

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 1:34PM
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Frederick, MD
 Svali/Vishkha Nakshatra Vajra 7 Siddhi Yoga Talila/Gara Karana Dvityayam Titau Sutra 1
Gulika 1:49PM - 3:27PM **Svali Until 1:34PM** **Ganesh:** Yellow Sunrise: 5:34AM **Vasavasu 5:127**
Yama 10:31AM - 12:10PM **Vajra* Until 12:07PM** **Muruga:** Clear Sunset: 6:49PM **Moon 3 - Phase 1 -**
Rahu 7:13AM - 8:52AM **Talila Until 11:16AM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Green **Chaitra-Chaitra**

Tamil New Year**Dvitiya Until 12:28AM Tue****1 Tuesday, April 15, 2025**

Tula Rasi: 28.02 Tithi 18
 Routine Work Marana Yoga
 Until 4:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mangala Vasara Yukitayam Frederick, MD
 Vishakha/Anuradha Nakshatra Siddhi/Vyaptara* Yoga Vanja/Visi* Karana Tritiyam Titau Sun 1 Sutra 2
Gulika 12:09PM - 1:49PM **Vishakha Until 4:40PM** **Ganesh:** Blue Sunrise: 5:20AM **Vasavasu 5:127**
Yama 8:51AM - 10:30AM **Siddhi Until 1:01PM** **Muruga:** Clear Sunset: 6:46PM **Moon 3 - Phase 1 -**
Rahu 3:28PM - 5:07PM **Vanja Until 1:41PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Orange **Chaitra-Chaitra**
Devaloka Time: 3PM to 6PM

Tritiya Until 2:49AM Wed**2 Wednesday, April 16, 2025**

Wishika Rasi: 9.58 Tithi 19
 Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Butha Vasara Yukitayam Frederick, MD
 Anuradha Nakshatra Vyaptara* Mariyan Yoga Bava/Balava Karana Chaturtham Titau Sun 2 Sutra 3
Gulika 10:30AM - 12:09PM **Anuradha Until 7:24PM** **Ganesh:** Blue Sunrise: 5:31AM **Vasavasu 5:127**
Yama 7:11AM - 8:50AM **Vyaptara* Until 1:47PM** **Muruga:** Clear Sunset: 6:47PM **Moon 3 - Phase 1 -**
Rahu 12:09PM - 1:49PM **Bava Until 3:55PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Orange **Chaitra-Chaitra**
Devaloka Time: 3PM to 6PM

Chaturthi* Until 4:54AM Thu**3 Thursday, April 17, 2025**

Wishika Rasi: 21.59 Tithi 20
 Routine Work Prabalarishtha Yoga
 Until 9:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Guru Vasara Yukitayam Frederick, MD
 Jyeshtha* Nakshatra Parigha* Vajra Yoga Kaulava/Talila Karana Panchamam Titau Sun 3 Sutra 4
Gulika 8:49AM - 10:29AM **Jyeshtha* Until 9:40PM** **Ganesh:** Blue Sunrise: 5:30AM **Vasavasu 5:127**
Yama 5:30AM - 7:09AM **Variyan Until 2:17PM** **Muruga:** Clear Sunset: 6:48PM **Moon 3 - Phase 1 -**
Rahu 1:49PM - 3:29PM **Kaulava Until 5:51PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Orange **Chaitra-Chaitra**
Devaloka Time: 3PM to 6PM

Panchami Until 6:39AM Fri**4 Friday, April 18, 2025**

Dhanus Rasi: 4.09 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 11:51PM
 Then Routine Work - Prabalarishtha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Sakra Vasara Yukitayam Frederick, MD
 Mula* Nakshatra Parigha* Shiva Yoga Talila/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 5
Gulika 7:08AM - 8:48AM **Mula* Until 11:51PM** **Ganesh:** Red Sunrise: 5:28AM **Vasavasu 5:127**
Yama 3:29PM - 5:09PM **Parigha* Until 2:31PM** **Muruga:** Clear Sunset: 6:49PM **Moon 3 - Phase 1 -**
Rahu 10:29AM - 12:09PM **Gara Until 7:22PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Light Blue **Chaitra-Chaitra**

Panchami Until 6:39AM**5 Saturday, April 19, 2025**

Dhanus Rasi: 16.31 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 1:20AM Sun
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Maria Vasara Yukitayam Frederick, MD
 Purvashadha* Nakshatra Shiva/Siddha Yoga Vanja/Visi* Karana Shashthi/Saptamam Titau Sun 5 Sutra 6
Gulika 5:27AM - 7:07AM **Purvashadha* Until 1:20AM Sun** **Ganesh:** Red Sunrise: 5:27AM **Vasavasu 5:127**
Yama 1:49PM - 3:29PM **Shiva Until 2:23PM** **Muruga:** Clear Sunset: 6:50PM **Moon 3 - Phase 1 -**
Rahu 8:48AM - 10:28AM **Visi Until 8:22PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Light Blue **Chaitra-Chaitra**

Shashthi* Until 7:55AM**Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 29.08 Tithi 22 - 23
 Creative Work Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Bhava/Vajra Yukitayam Frederick, MD
 Uttarashadha Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Saptami/Ashtami Titau Sun 6 Sutra 7
Gulika 3:30PM - 5:10PM **Uttarashadha Until 2:02AM Mon** **Ganesh:** Red Sunrise: 5:25AM **Vasavasu 5:127**
Yama 12:08PM - 1:49PM **Siddha Until 1:44PM** **Muruga:** Clear Sunset: 6:51PM **Moon 3 - Phase 1 -**
Rahu 5:10PM - 6:51PM **Balava Until 8:42PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Light Blue **Chaitra-Chaitra**

Saptami Until 8:36AM**Monday, April 21, 2025****Retreat Star**

Makara Rasi: 12.04 Tithi 23 - 24
Family Home Evening
 Creative Work Amrita Yoga
 Until 2:18AM Tue
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Frederick, MD
 Shrivana Nakshatra Sadhyha/Subha Yoga Kaulava/Talila Karana Ashtami/Navamam Titau Sun 7 Sutra 8
Gulika 1:49PM - 3:30PM **Shrivana Until 2:18AM Tue** **Ganesh:** Green Sunrise: 5:24AM **Vasavasu 5:127**
Yama 10:27AM - 12:08PM **Sadhyha Until 12:32PM** **Muruga:** Clear Sunset: 6:52PM **Moon 3 - Phase 1 -**
Rahu 7:05AM - 8:46AM **Talila Until 8:19PM** **Nataraja:** Clear **Devaloka Day**
1st Phase
Moan - Purple **Chaitra-Chaitra**
Devaloka Time: 3PM to 6PM

Ashtami* Until 8:35AM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Frederick, MD on 2/11/24

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1 Tuesday, April 22, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukitayam Frederick, MD Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashyam Titau Sun 8 Sutra 9			
Makara Rasi: 25.25	Tithi 24 – 25	Gulika 12:08PM – 1:49PM	Dhanishtha Until 1:40AM Wed	Ganesh: Green Sunrise: 5:23AM	Vasavasu 5:17
		Yama 8:45AM – 10:27AM	Sukha Until 10:46AM	Muruga: Clear Sunset: 6:53PM	Moon 3 - Phase 2 - 8
Creative Work	Siddha Yoga	293298578 Rahu 3:31PM – 5:12PM	Navami* Until 7:10PM	Nataraja: Clear	2nd Phase
			Navami* Until 7:49AM	Moon - Purple	Bhuloka Day
				Chaitry-Chatry	Devaloka Time: 3PM to 6PM

2 Wednesday, April 23, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Buda Vasara Yukitayam Frederick, MD Shalabhshak Nakshatra Sukla/Brahma Yoga Vist/Balava Karana Dashami/Dashyam Titau Sun 9 Sutra 10			
Kumbha Rasi: 9.11	Tithi 25 – 26	Gulika 10:26AM – 12:08PM	Shalabhshak Until 12:10AM Thu	Ganesh: Green Sunrise: 5:21AM	Vasavasu 5:17
		Yama 7:03AM – 8:44AM	Sukla Until 8:21AM	Muruga: Clear Sunset: 6:56PM	Moon 3 - Phase 2 - 9
Creative Work	Siddha Yoga	293298578 Rahu 12:08PM – 1:49PM	Balava Until 4:03AM Thu	Nataraja: Clear	2nd Phase
			Dashami Until 6:17AM	Moon - Purple	Bhuloka Day
				Chaitry-Chatry	Devaloka Time: 3PM to 6PM

3 Thursday, April 24, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukitayam Frederick, MD Kumbha Rasi: 23.24 Tithi 27 213298579 Rahu 1:49PM – 3:31PM			
		Gulika 8:44AM – 10:26AM	Puruvproshthapada* Until 10:20PM	Ganesh: Purple Sunrise: 5:20AM	Vasavasu 5:17
		Yama 5:20AM – 7:02AM	Indra Until 1:57AM Fri	Muruga: Clear Sunset: 6:56PM	Moon 3 - Phase 2 - 10
Creative Work	Siddha Yoga		Kaulava Until 2:43PM	Nataraja: Purple	2nd Phase
			Dvadashti* Until 1:13AM Fri	Moon - Clear	Devaloka Day
				Chaitry-Chatry	

4 Friday, April 25, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Sakra Vasara Yukitayam Frederick, MD Meesha Rasi: 8.02 Tithi 28 213298579 Rahu 10:25AM – 12:07PM			
		Gulika 7:01AM – 8:43AM	Uttarproshthapada Until 7:52PM	Ganesh: Purple Sunrise: 5:18AM	Vasavasu 5:17
		Yama 3:32PM – 5:14PM	Vaidhriti* Until 10:06PM	Muruga: Clear Sunset: 6:56PM	Moon 3 - Phase 2 - 11
Creative Work	Siddha Yoga		Gara Until 11:38AM	Nataraja: Purple	2nd Phase
			Trayodashi* Until 9:54PM	Moon - Clear	Devaloka Day
				Chaitry-Chatry	

Pradosha Vata (Fasting)

5 Saturday, April 26, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mania Vasara Yukitayam Frederick, MD Meesha Rasi: 23 Tithi 29 213298579 Rahu 8:42AM – 10:25AM			
		Gulika 5:17AM – 7:00AM	Revati Until 4:56PM	Ganesh: Purple Sunrise: 5:17AM	Vasavasu 5:17
		Yama 1:50PM – 3:32PM	Vishkambha* Until 5:59PM	Muruga: Clear Sunset: 6:57PM	Moon 3 - Phase 2 - 12
Routine Work	Prabalarishta Yoga		Visiti Until 8:08AM	Nataraja: Purple	2nd Phase
Until 4:56PM			Chaturdash* Until 6:16PM	Moon - Clear	Devaloka Day
Then Creative Work - Siddha Yoga				Chaitry-Chatry	

● Sunday, April 27, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Bharu Vasara Yukitayam Frederick, MD Retreat Star Ashvini/Bharani Nakshatra Pralibhaganha Yoga Naga/Kintughna* Karana Amavasya/Prathamam Titau Sun 13 Sutra 14			
Mesha Rasi: 8.11	Tithi 30 – 1	Gulika 3:33PM – 5:15PM	Ashvini Until 2:05PM	Ganesh: Orange Sunrise: 5:16AM	Vasavasu 5:17
		Yama 12:07PM – 1:50PM	Priti Until 1:45PM	Muruga: Clear Sunset: 6:58PM	Moon 3 - Phase 2 - 13
Creative Work	Siddha Yoga	224298579 Rahu 5:15PM – 6:58PM	Kintughna Until 12:35AM Mon	Nataraja: Purple	Amavasya
Until 2:05PM			Amavasya* Until 2:29PM	Moon - White	Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Chaitry-Chatry	

Monday, April 28, 2025		Viswasa Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukitayam Frederick, MD Retreat Star Bharani/Kritika Nakshatra Agrohman/Saudhagga Yoga Bava/Balava Karana Prathama/Othitayam Titau Sun 14 Sutra 15			
Mesha Rasi: 23.25	Tithi 1 – 2	Gulika 1:50PM – 3:33PM	Bharani Until 11:06AM	Ganesh: Orange Sunrise: 5:15AM	Vasavasu 5:17
Family Home Evening		Yama 10:24AM – 12:07PM	Ayushman Until 9:30AM	Muruga: Clear Sunset: 6:59PM	Moon 3 - Phase 2 - 14
Creative Work	Siddha Yoga	224298579 Rahu 6:58AM – 8:41AM	Balava Until 8:51PM	Nataraja: Purple	Prathama
Until 11:06AM			Prathama* Until 10:41AM	Moon - White	Sivaloka Day
Then Routine Work - Marana Yoga				Vasava-Chatry	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dvityaya/Tilayam Titau			Frederick, MD Sun 15 Sutra 16 Vasava 5:127
Wishabha Rasi: 8.33	Tilthi 2 - 3	Gulika 12:07PM - 1:50PM Yama 8:40AM - 10:23AM Rahu 3:33PM - 5:17PM	Kritika Untill 8:10AM Sobhana Untill 1:33AM Wed Gara Untill 3:46AM Wed Dvityaya Untill 7:03AM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White	Sunrise: 5:13AM Sunset: 7:09PM Moon 3 - Phase 3 - 15 3rd Phase
Creative Work Siddha Yoga Untill 8:10AM Then Creative Work - Amrita Yoga		Sivaloka Day			

2 Wednesday, April 30, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Budha Vasara Yuktayam Mrigashira Nakshatra Ahinganda Yoga Vanja/Visi Karana Chalurthiyam Titau			Frederick, MD Sun 16 Sutra 17 Vasava 5:127
Wishabha Rasi: 23.25	Tilthi 4	Gulika 10:23AM - 12:07PM Yama 6:56AM - 8:39AM Rahu 12:07PM - 1:50PM	Mrigashira Untill 3:53AM Thu Ahinganda Untill 10:05PM Vanja Untill 2:19PM Chalurthi Untill 12:58AM Thu	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 5:12AM Sunset: 7:09PM Moon 3 - Phase 3 - 16 3rd Phase
Creative Work Siddha Yoga Untill 3:53AM Thu Then Routine Work - Marana Yoga		Devaloka Day			

3 Thursday, May 1, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Guru Vasara Yuktayam Andra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau			Frederick, MD Sun 17 Sutra 18 Vasava 5:127
Mithuna Rasi: 7.55	Tilthi 5	Gulika 8:39AM - 10:22AM Yama 5:11AM - 6:55AM Rahu 1:50PM - 3:34PM	Andra Untill 2:27AM Fri Sukama Untill 7:09PM Bava Untill 11:49AM Panchami Untill 10:49PM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow	Sunrise: 5:17AM Sunset: 7:09PM Moon 3 - Phase 3 - 17 3rd Phase
Routine Work Marana Yoga Untill 2:27AM Fri Then Creative Work - Siddha Yoga		Devaloka Day			

4 Friday, May 2, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktayam Punarvasu Nakshatra Dhril/Shula Yoga Kaulava/Taila Karana Shashthyam Titau			Frederick, MD Sun 18 Sutra 19 Vasava 5:127
Mithuna Rasi: 21.57	Tilthi 6	Gulika 6:54AM - 8:38AM Yama 3:35PM - 5:19PM Rahu 10:22AM - 12:06PM	Punarvasu Untill 2:04AM Sat Dhril Untill 4:50PM Kaulava Untill 10:02AM Shashthi Untill 9:24PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 5:10AM Sunset: 7:09PM Moon 3 - Phase 3 - 18 3rd Phase
Creative Work Siddha Yoga		Sivaloka Day			

5 Saturday, May 3, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Manta Vasara Yuktayam Pushya Nakshatra Shula/Ganda Yoga Gara/Vanja Karana Saptamyam Titau			Frederick, MD Sun 19 Sutra 20 Vasava 5:127
Kataka Rasi: 5.31	Tilthi 7	Gulika 5:08AM - 6:53AM Yama 1:51PM - 3:35PM Rahu 8:37AM - 10:22AM	Pushya Untill 2:22AM Sun Shula Untill 3:09PM Gara Untill 9:02AM Saptami Untill 8:50PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 5:08AM Sunset: 7:09PM Moon 3 - Phase 3 - 19 3rd Phase
Creative Work Siddha Yoga		Sivaloka Day			

6 Sunday, May 4, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha Nakshatra Ganda/Widdhi Yoga Visi/Bava Karana Ashtamyam Titau			Frederick, MD Sun 20 Sutra 21 Vasava 5:127
Retreat Star		Gulika 3:35PM - 5:20PM Yama 12:06PM - 1:51PM Rahu 5:20PM - 7:05PM	Ashlesha Untill 3:20AM Mon Ganda Untill 2:09PM Visi Untill 8:53AM Ashtami Untill 9:06PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue	Sunrise: 5:07AM Sunset: 7:09PM Moon 3 - Phase 3 - 20 Ashtami
Kataka Rasi: 18.37 Tilthi 8 Creative Work Siddha Yoga Untill 3:20AM Mon Then Routine Work - Marana Yoga		Sivaloka Day			

Monday, May 5, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yuktayam Magha Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Frederick, MD Sun 21 Sutra 22 Vasava 5:127
Retreat Star		Gulika 1:51PM - 3:36PM Yama 10:21AM - 12:06PM Rahu 6:51AM - 8:36AM	Magha Untill 5:20AM Tue Viddhi Untill 1:48PM Balava Untill 9:33AM Navami Untill 10:09PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 5:06AM Sunset: 7:09PM Moon 3 - Phase 3 - 21 Navami
Simha Rasi: 1.18 Tilthi 9 Family Home Evening Routine Work Marana Yoga Untill 5:20AM Tue Then Creative Work - Siddha Yoga		Devaloka Day			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Мангала Васара Yuktayam Frederick, MD Parvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashamyam Titau Sun 22 Sutra 23			
	Gulika	12:06PM - 1:51PM	Purvaphalguni Untill 7:46AM Wed	Ganesha: White Sunrise: 5:05AM	Vasvasu 5:17
Simha Rasi: 13.4	Tithi 10	Yama 8:35AM - 10:21AM	Dhruva Untill 1:57PM	Muruga: Red Sunset: 7:07PM	Moon 3 - Phase 4 - 22
	254318579	Rahu 3:36PM - 5:22PM	Taililla Untill 10:56AM	Nataraja: Purple	4th Phase
Creative Work - Siddha Yoga			Dashami Untill 11:50PM	Devaloka Day	
Untill 7:46AM Wed				Vasava-Chaitra	
Then Creative Work - Amrita Yoga					

2 Wednesday, May 7, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сікіа Пакхіе Бадха Васара Yuktayam Frederick, MD Purvaphalguni Nakshatra Vyaghata* Harshana Yoga Vanja/Ved* Karana Ekadashyam Titau Sun 23 Sutra 24			
	Gulika	10:20AM - 12:06PM	Purvaphalguni Untill 7:46AM	Ganesha: White Sunrise: 5:04AM	Vasvasu 5:17
Simha Rasi: 25.46	Tithi 11	Yama 6:49AM - 8:35AM	Vyaghata* Untill 2:33PM	Muruga: Red Sunset: 7:08PM	Moon 3 - Phase 4 - 23
	254318579	Rahu 12:06PM - 1:51PM	Vanija Untill 12:54PM	Nataraja: Purple	4th Phase
Creative Work - Amrita Yoga			Ekadashi Untill 2:01AM Thu	Devaloka Day	
				Vasava-Chaitra	

3 Thursday, May 8, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Guru Vasara Yuktayam Frederick, MD Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sun 24 Sutra 25			
	Gulika	8:34AM - 10:20AM	Uttaraphalguni Untill 10:27AM	Ganesha: White Sunrise: 5:03AM	Vasvasu 5:17
Kanya Rasi: 7.43	Tithi 12	Yama 5:03AM - 6:48AM	Harshana Untill 3:27PM	Muruga: Red Sunset: 7:09PM	Moon 3 - Phase 4 - 24
	254318579	Rahu 1:51PM - 3:37PM	Bava Untill 3:15PM	Nataraja: Purple	4th Phase
Amrita Yoga			Dvadashi Untill 4:29AM Fri	Devaloka Day	
Untill 10:27AM				Vasava-Chaitra	
Then Routine Work - Marana Yoga					

4 Friday, May 9, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Sukra Vasara Yuktayam Frederick, MD Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau Sun 25 Sutra 26			
	Gulika	6:48AM - 8:34AM	Hasta Untill 1:40PM	Ganesha: White Sunrise: 5:02AM	Vasvasu 5:17
Kanya Rasi: 19.33	Tithi 13	Yama 3:38PM - 5:24PM	Vajra* Untill 4:28PM	Muruga: Red Sunset: 7:10PM	Moon 3 - Phase 4 - 25
	265318579	Rahu 10:20AM - 12:06PM	Kaulava Untill 5:48PM	Nataraja: Purple	4th Phase
Creative Work - Amrita Yoga			Trayodashi Untill 7:04AM Sat	Subha Sivaloka Day	
Untill 1:40PM				Vasava-Chaitra	
Then Creative Work - Siddha Yoga				Pradosha Vata	

5 Saturday, May 10, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Manu Vasara Yuktayam Frederick, MD Chitra/Svali Nakshatra Siddhi/Vyaptipala* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sutra 27			
	Gulika	5:01AM - 6:47AM	Chitra Untill 4:47PM	Ganesha: White Sunrise: 5:01AM	Vasvasu 5:17
Tula Rasi: 1.21	Tithi 13 - 14	Yama 1:52PM - 3:38PM	Siddhi Untill 5:31PM	Muruga: Red Sunset: 7:11PM	Moon 3 - Phase 4 - 26
	265318579	Rahu 8:33AM - 10:19AM	Gara Untill 8:22PM	Nataraja: Purple	4th Phase
Routine Work - Marana Yoga			Trayodashi Untill 7:04AM	Subha Sivaloka Day	
Untill 4:47PM				Vasava-Chaitra	
Then Creative Work - Siddha Yoga					

○ Sunday, May 11, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Bhanu Vasara Yuktayam Frederick, MD Svali Nakshatra Vyaptipala* Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 28			
Copper Retreat Star		Gulika	3:39PM - 5:25PM	Svali Untill 7:39PM	Ganesha: White Sunrise: 5:00AM
Tula Rasi: 13.1	Tithi 14 - 15	Yama 12:06PM - 1:52PM	Vyaptipala* Untill 6:32PM	Muruga: Red Sunset: 7:12PM	Moon 3 - Phase 4 - 27
	265318579	Rahu 5:25PM - 7:12PM	Visli Untill 10:50PM	Nataraja: Purple	Purnima
Creative Work - Siddha Yoga			Chaturdash* Untill 9:36AM	Subha Sivaloka Day	
Untill 7:39PM				Vasava-Chaitra	
Then Routine Work - Marana Yoga					

Monday, May 12, 2025		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Krishna Pakshi Indu Vasara Yuktayam Frederick, MD Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 29			
Silver Retreat Star		Gulika	1:52PM - 3:39PM	Vishakha Untill 10:40PM	Ganesha: Yellow Sunrise: 4:59AM
Tula Rasi: 25.02	Tithi 15 - 16	Yama 10:19AM - 12:06PM	Varyan Untill 7:22PM	Muruga: Red Sunset: 7:13PM	Moon 3 - Phase 4 -
	275318579	Rahu 6:45AM - 8:32AM	Balava Untill 1:07AM Tue	Nataraja: Purple	Prathama
Family Home Evening			Purnima* Untill 11:59AM	Sivaloka Day	
Routine Work - Marana Yoga				Vasava-Chaitra	
Untill 10:40PM					
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Frederick, MD on 2/11/24

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**Tuesday, May 13, 2025****Gold Retreat Star**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam Frederick, MD Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathamam Dvityayam Titau Sun 10 Sutra 30				
Wischika Rasi: 6.59	Tithi 16 - 17	Gulika 12:06PM - 1:53PM	Anuradha Until 1:17AM Wed	Ganesha: Yellow	Sunrise: 4:58AM	Vasavasu 5:127
		Yama 8:32AM - 10:19AM	Parigha* Until 8:03PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 1st Phase
Creative Work	Siddha Yoga	Rahu 3:40PM - 5:26PM	Tailita Until 3:08AM Wed	Nataraja: Purple		
			Prathama* Until 2:08PM	Vanavata-Chakra		Sivaloka Day

1**Wednesday, May 14, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Frederick, MD Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitya/Triyayam Titau Sun 11 Sutra 31				
Wischika Rasi: 19.02	Tithi 17 - 18	Gulika 10:18AM - 12:06PM	Jyeshtha* Until 3:27AM Thu	Ganesha: Yellow	Sunrise: 4:57AM	Vasavasu 5:127
		Yama 6:44AM - 8:31AM	Shiva Until 8:31PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 1st Phase
Creative Work	Siddha Yoga	Rahu 12:06PM - 1:53PM	Vanija Until 4:51AM Thu	Nataraja: Purple		
			Dvitiya Until 4:01PM	Vanavata-Takala		Sivaloka Day

2**Thursday, May 15, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Frederick, MD Mula* Nakshatra Siddha Visi* Bava Karana Tritiya/Chaturtham Titau Sun 2 Sutra 32				
Dhanus Rasi: 1.12	Tithi 18 - 19	Gulika 8:31AM - 10:18AM	Mula* Until 5:37AM Fri	Ganesha: Blue	Sunrise: 4:56AM	Vasavasu 5:127
		Yama 4:56AM - 6:43AM	Siddha Until 8:42PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 2 1st Phase
Creative Work	Siddha Yoga	Rahu 1:53PM - 3:40PM	Bava Until 6:14AM Fri	Nataraja: Purple		
			Tritiya Until 5:34PM	Vanavata-Takala		Subha Sivaloka Day

3**Friday, May 16, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Frederick, MD Purvashada* Utlarashada Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Titau Sun 3 Sutra 33				
Dhanus Rasi: 13.31	Tithi 19	Gulika 6:43AM - 8:30AM	Purvashada* Until 7:14AM Sat	Ganesha: Blue	Sunrise: 4:55AM	Vasavasu 5:127
		Yama 3:41PM - 5:29PM	Sadya Until 8:37PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 3 1st Phase
Routine Work	Prabalarishta Yoga	Rahu 10:18AM - 12:06PM	Bava Until 6:14AM	Nataraja: Purple		
			Chaturthi* Until 6:46PM	Vanavata-Takala		Subha Sivaloka Day

4**Saturday, May 17, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mani Vasara Yuktayam Frederick, MD Purvashada* Utlarashada Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Titau Sun 4 Sutra 34				
Dhanus Rasi: 26	Tithi 20	Gulika 4:54AM - 6:42AM	Purvashada* Until 7:14AM	Ganesha: Blue	Sunrise: 4:54AM	Vasavasu 5:127
		Yama 1:53PM - 3:41PM	Subha Until 8:13PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 4 1st Phase
Creative Work	Siddha Yoga	Rahu 8:30AM - 10:18AM	Kaulava Until 7:13AM	Nataraja: Purple		
			Panchami Until 7:31PM	Vanavata-Takala		Subha Sivaloka Day

5**Sunday, May 18, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Frederick, MD Utlarashada/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shastham Titau Sun 5 Sutra 35				
Makara Rasi: 8.42	Tithi 21	Gulika 3:42PM - 5:30PM	Utlarashada Until 8:15AM	Ganesha: Blue	Sunrise: 4:53AM	Vasavasu 5:127
		Yama 12:06PM - 1:54PM	Sukla Until 7:24PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 5 1st Phase
Creative Work	Amrita Yoga	Rahu 5:30PM - 7:18PM	Gara Until 7:45AM	Nataraja: Purple		
			Shashthi* Until 7:47PM	Vanavata-Takala		Subha Sivaloka Day

6**Monday, May 19, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Brahma Vasara Yuktayam Frederick, MD Shravana/Dhanishta Nakshatra Brahma Yoga Visi* Bava Karana Saptamam Titau Sun 6 Sutra 36				
Makara Rasi: 21.39	Tithi 22	Gulika 1:54PM - 3:42PM	Shravana Until 9:03AM	Ganesha: Blue	Sunrise: 4:52AM	Vasavasu 5:127
Family Home Evening		Yama 10:17AM - 12:05PM	Brahma Until 6:08PM	Muruga: Red	Sunset: 7:19PM	Moon 4 - Phase 5 - 6 1st Phase
Creative Work	Amrita Yoga	Rahu 6:41AM - 8:29AM	Visi Until 7:43AM	Nataraja: Purple		
			Saptami Until 7:28PM	Vanavata-Takala		Devaloka Day

7**Tuesday, May 20, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Frederick, MD Dhanishta/Shatabhishak Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Ashotamam Titau Sun 7 Sutra 37				
Kumbha Rasi: 4.55	Tithi 23	Gulika 12:06PM - 1:54PM	Dhanishta Until 9:06AM	Ganesha: Blue	Sunrise: 4:52AM	Vasavasu 5:127
		Yama 8:29AM - 10:17AM	Indra Until 4:23PM	Muruga: Red	Sunset: 7:20PM	Moon 4 - Phase 5 - 7 Ashtami
Creative Work	Siddha Yoga	Rahu 3:43PM - 5:31PM	Balava Until 7:06AM	Nataraja: Purple		
			Ashtami* Until 6:31PM	Vanavata-Takala		Devaloka Day

Wednesday, May 21, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Frederick, MD Shatabhishak/Purvashodhadasa* Nakshatra Vaidhri* Vohkambha* Yoga Gara/Vanija Karana Navamam/Dashamam Titau Sun 8 Sutra 38				
Kumbha Rasi: 18.32	Tithi 24 - 25	Gulika 10:17AM - 12:05PM	Shatabhishak Until 8:22AM	Ganesha: Blue	Sunrise: 4:51AM	Vasavasu 5:127
		Yama 6:40AM - 8:28AM	Vaidhri* Until 2:05PM	Muruga: Red	Sunset: 7:21PM	Moon 4 - Phase 5 - 8 Navami
Creative Work	Siddha Yoga	Rahu 12:06PM - 1:54PM	Vanija Until 3:55AM Thu	Nataraja: Purple		
			Navam* Until 4:56PM	Vanavata-Takala		Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Бадхо Вісара Ҳуктаям Migshira/Metra Nakshatra Dhruti/Shukr Yoga Kadava/Taila Karana Dvitiya/Tritiyam Titau		Frederick, MD Sun 15	Sutra 45 Vasvasu 5127
Mithuna Rasi: 1.45	Tithi 2 - 3	Gulika 10:16AM - 12:06PM 6:36AM - 8:26AM 337418579	Yama 12:06PM - 1:56PM	Mrigashira Until 2:01PM Dhruti Until 8:40AM Taila Until 2:07AM Thu Dvitiya Until 3:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sunrise: 4:46AM Sunset: 7:29PM	Moon 4 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day			

2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Гору Васара Ҳуктаям Andra/Purnvasu Nakshatra Ganda* Yoga Gara/Venja Karana Tritiya/Chaturtham Titau		Frederick, MD Sun 16	Sutra 46 Vasvasu 5127
Mithuna Rasi: 16.18	Tithi 3 - 4	Gulika 8:26AM - 10:16AM 4:46AM - 6:36AM 337418579	Rahu 1:57PM - 3:47PM	Andra Until 12:03PM Ganda* Until 2:28AM Fri Vanija Until 11:50PM Tritiya Until 12:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow	Sunrise: 4:46AM Sunset: 7:29PM	Moon 4 - Phase 7 - 16 3rd Phase
Routine Work	Marana Yoga			Devaloka Day			
Until 12:03PM							
Then Creative Work - Amrita Yoga							

3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Sukra Vasara Ҳуктаям Punarvasu/Pushya Nakshatra Viddhi Yoga Visi*/Bava Karana Chaturtham Titau		Frederick, MD Sun 17	Sutra 47 Vasvasu 5127
Kalka Rasi: 0.25	Tithi 4 - 5	Gulika 6:36AM - 8:26AM 3:47PM - 5:38PM 347418579	Rahu 10:16AM - 12:07PM	Punarvasu Until 11:02AM Viddhi Until 12:15AM Sat Bava Until 10:18PM Chaturthi* Until 10:57AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:45AM Sunset: 7:29PM	Moon 4 - Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day			
Until 11:02AM							
Then Routine Work - Marana Yoga							

4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Marita Vasara Ҳуктаям Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Frederick, MD Sun 18	Sutra 48 Vasvasu 5127
Kalka Rasi: 14.04	Tithi 5 - 6	Gulika 4:45AM - 6:35AM 1:57PM - 3:48PM 347418579	Rahu 8:26AM - 10:16AM	Pushya Until 10:39AM Dhruva Until 10:41PM Kaulava Until 9:35PM Panchami Until 9:49AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:45AM Sunset: 7:29PM	Moon 4 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day			
Until 10:39AM							
Then Routine Work - Marana Yoga							

5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Bhanu Vasara Ҳуктаям Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Taila*/Gara Karana Shashthi/Saptamam Titau		Frederick, MD Sun 19	Sutra 49 Vasvasu 5127
Kalka Rasi: 27.14	Tithi 6 - 7	Gulika 3:48PM - 5:39PM 12:07PM - 1:58PM 347418579	Rahu 5:39PM - 7:29PM	Ashlesha* Until 10:58AM Vyaghata* Until 9:50PM Gara Until 9:45PM Shashthi* Until 9:32AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue	Sunrise: 4:45AM Sunset: 7:29PM	Moon 4 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day			
Until 10:58AM							
Then Routine Work - Marana Yoga							

Monday, June 2, 2025		Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Indu Vasara Ҳуктаям Magha*/Purvaphalguni Nakshatra Harshana Yoga Vajra*/Visi* Karana Sapthami/Ashtamam Titau		Frederick, MD Sun 20	Sutra 50 Vasvasu 5127
Simha Rasi: 9.58	Tithi 7 - 8	Gulika 1:58PM - 3:49PM Yama 10:16AM - 12:07PM 358418579	Rahu 6:35AM - 8:26AM	Magha* Until 12:26PM Harshana Until 9:39PM Visi Until 10:45PM Sapthami Until 10:08AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:44AM Sunset: 7:30PM	Moon 4 - Phase 7 - 20 Ashtami
Family Home Evening	Marana Yoga			Subha Sivaloka Day			
Until 12:26PM							
Then Creative Work - Siddha Yoga							

Tuesday, June 3, 2025		Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукла Пакше Mangala Vasara Ҳуктаям Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamam Titau		Frederick, MD Sun 21	Sutra 51 Vasvasu 5127
Simha Rasi: 22.2	Tithi 8 - 9	Gulika 12:07PM - 1:58PM Yama 8:26AM - 10:16AM 358418579	Rahu 3:49PM - 5:40PM	Purvaphalguni Until 2:30PM Vajra* Until 9:59PM Balava Until 12:26AM Wed Ashtami* Until 11:30AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:44AM Sunset: 7:31PM	Moon 4 - Phase 7 - 21 Navami
Creative Work	Siddha Yoga			Subha Sivaloka Day			
Until 2:30PM							
Then Creative Work - Amrita Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1		Wednesday, June 4, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Budha Vasara Yuktayam Utaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashamyan Titau		Frederick, MD Sun 22	Sutra 52 Vasvasu 517
Kanya Rasi: 4.26	Tithi 9 - 10	Gulika 6:34AM - 8:25AM Yama 12:07PM - 1:58PM	Utaraphalguni Until 4:58PM Siddhi Until 10:45PM Taila Until 2:39AM Thu Navami* Until 1:28PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - 22 4th Phase	Subha Sivaloka Day
Creative Work - Amrita Yoga Until 4:58PM Then Routine Work - Marana Yoga							

2		Thursday, June 5, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Guru Vasara Yuktayam Hasta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadashtyan Titau		Frederick, MD Sun 23	Sutra 53 Vasvasu 517
Kanya Rasi: 16.22	Tithi 10 - 11	Gulika 8:25AM - 10:16AM Yama 4:43AM - 6:34AM Rahu 1:59PM - 3:50PM	Hasla Until 8:04PM Vysatipata* Until 11:45PM Vanija Until 5:08AM Fri Dashami Until 3:51PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - 23 4th Phase	Sivaloka Day
Routine Work - Marana Yoga Until 8:06PM Then Creative Work - Siddha Yoga							

3		Friday, June 6, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Sukra Vasara Yuktayam Chitra Nakshatra Varjyan Yoga Visi* Karana Ekadashtyan Titau		Frederick, MD Sun 24	Sutra 54 Vasvasu 517
Kanya Rasi: 28.11	Tithi 11	Gulika 6:34AM - 8:25AM Yama 3:50PM - 5:41PM Rahu 10:17AM - 12:08PM	Chitra Until 11:12PM Varjyan Until 12:48AM Sat Visi Until 6:23PM Ekadashi Until 6:23PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - 24 4th Phase	Sivaloka Day
Creative Work - Siddha Yoga							

4		Saturday, June 7, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Manta Vasara Yuktayam Svali Nakshatra Parigraha* Yoga Bava/Balava Karana Dvadashyan Titau		Frederick, MD Sun 25	Sutra 55 Vasvasu 517
Tula Rasi: 10	Tithi 12	Gulika 4:43AM - 6:34AM Yama 1:59PM - 3:51PM Rahu 8:25AM - 10:17AM	Svali Until 2:04AM Sun Parigraha* Until 1:49AM Sun Bava Until 7:40AM Dvadashi Until 8:52PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - 25 4th Phase	Sivaloka Day
Creative Work - Siddha Yoga Until 2:04AM Sun Then Routine Work - Marana Yoga							

5		Sunday, June 8, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayodashyan Titau		Frederick, MD Sun 26	Sutra 56 Vasvasu 517
Tula Rasi: 21.51	Tithi 13	Gulika 3:51PM - 5:42PM Yama 12:08PM - 2:00PM Rahu 5:42PM - 7:34PM	Vishakha Until 5:03AM Mon Shiva Until 2:40AM Mon Kaulava Until 10:04AM Trayodashi Until 11:10PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - 26 4th Phase	Sivaloka Day
Routine Work - Marana Yoga Until 5:03AM Mon Then Creative Work - Siddha Yoga		Vaikasi Visakam		<i>Pradosha Vata</i>			

6		Monday, June 9, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Indu Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chalurdashyan Titau		Frederick, MD Sun 27	Sutra 57 Vasvasu 517
Witschika Rasi: 3.48	Tithi 14	Gulika 2:00PM - 3:51PM Yama 10:17AM - 12:08PM Rahu 6:34AM - 8:25AM	Anuradha Until 7:33AM Tue Siddha Until 3:14AM Tue Gara Until 12:13PM Chalurdashi* Until 1:09AM Tue	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - 27 4th Phase	Sivaloka Day
Family Home Evening Creative Work - Siddha Yoga Until 7:33AM Tue Then Routine Work - Marana Yoga							

○		Tuesday, June 10, 2025		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Sukta Paksha Punima Mangalya Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Visi* Bava Karana Punimayam Titau		Frederick, MD Sun 28	Sutra 58 Vasvasu 517
Copper Retreat Star		Gulika 12:08PM - 2:00PM Yama 8:25AM - 10:17AM Rahu 3:52PM - 5:43PM	Anuradha Until 7:33AM Sadya Until 3:33AM Wed Visi Until 2:01PM Purnima* Until 2:46AM Wed	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - Punima	Sivaloka Day
Witschika Rasi: 15.52 Tithi 15 Creative Work - Siddha Yoga Until 7:33AM Then Routine Work - Marana Yoga							

Wednesday, June 11, 2025		Silver Retreat Star		Viswasa Nama Samvatsara Uтарыяыя Nartana Ritau Vishabha Mase Krishna Paksha Budha Vasara Yuktayam Jyeshtha/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sun 29	Sutra 59 Vasvasu 517
Witschika Rasi: 28.05	Tithi 16	Gulika 10:17AM - 12:09PM Yama 6:34AM - 8:25AM Rahu 12:09PM - 2:00PM	Jyeshtha* Until 9:32AM Subha Until 3:35AM Thu Balava Until 3:27PM Prathama* Until 4:00AM Thu	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 4:43AM Sunset: 7:39PM	Moon 4 - Phase 8 - Prathama	Sivaloka Day
Creative Work - Siddha Yoga Until 9:32AM Then Routine Work - Marana Yoga							

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025
Gold Retreat Star

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішэбха Маса Крішна Паکشэ Гурэ Вэсара Юктыям				Frederick, MD
		Mula*Purvashadha* Nakshatra Sukla Yoga Talita/Gara Karana Dvityayam Tilau				Sun 1 Sutra 60
Dhanus Rasi: 10.29	Tithi 17	Gulika 8:25AM - 10:17AM	Mula* Until 11:27AM	Ganesha: Purple	Sunrise: 4:42AM	Voxasau 5:17
		Yama 4:42AM - 6:34AM	Sukla Until 3:17AM Fri	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 1
Creative Work	Siddha Yoga	Rahu 2:01PM - 3:52PM	Talita Until 4:30PM	Nataraja: Blue		1st Phase
			Dvitiya Until 4:51AM Fri	Moon - Light Blue		Devaloka Day
				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішэбха Маса Крішна Паکشэ Сура Вэсара Юктыям				Frederick, MD
		Purvashadha* Utlarashadha Nakshatra Brahma Yoga Vanija/Vidhi* Karana Trityayam Tilau				Sun 2 Sutra 61
Dhanus Rasi: 23.02	Tithi 18	Gulika 6:34AM - 8:25AM	Purvashadha* Until 12:51PM	Ganesha: Purple	Sunrise: 4:42AM	Voxasau 5:17
		Yama 3:53PM - 5:44PM	Brahma Until 2:42AM Sat	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 2
Routine Work	Prabalashita Yoga	Rahu 10:17AM - 12:09PM	Vanija Until 5:09PM	Nataraja: Blue		1st Phase
Until 12:51PM			Tritiya Until 5:19AM Sat	Moon - Light Blue		Devaloka Day
Then Routine Work - Marana Yoga				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Манта Вэсара Юктыям				Frederick, MD
		Utlarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Tilau				Sun 3 Sutra 62
Makara Rasi: 5.46	Tithi 19	Gulika 4:42AM - 6:34AM	Utlarashadha Until 1:43PM	Ganesha: Purple	Sunrise: 4:42AM	Voxasau 5:17
		Yama 2:01PM - 3:53PM	Indra Until 1:50AM Sun	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 3
Routine Work	Marana Yoga	Rahu 8:26AM - 10:17AM	Bava Until 5:26PM	Nataraja: Blue		1st Phase
Until 1:43PM			Chaturthi* Until 5:24AM Sun	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Бхану Вэсара Юктыям				Frederick, MD
		Vaidhiti* Shravana Until 2:31PM				Sun 4 Sutra 63
Makara Rasi: 18.41	Tithi 20	Gulika 3:53PM - 5:45PM	Shravana Until 2:31PM	Ganesha: Clear	Sunrise: 4:42AM	Voxasau 5:17
		Yama 12:09PM - 2:01PM	Vaidhiti* Until 12:37AM Mon	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 4
Creative Work	Amrita Yoga	Rahu 5:45PM - 7:37PM	Kaulava Until 5:19PM	Nataraja: Blue		1st Phase
Until 2:31PM		Father's Day	Panchami Until 5:05AM Mon	Moon - Purple		Sivaloka Day
Then Routine Work - Marana Yoga				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Інду Вэсара Юктыям				Frederick, MD
		Dhanishtha/Shalabhishak Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthiyam Tilau				Sun 5 Sutra 64
Kumbha Rasi: 1.49	Tithi 21	Gulika 2:02PM - 3:54PM	Dhanishtha Until 2:45PM	Ganesha: Yellow	Sunrise: 4:42AM	Voxasau 5:17
Family Home Evening		Yama 10:18AM - 12:10PM	Vishkambha* Until 11:05PM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 5
Creative Work	Siddha Yoga	Rahu 6:34AM - 8:26AM	Gara Until 4:47PM	Nataraja: Blue		1st Phase
			Shashthi* Until 4:20AM Tue	Moon - Purple		Sivaloka Day
				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Маргала Вэсара Юктыям				Frederick, MD
		Shatabhishak/Purvashrothapada* Nakshatra Pithi Yoga Vini/Bava Karana Sapthamyam Tilau				Sun 6 Sutra 65
Kumbha Rasi: 15.1	Tithi 22	Gulika 12:10PM - 2:02PM	Shatabhishak Until 2:25PM	Ganesha: Yellow	Sunrise: 4:42AM	Voxasau 5:17
		Yama 8:26AM - 10:18AM	Pithi Until 9:12PM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 6
Routine Work	Marana Yoga	Rahu 3:54PM - 5:46PM	Visiti Until 3:49PM	Nataraja: Blue		1st Phase
			Saptami Until 3:08AM Wed	Moon - Purple		Sivaloka Day
				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Баджа Вэсара Юктыям				Frederick, MD
		Utlarashrothapada* Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Aayanam Yam Tilau				Sun 7 Sutra 66
Kumbha Rasi: 28.47	Tithi 23	Gulika 10:18AM - 12:10PM	Purvashrothapada* Until 1:54PM	Ganesha: Clear	Sunrise: 4:42AM	Voxasau 5:17
		Yama 6:34AM - 8:26AM	Ayushman Until 6:54PM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 7
Creative Work	Amrita Yoga	Rahu 12:10PM - 2:02PM	Balava Until 2:23PM	Nataraja: Blue		Ashtami
Until 1:54PM			Ashtami* Until 1:28AM Thu	Moon - Clear		Sivaloka Day
Then Creative Work - Siddha Yoga				<i>Jyesthithakali</i>		

		Vivavasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Гурэ Вэсара Юктыям				Frederick, MD
		Utlarashrothapada* Revati Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Navamyam Tilau				Sun 8 Sutra 67
Meena Rasi: 12.4	Tithi 24	Gulika 8:26AM - 10:18AM	Utlarashrothapada Until 12:47PM	Ganesha: Clear	Sunrise: 4:42AM	Voxasau 5:17
		Yama 4:42AM - 6:34AM	Saubhagya Until 4:15PM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 9 - 8
Creative Work	Siddha Yoga	Rahu 2:02PM - 3:54PM	Talita Until 12:29PM	Nataraja: Blue		Navami
			Navami* Until 11:21PM	Moon - Clear		Sivaloka Day
				<i>Jyesthithakali</i>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Vishvasu Nama Samvatsare Uтарыяне Наріана Рітау Мілуна Масе Кішна Паке: Sukra Vasara Yuktayam Frederick, MD Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau Sun 9 Sutra 68				
Mesha Rasi: 26.52	Tithi 25	Gulika 6:34AM - 8:26AM	Revati Until 11:05AM	Ganesh: White	Sunrise: 4:43AM	Vasavasu 5:17
		Yama 3:55PM - 5:47PM	Sobhana Until 1:15PM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 10 - 11
		311518571 Rahu 10:18AM - 12:11PM	Vanija Until 10:09AM	Nataraja: Blue		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:49PM	Moon - Clear		Subha Sivaloka Day
Until 11:05AM						
Then Creative Work - Amrita Yoga						

2 Saturday, June 21, 2025		Vishvasu Nama Samvatsare Uтарыяне Наріана Рітау Мілуна Масе Кішна Паке: Maru Vasara Yuktayam Frederick, MD Ashvini/Bharani Nakshatra Abhiganda* Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 10 Sutra 69				
Mesha Rasi: 11.19	Tithi 26 - 27	Gulika 4:43AM - 6:35AM	Ashvini Until 9:18AM	Ganesh: Yellow	Sunrise: 4:43AM	Vasavasu 5:17
		Yama 2:03PM - 3:55PM	Abhiganda* Until 9:56AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 10 - 11
		321518571 Rahu 8:27AM - 10:19AM	Bava Until 7:26AM	Nataraja: Blue		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 5:57PM	Moon - White		Sivaloka Day
Until 7:06AM						
Then Creative Work - Siddha Yoga						

3 Sunday, June 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakhe: Bharu Vasara Yuktayam Frederick, MD Bharani/Chitra Nakshatra Sakama(Dhri) Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 70				
Mesha Rasi: 25.59	Tithi 27 - 28	Gulika 3:55PM - 5:47PM	Bharani Until 7:06AM	Ganesh: Yellow	Sunrise: 4:43AM	Vasavasu 5:17
		Yama 12:11PM - 2:03PM	Sukarma Until 6:24AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 10 - 11
		321518571 Rahu 5:47PM - 7:39PM	Gara Until 1:16AM Mon	Nataraja: Blue		2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 2:51PM	Moon - White		Sivaloka Day
Until 7:06AM						
Then Creative Work - Siddha Yoga						

4 Monday, June 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakhe: Indu Vasara Yuktayam Frederick, MD Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 71				
Wishabha Rasi: 10.46	Tithi 28 - 29	Gulika 2:03PM - 3:55PM	Rohini Until 7:22AM Tue	Ganesh: Red	Sunrise: 4:43AM	Vasavasu 5:17
Family Home Evening		Yama 10:19AM - 12:11PM	Shula* Until 11:03PM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 10 - 12
Creative Work	Amrita Yoga	311518571 Rahu 6:35AM - 8:27AM	Visli Until 10:04PM	Nataraja: Blue		2nd Phase
Until 2:22AM Tue			Trayodashi* Until 11:39AM	Moon - Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga						

● Tuesday, June 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakhe: Mangala Vasara Yuktayam Frederick, MD Migashira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau Sun 13 Sutra 72				
Retreat Star		Gulika 12:11PM - 2:03PM	Mrigashira Until 12:10AM Wed	Ganesh: Red	Sunrise: 4:43AM	Vasavasu 5:17
Wishabha Rasi: 25.33	Tithi 29 - 30	Yama 8:27AM - 10:19AM	Ganda* Until 7:28PM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 10 - 13
		311518571 Rahu 3:55PM - 5:47PM	Caturpada Until 7:00PM	Nataraja: Blue		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:29AM	Moon - Yellow		Sivaloka Day
Until 7:06AM						
Then Creative Work - Siddha Yoga						

Wednesday, June 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Sukla Pakhe: Budha Vasara Yuktayam Frederick, MD Ardra Nakshatra Viddhi/Dhruva Yoga Kinlughna*Bava Karana Prathahamam Titau Sun 14 Sutra 73				
Retreat Star		Gulika 10:20AM - 12:12PM	Ardra Until 10:08PM	Ganesh: Red	Sunrise: 4:44AM	Vasavasu 5:17
Mithuna Rasi: 10.12	Tithi 1	Yama 6:36AM - 8:28AM	Viddhi Until 4:08PM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 10 - 14
		311518571 Rahu 12:12PM - 2:04PM	Kinlughna Until 4:12PM	Nataraja: Blue		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:56AM Thu	Moon - Yellow		Sivaloka Day
Until 7:06AM						
Then Creative Work - Siddha Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 26, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruvayyaghata* Yoga Balava/Kaulava Karana Drityayam Titau		Frederick, MD Sun 15	Sutra 74 Vasarasu 5127
Mithuna Rasi: 24.35	Tilthi 2	Gulika 8:28AM - 10:20AM	Punarvasu Untill 8:52PM	Ganesha: White	Sunrise: 4:44AM		
		Yama 4:44AM - 6:36AM	Dhruva Untill 1:09PM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 11 - 15	3rd Phase
Creative Work	Amrita Yoga	Rahu 2:04PM - 3:56PM	Balava Untill 1:50PM	Nataraja: Blue			
			Dvitiya Untill 12:51AM Fri	Moan - Blue			Devaloka Day
				Aashakaradi			

2		Friday, June 27, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*Harshana Yoga Talilla/Gara Karana Trityayam Titau		Frederick, MD Sun 16	Sutra 75 Vasarasu 5127
Kalkata Rasi: 8.37	Tilthi 3	Gulika 6:36AM - 8:28AM	Pushya Untill 8:06PM	Ganesha: White	Sunrise: 4:44AM		
		Yama 3:56PM - 5:48PM	Vyaghata Untill 10:39AM	Muruga: Red	Sunset: 7:40PM	Moon 5 - Phase 11 - 16	3rd Phase
Routine Work	Marana Yoga	Rahu 10:20AM - 12:12PM	Taililla Untill 12:04PM	Nataraja: Blue			
			Tritiya Untill 11:25PM	Moan - Blue			Devaloka Day
				Aashakaradi			

3		Saturday, June 28, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Najira* Yoga Vanja/Vsili* Karana Chaturthayam Titau		Frederick, MD Sun 17	Sutra 76 Vasarasu 5127
Kalkata Rasi: 22.13	Tilthi 4	Gulika 4:45AM - 6:37AM	Ashlesha Untill 7:55PM	Ganesha: White	Sunrise: 4:45AM		
		Yama 2:04PM - 3:56PM	Hershana Untill 8:45AM	Muruga: Red	Sunset: 7:40PM	Moon 5 - Phase 11 - 17	3rd Phase
Routine Work	Marana Yoga	Rahu 8:28AM - 10:20AM	Vanija Untill 11:01AM	Nataraja: Blue			
Untill 7:55PM			Chaturthi Untill 10:46PM	Moan - Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Aashakaradi			

4		Sunday, June 29, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamayam Titau		Frederick, MD Sun 18	Sutra 77 Vasarasu 5127
Simha Rasi: 5.23	Tilthi 5	Gulika 3:56PM - 5:48PM	Magha Untill 8:52PM	Ganesha: Clear	Sunrise: 4:45AM		
		Yama 12:12PM - 2:04PM	Vajra Untill 7:28AM	Muruga: Red	Sunset: 7:40PM	Moon 5 - Phase 11 - 18	3rd Phase
Routine Work	Marana Yoga	Rahu 5:48PM - 7:40PM	Bava Untill 10:46AM	Nataraja: Blue			
Untill 8:52PM			Panchami Untill 10:57PM	Moan - Red			Sivaloka Day
Then Creative Work - Siddha Yoga				Aashakaradi			

5		Monday, June 30, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Taililla Karana Shashthayam Titau		Frederick, MD Sun 19	Sutra 78 Vasarasu 5127
Simha Rasi: 18.08	Tilthi 6	Gulika 2:04PM - 3:56PM	Purvaphalguni Untill 10:26PM	Ganesha: White	Sunrise: 4:46AM		
Family Home Evening		Yama 10:21AM - 12:13PM	Siddhi Untill 6:51AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 11 - 19	3rd Phase
Creative Work	Siddha Yoga	Rahu 6:37AM - 8:29AM	Kaulava Untill 11:21AM	Nataraja: Blue			
			Shashthi Untill 11:55PM	Moan - Red			Sivaloka Day
				Aashakaradi			

6		Tuesday, July 1, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*Varjyan Yoga Gara/Vanija Karana Sapthamayam Titau		Frederick, MD Sun 20	Sutra 79 Vasarasu 5127
Kanya Rasi: 0.32	Tilthi 7	Gulika 12:13PM - 2:04PM	Uttaraphalguni Untill 12:31AM Wed	Ganesha: Clear	Sunrise: 4:46AM		
		Yama 8:29AM - 10:21AM	Vyaptipata Untill 6:52AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 11 - 20	3rd Phase
Creative Work	Amrita Yoga	Rahu 3:56PM - 5:48PM	Gara Untill 12:41PM	Nataraja: Blue			
Untill 12:31AM Wed			Saptami Untill 1:34AM Wed	Moan - Red			Sivaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Aashakaradi			

7		Wednesday, July 2, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Rudra Vasara Yuktayam Hasta Nakshatra Varjyan/Parigha* Yoga Vsili*/Bava Karana Ashtamayam Titau		Frederick, MD Sun 21	Sutra 80 Vasarasu 5127
Retreat Star		Gulika 10:21AM - 12:13PM	Hasta Untill 3:25AM Thu	Ganesha: Purple	Sunrise: 4:47AM		
Kanya Rasi: 12.39	Tilthi 8	Yama 6:38AM - 8:30AM	Varjyan Untill 7:20AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 11 - 21	Ashtami
Routine Work	Marana Yoga	Rahu 12:13PM - 2:04PM	Vsili Untill 2:37PM	Nataraja: Blue			
Untill 3:25AM Thu			Ashtami Untill 3:43AM Thu	Moan - Green			Devaloka Day
Then Creative Work - Siddha Yoga				Aashakaradi			

8		Thursday, July 3, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamayam Titau		Frederick, MD Sun 22	Sutra 81 Vasarasu 5127
Retreat Star		Gulika 8:30AM - 10:22AM	Chitra Untill 6:24AM Fri	Ganesha: Purple	Sunrise: 4:47AM		
Kanya Rasi: 24.36	Tilthi 9	Yama 4:47AM - 6:39AM	Parigha Untill 8:09AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 11 - 22	Navami
Creative Work	Siddha Yoga	Rahu 2:05PM - 3:56PM	Balava Untill 4:56PM	Nataraja: Blue			
			Navami Untill 6:07AM Fri	Moan - Green			Devaloka Day
				Aashakaradi			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Friday, July 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakche Sukra Vasara Yuktayam Frederick, MD Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau Sun 23 Sutra 82				
Tula Rasi: 6.28	Tithi 9 – 10	Gulika 6:39AM – 8:30AM	Chitra Untill 6:24AM	Ganesha: Purple	Sunrise: 4:46AM	Vishvasu 5:17
		Yama 3:56PM – 5:48PM	Shiva Untill 9:09AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 12 - 3
Creative Work	Siddha Yoga	Rahu 10:22AM – 12:13PM	Tailita Untill 7:22PM	Nataraja: Blue		4th Phase
			Navami* Untill 6:07AM	Moon - Green		Devaloka Day
				Aushkati Aui		

2 Saturday, July 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakche Merita Vasara Yuktayam Frederick, MD Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekaddshyam Tilau Sun 24 Sutra 83				
Tula Rasi: 18.19	Tithi 10 – 11	Gulika 4:48AM – 6:39AM	Svali Untill 9:14AM	Ganesha: Purple	Sunrise: 4:46AM	Vishvasu 5:17
		Yama 2:05PM – 3:56PM	Siddha Untill 10:07AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 12 - 24
Creative Work	Siddha Yoga	Rahu 8:31AM – 10:22AM	Vanija Untill 9:44PM	Nataraja: Blue		4th Phase
			Dashami Untill 8:33AM	Moon - Green		Devaloka Day
				Aushkati Aui		

3 Sunday, July 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakche Bharu Vasara Yuktayam Frederick, MD Vishakha/Anuradha Nakshatra Sadhyha/Sadha Yoga Visti/Bava Karana Ekadashi/Dvaddshyam Tilau Sun 25 Sutra 84				
Wischika Rasi: 0.13	Tithi 11 – 12	Gulika 3:56PM – 5:47PM	Vishakha Untill 12:13PM	Ganesha: Purple	Sunrise: 4:49AM	Vishvasu 5:17
		Yama 12:14PM – 2:05PM	Sadhyha Untill 10:57AM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 12 - 25
Routine Work	Marana Yoga	Rahu 5:47PM – 7:38PM	Bava Untill 11:49PM	Nataraja: Blue		4th Phase
			Ekadashi Untill 10:47AM	Moon - Orange		Devaloka Day
				Aushkati Aui		

4 Monday, July 7, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakche Indu Vasara Yuktayam Frederick, MD Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvaddashi/Trayodshyam Tilau Sun 26 Sutra 85				
Wischika Rasi: 12.15	Tithi 12 – 13	Gulika 2:05PM – 3:56PM	Anuradha Untill 2:42PM	Ganesha: Purple	Sunrise: 4:49AM	Vishvasu 5:17
Family Home Evening		Yama 10:23AM – 12:14PM	Subha Untill 11:33AM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 12 - 26
Creative Work	Siddha Yoga	Rahu 6:40AM – 8:32AM	Kaulava Untill 1:31AM Tue	Nataraja: Blue		4th Phase
			Dvaddashi Untill 12:42PM	Moon - Orange		Devaloka Day
				Aushkati Aui		

5 Tuesday, July 8, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakche Mangala Vasara Yuktayam Frederick, MD Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Trayodashi/Chaturdshyam Tilau Sun 27 Sutra 86				
Wischika Rasi: 24.28	Tithi 13 – 14	Gulika 12:14PM – 2:05PM	Jyeshtha* Untill 4:36PM	Ganesha: Purple	Sunrise: 4:50AM	Vishvasu 5:17
		Yama 8:32AM – 10:23AM	Sukla Untill 11:47AM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 12 - 27
Routine Work	Marana Yoga	Rahu 3:56PM – 5:47PM	Gara Untill 2:45AM Wed	Nataraja: Blue		4th Phase
Untill 4:36PM			Trayodashi Untill 2:10PM	Moon - Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Aushkati Aui		

Wednesday, July 9, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakche Budha Vasara Yuktayam Frederick, MD Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau Sun 28 Sutra 87				
Copper Retreat Star		Gulika 10:23AM – 12:14PM	Mula* Untill 6:21PM	Ganesha: Clear	Sunrise: 4:51AM	Vishvasu 5:17
Dhanus Rasi: 6.52	Tithi 14 – 15	Yama 6:41AM – 8:32AM	Brahma Untill 11:39AM	Muruga: Red	Sunset: 7:38PM	Moon 5 - Phase 12 - Purnima
Routine Work	Marana Yoga	Rahu 12:14PM – 2:05PM	Visti Untill 3:29AM Thu	Nataraja: Blue		
Untill 6:21PM			Chaturdashi* Untill 3:09PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga		Satguru Purnima		Aushkati Aui		

Thursday, July 10, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Frederick, MD Purvashadha* Nakshatra Indra/Vaidriti* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 29 Sutra 88				
Silver Retreat Star		Gulika 8:33AM – 10:23AM	Purvashadha* Untill 7:28PM	Ganesha: White	Sunrise: 4:51AM	Vishvasu 5:17
Dhanus Rasi: 19.29	Tithi 15 – 16	Yama 4:51AM – 6:42AM	Indra Untill 11:09AM	Muruga: Red	Sunset: 7:37PM	Moon 5 - Phase 12 - Prathama
Creative Work	Siddha Yoga	Rahu 2:05PM – 3:56PM	Balava Untill 3:45AM Fri	Nataraja: Blue		
Untill 7:28PM			Purnima* Untill 3:40PM	Moon - Light Blue		Subha Sivaloka Day
Then Routine Work - Marana Yoga				Aushkati Aui		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sutra Visara Yuktayam
Uttarashadha Nakshatra Vishkamba* Yoga Kaulava/Saila Karana Prathamam/Dhivayam TitauFrederick, MD
Sutra 89

Makara Rasi: 2.19 TITHI 16 - 17

Gulika 6:43AM - 8:33AM
Yama 3:56PM - 5:46PM
Rahu 10:24AM - 12:14PMUttarashadha Until 7:59PM
Vaadhiri* Until 10:15AM
Taitila Until 3:35AM SatGanesha: White
Muruga: Red
Nataraja: Blue
Moon - Light BlueSunrise: 4:52AM
Sunset: 7:37PM

Moon 6 - Phase 13 - 1st Phase

Routine Work - Marana Yoga

Subha Sivaloka Day

AashakarAuli

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Manita Visara Yuktayam
Shravana Nakshatra Vishkamba* Pithi Yuga Gara/Vanija Karana Dwitraya/Trityayam TitauFrederick, MD
Sutra 90

Makara Rasi: 15.23 TITHI 17 - 18

Gulika 4:53AM - 6:43AM
Yama 2:05PM - 3:55PM
Rahu 8:34AM - 10:24AMShravana Until 8:24PM
Vishkamba* Until 9:02AM
Vanija Until 3:01AM SunGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - PurpleSunrise: 4:53AM
Sunset: 7:36PM

Moon 6 - Phase 13 - 1st Phase

Creative Work - Siddha Yoga

Sivaloka Day

AashakarAuli

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bhanu Visara Yuktayam
Dhanishtha Nakshatra Pithi/Ayushman Yoga Visi*/Bava Karana Tritiya/Chaturtham TitauFrederick, MD
Sutra 91

Makara Rasi: 28.39 TITHI 18 - 19

Gulika 3:55PM - 5:46PM
Yama 12:15PM - 2:05PM
Rahu 5:46PM - 7:36PMDhanishtha Until 8:19PM
Pithi Until 7:32AM
Bava Until 2:06AM MonGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - PurpleSunrise: 4:53AM
Sunset: 7:36PM

Moon 6 - Phase 13 - 2 1st Phase

Routine Work - Marana Yoga

Sivaloka Day

Until 8:19PM

Then Creative Work - Siddha Yoga

AashakarAuli

3

Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Visara Yuktayam
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kalava Karana Chaturthi/Panchamam TitauFrederick, MD
Sutra 92

Kumbha Rasi: 12.06 TITHI 19 - 20

Gulika 2:05PM - 3:55PM
Yama 10:24AM - 12:15PM
Rahu 6:44AM - 8:34AMShalabhishak Until 7:47PM
Saubhagya Until 3:41AM Tue
Kadavaa Until 12:53AM TueGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - PurpleSunrise: 4:54AM
Sunset: 7:36PM

Moon 6 - Phase 13 - 3 1st Phase

Creative Work - Siddha Yoga

Sivaloka Day

Until 7:47PM

Then Routine Work - Marana Yoga

AashakarAuli

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Visara Yuktayam
Puravproshthapada* Nakshatra Sobhana Yoga Talila/Gara Karana Panchmi/Shashtham TitauFrederick, MD
Sutra 93

Kumbha Rasi: 25.44 TITHI 20 - 21

Gulika 12:15PM - 2:05PM
Yama 8:35AM - 10:25AM
Rahu 3:55PM - 5:45PMPuravproshthapada* Until 7:15PM
Sobhana Until 1:26AM Wed
Gara Until 11:23PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - ClearSunrise: 4:55AM
Sunset: 7:35PM

Moon 6 - Phase 13 - 4 1st Phase

Routine Work - Marana Yoga

Devaloka Day

Until 7:15PM

Then Creative Work - Amrita Yoga

AashakarAuli

5

Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Visara Yuktayam
Uttarproshthapada* Nakshatra Ahiganda* Yoga Vanija/Vol* Karana Shashthi/Saptamam TitauFrederick, MD
Sutra 94

Meena Rasi: 9.31 TITHI 21 - 22

Gulika 10:25AM - 12:15PM
Yama 6:45AM - 8:35AM
Rahu 12:15PM - 2:05PMUttarproshthapada Until 6:19PM
Ahiganda* Until 10:56PM
Visi Until 9:38PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - ClearSunrise: 4:55AM
Sunset: 7:34PM

Moon 6 - Phase 13 - 5 1st Phase

Creative Work - Siddha Yoga

Devaloka Day

Until 6:19PM

Then Routine Work - Marana Yoga

AashakarAuli

D

Thursday, July 17, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sutra Visara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamam TitauFrederick, MD
Sutra 95

Meena Rasi: 23.28 TITHI 22 - 23

Gulika 8:36AM - 10:25AM
Yama 4:56AM - 6:46AM
Rahu 2:05PM - 3:54PMRevati Until 4:59PM
Sukarma Until 8:14PM
Balava Until 7:38PMGanesha: Purple
Muruga: Red
Nataraja: Yellow
Moon - ClearSunrise: 4:56AM
Sunset: 7:34PM

Moon 6 - Phase 13 - 6 1st Phase

Creative Work - Siddha Yoga

Bhuloka Day

Until 4:59PM

Then Creative Work - Amrita Yoga

Devaloka Time: 3PM to 6PM

AashakarAuli

Friday, July 18, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sutra Visara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Ashtami/Navamam TitauFrederick, MD
Sutra 96

Mesha Rasi: 7.34 TITHI 23 - 24

Gulika 6:47AM - 8:36AM
Yama 3:54PM - 5:44PM
Rahu 10:26AM - 12:15PMAshvini Until 3:43PM
Dhriti Until 5:26PM
Gara Until 4:13AM SatGanesha: Clear
Muruga: Red
Nataraja: Yellow
Moon - WhiteSunrise: 4:57AM
Sunset: 7:33PM

Moon 6 - Phase 13 - 7 Navami

Creative Work - Amrita Yoga

Devaloka Day

Until 3:43PM

Then Creative Work - Siddha Yoga

AashakarAuli

1 Saturday, July 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam Bharani/Kritika Nakshatra Shula/Gandaa Yoga Vanija/Visai Karana Dvadashtyam Tilau				Frederick, MD Sun 8 Sutra 97
Mesha Rasi: 21.49	Tithi 25	Gulika 4:58AM – 6:47AM	Bharani Until 2:07PM Shula* Until 2:24PM	Ganesh: Clear Muruga: Red Nataraja: Yellow	Sunrise: 4:58AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 8 2nd Phase
433618572	Rahu	2:04PM – 3:54PM 8:36AM – 10:26AM	Vanija Until 3:01PM Dashami Until 1:45AM Sun	White		Devaloka Day
Creative Work Siddha Yoga Until 2:07PM Then Creative Work - Amrita Yoga		Ashleela-Aadi				

2 Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam Kritika/Rohini Nakshatra Ganda/Vidhih Yoga Bava/Balava Karana Ekadashyam Tilau				Frederick, MD Sun 9 Sutra 98
Wishabha Rasi: 6.09	Tithi 26	Gulika 3:53PM – 5:43PM	Kritika Until 12:15PM Ganda* Until 11:18AM	Ganesh: Clear Muruga: Red Nataraja: Yellow	Sunrise: 4:59AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 9 2nd Phase
433618572	Rahu	12:15PM – 2:04PM 5:43PM – 7:32PM	Bava Until 12:29PM Ekadashi* Until 11:11PM	White		Devaloka Day
Creative Work Siddha Yoga		Ashleela-Aadi				

3 Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Tilau				Frederick, MD Sun 10 Sutra 99
Wishabha Rasi: 20.33	Tithi 27	Gulika 2:04PM – 3:53PM	Rohini Until 10:38AM Widdhi Until 8:09AM	Ganesh: White Muruga: Red Nataraja: Yellow	Sunrise: 4:59AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 10 2nd Phase
433618572	Rahu	10:26AM – 12:15PM 6:48AM – 8:37AM	Kaulava Until 9:55AM Dvadashi* Until 8:38PM	White		Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Amrita Yoga		Ashleela-Aadi				

4 Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau				Frederick, MD Sun 11 Sutra 100
Mithuna Rasi: 4.55	Tithi 28	Gulika 12:15PM – 2:04PM	Mrigashira Until 8:55AM Vyaghata* Until 2:03AM Wed	Ganesh: White Muruga: Red Nataraja: Yellow	Sunrise: 5:00AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 11 2nd Phase
433618572	Rahu	8:38AM – 10:26AM 3:53PM – 5:41PM	Gara Until 7:24AM Trayodashi* Until 6:11PM	White		Bhuloka Day Tour Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga Until 8:55AM Then Routine Work - Marana Yoga		Ashleela-Aadi				
<i>Pradosha Vrata (Fasting)</i>						

5 Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni/Catuspada* Karana Chaturdashy/Amavasyayam Tilau				Frederick, MD Sun 12 Sutra 101
Mithuna Rasi: 19.1	Tithi 29 – 30	Gulika 10:27AM – 12:15PM	Ardra Until 7:15AM Harshana Until 11:20PM	Ganesh: White Muruga: Red Nataraja: Yellow	Sunrise: 5:01AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 12 2nd Phase
433618572	Rahu	6:50AM – 8:38AM 12:15PM – 2:04PM	Catuspada Until 3:02AM Thu Chaturdashi* Until 3:59PM	White		Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga		Ashleela-Aadi				

Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Tilau				Frederick, MD Sun 13 Sutra 102
Retreat Star		Gulika 8:39AM – 10:27AM	Punarvasu Until 6:12AM Vajra* Until 8:55PM	Ganesh: Orange Muruga: Red Nataraja: Yellow	Sunrise: 5:02AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 13 Amavasya
444618572	Rahu	5:02AM – 6:50AM 2:04PM – 3:52PM	Kintughna Until 1:27AM Fri Amavasya* Until 2:10PM	Blue		Devaloka Day
Creative Work Amrita Yoga		Ashleela-Aadi				

Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau				Frederick, MD Sun 14 Sutra 103
Retreat Star		Gulika 6:51AM – 8:39AM	Ashlesha* Until 5:10AM Sat Siddhi Until 6:58PM	Ganesh: Orange Muruga: Red Nataraja: Yellow	Sunrise: 5:03AM Sunset: 7:29PM	Vishvasu 5:17 Moon 6 - Phase 14 - 14 Prathama
444618572	Rahu	3:52PM – 5:40PM 10:27AM – 12:15PM	Balava Until 12:27AM Sat Prathama* Until 12:51PM	Blue		Devaloka Day
Routine Work Marana Yoga Until 5:10AM Sat Then Creative Work - Amrita Yoga		Ashleela-Aadi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Sunday, August 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukitayam Frederick, MD Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Doshayam Tilau Sun 23 Sutra 112		
Wisshika Rasi: 8.16	Tithi 10	Gulika 3:47PM - 5:33PM Yama 12:15PM - 2:01PM 474628572 Rahu 5:33PM - 7:19PM	Anuradha Until 10:41PM Brahma Until 8:33PM Talila Until 2:01PM Dashami Until 1:11AM Mon	Ganesh: Clear Sunrise: 5:17AM Muruga: Blue Sunset: 7:19PM Nataraja: Yellow Moon 6 - Phase 16 - 24 Moon - Orange
Routine Work	Marana Yoga			Sivaloka Day

2 Monday, August 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indru Vasara Yukitayam Frederick, MD Jyeshtha Nakshatra Indra Yoga Vanija/Visli Karana Ekadashyam Tilau Sun 24 Sutra 113		
Wisshika Rasi: 20.22	Tithi 11	Gulika 2:01PM - 3:46PM Yama 10:29AM - 12:15PM 474628572 Rahu 6:57AM - 8:43AM	Jyeshtha Until 12:41AM Tue Indra Until 8:53PM Vanija Until 2:01PM Ekadashi Until 2:41AM Tue	Ganesh: Clear Sunrise: 5:12AM Muruga: Blue Sunset: 7:19PM Nataraja: Yellow Moon 6 - Phase 16 - 24 Moon - Orange
Family Home Evening	Siddha Yoga			Sivaloka Day
Creative Work	Until 12:41AM Tue			
Then Creative Work - Amrita Yoga				

3 Tuesday, August 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukitayam Frederick, MD Mula Nakshatra Vaidhili Yoga Bava/Balava Karana Dvadashtyam Tilau Sun 25 Sutra 114		
Dhanus Rasi: 2.38	Tithi 12	Gulika 12:15PM - 2:00PM Yama 8:44AM - 10:29AM 485628572 Rahu 3:46PM - 5:31PM	Mula Until 2:29AM Wed Vaidhili Until 8:46PM Bava Until 3:16PM Dvadashti Until 3:39AM Wed	Ganesh: Yellow Sunrise: 5:12AM Muruga: Blue Sunset: 7:17PM Nataraja: Yellow Moon 6 - Phase 16 - 25 Moon - Light Blue
Creative Work	Amrita Yoga			Sivaloka Day
				Tour Day

4 Wednesday, August 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Butha Vasara Yukitayam Frederick, MD Purvashadha Nakshatra Vishkambha Yoga Kaulava/Talila Karana Trayodshyam Tilau Sun 26 Sutra 115		
Dhanus Rasi: 15.1	Tithi 13	Gulika 10:29AM - 12:15PM Yama 6:59AM - 8:44AM 485628572 Rahu 12:15PM - 2:00PM	Purvashadha Until 3:32AM Thu Vishkambha Until 8:12PM Kaulava Until 3:55PM Trayodashi Until 4:00AM Thu	Ganesh: Yellow Sunrise: 5:13AM Muruga: Blue Sunset: 7:16PM Nataraja: Yellow Moon 6 - Phase 16 - 26 Moon - Light Blue
Creative Work	Amrita Yoga			Sivaloka Day
Until 3:32AM Thu				
Then Routine Work - Marana Yoga				

5 Thursday, August 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukitayam Frederick, MD Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau Sun 27 Sutra 116		
Dhanus Rasi: 27.59	Tithi 14	Gulika 8:44AM - 10:29AM Yama 5:14AM - 6:59AM 485628572 Rahu 2:00PM - 3:45PM	Uttarashadha Until 3:51AM Fri Priti Until 7:11PM Gara Until 3:58PM Chaturdashi Until 3:46AM Fri	Ganesh: Yellow Sunrise: 5:14AM Muruga: Blue Sunset: 7:15PM Nataraja: Yellow Moon 6 - Phase 16 - 27 Moon - Light Blue
Routine Work	Marana Yoga			Sivaloka Day

Friday, August 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukitayam Frederick, MD Sobhana Nakshatra Saubhagya Yoga Visli/Bava Karana Punimayam Tilau Sun 27 Sutra 117		
Copper Retreat Star		Gulika 7:00AM - 8:45AM Yama 3:44PM - 5:29PM 495628572 Rahu 10:30AM - 12:14PM	Shravana Until 3:57AM Sat Ayushman Until 5:41PM Visli Until 3:27PM Purnima Until 2:59AM Sat	Ganesh: Blue Sunrise: 5:15AM Muruga: Blue Sunset: 7:13PM Nataraja: Yellow Moon 6 - Phase 16 - Purnima
Makara Rasi: 11.05	Tithi 15			
Routine Work	Marana Yoga			Devaloka Day
Until 3:57AM Sat				
Then Creative Work - Siddha Yoga				

Saturday, August 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukitayam Frederick, MD Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau Sun 28 Sutra 118		
Silver Retreat Star		Gulika 5:16AM - 7:01AM Yama 1:59PM - 3:43PM 495728572 Rahu 8:45AM - 10:30AM	Dhanishtha Until 3:25AM Sun Saubhagya Until 3:47PM Balava Until 2:26PM Prathama Until 1:44AM Sun	Ganesh: Yellow Sunrise: 5:16AM Muruga: Blue Sunset: 7:12PM Nataraja: Yellow Moon 6 - Phase 16 - Prathama
Makara Rasi: 24.29	Tithi 16			
Creative Work	Siddha Yoga			Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Bhanu Vesara Yuktayam Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Talilla/Gara Karana Dvitiyayam Tilau	Frederick, MD Sutra 119
Kumbha Rasi: 8:08	Tithi 17	Gulika 3:43PM - 5:27PM Yama 12:14PM - 1:58PM Rahu 5:27PM - 7:11PM	Shatabhishak Until 2:22AM Mon Sobhana Until 1:34PM Talilla Until 12:58PM Dvitiya Until 12:06AM Mon
Creative Work Siddha Yoga Until 2:22AM Mon Then Routine Work - Marana Yoga	495728572	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon - Purple	Sunrise: 5:17AM Sunset: 7:11PM Moon 7 - Phase 17 - 1st Phase Sivaloka Day

1

Monday, August 11, 2025

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Indu Vesara Yuktayam Puravproshthapada* Nakshatra Ahiganda*/(Sakama Yoga Vanja/Visti* Karana Tritiyayam Tilau	Frederick, MD Sutra 120
Kumbha Rasi: 22:01	Tithi 18	Gulika 1:58PM - 3:42PM Yama 10:30AM - 12:14PM Rahu 7:02AM - 8:46AM	Puravproshthapada* Until 1:21AM Tue Ahiganda* Until 11:03AM Vanija Until 11:11AM Tritiya Until 10:11PM
Family Home Evening Routine Work Marana Yoga Until 1:21AM Tue Then Creative Work - Amrita Yoga	415728572	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Clear	Sunrise: 5:18AM Sunset: 7:10PM Moon 7 - Phase 17 - 1st Phase Sivaloka Day

2

Tuesday, August 12, 2025

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Mangala Vesara Yuktayam Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthyayam Tilau	Frederick, MD Sutra 121
Meena Rasi: 6:03	Tithi 19	Gulika 12:14PM - 1:57PM Yama 10:30AM - 12:14PM Rahu 3:41PM - 5:25PM	Uttaraproshtapada Until 12:00AM Wed Sukarna Until 8:21AM Bava Until 9:10AM Chaturthi* Until 8:04PM
Creative Work Amrita Yoga Until 12:00AM Wed Then Creative Work - Siddha Yoga	415728572	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Clear	Sunrise: 5:19AM Sunset: 7:09PM Moon 7 - Phase 17 - 2 1st Phase Sivaloka Day Tour Day

3

Wednesday, August 13, 2025

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Budha Vesara Yuktayam Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthyayam Tilau	Frederick, MD Sutra 122
Meena Rasi: 20:12	Tithi 20 - 21	Gulika 10:30AM - 12:14PM Yama 7:03AM - 8:47AM Rahu 12:14PM - 1:57PM	Revati Until 10:24PM Shula* Until 2:38AM Thu Kaulava Until 6:59AM Panchami Until 5:51PM
Routine Work Marana Yoga	415728572	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Clear	Sunrise: 5:20AM Sunset: 7:07PM Moon 7 - Phase 17 - 3 1st Phase Sivaloka Day

4

Thursday, August 14, 2025

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Guru Vesara Yuktayam Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamyam Tilau	Frederick, MD Sutra 123
Mesha Rasi: 4:25	Tithi 21 - 22	Gulika 8:47AM - 10:30AM Yama 5:21AM - 7:04AM Rahu 1:57PM - 3:40PM	Ashvini Until 9:03PM Ganda* Until 11:43PM Visti Until 2:27AM Fri Shashthi* Until 3:35PM
Creative Work Amrita Yoga Until 9:03PM Then Creative Work - Siddha Yoga	425728572	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon - White	Sunrise: 5:21AM Sunset: 7:06PM Moon 7 - Phase 17 - 4 1st Phase Subha Sivaloka Day

5

Friday, August 15, 2025
Retreat Star

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Sukra Vesara Yuktayam Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Tilau	Frederick, MD Sutra 124
Mesha Rasi: 18:38	Tithi 22 - 23	Gulika 7:05AM - 8:47AM Yama 3:39PM - 5:22PM Rahu 10:30AM - 12:13PM	Bharani Until 7:34PM Viddhi Until 8:50PM Balava Until 12:12AM Sat Saptami Until 1:18PM
Creative Work Siddha Yoga	426728572	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - White	Sunrise: 5:22AM Sunset: 7:05PM Moon 7 - Phase 17 - 5 Ashtami Sivaloka Day

Saturday, August 16, 2025

Retreat Star

		Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mani Vesara Yuktayam Kritika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Tilau	Frederick, MD Sutra 125
Wishabha Rasi: 2:49	Tithi 23 - 24	Gulika 5:23AM - 7:05AM Yama 1:56PM - 3:38PM Rahu 8:48AM - 10:30AM	Kritika Until 6:00PM Dhruva Until 5:58PM Tailila Until 10:01PM Ashtami* Until 11:05AM
Creative Work Amrita Yoga	426728572	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - White	Sunrise: 5:23AM Sunset: 7:03PM Moon 7 - Phase 17 - 6 Navami Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Frederick, MD on 2/11/24

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1	Sunday, August 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Uvara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashamam Titau				Frederick, MD
							Sun 7 Sutra 126
	Mithuna Rasi: 16:58	Tithi 24 – 25	Gulika 3:37PM – 5:20PM	Rohini Until 4:49PM	Ganesh: Clear	Sunrise: 5:24AM	Vishvasu 5:17
			Yama 12:13PM – 1:55PM	Vyaghata* Until 3:11PM	Muruga: Blue	Sunset: 7:02PM	Moon 7 - Phase 18 - 7
			Rahu 5:20PM – 7:02PM	Bava Until 6:01PM	Nataraja: Yellow		2nd Phase
	Creative Work	Siddha Yoga		Navami* Until 8:57AM	Moon – Yellow		Sivaloka Day

2	Monday, August 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Edashyam Titau				Frederick, MD
							Sun 8 Sutra 127
	Mithuna Rasi: 1:02	Tithi 25 – 26	Gulika 1:55PM – 3:37PM	Mrigashira Until 3:38PM	Ganesh: Clear	Sunrise: 5:24AM	Vishvasu 5:17
	Family Home Evening		Yama 10:31AM – 12:13PM	Harshana Until 12:32PM	Muruga: Blue	Sunset: 7:01PM	Moon 7 - Phase 18 - 8
			Rahu 7:06AM – 8:48AM	Bava Until 6:01PM	Nataraja: Yellow		2nd Phase
	Creative Work	Amrita Yoga		Dashami Until 6:56AM	Moon – Yellow		Sivaloka Day
	Until 3:38PM						
	Then Creative Work	Siddha Yoga					

3	Tuesday, August 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taila Karana Dvadashyam Titau				Frederick, MD
							Sun 9 Sutra 128
	Mithuna Rasi: 14:59	Tithi 27	Gulika 12:12PM – 1:54PM	Ardra Until 2:31PM	Ganesh: Clear	Sunrise: 5:25AM	Vishvasu 5:17
			Yama 8:49AM – 10:31AM	Vajra* Until 10:01AM	Muruga: Blue	Sunset: 6:59PM	Moon 7 - Phase 18 - 9
			Rahu 3:36PM – 5:18PM	Kaulava Until 4:18PM	Nataraja: Yellow		2nd Phase
	Routine Work	Marana Yoga		Dvadashi* Until 3:31AM Wed	Moon – Yellow		Sivaloka Day
	Until 2:31PM						
	Then Creative Work	Siddha Yoga					

4	Wednesday, August 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashyam Titau				Frederick, MD
							Sun 10 Sutra 129
	Mithuna Rasi: 28:47	Tithi 28	Gulika 10:31AM – 12:12PM	Punarvasu Until 1:58PM	Ganesh: Purple	Sunrise: 5:26AM	Vishvasu 5:17
			Yama 7:08AM – 8:49AM	Siddhi Until 7:44AM	Muruga: Blue	Sunset: 6:58PM	Moon 7 - Phase 18 - 10
			Rahu 12:12PM – 1:54PM	Gara Until 2:52PM	Nataraja: Yellow		2nd Phase
	Creative Work	Siddha Yoga		Trayodashi* Until 2:15AM Thu	Moon – Blue		Devaloka Day

Pradosha Vata (Fasting)

5	Thursday, August 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashyam Titau				Frederick, MD
							Sun 11 Sutra 130
	Kataka Rasi: 12:23	Tithi 29	Gulika 8:50AM – 10:31AM	Pushya Until 1:37PM	Ganesh: Purple	Sunrise: 5:27AM	Vishvasu 5:17
			Yama 5:27AM – 7:08AM	Varjyan Until 4:02AM Fri	Muruga: Blue	Sunset: 6:56PM	Moon 7 - Phase 18 - 11
			Rahu 1:53PM – 3:34PM	Vaisi Until 1:48PM	Nataraja: Yellow		2nd Phase
	Creative Work	Amrita Yoga		Chaturdashi* Until 1:25AM Fri	Moon – Blue		Devaloka Day
	Until 1:37PM						
	Then Creative Work	Siddha Yoga					

●	Friday, August 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD
							Sun 12 Sutra 131
	Retreat Star		Gulika 7:09AM – 8:50AM	Ashlesha* Until 1:34PM	Ganesh: Light Blue	Sunrise: 5:28AM	Vishvasu 5:17
	Kataka Rasi: 25:44	Tithi 30	Yama 3:33PM – 5:14PM	Parigha* Until 2:46AM Sat	Muruga: Blue	Sunset: 6:55PM	Moon 7 - Phase 18 - 12
			Rahu 10:31AM – 12:12PM	Catuspada Until 1:11PM	Nataraja: Yellow		Amavasya
	Routine Work	Marana Yoga		Amavasya* Until 1:03AM Sat	Moon – Blue		Devaloka Day

●	Saturday, August 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Paksha Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD
							Sun 13 Sutra 132
	Retreat Star		Gulika 5:29AM – 7:10AM	Magha* Until 2:21PM	Ganesh: Purple	Sunrise: 5:29AM	Vishvasu 5:17
	Simha Rasi: 8.5	Tithi 1	Yama 1:52PM – 3:32PM	Shiva Until 1:57AM Sun	Muruga: Blue	Sunset: 6:54PM	Moon 7 - Phase 18 - 13
			Rahu 8:50AM – 10:31AM	Kintughna Until 1:06PM	Nataraja: Yellow		Prathama
	Creative Work	Amrita Yoga		Prathama* Until 1:16AM Sun	Moon – Red		Devaloka Day
	Until 2:21PM						
	Then Creative Work	Siddha Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Frederick, MD Purvapahaguni/Uttaraphaguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Titau Sun 14 Sutra 133		
		Gulika 3:32PM – 5:12PM	Purvaphaguni Until 3:33PM	Ganesha: Purple Sunrise: 5:30AM Vasarasu 5:17
Simha Rasi: 21.38	Tithi 2	Yama 12:11PM – 1:51PM	Siddha Until 1:34AM Mon	Muruga: Blue Sunset: 6:52PM Moon 7 - Phase 19 - 12
Creative Work Siddha Yoga		Rahu 5:12PM – 6:52PM	Balava Until 1:37PM	Nataraja: Yellow 3rd Phase
Until 3:33PM			Dvitiya Until 2:04AM Mon	Devaloka Day
Then Creative Work - Amrita Yoga				

2 Monday, August 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Frederick, MD Uttaraphaguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Titau Sun 15 Sutra 134		
		Gulika 1:51PM – 3:31PM	Uttaraphaguni Until 5:10PM	Ganesha: Purple Sunrise: 5:31AM Vasarasu 5:17
Kanya Rasi: 4.1	Tithi 3	Yama 10:31AM – 12:11PM	Sadhya Until 1:39AM Tue	Muruga: Blue Sunset: 6:51PM Moon 7 - Phase 19 - 15
Family Home Evening		Rahu 7:11AM – 8:51AM	Talilla Until 2:42PM	Nataraja: Yellow 3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:27AM Tue	Devaloka Day

3 Tuesday, August 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Frederick, MD Kanya Rasi: 16.27 Tithi 4 Sun 16 Sutra 135		
		Gulika 12:11PM – 1:50PM	Hasta Until 7:37PM	Ganesha: Light Blue Sunrise: 5:23AM Vasarasu 5:17
		Yama 8:51AM – 10:31AM	Subha Until 2:08AM Wed	Muruga: Blue Sunset: 6:49PM Moon 7 - Phase 19 - 16
Creative Work Siddha Yoga		Rahu 3:30PM – 5:10PM	Vanija Until 4:21PM	Nataraja: Yellow 3rd Phase
			Chaturthi Until 5:19AM Wed	Devaloka Day
		Ganesha Chaturthi		

4 Wednesday, August 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Frederick, MD Kanya Rasi: 28.32 Tithi 5 Sun 17 Sutra 136		
		Gulika 10:31AM – 12:10PM	Chitra Until 10:17PM	Ganesha: Light Blue Sunrise: 5:23AM Vasarasu 5:17
		Yama 7:12AM – 8:51AM	Sukla Until 2:51AM Thu	Muruga: Blue Sunset: 6:49PM Moon 7 - Phase 19 - 17
Creative Work Siddha Yoga		Rahu 12:10PM – 1:50PM	Bava Until 6:24PM	Nataraja: White 3rd Phase
			Panchami Until 7:32AM Thu	Sivaloka Day

5 Thursday, August 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Frederick, MD Tula Rasi: 10.29 Tithi 5 – 6 Sun 18 Sutra 137		
		Gulika 8:52AM – 10:31AM	Svali Until 1:01AM Fri	Ganesha: Light Blue Sunrise: 5:24AM Vasarasu 5:17
		Yama 5:34AM – 7:13AM	Brahma Until 3:45AM Fri	Muruga: Blue Sunset: 6:46PM Moon 7 - Phase 19 - 18
Creative Work Amrita Yoga		Rahu 1:49PM – 3:28PM	Kaulava Until 8:44PM	Nataraja: White 3rd Phase
Until 1:01AM Fri			Panchami Until 7:32AM	Sivaloka Day
Then Creative Work - Siddha Yoga				

6 Friday, August 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Frederick, MD Tula Rasi: 22.22 Tithi 6 – 7 Sun 19 Sutra 138		
		Gulika 7:13AM – 8:52AM	Vishakha Until 4:08AM Sat	Ganesha: Clear Sunrise: 5:25AM Vasarasu 5:17
		Yama 3:27PM – 5:06PM	Indra Until 4:41AM Sat	Muruga: Blue Sunset: 6:43PM Moon 7 - Phase 19 - 19
Creative Work Siddha Yoga		Rahu 10:31AM – 12:10PM	Gara Until 11:09PM	Nataraja: White 3rd Phase
			Shashthi Until 9:55AM	Subha Sivaloka Day

Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Marana Vasara Yuktayam Frederick, MD Wshchika Rasi: 4.14 Tithi 7 – 8 Sun 20 Sutra 139		
		Gulika 5:35AM – 7:14AM	Anuradha Until 6:55AM Sun	Ganesha: Clear Sunrise: 5:25AM Vasarasu 5:17
		Yama 1:48PM – 3:26PM	Vaidhriti Until 5:27AM Sun	Muruga: Blue Sunset: 6:43PM Moon 7 - Phase 19 - 20
Creative Work Siddha Yoga		Rahu 8:52AM – 10:31AM	Visli Until 1:25AM Sun	Nataraja: White Ashtami
Until 6:55AM Sun			Saptami Until 12:17PM	Subha Sivaloka Day
Then Routine Work - Marana Yoga				

Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Frederick, MD Wshchika Rasi: 16.11 Tithi 8 – 9 Sun 21 Sutra 140		
		Gulika 3:25PM – 5:04PM	Anuradha Until 6:55AM	Ganesha: Clear Sunrise: 5:26AM Vasarasu 5:17
		Yama 12:09PM – 1:47PM	Vishkambha Until 5:58AM Mon	Muruga: Blue Sunset: 6:43PM Moon 7 - Phase 19 - 21
Creative Work Siddha Yoga		Rahu 5:04PM – 6:42PM	Balava Until 3:23AM Mon	Nataraja: White Navami
Routine Work Marana Yoga			Ashlami Until 2:26PM	Subha Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1	Monday, September 1, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Phili Yuga Kaulava/Taila Karana Navami/Dashamam Titau				Frederick, MD
	Wischika Rasi: 28.17	Tithi 9 – 10	Gulika Yama 5:47AM – 7:15AM	Jyeshtha* Until 9:12AM Phili Until 6:07AM Tue Taila Until 4:52AM Tue Navami* Until 4:10PM	Ganesh: Clear Muruga: Blue Nataraja: White Moon – Orange	Sunrise: 5:27AM Sunset: 6:40PM	Sun 22 Sutra 141 Vasavasu 5127 Moon 7 - Phase 20 - 22 4th Phase
Family Home Evening		578728573	Rahu				Subha Sivaloka Day
Creative Work		Siddha Yoga					

2	Tuesday, September 2, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam Mula/Purvashada* Nakshatra PhiliYuktam Yuga Gara/Vanija Karana Dashami/Ekadasham Titau				Frederick, MD
	Dhanus Rasi: 10.34	Tithi 10 – 11	Gulika Yama 5:58AM – 7:15AM	Mula* Until 11:18AM Phili Until 6:07AM Vanija Until 5:43AM Wed Dashami Until 5:21PM	Ganesh: White Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:38AM Sunset: 6:39PM	Sun 23 Sutra 142 Vasavasu 5127 Moon 7 - Phase 20 - 23 4th Phase
Creative Work		Amrita Yoga					
Then Creative Work		Siddha Yoga					
Until 11:18AM							
		Sivaloka Day					

3	Wednesday, September 3, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Buzha Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Saubhaga Yuga Vasi/Bava Karana Ekadashi/Dwadasham Titau				Frederick, MD
	Dhanus Rasi: 23.08	Tithi 11 – 12	Gulika Yama 5:58AM – 7:15AM	Purvashada* Until 12:37PM Saubhaga Until 4:52AM Thu Bava Until 5:53AM Thu Ekadashi Until 5:52PM	Ganesh: Green Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:39AM Sunset: 6:37PM	Sun 24 Sutra 143 Vasavasu 5127 Moon 7 - Phase 20 - 24 4th Phase
Creative Work		Amrita Yoga					
		Sivaloka Day					

4	Thursday, September 4, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dwadashi/Trayodashyam Titau				Frederick, MD
	Makara Rasi: 6.02	Tithi 12 – 13	Gulika Yama 5:58AM – 7:15AM	Uttarashada Until 1:06PM Sobhana Until 3:25AM Fri Kaulava Until 5:20AM Fri Dwadashi Until 5:40PM	Ganesh: White Muruga: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:40AM Sunset: 6:35PM	Sun 25 Sutra 144 Vasavasu 5127 Moon 7 - Phase 20 - 25 4th Phase
Routine Work		Marana Yoga					
Until 1:06PM							
Then Creative Work		Siddha Yoga					
		Sivaloka Day					
		<i>Pradosha Vata</i>					

5	Friday, September 5, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Makara Rasi: 19.17	Tithi 13 – 14	Gulika Yama 5:59AM – 7:15AM	Shravana Until 1:11PM Athiganda* Until 1:24AM Sat Gara Until 4:07AM Sat	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Purple	Sunrise: 5:41AM Sunset: 6:34PM	Sun 26 Sutra 145 Vasavasu 5127 Moon 7 - Phase 20 - 26 4th Phase
Routine Work		Marana Yoga					
Until 1:11PM							
Then Creative Work		Siddha Yoga					
		Chidambaram Abhishekam		Trayodashi Until 4:47PM		Subha Sivaloka Day	

6	Saturday, September 6, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manta Vasara Yuktayam Dhanishtha/Purvashodhapa* Nakshatra Sukarna Yuga Vasi/Vasi* Karana Chaturdashi/Purnimayam Titau				Frederick, MD
	Kumbha Rasi: 2.55	Tithi 14 – 15	Gulika Yama 5:59AM – 7:15AM	Dhanishtha Until 12:29PM Sukarna Until 10:55PM Vasi Until 2:18AM Sun Chaturdashi* Until 3:15PM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Purple	Sunrise: 5:42AM Sunset: 6:32PM	Sun 27 Sutra 146 Vasavasu 5127 Moon 7 - Phase 20 - 27 4th Phase
Creative Work		Siddha Yoga					
Until 12:29PM							
Then Creative Work		Amrita Yoga					
		Subha Sivaloka Day					

○	Sunday, September 7, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bhanu Shatabhishak/Purvashodhapa* Nakshatra Dhriti Yuga Bava/Balava Karana Purnima/Pra panchamam Titau				Frederick, MD
	Copper Retreat Star		Gulika Yama 5:59AM – 7:15AM	Shatabhishak Until 11:06AM Dhriti Until 8:03PM Balava Until 12:02AM Mon Purnima* Until 1:12PM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Purple	Sunrise: 5:43AM Sunset: 6:31PM	Sun 28 Sutra 147 Vasavasu 5127 Moon 7 - Phase 20 - Purnima
Kumbha Rasi: 16.53		Tithi 15 – 16					
Creative Work		Siddha Yoga					
		Grandparent's Day					
		Subha Sivaloka Day					

Monday, September 8, 2025	Silver Retreat Star		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Purvashodhapa*/Uttarashodhapa* Nakshatra Shula*/Ganda* Yuga Kaulava/Taila Karana Prathama/Dvityayam Titau				Frederick, MD
	Meena Rasi: 1.1	Tithi 16 – 17	Gulika Yama 5:59AM – 7:15AM	Purvashodhapa* Until 9:34AM Shula* Until 4:51PM Taila Until 9:25PM Prathama* Until 10:45AM	Ganesh: Yellow Muruga: Blue Nataraja: White Moon – Clear	Sunrise: 5:44AM Sunset: 6:29PM	Sun 29 Sutra 148 Vasavasu 5127 Moon 7 - Phase 20 - Prathama
Family Home Evening		519828573		Rahu		Subha Sivaloka Day	
Routine Work		Marana Yoga					
Until 9:34AM							
Then Creative Work		Siddha Yoga					

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukatayam
Uttaraprosphapada/Rovasi Nakshatra Ganda*Viddhi Yoga Gara/Vanija Karana Dvitya/Triyayam Titau

Frederick, MD Sun 1
Sutra 149

Mesha Rasi: 15.4	Tithi 17 - 18	Gulika 12:06PM - 1:41PM	Uttaraprosphapada Until 7:38AM	Ganesha: Yellow	Sunrise: 5:45AM	Vasasaasu: 5:127
		Yama 8:55AM - 10:31AM	Ganda* Until 1:28PM	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 1
		519828573 Rahu 3:17PM - 4:52PM	Vanija Until 6:36PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Dvitiya Until 8:00AM	Moon - Clear		Subha Sivaloka Day
Until 7:38AM						
Then Creative Work - Siddha Yoga						

1

Wednesday, September 10, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukatayam
Ashvini Nakshatra Viddhi/Dhruva Yoga Bava/Baleva Karana Chaturtham Titau

Frederick, MD Sun 2
Sutra 150

Mesha Rasi: 0.16	Tithi 19	Gulika 10:31AM - 12:06PM	Ashvini Until 3:26AM Thu	Ganesha: White	Sunrise: 5:45AM	Vasasaasu: 5:127
		Yama 7:20AM - 8:56AM	Viddhi Until 10:01AM	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 2
		529828573 Rahu 12:06PM - 1:41PM	Bava Until 3:42PM	Nataraja: White		1st Phase
Routine Work	Marana Yoga		Chalurthi* Until 2:15AM Thu	Moon - White		Sivaloka Day
Until 3:26AM Thu						
Then Creative Work - Siddha Yoga						

2

Thursday, September 11, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Guru Vasara Yukatayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamam Titau

Frederick, MD Sun 3
Sutra 151

Mesha Rasi: 14.53	Tithi 20	Gulika 8:56AM - 10:31AM	Bharani Until 1:26AM Fri	Ganesha: White	Sunrise: 5:46AM	Vasasaasu: 5:127
		Yama 5:46AM - 7:21AM	Dhruva Until 6:32AM	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 3
		529828573 Rahu 1:40PM - 3:15PM	Kaulava Until 12:51PM	Nataraja: White		1st Phase
Creative Work	Siddha Yoga		Panchami Until 11:27PM	Moon - White		Sivaloka Day

3

Friday, September 12, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukatayam
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham Titau

Frederick, MD Sun 4
Sutra 152

Mesha Rasi: 29.24	Tithi 21	Gulika 7:22AM - 8:56AM	Kritika Until 11:31PM	Ganesha: Blue	Sunrise: 5:47AM	Vasasaasu: 5:127
		Yama 3:14PM - 4:48PM	Harshana Until 12:01AM Sat	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 4
		521828573 Rahu 10:31AM - 12:05PM	Gara Until 10:09AM	Nataraja: White		1st Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:52PM	Moon - White		Sivaloka Day
Until 11:31PM						
Then Routine Work - Marana Yoga						

4

Saturday, September 13, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mani Vasara Yukatayam
Rohini Nakshatra Vajra* Yoga Visli*/Bava Karana Sapthamam Titau

Frederick, MD Sun 5
Sutra 153

Wishahba Rasi: 13.46	Tithi 22	Gulika 5:48AM - 7:22AM	Rohini Until 10:10PM	Ganesha: Red	Sunrise: 5:48AM	Vasasaasu: 5:127
		Yama 1:39PM - 3:13PM	Vajra* Until 9:04PM	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 5
		531828573 Rahu 8:56AM - 10:31AM	Visli Until 7:42AM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Sapthami Until 6:34PM	Moon - Yellow		Subha Sivaloka Day
Until 10:10PM						
Then Creative Work - Siddha Yoga						

5

Sunday, September 14, 2025

Retreat Star

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bharu Vasara Yukatayam
Migashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashtami/Navamam Titau

Frederick, MD Sun 6
Sutra 154

Wishahba Rasi: 27.55	Tithi 23 - 24	Gulika 3:12PM - 4:46PM	Migashira Until 9:01PM	Ganesha: Red	Sunrise: 5:49AM	Vasasaasu: 5:127
		Yama 12:04PM - 1:38PM	Siddhi Until 6:24PM	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 6
		531828573 Rahu 4:46PM - 6:19PM	Taila Until 3:48AM Mon	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:37PM	Moon - Yellow		Subha Sivaloka Day

Monday, September 15, 2025

Retreat Star

Vivasaasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukatayam
Ardra Nakshatra Vyalipata*/Varjan Yoga Gara/Vanija Karana Navami/Dashamam Titau

Frederick, MD Sun 7
Sutra 155

Mithuna Rasi: 11.5	Tithi 24 - 25	Gulika 1:37PM - 3:11PM	Ardra Until 8:08PM	Ganesha: Red	Sunrise: 5:50AM	Vasasaasu: 5:127
		Yama 10:30AM - 12:04PM	Vyalipata* Until 4:05PM	Muruga: Blue	Sunset: 6:28PM	Moon B - Phase 21 - 7
		531828573 Rahu 7:23AM - 8:57AM	Vanija Until 2:26AM Tue	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 3:03PM	Moon - Yellow		Subha Sivaloka Day
Until 8:08PM						
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Frederick, MD on 2/11/24

www.gurudeva.org/pancham

1	Tuesday, September 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vesara Yukhtayam Panarvasu Nakshatra Varjyan/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 8 Sutra 156
	Mithuna Rasi: 25.3	TITHI 25 – 26	Gulika 12:04PM – 1:37PM Yama 8:57AM – 10:30AM Rahu 3:10PM – 4:43PM	Punarvasu Untill 7:56PM Varjyan Untill 2:04PM Bava Untill 1:30AM Wed Dashami Untill 1:54PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:51AM Sunset: 6:16PM	Vasavasu 5:127 Moon 8 - Phase 22 - 9 2nd Phase
Creative Work Siddha Yoga		541828573					Sivaloka Day

2	Wednesday, September 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vesara Yukhtayam Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 9 Sutra 157
	Kalka Rasi: 8.55	TITHI 26 – 27	Gulika 10:30AM – 12:03PM Yama 7:25AM – 8:57AM Rahu 12:03PM – 1:36PM	Pushya Untill 8:02PM Parigha' Untill 12:24PM Kaulava Untill 1:00AM Thu Ekadashi' Untill 1:11PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:52AM Sunset: 6:15PM	Vasavasu 5:127 Moon 8 - Phase 22 - 9 2nd Phase
Creative Work Siddha Yoga		541828573					Sivaloka Day

3	Thursday, September 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vesara Yukhtayam Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 10 Sutra 158
	Kalka Rasi: 22.06	TITHI 27 – 28	Gulika 8:58AM – 10:30AM Yama 5:53AM – 7:25AM Rahu 1:35PM – 3:08PM	Ashlesha' Untill 8:25PM Shiva Untill 11:07AM Gara Untill 12:58AM Fri Dvadashi' Untill 12:54PM	Ganesha: Green Muruga: Blue Nataraja: White Moon - Blue	Sunrise: 5:53AM Sunset: 6:13PM	Vasavasu 5:127 Moon 8 - Phase 22 - 10 2nd Phase
Creative Work Siddha Yoga Untill 8:25PM Then Creative Work - Amrita Yoga		541828573					Sivaloka Day
<i>Pradosha Vata (Fasting)</i>							

4	Friday, September 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sukra Vesara Yukhtayam Magha' Nakshatra Siddha/Sadhya Yoga Vanja/Visti' Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 11 Sutra 159
	Simha Rasi: 5.03	TITHI 28 – 29	Gulika 7:26AM – 8:58AM Yama 3:07PM – 4:39PM Rahu 10:30AM – 12:02PM	Magha' Untill 9:34PM Siddha Untill 10:09AM Visti Untill 1:24AM Sat Trayodashi' Untill 1:06PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:54AM Sunset: 6:11PM	Vasavasu 5:127 Moon 8 - Phase 22 - 11 2nd Phase
Routine Work Marana Yoga Untill 9:34PM Then Creative Work - Siddha Yoga		551828573					Sivaloka Day

●	Saturday, September 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mania Vesara Yukhtayam Purvaphalguni Nakshatra Sadhya/Sukla Yoga Sakur/Catupadi' Karana Chaturdashy/Amavasyayam Titau				Frederick, MD Sun 12 Sutra 160
	Retreat Star		Gulika 5:55AM – 7:26AM Yama 1:34PM – 3:06PM Rahu 8:58AM – 10:30AM	Purvaphalguni Untill 11:00PM Sadhya Untill 9:34AM Catupadi Untill 2:17AM Sun Chaturdashi' Untill 1:46PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:55AM Sunset: 6:10PM	Vasavasu 5:127 Moon 8 - Phase 22 - 12 Amavasya
Creative Work Siddha Yoga Untill 11:00PM Then Routine Work - Marana Yoga		551828573	Mahalaya Amavasya (Tamil Nadu)				Sivaloka Day

●	Sunday, September 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksho Shukra Vesara Yukhtayam Uttaraphalguni Nakshatra Sadhya/Sukla Yoga Naga/Kintughna' Karana Amavasya/Prathamayam Titau				Frederick, MD Sun 13 Sutra 161
	Retreat Star		Gulika 3:05PM – 4:37PM Yama 12:02PM – 1:33PM Rahu 4:37PM – 6:08PM	Uttaraphalguni Untill 12:44AM Mon Sudha Untill 9:22AM Kintughna Untill 3:39AM Mon Amavasya' Untill 2:53PM	Ganesha: White Muruga: Blue Nataraja: White Moon - Red	Sunrise: 5:55AM Sunset: 6:08PM	Vasavasu 5:127 Moon 8 - Phase 22 - 13 Prathama
Creative Work Amrita Yoga Untill 12:44AM Mon Then Creative Work - Siddha Yoga		551828573	Navaratri Begins				Sivaloka Day

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Monday, September 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Frederick, MD Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 14 Sutra 162			
Kanya Rasi: 12.35	Tilhi 1 – 2	Gulika 1:33PM – 3:04PM	Hasla Untill 3:11AM Tue	Ganesh: Red	Sarise: 5:56AM
Family Home Evening		Yama 10:30AM – 12:01PM	Sukla Untill 9:29AM	Muruga: Blue	Samet: 6:09PM
Creative Work	Siddha Yoga	Rahu 7:28AM – 8:59AM	Balava Untill 5:25AM Tue	Nataraja: White	Moon 8 - Phase 23 - 14
			Prathama* Untill 4:28PM	Subha Sivaloka Day	3rd Phase

2 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam Frederick, MD Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Titau Sun 15 Sutra 163			
Kanya Rasi: 24.44	Tilhi 2	Gulika 12:01PM – 1:32PM	Chitra Untill 5:49AM Wed	Ganesh: Red	Sarise: 5:57AM
		Yama 8:59AM – 10:30AM	Brahma Untill 9:54AM	Muruga: Blue	Samet: 6:09PM
Creative Work	Siddha Yoga	Rahu 3:03PM – 4:34PM	Kaulava Untill 6:25PM	Nataraja: White	Moon 8 - Phase 23 - 15
			Dvitiya Untill 6:25PM	Subha Sivaloka Day	3rd Phase

3 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktayam Frederick, MD Svati Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Titau Sun 16 Sutra 164			
Tula Rasi: 6.44	Tilhi 3	Gulika 10:30AM – 12:01PM	Svati Untill 8:31AM Thu	Ganesh: Red	Sarise: 5:58AM
		Yama 7:29AM – 7:29AM	Indra Untill 10:36AM	Muruga: Blue	Samet: 6:09PM
Creative Work	Siddha Yoga	Rahu 12:01PM – 1:31PM	Tailila Untill 7:32AM	Nataraja: White	Moon 8 - Phase 23 - 16
			Tritiya Untill 8:40PM	Subha Sivaloka Day	3rd Phase

4 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Frederick, MD Svati/Vishkha Nakshatra Vaidhiti*/Vishkamba* Yoga Vanija/Visi* Karana Chaturthayam Titau Sun 17 Sutra 165			
Tula Rasi: 18.4	Tilhi 4	Gulika 9:00AM – 10:30AM	Svati Untill 8:31AM	Ganesh: Red	Sarise: 5:59AM
		Yama 5:59AM – 7:29AM	Vaidhiti* Untill 11:26AM	Muruga: Blue	Samet: 6:09PM
Creative Work	Amrita Yoga	Rahu 1:31PM – 3:01PM	Vanija Untill 9:54AM	Nataraja: White	Moon 8 - Phase 23 - 17
Untill 8:31AM			Chaturthi* Untill 11:06PM	Subha Sivaloka Day	3rd Phase
Then Creative Work - Siddha Yoga					

5 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Frederick, MD Vishkha/Anuradha Nakshatra Vishkamba*/Pihli Yoga Bava/Balava Karana Panchmayam Titau Sun 18 Sutra 166			
Wishkha Rasi: 0.31	Tilhi 5	Gulika 7:30AM – 9:00AM	Vishkha Untill 11:40AM	Ganesh: Blue	Sarise: 6:00AM
		Yama 3:00PM – 4:30PM	Vishkamba* Untill 12:21PM	Muruga: Blue	Samet: 6:09PM
Creative Work	Siddha Yoga	Rahu 10:30AM – 12:00PM	Bava Untill 12:22PM	Nataraja: White	Moon 8 - Phase 23 - 18
			Panchami Untill 1:35AM Sat	Subha Subha Sivaloka Day	3rd Phase

6 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Frederick, MD Anuradha/Jyeshtha* Nakshatra Pihli/Ayushman Yoga Kaulava/Karana Shashthayam Titau Sun 19 Sutra 167			
Wishkha Rasi: 12.23	Tilhi 6	Gulika 6:01AM – 7:31AM	Anuradha Untill 2:37PM	Ganesh: Red	Sarise: 6:01AM
		Yama 1:29PM – 2:59PM	Pihli Untill 1:16PM	Muruga: Blue	Samet: 5:59PM
Creative Work	Siddha Yoga	Rahu 9:00AM – 10:30AM	Kaulava Untill 2:48PM	Nataraja: White	Moon 8 - Phase 23 - 19
			Shashthi* Untill 3:56AM Sun	Subha Sivaloka Day	3rd Phase

Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Brahma Vasara Yuktayam Frederick, MD Retreat Star Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Sapthmayam Titau Sun 20 Sutra 168			
Wishkha Rasi: 24.18	Tilhi 7	Gulika 2:58PM – 4:27PM	Jyeshtha* Untill 5:12PM	Ganesh: Green	Sarise: 6:03AM
		Yama 11:59AM – 1:29PM	Ayushman Untill 2:00PM	Muruga: Blue	Samet: 5:57PM
Routine Work	Marana Yoga	Rahu 4:27PM – 5:57PM	Gara Untill 5:02PM	Nataraja: White	Moon 8 - Phase 23 - 20
Untill 5:12PM			Saptami Untill 6:00AM Mon	Sivaloka Day	3rd Phase
Then Creative Work - Amrita Yoga					

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Frederick, MD Retreat Star Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visi* Karana Sapthami/Ashthmayam Titau Sun 21 Sutra 169			
Dhanu Rasi: 6.2	Tilhi 7 – 8	Gulika 1:28PM – 2:57PM	Mula* Untill 7:45PM	Ganesh: Red	Sarise: 6:03AM
Family Home Evening		Yama 10:30AM – 11:59AM	Saubhagya Untill 2:28PM	Muruga: Blue	Samet: 5:59PM
Creative Work	Siddha Yoga	Rahu 7:32AM – 9:01AM	Visi Untill 6:52PM	Nataraja: White	Moon 8 - Phase 23 - 21
Untill 7:45PM			Saptami Untill 6:00AM	Subha Sivaloka Day	Ashtami
Then Routine Work - Marana Yoga		Durga Ashtami			

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam Frederick, MD Retreat Star Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamayam Titau Sun 22 Sutra 170			
Dhanu Rasi: 18.34	Tilhi 8 – 9	Gulika 11:59AM – 1:27PM	Purvashadha* Untill 9:35PM	Ganesh: Red	Sarise: 6:04AM
		Yama 9:01AM – 10:30AM	Sobhana Untill 2:32PM	Muruga: Blue	Samet: 5:59PM
Creative Work	Siddha Yoga	Rahu 2:56PM – 4:25PM	Balava Untill 8:09PM	Nataraja: White	Moon 8 - Phase 23 - 22
Untill 9:35PM			Ashlami* Untill 7:34AM	Subha Sivaloka Day	Navami
Then Routine Work - Prabharishtha Yoga		Saraswathi Puja (Tamil Nadu)			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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1		Wednesday, October 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kaula/Taila Karana Navami/Dashmyam Titau		Frederick, MD
Makara Rasi: 1.05	Tithi 9 - 10	Gulika 10:30AM - 11:58AM	Uttarashada Until 10:34PM	Ganesha: Red	Sunrise: 6:05AM	Sun 23
		Yama 7:33AM - 9:02AM	Alhiganda* Until 2:03PM	Muruga: Blue	Sunset: 5:59PM	Moon 8 - Phase 24 - 23
		Rahu 11:58AM - 1:27PM	Taila Until 8:44PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:31AM	Moon - Light Blue		Subha Sivaloka Day
Until 10:34PM				Ashvini/Purnima		
Then Creative Work - Siddha Yoga						

2		Thursday, October 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Yuga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD
Makara Rasi: 13.56	Tithi 10 - 11	Gulika 9:02AM - 10:30AM	Shravana Until 11:05PM	Ganesha: Blue	Sunrise: 6:06AM	Sun 24
		Yama 6:06AM - 7:34AM	Sukarna Until 12:59PM	Muruga: Blue	Sunset: 5:50PM	Moon 8 - Phase 24 - 24
		Rahu 1:26PM - 2:54PM	Vanija Until 8:31PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:42AM	Moon - Purple		Sivaloka Day
				Ashvini/Purnima		

3		Friday, October 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD
Makara Rasi: 27.11	Tithi 11 - 12	Gulika 7:34AM - 9:02AM	Dhanishtha Until 10:41PM	Ganesha: Blue	Sunrise: 6:07AM	Sun 25
		Yama 2:53PM - 4:21PM	Dhriti Until 11:18AM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 24 - 25
		Rahu 10:30AM - 11:58AM	Bava Until 7:30PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:05AM	Moon - Purple		Sivaloka Day
				Ashvini/Purnima		

4		Saturday, October 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Taila Karana Dvadashi/Trayodashyam Titau		Frederick, MD
Makara Rasi: 10.53	Tithi 12 - 13	Gulika 6:08AM - 7:35AM	Shatabhishak Until 9:24PM	Ganesha: Blue	Sunrise: 6:08AM	Sun 26
		Yama 1:25PM - 2:52PM	Shula* Until 8:58AM	Muruga: Blue	Sunset: 5:47PM	Moon 8 - Phase 24 - 26
		Rahu 9:03AM - 10:30AM	Taila Until 4:36AM Sun	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 6:42AM	Moon - Purple		Sivaloka Day
Until 9:24PM		Kadalswami Mahasamadi		Ashvini/Purnima		
Then Routine Work - Marana Yoga			Pradosha Vata			

5		Sunday, October 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Bhanu Vasara Yuktayam Purvashrothapada* Nakshatra Ganda*Widdhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD
Makara Rasi: 25.01	Tithi 14	Gulika 2:51PM - 4:19PM	Purvashrothapada* Until 7:47PM	Ganesha: White	Sunrise: 6:09AM	Sun 27
		Yama 11:57AM - 1:24PM	Ganda* Until 6:05AM	Muruga: Blue	Sunset: 5:46PM	Moon 8 - Phase 24 - 27
		Rahu 4:19PM - 5:46PM	Gara Until 3:21PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:56AM Mon	Moon - Clear		Sivaloka Day
Until 7:47PM		Chidambaram Abhishekam		Ashvini/Purnima		
Then Creative Work - Amrita Yoga						

○		Monday, October 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vasara Yuktayam Uttarashrothapada/Revati Nakshatra Dhruva Yuga Visi/Bava Karana Purnimayam Titau		Frederick, MD
Copper Retreat Star		Gulika 1:24PM - 2:50PM	Uttarashrothapada Until 5:33PM	Ganesha: Clear	Sunrise: 6:10AM	Sun 28
Meena Rasi: 9.33	Tithi 15	Yama 10:30AM - 11:57AM	Dhruva Until 11:02PM	Muruga: Blue	Sunset: 5:49PM	Moon 8 - Phase 24 - 28
Family Home Evening		Rahu 7:36AM - 9:03AM	Visi Until 12:26PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:49PM	Moon - Clear		Subha Sivaloka Day
				Ashvini/Purnima		

■		Tuesday, October 7, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Krishna Pakche Mangala Vasara Yuktayam Revati/Ashini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD
Silver Retreat Star		Gulika 11:57AM - 1:23PM	Revati Until 2:52PM	Ganesha: Clear	Sunrise: 6:11AM	Sun 29
Meena Rasi: 24.23	Tithi 16	Yama 9:04AM - 10:30AM	Vyaghala* Until 7:06PM	Muruga: Blue	Sunset: 5:43PM	Moon 8 - Phase 24 - 29
		Rahu 2:50PM - 4:16PM	Balava Until 9:10AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:26PM	Moon - Clear		Sivaloka Day
				Ashvini/Purnima		

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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Wednesday, October 8, 2025

Gold Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Hanbana/Vajra* Yoga Gara/Vanija Karana Dvitiya/Sritiyyam Tilau

Frederick, MD

Sun 1 Sutra 178

Mesha Rasi: 9.23 Tithi 17 - 18

Gulika 10:30AM - 11:56AM
Yama 7:38AM - 9:04AM
Rahu 11:56AM - 1:22PM

Ashvini Until 12:17PM
Harshana Until 3:05PM
Vanija Until 2:12AM Thu
Dvitiya Until 3:56PM

Ganesh: White
Muruga: Blue
Nataraja: Clear
Moon - White

Sunrise: 6:12AM
Sunset: 5:41PM

Vasavasru 5:127
Moon 9 - Phase 25 - 1
1st Phase

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1 Thursday, October 9, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam
Bharani/Kritika Nakshatra Vajra*/Siddhi* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Tilau

Frederick, MD

Sun 2 Sutra 179

Mesha Rasi: 24.25 Tithi 18 - 19

Gulika 9:04AM - 10:30AM
Yama 6:12AM - 7:38AM
Rahu 1:22PM - 2:48PM

Bharani Until 9:35AM
Vajra* Until 11:04AM
Bava Until 10:49PM
Tritiya Until 12:28PM

Ganesh: White
Muruga: Blue
Nataraja: Clear
Moon - White

Sunrise: 6:12AM
Sunset: 5:39PM

Vasavasru 5:127
Moon 9 - Phase 25 - 2
1st Phase

Creative Work Siddha Yoga
Until 9:35AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

2 Friday, October 10, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam
Kritika/Rohini Nakshatra Siddhi/Vyolipala* Yoga Balava/Kaulava Karana Chalurthi/Panchamyam Tilau

Frederick, MD

Sun 3 Sutra 180

Wishabha Rasi: 9.2 Tithi 19 - 20

Gulika 7:39AM - 9:05AM
Yama 2:47PM - 4:12PM
Rahu 10:30AM - 11:56AM

Kritika Until 6:55AM
Siddhi Until 7:13AM
Kaulava Until 7:42PM
Chalurthi* Until 9:12AM

Ganesh: White
Muruga: Blue
Nataraja: Clear
Moon - White

Sunrise: 6:13AM
Sunset: 5:38PM

Vasavasru 5:127
Moon 9 - Phase 25 - 3
1st Phase

Creative Work Siddha Yoga
Until 6:55AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

3 Saturday, October 11, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manita Vasara Yuktayam
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Sashthyam Tilau

Frederick, MD

Sun 4 Sutra 181

Wishabha Rasi: 24.01 Tithi 20 - 21

Gulika 6:14AM - 7:40AM
Yama 1:21PM - 2:46PM
Rahu 9:05AM - 10:30AM

Mrigashira Until 3:07AM Sun
Varjyan Until 12:25AM Sun
Vanija Until 3:48AM Sun
Panchami Until 6:16AM

Ganesh: Yellow
Muruga: Blue
Nataraja: Clear
Moon - Yellow

Sunrise: 6:14AM
Sunset: 5:36PM

Vasavasru 5:127
Moon 9 - Phase 25 - 4
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4 Sunday, October 12, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam
Ardra Nakshatra Parigaha* Yoga Visli*/Bava Karana Sapthamyam Tilau

Frederick, MD

Sun 5 Sutra 182

Mithuna Rasi: 8.22 Tithi 22

Gulika 2:45PM - 4:10PM
Yama 11:55AM - 1:20PM
Rahu 4:10PM - 5:35PM

Ardra Until 1:47AM Mon
Parigaha* Until 9:39PM
Visli Until 2:48PM
Sapthami Until 1:54AM Mon

Ganesh: Yellow
Muruga: Blue
Nataraja: Clear
Moon - Yellow

Sunrise: 6:15AM
Sunset: 5:35PM

Vasavasru 5:127
Moon 9 - Phase 25 - 5
1st Phase

Creative Work Siddha Yoga
Until 1:47AM Mon
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, October 13, 2025

Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Tilau

Frederick, MD

Sun 6 Sutra 183

Mithuna Rasi: 22.2 Tithi 23

Gulika 1:20PM - 2:44PM
Yama 10:30AM - 11:55AM
Rahu 7:41AM - 9:06AM

Punarvasu Until 1:21AM Tue
Shiva Until 7:23PM
Balava Until 1:12PM
Ashlami* Until 12:38AM Tue

Ganesh: Blue
Muruga: Blue
Nataraja: Clear
Moon - Blue

Sunrise: 6:16AM
Sunset: 5:33PM

Vasavasru 5:127
Moon 9 - Phase 25 - 6
Ashtami

Family Home Evening
Creative Work Amrita Yoga
Until 1:21AM Tue
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Tuesday, October 14, 2025

Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamyam Tilau

Frederick, MD

Sun 7 Sutra 184

Kataka Rasi: 5.55 Tithi 24

Gulika 11:55AM - 1:19PM
Yama 9:06AM - 10:30AM
Rahu 2:43PM - 4:08PM

Pushya Until 1:26AM Wed
Siddha Until 5:37PM
Talila Until 12:15PM
Navami* Until 12:01AM Wed

Ganesh: Blue
Muruga: Blue
Nataraja: Clear
Moon - Blue

Sunrise: 6:17AM
Sunset: 5:32PM

Vasavasru 5:127
Moon 9 - Phase 25 - 7
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Frederick, MD on 2/11/24

www.gurudeva.org/pancham

1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Budha Vasara Yuktyam Ashlesha Nakshatra Sadhya/Subha Yoga Vanja/Visti Karana Dishanyam Titau		Frederick, MD Sun 8	Sutra 185
Kataka Rasi: 19.08	Tithi 25	Gulika 10:30AM - 11:54AM	Ashlesha* Until 1:59AM Thu	Ganesha: Blue	Sunrise: 6:18AM		Vasvasu:5127
		Yama 7:42AM - 9:06AM	Sadya Until 4:23PM	Muruga: Blue	Sunset: 5:31PM	Moon 9 - Phase 26 - 8	2nd Phase
		643928574 Rahu 11:54AM - 1:19PM	Vanija Until 11:58AM	Nataraja: Clear			
Creative Work Siddha Yoga			Dashami Until 12:03AM Thu	Moon - Blue		Subha Sivaloka Day	
Until 1:59AM Thu				Ashvini-Purnima			
Then Creative Work - Amrita Yoga							

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Maso Krishna Paksho Guru Vasara Yuktyam Magha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9	Sutra 186
Simha Rasi: 2.02	Tithi 26	Gulika 9:07AM - 10:31AM	Magha* Until 3:25AM Fri	Ganesha: Red	Sunrise: 6:20AM		Vasvasu:5127
		Yama 6:20AM - 7:43AM	Subha Until 3:38PM	Muruga: Blue	Sunset: 5:29PM	Moon 9 - Phase 26 - 9	2nd Phase
		653928574 Rahu 1:18PM - 2:42PM	Bava Until 12:19PM	Nataraja: Clear			
Creative Work Amrita Yoga			Ekadashi* Until 12:40AM Fri	Moon - Red		Sivaloka Day	
Until 3:25AM Fri				Ashvini-Purnima			
Then Creative Work - Siddha Yoga							

3		Friday, October 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Sukra Vasara Yuktyam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau		Frederick, MD Sun 10	Sutra 187
Simha Rasi: 14.4	Tithi 27	Gulika 7:44AM - 9:07AM	Purvaphalguni Until 5:10AM Sat	Ganesha: Red	Sunrise: 6:21AM		Vasvasu:5127
		Yama 2:41PM - 4:04PM	Sukla Until 3:16PM	Muruga: Blue	Sunset: 5:28PM	Moon 9 - Phase 26 - 10	2nd Phase
		653928574 Rahu 10:31AM - 11:54AM	Kaulava Until 1:12PM	Nataraja: Clear			
Creative Work Siddha Yoga			Dvadashti* Until 1:49AM Sat	Moon - Red		Sivaloka Day	
Until 5:10AM Sat				Ashvini-Kijasi			
Then Routine Work - Marana Yoga							

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Marta Vasara Yuktyam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanaja Karana Trayodashyam Titau		Frederick, MD Sun 11	Sutra 188
Simha Rasi: 27.05	Tithi 28	Gulika 6:22AM - 7:45AM	Uttaraphalguni Until 7:10AM Sun	Ganesha: Red	Sunrise: 6:22AM		Vasvasu:5127
		Yama 1:17PM - 2:40PM	Brahma Until 3:17PM	Muruga: Blue	Sunset: 5:26PM	Moon 9 - Phase 26 - 11	2nd Phase
		653928574 Rahu 9:08AM - 10:31AM	Gara Until 2:34PM	Nataraja: Clear			
Routine Work Marana Yoga			Trayodashi* Until 3:23AM Sun	Moon - Red		Sivaloka Day	
Until 7:10AM Sun				Ashvini-Kijasi			
Then Creative Work - Amrita Yoga				Pradosha Vata (Fasting)			

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Shnu Vasara Yuktyam Uttaraphalguni Nakshatra Indra/Vaidhri Yoga Visti/Sakuni Karana Chaturdashyam Titau		Frederick, MD Sun 12	Sutra 189
Kanya Rasi: 9.19	Tithi 29	Gulika 2:39PM - 4:02PM	Uttaraphalguni Until 7:10AM	Ganesha: Red	Sunrise: 6:23AM		Vasvasu:5127
		Yama 11:54AM - 1:16PM	Indra Until 3:35PM	Muruga: Blue	Sunset: 5:25PM	Moon 9 - Phase 26 - 12	2nd Phase
		653928574 Rahu 4:02PM - 5:25PM	Visti Until 4:19PM	Nataraja: Clear			
Creative Work Amrita Yoga			Chaturdash* Until 5:18AM Mon	Moon - Red		Sivaloka Day	
Until 9:48AM				Ashvini-Kijasi			
Then Routine Work - Prabarishtha Yoga		Deepavali Hindu Solidarity Day					

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Indu Vasara Yuktyam Hasta/Chitra Nakshatra Vaidhri/Vishkambha Yoga Catuspada* Karana Amavasyayam Titau		Frederick, MD Sun 13	Sutra 190
Kanya Rasi: 21.25	Tithi 30	Gulika 1:16PM - 2:38PM	Hasla Until 9:48AM	Ganesha: Blue	Sunrise: 6:24AM		Vasvasu:5127
Family Home Evening		Yama 10:31AM - 11:54AM	Vaidhri* Until 4:06PM	Muruga: Blue	Sunset: 5:23PM	Moon 9 - Phase 26 - 13	Amavasya
		664928574 Rahu 7:46AM - 9:09AM	Catuspada Until 6:22PM	Nataraja: Clear			
Creative Work Siddha Yoga			Amavasya* Until 7:28AM Tue	Moon - Green		Devaloka Day	
Until 9:48AM				Ashvini-Kijasi			
Then Routine Work - Prabarishtha Yoga		Subramuniyaswami Mahasamadhi					

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Sukla Paksho Mangala Vasara Yuktyam Chitra/Sukla Nakshatra Vishkambha/Prithi Yoga Naga/Kinughna Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 14	Sutra 191
Tula Rasi: 3.25	Tithi 30 - 1	Gulika 11:53AM - 1:16PM	Chitra Until 12:31PM	Ganesha: Blue	Sunrise: 6:25AM		Vasvasu:5127
		Yama 9:09AM - 10:31AM	Vishkambha* Until 4:48PM	Muruga: Blue	Sunset: 5:22PM	Moon 9 - Phase 26 - 14	Prathama
		664928574 Rahu 2:38PM - 4:00PM	Kinughna Until 8:39PM	Nataraja: Clear			
Creative Work Siddha Yoga			Amavasya* Until 7:28AM	Moon - Green		Devaloka Day	
		Skanda Shasthi Begins		Kartika-Kijasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1		Wednesday, October 22, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Pitti/Ayushman Yoga Bava/Balava Karana Prathamadivitiyayam Titau		Frederick, MD Sun 15	Sutra 192 Vasavasa 5127
Tula Rasi: 15.2	Tithi 1 – 2	Gulika Yama Rahu	10:31AM – 11:53AM 7:48AM – 9:09AM 11:53AM – 1:15PM	Svali Until 3:14PM Priti Until 5:38PM Balava Until 11:05PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Green	Sunrise: 6:26AM Sunset: 5:29PM	Moon 9 - Phase 27 – 15 3rd Phase
Creative Work	Siddha Yoga	664138574		Prathama* Until 9:50AM	Bhuloka Day	Devaloka Time: 3PM to 6PM	

2		Thursday, October 23, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiyadivitiyayam Titau		Frederick, MD Sun 16	Sutra 193 Vasavasa 5127
Tula Rasi: 27.13	Tithi 2 – 3	Gulika Yama Rahu	9:10AM – 10:31AM 6:27AM – 7:48AM 1:15PM – 2:36PM	Vishkha Until 6:22PM Ayushman Until 6:30PM Taila Until 1:36AM Fri Dvitiya Until 12:19PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:27AM Sunset: 5:19PM	Moon 9 - Phase 27 – 16 3rd Phase
Creative Work	Siddha Yoga	674138574		Dvitiya Until 12:19PM	Bhuloka Day	Devaloka Time: 3PM to 6PM	

3		Friday, October 24, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Vishkha Nakshatra Saubhagya Yoga Gara/Vanija Karana Tritiyadivitiyayam Titau		Frederick, MD Sun 17	Sutra 194 Vasavasa 5127
Wisikha Rasi: 9.04	Tithi 3 – 4	Gulika Yama Rahu	7:49AM – 9:10AM 2:35PM – 3:57PM 10:32AM – 11:53AM	Anuradha Until 9:21PM Saubhagya Until 7:24PM Vanija Until 4:06AM Sat Tritiya Until 2:50PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:28AM Sunset: 5:18PM	Moon 9 - Phase 27 – 17 3rd Phase
Creative Work	Siddha Yoga	674138574		Tritiya Until 2:50PM	Bhuloka Day	Devaloka Time: 3PM to 6PM	

4		Saturday, October 25, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Visi/Bava Karana Chaturthidivitiyayam Titau		Frederick, MD Sun 18	Sutra 195 Vasavasa 5127
Wisikha Rasi: 20.56	Tithi 4 – 5	Gulika Yama Rahu	6:29AM – 7:50AM 2:35PM – 3:57PM 9:11AM – 10:32AM	Jyeshtha* Until 12:05AM Sun Sobhana Until 8:14PM Bava Until 6:29AM Sun Chaturthi* Until 5:17PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange	Sunrise: 6:29AM Sunset: 5:17PM	Moon 9 - Phase 27 – 18 3rd Phase
Creative Work	Siddha Yoga	674138574		Chaturthi* Until 5:17PM	Bhuloka Day	Devaloka Time: 3PM to 6PM	

5		Sunday, October 26, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Aihiganda* Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 19	Sutra 196 Vasavasa 5127
Dhanus Rasi: 2.51	Tithi 5	Gulika Yama Rahu	2:34PM – 3:55PM 11:53AM – 1:13PM 3:55PM – 5:15PM	Mula* Until 2:55AM Mon Aihiganda* Until 8:54PM Bava Until 6:29AM Panchami Until 7:33PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:30AM Sunset: 5:16PM	Moon 9 - Phase 27 – 19 3rd Phase
Creative Work	Amrita Yoga	684138574		Panchami Until 7:33PM	Devaloka Day		

6		Monday, October 27, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purnvashada* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Titau		Frederick, MD Sun 20	Sutra 197 Vasavasa 5127
Dhanus Rasi: 14.52	Tithi 6	Gulika Yama Rahu	1:13PM – 2:33PM 10:32AM – 11:53AM 7:51AM – 9:12AM	Purnvashada* Until 5:14AM Tue Sukarma Until 9:19PM Kaulava Until 8:36AM Shashthi* Until 9:29PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:31AM Sunset: 5:16PM	Moon 9 - Phase 27 – 20 3rd Phase
Family Home Evening	Marana Yoga	684138574		Shashthi* Until 9:29PM	Devaloka Day		

		Tuesday, October 28, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashada Nakshatra Dhriti Yoga Gara/Vanija Karana Sapthamyam Titau		Frederick, MD Sun 21	Sutra 198 Vasavasa 5127
Retreat Star		Gulika Yama Rahu	11:53AM – 1:13PM 9:12AM – 10:32AM 2:33PM – 3:53PM	Uttarashada Until 6:51AM Wed Dhriti Until 9:22PM Gara Until 10:17AM Sapthami Until 10:54PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:32AM Sunset: 5:15PM	Moon 9 - Phase 27 – 21 3rd Phase
Routine Work	Prabalarishya Yoga	684138574		Sapthami Until 10:54PM	Devaloka Day		

7		Wednesday, October 29, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashada Nakshatra Shula* Yoga Visi/Bava Karana Ashtamyam Titau		Frederick, MD Sun 22	Sutra 199 Vasavasa 5127
Makara Rasi: 9.28	Tithi 8	Gulika Yama Rahu	10:33AM – 11:52AM 7:53AM – 9:13AM 11:52AM – 1:12PM	Uttarashada Until 6:51AM Shula* Until 8:52PM Visi Until 11:24AM Ashlami* Until 11:39PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunrise: 6:33AM Sunset: 5:15PM	Moon 9 - Phase 27 – 22 Ashtami
Creative Work	Amrita Yoga	684138574		Ashlami* Until 11:39PM	Devaloka Day		

		Thursday, October 30, 2025		Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 23	Sutra 200 Vasavasa 5127
Retreat Star		Gulika Yama Rahu	9:13AM – 10:33AM 6:34AM – 7:54AM 1:12PM – 2:31PM	Shravana Until 8:06AM Ganda* Until 7:47PM Balava Until 11:45AM Navami* Until 11:37PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple	Sunrise: 6:34AM Sunset: 5:16PM	Moon 9 - Phase 27 – 23 Navami
Creative Work	Siddha Yoga	694138574		Navami* Until 11:37PM	Bhuloka Day	Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1 Friday, October 31, 2025		Viswasesu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Sukra Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Vidishi Yoga Talila/Gara Karana Dashantayam Tilau				Frederick, MD Sun 24	Sutra 201
Kumbha Rasi: 5.2	Tithi 10	Gulika 7:55AM – 9:14AM	Dhanishtha Untill 8:23AM	Ganesh: Purple	Sunrise: 6:25AM	Vasvasu 5:127	
		Yama 2:31PM – 3:50PM	Vidishi Untill 6:04PM	Muruga: Yellow	Sunset: 5:09PM	Moon 9 - Phase 2B - 24	
Creative Work	Siddha Yoga	Rahu 10:33AM – 11:52AM	Tailita Untill 11:18AM	Nataraja: Clear		4th Phase	
			Dashami Untill 10:44PM	Moon - Purple		Bhuloka Day	
				Kartika-Ajval		Devaloka Time: 3PM to 6PM	
2 Saturday, November 1, 2025		Viswasesu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Menta Vasara Yukhtayam Shatabhishak/Puravroshthapada/ Nakshatra Dhruva/Vyaghata/ Yoga Vanja/Visli/ Karana Ekadashyam Tilau				Frederick, MD Sun 25	Sutra 202
Kumbha Rasi: 18.55	Tithi 11	Gulika 6:37AM – 7:55AM	Shatabhishak Untill 7:42AM	Ganesh: Clear	Sunrise: 6:27AM	Vasvasu 5:127	
		Yama 1:11PM – 2:30PM	Dhruva Untill 3:39PM	Muruga: Yellow	Sunset: 5:08PM	Moon 9 - Phase 2B - 25	
Creative Work	Amrita Yoga	Rahu 9:14AM – 10:33AM	Vanija Untill 10:00AM	Nataraja: Clear		4th Phase	
Untill 7:42AM			Ekadashi Untill 9:02PM	Moon - Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Kartika-Ajval			
3 Sunday, November 2, 2025		Viswasesu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Bhana Vasara Yukhtayam Puravroshthapada/Ultravroshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashyam Tilau				Frederick, MD Sun 26	Sutra 203
Meena Rasi: 3	Tithi 12	Gulika 2:30PM – 3:48PM	Puravroshthapada Untill 6:33AM	Ganesh: Clear	Sunrise: 6:38AM	Vasvasu 5:127	
		Yama 11:52AM – 1:11PM	Vyaghata Untill 12:39PM	Muruga: Yellow	Sunset: 5:07PM	Moon 9 - Phase 2B - 26	
Creative Work	Siddha Yoga	Rahu 3:48PM – 5:07PM	Bava Untill 7:55AM	Nataraja: Clear		4th Phase	
Untill 6:33AM			Dvadashi Untill 6:36PM	Moon - Clear		Devaloka Day	
Then Routine Work - Marana Yoga				Kartika-Ajval			
4 Monday, November 3, 2025		Viswasesu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Indu Vasara Yukhtayam Revati Nakshatra Harshana/Vajra/ Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Frederick, MD Sun 27	Sutra 204
Meena Rasi: 17.32	Tithi 13 – 14	Gulika 1:11PM – 2:29PM	Revati Untill 1:55AM Tue	Ganesh: Clear	Sunrise: 6:39AM	Vasvasu 5:127	
Family Home Evening		Yama 10:34AM – 11:52AM	Harshana Untill 9:08AM	Muruga: Yellow	Sunset: 5:06PM	Moon 9 - Phase 2B - 27	
Creative Work	Siddha Yoga	Rahu 7:57AM – 9:16AM	Gara Untill 1:54AM Tue	Nataraja: Clear		4th Phase	
			Trayodashi Untill 3:34PM	Moon - Clear		Devaloka Day	
				Kartika-Ajval			
<i>Pradosha Vata</i>							
○ Tuesday, November 4, 2025		Viswasesu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Mangala Vasara Yukhtayam Ashvini Nakshatra Siddhi Yoga Vanja/Visli/ Karana Chaturdashi/Purnimayam Tilau				Frederick, MD Sun 28	Sutra 205
Copper Retreat Star		Gulika 11:52AM – 1:10PM	Ashvini Untill 11:10PM	Ganesh: Purple	Sunrise: 6:40AM	Vasvasu 5:127	
Mesha Rasi: 2.28	Tithi 14 – 15	Yama 9:16AM – 10:34AM	Siddhi Untill 12:58AM Wed	Muruga: Yellow	Sunset: 5:05PM	Moon 9 - Phase 2B - Purnima	
Creative Work	Siddha Yoga	Rahu 2:29PM – 3:47PM	Visli Untill 10:16PM	Nataraja: Clear			
			Chaturdash Untill 12:06PM	Moon - White		Sivaloka Day	
				Kartika-Ajval			
Wednesday, November 5, 2025		Viswasesu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Budha Vasara Yukhtayam Bharani Nakshatra Vyatipala/ Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Frederick, MD Sun 29	Sutra 206
Silver Retreat Star		Gulika 10:35AM – 11:52AM	Bharani Untill 8:06PM	Ganesh: Purple	Sunrise: 6:41AM	Vasvasu 5:127	
Mesha Rasi: 17.4	Tithi 15 – 16	Yama 7:59AM – 9:17AM	Vyatipala Untill 8:37PM	Muruga: Yellow	Sunset: 5:04PM	Moon 9 - Phase 2B - Prathama	
Creative Work	Siddha Yoga	Rahu 11:52AM – 1:10PM	Balava Untill 6:26PM	Nataraja: Clear			
Untill 8:06PM			Purnima Untill 8:21AM	Moon - White		Sivaloka Day	
Then Creative Work - Amrita Yoga				Kartika-Ajval			

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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Thursday, November 6, 2025
Gold Retreat Star

Wishabha Rasi: 2.58 Tithi 17
Routine Work Marana Yoga

Gulika 9:17AM - 10:35AM
Yama 6:42AM - 8:00AM
Rahu 1:10PM - 2:28PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam
Kritika/Rohini Nakshatra Varjyan/Parigha* Yoga Talila/Gara Karana Dvityayam Titau
Kritika Until 4:55PM
Varjyan Until 4:15PM
Talila Until 2:35PM
Dvitiya Until 12:42AM Fri

Ganesh: Clear Sunrise: 6:42AM
Muruga: Yellow Sunset: 5:03PM Moon 10 - Phase 29 - 1st Phase
Nataraja: Clear
Moon - White

Frederick, MD
Sutra 207
Visvasu 5127

Devaloka Day

Kartika-Ajvala

1

Friday, November 7, 2025

Wishabha Rasi: 18.11 Tithi 18
Routine Work Marana Yoga
Until 2:09PM
Then Creative Work - Siddha Yoga

Gulika 8:01AM - 9:18AM
Yama 2:27PM - 3:44PM
Rahu 10:35AM - 11:52AM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam
Mrigasira/Mrigasira Nakshatra Parigha* Shiva Yoga Vanija/Visi* Karana Trityayam Titau
Rohini Until 2:09PM
Parigha* Until 12:02PM
Vanija Until 10:54AM
Trityiya Until 9:10PM

Ganesh: Purple Sunrise: 6:43AM
Muruga: Yellow Sunset: 5:03PM Moon 10 - Phase 29 - 1st Phase
Nataraja: Clear
Moon - Yellow

Frederick, MD
Sutra 208
Visvasu 5127

Sivaloka Day

Kartika-Ajvala

2

Saturday, November 8, 2025

Mihuna Rasi: 3.11 Tithi 19
Creative Work Siddha Yoga

Gulika 6:44AM - 8:01AM
Yama 1:10PM - 2:27PM
Rahu 9:18AM - 10:35AM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam
Mrigasira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthyam Titau
Mrigasira Until 11:38AM
Shiva Until 8:07AM
Bava Until 7:33AM
Chalurthi* Until 6:02PM

Ganesh: Purple Sunrise: 6:44AM
Muruga: Yellow Sunset: 5:03PM Moon 10 - Phase 29 - 2 1st Phase
Nataraja: Clear
Moon - Yellow

Frederick, MD
Sutra 209
Visvasu 5127

Sivaloka Day

Kartika-Ajvala

3

Sunday, November 9, 2025

Mihuna Rasi: 17.49 Tithi 20 - 21
Creative Work Siddha Yoga

Gulika 2:26PM - 3:43PM
Yama 11:53AM - 1:09PM
Rahu 3:43PM - 5:00PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Talila/Gara Karana Panchami/Shashthyam Titau
Ardra Until 9:30AM
Sadhya Until 1:35AM Mon
Gara Until 2:29AM Mon
Panchami Until 3:29PM

Ganesh: Purple Sunrise: 6:45AM
Muruga: Yellow Sunset: 5:03PM Moon 10 - Phase 29 - 3 1st Phase
Nataraja: Clear
Moon - Yellow

Frederick, MD
Sutra 210
Visvasu 5127

Sivaloka Day

Kartika-Ajvala

4

Monday, November 10, 2025

Kataka Rasi: 1.59 Tithi 21 - 22
Family Home Evening
Creative Work Amrita Yoga
Until 8:18AM
Then Creative Work - Siddha Yoga

Gulika 1:09PM - 2:26PM
Yama 10:36AM - 11:53AM
Rahu 8:03AM - 9:20AM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau
Punarvasu Until 8:18AM
Subha Until 11:13PM
Visi Until 1:02AM Tue
Shashthi* Until 1:38PM

Ganesh: Clear Sunrise: 6:47AM
Muruga: Yellow Sunset: 4:59PM Moon 10 - Phase 29 - 4 1st Phase
Nataraja: Clear
Moon - Blue

Frederick, MD
Sutra 211
Visvasu 5127

Devaloka Day

Kartika-Ajvala

5

Tuesday, November 11, 2025

Retreat Star

Kataka Rasi: 15.41 Tithi 22 - 23
Creative Work Siddha Yoga

Gulika 11:53AM - 1:09PM
Yama 9:20AM - 10:37AM
Rahu 2:25PM - 3:42PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Pushya Until 7:45AM
Sukla Until 9:27PM
Balava Until 12:25AM Wed
Saptami Until 12:36PM

Ganesh: White Sunrise: 6:48AM
Muruga: Yellow Sunset: 4:59PM Moon 10 - Phase 29 - 5
Nataraja: Clear
Moon - Blue

Frederick, MD
Sutra 212
Visvasu 5127

Bhuloka Day

Devaloka Time: 3PM to 6PM

Kartika-Ajvala

Wednesday, November 12, 2025

Retreat Star

Kataka Rasi: 28.55 Tithi 23 - 24
Creative Work Siddha Yoga

Gulika 10:37AM - 11:53AM
Yama 8:05AM - 9:21AM
Rahu 11:53AM - 1:09PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam
Ashlesha*Magha* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Ashtamyam Titau
Ashlesha* Until 7:51AM
Brahma Until 8:22PM
Tailila Until 12:37AM Thu
Ashtami* Until 12:24PM

Ganesh: White Sunrise: 6:49AM
Muruga: Yellow Sunset: 4:57PM Moon 10 - Phase 29 - 6
Nataraja: Clear
Moon - Blue

Frederick, MD
Sutra 213
Visvasu 5127

Bhuloka Day

Devaloka Time: 3PM to 6PM

Kartika-Ajvala

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Frederick, MD Sun 7	Sutra 214
Simha Rasi: 11.43 Tithi 24 – 25 Creative Work - Amrita Yoga Until 9:03AM Then Creative Work - Siddha Yoga	Gulika Yama Rahu	9:22AM – 10:37AM 6:50AM – 8:06AM 1:09PM – 2:25PM	Magha* Until 9:03AM Indra Until 7:53PM Vanija Until 1:35AM Fri Navami* Until 1:00PM	Ganesh: Yellow Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 6:50AM Sunset: 4:56PM	Moon 10 - Phase 30 - 7 2nd Phase Devaloka Day

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satva Vasara Yuktayam Purvaphalguni/Ultrapahalguni Nakshatra Vaidhri* Yoga Vist/Bara Karana Dvadasami/Ekadesami	Frederick, MD Sun 8	Sutra 215
Simha Rasi: 24.12 Tithi 25 – 26 Creative Work - Siddha Yoga	Gulika Yama Rahu	8:07AM – 9:22AM 2:24PM – 3:40PM 10:38AM – 11:53AM	Purvaphalguni Until 10:47AM Vaidhri* Until 7:52PM Bava Until 3:10AM Sat Dashami Until 2:17PM	Ganesh: Yellow Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 6:51AM Sunset: 4:59PM	Moon 10 - Phase 30 - 8 2nd Phase Devaloka Day

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manu Vasara Yuktayam Ultrapahalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 9	Sutra 216
Kanya Rasi: 6.26 Tithi 26 – 27 Routine Work - Marana Yoga	Gulika Yama Rahu	6:52AM – 8:07AM 1:09PM – 2:24PM 9:23AM – 10:38AM	Ultrapahalguni Until 12:53PM Vishkamba* Until 8:15PM Kaulava Until 5:13AM Sun Ekadashi* Until 4:08PM	Ganesh: Yellow Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 6:52AM Sunset: 4:59PM	Moon 10 - Phase 30 - 9 2nd Phase Devaloka Day

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Talila Karana Dvadashyam Titau	Frederick, MD Sun 10	Sutra 217
Kanya Rasi: 18.29 Tithi 27 Creative Work - Amrita Yoga Until 3:42PM Then Creative Work - Siddha Yoga	Gulika Yama Rahu	2:24PM – 3:39PM 1:09PM – 1:09PM 3:39PM – 4:54PM	Hasta Until 3:42PM Pili Until 8:54PM Talila Until 6:20PM Dvadashi* Until 6:20PM	Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon - Green	Sunrise: 6:53AM Sunset: 4:56PM	Moon 10 - Phase 30 - 10 2nd Phase Sivaloka Day

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Indra Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau	Frederick, MD Sun 11	Sutra 218
Tula Rasi: 0.26 Tithi 28 Family Home Evening Routine Work - Prabalarishta Yoga Until 6:34PM Then Creative Work - Amrita Yoga	Gulika Yama Rahu	1:09PM – 2:23PM 10:39AM – 11:54AM 8:09AM – 9:24AM	Chitra Until 6:34PM Ayushman Until 9:40PM Gara Until 7:33AM Trayodashi* Until 8:46PM	Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon - Green	Sunrise: 6:54AM Sunset: 4:59PM	Moon 10 - Phase 30 - 11 2nd Phase Sivaloka Day

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vist/Sakuni* Karana Chaturdashyam Titau	Frederick, MD Sun 12	Sutra 219
Tula Rasi: 12.19 Tithi 29 Creative Work - Siddha Yoga Until 9:21PM Then Routine Work - Marana Yoga	Gulika Yama Rahu	11:54AM – 1:09PM 9:25AM – 10:39AM 2:23PM – 3:38PM	Svati Until 9:21PM Saubhagya Until 10:31PM Visti Until 10:02AM Chaturdashy* Until 11:17PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Green	Sunrise: 6:56AM Sunset: 4:59PM	Moon 10 - Phase 30 - 12 2nd Phase Devaloka Day

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Niaga* Karana Amavasyayam Titau	Frederick, MD Sun 13	Sutra 220
Tula Rasi: 24.11 Tithi 30 Creative Work - Siddha Yoga	Gulika Yama Rahu	10:40AM – 11:54AM 8:11AM – 9:25AM 11:54AM – 1:09PM	Vishakha Until 12:29AM Thu Sobhana Until 11:24PM Caluspada Until 12:34PM Amavasya* Until 1:48AM Thu	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 6:57AM Sunset: 4:59PM	Moon 10 - Phase 30 - 13 Amavasya Devaloka Day

Thursday, November 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Sula Paksha Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna* Bava Karana Prathamayam Titau	Frederick, MD Sun 14	Sutra 221
Vishcha Rasi: 6.03 Tithi 1 Creative Work - Siddha Yoga Until 3:24AM Fri Then Routine Work - Marana Yoga	Gulika Yama Rahu	9:26AM – 10:40AM 6:58AM – 8:12AM 1:09PM – 2:23PM	Anuradha Until 3:24AM Fri Athiganda* Until 12:12AM Fri Kintughna Until 3:05PM Prathama* Until 4:17AM Fri	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 6:58AM Sunset: 4:59PM	Moon 10 - Phase 30 - 14 Prathama Devaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktiyam Frederick, MD Jyeshtha' Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 222			
Wischika Rasi: 17.56	Tithi 2	Gulika 8:13AM - 9:27AM Yama 2:23PM - 3:37PM 787238575 Rahu 10:41AM - 11:55AM	Jyeshtha' Until 6:04AM Sat Sukarma Until 12:57AM Sat Balava Until 5:30PM Dvitiya Until 6:39AM Sat	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 6:59AM Sunset: 4:51PM Moon 10 - Phase 31-17 3rd Phase
Routine Work Marana Yoga Until 6:04AM Sat Then Creative Work - Siddha Yoga		Devaloka Day #Wagoneer-Kartika			
2 Saturday, November 22, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantla Vasara Yuktiyam Frederick, MD Jyeshtha' Mula' Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 223			
Wischika Rasi: 29.52	Tithi 2 - 3	Gulika 7:00AM - 8:14AM Yama 1:09PM - 2:22PM 787238575 Rahu 9:27AM - 10:41AM	Jyeshtha' Until 6:04AM Dhriti Until 1:36AM Sun Talita Until 7:49PM Dvitiya Until 6:39AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Orange	Sunrise: 7:00AM Sunset: 4:50PM Moon 10 - Phase 31-16 3rd Phase
Creative Work Siddha Yoga		Devaloka Day #Wagoneer-Kartika			
3 Sunday, November 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktiyam Frederick, MD Mula'Purvashada' Nakshatra Shula' Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 224			
Dhanus Rasi: 11.52	Tithi 3 - 4	Gulika 2:22PM - 3:36PM Yama 1:09PM - 2:22PM 787238575 Rahu 3:36PM - 4:49PM	Mula' Until 8:55AM Shula' Until 2:04AM Mon Vanija Until 9:55PM Tritiya Until 8:52AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:01AM Sunset: 4:50PM Moon 10 - Phase 31-17 3rd Phase
Creative Work Amrita Yoga Until 8:55AM Then Creative Work - Siddha Yoga		Devaloka Day #Wagoneer-Kartika			
4 Monday, November 24, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktiyam Frederick, MD Purvashada'Uttarashada' Nakshatra Ganda' Yoga Vasi' Bava Karana Chaturthi/Panchayam Titau Sun 18 Sutra 225			
Dhanus Rasi: 23.56	Tithi 4 - 5	Gulika 1:09PM - 2:22PM Yama 11:55AM - 1:09PM 787238575 Rahu 8:15AM - 9:29AM	Purvashada' Until 11:21AM Ganda' Until 2:18AM Tue Bava Until 11:44PM Chaturthi' Until 10:51AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:02AM Sunset: 4:49PM Moon 10 - Phase 31-18 3rd Phase
Routine Work Marana Yoga		Devaloka Day #Wagoneer-Kartika			
5 Tuesday, November 25, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktiyam Frederick, MD Uttarashada'Shravana Nakshatra Vidha' Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau Sun 19 Sutra 226			
Makara Rasi: 6.1	Tithi 5 - 6	Gulika 11:56AM - 1:09PM Yama 9:29AM - 10:43AM 788238575 Rahu 2:22PM - 3:35PM	Uttarashada Until 1:18PM Vidhhi Until 2:14AM Wed Kaulava Until 1:07AM Wed Panchami Until 12:28PM	Ganesh: Red Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:03AM Sunset: 4:48PM Moon 10 - Phase 31-19 3rd Phase
Routine Work Prabalarishta Yoga Until 1:18PM Then Creative Work - Siddha Yoga		Sivaloka Day #Wagoneer-Kartika			
6 Wednesday, November 26, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktiyam Frederick, MD Shravana'Dhanishta Nakshatra Dhruva' Yoga Talita/Gara Karana Shashthi/Saptayam Titau Sun 20 Sutra 227			
Makara Rasi: 18.34	Tithi 6 - 7	Gulika 10:43AM - 11:56AM Yama 8:17AM - 9:30AM 798238575 Rahu 11:56AM - 1:09PM	Shravana Until 3:05PM Dhruva Until 1:41AM Thu Gara Until 1:56AM Thu Shashthi' Until 1:35PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:04AM Sunset: 4:48PM Moon 10 - Phase 31-20 3rd Phase
Creative Work Siddha Yoga Until 3:05PM Then Routine Work - Prabalarishta Yoga		Subha Sivaloka Day #Wagoneer-Kartika			
Thursday, November 27, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktiyam Frederick, MD Dhanishta'Shatabhishak Nakshatra Vyaghat' Yoga Vanija/Visi' Karana Saptami/Ashthayam Titau Sun 21 Sutra 228			
Retreat Star		Gulika 9:31AM - 10:44AM Yama 7:05AM - 8:18AM 798238575 Rahu 1:09PM - 2:22PM	Dhanishta Until 4:05PM Vyaghat' Until 12:38AM Fri Visi Until 2:04AM Fri Saptami Until 2:05PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:05AM Sunset: 4:48PM Moon 10 - Phase 31-21 Ashtami
Kumbha Rasi: 1.14 Tithi 7 - 8 Creative Work Siddha Yoga		Subha Sivaloka Day #Wagoneer-Kartika			
Friday, November 28, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktiyam Frederick, MD Shatabhishak/Purvashodhigada' Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navayam Titau Sun 22 Sutra 229			
Retreat Star		Gulika 8:19AM - 9:32AM Yama 2:22PM - 3:35PM 798238575 Rahu 10:44AM - 11:57AM	Shatabhishak Until 4:13PM Harshana Until 10:59PM Balava Until 1:25AM Sat Ashlami' Until 1:49PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:06AM Sunset: 4:47PM Moon 10 - Phase 31-22 Navami
Kumbha Rasi: 14.14 Tithi 8 - 9 Creative Work Siddha Yoga		Subha Sivaloka Day #Wagoneer-Kartika			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1 Saturday, November 29, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Manta Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra Yoga Kaulava/Taila Karana Navami/Dashmyam Tilau				Frederick, MD Sun 23
Kumbha Rasi: 27.4	Tithi 9 – 10	Gulika 7:07AM – 8:20AM	Puravproshthapada* Until 3:53PM	Ganesh: Purple	Sunrise: 7:07AM	Vasavasu 5127
		Yama 1:10PM – 2:22PM	Vajra* Until 8:42PM	Muruga: Yellow	Sunset: 4:47PM	Moon 10 - Phase 32 - 23
Routine Work	Marana Yoga	Rahu 9:32AM – 10:45AM	Taila Until 11:59PM	Nataraja: Purple		4th Phase
Until 3:53PM			Navami* Until 12:47PM	Moon – Clear		Subha Sivaloka Day
Then Creative Work	Siddha Yoga			Margavasi-Kartika		

2 Sunday, November 30, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddhi/Vyjalpata* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Tilau				Frederick, MD Sun 24
Mesha Rasi: 11.32	Tithi 10 – 11	Gulika 2:22PM – 3:34PM	Uttarproshthapada Until 2:39PM	Ganesh: Purple	Sunrise: 7:08AM	Vasavasu 5127
		Yama 11:58AM – 1:10PM	Siddhi Until 5:49PM	Muruga: Yellow	Sunset: 4:47PM	Moon 10 - Phase 32 - 23
Routine Work	Marana Yoga	Rahu 3:34PM – 4:47PM	Vanija Until 9:49PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 10:58AM	Moon – Clear		Subha Sivaloka Day
		Gita Jayanthi		Margavasi-Kartika		

3 Monday, December 1, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyajpata* Varyan Yoga Vesi/Bava Karana Ekadashi/Dwadashmyam Tilau				Frederick, MD Sun 25
Mesha Rasi: 25.53	Tithi 11 – 12	Gulika 1:10PM – 2:22PM	Revati Until 12:36PM	Ganesh: Clear	Sunrise: 7:09AM	Vasavasu 5127
Family Home Evening		Yama 10:46AM – 11:58AM	Vyjalpata* Until 2:25PM	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 32 - 25
Routine Work	Siddha Yoga	Rahu 8:21AM – 9:34AM	Bava Until 7:00PM	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 8:28AM	Moon – Clear		Sivaloka Day
				Margavasi-Kartika		

4 Tuesday, December 2, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigaha* Yoga Kaulava/Taila Karana Trayodashmyam Tilau				Frederick, MD Sun 26
Mesha Rasi: 10.39	Tithi 13	Gulika 11:58AM – 1:10PM	Ashvini Until 10:17AM	Ganesh: White	Sunrise: 7:10AM	Vasavasu 5127
		Yama 9:34AM – 10:46AM	Varyan Until 10:34AM	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 32 - 26
Routine Work	Siddha Yoga	Rahu 2:22PM – 3:34PM	Kaulava Until 3:42PM	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 1:53AM Wed	Moon – White		Devaloka Day
				Margavasi-Kartika		Tour Day
				Pradosha Vata		

5 Wednesday, December 3, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Budha Vasara Yuktayam Bharani/Kritika Nakshatra Parigaha*/Shiva Yoga Gara/Vanija Karana Chaturdshmyam Tilau				Frederick, MD Sun 27
Mesha Rasi: 25.44	Tithi 14	Gulika 10:47AM – 11:59AM	Bharani Until 7:27AM	Ganesh: White	Sunrise: 7:11AM	Vasavasu 5127
		Yama 8:23AM – 9:35AM	Parigaha* Until 6:24AM	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 32 - 27
Routine Work	Siddha Yoga	Rahu 11:59AM – 1:11PM	Gara Until 12:02PM	Nataraja: Purple		4th Phase
Until 7:27AM			Chaturdashi* Until 10:07PM	Moon – White		Devaloka Day
Then Creative Work	Amrita Yoga	Kritika Deepam		Margavasi-Kartika		

Thursday, December 4, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakti Paksha Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vesi/Bava Karana Purnimayam Tilau				Frederick, MD Sun 28
Copper Retreat Star		Gulika 9:36AM – 10:47AM	Rohini Until 1:19AM Fri	Ganesh: Yellow	Sunrise: 7:12AM	Vasavasu 5127
Wishabha Rasi: 11.01	Tithi 15	Yama 7:12AM – 8:24AM	Siddha Until 9:39PM	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 32 - Purnima
Routine Work	Marana Yoga	Rahu 1:11PM – 2:23PM	Vesi Until 8:13AM	Nataraja: Purple		
Until 1:19AM Fri			Purnima* Until 6:16PM	Moon – Yellow		Sivaloka Day
Then Creative Work	Siddha Yoga			Margavasi-Kartika		

Friday, December 5, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktayam Migashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dvaythyam Tilau				Frederick, MD Sun 29
Silver Retreat Star		Gulika 8:25AM – 9:36AM	Mrigashira Until 10:23PM	Ganesh: Yellow	Sunrise: 7:13AM	Vasavasu 5127
Wishabha Rasi: 26.18	Tithi 16 – 17	Yama 2:23PM – 3:34PM	Sadya Until 5:22PM	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 32 - Prathama
Routine Work	Siddha Yoga	Rahu 10:48AM – 11:59AM	Taila Until 12:45AM Sat	Nataraja: Purple		
Creative Work			Prathama* Until 2:31PM	Moon – Yellow		Sivaloka Day
				Margavasi-Kartika		
				Vinayaga Viratam Begins		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam

Frederick, MD

Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tilayam Titau

Sun 1

Sutra 237

Mithuna Rasi: 11:25 Tithi 17 - 18

Gulika

7:14AM - 8:26AM

Ardra Until 7:41PM

Ganesha: Yellow

Sunrise: 7:14AM

Viswasa 5127

Yama

1:11PM - 2:23PM

Subha Until 1:21PM

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 1

Creative Work Siddha Yoga

749238575

Rahu

9:37AM - 10:48AM

Nataraja: Purple

Moon - Yellow

1st Phase

Dvitiya Until 11:03AM

Wargeseva/Kartika

Sivaloka Day

1 Sunday, December 7, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhara Vasara Yuktyam

Frederick, MD

Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Visi/Basa Karana Tritiya/Chatuर्थam Titau

Sun 2

Sutra 238

Mithuna Rasi: 26:13 Tithi 18 - 19

Gulika

2:23PM - 3:34PM

Punarvasu Until 5:46PM

Ganesha: Blue

Sunrise: 7:15AM

Viswasa 5127

Yama

12:00PM - 1:12PM

Sukla Until 9:41AM

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 2

Creative Work Siddha Yoga

749238575

Rahu

3:34PM - 4:46PM

Nataraja: Purple

Moon - Blue

1st Phase

Tritiya Until 8:01AM

Wargeseva/Kartika

Devaloka Day

2 Monday, December 8, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam

Frederick, MD

Pushya/Ashlesha Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Panchamiam Titau

Sun 3

Sutra 239

Kataka Rasi: 10:35 Tithi 20

Gulika

1:12PM - 2:23PM

Pushya Until 4:24PM

Ganesha: Blue

Sunrise: 7:16AM

Viswasa 5127

Yama

10:50AM - 12:01PM

Brahma Until 6:33AM

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 3

Family Home Evening

749238575

Rahu

8:27AM - 9:38AM

Nataraja: Purple

Moon - Blue

1st Phase

Kaulava Until 4:43PM

Wargeseva/Kartika

Devaloka Day

Creative Work Siddha Yoga

Panchami Until 4:00AM Tue

3 Tuesday, December 9, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam

Frederick, MD

Ashlesha/Magha Nakshatra Vaidhriti Yoga Gara/Vanija Karana Shashthiam Titau

Sun 4

Sutra 240

Kataka Rasi: 24:27 Tithi 21

Gulika

12:01PM - 1:12PM

Ashlesha Until 3:42PM

Ganesha: White

Sunrise: 7:17AM

Viswasa 5127

Yama

9:39AM - 10:50AM

Vaidhriti Until 2:12AM Wed

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 4

Creative Work Siddha Yoga

741238575

Rahu

2:24PM - 3:35PM

Nataraja: Purple

Moon - Blue

1st Phase

Gara Until 3:32PM

Wargeseva/Kartika

Devaloka Day

Tour Day

Shashthi Until 3:15AM Wed

4 Wednesday, December 10, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam

Frederick, MD

Magha/Vishkambha Nakshatra Vishkambha Yoga Visi/Bava Karana Sapthamiam Titau

Sun 5

Sutra 241

Simha Rasi: 7:48 Tithi 22

Gulika

10:51AM - 12:02PM

Magha Until 4:10PM

Ganesha: Clear

Sunrise: 7:18AM

Viswasa 5127

Yama

8:29AM - 9:40AM

Vishkambha Until 1:05AM Thu

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 5

Creative Work Siddha Yoga

751238575

Rahu

12:02PM - 1:13PM

Nataraja: Purple

Moon - Red

1st Phase

Visi Until 3:14PM

Wargeseva/Kartika

Sivaloka Day

Until 4:10PM

Saptami Until 3:24AM Thu

Then Creative Work - Amrita Yoga

Thursday, December 11, 2025**Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Gura Vasara Yuktyam

Frederick, MD

Purvaphalguni/Uttaraphalguni Nakshatra Prithi Yoga Balava/Kaulava Karana Ashtamiam Titau

Sun 6

Sutra 242

Simha Rasi: 20:41 Tithi 23

Gulika

9:40AM - 10:51AM

Purvaphalguni Until 5:22PM

Ganesha: Purple

Sunrise: 7:18AM

Viswasa 5127

Yama

7:18AM - 8:29AM

Prithi Until 12:39AM Fri

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 6

Creative Work Siddha Yoga

751338575

Rahu

1:13PM - 2:24PM

Nataraja: Purple

Moon - Red

1st Phase

Balava Until 3:50PM

Wargeseva/Kartika

Subha Sivaloka Day

Ashlami Until 4:25AM Fri

Friday, December 12, 2025**Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam

Frederick, MD

Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamiam Titau

Sun 7

Sutra 243

Kanya Rasi: 3:11 Tithi 24

Gulika

8:30AM - 9:41AM

Uttaraphalguni Until 7:08PM

Ganesha: Purple

Sunrise: 7:19AM

Viswasa 5127

Yama

2:24PM - 3:35PM

Ayushman Until 12:44AM Sat

Muruga: Yellow

Sunset: 4:46PM

Moon 11 - Phase 33 - 7

Creative Work Siddha Yoga

751338575

Rahu

10:52AM - 12:03PM

Nataraja: Purple

Moon - Red

1st Phase

Taila Until 5:13PM

Wargeseva/Kartika

Subha Sivaloka Day

Navami Until 6:08AM Sat

Until 7:08PM

Then Creative Work - Amrita Yoga

Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Saturday, December 13, 2025		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Mania Vasara Yuktayam Frederick, MD Hasta Nakshatra Saubhagya Yoga Gara/Vanja Karana Navami/Dashamam Titau Sun 8 Sutra 244			
Kanya Rasi: 15.24	Tithi 24 – 25	Gulika 7:20AM – 8:31AM	Hasta Until 9:49PM	Ganesh: Clear Sunrise: 7:20AM	Vasavasu 5:27
		Yama 1:14PM – 2:25PM	Saubhagya Until 1:15AM Sun	Muruga: Yellow Sunset: 4:46PM	Moon 11 - Phase 34 - 8 2nd Phase
		Rahu 9:41AM – 10:52AM	Vanija Until 7:14PM	Nataraja: Purple Moon – Green	
Routine Work Marana Yoga		Navami* Until 6:08AM		Sivaloka Day	
Waganesa*Markali					

2 Sunday, December 14, 2025		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Bhanu Vasara Yuktayam Frederick, MD Hasta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadasyam Titau Sun 9 Sutra 245			
Kanya Rasi: 27.24	Tithi 25 – 26	Gulika 2:25PM – 3:36PM	Chitra Until 12:40AM Mon	Ganesh: Clear Sunrise: 7:21AM	Vasavasu 5:27
		Yama 12:04PM – 1:14PM	Sobhana Until 2:02AM Mon	Muruga: Yellow Sunset: 4:47PM	Moon 11 - Phase 34 - 9 2nd Phase
		Rahu 3:36PM – 4:47PM	Bava Until 9:38PM	Nataraja: Purple Moon – Green	
Creative Work Siddha Yoga		Dashami Until 8:23AM		Sivaloka Day	
Then Creative Work - Amrita Yoga		Waganesa*Markali			

3 Monday, December 15, 2025		Vivavasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Indu Vasara Yuktayam Frederick, MD Sukra Nakshatra Ahigandha* Yoga Balava/Kaulava Karana Ekadashi/Dvadasyam Titau Sun 10 Sutra 246			
Tula Rasi: 9.17	Tithi 26 – 27	Gulika 1:15PM – 2:25PM	Svali Until 3:31AM Tue	Ganesh: Clear Sunrise: 7:21AM	Vasavasu 5:27
Family Home Evening		Yama 10:53AM – 12:04PM	Ahigandha* Until 2:54AM Tue	Muruga: Yellow Sunset: 4:47PM	Moon 11 - Phase 34 - 10 2nd Phase
		Rahu 8:32AM – 9:43AM	Kaulava Until 12:13AM Tue	Nataraja: Purple Moon – Green	
Creative Work Amrita Yoga		Ekadashi* Until 10:54AM		Sivaloka Day	
Then Routine Work - Marana Yoga		Waganesa*Markali			
Markali Pillayar					

4 Tuesday, December 16, 2025		Vivavasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Mangala Vasara Yuktayam Frederick, MD Sukra Nakshatra Sukama Yoga Talila/Gara Karana Dvadashti/Trajodashtyam Titau Sun 11 Sutra 247			
Tula Rasi: 21.08	Tithi 27 – 28	Gulika 12:05PM – 1:15PM	Vishakha Until 6:42AM Wed	Ganesh: Clear Sunrise: 7:20AM	Vasavasu 5:27
		Yama 9:43AM – 10:54AM	Sukama Until 3:46AM Wed	Muruga: Yellow Sunset: 4:47PM	Moon 11 - Phase 34 - 11 2nd Phase
		Rahu 2:26PM – 3:37PM	Gara Until 2:49AM Wed	Nataraja: Purple Moon – Orange	
Routine Work Marana Yoga		Dvadashti* Until 1:30PM		Sivaloka Day	
Then Creative Work - Siddha Yoga		Waganesa*Markali			
Pradosha Vata (Fasting)					

5 Wednesday, December 17, 2025		Vivavasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Butha Vasara Yuktayam Frederick, MD Vishakha/Anuradha Nakshatra Dhriti Yoga Vanja/Visi* Karana Trayodashtyam Titau Sun 12 Sutra 248			
Wischika Rasi: 2.59	Tithi 28 – 29	Gulika 10:54AM – 12:05PM	Vishakha Until 6:42AM	Ganesh: Clear Sunrise: 7:23AM	Vasavasu 5:27
		Yama 8:33AM – 9:44AM	Dhriti Until 4:35AM Thu	Muruga: Yellow Sunset: 4:48PM	Moon 11 - Phase 34 - 12 2nd Phase
		Rahu 12:05PM – 1:16PM	Visi Until 5:19AM Thu	Nataraja: Purple Moon – Orange	
Creative Work Siddha Yoga		Trayodashi* Until 4:04PM		Sivaloka Day	
Waganesa*Markali					

6 Thursday, December 18, 2025		Vivavasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Guru Vasara Yuktayam Frederick, MD Anuradha/Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Chaturdashtyam Titau Sun 13 Sutra 249			
Wischika Rasi: 14.52	Tithi 29	Gulika 9:44AM – 10:55AM	Anuradha Until 9:35AM	Ganesh: Clear Sunrise: 7:23AM	Vasavasu 5:27
		Yama 7:23AM – 8:34AM	Shula* Until 5:13AM Fri	Muruga: Yellow Sunset: 4:48PM	Moon 11 - Phase 34 - 13 2nd Phase
		Rahu 1:16PM – 2:27PM	Sakuni Until 6:28PM	Nataraja: Purple Moon – Orange	
Creative Work Siddha Yoga		Chaturdashi* Until 6:28PM		Sivaloka Day	
Then Routine Work - Prabarishtha Yoga		Waganesa*Markali			

Friday, December 19, 2025		Vivavasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Sukra Vasara Yuktayam Frederick, MD Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 250			
Retreat Star		Gulika 8:34AM – 9:45AM	Jyeshtha* Until 12:08PM	Ganesh: Purple Sunrise: 7:24AM	Vasavasu 5:27
Wischika Rasi: 26.5	Tithi 30	Yama 2:27PM – 3:38PM	Ganda* Until 5:43AM Sat	Muruga: Yellow Sunset: 4:48PM	Moon 11 - Phase 34 - 14 Amavasya
		Rahu 10:56AM – 12:06PM	Catuspada Until 7:37AM	Nataraja: Purple Moon – Orange	
Routine Work Marana Yoga		Amavasya* Until 8:41PM		Devaloka Day	
Then Creative Work - Amrita Yoga		Waganesa*Markali			
Hanumath Jayanthi (Tamil Nadu)					

Saturday, December 20, 2025		Vivavasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho: Mania Vasara Yuktayam Frederick, MD Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 251			
Retreat Star		Gulika 7:24AM – 8:35AM	Mula* Until 2:48PM	Ganesh: Light Blue Sunrise: 7:24AM	Vasavasu 5:27
Dhanus Rasi: 8.53	Tithi 1	Yama 1:17PM – 2:28PM	Widdhi Until 6:02AM Sun	Muruga: Yellow Sunset: 4:49PM	Moon 11 - Phase 34 - 15 Prathama
		Rahu 9:46AM – 10:56AM	Kintughna Until 9:43AM	Nataraja: Purple Moon – Light Blue	
Creative Work Siddha Yoga		Prathama* Until 10:38PM		Devaloka Day	
Prathama*Markali					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsare Dakshinye Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Vesara Yuktayam Purvashada/Uttarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Tilau				Frederick, MD
Dhanus Rasi: 21.02	Tilthi 2	Gulika 2:28PM – 3:39PM	Purvashada* Untill 5:02PM	Ganesh: Light Blue	Sunrise: 7:25AM	Sun 16 Sutra 252
		Yama 12:07PM – 1:18PM	Vridhi Untill 6:02AM	Muruga: Yellow	Sunset: 4:49PM	Vasava: 5:17
Creative Work Siddha Yoga		Rahu 3:39PM – 4:49PM	Balava Untill 11:32AM	Nataraja: Purple		Moon 11 - Phase 35 - 12 3rd Phase
Untill 5:02PM		Day 1 of Pancha Ganapati	Dvitiya Untill 12:19AM Mon	Pancha/Bhakti		Devaloka Day
Then Creative Work - Amrita Yoga						

2 Monday, December 22, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Indu Vasara Yuktayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Tilau				Frederick, MD
Makara Rasi: 3.17	Tilthi 3	Gulika 1:18PM – 2:29PM	Uttarashada Untill 6:50PM	Ganesh: Light Blue	Sunrise: 7:25AM	Sun 17 Sutra 253
Family Home Evening		Yama 10:57AM – 12:08PM	Dhruva Untill 6:07AM	Muruga: Yellow	Sunset: 4:50PM	Vasava: 5:17
Routine Work Marana Yoga		Rahu 8:36AM – 9:47AM	Talilla Untill 1:04PM	Nataraja: Purple		Moon 11 - Phase 35 - 12 3rd Phase
Untill 6:50PM		Day 2 of Pancha Ganapati	Tritiya Untill 1:42AM Tue	Pancha/Bhakti		Devaloka Day
Then Creative Work - Amrita Yoga						

3 Tuesday, December 23, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Shravana Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthiyam Tilau				Frederick, MD
Makara Rasi: 15.41	Tilthi 4	Gulika 12:08PM – 1:19PM	Shravana Untill 8:37PM	Ganesh: Purple	Sunrise: 7:26AM	Sun 18 Sutra 254
		Yama 9:47AM – 10:58AM	Harshana Untill 5:32AM Wed	Muruga: Yellow	Sunset: 4:50PM	Vasava: 5:17
Creative Work Siddha Yoga		Rahu 2:29PM – 3:40PM	Vanija Untill 2:16PM	Nataraja: Purple		Moon 11 - Phase 35 - 12 3rd Phase
Untill 9:49PM		Day 3 of Pancha Ganapati	Chaturthi* Untill 2:42AM Wed	Pancha/Bhakti		Devaloka Day
Then Creative Work - Amrita Yoga						

4 Wednesday, December 24, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Budha Vesara Yuktayam Shravana Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Tilau				Frederick, MD
Makara Rasi: 28.16	Tilthi 5	Gulika 10:58AM – 12:09PM	Dhanishtha Untill 9:49PM	Ganesh: Purple	Sunrise: 7:26AM	Sun 19 Sutra 255
		Yama 8:37AM – 9:47AM	Vajra* Untill 4:44AM Thu	Muruga: Yellow	Sunset: 4:51PM	Vasava: 5:17
Routine Work Prabalarishta Yoga		Rahu 12:09PM – 1:19PM	Bava Untill 3:03PM	Nataraja: Purple		Moon 11 - Phase 35 - 12 3rd Phase
Untill 9:49PM		Day 4 of Pancha Ganapati	Panchami Untill 3:15AM Thu	Pancha/Bhakti		Devaloka Day
Then Creative Work - Siddha Yoga						

5 Thursday, December 25, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Guru Vasara Yuktayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Tilau				Frederick, MD
Kumbha Rasi: 11.02	Tilthi 6	Gulika 9:48AM – 10:59AM	Shalabhishak Untill 10:23PM	Ganesh: Purple	Sunrise: 7:27AM	Sun 20 Sutra 256
		Yama 7:27AM – 8:37AM	Siddhi Untill 3:22AM Fri	Muruga: Yellow	Sunset: 4:51PM	Vasava: 5:17
Creative Work Siddha Yoga		Rahu 1:20PM – 2:30PM	Kaulava Untill 3:21PM	Nataraja: Purple		Moon 11 - Phase 35 - 20 3rd Phase
Untill 9:49PM		Day 5 of Pancha Ganapati	Shashthi* Untill 3:17AM Fri	Pancha/Bhakti		Devaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends				

6 Friday, December 26, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Vesara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthamyam Tilau				Frederick, MD
Kumbha Rasi: 24.04	Tilthi 7	Gulika 8:38AM – 9:48AM	Purvashrothapada* Untill 10:41PM	Ganesh: Green	Sunrise: 7:27AM	Sun 21 Sutra 257
		Yama 2:31PM – 3:41PM	Vyalipala* Untill 1:53AM Sat	Muruga: Yellow	Sunset: 4:52PM	Vasava: 5:17
Creative Work Siddha Yoga		Rahu 10:59AM – 12:10PM	Gara Untill 3:05PM	Nataraja: Clear		Moon 11 - Phase 35 - 21 3rd Phase
Untill 9:49PM			Saptami Untill 2:43AM Sat	Pancha/Bhakti		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3PM to 6PM

Retreat Star Sunday, December 27, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Maria Vesara Yuktayam Uttarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtamyam Tilau				Frederick, MD
Meena Rasi: 7.25	Tilthi 8	Gulika 7:28AM – 8:38AM	Uttarashrothapada Untill 10:14PM	Ganesh: Green	Sunrise: 7:28AM	Sun 22 Sutra 258
		Yama 1:21PM – 2:31PM	Varjyan Untill 11:43PM	Muruga: Yellow	Sunset: 4:53PM	Vasava: 5:17
Creative Work Siddha Yoga		Rahu 9:49AM – 10:59AM	Visli Untill 2:13PM	Nataraja: Clear		Moon 11 - Phase 35 - 22 Ashtami
Untill 10:14PM			Ashtami* Untill 1:31AM Sun	Pancha/Bhakti		Bhuloka Day
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 3PM to 6PM

Retreat Star Sunday, December 28, 2025		Viswasa Nama Samvatsare Uttaragane Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Vesara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Tilau				Frederick, MD
Meena Rasi: 21.08	Tilthi 9	Gulika 2:32PM – 3:43PM	Revati Untill 9:01PM	Ganesh: Green	Sunrise: 7:28AM	Sun 23 Sutra 259
		Yama 12:11PM – 1:21PM	Parigha* Untill 9:05PM	Muruga: Yellow	Sunset: 4:53PM	Vasava: 5:17
Creative Work Amrita Yoga		Rahu 3:43PM – 4:53PM	Balava Untill 12:42PM	Nataraja: Clear		Moon 11 - Phase 35 - 23 Navami
Untill 9:01PM			Navami* Untill 11:42PM	Pancha/Bhakti		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Viswawasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Ashwini Nakshatra Shiva/Siddha Yoga Taillu/Gara Karana Dashamayam Titau				Frederick, MD Sun 24
Mesha Rasi: 5.13	Tithi 10	Gulika 1:22PM - 2:33PM	Ashwini Until 7:32PM	Ganesh: Red	<i>Sunrise:</i> 7:28AM	Vaswasu 5:17
Family Home Evening		Yama 11:00AM - 12:11PM	Shiva Until 5:59PM	Muruga: Yellow	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 36 - 24
Creative Work	Siddha Yoga	Rahu 8:39AM - 9:50AM	Taillu Until 10:36AM	Nataraja: Clear		4th Phase
			Dashami Until 9:20PM	Moon - White		Devaloka Day
				Paasha-Bhakti		

2 Tuesday, December 30, 2025		Viswawasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sadya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 25
Mesha Rasi: 19.4	Tithi 11	Gulika 12:12PM - 1:22PM	Bharani Until 5:25PM	Ganesh: Red	<i>Sunrise:</i> 7:28AM	Vaswasu 5:17
		Yama 9:50AM - 11:01AM	Siddha Until 2:28PM	Muruga: Yellow	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 36 - 25
Creative Work	Siddha Yoga	Rahu 2:33PM - 3:44PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase
		Valkuntha Ekadasi	Ekadashi Until 6:28PM	Moon - White		Devaloka Day
				Paasha-Bhakti		

3 Wednesday, December 31, 2025		Viswawasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Batha Vasara Yuktayam Krittika/Rohini Nakshatra Sadya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26
Wishabha Rasi: 4.25	Tithi 12 - 13	Gulika 11:01AM - 12:12PM	Krittika Until 2:49PM	Ganesh: Red	<i>Sunrise:</i> 7:29AM	Vaswasu 5:17
		Yama 8:39AM - 9:50AM	Sadya Until 10:40AM	Muruga: Yellow	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 36 - 26
Creative Work	Amrita Yoga	Rahu 12:12PM - 1:23PM	Kaulava Until 1:36AM Thu	Nataraja: Clear		4th Phase
Until 2:49PM			Dvadashi Until 3:16PM	Moon - White		Devaloka Day
Then Creative Work	Siddha Yoga			Paasha-Bhakti		
				Pradosha Vata		

4 Thursday, January 1, 2026		Viswawasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillu/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27
Wishabha Rasi: 19.23	Tithi 13 - 14	Gulika 9:51AM - 11:02AM	Rohini Until 12:17PM	Ganesh: Blue	<i>Sunrise:</i> 7:29AM	Vaswasu 5:17
		Yama 7:29AM - 8:40AM	Subha Until 6:41AM	Muruga: White	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 36 - 27
Routine Work	Marana Yoga	Rahu 1:24PM - 2:35PM	Gara Until 10:09PM	Nataraja: Clear		4th Phase
			Trayodashi Until 11:52AM	Moon - Yellow		Devaloka Day
				Paasha-Bhakti		

Friday, January 2, 2026		Viswawasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam Migashira/Ardra Nakshatra Brahma Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 28
Copper Retreat Star		Gulika 8:40AM - 9:51AM	Mrigashira Until 9:34AM	Ganesh: Blue	<i>Sunrise:</i> 7:29AM	Vaswasu 5:17
Mithuna Rasi: 4.25	Tithi 14 - 15	Yama 2:35PM - 3:46PM	Brahma Until 10:35PM	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 36 -
Creative Work	Siddha Yoga	Rahu 11:02AM - 12:13PM	Visli Until 6:44PM	Nataraja: Clear		Purnima
			Chaturdashi* Until 8:25AM	Moon - Yellow		Devaloka Day
				Paasha-Bhakti		

Saturday, January 3, 2026		Viswawasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha: Manita Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sun 29
Silver Retreat Star		Gulika 7:29AM - 8:40AM	Ardra Until 6:51AM	Ganesh: Blue	<i>Sunrise:</i> 7:29AM	Vaswasu 5:17
Mithuna Rasi: 19.23	Tithi 16	Yama 1:25PM - 2:36PM	Indra Until 6:47PM	Muruga: White	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 36 -
Creative Work	Siddha Yoga	Rahu 9:51AM - 11:02AM	Balava Until 3:32PM	Nataraja: Clear		Prathama
			Prathama* Until 2:03AM Sun	Moon - Yellow		Devaloka Day
				Paasha-Bhakti		
			Ardra Darshanam			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026
Gold Retreat Star

Kataka Rasi: 4.06 Tithi 17
Creative Work Siddha Yoga

Gulika 2:36PM - 3:48PM
Yama 12:14PM - 1:25PM
Rahu 3:48PM - 4:59PM

Pushya Until 2:55AM Mon
Vaidhiti* Until 3:18PM
Tailita Until 12:43PM
Dvitiya Until 11:29PM

Ganesh: Red
Muruga: White
Nataraja: Clear
Moon - Blue

Sunrise: 7:29AM
Sunset: 4:59PM
Moon 12 - Phase 37 - 1st Phase

Frederick, MD
Sutra 266
Vasvasu 5127

Sivaloka Day

Monday, January 5, 2026

1
Kataka Rasi: 18.28 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:26PM - 2:37PM
Yama 11:03AM - 12:14PM
Rahu 8:40AM - 9:52AM

Ashlesha* Until 1:38AM Tue
Vishkambha* Until 12:16PM
Vanija Until 10:27AM
Tritiya Until 9:33PM

Ganesh: Yellow
Muruga: White
Nataraja: Clear
Moon - Blue

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 1st Phase

Frederick, MD
Sutra 267
Vasvasu 5127

Sivaloka Day

Subramuniyaswamy Jayanti

Pushya/Makal

Tuesday, January 6, 2026

2
Simha Rasi: 2.24 Tithi 19
Creative Work Siddha Yoga
Until 1:24AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:15PM - 1:26PM
Yama 9:52AM - 11:03AM
Rahu 2:38PM - 3:49PM

Magha* Until 1:24AM Wed
Prithi Until 9:50AM
Bava Until 8:52AM
Chaturthi* Until 8:22PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Red

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 2 1st Phase

Frederick, MD
Sutra 268
Vasvasu 5127

Devaloka Day

Pushya/Makal

Wednesday, January 7, 2026

3
Simha Rasi: 15.52 Tithi 20
Creative Work Amrita Yoga

Gulika 11:04AM - 12:15PM
Yama 8:41AM - 9:52AM
Rahu 12:15PM - 1:27PM

Purvaphalguni Until 1:52AM Thu
Ayushman Until 8:01AM
Kaulava Until 8:07AM
Panchami Until 8:03PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Red

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 3 1st Phase

Frederick, MD
Sutra 269
Vasvasu 5127

Devaloka Day

Pushya/Makal

Thursday, January 8, 2026

4
Simha Rasi: 28.52 Tithi 21
Amrita Yoga

Gulika 9:52AM - 11:04AM
Yama 7:29AM - 8:41AM
Rahu 1:27PM - 2:39PM

Uttaraphalguni Until 3:00AM Fri
Saubhagya Until 6:53AM
Gara Until 8:14AM
Shashthi* Until 8:35PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Red

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 4 1st Phase

Frederick, MD
Sutra 270
Vasvasu 5127

Devaloka Day

Pushya/Makal

Friday, January 9, 2026

5
Kanya Rasi: 11.28 Tithi 22
Creative Work Amrita Yoga
Until 5:10AM Sat
Then Routine Work - Marana Yoga

Gulika 8:41AM - 9:52AM
Yama 2:40PM - 3:52PM
Rahu 11:04AM - 12:16PM

Hasla Until 5:10AM Sat
Sobhana Until 6:24AM
Visli Until 9:11AM
Saptami Until 9:56PM

Ganesh: Clear
Muruga: White
Nataraja: Clear
Moon - Green

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 5 1st Phase

Frederick, MD
Sutra 271
Vasvasu 5127

Sivaloka Day

Pushya/Makal

Saturday, January 10, 2026

Retreat Star
Kanya Rasi: 23.44 Tithi 23
Routine Work Marana Yoga
Until 7:44AM Sun
Then Creative Work - Siddha Yoga

Gulika 7:29AM - 8:41AM
Yama 1:29PM - 2:41PM
Rahu 9:53AM - 11:05AM

Chitra Until 7:44AM Sun
Ahiganda* Until 6:28AM
Balava Until 10:52AM
Ashtami* Until 11:54PM

Ganesh: Clear
Muruga: White
Nataraja: Clear
Moon - Green

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 6 1st Phase

Frederick, MD
Sutra 272
Vasvasu 5127

Sivaloka Day

Pushya/Makal

Sunday, January 11, 2026

Retreat Star
Tula Rasi: 5.47 Tithi 24
Creative Work Siddha Yoga

Gulika 2:41PM - 3:53PM
Yama 12:17PM - 1:29PM
Rahu 3:53PM - 5:06PM

Chitra Until 7:44AM
Sukarma Until 6:57AM
Tailita Until 1:04PM
Navami* Until 2:17AM Mon

Ganesh: Clear
Muruga: White
Nataraja: Clear
Moon - Green

Sunrise: 7:29AM
Sunset: 5:09PM
Moon 12 - Phase 37 - 7 Navami

Frederick, MD
Sutra 273
Vasvasu 5127

Sivaloka Day

Pushya/Makal

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mridgendra Agama Inana Pada

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1 Monday, January 12, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yuktiyam Frederick, MD Svali/Wishakha Nakshatra Dhruti/Shula' Yoga Vanja/Visli' Karana Dashamyam Titau Sun 8 Sutra 274							
Gulika	1:30PM - 2:42PM	Svali	Untill 10:27AM	Ganesh:	Clear	Sunrise:	7:26AM	Vasavasu:	5:127
Yama	11:05AM - 12:17PM	Dhruti	Untill 7:44AM	Muruga:	White	Sunset:	5:09PM	Moon 12 - Phase:	38 - 8
Family Home Evening	863448576	Rahu	8:40AM - 9:53AM	Nataraja:	Clear				2nd Phase
Creative Work	Amrita Yoga		Vanija Untill 3:34PM	Pradosha	Pradosha				
Untill 10:27AM			Dashami Untill 4:51AM Tue						Sivaloka Day
Then Routine Work - Marana Yoga									

2 Tuesday, January 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yuktiyam Frederick, MD Vishakha/Anuradha Nakshatra Shula'Ganda' Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 275							
Gulika	12:18PM - 1:30PM	Vishakha	Untill 1:37PM	Ganesh:	Purple	Sunrise:	7:26AM	Vasavasu:	5:127
Yama	9:53AM - 11:05AM	Shula'	Untill 8:34AM	Muruga:	White	Sunset:	5:09PM	Moon 12 - Phase:	38 - 9
Tula Rasi:	29.34	Rahu	2:43PM - 3:55PM	Nataraja:	Clear				2nd Phase
Routine Work	Marana Yoga		Bava Untill 6:09PM	Pradosha	Pradosha				
Untill 1:37PM			Ekadashi' Untill 7:23AM Wed						Devaloka Day
Then Creative Work - Siddha Yoga									

3 Wednesday, January 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yuktiyam Frederick, MD Anuradha/Jyestha' Nakshatra Ganda'Vidhi' Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 276							
Gulika	11:06AM - 12:18PM	Anuradha	Untill 4:32PM	Ganesh:	Purple	Sunrise:	7:26AM	Vasavasu:	5:127
Yama	8:40AM - 9:53AM	Ganda'	Untill 9:24AM	Muruga:	White	Sunset:	5:09PM	Moon 12 - Phase:	38 - 10
Wischika Rasi:	11.26	Rahu	12:18PM - 1:31PM	Nataraja:	Clear				2nd Phase
Creative Work	Siddha Yoga		Kaulava Untill 8:38PM	Pradosha	Pradosha				
			Ekadashi' Untill 7:23AM						Devaloka Day
		Thai Pongal							

4 Thursday, January 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yuktiyam Frederick, MD Jyestha' Nakshatra Vidhi/Dhruva Yoga Talila'Gara Karana Dvadashi'Trayodashyam Titau Sun 11 Sutra 277							
Gulika	9:53AM - 11:06AM	Jyestha'	Untill 7:05PM	Ganesh:	Purple	Sunrise:	7:27AM	Vasavasu:	5:127
Yama	7:27AM - 8:40AM	Vidhi'	Untill 10:05AM	Muruga:	White	Sunset:	5:10PM	Moon 12 - Phase:	38 - 11
Wischika Rasi:	23.22	Rahu	1:31PM - 2:44PM	Nataraja:	Clear				2nd Phase
Routine Work	Prabalarishtha Yoga		Gara Untill 10:51PM	Pradosha	Pradosha				
Untill 7:05PM			Dvadashi' Untill 9:45AM						Devaloka Day
Then Creative Work - Siddha Yoga			Pradosha Vata (Fasting)						

5 Friday, January 16, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yuktiyam Frederick, MD Mula' Nakshatra Dhruva/Vyaghata' Yoga Vanja/Visli' Karana Trayodashi'Chaturdashyam Titau Sun 12 Sutra 278							
Gulika	8:40AM - 9:53AM	Mula'	Untill 9:39PM	Ganesh:	Purple	Sunrise:	7:27AM	Vasavasu:	5:127
Yama	2:45PM - 3:58PM	Dhruva	Untill 10:32AM	Muruga:	White	Sunset:	5:11PM	Moon 12 - Phase:	38 - 12
Dhanus Rasi:	5.24	Rahu	11:06AM - 12:19PM	Nataraja:	Clear				2nd Phase
Creative Work	Amrita Yoga		Visli' Untill 12:45AM Sat	Pradosha	Pradosha				
Untill 9:39PM			Trayodashi' Untill 11:50AM						Devaloka Day
Then Routine Work - Prabalarishtha Yoga									

6 Saturday, January 17, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yuktiyam Frederick, MD Purvashada' Nakshatra Vyaghata'Harshana Yoga Sakuni'Caluspada' Karana Chaturdashi'Amavasyayam Titau Sun 13 Sutra 279							
Gulika	7:26AM - 8:40AM	Purvashada'	Untill 11:41PM	Ganesh:	Purple	Sunrise:	7:26AM	Vasavasu:	5:127
Yama	1:32PM - 2:46PM	Vyaghata'	Untill 10:44AM	Muruga:	White	Sunset:	5:12PM	Moon 12 - Phase:	38 - 13
Dhanus Rasi:	17.35	Rahu	9:53AM - 11:06AM	Nataraja:	Clear				Amavasya
Creative Work	Siddha Yoga		Caluspada Untill 2:16AM Sun	Pradosha	Pradosha				
Untill 11:41PM			Chaturdashi' Untill 1:32PM						Devaloka Day
Then Routine Work - Marana Yoga									

Sunday, January 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yuktiyam Frederick, MD Uttarashada' Nakshatra Harshana/Vajra' Yoga Naga'Kintughna' Karana Amavasya/Prathamayam Titau Sun 14 Sutra 280							
Gulika	2:46PM - 4:00PM	Uttarashada'	Untill 1:10AM Mon	Ganesh:	Purple	Sunrise:	7:26AM	Vasavasu:	5:127
Yama	12:20PM - 1:33PM	Harshana	Untill 10:38AM	Muruga:	White	Sunset:	5:13PM	Moon 12 - Phase:	38 - 14
Dhanus Rasi:	29.55	Rahu	4:00PM - 5:13PM	Nataraja:	Clear				Prathama
Creative Work	Amrita Yoga		Kintughna Untill 3:21AM Mon	Pradosha	Pradosha				
			Amavasya' Untill 2:50PM						Devaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1 Monday, January 19, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Инду Васара Yuktayam Frederick, MD Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyam Titau Sun 15 Sutra 281			
Makara Rasi: 12.26	Tithi 1 – 2	Gulika 1:33PM – 2:47PM	Shravana Until 2:35AM Tue	Ganesh: Light Blue	Sunrise: 7:26AM
Family Home Evening	894448576	Yama 11:06AM – 12:20PM	Vajra* Until 10:12AM	Muruga: White	Sunset: 5:14PM
Creative Work Amrita Yoga		Rahu 8:39AM – 9:53AM	Balava Until 4:02AM Tue	Nataraja: Clear	Moon 12 - Phase 39 - 16
Until 2:35AM Tue			Prathama* Until 3:44PM	Devaloka Day	3rd Phase
Then Creative Work - Siddha Yoga			Waghar Thil		

2 Tuesday, January 20, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Мугала Васара Yuktayam Frederick, MD Dhanishtha Nakshatra Vyalipata* Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau Sun 16 Sutra 282			
Makara Rasi: 25.08	Tithi 2 – 3	Gulika 12:20PM – 1:34PM	Dhanishtha Until 3:26AM Wed	Ganesh: Light Blue	Sunrise: 7:25AM
		Yama 9:53AM – 11:06AM	Siddhi Until 9:28AM	Muruga: White	Sunset: 5:15PM
Creative Work Siddha Yoga	894448576	Rahu 2:48PM – 4:02PM	Taila Until 4:19AM Wed	Nataraja: Clear	Moon 12 - Phase 39 - 16
			Dvitiya Until 4:12PM	Devaloka Day	3rd Phase
			Waghar Thil		

3 Wednesday, January 21, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Budha Vasara Yuktayam Frederick, MD Shatabhishak Nakshatra Vyalipata* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau Sun 17 Sutra 283			
Kumbha Rasi: 8.02	Tithi 3 – 4	Gulika 11:06AM – 12:20PM	Shatabhishak Until 3:46AM Thu	Ganesh: Light Blue	Sunrise: 7:25AM
		Yama 8:39AM – 9:53AM	Vyalipata* Until 8:27AM	Muruga: White	Sunset: 5:16PM
Creative Work Siddha Yoga	894448576	Rahu 12:20PM – 1:34PM	Vanija Until 4:11AM Thu	Nataraja: Clear	Moon 12 - Phase 39 - 17
			Tritiya Until 4:17PM	Devaloka Day	3rd Phase
			Waghar Thil		

4 Thursday, January 22, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Garu Vasara Yuktayam Frederick, MD Puravproshthapada Nakshatra Varyan/Parigha* Yoga Vasil/Bava Karana Chaturthi/Panchamam Titau Sun 18 Sutra 284			
Kumbha Rasi: 21.08	Tithi 4 – 5	Gulika 9:52AM – 11:07AM	Puravproshthapada* Until 4:01AM Fri	Ganesh: White	Sunrise: 7:24AM
		Yama 7:24AM – 8:38AM	Varyan Until 7:05AM	Muruga: White	Sunset: 5:18PM
Creative Work Siddha Yoga	814448576	Rahu 1:35PM – 2:49PM	Bava Until 3:41AM Fri	Nataraja: Clear	Moon 12 - Phase 39 - 18
			Chaturthi* Until 3:58PM	Devaloka Day	3rd Phase
			Waghar Thil		

5 Friday, January 23, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Sukra Vasara Yuktayam Frederick, MD Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 285			
Meena Rasi: 4.26	Tithi 5 – 6	Gulika 8:38AM – 9:52AM	Uttaraproshtapada Until 3:44AM Sat	Ganesh: White	Sunrise: 7:23AM
		Yama 2:50PM – 4:04PM	Shiva Until 3:30AM Sat	Muruga: White	Sunset: 5:19PM
Creative Work Siddha Yoga	814448576	Rahu 11:07AM – 12:21PM	Kaulava Until 2:46AM Sat	Nataraja: Clear	Moon 12 - Phase 39 - 17
Until 3:44AM Sat			Panchami Until 3:15PM	Devaloka Day	3rd Phase
Then Routine Work - Prabalarishta Yoga			Waghar Thil		

6 Saturday, January 24, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Manita Vasara Yuktayam Frederick, MD Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau Sun 20 Sutra 286			
Meena Rasi: 17.56	Tithi 6 – 7	Gulika 7:23AM – 8:37AM	Revati Until 2:56AM Sun	Ganesh: Clear	Sunrise: 7:23AM
		Yama 1:36PM – 2:51PM	Siddha Until 1:14AM Sun	Muruga: White	Sunset: 5:20PM
Routine Work Prabalarishta Yoga	914448576	Rahu 9:52AM – 11:07AM	Gara Until 1:29AM Sun	Nataraja: Clear	Moon 12 - Phase 39 - 20
Until 2:56AM Sun			Shashthi* Until 2:10PM	Sivaloka Day	3rd Phase
Then Creative Work - Siddha Yoga			Waghar Thil		

Sunday, January 25, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Bharu Vasara Yuktayam Frederick, MD Ashvini Nakshatra Sadhya Yoga Vanija/Vasil* Karana Saptami/Ashthamam Titau Sun 21 Sutra 287			
Retreat Star		Gulika 2:51PM – 4:06PM	Ashvini Until 2:02AM Mon	Ganesh: White	Sunrise: 7:22AM
Mesha Rasi: 1.4	Tithi 7 – 8	Yama 12:22PM – 1:36PM	Sadya Until 10:40PM	Muruga: White	Sunset: 5:21PM
Creative Work Siddha Yoga	924448576	Rahu 4:06PM – 5:21PM	Vasil Until 11:49PM	Nataraja: Clear	Moon 12 - Phase 39 - 21
			Saptami Until 12:41PM	Devaloka Day	Ashlami
			Waghar Thil		

Monday, January 26, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Мазе Сукла Пакше Indu Vasara Yuktayam Frederick, MD Bharani Nakshatra Sudha Yoga Bava/Balava Karana Ashlami/Navamam Titau Sun 22 Sutra 288			
Retreat Star		Gulika 1:37PM – 2:52PM	Bharani Until 12:39AM Tue	Ganesh: White	Sunrise: 7:21AM
Mesha Rasi: 15.38	Tithi 8 – 9	Yama 11:07AM – 12:22PM	Sudha Until 7:50PM	Muruga: White	Sunset: 5:22PM
Family Home Evening	924448576	Rahu 8:36AM – 9:52AM	Balava Until 9:47PM	Nataraja: Clear	Moon 12 - Phase 39 - 22
Creative Work Siddha Yoga			Ashlami* Until 10:49AM	Devaloka Day	Navami
			Waghar Thil		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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1 Tuesday, January 27, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Frederick, MD Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau Sun 23 Sutra 289				
Mesha Rasi: 29.5	Tithi 9 - 10	Gulika 12:22PM - 1:37PM	Kritika Until 10:50PM	Ganesh: White	Sunrise: 7:21AM	Vasavasu 5:127
		Yama 9:51AM - 11:07AM	Sukla Until 4:43PM	Muruga: White	Sunset: 5:28PM	Moon 12 - Phase 40 - 23
Creative Work	Siddha Yoga	Rahu 2:53PM - 4:08PM	Taila Until 7:26PM	Nataraja: Clear		4th Phase
Until 10:50PM			Navami Until 8:38AM	Moon - White		Devaloka Day
Then Creative Work - Amrita Yoga				Maghar Thai		

2 Wednesday, January 28, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Budha Vesara Yuktayam Frederick, MD Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil' Karana Dashami/Ekadashyam Titau Sun 24 Sutra 290				
Wishabha Rasi: 14.13	Tithi 10 - 11	Gulika 11:07AM - 12:22PM	Rohini Until 9:03PM	Ganesh: Red	Sunrise: 7:20AM	Vasavasu 5:127
		Yama 8:35AM - 9:51AM	Brahma Until 1:25PM	Muruga: White	Sunset: 5:29PM	Moon 12 - Phase 40 - 24
Creative Work	Siddha Yoga	Rahu 12:22PM - 1:38PM	Vesil' Until 3:29AM Thu	Nataraja: Clear		4th Phase
			Dashami Until 6:09AM	Moon - Yellow		Sivaloka Day
				Maghar Thai		

3 Thursday, January 29, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Guru Vesara Yuktayam Frederick, MD Mrigashira Nakshatra Indra/Vaidhri' Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 291				
Wishabha Rasi: 28.44	Tithi 12	Gulika 9:51AM - 11:07AM	Mrigashira Until 7:01PM	Ganesh: Red	Sunrise: 7:19AM	Vasavasu 5:127
		Yama 7:19AM - 8:35AM	Indra Until 9:59AM	Muruga: White	Sunset: 5:26PM	Moon 12 - Phase 40 - 25
Routine Work	Marana Yoga	Rahu 1:38PM - 2:54PM	Bava Until 2:07PM	Nataraja: Clear		4th Phase
			Dvadashi Until 12:42AM Fri	Moon - Yellow		Sivaloka Day
				Maghar Thai		

4 Friday, January 30, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Sukra Vesara Yuktayam Frederick, MD Ardra/Punarvasu Nakshatra Vaidhri'/Vohkambha' Yoga Kaulava/Taila Karana Trayodashyam Titau Sun 26 Sutra 292				
Mithuna Rasi: 13.2	Tithi 13	Gulika 8:34AM - 9:50AM	Ardra Until 4:50PM	Ganesh: Red	Sunrise: 7:18AM	Vasavasu 5:127
		Yama 2:55PM - 4:11PM	Vaidhri' Until 6:29AM	Muruga: White	Sunset: 5:27PM	Moon 12 - Phase 40 - 26
Creative Work	Siddha Yoga	Rahu 11:06AM - 12:23PM	Kaulava Until 11:21AM	Nataraja: Clear		4th Phase
			Trayodashi Until 9:58PM	Moon - Yellow		Sivaloka Day
				Maghar Thai		

Pradosha Vata

5 Saturday, January 31, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Manita Vesara Yuktayam Frederick, MD Punarvasu/Pushya Nakshatra Pihli Yoga Gara/Vanaja Karana Chaturdashyam Titau Sun 27 Sutra 293				
Mithuna Rasi: 27.52	Tithi 14	Gulika 7:17AM - 8:34AM	Punarvasu Until 3:04PM	Ganesh: Blue	Sunrise: 7:17AM	Vasavasu 5:127
		Yama 1:39PM - 2:55PM	Pihli Until 11:46PM	Muruga: White	Sunset: 5:28PM	Moon 12 - Phase 40 - 27
Creative Work	Siddha Yoga	Rahu 9:50AM - 11:06AM	Gara Until 8:40AM	Nataraja: Clear		4th Phase
		Thai Pusam	Chaturdashi Until 7:24PM	Moon - Blue		Devaloka Day
				Maghar Thai		

○ Sunday, February 1, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Bhanu Vesara Yuktayam Frederick, MD Copper Retreat Star Pushya/Ashlesha' Nakshatra Ayushman Yoga Vesil'/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 294				
Kataka Rasi: 12.14	Tithi 15 - 16	Gulika 2:55PM - 4:12PM	Pushya Until 1:27PM	Ganesh: Blue	Sunrise: 7:17AM	Vasavasu 5:127
		Yama 12:23PM - 1:39PM	Ayushman Until 8:48PM	Muruga: White	Sunset: 5:28PM	Moon 12 - Phase 40 - Purnima
Creative Work	Siddha Yoga	Rahu 4:12PM - 5:28PM	Vesil' Until 6:15AM	Nataraja: Clear		
			Purnima Until 5:09PM	Moon - Blue		Devaloka Day
				Maghar Thai		

Monday, February 2, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Indu Vesara Yuktayam Frederick, MD Silver Retreat Star Ashlesha' Magha' Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau Sun 29 Sutra 295				
Kataka Rasi: 26.22	Tithi 16 - 17	Gulika 1:39PM - 2:56PM	Ashlesha Until 12:07PM	Ganesh: Blue	Sunrise: 7:16AM	Vasavasu 5:127
Family Home Evening		Yama 11:06AM - 12:23PM	Saubhagya Until 6:12PM	Muruga: White	Sunset: 5:29PM	Moon 12 - Phase 40 - Prathama
Creative Work	Siddha Yoga	Rahu 8:33AM - 9:50AM	Taila Until 2:41AM Tue	Nataraja: Clear		
Until 12:07PM			Prathama Until 3:21PM	Moon - Blue		Devaloka Day
Then Routine Work - Marana Yoga				Maghar Thai		

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 10.08 TITHI 17 - 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Mangala Vasara Yukhtayam
Magha/Puravaphalguni Nakshatra Sбhshana/Ahigandа* Yоga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Gulika 12:23PM - 1:40PM
Yama 9:49AM - 11:06AM
Rahu 2:57PM - 4:14PM

Magha* Until 11:37AM
Sobhana Until 4:06PM
Vanija Until 1:49AM Wed
Dvitiya Until 2:09PM

Ganesh: Red
Muruga: White
Nataraja: Orange
Moon - Red

Sunrise: 7:16AM
Sunset: 5:39PM

Sun 1
Vasavasu 5127
Moon 1 - Phase 41 - 1
1st Phase

Sivaloka Day

Frederick, MD

Sutra 296

Vasavasu 5127

Moon 1 - Phase 41 - 1

1st Phase

Maghar Titau

1 **Wednesday, February 4, 2026**

Simha Rasi: 23.33 TITHI 18 - 19

Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Baulha Vasara Yukhtayam
Puravaphalguni/Utaraphalguni Nakshatra Ahigandа*/Sukama Yоga Vasi*/Bava Karana Tritiya/Chaturtham Titau

Gulika 11:06AM - 12:23PM
Yama 8:32AM - 9:49AM
Rahu 12:23PM - 1:40PM

Purvaphalguni Until 11:40AM
Ahigandа* Until 2:31PM
Bava Until 1:41AM Thu
Tritiya Until 1:38PM

Ganesh: Red
Muruga: White
Nataraja: Orange
Moon - Red

Sunrise: 7:15AM
Sunset: 5:39PM

Sun 2
Vasavasu 5127
Moon 1 - Phase 41 - 2
1st Phase

Sivaloka Day

Frederick, MD

Sutra 297

Vasavasu 5127

Moon 1 - Phase 41 - 2

1st Phase

Maghar Titau

2 **Thursday, February 5, 2026**

Kanya Rasi: 6.34 TITHI 19 - 20

Amrita Yoga

Until 12:16PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Guru Vasara Yukhtayam
Utaraphalguni/Hasta Nakshatra Sukama/Dhriti Yоga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 9:48AM - 11:06AM
Yama 7:14AM - 8:31AM
Rahu 1:41PM - 2:58PM

Utaraphalguni Until 12:16PM
Sukama Until 1:31PM
Kaulava Until 2:18AM Fri
Chaturthi* Until 1:52PM

Ganesh: Red
Muruga: White
Nataraja: Orange
Moon - Red

Sunrise: 7:14AM
Sunset: 5:39PM

Sun 3
Vasavasu 5127
Moon 1 - Phase 41 - 3
1st Phase

Sivaloka Day

Frederick, MD

Sutra 298

Vasavasu 5127

Moon 1 - Phase 41 - 3

1st Phase

Maghar Titau

3 **Friday, February 6, 2026**

Kanya Rasi: 19.13 TITHI 20 - 21

Amrita Yoga

Until 1:54PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Sukra Vasara Yukhtayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yоga Talila/Gara Karana Panchami/Shasthyam Titau

Gulika 8:30AM - 9:48AM
Yama 2:59PM - 4:16PM
Rahu 11:06AM - 12:23PM

Hasta Until 1:54PM
Dhriti Until 1:07PM
Gara Until 3:36AM Sat
Panchami Until 2:51PM

Ganesh: Green
Muruga: White
Nataraja: Orange
Moon - Green

Sunrise: 7:13AM
Sunset: 5:39PM

Sun 4
Vasavasu 5127
Moon 1 - Phase 41 - 4
1st Phase

Devaloka Day

Frederick, MD

Sutra 299

Vasavasu 5127

Moon 1 - Phase 41 - 4

1st Phase

Maghar Titau

4 **Saturday, February 7, 2026**

Tula Rasi: 1.35 TITHI 21 - 22

Routine Work Marana Yoga

Until 4:00PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Manita Vasara Yukhtayam
Chitra/Svati Nakshatra Shula*/Gandа* Yоga Vanija/Vasi* Karana Shashthi/Saptamam Titau

Gulika 7:12AM - 8:30AM
Yama 1:41PM - 2:59PM
Rahu 9:48AM - 11:05AM

Chitra Until 4:00PM
Shula* Until 1:10PM
Vasi Until 5:30AM Sun
Shashthi* Until 4:28PM

Ganesh: White
Muruga: White
Nataraja: Orange
Moon - Green

Sunrise: 7:12AM
Sunset: 5:39PM

Sun 5
Vasavasu 5127
Moon 1 - Phase 41 - 5
1st Phase

Devaloka Day

Frederick, MD

Sutra 300

Vasavasu 5127

Moon 1 - Phase 41 - 5

1st Phase

Maghar Titau

5 **Sunday, February 8, 2026**

Tula Rasi: 13.42 TITHI 22

Creative Work Siddha Yoga

Until 6:24PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Bhanu Vasara Yukhtayam
Svati/Nakshatra Gandа*/Middhi Yоga Bava Karana Saptamam Titau

Gulika 3:00PM - 4:18PM
Yama 12:23PM - 1:42PM
Rahu 4:18PM - 5:36PM

Svati Until 6:24PM
Gandа* Until 1:39PM
Bava Until 6:35PM
Saptami Until 6:35PM

Ganesh: White
Muruga: White
Nataraja: Orange
Moon - Green

Sunrise: 7:11AM
Sunset: 5:39PM

Sun 6
Vasavasu 5127
Moon 1 - Phase 41 - 6
1st Phase

Devaloka Day

Frederick, MD

Sutra 301

Vasavasu 5127

Moon 1 - Phase 41 - 6

1st Phase

Maghar Titau

Monday, February 9, 2026

Retreat Star

Tula Rasi: 25.41 TITHI 23

Family Home Evening

Routine Work Marana Yoga

Until 9:25PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Indu Vasara Yukhtayam
Vishakha Nakshatra Middhi/Dhruva Yоga Balava/Kaulava Karana Ashtamam Titau

Gulika 1:42PM - 3:00PM
Yama 11:05AM - 12:23PM
Rahu 8:28AM - 9:47AM

Vishakha Until 9:25PM
Viddhi Until 2:22PM
Balava Until 7:47AM
Ashtami* Until 8:59PM

Ganesh: Clear
Muruga: White
Nataraja: Orange
Moon - Orange

Sunrise: 7:10AM
Sunset: 5:39PM

Sun 7
Vasavasu 5127
Moon 1 - Phase 41 - 7
Ashtami

Sivaloka Day

Frederick, MD

Sutra 302

Vasavasu 5127

Moon 1 - Phase 41 - 7

Ashtami

Maghar Titau

Tuesday, February 10, 2026

Retreat Star

Vishchika Rasi: 7.34 TITHI 24

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыаге Mоksha Ritau Makara Mase Krtishа Pakshе Mangala Vasara Yukhtayam
Anuradha Nakshatra Dhruva/Vyaghata* Yоga Talila/Gara Karana Navamam Titau

Gulika 12:24PM - 1:42PM
Yama 9:46AM - 11:05AM
Rahu 3:01PM - 4:20PM

Anuradha Until 12:20AM Wed
Dhruva Until 3:09PM
Talila Until 10:15AM
Navam* Until 11:28PM

Ganesh: Clear
Muruga: White
Nataraja: Orange
Moon - Orange

Sunrise: 7:08AM
Sunset: 5:39PM

Sun 8
Vasavasu 5127
Moon 1 - Phase 41 - 8
Navami

Sivaloka Day

Frederick, MD

Sutra 303

Vasavasu 5127

Moon 1 - Phase 41 - 8

Navami

Maghar Titau

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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1		Wednesday, February 11, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanija/Visi* Karana Dashamyam Titau	Frederick, MD Sun 9 Sutra 304
Wischika Rasi: 19.28	Tithi 25	Gulika 11:04AM - 12:24PM	Jyeshtha* Until 2:58AM Thu	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Orange	Sunrise: 7:07AM Sunset: 5:49PM Moon 1 - Phase 42 - 9 2nd Phase
Creative Work	Siddha Yoga	976548577	Rahu 12:24PM - 1:43PM	Dashami Until 1:50AM Thu	Sivaloka Day

2		Thursday, February 12, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Baleva Karana Ekadashyam Titau	Frederick, MD Sun 10 Sutra 305
Dhanus Rasi: 1.25	Tithi 26	Gulika 9:45AM - 11:04AM	Mula* Until 5:39AM Fri	Ganesh: Purple Muruga: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:06AM Sunset: 5:49PM Moon 1 - Phase 42 - 10 2nd Phase
Creative Work	Siddha Yoga	986548577	Rahu 1:43PM - 3:02PM	Bava Until 5:56PM	Devaloka Day
Then Routine Work	Prabalarishta Yoga			Ekadashi* Until 3:54AM Fri	

3		Friday, February 13, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktayam Purvashada* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taillo Karana Dvadashyam Titau	Frederick, MD Sun 11 Sutra 306
Dhanus Rasi: 13.3	Tithi 27	Gulika 8:25AM - 9:44AM	Purvashada* Until 7:43AM Sat	Ganesh: Purple Muruga: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:05AM Sunset: 5:49PM Moon 1 - Phase 42 - 11 2nd Phase
Routine Work	Prabalarishta Yoga	986548577	Rahu 11:04AM - 12:24PM	Kaulava Until 4:47PM	Devaloka Day
Then Routine Work	Marana Yoga			Dvadashi* Until 5:30AM Sat	

4		Saturday, February 14, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Siddhi/Vyjalpala* Yoga Gara Karana Trayodashyam Titau	Frederick, MD Sun 12 Sutra 307
Dhanus Rasi: 25.46	Tithi 28	Gulika 7:04AM - 8:24AM	Purvashada* Until 7:43AM	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Light Blue	Sunrise: 7:04AM Sunset: 5:49PM Moon 1 - Phase 42 - 12 2nd Phase
Creative Work	Siddha Yoga	987548577	Rahu 9:44AM - 11:04AM	Siddhi Until 4:45PM	Sivaloka Day
Then Routine Work	Marana Yoga			Gara Until 6:08PM	
				Trayodashi* Until 6:35AM Sun	
				Pradosha Vata (Fasting)	

5		Sunday, February 15, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Bharu Vasara Yuktayam Uttarashada/Shravana Nakshatra Vyjalpala*/Varjan Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 13 Sutra 308
Makara Rasi: 8.16	Tithi 28 - 29	Gulika 3:04PM - 4:24PM	Uttarashada Until 9:08AM	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Purple	Sunrise: 7:03AM Sunset: 5:49PM Moon 1 - Phase 42 - 13 2nd Phase
Creative Work	Amrita Yoga	987548577	Rahu 4:24PM - 5:44PM	Vyjalpala* Until 4:16PM	Sivaloka Day
Then Routine Work				Visli Until 6:56PM	
				Trayodashi* Until 6:35AM	

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Indu Vasara Yuktayam Shravana/Sharabhah Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Chaturdashi/Amavasyayam Titau	Frederick, MD Sun 14 Sutra 309
Makara Rasi: 21.01	Tithi 29 - 30	Gulika 1:44PM - 3:04PM	Shravana Until 10:18AM	Ganesh: Orange Muruga: White Nataraja: Orange Moon - Purple	Sunrise: 7:01AM Sunset: 5:49PM Moon 1 - Phase 42 - 14 Amavasya
Family Home Evening		997548577	Rahu 8:22AM - 9:42AM	Varjan Until 3:19PM	Sivaloka Day
Creative Work	Amrita Yoga			Caluspada Until 7:09PM	
Then Routine Work	Siddha Yoga			Chalurdashi* Until 7:06AM	

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktayam Dhanishtha/Sharabhah Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Frederick, MD Sun 15 Sutra 310
Kumbha Rasi: 4.02	Tithi 30 - 1	Gulika 12:23PM - 1:44PM	Dhanishtha Until 10:46AM	Ganesh: Orange Muruga: White Nataraja: Orange Moon - Purple	Sunrise: 7:00AM Sunset: 5:49PM Moon 1 - Phase 42 - 15 Prathama
Creative Work	Siddha Yoga	997548577	Rahu 3:05PM - 4:26PM	Parigha* Until 1:58PM	Sivaloka Day
Then Routine Work	Marana Yoga			Kintughna Until 6:50PM	
				Amavasya* Until 7:02AM	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Frederick, MD on 2/11/24

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1

Wednesday, February 18, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam
Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Ditayajam Titau

Frederick, MD

Kumbha Rasi: 17.2 Tithi 1 – 2

Gulika 11:02AM – 12:23PM
Yama 8:20AM – 9:41AM
Rahu 12:23PM – 1:44PMShatabhishak Until 10:36AM
Shiva Until 12:14PM
Balava Until 6:02PMGanesh: Orange
Muruga: White
Nataraja: Orange
Moon – PurpleSunrise: 6:59AM
Sunset: 5:49PM
Moon 1 - Phase 43-17
3rd PhaseCreative Work Siddha Yoga
Until 10:36AM
Then Creative Work - Amrita Yoga

Sivaloka Day

2

Thursday, February 19, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam
Puravroshthapada*/Uttaravroshthapada Nakshatra Siddha Yoga Vanja/Vasit* Karana Chaturthiyam Titau

Frederick, MD

Mesha Rasi: 0.52 Tithi 3

Gulika 9:40AM – 11:02AM
Yama 6:58AM – 8:19AM
Rahu 1:45PM – 3:06PMPuravroshthapada* Until 10:19AM
Siddha Until 10:09AM
Taitilia Until 4:50PM
Tritiya Until 4:06AM FriGanesh: Green
Muruga: White
Nataraja: Orange
Moon – ClearSunrise: 6:58AM
Sunset: 5:49PM
Moon 1 - Phase 43-17
3rd Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Friday, February 20, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam
Uttaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vasit* Karana Chaturthiyam Titau

Frederick, MD

Mesha Rasi: 15 Tithi 4

Gulika 8:18AM – 9:40AM
Yama 6:58AM – 8:19AM
Rahu 11:01AM – 12:23PMUttaravroshthapada Until 9:33AM
Sadhya Until 7:49AM
Vanija Until 3:20PM
Chaturthi* Until 2:27AM SatGanesh: Green
Muruga: White
Nataraja: Orange
Moon – ClearSunrise: 6:56AM
Sunset: 5:50PM
Moon 1 - Phase 43-18
3rd Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Saturday, February 21, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam
Uttaravroshthapada/Revati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau

Frederick, MD

Mesha Rasi: 28.31 Tithi 5

Gulika 6:55AM – 8:17AM
Yama 1:45PM – 3:07PM
Rahu 9:39AM – 11:01AMRevati Until 8:24AM
Sukla Until 2:34AM Sun
Bava Until 1:35PM
Panchami Until 12:37AM SunGanesh: Red
Muruga: White
Nataraja: Orange
Moon – ClearSunrise: 6:55AM
Sunset: 5:51PM
Moon 1 - Phase 43-19
3rd PhaseRoutine Work Prabalarishta Yoga
Until 8:24AM
Then Creative Work - Siddha Yoga

Subramunjiyaswami Siva Vision Day

Sivaloka Day

5

Sunday, February 22, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Taitilia Karana Shashthiyam Titau

Frederick, MD

Mesha Rasi: 12.32 Tithi 6

Gulika 3:08PM – 4:30PM
Yama 12:23PM – 1:45PM
Rahu 4:30PM – 5:52PMAshvini Until 7:21AM
Brahma Until 11:45PM
Kaulava Until 11:39AM
Shashthi* Until 10:38PMGanesh: Blue
Muruga: White
Nataraja: Orange
Moon – WhiteSunrise: 6:54AM
Sunset: 5:52PM
Moon 1 - Phase 43-20
3rd PhaseCreative Work Siddha Yoga
Until 7:21AM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

6

Monday, February 23, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam
Bharani/Kittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamyam Titau

Frederick, MD

Mesha Rasi: 26.38 Tithi 7

Gulika 1:45PM – 3:08PM
Yama 11:00AM – 12:23PM
Rahu 8:15AM – 9:38AMBharani Until 6:01AM
Indra Until 8:53PM
Gara Until 9:37AM
Sapthami Until 8:33PMGanesh: Blue
Muruga: White
Nataraja: Orange
Moon – WhiteSunrise: 6:52AM
Sunset: 5:53PM
Moon 1 - Phase 43-21
3rd PhaseCreative Work Siddha Yoga
Until 6:01AM
Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, February 24, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam
Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visi*/Bava Karana Ashtamyam Titau

Frederick, MD

Retreat Star

Vishabha Rasi: 10.48 Tithi 8

Gulika 12:23PM – 1:46PM
Yama 9:37AM – 11:00AM
Rahu 3:09PM – 4:32PMRohini Until 3:12AM Wed
Vaidhriti* Until 5:57PM
Visi Until 7:31AM
Ashlami* Until 6:25PMGanesh: Yellow
Muruga: White
Nataraja: Orange
Moon – YellowSunrise: 6:51AM
Sunset: 5:54PM
Moon 1 - Phase 43-22
AshtamiCreative Work Amrita Yoga
Until 3:12AM Wed
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, February 25, 2026

Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam
Mrigashira Nakshatra Vishkambha*/Pitru Yoga Kaulava/Taitilia Karana Navami/Dashamyam Titau

Frederick, MD

Retreat Star

Vishabha Rasi: 24.59 Tithi 9 – 10

Gulika 10:59AM – 12:23PM
Yama 8:13AM – 9:36AM
Rahu 12:23PM – 1:46PMMrigashira Until 1:46AM Thu
Vishkambha* Until 3:02PM
Taitilia Until 3:15AM Thu
Navami* Until 4:17PMGanesh: Blue
Muruga: White
Nataraja: Orange
Moon – YellowSunrise: 6:50AM
Sunset: 5:56PM
Moon 1 - Phase 43-23
NavamiCreative Work Siddha Yoga
Until 1:46AM Thu
Then Routine Work - Marana Yoga

Subha Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam				Frederick, MD
		Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Sun 24
Mithuna Rasi: 9.09	TITHI 10 – 11	Gulika 9:35AM – 10:59AM	Ardra Untill 12:16AM Fri	Ganesh: Blue	Sunrise: 6:46AM	Vasavasu 5127
		Yama 6:48AM – 8:12AM	Priti Untill 12:06PM	Muruga: White	Sunset: 5:57PM	Moon 1 - Phase 44 - 24
		938648577 Rahu 1:46PM – 3:10PM	Vanija Untill 1:10AM Fri	Nataraja: Orange		4th Phase
Routine Work - Marana Yoga			Dashami Untill 2:11PM	Moon - Yellow		Subha Sivaloka Day
Untill 12:16AM Fri				Phalguna/Masi		
Then Creative Work - Siddha Yoga						

2 Friday, February 27, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam				Frederick, MD
		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dvadashyam Tilau				Sun 25
Mithuna Rasi: 23.17	TITHI 11 – 12	Gulika 8:11AM – 9:35AM	Punarvasu Untill 11:09PM	Ganesh: White	Sunrise: 6:47AM	Vasavasu 5127
		Yama 3:10PM – 4:34PM	Ayushman Untill 9:17AM	Muruga: White	Sunset: 5:58PM	Moon 1 - Phase 44 - 25
		949648577 Rahu 10:58AM – 12:22PM	Bava Untill 11:14PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Ekadashi Untill 12:10PM	Moon - Blue		Devaloka Day
Untill 11:09PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						

3 Saturday, February 28, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam				Frederick, MD
		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Sun 26
Kalka Rasi: 7.19	TITHI 12 – 13	Gulika 6:45AM – 8:10AM	Pushya Untill 10:07PM	Ganesh: White	Sunrise: 6:45AM	Vasavasu 5127
		Yama 1:46PM – 3:10PM	Saubhagya Untill 6:35AM	Muruga: White	Sunset: 5:59PM	Moon 1 - Phase 44 - 26
		949648577 Rahu 9:34AM – 10:58AM	Kaulava Untill 9:29PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Dvadashi Untill 10:19AM	Moon - Blue		Devaloka Day
Untill 10:07PM				Phalguna/Masi		
Then Routine Work - Marana Yoga						

4 Sunday, March 1, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam				Frederick, MD
		Ashlesha Nakshatra Athiganda* Yoga Talila/Gara Karana Trayadashi/Chaturdashyam Tilau				Sun 27
Kalka Rasi: 21.12	TITHI 13 – 14	Gulika 3:11PM – 4:36PM	Ashlesha* Untill 9:13PM	Ganesh: White	Sunrise: 6:43AM	Vasavasu 5127
		Yama 12:22PM – 1:47PM	Athiganda* Untill 1:48AM Mon	Muruga: White	Sunset: 6:01PM	Moon 1 - Phase 44 - 27
		949648577 Rahu 4:36PM – 6:01PM	Gara Untill 8:03PM	Nataraja: Orange		4th Phase
Creative Work - Siddha Yoga			Trayadashi Untill 8:42AM	Moon - Blue		Devaloka Day
Untill 9:13PM		Chidambaram Abhishekam		Phalguna/Masi		
Then Routine Work - Marana Yoga						

Monday, March 2, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam				Frederick, MD
		Magha Nakshatra Sukarna Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Tilau				Sun 28
Simha Rasi: 4.53	TITHI 14 – 15	Gulika 1:47PM – 3:12PM	Magha* Untill 9:00PM	Ganesh: Clear	Sunrise: 6:41AM	Vasavasu 5127
Family Home Evening		Yama 10:56AM – 12:22PM	Sukarna Untill 11:52PM	Muruga: White	Sunset: 6:02PM	Moon 1 - Phase 44 -
Routine Work - Marana Yoga		959648577 Rahu 8:06AM – 9:31AM	Visli Untill 6:59PM	Nataraja: Orange		Purnima
Untill 9:00PM			Chaturdashi* Untill 7:27AM	Moon - Red		Sivaloka Day
Then Creative Work - Siddha Yoga		Holi		Phalguna/Masi		

Tuesday, March 3, 2026		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha: Mangala Vasara Yuktayam				Frederick, MD
		Purvaphalguni Nakshatra Dhirli Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Sun 29
Simha Rasi: 18.2	TITHI 15 – 16	Gulika 12:21PM – 1:47PM	Purvaphalguni Untill 9:06PM	Ganesh: Clear	Sunrise: 6:40AM	Vasavasu 5127
		Yama 9:30AM – 10:56AM	Dhirli Untill 10:20PM	Muruga: White	Sunset: 6:03PM	Moon 1 - Phase 44 -
		959648577 Rahu 3:12PM – 4:38PM	Balava Untill 6:25PM	Nataraja: Orange		Prathama
Creative Work - Siddha Yoga			Purnima* Untill 6:37AM	Moon - Red		Sivaloka Day
Untill 9:06PM				Phalguna/Masi		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Kanya Rasi: 1.3 Tithi 16 - 17

Creative Work - Amrita Yoga
Until 9:36PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Uтарaphаguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau

Gulika 10:55AM - 12:21PM
Yama 8:04AM - 9:30AM
959648577 **Rahu** 12:21PM - 1:47PM

Uтарaphаguni Until 9:36PM
Shula* Until 9:12PM
Tailita Until 6:23PM
Prathama* Until 6:18AM

Ganesh: Clear Sunrise: 6:38AM
Muruga: White Sunset: 6:04PM
Nataraja: Orange Moon 2 - Phase 45 - 1st Phase
Moon - Red

Sivaloka Day

Frederick, MD
Sutra 325

Vasavasu 5127
Vasavasu 5127



Thursday, March 5, 2026

Kanya Rasi: 14.23 Tithi 17 - 18

Routine Work - Marana Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Hashta Nakshatra Ganda* Yoga Gara/Vanija Karana Divlyaya/Triityayam Titau

Gulika 9:29AM - 10:55AM
Yama 6:37AM - 8:03AM
169648577 **Rahu** 1:47PM - 3:13PM

Hashta Until 10:59PM
Ganda* Until 8:33PM
Vanija Until 6:56PM
Dvitiya Until 6:34AM

Ganesh: White Sunrise: 6:37AM
Muruga: White Sunset: 6:05PM
Nataraja: Orange Moon 2 - Phase 45 - 1st Phase
Moon - Green

Devaloka Day

Frederick, MD
Sutra 326

Vasavasu 5127
Vasavasu 5127



Friday, March 6, 2026

Kanya Rasi: 26.59 Tithi 18 - 19

Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
Chitra Nakshatra Vidhih Yoga Visi* Bava Karana Tritiya/Chaturthayam Titau

Gulika 8:01AM - 9:28AM
Yama 3:13PM - 4:40PM
169648577 **Rahu** 10:54AM - 12:21PM

Chitra Until 12:46AM Sat
Vidhih Until 8:22PM
Bava Until 8:05PM
Tritiya Until 7:25AM

Ganesh: White Sunrise: 6:35AM
Muruga: White Sunset: 6:06PM
Nataraja: Orange Moon 2 - Phase 45 - 2 1st Phase
Moon - Green

Devaloka Day

Frederick, MD
Sutra 327

Vasavasu 5127
Vasavasu 5127



Saturday, March 7, 2026

Tula Rasi: 9.2 Tithi 19 - 20

Creative Work - Siddha Yoga
Until 1:52AM Sun
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchathayam Titau

Gulika 6:34AM - 8:00AM
Yama 1:47PM - 3:14PM
161658577 **Rahu** 9:27AM - 10:54AM

Svali Until 2:52AM Sun
Dhruva Until 8:33PM
Kaulava Until 9:45PM
Chaturthi* Until 8:50AM

Ganesh: Purple Sunrise: 6:34AM
Muruga: Clear Sunset: 6:07PM
Nataraja: Orange Moon 2 - Phase 45 - 3 1st Phase
Moon - Green

Bhuloka Day

Devaloka Time: 3PM to 6PM

Frederick, MD
Sutra 328

Vasavasu 5127
Vasavasu 5127



Sunday, March 8, 2026

Tula Rasi: 21.29 Tithi 20 - 21

Routine Work - Marana Yoga
Until 5:41AM Mon
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
Vishaka Nakshatra Vyaghata* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Gulika 3:14PM - 4:41PM
Yama 12:20PM - 1:47PM
171658577 **Rahu** 4:41PM - 6:08PM

Vishaka Until 5:41AM Mon
Vyaghata* Until 9:04PM
Gara Until 11:50PM
Panchami Until 10:44AM

Ganesh: Clear Sunrise: 6:23AM
Muruga: Clear Sunset: 6:08PM
Nataraja: Orange Moon 2 - Phase 45 - 4 1st Phase
Moon - Orange

Devaloka Day

Frederick, MD
Sutra 329

Vasavasu 5127
Vasavasu 5127



Monday, March 9, 2026

Witschika Rasi: 3.29 Tithi 21 - 22

Family Home Evening
Creative Work - Siddha Yoga
Until 8:32AM Tue
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Vanija/Vajra* Karana Shashthi/Saptamayam Titau

Gulika 1:47PM - 3:15PM
Yama 10:53AM - 12:20PM
171658577 **Rahu** 7:58AM - 9:25AM

Anuradha Until 8:32AM Tue
Harshana Until 9:49PM
Visi Until 2:11AM Tue
Shashthi* Until 12:58PM

Ganesh: Clear Sunrise: 6:31AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Orange Moon 2 - Phase 45 - 5 1st Phase
Moon - Orange

Devaloka Day

Frederick, MD
Sutra 330

Vasavasu 5127
Vasavasu 5127



Tuesday, March 10, 2026

Witschika Rasi: 15.24 Tithi 22 - 23

Creative Work - Siddha Yoga
Until 8:32AM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Balava/Vajra* Karana Sapthami/Ashtami Yuktayam
Anuradha Nakshatra Harshana Vajra* Yoga Bava/Balava Karana Sapthami/Ashtami Titau

Gulika 12:26PM - 1:47PM
Yama 9:24AM - 10:52AM
171658677 **Rahu** 3:15PM - 4:43PM

Anuradha Until 8:32AM
Vajra* Until 10:37PM
Balava Until 4:37AM Wed
Sapthami Until 3:23PM

Ganesh: Clear Sunrise: 6:29AM
Muruga: White Sunset: 6:10PM
Nataraja: Light Blue Moon - Orange

Bhuloka Day

Devaloka Time: 6AM to 9AM

Frederick, MD
Sutra 331

Vasavasu 5127
Vasavasu 5127



Wednesday, March 11, 2026

Retreat Star

Witschika Rasi: 27.18 Tithi 23 - 24

Creative Work - Siddha Yoga
Until 11:15AM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Siddhih Yoga Kaulava/Tailita Karana Ashtami/Navamayam Titau

Gulika 10:51AM - 12:19PM
Yama 7:55AM - 9:23AM
171658677 **Rahu** 12:19PM - 1:47PM

Jyeshtha* Until 11:15AM
Siddhih Until 11:22PM
Tailita Until 6:55AM Thu
Ashtami* Until 5:46PM

Ganesh: Clear Sunrise: 6:27AM
Muruga: White Sunset: 6:11PM
Nataraja: Light Blue Moon - Orange

Bhuloka Day

Devaloka Time: 6AM to 9AM

Frederick, MD
Sutra 332

Vasavasu 5127
Vasavasu 5127

Thursday, March 12, 2026

Retreat Star

Dhanu Rasi: 9.15 Tithi 24

Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyalipata* Yoga Tailita/Gara Karana Navamayam Titau

Gulika 9:23AM - 10:51AM
Yama 6:26AM - 7:54AM
181658677 **Rahu** 1:47PM - 3:16PM

Mula* Until 2:08PM
Vyalipata* Until 11:56PM
Tailita Until 6:55AM
Navam* Until 7:56PM

Ganesh: White Sunrise: 6:26AM
Muruga: White Sunset: 6:12PM
Nataraja: Light Blue Moon - Orange

Bhuloka Day

Frederick, MD
Sutra 333

Vasavasu 5127
Vasavasu 5127

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksh: Sukra Vasara Yuktyam Frederick, MD Purnvashada/Uttarashada Nakshatra Varjyan Yoga Vanija/Vishti Karana Dashamyam Titau Sun 9 Sutra 334			
Dhanu Rasi: 21.19	Tithi 25	Gulika 7:53AM - 9:22AM	Purnvashada* Untill 4:29PM	Ganesh: White Sunrise: 6:24AM	Vasavasu 5:17
		Yama 3:16PM - 4:45PM	Varjyan Untill 12:08AM Sat	Muruga: White Sunset: 6:18PM	Moon 2 - Phase 46 - 9
		181658677 Rahu 10:50AM - 12:19PM	Vanija Untill 8:53AM	Nataraja: Light Blue	2nd Phase
Routine Work	Prabalarishtha Yoga		Dashami Untill 9:39PM	Moon - Light Blue	
Untill 4:29PM				Phalgun-Panguni	Bhuloka Day
Then Routine Work - Marana Yoga					

2 Saturday, March 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksh: Mantra Vasara Yuktyam Frederick, MD Uttarashada Nakshatra Parigha Yoga Bava/Baleva Karana Ekadashyam Titau Sun 10 Sutra 335			
Makara Rasi: 4	Tithi 26	Gulika 6:23AM - 7:52AM	Uttarashada Untill 6:08PM	Ganesh: White Sunrise: 6:23AM	Vasavasu 5:17
		Yama 1:48PM - 3:17PM	Parigha* Untill 11:53PM	Muruga: White Sunset: 6:16PM	Moon 2 - Phase 46 - 10
		181658677 Rahu 9:21AM - 10:50AM	Bava Untill 10:19AM	Nataraja: Light Blue	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Untill 10:47PM	Moon - Light Blue	
Untill 6:08PM		Karadayana Nombu (Tamil Nadu)		Phalgun-Panguni	Bhuloka Day
Then Creative Work - Siddha Yoga					

3 Sunday, March 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksh: Bharu Vasara Yuktyam Frederick, MD Shravana Nakshatra Shiva Yoga Kaulava/Tallika Karana Dvadashtyam Titau Sun 11 Sutra 336			
Makara Rasi: 16.09	Tithi 27	Gulika 3:17PM - 4:46PM	Shravana Untill 7:27PM	Ganesh: Yellow Sunrise: 6:21AM	Vasavasu 5:17
		Yama 12:18PM - 1:48PM	Shiva Untill 11:07PM	Muruga: White Sunset: 6:15PM	Moon 2 - Phase 46 - 11
		191658678 Rahu 4:46PM - 6:15PM	Kaulava Untill 11:07AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dvadashti* Untill 11:14PM	Moon - Purple	
Untill 7:27PM				Phalgun-Panguni	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 6AM to 9AM

4 Monday, March 16, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksh: Indu Vasara Yuktyam Frederick, MD Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 337			
Makara Rasi: 29.02	Tithi 28	Gulika 1:48PM - 3:17PM	Dhanishtha Untill 7:54PM	Ganesh: Yellow Sunrise: 6:20AM	Vasavasu 5:17
Family Home Evening		Yama 10:48AM - 12:18PM	Siddha Untill 9:45PM	Muruga: White Sunset: 6:16PM	Moon 2 - Phase 46 - 12
		191658678 Rahu 7:49AM - 9:19AM	Gara Untill 11:12AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Untill 10:57PM	Moon - Purple	
				Phalgun-Panguni	Bhuloka Day
					Devaloka Time: 6AM to 9AM

Pradosha Vata (Fasting)

5 Tuesday, March 17, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksh: Mangala Vasara Yuktyam Frederick, MD Shalabhishak Nakshatra Sadyha Yoga Vishti/Sakuni Karana Chaturdashyam Titau Sun 13 Sutra 338			
Kumbha Rasi: 12.17	Tithi 29	Gulika 12:18PM - 1:48PM	Shalabhishak Untill 7:31PM	Ganesh: Blue Sunrise: 6:18AM	Vasavasu 5:17
		Yama 9:18AM - 10:48AM	Sadyha Untill 7:52PM	Muruga: White Sunset: 6:18PM	Moon 2 - Phase 46 - 13
		192658678 Rahu 3:18PM - 4:48PM	Vishti Untill 10:33AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Untill 9:58PM	Moon - Purple	
				Phalgun-Panguni	Devaloka Day

Wednesday, March 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksh: Badha Vasara Yuktyam Frederick, MD Retreat Star Purnvashthapada Nakshatra Subha/Sukla Karana Amavasyayam Titau Sun 14 Sutra 339			
Kumbha Rasi: 25.53	Tithi 30	Gulika 10:47AM - 12:17PM	Purnvashthapada* Untill 6:51PM	Ganesh: Red Sunrise: 6:16AM	Vasavasu 5:17
		Yama 7:47AM - 9:17AM	Subha Untill 5:31PM	Muruga: White Sunset: 6:19PM	Moon 2 - Phase 46 - 14
		112658678 Rahu 12:17PM - 1:48PM	Calspada Untill 9:17AM	Nataraja: Purple	Amavasya
Creative Work	Amrita Yoga		Amavasya* Untill 8:24PM	Moon - Clear	
Untill 6:51PM				Phalgun-Panguni	Bhuloka Day
Then Creative Work - Siddha Yoga					Devaloka Time: 9AM to 12:2PM

Thursday, March 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksh: Guro Vasara Yuktyam Frederick, MD Retreat Star Uttaraproshtapada Nakshatra Suka/Bahma Yoga Kirtughna/Bava Karana Prathamam Titau Sun 15 Sutra 340			
Meena Rasi: 9.5	Tithi 1	Gulika 9:16AM - 10:47AM	Uttaraproshtapada Untill 5:33PM	Ganesh: Red Sunrise: 6:15AM	Vasavasu 5:17
		Yama 6:15AM - 7:45AM	Suka Untill 2:44PM	Muruga: White Sunset: 6:20PM	Moon 2 - Phase 46 - 15
		112658678 Rahu 1:48PM - 3:18PM	Kirtughna Untill 7:27AM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Untill 6:22PM	Moon - Clear	
		Yugadi		Chaitra-Panguni	Bhuloka Day
					Devaloka Time: 9AM to 12:2PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Сука Всарра Yuktayam Frederick, MD Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau Sun 16 Sutra 341				
Mesha Rasi: 24.04	Tithi 2 - 3	Gulika 7:44AM - 9:15AM	Revati Until 3:46PM	Ganesh: Red	Sunrise: 6:13AM	Vasavasu 5:17
		Yama 3:19PM - 4:50PM	Brahma Until 11:41AM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 16
		122658678 Rahu 10:46AM - 12:17PM	Taila Until 2:44AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:59PM	Moon - Clear		Bhuloka Day
Until 3:46PM				Chaitra-Panguni		Devaloka Time: 9AM to 12:2PM
Then Creative Work - Amrita Yoga						
2 Saturday, March 21, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Марта Всарра Yuktayam Frederick, MD Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau Sun 17 Sutra 342				
Mesha Rasi: 8.28	Tithi 3 - 4	Gulika 6:12AM - 7:43AM	Ashvini Until 2:04PM	Ganesh: Yellow	Sunrise: 6:12AM	Vasavasu 5:17
		Yama 1:48PM - 3:19PM	Indra Until 8:27AM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 17
		122658678 Rahu 9:14AM - 10:45AM	Bava Until 12:06AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:24PM	Moon - White		Bhuloka Day
		Chellappaswami Mahasamadh		Chaitra-Panguni		Devaloka Time: 9AM to 12:2PM
3 Sunday, March 22, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Bhanu Vsarra Yuktayam Frederick, MD Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamyam Tilau Sun 18 Sutra 343				
Mesha Rasi: 22.56	Tithi 4 - 5	Gulika 3:19PM - 4:51PM	Bharani Until 12:09PM	Ganesh: Blue	Sunrise: 6:10AM	Vasavasu 5:17
		Yama 12:16PM - 1:48PM	Vishkambha* Until 1:49AM Mon	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 18
		122758678 Rahu 4:51PM - 6:22PM	Bava Until 9:27PM	Nataraja: Purple		3rd Phase
Routine Work	Prabalarista Yoga		Chaturthi* Until 10:45AM	Moon - White		Bhuloka Day
Until 12:09PM				Chaitra-Panguni		
Then Creative Work - Siddha Yoga						
4 Monday, March 23, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Indu Vsarra Yuktayam Frederick, MD Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashiyam Tilau Sun 19 Sutra 344				
Wisshaha Rasi: 7.25	Tithi 5 - 6	Gulika 1:48PM - 3:20PM	Krittika Until 10:09AM	Ganesh: Blue	Sunrise: 6:09AM	Vasavasu 5:17
Family Home Evening		Yama 10:44AM - 12:16PM	Priti Until 10:36PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 19
		122758678 Rahu 7:40AM - 9:12AM	Kaulava Until 6:53PM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Panchami Until 8:08AM	Moon - White		Bhuloka Day
Until 10:09AM				Chaitra-Panguni		
Then Creative Work - Amrita Yoga						
5 Tuesday, March 24, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Mangala Vsarra Yuktayam Frederick, MD Rohini/Mrigashira Nakshatra Ayushnina Yoga Gara/Vanija Karana Sapthamyam Tilau Sun 20 Sutra 345				
Wisshaha Rasi: 21.47	Tithi 7	Gulika 12:16PM - 1:48PM	Rohini Until 8:35AM	Ganesh: Yellow	Sunrise: 6:07AM	Vasavasu 5:17
		Yama 9:11AM - 10:44AM	Ayushnina Until 7:32PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 20
		132758678 Rahu 3:20PM - 4:52PM	Gara Until 4:31PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 3:23AM Wed	Moon - Yellow		Bhuloka Day
Until 8:35AM				Chaitra-Panguni		Devaloka Time: 6AM to 9-AM
Then Creative Work - Siddha Yoga						
Wednesday, March 25, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Budha Vsarra Yuktayam Frederick, MD Mithuna Rasi: 6.01 Tithi 8 Retreat Star Migashira/Andra Nakshatra Saubhagya/Sobhana Yoga Visi* Bava Karana Ashtamyam Tilau Sun 21 Sutra 346				
		Gulika 10:43AM - 12:15PM	Migashira Until 7:05AM	Ganesh: Yellow	Sunrise: 6:05AM	Vasavasu 5:17
		Yama 7:38AM - 9:10AM	Saubhagya Until 4:41PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 21
		132758678 Rahu 12:15PM - 1:48PM	Visi Until 2:23PM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Ashlami* Until 1:24AM Thu	Moon - Yellow		Bhuloka Day
				Chaitra-Panguni		Devaloka Time: 6AM to 9-AM
Thursday, March 26, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Guru Vsarra Yuktayam Frederick, MD Mithuna Rasi: 20.04 Tithi 9 Retreat Star Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamyam Tilau Sun 22 Sutra 347				
		Gulika 9:09AM - 10:42AM	Punarvasu Until 4:58AM Fri	Ganesh: White	Sunrise: 6:04AM	Vasavasu 5:17
		Yama 6:04AM - 7:37AM	Sobhana Until 2:05PM	Muruga: White	Sunset: 6:29PM	Moon 2 - Phase 47 - 22
		142758678 Rahu 1:48PM - 3:21PM	Balava Until 12:32PM	Nataraja: Purple		Navami
Creative Work	Amrita Yoga		Navami* Until 11:43PM	Moon - Blue		Bhuloka Day
Until 4:58AM Fri		Sri Rama Navami		Chaitra-Panguni		
Then Routine Work - Marana Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Sukla Paksha Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Talila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23	Sutra 348 Vasvasu 5127
Kataka Rasi: 3.55	Tithi 10	Gulika 7:35AM - 9:08AM	Pushya Until 4:24AM Sat	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue	Sunrise: 6:03AM Sunset: 6:27PM	Moon 2 - Phase 4B - 23	4th Phase
Routine Work	Marana Yoga	142758678 Rahu 10:42AM - 12:15PM	Athiganda* Until 11:43AM Talila Until 11:01AM Dashami Until 10:22PM	Chaitra-Panguni			Bhuloka Day

2 Saturday, March 28, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Sukla Paksha Mania Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Titau				Frederick, MD Sun 24	Sutra 349 Vasvasu 5127
Kataka Rasi: 17.34	Tithi 11	Gulika 6:01AM - 7:34AM	Ashlesha* Until 4:01AM Sun	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue	Sunrise: 6:01AM Sunset: 6:28PM	Moon 2 - Phase 4B - 24	4th Phase
Routine Work	Marana Yoga	142758678 Rahu 9:08AM - 10:41AM	Sukarma Until 9:38AM Vanija Until 9:50AM Ekadashi Until 9:21PM	Chaitra-Panguni			Bhuloka Day
		Yogaswami Mahasamadh					

3 Sunday, March 29, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Sukla Paksha Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25	Sutra 350 Vasvasu 5127
Simha Rasi: 1	Tithi 12	Gulika 3:22PM - 4:56PM	Magha* Until 4:19AM Mon	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Red	Sunrise: 5:59AM Sunset: 6:29PM	Moon 2 - Phase 4B - 25	4th Phase
Routine Work	Marana Yoga	152758678 Rahu 4:56PM - 6:29PM	Dhriti Until 7:51AM Bava Until 9:01AM Dvadashi Until 8:43PM	Chaitra-Panguni			Bhuloka Day Devaloka Time: 6AM to 9AM
Until 4:19AM Mon							
Then Creative Work - Siddha Yoga							

4 Monday, March 30, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Talila Karana Trayodashyam Titau				Frederick, MD Sun 26	Sutra 351 Vasvasu 5127
Simha Rasi: 14.14	Tithi 13	Gulika 1:48PM - 3:22PM	Purvaphalguni Until 4:51AM Tue	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Red	Sunrise: 5:57AM Sunset: 6:30PM	Moon 2 - Phase 4B - 26	4th Phase
Family Home Evening		152758678 Rahu 7:32AM - 9:06AM	Shula* Until 6:21AM Kaulava Until 8:34AM Trayodashi Until 8:28PM	Chaitra-Panguni			Bhuloka Day Devaloka Time: 6AM to 9AM
Creative Work	Siddha Yoga						
Until 4:51AM Tue							
Then Creative Work - Amrita Yoga							

5 Tuesday, March 31, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi Yoga Gara/Vanja Karana Chaturdashyam Titau				Frederick, MD Sun 27	Sutra 352 Vasvasu 5127
Simha Rasi: 27.16	Tithi 14	Gulika 12:14PM - 1:48PM	Uttaraphalguni Until 5:38AM Wed	Ganesha: Purple Muruga: White Nataraja: Purple Moon - Red	Sunrise: 5:56AM Sunset: 6:31PM	Moon 2 - Phase 4B - 27	4th Phase
Creative Work	Amrita Yoga	153758678 Rahu 3:22PM - 4:57PM	Viddhi Until 4:20AM Wed Gara Until 8:31AM Chaturdashi* Until 8:38PM	Chaitra-Panguni			Devaloka Day
Until 5:38AM Wed							
Then Routine Work - Marana Yoga							

Wednesday, April 2, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Sukla Paksha Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau				Frederick, MD Sun 28	Sutra 353 Vasvasu 5127
Copper Retreat Star		Gulika 10:39AM - 12:14PM	Hasta Until 7:09AM Thu	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Green	Sunrise: 5:56AM Sunset: 6:31PM	Moon 2 - Phase 4B - Purnima	
Kanya Rasi: 10.06	Tithi 15	163758678 Rahu 12:14PM - 1:48PM	Dhruva Until 3:48AM Thu Visi Until 8:54AM Purnima* Until 9:13PM	Chaitra-Panguni			Bhuloka Day Devaloka Time: 9AM to 12:2PM
Routine Work	Marana Yoga						
Until 7:09AM Thu							
Then Creative Work - Siddha Yoga							

Thursday, April 2, 2026		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mesa Krishna Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sun 29	Sutra 354 Vasvasu 5127
Silver Retreat Star		Gulika 9:04AM - 10:39AM	Hasta Until 7:09AM	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Green	Sunrise: 5:54AM Sunset: 6:29PM	Moon 2 - Phase 4B - Prathama	
Kanya Rasi: 22.43	Tithi 16	163758678 Rahu 1:48PM - 3:23PM	Vyaghata* Until 3:38AM Fri Balava Until 9:42AM Prathama* Until 10:15PM	Chaitra-Panguni			Bhuloka Day Devaloka Time: 9AM to 12:2PM
Routine Work	Marana Yoga						
Until 7:09AM							
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 5.09 Tithi 17

Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam Frederick, MD
Chitra/Svali Nakshatra Harshana Yoga Talilla/Gara Karana Divilyayam Titau Sun 1 Sutra 355

Gulika 7:28AM - 9:03AM

Yama 3:23PM - 4:58PM

Rahu 10:38AM - 12:13PM

Chitra Until 8:55AM

Harshana Until 3:47AM Sat

Taililla Until 10:57AM

Dvitiya Until 11:42PM

Ganesh: Clear

Muruga: White

Nataraja: Purple

Moon - Green

Sunrise: 5:53AM

Sunset: 6:28PM

Moon 3 - Phase 49 - 1

1st Phase

Bhuloka Day

Devaloka Time: 9AM to 12PM

1 Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18

Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Makha Vasara Yuktayam Frederick, MD
Svali/Wishakha Nakshatra Vajra* Yoga Vanija/Visi* Karana Trilyayam Titau Sun 2 Sutra 356

Gulika 5:51AM - 7:26AM

Yama 1:48PM - 3:23PM

Rahu 9:02AM - 10:37AM

Svali Until 10:56AM

Vajra* Until 4:12AM Sun

Vanija Until 12:36PM

Tritya Until 1:32AM Sun

Ganesh: Clear

Muruga: White

Nataraja: Purple

Moon - Green

Sunrise: 5:51AM

Sunset: 6:28PM

Moon 3 - Phase 49 - 2

1st Phase

Bhuloka Day

Devaloka Time: 9AM to 12PM

2 Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19

Routine Work Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam Frederick, MD
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturtham Titau Sun 3 Sutra 357

Gulika 3:24PM - 5:00PM

Yama 1:48PM - 3:23PM

Rahu 5:00PM - 6:35PM

Vishakha Until 1:37PM

Siddhi Until 4:52AM Mon

Bava Until 2:36PM

Chaturthi* Until 3:41AM Mon

Ganesh: White

Muruga: White

Nataraja: Purple

Moon - Orange

Sunrise: 5:50AM

Sunset: 6:29PM

Moon 3 - Phase 49 - 3

1st Phase

Devaloka Day

3 Monday, April 6, 2026

Wishika Rasi: 11.29 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam Frederick, MD
Anuradha/Jyeshtha* Nakshatra Vyalipala* Yoga Kaulava/Taililla Karana Panchamam Titau Sun 4 Sutra 358

Gulika 1:48PM - 3:24PM

Yama 10:36AM - 12:12PM

Rahu 7:24AM - 9:00AM

Anuradha Until 4:24PM

Vyalipala* Until 5:42AM Tue

Kaulava Until 4:52PM

Panchami Until 6:03AM Tue

Ganesh: White

Muruga: White

Nataraja: Purple

Moon - Orange

Sunrise: 5:48AM

Sunset: 6:30PM

Moon 3 - Phase 49 - 4

1st Phase

Devaloka Day

4 Tuesday, April 7, 2026

Wishika Rasi: 23.24 Tithi 20 - 21

Routine Work Marana Yoga

Until 7:09PM

Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam Frederick, MD
Jyeshtha* Nakshatra Varayan Yoga Talilla/Gara Karana Panchami/Shashtham Titau Sun 5 Sutra 359

Gulika 12:12PM - 1:48PM

Yama 8:59AM - 10:35AM

Rahu 3:24PM - 5:01PM

Jyeshtha* Until 7:09PM

Varayan Until 6:33AM Wed

Gara Until 7:17PM

Panchami Until 6:03AM

Ganesh: White

Muruga: White

Nataraja: Purple

Moon - Orange

Sunrise: 5:46AM

Sunset: 6:31PM

Moon 3 - Phase 49 - 5

1st Phase

Devaloka Day

5 Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 - 22

Routine Work Marana Yoga

Until 10:12PM

Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam Frederick, MD
Mula* Nakshatra Varayan/Parigaha* Yoga Vanija/Visi* Karana Shashthi/Saptamam Titau Sun 6 Sutra 360

Gulika 10:35AM - 12:12PM

Yama 7:22AM - 8:58AM

Rahu 12:12PM - 1:48PM

Mula* Until 10:12PM

Varayan Until 6:33AM

Visi Until 9:40PM

Shashthi* Until 8:28AM

Ganesh: Yellow

Muruga: White

Nataraja: Purple

Moon - Light Blue

Sunrise: 5:45AM

Sunset: 6:30PM

Moon 3 - Phase 49 - 6

1st Phase

Bhuloka Day

Devaloka Time: 9AM to 12PM

D Thursday, April 9, 2026

Retreat Star

Dhanus Rasi: 17.12 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:53AM Fri

Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru/Venasa Yuktayam Frederick, MD
Purvashadha* Nakshatra Parigaha* Shiva Yoga Bava/Balava Karana Saptami/Ash Varayan Titau Sun 7 Sutra 361

Gulika 8:57AM - 10:34AM

Yama 5:43AM - 7:20AM

Rahu 1:48PM - 3:25PM

Purvashadha* Until 12:53AM Fri

Parigaha* Until 7:21AM

Balava Until 11:49PM

Saptami Until 10:46AM

Ganesh: Yellow

Muruga: White

Nataraja: Purple

Moon - Light Blue

Sunrise: 5:43AM

Sunset: 6:30PM

Moon 3 - Phase 49 - 7

Ashtami

Bhuloka Day

Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 - 24

Routine Work Marana Yoga

Until 2:57AM Sat

Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam Frederick, MD
Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taililla Karana Ashtami/Navamam Titau Sun 8 Sutra 362

Gulika 7:19AM - 8:56AM

Yama 3:26PM - 5:03PM

Rahu 10:34AM - 12:11PM

Uttarashadha Until 2:57AM Sat

Shiva Until 7:56AM

Taililla Until 1:32AM Sat

Ashtami* Until 12:43PM

Ganesh: Yellow

Muruga: White

Nataraja: Purple

Moon - Light Blue

Sunrise: 5:42AM

Sunset: 6:40PM

Moon 3 - Phase 49 - 8

Navami

Bhuloka Day

Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1	Saturday, April 11, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yukitayam Frederick, MD Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau Sun 9 Sutra 363			
	Gulika	5:40AM – 7:18AM	Shravana Until 4:44AM Sun	Ganesha: Blue	Sunrise: 5:40AM	Vasvasu 5:17
	Yama	1:48PM – 3:26PM	Siddha Until 8:05AM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase 50 - 12
Creative Work Siddha Yoga		Rahu	8:55AM – 10:33AM	Nataraja: Purple	Moon – Purple	2nd Phase
Until 4:44AM Sun		Navami* Until 2:08PM				Devaloka Day
Then Routine Work – Marana Yoga		Chaitra-Panguni				

2	Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yukitayam Frederick, MD Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau Sun 10 Sutra 364			
	Gulika	3:26PM – 5:04PM	Dhanishtha Until 5:35AM Mon	Ganesha: Blue	Sunrise: 5:39AM	Vasvasu 5:17
	Yama	12:10PM – 1:48PM	Sadhya Until 7:44AM	Muruga: White	Sunset: 6:42PM	Moon 3 - Phase 50 - 10
Routine Work Marana Yoga		Rahu	5:04PM – 6:42PM	Nataraja: Purple	Moon – Purple	2nd Phase
Until 5:35AM Mon		Bava Until 2:53AM Mon				Devaloka Day
Then Creative Work – Siddha Yoga		Dashami Until 2:50PM				Chaitra-Panguni

3	Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Meena Mase Krishna Paksha Indu Vasara Yukitayam Frederick, MD Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau Sun 11 Sutra 1			
	Gulika	1:48PM – 3:27PM	Shatabhishak Until 5:28AM Tue	Ganesha: Blue	Sunrise: 5:37AM	Vasvasu 5:17
	Yama	10:32AM – 12:10PM	Subha Until 6:47AM	Muruga: White	Sunset: 6:43PM	Moon 3 - Phase 50 - 11
Family Home Evening		Rahu	7:15AM – 8:54AM	Nataraja: Purple	Moon – Purple	2nd Phase
Creative Work Siddha Yoga		Kaulava Until 2:21AM Tue				Devaloka Day
Until 5:28AM Tue		Ekadashi* Until 2:42PM				Chaitra-Chaitra
Then Routine Work – Marana Yoga						

4	Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meena Mase Krishna Paksha Mangala Vasara Yukitayam Frederick, MD Puravproshthapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashyam Tilau Sun 12 Sutra 2			
	Gulika	12:10PM – 1:48PM	Puravproshthapada* Until 4:53AM Wed	Ganesha: White	Sunrise: 5:36AM	Parabhava 5:18
	Yama	8:53AM – 10:31AM	Brahma Until 2:54AM Wed	Muruga: White	Sunset: 6:46PM	Moon 3 - Phase 50 - 12
Routine Work Marana Yoga		Rahu	3:27PM – 5:05PM	Nataraja: Purple	Moon – Clear	2nd Phase
Until 4:53AM Wed		Tamil New Year		Gara Until 1:00AM Wed	Dvadashi* Until 1:45PM	Bhuloka Day
Then Creative Work – Siddha Yoga		Pradosha Vata (Fasting)				

5	Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meena Mase Krishna Paksha Butha Vasara Yukitayam Frederick, MD Uttarproshthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau Sun 13 Sutra 3			
	Gulika	10:31AM – 12:10PM	Uttarproshthapada Until 3:28AM Thu	Ganesha: White	Sunrise: 5:34AM	Parabhava 5:18
	Yama	7:13AM – 8:52AM	Indra Until 12:06AM Thu	Muruga: White	Sunset: 6:45PM	Moon 3 - Phase 50 - 13
Meena Rasi: 3:58 TITHI 28 – 29		Rahu	12:10PM – 1:48PM	Nataraja: Purple	Moon – Clear	2nd Phase
Creative Work Siddha Yoga		Visi Until 10:58PM				Bhuloka Day
Until 1:22AM Fri		Trayodashi* Until 12:03PM				Chaitra-Chaitra
Then Creative Work – Siddha Yoga						

●	Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meena Mase Krishna Paksha Guru Vasara Yukitayam Frederick, MD Retreat Star Revati Nakshatra Vaidhiti* Yoga Sakuni/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau Sun 14 Sutra 4			
	Gulika	8:51AM – 10:30AM	Revati Until 1:22AM Fri	Ganesha: Yellow	Sunrise: 5:33AM	Parabhava 5:18
	Yama	5:33AM – 7:12AM	Vaidhiti* Until 8:49PM	Muruga: White	Sunset: 6:47PM	Moon 3 - Phase 50 - 14
Meena Rasi: 18:11 TITHI 29 – 30		Rahu	1:49PM – 3:28PM	Nataraja: Purple	Moon – Clear	Amavasya
Creative Work Siddha Yoga		Catuspadi Until 8:21PM				Bhuloka Day
Until 1:22AM Fri		Chaturdashi* Until 9:42AM				Devaloka Time: 9AM to 12:2PM
Then Creative Work – Amrita Yoga		Chaitra-Chaitra				

●	Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meena Mase Sukla Paksha Sukra Vasara Yukitayam Frederick, MD Retreat Star Ashvini Nakshatra Vishkambha* Pithi Yoga Naga/Bava Karana Amavasya/Prathamayam Tilau Sun 15 Sutra 5			
	Gulika	7:11AM – 8:50AM	Ashvini Until 11:11PM	Ganesha: Red	Sunrise: 5:31AM	Parabhava 5:18
	Yama	3:28PM – 5:08PM	Vishkambha* Until 5:13PM	Muruga: White	Sunset: 6:47PM	Moon 3 - Phase 50 - 15
Mesha Rasi: 2:44 TITHI 30 – 1		Rahu	10:30AM – 12:09PM	Nataraja: Purple	Moon – White	Prathama
Creative Work Amrita Yoga		Bava Until 3:41AM Sat				Bhuloka Day
Until 11:11PM		Amavasya* Until 6:51AM				Devaloka Time: 9AM to 12:2PM
Then Creative Work – Siddha Yoga		Vasubha-Chaitra				

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1 Saturday, April 18, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Mantra Vessara Yukhtayam				Frederick, MD
Bharani Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Tilau		Sun 16		Sutra 6		
Mesha Rasi: 17.33	Tilhi 2	Gulika 5:30AM - 7:10AM	Bharani Until 8:39PM	Ganesha: Red	Sunrise: 5:30AM	Parabhava 5128
		Yama 1:49PM - 3:28PM	Prithi Until 1:25PM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 1 - 16
		244858678 Rahu 8:49AM - 10:29AM	Balava Until 2:02PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:21AM Sun	Varaha-Chaitra		Bhuloka Day
Until 8:39PM						Devaloka Time: 9AM to 12PM
Then Creative Work - Amrita Yoga						
2 Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Bhanu Vessara Yukhtayam				Frederick, MD
Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trithiyayam Tilau		Sun 17		Sutra 7		
Wishabha Rasi: 2.28	Tilhi 3	Gulika 3:29PM - 5:09PM	Kritika Until 5:58PM	Ganesha: Red	Sunrise: 5:28AM	Parabhava 5128
		Yama 12:09PM - 1:49PM	Ayushman Until 9:31AM	Muruga: White	Sunset: 6:49PM	Moon 3 - Phase 1 - 17
		244858678 Rahu 5:09PM - 6:49PM	Talilla Until 10:41AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:00PM	Varaha-Chaitra		Bhuloka Day
		Akshaya Tritiya				Devaloka Time: 9AM to 12PM
3 Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Indu Vessara Yukhtayam				Frederick, MD
Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurithi/Panchamyam Tilau		Sun 18		Sutra 8		
Wishabha Rasi: 17.22	Tilhi 4 - 5	Gulika 1:49PM - 3:29PM	Rohini Until 3:40PM	Ganesha: Yellow	Sunrise: 5:27AM	Parabhava 5128
Family Home Evening		Yama 10:28AM - 12:08PM	Sobhana Until 2:03AM Tue	Muruga: White	Sunset: 6:50PM	Moon 3 - Phase 1 - 18
		234858678 Rahu 7:07AM - 8:48AM	Vanija Until 7:24AM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Chalurithi Until 5:49PM	Moon - Yellow		Bhuloka Day
				Varaha-Chaitra		Devaloka Time: 9AM to 12PM
4 Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Mangala Vessara Yukhtayam				Frederick, MD
Mrigashira/Ardra Nakshatra Alhiganda Yoga Balava/Kaulava Karana Panchami/Shushthiyam Tilau		Sun 19		Sutra 9		
Mithuna Rasi: 2.05	Tilhi 5 - 6	Gulika 12:08PM - 1:49PM	Mrigashira Until 1:31PM	Ganesha: Yellow	Sunrise: 5:26AM	Parabhava 5128
		Yama 8:47AM - 10:28AM	Alhiganda Until 10:39PM	Muruga: White	Sunset: 6:51PM	Moon 3 - Phase 1 - 19
		234858678 Rahu 3:30PM - 5:10PM	Kaulava Until 1:36AM Wed	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:54PM	Moon - Yellow		Bhuloka Day
Until 1:31PM		Adi Sankara Jayanthi		Varaha-Chaitra		Devaloka Time: 9AM to 12PM
Then Routine Work - Marana Yoga						
5 Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Budha Vessara Yukhtayam				Frederick, MD
Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau		Sun 20		Sutra 10		
Mithuna Rasi: 16.34	Tilhi 6 - 7	Gulika 10:27AM - 12:08PM	Ardra Until 11:37AM	Ganesha: Yellow	Sunrise: 5:24AM	Parabhava 5128
		Yama 7:05AM - 8:46AM	Sukama Until 7:38PM	Muruga: White	Sunset: 6:52PM	Moon 3 - Phase 1 - 20
		234858678 Rahu 12:08PM - 1:49PM	Gara Until 11:20PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi Until 12:23PM	Moon - Yellow		Bhuloka Day
				Varaha-Chaitra		Devaloka Time: 9AM to 12PM
Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Guru Vessara Yukhtayam				Frederick, MD
Punarvasu/Pushya Nakshatra Dhriti/Shula Karana Sapthami/Ashtamyam Tilau		Sun 21		Sutra 11		
Kataka Rasi: 0.43	Tilhi 7 - 8	Gulika 8:45AM - 10:27AM	Punarvasu Until 10:29AM	Ganesha: White	Sunrise: 5:23AM	Parabhava 5128
		Yama 5:23AM - 7:04AM	Dhriti Until 5:03PM	Muruga: White	Sunset: 6:53PM	Moon 3 - Phase 1 - 21
		244858678 Rahu 1:49PM - 3:30PM	Visli Until 9:35PM	Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Sapthami Until 10:22AM	Moon - Blue		Devaloka Day
				Varaha-Chaitra		
Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Sukra Vessara Yukhtayam				Frederick, MD
Pushya/Ashlesha Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamyam Tilau		Sun 22		Sutra 12		
Kataka Rasi: 14.32	Tilhi 8 - 9	Gulika 7:03AM - 8:45AM	Pushya Until 9:45AM	Ganesha: White	Sunrise: 5:21AM	Parabhava 5128
		Yama 3:31PM - 5:12PM	Shula Until 2:53PM	Muruga: White	Sunset: 6:54PM	Moon 3 - Phase 1 - 22
		244858679 Rahu 10:26AM - 12:08PM	Balava Until 8:24PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami Until 8:54AM	Moon - Blue		Sivaloka Day
				Varaha-Chaitra		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Saturday, April 25, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Maru Vazara Yuktyam Ashlesha/Magha Nakshatra Ganda/Vidhi Yoga Kauava/Saila Karana Navami/Edashyam Titau				Frederick, MD	
Kataka Rasi: 28.01	Tithi 9 – 10	Gulika 5:20AM – 7:02AM	Ashlesha* Until 9:26AM	Ganesha: White	Sunrise: 5:20AM	Sun 23	Sutra 13
		Yama 1:49PM – 3:31PM	Ganda* Until 1:12PM	Muruga: White	Sunset: 6:59PM		Parabhava 5:18
		244858679 Rahu 8:44AM – 10:26AM	Taitilla Until 7:46PM	Nataraja: Clear			Moon 3 - Phase 2 - 23
Routine Work	Marana Yoga		Navami* Until 8:00AM	Moon - Blue			4th Phase
Until 9:26AM				Valaksha-Chaitra			Sivaloka Day
Then Creative Work	- Amrita Yoga						

2 Sunday, April 26, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Bharu Vazara Yuktyam Magha/Puraphalguni Nakshatra Vidhi/Dhruva Yoga Gara/Vanji Karana Dashami/Edashyam Titau				Frederick, MD	
Simha Rasi: 11.11	Tithi 10 – 11	Gulika 3:32PM – 5:14PM	Magha* Until 9:57AM	Ganesha: Purple	Sunrise: 5:19AM	Sun 24	Sutra 14
		Yama 12:07PM – 1:49PM	Vidhi Until 11:57AM	Muruga: White	Sunset: 6:56PM		Parabhava 5:18
		255858679 Rahu 5:14PM – 6:56PM	Vanija Until 7:41PM	Nataraja: Clear			Moon 3 - Phase 2 - 24
Routine Work	Marana Yoga		Dashami Until 7:39AM	Moon - Red			4th Phase
Until 9:57AM				Valaksha-Chaitra			Bhuloka Day
Then Creative Work	- Siddha Yoga						Devaloka Time: 6PM to 9PM

3 Monday, April 27, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Indu Vazara Yuktyam Puraphalguni Nakshatra Dhruva/Vyagha* Yoga Vist/Beva Karana Ekadashi/Edashyam Titau				Frederick, MD	
Simha Rasi: 24.05	Tithi 11 – 12	Gulika 1:50PM – 3:32PM	Puraphalguni Until 10:49AM	Ganesha: Purple	Sunrise: 5:17AM	Sun 25	Sutra 15
Family Home Evening		Yama 10:25AM – 12:07PM	Dhruva Until 11:04AM	Muruga: White	Sunset: 6:57PM		Parabhava 5:18
		255858679 Rahu 7:00AM – 8:42AM	Bava Until 8:04PM	Nataraja: Clear			Moon 3 - Phase 2 - 25
Creative Work	Siddha Yoga		Ekadashi Until 7:48AM	Moon - Red			4th Phase
				Valaksha-Chaitra			Bhuloka Day
							Devaloka Time: 6PM to 9PM

4 Tuesday, April 28, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Mangala Vazara Yuktyam Uttaraphalguni Nakshatra Vyagha*/Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodashyam Titau				Frederick, MD	
Kanya Rasi: 6.47	Tithi 12 – 13	Gulika 12:07PM – 1:50PM	Uttaraphalguni Until 11:57AM	Ganesha: Purple	Sunrise: 5:16AM	Sun 26	Sutra 16
		Yama 8:42AM – 10:24AM	Vyagha*/ Until 10:33AM	Muruga: White	Sunset: 6:58PM		Parabhava 5:18
		255858679 Rahu 3:32PM – 5:15PM	Kaulava Until 8:53PM	Nataraja: Clear			Moon 3 - Phase 2 - 26
Creative Work	Amrita Yoga		Dvadashi Until 8:24AM	Moon - Red			4th Phase
Until 11:57AM				Valaksha-Chaitra			Bhuloka Day
Then Creative Work	- Siddha Yoga		Pradosha Vata				Devaloka Time: 6PM to 9PM

5 Wednesday, April 29, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Budha Vazara Yuktyam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD	
Kanya Rasi: 19.18	Tithi 13 – 14	Gulika 10:24AM – 12:07PM	Hasta Until 1:47PM	Ganesha: Clear	Sunrise: 5:15AM	Sun 27	Sutra 17
		Yama 6:58AM – 8:41AM	Harshana Until 10:22AM	Muruga: White	Sunset: 6:59PM		Parabhava 5:18
		265858679 Rahu 12:07PM – 1:50PM	Gara Until 10:04PM	Nataraja: Clear			Moon 3 - Phase 2 - 27
Routine Work	Marana Yoga		Trayodashi Until 9:25AM	Moon - Green			4th Phase
Until 1:47PM				Valaksha-Chaitra			Devaloka Day
Then Creative Work	- Siddha Yoga						

Copper Retreat Star		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Guru Vazara Yuktyam Chitra/Svali Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD	
Tula Rasi: 1.39	Tithi 14 – 15	Gulika 8:40AM – 10:23AM	Chitra Until 3:48PM	Ganesha: Clear	Sunrise: 5:14AM	Sun 28	Sutra 18
		Yama 5:14AM – 6:57AM	Vaja* Until 10:25AM	Muruga: White	Sunset: 7:00PM		Parabhava 5:18
		265858679 Rahu 1:50PM – 3:33PM	Visti Until 11:35PM	Nataraja: Clear			Moon 3 - Phase 2 - Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:46AM	Moon - Green			Devaloka Day
Until 3:48PM				Valaksha-Chaitra			
Then Creative Work	- Amrita Yoga						

Silver Retreat Star		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Krishna Palsha Sukra Vazara Yuktyam Svali/Vohaha Nakshatra Siddhi/Vyagha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD	
Tula Rasi: 13.52	Tithi 15 – 16	Gulika 6:55AM – 8:39AM	Svali Until 5:56PM	Ganesha: Clear	Sunrise: 5:17AM	Sun 29	Sutra 19
		Yama 3:34PM – 5:18PM	Siddhi Until 10:43AM	Muruga: White	Sunset: 7:02PM		Parabhava 5:18
		265858679 Rahu 10:23AM – 12:06PM	Balava Until 1:24AM Sat	Nataraja: Clear			Moon 3 - Phase 2 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 12:26PM	Moon - Green			Devaloka Day
				Valaksha-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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