

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 1:34PM  
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Indu Vasara Yukityam Albany NY  
 Svali/Vishkha Nakshatra Vajra 7/Siddhi Yoga Talilla/Gara Karana Divlyayam Tisau Sutra 1  
**Gulika** 1:34PM - 3:14PM **Svali Until 1:34PM** **Ganesh:** Yellow Sunrise: 5:54AM **Vasarasu 5:127**  
**Yama** 10:15AM - 11:54AM **Vajra\* Until 12:07PM** **Muruga:** Clear Sunset: 6:24PM **Moon 3 - Phase 1 -**  
**Rahu** 6:55AM - 8:35AM **Talilla Until 11:16AM** **Nataraja:** Clear **1st Phase**  
**Tamil New Year** **Dvitiya Until 12:28AM Tue** **Chaitra-Chaitra** **Devaloka Day**

**1 Tuesday, April 15, 2025**

Tula Rasi: 28.02 Tithi 18  
 Routine Work Marana Yoga  
 Until 4:40PM  
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Mangala Vasara Yukityam Albany NY  
 Vishkha/Anuradha Nakshatra Siddhi/Vyaptipa\* Yoga Vanja/Visi\* Karana Trityayam Tisau Sun 1 **Sutra 2**  
**Gulika** 11:54AM - 1:34PM **Vishkha Until 4:40PM** **Ganesh:** Blue Sunrise: 5:13AM **Vasarasu 5:127**  
**Yama** 8:34AM - 10:14AM **Siddhi Until 1:01PM** **Muruga:** Clear Sunset: 6:25PM **Moon 3 - Phase 1 - 1**  
**Rahu** 3:15PM - 4:55PM **Vanja Until 1:41PM** **Nataraja:** Clear **1st Phase**  
**Trityiya Until 2:49AM Wed** **Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**2 Wednesday, April 16, 2025**

Wishika Rasi: 9.58 Tithi 19  
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Butha Vasara Yukityam Albany NY  
 Anuradha Nakshatra Vyatipata\* Mariyan Yoga Bava/Balava Karana Chaturthayam Tisau Sun 2 **Sutra 3**  
**Gulika** 10:13AM - 11:54AM **Anuradha Until 7:24PM** **Ganesh:** Blue Sunrise: 5:12AM **Vasarasu 5:127**  
**Yama** 5:10AM - 6:51AM **Vyaptipata\* Until 1:47PM** **Muruga:** Clear Sunset: 6:26PM **Moon 3 - Phase 1 - 2**  
**Rahu** 11:54AM - 1:35PM **Bava Until 3:55PM** **Nataraja:** Clear **1st Phase**  
**Chaturthi\* Until 4:54AM Thu** **Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**3 Thursday, April 17, 2025**

Wishika Rasi: 21.59 Tithi 20  
 Routine Work Prabalarishta Yoga  
 Until 9:40PM  
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Guru Vasara Yukityam Albany NY  
 Jyeshtha\* Nakshatra Varjyan/Parigaha\* Yoga Kaulava/Talilla Karana Panchmayam Tisau Sun 3 **Sutra 4**  
**Gulika** 8:32AM - 10:13AM **Jyeshtha\* Until 9:40PM** **Ganesh:** Blue Sunrise: 5:10AM **Vasarasu 5:127**  
**Yama** 5:10AM - 6:51AM **Varjyan Until 2:17PM** **Muruga:** Clear Sunset: 6:27PM **Moon 3 - Phase 1 - 3**  
**Rahu** 1:35PM - 3:16PM **Kaulava Until 5:51PM** **Nataraja:** Clear **1st Phase**  
**Panchami Until 6:39AM Fri** **Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**4 Friday, April 18, 2025**

Dhanus Rasi: 4.09 Tithi 20 - 21  
 Creative Work Amrita Yoga  
 Until 11:51PM  
 Then Routine Work - Prabalarishta Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Sakra Vasara Yukityam Albany NY  
 Mula\* Nakshatra Parigaha/Shiva Yoga Talilla/Gara Karana Panchami/Shashthiyam Tisau Sun 4 **Sutra 5**  
**Gulika** 6:50AM - 8:31AM **Mula\* Until 11:51PM** **Ganesh:** Red Sunrise: 5:08AM **Vasarasu 5:127**  
**Yama** 3:16PM - 4:57PM **Parigaha\* Until 2:31PM** **Muruga:** Clear Sunset: 6:28PM **Moon 3 - Phase 1 - 4**  
**Rahu** 10:12AM - 11:54AM **Gara Until 7:22PM** **Nataraja:** Clear **1st Phase**  
**Panchami Until 6:39AM** **Chaitra-Chaitra** **Devaloka Day**

**5 Saturday, April 19, 2025**

Dhanus Rasi: 16.31 Tithi 21 - 22  
 Creative Work Siddha Yoga  
 Until 1:20AM Sun  
 Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Maria Vasara Yukityam Albany NY  
 Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanja/Visi\* Karana Shashthi/Saptamam Tisau Sun 5 **Sutra 6**  
**Gulika** 5:07AM - 6:49AM **Purvashadha\* Until 1:20AM Sun** **Ganesh:** Red Sunrise: 5:07AM **Vasarasu 5:127**  
**Yama** 1:35PM - 3:17PM **Shiva Until 2:23PM** **Muruga:** Clear Sunset: 6:40PM **Moon 3 - Phase 1 - 5**  
**Rahu** 8:30AM - 10:12AM **Visi Until 8:22PM** **Nataraja:** Clear **1st Phase**  
**Shashthi\* Until 7:55AM** **Chaitra-Chaitra** **Devaloka Day**

**Retreat Star Sunday, April 20, 2025**

Dhanus Rasi: 29.08 Tithi 22 - 23  
 Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Bhava/Vajra Yukityam Albany NY  
 Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami/Navamam Tisau Sun 6 **Sutra 7**  
**Gulika** 3:17PM - 4:59PM **Uttarashadha Until 2:02AM Mon** **Ganesh:** Red Sunrise: 5:05AM **Vasarasu 5:127**  
**Yama** 11:53AM - 1:35PM **Siddha Until 1:44PM** **Muruga:** Clear Sunset: 6:41PM **Moon 3 - Phase 1 - 6**  
**Rahu** 4:59PM - 6:41PM **Balava Until 8:42PM** **Nataraja:** Clear **1st Phase**  
**Saptami Until 8:36AM** **Chaitra-Chaitra** **Devaloka Day**

**Monday, April 21, 2025**

Makara Rasi: 12.04 Tithi 23 - 24  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 2:18AM Tue  
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Paksho Indu Vasara Yukityam Albany NY  
 Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Talilla Karana Ashtami/Navamam Tisau Sun 7 **Sutra 8**  
**Gulika** 1:35PM - 3:17PM **Shravana Until 2:18AM Tue** **Ganesh:** Green Sunrise: 5:04AM **Vasarasu 5:127**  
**Yama** 10:11AM - 11:53AM **Sadhya Until 12:32PM** **Muruga:** Clear Sunset: 6:42PM **Moon 3 - Phase 1 - 7**  
**Rahu** 6:46AM - 8:28AM **Talilla Until 8:19PM** **Nataraja:** Clear **1st Phase**  
**Chidambaram Abhishekam** **Ashtami\* Until 8:35AM** **Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Albany, NY on 2/11/24

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## 1 Tuesday, April 22, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukitayam Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashayam Titau				Sun 8	Albany NY Sufra 9 Vasavasu 5127
Makara Rasi: 25.25	Tithi 24 – 25	<b>Gulika</b> 11:53AM – 1:35PM	<b>Dhanishtha Until 1:40AM Wed</b>	<b>Ganesha:</b> Green	Sunrise: 5:03AM		
		<b>Yama</b> 8:27AM – 10:10AM	<b>Sukha Until 10:46AM</b>	<b>Muruga:</b> Clear	Sunset: 6:43PM	Moon 3 - Phase 2 - 8	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 293298578 3:18PM – 5:00PM	<b>Navami* Until 7:10PM</b>	<b>Nataraja:</b> Clear			
			<b>Navami* Until 7:49AM</b>	<b>Moon - Purple</b>			<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

## 2 Wednesday, April 23, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Budha Vasara Yukitayam Shalabhishak Nakshatra Sukla/Brahma Yoga Vist/Balava Karana Dashami/Dashayam Titau				Sun 9	Albany NY Sufra 10 Vasavasu 5127
Kumbha Rasi: 9.11	Tithi 25 – 26	<b>Gulika</b> 10:10AM – 11:52AM	<b>Shalabhishak Until 12:10AM Thu</b>	<b>Ganesha:</b> Green	Sunrise: 5:01AM		
		<b>Yama</b> 6:44AM – 8:27AM	<b>Sukla Until 8:21AM</b>	<b>Muruga:</b> Clear	Sunset: 6:44PM	Moon 3 - Phase 2 - 9	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 293298578 11:52AM – 1:35PM	<b>Balava Until 4:03AM Thu</b>	<b>Nataraja:</b> Clear			
			<b>Dashami Until 6:17AM</b>	<b>Moon - Purple</b>			<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

## 3 Thursday, April 24, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukitayam Puruvproshthapada Nakshatra Indra Yoga Kaulava/Tallita Karana Dvadashyam Titau				Sun 10	Albany NY Sufra 11 Vasavasu 5127
Kumbha Rasi: 23.24	Tithi 27	<b>Gulika</b> 8:26AM – 10:09AM	<b>Puruvproshthapada* Until 10:20PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:59AM		
		<b>Yama</b> 4:59AM – 6:43AM	<b>Indra Until 1:57AM Fri</b>	<b>Muruga:</b> Clear	Sunset: 6:46PM	Moon 3 - Phase 2 - 10	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 213298579 1:36PM – 3:19PM	<b>Kaulava Until 2:43PM</b>	<b>Nataraja:</b> Purple			
			<b>Dvadashi* Until 1:13AM Fri</b>	<b>Moon - Clear</b>			<b>Devaloka Day</b>

## 4 Friday, April 25, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Sukra Vasara Yukitayam Uttarproshthapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11	Albany NY Sufra 12 Vasavasu 5127
Meena Rasi: 8.02	Tithi 28	<b>Gulika</b> 6:41AM – 8:25AM	<b>Uttarproshthapada Until 7:52PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:58AM		
		<b>Yama</b> 3:19PM – 5:03PM	<b>Vaidhiti* Until 10:06PM</b>	<b>Muruga:</b> Clear	Sunset: 6:46PM	Moon 3 - Phase 2 - 11	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 213298579 10:09AM – 11:52AM	<b>Gara Until 11:38AM</b>	<b>Nataraja:</b> Purple			
			<b>Trayodashi* Until 9:54PM</b>	<b>Moon - Clear</b>			<b>Devaloka Day</b>

Pradosha Vata (Fasting)

## 5 Saturday, April 26, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Krishna Paksha Mania Vasara Yukitayam Revati/Ashvini Nakshatra Vishkambha* Pili* Yoga Vist/Sakuni* Karana Chaturdashyam Titau				Sun 12	Albany NY Sufra 13 Vasavasu 5127
Meena Rasi: 23	Tithi 29	<b>Gulika</b> 4:56AM – 6:40AM	<b>Revati Until 4:56PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:56AM		
		<b>Yama</b> 1:36PM – 3:20PM	<b>Vishkambha* Until 5:59PM</b>	<b>Muruga:</b> Clear	Sunset: 6:48PM	Moon 3 - Phase 2 - 12	2nd Phase
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 213298579 8:24AM – 10:08AM	<b>Vistil Until 8:08AM</b>	<b>Nataraja:</b> Purple			
Until 4:56PM			<b>Chaturdashi* Until 6:16PM</b>	<b>Moon - Clear</b>			<b>Devaloka Day</b>

## ● Sunday, April 27, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Shrau Vasara Yukitayam Ashvini/Bharani Nakshatra Praligochman Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13	Albany NY Sufra 14 Vasavasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 3:20PM – 5:04PM	<b>Ashvini Until 2:05PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:55AM		
Mesha Rasi: 8.11	Tithi 30 – 1	<b>Yama</b> 11:52AM – 1:36PM	<b>Pili Until 1:45PM</b>	<b>Muruga:</b> Clear	Sunset: 6:49PM	Moon 3 - Phase 2 - 13	Amavasya
Creative Work	Siddha Yoga	<b>Rahu</b> 224298579 5:04PM – 6:49PM	<b>Kintughna Until 12:35AM Mon</b>	<b>Nataraja:</b> Purple			
Until 2:05PM			<b>Amavasya* Until 2:29PM</b>	<b>Moon - White</b>			<b>Sivaloka Day</b>

## Monday, April 28, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukitayam Bharani/Kritika Nakshatra Ajyoshman/Saudhagga Yoga Bava/Balava Karana Prathama/Olityayam Titau				Sun 14	Albany NY Sufra 15 Vasavasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 1:36PM – 3:21PM	<b>Bharani Until 11:06AM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:53AM		
Mesha Rasi: 23.25	Tithi 1 – 2	<b>Yama</b> 10:07AM – 11:52AM	<b>Ayushman Until 9:30AM</b>	<b>Muruga:</b> Clear	Sunset: 6:50PM	Moon 3 - Phase 2 - 14	Prathama
<b>Family Home Evening</b>		<b>Rahu</b> 224298579 6:38AM – 8:23AM	<b>Balava Until 8:51PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Prathama* Until 10:41AM</b>	<b>Moon - White</b>			<b>Sivaloka Day</b>
Until 11:06AM							
Then Routine Work - Marana Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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<b>1 Tuesday, April 29, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Titau		Sun 15	Albany NY Sufra 16 Vasvasu 5127
Wishabha Rasi: 8.33	Tilthi 2 - 3	<b>Gulika</b> 11:51AM - 1:36PM <b>Yama</b> 8:22AM - 10:07AM <b>Rahu</b> 3:21PM - 5:06PM	<b>Kritika Untill 8:10AM</b> Sobhana Untill 1:33AM Wed Gara Untill 3:46AM Wed <b>Dwitiya Untill 7:03AM</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - White	Sunrise: 4:52AM Sunset: 6:51PM Moon 3 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga	224298579			<b>Sivaloka Day</b>
Untill 8:10AM					
Then Creative Work - Amrita Yoga					
<b>2 Wednesday, April 30, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vasara Yuktayam Mrigashira Nakshatra Ahinganda* Yoga Vanja/Visi* Karana Chalurthiyam Titau		Sun 16	Albany NY Sufra 17 Vasvasu 5127
Wishabha Rasi: 23.25	Tilthi 4	<b>Gulika</b> 10:06AM - 11:51AM <b>Yama</b> 6:36AM - 8:21AM <b>Rahu</b> 11:51AM - 1:37PM	<b>Mrigashira Untill 3:53AM Thu</b> Ahinganda* Untill 10:05PM Vanija Untill 2:19PM <b>Chalurthi* Untill 12:58AM Thu</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Yellow	Sunrise: 4:51AM Sunset: 6:52PM Moon 3 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga	234398579			<b>Devaloka Day</b>
Untill 3:53AM Thu					
Then Routine Work - Marana Yoga					
<b>3 Thursday, May 1, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vasara Yuktayam Ardra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Titau		Sun 17	Albany NY Sufra 18 Vasvasu 5127
Mithuna Rasi: 7.55	Tilthi 5	<b>Gulika</b> 8:20AM - 10:06AM <b>Yama</b> 4:49AM - 6:35AM <b>Rahu</b> 1:37PM - 3:22PM	<b>Ardra Untill 2:27AM Fri</b> Sukama Untill 7:09PM Bava Untill 11:49AM <b>Panchami Untill 10:49PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Yellow	Sunrise: 4:49AM Sunset: 6:53PM Moon 3 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga	234398579			<b>Devaloka Day</b>
Untill 2:27AM Fri					
Then Creative Work - Siddha Yoga					
<b>4 Friday, May 2, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Tailika Karana Shashthiyam Titau		Sun 18	Albany NY Sufra 19 Vasvasu 5127
Mithuna Rasi: 21.57	Tilthi 6	<b>Gulika</b> 6:34AM - 8:20AM <b>Yama</b> 3:23PM - 5:08PM <b>Rahu</b> 10:05AM - 11:51AM	<b>Punarvasu Untill 2:04AM Sat</b> Dhriti Untill 4:50PM Kaulava Untill 10:02AM <b>Shashthi* Untill 9:24PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:48AM Sunset: 6:54PM Moon 3 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga	244398579			<b>Sivaloka Day</b>
<b>5 Saturday, May 3, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vasara Yuktayam Pushya Nakshatra Ganda*Widdhi/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 19	Albany NY Sufra 20 Vasvasu 5127
Kataka Rasi: 5.31	Tilthi 7	<b>Gulika</b> 4:47AM - 6:33AM <b>Yama</b> 1:37PM - 3:23PM <b>Rahu</b> 8:19AM - 10:05AM	<b>Pushya Untill 2:22AM Sun</b> Shula* Untill 3:09PM Gara Untill 9:02AM <b>Saptami Untill 8:50PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:47AM Sunset: 6:55PM Moon 3 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	244398579			<b>Sivaloka Day</b>
<b>Sunday, May 4, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*Widdhi Yoga Visi*/Bava Karana Ashtamyam Titau		Sun 20	Albany NY Sufra 21 Vasvasu 5127
Kataka Rasi: 18.37	Tilthi 8	<b>Gulika</b> 3:24PM - 5:10PM <b>Yama</b> 11:51AM - 1:37PM <b>Rahu</b> 5:10PM - 6:56PM	<b>Ashlesha* Untill 3:20AM Mon</b> Ganda* Untill 2:09PM Visi Untill 8:53AM <b>Ashtami* Untill 9:06PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:45AM Sunset: 6:56PM Moon 3 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga	244398579			<b>Sivaloka Day</b>
Untill 3:20AM Mon					
Then Routine Work - Marana Yoga					
<b>Monday, May 5, 2025</b>		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau		Sun 21	Albany NY Sufra 22 Vasvasu 5127
Simha Rasi: 1.18	Tilthi 9	<b>Gulika</b> 1:37PM - 3:24PM <b>Yama</b> 10:04AM - 11:51AM <b>Rahu</b> 6:31AM - 8:17AM	<b>Magha* Untill 5:20AM Tue</b> Viddhi Untill 1:48PM Balava Untill 9:33AM <b>Navami* Untill 10:09PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sunrise: 4:44AM Sunset: 6:58PM Moon 3 - Phase 3 - 21 Navami
Family Home Evening	Marana Yoga	254318579			<b>Devaloka Day</b>
Routine Work					
Untill 5:20AM Tue					
Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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<b>1 Tuesday, May 6, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Мангала Васара Yuktayam Sun 22 Albany NY Paruphaguni Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashayam Titau Sufra 23 Vasarasu 5127			
Simha Rasi: 13.4	Tithi 10	<b>Gulika</b> 11:51AM - 1:38PM	<b>Purvaphaguni Until 7:46AM Wed</b>	<b>Ganesha:</b> White	Sunrise: 4:43AM
		Yama 8:17AM - 10:04AM	Dhruva Until 1:57PM	<b>Muruga:</b> Red	Sunset: 6:59PM
		254318579 <b>Rahu</b> 3:25PM - 5:12PM	Taililla Until 10:56AM	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 - 22
Creative Work	Siddha Yoga		<b>Dashami Until 11:50PM</b>	Moan - Red	4th Phase
Until 7:46AM Wed				<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Viswaha-Chaitra</b>	
<b>2 Wednesday, May 7, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Бадха Васара Yuktayam Sun 23 Albany NY Purvaphaguni Nakshatra Vyaghata* Harshana Yoga Vanja/Ved* Karana Ekadashyam Titau Sufra 24 Vasarasu 5127			
Simha Rasi: 25.46	Tithi 11	<b>Gulika</b> 10:03AM - 11:51AM	<b>Purvaphaguni Until 7:46AM</b>	<b>Ganesha:</b> White	Sunrise: 4:42AM
		Yama 6:29AM - 8:16AM	Vyaghata* Until 2:33PM	<b>Muruga:</b> Red	Sunset: 7:02PM
		254318579 <b>Rahu</b> 11:51AM - 1:38PM	Vanija Until 12:54PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 - 23
Creative Work	Amrita Yoga		<b>Ekadashi Until 2:01AM Thu</b>	Moan - Red	4th Phase
				<b>Devaloka Day</b>	
				<b>Viswaha-Chaitra</b>	
<b>3 Thursday, May 8, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Guru Vasara Yuktayam Sun 24 Albany NY Uttaraphaguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sufra 25 Vasarasu 5127			
Kanya Rasi: 7.43	Tithi 12	<b>Gulika</b> 8:15AM - 10:03AM	<b>Uttaraphaguni Until 10:27AM</b>	<b>Ganesha:</b> White	Sunrise: 4:40AM
		Yama 4:40AM - 6:28AM	Harshana Until 3:27PM	<b>Muruga:</b> Red	Sunset: 7:01PM
		254318579 <b>Rahu</b> 1:38PM - 3:26PM	Bava Until 3:15PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 - 24
	Amrita Yoga		<b>Dvadashi Until 4:29AM Fri</b>	Moan - Red	4th Phase
Until 10:27AM				<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Viswaha-Chaitra</b>	
<b>4 Friday, May 9, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Sukra Vasara Yuktayam Sun 25 Albany NY Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau Sufra 26 Vasarasu 5127			
Kanya Rasi: 19.33	Tithi 13	<b>Gulika</b> 6:27AM - 8:15AM	<b>Hasta Until 1:40PM</b>	<b>Ganesha:</b> White	Sunrise: 4:39AM
		Yama 3:26PM - 5:14PM	Vajra* Until 4:28PM	<b>Muruga:</b> Red	Sunset: 7:02PM
		265318579 <b>Rahu</b> 10:03AM - 11:51AM	Kaulava Until 5:48PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 - 25
Creative Work	Amrita Yoga		<b>Trayodashi Until 7:04AM Sat</b>	Moan - Green	4th Phase
Until 1:40PM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Viswaha-Chaitra</b>	
				<b>Pradosha Vata</b>	
<b>5 Saturday, May 10, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Manu Vasara Yuktayam Sun 26 Albany NY Chitra/Svati Nakshatra Siddhi/Vyaptipala* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau Sufra 27 Vasarasu 5127			
Tula Rasi: 1.21	Tithi 13 - 14	<b>Gulika</b> 4:38AM - 6:26AM	<b>Chitra Until 4:47PM</b>	<b>Ganesha:</b> White	Sunrise: 4:38AM
		Yama 1:39PM - 3:27PM	Siddhi Until 5:31PM	<b>Muruga:</b> Red	Sunset: 7:03PM
		265318579 <b>Rahu</b> 8:14AM - 10:02AM	Gara Until 8:22PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 - 26
Routine Work	Marana Yoga		<b>Trayodashi Until 7:04AM</b>	Moan - Green	4th Phase
Until 4:47PM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Viswaha-Chaitra</b>	
<b>○ Sunday, May 11, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Сукіа Пакхіе Bhanu Vasara Yuktayam Sun 27 Albany NY Svati Nakshatra Vyaptipala* Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Titau Sufra 28 Vasarasu 5127			
Tula Rasi: 13.1	Tithi 14 - 15	<b>Gulika</b> 3:27PM - 5:16PM	<b>Svati Until 7:39PM</b>	<b>Ganesha:</b> White	Sunrise: 4:27AM
		Yama 11:50AM - 1:39PM	Vyaptipala* Until 6:32PM	<b>Muruga:</b> Red	Sunset: 7:04PM
		265318579 <b>Rahu</b> 5:16PM - 7:04PM	Visli Until 10:50PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 - 27
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:36AM</b>	Moan - Green	Purnima
Until 7:39PM				<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Viswaha-Chaitra</b>	
				<b>Mother's Day</b>	
<b>Monday, May 12, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратана Рібату Меша Месе Krishna Pakshi Indu Vasara Yuktayam Albany NY Vishakha Nakshatra Varjyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sufra 29 Vasarasu 5127			
Tula Rasi: 25.02	Tithi 15 - 16	<b>Gulika</b> 1:39PM - 3:28PM	<b>Vishakha Until 10:40PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:36AM
		Yama 10:02AM - 11:50AM	Varjyan Until 7:22PM	<b>Muruga:</b> Red	Sunset: 7:05PM
		275318579 <b>Rahu</b> 6:24AM - 8:13AM	Balava Until 1:07AM Tue	<b>Nataraja:</b> Purple	Moon 3 - Phase 4 -
<b>Family Home Evening</b>			<b>Purnima* Until 11:59AM</b>	Moan - Orange	Prathama
Routine Work	Marana Yoga			<b>Subha Sivaloka Day</b>	
Until 10:40PM				<b>Viswaha-Chaitra</b>	
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Tuesday, May 13, 2025**  
**Gold Retreat Star**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau	Albany, NY Sufra 30
	<b>Gulika</b>	<b>11:50AM - 1:39PM</b>	<b>Anuradha Until 1:17AM Wed</b>
Wischika Rasi: 6.59	Tithi 16 - 17	Yama 8:12AM - 10:01AM	Parigha* Until 8:03PM
	<b>Rahu</b>	<b>3:28PM - 5:17PM</b>	Tailita Until 3:08AM Wed
Creative Work	Siddha Yoga		Prathama* Until 2:08PM
			<b>Sivaloka Day</b>

**1**

**Wednesday, May 14, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitya/Triyayam Titau	Albany, NY Sufra 31
	<b>Gulika</b>	<b>10:01AM - 11:50AM</b>	<b>Jyeshtha* Until 3:27AM Thu</b>
Wischika Rasi: 19.02	Tithi 17 - 18	Yama 6:23AM - 8:12AM	Shiva Until 8:31PM
	<b>Rahu</b>	<b>11:50AM - 1:40PM</b>	Vanija Until 4:51AM Thu
Creative Work	Siddha Yoga		Dvitiya Until 4:01PM
			<b>Sivaloka Day</b>

**2**

**Thursday, May 15, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddha Yoga Visi* Bava Karana Tritiya/Chaturtham Titau	Albany, NY Sufra 32
	<b>Gulika</b>	<b>8:11AM - 10:01AM</b>	<b>Mula* Until 5:37AM Fri</b>
Dhanus Rasi: 1.12	Tithi 18 - 19	Yama 4:32AM - 6:22AM	Siddha Until 8:42PM
	<b>Rahu</b>	<b>1:40PM - 3:29PM</b>	Bava Until 6:14AM Fri
Creative Work	Siddha Yoga		Tritiya Until 5:34PM
Until 5:37AM Fri			<b>Subha Sivaloka Day</b>
Then Routine Work - Prabarishtha Yoga			

**3**

**Friday, May 16, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashada* Utlarashada Sadhya Yoga Bava/Balava Karana Chaturtham Titau	Albany, NY Sufra 33
	<b>Gulika</b>	<b>6:21AM - 8:11AM</b>	<b>Purvashada* Until 7:14AM Sat</b>
Dhanus Rasi: 13.31	Tithi 19	Yama 3:30PM - 5:20PM	Sadya Until 8:37PM
	<b>Rahu</b>	<b>10:01AM - 11:50AM</b>	Bava Until 6:14AM
Routine Work	Prabarishtha Yoga		Chaturthi* Until 6:46PM
Until 7:14AM Sat			<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga			

**4**

**Saturday, May 17, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mani Vasara Yuktayam Purvashada* Utlarashada Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Titau	Albany, NY Sufra 34
	<b>Gulika</b>	<b>4:30AM - 6:20AM</b>	<b>Purvashada* Until 7:14AM</b>
Dhanus Rasi: 26	Tithi 20	Yama 1:40PM - 3:30PM	Subha Until 8:13PM
	<b>Rahu</b>	<b>8:10AM - 10:00AM</b>	Kaulava Until 7:13AM
Creative Work	Siddha Yoga		Panchami Until 7:31PM
Until 7:14AM			<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga			

**5**

**Sunday, May 18, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Utlarashada/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shasthyam Titau	Albany, NY Sufra 35
	<b>Gulika</b>	<b>3:31PM - 5:21PM</b>	<b>Utlarashada Until 8:15AM</b>
Makara Rasi: 8.42	Tithi 21	Yama 11:50AM - 1:41PM	Sukla Until 7:24PM
	<b>Rahu</b>	<b>5:21PM - 7:11PM</b>	Gara Until 7:45AM
Creative Work	Amrita Yoga		Shashthi* Until 7:47PM
			<b>Subha Sivaloka Day</b>

**6**

**Monday, May 19, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Brahma Vasara Yuktayam Shravana/Dhanishtha Nakshatra Brahma Yoga Visi* Bava Karana Saptamam Titau	Albany, NY Sufra 36
	<b>Gulika</b>	<b>1:41PM - 3:31PM</b>	<b>Shravana Until 9:03AM</b>
Makara Rasi: 21.39	Tithi 22	Yama 10:00AM - 11:50AM	Brahma Until 6:08PM
<b>Family Home Evening</b>		<b>Rahu</b> <b>6:19AM - 8:10AM</b>	Visi Until 7:43AM
Creative Work	Amrita Yoga		Saptami Until 7:28PM
Until 9:03AM			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			

**Retreat Star**

**Tuesday, May 20, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Ahtamam Titau	Albany, NY Sufra 37
	<b>Gulika</b>	<b>11:51AM - 1:41PM</b>	<b>Dhanishtha Until 9:06AM</b>
Kumbha Rasi: 4.55	Tithi 23	Yama 8:09AM - 10:00AM	Indra Until 4:23PM
	<b>Rahu</b>	<b>3:32PM - 5:23PM</b>	Balava Until 7:06AM
Creative Work	Siddha Yoga		Ashlami* Until 6:31PM
Until 9:06AM			<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			

**Wednesday, May 21, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvashodhadasa* Nakshatra Vaidhri* Vohkambha* Yoga Gara/Vanija Karana Navamam/Dvityayam Titau	Albany, NY Sufra 38
	<b>Gulika</b>	<b>10:00AM - 11:51AM</b>	<b>Shatabhishak Until 8:22AM</b>
Kumbha Rasi: 18.32	Tithi 24 - 25	Yama 6:18AM - 8:09AM	Vaidhri* Until 2:05PM
	<b>Rahu</b>	<b>11:51AM - 1:42PM</b>	Vanija Until 3:55AM Thu
Creative Work	Siddha Yoga		Navam* Until 4:56PM
Until 8:22AM			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b> <b>Thursday, May 22, 2025</b>		Vishvasu Nama Samvatsare Uтарыны Нартапа Рйтау Vishabha Mase Krishna Paksha Guru Vasara Yuktayam Puravproshthapada/Ultragroshthapada Nakshatra Vishkambha (Pithi Yoga Vesi)Bava Karana Dashami/Ekadashyam Titau				Sun 9	Albany, NY Sufra 39 Vasvasu 5127
Mesha Rasi: 2.34	Tithi 25 – 26	<b>Gulika</b> 8:08AM – 10:00AM	<b>Puravproshthapada</b> Until 7:17AM	<b>Ganesha:</b> White	Sunrise: 4:26AM		
		Yama 4:26AM – 6:17AM	Vishkambha" Until 11:18AM	<b>Muruga:</b> Red	Sunset: 7:19PM	Moon 4 - Phase 6 - 9	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 1:42PM – 3:33PM	Bava Until 1:26AM Fri	<b>Nataraja:</b> Purple			
			<b>Dashami</b> Until 2:43PM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Vasubha-Vaikunthi</b>			

<b>2</b> <b>Friday, May 23, 2025</b>		Vishvasu Nama Samvatsare Uтарыны Нартапа Рйтау Vishabha Mase Krishna Paksha Sukra Vasara Yuktayam Revati Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10	Albany, NY Sufra 40 Vasvasu 5127
Mesha Rasi: 16.58	Tithi 26 – 27	<b>Gulika</b> 6:17AM – 8:08AM	<b>Revati</b> Until 3:06AM Sat	<b>Ganesha:</b> White	Sunrise: 4:25AM		
		Yama 3:33PM – 5:25PM	Pithi Until 8:03AM	<b>Muruga:</b> Red	Sunset: 7:16PM	Moon 4 - Phase 6 - 10	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 9:59AM – 11:51AM	Kaulava Until 10:26PM	<b>Nataraja:</b> Purple			
			<b>Ekadashi</b> Until 11:58AM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Vasubha-Vaikunthi</b>			

<b>3</b> <b>Saturday, May 24, 2025</b>		Vishvasu Nama Samvatsare Uтарыны Нартапа Рйтау Vishabha Mase Krishna Paksha Manta Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11	Albany, NY Sufra 41 Vasvasu 5127
Mesha Rasi: 1.42	Tithi 27 – 28	<b>Gulika</b> 4:24AM – 6:16AM	<b>Ashvini</b> Until 12:37AM Sun	<b>Ganesha:</b> Green	Sunrise: 4:24AM		
		Yama 1:42PM – 3:34PM	Saubhagya Until 12:30AM Sun	<b>Muruga:</b> Red	Sunset: 7:17PM	Moon 4 - Phase 6 - 11	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 8:08AM – 9:59AM	Gara Until 7:05PM	<b>Nataraja:</b> Purple			
Until 12:37AM Sun			<b>Dvadashi</b> Until 8:47AM	Moon – White		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Vasubha-Vaikunthi</b>			
				<i>Pradosha Vata (Fasting)</i>			

<b>4</b> <b>Sunday, May 25, 2025</b>		Vishvasu Nama Samvatsare Uтарыны Нартапа Рйтау Vishabha Mase Krishna Paksha Bhanu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vesi/Sakuni" Karana Chaturdashyam Titau				Sun 12	Albany, NY Sufra 42 Vasvasu 5127
Mesha Rasi: 16.42	Tithi 29	<b>Gulika</b> 3:34PM – 5:26PM	<b>Bharani</b> Until 9:49PM	<b>Ganesha:</b> White	Sunrise: 4:24AM		
		Yama 11:51AM – 1:43PM	Sobhana Until 8:27PM	<b>Muruga:</b> Red	Sunset: 7:16PM	Moon 4 - Phase 6 - 12	2nd Phase
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 5:26PM – 7:18PM	Vesti Until 3:30PM	<b>Nataraja:</b> Purple			
Until 9:49PM			<b>Chaturdashi</b> Until 1:39AM Mon	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vasubha-Vaikunthi</b>			

<b>Monday, May 26, 2025</b>		Vishvasu Nama Samvatsare Uтарыны Нартапа Рйтау Vishabha Mase Krishna Paksha Indu Vasara Yuktayam Kritika Nakshatra Ahiganda" Sukama Yoga Catuspada" Naga" Karana Amavasyayam Titau				Sun 13	Albany, NY Sufra 43 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 1:43PM – 3:35PM	<b>Kritika</b> Until 6:52PM	<b>Ganesha:</b> White	Sunrise: 4:23AM		
Wishabha Rasi: 1.49	Tithi 30	Yama 9:59AM – 11:51AM	Ahiganda" Until 4:21PM	<b>Muruga:</b> Red	Sunset: 7:16PM	Moon 4 - Phase 6 - 13	Amavasya
<b>Family Home Evening</b>	Marana Yoga	<b>Rahu</b> 6:15AM – 8:07AM	Catuspada Until 11:51AM	<b>Nataraja:</b> Purple			
Until 6:52PM			<b>Amavasya</b> Until 10:01PM	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Vasubha-Vaikunthi</b>			

<b>Tuesday, May 27, 2025</b>		Vishvasu Nama Samvatsare Uтарыны Нартапа Рйтау Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini/Migashira Nakshatra Sukama/Dhriti Yoga Kintughna" Bava Karana Prathamayam Titau				Sun 14	Albany, NY Sufra 44 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 11:51AM – 1:43PM	<b>Rohini</b> Until 4:21PM	<b>Ganesha:</b> Green	Sunrise: 4:22AM		
Wishabha Rasi: 16.53	Tithi 1	Yama 8:07AM – 9:59AM	Sukarma Until 12:23PM	<b>Muruga:</b> Red	Sunset: 7:20PM	Moon 4 - Phase 6 - 14	Prathama
Creative Work	Amrita Yoga	<b>Rahu</b> 3:35PM – 5:28PM	Kintughna Until 8:17AM	<b>Nataraja:</b> Purple			
Until 4:21PM			<b>Prathama</b> Until 6:34PM	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vasubha-Vaikunthi</b>			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, May 28, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Badho Varsara Yuktayam Migshira/Medra Nakshatra Dhrithi/Shukr Yoga Kadava/Taila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sufra 45 Vasvasu 5127
Mithuna Rasi: 1.45	Tithi 2 - 3	<b>Gulika</b> 9:59AM - 11:51AM 6:14AM - 8:06AM 337418579	<b>Mrigashira</b> Untill 2:01PM Dhrithi Untill 8:40AM Taila Untill 2:07AM Thu Dvitiya Untill 3:28PM	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Yellow	Sunrise: 4:20AM Sunset: 7:29PM	Sun 15 Moon 4 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, May 29, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Guru Vasara Yuktayam Andra/Punvasu Nakshatra Ganda Yoga Gara/Venja Karana Tritiya/Chaturthiyam Titau		Albany, NY Sufra 46 Vasvasu 5127
Mithuna Rasi: 16.18	Tithi 3 - 4	<b>Gulika</b> 8:06AM - 9:59AM 4:21AM - 6:14AM 337418579	<b>Andra</b> Untill 12:03PM Ganda Untill 2:28AM Fri Vanija Untill 11:50PM Tritiya Untill 12:53PM	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Yellow	Sunrise: 4:21AM Sunset: 7:29PM	Sun 16 Moon 4 - Phase 7 - 16 3rd Phase
Routine Work	Marana Yoga					<b>Devaloka Day</b>
Untill 12:03PM						
Then Creative Work	- Amrita Yoga					

<b>3</b>		<b>Friday, May 30, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Viddhi Yoga Visi/Bava Karana Chaturthiyam Titau		Albany, NY Sufra 47 Vasvasu 5127
Kalkata Rasi: 0.25	Tithi 4 - 5	<b>Gulika</b> 6:13AM - 8:06AM 3:37PM - 5:30PM 347418579	<b>Punarvasu</b> Untill 11:02AM Viddhi Untill 12:15AM Sat Bava Untill 10:18PM Chaturthi Untill 10:57AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:21AM Sunset: 7:29PM	Sun 17 Moon 4 - Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Untill 11:02AM						
Then Routine Work	- Marana Yoga					

<b>4</b>		<b>Saturday, May 31, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Marita Vasara Yuktayam Pushya/Ashlesha Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Albany, NY Sufra 48 Vasvasu 5127
Kalkata Rasi: 14.04	Tithi 5 - 6	<b>Gulika</b> 4:20AM - 6:13AM 1:44PM - 3:37PM 347418579	<b>Pushya</b> Untill 10:39AM Dhruva Untill 10:41PM Kaulava Untill 9:35PM Panchami Untill 9:49AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:20AM Sunset: 7:29PM	Sun 18 Moon 4 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Untill 10:39AM						
Then Routine Work	- Marana Yoga					

<b>5</b>		<b>Sunday, June 1, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Bhanu Vasara Yuktayam Ashlesha/Magha Nakshatra Vyaghala Yoga Talila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sufra 49 Vasvasu 5127
Kalkata Rasi: 27.14	Tithi 6 - 7	<b>Gulika</b> 3:38PM - 5:31PM 11:52AM - 1:45PM 347418579	<b>Ashlesha</b> Untill 10:58AM Vyaghala Untill 9:50PM Gara Untill 9:45PM Shashthi Untill 9:32AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Blue	Sunrise: 4:20AM Sunset: 7:29PM	Sun 19 Moon 4 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Untill 10:58AM						
Then Routine Work	- Marana Yoga					

<b>D</b>		<b>Monday, June 2, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Indu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Harshana Yoga Vanja/Visi Karana Saptami/Ashtamyam Titau		Albany, NY Sufra 50 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 1:45PM - 3:38PM 9:59AM - 11:52AM 358418579	<b>Magha</b> Untill 12:26PM Harshana Untill 9:39PM Visi Untill 10:45PM Saptami Untill 10:08AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sunrise: 4:19AM Sunset: 7:29PM	Sun 20 Moon 4 - Phase 7 - 20 Ashtami
Simha Rasi: 9.58	Tithi 7 - 8					<b>Subha Sivaloka Day</b>
Family Home Evening						
Routine Work	Marana Yoga					
Untill 12:26PM						
Then Creative Work	- Siddha Yoga					

<b>Tuesday, June 3, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Маса: Sukla Paksha: Mangala Vasara Yuktayam Purvaphalguni/Utaraphalguni Nakshatra Vajra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sufra 51 Vasvasu 5127
Simha Rasi: 22.2	Tithi 8 - 9	<b>Gulika</b> 11:52AM - 1:45PM 8:05AM - 9:59AM 358418579	<b>Purvaphalguni</b> Untill 2:30PM Vajra Untill 9:59PM Balava Untill 12:26AM Wed Ashtami Untill 11:30AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sunrise: 4:19AM Sunset: 7:29PM	Sun 21 Moon 4 - Phase 7 - 21 Navami
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>
Untill 2:30PM						
Then Creative Work	- Amrita Yoga					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Albany, NY on 2/11/24

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<b>1</b>		<b>Wednesday, June 4, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Бадха Васара Уктыяям Utaraphalguni/Hashta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashamyanam Titau		Sun 22	Albany NY Sufra 52 Vivavasu 5127
Kanya Rasi: 4.26	Tithi 9 - 10	<b>Gulika</b> Yama	<b>9:59AM - 11:52AM</b> 6:12AM - 8:05AM	<b>Uttaraphalguni Until 4:58PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red	Sunrise: 4:16AM Sunset: 7:26PM	Moon 4 - Phase 8 - 22 4th Phase
Creative Work	Amrita Yoga	358418579	<b>Rahu</b> 11:52AM - 1:46PM	Siddhi Until 10:45PM Taila Until 2:39AM Thu Navami* Until 1:28PM	<b>Subha Sivaloka Day</b>		
Until 4:58PM	Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, June 5, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Гура Васара Уктыяям Hashta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadashtyanam Titau		Sun 23	Albany NY Sufra 53 Vivavasu 5127
Kanya Rasi: 16.22	Tithi 10 - 11	<b>Gulika</b> Yama	<b>8:05AM - 9:59AM</b> 6:12AM - 8:05AM	<b>Hashta Until 8:04PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sunrise: 4:16AM Sunset: 7:27PM	Moon 4 - Phase 8 - 23 4th Phase
Routine Work	Marana Yoga	368418571	<b>Rahu</b> 1:46PM - 3:40PM	Vysatipata* Until 11:45PM Vanija Until 5:08AM Fri Dashami Until 3:51PM	<b>Sivaloka Day</b>		
Until 8:06PM	Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Friday, June 6, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Сукра Васара Уктыяям		Sun 24	Albany NY Sufra 54 Vivavasu 5127
Kanya Rasi: 28.11	Tithi 11	<b>Gulika</b> Yama	<b>6:11AM - 8:05AM</b> 4:18AM - 6:11AM	<b>Chitra Until 11:12PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sunrise: 4:16AM Sunset: 7:28PM	Moon 4 - Phase 8 - 24 4th Phase
Creative Work	Siddha Yoga	368418571	<b>Rahu</b> 9:59AM - 11:53AM	Variyan Until 12:48AM Sat Visi Until 6:23PM Ekadashi Until 6:23PM	<b>Sivaloka Day</b>		
Until 6:06PM	Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, June 7, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Марта Васара Уктыяям		Sun 25	Albany NY Sufra 55 Vivavasu 5127
Tula Rasi: 10	Tithi 12	<b>Gulika</b> Yama	<b>4:17AM - 6:11AM</b> 1:47PM - 3:40PM	<b>Svali Until 2:04AM Sun</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green	Sunrise: 4:17AM Sunset: 7:28PM	Moon 4 - Phase 8 - 25 4th Phase
Creative Work	Siddha Yoga	368418571	<b>Rahu</b> 8:05AM - 9:59AM	Parigha* Until 1:49AM Sun Bava Until 7:40AM Dvadashi Until 8:52PM	<b>Sivaloka Day</b>		
Until 2:04AM Sun	Then Routine Work - Marana Yoga						

<b>5</b>		<b>Sunday, June 8, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Бхану Васара Уктыяям		Sun 26	Albany NY Sufra 56 Vivavasu 5127
Tula Rasi: 21.51	Tithi 13	<b>Gulika</b> Yama	<b>3:41PM - 5:35PM</b> 11:53AM - 1:47PM	<b>Vishakha Until 5:03AM Mon</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sunrise: 4:17AM Sunset: 7:29PM	Moon 4 - Phase 8 - 26 4th Phase
Routine Work	Marana Yoga	379418571	<b>Rahu</b> 5:35PM - 7:29PM	Shiva Until 2:40AM Mon Kaulava Until 10:04AM Trayodashi Until 11:10PM	<b>Sivaloka Day</b>		
Until 5:03AM Mon	Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>				
					<i>Pradosha Vata</i>		

<b>6</b>		<b>Monday, June 9, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Инду Васара Уктыяям		Sun 27	Albany NY Sufra 57 Vivavasu 5127
Vishkha Rasi: 3.48	Tithi 14	<b>Gulika</b> Yama	<b>1:47PM - 3:41PM</b> 9:59AM - 11:53AM	<b>Anuradha Until 7:33AM Tue</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sunrise: 4:17AM Sunset: 7:29PM	Moon 4 - Phase 8 - 27 4th Phase
Family Home Evening	Siddha Yoga	379418571	<b>Rahu</b> 6:11AM - 8:05AM	Siddha Until 3:14AM Tue Gara Until 12:13PM Chalurdashi* Until 1:09AM Tue	<b>Sivaloka Day</b>		
Until 7:33AM Tue	Then Routine Work - Marana Yoga						

<b>○</b>		<b>Tuesday, June 10, 2025</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Сукта Пакше Вішва Васара Уктыяям		Sun 28	Albany NY Sufra 58 Vivavasu 5127
Vishkha Rasi: 15.52	Tithi 15	<b>Gulika</b> Yama	<b>11:53AM - 1:47PM</b> 8:05AM - 9:59AM	<b>Anuradha Until 7:33AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sunrise: 4:17AM Sunset: 7:30PM	Moon 4 - Phase 8 - 28 Purnima
Creative Work	Siddha Yoga	379418571	<b>Rahu</b> 3:42PM - 5:36PM	Sadhya Until 3:33AM Wed Visi Until 2:01PM Purnima* Until 2:46AM Wed	<b>Sivaloka Day</b>		
Until 7:33AM	Then Routine Work - Marana Yoga						

<b>Wednesday, June 11, 2025</b>		<b>Silver Retreat Star</b>		Vivavasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакше Бадха Васара Уктыяям		Sun 29	Albany NY Sufra 59 Vivavasu 5127
Vishkha Rasi: 28.05	Tithi 16	<b>Gulika</b> Yama	<b>9:59AM - 11:53AM</b> 6:11AM - 8:05AM	<b>Jyeshtha* Until 9:32AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Orange	Sunrise: 4:16AM Sunset: 7:31PM	Moon 4 - Phase 8 - 29 Prathama
Creative Work	Siddha Yoga	379418571	<b>Rahu</b> 11:53AM - 1:48PM	Subha Until 3:35AM Thu Balava Until 3:27PM Prathama* Until 4:00AM Thu	<b>Sivaloka Day</b>		
Until 9:32AM	Then Routine Work - Marana Yoga						

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвехба Маса Крішна Паکشэ Гурэ Вэсара Юктыям  
Mula\*Purvashadha\* Nakshatra Sukla Yoga Talita/Gara Karana Dvityasyam Tilau

Sun 1 Albany, NY  
Sufra 60

Dhanus Rasi: 10.29 Tithi 17

Gulika 8:05AM - 9:59AM  
Yama 4:16AM - 6:11AM  
Rahu 1:48PM - 3:42PM

Mula\* Until 11:27AM  
Sukla Until 3:17AM Fri  
Talita Until 4:30PM

Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Light Blue

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 2  
1st Phase

Creative Work Siddha Yoga

Dvitiya Until 4:51AM Fri

Jyesthithakali

Devaloka Day

1

Friday, June 13, 2025

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвехба Маса Крішна Паکشэ Сукара Вэсара Юктыям  
Purvashadha\* Uttarashadha Nakshatra Brahma Yoga Vanija/Vidhi\* Karana Trityasyam Tilau

Sun 2 Albany, NY  
Sufra 61

Dhanus Rasi: 23.02 Tithi 18

Gulika 6:11AM - 8:05AM  
Yama 3:43PM - 5:37PM  
Rahu 9:59AM - 11:54AM

Purvashadha\* Until 12:51PM  
Brahma Until 2:42AM Sat  
Vanija Until 5:09PM

Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Light Blue

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 2  
1st Phase

Routine Work Prabalashita Yoga

Tritiya Until 5:19AM Sat

Jyesthithakali

Devaloka Day

Until 12:51PM

Then Routine Work - Marana Yoga

2

Saturday, June 14, 2025

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Марта Вэсара Юктыям  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Tilau

Sun 3 Albany, NY  
Sufra 62

Makara Rasi: 5.46 Tithi 19

Gulika 4:16AM - 6:11AM  
Yama 1:49PM - 3:43PM  
Rahu 8:05AM - 10:00AM

Uttarashadha Until 1:43PM  
Indra Until 1:50AM Sun  
Bava Until 5:26PM

Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Light Blue

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 3  
1st Phase

Routine Work Marana Yoga

Chaturthi\* Until 5:24AM Sun

Jyesthithakali

Devaloka Day

Until 1:43PM

Then Creative Work - Siddha Yoga

3

Sunday, June 15, 2025

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Бхану Вэсара Юктыям  
Uttarashadha/Vishkambha Nakshatra Vaidhiti\* Yoga Kaulava/Tailita Karana Panchamyam Tilau

Sun 4 Albany, NY  
Sufra 63

Makara Rasi: 18.41 Tithi 20

Gulika 3:43PM - 5:38PM  
Yama 11:54AM - 1:49PM  
Rahu 5:38PM - 7:32PM

Shravana Until 2:31PM  
Vaidhiti\* Until 12:37AM Mon  
Kaulava Until 5:19PM

Ganesha: Clear  
Muruga: Red  
Nataraja: Blue  
Moon - Purple

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 4  
1st Phase

Creative Work Amrita Yoga

Father's Day

Panchami Until 5:05AM Mon

Jyesthithakali

Sivaloka Day

Until 2:31PM

Then Routine Work - Marana Yoga

4

Monday, June 16, 2025

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Інду Вэсара Юктыям  
Dhanishtha/Shalabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Tilau

Sun 5 Albany, NY  
Sufra 64

Kumbha Rasi: 1.49 Tithi 21

Gulika 1:49PM - 3:44PM  
Yama 10:00AM - 11:54AM  
Rahu 6:11AM - 8:05AM

Dhanishtha Until 2:45PM  
Vishkambha\* Until 11:05PM  
Gara Until 4:47PM

Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 5  
1st Phase

Family Home Evening

Shashthi\* Until 4:20AM Tue

Jyesthithakali

Sivaloka Day

Until 2:31PM

Then Routine Work - Siddha Yoga

5

Tuesday, June 17, 2025

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Маргалэ Вэсара Юктыям  
Shalabhishak/Purvashadha\* Nakshatra Pithi Yoga Vidhi/Bava Karana Sapthamyam Tilau

Sun 6 Albany, NY  
Sufra 65

Kumbha Rasi: 15.1 Tithi 22

Gulika 11:55AM - 1:49PM  
Yama 8:05AM - 10:00AM  
Rahu 3:44PM - 5:39PM

Shalabhishak Until 2:25PM  
Pithi Until 9:12PM  
Vidhi Until 3:49PM

Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 6  
1st Phase

Routine Work Marana Yoga

Saptami Until 3:08AM Wed

Jyesthithakali

Sivaloka Day

Until 1:54PM

Then Creative Work - Siddha Yoga

6

Wednesday, June 18, 2025

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Баджа Вэсара Юктыям  
Uttarashadha/Revati Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Navamyam Tilau

Sun 7 Albany, NY  
Sufra 66

Kumbha Rasi: 28.47 Tithi 23

Gulika 10:00AM - 11:55AM  
Yama 6:11AM - 8:05AM  
Rahu 11:55AM - 1:50PM

Purvashrothapada\* Until 1:54PM  
Ayushman Until 6:54PM  
Balava Until 2:23PM

Ganesha: Clear  
Muruga: Red  
Nataraja: Blue  
Moon - Clear

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 7  
Ashtami

Creative Work Amrita Yoga

Ashtami\* Until 1:28AM Thu

Jyesthithakali

Sivaloka Day

Until 1:54PM

Then Creative Work - Siddha Yoga

Thursday, June 19, 2025

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Паکشэ Гурэ Вэсара Юктыям  
Uttarashrothapada/Revati Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Navamyam Tilau

Sun 8 Albany, NY  
Sufra 67

Meena Rasi: 12.4 Tithi 24

Gulika 8:06AM - 10:00AM  
Yama 4:16AM - 6:11AM  
Rahu 1:50PM - 3:44PM

Uttarashrothapada Until 12:47PM  
Saubhagya Until 4:15PM  
Talita Until 12:29PM

Ganesha: Clear  
Muruga: Red  
Nataraja: Blue  
Moon - Clear

Sunrise: 4:16AM  
Sunset: 7:39PM  
Moon 5 - Phase 9 - 8  
Navami

Creative Work Siddha Yoga

Navami\* Until 11:21PM

Jyesthithakali

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Міхуна Масе Кішна Паке: Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Vanja/Visli* Karana Dashahamam Titau				Albany, NY Sufra 68
Mesha Rasi: 26.52	Tithi 25	<b>Gulika</b> 6:11AM - 8:06AM	<b>Revati</b> Until 11:05AM	<b>Ganesh:</b> White	Sunrise: 4:17AM	Vishvasu 5:127
		<b>Yama</b> 3:45PM - 5:39PM	<b>Sobhana</b> Until 1:15PM	<b>Muruga:</b> Red	Sunset: 7:34PM	Moon 5 - Phase 10 - 9
Creative Work	Siddha Yoga	<b>Rahu</b> 10:01AM - 11:55AM	<b>Vanija</b> Until 10:09AM	<b>Nataraja:</b> Blue		2nd Phase
Until 11:05AM			<b>Dashami</b> Until 8:49PM	Moon - Clear		
Then Creative Work - Amrita Yoga						<b>Subha Sivaloka Day</b>

2 Saturday, June 21, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Міхуна Масе Кішна Паке: Maru Vasara Yuktayam Ashvini/Bharani Nakshatra Ahiganda* Sukarma Yoga Bava/Kauava Karana Ekadashi/Dwadashyam Titau				Albany, NY Sufra 69
Mesha Rasi: 11.19	Tithi 26 - 27	<b>Gulika</b> 4:17AM - 6:11AM	<b>Ashvini</b> Until 9:18AM	<b>Ganesh:</b> Yellow	Sunrise: 4:17AM	Vishvasu 5:127
		<b>Yama</b> 1:50PM - 3:45PM	<b>Ahiganda*</b> Until 9:56AM	<b>Muruga:</b> Red	Sunset: 7:34PM	Moon 5 - Phase 10 - 10
Creative Work	Siddha Yoga	<b>Rahu</b> 8:06AM - 10:01AM	<b>Bava</b> Until 7:26AM	<b>Nataraja:</b> Blue		2nd Phase
			<b>Ekadashi*</b> Until 5:57PM	Moon - White		
						<b>Sivaloka Day</b>

3 Sunday, June 22, 2025		Vishvasu Nama Samvatsara Dakshinaya Naratana Ritu Mihuna Mase Krishna Pakhe: Bharu Visara Yuktayam Bharani/Arka Nakshatra Sakama(Dhri) Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sufra 70
Mesha Rasi: 25.59	Tithi 27 - 28	<b>Gulika</b> 3:45PM - 5:40PM	<b>Bharani</b> Until 7:06AM	<b>Ganesh:</b> Yellow	Sunrise: 4:17AM	Vishvasu 5:127
		<b>Yama</b> 11:56AM - 1:50PM	<b>Sukarma</b> Until 6:24AM	<b>Muruga:</b> Red	Sunset: 7:34PM	Moon 5 - Phase 10 - 11
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 5:40PM - 7:34PM	<b>Gara</b> Until 1:16AM Mon	<b>Nataraja:</b> Blue		2nd Phase
Until 7:06AM			<b>Dvadashi*</b> Until 2:51PM	Moon - White		
Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>
						<i>Pradosha Vata (Fasting)</i>

4 Monday, June 23, 2025		Vishvasu Nama Samvatsara Dakshinaya Naratana Ritu Mihuna Mase Krishna Pakhe: Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sufra 71
Wishabha Rasi: 10.46	Tithi 28 - 29	<b>Gulika</b> 1:51PM - 3:45PM	<b>Rohini</b> Until 7:22AM Tue	<b>Ganesh:</b> Red	Sunrise: 4:17AM	Vishvasu 5:127
<b>Family Home Evening</b>		<b>Yama</b> 10:01AM - 11:56AM	<b>Shula*</b> Until 11:03PM	<b>Muruga:</b> Red	Sunset: 7:35PM	Moon 5 - Phase 10 - 12
Creative Work	Amrita Yoga	<b>Rahu</b> 6:12AM - 8:07AM	<b>Visli</b> Until 10:04PM	<b>Nataraja:</b> Blue		2nd Phase
Until 2:22AM Tue			<b>Trayodashi*</b> Until 11:39AM	Moon - Yellow		
Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>

Tuesday, June 24, 2025		Vishvasu Nama Samvatsara Dakshinaya Naratana Ritu Mihuna Mase Krishna Pakhe: Mangala Vasara Yuktayam Mangishira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau				Albany, NY Sufra 72
<b>Retreat Star</b>		<b>Gulika</b> 11:56AM - 1:51PM	<b>Mangishira</b> Until 12:10AM Wed	<b>Ganesh:</b> Red	Sunrise: 4:18AM	Vishvasu 5:127
Wishabha Rasi: 25.33	Tithi 29 - 30	<b>Yama</b> 8:07AM - 10:02AM	<b>Ganda*</b> Until 7:28PM	<b>Muruga:</b> Red	Sunset: 7:35PM	Moon 5 - Phase 10 - 13
Creative Work	Siddha Yoga	<b>Rahu</b> 3:45PM - 5:40PM	<b>Caturpada</b> Until 7:00PM	<b>Nataraja:</b> Blue		Amavasya
			<b>Chaturdashi*</b> Until 8:29AM	Moon - Yellow		
						<b>Sivaloka Day</b>

Wednesday, June 25, 2025		Vishvasu Nama Samvatsara Dakshinaya Naratana Ritu Mihuna Mase Sukra Pakhe: Budha Vasara Yuktayam Ardra Nakshatra Widdhi/Dhruva Yoga Kintughna*Bava Karana Prathamayam Titau				Albany, NY Sufra 73
<b>Retreat Star</b>		<b>Gulika</b> 10:02AM - 11:56AM	<b>Ardra</b> Until 10:08PM	<b>Ganesh:</b> Red	Sunrise: 4:18AM	Vishvasu 5:127
Mithuna Rasi: 10.12	Tithi 1	<b>Yama</b> 6:13AM - 8:07AM	<b>Widdhi</b> Until 4:08PM	<b>Muruga:</b> Red	Sunset: 7:35PM	Moon 5 - Phase 10 - 14
Creative Work	Siddha Yoga	<b>Rahu</b> 11:56AM - 1:51PM	<b>Kintughna</b> Until 4:12PM	<b>Nataraja:</b> Blue		Prathama
			<b>Prathama*</b> Until 2:56AM Thu	Moon - Yellow		
						<b>Sivaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time. Calculated for Albany, NY on 2/11/24

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<b>1</b>		<b>Thursday, June 26, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dhrityayam Titau		Sun 15	Albany NY Sutra 74
Mithuna Rasi: 24.35	Tilthi 2	<b>Gulika</b> 8:07AM - 10:02AM	<b>Punarvasu</b> Untill 8:52PM	<b>Ganesh:</b> White	Sunrise: 4:16AM		Vasavasu 5:17
		<b>Yama</b> 4:18AM - 6:13AM	Dhruva Untill 1:09PM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-15
Creative Work	Amrita Yoga	<b>Rahu</b> 1:51PM - 3:46PM	Balava Untill 1:50PM	<b>Nataraja:</b> Blue			3rd Phase
			<b>Dvitiya</b> Untill 12:51AM Fri	<b>Moan - Blue</b>			<b>Devaloka Day</b>
				<b>Aashakar/Ashi</b>			

<b>2</b>		<b>Friday, June 27, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana/Yajra* Harshana Yoga Talilla/Gara Karana Trityayam Titau		Sun 16	Albany NY Sutra 75
Kalkata Rasi: 8.37	Tilthi 3	<b>Gulika</b> 6:13AM - 8:08AM	<b>Pushya</b> Untill 8:06PM	<b>Ganesh:</b> White	Sunrise: 4:19AM		Vasavasu 5:17
		<b>Yama</b> 3:46PM - 5:40PM	Vyaghata* Untill 10:39AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-16
Routine Work	Marana Yoga	<b>Rahu</b> 10:02AM - 11:57AM	Talilla Untill 12:04PM	<b>Nataraja:</b> Blue			3rd Phase
			<b>Tritiya</b> Untill 11:25PM	<b>Moan - Blue</b>			<b>Devaloka Day</b>
				<b>Aashakar/Ashi</b>			

<b>3</b>		<b>Saturday, June 28, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Yajra* Yoga Vanja/Vsli* Karana Chaturthayam Titau		Sun 17	Albany NY Sutra 76
Kalkata Rasi: 22.13	Tilthi 4	<b>Gulika</b> 4:19AM - 6:14AM	<b>Ashlesha*</b> Untill 7:55PM	<b>Ganesh:</b> White	Sunrise: 4:19AM		Vasavasu 5:17
		<b>Yama</b> 1:51PM - 3:46PM	Harshana Untill 8:45AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-17
Routine Work	Marana Yoga	<b>Rahu</b> 8:08AM - 10:02AM	Vanija Untill 11:01AM	<b>Nataraja:</b> Blue			3rd Phase
Untill 7:55PM			<b>Chaturthi*</b> Untill 10:46PM	<b>Moan - Blue</b>			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Aashakar/Ashi</b>			

<b>4</b>		<b>Sunday, June 29, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi/Yajra* Yoga Bava/Balava Karana Panchamayam Titau		Sun 18	Albany NY Sutra 77
Simha Rasi: 5.23	Tilthi 5	<b>Gulika</b> 3:46PM - 5:40PM	<b>Magha*</b> Untill 8:52PM	<b>Ganesh:</b> Clear	Sunrise: 4:19AM		Vasavasu 5:17
		<b>Yama</b> 11:57AM - 1:52PM	Vajra* Untill 7:28AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-18
Routine Work	Marana Yoga	<b>Rahu</b> 5:40PM - 7:35PM	Bava Untill 10:46AM	<b>Nataraja:</b> Blue			3rd Phase
Untill 8:52PM			<b>Panchami</b> Untill 10:57PM	<b>Moan - Red</b>			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Aashakar/Ashi</b>			

<b>5</b>		<b>Monday, June 30, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Talilla Karana Shashthayam Titau		Sun 19	Albany NY Sutra 78
Simha Rasi: 18.08	Tilthi 6	<b>Gulika</b> 1:52PM - 3:46PM	<b>Purvaphalguni</b> Untill 10:26PM	<b>Ganesh:</b> White	Sunrise: 4:20AM		Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:03AM - 11:57AM	Siddhi Untill 6:51AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-19
Creative Work	Siddha Yoga	<b>Rahu</b> 6:14AM - 8:09AM	Kaulava Untill 11:21AM	<b>Nataraja:</b> Blue			3rd Phase
			<b>Shashthi*</b> Untill 11:55PM	<b>Moan - Red</b>			<b>Sivaloka Day</b>
				<b>Aashakar/Ashi</b>			

<b>6</b>		<b>Tuesday, July 1, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*/Varjyan Yoga Gara/Vanija Karana Sapthamayam Titau		Sun 20	Albany NY Sutra 79
Kanya Rasi: 0.32	Tilthi 7	<b>Gulika</b> 11:58AM - 1:52PM	<b>Uttaraphalguni</b> Untill 12:31AM Wed	<b>Ganesh:</b> Clear	Sunrise: 4:20AM		Vasavasu 5:17
		<b>Yama</b> 8:09AM - 10:03AM	Vyaptipata* Untill 6:52AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-20
Creative Work	Amrita Yoga	<b>Rahu</b> 3:46PM - 5:40PM	Gara Untill 12:41PM	<b>Nataraja:</b> Blue			3rd Phase
Untill 12:31AM Wed			<b>Saptami</b> Untill 1:34AM Wed	<b>Moan - Red</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Aashakar/Ashi</b>			

<b>7</b>		<b>Wednesday, July 2, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Rudra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vsi*/Bava Karana Ashtamayam Titau		Sun 21	Albany NY Sutra 80
<b>Retreat Star</b>		<b>Gulika</b> 10:04AM - 11:58AM	<b>Hasta</b> Untill 3:25AM Thu	<b>Ganesh:</b> Purple	Sunrise: 4:21AM		Vasavasu 5:17
Kanya Rasi: 12.39	Tilthi 8	<b>Yama</b> 6:15AM - 8:09AM	Varjyan Untill 7:20AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-21
Routine Work	Marana Yoga	<b>Rahu</b> 11:58AM - 1:52PM	Vsli Untill 2:37PM	<b>Nataraja:</b> Blue			Ashtami
Untill 3:25AM Thu			<b>Ashtami*</b> Untill 3:43AM Thu	<b>Moan - Green</b>			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Aashakar/Ashi</b>			

<b>8</b>		<b>Thursday, July 3, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamayam Titau		Sun 22	Albany NY Sutra 81
<b>Retreat Star</b>		<b>Gulika</b> 8:10AM - 10:04AM	<b>Chitra</b> Untill 6:24AM Fri	<b>Ganesh:</b> Purple	Sunrise: 4:20AM		Vasavasu 5:17
Kanya Rasi: 24.36	Tilthi 9	<b>Yama</b> 4:22AM - 6:16AM	Parigha* Untill 8:09AM	<b>Muruga:</b> Red	Sunset: 7:39PM		Moon 5 - Phase 11-22
Creative Work	Siddha Yoga	<b>Rahu</b> 1:52PM - 3:46PM	Balava Untill 4:56PM	<b>Nataraja:</b> Blue			Navami
			<b>Navami*</b> Untill 6:07AM Fri	<b>Moan - Green</b>			<b>Devaloka Day</b>
				<b>Aashakar/Ashi</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1 Friday, July 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashamam Titau				Albany NY Sufra 82 Vishvasu 127
Tula Rasi: 6.28	Tithi 9 – 10	<b>Gulika</b> 6:14AM – 8:10AM	<b>Chitra Until 6:24AM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:22AM	Sun 23
		<b>Yama</b> 3:46PM – 5:40PM	<b>Shiva Until 9:09AM</b>	<b>Muruga:</b> Red	Sunset: 7:34PM	Moon 5 - Phase 12 - 17
Creative Work	Siddha Yoga	<b>Rahu</b> 10:04AM – 11:58AM	<b>Taila Until 7:22PM</b>	<b>Nataraja:</b> Blue		4th Phase
			<b>Navami* Until 6:07AM</b>	Moon - Green		<b>Devaloka Day</b>
				<b>Aushatini Aui</b>		

<b>2 Saturday, July 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Merita Vasara Yuktayam Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Albany NY Sufra 83 Vishvasu 127
Tula Rasi: 18.19	Tithi 10 – 11	<b>Gulika</b> 4:23AM – 6:17AM	<b>Svali Until 9:14AM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:23AM	Sun 24
		<b>Yama</b> 1:52PM – 3:46PM	<b>Siddha Until 10:07AM</b>	<b>Muruga:</b> Red	Sunset: 7:34PM	Moon 5 - Phase 12 - 21
Creative Work	Siddha Yoga	<b>Rahu</b> 8:10AM – 10:04AM	<b>Vanija Until 9:44PM</b>	<b>Nataraja:</b> Blue		4th Phase
			<b>Dashami Until 8:33AM</b>	Moon - Green		<b>Devaloka Day</b>
				<b>Aushatini Aui</b>		

<b>3 Sunday, July 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhyha/Sadha Yoga Visti/Bava Karana Ekadashi/Dwadashyam Titau				Albany NY Sufra 84 Vishvasu 127
Wischika Rasi: 0.13	Tithi 11 – 12	<b>Gulika</b> 3:46PM – 5:40PM	<b>Vishakha Until 12:13PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:23AM	Sun 25
		<b>Yama</b> 11:58AM – 1:52PM	<b>Sadhyha Until 10:57AM</b>	<b>Muruga:</b> Red	Sunset: 7:33PM	Moon 5 - Phase 12 - 25
Routine Work	Marana Yoga	<b>Rahu</b> 5:40PM – 7:33PM	<b>Bava Until 11:49PM</b>	<b>Nataraja:</b> Blue		4th Phase
			<b>Ekadashi Until 10:47AM</b>	Moon - Orange		<b>Devaloka Day</b>
				<b>Aushatini Aui</b>		

<b>4 Monday, July 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodshyam Titau				Albany NY Sufra 85 Vishvasu 127
Wischika Rasi: 12.15	Tithi 12 – 13	<b>Gulika</b> 1:52PM – 3:46PM	<b>Anuradha Until 2:42PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:24AM	Sun 26
<b>Family Home Evening</b>		<b>Yama</b> 10:05AM – 11:59AM	<b>Subha Until 11:33AM</b>	<b>Muruga:</b> Red	Sunset: 7:33PM	Moon 5 - Phase 12 - 26
Creative Work	Siddha Yoga	<b>Rahu</b> 6:18AM – 8:11AM	<b>Kaulava Until 1:31AM Tue</b>	<b>Nataraja:</b> Blue		4th Phase
			<b>Dvadashi Until 12:42PM</b>	Moon - Orange		<b>Devaloka Day</b>
				<b>Aushatini Aui</b>		

<b>5 Tuesday, July 8, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Brahma/Brahma Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany NY Sufra 86 Vishvasu 127
Wischika Rasi: 24.28	Tithi 13 – 14	<b>Gulika</b> 11:59AM – 1:52PM	<b>Jyeshtha* Until 4:36PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:25AM	Sun 27
		<b>Yama</b> 8:12AM – 10:05AM	<b>Sukla Until 11:47AM</b>	<b>Muruga:</b> Red	Sunset: 7:33PM	Moon 5 - Phase 12 - 27
Routine Work	Marana Yoga	<b>Rahu</b> 3:46PM – 5:39PM	<b>Gara Until 2:45AM Wed</b>	<b>Nataraja:</b> Blue		4th Phase
Until 4:36PM			<b>Trayodashi Until 2:10PM</b>	Moon - Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Aushatini Aui</b>		

<b>Wednesday, July 9, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashni/Purnimayam Titau				Albany NY Sufra 87 Vishvasu 127
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:05AM – 11:59AM	<b>Mula* Until 6:21PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:25AM	Sun 28
Dhanus Rasi: 6.52	Tithi 14 – 15	<b>Yama</b> 6:19AM – 8:12AM	<b>Brahma Until 11:39AM</b>	<b>Muruga:</b> Red	Sunset: 7:32PM	Moon 5 - Phase 12 - Purnima
Routine Work	Marana Yoga	<b>Rahu</b> 11:59AM – 1:52PM	<b>Visti Until 3:29AM Thu</b>	<b>Nataraja:</b> Blue		
Until 6:21PM		<b>Satguru Purnima</b>	<b>Chalurdashi* Until 3:09PM</b>	Moon - Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Aushatini Aui</b>		

<b>Thursday, July 10, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany NY Sufra 88 Vishvasu 127
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:13AM – 10:06AM	<b>Purvashadha* Until 7:28PM</b>	<b>Ganesha:</b> White	Sunrise: 4:26AM	Sun 29
Dhanus Rasi: 19.29	Tithi 15 – 16	<b>Yama</b> 4:26AM – 6:19AM	<b>Indra Until 11:09AM</b>	<b>Muruga:</b> Red	Sunset: 7:32PM	Moon 5 - Phase 12 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 1:52PM – 3:45PM	<b>Balava Until 3:45AM Fri</b>	<b>Nataraja:</b> Blue		
Until 7:28PM			<b>Purnima* Until 3:40PM</b>	Moon - Light Blue		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Aushatini Aui</b>		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sakra Visara Yuktayam  
Uttarashadha Nakshatra Vaishri/Vishkamba\* Yoga Kaulava/Saila Karana Prathama/Dvityayam TilauAlbany, NY  
Sufra 89

Makara Rasi: 2.19	Tithi 16 - 17	Gulika 6:20AM - 8:13AM	Uttarashadha Until 7:59PM	Ganesha: White	Sunrise: 4:27AM	Vishvasu 5:127
		Yama 3:45PM - 5:38PM	Vaishri* Until 10:15AM	Muruga: Red	Sunset: 7:31PM	Moon 6 - Phase 13 - 1st Phase
		Rahu 10:06AM - 11:59AM	Taitilla Until 3:01AM Sat	Nataraja: Blue		
Routine Work	Marana Yoga		Prathama* Until 3:42PM	Moon - Light Blue		Subha Sivaloka Day
				Ashlesha* Until		

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Manita Visara Yuktayam  
Shravana Nakshatra Vishkamba\* Pihli Yoga Gara/Vanija Karana Dwilya/Tritiyayam TilauAlbany, NY  
Sufra 90

Makara Rasi: 15.23	Tithi 17 - 18	Gulika 4:28AM - 6:21AM	Shravana Until 8:24PM	Ganesha: Yellow	Sunrise: 4:28AM	Vishvasu 5:127
		Yama 1:52PM - 3:45PM	Vishkamba* Until 9:02AM	Muruga: Red	Sunset: 7:31PM	Moon 6 - Phase 13 - 1st Phase
		Rahu 8:13AM - 10:06AM	Vanija Until 3:01AM Sun	Nataraja: Blue		
Creative Work	Siddha Yoga		Dvitiya Until 3:19PM	Moon - Purple		Sivaloka Day
				Ashlesha* Until		

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bharu Visara Yuktayam  
Dhanishtha Nakshatra Pihli/Ayushman Yoga Visi\*/Bava Karana Chaturthi/Chaturthayam TilauAlbany, NY  
Sufra 91

Makara Rasi: 28.39	Tithi 18 - 19	Gulika 3:45PM - 5:38PM	Dhanishtha Until 8:19PM	Ganesha: Yellow	Sunrise: 4:28AM	Vishvasu 5:127
		Yama 11:59AM - 11:59AM	Pihli Until 7:32AM	Muruga: Red	Sunset: 7:30PM	Moon 6 - Phase 13 - 2 1st Phase
		Rahu 5:38PM - 7:30PM	Bava Until 2:06AM Mon	Nataraja: Blue		
Routine Work	Marana Yoga		Tritiya Until 2:35PM	Moon - Purple		Sivaloka Day
Until 8:19PM				Ashlesha* Until		
Then Creative Work - Siddha Yoga						

3

Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Visara Yuktayam  
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kalava Karana Chaturthi/Panchamayam TilauAlbany, NY  
Sufra 92

Kumbha Rasi: 12.06	Tithi 19 - 20	Gulika 1:52PM - 3:45PM	Shalabhishak Until 7:47PM	Ganesha: Yellow	Sunrise: 4:29AM	Vishvasu 5:127
		Yama 10:07AM - 11:59AM	Saubhagya Until 3:41AM Tue	Muruga: Red	Sunset: 7:30PM	Moon 6 - Phase 13 - 3 1st Phase
		Rahu 6:22AM - 8:14AM	Kalava Until 12:53AM Tue	Nataraja: Blue		
Creative Work	Siddha Yoga		Chaturthi* Until 1:31PM	Moon - Purple		Sivaloka Day
Until 7:47PM				Ashlesha* Until		
Then Routine Work - Marana Yoga						

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Visara Yuktayam  
Puravrosrothapada\* Nakshatra Sobhana Yoga Talila/Gara Karana Panchmi/Shashthiyam TilauAlbany, NY  
Sufra 93

Kumbha Rasi: 25.44	Tithi 20 - 21	Gulika 12:00PM - 1:52PM	Puravrosrothapada* Until 7:15PM	Ganesha: Purple	Sunrise: 4:30AM	Vishvasu 5:127
		Yama 8:15AM - 10:07AM	Sobhana Until 1:26AM Wed	Muruga: Red	Sunset: 7:29PM	Moon 6 - Phase 13 - 4 1st Phase
		Rahu 3:44PM - 5:37PM	Gara Until 11:23PM	Nataraja: Blue		
Routine Work	Marana Yoga		Panchami Until 12:09PM	Moon - Clear		Devaloka Day
Until 7:15PM				Ashlesha* Until		
Then Creative Work - Amrita Yoga						

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Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Visara Yuktayam  
Uttarrosrothapada\* Nakshatra Alhiganda\* Yoga Vanija/Vol\* Karana Shashthi/Saptamayam TilauAlbany, NY  
Sufra 94

Meena Rasi: 9.31	Tithi 21 - 22	Gulika 10:07AM - 12:00PM	Uttarrosrothapada Until 6:19PM	Ganesha: Purple	Sunrise: 4:31AM	Vishvasu 5:127
		Yama 6:23AM - 8:15AM	Alhiganda* Until 10:56PM	Muruga: Red	Sunset: 7:28PM	Moon 6 - Phase 13 - 5 1st Phase
		Rahu 12:00PM - 1:52PM	Visi Until 9:38PM	Nataraja: Blue		
Creative Work	Siddha Yoga		Shashthi* Until 10:32AM	Moon - Clear		Devaloka Day
Until 6:19PM				Ashlesha* Until		
Then Routine Work - Marana Yoga						

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Thursday, July 17, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Visara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamayam TilauAlbany, NY  
Sufra 95

Meena Rasi: 23.28	Tithi 22 - 23	Gulika 8:16AM - 10:08AM	Revati Until 4:59PM	Ganesha: Purple	Sunrise: 4:30AM	Vishvasu 5:127
		Yama 4:32AM - 6:24AM	Sukarma Until 8:16PM	Muruga: Red	Sunset: 7:28PM	Moon 6 - Phase 13 - 6 1st Phase
		Rahu 1:52PM - 3:44PM	Balava Until 7:38PM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Saptami Until 8:39AM	Moon - Clear		Bhuloka Day
Until 4:59PM				Ashlesha* Until		Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga						

Friday, July 18, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sakra Visara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Gara Karana Ashtami/Navamayam TilauAlbany, NY  
Sufra 96

Mesha Rasi: 7.34	Tithi 23 - 24	Gulika 6:24AM - 8:16AM	Ashvini Until 3:43PM	Ganesha: Clear	Sunrise: 4:33AM	Vishvasu 5:127
		Yama 3:43PM - 5:35PM	Dhriti Until 5:26PM	Muruga: Red	Sunset: 7:27PM	Moon 6 - Phase 13 - 7 1st Phase
		Rahu 10:08AM - 12:00PM	Gara Until 4:13AM Sat	Nataraja: Yellow		
Creative Work	Amrita Yoga		Ashtami* Until 6:32AM	Moon - White		Devaloka Day
Until 3:43PM				Ashlesha* Until		
Then Creative Work - Siddha Yoga						

<b>1 Saturday, July 19, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam Bharani/Kritika Nakshatra Shula "Ganda" Yoga Vanija/Visi* Karana Dashamyam Tilau				Sun 8	Albany NY Sufra 97
Mesha Rasi: 21.49	Tithi 25	<b>Gulika</b> 4:33AM - 6:25AM	<b>Bharani Until 2:07PM</b> Shula* Until 2:24PM	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:33AM</b> <b>Sunset: 7:26PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 8 2nd Phase
433618572	<b>Rahu</b> 8:17AM - 10:08AM	433618572		433618572			
Creative Work Siddha Yoga						Devaloka Day	
Until 2:07PM							
Then Creative Work - Amrita Yoga							

<b>2 Sunday, July 20, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam Kritika/Rohini Nakshatra Ganda "Vidhi" Yoga Bava/Balava Karana Ekadashyam Tilau				Sun 9	Albany NY Sufra 98
Wishabha Rasi: 6.09	Tithi 26	<b>Gulika</b> 3:43PM - 5:34PM	<b>Kritika Until 12:15PM</b> Ganda* Until 11:18AM	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:34AM</b> <b>Sunset: 7:29PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 9 2nd Phase
433618572	<b>Rahu</b> 5:34PM - 7:25PM	433618572		433618572			
Creative Work Siddha Yoga						Devaloka Day	

<b>3 Monday, July 21, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Tilau				Sun 10	Albany NY Sufra 99
Wishabha Rasi: 20.33	Tithi 27	<b>Gulika</b> 1:51PM - 3:42PM	<b>Rohini Until 10:38AM</b> Vidhi* Until 8:09AM	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:35AM</b> <b>Sunset: 7:29PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 10 2nd Phase
433618572	<b>Rahu</b> 6:26AM - 8:18AM	433618572		433618572			
Creative Work Amrita Yoga						Bhuloka Day	
						Devaloka Time: 3PM to 6PM	

<b>4 Tuesday, July 22, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau				Sun 11	Albany NY Sufra 100
Mithuna Rasi: 4.55	Tithi 28	<b>Gulika</b> 12:00PM - 1:51PM	<b>Mrigashira Until 8:55AM</b> Vyaghata* Until 2:03AM Wed	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:36AM</b> <b>Sunset: 7:29PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 11 2nd Phase
433618572	<b>Rahu</b> 3:42PM - 5:33PM	433618572		433618572			
Creative Work Siddha Yoga						Bhuloka Day	
Until 8:55AM						Devaloka Time: 3PM to 6PM	
Then Routine Work - Marana Yoga							

<b>5 Wednesday, July 23, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Tilau				Sun 12	Albany NY Sufra 101
Mithuna Rasi: 19.1	Tithi 29 - 30	<b>Gulika</b> 10:09AM - 12:00PM	<b>Ardra Until 7:15AM</b> Harshana Until 11:20PM	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:37AM</b> <b>Sunset: 7:29PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 12 2nd Phase
433618572	<b>Rahu</b> 12:00PM - 1:51PM	433618572		433618572			
Creative Work Siddha Yoga						Bhuloka Day	
						Devaloka Time: 3PM to 6PM	

<b>Thursday, July 24, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Tilau				Sun 13	Albany NY Sufra 103
<b>Retreat Star</b>		<b>Gulika</b> 8:19AM - 10:10AM	<b>Punarvasu Until 6:12AM</b> Vajra* Until 8:55PM	<b>Ganesha: Orange</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:38AM</b> <b>Sunset: 7:29PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 13 Amavasya
433618572	<b>Rahu</b> 1:51PM - 3:41PM	444618572		444618572			
Creative Work Amrita Yoga						Devaloka Day	

<b>Friday, July 25, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau				Sun 14	Albany NY Sufra 103
<b>Retreat Star</b>		<b>Gulika</b> 6:29AM - 8:20AM	<b>Ashlesha* Until 5:10AM Sat</b> Siddhi Until 6:58PM	<b>Ganesha: Orange</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b>	<b>Sunrise: 4:39AM</b> <b>Sunset: 7:29PM</b>	Vishvasu 5127	Moon 6 - Phase 14 - 14 Prathama
433618572	<b>Rahu</b> 10:10AM - 12:00PM	444618572		444618572			
Routine Work Marana Yoga						Devaloka Day	
Until 5:10AM Sat							
Then Creative Work - Amrita Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 2/11/24

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<b>1</b>		<b>Saturday, July 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Manita Vasara Yuktayam Magha Nakshatra Vyatipata Varjany Yoga Kadava/Tailita Karana Dvitiya/Tritiyam Titau		Sun 15	Albany NY Sutra 104
Simha Rasi: 0.22	Tithi 2 - 3	<b>Gulika</b> 4:40AM - 6:30AM <b>Yama</b> 1:50PM - 3:40PM <b>Rahu</b> 8:20AM - 10:10AM	<b>Magha* Until 5:51AM Sun</b> Vyatipata* Until 5:34PM Tailita Until 12:06AM Sun Dvitiya Until 12:10PM	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise: 4:40AM</b> <b>Sunset: 7:29PM</b>	Moon 6 - Phase 15 - 17	Vishvasu 5127 Devaloka Day 3rd Phase
Creative Work - Amrita Yoga		454618572					
Until 5:51AM Sun							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, July 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Bharu Vasara Yuktayam Purvaphalguni Nakshatra VarjanyPangha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Sun 16	Albany NY Sutra 105
Simha Rasi: 13.24	Tithi 3 - 4	<b>Gulika</b> 3:40PM - 5:29PM <b>Yama</b> 12:00PM - 1:50PM <b>Rahu</b> 5:29PM - 7:19PM	<b>Purvaphalguni Until 7:05AM Mon</b> Varjany Until 4:42PM Vanija Until 12:30AM Mon Tritiya Until 12:11PM	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise: 4:41AM</b> <b>Sunset: 7:19PM</b>	Moon 6 - Phase 15 - 17	Vishvasu 5127 Devaloka Day 3rd Phase
Creative Work - Siddha Yoga		454618572					

<b>3</b>		<b>Monday, July 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Shiva Yoga Vasi* Bava Karana Chaturthi/Panchamam Titau		Sun 17	Albany NY Sutra 106
Simha Rasi: 26.05	Tithi 4 - 5	<b>Gulika</b> 1:50PM - 3:39PM <b>Yama</b> 10:10AM - 12:00PM <b>Rahu</b> 6:31AM - 8:21AM	<b>Purvaphalguni Until 7:05AM</b> Parigha* Until 4:24PM Bava Until 1:35AM Tue Nag Panchami	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise: 4:42AM</b> <b>Sunset: 7:18PM</b>	Moon 6 - Phase 15 - 17	Vishvasu 5127 Devaloka Day 3rd Phase
Family Home Evening		454618572					
Creative Work - Siddha Yoga							
		<b>Chaturthi* Until 12:56PM</b>					

<b>4</b>		<b>Tuesday, July 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Balava/Kadava Karana Panchami/Shashtham Titau		Sun 18	Albany NY Sutra 107
Kanya Rasi: 8.28	Tithi 5 - 6	<b>Gulika</b> 12:00PM - 1:49PM <b>Yama</b> 8:21AM - 10:11AM <b>Rahu</b> 3:39PM - 5:28PM	<b>Uttaraphalguni Until 8:50AM</b> Shiva Until 4:38PM Kadava Until 3:17AM Wed Panchami Until 2:21PM	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Red	<b>Sunrise: 4:43AM</b> <b>Sunset: 7:17PM</b>	Moon 6 - Phase 15 - 18	Vishvasu 5127 Devaloka Day 3rd Phase
Creative Work - Amrita Yoga		454618572					
Until 8:50AM							
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, July 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau		Sun 19	Albany NY Sutra 108
Kanya Rasi: 20.35	Tithi 6 - 7	<b>Gulika</b> 10:11AM - 12:00PM <b>Yama</b> 6:33AM - 8:22AM <b>Rahu</b> 12:00PM - 1:49PM	<b>Hasta Until 11:27AM</b> Siddha Until 5:14PM Gara Until 5:26AM Thu Shashthi* Until 4:18PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Green	<b>Sunrise: 4:44AM</b> <b>Sunset: 7:16PM</b>	Moon 6 - Phase 15 - 19	Vishvasu 5127 Sivaloka Day 3rd Phase
Routine Work - Marana Yoga		464618572					
Until 11:27AM							
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Thursday, July 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Saptamam Titau		Sun 20	Albany NY Sutra 109
Tula Rasi: 2.33	Tithi 7	<b>Gulika</b> 8:22AM - 10:11AM <b>Yama</b> 4:45AM - 6:34AM <b>Rahu</b> 1:49PM - 3:37PM	<b>Chitra Until 2:16PM</b> Sadhya Until 6:06PM Vanija Until 6:34PM Saptami Until 6:34PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Green	<b>Sunrise: 4:45AM</b> <b>Sunset: 7:15PM</b>	Moon 6 - Phase 15 - 20	Vishvasu 5127 Sivaloka Day 3rd Phase
Creative Work - Siddha Yoga		464618572					
Until 2:16PM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Friday, August 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Sukla Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Vasi*/Bava Karana Ashtamam Titau		Sun 21	Albany NY Sutra 110
Tula Rasi: 14.26	Tithi 8	<b>Gulika</b> 6:34AM - 8:23AM <b>Yama</b> 3:37PM - 5:25PM <b>Rahu</b> 10:11AM - 12:00PM	<b>Svati Until 5:03PM</b> Subha Until 7:03PM Vasi Until 7:47AM Ashtami* Until 8:57PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Yellow</b> Moon - Green	<b>Sunrise: 4:46AM</b> <b>Sunset: 7:14PM</b>	Moon 6 - Phase 15 - 21	Vishvasu 5127 Sivaloka Day Ashtami
Creative Work - Siddha Yoga		464618572					

<b>Retreat Star</b>		<b>Saturday, August 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritara Ritau Kataka Mese Sukla Paksha Manita Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kadava Karana Navamam Titau		Sun 22	Albany NY Sutra 111
Tula Rasi: 26.19	Tithi 9	<b>Gulika</b> 4:47AM - 6:35AM <b>Yama</b> 1:48PM - 3:36PM <b>Rahu</b> 8:23AM - 10:12AM	<b>Vishakha Until 8:05PM</b> Sukla Until 7:54PM Balava Until 10:08AM Navam* Until 11:13PM	<b>Ganesha: Clear</b> <b>Muruga: Blue</b> <b>Nataraja: Yellow</b> Moon - Orange	<b>Sunrise: 4:47AM</b> <b>Sunset: 7:13PM</b>	Moon 6 - Phase 15 - 22	Vishvasu 5127 Sivaloka Day Navami
Creative Work - Siddha Yoga		474628572					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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<b>1 Sunday, August 3, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Doshayam Tilau				Sun 23	Albany NY Sutra 112
Wischika Rasi: 8.16	Tithi 10	<b>Gulika</b> 3:36PM – 5:23PM	<b>Anuradha Until 10:41PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 4:46AM		Vasavasu 5:27
		<b>Yama</b> 12:00PM – 1:48PM	<b>Brahma Until 8:33PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:11PM	Moon 6 - Phase 16 - 23	4th Phase
Routine Work	Marana Yoga	<b>474628572 Rahu</b> 5:23PM – 7:11PM	<b>Tailila Until 12:16PM</b>	<b>Nataraja:</b> Yellow			
			<b>Dashami Until 1:11AM Mon</b>	<b>Moon - Orange</b>			<b>Sivaloka Day</b>

<b>2 Monday, August 4, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yuktayam Jyeshtha Nakshatra Indra Yoga Vanija/Visli Karana Ekadashyam Tilau				Sun 24	Albany NY Sutra 113
Wischika Rasi: 20.22	Tithi 11	<b>Gulika</b> 1:47PM – 3:35PM	<b>Jyeshtha Until 12:41AM Tue</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 4:49AM		Vasavasu 5:27
<b>Family Home Evening</b>		<b>Yama</b> 10:12AM – 12:00PM	<b>Indra Until 8:53PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:10PM	Moon 6 - Phase 16 - 24	4th Phase
Creative Work	Siddha Yoga	<b>474628572 Rahu</b> 6:37AM – 8:24AM	<b>Vanija Until 2:01PM</b>	<b>Nataraja:</b> Yellow			
Then Creative Work - Amrita Yoga			<b>Ekadashi Until 2:41AM Tue</b>	<b>Moon - Orange</b>			<b>Sivaloka Day</b>

<b>3 Tuesday, August 5, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yuktayam Mula Nakshatra Vaidhili Yoga Bava/Balava Karana Dvadashtyam Tilau				Sun 25	Albany NY Sutra 114
Dhanus Rasi: 2.38	Tithi 12	<b>Gulika</b> 11:59AM – 1:47PM	<b>Mula Until 2:29AM Wed</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 4:50AM		Vasavasu 5:27
		<b>Yama</b> 10:12AM – 12:00PM	<b>Vaidhili Until 8:46PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:09PM	Moon 6 - Phase 16 - 25	4th Phase
Creative Work	Amrita Yoga	<b>485628572 Rahu</b> 3:34PM – 5:22PM	<b>Bava Until 3:16PM</b>	<b>Nataraja:</b> Yellow			
			<b>Dvadashti Until 3:39AM Wed</b>	<b>Moon - Light Blue</b>			<b>Sivaloka Day</b>
				<b>Tour Day</b>			

<b>4 Wednesday, August 6, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Rudra Vasara Yuktayam Purvashadha Nakshatra Vishkambha Yoga Kaulava/Tailila Karana Trayodashyam Tilau				Sun 26	Albany NY Sutra 115
Dhanus Rasi: 15.1	Tithi 13	<b>Gulika</b> 10:12AM – 11:59AM	<b>Purvashadha Until 3:32AM Thu</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 4:51AM		Vasavasu 5:27
		<b>Yama</b> 6:38AM – 8:25AM	<b>Vishkambha Until 8:12PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:08PM	Moon 6 - Phase 16 - 26	4th Phase
Creative Work	Amrita Yoga	<b>485628572 Rahu</b> 11:59AM – 1:46PM	<b>Kaulava Until 3:55PM</b>	<b>Nataraja:</b> Yellow			
Then Routine Work - Marana Yoga			<b>Trayodashi Until 4:00AM Thu</b>	<b>Moon - Light Blue</b>			<b>Sivaloka Day</b>
				<b>Pradosha Vata</b>			

<b>5 Thursday, August 7, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau				Sun 27	Albany NY Sutra 116
Dhanus Rasi: 27.59	Tithi 14	<b>Gulika</b> 8:26AM – 10:12AM	<b>Uttarashadha Until 3:51AM Fri</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 4:52AM		Vasavasu 5:27
		<b>Yama</b> 4:52AM – 6:39AM	<b>Priti Until 7:11PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:06PM	Moon 6 - Phase 16 - 27	4th Phase
Routine Work	Marana Yoga	<b>485628572 Rahu</b> 1:46PM – 3:33PM	<b>Gara Until 3:58PM</b>	<b>Nataraja:</b> Yellow			
			<b>Chaturdashhi Until 3:46AM Fri</b>	<b>Moon - Light Blue</b>			<b>Sivaloka Day</b>

<b>Friday, August 8, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visli/Bava Karana Purnimayam Tilau				Sun 28	Albany NY Sutra 117
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:40AM – 8:26AM	<b>Shravana Until 3:57AM Sat</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 4:53AM		Vasavasu 5:27
Makara Rasi: 11.05	Tithi 15	<b>Yama</b> 3:32PM – 5:19PM	<b>Ayushman Until 5:41PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:05PM	Moon 6 - Phase 16 - Purnima	
Routine Work	Marana Yoga	<b>495628572 Rahu</b> 10:13AM – 11:59AM	<b>Visli Until 3:27PM</b>	<b>Nataraja:</b> Yellow			
Then Creative Work - Siddha Yoga			<b>Purnima Until 2:59AM Sat</b>	<b>Moon - Purple</b>			<b>Devaloka Day</b>
				<b>Varalakshmi Vatham</b>			

<b>Saturday, August 9, 2025</b>		Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau				Sun 29	Albany NY Sutra 118
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:54AM – 6:40AM	<b>Dhanishtha Until 3:25AM Sun</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 4:54AM		Vasavasu 5:27
Makara Rasi: 24.29	Tithi 16	<b>Yama</b> 1:45PM – 3:31PM	<b>Saubhagya Until 3:47PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:04PM	Moon 6 - Phase 16 - Prathama	
Creative Work	Siddha Yoga	<b>495728572 Rahu</b> 8:27AM – 10:13AM	<b>Balava Until 2:26PM</b>	<b>Nataraja:</b> Yellow			
			<b>Prathama Until 1:44AM Sun</b>	<b>Moon - Purple</b>			<b>Sivaloka Day</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vesara Yuktayam  
Shalabhishak Nakshatra Sobhana/Ahiganda\* Yoga Talilla/Gara Karana Dvitiyayam Tilau

Albany NY  
Sutra 119

Kumbha Rasi: 8:08	Tithi 17	<b>Gulika</b> 3:31PM - 5:17PM	<b>Shalabhishak Until 2:22AM Mon</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:55AM	<b>Visvasu 5:127</b>
		<b>Yama</b> 11:59AM - 1:45PM	Sobhana Until 1:34PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:02PM	<b>Moon 7 - Phase 17 - 1st Phase</b>
		<b>Rahu</b> 5:17PM - 7:02PM	Taililla Until 12:58PM	<b>Nataraja:</b> Yellow		
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:06AM Mon</b>	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
Until 2:22AM Mon						
Then Routine Work	- Marana Yoga					

**1**

**Monday, August 11, 2025**

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vesara Yuktayam

Albany NY

Kumbha Rasi: 22:01	Tithi 18	<b>Gulika</b> 1:44PM - 3:30PM	<b>Purvaprashthapada* Until 1:21AM Tue</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:56AM	<b>Visvasu 5:127</b>
<b>Family Home Evening</b>		<b>Yama</b> 10:13AM - 11:59AM	Ahiganda* Until 11:03AM	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:01PM	<b>Moon 7 - Phase 17 - 1st Phase</b>
		<b>Rahu</b> 6:42AM - 8:28AM	Vanija Until 11:11AM	<b>Nataraja:</b> Yellow		
Routine Work	Marana Yoga		<b>Tritiya Until 10:11PM</b>	<b>Moon - Clear</b>		<b>Sivaloka Day</b>
Until 1:21AM Tue						
Then Creative Work	- Amrita Yoga					

**2**

**Tuesday, August 12, 2025**

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vesara Yuktayam

Albany NY

Meena Rasi: 6:03	Tithi 19	<b>Gulika</b> 11:59AM - 1:44PM	<b>Uttaraprashthapada Until 12:00AM Wed</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:57AM	<b>Visvasu 5:127</b>
		<b>Yama</b> 10:13AM - 10:13AM	Sukarma Until 8:21AM	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:02PM	<b>Moon 7 - Phase 17 - 2 1st Phase</b>
		<b>Rahu</b> 3:29PM - 5:14PM	Bava Until 9:10AM	<b>Nataraja:</b> Yellow		
Creative Work	Amrita Yoga		<b>Chaturthi* Until 8:04PM</b>	<b>Moon - Clear</b>		<b>Sivaloka Day</b>
Until 12:00AM Wed						<b>Tour Day</b>
Then Creative Work	- Siddha Yoga					

**3**

**Wednesday, August 13, 2025**

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vesara Yuktayam

Albany NY

Meena Rasi: 20:12	Tithi 20 - 21	<b>Gulika</b> 10:13AM - 11:58AM	<b>Revati Until 10:24PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:58AM	<b>Visvasu 5:127</b>
		<b>Yama</b> 6:43AM - 8:28AM	Shula* Until 2:38AM Thu	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:58PM	<b>Moon 7 - Phase 17 - 3 1st Phase</b>
		<b>Rahu</b> 11:58AM - 1:43PM	Kaulava Until 6:59AM	<b>Nataraja:</b> Yellow		
Routine Work	Marana Yoga		<b>Panchami Until 5:51PM</b>	<b>Moon - Clear</b>		<b>Sivaloka Day</b>

**4**

**Thursday, August 14, 2025**

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Guru Vesara Yuktayam

Albany NY

Mesha Rasi: 4:25	Tithi 21 - 22	<b>Gulika</b> 8:29AM - 10:13AM	<b>Ashvini Until 9:03PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:00AM	<b>Visvasu 5:127</b>
		<b>Yama</b> 5:00AM - 6:44AM	Ganda* Until 11:43PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:57PM	<b>Moon 7 - Phase 17 - 4 1st Phase</b>
		<b>Rahu</b> 1:43PM - 3:27PM	Visli Until 2:27AM Fri	<b>Nataraja:</b> Yellow		
Creative Work	Amrita Yoga		<b>Shashthi* Until 3:35PM</b>	<b>Moon - White</b>		<b>Subha Sivaloka Day</b>
Until 9:03PM						
Then Creative Work	- Siddha Yoga					

**5**

**Friday, August 15, 2025**

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Sukra Vesara Yuktayam

Albany NY

Mesha Rasi: 18:38	Tithi 22 - 23	<b>Gulika</b> 6:45AM - 8:29AM	<b>Bharani Until 7:34PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:01AM	<b>Visvasu 5:127</b>
		<b>Yama</b> 3:27PM - 5:11PM	Viddhi Until 8:50PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:56PM	<b>Moon 7 - Phase 17 - 5 Ashtami</b>
		<b>Rahu</b> 10:14AM - 11:58AM	Balava Until 12:12AM Sat	<b>Nataraja:</b> Yellow		
Creative Work	Siddha Yoga		<b>Saptami Until 1:18PM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>
		<b>Krishna Janmashtami</b>				

**Saturday, August 16, 2025**

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Mani Vesara Yuktayam

Albany NY

Wishabha Rasi: 2:49	Tithi 23 - 24	<b>Gulika</b> 5:02AM - 6:46AM	<b>Kritika Until 6:00PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:02AM	<b>Visvasu 5:127</b>
		<b>Yama</b> 1:42PM - 3:26PM	Dhruva Until 5:58PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:54PM	<b>Moon 7 - Phase 17 - 6 Navami</b>
		<b>Rahu</b> 8:30AM - 10:14AM	Taililla Until 10:01PM	<b>Nataraja:</b> Yellow		
Creative Work	Amrita Yoga		<b>Ashtami* Until 11:05AM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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<b>1</b>	<b>Sunday, August 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Uvaru Yuktyam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashamam Tilau				Albany NY Sutra 126
	Mithuna Rasi: 16.58	Tithi 24 – 25	<b>Gulika</b> 3:25PM – 5:09PM <b>Yama</b> 11:58AM – 1:41PM <b>Rahu</b> 5:09PM – 6:52PM	<b>Rohini</b> Untill 4:49PM Vyaghata* Untill 3:11PM Bava Untill 6:01PM Navami* Untill 8:57AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 6:52PM	Vishvasu 5:127 Moon 7 - Phase 18 - 8 2nd Phase
Creative Work Siddha Yoga		536728572			<b>Sivaloka Day</b>		

<b>2</b>	<b>Monday, August 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktyam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Ekadasyam Tilau				Albany NY Sutra 127
	Mithuna Rasi: 1.02	Tithi 25 – 26	<b>Gulika</b> 1:41PM – 3:24PM <b>Yama</b> 10:14AM – 11:57AM <b>Rahu</b> 6:47AM – 8:31AM	<b>Mrigashira</b> Untill 3:38PM Harshana Untill 12:32PM Bava Untill 6:01PM Dashami Untill 6:56AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 5:04AM <b>Sunset:</b> 6:51PM	Vishvasu 5:127 Moon 7 - Phase 18 - 8 2nd Phase
Family Home Evening Creative Work Amrita Yoga Untill 3:38PM Then Creative Work - Siddha Yoga		536728572			<b>Sivaloka Day</b>		

<b>3</b>	<b>Tuesday, August 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktyam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taila Karana Dvadashyam Tilau				Albany NY Sutra 128
	Mithuna Rasi: 14.59	Tithi 27	<b>Gulika</b> 11:57AM – 1:40PM <b>Yama</b> 8:31AM – 10:14AM <b>Rahu</b> 3:23PM – 5:06PM	<b>Ardra</b> Untill 2:31PM Vajra* Untill 10:01AM Kaulava Untill 4:18PM Dvadashi* Untill 3:31AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 5:05AM <b>Sunset:</b> 6:49PM	Vishvasu 5:127 Moon 7 - Phase 18 - 9 2nd Phase
Routine Work Marana Yoga Untill 2:31PM Then Creative Work - Siddha Yoga		536728572			<b>Sivaloka Day</b>		

<b>4</b>	<b>Wednesday, August 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktyam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashyam Tilau				Albany NY Sutra 129
	Mithuna Rasi: 28.47	Tithi 28	<b>Gulika</b> 10:14AM – 11:57AM <b>Yama</b> 6:49AM – 8:31AM <b>Rahu</b> 11:57AM – 1:40PM	<b>Punarvasu</b> Untill 1:58PM Siddhi Untill 7:44AM Gara Untill 2:52PM Trayodashi* Untill 2:15AM Thu	<b>Ganesh:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:06AM <b>Sunset:</b> 6:48PM	Vishvasu 5:127 Moon 7 - Phase 18 - 10 2nd Phase
Creative Work Siddha Yoga		546728572			<b>Devaloka Day</b>		

<b>5</b>	<b>Thursday, August 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktyam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashyam Tilau				Albany NY Sutra 130
	Kataka Rasi: 12.23	Tithi 29	<b>Gulika</b> 8:32AM – 10:14AM <b>Yama</b> 5:07AM – 6:49AM <b>Rahu</b> 1:39PM – 3:21PM	<b>Pushya</b> Untill 1:37PM Varjyan Untill 4:02AM Fri Vaisi Untill 1:48PM Chaturdashi* Untill 1:25AM Fri	<b>Ganesh:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:07AM <b>Sunset:</b> 6:46PM	Vishvasu 5:127 Moon 7 - Phase 18 - 11 2nd Phase
Creative Work Amrita Yoga Untill 1:37PM Then Creative Work - Siddha Yoga		546728572			<b>Devaloka Day</b>		

<b>●</b>	<b>Friday, August 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktyam Ashlesha/Magha* Nakshatra Parigha* Yoga Catuspada*/Niaga* Karana Amavasyayam Tilau				Albany NY Sutra 131
	Kataka Rasi: 25.44	Tithi 30	<b>Gulika</b> 6:50AM – 8:32AM <b>Yama</b> 3:21PM – 5:03PM <b>Rahu</b> 10:14AM – 11:56AM	<b>Ashlesha*</b> Untill 1:34PM Parigha* Untill 2:46AM Sat Catuspada Untill 1:11PM Amavasya* Untill 1:03AM Sat	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 6:45PM	Vishvasu 5:127 Moon 7 - Phase 18 - 12 Amavasya
Routine Work Marana Yoga		547728572			<b>Devaloka Day</b>		

<b>●</b>	<b>Saturday, August 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Paksha Manta Vasara Yuktyam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Tilau				Albany NY Sutra 132
	Simha Rasi: 8.5	Tithi 1	<b>Gulika</b> 5:09AM – 6:51AM <b>Yama</b> 1:38PM – 3:20PM <b>Rahu</b> 8:33AM – 10:14AM	<b>Magha*</b> Untill 2:21PM Shiva Untill 1:57AM Sun Kintughna Untill 1:06PM Prathama* Untill 1:16AM Sun	<b>Ganesh:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 6:43PM	Vishvasu 5:127 Moon 7 - Phase 18 - 13 Prathama
Creative Work Amrita Yoga Untill 2:21PM Then Creative Work - Siddha Yoga		557728572			<b>Devaloka Day</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1 Sunday, August 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu VEsara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Tilau		Sun 14	Albany NY Sutra 133
Simha Rasi: 21.38	Tilhi 2	<b>Gulika</b> 3:19PM - 5:00PM <b>Yama</b> 11:56AM - 1:37PM <b>Rahu</b> 5:00PM - 6:42PM	<b>Purvaphalguni Until 3:33PM</b> Siddha Until 1:34AM Mon Balava Until 1:37PM <b>Dvitiya Until 2:04AM Mon</b>	<b>Ganesha: Purple</b> Sunrise: 5:10AM <b>Muruga: Blue</b> Sunset: 6:49PM <b>Nataraja: Yellow</b> Moon - Red	Vesavasu 5:127 Moon 7 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Until 3:33PM					
Then Creative Work - Amrita Yoga					
<b>2 Monday, August 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vesara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Tilau		Sun 15	Albany NY Sutra 134
Kanya Rasi: 4.1	Tilhi 3	<b>Gulika</b> 1:37PM - 3:18PM <b>Yama</b> 10:14AM - 11:56AM <b>Rahu</b> 6:52AM - 8:33AM	<b>Uttaraphalguni Until 5:10PM</b> Sadhya Until 1:39AM Tue Talilla Until 2:42PM <b>Tritiya Until 3:27AM Tue</b>	<b>Ganesha: Purple</b> Sunrise: 5:17AM <b>Muruga: Blue</b> Sunset: 6:49PM <b>Nataraja: Yellow</b> Moon - Red	Vesavasu 5:127 Moon 7 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Family Home Evening					
Then Creative Work - Amrita Yoga					
<b>3 Tuesday, August 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vesara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanja/Vesil' Karana Chaturthayam Tilau		Sun 16	Albany NY Sutra 135
Kanya Rasi: 16.27	Tilhi 4	<b>Gulika</b> 11:55AM - 1:36PM <b>Yama</b> 8:34AM - 10:15AM <b>Rahu</b> 3:17PM - 4:58PM	<b>Hasta Until 7:37PM</b> Subha Until 2:08AM Wed Vanija Until 4:21PM <b>Chaturthi' Until 5:19AM Wed</b>	<b>Ganesha: Light Blue</b> Sunrise: 5:12AM <b>Muruga: Blue</b> Sunset: 6:38PM <b>Nataraja: Yellow</b> Moon - Green	Vesavasu 5:127 Moon 7 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Ganesha Chaturthi					
Then Creative Work - Siddha Yoga					
<b>4 Wednesday, August 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vesara Yuktayam Chitra Nakshatra Sukla Yoga Bava Karana Panchayam Tilau		Sun 17	Albany NY Sutra 136
Kanya Rasi: 28.32	Tilhi 5	<b>Gulika</b> 10:15AM - 11:55AM <b>Yama</b> 8:34AM - 10:15AM <b>Rahu</b> 11:55AM - 1:35PM	<b>Chitra Until 10:17PM</b> Sukla Until 2:51AM Thu Bava Until 6:24PM <b>Panchami Until 7:32AM Thu</b>	<b>Ganesha: Light Blue</b> Sunrise: 5:12AM <b>Muruga: Blue</b> Sunset: 6:38PM <b>Nataraja: White</b> Moon - Green	Vesavasu 5:127 Moon 7 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	57728573			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					
<b>5 Thursday, August 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vesara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthayam Tilau		Sun 18	Albany NY Sutra 137
Tula Rasi: 10.29	Tilhi 5 - 6	<b>Gulika</b> 8:35AM - 10:15AM <b>Yama</b> 5:14AM - 6:54AM <b>Rahu</b> 1:35PM - 3:15PM	<b>Svali Until 1:01AM Fri</b> Brahma Until 3:45AM Fri Kaulava Until 8:44PM <b>Panchami Until 7:32AM</b>	<b>Ganesha: Light Blue</b> Sunrise: 5:14AM <b>Muruga: Blue</b> Sunset: 6:39PM <b>Nataraja: White</b> Moon - Green	Vesavasu 5:127 Moon 7 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga	57728573			<b>Sivaloka Day</b>
Until 1:01AM Fri					
Then Creative Work - Siddha Yoga					
<b>6 Friday, August 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vesara Yuktayam Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Sapthayam Tilau		Sun 19	Albany NY Sutra 138
Tula Rasi: 22.22	Tilhi 6 - 7	<b>Gulika</b> 6:55AM - 8:35AM <b>Yama</b> 3:14PM - 4:54PM <b>Rahu</b> 10:15AM - 11:54AM	<b>Vishakha Until 4:08AM Sat</b> Indra Until 4:41AM Sat Gara Until 11:09PM <b>Shashthi' Until 9:55AM</b>	<b>Ganesha: Clear</b> Sunrise: 5:15AM <b>Muruga: Blue</b> Sunset: 6:39PM <b>Nataraja: White</b> Moon - Orange	Vesavasu 5:127 Moon 7 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga	578728573			<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga					
<b>7 Saturday, August 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manu Vesara Yuktayam Anuradha Nakshatra Vaidhriti' Yoga Vanja/Vesil' Karana Sapthami/Ashthayam Tilau		Sun 20	Albany NY Sutra 139
Wishika Rasi: 4.14	Tilhi 7 - 8	<b>Gulika</b> 5:16AM - 6:56AM <b>Yama</b> 1:33PM - 3:13PM <b>Rahu</b> 8:35AM - 10:15AM	<b>Anuradha Until 6:55AM Sun</b> Vaidhriti' Until 5:27AM Sun Vesil' Until 1:25AM Sun <b>Sapthami Until 12:17PM</b>	<b>Ganesha: Clear</b> Sunrise: 5:16AM <b>Muruga: Blue</b> Sunset: 6:39PM <b>Nataraja: White</b> Moon - Orange	Vesavasu 5:127 Moon 7 - Phase 19 - 20 Ashtami
Creative Work	Siddha Yoga	578728573			<b>Subha Sivaloka Day</b>
Until 6:55AM Sun					
Then Routine Work - Marana Yoga					
<b>8 Sunday, August 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vesara Yuktayam Anuradha/Jyeshtha' Nakshatra Vshikambha' Yoga Bava/Balava Karana Ashtami/Navayam Tilau		Sun 21	Albany NY Sutra 140
Wishika Rasi: 16.11	Tilhi 8 - 9	<b>Gulika</b> 3:12PM - 4:51PM <b>Yama</b> 11:54AM - 1:33PM <b>Rahu</b> 4:51PM - 6:30PM	<b>Anuradha Until 6:55AM</b> Vshikambha' Until 5:58AM Mon Balava Until 3:23AM Mon <b>Ashtami' Until 2:26PM</b>	<b>Ganesha: Clear</b> Sunrise: 5:18AM <b>Muruga: Blue</b> Sunset: 6:39PM <b>Nataraja: White</b> Moon - Orange	Vesavasu 5:127 Moon 7 - Phase 19 - 21 Navami
Creative Work	Marana Yoga	578728573			<b>Subha Sivaloka Day</b>
Routine Work					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atha Veda

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<b>1</b>	<b>Monday, September 1, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Phili Yaga Kaulava/Taila Karana Navami/Dashamam Titau				Albany NY Sun 22	Sutra 141 Sutra 142
	Wischika Rasi: 28.17 Family Home Evening Creative Work	Tithi 9 – 10 Siddha Yoga	578728573	<b>Gulika</b> 1:32PM – 3:11PM <b>Yama</b> 10:15AM – 11:53AM <b>Rahu</b> 6:57AM – 8:36AM	<b>Jyeshtha* Untill 9:12AM</b> Phili Untill 6:07AM Tue Tailita Untill 4:52AM Tue <b>Navami* Untill 4:10PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Orange	Sunrise: 5:19AM Sunset: 6:28PM	Vasavasu 5127 Moon 7 - Phase 20 - 22 4th Phase

**Subha Sivaloka Day**  
Bhaskarapada

<b>2</b>	<b>Tuesday, September 2, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam Mula/Purvashada* Nakshatra PhiliYuktam Yaga Gara/Vanaja Karana Dashami/Ekadasham Titau				Albany NY Sun 23	Sutra 142 Sutra 143
	Dhanus Rasi: 10.34 Creative Work Untill 11:18AM Then Creative Work	Tithi 10 – 11 Amrita Yoga Siddha Yoga	588728573	<b>Gulika</b> 11:53AM – 1:32PM <b>Yama</b> 8:36AM – 10:15AM <b>Rahu</b> 3:10PM – 4:48PM	<b>Mula* Untill 11:18AM</b> Phili Untill 6:07AM Vanija Untill 5:43AM Wed <b>Dashami Untill 5:21PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sunrise: 5:20AM Sunset: 6:29PM	Vasavasu 5127 Moon 7 - Phase 20 - 23 4th Phase

**Sivaloka Day**  
Bhaskarapada

<b>3</b>	<b>Wednesday, September 3, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Buzha Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Saubhagya Yaga Vesi/Bava Karana Ekadashi/Dwadasham Titau				Albany NY Sun 24	Sutra 143 Sutra 144
	Dhanus Rasi: 23.08 Creative Work	Tithi 11 – 12 Amrita Yoga	588828573	<b>Gulika</b> 10:15AM – 11:53AM <b>Yama</b> 6:59AM – 8:37AM <b>Rahu</b> 11:53AM – 1:31PM	<b>Purvashada* Untill 12:37PM</b> Saubhagya Untill 4:52AM Thu Bava Untill 5:53AM Thu <b>Ekadashi Untill 5:52PM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sunrise: 5:21AM Sunset: 6:29PM	Vasavasu 5127 Moon 7 - Phase 20 - 23 4th Phase

**Sivaloka Day**  
Bhaskarapada

<b>4</b>	<b>Thursday, September 4, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yaga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany NY Sun 25	Sutra 144 Sutra 145
	Makara Rasi: 6.02 Routine Work Untill 1:06PM Then Creative Work	Tithi 12 – 13 Marana Yoga Siddha Yoga	589828573	<b>Gulika</b> 8:37AM – 10:15AM <b>Yama</b> 5:22AM – 6:59AM <b>Rahu</b> 1:30PM – 3:08PM	<b>Uttarashada Untill 1:06PM</b> Sobhana Untill 3:25AM Fri Kaulava Untill 5:20AM Fri <b>Dvadashi Untill 5:40PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	Sunrise: 5:22AM Sunset: 6:28PM	Vasavasu 5127 Moon 7 - Phase 20 - 25 4th Phase

*Pradosha Vata*  
**Sivaloka Day**  
Bhaskarapada

<b>5</b>	<b>Friday, September 5, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yaga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany NY Sun 26	Sutra 145 Sutra 146
	Makara Rasi: 19.17 Routine Work Untill 1:11PM Then Creative Work	Tithi 13 – 14 Marana Yoga Siddha Yoga	599828573	<b>Gulika</b> 7:00AM – 8:37AM <b>Yama</b> 3:07PM – 4:44PM <b>Rahu</b> 10:15AM – 11:52AM	<b>Shravana Untill 1:11PM</b> Athiganda* Untill 1:24AM Sat Gara Untill 4:07AM Sat <b>Trayodashi Untill 4:47PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Purple	Sunrise: 5:23AM Sunset: 6:27PM	Vasavasu 5127 Moon 7 - Phase 20 - 26 4th Phase

**Subha Sivaloka Day**  
Bhaskarapada

<b>6</b>	<b>Saturday, September 6, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarna Yaga Vanja/Vesi* Karana Chaturdashi/Purnimayam Titau				Albany NY Sun 27	Sutra 146 Sutra 147
	Kumbha Rasi: 2.55 Creative Work Untill 12:29PM Then Creative Work	Tithi 14 – 15 Siddha Yoga Amrita Yoga	599828573	<b>Gulika</b> 5:24AM – 7:01AM <b>Yama</b> 1:29PM – 3:05PM <b>Rahu</b> 8:38AM – 10:15AM	<b>Dhanishtha Untill 12:29PM</b> Sukarna Untill 10:55PM Vesi Untill 2:18AM Sun <b>Chaturdashi* Untill 3:15PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Purple	Sunrise: 5:24AM Sunset: 6:26PM	Vasavasu 5127 Moon 7 - Phase 20 - 27 4th Phase

**Subha Sivaloka Day**  
Bhaskarapada

<b>○</b>	<b>Sunday, September 7, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bhanu Shatabhishak/Purvashrothapada* Nakshatra Dhriti Yaga Bava/Balava Karana Purnima/Pra panchamam Titau				Albany NY Sun 28	Sutra 147 Sutra 148
	Kumbha Rasi: 16.53 Creative Work	Tithi 15 – 16 Siddha Yoga	599828573	<b>Gulika</b> 3:05PM – 4:41PM <b>Yama</b> 11:51AM – 1:28PM <b>Rahu</b> 4:41PM – 6:18PM	<b>Shatabhishak Untill 11:06AM</b> Dhriti Untill 8:03PM Balava Untill 12:02AM Mon <b>Purnima* Untill 1:12PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Purple	Sunrise: 5:25AM Sunset: 6:18PM	Vasavasu 5127 Moon 7 - Phase 20 - Purnima

**Subha Sivaloka Day**  
Bhaskarapada

<b>○</b>	<b>Monday, September 8, 2025</b>		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Purvashrothapada*/Uttarashrothapada Nakshatra Shula*/Ganda* Yaga Kaulava/Taila Karana Prathama/Dvityayam Titau				Albany NY Sun 29	Sutra 148 Sutra 149
	Meena Rasi: 1.1 Family Home Evening Routine Work Untill 9:34AM Then Creative Work	Tithi 16 – 17 Marana Yoga Siddha Yoga	519828573	<b>Gulika</b> 1:27PM – 3:04PM <b>Yama</b> 10:15AM – 11:51AM <b>Rahu</b> 7:02AM – 8:39AM	<b>Purvashrothapada* Untill 9:34AM</b> Shula* Untill 4:51PM Tailita Untill 9:25PM <b>Prathama* Untill 10:45AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Clear	Sunrise: 5:26AM Sunset: 6:16PM	Vasavasu 5127 Moon 7 - Phase 20 - Prathama

**Subha Sivaloka Day**  
Bhaskarapada

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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**Tuesday, September 9, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Mangala Vasara Yukatayam  
Uttaraprosphapada/Ravasi Nakshatra Ganda\*Widdhi Yoga Gara/Vanija Karana Dvitya/Triyayam Titau

Albany NY Sun 1

Sutra 149

Vishvasu 5:127

Meesha Rasi: 15.4 Tithi 17 - 18  
519828573Gulika 11:51AM - 1:27PM  
Yama 8:39AM - 10:15AM  
Rahu 3:03PM - 4:39PMUttaraprosphapada Until 7:38AM  
Ganda\* Until 1:28PM  
Vanija Until 6:36PM  
Dvitiya Until 8:00AMGanesha: Yellow Sunrise: 5:27AM  
Muruga: Blue Sunset: 6:19PM  
Nataraja: White  
Moon - ClearMoon B - Phase 21 - 1  
1st Phase**Subha Sivaloka Day**Creative Work Amrita Yoga  
Until 7:38AM  
Then Creative Work - Siddha Yoga**Wednesday, September 10, 2025**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Budha Vasara Yukatayam  
Ashvini Nakshatra Widdhi/Dhruva Yoga Bava/Baleva Karana Chaluriyam Titau

Albany NY Sun 2

Sutra 150

Vishvasu 5:127

Meesha Rasi: 0.16 Tithi 19  
529828573Gulika 10:15AM - 11:50AM  
Yama 7:04AM - 8:39AM  
Rahu 11:50AM - 1:26PMAshvini Until 3:26AM Thu  
Viddhi Until 10:01AM  
Bava Until 3:42PM  
Chalurthi\* Until 2:15AM ThuGanesha: White Sunrise: 5:28AM  
Muruga: Blue Sunset: 6:19PM  
Nataraja: White  
Moon - WhiteMoon B - Phase 21 - 2  
1st Phase**Sivaloka Day**Routine Work Marana Yoga  
Until 3:26AM Thu  
Then Creative Work - Siddha Yoga**Thursday, September 11, 2025**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Guru Vasara Yukatayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Panchamyam Titau

Albany NY Sun 3

Sutra 151

Vishvasu 5:127

Meesha Rasi: 14.53 Tithi 20  
529828573Gulika 8:40AM - 10:15AM  
Yama 5:29AM - 7:04AM  
Rahu 1:25PM - 3:01PMBharani Until 1:26AM Fri  
Dhruva Until 6:32AM  
Kaulava Until 12:51PM  
Panchami Until 11:27PMGanesha: White Sunrise: 5:29AM  
Muruga: Blue Sunset: 6:17PM  
Nataraja: White  
Moon - WhiteMoon B - Phase 21 - 3  
1st Phase**Sivaloka Day**

Creative Work Siddha Yoga

**Friday, September 12, 2025**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Sukra Vasara Yukatayam  
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Albany NY Sun 4

Sutra 152

Vishvasu 5:127

Meesha Rasi: 29.24 Tithi 21  
521828573Gulika 7:05AM - 8:40AM  
Yama 3:00PM - 4:34PM  
Rahu 10:15AM - 11:50AMKritika Until 11:31PM  
Harshana Until 12:01AM Sat  
Gara Until 10:09AM  
Shashthi\* Until 8:52PMGanesha: Blue Sunrise: 5:30AM  
Muruga: Blue Sunset: 6:09PM  
Nataraja: White  
Moon - WhiteMoon B - Phase 21 - 4  
1st Phase**Sivaloka Day**Creative Work Siddha Yoga  
Until 11:31PM  
Then Routine Work - Marana Yoga**Saturday, September 13, 2025**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Manita Vasara Yukatayam  
Rohini Nakshatra Vajra\* Yoga Visli\* Bava Karana Saplamyam Titau

Albany NY Sun 5

Sutra 153

Vishvasu 5:127

Wishahba Rasi: 13.46 Tithi 22  
531828573Gulika 5:31AM - 7:06AM  
Yama 1:24PM - 2:58PM  
Rahu 8:40AM - 10:15AMRohini Until 10:10PM  
Vajra\* Until 9:04PM  
Visli Until 7:42AM  
Saptami Until 6:34PMGanesha: Red Sunrise: 5:31AM  
Muruga: Blue Sunset: 6:08PM  
Nataraja: White  
Moon - YellowMoon B - Phase 21 - 5  
1st Phase**Subha Sivaloka Day**Creative Work Amrita Yoga  
Until 10:10PM  
Then Creative Work - Siddha Yoga**Sunday, September 14, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Bharu Vasara Yukatayam  
Mrigashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashami/Navamyam Titau

Albany NY Sun 6

Sutra 154

Vishvasu 5:127

Wishahba Rasi: 27.55 Tithi 23 - 24  
531828573Gulika 2:57PM - 4:32PM  
Yama 11:49AM - 1:23PM  
Rahu 4:32PM - 6:06PMMrigashira Until 9:01PM  
Siddhi Until 6:24PM  
Taila Until 3:48AM Mon  
Ashlami\* Until 4:37PMGanesha: Red Sunrise: 5:33AM  
Muruga: Blue Sunset: 6:04PM  
Nataraja: White  
Moon - YellowMoon B - Phase 21 - 6  
Ashtami**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Monday, September 15, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Indu Vasara Yukatayam  
Ardra Nakshatra Vyalipata\*Varjan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany NY Sun 7

Sutra 155

Vishvasu 5:127

Mithuna Rasi: 11.5 Tithi 24 - 25  
531828573Gulika 1:22PM - 2:56PM  
Yama 10:15AM - 11:49AM  
Rahu 7:07AM - 8:41AMArdra Until 8:08PM  
Vyalipata\* Until 4:05PM  
Vanija Until 2:26AM Tue  
Navami\* Until 3:03PMGanesha: Red Sunrise: 5:33AM  
Muruga: Blue Sunset: 6:04PM  
Nataraja: White  
Moon - YellowMoon B - Phase 21 - 7  
Navami**Subha Sivaloka Day**Creative Work Siddha Yoga  
Until 8:08PM  
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	<b>Tuesday, September 16, 2025</b>		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mangala Vesara Yukhtayam Panarvasu Nakshatra Varjyan/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 8	Albany NY Sutra 156
	Mithuna Rasi: 25.3	TITHI 25 – 26	<b>Gulika</b> 11:48AM – 1:22PM <b>Yama</b> 8:41AM – 10:15AM <b>Rahu</b> 2:55PM – 4:29PM	<b>Punarvasu</b> Untill 7:56PM Varjyan Untill 2:04PM Bava Untill 1:30AM Wed <b>Dashami</b> Untill 1:54PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Blue	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:02PM	Vasavasau 5:127 Moon 8 - Phase 22 - 8 2nd Phase	
Creative Work Siddha Yoga		<b>Sivaloka Day</b>						

2	<b>Wednesday, September 17, 2025</b>		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Budha Vesara Yukhtayam Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9	Albany NY Sutra 157
	Kalka Rasi: 8.55	TITHI 26 – 27	<b>Gulika</b> 10:15AM – 11:48AM <b>Yama</b> 7:09AM – 8:42AM <b>Rahu</b> 11:48AM – 1:21PM	<b>Pushya</b> Untill 8:02PM Parigha' Untill 12:24PM Kaulava Untill 1:00AM Thu <b>Ekadashi'</b> Untill 1:11PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Blue	<b>Sunrise:</b> 5:25AM <b>Sunset:</b> 6:09PM	Vasavasau 5:127 Moon 8 - Phase 22 - 9 2nd Phase	
Creative Work Siddha Yoga		<b>Sivaloka Day</b>						

3	<b>Thursday, September 18, 2025</b>		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Guru Vesara Yukhtayam Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana DvadasNI/Trayodashyam Titau				Sun 10	Albany NY Sutra 158
	Kalka Rasi: 22.06	TITHI 27 – 28	<b>Gulika</b> 8:42AM – 10:15AM <b>Yama</b> 5:37AM – 7:09AM <b>Rahu</b> 1:20PM – 2:53PM	<b>Ashlesha'</b> Untill 8:25PM Shiva Untill 11:07AM Gara Untill 12:58AM Fri <b>Dvadashi'</b> Untill 12:54PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Blue	<b>Sunrise:</b> 5:27AM <b>Sunset:</b> 5:59PM	Vasavasau 5:127 Moon 8 - Phase 22 - 10 2nd Phase	
Creative Work Siddha Yoga Untill 8:25PM Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b>						

4	<b>Friday, September 19, 2025</b>		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Sukra Vesara Yukhtayam Magha' Nakshatra Siddha/Sadhya Yoga Vanija/Visti' Karana Trayodashi/Chaturdashyam Titau				Sun 11	Albany NY Sutra 159
	Simha Rasi: 5.03	TITHI 28 – 29	<b>Gulika</b> 7:10AM – 8:42AM <b>Yama</b> 2:52PM – 4:24PM <b>Rahu</b> 10:15AM – 11:47AM	<b>Magha'</b> Untill 9:34PM Siddha Untill 10:09AM Visti Untill 1:24AM Sat <b>Trayodashi'</b> Untill 1:06PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Red	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 5:57PM	Vasavasau 5:127 Moon 8 - Phase 22 - 11 2nd Phase	
Routine Work Marana Yoga Untill 9:34PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>						

●	<b>Saturday, September 20, 2025</b>		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mania Vesara Yukhtayam Purvaphalguni Nakshatra Sadha/Sukla Yoga Sakuri/Catupadi' Karana Chaturdasham/Amavasyayam Titau				Sun 12	Albany NY Sutra 160
	<b>Retreat Star</b>		<b>Gulika</b> 5:39AM – 7:11AM <b>Yama</b> 1:19PM – 2:51PM <b>Rahu</b> 8:43AM – 10:15AM	<b>Purvaphalguni</b> Untill 11:00PM Sadhya Untill 9:34AM Catupada Untill 2:17AM Sun <b>Chaturdashi'</b> Untill 1:46PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Red	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 5:59PM	Vasavasau 5:127 Moon 8 - Phase 22 - 12 Amavasya	
Creative Work Siddha Yoga Untill 11:00PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>						

●	<b>Sunday, September 21, 2025</b>		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Shiva Vesara Yukhtayam Uttaraphalguni Nakshatra Sadha/Sukla Yoga Naga/Kintughna' Karana Amavasya/Prathamayam Titau				Sun 13	Albany NY Sutra 161
	<b>Retreat Star</b>		<b>Gulika</b> 2:50PM – 4:22PM <b>Yama</b> 11:47AM – 1:18PM <b>Rahu</b> 4:22PM – 5:53PM	<b>Uttaraphalguni</b> Untill 12:44AM Mon Sadha Untill 9:22AM Kintughna Untill 3:39AM Mon <b>Amavasya'</b> Untill 2:53PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Red	<b>Sunrise:</b> 5:40AM <b>Sunset:</b> 5:53PM	Vasavasau 5:127 Moon 8 - Phase 22 - 13 Prathama	
Creative Work Amrita Yoga Untill 12:44AM Mon Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>						

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1

Monday, September 22, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 14	Albany NY Sutra 162
<b>Gulika</b>	1:18PM – 2:49PM	<b>Hasla Untill 3:11AM Tue</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:41AM	Vasavasu 5:17
<b>Yama</b>	10:15AM – 11:46AM	<b>Sukla Untill 9:29AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 8 - Phase 23 - 14
<b>Rahu</b>	7:12AM – 8:44AM	<b>Balava Untill 5:25AM Tue</b>	<b>Nataraja:</b> White		3rd Phase
		<b>Prathama* Untill 4:28PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>
			<b>Ashvini/Punarvasi</b>		

Kanya Rasi: 12.35 Tilthi 1 – 2  
**Family Home Evening**  
 Creative Work Siddha Yoga

2

Tuesday, September 23, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Titau				Sun 15	Albany NY Sutra 163
<b>Gulika</b>	11:46AM – 1:17PM	<b>Chitra Untill 5:49AM Wed</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:43AM	Vasavasu 5:17
<b>Yama</b>	8:44AM – 10:15AM	<b>Brahma Untill 9:54AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 8 - Phase 23 - 15
<b>Rahu</b>	2:48PM – 4:19PM	<b>Kaulava Untill 6:25PM</b>	<b>Nataraja:</b> White		3rd Phase
		<b>Dvitiya Untill 6:25PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>
			<b>Ashvini/Punarvasi</b>		

Kanya Rasi: 24.44 Tilthi 2  
 Creative Work Siddha Yoga

3

Wednesday, September 24, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Titau				Sun 16	Albany NY Sutra 164
<b>Gulika</b>	10:15AM – 11:45AM	<b>Svati Untill 8:31AM Thu</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:43AM	Vasavasu 5:17
<b>Yama</b>	7:14AM – 8:44AM	<b>Indra Untill 10:36AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	Moon 8 - Phase 23 - 16
<b>Rahu</b>	11:45AM – 1:16PM	<b>Tailila Untill 7:32AM</b>	<b>Nataraja:</b> White		3rd Phase
		<b>Tritiya Untill 8:40PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>
			<b>Ashvini/Punarvasi</b>		

Tula Rasi: 6.44 Tilthi 3  
 Creative Work Siddha Yoga

4

Thursday, September 25, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra/Vaidhiti* Vishkambha* Yoga Vanija/Visi* Karana Chaturthiyam Titau				Sun 17	Albany NY Sutra 165
<b>Gulika</b>	8:45AM – 10:15AM	<b>Svati Untill 8:31AM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:44AM	Vasavasu 5:17
<b>Yama</b>	5:44AM – 7:14AM	<b>Vaidhiti* Untill 11:26AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	Moon 8 - Phase 23 - 17
<b>Rahu</b>	1:15PM – 2:46PM	<b>Vanija Untill 9:54AM</b>	<b>Nataraja:</b> White		3rd Phase
		<b>Chaturthi* Untill 11:06PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>
			<b>Ashvini/Punarvasi</b>		

Tula Rasi: 18.4 Tilthi 4  
 Creative Work Amrita Yoga  
 Untill 8:31AM  
 Then Creative Work - Siddha Yoga

5

Friday, September 26, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Sukra Vasara Yuktayam Vishkaha/Anuradha Nakshatra Vishkambha* Pritii Yoga Bava/Balava Karana Panchamyam Titau				Sun 18	Albany NY Sutra 166
<b>Gulika</b>	7:15PM – 8:45AM	<b>Vishkaha Untill 11:40AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 5:45AM	Vasavasu 5:17
<b>Yama</b>	2:45PM – 4:15PM	<b>Vishkambha* Untill 12:21PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	Moon 8 - Phase 23 - 18
<b>Rahu</b>	10:15AM – 11:45AM	<b>Bava Untill 12:22PM</b>	<b>Nataraja:</b> White		3rd Phase
		<b>Panchami Untill 1:35AM Sat</b>	<b>Moon – Orange</b>		<b>Subha Subha Sivaloka Day</b>
			<b>Ashvini/Punarvasi</b>		

Wishika Rasi: 0.31 Tilthi 5  
 Creative Work Siddha Yoga

6

Saturday, September 27, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Manu Vasara Yuktayam Gulika/Anuradha Nakshatra Pritii/Anuradha* Pritii/Anuradha* Yoga Kaulava Karana Shashthiyam Titau				Sun 19	Albany NY Sutra 167
<b>Gulika</b>	5:46AM – 7:16AM	<b>Anuradha Untill 2:37PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:46AM	Vasavasu 5:17
<b>Yama</b>	1:14PM – 2:44PM	<b>Pritii Untill 1:16PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	Moon 8 - Phase 23 - 19
<b>Rahu</b>	8:45AM – 10:15AM	<b>Kaulava Untill 2:48PM</b>	<b>Nataraja:</b> White		3rd Phase
		<b>Shashthi* Untill 3:56AM Sun</b>	<b>Moon – Orange</b>		<b>Subha Sivaloka Day</b>
			<b>Ashvini/Punarvasi</b>		

Wishika Rasi: 12.23 Tilthi 6  
 Creative Work Siddha Yoga

Sunday, September 28, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Brihas Vasara Yuktayam Jyeshtha/Mula* Nakshatra Ajushman/Saubhagya Yoga Gara/Vanija Karana Sapthamyam Titau				Sun 20	Albany NY Sutra 168
<b>Retreat Star</b>		<b>Gulika</b>	2:43PM – 4:12PM	<b>Jyeshtha* Untill 5:12PM</b>	<b>Ganesh:</b> Green
		<b>Yama</b>	11:44AM – 1:13PM	<b>Ayushman Untill 2:00PM</b>	<b>Muruga:</b> Blue
		<b>Rahu</b>	4:12PM – 5:41PM	<b>Gara Untill 5:02PM</b>	<b>Nataraja:</b> White
				<b>Moon – Orange</b>	<b>Sivaloka Day</b>
				<b>Saptami Untill 6:00AM Mon</b>	<b>Ashvini/Punarvasi</b>

Wishika Rasi: 24.18 Tilthi 7  
 Routine Work Marana Yoga  
 Untill 5:12PM  
 Then Creative Work - Amrita Yoga

D

Monday, September 29, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visi* Karana Sapthami/Ashthamyam Titau				Sun 21	Albany NY Sutra 169
<b>Retreat Star</b>		<b>Gulika</b>	1:13PM – 2:41PM	<b>Mula* Untill 7:45PM</b>	<b>Ganesh:</b> Red
		<b>Yama</b>	10:15AM – 11:44AM	<b>Saubhagya Untill 2:28PM</b>	<b>Muruga:</b> Blue
		<b>Rahu</b>	7:17AM – 8:46AM	<b>Visi Untill 6:52PM</b>	<b>Nataraja:</b> White
				<b>Moon – Light Blue</b>	<b>Subha Sivaloka Day</b>
		<b>Durga Ashtami</b>	<b>Saptami Untill 6:00AM</b>		<b>Ashvini/Punarvasi</b>

Dhanu Rasi: 6.2 Tilthi 7 – 8  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Untill 7:45PM  
 Then Routine Work - Marana Yoga

Tuesday, September 30, 2025

Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Atigandha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22	Albany NY Sutra 170
<b>Retreat Star</b>		<b>Gulika</b>	11:43AM – 1:12PM	<b>Purvashadha* Untill 9:35PM</b>	<b>Ganesh:</b> Red
		<b>Yama</b>	8:46AM – 10:15AM	<b>Sobhana Untill 2:32PM</b>	<b>Muruga:</b> Blue
		<b>Rahu</b>	2:40PM – 4:09PM	<b>Balava Untill 8:09PM</b>	<b>Nataraja:</b> White
				<b>Moon – Light Blue</b>	<b>Subha Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashlami* Untill 7:34AM</b>		<b>Ashvini/Punarvasi</b>

Dhanu Rasi: 18.34 Tilthi 8 – 9  
 Creative Work Siddha Yoga  
 Untill 9:35PM  
 Then Routine Work - Prabalarishla Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Trumantiram 1502

All times are standard time. Calculated for Albany, NY on 2/11/24

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<b>1</b>		<b>Wednesday, October 1, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kusbuo/Tailita Karana Navami/Dashmyam Titau		Albany NY Sutra 171
Makara Rasi: 1.05	Tithi 9 - 10	<b>Gulika</b> 10:15AM - 11:43AM	<b>Uttarashada Until 10:34PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:51AM	Vasavasu 5:127
		<b>Yama</b> 7:19AM - 8:47AM	<b>Alhiganda* Until 2:03PM</b>	<b>Muruga:</b> Blue	Sunset: 5:36PM	Moon 8 - Phase 24 - 23
		<b>Rahu</b> 11:43AM - 1:11PM	<b>Tailita Until 8:44PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 8:31AM</b>	<b>Moon - Light Blue</b>		<b>Subha Sivaloka Day</b>
Until 10:34PM				<b>Ashvini/Purnama</b>		
Then Creative Work	Siddha Yoga					

<b>2</b>		<b>Thursday, October 2, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarna/Dhruvi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany NY Sutra 172
Makara Rasi: 13.56	Tithi 10 - 11	<b>Gulika</b> 8:47AM - 10:15AM	<b>Shravana Until 11:05PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:52AM	Vasavasu 5:127
		<b>Yama</b> 5:52AM - 7:19AM	<b>Sukarna Until 12:59PM</b>	<b>Muruga:</b> Blue	Sunset: 5:36PM	Moon 8 - Phase 24 - 24
		<b>Rahu</b> 1:11PM - 2:38PM	<b>Vanija Until 8:31PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 8:42AM</b>	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
				<b>Ashvini/Purnama</b>		

<b>3</b>		<b>Friday, October 3, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhruvi/Shula* Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau		Albany NY Sutra 173
Makara Rasi: 27.11	Tithi 11 - 12	<b>Gulika</b> 7:20AM - 8:48AM	<b>Dhanishtha Until 10:41PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:53AM	Vasavasu 5:127
		<b>Yama</b> 2:37PM - 4:05PM	<b>Dhruvi Until 11:18AM</b>	<b>Muruga:</b> Blue	Sunset: 5:39PM	Moon 8 - Phase 24 - 25
		<b>Rahu</b> 10:15AM - 11:42AM	<b>Bava Until 7:30PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:05AM</b>	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
				<b>Ashvini/Purnama</b>		

<b>4</b>		<b>Saturday, October 4, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Tailita Karana Dvadashi/Trayodashyam Titau		Albany NY Sutra 174
Makara Rasi: 10.53	Tithi 12 - 13	<b>Gulika</b> 5:54AM - 7:21AM	<b>Shatabhishak Until 9:24PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:54AM	Vasavasu 5:127
		<b>Yama</b> 1:09PM - 2:36PM	<b>Shula* Until 8:58AM</b>	<b>Muruga:</b> Blue	Sunset: 5:31PM	Moon 8 - Phase 24 - 26
		<b>Rahu</b> 8:48AM - 10:15AM	<b>Tailita Until 4:36AM Sun</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 6:42AM</b>	<b>Moon - Purple</b>		<b>Sivaloka Day</b>
Until 9:24PM		<b>Kadaltswami Mahasamadi</b>		<b>Ashvini/Purnama</b>		
Then Routine Work	Marana Yoga		<b>Pradosha Vata</b>			

<b>5</b>		<b>Sunday, October 5, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Bhanu Vasara Yuktayam Purvashroshthapada* Nakshatra Ganda*Widdhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany NY Sutra 175
Makara Rasi: 25.01	Tithi 14	<b>Gulika</b> 2:35PM - 4:02PM	<b>Purvashroshthapada* Until 7:47PM</b>	<b>Ganesha:</b> White	Sunrise: 5:55AM	Vasavasu 5:127
		<b>Yama</b> 11:42AM - 1:09PM	<b>Ganda* Until 6:05AM</b>	<b>Muruga:</b> Blue	Sunset: 5:39PM	Moon 8 - Phase 24 - 27
		<b>Rahu</b> 4:02PM - 5:29PM	<b>Gara Until 3:21PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Chalurdashi* Until 1:56AM Mon</b>	<b>Moon - Clear</b>		<b>Sivaloka Day</b>
Until 7:47PM		<b>Chidambaram Abhishekam</b>		<b>Ashvini/Purnama</b>		
Then Creative Work	Amrita Yoga					

<b>Monday, October 6, 2025</b>		<b>Copper Retreat Star</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Sukla Pakche Indu Vasara Yuktayam Uttarashroshthapada/Revati Nakshatra Dhruva*Yoga Visi/Bava Karana Purnimayam Titau		Albany NY Sutra 176
Meena Rasi: 9.33	Tithi 15	<b>Gulika</b> 1:08PM - 2:34PM	<b>Uttarashroshthapada Until 5:33PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:56AM	Vasavasu 5:127
<b>Family Home Evening</b>		<b>Yama</b> 10:15AM - 11:42AM	<b>Dhruva Until 11:02PM</b>	<b>Muruga:</b> Blue	Sunset: 5:27PM	Moon 8 - Phase 24 - Purnima
		<b>Rahu</b> 7:22AM - 8:49AM	<b>Visi Until 12:26PM</b>	<b>Nataraja:</b> White		
Creative Work	Siddha Yoga		<b>Purnima* Until 10:49PM</b>	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>
				<b>Ashvini/Purnama</b>		

<b>Tuesday, October 7, 2025</b>		<b>Silver Retreat Star</b>		Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mase Krishna Pakche Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau		Albany NY Sutra 177
Meena Rasi: 24.23	Tithi 16	<b>Gulika</b> 11:41AM - 1:07PM	<b>Revati Until 2:52PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:57AM	Vasavasu 5:127
		<b>Yama</b> 8:49AM - 10:15AM	<b>Vyaghala* Until 7:06PM</b>	<b>Muruga:</b> Blue	Sunset: 5:25PM	Moon 8 - Phase 24 - Prathama
		<b>Rahu</b> 2:33PM - 3:59PM	<b>Balava Until 9:10AM</b>	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama* Until 7:26PM</b>	<b>Moon - Clear</b>		<b>Sivaloka Day</b>
				<b>Ashvini/Purnama</b>		

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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Wednesday, October 8, 2025

Gold Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Hanubana/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Tilau

Albany NY  
Sutra 178

Mesha Rasi: 9.23 Tithi 17 - 18  
633928574

Gulika 10:15AM - 11:41AM  
Yama 7:24AM - 8:50AM  
Rahu 11:41AM - 1:07PM

Ashvini Until 12:17PM  
Harsihana Until 3:05PM  
Vanija Until 2:12AM Thu  
Dvitiya Until 3:56PM

Ganesha: White  
Muruga: Blue  
Nataraja: Clear  
Moon - White

Sunrise: 5:58AM  
Sunset: 5:29PM  
Moon 9 - Phase 25 - 1

Sun 1  
Visvarasu 5127  
Phase 25 - 1  
1st Phase

Routine Work Marana Yoga  
Until 12:17PM  
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1

Thursday, October 9, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi\* Yoga Visli\*/Bava Karana Chaturthi/Panchamam Tilau

Albany NY  
Sutra 179

Mesha Rasi: 24.25 Tithi 18 - 19  
633928574

Gulika 8:50AM - 10:15AM  
Yama 5:59AM - 7:25AM  
Rahu 1:06PM - 2:31PM

Bharani Until 9:35AM  
Vajra\* Until 11:04AM  
Bava Until 10:49PM  
Tritiya Until 12:28PM

Ganesha: White  
Muruga: Blue  
Nataraja: Clear  
Moon - White

Sunrise: 5:59AM  
Sunset: 5:29PM  
Moon 9 - Phase 25 - 2

Sun 2  
Visvarasu 5127  
Phase 25 - 2  
1st Phase

Creative Work Siddha Yoga  
Until 9:35AM  
Then Routine Work - Marana Yoga

Subha Sivaloka Day

2

Friday, October 10, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyolipala\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau

Albany NY  
Sutra 180

Wishabha Rasi: 9.2 Tithi 19 - 20  
633928574

Gulika 7:26AM - 8:51AM  
Yama 2:30PM - 3:55PM  
Rahu 10:16AM - 11:40AM

Krittika Until 6:55AM  
Siddhi Until 7:13AM  
Kaulava Until 7:42PM  
Chaturthi\* Until 9:12AM

Ganesha: White  
Muruga: Blue  
Nataraja: Clear  
Moon - White

Sunrise: 6:01AM  
Sunset: 5:29PM  
Moon 9 - Phase 25 - 3

Sun 3  
Visvarasu 5127  
Phase 25 - 3  
1st Phase

Creative Work Siddha Yoga  
Until 6:55AM  
Then Routine Work - Marana Yoga

Subha Sivaloka Day

3

Saturday, October 11, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manita Vasara Yuktayam  
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Sashthyam Tilau

Albany NY  
Sutra 181

Wishabha Rasi: 24.01 Tithi 20 - 21  
633928574

Gulika 6:02AM - 7:26AM  
Yama 1:05PM - 2:29PM  
Rahu 8:51AM - 10:16AM

Mrigashira Until 3:07AM Sun  
Varjyan Until 12:25AM Sun  
Vanija Until 3:48AM Sun  
Panchami Until 6:16AM

Ganesha: Yellow  
Muruga: Blue  
Nataraja: Clear  
Moon - Yellow

Sunrise: 6:03AM  
Sunset: 5:19PM  
Moon 9 - Phase 25 - 4

Sun 4  
Visvarasu 5127  
Phase 25 - 4  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Sunday, October 12, 2025

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigaha\* Yoga Visli\*/Bava Karana Sapthamam Tilau

Albany NY  
Sutra 182

Mithuna Rasi: 8.22 Tithi 22  
633928574

Gulika 2:29PM - 3:53PM  
Yama 11:40AM - 1:04PM  
Rahu 3:53PM - 5:17PM

Ardra Until 1:47AM Mon  
Parigaha\* Until 9:39PM  
Visli Until 2:48PM  
Sapthami Until 1:54AM Mon

Ganesha: Yellow  
Muruga: Blue  
Nataraja: Clear  
Moon - Yellow

Sunrise: 6:03AM  
Sunset: 5:17PM  
Moon 9 - Phase 25 - 5

Sun 5  
Visvarasu 5127  
Phase 25 - 5  
1st Phase

Creative Work Siddha Yoga  
Until 1:47AM Mon  
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, October 13, 2025

Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamam Tilau

Albany NY  
Sutra 183

Mithuna Rasi: 22.2 Tithi 23  
633928574

Gulika 1:04PM - 2:28PM  
Yama 10:16AM - 11:40AM  
Rahu 7:28AM - 8:52AM

Punarvasu Until 1:21AM Tue  
Shiva Until 7:23PM  
Balava Until 1:12PM  
Ashlami\* Until 12:38AM Tue

Ganesha: Blue  
Muruga: Blue  
Nataraja: Clear  
Moon - Blue

Sunrise: 6:04AM  
Sunset: 5:14PM  
Moon 9 - Phase 25 - 6

Sun 6  
Visvarasu 5127  
Phase 25 - 6  
Ashtami

Family Home Evening  
Creative Work Amrita Yoga  
Until 1:21AM Tue  
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Tuesday, October 14, 2025

Retreat Star

Visvarasu Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam Tilau

Albany NY  
Sutra 184

Kataka Rasi: 5.55 Tithi 24  
633928574

Gulika 11:39AM - 1:03PM  
Yama 8:52AM - 10:16AM  
Rahu 2:27PM - 3:50PM

Pushya Until 1:26AM Wed  
Siddha Until 5:37PM  
Talila Until 12:15PM  
Navami\* Until 12:01AM Wed

Ganesha: Blue  
Muruga: Blue  
Nataraja: Clear  
Moon - Blue

Sunrise: 6:05AM  
Sunset: 5:14PM  
Moon 9 - Phase 25 - 7

Sun 7  
Visvarasu 5127  
Phase 25 - 7  
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Albany, NY on 2/11/24

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1	<b>Wednesday, October 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Budha Vasara Yuktyam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dshanyam Titau				Sun 8	Albany NY Sutra 185
	Kataka Rasi: 19.08	Tithi 25	<b>Gulika</b> 10:16AM - 11:39AM	<b>Ashlesha* Until</b> 1:59AM Thu	<b>Ganesha:</b> Blue	Sunrise: 6:06AM		Vishvasu 5:127
			Yama 7:30AM - 8:53AM	Sadhya Until 4:23PM	<b>Muruga:</b> Blue	Sunset: 5:12PM	Moon 9 - Phase 26 - 8	2nd Phase
		643928574	<b>Rahu</b> 11:39AM - 1:02PM	Vanija Until 11:58AM	<b>Nataraja:</b> Clear			
				<b>Dashami Until</b> 12:03AM Thu	<b>Subha Sivaloka Day</b>			
					<b>Ashvini-Purnima</b>			

2	<b>Thursday, October 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Maso Krishna Paksho Guru Vasara Yuktyam Magha* Nakshatra Sadhya/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9	Albany NY Sutra 186
	Simha Rasi: 2.02	Tithi 26	<b>Gulika</b> 8:53AM - 10:16AM	<b>Magha* Until</b> 3:25AM Fri	<b>Ganesha:</b> Red	Sunrise: 6:08AM		Vishvasu 5:127
			Yama 6:08AM - 7:30AM	Subha Until 3:38PM	<b>Muruga:</b> Blue	Sunset: 5:11PM	Moon 9 - Phase 26 - 10	2nd Phase
		653928574	<b>Rahu</b> 1:02PM - 2:25PM	Bava Until 12:19PM	<b>Nataraja:</b> Clear			
				<b>Ekadashi* Until</b> 12:40AM Fri	<b>Sivaloka Day</b>			
					<b>Ashvini-Purnima</b>			

3	<b>Friday, October 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Sukra Vasara Yuktyam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau				Sun 10	Albany NY Sutra 187
	Simha Rasi: 14.4	Tithi 27	<b>Gulika</b> 7:31AM - 8:54AM	<b>Purvaphalguni Until</b> 5:10AM Sat	<b>Ganesha:</b> Red	Sunrise: 6:09AM		Vishvasu 5:127
			Yama 2:24PM - 3:46PM	Sukla Until 3:16PM	<b>Muruga:</b> Blue	Sunset: 5:09PM	Moon 9 - Phase 26 - 10	2nd Phase
		653928574	<b>Rahu</b> 10:16AM - 11:39AM	Kaulava Until 1:12PM	<b>Nataraja:</b> Clear			
				<b>Dvadashti* Until</b> 1:49AM Sat	<b>Sivaloka Day</b>			
					<b>Ashvini-Kijasi</b>			

4	<b>Saturday, October 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Marta Vasara Yuktyam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11	Albany NY Sutra 188
	Simha Rasi: 27.05	Tithi 28	<b>Gulika</b> 6:10AM - 7:32AM	<b>Uttaraphalguni Until</b> 7:10AM Sun	<b>Ganesha:</b> Red	Sunrise: 6:10AM		Vishvasu 5:127
			Yama 1:01PM - 2:23PM	Brahma Until 3:17PM	<b>Muruga:</b> Blue	Sunset: 5:07PM	Moon 9 - Phase 26 - 11	2nd Phase
		653928574	<b>Rahu</b> 8:54AM - 10:16AM	Gara Until 2:34PM	<b>Nataraja:</b> Clear			
				<b>Trayodashi* Until</b> 3:23AM Sun	<b>Sivaloka Day</b>			
					<b>Ashvini-Kijasi</b>			
					<b>Pradosha Vata (Fasting)</b>			

5	<b>Sunday, October 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Shrua Vasara Yuktyam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhri* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Sun 12	Albany NY Sutra 189
	Kanya Rasi: 9.19	Tithi 29	<b>Gulika</b> 2:22PM - 3:44PM	<b>Uttaraphalguni Until</b> 7:10AM	<b>Ganesha:</b> Red	Sunrise: 6:11AM		Vishvasu 5:127
			Yama 11:38AM - 1:00PM	Indra Until 3:35PM	<b>Muruga:</b> Blue	Sunset: 5:06PM	Moon 9 - Phase 26 - 12	2nd Phase
		653928574	<b>Rahu</b> 3:44PM - 5:06PM	Visti Until 4:19PM	<b>Nataraja:</b> Clear			
				<b>Chaturdashi* Until</b> 5:18AM Mon	<b>Sivaloka Day</b>			
					<b>Ashvini-Kijasi</b>			
					<b>Deepavali Hindu Solidarity Day</b>			

●	<b>Monday, October 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Indu Vasara Yuktyam Hasta/Chitra Nakshatra Vaidhri* Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau				Sun 13	Albany NY Sutra 190
	Kanya Rasi: 21.25	Tithi 30	<b>Gulika</b> 1:00PM - 2:21PM	<b>Hasla Until</b> 9:48AM	<b>Ganesha:</b> Blue	Sunrise: 6:12AM		Vishvasu 5:127
	<b>Family Home Evening</b>		Yama 10:17AM - 11:38AM	Vaidhri* Until 4:06PM	<b>Muruga:</b> Blue	Sunset: 5:04PM	Moon 9 - Phase 26 - 13	Amavasya
		664928574	<b>Rahu</b> 7:34AM - 8:55AM	Catuspada Until 6:22PM	<b>Nataraja:</b> Clear			
				<b>Amavasya* Until</b> 7:28AM Tue	<b>Devaloka Day</b>			
					<b>Ashvini-Kijasi</b>			
					<b>Subramuniyaswami Mahasamadhi</b>			

●	<b>Tuesday, October 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Sukla Paksho Mangala Vasara Yuktyam Chitra/Sukla Nakshatra Vishkambha* Pili Yoga Naga/Kinughna* Karana Amavasya/Prathamayam Titau				Sun 14	Albany NY Sutra 191
	Tula Rasi: 3.25	Tithi 30 - 1	<b>Gulika</b> 11:38AM - 12:59PM	<b>Chitra Until</b> 12:31PM	<b>Ganesha:</b> Blue	Sunrise: 6:13AM		Vishvasu 5:127
			Yama 8:56AM - 10:17AM	Vishkambha* Until 4:48PM	<b>Muruga:</b> Blue	Sunset: 5:03PM	Moon 9 - Phase 26 - 14	Prathama
		664928574	<b>Rahu</b> 2:20PM - 3:42PM	Kinughna Until 8:39PM	<b>Nataraja:</b> Clear			
				<b>Amavasya* Until</b> 7:28AM	<b>Devaloka Day</b>			
					<b>Kartika-Kijasi</b>			
					<b>Skanda Shasthi Begins</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1

Wednesday, October 22, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Pitti/Ayushman Yoga Bava/Balava Karana Prathamadivlyayam Titau		Sun 15	Albany NY Sutra 192
Gulika	10:17AM - 11:38AM	Svali Untill 3:14PM	Ganesh: Green Sunrise: 6:15AM
Yama	7:35AM - 8:56AM	Priti Untill 5:38PM	Muruga: Yellow Sunset: 5:09PM
Rahu	11:38AM - 12:59PM	Balava Untill 11:05PM	Nataraja: Clear
Creative Work Siddha Yoga		Prathama* Untill 9:50AM	Moon - Green
		Prathama* Untill 9:50AM	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

2

Thursday, October 23, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiyadivlyayam Titau		Sun 16	Albany NY Sutra 193
Gulika	8:57AM - 10:17AM	Vishkha Untill 6:22PM	Ganesh: White Sunrise: 6:16AM
Yama	6:16AM - 7:36AM	Ayushman Untill 6:30PM	Muruga: Yellow Sunset: 5:09PM
Rahu	12:58PM - 2:19PM	Taila Untill 1:36AM Fri	Nataraja: Clear
Creative Work Siddha Yoga		Dvitiya Untill 12:19PM	Moon - Orange
		Dvitiya Untill 12:19PM	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

3

Friday, October 24, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Gara/Vanija Karana Trityadivlyayam Titau		Sun 17	Albany NY Sutra 194
Gulika	7:37AM - 8:57AM	Anuradha Untill 9:21PM	Ganesh: White Sunrise: 6:17AM
Yama	4:56AM - 6:16AM	Saubhagya Untill 7:24PM	Muruga: Yellow Sunset: 4:56PM
Rahu	10:18AM - 11:38AM	Vanija Untill 4:06AM Sat	Nataraja: Clear
Creative Work Siddha Yoga		Tritya Untill 2:50PM	Moon - Orange
Untill 9:21PM		Tritya Untill 2:50PM	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga			

4

Saturday, October 25, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Visli/Bava Karana Chaturthidivlyayam Titau		Sun 18	Albany NY Sutra 195
Gulika	6:18AM - 7:38AM	Jyeshtha* Untill 12:05AM Sun	Ganesh: White Sunrise: 6:18AM
Yama	2:18PM - 3:38PM	Sobhana Untill 8:14PM	Muruga: Yellow Sunset: 4:57PM
Rahu	8:58AM - 10:18AM	Bava Untill 6:29AM Sun	Nataraja: Clear
Creative Work Siddha Yoga		Chaturthi* Untill 5:17PM	Moon - Orange
Untill 12:05AM Sun		Chaturthi* Untill 5:17PM	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga			

5

Sunday, October 26, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Alighanda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 19	Albany NY Sutra 196
Gulika	2:16PM - 3:36PM	Mula* Untill 2:55AM Mon	Ganesh: Clear Sunrise: 6:19AM
Yama	11:37AM - 12:57PM	Alighanda* Untill 8:54PM	Muruga: Yellow Sunset: 4:59PM
Rahu	3:36PM - 4:55PM	Bava Untill 6:29AM	Nataraja: Clear
Creative Work Amrita Yoga		Panchami Untill 7:33PM	Moon - Light Blue
Untill 2:55AM Mon		Panchami Untill 7:33PM	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			

6

Monday, October 27, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Titau		Sun 20	Albany NY Sutra 197
Gulika	12:57PM - 2:16PM	Purvashadha* Untill 5:14AM Tue	Ganesh: Clear Sunrise: 6:21AM
Yama	10:18AM - 11:37AM	Sukarma Untill 9:19PM	Muruga: Yellow Sunset: 4:59PM
Rahu	7:40AM - 8:59AM	Kaulava Untill 8:36AM	Nataraja: Clear
Creative Work Amrita Yoga		Shashthi* Untill 9:29PM	Moon - Light Blue
Untill 5:14AM Tue		Shashthi* Untill 9:29PM	<b>Devaloka Day</b>
Then Routine Work - Prabalarishtha Yoga			

Tuesday, October 28, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21	Albany NY Sutra 198
<b>Retreat Star</b>		Uttarashadha Untill 6:51AM Wed	Ganesh: Clear Sunrise: 6:22AM
Gulika	11:37AM - 12:56PM	Dhriti Untill 9:22PM	Muruga: Yellow Sunset: 4:59PM
Yama	9:00AM - 10:18AM	Gara Untill 10:17AM	Nataraja: Clear
Rahu	2:15PM - 3:34PM	Saptami Untill 10:54PM	Moon - Light Blue
Creative Work Prabalariatha Yoga		Saptami Untill 10:54PM	<b>Devaloka Day</b>
Untill 6:51AM Wed			
Then Creative Work - Siddha Yoga			

D

Wednesday, October 29, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Visli/Bava Karana Ashtamyam Titau		Sun 22	Albany NY Sutra 199
<b>Retreat Star</b>		Uttarashadha Untill 6:51AM	Ganesh: Clear Sunrise: 6:23AM
Gulika	10:19AM - 11:37AM	Shula* Untill 8:52PM	Muruga: Yellow Sunset: 4:59PM
Yama	7:42AM - 9:00AM	Visli Untill 11:24AM	Nataraja: Clear
Rahu	11:37AM - 12:56PM	Ashlami* Untill 11:39PM	Moon - Light Blue
Creative Work Amrita Yoga		Ashlami* Untill 11:39PM	<b>Devaloka Day</b>
Untill 6:51AM			
Then Creative Work - Siddha Yoga			

Thursday, October 30, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Navamyam Titau		Sun 23	Albany NY Sutra 200
<b>Retreat Star</b>		Shravana Untill 8:06AM	Ganesh: Purple Sunrise: 6:24AM
Gulika	9:01AM - 10:19AM	Ganda* Untill 7:47PM	Muruga: Yellow Sunset: 4:59PM
Yama	6:24AM - 7:43AM	Balava Untill 11:45AM	Nataraja: Clear
Rahu	12:55PM - 2:14PM	Navami* Untill 11:37PM	Moon - Purple
Creative Work Siddha Yoga		Navami* Untill 11:37PM	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1</b>	<b>Friday, October 31, 2025</b>		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Sukra Vasara Yuktyayam Dhanishtha/Shatabhishak Nakshatra Viddhi Yoga Talila/Gara Karana Dashantaryam Tilau				Albany NY Sun 24	Sutra 201
	Kumbha Rasi: 5.2	Tithi 10	<b>Gulika</b> 7:43AM - 9:01AM Yama 2:13PM - 3:31PM	<b>Dhanishtha</b> <b>Until 8:23AM</b> Viddhi <b>Until 6:04PM</b> Talilla <b>Until 11:18AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 4:49PM	Vasavasu 5:17Z Moon 9 - Phase 2B - 24 4th Phase	
Creative Work	Siddha Yoga	694138574	<b>Rahu</b> 10:19AM - 11:37AM	<b>Dashami</b> <b>Until 10:44PM</b>	<b>Kartika-Ajaya</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>2</b>	<b>Saturday, November 1, 2025</b>		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Menta Vasara Yuktyayam Shatabhishak/Puravroshthapada* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Ekadashyam Tilau				Albany NY Sun 25	Sutra 202
	Kumbha Rasi: 18.55	Tithi 11	<b>Gulika</b> 6:27AM - 7:44AM Yama 12:55PM - 2:12PM	<b>Shatabhishak</b> <b>Until 7:42AM</b> Dhruva <b>Until 3:39PM</b> Vanija <b>Until 10:00AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 4:47PM	Vasavasu 5:17Z Moon 9 - Phase 2B - 25 4th Phase	
Creative Work	Amrita Yoga	695138574	<b>Rahu</b> 9:02AM - 10:20AM	<b>Ekadashi</b> <b>Until 9:02PM</b>	<b>Kartika-Ajaya</b>		<b>Devaloka Day</b>	
Then Routine Work	Marana Yoga							

<b>3</b>	<b>Sunday, November 2, 2025</b>		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Bhava Vasara Yuktyayam Puravroshthapada*/Ultravroshthapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Tilau				Albany NY Sun 26	Sutra 203
	Meena Rasi: 3	Tithi 12	<b>Gulika</b> 2:12PM - 3:29PM Yama 11:37AM - 12:54PM	<b>Puravroshthapada*</b> <b>Until 6:33AM</b> Vyaghata* <b>Until 12:39PM</b> Bava <b>Until 7:55AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 4:46PM	Vasavasu 5:17Z Moon 9 - Phase 2B - 26 4th Phase	
Creative Work	Siddha Yoga	615138574	<b>Rahu</b> 3:29PM - 4:46PM	<b>Dvadashi</b> <b>Until 6:36PM</b>	<b>Kartika-Ajaya</b>		<b>Devaloka Day</b>	
Until 6:33AM								
Then Creative Work	Amrita Yoga							

<b>4</b>	<b>Monday, November 3, 2025</b>		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Indu Vasara Yuktyayam Revati Nakshatra Harshana/Vajra* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Tilau				Albany NY Sun 27	Sutra 204
	Meena Rasi: 17.32	Tithi 13 - 14	<b>Gulika</b> 12:54PM - 2:11PM Yama 10:20AM - 11:37AM	<b>Revati</b> <b>Until 1:55AM Tue</b> Harshana <b>Until 9:08AM</b> Gara <b>Until 1:54AM Tue</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 4:45PM	Vasavasu 5:17Z Moon 9 - Phase 2B - 27 4th Phase	
<b>Family Home Evening</b>		615138574	<b>Rahu</b> 7:46AM - 9:03AM	<b>Trayodashi</b> <b>Until 3:34PM</b>	<b>Kartika-Ajaya</b>		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga							

<b>O</b>	<b>Tuesday, November 4, 2025</b>		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakhe Mangala Vasara Yuktyayam Ashvini Nakshatra Siddhi Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Tilau				Albany NY Sun 28	Sutra 205
	Mesha Rasi: 2.28	Tithi 14 - 15	<b>Gulika</b> 11:37AM - 12:54PM Yama 9:04AM - 10:20AM	<b>Ashvini</b> <b>Until 11:10PM</b> Siddhi <b>Until 12:58AM Wed</b> Visli <b>Until 10:16PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 4:44PM	Vasavasu 5:17Z Moon 9 - Phase 2B - Purnima	
Creative Work	Siddha Yoga	625138574	<b>Rahu</b> 2:10PM - 3:27PM	<b>Chaturdashi*</b> <b>Until 12:06PM</b>	<b>Kartika-Ajaya</b>		<b>Sivaloka Day</b>	

<b>Wednesday, November 5, 2025</b>	<b>Silver Retreat Star</b>		Viswasee Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakhe Budha Vasara Yuktyayam Bharani Nakshatra Vyajalpala* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Albany NY Sun 29	Sutra 206
	Mesha Rasi: 17.4	Tithi 15 - 16	<b>Gulika</b> 10:21AM - 11:37AM Yama 7:48AM - 9:04AM	<b>Bharani</b> <b>Until 8:06PM</b> Vyajalpala* <b>Until 8:37PM</b> Balava <b>Until 6:26PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 4:42PM	Vasavasu 5:17Z Moon 9 - Phase 2B - Prathama	
Creative Work	Siddha Yoga	625138574	<b>Rahu</b> 11:37AM - 12:53PM	<b>Purnima*</b> <b>Until 8:21AM</b>	<b>Kartika-Ajaya</b>		<b>Sivaloka Day</b>	
Until 8:06PM								
Then Creative Work	Amrita Yoga							

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**

Wishabha Rasi: 2.58 Tithi 17  
 Until 2:09PM  
 Routine Work Marana Yoga

Gulika 9:05AM - 10:21AM  
 Yama 6:33AM - 7:49AM  
 Rahu 12:53PM - 2:09PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam  
 Kritika/Rohini Nakshatra Varjyam/Parigha\* Yoga Talila/Gara Karana Dvityayam Titau

**Kritika Until 4:55PM**  
 Varjyam Until 4:15PM  
 Talila Until 2:35PM  
**Dvitiya Until 12:42AM Fri**

Ganesh: Clear Sunrise: 6:33AM  
 Muruga: Yellow Sunset: 4:41PM  
 Nataraja: Clear  
 Moon - White

Albany NY  
 Sutra 207  
 Visvasu 5127  
 Moon 10 - Phase 29 - 1st Phase

**Devaloka Day***Kartika-Ajval***1****Friday, November 7, 2025**

Wishabha Rasi: 18.11 Tithi 18  
 Until 2:09PM  
 Routine Work Marana Yoga  
 Then Creative Work - Siddha Yoga

Gulika 7:50AM - 9:06AM  
 Yama 2:09PM - 3:24PM  
 Rahu 10:21AM - 11:37AM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Parigha\* Shiva Yoga Vanija/Visit\* Karana Trityayam Titau

**Rohini Until 2:09PM**  
 Parigha\* Until 12:02PM  
 Vanija Until 10:54AM  
**Trityiya Until 9:10PM**

Ganesh: Purple Sunrise: 6:34AM  
 Muruga: Yellow Sunset: 4:40PM  
 Nataraja: Clear  
 Moon - Yellow

Albany NY  
 Sutra 208  
 Visvasu 5127  
 Moon 10 - Phase 29 - 1st Phase

**Sivaloka Day***Kartika-Ajval***2****Saturday, November 8, 2025**

Mihuna Rasi: 3.11 Tithi 19  
 Creative Work Siddha Yoga

Gulika 6:36AM - 7:51AM  
 Yama 12:53PM - 2:09PM  
 Rahu 9:06AM - 10:22AM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam  
 Mrgashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaluriyam Titau

**Mrgishira Until 11:38AM**  
 Shiva Until 8:07AM  
 Bava Until 7:33AM  
**Chalurithi\* Until 6:02PM**

Ganesh: Purple Sunrise: 6:36AM  
 Muruga: Yellow Sunset: 4:39PM  
 Nataraja: Clear  
 Moon - Yellow

Albany NY  
 Sutra 209  
 Visvasu 5127  
 Moon 10 - Phase 29 - 2 1st Phase

**Sivaloka Day***Kartika-Ajval***3****Sunday, November 9, 2025**

Mihuna Rasi: 17.49 Tithi 20 - 21  
 Creative Work Siddha Yoga

Gulika 2:08PM - 3:23PM  
 Yama 11:37AM - 12:52PM  
 Rahu 3:23PM - 4:38PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Sadhya Yoga Talila/Gara Karana Panchami/Shashthiyam Titau

**Ardra Until 9:30AM**  
 Sadhya Until 1:35AM Mon  
 Gara Until 2:29AM Mon  
**Panchami Until 3:29PM**

Ganesh: Purple Sunrise: 6:37AM  
 Muruga: Yellow Sunset: 4:38PM  
 Nataraja: Clear  
 Moon - Yellow

Albany NY  
 Sutra 210  
 Visvasu 5127  
 Moon 10 - Phase 29 - 3 1st Phase

**Sivaloka Day***Kartika-Ajval***4****Monday, November 10, 2025**

Kataka Rasi: 1.59 Tithi 21 - 22  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 8:18AM  
 Then Creative Work - Siddha Yoga

Gulika 12:52PM - 2:07PM  
 Yama 10:23AM - 11:37AM  
 Rahu 7:53AM - 9:08AM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visit\* Karana Shashthi/Saptamyam Titau

**Punarvasu Until 8:18AM**  
 Subha Until 11:13PM  
 Visiti Until 1:02AM Tue  
**Shashthi\* Until 1:38PM**

Ganesh: Clear Sunrise: 6:38AM  
 Muruga: Yellow Sunset: 4:37PM  
 Nataraja: Clear  
 Moon - Blue

Albany NY  
 Sutra 211  
 Visvasu 5127  
 Moon 10 - Phase 29 - 4 1st Phase

**Devaloka Day***Kartika-Ajval***5****Tuesday, November 11, 2025****Retreat Star**

Kataka Rasi: 15.41 Tithi 22 - 23  
 Creative Work Siddha Yoga

Gulika 11:38AM - 12:52PM  
 Yama 9:08AM - 10:23AM  
 Rahu 2:07PM - 3:21PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Pushya Until 7:45AM**  
 Sukla Until 9:27PM  
 Balava Until 12:25AM Wed  
**Saptami Until 12:36PM**

Ganesh: White Sunrise: 6:39AM  
 Muruga: Yellow Sunset: 4:36PM  
 Nataraja: Clear  
 Moon - Blue

Albany NY  
 Sutra 212  
 Visvasu 5127  
 Moon 10 - Phase 29 - 5 Ashtami

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

*Kartika-Ajval***Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 28.55 Tithi 23 - 24  
 Creative Work Siddha Yoga

Gulika 10:23AM - 11:38AM  
 Yama 7:55AM - 9:09AM  
 Rahu 11:38AM - 12:52PM

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam  
 Ashlesha/Magha\* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamyam Titau

**Ashlesha\* Until 7:51AM**  
 Brahma Until 8:22PM  
 Tailila Until 12:37AM Thu  
**Ashtami\* Until 12:24PM**

Ganesh: White Sunrise: 6:41AM  
 Muruga: Yellow Sunset: 4:35PM  
 Nataraja: Clear  
 Moon - Blue

Albany NY  
 Sutra 213  
 Visvasu 5127  
 Moon 10 - Phase 29 - 6 Navami

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

*Kartika-Ajval*

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7	Albany NY Sutra 214
Simha Rasi: 11.43	Tithi 24 – 25	Gulika 9:10AM – 10:24AM	Magha* Until 9:03AM	Ganesha: Yellow	Sunset: 6:42AM		Vasvasu 5:17
		Yama 6:42AM – 7:56AM	Indra Until 7:53PM	Muruga: Yellow	Sunset: 4:34PM	Moon 10 - Phase 30 - 7	2nd Phase
Creative Work	Amrita Yoga	756138574 Rahu 12:52PM – 2:06PM	Vanija Until 1:35AM Fri	Nataraja: Clear			
Until 9:03AM			Navami* Until 1:00PM	Moan - Red			
Then Creative Work - Siddha Yoga				Kartika-Kartika			Devaloka Day

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satva Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vist/Bava Karana Dashami/Eladasi		Sun 8	Albany NY Sutra 215
Simha Rasi: 24.12	Tithi 25 – 26	Gulika 7:57AM – 9:11AM	Purvaphalguni Until 10:47AM	Ganesha: Yellow	Sunset: 6:43AM		Vasvasu 5:17
		Yama 2:05PM – 3:19PM	Vaidhri* Until 7:52PM	Muruga: Yellow	Sunset: 4:33PM	Moon 10 - Phase 30 - 8	2nd Phase
Creative Work	Siddha Yoga	756138574 Rahu 10:24AM – 11:38AM	Bava Until 3:10AM Sat	Nataraja: Clear			
			Dashami Until 2:17PM	Moan - Red			
				Kartika-Kartika			Devaloka Day

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9	Albany NY Sutra 216
Kanya Rasi: 6.26	Tithi 26 – 27	Gulika 6:44AM – 7:58AM	Uttaraphalguni Until 12:53PM	Ganesha: Yellow	Sunset: 6:44AM		Vasvasu 5:17
		Yama 12:52PM – 2:05PM	Vishkamba* Until 8:15PM	Muruga: Yellow	Sunset: 4:32PM	Moon 10 - Phase 30 - 9	2nd Phase
Routine Work	Marana Yoga	756138574 Rahu 9:11AM – 10:25AM	Bava Until 5:13AM Sun	Nataraja: Clear			
			Ekadashi* Until 4:08PM	Moan - Red			
				Kartika-Kartika			Devaloka Day

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Tailika Karana Dvadashyam Titau		Sun 10	Albany NY Sutra 217
Kanya Rasi: 18.29	Tithi 27	Gulika 2:05PM – 3:18PM	Hasta Until 3:42PM	Ganesha: Yellow	Sunset: 6:46AM		Vasvasu 5:17
		Yama 11:38AM – 12:52PM	Pili Until 8:54PM	Muruga: Yellow	Sunset: 4:31PM	Moon 10 - Phase 30 - 10	2nd Phase
Creative Work	Amrita Yoga	766238575 Rahu 3:18PM – 4:31PM	Tailika Until 6:20PM	Nataraja: Purple			
Until 3:42PM			Dvadashi* Until 6:20PM	Moan - Green			
Then Creative Work - Siddha Yoga				Kartika-Kartika			Sivaloka Day

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Indra Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11	Albany NY Sutra 218
Tula Rasi: 0.26	Tithi 28	Gulika 12:51PM – 2:04PM	Chitra Until 6:34PM	Ganesha: Yellow	Sunset: 6:47AM		Vasvasu 5:17
Family Home Evening		Yama 10:26AM – 11:39AM	Ayushman Until 9:40PM	Muruga: Yellow	Sunset: 4:30PM	Moon 10 - Phase 30 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	766238575 Rahu 8:00AM – 9:13AM	Gara Until 7:33AM	Nataraja: Purple			
Until 6:34PM			Trayodashi* Until 8:46PM	Moan - Green			
Then Creative Work - Amrita Yoga				Kartika-Kartika			Sivaloka Day
				Pradosha Vata (Fasting)			

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Sun 12	Albany NY Sutra 219
Tula Rasi: 12.19	Tithi 29	Gulika 11:39AM – 12:51PM	Svati Until 9:21PM	Ganesha: Blue	Sunset: 6:48AM		Vasvasu 5:17
		Yama 9:13AM – 10:26AM	Saubhagya Until 10:31PM	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 30 - 12	2nd Phase
Creative Work	Siddha Yoga	767238575 Rahu 2:04PM – 3:17PM	Visti Until 10:02AM	Nataraja: Purple			
Until 9:21PM			Chaturdashi* Until 11:17PM	Moan - Green			
Then Routine Work - Marana Yoga				Kartika-Kartika			Devaloka Day

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Titau		Sun 13	Albany NY Sutra 220
Retreat Star		Gulika 10:27AM – 11:39AM	Vishakha Until 12:29AM Thu	Ganesha: Blue	Sunset: 6:49AM		Vasvasu 5:17
Tula Rasi: 24.11	Tithi 30	Yama 8:02AM – 9:14AM	Sobhana Until 11:24PM	Muruga: Yellow	Sunset: 4:29PM	Moon 10 - Phase 30 - 13	Amavasya
Creative Work	Siddha Yoga	777238575 Rahu 11:39AM – 12:51PM	Caluspada Until 12:34PM	Nataraja: Purple			
			Amavasya* Until 1:48AM Thu	Moan - Orange			
				Kartika-Kartika			Devaloka Day

●		Thursday, November 20, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Sula Paksha Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna/Bava Karana Prathamayam Titau		Sun 14	Albany NY Sutra 221
Retreat Star		Gulika 9:15AM – 10:27AM	Anuradha Until 3:24AM Fri	Ganesha: Blue	Sunset: 6:50AM		Vasvasu 5:17
Vishika Rasi: 6.03	Tithi 1	Yama 6:50AM – 8:03AM	Athiganda* Until 12:12AM Fri	Muruga: Yellow	Sunset: 4:28PM	Moon 10 - Phase 30 - 14	Prathama
Creative Work	Siddha Yoga	777238575 Rahu 12:51PM – 2:04PM	Kintughna Until 3:05PM	Nataraja: Purple			
Until 3:24AM Fri			Prathama* Until 4:17AM Fri	Moan - Orange			
Then Routine Work - Marana Yoga				Mangalika-Kartika			Devaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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<b>1 Friday, November 21, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Jyeshtha' Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau			Sun 15	Albany NY Sutra 222
Wischika Rasi: 17.56	Tithi 2	<b>Gulika</b> 8:04AM - 9:16AM Yama 2:03PM - 3:15PM 787238575	<b>Jyeshtha' Until 6:04AM Sat</b> Sukarma Until 12:57AM Sat Balava Until 5:30PM <b>Dvitiya Until 6:39AM Sat</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Orange	Sunrise: 6:50AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 15 3rd Phase
Routine Work Marana Yoga Until 6:04AM Sat Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				
<b>2 Saturday, November 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mania Vasara Yuktayam Jyeshtha' Mula' Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitiyayam Titau			Sun 16	Albany NY Sutra 223
Wischika Rasi: 29.52	Tithi 2 - 3	<b>Gulika</b> 6:53AM - 8:05AM Yama 12:51PM - 2:03PM 787238575	<b>Jyeshtha' Until 6:04AM</b> Dhriti Until 1:36AM Sun Talita Until 7:49PM <b>Dvitiya Until 6:39AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Orange	Sunrise: 6:53AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 16 3rd Phase
Creative Work Siddha Yoga		<b>Devaloka Day</b>				
<b>3 Sunday, November 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktayam Mula' Purvashada' Nakshatra Shula' Yoga Gara/Vanija Karana Tritiyayam Titau			Sun 17	Albany NY Sutra 224
Dhanus Rasi: 11.52	Tithi 3 - 4	<b>Gulika</b> 2:03PM - 3:14PM Yama 11:40AM - 12:51PM 787238575	<b>Mula' Until 8:55AM</b> Shula' Until 2:04AM Mon Vanija Until 9:55PM <b>Tritiya Until 8:52AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	Sunrise: 6:54AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 17 3rd Phase
Creative Work Amrita Yoga Until 8:55AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				
<b>4 Monday, November 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktayam Purvashada' Uttarashada' Nakshatra Ganda' Yoga Vasi' Bava Karana Chaturthiyayam Titau			Sun 18	Albany NY Sutra 225
Dhanus Rasi: 23.56	Tithi 4 - 5	<b>Gulika</b> 12:52PM - 2:03PM Yama 10:29AM - 11:40AM 787238575	<b>Purvashada' Until 11:21AM</b> Ganda' Until 2:18AM Tue Bava Until 11:44PM <b>Chaturthi' Until 10:51AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	Sunrise: 6:55AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 18 3rd Phase
Routine Work Marana Yoga		<b>Devaloka Day</b>				
<b>5 Tuesday, November 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashada' Shravana Nakshatra Vidha' Yoga Balava/Kaulava Karana Panchami/ Shashthiyam Titau			Sun 19	Albany NY Sutra 226
Makara Rasi: 6.1	Tithi 5 - 6	<b>Gulika</b> 11:41AM - 12:52PM Yama 9:19AM - 10:30AM 788238575	<b>Uttarashada Until 1:18PM</b> Vidhhi Until 2:14AM Wed Kaulava Until 1:07AM Wed <b>Panchami Until 12:28PM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	Sunrise: 6:56AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 19 3rd Phase
Routine Work Prabalarishta Yoga Until 1:18PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				
<b>6 Wednesday, November 26, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktayam Shravana' Dhanishta Nakshatra Dhruva' Yoga Talita' Gara Karana Shashthi' Sapthamam Titau			Sun 20	Albany NY Sutra 227
Makara Rasi: 18.34	Tithi 6 - 7	<b>Gulika</b> 10:30AM - 11:41AM Yama 8:08AM - 9:19AM 798238575	<b>Shravana Until 3:05PM</b> Dhruva Until 1:41AM Thu Gara Until 1:56AM Thu <b>Shashthi' Until 1:35PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	Sunrise: 6:58AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 20 3rd Phase
Creative Work Siddha Yoga Until 3:05PM Then Routine Work - Prabalarishta Yoga		<b>Subha Sivaloka Day</b>				
<b>Thursday, November 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktayam Dhanishta' Shatabhishak Nakshatra Vyaghat' Yoga Vanija/Vasi' Karana Sapthami/Ashthamam Titau			Sun 21	Albany NY Sutra 228
<b>Retreat Star</b>		<b>Gulika</b> 9:20AM - 10:31AM Yama 6:59AM - 8:09AM 798238575	<b>Dhanishta Until 4:05PM</b> Vyaghat' Until 12:38AM Fri Vasi Until 2:04AM Fri <b>Saptami Until 2:05PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	Sunrise: 6:59AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 21 Ashtami
Creative Work Siddha Yoga		<b>Subha Sivaloka Day</b>				
<b>Friday, November 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Shatabhishak' Purvasroditthapada' Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamam Titau			Sun 22	Albany NY Sutra 229
<b>Retreat Star</b>		<b>Gulika</b> 8:10AM - 9:21AM Yama 2:02PM - 3:13PM 798238575	<b>Shatabhishak Until 4:13PM</b> Harshana Until 10:59PM Balava Until 1:25AM Sat <b>Ashlami' Until 1:49PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	Sunrise: 7:00AM Sunset: 4:29PM	Vasavasa 5127 Moon 10 - Phase 31 - 22 Navami
Creative Work Siddha Yoga		<b>Subha Sivaloka Day</b>				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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<b>1</b>		<b>Saturday, November 29, 2025</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Mantra Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra* Yoga Kaulava/Taila Karana Navami/Dashamyam Titau		Albany NY Sutra 230
Kumbha Rasi: 27.4	Tithi 9 – 10	<b>Gulika</b> 7:01AM – 8:11AM	<b>Puravproshthapada* Until 3:53PM</b>	<b>Ganesha:</b> Purple	Sunrise: 7:01AM	Sun 23
		<b>Yama</b> 12:52PM – 2:02PM	<b>Vajra* Until 8:42PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - 23
Routine Work	Marana Yoga	<b>Rahu</b> 9:21AM – 10:32AM	<b>Taila Until 11:59PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 3:53PM			<b>Navami* Until 12:47PM</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Margavishvika</b>		

<b>2</b>		<b>Sunday, November 30, 2025</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddh/Vyalipala* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Albany NY Sutra 231
Mesha Rasi: 11.32	Tithi 10 – 11	<b>Gulika</b> 2:02PM – 3:12PM	<b>Uttarproshthapada Until 2:39PM</b>	<b>Ganesha:</b> Purple	Sunrise: 7:03AM	Sun 24
		<b>Yama</b> 11:42AM – 12:52PM	<b>Siddhi Until 5:49PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - 17
Routine Work	Amrita Yoga	<b>Rahu</b> 3:12PM – 4:23PM	<b>Vanija Until 9:49PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Dashami Until 10:58AM</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>
		<b>Gita Jayanthi</b>		<b>Margavishvika</b>		

<b>3</b>		<b>Monday, December 1, 2025</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyalipala* Varyan Yoga Vesi/Bava Karana Ekadashi/Dwadashyam Titau		Albany NY Sutra 232
Mesha Rasi: 25.53	Tithi 11 – 12	<b>Gulika</b> 12:53PM – 2:02PM	<b>Revati Until 12:36PM</b>	<b>Ganesha:</b> Clear	Sunrise: 7:03AM	Sun 25
<b>Family Home Evening</b>		<b>Yama</b> 10:33AM – 11:43AM	<b>Vyalipala* Until 2:25PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - 25
Routine Work	Siddha Yoga	<b>Rahu</b> 8:13AM – 9:23AM	<b>Bava Until 7:00PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Ekadashi Until 8:28AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>
				<b>Margavishvika</b>		

<b>4</b>		<b>Tuesday, December 2, 2025</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigra* Yoga Kaulava/Taila Karana Trayodashyam Titau		Albany NY Sutra 233
Mesha Rasi: 10.39	Tithi 13	<b>Gulika</b> 11:43AM – 12:53PM	<b>Ashvini Until 10:17AM</b>	<b>Ganesha:</b> White	Sunrise: 7:04AM	Sun 26
		<b>Yama</b> 9:24AM – 10:34AM	<b>Varyan Until 10:34AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - 26
Routine Work	Siddha Yoga	<b>Rahu</b> 2:02PM – 3:12PM	<b>Kaulava Until 3:42PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Trayodashi Until 1:53AM Wed</b>	<b>Moon – White</b>		<b>Devaloka Day</b>
				<b>Margavishvika</b>		<b>Tour Day</b>
				<b>Pradosha Vata</b>		

<b>5</b>		<b>Wednesday, December 3, 2025</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Budha Vasara Yuktayam Bharani/Kritika Nakshatra Parigra* Shiva Yoga Gara/Vanija Karana Chaturdshyam Titau		Albany NY Sutra 234
Mesha Rasi: 25.44	Tithi 14	<b>Gulika</b> 10:34AM – 11:43AM	<b>Bharani Until 7:27AM</b>	<b>Ganesha:</b> White	Sunrise: 7:05AM	Sun 27
		<b>Yama</b> 8:15AM – 9:24AM	<b>Parigra* Until 6:24AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - 27
Routine Work	Siddha Yoga	<b>Rahu</b> 11:43AM – 12:53PM	<b>Gara Until 12:02PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 7:27AM			<b>Chaturdashi* Until 10:07PM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>
Then Creative Work	Amrita Yoga	<b>Kritika Deepam</b>		<b>Margavishvika</b>		

<b>○</b>		<b>Thursday, December 4, 2025</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakla Paksha: Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vesi/Bava Karana Purnimayam Titau		Albany NY Sutra 235
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:25AM – 10:34AM	<b>Rohini Until 1:19AM Fri</b>	<b>Ganesha:</b> Yellow	Sunrise: 7:06AM	Sun 28
Wishabha Rasi: 11.01	Tithi 15	<b>Yama</b> 7:06AM – 8:16AM	<b>Siddha Until 9:39PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - Purnima
Routine Work	Marana Yoga	<b>Rahu</b> 12:53PM – 2:03PM	<b>Vesi Until 8:13AM</b>	<b>Nataraja:</b> Purple		
Until 1:19AM Fri			<b>Purnima* Until 6:16PM</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Margavishvika</b>		

<b>Friday, December 5, 2025</b>		<b>Silver Retreat Star</b>		Vishvasu Nama Samatsare Dakshinaya Jivana Ritau Vishchika Mase: Krishna Paksha: Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam Titau		Albany NY Sutra 236
Wishabha Rasi: 26.18	Tithi 16 – 17	<b>Gulika</b> 8:17AM – 9:26AM	<b>Mrigashira Until 10:23PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 7:07AM	Sun 29
		<b>Yama</b> 2:03PM – 3:12PM	<b>Sadya Until 5:22PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 10 - Phase 32 - Prathama
Routine Work	Siddha Yoga	<b>Rahu</b> 10:35AM – 11:44AM	<b>Taila Until 12:45AM Sat</b>	<b>Nataraja:</b> Purple		
Creative Work			<b>Prathama* Until 2:31PM</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>
				<b>Margavishvika</b>		
				<b>Vinayaga Viratam Begins</b>		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 11.25 Tithi 17 - 18

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam

Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tilayam Titau

Gulika 7:08AM - 8:17AM  
Yama 12:54PM - 2:03PM  
Rahu 9:26AM - 10:36AMArdra Until 7:41PM  
Subha Until 1:21PM  
Vanija Until 9:29PM

Dvitiya Until 11:03AM

Ganesha: Yellow  
Muruga: Yellow  
Nataraja: Purple

Moon - Yellow

Sunrise: 7:08AM  
Sunset: 4:21PMSun 1  
Viswasa 517  
Sutra 237

Moon 11 - Phase 33 - 1

1st Phase

Sivaloka Day

Wargesev/Kartika

**Sunday, December 7, 2025**

1

Mithuna Rasi: 26.13 Tithi 18 - 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhara Vasara Yuktyam

Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Vasi/Basa Karana Tritiya/Chaturtham Titau

Gulika 2:03PM - 3:12PM  
Yama 11:45AM - 12:54PM  
Rahu 3:12PM - 4:21PMPunarvasu Until 5:46PM  
Sukla Until 9:41AM  
Bava Until 6:45PM

Tritiya Until 8:01AM

Ganesha: Blue  
Muruga: Yellow  
Nataraja: Purple

Moon - Blue

Sunrise: 7:09AM  
Sunset: 4:21PMSun 2  
Viswasa 517  
Sutra 238

Moon 11 - Phase 33 - 2

1st Phase

Devaloka Day

Wargesev/Kartika

**Monday, December 8, 2025**

2

Kataka Rasi: 10.35 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam

Pushya/Ashlesha Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Panchamiam Titau

Gulika 12:54PM - 2:03PM  
Yama 10:37AM - 11:46AM  
Rahu 8:19AM - 9:28AMPushya Until 4:24PM  
Brahma Until 6:33AM  
Kaulava Until 4:43PM

Panchami Until 4:00AM Tue

Ganesha: Blue  
Muruga: Yellow  
Nataraja: Purple

Moon - Blue

Sunrise: 7:10AM  
Sunset: 4:21PMSun 3  
Viswasa 517  
Sutra 239

Moon 11 - Phase 33 - 3

1st Phase

Devaloka Day

Wargesev/Kartika

**Tuesday, December 9, 2025**

3

Kataka Rasi: 24.27 Tithi 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam

Ashlesha/Magha Nakshatra Vaidhril Yoga Gara/Vanija Karana Shashthiam Titau

Gulika 11:46AM - 12:55PM  
Yama 9:29AM - 10:37AM  
Rahu 2:04PM - 3:12PMAshlesha Until 3:42PM  
Vaidhril Until 2:12AM Wed  
Gara Until 3:32PM

Shashthi Until 3:15AM Wed

Ganesha: White  
Muruga: Yellow  
Nataraja: Purple

Moon - Blue

Sunrise: 7:11AM  
Sunset: 4:21PMSun 4  
Viswasa 517  
Sutra 240

Moon 11 - Phase 33 - 4

1st Phase

Devaloka Day

Tour Day

Wargesev/Kartika

**Wednesday, December 10, 2025**

4

Simha Rasi: 7.48 Tithi 22

Creative Work Siddha Yoga

Until 4:10PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam

Magha/Purvaphalguni Nakshatra Vishkambha Yoga Vasil/Bava Karana Sapthamiam Titau

Gulika 10:38AM - 11:46AM  
Yama 8:21AM - 9:29AM  
Rahu 11:46AM - 12:55PMMagha Until 4:10PM  
Vishkambha Until 1:05AM Thu  
Vasil Until 3:14PM

Saptami Until 3:24AM Thu

Ganesha: Clear  
Muruga: Yellow  
Nataraja: Purple

Moon - Red

Sunrise: 7:12AM  
Sunset: 4:21PMSun 5  
Viswasa 517  
Sutra 241

Moon 11 - Phase 33 - 5

1st Phase

Sivaloka Day

Wargesev/Kartika

**Thursday, December 11, 2025**

Retreat Star

Simha Rasi: 20.41 Tithi 23

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Gura Vasara Yuktyam

Purvaphalguni/Uttaraphalguni Nakshatra Prili Yoga Balava/Kaulava Karana Ashtamiam Titau

Gulika 9:30AM - 10:38AM  
Yama 7:13AM - 8:21AM  
Rahu 12:55PM - 2:04PMPurvaphalguni Until 5:22PM  
Prili Until 12:39AM Fri  
Balava Until 3:50PM

Ashlami Until 4:25AM Fri

Ganesha: Purple  
Muruga: Yellow  
Nataraja: Purple

Moon - Red

Sunrise: 7:13AM  
Sunset: 4:21PMSun 6  
Viswasa 517  
Sutra 242

Moon 11 - Phase 33 - 6

Ashtami

Subha Sivaloka Day

Wargesev/Kartika

**Friday, December 12, 2025**

Retreat Star

Kanya Rasi: 3.11 Tithi 24

Creative Work Siddha Yoga

Until 7:08PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam

Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamiam Titau

Gulika 8:22AM - 9:31AM  
Yama 2:04PM - 3:13PM  
Rahu 10:39AM - 11:47AMUttaraphalguni Until 7:08PM  
Ayushman Until 12:44AM Sat  
Taila Until 5:13PM

Navami Until 6:08AM Sat

Ganesha: Purple  
Muruga: Yellow  
Nataraja: Purple

Moon - Red

Sunrise: 7:14AM  
Sunset: 4:21PMSun 7  
Viswasa 517  
Sutra 243

Moon 11 - Phase 33 - 7

Navami

Subha Sivaloka Day

Wargesev/Kartika

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>		<b>Saturday, December 13, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Mania Vasara Yuktayam Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamam Titau		Sun 8	Albany NY Sutra 244 Vasvasu 5127
Kanya Rasi: 15.24	Tithi 24 – 25	<b>Gulika</b> 7:14AM – 8:23AM	<b>Hasta</b> Untill 9:49PM	<b>Ganesho:</b> Clear	<b>Sunrise:</b> 7:14AM		
		<b>Yama</b> 12:56PM – 2:05PM	<b>Saubhagya</b> Untill 1:15AM Sun	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 12	2nd Phase
		<b>Rahu</b> 9:31AM – 10:40AM	<b>Vanija</b> Untill 7:14PM	<b>Nataraja:</b> Purple			
Routine Work Marana Yoga			<b>Navami* Untill 6:08AM</b>	<b>Waganeso:Marathi</b>			<b>Sivaloka Day</b>

<b>2</b>		<b>Sunday, December 14, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho: Bhanu Vasara Yuktayam Hasta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 9	Albany NY Sutra 245 Vasvasu 5127
Kanya Rasi: 27.24	Tithi 25 – 26	<b>Gulika</b> 2:05PM – 3:13PM	<b>Chitra</b> Untill 12:40AM Mon	<b>Ganesho:</b> Clear	<b>Sunrise:</b> 7:15AM		
		<b>Yama</b> 11:48AM – 12:57PM	<b>Sobhana</b> Untill 2:02AM Mon	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 9	2nd Phase
		<b>Rahu</b> 3:13PM – 4:22PM	<b>Bava</b> Untill 9:38PM	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Dashami</b> Untill 8:23AM	<b>Waganeso:Marathi</b>			<b>Sivaloka Day</b>
Untill 12:40AM Mon							
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, December 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Indu Vasara Yuktayam Svali Nakshatra Ahigandha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10	Albany NY Sutra 246 Vasvasu 5127
Tula Rasi: 9.17	Tithi 26 – 27	<b>Gulika</b> 12:57PM – 2:05PM	<b>Svali</b> Untill 3:31AM Tue	<b>Ganesho:</b> Clear	<b>Sunrise:</b> 7:16AM		
<b>Family Home Evening</b>		<b>Yama</b> 10:41AM – 11:49AM	<b>Ahigandha*</b> Untill 2:54AM Tue	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 10	2nd Phase
		<b>Rahu</b> 8:24AM – 9:32AM	<b>Kaulava</b> Untill 12:13AM Tue	<b>Nataraja:</b> Purple			
Creative Work Amrita Yoga			<b>Ekadashi* Untill 10:54AM</b>	<b>Waganeso:Marathi</b>			<b>Sivaloka Day</b>
Untill 3:31AM Tue		<b>Markali Pillayar</b>					
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, December 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Mangala Vasara Yuktayam Vishakha Nakshatra Sukama Yoga Talila/Gara Karana Dvadashi/Trajodishyam Titau		Sun 11	Albany NY Sutra 247 Vasvasu 5127
Tula Rasi: 21.08	Tithi 27 – 28	<b>Gulika</b> 11:49AM – 12:58PM	<b>Vishakha</b> Untill 6:42AM Wed	<b>Ganesho:</b> Clear	<b>Sunrise:</b> 7:17AM		
		<b>Yama</b> 9:33AM – 10:41AM	<b>Sukama</b> Untill 3:46AM Wed	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 11	2nd Phase
		<b>Rahu</b> 2:06PM – 3:14PM	<b>Gara</b> Untill 2:49AM Wed	<b>Nataraja:</b> Purple			
Routine Work Marana Yoga			<b>Dvadashi* Untill 1:30PM</b>	<b>Waganeso:Marathi</b>			<b>Sivaloka Day</b>
Untill 6:42AM Wed							
Then Creative Work - Siddha Yoga			<b>Pradosha Vata (Fasting)</b>				

<b>5</b>		<b>Wednesday, December 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Butha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 12	Albany NY Sutra 248 Vasvasu 5127
Wisshika Rasi: 2.59	Tithi 28 – 29	<b>Gulika</b> 10:42AM – 11:50AM	<b>Vishakha</b> Untill 6:42AM	<b>Ganesho:</b> Clear	<b>Sunrise:</b> 7:17AM		
		<b>Yama</b> 8:25AM – 9:34AM	<b>Dhriti</b> Untill 4:35AM Thu	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 12	2nd Phase
		<b>Rahu</b> 11:50AM – 12:58PM	<b>Visi</b> Untill 5:19AM Thu	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Trayodashi* Untill 4:04PM</b>	<b>Waganeso:Marathi</b>			<b>Sivaloka Day</b>

<b>6</b>		<b>Thursday, December 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Saka*/Naga* Karana Chaturdashyam Titau		Sun 13	Albany NY Sutra 249 Vasvasu 5127
Wisshika Rasi: 14.52	Tithi 29	<b>Gulika</b> 9:34AM – 10:42AM	<b>Anuradha</b> Untill 9:35AM	<b>Ganesho:</b> Clear	<b>Sunrise:</b> 7:18AM		
		<b>Yama</b> 7:18AM – 8:26AM	<b>Shula*</b> Untill 5:13AM Fri	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 13	2nd Phase
		<b>Rahu</b> 12:58PM – 2:07PM	<b>Sakuni</b> Untill 6:28PM	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Chaturdashi* Untill 6:28PM</b>	<b>Waganeso:Marathi</b>			<b>Sivaloka Day</b>
Untill 9:35AM							
Then Routine Work - Prabalarishtha Yoga							

<b>Retreat Star</b>		<b>Friday, December 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho: Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 14	Albany NY Sutra 250 Vasvasu 5127
Wisshika Rasi: 26.5	Tithi 30	<b>Gulika</b> 8:27AM – 9:35AM	<b>Jyeshtha*</b> Untill 12:08PM	<b>Ganesho:</b> Purple	<b>Sunrise:</b> 7:19AM		
		<b>Yama</b> 2:07PM – 3:15PM	<b>Ganda*</b> Untill 5:43AM Sat	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 14	Amavasya
		<b>Rahu</b> 10:43AM – 11:51AM	<b>Caluspada</b> Untill 7:37AM	<b>Nataraja:</b> Purple			
Routine Work Marana Yoga			<b>Amavasya* Untill 8:41PM</b>	<b>Waganeso:Marathi</b>			<b>Devaloka Day</b>
Untill 12:08PM		<b>Hanumath Jayanthi (Tamil Nadu)</b>					
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, December 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho: Mania Vasara Yuktayam Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15	Albany NY Sutra 251 Vasvasu 5127
Dhanus Rasi: 8.53	Tithi 1	<b>Gulika</b> 7:19AM – 8:27AM	<b>Mula*</b> Untill 2:48PM	<b>Ganesho:</b> Light Blue	<b>Sunrise:</b> 7:19AM		
		<b>Yama</b> 12:59PM – 2:07PM	<b>Widdhi</b> Untill 6:02AM Sun	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 11 - Phase 34 - 15	Prathama
		<b>Rahu</b> 9:35AM – 10:43AM	<b>Kintughna</b> Untill 9:43AM	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Prathama* Untill 10:38PM</b>	<b>Pradosha:Marathi</b>			<b>Devaloka Day</b>

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Bharu Vesara Yuktayam Purvashada/Ultarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Titau				Albany NY Sutra 252
Dhanus Rasi: 21.02	Tilthi 2	<b>Gulika</b> 2:08PM – 3:16PM	<b>Purvashada* Until 5:02PM</b>	<b>Ganesh:</b> Light Blue	Sunrise: 7:20AM	Sun 16
		<b>Yama</b> 11:52AM – 1:00PM	<b>Vridhi Until 6:02AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:24PM	Moon 11 - Phase 35 - 17
Creative Work Siddha Yoga		<b>Rahu</b> 3:16PM – 4:24PM	<b>Balava Until 11:32AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 5:02PM		<b>Day 1 of Pancha Ganapati</b>	<b>Dvitiya Until 12:19AM Mon</b>	<b>Pancha/Bhakti</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

2 Monday, December 22, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Indu Vasara Yuktayam Utlarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Titau				Albany NY Sutra 253
Makara Rasi: 3.17	Tilthi 3	<b>Gulika</b> 1:00PM – 2:08PM	<b>Utlarashada Until 6:50PM</b>	<b>Ganesh:</b> Light Blue	Sunrise: 7:20AM	Sun 17
<b>Family Home Evening</b>		<b>Yama</b> 10:44AM – 11:52AM	<b>Dhruva Until 6:07AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:25PM	Moon 11 - Phase 35 - 17
Routine Work Marana Yoga		<b>Rahu</b> 8:28AM – 9:36AM	<b>Talilla Until 1:04PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 6:50PM		<b>Day 2 of Pancha Ganapati</b>	<b>Tritiya Until 1:42AM Tue</b>	<b>Pancha/Bhakti</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

3 Tuesday, December 23, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Shravana Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthayam Titau				Albany NY Sutra 254
Makara Rasi: 15.41	Tilthi 4	<b>Gulika</b> 11:53AM – 1:01PM	<b>Shravana Until 8:37PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:21AM	Sun 18
		<b>Yama</b> 9:37AM – 10:45AM	<b>Harshana Until 5:32AM Wed</b>	<b>Muruga:</b> Yellow	Sunset: 4:25PM	Moon 11 - Phase 35 - 17
Creative Work Siddha Yoga		<b>Rahu</b> 2:09PM – 3:17PM	<b>Vanija Until 2:16PM</b>	<b>Nataraja:</b> Purple		3rd Phase
		<b>Day 3 of Pancha Ganapati</b>	<b>Chaturthi* Until 2:42AM Wed</b>	<b>Pancha/Bhakti</b>		<b>Devaloka Day</b>

4 Wednesday, December 24, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Budha Vesara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchmayam Titau				Albany NY Sutra 255
Makara Rasi: 28.16	Tilthi 5	<b>Gulika</b> 10:45AM – 11:53AM	<b>Dhanishtha Until 9:49PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:21AM	Sun 19
		<b>Yama</b> 8:29AM – 9:37AM	<b>Vajra* Until 4:44AM Thu</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Moon 11 - Phase 35 - 17
Routine Work Prabalarishta Yoga		<b>Rahu</b> 11:53AM – 1:01PM	<b>Bava Until 3:03PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 9:49PM		<b>Day 4 of Pancha Ganapati</b>	<b>Panchami Until 3:15AM Thu</b>	<b>Pancha/Bhakti</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

5 Thursday, December 25, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Guru Vesara Yuktayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Titau				Albany NY Sutra 256
Kumbha Rasi: 11.02	Tilthi 6	<b>Gulika</b> 9:38AM – 10:46AM	<b>Shalabhishak Until 10:23PM</b>	<b>Ganesh:</b> Purple	Sunrise: 7:21AM	Sun 20
		<b>Yama</b> 7:21AM – 8:30AM	<b>Siddhi Until 3:22AM Fri</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Moon 11 - Phase 35 - 20
Creative Work Siddha Yoga		<b>Rahu</b> 1:02PM – 2:10PM	<b>Kaulava Until 3:21PM</b>	<b>Nataraja:</b> Purple		3rd Phase
		<b>Day 5 of Pancha Ganapati</b>	<b>Shashthi* Until 3:17AM Fri</b>	<b>Pancha/Bhakti</b>		<b>Devaloka Day</b>
		<b>Vinayaga Viratam Ends</b>				

6 Friday, December 26, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Vesara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthmayam Titau				Albany NY Sutra 257
Kumbha Rasi: 24.04	Tilthi 7	<b>Gulika</b> 8:30AM – 9:38AM	<b>Purvashrothapada* Until 10:41PM</b>	<b>Ganesh:</b> Green	Sunrise: 7:22AM	Sun 21
		<b>Yama</b> 2:11PM – 3:19PM	<b>Vyalipala* Until 1:53AM Sat</b>	<b>Muruga:</b> Yellow	Sunset: 4:27PM	Moon 11 - Phase 35 - 21
Creative Work Siddha Yoga		<b>Rahu</b> 10:46AM – 11:54AM	<b>Gara Until 3:05PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami Until 2:43AM Sat</b>	<b>Pancha/Bhakti</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3PM to 6PM

Saturday, December 27, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Utlarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtmayam Titau				Albany NY Sutra 258
<b>Retreat Star</b>		<b>Gulika</b> 7:22AM – 8:30AM	<b>Utlarashrothapada Until 10:14PM</b>	<b>Ganesh:</b> Green	Sunrise: 7:22AM	Sun 22
Meena Rasi: 7.25	Tilthi 8	<b>Yama</b> 1:03PM – 2:11PM	<b>Varjyan Until 11:43PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:28PM	Moon 11 - Phase 35 - 22
Creative Work Siddha Yoga		<b>Rahu</b> 9:39AM – 10:47AM	<b>Visli Until 2:13PM</b>	<b>Nataraja:</b> Clear		Ashtami
Until 10:14PM			<b>Ashtami* Until 1:31AM Sun</b>	<b>Pancha/Bhakti</b>		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 3PM to 6PM

Sunday, December 28, 2025		Viswasa Nama Samvatsare Uparayane Moksha Ritau Dhanus Mese Sakla Paksho Bharu Vesara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamayam Titau				Albany NY Sutra 259
<b>Retreat Star</b>		<b>Gulika</b> 2:12PM – 3:20PM	<b>Revati Until 9:01PM</b>	<b>Ganesh:</b> Green	Sunrise: 7:22AM	Sun 23
Meena Rasi: 21.08	Tilthi 9	<b>Yama</b> 11:55AM – 1:04PM	<b>Parigha* Until 9:05PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:28PM	Moon 11 - Phase 35 - 23
Creative Work Amrita Yoga		<b>Rahu</b> 3:20PM – 4:28PM	<b>Balava Until 12:42PM</b>	<b>Nataraja:</b> Clear		Navami
Until 9:01PM			<b>Navami* Until 11:42PM</b>	<b>Pancha/Bhakti</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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www.gurudeva.org/pancham

<b>1</b>	<b>Monday, December 29, 2025</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Taillai/Gara Karana Dashamyam Titau				Albany NY Sutra 260
	Mesha Rasi: 5.13	Tithi 10	<b>Gulika</b> 1:04PM - 2:13PM	<b>Ashvini Until 7:32PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:23AM	Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:48AM - 11:56AM	<b>Shiva Until 5:59PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 24	
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b> 8:31AM - 9:39AM	<b>Shiva Until 10:36AM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dashami Until 9:20PM</b>	<b>Moon - White</b>		<b>Devaloka Day</b>	
				<b>Paasha/Makal</b>			

<b>2</b>	<b>Tuesday, December 30, 2025</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanja/Visli Karana Ekadashyam Titau				Albany NY Sutra 261
	Mesha Rasi: 19.4	Tithi 11	<b>Gulika</b> 11:56AM - 1:05PM	<b>Bharani Until 5:25PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:23AM	Vasavasu 5:17
		<b>Yama</b> 9:40AM - 10:48AM	<b>Siddha Until 2:28PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 25	
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b> 2:13PM - 3:22PM	<b>Vanija Until 7:58AM</b>	<b>Nataraja:</b> Clear		4th Phase	
		<b>Valakuntha Ekadasi</b>	<b>Ekadashi Until 6:28PM</b>	<b>Moon - White</b>		<b>Devaloka Day</b>	
				<b>Paasha/Makal</b>			

<b>3</b>	<b>Wednesday, December 31, 2025</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Batha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany NY Sutra 262
	Wishabha Rasi: 4.25	Tithi 12 - 13	<b>Gulika</b> 10:48AM - 11:57AM	<b>Krittika Until 2:49PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:23AM	Vasavasu 5:17
		<b>Yama</b> 8:32AM - 9:40AM	<b>Sadhya Until 10:40AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 26	
<b>Creative Work</b>	<b>Amrita Yoga</b>	<b>Rahu</b> 11:57AM - 1:05PM	<b>Kaulava Until 1:36AM Thu</b>	<b>Nataraja:</b> Clear		4th Phase	
<b>Until 2:49PM</b>			<b>Dvadashi Until 3:16PM</b>	<b>Moon - White</b>		<b>Devaloka Day</b>	
<b>Then Creative Work</b>	<b>Siddha Yoga</b>			<b>Paasha/Makal</b>			
				<b>Pradosha Vata</b>			

<b>4</b>	<b>Thursday, January 1, 2026</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillai/Gara Karana Trayodashi/Chaturdashyam Titau				Albany NY Sutra 263
	Wishabha Rasi: 19.23	Tithi 13 - 14	<b>Gulika</b> 9:40AM - 10:49AM	<b>Rohini Until 12:17PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:23AM	Vasavasu 5:17
		<b>Yama</b> 7:23AM - 8:32AM	<b>Subha Until 6:41AM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 27	
<b>Routine Work</b>	<b>Marana Yoga</b>	<b>Rahu</b> 1:06PM - 2:14PM	<b>Gara Until 10:09PM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Trayodashi Until 11:52AM</b>	<b>Moon - Yellow</b>		<b>Devaloka Day</b>	
				<b>Paasha/Makal</b>			

<b>O</b>	<b>Friday, January 2, 2026</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam Migashira/Ardra Nakshatra Brahma Yoga Vanja/Visli Karana Chaturdashi/Purnimayam Titau				Albany NY Sutra 264
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:32AM - 9:41AM	<b>Mrigashira Until 9:34AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:23AM	Vasavasu 5:17
		<b>Yama</b> 2:15PM - 3:24PM	<b>Brahma Until 10:35PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 28	
<b>Mithuna Rasi: 4.25</b>	<b>Tithi 14 - 15</b>	<b>Rahu</b> 10:49AM - 11:58AM	<b>Visli Until 6:44PM</b>	<b>Nataraja:</b> Clear		4th Phase	
<b>Creative Work</b>	<b>Siddha Yoga</b>		<b>Chaturdashi* Until 8:25AM</b>	<b>Moon - Yellow</b>		<b>Devaloka Day</b>	
				<b>Paasha/Makal</b>			

<b>S</b>	<b>Saturday, January 3, 2026</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Albany NY Sutra 265
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:23AM - 8:32AM	<b>Ardra Until 6:51AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:23AM	Vasavasu 5:17
		<b>Yama</b> 1:07PM - 2:16PM	<b>Indra Until 6:47PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 4:39PM	Moon 11 - Phase 36 - 29	
<b>Mithuna Rasi: 19.23</b>	<b>Tithi 16</b>	<b>Rahu</b> 9:41AM - 10:50AM	<b>Balava Until 3:32PM</b>	<b>Nataraja:</b> Clear		4th Phase	
<b>Creative Work</b>	<b>Siddha Yoga</b>		<b>Prathama* Until 2:03AM Sun</b>	<b>Moon - Yellow</b>		<b>Devaloka Day</b>	
				<b>Paasha/Makal</b>			
			<b>Ardra Darshanam</b>				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Kataka Rasi: 4.06

Tithi 17

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhri/Vishkambha\* Yoga Talila/Gara Karana Dvityayam Titau

Gulika 2:17PM - 3:25PM  
Yama 11:59AM - 1:08PM  
Rahu 3:25PM - 4:34PM

Pushya Until 2:55AM Mon

Vaidhri\* Until 3:18PM  
Talila Until 12:43PM  
Dvitiya Until 11:29PM

Ganesh: Red Sunrise: 7:23AM  
Muruga: White Sunset: 4:34PM  
Nataraja: Clear  
Moon - Blue

Albany NY Sutra 266  
Viswasa 5127  
Moon 12 - Phase 37 - 1st Phase

Paash/Bhakti

Sivaloka Day

1

Monday, January 5, 2026

Kataka Rasi: 18.28

Tithi 18

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Prili Yoga Vanija/Visli\* Karana Trityayam Titau

Gulika 1:08PM - 2:17PM  
Yama 10:50AM - 11:59AM  
Rahu 8:32AM - 9:41AM

Ashlesha\* Until 1:38AM Tue

Vishkambha\* Until 12:16PM  
Vanija Until 10:27AM  
Tritiya Until 9:33PM

Ganesh: Yellow Sunrise: 7:23AM  
Muruga: White Sunset: 4:35PM  
Nataraja: Clear  
Moon - Blue

Albany NY Sutra 267  
Viswasa 5127  
Moon 12 - Phase 37 - 1st Phase

Paash/Bhakti

Sivaloka Day

2 Tuesday, January 6, 2026

Simha Rasi: 2.24

Tithi 19

Until 1:24AM Wed

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam  
Magha\* Nakshatra Prili/Ayushman Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 12:00PM - 1:09PM  
Yama 9:41AM - 10:51AM  
Rahu 2:18PM - 3:27PM

Magha\* Until 1:24AM Wed

Prili Until 9:50AM  
Bava Until 8:52AM  
Chaturthi\* Until 8:22PM

Ganesh: White Sunrise: 7:23AM  
Muruga: White Sunset: 4:36PM  
Nataraja: Clear  
Moon - Red

Albany NY Sutra 268  
Viswasa 5127  
Moon 12 - Phase 37 - 2 1st Phase

Paash/Bhakti

Devaloka Day

3 Wednesday, January 7, 2026

Simha Rasi: 15.52

Tithi 20

Creative Work Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Talila Karana Panchmityam Titau

Gulika 10:51AM - 12:00PM  
Yama 8:32AM - 9:42AM  
Rahu 12:00PM - 1:09PM

Purvaphalguni Until 1:52AM Thu

Ayushman Until 8:01AM  
Kaulava Until 8:07AM  
Panchami Until 8:03PM

Ganesh: White Sunrise: 7:23AM  
Muruga: White Sunset: 4:37PM  
Nataraja: Clear  
Moon - Red

Albany NY Sutra 269  
Viswasa 5127  
Moon 12 - Phase 37 - 3 1st Phase

Paash/Bhakti

Devaloka Day

4 Thursday, January 8, 2026

Simha Rasi: 28.52

Tithi 21

Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 9:42AM - 10:51AM  
Yama 7:23AM - 8:32AM  
Rahu 1:10PM - 2:19PM

Uttaraphalguni Until 3:00AM Fri

Saubhagya Until 6:53AM  
Gara Until 8:14AM  
Shashthi\* Until 8:35PM

Ganesh: White Sunrise: 7:23AM  
Muruga: White Sunset: 4:38PM  
Nataraja: Clear  
Moon - Red

Albany NY Sutra 270  
Viswasa 5127  
Moon 12 - Phase 37 - 4 1st Phase

Paash/Bhakti

Devaloka Day

5 Friday, January 9, 2026

Kanya Rasi: 11.28

Tithi 22

Until 5:10AM Sat

Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam  
Hasta Nakshatra Sobhana/Abhiganda\* Yoga Bava/Kaulava Karana Saptmityam Titau

Gulika 8:32AM - 9:42AM  
Yama 2:20PM - 3:30PM  
Rahu 10:51AM - 12:01PM

Hasla Until 5:10AM Sat

Sobhana Until 6:24AM  
Visli Until 9:11AM  
Saptami Until 9:56PM

Ganesh: Clear Sunrise: 7:23AM  
Muruga: White Sunset: 4:39PM  
Nataraja: Clear  
Moon - Green

Albany NY Sutra 271  
Viswasa 5127  
Moon 12 - Phase 37 - 5 1st Phase

Paash/Bhakti

Sivaloka Day

6 Saturday, January 10, 2026

Kanya Rasi: 23.44

Tithi 23

Routine Work Marana Yoga

Until 7:44AM Sun

Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Shukla Vasara Yuktayam  
Chitra Nakshatra Abhiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtmityam Titau

Gulika 7:23AM - 8:32AM  
Yama 1:11PM - 2:21PM  
Rahu 9:42AM - 10:52AM

Chitra Until 7:44AM Sun

Abhiganda\* Until 6:28AM  
Balava Until 10:52AM  
Ashlami\* Until 11:54PM

Ganesh: Clear Sunrise: 7:23AM  
Muruga: White Sunset: 4:40PM  
Nataraja: Clear  
Moon - Green

Albany NY Sutra 272  
Viswasa 5127  
Moon 12 - Phase 37 - 6 Ashtami

Paash/Bhakti

Sivaloka Day

Sunday, January 11, 2026

Tula Rasi: 5.47

Tithi 24

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam  
Chitra/Svali Nakshatra Sukarma/Dhriti Until Yoga Talila/Gara Karana Navmityam Titau

Gulika 2:22PM - 3:32PM  
Yama 12:02PM - 1:12PM  
Rahu 3:32PM - 4:41PM

Chitra Until 7:44AM

Sukarma Until 6:57AM  
Talila Until 1:04PM  
Navami\* Until 2:17AM Mon

Ganesh: Clear Sunrise: 7:23AM  
Muruga: White Sunset: 4:41PM  
Nataraja: Clear  
Moon - Green

Albany NY Sutra 273  
Viswasa 5127  
Moon 12 - Phase 37 - 7 Navami

Paash/Bhakti

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Inana Pada

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<b>1 Monday, January 12, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yukhtayam Svali/Wishkha Nakshatra Dhruti/Shula' Yoga Vanja/Visli' Karana Dashanyam Titau				Albany, NY Sutra 274
Tula Rasi: 17.42	Tithi 25	<b>Gulika</b> 1:12PM – 2:22PM	<b>Svali</b> Until 10:27AM	<b>Ganesh:</b> Clear	Sunrise: 7:20AM	Vasavasa 5127
<b>Family Home Evening</b>	863448576	<b>Yama</b> 10:52AM – 12:02PM	<b>Dhruti</b> Until 7:44AM	<b>Muruga:</b> White	Sunset: 4:49PM	Moon 12 - Phase 38 - 8
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 8:32AM – 9:42AM	<b>Vanija</b> Until 3:34PM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:27AM			<b>Dashami</b> Until 4:51AM Tue	Moon - Orange		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha/Makal</b>		

<b>2 Tuesday, January 13, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula'Ganda' Yoga Bava Karana Ekadashyam Titau				Albany, NY Sutra 275
Tula Rasi: 29.34	Tithi 26	<b>Gulika</b> 12:03PM – 1:13PM	<b>Vishakha</b> Until 1:37PM	<b>Ganesh:</b> Purple	Sunrise: 7:20AM	Vasavasa 5127
	873448576	<b>Yama</b> 9:42AM – 10:52AM	<b>Shula'</b> Until 8:34AM	<b>Muruga:</b> White	Sunset: 4:49PM	Moon 12 - Phase 38 - 9
<b>Routine Work</b> Marana Yoga		<b>Rahu</b> 2:23PM – 3:33PM	<b>Bava</b> Until 6:09PM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:37PM			<b>Ekadashi'</b> Until 7:23AM Wed	Moon - Orange		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha/Makal</b>		

<b>3 Wednesday, January 14, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yukhtayam Anuradha/Jyestha' Nakshatra Ganda'Vidhih' Yoga Babava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sutra 276
Wischika Rasi: 11.26	Tithi 26 – 27	<b>Gulika</b> 10:53AM – 12:03PM	<b>Anuradha</b> Until 4:32PM	<b>Ganesh:</b> Purple	Sunrise: 7:21AM	Vasavasa 5127
	873448576	<b>Yama</b> 9:42AM – 10:52AM	<b>Ganda'</b> Until 9:24AM	<b>Muruga:</b> White	Sunset: 4:49PM	Moon 12 - Phase 38 - 10
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 12:03PM – 1:13PM	<b>Kaulava</b> Until 8:38PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi'</b> Until 7:23AM	Moon - Orange		<b>Devaloka Day</b>
		<b>Thai Pongal</b>		<b>Pausha/Thai</b>		

<b>4 Thursday, January 15, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yukhtayam Jyestha' Nakshatra Vidhih/Dhruva Yoga Talila'Gara Karana Dvadashi'Trayodashyam Titau				Albany, NY Sutra 277
Wischika Rasi: 23.22	Tithi 27 – 28	<b>Gulika</b> 9:42AM – 10:53AM	<b>Jyestha'</b> Until 7:05PM	<b>Ganesh:</b> Purple	Sunrise: 7:21AM	Vasavasa 5127
	873448576	<b>Yama</b> 7:21AM – 8:31AM	<b>Vidhih</b> Until 10:05AM	<b>Muruga:</b> White	Sunset: 4:49PM	Moon 12 - Phase 38 - 11
<b>Routine Work</b> Prabalashita Yoga		<b>Rahu</b> 1:14PM – 2:25PM	<b>Gara</b> Until 10:51PM	<b>Nataraja:</b> Clear		2nd Phase
Until 7:05PM			<b>Dvadashi'</b> Until 9:45AM	Moon - Orange		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha/Thai</b>		
				<b>Pradosha Vata (Fasting)</b>		

<b>5 Friday, January 16, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yukhtayam Mula' Nakshatra Dhruva/Vyaghata' Yoga Vanja/Visli' Karana Trayodashi'Chaturdashyam Titau				Albany, NY Sutra 278
Dhanus Rasi: 5.24	Tithi 28 – 29	<b>Gulika</b> 8:31AM – 9:42AM	<b>Mula'</b> Until 9:39PM	<b>Ganesh:</b> Purple	Sunrise: 7:20AM	Vasavasa 5127
	884448576	<b>Yama</b> 2:25PM – 3:36PM	<b>Dhruva</b> Until 10:32AM	<b>Muruga:</b> White	Sunset: 4:49PM	Moon 12 - Phase 38 - 12
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 10:53AM – 12:04PM	<b>Visli</b> Until 12:45AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Until 9:39PM			<b>Trayodashi'</b> Until 11:50AM	Moon - Light Blue		<b>Devaloka Day</b>
Then Routine Work - Prabalashita Yoga				<b>Pausha/Thai</b>		

<b>● Saturday, January 17, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yukhtayam Purvashada' Nakshatra Vyaghata'Harshana Yoga Sakuni'Caluspada' Karana Chaturdashi'Amavasyayam Titau				Albany, NY Sutra 279
<b>Retreat Star</b>		<b>Gulika</b> 7:20AM – 8:31AM	<b>Purvashada'</b> Until 11:41PM	<b>Ganesh:</b> Purple	Sunrise: 7:20AM	Vasavasa 5127
Dhanus Rasi: 17.35	Tithi 29 – 30	<b>Yama</b> 1:15PM – 2:26PM	<b>Vyaghata'</b> Until 10:44AM	<b>Muruga:</b> White	Sunset: 4:49PM	Moon 12 - Phase 38 - 13
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 9:42AM – 10:53AM	<b>Caluspada</b> Until 2:16AM Sun	<b>Nataraja:</b> Clear		Amavasya
Until 11:41PM			<b>Chaturdashi'</b> Until 1:32PM	Moon - Light Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha/Thai</b>		

<b>Sunday, January 18, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yukhtayam Uttarashada' Nakshatra Harshana/Vajra' Yoga Naga'Kintughna' Karana Amavasya/Prathamayam Titau				Albany, NY Sutra 280
<b>Retreat Star</b>		<b>Gulika</b> 2:27PM – 3:38PM	<b>Uttarashada'</b> Until 1:10AM Mon	<b>Ganesh:</b> Purple	Sunrise: 7:19AM	Vasavasa 5127
Dhanus Rasi: 29.55	Tithi 30 – 1	<b>Yama</b> 12:04PM – 1:16PM	<b>Harshana</b> Until 10:38AM	<b>Muruga:</b> White	Sunset: 4:50PM	Moon 12 - Phase 38 - 14
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 3:38PM – 4:50PM	<b>Kintughna</b> Until 3:21AM Mon	<b>Nataraja:</b> Clear		Prathama
			<b>Amavasya'</b> Until 2:50PM	Moon - Light Blue		<b>Devaloka Day</b>
				<b>Maghar/Thai</b>		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1 Monday, January 19, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Инду Васара Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Titau			Albany NY Sutra 281
Makara Rasi: 12.26	Tithi 1 – 2	<b>Gulika</b> Yama 8:30AM – 9:42AM	<b>Shravana Until 2:35AM Tue</b> Vajra* Until 10.12AM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Purple	Sun 15 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 15 3rd Phase
<b>Family Home Evening</b>	894448576	<b>Rahu</b>	<b>Prathama* Until 3:44PM</b>	<b>Devaloka Day</b>	
Creative Work Amrita Yoga		Then Creative Work - Siddha Yoga			

<b>2 Tuesday, January 20, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Магала Васара Yuktayam Dhanishtha Nakshatra Siddhi/Vyaptata* Yoga Kaulava/Taila Karana Dvitya/Tritayam Titau			Albany NY Sutra 282
Makara Rasi: 25.08	Tithi 2 – 3	<b>Gulika</b> Yama 8:29AM – 9:41AM	<b>Dhanishtha Until 3:26AM Wed</b> Siddhi Until 9:28AM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Purple	Sun 16 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 16 3rd Phase
<b>Family Home Evening</b>	894448576	<b>Rahu</b>	<b>Dvitiya Until 4:12PM</b>	<b>Devaloka Day</b>	
Creative Work Siddha Yoga		Then Creative Work - Siddha Yoga			

<b>3 Wednesday, January 21, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaptata* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Albany NY Sutra 283
Kumbha Rasi: 8.02	Tithi 3 – 4	<b>Gulika</b> Yama 8:29AM – 9:41AM	<b>Shatabhishak Until 3:46AM Thu</b> Vyaptata* Until 8:27AM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Purple	Sun 17 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 17 3rd Phase
<b>Family Home Evening</b>	894448576	<b>Rahu</b>	<b>Tritiya Until 4:17PM</b>	<b>Devaloka Day</b>	
Creative Work Siddha Yoga		Then Creative Work - Siddha Yoga			

<b>4 Thursday, January 22, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Garu Vasara Yuktayam Puravproshthapada Nakshatra Varyan/Parigha* Yoga Vasil/Bava Karana Chaturthi/Panchamam Titau			Albany NY Sutra 284
Kumbha Rasi: 21.08	Tithi 4 – 5	<b>Gulika</b> Yama 8:29AM – 9:41AM	<b>Puravproshthapada* Until 4:01AM Fri</b> Varyan Until 7:05AM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear	Sun 18 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 18 3rd Phase
<b>Family Home Evening</b>	814448576	<b>Rahu</b>	<b>Bava Until 3:41AM Fri</b> <b>Chaturthi* Until 3:58PM</b>	<b>Devaloka Day</b>	
Creative Work Siddha Yoga		Then Creative Work - Siddha Yoga			

<b>5 Friday, January 23, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Albany NY Sutra 285
Meena Rasi: 4.26	Tithi 5 – 6	<b>Gulika</b> Yama 8:29AM – 9:41AM	<b>Uttaraproshtapada Until 3:44AM Sat</b> Shiva Until 3:30AM Sat	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear	Sun 19 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 19 3rd Phase
<b>Family Home Evening</b>	814448576	<b>Rahu</b>	<b>Kaulava Until 2:46AM Sat</b> <b>Panchami Until 3:15PM</b>	<b>Devaloka Day</b>	
Creative Work Siddha Yoga		Then Routine Work - Prabalarishtha Yoga			

<b>6 Saturday, January 24, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Manita Vasara Yuktayam Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau			Albany NY Sutra 286
Meena Rasi: 17.56	Tithi 6 – 7	<b>Gulika</b> Yama 1:19PM – 2:32PM	<b>Revati Until 2:56AM Sun</b> Siddha Until 1:14AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear	Sun 20 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 20 3rd Phase
<b>Family Home Evening</b>	914448576	<b>Rahu</b>	<b>Gara Until 1:29AM Sun</b> <b>Shashthi* Until 2:10PM</b>	<b>Sivaloka Day</b>	
Routine Work Prabalarishtha Yoga		Then Creative Work - Siddha Yoga			

<b>Sunday, January 25, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Bharu Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Vasil* Karana Saptami/Ashthamam Titau			Albany NY Sutra 287
Mesha Rasi: 1.4	Tithi 7 – 8	<b>Gulika</b> Yama 12:06PM – 1:19PM	<b>Ashvini Until 2:02AM Mon</b> Sadhya Until 10:40PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White	Sun 21 Vasarasu 5:17 4:59PM Moon 12 - Phase 39 - 21 Ashtami
<b>Family Home Evening</b>	924448576	<b>Rahu</b>	<b>Vasil Until 11:49PM</b> <b>Saptami Until 12:41PM</b>	<b>Devaloka Day</b>	
Creative Work Siddha Yoga		Then Creative Work - Siddha Yoga			

<b>Monday, January 26, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Месе Суко Пакше Indu Vasara Yuktayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamam Titau			Albany NY Sutra 288
Mesha Rasi: 15.38	Tithi 8 – 9	<b>Gulika</b> Yama 10:53AM – 12:07PM	<b>Bharani Until 12:39AM Tue</b> Subha Until 7:50PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White	Sun 22 Vasarasu 5:17 5:09PM Moon 12 - Phase 39 - 22 Navami
<b>Family Home Evening</b>	924448576	<b>Rahu</b>	<b>Balava Until 9:47PM</b> <b>Ashlami* Until 10:49AM</b>	<b>Devaloka Day</b>	
Creative Work Siddha Yoga		Then Creative Work - Siddha Yoga			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1</b> Tuesday, January 27, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Sun 23	Albany NY Sutra 289
Mesha Rasi: 29.5	Tithi 9 - 10	<b>Gulika</b> 12:07PM - 1:20PM	<b>Kritika</b> Until 10:50PM	<b>Ganesh:</b> White	<b>Sunrise:</b> 7:13AM		Vasvasu 5:17
		<b>Yama</b> 9:40AM - 10:53AM	<b>Sukla</b> Until 4:43PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - 23	4th Phase
		<b>Rahu</b> 2:34PM - 3:47PM	<b>Taila</b> Until 7:26PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Navami* Until 8:38AM</b>	<b>Devaloka Day</b>			
Until 10:50PM				<b>Devaloka Day</b>			
Then Creative Work - Amrita Yoga							

<b>2</b> Wednesday, January 28, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Budha Vessara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadashmyam Titau				Sun 24	Albany NY Sutra 290
Wishabha Rasi: 14.13	Tithi 10 - 11	<b>Gulika</b> 10:53AM - 12:07PM	<b>Rohini</b> Until 9:03PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:12AM		Vasvasu 5:17
		<b>Yama</b> 8:26AM - 9:39AM	<b>Brahma</b> Until 1:25PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - 24	4th Phase
		<b>Rahu</b> 12:07PM - 1:21PM	<b>Vesil</b> Until 3:29AM Thu	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:09AM	<b>Sivaloka Day</b>			
				<b>Sivaloka Day</b>			

<b>3</b> Thursday, January 29, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Guru Vessara Yuktayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadashmyam Titau				Sun 25	Albany NY Sutra 291
Wishabha Rasi: 28.44	Tithi 12	<b>Gulika</b> 9:39AM - 10:53AM	<b>Mrigashira</b> Until 7:01PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:11AM		Vasvasu 5:17
		<b>Yama</b> 7:11AM - 8:25AM	<b>Indra</b> Until 9:59AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - 25	4th Phase
		<b>Rahu</b> 1:21PM - 2:35PM	<b>Bava</b> Until 2:07PM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 12:42AM Fri	<b>Sivaloka Day</b>			
				<b>Sivaloka Day</b>			

<b>4</b> Friday, January 30, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Sukra Vessara Yuktayam Ardra/Punarvasu Nakshatra Vaidhri/Vibhambha* Yoga Kaulava/Taila Karana Trayodashmyam Titau				Sun 26	Albany NY Sutra 292
Mithuna Rasi: 13.2	Tithi 13	<b>Gulika</b> 8:24AM - 9:39AM	<b>Ardra</b> Until 4:50PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:10AM		Vasvasu 5:17
		<b>Yama</b> 2:36PM - 3:50PM	<b>Vaidhri*</b> Until 6:29AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - 26	4th Phase
		<b>Rahu</b> 10:53AM - 12:07PM	<b>Kaulava</b> Until 11:21AM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:58PM	<b>Sivaloka Day</b>			
				<b>Sivaloka Day</b>			

Pradosha Vata

<b>5</b> Saturday, January 31, 2026		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksha Manita Vessara Yuktayam Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanija Karana Chaturdashmyam Titau				Sun 27	Albany NY Sutra 293
Mithuna Rasi: 27.52	Tithi 14	<b>Gulika</b> 7:09AM - 8:24AM	<b>Punarvasu</b> Until 3:04PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:09AM		Vasvasu 5:17
		<b>Yama</b> 1:22PM - 2:37PM	<b>Pihl</b> Until 11:46PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - 27	4th Phase
		<b>Rahu</b> 9:38AM - 10:53AM	<b>Gara</b> Until 8:40AM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:24PM	<b>Devaloka Day</b>			
		<b>Thai Pusam</b>		<b>Devaloka Day</b>			

<b>○</b> Sunday, February 1, 2026 Copper Retreat Star		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Bhanu Vessara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Vesil*/Balava Karana Purnima/Prathamayam Titau				Sun 28	Albany NY Sutra 294
Kataka Rasi: 12.14	Tithi 15 - 16	<b>Gulika</b> 2:37PM - 3:51PM	<b>Pushya</b> Until 1:27PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:09AM		Vasvasu 5:17
		<b>Yama</b> 12:08PM - 1:22PM	<b>Ayushman</b> Until 8:48PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - Purnima	
		<b>Rahu</b> 3:51PM - 5:06PM	<b>Vesil</b> Until 6:15AM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 5:09PM	<b>Devaloka Day</b>			
				<b>Devaloka Day</b>			

<b>Monday, February 2, 2026</b> Silver Retreat Star		Visvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksha Indu Vessara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau				Sun 29	Albany NY Sutra 295
Kataka Rasi: 26.22	Tithi 16 - 17	<b>Gulika</b> 1:23PM - 2:37PM	<b>Ashlesha*</b> Until 12:07PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:08AM		Vasvasu 5:17
		<b>Yama</b> 10:53AM - 12:08PM	<b>Saubhagya</b> Until 6:12PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:07PM	Moon 12 - Phase 40 - Prathama	
		<b>Rahu</b> 8:23AM - 9:38AM	<b>Taila</b> Until 2:41AM Tue	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:21PM	<b>Devaloka Day</b>			
Until 12:07PM				<b>Devaloka Day</b>			
Then Routine Work - Marana Yoga							

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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**Tuesday, February 3, 2026**

**Gold Retreat Star**

Simha Rasi: 10.08 TITHI 17 - 18  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Mangala Vasara Yuktayam  
Magha/Puravaphalguni Nakshatra Siddhanta/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau  
**Gulika 12:08PM - 1:23PM**  
Yama 9:37AM - 10:53AM  
Rahu 2:38PM - 3:53PM  
**Magha\* Untill 11:37AM**  
Sobhana Untill 4:06PM  
Vanija Untill 1:49AM Wed  
**Dvitiya Untill 2:09PM**  
Ganesh: Red  
Muruga: White  
Nataraja: Orange  
Moon - Red  
Sivaloka Day

Sun 1  
7:07AM  
5:09PM  
Albany NY  
Sutra 296  
Vasvasu 5127  
Moon 1 - Phase 41 - 1  
1st Phase

**1 Wednesday, February 4, 2026**

**Retreat Star**

Simha Rasi: 23.33 TITHI 18 - 19  
Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Baulha Vasara Yuktayam  
Puravaphalguni/Ultraphalguni Nakshatra Ahiganda\*/Sakama Yoga Vasi\*/Bava Karana Tritiya/Chaturtham Titau  
**Gulika 10:52AM - 12:08PM**  
Yama 8:21AM - 9:37AM  
Rahu 12:08PM - 1:23PM  
**Puravaphalguni Untill 11:40AM**  
Ahihganda\* Untill 2:31PM  
Bava Untill 1:41AM Thu  
**Tritiya Untill 1:38PM**  
Ganesh: Red  
Muruga: White  
Nataraja: Orange  
Moon - Red  
Sivaloka Day

Sun 2  
7:06AM  
5:10PM  
Albany NY  
Sutra 297  
Vasvasu 5127  
Moon 1 - Phase 41 - 2  
1st Phase

**2 Thursday, February 5, 2026**

**Retreat Star**

Kanya Rasi: 6.34 TITHI 19 - 20  
Amrita Yoga  
Untill 12:16PM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Guru Vasara Yuktayam  
Ultraphalguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau  
**Gulika 9:36AM - 10:52AM**  
Yama 7:05AM - 8:21AM  
Rahu 1:24PM - 2:40PM  
**Ultraphalguni Untill 12:16PM**  
Sukama Untill 1:31PM  
Kaulava Untill 2:18AM Fri  
**Chaturthi\* Untill 1:52PM**  
Ganesh: Red  
Muruga: White  
Nataraja: Orange  
Moon - Red  
Sivaloka Day

Sun 3  
7:05AM  
5:11PM  
Albany NY  
Sutra 298  
Vasvasu 5127  
Moon 1 - Phase 41 - 3  
1st Phase

**3 Friday, February 6, 2026**

**Retreat Star**

Kanya Rasi: 19.13 TITHI 20 - 21  
Creative Work Amrita Yoga  
Untill 1:54PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Talila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 8:20AM - 9:36AM**  
Yama 2:40PM - 3:56PM  
Rahu 10:52AM - 12:08PM  
**Hasla Untill 1:54PM**  
Dhriti Untill 1:07PM  
Gara Untill 3:36AM Sat  
**Panchami Untill 2:51PM**  
Ganesh: Green  
Muruga: White  
Nataraja: Orange  
Moon - Green  
Devaloka Day

Sun 4  
7:04AM  
5:12PM  
Albany NY  
Sutra 299  
Vasvasu 5127  
Moon 1 - Phase 41 - 4  
1st Phase

**4 Saturday, February 7, 2026**

**Retreat Star**

Tula Rasi: 1.35 TITHI 21 - 22  
Routine Work Marana Yoga  
Untill 4:00PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Manita Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Vasi\* Karana Shashthi/Saptamam Titau  
**Gulika 7:03AM - 8:19AM**  
Yama 1:25PM - 2:41PM  
Rahu 9:35AM - 10:52AM  
**Chitra Untill 4:00PM**  
Shula\* Untill 1:10PM  
Vasi Untill 5:30AM Sun  
**Shashthi\* Untill 4:28PM**  
Ganesh: White  
Muruga: White  
Nataraja: Orange  
Moon - Green  
Devaloka Day

Sun 5  
7:03AM  
5:13PM  
Albany NY  
Sutra 300  
Vasvasu 5127  
Moon 1 - Phase 41 - 5  
1st Phase

**5 Sunday, February 8, 2026**

**Retreat Star**

Tula Rasi: 13.42 TITHI 22  
Creative Work Siddha Yoga  
Untill 6:24PM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Middhi Yoga Bava Karana Saptamam Titau  
**Gulika 2:42PM - 3:58PM**  
Yama 12:08PM - 1:25PM  
Rahu 3:58PM - 5:15PM  
**Svati Untill 6:24PM**  
Ganda\* Untill 1:38PM  
Bava Untill 6:35PM  
**Saptami Untill 6:35PM**  
Ganesh: White  
Muruga: White  
Nataraja: Orange  
Moon - Green  
Devaloka Day

Sun 6  
7:01AM  
5:15PM  
Albany NY  
Sutra 301  
Vasvasu 5127  
Moon 1 - Phase 41 - 6  
1st Phase

**Monday, February 9, 2026**

**Retreat Star**

Tula Rasi: 25.41 TITHI 23  
Family Home Evening  
Routine Work Marana Yoga  
Untill 9:25PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Indu Vasara Yuktayam  
Vishakha Nakshatra Middhi/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau  
**Gulika 1:25PM - 2:42PM**  
Yama 10:51AM - 12:08PM  
Rahu 8:17AM - 9:34AM  
**Vishakha Untill 9:25PM**  
Viddhi Untill 2:22PM  
Balava Untill 7:47AM  
**Ashtami\* Untill 8:59PM**  
Ganesh: Clear  
Muruga: White  
Nataraja: Orange  
Moon - Orange  
Sivaloka Day

Sun 7  
7:00AM  
5:16PM  
Albany NY  
Sutra 302  
Vasvasu 5127  
Moon 1 - Phase 41 - 7  
Ashtami

**Tuesday, February 10, 2026**

**Retreat Star**

Vishchika Rasi: 7.34 TITHI 24  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtina Paksha Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Talila/Gara Karana Navamam Titau  
**Gulika 12:08PM - 1:26PM**  
Yama 9:34AM - 10:51AM  
Rahu 2:43PM - 4:00PM  
**Anuradha Untill 12:20AM Wed**  
Dhruva Untill 3:09PM  
Talila Untill 10:15AM  
**Navam\* Untill 11:28PM**  
Ganesh: Clear  
Muruga: White  
Nataraja: Orange  
Moon - Orange  
Sivaloka Day

Sun 8  
6:59AM  
5:18PM  
Albany NY  
Sutra 303  
Vasvasu 5127  
Moon 1 - Phase 41 - 8  
Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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<b>1</b>		<b>Wednesday, February 11, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghat* Harshana Yoga Vanja/Vasi* Karana Dashamyam Tilau		Sun 9	Albany NY Sutra 304
Wischika Rasi: 19.28	Tithi 25	Gulika 10:51AM - 12:08PM	Jyeshtha* Until 2:58AM Thu	Ganesha: Clear	Sunrise: 6:58AM		Vasavasu 5127
		Yama 8:15AM - 9:33AM	Vyaghata* Until 3:55PM	Muruga: White	Sunset: 5:19PM	Moon 1 - Phase 42 - 9	2nd Phase
Creative Work	Siddha Yoga	976548577 Rahu 12:08PM - 1:26PM	Vanija Until 12:42PM	Nataraja: Orange			
			Dashami Until 1:50AM Thu	Moon - Orange			Sivaloka Day
				Bhagya*Thu			

<b>2</b>		<b>Thursday, February 12, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Tilau		Sun 10	Albany NY Sutra 305
Dhanus Rasi: 1.25	Tithi 26	Gulika 9:32AM - 10:50AM	Mula* Until 5:39AM Fri	Ganesha: Purple	Sunrise: 6:56AM		Vasavasu 5127
		Yama 6:56AM - 8:14AM	Harshana Until 4:32PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 10	2nd Phase
Creative Work	Siddha Yoga	986548577 Rahu 1:26PM - 2:44PM	Bava Until 5:56PM	Nataraja: Orange			
			Ekadashi* Until 3:54AM Fri	Moon - Light Blue			Devaloka Day
				Bhagya*Wedi			

<b>3</b>		<b>Friday, February 13, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililo Karana Dvadashtyam Tilau		Sun 11	Albany NY Sutra 306
Dhanus Rasi: 13.3	Tithi 27	Gulika 8:13AM - 9:32AM	Purvashadha* Until 7:43AM Sat	Ganesha: Purple	Sunrise: 6:55AM		Vasavasu 5127
		Yama 2:45PM - 4:03PM	Vajra* Until 4:49PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 11	2nd Phase
Routine Work	Prabalarishtha Yoga	986548577 Rahu 10:50AM - 12:08PM	Kaulava Until 4:47PM	Nataraja: Orange			
			Dvadashi* Until 5:30AM Sat	Moon - Light Blue			Devaloka Day
				Bhagya*Wedi			

<b>4</b>		<b>Saturday, February 14, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyjalpala* Yoga Gara Karana Trayodashyam Tilau		Sun 12	Albany NY Sutra 307
Dhanus Rasi: 25.46	Tithi 28	Gulika 6:54AM - 8:12AM	Purvashadha* Until 7:43AM	Ganesha: Clear	Sunrise: 6:54AM		Vasavasu 5127
		Yama 1:27PM - 2:46PM	Siddhi Until 4:45PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 12	2nd Phase
Creative Work	Siddha Yoga	987548577 Rahu 9:31AM - 10:50AM	Gara Until 6:08PM	Nataraja: Orange			
			Trayodashi* Until 6:35AM Sun	Moon - Light Blue			Sivaloka Day
				Bhagya*Wedi			
				Pradosha Vata (Fasting)			

<b>5</b>		<b>Sunday, February 15, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyjalpala*/Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Tilau		Sun 13	Albany NY Sutra 308
Makara Rasi: 8.16	Tithi 28 - 29	Gulika 2:46PM - 4:05PM	Uttarashadha Until 9:08AM	Ganesha: Clear	Sunrise: 6:52AM		Vasavasu 5127
		Yama 12:08PM - 1:27PM	Vyjalpala* Until 4:16PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 13	2nd Phase
Creative Work	Amrita Yoga	987548577 Rahu 4:05PM - 5:24PM	Visli Until 6:56PM	Nataraja: Orange			
			Trayodashi* Until 6:35AM	Moon - Light Blue			Sivaloka Day
				Bhagya*Wedi			
				Mahasivaratri (Lunar)			
				Mahasivaratri (Solar)			

<b>Monday, February 16, 2026</b>		<b>Retreat Star</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Indu Vasara Yuktayam Shravana/Shobhshobh Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Chaturdashi/Amavasyayam Tilau		Sun 14	Albany NY Sutra 309
Makara Rasi: 21.01	Tithi 29 - 30	Gulika 1:28PM - 2:47PM	Shravana Until 10:18AM	Ganesha: Orange	Sunrise: 6:51AM		Vasavasu 5127
Family Home Evening		Yama 10:49AM - 12:08PM	Varjan Until 3:19PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 14	Amavasya
Creative Work	Amrita Yoga	997548577 Rahu 8:10AM - 9:30AM	Caluspada Until 7:09PM	Nataraja: Orange			
			Chalurdashi* Until 7:06AM	Moon - Purple			Sivaloka Day
				Bhagya*Wedi			

<b>Tuesday, February 17, 2026</b>		<b>Retreat Star</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktayam Dhanishtha/Shobhshobh Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau		Sun 15	Albany NY Sutra 310
Kumbha Rasi: 4.02	Tithi 30 - 1	Gulika 12:08PM - 1:28PM	Dhanishtha Until 10:46AM	Ganesha: Orange	Sunrise: 6:50AM		Vasavasu 5127
		Yama 9:29AM - 10:49AM	Parigha* Until 1:58PM	Muruga: White	Sunset: 5:29PM	Moon 1 - Phase 42 - 15	Prathama
Creative Work	Siddha Yoga	997548577 Rahu 2:48PM - 4:07PM	Kintughna Until 6:50PM	Nataraja: Orange			
			Amavasya* Until 7:02AM	Moon - Purple			Sivaloka Day
				Phalguna*Wedi			
				Then Routine Work - Marana Yoga			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, February 18, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Ditijayam Titau		Albany NY Sutra 311
Kumbha Rasi: 17.2	Tilthi 1 – 2	<b>Gulika</b> 10:48AM – 12:08PM	<b>Shalabhshik</b> Untill 10:36AM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 6:48AM	Sun 16
		<b>Yama</b> 8:08AM – 9:28AM	<b>Shiva</b> Untill 12:14PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:28PM	Moon 1 - Phase 43-17
Creative Work	Siddha Yoga	<b>Rahu</b> 12:08PM – 1:28PM	<b>Balava</b> Untill 6:02PM	<b>Nataraja:</b> Orange		3rd Phase
Untill 10:36AM			<b>Prathama* Untill 6:28AM</b>	<b>Phalgun/Masi</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Thursday, February 19, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Visara Yuktayam Puravroshthapada*/Uttarproshthapada Nakshatra Siddha Yoga Vanja/Vasi* Karana Chaturthiyam Titau		Albany NY Sutra 312
Mesha Rasi: 0.52	Tilthi 3	<b>Gulika</b> 9:27AM – 10:48AM	<b>Puravroshthapada*</b> Untill 10:19AM	<b>Ganesha:</b> Green	<b>Sunrise:</b> 6:47AM	Sun 17
		<b>Yama</b> 6:47AM – 8:07AM	<b>Siddha</b> Untill 10:09AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 43-17
Creative Work	Siddha Yoga	<b>Rahu</b> 1:28PM – 2:49PM	<b>Tailita</b> Untill 4:50PM	<b>Nataraja:</b> Orange		3rd Phase
			<b>Tritiya</b> Untill 4:06AM Fri	<b>Phalgun/Masi</b>		<b>Subha Sivaloka Day</b>

<b>3</b>		<b>Friday, February 20, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Visara Yuktayam Uttarproshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vasi* Karana Chaturthiyam Titau		Albany NY Sutra 313
Mesha Rasi: 15	Tilthi 4	<b>Gulika</b> 8:04AM – 9:27AM	<b>Uttarproshthapada</b> Untill 9:33AM	<b>Ganesha:</b> Green	<b>Sunrise:</b> 6:45AM	Sun 18
		<b>Yama</b> 6:47AM – 8:07AM	<b>Sadya</b> Untill 7:49AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:31PM	Moon 1 - Phase 43-18
Creative Work	Siddha Yoga	<b>Rahu</b> 10:47AM – 12:08PM	<b>Vanija</b> Untill 3:20PM	<b>Nataraja:</b> Orange		3rd Phase
			<b>Chaturthi* Untill 2:27AM Sat</b>	<b>Phalgun/Masi</b>		<b>Subha Sivaloka Day</b>

<b>4</b>		<b>Saturday, February 21, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Albany NY Sutra 314
Mesha Rasi: 28.31	Tilthi 5	<b>Gulika</b> 6:44AM – 8:05AM	<b>Revati</b> Untill 8:24AM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:44AM	Sun 19
		<b>Yama</b> 1:29PM – 2:50PM	<b>Sukla</b> Untill 2:34AM Sun	<b>Muruga:</b> White	<b>Sunset:</b> 5:32PM	Moon 1 - Phase 43-19
Routine Work	Prabalaristha Yoga	<b>Rahu</b> 9:26AM – 10:47AM	<b>Bava</b> Untill 1:35PM	<b>Nataraja:</b> Orange		3rd Phase
Untill 8:24AM			<b>Panchami</b> Untill 12:37AM Sun	<b>Phalgun/Masi</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga	Subramunijayasami Siva Vision Day					

<b>5</b>		<b>Sunday, February 22, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailita Karana Shashthiyam Titau		Albany NY Sutra 315
Mesha Rasi: 12.32	Tilthi 6	<b>Gulika</b> 2:50PM – 4:12PM	<b>Ashvini</b> Untill 7:21AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:42AM	Sun 20
		<b>Yama</b> 12:08PM – 1:29PM	<b>Brahma</b> Untill 11:45PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:33PM	Moon 1 - Phase 43-20
Creative Work	Siddha Yoga	<b>Rahu</b> 4:12PM – 5:33PM	<b>Kaulava</b> Untill 11:39AM	<b>Nataraja:</b> Orange		3rd Phase
Untill 7:21AM			<b>Shashthi* Untill 10:38PM</b>	<b>Phalgun/Masi</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalaristha Yoga						

<b>6</b>		<b>Monday, February 23, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Kittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamyam Titau		Albany NY Sutra 316
Mesha Rasi: 26.38	Tilthi 7	<b>Gulika</b> 1:29PM – 2:51PM	<b>Bharani</b> Untill 6:01AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:41AM	Sun 21
<b>Family Home Evening</b>		<b>Yama</b> 10:46AM – 12:08PM	<b>Indra</b> Untill 8:53PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:34PM	Moon 1 - Phase 43-21
Creative Work	Siddha Yoga	<b>Rahu</b> 8:03AM – 9:24AM	<b>Gara</b> Untill 9:37AM	<b>Nataraja:</b> Orange		3rd Phase
Untill 6:01AM			<b>Sapthami</b> Untill 8:33PM	<b>Phalgun/Masi</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Tuesday, February 24, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini Nakshatra Vaidhiti*/Vishkambha* Yoga Visi*/Bava Karana Ashtamyam Titau		Albany NY Sutra 317
Visshabha Rasi: 10.48	Tilthi 8	<b>Gulika</b> 12:08PM – 1:30PM	<b>Rohini</b> Untill 3:12AM Wed	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:39AM	Sun 22
		<b>Yama</b> 9:24AM – 10:46AM	<b>Vaidhiti*</b> Untill 5:57PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:36PM	Moon 1 - Phase 43-22
Creative Work	Amrita Yoga	<b>Rahu</b> 2:52PM – 4:14PM	<b>Visi</b> Untill 7:31AM	<b>Nataraja:</b> Orange		Ashtami
Untill 3:12AM Wed			<b>Ashtami* Untill 6:25PM</b>	<b>Phalgun/Masi</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Wednesday, February 25, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Migashira Nakshatra Vishkambha*/Pitru Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Albany NY Sutra 318
Visshabha Rasi: 24.59	Tilthi 9 – 10	<b>Gulika</b> 10:45AM – 12:07PM	<b>Mrigashira</b> Untill 1:46AM Thu	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:38AM	Sun 23
		<b>Yama</b> 8:00AM – 9:23AM	<b>Vishkambha*</b> Untill 3:02PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:37PM	Moon 1 - Phase 43-23
Creative Work	Siddha Yoga	<b>Rahu</b> 12:07PM – 1:30PM	<b>Tailita</b> Untill 3:15AM Thu	<b>Nataraja:</b> Orange		Navami
Untill 1:46AM Thu			<b>Navami* Untill 4:17PM</b>	<b>Phalgun/Masi</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1 Thursday, February 26, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Sun 24	Albany NY Sutra 319
Mithuna Rasi: 9.09	TITHI 10 – 11	<b>Gulika</b> 9:22AM – 10:45AM	<b>Ardra Untill 12:16AM Fri</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:36AM		Vasarasu 5:27
		<b>Yama</b> 6:36AM – 7:59AM	<b>Priti Untill 12:06PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:38PM	Moon 1 - Phase 44 - 24	4th Phase
Routine Work - Marana Yoga		938648577 <b>Rahu</b> 1:30PM – 2:53PM	<b>Vanija Untill 1:10AM Fri</b>	<b>Nataraja:</b> Orange			
Untill 12:16AM Fri			<b>Dashami Untill 2:11PM</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Phalguna/Masi</b>			
<b>2 Friday, February 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Visi/Bava Karana Ekadashi/Dvadashyam Tilau				Sun 25	Albany NY Sutra 320
Mithuna Rasi: 23.17	TITHI 11 – 12	<b>Gulika</b> 7:58AM – 9:21AM	<b>Punarvasu Untill 11:09PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:35AM		Vasarasu 5:17
		<b>Yama</b> 2:53PM – 4:16PM	<b>Ayushman Untill 9:17AM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:39PM	Moon 1 - Phase 44 - 25	4th Phase
Creative Work - Siddha Yoga		949648577 <b>Rahu</b> 10:44AM – 12:07PM	<b>Bava Untill 11:14PM</b>	<b>Nataraja:</b> Orange			
Untill 11:09PM			<b>Ekadashi Untill 12:10PM</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna/Masi</b>			
<b>3 Saturday, February 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manu Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Sun 26	Albany NY Sutra 321
Kalka Rasi: 7.19	TITHI 12 – 13	<b>Gulika</b> 6:33AM – 7:57AM	<b>Pushya Untill 10:07PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:33AM		Vasarasu 5:17
		<b>Yama</b> 1:30PM – 2:54PM	<b>Saubhagya Untill 6:35AM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:41PM	Moon 1 - Phase 44 - 26	4th Phase
Creative Work - Siddha Yoga		949648577 <b>Rahu</b> 9:20AM – 10:44AM	<b>Kaulava Untill 9:29PM</b>	<b>Nataraja:</b> Orange			
Untill 10:07PM			<b>Dvadashi Untill 10:19AM</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna/Masi</b>			
<b>4 Sunday, March 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayadashi/Chaturdashyam Tilau				Sun 27	Albany NY Sutra 322
Kalka Rasi: 21.12	TITHI 13 – 14	<b>Gulika</b> 2:55PM – 4:19PM	<b>Ashlesha* Untill 9:13PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:30AM		Vasarasu 5:17
		<b>Yama</b> 12:07PM – 1:31PM	<b>Athiganda* Untill 1:48AM Mon</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:43PM	Moon 1 - Phase 44 - 27	4th Phase
Creative Work - Siddha Yoga		949648577 <b>Rahu</b> 4:19PM – 5:43PM	<b>Gara Untill 8:03PM</b>	<b>Nataraja:</b> Orange			
Untill 9:13PM		<b>Chidambaram Abhishekam</b>	<b>Trayadashi Untill 8:42AM</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna/Masi</b>			
<b>Monday, March 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Magha* Nakshatra Sukarna Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Tilau					Albany NY Sutra 323
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:31PM – 2:55PM	<b>Magha* Untill 9:00PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:28AM		Vasarasu 5:17
Simha Rasi: 4.53	TITHI 14 – 15	<b>Yama</b> 10:42AM – 12:06PM	<b>Sukarna Untill 11:52PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:46PM	Moon 1 - Phase 44 -	Purnima
<b>Family Home Evening</b>		959648577 <b>Rahu</b> 7:53AM – 9:17AM	<b>Visi Untill 6:59PM</b>	<b>Nataraja:</b> Orange			
Routine Work - Marana Yoga			<b>Chaturdashi* Untill 7:27AM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>	
Untill 9:00PM		<b>Holi</b>		<b>Phalguna/Masi</b>			
Then Creative Work - Siddha Yoga							
<b>Tuesday, March 3, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha: Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Tilau					Albany NY Sutra 324
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:06PM – 1:31PM	<b>Purvaphalguni Untill 9:06PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:27AM		Vasarasu 5:17
Simha Rasi: 18.2	TITHI 15 – 16	<b>Yama</b> 9:17AM – 10:41AM	<b>Dhriti Untill 10:20PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:45PM	Moon 1 - Phase 44 -	Prathama
		959648577 <b>Rahu</b> 2:56PM – 4:21PM	<b>Balava Untill 6:25PM</b>	<b>Nataraja:</b> Orange			
Creative Work - Siddha Yoga			<b>Purnima* Untill 6:37AM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>	
Untill 9:06PM				<b>Phalguna/Masi</b>			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

**Gold Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam  
Uтарaphаguni Nakshatra Shula\* Yoga Kaulava/Tailita Karana PrathamDhivlyayam Titau

Albany NY  
Sutra 325

Kanya Rasi: 1.3 Tithi 16 - 17

Gulika 10:41AM - 12:06PM  
Yama 7:50AM - 9:16AM  
Rahu 12:06PM - 1:31PM

Uтарaphаguni Until 9:36PM  
Shula\* Until 9:12PM  
Tailita Until 6:23PM

Ganesha: Clear Sunrise: 6:25AM  
Muruga: White Sunset: 5:47PM

Moon 2 - Phase 45 - 1st Phase

Creative Work - Amrita Yoga  
Until 9:36PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**1** Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam  
Hashta Nakshatra Ganda\* Yoga Gara/Vanija Karana Dhivlyayam Titau

Albany NY  
Sutra 326

Kanya Rasi: 14.23 Tithi 17 - 18

Gulika 9:15AM - 10:40AM  
Yama 6:24AM - 7:49AM  
Rahu 1:31PM - 2:57PM

Hasla Until 10:59PM  
Ganda\* Until 8:33PM  
Vanija Until 6:56PM

Ganesha: White Sunrise: 6:24AM  
Muruga: White Sunset: 5:48PM

Moon 2 - Phase 45 - 1st Phase

Routine Work - Marana Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2** Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam  
Chitra Nakshatra Vidhih Yoga Visi\* Bava Karana Tritiya/Chaturthayam Titau

Albany NY  
Sutra 327

Kanya Rasi: 26.59 Tithi 18 - 19

Gulika 7:48AM - 9:14AM  
Yama 2:57PM - 4:23PM  
Rahu 10:40AM - 12:06PM

Chitra Until 12:46AM Sat  
Vidhih Until 8:22PM  
Bava Until 8:05PM

Ganesha: White Sunrise: 6:22AM  
Muruga: White Sunset: 5:49PM

Moon 2 - Phase 45 - 1st Phase

Creative Work - Siddha Yoga

**Devaloka Day**

**3** Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam  
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchathayam Titau

Albany NY  
Sutra 328

Tula Rasi: 9.2 Tithi 19 - 20

Gulika 6:20AM - 7:47AM  
Yama 1:32PM - 2:58PM  
Rahu 9:13AM - 10:39AM

Svali Until 2:52AM Sun  
Dhruva Until 8:33PM  
Kaulava Until 9:45PM

Ganesha: Purple Sunrise: 6:20AM  
Muruga: Clear Sunset: 5:50PM

Moon 2 - Phase 45 - 3 1st Phase

Creative Work - Siddha Yoga  
Until 2:52AM Sun  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

**4** Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Albany NY  
Sutra 329

Tula Rasi: 21.29 Tithi 20 - 21

Gulika 2:58PM - 4:25PM  
Yama 12:05PM - 1:32PM  
Rahu 4:25PM - 5:51PM

Vishakha Until 5:41AM Mon  
Vyaghata\* Until 9:04PM  
Gara Until 11:50PM

Ganesha: Clear Sunrise: 6:19AM  
Muruga: Clear Sunset: 5:51PM

Moon 2 - Phase 45 - 4 1st Phase

Routine Work - Marana Yoga  
Until 5:41AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**5** Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Vanija/Vajra\* Karana Shashthi/Saptamayam Titau

Albany NY  
Sutra 330

Mitschika Rasi: 3.29 Tithi 21 - 22

Gulika 1:32PM - 2:59PM  
Yama 10:38AM - 12:05PM  
Rahu 7:44AM - 9:11AM

Anuradha Until 8:32AM Tue  
Harshana Until 9:49PM  
Visi Until 2:11AM Tue

Ganesha: Clear Sunrise: 6:17AM  
Muruga: Clear Sunset: 5:53PM

Moon 2 - Phase 45 - 5 1st Phase

Family Home Evening  
Creative Work - Siddha Yoga  
Until 8:32AM Tue  
Then Routine Work - Marana Yoga

**Devaloka Day**

**6** Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Pousha Mangalya/Vasara Yuktayam  
Anuradha Nakshatra Harshana Vajra\* Yoga Bava/Balava Karana Saptami/Ashtami Titau

Albany NY  
Sutra 331

Mitschika Rasi: 15.24 Tithi 22 - 23

Gulika 12:05PM - 1:32PM  
Yama 9:10AM - 10:37AM  
Rahu 2:59PM - 4:27PM

Anuradha Until 8:32AM  
Vajra\* Until 10:37PM  
Balava Until 4:37AM Wed

Ganesha: Clear Sunrise: 6:15AM  
Muruga: White Sunset: 5:54PM

Moon 2 - Phase 45 - 6 1st Phase

Creative Work - Siddha Yoga  
Until 8:32AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6AM to 9AM

**Wednesday, March 11, 2026**

**Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Siddhih Yoga Kaulava/Tailita Karana Ashtami/Navamayam Titau

Albany NY  
Sutra 332

Mitschika Rasi: 27.18 Tithi 23 - 24

Gulika 10:37AM - 12:04PM  
Yama 7:41AM - 9:09AM  
Rahu 12:04PM - 1:32PM

Jyeshtha\* Until 11:15AM  
Siddhih Until 11:22PM  
Tailita Until 6:55AM Thu

Ganesha: Clear Sunrise: 6:14AM  
Muruga: White Sunset: 5:55PM

Moon 2 - Phase 45 - 7 Ashtami

Creative Work - Siddha Yoga  
Until 11:15AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6AM to 9AM

**Thursday, March 12, 2026**

**Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam  
Mula/Purvashadha\* Nakshatra Vyalipata\* Yoga Tailita/Gara Karana Navamayam Titau

Albany NY  
Sutra 333

Dhanu Rasi: 9.15 Tithi 24

Gulika 9:08AM - 10:36AM  
Yama 6:12AM - 7:40AM  
Rahu 1:32PM - 3:00PM

Mula\* Until 2:08PM  
Vyalipata\* Until 11:56PM  
Tailita Until 6:55AM

Ganesha: White Sunrise: 6:12AM  
Muruga: White Sunset: 5:56PM

Moon 2 - Phase 45 - 8 Navami

Creative Work - Siddha Yoga

**Bhuloka Day**

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Friday, March 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Paksh: Sukra Vasara Yuktayam Purvashadha/Ultarashadha Nakshatra Varjani Yoga Vanija/Visti/ Karana Dashmashyam Titau			Sun 9	Albany NY Sutra 334
Dhanu Rasi: 21.19	Tithi 25	<b>Gulika</b> 7:39AM - 9:07AM	<b>Purvashadha* Until 4:29PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Light Blue Moon - Light Blue	Sunrise: 6:10AM Sunset: 5:57PM	Vasavasu 5:127 Moon 2 - Phase 46 - 9 2nd Phase
Routine Work Prabalarishtha Yoga Until 4:29PM Then Routine Work - Marana Yoga		181658677 Rahu	10:35AM - 12:04PM	Vanija Until 8:53AM Dashami Until 9:39PM		<b>Bhuloka Day</b>
<b>2 Saturday, March 14, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mania Vasara Yuktayam Utlarashadha Nakshatra Parigaha* Yoga Bava/Baleva Karana Ekadashyam Titau			Sun 10	Albany NY Sutra 335
Makara Rasi: 4	Tithi 26	<b>Gulika</b> 6:08AM - 7:37AM	<b>Utlarashadha Until 6:08PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Light Blue Moon - Light Blue	Sunrise: 6:08AM Sunset: 5:59PM	Vasavasu 5:127 Moon 2 - Phase 46 - 10 2nd Phase
Routine Work Marana Yoga Until 6:08PM Then Creative Work - Siddha Yoga		181658677 Rahu	9:06AM - 10:35AM	Bava Until 10:19AM Ekadashi* Until 10:47PM		<b>Bhuloka Day</b>
<b>3 Sunday, March 15, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Bharu Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Tallia Karana Dvadashyam Titau			Sun 11	Albany NY Sutra 336
Makara Rasi: 16.09	Tithi 27	<b>Gulika</b> 3:01PM - 4:31PM	<b>Shravana Until 7:27PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple	Sunrise: 6:07AM Sunset: 6:09PM	Vasavasu 5:127 Moon 2 - Phase 46 - 11 2nd Phase
Creative Work Amrita Yoga Until 7:27PM Then Routine Work - Marana Yoga		191658678 Rahu	4:31PM - 6:00PM	Shiva Until 11:07PM Kaulava Until 11:07AM Dvadashi* Until 11:41PM		<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
<b>4 Monday, March 16, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau			Sun 12	Albany NY Sutra 337
Makara Rasi: 29.02	Tithi 28	<b>Gulika</b> 1:32PM - 3:02PM	<b>Dhanishtha Until 7:54PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple	Sunrise: 6:05AM Sunset: 6:07PM	Vasavasu 5:127 Moon 2 - Phase 46 - 12 2nd Phase
Family Home Evening Creative Work Siddha Yoga		191658678 Rahu	10:33AM - 12:03PM 7:34AM - 9:04AM	Siddha Until 9:45PM Gara Until 11:12AM Trayodashi* Until 10:57PM		<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
<i>Pradosha Vata (Fasting)</i>						
<b>5 Tuesday, March 17, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mangala Vasara Yuktayam Shalabhishak Nakshatra Sadhya Yoga Visti/Sakuni/ Karana Chaturdashyam Titau			Sun 13	Albany NY Sutra 338
Kumbha Rasi: 12.17	Tithi 29	<b>Gulika</b> 12:03PM - 1:32PM	<b>Shalabhishak Until 7:31PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Purple	Sunrise: 6:03AM Sunset: 6:09PM	Vasavasu 5:127 Moon 2 - Phase 46 - 13 2nd Phase
Routine Work Marana Yoga		192658678 Rahu	9:03AM - 10:33AM 3:02PM - 4:32PM	Sadya Until 7:52PM Visti Until 10:33AM Chaturdashi* Until 9:58PM		<b>Devaloka Day</b>
<b>Wednesday, March 18, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Badha Vasara Yuktayam Purvaprosarthpada* Nakshatra Subha/Sukla Yoga Caluspada* Naga/ Karana Amavasyayam Titau			Sun 14	Albany NY Sutra 339
<b>Retreat Star</b>		<b>Gulika</b> 10:32AM - 12:02PM	<b>Purvaprosarthpada* Until 6:51PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear	Sunrise: 6:01AM Sunset: 6:09PM	Vasavasu 5:127 Moon 2 - Phase 46 - 14 Amavasya
Kumbha Rasi: 25.53	Tithi 30	Yama	7:32AM - 9:02AM	Subha Until 5:31PM Caluspada Until 9:17AM Amavasya* Until 8:24PM		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM
Creative Work Amrita Yoga Until 6:51PM Then Creative Work - Siddha Yoga		112658678 Rahu	12:02PM - 1:33PM			
<b>Thursday, March 19, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksh: Guro Vasara Yuktayam Utlaraprosarthpada* Revati Nakshatra Sukla/Bahma Yoga Kirtughna*/Bava Karana Prathamayam Titau			Sun 15	Albany NY Sutra 340
<b>Retreat Star</b>		<b>Gulika</b> 9:01AM - 10:31AM	<b>Utlaraprosarthpada Until 5:33PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Clear	Sunrise: 6:00AM Sunset: 6:04PM	Vasavasu 5:127 Moon 2 - Phase 46 - 15 Prathama
Meena Rasi: 9.5	Tithi 1	Yama	6:00AM - 7:30AM	Sukla Until 2:44PM Kirtughna Until 7:27AM Prathama* Until 6:22PM		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM
Creative Work Siddha Yoga		112658678 Rahu	1:33PM - 3:03PM			
		Yugadi				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1 Friday, March 20, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Sun 16	Albany NY Sutra 341
Mesha Rasi: 24.04	Tilthi 2 - 3	<b>Gulika</b> 7:29AM - 9:00AM	<b>Revati Until</b> 3:46PM	<b>Ganesh:</b> Red	Sunrise: 5:58AM	Vasavasu 5:127	
		Yama 3:04PM - 4:35PM	Brahma Until 11:41AM	<b>Muruga:</b> White	Sunset: 6:05PM	Moon 2 - Phase 47 - 16	
		122658678 <b>Rahu</b> 10:31AM - 12:02PM	Taila Until 2:44AM Sat	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until</b> 3:59PM	Moon - Clear		<b>Bhuloka Day</b>	
Until 3:46PM				Chaitra-Panguni		Devaloka Time: 9AM to 12:2PM	
Then Creative Work - Amrita Yoga							
<b>2 Saturday, March 21, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Varsara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhiti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Sun 17	Albany NY Sutra 342
Mesha Rasi: 8.28	Tilthi 3 - 4	<b>Gulika</b> 5:56AM - 7:28AM	<b>Ashvini Until</b> 2:04PM	<b>Ganesh:</b> Yellow	Sunrise: 5:56AM	Vasavasu 5:127	
		Yama 1:33PM - 3:04PM	Indra Until 8:27AM	<b>Muruga:</b> White	Sunset: 6:07PM	Moon 2 - Phase 47 - 17	
		122658678 <b>Rahu</b> 8:59AM - 10:30AM	Vanija Until 12:06AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until</b> 1:24PM	Moon - White		<b>Bhuloka Day</b>	
		Chellappaswami Mahasamadh		Chaitra-Panguni		Devaloka Time: 9AM to 12:2PM	
<b>3 Sunday, March 22, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamyam Tilau				Sun 18	Albany NY Sutra 343
Mesha Rasi: 22.56	Tilthi 4 - 5	<b>Gulika</b> 3:04PM - 4:36PM	<b>Bharani Until</b> 12:09PM	<b>Ganesh:</b> Blue	Sunrise: 5:55AM	Vasavasu 5:127	
		Yama 12:01PM - 1:33PM	Vishkambha* Until 1:49AM Mon	<b>Muruga:</b> White	Sunset: 6:08PM	Moon 2 - Phase 47 - 18	
		122758678 <b>Rahu</b> 4:36PM - 6:08PM	Bava Until 9:27PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Prabalarista Yoga		<b>Chaturthi* Until</b> 10:45AM	Moon - White		<b>Bhuloka Day</b>	
Until 12:09PM				Chaitra-Panguni			
Then Creative Work - Siddha Yoga							
<b>4 Monday, March 23, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau				Sun 19	Albany NY Sutra 344
Wisshabha Rasi: 7.25	Tilthi 5 - 6	<b>Gulika</b> 1:33PM - 3:05PM	<b>Krittika Until</b> 10:09AM	<b>Ganesh:</b> Blue	Sunrise: 5:53AM	Vasavasu 5:127	
<b>Family Home Evening</b>		Yama 10:29AM - 12:01PM	Priti Until 10:36PM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 2 - Phase 47 - 19	
		122758678 <b>Rahu</b> 7:25AM - 8:57AM	Kaulava Until 6:53PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until</b> 8:08AM	Moon - White		<b>Bhuloka Day</b>	
Until 10:09AM				Chaitra-Panguni			
Then Creative Work - Amrita Yoga							
<b>5 Tuesday, March 24, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Rohini/Mrigashira Nakshatra Ayushnina Yoga Gara/Vanija Karana Sapthamyam Tilau				Sun 20	Albany NY Sutra 345
Wisshabha Rasi: 21.47	Tilthi 7	<b>Gulika</b> 12:01PM - 1:33PM	<b>Rohini Until</b> 8:35AM	<b>Ganesh:</b> Yellow	Sunrise: 5:51AM	Vasavasu 5:127	
		Yama 8:56AM - 10:28AM	Ayushnina Until 7:32PM	<b>Muruga:</b> White	Sunset: 6:10PM	Moon 2 - Phase 47 - 20	
		132758678 <b>Rahu</b> 3:05PM - 4:38PM	Gara Until 4:31PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami Until</b> 3:23AM Wed	Moon - Yellow		<b>Bhuloka Day</b>	
Until 8:35AM				Chaitra-Panguni		Devaloka Time: 6AM to 9-AM	
Then Creative Work - Siddha Yoga							
<b>Wednesday, March 25, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Migashira/Andra Nakshatra Sauthagya/Sobhana Yoga Visi* Bava Karana Ashtamyam Tilau				Sun 21	Albany NY Sutra 346
<b>Retreat Star</b>		<b>Gulika</b> 10:28AM - 12:00PM	<b>Mrigashira Until</b> 7:05AM	<b>Ganesh:</b> Yellow	Sunrise: 5:49AM	Vasavasu 5:127	
Mithuna Rasi: 6.01	Tilthi 8	Yama 7:22AM - 8:55AM	Sauthagya Until 4:41PM	<b>Muruga:</b> White	Sunset: 6:11PM	Moon 2 - Phase 47 - 21	
		132758678 <b>Rahu</b> 12:00PM - 1:33PM	Visi Until 2:23PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Ashlami* Until</b> 1:24AM Thu	Moon - Yellow		<b>Bhuloka Day</b>	
				Chaitra-Panguni		Devaloka Time: 6AM to 9-AM	
<b>Thursday, March 26, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Varsara Yuktayam Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamyam Tilau				Sun 22	Albany NY Sutra 347
<b>Retreat Star</b>		<b>Gulika</b> 8:54AM - 10:27AM	<b>Punarvasu Until</b> 4:58AM Fri	<b>Ganesh:</b> White	Sunrise: 5:48AM	Vasavasu 5:127	
Mithuna Rasi: 20.04	Tilthi 9	Yama 5:48AM - 7:21AM	Sobhana Until 2:05PM	<b>Muruga:</b> White	Sunset: 6:12PM	Moon 2 - Phase 47 - 22	
		142758678 <b>Rahu</b> 1:33PM - 3:06PM	Balava Until 12:32PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Amrita Yoga		<b>Navami* Until</b> 11:43PM	Moon - Blue		<b>Bhuloka Day</b>	
Until 4:58AM Fri		Sri Rama Navami		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>	<b>Friday, March 27, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Taillala/Gara Karana Dashamyanam Titau				Sun 23	Albany NY Sutra 348	
	Kataka Rasi: 3.55	Tithi 10	<b>Gulika</b> 7:19AM - 8:53AM Yama 3:07PM - 4:40PM <b>Rahu</b> 10:26AM - 12:00PM	<b>Pushya Until 4:24AM Sat</b> Athiganda* Until 11:43AM Taillala Until 11:01AM <b>Dashami Until 10:22PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue	<b>Sunrise:</b> 5:46AM <b>Sunset:</b> 6:18PM	Moon 2 - Phase 4B - 23 4th Phase	<b>Bhuloka Day</b>	
Routine Work		Marana Yoga							

<b>2</b>	<b>Saturday, March 28, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Mania Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyanam Titau				Sun 24	Albany NY Sutra 349	
	Kataka Rasi: 17.34	Tithi 11	<b>Gulika</b> 5:44AM - 7:18AM Yama 1:33PM - 3:07PM <b>Rahu</b> 8:52AM - 10:26AM	<b>Ashlesha* Until 4:01AM Sun</b> Sukarma Until 9:38AM Vanija Until 9:50AM <b>Ekadashi Until 9:21PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:15PM	Moon 2 - Phase 4B - 24 4th Phase	<b>Bhuloka Day</b>	
Routine Work		Marana Yoga							

<b>3</b>	<b>Sunday, March 29, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyanam Titau				Sun 25	Albany NY Sutra 350	
	Simha Rasi: 1	Tithi 12	<b>Gulika</b> 3:07PM - 4:42PM Yama 11:59AM - 1:33PM <b>Rahu</b> 4:42PM - 6:16PM	<b>Magha* Until 4:19AM Mon</b> Dhriti Until 7:51AM Bava Until 9:01AM <b>Dvadashi Until 8:43PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red	<b>Sunrise:</b> 5:42AM <b>Sunset:</b> 6:16PM	Moon 2 - Phase 4B - 25 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM	
Routine Work		Marana Yoga							
Until 4:19AM Mon									
Then Creative Work - Siddha Yoga									

<b>4</b>	<b>Monday, March 30, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Taillala Karana Trayodashyanam Titau				Sun 26	Albany NY Sutra 351	
	Simha Rasi: 14.14	Tithi 13	<b>Gulika</b> 1:33PM - 3:08PM Yama 10:24AM - 11:59AM <b>Rahu</b> 7:15AM - 8:50AM	<b>Purvaphalguni Until 4:51AM Tue</b> Shula* Until 6:21AM Kaulava Until 8:34AM <b>Trayodashi Until 8:28PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red	<b>Sunrise:</b> 5:41AM <b>Sunset:</b> 6:17PM	Moon 2 - Phase 4B - 26 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM	
Routine Work		Marana Yoga							
Until 4:51AM Tue									
Then Creative Work - Amrita Yoga									

<b>5</b>	<b>Tuesday, March 31, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi Yoga Gara/Vanja Karana Chaturdashyanam Titau				Sun 27	Albany NY Sutra 352	
	Simha Rasi: 27.16	Tithi 14	<b>Gulika</b> 11:58AM - 1:33PM Yama 8:49AM - 10:24AM <b>Rahu</b> 3:08PM - 4:43PM	<b>Uttaraphalguni Until 5:38AM Wed</b> Viddhi Until 4:20AM Wed Gara Until 8:31AM <b>Chaturdashi* Until 8:38PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:18PM	Moon 2 - Phase 4B - 27 4th Phase	<b>Devaloka Day</b>	
Creative Work		Amrita Yoga							
Until 5:38AM Wed									
Then Routine Work - Marana Yoga									

<b>○</b>	<b>Wednesday, April 2, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau				Sun 28	Albany NY Sutra 353	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:24AM - 11:58AM Yama 7:14AM - 8:49AM <b>Rahu</b> 11:58AM - 1:33PM	<b>Hasla Until 7:09AM Thu</b> Dhruva Until 3:48AM Thu Visi Until 8:54AM <b>Purnima* Until 9:13PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:18PM	Moon 2 - Phase 4B - Purnima	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM	
Routine Work		Marana Yoga							
Until 7:09AM Thu									
Then Creative Work - Siddha Yoga									

<b>○</b>	<b>Thursday, April 2, 2026</b>		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 29	Albany NY Sutra 354	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:48AM - 10:23AM Yama 5:37AM - 7:12AM <b>Rahu</b> 1:33PM - 3:09PM	<b>Hasla Until 7:09AM</b> Vyaghata* Until 3:38AM Fri Balava Until 9:42AM <b>Prathama* Until 10:15PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 6:19PM	Moon 2 - Phase 4B - Prathama	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM	
Routine Work		Marana Yoga							
Until 7:09AM									
Then Creative Work - Siddha Yoga									

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 5.09 Tithi 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam  
Chitra/Svali Nakshatra Harshana Yoga Talilla/Gara Karana Dvityayam TitauSun 1  
Albany NY  
Sutra 355  
Vasvasu 5127Gulika 7:11AM - 8:47AM  
Yama 3:09PM - 4:45PM  
Rahu 10:22AM - 11:58AMChitra Until 8:55AM  
Harshana Until 3:47AM Sat  
Talilla Until 10:57AM  
Dvitiya Until 11:42PMGanesh: Clear Sunrise: 5:25AM  
Muruga: White Sunset: 6:20PM  
Nataraja: Purple Moon - GreenBhuloka Day  
Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mani Vasara Yuktayam  
Svali/Vishakha Nakshatra Vajra\* Yoga Vanija/Visli\* Karana Trityayam TitauSun 2  
Albany NY  
Sutra 356  
Vasvasu 5127Gulika 5:34AM - 7:10AM  
Yama 1:33PM - 3:09PM  
Rahu 8:46AM - 10:22AMSvali Until 10:56AM  
Vajra\* Until 4:12AM Sun  
Vanija Until 12:36PM  
Tritya Until 1:32AM SunGanesh: Clear Sunrise: 5:34AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Purple Moon - GreenBhuloka Day  
Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19

Routine Work Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturtham TitauSun 3  
Albany NY  
Sutra 357  
Vasvasu 5127Gulika 3:10PM - 4:46PM  
Yama 11:57AM - 1:34PM  
Rahu 4:46PM - 6:22PMVishakha Until 1:37PM  
Siddhi Until 4:52AM Mon  
Bava Until 2:36PM  
Chaturthi\* Until 3:41AM MonGanesh: White Sunrise: 5:22AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Purple Moon - Orange

Devaloka Day

3

Monday, April 6, 2026

Wischika Rasi: 11.29 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam  
Vyatipala\* Nakshatra Vysilpala\* Yoga Kaulava/Taililla Karana Panchamam TitauSun 4  
Albany NY  
Sutra 358  
Vasvasu 5127Gulika 1:34PM - 3:10PM  
Yama 10:20AM - 11:57AM  
Rahu 7:07AM - 8:44AMAnuradha Until 4:24PM  
Vyatipala\* Until 5:42AM Tue  
Kaulava Until 4:52PM  
Panchami Until 6:03AM TueGanesh: White Sunrise: 5:30AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Purple Moon - Orange

Devaloka Day

4

Tuesday, April 7, 2026

Wischika Rasi: 23.24 Tithi 20 - 21

Until 7:09PM

Routine Work Marana Yoga

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Varayan Yoga Talilla/Gara Karana Panchami/Shashtham TitauSun 5  
Albany NY  
Sutra 359  
Vasvasu 5127Gulika 11:57AM - 1:34PM  
Yama 8:43AM - 10:20AM  
Rahu 3:11PM - 4:48PMJyeshtha\* Until 7:09PM  
Varayan Until 6:33AM Wed  
Gara Until 7:17PM  
Panchami Until 6:03AMGanesh: White Sunrise: 5:29AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Purple Moon - Orange

Devaloka Day

5

Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 - 22

Until 10:12PM

Routine Work Marana Yoga

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam  
Mula\* Nakshatra Varayan/Parigha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamam TitauSun 6  
Albany NY  
Sutra 360  
Vasvasu 5127Gulika 10:19AM - 11:56AM  
Yama 7:04AM - 8:42AM  
Rahu 11:56AM - 1:34PMMula\* Until 10:12PM  
Varayan Until 6:33AM  
Visli Until 9:40PM  
Shashthi\* Until 8:28AMGanesh: Yellow Sunrise: 5:27AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Purple Moon - Light BlueBhuloka Day  
Devaloka Time: 9AM to 12PM

D

Thursday, April 9, 2026

Retreat Star

Dhanus Rasi: 17.12 Tithi 22 - 23

Until 12:53AM Fri

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Shiva Yoga Bava/Balava Karana Saptami/AshSun 7  
Albany NY  
Sutra 361  
Vasvasu 5127Gulika 8:41AM - 10:18AM  
Yama 5:25AM - 7:03AM  
Rahu 1:34PM - 3:12PMPurvashadha\* Until 12:53AM Fri  
Parigha\* Until 7:21AM  
Balava Until 11:49PM  
Saptami Until 10:46AMGanesh: Yellow Sunrise: 5:25AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Purple Moon - Light BlueBhuloka Day  
Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 - 24

Until 2:57AM Sat

Routine Work Marana Yoga

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taililla Karana Ashtami/Navamam TitauSun 8  
Albany NY  
Sutra 362  
Vasvasu 5127Gulika 7:02AM - 8:40AM  
Yama 3:12PM - 4:50PM  
Rahu 10:18AM - 11:56AMUttarashadha Until 2:57AM Sat  
Shiva Until 7:56AM  
Taililla Until 1:32AM Sat  
Ashtami\* Until 12:43PMGanesh: Yellow Sunrise: 5:24AM  
Muruga: White Sunset: 6:28PM  
Nataraja: Purple Moon - Light BlueBhuloka Day  
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1 Saturday, April 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yuktiyam Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau				Sun 9	Albany NY Sutra 363 Vasarasu 5127
Makara Rasi: 11.28	TITHI 24 – 25	<b>Gulika</b> 5:22AM – 7:00AM Yama 1:34PM – 3:12PM Rahu 8:39AM – 10:17AM	<b>Shravana Until 4:44AM Sun</b> Siddha Until 8:05AM Vanija Until 2:36AM Sun Navami* Until 2:08PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:29PM	Moon 3 - Phase 50 - 12 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 4:44AM Sun Then Routine Work – Marana Yoga							

<b>2 Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktiyam Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau				Sun 10	Albany NY Sutra 364 Vasarasu 5127
Makara Rasi: 23.59	TITHI 25 – 26	<b>Gulika</b> 3:13PM – 4:52PM Yama 11:55AM – 1:34PM Rahu 4:52PM – 6:30PM	<b>Dhanishtha Until 5:35AM Mon</b> Sadhya Until 7:44AM Bava Until 2:53AM Mon Dashami Until 2:50PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:30PM	Moon 3 - Phase 50 - 10 2nd Phase	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 5:35AM Mon Then Creative Work – Siddha Yoga							

<b>3 Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Indu Vasara Yuktiyam Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau				Sun 11	Albany NY Sutra 1 Vasarasu 5127
Kumbha Rasi: 6.53	TITHI 26 – 27	<b>Gulika</b> 1:34PM – 3:13PM Yama 10:16AM – 11:55AM Rahu 6:58AM – 8:37AM	<b>Shatabhishak Until 5:28AM Tue</b> Subha Until 6:47AM Kaulava Until 2:21AM Tue Ekadashi* Until 2:42PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 5:19AM <b>Sunset:</b> 6:31PM	Moon 3 - Phase 50 - 11 2nd Phase	<b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 5:28AM Tue Then Routine Work – Marana Yoga							

<b>4 Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yuktiyam Puravproshthapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashyam Tilau				Sun 12	Albany NY Sutra 2 Parabhava 5128
Kumbha Rasi: 20.12	TITHI 27 – 28	<b>Gulika</b> 11:55AM – 1:34PM Yama 8:36AM – 10:15AM Rahu 3:14PM – 4:53PM	<b>Puravproshthapada* Until 4:53AM Wed</b> Brahma Until 2:54AM Wed Gara Until 1:00AM Wed Dvadashi* Until 1:45PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 5:17AM <b>Sunset:</b> 6:33PM	Moon 3 - Phase 50 - 12 2nd Phase	<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 4:53AM Wed Then Creative Work – Siddha Yoga		Tamil New Year Pradosha Vata (Fasting)					

<b>5 Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Butha Vasara Yuktiyam Uttarproshthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau				Sun 13	Albany NY Sutra 3 Parabhava 5128
Meena Rasi: 3.58	TITHI 28 – 29	<b>Gulika</b> 10:15AM – 11:54AM Yama 6:55AM – 8:35AM Rahu 11:54AM – 1:34PM	<b>Uttarproshthapada Until 3:28AM Thu</b> Indra Until 12:06AM Thu Visi Until 10:58PM Trayodashi* Until 12:03PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 5:15AM <b>Sunset:</b> 6:34PM	Moon 3 - Phase 50 - 13 2nd Phase	<b>Bhuloka Day</b>
Creative Work Siddha Yoga							

<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Guru Vasara Yuktiyam Revati Nakshatra Vaidhriti* Yoga Sakuni/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau				Sun 14	Albany NY Sutra 4 Parabhava 5128
Meena Rasi: 18.11	TITHI 29 – 30	<b>Gulika</b> 8:34AM – 10:14AM Yama 5:14AM – 6:54AM Rahu 1:34PM – 3:15PM	<b>Revati Until 1:22AM Fri</b> Vaidhriti* Until 8:49PM Catuspadi Until 8:21PM Chaturdashi* Until 9:42AM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 5:14AM <b>Sunset:</b> 6:35PM	Moon 3 - Phase 50 - 14 Amavasya	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM
Retreat Star Creative Work Siddha Yoga Until 1:22AM Fri Then Creative Work – Amrita Yoga							

<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktiyam Ashvini Nakshatra Vishkambha* Pithi Yoga Naja/Bava Karana Amavasya/Prathamayam Tilau				Sun 15	Albany NY Sutra 5 Parabhava 5128
Mesha Rasi: 2.44	TITHI 30 – 1	<b>Gulika</b> 6:52AM – 8:33AM Yama 3:15PM – 4:55PM Rahu 10:13AM – 11:54AM	<b>Ashvini Until 11:11PM</b> Vishkambha* Until 5:13PM Bava Until 3:41AM Sat Amavasya* Until 6:51AM	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 5:12AM <b>Sunset:</b> 6:36PM	Moon 3 - Phase 50 - 15 Prathama	<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:2PM
Creative Work Amrita Yoga Until 11:11PM Then Creative Work – Siddha Yoga							

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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<b>1</b>	<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mania Vesara Yukhtayam				Albany NY
	Bharani Nakshatra Pihli/Ayushman Yoga Balava/Kaulava Karana Dvityayam Tilau		Sun 16		Sufra 6		Parabhava 5128
Mesha Rasi: 17.33	Tilhi 2	<b>Gulika</b> 5:10AM - 6:51AM	<b>Bharani Untill 8:39PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:10AM		
		Yama 1:35PM - 3:15PM	Prili Untill 1:25PM	<b>Muruga:</b> White	Sunset: 6:27PM	Moon 3 - Phase 1 - 16	3rd Phase
Creative Work	Siddha Yoga	244858678 <b>Rahu</b> 8:32AM - 10:13AM	Balava Untill 2:02PM	<b>Nataraja:</b> Purple			
Untill 8:39PM			<b>Dvitiya Untill 12:21AM Sun</b>	<b>Varaha-Chaitra</b>		<b>Bhuloka Day</b>	Devaloka Time: 9AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, April 19, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vesara Yukhtayam				Albany NY
	Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Tilau		Sun 17		Sufra 7		Parabhava 5128
Wishabha Rasi: 2.28	Tilhi 3	<b>Gulika</b> 3:16PM - 4:57PM	<b>Kritika Untill 5:58PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:09AM		
		Yama 11:54AM - 1:35PM	Ayushman Untill 9:31AM	<b>Muruga:</b> White	Sunset: 6:38PM	Moon 3 - Phase 1 - 17	3rd Phase
Creative Work	Siddha Yoga	244858678 <b>Rahu</b> 4:57PM - 6:38PM	Talilla Untill 10:41AM	<b>Nataraja:</b> Purple			
			<b>Tritiya Untill 9:00PM</b>	<b>Varaha-Chaitra</b>		<b>Bhuloka Day</b>	Devaloka Time: 9AM to12:PM
		<b>Akshaya Tritiya</b>					

<b>3</b>	<b>Monday, April 20, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Indu Vesara Yukhtayam				Albany NY
	Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurthi/Panchamam Tilau		Sun 18		Sufra 8		Parabhava 5128
Wishabha Rasi: 17.22	Tilhi 4 - 5	<b>Gulika</b> 1:35PM - 3:16PM	<b>Rohini Untill 3:40PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:07AM		
<b>Family Home Evening</b>		Yama 10:12AM - 11:53AM	Sobhana Untill 2:03AM Tue	<b>Muruga:</b> White	Sunset: 6:39PM	Moon 3 - Phase 1 - 18	3rd Phase
Creative Work	Amrita Yoga	234858678 <b>Rahu</b> 6:49AM - 8:30AM	Vanija Untill 7:24AM	<b>Nataraja:</b> Purple			
			<b>Chalurthi Untill 5:49PM</b>	<b>Varaha-Chaitra</b>		<b>Bhuloka Day</b>	Devaloka Time: 9AM to12:PM

<b>4</b>	<b>Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mangala Vesara Yukhtayam				Albany NY
	Mrigashira/Ardra Nakshatra Alhiganda Yoga Balava/Kaulava Karana Panchami/Shudhityam Tilau		Sun 19		Sufra 9		Parabhava 5128
Mithuna Rasi: 2.05	Tilhi 5 - 6	<b>Gulika</b> 11:53AM - 1:35PM	<b>Mrigashira Untill 1:31PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:06AM		
		Yama 8:29AM - 10:11AM	Alhiganda Untill 10:39PM	<b>Muruga:</b> White	Sunset: 6:40PM	Moon 3 - Phase 1 - 19	3rd Phase
Creative Work	Siddha Yoga	234858678 <b>Rahu</b> 3:17PM - 4:59PM	Kaulava Untill 1:36AM Wed	<b>Nataraja:</b> Purple			
Untill 1:31PM			<b>Panchami Untill 2:54PM</b>	<b>Varaha-Chaitra</b>		<b>Bhuloka Day</b>	Devaloka Time: 9AM to12:PM
Then Routine Work - Marana Yoga		<b>Adi Sankara Jayanthi</b>					

<b>5</b>	<b>Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Budha Vesara Yukhtayam				Albany NY
	Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamam Tilau		Sun 20		Sufra 10		Parabhava 5128
Mithuna Rasi: 16.34	Tilhi 6 - 7	<b>Gulika</b> 10:11AM - 11:53AM	<b>Ardra Untill 11:37AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:04AM		
		Yama 6:46AM - 8:28AM	Sukama Untill 7:38PM	<b>Muruga:</b> White	Sunset: 6:42PM	Moon 3 - Phase 1 - 20	3rd Phase
Creative Work	Siddha Yoga	234858678 <b>Rahu</b> 11:53AM - 1:35PM	Gara Untill 11:20PM	<b>Nataraja:</b> Purple			
			<b>Shashthi Untill 12:23PM</b>	<b>Varaha-Chaitra</b>		<b>Bhuloka Day</b>	Devaloka Time: 9AM to12:PM

<b>D</b>	<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Guru Vesara Yukhtayam				Albany NY
	Punarvasu/Pushya Nakshatra Dhriti/Shula Karana Sapthami/Ashtamam Tilau		Sun 21		Sufra 11		Parabhava 5128
Kataka Rasi: 0.43	Tilhi 7 - 8	<b>Gulika</b> 8:28AM - 10:10AM	<b>Punarvasu Untill 10:29AM</b>	<b>Ganesha:</b> White	Sunrise: 5:03AM		
		Yama 5:03AM - 6:45AM	Dhriti Untill 5:03PM	<b>Muruga:</b> White	Sunset: 6:43PM	Moon 3 - Phase 1 - 21	Ashtami
Creative Work	Amrita Yoga	244858678 <b>Rahu</b> 1:35PM - 3:18PM	Visli Untill 9:35PM	<b>Nataraja:</b> Purple			
			<b>Sapthami Untill 10:22AM</b>	<b>Varaha-Chaitra</b>		<b>Devaloka Day</b>	

<b>Friday, April 24, 2026</b>	<b>Retreat Star</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Sukra Vesara Yukhtayam				Albany NY
	Pushya/Ashlesha Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamam Tilau		Sun 22		Sufra 12		Parabhava 5128
Kataka Rasi: 14.32	Tilhi 8 - 9	<b>Gulika</b> 6:44AM - 8:27AM	<b>Pushya Untill 9:45AM</b>	<b>Ganesha:</b> White	Sunrise: 5:01AM		
		Yama 3:18PM - 5:01PM	Shula Untill 2:53PM	<b>Muruga:</b> White	Sunset: 6:44PM	Moon 3 - Phase 1 - 22	Navami
Routine Work	Marana Yoga	244858679 <b>Rahu</b> 10:10AM - 11:52AM	Balava Untill 8:24PM	<b>Nataraja:</b> Clear			
			<b>Ashtami Untill 8:54AM</b>	<b>Varaha-Chaitra</b>		<b>Sivaloka Day</b>	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Albany, NY on 2/11/24

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<b>1</b>		<b>Saturday, April 25, 2026</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Marja Vazara Yuktyam Ashlesha/Magha Nakshatra Ganda/Vidhih Yoga Kauava/Saila Karana Navami/Edashyem Titau		Sun 23	Albany NY Sufra 13 Parabhava 5128
Kataka Rasi: 28.01	Tithi 9 – 10	<b>Gulika</b> 5:00AM – 6:43AM Yama 1:35PM – 3:19PM 244858679	<b>Ashlesha* Until 9:26AM</b> Ganda* Until 1:12PM Taitilla Until 7:46PM Navami* Until 8:00AM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 6:49PM	Sun 24	Parabhava 5128 Moon 3 - Phase 2 - 23 4th Phase
Routine Work Marana Yoga Until 9:26AM Then Creative Work - Amrita Yoga				<b>Valaksha-Chaitra</b>		<b>Sivaloka Day</b>	

<b>2</b>		<b>Sunday, April 26, 2026</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Bharu Vazara Yuktyam Magha/Puraphalguni Nakshatra Vidhih/Dhruva Yoga Gara/Vanja Karana Dashami/Edashyem Titau		Sun 24	Albany NY Sufra 14 Parabhava 5128
Simha Rasi: 11.11	Tithi 10 – 11	<b>Gulika</b> 3:19PM – 5:03PM Yama 11:52AM – 1:36PM 255858679	<b>Magha* Until 9:57AM</b> Vridhhi Until 11:57AM Vanija Until 7:41PM Dashami Until 7:39AM	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 6:46PM	Sun 25	Parabhava 5128 Moon 3 - Phase 2 - 24 4th Phase
Routine Work Marana Yoga Until 9:57AM Then Creative Work - Siddha Yoga				<b>Valaksha-Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 6PM to 9PM	

<b>3</b>		<b>Monday, April 27, 2026</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Indu Vazara Yuktyam Puraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vist/Beva Karana Ekadashi/Edashyem Titau		Sun 25	Albany NY Sufra 15 Parabhava 5128
Simha Rasi: 24.05	Tithi 11 – 12	<b>Gulika</b> 1:36PM – 3:20PM Yama 10:08AM – 11:52AM 255858679	<b>Puraphalguni Until 10:49AM</b> Dhruva Until 11:04AM Bava Until 8:04PM Ekadashi Until 7:48AM	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 6:47PM	Sun 26	Parabhava 5128 Moon 3 - Phase 2 - 25 4th Phase
Family Home Evening Creative Work Siddha Yoga				<b>Valaksha-Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 6PM to 9PM	

<b>4</b>		<b>Tuesday, April 28, 2026</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Mangala Vazara Yuktyam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodashyam Titau		Sun 26	Albany NY Sufra 16 Parabhava 5128
Kanya Rasi: 6.47	Tithi 12 – 13	<b>Gulika</b> 11:52AM – 1:36PM Yama 8:23AM – 10:08AM 255858679	<b>Uttaraphalguni Until 11:57AM</b> Vyaghata* Until 10:33AM Kauava Until 8:53PM Dvadashi Until 8:24AM	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 6:48PM	Sun 27	Parabhava 5128 Moon 3 - Phase 2 - 26 4th Phase
Creative Work Amrita Yoga Until 11:57AM Then Creative Work - Siddha Yoga				<b>Valaksha-Chaitra</b> <i>Pradosha Vata</i>		<b>Bhuloka Day</b> Devaloka Time: 6PM to 9PM	

<b>5</b>		<b>Wednesday, April 29, 2026</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Budha Vazara Yuktyam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27	Albany NY Sufra 17 Parabhava 5128
Kanya Rasi: 19.18	Tithi 13 – 14	<b>Gulika</b> 10:07AM – 11:52AM Yama 6:38AM – 8:23AM 265858679	<b>Hasla Until 1:47PM</b> Harshana Until 10:22AM Gara Until 10:04PM Trayodashi Until 9:25AM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:49PM	Sun 28	Parabhava 5128 Moon 3 - Phase 2 - 27 4th Phase
Routine Work Marana Yoga Until 1:47PM Then Creative Work - Siddha Yoga				<b>Valaksha-Chaitra</b>		<b>Devaloka Day</b>	

<b>○</b>		<b>Thursday, April 30, 2026</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Guru Vazara Yuktyam Chitra/Svati Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28	Albany NY Sufra 18 Parabhava 5128
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:22AM – 10:07AM Yama 4:52AM – 6:37AM 265858679	<b>Chitra Until 3:48PM</b> Vaja* Until 10:25AM Visti Until 11:35PM Chaturdashi* Until 10:46AM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 6:51PM	Sun 29	Parabhava 5128 Moon 3 - Phase 2 - Purnima
Creative Work Siddha Yoga Until 3:48PM Then Creative Work - Amrita Yoga		<b>Budha Purnima (Tamil Nadu)</b>		<b>Valaksha-Chaitra</b>		<b>Devaloka Day</b>	

<b>Friday, May 1, 2026</b>		<b>Silver Retreat Star</b>		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Krishna Palakhe Sakra Vazara Yuktyam Svati/Vibhaha Nakshatra Siddhi/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29	Albany NY Sufra 19 Parabhava 5128
Tula Rasi: 13.52	Tithi 15 – 16	<b>Gulika</b> 6:35AM – 8:20AM Yama 3:22PM – 5:07PM 265858679	<b>Svati Until 5:56PM</b> Siddhi Until 10:43AM Balava Until 1:24AM Sat Purnima* Until 12:26PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:53PM	Sun 30	Parabhava 5128 Moon 3 - Phase 2 - Prathama
Creative Work Siddha Yoga				<b>Valaksha-Chaitra</b>		<b>Devaloka Day</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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