga		Navami* Untill 4:10PM	Moon – Orange			Subha Sivaloka Day	
				Sheshapada				

2	Tuesday, September 2, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam Mula/Purvashada* Nakshatra PhiliYuktam Yaga Gara/Vanaja Karana Dashami/Ekadashtyam Titau				Portland, ME Sun 23	Sutra 142 Sutra 143
	Gulika	11:40AM – 1:19PM	Mula* Untill 11:18AM	Ganesh: White	Sunrise: 5:05AM	Sunset: 6:15PM	Moon 7 - Phase 20 - 23 4th Phase	Vasavasu 5:127
Dhanus Rasi: 10.34	Tithi 10 – 11	Yama 8:23AM – 10:01AM	Phili Untill 6:07AM	Muruga: Blue				
Creative Work	Amrita Yoga	Rahu 2:57PM – 4:36PM	Vanija Untill 5:43AM Wed	Nataraja: White				
Untill 11:18AM			Dashami Untill 5:21PM	Moon – Light Blue			Sivaloka Day	
Then Creative Work	Siddha Yoga			Sheshapada				

3	Wednesday, September 3, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Butha Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Saubhaga Yaga Vasi/Bava Karana Ekadashi/Dwadashyam Titau				Portland, ME Sun 24	Sutra 143 Sutra 144
	Gulika	10:01AM – 11:40AM	Purvashada* Untill 12:37PM	Ganesh: Green	Sunrise: 5:06AM	Sunset: 6:13PM	Moon 7 - Phase 20 - 27 4th Phase	Vasavasu 5:127
Dhanus Rasi: 23.08	Tithi 11 – 12	Yama 6:45AM – 8:23AM	Saubhaga Untill 4:52AM Thu	Muruga: Blue				
Creative Work	Amrita Yoga	Rahu 11:40AM – 1:18PM	Bava Untill 5:53AM Thu	Nataraja: White				
Untill 11:18AM			Ekadashi Untill 5:52PM	Moon – Light Blue			Sivaloka Day	
Then Creative Work	Siddha Yoga			Sheshapada				

4	Thursday, September 4, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yaga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 25	Sutra 144 Sutra 145
	Gulika	8:23AM – 10:01AM	Uttarashada Untill 1:06PM	Ganesh: White	Sunrise: 5:08AM	Sunset: 6:11PM	Moon 7 - Phase 20 - 25 4th Phase	Vasavasu 5:127
Makara Rasi: 6.02	Tithi 12 – 13	Yama 5:08AM – 6:45AM	Sobhana Untill 3:25AM Fri	Muruga: Blue				
Routine Work	Marana Yoga	Rahu 1:17PM – 2:55PM	Kaulava Untill 5:20AM Fri	Nataraja: White				
Untill 1:06PM			Dvadashi Untill 5:40PM	Moon – Light Blue			Sivaloka Day	
Then Creative Work	Siddha Yoga			Sheshapada				
				Pradosha Vata				

5	Friday, September 5, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yaga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 26	Sutra 145 Sutra 146
	Gulika	6:46AM – 8:24AM	Shravana Untill 1:11PM	Ganesh: Yellow	Sunrise: 5:09AM	Sunset: 6:11PM	Moon 7 - Phase 20 - 27 4th Phase	Vasavasu 5:127
Makara Rasi: 19.17	Tithi 13 – 14	Yama 2:54PM – 4:32PM	Athiganda* Untill 1:24AM Sat	Muruga: Blue				
Routine Work	Marana Yoga	Rahu 10:01AM – 11:39AM	Gara Untill 4:07AM Sat	Nataraja: White				
Untill 1:11PM			Trayodashi Untill 4:47PM	Moon – Purple			Subha Sivaloka Day	
Then Creative Work	Siddha Yoga	Chidambaram Abhishekam		Sheshapada				

6	Saturday, September 6, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manta Vasara Yuktayam Dhanishtha/Purvashodhapa* Nakshatra Sukarna Yaga Vani/Vasi* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 27	Sutra 146 Sutra 147
	Gulika	5:10AM – 6:47AM	Dhanishtha Untill 12:29PM	Ganesh: Yellow	Sunrise: 5:10AM	Sunset: 6:09PM	Moon 7 - Phase 20 - 27 4th Phase	Vasavasu 5:127
Kumbha Rasi: 2.55	Tithi 14 – 15	Yama 1:16PM – 2:53PM	Sukarna Untill 10:55PM	Muruga: Blue				
Creative Work	Siddha Yoga	Rahu 8:24AM – 10:01AM	Vasi Untill 2:18AM Sun	Nataraja: White				
Untill 12:29PM			Chaturdashi* Untill 3:15PM	Moon – Purple			Subha Sivaloka Day	
Then Creative Work	Amrita Yoga			Sheshapada				

○	Sunday, September 7, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bhanu Shatabhishak/Purvashodhapa* Nakshatra Dhriti Yaga Bava/Balava Karana Purnima/Panchamam Titau				Portland, ME Sun 28	Sutra 147 Sutra 148
	Gulika	2:52PM – 4:29PM	Shatabhishak Untill 11:06AM	Ganesh: Yellow	Sunrise: 5:11AM	Sunset: 6:06PM	Moon 7 - Phase 20 - Purnima	Vasavasu 5:127
Kumbha Rasi: 16.53	Tithi 15 – 16	Yama 11:38AM – 1:15PM	Dhriti Untill 8:03PM	Muruga: Blue				
Creative Work	Siddha Yoga	Rahu 4:29PM – 6:06PM	Balava Untill 12:02AM Mon	Nataraja: White				
Untill 12:29PM			Purnima* Untill 1:12PM	Moon – Purple			Subha Sivaloka Day	
Then Creative Work	Siddha Yoga	Grandparent's Day		Sheshapada				

Monday, September 8, 2025	Silver Retreat Star		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Purvashodhapa*/Uttarashodhapa* Nakshatra Shula*Ganda* Yaga Kaulava/Taila Karana Prathama/Dvityayam Titau				Portland, ME Sun 29	Sutra 148 Sutra 149
	Gulika	1:14PM – 2:51PM	Purvashodhapa* Untill 9:34AM	Ganesh: Yellow	Sunrise: 5:12AM	Sunset: 6:04PM	Moon 7 - Phase 20 - Prathama	Vasavasu 5:127
Meena Rasi: 1.1	Tithi 16 – 17	Yama 10:01AM – 11:38AM	Shula* Untill 4:51PM	Muruga: Blue				
Family Home Evening		Rahu 6:48AM – 8:25AM	Tailita Untill 9:25PM	Nataraja: White				
Routine Work	Marana Yoga		Prathama* Untill 10:45AM	Moon – Clear			Subha Sivaloka Day	
Untill 9:34AM				Sheshapada				
Then Creative Work	Siddha Yoga							

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukatayam
Uttaraprosphapada/Revati Nakshatra Ganda*Widdhi Yoga Gara/Vanija Karana Dvitya/Triyayam Titau

Portland, ME Sun 1

Sutra 149

Vivavasu 5:127

Meesha Rasi: 15.4 Tithi 17 - 18
519828573

Gulika 11:38AM - 1:14PM
Yama 8:25AM - 10:01AM
Rahu 2:50PM - 4:26PM

Uttaraprosphapada Until 7:38AM
Ganda* Until 1:28PM
Vanija Until 6:36PM
Dvitiya Until 8:00AM

Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Clear

Sunrise: 5:13AM
Sunset: 6:02PM
Moon B - Phase 21 - 2
1st Phase

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 7:38AM
Then Creative Work - Siddha Yoga

1

Wednesday, September 10, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukatayam
Ashvini Nakshatra Widdhi/Dhruva Yoga Bava/Baleva Karana Chaturtham Titau

Portland, ME Sun 2

Sutra 150

Vivavasu 5:127

Mesha Rasi: 0.16 Tithi 19
529828573

Gulika 10:01AM - 11:37AM
Yama 6:50AM - 8:26AM
Rahu 11:37AM - 1:13PM

Ashvini Until 3:26AM Thu
Vridhhi Until 10:01AM
Bava Until 3:42PM
Chalurthi* Until 2:15AM Thu

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White

Sunrise: 5:14AM
Sunset: 6:02PM
Moon B - Phase 21 - 2
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 3:26AM Thu
Then Creative Work - Siddha Yoga

2

Thursday, September 11, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Guru Vasara Yukatayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamam Titau

Portland, ME Sun 3

Sutra 151

Vivavasu 5:127

Mesha Rasi: 14.53 Tithi 20
529828573

Gulika 8:26AM - 10:01AM
Yama 5:15AM - 6:51AM
Rahu 1:12PM - 2:48PM

Bharani Until 1:26AM Fri
Dhruva Until 6:32AM
Kaulava Until 12:51PM
Panchami Until 11:27PM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White

Sunrise: 5:15AM
Sunset: 5:59PM
Moon B - Phase 21 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 11:27PM
Then Routine Work - Marana Yoga

3

Friday, September 12, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukatayam
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham Titau

Portland, ME Sun 4

Sutra 152

Vivavasu 5:127

Mesha Rasi: 29.24 Tithi 21
521828573

Gulika 6:51AM - 8:26AM
Yama 2:47PM - 4:22PM
Rahu 10:01AM - 11:37AM

Kritika Until 11:31PM
Harshana Until 12:01AM Sat
Gara Until 10:09AM
Shashthi* Until 8:52PM

Ganesha: Blue
Muruga: Blue
Nataraja: White
Moon - White

Sunrise: 5:16AM
Sunset: 5:57PM
Moon B - Phase 21 - 4
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 11:31PM
Then Routine Work - Marana Yoga

4

Saturday, September 13, 2025

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Manu Vasara Yukatayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saplamam Titau

Portland, ME Sun 5

Sutra 153

Vivavasu 5:127

Wishabha Rasi: 13.46 Tithi 22
531828573

Gulika 5:17AM - 6:52AM
Yama 1:11PM - 2:46PM
Rahu 8:27AM - 10:01AM

Rohini Until 10:10PM
Vajra* Until 9:04PM
Visti Until 7:42AM
Saplami Until 6:34PM

Ganesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow

Sunrise: 5:17AM
Sunset: 5:55PM
Moon B - Phase 21 - 5
1st Phase

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 10:10PM
Then Creative Work - Siddha Yoga

5

Sunday, September 14, 2025

Retreat Star

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bharu Vasara Yukatayam
Mrigashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashlami/Navamam Titau

Portland, ME Sun 6

Sutra 154

Vivavasu 5:127

Wishabha Rasi: 27.55 Tithi 23 - 24
531828573

Gulika 2:44PM - 4:19PM
Yama 11:36AM - 1:10PM
Rahu 4:19PM - 5:53PM

Mrigashira Until 9:01PM
Siddhi Until 6:24PM
Taila Until 3:48AM Mon
Ashlami* Until 4:37PM

Ganesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow

Sunrise: 5:19AM
Sunset: 5:53PM
Moon B - Phase 21 - 6
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 4:37PM
Then Creative Work - Siddha Yoga

Monday, September 15, 2025

Retreat Star

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukatayam
Ardra Nakshatra Vyalipata*/Varjan Yoga Gara/Vanija Karana Navami/Dashamam Titau

Portland, ME Sun 7

Sutra 155

Vivavasu 5:127

Mithuna Rasi: 11.5 Tithi 24 - 25
531828573

Gulika 1:09PM - 2:43PM
Yama 10:02AM - 11:35AM
Rahu 6:54AM - 8:28AM

Ardra Until 8:08PM
Vyalipata* Until 4:05PM
Vanija Until 2:26AM Tue
Navami* Until 3:03PM

Ganesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow

Sunrise: 5:20AM
Sunset: 5:51PM
Moon B - Phase 21 - 7
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 8:08PM
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Tuesday, September 16, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mangala Vesara Yukhtayam Panavasu Nakshatra Vartiyam/Parigha* Yoga Visti/Bava Karana Dashami/Ekadashtyam Titau				Portland, ME Sun 8	Sutra 156	
	Mithuna Rasi: 25.3	TITHI 25 – 26	Gulika 11:35AM – 1:09PM Yama 8:29AM – 10:02AM Rahu 2:42PM – 4:16PM	Purnavasu Until 7:56PM Vartiyam Until 2:04PM Bava Until 1:30AM Wed Dashami Until 1:54PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:21AM Sunset: 5:49PM	Moon 8 - Phase 22 - 8 2nd Phase	Sivaloka Day	
Creative Work		Siddha Yoga							

2	Wednesday, September 17, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Budha Vesara Yukhtayam Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 9	Sutra 157	
	Kalka Rasi: 8.55	TITHI 26 – 27	Gulika 10:02AM – 11:35AM Yama 6:55AM – 8:28AM Rahu 11:35AM – 1:08PM	Pushya Until 8:02PM Parigha* Until 12:24PM Kaulava Until 1:00AM Thu Ekadashi* Until 1:11PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:22AM Sunset: 5:48PM	Moon 8 - Phase 22 - 9 2nd Phase	Sivaloka Day	
Creative Work		Siddha Yoga							

3	Thursday, September 18, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Guru Vesara Yukhtayam Ashlesha* Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 10	Sutra 158	
	Kalka Rasi: 22.06	TITHI 27 – 28	Gulika 8:29AM – 10:02AM Yama 5:23AM – 6:56AM Rahu 1:07PM – 2:40PM	Ashlesha* Until 8:25PM Shiva Until 11:07AM Gara Until 12:58AM Fri Dvadashi* Until 12:54PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:23AM Sunset: 5:46PM	Moon 8 - Phase 22 - 10 2nd Phase	Sivaloka Day	
Creative Work		Siddha Yoga							
Until 8:25PM									
Then Creative Work - Amrita Yoga									

4	Friday, September 19, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Sukra Vesara Yukhtayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 11	Sutra 159	
	Simha Rasi: 5.03	TITHI 28 – 29	Gulika 6:57AM – 8:29AM Yama 2:39PM – 4:11PM Rahu 10:02AM – 11:34AM	Magha* Until 9:34PM Siddha Until 10:09AM Visti Until 1:24AM Sat Trayodashi* Until 1:06PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:24AM Sunset: 5:44PM	Moon 8 - Phase 22 - 11 2nd Phase	Sivaloka Day	
Routine Work		Marana Yoga							
Until 9:34PM									
Then Creative Work - Siddha Yoga									

●	Saturday, September 20, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mania Vesara Yukhtayam Purvaphalguni Nakshatra Sadha/Sukla Yoga Sakuri/Catupadi* Karana Chaturdashmi/Amavasyayam Titau				Portland, ME Sun 12	Sutra 160	
	Retreat Star		Gulika 5:25AM – 6:57AM Yama 1:06PM – 2:38PM Rahu 8:29AM – 10:02AM	Purvaphalguni Until 11:00PM Sadhya Until 9:34AM Catupadi Until 2:17AM Sun Chaturdashi* Until 1:46PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:25AM Sunset: 5:42PM	Moon 8 - Phase 22 - 12 Amavasya	Sivaloka Day	
Creative Work		Siddha Yoga							
Until 11:00PM		Mahalaya Amavasya (Tamil Nadu)							
Then Routine Work - Marana Yoga									

●	Sunday, September 21, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Shrau Vesara Yukhtayam Uttaraphalguni Nakshatra Sadha/Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME Sun 13	Sutra 161	
	Retreat Star		Gulika 2:37PM – 4:09PM Yama 11:33AM – 1:05PM Rahu 4:09PM – 5:40PM	Uttaraphalguni Until 12:44AM Mon Sadha Until 9:22AM Kintughna Until 3:39AM Mon Amavasya* Until 2:53PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:26AM Sunset: 5:40PM	Moon 8 - Phase 22 - 13 Prathama	Sivaloka Day	
Creative Work		Amrita Yoga							
Until 12:44AM Mon		Navaratri Begins							
Then Creative Work - Siddha Yoga									

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1	Monday, September 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Portland, ME Sun 14	Sutra 162 Vasavasu 5127
	Kanya Rasi: 12.35 Family Home Evening Creative Work	Tilthi 1 – 2 Siddha Yoga	Gulika 1:04PM – 2:36PM Yama 10:02AM – 11:33AM Rahu 6:59AM – 8:30AM	Hasla Untill 3:11AM Tue Sukla Untill 9:29AM Balava Untill 5:25AM Tue Prathama* Untill 4:28PM	Ganesh: Red Muruga: Blue Nataraja: White Moon – Green	Sunrise: 5:27AM Sunset: 5:38PM	Moon 8 - Phase 23 - 14 3rd Phase	Subha Sivaloka Day

2	Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Titau				Portland, ME Sun 15	Sutra 163 Vasavasu 5127
	Kanya Rasi: 24.44 Creative Work	Tilthi 2 Siddha Yoga	Gulika 11:33AM – 1:04PM Yama 8:31AM – 10:02AM Rahu 2:35PM – 4:06PM	Chitra Untill 5:49AM Wed Brahma Untill 9:54AM Kaulava Untill 6:25PM Dvitiya Untill 6:25PM	Ganesh: Red Muruga: Blue Nataraja: White Moon – Green	Sunrise: 5:29AM Sunset: 5:37PM	Moon 8 - Phase 23 - 15 3rd Phase	Subha Sivaloka Day

3	Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Titau				Portland, ME Sun 16	Sutra 164 Vasavasu 5127
	Tula Rasi: 6.44 Creative Work	Tilthi 3 Siddha Yoga	Gulika 10:02AM – 11:32AM Yama 7:00AM – 8:31AM Rahu 11:32AM – 1:03PM	Svati Untill 8:31AM Thu Indra Untill 10:36AM Talila Untill 7:32AM Tritiya Untill 8:40PM	Ganesh: Red Muruga: Blue Nataraja: White Moon – Green	Sunrise: 5:30AM Sunset: 5:35PM	Moon 8 - Phase 23 - 16 3rd Phase	Subha Sivaloka Day

4	Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Svati/Vishkha Nakshatra Vaidhiti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturthayam Titau				Portland, ME Sun 17	Sutra 165 Vasavasu 5127
	Tula Rasi: 18.4 Creative Work Untill 8:31AM Then Creative Work	Tilthi 4 Amrita Yoga Siddha Yoga	Gulika 8:31AM – 10:02AM Yama 5:31AM – 7:01AM Rahu 1:02PM – 2:32PM	Svati Untill 8:31AM Vaidhiti* Untill 11:26AM Vanija Untill 9:54AM Chaturthi* Untill 11:06PM	Ganesh: Red Muruga: Blue Nataraja: White Moon – Green	Sunrise: 5:31AM Sunset: 5:38PM	Moon 8 - Phase 23 - 17 3rd Phase	Subha Sivaloka Day

5	Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Vishkha/Anuradha Nakshatra Vishkambha*/Pihli Yoga Bava/Balava Karana Panchmayam Titau				Portland, ME Sun 18	Sutra 166 Vasavasu 5127
	Vishkha Rasi: 0.31 Creative Work	Tilthi 5 Siddha Yoga	Gulika 7:02AM – 8:32AM Yama 2:31PM – 4:01PM Rahu 10:02AM – 11:32AM	Vishkha Untill 11:40AM Vishkambha* Untill 12:21PM Bava Untill 12:22PM Panchami Untill 1:35AM Sat	Ganesh: Blue Muruga: Blue Nataraja: White Moon – Orange	Sunrise: 5:33AM Sunset: 5:39PM	Moon 8 - Phase 23 - 18 3rd Phase	Subha Subha Sivaloka Day

6	Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Mula* Nakshatra Anuradha/Pihli/Ayushman Yoga Kaulava/Karana Karana Shashthiyam Titau				Portland, ME Sun 19	Sutra 167 Vasavasu 5127
	Vishkha Rasi: 12.23 Creative Work	Tilthi 6 Siddha Yoga	Gulika 5:33AM – 7:03AM Yama 1:01PM – 2:30PM Rahu 8:32AM – 10:02AM	Anuradha Untill 2:37PM Pihli Untill 1:16PM Kaulava Untill 2:48PM Shashthi* Untill 3:56AM Sun	Ganesh: Red Muruga: Blue Nataraja: White Moon – Orange	Sunrise: 5:33AM Sunset: 5:39PM	Moon 8 - Phase 23 - 19 3rd Phase	Subha Sivaloka Day

Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Brihana Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Sapthmayam Titau				Portland, ME Sun 20	Sutra 168 Vasavasu 5127
Retreat Star		Gulika 2:29PM – 3:58PM Yama 11:31AM – 1:00PM Rahu 3:58PM – 5:28PM	Jyeshtha* Untill 5:12PM Ayushman Untill 2:00PM Gara Untill 5:02PM Saptami Untill 6:00AM Mon	Ganesh: Green Muruga: Blue Nataraja: White Moon – Orange	Sunrise: 5:34AM Sunset: 5:39PM	Moon 8 - Phase 23 - 20 3rd Phase	Sivaloka Day
Vishkha Rasi: 24.18 Routine Work Untill 5:12PM Then Creative Work	Marana Yoga Amrita Yoga	Tilthi 7					

D	Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visli* Karana Sapthami/Ashthmayam Titau				Portland, ME Sun 21	Sutra 169 Vasavasu 5127
	Dhanu Rasi: 6.2 Family Home Evening Creative Work Untill 7:45PM Then Routine Work	Tilthi 7 – 8 Siddha Yoga Marana Yoga	Gulika 12:59PM – 2:28PM Yama 10:02AM – 11:31AM Rahu 7:04AM – 8:33AM	Mula* Untill 7:45PM Saubhagya Untill 2:28PM Visli Untill 6:52PM Saptami Untill 6:00AM	Ganesh: Red Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:35AM Sunset: 5:39PM	Moon 8 - Phase 23 - 21 Ashtami	Subha Sivaloka Day

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamayam Titau				Portland, ME Sun 22	Sutra 170 Vasavasu 5127
Retreat Star		Gulika 11:30AM – 12:59PM Yama 8:33AM – 10:02AM Rahu 2:27PM – 3:56PM	Purvashadha* Untill 9:35PM Sobhana Untill 2:32PM Balava Untill 8:09PM Ashlami* Untill 7:34AM	Ganesh: Red Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:37AM Sunset: 5:39PM	Moon 8 - Phase 23 - 22 Navami	Subha Sivaloka Day
Dhanu Rasi: 18.34 Creative Work Untill 9:35PM Then Routine Work	Siddha Yoga Prabalarishla Yoga	Tilthi 8 – 9					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantram 1502

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1		Wednesday, October 1, 2025		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kaula/Taila Karana Navami/Dashmyam Titau		Portland, ME Sun 23
Makara Rasi: 1.05	Tithi 9 - 10	Gulika 10:02AM - 11:30AM	Uttarashada Until 10:34PM	Ganesh: Red	Sunrise: 5:38AM	Vivarasu 5:127
		Yama 7:06AM - 8:34AM	Alhiganda* Until 2:03PM	Muruga: Blue	Sunset: 5:29PM	Moon 8 - Phase 24 - 23
		Rahu 11:30AM - 12:58PM	Taila Until 8:44PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:31AM	Moon - Light Blue		Subha Sivaloka Day
Until 10:34PM				Ashvini/Purnima		
Then Creative Work	Siddha Yoga					

2		Thursday, October 2, 2025		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 24
Makara Rasi: 13.56	Tithi 10 - 11	Gulika 8:34AM - 10:02AM	Shravana Until 11:05PM	Ganesh: Blue	Sunrise: 5:39AM	Vivarasu 5:127
		Yama 5:39AM - 7:07AM	Sukarna Until 12:59PM	Muruga: Blue	Sunset: 5:29PM	Moon 8 - Phase 24 - 24
		Rahu 12:57PM - 2:25PM	Vanija Until 8:31PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:42AM	Moon - Purple		Sivaloka Day
				Ashvini/Purnima		

3		Friday, October 3, 2025		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 25
Makara Rasi: 27.11	Tithi 11 - 12	Gulika 7:07AM - 8:35AM	Dhanishtha Until 10:41PM	Ganesh: Blue	Sunrise: 5:40AM	Vivarasu 5:127
		Yama 2:24PM - 3:51PM	Dhriti Until 11:18AM	Muruga: Blue	Sunset: 5:19PM	Moon 8 - Phase 24 - 25
		Rahu 10:02AM - 11:29AM	Bava Until 7:30PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:05AM	Moon - Purple		Sivaloka Day
				Ashvini/Purnima		

4		Saturday, October 4, 2025		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Taila Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26
Makara Rasi: 10.53	Tithi 12 - 13	Gulika 5:41AM - 7:09AM	Shatabhishak Until 9:24PM	Ganesh: Blue	Sunrise: 5:41AM	Vivarasu 5:127
		Yama 12:56PM - 2:23PM	Shula* Until 8:58AM	Muruga: Blue	Sunset: 5:17PM	Moon 8 - Phase 24 - 26
		Rahu 8:35AM - 10:02AM	Taila Until 4:36AM Sun	Nataraja: White		4th Phase
Creative Work	Amrita Yoga	Kadalswami Mahasamadi	Dvadashi Until 6:42AM	Moon - Purple		Sivaloka Day
Until 9:24PM				Ashvini/Purnima		
Then Routine Work	Marana Yoga			Pradosha Vata		

5		Sunday, October 5, 2025		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Bhanu Vasara Yuktayam Purvashrothapada* Nakshatra Ganda*Widdhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, ME Sun 27
Makara Rasi: 25.01	Tithi 14	Gulika 2:22PM - 3:48PM	Purvashrothapada* Until 7:47PM	Ganesh: White	Sunrise: 5:42AM	Vivarasu 5:127
		Yama 11:29AM - 12:55PM	Ganda* Until 6:05AM	Muruga: Blue	Sunset: 5:15PM	Moon 8 - Phase 24 - 27
		Rahu 3:48PM - 5:15PM	Gara Until 3:21PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Chaturdashi* Until 1:56AM Mon	Moon - Clear		Sivaloka Day
Until 7:47PM				Ashvini/Purnima		
Then Creative Work	Amrita Yoga					

Monday, October 6, 2025		Copper Retreat Star		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vasara Yuktayam Uttarashrothapada/Revati Nakshatra Dhruva*Yoga Visi/Bava Karana Purnimayam Titau		Portland, ME Sun 28
Meena Rasi: 9.33	Tithi 15	Gulika 12:55PM - 2:21PM	Uttarashrothapada Until 5:33PM	Ganesh: Clear	Sunrise: 5:43AM	Vivarasu 5:127
Family Home Evening		Yama 10:02AM - 11:28AM	Dhruva Until 11:02PM	Muruga: Blue	Sunset: 5:13PM	Moon 8 - Phase 24 - Purnima
		Rahu 7:10AM - 8:36AM	Visi Until 12:26PM	Nataraja: White		
Creative Work	Siddha Yoga		Purnima* Until 10:49PM	Moon - Clear		Subha Sivaloka Day
				Ashvini/Purnima		

Tuesday, October 7, 2025		Silver Retreat Star		Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Krishna Pakche Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 29
Meena Rasi: 24.23	Tithi 16	Gulika 11:28AM - 12:54PM	Revati Until 2:52PM	Ganesh: Clear	Sunrise: 5:45AM	Vivarasu 5:127
		Yama 8:36AM - 10:02AM	Vyaghala* Until 7:06PM	Muruga: Blue	Sunset: 5:12PM	Moon 8 - Phase 24 - Prathama
		Rahu 2:20PM - 3:46PM	Balava Until 9:10AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 7:26PM	Moon - Clear		Sivaloka Day
				Ashvini/Purnima		

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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Wednesday, October 8, 2025

Gold Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Vasara Yuktayam
Ashvini/Bharani Nakshatra Hanbhava/Vajra* Yoga Gara/Vanija Karana Daitiya/Tritiyayam Tilau

Portland, ME
Sun 1
Sutra 178
Visvarasu 5:127
Moon 9 - Phase 25 - 1
1st Phase

Mesha Rasi: 9.23 Tithi 17 - 18

Gulika 10:02AM - 11:28AM
Yama 7:11AM - 8:37AM
Rahu 11:28AM - 12:53PM

Ashvini Until 12:17PM
Harsihana Until 3:05PM
Vanija Until 2:12AM Thu
Dvitiya Until 3:56PM

Ganesh: White
Muruga: Blue
Nataraja: Clear
Moon - White

Sunrise: 5:46AM
Sunset: 5:10PM

Subha Sivaloka Day

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

1 Thursday, October 9, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Tilau

Portland, ME
Sun 2
Sutra 179
Visvarasu 5:127
Moon 9 - Phase 25 - 2
1st Phase

Mesha Rasi: 24.25 Tithi 18 - 19

Gulika 8:37AM - 10:02AM
Yama 5:47AM - 7:12AM
Rahu 12:53PM - 2:18PM

Bharani Until 9:35AM
Vajra* Until 11:04AM
Bava Until 10:49PM
Tritiya Until 12:28PM

Ganesh: White
Muruga: Blue
Nataraja: Clear
Moon - White

Sunrise: 5:47AM
Sunset: 5:08PM

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 9:35AM
Then Routine Work - Marana Yoga

2 Friday, October 10, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyolipala* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Portland, ME
Sun 3
Sutra 180
Visvarasu 5:127
Moon 9 - Phase 25 - 3
1st Phase

Wishabha Rasi: 9.2 Tithi 19 - 20

Gulika 7:13AM - 8:38AM
Yama 2:17PM - 3:42PM
Rahu 10:02AM - 11:27AM

Krittika Until 6:55AM
Siddhi Until 7:13AM
Kaulava Until 7:42PM
Chaturthi* Until 9:12AM

Ganesh: White
Muruga: Blue
Nataraja: Clear
Moon - White

Sunrise: 5:48AM
Sunset: 5:06PM

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:55AM
Then Routine Work - Marana Yoga

3 Saturday, October 11, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manita Vasara Yuktayam
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Sashthyam Tilau

Portland, ME
Sun 4
Sutra 181
Visvarasu 5:127
Moon 9 - Phase 25 - 4
1st Phase

Wishabha Rasi: 24.01 Tithi 20 - 21

Gulika 5:49AM - 7:14AM
Yama 12:51PM - 2:16PM
Rahu 8:38AM - 10:03AM

Mrigashira Until 3:07AM Sun
Varjyan Until 12:25AM Sun
Vanija Until 3:48AM Sun
Panchami Until 6:16AM

Ganesh: Yellow
Muruga: Blue
Nataraja: Clear
Moon - Yellow

Sunrise: 5:49AM
Sunset: 5:05PM

Sivaloka Day

Creative Work Siddha Yoga
Until 9:35AM

4 Sunday, October 12, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam
Ardra Nakshatra Parigaha* Yoga Visli*/Bava Karana Sapthamyam Tilau

Portland, ME
Sun 5
Sutra 182
Visvarasu 5:127
Moon 9 - Phase 25 - 5
1st Phase

Mithuna Rasi: 8.22 Tithi 22

Gulika 2:15PM - 3:39PM
Yama 11:27AM - 12:51PM
Rahu 3:39PM - 5:03PM

Ardra Until 1:47AM Mon
Parigaha* Until 9:39PM
Visli Until 2:48PM
Saptami Until 1:54AM Mon

Ganesh: Yellow
Muruga: Blue
Nataraja: Clear
Moon - Yellow

Sunrise: 5:51AM
Sunset: 5:03PM

Sivaloka Day

Creative Work Siddha Yoga
Until 1:47AM Mon
Then Creative Work - Amrita Yoga

Monday, October 13, 2025

Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Tilau

Portland, ME
Sun 6
Sutra 183
Visvarasu 5:127
Moon 9 - Phase 25 - 6
Ashtami

Mithuna Rasi: 22.2 Tithi 23

Gulika 12:50PM - 2:14PM
Yama 10:03AM - 11:27AM
Rahu 7:15AM - 8:39AM

Punarvasu Until 1:21AM Tue
Shiva Until 7:23PM
Balava Until 1:12PM
Ashlami* Until 12:38AM Tue

Ganesh: Blue
Muruga: Blue
Nataraja: Clear
Moon - Blue

Sunrise: 5:52AM
Sunset: 5:01PM

Subha Sivaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 1:21AM Tue
Then Creative Work - Siddha Yoga

Tuesday, October 14, 2025

Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamyam Tilau

Portland, ME
Sun 7
Sutra 184
Visvarasu 5:127
Moon 9 - Phase 25 - 7
Navami

Kataka Rasi: 5.55 Tithi 24

Gulika 11:26AM - 12:50PM
Yama 8:40AM - 10:03AM
Rahu 2:13PM - 3:36PM

Pushya Until 1:26AM Wed
Siddha Until 5:37PM
Talila Until 12:15PM
Navami* Until 12:01AM Wed

Ganesh: Blue
Muruga: Blue
Nataraja: Clear
Moon - Blue

Sunrise: 5:53AM
Sunset: 5:00PM

Subha Sivaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	Wednesday, October 15, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Karya Mase Krishna Paksho Budha Vasara Yuktayam Ashlesha Nakshatra Sadhya/Subha Yoga Vanija/Visi Karana Dushyamam Titau				Portland, ME Sutra 185
	Kataka Rasi: 19.08	Tithi 25	Gulika 10:03AM - 11:26AM Yama 7:17AM - 8:40AM 643928574	Rahu 11:26AM - 12:49PM	Ashlesha* Until 1:59AM Thu Sadhya Until 4:23PM Vanija Until 11:58AM Dashami Until 12:03AM Thu	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Blue	Sun 8 Sunrise: 5:54AM Sunset: 4:58PM Moon 9 - Phase 26 - 8 2nd Phase
Creative Work Siddha Yoga Until 1:59AM Thu Then Creative Work - Amrita Yoga							Subha Sivaloka Day

2	Thursday, October 16, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam Magha Nakshatra Sadhya/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME Sutra 186
	Simha Rasi: 2.02	Tithi 26	Gulika 8:41AM - 10:03AM Yama 5:55AM - 7:18AM 653928574	Rahu 12:48PM - 2:11PM	Magha* Until 3:25AM Fri Subha Until 3:38PM Bava Until 12:19PM Ekadashi* Until 12:40AM Fri	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sun 9 Sunrise: 5:54AM Sunset: 4:56PM Moon 9 - Phase 26 - 9 2nd Phase
Creative Work Amrita Yoga Until 3:25AM Fri Then Creative Work - Siddha Yoga							Sivaloka Day

3	Friday, October 17, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashyam Titau				Portland, ME Sutra 187
	Simha Rasi: 14.4	Tithi 27	Gulika 7:19AM - 8:41AM Yama 2:10PM - 3:32PM 653928574	Rahu 10:03AM - 11:26AM	Purvaphalguni Until 5:10AM Sat Sukla Until 3:16PM Kaulava Until 1:12PM Dvadashi* Until 1:49AM Sat	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sun 10 Sunrise: 5:57AM Sunset: 4:59PM Moon 9 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 5:10AM Sat Then Routine Work - Marana Yoga							Sivaloka Day

4	Saturday, October 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Marta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sutra 188
	Simha Rasi: 27.05	Tithi 28	Gulika 5:58AM - 7:20AM Yama 12:47PM - 2:09PM 653928574	Rahu 8:42AM - 10:04AM	Uttaraphalguni Until 7:10AM Sun Brahma Until 3:17PM Gara Until 2:34PM Trayodashi* Until 3:23AM Sun	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sun 11 Sunrise: 5:58AM Sunset: 4:59PM Moon 9 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:10AM Sun Then Creative Work - Amrita Yoga							Sivaloka Day

5	Sunday, October 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shrua Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhri Yoga Visi/Sakuni Karana Chaturdashyam Titau				Portland, ME Sutra 189
	Kanya Rasi: 9.19	Tithi 29	Gulika 2:08PM - 3:30PM Yama 11:25AM - 12:47PM 653928574	Rahu 3:30PM - 4:51PM	Uttaraphalguni Until 7:10AM Indra Until 3:35PM Visi Until 4:19PM Chaturdashi* Until 5:18AM Mon	Ganesha: Red Muruga: Blue Nataraja: Clear Moon - Red	Sun 12 Sunrise: 5:59AM Sunset: 4:59PM Moon 9 - Phase 26 - 12 2nd Phase
Creative Work Amrita Yoga Until 9:48AM Then Routine Work - Prabarashita Yoga			Deepavali Hindu Solidarity Day				Sivaloka Day

Monday, October 20, 2025	Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhri/Vishkambha Yoga Catuspada* Karana Amavasyayam Titau				Portland, ME Sutra 190
	Kanya Rasi: 21.25	Tithi 30	Gulika 12:46PM - 2:07PM Yama 10:04AM - 11:25AM 664928574	Rahu 7:22AM - 8:43AM	Hasla Until 9:48AM Vaidhri* Until 4:06PM Catuspada Until 6:22PM Amavasya* Until 7:28AM Tue	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Green	Sun 13 Sunrise: 6:00AM Sunset: 4:59PM Moon 9 - Phase 26 - 13 Amavasya
Family Home Evening Creative Work Siddha Yoga Until 9:48AM Then Routine Work - Prabarashita Yoga			Subramuniyaswami Mahasamadhi				Devaloka Day

Tuesday, October 21, 2025	Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Chitra/Sukla Nakshatra Vishkambha/Phal Yoga Naga/Kinughna Karana Amavasya/Prathamayam Titau				Portland, ME Sutra 191
	Tula Rasi: 3.25	Tithi 30 - 1	Gulika 11:25AM - 12:46PM Yama 8:43AM - 10:04AM 664928574	Rahu 2:07PM - 3:27PM	Chitra Until 12:31PM Vishkambha* Until 4:48PM Kinughna Until 8:39PM Amavasya* Until 7:28AM	Ganesha: Blue Muruga: Blue Nataraja: Clear Moon - Green	Sun 14 Sunrise: 6:03AM Sunset: 4:59PM Moon 9 - Phase 26 - 14 Prathama
Creative Work Siddha Yoga			Skanda Shasthi Begins				Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Wednesday, October 22, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Tilau				Portland, ME Sun 15	Sutra 192 Vasavasa 5127
	Tula Rasi: 15.2	Tilhi 1 – 2	Gulika 10:04M – 11:25AM Yama 7:23AM – 8:44AM Rahu 11:25AM – 12:45PM	Svali Until 3:14PM Priti Until 5:38PM Balava Until 11:05PM Prathama* Until 9:50AM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Green	Sunrise: 6:03AM Sunset: 4:47PM	Moon 9 - Phase 27 – 15 3rd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM

2	Thursday, October 23, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Portland, ME Sun 16	Sutra 193 Vasavasa 5127
	Tula Rasi: 27.13	Tilhi 2 – 3	Gulika 8:44AM – 10:04M Yama 6:04AM – 7:24AM Rahu 12:45PM – 2:05PM	Vishkha Until 6:22PM Ayushman Until 6:30PM Taila Until 1:36AM Fri Dvitiya Until 12:19PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:04AM Sunset: 4:49PM	Moon 9 - Phase 27 – 16 3rd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM

3	Friday, October 24, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Vishkha Nakshatra Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Portland, ME Sun 17	Sutra 194 Vasavasa 5127
	Wisikha Rasi: 9.04	Tilhi 3 – 4	Gulika 7:25AM – 8:45AM Yama 6:04AM – 7:24AM Rahu 10:05AM – 11:24AM	Anuradha Until 9:21PM Saubhagya Until 7:24PM Vanija Until 4:06AM Sat Tritiya Until 2:50PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:05AM Sunset: 4:49PM	Moon 9 - Phase 27 – 17 3rd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM

4	Saturday, October 25, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Visi/Bava Karana Chaturthi/Panchamyam Tilau				Portland, ME Sun 18	Sutra 195 Vasavasa 5127
	Wisikha Rasi: 20.56	Tilhi 4 – 5	Gulika 6:07AM – 7:26AM Yama 2:04PM – 3:24PM Rahu 8:45AM – 10:05AM	Jyeshtha* Until 12:05AM Sun Sobhana Until 8:14PM Bava Until 6:29AM Sun Chaturthi* Until 5:17PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:07AM Sunset: 4:49PM	Moon 9 - Phase 27 – 18 3rd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM

5	Sunday, October 26, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Alhiganda* Yoga Kaulava/Taila Karana Shashthiyam Tilau				Portland, ME Sun 19	Sutra 196 Vasavasa 5127
	Dhanus Rasi: 2.51	Tilhi 5	Gulika 2:02PM – 3:22PM Yama 11:24AM – 12:43PM Rahu 3:22PM – 4:41PM	Mula* Until 2:55AM Mon Alhiganda* Until 8:54PM Bava Until 6:29AM Panchami Until 7:33PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:08AM Sunset: 4:49PM	Moon 9 - Phase 27 – 19 3rd Phase	Devaloka Day

6	Monday, October 27, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purnvashada* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Tilau				Portland, ME Sun 20	Sutra 197 Vasavasa 5127
	Dhanus Rasi: 14.52	Tilhi 6	Gulika 12:43PM – 2:02PM Yama 10:05AM – 11:24AM Rahu 7:28AM – 8:47AM	Purnvashada* Until 5:14AM Tue Sukarma Until 9:19PM Kaulava Until 8:36AM Shashthi* Until 9:29PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:09AM Sunset: 4:49PM	Moon 9 - Phase 27 – 20 3rd Phase	Devaloka Day

Retreat Star	Tuesday, October 28, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashada Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Tilau				Portland, ME Sun 21	Sutra 198 Vasavasa 5127
	Dhanus Rasi: 27.03	Tilhi 7	Gulika 11:24AM – 12:43PM Yama 8:47AM – 10:06AM Rahu 2:01PM – 3:19PM	Uttarashada Until 6:51AM Wed Dhriti Until 9:22PM Gara Until 10:17AM Saptami Until 10:54PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:10AM Sunset: 4:38PM	Moon 9 - Phase 27 – 21 3rd Phase	Devaloka Day

Retreat Star	Wednesday, October 29, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashada/Shravana Nakshatra Shula* Yoga Visi/Bava Karana Ashtamyam Tilau				Portland, ME Sun 22	Sutra 199 Vasavasa 5127
	Makara Rasi: 9.28	Tilhi 8	Gulika 10:06AM – 11:24AM Yama 7:30AM – 8:48AM Rahu 11:24AM – 12:42PM	Uttarashada Until 6:51AM Shula* Until 8:52PM Visi Until 11:24AM Ashlami* Until 11:39PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:12AM Sunset: 4:39PM	Moon 9 - Phase 27 – 22 Ashtami	Devaloka Day

Retreat Star	Thursday, October 30, 2025		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Uttarashada/Shravana Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Tilau				Portland, ME Sun 23	Sutra 200 Vasavasa 5127
	Makara Rasi: 22.11	Tilhi 9	Gulika 8:48AM – 10:06AM Yama 6:13AM – 7:31AM Rahu 12:42PM – 1:59PM	Shravana Until 8:06AM Ganda* Until 7:47PM Balava Until 11:45AM Navami* Until 11:37PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple	Sunrise: 6:13AM Sunset: 4:39PM	Moon 9 - Phase 27 – 23 Navami	Bhuloka Day Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Friday, October 31, 2025		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Suktara Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Vidzhi Yoga Talila/Gara Karana Dashantayam Tilau				Portland, ME Sun 24	Sutra 201
	Kumbha Rasi: 5.2	Tithi 10	Gulika 7:32AM - 8:49AM Yama 1:59PM - 3:16PM Rahu 10:06AM - 11:24AM	Dhanishtha Untill 8:23AM Viddhi Untill 6:04PM Taitilla Untill 11:18AM Dashami Untill 10:44PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - Purple	Sunrise: 6:14AM Sunset: 4:34PM	Moon 9 - Phase 2B - 24 4th Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work	Siddha Yoga	694138574			Kartika-Ajaya			

2	Saturday, November 1, 2025		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Menta Vasara Yukhtayam Shatabhishak/Puravroshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashyam Tilau				Portland, ME Sun 25	Sutra 202
	Kumbha Rasi: 18.55	Tithi 11	Gulika 6:16AM - 7:33AM Yama 12:41PM - 1:58PM Rahu 8:50AM - 10:07AM	Shatabhishak Untill 7:42AM Dhruva Untill 3:39PM Vanija Untill 10:00AM Ekadashi Untill 9:02PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Purple	Sunrise: 6:16AM Sunset: 4:29PM	Moon 9 - Phase 2B - 25 4th Phase	Devaloka Day
Creative Work	Amrita Yoga	695138574			Kartika-Ajaya			
Then Routine Work	Marana Yoga							

3	Sunday, November 2, 2025		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhana Vasara Yukhtayam Puravroshthapada/Ultravroshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashyam Tilau				Portland, ME Sun 26	Sutra 203
	Meena Rasi: 3	Tithi 12	Gulika 1:57PM - 3:14PM Yama 11:24AM - 12:41PM Rahu 3:14PM - 4:31PM	Puravroshthapada Untill 6:33AM Vyaghata Untill 12:39PM Bava Untill 7:55AM Dvadashi Untill 6:36PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 6:17AM Sunset: 4:31PM	Moon 9 - Phase 2B - 26 4th Phase	Devaloka Day
Creative Work	Siddha Yoga	615138574			Kartika-Ajaya			
Untill 6:33AM								
Then Creative Work	Amrita Yoga							

4	Monday, November 3, 2025		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yukhtayam Revati Nakshatra Harshana/Vajra Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Portland, ME Sun 27	Sutra 204
	Meena Rasi: 17.32	Tithi 13 - 14	Gulika 12:40PM - 1:57PM Yama 10:07AM - 11:24AM Rahu 7:35AM - 8:51AM	Revati Untill 1:55AM Tue Harshana Untill 9:08AM Gara Untill 1:54AM Tue Trayodashi Untill 3:34PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 6:18AM Sunset: 4:30PM	Moon 9 - Phase 2B - 27 4th Phase	Devaloka Day
Creative Work	Siddha Yoga	615138574			Kartika-Ajaya			
Family Home Evening								
Then Creative Work								

O	Tuesday, November 4, 2025		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yukhtayam Ashvini Nakshatra Siddhi Yoga Vanija/Visi Karana Chaturdashi/Purnimayam Tilau				Portland, ME Sun 28	Sutra 205
	Mesha Rasi: 2.28	Tithi 14 - 15	Gulika 11:24AM - 12:40PM Yama 8:52AM - 10:08AM Rahu 1:56PM - 3:12PM	Ashvini Untill 11:10PM Siddhi Untill 12:58AM Wed Visi Untill 10:16PM Chaturdashi Untill 12:06PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - White	Sunrise: 6:19AM Sunset: 4:28PM	Moon 9 - Phase 2B - Purnima	Sivaloka Day
Creative Work	Siddha Yoga	625138574			Kartika-Ajaya			

W	Wednesday, November 5, 2025		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yukhtayam Bharani Nakshatra Vyalpala Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Portland, ME Sun 29	Sutra 206
	Mesha Rasi: 17.4	Tithi 15 - 16	Gulika 10:08AM - 11:24AM Yama 7:37AM - 8:52AM Rahu 11:24AM - 12:40PM	Bharani Untill 8:06PM Vyalpala Untill 8:37PM Balava Untill 6:26PM Purnima Untill 8:21AM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - White	Sunrise: 6:21AM Sunset: 4:27PM	Moon 9 - Phase 2B - Prathama	Sivaloka Day
Creative Work	Siddha Yoga	625138574			Kartika-Ajaya			
Untill 8:06PM								
Then Creative Work	Amrita Yoga							

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam
Kritika/Rohini Nakshatra Varjyam/Parigha* Yoga Talilla/Gara Karana Dvityayam Titau

Portland, ME

Sutra 207

Wishabha Rasi: 2.58 Tithi 17

Gulika 8:53AM - 10:09AM

Kritika Until 4:55PM

Ganesha: Clear Sunrise: 6:23AM

Vasavasu 5:17

Yama 6:22AM - 7:38AM

Varjyam Until 4:15PM

Murgu: Yellow Sunset: 4:26PM

Moon 10 - Phase 29 - 1st Phase

Routine Work Marana Yoga

735138574

Rahu 12:39PM - 1:55PM

Talilla Until 2:35PM

Nataraja: Clear

Moon - White

Dvitiya Until 12:42AM Fri

Kartika-Ajaya

Devaloka Day

1**Friday, November 7, 2025**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Shiva Yoga Vanija/Visi* Karana Trityayam Titau

Portland, ME

Sutra 208

Wishabha Rasi: 18.11 Tithi 18

Gulika 7:38AM - 8:54AM

Rohini Until 2:09PM

Ganesha: Purple Sunrise: 6:23AM

Sun 1

Yama 1:54PM - 3:09PM

Parigha* Until 12:02PM

Murgu: Yellow Sunset: 4:26PM

Moon 10 - Phase 29 - 1st Phase

Routine Work Marana Yoga

735138574

Rahu 10:09AM - 11:24AM

Vanija Until 10:54AM

Nataraja: Clear

Moon - Yellow

Trityiya Until 9:10PM

Kartika-Ajaya

Sivaloka Day

Then Creative Work Siddha Yoga

2**Saturday, November 8, 2025**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthyam Titau

Portland, ME

Sutra 209

Mihuna Rasi: 3.11 Tithi 19

Gulika 6:25AM - 7:39AM

Mrigashira Until 11:38AM

Ganesha: Purple Sunrise: 6:25AM

Sun 2

Yama 12:39PM - 1:54PM

Shiva Until 8:07AM

Murgu: Yellow Sunset: 4:26PM

Moon 10 - Phase 29 - 1st Phase

Creative Work Siddha Yoga

735138574

Rahu 8:54AM - 10:09AM

Bava Until 7:33AM

Nataraja: Clear

Moon - Yellow

Chalurthi* Until 6:02PM

Kartika-Ajaya

Sivaloka Day

3**Sunday, November 9, 2025**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Talilla/Gara Karana Panchami/Shashthyam Titau

Portland, ME

Sutra 210

Mihuna Rasi: 17.49 Tithi 20 - 21

Gulika 1:53PM - 3:08PM

Ardra Until 9:30AM

Ganesha: Purple Sunrise: 6:26AM

Sun 3

Yama 11:24AM - 12:39PM

Sadhya Until 1:35AM Mon

Murgu: Yellow Sunset: 4:26PM

Moon 10 - Phase 29 - 3 1st Phase

Creative Work Siddha Yoga

735138574

Rahu 3:08PM - 4:22PM

Gara Until 2:29AM Mon

Nataraja: Clear

Moon - Yellow

Panchami Until 3:29PM

Kartika-Ajaya

Sivaloka Day

4**Monday, November 10, 2025**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Portland, ME

Sutra 211

Kataka Rasi: 1.59 Tithi 21 - 22

Gulika 12:38PM - 1:53PM

Punarvasu Until 8:18AM

Ganesha: Clear Sunrise: 6:27AM

Sun 4

Family Home Evening

745138574

Rahu 7:41AM - 8:56AM

Subha Until 11:13PM

Murgu: Yellow Sunset: 4:27PM

Moon 10 - Phase 29 - 4 1st Phase

Creative Work Amrita Yoga

Until 8:18AM

Rahu 7:41AM - 8:56AM

Visi Until 1:02AM Tue

Nataraja: Clear

Moon - Blue

Shashthi* Until 1:38PM

Kartika-Ajaya

Devaloka Day

Then Creative Work Siddha Yoga

D**Tuesday, November 11, 2025****Retreat Star**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sutra 212

Kataka Rasi: 15.41 Tithi 22 - 23

Gulika 11:24AM - 12:38PM

Pushya Until 7:45AM

Ganesha: White Sunrise: 6:29AM

Sun 5

Yama 8:56AM - 10:10AM

Sukla Until 9:27PM

Murgu: Yellow Sunset: 4:29PM

Moon 10 - Phase 29 - 5

Creative Work Siddha Yoga

746138574

Rahu 1:52PM - 3:06PM

Balava Until 12:25AM Wed

Nataraja: Clear

Moon - Blue

Saptami Until 12:36PM

Kartika-Ajaya

Bhuloka Day

Devaloka Time: 3PM to 6PM

Wednesday, November 12, 2025**Retreat Star**Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam
Ashlesha*Magha* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Ashtamyam Titau

Portland, ME

Sutra 213

Kataka Rasi: 28.55 Tithi 23 - 24

Gulika 10:11AM - 11:24AM

Ashlesha* Until 7:51AM

Ganesha: White Sunrise: 6:30AM

Sun 6

Yama 7:43AM - 8:57AM

Brahma Until 8:22PM

Murgu: Yellow Sunset: 4:19PM

Moon 10 - Phase 29 - 6

Creative Work Siddha Yoga

746138574

Rahu 11:24AM - 12:38PM

Tailila Until 12:37AM Thu

Nataraja: Clear

Moon - Blue

Ashtami* Until 12:24PM

Kartika-Ajaya

Bhuloka Day

Devaloka Time: 3PM to 6PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmityam Titau		Portland, ME Sun 7	Sutra 214 Vasvasu 5127
Simha Rasi: 11.43	Tithi 24 – 25	Gulika 8:58AM – 10:11AM	Magha* Until 9:03AM	Ganesha: Yellow	Sunrise: 6:31AM		
		Yama 6:31AM – 7:44AM	Indra Until 7:53PM	Muruga: Yellow	Sunset: 4:18PM	Moon 10 - Phase 30 - 7	2nd Phase
Creative Work	Amrita Yoga	756138574 Rahu 12:38PM – 1:51PM	Vanija Until 1:35AM Fri	Nataraja: Clear			
Until 9:03AM			Navami* Until 1:00PM	Moan - Red			Devaloka Day
Then Creative Work - Siddha Yoga				Kartika/Kartika			

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vist/Bava Karana Dashami/Eladasi		Portland, ME Sun 8	Sutra 215 Vasvasu 5127
Simha Rasi: 24.12	Tithi 25 – 26	Gulika 7:45AM – 8:59AM	Purvaphalguni Until 10:47AM	Ganesha: Yellow	Sunrise: 6:22AM		
		Yama 1:51PM – 3:04PM	Vaidhri* Until 7:52PM	Muruga: Yellow	Sunset: 4:17PM	Moon 10 - Phase 30 - 8	2nd Phase
Creative Work	Siddha Yoga	756138574 Rahu 10:12AM – 11:25AM	Bava Until 3:10AM Sat	Nataraja: Clear			
			Dashami Until 2:17PM	Moan - Red			Devaloka Day
				Kartika/Kartika			

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 9	Sutra 216 Vasvasu 5127
Kanya Rasi: 6.26	Tithi 26 – 27	Gulika 6:34AM – 7:46AM	Uttaraphalguni Until 12:53PM	Ganesha: Yellow	Sunrise: 6:34AM		
		Yama 1:51PM – 3:04PM	Vishkamba* Until 8:15PM	Muruga: Yellow	Sunset: 4:16PM	Moon 10 - Phase 30 - 9	2nd Phase
Routine Work	Marana Yoga	756138574 Rahu 8:59AM – 10:12AM	Bava Until 5:13AM Sun	Nataraja: Clear			
			Ekadashi* Until 4:08PM	Moan - Red			Devaloka Day
				Kartika/Kartika			

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Pili Yoga Talila Karana Dvadashyam Titau		Portland, ME Sun 10	Sutra 217 Vasvasu 5127
Kanya Rasi: 18.29	Tithi 27	Gulika 1:50PM – 3:03PM	Hasta Until 3:42PM	Ganesha: Yellow	Sunrise: 6:25AM		
		Yama 11:25AM – 12:38PM	Pili Until 8:54PM	Muruga: Yellow	Sunset: 4:15PM	Moon 10 - Phase 30 - 10	2nd Phase
Creative Work	Amrita Yoga	766238575 Rahu 3:03PM – 4:15PM	Talila Until 6:20PM	Nataraja: Purple			
Until 3:42PM			Dvadashi* Until 6:20PM	Moan - Green			Sivaloka Day
Then Creative Work - Siddha Yoga				Kartika/Kartika			

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Indra Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 11	Sutra 218 Vasvasu 5127
Tula Rasi: 0.26	Tithi 28	Gulika 12:38PM – 1:50PM	Chitra Until 6:34PM	Ganesha: Yellow	Sunrise: 6:36AM		
		Yama 10:13AM – 11:25AM	Ayushman Until 9:40PM	Muruga: Yellow	Sunset: 4:14PM	Moon 10 - Phase 30 - 11	2nd Phase
Family Home Evening	Prabalarishta Yoga	766238575 Rahu 7:49AM – 9:01AM	Gara Until 7:33AM	Nataraja: Purple			
Routine Work	Until 6:34PM		Trayodashi* Until 8:46PM	Moan - Green			Sivaloka Day
Then Creative Work - Amrita Yoga				Kartika/Kartika			
				Pradosha Vata (Fasting)			

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vist/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 12	Sutra 219 Vasvasu 5127
Tula Rasi: 12.19	Tithi 29	Gulika 11:26AM – 12:38PM	Svati Until 9:21PM	Ganesha: Blue	Sunrise: 6:38AM		
		Yama 9:02AM – 10:14AM	Saubhagya Until 10:31PM	Muruga: Yellow	Sunset: 4:14PM	Moon 10 - Phase 30 - 12	2nd Phase
Creative Work	Siddha Yoga	767238575 Rahu 1:50PM – 3:02PM	Visti Until 10:02AM	Nataraja: Purple			
Until 9:21PM			Chaturdashi* Until 11:17PM	Moan - Green			Devaloka Day
Then Routine Work - Marana Yoga				Kartika/Kartika			

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Budha Vasara Yuktayam Vishaka Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Titau		Portland, ME Sun 13	Sutra 220 Vasvasu 5127
Retreat Star		Gulika 10:14AM – 11:26AM	Vishaka Until 12:29AM Thu	Ganesha: Blue	Sunrise: 6:39AM		
Tula Rasi: 24.11	Tithi 30	Yama 7:51AM – 9:02AM	Sobhana Until 11:24PM	Muruga: Yellow	Sunset: 4:13PM	Moon 10 - Phase 30 - 13	Amavasya
Creative Work	Siddha Yoga	777238575 Rahu 11:26AM – 12:37PM	Caluspada Until 12:34PM	Nataraja: Purple			
			Amavasya* Until 1:48AM Thu	Moan - Orange			Devaloka Day
				Kartika/Kartika			

Thursday, November 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Sakti Paksha Guru Vasara Yuktayam Anuradha Nakshatra Alhiganda* Yoga Kintughna*Bava Karana Prathamayam Titau		Portland, ME Sun 14	Sutra 221 Vasvasu 5127
Vishcha Rasi: 6.03	Tithi 1	Gulika 9:03AM – 10:14AM	Anuradha Until 3:24AM Fri	Ganesha: Blue	Sunrise: 6:40AM		
		Yama 6:40AM – 7:52AM	Alhiganda* Until 12:12AM Fri	Muruga: Yellow	Sunset: 4:12PM	Moon 10 - Phase 30 - 14	Prathama
Creative Work	Siddha Yoga	777238575 Rahu 12:37PM – 1:49PM	Kintughna Until 3:05PM	Nataraja: Purple			
Until 3:24AM Fri			Prathama* Until 4:17AM Fri	Moan - Orange			Devaloka Day
Then Routine Work - Marana Yoga				Mangalika/Kartika			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Jyeshtha' Nakshatra Sakarna Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15	Sutra 222 Vasvasu 5127
Wischika Rasi: 17.56	Tithi 2	Gulika 7:53AM - 9:04AM Yama 1:49PM - 3:00PM 777238575	Jyeshtha' Until 6:04AM Sat Sukarna Until 12:57AM Sat Balava Until 5:30PM Dvitiya Until 6:39AM Sat	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 6:47AM Sunset: 4:17PM	Moon 10 - Phase 31 - 15	3rd Phase Devaloka Day
Routine Work Marana Yoga Until 6:04AM Sat Then Creative Work - Siddha Yoga							
2 Saturday, November 22, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Manta Vasara Yuktayam Jyeshtha' Mula' Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitiya/Tritayam Titau				Portland, ME Sun 16	Sutra 223 Vasvasu 5127
Wischika Rasi: 29.52	Tithi 2 - 3	Gulika 6:43AM - 7:54AM Yama 12:37PM - 1:48PM 777238575	Jyeshtha' Until 6:04AM Dhriti Until 1:36AM Sun Talita Until 7:49PM Dvitiya Until 6:39AM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 6:43AM Sunset: 4:19PM	Moon 10 - Phase 31 - 16	3rd Phase Devaloka Day
Creative Work Siddha Yoga							
3 Sunday, November 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktayam Mula' Purvashada' Nakshatra Shula' Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Portland, ME Sun 17	Sutra 224 Vasvasu 5127
Dhanus Rasi: 11.52	Tithi 3 - 4	Gulika 1:48PM - 2:59PM Yama 11:27AM - 12:38PM 787238575	Mula' Until 8:55AM Shula' Until 2:04AM Mon Vanija Until 9:55PM Tritiya Until 8:52AM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 6:44AM Sunset: 4:19PM	Moon 10 - Phase 31 - 17	3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 8:55AM Then Creative Work - Siddha Yoga							
4 Monday, November 24, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktayam Purvashada' Uttarashada' Nakshatra Ganda' Yoga Vasi' Bava Karana Chaturtham/Panchamam Titau				Portland, ME Sun 18	Sutra 225 Vasvasu 5127
Dhanus Rasi: 23.56	Tithi 4 - 5	Gulika 12:38PM - 1:48PM Yama 10:17AM - 11:27AM 787238575	Purvashada' Until 11:21AM Ganda' Until 2:18AM Tue Bava Until 11:44PM Chaturthi' Until 10:51AM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 6:45AM Sunset: 4:09PM	Moon 10 - Phase 31 - 18	3rd Phase Devaloka Day
Routine Work Marana Yoga							
5 Tuesday, November 25, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashada' Shrivana Nakshatra Vidha' Yoga Balava/Kaulava Karana Panchamam/Shashtham Titau				Portland, ME Sun 19	Sutra 226 Vasvasu 5127
Makara Rasi: 6.1	Tithi 5 - 6	Gulika 11:27AM - 12:38PM Yama 9:07AM - 10:17AM 788238575	Uttarashada Until 1:18PM Vidha' Until 2:14AM Wed Kaulava Until 1:07AM Wed Panchami Until 12:28PM	Ganesha: Red Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 6:46AM Sunset: 4:09PM	Moon 10 - Phase 31 - 19	3rd Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 1:18PM Then Creative Work - Siddha Yoga							
6 Wednesday, November 26, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktayam Shrivana/Dhanishta Nakshatra Dhruva' Yoga Talita/Gara Karana Shashthi/Saptamam Titau				Portland, ME Sun 20	Sutra 227 Vasvasu 5127
Makara Rasi: 18.34	Tithi 6 - 7	Gulika 10:18AM - 11:28AM Yama 7:57AM - 9:08AM 798238575	Shrivana Until 3:05PM Dhruva Until 1:41AM Thu Gara Until 1:56AM Thu Shashthi' Until 1:35PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 6:47AM Sunset: 4:08PM	Moon 10 - Phase 31 - 20	3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 3:05PM Then Routine Work - Prabalarishta Yoga							
Thursday, November 27, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktayam Dhanishta/Shashthihak Nakshatra Vyaghat' Yoga Vanija/Vasi' Karana Saptami/Ashthamam Titau				Portland, ME Sun 21	Sutra 228 Vasvasu 5127
Retreat Star		Gulika 9:08AM - 10:18AM Yama 6:49AM - 7:58AM 798238575	Dhanishta Until 4:05PM Vyaghat' Until 12:38AM Fri Vasi Until 2:04AM Fri Saptami Until 2:05PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 6:49AM Sunset: 4:08PM	Moon 10 - Phase 31 - 21	Ashtami Subha Sivaloka Day
Kumbha Rasi: 1.14	Tithi 7 - 8						
Creative Work Siddha Yoga							
Friday, November 28, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Shatabhishak/Purvashodhigada' Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamam Titau				Portland, ME Sun 22	Sutra 229 Vasvasu 5127
Retreat Star		Gulika 7:59AM - 9:09AM Yama 1:48PM - 2:57PM 798238575	Shatabhishak Until 4:13PM Harshana Until 10:59PM Balava Until 1:25AM Sat Ashtami' Until 1:49PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 6:50AM Sunset: 4:07PM	Moon 10 - Phase 31 - 22	Navami Subha Sivaloka Day
Kumbha Rasi: 14.14	Tithi 8 - 9						
Creative Work Siddha Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1		Saturday, November 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Mantra Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra* Yoga Kaulava/Taila Karana Navami/Dashmyam Titau		Portland, ME Sun 23	Sutra 230 Vasarasu 5127
Kumbha Rasi: 27.4	Tithi 9 – 10	Gulika 6:51AM – 8:00AM	Puravproshthapada* Until 3:53PM	Ganesh: Purple	Sunrise: 6:51AM		
		Yama 12:38PM – 1:48PM	Vajra* Until 8:42PM	Muruga: Yellow	Sunset: 4:07PM	Moon 10 - Phase 32 - 23	4th Phase
Routine Work	Marana Yoga	Rahu 9:10AM – 10:19AM	Taila Until 11:59PM	Nataraja: Purple			
Until 3:53PM			Navami* Until 12:47PM	Moon – Clear			Subha Sivaloka Day
Then Creative Work	Siddha Yoga			Margavishvika			

2		Sunday, November 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddha Vyalipala* Yoga Gara/Variya Karana Ekadashi/Dwadshyam Titau		Portland, ME Sun 24	Sutra 231 Vasarasu 5127
Mesha Rasi: 11.32	Tithi 10 – 11	Gulika 1:48PM – 2:57PM	Uttarproshthapada Until 2:39PM	Ganesh: Purple	Sunrise: 6:52AM		
		Yama 11:29AM – 12:38PM	Siddhi Until 5:49PM	Muruga: Yellow	Sunset: 4:06PM	Moon 10 - Phase 32 - 24	4th Phase
Creative Work	Amrita Yoga	Rahu 2:57PM – 4:06PM	Vaniya Until 9:49PM	Nataraja: Purple			
			Ekadashi Until 10:58AM	Moon – Clear			Subha Sivaloka Day
		Gita Jayanthi		Margavishvika			

3		Monday, December 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyalipala* Varyan Yoga Vesi/Bava Karana Ekadashi/Dwadshyam Titau		Portland, ME Sun 25	Sutra 232 Vasarasu 5127
Mesha Rasi: 25.53	Tithi 11 – 12	Gulika 12:39PM – 1:48PM	Revati Until 12:36PM	Ganesh: Clear	Sunrise: 6:53AM		
Family Home Evening		Yama 10:20AM – 11:29AM	Vyalipala* Until 2:25PM	Muruga: Yellow	Sunset: 4:06PM	Moon 10 - Phase 32 - 25	4th Phase
Creative Work	Siddha Yoga	Rahu 8:02AM – 9:11AM	Bava Until 7:00PM	Nataraja: Purple			
			Ekadashi Until 8:28AM	Moon – Clear			Sivaloka Day
				Margavishvika			

4		Tuesday, December 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Kaulava/Taila Karana Trayodashyam Titau		Portland, ME Sun 26	Sutra 233 Vasarasu 5127
Mesha Rasi: 10.39	Tithi 13	Gulika 11:30AM – 12:39PM	Ashvini Until 10:17AM	Ganesh: White	Sunrise: 6:54AM		
		Yama 9:12AM – 10:21AM	Varyan Until 10:34AM	Muruga: Yellow	Sunset: 4:06PM	Moon 10 - Phase 32 - 26	4th Phase
Creative Work	Siddha Yoga	Rahu 1:48PM – 2:57PM	Kaulava Until 3:42PM	Nataraja: Purple			
			Trayodashi Until 1:53AM Wed	Moon – White			Devaloka Day
				Margavishvika			
				Pradosha Vata			

5		Wednesday, December 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Budha Vasara Yuktayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Variya Karana Chaturdshyam Titau		Portland, ME Sun 27	Sutra 234 Vasarasu 5127
Mesha Rasi: 25.44	Tithi 14	Gulika 10:21AM – 11:30AM	Bharani Until 7:27AM	Ganesh: White	Sunrise: 6:55AM		
		Yama 8:04AM – 9:13AM	Parigha* Until 6:24AM	Muruga: Yellow	Sunset: 4:05PM	Moon 10 - Phase 32 - 27	4th Phase
Creative Work	Siddha Yoga	Rahu 11:30AM – 12:39PM	Gara Until 12:02PM	Nataraja: Purple			
Until 7:27AM			Chaturdashi* Until 10:07PM	Moon – White			Devaloka Day
Then Creative Work	Amrita Yoga	Krittika Deepam		Margavishvika			

○		Thursday, December 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vesi*/Bava Karana Purnimayam Titau		Portland, ME Sun 28	Sutra 235 Vasarasu 5127
Copper Retreat Star		Gulika 9:13AM – 10:22AM	Rohini Until 1:19AM Fri	Ganesh: Yellow	Sunrise: 6:56AM		
Wishabha Rasi: 11.01	Tithi 15	Yama 6:56AM – 8:05AM	Siddha Until 9:39PM	Muruga: Yellow	Sunset: 4:05PM	Moon 10 - Phase 32 - 28	Purnima
Routine Work	Marana Yoga	Rahu 12:39PM – 1:48PM	Vesi Until 8:13AM	Nataraja: Purple			
Until 1:19AM Fri			Purnima* Until 6:16PM	Moon – Yellow			Sivaloka Day
Then Creative Work	Siddha Yoga			Margavishvika			

Friday, December 5, 2025		Silver Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Krishna Paksha: Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam Titau		Portland, ME Sun 29	Sutra 236 Vasarasu 5127
Wishabha Rasi: 26.18	Tithi 16 – 17	Gulika 8:06AM – 9:14AM	Mrigashira Until 10:23PM	Ganesh: Yellow	Sunrise: 6:57AM		
		Yama 1:48PM – 2:56PM	Sadya Until 5:22PM	Muruga: Yellow	Sunset: 4:05PM	Moon 10 - Phase 32 - 29	Prathama
Creative Work	Siddha Yoga	Rahu 10:23AM – 11:31AM	Taila Until 12:45AM Sat	Nataraja: Purple			
			Prathama* Until 2:31PM	Moon – Yellow			Sivaloka Day
				Margavishvika			
				Vinayaga Viratam Begins			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam
Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitya/Tililyayam TitauPortland, ME
Sun 1

Mithuna Rasi: 11.25 Tithi 17 - 18

Gulika 6:58AM - 8:07AM **Ardra Until 7:41PM****Ganesha:** Yellow Sunrise: 6:58AM

Viswasa 517

Yama 12:40PM - 1:48PM **Muruga:** Yellow Sunset: 4:05PM

Moon 11 - Phase 33 - 1

Rahu 9:15AM - 10:23AM **Nataraja:** Purple

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Dvitya Until 11:03AM**Waggesa/Kartika****Sunday, December 7, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhara Vasara Yuktyam

Portland, ME
Sun 21
Mithuna Rasi: 26.13 Tithi 18 - 19**Gulika** 1:48PM - 2:56PM **Punarvasu Until 5:46PM****Ganesha:** Blue Sunrise: 6:59AM

Viswasa 517

Yama 11:32AM - 12:40PM **Muruga:** Yellow Sunset: 4:05PM

Moon 11 - Phase 33 - 2

Rahu 2:56PM - 4:05PM **Sukla Until 9:41AM****Nataraja:** Purple**Devaloka Day**

Creative Work Siddha Yoga

Bava Until 6:45PM

Waggesa/Kartika**Tritiya Until 8:01AM****Monday, December 8, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam

Portland, ME
Sun 32
Kataka Rasi: 10.35 Tithi 20**Gulika** 12:40PM - 1:48PM **Pushya Until 4:24PM****Ganesha:** Blue Sunrise: 7:00AM

Viswasa 517

Yama 10:24AM - 11:32AM **Brahma Until 6:33AM****Muruga:** Yellow Sunset: 4:05PM

Moon 11 - Phase 33 - 3

Family Home Evening**Rahu** 8:08AM - 9:16AM **Kaulava Until 4:43PM****Nataraja:** Purple**Devaloka Day**

Creative Work Siddha Yoga

Panchami Until 4:00AM Tue

Waggesa/Kartika**Tuesday, December 9, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam

Portland, ME
Sun 43
Kataka Rasi: 24.27 Tithi 21**Gulika** 11:33AM - 12:41PM **Ashlesha* Until 3:42PM****Ganesha:** White Sunrise: 7:01AM

Viswasa 517

Yama 9:17AM - 10:25AM **Vaidhriti* Until 2:12AM Wed****Muruga:** Yellow Sunset: 4:04PM

Moon 11 - Phase 33 - 4

Creative Work Siddha Yoga

Rahu 1:49PM - 2:57PM **Gara Until 3:32PM****Nataraja:** Purple**Devaloka Day****Shashthi* Until 3:15AM Wed****Waggesa/Kartika****Wednesday, December 10, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam

Portland, ME
Sun 54
Simha Rasi: 7.48 Tithi 22**Gulika** 10:25AM - 11:33AM **Magha* Until 4:10PM****Ganesha:** Clear Sunrise: 7:02AM

Viswasa 517

Yama 8:10AM - 9:18AM **Vishkambha* Until 1:05AM Thu****Muruga:** Yellow Sunset: 4:04PM

Moon 11 - Phase 33 - 5

Creative Work Siddha Yoga

Rahu 11:33AM - 12:41PM **Visli Until 3:14PM****Nataraja:** Purple**Sivaloka Day****Saptami Until 3:24AM Thu****Waggesa/Kartika**

Until 4:10PM

Then Creative Work - Amrita Yoga

Thursday, December 11, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Gura Vasara Yuktyam

Portland, ME
Sun 6**Retreat Star**

Magha*Purvaphalguni Nakshatra Vishkambha* Yoga Visli* Bava Karana Sapthamam Titau

Ganesha: Purple Sunrise: 7:03AM

Viswasa 517

Simha Rasi: 20.41 Tithi 23

Gulika 9:18AM - 10:26AM **Purvaphalguni Until 5:22PM****Muruga:** Yellow Sunset: 4:05PM

Moon 11 - Phase 33 - 6

Creative Work Siddha Yoga

Rahu 12:41PM - 1:49PM **Priti Until 12:39AM Fri****Nataraja:** Purple**Subha Sivaloka Day**

Balava Until 3:50PM

Waggesa/Kartika**Ashlami* Until 4:25AM Fri**

Then Creative Work - Amrita Yoga

Friday, December 12, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam

Portland, ME
Sun 7**Retreat Star**

Uttaraphalguni Nakshatra Ayushman Yoga Talila* Gara Karana Navamyan Titau

Ganesha: Purple Sunrise: 7:04AM

Viswasa 517

Kanya Rasi: 3.11 Tithi 24

Gulika 8:11AM - 9:19AM **Uttaraphalguni Until 7:08PM****Muruga:** Yellow Sunset: 4:05PM

Moon 11 - Phase 33 - 7

Creative Work Siddha Yoga

Rahu 10:27AM - 11:34AM **Ayushman Until 12:44AM Sat****Nataraja:** Purple**Subha Sivaloka Day**

Talila Until 5:13PM

Waggesa/Kartika**Navami* Until 6:08AM Sat**

Until 7:08PM

Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Mania Vasara Yuktayam Hashta Nakshatra Saubhagya Yoga Gara/Vanja Karana Navami/Dashamyam Titau		Portland, ME Sun 8	Subra 244 Vasvasu 5127
Kanya Rasi: 15.24	Tithi 24 – 25	Gulika 7:05AM – 8:12AM	Hasla Until 9:49PM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 7:05AM Sunset: 4:05PM	Moon 11 - Phase 34 - 8	2nd Phase
Routine Work	Marana Yoga	Yama 12:42PM – 1:50PM	Saubhagya Until 1:15AM Sun Vanija Until 7:14PM	Waganesu/Marthalu		Sivaloka Day	
		Rahu 9:20AM – 10:27AM					

2		Sunday, December 14, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Bhanu Vasara Yuktayam Hashta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 9	Subra 245 Vasvasu 5127
Kanya Rasi: 27.24	Tithi 25 – 26	Gulika 1:50PM – 2:58PM	Chitra Until 12:40AM Mon	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 7:05AM Sunset: 4:05PM	Moon 11 - Phase 34 - 9	2nd Phase
Creative Work	Siddha Yoga	Yama 11:35AM – 12:43PM	Sobhana Until 2:02AM Mon Bava Until 9:38PM	Waganesu/Marthalu		Sivaloka Day	
Then Routine Work	Marana Yoga	Rahu 2:58PM – 4:05PM	Dashami Until 8:23AM				

3		Monday, December 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Indu Vasara Yuktayam Svali Nakshatra Ahigandha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 10	Subra 246 Vasvasu 5127
Tula Rasi: 9.17	Tithi 26 – 27	Gulika 12:43PM – 1:50PM	Svali Until 3:31AM Tue	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 7:06AM Sunset: 4:05PM	Moon 11 - Phase 34 - 10	2nd Phase
Family Home Evening	Amrita Yoga	Yama 11:35AM – 12:43PM	Ahigandha* Until 2:54AM Tue Kaulava Until 12:13AM Tue	Waganesu/Marthalu		Sivaloka Day	
Creative Work	Amrita Yoga	Rahu 8:14AM – 9:21AM	Ekadashi* Until 10:54AM				
Then Routine Work	Marana Yoga						

4		Tuesday, December 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Mangala Vasara Yuktayam Vishakha Nakshatra Sukama Yoga Talila/Gara Karana Dvadashi/Trajodashyam Titau		Portland, ME Sun 11	Subra 247 Vasvasu 5127
Tula Rasi: 21.08	Tithi 27 – 28	Gulika 11:36AM – 12:43PM	Vishakha Until 6:42AM Wed	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:07AM Sunset: 4:05PM	Moon 11 - Phase 34 - 11	2nd Phase
Routine Work	Marana Yoga	Yama 9:22AM – 10:29AM	Sukama Until 3:46AM Wed Gara Until 2:49AM Wed	Waganesu/Marthalu		Sivaloka Day	
Then Routine Work	Marana Yoga	Rahu 1:51PM – 2:58PM	Dvadashi* Until 1:30PM				
				Pradosha Vata (Fasting)			

5		Wednesday, December 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Butha Vasara Yuktayam Vishakha/Auradha Nakshatra Dhriti Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12	Subra 248 Vasvasu 5127
Wisshika Rasi: 2.59	Tithi 28 – 29	Gulika 10:29AM – 11:37AM	Vishakha Until 6:42AM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:08AM Sunset: 4:06PM	Moon 11 - Phase 34 - 12	2nd Phase
Creative Work	Siddha Yoga	Yama 8:15AM – 9:22AM	Dhriti Until 4:35AM Thu Visi Until 5:19AM Thu	Waganesu/Marthalu		Sivaloka Day	
Then Routine Work	Prabalarishtha Yoga	Rahu 11:37AM – 12:44PM	Trayodashi* Until 4:04PM				

6		Thursday, December 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Salsu*/Naga* Karana Chaturdashyam Titau		Portland, ME Sun 13	Subra 249 Vasvasu 5127
Wisshika Rasi: 14.52	Tithi 29	Gulika 9:23AM – 10:30AM	Anuradha Until 9:35AM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:08AM Sunset: 4:07PM	Moon 11 - Phase 34 - 13	2nd Phase
Creative Work	Siddha Yoga	Yama 7:08AM – 8:15AM	Shula* Until 5:13AM Fri Sakuni Until 6:28PM	Waganesu/Marthalu		Sivaloka Day	
Then Routine Work	Prabalarishtha Yoga	Rahu 12:44PM – 1:52PM	Chaturdashi* Until 6:28PM				

Retreat Star		Friday, December 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 14	Subra 250 Vasvasu 5127
Wisshika Rasi: 26.5	Tithi 30	Gulika 8:16AM – 9:23AM	Jyeshtha* Until 12:08PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:09AM Sunset: 4:07PM	Moon 11 - Phase 34 - 14	Amavasya
Routine Work	Marana Yoga	Yama 1:52PM – 2:59PM	Ganda* Until 5:43AM Sat Caluspada Until 7:37AM	Waganesu/Marthalu		Devaloka Day	
Then Routine Work	Marana Yoga	Rahu 10:30AM – 11:38AM	Amavasya* Until 8:41PM				
Then Creative Work	Amrita Yoga						

Retreat Star		Saturday, December 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho: Mania Vasara Yuktayam Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 15	Subra 251 Vasvasu 5127
Dhanus Rasi: 8.53	Tithi 1	Gulika 7:09AM – 8:17AM	Mula* Until 2:48PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:09AM Sunset: 4:07PM	Moon 11 - Phase 34 - 15	Prathama
Creative Work	Siddha Yoga	Yama 12:45PM – 1:53PM	Widdhi Until 6:02AM Sun Kintughna Until 9:43AM	Waganesu/Marthalu		Devaloka Day	
Then Routine Work	Marana Yoga	Rahu 9:24AM – 10:31AM	Prathama* Until 10:38PM				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsare Dakshinyaya Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Varsara Yuktayam Purvashada/Uttarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Tilau				Portland, ME Sun 16	Sutra 252 Viswasa 5127
Dhanus Rasi: 21.02	Tilhi 2	Gulika 1:53PM - 3:00PM	Purvashada* Until 5:02PM	Ganesh: Light Blue	Sunrise: 7:10AM		
		Yama 11:39AM - 12:46PM	Vridhi Until 6:02AM	Muruga: Yellow	Sunset: 4:07PM	Moon 11 - Phase 35 - 17	3rd Phase
Creative Work Siddha Yoga		Rahu 3:00PM - 4:07PM	Balava Until 11:32AM	Nataraja: Purple			
Until 5:02PM		Day 1 of Pancha Ganapati	Dvitiya Until 12:19AM Mon	Moan - Light Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Pancha/Bhakti			

2 Monday, December 22, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Indu Varsara Yuktayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Talila/Gara Karana Tritiyayam Tilau				Portland, ME Sun 17	Sutra 253 Viswasa 5127
Makara Rasi: 3.17	Tilhi 3	Gulika 12:46PM - 1:54PM	Uttarashada Until 6:50PM	Ganesh: Light Blue	Sunrise: 7:10AM		
Family Home Evening		Yama 10:32AM - 11:39AM	Dhruva Until 6:07AM	Muruga: Yellow	Sunset: 4:08PM	Moon 11 - Phase 35 - 17	3rd Phase
Routine Work Marana Yoga		Rahu 8:18AM - 9:25AM	Talila Until 1:04PM	Nataraja: Purple			
Until 6:50PM		Day 2 of Pancha Ganapati	Tritiya Until 1:42AM Tue	Moan - Light Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Pancha/Bhakti			

3 Tuesday, December 23, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Varsara Yuktayam Uttarashada Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthiyam Tilau				Portland, ME Sun 18	Sutra 254 Viswasa 5127
Makara Rasi: 15.41	Tilhi 4	Gulika 11:40AM - 12:47PM	Shravana Until 8:37PM	Ganesh: Purple	Sunrise: 7:11AM		
		Yama 9:25AM - 10:32AM	Harshana Until 5:32AM Wed	Muruga: Yellow	Sunset: 4:08PM	Moon 11 - Phase 35 - 18	3rd Phase
Creative Work Siddha Yoga		Rahu 1:54PM - 3:01PM	Vanija Until 2:16PM	Nataraja: Purple			
Until 6:50PM		Day 3 of Pancha Ganapati	Chaturthi* Until 2:42AM Wed	Moan - Purple			Devaloka Day
Then Creative Work - Amrita Yoga				Pancha/Bhakti			

4 Wednesday, December 24, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Budha Varsara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Tilau				Portland, ME Sun 19	Sutra 255 Viswasa 5127
Makara Rasi: 28.16	Tilhi 5	Gulika 10:33AM - 11:40AM	Dhanishtha Until 9:49PM	Ganesh: Purple	Sunrise: 7:11AM		
		Yama 8:19AM - 9:26AM	Vajra* Until 4:44AM Thu	Muruga: Yellow	Sunset: 4:09PM	Moon 11 - Phase 35 - 19	3rd Phase
Routine Work Prabalarishta Yoga		Rahu 11:40AM - 12:47PM	Bava Until 3:03PM	Nataraja: Purple			
Until 9:49PM		Day 4 of Pancha Ganapati	Panchami Until 3:15AM Thu	Moan - Purple			Devaloka Day
Then Creative Work - Siddha Yoga				Pancha/Bhakti			

5 Thursday, December 25, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Guru Varsara Yuktayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talila Karana Shashthiyam Tilau				Portland, ME Sun 20	Sutra 256 Viswasa 5127
Kumbha Rasi: 11.02	Tilhi 6	Gulika 9:26AM - 10:33AM	Shalabhishak Until 10:23PM	Ganesh: Purple	Sunrise: 7:12AM		
		Yama 7:12AM - 8:19AM	Siddhi Until 3:22AM Fri	Muruga: Yellow	Sunset: 4:10PM	Moon 11 - Phase 35 - 20	3rd Phase
Creative Work Siddha Yoga		Rahu 12:48PM - 1:55PM	Kaulava Until 3:21PM	Nataraja: Purple			
Until 6:50PM		Day 5 of Pancha Ganapati	Shashthi* Until 3:17AM Fri	Moan - Purple			Devaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Pancha/Bhakti			

6 Friday, December 26, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Varsara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthamyam Tilau				Portland, ME Sun 21	Sutra 257 Viswasa 5127
Kumbha Rasi: 24.04	Tilhi 7	Gulika 8:19AM - 9:27AM	Purvashrothapada* Until 10:41PM	Ganesh: Green	Sunrise: 7:12AM		
		Yama 1:56PM - 3:03PM	Vyalipala* Until 1:53AM Sat	Muruga: Yellow	Sunset: 4:10PM	Moon 11 - Phase 35 - 21	3rd Phase
Creative Work Siddha Yoga		Rahu 10:34AM - 11:41AM	Gara Until 3:05PM	Nataraja: Clear			
Until 6:50PM			Sapthami Until 2:43AM Sat	Moan - Clear			Bhuloka Day
Then Creative Work - Siddha Yoga				Pancha/Bhakti			Devaloka Time: 3PM to 6PM

Retreat Star Sunday, December 27, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Maria Varsara Yuktayam Uttarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtamyam Tilau				Portland, ME Sun 22	Sutra 258 Viswasa 5127
Meena Rasi: 7.25	Tilhi 8	Gulika 7:12AM - 8:20AM	Uttarashrothapada Until 10:14PM	Ganesh: Green	Sunrise: 7:12AM		
		Yama 12:49PM - 1:56PM	Varjyan Until 11:43PM	Muruga: Yellow	Sunset: 4:11PM	Moon 11 - Phase 35 - 22	Ashtami
Creative Work Siddha Yoga		Rahu 9:27AM - 10:34AM	Visli Until 2:13PM	Nataraja: Clear			
Until 10:14PM			Ashtami* Until 1:31AM Sun	Moan - Clear			Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Pancha/Bhakti			Devaloka Time: 3PM to 6PM

Retreat Star Sunday, December 28, 2025		Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Varsara Yuktayam Revati Nakshatra Parigaha* Yoga Balava/Kaulava Karana Navamyam Tilau				Portland, ME Sun 23	Sutra 259 Viswasa 5127
Meena Rasi: 21.08	Tilhi 9	Gulika 1:57PM - 3:04PM	Revati Until 9:01PM	Ganesh: Green	Sunrise: 7:13AM		
		Yama 11:42AM - 12:50PM	Parigaha* Until 9:05PM	Muruga: Yellow	Sunset: 4:12PM	Moon 11 - Phase 35 - 23	Navami
Creative Work Amrita Yoga		Rahu 3:04PM - 4:12PM	Balava Until 12:42PM	Nataraja: Clear			
Until 9:01PM			Navami* Until 11:42PM	Moan - Clear			Bhuloka Day
Then Creative Work - Siddha Yoga				Pancha/Bhakti			Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1	Monday, December 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Taillu/Gara Karana Dashamyam Titau				Portland, ME Sun 24
	Mesha Rasi: 5.13	Tithi 10	Gulika 12:50PM - 1:58PM	Ashvini Until 7:32PM	Ganesh: Red	Sunrise: 7:13AM	Vasvasu 5:17
Family Home Evening		Yama 10:35AM - 11:43AM	Shiva Until 5:59PM	Muruga: Yellow	Sunset: 4:18PM	Moon 11 - Phase 36 - 25	
Creative Work	Siddha Yoga	Rahu 8:20AM - 9:28AM	Taillu Until 10:36AM	Nataraja: Clear		4th Phase	
			Dashami Until 9:20PM	Moon - White		Devaloka Day	
				Paasha-Makal			

2	Tuesday, December 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sadya/Subha Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau				Portland, ME Sun 25
	Mesha Rasi: 19.4	Tithi 11	Gulika 11:43AM - 12:51PM	Bharani Until 5:25PM	Ganesh: Red	Sunrise: 7:13AM	Vasvasu 5:17
		Yama 9:28AM - 10:36AM	Siddha Until 2:28PM	Muruga: Yellow	Sunset: 4:18PM	Moon 11 - Phase 36 - 25	
Creative Work	Siddha Yoga	Rahu 1:58PM - 3:06PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase	
		Valkuntha Ekadasi	Ekadashi Until 6:28PM	Moon - White		Devaloka Day	
				Paasha-Makal			

3	Wednesday, December 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Batha Vasara Yuktayam Krittika/Rohini Nakshatra Sadya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26
	Wishabha Rasi: 4.25	Tithi 12 - 13	Gulika 10:36AM - 11:44AM	Krittika Until 2:49PM	Ganesh: Red	Sunrise: 7:13AM	Vasvasu 5:17
		Yama 8:21AM - 9:28AM	Sadya Until 10:40AM	Muruga: Yellow	Sunset: 4:18PM	Moon 11 - Phase 36 - 26	
Creative Work	Amrita Yoga	Rahu 11:44AM - 12:51PM	Kaulava Until 1:36AM Thu	Nataraja: Clear		4th Phase	
Until 2:49PM			Dvadashi Until 3:16PM	Moon - White		Devaloka Day	
Then Creative Work	Siddha Yoga			Paasha-Makal			
				Pradosha Vata			

4	Thursday, January 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillu/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 27
	Wishabha Rasi: 19.23	Tithi 13 - 14	Gulika 9:29AM - 10:36AM	Rohini Until 12:17PM	Ganesh: Blue	Sunrise: 7:13AM	Vasvasu 5:17
		Yama 7:13AM - 8:21AM	Subha Until 6:41AM	Muruga: White	Sunset: 4:18PM	Moon 11 - Phase 36 - 27	
Routine Work	Marana Yoga	Rahu 12:52PM - 2:00PM	Gara Until 10:09PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 11:52AM	Moon - Yellow		Devaloka Day	
				Paasha-Makal			

O	Friday, January 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanja/Visli Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 28
	Copper Retreat Star		Gulika 8:21AM - 9:29AM	Mrigashira Until 9:34AM	Ganesh: Blue	Sunrise: 7:13AM	Vasvasu 5:17
		Yama 2:00PM - 3:08PM	Brahma Until 10:35PM	Muruga: White	Sunset: 4:18PM	Moon 11 - Phase 36 - 28	
Mithuna Rasi: 4.25	Tithi 14 - 15	Rahu 10:37AM - 11:45AM	Visli Until 6:44PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:25AM	Moon - Yellow		Devaloka Day	
				Paasha-Makal			

S	Saturday, January 3, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sun 29
	Silver Retreat Star		Gulika 7:13AM - 8:21AM	Ardra Until 6:51AM	Ganesh: Blue	Sunrise: 7:13AM	Vasvasu 5:17
		Yama 12:53PM - 2:01PM	Indra Until 6:47PM	Muruga: White	Sunset: 4:17PM	Moon 11 - Phase 36 - 29	
Mithuna Rasi: 19.23	Tithi 16	Rahu 9:29AM - 10:37AM	Balava Until 3:32PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:03AM Sun	Moon - Yellow		Devaloka Day	
				Paasha-Makal			
			Arda Darshanam				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Kataka Rasi: 4.06 Tithi 17
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhiti/Vishkambha* Yoga Talila/Gara Karana Dvityayam Titau
Gulika 2:02PM - 3:10PM Pushya Until 2:55AM Mon
Yama 11:46AM - 12:54PM Vaidhiti* Until 3:18PM
Rahu 3:10PM - 4:18PM Talila Until 12:43PM
Dvitiya Until 11:29PM

Portland, ME Sutra 266
Viswasa 5127
Ganesha: Red Sunrise: 7:13AM
Muruga: White Sunset: 4:18PM Moon 12 - Phase 37 - 1st Phase
Nataraja: Clear
Moon - Blue Sivaloka Day

Monday, January 5, 2026

1
Kataka Rasi: 18.28 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Indru Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Prili Yoga Vanja/Visli* Karana Tritiyayam Titau
Gulika 12:54PM - 2:02PM Ashlesha* Until 1:38AM Tue
Yama 10:38AM - 11:46AM Vishkambha* Until 12:16PM
Rahu 8:22AM - 9:30AM Vanja Until 10:27AM
Tritiya Until 9:33PM

Portland, ME Sutra 268
Viswasa 5127
Ganesha: Yellow Sunrise: 7:13AM
Muruga: White Sunset: 4:19PM Moon 12 - Phase 37 - 1st Phase
Nataraja: Clear
Moon - Blue Sivaloka Day

Tuesday, January 6, 2026

2
Simha Rasi: 2.24 Tithi 19
Creative Work Siddha Yoga
Until 1:24AM Wed
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktayam
Magha* Nakshatra Prili/Ayushman Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 11:47AM - 12:55PM Magha* Until 1:24AM Wed
Yama 9:30AM - 10:38AM Prili Until 9:50AM
Rahu 2:03PM - 3:11PM Bava Until 8:52AM
Chaturthi* Until 8:22PM

Portland, ME Sutra 269
Viswasa 5127
Ganesha: White Sunrise: 7:13AM
Muruga: White Sunset: 4:20PM Moon 12 - Phase 37 - 2 1st Phase
Nataraja: Clear
Moon - Red Devaloka Day

Wednesday, January 7, 2026

3
Simha Rasi: 15.52 Tithi 20
Creative Work Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Budha Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Talila Karana Panchmayam Titau
Gulika 10:39AM - 11:47AM Purvaphalguni Until 1:52AM Thu
Yama 8:22AM - 9:30AM Ayushman Until 8:01AM
Rahu 11:47AM - 12:55PM Kaulava Until 8:07AM
Panchami Until 8:03PM

Portland, ME Sutra 270
Viswasa 5127
Ganesha: White Sunrise: 7:13AM
Muruga: White Sunset: 4:21PM Moon 12 - Phase 37 - 3 1st Phase
Nataraja: Clear
Moon - Red Devaloka Day

Thursday, January 8, 2026

4
Simha Rasi: 28.52 Tithi 21
Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanja Karana Shashthiyam Titau
Gulika 9:30AM - 10:39AM Uttaraphalguni Until 3:00AM Fri
Yama 7:13AM - 8:22AM Saubhagya Until 6:53AM
Rahu 12:56PM - 2:05PM Gara Until 8:14AM
Shashthi* Until 8:35PM

Portland, ME Sutra 271
Viswasa 5127
Ganesha: White Sunrise: 7:13AM
Muruga: White Sunset: 4:22PM Moon 12 - Phase 37 - 4 1st Phase
Nataraja: Clear
Moon - Red Devaloka Day

Friday, January 9, 2026

5
Kanya Rasi: 11.28 Tithi 22
Creative Work Amrita Yoga
Until 5:10AM Sat
Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Sukra Vasara Yuktayam
Hashta Nakshatra Sobhana/Abhiganda* Yoga Bava/Kaulava Karana Saptmayam Titau
Gulika 8:22AM - 9:30AM Hasla Until 5:10AM Sat
Yama 2:05PM - 3:14PM Sobhana Until 6:24AM
Rahu 10:39AM - 11:48AM Visli Until 9:11AM
Saptami Until 9:56PM

Portland, ME Sutra 272
Viswasa 5127
Ganesha: Clear Sunrise: 7:13AM
Muruga: White Sunset: 4:23PM Moon 12 - Phase 37 - 5 1st Phase
Nataraja: Clear
Moon - Green Sivaloka Day

Saturday, January 10, 2026

Retreat Star
Kanya Rasi: 23.44 Tithi 23
Routine Work Marana Yoga
Until 7:44AM Sun
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Shukla Vasara Yuktayam
Chitra Nakshatra Sukarma*Yogikarma Yoga Balava/Kaulava Karana Ashtmayam Titau
Gulika 7:13AM - 8:21AM Chitra Until 7:44AM Sun
Yama 12:57PM - 2:05PM Abhiganda* Until 6:28AM
Rahu 9:30AM - 10:39AM Balava Until 10:52AM
Ashtami* Until 11:54PM

Portland, ME Sutra 273
Viswasa 5127
Ganesha: Clear Sunrise: 7:13AM
Muruga: White Sunset: 4:24PM Moon 12 - Phase 37 - 6 Ashtami
Nataraja: Clear
Moon - Green Sivaloka Day

Sunday, January 11, 2026

Retreat Star
Tula Rasi: 5.47 Tithi 24
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam
Chitra/Svali Nakshatra Sukarma/Dhriti Until Yoga Talila/Gara Karana Navmayam Titau
Gulika 2:07PM - 3:16PM Chitra Until 7:44AM
Yama 11:49AM - 12:58PM Sukarma Until 6:57AM
Rahu 3:16PM - 4:25PM Talila Until 1:04PM
Navami* Until 2:17AM Mon

Portland, ME Sutra 273
Viswasa 5127
Ganesha: Clear Sunrise: 7:12AM
Muruga: White Sunset: 4:25PM Moon 12 - Phase 37 - 7 Navami
Nataraja: Clear
Moon - Green Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

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1 Monday, January 12, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yukhtayam Svali/Wishkha Nakshatra Dhrithi/Shula' Yoga Vanja/Visli' Karana Dashamyam Titau				Portland, ME Sun 8	Sutra 274 Vasvasu 5127
Tula Rasi: 17.42	Tithi 25	Gulika	12:58PM – 2:08PM	Svali Untill 10:27AM	Ganesha: Clear	Sunrise: 7:12AM	Vasvasu 5127
Family Home Evening	863448576	Yama	10:40AM – 11:49AM	Dhrithi Untill 7:44AM	Muruga: White	Sunset: 4:26PM	Moon 12 - Phase 38 - 8 2nd Phase
Creative Work Amrita Yoga		Rahu	8:21AM – 9:30AM	Vanija Untill 3:34PM	Nataraja: Clear		
Untill 10:27AM				Dashami Untill 4:51AM Tue	Moon – Orange		Sivaloka Day
Then Routine Work – Marana Yoga					Pausha/Makal		

2 Tuesday, January 13, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula'Ganda' Yoga Bava Karana Ekadashyam Titau				Portland, ME Sun 9	Sutra 275 Vasvasu 5127
Tula Rasi: 29.34	Tithi 26	Gulika	11:49AM – 12:59PM	Vishakha Untill 1:37PM	Ganesha: Purple	Sunrise: 7:11AM	Vasvasu 5127
Routine Work Marana Yoga	873448576	Yama	9:30AM – 10:40AM	Shula' Untill 8:34AM	Muruga: White	Sunset: 4:27PM	Moon 12 - Phase 38 - 9 2nd Phase
Untill 1:37PM		Rahu	2:08PM – 3:18PM	Bava Untill 6:09PM	Nataraja: Clear		
Then Creative Work – Siddha Yoga				Ekadashi' Untill 7:23AM Wed	Moon – Orange		Devaloka Day
					Pausha/Makal		

3 Wednesday, January 14, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yukhtayam Anuradha/Jyestha' Nakshatra Ganda'Vidhih' Yoga Babava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 10	Sutra 276 Vasvasu 5127
Wischika Rasi: 11.26	Tithi 26 – 27	Gulika	10:40AM – 11:50AM	Anuradha Untill 4:32PM	Ganesha: Purple	Sunrise: 7:11AM	Vasvasu 5127
Creative Work Siddha Yoga	873448576	Yama	9:30AM – 10:40AM	Ganda' Untill 9:24AM	Muruga: White	Sunset: 4:29PM	Moon 12 - Phase 38 - 10 2nd Phase
Untill 1:37PM		Rahu	11:50AM – 12:59PM	Kaulava Untill 8:38PM	Nataraja: Clear		
Then Routine Work – Marana Yoga				Ekadashi' Untill 7:23AM	Moon – Orange		Devaloka Day
		Thai Pongal			Pausha/Thai		

4 Thursday, January 15, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yukhtayam Jyestha' Nakshatra Vidhih/Dhruva Yoga Talila'Gara Karana Dvadashi'Trayodashyam Titau				Portland, ME Sun 11	Sutra 277 Vasvasu 5127
Wischika Rasi: 23.22	Tithi 27 – 28	Gulika	9:30AM – 10:40AM	Jyestha' Untill 7:05PM	Ganesha: Purple	Sunrise: 7:11AM	Vasvasu 5127
Routine Work Prabalashita Yoga	873448576	Yama	7:11AM – 8:21AM	Vidhih' Untill 10:05AM	Muruga: White	Sunset: 4:30PM	Moon 12 - Phase 38 - 11 2nd Phase
Untill 7:05PM		Rahu	1:00PM – 2:10PM	Gara Untill 10:51PM	Nataraja: Clear		
Then Creative Work – Siddha Yoga				Dvadashi' Untill 9:45AM	Moon – Orange		Devaloka Day
					Pausha/Thai		
					Pradosha Vata (Fasting)		

5 Friday, January 16, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yukhtayam Mula' Nakshatra Dhruva/Vyaghata' Yoga Vanja/Visli' Karana Trayodashi'Chaturdashyam Titau				Portland, ME Sun 12	Sutra 278 Vasvasu 5127
Dhanus Rasi: 5.24	Tithi 28 – 29	Gulika	8:20AM – 9:30AM	Mula' Untill 9:39PM	Ganesha: Purple	Sunrise: 7:10AM	Vasvasu 5127
Creative Work Amrita Yoga	884448576	Yama	2:11PM – 3:21PM	Dhruva Untill 10:32AM	Muruga: White	Sunset: 4:31PM	Moon 12 - Phase 38 - 12 2nd Phase
Untill 9:39PM		Rahu	10:40AM – 11:51AM	Visli' Untill 12:45AM Sat	Nataraja: Clear		
Then Routine Work – Prabalashita Yoga				Trayodashi' Untill 11:50AM	Moon – Light Blue		Devaloka Day
					Pausha/Thai		

● Saturday, January 17, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yukhtayam Purvashada' Nakshatra Vyaghata'Harshana Yoga Sakuni'Caluspada' Karana Chaturdashi'Amavasyayam Titau				Portland, ME Sun 13	Sutra 279 Vasvasu 5127
Retreat Star		Gulika	7:10AM – 8:20AM	Purvashada' Untill 11:41PM	Ganesha: Purple	Sunrise: 7:10AM	Vasvasu 5127
Dhanus Rasi: 17.35	Tithi 29 – 30	Yama	1:01PM – 2:12PM	Vyaghata' Untill 10:44AM	Muruga: White	Sunset: 4:32PM	Moon 12 - Phase 38 - 13 Amavasya
Creative Work Siddha Yoga	884448576	Rahu	9:30AM – 10:41AM	Caluspada Untill 2:16AM Sun	Nataraja: Clear		
Untill 11:41PM				Chaturdashi' Untill 1:32PM	Moon – Light Blue		Devaloka Day
Then Routine Work – Marana Yoga					Pausha/Thai		

Sunday, January 18, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yukhtayam Uttarashada' Nakshatra Harshana/Vajra' Yoga Naga'Kintughna' Karana Amavasya/Prathamayam Titau				Portland, ME Sun 14	Sutra 280 Vasvasu 5127
Retreat Star		Gulika	2:12PM – 3:23PM	Uttarashada Untill 1:10AM Mon	Ganesha: Purple	Sunrise: 7:09AM	Vasvasu 5127
Dhanus Rasi: 29.55	Tithi 30 – 1	Yama	11:51AM – 1:02PM	Harshana Untill 10:38AM	Muruga: White	Sunset: 4:33PM	Moon 12 - Phase 38 - 14 Prathama
Creative Work Amrita Yoga	884448576	Rahu	3:23PM – 4:33PM	Kintughna Untill 3:21AM Mon	Nataraja: Clear		
Untill 11:41PM				Amavasya' Untill 2:50PM	Moon – Light Blue		Devaloka Day
Then Routine Work – Marana Yoga					Maghar/Thai		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1 Monday, January 19, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Инду Васара Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Portland, ME Sun 15	Sutra 281 Vasarasu 517
Makara Rasi: 12.26	Tithi 1 – 2	Gulika	1:02PM – 2:13PM	Shravana Until 2:35AM Tue	Ganesh: Light Blue	Sunrise: 7:08AM	Vasarasu 517
Family Home Evening		Yama	10:41AM – 11:52AM	Vajra* Until 10:12AM	Muruga: White	Sunset: 4:39PM	Moon 12 - Phase 39 - 15
Creative Work Amrita Yoga	894448576	Rahu	8:19AM – 9:30AM	Balava Until 4:02AM Tue	Nataraja: Clear		3rd Phase
Until 2:35AM Tue				Prathama* Until 3:44PM	Devaloka Day		
Then Creative Work - Siddha Yoga				Devaloka Day			

2 Tuesday, January 20, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Мугала Васара Yuktayam Dhanishtha Nakshatra Siddhi/Vyaptata* Yoga Kaulava/Taila Karana Dvitya/Tritiyayam Titau				Portland, ME Sun 16	Sutra 282 Vasarasu 517
Makara Rasi: 25.08	Tithi 2 – 3	Gulika	11:52AM – 1:03PM	Dhanishtha Until 3:26AM Wed	Ganesh: Light Blue	Sunrise: 7:08AM	Vasarasu 517
		Yama	9:30AM – 10:41AM	Siddhi Until 9:28AM	Muruga: White	Sunset: 4:39PM	Moon 12 - Phase 39 - 16
Creative Work Siddha Yoga	894448576	Rahu	2:14PM – 3:25PM	Tailata Until 4:19AM Wed	Nataraja: Clear		3rd Phase
				Dvitiya Until 4:12PM	Devaloka Day		
				Devaloka Day			

3 Wednesday, January 21, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Budha Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Portland, ME Sun 17	Sutra 283 Vasarasu 517
Kumbha Rasi: 8.02	Tithi 3 – 4	Gulika	10:41AM – 11:52AM	Shatabhishak Until 3:46AM Thu	Ganesh: Light Blue	Sunrise: 7:07AM	Vasarasu 517
		Yama	9:30AM – 10:41AM	Vyatipata* Until 8:27AM	Muruga: White	Sunset: 4:37PM	Moon 12 - Phase 39 - 17
Creative Work Siddha Yoga	894448576	Rahu	11:52AM – 1:03PM	Vanija Until 4:11AM Thu	Nataraja: Clear		3rd Phase
				Tritiya Until 4:17PM	Devaloka Day		
				Devaloka Day			

4 Thursday, January 22, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Garu Vasara Yuktayam Puravproshthapada Nakshatra Varyan/Parigha* Yoga Vols/Bava Karana Chaturthi/Panchamyan Titau				Portland, ME Sun 18	Sutra 284 Vasarasu 517
Kumbha Rasi: 21.08	Tithi 4 – 5	Gulika	9:29AM – 10:41AM	Puravproshthapada* Until 4:01AM Fri	Ganesh: White	Sunrise: 7:06AM	Vasarasu 517
		Yama	7:06AM – 8:18AM	Varyan Until 7:05AM	Muruga: White	Sunset: 4:36PM	Moon 12 - Phase 39 - 18
Creative Work Siddha Yoga	814448576	Rahu	1:04PM – 2:15PM	Bava Until 3:41AM Fri	Nataraja: Clear		3rd Phase
				Chaturthi* Until 3:58PM	Devaloka Day		
				Devaloka Day			

5 Friday, January 23, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Sukra Vasara Yuktayam Uttarproshthapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Portland, ME Sun 19	Sutra 285 Vasarasu 517
Meena Rasi: 4.26	Tithi 5 – 6	Gulika	8:17AM – 9:29AM	Uttarproshthapada Until 3:44AM Sat	Ganesh: White	Sunrise: 7:06AM	Vasarasu 517
		Yama	2:16PM – 3:28PM	Shiva Until 3:30AM Sat	Muruga: White	Sunset: 4:40PM	Moon 12 - Phase 39 - 19
Creative Work Siddha Yoga	814448576	Rahu	10:41AM – 11:53AM	Kaulava Until 2:46AM Sat	Nataraja: Clear		3rd Phase
Until 3:44AM Sat				Panchami Until 3:15PM	Devaloka Day		
Then Routine Work - Prabalashita Yoga				Devaloka Day			

6 Saturday, January 24, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Manita Vasara Yuktayam Revati Nakshatra Siddha Yoga Tailata/Gara Karana Shashthi/Saptamyan Titau				Portland, ME Sun 20	Sutra 286 Vasarasu 517
Meena Rasi: 17.56	Tithi 6 – 7	Gulika	7:05AM – 8:17AM	Revati Until 2:56AM Sun	Ganesh: Clear	Sunrise: 7:05AM	Vasarasu 517
		Yama	1:05PM – 2:17PM	Siddha Until 1:14AM Sun	Muruga: White	Sunset: 4:41PM	Moon 12 - Phase 39 - 20
Routine Work Prabalashita Yoga	914448576	Rahu	9:29AM – 10:41AM	Gara Until 1:29AM Sun	Nataraja: Clear		3rd Phase
Until 2:56AM Sun				Shashthi* Until 2:10PM	Sivaloka Day		
Then Creative Work - Siddha Yoga				Sivaloka Day			

Sunday, January 25, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Bharu Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Vsiti* Karana Saptami/Ashthamyan Titau				Portland, ME Sun 21	Sutra 287 Vasarasu 517
Retreat Star		Gulika	2:18PM – 3:30PM	Ashvini Until 2:02AM Mon	Ganesh: White	Sunrise: 7:04AM	Vasarasu 517
Mesha Rasi: 1.4	Tithi 7 – 8	Yama	11:53AM – 1:05PM	Sadya Until 10:40PM	Muruga: White	Sunset: 4:42PM	Moon 12 - Phase 39 - 21
Creative Work Siddha Yoga	924448576	Rahu	3:30PM – 4:42PM	Vsiti Until 11:49PM	Nataraja: Clear		Ashlami
				Saptami Until 12:41PM	Devaloka Day		
				Devaloka Day			

Monday, January 26, 2026		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Сулко Пакше Indu Vasara Yuktayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamyan Titau				Portland, ME Sun 22	Sutra 288 Vasarasu 517
Retreat Star		Gulika	1:06PM – 2:19PM	Bharani Until 12:39AM Tue	Ganesh: White	Sunrise: 7:03AM	Vasarasu 517
Mesha Rasi: 15.38	Tithi 8 – 9	Yama	10:41AM – 11:53AM	Subha Until 7:50PM	Muruga: White	Sunset: 4:44PM	Moon 12 - Phase 39 - 22
Family Home Evening	924448576	Rahu	8:16AM – 9:28AM	Balava Until 9:47PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga				Ashlami* Until 10:49AM	Devaloka Day		
				Devaloka Day			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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1 Tuesday, January 27, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Portland, ME Sun 23	Sutra 289 Vasvasu 5127
Mesha Rasi: 29.5	Tithi 9 – 10	Gulika Yama Rahu	11:54AM – 1:06PM 9:28AM – 10:41AM 2:19PM – 3:32PM	Kritika Until 10:50PM Sukla Until 4:43PM Taila Until 7:26PM Navami* Until 8:38AM	Ganesh: White Muruga: White Nataraja: Clear Moon – White	Sunrise: 7:03AM Sunset: 4:46PM	Moon 12 - Phase 40 - 23 4th Phase
Creative Work Siddha Yoga Until 10:50PM Then Creative Work - Amrita Yoga		Devaloka Day					

2 Wednesday, January 28, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Budha Vessara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadasmyam Titau				Portland, ME Sun 24	Sutra 290 Vasvasu 5127
Wishabha Rasi: 14.13	Tithi 10 – 11	Gulika Yama Rahu	10:41AM – 11:54AM 7:00AM – 8:14AM 11:54AM – 1:07PM	Rohini Until 9:03PM Brahma Until 1:25PM Vesil Until 3:29AM Thu Dashami Until 6:09AM	Ganesh: Red Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 7:01AM Sunset: 4:46PM	Moon 12 - Phase 40 - 24 4th Phase
Creative Work Siddha Yoga		Sivaloka Day					

3 Thursday, January 29, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Guru Vessara Yuktayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadashmyam Titau				Portland, ME Sun 25	Sutra 291 Vasvasu 5127
Wishabha Rasi: 28.44	Tithi 12	Gulika Yama Rahu	9:27AM – 10:41AM 7:00AM – 8:14AM 1:07PM – 2:21PM	Mrigashira Until 7:01PM Indra Until 9:59AM Bava Until 2:07PM Dvadashi Until 12:42AM Fri	Ganesh: Red Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 7:00AM Sunset: 4:46PM	Moon 12 - Phase 40 - 25 4th Phase
Routine Work Marana Yoga		Sivaloka Day					

4 Friday, January 30, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Sukra Vessara Yuktayam Ardra/Punarvasu Nakshatra Vaidhri*/Vohkambha* Yoga Kaulava/Taila Karana Trayodashmyam Titau				Portland, ME Sun 26	Sutra 292 Vasvasu 5127
Mithuna Rasi: 13.2	Tithi 13	Gulika Yama Rahu	8:13AM – 9:27AM 2:22PM – 3:35PM 10:40AM – 11:54AM	Ardra Until 4:50PM Vaidhri* Until 6:29AM Kaulava Until 11:21AM Trayodashi Until 9:58PM	Ganesh: Red Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 6:59AM Sunset: 4:46PM	Moon 12 - Phase 40 - 26 4th Phase
Creative Work Siddha Yoga		Sivaloka Day					

Pradosha Vata

5 Saturday, January 31, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Manita Vessara Yuktayam Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanija Karana Chaturdashmyam Titau				Portland, ME Sun 27	Sutra 293 Vasvasu 5127
Mithuna Rasi: 27.52	Tithi 14	Gulika Yama Rahu	6:58AM – 8:12AM 1:08PM – 2:22PM 9:26AM – 10:40AM	Punarvasu Until 3:04PM Pihl Until 11:46PM Gara Until 8:40AM Chaturdashi* Until 7:24PM	Ganesh: Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 6:58AM Sunset: 4:50PM	Moon 12 - Phase 40 - 27 4th Phase
Creative Work Siddha Yoga Thai Pusam		Devaloka Day					

○ Sunday, February 1, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Bhanu Vessara Yuktayam Copper Retreat Star Pushya/Ashlesha* Nakshatra Ayushman Yoga Visi*/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 28	Sutra 294 Vasvasu 5127
Kataka Rasi: 12.14	Tithi 15 – 16	Gulika Yama Rahu	2:22PM – 3:36PM 1:54AM – 1:08PM 3:36PM – 4:50PM	Pushya Until 1:27PM Ayushman Until 8:48PM Visi Until 6:15AM Purnima* Until 5:09PM	Ganesh: Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 6:58AM Sunset: 4:50PM	Moon 12 - Phase 40 - Purnima
Creative Work Siddha Yoga		Devaloka Day					

Monday, February 2, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Indu Vessara Yuktayam Silver Retreat Star Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvivyayam Titau				Portland, ME Sun 29	Sutra 295 Vasvasu 5127
Kataka Rasi: 26.22	Tithi 16 – 17	Gulika Yama Rahu	1:09PM – 2:23PM 10:40AM – 11:54AM 8:12AM – 9:26AM	Ashlesha* Until 12:07PM Saubhagya Until 6:12PM Taila Until 2:41AM Tue Prathama* Until 3:21PM	Ganesh: Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 6:57AM Sunset: 4:50PM	Moon 12 - Phase 40 - Prathama
Family Home Evening Creative Work Siddha Yoga Until 12:07PM Then Routine Work - Marana Yoga		Devaloka Day					

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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**Tuesday, February 3, 2026****Gold Retreat Star**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Mangala Vasara Yukhtayam
 Magha/Purvaphalguni Nakshatra Siddhanta/Ahiganda* Yoga Gara/Vasara Karana Dvitiya/Tritiyam Titau

Gulika 11:55AM - 1:09PM **Magha* Untill 11:37AM** **Ganesh:** Red **Sunrise:** 6:56AM **Sun 1** Portland, ME
Yama 9:25AM - 10:40AM **Sobhana Untill 4:06PM** **Muruga:** White **Sunset:** 4:59PM **Moon 1 - Phase 41 - 1** Sutra 296
Rahu 2:24PM - 3:38PM **Vanija Untill 1:49AM Wed** **Nataraja:** Orange **Moon 1 - Phase 41 - 1** Sutra 512
Dvitiya Untill 2:09PM **Moan - Red** **Sivaloka Day**

Creative Work Siddha Yoga

1 Wednesday, February 4, 2026**Simha Rasi: 23.33 TITHI 18 - 19**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Baulha Vasara Yukhtayam
 Purvaphalguni/Ultrapahlguni Nakshatra Ahiganda*/Sukama Yoga Vasi*/Bava Karana Tritiya/Chaturtham Titau

Gulika 10:40AM - 11:55AM **Purvaphalguni Untill 11:40AM** **Ganesh:** Red **Sunrise:** 6:55AM **Sun 2** Portland, ME
Yama 8:10AM - 9:25AM **Ahiganda* Untill 2:31PM** **Muruga:** White **Sunset:** 4:56PM **Moon 1 - Phase 41 - 2** Sutra 299
Rahu 11:55AM - 1:10PM **Bava Untill 1:41AM Thu** **Nataraja:** Orange **Moon 1 - Phase 41 - 2** Sutra 512
Tritiya Untill 1:38PM **Moan - Red** **Sivaloka Day**

Creative Work Amrita Yoga

Maha Sankatahara Chaturthi**2 Thursday, February 5, 2026****Kanya Rasi: 6.34 TITHI 19 - 20**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Guru Vasara Yukhtayam
 Ultrapahlguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 9:24AM - 10:40AM **Ultrapahlguni Untill 12:16PM** **Ganesh:** Red **Sunrise:** 6:54AM **Sun 3** Portland, ME
Yama 6:54AM - 8:09AM **Sukama Untill 1:31PM** **Muruga:** White **Sunset:** 4:56PM **Moon 1 - Phase 41 - 3** Sutra 298
Rahu 1:10PM - 2:25PM **Kaulava Untill 2:18AM Fri** **Nataraja:** Orange **Moon 1 - Phase 41 - 3** Sutra 512
Chaturthi* Untill 1:52PM **Moan - Red** **Sivaloka Day**

Untill 12:16PM
 Then Routine Work - Marana Yoga

3 Friday, February 6, 2026**Kanya Rasi: 19.13 TITHI 20 - 21**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Sukra Vasara Yukhtayam
 Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Talila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:08AM - 9:24AM **Hasta Untill 1:54PM** **Ganesh:** Green **Sunrise:** 6:53AM **Sun 4** Portland, ME
Yama 2:26PM - 3:42PM **Dhriti Untill 1:07PM** **Muruga:** White **Sunset:** 4:57PM **Moon 1 - Phase 41 - 4** Sutra 299
Rahu 10:39AM - 11:55AM **Gara Untill 3:36AM Sat** **Nataraja:** Orange **Moon 1 - Phase 41 - 4** Sutra 512
Panchami Untill 2:51PM **Moan - Green** **Devaloka Day**

Creative Work Amrita Yoga

Untill 1:54PM

Then Creative Work - Siddha Yoga

4 Saturday, February 7, 2026**Tula Rasi: 1.35 TITHI 21 - 22**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Manita Vasara Yukhtayam
 Chitra/Svati Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Shashthi/Saptamam Titau

Gulika 6:51AM - 8:07AM **Chitra Untill 4:00PM** **Ganesh:** White **Sunrise:** 6:51AM **Sun 5** Portland, ME
Yama 1:11PM - 2:27PM **Shula* Untill 1:10PM** **Muruga:** White **Sunset:** 4:59PM **Moon 1 - Phase 41 - 5** Sutra 300
Rahu 9:23AM - 10:39AM **Visli Untill 5:30AM Sun** **Nataraja:** Orange **Moon 1 - Phase 41 - 5** Sutra 512
Shashthi* Untill 4:28PM **Moan - Green** **Devaloka Day**

Routine Work Marana Yoga

Untill 4:00PM

Then Creative Work - Siddha Yoga

5 Sunday, February 8, 2026**Tula Rasi: 13.42 TITHI 22**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Bhanu Vasara Yukhtayam
 Svati Nakshatra Ganda*/Middhi Yoga Bava Karana Saptamam Titau

Gulika 2:27PM - 3:44PM **Svati Untill 6:24PM** **Ganesh:** White **Sunrise:** 6:50AM **Sun 6** Portland, ME
Yama 11:55AM - 1:11PM **Ganda* Untill 1:38PM** **Muruga:** White **Sunset:** 5:00PM **Moon 1 - Phase 41 - 6** Sutra 301
Rahu 3:44PM - 5:00PM **Bava Untill 6:35PM** **Nataraja:** Orange **Moon 1 - Phase 41 - 6** Sutra 512
Saptami Untill 6:35PM **Moan - Green** **Devaloka Day**

Creative Work Siddha Yoga

Untill 6:24PM

Then Routine Work - Marana Yoga

Monday, February 9, 2026**Retreat Star****Tula Rasi: 25.41 TITHI 23**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Indra Vasara Yukhtayam
 Vishakha Nakshatra Dhruva/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

Gulika 1:12PM - 2:28PM **Vishakha Untill 9:25PM** **Ganesh:** Clear **Sunrise:** 6:49AM **Sun 7** Portland, ME
Yama 10:39AM - 11:55AM **Viddhi Untill 2:22PM** **Muruga:** White **Sunset:** 5:01PM **Moon 1 - Phase 41 - 7** Sutra 302
Rahu 8:06AM - 9:22AM **Balava Untill 7:47AM** **Nataraja:** Orange **Moon 1 - Phase 41 - 7** Sutra 512
Ashtami* Untill 8:59PM **Moan - Orange** **Sivaloka Day**

Family Home Evening

Untill 9:25PM

Then Creative Work - Siddha Yoga

Tuesday, February 10, 2026**Retreat Star****Mitschika Rasi: 7.34 TITHI 24**

Vishvasu Nama Samvatsare Uтарыаne Moksha Ritau Makara Mase Krtishna Paksha Mangala Vasara Yukhtayam
 Anuradha Nakshatra Dhruva/Vyaghata* Yoga Talila/Gara Karana Navamam Titau

Gulika 11:55AM - 1:12PM **Anuradha Untill 12:20AM Wed** **Ganesh:** Clear **Sunrise:** 6:48AM **Sun 8** Portland, ME
Yama 9:21AM - 10:38AM **Dhruva Untill 3:09PM** **Muruga:** White **Sunset:** 5:03PM **Moon 1 - Phase 41 - 8** Sutra 303
Rahu 2:29PM - 3:46PM **Talila Untill 10:15AM** **Nataraja:** Orange **Moon 1 - Phase 41 - 8** Sutra 512
Navam* Untill 11:28PM **Moan - Orange** **Sivaloka Day**

Creative Work Siddha Yoga

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
 Raurava Agama Kriya Pada

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www.gurudeva.org/pancham

1		Wednesday, February 11, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktyam Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanja/Vasi* Karana Dashamyam Titau		Portland, ME Sun 9	Sutra 304 Vasvasu 5127
Wischika Rasi: 19.28	Tithi 25	Gulika 10:38AM - 11:55AM	Jyeshtha* Until 2:58AM Thu	Ganesha: Clear	Sunrise: 6:46AM		
		Yama 8:04AM - 9:21AM	Vyaghata* Until 3:55PM	Muruga: White	Sunset: 5:04PM	Moon 1 - Phase 42 - 9	2nd Phase
Creative Work	Siddha Yoga	Rahu 11:55AM - 1:12PM	Vanija Until 12:42PM	Nataraja: Orange			
			Dashami Until 1:50AM Thu	Moan - Orange			Sivaloka Day

2		Thursday, February 12, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktyam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Titau		Portland, ME Sun 10	Sutra 305 Vasvasu 5127
Dhanus Rasi: 1.25	Tithi 26	Gulika 9:20AM - 10:38AM	Mula* Until 5:39AM Fri	Ganesha: Purple	Sunrise: 6:45AM		
		Yama 6:45AM - 8:03AM	Harshana Until 4:32PM	Muruga: White	Sunset: 5:05PM	Moon 1 - Phase 42 - 11	2nd Phase
Creative Work	Siddha Yoga	Rahu 1:13PM - 2:30PM	Bava Until 2:56PM	Nataraja: Orange			
			Ekadashi* Until 3:54AM Fri	Moan - Light Blue			Devaloka Day

3		Friday, February 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktyam Purvashadha* Nakshatra Vajra/Siddhi Yoga Kaulava/Taililo Karana Dvadashyam Titau		Portland, ME Sun 11	Sutra 306 Vasvasu 5127
Dhanus Rasi: 13.3	Tithi 27	Gulika 8:02AM - 9:19AM	Purvashadha* Until 7:43AM Sat	Ganesha: Purple	Sunrise: 6:44AM		
		Yama 2:31PM - 3:49PM	Vajra* Until 4:49PM	Muruga: White	Sunset: 5:07PM	Moon 1 - Phase 42 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	Rahu 10:37AM - 11:55AM	Kaulava Until 4:47PM	Nataraja: Orange			
			Dvadashi* Until 5:30AM Sat	Moan - Light Blue			Devaloka Day

4		Saturday, February 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktyam Purvashadha* Uttarashadha Nakshatra Siddhi/Vyailpala* Yoga Gara Karana Trayodashyam Titau		Portland, ME Sun 12	Sutra 307 Vasvasu 5127
Dhanus Rasi: 25.46	Tithi 28	Gulika 6:42AM - 8:01AM	Purvashadha* Until 7:43AM	Ganesha: Clear	Sunrise: 6:42AM		
		Yama 1:13PM - 2:32PM	Siddhi Until 4:45PM	Muruga: White	Sunset: 5:08PM	Moon 1 - Phase 42 - 12	2nd Phase
Creative Work	Siddha Yoga	Rahu 9:19AM - 10:37AM	Gara Until 6:08PM	Nataraja: Orange			
			Trayodashi* Until 6:35AM Sun	Moan - Light Blue			Sivaloka Day

5		Sunday, February 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shukra Vasara Yuktyam Uttarashadha/Shravana Nakshatra Vyailpala* Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 13	Sutra 308 Vasvasu 5127
Makara Rasi: 8.16	Tithi 28 - 29	Gulika 2:32PM - 3:51PM	Uttarashadha Until 9:08AM	Ganesha: Clear	Sunrise: 6:41AM		
		Yama 11:55AM - 1:14PM	Vyailpala* Until 4:16PM	Muruga: White	Sunset: 5:09PM	Moon 1 - Phase 42 - 13	2nd Phase
Creative Work	Amrita Yoga	Rahu 3:51PM - 5:09PM	Visil Until 6:56PM	Nataraja: Orange			
			Trayodashi* Until 6:35AM	Moan - Light Blue			Sivaloka Day

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Indu Vasara Yuktyam Shravana/Uttarashadha Nakshatra Varjan/Parigraha* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 14	Sutra 309 Vasvasu 5127
Makara Rasi: 21.01	Tithi 29 - 30	Gulika 1:14PM - 2:33PM	Shravana Until 10:18AM	Ganesha: Orange	Sunrise: 6:40AM		
Family Home Evening		Yama 10:36AM - 11:55AM	Varjan Until 3:19PM	Muruga: White	Sunset: 5:11PM	Moon 1 - Phase 42 - 14	Amavasya
Creative Work	Amrita Yoga	Rahu 7:58AM - 9:17AM	Catuspada Until 7:09PM	Nataraja: Orange			
			Chaturdashi* Until 7:06AM	Moan - Purple			Sivaloka Day

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktyam Dhanishtha/Shatabhishak Nakshatra Parigraha/Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME Sun 15	Sutra 310 Vasvasu 5127
Kumbha Rasi: 4.02	Tithi 30 - 1	Gulika 11:55AM - 1:14PM	Dhanishtha Until 10:46AM	Ganesha: Orange	Sunrise: 6:38AM		
		Yama 9:17AM - 10:36AM	Parigraha* Until 1:58PM	Muruga: White	Sunset: 5:12PM	Moon 1 - Phase 42 - 15	Prathama
Creative Work	Siddha Yoga	Rahu 2:34PM - 3:53PM	Kintughna Until 6:50PM	Nataraja: Orange			
			Amavasya* Until 7:02AM	Moan - Purple			Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Wednesday, February 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dityajayam Titau		Portland, ME Subra 311 Vasvasu 5127
Kumbha Rasi: 17.2	Tilthi 1 – 2	Gulika Yama 997548577	10:35AM – 11:55AM 7:56AM – 9:16AM Rahu 11:55AM – 1:15PM	Shalabhshikam Untill 10:36AM Shiva Untill 12:14PM Balava Untill 6:02PM Prathama* Untill 6:28AM	Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple	Sunrise: 6:27AM Sunset: 5:19PM Moon 1 - Phase 43-17 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day
Untill 10:36AM						
Then Creative Work	- Amrita Yoga					

2		Thursday, February 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Visara Yuktayam Puravroshthapada*/Uttarproshthapada Nakshatra Siddha Yoga Talila/Gara Karana Prathama/Dityajayam Titau		Portland, ME Subra 312 Vasvasu 5127
Mesha Rasi: 0.52	Tilthi 3	Gulika Yama 917548577	9:15AM – 10:35AM 6:35AM – 7:55AM Rahu 1:15PM – 2:35PM	Puravroshthapada* Untill 10:19AM Siddha Untill 10:09AM Talilla Untill 4:50PM Tritiya Untill 4:06AM Fri	Ganesha: Green Muruga: White Nataraja: Orange Moon – Clear	Sunrise: 6:25AM Sunset: 5:19PM Moon 1 - Phase 43-17 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day

3		Friday, February 20, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Visara Yuktayam Uttarproshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Visti* Karana Chaturthiyam Titau		Portland, ME Subra 313 Vasvasu 5127
Mesha Rasi: 15	Tilthi 4	Gulika Yama 917548577	7:54AM – 9:14AM 2:35PM – 3:55PM Rahu 10:35AM – 11:55AM	Uttarproshthapada Untill 9:33AM Sadya Untill 7:49AM Vanija Untill 3:20PM Chaturthi* Untill 2:27AM Sat	Ganesha: Green Muruga: White Nataraja: Orange Moon – Clear	Sunrise: 6:24AM Sunset: 5:16PM Moon 1 - Phase 43-18 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day

4		Saturday, February 21, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Subra 314 Vasvasu 5127
Mesha Rasi: 28.31	Tilthi 5	Gulika Yama 918548577	6:32AM – 7:53AM 1:15PM – 2:36PM Rahu 9:13AM – 10:34AM	Revati Untill 8:24AM Sukla Untill 2:34AM Sun Bava Untill 1:35PM Panchami Untill 12:37AM Sun	Ganesha: Red Muruga: White Nataraja: Orange Moon – Clear	Sunrise: 6:22AM Sunset: 5:17PM Moon 1 - Phase 43-19 3rd Phase
Routine Work	Prabalaristha Yoga					Sivaloka Day
Untill 8:24AM						
Then Creative Work	- Siddha Yoga					
						Subramunijayasami Siva Vision Day

5		Sunday, February 22, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthiyam Titau		Portland, ME Subra 315 Vasvasu 5127
Mesha Rasi: 12.32	Tilthi 6	Gulika Yama 928548577	2:37PM – 3:58PM 11:55AM – 1:16PM Rahu 3:58PM – 5:19PM	Ashvini Untill 7:21AM Brahma Untill 11:45PM Kaulava Untill 11:39AM Shashthi* Untill 10:38PM	Ganesha: Blue Muruga: White Nataraja: Orange Moon – White	Sunrise: 6:31AM Sunset: 5:19PM Moon 1 - Phase 43-20 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Untill 7:21AM						
Then Routine Work	- Prabalaristha Yoga					

6		Monday, February 23, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Kittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamyam Titau		Portland, ME Subra 316 Vasvasu 5127
Mesha Rasi: 26.38	Tilthi 7	Gulika Yama 928548577	1:16PM – 2:37PM 10:33AM – 11:55AM Rahu 7:50AM – 9:12AM	Bharani Untill 6:01AM Indra Untill 8:53PM Gara Untill 9:37AM Sapthami Untill 8:33PM	Ganesha: Blue Muruga: White Nataraja: Orange Moon – White	Sunrise: 6:29AM Sunset: 5:20PM Moon 1 - Phase 43-21 3rd Phase
Family Home Evening	Siddha Yoga					Devaloka Day
Untill 6:01AM						
Then Routine Work	- Marana Yoga					

Retreat Star		Tuesday, February 24, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini Nakshatra Vaidhiti/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Subra 317 Vasvasu 5127
Wisshaha Rasi: 10.48	Tilthi 8	Gulika Yama 938548577	11:54AM – 1:16PM 9:11AM – 10:33AM Rahu 2:38PM – 3:59PM	Rohini Untill 3:12AM Wed Vaidhiti* Untill 5:57PM Visti Untill 7:31AM Ashtami* Untill 6:25PM	Ganesha: Yellow Muruga: White Nataraja: Orange Moon – Yellow	Sunrise: 6:28AM Sunset: 5:21PM Moon 1 - Phase 43-22 Ashtami
Creative Work	Amrita Yoga					Sivaloka Day
Untill 3:12AM Wed						
Then Creative Work	- Siddha Yoga					

Retreat Star		Wednesday, February 25, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Migashira Nakshatra Vishkambha*/Pitru Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Portland, ME Subra 318 Vasvasu 5127
Wisshaha Rasi: 24.59	Tilthi 9 – 10	Gulika Yama 938648577	10:32AM – 11:54AM 7:48AM – 9:10AM Rahu 11:54AM – 1:16PM	Migashira Untill 1:46AM Thu Vishkambha* Untill 3:02PM Tailila Untill 3:15AM Thu Navami* Untill 4:17PM	Ganesha: Blue Muruga: White Nataraja: Orange Moon – Yellow	Sunrise: 6:26AM Sunset: 5:22PM Moon 1 - Phase 43-23 Navami
Creative Work	Siddha Yoga					Subha Sivaloka Day
Untill 1:46AM Thu						
Then Routine Work	- Marana Yoga					

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Guru Vasara Yuktayam Ardra Nakshatra Purni/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Portland, ME Sutra 319
Mithuna Rasi: 9.09	Tithi 10 – 11	Gulika 9:09AM – 10:32AM	Ardra Untill 12:16AM Fri	Ganesh: Blue	Sunrise: 6:24AM	Vasarasu 5127
		Yama 6:24AM – 7:47AM	Purni Untill 12:06PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 44 - 24
		938648577 Rahu 1:17PM – 2:39PM	Vanija Untill 1:10AM Fri	Nataraja: Orange		4th Phase
Routine Work - Marana Yoga			Dashami Untill 2:11PM	Moon - Yellow		Subha Sivaloka Day
Untill 12:16AM Fri				Phalguna/Masi		
Then Creative Work - Siddha Yoga						
2 Friday, February 27, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Sutra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhaya Yoga Vasi/Bava Karana Ekadashi/Dwadashyam Tilau				Portland, ME Sutra 320
Mithuna Rasi: 23.17	Tithi 11 – 12	Gulika 7:46AM – 9:08AM	Punarvasu Untill 11:09PM	Ganesh: White	Sunrise: 6:23AM	Vasarasu 5127
		Yama 2:40PM – 4:02PM	Ayushman Untill 9:17AM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 44 - 25
		949648577 Rahu 10:31AM – 11:54AM	Bava Untill 11:14PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Ekadashi Untill 12:10PM	Moon - Blue		Devaloka Day
Untill 11:09PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						
3 Saturday, February 28, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Mania Vasara Yuktayam Pushya Nakshatra Saubhaya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodshyam Tilau				Portland, ME Sutra 321
Kalka Rasi: 7.19	Tithi 12 – 13	Gulika 6:21AM – 7:44AM	Pushya Untill 10:07PM	Ganesh: White	Sunrise: 6:21AM	Vasarasu 5127
		Yama 1:17PM – 2:40PM	Saubhaya Untill 6:35AM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 44 - 26
		949648577 Rahu 9:07AM – 10:31AM	Kaulava Untill 9:29PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Dvadashi Untill 10:19AM	Moon - Blue		Devaloka Day
Untill 10:07PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						
4 Sunday, March 1, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Portland, ME Sutra 322
Kalka Rasi: 21.12	Tithi 13 – 14	Gulika 2:41PM – 4:05PM	Ashlesha* Untill 9:13PM	Ganesh: White	Sunrise: 6:18AM	Vasarasu 5127
		Yama 11:53AM – 1:17PM	Athiganda* Untill 1:48AM Mon	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 44 - 27
		949648577 Rahu 4:05PM – 5:29PM	Gara Untill 8:03PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga		Chidambaram Abhishekam	Trayodashi Untill 8:42AM	Moon - Blue		Devaloka Day
Untill 9:13PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						
Monday, March 2, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdash/Purnimayam Tilau				Portland, ME Sutra 323
Copper Retreat Star		Gulika 1:17PM – 2:42PM	Magha* Untill 9:00PM	Ganesh: Clear	Sunrise: 6:16AM	Vasarasu 5127
Simha Rasi: 4.53	Tithi 14 – 15	Yama 10:29AM – 11:53AM	Sukarma Untill 11:52PM	Muruga: White	Sunset: 5:30PM	Moon 1 - Phase 44 -
Family Home Evening		959648577 Rahu 7:40AM – 9:05AM	Visli Untill 6:59PM	Nataraja: Orange		Purnima
Routine Work - Marana Yoga			Chaturdashi* Untill 7:27AM	Moon - Red		Sivaloka Day
Untill 9:00PM		Holi		Phalguna/Masi		
Then Creative Work - Siddha Yoga						
Tuesday, March 3, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhirli Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Portland, ME Sutra 324
Silver Retreat Star		Gulika 11:53AM – 1:18PM	Purvaphalguni Untill 9:06PM	Ganesh: Clear	Sunrise: 6:15AM	Vasarasu 5127
Simha Rasi: 18.2	Tithi 15 – 16	Yama 9:04AM – 10:28AM	Dhirli Untill 10:20PM	Muruga: White	Sunset: 5:31PM	Moon 1 - Phase 44 -
		959648577 Rahu 2:42PM – 4:07PM	Balava Untill 6:25PM	Nataraja: Orange		Prathama
Creative Work - Siddha Yoga			Purnima* Untill 6:37AM	Moon - Red		Sivaloka Day
Untill 9:06PM				Phalguna/Masi		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Uтарaphаguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau

Portland, ME
Sutra 325

Kanya Rasi: 1.3 Tithi 16 - 17

Gulika
Yama

10:26AM - 11:53AM
7:38AM - 9:03AM

Uтарaphаguni Until 9:36PM
Shula* Until 9:12PM
Tailita Until 6:23PM

Ganesha: Clear Sunrise: 6:13AM
Murgua: White Sunset: 5:29PM

Moon 2 - Phase 45 - 1st Phase

Creative Work Amrita Yoga
Until 9:36PM
Then Routine Work - Marana Yoga

Nataraja: Orange
Moon - Red
Sivaloka Day

1 Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Hashta Nakshatra Ganda* Yoga Gara/Vanija Karana Divlyaya/Triityayam Titau

Portland, ME
Sutra 326

Kanya Rasi: 14.23 Tithi 17 - 18

Gulika
Yama

9:02AM - 10:27AM
6:11AM - 7:36AM

Hasla Until 10:59PM
Ganda* Until 8:33PM
Vanija Until 6:56PM

Ganesha: White Sunrise: 6:17AM
Murgua: White Sunset: 5:34PM

Moon 2 - Phase 45 - 1st Phase

Routine Work Marana Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

Nataraja: Orange
Moon - Green
Devaloka Day

2 Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
Chitra Nakshatra Vidhvi Yoga Visi* Bava Karana Tritiya/Chaturthayam Titau

Portland, ME
Sutra 327

Kanya Rasi: 26.59 Tithi 18 - 19

Gulika
Yama

7:35AM - 9:01AM
2:44PM - 4:09PM

Chitra Until 12:46AM Sat
Vidhvi Until 8:22PM
Bava Until 8:05PM

Ganesha: White Sunrise: 6:09AM
Murgua: White Sunset: 5:29PM

Moon 2 - Phase 45 - 2 1st Phase

Creative Work Siddha Yoga

Nataraja: Orange
Moon - Green
Devaloka Day

3 Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchatayam Titau

Portland, ME
Sutra 328

Tula Rasi: 9.2 Tithi 19 - 20

Gulika
Yama

6:08AM - 7:34AM
1:18PM - 2:44PM

Svali Until 2:52AM Sun
Dhruva Until 8:33PM
Kaulava Until 9:45PM

Ganesha: Purple Sunrise: 6:08AM
Murgua: Clear Sunset: 5:36PM

Moon 2 - Phase 45 - 3 1st Phase

Creative Work Siddha Yoga
Until 2:52AM Sun
Then Routine Work - Marana Yoga

Nataraja: Orange
Moon - Green
Bhuloka Day
Devaloka Time: 3PM to 6PM

4 Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Portland, ME
Sutra 329

Tula Rasi: 21.29 Tithi 20 - 21

Gulika
Yama

2:45PM - 4:11PM
11:52AM - 1:18PM

Vishakha Until 5:41AM Mon
Vyaghata* Until 9:04PM
Gara Until 11:50PM

Ganesha: Clear Sunrise: 6:06AM
Murgua: Clear Sunset: 5:38PM

Moon 2 - Phase 45 - 4 1st Phase

Routine Work Marana Yoga
Until 5:41AM Mon
Then Creative Work - Siddha Yoga

Nataraja: Orange
Moon - Orange
Devaloka Day

5 Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Vanija/Vajra* Karana Shashthi/Saptamayam Titau

Portland, ME
Sutra 330

Witschika Rasi: 3.29 Tithi 21 - 22

Gulika
Yama

1:18PM - 2:45PM
10:25AM - 11:52AM

Anuradha Until 8:32AM Tue
Harshana Until 9:49PM
Visi Until 2:11AM Tue

Ganesha: Clear Sunrise: 6:04AM
Murgua: Clear Sunset: 5:39PM

Moon 2 - Phase 45 - 5 1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 8:32AM Tue
Then Routine Work - Marana Yoga

Nataraja: Orange
Moon - Orange
Devaloka Day

6 Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Purnima Mangalya/Vasara Yuktayam
Anuradha Nakshatra Harshana Vajra* Yoga Bava/Balava Karana Saptami/Ashtami Titau

Portland, ME
Sutra 331

Witschika Rasi: 15.24 Tithi 22 - 23

Gulika
Yama

11:51AM - 1:19PM
8:57AM - 10:24AM

Anuradha Until 8:32AM
Vajra* Until 10:37PM
Balava Until 4:37AM Wed

Ganesha: Clear Sunrise: 6:03AM
Murgua: White Sunset: 5:40PM

Moon 2 - Phase 45 - 6 1st Phase

Creative Work Siddha Yoga
Until 8:32AM
Then Routine Work - Marana Yoga

Nataraja: Light Blue
Moon - Orange
Bhuloka Day
Devaloka Time: 6AM to 9AM

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Siddhi Yoga Kaulava/Tailita Karana Ashtami/Navamayam Titau

Portland, ME
Sutra 332

Witschika Rasi: 27.18 Tithi 23 - 24

Gulika
Yama

10:24AM - 11:51AM
7:28AM - 8:56AM

Jyeshtha* Until 11:15AM
Siddhi Until 11:22PM
Tailita Until 6:55AM Thu

Ganesha: Clear Sunrise: 6:01AM
Murgua: White Sunset: 5:41PM

Moon 2 - Phase 45 - 7 Ashtami

Creative Work Siddha Yoga
Until 11:15AM
Then Routine Work - Marana Yoga

Nataraja: Light Blue
Moon - Orange
Bhuloka Day
Devaloka Time: 6AM to 9AM

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Mula/Purvashadha* Nakshatra Vyalipata* Yoga Tailita/Gara Karana Navamayam Titau

Portland, ME
Sutra 333

Dhanu Rasi: 9.15 Tithi 24

Gulika
Yama

8:55AM - 10:23AM
5:59AM - 7:27AM

Mula* Until 2:08PM
Vyalipata* Until 11:56PM
Tailita Until 6:55AM

Ganesha: White Sunrise: 5:59AM
Murgua: White Sunset: 5:43PM

Moon 2 - Phase 45 - 8 Navami

Creative Work Siddha Yoga

Nataraja: Light Blue
Moon - Orange
Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi: Sukra Vasara Yuktiyam Purnvashada/Uttarashada Nakshatra Varjyan Yoga Vanija/Vishti/ Karana Dashmashyam Titau				Portland, ME Sun 9	Sutra 334 Vasvasu 5127 Phase 46 - 9 2nd Phase
Dhanu Rasi: 21.19	Tithi 25	Gulika 7:24AM - 8:54AM	Purvashada* Until 4:29PM	Ganesha: White Muruga: White Nataraja: Light Blue Moon - Light Blue	Sunrise: 5:57AM Sunset: 5:49PM	Bhuloka Day	
Routine Work Prabalarihta Yoga Until 4:29PM Then Routine Work - Marana Yoga		181658677	Rahu 10:22AM - 11:51AM	Dashami Until 9:39PM	PhalgunPanguni		

2 Saturday, March 14, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Manita Vasara Yuktiyam Uttarashada Nakshatra Parigaha/ Yoga Bava/Baleva Karana Ekadashyam Titau				Portland, ME Sun 10	Sutra 335 Vasvasu 5127 Moon 2 - Phase 46 - 10 2nd Phase
Makara Rasi: 4	Tithi 26	Gulika 5:55AM - 7:24AM	Uttarashada Until 6:08PM	Ganesha: White Muruga: White Nataraja: Light Blue Moon - Light Blue	Sunrise: 5:55AM Sunset: 5:49PM	Bhuloka Day	
Routine Work Marana Yoga Until 6:08PM Then Creative Work - Siddha Yoga		181658677	Rahu 8:53AM - 10:22AM	Ekadashi* Until 10:47PM	PhalgunPanguni		
			Karadayani Nombu (Tamil Nadu)				

3 Sunday, March 15, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Bharu Vasara Yuktiyam Shravana Nakshatra Shiva Yoga Kaulava/Tallila Karana Dvadashyam Titau				Portland, ME Sun 11	Sutra 336 Vasvasu 5127 Moon 2 - Phase 46 - 11 2nd Phase
Makara Rasi: 16.09	Tithi 27	Gulika 2:48PM - 4:17PM	Shravana Until 7:27PM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 5:54AM Sunset: 5:46PM	Bhuloka Day	
Creative Work Amrita Yoga Until 7:27PM Then Routine Work - Marana Yoga		191658678	Rahu 4:17PM - 5:46PM	Dvadashi* Until 11:14PM	PhalgunPanguni	Devaloka Time: 6AM to 9AM	
			Kaulava Until 11:07AM				
			Shiva Until 11:07PM				

4 Monday, March 16, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Indu Vasara Yuktiyam Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sun 12	Sutra 337 Vasvasu 5127 Moon 2 - Phase 46 - 12 2nd Phase
Makara Rasi: 29.02	Tithi 28	Gulika 1:19PM - 2:49PM	Dhanishtha Until 7:54PM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 5:52AM Sunset: 5:47PM	Bhuloka Day	
Family Home Evening Creative Work Siddha Yoga		191658678	Rahu 7:21AM - 8:51AM	Trayodashi* Until 10:57PM	PhalgunPanguni	Devaloka Time: 6AM to 9AM	
			Siddha Until 9:45PM				
			Gara Until 11:12AM				

5 Tuesday, March 17, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Mangala Vasara Yuktiyam Shalabhishak Nakshatra Sadyha Yoga Vistil/Sakuni/ Karana Chaturdashyam Titau				Portland, ME Sun 13	Sutra 338 Vasvasu 5127 Moon 2 - Phase 46 - 13 2nd Phase
Kumbha Rasi: 12.17	Tithi 29	Gulika 11:49AM - 1:19PM	Shalabhishak Until 7:31PM	Ganesha: Blue Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 5:50AM Sunset: 5:49PM	Devaloka Day	
Routine Work Marana Yoga		192658678	Rahu 2:49PM - 4:19PM	Chaturdashi* Until 9:58PM	PhalgunPanguni		
			Sadyha Until 7:52PM				
			Vistil Until 10:33AM				

Wednesday, March 18, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Badha Vasara Yuktiyam Purnvashthapada/ Nakshatra Subha/Sukla Karana Amavasyayam Titau				Portland, ME Sun 14	Sutra 339 Vasvasu 5127 Moon 2 - Phase 46 - 14 Amavasya
Retreat Star		Gulika 10:19AM - 11:49AM	Purnvashthapada* Until 6:51PM	Ganesha: Red Muruga: White Nataraja: Purple Moon - Clear	Sunrise: 5:48AM Sunset: 5:50PM	Bhuloka Day	
Kumbha Rasi: 25.53	Tithi 30	112658678	Rahu 11:49AM - 1:19PM	Amavasya* Until 8:24PM	PhalgunPanguni	Devaloka Time: 9AM to 12:2PM	
Creative Work Amrita Yoga Until 6:51PM Then Creative Work - Siddha Yoga			Subha Until 5:31PM				
			Catuspada Until 9:17AM				

Thursday, March 19, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Pakshi: Guru Vasara Yuktiyam Uttarproshthapada/ Revati Nakshatra Sukla/Bahma Yoga Kirtughna/Bava Karana Prathamayam Titau				Portland, ME Sun 15	Sutra 340 Vasvasu 5127 Moon 2 - Phase 46 - 15 Prathama
Retreat Star		Gulika 8:48AM - 10:18AM	Uttarproshthapada Until 5:33PM	Ganesha: Red Muruga: White Nataraja: Purple Moon - Clear	Sunrise: 5:47AM Sunset: 5:51PM	Bhuloka Day	
Meena Rasi: 9.5	Tithi 1	112658678	Rahu 1:19PM - 2:50PM	Prathama* Until 6:22PM	ChaitraPanguni	Devaloka Time: 9AM to 12:2PM	
Creative Work Siddha Yoga			Sukla Until 2:44PM				
			Kirtughna Until 7:27AM				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yukhtayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Portland, ME Sun 16	Sutra 341 Vasvasu 5127
Mesha Rasi: 24.04	Tithi 2 - 3	Gulika 7:16AM - 8:47AM	Revati Until 3:46PM	Ganesh: Red	Sunrise: 5:45AM		
		Yama 2:50PM - 4:21PM	Brahma Until 11:41AM	Muruga: White	Sunset: 5:59PM	Moon 2 - Phase 47 - 16	3rd Phase
		Rahu 10:18AM - 11:49AM	Taila Until 2:44AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvitiya Until 3:59PM	Moon - Clear		Bhuloka Day	
Until 3:46PM				Chaitra-Panguni		Devaloka Time: 9AM to 12PM	
Then Creative Work - Amrita Yoga							
2 Saturday, March 21, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manu Varsara Yukhtayam Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Portland, ME Sun 17	Sutra 342 Vasvasu 5127
Mesha Rasi: 8.28	Tithi 3 - 4	Gulika 5:43AM - 7:14AM	Ashvini Until 2:04PM	Ganesh: Yellow	Sunrise: 5:43AM		
		Yama 1:20PM - 2:51PM	Indra Until 8:27AM	Muruga: White	Sunset: 5:54PM	Moon 2 - Phase 47 - 17	3rd Phase
		Rahu 8:46AM - 10:17AM	Bava Until 12:06AM Sun	Nataraja: Purple			
Creative Work	Siddha Yoga		Vanija Until 9:27PM	Moon - White		Bhuloka Day	
		Chellappaswami Mahasamadh	Tritiya Until 1:24PM	Chaitra-Panguni		Devaloka Time: 9AM to 12PM	
3 Sunday, March 22, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yukhtayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamiyam Tilau				Portland, ME Sun 18	Sutra 343 Vasvasu 5127
Mesha Rasi: 22.56	Tithi 4 - 5	Gulika 2:51PM - 4:23PM	Bharani Until 12:09PM	Ganesh: Blue	Sunrise: 5:41AM		
		Yama 11:48AM - 1:20PM	Vishkambha* Until 1:49AM Mon	Muruga: White	Sunset: 5:59PM	Moon 2 - Phase 47 - 18	3rd Phase
		Rahu 4:23PM - 5:55PM	Bava Until 9:27PM	Nataraja: Purple			
Routine Work	Prabalarista Yoga		Chaturthi* Until 10:45AM	Moon - White		Bhuloka Day	
Until 12:09PM				Chaitra-Panguni			
Then Creative Work - Siddha Yoga							
4 Monday, March 23, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yukhtayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau				Portland, ME Sun 19	Sutra 344 Vasvasu 5127
Wisshabha Rasi: 7.25	Tithi 5 - 6	Gulika 1:20PM - 2:52PM	Krittika Until 10:09AM	Ganesh: Blue	Sunrise: 5:39AM		
Family Home Evening		Yama 10:16AM - 11:48AM	Priti Until 10:36PM	Muruga: White	Sunset: 5:56PM	Moon 2 - Phase 47 - 19	3rd Phase
Routine Work	Marana Yoga	Rahu 7:11AM - 8:44AM	Kaulava Until 6:53PM	Nataraja: Purple			
Until 10:09AM			Panchami Until 8:08AM	Moon - White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaitra-Panguni			
5 Tuesday, March 24, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yukhtayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamiyam Tilau				Portland, ME Sun 20	Sutra 345 Vasvasu 5127
Wisshabha Rasi: 21.47	Tithi 7	Gulika 11:47AM - 1:20PM	Rohini Until 8:35AM	Ganesh: Yellow	Sunrise: 5:38AM		
		Yama 8:42AM - 10:15AM	Ayushman Until 7:32PM	Muruga: White	Sunset: 5:57PM	Moon 2 - Phase 47 - 20	3rd Phase
		Rahu 2:52PM - 4:25PM	Gara Until 4:31PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Saptami Until 3:23AM Wed	Moon - Yellow		Bhuloka Day	
Until 8:35AM				Chaitra-Panguni		Devaloka Time: 6AM to 9AM	
Then Creative Work - Siddha Yoga							
Wednesday, March 25, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yukhtayam Migashira/Andra Nakshatra Saubhagya/Sobhana Yoga Visi* Bava Karana Ashtamiyam Tilau				Portland, ME Sun 21	Sutra 346 Vasvasu 5127
Retreat Star		Gulika 10:14AM - 11:47AM	Mrigashira Until 7:05AM	Ganesh: Yellow	Sunrise: 5:36AM		
Mithuna Rasi: 6.01	Tithi 8	Yama 7:09AM - 8:41AM	Saubhagya Until 4:41PM	Muruga: White	Sunset: 5:58PM	Moon 2 - Phase 47 - 21	Ashtami
		Rahu 11:47AM - 1:20PM	Visi Until 2:23PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Ashlami* Until 1:24AM Thu	Moon - Yellow		Bhuloka Day	
				Chaitra-Panguni		Devaloka Time: 6AM to 9AM	
Thursday, March 26, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Varsara Yukhtayam Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamiyam Tilau				Portland, ME Sun 22	Sutra 347 Vasvasu 5127
Retreat Star		Gulika 8:40AM - 10:14AM	Punarvasu Until 4:58AM Fri	Ganesh: White	Sunrise: 5:34AM		
Mithuna Rasi: 20.04	Tithi 9	Yama 5:34AM - 7:07AM	Sobhana Until 2:05PM	Muruga: White	Sunset: 5:59PM	Moon 2 - Phase 47 - 22	Navami
		Rahu 1:20PM - 2:53PM	Balava Until 12:32PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Navami* Until 11:43PM	Moon - Blue		Bhuloka Day	
Until 4:58AM Fri		Sri Rama Navami		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakche Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Taillita/Gara Karana Dashamyanam Titau				Portland, ME Sun 23	Sutra 348 Vasarasu 5127
Kataka Rasi: 3.55	Tithi 10	Gulika 7:04AM - 8:39AM	Pushya Until 4:24AM Sat	Ganesha: White	Sunrise: 5:23AM		
		Yama 2:54PM - 4:27PM	Athiganda* Until 11:43AM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 4B - 23	4th Phase
Routine Work	Marana Yoga	Rahu 10:13AM - 11:46AM	Taillita Until 11:01AM	Nataraja: Purple			
			Dashami Until 10:22PM	Chaitra-Panguni Moon - Blue			Bhuloka Day

2 Saturday, March 28, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakche Manita Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti/Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 24	Sutra 349 Vasarasu 5127
Kataka Rasi: 17.34	Tithi 11	Gulika 5:30AM - 7:04AM	Ashlesha* Until 4:01AM Sun	Ganesha: White	Sunrise: 5:30AM		
		Yama 1:20PM - 2:54PM	Sukarma Until 9:38AM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 4B - 24	4th Phase
Routine Work	Marana Yoga	Rahu 8:38AM - 10:12AM	Vanija Until 9:50AM	Nataraja: Purple			
		Yogaswami Mahasamadhi	Ekadashi Until 9:21PM	Chaitra-Panguni Moon - Blue			Bhuloka Day

3 Sunday, March 29, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakche Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25	Sutra 350 Vasarasu 5127
Simha Rasi: 1	Tithi 12	Gulika 2:54PM - 4:29PM	Magha* Until 4:19AM Mon	Ganesha: Clear	Sunrise: 5:29AM		
		Yama 11:46AM - 1:20PM	Dhriti Until 7:51AM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 4B - 25	4th Phase
Routine Work	Marana Yoga	Rahu 4:29PM - 6:03PM	Bava Until 9:01AM	Nataraja: Purple			
Until 4:19AM Mon			Dvadashi Until 8:43PM	Chaitra-Panguni Moon - Red			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 6AM to 9AM

4 Monday, March 30, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakche Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Taillita Karana Trayodashyam Titau				Portland, ME Sun 26	Sutra 351 Vasarasu 5127
Simha Rasi: 14.14	Tithi 13	Gulika 1:20PM - 2:55PM	Purvaphalguni Until 4:51AM Tue	Ganesha: Clear	Sunrise: 5:27AM		
Family Home Evening		Yama 10:11AM - 11:46AM	Shula* Until 6:21AM	Muruga: White	Sunset: 6:04PM	Moon 2 - Phase 4B - 26	4th Phase
Creative Work	Siddha Yoga	Rahu 7:02AM - 8:36AM	Kaulava Until 8:34AM	Nataraja: Purple			
Until 4:51AM Tue			Trayodashi Until 8:28PM	Chaitra-Panguni Moon - Red			Bhuloka Day
Then Creative Work - Amrita Yoga							Devaloka Time: 6AM to 9AM

5 Tuesday, March 31, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27	Sutra 352 Vasarasu 5127
Simha Rasi: 27.16	Tithi 14	Gulika 11:45AM - 1:20PM	Uttaraphalguni Until 5:38AM Wed	Ganesha: Purple	Sunrise: 5:25AM		
		Yama 8:35AM - 10:10AM	Viddhi Until 4:20AM Wed	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 4B - 27	4th Phase
Creative Work	Amrita Yoga	Rahu 2:55PM - 4:30PM	Gara Until 8:31AM	Nataraja: Purple			
Until 5:38AM Wed			Chaturdash* Until 8:38PM	Chaitra-Panguni Moon - Red			Devaloka Day
Then Routine Work - Marana Yoga							

Wednesday, April 1, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakche Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau				Portland, ME Sun 28	Sutra 353 Vasarasu 5127
Copper Retreat Star		Gulika 10:10AM - 11:45AM	Hasta Until 7:09AM Thu	Ganesha: Clear	Sunrise: 5:25AM		
Kanya Rasi: 10.06	Tithi 15	Yama 7:00AM - 8:35AM	Dhruva Until 3:48AM Thu	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 4B - 28	Purnima
Routine Work	Marana Yoga	Rahu 11:45AM - 1:20PM	Visi Until 8:54AM	Nataraja: Purple			
Until 7:09AM Thu			Purnima* Until 9:13PM	Chaitra-Panguni Moon - Green			Bhuloka Day
Then Creative Work - Siddha Yoga		Panguni Uttarim Hanuman Jayanti					Devaloka Time: 9AM to 12:2PM

Thursday, April 2, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakche Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sun 29	Sutra 354 Vasarasu 5127
Silver Retreat Star		Gulika 8:34AM - 10:10AM	Hasta Until 7:09AM	Ganesha: Clear	Sunrise: 5:23AM		
Kanya Rasi: 22.43	Tithi 16	Yama 5:23AM - 6:59AM	Vyaghata* Until 3:38AM Fri	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 4B - 29	Prathama
Routine Work	Marana Yoga	Rahu 1:20PM - 2:56PM	Balava Until 9:42AM	Nataraja: Purple			
Until 7:09AM			Prathama* Until 10:15PM	Chaitra-Panguni Moon - Green			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 9AM to 12:2PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 5.09 Tithi 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Sakra Vasara Yuktayam
Chitra/Svali Nakshatra Harshana Yoga Talilla/Gara Karana Dvityayam Titau

Gulika 6:57AM - 8:33AM

Yama 2:56PM - 4:32PM

Rahu 10:09AM - 11:45AM

Chitra Until 8:55AM

Harshana Until 3:47AM Sat

Taililla Until 10:57AM

Dvitiya Until 11:42PM

Ganesh: Clear Sunrise: 5:20AM

Muruga: White Sunset: 6:08PM

Nataraja: Purple Moon - Green

Chaitra-Panguni

Sun 1 Portland, ME

Sutra 355

Vasarasu 5:17

Moon 3 - Phase 49 - 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Manta Vasara Yuktayam
Svali/Vishakha Nakshatra Vajra* Yoga Vanija/Visi* Karana Tritiyayam Titau

Gulika 5:20AM - 6:56AM

Yama 1:20PM - 2:57PM

Rahu 8:32AM - 10:08AM

Svali Until 10:56AM

Vajra* Until 4:12AM Sun

Taililla Until 12:36PM

Tritiya Until 1:32AM Sun

Ganesh: Clear Sunrise: 5:20AM

Muruga: White Sunset: 6:09PM

Nataraja: Purple Moon - Green

Chaitra-Panguni

Sun 2 Portland, ME

Sutra 356

Vasarasu 5:17

Moon 3 - Phase 49 - 2

Bhuloka Day
Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19

Routine Work Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 2:57PM - 4:34PM

Yama 11:44AM - 12:17PM

Rahu 4:34PM - 6:10PM

Vishakha Until 1:37PM

Siddhi Until 4:52AM Mon

Bava Until 2:36PM

Chaturthi* Until 3:41AM Mon

Ganesh: White Sunrise: 5:16AM

Muruga: White Sunset: 6:10PM

Nataraja: Purple Moon - Orange

Chaitra-Panguni

Sun 3 Portland, ME

Sutra 357

Vasarasu 5:17

Moon 3 - Phase 49 - 3

Devaloka Day

3

Monday, April 6, 2026

Wischika Rasi: 11.29 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yuktayam
Vysilpala* Jyeshtha* Nakshatra Vysilpala* Yoga Kaulava/Taililla Karana Panchamayam Titau

Gulika 1:21PM - 2:58PM

Yama 10:07AM - 11:44AM

Rahu 6:53AM - 8:30AM

Anuradha Until 4:24PM

Vysilpala* Until 5:42AM Tue

Kaulava Until 4:52PM

Panchami Until 6:03AM Tue

Ganesh: White Sunrise: 5:16AM

Muruga: White Sunset: 6:11PM

Nataraja: Purple Moon - Orange

Chaitra-Panguni

Sun 4 Portland, ME

Sutra 358

Vasarasu 5:17

Moon 3 - Phase 49 - 4

Devaloka Day

4

Tuesday, April 7, 2026

Wischika Rasi: 23.24 Tithi 20 - 21

Routine Work Marana Yoga

Until 7:09PM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Varjyan Yoga Talilla/Gara Karana Panchami/Shashthayam Titau

Gulika 11:43AM - 1:21PM

Yama 8:29AM - 10:06AM

Rahu 2:58PM - 4:35PM

Jyeshtha* Until 7:09PM

Varjyan Until 6:33AM Wed

Gara Until 7:17PM

Panchami Until 6:03AM

Ganesh: White Sunrise: 5:14AM

Muruga: White Sunset: 6:12PM

Nataraja: Purple Moon - Orange

Chaitra-Panguni

Sun 5 Portland, ME

Sutra 359

Vasarasu 5:17

Moon 3 - Phase 49 - 5

Devaloka Day

5

Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 - 22

Routine Work Marana Yoga

Until 10:12PM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Batha Vasara Yuktayam
Mula* Nakshatra Varjyan/Parigaha* Yoga Vanija/Visi* Karana Shashthi/Saptamayam Titau

Gulika 10:06AM - 11:43AM

Yama 6:50AM - 8:28AM

Rahu 11:43AM - 1:21PM

Mula* Until 10:12PM

Varjyan Until 6:33AM

Visi Until 9:40PM

Shashthi* Until 8:28AM

Ganesh: Yellow Sunrise: 5:13AM

Muruga: White Sunset: 6:14PM

Nataraja: Purple Moon - Light Blue

Chaitra-Panguni

Sun 6 Portland, ME

Sutra 360

Vasarasu 5:17

Moon 3 - Phase 49 - 6

Bhuloka Day
Devaloka Time: 9AM to 12PM

D

Thursday, April 9, 2026

Retreat Star

Dhanus Rasi: 17.12 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:53AM Fri

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigaha* Shiva Yoga Bava/Balava Karana Saptami/Ash

Gulika 8:27AM - 10:05AM

Yama 5:11AM - 6:49AM

Rahu 1:21PM - 2:59PM

Purvashadha* Until 12:53AM Fri

Parigaha* Until 7:21AM

Balava Until 11:49PM

Saptami Until 10:46AM

Ganesh: Yellow Sunrise: 5:17AM

Muruga: White Sunset: 6:15PM

Nataraja: Purple Moon - Light Blue

Chaitra-Panguni

Sun 7 Portland, ME

Sutra 361

Vasarasu 5:17

Moon 3 - Phase 49 - 7

Bhuloka Day
Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 - 24

Routine Work Marana Yoga

Until 2:57AM Sat

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Sakra Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taililla Karana Ashtami/Navamayam Titau

Gulika 6:48AM - 8:26AM

Yama 2:59PM - 4:38PM

Rahu 10:04AM - 11:43AM

Uttarashadha Until 2:57AM Sat

Shiva Until 7:56AM

Taililla Until 1:32AM Sat

Ashtami* Until 12:43PM

Ganesh: Yellow Sunrise: 5:09AM

Muruga: White Sunset: 6:16PM

Nataraja: Purple Moon - Light Blue

Chaitra-Panguni

Sun 8 Portland, ME

Sutra 362

Vasarasu 5:17

Moon 3 - Phase 49 - 8

Bhuloka Day
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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www.gurudeva.org/panchang

1	Saturday, April 11, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yukitayam Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau				Portland, ME Sun 9	Sutra 363 Vasvasu 5127
	Makara Rasi: 11.28	TITHI 24 – 25	Gulika 5:08AM – 6:46AM	Shravana Until 4:44AM Sun	Ganesh: Blue Muruga: White Nataraja: Purple	Sunrise: 5:08AM Sunset: 6:17PM	Moon 3 - Phase 50 - 9	2nd Phase
	Creative Work Siddha Yoga		Yama 1:21PM – 3:00PM	Siddha Until 8:05AM	Devaloka Day			
	Until 4:44AM Sun Then Routine Work - Marana Yoga		Rahu 8:25AM – 10:04AM	Bava Until 2:36AM Sun Navami* Until 2:08PM	Chaitra-Panguni			

2	Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yukitayam Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau				Portland, ME Sun 10	Sutra 364 Vasvasu 5127
	Makara Rasi: 23.59	TITHI 25 – 26	Gulika 3:00PM – 4:39PM	Dhanishtha Until 5:35AM Mon	Ganesh: Blue Muruga: White Nataraja: Purple	Sunrise: 5:06AM Sunset: 6:18PM	Moon 3 - Phase 50 - 10	2nd Phase
	Routine Work Marana Yoga		Yama 11:42AM – 1:21PM	Sadhya Until 7:44AM Bava Until 2:53AM Mon	Devaloka Day			
	Until 5:35AM Mon Then Creative Work - Siddha Yoga		Rahu 4:39PM – 6:18PM	Dashami Until 2:50PM	Chaitra-Panguni			

3	Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Indu Vasara Yukitayam Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dwadashmyam Tilau				Portland, ME Sun 11	Sutra 1 Sutra 1
	Kumbha Rasi: 6.53	TITHI 26 – 27	Gulika 1:21PM – 3:01PM	Shatabhishak Until 5:28AM Tue	Ganesh: Blue Muruga: White Nataraja: Purple	Sunrise: 5:04AM Sunset: 6:20PM	Moon 3 - Phase 50 - 11	2nd Phase
	Family Home Evening		Yama 10:02AM – 11:42AM	Subha Until 6:47AM	Devaloka Day			
	Creative Work Siddha Yoga		Rahu 6:44AM – 8:23AM	Kaulava Until 2:21AM Tue Ekadashi* Until 2:42PM	Chaitra-Chaitra			

4	Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Mangala Vasara Yukitayam Puravproshthapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashmyam Tilau				Portland, ME Sun 12	Sutra 2 Parabhava 5128
	Kumbha Rasi: 20.12	TITHI 27 – 28	Gulika 11:42AM – 1:21PM	Puravproshthapada* Until 4:53AM Wed	Ganesh: White Muruga: White Nataraja: Purple	Sunrise: 5:02AM Sunset: 6:21PM	Moon 3 - Phase 50 - 12	2nd Phase
	Routine Work Marana Yoga		Yama 8:22AM – 10:02AM	Brahma Until 2:54AM Wed Gara Until 1:00AM Wed	Bhuloka Day			
	Until 4:53AM Wed Then Creative Work - Siddha Yoga		Rahu 3:01PM – 4:41PM	Dvadashi* Until 1:45PM	Chaitra-Chaitra			

5	Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Butha Vasara Yukitayam Uttarproshthapada Nakshatra Indra Yoga Vanja/Visi* Karana Trayodashi/Chaturdashmyam Tilau				Portland, ME Sun 13	Sutra 3 Parabhava 5128
	Meena Rasi: 3.58	TITHI 28 – 29	Gulika 10:01AM – 11:41AM	Uttarproshthapada Until 3:28AM Thu	Ganesh: White Muruga: White Nataraja: Purple	Sunrise: 5:01AM Sunset: 6:22PM	Moon 3 - Phase 50 - 13	2nd Phase
	Creative Work Siddha Yoga		Yama 6:41AM – 8:21AM	Indra Until 12:06AM Thu Visi Until 10:58PM	Bhuloka Day			
	Until 1:22AM Fri		Rahu 11:41AM – 1:21PM	Trayodashi* Until 12:03PM	Chaitra-Chaitra			

●	Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Guru Vasara Yukitayam Revati Nakshatra Vaidhriti* Yoga Sakuni/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau				Portland, ME Sun 14	Sutra 4 Parabhava 5128
	Retreat Star		Gulika 8:20AM – 10:01AM	Revati Until 1:22AM Fri	Ganesh: Yellow Muruga: White Nataraja: Purple	Sunrise: 4:59AM Sunset: 6:23PM	Moon 3 - Phase 50 - 14	Amavasya
	Mesha Rasi: 18.11	TITHI 29 – 30	Yama 4:59AM – 6:40AM	Vaidhriti* Until 8:49PM Catuspadi Until 8:21PM	Bhuloka Day			
	Creative Work Siddha Yoga		Rahu 1:22PM – 3:02PM	Chaturdashi* Until 9:42AM	Chaitra-Chaitra			

●	Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yukitayam Ashvini Nakshatra Vishkambha* Pithi Yoga Naja/Bava Karana Amavasya/Prathamayam Tilau				Portland, ME Sun 15	Sutra 5 Parabhava 5128
	Retreat Star		Gulika 6:38AM – 8:19AM	Ashvini Until 11:11PM	Ganesh: Red Muruga: White Nataraja: Purple	Sunrise: 4:57AM Sunset: 6:24PM	Moon 3 - Phase 50 - 15	Prathama
	Mesha Rasi: 2.44	TITHI 30 – 1	Yama 3:03PM – 4:43PM	Vishkambha* Until 5:13PM Bava Until 3:41AM Sat	Bhuloka Day			
	Creative Work Amrita Yoga		Rahu 10:00AM – 11:41AM	Amavasya* Until 6:51AM	Chaitra-Chaitra			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1 Saturday, April 18, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Mania Vesara Yukhtayam Bharani Nakshatra Pih/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Tilau				Portland, ME Sun 16	Sutra 6 Parabhava 5128	
Mesha Rasi: 17.33	Tilhi 2	Gulika 4:56AM – 6:37AM Yama 1:22PM – 3:03PM Rahu 8:18AM – 9:59AM	Bharani Until 8:39PM Pihl Until 1:25PM Balava Until 2:02PM Dvitiya Until 12:21AM Sun	Ganesh: Red Muruga: White Nataraja: Purple Moon – White	Sunrise: 4:56AM Sunset: 6:29PM	Moon 3 - Phase 1 - 16	3rd Phase	
Creative Work	Siddha Yoga	224858678		Valaksha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM	
Then Creative Work - Amrita Yoga								
2 Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Bhanu Vesara Yukhtayam Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Tilau				Portland, ME Sun 17	Sutra 7 Parabhava 5128	
Wishabha Rasi: 2.28	Tilhi 3	Gulika 3:03PM – 4:45PM Yama 11:40AM – 1:22PM Rahu 4:45PM – 6:27PM	Kritika Until 5:58PM Ayushman Until 9:31AM Talilla Until 10:41AM Tritya Until 9:00PM	Ganesh: Red Muruga: White Nataraja: Purple Moon – White	Sunrise: 4:54AM Sunset: 6:29PM	Moon 3 - Phase 1 - 17	3rd Phase	
Creative Work	Siddha Yoga	224858678		Valaksha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM	
Akshtaya Tritiya								
3 Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Indu Vesara Yukhtayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurthi/Panchamyam Tilau				Portland, ME Sun 18	Sutra 8 Parabhava 5128	
Wishabha Rasi: 17.22	Tilhi 4 – 5	Gulika 1:22PM – 3:04PM Yama 9:58AM – 11:40AM Rahu 6:34AM – 8:16AM	Rohini Until 3:40PM Sobhana Until 2:03AM Tue Vanija Until 7:24AM Chalurthi Until 5:49PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 4:52AM Sunset: 6:28PM	Moon 3 - Phase 1 - 18	3rd Phase	
Family Home Evening		234858678		Valaksha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM	
Creative Work	Amrita Yoga							
4 Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Mangala Vesara Yukhtayam Mrigashira/Ardra Nakshatra Alhiganda Yoga Balava/Kaulava Karana Panchami/Shushthiyam Tilau				Portland, ME Sun 19	Sutra 9 Parabhava 5128	
Mithuna Rasi: 2.05	Tilhi 5 – 6	Gulika 11:40AM – 1:22PM Yama 8:15AM – 9:58AM Rahu 3:04PM – 4:47PM	Mrigashira Until 1:31PM Alhiganda Until 10:39PM Kaulava Until 1:36AM Wed Panchami Until 2:54PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 4:51AM Sunset: 6:28PM	Moon 3 - Phase 1 - 19	3rd Phase	
Creative Work	Siddha Yoga	234858678		Valaksha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM	
Until 1:31PM		Adi Sankara Jayanthi						
Then Routine Work - Marana Yoga								
5 Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Budha Vesara Yukhtayam Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau				Portland, ME Sun 20	Sutra 10 Parabhava 5128	
Mithuna Rasi: 16.34	Tilhi 6 – 7	Gulika 9:57AM – 11:40AM Yama 6:32AM – 8:14AM Rahu 11:40AM – 1:22PM	Ardra Until 11:37AM Sukama Until 7:38PM Gara Until 11:20PM Shashthi Until 12:23PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 4:49AM Sunset: 6:30PM	Moon 3 - Phase 1 - 20	3rd Phase	
Creative Work	Siddha Yoga	234858678		Valaksha-Chaitra		Bhuloka Day	Devaloka Time: 9AM to 12PM	
Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Guru Vesara Yukhtayam Punarvasu/Pushya Nakshatra Dhriti/Shula Yoga Vanija/Visli Karana Sapthami/Ashtamyam Tilau				Portland, ME Sun 21	Sutra 11 Parabhava 5128	
Kataka Rasi: 0.43	Tilhi 7 – 8	Gulika 8:14AM – 9:57AM Yama 4:48AM – 6:31AM Rahu 1:22PM – 3:05PM	Punarvasu Until 10:29AM Dhriti Until 5:03PM Visli Until 9:35PM Sapthami Until 10:22AM	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue	Sunrise: 4:48AM Sunset: 6:31PM	Moon 3 - Phase 1 - 21	Ashtami	
Creative Work	Amrita Yoga	244858678		Valaksha-Chaitra		Devaloka Day		
Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Sukra Vesara Yukhtayam Pushya/Ashlesha Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Portland, ME Sun 22	Sutra 12 Parabhava 5128	
Kataka Rasi: 14.32	Tilhi 8 – 9	Gulika 6:29AM – 8:13AM Yama 3:06PM – 4:49PM Rahu 9:56AM – 11:39AM	Pushya Until 9:45AM Shula Until 2:53PM Balava Until 8:24PM Ashtami Until 8:54AM	Ganesh: White Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 4:46AM Sunset: 6:32PM	Moon 3 - Phase 1 - 22	Navami	
Routine Work	Marana Yoga	244858679		Valaksha-Chaitra		Sivaloka Day		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Saturday, April 25, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Суло Пакехе Марта Висара Якутыам Ashlesha/Magha Nakshatra Ganda/Vidhi Yoga Kauava/Saila Karana Navami/Edashyem Titau				Portland, ME Sun 23	Sutra 13 Parabhava 5128
Kataka Rasi: 28.01	Tithi 9 – 10	Gulika 4:45AM – 6:28AM	Ashlesha Until 9:26AM	Ganesha: White	Sunrise: 4:45AM	Moon 3 - Phase 2 - 23	4th Phase
		Yama 1:23PM – 3:06PM	Ganda' Until 1:12PM	Muruga: White	Sunset: 6:34PM		
		244858679 Rahu 8:12AM – 9:55AM	Taitilla Until 7:46PM	Nataraja: Clear			
Routine Work	Marana Yoga		Navami Until 8:00AM	Varaha-Chakra		Sivaloka Day	
Until 9:26AM							
Then Creative Work	- Amrita Yoga						

2 Sunday, April 26, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Суло Пакехе Рйауа Висара Якутыам Magha/Puraphalguni Nakshatra Vidhi/Dhruva Yoga Gara/Vanji Karana Dashami/Edashyem Titau				Portland, ME Sun 24	Sutra 14 Parabhava 5128
Simha Rasi: 11.11	Tithi 10 – 11	Gulika 3:07PM – 4:51PM	Magha Until 9:57AM	Ganesha: Purple	Sunrise: 4:43AM	Moon 3 - Phase 2 - 24	4th Phase
		Yama 11:39AM – 1:23PM	Vidhi Until 11:57AM	Muruga: White	Sunset: 6:35PM		
		255858679 Rahu 4:51PM – 6:35PM	Vanija Until 7:41PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 7:39AM	Varaha-Chakra		Bhuloka Day	Devaloka Time: 6 PM to 9 PM
Until 9:57AM							
Then Creative Work	- Siddha Yoga						

3 Monday, April 27, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Суло Пакехе Рйауа Висара Якутыам Puraphalguni/Ultrapahguni Nakshatra Dhruva/Vyagha' Yoga Vist'/Bava Karana Ekadashi/Edashyem Titau				Portland, ME Sun 25	Sutra 15 Parabhava 5128
Simha Rasi: 24.05	Tithi 11 – 12	Gulika 1:23PM – 3:07PM	Puraphalguni Until 10:49AM	Ganesha: Purple	Sunrise: 4:42AM	Moon 3 - Phase 2 - 25	4th Phase
Family Home Evening		Yama 9:54AM – 11:39AM	Dhruva Until 11:04AM	Muruga: White	Sunset: 6:36PM		
		255858679 Rahu 6:26AM – 8:10AM	Bava Until 8:04PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi Until 7:48AM	Varaha-Chakra		Bhuloka Day	Devaloka Time: 6 PM to 9 PM
Until 9:57AM							
Then Creative Work	- Siddha Yoga						

4 Tuesday, April 28, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Суло Пакехе Маргала Висара Якутыам Ultrapahguni/Hasta Nakshatra Vyagha' Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodashyem Titau				Portland, ME Sun 26	Sutra 16 Parabhava 5128
Kanya Rasi: 6.47	Tithi 12 – 13	Gulika 11:39AM – 1:23PM	Ultrapahguni Until 11:57AM	Ganesha: Purple	Sunrise: 4:40AM	Moon 3 - Phase 2 - 26	4th Phase
		Yama 8:09AM – 9:54AM	Vyagha' Until 10:33AM	Muruga: White	Sunset: 6:37PM		
		255858679 Rahu 3:08PM – 4:52PM	Kauava Until 8:53PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi Until 8:24AM	Varaha-Chakra		Bhuloka Day	Devaloka Time: 6 PM to 9 PM
Until 11:57AM							
Then Creative Work	- Siddha Yoga						

5 Wednesday, April 29, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Суло Пакехе Будха Висара Якутыам Hasta/Chitra Nakshatra Harshana/Veja' Yoga Talila/Gara Karana Trayodashi/Chaturdashyem Titau				Portland, ME Sun 27	Sutra 17 Parabhava 5128
Kanya Rasi: 19.18	Tithi 13 – 14	Gulika 9:53AM – 11:38AM	Hasla Until 1:47PM	Ganesha: Clear	Sunrise: 4:39AM	Moon 3 - Phase 2 - 27	4th Phase
		Yama 6:24AM – 8:08AM	Harshana Until 10:22AM	Muruga: White	Sunset: 6:38PM		
		265858679 Rahu 11:38AM – 1:23PM	Gara Until 10:04PM	Nataraja: Clear			
Routine Work	Marana Yoga		Trayodashi Until 9:25AM	Varaha-Chakra		Devaloka Day	
Until 1:47PM							
Then Creative Work	- Siddha Yoga						

Thursday, April 30, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Суло Пакехе Гуря Висара Якутыам Chitra/Svati Nakshatra Vaja'/Siddhi Yoga Vanja/Visti' Karana Chaturdashi/Purnimayem Titau				Portland, ME Sun 28	Sutra 18 Parabhava 5128
Copper Retreat Star		Gulika 8:08AM – 9:53AM	Chitra Until 3:48PM	Ganesha: Clear	Sunrise: 4:37AM	Moon 3 - Phase 2 - Purnima	
Tula Rasi: 1.39	Tithi 14 – 15	Yama 4:37AM – 6:22AM	Vaja' Until 10:25AM	Muruga: White	Sunset: 6:39PM		
		265858679 Rahu 1:24PM – 3:09PM	Visti Until 11:35PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi Until 10:46AM	Varaha-Chakra		Devaloka Day	
Until 3:48PM							
Then Creative Work	- Amrita Yoga						

Friday, May 1, 2026		Parabhava Nama Samvatsare Uтарыяыы Нартапа Рйау Меша Месе Кришна Пакехе Сукура Висара Якутыам Svati/Vohabha Nakshatra Siddhi/Vyagha' Yoga Bava/Balava Karana Purnima/Prathamayem Titau				Portland, ME Sun 29	Sutra 19 Parabhava 5128
Silver Retreat Star		Gulika 6:20AM – 8:06AM	Svati Until 5:56PM	Ganesha: Clear	Sunrise: 4:34AM	Moon 3 - Phase 2 - Prathama	
Tula Rasi: 13.52	Tithi 15 – 16	Yama 3:10PM – 4:55PM	Siddhi Until 10:43AM	Muruga: White	Sunset: 6:42PM		
		265858679 Rahu 9:52AM – 11:38AM	Balava Until 1:24AM Sat	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima Until 12:26PM	Varaha-Chakra		Devaloka Day	
Until 3:48PM							
Then Creative Work	- Amrita Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for on 2/11/24

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