



Monday, April 14, 2025

Gold Retreat Star

Tula Rasi: 16.4 Tithi 17
Family Home Evening
Creative Work Amrita Yoga
Until 12:34PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Indu Vasara Yukitayam
Svali/Vishakha Nakshatra Vajra 7 Siddhi Yoga Taillita/Gara Karana Divlyayam Tilau
Gulika 1:34PM - 3:14PM Svali Until 12:34PM
Yama 10:16AM - 11:55AM Vajra\* Until 11:07AM
Rahu 6:57AM - 8:37AM Taillita Until 10:16AM
Tamil New Year Dvitiya Until 11:28PM
Chaitra-Chaitra

Norman, OK Sutra 1
Vasarasu 5:127
Moon 3 - Phase 1 - 1st Phase

Devaloka Day

Tuesday, April 15, 2025

1 Tula Rasi: 28.32 Tithi 18
Routine Work Marana Yoga
Until 3:40PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Mangala Vasara Yukitayam
Vishakha/Anuradha Nakshatra Siddhi/Vyaptipata\* Yoga Vanja/Visli\* Karana Tritayam Tilau
Gulika 11:55AM - 1:34PM Vishakha Until 3:40PM
Yama 8:36AM - 10:15AM Siddhi Until 12:01PM
Rahu 3:14PM - 4:53PM Vanja Until 12:41PM
Tritiya Until 1:49AM Wed
Chaitra-Chaitra

Norman, OK Sutra 2
Vasarasu 5:127
Moon 3 - Phase 1 - 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Wednesday, April 16, 2025

2 Vishkha Rasi: 10.27 Tithi 19
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Butha Vasara Yukitayam
Anuradha Nakshatra Vyatipata\* Mariyan Yoga Bava/Balava Karana Chaturthayam Tilau
Gulika 10:15AM - 11:55AM Anuradha Until 6:24PM
Yama 6:55AM - 8:35AM Vyatipata\* Until 12:47PM
Rahu 11:55AM - 1:34PM Bava Until 2:55PM
Chaturthi\* Until 3:54AM Thu
Chaitra-Chaitra

Norman, OK Sutra 3
Vasarasu 5:127
Moon 3 - Phase 1 - 2 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, April 17, 2025

3 Vishkha Rasi: 22.29 Tithi 20
Routine Work Prabalarishta Yoga
Until 8:40PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Guru Vasara Yukitayam
Vishakha/Anuradha Nakshatra Parigha\* Yoga Kaulava/Taillita Karana Panchamayam Tilau
Gulika 8:34AM - 10:14AM Jyeshtha\* Until 8:40PM
Yama 5:13AM - 6:54AM Vriyayan Until 1:17PM
Rahu 1:34PM - 3:15PM Kaulava Until 4:51PM
Panchami Until 5:39AM Fri
Chaitra-Chaitra

Norman, OK Sutra 4
Vasarasu 5:127
Moon 3 - Phase 1 - 3 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Friday, April 18, 2025

4 Dhanus Rasi: 4.4 Tithi 21
Creative Work Amrita Yoga
Until 10:51PM
Then Routine Work - Prabalarishta Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Sukra Vasara Yukitayam
Mula\* Nakshatra Parigha\*/Shiva Yoga Gara Karana Shashthiyam Tilau
Gulika 6:53AM - 8:33AM Mula\* Until 10:51PM
Yama 3:15PM - 4:56PM Parigha\* Until 1:31PM
Rahu 10:14AM - 11:54AM Gara Until 6:22PM
Shashthi\* Until 6:55AM Sat
Chaitra-Chaitra

Norman, OK Sutra 5
Vasarasu 5:127
Moon 3 - Phase 1 - 4 1st Phase

Devaloka Day

Saturday, April 19, 2025

5 Dhanus Rasi: 17.02 Tithi 21 - 22
Creative Work Siddha Yoga
Until 12:20AM Sun
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Maria Vasara Yukitayam
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanja/Visli\* Karana Shashthi/Saptamam Tilau
Gulika 5:11AM - 6:51AM Purvashadha\* Until 12:20AM Sun
Yama 1:35PM - 3:15PM Shiva Until 1:23PM
Rahu 8:32AM - 10:13AM Visli Until 7:22PM
Shashthi\* Until 6:55AM
Chaitra-Chaitra

Norman, OK Sutra 6
Vasarasu 5:127
Moon 3 - Phase 1 - 5 1st Phase

Devaloka Day

Sunday, April 20, 2025
Retreat Star

Dhanus Rasi: 29.4 Tithi 22 - 23
Creative Work Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Bhava/Vajra Yukitayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami Panchamam Tilau
Gulika 3:16PM - 4:57PM Uttarashadha Until 1:02AM Mon
Yama 11:54AM - 1:35PM Siddha Until 12:44PM
Rahu 4:57PM - 6:38PM Balava Until 7:42PM
Saptami Until 7:36AM
Chaitra-Chaitra

Norman, OK Sutra 7
Vasarasu 5:127
Moon 3 - Phase 1 - 6 Ashtami

Devaloka Day

Monday, April 21, 2025

Retreat Star

Makara Rasi: 12.37 Tithi 23 - 24
Family Home Evening
Creative Work Amrita Yoga
Until 1:18AM Tue
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартаи Ритаи Меша Месе Крiшна Pakshi Indu Vasara Yukitayam
Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taillita Karana Ashtami/Navamam Tilau
Gulika 1:35PM - 3:16PM Shravana Until 1:18AM Tue
Yama 10:12AM - 11:53AM Sadhya Until 11:32AM
Rahu 6:49AM - 8:31AM Taillita Until 7:19PM
Ashlami\* Until 7:35AM
Chaitra-Chaitra

Norman, OK Sutra 8
Vasarasu 5:127
Moon 3 - Phase 1 - 7 Navami

Bhuloka Day

Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1 Tuesday, April 22, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Krishna Paksha Mangala Vasara Yukitayam Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Norman, OK Sun 8 Sutra 9 Vasvasu 5127
Makara Rasi: 25.58	Tithi 24 – 25	<b>Gulika</b> 11:53AM – 1:35PM	<b>Dhanishtha Until 12:40AM Wed</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 5:06AM <b>Sunset:</b> 6:40PM	Moon 3 - Phase 2 - 8 2nd Phase
Creative Work	Siddha Yoga	293298578 Yama 8:30AM – 10:11AM Rahu 3:17PM – 4:58PM	Sukla Until 9:46AM Until 6:10PM <b>Navami* Until 6:49AM</b>	<b>Chaitry-Chaitry</b>	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>2 Wednesday, April 23, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Krishna Paksha Butha Vasara Yukitayam Shalabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sun 9 Sutra 10 Vasvasu 5127
Kumbha Rasi: 9.46	Tithi 26	<b>Gulika</b> 10:11AM – 11:53AM	<b>Shalabhishak Until 11:10PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 5:05AM <b>Sunset:</b> 6:41PM	Moon 3 - Phase 2 - 9 2nd Phase
Creative Work	Siddha Yoga	293298578 Yama 6:47AM – 8:29AM Rahu 11:53AM – 1:35PM	Sukla Until 7:21AM Bava Until 4:16PM <b>Ekadashi* Until 3:03AM Thu</b>	<b>Chaitry-Chaitry</b>	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>3 Thursday, April 24, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Krishna Paksha Guru Visara Yukitayam Uttaraprosarthapada Nakshatra Indra Yoga Kaulava/Tallita Karana Dvadashyam Titau				Norman, OK Sun 10 Sutra 11 Vasvasu 5127
Kumbha Rasi: 24	Tithi 27	<b>Gulika</b> 8:28AM – 10:10AM	<b>Purvaprosarthapada* Until 9:20PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 6:42PM	Moon 3 - Phase 2 - 10 2nd Phase
Creative Work	Siddha Yoga	213298579 Yama 5:03AM – 6:46AM Rahu 1:35PM – 3:18PM	Indra Until 12:57AM Fri Kaulava Until 1:43PM <b>Dvadashi* Until 12:13AM Fri</b>	<b>Chaitry-Chaitry</b>	<b>Devaloka Day</b>	

<b>4 Friday, April 25, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Krishna Paksha Sakra Vasara Yukitayam Uttaraprosarthapada Nakshatra Vaidhili* Yoga Gara/Vanija Karana Trayodshyam Titau				Norman, OK Sun 11 Sutra 12 Vasvasu 5127
Meena Rasi: 8.39	Tithi 28	<b>Gulika</b> 6:45AM – 8:27AM	<b>Uttaraprosarthapada Until 6:52PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 5:02AM <b>Sunset:</b> 6:43PM	Moon 3 - Phase 2 - 11 2nd Phase
Creative Work	Siddha Yoga	213298579 Yama 3:18PM – 5:01PM Rahu 10:10AM – 11:53AM	Vaidhili* Until 9:06PM Gara Until 10:38AM <b>Trayodashi* Until 8:54PM</b>	<b>Chaitry-Chaitry</b>	<b>Devaloka Day</b>	

*Pradosha Vata (Fasting)*

<b>5 Saturday, April 26, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Krishna Paksha Manta Vasara Yukitayam Revati/Ashvini Nakshatra Vishkambha* Pithi Yoga Vesi*/Calapada* Karana Chaturdashi/Amavasyam Titau				Norman, OK Sun 12 Sutra 13 Vasvasu 5127
Meena Rasi: 23.38	Tithi 29 – 30	<b>Gulika</b> 5:01AM – 6:44AM	<b>Revati Until 3:56PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 6:44PM	Moon 3 - Phase 2 - 12 2nd Phase
Routine Work	Prabalarishta Yoga	213298579 Yama 1:35PM – 3:18PM Rahu 8:27AM – 10:10AM	Vishkambha* Until 4:59PM Visti Until 7:08AM <b>Chaturdashi* Until 5:16PM</b>	<b>Chaitry-Chaitry</b>	<b>Devaloka Day</b>	

<b>● Sunday, April 27, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Sukla Paksha Bharu Vasara Yukitayam Ashvini/Bharani Nakshatra Pribhijoghanam Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau				Norman, OK Sun 13 Sutra 14 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 3:19PM – 5:02PM	<b>Ashvini Until 1:05PM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - White	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 6:45PM	Moon 3 - Phase 2 - 13 Amavasya
Mesha Rasi: 8.49	Tithi 30 – 1	224298579 Yama 11:52AM – 1:36PM Rahu 5:02PM – 6:45PM	Pithi Until 12:45PM Kintughna Until 11:35PM <b>Amavasya* Until 1:29PM</b>	<b>Chaitry-Chaitry</b>	<b>Sivaloka Day</b>	

<b>Monday, April 28, 2025</b>		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mesa Sukla Paksha Indu Vasara Yukitayam Bharani/Kritika Nakshatra Ajyoghanam/Saubhagya Yoga Bava/Balava Karana Prathama/Othiyayam Titau				Norman, OK Sun 14 Sutra 15 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 1:36PM – 3:19PM	<b>Bharani Until 10:06AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - White	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 6:46PM	Moon 3 - Phase 2 - 14 Prathama
Mesha Rasi: 24.04	Tithi 1 – 2	224298579 Yama 10:09AM – 11:52AM Rahu 6:41AM – 8:25AM	Ayushman Until 8:30AM Balava Until 7:51PM <b>Prathama* Until 9:41AM</b>	<b>Valukya-Chaitry</b>	<b>Sivaloka Day</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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<b>1 Tuesday, April 29, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Titau				Sun 15	Norman, OK Sufra 16
Wishabha Rasi: 9.11	Tilthi 2 - 3	<b>Gulika</b> 11:52AM - 1:36PM	<b>Kritika Untill 7:10AM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:57AM		Vasvasu 5:127
		Yama 8:24AM - 10:08AM	Sobhana Untill 12:33AM Wed	<b>Muruga:</b> Clear	Sunset: 6:07PM	Moon 3 - Phase 3 - 15	3rd Phase
		224298579 <b>Rahu</b> 3:20PM - 5:04PM	Gara Untill 2:46AM Wed	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Dwitiya Untill 6:03AM</b>	Moon - White		<b>Sivaloka Day</b>	
Untill 7:10AM				<b>Viswvasu-Chaitra</b>			
Then Creative Work - Amrita Yoga							

<b>2 Wednesday, April 30, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vasara Yuktayam Mrigashira Nakshatra Aihnganda* Yoga Vanja/Visi* Karana Chalurthiyam Titau				Sun 16	Norman, OK Sufra 17
Wishabha Rasi: 24.02	Tilthi 4	<b>Gulika</b> 10:08AM - 11:52AM	<b>Mrigashira Untill 2:53AM Thu</b>	<b>Ganesha:</b> Purple	Sunrise: 4:55AM		Vasvasu 5:127
		Yama 6:39AM - 8:24AM	Aihnganda* Untill 9:05PM	<b>Muruga:</b> Clear	Sunset: 6:08PM	Moon 3 - Phase 3 - 16	3rd Phase
		234398579 <b>Rahu</b> 11:52AM - 1:36PM	Vanija Untill 1:19PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Chalurthi* Untill 11:58PM</b>	Moon - Yellow		<b>Devaloka Day</b>	
Untill 2:53AM Thu				<b>Viswvasu-Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>3 Thursday, May 1, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vasara Yuktayam Ardra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau				Sun 17	Norman, OK Sufra 18
Mithuna Rasi: 8.31	Tilthi 5	<b>Gulika</b> 8:23AM - 10:07AM	<b>Ardra Untill 1:27AM Fri</b>	<b>Ganesha:</b> Purple	Sunrise: 4:54AM		Vasvasu 5:127
		Yama 4:54AM - 6:38AM	Sukama Untill 6:09PM	<b>Muruga:</b> Clear	Sunset: 6:09PM	Moon 3 - Phase 3 - 17	3rd Phase
		234398579 <b>Rahu</b> 1:36PM - 3:21PM	Bava Untill 10:49AM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga		<b>Panchami Untill 9:49PM</b>	Moon - Yellow		<b>Devaloka Day</b>	
Untill 1:27AM Fri				<b>Viswvasu-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>4 Friday, May 2, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Punarvasu Nakshatra Dhruli/Shula* Yoga Kaulava/Taila Karana Shashthiyam Titau				Sun 18	Norman, OK Sufra 19
Mithuna Rasi: 22.31	Tilthi 6	<b>Gulika</b> 6:37AM - 8:22AM	<b>Punarvasu Untill 1:04AM Sat</b>	<b>Ganesha:</b> Clear	Sunrise: 4:53AM		Vasvasu 5:127
		Yama 3:21PM - 5:06PM	Dhruli Untill 3:50PM	<b>Muruga:</b> Clear	Sunset: 6:09PM	Moon 3 - Phase 3 - 18	3rd Phase
		244398579 <b>Rahu</b> 10:07AM - 11:52AM	Kaulava Untill 9:02AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Shashthi* Untill 8:24PM</b>	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Viswvasu-Chaitra</b>			

<b>5 Saturday, May 3, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 19	Norman, OK Sufra 20
Kataka Rasi: 6.04	Tilthi 7	<b>Gulika</b> 4:52AM - 6:37AM	<b>Pushya Untill 1:22AM Sun</b>	<b>Ganesha:</b> Clear	Sunrise: 4:52AM		Vasvasu 5:127
		Yama 1:37PM - 3:22PM	Shula* Untill 2:09PM	<b>Muruga:</b> Clear	Sunset: 6:09PM	Moon 3 - Phase 3 - 19	3rd Phase
		244398579 <b>Rahu</b> 8:22AM - 10:07AM	Gara Untill 8:02AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Saptami Untill 7:50PM</b>	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Viswvasu-Chaitra</b>			

<b>Sunday, May 4, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Viddhi Yoga Visi*/Bava Karana Ashtamyam Titau				Sun 20	Norman, OK Sufra 21
<b>Retreat Star</b>		<b>Gulika</b> 3:22PM - 5:07PM	<b>Ashlesha* Untill 2:20AM Mon</b>	<b>Ganesha:</b> Clear	Sunrise: 4:50AM		Vasvasu 5:127
Kataka Rasi: 19.08	Tilthi 8	Yama 11:51AM - 1:37PM	Ganda* Untill 1:09PM	<b>Muruga:</b> Clear	Sunset: 6:09PM	Moon 3 - Phase 3 - 20	Ashtami
		244398579 <b>Rahu</b> 5:07PM - 6:53PM	Visi Untill 7:53AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Ashtami* Untill 8:06PM</b>	Moon - Blue		<b>Sivaloka Day</b>	
Untill 2:20AM Mon				<b>Viswvasu-Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>Monday, May 5, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Sun 21	Norman, OK Sufra 22
<b>Retreat Star</b>		<b>Gulika</b> 1:37PM - 3:22PM	<b>Magha* Untill 4:20AM Tue</b>	<b>Ganesha:</b> White	Sunrise: 4:49AM		Vasvasu 5:127
Simha Rasi: 1.49	Tilthi 9	Yama 10:06AM - 11:51AM	Viddhi Untill 12:48PM	<b>Muruga:</b> Red	Sunset: 6:04PM	Moon 3 - Phase 3 - 21	Navami
		254318579 <b>Rahu</b> 6:35AM - 8:20AM	Balava Untill 8:33AM	<b>Nataraja:</b> Purple			
Family Home Evening	Marana Yoga		<b>Navami* Untill 9:09PM</b>	Moon - Red		<b>Devaloka Day</b>	
Routine Work				<b>Viswvasu-Chaitra</b>			
Untill 4:20AM Tue							
Then Creative Work - Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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<b>1 Tuesday, May 6, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сукіа Пакхіе Мангала Васара Yuktayam				Norman, OK
Paruphagunī Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashamyam Titau		Sun 22				Sufra 23
Simha Rasi: 14.1 Tithi 10		<b>Gulika</b> 11:51AM - 1:37PM	<b>Purvaphalguni Until 6:46AM Wed</b>	<b>Ganesh:</b> White	Sunrise: 4:46AM	Vasavasu 5:17
254318579		Yama 8:20AM - 10:05AM	Dhruva Until 12:57PM	<b>Muruga:</b> Red	Sunset: 6:59PM	Moon 3 - Phase 4 - 22
Creative Work Siddha Yoga		<b>Rahu</b> 3:23PM - 5:09PM	Taililla Until 9:56AM	<b>Nataraja:</b> Purple		4th Phase
Until 6:46AM Wed			<b>Dashami Until 10:50PM</b>	<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>		

<b>2 Wednesday, May 7, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сікіа Пакхіе Бхатта Васара Yuktayam				Norman, OK
Paruphagunī Nakshatra Vyaghata* Harshana Yoga Vanja/Visti* Karana Ekadashyam Titau		Sun 23				Sufra 24
Simha Rasi: 26.16 Tithi 11		<b>Gulika</b> 10:05AM - 11:51AM	<b>Purvaphalguni Until 6:46AM</b>	<b>Ganesh:</b> White	Sunrise: 4:47AM	Vasavasu 5:17
254318579		Yama 6:33AM - 8:19AM	Vyaghata* Until 1:33PM	<b>Muruga:</b> Red	Sunset: 6:59PM	Moon 3 - Phase 4 - 22
Creative Work Amrita Yoga		<b>Rahu</b> 11:51AM - 1:37PM	Vanija Until 11:54AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi Until 1:01AM Thu</b>	<b>Devaloka Day</b>		
				<b>Devaloka Day</b>		

<b>3 Thursday, May 8, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сукіа Пакхіе Гіру Васара Yuktayam				Norman, OK
Uttaraphalgunī Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 24				Sufra 25
Kanya Rasi: 8.12 Tithi 12		<b>Gulika</b> 8:18AM - 10:05AM	<b>Uttaraphalguni Until 9:27AM</b>	<b>Ganesh:</b> White	Sunrise: 4:46AM	Vasavasu 5:17
254318579		Yama 4:46AM - 6:32AM	Harshana Until 2:27PM	<b>Muruga:</b> Red	Sunset: 6:59PM	Moon 3 - Phase 4 - 24
Amrita Yoga		<b>Rahu</b> 1:37PM - 3:24PM	Bava Until 2:15PM	<b>Nataraja:</b> Purple		4th Phase
Until 9:27AM			<b>Dvadashi Until 3:29AM Fri</b>	<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga				<b>Devaloka Day</b>		

<b>4 Friday, May 9, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сукіа Пакхіе Сукра Васара Yuktayam				Norman, OK
Uttaraphalgunī Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau		Sun 25				Sufra 26
Kanya Rasi: 20.02 Tithi 13		<b>Gulika</b> 6:31AM - 8:18AM	<b>Hasla Until 12:40PM</b>	<b>Ganesh:</b> White	Sunrise: 4:45AM	Vasavasu 5:17
265318579		Yama 3:24PM - 5:11PM	Vajra* Until 3:28PM	<b>Muruga:</b> Red	Sunset: 6:59PM	Moon 3 - Phase 4 - 25
Creative Work Amrita Yoga		<b>Rahu</b> 10:04AM - 11:51AM	Kaulava Until 4:48PM	<b>Nataraja:</b> Purple		4th Phase
Until 12:40PM			<b>Trayodashi Until 6:04AM Sat</b>	<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Subha Sivaloka Day</b>		
			<i>Pradosha Vata</i>			

<b>5 Saturday, May 10, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сукіа Пакхіе Манта Васара Yuktayam				Norman, OK
Chitra/Sivali Nakshatra Siddhi/Vyaptipata* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26				Sufra 27
Tula Rasi: 1.5 Tithi 13 - 14		<b>Gulika</b> 4:44AM - 6:30AM	<b>Chitra Until 3:47PM</b>	<b>Ganesh:</b> White	Sunrise: 4:44AM	Vasavasu 5:17
265318579		Yama 1:38PM - 3:25PM	Siddhi Until 4:31PM	<b>Muruga:</b> Red	Sunset: 6:59PM	Moon 3 - Phase 4 - 27
Routine Work Marana Yoga		<b>Rahu</b> 8:17AM - 10:04AM	Gara Until 7:22PM	<b>Nataraja:</b> Purple		4th Phase
Until 3:47PM			<b>Trayodashi Until 6:04AM</b>	<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Subha Sivaloka Day</b>		

<b>○ Sunday, May 11, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сукіа Пакхіе Бхану Васара Yuktayam				Norman, OK
Sivali Nakshatra Vajrapata*/Varjyan Yoga Vanja/Visti* Karana Chaturdashy/Purnimayam Titau		Sun 27				Sufra 28
Tula Rasi: 13.4 Tithi 14 - 15		<b>Gulika</b> 3:25PM - 5:12PM	<b>Svali Until 6:39PM</b>	<b>Ganesh:</b> White	Sunrise: 4:42AM	Vasavasu 5:17
265318579		Yama 11:51AM - 1:38PM	Vyaptipata* Until 5:32PM	<b>Muruga:</b> Red	Sunset: 7:00PM	Moon 3 - Phase 4 - 27
Creative Work Siddha Yoga		<b>Rahu</b> 5:12PM - 7:00PM	Visti Until 9:50PM	<b>Nataraja:</b> Purple		Purnima
Until 6:39PM			<b>Chaturdashī* Until 8:36AM</b>	<b>Subha Sivaloka Day</b>		
Then Routine Work - Marana Yoga		<b>Mother's Day</b>		<b>Subha Sivaloka Day</b>		

<b>Monday, May 12, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Пакхіе Інду Васара Yuktayam				Norman, OK
Vishakha Nakshatra Varjyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29				Sufra 29
Tula Rasi: 25.32 Tithi 15 - 16		<b>Gulika</b> 1:38PM - 3:26PM	<b>Vishakha Until 9:40PM</b>	<b>Ganesh:</b> Yellow	Sunrise: 4:41AM	Vasavasu 5:17
275318579		Yama 10:04AM - 11:51AM	Varjyan Until 6:22PM	<b>Muruga:</b> Red	Sunset: 7:00PM	Moon 3 - Phase 4 -
Family Home Evening		<b>Rahu</b> 6:29AM - 8:16AM	Balava Until 12:07AM Tue	<b>Nataraja:</b> Purple		Prathama
Routine Work Marana Yoga			<b>Purnima* Until 10:59AM</b>	<b>Sivaloka Day</b>		
Until 9:40PM				<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 13, 2025

Gold Retreat Star

Wischika Rasi: 7.29 Tithi 16 - 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Krishna Paksha Mangala Vasara Yuktayam  
Anuradha Nakshatra Parigha\* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau

Norman, OK  
Sufra 30

Gulika 11:51AM - 1:39PM  
Yama 8:16AM - 10:03AM  
Rahu 3:26PM - 5:14PM  
Anuradha Untill 12:17AM Wed  
Parigha\* Untill 7:03PM  
Tailita Untill 2:08AM Wed  
Prathama\* Untill 1:08PM

Ganesha: Yellow  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:40AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 1st Phase

Vishvadevachakra Sivaloka Day

1

Wednesday, May 14, 2025

Wischika Rasi: 19.32 Tithi 17 - 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitya/Tritayayam Titau

Norman, OK  
Sufra 31

Gulika 10:03AM - 11:51AM  
Yama 6:27AM - 8:15AM  
Rahu 11:51AM - 1:39PM  
Jyeshtha\* Untill 2:27AM Thu  
Shiva Untill 7:31PM  
Vanija Untill 3:51AM Thu  
Dvitya Untill 3:01PM

Ganesha: Yellow  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:39AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 1st Phase

Vishvadevachakra Sivaloka Day

2

Thursday, May 15, 2025

Dhanus Rasi: 1.43 Tithi 18 - 19

Creative Work Siddha Yoga

Untill 4:37AM Fri  
Then Routine Work - Prabarishtha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Guru Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Vasi\* Bava Karana Tritiya/Chaturthayam Titau

Norman, OK  
Sufra 32

Gulika 8:15AM - 10:03AM  
Yama 4:38AM - 6:27AM  
Rahu 1:39PM - 3:27PM  
Mula\* Untill 4:37AM Fri  
Siddha Untill 7:42PM  
Bava Untill 5:14AM Fri  
Tritiya Untill 4:34PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:38AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 1st Phase

Vishvadevachakra Subha Sivaloka Day

3

Friday, May 16, 2025

Dhanus Rasi: 14.02 Tithi 19 - 20

Routine Work Prabarishtha Yoga

Untill 6:14AM Sat  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Sukra Vasara Yuktayam  
Purvashada\* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchayam Titau

Norman, OK  
Sufra 33

Gulika 6:24AM - 8:14AM  
Yama 3:28PM - 5:16PM  
Rahu 10:03AM - 11:51AM  
Purvashada\* Untill 6:14AM Sat  
Sadya Untill 7:37PM  
Kaulava Untill 6:13AM Sat  
Chaturthi\* Untill 5:46PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:38AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 3 1st Phase

Vishvadevachakra Subha Sivaloka Day

4

Saturday, May 17, 2025

Dhanus Rasi: 26.32 Tithi 20

Creative Work Siddha Yoga

Untill 6:14AM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Mani Vasara Yuktayam  
Purvashada\* Uttarashada Nakshatra Subha Yoga Kaulava/Tailita Karana Panchayam Titau

Norman, OK  
Sufra 34

Gulika 4:37AM - 6:25AM  
Yama 1:40PM - 3:28PM  
Rahu 8:14AM - 10:02AM  
Purvashada\* Untill 6:14AM  
Subha Untill 7:13PM  
Kaulava Untill 6:13AM  
Panchami Untill 6:31PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:37AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 4 1st Phase

Vishvadevachakra Subha Sivaloka Day

5

Sunday, May 18, 2025

Makara Rasi: 9.14 Tithi 21

Creative Work Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Bhanu Vasara Yuktayam  
Uttarashada/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthiyam Titau

Norman, OK  
Sufra 35

Gulika 3:29PM - 5:17PM  
Yama 11:51AM - 1:40PM  
Rahu 5:17PM - 7:06PM  
Uttarashada Untill 7:15AM  
Sukla Untill 6:24PM  
Gara Untill 6:45AM  
Shashthi\* Untill 6:47PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:36AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 5 1st Phase

Vishvadevachakra Subha Sivaloka Day

6

Monday, May 19, 2025

Makara Rasi: 22.12 Tithi 22

Family Home Evening

Untill 8:03AM  
Creative Work Amrita Yoga  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Indra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vasi\* Bava Karana Saptayam Titau

Norman, OK  
Sufra 36

Gulika 1:40PM - 3:29PM  
Yama 10:02AM - 11:51AM  
Rahu 6:24AM - 8:13AM  
Shravana Untill 8:03AM  
Brahma Untill 5:08PM  
Vasi Untill 6:43AM  
Saptami Untill 6:28PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:35AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 6 1st Phase

Vishvadevachakra Devaloka Day

Retreat Star

Tuesday, May 20, 2025

Kumbha Rasi: 5.28 Tithi 23 - 24

Creative Work Siddha Yoga

Untill 8:06AM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Tailita Karana Ashtami/Navayam Titau

Norman, OK  
Sufra 37

Gulika 11:51AM - 1:40PM  
Yama 8:13AM - 10:02AM  
Rahu 3:30PM - 5:19PM  
Dhanishtha Untill 8:06AM  
Indra Untill 3:23PM  
Balava Untill 6:06AM  
Ashlami\* Untill 5:31PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:34AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 7

Vishvadevachakra Devaloka Day

Wednesday, May 21, 2025

Kumbha Rasi: 19.07 Tithi 24 - 25

Creative Work Siddha Yoga

Untill 7:22AM  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Budha Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Vishkambha\* Yoga Gara/Vanija Karana Navami/Chaturthayam Titau

Norman, OK  
Sufra 38

Gulika 10:02AM - 11:51AM  
Yama 6:23AM - 8:12AM  
Rahu 11:51AM - 1:41PM  
Shatabhishak Untill 7:22AM  
Vaidhriti\* Untill 1:05PM  
Vanija Untill 2:55AM Thu  
Navami\* Untill 3:56PM

Ganesha: Blue  
Muruga: Red  
Nataraja: Purple  
Sunrise: 4:33AM  
Sunset: 7:09PM  
Moon 4 - Phase 5 - 8

Vishvadevachakra Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Japa Pada

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## 1 Thursday, May 22, 2025

			Vishvasu Nama SamvatSare Uтарыыыы Nartana Ritau Vishabha Mase Krishna Paksho Guru Vasara Yuktayam Puravproshthapada/Ultragproshthapada Nakshatra Vishkambha (Pihl) Yoga Vesi/Bava Karana Dashami/Ekadashyam Titau			Norman, OK Sufra 39
Mesha Rasi: 3.09	Tithi 25 – 26		<b>Gulika 8:12AM – 10:02AM</b>	<b>Puravproshthapada* Untill 6:17AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	Sun 9 Vasarasu 5:17 Moon 4 - Phase 6 - 9 2nd Phase
		216318579	<b>Yama 4:33AM – 6:22AM</b> <b>Rahu 1:41PM – 3:31PM</b>	<b>Vishkambha* Untill 10:18AM</b> Bava Untill 12:26AM Fri <b>Dashami Untill 1:43PM</b>	<b>Sunrise: 4:33AM</b> <b>Sunset: 7:10PM</b>	
Creative Work	Siddha Yoga				Moon – Clear <b>Devaloka Day</b>	

## 2 Friday, May 23, 2025

			Vishvasu Nama SamvatSare Uтарыыыы Nartana Ritau Vishabha Mase Krishna Paksho Sukra Vasara Yuktayam Ashvini Nakshatra Pihl/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau			Norman, OK Sufra 40
Mesha Rasi: 17.34	Tithi 26 – 27		<b>Gulika 6:22AM – 8:12AM</b>	<b>Revati Untill 2:06AM Sat</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	Sun 10 Vasarasu 5:17 Moon 4 - Phase 6 - 10 2nd Phase
		216318579	<b>Yama 3:31PM – 5:21PM</b> <b>Rahu 10:01AM – 11:51AM</b>	<b>Pihl Untill 7:03AM</b> Kaulava Untill 9:26PM <b>Ekadashi* Untill 10:58AM</b>	<b>Sunrise: 4:32AM</b> <b>Sunset: 7:10PM</b>	
Creative Work	Siddha Yoga				Moon – Clear <b>Devaloka Day</b>	

## 3 Saturday, May 24, 2025

			Vishvasu Nama SamvatSare Uтарыыыы Nartana Ritau Vishabha Mase Krishna Paksho Manta Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Talitla/Gara Karana Dvadasht/Trayodashyam Titau			Norman, OK Sufra 41
Mesha Rasi: 2.19	Tithi 27 – 28		<b>Gulika 4:31AM – 6:21AM</b>	<b>Ashvini Untill 11:37PM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple	Sun 11 Vasarasu 5:17 Moon 4 - Phase 6 - 11 2nd Phase
		226318579	<b>Yama 1:41PM – 3:31PM</b> <b>Rahu 8:11AM – 10:01AM</b>	<b>Saubhagya Untill 11:30PM</b> Gara Untill 6:05PM <b>Dvadasht* Untill 7:47AM</b>	<b>Sunrise: 4:31AM</b> <b>Sunset: 7:12PM</b>	
Creative Work	Siddha Yoga				Moon – White <b>Devaloka Day</b>	

Pradosha Vata (Fasting)

## 4 Sunday, May 25, 2025

			Vishvasu Nama SamvatSare Uтарыыыы Nartana Ritau Vishabha Mase Krishna Paksho Bhanu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Visi/Sakani* Karana Chaturdashyam Titau			Norman, OK Sufra 42
Mesha Rasi: 17.19	Tithi 29		<b>Gulika 3:32PM – 5:22PM</b>	<b>Bharani Untill 8:49PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	Sun 12 Vasarasu 5:17 Moon 4 - Phase 6 - 12 2nd Phase
		326318579	<b>Yama 11:51AM – 1:42PM</b> <b>Rahu 5:22PM – 7:12PM</b>	<b>Sobhana Untill 7:27PM</b> Visi Untill 2:30PM <b>Chaturdashy* Untill 12:39AM Mon</b>	<b>Sunrise: 4:30AM</b> <b>Sunset: 7:12PM</b>	
Routine Work	Prabalarishla Yoga				Moon – White <b>Devaloka Day</b>	
Untill 8:49PM						
Then Creative Work	Siddha Yoga					

## Monday, May 26, 2025

			Vishvasu Nama SamvatSare Uтарыыыы Nartana Ritau Vishabha Mase Krishna Paksho Indu Vasara Yuktayam Kittika/Rohini Nakshatra Athiganda/Sukarma Yoga Catupada/Naga* Karana Amavasyayam Titau			Norman, OK Sufra 43
<b>Retreat Star</b>			<b>Gulika 1:42PM – 3:32PM</b>	<b>Kritika Untill 5:52PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	Sun 13 Vasarasu 5:17 Moon 4 - Phase 6 - 13 Amavasya
		327418579	<b>Yama 10:01AM – 11:52AM</b> <b>Rahu 6:20AM – 8:11AM</b>	<b>Athiganda* Untill 3:21PM</b> Catupada Untill 10:51AM <b>Amavasya* Untill 9:01PM</b>	<b>Sunrise: 4:30AM</b> <b>Sunset: 7:13PM</b>	
Wishabha Rasi: 2.26	Tithi 30				Moon – White <b>Devaloka Day</b>	
<b>Family Home Evening</b>						
Routine Work	Marana Yoga					
Untill 5:52PM						
Then Creative Work	Amrita Yoga					

## Tuesday, May 27, 2025

			Vishvasu Nama SamvatSare Uтарыыыы Nartana Ritau Vishabha Mase Sukla Paksho Mangala Vasara Yuktayam Rohini/Migashira Nakshatra Sukarma/Dhriti Yoga Kintughna/Balava Karana Prathama/Dvityayam Titau			Norman, OK Sufra 44
<b>Retreat Star</b>			<b>Gulika 11:52AM – 1:42PM</b>	<b>Rohini Untill 3:21PM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple	Sun 14 Vasarasu 5:17 Moon 4 - Phase 6 - 14 Prathama
		337418579	<b>Yama 8:10AM – 10:01AM</b> <b>Rahu 3:33PM – 5:23PM</b>	<b>Sukarma Untill 11:23AM</b> Kintughna Untill 7:17AM <b>Prathama* Untill 5:34PM</b>	<b>Sunrise: 4:29AM</b> <b>Sunset: 7:14PM</b>	
Wishabha Rasi: 17.3	Tithi 1 – 2				Moon – Yellow <b>Devaloka Day</b>	
Creative Work	Amrita Yoga					
Untill 3:21PM						
Then Creative Work	Siddha Yoga					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, May 28, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Бадхо Вэара Уктыяям Migashira/Metra Nakshatra Dhril/Shukr' Yoga Kadava/Taila Karana Dvitiya/Tritiyam Titau		Norman, OK Sufra 45 Vasvasu 5127
Mithuna Rasi: 2.22	Tithi 2 - 3	<b>Gulika</b> 10:01AM - 11:52AM 6:19AM - 8:10AM 337418579	<b>Mrigashira Until 1:01PM</b> Dhrili Until 7:40AM Taila Until 1:07AM Thu Dvitiya Until 2:28PM	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Yellow	Sunrise: 4:29AM Sunset: 7:19PM	Sun 15 Moon 4 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, May 29, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Гору Васара Уктыяям Andra/Purnvasu Nakshatra Ganda' Yoga Gara/Vanjia Karana Tritiya/Chaturtham Titau		Norman, OK Sufra 46 Vasvasu 5127
Mithuna Rasi: 16.54	Tithi 3 - 4	<b>Gulika</b> 8:10AM - 10:01AM 4:28AM - 6:19AM 337418579	<b>Ardra Until 11:03AM</b> Ganda' Until 1:28AM Fri Vanija Until 10:50PM Tritiya Until 11:53AM	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Yellow	Sunrise: 4:28AM Sunset: 7:16PM	Sun 16 Moon 4 - Phase 7 - 16 3rd Phase
Routine Work	Marana Yoga					<b>Devaloka Day</b>
Until 11:03AM						
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Friday, May 30, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Sukra Vasara Uктыяям Punarvasu/Pushya Nakshatra Viddhi Yoga Visl'/Bava Karana Chaturtham/Panchamam Titau		Norman, OK Sufra 47 Vasvasu 5127
Kalka Rasi: 1	Tithi 4 - 5	<b>Gulika</b> 6:19AM - 8:10AM 3:34PM - 5:25PM 347418579	<b>Punarvasu Until 10:02AM</b> Viddhi Until 11:15PM Bava Until 9:18PM Chaturthi' Until 9:57AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:28AM Sunset: 7:16PM	Sun 17 Moon 4 - Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Until 10:02AM						
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, May 31, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Marita Vasara Uктыяям Pushya/Ashlesha' Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Norman, OK Sufra 48 Vasvasu 5127
Kalka Rasi: 14.38	Tithi 5 - 6	<b>Gulika</b> 4:27AM - 6:18AM 1:43PM - 3:35PM 347418579	<b>Pushya Until 9:39AM</b> Dhruva Until 9:41PM Kaulava Until 8:35PM Panchami Until 8:49AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:27AM Sunset: 7:17PM	Sun 18 Moon 4 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Until 9:39AM						
Then Routine Work - Marana Yoga						

<b>5</b>		<b>Sunday, June 1, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Bhanu Vasara Uктыяям Ashlesha'/Magha' Nakshatra Vyaghala' Yoga Talia/Gara Karana Shashthi/Saptamam Titau		Norman, OK Sufra 49 Vasvasu 5127
Kalka Rasi: 27.46	Tithi 6 - 7	<b>Gulika</b> 3:35PM - 5:27PM 11:52AM - 1:44PM 347418579	<b>Ashlesha' Until 9:58AM</b> Vyaghala' Until 8:50PM Gara Until 8:45PM Shashthi' Until 8:32AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:27AM Sunset: 7:18PM	Sun 19 Moon 4 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Until 9:58AM						
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Monday, June 2, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Indu Vasara Uктыяям Magha'/Purvaphalguni Nakshatra Harshana Yoga Vanja/Visl' Karana Sapthami/Ashtamam Titau		Norman, OK Sufra 50 Vasvasu 5127
Simha Rasi: 10.29	Tithi 7 - 8	<b>Gulika</b> 1:44PM - 3:36PM 10:01AM - 11:52AM 358418579	<b>Magha' Until 11:26AM</b> Harshana Until 8:39PM Visi Until 9:45PM Sapthami Until 9:08AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sunrise: 4:26AM Sunset: 7:19PM	Sun 20 Moon 4 - Phase 7 - 20 Ashtami
Family Home Evening	Marana Yoga					<b>Subha Sivaloka Day</b>
Until 11:26AM						
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Tuesday, June 3, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібав Вішабха Мазе Сукла Пакше Mangala Vasara Uктыяям Purvaphalguni/Ultrapahalguni Nakshata Vajra' Yoga Bava/Balava Karana Ashtami/Navamam Titau		Norman, OK Sufra 51 Vasvasu 5127
Simha Rasi: 22.51	Tithi 8 - 9	<b>Gulika</b> 11:53AM - 1:44PM 8:09AM - 10:01AM 358418579	<b>Purvaphalguni Until 1:30PM</b> Vajra' Until 8:59PM Balava Until 11:26PM Ashtami' Until 10:30AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sunrise: 4:26AM Sunset: 7:19PM	Sun 21 Moon 4 - Phase 7 - 21 Navami
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>
Until 1:30PM						
Then Creative Work - Amrita Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>		<b>Wednesday, June 4, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Бадха Васара Үктыям Uтаралпалгуні/Наста Накшабха Сіддһі Yoga Kaulava/Tallia Karana Navami/Dashashyam Titau		Norman, OK Sufra 52 Vovaxasu 5127
Kanya Rasi: 4.56	Tithi 9 - 10	<b>Gulika</b> 6:17AM - 8:09AM	<b>10:01AM - 11:53AM</b>	<b>Uтаралпалгуні</b> Until 3:58PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sun 22 Sunset: 4:26AM 7:29PM Moon 4 - Phase 8 - 22 4th Phase
Creative Work	Amrita Yoga	358418579	<b>Rahu</b> 11:53AM - 1:45PM	Siddhi Until 9:45PM Tallia Until 1:39AM Thu Navami* Until 12:28PM		Subha Sivaloka Day
Until 3:58PM					<i>Jyeshtha/Vikram</i>	
Then Routine Work - Marana Yoga						
<b>2</b>		<b>Thursday, June 5, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Гору Васара Үктыям Hasta Nakshatra Vyalipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sufra 53 Vovaxasu 5127
Kanya Rasi: 16.52	Tithi 10 - 11	<b>Gulika</b> 4:25AM - 6:17AM	<b>8:09AM - 10:01AM</b>	<b>Hasta</b> Until 7:04PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sun 23 Sunset: 4:25AM 7:29PM Moon 4 - Phase 8 - 23 4th Phase
Routine Work	Marana Yoga	368418571	<b>Rahu</b> 1:45PM - 3:37PM	Vyalipata* Until 10:45PM Vanija Until 4:08AM Fri Dashami Until 2:51PM		Sivaloka Day
Until 7:06PM					<i>Jyeshtha/Vikram</i>	
Then Creative Work - Siddha Yoga						
<b>3</b>		<b>Friday, June 6, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Sukra Vasara Үктыям Chitra Nakshatra Varjan Yoga Visi* Bava Karana Ekadashi/Dvadashtyam Titau		Norman, OK Sufra 54 Vovaxasu 5127
Kanya Rasi: 28.41	Tithi 11 - 12	<b>Gulika</b> 4:25AM - 6:17AM	<b>6:17AM - 8:09AM</b>	<b>Chitra</b> Until 10:12PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sun 24 Sunset: 4:25AM 7:29PM Moon 4 - Phase 8 - 24 4th Phase
Creative Work	Siddha Yoga	368418571	<b>Rahu</b> 10:01AM - 11:53AM	Varjan Until 11:48PM Bava Until 6:40AM Sat Ekadashi Until 5:23PM		Sivaloka Day
Until 6:33AM					<i>Jyeshtha/Vikram</i>	
Then Routine Work - Marana Yoga						
<b>4</b>		<b>Saturday, June 7, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Marta Vasara Үктыям Vishakha Nakshatra Shiva Yoga Kaulava/Tallia Karana Trayodashyam Titau		Norman, OK Sufra 55 Vovaxasu 5127
Tula Rasi: 10.29	Tithi 12	<b>Gulika</b> 4:25AM - 6:17AM	<b>4:25AM - 6:17AM</b>	<b>Svali</b> Until 1:04AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sun 25 Sunset: 4:25AM 7:29PM Moon 4 - Phase 8 - 25 4th Phase
Creative Work	Siddha Yoga	368418571	<b>Rahu</b> 8:09AM - 10:01AM	Parigaha* Until 12:49AM Sun Bava Until 6:40AM Dvadashti Until 7:52PM		Sivaloka Day
Until 1:04AM Sun					<i>Jyeshtha/Vikram</i>	
Then Routine Work - Marana Yoga						
<b>5</b>		<b>Sunday, June 8, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Bhanu Vasara Үктыям Vishakha Nakshatra Shiva Yoga Kaulava/Tallia Karana Trayodashyam Titau		Norman, OK Sufra 56 Vovaxasu 5127
Tula Rasi: 22.21	Tithi 13	<b>Gulika</b> 3:38PM - 5:30PM	<b>3:38PM - 5:30PM</b>	<b>Vishakha</b> Until 4:03AM Mon	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sun 26 Sunset: 4:24AM 7:29PM Moon 4 - Phase 8 - 26 4th Phase
Routine Work	Marana Yoga	379418571	<b>Rahu</b> 5:30PM - 7:22PM	Shiva Until 1:40AM Mon Kaulava Until 9:04AM Trayodashi Until 10:10PM		Sivaloka Day
Until 4:03AM Mon					<i>Jyeshtha/Vikram</i>	
Then Creative Work - Siddha Yoga					<i>Pradosha Vata</i>	
<b>6</b>		<b>Monday, June 9, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Indu Vasara Үктыям Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Norman, OK Sufra 57 Vovaxasu 5127
Witschika Rasi: 4.18	Tithi 14	<b>Gulika</b> 1:46PM - 3:38PM	<b>1:46PM - 3:38PM</b>	<b>Anuradha</b> Until 6:33AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sun 27 Sunset: 4:24AM 7:29PM Moon 4 - Phase 8 - 27 4th Phase
Family Home Evening		379418571	<b>Rahu</b> 6:17AM - 8:09AM	Siddha Until 2:14AM Tue Gara Until 11:13AM Chaturdash* Until 12:09AM Tue		Sivaloka Day
Until 6:33AM Tue					<i>Jyeshtha/Vikram</i>	
Then Routine Work - Marana Yoga						
<b>○</b>		<b>Tuesday, June 10, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Mangala Vasara Үктыям Anuradha Nakshatra Siddha Yoga Visi* Bava Karana Purnimayam Titau		Norman, OK Sufra 58 Vovaxasu 5127
Witschika Rasi: 16.23	Tithi 15	<b>Gulika</b> 11:54AM - 1:46PM	<b>11:54AM - 1:46PM</b>	<b>Anuradha</b> Until 6:33AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sun 28 Sunset: 4:24AM 7:29PM Moon 4 - Phase 8 - Purnima
Creative Work	Siddha Yoga	379418571	<b>Rahu</b> 3:39PM - 5:31PM	Sadhya Until 2:33AM Wed Visi Until 1:01PM Purnima* Until 1:46AM Wed		Sivaloka Day
Until 6:33AM					<i>Jyeshtha/Vikram</i>	
Then Routine Work - Marana Yoga						
<b>Wednesday, June 11, 2025</b>		<b>Wednesday, June 11, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукта Пакше Krishna Paikshe Budha Vasara Үктыям Jyeshtha/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Norman, OK Sufra 59 Vovaxasu 5127
Witschika Rasi: 28.37	Tithi 16	<b>Gulika</b> 10:02AM - 11:54AM	<b>10:02AM - 11:54AM</b>	<b>Jyeshtha</b> Until 8:32AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sun 29 Sunset: 4:24AM 7:29PM Moon 4 - Phase 8 - Prathama
Creative Work	Siddha Yoga	379418571	<b>Rahu</b> 6:17AM - 8:09AM	Subha Until 2:35AM Thu Balava Until 2:27PM Prathama* Until 3:00AM Thu		Sivaloka Day
Until 8:32AM					<i>Jyeshtha/Vikram</i>	
Then Routine Work - Marana Yoga						

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Вішвеха Маса Крішна Паکشэ Гору Вэсара Yuktayam  
Mula\*Purvashada\* Nakshatra Sukla Yoga Talita/Gara Karana Dvityayam Titau

Norman, OK

Sutra 60

Dhanu Rasi: 11	Tithi 17	Gulika 8:09AM - 10:02AM	Mula* Until 10:27AM	Ganesha: Purple	Sunrise: 4:24AM		Moan 5 - Phase 9 - 1	1st Phase
		Yama 4:24AM - 6:16AM	Sukla Until 2:17AM Fri	Muruga: Red	Sunset: 7:29PM			
		Rahu 1:47PM - 3:39PM	Talita Until 3:30PM	Nataraja: Blue				
Creative Work	Siddha Yoga		Dvitiya Until 3:51AM Fri	Moon - Light Blue				Devaloka Day

**Friday, June 13, 2025****1**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Вішвеха Маса Крішна Паکشэ Сура Вэсара Yuktayam  
Purvashada\* Uttarashada Nakshatra Brahma Yoga Vanija/Vidhi\* Karana Trityayam Titau

Norman, OK

Sutra 61

Dhanu Rasi: 23.34	Tithi 18	Gulika 6:17AM - 8:09AM	Purvashada* Until 11:51AM	Ganesha: Purple	Sunrise: 4:24AM		Moan 5 - Phase 9 - 2	1st Phase
		Yama 1:47PM - 3:40PM	Brahma Until 1:42AM Sat	Muruga: Red	Sunset: 7:29PM			
		Rahu 10:02AM - 11:54AM	Vanija Until 4:09PM	Nataraja: Blue				
Routine Work	Prabalashita Yoga		Tritya Until 4:19AM Sat	Moon - Light Blue				Devaloka Day
Until 11:51AM								
Then Routine Work	Marana Yoga							

**Saturday, June 14, 2025****2**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Манта Вэсара Yuktayam  
Uttarashada/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Norman, OK

Sutra 62

Makara Rasi: 6.18	Tithi 19	Gulika 4:24AM - 6:17AM	Uttarashada Until 12:43PM	Ganesha: Purple	Sunrise: 4:24AM		Moan 5 - Phase 9 - 3	1st Phase
		Yama 1:47PM - 3:40PM	Indra Until 12:50AM Sun	Muruga: Red	Sunset: 7:29PM			
		Rahu 8:09AM - 10:02AM	Bava Until 4:26PM	Nataraja: Blue				
Routine Work	Marana Yoga		Chaturthi* Until 4:24AM Sun	Moon - Light Blue				Devaloka Day
Until 12:43PM								
Then Creative Work	Siddha Yoga							

**Sunday, June 15, 2025****3**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Бхану Вэсара Yuktayam  
Uttarashada/Vishkambha Nakshatra Vaidhiti\* Yoga Kaulava/Tailita Karana Panchamayam Titau

Norman, OK

Sutra 63

Makara Rasi: 19.14	Tithi 20	Gulika 3:40PM - 5:33PM	Shravana Until 1:31PM	Ganesha: Clear	Sunrise: 4:24AM		Moan 5 - Phase 9 - 4	1st Phase
		Yama 11:55AM - 1:48PM	Vaidhiti* Until 11:37PM	Muruga: Red	Sunset: 7:29PM			
		Rahu 5:33PM - 7:26PM	Kaulava Until 4:19PM	Nataraja: Blue				
Creative Work	Amrita Yoga		Panchami Until 4:05AM Mon	Moon - Purple				Sivaloka Day
Until 1:31PM		Father's Day						
Then Routine Work	Marana Yoga							

**Monday, June 16, 2025****4**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Інду Вэсара Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthiyam Titau

Norman, OK

Sutra 64

Kumbha Rasi: 2.22	Tithi 21	Gulika 1:48PM - 3:41PM	Dhanishtha Until 1:45PM	Ganesha: Yellow	Sunrise: 4:24AM		Moan 5 - Phase 9 - 5	1st Phase
		Yama 10:02AM - 11:55AM	Vishkambha* Until 10:05PM	Muruga: Red	Sunset: 7:29PM			
		Rahu 6:17AM - 8:09AM	Gara Until 3:47PM	Nataraja: Blue				
Family Home Evening			Shashthi* Until 3:20AM Tue	Moon - Purple				Sivaloka Day
Creative Work	Siddha Yoga							

**Tuesday, June 17, 2025****5**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Маргалэ Вэсара Yuktayam  
Shalabhishak/Purvashrothapada\* Nakshatra Pithi Yoga Vini/Bava Karana Sapthamayam Titau

Norman, OK

Sutra 65

Kumbha Rasi: 15.44	Tithi 22	Gulika 11:55AM - 1:48PM	Shalabhishak Until 1:25PM	Ganesha: Yellow	Sunrise: 4:24AM		Moan 5 - Phase 9 - 6	1st Phase
		Yama 8:10AM - 10:02AM	Pithi Until 8:12PM	Muruga: Red	Sunset: 7:29PM			
		Rahu 3:41PM - 5:34PM	Visiti Until 2:49PM	Nataraja: Blue				
Routine Work	Marana Yoga		Sapthami Until 2:08AM Wed	Moon - Purple				Sivaloka Day

**Wednesday, June 18, 2025****Retreat Star**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Бадха Ішвара Yuktayam  
Purvashrothapada/Uttarashrothapada\* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamayam Titau

Norman, OK

Sutra 66

Kumbha Rasi: 29.21	Tithi 23	Gulika 10:03AM - 11:55AM	Purvashrothapada* Until 12:54PM	Ganesha: Clear	Sunrise: 4:24AM		Moan 5 - Phase 9 - 7	Ashtami
		Yama 6:17AM - 8:10AM	Ayushman Until 5:54PM	Muruga: Red	Sunset: 7:29PM			
		Rahu 11:55AM - 1:48PM	Balava Until 1:23PM	Nataraja: Blue				
Creative Work	Amrita Yoga		Ashlami* Until 12:28AM Thu	Moon - Clear				Sivaloka Day
Until 12:54PM								
Then Creative Work	Siddha Yoga							

**Thursday, June 19, 2025****Retreat Star**

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Гору Вэсара Yuktayam  
Uttarashrothapada/Revati Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Navamayam Titau

Norman, OK

Sutra 67

Meena Rasi: 13.16	Tithi 24	Gulika 8:10AM - 10:03AM	Uttarashrothapada Until 11:47AM	Ganesha: Clear	Sunrise: 4:24AM		Moan 5 - Phase 9 - 8	Navami
		Yama 4:24AM - 6:17AM	Saubhagya Until 3:15PM	Muruga: Red	Sunset: 7:29PM			
		Rahu 1:49PM - 3:41PM	Talita Until 11:29AM	Nataraja: Blue				
Creative Work	Siddha Yoga		Navami* Until 10:21PM	Moon - Clear				Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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# 1 Friday, June 20, 2025

Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Масе Кішна Паке: Сура Васара Yuktayam		Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau		Sun 9	Norman, OK Sufra 68
Mesha Rasi: 27.28	TITHI 25	<b>Gulika</b> 6:17AM - 8:10AM	<b>Revati Until 10:05AM</b>	<b>Ganesh:</b> White	Sunrise: 4:24AM
		Yama 3:42PM - 5:35PM	Sobhana Until 12:15PM	<b>Muruga:</b> Red	Sunset: 7:29PM
		311518571 <b>Rahu</b> 10:03AM - 11:56AM	Vanija Until 9:09AM	<b>Nataraja:</b> Blue	Moon 5 - Phase 10 - 9
Creative Work	Siddha Yoga		<b>Dashami Until 7:49PM</b>	Moon - Clear	2nd Phase
Until 10:05AM					<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

# 2 Saturday, June 21, 2025

Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Масе Кішна Паке: Марта Васара Yuktayam		Ashvini/Bharani Nakshatra Abhiganda* Sukarna Yoga Bava/Kaava Karana Ekadashi/Dwadashyam Titau		Sun 10	Norman, OK Sufra 69
Mesha Rasi: 11.55	TITHI 26 - 27	<b>Gulika</b> 4:25AM - 6:17AM	<b>Ashvini Until 8:18AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 4:25AM
		Yama 1:49PM - 3:42PM	Abhiganda* Until 8:56AM	<b>Muruga:</b> Red	Sunset: 7:28PM
		321518571 <b>Rahu</b> 8:10AM - 10:03AM	Bava Until 6:26AM	<b>Nataraja:</b> Blue	Moon 5 - Phase 10 - 11
Creative Work	Siddha Yoga		<b>Ekadashi* Until 4:57PM</b>	Moon - White	2nd Phase
					<b>Sivaloka Day</b>

# 3 Sunday, June 22, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bhanu Visara Yuktayam		Bharani/Krittika Nakshatra Dhriti Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11	Norman, OK Sufra 70
Mesha Rasi: 26.36	TITHI 27 - 28	<b>Gulika</b> 3:42PM - 5:35PM	<b>Bharani Until 6:06AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 4:25AM
		Yama 11:56AM - 1:49PM	Dhriti Until 1:45AM Mon	<b>Muruga:</b> Red	Sunset: 7:28PM
		321518571 <b>Rahu</b> 5:35PM - 7:28PM	Gara Until 12:16AM Mon	<b>Nataraja:</b> Blue	Moon 5 - Phase 10 - 11
Routine Work	Prabalarishta Yoga		<b>Dvadashi* Until 1:51PM</b>	Moon - White	2nd Phase
Until 6:06AM					<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

# 4 Monday, June 23, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktayam		Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12	Norman, OK Sufra 71
Wishabha Rasi: 11.23	TITHI 28 - 29	<b>Gulika</b> 1:49PM - 3:42PM	<b>Rohini Until 1:22AM Tue</b>	<b>Ganesh:</b> Red	Sunrise: 4:25AM
<b>Family Home Evening</b>		Yama 10:04AM - 11:57AM	Shula* Until 10:03PM	<b>Muruga:</b> Red	Sunset: 7:28PM
Creative Work	Amrita Yoga	331518571 <b>Rahu</b> 6:18AM - 8:11AM	Visli Until 9:04PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 10 - 12
Until 1:22AM Tue			<b>Trayodashi* Until 10:39AM</b>	Moon - Yellow	2nd Phase
Then Creative Work - Siddha Yoga					<b>Sivaloka Day</b>

# ● Tuesday, June 24, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktayam		Mrigashira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau		Sun 13	Norman, OK Sufra 72
Wishabha Rasi: 26.1	TITHI 29 - 30	<b>Gulika</b> 11:57AM - 1:50PM	<b>Mrigashira Until 11:10PM</b>	<b>Ganesh:</b> Red	Sunrise: 4:25AM
		Yama 8:11AM - 10:04AM	Ganda* Until 6:28PM	<b>Muruga:</b> Red	Sunset: 7:28PM
		331518571 <b>Rahu</b> 3:42PM - 5:35PM	Caturpada Until 6:00PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 10 - 13
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:29AM</b>	Moon - Yellow	Amavasya
Until 11:10PM					<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

# Wednesday, June 25, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yuktayam		Ardra Nakshatra Widdhi/Dhruva		Sun 14	Norman, OK Sufra 73
Mithuna Rasi: 10.48	TITHI 1	<b>Gulika</b> 10:04AM - 11:57AM	<b>Ardra Until 9:08PM</b>	<b>Ganesh:</b> Red	Sunrise: 4:26AM
		Yama 6:18AM - 8:11AM	Widdhi Until 3:08PM	<b>Muruga:</b> Red	Sunset: 7:28PM
		331518571 <b>Rahu</b> 11:57AM - 1:50PM	Kintughna Until 3:12PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 10 - 14
Creative Work	Siddha Yoga		<b>Prathama* Until 1:56AM Thu</b>	Moon - Yellow	Prathama
					<b>Sivaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>		<b>Thursday, June 26, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruvavjyaghata* Yoga Balava/Kaulava Karana Dilityayam Titau		Norman, OK Sutra 74
Mithuna Rasi: 25.11	Tilhi 2	<b>Gulika</b> 8:12AM - 10:04AM	<b>Punarvasu Untill 7:52PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue	Sunrise: 4:26AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 15 3rd Phase
Creative Work	Amrita Yoga	342518571	<b>Rahu</b> 1:50PM - 3:43PM	<b>Dhruva Untill 12:09PM</b> <b>Balava Untill 12:50PM</b> <b>Dvitiya Untill 11:51PM</b>		<b>Devaloka Day</b>

<b>2</b>		<b>Friday, June 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana*Yoga Talilla/Gara Karana Trityayam Titau		Norman, OK Sutra 75
Kalkata Rasi: 9.11	Tilhi 3	<b>Gulika</b> 6:19AM - 8:12AM	<b>Pushya Untill 7:06PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue	Sunrise: 4:26AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 16 3rd Phase
Routine Work	Marana Yoga	342518571	<b>Rahu</b> 10:05AM - 11:57AM	<b>Vyaghata* Untill 9:39AM</b> <b>Talilla Untill 11:04AM</b> <b>Trityiya Untill 10:25PM</b>		<b>Devaloka Day</b>

<b>3</b>		<b>Saturday, June 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana*Najira* Yoga Vanja/Vsili* Karana Chaturthayam Titau		Norman, OK Sutra 76
Kalkata Rasi: 22.46	Tilhi 4	<b>Gulika</b> 4:27AM - 6:19AM	<b>Ashlesha* Untill 6:55PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue	Sunrise: 4:27AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 17 3rd Phase
Routine Work	Marana Yoga	342518571	<b>Rahu</b> 8:12AM - 10:05AM	<b>Hershana Untill 7:45AM</b> <b>Vanija Untill 10:01AM</b> <b>Chaturthi* Untill 9:46PM</b>		<b>Devaloka Day</b>

<b>4</b>		<b>Sunday, June 29, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamayam Titau		Norman, OK Sutra 77
Simha Rasi: 5.55	Tilhi 5	<b>Gulika</b> 3:43PM - 5:36PM	<b>Magha* Untill 7:52PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red	Sunrise: 4:27AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 18 3rd Phase
Routine Work	Marana Yoga	352518571	<b>Rahu</b> 5:36PM - 7:28PM	<b>Vajra* Untill 6:28AM</b> <b>Bava Untill 9:46AM</b> <b>Panchami Untill 9:57PM</b>		<b>Sivaloka Day</b>

<b>5</b>		<b>Monday, June 30, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vesara Yuktayam Purvaphalguni Nakshatra Vyalipala* Yoga Kaulava/Talilla Karana Shashthiyam Titau		Norman, OK Sutra 78
Simha Rasi: 18.39	Tilhi 6	<b>Gulika</b> 1:50PM - 3:43PM	<b>Purvaphalguni Untill 9:26PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red	Sunrise: 4:28AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 19 3rd Phase
Family Home Evening		352518571	<b>Rahu</b> 6:20AM - 8:13AM	<b>Vyalipala* Untill 5:52AM Tue</b> <b>Kaulava Untill 10:21AM</b> <b>Shashthi* Untill 10:55PM</b>		<b>Sivaloka Day</b>

<b>6</b>		<b>Tuesday, July 1, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Varjyan Yoga Gara/Vanija Karana Saptamayam Titau		Norman, OK Sutra 79
Kanya Rasi: 1.02	Tilhi 7	<b>Gulika</b> 11:58AM - 1:51PM	<b>Uttaraphalguni Untill 11:31PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red	Sunrise: 4:28AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 20 3rd Phase
Creative Work	Amrita Yoga	352518571	<b>Rahu</b> 3:43PM - 5:36PM	<b>Varjyan Untill 6:20AM Wed</b> <b>Gara Untill 11:41AM</b> <b>Saptami Untill 12:34AM Wed</b>		<b>Sivaloka Day</b>

<b>7</b>		<b>Wednesday, July 2, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva*Vesil*/Bava Karana Ashtamayam Titau		Norman, OK Sutra 80
<b>Retreat Star</b>		<b>Gulika</b> 10:06AM - 11:58AM	<b>Hasta Untill 2:25AM Thu</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sunrise: 4:29AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 21 Ashtami
Kanya Rasi: 13.09	Tilhi 8	362518571	<b>Rahu</b> 11:58AM - 1:51PM	<b>Varjyan Untill 6:20AM</b> <b>Vsili Untill 1:37PM</b> <b>Ashtami* Untill 2:43AM Thu</b>		<b>Devaloka Day</b>

<b>8</b>		<b>Thursday, July 3, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva*Yoga Balava/Kaulava Karana Navamayam Titau		Norman, OK Sutra 81
<b>Retreat Star</b>		<b>Gulika</b> 8:14AM - 10:06AM	<b>Chitra Untill 5:24AM Fri</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sunrise: 4:29AM Sunset: 7:28PM	Voosaxau 5:17 Moon 5 - Phase 11 - 22 Navami
Kanya Rasi: 25.06	Tilhi 9	362518571	<b>Rahu</b> 1:51PM - 3:43PM	<b>Parigha* Untill 7:09AM</b> <b>Balava Untill 3:56PM</b> <b>Navami* Untill 5:07AM Fri</b>		<b>Devaloka Day</b>

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1</b>	<b>Friday, July 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yukityam Svali Nakshatra Shiva/Siddha Yoga Talila Karana Dashmyam Titau				Norman, OK Sutra 82
	Tula Rasi: 6.57	Tithi 10	<b>Gulika</b> 6:22AM - 8:14AM <b>Yama</b> 3:43PM - 5:35PM <b>Rahu</b> 10:06AM - 11:59AM	<b>Svali Until 8:14AM Sat</b> Shiva Until 8:09AM Talila Until 6:22PM <b>Dashami Until 7:33AM Sat</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	<b>Sunrise:</b> 4:30AM <b>Sunset:</b> 7:28PM	Moon 5 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	362518571					<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, July 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Sukla Paksho Merita Vasara Yukityam Svali/Vishkha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashmi/Ekadoshyam Titau				Norman, OK Sutra 83
	Tula Rasi: 18.48	Tithi 10 - 11	<b>Gulika</b> 4:30AM - 6:22AM <b>Yama</b> 1:51PM - 3:43PM <b>Rahu</b> 8:15AM - 10:07AM	<b>Svali Until 8:14AM</b> Siddha Until 9:07AM Vanija Until 8:44PM <b>Dashami Until 7:33AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	<b>Sunrise:</b> 4:30AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	362518571					<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, July 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Sukla Paksho Bharu Vasara Yukityam Vishkha/Anuradha Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadoshyam Titau				Norman, OK Sutra 84
	Wischika Rasi: 0.43	Tithi 11 - 12	<b>Gulika</b> 3:43PM - 5:35PM <b>Yama</b> 11:59AM - 1:51PM <b>Rahu</b> 5:35PM - 7:27PM	<b>Vishkha Until 11:13AM</b> Sadhya Until 9:57AM Bava Until 10:49PM <b>Ekadashi Until 9:47AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	<b>Sunrise:</b> 4:31AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 12 - 25 4th Phase
Routine Work	Marana Yoga	472518571					<b>Devaloka Day</b>

<b>4</b>	<b>Monday, July 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Sukla Paksho Indu Vasara Yukityam Anuradha/Jyeshtha Nakshatra Subha/Sukla Yoga Balava/Kauloo Karana Dvadoshi/Trayodshyam Titau				Norman, OK Sutra 85
	Wischika Rasi: 12.46	Tithi 12 - 13	<b>Gulika</b> 1:51PM - 3:43PM <b>Yama</b> 10:07AM - 11:59AM <b>Rahu</b> 6:23AM - 8:15AM	<b>Anuradha Until 1:42PM</b> Subha Until 10:33AM Kaulava Until 12:31AM Tue <b>Dvadoshi Until 11:42AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	<b>Sunrise:</b> 4:31AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 12 - 26 4th Phase
Family Home Evening	Siddha Yoga	472518571					<b>Devaloka Day</b>

<b>5</b>	<b>Tuesday, July 8, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Sukla Paksho Mangala Vasara Yukityam Jyeshtha/Mula Nakshatra Subha/Brahma Yoga Talila/Gara Karana Trayodashi/Chaturdshyam Titau				Norman, OK Sutra 86
	Wischika Rasi: 24.58	Tithi 13 - 14	<b>Gulika</b> 11:59AM - 1:51PM <b>Yama</b> 8:16AM - 10:07AM <b>Rahu</b> 3:43PM - 5:35PM	<b>Jyeshtha Until 3:36PM</b> Sukla Until 10:47AM Gara Until 1:45AM Wed <b>Trayodashi Until 1:10PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	<b>Sunrise:</b> 4:32AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	472518571					<b>Devaloka Day</b>

<b>0</b>	<b>Wednesday, July 9, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yukityam Mula/Purvashadha Nakshatra Brahma/Indra Yoga Vanija/Visti Karana Chaturdashi/Purnimayam Titau				Norman, OK Sutra 87
	Dhanus Rasi: 7.23	Tithi 14 - 15	<b>Gulika</b> 10:08AM - 11:59AM <b>Yama</b> 6:24AM - 8:16AM <b>Rahu</b> 11:59AM - 1:51PM	<b>Mula Until 5:21PM</b> Brahma Until 10:39AM Visti Until 2:29AM Thu <b>Chaturdashi Until 2:09PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Light Blue	<b>Sunrise:</b> 4:33AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 12 - Purnima
Routine Work	Marana Yoga	482518571					<b>Sivaloka Day</b>

<b>0</b>	<b>Thursday, July 10, 2025</b>		Vishvasu Nama Samvatsare Dakshinyo Naritana Ritau Mihuna Mase Krishna Paksho Guru Vasara Yukityam Purvashadha Nakshatra Indra/Vaidhri Yoga Bava/Balava Karana Purnima/Prathmayam Titau				Norman, OK Sutra 88
	Dhanus Rasi: 20.01	Tithi 15 - 16	<b>Gulika</b> 8:16AM - 10:08AM <b>Yama</b> 4:33AM - 6:25AM <b>Rahu</b> 1:51PM - 3:43PM	<b>Purvashadha Until 6:28PM</b> Indra Until 10:09AM Balava Until 2:45AM Fri <b>Purnima Until 2:40PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Light Blue	<b>Sunrise:</b> 4:33AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 12 - Prathama
Creative Work	Siddha Yoga	483518571					<b>Subha Sivaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Vaishrithi/Vishkambha\* Yoga Kaulava/Tailita Karana Prathama/Dhyayam Tilau

Norman, OK

Sutra 89

Makara Rasi: 2.52	Tithi 16 - 17	Gulika 6:25AM - 8:17AM	Uttarashadha Until 6:59PM	Ganesh: White	Sunrise: 4:34AM		Vishvasu 5:127
		Yama 3:42PM - 5:34PM	Vaidhri* Until 9:15AM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 1st Phase	
		Rahu 10:08AM - 12:00PM	Tailita Until 2:35AM Sat	Nataraja: Blue			
Routine Work - Marana Yoga			Prathama* Until 2:42PM	Moon - Light Blue		Subha Sivaloka Day	
				Ashakar-Audi			

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Visara Yuktayam  
Shravana Nakshatra Vishkambha\* Priti/Yoga Gara/Vanija Karana Dwija/Tritiyam Tilau

Norman, OK

Sutra 90

Makara Rasi: 15.56	Tithi 17 - 18	Gulika 4:35AM - 6:26AM	Shravana Until 7:24PM	Ganesh: Yellow	Sunrise: 4:35AM		Vishvasu 5:127
		Yama 1:51PM - 3:42PM	Vishkambha* Until 8:02AM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 1st Phase	
		Rahu 8:17AM - 10:09AM	Vanija Until 2:01AM Sun	Nataraja: Blue			
Creative Work - Siddha Yoga			Dvitiya Until 2:19PM	Moon - Purple		Sivaloka Day	
				Ashakar-Audi			

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bharu Visara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visi\*/Bava Karana Tritiya/Chaturtham Tilau

Norman, OK

Sutra 91

Makara Rasi: 29.12	Tithi 18 - 19	Gulika 3:42PM - 5:33PM	Dhanishtha Until 7:19PM	Ganesh: Yellow	Sunrise: 4:36AM		Vishvasu 5:127
		Yama 12:00PM - 1:51PM	Priti Until 6:32AM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 2 1st Phase	
		Rahu 5:33PM - 7:24PM	Bava Until 1:06AM Mon	Nataraja: Blue			
Routine Work - Marana Yoga			Tritiya Until 1:35PM	Moon - Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashakar-Audi			

3

Monday, July 14, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Vasara Yuktayam  
Shatbhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau

Norman, OK

Sutra 92

Kumbha Rasi: 12.4	Tithi 19 - 20	Gulika 1:51PM - 3:42PM	Shatbhishak Until 6:47PM	Ganesh: Yellow	Sunrise: 4:36AM		Vishvasu 5:127
		Yama 10:09AM - 12:00PM	Saubhagya Until 2:41AM Tue	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 3 1st Phase	
		Rahu 6:27AM - 8:18AM	Kaulava Until 11:53PM	Nataraja: Blue			
Creative Work - Siddha Yoga			Chaturthi* Until 12:31PM	Moon - Purple		Sivaloka Day	
Then Routine Work - Marana Yoga				Ashakar-Audi			

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Vasara Yuktayam  
Puravroshthapada\* Nakshatra Sobhana Yoga Tailita/Gara Karana Panchmi/Shashthiyam Tilau

Norman, OK

Sutra 93

Kumbha Rasi: 26.18	Tithi 20 - 21	Gulika 12:00PM - 1:51PM	Puravroshthapada* Until 6:15PM	Ganesh: Purple	Sunrise: 4:37AM		Vishvasu 5:127
		Yama 8:19AM - 10:09AM	Sobhana Until 12:26AM Wed	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 4 1st Phase	
		Rahu 3:42PM - 5:32PM	Gara Until 10:23PM	Nataraja: Blue			
Routine Work - Marana Yoga			Panchami Until 11:09AM	Moon - Clear		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashakar-Audi			

5

Wednesday, July 16, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sudha Vasara Yuktayam  
Uttarproshthapada\* Revati Nakshatra Ahiganda\* Yoga Vanija/Visi\* Karana Shashthi/Saptamam Tilau

Norman, OK

Sutra 94

Meena Rasi: 10.06	Tithi 21 - 22	Gulika 10:10AM - 12:00PM	Uttarproshthapada Until 5:19PM	Ganesh: Purple	Sunrise: 4:38AM		Vishvasu 5:127
		Yama 6:28AM - 8:19AM	Ahiganda* Until 9:56PM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 5 1st Phase	
		Rahu 12:00PM - 1:51PM	Visi Until 8:38PM	Nataraja: Yellow			
Creative Work - Siddha Yoga			Shashthi* Until 9:32AM	Moon - Clear		Bhuloka Day	
Then Routine Work - Marana Yoga				Ashakar-Audi		Devaloka Time: 3PM to 6PM	

D

Thursday, July 17, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamam Tilau

Norman, OK

Sutra 95

Meena Rasi: 24.03	Tithi 22 - 23	Gulika 8:19AM - 10:10AM	Revati Until 3:59PM	Ganesh: Purple	Sunrise: 4:39AM		Vishvasu 5:127
		Yama 4:39AM - 6:29AM	Sukarma Until 7:14PM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 6	Ashtami
		Rahu 1:51PM - 3:41PM	Balava Until 6:38PM	Nataraja: Yellow			
Creative Work - Siddha Yoga			Saptami Until 7:39AM	Moon - Clear		Bhuloka Day	
Then Creative Work - Amrita Yoga				Ashakar-Audi		Devaloka Time: 3PM to 6PM	

Friday, July 18, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Tailita/Gara Karana Navamam Tilau

Norman, OK

Sutra 96

Mesha Rasi: 8.1	Tithi 24	Gulika 6:30AM - 8:20AM	Ashvini Until 2:43PM	Ganesh: Clear	Sunrise: 4:39AM		Vishvasu 5:127
		Yama 3:41PM - 5:31PM	Dhriti Until 4:26PM	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 7	Navami
		Rahu 10:10AM - 12:00PM	Tailita Until 4:25PM	Nataraja: Yellow			
Creative Work - Amrita Yoga			Navami* Until 3:13AM Sat	Moon - White		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashakar-Audi			

<b>1</b>	<b>Saturday, July 19, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Krishna Paksha Manta Vasara Yuktayam Bharani/Kritika Nakshatra Shula/Gandaa Yuga Vanija/Visai Karana Dashamyam Titau				Norman, OK Sutra 97
	Mesha Rasi: 22.24	Tithi 25	<b>Gulika</b> 4:40AM – 6:30AM Yama 1:50PM – 3:41PM 433618572 <b>Rahu</b> 8:20AM – 10:10AM	<b>Bharani Until 1:07PM</b> Shula* Until 1:24PM Vanija Until 2:01PM Dashami Until 12:45AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - White	<b>Sunrise:</b> 4:40AM <b>Sunset:</b> 7:29PM	Moon 6 - Phase 14 - 8 2nd Phase
Creative Work Siddha Yoga Until 1:07PM Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, July 20, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yuktayam Kritika/Rohini Nakshatra Ganda/Viddhi Yuga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sutra 98
	Wishabha Rasi: 6.45	Tithi 26	<b>Gulika</b> 3:40PM – 5:30PM Yama 12:00PM – 1:50PM 433618572 <b>Rahu</b> 5:30PM – 7:20PM	<b>Kritika Until 11:15AM</b> Ganda* Until 10:18AM Bava Until 11:29AM Ekadashi* Until 10:11PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - White	<b>Sunrise:</b> 4:41AM <b>Sunset:</b> 7:20PM	Moon 6 - Phase 14 - 9 2nd Phase
Creative Work Siddha Yoga							

<b>3</b>	<b>Monday, July 21, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yuga Kaulava/Taila Karana Dvadashyam Titau				Norman, OK Sutra 99
	Wishabha Rasi: 21.09	Tithi 27	<b>Gulika</b> 1:50PM – 3:40PM Yama 10:11AM – 12:01PM 433618572 <b>Rahu</b> 6:32AM – 8:21AM	<b>Rohini Until 9:38AM</b> Widdhi Until 7:09AM Kaulava Until 8:55AM Dvadashi* Until 7:38PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Yellow	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:19PM	Moon 6 - Phase 14 - 10 2nd Phase
Family Home Evening Creative Work Amrita Yoga							

<b>4</b>	<b>Tuesday, July 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata Yuga Gara/Visai Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sutra 100
	Mithuna Rasi: 5.31	Tithi 28 – 29	<b>Gulika</b> 12:01PM – 1:50PM Yama 8:22AM – 10:11AM 433618572 <b>Rahu</b> 3:39PM – 5:29PM	<b>Mrigashira Until 7:55AM</b> Vyaghata* Until 1:03AM Wed Gara Until 6:24AM Trayodashi* Until 5:11PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Yellow	<b>Sunrise:</b> 4:43AM <b>Sunset:</b> 7:18PM	Moon 6 - Phase 14 - 11 2nd Phase
Creative Work Siddha Yoga Until 7:55AM Then Routine Work - Marana Yoga							

<b>5</b>	<b>Wednesday, July 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yuga Sakuni/Catuspada* Karana Amavasya/Annavasayam Titau				Norman, OK Sutra 101
	Mithuna Rasi: 19.45	Tithi 29 – 30	<b>Gulika</b> 10:11AM – 12:01PM Yama 6:33AM – 8:22AM 433618572 <b>Rahu</b> 12:01PM – 1:50PM	<b>Ardra Until 6:15AM</b> Harshana Until 10:20PM Catuspada Until 2:02AM Thu Chaturdashi* Until 2:59PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Yellow	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:18PM	Moon 6 - Phase 14 - 12 2nd Phase
Creative Work Siddha Yoga							

<b>●</b>	<b>Thursday, July 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Pushya Nakshatra Vajra Yuga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK Sutra 102
	Kataka Rasi: 3.47	Tithi 30 – 1	<b>Gulika</b> 8:23AM – 10:12AM Yama 4:44AM – 6:34AM 444618572 <b>Rahu</b> 1:50PM – 3:39PM	<b>Pushya Until 4:28AM Fri</b> Vajra* Until 7:55PM Kintughna Until 12:27AM Fri Amavasya* Until 1:10PM	<b>Ganesh:</b> Orange <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Blue	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:17PM	Moon 6 - Phase 14 - 13 Amavasya
Creative Work Amrita Yoga Until 4:28AM Fri Then Routine Work - Marana Yoga							

<b>●</b>	<b>Friday, July 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalyajata Yuga Bava/Balava Karana Prathama/Dvityayam Titau				Norman, OK Sutra 103
	Kataka Rasi: 17.31	Tithi 1 – 2	<b>Gulika</b> 6:34AM – 8:23AM Yama 3:38PM – 5:27PM 444618572 <b>Rahu</b> 10:12AM – 12:01PM	<b>Ashlesha* Until 4:10AM Sat</b> Siddhi Until 5:58PM Balava Until 11:27PM Prathama* Until 11:51AM	<b>Ganesh:</b> Orange <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Blue	<b>Sunrise:</b> 4:45AM <b>Sunset:</b> 7:16PM	Moon 6 - Phase 14 - 14 Prathama
Routine Work Marana Yoga Until 4:10AM Sat Then Creative Work - Amrita Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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<b>1 Saturday, July 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Magha Nakshatra Vyatipata Varjyan Yoga Kaulava/Tailita Karana Dvitiya/Tritiyam Titau				Norman, OK Sutra 104
Simha Rasi: 0.55	Tithi 2 - 3	<b>Gulika</b> 4:46AM - 6:35AM <b>Yama</b> 1:49PM - 3:38PM <b>Rahu</b> 8:23AM - 10:12AM	<b>Magha* Until 4:51AM Sun</b> Vyatipata* Until 4:34PM Tailita Until 11:06PM <b>Dvitiya Until 11:10AM</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 7:19PM	Sun 15 Vasavasau 5:17 Moon 6 - Phase 15 - 17 3rd Phase
Creative Work - Amrita Yoga Until 4:51AM Sun Then Creative Work - Siddha Yoga						Devaloka Day
<b>2 Sunday, July 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bharu Vasara Yuktayam Purvaphalguni Nakshatra Varjyan/Patanga Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Norman, OK Sutra 105
Simha Rasi: 13.56	Tithi 3 - 4	<b>Gulika</b> 3:37PM - 5:26PM <b>Yama</b> 12:01PM - 1:49PM <b>Rahu</b> 5:26PM - 7:14PM	<b>Purvaphalguni Until 6:05AM Mon</b> Varjyan Until 3:42PM Vanija Until 11:30PM <b>Tritiya Until 11:11AM</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 7:14PM	Sun 16 Vasavasau 5:17 Moon 6 - Phase 15 - 17 3rd Phase
Creative Work - Siddha Yoga						Devaloka Day
<b>3 Monday, July 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Parigha Shiva/Siddha Yoga Babala/Kaulava Karana Panchami/Shastham Titau				Norman, OK Sutra 106
Simha Rasi: 26.37	Tithi 4 - 5	<b>Gulika</b> 1:49PM - 3:37PM <b>Yama</b> 10:12AM - 10:01PM <b>Rahu</b> 6:36AM - 8:24AM	<b>Purvaphalguni Until 6:05AM</b> Parigha* Until 3:24PM Bava Until 12:35AM Tue <b>Chaturthi* Until 11:56AM</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise:</b> 4:48AM <b>Sunset:</b> 7:13PM	Sun 17 Vasavasau 5:17 Moon 6 - Phase 15 - 17 3rd Phase
Family Home Evening Creative Work - Siddha Yoga		Nag Panchami				Devaloka Day
<b>4 Tuesday, July 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Babala/Kaulava Karana Panchami/Shastham Titau				Norman, OK Sutra 107
Kanya Rasi: 8.58	Tithi 5 - 6	<b>Gulika</b> 12:01PM - 1:48PM <b>Yama</b> 8:25AM - 10:13AM <b>Rahu</b> 3:36PM - 5:24PM	<b>Uttaraphalguni Until 7:50AM</b> Shiva Until 3:38PM Kaulava Until 2:17AM Wed <b>Panchami Until 1:21PM</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise:</b> 4:49AM <b>Sunset:</b> 7:12PM	Sun 18 Vasavasau 5:17 Moon 6 - Phase 15 - 18 3rd Phase
Creative Work - Amrita Yoga Until 7:50AM Then Creative Work - Siddha Yoga						Devaloka Day
<b>5 Wednesday, July 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau				Norman, OK Sutra 108
Kanya Rasi: 21.05	Tithi 6 - 7	<b>Gulika</b> 10:13AM - 12:01PM <b>Yama</b> 6:38AM - 8:25AM <b>Rahu</b> 12:01PM - 1:48PM	<b>Hasta Until 10:27AM</b> Siddha Until 4:14PM Gara Until 4:26AM Thu <b>Shashthi* Until 3:18PM</b>	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Green	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 7:11PM	Sun 19 Vasavasau 5:17 Moon 6 - Phase 15 - 19 3rd Phase
Routine Work - Marana Yoga Until 10:27AM Then Creative Work - Siddha Yoga						Sivaloka Day
<b>6 Thursday, July 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visi* Karana Saptami/Ashthamam Titau				Norman, OK Sutra 109
Tula Rasi: 3.03	Tithi 7 - 8	<b>Gulika</b> 8:26AM - 10:13AM <b>Yama</b> 4:51AM - 6:38AM <b>Rahu</b> 1:48PM - 3:35PM	<b>Chitra Until 1:16PM</b> Sadhya Until 5:06PM Visi Until 6:47AM Fri <b>Saptami Until 5:34PM</b>	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Green	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 7:10PM	Sun 20 Vasavasau 5:17 Moon 6 - Phase 15 - 20 3rd Phase
Creative Work - Siddha Yoga Until 1:16PM Then Creative Work - Amrita Yoga						Sivaloka Day
<b>Friday, August 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukla Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Visi*/Bava Karana Ashthamam Titau				Norman, OK Sutra 110
Retreat Star		<b>Gulika</b> 6:39AM - 8:26AM <b>Yama</b> 3:35PM - 5:22PM <b>Rahu</b> 10:13AM - 12:00PM	<b>Svati Until 4:03PM</b> Subha Until 6:03PM Visi Until 6:47AM <b>Ashthami* Until 5:57PM</b>	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Green	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 7:09PM	Sun 21 Vasavasau 5:17 Moon 6 - Phase 15 - 21 Ashtami
Tula Rasi: 14.56 Creative Work - Siddha Yoga						Sivaloka Day
<b>Saturday, August 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Babala/Kaulava Karana Navamam Titau				Norman, OK Sutra 111
Retreat Star		<b>Gulika</b> 4:53AM - 6:40AM <b>Yama</b> 1:47PM - 3:34PM <b>Rahu</b> 8:27AM - 10:13AM	<b>Vishakha Until 7:05PM</b> Sukla Until 6:54PM Balava Until 9:08AM <b>Navami* Until 10:13PM</b>	<b>Ganesha: Clear</b> <b>Muruga: Blue</b> <b>Nataraja: Yellow</b> Moon - Orange	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 7:08PM	Sun 22 Vasavasau 5:17 Moon 6 - Phase 15 - 22 Navami
Tula Rasi: 26.49 Creative Work - Siddha Yoga						Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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## 1 Sunday, August 3, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukhtayam		Norman, OK					
Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Dvadashtyam Tilau		Sutra 112					
Wisikha Rasi: 8.46	Tithi 10	Gulika 3:34PM - 5:20PM	Anuradha Until 9:41PM	Ganesha: Clear	Sunrise: 4:54AM	Sun 23	Vasvasu 5:27
		Yama 12:00PM - 1:47PM	Brahma Until 7:33PM	Muruga: Blue	Sunset: 7:07PM	Moon 6 - Phase 16 - 23	4th Phase
Routine Work	Marana Yoga	474628572 Rahu 5:20PM - 7:07PM	Tailila Until 11:16AM	Nataraja: Yellow			
			Dashami Until 12:11AM Mon	Moon - Orange			Sivaloka Day

## 2 Monday, August 4, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yukhtayam		Norman, OK					
Jyeshtha Nakshatra Indra Yoga Vanija/Visil Karana Ekadashyam Tilau		Sutra 113					
Wisikha Rasi: 20.52	Tithi 11	Gulika 1:47PM - 3:33PM	Jyeshtha Until 11:41PM	Ganesha: Clear	Sunrise: 4:55AM	Sun 24	Vasvasu 5:27
Family Home Evening		Yama 10:14AM - 12:00PM	Indra Until 7:53PM	Muruga: Blue	Sunset: 7:06PM	Moon 6 - Phase 16 - 24	4th Phase
Creative Work	Siddha Yoga	474628572 Rahu 6:41AM - 8:27AM	Vanija Until 1:01PM	Nataraja: Yellow			
			Ekadashi Until 1:41AM Tue	Moon - Orange			Sivaloka Day

## 3 Tuesday, August 5, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukhtayam		Norman, OK					
Mula Nakshatra Vaidhril Yoga Bava/Balava Karana Dvadashtyam Tilau		Sutra 114					
Dhanus Rasi: 3.1	Tithi 12	Gulika 12:00PM - 1:46PM	Mula Until 1:29AM Wed	Ganesha: Yellow	Sunrise: 4:56AM	Sun 25	Vasvasu 5:27
		Yama 8:28AM - 10:14AM	Vaidhril Until 7:46PM	Muruga: Blue	Sunset: 7:05PM	Moon 6 - Phase 16 - 25	4th Phase
Creative Work	Amrita Yoga	485628572 Rahu 3:32PM - 5:18PM	Bava Until 2:16PM	Nataraja: Yellow			
			Dvadashti Until 2:39AM Wed	Moon - Light Blue			Sivaloka Day

## 4 Wednesday, August 6, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Butha Vasara Yukhtayam		Norman, OK					
Purvashadha Nakshatra Vishkambha Yoga Kadava/Tailila Karana Trayodashtyam Tilau		Sutra 115					
Dhanus Rasi: 15.42	Tithi 13	Gulika 10:14AM - 12:00PM	Purvashadha Until 2:32AM Thu	Ganesha: Yellow	Sunrise: 4:56AM	Sun 26	Vasvasu 5:27
		Yama 6:42AM - 8:28AM	Vishkambha Until 7:12PM	Muruga: Blue	Sunset: 7:05PM	Moon 6 - Phase 16 - 26	4th Phase
Creative Work	Amrita Yoga	485628572 Rahu 12:00PM - 1:46PM	Kadava Until 2:55PM	Nataraja: Yellow			
Until 2:32AM Thu			Trayodashi Until 3:00AM Thu	Moon - Light Blue			Sivaloka Day
Then Routine Work - Marana Yoga			Pradosha Vata				

## 5 Thursday, August 7, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukhtayam		Norman, OK					
Uttarashadha Nakshatra Pritil Yoga Gara/Vanija Karana Chaturdashyam Tilau		Sutra 116					
Dhanus Rasi: 28.31	Tithi 14	Gulika 8:29AM - 10:14AM	Uttarashadha Until 2:51AM Fri	Ganesha: Yellow	Sunrise: 4:57AM	Sun 27	Vasvasu 5:27
		Yama 4:57AM - 6:43AM	Pritil Until 6:11PM	Muruga: Blue	Sunset: 7:05PM	Moon 6 - Phase 16 - 27	4th Phase
Routine Work	Marana Yoga	485628572 Rahu 1:45PM - 3:31PM	Gara Until 2:58PM	Nataraja: Yellow			
			Chaturdashi Until 2:46AM Fri	Moon - Light Blue			Sivaloka Day

## Friday, August 8, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukhtayam		Norman, OK					
Shravana Nakshatra Ayushman/Saubhagya Yoga Visil/Bava Karana Punimayam Tilau		Sutra 117					
Makara Rasi: 11.38	Tithi 15	Gulika 6:44AM - 8:29AM	Shravana Until 2:57AM Sat	Ganesha: Blue	Sunrise: 4:58AM	Sun 28	Vasvasu 5:27
		Yama 3:30PM - 5:16PM	Ayushman Until 4:41PM	Muruga: Blue	Sunset: 7:05PM	Moon 6 - Phase 16 - Punima	
Routine Work	Marana Yoga	495628572 Rahu 10:14AM - 12:00PM	Visil Until 2:27PM	Nataraja: Yellow			
Until 2:57AM Sat			Purnima Until 1:59AM Sat	Moon - Purple			Devaloka Day
Then Creative Work - Siddha Yoga			Varalakshmi Vatham				

## Saturday, August 9, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukhtayam		Norman, OK					
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau		Sutra 118					
Makara Rasi: 25.02	Tithi 16	Gulika 4:59AM - 6:44AM	Dhanishtha Until 2:25AM Sun	Ganesha: Yellow	Sunrise: 4:59AM	Sun 29	Vasvasu 5:27
		Yama 1:45PM - 3:30PM	Saubhagya Until 2:47PM	Muruga: Blue	Sunset: 7:05PM	Moon 6 - Phase 16 - Prathama	
Creative Work	Siddha Yoga	495728572 Rahu 8:29AM - 10:15AM	Balava Until 1:26PM	Nataraja: Yellow			
			Prathama Until 12:44AM Sun	Moon - Purple			Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vesara Yuktayam			Norman, OK
		Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Talila/Gara Karana Dvityayam Tilau			Sun 1 Sutra 119
Kumbha Rasi: 8.43	Tithi 17	<b>Gulika</b> 3:29PM - 5:14PM	<b>Shatabhishak Until 1:22AM Mon</b>	<b>Ganesh:</b> Yellow	Sunrise: 5:00AM
		<b>Yama</b> 11:59AM - 1:44PM	Sobhana Until 12:34PM	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 5:14PM - 6:59PM	Tailila Until 11:58AM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 1
			<b>Dvitiya Until 11:06PM</b>	<b>Moon - Purple</b>	1st Phase
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
Until 1:22AM Mon					
Then Routine Work - Marana Yoga					

**1**

**Monday, August 11, 2025**

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vesara Yuktayam			Norman, OK
		Puravproshthapada* Nakshatra Ahiganda*/Sakama Yoga Vanja/Visli* Karana Tritiyam Tilau			Sun 2 Sutra 120
Kumbha Rasi: 22.35	Tithi 18	<b>Gulika</b> 1:44PM - 3:28PM	<b>Puravproshthapada* Until 12:21AM Tue</b>	<b>Ganesh:</b> Clear	Sunrise: 5:01AM
		<b>Yama</b> 10:15AM - 11:59AM	Ahiganda* Until 10:03AM	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 6:46AM - 8:30AM	Vanija Until 10:11AM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 2
			<b>Tritiya Until 9:11PM</b>	<b>Moon - Clear</b>	1st Phase
Family Home Evening					<b>Sivaloka Day</b>
Routine Work	Marana Yoga				
Until 12:21AM Tue					
Then Creative Work - Amrita Yoga					

**2**

**Tuesday, August 12, 2025**

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vesara Yuktayam			Norman, OK
		Uttaraproshtapada Nakshatra Sukama/Dhriti Yoga Bava/Balava Karana Chaturthiyam Tilau			Sun 3 Sutra 121
Mesha Rasi: 6.38	Tithi 19	<b>Gulika</b> 11:59AM - 1:43PM	<b>Uttaraproshtapada Until 11:00PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:02AM
		<b>Yama</b> 8:31AM - 10:15AM	Sukama Until 7:21AM	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 3:28PM - 5:12PM	Bava Until 8:10AM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 3
			<b>Chaturthi* Until 7:04PM</b>	<b>Moon - Clear</b>	1st Phase
Creative Work	Amrita Yoga				<b>Sivaloka Day</b>
Until 11:00PM					
Then Creative Work - Siddha Yoga					

**3**

**Wednesday, August 13, 2025**

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vesara Yuktayam			Norman, OK
		Revati Nakshatra Shula* Yoga Talila/Gara Karana Pancham/Shachthiyam Tilau			Sun 4 Sutra 122
Mesha Rasi: 20.47	Tithi 20 - 21	<b>Gulika</b> 10:15AM - 11:59AM	<b>Revati Until 9:24PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:03AM
		<b>Yama</b> 6:47AM - 8:31AM	Shula* Until 1:38AM Thu	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 11:59AM - 1:43PM	Gara Until 3:44AM Thu	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 4
			<b>Panchami Until 4:51PM</b>	<b>Moon - Clear</b>	1st Phase
Routine Work	Marana Yoga				<b>Sivaloka Day</b>

**4**

**Thursday, August 14, 2025**

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Guru Vesara Yuktayam			Norman, OK
		Ashvini Nakshatra Ganda* Yoga Vanja/Visli* Karana Shashthi/Saptamam Tilau			Sun 5 Sutra 123
Mesha Rasi: 5	Tithi 21 - 22	<b>Gulika</b> 8:31AM - 10:15AM	<b>Ashvini Until 8:03PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:04AM
		<b>Yama</b> 5:04AM - 6:48AM	Ganda* Until 10:43PM	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 1:42PM - 3:26PM	Visli Until 1:27AM Fri	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 5
			<b>Shashthi* Until 2:35PM</b>	<b>Moon - White</b>	1st Phase
Creative Work	Amrita Yoga				<b>Subha Sivaloka Day</b>
Until 8:03PM					
Then Creative Work - Siddha Yoga					

**Friday, August 15, 2025**

**Retreat Star**

		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Sukra Vesara Yuktayam			Norman, OK
		Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Saptami/Ashthamam Tilau			Sun 6 Sutra 124
Mesha Rasi: 19.13	Tithi 22 - 23	<b>Gulika</b> 6:48AM - 8:32AM	<b>Bharani Until 6:34PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:05AM
		<b>Yama</b> 3:25PM - 5:09PM	Viddhi Until 7:50PM	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 10:15AM - 11:59AM	Balava Until 11:12PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 6
			<b>Saptami Until 12:18PM</b>	<b>Moon - White</b>	Ashtami
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
		<b>Krishna Janmashtami</b>			

**Saturday, August 16, 2025**

**Retreat Star**

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Mani Vesara Yuktayam			Norman, OK
		Kottika/Rohini Nakshatra Viddhi/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamam Tilau			Sun 7 Sutra 125
Wisshabha Rasi: 3.25	Tithi 23 - 24	<b>Gulika</b> 5:06AM - 6:49AM	<b>Kritika Until 5:00PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:06AM
		<b>Yama</b> 1:41PM - 3:24PM	Dhruva Until 4:58PM	<b>Muruga:</b> Blue	Sunset: 6:59PM
		<b>Rahu</b> 8:32AM - 10:15AM	Tailila Until 9:01PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 17 - 7
			<b>Ashtami* Until 10:05AM</b>	<b>Moon - White</b>	Navami
Creative Work	Amrita Yoga				<b>Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>	<b>Sunday, August 17, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bharu Uvaru Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Nsavami/Dashamyam Titau				Norman, OK Sutra 126
	<b>Gulika</b>	<b>3:24PM – 5:06PM</b>	<b>Rohini Until 3:49PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:07AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Mithuna Rasi: 17.34	Tithi 24 – 25	<b>Yama</b>	<b>11:58AM – 1:41PM</b>	<b>Vyaghata* Until 2:11PM</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 8</b>
			<b>Rahu</b>	<b>5:06PM – 6:49PM</b>	<b>Bava Until 5:01PM</b>	<b>Nataraja: Yellow</b>	<b>2nd Phase</b>
	Creative Work	Siddha Yoga			<b>Navami* Until 7:57AM</b>	<b>Moonswami</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, August 18, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sutra 127
	<b>Gulika</b>	<b>1:40PM – 3:23PM</b>	<b>Mrigashira Until 2:38PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:08AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Mithuna Rasi: 1.37	Tithi 26	<b>Yama</b>	<b>10:15AM – 11:58AM</b>	<b>Harshana Until 11:32AM</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 9</b>
	<b>Family Home Evening</b>		<b>Rahu</b>	<b>6:51AM – 8:33AM</b>	<b>Bava Until 5:01PM</b>	<b>Nataraja: Yellow</b>	<b>2nd Phase</b>
	Creative Work	Amrita Yoga			<b>Ekadashi* Until 4:06AM Tue</b>	<b>Moonswami</b>	<b>Sivaloka Day</b>
	Then Creative Work	Siddha Yoga					

<b>3</b>	<b>Tuesday, August 19, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taila Karana Dvadashyam Titau				Norman, OK Sutra 128
	<b>Gulika</b>	<b>11:58AM – 1:40PM</b>	<b>Ardra Until 1:31PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:09AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Mithuna Rasi: 15.34	Tithi 27	<b>Yama</b>	<b>8:33AM – 10:15AM</b>	<b>Vajra* Until 9:01AM</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 10</b>
			<b>Rahu</b>	<b>3:22PM – 5:04PM</b>	<b>Kaulava Until 3:18PM</b>	<b>Nataraja: Yellow</b>	<b>2nd Phase</b>
	Routine Work	Marana Yoga			<b>Dvadashi* Until 2:31AM Wed</b>	<b>Moonswami</b>	<b>Sivaloka Day</b>
	Then Creative Work	Siddha Yoga					

<b>4</b>	<b>Wednesday, August 20, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashyam Titau				Norman, OK Sutra 129
	<b>Gulika</b>	<b>10:16AM – 11:57AM</b>	<b>Punarvasu Until 12:58PM</b>	<b>Ganesha: Purple</b>	<b>Sunrise: 5:10AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Mithuna Rasi: 29.22	Tithi 28	<b>Yama</b>	<b>6:52AM – 8:34AM</b>	<b>Siddhi Until 6:44AM</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 11</b>
			<b>Rahu</b>	<b>11:57AM – 1:39PM</b>	<b>Gara Until 1:52PM</b>	<b>Nataraja: Yellow</b>	<b>2nd Phase</b>
	Creative Work	Siddha Yoga			<b>Trayodashi* Until 1:15AM Thu</b>	<b>Moonswami</b>	<b>Devaloka Day</b>
					<b>Pradosha Vata (Fasting)</b>		

<b>5</b>	<b>Thursday, August 21, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vrsil*/Sakuni* Karana Chaturdashyam Titau				Norman, OK Sutra 130
	<b>Gulika</b>	<b>8:34AM – 10:16AM</b>	<b>Pushya Until 12:37PM</b>	<b>Ganesha: Purple</b>	<b>Sunrise: 5:11AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Kataka Rasi: 12.57	Tithi 29	<b>Yama</b>	<b>5:11AM – 6:53AM</b>	<b>Varjyan Until 3:02AM Fri</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 12</b>
			<b>Rahu</b>	<b>1:39PM – 3:20PM</b>	<b>Vrsil Until 12:48PM</b>	<b>Nataraja: Yellow</b>	<b>2nd Phase</b>
	Creative Work	Amrita Yoga			<b>Chaturdashi* Until 12:25AM Fri</b>	<b>Moonswami</b>	<b>Devaloka Day</b>
	Then Creative Work	Siddha Yoga					

<b>●</b>	<b>Friday, August 22, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK Sutra 131
	<b>Gulika</b>	<b>6:53AM – 8:34AM</b>	<b>Ashlesha* Until 12:34PM</b>	<b>Ganesha: Light Blue</b>	<b>Sunrise: 5:12AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Kataka Rasi: 26.17	Tithi 30	<b>Yama</b>	<b>3:19PM – 5:01PM</b>	<b>Parigha* Until 1:46AM Sat</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 13</b>
			<b>Rahu</b>	<b>10:16AM – 11:57AM</b>	<b>Catuspada Until 12:11PM</b>	<b>Nataraja: Yellow</b>	<b>Amavasya</b>
	Routine Work	Marana Yoga			<b>Amavasya* Until 12:03AM Sat</b>	<b>Moonswami</b>	<b>Devaloka Day</b>

<b>●</b>	<b>Saturday, August 23, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukra Paksha Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sutra 132
	<b>Gulika</b>	<b>5:13AM – 6:54AM</b>	<b>Magha* Until 1:21PM</b>	<b>Ganesha: Purple</b>	<b>Sunrise: 5:13AM</b>	<b>Sunset: 6:49PM</b>	<b>Vasavasu 5:127</b>
	Simha Rasi: 9.22	Tithi 1	<b>Yama</b>	<b>1:38PM – 3:19PM</b>	<b>Shiva Until 12:57AM Sun</b>	<b>Muruga: Blue</b>	<b>Moon 7 - Phase 18 - 14</b>
			<b>Rahu</b>	<b>8:35AM – 10:16AM</b>	<b>Kintughna Until 12:06PM</b>	<b>Nataraja: Yellow</b>	<b>Prathama</b>
	Creative Work	Amrita Yoga			<b>Prathama* Until 12:16AM Sun</b>	<b>Moonswami</b>	<b>Devaloka Day</b>
	Then Creative Work	Siddha Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1 Sunday, August 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Bhanu Vrsara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Titau				Norman, OK Sutra 133
Sinha Rasi: 22.1	Tithi 2	<b>Gulika</b> 3:18PM - 4:58PM	<b>Purvaphalguni Until 2:33PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Red	Sunrise: 5:14AM Sunset: 6:39PM	Sun 15 Vasarasu 5:17 Moon 7 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga	57728572	<b>Rahu</b> 4:58PM - 6:39PM	<b>Siddha Until 12:34AM Mon</b> <b>Balava Until 12:37PM</b> <b>Dvitiya Until 1:04AM Mon</b>		<b>Devaloka Day</b>
Until 2:33PM				<b>Bhaskaradev</b>		
Then Creative Work - Amrita Yoga						
<b>2 Monday, August 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Indu Vrsara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trifyayam Titau				Norman, OK Sutra 134
Kanya Rasi: 4.41	Tithi 3	<b>Gulika</b> 1:36PM - 3:17PM	<b>Uttaraphalguni Until 4:10PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Red	Sunrise: 5:15AM Sunset: 6:39PM	Sun 16 Vasarasu 5:17 Moon 7 - Phase 19 - 16 3rd Phase
Family Home Evening	Siddha Yoga	57728572	<b>Rahu</b> 6:55AM - 8:35AM	<b>Sadhya Until 12:39AM Tue</b> <b>Talilla Until 1:42PM</b> <b>Tritiya Until 2:27AM Tue</b>		<b>Devaloka Day</b>
Creative Work				<b>Bhaskaradev</b>		
Then Creative Work - Amrita Yoga						
<b>3 Tuesday, August 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Mangala Vrsara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanja/Vesli/ Karana Chaturthayam Titau				Norman, OK Sutra 135
Kanya Rasi: 16.57	Tithi 4	<b>Gulika</b> 11:56AM - 1:36PM	<b>Hasta Until 6:37PM</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Green	Sunrise: 5:16AM Sunset: 6:39PM	Sun 17 Vasarasu 5:17 Moon 7 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	567728572	<b>Rahu</b> 3:16PM - 4:56PM	<b>Subha Until 1:08AM Wed</b> <b>Vanija Until 3:21PM</b> <b>Chaturthi* Until 4:19AM Wed</b>		<b>Devaloka Day</b>
				<b>Bhaskaradev</b>		
Then Creative Work - Siddha Yoga						
<b>4 Wednesday, August 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Budha Vrsara Yuktayam Chitra Nakshatra Sukla Yoga Bava/Balava Karana Panchmayam Titau				Norman, OK Sutra 136
Kanya Rasi: 29.02	Tithi 5	<b>Gulika</b> 10:16AM - 11:56AM	<b>Chitra Until 9:17PM</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Green	Sunrise: 5:17AM Sunset: 6:39PM	Sun 18 Vasarasu 5:17 Moon 7 - Phase 19 - 18 3rd Phase
Creative Work	Siddha Yoga	567728573	<b>Rahu</b> 11:56AM - 1:35PM	<b>Sukla Until 1:51AM Thu</b> <b>Bava Until 5:24PM</b> <b>Panchami Until 6:32AM Thu</b>		<b>Sivaloka Day</b>
				<b>Bhaskaradev</b>		
Then Creative Work - Siddha Yoga						
<b>5 Thursday, August 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Guru Vrsara Yuktayam Svali Nakshatra Brahma Yoga Bava/Kaulava Karana Panchami/Shashthayam Titau				Norman, OK Sutra 137
Tula Rasi: 10.59	Tithi 5 - 6	<b>Gulika</b> 8:36AM - 10:16AM	<b>Svali Until 12:01AM Fri</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Green	Sunrise: 5:18AM Sunset: 6:39PM	Sun 19 Vasarasu 5:17 Moon 7 - Phase 19 - 19 3rd Phase
Creative Work	Amrita Yoga	567728573	<b>Rahu</b> 1:35PM - 3:14PM	<b>Brahma Until 2:45AM Fri</b> <b>Kaulava Until 7:44PM</b> <b>Panchami Until 6:32AM</b>		<b>Sivaloka Day</b>
Until 12:01AM Fri				<b>Bhaskaradev</b>		
Then Creative Work - Siddha Yoga						
<b>6 Friday, August 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Sukra Vrsara Yuktayam Vishkha Nakshatra Indu Yoga Talilla/Gara Karana Sapthami/Sapthmayam Titau				Norman, OK Sutra 138
Tula Rasi: 22.52	Tithi 6 - 7	<b>Gulika</b> 6:58AM - 8:37AM	<b>Vishkha Until 3:08AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Orange	Sunrise: 5:19AM Sunset: 6:39PM	Sun 20 Vasarasu 5:17 Moon 7 - Phase 19 - 20 3rd Phase
Creative Work	Siddha Yoga	578728573	<b>Rahu</b> 10:16AM - 11:55AM	<b>Indra Until 3:41AM Sat</b> <b>Gara Until 10:09PM</b> <b>Shashthi* Until 8:55AM</b>		<b>Subha Sivaloka Day</b>
				<b>Bhaskaradev</b>		
Then Creative Work - Siddha Yoga						
<b>7 Saturday, August 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Manu Vrsara Yuktayam Anuradha Nakshatra Vaidhriti/ Yoga Vanja/Vesli/ Karana Sapthami/Ashtmayam Titau				Norman, OK Sutra 139
Retreat Star	Tithi 7 - 8	<b>Gulika</b> 5:20AM - 6:58AM	<b>Anuradha Until 5:55AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Orange	Sunrise: 5:20AM Sunset: 6:39PM	Sun 21 Vasarasu 5:17 Moon 7 - Phase 19 - 21 Ashtami
Wishkha Rasi: 4.44		578728573	<b>Rahu</b> 8:37AM - 10:16AM	<b>Vaidhriti* Until 4:27AM Sun</b> <b>Vesli Until 12:25AM Sun</b> <b>Saptami Until 11:17AM</b>		<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga			<b>Bhaskaradev</b>		
Until 5:55AM Sun						
Then Routine Work - Marana Yoga						
<b>8 Sunday, August 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksha Bhanu Vrsara Yuktayam Jyeshtha/ Nakshatra Vishkamba/ Yoga Bava/Balava Karana Ashtami/Navamayam Titau				Norman, OK Sutra 140
Wishkha Rasi: 16.41	Tithi 8 - 9	<b>Gulika</b> 3:11PM - 4:50PM	<b>Jyeshtha* Until 8:12AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Orange	Sunrise: 5:21AM Sunset: 6:39PM	Sun 22 Vasarasu 5:17 Moon 7 - Phase 19 - 22 Navami
Routine Work	Marana Yoga	578728573	<b>Rahu</b> 4:50PM - 6:28PM	<b>Vishkamba* Until 4:58AM Mon</b> <b>Balava Until 2:23AM Mon</b> <b>Ashtami* Until 1:26PM</b>		<b>Subha Sivaloka Day</b>
Until 8:12AM Mon				<b>Bhaskaradev</b>		
Then Creative Work - Siddha Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1</b>	<b>Monday, September 1, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Indu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Phal Yoga Kaulava/ Talila Karana Navami/Dashamam Titau				Norman, OK Sun 23
	Wischika Rasi: 28.47 Family Home Evening Creative Work	Tithi 9 – 10 Siddha Yoga	5:57:28:53	<b>Gulika</b> 1:32PM – 3:10PM Yama 10:16AM – 11:54AM <b>Rahu</b> 7:00AM – 8:38AM	<b>Jyeshtha* Until 8:12AM</b> Phal Until 5:07AM Tue Talila Until 3:52AM Tue Navami* Until 3:10PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Orange	Sunrise: 5:20AM Sunset: 6:29PM Moon 7 - Phase 20 - 23 4th Phase

Subha Sivaloka Day

<b>2</b>	<b>Tuesday, September 2, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Mangala Vasara Yuktayam Mula* Purvashada* Nakshatra Ajushman Yoga Gara/Vanija Karana Dashami/Ekadasyam Titau				Norman, OK Sun 24
	Dhanu Rasi: 11.05 Creative Work Until 10:18AM Then Creative Work	Tithi 10 – 11 Amrita Yoga Siddha Yoga	5:58:27:53	<b>Gulika</b> 11:54AM – 1:32PM Yama 8:38AM – 10:16AM <b>Rahu</b> 3:09PM – 4:47PM	<b>Mula* Until 10:18AM</b> Ajushman Until 4:45AM Wed Vanija Until 4:43AM Wed Dashami Until 4:21PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sunrise: 5:20AM Sunset: 6:29PM Moon 7 - Phase 20 - 24 4th Phase

Sivaloka Day

<b>3</b>	<b>Wednesday, September 3, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Butha Vasara Yuktayam Purvashada* Uttarashada Nakshatra Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dwadashyam Titau				Norman, OK Sun 25
	Dhanu Rasi: 23.4 Creative Work	Tithi 11 – 12 Amrita Yoga	5:58:28:53	<b>Gulika</b> 10:16AM – 11:53AM Yama 7:01AM – 8:38AM <b>Rahu</b> 11:53AM – 1:31PM	<b>Purvashada* Until 11:37AM</b> Saubhagya Until 3:52AM Thu Bava Until 4:53AM Thu Ekadashi Until 4:52PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sunrise: 5:20AM Sunset: 6:29PM Moon 7 - Phase 20 - 25 4th Phase

Sivaloka Day

<b>4</b>	<b>Thursday, September 4, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadasni/Trayodashyam Titau				Norman, OK Sun 26
	Makara Rasi: 6.34 Routine Work Until 12:06PM Then Creative Work	Tithi 12 – 13 Marana Yoga Siddha Yoga	5:58:28:53	<b>Gulika</b> 8:39AM – 10:16AM Yama 5:24AM – 7:02AM <b>Rahu</b> 1:30PM – 3:07PM	<b>Uttarashada Until 12:06PM</b> Sobhana Until 2:25AM Fri Kaulava Until 4:20AM Fri Dvadasni Until 4:40PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sunrise: 5:24AM Sunset: 6:29PM Moon 7 - Phase 20 - 26 4th Phase

Sivaloka Day

Pradosha Vata

<b>5</b>	<b>Friday, September 5, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27
	Makara Rasi: 19.5 Routine Work Until 11:21PM Then Creative Work	Tithi 13 – 14 Marana Yoga Siddha Yoga	5:59:28:53	<b>Gulika</b> 7:02AM – 8:39AM Yama 3:06PM – 4:43PM <b>Rahu</b> 10:16AM – 11:53AM	<b>Shravana Until 12:11PM</b> Athiganda* Until 12:24AM Sat Gara Until 3:07AM Sat Trayodashi Until 3:47PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Purple	Sunrise: 5:25AM Sunset: 6:29PM Moon 7 - Phase 20 - 27 4th Phase

Subha Sivaloka Day

<b>6</b>	<b>Saturday, September 6, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vasi/Vasi* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 28
	Kumbha Rasi: 3.29 Creative Work Until 11:29AM Then Creative Work	Tithi 14 – 15 Siddha Yoga	5:59:28:53	<b>Gulika</b> 5:26AM – 7:03AM Yama 1:29PM – 3:05PM <b>Rahu</b> 8:39AM – 10:16AM	<b>Dhanishtha Until 11:29AM</b> Sukarma Until 9:55PM Vasi Until 1:18AM Sun Chaturdashi* Until 2:15PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Purple	Sunrise: 5:26AM Sunset: 6:18PM Moon 7 - Phase 20 - Purnima

Subha Sivaloka Day

<b>7</b>	<b>Sunday, September 7, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Bharu Vasara Yuktayam Shatabhishak/Purvashodhigada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamam Titau				Norman, OK Sun 29
	Kumbha Rasi: 17.29 Creative Work	Tithi 15 – 16 Siddha Yoga	5:59:28:53	<b>Gulika</b> 3:04PM – 4:41PM Yama 11:52AM – 1:28PM <b>Rahu</b> 4:41PM – 6:17PM	<b>Shatabhishak Until 10:06AM</b> Dhriti Until 7:03PM Balava Until 11:02PM Purnima* Until 12:12PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Purple	Sunrise: 5:27AM Sunset: 6:17PM Moon 7 - Phase 20 - Prathama

Subha Sivaloka Day

Grandparent's Day

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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Monday, September 8, 2025

Gold Retreat Star

Meena Rasi: 1.46 Tithi 16 - 17
Family Home Evening
Routine Work Marana Yoga
Until 8:34AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam
Puravproshhapa/Uttarproshhapa Nakshatra Shula/Ganda Yoga Kaulava/Taila Karana Prathama/Dvitiyayam Titau

Norman, OK
Sutra 148

Gulika 1:28PM - 3:03PM
Yama 10:16AM - 11:52AM
Rahu 7:04AM - 8:40AM

Puravproshhapa\* Until 8:34AM
Shula\* Until 3:51PM
Taila\* Until 8:25PM
Prathama\* Until 9:45AM

Ganesh: Yellow Sunrise: 5:28AM
Muruga: Blue Sunset: 6:15PM
Nataraja: White
Moon - Clear

Vishvasu 5:127
Moon 8 - Phase 21 - 1st Phase
Subha Sivaloka Day

1

Tuesday, September 9, 2025

Meena Rasi: 16.16 Tithi 17 - 18
Creative Work Amrita Yoga
Until 6:38AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam
Uttarproshhapa/Revari Nakshatra Ganda/Widdhi Yoga Gara/Visri\* Karana Dvitiya/Tritiyayam Titau

Norman, OK
Sutra 149

Gulika 11:51AM - 1:27PM
Yama 8:40AM - 10:16AM
Rahu 3:02PM - 4:38PM

Uttarproshhapa Until 6:38AM
Ganda\* Until 12:28PM
Visri Until 4:08AM Wed
Dvitiya Until 7:00AM

Ganesh: Yellow Sunrise: 5:29AM
Muruga: Blue Sunset: 6:14PM
Nataraja: White
Moon - Clear

Vishvasu 5:127
Moon 8 - Phase 21 - 1st Phase
Subha Sivaloka Day

2

Wednesday, September 10, 2025

Mesha Rasi: 0.53 Tithi 19
Routine Work Marana Yoga
Until 2:26AM Thu
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam
Ashvini Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Norman, OK
Sutra 150

Gulika 10:16AM - 11:51AM
Yama 7:05AM - 8:41AM
Rahu 11:51AM - 1:26PM

Ashvini Until 2:26AM Thu
Viddhi Until 9:01AM
Bava Until 2:42PM
Chaturthi\* Until 1:15AM Thu

Ganesh: White Sunrise: 5:30AM
Muruga: Blue Sunset: 6:12PM
Nataraja: White
Moon - White

Vishvasu 5:127
Moon 8 - Phase 21 - 2 1st Phase
Sivaloka Day

3

Thursday, September 11, 2025

Mesha Rasi: 15.29 Tithi 20
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam
Yoga Kaulava/Taila Karana Panchamyam Titau

Norman, OK
Sutra 151

Gulika 8:41AM - 10:16AM
Yama 5:31AM - 7:06AM
Rahu 1:26PM - 3:00PM

Bharani Until 12:26AM Fri
Vyaghra\* Until 2:11AM Fri
Kaulava Until 11:51AM
Panchami Until 10:27PM

Ganesh: White Sunrise: 5:31AM
Muruga: Blue Sunset: 6:10PM
Nataraja: White
Moon - White

Vishvasu 5:127
Moon 8 - Phase 21 - 3 1st Phase
Sivaloka Day

4

Friday, September 12, 2025

Wishabha Rasi: 0 Tithi 21
Creative Work Siddha Yoga
Until 10:31PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sutra 152

Gulika 7:07AM - 8:41AM
Yama 2:59PM - 4:34PM
Rahu 10:16AM - 11:50AM

Kritika Until 10:31PM
Harshana Until 11:01PM
Gara Until 9:09AM
Shashthi\* Until 7:52PM

Ganesh: Blue Sunrise: 5:23AM
Muruga: Blue Sunset: 6:09PM
Nataraja: White
Moon - White

Vishvasu 5:127
Moon 8 - Phase 21 - 4 1st Phase
Sivaloka Day

5

Saturday, September 13, 2025

Wishabha Rasi: 14.22 Tithi 22 - 23
Creative Work Amrita Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manita Vasara Yuktayam
Rohini Nakshatra Vajra\* Yoga Visri\*/Balava Karana Saptami/Ashamyam Titau

Norman, OK
Sutra 153

Gulika 5:33AM - 7:07AM
Yama 1:24PM - 2:58PM
Rahu 8:41AM - 10:16AM

Rohini Until 9:10PM
Vajra\* Until 8:04PM
Visri Until 6:42AM
Saptami Until 5:34PM

Ganesh: Red Sunrise: 5:23AM
Muruga: Blue Sunset: 6:07PM
Nataraja: White
Moon - Yellow

Vishvasu 5:127
Moon 8 - Phase 21 - 5 1st Phase
Subha Sivaloka Day

6

Sunday, September 14, 2025

Retreat Star

Wishabha Rasi: 28.3 Tithi 23 - 24
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharani Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyjalpata\* Yoga Kaulava/Taila Karana Ashtami/Dashamyam Titau

Norman, OK
Sutra 154

Gulika 2:57PM - 4:31PM
Yama 11:50AM - 1:24PM
Rahu 4:31PM - 6:05PM

Mrigashira Until 8:01PM
Siddhi Until 5:24PM
Taila Until 2:48AM Mon
Ashtami\* Until 3:37PM

Ganesh: Red Sunrise: 5:34AM
Muruga: Blue Sunset: 6:05PM
Nataraja: White
Moon - Yellow

Vishvasu 5:127
Moon 8 - Phase 21 - 6 Ashtami
Subha Sivaloka Day

Monday, September 15, 2025

Retreat Star

Mithuna Rasi: 12.24 Tithi 24 - 25
Family Home Evening
Creative Work Siddha Yoga
Until 7:08PM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam
Ardra Nakshatra Vyjalpata\*/Varian Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Norman, OK
Sutra 155

Gulika 1:23PM - 2:56PM
Yama 10:16AM - 11:49AM
Rahu 7:08AM - 8:42AM

Ardra Until 7:08PM
Vyjalpata\* Until 3:05PM
Vanija Until 1:26AM Tue
Navami\* Until 2:03PM

Ganesh: Red Sunrise: 5:25AM
Muruga: Blue Sunset: 6:04PM
Nataraja: White
Moon - Yellow

Vishvasu 5:127
Moon 8 - Phase 21 - 7 Navami
Subha Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	<b>Tuesday, September 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mangala Vesara Yukhtayam Panarvasu Nakshatra Varjyan/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashtyam Titau				Norman, OK Sutra 156
	Mithuna Rasi: 26.04	Tithi 25 – 26	<b>Gulika</b> 11:49AM – 1:22PM	<b>Punarvasu</b> Untill 6:56PM	<b>Ganesha:</b> Green	Sunrise: 5:36AM	Vasavasa 5:17
			<b>Yama</b> 8:42AM – 10:16AM	<b>Varjyan</b> Untill 1:04PM	<b>Muruga:</b> Blue	Sunset: 6:02PM	Moon 8 - Phase 22 - 8
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:55PM – 4:29PM	<b>Bava</b> Untill 12:30AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Untill 12:54PM	<b>Moon - Blue</b>		<b>Sivaloka Day</b>	

2	<b>Wednesday, September 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Budha Vesara Yukhtayam Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Norman, OK Sutra 157
	Kalka Rasi: 9.28	Tithi 26 – 27	<b>Gulika</b> 10:16AM – 11:49AM	<b>Pushya</b> Untill 7:02PM	<b>Ganesha:</b> Green	Sunrise: 5:27AM	Vasavasa 5:17
			<b>Yama</b> 7:10AM – 8:43AM	<b>Parigha'</b> Untill 11:24AM	<b>Muruga:</b> Blue	Sunset: 6:00PM	Moon 8 - Phase 22 - 9
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:49AM – 1:21PM	<b>Kaulava</b> Untill 12:00AM Thu	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi'</b> Untill 12:11PM	<b>Moon - Blue</b>		<b>Sivaloka Day</b>	

3	<b>Thursday, September 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Guru Vesara Yukhtayam Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadasi/Trayodashyam Titau				Norman, OK Sutra 158
	Kalka Rasi: 22.38	Tithi 27 – 28	<b>Gulika</b> 8:43AM – 10:16AM	<b>Ashlesha'</b> Untill 7:25PM	<b>Ganesha:</b> Green	Sunrise: 5:38AM	Vasavasa 5:17
			<b>Yama</b> 5:38AM – 7:10AM	<b>Shiva</b> Untill 10:07AM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 8 - Phase 22 - 10
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:21PM – 2:53PM	<b>Gara</b> Untill 11:58PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi'</b> Untill 11:54AM	<b>Moon - Blue</b>		<b>Sivaloka Day</b>	
			<i>Pradosha Vata (Fasting)</i>				

4	<b>Friday, September 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Sukra Vesara Yukhtayam Magha' Nakshatra Siddha/Sadhya Yoga Vanija/Visti' Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sutra 159
	Simha Rasi: 5.35	Tithi 28 – 29	<b>Gulika</b> 7:11AM – 8:43AM	<b>Magha'</b> Untill 8:34PM	<b>Ganesha:</b> White	Sunrise: 5:39AM	Vasavasa 5:17
			<b>Yama</b> 2:52PM – 4:25PM	<b>Siddha</b> Untill 9:09AM	<b>Muruga:</b> Blue	Sunset: 5:57PM	Moon 8 - Phase 22 - 11
	Routine Work	Marana Yoga	<b>Rahu</b> 10:16AM – 11:48AM	<b>Visti'</b> Untill 12:24AM Sat	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi'</b> Untill 12:06PM	<b>Moon - Red</b>		<b>Sivaloka Day</b>	

●	<b>Saturday, September 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mania Vesara Yukhtayam Purvaphalguni Nakshatra Sadha/Sukla Yoga Sakuri/Catupadi' Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sutra 160
	<b>Retreat Star</b>		<b>Gulika</b> 5:40AM – 7:12AM	<b>Purvaphalguni</b> Untill 10:00PM	<b>Ganesha:</b> White	Sunrise: 5:40AM	Vasavasa 5:17
	Simha Rasi: 18.17	Tithi 29 – 30	<b>Yama</b> 1:19PM – 2:51PM	<b>Sadha</b> Untill 8:34AM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 8 - Phase 22 - 12
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:44AM – 10:16AM	<b>Catupada</b> Untill 1:17AM Sun	<b>Nataraja:</b> White		Amavasya
			<b>Chaturdashi'</b> Untill 12:46PM	<b>Moon - Red</b>		<b>Sivaloka Day</b>	
			<b>Mahalaya Amavasi (Tamil Nadu)</b>				

●	<b>Sunday, September 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Shiva Vesara Yukhtayam Uttaraphalguni Nakshatra Sadha/Sukla Yoga Naga/Kintughna' Karana Amavasya/Prathamayam Titau				Norman, OK Sutra 161
	<b>Retreat Star</b>		<b>Gulika</b> 2:50PM – 4:22PM	<b>Uttaraphalguni</b> Untill 11:44PM	<b>Ganesha:</b> White	Sunrise: 5:41AM	Vasavasa 5:17
	Kanya Rasi: 0.47	Tithi 30 – 1	<b>Yama</b> 11:47AM – 1:19PM	<b>Sadha</b> Untill 8:22AM	<b>Muruga:</b> Blue	Sunset: 5:54PM	Moon 8 - Phase 22 - 13
	Creative Work	Amrita Yoga	<b>Rahu</b> 4:22PM – 5:54PM	<b>Kintughna</b> Untill 2:39AM Mon	<b>Nataraja:</b> White		Prathama
			<b>Navaratri Begins</b>	<b>Amavasya'</b> Untill 1:53PM	<b>Moon - Red</b>	<b>Sivaloka Day</b>	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satpitra marga. Tirumantiram 1496

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<b>1 Monday, September 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Tilau				Norman, OK Sutra 162 Vasavasu 5127
Kanya Rasi: 13.06	Tilhi 1 – 2	<b>Gulika</b>	1:18PM – 2:49PM	<b>Hasla Until 2:11AM Tue</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Green	Sun 14 Phase 23 - 14 3rd Phase
<b>Family Home Evening</b>		<b>Yama</b>	10:15AM – 11:47AM	<b>Sukla Until 8:29AM</b>	<b>Sunrise:</b> 5:42AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	7:13AM – 8:44AM	<b>Balava Until 4:25AM Tue</b>		<b>Subha Sivaloka Day</b>
				<b>Prathama* Until 3:28PM</b>	<b>Ashvini/Punarasi</b>	

<b>2 Tuesday, September 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Norman, OK Sutra 163 Vasavasu 5127
Kanya Rasi: 25.14	Tilhi 2 – 3	<b>Gulika</b>	11:46AM – 1:17PM	<b>Chitra Until 4:49AM Wed</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Green	Sun 15 Phase 23 - 15 3rd Phase
		<b>Yama</b>	8:45AM – 10:15AM	<b>Brahma Until 8:54AM</b>	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	2:48PM – 4:19PM	<b>Taila Until 6:32AM Wed</b>		<b>Subha Sivaloka Day</b>
				<b>Dvitiya Until 5:25PM</b>	<b>Ashvini/Punarasi</b>	

<b>3 Wednesday, September 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhiti* Yoga Taila/Gara Karana Tritiyayam Tilau				Norman, OK Sutra 164 Vasavasu 5127
Tula Rasi: 7.14	Tilhi 3	<b>Gulika</b>	10:15AM – 11:46AM	<b>Svati Until 7:31AM Thu</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Green	Sun 16 Phase 23 - 16 3rd Phase
		<b>Yama</b>	7:14AM – 8:45AM	<b>Indra Until 9:36AM</b>	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	11:46AM – 1:17PM	<b>Taila Until 6:32AM</b>		<b>Subha Sivaloka Day</b>
				<b>Tritiya Until 7:40PM</b>	<b>Ashvini/Punarasi</b>	

<b>4 Thursday, September 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Guru Vasara Yuktayam Svati/Vishkha Nakshatra Vaidhiti*/Vishkamba* Yoga Vanija/Visi* Karana Chaturthiyam Tilau				Norman, OK Sutra 165 Vasavasu 5127
Tula Rasi: 19.09	Tilhi 4	<b>Gulika</b>	8:45AM – 10:15AM	<b>Svati Until 7:31AM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Green	Sun 17 Phase 23 - 17 3rd Phase
		<b>Yama</b>	5:45AM – 7:15AM	<b>Vaidhiti* Until 10:26AM</b>	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Amrita Yoga	<b>Rahu</b>	1:16PM – 2:46PM	<b>Vanija Until 8:54AM</b>		<b>Subha Sivaloka Day</b>
<b>Until 7:31AM</b>				<b>Chaturthi* Until 10:06PM</b>	<b>Ashvini/Punarasi</b>	
<b>Then Creative Work - Siddha Yoga</b>						

<b>5 Friday, September 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Sukra Vasara Yuktayam Vishkha/Anuradha Nakshatra Vishkamba*Pihli Yoga Bava/Balava Karana Panchamyam Tilau				Norman, OK Sutra 166 Vasavasu 5127
Wishika Rasi: 1.01	Tilhi 5	<b>Gulika</b>	7:16AM – 8:45AM	<b>Vishkha Until 10:40AM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Orange	Sun 18 Phase 23 - 18 3rd Phase
		<b>Yama</b>	2:45PM – 4:15PM	<b>Vishkamba* Until 11:21AM</b>	<b>Sunrise:</b> 5:46AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	10:15AM – 11:45AM	<b>Bava Until 11:22AM</b>		<b>Subha Subha Sivaloka Day</b>
				<b>Panchami Until 12:35AM Sat</b>	<b>Ashvini/Punarasi</b>	

<b>6 Saturday, September 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Manu Vasara Yuktayam Vishkha/Anuradha Nakshatra Pihli/Ajushman Yoga Kaulava/Taila Karana Shashthiyam Tilau				Norman, OK Sutra 167 Vasavasu 5127
Wishika Rasi: 12.53	Tilhi 6	<b>Gulika</b>	5:47AM – 7:16AM	<b>Anuradha Until 1:37PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Orange	Sun 19 Phase 23 - 19 3rd Phase
		<b>Yama</b>	1:15PM – 2:44PM	<b>Pihli Until 12:16PM</b>	<b>Sunrise:</b> 5:47AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	8:46AM – 10:15AM	<b>Kaulava Until 1:48PM</b>		<b>Subha Sivaloka Day</b>
				<b>Shashthi* Until 2:56AM Sun</b>	<b>Ashvini/Punarasi</b>	

<b>Sunday, September 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Brihas Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ajushman/Saubhagya Yoga Gara/Vanija Karana Sapthamyam Tilau				Norman, OK Sutra 168 Vasavasu 5127
<b>Retreat Star</b>		<b>Gulika</b>	2:43PM – 4:13PM	<b>Jyeshtha* Until 4:12PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Orange	Sun 20 Phase 23 - 20 3rd Phase
Wishika Rasi: 24.48	Tilhi 7	<b>Yama</b>	11:45AM – 1:14PM	<b>Ayushman Until 1:00PM</b>	<b>Sunrise:</b> 5:48AM <b>Sunset:</b> 5:59PM	
<b>Routine Work</b>	Marana Yoga	<b>Rahu</b>	4:13PM – 5:42PM	<b>Gara Until 4:02PM</b>		<b>Sivaloka Day</b>
<b>Until 4:12PM</b>				<b>Saptami Until 5:00AM Mon</b>	<b>Ashvini/Punarasi</b>	
<b>Then Creative Work - Amrita Yoga</b>						

<b>Monday, September 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Visi*/Bava Karana Ashtamyam Tilau				Norman, OK Sutra 169 Vasavasu 5127
<b>Retreat Star</b>		<b>Gulika</b>	1:13PM – 2:42PM	<b>Mula* Until 6:45PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sun 21 Phase 23 - 21 Ashtami
Dhanu Rasi: 6.51	Tilhi 8	<b>Yama</b>	10:15AM – 11:44AM	<b>Saubhagya Until 1:28PM</b>	<b>Sunrise:</b> 5:49AM <b>Sunset:</b> 5:59PM	
<b>Family Home Evening</b>		<b>Rahu</b>	7:17AM – 8:46AM	<b>Visi Until 5:52PM</b>		<b>Subha Sivaloka Day</b>
<b>Creative Work</b>	Siddha Yoga			<b>Visi Until 5:52PM</b>	<b>Ashvini/Punarasi</b>	
<b>Until 6:45PM</b>				<b>Durga Ashtami</b>		
<b>Then Routine Work - Marana Yoga</b>						

<b>Tuesday, September 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Atigandha* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Norman, OK Sutra 170 Vasavasu 5127
<b>Retreat Star</b>		<b>Gulika</b>	11:44AM – 1:13PM	<b>Purvashadha* Until 8:35PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Orange	Sun 22 Phase 23 - 22 Navami
Dhanu Rasi: 19.05	Tilhi 8 – 9	<b>Yama</b>	8:47AM – 10:15AM	<b>Sobhana Until 1:32PM</b>	<b>Sunrise:</b> 5:49AM <b>Sunset:</b> 5:59PM	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	2:41PM – 4:10PM	<b>Balava Until 7:09PM</b>		<b>Subha Sivaloka Day</b>
<b>Until 8:35PM</b>				<b>Ashlami* Until 6:34AM</b>	<b>Ashvini/Punarasi</b>	
<b>Then Routine Work - Prabalarishla Yoga</b>				<b>Saraswathi Puja (Tamil Nadu)</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>		<b>Wednesday, October 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kaulava/Taila Karana Navami/Dashmyam Tilau		Norman, OK Sutra 171
Makara Rasi: 1.37	Tithi 9 – 10	<b>Gulika</b> 10:15AM – 11:44AM	<b>Uttarashada</b> Untill 9:34PM	<b>Ganesh:</b> Red	Sunrise: 5:50AM	Sun 23 Vishvasu 5127
		<b>Yama</b> 7:19AM – 8:47AM	<b>Alhiganda*</b> Untill 1:03PM	<b>Muruga:</b> Blue	Sunset: 5:27PM	Moon 8 - Phase 24 - 23
		<b>Rahu</b> 11:44AM – 1:12PM	<b>Taila</b> Untill 7:44PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Untill 7:31AM	<b>Moon - Light Blue</b>		<b>Subha Sivaloka Day</b>
Untill 9:34PM				<b>Ashvini/Purnima</b>		
Then Creative Work	Siddha Yoga					

<b>2</b>		<b>Thursday, October 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Yuga Gara/Vanija Karana Dashami/Ekadashyam Tilau		Norman, OK Sutra 172
Makara Rasi: 14.28	Tithi 10 – 11	<b>Gulika</b> 8:47AM – 10:15AM	<b>Shravana</b> Untill 10:05PM	<b>Ganesh:</b> Blue	Sunrise: 5:51AM	Sun 25 Vishvasu 5127
		<b>Yama</b> 5:51AM – 7:19AM	<b>Sukarna</b> Untill 11:59AM	<b>Muruga:</b> Blue	Sunset: 5:25PM	Moon 8 - Phase 24 - 24
		<b>Rahu</b> 1:11PM – 2:39PM	<b>Vanija</b> Untill 7:31PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Untill 7:42AM	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
				<b>Ashvini/Purnima</b>		

<b>3</b>		<b>Friday, October 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visi*/Bava Karana Ekadashi/Ekadashyam Tilau		Norman, OK Sutra 173
Makara Rasi: 27.44	Tithi 11 – 12	<b>Gulika</b> 7:20AM – 8:48AM	<b>Dhanishtha</b> Untill 9:41PM	<b>Ganesh:</b> Blue	Sunrise: 5:52AM	Sun 25 Vishvasu 5127
		<b>Yama</b> 2:38PM – 4:05PM	<b>Dhriti</b> Untill 10:18AM	<b>Muruga:</b> Blue	Sunset: 5:24PM	Moon 8 - Phase 24 - 25
		<b>Rahu</b> 10:15AM – 11:43AM	<b>Bava</b> Untill 6:30PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Untill 7:05AM	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
				<b>Ashvini/Purnima</b>		

<b>4</b>		<b>Saturday, October 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Taila Karana Trayodashyam Tilau		Norman, OK Sutra 174
Makara Rasi: 11.28	Tithi 13	<b>Gulika</b> 5:53AM – 7:21AM	<b>Shatabhishak</b> Untill 8:24PM	<b>Ganesh:</b> Blue	Sunrise: 5:53AM	Sun 26 Vishvasu 5127
		<b>Yama</b> 1:10PM – 2:37PM	<b>Shula*</b> Untill 7:58AM	<b>Muruga:</b> Blue	Sunset: 5:22PM	Moon 8 - Phase 24 - 26
		<b>Rahu</b> 8:48AM – 10:15AM	<b>Kaulava</b> Untill 4:45PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Untill 3:36AM Sun	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
Untill 8:24PM		<b>Kadalswami Mahasamadi</b>		<b>Ashvini/Purnima</b>		
Then Routine Work	Marana Yoga		<b>Pradosha Vata</b>			

<b>5</b>		<b>Sunday, October 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktayam Purvashrothapada* Nakshatra Widdhi Yoga Gara/Vanija Karana Chaturdashyam Tilau		Norman, OK Sutra 175
Makara Rasi: 25.37	Tithi 14	<b>Gulika</b> 2:36PM – 4:03PM	<b>Purvashrothapada*</b> Untill 6:47PM	<b>Ganesh:</b> White	Sunrise: 5:55AM	Sun 27 Vishvasu 5127
		<b>Yama</b> 11:42AM – 1:09PM	<b>Widdhi</b> Untill 1:45AM Mon	<b>Muruga:</b> Blue	Sunset: 5:20PM	Moon 8 - Phase 24 - 27
		<b>Rahu</b> 4:03PM – 5:30PM	<b>Gara</b> Untill 2:21PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Chalurdashi*</b> Untill 12:56AM Mon	<b>Moon - Clear</b>		<b>Sivaloka Day</b>
Untill 6:47PM		<b>Chidambaram Abhishekam</b>		<b>Ashvini/Purnima</b>		
Then Creative Work	Amrita Yoga					

<b>Monday, October 6, 2025</b>		<b>Copper Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Uttarashrothapada/Revati Nakshatra Dhruva Yuga Visi*/Bava Karana Purnimayam Tilau		Norman, OK Sutra 176
Meena Rasi: 10.1	Tithi 15	<b>Gulika</b> 1:09PM – 2:35PM	<b>Uttarashrothapada</b> Untill 4:33PM	<b>Ganesh:</b> Clear	Sunrise: 5:56AM	Sun 28 Vishvasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 10:16AM – 11:42AM	<b>Dhruva</b> Untill 10:02PM	<b>Muruga:</b> Blue	Sunset: 5:29PM	Moon 8 - Phase 24 - Purnima
		<b>Rahu</b> 7:22AM – 8:49AM	<b>Visi</b> Untill 11:26AM	<b>Nataraja:</b> White		
Creative Work	Siddha Yoga		<b>Purnima*</b> Untill 9:49PM	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>
				<b>Ashvini/Purnima</b>		

<b>Tuesday, October 7, 2025</b>		<b>Silver Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Tilau		Norman, OK Sutra 177
Meena Rasi: 25	Tithi 16	<b>Gulika</b> 11:42AM – 1:08PM	<b>Revati</b> Untill 1:52PM	<b>Ganesh:</b> Clear	Sunrise: 5:57AM	Sun 29 Vishvasu 5127
		<b>Yama</b> 8:49AM – 10:16AM	<b>Vyaghala*</b> Untill 6:06PM	<b>Muruga:</b> Blue	Sunset: 5:27PM	Moon 8 - Phase 24 - Prathama
		<b>Rahu</b> 2:35PM – 4:01PM	<b>Balava</b> Untill 8:10AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama*</b> Untill 6:26PM	<b>Moon - Clear</b>		<b>Sivaloka Day</b>
				<b>Ashvini/Purnima</b>		

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

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Wednesday, October 8, 2025

Gold Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Vasara Yuktayam Ashvini/Bharani Nakshatra Hanshava/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK Sun 1  
Sutra 178  
Vivavasu 5:127

Mesha Rasi: 10:01 Tithi 17 - 18  
633928574

Gulika 10:16AM - 11:42AM  
Yama 7:24AM - 8:50AM  
Rahu 11:42AM - 1:08PM

Ashvini Untill 11:17AM  
Harshana Untill 2:05PM  
Vanija Untill 1:12AM Thu  
Dvitiya Untill 2:56PM

Ganesh: White  
Muruga: Blue  
Nataraja: Clear  
Moon - White

Sunrise: 5:58AM  
Sunset: 5:26PM

Moon 9 - Phase 25 - 2  
1st Phase

Routine Work Marana Yoga  
Untill 11:17AM  
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1

Thursday, October 9, 2025

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vajra\*/Siddhi\* Yoga Vasil\*/Bava Karana Tritiya/Chaturthiyam Titau

Norman, OK Sun 2  
Sutra 179  
Vivavasu 5:127

Mesha Rasi: 25:02 Tithi 18 - 19  
633928574

Gulika 8:50AM - 10:16AM  
Yama 5:59AM - 7:24AM  
Rahu 1:07PM - 2:33PM

Bharani Untill 8:35AM  
Vajra\* Untill 10:04AM  
Bava Untill 9:49PM  
Tritiya Untill 11:28AM

Ganesh: White  
Muruga: Blue  
Nataraja: Clear  
Moon - White

Sunrise: 5:59AM  
Sunset: 5:26PM

Moon 9 - Phase 25 - 2  
1st Phase

Creative Work Siddha Yoga  
Untill 8:35AM  
Then Routine Work - Marana Yoga

Subha Sivaloka Day

2

Friday, October 10, 2025

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Sukra Vasara Yuktayam Rohini Nakshatra Siddhi/Vyaptipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK Sun 3  
Sutra 180  
Vivavasu 5:127

Wishabha Rasi: 9:57 Tithi 19 - 20  
633928574

Gulika 7:25AM - 8:50AM  
Yama 2:32PM - 3:57PM  
Rahu 10:16AM - 11:41AM

Rohini Untill 3:51AM Sat  
Siddhi Untill 6:13AM  
Kaulava Untill 6:42PM  
Chaturthi\* Untill 8:12AM

Ganesh: White  
Muruga: Blue  
Nataraja: Clear  
Moon - White

Sunrise: 6:00AM  
Sunset: 5:22PM

Moon 9 - Phase 25 - 3  
1st Phase

Routine Work Marana Yoga  
Untill 3:51AM Sat  
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

3

Saturday, October 11, 2025

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Manita Vasara Yuktayam Mrigashira Nakshatra Varayan Yoga Gara/Vanija Karana Shashthiyam Titau

Norman, OK Sun 4  
Sutra 181  
Vivavasu 5:127

Wishabha Rasi: 24:37 Tithi 21  
633928574

Gulika 6:01AM - 7:26AM  
Yama 1:06PM - 2:31PM  
Rahu 8:51AM - 10:16AM

Mrigashira Untill 2:07AM Sun  
Varayan Untill 11:25PM  
Gara Untill 3:59PM  
Shashthi\* Untill 2:48AM Sun

Ganesh: Yellow  
Muruga: Blue  
Nataraja: Clear  
Moon - Yellow

Sunrise: 6:01AM  
Sunset: 5:21PM

Moon 9 - Phase 25 - 4  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Sunday, October 12, 2025

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Bhanu Vasara Yuktayam Ardra Nakshatra Parigaha\* Yoga Vasil\*/Bava Karana Sapthamyam Titau

Norman, OK Sun 5  
Sutra 182  
Vivavasu 5:127

Mithuna Rasi: 8:57 Tithi 22  
633928574

Gulika 2:30PM - 3:55PM  
Yama 11:41AM - 1:05PM  
Rahu 3:55PM - 5:19PM

Ardra Untill 12:47AM Mon  
Parigaha\* Untill 8:39PM  
Vasil Untill 1:48PM  
Sapthami Untill 12:54AM Mon

Ganesh: Yellow  
Muruga: Blue  
Nataraja: Clear  
Moon - Yellow

Sunrise: 6:02AM  
Sunset: 5:19PM

Moon 9 - Phase 25 - 5  
1st Phase

Creative Work Siddha Yoga  
Untill 12:47AM Mon  
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, October 13, 2025

Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Indu Vasara Yuktayam Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK Sun 6  
Sutra 183  
Vivavasu 5:127

Mithuna Rasi: 22:55 Tithi 23  
643928574

Gulika 1:05PM - 2:29PM  
Yama 10:16AM - 11:40AM  
Rahu 7:27AM - 8:52AM

Punarvasu Untill 12:21AM Tue  
Shiva Untill 6:23PM  
Balava Untill 12:12PM  
Ashlami\* Untill 11:38PM

Ganesh: Blue  
Muruga: Blue  
Nataraja: Clear  
Moon - Blue

Sunrise: 6:03AM  
Sunset: 5:18PM

Moon 9 - Phase 25 - 6  
Ashtami

Family Home Evening  
Creative Work Amrita Yoga  
Untill 12:21AM Tue  
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Tuesday, October 14, 2025

Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Mangala Vasara Yuktayam Pushya Nakshatra Siddha/Sadhyha Yoga Talila/Gara Karana Navamyam Titau

Norman, OK Sun 7  
Sutra 184  
Vivavasu 5:127

Kataka Rasi: 6:29 Tithi 24  
643928574

Gulika 11:40AM - 1:04PM  
Yama 8:52AM - 10:16AM  
Rahu 2:28PM - 3:52PM

Pushya Untill 12:26AM Wed  
Siddha Untill 4:37PM  
Talila Untill 11:15AM  
Navami\* Untill 11:01PM

Ganesh: Blue  
Muruga: Blue  
Nataraja: Clear  
Moon - Blue

Sunrise: 6:04AM  
Sunset: 5:16PM

Moon 9 - Phase 25 - 7  
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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<b>1</b>	<b>Wednesday, October 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Sukha Yoga Vanija/Visti* Karana Dushanyam Titau				Norman, OK Sutra 185
	Kataka Rasi: 19.41	Tithi 25	<b>Gulika</b> 10:16AM - 11:40AM Yama 7:29AM - 8:52AM 643928574 <b>Rahu</b> 11:40AM - 1:04PM	<b>Ashlesha* Until 12:59AM Thu</b> Sadya Until 3:23PM Vanija Until 10:58AM <b>Dashami Until 11:03PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:15PM	Vishvasu 5:127 Phase 26 - 8 2nd Phase
Creative Work Siddha Yoga Until 12:59AM Thu Then Creative Work - Amrita Yoga			<b>Subha Sivaloka Day</b> <i>Ashvini-Purnima</i>				

<b>2</b>	<b>Thursday, October 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam Magha* Nakshatra Sadhya/Sukha Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sutra 186
	Simha Rasi: 2.34	Tithi 26	<b>Gulika</b> 8:53AM - 10:16AM Yama 6:06AM - 7:29AM 653928574 <b>Rahu</b> 1:03PM - 2:26PM	<b>Magha* Until 2:25AM Fri</b> Subha Until 2:38PM Bava Until 11:19AM <b>Ekadashi* Until 11:40PM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 5:13PM	Vishvasu 5:127 Phase 26 - 9 2nd Phase
Creative Work Amrita Yoga Until 2:25AM Fri Then Creative Work - Siddha Yoga			<b>Sivaloka Day</b> <i>Ashvini-Purnima</i>				

<b>3</b>	<b>Friday, October 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau				Norman, OK Sutra 187
	Simha Rasi: 15.11	Tithi 27	<b>Gulika</b> 7:30AM - 8:53AM Yama 2:26PM - 3:49PM 653928574 <b>Rahu</b> 10:16AM - 11:39AM	<b>Purvaphalguni Until 4:10AM Sat</b> Sukla Until 2:16PM Kaulava Until 12:12PM <b>Dvadashti* Until 12:49AM Sat</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 5:12PM	Vishvasu 5:127 Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 4:10AM Sat Then Routine Work - Marana Yoga			<b>Sivaloka Day</b> <i>Ashvini-Kijasi</i>				

<b>4</b>	<b>Saturday, October 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Marita Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Norman, OK Sutra 188
	Simha Rasi: 27.35	Tithi 28	<b>Gulika</b> 6:08AM - 7:31AM Yama 1:02PM - 2:25PM 653928574 <b>Rahu</b> 8:54AM - 10:16AM	<b>Uttaraphalguni Until 6:10AM Sun</b> Brahma Until 2:17PM Gara Until 1:34PM <b>Trayodashi* Until 2:23AM Sun</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:08AM <b>Sunset:</b> 5:10PM	Vishvasu 5:127 Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 6:10AM Sun Then Creative Work - Amrita Yoga			<b>Sivaloka Day</b> <i>Pradosha Vata (Fasting)</i>				

<b>5</b>	<b>Sunday, October 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Shrua Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhri* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Norman, OK Sutra 189
	Kanya Rasi: 9.49	Tithi 29	<b>Gulika</b> 2:24PM - 3:46PM Yama 11:39AM - 1:01PM 653928574 <b>Rahu</b> 3:46PM - 5:09PM	<b>Uttaraphalguni Until 6:10AM</b> Indra Until 2:35PM Visti Until 3:19PM <b>Chaturdashi* Until 4:18AM Mon</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 5:09PM	Vishvasu 5:127 Phase 26 - 12 2nd Phase
Creative Work Amrita Yoga Until 8:48AM Then Routine Work - Prabalarishtha Yoga			<b>Sivaloka Day</b> <i>Ashvini-Kijasi</i>				

<b>Monday, October 20, 2025</b>	<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhri*/Vishkambha* Yoga Caluspada*/Naga* Karana Amavasya/Panchamyam Titau				Norman, OK Sutra 190
	Kanya Rasi: 21.55	Tithi 30	<b>Gulika</b> 1:01PM - 2:23PM Yama 10:17AM - 11:39AM 664928574 <b>Rahu</b> 7:32AM - 8:55AM	<b>Hasta Until 8:48AM</b> Vaidhri* Until 3:06PM Caluspada Until 5:22PM <b>Amavasya* Until 6:28AM Tue</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 5:07PM	Vishvasu 5:127 Phase 26 - 13 Amavasya
Creative Work Siddha Yoga Until 8:48AM Then Routine Work - Prabalarishtha Yoga			<b>Devaloka Day</b> <i>Ashvini-Kijasi</i>				

<b>Tuesday, October 21, 2025</b>	<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktayam Chitra/Sivali Nakshatra Vishkambha*/Pili Yoga Naga*/Kirtughna* Karana Amavasya/Panchamyam Titau				Norman, OK Sutra 191
	Tula Rasi: 3.55	Tithi 30 - 1	<b>Gulika</b> 11:39AM - 1:01PM Yama 8:55AM - 10:17AM 664928574 <b>Rahu</b> 2:22PM - 3:44PM	<b>Chitra Until 11:31AM</b> Vishkambha* Until 3:48PM Kirtughna Until 7:39PM <b>Amavasya* Until 6:28AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:11AM <b>Sunset:</b> 5:06PM	Vishvasu 5:127 Phase 26 - 14 Prathama
Creative Work Siddha Yoga Until 8:48AM Then Routine Work - Prabalarishtha Yoga			<b>Devaloka Day</b> <i>Kartika-Kijasi</i>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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1	<b>Wednesday, October 22, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Pitti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyam Tilau				Norman, OK Sun 15	Sutra 192 Vasvasu 5127
	Tula Rasi: 15.5	Tilhi 1 – 2	<b>Gulika</b> 10:17AM – 11:39AM Yama 7:34AM – 8:56AM Rahu 11:39AM – 1:00PM	<b>Svali Until 2:14PM</b> Priti Until 4:38PM Balava Until 10:05PM <b>Prathama* Until 8:50AM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 15 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

2	<b>Thursday, October 23, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha/Anusaha Nakshatra Apojam/Saubhagya Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Tilau				Norman, OK Sun 16	Sutra 193 Vasvasu 5127
	Tula Rasi: 27.42	Tilhi 2 – 3	<b>Gulika</b> 8:56AM – 10:17AM Yama 6:14AM – 7:35AM Rahu 1:00PM – 2:21PM	<b>Vishkha Until 5:22PM</b> Ayushman Until 5:30PM Taila Until 12:36AM Fri <b>Dvitiya Until 11:19AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 16 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

3	<b>Friday, October 24, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau				Norman, OK Sun 17	Sutra 194 Vasvasu 5127
	Wischika Rasi: 9.34	Tilhi 3 – 4	<b>Gulika</b> 7:36AM – 8:56AM Yama 2:20PM – 3:41PM Rahu 10:17AM – 11:38AM	<b>Anuradha Until 8:21PM</b> Saubhagya Until 6:24PM Vanija Until 3:06AM Sat <b>Tritiya Until 1:50PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 17 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

4	<b>Saturday, October 25, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Visi/Vi/Bava Karana Chaturthi/Panchamam Tilau				Norman, OK Sun 18	Sutra 195 Vasvasu 5127
	Wischika Rasi: 21.26	Tilhi 4 – 5	<b>Gulika</b> 6:14AM – 7:36AM Yama 2:20PM – 2:19PM Rahu 8:57AM – 10:18AM	<b>Jyeshtha* Until 11:05PM</b> Sobhana Until 7:14PM Bava Until 5:29AM Sun <b>Chaturthi* Until 4:17PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 18 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

5	<b>Sunday, October 26, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Balava Karana Panchamam Tilau				Norman, OK Sun 19	Sutra 196 Vasvasu 5127
	Dhanus Rasi: 3.21	Tilhi 5	<b>Gulika</b> 2:19PM – 3:39PM Yama 11:38AM – 12:58PM Rahu 3:39PM – 4:59PM	<b>Mula* Until 1:55AM Mon</b> Athiganda* Until 7:54PM Balava Until 6:33PM <b>Panchami Until 6:33PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 19 3rd Phase	<b>Devaloka Day</b>

6	<b>Monday, October 27, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthyam Tilau				Norman, OK Sun 20	Sutra 197 Vasvasu 5127
	Dhanus Rasi: 15.22	Tilhi 6	<b>Gulika</b> 12:58PM – 2:18PM Yama 10:18AM – 11:38AM Rahu 7:38AM – 8:58AM	<b>Purvashadha* Until 4:14AM Tue</b> Sukarma Until 8:19PM Kaulava Until 7:36AM <b>Shashthi* Until 8:29PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 20 3rd Phase	<b>Devaloka Day</b>

Retreat Star	<b>Tuesday, October 28, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamam Tilau				Norman, OK Sun 21	Sutra 198 Vasvasu 5127
	Dhanus Rasi: 27.34	Tilhi 7	<b>Gulika</b> 11:38AM – 12:58PM Yama 8:59AM – 10:18AM Rahu 2:17PM – 3:37PM	<b>Uttarashadha Until 5:51AM Wed</b> Dhriti Until 8:22PM Gara Until 9:17AM <b>Saptami Until 9:54PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:09PM	Moon 9 - Phase 27 - 21 3rd Phase	<b>Devaloka Day</b>

Retreat Star	<b>Wednesday, October 29, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Shravana Nakshatra Shula* Yoga Visi/Vi/Bava Karana Ashtamam Tilau				Norman, OK Sun 22	Sutra 199 Vasvasu 5127
	Makara Rasi: 9.59	Tilhi 8	<b>Gulika</b> 10:18AM – 11:38AM Yama 7:40AM – 8:59AM Rahu 11:38AM – 12:57PM	<b>Shravana Until 7:06AM Thu</b> Shula* Until 7:52PM Visi Until 10:24AM <b>Ashtami* Until 10:39PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:59PM	Moon 9 - Phase 27 - 22 Ashtami	<b>Devaloka Day</b>

Retreat Star	<b>Thursday, October 30, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamam Tilau				Norman, OK Sun 23	Sutra 200 Vasvasu 5127
	Makara Rasi: 22.44	Tilhi 9	<b>Gulika</b> 9:00AM – 10:19AM Yama 6:21AM – 7:41AM Rahu 12:57PM – 2:16PM	<b>Shravana Until 7:06AM</b> Ganda* Until 6:47PM Balava Until 10:45AM <b>Navami* Until 10:37PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 4:59PM	Moon 9 - Phase 27 - 23 Navami	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1</b>	<b>Friday, October 31, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dasharyam Titau				Norman, OK Sutra 201
	Kumbha Rasi: 5.53	Tithi 10	<b>Gulika</b> 7:41AM - 9:00AM <b>Yama</b> 2:15PM - 3:34PM <b>Rahu</b> 10:19AM - 11:38AM	<b>Dhanishtha Until 7:23AM</b> Viddhi Until 5:04PM Taitila Until 10:18AM <b>Dashami Until 9:44PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 4:53PM	Sun 24 Moon 9 - Phase 2B - 24 4th Phase
Creative Work	Siddha Yoga	694138574					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>2</b>	<b>Saturday, November 1, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Menta Vasara Yuktayam Shatabhishak/Punarproshthapada* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Vidhi* Karana Ekadashyam Titau				Norman, OK Sutra 202
	Kumbha Rasi: 19.29	Tithi 11	<b>Gulika</b> 6:24AM - 7:42AM <b>Yama</b> 12:56PM - 2:15PM <b>Rahu</b> 9:01AM - 10:19AM	<b>Shatabhishak Until 6:42AM</b> Dhruva Until 2:39PM Vanija Until 9:00AM <b>Ekadashi Until 8:02PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 4:52PM	Sun 25 Moon 9 - Phase 2B - 25 4th Phase
Creative Work	Amrita Yoga	695138574					<b>Devaloka Day</b>
Until 6:42AM							
Then Routine Work	Marana Yoga						

<b>3</b>	<b>Sunday, November 2, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Bhava Vasara Yuktayam Uttarproshthapada Nakshatra Vyaghata* Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sutra 203
	Meena Rasi: 3.35	Tithi 12 - 13	<b>Gulika</b> 2:14PM - 3:32PM <b>Yama</b> 11:38AM - 12:56PM <b>Rahu</b> 3:32PM - 4:50PM	<b>Uttarproshthapada Until 3:34AM Mon</b> Vyaghata* Until 11:39AM Bava Until 6:55AM <b>Dvadashi Until 5:36PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 4:50PM	Sun 26 Moon 9 - Phase 2B - 26 4th Phase
Creative Work	Amrita Yoga	615138574					<b>Devaloka Day</b>
Until 3:34AM Mon							
Then Creative Work	Siddha Yoga						
							<i>Pradosha Vata</i>

<b>4</b>	<b>Monday, November 3, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Indu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sutra 204
	Meena Rasi: 18.09	Tithi 13 - 14	<b>Gulika</b> 12:56PM - 2:13PM <b>Yama</b> 10:20AM - 11:38AM <b>Rahu</b> 7:44AM - 9:02AM	<b>Revati Until 12:55AM Tue</b> Harshana Until 8:08AM Gara Until 12:54AM Tue <b>Trayodashi Until 2:34PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 4:49PM	Sun 27 Moon 9 - Phase 2B - 27 4th Phase
Creative Work	Siddha Yoga	615138574					<b>Devaloka Day</b>
Family Home Evening							
Then Creative Work	Siddha Yoga						

<b>O</b>	<b>Tuesday, November 4, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Mangala Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanja/Vidhi* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sutra 205
	Mesha Rasi: 3.06	Tithi 14 - 15	<b>Gulika</b> 11:38AM - 12:55PM <b>Yama</b> 9:02AM - 10:20AM <b>Rahu</b> 2:13PM - 3:31PM	<b>Ashvini Until 10:10PM</b> Siddhi Until 11:58PM Vidhi Until 9:16PM <b>Chaturdashi* Until 11:06AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 4:48PM	Sun 28 Moon 9 - Phase 2B - Purnima
Creative Work	Siddha Yoga	625138574					<b>Sivaloka Day</b>
Copper Retreat Star							
Then Creative Work	Siddha Yoga						

<b>W</b>	<b>Wednesday, November 5, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Budha Vasara Yuktayam Bharani Nakshatra Vyajipala* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Norman, OK Sutra 206
	Mesha Rasi: 18.18	Tithi 15 - 16	<b>Gulika</b> 10:20AM - 11:38AM <b>Yama</b> 7:46AM - 9:03AM <b>Rahu</b> 11:38AM - 12:55PM	<b>Bharani Until 7:06PM</b> Vyajipala* Until 7:37PM Kaulava Until 3:29AM Thu <b>Purnima* Until 7:21AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 4:47PM	Sun 29 Moon 9 - Phase 2B - Prathama
Creative Work	Siddha Yoga	625138574					<b>Sivaloka Day</b>
Until 7:06PM							
Then Creative Work	Amrita Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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Thursday, November 6, 2025

Gold Retreat Star

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam  
Kritika/Rohini Nakshatra Varjyam/Parigha\* Yoga Talilla/Gara Karana Dvityayam Titau

Norman, OK

Sutra 207

Wishabha Rasi: 4 Tithi 17

Gulika 9:04AM - 10:21AM  
Yama 6:30AM - 7:47AM  
Rahu 12:55PM - 2:12PM

Kritika Until 3:55PM

Varjyam Until 3:15PM

Tailila Until 1:35PM

Dvitiya Until 11:42PM

Ganesh: Clear Sunrise: 6:30AM  
Muruga: Yellow Sunset: 4:46PM

Nataraja: Clear

Moon - White

Devaloka Day

Viswastu 5127

Moon 10 - Phase 29 - 1st Phase

Routine Work Marana Yoga

1

Friday, November 7, 2025

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Shiva Yoga Varjya/Visi\* Karana Trityayam Titau

Norman, OK

Sutra 208

Wishabha Rasi: 18.49 Tithi 18

Gulika 7:47AM - 9:04AM  
Yama 2:11PM - 3:28PM  
Rahu 10:21AM - 11:38AM

Rohini Until 1:09PM

Parigha\* Until 11:02AM

Varjya Until 9:54AM

Tritya Until 8:10PM

Ganesh: Purple Sunrise: 6:31AM  
Muruga: Yellow Sunset: 4:46PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Viswastu 5127

Moon 10 - Phase 29 - 1st Phase

Routine Work Marana Yoga

Until 1:09PM

Then Creative Work - Siddha Yoga

2

Saturday, November 8, 2025

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Moola Vasara Yuktayam  
Migashira/Drda Nakshatra Shiva/Siddha Yoga Bava/Kaava Karana Chaturthi/Panchamam Titau

Norman, OK

Sutra 209

Mihuna Rasi: 3.48 Tithi 19 - 20

Gulika 6:32AM - 7:48AM  
Yama 12:54PM - 2:11PM  
Rahu 9:05AM - 10:21AM

Mrigashira Until 10:38AM

Shiva Until 7:07AM

Bava Until 6:33AM

Chaturthi\* Until 5:02PM

Ganesh: Purple Sunrise: 6:32AM  
Muruga: Yellow Sunset: 4:46PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Viswastu 5127

Moon 10 - Phase 29 - 2 1st Phase

Creative Work Siddha Yoga

3

Sunday, November 9, 2025

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Talilla/Gara Karana Panchami/Shashthiyam Titau

Norman, OK

Sutra 210

Mihuna Rasi: 18.25 Tithi 20 - 21

Gulika 2:10PM - 3:27PM  
Yama 11:38AM - 12:54PM  
Rahu 3:27PM - 4:43PM

Ardra Until 8:30AM

Sadhya Until 12:35AM Mon

Gara Until 1:29AM Mon

Panchami Until 2:29PM

Ganesh: Purple Sunrise: 6:33AM  
Muruga: Yellow Sunset: 4:46PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Viswastu 5127

Moon 10 - Phase 29 - 3 1st Phase

Creative Work Siddha Yoga

4

Monday, November 10, 2025

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Varjya/Visi\* Karana Shashthi/Saptamam Titau

Norman, OK

Sutra 211

Kataka Rasi: 2.34 Tithi 21 - 22

Gulika 12:54PM - 2:10PM  
Yama 10:22AM - 11:38AM  
Rahu 7:50AM - 9:06AM

Punarvasu Until 7:18AM

Subha Until 10:13PM

Visi Until 12:02AM Tue

Shashthi\* Until 12:38PM

Ganesh: Clear Sunrise: 6:34AM  
Muruga: Yellow Sunset: 4:46PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Viswastu 5127

Moon 10 - Phase 29 - 4 1st Phase

Creative Work Amrita Yoga

Until 7:18AM

Then Creative Work - Siddha Yoga

5

Tuesday, November 11, 2025

Retreat Star

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamam Titau

Norman, OK

Sutra 212

Kataka Rasi: 16.14 Tithi 22 - 23

Gulika 11:38AM - 12:54PM  
Yama 9:07AM - 10:22AM  
Rahu 2:10PM - 3:25PM

Pushya Until 6:45AM

Sukla Until 8:27PM

Balava Until 11:25PM

Saptami Until 11:36AM

Ganesh: White Sunrise: 6:35AM  
Muruga: Yellow Sunset: 4:47PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Devaloka Time: 3PM to 6PM

Viswastu 5127

Moon 10 - Phase 29 - 5 Ashtami

Creative Work Siddha Yoga

Wednesday, November 12, 2025

Retreat Star

Viswastu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamam Titau

Norman, OK

Sutra 213

Kataka Rasi: 29.27 Tithi 23 - 24

Gulika 10:23AM - 11:38AM  
Yama 7:52AM - 9:07AM  
Rahu 11:38AM - 12:54PM

Ashlesha\* Until 6:51AM

Brahma Until 7:22PM

Tailila Until 11:37PM

Ashtami\* Until 11:24AM

Ganesh: White Sunrise: 6:37AM  
Muruga: Yellow Sunset: 4:48PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Devaloka Time: 3PM to 6PM

Viswastu 5127

Moon 10 - Phase 29 - 6 Navami

Creative Work Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, November 13, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Norman, OK Sutra 214
Simha Rasi: 12.15	Tithi 24 – 25	<b>Gulika</b> 9:08AM – 10:23AM	<b>Magha* Until 8:03AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 6:38AM	Sun 7
		<b>Yama</b> 6:38AM – 7:53AM	Indra Until 6:53PM	<b>Muruga:</b> Yellow	Sunset: 4:39PM	Moon 10 - Phase 30 - 7
		<b>Rahu</b> 12:54PM – 2:09PM	Vanija Until 12:35AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Navami* Until 12:00PM</b>			<b>Devaloka Day</b>
Until 8:03AM						
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, November 14, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satva Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vridi/Bava Karana Dashami/Ekadasam Titau		Norman, OK Sutra 215
Simha Rasi: 24.43	Tithi 25 – 26	<b>Gulika</b> 7:54AM – 9:09AM	<b>Purvaphalguni Until 9:47AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 6:39AM	Sun 8
		<b>Yama</b> 2:08PM – 3:23PM	Vaidhri* Until 6:52PM	<b>Muruga:</b> Yellow	Sunset: 4:39PM	Moon 10 - Phase 30 - 8
		<b>Rahu</b> 10:24AM – 11:39AM	Bava Until 2:10AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 1:17PM</b>			<b>Devaloka Day</b>

<b>3</b>		<b>Saturday, November 15, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sutra 216
Kanya Rasi: 6.56	Tithi 26 – 27	<b>Gulika</b> 6:40AM – 7:55AM	<b>Uttaraphalguni Until 11:53AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 6:40AM	Sun 9
		<b>Yama</b> 12:53PM – 2:08PM	Vishkambha* Until 7:15PM	<b>Muruga:</b> Yellow	Sunset: 4:37PM	Moon 10 - Phase 30 - 9
		<b>Rahu</b> 9:09AM – 10:24AM	Kaulava Until 4:13AM Sun	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 3:08PM</b>			<b>Devaloka Day</b>

<b>4</b>		<b>Sunday, November 16, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Taillai/Gara Karana Dvadashi/Trayodashyam Titau		Norman, OK Sutra 217
Kanya Rasi: 18.59	Tithi 27 – 28	<b>Gulika</b> 2:08PM – 3:22PM	<b>Hasta Until 2:42PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 6:41AM	Sun 10
		<b>Yama</b> 11:39AM – 12:53PM	Pili Until 7:54PM	<b>Muruga:</b> Yellow	Sunset: 4:37PM	Moon 10 - Phase 30 - 10
		<b>Rahu</b> 3:22PM – 4:37PM	Gara Until 6:33AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 5:20PM</b>			<b>Sivaloka Day</b>
Until 2:42PM						
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Monday, November 17, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sutra 218
Tula Rasi: 0.55	Tithi 28	<b>Gulika</b> 12:53PM – 2:08PM	<b>Chitra Until 5:34PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 6:42AM	Sun 11
		<b>Yama</b> 10:25AM – 11:39AM	Ayushman Until 8:40PM	<b>Muruga:</b> Yellow	Sunset: 4:36PM	Moon 10 - Phase 30 - 11
		<b>Rahu</b> 7:57AM – 9:11AM	Gara Until 6:33AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi* Until 7:46PM</b>			<b>Sivaloka Day</b>
Until 5:34PM						
Then Creative Work - Amrita Yoga						

<b>6</b>		<b>Tuesday, November 18, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sutra 219
Tula Rasi: 12.49	Tithi 29	<b>Gulika</b> 11:39AM – 12:53PM	<b>Svati Until 8:21PM</b>	<b>Ganesha:</b> Blue	Sunrise: 6:43AM	Sun 12
		<b>Yama</b> 9:11AM – 10:25AM	Saubhagya Until 9:31PM	<b>Muruga:</b> Yellow	Sunset: 4:35PM	Moon 10 - Phase 30 - 12
		<b>Rahu</b> 2:07PM – 3:21PM	Visti Until 9:02AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:17PM</b>			<b>Devaloka Day</b>
Until 8:21PM						
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, November 19, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Budha Vasara Yuktayam Vishaka Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Titau		Norman, OK Sutra 220
Tula Rasi: 24.4	Tithi 30	<b>Gulika</b> 10:26AM – 11:40AM	<b>Vishaka Until 11:29PM</b>	<b>Ganesha:</b> Blue	Sunrise: 6:45AM	Sun 13
		<b>Yama</b> 7:58AM – 9:12AM	Sobhana Until 10:24PM	<b>Muruga:</b> Yellow	Sunset: 4:34PM	Moon 10 - Phase 30 - 13
		<b>Rahu</b> 11:40AM – 12:53PM	Caluspada Until 11:34AM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 12:48AM Thu</b>			<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Thursday, November 20, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Suktia Paksha Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna/Bava Karana Prathamayam Titau		Norman, OK Sutra 221
Vishika Rasi: 6.32	Tithi 1	<b>Gulika</b> 9:13AM – 10:26AM	<b>Anuradha Until 2:24AM Fri</b>	<b>Ganesha:</b> Blue	Sunrise: 6:46AM	Sun 14
		<b>Yama</b> 6:46AM – 7:59AM	Athiganda* Until 11:12PM	<b>Muruga:</b> Yellow	Sunset: 4:34PM	Moon 10 - Phase 30 - 14
		<b>Rahu</b> 12:53PM – 2:07PM	Kintughna Until 2:05PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 3:17AM Fri</b>			<b>Devaloka Day</b>
Until 2:44AM Fri						
Then Routine Work - Marana Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1 Friday, November 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sutra 222
Wischika Rasi: 18.26	Tithi 2	<b>Gulika</b> 8:00AM – 9:13AM	<b>Jyeshtha* Until 5:04AM Sat</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:47AM	Vasvasu 5127
		<b>Yama</b> 2:07PM – 3:20PM	<b>Sukarma Until 11:57PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 15
Routine Work	Marana Yoga	<b>Rahu</b> 10:27AM – 11:40AM	<b>Balava Until 4:30PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 5:04AM Sat			<b>Dvitiya Until 5:39AM Sat</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Wagvesha/Kartika</b>		

<b>2 Saturday, November 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Manva Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Talita Karana Trityayam Titau				Norman, OK Sutra 223
Dhanus Rasi: 0.22	Tithi 3	<b>Gulika</b> 6:48AM – 8:01AM	<b>Mula* Until 7:55AM Sun</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:48AM	Vasvasu 5127
		<b>Yama</b> 12:53PM – 2:06PM	<b>Dhriti Until 12:36AM Sun</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 16
Routine Work	Siddha Yoga	<b>Rahu</b> 9:14AM – 10:27AM	<b>Talita Until 6:49PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritya Until 7:52AM Sun</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
				<b>Wagvesha/Kartika</b>		

<b>3 Sunday, November 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktayam Mula*Purvashada* Nakshatra Shula* Yoga Gara/Vanija Karana Tritya/Chaturthayam Titau				Norman, OK Sutra 224
Dhanus Rasi: 12.22	Tithi 3 – 4	<b>Gulika</b> 2:06PM – 3:19PM	<b>Mula* Until 7:55AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:49AM	Vasvasu 5127
		<b>Yama</b> 11:41AM – 12:53PM	<b>Shula* Until 1:04AM Mon</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 17
Routine Work	Amrita Yoga	<b>Rahu</b> 3:19PM – 4:32PM	<b>Vanija Until 8:55PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 7:55AM			<b>Tritya Until 7:52AM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Wagvesha/Kartika</b>		

<b>4 Monday, November 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktayam Purvashada*Uttarashada* Nakshatra Ganda* Yoga Vasi*Baava Karana Chaturthi/Panchmayam Titau				Norman, OK Sutra 225
Dhanus Rasi: 24.27	Tithi 4 – 5	<b>Gulika</b> 12:54PM – 2:06PM	<b>Purvashada* Until 10:21AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:50AM	Vasvasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 10:28AM – 11:41AM	<b>Ganda* Until 1:18AM Tue</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 18
Routine Work	Marana Yoga	<b>Rahu</b> 8:03AM – 9:16AM	<b>Bava Until 10:44PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi* Until 9:51AM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
				<b>Wagvesha/Kartika</b>		

<b>5 Tuesday, November 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashada/Shravana Nakshatra Vidha* Yoga Balava/Kaulava Karana Panchmi/Shashthayam Titau				Norman, OK Sutra 226
Makara Rasi: 6.4	Tithi 5 – 6	<b>Gulika</b> 11:41AM – 12:54PM	<b>Uttarashada Until 12:18PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:51AM	Vasvasu 5127
		<b>Yama</b> 9:16AM – 10:29AM	<b>Vidha Until 1:14AM Wed</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 19
Routine Work	Prabalarishtha Yoga	<b>Rahu</b> 2:06PM – 3:19PM	<b>Kaulava Until 12:07AM Wed</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 12:18PM			<b>Panchami Until 11:28AM</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Wagvesha/Kartika</b>		

<b>6 Wednesday, November 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva* Yoga Talita/Gara Karana Shashthi/Saptamayam Titau				Norman, OK Sutra 227
Makara Rasi: 19.05	Tithi 6 – 7	<b>Gulika</b> 10:29AM – 11:41AM	<b>Shravana Until 2:05PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:52AM	Vasvasu 5127
		<b>Yama</b> 8:05AM – 9:17AM	<b>Dhruva Until 12:41AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 20
Routine Work	Siddha Yoga	<b>Rahu</b> 11:41AM – 12:54PM	<b>Gara Until 12:56AM Thu</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 2:05PM			<b>Shashthi* Until 12:35PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishtha Yoga				<b>Wagvesha/Kartika</b>		

<b>Thursday, November 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktayam Dhanishtha/Shashthihak Nakshatra Vyaghat* Yoga Vanija/Vasi* Karana Saptami/Ashthayam Titau				Norman, OK Sutra 228
<b>Retreat Star</b>		<b>Gulika</b> 9:18AM – 10:30AM	<b>Dhanishtha Until 3:05PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:53AM	Vasvasu 5127
Kumbha Rasi: 1.46	Tithi 7 – 8	<b>Yama</b> 6:53AM – 8:06AM	<b>Vyaghat* Until 11:38PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 21
Routine Work	Siddha Yoga	<b>Rahu</b> 12:54PM – 2:06PM	<b>Vasi Until 1:04AM Fri</b>	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami Until 1:05PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Wagvesha/Kartika</b>		

<b>Friday, November 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Shatabhishak/Purvashodhigada* Nakshatra Harshana Yoga Baava/Balava Karana Ashtami/Navamayam Titau				Norman, OK Sutra 229
<b>Retreat Star</b>		<b>Gulika</b> 8:06AM – 9:18AM	<b>Shatabhishak Until 3:13PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:55AM	Vasvasu 5127
Kumbha Rasi: 14.47	Tithi 8 – 9	<b>Yama</b> 2:06PM – 3:18PM	<b>Harshana Until 9:59PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 10 - Phase 31 - 22
Routine Work	Siddha Yoga	<b>Rahu</b> 10:30AM – 11:42AM	<b>Balava Until 12:25AM Sat</b>	<b>Nataraja:</b> Purple		Navami
			<b>Ashlami* Until 12:49PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Wagvesha/Kartika</b>		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1

Saturday, November 29, 2025

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Sakla Paksha: Marita Vasara Yuktayam  
Puravproshthapada/Uttaraproshtapada Nakshatra Vajra\* Yoga Kaulava/Taila Karana Navami/Dashamyam TitauNorman, OK  
Sutra 230

Kumbha Rasi: 28.14 Tithi 9 – 10

Gulika 6:56AM – 8:07AM  
Yama 12:54PM – 2:06PM  
Rahu 9:19AM – 10:31AMPuravproshthapada\* Until 2:53PM  
Vajra\* Until 7:42PM  
Taila Until 10:59PMGanesha: Purple  
Muruga: Yellow  
Nataraja: PurpleSunrise: 6:56AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - 23Vasavasu 5:17  
4th Phase

Routine Work Marana Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

Moon - Clear Subha Sivaloka Day

Waggeswari/Kartika

2

Sunday, November 30, 2025

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Sakla Paksha: Bharu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Siddhi/Vyalipala\* Yoga Gara/Variya Karana Dashami/Ekadashtyam TitauNorman, OK  
Sutra 231

Meesha Rasi: 12.08 Tithi 10 – 11

Gulika 2:06PM – 3:18PM  
Yama 11:43AM – 12:54PM  
Rahu 3:18PM – 4:29PMUttaraproshtapada Until 1:39PM  
Siddhi Until 4:49PM  
Variya Until 8:49PMGanesha: Purple  
Muruga: Yellow  
Nataraja: PurpleSunrise: 6:57AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - 24Vasavasu 5:17  
4th Phase

Creative Work Amrita Yoga

Gita Jayanthi

Dashami Until 9:58AM

Moon - Clear Subha Sivaloka Day

Waggeswari/Kartika

3

Monday, December 1, 2025

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Sakla Paksha: Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyalipala\* Vairyan Yoga Visi\*Bara Karana Ekadashi/Dwadashyam TitauNorman, OK  
Sutra 232

Meesha Rasi: 26.29 Tithi 11 – 12

Gulika 12:55PM – 2:06PM  
Yama 10:32AM – 11:43AM  
Rahu 8:09AM – 9:20AMRevati Until 11:36AM  
Vyalipala\* Until 1:25PM  
Bara Until 6:00PMGanesha: Clear  
Muruga: Yellow  
Nataraja: PurpleSunrise: 6:58AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - 25Vasavasu 5:17  
4th Phase

Creative Work Siddha Yoga

Family Home Evening

Ekadashi Until 7:28AM

Moon - Clear Sivaloka Day

Waggeswari/Kartika

4

Tuesday, December 2, 2025

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Sakla Paksha: Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vairyan/Parigra\* Yoga Kaulava/Taila Karana Trayodashyam TitauNorman, OK  
Sutra 233

Mesha Rasi: 11.16 Tithi 13

Gulika 11:44AM – 12:55PM  
Yama 9:21AM – 10:32AM  
Rahu 2:06PM – 3:17PMAshvini Until 9:17AM  
Vairyan Until 9:34AM  
Kaulava Until 2:42PMGanesha: White  
Muruga: Yellow  
Nataraja: PurpleSunrise: 6:59AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - 26Vasavasu 5:17  
4th Phase

Creative Work Siddha Yoga

Trayodashi Until 12:53AM Wed

Moon - White Devaloka Day

Waggeswari/Kartika

Pradosha Vata

5

Wednesday, December 3, 2025

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Sakla Paksha: Budha Vasara Yuktayam  
Bharani/Kritika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam TitauNorman, OK  
Sutra 234

Mesha Rasi: 26.22 Tithi 14

Gulika 10:33AM – 11:44AM  
Yama 8:11AM – 9:22AM  
Rahu 11:44AM – 12:55PMBharani Until 6:27AM  
Shiva Until 1:04AM Thu  
Gara Until 11:02AMGanesha: White  
Muruga: Yellow  
Nataraja: PurpleSunrise: 7:00AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - 27Vasavasu 5:17  
4th Phase

Creative Work Siddha Yoga

Kritika Deepam

Chaturdash\* Until 9:07PM

Moon - White Devaloka Day

Waggeswari/Kartika

6

Thursday, December 4, 2025

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Krishna Paksha: Guru Vasara Yuktayam  
Rohini Nakshatra Siddha Yoga Visi\*/Balava Karana Punima/Prathamayam TitauNorman, OK  
Sutra 235

Mithuna Rasi: 11.39 Tithi 15 – 16

Gulika 9:23AM – 10:33AM  
Yama 7:01AM – 8:12AM  
Rahu 12:55PM – 2:06PMRohini Until 12:19AM Fri  
Siddha Until 8:39PM  
Visi Until 7:13AMGanesha: Yellow  
Muruga: Yellow  
Nataraja: PurpleSunrise: 7:01AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - Punima

Vasavasu 5:17

Routine Work Marana Yoga

Until 12:19AM Fri

Then Creative Work - Siddha Yoga

Purnima\* Until 5:16PM

Moon - Yellow Sivaloka Day

Waggeswari/Kartika

Friday, December 5, 2025

Silver Retreat Star

Vasavasu Nama Samatsara Dakshinaya Jivana Ritau Wischika Mase: Krishna Paksha: Sukra Vasara Yuktayam  
Migashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam TitauNorman, OK  
Sutra 236

Mithuna Rasi: 26.56 Tithi 16 – 17

Gulika 8:12AM – 9:23AM  
Yama 2:07PM – 3:17PM  
Rahu 10:34AM – 11:45AMMrigashira Until 9:23PM  
Sadya Until 4:22PM  
Taila Until 11:45PMGanesha: Yellow  
Muruga: Yellow  
Nataraja: PurpleSunrise: 7:02AM  
Sunset: 4:29PM  
Moon 10 - Phase 32 - Prathama

Vasavasu 5:17

Creative Work Siddha Yoga

Prathama\* Until 1:31PM

Moon - Yellow Sivaloka Day

Waggeswari/Kartika

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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Saturday, December 6, 2025

Gold Retreat Star

Mithuna Rasi: 12.02 Tithi 17 - 18  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam  
Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitya/Tilithyayam Titau Sun 1  
Gulika 7:03AM - 8:13AM Ardra Until 6:41PM Ganesha: Yellow Sunrise: 7:03AM  
Yama 12:56PM - 2:07PM Subha Until 12:21PM Muruga: Yellow Sunset: 4:29PM  
Rahu 9:24AM - 10:35AM Vanija Until 8:29PM Nataraja: Purple Moon 11 - Phase 33 - 1  
Dvitya Until 10:03AM Moon - Yellow Sivaloka Day

Norman, OK  
Sutra 237  
Viswasu 5127  
Viswasu 5127  
1st Phase

1

Sunday, December 7, 2025

Mithuna Rasi: 26.5 Tithi 18 - 19  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bharu Vasara Yuktyam  
Punarvasu/Pushya Nakshatra Sukla/Bahma Yoga Vasi/Balava Karana Tria/Chatartilyam Titau Sun 2  
Gulika 2:07PM - 3:17PM Punarvasu Until 4:46PM Ganesha: Blue Sunrise: 7:03AM  
Yama 11:46AM - 12:56PM Sukla Until 8:41AM Muruga: Yellow Sunset: 4:29PM  
Rahu 3:17PM - 4:28PM Balava Until 4:37AM Mon Nataraja: Purple Moon 11 - Phase 33 - 2  
Tritiya Until 7:01AM Moon - Blue Devaloka Day

Norman, OK  
Sutra 238  
Viswasu 5127  
Viswasu 5127  
1st Phase

2

Monday, December 8, 2025

Kataka Rasi: 11.1 Tithi 20  
Family Home Evening  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam  
Pushya/Ashlesha Nakshatra Indra Yoga Kaulava/Taila Karana Panchamyam Titau Sun 3  
Gulika 12:57PM - 2:07PM Pushya Until 3:24PM Ganesha: Blue Sunrise: 7:04AM  
Yama 10:36AM - 11:46AM Kaulava Until 3:03AM Tue Muruga: Yellow Sunset: 4:29PM  
Rahu 8:15AM - 9:25AM Kaulava Until 3:43PM Nataraja: Purple Moon 11 - Phase 33 - 3  
Panchami Until 3:00AM Tue Moon - Blue Devaloka Day

Norman, OK  
Sutra 239  
Viswasu 5127  
Viswasu 5127  
1st Phase

3

Tuesday, December 9, 2025

Kataka Rasi: 25.01 Tithi 21  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam  
Ashlesha/Magha Nakshatra Vaidhril Yoga Gara/Vanija Karana Shashthiyam Titau Sun 4  
Gulika 11:47AM - 12:57PM Ashlesha Until 2:42PM Ganesha: White Sunrise: 7:05AM  
Yama 9:26AM - 10:36AM Vaidhril Until 1:12AM Wed Muruga: Yellow Sunset: 4:29PM  
Rahu 2:07PM - 3:18PM Gara Until 2:32PM Nataraja: Purple Moon 11 - Phase 33 - 4  
Shashthi Until 2:15AM Wed Moon - Blue Devaloka Day

Norman, OK  
Sutra 240  
Viswasu 5127  
Viswasu 5127  
1st Phase

4

Wednesday, December 10, 2025

Simha Rasi: 8.21 Tithi 22  
Creative Work Siddha Yoga  
Until 3:10PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam  
Magha/Purvaphalguni Nakshatra Vishkambha Yoga Vasi/Bava Karana Sapthamyam Titau Sun 5  
Gulika 10:37AM - 11:47AM Magha Until 3:10PM Ganesha: Clear Sunrise: 7:06AM  
Yama 8:16AM - 9:27AM Vishkambha Until 12:05AM Thu Muruga: Yellow Sunset: 4:29PM  
Rahu 11:47AM - 12:57PM Vasi Until 2:14PM Nataraja: Purple Moon 11 - Phase 33 - 5  
Saptami Until 2:24AM Thu Moon - Red Sivaloka Day

Norman, OK  
Sutra 241  
Viswasu 5127  
Viswasu 5127  
1st Phase

D

Thursday, December 11, 2025

Retreat Star

Simha Rasi: 21.13 Tithi 23  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Guru Vasara Yuktyam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Aashamyam Titau Sun 6  
Gulika 9:27AM - 10:37AM Purvaphalguni Until 4:22PM Ganesha: Purple Sunrise: 7:07AM  
Yama 7:07AM - 8:17AM Priti Until 11:39PM Muruga: Yellow Sunset: 4:29PM  
Rahu 12:58PM - 2:08PM Balava Until 2:50PM Nataraja: Purple Moon 11 - Phase 33 - 6  
Ashlami Until 3:25AM Fri Moon - Red Subha Sivaloka Day

Norman, OK  
Sutra 242  
Viswasu 5127  
Viswasu 5127  
1st Phase

Friday, December 12, 2025

Retreat Star

Kanya Rasi: 3.43 Tithi 24  
Creative Work Siddha Yoga  
Until 6:08PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam  
Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamyam Titau Sun 7  
Gulika 8:18AM - 9:28AM Uttaraphalguni Until 6:08PM Ganesha: Purple Sunrise: 7:08AM  
Yama 2:08PM - 3:18PM Ayushman Until 11:44PM Muruga: Yellow Sunset: 4:29PM  
Rahu 10:38AM - 11:48AM Taila Until 4:13PM Nataraja: Purple Moon 11 - Phase 33 - 7  
Navami Until 5:08AM Sat Moon - Red Subha Sivaloka Day

Norman, OK  
Sutra 243  
Viswasu 5127  
Viswasu 5127  
1st Phase

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>		<b>Saturday, December 13, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mania Vasara Yuktayam Hashta Nakshatra Saubhagya Yoga Vanija Karana DashamiE kadashyam Titau		Norman, OK Sutra 244 Vasvasu 5127
Kanya Rasi: 15.54	Tithi 25	<b>Gulika</b> 7:08AM – 8:18AM	<b>Hasla Until 8:49PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:08AM	Moon 11 - Phase 34 - 12 2nd Phase
Routine Work	Marana Yoga	<b>Yama</b> 12:59PM – 2:09PM	Saubhagya Until 12:15AM Sun Vanija Until 6:14PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	
		<b>Rahu</b> 9:28AM – 10:38AM	<b>Dashami Until 7:23AM Sun</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
				<b>Moon – Green</b>		
				<b>Waganesu/Marshall</b>		

<b>2</b>		<b>Sunday, December 14, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti/Bava Karana DashamiE kadashyam Titau		Norman, OK Sutra 245 Vasvasu 5127
Kanya Rasi: 27.54	Tithi 25 – 26	<b>Gulika</b> 2:09PM – 3:19PM	<b>Chitra Until 11:40PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:09AM	Moon 11 - Phase 34 - 9 2nd Phase
Creative Work	Siddha Yoga	<b>Yama</b> 11:49AM – 12:59PM	Sobhana Until 1:02AM Mon Bava Until 8:38PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	
		<b>Rahu</b> 3:19PM – 4:29PM	<b>Dashami Until 7:23AM</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
				<b>Moon – Green</b>		
				<b>Waganesu/Marshall</b>		

<b>3</b>		<b>Monday, December 15, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vasara Yuktayam Svali Nakshatra Ahiganda* Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau		Norman, OK Sutra 246 Vasvasu 5127
Tula Rasi: 9.47	Tithi 26 – 27	<b>Gulika</b> 12:59PM – 2:09PM	<b>Svali Until 2:31AM Tue</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:10AM	Moon 11 - Phase 34 - 10 2nd Phase
Family Home Evening		<b>Yama</b> 10:40AM – 11:49AM	Ahiganda* Until 1:54AM Tue	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	
Creative Work	Amrita Yoga	<b>Rahu</b> 8:20AM – 9:30AM	Kaulava Until 11:13PM	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
Until 2:31AM Tue			<b>Ekadashi* Until 9:54AM</b>	<b>Moon – Green</b>		
Then Routine Work – Marana Yoga		<b>Markali Pillayar</b>		<b>Waganesu/Marshall</b>		

<b>4</b>		<b>Tuesday, December 16, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vasara Yuktayam Vishakha Nakshatra Sukama Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Norman, OK Sutra 247 Vasvasu 5127
Tula Rasi: 21.37	Tithi 27 – 28	<b>Gulika</b> 11:50AM – 1:00PM	<b>Vishakha Until 5:42AM Wed</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:11AM	Moon 11 - Phase 34 - 11 2nd Phase
Routine Work	Marana Yoga	<b>Yama</b> 9:30AM – 10:40AM	Sukama Until 2:46AM Wed	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	
Until 5:42AM Wed		<b>Rahu</b> 2:10PM – 3:19PM	Gara Until 1:49AM Wed	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
Then Creative Work – Siddha Yoga			<b>Dvadashi* Until 12:30PM</b>	<b>Moon – Orange</b>		
				<b>Waganesu/Marshall</b>		
				<b>Pradosha Vata (Fasting)</b>		

<b>5</b>		<b>Wednesday, December 17, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Vanija/Visti/ Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sutra 248 Vasvasu 5127
Wischika Rasi: 3.28	Tithi 28 – 29	<b>Gulika</b> 10:41AM – 11:50AM	<b>Anuradha Until 8:35AM Thu</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:11AM	Moon 11 - Phase 34 - 12 2nd Phase
Creative Work	Siddha Yoga	<b>Yama</b> 8:21AM – 9:31AM	Dhriti Until 3:35AM Thu	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:30PM	
Until 8:35AM Thu		<b>Rahu</b> 11:50AM – 1:00PM	Visti Until 4:19AM Thu	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
Then Routine Work – Prabarishtha Yoga			<b>Trayodashi* Until 3:04PM</b>	<b>Moon – Orange</b>		
				<b>Waganesu/Marshall</b>		

<b>6</b>		<b>Thursday, December 18, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guna Vasara Yuktayam Anuradha/Jyeshtha/ Nakshatra Shula* Yoga Sakuni/Catupada* Karana Chaturdashi/Amavasyam Titau		Norman, OK Sutra 249 Vasvasu 5127
Wischika Rasi: 15.22	Tithi 29 – 30	<b>Gulika</b> 9:31AM – 10:41AM	<b>Anuradha Until 8:35AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:12AM	Moon 11 - Phase 34 - 13 2nd Phase
Creative Work	Siddha Yoga	<b>Yama</b> 7:12AM – 8:22AM	Shula* Until 4:13AM Fri	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:30PM	
Until 8:35AM		<b>Rahu</b> 1:01PM – 2:10PM	Catupada Until 6:37AM Fri	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
Then Routine Work – Prabarishtha Yoga			<b>Chalurdashi* Until 5:28PM</b>	<b>Moon – Orange</b>		
				<b>Waganesu/Marshall</b>		

<b>●</b>		<b>Friday, December 19, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vasara Yuktayam Jyeshtha/Mula/ Nakshatra Ganda* Yoga Catupada*/Naga* Karana Amavasyayam Titau		Norman, OK Sutra 250 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 8:22AM – 9:32AM	<b>Jyeshtha* Until 11:08AM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:12AM	Moon 11 - Phase 34 - 14 Amavasya
Wischika Rasi: 27.2	Tithi 30	<b>Yama</b> 2:11PM – 3:21PM	Ganda* Until 4:43AM Sat	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:30PM	
Routine Work	Marana Yoga	<b>Rahu</b> 10:42AM – 11:51AM	Catupada Until 6:37AM	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>
Until 11:08AM				<b>Moon – Orange</b>		
Then Creative Work – Amrita Yoga		<b>Hanumath Jayanthi (Tamil Nadu)</b>	<b>Amavasya* Until 7:41PM</b>	<b>Waganesu/Marshall</b>		

<b>●</b>		<b>Saturday, December 20, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mania Vasara Yuktayam Mula*/Puruvashada* Nakshatra Widdhi Yoga Kintughna* Bava Karana Prathamayam Titau		Norman, OK Sutra 251 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 7:13AM – 8:23AM	<b>Mula* Until 1:48PM</b>	<b>Ganesh:</b> Light Blue	<b>Sunrise:</b> 7:13AM	Moon 11 - Phase 34 - 15 Prathama
Dhanus Rasi: 9.23	Tithi 1	<b>Yama</b> 1:02PM – 2:11PM	Widdhi Until 5:02AM Sun	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:31PM	
Creative Work	Siddha Yoga	<b>Rahu</b> 9:32AM – 10:42AM	Kintughna Until 8:43AM	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>
			<b>Prathama* Until 9:38PM</b>	<b>Moon – Light Blue</b>		
				<b>Waganesu/Marshall</b>		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Sunday, December 21, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mese Sakla Paksha Bharu Vasara Yukitayam Purnvashada/Ultarashada Nakshatra Dhruva Yoga Balava/Kaulava Karana Divliyyam Titau			Norman, OK Sutra 252
Dhanus Rasi: 21.32	Tilthi 2	<b>Gulika</b> 2:12PM - 3:22PM	<b>Purvashada* Until 4:02PM</b>	<b>Ganesh:</b> Light Blue <b>Sunrise:</b> 7:14AM	Vasavasu 5:17
		<b>Yama</b> 11:52AM - 1:02PM	Dhruva Until 5:07AM Mon	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:31PM	Moon 11 - Phase 35 - 17
Creative Work Siddha Yoga		<b>Rahu</b> 3:22PM - 4:31PM	Balava Until 10:32AM	<b>Nataraja:</b> Purple	3rd Phase
Until 4:02PM		<b>Day 1 of Pancha Ganapati</b>	<b>Dvitiya Until 11:19PM</b>	<b>Paash/Bhakti</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>2 Monday, December 22, 2025</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Indu Vasara Yukitayam Utlarashada/Shravana Nakshatra Vyaghata* Yoga Talilla/Gara Karana Tillyiyam Titau			Norman, OK Sutra 253
Makara Rasi: 3.49	Tilthi 3	<b>Gulika</b> 1:03PM - 2:12PM	<b>Utlarashada Until 5:50PM</b>	<b>Ganesh:</b> Light Blue <b>Sunrise:</b> 7:14AM	Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:43AM - 11:53AM	Vyaghata* Until 4:58AM Tue	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 17
Routine Work Marana Yoga		<b>Rahu</b> 8:24AM - 9:34AM	Talilla Until 12:04PM	<b>Nataraja:</b> Purple	3rd Phase
Until 5:50PM		<b>Day 2 of Pancha Ganapati</b>	<b>Tritiya Until 12:42AM Tue</b>	<b>Paash/Bhakti</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>3 Tuesday, December 23, 2025</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Mangala Vesara Yukitayam Utlarashada/Shravana Nakshatra Vanja/Visil* Karana Chaluthyam Titau			Norman, OK Sutra 254
Makara Rasi: 16.13	Tilthi 4	<b>Gulika</b> 11:53AM - 1:03PM	<b>Shravana Until 7:37PM</b>	<b>Ganesh:</b> Purple <b>Sunrise:</b> 7:15AM	Vasavasu 5:17
		<b>Yama</b> 10:43AM - 11:53AM	Harshana Until 4:32AM Wed	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 17
Creative Work Siddha Yoga		<b>Rahu</b> 2:13PM - 3:23PM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple	3rd Phase
Until 5:50PM		<b>Day 3 of Pancha Ganapati</b>	<b>Chaluthi* Until 1:42AM Wed</b>	<b>Paash/Bhakti</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>4 Wednesday, December 24, 2025</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Budha Vesara Yukitayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau			Norman, OK Sutra 255
Makara Rasi: 28.47	Tilthi 5	<b>Gulika</b> 10:44AM - 11:54AM	<b>Dhanishtha Until 8:49PM</b>	<b>Ganesh:</b> Purple <b>Sunrise:</b> 7:15AM	Vasavasu 5:17
		<b>Yama</b> 9:34AM - 10:44AM	Vajra* Until 3:44AM Thu	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 17
Routine Work Prabalarishta Yoga		<b>Rahu</b> 11:54AM - 1:04PM	Bava Until 2:03PM	<b>Nataraja:</b> Purple	3rd Phase
Until 8:49PM		<b>Day 4 of Pancha Ganapati</b>	<b>Panchami Until 2:15AM Thu</b>	<b>Paash/Bhakti</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>5 Thursday, December 25, 2025</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Guru Vasara Yukitayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Titau			Norman, OK Sutra 256
Kumbha Rasi: 11.34	Tilthi 6	<b>Gulika</b> 9:35AM - 10:45AM	<b>Shalabhishak Until 9:23PM</b>	<b>Ganesh:</b> Purple <b>Sunrise:</b> 7:15AM	Vasavasu 5:17
		<b>Yama</b> 7:15AM - 8:25AM	Siddhi Until 2:22AM Fri	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 20
Creative Work Siddha Yoga		<b>Rahu</b> 1:04PM - 2:14PM	Kaulava Until 2:21PM	<b>Nataraja:</b> Purple	3rd Phase
Until 8:49PM		<b>Day 5 of Pancha Ganapati</b>	<b>Shashthi* Until 2:17AM Fri</b>	<b>Paash/Bhakti</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>			

<b>6 Friday, December 26, 2025</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Sukra Vesara Yukitayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthamyam Titau			Norman, OK Sutra 257
Kumbha Rasi: 24.37	Tilthi 7	<b>Gulika</b> 8:26AM - 9:36AM	<b>Purvashrothapada* Until 9:41PM</b>	<b>Ganesh:</b> Green <b>Sunrise:</b> 7:16AM	Vasavasu 5:17
		<b>Yama</b> 2:15PM - 3:24PM	Vyalipala* Until 12:53AM Sat	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 21
Creative Work Siddha Yoga		<b>Rahu</b> 10:45AM - 11:55AM	Gara Until 2:05PM	<b>Nataraja:</b> Clear	3rd Phase
Until 9:14PM			<b>Saptami Until 1:43AM Sat</b>	<b>Paash/Bhakti</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 3PM to 6PM

<b>Retreat Star</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Marita Vesara Yukitayam Utlarashrothapada Nakshatra Varjyan Yoga Visil*/Bava Karana Ashtamyam Titau			Norman, OK Sutra 258
Meena Rasi: 7.59	Tilthi 8	<b>Gulika</b> 7:16AM - 8:26AM	<b>Utlarashrothapada Until 9:14PM</b>	<b>Ganesh:</b> Green <b>Sunrise:</b> 7:16AM	Vasavasu 5:17
		<b>Yama</b> 1:05PM - 2:15PM	Varjyan Until 10:43PM	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 22
Creative Work Siddha Yoga		<b>Rahu</b> 9:36AM - 10:46AM	Visil Until 1:13PM	<b>Nataraja:</b> Clear	Ashtami
Until 9:14PM			<b>Ashtami* Until 12:31AM Sun</b>	<b>Paash/Bhakti</b>	<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga					Devaloka Time: 3PM to 6PM

<b>Sunday, December 28, 2025</b>		Viswastu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksha Bharu Vasara Yukitayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau			Norman, OK Sutra 259
Meena Rasi: 21.43	Tilthi 9	<b>Gulika</b> 2:16PM - 3:26PM	<b>Revati Until 8:01PM</b>	<b>Ganesh:</b> Green <b>Sunrise:</b> 7:16AM	Vasavasu 5:17
		<b>Yama</b> 11:56AM - 1:06PM	Parigha* Until 8:05PM	<b>Muruga:</b> Yellow <b>Sunset:</b> 4:29PM	Moon 11 - Phase 35 - 23
Creative Work Amrita Yoga		<b>Rahu</b> 3:26PM - 4:36PM	Balava Until 11:42AM	<b>Nataraja:</b> Clear	Navami
Until 8:01PM			<b>Navami* Until 10:42PM</b>	<b>Paash/Bhakti</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1</b>	<b>Monday, December 29, 2025</b>		Viswvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam				Norman, OK
	Ashvini Nakshatra Shiva/Siddha		Yoga Talila/Gara Karana Dashamyam Tilau				Sun 24
Mesha Rasi: 5.49	Tithi 10	<b>Gulika</b> 1:06PM – 2:16PM	<b>Ashvini Until 6:32PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:17AM	Vasvasu 5:27	
Family Home Evening	822338576	<b>Yama</b> 10:47AM – 11:56AM	<b>Shiva Until 4:59PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 24	
Creative Work	Siddha Yoga	<b>Rahu</b> 8:27AM – 9:37AM	<b>Tailila Until 9:36AM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dashami Until 8:20PM</b>	<b>Moon - White:</b>		<b>Devaloka Day</b>	
				<b>Paasha-Makal</b>			

<b>2</b>	<b>Tuesday, December 30, 2025</b>		Viswvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam				Norman, OK
	Bharani/Kritika Nakshatra Siddha/Sadha		Yoga Vanja/Bava Karana Ekadashi/Dvadashyam Tilau				Sun 25
Mesha Rasi: 20.16	Tithi 11 – 12	<b>Gulika</b> 11:57AM – 1:07PM	<b>Bharani Until 4:25PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:17AM	Sutra 261	
	822338576	<b>Yama</b> 9:37AM – 10:47AM	<b>Siddha Until 1:28PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Vasvasu 5:27	
Creative Work	Siddha Yoga	<b>Rahu</b> 2:17PM – 3:27PM	<b>Vanija Until 6:58AM</b>	<b>Nataraja:</b> Clear		Moon 11 - Phase 36 - 25	
			<b>Ekadashi Until 5:28PM</b>	<b>Moon - White:</b>		4th Phase	
		<b>Valkuntha Ekadasi</b>		<b>Paasha-Makal</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Wednesday, December 31, 2025</b>		Viswvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Butha Visara Yuktayam				Norman, OK
	Kritika/Rohini Nakshatra Sadhya/Subha		Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Sun 26
Wishabha Rasi: 5.02	Tithi 12 – 13	<b>Gulika</b> 10:47AM – 11:57AM	<b>Kritika Until 1:49PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:17AM	Vasvasu 5:27	
	822338576	<b>Yama</b> 8:27AM – 9:37AM	<b>Sadha Until 9:40AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 26	
Creative Work	Amrita Yoga	<b>Rahu</b> 11:57AM – 1:08PM	<b>Kaulava Until 12:36AM Thu</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 1:49PM			<b>Dvadashi Until 2:16PM</b>	<b>Moon - White:</b>		<b>Devaloka Day</b>	
Then Creative Work	Siddha Yoga			<b>Paasha-Makal</b>			
				<b>Pradosha Vata</b>			

<b>4</b>	<b>Thursday, January 1, 2026</b>		Viswvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yuktayam				Norman, OK
	Rohini/Mrigashira Nakshatra Sukla Yoga		Yoga Talila/Gara Karana Trayodashi/Chatardashyam Tilau				Sun 27
Wishabha Rasi: 20.01	Tithi 13 – 14	<b>Gulika</b> 9:38AM – 10:48AM	<b>Rohini Until 11:17AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:17AM	Vasvasu 5:27	
	832348576	<b>Yama</b> 7:17AM – 8:27AM	<b>Sukla Until 1:36AM Fri</b>	<b>Muruga:</b> White	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 27	
Routine Work	Marana Yoga	<b>Rahu</b> 1:08PM – 2:18PM	<b>Gara Until 9:09PM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Trayodashi Until 10:52AM</b>	<b>Moon - Yellow:</b>		<b>Devaloka Day</b>	
				<b>Paasha-Makal</b>			

<b>O</b>	<b>Friday, January 2, 2026</b>		Viswvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam				Norman, OK
	<b>Copper Retreat Star</b>		Migashira/Ardra Nakshatra Brahma Yoga Vanja/Bava Karana Chaturdashi/Purnimayam Tilau				Sutra 264
Mithuna Rasi: 5.03	Tithi 14 – 15	<b>Gulika</b> 8:28AM – 9:38AM	<b>Mrigashira Until 8:34AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:17AM	Vasvasu 5:27	
	833348576	<b>Yama</b> 2:19PM – 3:29PM	<b>Brahma Until 9:35PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 4:40PM	Moon 11 - Phase 36 - Punima	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:48AM – 11:58AM	<b>Bava Until 4:05AM Sat</b>	<b>Nataraja:</b> Clear			
			<b>Chaturdashi* Until 7:25AM</b>	<b>Moon - Yellow:</b>		<b>Devaloka Day</b>	
		<b>Ardra Darshanam</b>		<b>Paasha-Makal</b>			

<b>S</b>	<b>Saturday, January 3, 2026</b>		Viswvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam				Norman, OK
	<b>Silver Retreat Star</b>		Punarvasu Nakshatra Indra/Vaidhiti* Yoga Balava/Kaulava Karana Prathamyam Tilau				Sutra 265
Mithuna Rasi: 20	Tithi 16	<b>Gulika</b> 7:17AM – 8:28AM	<b>Punarvasu Until 3:43AM Sun</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:17AM	Vasvasu 5:27	
	833348576	<b>Yama</b> 1:09PM – 2:20PM	<b>Indra Until 5:47PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 4:40PM	Moon 11 - Phase 36 - Prathama	
Creative Work	Siddha Yoga	<b>Rahu</b> 9:38AM – 10:49AM	<b>Balava Until 2:32PM</b>	<b>Nataraja:</b> Clear			
			<b>Prathama* Until 1:03AM Sun</b>	<b>Moon - Yellow:</b>		<b>Devaloka Day</b>	
				<b>Paasha-Makal</b>			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Sunday, January 4, 2026**  
**Gold Retreat Star**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam Pushya Nakshatra Vaidhri/Vishkambha* Yoga Talila/Gara Karana Dvityayam Titau				Norman, OK Sutra 266
Kataka Rasi: 4.43	Tithi 17	<b>Gulika</b> Yama Rahu	<b>2:20PM – 3:31PM</b> 11:59AM – 1:10PM 3:31PM – 4:41PM	<b>Pushya Until 1:55AM Mon</b> Vaidhri* Until 2:18PM Talila Until 11:43AM Dvitiya Until 10:29PM	<b>Ganesh: Red</b> Murgu: White Nataraja: Clear Moon – Blue	Sunrise: 7:17AM Sunset: 4:41PM Moon 12 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga	843348576			Pausha/Makal	Sivaloka Day

**1**

**Monday, January 5, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Indu Vasara Yuktayam Ashlesha* Nakshatra Vishkambha*/Pili Yoga Vanija/Visli* Karana Tritiyayam Titau				Norman, OK Sutra 267
Kataka Rasi: 19.04	Tithi 18	<b>Gulika</b> Yama Rahu	<b>1:10PM – 2:21PM</b> 10:49AM – 12:00PM 8:28AM – 9:39AM	<b>Ashlesha* Until 12:38AM Tue</b> Vishkambha* Until 11:16AM Vanija Until 9:27AM Tritiya Until 8:33PM	<b>Ganesh: Yellow</b> Murgu: White Nataraja: Clear Moon – Blue	Sunrise: 7:17AM Sunset: 4:42PM Moon 12 - Phase 37 - 1st Phase
Family Home Evening	Siddha Yoga	843348576			Pausha/Makal	Sivaloka Day
Creative Work			Subramuniyaswamy Jayanti			

**2**

**Tuesday, January 6, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktayam Magha* Nakshatra Pili/Ayushman Yoga Bava/Balava Karana Chaturthiyam Titau				Norman, OK Sutra 268
Simha Rasi: 2.58	Tithi 19	<b>Gulika</b> Yama Rahu	<b>12:00PM – 1:11PM</b> 9:39AM – 10:50AM 2:22PM – 3:32PM	<b>Magha* Until 12:24AM Wed</b> Pili Until 8:50AM Bava Until 7:52AM Chaturthi* Until 7:22PM	<b>Ganesh: White</b> Murgu: White Nataraja: Clear Moon – Red	Sunrise: 7:17AM Sunset: 4:43PM Moon 12 - Phase 37 - 2 1st Phase
Creative Work	Siddha Yoga	853448576			Pausha/Makal	Devaloka Day
Until 12:24AM Wed						
Then Creative Work - Amrita Yoga						

**3**

**Wednesday, January 7, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Budha Vasara Yuktayam Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Talila Karana Panchmiam Titau				Norman, OK Sutra 269
Simha Rasi: 16.25	Tithi 20	<b>Gulika</b> Yama Rahu	<b>10:50AM – 12:01PM</b> 8:28AM – 9:39AM 12:01PM – 1:12PM	<b>Purvaphalguni Until 12:52AM Thu</b> Ayushman Until 7:01AM Kaulava Until 7:07AM Panchami Until 7:03PM	<b>Ganesh: White</b> Murgu: White Nataraja: Clear Moon – Red	Sunrise: 7:17AM Sunset: 4:44PM Moon 12 - Phase 37 - 3 1st Phase
Creative Work	Amrita Yoga	853448576			Pausha/Makal	Devaloka Day

**4**

**Thursday, January 8, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Guru Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shashthiyam Titau				Norman, OK Sutra 270
Simha Rasi: 29.23	Tithi 21	<b>Gulika</b> Yama Rahu	<b>9:39AM – 10:50AM</b> 7:17AM – 8:28AM 1:12PM – 2:23PM	<b>Uttaraphalguni Until 2:00AM Fri</b> Sobhana Until 5:24AM Fri Gara Until 7:14AM Shashthi* Until 7:35PM	<b>Ganesh: White</b> Murgu: White Nataraja: Clear Moon – Red	Sunrise: 7:17AM Sunset: 4:45PM Moon 12 - Phase 37 - 4 1st Phase
	Amrita Yoga	853448576			Pausha/Makal	Devaloka Day

**5**

**Friday, January 9, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Sukra Vasara Yuktayam Hashta Nakshatra Aihganda* Yoga Visi*/Bava Karana Sapthamiam Titau				Norman, OK Sutra 271
Kanya Rasi: 11.59	Tithi 22	<b>Gulika</b> Yama Rahu	<b>8:28AM – 9:39AM</b> 2:24PM – 3:35PM 10:50AM – 12:02PM	<b>Hasla Until 4:10AM Sat</b> Aihganda* Until 5:28AM Sat Visi Until 8:11AM Sapthami Until 8:56PM	<b>Ganesh: Clear</b> Murgu: White Nataraja: Clear Moon – Green	Sunrise: 7:17AM Sunset: 4:46PM Moon 12 - Phase 37 - 5 1st Phase
Creative Work	Amrita Yoga	863448576			Pausha/Makal	Sivaloka Day
Until 4:10AM Sat						
Then Routine Work - Marana Yoga						

**6**

**Saturday, January 10, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Shukra Vasara Yuktayam Chitra Nakshatra Sukarma Yoga Balava/Kaulava Karana Ashtamiam Titau				Norman, OK Sutra 272
Kanya Rasi: 24.15	Tithi 23	<b>Gulika</b> Yama Rahu	<b>7:17AM – 8:28AM</b> 1:13PM – 2:25PM 9:39AM – 10:51AM	<b>Chitra Until 6:44AM Sun</b> Sukarma Until 5:57AM Sun Balava Until 9:52AM Ashtami* Until 10:54PM	<b>Ganesh: Clear</b> Murgu: White Nataraja: Clear Moon – Green	Sunrise: 7:17AM Sunset: 4:47PM Moon 12 - Phase 37 - 6 Ashtami
Routine Work	Marana Yoga	863448576			Pausha/Makal	Sivaloka Day
Until 6:44AM Sun						
Then Creative Work - Siddha Yoga						

**Sunday, January 11, 2026**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Dhriti Yoga Talila/Gara Karana Navamiam Titau				Norman, OK Sutra 273
Tula Rasi: 6.17	Tithi 24	<b>Gulika</b> Yama Rahu	<b>2:25PM – 3:37PM</b> 12:02PM – 1:14PM 3:37PM – 4:48PM	<b>Chitra Until 6:44AM</b> Dhriti Until 6:44AM Mon Talila Until 12:04PM Navami* Until 1:17AM Mon	<b>Ganesh: Clear</b> Murgu: White Nataraja: Clear Moon – Green	Sunrise: 7:17AM Sunset: 4:48PM Moon 12 - Phase 37 - 7 Navami
Creative Work	Siddha Yoga	863448576			Pausha/Makal	Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mridgendra Agama Inana Pada

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<b>1 Monday, January 12, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Indu Vasara Yuktiyam				Norman, OK
Svali/Wishkha Nakshatra Dhruti/Shula* Yoga Vanja/Visli* Karana Dashamyam Tilau		Sun 8				Sutra 274
Tula Rasi: 18.12	Tithi 25	<b>Gulika</b>	1:14PM – 2:26PM	<b>Svali Until 9:27AM</b>	<b>Ganesh:</b> Clear	Sunrise: 7:16AM
<b>Family Home Evening</b>	863448576	<b>Yama</b>	10:51AM – 12:03PM	<b>Dhruti Until 6:44AM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b>	8:28AM – 9:40AM	<b>Vanija Until 2:34PM</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 8
Until 9:27AM				<b>Moan - Green</b>		2nd Phase
Then Routine Work - Marana Yoga				<b>Dashami Until 3:51AM Tue</b>	<b>Pausha/Makal</b>	<b>Sivaloka Day</b>

<b>2 Tuesday, January 13, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktiyam				Norman, OK
Vishakha/Anuradha Nakshatra Shula*Ganda* Yoga Bava/Balava Karana Ekadashi/Dvadashtyam Tilau		Sun 9				Sutra 275
Wishkha Rasi: 0.03	Tithi 26	<b>Gulika</b>	12:03PM – 1:15PM	<b>Vishakha Until 12:37PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:16AM
	873448576	<b>Yama</b>	9:40AM – 10:51AM	<b>Shula* Until 7:34AM</b>	<b>Muruga:</b> White	Sunset: 4:50PM
<b>Routine Work</b> Marana Yoga		<b>Rahu</b>	2:27PM – 3:38PM	<b>Bava Until 5:09PM</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 9
Until 12:37PM				<b>Moan - Orange</b>		2nd Phase
Then Creative Work - Siddha Yoga				<b>Ekadashi* Until 6:23AM Wed</b>	<b>Pausha/Makal</b>	<b>Devaloka Day</b>

<b>3 Wednesday, January 14, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mese Krishna Paksho Butha Vasara Yuktiyam				Norman, OK
Anuradha/Jyeshtha* Nakshatra Ganda*/Vidhi* Yoga Bava/Kaulava Karana Ekadashi/Dvadashtyam Tilau		Sun 10				Sutra 276
Wishkha Rasi: 11.55	Tithi 26 – 27	<b>Gulika</b>	10:52AM – 12:04PM	<b>Anuradha Until 3:32PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:16AM
	873448576	<b>Yama</b>	8:28AM – 9:40AM	<b>Ganda* Until 8:24AM</b>	<b>Muruga:</b> White	Sunset: 4:51PM
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b>	12:04PM – 1:15PM	<b>Kaulava Until 7:38PM</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 10
				<b>Moan - Orange</b>		2nd Phase
		<b>Thai Pongal</b>		<b>Ekadashi* Until 6:23AM</b>	<b>Pausha/Thai</b>	<b>Devaloka Day</b>

<b>4 Thursday, January 15, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mese Krishna Paksho Guru Vasara Yuktiyam				Norman, OK
Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Sun 11				Sutra 277
Wishkha Rasi: 23.52	Tithi 27 – 28	<b>Gulika</b>	9:40AM – 10:52AM	<b>Jyeshtha* Until 6:05PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:15AM
	873448576	<b>Yama</b>	7:15AM – 8:28AM	<b>Vidhi Until 9:05AM</b>	<b>Muruga:</b> White	Sunset: 4:52PM
<b>Routine Work</b> Prabalashita Yoga		<b>Rahu</b>	1:16PM – 2:28PM	<b>Gara Until 9:51PM</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 11
Until 6:05PM				<b>Dvadashi* Until 8:45AM</b>	<b>Pausha/Thai</b>	2nd Phase
Then Creative Work - Siddha Yoga				<b>Pradosha Vata (Fasting)</b>		<b>Devaloka Day</b>

<b>5 Friday, January 16, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mese Krishna Paksho Sukra Vasara Yuktiyam				Norman, OK
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Tilau		Sun 12				Sutra 278
Dhanus Rasi: 5.54	Tithi 28 – 29	<b>Gulika</b>	8:27AM – 9:40AM	<b>Mula* Until 8:39PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:15AM
	884448576	<b>Yama</b>	2:29PM – 3:41PM	<b>Dhruva Until 9:32AM</b>	<b>Muruga:</b> White	Sunset: 4:54PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b>	10:52AM – 12:04PM	<b>Visli Until 11:45PM</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 12
Until 8:39PM				<b>Moan - Light Blue</b>		2nd Phase
Then Routine Work - Prabalashita Yoga				<b>Trayodashi* Until 10:50AM</b>	<b>Pausha/Thai</b>	<b>Devaloka Day</b>

<b>● Saturday, January 17, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mese Krishna Paksho Marta Vasara Yuktiyam				Norman, OK
<b>Retreat Star</b>		Purvashada* Nakshatra Vyaghata*/Harshana Yoga Sakuni/Catuspada* Karana Amavasya/Prathamayam Tilau				Sun 13
Dhanus Rasi: 18.05	Tithi 29 – 30	<b>Gulika</b>	7:15AM – 8:27AM	<b>Purvashada* Until 10:41PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:15AM
	884448576	<b>Yama</b>	1:17PM – 2:30PM	<b>Vyaghata* Until 9:44AM</b>	<b>Muruga:</b> White	Sunset: 4:56PM
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b>	9:40AM – 10:52AM	<b>Catuspada Until 1:16AM Sun</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 13
Until 10:41PM				<b>Moan - Light Blue</b>		Amavasya
Then Routine Work - Marana Yoga				<b>Chalurdashi* Until 12:32PM</b>	<b>Pausha/Thai</b>	<b>Devaloka Day</b>

<b>Sunday, January 18, 2026</b>		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mese Sukla Paksho Bharu Vasara Yuktiyam				Norman, OK
<b>Retreat Star</b>		Uttarashada* Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau				Sun 14
Makara Rasi: 0.26	Tithi 30 – 1	<b>Gulika</b>	2:30PM – 3:43PM	<b>Uttarashada Until 12:10AM Mon</b>	<b>Ganesh:</b> Purple	Sunrise: 7:14AM
	884448576	<b>Yama</b>	12:05PM – 1:18PM	<b>Harshana Until 9:38AM</b>	<b>Muruga:</b> White	Sunset: 4:56PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b>	3:43PM – 4:56PM	<b>Kintughna Until 2:21AM Mon</b>	<b>Nataraja:</b> Clear	Moon 12 - Phase 38 - 14
				<b>Moan - Light Blue</b>		Prathama
				<b>Amavasya* Until 1:50PM</b>	<b>Maghar/Thai</b>	<b>Devaloka Day</b>

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1

Monday, January 19, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Инду Васара Yuktayam		Norman, OK	
Shravana Nakshatra Vajra/Siddhi/Yoga Bava/Balava Karana Prathama/Dvitiyam Titau		Sutra 281	
Gulika	1:18PM - 2:31PM	Shravana Until 1:35AM Tue	Ganesh: Light Blue Sunrise: 7:14AM
Yama	10:52AM - 12:05PM	Vajra* Until 9:12AM	Muruga: White Sunset: 4:57PM
Family Home Evening	894448576	Balava Until 3:02AM Tue	Nataraja: Clear
Creative Work	Amrita Yoga	Prathama* Until 2:44PM	Moon - Purple
Until 1:35AM Tue			Devaloka Day
Then Creative Work - Siddha Yoga			

2

Tuesday, January 20, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Магала Васара Yuktayam		Norman, OK	
Dhanishtha Nakshatra Siddhi/Vyaptata* Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau		Sutra 282	
Gulika	12:06PM - 1:19PM	Dhanishtha Until 2:26AM Wed	Ganesh: Light Blue Sunrise: 7:13AM
Yama	9:39AM - 10:52AM	Siddhi Until 8:28AM	Muruga: White Sunset: 4:58PM
Creative Work	894448576	Tailata Until 3:19AM Wed	Nataraja: Clear
Siddha Yoga		Dvitiya Until 3:12PM	Moon - Purple
			Devaloka Day

3

Wednesday, January 21, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Budha Vasara Yuktayam		Norman, OK	
Shatabhishak Nakshatra Vyatipata* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Sutra 283	
Gulika	10:53AM - 12:06PM	Shatabhishak Until 2:46AM Thu	Ganesh: Light Blue Sunrise: 7:13AM
Yama	9:39AM - 9:39AM	Vyaptipata* Until 7:27AM	Muruga: White Sunset: 4:59PM
Creative Work	894448576	Vanija Until 3:11AM Thu	Nataraja: Clear
Siddha Yoga		Tritiya Until 3:17PM	Moon - Purple
			Devaloka Day

4

Thursday, January 22, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Garu Vasara Yuktayam		Norman, OK	
Puravproshthapada* Nakshatra Varyan/Parigha* Yoga Vols/Bava Karana Chaturthi/Panchamam Titau		Sutra 284	
Gulika	9:39AM - 10:53AM	Puravproshthapada* Until 3:01AM Fri	Ganesh: White Sunrise: 7:12AM
Yama	7:12AM - 9:39AM	Varyan Until 6:05AM	Muruga: White Sunset: 5:00PM
Creative Work	814448576	Bava Until 2:41AM Fri	Nataraja: Clear
Siddha Yoga		Chaturthi* Until 2:58PM	Moon - Clear
			Devaloka Day

5

Friday, January 23, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Sukra Vasara Yuktayam		Norman, OK	
Uttarproshthapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Sutra 285	
Gulika	8:25AM - 9:39AM	Uttarproshthapada Until 2:44AM Sat	Ganesh: White Sunrise: 7:11AM
Yama	2:34PM - 3:48PM	Shiva Until 2:30AM Sat	Muruga: White Sunset: 5:00PM
Creative Work	814448576	Kaulava Until 1:46AM Sat	Nataraja: Clear
Siddha Yoga		Panchami Until 2:15PM	Moon - Clear
Until 2:44AM Sat			Devaloka Day
Then Routine Work - Prabalasitha Yoga			

6

Saturday, January 24, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Manita Vasara Yuktayam		Norman, OK	
Revati Nakshatra Siddha Yoga Tailata/Gara Karana Shashthi/Saptamam Titau		Sutra 286	
Gulika	7:11AM - 8:25AM	Revati Until 1:56AM Sun	Ganesh: Clear Sunrise: 7:11AM
Yama	1:21PM - 2:35PM	Siddha Until 12:14AM Sun	Muruga: White Sunset: 5:00PM
Routine Work	914448576	Gara Until 12:29AM Sun	Nataraja: Clear
Prabalasitha Yoga		Shashthi* Until 1:10PM	Moon - Clear
Until 1:56AM Sun			Sivaloka Day
Then Creative Work - Siddha Yoga			

D

Sunday, January 25, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Bharu Vasara Yuktayam		Norman, OK	
Ashvini Nakshatra Sadhya Yoga Vanija/Vsiti* Karana Saptami/Ashthamam Titau		Sutra 287	
Gulika	2:35PM - 3:50PM	Ashvini Until 1:02AM Mon	Ganesh: White Sunrise: 7:10AM
Yama	12:07PM - 1:21PM	Sadya Until 9:40PM	Muruga: White Sunset: 5:00PM
Mesha Rasi: 2.15	Tithi 7 - 8	Vsiti Until 10:49PM	Nataraja: Clear
Creative Work	924448576	Saptami Until 11:41AM	Moon - White
Siddha Yoga			Devaloka Day

Monday, January 26, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Indu Vasara Yuktayam		Norman, OK	
Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamam Titau		Sutra 288	
Gulika	1:22PM - 2:36PM	Bharani Until 11:39PM	Ganesh: White Sunrise: 7:09AM
Yama	10:53AM - 12:07PM	Subha Until 6:50PM	Muruga: White Sunset: 5:00PM
Mesha Rasi: 16.14	Tithi 8 - 9	Balava Until 8:47PM	Nataraja: Clear
Family Home Evening	924448576	Ashlami* Until 9:49AM	Moon - White
Creative Work	Siddha Yoga		Devaloka Day
Until 11:39PM			
Then Routine Work - Marana Yoga			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1 Tuesday, January 27, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Mangala Vasara Yuktayam Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Navami/Dashmyam Titau				Norman, OK Sutra 289
Wishabha Rasi: 0.26	Tithi 9 – 10	<b>Gulika</b> 12:07PM – 1:22PM	<b>Kritika Until 9:50PM</b>	<b>Ganesh:</b> White	Sunrise: 7:08AM	Vasvasu 5:127
		Yama 9:38AM – 10:53AM	Sukla Until 3:43PM	<b>Muruga:</b> White	Sunset: 5:06PM	Moon 12 - Phase 40 - 23
		<b>Rahu</b> 2:37PM – 3:52PM	Tailita Until 6:26PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 7:38AM</b>	Moon - White		<b>Devaloka Day</b>
Until 9:50PM				<b>Baghar Thai</b>		
Then Creative Work - Amrita Yoga						

<b>2 Wednesday, January 28, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Budha Vesara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Vanja/Vishti* Karana Ekadashyam Titau				Norman, OK Sutra 290
Wishabha Rasi: 14.49	Tithi 11	<b>Gulika</b> 10:53AM – 12:08PM	<b>Rohini Until 8:03PM</b>	<b>Ganesh:</b> Red	Sunrise: 7:08AM	Vasvasu 5:127
		Yama 8:23AM – 9:38AM	Brahma Until 12:25PM	<b>Muruga:</b> White	Sunset: 5:08PM	Moon 12 - Phase 40 - 24
		<b>Rahu</b> 12:08PM – 1:23PM	Vanja Until 3:51PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:29AM Thu</b>	Moon - Yellow		<b>Sivaloka Day</b>
				<b>Baghar Thai</b>		

<b>3 Thursday, January 29, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Guru Vesara Yuktayam Migashira Nakshatra Indra/Vaidhryi* Yoga Bava/Balava Karana Dvadashtyam Titau				Norman, OK Sutra 291
Wishabha Rasi: 29.21	Tithi 12	<b>Gulika</b> 9:37AM – 10:52AM	<b>Migashira Until 6:01PM</b>	<b>Ganesh:</b> Red	Sunrise: 7:07AM	Vasvasu 5:127
		Yama 7:07AM – 8:22AM	Indra Until 8:59AM	<b>Muruga:</b> White	Sunset: 5:09PM	Moon 12 - Phase 40 - 25
		<b>Rahu</b> 1:23PM – 2:38PM	Bava Until 1:07PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashti Until 11:42PM</b>	Moon - Yellow		<b>Sivaloka Day</b>
				<b>Baghar Thai</b>		

<b>4 Friday, January 30, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Sukra Vesara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Tailita Karana Trayodashyam Titau				Norman, OK Sutra 292
Mithuna Rasi: 13.56	Tithi 13	<b>Gulika</b> 8:21AM – 9:37AM	<b>Ardra Until 3:50PM</b>	<b>Ganesh:</b> Red	Sunrise: 7:06AM	Vasvasu 5:127
		Yama 2:39PM – 3:54PM	Vishkambha* Until 2:03AM Sat	<b>Muruga:</b> White	Sunset: 5:10PM	Moon 12 - Phase 40 - 26
		<b>Rahu</b> 10:52AM – 12:08PM	Kaulava Until 10:21AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 8:58PM</b>	Moon - Yellow		<b>Sivaloka Day</b>
				<b>Baghar Thai</b>		
				<i>Pradosha Vata</i>		

<b>5 Saturday, January 31, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Manita Vesara Yuktayam Punarvasu/Pushya Nakshatra Pihli Yoga Gara/Vanja Karana Chaturdashyam Titau				Norman, OK Sutra 293
Mithuna Rasi: 28.28	Tithi 14	<b>Gulika</b> 7:05AM – 8:21AM	<b>Punarvasu Until 2:04PM</b>	<b>Ganesh:</b> Blue	Sunrise: 7:05AM	Vasvasu 5:127
		Yama 1:24PM – 2:40PM	Pihli Until 10:48PM	<b>Muruga:</b> White	Sunset: 5:11PM	Moon 12 - Phase 40 - 27
		<b>Rahu</b> 9:37AM – 10:52AM	Gara Until 7:40AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:24PM</b>	Moon - Blue		<b>Devaloka Day</b>
		<b>Thai Pusam</b>		<b>Baghar Thai</b>		

<b>○ Sunday, February 1, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksho Bhanu Vesara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Bava/Balava Karana Punrma/Prathamayam Titau				Norman, OK Sutra 294
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:40PM – 3:55PM	<b>Pushya Until 12:27PM</b>	<b>Ganesh:</b> Blue	Sunrise: 7:05AM	Vasvasu 5:127
Kataka Rasi: 12.5	Tithi 15 – 16	Yama 12:08PM – 1:24PM	Ayushman Until 7:48PM	<b>Muruga:</b> White	Sunset: 5:11PM	Moon 12 - Phase 40 - Punrma
		<b>Rahu</b> 3:55PM – 5:11PM	Balava Until 3:12AM Mon	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Purnima* Until 4:09PM</b>	Moon - Blue		<b>Devaloka Day</b>
				<b>Baghar Thai</b>		

<b>Monday, February 2, 2026</b>		Viswvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksho Indu Vesara Yuktayam Ashlesha/Megha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau				Norman, OK Sutra 295
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:24PM – 2:40PM	<b>Ashlesha* Until 11:07AM</b>	<b>Ganesh:</b> Blue	Sunrise: 7:04AM	Vasvasu 5:127
Kataka Rasi: 26.56	Tithi 16 – 17	Yama 10:52AM – 12:08PM	Saubhagya Until 5:12PM	<b>Muruga:</b> White	Sunset: 5:12PM	Moon 12 - Phase 40 - Prathama
		<b>Rahu</b> 8:20AM – 9:36AM	Tailita Until 1:41AM Tue	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama* Until 2:21PM</b>	Moon - Blue		<b>Devaloka Day</b>
Until 11:07AM				<b>Baghar Thai</b>		
Then Routine Work - Marana Yoga						

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

## Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Mangala Vasara Yuktyayam Magha/Purvaphalguni Nakshatra Sіdhanā/Ahigandā Yоga Gara/Vanīa Karana Dvītīya/Tritīyayam Tītau				Norman, OK Sutra 296
Gulika	12:08PM - 1:25PM	Magha* Until 10:37AM	Ganesh: Red	Sunrise: 7:03AM
Yama	9:36AM - 10:52AM	Sobhana Until 3:06PM	Muruga: White	Sunset: 5:16PM
Rahu	2:41PM - 3:57PM	Vanija Until 12:49AM Wed	Nataraja: Orange	Moon 1 - Phase 41 - 1
Dvītīya Until 1:09PM			Moons - Red	1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Wednesday, February 4, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Baulha Vasara Yuktyayam Purvaphalguni/Uttaraphalguni Nakshatra Ahigandā/Sukama Yоga Vastī/Bava Karana Tritīya/Chaturthiyam Tītau				Norman, OK Sutra 297
Gulika	10:52AM - 12:08PM	Purvaphalguni Until 10:40AM	Ganesh: Red	Sunrise: 7:02AM
Yama	8:19AM - 9:35AM	Ahigandā* Until 1:31PM	Muruga: White	Sunset: 5:15PM
Rahu	12:08PM - 1:25PM	Bava Until 12:41AM Thu	Nataraja: Orange	Moon 1 - Phase 41 - 2
Tritīya Until 12:38PM			Moons - Red	1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, February 5, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Guru Vasara Yuktyayam Uttaraphalguni/Hasta Nakshatra Sukama/Dhriti Yоga Balava/Kaulava Karana Chaturthi/Panchamyam Tītau				Norman, OK Sutra 298
Gulika	9:35AM - 10:52AM	Uttaraphalguni Until 11:16AM	Ganesh: Red	Sunrise: 7:01AM
Yama	7:01AM - 8:18AM	Sukama Until 12:31PM	Muruga: White	Sunset: 5:16PM
Rahu	1:25PM - 2:42PM	Kaulava Until 1:18AM Fri	Nataraja: Orange	Moon 1 - Phase 41 - 3
Chaturthi* Until 12:52PM			Moons - Red	1st Phase

Until 11:16AM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, February 6, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Sukra Vasara Yuktyayam Hasta/Chitra Nakshatra Dhriti/Shula* Yоga Talīla/Gara Karana Panchami/Shashthiyam Tītau				Norman, OK Sutra 299
Gulika	8:17AM - 9:34AM	Hasta Until 12:54PM	Ganesh: Green	Sunrise: 7:00AM
Yama	2:43PM - 4:00PM	Dhriti Until 12:07PM	Muruga: White	Sunset: 5:17PM
Rahu	10:52AM - 12:09PM	Gara Until 2:36AM Sat	Nataraja: Orange	Moon 1 - Phase 41 - 4
Panchami Until 1:51PM			Moons - Green	1st Phase

Creative Work Amrita Yoga

Devaloka Day

Until 12:54PM

Then Creative Work - Siddha Yoga

4

Saturday, February 7, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Manita Vasara Yuktyayam Chitra/Svali Nakshatra Shula*/Gandā Yоga Vanīa/Vistī Karana Shashthi/Saptamyam Tītau				Norman, OK Sutra 300
Gulika	6:59AM - 8:16AM	Chitra Until 3:00PM	Ganesh: White	Sunrise: 6:59AM
Yama	1:26PM - 2:44PM	Shula* Until 12:10PM	Muruga: White	Sunset: 5:18PM
Rahu	9:34AM - 10:51AM	Vistī Until 4:30AM Sun	Nataraja: Orange	Moon 1 - Phase 41 - 5
Shashthi* Until 3:28PM			Moons - Green	1st Phase

Routine Work Marana Yoga

Until 3:00PM

Then Creative Work - Siddha Yoga

Devaloka Day

5

Sunday, February 8, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Bhanu Vasara Yuktyayam Svali/Vishakha Nakshatra Gandā*/Middhi Yоga Bava/Balava Karana Saptami/Ashthamyam Tītau				Norman, OK Sutra 301
Gulika	2:44PM - 4:02PM	Svali Until 5:24PM	Ganesh: White	Sunrise: 6:58AM
Yama	12:09PM - 1:27PM	Gandā* Until 12:38PM	Muruga: White	Sunset: 5:20PM
Rahu	4:02PM - 5:20PM	Balava Until 6:47AM Mon	Nataraja: Orange	Moon 1 - Phase 41 - 6
Saptami Until 5:35PM			Moons - Green	1st Phase

Creative Work Siddha Yoga

Devaloka Day

Until 5:24PM

Then Routine Work - Marana Yoga

D

Monday, February 9, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Indri/Vasavi Yuktyayam Vishakha Nakshatra Middhi/Dhruva Yоga Balava/Kaulava Karana Ashthamyam Tītau				Norman, OK Sutra 302
Gulika	1:27PM - 2:45PM	Vishakha Until 8:25PM	Ganesh: Clear	Sunrise: 6:57AM
Yama	10:51AM - 12:09PM	Viddhi Until 1:22PM	Muruga: White	Sunset: 5:21PM
Rahu	8:15AM - 9:33AM	Balava Until 6:47AM	Nataraja: Orange	Moon 1 - Phase 41 - 7
Ashthami* Until 7:59PM			Moons - Orange	Ashtami

Tula Rasi: 26.1

Tithi 23

Family Home Evening

Routine Work Marana Yoga

Until 8:25PM

Then Creative Work - Siddha Yoga

Sivaloka Day

Tuesday, February 10, 2026

Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtau Makara Mase Kіtshna Paksha Mangala Vasara Yuktyayam Anuradha Nakshatra Dhruva/Vyaghata* Yоga Talīla/Gara Karana Navamyam Tītau				Norman, OK Sutra 303
Gulika	12:09PM - 1:27PM	Anuradha Until 11:20PM	Ganesh: Clear	Sunrise: 6:56AM
Yama	9:32AM - 10:51AM	Dhruva Until 2:09PM	Muruga: White	Sunset: 5:22PM
Rahu	2:46PM - 4:04PM	Talīla Until 9:15AM	Nataraja: Orange	Moon 1 - Phase 41 - 8
Navami* Until 10:28PM			Moons - Orange	Navami

Creative Work Siddha Yoga

Sivaloka Day

Until 11:20PM

Then Routine Work - Marana Yoga

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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<b>1</b>		<b>Wednesday, February 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktyam Jyeshtha* Nakshatra Vyaghat* Harshana Yoga Vanija/Vesi* Karana Dashamyam Titau		Sun 9	Norman, OK Sutra 304
Wischika Rasi: 19.58	Tithi 25	<b>Gulika</b> 10:50AM - 12:09PM	<b>Jyeshtha* Until 1:58AM Thu</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:54AM		Vishvasu 5127
		<b>Yama</b> 8:13AM - 9:32AM	<b>Vyaghata* Until 2:55PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 42 - 9	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 12:09PM - 1:28PM	<b>Vanija Until 11:42AM</b>	<b>Nataraja:</b> Orange			
			<b>Dashami Until 12:50AM Thu</b>	<b>Moan - Orange</b>			<b>Sivaloka Day</b>

<b>2</b>		<b>Thursday, February 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktyam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Titau		Sun 10	Norman, OK Sutra 305
Dhanus Rasi: 1.55	Tithi 26	<b>Gulika</b> 9:31AM - 10:50AM	<b>Mula* Until 4:39AM Fri</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 6:53AM		Vishvasu 5127
		<b>Yama</b> 6:53AM - 8:12AM	<b>Harshana Until 3:32PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 42 - 10	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 1:28PM - 2:47PM	<b>Bava Until 1:56PM</b>	<b>Nataraja:</b> Orange			
			<b>Ekadashi* Until 2:54AM Fri</b>	<b>Moan - Light Blue</b>			<b>Devaloka Day</b>

<b>3</b>		<b>Friday, February 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktyam Purvashada* Uttarashada Nakshatra Siddhi/Vyaghat* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11	Norman, OK Sutra 306
Dhanus Rasi: 14.01	Tithi 27	<b>Gulika</b> 8:11AM - 9:31AM	<b>Purvashada* Until 6:43AM Sat</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 6:52AM		Vishvasu 5127
		<b>Yama</b> 2:47PM - 4:07PM	<b>Vajra* Until 3:49PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 42 - 11	2nd Phase
Routine Work	Prabalarishtha Yoga	<b>Rahu</b> 10:50AM - 12:09PM	<b>Kaulava Until 3:47PM</b>	<b>Nataraja:</b> Orange			
			<b>Dvadashti* Until 4:30AM Sat</b>	<b>Moan - Light Blue</b>			<b>Devaloka Day</b>

<b>4</b>		<b>Saturday, February 14, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktyam Purvashada* Uttarashada Nakshatra Siddhi/Vyaghat* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12	Norman, OK Sutra 307
Dhanus Rasi: 26.17	Tithi 28	<b>Gulika</b> 6:51AM - 8:10AM	<b>Purvashada* Until 6:43AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:51AM		Vishvasu 5127
		<b>Yama</b> 1:28PM - 2:48PM	<b>Siddhi Until 3:45PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 42 - 12	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 9:30AM - 10:49AM	<b>Gara Until 5:08PM</b>	<b>Nataraja:</b> Orange			
			<b>Trayodashi* Until 5:35AM Sun</b>	<b>Moan - Light Blue</b>			<b>Sivaloka Day</b>

<b>5</b>		<b>Sunday, February 15, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Shnu Vasara Yuktyam Uttarashada/Shravana Nakshatra Vyalipata* Vriyan Yoga Vesi/Saluni* Karana Chaturdashyam Titau		Sun 13	Norman, OK Sutra 308
Makara Rasi: 8.47	Tithi 29	<b>Gulika</b> 2:49PM - 4:08PM	<b>Uttarashada Until 8:08AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:50AM		Vishvasu 5127
		<b>Yama</b> 12:09PM - 1:29PM	<b>Vyalipata* Until 3:16PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 42 - 13	2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 4:08PM - 5:28PM	<b>Visti Until 5:56PM</b>	<b>Nataraja:</b> Orange			
			<b>Chaturdash* Until 6:06AM Mon</b>	<b>Moan - Light Blue</b>			<b>Sivaloka Day</b>

<b>Monday, February 16, 2026</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktyam Shravana/Shobhishak Nakshatra Parigha* Yoga Sakuni/Cataspada* Karana Chaturdashyam Titau		Sun 14	Norman, OK Sutra 309
Makara Rasi: 21.33	Tithi 29 - 30	<b>Gulika</b> 1:29PM - 2:49PM	<b>Shravana Until 9:18AM</b>	<b>Ganesh:</b> Orange	<b>Sunrise:</b> 6:48AM		Vishvasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 10:49AM - 12:09PM	<b>Variyan Until 2:19PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 42 - 14	Amavasya
Creative Work	Amrita Yoga	<b>Rahu</b> 8:08AM - 9:29AM	<b>Cataspada Until 6:09PM</b>	<b>Nataraja:</b> Orange			
			<b>Chaturdash* Until 6:06AM</b>	<b>Moan - Purple</b>			<b>Sivaloka Day</b>

<b>Tuesday, February 17, 2026</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktyam Dhanishtha/Shobhishak Nakshatra Parigha* Shiva Yoga Naga* Bava Karana Amavasya/Prathamyam Titau		Sun 15	Norman, OK Sutra 310
Kumbha Rasi: 4.35	Tithi 30 - 1	<b>Gulika</b> 12:09PM - 1:29PM	<b>Dhanishtha Until 9:46AM</b>	<b>Ganesh:</b> Orange	<b>Sunrise:</b> 6:47AM		Vishvasu 5127
		<b>Yama</b> 9:28AM - 10:48AM	<b>Parigha* Until 12:58PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:31PM	Moon 1 - Phase 42 - 15	Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 2:50PM - 4:10PM	<b>Bava Until 5:28AM Wed</b>	<b>Nataraja:</b> Orange			
			<b>Amavasya* Until 6:02AM</b>	<b>Moan - Purple</b>			<b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>	<b>Wednesday, February 18, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada/ Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvityayam Titau				Norman, OK Sutra 311
	Gulika	10:48AM - 12:09PM	<b>Shalabhshikah Until 9:36AM</b>	Ganesha: Orange	Sunrise: 6:46AM	Sun 16	Vasvasu 5127
	Yama	8:06AM - 9:27AM	Shiva Until 11:14AM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 43-17	3rd Phase
	997548577 Rahu	12:09PM - 1:29PM	Balava Until 5:02PM	Nataraja: Orange			
	Creative Work	Siddha Yoga	<b>Dvitiya Until 4:28AM Thu</b>	Phatgun/Mool		<b>Sivaloka Day</b>	
	Until 9:36AM						
	Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Thursday, February 19, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Puravroshthapada/Uttarproshthapada Nakshatra Siddha Yoga Talila/Gara Karana Trityayam Titau				Norman, OK Sutra 312
	Gulika	9:27AM - 10:48AM	<b>Puravroshthapada* Until 9:19AM</b>	Ganesha: Green	Sunrise: 6:44AM	Sun 17	Vasvasu 5127
	Yama	6:44AM - 8:05AM	Siddha Until 9:09AM	Muruga: White	Sunset: 5:39PM	Moon 1 - Phase 43-17	3rd Phase
	917548577 Rahu	1:30PM - 2:51PM	Tailila Until 3:50PM	Nataraja: Orange			
	Creative Work	Siddha Yoga	<b>Tritya Until 3:06AM Fri</b>	Phatgun/Mool		<b>Subha Sivaloka Day</b>	
	Then Creative Work - Amrita Yoga						

<b>3</b>	<b>Friday, February 20, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Puravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vist/ Karana Chaturthayam Titau				Norman, OK Sutra 313
	Gulika	8:04AM - 9:26AM	<b>Uttarproshthapada Until 8:33AM</b>	Ganesha: Red	Sunrise: 6:43AM	Sun 18	Vasvasu 5127
	Yama	2:51PM - 4:13PM	Sadya Until 6:49AM	Muruga: White	Sunset: 5:36PM	Moon 1 - Phase 43-18	3rd Phase
	918548577 Rahu	10:47AM - 12:09PM	Vanija Until 2:20PM	Nataraja: Orange			
	Creative Work	Siddha Yoga	<b>Chaturthi* Until 1:27AM Sat</b>	Phatgun/Mool		<b>Sivaloka Day</b>	
	Then Creative Work - Amrita Yoga						

<b>4</b>	<b>Saturday, February 21, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sutra 314
	Gulika	6:42AM - 8:03AM	<b>Revati Until 7:24AM</b>	Ganesha: Red	Sunrise: 6:42AM	Sun 19	Vasvasu 5127
	Yama	1:30PM - 2:52PM	Sukla Until 1:34AM Sun	Muruga: White	Sunset: 5:35PM	Moon 1 - Phase 43-19	3rd Phase
	918548577 Rahu	9:25AM - 10:47AM	Bava Until 12:35PM	Nataraja: Orange			
	Routine Work	Prabalarishtha Yoga	<b>Panchami Until 11:37PM</b>	Phatgun/Mool		<b>Sivaloka Day</b>	
	Until 7:24AM						
	Then Creative Work - Siddha Yoga	Subramunjiyaswami Siva Vision Day					

<b>5</b>	<b>Sunday, February 22, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthiyam Titau				Norman, OK Sutra 315
	Gulika	2:52PM - 4:14PM	<b>Ashvini Until 6:21AM</b>	Ganesha: Blue	Sunrise: 6:40AM	Sun 20	Vasvasu 5127
	Yama	12:08PM - 1:30PM	Brahma Until 10:45PM	Muruga: White	Sunset: 5:36PM	Moon 1 - Phase 43-20	3rd Phase
	928548577 Rahu	4:14PM - 5:36PM	Kaulava Until 10:39AM	Nataraja: Orange			
	Creative Work	Siddha Yoga	<b>Shashthi* Until 9:38PM</b>	Phatgun/Mool		<b>Devaloka Day</b>	
	Until 6:21AM						
	Then Routine Work - Prabalarishtha Yoga						

<b>6</b>	<b>Monday, February 23, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Kritika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamyam Titau				Norman, OK Sutra 316
	Gulika	1:31PM - 2:53PM	<b>Kritika Until 3:29AM Tue</b>	Ganesha: Blue	Sunrise: 6:39AM	Sun 21	Vasvasu 5127
	Yama	10:46AM - 12:08PM	Indra Until 7:53PM	Muruga: White	Sunset: 5:39PM	Moon 1 - Phase 43-21	3rd Phase
	928548577 Rahu	8:01AM - 9:24AM	Gara Until 8:37AM	Nataraja: Orange			
	Family Home Evening		<b>Sapthami Until 7:33PM</b>	Phatgun/Mool		<b>Devaloka Day</b>	
	Routine Work	Marana Yoga					
	Until 3:29AM Tue						
	Then Creative Work - Amrita Yoga						

<b>D</b>	<b>Tuesday, February 24, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini Nakshatra Vaidhiti/Vishkambha* Yoga Visti/Balava Karana Ashtami Navamyam Titau				Norman, OK Sutra 317
	Gulika	12:08PM - 1:31PM	<b>Rohini Until 2:12AM Wed</b>	Ganesha: Yellow	Sunrise: 6:38AM	Sun 22	Vasvasu 5127
	Yama	9:23AM - 10:45AM	Vaidhiti* Until 4:57PM	Muruga: White	Sunset: 5:39PM	Moon 1 - Phase 43-22	Ashtami
	938548577 Rahu	2:53PM - 4:16PM	Visti Until 6:31AM	Nataraja: Orange			
	Creative Work	Amrita Yoga	<b>Ashtami* Until 5:25PM</b>	Phatgun/Mool		<b>Sivaloka Day</b>	
	Until 2:12AM Wed						
	Then Creative Work - Siddha Yoga						

<b>D</b>	<b>Wednesday, February 25, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Migashira Nakshatra Vishkambha* Pritil Yoga Kaulava/Tailila Karana Navami Dashamyam Titau				Norman, OK Sutra 318
	Gulika	10:45AM - 12:08PM	<b>Migashira Until 12:46AM Thu</b>	Ganesha: Blue	Sunrise: 6:36AM	Sun 23	Vasvasu 5127
	Yama	7:59AM - 9:22AM	Vishkambha* Until 2:02PM	Muruga: White	Sunset: 5:40PM	Moon 1 - Phase 43-23	Navami
	938648577 Rahu	12:08PM - 1:31PM	Tailila Until 2:15AM Thu	Nataraja: Orange			
	Creative Work	Siddha Yoga	<b>Navami* Until 3:17PM</b>	Phatgun/Mool		<b>Subha Sivaloka Day</b>	
	Until 12:46AM Thu						
	Then Routine Work - Marana Yoga						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1 Thursday, February 26, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Norman, OK Sutra 319
Mithuna Rasi: 9.44	Tithi 10 – 11	<b>Gulika</b> 9:21AM – 10:45AM	<b>Ardra Untill 11:16PM</b>	<b>Ganesh:</b> White	Sunrise: 6:35AM	Vasarasu 5:27
		Yama 6:35AM – 7:58AM	Priti Untill 11:08AM	<b>Muruga:</b> Blue	Sunset: 5:41PM	Moon 1 - Phase 44 - 24
		938648577 <b>Rahu</b> 1:31PM – 2:54PM	Vanija Untill 12:10AM Fri	<b>Nataraja:</b> Orange		4th Phase
Routine Work - Marana Yoga			<b>Dashami Untill 1:11PM</b>	Moon - Yellow		<b>Subha Sivaloka Day</b>
Untill 11:16PM				<i>Phalgun/Masi</i>		
Then Creative Work - Amrita Yoga						
<b>2 Friday, February 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saahbhaga Yoga Vasi/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sutra 320
Mithuna Rasi: 23.52	Tithi 11 – 12	<b>Gulika</b> 7:57AM – 9:20AM	<b>Punarvasu Untill 10:09PM</b>	<b>Ganesh:</b> White	Sunrise: 6:33AM	Vasarasu 5:27
		Yama 2:55PM – 4:18PM	Ayushman Untill 8:17AM	<b>Muruga:</b> White	Sunset: 5:42PM	Moon 1 - Phase 44 - 25
		949648577 <b>Rahu</b> 10:44AM – 12:08PM	Bava Untill 10:14PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work - Siddha Yoga			<b>Ekadashi Untill 11:10AM</b>	Moon - Blue		<b>Devaloka Day</b>
Untill 10:09PM				<i>Phalgun/Masi</i>		
Then Routine Work - Marana Yoga						
<b>3 Saturday, February 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sutra 321
Kalaka Rasi: 7.53	Tithi 12 – 13	<b>Gulika</b> 6:32AM – 7:56AM	<b>Pushya Untill 9:07PM</b>	<b>Ganesh:</b> White	Sunrise: 6:32AM	Vasarasu 5:27
		Yama 1:31PM – 2:55PM	Sobhana Untill 3:04AM Sun	<b>Muruga:</b> White	Sunset: 5:43PM	Moon 1 - Phase 44 - 26
		949648577 <b>Rahu</b> 9:20AM – 10:44AM	Kaulava Untill 8:29PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work - Siddha Yoga			<b>Dvadashi Untill 9:19AM</b>	Moon - Blue		<b>Devaloka Day</b>
Untill 9:07PM				<i>Phalgun/Masi</i>		
Then Routine Work - Marana Yoga						
<b>4 Sunday, March 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sutra 322
Kalaka Rasi: 21.46	Tithi 13 – 14	<b>Gulika</b> 2:56PM – 4:21PM	<b>Ashlesha* Untill 8:13PM</b>	<b>Ganesh:</b> White	Sunrise: 6:29AM	Vasarasu 5:27
		Yama 12:07PM – 1:32PM	Athiganda* Untill 12:48AM Mon	<b>Muruga:</b> White	Sunset: 5:45PM	Moon 1 - Phase 44 - 27
		949648577 <b>Rahu</b> 4:21PM – 5:45PM	Gara Untill 7:03PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Untill 7:42AM</b>	Moon - Blue		<b>Devaloka Day</b>
Untill 8:13PM				<i>Phalgun/Masi</i>		
Then Routine Work - Marana Yoga						
<b>Monday, March 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Norman, OK Sutra 323
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:32PM – 2:57PM	<b>Magha* Untill 8:00PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:27AM	Vasarasu 5:27
Simha Rasi: 5.27	Tithi 14 – 15	Yama 10:42AM – 12:07PM	Sukarma Untill 10:52PM	<b>Muruga:</b> White	Sunset: 5:47PM	Moon 1 - Phase 44 -
<b>Family Home Evening</b>		959648577 <b>Rahu</b> 7:52AM – 9:17AM	Bava Untill 5:37AM Tue	<b>Nataraja:</b> Orange		Purnima
Routine Work - Marana Yoga			<b>Chaturdash* Untill 6:27AM</b>	Moon - Red		<b>Sivaloka Day</b>
Untill 8:00PM		<b>Holi</b>		<i>Phalgun/Masi</i>		
Then Creative Work - Siddha Yoga						
<b>Tuesday, March 3, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sutra 324
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:07PM – 1:32PM	<b>Purvaphalguni Untill 8:06PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:26AM	Vasarasu 5:27
Simha Rasi: 18.53	Tithi 16	Yama 9:16AM – 10:41AM	Dhriti Untill 9:20PM	<b>Muruga:</b> White	Sunset: 5:48PM	Moon 1 - Phase 44 -
		959648577 <b>Rahu</b> 2:57PM – 4:22PM	Balava Untill 5:25PM	<b>Nataraja:</b> Orange		Prathama
Creative Work - Siddha Yoga			<b>Prathama* Untill 5:18AM Wed</b>	Moon - Red		<b>Sivaloka Day</b>
Untill 8:06PM				<i>Phalgun/Masi</i>		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Wednesday, March 4, 2026**  
**Gold Retreat Star**

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam  
Uтарарађађуни Nakshatra Shula\* Yoga Tailla/Gara Karana Dvilyayam Titau

Norman, OK  
Sutra 325

Kanya Rasi: 2.02	Tithi 17	<b>Gulika</b> Yama 959648577 Rahu	<b>10:41AM - 12:06PM</b> 7:50AM - 9:15AM 12:06PM - 1:32PM	<b>Uтарарађађуни Untill 8:36PM</b> Shula* Untill 8:12PM Tailla Untill 5:23PM Dvitiya Untill 5:34AM Thu	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Red	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 5:49PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 1st Phase
Creative Work Amrita Yoga							
Untill 8:36PM							
Then Routine Work - Marana Yoga							

<b>1 Thursday, March 5, 2026</b>							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam							
Hasta Nakshatra Ganda* Yoga Vanija/Visi* Karana Trilyayam Titau							
Norman, OK	Sutra 326						
Kanya Rasi: 14.55	Tithi 18	<b>Gulika</b> Yama 169648577 Rahu	<b>9:14AM - 10:40AM</b> 6:23AM - 7:49AM 1:32PM - 2:58PM	<b>Hasla Untill 9:59PM</b> Ganda* Untill 7:33PM Vanija Untill 5:56PM Tritiya Untill 6:25AM Fri	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Green	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:50PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 1st Phase
Routine Work Marana Yoga							
Untill 9:59PM							
Then Creative Work - Siddha Yoga							

<b>2 Friday, March 6, 2026</b>							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam							
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturtham Titau							
Norman, OK	Sutra 327						
Kanya Rasi: 27.3	Tithi 18 - 19	<b>Gulika</b> Yama 169648577 Rahu	<b>7:47AM - 9:14AM</b> 2:59PM - 4:25PM 10:40AM - 12:06PM	<b>Chitra Untill 11:46PM</b> Viddhi Untill 7:22PM Bava Untill 7:05PM Tritiya Untill 6:25AM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon - Green	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:51PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 1st Phase
Creative Work Siddha Yoga							

<b>3 Saturday, March 7, 2026</b>							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam							
Svati Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau							
Norman, OK	Sutra 328						
Tula Rasi: 9.5	Tithi 19 - 20	<b>Gulika</b> Yama 161658577 Rahu	<b>6:19AM - 7:46AM</b> 1:32PM - 2:59PM 9:13AM - 10:39AM	<b>Svati Untill 1:52AM Sun</b> Dhruva Untill 7:33PM Kaulava Untill 8:45PM Chaturthi* Untill 7:50AM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon - Green	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:52PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 3 1st Phase
Creative Work Siddha Yoga							
Untill 1:52AM Sun							
Then Routine Work - Marana Yoga							

<b>4 Sunday, March 8, 2026</b>							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam							
Vishakha Nakshatra Vyaghata* Yoga Tailla/Gara Karana Panchami/Shashtham Titau							
Norman, OK	Sutra 329						
Tula Rasi: 21.59	Tithi 20 - 21	<b>Gulika</b> Yama 171658577 Rahu	<b>2:59PM - 4:26PM</b> 12:06PM - 1:32PM 4:26PM - 5:53PM	<b>Vishakha Untill 4:41AM Mon</b> Vyaghata* Untill 8:04PM Gara Untill 10:50PM Panchami Untill 9:44AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon - Orange	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 5:53PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 4 1st Phase
Routine Work Marana Yoga							
Untill 4:41AM Mon							
Then Creative Work - Siddha Yoga							

<b>5 Monday, March 9, 2026</b>							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam							
Anuradha Nakshatra Harshana Yoga Vanija/Visi* Karana Shashthi/Saptamam Titau							
Norman, OK	Sutra 330						
Witschika Rasi: 3.59	Tithi 21 - 22	<b>Gulika</b> Yama 171658577 Rahu	<b>1:33PM - 3:00PM</b> 10:38AM - 12:05PM 7:44AM - 9:11AM	<b>Anuradha Untill 7:32AM Tue</b> Harshana Untill 8:49PM Visi Untill 1:11AM Tue Shashthi* Untill 11:58AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon - Orange	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 5:54PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 5 1st Phase
Family Home Evening							
Creative Work Siddha Yoga							
Untill 7:32AM Tue							
Then Routine Work - Marana Yoga							

<b>6 Tuesday, March 10, 2026</b>							
Retreat Star							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Mangalya Vasara Yuktayam							
Anuradha Nakshatra Harshana Vajra* Yoga Bava/Balava Karana Saptami/Ashtami Titau							
Norman, OK	Sutra 331						
Witschika Rasi: 15.53	Tithi 22 - 23	<b>Gulika</b> Yama 171658677 Rahu	<b>12:05PM - 1:33PM</b> 9:10AM - 10:37AM 3:00PM - 4:28PM	<b>Anuradha Untill 7:32AM</b> Vajra* Untill 9:37PM Balava Untill 3:37AM Wed Saptami Untill 2:23PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Light Blue Moon - Orange	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 5:55PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 6 Ashtami
Creative Work Siddha Yoga							
Untill 7:32AM							
Then Routine Work - Marana Yoga							

<b>7 Wednesday, March 11, 2026</b>							
Retreat Star							
Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam							
Jyeshtha/Mula* Nakshatra Siddhi Yoga Kaulava/Tailla Karana Ashtami/Navamam Titau							
Norman, OK	Sutra 332						
Witschika Rasi: 27.47	Tithi 23 - 24	<b>Gulika</b> Yama 171658677 Rahu	<b>10:37AM - 12:05PM</b> 7:41AM - 9:09AM 12:05PM - 1:33PM	<b>Jyeshtha* Untill 10:15AM</b> Siddhi Untill 10:22PM Tailla Untill 5:55AM Thu Ashtami* Untill 4:46PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Light Blue Moon - Orange	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 5:56PM	<b>Vasavasu 5127</b> Moon 2 - Phase 45 - 7 Navami
Creative Work Siddha Yoga							
Untill 10:15AM							
Then Routine Work - Marana Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Thursday, March 12, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktayam				Norman, OK
	Mula*Purvashadha* Nakshatra Vyalipata* Yoga Gara Karana Navamyam Titau		Sukra Vasara Yuktayam				Sun 8 Sutra 333
	<b>Gulika</b>	<b>9:08AM - 10:36AM</b>	<b>Mula* Until 1:08PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:12AM	<b>Sunset:</b> 5:58PM	Vasarasu 5:17
	Dhanus Rasi: 9.45	Tithi 24	Yama 6:12AM - 7:40AM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 11
Creative Work	Siddha Yoga	181658677	<b>Rahu</b> 1:33PM - 3:01PM	<b>Vyalipata* Until 10:56PM</b>	<b>Nataraja:</b> Light Blue		2nd Phase
				<b>Gara Until 6:56PM</b>	<b>Moon - Light Blue</b>		<b>Bhuloka Day</b>
			<b>Navami* Until 6:56PM</b>	<b>Phalguna/Masi</b>			

<b>2</b>	<b>Friday, March 13, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vasara Yuktayam				Norman, OK
	Purvashadha* Uttarashadha Nakshatra Varjaya Yoga Vanija/Visiti* Karana Dashaha		Sukra Vasara Yuktayam				Sun 9 Sutra 334
	<b>Gulika</b>	<b>7:39AM - 9:07AM</b>	<b>Purvashadha* Until 3:29PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:10AM	<b>Sunset:</b> 5:59PM	Vasarasu 5:17
	Dhanus Rasi: 21.5	Tithi 25	Yama 3:01PM - 4:30PM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 11
Routine Work	Prabalarishita Yoga	181658677	<b>Rahu</b> 10:36AM - 12:04PM	<b>Varjaya Until 11:08PM</b>	<b>Nataraja:</b> Light Blue		2nd Phase
				<b>Vanija Until 7:53AM</b>	<b>Moon - Light Blue</b>		<b>Bhuloka Day</b>
			<b>Dashami Until 8:39PM</b>	<b>Phalguna/Masi</b>			

<b>3</b>	<b>Saturday, March 14, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mese Krishna Paksha Maria Vesara Yuktayam				Norman, OK
	Uttarashadha* Shrivana Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam Titau		Sukra Vasara Yuktayam				Sun 10 Sutra 335
	<b>Gulika</b>	<b>6:08AM - 7:37AM</b>	<b>Uttarashadha Until 5:08PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:08AM	<b>Sunset:</b> 6:09PM	Vasarasu 5:17
	Makara Rasi: 4.07	Tithi 26	Yama 1:33PM - 3:02PM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 11
Routine Work	Marana Yoga	181658677	<b>Rahu</b> 9:06AM - 10:35AM	<b>Parigha* Until 10:53PM</b>	<b>Nataraja:</b> Light Blue		2nd Phase
				<b>Bava Until 9:19AM</b>	<b>Moon - Light Blue</b>		<b>Bhuloka Day</b>
			<b>Ekadashi* Until 9:47PM</b>	<b>Phalguna/Panguni</b>			

<b>4</b>	<b>Sunday, March 15, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mese Krishna Paksha Bharu Vesara Yuktayam				Norman, OK
	Shrivana Nakshatra Shiva Yoga Kadava/Tallia Karana Dvadashtyam Titau		Sukra Vasara Yuktayam				Sun 11 Sutra 336
	<b>Gulika</b>	<b>3:02PM - 4:31PM</b>	<b>Shrivana Until 6:27PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 6:07AM	<b>Sunset:</b> 6:07PM	Vasarasu 5:17
	Makara Rasi: 16.41	Tithi 27	Yama 12:04PM - 1:33PM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 11
Creative Work	Amrita Yoga	191658678	<b>Rahu</b> 4:31PM - 6:01PM	<b>Shiva Until 10:07PM</b>	<b>Nataraja:</b> Purple		2nd Phase
				<b>Kadava Until 10:07AM</b>	<b>Moon - Purple</b>		<b>Bhuloka Day</b>
			<b>Dvadashti* Until 10:14PM</b>	<b>Phalguna/Panguni</b>		<b>Devaloka Time: 6AM to 9AM</b>	

<b>5</b>	<b>Monday, March 16, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mese Krishna Paksha Indu Vesara Yuktayam				Norman, OK
	Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau		Sukra Vasara Yuktayam				Sun 12 Sutra 337
	<b>Gulika</b>	<b>1:33PM - 3:03PM</b>	<b>Dhanishtha Until 6:54PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 6:05AM	<b>Sunset:</b> 6:09PM	Vasarasu 5:17
	Makara Rasi: 29.35	Tithi 28	Yama 10:34AM - 12:03PM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 12
Family Home Evening	Siddha Yoga	191658678	<b>Rahu</b> 7:35AM - 9:04AM	<b>Siddha Until 8:45PM</b>	<b>Nataraja:</b> Purple		2nd Phase
				<b>Gara Until 10:12AM</b>	<b>Moon - Purple</b>		<b>Bhuloka Day</b>
			<b>Trayodashi* Until 9:57PM</b>	<b>Phalguna/Panguni</b>		<b>Devaloka Time: 6AM to 9AM</b>	

Pradosha Vata (Fasting)

<b>6</b>	<b>Tuesday, March 17, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mese Krishna Paksha Mangala Vesara Yuktayam				Norman, OK
	Shalabhisak Nakshatra Sadhya Yoga Visiti/Sakuni* Karana Chaturdashyam Titau		Sukra Vasara Yuktayam				Sun 13 Sutra 338
	<b>Gulika</b>	<b>12:03PM - 1:33PM</b>	<b>Shalabhisak Until 6:31PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:03AM	<b>Sunset:</b> 6:03PM	Vasarasu 5:17
	Kumbha Rasi: 12.5	Tithi 29	Yama 9:03AM - 10:33AM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 13
Routine Work	Marana Yoga	192658678	<b>Rahu</b> 3:03PM - 4:33PM	<b>Sadya Until 6:52PM</b>	<b>Nataraja:</b> Purple		2nd Phase
				<b>Visiti Until 9:33AM</b>	<b>Moon - Purple</b>		<b>Devaloka Day</b>
			<b>Chaturdashi* Until 8:58PM</b>	<b>Phalguna/Panguni</b>			

<b>●</b>	<b>Wednesday, March 18, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mese Krishna Paksha Bahua Vesara Yuktayam				Norman, OK
	Retreat Star		Purvashrothapada* Revati Nakshatra Subha/Sukla Yoga Caluspada* Naga* Karana Amavasyayam Titau				Sun 14 Sutra 339
	<b>Gulika</b>	<b>10:33AM - 12:03PM</b>	<b>Purvashrothapada* Until 5:51PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:02AM	<b>Sunset:</b> 6:04PM	Vasarasu 5:17
	Kumbha Rasi: 26.28	Tithi 30	Yama 7:32AM - 9:02AM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 14
Creative Work	Amrita Yoga	112658678	<b>Rahu</b> 12:03PM - 1:33PM	<b>Subha Until 4:31PM</b>	<b>Nataraja:</b> Purple		Amavasya
				<b>Caluspada Until 8:17AM</b>	<b>Moon - Clear</b>		<b>Bhuloka Day</b>
			<b>Amavasya* Until 7:24PM</b>	<b>Phalguna/Panguni</b>		<b>Devaloka Time: 9AM to 12:2PM</b>	

<b>●</b>	<b>Thursday, March 19, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mese Sukla Paksha Guru Vasara Yuktayam				Norman, OK
	Retreat Star		Uttarashrothapada* Revati Nakshatra Sukla/Bahma Yoga Kintughna* Balava Karana Prathama/Vibhuyam Titau				Sun 15 Sutra 340
	<b>Gulika</b>	<b>9:01AM - 10:32AM</b>	<b>Uttarashrothapada Until 4:33PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:00AM	<b>Sunset:</b> 6:05PM	Vasarasu 5:17
	Meena Rasi: 10.26	Tithi 1 - 2	Yama 6:00AM - 7:31AM	<b>Muruga:</b> White			Moon 2 - Phase 46 - 15
Creative Work	Siddha Yoga	112658678	<b>Rahu</b> 1:33PM - 3:04PM	<b>Sukla Until 1:44PM</b>	<b>Nataraja:</b> Purple		Prathama
				<b>Kintughna Until 6:27AM</b>	<b>Moon - Clear</b>		<b>Bhuloka Day</b>
			<b>Yugadi</b>	<b>Prathama* Until 5:22PM</b>	<b>Chaitra/Panguni</b>		<b>Devaloka Time: 9AM to 12:2PM</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God, Rig Veda

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<b>1 Friday, March 20, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Norman, OK Sun 16	Sutra 341 Vasvasu 5127
Mesha Rasi: 24.4	Tilthi 2 - 3	<b>Gulika</b> 7:29AM - 9:00AM Yama 3:04PM - 4:35PM 122658678 <b>Rahu</b> 10:31AM - 12:02PM	<b>Revati Until 2:46PM</b> Brahma Until 10:41AM Taila Until 1:44AM Sat Dvitiya Until 2:59PM	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 6:09PM	Moon 2 - Phase 47 - 16 3rd Phase	
Creative Work	Siddha Yoga	<b>Chellappaswami Mahasamadh</b>		<b>Chakra-Pangani</b>	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:PM		
Until 2:46PM							
Then Creative Work - Amrita Yoga							
<b>2 Saturday, March 21, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Varsara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Norman, OK Sun 17	Sutra 342 Vasvasu 5127
Mesha Rasi: 9.04	Tilthi 3 - 4	<b>Gulika</b> 5:57AM - 7:28AM Yama 1:33PM - 3:04PM 122658678 <b>Rahu</b> 8:59AM - 10:31AM	<b>Ashvini Until 1:04PM</b> Indra Until 7:27AM Vanija Until 11:06PM Tritiya Until 12:24PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - White	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:07PM	Moon 2 - Phase 47 - 17 3rd Phase	
Creative Work	Siddha Yoga			<b>Chakra-Pangani</b>	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:PM		
<b>3 Sunday, March 22, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yuktayam Bharani/Kritika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamyam Tilau				Norman, OK Sun 18	Sutra 343 Vasvasu 5127
Mesha Rasi: 23.32	Tilthi 4 - 5	<b>Gulika</b> 3:05PM - 4:36PM Yama 12:02PM - 1:33PM 122758678 <b>Rahu</b> 4:36PM - 6:08PM	<b>Bharani Until 11:09AM</b> Vishkambha* Until 12:49AM Mon Bava Until 8:27PM Chaturthi* Until 9:45AM	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - White	<b>Sunrise:</b> 5:55AM <b>Sunset:</b> 6:08PM	Moon 2 - Phase 47 - 18 3rd Phase	
Routine Work	Prabalarista Yoga			<b>Chakra-Pangani</b>	<b>Bhuloka Day</b>		
Until 11:09AM							
Then Creative Work - Siddha Yoga							
<b>4 Monday, March 23, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Kritika/Rohini Nakshatra Prithi Yoga Balava/Taila Karana Panchami/Shashthiyam Tilau				Norman, OK Sun 19	Sutra 344 Vasvasu 5127
Wisshabha Rasi: 8.01	Tilthi 5 - 6	<b>Gulika</b> 1:33PM - 3:05PM Yama 10:29AM - 12:01PM 122758678 <b>Rahu</b> 7:26AM - 8:58AM	<b>Kritika Until 9:09AM</b> Prithi Until 9:36PM Taila Until 4:39AM Tue Panchami Until 7:08AM	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - White	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:09PM	Moon 2 - Phase 47 - 19 3rd Phase	
Routine Work	Marana Yoga			<b>Chakra-Pangani</b>	<b>Bhuloka Day</b>		
Until 9:09AM							
Then Creative Work - Amrita Yoga							
<b>5 Tuesday, March 24, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamyam Tilau				Norman, OK Sun 20	Sutra 345 Vasvasu 5127
Wisshabha Rasi: 22.23	Tilthi 7	<b>Gulika</b> 12:01PM - 1:33PM Yama 8:57AM - 10:29AM 132758678 <b>Rahu</b> 3:06PM - 4:38PM	<b>Rohini Until 7:35AM</b> Ayushman Until 6:32PM Gara Until 3:31PM Saptami Until 2:23AM Wed	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Yellow	<b>Sunrise:</b> 5:52AM <b>Sunset:</b> 6:10PM	Moon 2 - Phase 47 - 20 3rd Phase	
Creative Work	Amrita Yoga			<b>Chakra-Pangani</b>	<b>Bhuloka Day</b> Devaloka Time: 6AM to 9-AM		
Until 7:35AM							
Then Creative Work - Siddha Yoga							
<b>Wednesday, March 25, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Migashira/Andra Nakshatra Sauthagya/Sobhana Yoga Visi* Bava Karana Ashtamyam Tilau				Norman, OK Sun 21	Sutra 346 Vasvasu 5127
Mithuna Rasi: 7	Tilthi 8	<b>Gulika</b> 10:28AM - 12:01PM Yama 7:23AM - 8:56AM 132758678 <b>Rahu</b> 12:01PM - 1:33PM	<b>Mrigashira Until 6:05AM</b> Sauthagya Until 3:41PM Visi Until 1:23PM Ashtami* Until 12:24AM Thu	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Yellow	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:11PM	Moon 2 - Phase 47 - 21 Ashtami	
Creative Work	Siddha Yoga			<b>Chakra-Pangani</b>	<b>Bhuloka Day</b> Devaloka Time: 6AM to 9-AM		
<b>Thursday, March 26, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Varsara Yuktayam Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamyam Tilau				Norman, OK Sun 22	Sutra 347 Vasvasu 5127
Mithuna Rasi: 20.38	Tilthi 9	<b>Gulika</b> 8:55AM - 10:28AM Yama 5:49AM - 7:22AM 142758678 <b>Rahu</b> 1:33PM - 3:06PM	<b>Punarvasu Until 3:58AM Fri</b> Sobhana Until 1:05PM Balava Until 11:32AM Navami* Until 10:43PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue	<b>Sunrise:</b> 5:49AM <b>Sunset:</b> 6:12PM	Moon 2 - Phase 47 - 22 Navami	
Creative Work	Amrita Yoga			<b>Chakra-Pangani</b>	<b>Bhuloka Day</b>		
Until 3:58AM Fri							
Then Routine Work - Marana Yoga		<b>Sri Rama Navami</b>					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1 Friday, March 27, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Taillia/Gara Karana Dashamyan Titau				Norman, OK Sutra 348
Kataka Rasi: 4.29	Tithi 10	<b>Gulika</b> 7:20AM - 8:54AM	<b>Pushya Until 3:24AM Sat</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 5:47AM Sunset: 6:18PM	142758678 Moon 2 - Phase 4B - 23 4th Phase
Routine Work	Marana Yoga	<b>Yama</b> 3:07PM - 4:40PM	<b>Athiganda* Until 10:43AM</b>	<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
		<b>Rahu</b> 10:27AM - 12:00PM	<b>Taillia Until 10:01AM</b>			
			<b>Dashami Until 9:22PM</b>			

<b>2 Saturday, March 28, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Paksha Mania Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyan Titau				Norman, OK Sutra 349
Kataka Rasi: 18.07	Tithi 11	<b>Gulika</b> 5:45AM - 7:19AM	<b>Ashlesha* Until 3:01AM Sun</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 5:45AM Sunset: 6:16PM	142758678 Moon 2 - Phase 4B - 24 4th Phase
Routine Work	Marana Yoga	<b>Yama</b> 1:33PM - 3:07PM	<b>Sukarma Until 8:38AM</b>	<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
		<b>Rahu</b> 8:53AM - 10:26AM	<b>Vanija Until 8:50AM</b>			
		<b>Yogswami Mahasamadhii</b>	<b>Ekadashi Until 8:21PM</b>			

<b>3 Sunday, March 29, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyan Titau				Norman, OK Sutra 350
Simha Rasi: 1.34	Tithi 12	<b>Gulika</b> 3:07PM - 4:41PM	<b>Magha* Until 3:19AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red	Sunrise: 5:44AM Sunset: 6:15PM	152758678 Moon 2 - Phase 4B - 25 4th Phase
Routine Work	Marana Yoga	<b>Yama</b> 12:00PM - 1:33PM	<b>Dhriti Until 6:51AM</b>	<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
Then Creative Work	Siddha Yoga	<b>Rahu</b> 4:41PM - 6:15PM	<b>Bava Until 8:01AM</b>			<b>Devaloka Time: 6AM to 9AM</b>
			<b>Dvadashi Until 7:43PM</b>			

<b>4 Monday, March 30, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taillia Karana Trayodashyan Titau				Norman, OK Sutra 351
Simha Rasi: 14.47	Tithi 13	<b>Gulika</b> 1:34PM - 3:08PM	<b>Purvaphalguni Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red	Sunrise: 5:42AM Sunset: 6:16PM	152758678 Moon 2 - Phase 4B - 26 4th Phase
Family Home Evening		<b>Yama</b> 10:25AM - 11:59AM	<b>Ganda* Until 4:10AM Tue</b>	<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 7:16AM - 8:51AM	<b>Kaulava Until 7:34AM</b>			<b>Devaloka Time: 6AM to 9AM</b>
Then Creative Work	Amrita Yoga		<b>Trayodashi Until 7:28PM</b>			
			<b>Pradosha Vata</b>			

<b>5 Tuesday, March 31, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi* Yoga Gara/Vanja Karana Chaturdashyan Titau				Norman, OK Sutra 352
Simha Rasi: 27.49	Tithi 14	<b>Gulika</b> 11:59AM - 1:34PM	<b>Uttaraphalguni Until 4:38AM Wed</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red	Sunrise: 5:41AM Sunset: 6:17PM	153758678 Moon 2 - Phase 4B - 27 4th Phase
Creative Work	Amrita Yoga	<b>Yama</b> 8:50AM - 10:24AM	<b>Viddhi Until 3:20AM Wed</b>	<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>
Then Routine Work	Marana Yoga	<b>Rahu</b> 3:08PM - 4:43PM	<b>Gara Until 7:31AM</b>			
			<b>Chaturdashi* Until 7:38PM</b>			

<b>Wednesday, April 1, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau				Norman, OK Sutra 353
Kanya Rasi: 10.38	Tithi 15	<b>Gulika</b> 10:24AM - 11:59AM	<b>Hasla Until 6:09AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green	Sunrise: 5:41AM Sunset: 6:17PM	163758678 Moon 2 - Phase 4B - Purnima
Routine Work	Marana Yoga	<b>Yama</b> 7:15AM - 8:50AM	<b>Dhruva Until 2:48AM Thu</b>	<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
Then Creative Work	Siddha Yoga	<b>Rahu</b> 11:59AM - 1:34PM	<b>Visi Until 7:54AM</b>			<b>Devaloka Time: 9AM to 12:2PM</b>
		<b>Panguni Uttarim</b>	<b>Purnima* Until 8:13PM</b>			
		<b>Hanuman Jayanti</b>				

<b>Thursday, April 2, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sutra 354
Kanya Rasi: 23.15	Tithi 16	<b>Gulika</b> 8:49AM - 10:24AM	<b>Hasla Until 6:09AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green	Sunrise: 5:39AM Sunset: 6:18PM	163758678 Moon 2 - Phase 4B - Prathama
Routine Work	Marana Yoga	<b>Yama</b> 5:39AM - 7:14AM	<b>Vyaghata* Until 2:38AM Fri</b>	<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
Then Creative Work	Siddha Yoga	<b>Rahu</b> 1:34PM - 3:08PM	<b>Balava Until 8:42AM</b>			<b>Devaloka Time: 9AM to 12:2PM</b>
			<b>Prathama* Until 9:15PM</b>			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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Friday, April 3, 2026

Gold Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Sakra Vasara Yuktayam Norman, OK			
		Chitra/Svali Nakshatra Harshana Yoga Talilla/Gara Karana Divilyayam Tilau Sun 1 Sutra 355			
Tula Rasi: 5.4	Tithi 17	<b>Gulika</b> 7:13AM - 8:48AM	<b>Chitra Until 7:55AM</b>	<b>Ganesh:</b> Clear Sunrise: 5:27AM	Vasvasu 5:127
		<b>Yama</b> 3:09PM - 4:44PM	Harshana Until 2:47AM Sat	<b>Muruga:</b> White Sunset: 6:19PM	Moon 3 - Phase 49 - 1
Creative Work	Siddha Yoga	<b>Rahu</b> 10:23AM - 11:58AM	Taililla Until 9:57AM	<b>Nataraja:</b> Purple Moon - Green	1st Phase
		<b>Dvitiya Until 10:42PM</b>		<b>Chakra/Panguni</b>	<b>Bhuloka Day</b>
					Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Marita Vasara Yuktayam Norman, OK			
		Svali/Wishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trilyayam Tilau Sun 2 Sutra 356			
Tula Rasi: 17.55	Tithi 18	<b>Gulika</b> 5:36AM - 7:11AM	<b>Svali Until 9:56AM</b>	<b>Ganesh:</b> Clear Sunrise: 5:36AM	Vasvasu 5:127
		<b>Yama</b> 1:34PM - 3:09PM	Vajra* Until 3:12AM Sun	<b>Muruga:</b> White Sunset: 6:20PM	Moon 3 - Phase 49 - 2
Creative Work	Siddha Yoga	<b>Rahu</b> 8:47AM - 10:22AM	Vanija Until 11:36AM	<b>Nataraja:</b> Purple Moon - Green	1st Phase
		<b>Tritiya Until 12:32AM Sun</b>		<b>Chakra/Panguni</b>	<b>Bhuloka Day</b>
					Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Bharu Vasara Yuktayam Norman, OK			
		Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturtham Tilau Sun 3 Sutra 357			
Wishika Rasi: 0.01	Tithi 19	<b>Gulika</b> 3:10PM - 4:46PM	<b>Vishakha Until 12:37PM</b>	<b>Ganesh:</b> White Sunrise: 5:44AM	Vasvasu 5:127
		<b>Yama</b> 11:58AM - 1:34PM	Siddhi Until 3:52AM Mon	<b>Muruga:</b> White Sunset: 6:21PM	Moon 3 - Phase 49 - 3
Routine Work	Marana Yoga	<b>Rahu</b> 4:46PM - 6:21PM	Bava Until 1:36PM	<b>Nataraja:</b> Purple Moon - Orange	1st Phase
		<b>Chaturthi* Until 2:41AM Mon</b>		<b>Chakra/Panguni</b>	<b>Devaloka Day</b>

3

Monday, April 6, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Indu Vasara Yuktayam Norman, OK			
		Anuradha/Jyeshtha* Nakshatra Vyalipala* Yoga Kaulava/Taililla Karana Panchamam Tilau Sun 4 Sutra 358			
Wishika Rasi: 11.59	Tithi 20	<b>Gulika</b> 1:34PM - 3:10PM	<b>Anuradha Until 3:24PM</b>	<b>Ganesh:</b> White Sunrise: 5:22AM	Vasvasu 5:127
<b>Family Home Evening</b>		<b>Yama</b> 10:21AM - 11:57AM	Vyalipala* Until 4:42AM Tue	<b>Muruga:</b> White Sunset: 6:22PM	Moon 3 - Phase 49 - 4
Creative Work	Siddha Yoga	<b>Rahu</b> 7:09AM - 8:45AM	Kaulava Until 3:52PM	<b>Nataraja:</b> Purple Moon - Orange	1st Phase
		<b>Panchami Until 5:03AM Tue</b>		<b>Chakra/Panguni</b>	<b>Devaloka Day</b>

4

Tuesday, April 7, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Mangala Vasara Yuktayam Norman, OK			
		Jyeshtha* Nakshatra Varjyan Yoga Gara Karana Shashtham Tilau Sun 5 Sutra 359			
Wishika Rasi: 23.53	Tithi 21	<b>Gulika</b> 11:57AM - 1:34PM	<b>Jyeshtha* Until 6:09PM</b>	<b>Ganesh:</b> White Sunrise: 5:31AM	Vasvasu 5:127
		<b>Yama</b> 8:44AM - 10:21AM	Varjyan Until 5:33AM Wed	<b>Muruga:</b> White Sunset: 6:23PM	Moon 3 - Phase 49 - 5
Routine Work	Marana Yoga	<b>Rahu</b> 3:10PM - 4:47PM	Gara Until 6:17PM	<b>Nataraja:</b> Purple Moon - Orange	1st Phase
Until 6:09PM			<b>Shashthi* Until 7:28AM Wed</b>	<b>Chakra/Panguni</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

5

Wednesday, April 8, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Budha Vasara Yuktayam Norman, OK			
		Mula* Nakshatra Parigaha* Yoga Vanija/Visti* Karana Shashthi/Saptamam Tilau Sun 6 Sutra 360			
Dhanu Rasi: 5.47	Tithi 21 - 22	<b>Gulika</b> 10:20AM - 11:57AM	<b>Mula* Until 9:12PM</b>	<b>Ganesh:</b> Yellow Sunrise: 5:29AM	Vasvasu 5:127
		<b>Yama</b> 7:06AM - 8:43AM	Parigaha* Until 6:21AM Thu	<b>Muruga:</b> White Sunset: 6:24PM	Moon 3 - Phase 49 - 6
Routine Work	Marana Yoga	<b>Rahu</b> 11:57AM - 1:34PM	Visti Until 8:40PM	<b>Nataraja:</b> Purple Moon - Light Blue	1st Phase
Until 9:12PM			<b>Shashthi* Until 7:28AM</b>	<b>Chakra/Panguni</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 9AM to 12PM

D

Thursday, April 9, 2026

Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Guru/Venasa Yuktayam Norman, OK			
		Purvashadha* Nakshatra Parigaha* Shiva Yoga Bava/Balava Karana Saptami/Ashrayam Tilau Sun 7 Sutra 361			
Dhanu Rasi: 17.42	Tithi 22 - 23	<b>Gulika</b> 8:42AM - 10:19AM	<b>Purvashadha* Until 11:53PM</b>	<b>Ganesh:</b> Yellow Sunrise: 5:28AM	Vasvasu 5:127
		<b>Yama</b> 5:28AM - 7:05AM	Parigaha* Until 6:21AM	<b>Muruga:</b> White Sunset: 6:26PM	Moon 3 - Phase 49 - 7
Creative Work	Siddha Yoga	<b>Rahu</b> 1:34PM - 3:11PM	Balava Until 10:49PM	<b>Nataraja:</b> Purple Moon - Light Blue	Ashtami
Until 11:53PM			<b>Saptami Until 9:46AM</b>	<b>Chakra/Panguni</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshе Sakra Vasara Yuktayam Norman, OK			
		Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taililla Karana Ashtami/Navamam Tilau Sun 8 Sutra 362			
Dhanu Rasi: 29.44	Tithi 23 - 24	<b>Gulika</b> 7:04AM - 8:41AM	<b>Uttarashadha Until 1:57AM Sat</b>	<b>Ganesh:</b> Yellow Sunrise: 5:26AM	Vasvasu 5:127
		<b>Yama</b> 3:11PM - 4:49PM	Shiva Until 6:56AM	<b>Muruga:</b> White Sunset: 6:27PM	Moon 3 - Phase 49 - 8
Routine Work	Marana Yoga	<b>Rahu</b> 10:19AM - 11:56AM	Taililla Until 12:32AM Sat	<b>Nataraja:</b> Purple Moon - Light Blue	Navami
Until 1:57AM Sat			<b>Ashtami* Until 11:43AM</b>	<b>Chakra/Panguni</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>	<b>Saturday, April 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau				Norman, OK Sutra 363
	Makara Rasi: 11.59	Tithi 24 – 25	<b>Gulika</b> 5:25AM – 7:02AM 1:34PM – 3:12PM	<b>Shravana Until 3:44AM Sun</b> Siddha Until 7:05AM Vanija Until 1:36AM Sun	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 5:25AM <b>Sunset:</b> 6:28PM	Sun 9 Moon 3 - Phase 50 - 12 2nd Phase
	Creative Work	Siddha Yoga	193758678	<b>Navami* Until 1:08PM</b>	<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>
Until 3:44AM Sun Then Routine Work – Marana Yoga							

<b>2</b>	<b>Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Sukha Yoga Visi/Bava Karana Dashami/Ekadashmyam Tilau				Norman, OK Sutra 364
	Makara Rasi: 24.31	Tithi 25 – 26	<b>Gulika</b> 3:12PM – 4:50PM 1:34PM – 3:12PM	<b>Dhanishtha Until 4:35AM Mon</b> Sadhya Until 6:44AM Bava Until 1:53AM Mon	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 5:23AM <b>Sunset:</b> 6:29PM	Sun 10 Moon 3 - Phase 50 - 10 2nd Phase
	Routine Work	Marana Yoga	193758678	<b>Dashami Until 1:50PM</b>	<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>
Until 4:35AM Mon Then Creative Work – Siddha Yoga							

<b>3</b>	<b>Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashmyam Tilau				Norman, OK Sutra 1
	Kumbha Rasi: 7.26	Tithi 26 – 27	<b>Gulika</b> 1:34PM – 3:13PM 10:17AM – 11:56AM	<b>Shatabhishak Until 4:28AM Tue</b> Sukla Until 4:09AM Tue Kaulava Until 1:21AM Tue	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 5:21AM <b>Sunset:</b> 6:30PM	Sun 11 Moon 3 - Phase 50 - 11 2nd Phase
	Family Home Evening	Siddha Yoga	193758678	<b>Ekadashi* Until 1:42PM</b>	<b>Chaitra-Chaitra</b>		<b>Devaloka Day</b>
Until 4:28AM Tue Then Routine Work – Marana Yoga							

<b>4</b>	<b>Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Mangala Vasara Yuktayam Puravproshthapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashmyam Tilau				Norman, OK Sutra 2
	Kumbha Rasi: 20.46	Tithi 27 – 28	<b>Gulika</b> 11:55AM – 1:34PM 8:38AM – 10:16AM	<b>Puravproshthapada* Until 3:53AM Wed</b> Brahma Until 1:54AM Wed Gara Until 12:00AM Wed	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:31PM	Sun 12 Moon 3 - Phase 50 - 12 2nd Phase
	Routine Work	Marana Yoga	214758678	<b>Dvadashi* Until 12:45PM</b>	<b>Chaitra-Chaitra</b>		<b>Bhuloka Day</b>
Until 3:53AM Wed Then Creative Work – Siddha Yoga		<b>Tamil New Year</b>		<b>Pradosha Vata (Fasting)</b>			

<b>5</b>	<b>Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Butha Vasara Yuktayam Uttarproshthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashmyam Tilau				Norman, OK Sutra 3
	Meena Rasi: 4.34	Tithi 28 – 29	<b>Gulika</b> 10:16AM – 11:55AM 6:57AM – 8:37AM	<b>Uttarproshthapada Until 2:28AM Thu</b> Indra Until 11:04PM Visi Until 9:58PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 5:18AM <b>Sunset:</b> 6:32PM	Sun 13 Moon 3 - Phase 50 - 13 2nd Phase
	Creative Work	Siddha Yoga	214758678	<b>Trayodashi* Until 11:03AM</b>	<b>Chaitra-Chaitra</b>		<b>Bhuloka Day</b>
Until 11:03AM Thu							

<b>●</b>	<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Guru Vasara Yuktayam Revati Nakshatra Vaidhriti* Yoga Sakuni/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau				Norman, OK Sutra 4
	Meena Rasi: 18.47	Tithi 29 – 30	<b>Gulika</b> 8:36AM – 10:15AM 5:17AM – 6:56AM	<b>Revati Until 12:22AM Fri</b> Vaidhriti* Until 7:49PM Catuspadi Until 7:21PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 5:17AM <b>Sunset:</b> 6:33PM	Sun 14 Moon 3 - Phase 50 - 14 Amavasya
	Creative Work	Siddha Yoga	214858678	<b>Chaturdashi* Until 8:42AM</b>	<b>Chaitra-Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:22PM
Until 12:22AM Fri Then Creative Work – Amrita Yoga							

<b>●</b>	<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Ashvini Nakshatra Vishkambha* Pithi Yoga Kintughna/Bava Karana Prathamayam Tilau				Norman, OK Sutra 5
	Mesha Rasi: 3.21	Tithi 1	<b>Gulika</b> 6:55AM – 8:35AM 3:14PM – 4:54PM	<b>Ashvini Until 10:11PM</b> Vishkambha* Until 4:13PM Kintughna Until 4:19PM	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 5:15AM <b>Sunset:</b> 6:34PM	Sun 15 Moon 3 - Phase 50 - 15 Prathama
	Creative Work	Amrita Yoga	224858678	<b>Prathama* Until 2:41AM Sat</b>	<b>Valaha-Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:22PM
Until 10:11PM Then Creative Work – Siddha Yoga							

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b>	<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Mania Vesara Yukhtayam Bharani Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Tilau				Norman, OK Sun 16	Sutra 6 Parabhava 5128
	Mesha Rasi: 18.1	Tilhi 2	Gulika 5:14AM - 6:54AM Yama 1:34PM - 3:15PM Rahu 8:34AM - 10:14AM	Bharani Untill 7:39PM Pithi Untill 12:25PM Balava Untill 1:02PM Dvitiya Untill 11:21PM	Ganesh: Red Muruga: White Nataraja: Purple Moon - White	Sunrise: 5:14AM Sunset: 6:25PM	Moon 3 - Phase 1 - 16	3rd Phase
Creative Work Siddha Yoga Untill 7:39PM Then Creative Work - Amrita Yoga		244858678		Devaloka Time: 9AM to 12PM	<b>Bhuloka Day</b>			

<b>2</b>	<b>Sunday, April 19, 2026</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Bhanu Vesara Yukhtayam Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Tilau				Norman, OK Sun 17	Sutra 7 Parabhava 5128
	Wishabha Rasi: 3.05	Tilhi 3	Gulika 3:15PM - 4:55PM Yama 11:54AM - 1:34PM Rahu 4:55PM - 6:36PM	Kritika Untill 4:58PM Ayushman Untill 8:31AM Talilla Untill 9:41AM Trityiya Untill 8:00PM	Ganesh: Red Muruga: White Nataraja: Purple Moon - White	Sunrise: 5:12AM Sunset: 6:36PM	Moon 3 - Phase 1 - 17	3rd Phase
Creative Work Siddha Yoga		244858678	Akshaya Tritiya	Devaloka Time: 9AM to 12PM	<b>Bhuloka Day</b>			

<b>3</b>	<b>Monday, April 20, 2026</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Indu Vesara Yukhtayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurithi/Panchamyam Tilau				Norman, OK Sun 18	Sutra 8 Parabhava 5128
	Wishabha Rasi: 17.59	Tilhi 4 - 5	Gulika 1:35PM - 3:15PM Yama 10:13AM - 11:54AM Rahu 6:52AM - 8:32AM	Rohini Untill 2:40PM Sobhana Untill 1:03AM Tue Vanija Untill 6:24AM Chalurithi Untill 4:49PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow	Sunrise: 5:17AM Sunset: 6:37PM	Moon 3 - Phase 1 - 18	3rd Phase
Family Home Evening Creative Work Amrita Yoga		234858678		Devaloka Time: 9AM to 12PM	<b>Bhuloka Day</b>			

<b>4</b>	<b>Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Mangala Vesara Yukhtayam Mrigashira/Drda Nakshatra Alhiganda* Yoga Balava/Kaulava Karana Panchami/Shushthiyam Tilau				Norman, OK Sun 19	Sutra 9 Parabhava 5128
	Mithuna Rasi: 2.42	Tilhi 5 - 6	Gulika 11:54AM - 1:35PM Yama 8:31AM - 10:13AM Rahu 3:16PM - 4:57PM	Mrigashira Untill 12:31PM Alhiganda* Untill 9:39PM Kaulava Untill 12:36AM Wed Panchami Untill 1:54PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow	Sunrise: 5:09AM Sunset: 6:38PM	Moon 3 - Phase 1 - 19	3rd Phase
Creative Work Siddha Yoga Untill 12:31PM Then Routine Work - Marana Yoga		234858678	Adi Sankara Jayanthi	Devaloka Time: 9AM to 12PM	<b>Bhuloka Day</b>			

<b>5</b>	<b>Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Budha Vesara Yukhtayam Drda/Punarvasu Nakshatra Sukarma Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau				Norman, OK Sun 20	Sutra 10 Parabhava 5128
	Mithuna Rasi: 17.1	Tilhi 6 - 7	Gulika 10:12AM - 11:53AM Yama 6:49AM - 8:31AM Rahu 11:53AM - 1:35PM	Drda Untill 10:37AM Sukarma Untill 6:38PM Gara Untill 10:20PM Shashthi Untill 11:23AM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow	Sunrise: 5:08AM Sunset: 6:39PM	Moon 3 - Phase 1 - 20	3rd Phase
Creative Work Siddha Yoga		234858678		Devaloka Time: 9AM to 12PM	<b>Bhuloka Day</b>			

<b>D</b>	<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Guru Vesara Yukhtayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Karana Sapthami/Ashtamyam Tilau				Norman, OK Sun 21	Sutra 11 Parabhava 5128
	Kataka Rasi: 1.18	Tilhi 7 - 8	Gulika 8:30AM - 10:12AM Yama 5:06AM - 6:48AM Rahu 1:35PM - 3:17PM	Punarvasu Untill 9:29AM Dhriti Untill 4:03PM Visli Untill 8:35PM Sapthami Untill 9:22AM	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue	Sunrise: 5:06AM Sunset: 6:40PM	Moon 3 - Phase 1 - 21	Ashtami
Creative Work Amrita Yoga		244858678		Devaloka Day	<b>Devaloka Day</b>			

<b>Friday, April 24, 2026</b>	<b>Retreat Star</b>		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Meeha Mese Sakla Paksho Sukra Vesara Yukhtayam Pushya/Ashlesha* Nakshatra Shula*Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Norman, OK Sun 22	Sutra 12 Parabhava 5128
	Kataka Rasi: 15.06	Tilhi 8 - 9	Gulika 6:47AM - 8:29AM Yama 3:17PM - 4:59PM Rahu 10:11AM - 11:53AM	Pushya Untill 8:45AM Shula* Untill 1:53PM Balava Untill 7:24PM Ashtami Untill 7:54AM	Ganesh: White Muruga: White Nataraja: Clear Moon - Blue	Sunrise: 5:05AM Sunset: 6:41PM	Moon 3 - Phase 1 - 22	Navami
Routine Work Marana Yoga		244858679		Devaloka Day	<b>Sivaloka Day</b>			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 2/11/24

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<b>1</b> Saturday, April 25, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Marla Vazara Yukaygam Ashlesha/Magha Nakshatra Ganda/Vidhih Yoga Kauava/Saila Karana Navami/Dashamam Titau				Norman, OK
Kataka Rasi: 28.34	Tithi 9 – 10	<b>Gulika</b> 5:04AM – 6:46AM	<b>Ashlesha* Until 8:26AM</b>	<b>Ganesha:</b> White	Sunrise: 5:04AM	Sun 23 Sutra 13 Parabhava 5128
		Yama 1:35PM – 3:17PM	Ganda* Until 12:12PM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 2 - 23 4th Phase
		244858679 Rahu 8:28AM – 10:11AM	Taitilla Until 6:46PM	Nataraja: Clear		
Routine Work	Marana Yoga		Navami* Until 7:00AM	Moon - Blue		Sivaloka Day
Until 8:26AM				Valaksha-Chaitra		
Then Creative Work	- Amrita Yoga					

<b>2</b> Sunday, April 26, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Bharu Vazara Yukaygam Magha/Puraphalguni Nakshatra Vidhih/Dhruva Yoga Gara/Vanji Karana Dashami/Ekadashtam Titau				Norman, OK
Simha Rasi: 11.43	Tithi 10 – 11	<b>Gulika</b> 3:18PM – 5:00PM	<b>Magha* Until 8:57AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:03AM	Sun 24 Sutra 14 Parabhava 5128
		Yama 11:53AM – 1:35PM	Vidhih Until 10:57AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 2 - 24 4th Phase
		255858679 Rahu 5:00PM – 6:43PM	Vanija Until 6:41PM	Nataraja: Clear		
Routine Work	Marana Yoga		Dashami Until 6:39AM	Moon - Red		Bhuloka Day
Until 8:57AM				Valaksha-Chaitra		Devaloka Time: 6PM to 9PM
Then Creative Work	- Siddha Yoga					

<b>3</b> Monday, April 27, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Indu Vazara Yukaygam Puraphalguni/Ultaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti/Bava Karana Ekadashi/Ekadashtam Titau				Norman, OK
Simha Rasi: 24.38	Tithi 11 – 12	<b>Gulika</b> 1:35PM – 3:18PM	<b>Puraphalguni Until 9:49AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:03AM	Sun 25 Sutra 15 Parabhava 5128
<b>Family Home Evening</b>		Yama 10:10AM – 11:52AM	Dhruva Until 10:04AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 2 - 25 4th Phase
		255858679 Rahu 6:44AM – 8:27AM	Bava Until 7:04PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ekadashi Until 6:48AM	Moon - Red		Bhuloka Day
Until 10:57AM				Valaksha-Chaitra		Devaloka Time: 6PM to 9PM
Then Creative Work	- Siddha Yoga					

<b>4</b> Tuesday, April 28, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Mangala Vazara Yukaygam Ultaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodashtam Titau				Norman, OK
Kanya Rasi: 7.19	Tithi 12 – 13	<b>Gulika</b> 11:52AM – 1:35PM	<b>Ultaraphalguni Until 10:57AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:00AM	Sun 26 Sutra 16 Parabhava 5128
		Yama 8:26AM – 10:09AM	Vyaghata* Until 9:33AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 2 - 26 4th Phase
		255858679 Rahu 3:19PM – 5:02PM	Kauava Until 7:53PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Dvadashi Until 7:24AM	Moon - Red		Bhuloka Day
Until 10:57AM				Valaksha-Chaitra		Devaloka Time: 6PM to 9PM
Then Creative Work	- Siddha Yoga			Pradosha Vata		

<b>5</b> Wednesday, April 29, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Budha Vazara Yukaygam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talila/Gara Karana Trayodashi/Chaturdashtam Titau				Norman, OK
Kanya Rasi: 19.49	Tithi 13 – 14	<b>Gulika</b> 10:09AM – 11:52AM	<b>Hasla Until 12:47PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:58AM	Sun 27 Sutra 17 Parabhava 5128
		Yama 6:42AM – 8:25AM	Harshana Until 9:22AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 2 - 27 4th Phase
		265858679 Rahu 11:52AM – 1:36PM	Gara Until 9:04PM	Nataraja: Clear		
Routine Work	Marana Yoga		Trayodashi Until 8:25AM	Moon - Green		Devaloka Day
Until 12:47PM				Valaksha-Chaitra		
Then Creative Work	- Siddha Yoga					

<b>○</b> Thursday, April 30, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Guru Vazara Yukaygam Chitra/Svati Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:24AM – 10:08AM	<b>Chitra Until 2:48PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:57AM	Sun 28 Sutra 18 Parabhava 5128
Tula Rasi: 2.1	Tithi 14 – 15	Yama 4:57AM – 6:41AM	Vaja* Until 9:25AM	Muruga: White	Sunset: 6:47PM	Moon 3 - Phase 2 - Purnima
		265858679 Rahu 1:36PM – 3:20PM	Visti Until 10:35PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:46AM	Moon - Green		Devaloka Day
Until 2:48PM				Valaksha-Chaitra		
Then Creative Work	- Amrita Yoga					

<b>Friday, May 1, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Krishna Palakha Sakra Vazara Yukaygam Svati/Vibhava Nakshatra Siddhi/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:39AM – 8:23AM	<b>Svati Until 4:56PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:54AM	Sun 29 Sutra 19 Parabhava 5128
Tula Rasi: 14.23	Tithi 15 – 16	Yama 3:20PM – 5:05PM	Siddhi Until 9:43AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 2 - Prathama
		265858679 Rahu 10:07AM – 11:52AM	Balava Until 12:24AM Sat	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 11:26AM	Moon - Green		Devaloka Day
				Valaksha-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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