



Tuesday, May 13, 2025  
Gold Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Parigaha/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Anchorage, AK  
Sutra 30

Vrischika Rasi: 8.59 Tithi 16 – 17

Gulika 12:55PM – 3:05PM  
Yama 8:36AM – 10:46AM  
Rahu 5:14PM – 7:24PM

Anuradha Until 9:17PM

Ganesha: Yellow Sunrise: 4:17AM  
Muruga: Red Sunset: 9:34PM

Visvvasu 5127  
Moon 4 - Phase 4 - 1st Phase

Creative Work Siddha Yoga  
Until 9:17PM  
Then Routine Work - Marana Yoga

Parigaha\* Until 4:03PM  
Taitila Until 11:08PM  
Prathama\* Until 10:08AM

Nataraja: Purple  
Moon – Orange  
Sivaloka Day  
Vaisaka-Chaitra

1

Wednesday, May 14, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK  
Sun 1 Sutra 31

Vrischika Rasi: 21.03 Tithi 17 – 18

Gulika 10:45AM – 12:55PM  
Yama 6:24AM – 8:35AM  
Rahu 12:55PM – 3:05PM

Jyeshtha\* Until 11:27PM

Ganesha: Yellow Sunrise: 4:14AM  
Muruga: Red Sunset: 9:36PM

Visvvasu 5127  
Moon 4 - Phase 4 - 1st Phase

Creative Work Siddha Yoga  
Until 11:27PM  
Then Routine Work - Marana Yoga

Shiva Until 4:31PM  
Vanija Until 12:51AM Thu  
Dvitiya Until 12:01PM

Nataraja: Purple  
Moon – Orange  
Sivaloka Day  
Vaisaka-Vaikasi

2

Thursday, May 15, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Anchorage, AK  
Sun 2 Sutra 32

Dhanus Rasi: 3.15 Tithi 18 – 19

Gulika 8:33AM – 10:44AM  
Yama 4:12AM – 6:22AM  
Rahu 3:06PM – 5:17PM

Mula\* Until 1:37AM Fri

Ganesha: Blue Sunrise: 4:12AM  
Muruga: Red Sunset: 9:39PM

Visvvasu 5127  
Moon 4 - Phase 4 - 2 1st Phase

Creative Work Siddha Yoga  
Until 1:37AM Fri  
Then Routine Work - Prabalarishta Yoga

Siddha Until 4:42PM  
Bava Until 2:14AM Fri  
Tritiya Until 1:34PM

Nataraja: Purple  
Moon – Light Blue  
Subha Sivaloka Day  
Vaisaka-Vaikasi

3

Friday, May 16, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK  
Sun 3 Sutra 33

Dhanus Rasi: 15.35 Tithi 19 – 20

Gulika 6:21AM – 8:32AM  
Yama 5:18PM – 7:30PM  
Rahu 10:44AM – 12:55PM

Purvashadha\* Until 3:14AM Sat

Ganesha: Blue Sunrise: 4:09AM  
Muruga: Red Sunset: 9:41PM

Visvvasu 5127  
Moon 4 - Phase 4 - 3 1st Phase

Routine Work Prabalarishta Yoga  
Until 3:14AM Sat  
Then Routine Work - Marana Yoga

Sadhya Until 4:37PM  
Kaulava Until 3:13AM Sat  
Chaturthi\* Until 2:46PM

Nataraja: Purple  
Moon – Light Blue  
Subha Sivaloka Day  
Vaisaka-Vaikasi

4

Saturday, May 17, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK  
Sun 4 Sutra 34

Dhanus Rasi: 28.06 Tithi 20 – 21

Gulika 4:07AM – 6:19AM  
Yama 3:07PM – 5:19PM  
Rahu 8:31AM – 10:43AM

Uttarashadha Until 4:15AM Sun

Ganesha: Blue Sunrise: 4:07AM  
Muruga: Red Sunset: 9:44PM

Visvvasu 5127  
Moon 4 - Phase 4 - 4 1st Phase

Routine Work Marana Yoga  
Until 4:15AM Sun  
Then Creative Work - Amrita Yoga

Subha Until 4:13PM  
Gara Until 3:45AM Sun  
Panchami Until 3:31PM

Nataraja: Purple  
Moon – Light Blue  
Subha Sivaloka Day  
Vaisaka-Vaikasi

5

Sunday, May 18, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anchorage, AK  
Sun 5 Sutra 35

Makara Rasi: 10.5 Tithi 21 – 22

Gulika 5:21PM – 7:33PM  
Yama 12:55PM – 3:08PM  
Rahu 7:33PM – 9:46PM

Shravana Until 5:03AM Mon

Ganesha: Red Sunrise: 4:04AM  
Muruga: Red Sunset: 9:46PM

Visvvasu 5127  
Moon 4 - Phase 4 - 5 1st Phase

Creative Work Amrita Yoga  
Until 5:03AM Mon  
Then Creative Work - Siddha Yoga

Sukla Until 3:24PM  
Visti Until 3:43AM Mon  
Shashthi\* Until 3:47PM

Nataraja: Purple  
Moon – Purple  
Sivaloka Day  
Vaisaka-Vaikasi

6

Monday, May 19, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK  
Sun 6 Sutra 36

Makara Rasi: 23.5 Tithi 22 – 23

Gulika 3:09PM – 5:22PM  
Yama 10:42AM – 12:55PM  
Rahu 6:15AM – 8:28AM

Dhanishtha Until 5:06AM Tue

Ganesha: Blue Sunrise: 4:02AM  
Muruga: Red Sunset: 9:49PM

Visvvasu 5127  
Moon 4 - Phase 4 - 6 1st Phase

Family Home Evening  
Creative Work Siddha Yoga  
Until 5:06AM Tue  
Then Routine Work - Marana Yoga

Brahma Until 2:08PM  
Balava Until 3:06AM Tue  
Saptami Until 3:28PM

Nataraja: Purple  
Moon – Purple  
Devaloka Day  
Vaisaka-Vaikasi

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Tuesday, May 20, 2025

Shalabhishak Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK  
Sun 7 Sutra 37

Kumbha Rasi: 7.1 Tithi 23 – 24

Gulika 12:55PM – 3:09PM  
Yama 8:27AM – 10:41AM  
Rahu 5:23PM – 7:37PM

Shatabhishak Until 4:22AM Wed

Ganesha: Blue Sunrise: 3:59AM  
Muruga: Red Sunset: 9:51PM

Visvvasu 5127  
Moon 4 - Phase 4 - 7 Ashtami

Routine Work Marana Yoga  
Until 4:22AM Wed  
Then Creative Work - Amrita Yoga

Indra Until 12:23PM  
Taitila Until 1:50AM Wed  
Ashtami\* Until 2:31PM

Nataraja: Purple  
Moon – Purple  
Devaloka Day  
Vaisaka-Vaikasi

Wednesday, May 21, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vaidhriti\*/Mishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Anchorage, AK  
Sun 8 Sutra 38

Kumbha Rasi: 20.51 Tithi 24 – 25

Gulika 10:41AM – 12:55PM  
Yama 6:12AM – 8:26AM  
Rahu 12:55PM – 3:10PM

Purvaproshtapada\* Until 3:17AM Thu

Ganesha: White Sunrise: 3:57AM  
Muruga: Red Sunset: 9:54PM

Visvvasu 5127  
Moon 4 - Phase 4 - 8 Navami

Creative Work Amrita Yoga  
Until 3:17AM Thu  
Then Creative Work - Siddha Yoga

Vaidhriti\* Until 10:05AM  
Vanija Until 11:55PM  
Navami\* Until 12:56PM

Nataraja: Purple  
Moon – Clear  
Devaloka Day  
Vaisaka-Vaikasi

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Anchorage, AK on 11/19/23


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<b>1</b>	<b>Thursday, May 22, 2025</b>		Visvvasu Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkamba /Priti Yoga Visti /Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Meena Rasi: 4.56	Tithi 25 – 26	<b>Gulika</b> 8:25AM – 10:40AM	<b>Uttaraproshtapada</b> Until 1:30AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:55AM	Sun 9 Sutra 39
			Yama 3:55AM – 6:10AM	Vishkamba* Until 7:18AM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:56PM	Visvvasu 5127
	Creative Work	Siddha Yoga	216318579 <b>Rahu</b> 3:11PM – 5:26PM	Bava Until 9:26PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 9
			<b>Dashami</b> Until 10:43AM	Moon – Clear		2nd Phase	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, May 23, 2025</b>		Visvvasu Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Meena Rasi: 19.24	Tithi 26 – 27	<b>Gulika</b> 6:08AM – 8:24AM	<b>Revati</b> Until 11:06PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:53AM	Sun 10 Sutra 40
			Yama 5:27PM – 7:43PM	Ayushman Until 12:25AM Sat	<b>Muruga:</b> Red	<i>Sunset:</i> 9:58PM	Visvvasu 5127
	Creative Work	Siddha Yoga	216318579 <b>Rahu</b> 10:40AM – 12:55PM	Kaulava Until 6:26PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 10
			<b>Ekadashi*</b> Until 7:58AM	Moon – Clear		2nd Phase	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	
						Then Creative Work - Amrita Yoga	

<b>3</b>	<b>Saturday, May 24, 2025</b>		Visvvasu Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK
	Mesha Rasi: 4.11	Tithi 28	<b>Gulika</b> 3:50AM – 6:07AM	<b>Ashvini</b> Until 8:37PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:50AM	Sun 11 Sutra 41
			Yama 3:12PM – 5:28PM	Saubhagya Until 8:30PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:01PM	Visvvasu 5127
	Creative Work	Siddha Yoga	226318579 <b>Rahu</b> 8:23AM – 10:39AM	Gara Until 3:05PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 11
			<b>Trayodashi*</b> Until 1:18AM Sun	Moon – White		2nd Phase	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Sunday, May 25, 2025</b>		Visvvasu Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti /Sakuni* Karana Chaturdashyam Titau				Anchorage, AK
	Mesha Rasi: 19.13	Tithi 29	<b>Gulika</b> 5:29PM – 7:46PM	<b>Bharani</b> Until 5:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:48AM	Sun 12 Sutra 42
			Yama 12:56PM – 3:12PM	Sobhana Until 4:27PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:03PM	Visvvasu 5127
	Routine Work	Prabalarishta Yoga	326418579 <b>Rahu</b> 7:46PM – 10:03PM	Visti Until 11:30AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 12
			<b>Chaturdashi*</b> Until 9:39PM	Moon – White		2nd Phase	
				<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>	
						Then Creative Work - Siddha Yoga	

	<b>Monday, May 26, 2025</b>		Visvvasu Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK
	<b>Retreat Star</b>		<b>Gulika</b> 3:13PM – 5:30PM	<b>Krittika</b> Until 2:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:46AM	Sun 13 Sutra 43
	Vrishabha Rasi: 4.19	Tithi 30	Yama 10:38AM – 12:56PM	Athiganda* Until 12:21PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:05PM	Visvvasu 5127
	<b>Family Home Evening</b>		327418579 <b>Rahu</b> 6:04AM – 8:21AM	Catuspada Until 7:51AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 13
			<b>Amavasya*</b> Until 6:01PM	Moon – White		Amavasya	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	
						Then Creative Work - Amrita Yoga	

	<b>Tuesday, May 27, 2025</b>		Visvvasu Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhrili Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Anchorage, AK
	<b>Retreat Star</b>		<b>Gulika</b> 12:56PM – 3:14PM	<b>Rohini</b> Until 12:21PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:44AM	Sun 14 Sutra 44
	Vrishabha Rasi: 19.22	Tithi 1 – 2	Yama 8:20AM – 10:38AM	Sukarma Until 8:23AM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:07PM	Visvvasu 5127
	Creative Work	Amrita Yoga	337418579 <b>Rahu</b> 5:32PM – 7:49PM	Balava Until 12:59AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 14
			<b>Prathama*</b> Until 2:34PM	Moon – Yellow		Prathama	
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	
						Then Creative Work - Siddha Yoga	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Wednesday, May 28, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 15 Sutra 45
	Mithuna Rasi: 4.12	Tithi 2 – 3	<b>Gulika</b> 10:38AM – 12:56PM	<b>Mrigashira</b> Until 10:01AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:42AM	Visvvasu 5127
			Yama 6:01AM – 8:19AM	Shula* Until 1:18AM Thu	<b>Muruga:</b> Red	<i>Sunset:</i> 10:09PM	Moon 4 - Phase 6 - 15
	Creative Work	Siddha Yoga	337418579 <b>Rahu</b> 12:56PM – 3:14PM	Taitila Until 10:07PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> Until 11:28AM	Moon – Yellow		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

2	<b>Thursday, May 29, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Anchorage, AK Sun 16 Sutra 46
	Mithuna Rasi: 18.41	Tithi 3 – 4	<b>Gulika</b> 8:18AM – 10:37AM	<b>Ardra</b> Until 8:03AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:40AM	Visvvasu 5127
			Yama 3:40AM – 5:59AM	Ganda* Until 10:28PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:12PM	Moon 4 - Phase 6 - 16
	Routine Work	Marana Yoga	337418579 <b>Rahu</b> 3:15PM – 5:34PM	Vanija Until 7:50PM	<b>Nataraja:</b> Purple		3rd Phase
Until 8:03AM			<b>Tritiya</b> Until 8:53AM	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

3	<b>Friday, May 30, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 17 Sutra 47
	Kataka Rasi: 2.44	Tithi 4 – 5	<b>Gulika</b> 5:58AM – 8:17AM	<b>Punarvasu</b> Until 7:02AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:39AM	Visvvasu 5127
			Yama 5:35PM – 7:54PM	Vriddhi Until 8:15PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:14PM	Moon 4 - Phase 6 - 17
	Creative Work	Siddha Yoga	347418579 <b>Rahu</b> 10:37AM – 12:56PM	Bava Until 6:18PM	<b>Nataraja:</b> Purple		3rd Phase
Until 7:02AM			<b>Chaturthi*</b> Until 6:57AM	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

4	<b>Saturday, May 31, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 18 Sutra 48
	Kataka Rasi: 16.17	Tithi 6	<b>Gulika</b> 3:37AM – 5:57AM	<b>Pushya</b> Until 6:39AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:37AM	Visvvasu 5127
			Yama 3:16PM – 5:36PM	Dhruva Until 6:41PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:16PM	Moon 4 - Phase 6 - 18
	Creative Work	Siddha Yoga	347418579 <b>Rahu</b> 8:17AM – 10:36AM	Kaulava Until 5:35PM	<b>Nataraja:</b> Purple		3rd Phase
Until 6:39AM			<b>Shashthi*</b> Until 5:32AM Sun	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

5	<b>Sunday, June 1, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 19 Sutra 49
	Kataka Rasi: 29.23	Tithi 7	<b>Gulika</b> 5:37PM – 7:57PM	<b>Ashlesha*</b> Until 6:58AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:35AM	Visvvasu 5127
			Yama 12:56PM – 3:17PM	Vyaghata* Until 5:50PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:18PM	Moon 4 - Phase 6 - 19
	Creative Work	Siddha Yoga	348418579 <b>Rahu</b> 7:57PM – 10:18PM	Gara Until 5:45PM	<b>Nataraja:</b> Purple		3rd Phase
Until 6:58AM			<b>Saptami</b> Until 6:08AM Mon	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

D	<b>Monday, June 2, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 20 Sutra 50
	Simha Rasi: 12.03	Tithi 7 – 8	<b>Gulika</b> 3:17PM – 5:38PM	<b>Magha*</b> Until 8:26AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:34AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:36AM – 12:57PM	Harshana Until 5:39PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:19PM	Moon 4 - Phase 6 - 20
	Routine Work	Marana Yoga	358418579 <b>Rahu</b> 5:54AM – 8:15AM	Vistit Until 6:45PM	<b>Nataraja:</b> Purple		Ashtami
Until 8:26AM			<b>Saptami</b> Until 6:08AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

D	<b>Tuesday, June 3, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 21 Sutra 51
	Simha Rasi: 24.23	Tithi 8 – 9	<b>Gulika</b> 12:57PM – 3:18PM	<b>Purvaphalguni</b> Until 10:30AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:32AM	Visvvasu 5127
			Yama 8:14AM – 10:36AM	Vajra* Until 5:59PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:21PM	Moon 4 - Phase 6 - 21
	Creative Work	Siddha Yoga	358418579 <b>Rahu</b> 5:39PM – 8:00PM	Balava Until 8:26PM	<b>Nataraja:</b> Purple		Navami
Until 10:30AM			<b>Ashtami*</b> Until 7:30AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Wednesday, June 4, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Anchorage, AK Sun 22 Sutra 52
	Kanya Rasi: 6.26	Tithi 9 – 10	<b>Gulika</b> 10:35AM – 12:57PM	<b>Uttaraphalguni</b> Until 12:58PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:31AM	Visvvasu 5127
		358418571	<b>Yama</b> 5:52AM – 8:14AM	Siddhi Until 6:45PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:23PM	Moon 4 - Phase 7 - 22
			<b>Rahu</b> 12:57PM – 3:18PM	Taitila Until 10:39PM	<b>Nataraja:</b> Blue		4th Phase
				<b>Navami*</b> Until 9:28AM	Moon – Red		<b>Subha Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

<b>2</b>	<b>Thursday, June 5, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 23 Sutra 53
	Kanya Rasi: 18.2	Tithi 10 – 11	<b>Gulika</b> 8:13AM – 10:35AM	<b>Hasta</b> Until 4:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:29AM	Visvvasu 5127
		368418571	<b>Yama</b> 3:29AM – 5:51AM	Vyatipata* Until 7:45PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:25PM	Moon 4 - Phase 7 - 23
			<b>Rahu</b> 3:19PM – 5:41PM	Vanija Until 1:08AM Fri	<b>Nataraja:</b> Blue		4th Phase
				<b>Dashami</b> Until 11:51AM	Moon – Green		<b>Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

<b>3</b>	<b>Friday, June 6, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 24 Sutra 54
	Tula Rasi: 0.1	Tithi 11 – 12	<b>Gulika</b> 5:50AM – 8:13AM	<b>Chitra</b> Until 7:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:28AM	Visvvasu 5127
		368418571	<b>Yama</b> 5:42PM – 8:04PM	Variyan Until 8:48PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:26PM	Moon 4 - Phase 7 - 24
			<b>Rahu</b> 10:35AM – 12:57PM	Bava Until 3:40AM Sat	<b>Nataraja:</b> Blue		4th Phase
				<b>Ekadashi</b> Until 2:23PM	Moon – Green		<b>Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

<b>4</b>	<b>Saturday, June 7, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 25 Sutra 55
	Tula Rasi: 11.58	Tithi 12 – 13	<b>Gulika</b> 3:27AM – 5:49AM	<b>Svati</b> Until 10:04PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:27AM	Visvvasu 5127
		368418571	<b>Yama</b> 3:20PM – 5:43PM	Parigha* Until 9:49PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:28PM	Moon 4 - Phase 7 - 25
			<b>Rahu</b> 8:12AM – 10:35AM	Kaulava Until 6:04AM Sun	<b>Nataraja:</b> Blue		4th Phase
				<b>Dvadashi</b> Until 4:52PM	Moon – Green		<b>Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

*Pradosha Vrata*

<b>5</b>	<b>Sunday, June 8, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Tailita Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 56
	Tula Rasi: 23.5	Tithi 13	<b>Gulika</b> 5:43PM – 8:06PM	<b>Vishakha</b> Until 1:03AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:26AM	Visvvasu 5127
		379418571	<b>Yama</b> 12:58PM – 3:20PM	Shiva Until 10:40PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:29PM	Moon 4 - Phase 7 - 26
			<b>Rahu</b> 8:06PM – 10:29PM	Kaulava Until 6:04AM	<b>Nataraja:</b> Blue		4th Phase
				<b>Trayodashi</b> Until 7:10PM	Moon – Orange		<b>Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

<b>6</b>	<b>Monday, June 9, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 57
	Vrischika Rasi: 5.48	Tithi 14	<b>Gulika</b> 3:21PM – 5:44PM	<b>Anuradha</b> Until 3:33AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:25AM	Visvvasu 5127
		379418571	<b>Yama</b> 10:34AM – 12:58PM	Siddha Until 11:14PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:31PM	Moon 4 - Phase 7 - 27
			<b>Rahu</b> 5:48AM – 8:11AM	Gara Until 8:13AM	<b>Nataraja:</b> Blue		4th Phase
				<b>Chaturdashi*</b> Until 9:09PM	Moon – Orange		<b>Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

<b>○</b>	<b>Tuesday, June 10, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK Sun 28 Sutra 58
	Vrischika Rasi: 17.54	Tithi 15	<b>Gulika</b> 12:58PM – 3:21PM	<b>Jyeshtha*</b> Until 5:32AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:24AM	Visvvasu 5127
		379418571	<b>Yama</b> 8:11AM – 10:34AM	Sadhya Until 11:33PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:32PM	Moon 4 - Phase 7 -
			<b>Rahu</b> 5:45PM – 8:08PM	Visti Until 10:01AM	<b>Nataraja:</b> Blue		Purnima
				<b>Purnima*</b> Until 10:46PM	Moon – Orange		<b>Sivaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

<b>○</b>	<b>Wednesday, June 11, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK Sun 29 Sutra 59
	Dhanus Rasi: 0.09	Tithi 16	<b>Gulika</b> 10:34AM – 12:58PM	<b>Mula*</b> Until 7:27AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:23AM	Visvvasu 5127
		389418571	<b>Yama</b> 5:47AM – 8:10AM	Subha Until 11:35PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:33PM	Moon 4 - Phase 7 -
			<b>Rahu</b> 12:58PM – 3:22PM	Balava Until 11:27AM	<b>Nataraja:</b> Blue		Prathama
				<b>Prathama*</b> Until 12:00AM Thu	Moon – Light Blue		<b>Devaloka Day</b>
							<b>Jyeshtha-Vaikasi</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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**Thursday, June 12, 2025**  
**Gold Retreat Star**

Dhanus Rasi: 12.34      Tithi 17  
389418571  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      8:10AM – 10:34AM      **Mula\* Until 7:27AM**  
Yama      3:22AM – 5:46AM      Sukla Until 11:17PM  
**Rahu**      3:22PM – 5:46PM      Taitila Until 12:30PM

Anchorage, AK  
Sun 1      Sutra 60  
Visvvasu 5127

**Ganesha:** Purple      *Sunrise:* 3:22AM  
**Muruga:** Red      *Sunset:* 10:34PM      Moon 5 - Phase 8 - 1  
**Nataraja:** Blue      1st Phase  
Moon – Light Blue  
**Devaloka Day**  
Jyeshtha-Vaikasi

**1**

**Friday, June 13, 2025**

Dhanus Rasi: 25.09      Tithi 18  
389418571  
Routine Work      Prabalarishta Yoga  
Until 8:51AM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

**Gulika**      5:46AM – 8:10AM      **Purvashadha\* Until 8:51AM**  
Yama      5:47PM – 8:11PM      Brahma Until 10:42PM  
**Rahu**      10:34AM – 12:58PM      Vanija Until 1:09PM

Anchorage, AK  
Sun 2      Sutra 61  
Visvvasu 5127

**Ganesha:** Purple      *Sunrise:* 3:21AM  
**Muruga:** Red      *Sunset:* 10:35PM      Moon 5 - Phase 8 - 2  
**Nataraja:** Blue      1st Phase  
Moon – Light Blue  
**Devaloka Day**  
Jyeshtha-Vaikasi

**2**

**Saturday, June 14, 2025**

Makara Rasi: 7.55      Tithi 19  
389418571  
Routine Work      Marana Yoga  
Until 9:43AM  
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Titau

**Gulika**      3:21AM – 5:45AM      **Uttarashadha Until 9:43AM**  
Yama      3:23PM – 5:47PM      Indra Until 9:50PM  
**Rahu**      8:10AM – 10:34AM      Bava Until 1:26PM

Anchorage, AK  
Sun 3      Sutra 62  
Visvvasu 5127

**Ganesha:** Purple      *Sunrise:* 3:21AM  
**Muruga:** Red      *Sunset:* 10:36PM      Moon 5 - Phase 8 - 3  
**Nataraja:** Blue      1st Phase  
Moon – Light Blue  
**Devaloka Day**  
Jyeshtha-Ani

**3**

**Sunday, June 15, 2025**

Makara Rasi: 20.52      Tithi 20  
399418571  
Creative Work      Amrita Yoga  
Until 10:31AM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      5:48PM – 8:13PM      **Shravana Until 10:31AM**  
Yama      12:59PM – 3:23PM      Vaidhriti\* Until 8:37PM  
**Rahu**      8:13PM – 10:37PM      Kaulava Until 1:19PM

Anchorage, AK  
Sun 4      Sutra 63  
Visvvasu 5127

**Ganesha:** Clear      *Sunrise:* 3:20AM  
**Muruga:** Red      *Sunset:* 10:37PM      Moon 5 - Phase 8 - 4  
**Nataraja:** Blue      1st Phase  
Moon – Purple  
**Sivaloka Day**  
Jyeshtha-Ani

Father's Day      Panchami Until 1:05AM Mon

**4**

**Monday, June 16, 2025**

Kumbha Rasi: 4.01      Tithi 21  
391418571  
**Family Home Evening**  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**      3:24PM – 5:48PM      **Dhanishtha Until 10:45AM**  
Yama      10:34AM – 12:59PM      Vishkambha\* Until 7:05PM  
**Rahu**      5:45AM – 8:10AM      Gara Until 12:47PM

Anchorage, AK  
Sun 5      Sutra 64  
Visvvasu 5127

**Ganesha:** Yellow      *Sunrise:* 3:20AM  
**Muruga:** Red      *Sunset:* 10:38PM      Moon 5 - Phase 8 - 5  
**Nataraja:** Blue      1st Phase  
Moon – Purple  
**Sivaloka Day**  
Jyeshtha-Ani

Shashthi\* Until 12:20AM Tue

**5**

**Tuesday, June 17, 2025**

Kumbha Rasi: 17.25      Tithi 22  
391418571  
Routine Work      Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shalabhishak\*/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Visli\*/Bava Karana Saptamyam Titau

**Gulika**      12:59PM – 3:24PM      **Shatabhishak Until 10:25AM**  
Yama      8:09AM – 10:34AM      Priti Until 5:12PM  
**Rahu**      5:49PM – 8:14PM      Visli Until 11:49AM

Anchorage, AK  
Sun 6      Sutra 65  
Visvvasu 5127

**Ganesha:** Yellow      *Sunrise:* 3:20AM  
**Muruga:** Red      *Sunset:* 10:39PM      Moon 5 - Phase 8 - 6  
**Nataraja:** Blue      1st Phase  
Moon – Purple  
**Sivaloka Day**  
Jyeshtha-Ani

Saptami Until 11:08PM

**D**

**Wednesday, June 18, 2025**

**Retreat Star**

Meena Rasi: 1.04      Tithi 23  
311418571  
Creative Work      Amrita Yoga  
Until 9:54AM  
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      10:34AM – 12:59PM      **Purvaproshtapada\* Until 9:54AM**  
Yama      5:45AM – 8:09AM      Ayushman Until 2:54PM  
**Rahu**      12:59PM – 3:24PM      Balava Until 10:23AM

Anchorage, AK  
Sun 7      Sutra 66  
Visvvasu 5127

**Ganesha:** Clear      *Sunrise:* 3:20AM  
**Muruga:** Red      *Sunset:* 10:39PM      Moon 5 - Phase 8 - 7  
**Nataraja:** Blue      Ashtami  
Moon – Clear  
**Sivaloka Day**  
Jyeshtha-Ani

Ashtami\* Until 9:28PM

**Thursday, June 19, 2025**

**Retreat Star**

Meena Rasi: 15.01      Tithi 24  
311418571  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      8:10AM – 10:35AM      **Uttaraproshtapada Until 8:47AM**  
Yama      3:20AM – 5:45AM      Saubhagya Until 12:15PM  
**Rahu**      3:25PM – 5:50PM      Taitila Until 8:29AM

Anchorage, AK  
Sun 8      Sutra 67  
Visvvasu 5127

**Ganesha:** Clear      *Sunrise:* 3:20AM  
**Muruga:** Red      *Sunset:* 10:39PM      Moon 5 - Phase 8 - 8  
**Nataraja:** Blue      Navami  
Moon – Clear  
**Sivaloka Day**  
Jyeshtha-Ani


Navami\* Until 7:21PM

<b>1</b>	<b>Friday, June 20, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Alhiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 9 Sutra 68
	Meena Rasi: 29.15	Tithi 25 – 26	<b>Gulika</b> 5:45AM – 8:10AM Yama 5:50PM – 8:15PM 311518571 <b>Rahu</b> 10:35AM – 1:00PM	<b>Revati Until 7:05AM</b> Sobhana Until 9:15AM Vanija Until 6:09AM Dashami Until 4:49PM	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Clear Jyeshtha-Ani	Sunrise: 3:20AM Sunset: 10:40PM	Visvvasu 5127 Moon 5 - Phase 9 - 9 2nd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 7:05AM Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Saturday, June 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 10 Sutra 69
	Mesha Rasi: 13.45	Tithi 26 – 27	<b>Gulika</b> 3:20AM – 5:45AM Yama 3:25PM – 5:50PM 311518571 <b>Rahu</b> 8:10AM – 10:35AM	<b>Bharani Until 3:06AM Sun</b> Sukarma Until 2:24AM Sun Kaulava Until 12:26AM Sun Ekadashi* Until 1:57PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – White Jyeshtha-Ani	Sunrise: 3:20AM Sunset: 10:40PM	Visvvasu 5127 Moon 5 - Phase 9 - 10 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						

<b>3</b>	<b>Sunday, June 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 11 Sutra 70
	Mesha Rasi: 28.26	Tithi 27 – 28	<b>Gulika</b> 5:50PM – 8:15PM Yama 1:00PM – 3:25PM 311518571 <b>Rahu</b> 8:15PM – 10:40PM	<b>Krittika Until 12:36AM Mon</b> Dhriti Until 10:45PM Gara Until 9:16PM Dvadashi* Until 10:51AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – White Jyeshtha-Ani	Sunrise: 3:20AM Sunset: 10:40PM	Visvvasu 5127 Moon 5 - Phase 9 - 11 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 12:36AM Mon Then Creative Work - Amrita Yoga						

<b>4</b>	<b>Monday, June 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 12 Sutra 71
	Vrishabha Rasi: 13.14	Tithi 28 – 29	<b>Gulika</b> 3:25PM – 5:50PM Yama 10:35AM – 1:00PM 311518571 <b>Rahu</b> 5:45AM – 8:10AM	<b>Rohini Until 10:22PM</b> Shula* Until 7:03PM Visti Until 6:04PM Trayodashi* Until 7:39AM	<b>Ganesha:</b> Red <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Yellow Jyeshtha-Ani	Sunrise: 3:20AM Sunset: 10:40PM	Visvvasu 5127 Moon 5 - Phase 9 - 12 2nd Phase Sivaloka Day
	Family Home Evening Creative Work Amrita Yoga						

	<b>Tuesday, June 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 13 Sutra 72
	<b>Retreat Star</b>		<b>Gulika</b> 1:00PM – 3:25PM Yama 8:11AM – 10:36AM 311518571 <b>Rahu</b> 5:50PM – 8:15PM	<b>Mrigashira Until 8:10PM</b> Ganda* Until 3:28PM Catuspada Until 3:00PM Amavasya* Until 1:32AM Wed	<b>Ganesha:</b> Red <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Yellow Jyeshtha-Ani	Sunrise: 3:21AM Sunset: 10:40PM	Visvvasu 5127 Moon 5 - Phase 9 - 13 Amavasya Sivaloka Day
	Vrishabha Rasi: 28 Tithi 30 Creative Work Siddha Yoga Until 8:10PM Then Routine Work - Marana Yoga						

	<b>Wednesday, June 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 14 Sutra 73
	<b>Retreat Star</b>		<b>Gulika</b> 10:36AM – 1:01PM Yama 5:46AM – 8:11AM 311518571 <b>Rahu</b> 1:01PM – 3:25PM	<b>Ardra Until 6:08PM</b> Vridhi Until 12:08PM Kintughna Until 12:12PM Prathama* Until 10:56PM	<b>Ganesha:</b> Red <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Yellow Ashada-Ani	Sunrise: 3:21AM Sunset: 10:40PM	Visvvasu 5127 Moon 5 - Phase 9 - 14 Prathama Sivaloka Day
	Mithuna Rasi: 12.37 Tithi 1 Creative Work Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Thursday, June 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 15 Sutra 74
	Mithuna Rasi: 26.57	Tithi 2	<b>Gulika</b> 8:12AM – 10:36AM	<b>Punarvasu</b> Until 4:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:22AM	Visvvasu 5127
			Yama 3:22AM – 5:47AM	Dhruva Until 9:09AM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:40PM	Moon 5 - Phase 10 - 15
	Creative Work	Amrita Yoga	342518571 <b>Rahu</b> 3:26PM – 5:50PM	Balava Until 9:50AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Dvitiya</b> Until 8:51PM	Moon – Blue		<b>Devaloka Day</b>	
				Ashada•Ani			

<b>2</b>	<b>Friday, June 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 16 Sutra 75
	Kataka Rasi: 10.55	Tithi 3	<b>Gulika</b> 5:47AM – 8:12AM	<b>Pushya</b> Until 4:06PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:23AM	Visvvasu 5127
			Yama 5:50PM – 8:15PM	Vyaghata* Until 6:39AM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:39PM	Moon 5 - Phase 10 - 16
	Routine Work	Marana Yoga	342518571 <b>Rahu</b> 10:37AM – 1:01PM	Taitila Until 8:04AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Tritiya</b> Until 7:25PM	Moon – Blue		<b>Devaloka Day</b>	
				Ashada•Ani			

<b>3</b>	<b>Saturday, June 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Anchorage, AK Sun 17 Sutra 76
	Kataka Rasi: 24.26	Tithi 4	<b>Gulika</b> 3:24AM – 5:48AM	<b>Ashlesha*</b> Until 3:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:24AM	Visvvasu 5127
			Yama 3:26PM – 5:50PM	Vajra* Until 3:28AM Sun	<b>Muruga:</b> Red	<i>Sunset:</i> 10:39PM	Moon 5 - Phase 10 - 17
	Routine Work	Marana Yoga	342518571 <b>Rahu</b> 8:13AM – 10:37AM	Vanija Until 7:01AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Chaturthi*</b> Until 6:46PM	Moon – Blue		<b>Devaloka Day</b>	
				Ashada•Ani			

<b>4</b>	<b>Sunday, June 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 18 Sutra 77
	Simha Rasi: 7.32	Tithi 5	<b>Gulika</b> 5:50PM – 8:14PM	<b>Magha*</b> Until 4:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:25AM	Visvvasu 5127
			Yama 1:01PM – 3:26PM	Siddhi Until 2:51AM Mon	<b>Muruga:</b> Red	<i>Sunset:</i> 10:38PM	Moon 5 - Phase 10 - 18
	Routine Work	Marana Yoga	352518571 <b>Rahu</b> 8:14PM – 10:38PM	Bava Until 6:46AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Panchami</b> Until 6:57PM	Moon – Red		<b>Sivaloka Day</b>	
				Ashada•Ani			

<b>5</b>	<b>Monday, June 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 19 Sutra 78
	Simha Rasi: 20.13	Tithi 6	<b>Gulika</b> 3:26PM – 5:49PM	<b>Purvaphalguni</b> Until 6:26PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:26AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:38AM – 1:02PM	Vyatipata* Until 2:52AM Tue	<b>Muruga:</b> Red	<i>Sunset:</i> 10:37PM	Moon 5 - Phase 10 - 19
	Creative Work	Siddha Yoga	352518571 <b>Rahu</b> 5:50AM – 8:14AM	Kaulava Until 7:21AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Shashthi*</b> Until 7:55PM	Moon – Red		<b>Sivaloka Day</b>	
				Ashada•Ani			

<b>6</b>	<b>Tuesday, July 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 20 Sutra 79
	Kanya Rasi: 2.34	Tithi 7	<b>Gulika</b> 1:02PM – 3:25PM	<b>Uttaraphalguni</b> Until 8:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:27AM	Visvvasu 5127
			Yama 8:14AM – 10:38AM	Variyan Until 3:20AM Wed	<b>Muruga:</b> Red	<i>Sunset:</i> 10:37PM	Moon 5 - Phase 10 - 20
	Creative Work	Amrita Yoga	352518571 <b>Rahu</b> 5:49PM – 8:13PM	Gara Until 8:41AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Saptami</b> Until 9:34PM	Moon – Red		<b>Sivaloka Day</b>	
				Ashada•Ani			

<b>☾</b>	<b>Wednesday, July 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 80
	<b>Retreat Star</b>		<b>Gulika</b> 10:38AM – 1:02PM	<b>Hasta</b> Until 11:25PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:28AM	Visvvasu 5127
	Kanya Rasi: 14.39	Tithi 8	Yama 5:52AM – 8:15AM	Parigha* Until 4:09AM Thu	<b>Muruga:</b> Red	<i>Sunset:</i> 10:36PM	Moon 5 - Phase 10 - 21
			362518571 <b>Rahu</b> 1:02PM – 3:25PM	Visti Until 10:37AM	<b>Nataraja:</b> Blue		Ashtami
			<b>Ashtami*</b> Until 11:43PM	Moon – Green		<b>Devaloka Day</b>	
				Ashada•Ani			

<b>☽</b>	<b>Thursday, July 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Anchorage, AK Sun 22 Sutra 81
	<b>Retreat Star</b>		<b>Gulika</b> 8:16AM – 10:39AM	<b>Chitra</b> Until 2:24AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:29AM	Visvvasu 5127
	Kanya Rasi: 26.35	Tithi 9	Yama 3:29AM – 5:53AM	Shiva Until 5:09AM Fri	<b>Muruga:</b> Red	<i>Sunset:</i> 10:35PM	Moon 5 - Phase 10 - 22
			362518571 <b>Rahu</b> 3:25PM – 5:48PM	Balava Until 12:56PM	<b>Nataraja:</b> Blue		Navami
			<b>Navami*</b> Until 2:07AM Fri	Moon – Green		<b>Devaloka Day</b>	
				Ashada•Ani			

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

www.gurudeva.org/panchang

1	<b>Friday, July 4, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 82
	Tula Rasi: 8.26	Tithi 10	<b>Gulika</b> 5:54AM – 8:17AM	<b>Svati Until 5:14AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:31AM	Visvvasu 5127
			Yama 5:48PM – 8:11PM	Siddha Until 6:07AM Sat	<b>Muruga:</b> Red <i>Sunset:</i> 10:34PM	Moon 5 - Phase 11 - 23
	Creative Work	Siddha Yoga	362518571 <b>Rahu</b> 10:39AM – 1:02PM	Taitila Until 3:22PM	<b>Nataraja:</b> Blue	4th Phase
			<b>Dashami Until 4:33AM Sat</b>	Moon – Green <b>Ashada•Ani</b>	<b>Devaloka Day</b>	

2	<b>Saturday, July 5, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 83
	Tula Rasi: 20.17	Tithi 11	<b>Gulika</b> 3:32AM – 5:55AM	<b>Vishakha Until 8:13AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:32AM	Visvvasu 5127
			Yama 3:25PM – 5:47PM	Siddha Until 6:07AM	<b>Muruga:</b> Red <i>Sunset:</i> 10:32PM	Moon 5 - Phase 11 - 24
	Creative Work	Siddha Yoga	372518571 <b>Rahu</b> 8:17AM – 10:40AM	Vanija Until 5:44PM	<b>Nataraja:</b> Blue	4th Phase
			<b>Ekadashi Until 6:47AM Sun</b>	Moon – Orange <b>Ashada•Ani</b>	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga						

3	<b>Sunday, July 6, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 84
	Vrischika Rasi: 2.13	Tithi 11 – 12	<b>Gulika</b> 5:47PM – 8:09PM	<b>Vishakha Until 8:13AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:34AM	Visvvasu 5127
			Yama 1:03PM – 3:25PM	Sadhya Until 6:57AM	<b>Muruga:</b> Red <i>Sunset:</i> 10:31PM	Moon 5 - Phase 11 - 25
	Routine Work	Marana Yoga	472518571 <b>Rahu</b> 8:09PM – 10:31PM	Bava Until 7:49PM	<b>Nataraja:</b> Blue	4th Phase
			<b>Ekadashi Until 6:47AM</b>	Moon – Orange <b>Ashada•Ani</b>	<b>Devaloka Day</b>	

4	<b>Monday, July 7, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 85
	Vrischika Rasi: 14.17	Tithi 12 – 13	<b>Gulika</b> 3:24PM – 5:46PM	<b>Anuradha Until 10:42AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:36AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:41AM – 1:03PM	Subha Until 7:33AM	<b>Muruga:</b> Red <i>Sunset:</i> 10:30PM	Moon 5 - Phase 11 - 26
	Creative Work	Siddha Yoga	472518571 <b>Rahu</b> 5:57AM – 8:19AM	Kaulava Until 9:31PM	<b>Nataraja:</b> Blue	4th Phase
			<b>Dvadashi Until 8:42AM</b>	Moon – Orange <b>Ashada•Ani</b>	<b>Devaloka Day</b>	
<i>Pradosha Vrata</i>						

5	<b>Tuesday, July 8, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 86
	Vrischika Rasi: 26.31	Tithi 13 – 14	<b>Gulika</b> 1:03PM – 3:24PM	<b>Jyeshtha* Until 12:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:37AM	Visvvasu 5127
			Yama 8:20AM – 10:41AM	Sukla Until 7:47AM	<b>Muruga:</b> Red <i>Sunset:</i> 10:28PM	Moon 5 - Phase 11 - 27
	Routine Work	Marana Yoga	472518571 <b>Rahu</b> 5:46PM – 8:07PM	Gara Until 10:45PM	<b>Nataraja:</b> Blue	4th Phase
			<b>Trayodashi Until 10:10AM</b>	Moon – Orange <b>Ashada•Ani</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga						

○	<b>Wednesday, July 9, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sutra 87
	Dhanus Rasi: 8.56	Tithi 14 – 15	<b>Gulika</b> 10:42AM – 1:03PM	<b>Mula* Until 2:21PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:39AM	Visvvasu 5127
			Yama 6:00AM – 8:21AM	Brahma Until 7:39AM	<b>Muruga:</b> Red <i>Sunset:</i> 10:27PM	Moon 5 - Phase 11 - Purnima
	Routine Work	Marana Yoga	482518571 <b>Rahu</b> 1:03PM – 3:24PM	Visti Until 11:29PM	<b>Nataraja:</b> Blue	
			<b>Satguru Purnima</b>	Moon – Light Blue <b>Ashada•Ani</b>	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga						

○	<b>Thursday, July 10, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 88
	Dhanus Rasi: 21.36	Tithi 15 – 16	<b>Gulika</b> 8:22AM – 10:43AM	<b>Purvashadha* Until 3:28PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:41AM	Visvvasu 5127
			Yama 3:41AM – 6:01AM	Indra Until 7:09AM	<b>Muruga:</b> Red <i>Sunset:</i> 10:25PM	Moon 5 - Phase 11 - Prathama
	Creative Work	Siddha Yoga	483518571 <b>Rahu</b> 3:24PM – 5:44PM	Balava Until 11:45PM	<b>Nataraja:</b> Blue	
			<b>Purnima* Until 11:40AM</b>	Moon – Light Blue <b>Ashada•Ani</b>	<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Friday, July 11, 2025**  
**Gold Retreat Star**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti/Vishkambha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Anchorage, AK  
Sutra 89

Makara Rasi: 4.29    Tithi 16 - 17

**Gulika** 6:03AM - 8:23AM  
Yama 5:43PM - 8:04PM  
493518571 **Rahu** 10:43AM - 1:03PM

**Uttarashadha** Until 3:59PM  
Vaidhriti\* Until 6:15AM  
Taitila Until 11:35PM  
Prathama\* Until 11:42AM

**Ganesha:** White    *Sunrise:* 3:43AM  
**Muruga:** Red    *Sunset:* 10:24PM  
**Nataraja:** Blue  
Moon - Light Blue  
Ashada-Ani

Visvavasu 5127  
Moon 6 - Phase 12 - 1st Phase

Routine Work    Marana Yoga

**Subha Sivaloka Day**

**1**

**Saturday, July 12, 2025**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK  
Sun 1    Sutra 90

Makara Rasi: 17.35    Tithi 17 - 18

**Gulika** 3:45AM - 6:04AM  
Yama 3:23PM - 5:43PM  
493518571 **Rahu** 8:24AM - 10:44AM

**Shravana** Until 4:24PM  
Priti Until 3:32AM Sun  
Vanija Until 11:01PM  
Dvitiya Until 11:19AM

**Ganesha:** Yellow    *Sunrise:* 3:45AM  
**Muruga:** Red    *Sunset:* 10:22PM  
**Nataraja:** Blue  
Moon - Purple  
Ashada-Ani

Visvavasu 5127  
Moon 6 - Phase 12 - 1st Phase

Creative Work    Siddha Yoga

**Sivaloka Day**

**2**

**Sunday, July 13, 2025**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visi/Bava Karana Tritiya/Chaturthayam Titau

Anchorage, AK  
Sun 2    Sutra 91

Kumbha Rasi: 0.53    Tithi 18 - 19

**Gulika** 5:42PM - 8:01PM  
Yama 1:03PM - 3:23PM  
493518571 **Rahu** 8:01PM - 10:20PM

**Dhanishtha** Until 4:19PM  
Ayushman Until 1:43AM Mon  
Bava Until 10:06PM  
Tritiya Until 10:35AM

**Ganesha:** Yellow    *Sunrise:* 3:47AM  
**Muruga:** Red    *Sunset:* 10:20PM  
**Nataraja:** Blue  
Moon - Purple  
Ashada-Ani

Visvavasu 5127  
Moon 6 - Phase 12 - 2 1st Phase

Routine Work    Marana Yoga

**Sivaloka Day**

Until 4:19PM

Then Creative Work - Siddha Yoga

**3**

**Monday, July 14, 2025**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK  
Sun 3    Sutra 92

Kumbha Rasi: 14.22    Tithi 19 - 20

**Gulika** 3:22PM - 5:41PM  
Yama 10:45AM - 1:04PM  
493518571 **Rahu** 6:07AM - 8:26AM

**Shatabhishak** Until 3:47PM  
Saubhagya Until 11:41PM  
Kaulava Until 8:53PM  
Chaturthi\* Until 9:31AM

**Ganesha:** Yellow    *Sunrise:* 3:49AM  
**Muruga:** Red    *Sunset:* 10:18PM  
**Nataraja:** Blue  
Moon - Purple  
Ashada-Ani

Visvavasu 5127  
Moon 6 - Phase 12 - 3 1st Phase

Creative Work    Siddha Yoga

**Sivaloka Day**

Until 3:47PM

Then Routine Work - Marana Yoga

**4**

**Tuesday, July 15, 2025**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK  
Sun 4    Sutra 93

Kumbha Rasi: 28.01    Tithi 20 - 21

**Gulika** 1:04PM - 3:22PM  
Yama 8:27AM - 10:45AM  
413618571 **Rahu** 5:40PM - 7:58PM

**Purvaproshtapada\*** Until 3:15PM  
Sobhana Until 9:26PM  
Gara Until 7:23PM  
Panchami Until 8:09AM

**Ganesha:** Purple    *Sunrise:* 3:51AM  
**Muruga:** Red    *Sunset:* 10:16PM  
**Nataraja:** Blue  
Moon - Clear  
Ashada-Ani

Visvavasu 5127  
Moon 6 - Phase 12 - 4 1st Phase

Routine Work    Marana Yoga

**Devaloka Day**

Until 3:15PM

Then Creative Work - Amrita Yoga

**5**

**Wednesday, July 16, 2025**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Athiganda Yoga Vanija/Bava Karana Shashthi/Saplamyam Titau

Anchorage, AK  
Sun 5    Sutra 94

Meena Rasi: 11.5    Tithi 21 - 22

**Gulika** 10:46AM - 1:04PM  
Yama 6:11AM - 8:28AM  
413618572 **Rahu** 1:04PM - 3:21PM

**Uttaraproshtapada** Until 2:19PM  
Athiganda\* Until 6:56PM  
Bava Until 4:39AM Thu  
Shashthi\* Until 6:32AM

**Ganesha:** Purple    *Sunrise:* 3:53AM  
**Muruga:** Red    *Sunset:* 10:15PM  
**Nataraja:** Yellow  
Moon - Clear  
Ashada-Adi

Visvavasu 5127  
Moon 6 - Phase 12 - 5 1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

Until 2:19PM

Then Routine Work - Marana Yoga

Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, July 17, 2025**

**Retreat Star**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK  
Sun 6    Sutra 95

Meena Rasi: 25.49    Tithi 23

**Gulika** 8:29AM - 10:47AM  
Yama 3:55AM - 6:12AM  
413618572 **Rahu** 3:21PM - 5:38PM

**Revati** Until 12:59PM  
Sukarma Until 4:16PM  
Balava Until 3:38PM  
Ashtami\* Until 2:32AM Fri

**Ganesha:** Purple    *Sunrise:* 3:55AM  
**Muruga:** Red    *Sunset:* 10:13PM  
**Nataraja:** Yellow  
Moon - Clear  
Ashada-Adi

Visvavasu 5127  
Moon 6 - Phase 12 - 6 Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**

Until 12:59PM

Then Creative Work - Amrita Yoga

Devaloka Time: 3:PM to 6:PM

**Friday, July 18, 2025**

**Retreat Star**

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK  
Sun 7    Sutra 96

Mesha Rasi: 9.56    Tithi 24

**Gulika** 6:14AM - 8:31AM  
Yama 5:37PM - 7:54PM  
423618572 **Rahu** 10:47AM - 1:04PM

**Ashvini** Until 11:43AM  
Dhriti Until 1:26PM  
Taitila Until 1:25PM  
Navami\* Until 12:13AM Sat

**Ganesha:** Clear    *Sunrise:* 3:57AM  
**Muruga:** Red    *Sunset:* 10:10PM  
**Nataraja:** Yellow  
Moon - White  
Ashada-Adi

Visvavasu 5127  
Moon 6 - Phase 12 - 7 Navami

Creative Work    Amrita Yoga

**Devaloka Day**

Until 11:43AM

Then Creative Work - Siddha Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>	<b>Saturday, July 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam				Anchorage, AK
			Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 97
	Mesha Rasi: 24.11	Tithi 25	<b>Gulika</b> 3:59AM – 6:16AM	<b>Bharani</b> Until 10:07AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:59AM	Visvvasu 5127
			Yama 3:20PM – 5:36PM	Shula* Until 10:24AM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:08PM	Moon 6 - Phase 13 - 8
		423618572 <b>Rahu</b> 8:32AM – 10:48AM	Vanija Until 11:01AM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Dashami</b> Until 9:45PM	Moon – White			
				Ashada*Adi		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, July 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Anchorage, AK
			Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 98
	Vishabha Rasi: 8.33	Tithi 26	<b>Gulika</b> 5:35PM – 7:51PM	<b>Krittika</b> Until 8:15AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:02AM	Visvvasu 5127
			Yama 1:04PM – 3:19PM	Ganda* Until 7:18AM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:06PM	Moon 6 - Phase 13 - 9
		423618572 <b>Rahu</b> 7:51PM – 10:06PM	Bava Until 8:29AM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Ekadashi*</b> Until 7:11PM	Moon – White			
				Ashada*Adi		<b>Devaloka Day</b>	

<b>3</b>	<b>Monday, July 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Anchorage, AK
			Rohini/Mrigashira Nakshatra Dhruva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 99
	Vishabha Rasi: 22.56	Tithi 27 – 28	<b>Gulika</b> 3:19PM – 5:34PM	<b>Rohini</b> Until 6:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:04AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:49AM – 1:04PM	Dhruva Until 1:02AM Tue	<b>Muruga:</b> Red	<i>Sunset:</i> 10:04PM	Moon 6 - Phase 13 - 10
		433618572 <b>Rahu</b> 6:19AM – 8:34AM	Gara Until 3:24AM Tue	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Dvadashi*</b> Until 4:38PM	Moon – Yellow			
				Ashada*Adi		<b>Bhuloka Day</b>	
						<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Tuesday, July 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Anchorage, AK
			Ardra Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 100
	Mithuna Rasi: 7.18	Tithi 28 – 29	<b>Gulika</b> 1:04PM – 3:18PM	<b>Ardra</b> Until 3:15AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:06AM	Visvvasu 5127
			Yama 8:35AM – 10:50AM	Vyaghata* Until 10:03PM	<b>Muruga:</b> Red	<i>Sunset:</i> 10:02PM	Moon 6 - Phase 13 - 11
		433618572 <b>Rahu</b> 5:33PM – 7:47PM	Visti Until 1:04AM Wed	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Trayodashi*</b> Until 2:11PM	Moon – Yellow			
				Ashada*Adi		<b>Bhuloka Day</b>	
						<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Wednesday, July 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Anchorage, AK
	<b>Retreat Star</b>		Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 101
	Mithuna Rasi: 21.31	Tithi 29 – 30	<b>Gulika</b> 10:50AM – 1:04PM	<b>Punarvasu</b> Until 2:12AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:09AM	Visvvasu 5127
			Yama 6:23AM – 8:36AM	Harshana Until 7:20PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:59PM	Moon 6 - Phase 13 - 12
		443618572 <b>Rahu</b> 1:04PM – 3:18PM	Catuspada Until 11:02PM	<b>Nataraja:</b> Yellow		Amavasya	
			<b>Chaturdashi*</b> Until 11:59AM	Moon – Blue			
				Ashada*Adi		<b>Bhuloka Day</b>	
						<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>	<b>Thursday, July 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Anchorage, AK
			Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 102
	Kataka Rasi: 5.31	Tithi 30 – 1	<b>Gulika</b> 8:38AM – 10:51AM	<b>Pushya</b> Until 1:28AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:11AM	Visvvasu 5127
			Yama 4:11AM – 6:24AM	Vajra* Until 4:55PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:57PM	Moon 6 - Phase 13 - 13
		444618572 <b>Rahu</b> 3:17PM – 5:30PM	Kintughna Until 9:27PM	<b>Nataraja:</b> Yellow		Prathama	
			<b>Amavasya*</b> Until 10:10AM	Moon – Blue			
				Sravana*Adi		<b>Devaloka Day</b>	

<b>1</b>		<b>Friday, July 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anchorage, AK Sun 14 Sutra 103 Visvvasu 5127	
Kataka Rasi: 19.13	Tithi 1 – 2	<b>Gulika</b> 6:26AM – 8:39AM	<b>Ashlesha* Until 1:10AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:14AM				
		Yama 5:29PM – 7:42PM	Siddhi Until 2:58PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:54PM	Moon 6 - Phase 14 - 14			
		444618572 <b>Rahu</b> 10:51AM – 1:04PM	Balava Until 8:27PM	<b>Nataraja:</b> Yellow					3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 8:51AM</b>	Moon – Blue				<b>Devaloka Day</b>	
Until 1:10AM Sat									
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Saturday, July 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 15 Sutra 104 Visvvasu 5127	
Simha Rasi: 2.34	Tithi 2 – 3	<b>Gulika</b> 4:16AM – 6:28AM	<b>Magha* Until 1:51AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:16AM				
		Yama 3:16PM – 5:28PM	Vyatipata* Until 1:34PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:52PM	Moon 6 - Phase 14 - 15			
		454618572 <b>Rahu</b> 8:40AM – 10:52AM	Taitila Until 8:06PM	<b>Nataraja:</b> Yellow					3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 8:10AM</b>	Moon – Red				<b>Devaloka Day</b>	
Until 1:51AM Sun									
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, July 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Anchorage, AK Sun 16 Sutra 105 Visvvasu 5127	
Simha Rasi: 15.32	Tithi 3 – 4	<b>Gulika</b> 5:27PM – 7:38PM	<b>Purvaphalguni Until 3:05AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:18AM				
		Yama 1:04PM – 3:15PM	Variyan Until 12:42PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:50PM	Moon 6 - Phase 14 - 16			
		454618572 <b>Rahu</b> 7:38PM – 9:50PM	Vanija Until 8:30PM	<b>Nataraja:</b> Yellow					3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:11AM</b>	Moon – Red				<b>Devaloka Day</b>	

<b>4</b>		<b>Monday, July 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 17 Sutra 106 Visvvasu 5127	
Simha Rasi: 28.1	Tithi 4 – 5	<b>Gulika</b> 3:15PM – 5:26PM	<b>Uttaraphalguni Until 4:50AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:21AM				
		Yama 10:53AM – 1:04PM	Parigha* Until 12:24PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:47PM	Moon 6 - Phase 14 - 17			
<b>Family Home Evening</b>		454618572 <b>Rahu</b> 6:32AM – 8:42AM	Bava Until 9:35PM	<b>Nataraja:</b> Yellow					3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:56AM</b>	Moon – Red				<b>Devaloka Day</b>	

<b>5</b>		<b>Tuesday, July 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anchorage, AK Sun 18 Sutra 107 Visvvasu 5127	
Kanya Rasi: 10.3	Tithi 5 – 6	<b>Gulika</b> 1:04PM – 3:14PM	<b>Hasta Until 7:27AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:23AM				
		Yama 8:44AM – 10:54AM	Shiva Until 12:38PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:44PM	Moon 6 - Phase 14 - 18			
		464618572 <b>Rahu</b> 5:24PM – 7:34PM	Kaulava Until 11:17PM	<b>Nataraja:</b> Yellow					3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 10:21AM</b>	Moon – Green				<b>Sivaloka Day</b>	

<b>6</b>		<b>Wednesday, July 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Anchorage, AK Sun 19 Sutra 108 Visvvasu 5127	
Kanya Rasi: 22.35	Tithi 6 – 7	<b>Gulika</b> 10:54AM – 1:04PM	<b>Hasta Until 7:27AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:26AM				
		Yama 6:35AM – 8:45AM	Siddha Until 1:14PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:42PM	Moon 6 - Phase 14 - 19			
		464618572 <b>Rahu</b> 1:04PM – 3:13PM	Gara Until 1:26AM Thu	<b>Nataraja:</b> Yellow					3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 12:18PM</b>	Moon – Green				<b>Sivaloka Day</b>	
Until 7:27AM									
Then Creative Work - Siddha Yoga									

<b>☾</b>		<b>Thursday, July 31, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau				Anchorage, AK Sun 20 Sutra 109 Visvvasu 5127	
<b>Retreat Star</b>		<b>Gulika</b> 8:46AM – 10:55AM	<b>Chitra Until 10:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:28AM				
Tula Rasi: 4.32	Tithi 7 – 8	Yama 4:28AM – 6:37AM	Sadhya Until 2:06PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 14 - 20			
		464618572 <b>Rahu</b> 3:13PM – 5:22PM	Visti Until 3:47AM Fri	<b>Nataraja:</b> Yellow					Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 2:34PM</b>	Moon – Green				<b>Sivaloka Day</b>	
Until 10:16AM									
Then Creative Work - Amrita Yoga									

<b>☽</b>		<b>Friday, August 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 21 Sutra 110 Visvvasu 5127	
<b>Retreat Star</b>		<b>Gulika</b> 6:39AM – 8:47AM	<b>Svati Until 1:03PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:31AM				
Tula Rasi: 16.25	Tithi 8 – 9	Yama 5:20PM – 7:28PM	Subha Until 3:03PM	<b>Muruga:</b> Red	<i>Sunset:</i> 9:37PM	Moon 6 - Phase 14 - 21			
		464618572 <b>Rahu</b> 10:56AM – 1:04PM	Balava Until 6:08AM Sat	<b>Nataraja:</b> Yellow					Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 4:57PM</b>	Moon – Green				<b>Sivaloka Day</b>	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Saturday, August 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Anchorage, AK
	Tula Rasi: 28.18      Tithi 9		Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22      Sutra 111
			<b>Gulika</b> 4:34AM – 6:41AM	<b>Vishakha</b> <b>Until 4:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:34AM		Visvvasu 5127
	Creative Work      Siddha Yoga	474628572	Yama      3:11PM – 5:19PM	Sukla <b>Until 3:54PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:34PM	Moon 6 - Phase 15 - 22	4th Phase
		<b>Rahu</b> 8:49AM – 10:56AM	Balava <b>Until 6:08AM</b>	<b>Nataraja:</b> Yellow			
			<b>Navami*</b> <b>Until 7:13PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			


<b>2</b>	<b>Sunday, August 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Anchorage, AK
	Vrischika Rasi: 10.16      Tithi 10		Anuradha Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dashamyam Titau				Sun 23      Sutra 112
			<b>Gulika</b> 5:17PM – 7:24PM	<b>Anuradha</b> <b>Until 6:41PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:36AM		Visvvasu 5127
	Routine Work      Marana Yoga	474628572	Yama      1:04PM – 3:11PM	Brahma <b>Until 4:33PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:31PM	Moon 6 - Phase 15 - 23	4th Phase
		<b>Rahu</b> 7:24PM – 9:31PM	Taitila <b>Until 8:16AM</b>	<b>Nataraja:</b> Yellow			
			<b>Dashami</b> <b>Until 9:11PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>3</b>	<b>Monday, August 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Anchorage, AK
	Vrischika Rasi: 22.23      Tithi 11		Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24      Sutra 113
	<b>Family Home Evening</b>		<b>Gulika</b> 3:10PM – 5:16PM	<b>Jyeshtha*</b> <b>Until 8:41PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:39AM		Visvvasu 5127
	Creative Work      Siddha Yoga	474628572	Yama      10:57AM – 1:04PM	Indra <b>Until 4:53PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:28PM	Moon 6 - Phase 15 - 24	4th Phase
		<b>Rahu</b> 6:45AM – 8:51AM	Vanija <b>Until 10:01AM</b>	<b>Nataraja:</b> Yellow			
			<b>Ekadashi</b> <b>Until 10:41PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>4</b>	<b>Tuesday, August 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Anchorage, AK
	Dhanus Rasi: 4.43      Tithi 12		Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25      Sutra 114
			<b>Gulika</b> 1:03PM – 3:09PM	<b>Mula*</b> <b>Until 10:29PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:41AM		Visvvasu 5127
	Creative Work      Amrita Yoga	485628572	Yama      8:52AM – 10:58AM	Vaidhriti* <b>Until 4:46PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:26PM	Moon 6 - Phase 15 - 25	4th Phase
Until 10:29PM		<b>Rahu</b> 5:15PM – 7:20PM	Bava <b>Until 11:16AM</b>	<b>Nataraja:</b> Yellow			
Then Creative Work - Siddha Yoga			<b>Dvadashi</b> <b>Until 11:39PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>		<b>Tour Day</b>	

<b>5</b>	<b>Wednesday, August 6, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Anchorage, AK
	Dhanus Rasi: 17.17      Tithi 13		Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26      Sutra 115
			<b>Gulika</b> 10:58AM – 1:03PM	<b>Purvashadha*</b> <b>Until 11:32PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:44AM		Visvvasu 5127
	Creative Work      Amrita Yoga	485628572	Yama      6:49AM – 8:54AM	Vishkambha* <b>Until 4:12PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:23PM	Moon 6 - Phase 15 - 26	4th Phase
		<b>Rahu</b> 1:03PM – 3:08PM	Kaulava <b>Until 11:55AM</b>	<b>Nataraja:</b> Yellow			
			<b>Trayodashi</b> <b>Until 12:00AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Thursday, August 7, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Anchorage, AK
	Makara Rasi: 0.09      Tithi 14		Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27      Sutra 116
			<b>Gulika</b> 8:55AM – 10:59AM	<b>Uttarashadha</b> <b>Until 11:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:46AM		Visvvasu 5127
	Routine Work      Marana Yoga	485628572	Yama      4:46AM – 6:51AM	Priti <b>Until 3:11PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:20PM	Moon 6 - Phase 15 - 27	4th Phase
Until 11:51PM		<b>Rahu</b> 3:07PM – 5:12PM	Gara <b>Until 11:58AM</b>	<b>Nataraja:</b> Yellow			
Then Creative Work - Siddha Yoga			<b>Chaturdashi*</b> <b>Until 11:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

	<b>Friday, August 8, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Anchorage, AK
	<b>Copper Retreat Star</b>		Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 117
	Makara Rasi: 13.18      Tithi 15		<b>Gulika</b> 6:52AM – 8:56AM	<b>Shravana</b> <b>Until 11:57PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:49AM		Visvvasu 5127
	Routine Work      Marana Yoga	495628572	Yama      5:10PM – 7:14PM	Ayushman <b>Until 1:41PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:17PM	Moon 6 - Phase 15 -	Purnima
Until 11:57PM		<b>Rahu</b> 11:00AM – 1:03PM	Visti <b>Until 11:27AM</b>	<b>Nataraja:</b> Yellow			
Then Creative Work - Siddha Yoga		<b>Varalakshmi Vratam</b>	<b>Purnima*</b> <b>Until 10:59PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Silver Retreat Star</b>	<b>Saturday, August 9, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Anchorage, AK
	<b>Silver Retreat Star</b>		Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 118
	Makara Rasi: 26.44      Tithi 16		<b>Gulika</b> 4:51AM – 6:54AM	<b>Dhanishtha</b> <b>Until 11:25PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:51AM		Visvvasu 5127
	Creative Work      Siddha Yoga	495728572	Yama      3:06PM – 5:09PM	Saubhagya <b>Until 11:47AM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 9:14PM	Moon 6 - Phase 15 -	Prathama
Until 11:25PM		<b>Rahu</b> 8:57AM – 11:00AM	Balava <b>Until 10:26AM</b>	<b>Nataraja:</b> Yellow			
Then Creative Work - Amrita Yoga			<b>Prathama*</b> <b>Until 9:44PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

Kumbha Rasi: 10.26    Tithi 17  
Creative Work    Siddha Yoga

495728572 **Rahu** 7:09PM – 9:12PM  
Gulika 5:07PM – 7:09PM  
Yama 1:03PM – 3:05PM

**Shatabhishak Until 10:22PM**  
Sobhana Until 9:34AM  
Taitila Until 8:58AM  
Dvitiya Until 8:06PM

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Ganesha: Yellow    Sunrise: 4:54AM  
Muruga: Blue        Sunset: 9:12PM  
Nataraja: Yellow  
Moon – Purple

Anchorage, AK  
Sun 1    Sutra 119  
Visvavasu 5127  
Moon 7 - Phase 16 - 1  
1st Phase  
**Sivaloka Day**

**1**

**Monday, August 11, 2025**

Kumbha Rasi: 24.2    Tithi 18  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 9:21PM  
Then Creative Work - Siddha Yoga

415728572 **Rahu** 6:58AM – 9:00AM  
Gulika 3:04PM – 5:06PM  
Yama 11:01AM – 1:03PM

**Purvaproshtapada\* Until 9:21PM**  
Athiganda\* Until 7:03AM  
Vanija Until 7:11AM  
Tritiya Until 6:11PM

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Ganesha: Clear    Sunrise: 4:57AM  
Muruga: Blue        Sunset: 9:09PM  
Nataraja: Yellow  
Moon – Clear

Anchorage, AK  
Sun 2    Sutra 120  
Visvavasu 5127  
Moon 7 - Phase 16 - 2  
1st Phase  
**Sivaloka Day**

**2**

**Tuesday, August 12, 2025**

Meena Rasi: 8.25    Tithi 19 – 20  
Creative Work    Amrita Yoga  
Until 8:00PM  
Then Creative Work - Siddha Yoga

415728572 **Rahu** 5:04PM – 7:05PM  
Gulika 1:02PM – 3:03PM  
Yama 9:01AM – 11:02AM

**Uttaraproshtapada Until 8:00PM**  
Dhriti Until 1:33AM Wed  
Kaulava Until 2:59AM Wed  
Chaturthi\* Until 4:04PM

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ganesha: Clear    Sunrise: 4:59AM  
Muruga: Blue        Sunset: 9:06PM  
Nataraja: Yellow  
Moon – Clear

Anchorage, AK  
Sun 3    Sutra 121  
Visvavasu 5127  
Moon 7 - Phase 16 - 3  
1st Phase  
**Sivaloka Day**    **Tour Day**

**3**

**Wednesday, August 13, 2025**

Meena Rasi: 22.34    Tithi 20 – 21  
Routine Work    Marana Yoga

415728572 **Rahu** 1:02PM – 3:02PM  
Gulika 11:02AM – 1:02PM  
Yama 7:02AM – 9:02AM

**Revati Until 6:24PM**  
Shula\* Until 10:38PM  
Gara Until 12:44AM Thu  
Panchami Until 1:51PM

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Ganesha: Clear    Sunrise: 5:02AM  
Muruga: Blue        Sunset: 9:03PM  
Nataraja: Yellow  
Moon – Clear

Anchorage, AK  
Sun 4    Sutra 122  
Visvavasu 5127  
Moon 7 - Phase 16 - 4  
1st Phase  
**Sivaloka Day**

**4**

**Thursday, August 14, 2025**

Mesha Rasi: 6.47    Tithi 21 – 22  
Creative Work    Amrita Yoga  
Until 5:03PM  
Then Creative Work - Siddha Yoga

425728572 **Rahu** 3:02PM – 5:01PM  
Gulika 9:03AM – 11:03AM  
Yama 5:04AM – 7:04AM

**Ashvini Until 5:03PM**  
Ganda\* Until 7:43PM  
Visti Until 10:27PM  
Shashthi\* Until 11:35AM

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Ganesha: Purple    Sunrise: 5:04AM  
Muruga: Blue        Sunset: 9:00PM  
Nataraja: Yellow  
Moon – White

Anchorage, AK  
Sun 5    Sutra 123  
Visvavasu 5127  
Moon 7 - Phase 16 - 5  
1st Phase  
**Subha Sivaloka Day**

**5**

**Friday, August 15, 2025**  
**Retreat Star**

Mesha Rasi: 20.59    Tithi 22 – 23  
Creative Work    Siddha Yoga

426728572 **Rahu** 11:03AM – 1:02PM  
Gulika 7:06AM – 9:04AM  
Yama 4:59PM – 6:58PM

**Bharani Until 3:34PM**  
Vridhhi Until 4:50PM  
Balava Until 8:12PM  
Saptami Until 9:18AM

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Ganesha: Clear    Sunrise: 5:07AM  
Muruga: Blue        Sunset: 8:57PM  
Nataraja: Yellow  
Moon – White

Anchorage, AK  
Sun 6    Sutra 124  
Visvavasu 5127  
Moon 7 - Phase 16 - 6  
Ashtami  
**Sivaloka Day**

**Saturday, August 16, 2025**

**Retreat Star**

Vrishabha Rasi: 5.11    Tithi 23 – 24  
Creative Work    Amrita Yoga

426728572 **Rahu** 9:06AM – 11:04AM  
Gulika 5:09AM – 7:08AM  
Yama 3:00PM – 4:58PM

**Krittika Until 2:00PM**  
Dhruva Until 1:58PM  
Taitila Until 6:01PM  
Ashtami\* Until 7:05AM

Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Ganesha: Clear    Sunrise: 5:09AM  
Muruga: Blue        Sunset: 8:54PM  
Nataraja: Yellow  
Moon – White

Anchorage, AK  
Sun 7    Sutra 125  
Visvavasu 5127  
Moon 7 - Phase 16 - 7  
Navami  
**Sivaloka Day**

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1</b>		<b>Sunday, August 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Anchorage, AK	
Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau								Sun 8 Sutra 126	
Wishabha Rasi: 19.19		Tithi 25		Gulika 4:56PM – 6:54PM		Rohini Until 12:49PM		Ganesha: Clear Sunrise: 5:12AM	
Creative Work		Siddha Yoga		Yama 1:01PM – 2:59PM		Vyaghata* Until 11:11AM		Muruga: Blue Sunset: 8:51PM	
536728572		Rahu 6:54PM – 8:51PM		Vanija Until 3:56PM		Nataraja: Yellow		Moon 7 - Phase 17 - 8	
				Dashami Until 2:56AM Mon		Moon – Yellow		2nd Phase	
						Sivaloka Day			
						Sravana-Avani			

<b>2</b>		<b>Monday, August 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Anchorage, AK	
Mithuna Rasi: 3.22		Tithi 26		Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 127	
Family Home Evening		536728572		Gulika 2:58PM – 4:55PM		Mrigashira Until 11:38AM		Ganesha: Clear Sunrise: 5:15AM	
Creative Work		Amrita Yoga		Yama 11:05AM – 1:01PM		Harshana Until 8:32AM		Muruga: Blue Sunset: 8:48PM	
Until 11:38AM				Rahu 7:11AM – 9:08AM		Bava Until 2:01PM		Nataraja: Yellow	
Then Creative Work - Siddha Yoga						Ekadashi* Until 1:06AM Tue		Moon – Yellow	
								2nd Phase	
								Sivaloka Day	
								Sravana-Avani	

<b>3</b>		<b>Tuesday, August 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Anchorage, AK	
Mithuna Rasi: 17.18		Tithi 27		Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 128	
Routine Work		Marana Yoga		Gulika 1:01PM – 2:57PM		Ardra Until 10:31AM		Ganesha: Clear Sunrise: 5:17AM	
Until 10:31AM				Yama 9:09AM – 11:05AM		Vajra* Until 6:01AM		Muruga: Blue Sunset: 8:45PM	
Then Creative Work - Siddha Yoga				Rahu 4:53PM – 6:49PM		Kaulava Until 12:18PM		Nataraja: Yellow	
						Dvadashi* Until 11:31PM		Moon – Yellow	
								2nd Phase	
								Sivaloka Day	
								Sravana-Avani	

<b>4</b>		<b>Wednesday, August 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Anchorage, AK	
Kataka Rasi: 1.04		Tithi 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 129	
Creative Work		Siddha Yoga		Gulika 11:06AM – 1:01PM		Punarvasu Until 9:58AM		Ganesha: Purple Sunrise: 5:20AM	
546728572		Rahu 1:01PM – 2:56PM		Yama 7:15AM – 9:10AM		Vyatipata* Until 1:44AM Thu		Muruga: Blue Sunset: 8:42PM	
						Gara Until 10:52AM		Nataraja: Yellow	
						Trayodashi* Until 10:15PM		Moon – Blue	
								2nd Phase	
								Devaloka Day	
								Sravana-Avani	
								Pradosha Vrata (Fasting)	

<b>5</b>		<b>Thursday, August 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Anchorage, AK	
Kataka Rasi: 14.38		Tithi 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 130	
Creative Work		Amrita Yoga		Gulika 9:11AM – 11:06AM		Pushya Until 9:37AM		Ganesha: Purple Sunrise: 5:22AM	
Until 9:37AM				Yama 5:22AM – 7:17AM		Variyan Until 12:02AM Fri		Muruga: Blue Sunset: 8:39PM	
Then Creative Work - Siddha Yoga				Rahu 2:55PM – 4:50PM		Visti* Until 9:48AM		Nataraja: Yellow	
						Chaturdashi* Until 9:25PM		Moon – Blue	
								2nd Phase	
								Devaloka Day	
								Sravana-Avani	

		<b>Friday, August 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Anchorage, AK			
Retreat Star		Kataka Rasi: 27.56		Tithi 30		Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 131	
Routine Work		Marana Yoga		Gulika 7:19AM – 9:13AM		Ashlesha* Until 9:34AM		Ganesha: Light Blue Sunrise: 5:25AM		Visvvasu 5127	
547728572		Rahu 11:06AM – 1:00PM		Yama 4:48PM – 6:42PM		Parigha* Until 10:46PM		Muruga: Blue Sunset: 8:36PM		Moon 7 - Phase 17 - 13	
						Catuspada Until 9:11AM		Nataraja: Yellow		Amavasya	
						Amavasya* Until 9:03PM		Moon – Blue			
								Sravana-Avani		Devaloka Day	

<b>Saturday, August 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Anchorage, AK					
Retreat Star		Simha Rasi: 10.59		Tithi 1		Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 132	
Creative Work		Amrita Yoga		Gulika 5:27AM – 7:20AM		Magha* Until 10:21AM		Ganesha: Purple Sunrise: 5:27AM		Visvvasu 5127	
Until 10:21AM				Yama 2:53PM – 4:46PM		Shiva Until 9:57PM		Muruga: Blue Sunset: 8:33PM		Moon 7 - Phase 17 - 14	
Then Creative Work - Siddha Yoga				Rahu 9:14AM – 11:07AM		Kintughna Until 9:06AM		Nataraja: Yellow		Prathama	
						Prathama* Until 9:16PM		Moon – Red			
								Devaloka Day			
								Bhadrapada-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1 Sunday, August 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 15 Sutra 133 Visvvasu 5127
Simha Rasi: 23.44	Tithi 2	<b>Gulika</b> 4:45PM – 6:37PM	<b>Purvaphalguni Until 11:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:30AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:30PM</i>	Moon 7 - Phase 18 - 15 3rd Phase
		Yama 1:00PM – 2:52PM	Siddha Until 9:34PM	<b>Nataraja:</b> Yellow		
		557728572 <b>Rahu</b> 6:37PM – 8:30PM	Balava Until 9:37AM	Moon – Red	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:04PM</b>	<b>Bhadrapada-Avani</b>		
Until 11:33AM						
Then Creative Work - Amrita Yoga						

<b>2 Monday, August 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 16 Sutra 134 Visvvasu 5127
Kanya Rasi: 6.14	Tithi 3	<b>Gulika</b> 2:51PM – 4:43PM	<b>Uttaraphalguni Until 1:10PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:32AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:27PM</i>	Moon 7 - Phase 18 - 16 3rd Phase
<b>Family Home Evening</b>		Yama 11:08AM – 12:59PM	Sadhya Until 9:39PM	<b>Nataraja:</b> Yellow		
		557728572 <b>Rahu</b> 7:24AM – 9:16AM	Taitila Until 10:42AM	Moon – Red	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Tritiya Until 11:27PM</b>	<b>Bhadrapada-Avani</b>		

<b>3 Tuesday, August 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Vanija/Vishti* Karana Chaturthyam Titau				Anchorage, AK Sun 17 Sutra 135 Visvvasu 5127
Kanya Rasi: 18.28	Tithi 4	<b>Gulika</b> 12:59PM – 2:50PM	<b>Hasta Until 3:37PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:35AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:23PM</i>	Moon 7 - Phase 18 - 17 3rd Phase
		Yama 9:17AM – 11:08AM	Subha Until 10:08PM	<b>Nataraja:</b> Yellow		
		567728572 <b>Rahu</b> 4:41PM – 6:32PM	Vanija Until 12:21PM	Moon – Green	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:19AM Wed</b>	<b>Bhadrapada-Avani</b>		
		<b>Ganesha Chaturthi</b>				

<b>4 Wednesday, August 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 18 Sutra 136 Visvvasu 5127
Tula Rasi: 0.32	Tithi 5	<b>Gulika</b> 11:09AM – 12:59PM	<b>Chitra Until 6:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:37AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:20PM</i>	Moon 7 - Phase 18 - 18 3rd Phase
		Yama 7:28AM – 9:18AM	Sukla Until 10:51PM	<b>Nataraja:</b> White		
		567728573 <b>Rahu</b> 12:59PM – 2:49PM	Bava Until 2:24PM	Moon – Green	<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Panchami Until 3:32AM Thu</b>	<b>Bhadrapada-Avani</b>		

<b>5 Thursday, August 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 19 Sutra 137 Visvvasu 5127
Tula Rasi: 12.28	Tithi 6	<b>Gulika</b> 9:19AM – 11:09AM	<b>Svati Until 9:01PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:40AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:17PM</i>	Moon 7 - Phase 18 - 19 3rd Phase
		Yama 5:40AM – 7:30AM	Brahma Until 11:45PM	<b>Nataraja:</b> White		
		568728573 <b>Rahu</b> 2:48PM – 4:38PM	Kaulava Until 4:44PM	Moon – Green	<b>Sivaloka Day</b>	
Creative Work	Amrita Yoga		<b>Shashthi* Until 5:55AM Fri</b>	<b>Bhadrapada-Avani</b>		
Until 9:01PM						
Then Creative Work - Siddha Yoga						

<b>6 Friday, August 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Gara Karana Saptamyam Titau				Anchorage, AK Sun 20 Sutra 138 Visvvasu 5127
Tula Rasi: 24.2	Tithi 7	<b>Gulika</b> 7:31AM – 9:20AM	<b>Vishakha Until 12:08AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:42AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:14PM</i>	Moon 7 - Phase 18 - 20 3rd Phase
		Yama 4:36PM – 6:25PM	Indra Until 12:41AM Sat	<b>Nataraja:</b> White		
		578728573 <b>Rahu</b> 11:09AM – 12:58PM	Gara Until 7:09PM	Moon – Orange	<b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Saptami Until 8:17AM Sat</b>	<b>Bhadrapada-Avani</b>		

<b>Retreat Star Saturday, August 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 139 Visvvasu 5127
Vrischika Rasi: 6.14	Tithi 7 – 8	<b>Gulika</b> 5:45AM – 7:33AM	<b>Anuradha Until 2:55AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:45AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:11PM</i>	Moon 7 - Phase 18 - 21 Ashtami
		Yama 2:46PM – 4:35PM	Vaidhriti* Until 1:27AM Sun	<b>Nataraja:</b> White		
		578728573 <b>Rahu</b> 9:22AM – 11:10AM	Vishti Until 9:25PM	Moon – Orange	<b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Saptami Until 8:17AM</b>	<b>Bhadrapada-Avani</b>		
Until 2:55AM Sun						
Then Routine Work - Marana Yoga						

<b>Retreat Star Sunday, August 31, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 22 Sutra 140 Visvvasu 5127
Vrischika Rasi: 18.12	Tithi 8 – 9	<b>Gulika</b> 4:33PM – 6:20PM	<b>Jyeshtha* Until 5:12AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:48AM</i>	<b>Muruga:</b> Blue <i>Sunset: 8:08PM</i>	Moon 7 - Phase 18 - 22 Navami
		Yama 12:58PM – 2:45PM	Vishkambha* Until 1:58AM Mon	<b>Nataraja:</b> White		
		578728573 <b>Rahu</b> 6:20PM – 8:08PM	Balava Until 11:23PM	Moon – Orange	<b>Subha Sivaloka Day</b>	
Routine Work	Marana Yoga		<b>Ashtami* Until 10:26AM</b>	<b>Bhadrapada-Avani</b>		
Until 5:12AM Mon						
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Monday, September 1, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 23 Sutra 141 Visvvasu 5127
	Dhanus Rasi: 0.19    Tithi 9 – 10	<b>Gulika</b> 2:44PM – 4:31PM	<b>Mula* Until 7:18AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:50AM
	<b>Family Home Evening</b> 588728573	<b>Yama</b> 11:11AM – 12:57PM	<b>Priti Until 2:07AM Tue</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 8:05PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 7:37AM – 9:24AM	<b>Taitila Until 12:52AM Tue</b>	<b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				

2	<b>Tuesday, September 2, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 24 Sutra 142 Visvvasu 5127
	Dhanus Rasi: 12.38    Tithi 10 – 11	<b>Gulika</b> 12:57PM – 2:43PM	<b>Mula* Until 7:18AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM
	<b>Family Home Evening</b> 588728573	<b>Yama</b> 9:25AM – 11:11AM	<b>Ayushman Until 1:45AM Wed</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 8:02PM
	Creative Work    Amrita Yoga	<b>Rahu</b> 4:29PM – 6:16PM	<b>Vanija Until 1:43AM Wed</b>	<b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				

3	<b>Wednesday, September 3, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 25 Sutra 143 Visvvasu 5127
	Dhanus Rasi: 25.16    Tithi 11 – 12	<b>Gulika</b> 11:11AM – 12:57PM	<b>Purvashadha* Until 8:37AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:55AM
	<b>Family Home Evening</b> 588828573	<b>Yama</b> 7:40AM – 9:26AM	<b>Saubhagya Until 12:52AM Thu</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:58PM
	Creative Work    Amrita Yoga	<b>Rahu</b> 12:57PM – 2:42PM	<b>Bava Until 1:53AM Thu</b>	<b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				

4	<b>Thursday, September 4, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 26 Sutra 144 Visvvasu 5127
	Makara Rasi: 8.13    Tithi 12 – 13	<b>Gulika</b> 9:27AM – 11:12AM	<b>Uttarashadha Until 9:06AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:57AM
	<b>Family Home Evening</b> 589828573	<b>Yama</b> 5:57AM – 7:42AM	<b>Sobhana Until 11:25PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:58PM
	Routine Work    Marana Yoga	<b>Rahu</b> 2:41PM – 4:26PM	<b>Kaulava Until 1:20AM Fri</b>	<b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				
<i>Pradosha Vrata</i>				

5	<b>Friday, September 5, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 27 Sutra 145 Visvvasu 5127
	Makara Rasi: 21.32    Tithi 13 – 14	<b>Gulika</b> 7:44AM – 9:28AM	<b>Shravana Until 9:11AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM
	<b>Family Home Evening</b> 599828573	<b>Yama</b> 4:24PM – 6:08PM	<b>Athiganda* Until 9:24PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:52PM
	Routine Work    Marana Yoga	<b>Rahu</b> 11:12AM – 12:56PM	<b>Gara Until 12:07AM Sat</b>	<b>Nataraja:</b> White Moon – Purple
			<b>Subha Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				
<b>Chidambaram Abhishekam</b>				

○	<b>Saturday, September 6, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Anchorage, AK Sun 28 Sutra 146 Visvvasu 5127
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:02AM – 7:46AM	<b>Dhanishtha Until 8:29AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:02AM
	Kumbha Rasi: 5.13    Tithi 14 – 15	<b>Yama</b> 2:39PM – 4:22PM	<b>Sukarma Until 6:55PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:49PM
	<b>Family Home Evening</b> 599828573	<b>Rahu</b> 9:29AM – 11:12AM	<b>Vistil Until 10:18PM</b>	<b>Nataraja:</b> White Moon – Purple
			<b>Subha Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				

○	<b>Sunday, September 7, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Anchorage, AK Sun 29 Sutra 147 Visvvasu 5127
	<b>Silver Retreat Star</b>	<b>Gulika</b> 4:21PM – 6:03PM	<b>Shatabhishak Until 7:06AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:05AM
	Kumbha Rasi: 19.16    Tithi 15 – 16	<b>Yama</b> 12:55PM – 2:38PM	<b>Dhriti Until 4:03PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:46PM
	<b>Family Home Evening</b> 599828573	<b>Rahu</b> 6:03PM – 7:46PM	<b>Balava Until 8:02PM</b>	<b>Nataraja:</b> White Moon – Purple
			<b>Subha Sivaloka Day</b>	
<b>Bhadrapada*Avani</b>				
<b>Grandparent's Day</b>				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Monday, September 8, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\*/Ganda\* Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

Anchorage, AK

Sutra 148

Visvvasu 5127

Meena Rasi: 3.35 Tithi 16 - 17

Family Home Evening

519828573

Gulika

2:37PM - 4:19PM

Yama

11:13AM - 12:55PM

Rahu

7:49AM - 9:31AM

Uttaraproshtapada Until 3:38AM Tue

Shula\* Until 12:51PM

Gara Until 4:00AM Tue

Prathama\* Until 6:45AM

Ganesha: Yellow

Muruga: Blue

Nataraja: White

Moon - Clear

Bhadrapada\*Avani

Sunrise: 6:07AM

Sunset: 7:43PM

Subha Sivaloka Day

Moon 8 - Phase 20 -

1st Phase

Creative Work Siddha Yoga

Tuesday, September 9, 2025

1

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhhi\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 149

Visvvasu 5127

Meena Rasi: 18.05 Tithi 18

Creative Work Siddha Yoga

Until 1:24AM Wed

Then Routine Work - Marana Yoga

519828573

Gulika

12:55PM - 2:36PM

Yama

9:32AM - 11:14AM

Rahu

4:17PM - 5:58PM

Revati Until 1:24AM Wed

Ganda\* Until 9:28AM

Vanija Until 2:36PM

Tritiya Until 1:08AM Wed

Ganesha: Yellow

Muruga: Blue

Nataraja: White

Moon - Clear

Bhadrapada\*Avani

Sunrise: 6:10AM

Sunset: 7:40PM

Subha Sivaloka Day

Moon 8 - Phase 20 - 1

1st Phase

Wednesday, September 10, 2025

2

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthayam Titau

Anchorage, AK

Sun 2 Sutra 150

Visvvasu 5127

Mesha Rasi: 2.43 Tithi 19

Routine Work Marana Yoga

Until 11:26PM

Then Creative Work - Siddha Yoga

529828573

Gulika

11:14AM - 12:54PM

Yama

7:53AM - 9:33AM

Rahu

12:54PM - 2:35PM

Ashvini Until 11:26PM

Vridhhi Until 6:01AM

Bava Until 11:42AM

Chaturthi\* Until 10:15PM

Ganesha: White

Muruga: Blue

Nataraja: White

Moon - White

Bhadrapada\*Avani

Sunrise: 6:12AM

Sunset: 7:36PM

Sivaloka Day

Moon 8 - Phase 20 - 2

1st Phase

Thursday, September 11, 2025

3

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 151

Visvvasu 5127

Mesha Rasi: 17.19 Tithi 20

Creative Work Siddha Yoga

Until 9:26PM

Then Routine Work - Marana Yoga

529828573

Gulika

9:34AM - 11:14AM

Yama

6:15AM - 7:55AM

Rahu

2:34PM - 4:14PM

Bharani Until 9:26PM

Vyaghata\* Until 11:11PM

Kaulava Until 8:51AM

Panchami Until 7:27PM

Ganesha: White

Muruga: Blue

Nataraja: White

Moon - White

Bhadrapada\*Avani

Sunrise: 6:15AM

Sunset: 7:33PM

Sivaloka Day

Moon 8 - Phase 20 - 3

1st Phase

Friday, September 12, 2025

4

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 4 Sutra 152

Visvvasu 5127

Vrishabha Rasi: 1.49 Tithi 21 - 22

Creative Work Siddha Yoga

Until 7:31PM

Then Routine Work - Marana Yoga

521828573

Gulika

7:56AM - 9:35AM

Yama

4:12PM - 5:51PM

Rahu

11:15AM - 12:54PM

Krittika Until 7:31PM

Harshana Until 8:01PM

Gara Until 6:09AM

Shashthi\* Until 4:52PM

Ganesha: Blue

Muruga: Blue

Nataraja: White

Moon - White

Bhadrapada\*Avani

Sunrise: 6:17AM

Sunset: 7:30PM

Sivaloka Day

Moon 8 - Phase 20 - 4

1st Phase

Saturday, September 13, 2025

●

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 5 Sutra 153

Visvvasu 5127

Vrishabha Rasi: 16.08 Tithi 22 - 23

Creative Work Amrita Yoga

Until 6:10PM

Then Creative Work - Siddha Yoga

531828573

Gulika

6:20AM - 7:58AM

Yama

2:32PM - 4:10PM

Rahu

9:37AM - 11:15AM

Rohini Until 6:10PM

Vajra\* Until 5:04PM

Balava Until 1:34AM Sun

Saptami Until 2:34PM

Ganesha: Red

Muruga: Blue

Nataraja: White

Moon - Yellow

Bhadrapada\*Avani

Sunrise: 6:20AM

Sunset: 7:27PM

Subha Sivaloka Day

Moon 8 - Phase 20 - 5

Ashtami

Sunday, September 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 6 Sutra 154

Visvvasu 5127

Mithuna Rasi: 0.15 Tithi 23 - 24

Creative Work Siddha Yoga

531828573

Gulika

4:08PM - 5:46PM

Yama

12:53PM - 2:31PM

Rahu

5:46PM - 7:24PM

Mrigashira Until 5:01PM

Siddhi Until 2:24PM

Taitila Until 11:48PM

Ashtami\* Until 12:37PM

Ganesha: Red

Muruga: Blue

Nataraja: White

Moon - Yellow

Bhadrapada\*Avani

Sunrise: 6:22AM

Sunset: 7:24PM

Subha Sivaloka Day

Moon 8 - Phase 20 - 6

Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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<b>Monday, September 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Vyalipata/Variyan Yoga Gara/Vanija Karana Dashami/Dashamyam Titau				Anchorage, AK Sun 7 Sutra 155
<b>1</b>		<b>Gulika</b> 2:30PM – 4:07PM	<b>Ardra</b> <b>Until 4:08PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	Visvvasu 5127
Mithuna Rasi: 14.07	Tithi 24 – 25	Yama 11:16AM – 12:53PM	Vyatipata* <b>Until 12:05PM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:20PM	Moon 8 - Phase 21 - 7
<b>Family Home Evening</b>	531828573	<b>Rahu</b> 8:02AM – 9:39AM	Vanija <b>Until 10:26PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga			<b>Navami* Until 11:03AM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>	
Until 4:08PM				<b>Bhadrapada*Avani</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, September 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 8 Sutra 156
<b>2</b>		<b>Gulika</b> 12:52PM – 2:29PM	<b>Punarvasu</b> <b>Until 3:56PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:27AM	Visvvasu 5127
Mithuna Rasi: 27.45	Tithi 25 – 26	Yama 9:40AM – 11:16AM	Variyan <b>Until 10:04AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 8 - Phase 21 - 8
541828573		<b>Rahu</b> 4:05PM – 5:41PM	Bava <b>Until 9:30PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga			<b>Dashami</b> <b>Until 9:54AM</b>	Moon – Blue	<b>Sivaloka Day</b>	
				<b>Bhadrapada*Puratasi</b>		

<b>Wednesday, September 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 9 Sutra 157
<b>3</b>		<b>Gulika</b> 11:16AM – 12:52PM	<b>Pushya</b> <b>Until 4:02PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:30AM	Visvvasu 5127
Kataka Rasi: 11.08	Tithi 26 – 27	Yama 8:05AM – 9:41AM	Parigha* <b>Until 8:24AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:14PM	Moon 8 - Phase 21 - 9
541828573		<b>Rahu</b> 12:52PM – 2:27PM	Kaulava <b>Until 9:00PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi* Until 9:11AM</b>	Moon – Blue	<b>Sivaloka Day</b>	
				<b>Bhadrapada*Puratasi</b>		

<b>Thursday, September 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 10 Sutra 158
<b>4</b>		<b>Gulika</b> 9:42AM – 11:17AM	<b>Ashlesha*</b> <b>Until 4:25PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:32AM	Visvvasu 5127
Kataka Rasi: 24.16	Tithi 27 – 28	Yama 6:32AM – 8:07AM	Shiva <b>Until 7:07AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 21 - 10
541828573		<b>Rahu</b> 2:26PM – 4:01PM	Gara <b>Until 8:58PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 8:54AM</b>	Moon – Blue	<b>Sivaloka Day</b>	
Until 4:25PM				<b>Bhadrapada*Puratasi</b>		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, September 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 11 Sutra 159
<b>5</b>		<b>Gulika</b> 8:09AM – 9:43AM	<b>Magha*</b> <b>Until 5:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	Visvvasu 5127
Simha Rasi: 7.11	Tithi 28 – 29	Yama 3:59PM – 5:34PM	Siddha <b>Until 6:09AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:08PM	Moon 8 - Phase 21 - 11
551828573		<b>Rahu</b> 11:17AM – 12:51PM	Vistil <b>Until 9:24PM</b>	<b>Nataraja:</b> White		2nd Phase
Routine Work Marana Yoga			<b>Trayodashi* Until 9:06AM</b>	Moon – Red	<b>Sivaloka Day</b>	
Until 5:34PM				<b>Bhadrapada*Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, September 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manla Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK Sun 12 Sutra 160
<b>Retreat Star</b>		<b>Gulika</b> 6:37AM – 8:11AM	<b>Purvaphalguni</b> <b>Until 7:00PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Visvvasu 5127
Simha Rasi: 19.52	Tithi 29 – 30	Yama 2:24PM – 3:58PM	Subha <b>Until 5:22AM Sun</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 21 - 12
551828573		<b>Rahu</b> 9:44AM – 11:17AM	Catuspada <b>Until 10:17PM</b>	<b>Nataraja:</b> White		Amavasya
Creative Work Siddha Yoga			<b>Chaturdashi* Until 9:46AM</b>	Moon – Red	<b>Sivaloka Day</b>	
Until 7:00PM				<b>Bhadrapada*Puratasi</b>		
Then Routine Work - Marana Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>				

<b>Sunday, September 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK Sun 13 Sutra 161
<b>Retreat Star</b>		<b>Gulika</b> 3:56PM – 5:29PM	<b>Uttaraphalguni</b> <b>Until 8:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	Visvvasu 5127
Kanya Rasi: 2.2	Tithi 30 – 1	Yama 12:50PM – 2:23PM	Sukla <b>Until 5:29AM Mon</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 21 - 13
551828573		<b>Rahu</b> 5:29PM – 7:01PM	Kintughna <b>Until 11:39PM</b>	<b>Nataraja:</b> White		Prathama
Creative Work Amrita Yoga			<b>Amavasya* Until 10:53AM</b>	Moon – Red	<b>Sivaloka Day</b>	
		<b>Navaratri Begins</b>		<b>Ashvina*Puratasi</b>		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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<b>1</b>	<b>Monday, September 22, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Pralhana/Dvitiyayam Titau		Anchorage, AK Sun 14 Sutra 162 Visvasu 5127
	Kanya Rasi: 14.38 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 11:11PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 2:22PM – 3:54PM <b>Yama</b> 11:18AM – 12:50PM <b>Rahu</b> 8:14AM – 9:46AM	<b>Hasta</b> Until 11:11PM Brahma Until 5:54AM Tue Balava Until 1:25AM Tue <b>Prathama*</b> Until 12:28PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:42AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:58PM <b>Nataraja:</b> White Moon – Green <b>Subha Sivaloka Day</b> Ashvina+Puratasi

<b>2</b>	<b>Tuesday, September 23, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anchorage, AK Sun 15 Sutra 163 Visvasu 5127
	Kanya Rasi: 26.45 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:50PM – 2:21PM <b>Yama</b> 9:47AM – 11:18AM <b>Rahu</b> 3:52PM – 5:24PM	<b>Chitra</b> Until 1:49AM Wed Indra Until 6:36AM Wed Taitila Until 3:32AM Wed <b>Dvitiya</b> Until 2:25PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:45AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:55PM <b>Nataraja:</b> White Moon – Green <b>Subha Sivaloka Day</b> Ashvina+Puratasi

<b>3</b>	<b>Wednesday, September 24, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Anchorage, AK Sun 16 Sutra 164 Visvasu 5127
	Tula Rasi: 8.44 Tithi 3 – 4 Creative Work Siddha Yoga	<b>Gulika</b> 11:19AM – 12:49PM <b>Yama</b> 8:18AM – 9:48AM <b>Rahu</b> 12:49PM – 2:20PM	<b>Svati</b> Until 4:31AM Thu Indra Until 6:36AM Vanija Until 5:54AM Thu <b>Tritiya</b> Until 4:40PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:47AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:52PM <b>Nataraja:</b> White Moon – Green <b>Subha Sivaloka Day</b> Ashvina+Puratasi

<b>4</b>	<b>Thursday, September 25, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti* Karana Chaturthyam Titau		Anchorage, AK Sun 17 Sutra 165 Visvasu 5127
	Tula Rasi: 20.38 Tithi 4 Creative Work Siddha Yoga	<b>Gulika</b> 9:49AM – 11:19AM <b>Yama</b> 6:49AM – 8:19AM <b>Rahu</b> 2:19PM – 3:49PM	<b>Vishakha</b> Until 7:40AM Fri Vaidhriti* Until 7:26AM Visti Until 7:06PM <b>Chaturthi*</b> Until 7:06PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:49AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:49PM <b>Nataraja:</b> White Moon – Orange <b>Subha Subha Sivaloka Day</b> Ashvina+Puratasi

<b>5</b>	<b>Friday, September 26, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 18 Sutra 166 Visvasu 5127
	Vrischika Rasi: 2.29 Tithi 5 Creative Work Siddha Yoga	<b>Gulika</b> 8:21AM – 9:50AM <b>Yama</b> 3:47PM – 5:16PM <b>Rahu</b> 11:20AM – 12:49PM	<b>Vishakha</b> Until 7:40AM Vishkambha* Until 8:21AM Bava Until 8:22AM <b>Panchami</b> Until 9:35PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:52AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:46PM <b>Nataraja:</b> White Moon – Orange <b>Subha Subha Sivaloka Day</b> Ashvina+Puratasi

<b>6</b>	<b>Saturday, September 27, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK Sun 19 Sutra 167 Visvasu 5127
	Vrischika Rasi: 14.22 Tithi 6 Creative Work Siddha Yoga	<b>Gulika</b> 6:54AM – 8:23AM <b>Yama</b> 2:17PM – 3:45PM <b>Rahu</b> 9:51AM – 11:20AM	<b>Anuradha</b> Until 10:37AM Priti Until 9:16AM Kaulava Until 10:48AM <b>Shashthi*</b> Until 11:56PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:54AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:42PM <b>Nataraja:</b> White Moon – Orange <b>Subha Sivaloka Day</b> Ashvina+Puratasi

<b>Retreat Star</b>	<b>Sunday, September 28, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Anchorage, AK Sun 20 Sutra 168 Visvasu 5127
	Vrischika Rasi: 26.18 Tithi 7 Routine Work Marana Yoga Until 1:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 3:44PM – 5:11PM <b>Yama</b> 12:48PM – 2:16PM <b>Rahu</b> 5:11PM – 6:39PM	<b>Jyeshtha*</b> Until 1:12PM Ayushman Until 10:00AM Gara Until 1:02PM <b>Saptami</b> Until 2:00AM Mon	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:57AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:39PM <b>Nataraja:</b> White Moon – Orange <b>Sivaloka Day</b> Ashvina+Puratasi

<b>Retreat Star</b>	<b>Monday, September 29, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 169 Visvasu 5127
	Dhanus Rasi: 8.22 Tithi 8 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 3:45PM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:15PM – 3:42PM <b>Yama</b> 11:21AM – 12:48PM <b>Rahu</b> 8:26AM – 9:54AM	<b>Mula*</b> Until 3:45PM Saubhagya Until 10:28AM Visti Until 2:52PM <b>Ashtami*</b> Until 3:34AM Tue	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:59AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:36PM <b>Nataraja:</b> White Moon – Light Blue <b>Subha Sivaloka Day</b> Ashvina+Puratasi

<b>Retreat Star</b>	<b>Tuesday, September 30, 2025</b>	Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK Sun 22 Sutra 170 Visvasu 5127
	Dhanus Rasi: 20.38 Tithi 9 Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 12:47PM – 2:14PM <b>Yama</b> 9:55AM – 11:21AM <b>Rahu</b> 3:40PM – 5:07PM	<b>Purvashadha*</b> Until 5:35PM Sobhana Until 10:32AM Balava Until 4:09PM <b>Navami*</b> Until 4:31AM Wed	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:02AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:33PM <b>Nataraja:</b> White Moon – Light Blue <b>Subha Sivaloka Day</b> Ashvina+Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Wednesday, October 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 171 Visvvasu 5127
	Makara Rasi: 3.11	Tithi 10	<b>Gulika</b> 11:21AM – 12:47PM	<b>Uttarashadha</b> Until 6:34PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:04AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:30PM	Moon 8 - Phase 23 - 23 4th Phase
	Creative Work	Amrita Yoga	Yama 8:30AM – 9:56AM	Athiganda* Until 10:03AM	<b>Nataraja:</b> White		
	Until 6:34PM		682928573 <b>Rahu</b> 12:47PM – 2:13PM	Taitila Until 4:44PM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Dashami</b> Until 4:42AM Thu	<b>Ashvina+Puratasi</b>			

<b>2</b>	<b>Thursday, October 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 172 Visvvasu 5127
	Makara Rasi: 16.07	Tithi 11	<b>Gulika</b> 9:57AM – 11:22AM	<b>Shravana</b> Until 7:05PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:07AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM	Moon 8 - Phase 23 - 24 4th Phase
	Creative Work	Siddha Yoga	Yama 7:07AM – 8:32AM	Sukarma Until 8:59AM	<b>Nataraja:</b> White		
			692928573 <b>Rahu</b> 2:12PM – 3:37PM	Vanija Until 4:31PM	Moon – Purple		<b>Sivaloka Day</b>
			<b>Ekadashi</b> Until 4:05AM Fri	<b>Ashvina+Puratasi</b>			

<b>3</b>	<b>Friday, October 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 173 Visvvasu 5127
	Makara Rasi: 29.26	Tithi 12	<b>Gulika</b> 8:34AM – 9:58AM	<b>Dhanishtha</b> Until 6:41PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:09AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:23PM	Moon 8 - Phase 23 - 25 4th Phase
	Creative Work	Siddha Yoga	Yama 3:35PM – 4:59PM	Dhriti Until 7:18AM	<b>Nataraja:</b> White		
			692928573 <b>Rahu</b> 11:22AM – 12:46PM	Bava Until 3:30PM	Moon – Purple		<b>Sivaloka Day</b>
			<b>Dvadashi</b> Until 2:42AM Sat	<b>Ashvina+Puratasi</b>			

<b>4</b>	<b>Saturday, October 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shalabhishak/Purvproshthapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 174 Visvvasu 5127
	Kumbha Rasi: 13.12	Tithi 13	<b>Gulika</b> 7:12AM – 8:36AM	<b>Shatabhishak</b> Until 5:24PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:12AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:20PM	Moon 8 - Phase 23 - 26 4th Phase
	Creative Work	Amrita Yoga	Yama 2:10PM – 3:33PM	Ganda* Until 2:05AM Sun	<b>Nataraja:</b> White		
	Until 5:24PM		692928573 <b>Rahu</b> 9:59AM – 11:23AM	Kaulava Until 1:45PM	Moon – Purple		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga			<b>Kadaitswami Mahasamadhi</b>	<b>Trayodashi</b> Until 12:36AM Sun	<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, October 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvproshthapada*/Uttarproshthapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 175 Visvvasu 5127
	Kumbha Rasi: 27.25	Tithi 14	<b>Gulika</b> 3:32PM – 4:54PM	<b>Purvproshthapada*</b> Until 3:47PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:14AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:17PM	Moon 8 - Phase 23 - 27 4th Phase
	Creative Work	Siddha Yoga	Yama 12:46PM – 2:09PM	Vriddhi Until 10:45PM	<b>Nataraja:</b> White		
	Until 3:47PM		613928573 <b>Rahu</b> 4:54PM – 6:17PM	Gara Until 11:21AM	Moon – Clear		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Chidambaram Abhishekam</b>	<b>Chaturdashi*</b> Until 9:56PM	<b>Ashvina+Puratasi</b>		

	<b>Monday, October 6, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK Sutra 176 Visvvasu 5127
	Meena Rasi: 12	Tithi 15	<b>Gulika</b> 2:08PM – 3:30PM	<b>Uttarproshthapada</b> Until 1:33PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:17AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:14PM	Moon 8 - Phase 23 - Purnima
	<b>Family Home Evening</b>		Yama 11:23AM – 12:46PM	Dhruva Until 7:02PM	<b>Nataraja:</b> White		
	Creative Work	Siddha Yoga	613928573 <b>Rahu</b> 8:39AM – 10:01AM	Visti Until 8:26AM	Moon – Clear		<b>Subha Sivaloka Day</b>
			<b>Purnima*</b> Until 6:49PM	<b>Ashvina+Puratasi</b>			

<b>○</b>	<b>Tuesday, October 7, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Anchorage, AK Sutra 177 Visvvasu 5127
	Meena Rasi: 26.52	Tithi 16 – 17	<b>Gulika</b> 12:45PM – 2:07PM	<b>Revati</b> Until 10:52AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:20AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:11PM	Moon 8 - Phase 23 - Prathama
	Creative Work	Siddha Yoga	Yama 10:02AM – 11:24AM	Vyaghata* Until 3:06PM	<b>Nataraja:</b> Clear		
			613928574 <b>Rahu</b> 3:28PM – 4:50PM	Taitila Until 1:42AM Wed	Moon – Clear		<b>Sivaloka Day</b>
			<b>Prathama*</b> Until 3:26PM	<b>Ashvina+Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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Wednesday, October 8, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 178

Visvvasu 5127

Moon 9 - Phase 24 - 1

1st Phase

Mesha Rasi: 11.53 Tithi 17 - 18

633928574

**Gulika** 11:24AM - 12:45PM  
**Yama** 8:43AM - 10:04AM  
**Rahu** 12:45PM - 2:06PM

**Ashvini Until 8:17AM**  
Harshana Until 11:05AM  
Vanija Until 10:12PM  
**Dvitiya Until 11:56AM**

**Ganesha:** White *Sunrise: 7:22AM*  
**Muruga:** Blue *Sunset: 6:08PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina+Puratasi**

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 8:17AM

Then Creative Work - Siddha Yoga

1

Thursday, October 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 179

Visvvasu 5127

Moon 9 - Phase 24 - 2

1st Phase

Mesha Rasi: 26.55 Tithi 18 - 19

633928574

**Gulika** 10:05AM - 11:25AM  
**Yama** 7:25AM - 8:45AM  
**Rahu** 2:05PM - 3:25PM

**Krittika Until 2:55AM Fri**  
Vajra\* Until 7:04AM  
Bava Until 6:49PM  
**Tritiya Until 8:28AM**

**Ganesha:** White *Sunrise: 7:25AM*  
**Muruga:** Blue *Sunset: 6:05PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina+Puratasi**

**Subha Sivaloka Day**

Routine Work Marana Yoga

2

Friday, October 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 180

Visvvasu 5127

Moon 9 - Phase 24 - 3

1st Phase

Vrishabha Rasi: 11.48 Tithi 20

633928574

**Gulika** 8:47AM - 10:06AM  
**Yama** 3:23PM - 4:42PM  
**Rahu** 11:25AM - 12:44PM

**Rohini Until 12:51AM Sat**  
Vyatipata\* Until 11:39PM  
Kaulava Until 3:42PM  
**Panchami Until 2:16AM Sat**

**Ganesha:** Yellow *Sunrise: 7:27AM*  
**Muruga:** Blue *Sunset: 6:02PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina+Puratasi**

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:51AM Sat

Then Creative Work - Siddha Yoga

3

Saturday, October 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Varyan Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 181

Visvvasu 5127

Moon 9 - Phase 24 - 4

1st Phase

Vrishabha Rasi: 26.26 Tithi 21

633928574

**Gulika** 7:30AM - 8:48AM  
**Yama** 2:03PM - 3:21PM  
**Rahu** 10:07AM - 11:26AM

**Mrigashira Until 11:07PM**  
Varyan Until 8:25PM  
Gara Until 12:59PM  
**Shashthi\* Until 11:48PM**

**Ganesha:** Yellow *Sunrise: 7:30AM*  
**Muruga:** Blue *Sunset: 5:59PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina+Puratasi**

**Sivaloka Day**

Creative Work Siddha Yoga

4

Sunday, October 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 182

Visvvasu 5127

Moon 9 - Phase 24 - 5

1st Phase

Mithuna Rasi: 10.43 Tithi 22

633928574

**Gulika** 3:20PM - 4:38PM  
**Yama** 12:44PM - 2:02PM  
**Rahu** 4:38PM - 5:55PM

**Ardra Until 9:47PM**  
Parigha\* Until 5:39PM  
Visti Until 10:48AM  
**Saptami Until 9:54PM**

**Ganesha:** Yellow *Sunrise: 7:32AM*  
**Muruga:** Blue *Sunset: 5:55PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina+Puratasi**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Monday, October 13, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 183

Visvvasu 5127

Moon 9 - Phase 24 - 6

Ashtami

Mithuna Rasi: 24.37 Tithi 23

643928574

**Gulika** 2:01PM - 3:18PM  
**Yama** 11:26AM - 12:44PM  
**Rahu** 8:52AM - 10:09AM

**Punarvasu Until 9:21PM**  
Shiva Until 3:23PM  
Balava Until 9:12AM  
**Ashtami\* Until 8:38PM**

**Ganesha:** Blue *Sunrise: 7:35AM*  
**Muruga:** Blue *Sunset: 5:52PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina+Puratasi**

**Subha Sivaloka Day**

Family Home Evening Amrita Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 7 Sutra 184

Visvvasu 5127

Moon 9 - Phase 24 - 7

Navami

Kataka Rasi: 8.09 Tithi 24

643928574

**Gulika** 12:43PM - 2:00PM  
**Yama** 10:10AM - 11:27AM  
**Rahu** 3:16PM - 4:33PM

**Pushya Until 9:26PM**  
Siddha Until 1:37PM  
Taitila Until 8:15AM  
**Navami\* Until 8:01PM**

**Ganesha:** Blue *Sunrise: 7:38AM*  
**Muruga:** Blue *Sunset: 5:49PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina+Puratasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

<b>1</b>		<b>Wednesday, October 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 185 Visvvasu 5127	
Kataka Rasi: 21.19	Tithi 25	Gulika 11:27AM – 12:43PM	Ashlesha* Until 9:59PM	Ganesha: Blue	Sunrise: 7:40AM	Muruga: Blue	Sunset: 5:46PM
		Yama 8:56AM – 10:12AM	Sadhya Until 12:23PM	Nataraja: Clear		Moon – Blue	
643928574	Rahu 12:43PM – 1:59PM		Vanija Until 7:58AM	Subha Sivaloka Day			
Creative Work	Siddha Yoga		Dashami Until 8:03PM	Ashvina•Puratasi			
<b>2</b>		<b>Thursday, October 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 186 Visvvasu 5127	
Simha Rasi: 4.1	Tithi 26	Gulika 10:13AM – 11:28AM	Magha* Until 11:25PM	Ganesha: Red	Sunrise: 7:43AM	Muruga: Blue	Sunset: 5:43PM
		Yama 7:43AM – 8:58AM	Subha Until 11:38AM	Nataraja: Clear		Moon 9 - Phase 25 - 9	
653928574	Rahu 1:58PM – 3:13PM		Bava Until 8:19AM	Sivaloka Day			
Creative Work	Amrita Yoga		Ekadashi* Until 8:40PM	Ashvina•Aipasi			
Until 11:25PM							
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, October 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anchorage, AK Sun 10 Sutra 187 Visvvasu 5127	
Simha Rasi: 16.45	Tithi 27	Gulika 9:00AM – 10:14AM	Purvaphalguni Until 1:10AM Sat	Ganesha: Red	Sunrise: 7:45AM	Muruga: Blue	Sunset: 5:40PM
		Yama 3:12PM – 4:26PM	Sukla Until 11:16AM	Nataraja: Clear		Moon 9 - Phase 25 - 10	
653928574	Rahu 11:28AM – 12:43PM		Kaulava Until 9:12AM	Sivaloka Day			
Creative Work	Siddha Yoga		Dvadashi* Until 9:49PM	Ashvina•Aipasi			
Until 1:10AM Sat							
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, October 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 188 Visvvasu 5127	
Simha Rasi: 29.08	Tithi 28	Gulika 7:48AM – 9:02AM	Uttaraphalguni Until 3:10AM Sun	Ganesha: Red	Sunrise: 7:48AM	Muruga: Blue	Sunset: 5:37PM
		Yama 1:56PM – 3:10PM	Brahma Until 11:17AM	Nataraja: Clear		Moon 9 - Phase 25 - 11	
653928574	Rahu 10:15AM – 11:29AM		Gara Until 10:34AM	Sivaloka Day			
Routine Work	Marana Yoga		Trayodashi* Until 11:23PM	Ashvina•Aipasi			
Until 3:10AM Sun							
Then Creative Work - Amrita Yoga				Pradosha Vrata (Fasting)			
<b>5</b>		<b>Sunday, October 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Visiti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 189 Visvvasu 5127	
Kanya Rasi: 11.2	Tithi 29	Gulika 3:08PM – 4:21PM	Hasta Until 5:48AM Mon	Ganesha: Yellow	Sunrise: 7:51AM	Muruga: Blue	Sunset: 5:34PM
		Yama 12:42PM – 1:55PM	Indra Until 11:35AM	Nataraja: Clear		Moon 9 - Phase 25 - 12	
663928574	Rahu 4:21PM – 5:34PM		Visti Until 12:19PM	Sivaloka Day			
Creative Work	Amrita Yoga		Chaturdashi* Until 1:18AM Mon	Ashvina•Aipasi			
Until 5:48AM Mon							
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day					
<b>Retreat Star</b>		<b>Monday, October 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 190 Visvvasu 5127	
Kanya Rasi: 23.25	Tithi 30	Gulika 1:55PM – 3:07PM	Chitra Until 8:31AM Tue	Ganesha: Blue	Sunrise: 7:53AM	Muruga: Blue	Sunset: 5:31PM
Family Home Evening		Yama 11:30AM – 12:42PM	Vaidhriti* Until 12:06PM	Nataraja: Clear		Moon 9 - Phase 25 - 13	
664928574	Rahu 9:05AM – 10:18AM		Catuspada Until 2:22PM	Devaloka Day			
Routine Work	Prabalarishta Yoga		Amavasya* Until 3:28AM Tue	Ashvina•Aipasi			
Until 8:31AM Tue							
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi					
<b>Retreat Star</b>		<b>Tuesday, October 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau		Anchorage, AK Sun 14 Sutra 191 Visvvasu 5127	
Tula Rasi: 5.24	Tithi 1	Gulika 12:42PM – 1:54PM	Chitra Until 8:31AM	Ganesha: Blue	Sunrise: 7:56AM	Muruga: Blue	Sunset: 5:28PM
		Yama 10:19AM – 11:31AM	Vishkambha* Until 12:48PM	Nataraja: Clear		Moon 9 - Phase 25 - 14	
664928574	Rahu 3:05PM – 4:17PM		Kintughna Until 4:39PM	Devaloka Day			
Creative Work	Siddha Yoga		Prathama* Until 5:50AM Wed	Karttika•Aipasi			
		Skanda Shasthi Begins					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Wednesday, October 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava Karana Dvitiyayam Titau			Anchorage, AK Sun 15 Sutra 192	
	Tula Rasi: 17.19	Tithi 2	<b>Gulika</b> 11:31AM – 12:42PM Yama 9:09AM – 10:20AM 664138574 <b>Rahu</b> 12:42PM – 1:53PM	<b>Svati Until 11:14AM</b> Priti Until 1:38PM Balava Until 7:05PM <b>Dvitiya Until 8:19AM Thu</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:59AM <b>Sunset:</b> 5:25PM	Moon 9 - Phase 26 - 15 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>2</b>	<b>Thursday, October 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Anchorage, AK Sun 16 Sutra 193	
	Tula Rasi: 29.11	Tithi 2 – 3	<b>Gulika</b> 10:21AM – 11:32AM Yama 8:01AM – 9:11AM 674138574 <b>Rahu</b> 1:52PM – 3:02PM	<b>Vishakha Until 2:22PM</b> Ayushman Until 2:30PM Taitila Until 9:36PM <b>Dvitiya Until 8:19AM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 8:01AM <b>Sunset:</b> 5:22PM	Moon 9 - Phase 26 - 16 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Friday, October 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Anchorage, AK Sun 17 Sutra 194	
	Vrischika Rasi: 11.02	Tithi 3 – 4	<b>Gulika</b> 9:13AM – 10:23AM Yama 3:01PM – 4:10PM 674138574 <b>Rahu</b> 11:32AM – 12:42PM	<b>Anuradha Until 5:21PM</b> Saubhagya Until 3:24PM Vanija Until 12:06AM Sat <b>Tritiya Until 10:50AM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 8:04AM <b>Sunset:</b> 5:19PM	Moon 9 - Phase 26 - 17 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Until 5:21PM	Then Routine Work - Marana Yoga						

<b>4</b>	<b>Saturday, October 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Anchorage, AK Sun 18 Sutra 195	
	Vrischika Rasi: 22.55	Tithi 4 – 5	<b>Gulika</b> 8:06AM – 9:15AM Yama 1:50PM – 2:59PM 674138574 <b>Rahu</b> 10:24AM – 11:33AM	<b>Jyeshtha* Until 8:05PM</b> Sobhana Until 4:14PM Bava Until 2:29AM Sun <b>Chaturthi* Until 1:17PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 8:06AM <b>Sunset:</b> 5:17PM	Moon 9 - Phase 26 - 18 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>5</b>	<b>Sunday, October 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Anchorage, AK Sun 19 Sutra 196	
	Dhanus Rasi: 4.51	Tithi 5 – 6	<b>Gulika</b> 2:58PM – 4:06PM Yama 12:41PM – 1:50PM 684138574 <b>Rahu</b> 4:06PM – 5:14PM	<b>Mula* Until 10:55PM</b> Athiganda* Until 4:54PM Kaulava Until 4:36AM Mon <b>Panchami Until 3:33PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 8:09AM <b>Sunset:</b> 5:14PM	Moon 9 - Phase 26 - 19 3rd Phase
Creative Work	Amrita Yoga				<b>Devaloka Day</b>		
Until 10:55PM	Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Monday, October 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Anchorage, AK Sun 20 Sutra 197	
	Dhanus Rasi: 16.53	Tithi 6 – 7	<b>Gulika</b> 1:49PM – 2:56PM Yama 11:34AM – 12:41PM 684138574 <b>Rahu</b> 9:19AM – 10:27AM	<b>Purvashadha* Until 1:14AM Tue</b> Sukarma Until 5:19PM Gara Until 6:17AM Tue <b>Shashthi* Until 5:29PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 5:11PM	Moon 9 - Phase 26 - 20 3rd Phase
Family Home Evening	Routine Work	Marana Yoga			<b>Devaloka Day</b>		
Until 1:14AM Tue	Then Routine Work - Prabalarishta Yoga						

<b>Tuesday, October 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau			Anchorage, AK Sun 21 Sutra 198	
<b>Retreat Star</b>		<b>Gulika</b> 12:41PM – 1:48PM Yama 10:28AM – 11:35AM 684138574 <b>Rahu</b> 2:55PM – 4:01PM	<b>Uttarashadha Until 2:51AM Wed</b> Dhriti Until 5:22PM Gara Until 6:17AM <b>Saptami Until 6:54PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 8:15AM <b>Sunset:</b> 5:08PM	Moon 9 - Phase 26 - 21 3rd Phase
Dhanus Rasi: 29.06	Tithi 7				<b>Devaloka Day</b>	
Routine Work	Prabalarishta Yoga					
Until 2:51AM Wed	Then Creative Work - Siddha Yoga					

<b>☾</b>	<b>Wednesday, October 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Anchorage, AK Sun 22 Sutra 199	
	<b>Retreat Star</b>		<b>Gulika</b> 11:35AM – 12:41PM Yama 9:23AM – 10:29AM 694138574 <b>Rahu</b> 12:41PM – 1:47PM	<b>Shravana Until 4:06AM Thu</b> Shula* Until 4:52PM Visti Until 7:24AM <b>Ashtami* Until 7:39PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 8:17AM <b>Sunset:</b> 5:05PM	Moon 9 - Phase 26 - 22 Ashtami
Makara Rasi: 11.34	Tithi 8				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Creative Work	Siddha Yoga						

<b>Thursday, October 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau			Anchorage, AK Sun 23 Sutra 200	
<b>Retreat Star</b>		<b>Gulika</b> 10:31AM – 11:36AM Yama 8:20AM – 9:25AM 694138574 <b>Rahu</b> 1:46PM – 2:52PM	<b>Dhanishtha Until 4:23AM Fri</b> Ganda* Until 3:47PM Balava Until 7:45AM <b>Navami* Until 7:37PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 8:20AM <b>Sunset:</b> 5:02PM	Moon 9 - Phase 26 - 23 Navami
Makara Rasi: 24.21	Tithi 9				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work	Siddha Yoga					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23


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<b>1</b>	<b>Friday, October 31, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Anchorage, AK
	Kumbha Rasi: 7.34      Tithi 10	<b>Gulika</b> 9:27AM – 10:32AM <b>Yama</b> 2:50PM – 3:55PM <b>Rahu</b> 11:36AM – 12:41PM	<b>Shatabhishak</b> Until 3:42AM Sat Vriddhi Until 2:04PM Taitila Until 7:18AM <b>Dashami</b> Until 6:44PM	Sun 24      Sutra 201 Visvvasu 5127 Moon 9 - Phase 27 - 24 4th Phase
	Creative Work    Siddha Yoga Until 3:42AM Sat Then Routine Work - Marana Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:23AM <b>Muruga:</b> Yellow <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Saturday, November 1, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK
	Kumbha Rasi: 21.14      Tithi 11 – 12	<b>Gulika</b> 8:25AM – 9:29AM <b>Yama</b> 1:45PM – 2:49PM <b>Rahu</b> 10:33AM – 11:37AM	<b>Purvaproshtapada*</b> Until 2:33AM Sun Dhruva Until 11:39AM Bava Until 6:00AM <b>Ekadashi</b> Until 5:02PM	Sun 25      Sutra 202 Visvvasu 5127 Moon 9 - Phase 27 - 25 4th Phase
	Routine Work    Marana Yoga Until 2:33AM Sun Then Creative Work - Amrita Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:25AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b>
			<b>Kartika•Aipasi</b>	

<b>3</b>	<b>Sunday, November 2, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anchorage, AK
	Meena Rasi: 5.23      Tithi 12 – 13	<b>Gulika</b> 2:48PM – 3:51PM <b>Yama</b> 12:41PM – 1:44PM <b>Rahu</b> 3:51PM – 4:54PM	<b>Uttaraproshtapada</b> Until 12:34AM Mon Vyaghata* Until 8:39AM Kaulava Until 1:10AM Mon <b>Dvadashi</b> Until 2:36PM	Sun 26      Sutra 203 Visvvasu 5127 Moon 9 - Phase 27 - 26 4th Phase
	Creative Work    Amrita Yoga Until 12:34AM Mon Then Creative Work - Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:28AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b>
			<b>Kartika•Aipasi</b>	
			<i>Pradosha Vrata</i>	

<b>4</b>	<b>Monday, November 3, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK
	Meena Rasi: 20      Tithi 13 – 14	<b>Gulika</b> 1:44PM – 2:46PM <b>Yama</b> 11:39AM – 12:41PM <b>Rahu</b> 9:33AM – 10:36AM	<b>Revati</b> Until 9:55PM Vajra* Until 1:11AM Tue Gara Until 9:54PM <b>Trayodashi</b> Until 11:34AM	Sun 27      Sutra 204 Visvvasu 5127 Moon 9 - Phase 27 - 27 4th Phase
	Family Home Evening Creative Work    Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:31AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b>
			<b>Kartika•Aipasi</b>	

	<b>Tuesday, November 4, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Anchorage, AK
	Mesha Rasi: 4.59      Tithi 14 – 15	<b>Gulika</b> 12:41PM – 1:43PM <b>Yama</b> 10:37AM – 11:39AM <b>Rahu</b> 2:45PM – 3:47PM	<b>Ashvini</b> Until 7:10PM Siddhi Until 8:58PM Visti Until 6:16PM <b>Chaturdashi*</b> Until 8:06AM	Sun 28      Sutra 205 Visvvasu 5127 Moon 9 - Phase 27 - Purnima
	Creative Work    Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:34AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Clear Moon – White	<b>Sivaloka Day</b>
			<b>Kartika•Aipasi</b>	

<b>○</b>	<b>Wednesday, November 5, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK
	Mesha Rasi: 20.13      Tithi 16	<b>Gulika</b> 11:40AM – 12:41PM <b>Yama</b> 9:37AM – 10:39AM <b>Rahu</b> 12:41PM – 1:42PM	<b>Bharani</b> Until 4:06PM Vyatipata* Until 4:37PM Balava Until 2:26PM <b>Prathama*</b> Until 12:29AM Thu	Sun 29      Sutra 206 Visvvasu 5127 Moon 9 - Phase 27 - Prathama
	Creative Work    Siddha Yoga Until 4:06PM Then Creative Work - Amrita Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:36AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:46PM <b>Nataraja:</b> Clear Moon – White	<b>Sivaloka Day</b>
			<b>Kartika•Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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Thursday, November 6, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Varyan/Parigha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sutra 207

Vrishabha Rasi: 5.31 Tithi 17

725138574

**Gulika** 10:40AM – 11:41AM  
**Yama** 8:39AM – 9:40AM  
**Rahu** 1:42PM – 2:42PM  
**Krittika** Until 12:55PM  
Varyan Until 12:15PM  
Taitila Until 10:35AM  
**Dvitiya** Until 8:42PM

**Ganesha:** Clear *Sunrise:* 8:39AM  
**Muruga:** Yellow *Sunset:* 4:43PM  
**Nataraja:** Clear  
Moon – White  
**Devaloka Day**

Routine Work Marana Yoga

Visvvasu 5127  
Moon 10 - Phase 28 - 1st Phase

1

Friday, November 7, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Anchorage, AK

Sun 1 Sutra 208

Vrishabha Rasi: 20.43 Tithi 18 – 19

735138574

**Gulika** 9:42AM – 10:41AM  
**Yama** 2:41PM – 3:41PM  
**Rahu** 11:41AM – 12:41PM  
**Rohini** Until 10:09AM  
Parigha\* Until 8:02AM  
Vanija Until 6:54AM  
**Tritiya** Until 5:10PM

**Ganesha:** Purple *Sunrise:* 8:42AM  
**Muruga:** Yellow *Sunset:* 4:41PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika•Aipasi**

Routine Work Marana Yoga

Until 10:09AM

Then Creative Work - Siddha Yoga

Visvvasu 5127  
Moon 10 - Phase 28 - 1st Phase

**Sivaloka Day**

2

Saturday, November 8, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK

Sun 2 Sutra 209

Mithuna Rasi: 5.39 Tithi 19 – 20

735138574

**Gulika** 8:44AM – 9:44AM  
**Yama** 1:40PM – 2:40PM  
**Rahu** 10:43AM – 11:42AM  
**Mrigashira** Until 7:38AM  
Siddha Until 12:35AM Sun  
Kaulava Until 12:42AM Sun  
**Chaturthi\*** Until 2:02PM

**Ganesha:** Purple *Sunrise:* 8:44AM  
**Muruga:** Yellow *Sunset:* 4:38PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika•Aipasi**

Creative Work Siddha Yoga

Visvvasu 5127  
Moon 10 - Phase 28 - 2 1st Phase

**Sivaloka Day**

3

Sunday, November 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 3 Sutra 210

Mithuna Rasi: 20.13 Tithi 20 – 21

745138574

**Gulika** 2:38PM – 3:37PM  
**Yama** 12:41PM – 1:40PM  
**Rahu** 3:37PM – 4:36PM  
**Punarvasu** Until 4:18AM Mon  
Sadhya Until 9:35PM  
Gara Until 10:29PM  
**Panchami** Until 11:29AM

**Ganesha:** Clear *Sunrise:* 8:47AM  
**Muruga:** Yellow *Sunset:* 4:38PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika•Aipasi**

Creative Work Siddha Yoga

Visvvasu 5127  
Moon 10 - Phase 28 - 3 1st Phase

**Devaloka Day**

4

Monday, November 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 4 Sutra 211

Kataka Rasi: 4.18 Tithi 21 – 22

745138574

**Gulika** 1:39PM – 2:37PM  
**Yama** 11:44AM – 12:41PM  
**Rahu** 9:48AM – 10:46AM  
**Pushya** Until 3:45AM Tue  
Subha Until 7:13PM  
Visti Until 9:02PM  
**Shashthi\*** Until 9:38AM

**Ganesha:** Clear *Sunrise:* 8:50AM  
**Muruga:** Yellow *Sunset:* 4:33PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika•Aipasi**

Creative Work Siddha Yoga

Family Home Evening

Visvvasu 5127  
Moon 10 - Phase 28 - 4 1st Phase

**Devaloka Day**

D

Tuesday, November 11, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 5 Sutra 212

Kataka Rasi: 17.55 Tithi 22 – 23

746138574

**Gulika** 12:42PM – 1:39PM  
**Yama** 10:47AM – 11:44AM  
**Rahu** 2:36PM – 3:33PM  
**Ashlesha\*** Until 3:51AM Wed  
Sukla Until 5:27PM  
Balava Until 8:25PM  
**Saptami** Until 8:36AM

**Ganesha:** White *Sunrise:* 8:53AM  
**Muruga:** Yellow *Sunset:* 4:31PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika•Aipasi**

Creative Work Siddha Yoga

Visvvasu 5127  
Moon 10 - Phase 28 - 5 Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Wednesday, November 12, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 6 Sutra 213

Simha Rasi: 1.04 Tithi 23 – 24

756138574

**Gulika** 11:45AM – 12:42PM  
**Yama** 9:52AM – 10:48AM  
**Rahu** 12:42PM – 1:38PM  
**Magha\*** Until 5:03AM Thu  
Brahma Until 4:22PM  
Taitila Until 8:37PM  
**Ashtami\*** Until 8:24AM

**Ganesha:** Yellow *Sunrise:* 8:55AM  
**Muruga:** Yellow *Sunset:* 4:28PM  
**Nataraja:** Clear  
Moon – Red  
**Kartika•Aipasi**

Creative Work Siddha Yoga

Visvvasu 5127  
Moon 10 - Phase 28 - 6 Navami

**Devaloka Day**

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Thursday, November 13, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anchorage, AK Sun 7 Sutra 214
	Simha Rasi: 13.49	Tithi 24 – 25	<b>Gulika</b> 10:50AM – 11:46AM	<b>Purvaphalguni Until 6:47AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:58AM	Visvvasu 5127
	756138574	Rahu 1:38PM – 2:34PM	Yama 8:58AM – 9:54AM	Indra Until 3:53PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:26PM	Moon 10 - Phase 29 - 7 2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:00AM</b>	<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
				Moon – Red		<b>Karttika-Aipasi</b>	


<b>2</b>	<b>Friday, November 14, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 8 Sutra 215
	Simha Rasi: 26.15	Tithi 25 – 26	<b>Gulika</b> 9:56AM – 10:51AM	<b>Purvaphalguni Until 6:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 9:01AM	Visvvasu 5127
	756138574	Rahu 11:47AM – 12:42PM	Yama 2:33PM – 3:28PM	Vaidhriti* Until 3:52PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:23PM	Moon 10 - Phase 29 - 8 2nd Phase
Creative Work	Siddha Yoga		<b>Bava Until 11:10PM</b>	<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
			<b>Dashami Until 10:17AM</b>	Moon – Red		<b>Karttika-Aipasi</b>	


<b>3</b>	<b>Saturday, November 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 9 Sutra 216
	Kanya Rasi: 8.27	Tithi 26 – 27	<b>Gulika</b> 9:03AM – 9:58AM	<b>Uttaraphalguni Until 8:53AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 9:03AM	Visvvasu 5127
	756138574	Rahu 10:53AM – 11:47AM	Yama 1:37PM – 2:32PM	Vishkambha* Until 4:15PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:21PM	Moon 10 - Phase 29 - 9 2nd Phase
Routine Work	Marana Yoga		<b>Kaulava Until 1:13AM Sun</b>	<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
			<b>Ekadashi* Until 12:08PM</b>	Moon – Red		<b>Karttika-Karttikai</b>	

<b>4</b>	<b>Sunday, November 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 10 Sutra 217
	Kanya Rasi: 20.29	Tithi 27 – 28	<b>Gulika</b> 2:31PM – 3:25PM	<b>Hasta Until 11:42AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 9:06AM	Visvvasu 5127
	766238575	Rahu 3:25PM – 4:19PM	Yama 12:42PM – 1:36PM	Priti Until 4:54PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:19PM	Moon 10 - Phase 29 - 10 2nd Phase
Creative Work	Amrita Yoga		<b>Gara Until 3:33AM Mon</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Until 11:42AM			<b>Dvadashi* Until 2:20PM</b>	Moon – Green		<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Monday, November 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 11 Sutra 218
	Tula Rasi: 2.25	Tithi 28 – 29	<b>Gulika</b> 1:36PM – 2:30PM	<b>Chitra Until 2:34PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 9:09AM	Visvvasu 5127
	766238575	Rahu 10:02AM – 10:56AM	Yama 11:49AM – 12:43PM	Ayushman Until 5:40PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:17PM	Moon 10 - Phase 29 - 11 2nd Phase
<b>Family Home Evening</b>			<b>Visti Until 6:02AM Tue</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Trayodashi* Until 4:46PM</b>	Moon – Green		<b>Karttika-Karttikai</b>	
Until 2:34PM							
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Tuesday, November 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK Sun 12 Sutra 219
	Tula Rasi: 14.17	Tithi 29	<b>Gulika</b> 12:43PM – 1:36PM	<b>Svati Until 5:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:11AM	Visvvasu 5127
	767238575	Rahu 2:29PM – 3:21PM	Yama 10:57AM – 11:50AM	Saubhagya Until 6:31PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:14PM	Moon 10 - Phase 29 - 12 2nd Phase
Creative Work	Siddha Yoga		<b>Visti Until 6:02AM</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Until 5:21PM			<b>Chaturdashi* Until 7:17PM</b>	Moon – Green		<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga							

	<b>Wednesday, November 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 13 Sutra 220
	<b>Retreat Star</b>		<b>Gulika</b> 11:51AM – 12:43PM	<b>Vishakha Until 8:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:14AM	Visvvasu 5127
	Tula Rasi: 26.1	Tithi 30	Yama 10:06AM – 10:58AM	Sobhana Until 7:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:12PM	Moon 10 - Phase 29 - 13 Amavasya
777238575	Rahu 12:43PM – 1:35PM		<b>Catuspada Until 8:34AM</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:48PM</b>	Moon – Orange		<b>Karttika-Karttikai</b>	

	<b>Thursday, November 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 14 Sutra 221
	<b>Retreat Star</b>		<b>Gulika</b> 11:00AM – 11:52AM	<b>Anuradha Until 11:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:16AM	Visvvasu 5127
	Vrischika Rasi: 8.02	Tithi 1	Yama 9:16AM – 10:08AM	Athiganda* Until 8:12PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:10PM	Moon 10 - Phase 29 - 14 Prathama
777238575	Rahu 1:35PM – 2:27PM		<b>Kintughna Until 11:05AM</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Prathama* Until 12:17AM Fri</b>	Moon – Orange		<b>Margasira-Karttikai</b>	
Until 11:24PM							
Then Routine Work - Prabalarishta Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Friday, November 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 15 Sutra 222	
Wrischika Rasi: 19.56	Tithi 2	<b>Gulika</b> 10:10AM – 11:01AM	<b>Jyeshtha* Until 2:04AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:19AM			Visvvasu 5127	
		Yama 2:26PM – 3:17PM	Sukarma Until 8:57PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:08PM		Moon 10 - Phase 30 - 15	3rd Phase	
		777238575 <b>Rahu</b> 11:52AM – 12:44PM	Balava Until 1:30PM	<b>Nataraja:</b> Purple					
Routine Work	Marana Yoga		<b>Dvitiya Until 2:39AM Sat</b>	Moon – Orange			<b>Devaloka Day</b>		
Until 2:04AM Sat				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Saturday, November 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Tailila/Gara Karana Trityayam Titau				Anchorage, AK Sun 16 Sutra 223	
Dhanus Rasi: 1.52	Tithi 3	<b>Gulika</b> 9:22AM – 10:12AM	<b>Mula* Until 4:55AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:22AM			Visvvasu 5127	
		Yama 1:34PM – 2:25PM	Dhriti Until 9:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:06PM		Moon 10 - Phase 30 - 16	3rd Phase	
		787238575 <b>Rahu</b> 11:03AM – 11:53AM	Taitila Until 3:49PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Tritiya Until 4:52AM Sun</b>	Moon – Light Blue			<b>Devaloka Day</b>		
				Margasira-Karttikai					

<b>3</b>		<b>Sunday, November 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Anchorage, AK Sun 17 Sutra 224	
Dhanus Rasi: 13.52	Tithi 4	<b>Gulika</b> 2:24PM – 3:14PM	<b>Purvashadha* Until 7:21AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:24AM			Visvvasu 5127	
		Yama 12:44PM – 1:34PM	Shula* Until 10:04PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:04PM		Moon 10 - Phase 30 - 17	3rd Phase	
		787238575 <b>Rahu</b> 3:14PM – 4:04PM	Vanija Until 5:55PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Chaturthi* Until 6:51AM Mon</b>	Moon – Light Blue			<b>Devaloka Day</b>		
Until 7:21AM Mon				Margasira-Karttikai					
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Monday, November 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 18 Sutra 225	
Dhanus Rasi: 25.58	Tithi 4 – 5	<b>Gulika</b> 1:34PM – 2:23PM	<b>Purvashadha* Until 7:21AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 9:27AM			Visvvasu 5127	
<b>Family Home Evening</b>		Yama 11:55AM – 12:44PM	Ganda* Until 10:18PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:02PM		Moon 10 - Phase 30 - 18	3rd Phase	
		788238575 <b>Rahu</b> 10:16AM – 11:05AM	Bava Until 7:44PM	<b>Nataraja:</b> Purple					
Routine Work	Marana Yoga		<b>Chaturthi* Until 6:51AM</b>	Moon – Light Blue			<b>Sivaloka Day</b>		
				Margasira-Karttikai					

<b>5</b>		<b>Tuesday, November 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anchorage, AK Sun 19 Sutra 226	
Makara Rasi: 8.13	Tithi 5 – 6	<b>Gulika</b> 12:45PM – 1:34PM	<b>Uttarashadha Until 9:18AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 9:29AM			Visvvasu 5127	
		Yama 11:07AM – 11:56AM	Vriddhi Until 10:14PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:00PM		Moon 10 - Phase 30 - 19	3rd Phase	
		788238575 <b>Rahu</b> 2:23PM – 3:11PM	Kaulava Until 9:07PM	<b>Nataraja:</b> Purple					
Routine Work	Prabalarishta Yoga		<b>Panchami Until 8:28AM</b>	Moon – Light Blue			<b>Sivaloka Day</b>		
Until 9:18AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Wednesday, November 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Anchorage, AK Sun 20 Sutra 227	
Makara Rasi: 20.39	Tithi 6 – 7	<b>Gulika</b> 11:57AM – 12:45PM	<b>Shravana Until 11:05AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:31AM			Visvvasu 5127	
		Yama 10:20AM – 11:08AM	Dhruva Until 9:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:59PM		Moon 10 - Phase 30 - 20	3rd Phase	
		798238575 <b>Rahu</b> 12:45PM – 1:33PM	Gara Until 9:56PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:35AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>		
Until 11:05AM				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									

<b>Retreat Star</b>		<b>Thursday, November 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 228	
Kumbha Rasi: 3.22	Tithi 7 – 8	<b>Gulika</b> 11:10AM – 11:57AM	<b>Dhanishtha Until 12:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:34AM			Visvvasu 5127	
		Yama 9:34AM – 10:22AM	Vyaghata* Until 8:38PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:57PM		Moon 10 - Phase 30 - 21	Ashtami	
		798238575 <b>Rahu</b> 1:33PM – 2:21PM	Visti Until 10:04PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Saptami Until 10:05AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>		
				Margasira-Karttikai					

<b>Retreat Star</b>		<b>Friday, November 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 22 Sutra 229	
Kumbha Rasi: 16.27	Tithi 8 – 9	<b>Gulika</b> 10:24AM – 11:11AM	<b>Shatabhishak Until 12:13PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:36AM			Visvvasu 5127	
		Yama 2:20PM – 3:08PM	Harshana Until 6:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:55PM		Moon 10 - Phase 30 - 22	Navami	
		798238575 <b>Rahu</b> 11:58AM – 12:46PM	Balava Until 9:25PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:49AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>		
				Margasira-Karttikai					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Saturday, November 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK Sun 23 Sutra 230
	Kumbha Rasi: 29.56	Tithi 9 – 10	718238575	<b>Gulika</b> 9:38AM – 10:25AM <b>Yama</b> 1:33PM – 2:20PM <b>Rahu</b> 11:12AM – 11:59AM	<b>Purvaprosarthapada* Until 11:53AM</b> Vajra* Until 4:42PM Taitila Until 7:59PM <b>Navami* Until 8:47AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 9:38AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:54PM <b>Nataraja:</b> Purple Moon – Clear	Visvvasu 5127 Moon 10 - Phase 31 - 23 4th Phase
	Routine Work Marana Yoga Until 11:53AM Then Creative Work - Siddha Yoga				Subha Sivaloka Day		
					Margasira-Karttikai		

2	<b>Sunday, November 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 231
	Meena Rasi: 13.54	Tithi 10 – 11	718238575	<b>Gulika</b> 2:19PM – 3:06PM <b>Yama</b> 12:46PM – 1:33PM <b>Rahu</b> 3:06PM – 3:52PM	<b>Uttaraprosarthapada Until 10:39AM</b> Siddhi Until 1:49PM Visti Until 4:28AM Mon <b>Dashami Until 6:58AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 9:41AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:52PM <b>Nataraja:</b> Purple Moon – Clear	Visvvasu 5127 Moon 10 - Phase 31 - 24 4th Phase
	Creative Work Amrita Yoga				Subha Sivaloka Day		
			Gita Jayanthi		Margasira-Karttikai		

3	<b>Monday, December 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 232
	Meena Rasi: 28.19	Tithi 12	719238575	<b>Gulika</b> 1:33PM – 2:19PM <b>Yama</b> 12:01PM – 12:47PM <b>Rahu</b> 10:29AM – 11:15AM	<b>Revati Until 8:36AM</b> Vyatipata* Until 10:25AM Bava Until 3:00PM <b>Dvadashi Until 1:23AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 9:43AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:51PM <b>Nataraja:</b> Purple Moon – Clear	Visvvasu 5127 Moon 10 - Phase 31 - 25 4th Phase
	Family Home Evening Creative Work Siddha Yoga				Sivaloka Day		
					Margasira-Karttikai		

4	<b>Tuesday, December 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 233
	Mesha Rasi: 13.08	Tithi 13	729238575	<b>Gulika</b> 12:47PM – 1:33PM <b>Yama</b> 11:16AM – 12:02PM <b>Rahu</b> 2:18PM – 3:04PM	<b>Ashvini Until 6:17AM</b> Variyan Until 6:34AM Kaulava Until 11:42AM <b>Trayodashi Until 9:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 9:45AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:49PM <b>Nataraja:</b> Purple Moon – White	Visvvasu 5127 Moon 10 - Phase 31 - 26 4th Phase
	Creative Work Siddha Yoga				Devaloka Day		Tour Day
					Margasira-Karttikai		

*Pradosha Vrata*

5	<b>Wednesday, December 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 234
	Mesha Rasi: 28.17	Tithi 14	729238575	<b>Gulika</b> 12:03PM – 12:48PM <b>Yama</b> 10:32AM – 11:17AM <b>Rahu</b> 12:48PM – 1:33PM	<b>Krittika Until 12:16AM Thu</b> Shiva Until 10:04PM Gara Until 8:02AM <b>Chaturdashi* Until 6:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 9:47AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:48PM <b>Nataraja:</b> Purple Moon – White	Visvvasu 5127 Moon 10 - Phase 31 - 27 4th Phase
	Creative Work Amrita Yoga Until 12:16AM Thu Then Routine Work - Marana Yoga				Devaloka Day		
			Krittika Deepam		Margasira-Karttikai		

○	<b>Thursday, December 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 235
	<b>Copper Retreat Star</b>						
	Vrishabha Rasi: 13.34	Tithi 15 – 16	739238575	<b>Gulika</b> 11:19AM – 12:03PM <b>Yama</b> 9:49AM – 10:34AM <b>Rahu</b> 1:33PM – 2:18PM	<b>Rohini Until 9:19PM</b> Siddha Until 5:39PM Balava Until 12:23AM Fri <b>Purnima* Until 2:16PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:49AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:47PM <b>Nataraja:</b> Purple Moon – Yellow	Visvvasu 5127 Moon 10 - Phase 31 - Purnima
	Routine Work Marana Yoga				Sivaloka Day		

<b>Friday, December 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Anchorage, AK Sutra 236
<b>Silver Retreat Star</b>						
Vrishabha Rasi: 28.5	Tithi 16 – 17	739238575	<b>Gulika</b> 10:35AM – 11:20AM <b>Yama</b> 2:17PM – 3:02PM <b>Rahu</b> 12:04PM – 12:48PM	<b>Mrigashira Until 6:23PM</b> Sadhya Until 1:22PM Taitila Until 8:45PM <b>Prathama* Until 10:31AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:51AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:46PM <b>Nataraja:</b> Purple Moon – Yellow	Visvvasu 5127 Moon 10 - Phase 31 - Prathama
Creative Work Siddha Yoga				Sivaloka Day		
		Vinayaga Viratam Begins		Margasira-Karttikai		



Saturday, December 6, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Gara/Visti\* Karana Dviliya/Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 237

Visvvasu 5127

Moon 11 - Phase 32 - 1

1st Phase

Mithuna Rasi: 13.55 Tithi 17 - 18

739238575

Gulika 9:53AM - 10:37AM

Yama 1:33PM - 2:17PM

Rahu 11:21AM - 12:05PM

Ardra Until 3:41PM

Subha Until 9:21AM

Visti Until 4:01AM Sun

Dvitiya Until 7:03AM

Ganesha: Yellow Sunrise: 9:53AM

Muruga: Yellow Sunset: 3:45PM

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Sunday, December 7, 2025

1

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Bava/Balava Karana Chaturhyam Titau

Anchorage, AK

Sun 2 Sutra 238

Visvvasu 5127

Moon 11 - Phase 32 - 2

1st Phase

Mithuna Rasi: 28.39 Tithi 19

749238575

Gulika 2:17PM - 3:00PM

Yama 12:49PM - 1:33PM

Rahu 3:00PM - 3:44PM

Punarvasu Until 1:46PM

Brahma Until 2:33AM Mon

Bava Until 2:45PM

Chaturthi\* Until 1:37AM Mon

Ganesha: Blue Sunrise: 9:55AM

Muruga: Yellow Sunset: 3:44PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Monday, December 8, 2025

2

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 239

Visvvasu 5127

Moon 11 - Phase 32 - 3

1st Phase

Kataka Rasi: 12.56 Tithi 20

Family Home Evening

749238575

Gulika 1:33PM - 2:16PM

Yama 12:07PM - 12:50PM

Rahu 10:40AM - 11:23AM

Pushya Until 12:24PM

Indra Until 12:03AM Tue

Kaulava Until 12:43PM

Panchami Until 12:00AM Tue

Ganesha: Blue Sunrise: 9:57AM

Muruga: Yellow Sunset: 3:43PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Tuesday, December 9, 2025

3

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 240

Visvvasu 5127

Moon 11 - Phase 32 - 4

1st Phase

Kataka Rasi: 26.43 Tithi 21

741238575

Gulika 12:50PM - 1:33PM

Yama 11:24AM - 12:07PM

Rahu 2:16PM - 2:59PM

Ashlesha\* Until 11:42AM

Vaidhriti\* Until 10:12PM

Gara Until 11:32AM

Shashthi\* Until 11:15PM

Ganesha: White Sunrise: 9:58AM

Muruga: Yellow Sunset: 3:42PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Tour Day

Creative Work Siddha Yoga

Wednesday, December 10, 2025

4

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 241

Visvvasu 5127

Moon 11 - Phase 32 - 5

1st Phase

Simha Rasi: 9.59 Tithi 22

751238575

Gulika 12:08PM - 12:51PM

Yama 10:43AM - 11:25AM

Rahu 12:51PM - 1:33PM

Magha\* Until 12:10PM

Vishkambha\* Until 9:05PM

Visti Until 11:14AM

Saptami Until 11:24PM

Ganesha: Clear Sunrise: 10:00AM

Muruga: Yellow Sunset: 3:42PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Until 12:10PM

Then Creative Work - Amrita Yoga

Thursday, December 11, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 242

Visvvasu 5127

Moon 11 - Phase 32 - 6

Ashtami

Simha Rasi: 22.48 Tithi 23

751338575

Gulika 11:26AM - 12:09PM

Yama 10:01AM - 10:44AM

Rahu 1:34PM - 2:16PM

Purvaphalguni Until 1:22PM

Priti Until 8:39PM

Balava Until 11:50AM

Ashtami\* Until 12:25AM Fri

Ganesha: Purple Sunrise: 10:01AM

Muruga: Yellow Sunset: 3:41PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Friday, December 12, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 7 Sutra 243

Visvvasu 5127

Moon 11 - Phase 32 - 7

Navami

Kanya Rasi: 5.15 Tithi 24

751338575

Gulika 10:45AM - 11:27AM

Yama 2:16PM - 2:58PM

Rahu 12:10PM - 12:52PM

Uttaraphalguni Until 3:08PM

Ayushman Until 8:44PM

Taitila Until 1:13PM

Navami\* Until 2:08AM Sat

Ganesha: Purple Sunrise: 10:03AM

Muruga: Yellow Sunset: 3:41PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:08PM

Then Creative Work - Amrita Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Saturday, December 13, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Anchorage, AK Sun 8 Sutra 244
	Kanya Rasi: 17.25	Tithi 25	<b>Gulika</b> 10:04AM – 10:46AM	<b>Hasta</b> <b>Until 5:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 10:04AM	Visvvasu 5127
			Yama 1:34PM – 2:16PM	Saubhagya <b>Until 9:15PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 8
	Routine Work	Marana Yoga	761338575 <b>Rahu</b> 11:28AM – 12:10PM	Vanija <b>Until 3:14PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> <b>Until 4:23AM Sun</b>	Moon – Green		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

2	<b>Sunday, December 14, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK Sun 9 Sutra 245
	Kanya Rasi: 29.23	Tithi 26	<b>Gulika</b> 2:16PM – 2:58PM	<b>Chitra</b> <b>Until 8:40PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 10:06AM	Visvvasu 5127
			Yama 12:53PM – 1:35PM	Sobhana <b>Until 10:02PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 9
	Creative Work	Siddha Yoga	761338575 <b>Rahu</b> 2:58PM – 3:40PM	Bava <b>Until 5:38PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> <b>Until 6:54AM Mon</b>	Moon – Green		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

3	<b>Monday, December 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 10 Sutra 246
	Tula Rasi: 11.16	Tithi 26 – 27	<b>Gulika</b> 1:35PM – 2:16PM	<b>Svati</b> <b>Until 11:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 10:07AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 12:12PM – 12:53PM	Athiganda* <b>Until 10:54PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 10
	Creative Work	Amrita Yoga	761338575 <b>Rahu</b> 10:48AM – 11:30AM	Kaulava <b>Until 8:13PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> <b>Until 6:54AM</b>	Moon – Green		<b>Sivaloka Day</b>	
			<b>Markali Pillaiyar</b>	Margasira-Markali			

4	<b>Tuesday, December 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 11 Sutra 247
	Tula Rasi: 23.06	Tithi 27 – 28	<b>Gulika</b> 12:54PM – 1:35PM	<b>Vishakha</b> <b>Until 2:42AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 10:08AM	Visvvasu 5127
			Yama 11:31AM – 12:12PM	Sukarma <b>Until 11:46PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 11
	Routine Work	Marana Yoga	871338575 <b>Rahu</b> 2:17PM – 2:58PM	Gara <b>Until 10:49PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi*</b> <b>Until 9:30AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Margasira-Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	<b>Wednesday, December 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 12 Sutra 248
	Vrischika Rasi: 4.58	Tithi 28 – 29	<b>Gulika</b> 12:13PM – 12:54PM	<b>Anuradha</b> <b>Until 5:35AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 10:09AM	Visvvasu 5127
			Yama 10:50AM – 11:32AM	Dhriti <b>Until 12:35AM Thu</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 12
	Creative Work	Siddha Yoga	871338575 <b>Rahu</b> 12:54PM – 1:36PM	Visti <b>Until 1:19AM Thu</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> <b>Until 12:04PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Margasira-Markali			

●	<b>Thursday, December 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK Sun 13 Sutra 249
	<b>Retreat Star</b>		<b>Gulika</b> 11:32AM – 12:14PM	<b>Jyeshtha*</b> <b>Until 8:08AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 10:10AM	Visvvasu 5127
	Vrischika Rasi: 16.52	Tithi 29 – 30	Yama 10:10AM – 10:51AM	Shula* <b>Until 1:13AM Fri</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 13
	Routine Work	Prabalarishta Yoga	871338575 <b>Rahu</b> 1:36PM – 2:17PM	Catuspada <b>Until 3:37AM Fri</b>	<b>Nataraja:</b> Purple		Amavasya
			<b>Chaturdashi*</b> <b>Until 2:28PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Margasira-Markali			

●	<b>Friday, December 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK Sun 14 Sutra 250
	<b>Retreat Star</b>		<b>Gulika</b> 10:52AM – 11:33AM	<b>Jyeshtha*</b> <b>Until 8:08AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 10:11AM	Visvvasu 5127
	Vrischika Rasi: 28.5	Tithi 30 – 1	Yama 2:18PM – 2:59PM	Ganda* <b>Until 1:43AM Sat</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 33 - 14
	Routine Work	Marana Yoga	872338575 <b>Rahu</b> 12:14PM – 12:55PM	Kintughna <b>Until 5:43AM Sat</b>	<b>Nataraja:</b> Purple		Prathama
			<b>Amavasya*</b> <b>Until 4:41PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				Pausha-Markali			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>		<b>Saturday, December 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Bava Karana Prathamayam Titau		Anchorage, AK Sun 15 Sutra 251	
Dhanus Rasi: 10.54	Tithi 1	882338575	<b>Gulika</b> 10:11AM – 10:52AM Yama 1:37PM – 2:18PM <b>Rahu</b> 11:34AM – 12:15PM	<b>Mula* Until 10:48AM</b> Vriddhi Until 2:02AM Sun Bava Until 6:38PM <b>Prathama* Until 6:38PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 10:11AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:40PM <b>Nataraja:</b> Purple Moon – Light Blue Pausha-Markali	Moon 11 - Phase 34 - 15 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga						
<b>2</b>		<b>Sunday, December 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Anchorage, AK Sun 16 Sutra 252	
Dhanus Rasi: 23.04	Tithi 2	882338575	<b>Gulika</b> 2:19PM – 3:00PM Yama 12:56PM – 1:37PM <b>Rahu</b> 3:00PM – 3:41PM	<b>Purvashadha* Until 1:02PM</b> Dhruva Until 2:07AM Mon Balava Until 7:32AM <b>Dvitiya Until 8:19PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 10:12AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:41PM <b>Nataraja:</b> Purple Moon – Light Blue Pausha-Markali	Moon 11 - Phase 34 - 16 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga						
Until 1:02PM							
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Monday, December 22, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Anchorage, AK Sun 17 Sutra 253	
Makara Rasi: 5.21	Tithi 3	882338575	<b>Gulika</b> 1:38PM – 2:19PM Yama 12:16PM – 12:57PM <b>Rahu</b> 10:53AM – 11:35AM	<b>Uttarashadha Until 2:50PM</b> Vyaghata* Until 1:58AM Tue Taitila Until 9:04AM <b>Tritiya Until 9:42PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 10:12AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:41PM <b>Nataraja:</b> Purple Moon – Light Blue Pausha-Markali	Moon 11 - Phase 34 - 17 3rd Phase	<b>Devaloka Day</b>
Family Home Evening	Marana Yoga						
Routine Work							
Until 2:50PM							
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Tuesday, December 23, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau		Anchorage, AK Sun 18 Sutra 254	
Makara Rasi: 17.47	Tithi 4	892338575	<b>Gulika</b> 12:57PM – 1:39PM Yama 11:35AM – 12:16PM <b>Rahu</b> 2:20PM – 3:01PM	<b>Shravana Until 4:37PM</b> Harshana Until 1:32AM Wed Vanija Until 10:16AM <b>Chaturthi* Until 10:42PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 10:13AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:42PM <b>Nataraja:</b> Purple Moon – Purple Pausha-Markali	Moon 11 - Phase 34 - 18 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga						
Day 3 of Pancha Ganapati							
<b>5</b>		<b>Wednesday, December 24, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 19 Sutra 255	
Kumbha Rasi: 0.22	Tithi 5	892338575	<b>Gulika</b> 12:17PM – 12:58PM Yama 10:54AM – 11:35AM <b>Rahu</b> 12:58PM – 1:39PM	<b>Dhanishtha Until 5:49PM</b> Vajra* Until 12:44AM Thu Bava Until 11:03AM <b>Panchami Until 11:15PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 10:13AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:43PM <b>Nataraja:</b> Purple Moon – Purple Pausha-Markali	Moon 11 - Phase 34 - 19 3rd Phase	<b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga						
Until 5:49PM							
Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Thursday, December 25, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK Sun 20 Sutra 256	
Kumbha Rasi: 13.11	Tithi 6	892338575	<b>Gulika</b> 11:36AM – 12:17PM Yama 10:13AM – 10:55AM <b>Rahu</b> 1:40PM – 2:21PM	<b>Shatabhishak Until 6:23PM</b> Siddhi Until 11:32PM Kaulava Until 11:21AM <b>Shashthi* Until 11:17PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 10:13AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:44PM <b>Nataraja:</b> Purple Moon – Purple Pausha-Markali	Moon 11 - Phase 34 - 20 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga						
Day 5 of Pancha Ganapati Vinayaga Viratam Ends							
<b>Retreat Star</b>		<b>Friday, December 26, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau		Anchorage, AK Sun 21 Sutra 257	
Kumbha Rasi: 26.17	Tithi 7	812338576	<b>Gulika</b> 10:55AM – 11:36AM Yama 2:22PM – 3:03PM <b>Rahu</b> 12:18PM – 12:59PM	<b>Purvaproshtapada* Until 6:41PM</b> Vyatipata* Until 9:53PM Gara Until 11:05AM <b>Saptami Until 10:43PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 10:13AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:45PM <b>Nataraja:</b> Clear Moon – Clear Pausha-Markali	Moon 11 - Phase 34 - 21 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga						
<b>Retreat Star</b>		<b>Saturday, December 27, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK Sun 22 Sutra 258	
Meena Rasi: 9.41	Tithi 8	812338576	<b>Gulika</b> 10:13AM – 10:55AM Yama 1:41PM – 2:23PM <b>Rahu</b> 11:36AM – 12:18PM	<b>Uttaraproshtapada Until 6:14PM</b> Variyan Until 7:43PM Visti Until 10:13AM <b>Ashtami* Until 9:31PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 10:13AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:46PM <b>Nataraja:</b> Clear Moon – Clear Pausha-Markali	Moon 11 - Phase 34 - 22 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga						
Until 6:14PM							
Then Routine Work - Prabalarishta Yoga							
<b>Retreat Star</b>		<b>Sunday, December 28, 2025</b>		Visvvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK Sun 23 Sutra 259	
Meena Rasi: 23.27	Tithi 9	812338576	<b>Gulika</b> 2:23PM – 3:05PM Yama 1:00PM – 1:42PM <b>Rahu</b> 3:05PM – 3:47PM	<b>Revati Until 5:01PM</b> Parigha* Until 5:05PM Balava Until 8:42AM <b>Navami* Until 7:42PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 10:13AM <b>Muruga:</b> Yellow <i>Sunset:</i> 3:47PM <b>Nataraja:</b> Clear Moon – Clear Pausha-Markali	Moon 11 - Phase 34 - 23 Navami	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Amrita Yoga						
Until 5:01PM							
Then Creative Work - Siddha Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Monday, December 29, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Varija Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 260
	Mesha Rasi: 8	Tithi 10 – 11	<b>Gulika</b> 1:42PM – 2:24PM	<b>Ashvini</b> Until 3:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 10:13AM	Visvvasu 5127
	<b>Family Home Evening</b>	822338576	<b>Yama</b> 12:19PM – 1:00PM	Shiva Until 1:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:48PM	Moon 11 - Phase 35 - 24
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:55AM – 11:37AM	Taitila Until 6:36AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 5:20PM		<b>Pausha</b> -Markali	<b>Devaloka Day</b>	

2	<b>Tuesday, December 30, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 261
	Mesha Rasi: 22.07	Tithi 11 – 12	<b>Gulika</b> 1:01PM – 1:43PM	<b>Bharani</b> Until 1:25PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 10:13AM	Visvvasu 5127
	822338576		<b>Yama</b> 11:37AM – 12:19PM	Siddha Until 10:28AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:49PM	Moon 11 - Phase 35 - 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:25PM – 3:07PM	Bava Until 12:55AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 2:28PM	<b>Pausha</b> -Markali	<b>Devaloka Day</b>	

3	<b>Wednesday, December 31, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 262
	Vrishabha Rasi: 6.55	Tithi 12 – 13	<b>Gulika</b> 12:19PM – 1:02PM	<b>Krittika</b> Until 10:49AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 10:12AM	Visvvasu 5127
	822338576		<b>Yama</b> 10:55AM – 11:37AM	Sadhya Until 6:40AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 3:51PM	Moon 11 - Phase 35 - 26
	Creative Work	Amrita Yoga	<b>Rahu</b> 1:02PM – 1:44PM	Kaulava Until 9:36PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 11:16AM		<b>Pausha</b> -Markali	<b>Devaloka Day</b>	
							<i>Pradosha Vrata</i>

4	<b>Thursday, January 1, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 263
	Vrishabha Rasi: 21.53	Tithi 13 – 14	<b>Gulika</b> 11:37AM – 12:19PM	<b>Rohini</b> Until 8:17AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 10:12AM	Visvvasu 5127
	833348576		<b>Yama</b> 10:12AM – 11:37AM	Sukla Until 10:36PM	<b>Muruga:</b> White	<i>Sunset:</i> 3:52PM	Moon 11 - Phase 35 - 27
	Routine Work	Marana Yoga	<b>Rahu</b> 1:45PM – 2:27PM	Gara Until 6:09PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 7:52AM		<b>Pausha</b> -Markali	<b>Devaloka Day</b>	

○	<b>Friday, January 2, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma Yoga Visti/Bava Karana Purnimayam Titau				Anchorage, AK Sun 28 Sutra 264
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:54AM – 11:37AM	<b>Ardra</b> Until 2:51AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 10:11AM	Visvvasu 5127
	Mithuna Rasi: 6.56	Tithi 15	<b>Yama</b> 2:28PM – 3:11PM	Brahma Until 6:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 3:54PM	Moon 11 - Phase 35 -
	833348576		<b>Rahu</b> 12:20PM – 1:02PM	Visti Until 2:44PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 1:05AM Sat		<b>Pausha</b> -Markali	<b>Devaloka Day</b>	
							<b>Ardra Darshanam</b>

○	<b>Saturday, January 3, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK Sun 29 Sutra 265
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:10AM – 10:54AM	<b>Punarvasu</b> Until 12:43AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 10:10AM	Visvvasu 5127
	Mithuna Rasi: 21.51	Tithi 16	<b>Yama</b> 1:46PM – 2:29PM	Indra Until 2:47PM	<b>Muruga:</b> White	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 35 -
	843348576		<b>Rahu</b> 11:37AM – 12:20PM	Balava Until 11:32AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 10:03PM		<b>Pausha</b> -Markali	<b>Sivaloka Day</b>	





**Sunday, January 4, 2026**  
**Gold Retreat Star**

Kataka Rasi: 6.32      Tithi 17  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK  
Sutra 266  
Visvvasu 5127  
Moon 12 - Phase 36 -  
1st Phase

**Gulika** 2:30PM – 3:14PM  
**Yama** 1:03PM – 1:47PM  
**Rahu** 3:14PM – 3:57PM

**Ganesha:** Red      *Sunrise:* 10:10AM  
**Muruga:** White      *Sunset:* 3:57PM  
**Nataraja:** Clear  
Moon – Blue  
**Sivaloka Day**

**Monday, January 5, 2026**

**1**  
Kataka Rasi: 20.5      Tithi 18 – 19  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 9:38PM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Anchorage, AK  
Sun 1      Sutra 267  
Visvvasu 5127  
Moon 12 - Phase 36 - 1  
1st Phase

**Gulika** 1:48PM – 2:31PM  
**Yama** 12:20PM – 1:04PM  
**Rahu** 10:53AM – 11:36AM

**Ganesha:** Yellow      *Sunrise:* 10:09AM  
**Muruga:** White      *Sunset:* 3:59PM  
**Nataraja:** Clear  
Moon – Blue  
**Sivaloka Day**

**Tuesday, January 6, 2026**

**2**  
Simha Rasi: 4.41      Tithi 19 – 20  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK  
Sun 2      Sutra 268  
Visvvasu 5127  
Moon 12 - Phase 36 - 2  
1st Phase

**Gulika** 1:04PM – 1:49PM  
**Yama** 11:36AM – 12:20PM  
**Rahu** 2:33PM – 3:17PM

**Ganesha:** White      *Sunrise:* 10:08AM  
**Muruga:** White      *Sunset:* 4:01PM  
**Nataraja:** Clear  
Moon – Red  
**Devaloka Day**

**Wednesday, January 7, 2026**

**3**  
Simha Rasi: 18.04      Tithi 20 – 21  
Creative Work      Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK  
Sun 3      Sutra 269  
Visvvasu 5127  
Moon 12 - Phase 36 - 3  
1st Phase

**Gulika** 12:20PM – 1:05PM  
**Yama** 10:51AM – 11:36AM  
**Rahu** 1:05PM – 1:49PM

**Ganesha:** White      *Sunrise:* 10:07AM  
**Muruga:** White      *Sunset:* 4:03PM  
**Nataraja:** Clear  
Moon – Red  
**Devaloka Day**

**Thursday, January 8, 2026**

**4**  
Kanya Rasi: 0.59      Tithi 21 – 22  
Amrita Yoga  
Until 11:00PM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visi\* Karana Shashthi/Saptamyam Titau

Anchorage, AK  
Sun 4      Sutra 270  
Visvvasu 5127  
Moon 12 - Phase 36 - 4  
1st Phase

**Gulika** 11:35AM – 12:20PM  
**Yama** 10:06AM – 10:51AM  
**Rahu** 1:50PM – 2:35PM

**Ganesha:** White      *Sunrise:* 10:06AM  
**Muruga:** White      *Sunset:* 4:05PM  
**Nataraja:** Clear  
Moon – Red  
**Devaloka Day**

**Friday, January 9, 2026**

**5**  
Kanya Rasi: 13.32      Tithi 22 – 23  
Creative Work      Amrita Yoga  
Until 1:10AM Sat  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK  
Sun 5      Sutra 271  
Visvvasu 5127  
Moon 12 - Phase 36 - 5  
1st Phase

**Gulika** 10:50AM – 11:35AM  
**Yama** 2:36PM – 3:22PM  
**Rahu** 12:20PM – 1:06PM

**Ganesha:** Clear      *Sunrise:* 10:04AM  
**Muruga:** White      *Sunset:* 4:07PM  
**Nataraja:** Clear  
Moon – Green  
**Sivaloka Day**

**Saturday, January 10, 2026**  
**Retreat Star**

Kanya Rasi: 25.46      Tithi 23  
Routine Work      Marana Yoga  
Until 3:44AM Sun  
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK  
Sun 6      Sutra 272  
Visvvasu 5127  
Moon 12 - Phase 36 - 6  
Ashtami

**Gulika** 10:03AM – 10:49AM  
**Yama** 1:52PM – 2:38PM  
**Rahu** 11:35AM – 12:20PM

**Ganesha:** Clear      *Sunrise:* 10:03AM  
**Muruga:** White      *Sunset:* 4:09PM  
**Nataraja:** Clear  
Moon – Green  
**Sivaloka Day**

**Sunday, January 11, 2026**  
**Retreat Star**

Tula Rasi: 7.47      Tithi 24  
Creative Work      Siddha Yoga  
Until 6:27AM Mon  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK  
Sun 7      Sutra 273  
Visvvasu 5127  
Moon 12 - Phase 36 - 7  
Navami

**Gulika** 2:39PM – 3:25PM  
**Yama** 1:07PM – 1:53PM  
**Rahu** 3:25PM – 4:11PM

**Ganesha:** Clear      *Sunrise:* 10:02AM  
**Muruga:** White      *Sunset:* 4:11PM  
**Nataraja:** Clear  
Moon – Green  
**Sivaloka Day**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 12, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 274 Visvvasu 5127	
<b>1</b>	Tula Rasi: 19.41 Tithi 25 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 6:27AM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:54PM – 2:40PM Yama 12:20PM – 1:07PM <b>Rahu</b> 10:47AM – 11:34AM	<b>Svati Until 6:27AM</b> Shula* Until 4:34AM Tue Vanija Until 11:34AM <b>Dashami Until 12:51AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Pausha-Markali	<b>Sunrise:</b> 10:00AM <b>Sunset:</b> 4:14PM Moon 12 - Phase 37 - 8 2nd Phase <b>Sivaloka Day</b>

<b>Tuesday, January 13, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 275 Visvvasu 5127	
<b>2</b>	Vrischika Rasi: 1.32 Tithi 26 873448576 Routine Work Marana Yoga Until 9:37AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:07PM – 1:55PM Yama 11:33AM – 12:20PM <b>Rahu</b> 2:42PM – 3:29PM	<b>Vishakha Until 9:37AM</b> Ganda* Until 5:24AM Wed Bava Until 2:09PM <b>Ekadashi* Until 3:23AM Wed</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange Pausha-Markali	<b>Sunrise:</b> 9:59AM <b>Sunset:</b> 4:16PM Moon 12 - Phase 37 - 9 2nd Phase <b>Devaloka Day</b>

<b>Wednesday, January 14, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitilia Karana Dvodashyam Titau		Anchorage, AK Sun 10 Sutra 276 Visvvasu 5127	
<b>3</b>	Vrischika Rasi: 13.25 Tithi 27 873448576 Creative Work Siddha Yoga	<b>Gulika</b> 12:20PM – 1:08PM Yama 10:45AM – 11:32AM <b>Rahu</b> 1:08PM – 1:55PM	<b>Anuradha Until 12:32PM</b> Vriddhi Until 6:05AM Thu Kaulava Until 4:38PM <b>Dvadashi* Until 5:45AM Thu</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange Pausha-Thai	<b>Sunrise:</b> 9:57AM <b>Sunset:</b> 4:18PM Moon 12 - Phase 37 - 10 2nd Phase <b>Devaloka Day</b>

<b>Thursday, January 15, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi/Dhruva Yoga Gara Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 277 Visvvasu 5127	
<b>4</b>	Vrischika Rasi: 25.22 Tithi 28 873448576 Routine Work Prabalarishta Yoga Until 3:05PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:32AM – 12:20PM Yama 9:56AM – 10:44AM <b>Rahu</b> 1:56PM – 2:44PM	<b>Jyeshtha* Until 3:05PM</b> Vriddhi Until 6:05AM Gara Until 6:51PM <b>Trayodashi* Until 7:50AM Fri</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange Pausha-Thai	<b>Sunrise:</b> 9:56AM <b>Sunset:</b> 4:21PM Moon 12 - Phase 37 - 11 2nd Phase <b>Devaloka Day</b>

<b>Friday, January 16, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 278 Visvvasu 5127	
<b>5</b>	Dhanus Rasi: 7.25 Tithi 28 – 29 884448576 Creative Work Amrita Yoga Until 5:39PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 10:42AM – 11:31AM Yama 2:46PM – 3:34PM <b>Rahu</b> 12:20PM – 1:08PM	<b>Mula* Until 5:39PM</b> Dhruva Until 6:32AM Visti Until 8:45PM <b>Trayodashi* Until 7:50AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Light Blue Pausha-Thai	<b>Sunrise:</b> 9:54AM <b>Sunset:</b> 4:23PM Moon 12 - Phase 37 - 12 2nd Phase <b>Devaloka Day</b>

<b>Saturday, January 17, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 279 Visvvasu 5127	
<b>Retreat Star</b>	Dhanus Rasi: 19.37 Tithi 29 – 30 884448576 Creative Work Siddha Yoga Until 7:41PM Then Routine Work - Marana Yoga	<b>Gulika</b> 9:52AM – 10:41AM Yama 1:58PM – 2:47PM <b>Rahu</b> 11:30AM – 12:20PM	<b>Purvashadha* Until 7:41PM</b> Vyaghata* Until 6:44AM Catuspada Until 10:16PM <b>Chaturdashi* Until 9:32AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Light Blue Pausha-Thai	<b>Sunrise:</b> 9:52AM <b>Sunset:</b> 4:26PM Moon 12 - Phase 37 - 13 Amavasya <b>Devaloka Day</b>

<b>Sunday, January 18, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 14 Sutra 280 Visvvasu 5127	
<b>Retreat Star</b>	Makara Rasi: 1.59 Tithi 30 – 1 884448576 Creative Work Amrita Yoga	<b>Gulika</b> 2:49PM – 3:38PM Yama 1:09PM – 1:59PM <b>Rahu</b> 3:38PM – 4:28PM	<b>Uttarashadha Until 9:10PM</b> Harshana Until 6:38AM Kintughna Until 11:21PM <b>Amavasya* Until 10:50AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Light Blue Magha-Thai	<b>Sunrise:</b> 9:50AM <b>Sunset:</b> 4:28PM Moon 12 - Phase 37 - 14 Prathama <b>Devaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>		<b>Monday, January 19, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Anchorage, AK	
				Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 281	
Makara Rasi: 14.32	Tithi 1 – 2	<b>Gulika</b>	2:00PM – 2:50PM	<b>Shravana Until 10:35PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 9:48AM	Visvvasu 5127
<b>Family Home Evening</b>	894448576	Yama	12:19PM – 1:09PM	Vajra* Until 6:12AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 38 - 15
Creative Work Amrita Yoga		<b>Rahu</b>	10:39AM – 11:29AM	Balava Until 12:02AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Until 10:35PM				<b>Prathama* Until 11:44AM</b>	Moon – Purple		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					Magha*Thai		

<b>2</b>		<b>Tuesday, January 20, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Anchorage, AK	
				Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 282	
Makara Rasi: 27.17	Tithi 2 – 3	<b>Gulika</b>	1:10PM – 2:01PM	<b>Dhanishtha Until 11:26PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 9:46AM	Visvvasu 5127
	894448576	Yama	11:28AM – 12:19PM	Vyatipata* Until 4:27AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 38 - 16
Creative Work Siddha Yoga		<b>Rahu</b>	2:52PM – 3:42PM	Taitila Until 12:19AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Until 11:26PM				<b>Dvitiya Until 12:12PM</b>	Moon – Purple		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					Magha*Thai		

<b>3</b>		<b>Wednesday, January 21, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Anchorage, AK	
				Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 17 Sutra 283	
Kumbha Rasi: 10.13	Tithi 3 – 4	<b>Gulika</b>	12:19PM – 1:10PM	<b>Shatabhishak Until 11:46PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 9:44AM	Visvvasu 5127
	894448576	Yama	10:36AM – 11:27AM	Variyan Until 3:05AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 38 - 17
Creative Work Siddha Yoga		<b>Rahu</b>	1:10PM – 2:02PM	Vanija Until 12:11AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Until 11:46PM				<b>Tritiya Until 12:17PM</b>	Moon – Purple		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					Magha*Thai		

<b>4</b>		<b>Thursday, January 22, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Anchorage, AK	
				Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 284	
Kumbha Rasi: 23.2	Tithi 4 – 5	<b>Gulika</b>	11:26AM – 12:18PM	<b>Purvaproshtapada* Until 12:01AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 9:42AM	Visvvasu 5127
	814448576	Yama	9:42AM – 10:34AM	Parigha* Until 1:26AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 38 - 18
Creative Work Siddha Yoga		<b>Rahu</b>	2:02PM – 2:54PM	Bava Until 11:41PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Until 11:58AM</b>	Moon – Clear		<b>Devaloka Day</b>
					Magha*Thai		

<b>5</b>		<b>Friday, January 23, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Anchorage, AK	
				Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 285	
Meena Rasi: 6.4	Tithi 5 – 6	<b>Gulika</b>	10:33AM – 11:25AM	<b>Uttaraproshtapada Until 11:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 9:40AM	Visvvasu 5127
	814448576	Yama	2:56PM – 3:48PM	Shiva Until 11:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 38 - 19
Creative Work Siddha Yoga		<b>Rahu</b>	12:18PM – 1:11PM	Kaulava Until 10:46PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Panchami Until 11:15AM</b>	Moon – Clear		<b>Devaloka Day</b>
					Magha*Thai		

<b>6</b>		<b>Saturday, January 24, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Anchorage, AK	
				Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 286	
Meena Rasi: 20.13	Tithi 6 – 7	<b>Gulika</b>	9:38AM – 10:31AM	<b>Revati Until 10:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 9:38AM	Visvvasu 5127
	914448576	Yama	2:04PM – 2:57PM	Siddha Until 9:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 38 - 20
Routine Work Prabalarishta Yoga		<b>Rahu</b>	11:24AM – 12:18PM	Gara Until 9:29PM	<b>Nataraja:</b> Clear		3rd Phase
Until 10:56PM				<b>Shashthi* Until 10:10AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					Magha*Thai		

<b>☾</b>		<b>Sunday, January 25, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Anchorage, AK	
				Ashvini Nakshatra Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 287	
<b>Retreat Star</b>		<b>Gulika</b>	2:59PM – 3:53PM	<b>Ashvini Until 10:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 9:36AM	Visvvasu 5127
Mesha Rasi: 3.59	Tithi 7 – 8	Yama	1:11PM – 2:05PM	Sadhya Until 6:40PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 38 - 21
	924448576	<b>Rahu</b>	3:53PM – 4:46PM	Visti Until 7:49PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga				<b>Saptami Until 8:41AM</b>	Moon – White		<b>Devaloka Day</b>
Until 10:02PM					Magha*Thai		
Then Routine Work - Prabalarishta Yoga							

<b>☾</b>		<b>Monday, January 26, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Anchorage, AK	
				Bharani Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 288	
<b>Retreat Star</b>		<b>Gulika</b>	2:06PM – 3:00PM	<b>Bharani Until 8:39PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 9:34AM	Visvvasu 5127
Mesha Rasi: 17.59	Tithi 8 – 9	Yama	12:17PM – 1:11PM	Subha Until 3:50PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 38 - 22
<b>Family Home Evening</b>	924448576	<b>Rahu</b>	10:28AM – 11:22AM	Kaulava Until 4:38AM Tue	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga				<b>Ashtami* Until 6:49AM</b>	Moon – White		<b>Devaloka Day</b>
Until 8:39PM					Magha*Thai		
Then Routine Work - Marana Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Tuesday, January 27, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 289
	Vishabha Rasi: 2.13	Tithi 10	<b>Gulika</b> 1:12PM – 2:07PM	<b>Krittika</b> Until 6:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 9:31AM	Visvavasu 5127
			Yama 11:21AM – 12:16PM	Sukla Until 12:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 39 - 23
		924448576	<b>Rahu</b> 3:02PM – 3:57PM	Taitila Until 3:26PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				<b>Dashami</b> Until 2:09AM Wed		<b>Devaloka Day</b>	
Until 6:50PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

2	<b>Wednesday, January 28, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 290
	Vishabha Rasi: 16.38	Tithi 11	<b>Gulika</b> 12:16PM – 1:12PM	<b>Rohini</b> Until 5:03PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 9:29AM	Visvavasu 5127
			Yama 10:25AM – 11:20AM	Brahma Until 9:25AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 39 - 24
		935448576	<b>Rahu</b> 1:12PM – 2:07PM	Vanija Until 12:51PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				<b>Ekadashi</b> Until 11:29PM		<b>Sivaloka Day</b>	
				Magha-Thai			

3	<b>Thursday, January 29, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 291
	Mithuna Rasi: 1.1	Tithi 12	<b>Gulika</b> 11:19AM – 12:16PM	<b>Mrigashira</b> Until 3:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 9:26AM	Visvavasu 5127
			Yama 9:26AM – 10:23AM	Vaidhriti* Until 2:29AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 39 - 25
		935448576	<b>Rahu</b> 2:08PM – 3:05PM	Bava Until 10:07AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga				<b>Dvadashi</b> Until 8:42PM		<b>Sivaloka Day</b>	
				Magha-Thai			

4	<b>Friday, January 30, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 26 Sutra 292
	Mithuna Rasi: 15.45	Tithi 13 – 14	<b>Gulika</b> 10:21AM – 11:18AM	<b>Ardra</b> Until 12:50PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 9:24AM	Visvavasu 5127
			Yama 3:06PM – 4:03PM	Vishkambha* Until 11:03PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 39 - 26
		935448576	<b>Rahu</b> 12:15PM – 1:12PM	Kaulava Until 7:21AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				<b>Trayodashi</b> Until 5:58PM		<b>Sivaloka Day</b>	
				Magha-Thai			
				<i>Pradosha Vrata</i>			

5	<b>Saturday, January 31, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 27 Sutra 293
	Kataka Rasi: 0.16	Tithi 14 – 15	<b>Gulika</b> 9:22AM – 10:19AM	<b>Punarvasu</b> Until 11:04AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:22AM	Visvavasu 5127
			Yama 2:10PM – 3:08PM	Priti Until 7:48PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 39 - 27
		945548576	<b>Rahu</b> 11:17AM – 12:15PM	Visti Until 2:15AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				<b>Chaturdashi*</b> Until 3:24PM		<b>Devaloka Day</b>	
		Thai Pusam		Magha-Thai			

○	<b>Sunday, February 1, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 294
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:08PM – 4:05PM	<b>Pushya</b> Until 9:27AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:22AM	Visvavasu 5127
	Kataka Rasi: 14.37	Tithi 15 – 16	Yama 1:12PM – 2:10PM	Ayushman Until 4:48PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 39 - Purnima
		945548576	<b>Rahu</b> 4:05PM – 5:03PM	Balava Until 12:12AM Mon	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga				<b>Purnima*</b> Until 1:09PM		<b>Devaloka Day</b>	
				Magha-Thai			

○	<b>Monday, February 2, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Anchorage, AK Sutra 295
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:09PM	<b>Ashlesha*</b> Until 8:07AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:19AM	Visvavasu 5127
	Kataka Rasi: 28.41	Tithi 16 – 17	Yama 12:14PM – 1:12PM	Saubhagya Until 2:12PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 39 - Prathama
		945548576	<b>Rahu</b> 10:17AM – 11:16AM	Taitila Until 10:41PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga				<b>Prathama*</b> Until 11:21AM		<b>Devaloka Day</b>	
Until 8:07AM				Magha-Thai			
Then Routine Work - Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 12.25 Tithi 17 - 18

955548577

Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

**Gulika** 1:13PM - 2:12PM  
**Yama** 11:15AM - 12:14PM  
**Rahu** 3:11PM - 4:10PM

**Magha\* Until 7:37AM**  
Sobhana Until 12:06PM  
Vanija Until 9:49PM  
**Dvitiya Until 10:09AM**

**Ganesha:** Red  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Red  
Magha\*Thai

*Sunrise:* 9:17AM

*Sunset:* 5:09PM

Anchorage, AK  
Sun 1 Sutra 296  
Visvvasu 5127  
Moon 1 - Phase 40 - 1  
1st Phase

**Sivaloka Day**

1

Wednesday, February 4, 2026

Simha Rasi: 25.44 Tithi 18 - 19

955548577

Creative Work Amrita Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda\*/Sukarna Yoga Visti\*/Bava Karana Tritya/Chaturthyam Titau

**Gulika** 12:13PM - 1:13PM  
**Yama** 10:14AM - 11:13AM  
**Rahu** 1:13PM - 2:12PM

**Purvaphalguni Until 7:40AM**  
Athiganda\* Until 10:31AM  
Bava Until 9:41PM  
**Tritiya Until 9:38AM**

**Ganesha:** Red  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Red  
Magha\*Thai

*Sunrise:* 9:14AM

*Sunset:* 5:11PM

Anchorage, AK  
Sun 2 Sutra 297  
Visvvasu 5127  
Moon 1 - Phase 40 - 2  
1st Phase

**Sivaloka Day**

**Maha Sankatahara Chaturthi**

2

Thursday, February 5, 2026

Kanya Rasi: 8.42 Tithi 19 - 20

955548577

Amrita Yoga

Until 8:16AM

Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarna/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:12AM - 12:12PM  
**Yama** 9:11AM - 10:12AM  
**Rahu** 2:13PM - 3:13PM

**Uttaraphalguni Until 8:16AM**  
Sukarna Until 9:31AM  
Kaulava Until 10:18PM  
**Chaturthi\* Until 9:52AM**

**Ganesha:** Red  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Red  
Magha\*Thai

*Sunrise:* 9:11AM

*Sunset:* 5:14PM

Anchorage, AK  
Sun 3 Sutra 298  
Visvvasu 5127  
Moon 1 - Phase 40 - 3  
1st Phase

**Sivaloka Day**

3

Friday, February 6, 2026

Kanya Rasi: 21.18 Tithi 20 - 21

965548577

Creative Work Amrita Yoga

Until 9:54AM

Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:10AM - 11:11AM  
**Yama** 3:15PM - 4:16PM  
**Rahu** 12:12PM - 1:13PM

**Hasta Until 9:54AM**  
Dhriti Until 9:07AM  
Gara Until 11:36PM  
**Panchami Until 10:51AM**

**Ganesha:** Green  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Green  
Magha\*Thai

*Sunrise:* 9:09AM

*Sunset:* 5:17PM

Anchorage, AK  
Sun 4 Sutra 299  
Visvvasu 5127  
Moon 1 - Phase 40 - 4  
1st Phase

**Devaloka Day**

4

Saturday, February 7, 2026

Tula Rasi: 3.37 Tithi 21 - 22

966548577

Routine Work Marana Yoga

Until 12:00PM

Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

**Gulika** 9:06AM - 10:08AM  
**Yama** 2:15PM - 3:16PM  
**Rahu** 11:10AM - 12:11PM

**Chitra Until 12:00PM**  
Shula\* Until 9:10AM  
Visti Until 1:30AM Sun  
**Shashthi\* Until 12:28PM**

**Ganesha:** White  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Green  
Magha\*Thai

*Sunrise:* 9:06AM

*Sunset:* 5:20PM

Anchorage, AK  
Sun 5 Sutra 300  
Visvvasu 5127  
Moon 1 - Phase 40 - 5  
1st Phase

**Devaloka Day**

5

Sunday, February 8, 2026

Retreat Star

Tula Rasi: 15.43 Tithi 22 - 23

966548577

Creative Work Siddha Yoga

Until 2:24PM

Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 3:18PM - 4:20PM  
**Yama** 1:13PM - 2:15PM  
**Rahu** 4:20PM - 5:22PM

**Svati Until 2:24PM**  
Ganda\* Until 9:38AM  
Balava Until 3:47AM Mon  
**Saptami Until 2:35PM**

**Ganesha:** White  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Green  
Magha\*Thai

*Sunrise:* 9:04AM

*Sunset:* 5:22PM

Anchorage, AK  
Sun 6 Sutra 301  
Visvvasu 5127  
Moon 1 - Phase 40 - 6  
Ashtami

**Devaloka Day**

Monday, February 9, 2026

Retreat Star

Tula Rasi: 27.4 Tithi 23 - 24

976548577

Family Home Evening

Routine Work Marana Yoga

Until 5:25PM

Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:16PM - 3:19PM  
**Yama** 12:10PM - 1:13PM  
**Rahu** 10:04AM - 11:07AM

**Vishakha Until 5:25PM**  
Vridhhi Until 10:22AM  
Taitila Until 6:15AM Tue  
**Ashtami\* Until 4:59PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** Orange  
Moon - Orange  
Magha\*Thai

*Sunrise:* 9:01AM

*Sunset:* 5:25PM

Anchorage, AK  
Sun 7 Sutra 302  
Visvvasu 5127  
Moon 1 - Phase 40 - 7  
Navami

**Sivaloka Day**

<b>1</b>	<b>Tuesday, February 10, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Navamyam Titau				Anchorage, AK Sun 8 Sutra 303
	Wrischika Rasi: 9.33	Tithi 24	<b>Gulika</b> 1:13PM – 2:17PM	<b>Anuradha</b> Until 8:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:58AM	Visvvasu 5127
	976548577		<b>Yama</b> 11:06AM – 12:09PM	Dhruva Until 11:09AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41 - 8
			<b>Rahu</b> 3:21PM – 4:24PM	Taitila Until 6:15AM	<b>Nataraja:</b> Orange		2nd Phase
				<b>Navami*</b> Until 7:28PM	Moon – Orange		<b>Sivaloka Day</b>
					Magha*Thai		

<b>2</b>	<b>Wednesday, February 11, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Vistil* Karana Dashamyam Titau				Anchorage, AK Sun 9 Sutra 304
	Wrischika Rasi: 21.27	Tithi 25	<b>Gulika</b> 12:09PM – 1:13PM	<b>Jyeshtha*</b> Until 10:58PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:55AM	Visvvasu 5127
	976548577		<b>Yama</b> 10:00AM – 11:04AM	Vyaghata* Until 11:55AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 41 - 9
			<b>Rahu</b> 1:13PM – 2:18PM	Vanija Until 8:42AM	<b>Nataraja:</b> Orange		2nd Phase
				<b>Dashami</b> Until 9:50PM	Moon – Orange		<b>Sivaloka Day</b>
					Magha*Thai		

<b>3</b>	<b>Thursday, February 12, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK Sun 10 Sutra 305
	Dhanus Rasi: 3.25	Tithi 26	<b>Gulika</b> 11:03AM – 12:08PM	<b>Mula*</b> Until 1:39AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:53AM	Visvvasu 5127
	986548577		<b>Yama</b> 8:53AM – 9:58AM	Harshana Until 12:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41 - 10
			<b>Rahu</b> 2:18PM – 3:23PM	Bava Until 10:56AM	<b>Nataraja:</b> Orange		2nd Phase
				<b>Ekadashi*</b> Until 11:54PM	Moon – Light Blue		<b>Devaloka Day</b>
					Magha*Masi		

<b>4</b>	<b>Friday, February 13, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Anchorage, AK Sun 11 Sutra 306
	Dhanus Rasi: 15.32	Tithi 27	<b>Gulika</b> 9:56AM – 11:01AM	<b>Purvashadha*</b> Until 3:43AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:50AM	Visvvasu 5127
	986548577		<b>Yama</b> 3:25PM – 4:31PM	Vajra* Until 12:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41 - 11
			<b>Rahu</b> 12:07PM – 1:13PM	Kaulava Until 12:47PM	<b>Nataraja:</b> Orange		2nd Phase
				<b>Dvadashi*</b> Until 1:30AM Sat	Moon – Light Blue		<b>Devaloka Day</b>
					Magha*Masi		

<b>5</b>	<b>Saturday, February 14, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK Sun 12 Sutra 307
	Dhanus Rasi: 27.5	Tithi 28	<b>Gulika</b> 8:47AM – 9:54AM	<b>Uttarashadha</b> Until 5:08AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:47AM	Visvvasu 5127
	987548577		<b>Yama</b> 2:20PM – 3:26PM	Siddhi Until 12:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41 - 12
			<b>Rahu</b> 11:00AM – 12:07PM	Gara Until 2:08PM	<b>Nataraja:</b> Orange		2nd Phase
				<b>Trayodashi*</b> Until 2:35AM Sun	Moon – Light Blue		<b>Sivaloka Day</b>
					Magha*Masi		

<b>6</b>	<b>Sunday, February 15, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK Sun 13 Sutra 308
	Makara Rasi: 10.22	Tithi 29	<b>Gulika</b> 3:28PM – 4:35PM	<b>Shravana</b> Until 6:18AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:44AM	Visvvasu 5127
	997548577		<b>Yama</b> 1:13PM – 2:20PM	Vyatipata* Until 12:16PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 41 - 13
			<b>Rahu</b> 4:35PM – 5:42PM	Visti Until 2:56PM	<b>Nataraja:</b> Orange		2nd Phase
				<b>Chaturdashi*</b> Until 3:06AM Mon	Moon – Purple		<b>Sivaloka Day</b>
					Magha*Masi		

<b>●</b>	<b>Monday, February 16, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 14 Sutra 309
	<b>Retreat Star</b>		<b>Gulika</b> 2:21PM – 3:29PM	<b>Shravana</b> Until 6:18AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:41AM	Visvvasu 5127
	Makara Rasi: 23.1	Tithi 30	<b>Yama</b> 12:05PM – 1:13PM	Variyan Until 11:19AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 41 - 14
			<b>Rahu</b> 9:49AM – 10:57AM	Catuspada Until 3:09PM	<b>Nataraja:</b> Orange		Amavasya
				<b>Amavasya*</b> Until 3:02AM Tue	Moon – Purple		<b>Sivaloka Day</b>
					Magha*Masi		

<b>●</b>	<b>Tuesday, February 17, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 15 Sutra 310
	<b>Retreat Star</b>		<b>Gulika</b> 1:13PM – 2:22PM	<b>Dhanishtha</b> Until 6:46AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:38AM	Visvvasu 5127
	Kumbha Rasi: 6.14	Tithi 1	<b>Yama</b> 10:56AM – 12:04PM	Parigha* Until 9:58AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 41 - 15
			<b>Rahu</b> 3:30PM – 4:39PM	Kintughna Until 2:50PM	<b>Nataraja:</b> Orange		Prathama
				<b>Prathama*</b> Until 2:28AM Wed	Moon – Purple		<b>Sivaloka Day</b>
					Phalguna*Masi		

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Wednesday, February 18, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvityayam Titau				Anchorage, AK
	Kumbha Rasi: 19.34	Tithi 2	<b>Gulika</b> 12:04PM – 1:13PM	<b>Shatabhishak</b> Until 6:36AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:36AM	Sun 16 Sutra 311
	997548577	<b>Rahu</b> 1:13PM – 2:22PM	Yama 9:45AM – 10:54AM	Shiva Until 8:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:50PM	Visvvasu 5127
Creative Work	Siddha Yoga		Balava Until 2:02PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 16	
Until 6:36AM			<b>Dvitiya</b> Until 1:28AM Thu	Moon – Purple		3rd Phase	
Then Creative Work - Amrita Yoga				Phalguna-Masi		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, February 19, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trilyayam Titau				Anchorage, AK
	Meena Rasi: 3.08	Tithi 3	<b>Gulika</b> 10:53AM – 12:03PM	<b>Purvaprosarthapada*</b> Until 6:19AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:33AM	Sun 17 Sutra 312
	917548577	<b>Rahu</b> 2:23PM – 3:33PM	Yama 8:33AM – 9:43AM	Siddha Until 6:09AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:53PM	Visvvasu 5127
Creative Work	Siddha Yoga		Taitila Until 12:50PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 17	
			<b>Tritiya</b> Until 12:06AM Fri	Moon – Clear		3rd Phase	
				Phalguna-Masi		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, February 20, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Vishti* Karana Chaturthiyam Titau				Anchorage, AK
	Meena Rasi: 16.55	Tithi 4	<b>Gulika</b> 9:40AM – 10:51AM	<b>Revati</b> Until 4:24AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:30AM	Sun 18 Sutra 313
	918548577	<b>Rahu</b> 12:02PM – 1:13PM	Yama 3:34PM – 4:45PM	Subha Until 1:17AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 5:56PM	Visvvasu 5127
Creative Work	Siddha Yoga		Vanija Until 11:20AM	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 18	
			<b>Chaturthi*</b> Until 10:27PM	Moon – Clear		3rd Phase	
				Phalguna-Masi		<b>Sivaloka Day</b>	
						<b>Subramuniyaswami Siva Vision Day</b>	

<b>4</b>	<b>Saturday, February 21, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK
	Mesha Rasi: 0.5	Tithi 5	<b>Gulika</b> 8:27AM – 9:38AM	<b>Ashvini</b> Until 3:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:27AM	Sun 19 Sutra 314
	928548577	<b>Rahu</b> 10:50AM – 12:01PM	Yama 2:24PM – 3:36PM	Sukla Until 10:34PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:58PM	Visvvasu 5127
Creative Work	Siddha Yoga		Bava Until 9:35AM	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 19	
Until 3:21AM Sun			<b>Panchami</b> Until 8:37PM	Moon – White		3rd Phase	
Then Routine Work - Prabalarishta Yoga				Phalguna-Masi		<b>Devaloka Day</b>	

<b>5</b>	<b>Sunday, February 22, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Anchorage, AK
	Mesha Rasi: 14.53	Tithi 6	<b>Gulika</b> 3:37PM – 4:49PM	<b>Bharani</b> Until 2:01AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:24AM	Sun 20 Sutra 315
	928548577	<b>Rahu</b> 4:49PM – 6:01PM	Yama 1:13PM – 2:25PM	Brahma Until 7:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:01PM	Visvvasu 5127
Routine Work	Prabalarishta Yoga		Kaulava Until 7:39AM	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 20	
Until 2:01AM Mon			<b>Shashthi*</b> Until 6:38PM	Moon – White		3rd Phase	
Then Routine Work - Marana Yoga				Phalguna-Masi		<b>Devaloka Day</b>	

<b>6</b>	<b>Monday, February 23, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Vanija/Vishti* Karana Sapthami/Ashtamyam Titau				Anchorage, AK
	Mesha Rasi: 29	Tithi 7 – 8	<b>Gulika</b> 2:25PM – 3:38PM	<b>Krittika</b> Until 12:29AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:21AM	Sun 21 Sutra 316
	928548577	<b>Rahu</b> 9:34AM – 10:47AM	Yama 12:00PM – 1:12PM	Indra Until 4:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:04PM	Visvvasu 5127
<b>Family Home Evening</b>			Vishti Until 3:31AM Tue	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 21	
Routine Work	Marana Yoga		<b>Saptami</b> Until 4:33PM	Moon – White		3rd Phase	
Until 12:29AM Tue				Phalguna-Masi		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>D</b>	<b>Tuesday, February 24, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK
	Retreat Star		<b>Gulika</b> 1:12PM – 2:26PM	<b>Rohini</b> Until 11:12PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:18AM	Sun 22 Sutra 317
	Vrishabha Rasi: 13.1	Tithi 8 – 9	Yama 10:45AM – 11:59AM	Vaidhriti* Until 1:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:07PM	Visvvasu 5127
938548577	<b>Rahu</b> 3:39PM – 4:53PM		Balava Until 1:22AM Wed	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 22	
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 2:25PM	Moon – Yellow		Ashtami	
Until 11:12PM				Phalguna-Masi		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Wednesday, February 25, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK
	Retreat Star		<b>Gulika</b> 11:58AM – 1:12PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:15AM	Sun 23 Sutra 318
	Vrishabha Rasi: 27.2	Tithi 9 – 10	Yama 9:29AM – 10:43AM	Vishkambha* Until 11:02AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:09PM	Visvvasu 5127
938648577	<b>Rahu</b> 1:12PM – 2:26PM		Taitila Until 11:15PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 42 - 23	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 12:17PM	Moon – Yellow		Navami	
				Phalguna-Masi		<b>Subha Sivaloka Day</b>	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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**1 Thursday, February 26, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Anchorage, AK  
 Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 319  
 938648577 **Gulika** 10:42AM – 11:57AM **Ardra Until 8:16PM** **Ganesha:** Blue *Sunrise:* 8:12AM Visvvasu 5127  
 Mithuna Rasi: 11.31 Tithi 10 – 11 Yama 8:12AM – 9:27AM **Muruga:** White *Sunset:* 6:12PM Moon 1 - Phase 43 - 24  
 Routine Work Marana Yoga **Nataraja:** Orange 4th Phase  
 Until 8:16PM **Vanija Until 9:10PM** Moon – Yellow **Subha Sivaloka Day**  
 Then Creative Work - Amrita Yoga **Dashami Until 10:11AM** **Phalguna-Masi**

**2 Friday, February 27, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Anchorage, AK  
 Punarvasu Nakshatra Saubhagya Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 320  
 949648577 **Gulika** 9:25AM – 10:40AM **Punarvasu Until 7:09PM** **Ganesha:** White *Sunrise:* 8:09AM Visvvasu 5127  
 Mithuna Rasi: 25.37 Tithi 11 – 12 Yama 3:43PM – 4:59PM **Muruga:** White *Sunset:* 6:15PM Moon 1 - Phase 43 - 25  
 Creative Work Siddha Yoga **Nataraja:** Orange 4th Phase  
 Until 7:09PM **Bava Until 7:14PM** Moon – Blue **Devaloka Day**  
 Then Routine Work - Marana Yoga **Ekadashi Until 8:10AM** **Phalguna-Masi**

**3 Saturday, February 28, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Anchorage, AK  
 Pushya Nakshatra Sobhana Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 321  
 949648577 **Gulika** 8:06AM – 9:22AM **Pushya Until 6:07PM** **Ganesha:** White *Sunrise:* 8:06AM Visvvasu 5127  
 Kataka Rasi: 9.38 Tithi 12 – 13 Yama 2:28PM – 3:45PM **Muruga:** White *Sunset:* 6:17PM Moon 1 - Phase 43 - 26  
 Creative Work Siddha Yoga **Nataraja:** Orange 4th Phase  
 Until 6:07PM **Taitila Until 4:42AM Sun** Moon – Blue **Devaloka Day**  
 Then Routine Work - Marana Yoga **Dvadashi Until 6:19AM** **Phalguna-Masi**  
*Pradosha Vrata*

**4 Sunday, March 1, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anchorage, AK  
 Ashlesha\*/Magha\* Nakshatra Athiganda\* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 322  
 949648577 **Gulika** 3:47PM – 5:05PM **Ashlesha\* Until 5:13PM** **Ganesha:** White *Sunrise:* 8:00AM Visvvasu 5127  
 Kataka Rasi: 23.3 Tithi 14 Yama 1:11PM – 2:29PM **Muruga:** White *Sunset:* 6:23PM Moon 1 - Phase 43 - 27  
 Creative Work Siddha Yoga **Nataraja:** Orange 4th Phase  
 Until 5:13PM **Gara Until 4:03PM** Moon – Blue **Devaloka Day**  
 Then Routine Work - Marana Yoga **Chidambaram Abhishekam** **Chaturdashi\* Until 3:27AM Mon** **Phalguna-Masi**

**Monday, March 2, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Anchorage, AK  
 Magha\*/Purvaphalguni Nakshatra Sukarma Yoga Visti\*/Bava Karana Purnimayam Titau Sutra 323  
 959648577 **Gulika** 2:30PM – 3:48PM **Magha\* Until 5:00PM** **Ganesha:** Clear *Sunrise:* 7:57AM Visvvasu 5127  
 Simha Rasi: 7.09 Tithi 15 Yama 11:52AM – 1:11PM **Muruga:** White *Sunset:* 6:25PM Moon 1 - Phase 43 -  
**Family Home Evening** **Rahu** 9:15AM – 10:34AM **Nataraja:** Orange Purnima  
 Routine Work Marana Yoga **Visti Until 2:59PM** Moon – Red **Sivaloka Day**  
 Until 5:00PM **Holi** **Purnima\* Until 2:37AM Tue** **Phalguna-Masi**  
 Then Creative Work - Siddha Yoga

**Tuesday, March 3, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Anchorage, AK  
 Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 324  
 959648577 **Gulika** 1:11PM – 2:30PM **Purvaphalguni Until 5:06PM** **Ganesha:** Clear *Sunrise:* 7:54AM Visvvasu 5127  
 Simha Rasi: 20.33 Tithi 16 Yama 10:32AM – 11:52AM **Muruga:** White *Sunset:* 6:28PM Moon 1 - Phase 43 -  
 Creative Work Siddha Yoga **Rahu** 3:49PM – 5:09PM **Nataraja:** Orange Prathama  
 Until 5:06PM **Balava Until 2:25PM** Moon – Red **Sivaloka Day**  
 Then Creative Work - Amrita Yoga **Prathama\* Until 2:18AM Wed** **Phalguna-Masi**





Wednesday, March 4, 2026

Gold Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sutra 325

Kanya Rasi: 3.4 Tithi 17

959648577

**Gulika** 11:51AM – 1:11PM  
Yama 9:11AM – 10:31AM  
**Rahu** 1:11PM – 2:31PM

**Uttaraphalguni** Until 5:36PM

Shula\* Until 5:12PM

Taitila Until 2:23PM

**Dvitiya** Until 2:34AM Thu

**Ganesha:** Clear *Sunrise:* 7:51AM

**Muruga:** White *Sunset:* 6:31PM

**Nataraja:** Orange

Moon – Red  
Phalguna-Masi

Moon 2 - Phase 44 -

1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 5:36PM

Then Routine Work - Marana Yoga

1

Thursday, March 5, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 326

Kanya Rasi: 16.3 Tithi 18

169648577

**Gulika** 10:29AM – 11:50AM  
Yama 7:47AM – 9:08AM  
**Rahu** 2:31PM – 3:52PM

**Hasta** Until 6:59PM

Ganda\* Until 4:33PM

Vanija Until 2:56PM

**Tritiya** Until 3:25AM Fri

**Ganesha:** White *Sunrise:* 7:47AM

**Muruga:** White *Sunset:* 6:33PM

**Nataraja:** Orange

Moon – Green  
Phalguna-Masi

Moon 2 - Phase 44 - 1

1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 6:59PM

Then Creative Work - Siddha Yoga

2

Friday, March 6, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 327

Kanya Rasi: 29.03 Tithi 19

169648577

**Gulika** 9:06AM – 10:27AM  
Yama 3:53PM – 5:15PM  
**Rahu** 11:49AM – 1:10PM

**Chitra** Until 8:46PM

Vridhhi Until 4:22PM

Bava Until 4:05PM

**Chaturthi\*** Until 4:50AM Sat

**Ganesha:** White *Sunrise:* 7:44AM

**Muruga:** White *Sunset:* 6:36PM

**Nataraja:** Orange

Moon – Green  
Phalguna-Masi

Moon 2 - Phase 44 - 2

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 7, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 328

Tula Rasi: 11.22 Tithi 20

161658577

**Gulika** 7:41AM – 9:03AM  
Yama 2:32PM – 3:54PM  
**Rahu** 10:26AM – 11:48AM

**Svati** Until 10:52PM

Dhruva Until 4:33PM

Kaulava Until 5:45PM

**Panchami** Until 6:44AM Sun

**Ganesha:** Purple *Sunrise:* 7:41AM

**Muruga:** Clear *Sunset:* 6:39PM

**Nataraja:** Orange

Moon – Green  
Phalguna-Masi

Moon 2 - Phase 44 - 3

1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Sunday, March 8, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 329

Tula Rasi: 23.29 Tithi 20 – 21

171658577

**Gulika** 3:56PM – 5:18PM  
Yama 1:10PM – 2:33PM  
**Rahu** 5:18PM – 6:41PM

**Vishakha** Until 1:41AM Mon

Vyaghata\* Until 5:04PM

Gara Until 7:50PM

**Panchami** Until 6:44AM

**Ganesha:** Clear *Sunrise:* 7:38AM

**Muruga:** Clear *Sunset:* 6:41PM

**Nataraja:** Orange

Moon – Orange  
Phalguna-Masi

Moon 2 - Phase 44 - 4

1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 1:41AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 9, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 330

Vrischika Rasi: 5.28 Tithi 21 – 22

171658577

**Gulika** 2:33PM – 3:57PM  
Yama 11:46AM – 1:09PM  
**Rahu** 8:59AM – 10:22AM

**Anuradha** Until 4:32AM Tue

Harshana Until 5:49PM

Visti Until 10:11PM

**Shashthi\*** Until 8:58AM

**Ganesha:** Clear *Sunrise:* 7:35AM

**Muruga:** Clear *Sunset:* 6:44PM

**Nataraja:** Orange

Moon – Orange  
Phalguna-Masi

Moon 2 - Phase 44 - 5

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 4:32AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, March 10, 2026

Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 331

Vrischika Rasi: 17.23 Tithi 22 – 23

171658677

**Gulika** 1:09PM – 2:34PM  
Yama 10:21AM – 11:45AM  
**Rahu** 3:58PM – 5:22PM

**Jyeshtha\*** Until 7:15AM Wed

Vajra\* Until 6:37PM

Balava Until 12:37AM Wed

**Saptami** Until 11:23AM

**Ganesha:** Clear *Sunrise:* 7:32AM

**Muruga:** White *Sunset:* 6:47PM

**Nataraja:** Light Blue

Moon – Orange  
Phalguna-Masi

Moon 2 - Phase 44 - 6

Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Wednesday, March 11, 2026

Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 7 Sutra 332

Vrischika Rasi: 29.17 Tithi 23 – 24

171658677

**Gulika** 11:44AM – 1:09PM  
Yama 8:54AM – 10:19AM  
**Rahu** 1:09PM – 2:34PM

**Jyeshtha\*** Until 7:15AM

Siddhi Until 7:22PM

Taitila Until 2:55AM Thu

**Ashtami\*** Until 1:46PM

**Ganesha:** Clear *Sunrise:* 7:29AM

**Muruga:** White *Sunset:* 6:49PM

**Nataraja:** Light Blue

Moon – Orange  
Phalguna-Masi

Moon 2 - Phase 44 - 7

Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:15AM

Then Routine Work - Marana Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Thursday, March 12, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anchorage, AK
	Dhanus Rasi: 11.15	Tithi 24 – 25	Gulika 10:17AM – 11:43AM	Mula* Until 10:08AM	Ganesha: White	Sunrise: 7:26AM	Sun 8 Sutra 333
	181658677	Rahu 2:34PM – 4:00PM	Yama 7:26AM – 8:51AM	Vyatipata* Until 7:56PM	Muruga: White	Sunset: 6:52PM	Visvvasu 5127
Creative Work	Siddha Yoga		Vanija Until 4:53AM Fri	Nataraja: Light Blue		Moon 2 - Phase 45 - 8	
			Navami* Until 3:56PM	Moon – Light Blue		2nd Phase	
				Phalgun-Masi		<b>Bhuloka Day</b>	

2	<b>Friday, March 13, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Dhanus Rasi: 23.21	Tithi 25 – 26	Gulika 8:49AM – 10:15AM	Purvashadha* Until 12:29PM	Ganesha: White	Sunrise: 7:22AM	Sun 9 Sutra 334
	181658677	Rahu 11:42AM – 1:08PM	Yama 4:01PM – 5:28PM	Variyan Until 8:08PM	Muruga: White	Sunset: 6:54PM	Visvvasu 5127
Routine Work	Prabalarishta Yoga		Bava Until 6:19AM Sat	Nataraja: Light Blue		Moon 2 - Phase 45 - 9	
Until 12:29PM			Dashami Until 5:39PM	Moon – Light Blue		2nd Phase	
Then Routine Work - Marana Yoga				Phalgun-Masi		<b>Bhuloka Day</b>	

3	<b>Saturday, March 14, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK
	Makara Rasi: 5.4	Tithi 26	Gulika 7:19AM – 8:47AM	Uttarashadha Until 2:08PM	Ganesha: White	Sunrise: 7:19AM	Sun 10 Sutra 335
	181658677	Rahu 10:14AM – 11:41AM	Yama 2:35PM – 4:03PM	Parigha* Until 7:53PM	Muruga: White	Sunset: 6:57PM	Visvvasu 5127
Routine Work	Marana Yoga		Bava Until 6:19AM	Nataraja: Light Blue		Moon 2 - Phase 45 - 10	
Until 2:08PM			Ekadashi* Until 6:47PM	Moon – Light Blue		2nd Phase	
Then Creative Work - Siddha Yoga		Karadayyan Nombu (Tamil Nadu)		Phalgun-Panguni		<b>Bhuloka Day</b>	

4	<b>Sunday, March 15, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Anchorage, AK
	Makara Rasi: 18.16	Tithi 27	Gulika 4:04PM – 5:32PM	Shravana Until 3:27PM	Ganesha: Yellow	Sunrise: 7:16AM	Sun 11 Sutra 336
	191658678	Rahu 5:32PM – 7:00PM	Yama 1:08PM – 2:36PM	Shiva Until 7:07PM	Muruga: White	Sunset: 7:00PM	Visvvasu 5127
Creative Work	Amrita Yoga		Kaulava Until 7:07AM	Nataraja: Purple		Moon 2 - Phase 45 - 11	
Until 3:27PM			Dvadashi* Until 7:14PM	Moon – Purple		2nd Phase	
Then Routine Work - Marana Yoga				Phalgun-Panguni		<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

5	<b>Monday, March 16, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK
	Kumbha Rasi: 1.13	Tithi 28	Gulika 2:36PM – 4:05PM	Dhanishtha Until 3:54PM	Ganesha: Yellow	Sunrise: 7:13AM	Sun 12 Sutra 337
	191658678	Rahu 8:42AM – 10:10AM	Yama 11:39AM – 1:08PM	Siddha Until 5:45PM	Muruga: White	Sunset: 7:02PM	Visvvasu 5127
Family Home Evening			Gara Until 7:12AM	Nataraja: Purple		Moon 2 - Phase 45 - 12	
Creative Work	Siddha Yoga		Trayodashi* Until 6:57PM	Moon – Purple		2nd Phase	
				Phalgun-Panguni		<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	
						<i>Pradosha Vrata (Fasting)</i>	

6	<b>Tuesday, March 17, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Catuspada* Karana Chaturdashmi/Amavasyayam Titau				Anchorage, AK
	Kumbha Rasi: 14.31	Tithi 29 – 30	Gulika 1:07PM – 2:37PM	Shatabhishak Until 3:31PM	Ganesha: Blue	Sunrise: 7:10AM	Sun 13 Sutra 338
	192658678	Rahu 4:06PM – 5:35PM	Yama 10:09AM – 11:38AM	Sadhya Until 3:52PM	Muruga: White	Sunset: 7:05PM	Visvvasu 5127
Routine Work	Marana Yoga		Visti Until 6:33AM	Nataraja: Purple		Moon 2 - Phase 45 - 13	
			Chaturdashi* Until 5:58PM	Moon – Purple		2nd Phase	
				Phalgun-Panguni		<b>Devaloka Day</b>	

●	<b>Wednesday, March 18, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK
	<b>Retreat Star</b>		Gulika 11:37AM – 1:07PM	Purvaproshtapada* Until 2:51PM	Ganesha: Red	Sunrise: 7:07AM	Sun 14 Sutra 339
	Kumbha Rasi: 28.12	Tithi 30 – 1	Yama 8:37AM – 10:07AM	Subha Until 1:31PM	Muruga: White	Sunset: 7:07PM	Visvvasu 5127
112658678	Rahu 1:07PM – 2:37PM		Kintughna Until 3:27AM Thu	Nataraja: Purple		Moon 2 - Phase 45 - 14	
Creative Work	Amrita Yoga		Amavasya* Until 4:24PM	Moon – Clear		Amavasya	
Until 2:51PM				Phalgun-Panguni		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to 12:PM	

●	<b>Thursday, March 19, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anchorage, AK
	<b>Retreat Star</b>		Gulika 10:05AM – 11:36AM	Uttaraproshtapada Until 1:33PM	Ganesha: Red	Sunrise: 7:04AM	Sun 15 Sutra 340
	Meena Rasi: 12.11	Tithi 1 – 2	Yama 7:04AM – 8:34AM	Sukla Until 10:44AM	Muruga: White	Sunset: 7:10PM	Visvvasu 5127
112658678	Rahu 2:37PM – 4:08PM		Balava Until 1:14AM Fri	Nataraja: Purple		Moon 2 - Phase 45 - 15	
Creative Work	Siddha Yoga		Prathama* Until 2:22PM	Moon – Clear		Prathama	
		Yugadhi		Chaitra-Panguni		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1</b>		<b>Friday, March 20, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Anchorage, AK Sun 16 Sutra 341	
Meena Rasi: 26.27	Tithi 2 - 3	<b>Gulika</b> 8:32AM - 10:03AM	<b>Revati Until 11:46AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:00AM		Visvvasu 5127	
		Yama 4:09PM - 5:41PM	Brahma Until 7:41AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:12PM		Moon 2 - Phase 46 - 16	
		112658678 <b>Rahu</b> 11:35AM - 1:06PM	Taitila Until 10:44PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 11:59AM</b>	Moon - Clear		<b>Bhuloka Day</b>		
Until 11:46AM		<b>Chellappaswami Mahasamadhi</b>		Chaitra+Panguni		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Saturday, March 21, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Anchorage, AK Sun 17 Sutra 342	
Mesha Rasi: 10.52	Tithi 3 - 4	<b>Gulika</b> 6:57AM - 8:29AM	<b>Ashvini Until 10:04AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM		Visvvasu 5127	
		Yama 2:38PM - 4:11PM	Vaidhriti* Until 1:07AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 7:15PM		Moon 2 - Phase 46 - 17	
		122658678 <b>Rahu</b> 10:02AM - 11:34AM	Vanija Until 8:06PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 9:24AM</b>	Moon - White		<b>Bhuloka Day</b>		
				Chaitra+Panguni		Devaloka Time: 9:AM to 12:PM		

<b>3</b>		<b>Sunday, March 22, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau			Anchorage, AK Sun 18 Sutra 343	
Mesha Rasi: 25.21	Tithi 4 - 5	<b>Gulika</b> 4:12PM - 5:45PM	<b>Bharani Until 8:09AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM		Visvvasu 5127	
		Yama 1:06PM - 2:39PM	Vishkambha* Until 9:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:18PM		Moon 2 - Phase 46 - 18	
		122758678 <b>Rahu</b> 5:45PM - 7:18PM	Balava Until 4:08AM Mon	<b>Nataraja:</b> Purple			3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 6:45AM</b>	Moon - White		<b>Bhuloka Day</b>		
Until 8:09AM				Chaitra+Panguni				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, March 23, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau			Anchorage, AK Sun 19 Sutra 344	
Vrishabha Rasi: 9.49	Tithi 6	<b>Gulika</b> 2:39PM - 4:13PM	<b>Krittika Until 6:09AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:51AM		Visvvasu 5127	
<b>Family Home Evening</b>		Yama 11:32AM - 1:05PM	Priti Until 6:36PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:20PM		Moon 2 - Phase 46 - 19	
Routine Work	Marana Yoga	122758678 <b>Rahu</b> 8:25AM - 9:58AM	Kaulava Until 2:53PM	<b>Nataraja:</b> Purple			3rd Phase	
Until 6:09AM			<b>Shashthi* Until 1:39AM Tue</b>	Moon - White		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				Chaitra+Panguni				

<b>5</b>		<b>Tuesday, March 24, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau			Anchorage, AK Sun 20 Sutra 345	
Vrishabha Rasi: 24.1	Tithi 7	<b>Gulika</b> 1:05PM - 2:40PM	<b>Mrigashira Until 3:05AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:48AM		Visvvasu 5127	
		Yama 9:56AM - 11:31AM	Ayushman Until 3:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:23PM		Moon 2 - Phase 46 - 20	
		132758678 <b>Rahu</b> 4:14PM - 5:48PM	Gara Until 12:31PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 11:23PM</b>	Moon - Yellow		<b>Bhuloka Day</b>		
				Chaitra+Panguni		Devaloka Time: 6:AM to 9:AM		

<b>Retreat Star</b>		<b>Wednesday, March 25, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau			Anchorage, AK Sun 21 Sutra 346	
Mithuna Rasi: 8.22	Tithi 8	<b>Gulika</b> 11:30AM - 1:05PM	<b>Ardra Until 1:44AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:45AM		Visvvasu 5127	
		Yama 8:20AM - 9:55AM	Saubhagya Until 12:41PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:25PM		Moon 2 - Phase 46 - 21	
		132758678 <b>Rahu</b> 1:05PM - 2:40PM	Visti Until 10:23AM	<b>Nataraja:</b> Purple			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:24PM</b>	Moon - Yellow		<b>Bhuloka Day</b>		
Until 1:44AM Thu				Chaitra+Panguni		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Thursday, March 26, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau			Anchorage, AK Sun 22 Sutra 347	
Mithuna Rasi: 22.23	Tithi 9	<b>Gulika</b> 9:53AM - 11:29AM	<b>Punarvasu Until 12:58AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM		Visvvasu 5127	
		Yama 6:41AM - 8:17AM	Sobhana Until 10:05AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:28PM		Moon 2 - Phase 46 - 22	
		142758678 <b>Rahu</b> 2:40PM - 4:16PM	Balava Until 8:32AM	<b>Nataraja:</b> Purple			Navami	
Creative Work	Amrita Yoga		<b>Navami* Until 7:43PM</b>	Moon - Blue		<b>Bhuloka Day</b>		
Until 12:58AM Fri		<b>Sri Rama Navami</b>		Chaitra+Panguni				
Then Routine Work - Marana Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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1	<b>Friday, March 27, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Alhiganda/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 348
	Kataka Rasi: 6.12	Tithi 10	<b>Gulika</b> 8:15AM – 9:51AM	<b>Pushya</b> Until 12:24AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Visvvasu 5127
			Yama 4:17PM – 5:54PM	Athiganda* Until 7:43AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:30PM	Moon 2 - Phase 47 - 23
	Routine Work	Marana Yoga	142758678 <b>Rahu</b> 11:28AM – 1:04PM	Taitila Until 7:01AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 6:22PM	Moon – Blue		<b>Bhuloka Day</b>	
				Chaitra•Panguni			

2	<b>Saturday, March 28, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 24 Sutra 349
	Kataka Rasi: 19.49	Tithi 11 – 12	<b>Gulika</b> 6:35AM – 8:12AM	<b>Ashlesha*</b> Until 12:01AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	Visvvasu 5127
			Yama 2:41PM – 4:18PM	Dhriti Until 3:51AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 7:33PM	Moon 2 - Phase 47 - 24
	Routine Work	Marana Yoga	142758678 <b>Rahu</b> 9:50AM – 11:27AM	Bava Until 5:01AM Sun	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi</b> Until 5:21PM	Moon – Blue		<b>Bhuloka Day</b>	
			Yogaswami Mahasamadhi	Chaitra•Panguni			

3	<b>Sunday, March 29, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 25 Sutra 350
	Simha Rasi: 3.13	Tithi 12 – 13	<b>Gulika</b> 4:20PM – 5:58PM	<b>Magha*</b> Until 12:19AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	Visvvasu 5127
			Yama 1:04PM – 2:42PM	Shula* Until 2:21AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Moon 2 - Phase 47 - 25
	Routine Work	Marana Yoga	152758678 <b>Rahu</b> 5:58PM – 7:35PM	Kaulava Until 4:34AM Mon	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi</b> Until 4:43PM	Moon – Red		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	
				Pradosha Vrata			

4	<b>Monday, March 30, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 26 Sutra 351
	Simha Rasi: 16.26	Tithi 13 – 14	<b>Gulika</b> 2:42PM – 4:21PM	<b>Purvaphalguni</b> Until 12:51AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 11:25AM – 1:03PM	Ganda* Until 1:10AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 7:38PM	Moon 2 - Phase 47 - 26
	Creative Work	Siddha Yoga	153758678 <b>Rahu</b> 8:07AM – 9:46AM	Gara Until 4:31AM Tue	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 4:28PM	Moon – Red		<b>Devaloka Day</b>	
				Chaitra•Panguni			

5	<b>Tuesday, March 31, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 27 Sutra 352
	Simha Rasi: 29.26	Tithi 14 – 15	<b>Gulika</b> 1:03PM – 2:42PM	<b>Uttaraphalguni</b> Until 1:38AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	Visvvasu 5127
			Yama 9:44AM – 11:24AM	Vriddhi Until 12:20AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 7:41PM	Moon 2 - Phase 47 - 27
	Creative Work	Amrita Yoga	153758678 <b>Rahu</b> 4:22PM – 6:01PM	Visti Until 4:54AM Wed	<b>Nataraja:</b> Purple		4th Phase
			<b>Chaturdashi*</b> Until 4:38PM	Moon – Red		<b>Devaloka Day</b>	
				Chaitra•Panguni			

○	<b>Wednesday, April 1, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 353
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:24AM – 1:03PM	<b>Hasta</b> Until 3:09AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Visvvasu 5127
	Kanya Rasi: 12.13	Tithi 15 – 16	Yama 8:05AM – 9:44AM	Dhruva Until 11:48PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:41PM	Moon 2 - Phase 47 - Purnima
	Routine Work	Marana Yoga	163758678 <b>Rahu</b> 1:03PM – 2:42PM	Balava Until 5:42AM Thu	<b>Nataraja:</b> Purple		
			<b>Purnima*</b> Until 5:13PM	Moon – Green		<b>Bhuloka Day</b>	
			Panguni Uttiram	Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	
			Hanuman Jayanti				

○	<b>Thursday, April 2, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava Karana Prathamayam Titau				Anchorage, AK Sutra 354
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:43AM – 11:23AM	<b>Chitra</b> Until 4:55AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	Visvvasu 5127
	Kanya Rasi: 24.49	Tithi 16	Yama 6:22AM – 8:02AM	Vyaghata* Until 11:38PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:43PM	Moon 2 - Phase 47 - Prathama
	Creative Work	Siddha Yoga	163758678 <b>Rahu</b> 2:43PM – 4:23PM	Kaulava Until 6:15PM	<b>Nataraja:</b> Purple		
			<b>Prathama*</b> Until 6:15PM	Moon – Green		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Friday, April 3, 2026**  
**Gold Retreat Star**

Tula Rasi: 7.13      Tithi 17  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvilyayam Titau

**Gulika** 8:00AM – 9:41AM  
Yama 4:24PM – 6:05PM  
Rahu 11:22AM – 1:02PM

**Svati Until 6:56AM Sat**  
Harshana Until 11:47PM  
Taitila Until 6:57AM  
Dvitiya Until 7:42PM

Anchorage, AK  
Sun 1      Sutra 355  
Visvvasu 5127

Moon 3 - Phase 48 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: Clear      Sunrise: 6:19AM  
Muruga: White      Sunset: 7:46PM  
Nataraja: Purple  
Moon – Green      Chaitra•Panguni

**1**

**Saturday, April 4, 2026**

Tula Rasi: 19.26      Tithi 18  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 6:16AM – 7:58AM  
Yama 2:44PM – 4:25PM  
Rahu 9:39AM – 11:21AM

**Svati Until 6:56AM**  
Vajra\* Until 12:12AM Sun  
Vanija Until 8:36AM  
Tritiya Until 9:32PM

Anchorage, AK  
Sun 2      Sutra 356  
Visvvasu 5127

Moon 3 - Phase 48 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: Clear      Sunrise: 6:16AM  
Muruga: White      Sunset: 7:48PM  
Nataraja: Purple  
Moon – Green      Chaitra•Panguni

**2**

**Sunday, April 5, 2026**

Vrischika Rasi: 1.31      Tithi 19  
Routine Work      Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 4:26PM – 6:09PM  
Yama 1:02PM – 2:44PM  
Rahu 6:09PM – 7:51PM

**Vishakha Until 9:37AM**  
Siddhi Until 12:52AM Mon  
Bava Until 10:36AM  
Chaturthi\* Until 11:41PM

Anchorage, AK  
Sun 3      Sutra 357  
Visvvasu 5127

Moon 3 - Phase 48 - 3  
1st Phase

**Devaloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: White      Sunrise: 6:13AM  
Muruga: White      Sunset: 7:51PM  
Nataraja: Purple  
Moon – Orange      Chaitra•Panguni

**3**

**Monday, April 6, 2026**

Vrischika Rasi: 13.29      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 2:45PM – 4:28PM  
Yama 11:19AM – 1:02PM  
Rahu 7:53AM – 9:36AM

**Anuradha Until 12:24PM**  
Vyatipata\* Until 1:42AM Tue  
Kaulava Until 12:52PM  
Panchami Until 2:03AM Tue

Anchorage, AK  
Sun 4      Sutra 358  
Visvvasu 5127

Moon 3 - Phase 48 - 4  
1st Phase

**Devaloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: White      Sunrise: 6:10AM  
Muruga: White      Sunset: 7:53PM  
Nataraja: Purple  
Moon – Orange      Chaitra•Panguni

**4**

**Tuesday, April 7, 2026**

Vrischika Rasi: 25.23      Tithi 21  
Routine Work      Marana Yoga  
Until 3:09PM  
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 1:01PM – 2:45PM  
Yama 9:34AM – 11:18AM  
Rahu 4:29PM – 6:12PM

**Jyeshtha\* Until 3:09PM**  
Variyan Until 2:33AM Wed  
Gara Until 3:17PM  
Shashthi\* Until 4:28AM Wed

Anchorage, AK  
Sun 5      Sutra 359  
Visvvasu 5127

Moon 3 - Phase 48 - 5  
1st Phase

**Devaloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: White      Sunrise: 6:07AM  
Muruga: White      Sunset: 7:56PM  
Nataraja: Purple  
Moon – Orange      Chaitra•Panguni

**5**

**Wednesday, April 8, 2026**

Dhanus Rasi: 7.16      Tithi 22  
Routine Work      Marana Yoga  
Until 6:12PM  
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 11:17AM – 1:01PM  
Yama 7:48AM – 9:32AM  
Rahu 1:01PM – 2:45PM

**Mula\* Until 6:12PM**  
Parigha\* Until 3:21AM Thu  
Visti Until 5:40PM  
Saptami Until 6:46AM Thu

Anchorage, AK  
Sun 6      Sutra 360  
Visvvasu 5127

Moon 3 - Phase 48 - 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: Yellow      Sunrise: 6:03AM  
Muruga: White      Sunset: 7:59PM  
Nataraja: Purple  
Moon – Light Blue      Chaitra•Panguni

**D**

**Thursday, April 9, 2026**  
**Retreat Star**

Dhanus Rasi: 19.12      Tithi 22 – 23  
Creative Work      Siddha Yoga  
Until 8:53PM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 9:31AM – 11:16AM  
Yama 6:00AM – 7:45AM  
Rahu 2:46PM – 4:31PM

**Purvashadha\* Until 8:53PM**  
Shiva Until 3:56AM Fri  
Balava Until 7:49PM  
Saptami Until 6:46AM

Anchorage, AK  
Sun 7      Sutra 361  
Visvvasu 5127

Moon 3 - Phase 48 - 7  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: Yellow      Sunrise: 6:00AM  
Muruga: White      Sunset: 8:01PM  
Nataraja: Purple  
Moon – Light Blue      Chaitra•Panguni

**Friday, April 10, 2026**  
**Retreat Star**

Makara Rasi: 1.16      Tithi 23 – 24  
Routine Work      Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 7:43AM – 9:29AM  
Yama 4:32PM – 6:18PM  
Rahu 11:15AM – 1:00PM

**Uttarashadha Until 10:57PM**  
Siddha Until 4:05AM Sat  
Taitila Until 9:32PM  
Ashtami\* Until 8:43AM

Anchorage, AK  
Sun 8      Sutra 362  
Visvvasu 5127

Moon 3 - Phase 48 - 8  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Ganesha: Yellow      Sunrise: 5:57AM  
Muruga: White      Sunset: 8:04PM  
Nataraja: Purple  
Moon – Light Blue      Chaitra•Panguni

<b>1</b>		<b>Saturday, April 11, 2026</b>		Visvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Sadya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anchorage, AK Sun 9 Sutra 363	
Makara Rasi: 13.32	Tithi 24 – 25	<b>Gulika</b> 5:54AM – 7:41AM	<b>Shravana Until 12:44AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM			Visvasu 5127	
		Yama 2:47PM – 4:33PM	Sadhya Until 3:44AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 8:06PM		Moon 3 - Phase 49 - 9	2nd Phase	
		193758678 <b>Rahu</b> 9:27AM – 11:14AM	Vanija Until 10:36PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Navami* Until 10:08AM</b>	Moon – Purple			<b>Devaloka Day</b>		
Until 12:44AM Sun				Chaitra+Panguni					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, April 12, 2026</b>		Visvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 10 Sutra 364	
Makara Rasi: 26.07	Tithi 25 – 26	<b>Gulika</b> 4:34PM – 6:22PM	<b>Dhanishtha Until 1:35AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM			Visvasu 5127	
		Yama 1:00PM – 2:47PM	Subha Until 2:47AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 8:09PM		Moon 3 - Phase 49 - 10	2nd Phase	
		193758678 <b>Rahu</b> 6:22PM – 8:09PM	Bava Until 10:53PM	<b>Nataraja:</b> Purple					
Routine Work	Marana Yoga		<b>Dashami Until 10:50AM</b>	Moon – Purple			<b>Devaloka Day</b>		
Until 1:35AM Mon				Chaitra+Panguni					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Monday, April 13, 2026</b>		Visvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 11 Sutra 1	
Kumbha Rasi: 9.04	Tithi 26 – 27	<b>Gulika</b> 2:48PM – 4:36PM	<b>Shatabhishak Until 1:28AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:48AM			Visvasu 5127	
<b>Family Home Evening</b>		Yama 11:12AM – 1:00PM	Sukla Until 1:09AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 8:12PM		Moon 3 - Phase 49 - 11	2nd Phase	
		193758678 <b>Rahu</b> 7:36AM – 9:24AM	Kaulava Until 10:21PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Ekadashi* Until 10:42AM</b>	Moon – Purple			<b>Devaloka Day</b>		
Until 1:28AM Tue				Chaitra+Chaitra					
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 12 Sutra 2	
Kumbha Rasi: 22.28	Tithi 27 – 28	<b>Gulika</b> 12:59PM – 2:48PM	<b>Purvaproshtapada* Until 12:53AM We</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM			Parabhava 5128	
		Yama 9:22AM – 11:11AM	Brahma Until 10:54PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:14PM		Moon 3 - Phase 49 - 12	2nd Phase	
		214758678 <b>Rahu</b> 4:37PM – 6:25PM	Gara Until 9:00PM	<b>Nataraja:</b> Purple					
Routine Work	Marana Yoga		<b>Dvadashi* Until 9:45AM</b>	Moon – Clear			<b>Bhuloka Day</b>		
Until 12:53AM Wed				Chaitra+Chaitra					
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>						

<b>5</b>		<b>Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 13 Sutra 3	
Meena Rasi: 6.19	Tithi 28 – 29	<b>Gulika</b> 11:10AM – 12:59PM	<b>Uttaraproshtapada Until 11:28PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM			Parabhava 5128	
		Yama 7:31AM – 9:20AM	Indra Until 8:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:17PM		Moon 3 - Phase 49 - 13	2nd Phase	
		214758678 <b>Rahu</b> 12:59PM – 2:49PM	Visti Until 6:58PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Trayodashi* Until 8:03AM</b>	Moon – Clear			<b>Bhuloka Day</b>		
Until 11:28PM				Chaitra+Chaitra					
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 14 Sutra 4	
Meena Rasi: 20.35	Tithi 30	<b>Gulika</b> 9:19AM – 11:09AM	<b>Revati Until 9:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM			Parabhava 5128	
		Yama 5:38AM – 7:29AM	Vaidhriti* Until 4:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:19PM		Moon 3 - Phase 49 - 14	Amavasya	
		214858678 <b>Rahu</b> 2:49PM – 4:39PM	Catuspada Until 4:21PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Amavasya* Until 2:51AM Fri</b>	Moon – Clear			<b>Bhuloka Day</b>		
Until 9:22PM				Chaitra+Chaitra			Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 15 Sutra 5	
Mesha Rasi: 5.11	Tithi 1	<b>Gulika</b> 7:26AM – 9:17AM	<b>Ashvini Until 7:11PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:35AM			Parabhava 5128	
		Yama 4:40PM – 6:31PM	Vishkambha* Until 1:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:22PM		Moon 3 - Phase 49 - 15	Prathama	
		224858678 <b>Rahu</b> 11:08AM – 12:59PM	Kintughna Until 1:19PM	<b>Nataraja:</b> Purple					
Creative Work	Amrita Yoga		<b>Prathama* Until 11:41PM</b>	Moon – White			<b>Bhuloka Day</b>		
Until 7:11PM				Vaisaka+Chaitra			Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga									

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Anchorage, AK on 11/19/23

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<b>1</b>	<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Anchorage, AK	
			Bharani/Krittika Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 6	
Mesha Rasi: 20.02	Tithi 2		<b>Gulika</b> 5:32AM – 7:24AM	<b>Bharani Until 4:39PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:32AM	Parabhava 5128	
			Yama 2:50PM – 4:42PM	Priti Until 9:25AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:25PM	Moon 3 - Phase 1 - 16	
		224858678	<b>Rahu</b> 9:15AM – 11:07AM	Balava Until 10:02AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			<b>Dvitiya Until 8:21PM</b>	Moon – White	<b>Bhuloka Day</b>		
Until 4:39PM					Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga								

<b>2</b>	<b>Sunday, April 19, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Anchorage, AK	
			Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Sun 17 Sutra 7	
Vrishabha Rasi: 4.58	Tithi 3 – 4		<b>Gulika</b> 4:43PM – 6:35PM	<b>Krittika Until 1:58PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:29AM	Parabhava 5128	
			Yama 12:58PM – 2:50PM	Saubhagya Until 1:41AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 8:27PM	Moon 3 - Phase 1 - 17	
		224858678	<b>Rahu</b> 6:35PM – 8:27PM	Taitila Until 6:41AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			<b>Tritiya Until 5:00PM</b>	Moon – White	<b>Bhuloka Day</b>		
			<b>Akshaya Tritiya</b>		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

<b>3</b>	<b>Monday, April 20, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Anchorage, AK	
			Rohini/Mrigashira Nakshatra Sobhana Yoga Visi/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 8	
Vrishabha Rasi: 19.5	Tithi 4 – 5		<b>Gulika</b> 2:51PM – 4:44PM	<b>Rohini Until 11:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:26AM	Parabhava 5128	
<b>Family Home Evening</b>			Yama 11:05AM – 12:58PM	Sobhana Until 10:03PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:30PM	Moon 3 - Phase 1 - 18	
		234858678	<b>Rahu</b> 7:19AM – 9:12AM	Bava Until 12:20AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga			<b>Chaturthi* Until 1:49PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
			<b>Adi Sankara Jayanthi</b>		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

<b>4</b>	<b>Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Anchorage, AK	
			Mrigashira/Ardra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 9	
Mithuna Rasi: 4.31	Tithi 5 – 6		<b>Gulika</b> 12:58PM – 2:51PM	<b>Mrigashira Until 9:31AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:23AM	Parabhava 5128	
			Yama 9:10AM – 11:04AM	Athiganda* Until 6:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:32PM	Moon 3 - Phase 1 - 19	
		234858678	<b>Rahu</b> 4:45PM – 6:39PM	Kaulava Until 9:36PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			<b>Panchami Until 10:54AM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
Until 9:31AM					Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga								

<b>5</b>	<b>Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Anchorage, AK	
			Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 10	
Mithuna Rasi: 18.57	Tithi 6 – 7		<b>Gulika</b> 11:03AM – 12:58PM	<b>Ardra Until 7:37AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	Parabhava 5128	
			Yama 7:14AM – 9:09AM	Sukarma Until 3:38PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:35PM	Moon 3 - Phase 1 - 20	
		234858678	<b>Rahu</b> 12:58PM – 2:52PM	Gara Until 7:20PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			<b>Shashthi* Until 8:23AM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
					Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

<b>Retreat Star</b>	<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Anchorage, AK	
			Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 11	
Kataka Rasi: 3.02	Tithi 7 – 8		<b>Gulika</b> 9:07AM – 11:02AM	<b>Punarvasu Until 6:29AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	Parabhava 5128	
			Yama 5:17AM – 7:12AM	Dhriti Until 1:03PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:38PM	Moon 3 - Phase 1 - 21	
		244858678	<b>Rahu</b> 2:52PM – 4:48PM	Bava Until 4:54AM Fri	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Amrita Yoga			<b>Saptami Until 6:22AM</b>	Moon – Blue	<b>Devaloka Day</b>		
					Vaisaka-Chaitra			

<b>Retreat Star</b>	<b>Friday, April 24, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Anchorage, AK	
			Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 12	
Kataka Rasi: 16.48	Tithi 9		<b>Gulika</b> 7:10AM – 9:06AM	<b>Ashlesha* Until 5:26AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Parabhava 5128	
			Yama 4:49PM – 6:45PM	Shula* Until 10:53AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:40PM	Moon 3 - Phase 1 - 22	
		244858679	<b>Rahu</b> 11:01AM – 12:57PM	Balava Until 4:24PM	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga			<b>Navami* Until 4:00AM Sat</b>	Moon – Blue	<b>Sivaloka Day</b>		
Until 5:26AM Sat					Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga								


<b>1</b>		<b>Saturday, April 25, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 13	
Simha Rasi: 0.13	Tithi 10	<b>Gulika</b>	5:11AM – 7:07AM	<b>Magha* Until 5:57AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM	Parabhava 5128		
		Yama	2:53PM – 4:50PM	Ganda* Until 9:12AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:43PM	Moon 3 - Phase 2 - 23		
		254858679 <b>Rahu</b>	9:04AM – 11:00AM	Taitila Until 3:46PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Amrita Yoga			<b>Dashami Until 3:39AM Sun</b>	Moon – Red		<b>Devaloka Day</b>		
Until 5:57AM Sun					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, April 26, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 14	
Simha Rasi: 13.21	Tithi 11	<b>Gulika</b>	4:51PM – 6:48PM	<b>Purvaphalguni Until 6:49AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	Parabhava 5128		
		Yama	12:57PM – 2:54PM	Vriddhi Until 7:57AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:46PM	Moon 3 - Phase 2 - 24		
		255858679 <b>Rahu</b>	6:48PM – 8:46PM	Vanija Until 3:41PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga			<b>Ekadashi Until 3:48AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>		
					Vaisaka-Chaitra		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>3</b>		<b>Monday, April 27, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 15	
Simha Rasi: 26.13	Tithi 12	<b>Gulika</b>	2:55PM – 4:52PM	<b>Purvaphalguni Until 6:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	Parabhava 5128		
<b>Family Home Evening</b>		Yama	10:59AM – 12:57PM	Dhruva Until 7:04AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:48PM	Moon 3 - Phase 2 - 25		
		255858679 <b>Rahu</b>	7:03AM – 9:01AM	Bava Until 4:04PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga			<b>Dvadashi Until 4:24AM Tue</b>	Moon – Red		<b>Bhuloka Day</b>		
					Vaisaka-Chaitra		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>4</b>		<b>Tuesday, April 28, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 16	
Kanya Rasi: 8.53	Tithi 13	<b>Gulika</b>	12:56PM – 2:55PM	<b>Uttaraphalguni Until 7:57AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Parabhava 5128		
		Yama	8:59AM – 12:58AM	Vyaghata* Until 6:33AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:51PM	Moon 3 - Phase 2 - 26		
		255858679 <b>Rahu</b>	4:54PM – 6:52PM	Kaulava Until 4:53PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Amrita Yoga			<b>Trayodashi Until 5:25AM Wed</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 7:57AM					Vaisaka-Chaitra		<b>Devaloka Time: 6:PM to 9:PM</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, April 29, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 17	
Kanya Rasi: 21.22	Tithi 14	<b>Gulika</b>	10:57AM – 12:56PM	<b>Hasta Until 9:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Parabhava 5128		
		Yama	6:58AM – 8:58AM	Harshana Until 6:22AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:54PM	Moon 3 - Phase 2 - 27		
		265858679 <b>Rahu</b>	12:56PM – 2:56PM	Gara Until 6:04PM	<b>Nataraja:</b> Clear		4th Phase		
Routine Work	Marana Yoga			<b>Chaturdashi* Until 6:46AM Thu</b>	Moon – Green		<b>Devaloka Day</b>		
Until 9:47AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

		<b>Thursday, April 30, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sutra 18	
Tula Rasi: 3.41	Tithi 14 – 15	<b>Gulika</b>	8:56AM – 10:56AM	<b>Chitra Until 11:48AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:56AM	Parabhava 5128		
		Yama	4:56AM – 6:56AM	Vajra* Until 6:25AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:56PM	Moon 3 - Phase 2 - Purnima		
		265858679 <b>Rahu</b>	2:56PM – 4:56PM	Visti Until 7:35PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:46AM</b>	Moon – Green		<b>Devaloka Day</b>		
Until 11:48AM					Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga		<b>Budha Purnima (Tamil Nadu)</b>							

<b>Friday, May 1, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 19		
<b>Silver Retreat Star</b>		<b>Gulika</b>	6:52AM – 8:53AM	<b>Svati Until 1:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Parabhava 5128	
Tula Rasi: 15.53	Tithi 15 – 16	Yama	4:59PM – 7:00PM	Siddhi Until 6:43AM	<b>Muruga:</b> White	<i>Sunset:</i> 9:01PM	Moon 3 - Phase 2 - Prathama	
		265858679 <b>Rahu</b>	10:55AM – 12:56PM	Balava Until 9:24PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga			<b>Purnima* Until 8:26AM</b>	Moon – Green		<b>Devaloka Day</b>	
					Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda