



**Monday, April 14, 2025**

**Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 1:34PM  
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Indu Vasara Yuktayam Ashland, NH  
 Svali/Vishkha Nakshatra Vajra 7 Siddhi Yoga Talilla/Gara Karana Divlyayam Tila Sutra 1  
**Gulika** 1:26PM - 3:07PM **Svali** Until 1:34PM **Ganesh:** Yellow Sunrise: 5:05AM **Vasarasu** 5:12Z  
**Yama** 10:06AM - 11:46AM **Vajra\*** Until 12:07PM **Muruga:** Clear Sunset: 6:27PM **Moon** 3 - Phase 1 -  
**Rahu** 6:45AM - 8:26AM **Taililla** Until 1:16AM **Nataraja:** Clear **Devaloka Day**  
 Moon - Green

Tamil New Year

Dvitiya Until 12:28AM Tue

Chaitra-Chaitra

**1**

**Tuesday, April 15, 2025**

Tula Rasi: 28.02 Tithi 18  
 Routine Work Marana Yoga  
 Until 4:40PM  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Mangala Vasara Yuktayam Ashland, NH  
 Vishkha/Anuradha Nakshatra Siddhi/Vyaptipa\* Yoga Vanja/Visi\* Karana Trityayam Tila Sun 1 Sutra 2  
**Gulika** 11:46AM - 1:27PM **Vishkha** Until 4:40PM **Ganesh:** Blue Sunrise: 5:04AM **Vasarasu** 5:12Z  
**Yama** 8:25AM - 10:05AM **Siddhi** Until 1:01PM **Muruga:** Clear Sunset: 6:28PM **Moon** 3 - Phase 1 - 1  
**Rahu** 3:07PM - 4:48PM **Vanja** Until 1:41PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Orange

Tritiya Until 2:49AM Wed

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

**2**

**Wednesday, April 16, 2025**

Wishika Rasi: 9.58 Tithi 19  
 Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Butha Vasara Yuktayam Ashland, NH  
 Anuradha Nakshatra Vyatipata\* Mariyan Yoga Bava/Balava Karana Chaturthayam Tila Sun 2 Sutra 3  
**Gulika** 10:05AM - 11:46AM **Anuradha** Until 7:24PM **Ganesh:** Blue Sunrise: 5:03AM **Vasarasu** 5:12Z  
**Yama** 5:00AM - 6:42AM **Vyaptipata\*** Until 1:47PM **Muruga:** Clear Sunset: 6:30PM **Moon** 3 - Phase 1 - 2  
**Rahu** 11:46AM - 1:27PM **Bava** Until 3:55PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Orange

Chaturthi\* Until 4:54AM Thu

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

**3**

**Thursday, April 17, 2025**

Wishika Rasi: 21.59 Tithi 20  
 Routine Work Prabalarishtha Yoga  
 Until 9:40PM  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Guru Vasara Yuktayam Ashland, NH  
 Jyeshtha\* Nakshatra Parigha\* Parigha\* Yoga Kaulava/Taililla Karana Panchmayam Tila Sun 3 Sutra 3  
**Gulika** 8:23AM - 10:04AM **Jyeshtha\*** Until 9:40PM **Ganesh:** Blue Sunrise: 5:00AM **Vasarasu** 5:12Z  
**Yama** 5:00AM - 6:42AM **Parighan** Until 2:17PM **Muruga:** Clear Sunset: 6:31PM **Moon** 3 - Phase 1 - 3  
**Rahu** 1:27PM - 3:08PM **Kaulava** Until 5:51PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Orange

Panchami Until 6:39AM Fri

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

**4**

**Friday, April 18, 2025**

Dhanus Rasi: 4.09 Tithi 20 - 21  
 Creative Work Amrita Yoga  
 Until 11:51PM  
 Then Routine Work - Prabalarishtha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Sukra Vasara Yuktayam Ashland, NH  
 Mula\* Nakshatra Parigha\*/Shiva Yoga Talilla/Gara Karana Panchami/Shashthiyam Tila Sun 4 Sutra 5  
**Gulika** 6:40AM - 8:22AM **Mula\*** Until 11:51PM **Ganesh:** Red Sunrise: 4:59AM **Vasarasu** 5:12Z  
**Yama** 3:09PM - 4:50PM **Parigha\*** Until 2:31PM **Muruga:** Clear Sunset: 6:32PM **Moon** 3 - Phase 1 - 4  
**Rahu** 10:04AM - 11:45AM **Gara** Until 7:22PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Light Blue

Panchami Until 6:39AM

Chaitra-Chaitra

**5**

**Saturday, April 19, 2025**

Dhanus Rasi: 16.31 Tithi 21 - 22  
 Creative Work Siddha Yoga  
 Until 1:20AM Sun  
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Mani Vasara Yuktayam Ashland, NH  
 Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanja/Visi\* Karana Shashthi/Saptamyam Tila Sun 5 Sutra 6  
**Gulika** 4:57AM - 6:39AM **Purvashadha\*** Until 1:20AM Sun **Ganesh:** Red Sunrise: 4:57AM **Vasarasu** 5:12Z  
**Yama** 1:27PM - 3:09PM **Shiva** Until 2:23PM **Muruga:** Clear Sunset: 6:33PM **Moon** 3 - Phase 1 - 5  
**Rahu** 8:21AM - 10:03AM **Visi** Until 8:22PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Light Blue

Shashthi\* Until 7:55AM

Chaitra-Chaitra

**6**

**Sunday, April 20, 2025**

**Retreat Star**

Dhanus Rasi: 29.08 Tithi 22 - 23  
 Creative Work Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Bhava/Vajra Yuktayam Ashland, NH  
 Uttarashadha Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Saptami/Ashtami Yanyam Tila Sun 6 Sutra 7  
**Gulika** 3:10PM - 4:52PM **Uttarashadha** Until 2:02AM Mon **Ganesh:** Red Sunrise: 4:55AM **Vasarasu** 5:12Z  
**Yama** 11:45AM - 1:27PM **Siddha** Until 1:44PM **Muruga:** Clear Sunset: 6:34PM **Moon** 3 - Phase 1 - 6  
**Rahu** 4:52PM - 6:34PM **Balava** Until 8:42PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Light Blue

Saptami Until 8:36AM

Chaitra-Chaitra

**Monday, April 21, 2025**

**Retreat Star**

Makara Rasi: 12.04 Tithi 23 - 24  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 2:18AM Tue  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Indu Vasara Yuktayam Ashland, NH  
 Shravana Nakshatra Sadhyha/Subha Yoga Kaulava/Taililla Karana Ashtami/Navamyam Tila Sun 7 Sutra 8  
**Gulika** 1:27PM - 3:10PM **Shravana** Until 2:18AM Tue **Ganesh:** Green Sunrise: 4:54AM **Vasarasu** 5:12Z  
**Yama** 10:02AM - 11:45AM **Sadhyha** Until 12:32PM **Muruga:** Clear Sunset: 6:35PM **Moon** 3 - Phase 1 - 7  
**Rahu** 6:37AM - 8:19AM **Taililla** Until 8:19PM **Nataraja:** Clear **Devaloka Day**  
 Moon - Purple

Ashtami\* Until 8:35AM

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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## 1 Tuesday, April 22, 2025

|                    |               |  |                                    |                        |                 |                           |
|--------------------|---------------|--|------------------------------------|------------------------|-----------------|---------------------------|
|                    |               | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukitayam |                                    |                        |                 | Ashland, NH               |
|                    |               | Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashmyam Titau                       |                                    |                        |                 | Sun 8 Sutra 9             |
| Makara Rasi: 25.25 | Tithi 24 – 25 | <b>Gulika</b> 11:44AM – 1:27PM   | <b>Dhanishtha Until 1:40AM Wed</b> | <b>Ganesha:</b> Green  | Sunrise: 4:52AM | Vasavasu 5:127            |
|                    |               | <b>Yama</b> 8:16AM – 10:01AM   | <b>Sukha Until 10:46AM</b>         | <b>Muruga:</b> Clear   | Sunset: 6:27PM  | Moon 3 - Phase 2 - 8      |
| Creative Work      | Siddha Yoga   | <b>Rahu</b> 3:11PM – 4:54PM  | <b>Navami* Until 7:10PM</b>        | <b>Nataraja:</b> Clear |                 | 2nd Phase                 |
|                    |               |  | <b>Navami* Until 7:49AM</b>        | Moon - Purple          |                 |                           |
|                    |               |  |                                    | <b>Chaitry-Chatra</b>  |                 | <b>Bhuloka Day</b>        |
|                    |               |  |                                    |                        |                 | Devaloka Time: 3PM to 6PM |

## 2 Wednesday, April 23, 2025

|                   |               |   |                                       |                        |                 |                           |
|-------------------|---------------|---|---------------------------------------|------------------------|-----------------|---------------------------|
|                   |               | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Buda Vasara Yukitayam |                                       |                        |                 | Ashland, NH               |
|                   |               | Shalabhishak Nakshatra Sukla/Brahma Yoga Vist/Balava Karana Dashami/Dashmyam Titau                |                                       |                        |                 | Sun 9 Sutra 11            |
| Kumbha Rasi: 9.11 | Tithi 25 – 26 | <b>Gulika</b> 10:01AM – 11:44AM   | <b>Shalabhishak Until 12:10AM Thu</b> | <b>Ganesha:</b> Green  | Sunrise: 4:51AM | Vasavasu 5:127            |
|                   |               | <b>Yama</b> 6:34AM – 8:17AM   | <b>Sukla Until 8:21AM</b>             | <b>Muruga:</b> Clear   | Sunset: 6:28PM  | Moon 3 - Phase 2 - 9      |
| Creative Work     | Siddha Yoga   | <b>Rahu</b> 11:44AM – 1:28PM  | <b>Balava Until 4:03AM Thu</b>        | <b>Nataraja:</b> Clear |                 | 2nd Phase                 |
|                   |               |   | <b>Dashami Until 6:17AM</b>           | Moon - Purple          |                 |                           |
|                   |               |   |                                       | <b>Chaitry-Chatra</b>  |                 | <b>Bhuloka Day</b>        |
|                   |               |   |                                       |                        |                 | Devaloka Time: 3PM to 6PM |

## 3 Thursday, April 24, 2025

|                    |             |   |   |                         |                 |                       |
|--------------------|-------------|---|---|-------------------------|-----------------|-----------------------|
|                    |             | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukitayam |   |                         |                 | Ashland, NH           |
|                    |             | Shalabhishak Nakshatra Indra Yoga Kaulava/Taila Karana Dvadashmy Titau                            |   |                         |                 | Sun 10 Sutra 11       |
| Kumbha Rasi: 23.24 | Tithi 27    | <b>Gulika</b> 8:17AM – 10:00AM  | <b>Puruvashrothapada* Until 10:20PM</b> | <b>Ganesha:</b> Purple  | Sunrise: 4:49AM | Vasavasu 5:127        |
|                    |             | <b>Yama</b> 4:49AM – 6:33AM   | <b>Indra Until 1:57AM Fri</b>           | <b>Muruga:</b> Clear    | Sunset: 6:29PM  | Moon 3 - Phase 2 - 10 |
| Creative Work      | Siddha Yoga | <b>Rahu</b> 1:28PM – 3:11PM   | <b>Kaulava Until 2:43PM</b>             | <b>Nataraja:</b> Purple |                 | 2nd Phase             |
|                    |             |   | <b>Dvadashi* Until 1:13AM Fri</b>       | Moon - Clear            |                 |                       |
|                    |             |   |   | <b>Chaitry-Chatra</b>   |                 | <b>Devaloka Day</b>   |
|                    |             |   |   |                         |                 |                       |

## 4 Friday, April 25, 2025

|                  |             |  |                                       |                         |                 |                       |
|------------------|-------------|--|---------------------------------------|-------------------------|-----------------|-----------------------|
|                  |             | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Sakra Vasara Yukitayam |                                       |                         |                 | Ashland, NH           |
|                  |             | Uttarashrothapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashmy Titau                    |                                       |                         |                 | Sun 11 Sutra 12       |
| Meena Rasi: 8.02 | Tithi 28    | <b>Gulika</b> 6:32AM – 8:16AM  | <b>Uttarashrothapada Until 7:52PM</b> | <b>Ganesha:</b> Purple  | Sunrise: 4:48AM | Vasavasu 5:127        |
|                  |             | <b>Yama</b> 3:12PM – 4:56PM  | <b>Vaidhiti* Until 10:06PM</b>        | <b>Muruga:</b> Clear    | Sunset: 6:40PM  | Moon 3 - Phase 2 - 11 |
| Creative Work    | Siddha Yoga | <b>Rahu</b> 10:00AM – 11:44AM  | <b>Gara Until 11:38AM</b>             | <b>Nataraja:</b> Purple |                 | 2nd Phase             |
|                  |             |  | <b>Trayodashi* Until 9:54PM</b>       | Moon - Clear            |                 |                       |
|                  |             |  |                                       | <b>Chaitry-Chatra</b>   |                 | <b>Devaloka Day</b>   |
|                  |             |  |                                       |                         |                 |                       |

Pradosha Vata (Fasting)

## 5 Saturday, April 26, 2025

|                                  |                    |  |                                  |                         |                 |                       |
|----------------------------------|--------------------|--|----------------------------------|-------------------------|-----------------|-----------------------|
|                                  |                    | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Maria Vasara Yukitayam |                                  |                         |                 | Ashland, NH           |
|                                  |                    | Revati/Ashvini Nakshatra Vishkambha*Pili Yoga Visti/Sakuni* Karana Chaturdashmy Titau              |                                  |                         |                 | Sun 12 Sutra 13       |
| Meena Rasi: 23                   | Tithi 29           | <b>Gulika</b> 4:46AM – 6:30AM  | <b>Revati Until 4:56PM</b>       | <b>Ganesha:</b> Purple  | Sunrise: 4:46AM | Vasavasu 5:127        |
|                                  |                    | <b>Yama</b> 1:28PM – 3:12PM  | <b>Vishkambha* Until 5:59PM</b>  | <b>Muruga:</b> Clear    | Sunset: 6:41PM  | Moon 3 - Phase 2 - 12 |
| Routine Work                     | Prabalarishta Yoga | <b>Rahu</b> 8:15AM – 9:59AM  | <b>Visti Until 8:08AM</b>        | <b>Nataraja:</b> Purple |                 | 2nd Phase             |
| Until 4:56PM                     |                    |  | <b>Chaturdashi* Until 6:16PM</b> | Moon - Clear            |                 |                       |
| Then Creative Work - Siddha Yoga |                    |  |                                  | <b>Chaitry-Chatra</b>   |                 | <b>Devaloka Day</b>   |
|                                  |                    |  |                                  |                         |                 |                       |

## ● Sunday, April 27, 2025

|  |              |  |                                    |                         |                 |                       |
|--|--------------|--|------------------------------------|-------------------------|-----------------|-----------------------|
|  |              | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Bharu Vasara Yukitayam |                                    |                         |                 | Ashland, NH           |
|  |              | Ashvini/Bharani Nakshatra Prabhalochman Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau   |                                    |                         |                 | Sun 13 Sutra 14       |
| Mesha Rasi: 8.11                       | Tithi 30 – 1 | <b>Gulika</b> 3:13PM – 4:58PM  | <b>Ashvini Until 2:05PM</b>        | <b>Ganesha:</b> Orange  | Sunrise: 4:45AM | Vasavasu 5:127        |
|  |              | <b>Yama</b> 11:44AM – 1:28PM   | <b>Pili Until 1:45PM</b>           | <b>Muruga:</b> Clear    | Sunset: 6:42PM  | Moon 3 - Phase 2 - 13 |
| Creative Work                          | Siddha Yoga  | <b>Rahu</b> 4:58PM – 6:42PM  | <b>Kintughna Until 12:35AM Mon</b> | <b>Nataraja:</b> Purple |                 | Amavasya              |
| Until 2:05PM                           |              |  | <b>Amavasya* Until 2:29PM</b>      | Moon - White            |                 |                       |
| Then Routine Work - Prabalarishta Yoga |              |  |                                    | <b>Chaitry-Chatra</b>   |                 | <b>Sivaloka Day</b>   |
|  |              |  |                                    |                         |                 |                       |

## Monday, April 28, 2025

|                                 |             |   |                                |                         |                 |                       |
|---------------------------------|-------------|---|--------------------------------|-------------------------|-----------------|-----------------------|
|                                 |             | Viswastu Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukitayam |                                |                         |                 | Ashland, NH           |
|                                 |             | Bharani/Kritika Nakshatra Agrohman/Saubhagya Yoga Bava/Balava Karana Prathama/Othitayam Titau   |                                |                         |                 | Sun 14 Sutra 15       |
| Mesha Rasi: 23.25               | Tithi 1 – 2 | <b>Gulika</b> 1:28PM – 3:14PM   | <b>Bharani Until 11:06AM</b>   | <b>Ganesha:</b> Orange  | Sunrise: 4:43AM | Vasavasu 5:127        |
|                                 |             | <b>Yama</b> 9:58AM – 11:43AM  | <b>Ayushman Until 9:30AM</b>   | <b>Muruga:</b> Clear    | Sunset: 6:44PM  | Moon 3 - Phase 2 - 14 |
| Family Home Evening             | Siddha Yoga | <b>Rahu</b> 6:28AM – 8:13AM   | <b>Balava Until 8:51PM</b>     | <b>Nataraja:</b> Purple |                 | Prathama              |
| Until 11:06AM                   |             |   | <b>Prathama* Until 10:41AM</b> | Moon - White            |                 |                       |
| Creative Work                   |             |   |                                | <b>Valukha-Chatra</b>   |                 | <b>Sivaloka Day</b>   |
| Then Routine Work - Marana Yoga |             |   |                                |                         |                 |                       |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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1

Tuesday, April 29, 2025

|                                  |               |                         |   |  |  |
|----------------------------------|---------------|-------------------------|---|--|--|
|                                  |               |                         | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam<br>Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Titau | Sun 15                                 | Ashland, NH<br>Suira 16<br>Vasavasu 5:27 |
|                                  | <b>Gulika</b> | <b>11:43AM - 1:29PM</b> | <b>Kritika Untill 8:10AM</b>  | <b>Ganesha: Orange</b> Sunrise: 4:42AM | Moon 3 - Phase 3 - 15                    |
| Wishabha Rasi: 8.33              | Yama          | 8:12AM - 9:58AM         | Sobhana Untill 1:33AM Wed   | <b>Muruga: Clear</b> Sunset: 6:49PM    | 3rd Phase                                |
|                                  | <b>Rahu</b>   | <b>3:14PM - 4:59PM</b>  | Gara Untill 3:46AM Wed  | <b>Nataraja: Purple</b>                |  |
| Creative Work Siddha Yoga        |               |                         | Dwitiya Untill 7:03AM   | Moon - White                           | <b>Sivaloka Day</b>                      |
| Untill 8:10AM                    |               |                         |   | <b>Viswaha-Chaitra</b>                 |  |
| Then Creative Work - Amrita Yoga |               |                         |   |  |  |

2

Wednesday, April 30, 2025

|                                 |               |                         |   |  |  |
|---------------------------------|---------------|-------------------------|---|--|--|
|                                 |               |                         | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vasara Yuktayam<br>Mrigashira Nakshatra Aihganda* Yoga Vanja/Visi* Karana Chalurthiyam Titau | Sun 16                                 | Ashland, NH<br>Suira 17<br>Vasavasu 5:27 |
|                                 | <b>Gulika</b> | <b>9:57AM - 11:43AM</b> | <b>Mrigashira Untill 3:53AM Thu</b>   | <b>Ganesha: Purple</b> Sunrise: 4:40AM | Moon 3 - Phase 3 - 16                    |
| Wishabha Rasi: 23.25            | Yama          | 6:26AM - 8:12AM         | Aihganda* Untill 10:05PM  | <b>Muruga: Clear</b> Sunset: 6:46PM    | 3rd Phase                                |
|                                 | <b>Rahu</b>   | <b>11:43AM - 1:29PM</b> | Vanija Untill 2:19PM  | <b>Nataraja: Purple</b>                |  |
| Creative Work Siddha Yoga       |               |                         | Chalurthi* Untill 12:58AM Thu   | Moon - Yellow                          | <b>Devaloka Day</b>                      |
| Untill 3:53AM Thu               |               |                         |   | <b>Viswaha-Chaitra</b>                 |  |
| Then Routine Work - Marana Yoga |               |                         |   |  |  |

3

Thursday, May 1, 2025

|                                  |               |                        |  |  |  |
|----------------------------------|---------------|------------------------|--|--|--|
|                                  |               |                        | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vasara Yuktayam<br>Andra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau | Sun 17                                 | Ashland, NH<br>Suira 18<br>Vasavasu 5:27 |
|                                  | <b>Gulika</b> | <b>8:11AM - 9:57AM</b> | <b>Andra Untill 2:27AM Fri</b>   | <b>Ganesha: Purple</b> Sunrise: 4:39AM | Moon 3 - Phase 3 - 17                    |
| Mithuna Rasi: 7.55               | Yama          | 4:39AM - 6:25AM        | Sukama Untill 7:09PM   | <b>Muruga: Clear</b> Sunset: 6:47PM    | 3rd Phase                                |
|                                  | <b>Rahu</b>   | <b>1:29PM - 3:15PM</b> | Bava Untill 11:49AM  | <b>Nataraja: Purple</b>                |  |
| Routine Work Marana Yoga         |               |                        | Panchami Untill 10:49PM  | Moon - Yellow                          | <b>Devaloka Day</b>                      |
| Untill 2:27AM Fri                |               |                        |  | <b>Viswaha-Chaitra</b>                 |  |
| Then Creative Work - Siddha Yoga |               |                        |  |  |  |

4

Friday, May 2, 2025

|                           |               |                         |  |                                       |  |
|---------------------------|---------------|-------------------------|--|---------------------------------------|--|
|                           |               |                         | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Dhri/ishula* Yoga Kaulava/Taila Karana Shashthiyam Titau | Sun 18                                | Ashland, NH<br>Suira 19<br>Vasavasu 5:27 |
|                           | <b>Gulika</b> | <b>6:24AM - 8:10AM</b>  | <b>Punarvasu Untill 2:04AM Sat</b>   | <b>Ganesha: Clear</b> Sunrise: 4:27AM | Moon 3 - Phase 3 - 18                    |
| Mithuna Rasi: 21.57       | Yama          | 3:16PM - 5:02PM         | Dhri/ill Untill 4:50PM   | <b>Muruga: Clear</b> Sunset: 6:48PM   | 3rd Phase                                |
|                           | <b>Rahu</b>   | <b>9:56AM - 11:43AM</b> | Kaulava Untill 10:02AM   | <b>Nataraja: Purple</b>               |  |
| Creative Work Siddha Yoga |               |                         | Shashthi* Untill 9:24PM  | Moon - Blue                           | <b>Sivaloka Day</b>                      |
|                           |               |                         |  | <b>Viswaha-Chaitra</b>                |  |

5

Saturday, May 3, 2025

|                           |               |                        |  |                                       |  |
|---------------------------|---------------|------------------------|--|---------------------------------------|--|
|                           |               |                        | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vasara Yuktayam<br>Pushya Nakshatra Ganda*Widdhi*Ganda* Yoga Gara/Vanija Karana Saptamyam Titau | Sun 19                                | Ashland, NH<br>Suira 20<br>Vasavasu 5:27 |
|                           | <b>Gulika</b> | <b>4:36AM - 6:23AM</b> | <b>Pushya Untill 2:22AM Sun</b>  | <b>Ganesha: Clear</b> Sunrise: 4:36AM | Moon 3 - Phase 3 - 19                    |
| Kalka Rasi: 5.31          | Yama          | 1:29PM - 3:16PM        | Shula* Untill 3:09PM   | <b>Muruga: Clear</b> Sunset: 6:49PM   | 3rd Phase                                |
|                           | <b>Rahu</b>   | <b>8:09AM - 9:56AM</b> | Gara Untill 9:02AM   | <b>Nataraja: Purple</b>               |  |
| Creative Work Siddha Yoga |               |                        | Saptami Untill 8:50PM  | Moon - Blue                           | <b>Sivaloka Day</b>                      |
|                           |               |                        |  | <b>Viswaha-Chaitra</b>                |  |

D

Sunday, May 4, 2025

|                                 |               |                        |   |                                       |  |
|---------------------------------|---------------|------------------------|---|---------------------------------------|--|
|                                 |               |                        | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Ganda*Widdhi*Yoga Visi*/Bava Karana Ashtamyam Titau | Sun 20                                | Ashland, NH<br>Suira 21<br>Vasavasu 5:27 |
|                                 | <b>Gulika</b> | <b>3:17PM - 5:04PM</b> | <b>Ashlesha* Untill 3:20AM Mon</b>  | <b>Ganesha: Clear</b> Sunrise: 4:25AM | Moon 3 - Phase 3 - 20                    |
| Kalka Rasi: 18.37               | Yama          | 11:43AM - 1:30PM       | Ganda* Untill 2:09PM  | <b>Muruga: Clear</b> Sunset: 6:51PM   | Ashtami                                  |
|                                 | <b>Rahu</b>   | <b>5:04PM - 6:51PM</b> | Visi Untill 8:53AM  | <b>Nataraja: Purple</b>               |  |
| Creative Work Siddha Yoga       |               |                        | Ashlami* Untill 9:06PM  | Moon - Blue                           | <b>Sivaloka Day</b>                      |
| Untill 3:20AM Mon               |               |                        |   | <b>Viswaha-Chaitra</b>                |  |
| Then Routine Work - Marana Yoga |               |                        |   |                                       |  |

Monday, May 5, 2025

|                                  |               |                        |   |                                       |  |
|----------------------------------|---------------|------------------------|---|---------------------------------------|--|
|                                  |               |                        | Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vasara Yuktayam<br>Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau | Sun 21                                | Ashland, NH<br>Suira 22<br>Vasavasu 5:27 |
|                                  | <b>Gulika</b> | <b>1:30PM - 3:17PM</b> | <b>Magha* Untill 5:20AM Tue</b>   | <b>Ganesha: White</b> Sunrise: 4:23AM | Moon 3 - Phase 3 - 21                    |
| Simha Rasi: 1.18                 | Yama          | 9:55AM - 11:43AM       | Viddhi Untill 1:48PM  | <b>Muruga: Red</b> Sunset: 6:52PM     | Navami                                   |
|                                  | <b>Rahu</b>   | <b>6:21AM - 8:08AM</b> | Balava Untill 9:33AM  | <b>Nataraja: Purple</b>               |  |
| Family Home Evening              |               |                        | Navami* Untill 10:09PM  | Moon - Red                            | <b>Devaloka Day</b>                      |
| Routine Work Marana Yoga         |               |                        |   | <b>Viswaha-Chaitra</b>                |  |
| Untill 5:20AM Tue                |               |                        |   |                                       |  |
| Then Creative Work - Siddha Yoga |               |                        |   |                                       |  |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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|  |  |   |  |  |  |
|--|--|---|--|--|--|
| <b>1 Tuesday, May 6, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Мангала Васара Yuktayam Ashland, NH |  |  |  |
| Paruphalguni Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashayam Titau Sun 22                   |  | Sukra 11:42AM – 1:30PM  |  | Sukra 11:42AM – 1:30PM                 |  |
| Simha Rasi: 13.4 Tithi 10  |  | Purvaphalguni Untill 7:46AM Wed   |  | Ganesha: White Sunrise: 4:20AM         |  |
| 254318579  |  | Dhruva Untill 1:57PM  |  | Muruga: Red Sunset: 6:53PM             |  |
| Creative Work Siddha Yoga  |  | Talilla Untill 10:56AM  |  | Nataraja: Purple Moon 3 - Phase 4 - 22 |  |
| Untill 7:46AM Wed  |  | Dashami Untill 11:50PM  |  | Moon - Red                             |  |
| Then Creative Work - Amrita Yoga   |  | Vasula-Chaitra  |  | Devaloka Day                           |  |
| <b>2 Wednesday, May 7, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сіало Пакхіе Бадха Васара Yuktayam Ashland, NH   |  |  |  |
| Paruphalguni Nakshatra Vyaghata* Harshana Yoga Vanja/Ved* Karana Ekadashyam Titau Sun 23                 |  | Sukra 9:54AM – 11:42AM  |  | Sukra 9:54AM – 11:42AM                 |  |
| Simha Rasi: 25.46 Tithi 11   |  | Purvaphalguni Untill 7:46AM   |  | Ganesha: White Sunrise: 4:31AM         |  |
| 254318579  |  | Vyaghata* Untill 2:33PM   |  | Muruga: Red Sunset: 6:59PM             |  |
| Creative Work Amrita Yoga  |  | Vanija Untill 12:54PM   |  | Nataraja: Purple Moon 3 - Phase 4 - 22 |  |
| Untill 7:46AM Wed  |  | Ekadashi Untill 2:01AM Thu  |  | Moon - Red                             |  |
| Then Creative Work - Amrita Yoga   |  | Vasula-Chaitra  |  | Devaloka Day                           |  |
| <b>3 Thursday, May 8, 2025</b>   |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Guru Vasara Yuktayam Ashland, NH    |  |  |  |
| Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sun 24                 |  | Sukra 8:04AM – 9:54AM   |  | Sukra 8:04AM – 9:54AM                  |  |
| Kanya Rasi: 7.43 Tithi 12  |  | Uttaraphalguni Untill 10:27AM   |  | Ganesha: White Sunrise: 4:29AM         |  |
| 254318579  |  | Harshana Untill 3:27PM  |  | Muruga: Red Sunset: 6:59PM             |  |
| Amrita Yoga  |  | Bava Untill 3:15PM  |  | Nataraja: Purple Moon 3 - Phase 4 - 24 |  |
| Untill 10:27AM   |  | Dvadashi Untill 4:29AM Fri  |  | Moon - Red                             |  |
| Then Routine Work - Marana Yoga  |  | Vasula-Chaitra  |  | Devaloka Day                           |  |
| <b>4 Friday, May 9, 2025</b>   |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Sukra Vasara Yuktayam Ashland, NH   |  |  |  |
| Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Talilla Karana Trayodashyam Titau Sun 25               |  | Sukra 6:17AM – 8:05AM   |  | Sukra 6:17AM – 8:05AM                  |  |
| Kanya Rasi: 19.33 Tithi 13   |  | Hasta Untill 1:40PM   |  | Ganesha: White Sunrise: 4:28AM         |  |
| 265318579  |  | Vajra* Untill 4:28PM  |  | Muruga: Red Sunset: 6:56PM             |  |
| Creative Work Amrita Yoga  |  | Kaulava Untill 5:48PM   |  | Nataraja: Purple Moon 3 - Phase 4 - 25 |  |
| Untill 1:40PM  |  | Trayodashi Untill 7:04AM Sat  |  | Moon - Green                           |  |
| Then Creative Work - Siddha Yoga   |  | Pradosha Vata   |  | Vasula-Chaitra                         |  |
| <b>5 Saturday, May 10, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Manu Vasara Yuktayam Ashland, NH    |  |  |  |
| Chitra/Svali Nakshatra Siddhi/Vyaptipala* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 |  | Sukra 4:27AM – 6:16AM   |  | Sukra 4:27AM – 6:16AM                  |  |
| Tula Rasi: 1.21 Tithi 13 – 14  |  | Chitra Untill 4:47PM  |  | Ganesha: White Sunrise: 4:27AM         |  |
| 265318579  |  | Siddhi Untill 5:31PM  |  | Muruga: Red Sunset: 6:57PM             |  |
| Routine Work Marana Yoga   |  | Gara Untill 8:22PM  |  | Nataraja: Purple Moon 3 - Phase 4 - 26 |  |
| Untill 4:47PM  |  | Trayodashi Untill 7:04AM  |  | Moon - Green                           |  |
| Then Creative Work - Siddha Yoga   |  | Vasula-Chaitra  |  | Subha Sivaloka Day                     |  |
| <b>○ Sunday, May 11, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Bhanu Vasara Yuktayam Ashland, NH   |  |  |  |
| Svali Nakshatra Vyaptipala* Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Titau Sun 27                 |  | Sukra 3:20PM – 5:09PM   |  | Sukra 3:20PM – 5:09PM                  |  |
| Copper Retreat Star  |  | Svali Untill 7:39PM   |  | Ganesha: White Sunrise: 4:26AM         |  |
| Tula Rasi: 13.1 Tithi 14 – 15  |  | Vyaptipala* Untill 6:32PM   |  | Muruga: Red Sunset: 6:59PM             |  |
| 265318579  |  | Visli Untill 10:50PM  |  | Nataraja: Purple Moon 3 - Phase 4 - 27 |  |
| Creative Work Siddha Yoga  |  | Chalurdashi* Untill 9:36AM  |  | Moon - Green                           |  |
| Untill 7:39PM  |  | Vasula-Chaitra  |  | Subha Sivaloka Day                     |  |
| Then Routine Work - Marana Yoga  |  | Mother's Day  |  |  |  |
| <b>Monday, May 12, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Krishna Pakshi Indu Vasara Yuktayam Ashland, NH  |  |  |  |
| Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29                       |  | Sukra 1:32PM – 3:21PM   |  | Sukra 1:32PM – 3:21PM                  |  |
| Silver Retreat Star  |  | Vishakha Untill 10:40PM   |  | Ganesha: Yellow Sunrise: 4:25AM        |  |
| Tula Rasi: 25.02 Tithi 15 – 16   |  | Varyan Untill 7:22PM  |  | Muruga: Red Sunset: 7:00PM             |  |
| 275318579  |  | Balava Untill 1:07AM Tue  |  | Nataraja: Purple Moon 3 - Phase 4 -    |  |
| Family Home Evening  |  | Purnima* Untill 11:59AM   |  | Prathama                               |  |
| Routine Work Marana Yoga   |  | Vasula-Chaitra  |  | Sivaloka Day                           |  |
| Untill 10:40PM   |  |   |  |  |  |
| Then Creative Work - Siddha Yoga   |  |   |  |  |  |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 13, 2025

Gold Retreat Star

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam

Ashtland, NH

|  |               |                                |                                  |                         |                 |                              |                     |
|--|---------------|--------------------------------|----------------------------------|-------------------------|-----------------|------------------------------|---------------------|
| Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau |               | <b>Gulika</b> 11:42AM - 1:32PM | <b>Anuradha Until 1:17AM Wed</b> | <b>Ganesha:</b> Yellow  | Sunrise: 4:24AM |                              | Vasavasu 5:17       |
| Wischika Rasi: 6.59  | Tithi 16 - 17 | Yama 8:03AM - 9:52AM           | Parigha* Until 8:03PM            | <b>Muruga:</b> Red      | Sunset: 7:09PM  | Moon 4 - Phase 5 - 1st Phase |                     |
| Creative Work  | Siddha Yoga   | Rahu 3:21PM - 5:11PM           | Tailita Until 3:08AM Wed         | <b>Nataraja:</b> Purple |                 |                              |                     |
|  |               |                                | <b>Prathama* Until 2:08PM</b>    | <b>Moon - Orange</b>    |                 |                              | <b>Sivaloka Day</b> |
|  |               |                                |                                  | <b>Vasavata-Chakra</b>  |                 |                              |                     |

1

Wednesday, May 14, 2025

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Будха Васара Yuktayam

Ashtland, NH

|   |               |                                |                                   |                         |                 |                              |                     |
|---|---------------|--------------------------------|-----------------------------------|-------------------------|-----------------|------------------------------|---------------------|
| Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitya/Triyayam Titau |               | <b>Gulika</b> 9:52AM - 11:42AM | <b>Jyeshtha* Until 3:27AM Thu</b> | <b>Ganesha:</b> Yellow  | Sunrise: 4:22AM |                              | Vasavasu 5:17       |
| Wischika Rasi: 19.02  | Tithi 17 - 18 | Yama 6:12AM - 8:02AM           | Shiva Until 8:31PM                | <b>Muruga:</b> Red      | Sunset: 7:09PM  | Moon 4 - Phase 5 - 1st Phase |                     |
| Creative Work   | Siddha Yoga   | Rahu 11:42AM - 1:32PM          | Vanija Until 4:51AM Thu           | <b>Nataraja:</b> Purple |                 |                              |                     |
|   |               |                                | <b>Dvitya Until 4:01PM</b>        | <b>Moon - Orange</b>    |                 |                              | <b>Sivaloka Day</b> |
|   |               |                                |                                   | <b>Vasavata-Valkata</b> |                 |                              |                     |

2

Thursday, May 15, 2025

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Guru Vasara Yuktayam

Ashtland, NH

|  |               |                               |                               |                          |                 |                                |                           |
|--|---------------|-------------------------------|-------------------------------|--------------------------|-----------------|--------------------------------|---------------------------|
| Mula* Nakshatra Siddha Yoga Visi* Bava Karana Tritiya/Chaturtham Titau |               | <b>Gulika</b> 8:02AM - 9:52AM | <b>Mula* Until 5:37AM Fri</b> | <b>Ganesha:</b> Blue     | Sunrise: 4:21AM |                                | Vasavasu 5:17             |
| Dhanus Rasi: 1.12  | Tithi 18 - 19 | Yama 6:12AM - 8:02AM          | Siddha Until 8:42PM           | <b>Muruga:</b> Red       | Sunset: 7:09PM  | Moon 4 - Phase 5 - 2 1st Phase |                           |
| Creative Work  | Siddha Yoga   | Rahu 1:32PM - 3:23PM          | Bava Until 6:14AM Fri         | <b>Nataraja:</b> Purple  |                 |                                |                           |
|  |               |                               | <b>Tritiya Until 5:34PM</b>   | <b>Moon - Light Blue</b> |                 |                                | <b>Subha Sivaloka Day</b> |
|  |               |                               |                               | <b>Vasavata-Valkata</b>  |                 |                                |                           |

3

Friday, May 16, 2025

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Sukra Vasara Yuktayam

Ashtland, NH

|   |                     |                               |                                     |                          |                 |                                |                           |
|---|---------------------|-------------------------------|-------------------------------------|--------------------------|-----------------|--------------------------------|---------------------------|
| Purvashada* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Titau |                     | <b>Gulika</b> 6:11AM - 8:01AM | <b>Purvashada* Until 7:14AM Sat</b> | <b>Ganesha:</b> Blue     | Sunrise: 4:20AM |                                | Vasavasu 5:17             |
| Dhanus Rasi: 13.31  | Tithi 19            | Yama 3:23PM - 5:14PM          | Sadhya Until 8:37PM                 | <b>Muruga:</b> Red       | Sunset: 7:09PM  | Moon 4 - Phase 5 - 3 1st Phase |                           |
| Routine Work  | Prabalarishtha Yoga | Rahu 9:52AM - 11:42AM         | Bava Until 6:14AM                   | <b>Nataraja:</b> Purple  |                 |                                |                           |
|   |                     |                               | <b>Chaturthi* Until 6:46PM</b>      | <b>Moon - Light Blue</b> |                 |                                | <b>Subha Sivaloka Day</b> |
|   |                     |                               |                                     | <b>Vasavata-Valkata</b>  |                 |                                |                           |

4

Saturday, May 17, 2025

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Mani Vasara Yuktayam

Ashtland, NH

|   |             |                               |                                 |                          |                 |                                |                           |
|---|-------------|-------------------------------|---------------------------------|--------------------------|-----------------|--------------------------------|---------------------------|
| Purvashada* Uttarashada Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Titau |             | <b>Gulika</b> 4:19AM - 6:10AM | <b>Purvashada* Until 7:14AM</b> | <b>Ganesha:</b> Blue     | Sunrise: 4:19AM |                                | Vasavasu 5:17             |
| Dhanus Rasi: 26   | Tithi 20    | Yama 1:33PM - 3:24PM          | Subha Until 8:13PM              | <b>Muruga:</b> Red       | Sunset: 7:09PM  | Moon 4 - Phase 5 - 4 1st Phase |                           |
| Creative Work   | Siddha Yoga | Rahu 8:01AM - 9:51AM          | Kaulava Until 7:13AM            | <b>Nataraja:</b> Purple  |                 |                                |                           |
|   |             |                               | <b>Panchami Until 7:31PM</b>    | <b>Moon - Light Blue</b> |                 |                                | <b>Subha Sivaloka Day</b> |
|   |             |                               |                                 | <b>Vasavata-Valkata</b>  |                 |                                |                           |

5

Sunday, May 18, 2025

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Bhanu Vasara Yuktayam

Ashtland, NH

|   |             |                               |                                 |                          |                 |                                |                           |
|---|-------------|-------------------------------|---------------------------------|--------------------------|-----------------|--------------------------------|---------------------------|
| Uttarashada/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shastham Titau |             | <b>Gulika</b> 3:24PM - 5:15PM | <b>Uttarashada Until 8:15AM</b> | <b>Ganesha:</b> Blue     | Sunrise: 4:18AM |                                | Vasavasu 5:17             |
| Makara Rasi: 8.42   | Tithi 21    | Yama 11:42AM - 1:33PM         | Sukla Until 7:24PM              | <b>Muruga:</b> Red       | Sunset: 7:09PM  | Moon 4 - Phase 5 - 5 1st Phase |                           |
| Creative Work   | Amrita Yoga | Rahu 5:15PM - 7:06PM          | Gara Until 7:45AM               | <b>Nataraja:</b> Purple  |                 |                                |                           |
|   |             |                               | <b>Shashthi* Until 7:47PM</b>   | <b>Moon - Light Blue</b> |                 |                                | <b>Subha Sivaloka Day</b> |
|   |             |                               |                                 | <b>Vasavata-Valkata</b>  |                 |                                |                           |

6

Monday, May 19, 2025

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Brahma Vasara Yuktayam

Ashtland, NH

|  |             |                               |                              |                         |                 |                                |                     |
|--|-------------|-------------------------------|------------------------------|-------------------------|-----------------|--------------------------------|---------------------|
| Shravana/Dhanishtha Nakshatra Brahma Yoga Visi* Bava Karana Saptamam Titau |             | <b>Gulika</b> 1:33PM - 3:25PM | <b>Shravana Until 9:03AM</b> | <b>Ganesha:</b> Blue    | Sunrise: 4:17AM |                                | Vasavasu 5:17       |
| Makara Rasi: 21.39   | Tithi 22    | Yama 9:51AM - 11:42AM         | Brahma Until 6:08PM          | <b>Muruga:</b> Red      | Sunset: 7:09PM  | Moon 4 - Phase 5 - 6 1st Phase |                     |
| Family Home Evening  | Amrita Yoga | Rahu 6:09AM - 8:00AM          | Visi Until 7:43AM            | <b>Nataraja:</b> Purple |                 |                                |                     |
|  |             |                               | <b>Saptami Until 7:28PM</b>  | <b>Moon - Purple</b>    |                 |                                | <b>Devaloka Day</b> |
|  |             |                               |                              | <b>Vasavata-Valkata</b> |                 |                                |                     |

D

Tuesday, May 20, 2025

Retreat Star

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Mangala Vasara Yuktayam

Ashtland, NH

|   |             |                                |                                |                         |                 |                      |                     |
|---|-------------|--------------------------------|--------------------------------|-------------------------|-----------------|----------------------|---------------------|
| Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhiti* Yoga Balava/Kaulava Karana Asthamam Titau |             | <b>Gulika</b> 11:42AM - 1:34PM | <b>Dhanishtha Until 9:06AM</b> | <b>Ganesha:</b> Blue    | Sunrise: 4:16AM |                      | Vasavasu 5:17       |
| Kumbha Rasi: 4.55   | Tithi 23    | Yama 7:59AM - 9:51AM           | Indra Until 4:23PM             | <b>Muruga:</b> Red      | Sunset: 7:09PM  | Moon 4 - Phase 5 - 7 |                     |
| Creative Work   | Siddha Yoga | Rahu 3:25PM - 5:17PM           | Balava Until 7:06AM            | <b>Nataraja:</b> Purple |                 |                      |                     |
|   |             |                                | <b>Ashtami* Until 6:31PM</b>   | <b>Moon - Purple</b>    |                 |                      | <b>Devaloka Day</b> |
|   |             |                                |                                | <b>Vasavata-Valkata</b> |                 |                      |                     |

Wednesday, May 21, 2025

Retreat Star

Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Вішбаха Месе Крішна Пакше Budha Vasara Yuktayam

Ashtland, NH

|   |               |                                |                                  |                         |                 |                      |                     |
|---|---------------|--------------------------------|----------------------------------|-------------------------|-----------------|----------------------|---------------------|
| Shatabhishak/Purvashodhadasa* Nakshatra Vaidhiti* Vohkambha* Yoga Gara/Vanija Karana Navamam/Dashamam Titau |               | <b>Gulika</b> 9:51AM - 11:42AM | <b>Shatabhishak Until 8:22AM</b> | <b>Ganesha:</b> Blue    | Sunrise: 4:15AM |                      | Vasavasu 5:17       |
| Kumbha Rasi: 18.32  | Tithi 24 - 25 | Yama 6:07AM - 7:59AM           | Vaidhiti* Until 2:05PM           | <b>Muruga:</b> Red      | Sunset: 7:09PM  | Moon 4 - Phase 5 - 8 |                     |
| Creative Work   | Siddha Yoga   | Rahu 11:42AM - 1:34PM          | Vanija Until 3:55AM Thu          | <b>Nataraja:</b> Purple |                 |                      |                     |
|   |               |                                | <b>Navam* Until 4:56PM</b>       | <b>Moon - Purple</b>    |                 |                      | <b>Devaloka Day</b> |
|   |               |                                |                                  | <b>Vasavata-Valkata</b> |                 |                      |                     |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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|               |                                |             |   |   |  |                                   |  |
|---------------|--------------------------------|-------------|---|---|--|-----------------------------------|--|
| <b>1</b>      | <b>Wednesday, May 28, 2025</b> |             | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Badho Vrsara Yuktayam<br>Migshira/Ardra Nakshatra Dhrli/Shukr Yoga Kadava/Taila Karana Dvitiya/Tritiyam Titau |   |  |                                   | Ashland, NH<br>Sufra 45                                      |
|               | Mithuna Rasi: 1.45             | Tithi 2 - 3 | <b>Gulika</b><br>9:50AM - 11:43AM<br>Yama<br>6:03AM - 7:57AM<br>Rahu<br>11:43AM - 1:36PM  | <b>Mrigashira</b> Untill 2:01PM<br>Dhrili Untill 8:40AM<br>Taila Untill 2:07AM Thu<br>Dvitiya Untill 3:28PM | <b>Ganesh:</b> Green<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Yellow | Sunrise: 4:10AM<br>Sunset: 7:16PM | Sun 15<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 15<br>3rd Phase |
| Creative Work | Siddha Yoga                    | 337418579   |   |   |  |                                   | <b>Devaloka Day</b>  |

|                                  |                               |             |   |  |  |                                   |  |
|----------------------------------|-------------------------------|-------------|---|--|--|-----------------------------------|--|
| <b>2</b>                         | <b>Thursday, May 29, 2025</b> |             | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Guru Vasara Yuktayam<br>Ardra/Purnvasu Nakshatra Ganda* Yoga Gara/Venja Karana Tritiya/Chaturtham Titau |  |  |                                   | Ashland, NH<br>Sufra 46                                      |
|                                  | Mithuna Rasi: 16.18           | Tithi 3 - 4 | <b>Gulika</b><br>7:56AM - 9:50AM<br>Yama<br>4:09AM - 6:03AM<br>Rahu<br>1:36PM - 3:30PM  | <b>Ardra</b> Untill 12:03PM<br>Ganda* Untill 2:28AM Fri<br>Vanija Untill 11:50PM<br>Tritiya Untill 12:53PM | <b>Ganesh:</b> Green<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Yellow | Sunrise: 4:09AM<br>Sunset: 7:17PM | Sun 16<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 16<br>3rd Phase |
| Routine Work                     | Marana Yoga                   | 337418579   |   |  |  |                                   | <b>Devaloka Day</b>  |
| Untill 12:03PM                   |                               |             |   |  |  |                                   |  |
| Then Creative Work - Amrita Yoga |                               |             |   |  |  |                                   |  |

|                                 |                             |             |   |  |  |                                   |  |
|---------------------------------|-----------------------------|-------------|---|--|--|-----------------------------------|--|
| <b>3</b>                        | <b>Friday, May 30, 2025</b> |             | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Sukra Vasara Yuktayam<br>Purnvasu/Pushya Nakshatra Vidhi Yoga Vsi*/Bava Karana Chaturtham Titau |  |  |                                   | Ashland, NH<br>Sufra 47                                      |
|                                 | Kalka Rasi: 0.25            | Tithi 4 - 5 | <b>Gulika</b><br>6:02AM - 7:56AM<br>Yama<br>3:30PM - 5:24PM<br>Rahu<br>9:50AM - 11:43AM   | <b>Purnvasu</b> Untill 11:02AM<br>Vidhi Untill 12:15AM Sat<br>Bava Untill 10:18PM<br>Chaturthi* Untill 10:57AM | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Blue | Sunrise: 4:09AM<br>Sunset: 7:16PM | Sun 17<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 17<br>3rd Phase |
| Creative Work                   | Siddha Yoga                 | 347418579   |   |  |  |                                   | <b>Devaloka Day</b>  |
| Untill 11:02AM                  |                             |             |   |  |  |                                   |  |
| Then Routine Work - Marana Yoga |                             |             |   |  |  |                                   |  |

|                                 |                               |             |   |  |  |                                   |  |
|---------------------------------|-------------------------------|-------------|---|--|--|-----------------------------------|--|
| <b>4</b>                        | <b>Saturday, May 31, 2025</b> |             | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Marita Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |  |  |                                   | Ashland, NH<br>Sufra 48                                      |
|                                 | Kalka Rasi: 14.04             | Tithi 5 - 6 | <b>Gulika</b><br>4:08AM - 6:02AM<br>Yama<br>1:37PM - 3:31PM<br>Rahu<br>7:56AM - 9:50AM  | <b>Pushya</b> Untill 10:39AM<br>Dhruva Untill 10:41PM<br>Kaulava Untill 9:35PM<br>Panchami Untill 9:49AM | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Blue | Sunrise: 4:08AM<br>Sunset: 7:16PM | Sun 18<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 18<br>3rd Phase |
| Creative Work                   | Siddha Yoga                   | 347418579   |   |  |  |                                   | <b>Devaloka Day</b>  |
| Untill 10:39AM                  |                               |             |   |  |  |                                   |  |
| Then Routine Work - Marana Yoga |                               |             |   |  |  |                                   |  |

|                                 |                             |             |   |   |  |                                   |  |
|---------------------------------|-----------------------------|-------------|---|---|--|-----------------------------------|--|
| <b>5</b>                        | <b>Sunday, June 1, 2025</b> |             | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Bhanu Vasara Yuktayam<br>Ashlesha/Magha* Nakshatra Vyaghala* Yoga Taila/Gara Karana Shashthi/Saptamam Titau |   |  |                                   | Ashland, NH<br>Sufra 49                                      |
|                                 | Kalka Rasi: 27.14           | Tithi 6 - 7 | <b>Gulika</b><br>3:31PM - 5:25PM<br>Yama<br>11:43AM - 1:37PM<br>Rahu<br>5:25PM - 7:19PM   | <b>Ashlesha*</b> Untill 10:58AM<br>Vyaghala* Untill 9:50PM<br>Gara Untill 9:45PM<br>Shashthi* Untill 9:32AM | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Blue | Sunrise: 4:08AM<br>Sunset: 7:16PM | Sun 19<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 19<br>3rd Phase |
| Creative Work                   | Siddha Yoga                 | 347418579   |   |   |  |                                   | <b>Devaloka Day</b>  |
| Untill 10:58AM                  |                             |             |   |   |  |                                   |  |
| Then Routine Work - Marana Yoga |                             |             |   |   |  |                                   |  |

|                                  |                             |           |  |   |   |                                   |  |
|----------------------------------|-----------------------------|-----------|--|---|---|-----------------------------------|--|
| <b>D</b>                         | <b>Monday, June 2, 2025</b> |           | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Indu Vasara Yuktayam<br>Magha*/Purnvaghuni Nakshatra Harshana Yoga Vanja/Vsi* Karana Sapthami/Ashtamam Titau |   |   |                                   | Ashland, NH<br>Sufra 50                                    |
|                                  | Retreat Star                |           | <b>Gulika</b><br>1:38PM - 3:32PM<br>Yama<br>9:50AM - 11:44AM<br>Rahu<br>6:01AM - 7:55AM  | <b>Magha*</b> Untill 12:26PM<br>Harshana Untill 9:39PM<br>Vsi Untill 10:45PM<br>Sapthami Untill 10:08AM | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Red | Sunrise: 4:07AM<br>Sunset: 7:20PM | Sun 20<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 20<br>Ashtami |
| Simha Rasi: 9.58                 | Tithi 7 - 8                 | 358418579 |  |   |   |                                   | <b>Subha Sivaloka Day</b>                                  |
| Family Home Evening              |                             |           |  |   |   |                                   |  |
| Routine Work                     | Marana Yoga                 |           |  |   |   |                                   |  |
| Untill 12:26PM                   |                             |           |  |   |   |                                   |  |
| Then Creative Work - Siddha Yoga |                             |           |  |   |   |                                   |  |

|                                  |                     |             |  |  |   |                                   |   |
|----------------------------------|---------------------|-------------|--|--|---|-----------------------------------|---|
| <b>Tuesday, June 3, 2025</b>     | <b>Retreat Star</b> |             | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Маса: Sukla Paksha: Mangala Vasara Yuktayam<br>Purnvaghuni/Ultraphaguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamam Titau |  |   |                                   | Ashland, NH<br>Sufra 51                                   |
|                                  | Simha Rasi: 22.2    | Tithi 8 - 9 | <b>Gulika</b><br>11:44AM - 1:38PM<br>Yama<br>7:55AM - 9:50AM<br>Rahu<br>3:32PM - 5:26PM  | <b>Purnvaghuni</b> Untill 2:30PM<br>Vajra* Untill 9:59PM<br>Balava Untill 12:26AM Wed<br>Ashtami* Untill 11:30AM | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Red | Sunrise: 4:07AM<br>Sunset: 7:21PM | Sun 21<br>Vasvasu 5:17<br>Moon 4 - Phase 7 - 21<br>Navami |
| Creative Work                    | Siddha Yoga         | 358418579   |  |  |   |                                   | <b>Subha Sivaloka Day</b>                                 |
| Untill 2:30PM                    |                     |             |  |  |   |                                   |   |
| Then Creative Work - Amrita Yoga |                     |             |  |  |   |                                   |   |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                       |               |  |  |  |   |                                    |  |
|-----------------------|---------------|--|--|--|---|------------------------------------|--|
| <b>1</b>              |               | <b>Wednesday, June 4, 2025</b>   |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Бадха Васара Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashamyanam Titau |   | Sun 22                             | Ashland, NH<br>Sutra 52<br>Viswasa 517 |
| Kanya Rasi: 4.26      | Tithi 9 - 10  | <b>Gulika</b><br>9:50AM - 11:44AM<br>Yama<br>6:01AM - 7:55AM<br>Rahu<br>11:44AM - 1:38PM | <b>Uttaraphalguni Until 4:58PM</b><br>Siddhi Until 10:45PM<br>Taila Until 2:39AM Thu<br>Navami* Until 1:28PM       | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Purple<br>Moon - Red  | <b>Sunrise:</b> 4:06AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 22<br>4th Phase | <b>Subha Sivaloka Day</b>              |
| Creative Work         | Amrita Yoga   | 358418579  |  |  |   |                                    |  |
| Until 4:58PM          |               |  |  |  |   |                                    |  |
| Then Routine Work     | - Marana Yoga |  |  |  |   |                                    |  |
| <b>2</b>              |               | <b>Thursday, June 5, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Гору Васара Yuktayam<br>Hasta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadashtyanam Titau           |   | Sun 23                             | Ashland, NH<br>Sutra 53<br>Viswasa 517 |
| Kanya Rasi: 16.22     | Tithi 10 - 11 | <b>Gulika</b><br>7:55AM - 9:50AM<br>Yama<br>3:34PM - 5:28PM<br>Rahu<br>1:39PM - 3:33PM   | <b>Hasla Until 8:04PM</b><br>Vysatipata* Until 11:45PM<br>Vanija Until 5:08AM Fri<br>Dashami Until 3:51PM          | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Green  | <b>Sunrise:</b> 4:06AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 23<br>4th Phase | <b>Sivaloka Day</b>                    |
| Routine Work          | Marana Yoga   | 368418571  |  |  |   |                                    |  |
| Until 8:06PM          |               |  |  |  |   |                                    |  |
| Then Creative Work    | - Siddha Yoga |  |  |  |   |                                    |  |
| <b>3</b>              |               | <b>Friday, June 6, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Sukra Vasara Yuktayam<br>Chitra Nakshatra Varjyan Yoga Vasi* Karana Ekadashtyanam Titau                           |   | Sun 24                             | Ashland, NH<br>Sutra 54<br>Viswasa 517 |
| Kanya Rasi: 28.11     | Tithi 11      | <b>Gulika</b><br>6:00AM - 7:55AM<br>Yama<br>3:34PM - 5:28PM<br>Rahu<br>9:50AM - 11:44AM  | <b>Chitra Until 11:12PM</b><br>Varjyan Until 12:48AM Sat<br>Vasi Until 6:23PM<br>Ekadashi Until 6:23PM             | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Green  | <b>Sunrise:</b> 4:06AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 24<br>4th Phase | <b>Sivaloka Day</b>                    |
| Creative Work         | Siddha Yoga   | 368418571  |  |  |   |                                    |  |
| Until 6:23PM          |               |  |  |  |   |                                    |  |
| Then Routine Work     | - Marana Yoga |  |  |  |   |                                    |  |
| <b>4</b>              |               | <b>Saturday, June 7, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Marta Vasara Yuktayam<br>Svali Nakshatra Parigraha* Yoga Bava/Balava Karana Dvadashyanam Titau                    |   | Sun 25                             | Ashland, NH<br>Sutra 55<br>Viswasa 517 |
| Tula Rasi: 10         | Tithi 12      | <b>Gulika</b><br>4:05AM - 6:00AM<br>Yama<br>1:39PM - 3:34PM<br>Rahu<br>7:55AM - 9:50AM   | <b>Svali Until 2:04AM Sun</b><br>Parigraha* Until 1:49AM Sun<br>Bava Until 7:40AM<br>Dvadashi Until 8:52PM         | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Green  | <b>Sunrise:</b> 4:05AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 25<br>4th Phase | <b>Sivaloka Day</b>                    |
| Creative Work         | Siddha Yoga   | 368418571  |  |  |   |                                    |  |
| Until 2:04AM Sun      |               |  |  |  |   |                                    |  |
| Then Routine Work     | - Marana Yoga |  |  |  |   |                                    |  |
| <b>5</b>              |               | <b>Sunday, June 8, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayodashyanam Titau                  |   | Sun 26                             | Ashland, NH<br>Sutra 56<br>Viswasa 517 |
| Tula Rasi: 21.51      | Tithi 13      | <b>Gulika</b><br>3:34PM - 5:29PM<br>Yama<br>11:45AM - 1:40PM<br>Rahu<br>5:29PM - 7:24PM  | <b>Vishakha Until 5:03AM Mon</b><br>Shiva Until 2:40AM Mon<br>Kaulava Until 10:04AM<br>Trayodashi Until 11:10PM    | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange   | <b>Sunrise:</b> 4:05AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 26<br>4th Phase | <b>Sivaloka Day</b>                    |
| Routine Work          | Marana Yoga   | 379418571  |  |  |   |                                    |  |
| Until 5:03AM Mon      |               |  |  |  |   |                                    |  |
| Then Creative Work    | - Siddha Yoga |  |  |  |   |                                    |  |
| <b>6</b>              |               | <b>Monday, June 9, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Indu Vasara Yuktayam<br>Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chalurdashyanam Titau                   |   | Sun 27                             | Ashland, NH<br>Sutra 57<br>Viswasa 517 |
| Witschika Rasi: 3.48  | Tithi 14      | <b>Gulika</b><br>1:40PM - 3:35PM<br>Yama<br>9:50AM - 11:45AM<br>Rahu<br>6:00AM - 7:55AM  | <b>Anuradha Until 7:33AM Tue</b><br>Siddha Until 3:14AM Tue<br>Gara Until 12:13PM<br>Chalurdashi* Until 1:09AM Tue | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange   | <b>Sunrise:</b> 4:05AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 27<br>4th Phase | <b>Sivaloka Day</b>                    |
| Family Home Evening   | Siddha Yoga   | 379418571  |  |  |   |                                    |  |
| Until 7:33AM Tue      |               |  |  |  |   |                                    |  |
| Then Routine Work     | - Marana Yoga |  |  |  |   |                                    |  |
| <b>○</b>              |               | <b>Tuesday, June 10, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Сукта Пакше Mangalya Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vasi* Bava Karana Purnimayam Titau           |   | Sun 28                             | Ashland, NH<br>Sutra 58<br>Viswasa 517 |
| Witschika Rasi: 15.52 | Tithi 15      | <b>Gulika</b><br>11:45AM - 1:40PM<br>Yama<br>7:55AM - 9:50AM<br>Rahu<br>3:35PM - 5:30PM  | <b>Anuradha Until 7:33AM</b><br>Sadya Until 3:33AM Wed<br>Vasi Until 2:01PM<br>Purnima* Until 2:46AM Wed           | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange   | <b>Sunrise:</b> 4:05AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 28<br>Purnima   | <b>Sivaloka Day</b>                    |
| Creative Work         | Siddha Yoga   | 379418571  |  |  |   |                                    |  |
| Until 7:33AM          |               |  |  |  |   |                                    |  |
| Then Routine Work     | - Marana Yoga |  |  |  |   |                                    |  |
| <b>1</b>              |               | <b>Wednesday, June 11, 2025</b>  |  | Viswasa Nama Samvatsara Uтарыяне Нартана Рітау Вішвабха Маса Krishna Paksha Budha Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau           |   | Sun 29                             | Ashland, NH<br>Sutra 59<br>Viswasa 517 |
| Witschika Rasi: 28.05 | Tithi 16      | <b>Gulika</b><br>9:50AM - 11:45AM<br>Yama<br>6:00AM - 7:55AM<br>Rahu<br>11:45AM - 1:40PM | <b>Jyeshtha* Until 9:32AM</b><br>Subha Until 3:35AM Thu<br>Balava Until 3:27PM<br>Prathama* Until 4:00AM Thu       | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange   | <b>Sunrise:</b> 4:04AM<br><b>Sunset:</b> 7:29PM | Moon 4 - Phase 8 - 29<br>Prathama  | <b>Sivaloka Day</b>                    |
| Creative Work         | Siddha Yoga   | 379418571  |  |  |   |                                    |  |
| Until 9:32AM          |               |  |  |  |   |                                    |  |
| Then Routine Work     | - Marana Yoga |  |  |  |   |                                    |  |

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time. Calculated for Ashland, NH on 2/11/24

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**Thursday, June 12, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвехба Маса Крішна Пакше Гурі Вєсара Үктыям  
Mula\*Purvashadha\* Nakshatra Sukla Yoga Talila/Gara Karana Dvityayam TilauSun 1 Ashland, NH  
Sufra 60Dhanus Rasi: 10.29 Tithi 17  
Creative Work Siddha YogaGulika 7:55AM - 9:50AM  
Yama 4:04AM - 6:00AM  
Rahu 1:41PM - 3:36PMMula\* Until 11:27AM  
Sukla Until 3:17AM Fri  
Talila Until 4:30PM  
Dvitiya Until 4:51AM FriGanesha: Purple Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - Light BlueSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 2  
1st Phase**Devaloka Day****Friday, June 13, 2025****1**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвехба Маса Крішна Пакше Сукара Вєсара Үктыям  
Purvashadha\* Uttarashadha Nakshatra Brahma Yoga Vanija/Vidhi\* Karana Trityayam TilauSun 2 Ashland, NH  
Sufra 61Dhanus Rasi: 23.02 Tithi 18  
Routine Work Prabalashita Yoga  
Until 12:51PM  
Then Routine Work - Marana YogaGulika 6:00AM - 7:55AM  
Yama 1:41PM - 3:37PM  
Rahu 9:50AM - 11:46AMPurvashadha\* Until 12:51PM  
Brahma Until 2:42AM Sat  
Vanija Until 5:09PM  
Tritya Until 5:19AM SatGanesha: Purple Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - Light BlueSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 2  
1st Phase**Devaloka Day****Saturday, June 14, 2025****2**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакше Марта Вєсара Үктыям  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam TilauSun 3 Ashland, NH  
Sufra 62Makara Rasi: 5.46 Tithi 19  
Routine Work Marana Yoga  
Until 1:43PM  
Then Creative Work - Siddha YogaGulika 4:04AM - 6:00AM  
Yama 1:41PM - 3:37PM  
Rahu 7:55AM - 9:50AMUttarashadha Until 1:43PM  
Indra Until 1:50AM Sun  
Bava Until 5:26PM  
Chaturthi\* Until 5:24AM SunGanesha: Purple Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - Light BlueSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 3  
1st Phase**Devaloka Day****Sunday, June 15, 2025****3**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакше Бхану Вєсара Үктыям  
Vaidhiti\* Shravana Nakshatra Vaidhiti\* Yoga Kaulava/Tailila Karana Panchamyam TilauSun 4 Ashland, NH  
Sufra 63Makara Rasi: 18.41 Tithi 20  
Creative Work Amrita Yoga  
Until 2:31PM  
Then Routine Work - Marana YogaGulika 3:37PM - 5:32PM  
Yama 11:46AM - 1:41PM  
Rahu 5:32PM - 7:28PMShravana Until 2:31PM  
Vaidhiti\* Until 12:37AM Mon  
Kaulava Until 5:19PM  
Panchami Until 5:05AM MonGanesha: Clear Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - PurpleSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 4  
1st Phase**Sivaloka Day****Monday, June 16, 2025****4**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакше Инду Вєсара Үктыям  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthiyam TilauSun 5 Ashland, NH  
Sufra 64Kumbha Rasi: 1.49 Tithi 21  
Family Home Evening  
Creative Work Siddha YogaGulika 1:42PM - 3:37PM  
Yama 9:51AM - 11:46AM  
Rahu 6:00AM - 7:55AMDhanishtha Until 2:45PM  
Vishkambha\* Until 11:05PM  
Gara Until 4:47PM  
Shashthi\* Until 4:20AM TueGanesha: Yellow Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - PurpleSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 5  
1st Phase**Sivaloka Day****Tuesday, June 17, 2025****5**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакше Маргалга Вєсара Үктыям  
Shatabhishak/Purvashadha\* Nakshatra Pili Yoga Vidhi/Bava Karana Sapthamyam TilauSun 6 Ashland, NH  
Sufra 65Kumbha Rasi: 15.1 Tithi 22  
Routine Work Marana YogaGulika 11:46AM - 1:42PM  
Yama 7:55AM - 9:51AM  
Rahu 3:37PM - 5:33PMShatabhishak Until 2:25PM  
Pili Until 9:12PM  
Visi Until 3:49PM  
Saptami Until 3:08AM WedGanesha: Yellow Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - PurpleSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 6  
1st Phase**Sivaloka Day****Wednesday, June 18, 2025****Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакше Бадха Вєсара Үктыям  
Uttarproshthapada\* Revati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Navamyam TilauSun 7 Ashland, NH  
Sufra 66Kumbha Rasi: 28.47 Tithi 23  
Creative Work Amrita Yoga  
Until 1:54PM  
Then Creative Work - Siddha YogaGulika 9:51AM - 11:47AM  
Yama 6:00AM - 7:55AM  
Rahu 11:47AM - 1:42PMPurvaproshtapada\* Until 1:54PM  
Ayushman Until 6:54PM  
Balava Until 2:23PM  
Ashlami\* Until 1:28AM ThuGanesha: Clear Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - ClearSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 7  
Ashtami**Sivaloka Day****Thursday, June 19, 2025****Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакше Гурі Вєсара Үктыям  
Uttarproshthapada\* Revati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Navamyam TilauSun 8 Ashland, NH  
Sufra 67Meena Rasi: 12.4 Tithi 24  
Creative Work Siddha YogaGulika 7:56AM - 9:51AM  
Yama 4:04AM - 6:00AM  
Rahu 1:42PM - 3:38PMUttarproshthapada Until 12:47PM  
Saubhagya Until 4:15PM  
Talila Until 12:29PM  
Navami\* Until 11:21PMGanesha: Clear Sunrise: 4:04AM  
Muruga: Red Sunset: 7:29PM  
Nataraja: Blue  
Moon - ClearSunrise: 4:04AM  
Sunset: 7:29PM  
Moon 5 - Phase 9 - 8  
Navami**Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                  |             |  |                             |                       |                 |                           |                         |
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| <b>1 Friday, June 20, 2025</b>   |             | Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mithuna Mase Krishna Paksho Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Vanja/Visli* Karana Dashahamam Titau |                             |                       |                 | Sun 9                     | Ashland, NH<br>Sufra 68 |
| Mesha Rasi: 26.52                | Tithi 25    | <b>Gulika</b> 6:00AM - 7:56AM  | <b>Revati Until 11:05AM</b> | <b>Ganesh:</b> White  | Sunrise: 4:05AM | Vasavasa 5:127            |                         |
|                                  |             | Yama 3:38PM - 5:34PM   | Sobhana Until 1:15PM        | <b>Muruga:</b> Red    | Sunset: 7:29PM  | Moon 5 - Phase 10 - 12    |                         |
|                                  |             | 311518571 <b>Rahu</b> 9:51AM - 11:47AM   | Vanija Until 10:09AM        | <b>Nataraja:</b> Blue |                 | 2nd Phase                 |                         |
| Creative Work                    | Siddha Yoga |  | <b>Dashami Until 8:49PM</b> | Moon - Clear          |                 | <b>Subha Sivaloka Day</b> |                         |
| Until 11:05AM                    |             |  |                             |                       |                 |                           |                         |
| Then Creative Work - Amrita Yoga |             |  |                             |                       |                 |                           |                         |

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| <b>2 Saturday, June 21, 2025</b> |               | Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mithuna Mase Krishna Paksho Maru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Ahiganda* Sukarna Yoga Bava/Kauava Karana Ekadashi/Dwadashyam Titau |                               |                       |                 | Sun 10                 | Ashland, NH<br>Sufra 69 |
| Mesha Rasi: 11.19                | Tithi 26 - 27 | <b>Gulika</b> 4:05AM - 6:00AM  | <b>Ashvini Until 9:18AM</b>   | <b>Ganesh:</b> Yellow | Sunrise: 4:05AM | Vasavasa 5:127         |                         |
|                                  |               | Yama 1:43PM - 3:38PM   | Ahiganda* Until 9:56AM        | <b>Muruga:</b> Red    | Sunset: 7:30PM  | Moon 5 - Phase 10 - 12 |                         |
|                                  |               | 321518571 <b>Rahu</b> 7:56AM - 9:52AM  | Bava Until 7:26AM             | <b>Nataraja:</b> Blue |                 | 2nd Phase              |                         |
| Creative Work                    | Siddha Yoga   |  | <b>Ekadashi* Until 5:57PM</b> | Moon - White          |                 | <b>Sivaloka Day</b>    |                         |
|                                  |               |  |                               |                       |                 |                        |                         |
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| <b>3 Sunday, June 22, 2025</b>   |                    | Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Bharu Vasara Yuktayam<br>Bharani/Chitra Nakshatra Sakama(Dhriti) Yoga Tailla/Gara Karana Dwadashi/Trayodashyam Titau |                               |                       |                 | Sun 11                 | Ashland, NH<br>Sufra 70 |
| Mesha Rasi: 25.59                | Tithi 27 - 28      | <b>Gulika</b> 3:39PM - 5:34PM   | <b>Bharani Until 7:06AM</b>   | <b>Ganesh:</b> Yellow | Sunrise: 4:05AM | Vasavasa 5:127         |                         |
|                                  |                    | Yama 11:47AM - 1:43PM   | Sukarna Until 6:24AM          | <b>Muruga:</b> Red    | Sunset: 7:30PM  | Moon 5 - Phase 10 - 11 |                         |
|                                  |                    | 321518571 <b>Rahu</b> 5:34PM - 7:30PM   | Gara Until 1:16AM Mon         | <b>Nataraja:</b> Blue |                 | 2nd Phase              |                         |
| Routine Work                     | Prabalarishta Yoga |   | <b>Dwadashi* Until 2:51PM</b> | Moon - White          |                 | <b>Sivaloka Day</b>    |                         |
| Until 7:06AM                     |                    |   |                               |                       |                 |                        |                         |
| Then Creative Work - Siddha Yoga |                    |   |                               |                       |                 |                        |                         |
|                                  |                    |   |                               |                       |                 |                        |                         |

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| <b>4 Monday, June 23, 2025</b>   |               | Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Indu Vasara Yuktayam<br>Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau |                                  |                       |                 | Sun 12                 | Ashland, NH<br>Sufra 71 |
| Wishabha Rasi: 10.46             | Tithi 28 - 29 | <b>Gulika</b> 1:43PM - 3:39PM  | <b>Rohini Until 7:22AM Tue</b>   | <b>Ganesh:</b> Red    | Sunrise: 4:05AM | Vasavasa 5:127         |                         |
| <b>Family Home Evening</b>       |               | Yama 9:52AM - 11:48AM  | Shula* Until 11:03PM             | <b>Muruga:</b> Red    | Sunset: 7:30PM  | Moon 5 - Phase 10 - 12 |                         |
| Creative Work                    | Amrita Yoga   | 311518571 <b>Rahu</b> 6:01AM - 7:56AM  | Visli Until 10:04PM              | <b>Nataraja:</b> Blue |                 | 2nd Phase              |                         |
| Until 2:22AM Tue                 |               |  | <b>Trayodashi* Until 11:39AM</b> | Moon - Yellow         |                 | <b>Sivaloka Day</b>    |                         |
| Then Creative Work - Siddha Yoga |               |  |                                  |                       |                 |                        |                         |
|                                  |               |  |                                  |                       |                 |                        |                         |
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| <b>● Tuesday, June 24, 2025</b> |               | Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Mangala Vasara Yuktayam<br>Migashira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau |                                     |                       |                 | Sun 13                 | Ashland, NH<br>Sufra 72 |
| <b>Retreat Star</b>             |               | <b>Gulika</b> 11:48AM - 1:43PM   | <b>Mrigashira Until 12:10AM Wed</b> | <b>Ganesh:</b> Red    | Sunrise: 4:06AM | Vasavasa 5:127         |                         |
| Wishabha Rasi: 25.33            | Tithi 29 - 30 | Yama 7:57AM - 9:52AM   | Ganda* Until 7:28PM                 | <b>Muruga:</b> Red    | Sunset: 7:30PM  | Moon 5 - Phase 10 - 13 |                         |
|                                 |               | 311518571 <b>Rahu</b> 3:39PM - 5:35PM  | Caturpada Until 7:00PM              | <b>Nataraja:</b> Blue |                 | Amavasya               |                         |
| Creative Work                   | Siddha Yoga   |  | <b>Chaturdashi* Until 8:29AM</b>    | Moon - Yellow         |                 | <b>Sivaloka Day</b>    |                         |
|                                 |               |  |                                     |                       |                 |                        |                         |
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| <b>Wednesday, June 25, 2025</b> |             | Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam<br>Ardra Nakshatra Widdhi/Dhruva Yoga Kintughna*Bava Karana Prathamam Titau |                                   |                       |                 | Sun 14                 | Ashland, NH<br>Sufra 73 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 9:53AM - 11:48AM   | <b>Ardra Until 10:08PM</b>        | <b>Ganesh:</b> Red    | Sunrise: 4:06AM | Vasavasa 5:127         |                         |
| Mithuna Rasi: 10.12             | Tithi 1     | Yama 6:01AM - 7:57AM   | Widdhi Until 4:08PM               | <b>Muruga:</b> Red    | Sunset: 7:30PM  | Moon 5 - Phase 10 - 14 |                         |
|                                 |             | 311518571 <b>Rahu</b> 11:48AM - 1:44PM   | Kintughna Until 4:12PM            | <b>Nataraja:</b> Blue |                 | Prathama               |                         |
| Creative Work                   | Siddha Yoga |  | <b>Prathama* Until 2:56AM Thu</b> | Moon - Yellow         |                 | <b>Sivaloka Day</b>    |                         |
|                                 |             |  |                                   |                       |                 |                        |                         |
|                                 |             |  |                                   |                       |                 |                        |                         |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|---------------------|-------------|----------------------------------|-----------------------------------|--|-----------------|---|-----------|
| <b>1</b>            |             | <b>Thursday, June 26, 2025</b>   |                                   | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Guru Vasara Yuktayam<br>Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dilityayam Titau |                 | Ashland, NH<br>Sutra 74<br>Voasasu 5127 |           |
| Mithuna Rasi: 24.35 | Tilthi 2    | <b>Gulika</b><br>7:57AM - 9:53AM | <b>Punarvasu</b> Untill 8:52PM    | <b>Ganesh:</b> White   | Sunrise: 4:06AM | Moon 5 - Phase 11:17                    | 3rd Phase |
|                     |             | <b>Yama</b><br>4:06AM - 6:02AM   | Dhruva Untill 1:09PM              | <b>Muruga:</b> Red   | Sunset: 7:30PM  |   |           |
| Creative Work       | Amrita Yoga | <b>Rahu</b><br>1:44PM - 3:39PM   | Balava Untill 1:50PM              | <b>Nataraja:</b> Blue  |                 |   |           |
|                     |             |                                  | <b>Dvitiya</b> Untill 12:51AM Fri | <b>Devaloka Day</b>  |                 |   |           |
|                     |             |                                  |                                   | <b>Aashakar</b> Ash  |                 |   |           |

|                    |             |                                  |                               |   |                 |   |           |
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| <b>2</b>           |             | <b>Friday, June 27, 2025</b>     |                               | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Sulra Vasara Yuktayam<br>Pushya Nakshatra Vyaghata*/Harshana/Yoga Talilla/Gara Karana Trityayam Titau |                 | Ashland, NH<br>Sutra 75<br>Voasasu 5127 |           |
| Kalkata Rasi: 8.37 | Tilthi 3    | <b>Gulika</b><br>6:02AM - 7:58AM | <b>Pushya</b> Untill 8:06PM   | <b>Ganesh:</b> White  | Sunrise: 4:07AM | Moon 5 - Phase 11:16                    | 3rd Phase |
|                    |             | <b>Yama</b><br>3:39PM - 5:35PM   | Vyaghata* Untill 10:39AM      | <b>Muruga:</b> Red  | Sunset: 7:30PM  |   |           |
| Routine Work       | Marana Yoga | <b>Rahu</b><br>9:53AM - 11:48AM  | Talilla Untill 12:04PM        | <b>Nataraja:</b> Blue   |                 |   |           |
|                    |             |                                  | <b>Tritiya</b> Untill 11:25PM | <b>Devaloka Day</b>   |                 |   |           |
|                    |             |                                  |                               | <b>Aashakar</b> Ash   |                 |   |           |

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| <b>3</b>                         |             | <b>Saturday, June 28, 2025</b>   |                                  | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Mania Vasara Yuktayam<br>Ashlesha* Nakshatra Harshana/Najia* Yoga Vanja/Vsli* Karana Chaturthayam Titau |                 | Ashland, NH<br>Sutra 76<br>Voasasu 5127 |           |
| Kalkata Rasi: 22.13              | Tilthi 4    | <b>Gulika</b><br>4:07AM - 6:02AM | <b>Ashlesha*</b> Untill 7:55PM   | <b>Ganesh:</b> White  | Sunrise: 4:07AM | Moon 5 - Phase 11:17                    | 3rd Phase |
|                                  |             | <b>Yama</b><br>1:44PM - 3:39PM   | Harshana Untill 8:45AM           | <b>Muruga:</b> Red  | Sunset: 7:30PM  |   |           |
| Routine Work                     | Marana Yoga | <b>Rahu</b><br>7:58AM - 9:53AM   | Vanija Untill 11:01AM            | <b>Nataraja:</b> Blue   |                 |   |           |
| Untill 7:55PM                    |             |                                  | <b>Chaturthi*</b> Untill 10:46PM | <b>Devaloka Day</b>   |                 |   |           |
| Then Creative Work - Amrita Yoga |             |                                  |                                  | <b>Aashakar</b> Ash   |                 |   |           |

|                                  |             |                                  |                                |   |                 |   |           |
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| <b>4</b>                         |             | <b>Sunday, June 29, 2025</b>     |                                | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Bharu Vasara Yuktayam<br>Magha* Nakshatra Vajra*/Siddhi/Yoga Bava/Balava Karana Panchamayam Titau |                 | Ashland, NH<br>Sutra 77<br>Voasasu 5127 |           |
| Simha Rasi: 5.23                 | Tilthi 5    | <b>Gulika</b><br>3:40PM - 5:35PM | <b>Magha*</b> Untill 8:52PM    | <b>Ganesh:</b> Clear  | Sunrise: 4:07AM | Moon 5 - Phase 11:18                    | 3rd Phase |
|                                  |             | <b>Yama</b><br>11:49AM - 1:44PM  | Vajra* Untill 7:28AM           | <b>Muruga:</b> Red  | Sunset: 7:30PM  |   |           |
| Routine Work                     | Marana Yoga | <b>Rahu</b><br>5:35PM - 7:30PM   | Bava Untill 10:46AM            | <b>Nataraja:</b> Blue   |                 |   |           |
| Untill 8:52PM                    |             |                                  | <b>Panchami</b> Untill 10:57PM | <b>Sivaloka Day</b>   |                 |   |           |
| Then Creative Work - Siddha Yoga |             |                                  |                                | <b>Aashakar</b> Ash   |                 |   |           |

|                            |             |                                  |                                     |  |                 |   |           |
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| <b>5</b>                   |             | <b>Monday, June 30, 2025</b>     |                                     | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Indu Vasara Yuktayam<br>Maha* Nakshatra Vyalipata*/Vairyan/Yoga Kaulava/Talilla Karana Shashthayam Titau |                 | Ashland, NH<br>Sutra 78<br>Voasasu 5127 |           |
| Simha Rasi: 18.08          | Tilthi 6    | <b>Gulika</b><br>1:44PM - 3:40PM | <b>Purvaphalguni</b> Untill 10:26PM | <b>Ganesh:</b> White   | Sunrise: 4:08AM | Moon 5 - Phase 11:19                    | 3rd Phase |
| <b>Family Home Evening</b> |             | <b>Yama</b><br>9:54AM - 11:49AM  | Siddhi Untill 6:51AM                | <b>Muruga:</b> Red   | Sunset: 7:30PM  |   |           |
| Creative Work              | Siddha Yoga | <b>Rahu</b><br>6:03AM - 7:59AM   | Kaulava Untill 11:21AM              | <b>Nataraja:</b> Blue  |                 |   |           |
|                            |             |                                  | <b>Shashthi*</b> Untill 11:55PM     | <b>Sivaloka Day</b>  |                 |   |           |
|                            |             |                                  |                                     | <b>Aashakar</b> Ash  |                 |   |           |

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| <b>6</b>                        |             | <b>Tuesday, July 1, 2025</b>      |  | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyalipata*/Vairyan/Yoga Gara/Vanija Karana Sapthamayam Titau |                 | Ashland, NH<br>Sutra 79<br>Voasasu 5127 |           |
| Kanya Rasi: 0.32                | Tilthi 7    | <b>Gulika</b><br>11:49AM - 1:44PM | <b>Uttaraphalguni</b> Untill 12:31AM Wed | <b>Ganesh:</b> Clear   | Sunrise: 4:08AM | Moon 5 - Phase 11:20                    | 3rd Phase |
|                                 |             | <b>Yama</b><br>7:59AM - 9:54AM    | Vyalipata* Untill 6:52AM                 | <b>Muruga:</b> Red   | Sunset: 7:30PM  |   |           |
| Creative Work                   | Amrita Yoga | <b>Rahu</b><br>3:40PM - 5:35PM    | Gara Untill 12:41PM                      | <b>Nataraja:</b> Blue  |                 |   |           |
| Untill 12:31AM Wed              |             |                                   | <b>Saptami</b> Untill 1:34AM Wed         | <b>Sivaloka Day</b>  |                 |   |           |
| Then Routine Work - Marana Yoga |             | <b>Chidambaram Abhishekam</b>     |  | <b>Aashakar</b> Ash  |                 |   |           |

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| <b>7</b>                         |             | <b>Wednesday, July 2, 2025</b>    |                                   | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Budha Vasara Yuktayam<br>Hasta Nakshatra Vairyan/Parigha* Yoga Vsi*/Bava Karana Ashtamayam Titau |                 | Ashland, NH<br>Sutra 80<br>Voasasu 5127 |         |
| <b>Retreat Star</b>              |             | <b>Gulika</b><br>9:54AM - 11:49AM | <b>Hasta</b> Untill 3:25AM Thu    | <b>Ganesh:</b> Purple  | Sunrise: 4:09AM | Moon 5 - Phase 11:21                    | Ashtami |
| Kanya Rasi: 12.39                | Tilthi 8    | <b>Yama</b><br>6:04AM - 7:59AM    | Vairyan Untill 7:20AM             | <b>Muruga:</b> Red   | Sunset: 7:30PM  |   |         |
| Routine Work                     | Marana Yoga | <b>Rahu</b><br>11:49AM - 1:45PM   | Vsi Untill 2:37PM                 | <b>Nataraja:</b> Blue  |                 |   |         |
| Untill 3:25AM Thu                |             |                                   | <b>Ashtami*</b> Untill 3:43AM Thu | <b>Devaloka Day</b>  |                 |   |         |
| Then Creative Work - Siddha Yoga |             |                                   |                                   | <b>Aashakar</b> Ash  |                 |   |         |

|                     |             |                                  |                                  |  |                 |   |        |
|---------------------|-------------|----------------------------------|----------------------------------|--|-----------------|---|--------|
| <b>8</b>            |             | <b>Thursday, July 3, 2025</b>    |                                  | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukta Paksho Guru Vasara Yuktayam<br>Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamayam Titau |                 | Ashland, NH<br>Sutra 81<br>Voasasu 5127 |        |
| <b>Retreat Star</b> |             | <b>Gulika</b><br>8:00AM - 9:55AM | <b>Chitra</b> Untill 6:24AM Fri  | <b>Ganesh:</b> Purple  | Sunrise: 4:10AM | Moon 5 - Phase 11:22                    | Navami |
| Kanya Rasi: 24.36   | Tilthi 9    | <b>Yama</b><br>4:10AM - 6:05AM   | Parigha* Untill 8:09AM           | <b>Muruga:</b> Red   | Sunset: 7:30PM  |   |        |
| Creative Work       | Siddha Yoga | <b>Rahu</b><br>1:45PM - 3:40PM   | Balava Untill 4:56PM             | <b>Nataraja:</b> Blue  |                 |   |        |
|                     |             |                                  | <b>Navami*</b> Untill 6:07AM Fri | <b>Devaloka Day</b>  |                 |   |        |
|                     |             |                                  |                                  | <b>Aashakar</b> Ash  |                 |   |        |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|               |                             |              |  |   |  |                                   |                               |
|---------------|-----------------------------|--------------|--|---|--|-----------------------------------|-------------------------------|
| <b>1</b>      | <b>Friday, July 4, 2025</b> |              | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam<br>Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau |   |  |                                   | Ashland, NH<br>Sutra 82       |
|               | Tula Rasi: 6.28             | Tithi 9 – 10 | <b>Gulika</b><br>6:05AM – 8:00AM<br><b>Yama</b><br>3:40PM – 5:34PM<br><b>Rahu</b><br>9:55AM – 11:50AM  | <b>Chitra Until 6:24AM</b><br>Shiva Until 9:09AM<br>Tailita Until 7:22PM<br><b>Navami* Until 6:07AM</b> | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Green | Sunrise: 4:10AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - 4th Phase |
| Creative Work | Siddha Yoga                 | 362518571    |  |   |  |                                   | <b>Devaloka Day</b>           |

|               |                               |               |  |   |  |                                   |                               |
|---------------|-------------------------------|---------------|--|---|--|-----------------------------------|-------------------------------|
| <b>2</b>      | <b>Saturday, July 5, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Merita Vasara Yuktayam<br>Svali/Wishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekaddshyam Tilau |   |  |                                   | Ashland, NH<br>Sutra 83       |
|               | Tula Rasi: 18.19              | Tithi 10 – 11 | <b>Gulika</b><br>4:11AM – 6:06AM<br><b>Yama</b><br>1:45PM – 3:39PM<br><b>Rahu</b><br>8:00AM – 9:55AM   | <b>Svali Until 9:14AM</b><br>Siddha Until 10:07AM<br>Vanija Until 9:44PM<br><b>Dashami Until 8:33AM</b> | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Green | Sunrise: 4:17AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - 4th Phase |
| Creative Work | Siddha Yoga                   | 362518571     |  |   |  |                                   | <b>Devaloka Day</b>           |

|              |                             |               |   |  |   |                                   |                                  |
|--------------|-----------------------------|---------------|---|--|---|-----------------------------------|----------------------------------|
| <b>3</b>     | <b>Sunday, July 6, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sadhya/Sukha Yoga Visti/Bava Karana Ekadashi/Dvaddshyam Tilau |  |   |                                   | Ashland, NH<br>Sutra 84          |
|              | Wishika Rasi: 0.13          | Tithi 11 – 12 | <b>Gulika</b><br>3:39PM – 5:34PM<br><b>Yama</b><br>11:50AM – 1:45PM<br><b>Rahu</b><br>5:34PM – 7:29PM   | <b>Vishakha Until 12:13PM</b><br>Sadhya Until 10:57AM<br>Bava Until 11:49PM<br><b>Ekadashi Until 10:47AM</b> | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange | Sunrise: 4:17AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - 25 4th Phase |
| Routine Work | Marana Yoga                 | 472518571     |   |  |   |                                   | <b>Devaloka Day</b>              |

|                     |                             |               |  |   |   |                                   |                                  |
|---------------------|-----------------------------|---------------|--|---|---|-----------------------------------|----------------------------------|
| <b>4</b>            | <b>Monday, July 7, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashti/Trayodshyam Tilau |   |   |                                   | Ashland, NH<br>Sutra 85          |
|                     | Wishika Rasi: 12.15         | Tithi 12 – 13 | <b>Gulika</b><br>1:45PM – 3:39PM<br><b>Yama</b><br>9:56AM – 11:50AM<br><b>Rahu</b><br>6:07AM – 8:01AM  | <b>Anuradha Until 2:42PM</b><br>Subha Until 11:33AM<br>Kaulava Until 1:31AM Tue<br><b>Dvadashti Until 12:42PM</b> | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange | Sunrise: 4:12AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - 26 4th Phase |
| Family Home Evening | Siddha Yoga                 | 472518571     |  |   |   |                                   | <b>Devaloka Day</b>              |

|              |                              |               |  |   |   |                                   |                                  |
|--------------|------------------------------|---------------|--|---|---|-----------------------------------|----------------------------------|
| <b>5</b>     | <b>Tuesday, July 8, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Trayodashi/Chaturdshyam Tilau |   |   |                                   | Ashland, NH<br>Sutra 86          |
|              | Wishika Rasi: 24.28          | Tithi 13 – 14 | <b>Gulika</b><br>11:50AM – 1:45PM<br><b>Yama</b><br>8:02AM – 9:56AM<br><b>Rahu</b><br>3:39PM – 5:34PM  | <b>Jyeshtha* Until 4:36PM</b><br>Sukla Until 11:47AM<br>Gara Until 2:45AM Wed<br><b>Trayodashi Until 2:10PM</b> | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Orange | Sunrise: 4:13AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - 27 4th Phase |
| Routine Work | Marana Yoga                  | 472518571     |  |   |   |                                   | <b>Devaloka Day</b>              |

|              |                                |               |   |   |  |                                   |                             |
|--------------|--------------------------------|---------------|---|---|--|-----------------------------------|-----------------------------|
| <b>○</b>     | <b>Wednesday, July 9, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam<br>Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau |   |  |                                   | Ashland, NH<br>Sutra 87     |
|              | Dhanu Rasi: 6.52               | Tithi 14 – 15 | <b>Gulika</b><br>9:56AM – 11:51AM<br><b>Yama</b><br>6:08AM – 8:02AM<br><b>Rahu</b><br>11:51AM – 1:45PM  | <b>Mula* Until 6:21PM</b><br>Brahma Until 11:39AM<br>Visti Until 3:29AM Thu<br><b>Chaturdashi* Until 3:09PM</b> | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Light Blue | Sunrise: 4:14AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - Purnima |
| Routine Work | Marana Yoga                    | 482518571     |   |   |  |                                   | <b>Sivaloka Day</b>         |

|               |                                |               |  |  |  |                                   |                              |
|---------------|--------------------------------|---------------|--|--|--|-----------------------------------|------------------------------|
| <b>○</b>      | <b>Thursday, July 10, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau |  |  |                                   | Ashland, NH<br>Sutra 88      |
|               | Dhanu Rasi: 19.29              | Tithi 15 – 16 | <b>Gulika</b><br>8:02AM – 9:57AM<br><b>Yama</b><br>4:14AM – 6:08AM<br><b>Rahu</b><br>1:45PM – 3:39PM   | <b>Purvashadha* Until 7:28PM</b><br>Indra Until 11:09AM<br>Balava Until 3:45AM Fri<br><b>Purnima* Until 3:40PM</b> | <b>Ganesh:</b> White<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Blue<br>Moon - Light Blue | Sunrise: 4:14AM<br>Sunset: 7:29PM | Moon 5 - Phase 12 - Prathama |
| Creative Work | Siddha Yoga                    | 483518571     |  |  |  |                                   | <b>Subha Sivaloka Day</b>    |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Sukra Vasara Yuktyam  
Uttarashadha Nakshatra Vaishnavi/Vishkamba\* Yoga Kaulava/Taila Karana Prathamam/Dvityayam TitauAshland, NH  
Sutra 89

|                            |               |                           |                           |                   |                 |                     |                 |
|----------------------------|---------------|---------------------------|---------------------------|-------------------|-----------------|---------------------|-----------------|
| Makara Rasi: 2.19          | Tithi 16 - 17 | Gulika<br>4:09AM - 8:03AM | Uttarashadha Until 7:59PM | Ganesh: White     | Sunrise: 4:15AM |                     | Vasavasru 5:127 |
|                            |               | Yama<br>3:39PM - 5:33PM   | Vaidhiti* Until 10:15AM   | Muruga: Red       | Sunset: 7:29PM  | Moon 6 - Phase 13 - | 1st Phase       |
|                            |               | Rahu<br>9:57AM - 11:51AM  | Tailita Until 3:35AM Sat  | Nataraja: Blue    |                 |                     |                 |
| Routine Work - Marana Yoga |               |                           | Prathama* Until 3:42PM    | Moon - Light Blue |                 | Subha Sivaloka Day  |                 |
|                            |               |                           |                           | Aashla-Aadi       |                 |                     |                 |

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Visara Yuktyam  
Shravana Nakshatra Vishkamba\* Priti Yoga Gara/Vanija Karana Dwiyati/Tritiyayam TitauAshland, NH  
Sutra 90

|                             |               |                           |                         |                |                 |                       |                 |
|-----------------------------|---------------|---------------------------|-------------------------|----------------|-----------------|-----------------------|-----------------|
| Makara Rasi: 15.23          | Tithi 17 - 18 | Gulika<br>4:16AM - 6:10AM | Shravana Until 8:24PM   | Ganesh: Yellow | Sunrise: 4:16AM | Sun 1                 | Vasavasru 5:127 |
|                             |               | Yama<br>1:45PM - 3:38PM   | Vishkamba* Until 9:02AM | Muruga: Red    | Sunset: 7:26PM  | Moon 6 - Phase 13 - 2 | 1st Phase       |
|                             |               | Rahu<br>8:03AM - 9:57AM   | Vanija Until 3:01AM Sun | Nataraja: Blue |                 |                       |                 |
| Creative Work - Siddha Yoga |               |                           | Dvitiya Until 3:19PM    | Moon - Purple  |                 | Sivaloka Day          |                 |
|                             |               |                           |                         | Aashla-Aadi    |                 |                       |                 |

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bharu Visara Yuktyam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visi\*/Bava Karana Chaturthi/Chaturthayam TitauAshland, NH  
Sutra 91

|                                  |               |                           |                         |                |                 |                       |                 |
|----------------------------------|---------------|---------------------------|-------------------------|----------------|-----------------|-----------------------|-----------------|
| Makara Rasi: 28.39               | Tithi 18 - 19 | Gulika<br>3:38PM - 5:32PM | Dhanishtha Until 8:19PM | Ganesh: Yellow | Sunrise: 4:17AM | Sun 2                 | Vasavasru 5:127 |
|                                  |               | Yama<br>11:51AM - 1:45PM  | Priti Until 7:32AM      | Muruga: Red    | Sunset: 7:29PM  | Moon 6 - Phase 13 - 2 | 1st Phase       |
|                                  |               | Rahu<br>5:32PM - 7:25PM   | Bava Until 2:06AM Mon   | Nataraja: Blue |                 |                       |                 |
| Routine Work - Marana Yoga       |               |                           | Tritiya Until 2:35PM    | Moon - Purple  |                 | Sivaloka Day          |                 |
| Then Creative Work - Siddha Yoga |               |                           |                         | Aashla-Aadi    |                 |                       |                 |

3

Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Vasara Yuktyam  
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kalava Karana Chaturthi/Panchamyam TitauAshland, NH  
Sutra 92

|                                 |               |                           |                            |                |                 |                       |                 |
|---------------------------------|---------------|---------------------------|----------------------------|----------------|-----------------|-----------------------|-----------------|
| Kumbha Rasi: 12.06              | Tithi 19 - 20 | Gulika<br>1:45PM - 3:38PM | Shalabhishak Until 7:47PM  | Ganesh: Yellow | Sunrise: 4:17AM | Sun 3                 | Vasavasru 5:127 |
| Family Home Evening             |               | Yama<br>9:58AM - 11:51AM  | Saubhagya Until 3:41AM Tue | Muruga: Red    | Sunset: 7:29PM  | Moon 6 - Phase 13 - 3 | 1st Phase       |
|                                 |               | Rahu<br>6:11AM - 8:04AM   | Kalava Until 12:53AM Tue   | Nataraja: Blue |                 |                       |                 |
| Creative Work - Siddha Yoga     |               |                           | Chaturthi* Until 1:31PM    | Moon - Purple  |                 | Sivaloka Day          |                 |
| Then Routine Work - Marana Yoga |               |                           |                            | Aashla-Aadi    |                 |                       |                 |

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Vasara Yuktyam  
Puravproshthapada\* Nakshatra Sobhana Yoga Tailita/Gara Karana Panchami/Shashthiyam TitauAshland, NH  
Sutra 93

|                                  |               |                            |                                 |                |                 |                       |                 |
|----------------------------------|---------------|----------------------------|---------------------------------|----------------|-----------------|-----------------------|-----------------|
| Kumbha Rasi: 25.44               | Tithi 20 - 21 | Gulika<br>11:51AM - 1:44PM | Puravproshthapada* Until 7:15PM | Ganesh: Purple | Sunrise: 4:18AM | Sun 4                 | Vasavasru 5:127 |
|                                  |               | Yama<br>8:05AM - 9:58AM    | Sobhana Until 1:26AM Wed        | Muruga: Red    | Sunset: 7:29PM  | Moon 6 - Phase 13 - 4 | 1st Phase       |
|                                  |               | Rahu<br>3:38PM - 5:31PM    | Gara Until 11:23PM              | Nataraja: Blue |                 |                       |                 |
| Routine Work - Marana Yoga       |               |                            | Panchami Until 12:09PM          | Moon - Clear   |                 | Devaloka Day          |                 |
| Then Creative Work - Amrita Yoga |               |                            |                                 | Aashla-Aadi    |                 |                       |                 |

5

Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktyam  
Uttarproshthapada\* Nakshatra Alhiganda\* Yoga Vanija/Vol\* Karana Shashthi/Saptamyam TitauAshland, NH  
Sutra 94

|                                 |               |                            |                                |                |                 |                       |                 |
|---------------------------------|---------------|----------------------------|--------------------------------|----------------|-----------------|-----------------------|-----------------|
| Meena Rasi: 9.31                | Tithi 21 - 22 | Gulika<br>9:58AM - 11:51AM | Uttarproshthapada Until 6:19PM | Ganesh: Purple | Sunrise: 4:19AM | Sun 5                 | Vasavasru 5:127 |
|                                 |               | Yama<br>6:12AM - 8:05AM    | Alhiganda* Until 10:56PM       | Muruga: Red    | Sunset: 7:29PM  | Moon 6 - Phase 13 - 5 | 1st Phase       |
|                                 |               | Rahu<br>11:51AM - 1:44PM   | Visi Until 9:38PM              | Nataraja: Blue |                 |                       |                 |
| Creative Work - Siddha Yoga     |               |                            | Shashthi* Until 10:32AM        | Moon - Clear   |                 | Devaloka Day          |                 |
| Then Routine Work - Marana Yoga |               |                            |                                | Aashla-Aadi    |                 |                       |                 |

D

Thursday, July 17, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktyam  
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam TitauAshland, NH  
Sutra 95

|                                  |               |                           |                      |                  |                 |                           |                 |
|----------------------------------|---------------|---------------------------|----------------------|------------------|-----------------|---------------------------|-----------------|
| Meena Rasi: 23.28                | Tithi 22 - 23 | Gulika<br>8:06AM - 9:59AM | Revati Until 4:59PM  | Ganesh: Purple   | Sunrise: 4:20AM | Sun 6                     | Vasavasru 5:127 |
|                                  |               | Yama<br>4:20AM - 6:13AM   | Sukarma Until 8:14PM | Muruga: Red      | Sunset: 7:29PM  | Moon 6 - Phase 13 - 6     | Ashtami         |
|                                  |               | Rahu<br>1:44PM - 3:37PM   | Balava Until 7:38PM  | Nataraja: Yellow |                 |                           |                 |
| Creative Work - Siddha Yoga      |               |                           | Saptami Until 8:39AM | Moon - Clear     |                 | Bhuloka Day               |                 |
| Then Creative Work - Amrita Yoga |               |                           |                      | Aashla-Aadi      |                 | Devaloka Time: 3PM to 6PM |                 |

Friday, July 18, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktyam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Gara Karana Ashtami/Navamyam TitauAshland, NH  
Sutra 96

|                                  |               |                           |                       |                  |                 |                       |                 |
|----------------------------------|---------------|---------------------------|-----------------------|------------------|-----------------|-----------------------|-----------------|
| Mesha Rasi: 7.34                 | Tithi 23 - 24 | Gulika<br>6:14AM - 8:06AM | Ashvini Until 3:43PM  | Ganesh: Clear    | Sunrise: 4:21AM | Sun 7                 | Vasavasru 5:127 |
|                                  |               | Yama<br>3:37PM - 5:29PM   | Dhriti Until 5:26PM   | Muruga: Red      | Sunset: 7:29PM  | Moon 6 - Phase 13 - 7 | Navami          |
|                                  |               | Rahu<br>9:59AM - 11:51AM  | Gara Until 4:13AM Sat | Nataraja: Yellow |                 |                       |                 |
| Creative Work - Amrita Yoga      |               |                           | Ashlami* Until 6:32AM | Moon - White     |                 | Devaloka Day          |                 |
| Then Creative Work - Siddha Yoga |               |                           |                       | Aashla-Aadi      |                 |                       |                 |

|                                  |             |   |                                 |                         |                 |                         |
|----------------------------------|-------------|---|---------------------------------|-------------------------|-----------------|-------------------------|
| <b>1 Saturday, July 19, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam<br>Bharani/Kritika Nakshatra Shula/Gandaa Yoga Vanija/Visai Karana Dashamyam Tilau |                                 |                         |                 | Ashland, NH<br>Sutra 97 |
| Mesha Rasi: 21:49                | Tithi 25    | <b>Gulika</b> 4:22AM - 6:14AM   | <b>Bharani Until 2:07PM</b>     | <b>Ganesh:</b> Clear    | Sunrise: 4:23AM | Vasarasu 5:17           |
|                                  |             | Yama 1:44PM - 3:36PM  | Shula* Until 2:24PM             | <b>Muruga:</b> Red      | Sunset: 7:21PM  | Moon 6 - Phase 14 - 8   |
|                                  |             | 433618572 <b>Rahu</b> 8:07AM - 9:59AM   | Vanija Until 3:01PM             | <b>Nataraja:</b> Yellow |                 | 2nd Phase               |
| Creative Work                    | Siddha Yoga |   | <b>Dashami Until 1:45AM Sun</b> | Moon - White:           |                 | <b>Devaloka Day</b>     |
| Until 2:07PM                     |             |   |                                 | <b>Ashlesha/Aadi</b>    |                 |                         |
| Then Creative Work - Amrita Yoga |             |   |                                 |                         |                 |                         |

|                                |             |  |                                |                         |                 |                         |
|--------------------------------|-------------|--|--------------------------------|-------------------------|-----------------|-------------------------|
| <b>2 Sunday, July 20, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam<br>Kritika/Rohini Nakshatra Ganda/Vidhihi Yoga Bava/Balava Karana Ekadashyam Tilau |                                |                         |                 | Ashland, NH<br>Sutra 98 |
| Wishabha Rasi: 6:09            | Tithi 26    | <b>Gulika</b> 3:36PM - 5:28PM  | <b>Kritika Until 12:15PM</b>   | <b>Ganesh:</b> Clear    | Sunrise: 4:23AM | Vasarasu 5:17           |
|                                |             | Yama 11:52AM - 1:44PM  | Ganda* Until 11:18AM           | <b>Muruga:</b> Red      | Sunset: 7:20PM  | Moon 6 - Phase 14 - 9   |
|                                |             | 433618572 <b>Rahu</b> 5:28PM - 7:20PM  | Bava Until 12:29PM             | <b>Nataraja:</b> Yellow |                 | 2nd Phase               |
| Creative Work                  | Siddha Yoga |  | <b>Ekadashi* Until 11:11PM</b> | Moon - White:           |                 | <b>Devaloka Day</b>     |
|                                |             |  |                                | <b>Ashlesha/Aadi</b>    |                 |                         |

|                                |             |   |                                |                         |                 |                           |
|--------------------------------|-------------|---|--------------------------------|-------------------------|-----------------|---------------------------|
| <b>3 Monday, July 21, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Tilau |                                |                         |                 | Ashland, NH<br>Sutra 99   |
| Wishabha Rasi: 20:33           | Tithi 27    | <b>Gulika</b> 1:44PM - 3:36PM   | <b>Rohini Until 10:38AM</b>    | <b>Ganesh:</b> White    | Sunrise: 4:24AM | Vasarasu 5:17             |
| <b>Family Home Evening</b>     |             | Yama 10:00AM - 11:52AM  | Vidhihi Until 8:09AM           | <b>Muruga:</b> Red      | Sunset: 7:20PM  | Moon 6 - Phase 14 - 10    |
|                                |             | 433618572 <b>Rahu</b> 6:16AM - 8:08AM   | Kaulava Until 9:55AM           | <b>Nataraja:</b> Yellow |                 | 2nd Phase                 |
| Creative Work                  | Amrita Yoga |   | <b>Dvadashti* Until 8:38PM</b> | Moon - Yellow:          |                 | <b>Bhuloka Day</b>        |
|                                |             |   |                                | <b>Ashlesha/Aadi</b>    |                 | Devaloka Time: 3PM to 6PM |

|                                 |             |   |                                 |                         |                 |                           |
|---------------------------------|-------------|---|---------------------------------|-------------------------|-----------------|---------------------------|
| <b>4 Tuesday, July 22, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam<br>Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau |                                 |                         |                 | Ashland, NH<br>Sutra 100  |
| Mithuna Rasi: 4:55              | Tithi 28    | <b>Gulika</b> 11:52AM - 1:43PM  | <b>Mrigashira Until 8:55AM</b>  | <b>Ganesh:</b> White    | Sunrise: 4:24AM | Vasarasu 5:17             |
|                                 |             | Yama 8:08AM - 10:00AM   | Vyaghata* Until 2:03AM Wed      | <b>Muruga:</b> Red      | Sunset: 7:19PM  | Moon 6 - Phase 14 - 11    |
|                                 |             | 433618572 <b>Rahu</b> 3:35PM - 5:27PM   | Gara Until 7:24AM               | <b>Nataraja:</b> Yellow |                 | 2nd Phase                 |
| Creative Work                   | Siddha Yoga |   | <b>Trayodashi* Until 6:11PM</b> | Moon - Yellow:          |                 | <b>Bhuloka Day</b>        |
| Until 8:55AM                    |             |   |                                 | <b>Ashlesha/Aadi</b>    |                 | Devaloka Time: 3PM to 6PM |
| Then Routine Work - Marana Yoga |             |   |                                 |                         |                 | <b>Tour Day</b>           |

|                                   |               |   |                                  |                         |                 |                           |
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| <b>5 Wednesday, July 23, 2025</b> |               | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Tilau |                                  |                         |                 | Ashland, NH<br>Sutra 101  |
| Mithuna Rasi: 19:1                | Tithi 29 - 30 | <b>Gulika</b> 10:00AM - 11:52AM   | <b>Ardra Until 7:15AM</b>        | <b>Ganesh:</b> White    | Sunrise: 4:26AM | Vasarasu 5:17             |
|                                   |               | Yama 6:17AM - 8:09AM  | Harshana Until 11:20PM           | <b>Muruga:</b> Red      | Sunset: 7:18PM  | Moon 6 - Phase 14 - 12    |
|                                   |               | 433618572 <b>Rahu</b> 11:52AM - 1:43PM  | Catuspada Until 3:02AM Thu       | <b>Nataraja:</b> Yellow |                 | 2nd Phase                 |
| Creative Work                     | Siddha Yoga   |   | <b>Chaturdashi* Until 3:59PM</b> | Moon - Yellow:          |                 | <b>Bhuloka Day</b>        |
|                                   |               |   |                                  | <b>Ashlesha/Aadi</b>    |                 | Devaloka Time: 3PM to 6PM |

|                                |              |  |                               |                         |                 |                          |
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| <b>Thursday, July 24, 2025</b> |              | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vajra* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Tilau |                               |                         |                 | Ashland, NH<br>Sutra 102 |
| <b>Retreat Star</b>            |              | <b>Gulika</b> 8:09AM - 10:00AM   | <b>Punarvasu Until 6:12AM</b> | <b>Ganesh:</b> Orange   | Sunrise: 4:27AM | Vasarasu 5:17            |
| Kataka Rasi: 3:12              | Tithi 30 - 1 | Yama 4:27AM - 6:18AM   | Vajra* Until 8:55PM           | <b>Muruga:</b> Red      | Sunset: 7:17PM  | Moon 6 - Phase 14 - 13   |
|                                |              | 444618572 <b>Rahu</b> 1:43PM - 3:34PM  | Kintughna Until 1:27AM Fri    | <b>Nataraja:</b> Yellow |                 | Amavasya                 |
| Creative Work                  | Amrita Yoga  |  | <b>Amavasya* Until 2:10PM</b> | Moon - Blue:            |                 | <b>Devaloka Day</b>      |
|                                |              |  |                               | <b>Ashlesha/Aadi</b>    |                 |                          |

|                                  |             |  |                                   |                         |                 |                          |
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| <b>Friday, July 25, 2025</b>     |             | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau |                                   |                         |                 | Ashland, NH<br>Sutra 103 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 6:19AM - 8:10AM  | <b>Ashlesha* Until 5:10AM Sat</b> | <b>Ganesh:</b> Orange   | Sunrise: 4:28AM | Vasarasu 5:17            |
| Kataka Rasi: 16:58               | Tithi 1 - 2 | Yama 3:34PM - 5:25PM   | Siddhi Until 6:58PM               | <b>Muruga:</b> Red      | Sunset: 7:16PM  | Moon 6 - Phase 14 - 14   |
|                                  |             | 444618572 <b>Rahu</b> 10:01AM - 11:52AM  | Balava Until 12:27AM Sat          | <b>Nataraja:</b> Yellow |                 | Prathama                 |
| Routine Work                     | Marana Yoga |  | <b>Prathama* Until 12:51PM</b>    | Moon - Blue:            |                 | <b>Devaloka Day</b>      |
| Until 5:10AM Sat                 |             |  |                                   | <b>Shukra/Aadi</b>      |                 |                          |
| Then Creative Work - Amrita Yoga |             |  |                                   |                         |                 |                          |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|   |                                |             |   |  |  |   |   |
|---|--------------------------------|-------------|---|--|--|---|---|
| <b>1</b>  | <b>Saturday, July 26, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam<br>Magha* Nakshatra Vysulpa* Varjany Yoga Kadava/Tailita Karana Dvitiya/Tritiyam Titau |  |  |   | Ashland, NH<br>Sutra 104                      |
|   | Simha Rasi: 0.22               | Tithi 2 - 3 | <b>Gulika</b> 4:29AM - 6:19AM<br><b>Yama</b> 1:43PM - 3:33PM<br><b>Rahu</b> 8:10AM - 10:01AM  | <b>Magha* Until 5:51AM Sun</b><br>Vyalipala* Until 5:34PM<br>Tailita Until 12:06AM Sun<br><b>Dvitiya Until 12:10PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Red | <b>Sunrise:</b> 4:29AM<br><b>Sunset:</b> 7:19PM | Sun 15<br>Moon 6 - Phase 15 - 17<br>3rd Phase |
| Creative Work - Amrita Yoga<br>Until 5:51AM Sun<br>Then Creative Work - Siddha Yoga |                                |             | <b>Devaloka Day</b>   |  |  |   |   |

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| <b>2</b>                    | <b>Sunday, July 27, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Bharu Vasara Yuktayam<br>Purvaphalguni Nakshatra Varjany*Parjany* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau |   |  |   | Ashland, NH<br>Sutra 105                      |
|                             | Simha Rasi: 13.24            | Tithi 3 - 4 | <b>Gulika</b> 3:33PM - 5:23PM<br><b>Yama</b> 11:52AM - 1:42PM<br><b>Rahu</b> 5:23PM - 7:14PM   | <b>Purvaphalguni Until 7:05AM Mon</b><br>Varjany Until 4:42PM<br>Vanija Until 12:30AM Mon<br><b>Tritiya Until 12:11PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Red | <b>Sunrise:</b> 4:30AM<br><b>Sunset:</b> 7:14PM | Sun 16<br>Moon 6 - Phase 15 - 17<br>3rd Phase |
| Creative Work - Siddha Yoga |                              |             | <b>Devaloka Day</b>  |   |  |   |   |

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| <b>3</b>   | <b>Monday, July 28, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Parigraha*Shiva/Siddha Yoga Balava/Kadava Karana Panchami/Shasthram Titau |  |  |   | Ashland, NH<br>Sutra 106                      |
|  | Simha Rasi: 26.05            | Tithi 4 - 5 | <b>Gulika</b> 1:42PM - 3:32PM<br><b>Yama</b> 10:01AM - 11:52AM<br><b>Rahu</b> 6:21AM - 8:11AM   | <b>Purvaphalguni Until 7:05AM</b><br>Parigraha* Until 4:24PM<br>Bava Until 1:35AM Tue<br><b>Chaturthi* Until 12:56PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Red | <b>Sunrise:</b> 4:31AM<br><b>Sunset:</b> 7:13PM | Sun 17<br>Moon 6 - Phase 15 - 17<br>3rd Phase |
| Family Home Evening<br>Creative Work - Siddha Yoga |                              |             | <b>Devaloka Day</b>   |  |  |   |   |
|  |                              |             | <b>Nag Panchami</b>   |  |  |   |   |

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|---|-------------------------------|-------------|---|---|--|---|---|
| <b>4</b>  | <b>Tuesday, July 29, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Shiva/Siddha Yoga Balava/Kadava Karana Panchami/Shasthram Titau |   |  |   | Ashland, NH<br>Sutra 107                      |
|   | Kanya Rasi: 8.28              | Tithi 5 - 6 | <b>Gulika</b> 11:52AM - 1:42PM<br><b>Yama</b> 8:12AM - 10:02AM<br><b>Rahu</b> 3:32PM - 5:22PM   | <b>Uttaraphalguni Until 8:50AM</b><br>Shiva Until 4:38PM<br>Kadava Until 3:17AM Wed<br><b>Panchami Until 2:21PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Red | <b>Sunrise:</b> 4:32AM<br><b>Sunset:</b> 7:12PM | Sun 18<br>Moon 6 - Phase 15 - 18<br>3rd Phase |
| Creative Work - Amrita Yoga<br>Until 8:50AM<br>Then Creative Work - Siddha Yoga |                               |             | <b>Devaloka Day</b>   |   |  |   |   |

|   |                                 |             |  |   |   |   |   |
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| <b>5</b>  | <b>Wednesday, July 30, 2025</b> |             | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau |   |   |   | Ashland, NH<br>Sutra 108                      |
|   | Kanya Rasi: 20.35               | Tithi 6 - 7 | <b>Gulika</b> 10:02AM - 11:52AM<br><b>Yama</b> 6:23AM - 8:12AM<br><b>Rahu</b> 11:52AM - 1:41PM   | <b>Hasta Until 11:27AM</b><br>Siddha Until 5:14PM<br>Gara Until 5:26AM Thu<br><b>Shashthi* Until 4:18PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Green | <b>Sunrise:</b> 4:33AM<br><b>Sunset:</b> 7:10PM | Sun 19<br>Moon 6 - Phase 15 - 19<br>3rd Phase |
| Routine Work - Marana Yoga<br>Until 11:27AM<br>Then Creative Work - Siddha Yoga |                                 |             | <b>Sivaloka Day</b>  |   |   |   |   |

|   |                                |         |   |   |   |   |   |
|---|--------------------------------|---------|---|---|---|---|---|
| <b>6</b>  | <b>Thursday, July 31, 2025</b> |         | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Saptamam Titau |   |   |   | Ashland, NH<br>Sutra 109                      |
|   | Tula Rasi: 2.33                | Tithi 7 | <b>Gulika</b> 8:13AM - 10:02AM<br><b>Yama</b> 4:34AM - 6:23AM<br><b>Rahu</b> 1:41PM - 3:30PM  | <b>Chitra Until 2:16PM</b><br>Sadhya Until 6:06PM<br>Vanija Until 6:34PM<br><b>Saptami Until 6:34PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Green | <b>Sunrise:</b> 4:34AM<br><b>Sunset:</b> 7:09PM | Sun 20<br>Moon 6 - Phase 15 - 20<br>3rd Phase |
| Creative Work - Siddha Yoga<br>Until 2:16PM<br>Then Creative Work - Amrita Yoga |                                |         | <b>Sivaloka Day</b>   |   |   |   |   |

|                             |                               |         |   |  |   |   |   |
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| <b>7</b>                    | <b>Friday, August 1, 2025</b> |         | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Sukla Vasara Yuktayam<br>Svati/Vishakha Nakshatra Subha Yoga Vasi* Bava Karana Ashtamam Titau |  |   |   | Ashland, NH<br>Sutra 110                    |
|                             | Tula Rasi: 14.26              | Tithi 8 | <b>Gulika</b> 6:24AM - 8:13AM<br><b>Yama</b> 3:30PM - 5:19PM<br><b>Rahu</b> 10:02AM - 11:52AM   | <b>Svati Until 5:03PM</b><br>Subha Until 7:03PM<br>Vasi Until 7:47AM<br><b>Ashtami* Until 8:57PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Red<br><b>Nataraja:</b> Yellow<br>Moon - Green | <b>Sunrise:</b> 4:35AM<br><b>Sunset:</b> 7:08PM | Sun 21<br>Moon 6 - Phase 15 - 21<br>Ashtami |
| Creative Work - Siddha Yoga |                               |         | <b>Sivaloka Day</b>   |  |   |   |   |

|                             |                                 |         |  |  |  |   |  |
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| <b>8</b>                    | <b>Saturday, August 2, 2025</b> |         | Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam<br>Vishakha Nakshatra Sukla Yoga Balava/Kadava Karana Navamam Titau |  |  |   | Ashland, NH<br>Sutra 111                   |
|                             | Tula Rasi: 26.19                | Tithi 9 | <b>Gulika</b> 4:36AM - 6:25AM<br><b>Yama</b> 1:40PM - 3:29PM<br><b>Rahu</b> 8:14AM - 10:03AM   | <b>Vishakha Until 8:05PM</b><br>Sukla Until 7:54PM<br>Balava Until 10:08AM<br><b>Navami* Until 11:13PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Yellow<br>Moon - Orange | <b>Sunrise:</b> 4:36AM<br><b>Sunset:</b> 7:07PM | Sun 22<br>Moon 6 - Phase 15 - 22<br>Navami |
| Creative Work - Siddha Yoga |                                 |         | <b>Sivaloka Day</b>  |  |  |   |  |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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| 1 Sunday, August 3, 2025 |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukitayam |                                 |                         |                        | Ashland, NH            |
|--------------------------|-------------|--|---------------------------------|-------------------------|------------------------|------------------------|
|                          |             | Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Ddashyam Tilau                                     |                                 |                         |                        | Sutra 112              |
| Wisshika Rasi: 8.16      | Tithi 10    | <b>Gulika</b> 3:29PM - 5:17PM  | <b>Anuradha Until 10:41PM</b>   | <b>Ganesh:</b> Clear    | <b>Sunrise:</b> 4:27AM | Vasavasru 5:27         |
|                          |             | <b>Yama</b> 11:51AM - 1:40PM   | <b>Brahma Until 8:33PM</b>      | <b>Muruga:</b> Blue     | <b>Sunset:</b> 7:06PM  | Moon 6 - Phase 16 - 23 |
| Routine Work             | Marana Yoga | <b>Rahu</b> 5:17PM - 7:06PM  | <b>Tailila Until 12:16PM</b>    | <b>Nataraja:</b> Yellow |                        | 4th Phase              |
|                          |             |  | <b>Dashami Until 1:11AM Mon</b> | <b>Moon - Orange</b>    |                        | <b>Sivaloka Day</b>    |

| 2 Monday, August 4, 2025         |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indru Vasara Yukitayam |                                   |                         |                        | Ashland, NH            |
|----------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|------------------------|
|                                  |             | Jyeshtha Nakshatra Indra Yoga Vanija/Vsiti Karana Ekadashyam Tilau                                   |                                   |                         |                        | Sutra 113              |
| Wisshika Rasi: 20.22             | Tithi 11    | <b>Gulika</b> 1:40PM - 3:28PM  | <b>Jyeshtha Until 12:41AM Tue</b> | <b>Ganesh:</b> Clear    | <b>Sunrise:</b> 4:38AM | Vasavasru 5:27         |
| <b>Family Home Evening</b>       |             | <b>Yama</b> 10:03AM - 11:51AM  | <b>Indra Until 8:53PM</b>         | <b>Muruga:</b> Blue     | <b>Sunset:</b> 7:04PM  | Moon 6 - Phase 16 - 24 |
| Creative Work                    | Siddha Yoga | <b>Rahu</b> 6:26AM - 8:15AM  | <b>Vanija Until 2:01PM</b>        | <b>Nataraja:</b> Yellow |                        | 4th Phase              |
| Until 12:41AM Tue                |             |  | <b>Ekadashi Until 2:41AM Tue</b>  | <b>Moon - Orange</b>    |                        | <b>Sivaloka Day</b>    |
| Then Creative Work - Amrita Yoga |             |  |                                   |                         |                        |                        |

| 3 Tuesday, August 5, 2025 |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukitayam |                                   |                          |                        | Ashland, NH            |
|---------------------------|-------------|--|-----------------------------------|--------------------------|------------------------|------------------------|
|                           |             | Mula Nakshatra Vaidhiti Yoga Bava/Balava Karana Dvadashtyam Tilau                                      |                                   |                          |                        | Sutra 114              |
| Dhanus Rasi: 2.38         | Tithi 12    | <b>Gulika</b> 11:51AM - 1:39PM   | <b>Mula Until 2:29AM Wed</b>      | <b>Ganesh:</b> Yellow    | <b>Sunrise:</b> 4:39AM | Vasavasru 5:27         |
|                           |             | <b>Yama</b> 8:15AM - 10:03AM   | <b>Vaidhiti Until 8:46PM</b>      | <b>Muruga:</b> Blue      | <b>Sunset:</b> 7:03PM  | Moon 6 - Phase 16 - 25 |
| Creative Work             | Amrita Yoga | <b>Rahu</b> 3:27PM - 5:15PM  | <b>Bava Until 3:16PM</b>          | <b>Nataraja:</b> Yellow  |                        | 4th Phase              |
|                           |             |  | <b>Dvadashti Until 3:39AM Wed</b> | <b>Moon - Light Blue</b> |                        | <b>Sivaloka Day</b>    |
|                           |             |  |                                   | <b>Tour Day</b>          |                        |                        |

| 4 Wednesday, August 6, 2025     |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Butha Vasara Yukitayam |                                     |                          |                        | Ashland, NH            |
|---------------------------------|-------------|--|-------------------------------------|--------------------------|------------------------|------------------------|
|                                 |             | Purvashadha Nakshatra Vishkambha Yoga Kaulava/Tailila Karana Trayodashyam Tilau                      |                                     |                          |                        | Sutra 115              |
| Dhanus Rasi: 15.1               | Tithi 13    | <b>Gulika</b> 10:03AM - 11:51AM  | <b>Purvashadha Until 3:32AM Thu</b> | <b>Ganesh:</b> Yellow    | <b>Sunrise:</b> 4:40AM | Vasavasru 5:27         |
|                                 |             | <b>Yama</b> 6:28AM - 8:16AM  | <b>Vishkambha Until 8:12PM</b>      | <b>Muruga:</b> Blue      | <b>Sunset:</b> 7:02PM  | Moon 6 - Phase 16 - 26 |
| Creative Work                   | Amrita Yoga | <b>Rahu</b> 11:51AM - 1:39PM   | <b>Kaulava Until 3:55PM</b>         | <b>Nataraja:</b> Yellow  |                        | 4th Phase              |
| Until 3:32AM Thu                |             |  | <b>Trayodashi Until 4:00AM Thu</b>  | <b>Moon - Light Blue</b> |                        | <b>Sivaloka Day</b>    |
| Then Routine Work - Marana Yoga |             |  |                                     |                          |                        |                        |

| 5 Thursday, August 7, 2025 |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukitayam |                                      |                          |                        | Ashland, NH            |
|----------------------------|-------------|---|--------------------------------------|--------------------------|------------------------|------------------------|
|                            |             | Uttarashadha Nakshatra Prili Yoga Gara/Vanija Karana Chaturdashyam Tilau                            |                                      |                          |                        | Sutra 116              |
| Dhanus Rasi: 27.59         | Tithi 14    | <b>Gulika</b> 8:16AM - 10:04AM  | <b>Uttarashadha Until 3:51AM Fri</b> | <b>Ganesh:</b> Yellow    | <b>Sunrise:</b> 4:41AM | Vasavasru 5:27         |
|                            |             | <b>Yama</b> 4:41AM - 6:29AM   | <b>Prili Until 7:11PM</b>            | <b>Muruga:</b> Blue      | <b>Sunset:</b> 7:01PM  | Moon 6 - Phase 16 - 27 |
| Routine Work               | Marana Yoga | <b>Rahu</b> 1:38PM - 3:26PM   | <b>Gara Until 3:58PM</b>             | <b>Nataraja:</b> Yellow  |                        | 4th Phase              |
|                            |             |   | <b>Chaturdashi Until 3:46AM Fri</b>  | <b>Moon - Light Blue</b> |                        | <b>Sivaloka Day</b>    |

| Friday, August 8, 2025           |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukitayam |                                  |                         |                        | Ashland, NH                 |
|----------------------------------|-------------|--|----------------------------------|-------------------------|------------------------|-----------------------------|
| Copper Retreat Star              |             | Shravana Nakshatra Ayushman/Saubhagya Yoga Vsi/Vava Karana Purnimayam Tilau                          |                                  |                         |                        | Sutra 117                   |
| Makara Rasi: 11.05               | Tithi 15    | <b>Gulika</b> 6:30AM - 8:17AM  | <b>Shravana Until 3:57AM Sat</b> | <b>Ganesh:</b> Blue     | <b>Sunrise:</b> 4:42AM | Vasavasru 5:27              |
|                                  |             | <b>Yama</b> 3:25PM - 5:12PM  | <b>Ayushman Until 5:41PM</b>     | <b>Muruga:</b> Blue     | <b>Sunset:</b> 6:59PM  | Moon 6 - Phase 16 - Purnima |
| Routine Work                     | Marana Yoga | <b>Rahu</b> 10:04AM - 11:51AM  | <b>Vsiti Until 3:27PM</b>        | <b>Nataraja:</b> Yellow |                        |                             |
| Until 3:57AM Sat                 |             | <b>Varalakshmi Vatham</b>  | <b>Purnima Until 2:59AM Sat</b>  | <b>Moon - Purple</b>    |                        | <b>Devaloka Day</b>         |
| Then Creative Work - Siddha Yoga |             |  |                                  |                         |                        |                             |

| Saturday, August 9, 2025 |             | Viswaseeru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manta Vasara Yukitayam |                                    |                         |                        | Ashland, NH                  |
|--------------------------|-------------|--|------------------------------------|-------------------------|------------------------|------------------------------|
| Silver Retreat Star      |             | Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau                    |                                    |                         |                        | Sutra 118                    |
| Makara Rasi: 24.29       | Tithi 16    | <b>Gulika</b> 4:44AM - 6:30AM  | <b>Dhanishtha Until 3:25AM Sun</b> | <b>Ganesh:</b> Yellow   | <b>Sunrise:</b> 4:44AM | Vasavasru 5:27               |
|                          |             | <b>Yama</b> 1:37PM - 3:24PM  | <b>Saubhagya Until 3:47PM</b>      | <b>Muruga:</b> Blue     | <b>Sunset:</b> 6:58PM  | Moon 6 - Phase 16 - Prathama |
| Creative Work            | Siddha Yoga | <b>Rahu</b> 8:17AM - 10:04AM   | <b>Balava Until 2:26PM</b>         | <b>Nataraja:</b> Yellow |                        |                              |
|                          |             |  | <b>Prathama Until 1:44AM Sun</b>   | <b>Moon - Purple</b>    |                        | <b>Sivaloka Day</b>          |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Ashland, NH on 2/11/24

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Bhanu Vesara Yuktayam  
Shalabhishak Nakshatra Sobhana/Ahiganda\* Yoga Talila/Gara Karana Dvitiyayam Tilau

Ashland, NH  
Sutra 119

Kumbha Rasi: 8:08 Tithi 17

**Gulika** 3:23PM - 5:10PM  
**Yama** 11:51AM - 1:37PM  
**Rahu** 5:10PM - 6:56PM

**Shalabhishak Until 2:22AM Mon**  
Sobhana Until 1:34PM  
Talila Until 12:58PM  
**Dvitiya Until 12:06AM Mon**

**Ganesh:** Yellow  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - Purple

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 2:22AM Mon  
Then Routine Work - Marana Yoga

**Monday, August 11, 2025**

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Indu Vesara Yuktayam

Ashland, NH

1 Kumbha Rasi: 22:01 Tithi 18

**Gulika** 1:37PM - 3:23PM  
**Yama** 10:04AM - 11:50AM  
**Rahu** 6:32AM - 8:18AM

**Purvaprashthapada\* Until 1:21AM Tue**  
Ahiganda\* Until 11:03AM  
Vanija Until 11:11AM  
**Tritiya Until 10:11PM**

**Ganesh:** Clear  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - Clear

**Sivaloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 1:21AM Tue  
Then Creative Work - Amrita Yoga

**Tuesday, August 12, 2025**

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Mangala Vesara Yuktayam

Ashland, NH

2 Meena Rasi: 6:03 Tithi 19

**Gulika** 11:50AM - 1:36PM  
**Yama** 10:04AM - 11:50AM  
**Rahu** 3:22PM - 5:08PM

**Uttaraprashthapada Until 12:00AM Wed**  
Sukarma Until 8:21AM  
Bava Until 9:10AM  
**Chaturthi\* Until 8:04PM**

**Ganesh:** Clear  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - Clear

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 12:00AM Wed  
Then Creative Work - Siddha Yoga

**Wednesday, August 13, 2025**

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Budha Vesara Yuktayam

Ashland, NH

3 Meena Rasi: 20:12 Tithi 20 - 21

**Gulika** 10:05AM - 11:50AM  
**Yama** 6:34AM - 8:19AM  
**Rahu** 11:50AM - 1:36PM

**Revati Until 10:24PM**  
Shula\* Until 2:38AM Thu  
Kaulava Until 6:59AM  
**Panchami Until 5:51PM**

**Ganesh:** Clear  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - Clear

**Sivaloka Day**

Routine Work Marana Yoga

**Thursday, August 14, 2025**

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Guru Vesara Yuktayam

Ashland, NH

4 Mesha Rasi: 4:25 Tithi 21 - 22

**Gulika** 8:19AM - 10:05AM  
**Yama** 4:49AM - 6:34AM  
**Rahu** 1:35PM - 3:20PM

**Ashvini Until 9:03PM**  
Ganda\* Until 11:43PM  
Visli Until 2:27AM Fri  
**Shashthi\* Until 3:35PM**

**Ganesh:** Purple  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - White

**Subha Sivaloka Day**

Creative Work Amrita Yoga  
Until 9:03PM  
Then Creative Work - Siddha Yoga

**Friday, August 15, 2025**

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshi Sukra Vesara Yuktayam

Ashland, NH

Retreat Star

**Gulika** 6:35AM - 8:20AM  
**Yama** 3:19PM - 5:04PM  
**Rahu** 10:05AM - 11:50AM

**Bharani Until 7:34PM**  
Viddhi Until 8:50PM  
Balava Until 12:12AM Sat  
**Saptami Until 1:18PM**

**Ganesh:** Clear  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - White

**Sivaloka Day**

Creative Work Siddha Yoga

**Krishna Janmashtami**

**Saturday, August 16, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mani Vesara Yuktayam

Ashland, NH

Retreat Star

**Gulika** 4:51AM - 6:36AM  
**Yama** 1:34PM - 3:19PM  
**Rahu** 8:20AM - 10:05AM

**Kritika Until 6:00PM**  
Dhruva Until 5:58PM  
Talila Until 10:01PM  
**Ashtami\* Until 11:05AM**

**Ganesh:** Clear  
**Muruga:** Blue  
**Nataraja:** Yellow  
Moon - White

**Sivaloka Day**

Wishabha Rasi: 2:49 Tithi 23 - 24

Creative Work Amrita Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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|                     |                                |                        |   |                               |                         |                       |                       |
|---------------------|--------------------------------|------------------------|---|-------------------------------|-------------------------|-----------------------|-----------------------|
| <b>1</b>            | <b>Sunday, August 17, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Uvara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashamam Titau |                               |                         |                       | Ashland, NH<br>Sun 7  |
|                     | <b>Gulika</b>                  | <b>3:18PM - 5:02PM</b> | <b>Rohini Until 4:49PM</b>  | <b>Ganesha: Clear</b>         | <b>Sunrise: 4:52AM</b>  | <b>Sutra 126</b>      | Vishvasu 5:17         |
| Mithuna Rasi: 16:58 | Tithi 24 - 25                  | <b>Yama</b>            | <b>11:49AM - 1:33PM</b>   | <b>Vyaghata* Until 3:11PM</b> | <b>Muruga: Blue</b>     | <b>Sunset: 6:46PM</b> | Moon 7 - Phase 18 - 7 |
| Creative Work       | Siddha Yoga                    | <b>Rahu</b>            | <b>5:02PM - 6:46PM</b>  | <b>Bava Until 7:56PM</b>      | <b>Nataraja: Yellow</b> |                       | 2nd Phase             |
|                     |                                |                        |   | <b>Navami* Until 8:57AM</b>   | <b>Moon - Yellow</b>    | <b>Sivaloka Day</b>   |                       |

|                     |                                |                        |   |                               |                         |                       |                       |
|---------------------|--------------------------------|------------------------|---|-------------------------------|-------------------------|-----------------------|-----------------------|
| <b>2</b>            | <b>Monday, August 18, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam<br>Migashira/Ardra Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Ekadasyam Titau |                               |                         |                       | Ashland, NH<br>Sun 8  |
|                     | <b>Gulika</b>                  | <b>1:33PM - 3:17PM</b> | <b>Mrigashira Until 3:38PM</b>  | <b>Ganesha: Clear</b>         | <b>Sunrise: 4:54AM</b>  | <b>Sutra 127</b>      | Vishvasu 5:17         |
| Mithuna Rasi: 1:02  | Tithi 25 - 26                  | <b>Yama</b>            | <b>10:05AM - 11:49AM</b>  | <b>Harshana Until 12:32PM</b> | <b>Muruga: Blue</b>     | <b>Sunset: 6:45PM</b> | Moon 7 - Phase 18 - 8 |
| Family Home Evening |                                | <b>Rahu</b>            | <b>6:37AM - 8:21AM</b>  | <b>Bava Until 6:01PM</b>      | <b>Nataraja: Yellow</b> |                       | 2nd Phase             |
| Creative Work       | Amrita Yoga                    |                        |   | <b>Dashami Until 6:56AM</b>   | <b>Moon - Yellow</b>    | <b>Sivaloka Day</b>   |                       |
| Then Creative Work  | Siddha Yoga                    |                        |   |                               |                         |                       |                       |

|                     |                                 |                         |  |                                   |                         |                       |                       |
|---------------------|---------------------------------|-------------------------|--|-----------------------------------|-------------------------|-----------------------|-----------------------|
| <b>3</b>            | <b>Tuesday, August 19, 2025</b> |                         | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taila Karana Dvadashyam Titau |                                   |                         |                       | Ashland, NH<br>Sun 9  |
|                     | <b>Gulika</b>                   | <b>11:49AM - 1:32PM</b> | <b>Ardra Until 2:31PM</b>  | <b>Ganesha: Clear</b>             | <b>Sunrise: 4:55AM</b>  | <b>Sutra 128</b>      | Vishvasu 5:17         |
| Mithuna Rasi: 14:59 | Tithi 27                        | <b>Yama</b>             | <b>10:05AM - 11:49AM</b>   | <b>Vajra* Until 10:01AM</b>       | <b>Muruga: Blue</b>     | <b>Sunset: 6:43PM</b> | Moon 7 - Phase 18 - 9 |
| Routine Work        | Marana Yoga                     | <b>Rahu</b>             | <b>3:16PM - 4:59PM</b>   | <b>Kaulava Until 4:18PM</b>       | <b>Nataraja: Yellow</b> |                       | 2nd Phase             |
| Then Creative Work  | Siddha Yoga                     |                         |  | <b>Dvadashi* Until 3:31AM Wed</b> | <b>Moon - Yellow</b>    | <b>Sivaloka Day</b>   |                       |

|                     |                                   |                          |   |                                     |                         |                       |                        |
|---------------------|-----------------------------------|--------------------------|---|-------------------------------------|-------------------------|-----------------------|------------------------|
| <b>4</b>            | <b>Wednesday, August 20, 2025</b> |                          | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashyam Titau |                                     |                         |                       | Ashland, NH<br>Sun 10  |
|                     | <b>Gulika</b>                     | <b>10:05AM - 11:49AM</b> | <b>Punarvasu Until 1:58PM</b>   | <b>Ganesha: Purple</b>              | <b>Sunrise: 4:56AM</b>  | <b>Sutra 129</b>      | Vishvasu 5:17          |
| Mithuna Rasi: 28:47 | Tithi 28                          | <b>Yama</b>              | <b>6:39AM - 8:22AM</b>  | <b>Siddhi Until 7:44AM</b>          | <b>Muruga: Blue</b>     | <b>Sunset: 6:41PM</b> | Moon 7 - Phase 18 - 10 |
| Creative Work       | Siddha Yoga                       | <b>Rahu</b>              | <b>11:49AM - 1:32PM</b>   | <b>Gara Until 2:52PM</b>            | <b>Nataraja: Yellow</b> |                       | 2nd Phase              |
|                     |                                   |                          |   | <b>Trayodashi* Until 2:15AM Thu</b> | <b>Moon - Blue</b>      | <b>Devaloka Day</b>   |                        |

Pradosha Vata (Fasting)

|                    |                                  |                         |   |                                      |                         |                       |                        |
|--------------------|----------------------------------|-------------------------|---|--------------------------------------|-------------------------|-----------------------|------------------------|
| <b>5</b>           | <b>Thursday, August 21, 2025</b> |                         | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashyam Titau |                                      |                         |                       | Ashland, NH<br>Sun 11  |
|                    | <b>Gulika</b>                    | <b>8:23AM - 10:05AM</b> | <b>Pushya Until 1:37PM</b>  | <b>Ganesha: Purple</b>               | <b>Sunrise: 4:57AM</b>  | <b>Sutra 130</b>      | Vishvasu 5:17          |
| Kataka Rasi: 12:23 | Tithi 29                         | <b>Yama</b>             | <b>4:57AM - 6:40AM</b>  | <b>Varjyan Until 4:02AM Fri</b>      | <b>Muruga: Blue</b>     | <b>Sunset: 6:40PM</b> | Moon 7 - Phase 18 - 11 |
| Creative Work      | Amrita Yoga                      | <b>Rahu</b>             | <b>1:31PM - 3:14PM</b>  | <b>Vaisi Until 1:48PM</b>            | <b>Nataraja: Yellow</b> |                       | 2nd Phase              |
| Then Creative Work | Siddha Yoga                      |                         |   | <b>Chaturdashi* Until 1:25AM Fri</b> | <b>Moon - Blue</b>      | <b>Devaloka Day</b>   |                        |

|                    |                                |                        |  |                                   |                         |                       |                        |
|--------------------|--------------------------------|------------------------|--|-----------------------------------|-------------------------|-----------------------|------------------------|
| <b>●</b>           | <b>Friday, August 22, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam<br>Ashlesha/Magha* Nakshatra Parigha* Yoga Catuspada*/Niaga* Karana Amavasyayam Titau |                                   |                         |                       | Ashland, NH<br>Sun 12  |
|                    | <b>Gulika</b>                  | <b>6:41AM - 8:23AM</b> | <b>Ashlesha* Until 1:34PM</b>  | <b>Ganesha: Light Blue</b>        | <b>Sunrise: 4:58AM</b>  | <b>Sutra 131</b>      | Vishvasu 5:17          |
| Kataka Rasi: 25:44 | Tithi 30                       | <b>Yama</b>            | <b>3:13PM - 4:56PM</b>   | <b>Parigha* Until 2:46AM Sat</b>  | <b>Muruga: Blue</b>     | <b>Sunset: 6:38PM</b> | Moon 7 - Phase 18 - 12 |
| Routine Work       | Marana Yoga                    | <b>Rahu</b>            | <b>10:06AM - 11:48AM</b>   | <b>Catuspada Until 1:11PM</b>     | <b>Nataraja: Yellow</b> |                       | Amavasya               |
|                    |                                |                        |  | <b>Amavasya* Until 1:03AM Sat</b> | <b>Moon - Blue</b>      | <b>Devaloka Day</b>   |                        |

|                     |                                  |                        |  |                                   |                         |                       |                        |
|---------------------|----------------------------------|------------------------|--|-----------------------------------|-------------------------|-----------------------|------------------------|
| <b>Retreat Star</b> | <b>Saturday, August 23, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Paksha Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau |                                   |                         |                       | Ashland, NH<br>Sun 13  |
|                     | <b>Gulika</b>                    | <b>4:59AM - 6:41AM</b> | <b>Magha* Until 2:21PM</b>   | <b>Ganesha: Purple</b>            | <b>Sunrise: 4:59AM</b>  | <b>Sutra 132</b>      | Vishvasu 5:17          |
| Simha Rasi: 8:5     | Tithi 1                          | <b>Yama</b>            | <b>1:30PM - 3:12PM</b>   | <b>Shiva Until 1:57AM Sun</b>     | <b>Muruga: Blue</b>     | <b>Sunset: 6:36PM</b> | Moon 7 - Phase 18 - 13 |
| Creative Work       | Amrita Yoga                      | <b>Rahu</b>            | <b>8:23AM - 10:06AM</b>  | <b>Kintughna Until 1:06PM</b>     | <b>Nataraja: Yellow</b> |                       | Prathama               |
| Then Creative Work  | Siddha Yoga                      |                        |  | <b>Prathama* Until 1:16AM Sun</b> | <b>Moon - Red</b>       | <b>Devaloka Day</b>   |                        |

Bhadrakalyan

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                     |              |   |                                    |  |   |                        |                                       |
|-------------------------------------|--------------|---|------------------------------------|--|---|------------------------|---------------------------------------|
| <b>1 Sunday, August 24, 2025</b>    |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Bhanu Varsara Yuktayam<br>Parvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Tilau |                                    |  |   | Sun 14                 | Ashland, NH<br>Sutra 133              |
| 10:21 AM                            | Tilthi 2     | <b>Gulika</b><br>3:11PM - 4:53PM  | <b>Purvaphalguni Until 3:33PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Yellow<br>Moon - Red       | <b>Sunrise:</b> 5:00AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 17 | Vasavasru 5:127<br>Devaloka Day       |
| 10:21 AM                            | Tilthi 2     | <b>Yama</b><br>11:48AM - 1:29PM   | Siddha Until 1:34AM Mon            |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 2     | <b>Rahu</b><br>4:53PM - 6:35PM  | Balava Until 1:37PM                |  |   |                        |                                       |
| Creative Work Siddha Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 3:33PM                        |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Amrita Yoga    |              |   |                                    |  |   |                        |                                       |
| <b>2 Monday, August 25, 2025</b>    |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Indu Varsara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trifyayam Tilau            |                                    |  |   | Sun 15                 | Ashland, NH<br>Sutra 134              |
| 10:21 AM                            | Tilthi 3     | <b>Gulika</b><br>1:29PM - 3:10PM  | <b>Uttaraphalguni Until 5:10PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Yellow<br>Moon - Red       | <b>Sunrise:</b> 5:01AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 15 | Vasavasru 5:127<br>Devaloka Day       |
| 10:21 AM                            | Tilthi 3     | <b>Yama</b><br>10:06AM - 11:47AM  | Sadhya Until 1:39AM Tue            |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 3     | <b>Rahu</b><br>6:43AM - 8:24AM  | Talilla Until 2:42PM               |  |   |                        |                                       |
| Creative Work Siddha Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 3:33PM                        |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Amrita Yoga    |              |   |                                    |  |   |                        |                                       |
| <b>3 Tuesday, August 26, 2025</b>   |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Mangala Varsara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vanja/Vesli* Karana Chaturthayam Tilau                  |                                    |  |   | Sun 16                 | Ashland, NH<br>Sutra 135              |
| 10:21 AM                            | Tilthi 4     | <b>Gulika</b><br>11:47AM - 1:28PM   | <b>Hasta Until 7:37PM</b>          | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Yellow<br>Moon - Green | <b>Sunrise:</b> 5:02AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 16 | Vasavasru 5:127<br>Devaloka Day       |
| 10:21 AM                            | Tilthi 4     | <b>Yama</b><br>10:06AM - 11:47AM  | Subha Until 2:08AM Wed             |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 4     | <b>Rahu</b><br>3:09PM - 4:50PM  | Vanija Until 4:21PM                |  |   |                        |                                       |
| Creative Work Siddha Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 3:33PM                        |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Amrita Yoga    |              |   |                                    |  |   |                        |                                       |
| <b>4 Wednesday, August 27, 2025</b> |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Budha Varsara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Bava Karana Panchayam Tilau                               |                                    |  |   | Sun 17                 | Ashland, NH<br>Sutra 136              |
| 10:21 AM                            | Tilthi 5     | <b>Gulika</b><br>10:06AM - 11:47AM  | <b>Chitra Until 10:17PM</b>        | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Green  | <b>Sunrise:</b> 5:04AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 17 | Vasavasru 5:127<br>Sivaloka Day       |
| 10:21 AM                            | Tilthi 5     | <b>Yama</b><br>8:25AM - 10:06AM   | Sukla Until 2:51AM Thu             |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 5     | <b>Rahu</b><br>11:47AM - 1:27PM   | Bava Until 6:24PM                  |  |   |                        |                                       |
| Creative Work Siddha Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 3:33PM                        |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Amrita Yoga    |              |   |                                    |  |   |                        |                                       |
| <b>5 Thursday, August 28, 2025</b>  |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Guru Varsara Yuktayam<br>Svali Nakshatra Brahma Yoga Bava/Kaulava Karana Panchami/Shashthayam Tilau                |                                    |  |   | Sun 18                 | Ashland, NH<br>Sutra 137              |
| 10:21 AM                            | Tilthi 5 - 6 | <b>Gulika</b><br>8:26AM - 10:06AM   | <b>Svali Until 1:01AM Fri</b>      | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Green  | <b>Sunrise:</b> 5:05AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 18 | Vasavasru 5:127<br>Sivaloka Day       |
| 10:21 AM                            | Tilthi 5 - 6 | <b>Yama</b><br>5:05AM - 6:45AM  | Brahma Until 3:45AM Fri            |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 5 - 6 | <b>Rahu</b><br>1:27PM - 3:07PM  | Kaulava Until 8:44PM               |  |   |                        |                                       |
| Creative Work Amrita Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 1:01AM Fri                    |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Siddha Yoga    |              |   |                                    |  |   |                        |                                       |
| <b>6 Friday, August 29, 2025</b>    |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Sukra Varsara Yuktayam<br>Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Saptayam Tilau                |                                    |  |   | Sun 19                 | Ashland, NH<br>Sutra 138              |
| 10:21 AM                            | Tilthi 6 - 7 | <b>Gulika</b><br>6:46AM - 8:26AM  | <b>Vishakha Until 4:08AM Sat</b>   | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Orange      | <b>Sunrise:</b> 5:06AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 20 | Vasavasru 5:127<br>Subha Sivaloka Day |
| 10:21 AM                            | Tilthi 6 - 7 | <b>Yama</b><br>3:06PM - 4:46PM  | Indra Until 4:41AM Sat             |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 6 - 7 | <b>Rahu</b><br>10:06AM - 11:46AM  | Gara Until 11:09PM                 |  |   |                        |                                       |
| Creative Work Siddha Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 3:33PM                        |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Amrita Yoga    |              |   |                                    |  |   |                        |                                       |
| <b>Retreat Star</b>                 |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Marana Varsara Yuktayam<br>Anuradha Nakshatra Vaidhriti* Yoga Vanja/Vesli* Karana Saptami/Ashtayam Tilau           |                                    |  |   | Sun 20                 | Ashland, NH<br>Sutra 139              |
| 10:21 AM                            | Tilthi 7 - 8 | <b>Gulika</b><br>5:07AM - 6:47AM  | <b>Anuradha Until 6:55AM Sun</b>   | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Orange      | <b>Sunrise:</b> 5:07AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 20 | Vasavasru 5:127<br>Subha Sivaloka Day |
| 10:21 AM                            | Tilthi 7 - 8 | <b>Yama</b><br>1:26PM - 3:05PM  | Vaidhriti* Until 5:27AM Sun        |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 7 - 8 | <b>Rahu</b><br>8:26AM - 10:06AM   | Vesli Until 1:25AM Sun             |  |   |                        |                                       |
| Creative Work Siddha Yoga           |              |   |                                    |  |   |                        |                                       |
| Until 6:55AM Sun                    |              |   |                                    |  |   |                        |                                       |
| Then Routine Work - Marana Yoga     |              |   |                                    |  |   |                        |                                       |
| <b>Sunday, August 31, 2025</b>      |              | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakshi Bhanu Varsara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navayam Tilau   |                                    |  |   | Sun 21                 | Ashland, NH<br>Sutra 140              |
| 10:21 AM                            | Tilthi 8 - 9 | <b>Gulika</b><br>3:04PM - 4:44PM  | <b>Anuradha Until 6:55AM</b>       | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Orange      | <b>Sunrise:</b> 5:08AM<br><b>Sunset:</b> 6:29PM | Moon 7 - Phase 19 - 21 | Vasavasru 5:127<br>Subha Sivaloka Day |
| 10:21 AM                            | Tilthi 8 - 9 | <b>Yama</b><br>11:45AM - 1:25PM   | Vishkambha* Until 5:58AM Mon       |  |   |                        |                                       |
| 10:21 AM                            | Tilthi 8 - 9 | <b>Rahu</b><br>4:44PM - 6:23PM  | Balava Until 3:23AM Mon            |  |   |                        |                                       |
| Routine Work Marana Yoga            |              |   |                                    |  |   |                        |                                       |
| Until 3:33PM                        |              |   |                                    |  |   |                        |                                       |
| Then Creative Work - Amrita Yoga    |              |   |                                    |  |   |                        |                                       |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                            |                                  |  |   |  |                                   |  |
|----------------------------|----------------------------------|--|---|--|-----------------------------------|--|
| <b>1</b>                   | <b>Monday, September 1, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Phili Yaga Kaulava/Taila Karana Navami/Dashamam Titau |   |  |                                   | Ashland, NH<br>Sutra 142                               |
| Wischika Rasi: 28.17       | Tithi 9 – 10                     | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM  | <b>Jyeshtha* Until 9:12AM</b><br>Phili Until 6:07AM Tue<br>Tailita Until 4:52AM Tue<br>Navami* Until 4:10PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Orange | Sunrise: 5:09AM<br>Sunset: 6:21PM | Vasavasru 5:127<br>Moon 7 - Phase 20 - 23<br>4th Phase |
| <b>Family Home Evening</b> | 578728573                        | <b>Rahu</b><br>6:48AM – 8:27AM   |   |  |                                   | <b>Subha Sivaloka Day</b>                              |
| Creative Work              | Siddha Yoga                      |  |   |  |                                   |  |

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| <b>2</b>           | <b>Tuesday, September 2, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam<br>Mula/Purvashada* Nakshatra PhiliYajubhan Yaga Gara/Vanaja Karana Dashami/Ekadashtyam Titau |   |  |                                   | Ashland, NH<br>Sutra 143                               |
| Dhanus Rasi: 10.34 | Tithi 10 – 11                     | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM   | <b>Mula* Until 11:18AM</b><br>Phili Until 6:07AM<br>Vanija Until 5:43AM Wed<br>Dashami Until 5:21PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:10AM<br>Sunset: 6:19PM | Vasavasru 5:127<br>Moon 7 - Phase 20 - 23<br>4th Phase |
| Creative Work      | Amrita Yoga                       | <b>Rahu</b><br>3:02PM – 4:41PM  |   |  |                                   | <b>Sivaloka Day</b>                                    |
| Until 11:18AM      |                                   |   |   |  |                                   |  |
| Then Creative Work | Siddha Yoga                       |   |   |  |                                   |  |

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| <b>3</b>           | <b>Wednesday, September 3, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Butha Vasara Yuktayam<br>Purvashada*/Uttarashada Nakshatra Saubhagya Yaga Vesi/Bava Karana Ekadashi/Dwadashyam Titau |  |  |                                   | Ashland, NH<br>Sutra 144                               |
| Dhanus Rasi: 23.08 | Tithi 11 – 12                       | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM  | <b>Purvashada* Until 12:37PM</b><br>Saubhagya Until 4:52AM Thu<br>Bava Until 5:53AM Thu<br>Ekadashi Until 5:52PM | <b>Ganesh:</b> Green<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:11AM<br>Sunset: 6:18PM | Vasavasru 5:127<br>Moon 7 - Phase 20 - 23<br>4th Phase |
| Creative Work      | Amrita Yoga                         | <b>Rahu</b><br>11:45AM – 1:23PM  |  |  |                                   | <b>Sivaloka Day</b>                                    |
|                    |                                     |  |  |  |                                   |  |

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| <b>4</b>           | <b>Thursday, September 4, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam<br>Uttarashada/Shravana Nakshatra Sobhana Yaga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  |  |                                   | Ashland, NH<br>Sutra 144                               |
| Makara Rasi: 6.02  | Tithi 12 – 13                      | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM   | <b>Uttarashada Until 1:06PM</b><br>Sobhana Until 3:25AM Fri<br>Kaulava Until 5:20AM Fri<br>Dvadashi Until 5:40PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:12AM<br>Sunset: 6:16PM | Vasavasru 5:127<br>Moon 7 - Phase 20 - 25<br>4th Phase |
| Routine Work       | Marana Yoga                        | <b>Rahu</b><br>1:22PM – 3:00PM  |  |  |                                   | <b>Sivaloka Day</b>                                    |
| Until 1:06PM       |                                    |   |  |  |                                   |  |
| Then Creative Work | Siddha Yoga                        |   |  |  |                                   |  |
|                    |                                    |   |  |  |                                   |  |

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| <b>5</b>           | <b>Friday, September 5, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Athiganda* Yaga Taila/Gara Karana Trayodashi/Chaturdashyam Titau |  |   |                                   | Ashland, NH<br>Sutra 145                               |
| Makara Rasi: 19.17 | Tithi 13 – 14                    | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM  | <b>Shravana Until 1:11PM</b><br>Athiganda* Until 1:24AM Sat<br>Gara Until 4:07AM Sat | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Purple | Sunrise: 5:14AM<br>Sunset: 6:14PM | Vasavasru 5:127<br>Moon 7 - Phase 20 - 26<br>4th Phase |
| Routine Work       | Marana Yoga                      | <b>Rahu</b><br>10:06AM – 11:44AM   |  |   |                                   | <b>Subha Sivaloka Day</b>                              |
| Until 1:11PM       |                                  | <b>Chidambaram Abhishekam</b>  | <b>Trayodashi Until 4:47PM</b>   |   |                                   |  |
| Then Creative Work | Siddha Yoga                      |  |  |   |                                   |  |
|                    |                                  |  |  |   |                                   |  |

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| <b>6</b>           | <b>Saturday, September 6, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manta Vasara Yuktayam<br>Dhanishtha/Purvashodhapa* Nakshatra Sukarna Yaga Vanja/Vesi* Karana Chaturdashi/Purnimayam Titau |  |   |                                   | Ashland, NH<br>Sutra 146                               |
| Kumbha Rasi: 2.55  | Tithi 14 – 15                      | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM   | <b>Dhanishtha Until 12:29PM</b><br>Sukarna Until 10:55PM<br>Vesi Until 2:18AM Sun<br>Chaturdashi* Until 3:15PM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Purple | Sunrise: 5:15AM<br>Sunset: 6:12PM | Vasavasru 5:127<br>Moon 7 - Phase 20 - 27<br>4th Phase |
| Creative Work      | Siddha Yoga                        | <b>Rahu</b><br>8:29AM – 10:06AM   |  |   |                                   | <b>Subha Sivaloka Day</b>                              |
| Until 12:29PM      |                                    |   |  |   |                                   |  |
| Then Creative Work | Amrita Yoga                        |   |  |   |                                   |  |
|                    |                                    |   |  |   |                                   |  |

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| <b>○</b>           | <b>Sunday, September 7, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bhanu<br>Shatabhishak/Purvashodhapa* Nakshatra Dhriti Yaga Bava/Balava Karana Purnima/Pra<br>panchamam Titau |   |   |                                   | Ashland, NH<br>Sutra 147                          |
| Kumbha Rasi: 16.53 | Tithi 15 – 16                    | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM  | <b>Shatabhishak Until 11:06AM</b><br>Dhriti Until 8:03PM<br>Balava Until 12:02AM Mon<br>Purnima* Until 1:12PM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Purple | Sunrise: 5:16AM<br>Sunset: 6:11PM | Vasavasru 5:127<br>Moon 7 - Phase 20 -<br>Purnima |
| Creative Work      | Siddha Yoga                      | <b>Rahu</b><br>4:34PM – 6:11PM   |   |   |                                   | <b>Subha Sivaloka Day</b>                         |
|                    |                                  | <b>Grandparent's Day</b>   |   |   |                                   |   |
|                    |                                  |  |   |   |                                   |   |

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| <b>Monday, September 8, 2025</b> | Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam<br>Purvashodhapa*/Uttarashodhapa* Nakshatra Shula*/Ganda* Yaga Kaulava/Taila Karana Prathama/Dvityayam Titau |   |  |  | Ashland, NH<br>Sutra 148          |  |
| Meena Rasi: 1.1                  | Tithi 16 – 17   | <b>Gulika</b><br>Yama<br>5:06AM – 11:45AM | <b>Purvashodhapa* Until 9:34AM</b><br>Shula* Until 4:51PM<br>Tailita Until 9:25PM<br>Prathama* Until 10:45AM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Clear | Sunrise: 5:17AM<br>Sunset: 6:09PM | Vasavasru 5:127<br>Moon 7 - Phase 20 -<br>Prathama |
| <b>Family Home Evening</b>       | 519828573   | <b>Rahu</b><br>6:53AM – 8:30AM            |  |  |                                   | <b>Subha Sivaloka Day</b>                          |
| Routine Work                     | Marana Yoga   |   |  |  |                                   |  |
| Until 9:34AM                     |   |   |  |  |                                   |  |
| Then Creative Work               | Siddha Yoga   |   |  |  |                                   |  |
|                                  |   |   |  |  |                                   |  |

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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**Tuesday, September 9, 2025****Gold Retreat Star**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukatayam  
Uttaraprosphapada/Ravasi Nakshatra Ganda\*Widdhi Yoga Gara/Vanija Karana Dvitya/Triyayam TitauAshland, NH  
Sun 1  
Sutra 149

|                                  |               |                                |                                       |                          |                 |                           |
|----------------------------------|---------------|--------------------------------|---------------------------------------|--------------------------|-----------------|---------------------------|
| Mesha Rasi: 15.4                 | Tithi 17 - 18 | <b>Gulika</b> 11:42AM - 1:19PM | <b>Uttaraprosphapada Until 7:38AM</b> | <b>Ganesha:</b> Yellow   | Sunrise: 5:18AM | Vasavasu 5:127            |
|                                  |               | <b>Yama</b> 8:30AM - 10:06AM   | <b>Ganda* Until 1:28PM</b>            | <b>Muruga:</b> Blue      | Sunset: 6:07PM  | Moon B - Phase 21 - 1     |
|                                  |               | <b>Rahu</b> 2:55PM - 4:31PM    | <b>Vanija Until 6:36PM</b>            | <b>Nataraja:</b> White   |                 | 1st Phase                 |
| Creative Work - Amrita Yoga      |               |                                | <b>Dvitiya Until 8:00AM</b>           | <b>Moon - Clear</b>      |                 | <b>Subha Sivaloka Day</b> |
| Until 7:38AM                     |               |                                |                                       | <b>Sheshapada-Ravasi</b> |                 |                           |
| Then Creative Work - Siddha Yoga |               |                                |                                       |                          |                 |                           |

**Wednesday, September 10, 2025****1**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukatayam  
Ashvini Nakshatra Widdhi/Dhruva Yoga Bava/Baleva Karana Chaturtham TitauAshland, NH  
Sun 2  
Sutra 150

|                                  |          |                                 |                                    |                          |                 |                       |
|----------------------------------|----------|---------------------------------|------------------------------------|--------------------------|-----------------|-----------------------|
| Mesha Rasi: 0.16                 | Tithi 19 | <b>Gulika</b> 10:06AM - 11:42AM | <b>Ashvini Until 3:26AM Thu</b>    | <b>Ganesha:</b> White    | Sunrise: 5:19AM | Vasavasu 5:127        |
|                                  |          | <b>Yama</b> 6:55AM - 8:31AM     | <b>Vridhhi Until 10:01AM</b>       | <b>Muruga:</b> Blue      | Sunset: 6:05PM  | Moon B - Phase 21 - 2 |
|                                  |          | <b>Rahu</b> 11:42AM - 1:18PM    | <b>Bava Until 3:42PM</b>           | <b>Nataraja:</b> White   |                 | 1st Phase             |
| Routine Work - Marana Yoga       |          |                                 | <b>Chalurthi* Until 2:15AM Thu</b> | <b>Moon - White</b>      |                 | <b>Sivaloka Day</b>   |
| Until 3:26AM Thu                 |          |                                 |                                    | <b>Sheshapada-Ravasi</b> |                 |                       |
| Then Creative Work - Siddha Yoga |          |                                 |                                    |                          |                 |                       |

**Thursday, September 11, 2025****2**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Guru Vasara Yukatayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Panchamam TitauAshland, NH  
Sun 3  
Sutra 151

|                             |          |                                |                                 |                          |                 |                       |
|-----------------------------|----------|--------------------------------|---------------------------------|--------------------------|-----------------|-----------------------|
| Mesha Rasi: 14.53           | Tithi 20 | <b>Gulika</b> 8:31AM - 10:06AM | <b>Bharani Until 1:26AM Fri</b> | <b>Ganesha:</b> White    | Sunrise: 5:20AM | Vasavasu 5:127        |
|                             |          | <b>Yama</b> 6:55AM - 8:31AM    | <b>Dhruva Until 6:32AM</b>      | <b>Muruga:</b> Blue      | Sunset: 6:05PM  | Moon B - Phase 21 - 3 |
|                             |          | <b>Rahu</b> 1:17PM - 2:53PM    | <b>Kaulava Until 12:51PM</b>    | <b>Nataraja:</b> White   |                 | 1st Phase             |
| Creative Work - Siddha Yoga |          |                                | <b>Panchami Until 11:27PM</b>   | <b>Moon - White</b>      |                 | <b>Sivaloka Day</b>   |
|                             |          |                                |                                 | <b>Sheshapada-Ravasi</b> |                 |                       |

**Friday, September 12, 2025****3**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukatayam  
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham TitauAshland, NH  
Sun 4  
Sutra 152

|                                 |          |                               |                                   |                          |                 |                       |
|---------------------------------|----------|-------------------------------|-----------------------------------|--------------------------|-----------------|-----------------------|
| Mesha Rasi: 29.24               | Tithi 21 | <b>Gulika</b> 6:56AM - 8:31AM | <b>Kritika Until 11:31PM</b>      | <b>Ganesha:</b> Blue     | Sunrise: 5:21AM | Vasavasu 5:127        |
|                                 |          | <b>Yama</b> 2:52PM - 4:27PM   | <b>Harshana Until 12:01AM Sat</b> | <b>Muruga:</b> Blue      | Sunset: 6:05PM  | Moon B - Phase 21 - 4 |
|                                 |          | <b>Rahu</b> 10:06AM - 11:41AM | <b>Gara Until 10:09AM</b>         | <b>Nataraja:</b> White   |                 | 1st Phase             |
| Creative Work - Siddha Yoga     |          |                               | <b>Shashthi* Until 8:52PM</b>     | <b>Moon - White</b>      |                 | <b>Sivaloka Day</b>   |
| Until 11:31PM                   |          |                               |                                   | <b>Sheshapada-Ravasi</b> |                 |                       |
| Then Routine Work - Marana Yoga |          |                               |                                   |                          |                 |                       |

**Saturday, September 13, 2025****4**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Manu Vasara Yukatayam  
Rohini Nakshatra Vajra\* Yoga Visti/Bava Karana Saplamam TitauAshland, NH  
Sun 5  
Sutra 153

|                                  |          |                               |                             |                          |                 |                           |
|----------------------------------|----------|-------------------------------|-----------------------------|--------------------------|-----------------|---------------------------|
| Wishabha Rasi: 13.46             | Tithi 22 | <b>Gulika</b> 5:22AM - 6:57AM | <b>Rohini Until 10:10PM</b> | <b>Ganesha:</b> Red      | Sunrise: 5:22AM | Vasavasu 5:127            |
|                                  |          | <b>Yama</b> 1:16PM - 2:50PM   | <b>Vajra* Until 9:04PM</b>  | <b>Muruga:</b> Blue      | Sunset: 6:05PM  | Moon B - Phase 21 - 5     |
|                                  |          | <b>Rahu</b> 8:32AM - 10:06AM  | <b>Visti Until 7:42AM</b>   | <b>Nataraja:</b> White   |                 | 1st Phase                 |
| Creative Work - Amrita Yoga      |          |                               | <b>Saptami Until 6:34PM</b> | <b>Moon - Yellow</b>     |                 | <b>Subha Sivaloka Day</b> |
| Until 10:10PM                    |          |                               |                             | <b>Sheshapada-Ravasi</b> |                 |                           |
| Then Creative Work - Siddha Yoga |          |                               |                             |                          |                 |                           |

**Sunday, September 14, 2025****Retreat Star****5**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yukatayam  
Mrigashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashlami/Navamam TitauAshland, NH  
Sun 6  
Sutra 154

|                             |               |                               |                                |                          |                 |                           |
|-----------------------------|---------------|-------------------------------|--------------------------------|--------------------------|-----------------|---------------------------|
| Wishabha Rasi: 27.55        | Tithi 23 - 24 | <b>Gulika</b> 2:49PM - 4:24PM | <b>Mrigashira Until 9:01PM</b> | <b>Ganesha:</b> Red      | Sunrise: 5:23AM | Vasavasu 5:127            |
|                             |               | <b>Yama</b> 11:41AM - 1:15PM  | <b>Siddhi Until 6:24PM</b>     | <b>Muruga:</b> Blue      | Sunset: 5:59PM  | Moon B - Phase 21 - 6     |
|                             |               | <b>Rahu</b> 4:24PM - 5:58PM   | <b>Taila Until 3:48AM Mon</b>  | <b>Nataraja:</b> White   |                 | Ashtami                   |
| Creative Work - Siddha Yoga |               |                               | <b>Ashlami* Until 4:37PM</b>   | <b>Moon - Yellow</b>     |                 | <b>Subha Sivaloka Day</b> |
|                             |               |                               |                                | <b>Sheshapada-Ravasi</b> |                 |                           |

**Monday, September 15, 2025****Retreat Star****6**Vivasaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukatayam  
Ardra Nakshatra Vyalipata\*Varjanam Yoga Gara/Vanija Karana Navami/Dashamam TitauAshland, NH  
Sun 7  
Sutra 155

|                                  |               |                               |                                |                          |                 |                           |
|----------------------------------|---------------|-------------------------------|--------------------------------|--------------------------|-----------------|---------------------------|
| Mithuna Rasi: 11.5               | Tithi 24 - 25 | <b>Gulika</b> 1:14PM - 2:48PM | <b>Ardra Until 8:08PM</b>      | <b>Ganesha:</b> Red      | Sunrise: 5:25AM | Vasavasu 5:127            |
|                                  |               | <b>Yama</b> 10:06AM - 11:40AM | <b>Vyalipata* Until 4:05PM</b> | <b>Muruga:</b> Blue      | Sunset: 5:56PM  | Moon B - Phase 21 - 7     |
|                                  |               | <b>Rahu</b> 6:59AM - 8:32AM   | <b>Vanija Until 2:26AM Tue</b> | <b>Nataraja:</b> White   |                 | Navami                    |
| Creative Work - Siddha Yoga      |               |                               | <b>Navami* Until 3:03PM</b>    | <b>Moon - Yellow</b>     |                 | <b>Subha Sivaloka Day</b> |
| Until 8:08PM                     |               |                               |                                | <b>Sheshapada-Ravasi</b> |                 |                           |
| Then Creative Work - Amrita Yoga |               |                               |                                |                          |                 |                           |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                           |                                    |               |  |   |   |                                   |   |
|---------------------------|------------------------------------|---------------|--|---|---|-----------------------------------|---|
| 1                         | <b>Tuesday, September 16, 2025</b> |               | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vesara Yukitayam<br>Panarvasu Nakshatra Varjyan/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |   |   |                                   | Ashland, NH<br>Sutra 156                    |
|                           | Mithuna Rasi: 25.3                 | TITHI 25 – 26 | <b>Gulika</b> 11:40AM – 11:44PM<br><b>Yama</b> 8:33AM – 10:06AM<br><b>Rahu</b> 2:47PM – 4:21PM   | <b>Punarvasu</b> Untill 7:56PM<br>Varjyan Untill 2:04PM<br>Bava Untill 1:30AM Wed<br><b>Dashami</b> Untill 1:54PM | <b>Ganesha:</b> Green<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Blue | Sunrise: 5:26AM<br>Sunset: 5:54PM | Sun 8<br>Moon 8 - Phase 22 - 9<br>2nd Phase |
| Creative Work Siddha Yoga |                                    | 541828573     |  |   |   |                                   | <b>Sivaloka Day</b>                         |

|                           |                                      |               |  |   |   |                                   |   |
|---------------------------|--------------------------------------|---------------|--|---|---|-----------------------------------|---|
| 2                         | <b>Wednesday, September 17, 2025</b> |               | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vesara Yukitayam<br>Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |   |                                   | Ashland, NH<br>Sutra 157                    |
|                           | Kalka Rasi: 8.55                     | TITHI 26 – 27 | <b>Gulika</b> 10:06AM – 11:40AM<br><b>Yama</b> 7:00AM – 8:33AM<br><b>Rahu</b> 11:40AM – 1:13PM   | <b>Pushya</b> Untill 8:02PM<br>Parigha' Untill 12:24PM<br>Kaulava Untill 1:00AM Thu<br><b>Ekadashi'</b> Untill 1:11PM | <b>Ganesha:</b> Green<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Blue | Sunrise: 5:27AM<br>Sunset: 5:53PM | Sun 9<br>Moon 8 - Phase 22 - 9<br>2nd Phase |
| Creative Work Siddha Yoga |                                      | 541828573     |  |   |   |                                   | <b>Sivaloka Day</b>                         |

|  |                                     |               |  |   |   |                                   |   |
|--|-------------------------------------|---------------|--|---|---|-----------------------------------|---|
| 3  | <b>Thursday, September 18, 2025</b> |               | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vesara Yukitayam<br>Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadasa/Trayodashyam Titau |   |   |                                   | Ashland, NH<br>Sutra 158                      |
|  | Kalka Rasi: 22.06                   | TITHI 27 – 28 | <b>Gulika</b> 8:34AM – 10:06AM<br><b>Yama</b> 5:28AM – 7:01AM<br><b>Rahu</b> 1:12PM – 2:45PM   | <b>Ashlesha'</b> Untill 8:25PM<br>Shiva Untill 11:07AM<br>Gara Untill 12:58AM Fri<br><b>Dvadasa'</b> Untill 12:54PM | <b>Ganesha:</b> Green<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Blue | Sunrise: 5:28AM<br>Sunset: 5:51PM | Sun 10<br>Moon 8 - Phase 22 - 10<br>2nd Phase |
| Creative Work Siddha Yoga<br>Untill 8:25PM<br>Then Creative Work - Amrita Yoga |                                     | 541828573     |  |   |   |                                   | <b>Sivaloka Day</b>                           |

|   |                                   |               |   |   |  |                                   |   |
|---|-----------------------------------|---------------|---|---|--|-----------------------------------|---|
| 4   | <b>Friday, September 19, 2025</b> |               | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sukra Vesara Yukitayam<br>Magha' Nakshatra Siddha/Sadhya Yoga Vanija/Visti' Karana Trayodashi/Chaturdashyam Titau |   |  |                                   | Ashland, NH<br>Sutra 159                      |
|   | Simha Rasi: 5.03                  | TITHI 28 – 29 | <b>Gulika</b> 7:02AM – 8:34AM<br><b>Yama</b> 2:44PM – 4:16PM<br><b>Rahu</b> 10:06AM – 11:39AM   | <b>Magha'</b> Untill 9:34PM<br>Siddha Untill 10:09AM<br>Visti Untill 1:24AM Sat<br><b>Trayodashi'</b> Untill 1:06PM | <b>Ganesha:</b> White<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Red | Sunrise: 5:29AM<br>Sunset: 5:49PM | Sun 11<br>Moon 8 - Phase 22 - 11<br>2nd Phase |
| Routine Work Marana Yoga<br>Untill 9:34PM<br>Then Creative Work - Siddha Yoga |                                   | 551828573     |   |   |  |                                   | <b>Sivaloka Day</b>                           |

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|--|-------------------------------------|-----------|--|--|--|-----------------------------------|--|
| ●  | <b>Saturday, September 20, 2025</b> |           | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mania Vesara Yukitayam<br>Purvaphalguni Nakshatra Sadhya/Sukla Yoga Sakuri/Catupadi' Karana Chaturdasham/Amavasyam Titau |  |  |                                   | Ashland, NH<br>Sutra 160                     |
|  | <b>Retreat Star</b>                 |           | <b>Gulika</b> 5:30AM – 7:02AM<br><b>Yama</b> 1:11PM – 2:43PM<br><b>Rahu</b> 8:34AM – 10:06AM   | <b>Purvaphalguni</b> Untill 11:00PM<br>Sadhya Untill 9:34AM<br>Catupada Untill 2:17AM Sun<br><b>Chaturdashi'</b> Untill 1:46PM | <b>Ganesha:</b> White<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Red | Sunrise: 5:30AM<br>Sunset: 5:47PM | Sun 12<br>Moon 8 - Phase 22 - 12<br>Amavasya |
| Creative Work Siddha Yoga<br>Untill 11:00PM<br>Then Routine Work - Marana Yoga |                                     | 551828573 | Mahalaya Amavasya (Tamil Nadu)   |  |  |                                   | <b>Sivaloka Day</b>                          |

|   |                                   |           |   |  |  |                                   |  |
|---|-----------------------------------|-----------|---|--|--|-----------------------------------|--|
| ●   | <b>Sunday, September 21, 2025</b> |           | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksho Shiva Vesara Yukitayam<br>Uttaraphalguni Nakshatra Sadha/Sukla Yoga Naga/Kintughna' Karana Amavasya/Prathamam Titau |  |  |                                   | Ashland, NH<br>Sutra 161                     |
|   | <b>Retreat Star</b>               |           | <b>Gulika</b> 2:42PM – 4:13PM<br><b>Yama</b> 11:38AM – 1:10PM<br><b>Rahu</b> 4:13PM – 5:45PM  | <b>Uttaraphalguni</b> Untill 12:44AM Mon<br>Sadha Untill 9:22AM<br>Kintughna Untill 3:39AM Mon<br><b>Amavasya'</b> Untill 2:53PM | <b>Ganesha:</b> White<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon - Red | Sunrise: 5:31AM<br>Sunset: 5:45PM | Sun 13<br>Moon 8 - Phase 22 - 13<br>Prathama |
| Creative Work Amrita Yoga<br>Untill 12:44AM Mon<br>Then Creative Work - Siddha Yoga |                                   | 551828573 | Navaratri Begins  |  |  |                                   | <b>Sivaloka Day</b>                          |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|          |   |                            |  |   |   |   |  |
|----------|---|----------------------------|--|---|---|---|--|
| <b>1</b> | <b>Monday, September 22, 2025</b>                         |                            | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam<br>Hasta Nakshatra Sukbrahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau |   |   |   | Ashland, NH<br>Sutra 162   |
|          | Kanya Rasi: 12.35<br>Family Home Evening<br>Creative Work | Tilhi 1 – 2<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu  | 1:09PM – 2:41PM<br>10:07AM – 11:38AM<br>7:04AM – 8:35AM | <b>Hasla Untill 3:11AM Tue</b><br>Sukla Untill 9:29AM<br>Balava Untill 5:25AM Tue<br><b>Prathama* Untill 4:28PM</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Green | Sunrise: 5:22AM<br>Sunset: 5:49PM<br>Moon 8 - Phase 23 - 14<br>3rd Phase |

Subha Sivaloka Day

|          |                                    |                        |   |  |  |   |  |
|----------|------------------------------------|------------------------|---|--|--|---|--|
| <b>2</b> | <b>Tuesday, September 23, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam<br>Chitra Nakshatra Brahmaindra Yoga Kaulava Karana Dvityayam Titau |  |  |   | Ashland, NH<br>Sutra 164   |
|          | Kanya Rasi: 24.44<br>Creative Work | Tilhi 2<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 11:38AM – 1:09PM<br>10:07AM – 11:38AM<br>2:40PM – 4:11PM | <b>Chitra Untill 5:49AM Wed</b><br>Brahma Untill 9:54AM<br>Kaulava Untill 6:25PM<br><b>Dvitiya Untill 6:25PM</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Green | Sunrise: 5:34AM<br>Sunset: 5:49PM<br>Moon 8 - Phase 23 - 15<br>3rd Phase |

Subha Sivaloka Day

|          |                                      |                        |   |   |  |   |  |
|----------|--------------------------------------|------------------------|---|---|--|---|--|
| <b>3</b> | <b>Wednesday, September 24, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktayam<br>Svati Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Titau |   |  |   | Ashland, NH<br>Sutra 165   |
|          | Tula Rasi: 6.44<br>Creative Work     | Tilhi 3<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 10:07AM – 11:37AM<br>7:05AM – 10:07AM<br>11:37AM – 1:08PM | <b>Svati Untill 8:31AM Thu</b><br>Indra Untill 10:36AM<br>Talila Untill 7:32AM<br><b>Tritiya Untill 8:40PM</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Green | Sunrise: 5:35AM<br>Sunset: 5:49PM<br>Moon 8 - Phase 23 - 16<br>3rd Phase |

Subha Sivaloka Day

|          |                                     |                        |   |   |  |   |  |
|----------|-------------------------------------|------------------------|---|---|--|---|--|
| <b>4</b> | <b>Thursday, September 25, 2025</b> |                        | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam<br>Svati Nakshatra Indra/Vaidhiti* Vishkamba* Yoga Vanija/Visli* Karana Chaturthayam Titau |   |  |   | Ashland, NH<br>Sutra 166   |
|          | Tula Rasi: 18.4<br>Creative Work    | Tilhi 4<br>Amrita Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 8:36AM – 10:07AM<br>5:36AM – 10:06AM<br>1:07PM – 2:37PM | <b>Svati Untill 8:31AM</b><br>Vaidhiti* Untill 11:26AM<br>Vanija Untill 9:54AM<br><b>Chaturthi* Untill 11:06PM</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Green | Sunrise: 5:36AM<br>Sunset: 5:39PM<br>Moon 8 - Phase 23 - 17<br>3rd Phase |

Subha Sivaloka Day

|          |                                     |                        |  |   |  |   |  |
|----------|-------------------------------------|------------------------|--|---|--|---|--|
| <b>5</b> | <b>Friday, September 26, 2025</b>   |                        | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam<br>Vishkha/Anuradha Nakshatra Vishkamba* Prithi Yoga Bava/Balava Karana Panchmayam Titau |   |  |   | Ashland, NH<br>Sutra 167   |
|          | Wishkha Rasi: 0.31<br>Creative Work | Tilhi 5<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu  | 7:07AM – 8:37AM<br>2:36PM – 4:06PM<br>10:07AM – 11:37AM | <b>Vishkha Untill 11:40AM</b><br>Vishkamba* Untill 12:21PM<br>Bava Untill 12:22PM<br><b>Panchami Untill 1:35AM Sat</b> | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Orange | Sunrise: 5:37AM<br>Sunset: 5:39PM<br>Moon 8 - Phase 23 - 18<br>3rd Phase |

Subha Subha Sivaloka Day

|          |                                      |                        |   |  |  |  |  |
|----------|--------------------------------------|------------------------|---|--|--|--|--|
| <b>6</b> | <b>Saturday, September 27, 2025</b>  |                        | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Prithi/Ayushman Yoga Kaulava/Talila Karana Shashthayam Titau |  |  |  | Ashland, NH<br>Sutra 168   |
|          | Wishkha Rasi: 12.23<br>Creative Work | Tilhi 6<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 5:38AM – 7:08AM<br>1:06PM – 2:35PM<br>8:37AM – 10:07AM | <b>Anuradha Untill 2:37PM</b><br>Prithi Untill 1:16PM<br>Kaulava Untill 2:48PM<br><b>Shashthi* Untill 3:56AM Sun</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Orange | Sunrise: 5:38AM<br>Sunset: 5:39PM<br>Moon 8 - Phase 23 - 19<br>3rd Phase |

Subha Sivaloka Day

|                     |                                     |                        |   |  |  |  |  |
|---------------------|-------------------------------------|------------------------|---|--|--|--|--|
| <b>Retreat Star</b> | <b>Sunday, September 28, 2025</b>   |                        | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Brihana Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Sapthmayam Titau |  |  |  | Ashland, NH<br>Sutra 169   |
|                     | Wishkha Rasi: 24.18<br>Routine Work | Tilhi 7<br>Marana Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 2:34PM – 4:03PM<br>11:36AM – 1:05PM<br>4:03PM – 5:32PM | <b>Jyeshtha* Untill 5:12PM</b><br>Ayushman Untill 2:00PM<br>Gara Untill 5:02PM<br><b>Saptami Untill 6:00AM Mon</b> | <b>Ganesh:</b> Green<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Orange | Sunrise: 5:39AM<br>Sunset: 5:32PM<br>Moon 8 - Phase 23 - 20<br>3rd Phase |

Sivaloka Day

|                     |   |                            |   |   |  |  |  |
|---------------------|---|----------------------------|---|---|--|--|--|
| <b>Retreat Star</b> | <b>Monday, September 29, 2025</b>                       |                            | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam<br>Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visli* Karana Sapthami/Ashthmayam Titau |   |  |  | Ashland, NH<br>Sutra 170   |
|                     | Dhanu Rasi: 6.2<br>Family Home Evening<br>Creative Work | Tilhi 7 – 8<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 1:04PM – 2:33PM<br>10:07AM – 11:35AM<br>7:09AM – 8:38AM | <b>Mula* Untill 7:45PM</b><br>Saubhagya Untill 2:28PM<br>Visli Untill 6:52PM<br><b>Saptami Untill 6:00AM</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:40AM<br>Sunset: 5:31PM<br>Moon 8 - Phase 23 - 21<br>Ashtami |

Subha Sivaloka Day

|                     |                                    |                            |   |  |   |  |   |
|---------------------|------------------------------------|----------------------------|---|--|---|--|---|
| <b>Retreat Star</b> | <b>Tuesday, September 30, 2025</b> |                            | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktayam<br>Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamayam Titau |  |   |  | Ashland, NH<br>Sutra 170  |
|                     | Dhanu Rasi: 18.34<br>Creative Work | Tilhi 8 – 9<br>Siddha Yoga | <b>Gulika</b><br>Yama<br>Rahu   | 11:35AM – 1:04PM<br>10:07AM – 11:35AM<br>2:32PM – 4:00PM | <b>Purvashadha* Untill 9:35PM</b><br>Sobhana Untill 2:32PM<br>Balava Untill 8:09PM<br><b>Ashtami* Untill 7:34AM</b> | <b>Ganesh:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:41AM<br>Sunset: 5:29PM<br>Moon 8 - Phase 23 - 22<br>Navami |

Subha Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantram 1502

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                  |              |                                   |                                  |   |                 |  |
|----------------------------------|--------------|-----------------------------------|----------------------------------|---|-----------------|--|
| <b>1</b>                         |              | <b>Wednesday, October 1, 2025</b> |                                  | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Butha Vasara Yuktayam<br>Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kusina/Tailita Karana Navami/Dashmyam Titau |                 | Ashland, NH<br>Sutra 171<br>Vivasaru 5:127 |
| Makara Rasi: 1.05                | Tithi 9 - 10 | <b>Gulika</b> 10:07AM - 11:35AM   | <b>Uttarashada</b> Until 10:34PM | <b>Ganesha:</b> Red   | Sunrise: 5:43AM | Sun 23                                     |
|                                  |              | <b>Yama</b> 7:11AM - 8:39AM       | <b>Alhiganda*</b> Until 2:03PM   | <b>Muruga:</b> Blue   | Sunset: 5:29PM  | Moon 8 - Phase 24 - 23                     |
|                                  |              | <b>Rahu</b> 11:35AM - 1:03PM      | <b>Tailita</b> Until 8:44PM      | <b>Nataraja:</b> White  |                 | 4th Phase                                  |
| Creative Work                    | Amrita Yoga  |                                   | <b>Navami*</b> Until 8:31AM      | <b>Moon - Light Blue</b>  |                 | <b>Subha Sivaloka Day</b>                  |
| Until 10:34PM                    |              |                                   |                                  | <i>Ashvini-Purnima</i>  |                 |  |
| Then Creative Work - Siddha Yoga |              |                                   |                                  |   |                 |  |

|                    |               |                                  |                               |  |                 |  |
|--------------------|---------------|----------------------------------|-------------------------------|--|-----------------|--|
| <b>2</b>           |               | <b>Thursday, October 2, 2025</b> |                               | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Guru Vasara Yuktayam<br>Shravana Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                 | Ashland, NH<br>Sutra 172<br>Vivasaru 5:127 |
| Makara Rasi: 13.56 | Tithi 10 - 11 | <b>Gulika</b> 8:39AM - 10:07AM   | <b>Shravana</b> Until 11:05PM | <b>Ganesha:</b> Blue   | Sunrise: 5:44AM | Sun 24                                     |
|                    |               | <b>Yama</b> 5:44AM - 7:11AM      | <b>Sukarna</b> Until 12:59PM  | <b>Muruga:</b> Blue  | Sunset: 5:29PM  | Moon 8 - Phase 24 - 23                     |
|                    |               | <b>Rahu</b> 1:02PM - 2:30PM      | <b>Vanija</b> Until 8:31PM    | <b>Nataraja:</b> White   |                 | 4th Phase                                  |
| Creative Work      | Siddha Yoga   |                                  | <b>Dashami</b> Until 8:42AM   | <b>Moon - Purple</b>   |                 | <b>Sivaloka Day</b>                        |
|                    |               |                                  |                               | <i>Ashvini-Purnima</i>   |                 |  |

|                    |               |                                |                                 |   |                 |  |
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| <b>3</b>           |               | <b>Friday, October 3, 2025</b> |                                 | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Dhriti/Shula* Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau |                 | Ashland, NH<br>Sutra 173<br>Vivasaru 5:127 |
| Makara Rasi: 27.11 | Tithi 11 - 12 | <b>Gulika</b> 7:12AM - 8:40AM  | <b>Dhanishtha</b> Until 10:41PM | <b>Ganesha:</b> Blue  | Sunrise: 5:45AM | Sun 25                                     |
|                    |               | <b>Yama</b> 2:29PM - 3:56PM    | <b>Dhriti</b> Until 11:18AM     | <b>Muruga:</b> Blue   | Sunset: 5:29PM  | Moon 8 - Phase 24 - 25                     |
|                    |               | <b>Rahu</b> 10:07AM - 11:34AM  | <b>Bava</b> Until 7:30PM        | <b>Nataraja:</b> White  |                 | 4th Phase                                  |
| Creative Work      | Siddha Yoga   |                                | <b>Ekadashi</b> Until 8:05AM    | <b>Moon - Purple</b>  |                 | <b>Sivaloka Day</b>                        |
|                    |               |                                |                                 | <i>Ashvini-Purnima</i>  |                 |  |

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| <b>4</b>                        |               | <b>Saturday, October 4, 2025</b> |                                  | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Manu Vasara Yuktayam<br>Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Tailita Karana Dvadashi/Trayodashyam Titau |                 | Ashland, NH<br>Sutra 174<br>Vivasaru 5:127 |
| Makara Rasi: 10.53              | Tithi 12 - 13 | <b>Gulika</b> 5:46AM - 7:13AM    | <b>Shatabhishak</b> Until 9:24PM | <b>Ganesha:</b> Blue   | Sunrise: 5:46AM | Sun 26                                     |
|                                 |               | <b>Yama</b> 1:01PM - 2:28PM      | <b>Shula*</b> Until 8:58AM       | <b>Muruga:</b> Blue  | Sunset: 5:29PM  | Moon 8 - Phase 24 - 26                     |
|                                 |               | <b>Rahu</b> 8:40AM - 10:07AM     | <b>Tailita</b> Until 4:36AM Sun  | <b>Nataraja:</b> White   |                 | 4th Phase                                  |
| Creative Work                   | Amrita Yoga   | <b>Kadaltsami Mahasamadi</b>     | <b>Dvadashi</b> Until 6:42AM     | <b>Moon - Purple</b>   |                 | <b>Sivaloka Day</b>                        |
| Until 9:24PM                    |               |                                  |                                  | <i>Ashvini-Purnima</i>   |                 |  |
| Then Routine Work - Marana Yoga |               |                                  |                                  | <i>Pradosha Vata</i>   |                 |  |

|                                  |             |                                |                                       |   |                 |  |
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| <b>5</b>                         |             | <b>Sunday, October 5, 2025</b> |                                       | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Bhanu Vasara Yuktayam<br>Purvashrothapada* Nakshatra Ganda*Widdhi Yoga Gara/Vanija Karana Chaturdashyam Titau |                 | Ashland, NH<br>Sutra 175<br>Vivasaru 5:127 |
| Makara Rasi: 25.01               | Tithi 14    | <b>Gulika</b> 2:27PM - 3:53PM  | <b>Purvashrothapada*</b> Until 7:47PM | <b>Ganesha:</b> White   | Sunrise: 5:47AM | Sun 27                                     |
|                                  |             | <b>Yama</b> 11:34AM - 1:00PM   | <b>Ganda*</b> Until 6:05AM            | <b>Muruga:</b> Blue   | Sunset: 5:29PM  | Moon 8 - Phase 24 - 27                     |
|                                  |             | <b>Rahu</b> 3:53PM - 5:20PM    | <b>Gara</b> Until 3:21PM              | <b>Nataraja:</b> White  |                 | 4th Phase                                  |
| Creative Work                    | Siddha Yoga | <b>Chidambaram Abhishekam</b>  | <b>Chaturdashi*</b> Until 1:56AM Mon  | <b>Moon - Clear</b>   |                 | <b>Sivaloka Day</b>                        |
| Until 7:47PM                     |             |                                |                                       | <i>Ashvini-Purnima</i>  |                 |  |
| Then Creative Work - Amrita Yoga |             |                                |                                       |   |                 |  |

|                                |             |                               |                                       |  |                 |  |
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| <b>Monday, October 6, 2025</b> |             | <b>Copper Retreat Star</b>    |                                       | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vasara Yuktayam<br>Uttarashrothapada/Revati Nakshatra Dhruva*Yoga Visi/Bava Karana Purnimayam Titau |                 | Ashland, NH<br>Sutra 176<br>Vivasaru 5:127 |
| Meena Rasi: 9.33               | Tithi 15    | <b>Gulika</b> 1:00PM - 2:26PM | <b>Uttarashrothapada</b> Until 5:33PM | <b>Ganesha:</b> Clear  | Sunrise: 5:48AM | Sun 28                                     |
| <b>Family Home Evening</b>     |             | <b>Yama</b> 10:07AM - 11:33AM | <b>Dhruva</b> Until 11:02PM           | <b>Muruga:</b> Blue  | Sunset: 5:18PM  | Moon 8 - Phase 24 - 28                     |
|                                |             | <b>Rahu</b> 7:15AM - 8:41AM   | <b>Visi</b> Until 12:26PM             | <b>Nataraja:</b> White   |                 | Purnima                                    |
| Creative Work                  | Siddha Yoga |                               | <b>Purnima*</b> Until 10:49PM         | <b>Moon - Clear</b>  |                 | <b>Subha Sivaloka Day</b>                  |
|                                |             |                               |                                       | <i>Ashvini-Purnima</i>   |                 |  |

|                                 |             |                                 |                               |  |                 |  |
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| <b>Tuesday, October 7, 2025</b> |             | <b>Silver Retreat Star</b>      |                               | Vivarasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Krishna Pakche Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau |                 | Ashland, NH<br>Sutra 177<br>Vivasaru 5:127 |
| Meena Rasi: 24.23               | Tithi 16    | <b>Gulika</b> 11:33AM - 12:59PM | <b>Revati</b> Until 2:52PM    | <b>Ganesha:</b> Clear  | Sunrise: 5:50AM | Sun 29                                     |
|                                 |             | <b>Yama</b> 8:41AM - 10:07AM    | <b>Vyaghala*</b> Until 7:06PM | <b>Muruga:</b> Blue  | Sunset: 5:16PM  | Moon 8 - Phase 24 - 29                     |
|                                 |             | <b>Rahu</b> 2:25PM - 3:51PM     | <b>Balava</b> Until 9:10AM    | <b>Nataraja:</b> Clear   |                 | Prathama                                   |
| Creative Work                   | Siddha Yoga |                                 | <b>Prathama*</b> Until 7:26PM | <b>Moon - Clear</b>  |                 | <b>Sivaloka Day</b>                        |
|                                 |             |                                 |                               | <i>Ashvini-Purnima</i>   |                 |  |

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Hanshava/Vajra\* Yoga Gara/Vanija Karana Daitiya/Trityayam Tilau

Ashland, NH Sun 1

Sutra 178

Viswasa 5127

Mesha Rasi: 9.23 Tithi 17 - 18

Gulika 10:07AM - 11:33AM

Yama 7:16AM - 8:42AM

Rahu 6:29/28574

Ashvini Until 12:17PM

Harsana Until 3:05PM

Vanija Until 2:14AM Thu

Dvitiya Until 3:56PM

Ganesha: White

Muruga: Blue

Nataraja: Clear

Moon - White

Sunrise: 5:51AM

Sunset: 5:19PM

Moon 9 - Phase 25 - 2

1st Phase

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

**Subha Sivaloka Day****1 Thursday, October 9, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi\* Yoga Visi\*/Bava Karana Chaturthi/Panchamyam Tilau

Ashland, NH Sun 2

Sutra 179

Viswasa 5127

Mesha Rasi: 24.25 Tithi 18 - 19

Gulika 8:42AM - 10:07AM

Yama 5:52AM - 7:17AM

Rahu 6:29/28574

Bharani Until 9:35AM

Vajra\* Until 11:04AM

Bava Until 10:49PM

Tritiya Until 12:28PM

Ganesha: White

Muruga: Blue

Nataraja: Clear

Moon - White

Sunrise: 5:52AM

Sunset: 5:19PM

Moon 9 - Phase 25 - 2

1st Phase

Creative Work Siddha Yoga

Until 9:35AM

Then Routine Work - Marana Yoga

**Subha Sivaloka Day****2 Friday, October 10, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyolipala\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Ashland, NH Sun 3

Sutra 180

Viswasa 5127

Vishabha Rasi: 9.2 Tithi 19 - 20

Gulika 7:18AM - 8:43AM

Yama 5:52AM - 7:17AM

Rahu 6:29/28574

Krittika Until 6:55AM

Siddhi Until 7:13AM

Kaulava Until 7:42PM

Chaturthi\* Until 9:12AM

Ganesha: White

Muruga: Blue

Nataraja: Clear

Moon - White

Sunrise: 5:53AM

Sunset: 5:17PM

Moon 9 - Phase 25 - 3

1st Phase

Creative Work Siddha Yoga

Until 6:55AM

Then Routine Work - Marana Yoga

**Subha Sivaloka Day****3 Saturday, October 11, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manita Vasara Yuktayam  
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Sashthyam Tilau

Ashland, NH Sun 4

Sutra 181

Viswasa 5127

Vishabha Rasi: 24.01 Tithi 20 - 21

Gulika 5:54AM - 7:19AM

Yama 12:56PM - 2:21PM

Rahu 6:29/28574

Mrigashira Until 3:07AM Sun

Varjyan Until 12:25AM Sun

Vanija Until 3:48AM Sun

Panchami Until 6:16AM

Ganesha: Yellow

Muruga: Blue

Nataraja: Clear

Moon - Yellow

Sunrise: 5:54AM

Sunset: 5:10PM

Moon 9 - Phase 25 - 4

1st Phase

Creative Work Siddha Yoga

**Sivaloka Day****4 Sunday, October 12, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigaha\* Yoga Visi\*/Bava Karana Sapthamyam Tilau

Ashland, NH Sun 5

Sutra 182

Viswasa 5127

Mithuna Rasi: 8.22 Tithi 22

Gulika 2:20PM - 3:44PM

Yama 11:32AM - 12:56PM

Rahu 6:29/28574

Ardra Until 1:47AM Mon

Parigaha\* Until 9:39PM

Visi Until 2:48PM

Saptami Until 1:54AM Mon

Ganesha: Yellow

Muruga: Blue

Nataraja: Clear

Moon - Yellow

Sunrise: 5:56AM

Sunset: 5:08PM

Moon 9 - Phase 25 - 5

1st Phase

Creative Work Siddha Yoga

Until 1:47AM Mon

Then Creative Work - Amrita Yoga

**Sivaloka Day****Monday, October 13, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Tilau

Ashland, NH Sun 6

Sutra 183

Viswasa 5127

Mithuna Rasi: 22.2 Tithi 23

Gulika 12:55PM - 2:19PM

Yama 10:08AM - 11:31AM

Rahu 6:29/28574

Punarvasu Until 1:21AM Tue

Shiva Until 7:23PM

Balava Until 1:12PM

Ashlami\* Until 12:38AM Tue

Ganesha: Blue

Muruga: Blue

Nataraja: Clear

Moon - Blue

Sunrise: 5:57AM

Sunset: 5:06PM

Moon 9 - Phase 25 - 6

Ashtami

Creative Work Amrita Yoga

Until 1:21AM Tue

Then Creative Work - Siddha Yoga

**Subha Sivaloka Day****Tuesday, October 14, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamyam Tilau

Ashland, NH Sun 7

Sutra 184

Viswasa 5127

Kataka Rasi: 5.55 Tithi 24

Gulika 11:31AM - 12:55PM

Yama 8:45AM - 10:08AM

Rahu 6:29/28574

Pushya Until 1:26AM Wed

Siddha Until 5:37PM

Talila Until 12:15PM

Navami\* Until 12:01AM Wed

Ganesha: Blue

Muruga: Blue

Nataraja: Clear

Moon - Blue

Sunrise: 5:58AM

Sunset: 5:04PM

Moon 9 - Phase 25 - 7

Navami

Creative Work Siddha Yoga

**Subha Sivaloka Day**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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|   |                                    |          |   |   |  |   |   |
|---|------------------------------------|----------|---|---|--|---|---|
| <b>1</b>  | <b>Wednesday, October 15, 2025</b> |          | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Karya Mase Krishna Paksho Budha Vasara Yuktayam<br>Ashlesha Nakshatra Sadhya/Subha Yoga Vanija/Visi Karana Dushyamam Titau |   |  |   | Ashland, NH<br>Sutra 185                    |
|   | Kataka Rasi: 19:08                 | Tithi 25 | <b>Gulika</b> 10:08AM - 11:31AM<br>Yama 7:22AM - 8:45AM<br>643928574 <b>Rahu</b> 11:31AM - 12:54PM  | <b>Ashlesha</b> Until 1:59AM Thu<br>Sadhya Until 4:23PM<br>Vanija Until 11:58AM<br><b>Dashami</b> Until 12:03AM Thu | <b>Ganesha:</b> Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Blue | <b>Sunrise:</b> 5:59AM<br><b>Sunset:</b> 5:03PM | Vasavasu 5:127<br>Phase 26 - 8<br>2nd Phase |
| Creative Work Siddha Yoga<br>Until 1:59AM Thu<br>Then Creative Work - Amrita Yoga |                                    |          | <b>Subha Sivaloka Day</b><br><i>Ashvini-Purnima</i>   |   |  |   |   |

|   |                                   |          |   |  |  |   |   |
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| <b>2</b>  | <b>Thursday, October 16, 2025</b> |          | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam<br>Magha Nakshatra Sadhya/Sukla Yoga Bava/Balava Karana Ekadashyam Titau |  |  |   | Ashland, NH<br>Sutra 186                    |
|   | Simha Rasi: 2:02                  | Tithi 26 | <b>Gulika</b> 8:46AM - 10:08AM<br>Yama 6:00AM - 7:23AM<br>653928574 <b>Rahu</b> 12:53PM - 2:16PM  | <b>Magha</b> Until 3:25AM Fri<br>Subha Until 3:38PM<br>Bava Until 12:19PM<br><b>Ekadashi</b> Until 12:40AM Fri | <b>Ganesha:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Red | <b>Sunrise:</b> 6:00AM<br><b>Sunset:</b> 5:01PM | Vasavasu 5:127<br>Phase 26 - 9<br>2nd Phase |
| Creative Work Amrita Yoga<br>Until 3:25AM Fri<br>Then Creative Work - Siddha Yoga |                                   |          | <b>Sivaloka Day</b><br><i>Ashvini-Purnima</i>   |  |  |   |   |

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| <b>3</b>   | <b>Friday, October 17, 2025</b> |          | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashyam Titau |   |  |   | Ashland, NH<br>Sutra 187                     |
|  | Simha Rasi: 14:4                | Tithi 27 | <b>Gulika</b> 7:24AM - 8:46AM<br>Yama 2:15PM - 3:37PM<br>653928574 <b>Rahu</b> 10:08AM - 11:31AM  | <b>Purvaphalguni</b> Until 5:10AM Sat<br>Sukla Until 3:16PM<br>Kaulava Until 1:12PM<br><b>Dvadashi</b> Until 1:49AM Sat | <b>Ganesha:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Red | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 5:00PM | Vasavasu 5:127<br>Phase 26 - 10<br>2nd Phase |
| Creative Work Siddha Yoga<br>Until 5:10AM Sat<br>Then Routine Work - Marana Yoga |                                 |          | <b>Sivaloka Day</b><br><i>Ashvini-Kijasi</i>  |   |  |   |  |

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| <b>4</b>   | <b>Saturday, October 18, 2025</b> |          | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Marta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau |  |  |   | Ashland, NH<br>Sutra 188                     |
|  | Simha Rasi: 27:05                 | Tithi 28 | <b>Gulika</b> 6:03AM - 7:25AM<br>Yama 12:52PM - 2:14PM<br>653928574 <b>Rahu</b> 8:47AM - 10:08AM   | <b>Uttaraphalguni</b> Until 7:10AM Sun<br>Brahma Until 3:17PM<br>Gara Until 2:34PM<br><b>Trayodashi</b> Until 3:23AM Sun | <b>Ganesha:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Red | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 4:58PM | Vasavasu 5:127<br>Phase 26 - 11<br>2nd Phase |
| Routine Work Marana Yoga<br>Until 7:10AM Sun<br>Then Creative Work - Amrita Yoga |                                   |          | <b>Sivaloka Day</b><br><i>Pradosha Vata (Fasting)</i><br><i>Ashvini-Kijasi</i>   |  |  |   |  |

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| <b>5</b>   | <b>Sunday, October 19, 2025</b> |          | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shrua Vasara Yuktayam<br>Uttaraphalguni Nakshatra Indra/Vaidhri Yoga Visi/Sakuni Karana Chaturdashyam Titau |  |  |   | Ashland, NH<br>Sutra 189                     |
|  | Kanya Rasi: 9:19                | Tithi 29 | <b>Gulika</b> 2:13PM - 3:35PM<br>Yama 11:30AM - 12:52PM<br>653928574 <b>Rahu</b> 3:35PM - 4:56PM   | <b>Uttaraphalguni</b> Until 7:10AM<br>Indra Until 3:35PM<br>Visi Until 4:19PM<br><b>Chaturdashi</b> Until 5:18AM Mon | <b>Ganesha:</b> Red<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Red | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 4:56PM | Vasavasu 5:127<br>Phase 26 - 12<br>2nd Phase |
| Creative Work Amrita Yoga<br>Until 9:48AM<br>Then Routine Work - Prabalarishtha Yoga |                                 |          | <b>Sivaloka Day</b><br><i>Ashvini-Kijasi</i><br>Deepavali Hindu Solidarity Day   |  |  |   |  |

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| <b>Monday, October 20, 2025</b>   | <b>Retreat Star</b> |          | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vaidhri/Vishkambha Yoga Catuspada Karana Amavasyayam Titau |   |   |   | Ashland, NH<br>Sutra 190                    |
|   | Kanya Rasi: 21:25   | Tithi 30 | <b>Gulika</b> 12:51PM - 2:12PM<br>Yama 10:09AM - 11:30AM<br>664928574 <b>Rahu</b> 7:26AM - 8:48AM  | <b>Hasta</b> Until 9:48AM<br>Vaidhri Until 4:06PM<br>Catuspada Until 6:22PM<br><b>Amavasya</b> Until 7:28AM Tue | <b>Ganesha:</b> Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Green | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 4:55PM | Vasavasu 5:127<br>Phase 26 - 13<br>Amavasya |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 9:48AM<br>Then Routine Work - Prabalarishtha Yoga |                     |          | <b>Devaloka Day</b><br><i>Ashvini-Kijasi</i><br>Subramuniyaswami Mahasamadhi   |   |   |   |   |

|                                  |                     |              |   |   |   |   |   |
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| <b>Tuesday, October 21, 2025</b> | <b>Retreat Star</b> |              | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam<br>Chitra/Sukla Nakshatra Vishkambha/Prithi Yoga Naga/Kinughna Karana Amavasya/Pramanyam Titau |   |   |   | Ashland, NH<br>Sutra 191                    |
|                                  | Tula Rasi: 3:25     | Tithi 30 - 1 | <b>Gulika</b> 11:30AM - 12:51PM<br>Yama 8:48AM - 10:09AM<br>664928574 <b>Rahu</b> 2:11PM - 3:32PM   | <b>Chitra</b> Until 12:31PM<br>Vishkambha Until 4:48PM<br>Kinughna Until 8:39PM<br><b>Amavasya</b> Until 7:28AM | <b>Ganesha:</b> Blue<br><b>Muruga:</b> Blue<br><b>Nataraja:</b> Clear<br>Moon - Green | <b>Sunrise:</b> 6:07AM<br><b>Sunset:</b> 4:53PM | Vasavasu 5:127<br>Phase 26 - 14<br>Prathama |
| Creative Work Siddha Yoga        |                     |              | <b>Devaloka Day</b><br><i>Kartika-Kijasi</i><br>Skanda Shasthi Begins   |   |   |   |   |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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Wednesday, October 22, 2025

|  |                   |                          |  |
|--|-------------------|--------------------------|--|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam<br>Svali/Vishukha Nakshatra Pitti/Ayushman Yoga Bava/Balava Karana Prathamadivitiyayam Tilau |                   | Ashland, NH<br>Sutra 192 |  |
| Gulika   | 10:09AM - 11:30AM | Svali Until 3:14PM       | Ganesh: Green Sunrise: 6:08AM          |
| Yama   | 7:26AM - 8:49AM   | Prithi Until 5:38PM      | Muruga: Yellow Sunset: 4:59PM          |
| Rahu   | 11:30AM - 12:50PM | Balava Until 11:05PM     | Nataraja: Clear Moon 9 - Phase 27 - 15 |
| Creative Work Siddha Yoga  |                   | 3rd Phase                |  |
|  |                   | Prathama* Until 9:50AM   | Bhuloka Day                            |
|  |                   | Kartika-Rajival          | Devaloka Time: 3PM to 6PM              |

2

Thursday, October 23, 2025

|  |                  |                          |  |
|--|------------------|--------------------------|--|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam<br>Vishukha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiyadivitiyayam Tilau |                  | Ashland, NH<br>Sutra 193 |  |
| Gulika   | 8:49AM - 10:09AM | Vishukha Until 6:22PM    | Ganesh: White Sunrise: 6:09AM          |
| Yama   | 6:09AM - 7:29AM  | Ayushman Until 6:30PM    | Muruga: Yellow Sunset: 4:59PM          |
| Rahu   | 12:50PM - 2:10PM | Taila Until 1:36AM Fri   | Nataraja: Clear Moon 9 - Phase 27 - 16 |
| Creative Work Siddha Yoga  |                  | 3rd Phase                |  |
|  |                  | Dvitiya Until 12:19PM    | Bhuloka Day                            |
|  |                  | Kartika-Rajival          | Devaloka Time: 3PM to 6PM              |

3

Friday, October 24, 2025

|  |                   |                          |  |
|--|-------------------|--------------------------|--|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam<br>Vishukha Nakshatra Saubhagya Yoga Gara/Vanija Karana Tritiyadivitiyayam Tilau |                   | Ashland, NH<br>Sutra 194 |  |
| Gulika   | 7:30AM - 8:50AM   | Anuradha Until 9:21PM    | Ganesh: White Sunrise: 6:10AM          |
| Yama   | 2:09PM - 3:29PM   | Saubhagya Until 7:24PM   | Muruga: Yellow Sunset: 4:59PM          |
| Rahu   | 10:10AM - 11:29AM | Vanija Until 4:06AM Sat  | Nataraja: Clear Moon 9 - Phase 27 - 17 |
| Creative Work Siddha Yoga  |                   | 3rd Phase                |  |
| Until 9:21PM   |                   | Tritiya Until 2:50PM     | Bhuloka Day                            |
| Then Routine Work - Marana Yoga  |                   | Kartika-Rajival          | Devaloka Time: 3PM to 6PM              |

4

Saturday, October 25, 2025

|   |                  |                             |  |
|---|------------------|-----------------------------|--|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam<br>Anuradha Nakshatra Saubhagya Yoga Visi/Bava Karana Chaturthidivitiyayam Tilau |                  | Ashland, NH<br>Sutra 195    |  |
| Gulika  | 6:12AM - 7:31AM  | Jyeshtha* Until 12:05AM Sun | Ganesh: White Sunrise: 6:12AM          |
| Yama  | 12:49PM - 2:08PM | Sobhana Until 8:14PM        | Muruga: Yellow Sunset: 4:47PM          |
| Rahu  | 8:50AM - 10:10AM | Bava Until 6:29AM Sun       | Nataraja: Clear Moon 9 - Phase 27 - 18 |
| Creative Work Siddha Yoga   |                  | 3rd Phase                   |  |
| Until 12:05AM Sun   |                  | Chaturthi* Until 5:17PM     | Bhuloka Day                            |
| Then Creative Work - Amrita Yoga  |                  | Kartika-Rajival             | Devaloka Time: 3PM to 6PM              |

5

Sunday, October 26, 2025

|  |                   |                          |                                   |
|--|-------------------|--------------------------|-----------------------------------|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Mula* Nakshatra Alhiganda* Yoga Bava/Balava Karana Panchamyam Tilau |                   | Ashland, NH<br>Sutra 196 |                                   |
| Gulika   | 2:07PM - 3:26PM   | Mula* Until 2:55AM Mon   | Ganesh: Clear Sunrise: 6:13AM     |
| Yama   | 11:29AM - 12:48PM | Alhiganda* Until 8:54PM  | Muruga: Yellow Sunset: 4:46PM     |
| Rahu   | 3:26PM - 4:46PM   | Bava Until 6:29AM        | Nataraja: Clear Moon - Light Blue |
| Creative Work Amrita Yoga  |                   | Devaloka Day             |                                   |
| Until 2:55AM Mon   |                   | Panchami Until 7:33PM    | Kartika-Rajival                   |
| Then Routine Work - Marana Yoga  |                   |                          |                                   |

6

Monday, October 27, 2025

|  |                   |                               |                                   |
|--|-------------------|-------------------------------|-----------------------------------|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Tilau |                   | Ashland, NH<br>Sutra 197      |                                   |
| Gulika   | 12:48PM - 2:07PM  | Purvashadha* Until 5:14AM Tue | Ganesh: Clear Sunrise: 6:14AM     |
| Yama   | 10:10AM - 11:29AM | Sukarma Until 9:19PM          | Muruga: Yellow Sunset: 4:46PM     |
| Rahu   | 7:33AM - 8:52AM   | Kaulava Until 8:36AM          | Nataraja: Clear Moon - Light Blue |
| Creative Work Amrita Yoga  |                   | Devaloka Day                  |                                   |
| Until 5:14AM Tue   |                   | Shashthi* Until 9:29PM        | Kartika-Rajival                   |
| Then Routine Work - Prabalarishtha Yoga  |                   |                               |                                   |

Tuesday, October 28, 2025

|  |         |                               |                                   |
|--|---------|-------------------------------|-----------------------------------|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Tilau |         | Ashland, NH<br>Sutra 198      |                                   |
| Retreat Star   |         | Gulika                        | 11:29AM - 12:47PM                 |
| Dhanus Rasi: 27.03   | Tilhi 7 | Uttarashadha Until 6:51AM Wed | Ganesh: Clear Sunrise: 6:15AM     |
|  |         | Dhriti Until 9:22PM           | Muruga: Yellow Sunset: 4:47PM     |
|  |         | Gara Until 10:17AM            | Nataraja: Clear Moon - Light Blue |
| Routine Work Prabalarishtha Yoga   |         | Devaloka Day                  |                                   |
| Until 6:51AM Wed   |         | Saptami Until 10:54PM         | Kartika-Rajival                   |
| Then Creative Work - Siddha Yoga   |         |                               |                                   |

D

Wednesday, October 29, 2025

|  |         |                           |                                   |
|--|---------|---------------------------|-----------------------------------|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Shula* Yoga Visi/Bava Karana Ashtamyam Tilau |         | Ashland, NH<br>Sutra 199  |                                   |
| Retreat Star   |         | Gulika                    | 10:11AM - 11:29AM                 |
| Makara Rasi: 9.28  | Tilhi 8 | Uttarashadha Until 6:51AM | Ganesh: Clear Sunrise: 6:17AM     |
|  |         | Shula* Until 8:52PM       | Muruga: Yellow Sunset: 4:47PM     |
|  |         | Visi Until 11:24AM        | Nataraja: Clear Moon - Light Blue |
| Creative Work Amrita Yoga  |         | Devaloka Day              |                                   |
| Until 6:51AM   |         | Ashlami* Until 11:39PM    | Kartika-Rajival                   |
| Then Creative Work - Siddha Yoga   |         |                           |                                   |

Thursday, October 30, 2025

|  |         |                          |                                |
|--|---------|--------------------------|--------------------------------|
| Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Tilau |         | Ashland, NH<br>Sutra 200 |                                |
| Retreat Star   |         | Gulika                   | 8:53AM - 10:11AM               |
| Makara Rasi: 22.11   | Tilhi 9 | Shravana Until 8:06AM    | Ganesh: Purple Sunrise: 6:18AM |
|  |         | Ganda* Until 7:47PM      | Muruga: Yellow Sunset: 4:46PM  |
|  |         | Balava Until 11:45AM     | Nataraja: Clear Moon - Purple  |
| Creative Work Siddha Yoga  |         | Bhuloka Day              |                                |
|  |         | Navami* Until 11:37PM    | Devaloka Time: 3PM to 6PM      |
|  |         | Kartika-Rajival          |                                |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|               |                                 |           |  |   |   |   |                                     |   |
|---------------|---------------------------------|-----------|--|---|---|---|-------------------------------------|---|
| <b>1</b>      | <b>Friday, October 31, 2025</b> |           | Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktyayam<br>Dhanishthak/Shatabhishak Nakshatra Viddhi Yoga Talila/Gara Karana Dashantayam Tilau |   |   |   | Ashland, NH<br>Sun 24               | Sutra 201                                       |
|               | Kumbha Rasi: 5.2                | Tithi 10  | <b>Gulika</b> 7:37AM - 8:54AM<br><b>Yama</b> 2:04PM - 3:21PM<br><b>Rahu</b> 10:11AM - 11:29AM  | <b>Dhanishtha</b> Untill 8:23AM<br>Viddhi Untill 6:04PM<br>Taitilla Untill 11:18AM<br><b>Dashami</b> Untill 10:44PM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon - Purple | <b>Sunrise:</b> 6:19AM<br><b>Sunset:</b> 4:38PM | Moon 9 - Phase 2B - 24<br>4th Phase | Vasarasu 5127                                   |
| Creative Work | Siddha Yoga                     | 694138574 |  |   |   |   |                                     | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM |

|                   |                                   |           |   |   |  |   |                                     |                     |
|-------------------|-----------------------------------|-----------|---|---|--|---|-------------------------------------|---------------------|
| <b>2</b>          | <b>Saturday, November 1, 2025</b> |           | Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Menta Vasara Yuktyayam<br>Shatabhishak/Puravroshthapada* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Ekadashayam Tilau |   |  |   | Ashland, NH<br>Sun 25               | Sutra 202           |
|                   | Kumbha Rasi: 18.55                | Tithi 11  | <b>Gulika</b> 6:21AM - 7:38AM<br><b>Yama</b> 12:46PM - 2:03PM<br><b>Rahu</b> 8:55AM - 10:12AM   | <b>Shatabhishak</b> Untill 7:42AM<br>Dhruva Untill 3:39PM<br>Vanija Untill 10:00AM<br><b>Ekadashi</b> Untill 9:02PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon - Purple | <b>Sunrise:</b> 6:21AM<br><b>Sunset:</b> 4:37PM | Moon 9 - Phase 2B - 26<br>4th Phase | Vasarasu 5127       |
| Creative Work     | Amrita Yoga                       | 695138574 |   |   |  |   |                                     | <b>Devaloka Day</b> |
| Then Routine Work | Marana Yoga                       |           |   |   |  |   |                                     |                     |

|                    |                                 |           |   |   |   |   |                                     |                     |
|--------------------|---------------------------------|-----------|---|---|---|---|-------------------------------------|---------------------|
| <b>3</b>           | <b>Sunday, November 2, 2025</b> |           | Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhana Vasara Yuktyayam<br>Puravroshthapada*/Utaravroshthapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashayam Tilau |   |   |   | Ashland, NH<br>Sun 26               | Sutra 203           |
|                    | Meena Rasi: 3                   | Tithi 12  | <b>Gulika</b> 2:02PM - 3:19PM<br><b>Yama</b> 11:29AM - 12:46PM<br><b>Rahu</b> 3:19PM - 4:36PM   | <b>Puravroshthapada*</b> Untill 6:33AM<br>Vyaghata* Untill 12:39PM<br>Bava Untill 7:55AM<br><b>Dvadashi</b> Untill 6:36PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon - Clear | <b>Sunrise:</b> 6:22AM<br><b>Sunset:</b> 4:36PM | Moon 9 - Phase 2B - 26<br>4th Phase | Vasarasu 5127       |
| Creative Work      | Siddha Yoga                     | 615138574 |   |   |   |   |                                     | <b>Devaloka Day</b> |
| Untill 6:33AM      |                                 |           |   |   |   |   |                                     |                     |
| Then Creative Work | Amrita Yoga                     |           |   |   |   |   |                                     |                     |

|                     |                                 |               |   |  |   |   |                                     |                     |
|---------------------|---------------------------------|---------------|---|--|---|---|-------------------------------------|---------------------|
| <b>4</b>            | <b>Monday, November 3, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktyayam<br>Revati Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau |  |   |   | Ashland, NH<br>Sun 27               | Sutra 204           |
|                     | Meena Rasi: 17.32               | Tithi 13 - 14 | <b>Gulika</b> 12:45PM - 2:02PM<br><b>Yama</b> 10:12AM - 11:29AM<br><b>Rahu</b> 7:40AM - 8:56AM  | <b>Revati</b> Untill 1:55AM Tue<br>Harshana Untill 9:08AM<br>Gara Untill 1:54AM Tue<br><b>Trayodashi</b> Untill 3:34PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon - Clear | <b>Sunrise:</b> 6:23AM<br><b>Sunset:</b> 4:34PM | Moon 9 - Phase 2B - 27<br>4th Phase | Vasarasu 5127       |
| Family Home Evening |                                 | 615138574     |   |  |   |   |                                     | <b>Devaloka Day</b> |
| Creative Work       | Siddha Yoga                     |               |   |  |   |   |                                     |                     |
|                     |                                 |               |   |  |   |   |                                     |                     |

|               |                                  |               |   |  |  |   |                                |                     |
|---------------|----------------------------------|---------------|---|--|--|---|--------------------------------|---------------------|
| <b>O</b>      | <b>Tuesday, November 4, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktyayam<br>Ashvini Nakshatra Siddhi Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Tilau |  |  |   | Ashland, NH<br>Sun 28          | Sutra 205           |
|               | Mesha Rasi: 2.28                 | Tithi 14 - 15 | <b>Gulika</b> 11:29AM - 12:45PM<br><b>Yama</b> 8:57AM - 10:13AM<br><b>Rahu</b> 2:01PM - 3:17PM  | <b>Ashvini</b> Untill 11:10PM<br>Siddhi Untill 12:58AM Wed<br>Visli Untill 10:16PM<br><b>Chaturdashi*</b> Untill 12:06PM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon - White | <b>Sunrise:</b> 6:24AM<br><b>Sunset:</b> 4:33PM | Moon 9 - Phase 2B -<br>Purnima | Vasarasu 5127       |
| Creative Work | Siddha Yoga                      | 625138574     |   |  |  |   |                                | <b>Sivaloka Day</b> |

|                    |                                    |               |   |   |  |   |                                 |                     |
|--------------------|------------------------------------|---------------|---|---|--|---|---------------------------------|---------------------|
| <b>W</b>           | <b>Wednesday, November 5, 2025</b> |               | Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktyayam<br>Bharani Nakshatra Vyatipala* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau |   |  |   | Ashland, NH<br>Sun 29           | Sutra 206           |
|                    | Mesha Rasi: 17.4                   | Tithi 15 - 16 | <b>Gulika</b> 10:13AM - 11:29AM<br><b>Yama</b> 7:41AM - 8:57AM<br><b>Rahu</b> 11:29AM - 12:45PM   | <b>Bharani</b> Untill 8:06PM<br>Vyatipala* Untill 8:37PM<br>Balava Untill 6:26PM<br><b>Purnima*</b> Untill 8:21AM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon - White | <b>Sunrise:</b> 6:26AM<br><b>Sunset:</b> 4:32PM | Moon 9 - Phase 2B -<br>Prathama | Vasarasu 5127       |
| Creative Work      | Siddha Yoga                        | 625138574     |   |   |  |   |                                 | <b>Sivaloka Day</b> |
| Untill 8:06PM      |                                    |               |   |   |  |   |                                 |                     |
| Then Creative Work | Amrita Yoga                        |               |   |   |  |   |                                 |                     |

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**

Wishabha Rasi: 2.58 Tithi 17

Routine Work Marana Yoga

Gulika 8:58AM - 10:13AM  
Yama 6:27AM - 7:42AM  
Rahu 12:44PM - 2:00PMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam  
Kritika/Rohini Nakshatra Varjyan/Parigha\* Yoga Talila/Gara Karana Dvityayam Titau**Kritika Until 4:55PM**

Varjyan Until 4:15PM

Talila Until 2:35PM

**Dvitiya Until 12:42AM Fri**

Ganesh: Clear Sunrise: 6:27AM

Muruga: Yellow Sunset: 4:31PM

Nataraja: Clear Moon 10 - Phase 29 - 1st Phase

Moon - White

**Devaloka Day**

Ashland, NH

Sutra 207

Vasavasu 5127

**1****Friday, November 7, 2025**

Wishabha Rasi: 18.11 Tithi 18

Routine Work Marana Yoga

Until 2:09PM

Then Creative Work - Siddha Yoga

Gulika 7:43AM - 8:59AM  
Yama 1:59PM - 3:14PM  
Rahu 10:14AM - 11:29AMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Shiva Yoga Vanija/Visi\* Karana Trityayam Titau**Rohini Until 2:09PM**

Parigha\* Until 12:02PM

Vanija Until 10:54AM

**Trityiya Until 9:10PM**

Ganesh: Purple Sunrise: 6:28AM

Muruga: Yellow Sunset: 4:30PM

Nataraja: Clear Moon 10 - Phase 29 - 1st Phase

Moon - Yellow

**Sivaloka Day**

Ashland, NH

Sutra 208

Vasavasu 5127

**2****Saturday, November 8, 2025**

Mihuna Rasi: 3.11 Tithi 19

Creative Work Siddha Yoga

Gulika 6:30AM - 7:44AM  
Yama 1:59PM - 3:14PM  
Rahu 8:59AM - 10:14AMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthyam Titau**Mrigashira Until 11:38AM**

Shiva Until 8:07AM

Bava Until 7:33AM

**Chalurthi\* Until 6:02PM**

Ganesh: Purple Sunrise: 6:30AM

Muruga: Yellow Sunset: 4:28PM

Nataraja: Clear Moon 10 - Phase 29 - 2

Moon - Yellow

**Sivaloka Day**

Ashland, NH

Sutra 209

Vasavasu 5127

**3****Sunday, November 9, 2025**

Mihuna Rasi: 17.49 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 1:58PM - 3:13PM  
Yama 11:29AM - 12:44PM  
Rahu 3:13PM - 4:27PMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Talila/Gara Karana Panchami/Shashthyam Titau**Ardra Until 9:30AM**

Sadhya Until 1:35AM Mon

Gara Until 2:29AM Mon

**Panchami Until 3:29PM**

Ganesh: Purple Sunrise: 6:31AM

Muruga: Yellow Sunset: 4:27PM

Nataraja: Clear Moon 10 - Phase 29 - 3

Moon - Yellow

**Sivaloka Day**

Ashland, NH

Sutra 210

Vasavasu 5127

**4****Monday, November 10, 2025**

Kataka Rasi: 1.59 Tithi 21 - 22

**Family Home Evening**

Creative Work Amrita Yoga

Until 8:18AM

Then Creative Work - Siddha Yoga

Gulika 12:43PM - 1:58PM  
Yama 10:15AM - 11:29AM  
Rahu 7:46AM - 9:01AMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visi\* Karana Shashthi/Saptamyam Titau**Punarvasu Until 8:18AM**

Subha Until 11:13PM

Visi Until 1:02AM Tue

**Shashthi\* Until 1:38PM**

Ganesh: Clear Sunrise: 6:33AM

Muruga: Yellow Sunset: 4:26PM

Nataraja: Clear Moon 10 - Phase 29 - 4

Moon - Blue

**Devaloka Day**

Ashland, NH

Sutra 211

Vasavasu 5127

**5****Tuesday, November 11, 2025****Retreat Star**

Kataka Rasi: 15.41 Tithi 22 - 23

Creative Work Siddha Yoga

Gulika 11:29AM - 12:43PM  
Yama 9:01AM - 10:15AM  
Rahu 1:57PM - 3:11PMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau**Pushya Until 7:45AM**

Sukla Until 9:27PM

Balava Until 12:25AM Wed

**Saptami Until 12:36PM**

Ganesh: White Sunrise: 6:33AM

Muruga: Yellow Sunset: 4:25PM

Nataraja: Clear Moon 10 - Phase 29 - 5

Moon - Blue

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Ashland, NH

Sutra 212

Vasavasu 5127

**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 28.55 Tithi 23 - 24

Creative Work Siddha Yoga

Gulika 10:16AM - 11:29AM  
Yama 7:48AM - 9:02AM  
Rahu 11:29AM - 12:43PMVisvavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam  
Ashlesha\*Magha\* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamyam Titau**Ashlesha\* Until 7:51AM**

Brahma Until 8:22PM

Tailila Until 12:37AM Thu

**Ashtami\* Until 12:24PM**

Ganesh: White Sunrise: 6:35AM

Muruga: Yellow Sunset: 4:24PM

Nataraja: Clear Moon 10 - Phase 29 - 6

Moon - Blue

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Ashland, NH

Sutra 213

Vasavasu 5127

Navami

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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|                                  |               |                                    |                             |  |                 |                          |
|----------------------------------|---------------|------------------------------------|-----------------------------|--|-----------------|--------------------------|
| <b>1</b>                         |               | <b>Thursday, November 13, 2025</b> |                             | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam<br>Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmityam Titau |                 | Ashland, NH<br>Sutra 214 |
| Simha Rasi: 11.43                | Tithi 24 – 25 | <b>Gulika</b><br>9:03AM – 10:16AM  | <b>Magha* Until 9:03AM</b>  | <b>Ganesha:</b> Yellow   | Sunrise: 6:36AM | Vasvasa 5:17             |
|                                  |               | <b>Yama</b><br>6:36AM – 7:49AM     | Indra Until 7:53PM          | <b>Muruga:</b> Yellow  | Sunset: 4:29PM  | Moon 10 - Phase 30 - 7   |
|                                  |               | <b>Rahu</b><br>12:43PM – 1:56PM    | Vanija Until 1:35AM Fri     | <b>Nataraja:</b> Clear   |                 | 2nd Phase                |
| Creative Work                    | Amrita Yoga   |                                    | <b>Navami* Until 1:00PM</b> | Moan - Red   |                 | <b>Devaloka Day</b>      |
| Until 9:03AM                     |               |                                    |                             | <b>Kartika/Kartika</b>   |                 |                          |
| Then Creative Work - Siddha Yoga |               |                                    |                             |  |                 |                          |

|                   |               |                                  |                                    |  |                 |                          |
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| <b>2</b>          |               | <b>Friday, November 14, 2025</b> |                                    | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satva Vasara Yuktayam<br>Purvaphalguni/Ultrapahlguni Nakshatra Vaidhri* Yoga Vist/Bava Karana Dashami/Eladese |                 | Ashland, NH<br>Sutra 215 |
| Simha Rasi: 24.12 | Tithi 25 – 26 | <b>Gulika</b><br>7:50AM – 9:04AM | <b>Purvaphalguni Until 10:47AM</b> | <b>Ganesha:</b> Yellow   | Sunrise: 6:37AM | Vasvasa 5:17             |
|                   |               | <b>Yama</b><br>1:56PM – 3:09PM   | Vaidhri* Until 7:52PM              | <b>Muruga:</b> Yellow  | Sunset: 4:29PM  | Moon 10 - Phase 30 - 8   |
|                   |               | <b>Rahu</b><br>10:17AM – 11:30AM | Bava Until 3:10AM Sat              | <b>Nataraja:</b> Clear   |                 | 2nd Phase                |
| Creative Work     | Siddha Yoga   |                                  | <b>Dashami Until 2:17PM</b>        | Moan - Red   |                 | <b>Devaloka Day</b>      |
|                   |               |                                  |                                    | <b>Kartika/Kartika</b>   |                 |                          |

|                  |               |                                    |                                    |  |                 |                          |
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| <b>3</b>         |               | <b>Saturday, November 15, 2025</b> |                                    | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manu Vasara Yuktayam<br>Ultraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                 | Ashland, NH<br>Sutra 216 |
| Kanya Rasi: 6.26 | Tithi 26 – 27 | <b>Gulika</b><br>6:39AM – 7:51AM   | <b>Ultraphalguni Until 12:53PM</b> | <b>Ganesha:</b> Yellow   | Sunrise: 6:39AM | Vasvasa 5:17             |
|                  |               | <b>Yama</b><br>1:56PM – 3:09PM     | Vishkamba* Until 8:15PM            | <b>Muruga:</b> Yellow  | Sunset: 4:29PM  | Moon 10 - Phase 30 - 9   |
|                  |               | <b>Rahu</b><br>9:04AM – 10:17AM    | Kaulava Until 5:13AM Sun           | <b>Nataraja:</b> Clear   |                 | 2nd Phase                |
| Routine Work     | Marana Yoga   |                                    | <b>Ekadashi* Until 4:08PM</b>      | Moan - Red   |                 | <b>Devaloka Day</b>      |
|                  |               |                                    |                                    | <b>Kartika/Kartika</b>   |                 |                          |

|                                  |             |                                  |                               |  |                 |                          |
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| <b>4</b>                         |             | <b>Sunday, November 16, 2025</b> |                               | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Pili Yoga Talila Karana Dvadashyam Titau |                 | Ashland, NH<br>Sutra 217 |
| Kanya Rasi: 18.29                | Tithi 27    | <b>Gulika</b><br>1:55PM – 3:08PM | <b>Hasta Until 3:42PM</b>     | <b>Ganesha:</b> Yellow   | Sunrise: 6:40AM | Vasvasa 5:17             |
|                                  |             | <b>Yama</b><br>11:30AM – 12:43PM | Pili Until 8:54PM             | <b>Muruga:</b> Yellow  | Sunset: 4:29PM  | Moon 10 - Phase 30 - 10  |
|                                  |             | <b>Rahu</b><br>3:08PM – 4:20PM   | Talila Until 6:20PM           | <b>Nataraja:</b> Purple  |                 | 2nd Phase                |
| Creative Work                    | Amrita Yoga |                                  | <b>Dvadashi* Until 6:20PM</b> | Moan - Green   |                 | <b>Sivaloka Day</b>      |
| Until 3:42PM                     |             |                                  |                               | <b>Kartika/Kartika</b>   |                 |                          |
| Then Creative Work - Siddha Yoga |             |                                  |                               |  |                 |                          |

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| <b>5</b>                         |                    | <b>Monday, November 17, 2025</b>  |                                 | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Indra Vasara Yuktayam<br>Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau |                 | Ashland, NH<br>Sutra 218 |
| Tula Rasi: 0.26                  | Tithi 28           | <b>Gulika</b><br>12:42PM – 1:55PM | <b>Chitra Until 6:34PM</b>      | <b>Ganesha:</b> Yellow  | Sunrise: 6:41AM | Vasvasa 5:17             |
|                                  |                    | <b>Yama</b><br>10:18AM – 11:30AM  | Ayushman Until 9:40PM           | <b>Muruga:</b> Yellow   | Sunset: 4:19PM  | Moon 10 - Phase 30 - 11  |
|                                  |                    | <b>Rahu</b><br>7:53AM – 9:06AM    | Gara Until 7:33AM               | <b>Nataraja:</b> Purple   |                 | 2nd Phase                |
| Family Home Evening              | Prabalarishta Yoga |                                   | <b>Trayodashi* Until 8:46PM</b> | Moan - Green  |                 | <b>Sivaloka Day</b>      |
| Routine Work                     | Until 6:34PM       |                                   |                                 | <b>Kartika/Kartika</b>  |                 |                          |
| Then Creative Work - Amrita Yoga |                    |                                   |                                 | <b>Pradosha Vata (Fasting)</b>  |                 |                          |

|                                 |             |                                    |                                   |  |                 |                          |
|---------------------------------|-------------|------------------------------------|-----------------------------------|--|-----------------|--------------------------|
| <b>6</b>                        |             | <b>Tuesday, November 18, 2025</b>  |                                   | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Mangala Vasara Yuktayam<br>Svati Nakshatra Saubhagya Yoga Visti/Sakuni* Karana Chaturdashyam Titau |                 | Ashland, NH<br>Sutra 219 |
| Tula Rasi: 12.19                | Tithi 29    | <b>Gulika</b><br>11:30AM – 12:42PM | <b>Svati Until 9:21PM</b>         | <b>Ganesha:</b> Blue   | Sunrise: 6:42AM | Vasvasa 5:17             |
|                                 |             | <b>Yama</b><br>9:06AM – 10:18AM    | Saubhagya Until 10:31PM           | <b>Muruga:</b> Yellow  | Sunset: 4:19PM  | Moon 10 - Phase 30 - 12  |
|                                 |             | <b>Rahu</b><br>1:54PM – 3:06PM     | Visti Until 10:02AM               | <b>Nataraja:</b> Purple  |                 | 2nd Phase                |
| Creative Work                   | Siddha Yoga |                                    | <b>Chaturdashi* Until 11:17PM</b> | Moan - Green   |                 | <b>Devaloka Day</b>      |
| Until 9:21PM                    |             |                                    |                                   | <b>Kartika/Kartika</b>   |                 |                          |
| Then Routine Work - Marana Yoga |             |                                    |                                   |  |                 |                          |

|                     |             |                                     |                                   |   |                 |                          |
|---------------------|-------------|-------------------------------------|-----------------------------------|---|-----------------|--------------------------|
| <b>Retreat Star</b> |             | <b>Wednesday, November 19, 2025</b> |                                   | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Budha Vasara Yuktayam<br>Vishakha Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Titau |                 | Ashland, NH<br>Sutra 220 |
| Tula Rasi: 24.11    | Tithi 30    | <b>Gulika</b><br>10:19AM – 11:31AM  | <b>Vishakha Until 12:29AM Thu</b> | <b>Ganesha:</b> Blue  | Sunrise: 6:44AM | Vasvasa 5:17             |
|                     |             | <b>Yama</b><br>7:55AM – 9:07AM      | Sobhana Until 11:24PM             | <b>Muruga:</b> Yellow   | Sunset: 4:19PM  | Moon 10 - Phase 30 - 13  |
|                     |             | <b>Rahu</b><br>11:31AM – 12:42PM    | Caluspada Until 12:34PM           | <b>Nataraja:</b> Purple   |                 | Amavasya                 |
| Creative Work       | Siddha Yoga |                                     | <b>Amavasya* Until 1:48AM Thu</b> | Moan - Orange   |                 | <b>Devaloka Day</b>      |
|                     |             |                                     |                                   | <b>Kartika/Kartika</b>  |                 |                          |

|                                 |             |                                    |                                   |  |                 |                          |
|---------------------------------|-------------|------------------------------------|-----------------------------------|--|-----------------|--------------------------|
| <b>Retreat Star</b>             |             | <b>Thursday, November 20, 2025</b> |                                   | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Sula Paksha Guru Vasara Yuktayam<br>Anuradha Nakshatra Athiganda* Yoga Kintughna* Bava Karana Prathamayam Titau |                 | Ashland, NH<br>Sutra 221 |
| Vishika Rasi: 6.03              | Tithi 1     | <b>Gulika</b><br>9:08AM – 10:19AM  | <b>Anuradha Until 3:24AM Fri</b>  | <b>Ganesha:</b> Blue   | Sunrise: 6:45AM | Vasvasa 5:17             |
|                                 |             | <b>Yama</b><br>6:45AM – 7:56AM     | Athiganda* Until 12:12AM Fri      | <b>Muruga:</b> Yellow  | Sunset: 4:17PM  | Moon 10 - Phase 30 - 14  |
|                                 |             | <b>Rahu</b><br>12:42PM – 1:54PM    | Kintughna Until 3:05PM            | <b>Nataraja:</b> Purple  |                 | Prathama                 |
| Creative Work                   | Siddha Yoga |                                    | <b>Prathama* Until 4:17AM Fri</b> | Moan - Orange  |                 | <b>Devaloka Day</b>      |
| Until 3:24AM Fri                |             |                                    |                                   | <b>Mangalika/Kartika</b>   |                 |                          |
| Then Routine Work - Marana Yoga |             |                                    |                                   |  |                 |                          |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|   |             |  |   |  |   |                                      |                           |
|---|-------------|--|---|--|---|--------------------------------------|---------------------------|
| <b>1 Friday, November 21, 2025</b>  |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam<br>Jyeshtha' Nakshatra Sukrama Yoga Balava/Kaulava Karana Dvitiyayam Titau                         |   |  |   | Sun 15                               | Ashland, NH<br>Sutra 222  |
| Wischika Rasi: 17.56  | Tithi 2     | <b>Gulika</b><br>7:57AM - 9:09AM<br>Yama<br>1:54PM - 3:05PM<br>787238575   | <b>Jyeshtha' Until 6:04AM Sat</b><br>Sukrama Until 12:57AM Sat<br>Balava Until 5:30PM<br>Dvitiya Until 6:39AM Sat | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Orange     | <b>Sunrise:</b> 6:46AM<br><b>Sunset:</b> 4:16PM | Moon 10 - Phase 31 - 17<br>3rd Phase | <b>Devaloka Day</b>       |
| Routine Work Marana Yoga<br>Until 6:04AM Sat<br>Then Creative Work - Siddha Yoga    |             |  |   |  |   |                                      |                           |
| <b>2 Saturday, November 22, 2025</b>  |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantia Vasara Yuktayam<br>Jyeshtha' Mula' Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitiyayam Titau                   |   |  |   | Sun 16                               | Ashland, NH<br>Sutra 223  |
| Wischika Rasi: 29.52  | Tithi 2 - 3 | <b>Gulika</b><br>6:47AM - 7:58AM<br>Yama<br>12:42PM - 1:53PM<br>787238575  | <b>Jyeshtha' Until 6:04AM</b><br>Dhriti Until 1:36AM Sun<br>Talita Until 7:49PM<br>Dvitiya Until 6:39AM           | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Orange     | <b>Sunrise:</b> 6:47AM<br><b>Sunset:</b> 4:15PM | Moon 10 - Phase 31 - 16<br>3rd Phase | <b>Devaloka Day</b>       |
| Creative Work Siddha Yoga   |             |  |   |  |   |                                      |                           |
| <b>3 Sunday, November 23, 2025</b>  |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktayam<br>Mula' Purvashada' Nakshatra Shula' Yoga Gara/Varija Karana Tritiyayam Titau                     |   |  |   | Sun 17                               | Ashland, NH<br>Sutra 224  |
| Dhanus Rasi: 11.52  | Tithi 3 - 4 | <b>Gulika</b><br>1:53PM - 3:04PM<br>Yama<br>11:32AM - 12:42PM<br>787238575   | <b>Mula' Until 8:55AM</b><br>Shula' Until 2:04AM Mon<br>Varija Until 9:55PM<br>Tritiya Until 8:52AM               | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Light Blue | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 4:15PM | Moon 10 - Phase 31 - 17<br>3rd Phase | <b>Devaloka Day</b>       |
| Creative Work Amrita Yoga<br>Until 8:55AM<br>Then Creative Work - Siddha Yoga       |             |  |   |  |   |                                      |                           |
| <b>4 Monday, November 24, 2025</b>  |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktayam<br>Purvashada' Uttarashada' Nakshatra Ganda' Yoga Vasi' Bava Karana Chaturthiyam Titau              |   |  |   | Sun 18                               | Ashland, NH<br>Sutra 225  |
| Dhanus Rasi: 23.56  | Tithi 4 - 5 | <b>Gulika</b><br>12:42PM - 1:53PM<br>Yama<br>10:21AM - 11:32AM<br>787238575  | <b>Purvashada' Until 11:21AM</b><br>Ganda' Until 2:18AM Tue<br>Bava Until 11:44PM<br>Chaturthi' Until 10:51AM     | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Light Blue | <b>Sunrise:</b> 6:50AM<br><b>Sunset:</b> 4:16PM | Moon 10 - Phase 31 - 18<br>3rd Phase | <b>Devaloka Day</b>       |
| Routine Work Marana Yoga  |             |  |   |  |   |                                      |                           |
| <b>5 Tuesday, November 25, 2025</b>   |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktayam<br>Uttarashada' Shrivana Nakshatra Vidha' Yoga Balava/Kaulava Karana Panchami/ Shashthiyam Titau |   |  |   | Sun 19                               | Ashland, NH<br>Sutra 226  |
| Makara Rasi: 6.1  | Tithi 5 - 6 | <b>Gulika</b><br>11:32AM - 12:43PM<br>Yama<br>9:12AM - 10:22AM<br>788238575  | <b>Uttarashada Until 1:18PM</b><br>Vidha' Until 2:14AM Wed<br>Kaulava Until 1:07AM Wed<br>Panchami Until 12:28PM  | <b>Ganesh:</b> Red<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Light Blue  | <b>Sunrise:</b> 6:51AM<br><b>Sunset:</b> 4:18PM | Moon 10 - Phase 31 - 19<br>3rd Phase | <b>Sivaloka Day</b>       |
| Routine Work Prabalarishta Yoga<br>Until 1:18PM<br>Then Creative Work - Siddha Yoga |             |  |   |  |   |                                      |                           |
| <b>6 Wednesday, November 26, 2025</b>   |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktayam<br>Shrivana/Dhanishta Nakshatra Dhruva' Yoga Talita/Gara Karana Shashthi/Saptamam Titau            |   |  |   | Sun 20                               | Ashland, NH<br>Sutra 227  |
| Makara Rasi: 18.34  | Tithi 6 - 7 | <b>Gulika</b><br>10:23AM - 11:33AM<br>Yama<br>8:02AM - 9:12AM<br>798238575   | <b>Shrivana Until 3:05PM</b><br>Dhruva Until 1:41AM Thu<br>Gara Until 1:56AM Thu<br>Shashthi' Until 1:35PM        | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Purple     | <b>Sunrise:</b> 6:52AM<br><b>Sunset:</b> 4:19PM | Moon 10 - Phase 31 - 20<br>3rd Phase | <b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga<br>Until 3:05PM<br>Then Routine Work - Prabalarishta Yoga |             |  |   |  |   |                                      |                           |
| <b>Thursday, November 27, 2025</b>  |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktayam<br>Dhanishta/Shatabhishak Nakshatra Vyaghat' Yoga Varija/Visi' Karana Saptami/Ashthamam Titau       |   |  |   | Sun 21                               | Ashland, NH<br>Sutra 228  |
| <b>Retreat Star</b>   |             | <b>Gulika</b><br>9:13AM - 10:23AM<br>Yama<br>6:54AM - 8:03AM<br>798238575  | <b>Dhanishta Until 4:05PM</b><br>Vyaghat' Until 12:38AM Fri<br>Visi Until 2:04AM Fri<br>Saptami Until 2:05PM      | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Purple     | <b>Sunrise:</b> 6:54AM<br><b>Sunset:</b> 4:19PM | Moon 10 - Phase 31 - 21<br>Ashtami   | <b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga   |             |  |   |  |   |                                      |                           |
| <b>Friday, November 28, 2025</b>  |             | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam<br>Shatabhishak/Purvashodhigada' Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamam Titau  |   |  |   | Sun 22                               | Ashland, NH<br>Sutra 229  |
| <b>Retreat Star</b>   |             | <b>Gulika</b><br>8:04AM - 9:14AM<br>Yama<br>1:53PM - 3:02PM<br>798238575   | <b>Shatabhishak Until 4:13PM</b><br>Harshana Until 10:59PM<br>Balava Until 1:25AM Sat<br>Ashtami' Until 1:49PM    | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon - Purple     | <b>Sunrise:</b> 6:55AM<br><b>Sunset:</b> 4:19PM | Moon 10 - Phase 31 - 22<br>Navami    | <b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga   |             |  |   |  |   |                                      |                           |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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| 1 Saturday, November 29, 2025 |              | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Manta Vasara Yuktayam<br>Puravproshthapada/Uttarproshthapada Nakshatra Vajra* Yoga Kaulava/Taila Karana Navami/Dashmyam Titau |                                 |                  |                 | Ashland, NH<br>Sutra 230 |
|-------------------------------|--------------|--|---------------------------------|------------------|-----------------|--------------------------|
| Kumbha Rasi: 27.4             | Tithi 9 – 10 | Gulika 6:56AM – 8:05AM   | Puravproshthapada* Until 3:53PM | Ganesh: Purple   | Sunrise: 6:56AM | Vasavasu 5:17            |
|                               |              | Yama 12:43PM – 1:53PM  | Vajra* Until 8:42PM             | Muruga: Yellow   | Sunset: 4:11PM  | Moon 10 - Phase 32 - 3   |
| Routine Work                  | Marana Yoga  | 718238575  | Taila Until 11:59PM             | Nataraja: Purple |                 | 4th Phase                |
| Until 3:53PM                  |              |  | Navami* Until 12:47PM           | Moon – Clear     |                 |                          |
| Then Creative Work            | Siddha Yoga  |  |                                 |                  |                 | Subha Sivaloka Day       |
|                               |              |  |                                 |                  |                 |                          |

| 2 Sunday, November 30, 2025 |               | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Bharu Vasara Yuktayam<br>Uttarproshthapada/Revati Nakshatra Siddha/Vyalpala* Yoga Gara/Variya Karana Ekadashi/Dashmyam Titau |                                |                  |                 | Ashland, NH<br>Sutra 231 |
|-----------------------------|---------------|---|--------------------------------|------------------|-----------------|--------------------------|
| Mesha Rasi: 11.32           | Tithi 10 – 11 | Gulika 1:53PM – 3:02PM  | Uttarproshthapada Until 2:39PM | Ganesh: Purple   | Sunrise: 6:57AM | Vasavasu 5:17            |
|                             |               | Yama 11:34AM – 12:43PM  | Siddhi Until 5:49PM            | Muruga: Yellow   | Sunset: 4:11PM  | Moon 10 - Phase 32 - 2   |
| Routine Work                | Marana Yoga   | 718238575   | Variya Until 9:49PM            | Nataraja: Purple |                 | 4th Phase                |
| Until 3:53PM                |               |   |                                | Moon – Clear     |                 |                          |
| Then Creative Work          | Amrita Yoga   |   |                                |                  |                 | Subha Sivaloka Day       |
|                             |               | Gita Jayanthi   | Dashami Until 10:58AM          |                  |                 |                          |
|                             |               |   |                                |                  |                 |                          |

| 3 Monday, December 1, 2025 |               | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyalpala* Varyan Yoga Vesi/Bava Karana Ekadashi/Dashmyam Titau |                        |                  |                 | Ashland, NH<br>Sutra 232 |
|----------------------------|---------------|--|------------------------|------------------|-----------------|--------------------------|
| Mesha Rasi: 25.53          | Tithi 11 – 12 | Gulika 12:43PM – 1:53PM  | Revati Until 12:36PM   | Ganesh: Clear    | Sunrise: 6:58AM | Vasavasu 5:17            |
| Family Home Evening        |               | Yama 10:25AM – 11:34AM   | Vyalpala* Until 2:25PM | Muruga: Yellow   | Sunset: 4:11PM  | Moon 10 - Phase 32 - 25  |
| Routine Work               | Siddha Yoga   | 719238575  | Bava Until 7:00PM      | Nataraja: Purple |                 | 4th Phase                |
| Until 3:53PM               |               |  |                        | Moon – Clear     |                 |                          |
| Then Creative Work         | Siddha Yoga   |  | Ekadashi Until 8:28AM  |                  |                 | Sivaloka Day             |
|                            |               |  |                        |                  |                 |                          |

| 4 Tuesday, December 2, 2025 |             | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Kaulava/Taila Karana Trayodashmyam Titau |                             |                  |                 | Ashland, NH<br>Sutra 233 |
|-----------------------------|-------------|---|-----------------------------|------------------|-----------------|--------------------------|
| Mesha Rasi: 10.39           | Tithi 13    | Gulika 11:35AM – 12:44PM  | Ashvini Until 10:17AM       | Ganesh: White    | Sunrise: 6:59AM | Vasavasu 5:17            |
|                             |             | Yama 9:17AM – 10:26AM   | Variyan Until 10:34AM       | Muruga: Yellow   | Sunset: 4:10PM  | Moon 10 - Phase 32 - 26  |
| Routine Work                | Siddha Yoga | 729238575   | Kaulava Until 3:42PM        | Nataraja: Purple |                 | 4th Phase                |
| Until 3:53PM                |             |   |                             | Moon – White     |                 |                          |
| Then Creative Work          | Siddha Yoga |   | Trayodashi Until 1:53AM Wed |                  |                 | Devaloka Day             |
|                             |             |   |                             |                  |                 | Tour Day                 |
|                             |             |   |                             |                  |                 |                          |

| 5 Wednesday, December 3, 2025 |             | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Variya Karana Chaturdshmyam Titau |                            |                  |                 | Ashland, NH<br>Sutra 234 |
|-------------------------------|-------------|---|----------------------------|------------------|-----------------|--------------------------|
| Mesha Rasi: 25.44             | Tithi 14    | Gulika 10:26AM – 11:35AM  | Bharani Until 7:27AM       | Ganesh: White    | Sunrise: 7:00AM | Vasavasu 5:17            |
|                               |             | Yama 8:09AM – 9:18AM  | Parigha* Until 6:24AM      | Muruga: Yellow   | Sunset: 4:10PM  | Moon 10 - Phase 32 - 27  |
| Routine Work                  | Siddha Yoga | 729238575   | Gara Until 12:02PM         | Nataraja: Purple |                 | 4th Phase                |
| Until 3:53PM                  |             |   |                            | Moon – White     |                 |                          |
| Then Creative Work            | Amrita Yoga |   | Chaturdashi* Until 10:07PM |                  |                 | Devaloka Day             |
|                               |             | Krittika Deepam   |                            |                  |                 |                          |
|                               |             |   |                            |                  |                 |                          |

| Thursday, December 4, 2025 |             | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Guru Vasara Yuktayam<br>Rohini Nakshatra Siddha Yoga Vesi*/Bava Karana Purnimayam Titau |                         |                  |                 | Ashland, NH<br>Sutra 235     |
|----------------------------|-------------|--|-------------------------|------------------|-----------------|------------------------------|
| Copper Retreat Star        |             | Gulika 9:18AM – 10:27AM  | Rohini Until 1:19AM Fri | Ganesh: Yellow   | Sunrise: 7:01AM | Vasavasu 5:17                |
| Wishabha Rasi: 11.01       | Tithi 15    | Yama 7:01AM – 8:10AM   | Siddha Until 9:39PM     | Muruga: Yellow   | Sunset: 4:10PM  | Moon 10 - Phase 32 - Purnima |
| Routine Work               | Marana Yoga | 739238575  | Vesi Until 8:13AM       | Nataraja: Purple |                 |                              |
| Until 3:53PM               |             |  |                         | Moon – Yellow    |                 |                              |
| Then Creative Work         | Siddha Yoga |  | Purnima* Until 6:16PM   |                  |                 | Sivaloka Day                 |
|                            |             |  |                         |                  |                 |                              |

| Friday, December 5, 2025 |               | Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Krishna Paksha: Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau |                          |                  |                 | Ashland, NH<br>Sutra 236      |
|--------------------------|---------------|--|--------------------------|------------------|-----------------|-------------------------------|
| Silver Retreat Star      |               | Gulika 8:11AM – 9:19AM   | Mrigashira Until 10:23PM | Ganesh: Yellow   | Sunrise: 7:02AM | Vasavasu 5:17                 |
| Wishabha Rasi: 26.18     | Tithi 16 – 17 | Yama 1:53PM – 3:01PM   | Sadya Until 5:22PM       | Muruga: Yellow   | Sunset: 4:10PM  | Moon 10 - Phase 32 - Prathama |
| Routine Work             | Siddha Yoga   | 739238575  | Taila Until 12:45AM Sat  | Nataraja: Purple |                 |                               |
| Until 3:53PM             |               |  |                          | Moon – Yellow    |                 |                               |
| Then Creative Work       | Siddha Yoga   |  | Prathama* Until 2:31PM   |                  |                 | Sivaloka Day                  |
|                          |               |  |                          |                  |                 |                               |

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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**Saturday, December 6, 2025**

**Gold Retreat Star**

Mithuna Rasi: 11:25 Tithi 17 - 18  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam  
Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tilayam Titau

**Gulika** 7:03AM - 8:12AM  
**Yama** 12:45PM - 1:53PM  
**Rahu** 9:20AM - 10:28AM

**Ardra Until 7:41PM**  
Subha Until 1:21PM  
Vanija Until 9:29PM  
**Dvitiya Until 11:03AM**

**Ganesha:** Yellow Sunrise: 7:03AM  
**Muruga:** Yellow Sunset: 4:10PM  
**Nataraja:** Purple  
Moon - Yellow

Ashland, NH  
Sutra 237  
Viswasa 5127  
Moon 11 - Phase 33 - 1  
1st Phase

**Sivaloka Day**

**Waggesa/Kartika**

**Sunday, December 7, 2025**

**1**  
Mithuna Rasi: 26:13 Tithi 18 - 19  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bharu Vasara Yuktyam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Vasi/Basa Karana Tritiya/Chaturtham Titau

**Gulika** 1:53PM - 3:01PM  
**Yama** 11:37AM - 12:45PM  
**Rahu** 3:01PM - 4:09PM

**Punarvasu Until 5:46PM**  
Sukla Until 9:41AM  
Bava Until 6:45PM  
**Tritiya Until 8:01AM**

**Ganesha:** Blue Sunrise: 7:04AM  
**Muruga:** Yellow Sunset: 4:09PM  
**Nataraja:** Purple  
Moon - Blue

Ashland, NH  
Sutra 238  
Viswasa 5127  
Moon 11 - Phase 33 - 2  
1st Phase

**Devaloka Day**

**Waggesa/Kartika**

**Monday, December 8, 2025**

**2**  
Kataka Rasi: 10:35 Tithi 20  
**Family Home Evening**  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam  
Brahma/Indra Yoga Kaulava/Taila Karana Pancshyam Titau

**Gulika** 12:45PM - 1:53PM  
**Yama** 10:29AM - 11:37AM  
**Rahu** 8:13AM - 9:21AM

**Pushya Until 4:24PM**  
Brahma Until 6:33AM  
Kaulava Until 4:43PM  
**Panchami Until 4:00AM Tue**

**Ganesha:** Blue Sunrise: 7:05AM  
**Muruga:** Yellow Sunset: 4:09PM  
**Nataraja:** Purple  
Moon - Blue

Ashland, NH  
Sutra 239  
Viswasa 5127  
Moon 11 - Phase 33 - 3  
1st Phase

**Devaloka Day**

**Waggesa/Kartika**

**Tuesday, December 9, 2025**

**3**  
Kataka Rasi: 24:27 Tithi 21  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam  
Ashlesha/Magha/ Nakshatra Vaidhril' Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 11:38AM - 12:46PM  
**Yama** 9:22AM - 10:30AM  
**Rahu** 1:54PM - 3:01PM

**Ashlesha\* Until 3:42PM**  
Vaidhril' Until 2:12AM Wed  
Gara Until 3:32PM  
**Shashthi\* Until 3:15AM Wed**

**Ganesha:** White Sunrise: 7:06AM  
**Muruga:** Yellow Sunset: 4:09PM  
**Nataraja:** Purple  
Moon - Blue

Ashland, NH  
Sutra 240  
Viswasa 5127  
Moon 11 - Phase 33 - 4  
1st Phase

**Devaloka Day**

**Tour Day**

**Waggesa/Kartika**

**Wednesday, December 10, 2025**

**4**  
Simha Rasi: 7:48 Tithi 22  
Creative Work Siddha Yoga  
Until 4:10PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam  
Magha/Purvaphalguni Nakshatra Vishkambha\* Yoga Vasi/Bava Karana Sapthamam Titau

**Gulika** 10:30AM - 11:38AM  
**Yama** 8:15AM - 9:23AM  
**Rahu** 11:38AM - 12:46PM

**Magha\* Until 4:10PM**  
Vishkambha\* Until 1:05AM Thu  
Vasi Until 3:14PM  
**Saptami Until 3:24AM Thu**

**Ganesha:** Clear Sunrise: 7:07AM  
**Muruga:** Yellow Sunset: 4:09PM  
**Nataraja:** Purple  
Moon - Red

Ashland, NH  
Sutra 241  
Viswasa 5127  
Moon 11 - Phase 33 - 5  
1st Phase

**Sivaloka Day**

**Waggesa/Kartika**

**Thursday, December 11, 2025**

**Retreat Star**

Simha Rasi: 20:41 Tithi 23  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Guru Vasara Yuktyam  
Purvaphalguni/Uttaraphalguni Nakshatra Prithi Yoga Balava/Kaulava Karana Ashtamam Titau

**Gulika** 9:23AM - 10:31AM  
**Yama** 7:08AM - 8:16AM  
**Rahu** 12:46PM - 1:54PM

**Purvaphalguni Until 5:22PM**  
Prithi Until 12:39AM Fri  
Balava Until 3:50PM  
**Ashtami\* Until 4:25AM Fri**

**Ganesha:** Purple Sunrise: 7:08AM  
**Muruga:** Yellow Sunset: 4:10PM  
**Nataraja:** Purple  
Moon - Red

Ashland, NH  
Sutra 242  
Viswasa 5127  
Moon 11 - Phase 33 - 6  
Ashtami

**Subha Sivaloka Day**

**Waggesa/Kartika**

**Friday, December 12, 2025**

**Retreat Star**

Kanya Rasi: 3:11 Tithi 24  
Creative Work Siddha Yoga  
Until 7:08PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam  
Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamam Titau

**Gulika** 8:16AM - 9:24AM  
**Yama** 1:54PM - 3:02PM  
**Rahu** 10:32AM - 11:39AM

**Uttaraphalguni Until 7:08PM**  
Ayushman Until 12:44AM Sat  
Taila Until 5:13PM  
**Navami\* Until 6:08AM Sat**

**Ganesha:** Purple Sunrise: 7:09AM  
**Muruga:** Yellow Sunset: 4:10PM  
**Nataraja:** Purple  
Moon - Red

Ashland, NH  
Sutra 243  
Viswasa 5127  
Moon 11 - Phase 33 - 7  
Navami

**Subha Sivaloka Day**

**Waggesa/Kartika**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

[www.gurudeva.org/pancham](http://www.gurudeva.org/pancham)

|                          |               |                                    |                             |  |                        |                                |                     |
|--------------------------|---------------|------------------------------------|-----------------------------|--|------------------------|--------------------------------|---------------------|
| <b>1</b>                 |               | <b>Saturday, December 13, 2025</b> |                             | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Mania Vasara Yuktayam<br>Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Ashland, NH<br>Sun 8 Sutra 244 |                     |
| Kanya Rasi: 15.24        | Tithi 24 – 25 | <b>Gulika</b><br>7:10AM – 8:17AM   | <b>Hasla Until 9:49PM</b>   | <b>Ganesh:</b> Clear   | <b>Sunrise:</b> 7:10AM | <b>Moon 11 - Phase 34 - 12</b> | Vivasasu 5127       |
|                          |               | <b>Yama</b><br>12:47PM – 1:55PM    | Saubhagya Until 1:15AM Sun  | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:10PM  |                                | Vivasasu 5128       |
|                          |               | <b>Rahu</b><br>9:25AM – 10:32AM    | Vanija Until 7:14PM         | <b>Nataraja:</b> Purple  |                        |                                | Vivasasu 5129       |
| Routine Work Marana Yoga |               |                                    | <b>Navami* Until 6:08AM</b> | <b>Moan – Green</b>  |                        |                                | <b>Sivaloka Day</b> |
|                          |               |                                    |                             | <b>Waganeso:Marthali</b>   |                        |                                |                     |

|                                  |               |                                  |                                 |   |                        |                                |                     |
|----------------------------------|---------------|----------------------------------|---------------------------------|---|------------------------|--------------------------------|---------------------|
| <b>2</b>                         |               | <b>Sunday, December 14, 2025</b> |                                 | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Bhanu Vasara Yuktayam<br>Hashta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau |                        | Ashland, NH<br>Sun 9 Sutra 245 |                     |
| Kanya Rasi: 27.24                | Tithi 25 – 26 | <b>Gulika</b><br>1:55PM – 3:02PM | <b>Chitra Until 12:40AM Mon</b> | <b>Ganesh:</b> Clear  | <b>Sunrise:</b> 7:10AM | <b>Moon 11 - Phase 34 - 9</b>  | Vivasasu 5127       |
|                                  |               | <b>Yama</b><br>11:40AM – 12:48PM | Sobhana Until 2:02AM Mon        | <b>Muruga:</b> Yellow   | <b>Sunset:</b> 4:10PM  |                                | Vivasasu 5128       |
|                                  |               | <b>Rahu</b><br>3:02PM – 4:10PM   | Bava Until 9:38PM               | <b>Nataraja:</b> Purple   |                        |                                | Vivasasu 5129       |
| Creative Work Siddha Yoga        |               |                                  | <b>Dashami Until 8:23AM</b>     | <b>Moan – Green</b>   |                        |                                | <b>Sivaloka Day</b> |
| Then Routine Work Mon            |               |                                  |                                 | <b>Waganeso:Marthali</b>  |                        |                                |                     |
| Then Creative Work - Amrita Yoga |               |                                  |                                 |   |                        |                                |                     |

|                                 |               |                                   |                                |   |                        |                                 |                     |
|---------------------------------|---------------|-----------------------------------|--------------------------------|---|------------------------|---------------------------------|---------------------|
| <b>3</b>                        |               | <b>Monday, December 15, 2025</b>  |                                | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Indu Vasara Yuktayam<br>Svali Nakshatra Ahiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Ashland, NH<br>Sun 10 Sutra 246 |                     |
| Tula Rasi: 9.17                 | Tithi 26 – 27 | <b>Gulika</b><br>12:48PM – 1:55PM | <b>Svali Until 3:31AM Tue</b>  | <b>Ganesh:</b> Clear  | <b>Sunrise:</b> 7:11AM | <b>Moon 11 - Phase 34 - 10</b>  | Vivasasu 5127       |
| <b>Family Home Evening</b>      |               | <b>Yama</b><br>10:33AM – 11:41AM  | Ahiganda* Until 2:54AM Tue     | <b>Muruga:</b> Yellow   | <b>Sunset:</b> 4:10PM  |                                 | Vivasasu 5128       |
|                                 |               | <b>Rahu</b><br>8:18AM – 9:26AM    | Kaulava Until 12:13AM Tue      | <b>Nataraja:</b> Purple   |                        |                                 | Vivasasu 5129       |
| Creative Work Amrita Yoga       |               |                                   | <b>Ekadashi* Until 10:54AM</b> | <b>Moan – Green</b>   |                        |                                 | <b>Sivaloka Day</b> |
| Until 3:31AM Tue                |               | <b>Markali Pillayar</b>           |                                | <b>Waganeso:Marthali</b>  |                        |                                 |                     |
| Then Routine Work - Marana Yoga |               |                                   |                                |   |                        |                                 |                     |

|                                  |               |                                    |                                  |  |                        |                                 |                     |
|----------------------------------|---------------|------------------------------------|----------------------------------|--|------------------------|---------------------------------|---------------------|
| <b>4</b>                         |               | <b>Tuesday, December 16, 2025</b>  |                                  | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Mangala Vasara Yuktayam<br>Vishakha Nakshatra Sukarma Yoga Talila/Gara Karana Dvadashi/Trajodishyam Titau |                        | Ashland, NH<br>Sun 11 Sutra 247 |                     |
| Tula Rasi: 21.08                 | Tithi 27 – 28 | <b>Gulika</b><br>11:41AM – 12:48PM | <b>Vishakha Until 6:42AM Wed</b> | <b>Ganesh:</b> Clear   | <b>Sunrise:</b> 7:12AM | <b>Moon 11 - Phase 34 - 11</b>  | Vivasasu 5127       |
|                                  |               | <b>Yama</b><br>9:26AM – 10:34AM    | Sukarma Until 3:46AM Wed         | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:10PM  |                                 | Vivasasu 5128       |
|                                  |               | <b>Rahu</b><br>1:56PM – 3:03PM     | Gara Until 2:49AM Wed            | <b>Nataraja:</b> Purple  |                        |                                 | Vivasasu 5129       |
| Routine Work Marana Yoga         |               |                                    | <b>Dvadashi* Until 1:30PM</b>    | <b>Moan – Orange</b>   |                        |                                 | <b>Sivaloka Day</b> |
| Until 6:42AM Wed                 |               |                                    |                                  | <b>Waganeso:Marthali</b>   |                        |                                 |                     |
| Then Creative Work - Siddha Yoga |               |                                    |                                  | <b>Pradosha Vata (Fasting)</b>   |                        |                                 |                     |

|                                       |               |                                     |                                 |  |                        |                                 |                     |
|---------------------------------------|---------------|-------------------------------------|---------------------------------|--|------------------------|---------------------------------|---------------------|
| <b>5</b>                              |               | <b>Wednesday, December 17, 2025</b> |                                 | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Butha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Dhriti Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau |                        | Ashland, NH<br>Sun 12 Sutra 248 |                     |
| Wischika Rasi: 2.59                   | Tithi 28 – 29 | <b>Gulika</b><br>10:34AM – 11:42AM  | <b>Vishakha Until 6:42AM</b>    | <b>Ganesh:</b> Clear   | <b>Sunrise:</b> 7:13AM | <b>Moon 11 - Phase 34 - 12</b>  | Vivasasu 5127       |
|                                       |               | <b>Yama</b><br>8:20AM – 9:27AM      | Dhriti Until 4:35AM Thu         | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:11PM  |                                 | Vivasasu 5128       |
|                                       |               | <b>Rahu</b><br>11:42AM – 12:49PM    | Visi Until 5:19AM Thu           | <b>Nataraja:</b> Purple  |                        |                                 | Vivasasu 5129       |
| Creative Work Siddha Yoga             |               |                                     | <b>Trayodashi* Until 4:04PM</b> | <b>Moan – Orange</b>   |                        |                                 | <b>Sivaloka Day</b> |
| Until 9:35AM                          |               |                                     |                                 | <b>Waganeso:Marthali</b>   |                        |                                 |                     |
| Then Routine Work - Prabalashita Yoga |               |                                     |                                 |  |                        |                                 |                     |

|                                       |          |                                    |                                  |  |                        |                                 |                     |
|---------------------------------------|----------|------------------------------------|----------------------------------|--|------------------------|---------------------------------|---------------------|
| <b>6</b>                              |          | <b>Thursday, December 18, 2025</b> |                                  | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Shula* Yoga Satupada*/Naga* Karana Chaturdashyam Titau |                        | Ashland, NH<br>Sun 13 Sutra 249 |                     |
| Wischika Rasi: 14.52                  | Tithi 29 | <b>Gulika</b><br>9:28AM – 10:35AM  | <b>Anuradha Until 9:35AM</b>     | <b>Ganesh:</b> Clear   | <b>Sunrise:</b> 7:13AM | <b>Moon 11 - Phase 34 - 13</b>  | Vivasasu 5127       |
|                                       |          | <b>Yama</b><br>7:13AM – 8:20AM     | Shula* Until 5:13AM Fri          | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:11PM  |                                 | Vivasasu 5128       |
|                                       |          | <b>Rahu</b><br>12:49PM – 1:57PM    | Sakuni Until 6:28PM              | <b>Nataraja:</b> Purple  |                        |                                 | Vivasasu 5129       |
| Creative Work Siddha Yoga             |          |                                    | <b>Chaturdashi* Until 6:28PM</b> | <b>Moan – Orange</b>   |                        |                                 | <b>Sivaloka Day</b> |
| Until 9:35AM                          |          |                                    |                                  | <b>Waganeso:Marthali</b>   |                        |                                 |                     |
| Then Routine Work - Prabalashita Yoga |          |                                    |                                  |  |                        |                                 |                     |

|                                  |          |                                       |                                |   |                        |                                 |                     |
|----------------------------------|----------|---------------------------------------|--------------------------------|---|------------------------|---------------------------------|---------------------|
| <b>Retreat Star</b>              |          | <b>Friday, December 19, 2025</b>      |                                | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ganda* Yoga Caluspada*/Naga* Karana Amavasyayam Titau |                        | Ashland, NH<br>Sun 14 Sutra 250 |                     |
| Wischika Rasi: 26.5              | Tithi 30 | <b>Gulika</b><br>8:21AM – 9:28AM      | <b>Jyeshtha* Until 12:08PM</b> | <b>Ganesh:</b> Purple   | <b>Sunrise:</b> 7:14AM | <b>Moon 11 - Phase 34 - 12</b>  | Vivasasu 5127       |
|                                  |          | <b>Yama</b><br>1:57PM – 3:04PM        | Ganda* Until 5:43AM Sat        | <b>Muruga:</b> Yellow   | <b>Sunset:</b> 4:11PM  |                                 | Vivasasu 5128       |
|                                  |          | <b>Rahu</b><br>10:35AM – 11:43AM      | Caluspada Until 7:37AM         | <b>Nataraja:</b> Purple   |                        |                                 | Vivasasu 5129       |
| Routine Work Marana Yoga         |          |                                       | <b>Amavasya* Until 8:41PM</b>  | <b>Moan – Orange</b>  |                        |                                 | <b>Devaloka Day</b> |
| Until 12:08PM                    |          | <b>Hanumath Jayanthi (Tamil Nadu)</b> |                                | <b>Waganeso:Marthali</b>  |                        |                                 |                     |
| Then Creative Work - Amrita Yoga |          |                                       |                                |   |                        |                                 |                     |

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| <b>Retreat Star</b>              |         | <b>Saturday, December 20, 2025</b> |                                | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho: Mania Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Ashland, NH<br>Sun 15 Sutra 251 |                     |
| Dhanus Rasi: 8.53                | Tithi 1 | <b>Gulika</b><br>7:14AM – 8:22AM   | <b>Mula* Until 2:48PM</b>      | <b>Ganesh:</b> Light Blue   | <b>Sunrise:</b> 7:14AM | <b>Moon 11 - Phase 34 - 15</b>  | Vivasasu 5127       |
|                                  |         | <b>Yama</b><br>12:50PM – 1:57PM    | Widdhi Until 6:02AM Sun        | <b>Muruga:</b> Yellow   | <b>Sunset:</b> 4:12PM  |                                 | Vivasasu 5128       |
|                                  |         | <b>Rahu</b><br>9:29AM – 10:36AM    | Kintughna Until 9:43AM         | <b>Nataraja:</b> Purple   |                        |                                 | Vivasasu 5129       |
| Creative Work Siddha Yoga        |         |                                    | <b>Prathama* Until 10:38PM</b> | <b>Moan – Light Blue</b>  |                        |                                 | <b>Devaloka Day</b> |
| Until 12:08PM                    |         |                                    |                                | <b>Prathama:Marthali</b>  |                        |                                 |                     |
| Then Creative Work - Amrita Yoga |         |                                    |                                |   |                        |                                 |                     |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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| 1 Sunday, December 21, 2025      |          | Viswasa Nama Samvatsare Dakshinye Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Varsara Yuktayam<br>Purvashada/Uttarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Tilau |                                   |                           |                 | Ashland, NH<br>Sutra 252<br>Vasvasu 5127 |
|----------------------------------|----------|---|-----------------------------------|---------------------------|-----------------|--|
| Dhanus Rasi: 21.02               | Tilthi 2 | <b>Gulika</b> 1:58PM - 3:05PM   | <b>Purvashada* Untill 5:02PM</b>  | <b>Ganesh:</b> Light Blue | Sunrise: 7:54AM | Sun 16                                   |
|                                  |          | <b>Yama</b> 11:44AM - 12:51PM   | <b>Vridhi Untill 6:02AM</b>       | <b>Muruga:</b> Yellow     | Sunset: 4:19PM  | Moon 11 - Phase 35 - 17                  |
| Creative Work Siddha Yoga        |          | <b>Rahu</b> 3:05PM - 4:12PM   | <b>Balava Untill 11:32AM</b>      | <b>Nataraja:</b> Purple   |                 | 3rd Phase                                |
| Untill 5:02PM                    |          |   | <b>Dvitiya Untill 12:19AM Mon</b> | <b>Moan - Light Blue</b>  |                 |  |
| Then Creative Work - Amrita Yoga |          | <b>Day 1 of Pancha Ganapati</b>   |                                   | <b>Pancha/Bhakti</b>      |                 | <b>Devaloka Day</b>                      |

| 2 Monday, December 22, 2025      |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Indu Varsara Yuktayam<br>Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Tilau |                                  |                           |                 | Ashland, NH<br>Sutra 253<br>Vasvasu 5127 |
|----------------------------------|----------|--|----------------------------------|---------------------------|-----------------|--|
| Makara Rasi: 3.17                | Tilthi 3 | <b>Gulika</b> 12:51PM - 1:58PM   | <b>Uttarashada Untill 6:50PM</b> | <b>Ganesh:</b> Light Blue | Sunrise: 7:54AM | Sun 17                                   |
| <b>Family Home Evening</b>       |          | <b>Yama</b> 10:37AM - 11:44AM  | <b>Dhruva Untill 6:07AM</b>      | <b>Muruga:</b> Yellow     | Sunset: 4:19PM  | Moon 11 - Phase 35 - 17                  |
| Routine Work Marana Yoga         |          | <b>Rahu</b> 8:23AM - 9:30AM  | <b>Talilla Untill 1:04PM</b>     | <b>Nataraja:</b> Purple   |                 | 3rd Phase                                |
| Untill 6:50PM                    |          |  | <b>Tritiya Untill 1:42AM Tue</b> | <b>Moan - Light Blue</b>  |                 |  |
| Then Creative Work - Amrita Yoga |          | <b>Day 2 of Pancha Ganapati</b>  |                                  | <b>Pancha/Bhakti</b>      |                 | <b>Devaloka Day</b>                      |

| 3 Tuesday, December 23, 2025 |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Varsara Yuktayam<br>Uttarashada Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthiyam Tilau |                                     |                         |                 | Ashland, NH<br>Sutra 254<br>Vasvasu 5127 |
|------------------------------|----------|---|-------------------------------------|-------------------------|-----------------|--|
| Makara Rasi: 15.41           | Tilthi 4 | <b>Gulika</b> 11:45AM - 12:52PM   | <b>Shravana Untill 8:37PM</b>       | <b>Ganesh:</b> Purple   | Sunrise: 7:54AM | Sun 18                                   |
|                              |          | <b>Yama</b> 9:30AM - 10:37AM  | <b>Harshana Untill 5:32AM Wed</b>   | <b>Muruga:</b> Yellow   | Sunset: 4:19PM  | Moon 11 - Phase 35 - 17                  |
| Creative Work Siddha Yoga    |          | <b>Rahu</b> 1:59PM - 3:06PM   | <b>Vanija Untill 2:16PM</b>         | <b>Nataraja:</b> Purple |                 | 3rd Phase                                |
|                              |          |   |                                     | <b>Moan - Purple</b>    |                 |  |
|                              |          | <b>Day 3 of Pancha Ganapati</b>   | <b>Chaturthi* Untill 2:42AM Wed</b> | <b>Pancha/Bhakti</b>    |                 | <b>Devaloka Day</b>                      |

| 4 Wednesday, December 24, 2025   |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Budha Varsara Yuktayam<br>Shravana Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Tilau |                                   |                         |                 | Ashland, NH<br>Sutra 255<br>Vasvasu 5127 |
|----------------------------------|----------|---|-----------------------------------|-------------------------|-----------------|--|
| Makara Rasi: 28.16               | Tilthi 5 | <b>Gulika</b> 10:38AM - 11:45AM   | <b>Dhanishtha Untill 9:49PM</b>   | <b>Ganesh:</b> Purple   | Sunrise: 7:54AM | Sun 19                                   |
|                                  |          | <b>Yama</b> 8:24AM - 9:31AM   | <b>Vajra* Untill 4:44AM Thu</b>   | <b>Muruga:</b> Yellow   | Sunset: 4:19PM  | Moon 11 - Phase 35 - 17                  |
| Routine Work Prabalarishta Yoga  |          | <b>Rahu</b> 11:45AM - 12:52PM   | <b>Bava Untill 3:03PM</b>         | <b>Nataraja:</b> Purple |                 | 3rd Phase                                |
| Untill 9:49PM                    |          |   |                                   | <b>Moan - Purple</b>    |                 |  |
| Then Creative Work - Siddha Yoga |          | <b>Day 4 of Pancha Ganapati</b>   | <b>Panchami Untill 3:15AM Thu</b> | <b>Pancha/Bhakti</b>    |                 | <b>Devaloka Day</b>                      |

| 5 Thursday, December 25, 2025 |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Guru Varsara Yuktayam<br>Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Tilau |                                    |                         |                 | Ashland, NH<br>Sutra 256<br>Vasvasu 5127 |
|-------------------------------|----------|---|------------------------------------|-------------------------|-----------------|--|
| Kumbha Rasi: 11.02            | Tilthi 6 | <b>Gulika</b> 9:31AM - 10:38AM  | <b>Shalabhishak Untill 10:23PM</b> | <b>Ganesh:</b> Purple   | Sunrise: 7:54AM | Sun 20                                   |
|                               |          | <b>Yama</b> 7:17AM - 8:24AM   | <b>Siddhi Untill 3:22AM Fri</b>    | <b>Muruga:</b> Yellow   | Sunset: 4:19PM  | Moon 11 - Phase 35 - 20                  |
| Creative Work Siddha Yoga     |          | <b>Rahu</b> 12:53PM - 2:00PM  | <b>Kaulava Untill 3:21PM</b>       | <b>Nataraja:</b> Purple |                 | 3rd Phase                                |
|                               |          |   |                                    | <b>Moan - Purple</b>    |                 |  |
|                               |          | <b>Day 5 of Pancha Ganapati</b>   | <b>Shashthi* Untill 3:17AM Fri</b> | <b>Pancha/Bhakti</b>    |                 | <b>Devaloka Day</b>                      |
|                               |          | <b>Vinayaga Viratam Ends</b>  |                                    |                         |                 |  |

| 6 Friday, December 26, 2025 |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Varsara Yuktayam<br>Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthamyam Tilau |   |                        |                 | Ashland, NH<br>Sutra 257<br>Vasvasu 5127 |
|-----------------------------|----------|--|---|------------------------|-----------------|--|
| Kumbha Rasi: 24.04          | Tilthi 7 | <b>Gulika</b> 8:24AM - 9:32AM  | <b>Purvashrothapada* Untill 10:41PM</b> | <b>Ganesh:</b> Green   | Sunrise: 7:54AM | Sun 21                                   |
|                             |          | <b>Yama</b> 2:01PM - 3:08PM  | <b>Vyalipala* Untill 1:53AM Sat</b>     | <b>Muruga:</b> Yellow  | Sunset: 4:19PM  | Moon 11 - Phase 35 - 21                  |
| Creative Work Siddha Yoga   |          | <b>Rahu</b> 10:39AM - 11:46AM  | <b>Gara Untill 3:05PM</b>               | <b>Nataraja:</b> Clear |                 | 3rd Phase                                |
|                             |          |  | <b>Saptami Untill 2:43AM Sat</b>        | <b>Moan - Clear</b>    |                 |  |
|                             |          |  |   | <b>Pancha/Bhakti</b>   |                 | <b>Bhuloka Day</b>                       |
|                             |          |  |   |                        |                 | Devaloka Time: 3PM to 6PM                |

| Saturday, December 27, 2025            |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mania Varsara Yuktayam<br>Uttarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtamyam Tilau |   |                        |                 | Ashland, NH<br>Sutra 258<br>Vasvasu 5127 |
|--|----------|--|---|------------------------|-----------------|--|
| <b>Retreat Star</b>                    |          | <b>Gulika</b> 7:17AM - 8:25AM  | <b>Uttarashrothapada Untill 10:14PM</b> | <b>Ganesh:</b> Green   | Sunrise: 7:54AM | Sun 22                                   |
| Meena Rasi: 7.25                       | Tilthi 8 | <b>Yama</b> 12:54PM - 2:01PM   | <b>Varjyan Untill 11:43PM</b>           | <b>Muruga:</b> Yellow  | Sunset: 4:19PM  | Moon 11 - Phase 35 - 22                  |
| Creative Work Siddha Yoga              |          | <b>Rahu</b> 9:32AM - 10:39AM   | <b>Visli Untill 2:13PM</b>              | <b>Nataraja:</b> Clear |                 | Ashtami                                  |
| Untill 10:14PM                         |          |  |   | <b>Moan - Clear</b>    |                 |  |
| Then Routine Work - Prabalarishta Yoga |          |  | <b>Ashtami* Untill 1:31AM Sun</b>       | <b>Pancha/Bhakti</b>   |                 | <b>Bhuloka Day</b>                       |
|  |          |  |   |                        |                 | Devaloka Time: 3PM to 6PM                |

| Sunday, December 28, 2025        |          | Viswasa Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Varsara Yuktayam<br>Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Tilau |                               |                        |                 | Ashland, NH<br>Sutra 259<br>Vasvasu 5127 |
|----------------------------------|----------|--|-------------------------------|------------------------|-----------------|--|
| <b>Retreat Star</b>              |          | <b>Gulika</b> 2:02PM - 3:09PM  | <b>Revati Untill 9:01PM</b>   | <b>Ganesh:</b> Green   | Sunrise: 7:54AM | Sun 23                                   |
| Meena Rasi: 21.08                | Tilthi 9 | <b>Yama</b> 11:47AM - 12:55PM  | <b>Parigha* Untill 9:05PM</b> | <b>Muruga:</b> Yellow  | Sunset: 4:19PM  | Moon 11 - Phase 35 - 23                  |
| Creative Work Amrita Yoga        |          | <b>Rahu</b> 3:09PM - 4:17PM  | <b>Balava Untill 12:42PM</b>  | <b>Nataraja:</b> Clear |                 | Navami                                   |
| Untill 9:01PM                    |          |  | <b>Navami* Untill 11:42PM</b> | <b>Moan - Clear</b>    |                 |  |
| Then Creative Work - Siddha Yoga |          |  |                               | <b>Pancha/Bhakti</b>   |                 | <b>Bhuloka Day</b>                       |
|                                  |          |  |                               |                        |                 | Devaloka Time: 3PM to 6PM                |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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|                                    |             |  |                             |                        |                        |                                 |
|------------------------------------|-------------|--|-----------------------------|------------------------|------------------------|---------------------------------|
| <b>1 Monday, December 29, 2025</b> |             | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Ashlind, NH<br>Ashvini Nakshatra Shiva/Siddha Yoga Tailla/Gara Karana Dashamyam Titau Sun 24 Sutra 260 |                             |                        |                        |                                 |
|                                    |             | <b>Gulika</b> 12:55PM - 2:03PM   | <b>Ashvini Until 7:32PM</b> | <b>Ganesh:</b> Red     | <b>Sunrise:</b> 7:16AM | <b>Vasava:</b> 5:17             |
| Mesha Rasi: 5.13                   | Tithi 10    | Yama 10:40AM - 11:48AM   | Shiva Until 5:59PM          | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:17PM  | <b>Moon 11 - Phase:</b> 36 - 24 |
| <b>Family Home Evening</b>         |             | <b>Rahu</b> 8:25AM - 9:33AM  | Tailla Until 10:36AM        | <b>Nataraja:</b> Clear |                        | 4th Phase                       |
| Creative Work                      | Siddha Yoga |  | <b>Dashami Until 9:20PM</b> | Moon - White           |                        | <b>Devaloka Day</b>             |
|                                    |             |  |                             | <b>Paasha-Makal</b>    |                        |                                 |

|                                     |             |  |                              |                        |                        |                                 |
|-------------------------------------|-------------|--|------------------------------|------------------------|------------------------|---------------------------------|
| <b>2 Tuesday, December 30, 2025</b> |             | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam Ashlind, NH<br>Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Vanja/Visi Karana Ekadashyam Titau Sun 25 Sutra 261 |                              |                        |                        |                                 |
|                                     |             | <b>Gulika</b> 11:48AM - 12:56PM  | <b>Bharani Until 5:25PM</b>  | <b>Ganesh:</b> Red     | <b>Sunrise:</b> 7:16AM | <b>Vasava:</b> 5:17             |
| Mesha Rasi: 19.4                    | Tithi 11    | Yama 9:33AM - 10:41AM  | Siddha Until 2:28PM          | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:16PM  | <b>Moon 11 - Phase:</b> 36 - 25 |
| <b>Family Home Evening</b>          |             | <b>Rahu</b> 2:03PM - 3:11PM  | Vanija Until 7:58AM          | <b>Nataraja:</b> Clear |                        | 4th Phase                       |
| Creative Work                       | Siddha Yoga |  | <b>Ekadashi Until 6:28PM</b> | Moon - White           |                        | <b>Devaloka Day</b>             |
|                                     |             | <b>Valakuntha Ekadasi</b>  |                              | <b>Paasha-Makal</b>    |                        |                                 |

|                                       |               |  |                              |                        |                        |                                 |
|---------------------------------------|---------------|--|------------------------------|------------------------|------------------------|---------------------------------|
| <b>3 Wednesday, December 31, 2025</b> |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Budha Vasara Yuktayam Ashlind, NH<br>Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 262 |                              |                        |                        |                                 |
|                                       |               | <b>Gulika</b> 10:41AM - 11:49AM  | <b>Krittika Until 2:49PM</b> | <b>Ganesh:</b> Red     | <b>Sunrise:</b> 7:16AM | <b>Vasava:</b> 5:17             |
| Wishabha Rasi: 4.25                   | Tithi 12 - 13 | Yama 8:26AM - 9:33AM   | Sadhya Until 10:40AM         | <b>Muruga:</b> Yellow  | <b>Sunset:</b> 4:16PM  | <b>Moon 11 - Phase:</b> 36 - 26 |
| <b>Family Home Evening</b>            |               | <b>Rahu</b> 11:49AM - 12:56PM  | Kaulava Until 1:36AM Thu     | <b>Nataraja:</b> Clear |                        | 4th Phase                       |
| Creative Work                         | Amrita Yoga   |  | <b>Dvadashi Until 3:16PM</b> | Moon - White           |                        | <b>Devaloka Day</b>             |
| Until 2:49PM                          |               |  |                              | <b>Paasha-Makal</b>    |                        |                                 |
| Then Creative Work                    | Siddha Yoga   |  |                              | <b>Pradosha Vata</b>   |                        |                                 |

|                                    |               |  |                                 |                        |                        |                                 |
|------------------------------------|---------------|--|---------------------------------|------------------------|------------------------|---------------------------------|
| <b>4 Thursday, January 1, 2026</b> |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yuktayam Ashlind, NH<br>Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 263 |                                 |                        |                        |                                 |
|                                    |               | <b>Gulika</b> 9:34AM - 10:41AM   | <b>Rohini Until 12:17PM</b>     | <b>Ganesh:</b> Blue    | <b>Sunrise:</b> 7:16AM | <b>Vasava:</b> 5:17             |
| Wishabha Rasi: 19.23               | Tithi 13 - 14 | Yama 7:18AM - 8:26AM   | Subha Until 6:41AM              | <b>Muruga:</b> White   | <b>Sunset:</b> 4:20PM  | <b>Moon 11 - Phase:</b> 36 - 27 |
| <b>Family Home Evening</b>         |               | <b>Rahu</b> 12:57PM - 2:04PM   | Gara Until 10:09PM              | <b>Nataraja:</b> Clear |                        | 4th Phase                       |
| Routine Work                       | Marana Yoga   |  | <b>Trayodashi Until 11:52AM</b> | Moon - Yellow          |                        | <b>Devaloka Day</b>             |
|                                    |               |  |                                 | <b>Paasha-Makal</b>    |                        |                                 |

|                                |               |   |                                 |                        |                        |                                 |
|--------------------------------|---------------|---|---------------------------------|------------------------|------------------------|---------------------------------|
| <b>Friday, January 2, 2026</b> |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam Ashlind, NH<br>Migashira/Ardra Nakshatra Brahma Yoga Vanja/Visi Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 264 |                                 |                        |                        |                                 |
|                                |               | <b>Gulika</b> 8:26AM - 9:34AM   | <b>Mrigashira Until 9:34AM</b>  | <b>Ganesh:</b> Blue    | <b>Sunrise:</b> 7:16AM | <b>Vasava:</b> 5:17             |
| Mithuna Rasi: 4.25             | Tithi 14 - 15 | Yama 2:05PM - 3:13PM  | Brahma Until 10:35PM            | <b>Muruga:</b> White   | <b>Sunset:</b> 4:21PM  | <b>Moon 11 - Phase:</b> 36 - 28 |
| <b>Family Home Evening</b>     |               | <b>Rahu</b> 10:42AM - 11:50AM   | Visi Until 6:44PM               | <b>Nataraja:</b> Clear |                        | Purnima                         |
| Creative Work                  | Siddha Yoga   |   | <b>Chaturdashi Until 8:25AM</b> | Moon - Yellow          |                        | <b>Devaloka Day</b>             |
|                                |               |   |                                 | <b>Paasha-Makal</b>    |                        |                                 |

|                                  |             |   |                                  |                        |                        |                                 |
|----------------------------------|-------------|---|----------------------------------|------------------------|------------------------|---------------------------------|
| <b>Saturday, January 3, 2026</b> |             | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mania Vasara Yuktayam Ashlind, NH<br>Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 265 |                                  |                        |                        |                                 |
|                                  |             | <b>Gulika</b> 7:18AM - 8:26AM   | <b>Ardra Until 6:51AM</b>        | <b>Ganesh:</b> Blue    | <b>Sunrise:</b> 7:16AM | <b>Vasava:</b> 5:17             |
| Mithuna Rasi: 19.23              | Tithi 16    | Yama 12:58PM - 2:05PM   | Indra Until 6:47PM               | <b>Muruga:</b> White   | <b>Sunset:</b> 4:22PM  | <b>Moon 11 - Phase:</b> 36 - 29 |
| <b>Family Home Evening</b>       |             | <b>Rahu</b> 9:34AM - 10:42AM  | Balava Until 3:32PM              | <b>Nataraja:</b> Clear |                        | Prathama                        |
| Creative Work                    | Siddha Yoga |   | <b>Prathama Until 2:03AM Sun</b> | Moon - Yellow          |                        | <b>Devaloka Day</b>             |
|                                  |             |   |                                  | <b>Paasha-Makal</b>    |                        |                                 |
|                                  |             | <b>Ardra Darshanam</b>  |                                  |                        |                        |                                 |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Sunday, January 4, 2026**  
**Gold Retreat Star**

|                           |          |  |  |   |  |   |
|---------------------------|----------|--|--|---|--|---|
|                           |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Ashland, NH<br>Pushya Nakshatra Vaidhri/Vishkambha* Yoga Talila/Gara Karana Dvityayam Titau Sutra 266 |  |   |  |   |
| Kataka Rasi: 4.06         | Tithi 17 | <b>Gulika</b><br>Yama<br>Rahu  | <b>2:07PM – 3:15PM</b><br>11:51AM – 12:59PM<br>3:15PM – 4:23PM | <b>Pushya Until 2:55AM Mon</b><br>Vaidhri* Until 3:18PM<br>Talila Until 12:43PM<br><b>Dvitiya Until 11:29PM</b> | <b>Ganesh: Red</b> Sunrise: 7:18AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Blue | Vasavasa 5:127<br>Moon 12 - Phase 37 - 1st Phase<br><b>Sivaloka Day</b> |
| Creative Work Siddha Yoga |          |  |  |   |  |   |

**1**

**Monday, January 5, 2026**

|                           |          |  |   |   |   |   |
|---------------------------|----------|--|---|---|---|---|
|                           |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indru Vasara Yuktayam Ashland, NH<br>Ashlesha* Nakshatra Vishkambha* Priti Yoga Vanija/Visli* Karana Tritiyayam Titau Sun 1 Sutra 267 |   |   |   |   |
| Kataka Rasi: 18.28        | Tithi 18 | <b>Gulika</b><br>Yama<br>Rahu  | <b>12:59PM – 2:07PM</b><br>10:43AM – 11:51AM<br>8:27AM – 9:35AM | <b>Ashlesha* Until 1:38AM Tue</b><br>Vishkambha* Until 12:16PM<br>Vanija Until 10:27AM<br><b>Tritiya Until 9:33PM</b> | <b>Ganesh: Yellow</b> Sunrise: 7:18AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Blue | Vasavasa 5:127<br>Moon 12 - Phase 37 - 1st Phase<br><b>Sivaloka Day</b> |
| Creative Work Siddha Yoga |          | Subramuniyaswamy Jayanti   |   | Pancha/Bhakti   |   |   |

**2**

**Tuesday, January 6, 2026**

|                                  |          |  |  |   |   |   |
|----------------------------------|----------|--|--|---|---|---|
|                                  |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam Ashland, NH<br>Magha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthiyam Titau Sun 2 Sutra 268 |  |   |   |   |
| Simha Rasi: 2.24                 | Tithi 19 | <b>Gulika</b><br>Yama<br>Rahu  | <b>11:51AM – 1:00PM</b><br>9:35AM – 10:43AM<br>2:08PM – 3:16PM | <b>Magha* Until 1:24AM Wed</b><br>Priti Until 9:50AM<br>Bava Until 8:52AM<br><b>Chaturthi* Until 8:22PM</b> | <b>Ganesh: White</b> Sunrise: 7:18AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Red | Vasavasa 5:127<br>Moon 12 - Phase 37 - 2 1st Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga        |          |  |  |   |   |   |
| Until 1:24AM Wed                 |          |  |  |   |   |   |
| Then Creative Work - Amrita Yoga |          |  |  |   |   |   |

**3**

**Wednesday, January 7, 2026**

|                           |          |  |   |  |   |   |
|---------------------------|----------|--|---|--|---|---|
|                           |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam Ashland, NH<br>Sinhha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Talila Karana Panchmiam Titau Sun 3 Sutra 269 |   |  |   |   |
| Simha Rasi: 15.52         | Tithi 20 | <b>Gulika</b><br>Yama<br>Rahu  | <b>10:43AM – 11:52AM</b><br>8:27AM – 9:35AM<br>11:52AM – 1:00PM | <b>Purvaphalguni Until 1:52AM Thu</b><br>Ayushman Until 8:01AM<br>Kaulava Until 8:07AM<br><b>Panchami Until 8:03PM</b> | <b>Ganesh: White</b> Sunrise: 7:18AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Red | Vasavasa 5:127<br>Moon 12 - Phase 37 - 3 1st Phase<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga |          |  |   |  |   |   |

**4**

**Thursday, January 8, 2026**

|                   |          |   |   |  |   |   |
|-------------------|----------|---|---|--|---|---|
|                   |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam Ashland, NH<br>Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthiyam Titau Sun 4 Sutra 270 |   |  |   |   |
| Simha Rasi: 28.52 | Tithi 21 | <b>Gulika</b><br>Yama<br>Rahu   | <b>9:35AM – 10:44AM</b><br>7:18AM – 8:27AM<br>1:01PM – 2:09PM | <b>Uttaraphalguni Until 3:00AM Fri</b><br>Saubhagya Until 6:53AM<br>Gara Until 8:14AM<br><b>Shashthi* Until 8:35PM</b> | <b>Ganesh: White</b> Sunrise: 7:18AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Red | Vasavasa 5:127<br>Moon 12 - Phase 37 - 4 1st Phase<br><b>Devaloka Day</b> |
| Amrita Yoga       |          |   |   |  |   |   |

**5**

**Friday, January 9, 2026**

|                                 |          |  |  |  |   |   |
|---------------------------------|----------|--|--|--|---|---|
|                                 |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam Ashland, NH<br>Kanya Nakshatra Sobhana/Alhiganda* Yoga Vavala/Kaulava Karana Saptamiyam Titau Sun 5 Sutra 271 |  |  |   |   |
| Kanya Rasi: 11.28               | Tithi 22 | <b>Gulika</b><br>Yama<br>Rahu  | <b>8:27AM – 9:35AM</b><br>2:10PM – 3:19PM<br>10:44AM – 11:53AM | <b>Hasla Until 5:10AM Sat</b><br>Sobhana Until 6:24AM<br>Visli Until 9:11AM<br><b>Saptami Until 9:56PM</b> | <b>Ganesh: Clear</b> Sunrise: 7:18AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Green | Vasavasa 5:127<br>Moon 12 - Phase 37 - 5 1st Phase<br><b>Sivaloka Day</b> |
| Creative Work Amrita Yoga       |          |  |  |  |   |   |
| Until 5:10AM Sat                |          |  |  |  |   |   |
| Then Routine Work - Marana Yoga |          |  |  |  |   |   |

**6**

**Saturday, January 10, 2026**

|                                  |          |  |   |  |   |  |
|----------------------------------|----------|--|---|--|---|--|
|                                  |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Shukla Vasara Yuktayam Ashland, NH<br>Chitra Nakshatra Alhiganda/Sukarma* Yoga Balava/Kaulava Karana Ashtamiyam Titau Sun 6 Sutra 272 |   |  |   |  |
| Kanya Rasi: 23.44                | Tithi 23 | <b>Gulika</b><br>Yama<br>Rahu  | <b>7:17AM – 8:26AM</b><br>1:02PM – 2:11PM<br>9:35AM – 10:44AM | <b>Chitra Until 7:44AM Sun</b><br>Alhiganda* Until 6:28AM<br>Balava Until 10:52AM<br><b>Ashtami* Until 11:54PM</b> | <b>Ganesh: Clear</b> Sunrise: 7:17AM<br><b>Muruga: White</b> Sunset: 4:29PM<br><b>Nataraja: Clear</b><br>Moon – Green | Vasavasa 5:127<br>Moon 12 - Phase 37 - 6<br>Ashtami<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga         |          |  |   |  |   |  |
| Until 7:44AM Sun                 |          |  |   |  |   |  |
| Then Creative Work - Siddha Yoga |          |  |   |  |   |  |

**Sunday, January 11, 2026**

|                           |          |  |   |  |   |   |
|---------------------------|----------|--|---|--|---|---|
|                           |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Ashland, NH<br>Chitra/Svali Nakshatra Sukarma/Dhriti* Yoga Talila/Gara Karana Navamiyam Titau Sun 7 Sutra 273 |   |  |   |   |
| Tula Rasi: 5.47           | Tithi 24 | <b>Gulika</b><br>Yama<br>Rahu  | <b>2:12PM – 3:21PM</b><br>11:54AM – 1:03PM<br>3:21PM – 4:30PM | <b>Chitra Until 7:44AM</b><br>Sukarma Until 6:57AM<br>Talila Until 1:04PM<br><b>Navami* Until 2:17AM Mon</b> | <b>Ganesh: Clear</b> Sunrise: 7:17AM<br><b>Muruga: White</b> Sunset: 4:30PM<br><b>Nataraja: Clear</b><br>Moon – Green | Vasavasa 5:127<br>Moon 12 - Phase 37 - 7<br>Navami<br><b>Sivaloka Day</b> |
| Creative Work Siddha Yoga |          |  |   |  |   |   |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Inana Pada

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                       |               |  |                                       |                              |                 |                         |
|---------------------------------------|---------------|--|---------------------------------------|------------------------------|-----------------|-------------------------|
| <b>1 Monday, January 12, 2026</b>     |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yuktiyam Ashland, NH<br>Svali/Wishkha Nakshatra Dhruti/Shula' Yoga Vanja/Visli' Karana Dashamyam Titau Sun 8 Sutra 274                        |                                       |                              |                 |                         |
| Tula Rasi: 17.42                      | Tithi 25      | <b>Gulika</b> 1:03PM - 2:13PM  | <b>Svali</b> Until 10:27AM            | <b>Ganesh:</b> Clear         | Sunrise: 7:17AM | Vasavasu 5127           |
| <b>Family Home Evening</b>            | 863448576     | <b>Yama</b> 10:45AM - 11:54AM  | <b>Dhruti</b> Until 7:44AM            | <b>Muruga:</b> White         | Sunset: 4:31PM  | Moon 12 - Phase 38 - 8  |
| <b>Creative Work</b> Amrita Yoga      |               | <b>Rahu</b> 8:26AM - 9:35AM  | <b>Vanija</b> Until 3:34PM            | <b>Nataraja:</b> Clear       |                 | 2nd Phase               |
| Until 10:27AM                         |               |  | <b>Dashami</b> Until 4:51AM Tue       | <b>Pradosha</b> <b>Wakul</b> |                 | <b>Sivaloka Day</b>     |
| Then Routine Work - Marana Yoga       |               |  |                                       |                              |                 |                         |
| <b>2 Tuesday, January 13, 2026</b>    |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yuktiyam Ashland, NH<br>Vishakha/Anuradha Nakshatra Shula'Ganda' Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 275                         |                                       |                              |                 |                         |
| Tula Rasi: 29.34                      | Tithi 26      | <b>Gulika</b> 11:54AM - 1:04PM   | <b>Vishakha</b> Until 1:37PM          | <b>Ganesh:</b> Purple        | Sunrise: 7:16AM | Vasavasu 5127           |
|                                       | 873448576     | <b>Yama</b> 9:35AM - 10:45AM   | <b>Shula'</b> Until 8:34AM            | <b>Muruga:</b> White         | Sunset: 4:29PM  | Moon 12 - Phase 38 - 9  |
| <b>Routine Work</b> Marana Yoga       |               | <b>Rahu</b> 2:13PM - 3:23PM  | <b>Bava</b> Until 6:09PM              | <b>Nataraja:</b> Clear       |                 | 2nd Phase               |
| Until 1:37PM                          |               |  | <b>Ekadashi'</b> Until 7:23AM Wed     | <b>Pradosha</b> <b>Wakul</b> |                 | <b>Devaloka Day</b>     |
| Then Creative Work - Siddha Yoga      |               |  |                                       |                              |                 |                         |
| <b>3 Wednesday, January 14, 2026</b>  |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yuktiyam Ashland, NH<br>Anuradha/Jyestha' Nakshatra Ganda'Vidhih' Yoga Babala/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 276      |                                       |                              |                 |                         |
| Wishkha Rasi: 11.26                   | Tithi 26 - 27 | <b>Gulika</b> 10:45AM - 11:55AM  | <b>Anuradha</b> Until 4:32PM          | <b>Ganesh:</b> Purple        | Sunrise: 7:16AM | Vasavasu 5127           |
|                                       | 873448576     | <b>Yama</b> 9:35AM - 10:45AM   | <b>Ganda'</b> Until 9:24AM            | <b>Muruga:</b> White         | Sunset: 4:29PM  | Moon 12 - Phase 38 - 10 |
| <b>Creative Work</b> Siddha Yoga      |               | <b>Rahu</b> 11:55AM - 1:04PM   | <b>Kaulava</b> Until 8:38PM           | <b>Nataraja:</b> Clear       |                 | 2nd Phase               |
|                                       |               |  | <b>Ekadashi'</b> Until 7:23AM         | <b>Pradosha</b> <b>Thai</b>  |                 | <b>Devaloka Day</b>     |
|                                       |               | <b>Thai Pongal</b>   |                                       |                              |                 |                         |
| <b>4 Thursday, January 15, 2026</b>   |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yuktiyam Ashland, NH<br>Jyestha' Nakshatra Vidhih/Dhruva Yoga Talila'Gara Karana Dvadashi'Trayodashyam Titau Sun 11 Sutra 277                 |                                       |                              |                 |                         |
| Wishkha Rasi: 23.22                   | Tithi 27 - 28 | <b>Gulika</b> 9:35AM - 10:45AM   | <b>Jyestha'</b> Until 7:05PM          | <b>Ganesh:</b> Purple        | Sunrise: 7:16AM | Vasavasu 5127           |
|                                       | 873448576     | <b>Yama</b> 7:16AM - 8:25AM  | <b>Vidhih</b> Until 10:05AM           | <b>Muruga:</b> White         | Sunset: 4:29PM  | Moon 12 - Phase 38 - 11 |
| <b>Routine Work</b> Prabalashita Yoga |               | <b>Rahu</b> 1:05PM - 2:15PM  | <b>Gara</b> Until 10:51PM             | <b>Nataraja:</b> Clear       |                 | 2nd Phase               |
| Until 7:05PM                          |               |  | <b>Dvadashi'</b> Until 9:45AM         | <b>Pradosha</b> <b>Thai</b>  |                 | <b>Devaloka Day</b>     |
| Then Creative Work - Siddha Yoga      |               |  | <b>Pradosha</b> <b>Vata (Fasting)</b> |                              |                 |                         |
| <b>5 Friday, January 16, 2026</b>     |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yuktiyam Ashland, NH<br>Mula' Nakshatra Dhruva/Vyaghata' Yoga Vanja/Visli' Karana Trayodashi'Chaturdashyam Titau Sun 12 Sutra 278            |                                       |                              |                 |                         |
| Dhanus Rasi: 5.24                     | Tithi 28 - 29 | <b>Gulika</b> 8:25AM - 9:35AM  | <b>Mula'</b> Until 9:39PM             | <b>Ganesh:</b> Purple        | Sunrise: 7:15AM | Vasavasu 5127           |
|                                       | 884448576     | <b>Yama</b> 2:16PM - 3:26PM  | <b>Dhruva</b> Until 10:32AM           | <b>Muruga:</b> White         | Sunset: 4:36PM  | Moon 12 - Phase 38 - 12 |
| <b>Creative Work</b> Amrita Yoga      |               | <b>Rahu</b> 10:45AM - 11:55AM  | <b>Visli</b> Until 12:45AM Sat        | <b>Nataraja:</b> Clear       |                 | 2nd Phase               |
| Until 9:39PM                          |               |  | <b>Trayodashi'</b> Until 11:50AM      | <b>Pradosha</b> <b>Thai</b>  |                 | <b>Devaloka Day</b>     |
| Then Routine Work - Prabalashita Yoga |               |  |                                       |                              |                 |                         |
| <b>6 Saturday, January 17, 2026</b>   |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yuktiyam Ashland, NH<br>Purvashada' Nakshatra Vyaghata'Harshana Yoga Sakuni'Caluspada' Karana Chaturdashi'Amavasyayam Titau Sun 13 Sutra 279 |                                       |                              |                 |                         |
| Dhanus Rasi: 17.35                    | Tithi 29 - 30 | <b>Gulika</b> 7:15AM - 8:25AM  | <b>Purvashada'</b> Until 11:41PM      | <b>Ganesh:</b> Purple        | Sunrise: 7:15AM | Vasavasu 5127           |
|                                       | 884448576     | <b>Yama</b> 1:06PM - 2:16PM  | <b>Vyaghata'</b> Until 10:44AM        | <b>Muruga:</b> White         | Sunset: 4:37PM  | Moon 12 - Phase 38 - 13 |
| <b>Creative Work</b> Siddha Yoga      |               | <b>Rahu</b> 9:35AM - 10:45AM   | <b>Caluspada</b> Until 2:16AM Sun     | <b>Nataraja:</b> Clear       |                 | Amavasya                |
| Until 11:41PM                         |               |  | <b>Chaturdashi'</b> Until 1:32PM      | <b>Pradosha</b> <b>Thai</b>  |                 | <b>Devaloka Day</b>     |
| Then Routine Work - Marana Yoga       |               |  |                                       |                              |                 |                         |
| <b>Sunday, January 18, 2026</b>       |               | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yuktiyam Ashland, NH<br>Uttarashada' Nakshatra Harshana/Vajra' Yoga Nagp'Kintughna' Karana Amavasya/Prathamayam Titau Sun 14 Sutra 280         |                                       |                              |                 |                         |
| Dhanus Rasi: 29.55                    | Tithi 30 - 1  | <b>Gulika</b> 2:17PM - 3:28PM  | <b>Uttarashada</b> Until 1:10AM Mon   | <b>Ganesh:</b> Purple        | Sunrise: 7:14AM | Vasavasu 5127           |
|                                       | 884448576     | <b>Yama</b> 11:56AM - 1:07PM   | <b>Harshana</b> Until 10:38AM         | <b>Muruga:</b> White         | Sunset: 4:38PM  | Moon 12 - Phase 38 - 14 |
| <b>Creative Work</b> Amrita Yoga      |               | <b>Rahu</b> 3:28PM - 4:38PM  | <b>Kintughna</b> Until 3:21AM Mon     | <b>Nataraja:</b> Clear       |                 | Prathama                |
|                                       |               |  | <b>Amavasya'</b> Until 2:50PM         | <b>Magha</b> <b>Thai</b>     |                 | <b>Devaloka Day</b>     |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Ashland, NH on 2/11/24

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1

Monday, January 19, 2026

|   |             |   |                                   |  |   |
|---|-------------|---|-----------------------------------|--|---|
|   |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yukhtayam<br>Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Titau |                                   |  | Ashland, NH<br>Sutra 281                              |
| Makara Rasi: 12.26                                    | Tithi 1 - 2 | <b>Gulika</b><br>1:07PM - 2:18PM  | <b>Shravana Untill 2:35AM Tue</b> | <b>Ganesh:</b> Light Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - Purple | Sun 15<br>Vasavasa 5127<br>Phase 39 - 15<br>3rd Phase |
| <b>Family Home Evening</b>                            | 894448576   | <b>Yama</b><br>10:46AM - 11:56AM  | <b>Vajra* Untill 10:12AM</b>      | <b>Sunrise:</b> 7:13AM<br><b>Sunset:</b> 4:49PM  | Devaloka Day  |
| <b>Creative Work</b>                                  | Amrita Yoga | <b>Rahu</b><br>8:24AM - 9:35AM  | <b>Balava Untill 4:02AM Tue</b>   | <b>Prathama* Untill 3:44PM</b>   | <b>Devaloka Day</b>                                   |
| Untill 2:35AM Tue<br>Then Creative Work - Siddha Yoga |             | <b>Waghar Thau</b>  |                                   |  |   |

2

Tuesday, January 20, 2026

|                      |             |  |                                     |  |   |
|----------------------|-------------|--|-------------------------------------|--|---|
|                      |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Margala Vasara Yukhtayam<br>Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taila Karana Dvitya/Tritiyayam Titau |                                     |  | Ashland, NH<br>Sutra 282                              |
| Makara Rasi: 25.08   | Tithi 2 - 3 | <b>Gulika</b><br>11:57AM - 1:08PM  | <b>Dhanishtha Untill 3:26AM Wed</b> | <b>Ganesh:</b> Light Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - Purple | Sun 16<br>Vasavasa 5127<br>Phase 39 - 16<br>3rd Phase |
| <b>Creative Work</b> | Siddha Yoga | <b>Yama</b><br>9:35AM - 10:46AM  | <b>Siddhi Untill 9:28AM</b>         | <b>Sunrise:</b> 7:13AM<br><b>Sunset:</b> 4:49PM  | Devaloka Day  |
|                      |             | <b>Rahu</b><br>2:19PM - 3:30PM   | <b>Taila Untill 4:19AM Wed</b>      | <b>Dvitiya Untill 4:12PM</b>   | <b>Devaloka Day</b>                                   |
|                      |             | <b>Waghar Thau</b>   |                                     |  |   |

3

Wednesday, January 21, 2026

|                      |             |   |                                       |  |   |
|----------------------|-------------|---|---------------------------------------|--|---|
|                      |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yukhtayam<br>Shatabhishak Nakshatra Vyatipata* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                                       |  | Ashland, NH<br>Sutra 283                              |
| Kumbha Rasi: 8.02    | Tithi 3 - 4 | <b>Gulika</b><br>10:46AM - 11:57AM  | <b>Shatabhishak Untill 3:46AM Thu</b> | <b>Ganesh:</b> Light Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - Purple | Sun 17<br>Vasavasa 5127<br>Phase 39 - 17<br>3rd Phase |
| <b>Creative Work</b> | Siddha Yoga | <b>Yama</b><br>9:35AM - 10:46AM   | <b>Vyatipata* Untill 8:27AM</b>       | <b>Sunrise:</b> 7:12AM<br><b>Sunset:</b> 4:49PM  | Devaloka Day  |
|                      |             | <b>Rahu</b><br>11:57AM - 1:08PM   | <b>Vanija Untill 4:11AM Thu</b>       | <b>Tritiya Untill 4:17PM</b>   | <b>Devaloka Day</b>                                   |
|                      |             | <b>Waghar Thau</b>  |                                       |  |   |

4

Thursday, January 22, 2026

|                      |             |  |   |  |   |
|----------------------|-------------|--|---|--|---|
|                      |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Garu Vasara Yukhtayam<br>Puravproshthapada Nakshatra Varyan/Parigha* Yoga Vasil/Bava Karana Chaturthi/Panchamyan Titau |   |  | Ashland, NH<br>Sutra 284                              |
| Kumbha Rasi: 21.08   | Tithi 4 - 5 | <b>Gulika</b><br>9:34AM - 10:46AM  | <b>Puravproshthapada* Untill 4:01AM Fri</b> | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - Clear | Sun 18<br>Vasavasa 5127<br>Phase 39 - 18<br>3rd Phase |
| <b>Creative Work</b> | Siddha Yoga | <b>Yama</b><br>8:23AM - 9:35AM   | <b>Varyan Untill 7:05AM</b>                 | <b>Sunrise:</b> 7:11AM<br><b>Sunset:</b> 4:49PM  | Devaloka Day  |
|                      |             | <b>Rahu</b><br>1:09PM - 2:20PM   | <b>Bava Untill 3:41AM Fri</b>               | <b>Chaturthi* Untill 3:58PM</b>  | <b>Devaloka Day</b>                                   |
|                      |             | <b>Waghar Thau</b>   |   |  |   |

5

Friday, January 23, 2026

|   |             |   |  |  |   |
|---|-------------|---|--|--|---|
|   |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yukhtayam<br>Uttarproshthapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |  |  | Ashland, NH<br>Sutra 285                              |
| Meena Rasi: 4.26  | Tithi 5 - 6 | <b>Gulika</b><br>8:22AM - 9:34AM  | <b>Uttarproshthapada Untill 3:44AM Sat</b> | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - Clear | Sun 19<br>Vasavasa 5127<br>Phase 39 - 19<br>3rd Phase |
| <b>Creative Work</b>  | Siddha Yoga | <b>Yama</b><br>2:21PM - 3:33PM  | <b>Shiva Untill 3:30AM Sat</b>             | <b>Sunrise:</b> 7:11AM<br><b>Sunset:</b> 4:49PM  | Devaloka Day  |
| Untill 3:44AM Sat<br>Then Routine Work - Prabalarishta Yoga |             | <b>Rahu</b><br>10:46AM - 11:58AM  | <b>Kaulava Untill 2:46AM Sat</b>           | <b>Panchami Untill 3:15PM</b>  | <b>Devaloka Day</b>                                   |
|   |             | <b>Waghar Thau</b>  |  |  |   |

6

Saturday, January 24, 2026

|   |                    |  |                                 |  |   |
|---|--------------------|--|---------------------------------|--|---|
|   |                    | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yukhtayam<br>Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamyan Titau |                                 |  | Ashland, NH<br>Sutra 286                              |
| Meena Rasi: 17.56                                     | Tithi 6 - 7        | <b>Gulika</b><br>7:10AM - 8:22AM   | <b>Revati Untill 2:56AM Sun</b> | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - Clear | Sun 20<br>Vasavasa 5127<br>Phase 39 - 20<br>3rd Phase |
| <b>Routine Work</b>                                   | Prabalarishta Yoga | <b>Yama</b><br>1:10PM - 2:22PM   | <b>Siddha Untill 1:14AM Sun</b> | <b>Sunrise:</b> 7:10AM<br><b>Sunset:</b> 4:47PM  | Sivaloka Day  |
| Untill 2:56AM Sun<br>Then Creative Work - Siddha Yoga |                    | <b>Rahu</b><br>9:34AM - 10:46AM  | <b>Gara Untill 1:29AM Sun</b>   | <b>Shashthi* Untill 2:10PM</b>   | <b>Sivaloka Day</b>                                   |
|   |                    | <b>Waghar Thau</b>   |                                 |  |   |

D

Sunday, January 25, 2026

|                      |             |   |                                  |  |   |
|----------------------|-------------|---|----------------------------------|--|---|
|                      |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Bharani Vasara Yukhtayam<br>Ashvini Nakshatra Sadhya Yoga Vanija/Vasil* Karana Saptami/Ashthamyan Titau |                                  |  | Ashland, NH<br>Sutra 287                            |
| Mesha Rasi: 1.4      | Tithi 7 - 8 | <b>Gulika</b><br>2:23PM - 3:35PM  | <b>Ashvini Untill 2:02AM Mon</b> | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - White | Sun 21<br>Vasavasa 5127<br>Phase 39 - 21<br>Ashtami |
| <b>Creative Work</b> | Siddha Yoga | <b>Yama</b><br>11:58AM - 1:10PM   | <b>Sadya Untill 10:40PM</b>      | <b>Sunrise:</b> 7:09AM<br><b>Sunset:</b> 4:47PM  | Devaloka Day  |
|                      |             | <b>Rahu</b><br>3:35PM - 4:47PM  | <b>Vasil Untill 11:49PM</b>      | <b>Saptami Untill 12:41PM</b>  | <b>Devaloka Day</b>                                 |
|                      |             | <b>Waghar Thau</b>  |                                  |  |   |

Monday, January 26, 2026

|                            |             |   |                                   |  |  |
|----------------------------|-------------|---|-----------------------------------|--|--|
|                            |             | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yukhtayam<br>Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamyan Titau |                                   |  | Ashland, NH<br>Sutra 288                           |
| Mesha Rasi: 15.38          | Tithi 8 - 9 | <b>Gulika</b><br>1:11PM - 2:23PM  | <b>Bharani Untill 12:39AM Tue</b> | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon - White | Sun 22<br>Vasavasa 5127<br>Phase 39 - 22<br>Navami |
| <b>Family Home Evening</b> | 924448576   | <b>Yama</b><br>10:46AM - 11:58AM  | <b>Subha Untill 7:50PM</b>        | <b>Sunrise:</b> 7:08AM<br><b>Sunset:</b> 4:49PM  | Devaloka Day                                       |
| <b>Creative Work</b>       | Siddha Yoga | <b>Rahu</b><br>8:21AM - 9:33AM  | <b>Balava Untill 9:47PM</b>       | <b>Ashlami* Untill 10:49AM</b>   | <b>Devaloka Day</b>                                |
|                            |             | <b>Waghar Thau</b>  |                                   |  |  |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                    |              |   |                              |                        |                 |                         |
|------------------------------------|--------------|---|------------------------------|------------------------|-----------------|-------------------------|
| <b>1 Tuesday, January 27, 2026</b> |              | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Ashland, NH<br>Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Tailia Karana Navami/Dashmyam Titau Sun 23 Sutra 289 |                              |                        |                 |                         |
| Mesha Rasi: 29.5                   | Tithi 9 - 10 | <b>Gulika</b> 11:59AM - 11:11PM   | <b>Kritika Until 10:50PM</b> | <b>Ganesh:</b> White   | Sunrise: 7:07AM | Vasavasu 5:127          |
|                                    |              | Yama 9:33AM - 10:46AM   | Sukla Until 4:43PM           | <b>Muruga:</b> White   | Sunset: 4:59PM  | Moon 12 - Phase 40 - 23 |
|                                    |              | <b>Rahu</b> 2:24PM - 3:37PM   | Tailia Until 7:26PM          | <b>Nataraja:</b> Clear |                 | 4th Phase               |
| Creative Work                      | Siddha Yoga  |   | <b>Navami* Until 8:38AM</b>  | Moon - White           |                 | <b>Devaloka Day</b>     |
| Until 10:50PM                      |              |   |                              | <b>Maghar Thai</b>     |                 |                         |
| Then Creative Work - Amrita Yoga   |              |   |                              |                        |                 |                         |

|                                      |               |  |                             |                        |                 |                         |
|--------------------------------------|---------------|--|-----------------------------|------------------------|-----------------|-------------------------|
| <b>2 Wednesday, January 28, 2026</b> |               | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Budha Vessara Yuktayam Ashland, NH<br>Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadashmyam Titau Sun 24 Sutra 290 |                             |                        |                 |                         |
| Wishabha Rasi: 14.13                 | Tithi 10 - 11 | <b>Gulika</b> 10:46AM - 11:59AM  | <b>Rohini Until 9:03PM</b>  | <b>Ganesh:</b> Red     | Sunrise: 7:06AM | Vasavasu 5:127          |
|                                      |               | Yama 8:19AM - 9:32AM   | Brahma Until 1:25PM         | <b>Muruga:</b> White   | Sunset: 4:51PM  | Moon 12 - Phase 40 - 23 |
|                                      |               | <b>Rahu</b> 11:59AM - 1:12PM   | Vesil Until 3:29AM Thu      | <b>Nataraja:</b> Clear |                 | 4th Phase               |
| Creative Work                        | Siddha Yoga   |  | <b>Dashami Until 6:09AM</b> | Moon - Yellow          |                 | <b>Sivaloka Day</b>     |
|                                      |               |  |                             | <b>Maghar Thai</b>     |                 |                         |

|                                     |             |  |                                   |                        |                 |                         |
|-------------------------------------|-------------|--|-----------------------------------|------------------------|-----------------|-------------------------|
| <b>3 Thursday, January 29, 2026</b> |             | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Guru Vessara Yuktayam Ashland, NH<br>Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadasmyam Titau Sun 25 Sutra 291 |                                   |                        |                 |                         |
| Wishabha Rasi: 28.44                | Tithi 12    | <b>Gulika</b> 9:32AM - 10:46AM   | <b>Mrigashira Until 7:01PM</b>    | <b>Ganesh:</b> Red     | Sunrise: 7:05AM | Vasavasu 5:127          |
|                                     |             | Yama 7:05AM - 8:19AM   | Indra Until 9:59AM                | <b>Muruga:</b> White   | Sunset: 4:53PM  | Moon 12 - Phase 40 - 25 |
|                                     |             | <b>Rahu</b> 1:12PM - 2:26PM  | Bava Until 2:07PM                 | <b>Nataraja:</b> Clear |                 | 4th Phase               |
| Routine Work                        | Marana Yoga |  | <b>Dvadashi Until 12:42AM Fri</b> | Moon - Yellow          |                 | <b>Sivaloka Day</b>     |
|                                     |             |  |                                   | <b>Maghar Thai</b>     |                 |                         |

|                                   |             |  |                                |                        |                 |                         |
|-----------------------------------|-------------|--|--------------------------------|------------------------|-----------------|-------------------------|
| <b>4 Friday, January 30, 2026</b> |             | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Sukra Vessara Yuktayam Ashland, NH<br>Ardra/Punarvasu Nakshatra Vaidhri*Vohkambha* Yoga Kaulava/Tailia Karana Trayodashmyam Titau Sun 26 Sutra 292 |                                |                        |                 |                         |
| Mithuna Rasi: 13.2                | Tithi 13    | <b>Gulika</b> 8:18AM - 9:32AM  | <b>Ardra Until 4:50PM</b>      | <b>Ganesh:</b> Red     | Sunrise: 7:04AM | Vasavasu 5:127          |
|                                   |             | Yama 2:27PM - 3:40PM   | Vaidhri* Until 6:29AM          | <b>Muruga:</b> White   | Sunset: 4:54PM  | Moon 12 - Phase 40 - 26 |
|                                   |             | <b>Rahu</b> 10:45AM - 11:59AM  | Kaulava Until 11:21AM          | <b>Nataraja:</b> Clear |                 | 4th Phase               |
| Creative Work                     | Siddha Yoga |  | <b>Trayodashi Until 9:58PM</b> | Moon - Yellow          |                 | <b>Sivaloka Day</b>     |
|                                   |             |  |                                | <b>Maghar Thai</b>     |                 |                         |
|                                   |             |  |                                | <i>Pradosha Vata</i>   |                 |                         |

|                                     |             |  |                                  |                        |                 |                         |
|-------------------------------------|-------------|--|----------------------------------|------------------------|-----------------|-------------------------|
| <b>5 Saturday, January 31, 2026</b> |             | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Manita Vessara Yuktayam Ashland, NH<br>Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanija Karana Chaturdashmyam Titau Sun 27 Sutra 293 |                                  |                        |                 |                         |
| Mithuna Rasi: 27.52                 | Tithi 14    | <b>Gulika</b> 7:03AM - 8:17AM  | <b>Punarvasu Until 3:04PM</b>    | <b>Ganesh:</b> Blue    | Sunrise: 7:03AM | Vasavasu 5:127          |
|                                     |             | Yama 1:13PM - 2:27PM   | Pihl Until 11:46PM               | <b>Muruga:</b> White   | Sunset: 4:55PM  | Moon 12 - Phase 40 - 27 |
|                                     |             | <b>Rahu</b> 9:31AM - 10:45AM   | Gara Until 8:40AM                | <b>Nataraja:</b> Clear |                 | 4th Phase               |
| Creative Work                       | Siddha Yoga |  | <b>Chaturdashi* Until 7:24PM</b> | Moon - Blue            |                 | <b>Devaloka Day</b>     |
|                                     |             | <b>Thai Pusam</b>  |                                  | <b>Maghar Thai</b>     |                 |                         |

|                                   |               |   |                              |                        |                 |                              |
|-----------------------------------|---------------|---|------------------------------|------------------------|-----------------|------------------------------|
| <b>○ Sunday, February 1, 2026</b> |               | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Bhanu Vessara Yuktayam Ashland, NH<br>Copper Retreat Star Pushya/Ashlesha* Nakshatra Ayushman Yoga Vesil*/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 294 |                              |                        |                 |                              |
| Kataka Rasi: 12.14                | Tithi 15 - 16 | <b>Gulika</b> 2:27PM - 3:41PM   | <b>Pushya Until 1:27PM</b>   | <b>Ganesh:</b> Blue    | Sunrise: 7:03AM | Vasavasu 5:127               |
|                                   |               | Yama 11:59AM - 1:13PM   | Ayushman Until 8:48PM        | <b>Muruga:</b> White   | Sunset: 4:55PM  | Moon 12 - Phase 40 - Purnima |
|                                   |               | <b>Rahu</b> 3:41PM - 4:55PM   | Vesil Until 6:15AM           | <b>Nataraja:</b> Clear |                 |                              |
| Creative Work                     | Siddha Yoga   |   | <b>Purnima* Until 5:09PM</b> | Moon - Blue            |                 | <b>Devaloka Day</b>          |
|                                   |               |   |                              | <b>Maghar Thai</b>     |                 |                              |

|                                 |               |   |                                |                        |                 |                               |
|---------------------------------|---------------|---|--------------------------------|------------------------|-----------------|-------------------------------|
| <b>Monday, February 2, 2026</b> |               | Viswasa Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Indu Vessara Yuktayam Ashland, NH<br>Silver Retreat Star Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Tailia Karana Prathama/Dvityayam Titau Sun 29 Sutra 295 |                                |                        |                 |                               |
| Kataka Rasi: 26.22              | Tithi 16 - 17 | <b>Gulika</b> 1:14PM - 2:28PM   | <b>Ashlesha* Until 12:07PM</b> | <b>Ganesh:</b> Blue    | Sunrise: 7:02AM | Vasavasu 5:127                |
|                                 |               | Yama 10:45AM - 11:59AM  | Saubhagya Until 6:12PM         | <b>Muruga:</b> White   | Sunset: 4:57PM  | Moon 12 - Phase 40 - Prathama |
|                                 |               | <b>Rahu</b> 8:16AM - 9:31AM   | Tailia Until 2:41AM Tue        | <b>Nataraja:</b> Clear |                 |                               |
| Family Home Evening             | Siddha Yoga   |   | <b>Prathama* Until 3:21PM</b>  | Moon - Blue            |                 | <b>Devaloka Day</b>           |
| Until 12:07PM                   |               |   |                                | <b>Maghar Thai</b>     |                 |                               |
| Then Routine Work - Marana Yoga |               |   |                                |                        |                 |                               |

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Ashland, NH on 2/11/24

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**Tuesday, February 3, 2026****Gold Retreat Star**

Simha Rasi: 10.08 TITHI 17 - 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Mangala Vasara Yukhtyam  
Magha/Puravphalguni Nakshatra Sodbhava/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

**Gulika 12:00PM - 1:14PM** **Magha\* Untill 11:37AM** **Ganesha: Red** Sunrise: 7:01AM Sun 1  
Yama 9:30AM - 10:45AM Sobhana Untill 4:06PM **Muruga: White** Sunset: 4:58PM Moon 1 - Phase 41 - 1  
Rahu 2:29PM - 3:43PM Vanija Untill 1:49AM Wed **Nataraja: Orange** 1st Phase  
Dvitiya Untill 2:09PM **Moon - Red** **Sivaloka Day**

Ashland, NH  
Sutra 296  
Vishvasu 5127**1 Wednesday, February 4, 2026**

Simha Rasi: 23.33 TITHI 18 - 19

Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Baulha Vasara Yukhtyam  
Purvaphalguni/Ultaraphalguni Nakshatra Ahiganda\*/Sukama Yoga Vasi\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika 10:45AM - 12:00PM** **Purvaphalguni Untill 11:40AM** **Ganesha: Red** Sunrise: 7:00AM Sun 2  
Yama 8:15AM - 9:30AM **Ahiganda\* Untill 2:31PM** **Muruga: White** Sunset: 4:59PM Moon 1 - Phase 41 - 2  
Rahu 12:00PM - 1:15PM Bava Untill 1:41AM Thu **Nataraja: Orange** 1st Phase  
Maha Sankatahara Chaturthi **Tritiya Untill 1:38PM** **Moon - Red** **Sivaloka Day**

Ashland, NH  
Sutra 297  
Vishvasu 5127**2 Thursday, February 5, 2026**

Kanya Rasi: 6.34 TITHI 19 - 20

Amrita Yoga

Untill 12:16PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Guru Vasara Yukhtyam  
Ultraphalguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

**Gulika 9:29AM - 10:45AM** **Ultraphalguni Untill 12:16PM** **Ganesha: Red** Sunrise: 6:59AM Sun 3  
Yama 6:59AM - 8:14AM **Sukama Untill 1:31PM** **Muruga: White** Sunset: 5:01PM Moon 1 - Phase 41 - 3  
Rahu 1:15PM - 2:30PM Kaulava Untill 2:18AM Fri **Nataraja: Orange** 1st Phase  
Chaturthi\* Untill 1:52PM **Moon - Red** **Sivaloka Day**

Ashland, NH  
Sutra 298  
Vishvasu 5127**3 Friday, February 6, 2026**

Kanya Rasi: 19.13 TITHI 20 - 21

Creative Work Amrita Yoga

Untill 1:54PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Sukra Vasara Yukhtyam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Talila/Gara Karana Panchami/Shasthyam Titau

**Gulika 8:13AM - 9:29AM** **Hasta Untill 1:54PM** **Ganesha: Green** Sunrise: 6:58AM Sun 4  
Yama 2:31PM - 3:47PM **Dhriti Untill 1:07PM** **Muruga: White** Sunset: 5:02PM Moon 1 - Phase 41 - 4  
Rahu 10:44AM - 12:00PM Gara Untill 3:36AM Sat **Nataraja: Orange** 1st Phase  
Panchami Untill 2:51PM **Moon - Green** **Devaloka Day**

Ashland, NH  
Sutra 299  
Vishvasu 5127**4 Saturday, February 7, 2026**

Tula Rasi: 1.35 TITHI 21 - 22

Routine Work Marana Yoga

Untill 4:00PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Manita Vasara Yukhtyam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Vasi\* Karana Shashthi/Saptamam Titau

**Gulika 6:56AM - 8:12AM** **Chitra Untill 4:00PM** **Ganesha: White** Sunrise: 6:56AM Sun 5  
Yama 1:16PM - 2:32PM **Shula\* Untill 1:10PM** **Muruga: White** Sunset: 5:03PM Moon 1 - Phase 41 - 5  
Rahu 9:28AM - 10:44AM Vasi Untill 5:30AM Sun **Nataraja: Orange** 1st Phase  
Shashthi\* Untill 4:28PM **Moon - Green** **Devaloka Day**

Ashland, NH  
Sutra 300  
Vishvasu 5127**5 Sunday, February 8, 2026**

Tula Rasi: 13.42 TITHI 22

Creative Work Siddha Yoga

Untill 6:24PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Bhanu Vasara Yukhtyam  
Svati Nakshatra Ganda\*/Middhi Yoga Bava Karana Saptamam Titau

**Gulika 2:32PM - 3:49PM** **Svati Untill 6:24PM** **Ganesha: White** Sunrise: 6:55AM Sun 6  
Yama 12:00PM - 1:16PM **Ganda\* Untill 1:38PM** **Muruga: White** Sunset: 5:05PM Moon 1 - Phase 41 - 6  
Rahu 3:49PM - 5:05PM Bava Untill 6:35PM **Nataraja: Orange** 1st Phase  
Saptami Untill 6:35PM **Moon - Green** **Devaloka Day**

Ashland, NH  
Sutra 301  
Vishvasu 5127**Monday, February 9, 2026**

Tula Rasi: 25.41 TITHI 23

Family Home Evening

Routine Work Marana Yoga

Untill 9:25PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Indu Vasara Yukhtyam  
Vishakha Nakshatra Middhi/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

**Gulika 1:17PM - 2:33PM** **Vishakha Untill 9:25PM** **Ganesha: Clear** Sunrise: 6:54AM Sun 7  
Yama 10:44AM - 12:00PM **Viddhi Untill 2:22PM** **Muruga: White** Sunset: 5:06PM Moon 1 - Phase 41 - 7  
Rahu 8:10AM - 9:27AM Balava Untill 7:47AM **Nataraja: Orange** 1st Phase  
Ashtami\* Untill 8:59PM **Moon - Orange** **Sivaloka Day**

Ashland, NH  
Sutra 302  
Vishvasu 5127**Tuesday, February 10, 2026**

Mitschika Rasi: 7.34 TITHI 24

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtana Paksha Mangala Vasara Yukhtyam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Talila/Gara Karana Navamam Titau

**Gulika 12:00PM - 1:17PM** **Anuradha Untill 12:20AM Wed** **Ganesha: Clear** Sunrise: 6:53AM Sun 8  
Yama 9:26AM - 10:43AM **Dhruva Untill 3:09PM** **Muruga: White** Sunset: 5:07PM Moon 1 - Phase 41 - 8  
Rahu 2:34PM - 3:51PM Talila Untill 10:15AM **Nataraja: Orange** 1st Phase  
Navami\* Untill 11:28PM **Moon - Orange** **Sivaloka Day**

Ashland, NH  
Sutra 303  
Vishvasu 5127Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                      |             |                                     |                          |   |                         |                          |                       |
|----------------------|-------------|-------------------------------------|--------------------------|---|-------------------------|--------------------------|-----------------------|
| <b>1</b>             |             | <b>Wednesday, February 11, 2026</b> |                          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktyam<br>Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanja/Vasi* Karana Dashamyam Titau |                         | Ashland, NH<br>Sutra 304 |                       |
| Wischika Rasi: 19.28 | Tithi 25    | <b>Gulika</b>                       | <b>10:43AM - 12:00PM</b> | <b>Jyeshtha* Until 2:58AM Thu</b>   | <b>Ganesh:</b> Clear    | <b>Sunrise:</b> 6:51AM   | Vasvasu 5:127         |
|                      |             | <b>Yama</b>                         | <b>8:09AM - 9:26AM</b>   | <b>Vyaghata* Until 3:55PM</b>   | <b>Muruga:</b> White    | <b>Sunset:</b> 5:09PM    | Moon 1 - Phase 42 - 9 |
| Creative Work        | Siddha Yoga | <b>Rahu</b>                         | <b>12:00PM - 1:17PM</b>  | <b>Vanija Until 12:42PM</b>   | <b>Nataraja:</b> Orange |                          | 2nd Phase             |
|                      |             |                                     |                          | <b>Dashami Until 1:50AM Thu</b>   | <b>Moon - Orange</b>    |                          | <b>Sivaloka Day</b>   |
|                      |             |                                     |                          |   | <b>Waghai*Wasi</b>      |                          |                       |

|                   |             |                                    |                         |  |                          |                          |                        |
|-------------------|-------------|------------------------------------|-------------------------|--|--------------------------|--------------------------|------------------------|
| <b>2</b>          |             | <b>Thursday, February 12, 2026</b> |                         | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktyam<br>Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Titau |                          | Ashland, NH<br>Sutra 305 |                        |
| Dhanus Rasi: 1.25 | Tithi 26    | <b>Gulika</b>                      | <b>9:25AM - 10:43AM</b> | <b>Mula* Until 5:39AM Fri</b>  | <b>Ganesh:</b> Purple    | <b>Sunrise:</b> 6:50AM   | Vasvasu 5:127          |
|                   |             | <b>Yama</b>                        | <b>6:50AM - 8:08AM</b>  | <b>Harshana Until 4:32PM</b>   | <b>Muruga:</b> White     | <b>Sunset:</b> 5:10PM    | Moon 1 - Phase 42 - 10 |
| Creative Work     | Siddha Yoga | <b>Rahu</b>                        | <b>1:18PM - 2:35PM</b>  | <b>Bava Until 2:56PM</b>   | <b>Nataraja:</b> Orange  |                          | 2nd Phase              |
|                   |             |                                    |                         | <b>Ekadashi* Until 3:54AM Fri</b>  | <b>Moon - Light Blue</b> |                          | <b>Devaloka Day</b>    |
|                   |             |                                    |                         |  | <b>Waghai*Wasi</b>       |                          |                        |

|                   |                     |                                  |                          |   |                          |                          |                        |
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| <b>3</b>          |                     | <b>Friday, February 13, 2026</b> |                          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktyam<br>Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililo Karana Dvadashtyam Titau |                          | Ashland, NH<br>Sutra 306 |                        |
| Dhanus Rasi: 13.3 | Tithi 27            | <b>Gulika</b>                    | <b>8:07AM - 9:24AM</b>   | <b>Purvashadha* Until 7:43AM Sat</b>  | <b>Ganesh:</b> Purple    | <b>Sunrise:</b> 6:49AM   | Vasvasu 5:127          |
|                   |                     | <b>Yama</b>                      | <b>2:36PM - 3:54PM</b>   | <b>Vajra* Until 4:49PM</b>  | <b>Muruga:</b> White     | <b>Sunset:</b> 5:12PM    | Moon 1 - Phase 42 - 11 |
| Routine Work      | Prabalarishtha Yoga | <b>Rahu</b>                      | <b>10:42AM - 12:00PM</b> | <b>Kaulava Until 4:47PM</b>   | <b>Nataraja:</b> Orange  |                          | 2nd Phase              |
|                   |                     |                                  |                          | <b>Dvadashti* Until 5:30AM Sat</b>  | <b>Moon - Light Blue</b> |                          | <b>Devaloka Day</b>    |
|                   |                     |                                  |                          |   | <b>Waghai*Wasi</b>       |                          |                        |

|                    |             |                                    |                         |   |                                |                          |                        |
|--------------------|-------------|------------------------------------|-------------------------|---|--------------------------------|--------------------------|------------------------|
| <b>4</b>           |             | <b>Saturday, February 14, 2026</b> |                         | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktyam<br>Purvashadha* Uttarashadha Nakshatra Siddhi/Vyallipala* Yoga Gara Karana Trayodashyam Titau |                                | Ashland, NH<br>Sutra 307 |                        |
| Dhanus Rasi: 25.46 | Tithi 28    | <b>Gulika</b>                      | <b>6:47AM - 8:06AM</b>  | <b>Purvashadha* Until 7:43AM</b>  | <b>Ganesh:</b> Clear           | <b>Sunrise:</b> 6:47AM   | Vasvasu 5:127          |
|                    |             | <b>Yama</b>                        | <b>1:18PM - 2:36PM</b>  | <b>Siddhi Until 4:45PM</b>  | <b>Muruga:</b> White           | <b>Sunset:</b> 5:13PM    | Moon 1 - Phase 42 - 12 |
| Creative Work      | Siddha Yoga | <b>Rahu</b>                        | <b>9:24AM - 10:42AM</b> | <b>Gara Until 6:08PM</b>  | <b>Nataraja:</b> Orange        |                          | 2nd Phase              |
|                    |             |                                    |                         | <b>Trayodashi* Until 6:35AM Sun</b>   | <b>Moon - Light Blue</b>       |                          | <b>Sivaloka Day</b>    |
|                    |             |                                    |                         |   | <b>Waghai*Wasi</b>             |                          |                        |
|                    |             |                                    |                         |   | <b>Pradosha Vata (Fasting)</b> |                          |                        |

|                   |               |                                  |                         |   |                          |                          |                        |
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| <b>5</b>          |               | <b>Sunday, February 15, 2026</b> |                         | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shukra Vasara Yuktyam<br>Uttarashadha/Shravana Nakshatra Vyallipala*/Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Titau |                          | Ashland, NH<br>Sutra 308 |                        |
| Makara Rasi: 8.16 | Tithi 28 - 29 | <b>Gulika</b>                    | <b>2:37PM - 3:56PM</b>  | <b>Uttarashadha Until 9:08AM</b>  | <b>Ganesh:</b> Clear     | <b>Sunrise:</b> 6:46AM   | Vasvasu 5:127          |
|                   |               | <b>Yama</b>                      | <b>12:00PM - 1:19PM</b> | <b>Vyallipala* Until 4:16PM</b>   | <b>Muruga:</b> White     | <b>Sunset:</b> 5:14PM    | Moon 1 - Phase 42 - 13 |
| Creative Work     | Amrita Yoga   | <b>Rahu</b>                      | <b>3:56PM - 5:14PM</b>  | <b>Visili Until 6:56PM</b>  | <b>Nataraja:</b> Orange  |                          | 2nd Phase              |
|                   |               |                                  |                         | <b>Trayodashi* Until 6:35AM</b>   | <b>Moon - Light Blue</b> |                          | <b>Sivaloka Day</b>    |
|                   |               |                                  |                         |   | <b>Waghai*Wasi</b>       |                          |                        |

|                                  |               |                     |                          |  |                         |                          |                        |
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| <b>Monday, February 16, 2026</b> |               | <b>Retreat Star</b> |                          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Indu Vasara Yuktyam<br>Shravana/Shabashukha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Chaturdashy/Amavasyayam Titau |                         | Ashland, NH<br>Sutra 309 |                        |
| Makara Rasi: 21.01               | Tithi 29 - 30 | <b>Gulika</b>       | <b>1:19PM - 2:38PM</b>   | <b>Shravana Until 10:18AM</b>  | <b>Ganesh:</b> Orange   | <b>Sunrise:</b> 6:45AM   | Vasvasu 5:127          |
| <b>Family Home Evening</b>       |               | <b>Yama</b>         | <b>10:41AM - 12:00PM</b> | <b>Varjan Until 3:19PM</b>   | <b>Muruga:</b> White    | <b>Sunset:</b> 5:16PM    | Moon 1 - Phase 42 - 14 |
| Creative Work                    | Amrita Yoga   | <b>Rahu</b>         | <b>8:03AM - 9:22AM</b>   | <b>Caluspada Until 7:09PM</b>  | <b>Nataraja:</b> Orange |                          | Amavasya               |
|                                  |               |                     |                          | <b>Chalurdashi* Until 7:06AM</b>   | <b>Moon - Purple</b>    |                          | <b>Sivaloka Day</b>    |
|                                  |               |                     |                          |  | <b>Waghai*Wasi</b>      |                          |                        |

|                                   |              |                     |                         |  |                         |                          |                        |
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| <b>Tuesday, February 17, 2026</b> |              | <b>Retreat Star</b> |                         | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktyam<br>Dhanishtha/Shabashukha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                         | Ashland, NH<br>Sutra 310 |                        |
| Kumbha Rasi: 4.02                 | Tithi 30 - 1 | <b>Gulika</b>       | <b>12:00PM - 1:19PM</b> | <b>Dhanishtha Until 10:46AM</b>  | <b>Ganesh:</b> Orange   | <b>Sunrise:</b> 6:43AM   | Vasvasu 5:127          |
|                                   |              | <b>Yama</b>         | <b>9:22AM - 10:41AM</b> | <b>Parigha* Until 1:58PM</b>   | <b>Muruga:</b> White    | <b>Sunset:</b> 5:17PM    | Moon 1 - Phase 42 - 15 |
| Creative Work                     | Siddha Yoga  | <b>Rahu</b>         | <b>2:38PM - 3:58PM</b>  | <b>Kintughna Until 6:50PM</b>  | <b>Nataraja:</b> Orange |                          | Prathama               |
|                                   |              |                     |                         | <b>Amavasya* Until 7:02AM</b>  | <b>Moon - Purple</b>    |                          | <b>Sivaloka Day</b>    |
|                                   |              |                     |                         |  | <b>Phalguna*Wasi</b>    |                          |                        |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                  |              |                                     |                                   |   |                        |                                    |  |
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| <b>1</b>                         |              | <b>Wednesday, February 18, 2026</b> |                                   | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam<br>Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Ditijayam Titau |                        | Ashland, NH<br>Sun 16<br>Sutra 311 |  |
| Kumbha Rasi: 17.2                | Tilthi 1 – 2 | <b>Gulika</b><br>10:40AM – 12:00PM  | <b>Shalabhshik</b> Untill 10:36AM | <b>Ganesha:</b> Orange  | <b>Sunrise:</b> 6:42AM | Vishvasu 5127                      |  |
|                                  |              | <b>Yama</b><br>8:01AM – 9:21AM      | Shiva Untill 12:14PM              | <b>Muruga:</b> White  | <b>Sunset:</b> 5:18PM  | Moon 1 - Phase 43-16               |  |
| Creative Work                    | Siddha Yoga  | <b>Rahu</b><br>12:00PM – 1:19PM     | Balava Untill 6:02PM              | <b>Nataraja:</b> Orange   |                        | 3rd Phase                          |  |
| Untill 10:36AM                   |              |                                     | <b>Prathama* Untill 6:28AM</b>    | <b>Phalguna/Masi</b>  |                        | <b>Sivaloka Day</b>                |  |
| Then Creative Work - Amrita Yoga |              |                                     |                                   |   |                        |                                    |  |

|                  |             |                                    |   |  |                        |                                    |  |
|------------------|-------------|------------------------------------|---|--|------------------------|------------------------------------|--|
| <b>2</b>         |             | <b>Thursday, February 19, 2026</b> |   | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam<br>Puravroshthapada*/Uttaravroshthapada Nakshatra Siddha Yoga Vanja/Vasi* Karana Chaturthiyam Titau |                        | Ashland, NH<br>Sun 17<br>Sutra 312 |  |
| Mesha Rasi: 0.52 | Tilthi 3    | <b>Gulika</b><br>9:20AM – 10:40AM  | <b>Puravroshthapada*</b> Untill 10:19AM | <b>Ganesha:</b> Green  | <b>Sunrise:</b> 6:40AM | Vishvasu 5127                      |  |
|                  |             | <b>Yama</b><br>6:40AM – 8:00AM     | Siddha Untill 10:09AM                   | <b>Muruga:</b> White   | <b>Sunset:</b> 5:20PM  | Moon 1 - Phase 43-17               |  |
| Creative Work    | Siddha Yoga | <b>Rahu</b><br>1:20PM – 2:40PM     | Tailita Untill 4:50PM                   | <b>Nataraja:</b> Orange  |                        | 3rd Phase                          |  |
|                  |             |                                    | <b>Tritiya Untill 4:06AM Fri</b>        | <b>Phalguna/Masi</b>   |                        | <b>Subha Sivaloka Day</b>          |  |
|                  |             |                                    |   |  |                        |                                    |  |

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| <b>3</b>       |             | <b>Friday, February 20, 2026</b> |   | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam<br>Uttaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vasi* Karana Chaturthiyam Titau |                        | Ashland, NH<br>Sun 18<br>Sutra 313 |  |
| Mesha Rasi: 15 | Tilthi 4    | <b>Gulika</b><br>7:59AM – 9:19AM | <b>Uttaravroshthapada Untill 9:33AM</b> | <b>Ganesha:</b> Green  | <b>Sunrise:</b> 6:39AM | Vishvasu 5127                      |  |
|                |             | <b>Yama</b><br>2:40PM – 4:01PM   | Sadhya Untill 7:49AM                    | <b>Muruga:</b> White   | <b>Sunset:</b> 5:21PM  | Moon 1 - Phase 43-18               |  |
| Creative Work  | Siddha Yoga | <b>Rahu</b><br>10:39AM – 12:00PM | Vanija Untill 3:20PM                    | <b>Nataraja:</b> Orange  |                        | 3rd Phase                          |  |
|                |             |                                  | <b>Chaturthi* Untill 2:27AM Sat</b>     | <b>Phalguna/Masi</b>   |                        | <b>Subha Sivaloka Day</b>          |  |
|                |             |                                  |   |  |                        |                                    |  |

|                                  |                                   |                                    |                                    |   |                        |                                    |  |
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| <b>4</b>                         |                                   | <b>Saturday, February 21, 2026</b> |                                    | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam<br>Uttaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vasi* Karana Chaturthiyam Titau |                        | Ashland, NH<br>Sun 19<br>Sutra 314 |  |
| Mesha Rasi: 28.31                | Tilthi 5                          | <b>Gulika</b><br>6:37AM – 7:58AM   | <b>Revati Untill 8:24AM</b>        | <b>Ganesha:</b> Red   | <b>Sunrise:</b> 6:37AM | Vishvasu 5127                      |  |
|                                  |                                   | <b>Yama</b><br>1:20PM – 2:41PM     | Sukla Untill 2:34AM Sun            | <b>Muruga:</b> White  | <b>Sunset:</b> 5:22PM  | Moon 1 - Phase 43-19               |  |
| Routine Work                     | Prabalaristha Yoga                | <b>Rahu</b><br>9:18AM – 10:39AM    | Bava Untill 1:35PM                 | <b>Nataraja:</b> Orange   |                        | 3rd Phase                          |  |
| Untill 8:24AM                    |                                   |                                    | <b>Panchami Untill 12:37AM Sun</b> | <b>Phalguna/Masi</b>  |                        | <b>Sivaloka Day</b>                |  |
| Then Creative Work - Siddha Yoga | Subramunijayasami Siva Vision Day |                                    |                                    |   |                        |                                    |  |

|  |             |                                  |                                 |   |                        |                                    |  |
|--|-------------|----------------------------------|---------------------------------|---|------------------------|------------------------------------|--|
| <b>5</b>                               |             | <b>Sunday, February 22, 2026</b> |                                 | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailita Karana Shashthiyam Titau |                        | Ashland, NH<br>Sun 20<br>Sutra 315 |  |
| Mesha Rasi: 12.32                      | Tilthi 6    | <b>Gulika</b><br>2:42PM – 4:03PM | <b>Ashvini Untill 7:21AM</b>    | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 6:36AM | Vishvasu 5127                      |  |
|  |             | <b>Yama</b><br>12:00PM – 1:21PM  | Brahma Untill 11:45PM           | <b>Muruga:</b> White  | <b>Sunset:</b> 5:23PM  | Moon 1 - Phase 43-20               |  |
| Creative Work                          | Siddha Yoga | <b>Rahu</b><br>4:03PM – 5:23PM   | Kaulava Untill 11:39AM          | <b>Nataraja:</b> Orange   |                        | 3rd Phase                          |  |
| Untill 7:21AM                          |             |                                  | <b>Shashthi* Untill 10:38PM</b> | <b>Phalguna/Masi</b>  |                        | <b>Devaloka Day</b>                |  |
| Then Routine Work - Prabalaristha Yoga |             |                                  |                                 |   |                        |                                    |  |

|                                 |             |                                  |                               |  |                        |                                    |  |
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| <b>6</b>                        |             | <b>Monday, February 23, 2026</b> |                               | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam<br>Bharani/Kittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamiam Titau |                        | Ashland, NH<br>Sun 21<br>Sutra 316 |  |
| Mesha Rasi: 26.38               | Tilthi 7    | <b>Gulika</b><br>1:21PM – 2:42PM | <b>Bharani Untill 6:01AM</b>  | <b>Ganesha:</b> Blue   | <b>Sunrise:</b> 6:34AM | Vishvasu 5127                      |  |
| <b>Family Home Evening</b>      |             | <b>Yama</b><br>10:38AM – 11:59AM | Indra Untill 8:53PM           | <b>Muruga:</b> White   | <b>Sunset:</b> 5:25PM  | Moon 1 - Phase 43-21               |  |
| Creative Work                   | Siddha Yoga | <b>Rahu</b><br>7:55AM – 9:17AM   | Gara Untill 9:37AM            | <b>Nataraja:</b> Orange  |                        | 3rd Phase                          |  |
| Untill 6:01AM                   |             |                                  | <b>Sapthami Untill 8:33PM</b> | <b>Phalguna/Masi</b>   |                        | <b>Devaloka Day</b>                |  |
| Then Routine Work - Marana Yoga |             |                                  |                               |  |                        |                                    |  |

|                                  |             |                                   |                                 |  |                        |                                    |  |
|----------------------------------|-------------|-----------------------------------|---------------------------------|--|------------------------|------------------------------------|--|
| <b>Retreat Star</b>              |             | <b>Tuesday, February 24, 2026</b> |                                 | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam<br>Rohini Nakshatra Vaidhiti*/Vishkambha* Yoga Vasi*/Bava Karana Ashtamiam Titau |                        | Ashland, NH<br>Sun 22<br>Sutra 317 |  |
| Wishabha Rasi: 10.48             | Tilthi 8    | <b>Gulika</b><br>11:59AM – 1:21PM | <b>Rohini Untill 3:12AM Wed</b> | <b>Ganesha:</b> Yellow   | <b>Sunrise:</b> 6:33AM | Vishvasu 5127                      |  |
|                                  |             | <b>Yama</b><br>9:16AM – 10:38AM   | Vaidhiti* Untill 5:57PM         | <b>Muruga:</b> White   | <b>Sunset:</b> 5:26PM  | Moon 1 - Phase 43-22               |  |
| Creative Work                    | Amrita Yoga | <b>Rahu</b><br>2:43PM – 4:04PM    | Vasi Untill 7:31AM              | <b>Nataraja:</b> Orange  |                        | 3rd Phase                          |  |
| Untill 3:12AM Wed                |             |                                   | <b>Ashtami* Untill 6:25PM</b>   | <b>Phalguna/Masi</b>   |                        | <b>Sivaloka Day</b>                |  |
| Then Creative Work - Siddha Yoga |             |                                   |                                 |  |                        |                                    |  |

|                                 |               |                                     |                                    |   |                        |                                    |  |
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| <b>Retreat Star</b>             |               | <b>Wednesday, February 25, 2026</b> |                                    | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam<br>Migashira Nakshatra Vishkambha*/Pitru Yoga Kaulava/Tailita Karana Navami/Dashamiam Titau |                        | Ashland, NH<br>Sun 23<br>Sutra 318 |  |
| Wishabha Rasi: 24.59            | Tilthi 9 – 10 | <b>Gulika</b><br>10:37AM – 11:59AM  | <b>Migashira Untill 1:46AM Thu</b> | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 6:31AM | Vishvasu 5127                      |  |
|                                 |               | <b>Yama</b><br>7:53AM – 9:15AM      | Vishkambha* Untill 3:02PM          | <b>Muruga:</b> White  | <b>Sunset:</b> 5:27PM  | Moon 1 - Phase 43-23               |  |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b><br>11:59AM – 1:21PM     | Tailita Untill 3:15AM Thu          | <b>Nataraja:</b> Orange   |                        | 3rd Phase                          |  |
| Untill 1:46AM Thu               |               |                                     | <b>Navami* Untill 4:17PM</b>       | <b>Phalguna/Masi</b>  |                        | <b>Subha Sivaloka Day</b>          |  |
| Then Routine Work - Marana Yoga |               |                                     |                                    |   |                        |                                    |  |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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| <b>1 Thursday, February 26, 2026</b> |               | Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Guru Vasara Yuktayam Ashland, NH<br>Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 24 Sutra 319         |                                    |  |                           |
| Mithuna Rasi: 9.09                   | Tithi 10 – 11 | <b>Gulika</b> 9:14AM – 10:37AM  | <b>Ardra Untill 12:16AM Fri</b>    | <b>Ganesho:</b> Blue <i>Sunrise: 6:29AM</i>  | Vasavasu 5:17             |
|                                      |               | Yama 6:29AM – 7:52AM  | Priti Untill 12:06PM               | <b>Muruga:</b> White <i>Sunset: 5:59PM</i>   | Moon 1 - Phase 44 - 24    |
|                                      |               | 938648577 <b>Rahu</b> 1:21PM – 2:44PM   | Vanija Untill 1:10AM Fri           | <b>Nataraja:</b> Orange                      | 4th Phase                 |
| Routine Work - Marana Yoga           |               |   | <b>Dashami Untill 2:11PM</b>       | Moon - Yellow                                | <b>Subha Sivaloka Day</b> |
| Untill 12:16AM Fri                   |               |   |                                    | <i>Phalguna/Masi</i>                         |                           |
| Then Routine Work - Siddha Yoga      |               |   |                                    |  |                           |
| <b>2 Friday, February 27, 2026</b>   |               | Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Sutra Vasara Yuktayam Ashland, NH<br>Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 320  |                                    |  |                           |
| Mithuna Rasi: 23.17                  | Tithi 11 – 12 | <b>Gulika</b> 7:50AM – 9:13AM   | <b>Punarvasu Untill 11:09PM</b>    | <b>Ganesho:</b> White <i>Sunrise: 6:28AM</i> | Vasavasu 5:17             |
|                                      |               | Yama 2:44PM – 4:07PM  | Ayushman Untill 9:17AM             | <b>Muruga:</b> White <i>Sunset: 5:30PM</i>   | Moon 1 - Phase 44 - 25    |
|                                      |               | 949648577 <b>Rahu</b> 10:36AM – 11:59AM   | Bava Untill 11:14PM                | <b>Nataraja:</b> Orange                      | 4th Phase                 |
| Creative Work - Siddha Yoga          |               |   | <b>Ekadashi Untill 12:10PM</b>     | Moon - Blue                                  | <b>Devaloka Day</b>       |
| Untill 11:09PM                       |               |   |                                    | <i>Phalguna/Masi</i>                         |                           |
| Then Routine Work - Marana Yoga      |               |   |                                    |  |                           |
| <b>3 Saturday, February 28, 2026</b> |               | Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Manu Vasara Yuktayam Ashland, NH<br>Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodashyam Titau Sun 26 Sutra 321 |                                    |  |                           |
| Kalka Rasi: 7.19                     | Tithi 12 – 13 | <b>Gulika</b> 6:26AM – 7:49AM   | <b>Pushya Untill 10:07PM</b>       | <b>Ganesho:</b> White <i>Sunrise: 6:26AM</i> | Vasavasu 5:17             |
|                                      |               | Yama 1:22PM – 2:45PM  | Saubhagya Untill 6:35AM            | <b>Muruga:</b> White <i>Sunset: 5:31PM</i>   | Moon 1 - Phase 44 - 26    |
|                                      |               | 949648577 <b>Rahu</b> 9:12AM – 10:36AM  | Kaulava Untill 9:29PM              | <b>Nataraja:</b> Orange                      | 4th Phase                 |
| Creative Work - Siddha Yoga          |               |   | <b>Dvadashi Untill 10:19AM</b>     | Moon - Blue                                  | <b>Devaloka Day</b>       |
| Untill 10:07PM                       |               |   |                                    | <i>Phalguna/Masi</i>                         |                           |
| Then Routine Work - Marana Yoga      |               |   |                                    |  |                           |
| <b>4 Sunday, March 1, 2026</b>       |               | Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashland, NH<br>Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodash/Chaturdashyam Titau Sun 27 Sutra 322    |                                    |  |                           |
| Kalka Rasi: 21.12                    | Tithi 13 – 14 | <b>Gulika</b> 2:46PM – 4:10PM   | <b>Ashlesha* Untill 9:13PM</b>     | <b>Ganesho:</b> White <i>Sunrise: 6:23AM</i> | Vasavasu 5:17             |
|                                      |               | Yama 11:58AM – 1:22PM   | Athiganda* Untill 1:48AM Mon       | <b>Muruga:</b> White <i>Sunset: 5:34PM</i>   | Moon 1 - Phase 44 - 27    |
|                                      |               | 949648577 <b>Rahu</b> 4:10PM – 5:34PM   | Gara Untill 8:03PM                 | <b>Nataraja:</b> Orange                      | 4th Phase                 |
| Creative Work - Siddha Yoga          |               | <b>Chidambaram Abhishekam</b>   | <b>Trayodashi Untill 8:42AM</b>    | Moon - Blue                                  | <b>Devaloka Day</b>       |
| Untill 9:13PM                        |               |   |                                    | <i>Phalguna/Masi</i>                         |                           |
| Then Routine Work - Marana Yoga      |               |   |                                    |  |                           |
| <b>Monday, March 2, 2026</b>         |               | Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Indu Vasara Yuktayam Ashland, NH<br>Magha* Nakshatra Sukarna Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 323          |                                    |  |                           |
| Simha Rasi: 4.53                     | Tithi 14 – 15 | <b>Gulika</b> 1:22PM – 2:47PM   | <b>Magha* Untill 9:00PM</b>        | <b>Ganesho:</b> Clear <i>Sunrise: 6:21AM</i> | Vasavasu 5:17             |
| <b>Family Home Evening</b>           |               | Yama 10:34AM – 11:58AM  | Sukarna Untill 11:52PM             | <b>Muruga:</b> White <i>Sunset: 5:35PM</i>   | Moon 1 - Phase 44 -       |
| Routine Work - Marana Yoga           | 959648577     | <b>Rahu</b> 7:45AM – 9:10AM   | Visli Untill 6:59PM                | <b>Nataraja:</b> Orange                      | Purnima                   |
| Untill 9:00PM                        |               | <b>Holi</b>   | <b>Chaturdashi* Untill 7:27AM</b>  | Moon - Red                                   | <b>Sivaloka Day</b>       |
| Then Creative Work - Siddha Yoga     |               |   |                                    | <i>Phalguna/Masi</i>                         |                           |
| <b>Tuesday, March 3, 2026</b>        |               | Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Mangala Vasara Yuktayam Ashland, NH<br>Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 324   |                                    |  |                           |
| Simha Rasi: 18.2                     | Tithi 15 – 16 | <b>Gulika</b> 11:58AM – 1:23PM  | <b>Purvaphalguni Untill 9:06PM</b> | <b>Ganesho:</b> Clear <i>Sunrise: 6:19AM</i> | Vasavasu 5:17             |
|                                      |               | Yama 9:09AM – 10:33AM   | Dhriti Untill 10:20PM              | <b>Muruga:</b> White <i>Sunset: 5:36PM</i>   | Moon 1 - Phase 44 -       |
|                                      |               | 959648577 <b>Rahu</b> 2:47PM – 4:12PM   | Balava Untill 6:25PM               | <b>Nataraja:</b> Orange                      | Prathama                  |
| Creative Work - Siddha Yoga          |               |   | <b>Purnima* Untill 6:37AM</b>      | Moon - Red                                   | <b>Sivaloka Day</b>       |
| Untill 9:06PM                        |               |   |                                    | <i>Phalguna/Masi</i>                         |                           |
| Then Creative Work - Amrita Yoga     |               |   |                                    |  |                           |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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Wednesday, March 4, 2026

**Gold Retreat Star**

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam  
Utaraphalguni Nakshatra Shula\* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau

Ashland, NH  
Sutra 325

|                   |               |                     |                           |                           |   |  |                                   |                                |              |
|-------------------|---------------|---------------------|---------------------------|---------------------------|---|--|-----------------------------------|--------------------------------|--------------|
| Kanya Rasi: 1.3   | Tithi 16 - 17 | Gulika<br>959648577 | Yama<br>11:58AM - 12:37PM | Rahu<br>11:58AM - 12:37PM | Utaraphalguni Until 9:36PM<br>Shula* Until 9:12PM<br>Tailita Until 6:23PM<br>Prathama* Until 6:18AM | Ganesha: Clear<br>Murgu: White<br>Nataraja: Orange<br>Moon - Red | Sunrise: 6:16AM<br>Sunset: 5:38PM | Moons 2 - Phase 45 - 1st Phase | Sivaloka Day |
| Creative Work     | Amrita Yoga   |                     |                           |                           |   |  |                                   |                                |              |
| Until 9:36PM      |               |                     |                           |                           |   |  |                                   |                                |              |
| Then Routine Work | Marana Yoga   |                     |                           |                           |   |  |                                   |                                |              |

# 1

Thursday, March 5, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam  
Hashta Nakshatra Ganda\* Yoga Gara/Vanija Karana Divlyayam Titau

Ashland, NH  
Sutra 326

|                    |               |                     |                         |                         |  |  |                                   |                                |              |
|--------------------|---------------|---------------------|-------------------------|-------------------------|--|--|-----------------------------------|--------------------------------|--------------|
| Kanya Rasi: 14.23  | Tithi 17 - 18 | Gulika<br>169648577 | Yama<br>2:49PM - 3:28PM | Rahu<br>1:23PM - 2:48PM | Hashta Until 10:59PM<br>Ganda* Until 8:33PM<br>Vanija Until 6:56PM<br>Dvitiya Until 6:34AM | Ganesha: White<br>Murgu: White<br>Nataraja: Orange<br>Moon - Green | Sunrise: 6:16AM<br>Sunset: 5:39PM | Moons 2 - Phase 45 - 1st Phase | Devaloka Day |
| Routine Work       | Marana Yoga   |                     |                         |                         |  |  |                                   |                                |              |
| Until 10:59PM      |               |                     |                         |                         |  |  |                                   |                                |              |
| Then Creative Work | Siddha Yoga   |                     |                         |                         |  |  |                                   |                                |              |

# 2

Friday, March 6, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam  
Chitra Nakshatra Vidhih Yoga Vesi\* Bava Karana Tritiya/Chaturthayam Titau

Ashland, NH  
Sutra 327

|                   |               |                     |                         |                           |  |  |                                   |                                  |              |
|-------------------|---------------|---------------------|-------------------------|---------------------------|--|--|-----------------------------------|----------------------------------|--------------|
| Kanya Rasi: 26.59 | Tithi 18 - 19 | Gulika<br>169648577 | Yama<br>2:49PM - 3:28PM | Rahu<br>10:32AM - 11:57AM | Chitra Until 12:46AM Sat<br>Vidhih Until 8:22PM<br>Bava Until 8:05PM<br>Tritiya Until 7:25AM | Ganesha: White<br>Murgu: White<br>Nataraja: Orange<br>Moon - Green | Sunrise: 6:14AM<br>Sunset: 5:39PM | Moons 2 - Phase 45 - 2 1st Phase | Devaloka Day |
| Creative Work     | Siddha Yoga   |                     |                         |                           |  |  |                                   |                                  |              |

# 3

Saturday, March 7, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam  
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamayam Titau

Ashland, NH  
Sutra 328

|                   |               |                     |                         |                          |  |   |                                   |                                  |  |
|-------------------|---------------|---------------------|-------------------------|--------------------------|--|---|-----------------------------------|----------------------------------|--|
| Tula Rasi: 9.2    | Tithi 19 - 20 | Gulika<br>161658577 | Yama<br>1:23PM - 2:48PM | Rahu<br>9:05AM - 10:31AM | Svali Until 2:52AM Sun<br>Dhruva Until 8:33PM<br>Kaulava Until 9:45PM<br>Chaturthi* Until 8:50AM | Ganesha: Purple<br>Murgu: Clear<br>Nataraja: Orange<br>Moon - Green | Sunrise: 6:13AM<br>Sunset: 5:41PM | Moons 2 - Phase 45 - 3 1st Phase | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| Creative Work     | Siddha Yoga   |                     |                         |                          |  |   |                                   |                                  |  |
| Until 2:52AM Sun  |               |                     |                         |                          |  |   |                                   |                                  |  |
| Then Routine Work | Marana Yoga   |                     |                         |                          |  |   |                                   |                                  |  |

# 4

Sunday, March 8, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Ashland, NH  
Sutra 329

|                    |               |                     |                          |                         |   |   |                                   |                                  |              |
|--------------------|---------------|---------------------|--------------------------|-------------------------|---|---|-----------------------------------|----------------------------------|--------------|
| Tula Rasi: 21.29   | Tithi 20 - 21 | Gulika<br>171658577 | Yama<br>11:57AM - 1:23PM | Rahu<br>4:16PM - 5:43PM | Vishakha Until 5:41AM Mon<br>Vyaghata* Until 9:04PM<br>Gara Until 11:50PM<br>Panchami Until 10:44AM | Ganesha: Clear<br>Murgu: Clear<br>Nataraja: Orange<br>Moon - Orange | Sunrise: 6:17AM<br>Sunset: 5:43PM | Moons 2 - Phase 45 - 4 1st Phase | Devaloka Day |
| Routine Work       | Marana Yoga   |                     |                          |                         |   |   |                                   |                                  |              |
| Until 5:41AM Mon   |               |                     |                          |                         |   |   |                                   |                                  |              |
| Then Creative Work | Siddha Yoga   |                     |                          |                         |   |   |                                   |                                  |              |

# 5

Monday, March 9, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam  
Anuradha Jyeshtha\* Nakshatra Vajra\* Yoga Vanija/Vesil\* Karana Shashthi/Saptamayam Titau

Ashland, NH  
Sutra 330

|                      |               |                     |                           |                         |   |   |                                   |                                  |              |
|----------------------|---------------|---------------------|---------------------------|-------------------------|---|---|-----------------------------------|----------------------------------|--------------|
| Witschika Rasi: 3.29 | Tithi 21 - 22 | Gulika<br>171658577 | Yama<br>10:30AM - 11:57AM | Rahu<br>7:36AM - 9:03AM | Anuradha Until 8:32AM Tue<br>Harshana Until 9:49PM<br>Vesil Until 2:11AM Tue<br>Shashthi* Until 12:58PM | Ganesha: Clear<br>Murgu: Clear<br>Nataraja: Orange<br>Moon - Orange | Sunrise: 6:09AM<br>Sunset: 5:49PM | Moons 2 - Phase 45 - 5 1st Phase | Devaloka Day |
| Family Home Evening  |               |                     |                           |                         |   |   |                                   |                                  |              |
| Creative Work        | Siddha Yoga   |                     |                           |                         |   |   |                                   |                                  |              |
| Until 8:32AM Tue     |               |                     |                           |                         |   |   |                                   |                                  |              |
| Then Routine Work    | Marana Yoga   |                     |                           |                         |   |   |                                   |                                  |              |

# 6

Tuesday, March 10, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Ravana Mangalya\* Vasara Yuktayam  
Anuradha Jyeshtha\* Nakshatra Vajra\* Yoga Bava/Balava Karana Saptami/Ashtami Titau

Ashland, NH  
Sutra 331

|                       |               |                     |                          |                         |  |   |                                   |                                  |  |
|-----------------------|---------------|---------------------|--------------------------|-------------------------|--|---|-----------------------------------|----------------------------------|--|
| Witschika Rasi: 15.24 | Tithi 22 - 23 | Gulika<br>171658677 | Yama<br>9:02AM - 10:29AM | Rahu<br>2:51PM - 4:18PM | Anuradha Until 8:32AM<br>Vajra* Until 10:37PM<br>Balava Until 4:37AM Wed<br>Saptami Until 3:23PM | Ganesha: Clear<br>Murgu: White<br>Nataraja: Light Blue<br>Moon - Orange | Sunrise: 6:07AM<br>Sunset: 5:45PM | Moons 2 - Phase 45 - 6 1st Phase | Bhuloka Day<br>Devaloka Time: 6AM to 9AM |
| Creative Work         | Siddha Yoga   |                     |                          |                         |  |   |                                   |                                  |  |
| Until 8:32AM          |               |                     |                          |                         |  |   |                                   |                                  |  |
| Then Routine Work     | Marana Yoga   |                     |                          |                         |  |   |                                   |                                  |  |

# D

Wednesday, March 11, 2026

**Retreat Star**

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam  
Jyeshtha\* Mula\* Nakshatra Siddhi\* Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Ashland, NH  
Sutra 332

|                       |               |                     |                         |                          |  |   |                                   |                                |  |
|-----------------------|---------------|---------------------|-------------------------|--------------------------|--|---|-----------------------------------|--------------------------------|--|
| Witschika Rasi: 27.18 | Tithi 23 - 24 | Gulika<br>171658677 | Yama<br>7:33AM - 9:01AM | Rahu<br>11:56AM - 1:24PM | Jyeshtha* Until 11:15AM<br>Siddhi Until 11:22PM<br>Tailita Until 6:55AM Thu<br>Ashtami* Until 5:46PM | Ganesha: Clear<br>Murgu: White<br>Nataraja: Light Blue<br>Moon - Orange | Sunrise: 6:06AM<br>Sunset: 5:46PM | Moons 2 - Phase 45 - 7 Ashtami | Bhuloka Day<br>Devaloka Time: 6AM to 9AM |
| Creative Work         | Siddha Yoga   |                     |                         |                          |  |   |                                   |                                |  |
| Until 11:15AM         |               |                     |                         |                          |  |   |                                   |                                |  |
| Then Routine Work     | Marana Yoga   |                     |                         |                          |  |   |                                   |                                |  |

Thursday, March 12, 2026

**Retreat Star**

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam  
Mula\* Purvashadha\* Nakshatra Vyalipata\* Yoga Tailita/Gara Karana Navamyam Titau

Ashland, NH  
Sutra 333

|                  |             |                     |                         |                         |  |   |                                   |                               |             |
|------------------|-------------|---------------------|-------------------------|-------------------------|--|---|-----------------------------------|-------------------------------|-------------|
| Dhanu Rasi: 9.15 | Tithi 24    | Gulika<br>181658677 | Yama<br>6:04AM - 7:32AM | Rahu<br>1:24PM - 2:52PM | Mula* Until 2:08PM<br>Vyalipata* Until 11:56PM<br>Tailita Until 6:55AM<br>Navami* Until 7:56PM | Ganesha: White<br>Murgu: White<br>Nataraja: Light Blue<br>Moon - Orange | Sunrise: 6:04AM<br>Sunset: 5:48PM | Moons 2 - Phase 45 - 8 Navami | Bhuloka Day |
| Creative Work    | Siddha Yoga |                     |                         |                         |  |   |                                   |                               |             |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|   |          |  |                      |                           |                                  |
|---|----------|--|----------------------|---------------------------|----------------------------------|
| <b>1 Friday, March 13, 2026</b>   |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi: Sukra Vasara Yuktyam Ashland, NH |                      |                           |                                  |
| Puravashada/Ultarashada Nakshatra Varjani Yoga Vanija/Vidhi* Karana Dashamyam Titau Sun 9 Sutra 334 |          | Gulika 7:31AM - 8:59AM   |                      | Purvashada* Untill 4:29PM |                                  |
| Dhanu Rasi: 21.19   | Tithi 25 | Yama 2:52PM - 4:20PM   | Muruga: White        | Sunrise: 6:03AM           | Vasavasu 5:127                   |
| Routine Work Prabalaritha Yoga  |          | Rahu 10:27AM - 11:55AM   | Nataraja: Light Blue | Sunset: 5:49PM            | Moon 2 - Phase 46 - 11 2nd Phase |
| Untill 4:29PM   |          | Dashami Untill 9:39PM  |                      | Bhuloka Day               |                                  |
| Then Routine Work - Marana Yoga   |          | Phalguna/Masi  |                      |                           |                                  |

|  |          |  |                      |                           |                                  |
|--|----------|--|----------------------|---------------------------|----------------------------------|
| <b>2 Saturday, March 14, 2026</b>  |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Manita Vasara Yuktyam Ashland, NH |                      |                           |                                  |
| Utlarashada Nakshatra Parigraha* Yoga Bava/Baleva Karana Ekadashyam Titau Sun 10 Sutra 335 |          | Gulika 6:00AM - 7:29AM   |                      | Utlarashada Untill 6:08PM |                                  |
| Makara Rasi: 4   | Tithi 26 | Yama 1:24PM - 2:53PM   | Muruga: White        | Sunrise: 6:00AM           | Vasavasu 5:127                   |
| Routine Work Marana Yoga   |          | Rahu 8:58AM - 10:27AM  | Nataraja: Light Blue | Sunset: 5:50PM            | Moon 2 - Phase 46 - 11 2nd Phase |
| Untill 6:08PM  |          | Ekadashi* Untill 10:47PM   |                      | Bhuloka Day               |                                  |
| Then Creative Work - Siddha Yoga   |          | Phalguna/Panguni   |                      |                           |                                  |

|   |          |   |                  |                        |                                  |
|---|----------|---|------------------|------------------------|----------------------------------|
| <b>3 Sunday, March 15, 2026</b>   |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Bharu Vasara Yuktyam Ashland, NH |                  |                        |                                  |
| Shravana Nakshatra Shiva Yoga Kaulava/Tallila Karana Dvadashtyam Titau Sun 11 Sutra 336 |          | Gulika 2:53PM - 4:22PM  |                  | Shravana Untill 7:27PM |                                  |
| Makara Rasi: 16.09  | Tithi 27 | Yama 11:55AM - 1:24PM   | Muruga: Yellow   | Sunrise: 5:59AM        | Vasavasu 5:127                   |
| Creative Work Amrita Yoga   |          | Rahu 4:22PM - 5:51PM  | Nataraja: Purple | Sunset: 5:51PM         | Moon 2 - Phase 46 - 11 2nd Phase |
| Untill 7:27PM   |          | Dvadashti* Untill 11:14PM   |                  | Bhuloka Day            |                                  |
| Then Routine Work - Marana Yoga   |          | Phalguna/Panguni  |                  |                        |                                  |
|   |          | Devaloka Time: 6AM to 9AM   |                  |                        |                                  |

|  |          |  |                  |                          |                                  |
|--|----------|--|------------------|--------------------------|----------------------------------|
| <b>4 Monday, March 16, 2026</b>  |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Indu Vasara Yuktyam Ashland, NH |                  |                          |                                  |
| Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 337 |          | Gulika 1:24PM - 2:54PM   |                  | Dhanishtha Untill 7:54PM |                                  |
| Makara Rasi: 29.02   | Tithi 28 | Yama 10:25AM - 11:55AM   | Muruga: White    | Sunrise: 5:57AM          | Vasavasu 5:127                   |
| Family Home Evening  |          | Rahu 7:26AM - 8:56AM   | Nataraja: Purple | Sunset: 5:52PM           | Moon 2 - Phase 46 - 12 2nd Phase |
| Creative Work Siddha Yoga  |          | Trayodashi* Untill 10:57PM   |                  | Bhuloka Day              |                                  |
|  |          | Phalguna/Panguni   |                  |                          |                                  |
|  |          | Devaloka Time: 6AM to 9AM  |                  |                          |                                  |

|  |          |   |                  |                            |                                  |
|--|----------|---|------------------|----------------------------|----------------------------------|
| <b>5 Tuesday, March 17, 2026</b>   |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Mangala Vasara Yuktyam Ashland, NH |                  |                            |                                  |
| Shalabhishak Nakshatra Sadhya Yoga Vistil*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 338 |          | Gulika 11:54AM - 1:24PM   |                  | Shalabhishak Untill 7:31PM |                                  |
| Kumbha Rasi: 12.17   | Tithi 29 | Yama 8:55AM - 10:25AM   | Muruga: Blue     | Sunrise: 5:55AM            | Vasavasu 5:127                   |
| Routine Work Marana Yoga   |          | Rahu 2:54PM - 4:24PM  | Nataraja: Purple | Sunset: 5:49PM             | Moon 2 - Phase 46 - 13 2nd Phase |
| Untill 6:51PM  |          | Chaturdashi* Untill 9:58PM  |                  | Devaloka Day               |                                  |
| Then Creative Work - Siddha Yoga   |          | Phalguna/Panguni  |                  |                            |                                  |

|                                  |          |   |                  |                                   |                                 |
|----------------------------------|----------|---|------------------|-----------------------------------|---------------------------------|
| <b>Wednesday, March 18, 2026</b> |          | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Badha Vasara Yuktyam Ashland, NH |                  |                                   |                                 |
| Retreat Star                     |          | Gulika 10:24AM - 11:54AM  |                  | Purvaprosarthapada* Untill 6:51PM |                                 |
| Kumbha Rasi: 25.53               | Tithi 30 | Yama 7:23AM - 8:54AM  | Muruga: Red      | Sunrise: 5:53AM                   | Vasavasu 5:127                  |
| Creative Work Amrita Yoga        |          | Rahu 11:54AM - 1:24PM   | Nataraja: Purple | Sunset: 5:56PM                    | Moon 2 - Phase 46 - 14 Amavasya |
| Untill 6:51PM                    |          | Amavasya* Untill 8:24PM   |                  | Bhuloka Day                       |                                 |
| Then Creative Work - Siddha Yoga |          | Phalguna/Panguni  |                  |                                   |                                 |
|                                  |          | Devaloka Time: 9AM to 12:2PM  |                  |                                   |                                 |

|                                 |         |  |                  |                                   |                                 |
|---------------------------------|---------|--|------------------|-----------------------------------|---------------------------------|
| <b>Thursday, March 19, 2026</b> |         | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakshi: Guro Vasara Yuktyam Ashland, NH |                  |                                   |                                 |
| Retreat Star                    |         | Gulika 8:53AM - 10:23AM  |                  | Utlaraprosarthapada Untill 5:33PM |                                 |
| Meena Rasi: 9.5                 | Tithi 1 | Yama 5:52AM - 7:22AM   | Muruga: White    | Sunrise: 5:50AM                   | Vasavasu 5:127                  |
| Creative Work Siddha Yoga       |         | Rahu 1:24PM - 2:55PM   | Nataraja: Purple | Sunset: 5:56PM                    | Moon 2 - Phase 46 - 15 Prathama |
|                                 |         | Prathama* Untill 6:22PM  |                  | Bhuloka Day                       |                                 |
|                                 |         | Chaitra/Panguni  |                  |                                   |                                 |
|                                 |         | Devaloka Time: 9AM to 12:2PM   |                  |                                   |                                 |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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| Friday, March 20, 2026           |              | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Сукра Васара Yuktayam<br>Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau |                             |                         |                 | Ashland, NH<br>Sun 16  | Sutra 341                   |
|----------------------------------|--------------|--|-----------------------------|-------------------------|-----------------|------------------------|-----------------------------|
| Meena Rasi: 24.04                | Tilthi 2 - 3 | <b>Gulika</b> 7:21AM - 8:52AM  | <b>Revati Until 3:46PM</b>  | <b>Ganesh:</b> Red      | Sunrise: 5:50AM |                        | Vasavasu 5:127              |
|                                  |              | Yama 2:55PM - 4:26PM   | Brahma Until 11:41AM        | <b>Muruga:</b> White    | Sunset: 5:57PM  | Moon 2 - Phase 47 - 16 | 3rd Phase                   |
| Creative Work                    | Siddha Yoga  | 122658678 <b>Rahu</b> 10:23AM - 11:53AM  | Taila Until 2:44AM Sat      | <b>Nataraja:</b> Purple |                 |                        |                             |
| Until 3:46PM                     |              |  | <b>Dvitiya Until 3:59PM</b> | Moon - Clear            |                 |                        |                             |
| Then Creative Work - Amrita Yoga |              |  |                             | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     | Devaloka Time: 9AM to 12:PM |

| Saturday, March 21, 2026 |              | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Марта Васара Yuktayam<br>Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau |                             |                         |                 | Ashland, NH<br>Sun 17  | Sutra 342                   |
|--------------------------|--------------|--|-----------------------------|-------------------------|-----------------|------------------------|-----------------------------|
| Mesha Rasi: 8.28         | Tilthi 3 - 4 | <b>Gulika</b> 5:48AM - 7:19AM  | <b>Ashvini Until 2:04PM</b> | <b>Ganesh:</b> Yellow   | Sunrise: 5:48AM |                        | Vasavasu 5:127              |
|                          |              | Yama 1:24PM - 2:56PM   | Indra Until 8:27AM          | <b>Muruga:</b> White    | Sunset: 5:58PM  | Moon 2 - Phase 47 - 17 | 3rd Phase                   |
| Creative Work            | Siddha Yoga  | 122658678 <b>Rahu</b> 8:51AM - 10:22AM   | Bava Until 12:06AM Sun      | <b>Nataraja:</b> Purple |                 |                        |                             |
|                          |              |  | Vanija Until 9:27PM         | Moon - White            |                 |                        |                             |
|                          |              | <b>Chellappaswami Mahasamadi</b>   | <b>Tritiya Until 1:24PM</b> | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     | Devaloka Time: 9AM to 12:PM |

| Sunday, March 22, 2026           |                   | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamyam Tilau |                                 |                         |                 | Ashland, NH<br>Sun 18  | Sutra 343      |
|----------------------------------|-------------------|--|---------------------------------|-------------------------|-----------------|------------------------|----------------|
| Mesha Rasi: 22.56                | Tilthi 4 - 5      | <b>Gulika</b> 2:56PM - 4:28PM  | <b>Bharani Until 12:09PM</b>    | <b>Ganesh:</b> Blue     | Sunrise: 5:46AM |                        | Vasavasu 5:127 |
|                                  |                   | Yama 11:53AM - 1:25PM  | Vishkambha* Until 1:49AM Mon    | <b>Muruga:</b> White    | Sunset: 6:03PM  | Moon 2 - Phase 47 - 18 | 3rd Phase      |
| Routine Work                     | Prabalarista Yoga | 122758678 <b>Rahu</b> 4:28PM - 6:00PM  | Bava Until 9:27PM               | <b>Nataraja:</b> Purple |                 |                        |                |
| Until 12:09PM                    |                   |  | <b>Chaturthi* Until 10:45AM</b> | Moon - White            |                 |                        |                |
| Then Creative Work - Siddha Yoga |                   |  |                                 | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     |                |

| Monday, March 23, 2026           |              | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau |                               |                         |                 | Ashland, NH<br>Sun 19  | Sutra 344      |
|----------------------------------|--------------|--|-------------------------------|-------------------------|-----------------|------------------------|----------------|
| Wisshabha Rasi: 7.25             | Tilthi 5 - 6 | <b>Gulika</b> 1:25PM - 2:57PM  | <b>Krittika Until 10:09AM</b> | <b>Ganesh:</b> Blue     | Sunrise: 5:44AM |                        | Vasavasu 5:127 |
| <b>Family Home Evening</b>       |              | Yama 10:21AM - 11:53AM   | Priti Until 10:36PM           | <b>Muruga:</b> White    | Sunset: 6:01PM  | Moon 2 - Phase 47 - 19 | 3rd Phase      |
| Routine Work                     | Marana Yoga  | 122758678 <b>Rahu</b> 7:16AM - 8:48AM  | Kaulava Until 6:53PM          | <b>Nataraja:</b> Purple |                 |                        |                |
| Until 10:09AM                    |              |  | <b>Panchami Until 8:08AM</b>  | Moon - White            |                 |                        |                |
| Then Creative Work - Amrita Yoga |              |  |                               | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     |                |

| Tuesday, March 24, 2026          |             | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamyam Tilau |                                 |                         |                 | Ashland, NH<br>Sun 20  | Sutra 345                  |
|----------------------------------|-------------|---|---------------------------------|-------------------------|-----------------|------------------------|----------------------------|
| Wisshabha Rasi: 21.47            | Tilthi 7    | <b>Gulika</b> 11:52AM - 1:25PM  | <b>Rohini Until 8:35AM</b>      | <b>Ganesh:</b> Yellow   | Sunrise: 5:43AM |                        | Vasavasu 5:127             |
|                                  |             | Yama 8:47AM - 10:20AM   | Ayushman Until 7:32PM           | <b>Muruga:</b> White    | Sunset: 6:03PM  | Moon 2 - Phase 47 - 20 | 3rd Phase                  |
| Creative Work                    | Amrita Yoga | 132758678 <b>Rahu</b> 2:57PM - 4:30PM   | Gara Until 4:31PM               | <b>Nataraja:</b> Purple |                 |                        |                            |
| Until 8:35AM                     |             |   | <b>Saptami Until 3:23AM Wed</b> | Moon - Yellow           |                 |                        |                            |
| Then Creative Work - Siddha Yoga |             |   |                                 | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     | Devaloka Time: 6AM to 9-AM |

| Wednesday, March 25, 2026 |             | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Budha Vasara Yuktayam<br>Mithuna/Rahasi Nakshatra Sauthagya/Sobhana Yoga Visi* Bava Karana Ashtamyam Tilau |                                  |                         |                 | Ashland, NH<br>Sun 21  | Sutra 346                  |
|---------------------------|-------------|---|----------------------------------|-------------------------|-----------------|------------------------|----------------------------|
| <b>Retreat Star</b>       |             | <b>Gulika</b> 10:19AM - 11:52AM   | <b>Mrigashira Until 7:05AM</b>   | <b>Ganesh:</b> Yellow   | Sunrise: 5:41AM |                        | Vasavasu 5:127             |
| Mithuna Rasi: 6.01        | Tilthi 8    | Yama 7:14AM - 8:46AM  | Sauthagya Until 4:41PM           | <b>Muruga:</b> White    | Sunset: 6:03PM  | Moon 2 - Phase 47 - 21 | Ashtami                    |
| Creative Work             | Siddha Yoga | 132758678 <b>Rahu</b> 11:52AM - 1:25PM  | Visi Until 2:23PM                | <b>Nataraja:</b> Purple |                 |                        |                            |
|                           |             |   | <b>Ashlami* Until 1:24AM Thu</b> | Moon - Yellow           |                 |                        |                            |
|                           |             |   |                                  | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     | Devaloka Time: 6AM to 9-AM |

| Thursday, March 26, 2026        |             | Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Суліа Пакше Guru Vasara Yuktayam<br>Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamyam Tilau |                                   |                         |                 | Ashland, NH<br>Sun 22  | Sutra 347      |
|---------------------------------|-------------|--|-----------------------------------|-------------------------|-----------------|------------------------|----------------|
| <b>Retreat Star</b>             |             | <b>Gulika</b> 8:45AM - 10:18AM   | <b>Punarvasu Until 4:58AM Fri</b> | <b>Ganesh:</b> White    | Sunrise: 5:39AM |                        | Vasavasu 5:127 |
| Mithuna Rasi: 20.04             | Tilthi 9    | Yama 5:39AM - 7:12AM   | Sobhana Until 2:05PM              | <b>Muruga:</b> White    | Sunset: 6:04PM  | Moon 2 - Phase 47 - 22 | Navami         |
| Creative Work                   | Amrita Yoga | 142758678 <b>Rahu</b> 1:25PM - 2:58PM  | Balava Until 12:32PM              | <b>Nataraja:</b> Purple |                 |                        |                |
| Until 4:58AM Fri                |             |  | <b>Navami* Until 11:43PM</b>      | Moon - Blue             |                 |                        |                |
| Then Routine Work - Marana Yoga |             | <b>Sri Rama Navami</b>   |                                   | <b>Chakra-Pangani</b>   |                 | <b>Bhuloka Day</b>     |                |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                 |             |  |   |   |   |   |
|---------------------------------|-------------|--|---|---|---|---|
| <b>1 Friday, March 27, 2026</b> |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam<br>Pushya Nakshatra Athiganda/Sukarma Yoga Talila/Gara Karana Dashamyanam Titau |   |   |   | Ashland, NH<br>Sun 23   |
| Kataka Rasi: 3.55               | Tithi 10    | <b>Gulika</b><br>7:11AM - 8:44AM   | <b>Pushya Until 4:24AM Sat</b>  | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Blue | <b>Sunrise:</b> 5:27AM<br><b>Sunset:</b> 6:09PM | Ashland, NH<br>Sun 23<br>Sutra 348<br>Viswastu 5:127<br>Moon 2 - Phase 4B - 23<br>4th Phase |
| Routine Work                    | Marana Yoga | 142758678<br><b>Rahu</b><br>10:18AM - 11:51AM  | Athiganda* Until 11:43AM<br>Talila Until 11:01AM<br>Dashami Until 10:22PM | <b>Chaitra-Panguni</b>  |   | <b>Bhuloka Day</b>  |

|                                   |             |  |  |   |   |   |
|-----------------------------------|-------------|--|--|---|---|---|
| <b>2 Saturday, March 28, 2026</b> |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manita Vasara Yuktayam<br>Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Titau |  |   |   | Ashland, NH<br>Sun 24   |
| Kataka Rasi: 17.34                | Tithi 11    | <b>Gulika</b><br>5:35AM - 7:09AM   | <b>Ashlesha* Until 4:01AM Sun</b>                                    | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Blue | <b>Sunrise:</b> 5:25AM<br><b>Sunset:</b> 6:07PM | Ashland, NH<br>Sun 24<br>Sutra 349<br>Viswastu 5:127<br>Moon 2 - Phase 4B - 24<br>4th Phase |
| Routine Work                      | Marana Yoga | 142758678<br><b>Rahu</b><br>8:43AM - 10:17AM   | Sukarma Until 9:38AM<br>Vanija Until 9:50AM<br>Ekadashi Until 9:21PM | <b>Chaitra-Panguni</b>  |   | <b>Bhuloka Day</b>  |
|                                   |             | Yogswami Mahasamadi  |  |   |   |   |

|                                  |             |   |   |  |   |   |
|----------------------------------|-------------|---|---|--|---|---|
| <b>3 Sunday, March 29, 2026</b>  |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau |   |  |   | Ashland, NH<br>Sun 25   |
| Simha Rasi: 1                    | Tithi 12    | <b>Gulika</b><br>2:59PM - 4:34PM  | <b>Magha* Until 4:19AM Mon</b>                                    | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Red | <b>Sunrise:</b> 5:34AM<br><b>Sunset:</b> 6:08PM | Ashland, NH<br>Sun 25<br>Sutra 350<br>Viswastu 5:127<br>Moon 2 - Phase 4B - 25<br>4th Phase |
| Routine Work                     | Marana Yoga | 152758678<br><b>Rahu</b><br>4:34PM - 6:08PM   | Dhriti Until 7:51AM<br>Bava Until 9:01AM<br>Dvadashi Until 8:43PM | <b>Chaitra-Panguni</b>   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6AM to 9AM   |
| Until 4:19AM Mon                 |             |   |   |  |   |   |
| Then Creative Work - Siddha Yoga |             |   |   |  |   |   |

|                                  |             |  |  |  |   |   |
|----------------------------------|-------------|--|--|--|---|---|
| <b>4 Monday, March 30, 2026</b>  |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Talila Karana Trayodashyam Titau |  |  |   | Ashland, NH<br>Sun 26   |
| Simha Rasi: 14.14                | Tithi 13    | <b>Gulika</b><br>1:25PM - 3:00PM   | <b>Purvaphalguni Until 4:51AM Tue</b>                                  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Red | <b>Sunrise:</b> 5:22AM<br><b>Sunset:</b> 6:09PM | Ashland, NH<br>Sun 26<br>Sutra 352<br>Viswastu 5:127<br>Moon 2 - Phase 4B - 26<br>4th Phase |
| <b>Family Home Evening</b>       |             | 152758678<br><b>Rahu</b><br>7:06AM - 8:41AM  | Shula* Until 6:21AM<br>Kaulava Until 8:34AM<br>Trayodashi Until 8:28PM | <b>Chaitra-Panguni</b>   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6AM to 9AM   |
| Creative Work                    | Siddha Yoga |  |  |  |   |   |
| Until 4:51AM Tue                 |             |  |  |  |   |   |
| Then Creative Work - Amrita Yoga |             |  |  |  |   |   |
|                                  |             |  |  |  |   |   |

|                                  |             |  |  |   |   |   |
|----------------------------------|-------------|--|--|---|---|---|
| <b>5 Tuesday, March 31, 2026</b> |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Viddhi Yoga Gara/Vanja Karana Chaturdashyam Titau |  |   |   | Ashland, NH<br>Sun 27   |
| Simha Rasi: 27.16                | Tithi 14    | <b>Gulika</b><br>11:50AM - 1:25PM  | <b>Uttaraphalguni Until 5:38AM Wed</b>                                     | <b>Ganesha:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Red | <b>Sunrise:</b> 5:30AM<br><b>Sunset:</b> 6:10PM | Ashland, NH<br>Sun 27<br>Sutra 353<br>Viswastu 5:127<br>Moon 2 - Phase 4B - 27<br>4th Phase |
| Creative Work                    | Amrita Yoga | 153758678<br><b>Rahu</b><br>3:00PM - 4:35PM  | Vridhhi Until 4:20AM Wed<br>Gara Until 8:31AM<br>Chaturdashi* Until 8:38PM | <b>Chaitra-Panguni</b>  |   | <b>Devaloka Day</b>   |
| Until 5:38AM Wed                 |             |  |  |   |   |   |
| Then Routine Work - Marana Yoga  |             |  |  |   |   |   |

|                                  |             |  |   |  |   |   |
|----------------------------------|-------------|--|---|--|---|---|
| <b>Wednesday, April 1, 2026</b>  |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam<br>Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau |   |  |   | Ashland, NH<br>Sun 28   |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b><br>10:15AM - 11:50AM   | <b>Hasla Until 7:09AM Thu</b>   | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Green | <b>Sunrise:</b> 5:30AM<br><b>Sunset:</b> 6:10PM | Ashland, NH<br>Sun 28<br>Sutra 353<br>Viswastu 5:127<br>Moon 2 - Phase 4B - Purnima |
| Kanya Rasi: 10.06                | Tithi 15    | 163758678<br><b>Rahu</b><br>11:50AM - 1:25PM   | Dhruva Until 3:48AM Thu<br>Visi Until 8:54AM<br>Purnima* Until 9:13PM | <b>Chaitra-Panguni</b>   |   | <b>Bhuloka Day</b><br>Devaloka Time: 9AM to 12:2PM                                  |
| Routine Work                     | Marana Yoga |  |   |  |   |   |
| Until 7:09AM Thu                 |             |  |   |  |   |   |
| Then Creative Work - Siddha Yoga |             |  |   |  |   |   |
|                                  |             |  |   |  |   |   |

|                                  |             |  |  |  |   |  |
|----------------------------------|-------------|--|--|--|---|--|
| <b>Thursday, April 2, 2026</b>   |             | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau |  |  |   | Ashland, NH<br>Sun 29  |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b><br>8:39AM - 10:14AM  | <b>Hasla Until 7:09AM</b>  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple<br>Moon - Green | <b>Sunrise:</b> 5:28AM<br><b>Sunset:</b> 6:11PM | Ashland, NH<br>Sun 29<br>Sutra 354<br>Viswastu 5:127<br>Moon 2 - Phase 4B - Prathama |
| Kanya Rasi: 22.43                | Tithi 16    | 163758678<br><b>Rahu</b><br>1:25PM - 3:01PM  | Vyaghata* Until 3:38AM Fri<br>Balava Until 9:42AM<br>Prathama* Until 10:15PM | <b>Chaitra-Panguni</b>   |   | <b>Bhuloka Day</b><br>Devaloka Time: 9AM to 12:2PM                                   |
| Routine Work                     | Marana Yoga |  |  |  |   |  |
| Until 7:09AM                     |             |  |  |  |   |  |
| Then Creative Work - Siddha Yoga |             |  |  |  |   |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 5.09 Tithi 17  
Creative Work Siddha Yoga

Gulika  
Yama  
Rahu

7:02AM - 8:38AM  
3:01PM - 4:37PM  
10:14AM - 11:50AM

Chitra Until 8:55AM  
Harshana Until 3:47AM Sat  
Taitilla Until 10:57AM  
Dvitiya Until 11:42PM

Ganesh: Clear  
Muruga: White  
Nataraja: Purple  
Moon - Green

Sunrise: 5:26AM  
Sunset: 6:18PM  
Moon 3 - Phase 49 - 1

**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Ashtand, NH  
Sutra 355  
Vasvasu 5127  
Vasvasu 5127

1

Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18  
Creative Work Siddha Yoga

Gulika  
Yama  
Rahu

5:25AM - 7:01AM  
1:25PM - 3:02PM  
8:37AM - 10:13AM

Svati Until 10:56AM  
Vajra\* Until 4:12AM Sun  
Vanija Until 12:36PM  
Tritiya Until 1:32AM Sun

Ganesh: Clear  
Muruga: White  
Nataraja: Purple  
Moon - Green

Sunrise: 5:25AM  
Sunset: 6:19PM  
Moon 3 - Phase 49 - 2

**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Ashtand, NH  
Sutra 357  
Vasvasu 5127  
Vasvasu 5127

2

Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19  
Routine Work Marana Yoga

Gulika  
Yama  
Rahu

3:02PM - 4:39PM  
11:49AM - 1:25PM  
4:39PM - 6:15PM

Vishakha Until 1:37PM  
Siddhi Until 4:52AM Mon  
Bava Until 2:36PM  
Chaturthi\* Until 3:41AM Mon

Ganesh: White  
Muruga: White  
Nataraja: Purple  
Moon - Orange

Sunrise: 5:23AM  
Sunset: 6:19PM  
Moon 3 - Phase 49 - 3

**Devaloka Day**

Ashtand, NH  
Sutra 357  
Vasvasu 5127  
Vasvasu 5127

3

Monday, April 6, 2026

Wischika Rasi: 11.29 Tithi 20  
Family Home Evening  
Creative Work Siddha Yoga

Gulika  
Yama  
Rahu

1:26PM - 3:02PM  
10:12AM - 11:49AM  
6:58AM - 8:35AM

Anuradha Until 4:24PM  
Vyatipala\* Yoga Kaulava/Taitilla Karana Panchamyam Titau  
Kaulava Until 4:52PM  
Panchami Until 6:03AM Tue

Ganesh: White  
Muruga: White  
Nataraja: Purple  
Moon - Orange

Sunrise: 5:21AM  
Sunset: 6:16PM  
Moon 3 - Phase 49 - 4

**Devaloka Day**

Ashtand, NH  
Sutra 358  
Vasvasu 5127  
Vasvasu 5127

4

Tuesday, April 7, 2026

Wischika Rasi: 23.24 Tithi 20 - 21  
Routine Work Marana Yoga  
Until 7:09PM  
Then Creative Work - Amrita Yoga

Gulika  
Yama  
Rahu

11:48AM - 1:26PM  
8:34AM - 10:11AM  
3:03PM - 4:40PM

Jyeshtha\* Until 7:09PM  
Varjyan Until 6:33AM Wed  
Gara Until 7:17PM  
Panchami Until 6:03AM

Ganesh: White  
Muruga: White  
Nataraja: Purple  
Moon - Orange

Sunrise: 5:19AM  
Sunset: 6:17PM  
Moon 3 - Phase 49 - 5

**Devaloka Day**

Ashtand, NH  
Sutra 359  
Vasvasu 5127  
Vasvasu 5127

5

Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 - 22  
Routine Work Marana Yoga  
Until 10:12PM  
Then Creative Work - Amrita Yoga

Gulika  
Yama  
Rahu

10:10AM - 11:48AM  
6:55AM - 8:33AM  
11:48AM - 1:26PM

Mula\* Until 10:12PM  
Varjyan Until 6:33AM  
Visi Until 9:40PM  
Shashthi\* Until 8:28AM

Ganesh: Yellow  
Muruga: White  
Nataraja: Purple  
Moon - Light Blue

Sunrise: 5:18AM  
Sunset: 6:19PM  
Moon 3 - Phase 49 - 6

**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Ashtand, NH  
Sutra 360  
Vasvasu 5127  
Vasvasu 5127

D

Thursday, April 9, 2026

Retreat Star

Dhanus Rasi: 17.12 Tithi 22 - 23  
Creative Work Siddha Yoga  
Until 12:53AM Fri  
Then Routine Work - Marana Yoga

Gulika  
Yama  
Rahu

8:32AM - 10:10AM  
5:16AM - 6:54AM  
1:26PM - 3:04PM

Purvashadha\* Until 12:53AM Fri  
Parigaha\* Until 7:21AM  
Balava Until 11:49PM  
Saptami Until 10:46AM

Ganesh: Yellow  
Muruga: White  
Nataraja: Purple  
Moon - Light Blue

Sunrise: 5:16AM  
Sunset: 6:20PM  
Moon 3 - Phase 49 - 7

**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Ashtand, NH  
Sutra 361  
Vasvasu 5127  
Vasvasu 5127

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 - 24  
Routine Work Marana Yoga  
Until 2:57AM Sat  
Then Creative Work - Siddha Yoga

Gulika  
Yama  
Rahu

6:52AM - 8:31AM  
3:04PM - 4:43PM  
10:09AM - 11:48AM

Uttarashadha Until 2:57AM Sat  
Shiva Until 7:56AM  
Taitilla Until 1:32AM Sat  
Ashlami\* Until 12:43PM

Ganesh: Yellow  
Muruga: White  
Nataraja: Purple  
Moon - Light Blue

Sunrise: 5:14AM  
Sunset: 6:21PM  
Moon 3 - Phase 49 - 8

**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Ashtand, NH  
Sutra 362  
Vasvasu 5127  
Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Ashtand, NH on 2/11/24

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|          |   |               |  |   |  |   |                        |                           |
|----------|---|---------------|--|---|--|---|------------------------|---------------------------|
| <b>1</b> | <b>Saturday, April 11, 2026</b>                     |               | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yuktiyam<br>Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau |   |  |   | Ashland, NH<br>Sun 9   | Sutra 363<br>Vasvasu 5127 |
|          | Makara Rasi: 11.28                                  | TITHI 24 – 25 | <b>Gulika</b><br>5:12AM – 6:51AM   | <b>Shravana Until 4:44AM Sun</b>              | <b>Ganesh:</b> Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:12AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 12 | 2nd Phase                 |
|          | Creative Work Siddha Yoga                           |               | <b>Yama</b><br>1:26PM – 3:05PM   | Siddha Until 8:05AM                           | <b>Chaitra-Panguni</b>   |   | <b>Devaloka Day</b>    |                           |
|          | Until 4:44AM Sun<br>Then Routine Work – Marana Yoga |               | <b>Rahu</b><br>8:30AM – 10:09AM  | Bava Until 2:36AM Sun<br>Navami* Until 2:08PM |  |   |                        |                           |

|          |  |               |  |  |  |   |                        |                           |
|----------|--|---------------|--|--|--|---|------------------------|---------------------------|
| <b>2</b> | <b>Sunday, April 12, 2026</b>                        |               | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yuktiyam<br>Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau |  |  |   | Ashland, NH<br>Sun 10  | Sutra 364<br>Vasvasu 5127 |
|          | Makara Rasi: 23.59                                   | TITHI 25 – 26 | <b>Gulika</b><br>3:05PM – 4:44PM   | <b>Dhanishtha Until 5:35AM Mon</b>           | <b>Ganesh:</b> Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:17AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 10 | 2nd Phase                 |
|          | Routine Work Marana Yoga                             |               | <b>Yama</b><br>11:47AM – 1:26PM  | Sadhya Until 7:44AM<br>Bava Until 2:53AM Mon | <b>Chaitra-Panguni</b>   |   | <b>Devaloka Day</b>    |                           |
|          | Until 5:35AM Mon<br>Then Creative Work – Siddha Yoga |               | <b>Rahu</b><br>4:44PM – 6:23PM   | Dashami Until 2:50PM                         |  |   |                        |                           |

|          |                               |               |   |  |  |   |                        |                         |
|----------|-------------------------------|---------------|---|--|--|---|------------------------|-------------------------|
| <b>3</b> | <b>Monday, April 13, 2026</b> |               | Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksho Indu Vasara Yuktiyam<br>Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau |  |  |   | Ashland, NH<br>Sun 11  | Sutra 1<br>Vasvasu 5127 |
|          | Kumbha Rasi: 6.53             | TITHI 26 – 27 | <b>Gulika</b><br>1:26PM – 3:06PM  | <b>Shatabhishak Until 5:28AM Tue</b>           | <b>Ganesh:</b> Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:09AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 11 | 2nd Phase               |
|          | Family Home Evening           |               | <b>Yama</b><br>10:07AM – 11:47AM  | Subha Until 6:47AM<br>Kaulava Until 2:21AM Tue | <b>Chaitra-Chaitra</b>   |   | <b>Devaloka Day</b>    |                         |
|          | Creative Work Siddha Yoga     |               | <b>Rahu</b><br>6:48AM – 8:28AM  | Ekadashi* Until 2:42PM                         |  |   |                        |                         |

|          |  |               |  |  |   |   |                        |                           |
|----------|--|---------------|--|--|---|---|------------------------|---------------------------|
| <b>4</b> | <b>Tuesday, April 14, 2026</b>                       |               | Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksho Mangala Vasara Yuktiyam<br>Purvashrothapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashyam Tilau |  |   |   | Ashland, NH<br>Sun 12  | Sutra 2<br>Parabhava 5128 |
|          | Kumbha Rasi: 20.12                                   | TITHI 27 – 28 | <b>Gulika</b><br>11:46AM – 1:26PM  | <b>Purvashrothapada* Until 4:53AM Wed</b>        | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:07AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 12 | 2nd Phase                 |
|          | Routine Work Marana Yoga                             |               | <b>Yama</b><br>8:27AM – 10:07AM  | Brahma Until 2:54AM Wed<br>Gara Until 1:00AM Wed | <b>Chaitra-Chaitra</b>  |   | <b>Bhuloka Day</b>     |                           |
|          | Until 4:53AM Wed<br>Then Creative Work – Siddha Yoga |               | <b>Rahu</b><br>3:06PM – 4:46PM   | Dvadashi* Until 1:45PM                           |   |   |                        |                           |

|          |                                  |               |   |   |   |   |                        |                           |
|----------|----------------------------------|---------------|---|---|---|---|------------------------|---------------------------|
| <b>5</b> | <b>Wednesday, April 15, 2026</b> |               | Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksho Butha Vasara Yuktiyam<br>Uttarashrothapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau |   |   |   | Ashland, NH<br>Sun 13  | Sutra 3<br>Parabhava 5128 |
|          | Meena Rasi: 3.58                 | TITHI 28 – 29 | <b>Gulika</b><br>10:06AM – 11:46AM  | <b>Uttarashrothapada Until 3:28AM Thu</b>     | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:06AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 13 | 2nd Phase                 |
|          | Creative Work Siddha Yoga        |               | <b>Yama</b><br>6:46AM – 8:26AM  | Indra Until 12:06AM Thu<br>Visi Until 10:58PM | <b>Chaitra-Chaitra</b>  |   | <b>Bhuloka Day</b>     |                           |
|          | Until 3:28AM Thu                 |               | <b>Rahu</b><br>11:46AM – 1:26PM   | Trayodashi* Until 12:03PM                     |   |   |                        |                           |

|          |                                 |  |  |                                |  |   |                              |                           |
|----------|---------------------------------|--|--|--------------------------------|--|---|------------------------------|---------------------------|
| <b>●</b> | <b>Thursday, April 16, 2026</b> |  | Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Krishna Paksho Guru Vasara Yuktiyam<br>Revati Nakshatra Vaidhriti* Yoga Sakuni/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau |                                |  |   | Ashland, NH<br>Sun 14        | Sutra 4<br>Parabhava 5128 |
|          | <b>Retreat Star</b>             |  | <b>Gulika</b><br>8:25AM – 10:05AM  | <b>Revati Until 1:22AM Fri</b> | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:04AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 14       | Amavasya                  |
|          | Meena Rasi: 18.11               |  | TITHI 29 – 30  | <b>Yama</b><br>5:04AM – 6:44AM | Vaidhriti* Until 8:49PM<br>Catuspadi Until 8:21PM                        | <b>Chaitra-Chaitra</b>                          |                              | <b>Bhuloka Day</b>        |
|          | Creative Work Siddha Yoga       |  | <b>Rahu</b><br>1:26PM – 3:07PM   | Chaturdashi* Until 9:42AM      |  |   | Devaloka Time: 9AM to 12:2PM |                           |

|          |                               |  |  |                                |   |   |                              |                           |
|----------|-------------------------------|--|--|--------------------------------|---|---|------------------------------|---------------------------|
| <b>●</b> | <b>Friday, April 17, 2026</b> |  | Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktiyam<br>Ashvini Nakshatra Vishkambha* Pithi Yoga Naja/Bava Karana Amavasya/Prathamayam Tilau |                                |   |   | Ashland, NH<br>Sun 15        | Sutra 5<br>Parabhava 5128 |
|          | <b>Retreat Star</b>           |  | <b>Gulika</b><br>6:43AM – 8:24AM   | <b>Ashvini Until 11:11PM</b>   | <b>Ganesh:</b> Red<br><b>Muruga:</b> White<br><b>Nataraja:</b> Purple | <b>Sunrise:</b> 5:03AM<br><b>Sunset:</b> 6:29PM | Moon 3 - Phase 50 - 15       | Prathama                  |
|          | Mesha Rasi: 2.44              |  | TITHI 30 – 1   | <b>Yama</b><br>3:07PM – 4:48PM | Vishkambha* Until 5:13PM<br>Bava Until 3:41AM Sat                     | <b>Chaitra-Chaitra</b>                          |                              | <b>Bhuloka Day</b>        |
|          | Creative Work Amrita Yoga     |  | <b>Rahu</b><br>10:05AM – 11:46AM   | Amavasya* Until 6:51AM         |   |   | Devaloka Time: 9AM to 12:2PM |                           |

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing His God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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|                                  |   |                               |  |                         |                             |                       |
|----------------------------------|---|-------------------------------|--|-------------------------|-----------------------------|-----------------------|
| <b>1</b>                         | <b>Saturday, April 18, 2026</b>   |                               | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Mantra Vesara Yukhtayam Ashland, NH |                         |                             |                       |
|                                  | Bharani Nakshatra Pih/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 6 |                               | Parabhava 5128   |                         |                             |                       |
| Mesha Rasi: 17.33                | Tithi 2   | <b>Gulika</b> 5:01AM - 6:42AM | <b>Bharani Until 8:39PM</b>  | <b>Ganesh:</b> Red      | Sunrise: 5:01AM             | Moon 3 - Phase 1 - 16 |
|                                  |   | <b>Yama</b> 1:27PM - 3:08PM   | <b>Prithi Until 1:25PM</b>   | <b>Muruga:</b> White    | Sunset: 6:39PM              | 3rd Phase             |
| Creative Work                    | Siddha Yoga   | <b>Rahu</b> 8:23AM - 10:04AM  | <b>Balava Until 2:02PM</b>   | <b>Nataraja:</b> Purple |                             |                       |
| Until 8:39PM                     |   |                               | <b>Dvitiya Until 12:21AM Sun</b>   | <b>Varaha-Chaitra</b>   | <b>Bhuloka Day</b>          |                       |
| Then Creative Work - Amrita Yoga |   |                               |  |                         | Devaloka Time: 9AM to12:2PM |                       |

|                     |   |                               |   |                         |                             |                       |
|---------------------|---|-------------------------------|---|-------------------------|-----------------------------|-----------------------|
| <b>2</b>            | <b>Sunday, April 19, 2026</b>   |                               | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Bhanu Vesara Yukhtayam Ashland, NH |                         |                             |                       |
|                     | Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Titau Sun 17 Sutra 7 |                               | Parabhava 5128  |                         |                             |                       |
| Wishabha Rasi: 2.28 | Tithi 3   | <b>Gulika</b> 3:08PM - 4:50PM | <b>Kritika Until 5:58PM</b>   | <b>Ganesh:</b> Red      | Sunrise: 4:59AM             | Moon 3 - Phase 1 - 17 |
|                     |   | <b>Yama</b> 11:45AM - 1:27PM  | <b>Ayushman Until 9:31AM</b>  | <b>Muruga:</b> White    | Sunset: 6:29PM              | 3rd Phase             |
| Creative Work       | Siddha Yoga   | <b>Rahu</b> 4:50PM - 6:32PM   | <b>Talilla Until 10:41AM</b>  | <b>Nataraja:</b> Purple |                             |                       |
|                     |   |                               | <b>Moon - White</b>   | <b>Varaha-Chaitra</b>   | <b>Bhuloka Day</b>          |                       |
|                     |   | <b>Akshaya Tritiya</b>        | <b>Tritiya Until 9:00PM</b>   |                         | Devaloka Time: 9AM to12:2PM |                       |

|                                 |   |                               |  |                         |                             |                       |
|---------------------------------|---|-------------------------------|--|-------------------------|-----------------------------|-----------------------|
| <b>3</b>                        | <b>Monday, April 20, 2026</b>   |                               | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Indu Vesara Yukhtayam Ashland, NH |                         |                             |                       |
|                                 | Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurthi/Panchamyam Titau Sun 18 Sutra 8 |                               | Parabhava 5128   |                         |                             |                       |
| Wishabha Rasi: 17.22            | Tithi 4 - 5   | <b>Gulika</b> 1:27PM - 3:09PM | <b>Rohini Until 3:40PM</b>   | <b>Ganesh:</b> Yellow   | Sunrise: 4:57AM             | Moon 3 - Phase 1 - 18 |
| <b>Family Home Evening</b>      |   | <b>Yama</b> 10:03AM - 11:45AM | <b>Sobhana Until 2:03AM Tue</b>  | <b>Muruga:</b> White    | Sunset: 6:39PM              | 3rd Phase             |
| Creative Work                   | Amrita Yoga   | <b>Rahu</b> 6:39AM - 8:21AM   | <b>Vanija Until 7:24AM</b>   | <b>Nataraja:</b> Purple |                             |                       |
| Until 1:31PM                    |   |                               | <b>Moon - Yellow</b>   | <b>Varaha-Chaitra</b>   | <b>Bhuloka Day</b>          |                       |
| Then Routine Work - Marana Yoga |   |                               | <b>Chalurthi Until 5:49PM</b>  |                         | Devaloka Time: 9AM to12:2PM |                       |

|                                 |   |                                |   |                         |                             |                       |
|---------------------------------|---|--------------------------------|---|-------------------------|-----------------------------|-----------------------|
| <b>4</b>                        | <b>Tuesday, April 21, 2026</b>  |                                | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Mangala Vesara Yukhtayam Ashland, NH |                         |                             |                       |
|                                 | Mrigashira/Ardra Nakshatra Alhiganda Yoga Balava/Kaulava Karana Panchami/Shushthiyam Titau Sun 19 Sutra 9 |                                | Parabhava 5128  |                         |                             |                       |
| Mithuna Rasi: 2.05              | Tithi 5 - 6   | <b>Gulika</b> 11:45AM - 1:27PM | <b>Mrigashira Until 1:31PM</b>  | <b>Ganesh:</b> Yellow   | Sunrise: 4:56AM             | Moon 3 - Phase 1 - 19 |
|                                 |   | <b>Yama</b> 8:20AM - 10:03AM   | <b>Alhiganda Until 10:39PM</b>  | <b>Muruga:</b> White    | Sunset: 6:39PM              | 3rd Phase             |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b> 3:09PM - 4:52PM    | <b>Kaulava Until 1:36AM Wed</b>   | <b>Nataraja:</b> Purple |                             |                       |
| Until 1:31PM                    |   | <b>Adi Sankara Jayanthi</b>    | <b>Panchami Until 2:54PM</b>  | <b>Moon - Yellow</b>    | <b>Varaha-Chaitra</b>       | <b>Bhuloka Day</b>    |
| Then Routine Work - Marana Yoga |   |                                |   |                         | Devaloka Time: 9AM to12:2PM |                       |

|                     |  |                                 |   |                         |                             |                       |
|---------------------|--|---------------------------------|---|-------------------------|-----------------------------|-----------------------|
| <b>5</b>            | <b>Wednesday, April 22, 2026</b>   |                                 | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Budha Vesara Yukhtayam Ashland, NH |                         |                             |                       |
|                     | Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 10 |                                 | Parabhava 5128  |                         |                             |                       |
| Mithuna Rasi: 16.34 | Tithi 6 - 7  | <b>Gulika</b> 10:02AM - 11:45AM | <b>Ardra Until 11:37AM</b>  | <b>Ganesh:</b> Yellow   | Sunrise: 4:54AM             | Moon 3 - Phase 1 - 20 |
|                     |  | <b>Yama</b> 6:37AM - 8:19AM     | <b>Sukama Until 7:38PM</b>  | <b>Muruga:</b> White    | Sunset: 6:39PM              | 3rd Phase             |
| Creative Work       | Siddha Yoga  | <b>Rahu</b> 11:45AM - 1:27PM    | <b>Gara Until 11:20PM</b>   | <b>Nataraja:</b> Purple |                             |                       |
|                     |  |                                 | <b>Shashthi Until 12:23PM</b>   | <b>Moon - Yellow</b>    | <b>Varaha-Chaitra</b>       | <b>Bhuloka Day</b>    |
|                     |  |                                 |   |                         | Devaloka Time: 9AM to12:2PM |                       |

|                   |                                 |                                |  |                         |                       |                       |
|-------------------|---------------------------------|--------------------------------|--|-------------------------|-----------------------|-----------------------|
| <b>D</b>          | <b>Thursday, April 23, 2026</b> |                                | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Guru Vesara Yukhtayam Ashland, NH |                         |                       |                       |
|                   | <b>Retreat Star</b>             |                                | Punarvasu/Pushya Nakshatra Dhriti/Shula Yoga Vanija/Visli Karana Saptami/Ashtamyam Titau Sun 21 Sutra 11     |                         |                       |                       |
| Kataka Rasi: 0.43 | Tithi 7 - 8                     | <b>Gulika</b> 8:18AM - 10:01AM | <b>Punarvasu Until 10:29AM</b>   | <b>Ganesh:</b> White    | Sunrise: 4:53AM       | Parabhava 5128        |
|                   |                                 | <b>Yama</b> 4:53AM - 6:36AM    | <b>Dhriti Until 5:03PM</b>   | <b>Muruga:</b> White    | Sunset: 6:39PM        | Moon 3 - Phase 1 - 21 |
| Creative Work     | Amrita Yoga                     | <b>Rahu</b> 1:27PM - 3:10PM    | <b>Visli Until 9:35PM</b>  | <b>Nataraja:</b> Purple |                       | Ashtami               |
|                   |                                 |                                | <b>Saptami Until 10:22AM</b>   | <b>Moon - Blue</b>      | <b>Varaha-Chaitra</b> | <b>Devaloka Day</b>   |
|                   |                                 |                                |  |                         |                       |                       |

|                               |                     |                               |   |                        |                       |                       |
|-------------------------------|---------------------|-------------------------------|---|------------------------|-----------------------|-----------------------|
| <b>Friday, April 24, 2026</b> | <b>Retreat Star</b> |                               | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Sukra Vesara Yukhtayam Ashland, NH |                        |                       |                       |
|                               | <b>Retreat Star</b> |                               | Pushya/Ashlesha Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 12          |                        |                       |                       |
| Kataka Rasi: 14.32            | Tithi 8 - 9         | <b>Gulika</b> 6:34AM - 8:18AM | <b>Pushya Until 9:45AM</b>  | <b>Ganesh:</b> White   | Sunrise: 4:51AM       | Parabhava 5128        |
|                               |                     | <b>Yama</b> 3:11PM - 4:54PM   | <b>Shula Until 2:53PM</b>   | <b>Muruga:</b> White   | Sunset: 6:39PM        | Moon 3 - Phase 1 - 22 |
| Routine Work                  | Marana Yoga         | <b>Rahu</b> 10:01AM - 11:44AM | <b>Balava Until 8:24PM</b>  | <b>Nataraja:</b> Clear |                       | Navami                |
|                               |                     |                               | <b>Ashtami Until 8:54AM</b>   | <b>Moon - Blue</b>     | <b>Varaha-Chaitra</b> | <b>Sivaloka Day</b>   |
|                               |                     |                               |   |                        |                       |                       |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Ashland, NH on 2/11/24

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| <b>1 Saturday, April 25, 2026</b>  |              | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Marja Vazara Yuktyam Ashlesha/Magha Nakshatra Ganda/Vidhi Yoga Kauava/Saila Karana Navami/Ekadeshyam Titau |   |   |   | Ashland, NH  |
| Kataka Rasi: 28.01   | Tithi 9 – 10 | <b>Gulika</b><br>4:49AM – 6:33AM<br>Yama<br>1:28PM – 3:11PM<br>244858679 Rahu<br>8:17AM – 10:00AM  | <b>Ashlesha* Until 9:26AM</b><br>Ganda* Until 1:12PM<br>Taitilla Until 7:46PM<br>Navami* Until 8:00AM | <b>Ganesh:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Blue | <b>Sunrise:</b> 4:49AM<br><b>Sunset:</b> 6:39PM | Sun 23<br>Sutra 13<br>Parabhava 5128<br>Moon 3 - Phase 2 - 23<br>4th Phase |
| Routine Work Marana Yoga<br>Until 9:26AM<br>Then Creative Work - Amrita Yoga |              | <b>Sivaloka Day</b>  |   |   |   |  |

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| <b>2 Sunday, April 26, 2026</b>  |               | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Bharu Vazara Yuktyam Magha/Puraphalguni Nakshatra Vidhi/Dhruva Yoga Gara/Vanja Karana Dashami/Ekadeshyam Titau |  |   |   | Ashland, NH  |
| Simha Rasi: 11.11  | Tithi 10 – 11 | <b>Gulika</b><br>3:12PM – 4:56PM<br>Yama<br>11:44AM – 1:28PM<br>255858679 Rahu<br>4:56PM – 6:40PM  | <b>Magha* Until 9:57AM</b><br>Vridhhi Until 11:57AM<br>Vanija Until 7:41PM<br>Dashami Until 7:39AM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red | <b>Sunrise:</b> 4:48AM<br><b>Sunset:</b> 6:40PM | Sun 24<br>Sutra 14<br>Parabhava 5128<br>Moon 3 - Phase 2 - 24<br>4th Phase |
| Routine Work Marana Yoga<br>Until 9:57AM<br>Then Creative Work - Siddha Yoga |               | <b>Bhuloka Day</b><br>Devaloka Time: 6 PM to 9 PM  |  |   |   |  |

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| <b>3 Monday, April 27, 2026</b>                  |               | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Indu Vazara Yuktyam Puraphalguni/Ultaraphalguni Nakshatra Dhruva/Vyagha* Yoga Vist/Bava Karana Ekadashi/Ekadeshyam Titau |   |   |   | Ashland, NH  |
| Simha Rasi: 24.05                                | Tithi 11 – 12 | <b>Gulika</b><br>1:28PM – 3:12PM<br>Yama<br>9:59AM – 11:44AM<br>255858679 Rahu<br>6:31AM – 8:15AM  | <b>Puraphalguni Until 10:49AM</b><br>Dhruva Until 11:04AM<br>Bava Until 8:04PM<br>Ekadashi Until 7:48AM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red | <b>Sunrise:</b> 4:46AM<br><b>Sunset:</b> 6:41PM | Sun 25<br>Sutra 15<br>Parabhava 5128<br>Moon 3 - Phase 2 - 25<br>4th Phase |
| Family Home Evening<br>Creative Work Siddha Yoga |               | <b>Bhuloka Day</b><br>Devaloka Time: 6 PM to 9 PM  |   |   |   |  |

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| <b>4 Tuesday, April 28, 2026</b>   |               | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Mangala Vazara Yuktyam Ultaraphalguni/Hasta Nakshatra Vyagha*/Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodeshyam Titau |  |   |   | Ashland, NH  |
| Kanya Rasi: 6.47   | Tithi 12 – 13 | <b>Gulika</b><br>11:43AM – 1:28PM<br>Yama<br>8:14AM – 9:59AM<br>255858679 Rahu<br>3:13PM – 4:57PM  | <b>Ultraphalguni Until 11:57AM</b><br>Vyagha*/ Until 10:33AM<br>Kauava Until 8:53PM<br>Dvadashi Until 8:24AM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red | <b>Sunrise:</b> 4:45AM<br><b>Sunset:</b> 6:42PM | Sun 26<br>Sutra 16<br>Parabhava 5128<br>Moon 3 - Phase 2 - 26<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 11:57AM<br>Then Creative Work - Siddha Yoga |               | <b>Bhuloka Day</b><br>Devaloka Time: 6 PM to 9 PM  |  |   |   |  |

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| <b>5 Wednesday, April 29, 2026</b>   |               | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Budha Vazara Yuktyam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau |  |  |   | Ashland, NH  |
| Kanya Rasi: 19.18  | Tithi 13 – 14 | <b>Gulika</b><br>9:58AM – 11:43AM<br>Yama<br>6:28AM – 8:13AM<br>265858679 Rahu<br>11:43AM – 1:28PM  | <b>Hasla Until 1:47PM</b><br>Harshana Until 10:22AM<br>Gara Until 10:04PM<br>Trayodashi Until 9:25AM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green | <b>Sunrise:</b> 4:43AM<br><b>Sunset:</b> 6:43PM | Sun 27<br>Sutra 17<br>Parabhava 5128<br>Moon 3 - Phase 2 - 27<br>4th Phase |
| Routine Work Marana Yoga<br>Until 1:47PM<br>Then Creative Work - Siddha Yoga |               | <b>Devaloka Day</b>   |  |  |   |  |

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| <b>Thursday, April 30, 2026</b>   |               | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Guru Vazara Yuktyam Chitra/Svati Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau |  |  |   | Ashland, NH  |
| Tula Rasi: 1.39   | Tithi 14 – 15 | <b>Gulika</b><br>8:13AM – 9:58AM<br>Yama<br>4:42AM – 6:27AM<br>265858679 Rahu<br>1:28PM – 3:14PM  | <b>Chitra Until 3:48PM</b><br>Vaja* Until 10:25AM<br>Visti Until 11:35PM<br>Chaturdashi* Until 10:46AM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green | <b>Sunrise:</b> 4:42AM<br><b>Sunset:</b> 6:44PM | Sun 28<br>Sutra 18<br>Parabhava 5128<br>Moon 3 - Phase 2 - Purnima |
| Creative Work Siddha Yoga<br>Until 3:48PM<br>Then Creative Work - Amrita Yoga |               | <b>Devaloka Day</b>   |  |  |   |  |

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| <b>Friday, May 1, 2026</b> |               | Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Krishna Paksha Sukra Vazara Yuktyam Svati/Vibhava Nakshatra Siddhi/Vyagha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  |  |   | Ashland, NH   |
| Tula Rasi: 13.52           | Tithi 15 – 16 | <b>Gulika</b><br>6:25AM – 8:11AM<br>Yama<br>3:15PM – 5:01PM<br>265858679 Rahu<br>9:57AM – 11:43AM  | <b>Svati Until 5:56PM</b><br>Siddhi Until 10:43AM<br>Balava Until 1:24AM Sat<br>Purnima* Until 12:26PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green | <b>Sunrise:</b> 4:39AM<br><b>Sunset:</b> 6:47PM | Sun 29<br>Sutra 19<br>Parabhava 5128<br>Moon 3 - Phase 2 - Prathama |
| Creative Work Siddha Yoga  |               | <b>Devaloka Day</b>  |  |  |   |   |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for on 2/11/24

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