



Sunday, May 7, 2023
Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Variyani/Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Tokyo, Japan
Sutra 20

Vrischika Rasi: 6.2 Tithi 17

Gulika 3:06PM – 4:49PM
Yama 11:39AM – 1:22PM
Rahu 4:49PM – 6:33PM

Anuradha Until 11:50PM
Variyan Until 8:50AM
Taitila Until 12:39PM
Dvitiya Until 11:45PM

Ganesha: White *Sunrise:* 4:45AM
Muruga: Clear *Sunset:* 6:33PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 -
1st Phase

Routine Work Marana Yoga

Devaloka Day

1 Monday, May 8, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Indu Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Tokyo, Japan
Sun 1 Sutra 21

Vrischika Rasi: 20.15 Tithi 18

Gulika 1:23PM – 3:06PM
Yama 9:55AM – 11:39AM
Rahu 6:28AM – 8:12AM

Jyeshtha* Until 10:29PM
Parigha* Until 6:20AM
Vanija Until 10:49AM
Tritiya Until 9:47PM

Ganesha: Blue *Sunrise:* 4:44AM
Muruga: Clear *Sunset:* 6:33PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2 Tuesday, May 9, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthiyam Titau

Tokyo, Japan
Sun 2 Sutra 22

Dhanus Rasi: 4.2 Tithi 19

Gulika 11:39AM – 1:23PM
Yama 8:11AM – 9:55AM
Rahu 3:07PM – 4:50PM

Mula* Until 9:12PM
Siddha Until 12:42AM Wed
Bava Until 8:44AM
Chaturthi* Until 7:37PM

Ganesha: Red *Sunrise:* 4:43AM
Muruga: Clear *Sunset:* 6:34PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 2
1st Phase

Creative Work Amrita Yoga
Until 9:12PM
Then Creative Work - Siddha Yoga

Sivaloka Day

3 Wednesday, May 10, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Tokyo, Japan
Sun 3 Sutra 23

Dhanus Rasi: 18.32 Tithi 20 – 21

Gulika 9:55AM – 11:39AM
Yama 6:27AM – 8:11AM
Rahu 11:39AM – 1:23PM

Purvashadha* Until 7:40PM
Sadya Until 9:44PM
Kaulava Until 6:29AM
Panchami Until 5:19PM

Ganesha: Red *Sunrise:* 4:43AM
Muruga: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 3
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

4 Thursday, May 11, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tokyo, Japan
Sun 4 Sutra 24

Makara Rasi: 2.47 Tithi 21 – 22

Gulika 8:10AM – 9:54AM
Yama 4:42AM – 6:26AM
Rahu 1:23PM – 3:07PM

Uttarashadha Until 5:58PM
Subha Until 6:46PM
Visti Until 1:50AM Fri
Shashthi* Until 2:59PM

Ganesha: Blue *Sunrise:* 4:42AM
Muruga: Clear *Sunset:* 6:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 4
1st Phase

Routine Work Marana Yoga
Until 5:58PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Friday, May 12, 2023
Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tokyo, Japan
Sun 5 Sutra 25

Makara Rasi: 17.02 Tithi 22 – 23

Gulika 6:25AM – 8:10AM
Yama 3:08PM – 4:52PM
Rahu 9:54AM – 11:39AM

Shravana Until 4:35PM
Sukla Until 3:48PM
Balava Until 11:34PM
Saptami Until 12:40PM

Ganesha: Red *Sunrise:* 4:41AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 5
Ashtami

Routine Work Marana Yoga
Until 4:35PM
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Sivaloka Day

Saturday, May 13, 2023
Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tokyo, Japan
Sun 6 Sutra 26

Kumbha Rasi: 1.15 Tithi 23 – 24

Gulika 4:40AM – 6:25AM
Yama 1:23PM – 3:08PM
Rahu 8:09AM – 9:54AM

Dhanishtha Until 3:09PM
Brahma Until 12:55PM
Taitila Until 9:23PM
Ashtami* Until 10:26AM

Ganesha: Red *Sunrise:* 4:40AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 6
Navami

Creative Work Siddha Yoga
Until 3:09PM
Then Creative Work - Amrita Yoga

Sivaloka Day

1 Sunday, May 14, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashmyam Titau

Tokyo, Japan
Sun 7 Sutra 27

Kumbha Rasi: 15.23 Tithi 24 – 25

Gulika 3:08PM – 4:53PM

Shatabhishak Until 1:43PM

Ganesha: Red *Sunrise:* 4:39AM

Sobhana 5125

Yama 11:39AM – 1:24PM

Indra Until 10:10AM

Muruga: Clear *Sunset:* 6:38PM

Moon 5 - Phase 5 - 7

293196579 **Rahu** 4:53PM – 6:38PM

Vanija Until 7:21PM

Nataraja: Purple

2nd Phase

Creative Work Siddha Yoga

Mother's Day

Navami* Until 8:20AM

Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

2 Monday, May 15, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau

Tokyo, Japan
Sun 8 Sutra 28

Kumbha Rasi: 29.25 Tithi 25 – 26

Gulika 1:24PM – 3:09PM

Purvaproshtapada* Until 12:43PM

Ganesha: Clear *Sunrise:* 4:38AM

Sobhana 5125

Yama 9:54AM – 11:39AM

Vaidhriti* Until 7:31AM

Muruga: Clear *Sunset:* 6:39PM

Moon 5 - Phase 5 - 8

Family Home Evening 213196579 **Rahu** 6:23AM – 8:08AM

Balava Until 4:39AM Tue

Nataraja: Purple

2nd Phase

Routine Work Marana Yoga

Dashami Until 6:23AM

Moon – Clear
Vaisaka*Vaikasi

Sivaloka Day

Until 12:43PM

Then Creative Work - Siddha Yoga

3 Tuesday, May 16, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Priti* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Tokyo, Japan
Sun 9 Sutra 29

Meena Rasi: 13.19 Tithi 27

Gulika 11:39AM – 1:24PM

Uttaraproshtapada Until 11:49AM

Ganesha: Clear *Sunrise:* 4:38AM

Sobhana 5125

Yama 8:08AM – 9:53AM

Priti Until 2:48AM Wed

Muruga: Clear *Sunset:* 6:40PM

Moon 5 - Phase 5 - 9

213196579 **Rahu** 3:09PM – 4:55PM

Kaulava Until 3:54PM

Nataraja: Purple

2nd Phase

Creative Work Amrita Yoga

Dvadashi* Until 3:10AM Wed

Moon – Clear
Vaisaka*Vaikasi

Sivaloka Day

Until 11:49AM

Then Creative Work - Siddha Yoga

4 Wednesday, May 17, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau

Tokyo, Japan
Sun 10 Sutra 30

Meena Rasi: 27.03 Tithi 28

Gulika 9:53AM – 11:39AM

Revati Until 11:02AM

Ganesha: Clear *Sunrise:* 4:37AM

Sobhana 5125

Yama 6:22AM – 8:08AM

Ayushman Until 12:47AM Thu

Muruga: Clear *Sunset:* 6:41PM

Moon 5 - Phase 5 - 10

213196579 **Rahu** 11:39AM – 1:24PM

Gara Until 2:34PM

Nataraja: Purple

2nd Phase

Routine Work Marana Yoga

Trayodashi* Until 2:00AM Thu

Moon – Clear
Vaisaka*Vaikasi

Sivaloka Day

Pradosha Vrata (Fasting)

5 Thursday, May 18, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Tokyo, Japan
Sun 11 Sutra 31

Mesha Rasi: 11 Tithi 29

Gulika 8:07AM – 9:53AM

Ashvini Until 10:52AM

Ganesha: Orange *Sunrise:* 4:36AM

Sobhana 5125

Yama 4:36AM – 6:22AM

Saubhagya Until 11:05PM

Muruga: Clear *Sunset:* 6:41PM

Moon 5 - Phase 5 - 11

223196579 **Rahu** 1:24PM – 3:10PM

Visti Until 1:35PM

Nataraja: Purple

2nd Phase

Creative Work Amrita Yoga

Chaturdashi* Until 1:13AM Fri

Moon – White
Vaisaka*Vaikasi

Sivaloka Day

Until 10:52AM

Then Creative Work - Siddha Yoga

Friday, May 19, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Tokyo, Japan
Sun 12 Sutra 32

Mesha Rasi: 23.55 Tithi 30

Gulika 6:21AM – 8:07AM

Bharani Until 10:58AM

Ganesha: Orange *Sunrise:* 4:35AM

Sobhana 5125

Yama 3:10PM – 4:56PM

Sobhana Until 9:45PM

Muruga: Clear *Sunset:* 6:42PM

Moon 5 - Phase 5 - 12

223196579 **Rahu** 9:53AM – 11:39AM

Catuspada Until 1:00PM

Nataraja: Purple

Amavasya

Creative Work Siddha Yoga

Amavasya* Until 12:52AM Sat

Moon – White
Vaisaka*Vaikasi

Sivaloka Day

Saturday, May 20, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau

Tokyo, Japan
Sun 13 Sutra 33

Vrishabha Rasi: 7.01 Tithi 1

Gulika 4:35AM – 6:21AM

Krittika Until 11:22AM

Ganesha: Orange *Sunrise:* 4:35AM

Sobhana 5125

Yama 1:25PM – 3:11PM

Athiganda* Until 8:46PM

Muruga: Clear *Sunset:* 6:43PM

Moon 5 - Phase 5 - 13

223196579 **Rahu** 8:07AM – 9:53AM

Kintughna Until 12:54PM

Nataraja: Purple

Prathama

Creative Work Amrita Yoga

Prathama* Until 1:01AM Sun

Moon – White
Jyeshtha*Vaikasi

Sivaloka Day

1	Sunday, May 21, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
		Rohini/Mrigashira Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 14 Sutra 34
	Vrishabha Rasi: 19.51 Tithi 2	Gulika 3:11PM – 4:58PM	Rohini Until 12:35PM	Ganesha: Clear Sunrise: 4:34AM	Sobhana 5125	
	Yama 11:39AM – 1:25PM	Sukarma Until 8:13PM	Muruga: Clear Sunset: 6:44PM	Moon 5 - Phase 6 - 14		
233196579	Rahu 4:58PM – 6:44PM	Balava Until 1:19PM	Nataraja: Purple	3rd Phase		
Creative Work Siddha Yoga		Dvitiya Until 1:42AM Mon	Moon – Yellow	Sivaloka Day		
			Jyeshtha*Vaikasi			

2	Monday, May 22, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tokyo, Japan
		Mrigashira/Ardra Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 15 Sutra 35
	Mithuna Rasi: 2.26 Tithi 3	Gulika 1:25PM – 3:12PM	Mrigashira Until 2:08PM	Ganesha: Clear Sunrise: 4:33AM	Sobhana 5125	
Family Home Evening	Yama 9:53AM – 11:39AM	Dhriti Until 8:05PM	Muruga: Clear Sunset: 6:44PM	Moon 5 - Phase 6 - 15		
233196579	Rahu 6:20AM – 8:06AM	Taitila Until 2:14PM	Nataraja: Purple	3rd Phase		
Creative Work Amrita Yoga		Tritiya Until 2:52AM Tue	Moon – Yellow	Sivaloka Day		
Until 2:08PM			Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga						

3	Tuesday, May 23, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
		Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 16 Sutra 36
	Mithuna Rasi: 14.48 Tithi 4	Gulika 11:39AM – 1:26PM	Ardra Until 4:01PM	Ganesha: Clear Sunrise: 4:33AM	Sobhana 5125	
	Yama 8:06AM – 9:52AM	Shula* Until 8:18PM	Muruga: Clear Sunset: 6:45PM	Moon 5 - Phase 6 - 16		
233196579	Rahu 3:12PM – 4:59PM	Vanija Until 3:40PM	Nataraja: Purple	3rd Phase		
Routine Work Marana Yoga		Chaturthi* Until 4:31AM Wed	Moon – Yellow	Sivaloka Day		
Until 4:01PM			Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga						

4	Wednesday, May 24, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Tokyo, Japan
		Punarvasu Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Sun 17 Sutra 37
	Mithuna Rasi: 26.59 Tithi 5	Gulika 9:52AM – 11:39AM	Punarvasu Until 6:37PM	Ganesha: Purple Sunrise: 4:32AM	Sobhana 5125	
	Yama 6:19AM – 8:06AM	Ganda* Until 8:50PM	Muruga: Clear Sunset: 6:46PM	Moon 5 - Phase 6 - 17		
243196579	Rahu 11:39AM – 1:26PM	Bava Until 5:30PM	Nataraja: Purple	3rd Phase		
Creative Work Siddha Yoga		Panchami Until 6:32AM Thu	Moon – Blue	Subha Sivaloka Day		
			Jyeshtha*Vaikasi			

5	Thursday, May 25, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Tokyo, Japan
		Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18 Sutra 38
	Kataka Rasi: 9.01 Tithi 5 – 6	Gulika 8:05AM – 9:52AM	Pushya Until 9:22PM	Ganesha: Clear Sunrise: 4:32AM	Sobhana 5125	
	Yama 4:32AM – 6:19AM	Vriddhi Until 9:37PM	Muruga: Clear Sunset: 6:47PM	Moon 5 - Phase 6 - 18		
244196579	Rahu 1:26PM – 3:13PM	Kaulava Until 7:40PM	Nataraja: Purple	3rd Phase		
Creative Work Amrita Yoga		Panchami Until 6:32AM	Moon – Blue	Sivaloka Day		
Until 9:22PM			Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga						

6	Friday, May 26, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
		Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 39
	Kataka Rasi: 20.56 Tithi 6 – 7	Gulika 6:18AM – 8:05AM	Ashlesha* Until 12:05AM Sat	Ganesha: White Sunrise: 4:31AM	Sobhana 5125	
	Yama 3:13PM – 5:00PM	Dhruva Until 10:29PM	Muruga: Clear Sunset: 6:47PM	Moon 5 - Phase 6 - 19		
344196579	Rahu 9:52AM – 11:39AM	Gara Until 9:59PM	Nataraja: Purple	3rd Phase		
Routine Work Marana Yoga		Shashthi* Until 8:48AM	Moon – Blue	Devaloka Day		
Until 12:05AM Sat			Jyeshtha*Vaikasi			
Then Creative Work - Amrita Yoga						

D	Saturday, May 27, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Tokyo, Japan
	Retreat Star	Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 40
	Simha Rasi: 2.5 Tithi 7 – 8	Gulika 4:31AM – 6:18AM	Magha* Until 3:07AM Sun	Ganesha: Clear Sunrise: 4:31AM	Sobhana 5125	
	Yama 1:27PM – 3:14PM	Vyaghata* Until 11:21PM	Muruga: Clear Sunset: 6:48PM	Moon 5 - Phase 6 - 20		
354196579	Rahu 8:05AM – 9:52AM	Visti Until 12:18AM Sun	Nataraja: Purple	Ashtami		
Creative Work Amrita Yoga		Saptami Until 11:08AM	Moon – Red	Sivaloka Day		
Until 3:07AM Sun			Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga						

D	Sunday, May 28, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
	Retreat Star	Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 41
	Simha Rasi: 14.46 Tithi 8 – 9	Gulika 3:14PM – 5:01PM	Purvaphalguni Until 5:44AM Mon	Ganesha: Clear Sunrise: 4:30AM	Sobhana 5125	
	Yama 11:39AM – 1:27PM	Harshana Until 12:04AM Mon	Muruga: Clear Sunset: 6:49PM	Moon 5 - Phase 6 - 21		
354196579	Rahu 5:01PM – 6:49PM	Balava Until 2:22AM Mon	Nataraja: Purple	Navami		
Creative Work Siddha Yoga		Ashtami* Until 1:21PM	Moon – Red	Sivaloka Day		
			Jyeshtha*Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


1	Monday, May 29, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tokyo, Japan
		Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 22 Sutra 42
	Simha Rasi: 26.47	Tithi 9 – 10	Gulika 1:27PM – 3:15PM	Uttaraphalguni Until 7:45AM Tue	Ganesha: Clear <i>Sunrise:</i> 4:30AM	Sobhana 5125
	Family Home Evening	354196579	Yama 9:52AM – 11:40AM	Vajra* Until 12:26AM Tue	Muruga: Clear <i>Sunset:</i> 6:49PM	Moon 5 - Phase 7 - 22
Creative Work	Siddha Yoga	Rahu 6:17AM – 8:05AM	Taitila Until 4:01AM Tue	Nataraja: Purple	4th Phase	
			Navami* Until 3:14PM	Moon – Red	Sivaloka Day	
				Jyeshtha*Vaikasi		


2	Tuesday, May 30, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
		Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 43
	Kanya Rasi: 9	Tithi 10 – 11	Gulika 11:40AM – 1:27PM	Uttaraphalguni Until 7:45AM	Ganesha: Clear <i>Sunrise:</i> 4:29AM	Sobhana 5125
		354196579	Yama 8:04AM – 9:52AM	Siddhi Until 12:22AM Wed	Muruga: Clear <i>Sunset:</i> 6:50PM	Moon 5 - Phase 7 - 23
Creative Work	Amrita Yoga	Rahu 3:15PM – 5:03PM	Vanija Until 5:03AM Wed	Nataraja: Purple	4th Phase	
Until 7:45AM			Dashami Until 4:36PM	Moon – Red	Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		

3	Wednesday, May 31, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Tokyo, Japan
		Hasta/Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 44
	Kanya Rasi: 21.29	Tithi 11 – 12	Gulika 9:52AM – 11:40AM	Hasta Until 9:29AM	Ganesha: Purple <i>Sunrise:</i> 4:29AM	Sobhana 5125
		364196579	Yama 6:17AM – 8:04AM	Vyatipata* Until 11:45PM	Muruga: Clear <i>Sunset:</i> 6:51PM	Moon 5 - Phase 7 - 24
Routine Work	Marana Yoga	Rahu 11:40AM – 1:28PM	Bava Until 5:21AM Thu	Nataraja: Purple	4th Phase	
Until 9:29AM			Ekadashi Until 5:16PM	Moon – Green	Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		

4	Thursday, June 1, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Tokyo, Japan
		Chitra/Svati Nakshatra Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 45
	Tula Rasi: 4.19	Tithi 12 – 13	Gulika 8:04AM – 9:52AM	Chitra Until 10:19AM	Ganesha: Purple <i>Sunrise:</i> 4:29AM	Sobhana 5125
		364196579	Yama 4:29AM – 6:16AM	Variyan Until 10:30PM	Muruga: Clear <i>Sunset:</i> 6:51PM	Moon 5 - Phase 7 - 25
Creative Work	Siddha Yoga	Rahu 1:28PM – 3:16PM	Kaulava Until 4:53AM Fri	Nataraja: Purple	4th Phase	
Until 10:19AM			Dvadashi Until 5:11PM	Moon – Green	Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha*Vaikasi		
				Pradosha Vrata		

5	Friday, June 2, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
		Svati/Vishakha Nakshatra Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 46
	Tula Rasi: 17.31	Tithi 13 – 14	Gulika 6:16AM – 8:04AM	Svati Until 10:15AM	Ganesha: Clear <i>Sunrise:</i> 4:28AM	Sobhana 5125
		364296579	Yama 3:16PM – 5:04PM	Parigha* Until 8:40PM	Muruga: Clear <i>Sunset:</i> 6:52PM	Moon 5 - Phase 7 - 26
Creative Work	Siddha Yoga	Rahu 9:52AM – 11:40AM	Gara Until 3:41AM Sat	Nataraja: Purple	4th Phase	
			Trayodashi Until 4:21PM	Moon – Green	Sivaloka Day	
		Vaikasi Visakam		Jyeshtha*Vaikasi		

	Saturday, June 3, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Tokyo, Japan
	Copper Retreat Star	Vishakha/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 47
	Vrischika Rasi: 1.08	Tithi 14 – 15	Gulika 4:28AM – 6:16AM	Vishakha Until 9:47AM	Ganesha: White <i>Sunrise:</i> 4:28AM	Sobhana 5125
		374296579	Yama 1:28PM – 3:16PM	Shiva Until 6:19PM	Muruga: Clear <i>Sunset:</i> 6:53PM	Moon 5 - Phase 7 - 27
Creative Work	Siddha Yoga	Rahu 8:04AM – 9:52AM	Visti Until 1:51AM Sun	Nataraja: Purple	Purnima	
			Chaturdashi* Until 2:49PM	Moon – Orange	Subha Sivaloka Day	
				Jyeshtha*Vaikasi		

	Sunday, June 4, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
	Silver Retreat Star	Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 48
	Vrischika Rasi: 15.08	Tithi 15 – 16	Gulika 3:17PM – 5:05PM	Anuradha Until 8:34AM	Ganesha: White <i>Sunrise:</i> 4:28AM	Sobhana 5125
		374296579	Yama 11:40AM – 1:29PM	Siddha Until 3:28PM	Muruga: Clear <i>Sunset:</i> 6:53PM	Moon 5 - Phase 7 - Prathama
Routine Work	Marana Yoga	Rahu 5:05PM – 6:53PM	Balava Until 11:30PM	Nataraja: Purple		
			Purnima* Until 12:43PM	Moon – Orange	Subha Sivaloka Day	
				Jyeshtha*Vaikasi		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Monday, June 5, 2023

Gold Retreat Star

Vrischika Rasi: 29.28 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

374296579

Gulika

1:29PM – 3:17PM

Yama

9:52AM – 11:41AM

Rahu

6:16AM – 8:04AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Tokyo, Japan

Sutra 49

Sobhana 5125

Moon 6 - Phase 8 - 1st Phase

Jyeshtha* Until 6:45AM

Sadhya Until 12:18PM

Taitila Until 8:48PM

Prathama* Until 10:10AM

Ganesha: White

Sunrise: 4:27AM

Muruga: Clear

Sunset: 6:54PM

Nataraja: Purple

Moon – Orange

Jyeshtha*Vaikasi

Subha Sivaloka Day

1

Tuesday, June 6, 2023

Dhanus Rasi: 14 Tithi 17 – 18

Creative Work Siddha Yoga

Until 2:44AM Wed

Then Creative Work - Amrita Yoga

385296571

Gulika

11:41AM – 1:29PM

Yama

8:04AM – 9:52AM

Rahu

3:18PM – 5:06PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Tokyo, Japan

Sutra 50

Sobhana 5125

Moon 6 - Phase 8 - 1st Phase

Purvashadha* Until 2:44AM Wed

Subha Until 8:55AM

Visti Until 4:22AM Wed

Dvitiya Until 7:20AM

Ganesha: White

Sunrise: 4:27AM

Muruga: Clear

Sunset: 6:54PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi

Devaloka Day

2

Wednesday, June 7, 2023

Dhanus Rasi: 28.39 Tithi 19

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Creative Work - Siddha Yoga

385296571

Gulika

9:52AM – 11:41AM

Yama

6:15AM – 8:04AM

Rahu

11:41AM – 1:29PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Tokyo, Japan

Sutra 51

Sobhana 5125

Moon 6 - Phase 8 - 2nd Phase

Uttarashadha Until 12:26AM Thu

Brahma Until 1:54AM Thu

Bava Until 2:53PM

Chaturthi* Until 1:23AM Thu

Ganesha: White

Sunrise: 4:27AM

Muruga: Clear

Sunset: 6:55PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi

Devaloka Day

3

Thursday, June 8, 2023

Makara Rasi: 13.18 Tithi 20

Creative Work Siddha Yoga

395296571

Gulika

8:04AM – 9:53AM

Yama

4:27AM – 6:15AM

Rahu

1:30PM – 3:18PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Tokyo, Japan

Sutra 52

Sobhana 5125

Moon 6 - Phase 8 - 3rd Phase

Shravana Until 10:31PM

Indra Until 10:31PM

Kaulava Until 11:57AM

Panchami Until 10:32PM

Ganesha: Yellow

Sunrise: 4:27AM

Muruga: Clear

Sunset: 6:55PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi

Sivaloka Day

4

Friday, June 9, 2023

Makara Rasi: 27.5 Tithi 21

Creative Work Siddha Yoga

395296571

Gulika

6:15AM – 8:04AM

Yama

3:19PM – 5:07PM

Rahu

9:53AM – 11:41AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Tokyo, Japan

Sutra 53

Sobhana 5125

Moon 6 - Phase 8 - 4th Phase

Dhanishtha Until 8:42PM

Vaidhriti* Until 7:18PM

Gara Until 9:13AM

Shashthi* Until 7:55PM

Ganesha: Yellow

Sunrise: 4:27AM

Muruga: Clear

Sunset: 6:56PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi

Sivaloka Day

5

Saturday, June 10, 2023

Kumbha Rasi: 12.11 Tithi 22 – 23

Creative Work Amrita Yoga

Until 7:04PM

Then Routine Work - Marana Yoga

395296571

Gulika

4:27AM – 6:15AM

Yama

1:30PM – 3:19PM

Rahu

8:04AM – 9:53AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam

Tokyo, Japan

Sutra 54

Sobhana 5125

Moon 6 - Phase 8 - 5th Phase

Shatabhishak Until 7:04PM

Vishkambha* Until 4:21PM

Visti Until 6:44AM

Saptami Until 5:36PM

Ganesha: Yellow

Sunrise: 4:27AM

Muruga: Clear

Sunset: 6:56PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi

Sivaloka Day

D

Sunday, June 11, 2023

Retreat Star

Kumbha Rasi: 26.19 Tithi 23 – 24

Creative Work Siddha Yoga

Until 6:05PM

Then Creative Work - Amrita Yoga

315296571

Gulika

3:19PM – 5:08PM

Yama

11:42AM – 1:30PM

Rahu

5:08PM – 6:57PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Tokyo, Japan

Sutra 55

Sobhana 5125

Moon 6 - Phase 8 - 6th Phase

Purvaproshtpada* Until 6:05PM

Priti Until 1:44PM

Taitila Until 2:53AM Mon

Ashtami* Until 3:40PM

Ganesha: Clear

Sunrise: 4:26AM

Muruga: Clear

Sunset: 6:57PM

Nataraja: Blue

Moon – Clear

Jyeshtha*Vaikasi

Sivaloka Day

Monday, June 12, 2023

Retreat Star

Meena Rasi: 10.11 Tithi 24 – 25

Family Home Evening

Creative Work Siddha Yoga

315296571

Gulika

1:31PM – 3:20PM

Yama

9:53AM – 11:42AM

Rahu

6:15AM – 8:04AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Tokyo, Japan

Sutra 56

Sobhana 5125

Moon 6 - Phase 8 - 7th Phase

Uttaraproshtpada Until 5:22PM

Ayushman Until 11:24AM

Vanija Until 1:33AM Tue

Navami* Until 2:09PM

Ganesha: Clear

Sunrise: 4:26AM

Muruga: Clear

Sunset: 6:57PM

Nataraja: Blue

Moon – Clear

Jyeshtha*Vaikasi


Sivaloka Day

1	Tuesday, June 13, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam					Tokyo, Japan
		Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau					Sun 8 Sutra 57
	Meena Rasi: 23.47 Tithi 25 – 26	Gulika 11:42AM – 1:31PM	Revati Until 4:55PM	Ganesha: Clear	Sunrise: 4:26AM	Sobhana 5125	
	315296571	Yama 8:04AM – 9:53AM	Saubhagya Until 9:26AM	Muruga: Clear	Sunset: 6:58PM	Moon 6 - Phase 9 - 8	
Creative Work Siddha Yoga	Rahu 3:20PM – 5:09PM	Bava Until 12:39AM Wed	Nataraja: Blue	Moon – Clear	2nd Phase		
		Dashami Until 1:02PM	Jyeshtha*Vaikasi		Sivaloka Day		

2	Wednesday, June 14, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam					Tokyo, Japan
		Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 9 Sutra 58
	Mesha Rasi: 7.1 Tithi 26 – 27	Gulika 9:53AM – 11:42AM	Ashvini Until 5:10PM	Ganesha: White	Sunrise: 4:26AM	Sobhana 5125	
	325296571	Yama 6:15AM – 8:04AM	Sobhana Until 7:49AM	Muruga: Clear	Sunset: 6:58PM	Moon 6 - Phase 9 - 9	
Routine Work Marana Yoga	Rahu 11:42AM – 1:31PM	Kaulava Until 12:10AM Thu	Nataraja: Blue	Moon – White	2nd Phase		
Until 5:10PM		Ekadashi* Until 12:20PM	Jyeshtha*Vaikasi		Devaloka Day		
Then Creative Work - Siddha Yoga							

3	Thursday, June 15, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam					Tokyo, Japan
		Bharani/Krittika Nakshatra Athiganda*/Sukarna Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 10 Sutra 59
	Mesha Rasi: 20.19 Tithi 27 – 28	Gulika 8:04AM – 9:53AM	Bharani Until 5:41PM	Ganesha: White	Sunrise: 4:26AM	Sobhana 5125	
	325296571	Yama 4:26AM – 6:15AM	Athiganda* Until 6:30AM	Muruga: Clear	Sunset: 6:59PM	Moon 6 - Phase 9 - 10	
Creative Work Siddha Yoga	Rahu 1:32PM – 3:21PM	Gara Until 12:05AM Fri	Nataraja: Blue	Moon – White	2nd Phase		
Until 5:41PM		Dvadashi* Until 12:03PM	Jyeshtha*Ani		Devaloka Day		
Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>					

4	Friday, June 16, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam					Tokyo, Japan
		Krittika Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 11 Sutra 60
	Vrishabha Rasi: 3.16 Tithi 28 – 29	Gulika 6:16AM – 8:05AM	Krittika Until 6:27PM	Ganesha: Yellow	Sunrise: 4:26AM	Sobhana 5125	
	326296571	Yama 3:21PM – 5:10PM	Dhriti Until 4:52AM Sat	Muruga: Clear	Sunset: 6:59PM	Moon 6 - Phase 9 - 11	
Creative Work Siddha Yoga	Rahu 9:54AM – 11:43AM	Visti Until 12:24AM Sat	Nataraja: Blue	Moon – White	2nd Phase		
Until 6:27PM		Trayodashi* Until 12:10PM	Jyeshtha*Ani		Sivaloka Day		
Then Routine Work - Marana Yoga							

	Saturday, June 17, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam					Tokyo, Japan
	Retreat Star	Rohini Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Sun 12 Sutra 61
	Vrishabha Rasi: 16.01 Tithi 29 – 30	Gulika 4:27AM – 6:16AM	Rohini Until 7:55PM	Ganesha: Red	Sunrise: 4:27AM	Sobhana 5125	
	336296571	Yama 1:32PM – 3:21PM	Shula* Until 4:31AM Sun	Muruga: Clear	Sunset: 6:59PM	Moon 6 - Phase 9 - 12	
Creative Work Amrita Yoga	Rahu 8:05AM – 9:54AM	Catuspada Until 1:08AM Sun	Nataraja: Blue	Moon – Yellow	Amavasya		
Until 7:55PM		Chaturdashi* Until 12:42PM	Jyeshtha*Ani		Sivaloka Day		
Then Creative Work - Siddha Yoga							

	Sunday, June 18, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam					Tokyo, Japan
	Retreat Star	Mrigashira Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Sun 13 Sutra 62
	Vrishabha Rasi: 28.35 Tithi 30 – 1	Gulika 3:21PM – 5:10PM	Mrigashira Until 9:36PM	Ganesha: Red	Sunrise: 4:27AM	Sobhana 5125	
	336216571	Yama 11:43AM – 1:32PM	Ganda* Until 4:29AM Mon	Muruga: Yellow	Sunset: 7:00PM	Moon 6 - Phase 9 - 13	
Creative Work Siddha Yoga	Rahu 5:10PM – 7:00PM	Kintughna Until 2:16AM Mon	Nataraja: Blue	Moon – Yellow	Prathama		
		Amavasya* Until 1:38PM	Ashada*Ani		Sivaloka Day		
	Father's Day						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

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1	Monday, June 19, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tokyo, Japan
	Mithuna Rasi: 10.58	Tithi 1 – 2	Gulika	1:32PM – 3:22PM	Ardra Until 11:31PM	Sun 14 Sutra 63
	Family Home Evening	336216571	Rahu	6:16AM – 8:05AM	Ganesha: Red Sunrise: 4:27AM	Sobhana 5125
	Creative Work Siddha Yoga				Muruga: Yellow Sunset: 7:00PM	Moon 6 - Phase 10 - 14
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Sivaloka Day	

2	Tuesday, June 20, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tokyo, Japan
	Mithuna Rasi: 23.11	Tithi 2 – 3	Gulika	11:44AM – 1:33PM	Punarvasu Until 2:07AM Wed	Sun 15 Sutra 64
	Family Home Evening	346216571	Rahu	3:22PM – 5:11PM	Ganesha: Yellow Sunrise: 4:27AM	Sobhana 5125
	Creative Work Siddha Yoga				Muruga: Yellow Sunset: 7:00PM	Moon 6 - Phase 10 - 15
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Sivaloka Day	

3	Wednesday, June 21, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara Karana Tritiyayam Titau				Tokyo, Japan
	Kataka Rasi: 5.16	Tithi 3	Gulika	9:55AM – 11:44AM	Pushya Until 4:49AM Thu	Sun 16 Sutra 65
	Family Home Evening	346216571	Rahu	11:44AM – 1:33PM	Ganesha: Yellow Sunrise: 4:27AM	Sobhana 5125
	Creative Work Siddha Yoga				Muruga: Yellow Sunset: 7:00PM	Moon 6 - Phase 10 - 16
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Sivaloka Day	

4	Thursday, June 22, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau				Tokyo, Japan
	Kataka Rasi: 17.14	Tithi 4	Gulika	8:06AM – 9:55AM	Ashlesha* Until 7:34AM Fri	Sun 17 Sutra 66
	Family Home Evening	346216571	Rahu	1:33PM – 3:22PM	Ganesha: Yellow Sunrise: 4:27AM	Sobhana 5125
	Creative Work Siddha Yoga				Muruga: Yellow Sunset: 7:01PM	Moon 6 - Phase 10 - 17
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Sivaloka Day	

5	Friday, June 23, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Tokyo, Japan
	Kataka Rasi: 29.08	Tithi 5	Gulika	6:17AM – 8:06AM	Ashlesha* Until 7:34AM	Sun 18 Sutra 67
	Family Home Evening	347216571	Rahu	9:55AM – 11:44AM	Ganesha: Blue Sunrise: 4:28AM	Sobhana 5125
	Routine Work Marana Yoga				Muruga: Yellow Sunset: 7:01PM	Moon 6 - Phase 10 - 18
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Devaloka Day	

6	Saturday, June 24, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau				Tokyo, Japan
	Simha Rasi: 10.59	Tithi 6	Gulika	4:28AM – 6:17AM	Magha* Until 10:43AM	Sun 19 Sutra 68
	Family Home Evening	357216571	Rahu	8:06AM – 9:55AM	Ganesha: Yellow Sunrise: 4:28AM	Sobhana 5125
	Creative Work Amrita Yoga				Muruga: Yellow Sunset: 7:01PM	Moon 6 - Phase 10 - 19
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Sivaloka Day	

D	Sunday, June 25, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Tokyo, Japan
	Retreat Star		Gulika	3:23PM – 5:12PM	Purvaphalguni Until 1:35PM	Sun 20 Sutra 69
	Simha Rasi: 22.53	Tithi 7	Rahu	5:12PM – 7:01PM	Ganesha: Yellow Sunrise: 4:28AM	Sobhana 5125
	Creative Work Siddha Yoga				Muruga: Yellow Sunset: 7:01PM	Moon 6 - Phase 10 - 20
				Nataraja: Blue	3rd Phase	
				Ashada*Ani	Sivaloka Day	

D	Monday, June 26, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Tokyo, Japan
	Retreat Star		Gulika	1:34PM – 3:23PM	Uttaraphalguni Until 3:59PM	Sun 21 Sutra 70
	Kanya Rasi: 4.52	Tithi 8	Rahu	6:18AM – 8:07AM	Ganesha: Yellow Sunrise: 4:28AM	Sobhana 5125
	Family Home Evening	357216571			Muruga: Yellow Sunset: 7:01PM	Moon 6 - Phase 10 - 21
				Nataraja: Blue	Ashtami	
				Ashada*Ani	Sivaloka Day	

D	Tuesday, June 27, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Variyan/Parigaha* Yoga Balava Karana Navamyam Titau				Tokyo, Japan
	Retreat Star		Gulika	11:45AM – 1:34PM	Hasta Until 6:10PM	Sun 22 Sutra 71
	Kanya Rasi: 17.03	Tithi 9	Rahu	3:23PM – 5:12PM	Ganesha: Clear Sunrise: 4:29AM	Sobhana 5125
	Creative Work Siddha Yoga				Muruga: Yellow Sunset: 7:01PM	Moon 6 - Phase 10 - 22
				Nataraja: Blue	Navami	
				Ashada*Ani	Sivaloka Day	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda


1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Tokyo, Japan
			Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 23 Sutra 72
	Kanya Rasi: 29.3	Tithi 9 – 10	Gulika 9:56AM – 11:45AM	Chitra Until 7:29PM	Ganesha: Clear	Sunrise: 4:29AM	Sobhana 5125
	367316571		Yama 6:18AM – 8:07AM	Parigha* Until 9:35AM	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 - 23
Creative Work	Siddha Yoga	Rahu 11:45AM – 1:34PM	Taitila Until 6:48PM	Nataraja: Blue		4th Phase	
			Navami* Until 6:33AM	Moon – Green		Sivaloka Day	
				Ashada*Ani			


2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Tokyo, Japan
			Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 73
	Tula Rasi: 12.2	Tithi 10 – 11	Gulika 8:07AM – 9:56AM	Svati Until 7:49PM	Ganesha: White	Sunrise: 4:29AM	Sobhana 5125
	368316571		Yama 4:29AM – 6:18AM	Shiva Until 8:44AM	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 - 24
Creative Work	Amrita Yoga	Rahu 1:34PM – 3:23PM	Vanija Until 6:37PM	Nataraja: Blue		4th Phase	
Until 7:49PM			Dashami Until 6:48AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
			Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 74
	Tula Rasi: 25.35	Tithi 11 – 12	Gulika 6:19AM – 8:08AM	Vishakha Until 7:38PM	Ganesha: Clear	Sunrise: 4:30AM	Sobhana 5125
	378316571		Yama 3:23PM – 5:12PM	Siddha Until 7:11AM	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 - 25
Creative Work	Siddha Yoga	Rahu 9:57AM – 11:46AM	Balava Until 4:45AM Sat	Nataraja: Blue		4th Phase	
			Ekadashi Until 6:11AM	Moon – Orange		Sivaloka Day	
				Ashada*Ani			

4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Tokyo, Japan
			Anuradha Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 75
	Vrischika Rasi: 9.19	Tithi 13	Gulika 4:30AM – 6:19AM	Anuradha Until 6:32PM	Ganesha: Clear	Sunrise: 4:30AM	Sobhana 5125
	378316571		Yama 1:35PM – 3:24PM	Subha Until 2:12AM Sun	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 - 26
Creative Work	Siddha Yoga	Rahu 8:08AM – 9:57AM	Kaulava Until 3:47PM	Nataraja: Blue		4th Phase	
			Trayodashi Until 2:36AM Sun	Moon – Orange		Sivaloka Day	
				Ashada*Ani			
				<i>Pradosha Vrata</i>			

5	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
			Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 76
	Vrischika Rasi: 23.29	Tithi 14	Gulika 3:24PM – 5:12PM	Jyeshtha* Until 4:38PM	Ganesha: Clear	Sunrise: 4:31AM	Sobhana 5125
	378316571		Yama 11:46AM – 1:35PM	Sukla Until 10:54PM	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 - 27
Routine Work	Marana Yoga	Rahu 5:12PM – 7:01PM	Gara Until 1:18PM	Nataraja: Blue		4th Phase	
Until 4:38PM			Chaturdashi* Until 11:50PM	Moon – Orange		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani			

	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Tokyo, Japan
	Copper Retreat Star		Mula*/Purvashadha* Nakshatra Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Sun 27 Sutra 77
	Dhanus Rasi: 8.04	Tithi 15	Gulika 1:35PM – 3:24PM	Mula* Until 2:31PM	Ganesha: Purple	Sunrise: 4:31AM	Sobhana 5125
	388316571		Yama 9:57AM – 11:46AM	Brahma Until 7:14PM	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 -
Family Home Evening		Rahu 6:20AM – 8:09AM	Visti Until 10:18AM	Nataraja: Blue		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 8:39PM	Moon – Light Blue		Devaloka Day	
Until 2:31PM		Satguru Purnima		Ashada*Ani			
Then Routine Work - Marana Yoga							

	Tuesday, July 4, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
	Silver Retreat Star		Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Sun 28 Sutra 78
	Dhanus Rasi: 22.56	Tithi 16 – 17	Gulika 11:46AM – 1:35PM	Purvashadha* Until 11:56AM	Ganesha: Purple	Sunrise: 4:32AM	Sobhana 5125
	388316571		Yama 8:09AM – 9:58AM	Indra Until 3:21PM	Muruga: Yellow	Sunset: 7:01PM	Moon 6 - Phase 11 -
Creative Work	Siddha Yoga	Rahu 3:24PM – 5:12PM	Balava Until 6:57AM	Nataraja: Blue		Prathama	
Until 11:56AM			Prathama* Until 5:11PM	Moon – Light Blue		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

www.gurudeva.org/panchang



Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tokyo, Japan

Sun 1 Sutra 79

Makara Rasi: 7.58 Tithi 17 - 18

Gulika 9:58AM - 11:47AM

Uttarashadha Until 9:05AM

Ganesha: Purple Sunrise: 4:32AM

Sobhana 5125

Yama 6:21AM - 8:09AM

Vaidhriti* Until 11:20AM

Muruga: Yellow Sunset: 7:01PM

Moon 7 - Phase 12 - 1

388316571 Rahu 11:47AM - 1:35PM

Vanija Until 11:52PM

Nataraja: Blue

1st Phase

Creative Work Amrita Yoga

Moon - Light Blue

Devaloka Day

Until 9:05AM

Dvitiya Until 1:37PM

Ashada*Ani

Then Creative Work - Siddha Yoga

1 Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Tokyo, Japan

Sun 2 Sutra 80

Makara Rasi: 23 Tithi 18 - 19

Gulika 8:10AM - 9:58AM

Shravana Until 6:31AM

Ganesha: Purple Sunrise: 4:33AM

Sobhana 5125

Yama 4:33AM - 6:21AM

Vishkambha* Until 7:23AM

Muruga: Yellow Sunset: 7:01PM

Moon 7 - Phase 12 - 2

399316571 Rahu 1:35PM - 3:24PM

Bava Until 8:27PM

Nataraja: Blue

1st Phase

Creative Work Siddha Yoga

Moon - Purple

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Tritiya Until 10:07AM

Ashada*Ani

2 Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Tokyo, Japan

Sun 3 Sutra 81

Kumbha Rasi: 7.53 Tithi 19 - 20

Gulika 6:22AM - 8:10AM

Shatabhishak Until 1:43AM Sat

Ganesha: Clear Sunrise: 4:33AM

Sobhana 5125

Yama 3:24PM - 5:12PM

Ayushman Until 12:04AM Sat

Muruga: Yellow Sunset: 7:01PM

Moon 7 - Phase 12 - 3

499316571 Rahu 9:58AM - 11:47AM

Taitila Until 3:54AM Sat

Nataraja: Blue

1st Phase

Creative Work Siddha Yoga

Moon - Purple

Sivaloka Day

Until 1:43AM Sat

Chaturthi* Until 6:50AM

Ashada*Ani

Then Routine Work - Marana Yoga

3 Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Tokyo, Japan

Sun 4 Sutra 82

Kumbha Rasi: 22.29 Tithi 21

Gulika 4:34AM - 6:22AM

Purvaproshtapada* Until 12:09AM Sun

Ganesha: Yellow Sunrise: 4:34AM

Sobhana 5125

Yama 1:35PM - 3:24PM

Saubhagya Until 8:56PM

Muruga: Yellow Sunset: 7:00PM

Moon 7 - Phase 12 - 4

419316571 Rahu 8:10AM - 9:59AM

Gara Until 2:37PM

Nataraja: Blue

1st Phase

Routine Work Marana Yoga

Moon - Clear

Sivaloka Day

Until 12:09AM Sun

Shashthi* Until 1:26AM Sun

Ashada*Ani

Then Creative Work - Amrita Yoga

4 Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Tokyo, Japan

Sun 5 Sutra 83

Meena Rasi: 6.46 Tithi 22

Gulika 3:24PM - 5:12PM

Uttaraproshtapada Until 11:01PM

Ganesha: Yellow Sunrise: 4:34AM

Sobhana 5125

Yama 11:47AM - 1:35PM

Sobhana Until 6:15PM

Muruga: Yellow Sunset: 7:00PM

Moon 7 - Phase 12 - 5

419316571 Rahu 5:12PM - 7:00PM

Visti Until 12:26PM

Nataraja: Blue

1st Phase

Creative Work Amrita Yoga

Moon - Clear

Sivaloka Day

Saptami Until 11:32PM

Ashada*Ani

D Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Tokyo, Japan

Sun 6 Sutra 84

Meena Rasi: 20.4 Tithi 23

Gulika 1:35PM - 3:24PM

Revati Until 10:20PM

Ganesha: Yellow Sunrise: 4:35AM

Sobhana 5125

Yama 9:59AM - 11:47AM

Athiganda* Until 4:02PM

Muruga: Yellow Sunset: 7:00PM

Moon 7 - Phase 12 - 6

419316571 Rahu 6:23AM - 8:11AM

Balava Until 10:50AM

Nataraja: Blue

Ashtami

Family Home Evening

Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 10:15PM

Ashada*Ani

Tuesday, July 11, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Tokyo, Japan

Sun 7 Sutra 85

Mesha Rasi: 4.11 Tithi 24

Gulika 11:47AM - 1:35PM

Ashvini Until 10:33PM

Ganesha: Blue Sunrise: 4:35AM

Sobhana 5125

Yama 8:11AM - 9:59AM

Sukarma Until 2:21PM

Muruga: Yellow Sunset: 6:59PM

Moon 7 - Phase 12 - 7

429316571 Rahu 3:23PM - 5:11PM

Taitila Until 9:51AM

Nataraja: Blue

Navami

Creative Work Siddha Yoga

Moon - White

Subha Sivaloka Day

Navami* Until 9:34PM

Ashada*Ani

1	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Tokyo, Japan
			Bharani Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 86
	Mesha Rasi: 17.23	Tithi 25	Gulika 10:00AM – 11:48AM	Bharani Until 11:12PM	Ganesha: Blue	Sunrise: 4:36AM	Sobhana 5125
			Yama 6:24AM – 8:12AM	Dhriti Until 1:08PM	Muruga: Yellow	Sunset: 6:59PM	Moon 7 - Phase 13 - 8
		429316571 Rahu 11:48AM – 1:35PM	Vanija Until 9:29AM	Nataraja: Blue		2nd Phase	
			Dashami Until 9:29PM	Moon – White			
				Ashada*Ani		Subha Sivaloka Day	


2	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Tokyo, Japan
			Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 87
	Mrishabha Rasi: 0.17	Tithi 26	Gulika 8:12AM – 10:00AM	Krittika Until 12:12AM Fri	Ganesha: Blue	Sunrise: 4:37AM	Sobhana 5125
			Yama 4:37AM – 6:24AM	Shula* Until 12:21PM	Muruga: Yellow	Sunset: 6:59PM	Moon 7 - Phase 13 - 9
		429316571 Rahu 1:35PM – 3:23PM	Bava Until 9:40AM	Nataraja: Blue		2nd Phase	
			Ekadashi* Until 9:55PM	Moon – White			
				Ashada*Ani		Subha Sivaloka Day	

3	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
			Rohini Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 88
	Mrishabha Rasi: 12.57	Tithi 27	Gulika 6:25AM – 8:13AM	Rohini Until 1:56AM Sat	Ganesha: Clear	Sunrise: 4:37AM	Sobhana 5125
			Yama 3:23PM – 5:11PM	Ganda* Until 11:56AM	Muruga: Yellow	Sunset: 6:58PM	Moon 7 - Phase 13 - 10
		431316571 Rahu 10:00AM – 11:48AM	Kaulava Until 10:20AM	Nataraja: Blue		2nd Phase	
			Dvadashi* Until 10:48PM	Moon – Yellow			
				Ashada*Ani		Sivaloka Day	

4	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam				Tokyo, Japan
			Mrigashira Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 89
	Mrishabha Rasi: 25.25	Tithi 28	Gulika 4:38AM – 6:25AM	Mrigashira Until 3:53AM Sun	Ganesha: Clear	Sunrise: 4:38AM	Sobhana 5125
			Yama 1:35PM – 3:23PM	Vridhi Until 11:51AM	Muruga: Yellow	Sunset: 6:58PM	Moon 7 - Phase 13 - 11
		431316571 Rahu 8:13AM – 10:00AM	Gara Until 11:24AM	Nataraja: Blue		2nd Phase	
			Trayodashi* Until 12:04AM Sun	Moon – Yellow			
				Ashada*Ani		Sivaloka Day	

Pradosha Vrata (Fasting)

5	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
			Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 90
	Mithuna Rasi: 7.44	Tithi 29	Gulika 3:23PM – 5:10PM	Ardra Until 5:59AM Mon	Ganesha: Clear	Sunrise: 4:39AM	Sobhana 5125
			Yama 11:48AM – 1:35PM	Dhruva Until 12:02PM	Muruga: Yellow	Sunset: 6:57PM	Moon 7 - Phase 13 - 12
		431316571 Rahu 5:10PM – 6:57PM	Visti Until 12:50PM	Nataraja: Blue		2nd Phase	
			Chaturdashi* Until 1:39AM Mon	Moon – Yellow			
				Ashada*Ani		Sivaloka Day	

	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Tokyo, Japan
	Retreat Star		Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 91
	Mithuna Rasi: 19.55	Tithi 30	Gulika 1:35PM – 3:23PM	Punarvasu Until 8:40AM Tue	Ganesha: Clear	Sunrise: 4:39AM	Sobhana 5125
	Family Home Evening		Yama 10:01AM – 11:48AM	Vyaghata* Until 12:27PM	Muruga: Yellow	Sunset: 6:57PM	Moon 7 - Phase 13 - 13
		431316571 Rahu 6:26AM – 8:14AM	Catuspada Until 2:35PM	Nataraja: Blue		Amavasya	
			Amavasya* Until 3:32AM Tue	Moon – Yellow			
				Ashada*Adi		Sivaloka Day	

6	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
			Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 92
	Kataka Rasi: 1.59	Tithi 1	Gulika 11:48AM – 1:35PM	Punarvasu Until 8:40AM	Ganesha: Orange	Sunrise: 4:40AM	Sobhana 5125
			Yama 8:14AM – 10:01AM	Harshana Until 1:05PM	Muruga: Yellow	Sunset: 6:56PM	Moon 7 - Phase 13 - 14
		441316572 Rahu 3:22PM – 5:09PM	Kintughna Until 4:35PM	Nataraja: Yellow		Prathama	
			Prathama* Until 5:39AM Wed	Moon – Blue			
				Sravana Adhika*Adi		Devaloka Day	

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Balava Karana Dvitiyayam Titau				Tokyo, Japan
	Kataka Rasi: 13.58	Tithi 2	Gulika 10:01AM – 11:48AM	Pushya Until 11:26AM	Ganesha: Orange <i>Sunrise:</i> 4:41AM	Sun 15	Sutra 93
	Creative Work	Siddha Yoga	Yama 6:27AM – 8:14AM	Vajra* Until 1:53PM	Muruga: Yellow <i>Sunset:</i> 6:56PM	Moon 7 - Phase 14 - 15	Sobhana 5125
		441316572	Rahu 11:48AM – 1:35PM	Balava Until 6:49PM	Nataraja: Yellow		3rd Phase
				Dvitiya Until 7:59AM Thu	Moon – Blue	Devaloka Day	
					Sravana Adhika*Adi		

2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tokyo, Japan
	Kataka Rasi: 25.51	Tithi 2 – 3	Gulika 8:15AM – 10:02AM	Ashlesha* Until 2:12PM	Ganesha: Orange <i>Sunrise:</i> 4:41AM	Sun 16	Sutra 94
	Creative Work	Siddha Yoga	Yama 4:41AM – 6:28AM	Siddhi Until 2:49PM	Muruga: Yellow <i>Sunset:</i> 6:55PM	Moon 7 - Phase 14 - 16	Sobhana 5125
		441316572	Rahu 1:35PM – 3:22PM	Taitila Until 9:13PM	Nataraja: Yellow		3rd Phase
				Dvitiya Until 7:59AM	Moon – Blue	Devaloka Day	
					Sravana Adhika*Adi		

3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tokyo, Japan
	Simha Rasi: 7.42	Tithi 3 – 4	Gulika 6:29AM – 8:15AM	Magha* Until 5:24PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM	Sun 17	Sutra 95
	Routine Work	Marana Yoga	Yama 3:22PM – 5:08PM	Vyatipata* Until 3:51PM	Muruga: Yellow <i>Sunset:</i> 6:55PM	Moon 7 - Phase 14 - 17	Sobhana 5125
		451316572	Rahu 10:02AM – 11:48AM	Vanija Until 11:41PM	Nataraja: Yellow		3rd Phase
				Tritiya Until 10:25AM	Moon – Red	Devaloka Day	
					Sravana Adhika*Adi		

4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tokyo, Japan
	Simha Rasi: 19.32	Tithi 4 – 5	Gulika 4:43AM – 6:29AM	Purvaphalguni Until 8:24PM	Ganesha: White <i>Sunrise:</i> 4:43AM	Sun 18	Sutra 96
	Creative Work	Siddha Yoga	Yama 1:35PM – 3:21PM	Varyan Until 4:50PM	Muruga: Yellow <i>Sunset:</i> 6:54PM	Moon 7 - Phase 14 - 18	Sobhana 5125
		451416572	Rahu 8:15AM – 10:02AM	Bava Until 2:05AM Sun	Nataraja: Yellow		3rd Phase
				Chaturthi* Until 12:53PM	Moon – Red	Bhuloka Day	
					Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	

5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tokyo, Japan
	Kanya Rasi: 1.25	Tithi 5 – 6	Gulika 3:21PM – 5:07PM	Uttaraphalguni Until 11:03PM	Ganesha: White <i>Sunrise:</i> 4:43AM	Sun 19	Sutra 97
	Creative Work	Amrita Yoga	Yama 11:48AM – 1:35PM	Parigha* Until 5:42PM	Muruga: Yellow <i>Sunset:</i> 6:54PM	Moon 7 - Phase 14 - 19	Sobhana 5125
		451416572	Rahu 5:07PM – 6:54PM	Kaulava Until 4:16AM Mon	Nataraja: Yellow		3rd Phase
				Panchami Until 3:12PM	Moon – Red	Bhuloka Day	
					Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	

6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tokyo, Japan
	Kanya Rasi: 13.23	Tithi 6 – 7	Gulika 1:35PM – 3:21PM	Hasta Until 1:40AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:44AM	Sun 20	Sutra 98
	Family Home Evening		Yama 10:02AM – 11:48AM	Shiva Until 6:19PM	Muruga: Yellow <i>Sunset:</i> 6:53PM	Moon 7 - Phase 14 - 20	Sobhana 5125
		462416572	Rahu 6:30AM – 8:16AM	Gara Until 6:00AM Tue	Nataraja: Yellow		3rd Phase
				Shashthi* Until 5:11PM	Moon – Green	Sivaloka Day	
					Sravana Adhika*Adi		

D	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 11:48AM – 1:34PM	Chitra Until 3:32AM Wed	Ganesha: Purple <i>Sunrise:</i> 4:45AM	Sun 21	Sutra 99
	Kanya Rasi: 25.32	Tithi 7	Yama 8:17AM – 10:03AM	Siddha Until 6:30PM	Muruga: Yellow <i>Sunset:</i> 6:52PM	Moon 7 - Phase 14 - 21	Sobhana 5125
		462416572	Rahu 3:20PM – 5:06PM	Gara Until 6:00AM	Nataraja: Yellow		3rd Phase
				Saptami Until 6:38PM	Moon – Green	Sivaloka Day	
					Sravana Adhika*Adi		

D	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadiya Yoga Visti*/Bava Karana Ashtamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 10:03AM – 11:48AM	Svati Until 4:29AM Thu	Ganesha: Purple <i>Sunrise:</i> 4:46AM	Sun 22	Sutra 100
	Tula Rasi: 7.57	Tithi 8	Yama 6:31AM – 8:17AM	Sadiya Until 6:07PM	Muruga: Yellow <i>Sunset:</i> 6:51PM	Moon 7 - Phase 14 - 22	Sobhana 5125
		462416572	Rahu 11:48AM – 1:34PM	Visti Until 7:07AM	Nataraja: Yellow		Ashtami
				Ashtami* Until 7:22PM	Moon – Green	Sivaloka Day	
					Sravana Adhika*Adi		

D	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 8:17AM – 10:03AM	Vishakha Until 4:55AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:46AM	Sun 23	Sutra 101
	Tula Rasi: 20.43	Tithi 9	Yama 4:46AM – 6:32AM	Subha Until 5:07PM	Muruga: Yellow <i>Sunset:</i> 6:51PM	Moon 7 - Phase 14 - 23	Sobhana 5125
		472416572	Rahu 1:34PM – 3:20PM	Balava Until 7:27AM	Nataraja: Yellow		Navami
				Navami* Until 7:16PM	Moon – Orange	Devaloka Day	
					Sravana Adhika*Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

www.gurudeva.org/panchang

1 Friday, July 28, 2023

Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau

Tokyo, Japan

Sun 24 Sutra 102

Vrischika Rasi: 3.55 Tithi 10

Gulika 6:32AM – 8:18AM

Anuradha Until 4:21AM Sat

Ganesha: Clear Sunrise: 4:47AM

Sobhana 5125

472416572 Yama 3:19PM – 5:05PM

Rahu 10:03AM – 11:48AM

Sukla Until 3:23PM

Muruga: Yellow Sunset: 6:50PM

Moon 7 - Phase 15 - 24

Creative Work Siddha Yoga

Taitila Until 6:55AM

Nataraja: Yellow

Devaloka Day

Dashami Until 6:18PM

Moon – Orange
Sravana Adhika•Adi

2 Saturday, July 29, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Tokyo, Japan

Sun 25 Sutra 103

Vrischika Rasi: 17.37 Tithi 11 – 12

Gulika 4:48AM – 6:33AM

Jyeshtha* Until 2:51AM Sun

Ganesha: Clear Sunrise: 4:48AM

Sobhana 5125

472416572 Yama 1:34PM – 3:19PM

Rahu 8:18AM – 10:03AM

Brahma Until 12:59PM

Muruga: Yellow Sunset: 6:49PM

Moon 7 - Phase 15 - 25

Creative Work Siddha Yoga

Bava Until 3:21AM Sun

Nataraja: Yellow

Devaloka Day

Ekadashi Until 4:31PM

Moon – Orange
Sravana Adhika•Adi

Then Creative Work - Amrita Yoga

3 Sunday, July 30, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Tokyo, Japan

Sun 26 Sutra 104

Dhanus Rasi: 1.47 Tithi 12 – 13

Gulika 3:18PM – 5:03PM

Mula* Until 12:58AM Mon

Ganesha: White Sunrise: 4:48AM

Sobhana 5125

482416572 Yama 11:48AM – 1:33PM

Rahu 5:03PM – 6:48PM

Indra Until 9:59AM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 15 - 26

Creative Work Amrita Yoga

Kaulava Until 12:31AM Mon

Nataraja: Yellow

Sivaloka Day

Dvadashi Until 1:59PM

Moon – Light Blue
Sravana Adhika•Adi

Then Routine Work - Marana Yoga

Pradosha Vrata

4 Monday, July 31, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Tokyo, Japan

Sun 27 Sutra 105

Dhanus Rasi: 16.26 Tithi 13 – 14

Gulika 1:33PM – 3:18PM

Purvashadha* Until 10:25PM

Ganesha: White Sunrise: 4:49AM

Sobhana 5125

482416572 Yama 10:04AM – 11:48AM

Rahu 6:34AM – 8:19AM

Vaidhriti* Until 6:27AM

Muruga: Yellow Sunset: 6:47PM

Moon 7 - Phase 15 - 27

Family Home Evening

Gara Until 9:11PM

Nataraja: Yellow

Sivaloka Day

Trayodashi Until 10:53AM

Moon – Light Blue
Sravana Adhika•Adi

Routine Work Marana Yoga

○ Tuesday, August 1, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Priti Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau

Tokyo, Japan

Sutra 106

Copper Retreat Star

Gulika 11:48AM – 1:33PM

Uttarashadha Until 7:25PM

Ganesha: White Sunrise: 4:50AM

Sobhana 5125

Makara Rasi: 1.25 Tithi 14 – 15

482416572 Yama 8:19AM – 10:04AM

Priti Until 10:23PM

Muruga: Yellow Sunset: 6:47PM

Moon 7 - Phase 15 -

Routine Work Prabalarishta Yoga

Bava Until 3:34AM Wed

Nataraja: Yellow

Sivaloka Day

Chaturdashi* Until 7:21AM

Moon – Light Blue
Sravana Adhika•Adi

Until 7:25PM

Then Creative Work - Siddha Yoga

Wednesday, August 2, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau

Tokyo, Japan

Sutra 107

Silver Retreat Star

Gulika 10:04AM – 11:48AM

Shravana Until 4:32PM

Ganesha: Yellow Sunrise: 4:51AM

Sobhana 5125

Makara Rasi: 16.37 Tithi 16

492416572 Yama 6:35AM – 8:19AM

Ayushman Until 6:06PM

Muruga: Yellow Sunset: 6:46PM

Moon 7 - Phase 15 -

Creative Work Siddha Yoga

Balava Until 1:39PM

Nataraja: Yellow

Devaloka Day

Prathama* Until 11:42PM

Moon – Purple
Sravana Adhika•Adi

Until 4:32PM

Then Routine Work - Prabalarishta Yoga



Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Tokyo, Japan
Sun 1 Sutra 108

Kumbha Rasi: 1.53 Tithi 17

Gulika 8:20AM – 10:04AM
Yama 4:52AM – 6:36AM
492416572 **Rahu** 1:32PM – 3:16PM

Dhanishtha Until 1:32PM
Saubhagya Until 1:53PM
Taitila Until 9:48AM
Dvitiya Until 7:55PM

Ganesha: Yellow *Sunrise:* 4:52AM
Muruga: Yellow *Sunset:* 6:45PM
Nataraja: Yellow
Moon – Purple
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 1
1st Phase

Creative Work Siddha Yoga

Devaloka Day

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Tokyo, Japan
Sun 2 Sutra 109

Kumbha Rasi: 17.01 Tithi 18 – 19

Gulika 6:36AM – 8:20AM
Yama 3:16PM – 5:00PM
492416572 **Rahu** 10:04AM – 11:48AM

Shatabhishak Until 10:37AM
Sobhana Until 9:50AM
Vanija Until 6:08AM
Tritiya Until 4:24PM

Ganesha: Yellow *Sunrise:* 4:52AM
Muruga: Yellow *Sunset:* 6:44PM
Nataraja: Yellow
Moon – Purple
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 2
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tokyo, Japan
Sun 3 Sutra 110

Meena Rasi: 1.53 Tithi 19 – 20

Gulika 4:53AM – 6:37AM
Yama 1:32PM – 3:15PM
412416572 **Rahu** 8:21AM – 10:04AM

Purvaproshtapada* Until 8:21AM
Athiganda* Until 6:04AM
Kaulava Until 11:57PM
Chaturthi* Until 1:17PM

Ganesha: Clear *Sunrise:* 4:53AM
Muruga: Yellow *Sunset:* 6:43PM
Nataraja: Yellow
Moon – Clear
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 3
1st Phase

Routine Work Marana Yoga
Until 8:21AM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tokyo, Japan
Sun 4 Sutra 111

Meena Rasi: 16.23 Tithi 20 – 21

Gulika 3:15PM – 4:58PM
Yama 11:48AM – 1:31PM
412416572 **Rahu** 4:58PM – 6:42PM

Uttaraproshtapada Until 6:28AM
Dhriti Until 11:58PM
Gara Until 9:44PM
Panchami Until 10:44AM

Ganesha: Clear *Sunrise:* 4:54AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Yellow
Moon – Clear
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 4
1st Phase

Creative Work Amrita Yoga

Devaloka Day

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tokyo, Japan
Sun 5 Sutra 112

Mesha Rasi: 0.26 Tithi 21 – 22

Family Home Evening

Gulika 1:31PM – 3:14PM
Yama 10:04AM – 11:48AM
423416572 **Rahu** 6:38AM – 8:21AM

Ashvini Until 4:44AM Tue
Shula* Until 9:44PM
Visti Until 8:13PM
Shashthi* Until 8:52AM

Ganesha: Clear *Sunrise:* 4:55AM
Muruga: Yellow *Sunset:* 6:41PM
Nataraja: Yellow
Moon – White
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tokyo, Japan
Sun 6 Sutra 113

Mesha Rasi: 14.01 Tithi 22 – 23

Gulika 11:48AM – 1:31PM
Yama 8:22AM – 10:05AM
423416572 **Rahu** 3:14PM – 4:57PM

Bharani Until 4:59AM Wed
Ganda* Until 8:08PM
Balava Until 7:28PM
Saptami Until 7:43AM

Ganesha: Clear *Sunrise:* 4:55AM
Muruga: Yellow *Sunset:* 6:40PM
Nataraja: Yellow
Moon – White
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 6
Ashtami

Creative Work Siddha Yoga
Until 4:59AM Wed
Then Creative Work - Amrita Yoga

Devaloka Day

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tokyo, Japan
Sun 7 Sutra 114

Mesha Rasi: 27.12 Tithi 23 – 24

Gulika 10:05AM – 11:47AM
Yama 6:39AM – 8:22AM
423416572 **Rahu** 11:47AM – 1:30PM

Krittika Until 5:47AM Thu
Vriddhi Until 7:08PM
Taitila Until 7:27PM
Ashtami* Until 7:21AM

Ganesha: Clear *Sunrise:* 4:56AM
Muruga: Yellow *Sunset:* 6:39PM
Nataraja: Yellow
Moon – White
Sravana Adhika•Adi

Sobhana 5125
Moon 8 - Phase 16 - 7
Navami

Creative Work Amrita Yoga
Until 5:47AM Thu
Then Routine Work - Marana Yoga

Devaloka Day

1	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Tokyo, Japan
	433416572	Gulika 8:22AM – 10:05AM Yama 4:57AM – 6:40AM Rahu 1:30PM – 3:13PM	Rohini Until 7:30AM Fri Dhruva Until 6:38PM Vanija Until 8:06PM Navami* Until 7:40AM	Ganesha: Purple <i>Sunrise: 4:57AM</i> Muruga: Yellow <i>Sunset: 6:38PM</i> Nataraja: Yellow Moon – Yellow	Sun 8	Sutra 115 Sobhana 5125 Moon 8 - Phase 17 - 8 2nd Phase	
	Routine Work Marana Yoga Until 7:30AM Fri Then Creative Work - Siddha Yoga		Bhuloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

2	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tokyo, Japan
	433416572	Gulika 6:40AM – 8:22AM Yama 3:12PM – 4:54PM Rahu 10:05AM – 11:47AM	Rohini Until 7:30AM Vyaghata* Until 6:35PM Bava Until 9:18PM Dashami Until 8:37AM	Ganesha: Purple <i>Sunrise: 4:58AM</i> Muruga: Yellow <i>Sunset: 6:37PM</i> Nataraja: Yellow Moon – Yellow	Sun 9	Sutra 116 Sobhana 5125 Moon 8 - Phase 17 - 9 2nd Phase	
	Routine Work Marana Yoga Until 7:30AM Then Creative Work - Siddha Yoga		Bhuloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

3	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tokyo, Japan
	433416572	Gulika 4:58AM – 6:41AM Yama 1:29PM – 3:11PM Rahu 8:23AM – 10:05AM	Mrigashira Until 9:33AM Harshana Until 6:53PM Kaulava Until 10:56PM Ekadashi* Until 10:03AM	Ganesha: Purple <i>Sunrise: 4:58AM</i> Muruga: Yellow <i>Sunset: 6:36PM</i> Nataraja: Yellow Moon – Yellow	Sun 10	Sutra 117 Sobhana 5125 Moon 8 - Phase 17 - 10 2nd Phase	
	Creative Work Siddha Yoga		Bhuloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

4	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tokyo, Japan
	433416572	Gulika 3:11PM – 4:53PM Yama 11:47AM – 1:29PM Rahu 4:53PM – 6:34PM	Ardra Until 11:47AM Vajra* Until 7:25PM Gara Until 12:53AM Mon Dvadashi* Until 11:52AM	Ganesha: Purple <i>Sunrise: 4:59AM</i> Muruga: Yellow <i>Sunset: 6:34PM</i> Nataraja: Yellow Moon – Yellow	Sun 11	Sutra 118 Sobhana 5125 Moon 8 - Phase 17 - 11 2nd Phase	
	Creative Work Siddha Yoga		Bhuloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

Pradosha Vrata (Fasting)

5	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tokyo, Japan
	443416572	Gulika 1:28PM – 3:10PM Yama 10:05AM – 11:47AM Rahu 6:42AM – 8:23AM	Punarvasu Until 2:36PM Siddhi Until 8:08PM Visti Until 3:04AM Tue Trayodashi* Until 1:56PM	Ganesha: Light Blue <i>Sunrise: 5:00AM</i> Muruga: Yellow <i>Sunset: 6:33PM</i> Nataraja: Yellow Moon – Blue	Sun 12	Sutra 119 Sobhana 5125 Moon 8 - Phase 17 - 12 2nd Phase	
	Family Home Evening Creative Work Amrita Yoga Until 2:36PM Then Creative Work - Siddha Yoga		Bhuloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

6	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tokyo, Japan
	443416572	Gulika 11:47AM – 1:28PM Yama 8:24AM – 10:05AM Rahu 3:09PM – 4:51PM	Pushya Until 5:26PM Vyatipata* Until 9:01PM Catuspada Until 5:24AM Wed Chaturdashi* Until 4:12PM	Ganesha: Light Blue <i>Sunrise: 5:01AM</i> Muruga: Yellow <i>Sunset: 6:32PM</i> Nataraja: Yellow Moon – Blue	Sun 13	Sutra 120 Sobhana 5125 Moon 8 - Phase 17 - 13 2nd Phase	
	Creative Work Siddha Yoga		Bhuloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

●	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Naga* Karana Amavasyayam Titau				Tokyo, Japan
	Retreat Star		Gulika 10:05AM – 11:46AM Yama 6:43AM – 8:24AM Rahu 11:46AM – 1:27PM	Ashlesha* Until 8:14PM Variyan Until 9:56PM Naga Until 6:35PM Amavasya* Until 6:35PM	Ganesha: Orange <i>Sunrise: 5:02AM</i> Muruga: Yellow <i>Sunset: 6:31PM</i> Nataraja: Yellow Moon – Blue	Sun 14	Sutra 121 Sobhana 5125 Moon 8 - Phase 17 - 14 Amavasya
	Creative Work Siddha Yoga		Devaloka Day Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM		

●	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Tokyo, Japan
	Retreat Star		Gulika 8:24AM – 10:05AM Yama 5:02AM – 6:43AM Rahu 1:27PM – 3:08PM	Magha* Until 11:24PM Parigha* Until 10:55PM Kintughna Until 7:50AM Prathama* Until 9:03PM	Ganesha: Clear <i>Sunrise: 5:02AM</i> Muruga: Yellow <i>Sunset: 6:30PM</i> Nataraja: Yellow Moon – Red	Sun 15	Sutra 122 Sobhana 5125 Moon 8 - Phase 17 - 15 Prathama
	Creative Work Amrita Yoga Until 11:24PM Then Creative Work - Siddha Yoga		Devaloka Day Sravana*Avani		Devaloka Time: 3:PM to 6:PM		


Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Saturday, August 26, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Tokyo, Japan
	Vrischika Rasi: 26.29 Tithi 10	Gulika 5:09AM – 6:48AM	Jyeshtha* Until 11:55AM	Ganesha: Clear <i>Sunrise:</i> 5:09AM	Sun 24 Sutra 131	Sobhana 5125
	574516572	Yama 1:23PM – 3:01PM	Vishkambha* Until 7:52PM	Muruga: Yellow <i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 24	4th Phase
Creative Work Siddha Yoga	Rahu 8:27AM – 10:05AM	Taitila Until 4:39PM	Nataraja: Yellow	Moon – Orange	Devaloka Day	
		Dashami Until 3:34AM Sun	Sravana*Avani			

2	Sunday, August 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau				Tokyo, Japan
	Dhanus Rasi: 10.32 Tithi 11	Gulika 3:00PM – 4:39PM	Mula* Until 10:41AM	Ganesha: White <i>Sunrise:</i> 5:10AM	Sun 25 Sutra 132	Sobhana 5125
	584516572	Yama 11:44AM – 1:22PM	Priti Until 4:52PM	Muruga: Yellow <i>Sunset:</i> 6:17PM	Moon 8 - Phase 19 - 25	4th Phase
Creative Work Amrita Yoga	Rahu 4:39PM – 6:17PM	Vanija Until 2:22PM	Nataraja: Yellow	Moon – Light Blue	Bhuloka Day	
Until 10:41AM		Ekadashi Until 12:58AM Mon	Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

3	Monday, August 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Tokyo, Japan
	Dhanus Rasi: 25.01 Tithi 12	Gulika 1:21PM – 3:00PM	Purvashadha* Until 8:40AM	Ganesha: White <i>Sunrise:</i> 5:11AM	Sun 26 Sutra 133	Sobhana 5125
	Family Home Evening	Yama 10:05AM – 11:43AM	Ayushman Until 1:21PM	Muruga: Yellow <i>Sunset:</i> 6:16PM	Moon 8 - Phase 19 - 26	4th Phase
584516573	Rahu 6:49AM – 8:27AM	Bava Until 11:28AM	Nataraja: White	Moon – Light Blue	Devaloka Day	
Routine Work Marana Yoga		Dvadashi Until 9:49PM	Sravana*Avani			

4	Tuesday, August 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tokyo, Japan
	Makara Rasi: 9.53 Tithi 13	Gulika 11:43AM – 1:21PM	Uttarashadha Until 6:02AM	Ganesha: White <i>Sunrise:</i> 5:12AM	Sun 27 Sutra 134	Sobhana 5125
	584516573	Yama 8:27AM – 10:05AM	Saubhagya Until 9:28AM	Muruga: Yellow <i>Sunset:</i> 6:14PM	Moon 8 - Phase 19 - 27	4th Phase
Routine Work Prabalarishta Yoga	Rahu 2:59PM – 4:37PM	Kaulava Until 8:07AM	Nataraja: White	Moon – Light Blue	Devaloka Day	
Until 6:02AM		Trayodashi Until 6:17PM	Sravana*Avani			
Then Creative Work - Siddha Yoga	Chidambaram Abhishekam	<i>Pradosha Vrata</i>				

	Wednesday, August 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tokyo, Japan
	Makara Rasi: 25.01 Tithi 14 – 15	Gulika 10:05AM – 11:43AM	Dhanishtha Until 12:19AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:12AM	Sutra 135	Sobhana 5125
	594516573	Yama 6:50AM – 8:27AM	Athiganda* Until 1:04AM Thu	Muruga: Yellow <i>Sunset:</i> 6:13PM	Moon 8 - Phase 19 -	Purnima
Routine Work Prabalarishta Yoga	Rahu 11:43AM – 1:20PM	Visti Until 12:36AM Thu	Nataraja: White	Moon – Purple	Sivaloka Day	
Until 12:19AM Thu		Chaturdashi* Until 2:30PM	Sravana*Avani			
Then Creative Work - Siddha Yoga	Avani Avittam					

	Thursday, August 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tokyo, Japan
	Kumbha Rasi: 10.16 Tithi 15 – 16	Gulika 8:28AM – 10:05AM	Shatabhishak Until 9:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:13AM	Sutra 136	Sobhana 5125
	594516573	Yama 5:13AM – 6:50AM	Sukarma Until 8:49PM	Muruga: Yellow <i>Sunset:</i> 6:12PM	Moon 8 - Phase 19 -	Prathama
Creative Work Siddha Yoga	Rahu 1:20PM – 2:57PM	Balava Until 8:47PM	Nataraja: White	Moon – Purple	Sivaloka Day	
		Purnima* Until 10:40AM	Sravana*Avani			



Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Tokyo, Japan

Sutra 137

Sobhana 5125

Kumbha Rasi: 25.28 Tithi 16 – 17

Gulika 6:51AM – 8:28AM

Purvaproshtapada* Until 6:31PM

Ganesha: Yellow Sunrise: 5:14AM

Yama 2:56PM – 4:33PM

Dhriti Until 4:44PM

Muruga: Yellow Sunset: 6:10PM

Moon 9 - Phase 20 -

515516573 Rahu 10:05AM – 11:42AM

Gara Until 3:27AM Sat

Nataraja: White

Sivaloka Day

Creative Work Siddha Yoga

Moon – Clear
Srivana*Avani

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Tokyo, Japan

Sutra 138

Sobhana 5125

Meena Rasi: 10.27 Tithi 18

Gulika 5:15AM – 6:51AM

Uttaraproshtapada Until 4:05PM

Ganesha: Red Sunrise: 5:15AM

Yama 1:19PM – 2:55PM

Shula* Until 12:55PM

Muruga: Yellow Sunset: 6:09PM

Moon 9 - Phase 20 - 1

515516573 Rahu 8:28AM – 10:05AM

Vanija Until 1:53PM

Nataraja: White

Sivaloka Day

Creative Work Siddha Yoga

Moon – Clear
Srivana*Avani

Until 4:05PM

Then Routine Work - Prabalarishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Chaturthyam Titau

Tokyo, Japan

Sutra 139

Sobhana 5125

Meena Rasi: 25.06 Tithi 19

Gulika 2:55PM – 4:31PM

Revati Until 2:02PM

Ganesha: Red Sunrise: 5:15AM

Yama 11:41AM – 1:18PM

Ganda* Until 9:33AM

Muruga: Yellow Sunset: 6:08PM

Moon 9 - Phase 20 - 2

515516573 Rahu 4:31PM – 6:08PM

Bava Until 11:07AM

Nataraja: White

Sivaloka Day

Creative Work Amrita Yoga

Moon – Clear
Srivana*Avani

Until 2:02PM

Then Creative Work - Siddha Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Tokyo, Japan

Sutra 140

Sobhana 5125

Mesha Rasi: 9.18 Tithi 20

Gulika 1:17PM – 2:54PM

Ashvini Until 12:56PM

Ganesha: Green Sunrise: 5:16AM

Yama 10:05AM – 11:41AM

Vridhhi Until 6:42AM

Muruga: Yellow Sunset: 6:06PM

Moon 9 - Phase 20 - 3

Family Home Evening

525516573 Rahu 6:52AM – 8:29AM

Kaulava Until 9:00AM

Nataraja: White

Devaloka Day

Creative Work Siddha Yoga

Moon – White
Srivana*Avani

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Tokyo, Japan

Sutra 141

Sobhana 5125

Mesha Rasi: 23.02 Tithi 21

Gulika 11:41AM – 1:17PM

Bharani Until 12:28PM

Ganesha: Green Sunrise: 5:17AM

Yama 8:29AM – 10:05AM

Vyaghata* Until 2:50AM Wed

Muruga: Yellow Sunset: 6:05PM

Moon 9 - Phase 20 - 4

525516573 Rahu 2:53PM – 4:29PM

Gara Until 7:39AM

Nataraja: White

Devaloka Day

Creative Work Siddha Yoga

Moon – White
Srivana*Avani

5

Wednesday, September 6, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Tokyo, Japan

Sutra 142

Sobhana 5125

Mrishabha Rasi: 6.19 Tithi 22

Gulika 10:05AM – 11:40AM

Krittika Until 12:38PM

Ganesha: Green Sunrise: 5:18AM

Yama 6:53AM – 8:29AM

Harshana Until 1:54AM Thu

Muruga: Yellow Sunset: 6:03PM

Moon 9 - Phase 20 - 5

525516573 Rahu 11:40AM – 1:16PM

Visti Until 7:06AM

Nataraja: White

Devaloka Day

Creative Work Amrita Yoga

Moon – White
Srivana*Avani

Until 12:38PM

Then Creative Work - Siddha Yoga

D

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tokyo, Japan

Sutra 143

Sobhana 5125

Mrishabha Rasi: 19.1 Tithi 23

Gulika 8:29AM – 10:05AM

Rohini Until 1:54PM

Ganesha: Orange Sunrise: 5:18AM

Yama 5:18AM – 6:54AM

Vajra* Until 1:30AM Fri

Muruga: Yellow Sunset: 6:02PM

Moon 9 - Phase 20 - 6

535516573 Rahu 1:16PM – 2:51PM

Balava Until 7:22AM

Nataraja: White

Sivaloka Day

Routine Work Marana Yoga

Moon – Yellow
Srivana*Avani

Krishna Janmashtami

Ashtami* Until 7:45PM

Friday, September 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Andra Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Tokyo, Japan

Sutra 144

Sobhana 5125

Mithuna Rasi: 1.41 Tithi 24

Gulika 6:54AM – 8:29AM

Mrigashira Until 3:40PM

Ganesha: Orange Sunrise: 5:19AM

Yama 2:50PM – 4:25PM

Siddhi Until 1:37AM Sat

Muruga: Yellow Sunset: 6:01PM

Moon 9 - Phase 20 - 7

535516573 Rahu 10:05AM – 11:40AM

Taitila Until 8:21AM

Nataraja: White

Sivaloka Day

Creative Work Siddha Yoga

Moon – Yellow
Srivana*Avani

1	Saturday, September 9, 2023	Sobhana Nama Samvatsare Dakshinaya Ardra/Punarvasu Nakshatra Vryatipata* Yoga Vanija/Visti* Karana Dashamyam Titau	Tokyo, Japan
	Mithuna Rasi: 13.57 Tithi 25		Sun 8 Sutra 145
	535516573	Gulika 5:20AM – 6:55AM Yama 1:14PM – 2:49PM Rahu 8:30AM – 10:05AM	Ardra Until 5:47PM Vyatipata* Until 2:06AM Sun Vanija Until 9:55AM Dashami Until 10:51PM
	Creative Work Siddha Yoga	Ganesha: Orange Sunrise: 5:20AM Muruga: Yellow Sunset: 5:59PM Nataraja: White Moon – Yellow Sravana*Avani	Sobhana 5125 Moon 9 - Phase 21 - 8 2nd Phase Sivaloka Day


2	Sunday, September 10, 2023	Sobhana Nama Samvatsare Dakshinaya Punarvasu Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau	Tokyo, Japan
	Mithuna Rasi: 26.02 Tithi 26		Sun 9 Sutra 146
	545516573	Gulika 2:48PM – 4:23PM Yama 11:39AM – 1:14PM Rahu 4:23PM – 5:58PM	Punarvasu Until 8:37PM Variyan Until 2:48AM Mon Bava Until 11:55AM Ekadashi* Until 1:00AM Mon
	Creative Work Siddha Yoga	Grandparent's Day	Ganesha: Light Blue Sunrise: 5:20AM Muruga: Yellow Sunset: 5:58PM Nataraja: White Moon – Blue Sravana*Avani


3	Monday, September 11, 2023	Sobhana Nama Samvatsare Dakshinaya Pushya Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvodashyam Titau	Tokyo, Japan
	Kataka Rasi: 7.59 Tithi 27		Sun 10 Sutra 147
	545616573	Gulika 1:13PM – 2:47PM Yama 10:04AM – 11:39AM Rahu 6:56AM – 8:30AM	Pushya Until 11:29PM Parigha* Until 3:41AM Tue Kaulava Until 2:11PM Dvadashi* Until 3:22AM Tue
	Creative Work Siddha Yoga	Family Home Evening	Ganesha: Purple Sunrise: 5:21AM Muruga: Yellow Sunset: 5:56PM Nataraja: White Moon – Blue Sravana*Avani

4	Tuesday, September 12, 2023	Sobhana Nama Samvatsare Dakshinaya Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Tokyo, Japan
	Kataka Rasi: 19.53 Tithi 28		Sun 11 Sutra 148
	546616573	Gulika 11:38AM – 1:12PM Yama 8:30AM – 10:04AM Rahu 2:47PM – 4:21PM	Ashlesha* Until 2:18AM Wed Shiva Until 4:38AM Wed Gara Until 4:37PM Trayodashi* Until 5:49AM Wed
	Creative Work Siddha Yoga		Ganesha: Light Blue Sunrise: 5:22AM Muruga: Yellow Sunset: 5:55PM Nataraja: White Moon – Blue Sravana*Avani

Pradosha Vrata (Fasting)

5	Wednesday, September 13, 2023	Sobhana Nama Samvatsare Dakshinaya Magha* Nakshatra Siddha Yoga Visti* Karana Chaturdashyam Titau	Tokyo, Japan
	Simha Rasi: 1.44 Tithi 29		Sun 12 Sutra 149
	556616573	Gulika 10:04AM – 11:38AM Yama 6:57AM – 8:30AM Rahu 11:38AM – 1:12PM	Magha* Until 5:26AM Thu Siddha Until 5:33AM Thu Visti Until 7:04PM Chaturdashi* Until 8:16AM Thu
	Creative Work Siddha Yoga		Ganesha: Purple Sunrise: 5:23AM Muruga: Yellow Sunset: 5:53PM Nataraja: White Moon – Red Sravana*Avani

	Thursday, September 14, 2023	Sobhana Nama Samvatsare Dakshinaya Purvaphalguni Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tokyo, Japan
	Retreat Star		Sun 13 Sutra 150
	Simha Rasi: 14 Tithi 29 – 30		Sobhana 5125
	556616573	Gulika 8:31AM – 10:04AM Yama 5:23AM – 6:57AM Rahu 1:11PM – 2:45PM	Purvaphalguni Until 8:20AM Fri Sadhya Until 6:24AM Fri Catuspada Until 9:28PM Chaturdashi* Until 8:16AM

	Friday, September 15, 2023	Sobhana Nama Samvatsare Dakshinaya Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tokyo, Japan
	Retreat Star		Sun 14 Sutra 151
	Simha Rasi: 25.3 Tithi 30 – 1		Sobhana 5125
	556626573	Gulika 6:57AM – 8:31AM Yama 2:44PM – 4:17PM Rahu 10:04AM – 11:37AM	Purvaphalguni Until 8:20AM Sadhya Until 6:24AM Kintughna Until 11:44PM Amavasya* Until 10:36AM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

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1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tokyo, Japan
	Kanya Rasi: 7.28	Tithi 1 – 2	Gulika 5:25AM – 6:58AM	Uttaraphalguni Until 10:53AM	Ganesha: Purple Muruga: White Nataraja: White	Sunrise: 5:25AM Sunset: 5:49PM	Sun 15 Sutra 152 Sobhana 5125 Moon 9 - Phase 22 - 15 3rd Phase
	Routine Work	Marana Yoga	566626573	Rahu 8:31AM – 10:04AM	Subha Until 7:09AM Balava Until 1:46AM Sun Prathama* Until 12:45PM		Sivaloka Day Bhadrapada*Avani

2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tokyo, Japan
	Kanya Rasi: 19.32	Tithi 2 – 3	Gulika 2:42PM – 4:15PM	Hasta Until 1:30PM	Ganesha: Light Blue Muruga: White Nataraja: White	Sunrise: 5:26AM Sunset: 5:48PM	Sun 16 Sutra 153 Sobhana 5125 Moon 9 - Phase 22 - 16 3rd Phase
	Creative Work	Amrita Yoga	566626573	Rahu 4:15PM – 5:48PM	Sukla Until 7:39AM Taitila Until 3:28AM Mon Dvitiya Until 2:38PM		Sivaloka Day Bhadrapada*Puratasi

3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tokyo, Japan
	Tula Rasi: 1.43	Tithi 3 – 4	Gulika 1:09PM – 2:41PM	Chitra Until 3:37PM	Ganesha: Light Blue Muruga: White Nataraja: White	Sunrise: 5:26AM Sunset: 5:46PM	Sun 17 Sutra 154 Sobhana 5125 Moon 9 - Phase 22 - 17 3rd Phase
	Family Home Evening	Prabalarishta Yoga	566626573	Rahu 6:59AM – 8:31AM	Brahma Until 7:56AM Vanija Until 4:47AM Tue Tritiya Until 4:09PM		Sivaloka Day Bhadrapada*Puratasi

4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tokyo, Japan
	Tula Rasi: 14.05	Tithi 4 – 5	Gulika 11:36AM – 1:08PM	Svati Until 5:08PM	Ganesha: Purple Muruga: White Nataraja: White	Sunrise: 5:27AM Sunset: 5:45PM	Sun 18 Sutra 155 Sobhana 5125 Moon 9 - Phase 22 - 18 3rd Phase
	Creative Work	Siddha Yoga	567626573	Rahu 2:40PM – 4:12PM	Indra Until 7:53AM Bava Until 5:36AM Wed Chaturthi* Until 5:14PM		Sivaloka Day Bhadrapada*Puratasi

5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tokyo, Japan
	Tula Rasi: 26.41	Tithi 5 – 6	Gulika 10:04AM – 11:36AM	Vishakha Until 6:28PM	Ganesha: Clear Muruga: White Nataraja: White	Sunrise: 5:28AM Sunset: 5:43PM	Sun 19 Sutra 156 Sobhana 5125 Moon 9 - Phase 22 - 19 3rd Phase
	Creative Work	Siddha Yoga	577626573	Rahu 11:36AM – 1:07PM	Vaidhriti* Until 7:26AM Kaulava Until 5:52AM Thu Panchami Until 5:47PM		Subha Sivaloka Day Bhadrapada*Puratasi

6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tokyo, Japan
	Vrischika Rasi: 9.32	Tithi 6 – 7	Gulika 8:32AM – 10:04AM	Anuradha Until 7:04PM	Ganesha: Clear Muruga: White Nataraja: White	Sunrise: 5:29AM Sunset: 5:42PM	Sun 20 Sutra 157 Sobhana 5125 Moon 9 - Phase 22 - 20 3rd Phase
	Creative Work	Siddha Yoga	577626573	Rahu 1:07PM – 2:38PM	Vishkambha* Until 6:34AM Gara Until 5:31AM Fri Shashthi* Until 5:45PM		Subha Sivaloka Day Bhadrapada*Puratasi

D	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tokyo, Japan
	Vrischika Rasi: 22.41	Tithi 7 – 8	Gulika 7:01AM – 8:32AM	Jyeshtha* Until 6:54PM	Ganesha: Clear Muruga: White Nataraja: White	Sunrise: 5:29AM Sunset: 5:40PM	Sun 21 Sutra 158 Sobhana 5125 Moon 9 - Phase 22 - 21 3rd Phase
	Routine Work	Marana Yoga	577626573	Rahu 10:03AM – 11:35AM	Ayushman Until 3:20AM Sat Visti Until 4:32AM Sat Saptami Until 5:05PM		Subha Sivaloka Day Bhadrapada*Puratasi

D	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tokyo, Japan
	Dhanus Rasi: 6.12	Tithi 8 – 9	Gulika 5:30AM – 7:01AM	Mula* Until 6:24PM	Ganesha: White Muruga: White Nataraja: White	Sunrise: 5:30AM Sunset: 5:39PM	Sun 22 Sutra 159 Sobhana 5125 Moon 9 - Phase 22 - 22 Ashtami
	Creative Work	Siddha Yoga	587626573	Rahu 8:32AM – 10:03AM	Saubhagya Until 12:58AM Sun Balava Until 2:55AM Sun Ashtami* Until 3:47PM		Sivaloka Day Bhadrapada*Puratasi

D	Sunday, September 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tokyo, Japan
	Dhanus Rasi: 20.04	Tithi 9 – 10	Gulika 2:36PM – 4:07PM	Purvashadha* Until 5:10PM	Ganesha: White Muruga: White Nataraja: White	Sunrise: 5:31AM Sunset: 5:37PM	Sun 23 Sutra 160 Sobhana 5125 Moon 9 - Phase 22 - 23 Navami
	Creative Work	Siddha Yoga	587626573	Rahu 4:07PM – 5:37PM	Sobhana Until 10:08PM Taitila Until 12:44AM Mon Navami* Until 1:52PM		Sivaloka Day Bhadrapada*Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marg. Tirumantiram 1496

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1	Monday, September 25, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Tokyo, Japan Sutra 161 Sobhana 5125
	Makara Rasi: 4.19 Tithi 10 – 11 Family Home Evening Routine Work Marana Yoga Until 3:15PM Then Creative Work - Amrita Yoga	588626573	Gulika 1:04PM – 2:35PM Yama 10:03AM – 11:34AM Rahu 7:02AM – 8:33AM	Uttarashadha Until 3:15PM Athiganda* Until 6:51PM Vanija Until 10:02PM Dashami Until 11:25AM	Ganesha: Clear Sunrise: 5:32AM Muruga: White Sunset: 5:36PM Nataraja: White Moon – Light Blue Subha Sivaloka Day Bhadrapada*Puratasi

2	Tuesday, September 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Tokyo, Japan Sutra 162 Sobhana 5125
	Makara Rasi: 18.54 Tithi 11 – 12 Creative Work Siddha Yoga	598626573	Gulika 11:33AM – 1:04PM Yama 8:33AM – 10:03AM Rahu 2:34PM – 4:04PM	Shravana Until 1:11PM Sukarma Until 3:15PM Bava Until 6:57PM Ekadashi Until 8:31AM	Ganesha: White Sunrise: 5:32AM Muruga: White Sunset: 5:34PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi

3	Wednesday, September 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Tokyo, Japan Sutra 163 Sobhana 5125
	Kumbha Rasi: 3.44 Tithi 13 Routine Work Prabalarishta Yoga Until 10:41AM Then Creative Work - Siddha Yoga	598626573	Gulika 10:03AM – 11:33AM Yama 7:03AM – 8:33AM Rahu 11:33AM – 1:03PM	Dhanishtha Until 10:41AM Dhriti Until 11:24AM Kaulava Until 3:36PM Trayodashi Until 1:51AM Thu	Ganesha: White Sunrise: 5:33AM Muruga: White Sunset: 5:33PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi

4	Thursday, September 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau			Tokyo, Japan Sutra 164 Sobhana 5125
	Kumbha Rasi: 18.44 Tithi 14 Creative Work Siddha Yoga	698626573	Gulika 8:33AM – 10:03AM Yama 5:34AM – 7:04AM Rahu 1:02PM – 2:32PM	Shatabhishak Until 7:53AM Shula* Until 7:25AM Gara Until 12:08PM Chaturdashi* Until 10:23PM	Ganesha: Clear Sunrise: 5:34AM Muruga: White Sunset: 5:32PM Nataraja: White Moon – Purple Subha Sivaloka Day Bhadrapada*Puratasi

	Friday, September 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau			Tokyo, Japan Sutra 165 Sobhana 5125
	Meena Rasi: 3.44 Tithi 15 Creative Work Siddha Yoga Until 2:50AM Sat Then Routine Work - Prabalarishta Yoga	618626573	Gulika 7:04AM – 8:34AM Yama 2:31PM – 4:01PM Rahu 10:03AM – 11:32AM	Uttaraproshtapada Until 2:50AM Sat Vriddhi Until 11:35PM Visti Until 8:42AM Purnima* Until 7:01PM	Ganesha: Yellow Sunrise: 5:35AM Muruga: White Sunset: 5:30PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi

	Saturday, September 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Tokyo, Japan Sutra 166 Sobhana 5125
	Meena Rasi: 18.36 Tithi 16 – 17 Routine Work Prabalarishta Yoga Until 12:31AM Sun Then Creative Work - Siddha Yoga	618626573	Gulika 5:36AM – 7:05AM Yama 1:01PM – 2:30PM Rahu 8:34AM – 10:03AM	Revati Until 12:31AM Sun Dhruva Until 7:57PM Taitila Until 2:32AM Sun Prathama* Until 3:55PM	Ganesha: Yellow Sunrise: 5:36AM Muruga: White Sunset: 5:29PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

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Sunday, October 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tokyo, Japan

Sun 1 Sutra 167

Mesha Rasi: 3.13 Tithi 17 - 18

Gulika 2:29PM - 3:58PM
Yama 11:32AM - 1:01PM
Rahu 3:58PM - 5:27PM

Ashvini Until 10:57PM
Vyaghata* Until 4:43PM
Vanija Until 12:07AM Mon

Ganesha: White Sunrise: 5:36AM
Muruga: White Sunset: 5:27PM
Nataraja: White
Moon - White
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga
Until 10:57PM

Then Routine Work - Prabalarishta Yoga

1 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Harshana/Vajira* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tokyo, Japan

Sun 2 Sutra 168

Mesha Rasi: 17.28 Tithi 18 - 19

Gulika 1:00PM - 2:29PM
Yama 10:03AM - 11:31AM
Rahu 7:06AM - 8:34AM

Bharani Until 9:53PM
Harshana Until 1:58PM
Bava Until 10:20PM
Tritiya Until 11:07AM

Ganesha: Clear Sunrise: 5:37AM
Muruga: White Sunset: 5:26PM
Nataraja: White
Moon - White
Subha Sivaloka Day
Bhadrapada*Puratasi

Family Home Evening
Creative Work Siddha Yoga
Until 9:53PM

Then Routine Work - Marana Yoga

2 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tokyo, Japan

Sun 3 Sutra 169

Mrishabha Rasi: 1.17 Tithi 19 - 20

Gulika 11:31AM - 12:59PM
Yama 8:35AM - 10:03AM
Rahu 2:28PM - 3:56PM

Krittika Until 9:23PM
Vajra* Until 11:45AM
Kaulava Until 9:17PM
Chaturthi* Until 9:42AM

Ganesha: Clear Sunrise: 5:38AM
Muruga: White Sunset: 5:24PM
Nataraja: White
Moon - White
Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga
Until 9:23PM

Then Creative Work - Amrita Yoga

3 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tokyo, Japan

Sun 4 Sutra 170

Mrishabha Rasi: 14.4 Tithi 20 - 21

Gulika 10:03AM - 11:31AM
Yama 7:07AM - 8:35AM
Rahu 11:31AM - 12:59PM

Rohini Until 9:58PM
Siddhi Until 10:10AM
Gara Until 9:03PM
Panchami Until 9:03AM

Ganesha: Purple Sunrise: 5:39AM
Muruga: White Sunset: 5:23PM
Nataraja: White
Moon - Yellow
Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

4 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tokyo, Japan

Sun 5 Sutra 171

Mrishabha Rasi: 27.37 Tithi 21 - 22

Gulika 8:35AM - 10:03AM
Yama 5:39AM - 7:07AM
Rahu 12:58PM - 2:26PM

Mrigashira Until 11:10PM
Vyatipata* Until 9:14AM
Visti Until 9:36PM
Shashthi* Until 9:12AM

Ganesha: Purple Sunrise: 5:39AM
Muruga: White Sunset: 5:22PM
Nataraja: White
Moon - Yellow
Sivaloka Day
Bhadrapada*Puratasi

Routine Work Marana Yoga

D Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tokyo, Japan

Sun 6 Sutra 172

Mithuna Rasi: 10.13 Tithi 22 - 23

Gulika 7:08AM - 8:35AM
Yama 2:25PM - 3:53PM
Rahu 10:03AM - 11:30AM

Ardra Until 12:53AM Sat
Variyan Until 8:52AM
Balava Until 10:51PM
Saptami Until 10:07AM

Ganesha: Clear Sunrise: 5:40AM
Muruga: White Sunset: 5:20PM
Nataraja: White
Moon - Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tokyo, Japan

Sun 7 Sutra 173

Mithuna Rasi: 22.31 Tithi 23 - 24

Gulika 5:41AM - 7:08AM
Yama 12:57PM - 2:24PM
Rahu 8:36AM - 10:03AM

Punarvasu Until 3:28AM Sun
Parigha* Until 9:00AM
Taitila Until 12:42AM Sun
Ashtami* Until 11:42AM

Ganesha: Purple Sunrise: 5:41AM
Muruga: White Sunset: 5:19PM
Nataraja: White
Moon - Blue
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tokyo, Japan
	Kataka Rasi: 4.35	Tithi 24 – 25	Gulika 2:23PM – 3:50PM	Pushya Until 6:14AM Mon	Ganesha: Purple	Sunrise: 5:42AM	Sun 8 Sutra 174
	649726574	Rahu 3:50PM – 5:17PM	Yama 11:30AM – 12:57PM	Shiva Until 9:33AM	Muruga: White	Sunset: 5:17PM	Sobhana 5125
Creative Work	Siddha Yoga		Vanija Until 2:56AM Mon	Nataraja: Clear		Moon 10 - Phase 25 - 8	
			Navami* Until 1:45PM	Moon – Blue		2nd Phase	
				Bhadrapada*Puratasi		Subha Sivaloka Day	

2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tokyo, Japan
	Kataka Rasi: 16.32	Tithi 25 – 26	Gulika 12:56PM – 2:23PM	Pushya Until 6:14AM	Ganesha: Purple	Sunrise: 5:43AM	Sun 9 Sutra 175
	649726574	Rahu 7:09AM – 8:36AM	Yama 10:03AM – 11:29AM	Siddha Until 10:19AM	Muruga: White	Sunset: 5:16PM	Sobhana 5125
Family Home Evening			Bava Until 5:23AM Tue	Nataraja: Clear		Moon 10 - Phase 25 - 9	
Creative Work	Siddha Yoga		Dashami Until 4:07PM	Moon – Blue		2nd Phase	
				Bhadrapada*Puratasi		Subha Sivaloka Day	

3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava Karana Ekadashyam Titau				Tokyo, Japan
	Kataka Rasi: 28.25	Tithi 26	Gulika 11:29AM – 12:55PM	Ashlesha* Until 9:02AM	Ganesha: Blue	Sunrise: 5:44AM	Sun 10 Sutra 176
	641726574	Rahu 2:22PM – 3:48PM	Yama 8:36AM – 10:03AM	Sadhya Until 11:13AM	Muruga: White	Sunset: 5:15PM	Sobhana 5125
Creative Work	Siddha Yoga		Balava Until 6:37PM	Nataraja: Clear		Moon 10 - Phase 25 - 10	
			Ekadashi* Until 6:37PM	Moon – Blue		2nd Phase	
				Bhadrapada*Puratasi		Subha Sivaloka Day	

4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvodashyam Titau				Tokyo, Japan
	Simha Rasi: 10.16	Tithi 27	Gulika 10:03AM – 11:29AM	Magha* Until 12:11PM	Ganesha: Red	Sunrise: 5:44AM	Sun 11 Sutra 177
	651726574	Rahu 11:29AM – 12:55PM	Yama 7:10AM – 8:37AM	Subha Until 12:08PM	Muruga: White	Sunset: 5:13PM	Sobhana 5125
Creative Work	Siddha Yoga		Kaulava Until 7:53AM	Nataraja: Clear		Moon 10 - Phase 25 - 11	
Until 12:11PM			Dvodashi* Until 9:04PM	Moon – Red		2nd Phase	
Then Creative Work - Amrita Yoga				Bhadrapada*Puratasi		Sivaloka Day	

5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Tokyo, Japan
	Simha Rasi: 22.1	Tithi 28	Gulika 8:37AM – 10:03AM	Purvaphalguni Until 3:02PM	Ganesha: Red	Sunrise: 5:45AM	Sun 12 Sutra 178
	651726574	Rahu 12:54PM – 2:20PM	Yama 5:45AM – 7:11AM	Sukla Until 12:55PM	Muruga: White	Sunset: 5:12PM	Sobhana 5125
Creative Work	Siddha Yoga		Gara Until 10:16AM	Nataraja: Clear		Moon 10 - Phase 25 - 12	
			Trayodashi* Until 11:21PM	Moon – Red		2nd Phase	
				Bhadrapada*Puratasi		Sivaloka Day	

Pradosha Vrata (Fasting)

6	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tokyo, Japan
	Kanya Rasi: 4.08	Tithi 29	Gulika 7:12AM – 8:37AM	Uttaraphalguni Until 5:27PM	Ganesha: Red	Sunrise: 5:46AM	Sun 13 Sutra 179
	651726574	Rahu 10:03AM – 11:28AM	Yama 2:19PM – 3:45PM	Brahma Until 1:31PM	Muruga: White	Sunset: 5:11PM	Sobhana 5125
Creative Work	Siddha Yoga		Visti Until 12:24PM	Nataraja: Clear		Moon 10 - Phase 25 - 13	
Until 5:27PM			Chaturdashi* Until 1:19AM Sat	Moon – Red		2nd Phase	
Then Creative Work - Amrita Yoga				Bhadrapada*Puratasi		Sivaloka Day	

Retreat Star	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tokyo, Japan
	Kanya Rasi: 16.15	Tithi 30	Gulika 5:47AM – 7:12AM	Hasta Until 7:52PM	Ganesha: Yellow	Sunrise: 5:47AM	Sun 14 Sutra 180
	661726574	Rahu 8:37AM – 10:03AM	Yama 12:53PM – 2:19PM	Indra Until 1:52PM	Muruga: White	Sunset: 5:09PM	Sobhana 5125
Routine Work	Marana Yoga		Catuspada Until 2:11PM	Nataraja: Clear		Moon 10 - Phase 25 - 14	
			Amavasya* Until 2:54AM Sun	Moon – Green		Amavasya	
				Bhadrapada*Puratasi		Sivaloka Day	

Mahalaya Amavasai (Tamil Nadu)

Retreat Star	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Tokyo, Japan
	Kanya Rasi: 28.32	Tithi 1	Gulika 2:18PM – 3:43PM	Chitra Until 9:41PM	Ganesha: Yellow	Sunrise: 5:48AM	Sun 15 Sutra 181
	661726574	Rahu 3:43PM – 5:08PM	Yama 11:28AM – 12:53PM	Vaidhriti* Until 1:52PM	Muruga: White	Sunset: 5:08PM	Sobhana 5125
Creative Work	Siddha Yoga		Kintughna Until 3:33PM	Nataraja: Clear		Moon 10 - Phase 25 - 15	
			Prathama* Until 4:02AM Mon	Moon – Green		Prathama	
				Ashvina*Puratasi		Sivaloka Day	

Navaratri Begins

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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www.gurudeva.org/panchang

1	Monday, October 16, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Tokyo, Japan Sun 16 Sutra 182 Sobhana 5125
	Tula Rasi: 11 Family Home Evening Creative Work Amrita Yoga Until 10:54PM Then Routine Work - Marana Yoga	Gulika 12:52PM – 2:17PM Yama 10:03AM – 11:28AM 661726574 Rahu 7:13AM – 8:38AM	Svati Until 10:54PM Vishkambha* Until 1:31PM Balava Until 4:27PM Dvitiya Until 4:43AM Tue
2	Tuesday, October 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau	Tokyo, Japan Sun 17 Sutra 183 Sobhana 5125
	Tula Rasi: 23.41 Routine Work Marana Yoga Until 11:58PM Then Creative Work - Siddha Yoga	Gulika 11:27AM – 12:52PM Yama 8:38AM – 10:03AM 671726574 Rahu 2:16PM – 3:41PM	Vishakha Until 11:58PM Priti Until 12:50PM Taitila Until 4:53PM Tritiya Until 4:55AM Wed
3	Wednesday, October 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau	Tokyo, Japan Sun 18 Sutra 184 Sobhana 5125
	Vrischika Rasi: 6.35 Creative Work Siddha Yoga Until 12:27AM Thu Then Routine Work - Prabalarishta Yoga	Gulika 10:03AM – 11:27AM Yama 7:15AM – 8:39AM 671726574 Rahu 11:27AM – 12:51PM	Anuradha Until 12:27AM Thu Ayushman Until 11:45AM Vanija Until 4:52PM Chaturthi* Until 4:40AM Thu
4	Thursday, October 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Tokyo, Japan Sun 19 Sutra 185 Sobhana 5125
	Vrischika Rasi: 19.43 Routine Work Prabalarishta Yoga Until 12:20AM Fri Then Creative Work - Amrita Yoga	Gulika 8:39AM – 10:03AM Yama 5:51AM – 7:15AM 671726574 Rahu 12:51PM – 2:15PM	Jyeshtha* Until 12:20AM Fri Saubhagya Until 10:19AM Bava Until 4:23PM Panchami Until 3:58AM Fri
5	Friday, October 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Tokyo, Japan Sun 20 Sutra 186 Sobhana 5125
	Dhanus Rasi: 3.05 Creative Work Amrita Yoga Until 12:07AM Sat Then Creative Work - Siddha Yoga	Gulika 7:16AM – 8:39AM Yama 2:14PM – 3:38PM 682726574 Rahu 10:03AM – 11:27AM	Mula* Until 12:07AM Sat Sobhana Until 8:34AM Kaulava Until 3:29PM Shashthi* Until 2:52AM Sat
6	Saturday, October 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Tokyo, Japan Sun 21 Sutra 187 Sobhana 5125
	Dhanus Rasi: 16.4 Creative Work Siddha Yoga Until 11:21PM Then Routine Work - Marana Yoga	Gulika 5:53AM – 7:16AM Yama 12:50PM – 2:14PM 682726574 Rahu 8:40AM – 10:03AM	Purvashadha* Until 11:21PM Athiganda* Until 6:28AM Gara Until 2:11PM Saptami Until 1:22AM Sun
D	Sunday, October 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Tokyo, Japan Sun 22 Sutra 188 Sobhana 5125
	Retreat Star Makara Rasi: 0.31 Creative Work Amrita Yoga	Gulika 2:13PM – 3:36PM Yama 11:26AM – 12:50PM 682726574 Rahu 3:36PM – 4:59PM	Uttarashadha Until 10:05PM Dhriti Until 1:22AM Mon Visti Until 12:30PM Ashtami* Until 11:30PM
Monday, October 23, 2023	Retreat Star	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Tokyo, Japan Sun 23 Sutra 189 Sobhana 5125
	Makara Rasi: 14.34 Family Home Evening Creative Work Amrita Yoga Until 8:45PM Then Creative Work - Siddha Yoga	Gulika 12:49PM – 2:12PM Yama 10:03AM – 11:26AM 692726574 Rahu 7:18AM – 8:41AM	Shravana Until 8:45PM Shula* Until 10:23PM Balava Until 10:27AM Navami* Until 9:17PM

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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www.gurudeva.org/panchang

1	Tuesday, October 24, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau	Tokyo, Japan Sun 24 Sutra 190 Sobhana 5125
	Makara Rasi: 28.5 Tithi 10 692726574	Gulika 11:26AM – 12:49PM Yama 8:41AM – 10:04AM Rahu 2:12PM – 3:34PM	Dhanishtha Until 7:00PM Ganda* Until 7:11PM Taitila Until 8:06AM Dashami Until 6:48PM

Ganesha: White *Sunrise:* 5:56AM
Muruga: White *Sunset:* 4:57PM Moon 10 - Phase 27 - 24
Nataraja: Clear
 Moon – Purple **Devaloka Day**
Ashvina•Aipasi

Creative Work Siddha Yoga
 Until 7:00PM
 Then Routine Work - Marana Yoga

2	Wednesday, October 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Tokyo, Japan Sun 25 Sutra 191 Sobhana 5125
	Kumbha Rasi: 13.17 Tithi 11 – 12 692726574	Gulika 10:04AM – 11:26AM Yama 7:19AM – 8:41AM Rahu 11:26AM – 12:48PM	Shatabhishak Until 4:55PM Vridhi Until 3:50PM Bava Until 2:44AM Thu Ekadashi Until 4:07PM

Ganesha: White *Sunrise:* 5:57AM
Muruga: White *Sunset:* 4:56PM Moon 10 - Phase 27 - 25
Nataraja: Clear
 Moon – Purple **Devaloka Day**
Ashvina•Aipasi

Creative Work Siddha Yoga
 Until 4:55PM
 Then Creative Work - Amrita Yoga

3	Thursday, October 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tokyo, Japan Sun 26 Sutra 192 Sobhana 5125
	Kumbha Rasi: 27.51 Tithi 12 – 13 612726574	Gulika 8:42AM – 10:04AM Yama 5:57AM – 7:20AM Rahu 12:48PM – 2:10PM	Purvaproshtapada* Until 3:00PM Dhruva Until 12:22PM Kaulava Until 11:55PM Dvadashi Until 1:19PM

Ganesha: Purple *Sunrise:* 5:57AM
Muruga: White *Sunset:* 4:55PM Moon 10 - Phase 27 - 26
Nataraja: Clear
 Moon – Clear **Devaloka Day**
Ashvina•Aipasi


Creative Work Siddha Yoga

Pradosha Vrata

4	Friday, October 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Tokyo, Japan Sun 27 Sutra 193 Sobhana 5125
	Meena Rasi: 12.26 Tithi 13 – 14 612726574	Gulika 7:20AM – 8:42AM Yama 2:10PM – 3:32PM Rahu 10:04AM – 11:26AM	Uttaraproshtapada Until 12:57PM Vyaghata* Until 8:54AM Gara Until 9:10PM Trayodashi Until 10:31AM


Ganesha: Purple *Sunrise:* 5:58AM
Muruga: White *Sunset:* 4:53PM Moon 10 - Phase 27 - 27
Nataraja: Clear
 Moon – Clear **Devaloka Day**
Ashvina•Aipasi

Creative Work Siddha Yoga

	Saturday, October 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Tokyo, Japan Sutra 194 Sobhana 5125
	Meena Rasi: 26.58 Tithi 14 – 15 612726574	Gulika 5:59AM – 7:21AM Yama 12:47PM – 2:09PM Rahu 8:43AM – 10:04AM	Revati Until 10:54AM Vajra* Until 2:21AM Sun Visti Until 6:36PM Chaturdashi* Until 7:50AM

Ganesha: Purple *Sunrise:* 5:59AM
Muruga: White *Sunset:* 4:52PM Moon 10 - Phase 27 -
Nataraja: Clear
 Moon – Clear **Devaloka Day**
Ashvina•Aipasi

Routine Work Prabalarishta Yoga
 Until 10:54AM
 Then Creative Work - Siddha Yoga

	Sunday, October 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau	Tokyo, Japan Sutra 195 Sobhana 5125
	Mesha Rasi: 11.19 Tithi 16 622726574	Gulika 2:08PM – 3:30PM Yama 11:26AM – 12:47PM Rahu 3:30PM – 4:51PM	Ashvini Until 9:24AM Siddhi Until 11:28PM Balava Until 4:21PM Prathama* Until 3:23AM Mon

Ganesha: Clear *Sunrise:* 6:00AM
Muruga: White *Sunset:* 4:51PM Moon 10 - Phase 27 -
Nataraja: Clear
 Moon – White **Sivaloka Day**
Ashvina•Aipasi

Creative Work Siddha Yoga
 Until 9:24AM
 Then Routine Work - Prabalarishta Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Monday, October 30, 2023

Gold Retreat Star

Mesha Rasi: 25.24 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 8:10AM
Then Routine Work - Marana Yoga

Gulika 12:47PM - 2:08PM
Yama 10:05AM - 11:26AM
622726574 Rahu 7:22AM - 8:43AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 8:10AM
Vyatipata* Until 9:01PM
Taitila Until 2:34PM
Dvitiya Until 1:52AM Tue

Ganesha: Clear Sunrise: 6:01AM
Muruga: White Sunset: 4:50PM
Nataraja: Clear
Moon - White
Ashvina*Aipasi

Tokyo, Japan
Sutra 196
Sobhana 5125
Moon 11 - Phase 28 - 1st Phase

Sivaloka Day

1

Tuesday, October 31, 2023

Visshabha Rasi: 9.09 Tithi 18
Creative Work Siddha Yoga
Until 7:20AM
Then Creative Work - Amrita Yoga

Gulika 11:26AM - 12:46PM
Yama 8:44AM - 10:05AM
622826574 Rahu 2:07PM - 3:28PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Krittika Until 7:20AM
Variyan Until 7:01PM
Vanija Until 1:22PM
Tritiya Until 1:00AM Wed

Ganesha: White Sunrise: 6:02AM
Muruga: White Sunset: 4:49PM
Nataraja: Clear
Moon - White
Ashvina*Aipasi

Tokyo, Japan
Sutra 197
Sobhana 5125
Moon 11 - Phase 28 - 1st Phase

Subha Sivaloka Day

2

Wednesday, November 1, 2023

Visshabha Rasi: 22.32 Tithi 19
Creative Work Siddha Yoga

Gulika 10:05AM - 11:26AM
Yama 7:24AM - 8:44AM
632826574 Rahu 11:26AM - 12:46PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthayam Titau

Rohini Until 7:26AM
Parigha* Until 5:34PM
Bava Until 12:51PM
Chaturthi* Until 12:50AM Thu

Ganesha: Yellow Sunrise: 6:03AM
Muruga: White Sunset: 4:48PM
Nataraja: Clear
Moon - Yellow
Ashvina*Aipasi

Tokyo, Japan
Sutra 198
Sobhana 5125
Moon 11 - Phase 28 - 2 1st Phase

Sivaloka Day

3

Thursday, November 2, 2023

Mithuna Rasi: 5.32 Tithi 20
Routine Work Marana Yoga

Gulika 8:45AM - 10:05AM
Yama 6:04AM - 7:24AM
633826574 Rahu 12:46PM - 2:06PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Mrigashira Until 8:06AM
Shiva Until 4:42PM
Kaulava Until 1:03PM
Panchami Until 1:24AM Fri

Ganesha: White Sunrise: 6:04AM
Muruga: White Sunset: 4:47PM
Nataraja: Clear
Moon - Yellow
Ashvina*Aipasi

Tokyo, Japan
Sutra 199
Sobhana 5125
Moon 11 - Phase 28 - 3 1st Phase

Devaloka Day

4

Friday, November 3, 2023

Mithuna Rasi: 18.11 Tithi 21
Creative Work Siddha Yoga

Gulika 7:25AM - 8:45AM
Yama 2:06PM - 3:26PM
633826574 Rahu 10:05AM - 11:26AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthayam Titau

Ardra Until 9:18AM
Siddha Until 4:22PM
Gara Until 1:58PM
Shashthi* Until 2:40AM Sat

Ganesha: White Sunrise: 6:05AM
Muruga: White Sunset: 4:46PM
Nataraja: Clear
Moon - Yellow
Ashvina*Aipasi

Tokyo, Japan
Sutra 200
Sobhana 5125
Moon 11 - Phase 28 - 4 1st Phase

Devaloka Day

5

Saturday, November 4, 2023

Kataka Rasi: 0.33 Tithi 22
Creative Work Siddha Yoga

Gulika 6:06AM - 7:26AM
Yama 12:45PM - 2:05PM
643826574 Rahu 8:46AM - 10:06AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Punarvasu Until 11:28AM
Sadhya Until 4:32PM
Visti Until 3:33PM
Saptami Until 4:31AM Sun

Ganesha: Yellow Sunrise: 6:06AM
Muruga: White Sunset: 4:45PM
Nataraja: Clear
Moon - Blue
Ashvina*Aipasi

Tokyo, Japan
Sutra 201
Sobhana 5125
Moon 11 - Phase 28 - 5 1st Phase

Sivaloka Day

D

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 12.4 Tithi 23
Creative Work Siddha Yoga

Gulika 2:05PM - 3:25PM
Yama 11:26AM - 12:45PM
643826574 Rahu 3:25PM - 4:44PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Pushya Until 1:59PM
Subha Until 5:05PM
Balava Until 5:39PM
Ashtami* Until 6:48AM Mon

Ganesha: Yellow Sunrise: 6:07AM
Muruga: White Sunset: 4:44PM
Nataraja: Clear
Moon - Blue
Ashvina*Aipasi

Tokyo, Japan
Sutra 202
Sobhana 5125
Moon 11 - Phase 28 - 6 Ashtami

Sivaloka Day

Monday, November 6, 2023

Retreat Star

Kataka Rasi: 24.37 Tithi 23 - 24
Family Home Evening
Creative Work Siddha Yoga
Until 4:40PM
Then Routine Work - Marana Yoga

Gulika 12:45PM - 2:04PM
Yama 10:06AM - 11:26AM
643826574 Rahu 7:27AM - 8:47AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Ashlesha* Until 4:40PM
Sukla Until 5:52PM
Taitila Until 8:04PM
Ashtami* Until 6:48AM

Ganesha: Yellow Sunrise: 6:08AM
Muruga: White Sunset: 4:43PM
Nataraja: Clear
Moon - Blue
Ashvina*Aipasi

Tokyo, Japan
Sutra 203
Sobhana 5125
Moon 11 - Phase 28 - 7 Navami

Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tokyo, Japan
	Simha Rasi: 6.29	Tithi 24 – 25	Gulika 11:26AM – 12:45PM	Magha* Until 7:50PM	Ganesha: Yellow	Sunrise: 6:09AM	Sun 8 Sutra 204
	Creative Work	Siddha Yoga	Yama 8:47AM – 10:06AM	Brahma Until 6:45PM	Muruga: White	Sunset: 4:42PM	Sobhana 5125
		753826574	Rahu 2:04PM – 3:23PM	Vanija Until 10:37PM	Nataraja: Clear		Moon 11 - Phase 29 - 8
				Navami* Until 9:19AM	Moon – Red		2nd Phase
					Ashvina*Aipasi		Sivaloka Day

2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tokyo, Japan
	Simha Rasi: 18.21	Tithi 25 – 26	Gulika 10:07AM – 11:26AM	Purvaphalguni Until 10:45PM	Ganesha: Yellow	Sunrise: 6:10AM	Sun 9 Sutra 205
	Creative Work	Amrita Yoga	Yama 7:29AM – 8:48AM	Indra Until 7:36PM	Muruga: White	Sunset: 4:42PM	Sobhana 5125
		753826574	Rahu 11:26AM – 12:45PM	Bava Until 1:03AM Thu	Nataraja: Clear		Moon 11 - Phase 29 - 9
				Dashami Until 11:50AM	Moon – Red		2nd Phase
					Ashvina*Aipasi		Sivaloka Day

3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tokyo, Japan
	Kanya Rasi: 0.16	Tithi 26 – 27	Gulika 8:48AM – 10:07AM	Uttaraphalguni Until 1:13AM Fri	Ganesha: Yellow	Sunrise: 6:11AM	Sun 10 Sutra 206
		Amrita Yoga	Yama 6:11AM – 7:29AM	Vaidhriti* Until 8:13PM	Muruga: White	Sunset: 4:41PM	Sobhana 5125
		753826574	Rahu 12:44PM – 2:03PM	Kaulava Until 3:11AM Fri	Nataraja: Clear		Moon 11 - Phase 29 - 10
				Ekadashi* Until 2:09PM	Moon – Red		2nd Phase
					Ashvina*Aipasi		Sivaloka Day

4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Tokyo, Japan
	Kanya Rasi: 12.19	Tithi 27 – 28	Gulika 7:30AM – 8:49AM	Hasta Until 3:36AM Sat	Ganesha: Blue	Sunrise: 6:12AM	Sun 11 Sutra 207
	Creative Work	Amrita Yoga	Yama 2:03PM – 3:21PM	Vishkambha* Until 8:32PM	Muruga: White	Sunset: 4:40PM	Sobhana 5125
		763826574	Rahu 10:07AM – 11:26AM	Gara Until 4:52AM Sat	Nataraja: Clear		Moon 11 - Phase 29 - 11
				Dvadashi* Until 4:04PM	Moon – Green		2nd Phase
					Ashvina*Aipasi		Devaloka Day
					<i>Pradosha Vrata (Fasting)</i>		

5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tokyo, Japan
	Kanya Rasi: 24.34	Tithi 28 – 29	Gulika 6:13AM – 7:31AM	Chitra Until 5:16AM Sun	Ganesha: Blue	Sunrise: 6:13AM	Sun 12 Sutra 208
	Routine Work	Marana Yoga	Yama 12:44PM – 2:03PM	Priti Until 8:27PM	Muruga: White	Sunset: 4:39PM	Sobhana 5125
		763826574	Rahu 8:49AM – 10:08AM	Visti Until 5:58AM Sun	Nataraja: Clear		Moon 11 - Phase 29 - 12
				Trayodashi* Until 5:28PM	Moon – Green		2nd Phase
					Ashvina*Aipasi		Devaloka Day
					Subramuniyaswami Mahasamadhi		

6	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman Yoga Sakuni* Karana Chaturdashyam Titau				Tokyo, Japan
	Tula Rasi: 7.02	Tithi 29	Gulika 2:02PM – 3:20PM	Svati Until 6:12AM Mon	Ganesha: Blue	Sunrise: 6:14AM	Sun 13 Sutra 209
	Creative Work	Siddha Yoga	Yama 11:26AM – 12:44PM	Ayushman Until 7:53PM	Muruga: White	Sunset: 4:38PM	Sobhana 5125
		763826574	Rahu 3:20PM – 4:38PM	Sakuni Until 6:16PM	Nataraja: Clear		Moon 11 - Phase 29 - 13
				Chaturdashi* Until 6:16PM	Moon – Green		2nd Phase
					Ashvina*Aipasi		Devaloka Day
					Deepavali Hindu Solidarity Day		

●	Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tokyo, Japan
	Retreat Star		Gulika 12:44PM – 2:02PM	Svati Until 6:12AM	Ganesha: Blue	Sunrise: 6:15AM	Sun 14 Sutra 210
	Tula Rasi: 19.48	Tithi 30	Yama 10:08AM – 11:26AM	Saubhagya Until 6:52PM	Muruga: White	Sunset: 4:38PM	Sobhana 5125
Family Home Evening		763826574	Rahu 7:33AM – 8:50AM	Catuspada Until 6:28AM	Nataraja: Clear		Moon 11 - Phase 29 - 14
				Amavasya* Until 6:28PM	Moon – Green		Amavasya
					Ashvina*Aipasi		Devaloka Day

●	Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Tokyo, Japan
	Retreat Star		Gulika 11:26AM – 12:44PM	Vishakha Until 6:52AM	Ganesha: Blue	Sunrise: 6:16AM	Sun 15 Sutra 211
	Vrischika Rasi: 2.51	Tithi 1	Yama 8:51AM – 10:09AM	Sobhana Until 5:25PM	Muruga: White	Sunset: 4:37PM	Sobhana 5125
		773826574	Rahu 2:02PM – 3:19PM	Kintughna Until 6:22AM	Nataraja: Clear		Moon 11 - Phase 29 - 15
				Prathama* Until 6:06PM	Moon – Orange		Prathama
					Karttika*Aipasi		Devaloka Day
					Skanda Shasthi Begins		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Wednesday, November 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Tokyo, Japan
	Vrischika Rasi: 16.1 Tithi 2 – 3	Gulika 10:09AM – 11:26AM Anuradha Until 6:52AM	Sun 16 Sutra 212
	773826574	Yama 7:34AM – 8:52AM Athiganda* Until 3:34PM	Sobhana 5125

Rahu 11:26AM – 12:44PM **Taitila** Until 4:42AM Thu
Devaloka Day
Karttika•Aipasi

Creative Work Siddha Yoga Moon – Orange

2	Thursday, November 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Tokyo, Japan
	Vrischika Rasi: 29.44 Tithi 3 – 4	Gulika 8:52AM – 10:09AM Jyeshtha* Until 6:18AM	Sun 17 Sutra 213
	773826574	Yama 6:18AM – 7:35AM Sukarma Until 1:24PM	Sobhana 5125

Rahu 12:44PM – 2:01PM **Vanija** Until 3:18AM Fri
Devaloka Day
Karttika•Aipasi

Routine Work Prabalarishta Yoga Moon 11 - Phase 30 - 17
 Until 6:18AM **Tritiya** Until 4:01PM Moon – Orange 3rd Phase
 Then Creative Work - Siddha Yoga

3	Friday, November 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Tokyo, Japan
	Dhanus Rasi: 13.3 Tithi 4 – 5	Gulika 7:36AM – 8:53AM Purvashadha* Until 4:42AM Sat	Sun 18 Sutra 214
	784826575	Yama 2:01PM – 3:18PM Dhriti Until 11:01AM	Sobhana 5125

Rahu 10:10AM – 11:27AM **Bava** Until 1:39AM Sat
Devaloka Day
Karttika•Karttikai

Routine Work Prabalarishta Yoga Moon 11 - Phase 30 - 18
 Until 4:42AM Sat **Chaturthi*** Until 2:29PM Moon – Light Blue 3rd Phase
 Then Routine Work - Marana Yoga

4	Saturday, November 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Tokyo, Japan
	Dhanus Rasi: 27.25 Tithi 5 – 6	Gulika 6:20AM – 7:36AM Uttarashadha Until 3:24AM Sun	Sun 19 Sutra 215
	784826575	Yama 12:44PM – 2:01PM Shula* Until 8:25AM	Sobhana 5125

Rahu 8:53AM – 10:10AM **Kaulava** Until 11:49PM
Devaloka Day
Karttika•Karttikai

Routine Work Marana Yoga Moon 11 - Phase 30 - 19
 Until 3:24AM Sun **Panchami** Until 12:44PM Moon – Light Blue 3rd Phase
 Then Creative Work - Amrita Yoga

5	Sunday, November 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Tokyo, Japan
	Makara Rasi: 11.26 Tithi 6 – 7	Gulika 2:01PM – 3:17PM Shravana Until 2:17AM Mon	Sun 20 Sutra 216
	794826575	Yama 11:27AM – 12:44PM Vriddhi Until 2:56AM Mon	Sobhana 5125

Rahu 3:17PM – 4:34PM **Gara** Until 9:53PM
Devaloka Day
Karttika•Karttikai

Creative Work Amrita Yoga Moon – Purple 3rd Phase
 Until 2:17AM Mon **Shashthi*** Until 10:51AM **Subha Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga

D	Monday, November 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Tokyo, Japan
	Retreat Star	Gulika 12:44PM – 2:00PM Dhanishtha Until 12:56AM Tue	Sun 21 Sutra 217
	Makara Rasi: 25.31 Tithi 7 – 8	Yama 10:11AM – 11:27AM Dhruva Until 12:05AM Tue	Sobhana 5125

Family Home Evening **Rahu** 7:38AM – 8:55AM **Visti** Until 7:52PM
Devaloka Day
Karttika•Karttikai

Creative Work Siddha Yoga Moon – Purple 3rd Phase
 Until 12:56AM Tue **Saptami** Until 8:52AM **Subha Subha Sivaloka Day**
 Then Routine Work - Marana Yoga

D	Tuesday, November 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau	Tokyo, Japan
	Retreat Star	Gulika 11:28AM – 12:44PM Shatabhishak Until 11:25PM	Sun 22 Sutra 218
	Kumbha Rasi: 9.38 Tithi 8 – 9	Yama 8:55AM – 10:11AM Vyaghata* Until 9:12PM	Sobhana 5125

Rahu 2:00PM – 3:17PM **Kaulava** Until 4:44AM Wed
Devaloka Day
Karttika•Karttikai

Routine Work Marana Yoga Moon – Purple 3rd Phase
 Until 12:56AM Tue **Ashtami*** Until 6:49AM **Subha Subha Sivaloka Day**
 Then Routine Work - Marana Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam				Tokyo, Japan
			Purvaproshtapada* Nakshatra Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 219
	Kumbha Rasi: 23.47	Tithi 10	Gulika 10:12AM – 11:28AM	Purvaproshtapada* Until 10:11PM	Ganesha: White	Sunrise: 6:24AM	Sobhana 5125
	714826575	Rahu	Yama 7:40AM – 8:56AM	Harshana Until 6:19PM	Muruga: White	Sunset: 4:32PM	Moon 11 - Phase 31 - 23
Creative Work Amrita Yoga			Taitila Until 3:43PM	Nataraja: Purple		4th Phase	
Until 10:11PM			Dashami Until 2:40AM Thu	Moon – Clear	Subha Subha Sivaloka Day		
Then Creative Work - Siddha Yoga					Karttika*Karttikai		


2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam				Tokyo, Japan
			Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 220
	Meena Rasi: 7.56	Tithi 11	Gulika 8:56AM – 10:12AM	Uttaraproshtapada Until 8:50PM	Ganesha: White	Sunrise: 6:25AM	Sobhana 5125
	714826575	Rahu	Yama 6:25AM – 7:40AM	Vajra* Until 3:26PM	Muruga: White	Sunset: 4:32PM	Moon 11 - Phase 31 - 24
Creative Work Siddha Yoga			Vanija Until 1:39PM	Nataraja: Purple		4th Phase	
			Ekadashi Until 12:37AM Fri	Moon – Clear	Subha Subha Sivaloka Day		
					Karttika*Karttikai		

3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
			Revati Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 221
	Meena Rasi: 22.02	Tithi 12	Gulika 7:41AM – 8:57AM	Revati Until 7:25PM	Ganesha: Clear	Sunrise: 6:25AM	Sobhana 5125
	714926575	Rahu	Yama 2:00PM – 3:16PM	Siddhi Until 12:37PM	Muruga: White	Sunset: 4:32PM	Moon 11 - Phase 31 - 25
Creative Work Siddha Yoga			Bava Until 11:39AM	Nataraja: Purple		4th Phase	
Until 7:25PM			Dvadashi Until 10:41PM	Moon – Clear	Subha Sivaloka Day		
Then Creative Work - Amrita Yoga					Karttika*Karttikai		

4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam				Tokyo, Japan
			Ashvini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 222
	Mesha Rasi: 6.05	Tithi 13	Gulika 6:26AM – 7:42AM	Ashvini Until 6:27PM	Ganesha: Purple	Sunrise: 6:26AM	Sobhana 5125
	724926575	Rahu	Yama 12:44PM – 2:00PM	Vyatipata* Until 9:56AM	Muruga: White	Sunset: 4:31PM	Moon 11 - Phase 31 - 26
Creative Work Siddha Yoga			Kaulava Until 9:48AM	Nataraja: Purple		4th Phase	
			Trayodashi Until 8:55PM	Moon – White	Sivaloka Day		
					Karttika*Karttikai		
					<i>Pradosha Vrata</i>		

5	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
			Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 223
	Mesha Rasi: 20	Tithi 14	Gulika 2:00PM – 3:15PM	Bharani Until 5:35PM	Ganesha: Purple	Sunrise: 6:27AM	Sobhana 5125
	724926575	Rahu	Yama 11:29AM – 12:45PM	Variyan Until 7:22AM	Muruga: White	Sunset: 4:31PM	Moon 11 - Phase 31 - 27
Routine Work Prabalarishta Yoga			Gara Until 8:09AM	Nataraja: Purple		4th Phase	
Until 5:35PM			Chaturdashi* Until 7:25PM	Moon – White	Sivaloka Day		
Then Creative Work - Siddha Yoga					Karttika*Karttikai		

	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam				Tokyo, Japan
	Copper Retreat Star		Krittika/Rohini Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Sun 27 Sutra 224
	Mrishabha Rasi: 3.44	Tithi 15	Gulika 12:45PM – 2:00PM	Krittika Until 4:55PM	Ganesha: Purple	Sunrise: 6:28AM	Sobhana 5125
	724926575	Rahu	Yama 10:14AM – 11:29AM	Shiva Until 3:07AM Tue	Muruga: White	Sunset: 4:31PM	Moon 11 - Phase 31 -
Family Home Evening			Visti Until 6:48AM	Nataraja: Purple		Purnima	
Routine Work Marana Yoga			Purnima* Until 6:16PM	Moon – White	Sivaloka Day		
Until 4:55PM					Karttika*Karttikai		
Then Creative Work - Amrita Yoga					Krittika Deepam		

	Tuesday, November 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
	Silver Retreat Star		Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sun 27 Sutra 225
	Mrishabha Rasi: 17.14	Tithi 16 – 17	Gulika 11:30AM – 12:45PM	Rohini Until 5:00PM	Ganesha: Clear	Sunrise: 6:29AM	Sobhana 5125
	734926575	Rahu	Yama 9:00AM – 10:15AM	Siddha Until 1:31AM Wed	Muruga: White	Sunset: 4:30PM	Moon 11 - Phase 31 -
Creative Work Amrita Yoga			Taitila Until 5:28AM Wed	Nataraja: Purple		Prathama	
Until 5:00PM			Prathama* Until 5:35PM	Moon – Yellow	Subha Sivaloka Day		
Then Creative Work - Siddha Yoga					Karttika*Karttikai		
					Vinayaga Viratam Begins		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Wednesday, November 29, 2023

Gold Retreat Star

Mithuna Rasi: 0.27 Tithi 17 – 18

Creative Work Siddha Yoga

Gulika 10:15AM – 11:30AM
Yama 7:45AM – 9:00AM
735926575 Rahu 11:30AM – 12:45PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Mrigashira Until 5:28PM
Sadhya Until 12:23AM Thu
Vanija Until 5:38AM Thu
Dvitiya Until 5:27PM

Ganesha: Purple Sunrise: 6:30AM
Muruga: White Sunset: 4:30PM
Nataraja: Purple
Moon – Yellow
Subha Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 1 Sutra 226
Sobhana 5125
Moon 12 - Phase 32 - 1
1st Phase

1

Thursday, November 30, 2023

Mithuna Rasi: 13.22 Tithi 18 – 19

Routine Work Marana Yoga
Until 6:21PM
Then Creative Work - Amrita Yoga

Gulika 9:01AM – 10:16AM
Yama 6:31AM – 7:46AM
735926575 Rahu 12:45PM – 2:00PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Subha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Ardra Until 6:21PM
Subha Until 11:44PM
Bava Until 6:26AM Fri
Tritiya Until 5:56PM

Ganesha: Purple Sunrise: 6:31AM
Muruga: White Sunset: 4:30PM
Nataraja: Purple
Moon – Yellow
Subha Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 2 Sutra 227
Sobhana 5125
Moon 12 - Phase 32 - 2
1st Phase

2

Friday, December 1, 2023

Mithuna Rasi: 26 Tithi 19

Creative Work Siddha Yoga
Until 8:10PM
Then Routine Work - Marana Yoga

Gulika 7:47AM – 9:01AM
Yama 2:00PM – 3:15PM
745926575 Rahu 10:16AM – 11:31AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Sukla Yoga Bava/Balava Karana Chaturtham Titau

Punarvasu Until 8:10PM
Sukla Until 11:31PM
Bava Until 6:26AM
Chaturthi* Until 7:02PM

Ganesha: Clear Sunrise: 6:32AM
Muruga: White Sunset: 4:30PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 3 Sutra 228
Sobhana 5125
Moon 12 - Phase 32 - 3
1st Phase

3

Saturday, December 2, 2023

Kataka Rasi: 8.22 Tithi 20

Creative Work Siddha Yoga
Until 10:23PM
Then Routine Work - Marana Yoga

Gulika 6:33AM – 7:48AM
Yama 12:46PM – 2:00PM
745926575 Rahu 9:02AM – 10:17AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Pushya Until 10:23PM
Brahma Until 11:46PM
Kaulava Until 7:51AM
Panchami Until 8:44PM

Ganesha: Clear Sunrise: 6:33AM
Muruga: White Sunset: 4:29PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 4 Sutra 229
Sobhana 5125
Moon 12 - Phase 32 - 4
1st Phase

4

Sunday, December 3, 2023

Kataka Rasi: 20.29 Tithi 21

Creative Work Siddha Yoga
Until 12:53AM Mon
Then Routine Work - Marana Yoga

Gulika 2:00PM – 3:15PM
Yama 11:32AM – 12:46PM
745926575 Rahu 3:15PM – 4:29PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Gara/Vanija Karana Shashthiyam Titau

Ashlesha* Until 12:53AM Mon
Indra Until 12:23AM Mon
Gara Until 9:48AM
Shashthi* Until 10:56PM

Ganesha: Clear Sunrise: 6:34AM
Muruga: White Sunset: 4:29PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 5 Sutra 230
Sobhana 5125
Moon 12 - Phase 32 - 5
1st Phase

5

Monday, December 4, 2023

Simha Rasi: 2.26 Tithi 22

Family Home Evening
Routine Work Marana Yoga
Until 4:01AM Tue
Then Creative Work - Siddha Yoga

Gulika 12:46PM – 2:01PM
Yama 10:18AM – 11:32AM
755926575 Rahu 7:49AM – 9:03AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Magha* Until 4:01AM Tue
Vaidhriti* Until 1:12AM Tue
Visti Until 12:11PM
Saptami Until 1:27AM Tue

Ganesha: White Sunrise: 6:35AM
Muruga: White Sunset: 4:29PM
Nataraja: Purple
Moon – Red
Subha Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 6 Sutra 231
Sobhana 5125
Moon 12 - Phase 32 - 6
1st Phase

D

Tuesday, December 5, 2023

Retreat Star

Simha Rasi: 14.18 Tithi 23

Creative Work Siddha Yoga
Until 7:03AM Wed
Then Creative Work - Amrita Yoga

Gulika 11:32AM – 12:47PM
Yama 9:04AM – 10:18AM
755936575 Rahu 2:01PM – 3:15PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Purvaphalguni Until 7:03AM Wed
Vishkambha* Until 2:06AM Wed
Balava Until 2:47PM
Ashtami* Until 4:04AM Wed

Ganesha: White Sunrise: 6:36AM
Muruga: Clear Sunset: 4:29PM
Nataraja: Purple
Moon – Red
Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 7 Sutra 232
Sobhana 5125
Moon 12 - Phase 32 - 7
Ashtami

Wednesday, December 6, 2023

Retreat Star

Simha Rasi: 26.08 Tithi 24

Creative Work Amrita Yoga

Gulika 10:19AM – 11:33AM
Yama 7:51AM – 9:05AM
755936575 Rahu 11:33AM – 12:47PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Purvaphalguni Until 7:03AM
Priti Until 2:55AM Thu
Taitila Until 5:21PM
Navami* Until 6:31AM Thu

Ganesha: White Sunrise: 6:36AM
Muruga: Clear Sunset: 4:29PM
Nataraja: Purple
Moon – Red
Subha Sivaloka Day
Karttika•Karttikai

Tokyo, Japan
Sun 8 Sutra 233
Sobhana 5125
Moon 12 - Phase 32 - 8
Navami

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

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1 Thursday, December 7, 2023 Sobhana Nama Samvatsare Dakshinaya Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Tokyo, Japan
 Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 9 Sutra 234
 Kanya Rasi: 8.02 Tithi 24 – 25 **Gulika** 9:05AM – 10:19AM **Uttaraphalguni Until 9:44AM** **Ganesha:** White Sunrise: 6:37AM Sobhana 5125
 Yama 6:37AM – 7:51AM Ayushman Until 3:26AM Fri **Muruga:** Clear Sunset: 4:29PM Moon 12 - Phase 33 - 9
 755936575 **Rahu** 12:47PM – 2:01PM Vanija Until 7:38PM **Nataraja:** Purple 2nd Phase
 Amrita Yoga Moon – Red **Subha Sivaloka Day**
 Until 9:44AM **Karttika*Karttikai**
 Then Routine Work - Marana Yoga

2 Friday, December 8, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Tokyo, Japan
 Hasta/Chitra Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 235
 Kanya Rasi: 20.05 Tithi 25 – 26 **Gulika** 7:52AM – 9:06AM **Hasta Until 12:21PM** **Ganesha:** Yellow Sunrise: 6:38AM Sobhana 5125
 Yama 2:02PM – 3:15PM Saubhagya Until 3:32AM Sat **Muruga:** Clear Sunset: 4:29PM Moon 12 - Phase 33 - 10
 765936575 **Rahu** 10:20AM – 11:34AM Bava Until 9:25PM **Nataraja:** Purple 2nd Phase
 Creative Work Amrita Yoga Moon – Green **Sivaloka Day**
 Until 12:21PM **Karttika*Karttikai**
 Then Creative Work - Siddha Yoga

3 Saturday, December 9, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Tokyo, Japan
 Chitra/Svati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 11 Sutra 236
 Tula Rasi: 2.23 Tithi 26 – 27 **Gulika** 6:39AM – 7:53AM **Chitra Until 2:12PM** **Ganesha:** White Sunrise: 6:39AM Sobhana 5125
 Yama 12:48PM – 2:02PM Sobhana Until 3:06AM Sun **Muruga:** Clear Sunset: 4:29PM Moon 12 - Phase 33 - 11
 766936575 **Rahu** 9:07AM – 10:20AM Kaulava Until 10:30PM **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga Moon – Green **Devaloka Day**
 Until 2:12PM **Karttika*Karttikai**
 Then Creative Work - Siddha Yoga

4 Sunday, December 10, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Tokyo, Japan
 Svati/Vishakha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 237
 Tula Rasi: 14.59 Tithi 27 – 28 **Gulika** 2:02PM – 3:16PM **Svati Until 3:11PM** **Ganesha:** White Sunrise: 6:40AM Sobhana 5125
 Yama 11:35AM – 12:48PM Athiganda* Until 2:04AM Mon **Muruga:** Clear Sunset: 4:30PM Moon 12 - Phase 33 - 12
 766936575 **Rahu** 3:16PM – 4:30PM Gara Until 10:50PM **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga Moon – Green **Devaloka Day**
 Until 3:11PM **Karttika*Karttikai**
 Then Routine Work - Marana Yoga *Pradosha Vrata (Fasting)*

5 Monday, December 11, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Tokyo, Japan
 Vishakha/Anuradha Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 238
 Tula Rasi: 27.57 Tithi 28 – 29 **Gulika** 12:49PM – 2:02PM **Vishakha Until 3:44PM** **Ganesha:** Green Sunrise: 6:40AM Sobhana 5125
 Family Home Evening Yama 10:21AM – 11:35AM Sukarma Until 12:28AM Tue **Muruga:** Clear Sunset: 4:30PM Moon 12 - Phase 33 - 13
 776936575 **Rahu** 7:54AM – 9:08AM Visti Until 10:25PM **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga Moon – Orange **Devaloka Day**
 Until 3:44PM **Karttika*Karttikai**
 Then Creative Work - Siddha Yoga

Tuesday, December 12, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Tokyo, Japan
 Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 239
 Vrischika Rasi: 11.18 Tithi 29 – 30 **Gulika** 11:36AM – 12:49PM **Anuradha Until 3:27PM** **Ganesha:** Green Sunrise: 6:41AM Sobhana 5125
 Yama 9:08AM – 10:22AM Dhriti Until 10:21PM **Muruga:** Clear Sunset: 4:30PM Moon 12 - Phase 33 - 14
 776936575 **Rahu** 2:03PM – 3:16PM Catuspada Until 9:19PM **Nataraja:** Purple Amavasya
 Creative Work Siddha Yoga Moon – Orange **Devaloka Day**
 Until 3:27PM **Karttika*Karttikai**
 Then Routine Work - Marana Yoga

Wednesday, December 13, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Tokyo, Japan
 Jyeshtha*/Mula* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 15 Sutra 240
 Vrischika Rasi: 25.01 Tithi 30 – 1 **Gulika** 10:22AM – 11:36AM **Jyeshtha* Until 2:26PM** **Ganesha:** Green Sunrise: 6:42AM Sobhana 5125
 Yama 7:55AM – 9:09AM Shula* Until 7:46PM **Muruga:** Clear Sunset: 4:30PM Moon 12 - Phase 33 - 15
 776936575 **Rahu** 11:36AM – 12:50PM Kintughna Until 7:40PM **Nataraja:** Purple Prathama
 Creative Work Siddha Yoga Moon – Orange **Devaloka Day**
 Until 2:26PM **Margasira*Karttikai**
 Then Routine Work - Marana Yoga

1	Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Tokyo, Japan
	Dhanus Rasi: 9.02	Tithi 1 – 2	Gulika 9:10AM – 10:23AM	Mula* Until 1:15PM	Ganesha: White	Sunrise: 6:43AM	Sun 16 Sutra 241
	81137575	786937575	Yama 6:43AM – 7:56AM	Ganda* Until 4:52PM	Muruga: White	Sunset: 4:30PM	Sobhana 5125
Creative Work	Siddha Yoga	Rahu 12:50PM – 2:03PM	Kaulava Until 4:25AM Fri	Nataraja: Purple	Moon – Light Blue	Moon 12 - Phase 34 - 16	
			Prathama* Until 6:39AM	Margasira*Karttikai		3rd Phase	
						Sivaloka Day	

2	Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau				Tokyo, Japan
	Dhanus Rasi: 23.17	Tithi 3	Gulika 7:57AM – 9:10AM	Purvashadha* Until 11:38AM	Ganesha: White	Sunrise: 6:43AM	Sun 17 Sutra 242
	81137575	786937575	Yama 2:04PM – 3:17PM	Vridhi Until 1:45PM	Muruga: White	Sunset: 4:31PM	Sobhana 5125
Routine Work	Prabalarishta Yoga	Rahu 10:24AM – 11:37AM	Taitila Until 3:14PM	Nataraja: Purple	Moon – Light Blue	Moon 12 - Phase 34 - 17	
Until 11:38AM			Tritiya Until 1:59AM Sat	Margasira*Karttikai		3rd Phase	
Then Routine Work - Marana Yoga						Sivaloka Day	

3	Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthayam Titau				Tokyo, Japan
	Makara Rasi: 7.4	Tithi 4	Gulika 6:44AM – 7:57AM	Uttarashadha Until 9:44AM	Ganesha: Clear	Sunrise: 6:44AM	Sun 18 Sutra 243
	81137575	787937575	Yama 12:51PM – 2:04PM	Dhruva Until 10:30AM	Muruga: White	Sunset: 4:31PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 9:11AM – 10:24AM	Vanija Until 12:45PM	Nataraja: Purple	Moon – Light Blue	Moon 12 - Phase 34 - 18	
Until 9:44AM			Chaturthi* Until 11:29PM	Margasira*Markali		3rd Phase	
Then Creative Work - Siddha Yoga		Markali Pillaiyar				Subha Sivaloka Day	

4	Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Tokyo, Japan
	Makara Rasi: 22.04	Tithi 5	Gulika 2:05PM – 3:18PM	Shravana Until 8:05AM	Ganesha: Clear	Sunrise: 6:45AM	Sun 19 Sutra 244
	81137575	897937575	Yama 11:38AM – 12:51PM	Vyaghata* Until 7:15AM	Muruga: White	Sunset: 4:31PM	Sobhana 5125
Creative Work	Amrita Yoga	Rahu 3:18PM – 4:31PM	Bava Until 10:16AM	Nataraja: Purple	Moon – Purple	Moon 12 - Phase 34 - 19	
Until 8:05AM			Panchami Until 9:02PM	Margasira*Markali		3rd Phase	
Then Routine Work - Marana Yoga						Subha Sivaloka Day	

5	Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Tokyo, Japan
	Kumbha Rasi: 6.26	Tithi 6	Gulika 12:52PM – 2:05PM	Dhanishtha Until 6:23AM	Ganesha: Clear	Sunrise: 6:45AM	Sun 20 Sutra 245
	81137575	897937575	Yama 10:25AM – 11:38AM	Vajra* Until 1:00AM Tue	Muruga: White	Sunset: 4:32PM	Sobhana 5125
Family Home Evening		Rahu 7:59AM – 9:12AM	Kaulava Until 7:53AM	Nataraja: Purple	Moon – Purple	Moon 12 - Phase 34 - 20	
Creative Work	Siddha Yoga		Shashthi* Until 6:44PM	Margasira*Markali		3rd Phase	
						Subha Sivaloka Day	
						Vinayaga Viratam Ends	

6	Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprashthapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tokyo, Japan
	Kumbha Rasi: 20.4	Tithi 7 – 8	Gulika 11:39AM – 12:52PM	Purvaprashthapada* Until 3:32AM Wed	Ganesha: Clear	Sunrise: 6:46AM	Sun 21 Sutra 246
	81137575	817137575	Yama 9:12AM – 10:26AM	Siddhi Until 10:07PM	Muruga: White	Sunset: 4:32PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 2:05PM – 3:19PM	Visti Until 3:41AM Wed	Nataraja: Purple	Moon – Clear	Moon 12 - Phase 34 - 21	
Until 3:32AM Wed			Saptami Until 4:38PM	Margasira*Markali		3rd Phase	
Then Creative Work - Siddha Yoga						Subha Sivaloka Day	

D	Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprashthapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 10:26AM – 11:39AM	Uttaraprashthapada Until 2:29AM Thu	Ganesha: Clear	Sunrise: 6:46AM	Sun 22 Sutra 247
	Meena Rasi: 4.46	Tithi 8 – 9	Yama 8:00AM – 9:13AM	Vyatipata* Until 7:27PM	Muruga: White	Sunset: 4:32PM	Sobhana 5125
81137575	817137575	Rahu 11:39AM – 12:53PM	Balava Until 1:57AM Thu	Nataraja: Purple	Moon – Clear	Moon 12 - Phase 34 - 22	
Creative Work	Siddha Yoga		Ashtami* Until 2:46PM	Margasira*Markali		Ashtami	
						Subha Sivaloka Day	

D	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Variyan/Parigaha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 9:13AM – 10:27AM	Revati Until 1:32AM Fri	Ganesha: Clear	Sunrise: 6:47AM	Sun 23 Sutra 248
	Meena Rasi: 18.41	Tithi 9 – 10	Yama 6:47AM – 8:00AM	Variyan Until 4:58PM	Muruga: White	Sunset: 4:33PM	Sobhana 5125
81137575	817137575	Rahu 12:53PM – 2:06PM	Taitila Until 12:29AM Fri	Nataraja: Purple	Moon – Clear	Moon 12 - Phase 34 - 23	
Creative Work	Siddha Yoga		Navami* Until 1:10PM	Margasira*Markali		Navami	
Until 1:32AM Fri		Day 1 of Pancha Ganapati				Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22


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1	Friday, December 22, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Tokyo, Japan Sun 24 Sutra 249 Sobhana 5125
	Mesha Rasi: 2.28 Tithi 10 – 11 Creative Work Amrita Yoga Until 1:08AM Sat Then Creative Work - Siddha Yoga	Gulika 8:01AM – 9:14AM Yama 2:07PM – 3:20PM 828137575 Rahu 10:27AM – 11:40AM Vaikuntha Ekadasi Gita Jayanthi Day 2 of Pancha Ganapati	Ashvini Until 1:08AM Sat Parigha* Until 2:42PM Vanija Until 11:17PM Dashami Until 11:50AM

2	Saturday, December 23, 2023	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Tokyo, Japan Sun 25 Sutra 250 Sobhana 5125
	Mesha Rasi: 16.04 Tithi 11 – 12 Creative Work Siddha Yoga	Gulika 6:48AM – 8:01AM Yama 12:54PM – 2:07PM 828137575 Rahu 9:14AM – 10:28AM Day 3 of Pancha Ganapati	Bharani Until 12:51AM Sun Shiva Until 12:40PM Bava Until 10:21PM Ekadashi Until 10:46AM

3	Sunday, December 24, 2023	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tokyo, Japan Sun 26 Sutra 251 Sobhana 5125
	Mesha Rasi: 29.32 Tithi 12 – 13 Creative Work Siddha Yoga Until 12:42AM Mon Then Creative Work - Amrita Yoga	Gulika 2:08PM – 3:21PM Yama 11:41AM – 12:55PM 828137575 Rahu 3:21PM – 4:34PM Day 4 of Pancha Ganapati	Krittika Until 12:42AM Mon Siddha Until 10:48AM Kaulava Until 9:42PM Dvadashi Until 9:58AM

4	Monday, December 25, 2023	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Tokyo, Japan Sun 27 Sutra 252 Sobhana 5125
	Vrishabha Rasi: 12.5 Tithi 13 – 14 Family Home Evening Creative Work Amrita Yoga Until 1:10AM Tue Then Creative Work - Siddha Yoga	Gulika 12:58PM – 3:08PM Yama 10:29AM – 11:42AM 838137575 Rahu 8:02AM – 9:15AM Day 5 of Pancha Ganapati	Rohini Until 1:10AM Tue Sadhya Until 9:12AM Gara Until 9:22PM Trayodashi Until 9:28AM

	Tuesday, December 26, 2023	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Tokyo, Japan Sun 28 Sutra 253 Sobhana 5125
	Vrishabha Rasi: 25.57 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 11:42AM – 12:56PM Yama 9:16AM – 10:29AM 838137575 Rahu 2:09PM – 3:22PM	Mrigashira Until 1:52AM Wed Subha Until 7:53AM Visti Until 9:25PM Chaturdashi* Until 9:19AM

	Wednesday, December 27, 2023	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Tokyo, Japan Sun 29 Sutra 254 Sobhana 5125
	Mithuna Rasi: 8.52 Tithi 15 – 16 Creative Work Siddha Yoga Until 2:49AM Thu Then Creative Work - Amrita Yoga	Gulika 10:30AM – 11:43AM Yama 8:03AM – 9:16AM 838137576 Rahu 11:43AM – 12:56PM Ardra Darshanam	Ardra Until 2:49AM Thu Sukla Until 6:51AM Balava Until 9:54PM Purnima* Until 9:35AM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11



Thursday, December 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tokyo, Japan
Sutra 255

Mithuna Rasi: 21.35 Tithi 16 – 17

Gulika 9:17AM – 10:30AM
Yama 6:50AM – 8:03AM
848137576 **Rahu** 12:57PM – 2:10PM

Punarvasu Until 4:34AM Fri
Brahma Until 6:10AM
Taitila Until 10:51PM

Ganesha: Yellow *Sunrise:* 6:50AM
Muruga: White *Sunset:* 4:37PM
Nataraja: Clear

Moon 13 - Phase 36 - 1st Phase

Creative Work Amrita Yoga

Until 4:34AM Fri

Then Routine Work - Marana Yoga

Moon – Blue
Margasira*Markali

Sivaloka Day

1

Friday, December 29, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tokyo, Japan
Sutra 256

Kataka Rasi: 4.04 Tithi 17 – 18

Gulika 8:04AM – 9:17AM
Yama 2:11PM – 3:24PM
849137576 **Rahu** 10:31AM – 11:44AM

Pushya Until 6:38AM Sat
Vaidhriti* Until 5:56AM Sat
Vanija Until 12:19AM Sat

Ganesha: Blue *Sunrise:* 6:50AM
Muruga: White *Sunset:* 4:38PM
Nataraja: Clear

Moon 13 - Phase 36 - 1st Phase

Routine Work Marana Yoga

Until 6:38AM

Then Routine Work - Marana Yoga

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

2

Saturday, December 30, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Tokyo, Japan
Sutra 257

Kataka Rasi: 16.2 Tithi 18 – 19

Gulika 6:51AM – 8:04AM
Yama 12:58PM – 2:11PM
849137576 **Rahu** 9:18AM – 10:31AM

Pushya Until 6:38AM
Vishkambha* Until 6:22AM Sun
Bava Until 2:17AM Sun

Ganesha: Blue *Sunrise:* 6:51AM
Muruga: White *Sunset:* 4:38PM
Nataraja: Clear

Moon 13 - Phase 36 - 2nd Phase

Creative Work Siddha Yoga

Until 6:38AM

Then Routine Work - Marana Yoga

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

3

Sunday, December 31, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Megha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tokyo, Japan
Sutra 258

Kataka Rasi: 28.25 Tithi 19 – 20

Gulika 2:12PM – 3:25PM
Yama 11:45AM – 12:58PM
849137576 **Rahu** 3:25PM – 4:39PM

Ashlesha* Until 8:59AM
Vishkambha* Until 6:22AM
Kaulava Until 4:39AM Mon

Ganesha: Blue *Sunrise:* 6:51AM
Muruga: White *Sunset:* 4:39PM
Nataraja: Clear

Moon 13 - Phase 36 - 3rd Phase

Creative Work Siddha Yoga

Until 8:59AM

Then Routine Work - Marana Yoga

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

4

Monday, January 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Tokyo, Japan
Sutra 259

Simha Rasi: 10.2 Tithi 20 – 21

Gulika 1:00PM – 2:13PM
Yama 10:32AM – 11:46AM
859137576 **Rahu** 8:05AM – 9:19AM

Magha* Until 12:02PM
Priti Until 7:06AM
Gara Until 7:17AM Tue

Ganesha: Red *Sunrise:* 6:51AM
Muruga: White *Sunset:* 4:40PM
Nataraja: Clear

Moon 13 - Phase 36 - 4th Phase

Family Home Evening
Routine Work Marana Yoga

Until 12:02PM

Then Creative Work - Siddha Yoga

Moon – Red
Margasira*Markali

Sivaloka Day

5

Tuesday, January 2, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthiyam Titau

Tokyo, Japan
Sutra 260

Simha Rasi: 22.1 Tithi 21

Gulika 11:46AM – 1:00PM
Yama 9:19AM – 10:33AM
859137576 **Rahu** 2:14PM – 3:28PM

Purvaphalguni Until 3:07PM
Ayushman Until 8:00AM
Gara Until 7:17AM

Ganesha: Red *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:41PM
Nataraja: Clear

Moon 13 - Phase 36 - 5th Phase

Creative Work Siddha Yoga

Until 3:07PM

Then Creative Work - Amrita Yoga

Moon – Red
Margasira*Markali

Sivaloka Day

6

Wednesday, January 3, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Tokyo, Japan
Sutra 261

Kanya Rasi: 3.58 Tithi 22

Gulika 10:33AM – 11:47AM
Yama 8:05AM – 9:19AM
859137576 **Rahu** 11:47AM – 1:01PM

Uttaraphalguni Until 6:02PM
Saubhagya Until 8:57AM
Visti Until 9:59AM

Ganesha: Red *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:42PM
Nataraja: Clear

Moon 13 - Phase 36 - 6th Phase

Creative Work Amrita Yoga

Until 6:02PM

Then Routine Work - Marana Yoga

Moon – Red
Margasira*Markali

Sivaloka Day

D

Thursday, January 4, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tokyo, Japan
Sutra 262

Kanya Rasi: 15.5 Tithi 23

Gulika 9:20AM – 10:33AM
Yama 6:52AM – 8:06AM
869137576 **Rahu** 1:01PM – 2:15PM

Hasta Until 9:01PM
Sobhana Until 9:47AM
Balava Until 12:30PM

Ganesha: Green *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:43PM
Nataraja: Clear

Moon 13 - Phase 36 - 7th Phase

Routine Work Marana Yoga

Until 9:01PM

Then Creative Work - Siddha Yoga

Moon – Green
Margasira*Markali

Subha Sivaloka Day

Friday, January 5, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Tokyo, Japan
Sutra 263

Kanya Rasi: 27.5 Tithi 24

Gulika 8:06AM – 9:20AM
Yama 2:16PM – 3:30PM
869137576 **Rahu** 10:34AM – 11:48AM

Chitra Until 11:18PM
Athiganda* Until 10:16AM
Taitila Until 2:32PM

Ganesha: Green *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:44PM
Nataraja: Clear

Moon 13 - Phase 36 - 8th Phase

Creative Work Siddha Yoga

Subramuniyaswami Jayanti

Navami* Until 3:17AM Sat

Moon – Green
Margasira*Markali

Subha Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Saturday, January 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau	Tokyo, Japan Sun 9 Sutra 264 Sobhana 5125
	Tula Rasi: 10.06 Tithi 25	Gulika 6:52AM – 8:06AM Yama 1:02PM – 2:16PM 861137576 Rahu 9:20AM – 10:34AM	Svati Until 12:44AM Sun Sukarma Until 10:16AM Vanija Until 3:53PM Dashami Until 4:13AM Sun

Creative Work Siddha Yoga
Until 12:44AM Sun
Then Routine Work - Marana Yoga

Ganesha: Orange *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:45PM
Nataraja: Clear
Moon – Green
Sivaloka Day
Margasira*Markali

2	Sunday, January 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau	Tokyo, Japan Sun 10 Sutra 265 Sobhana 5125
	Tula Rasi: 22.43 Tithi 26	Gulika 2:17PM – 3:31PM Yama 11:49AM – 1:03PM 871137576 Rahu 3:31PM – 4:45PM	Vishakha Until 1:38AM Mon Dhriti Until 9:40AM Bava Until 4:23PM Ekadashi* Until 4:17AM Mon

Routine Work Marana Yoga
Until 1:38AM Mon
Then Creative Work - Siddha Yoga

Ganesha: Light Blue *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:45PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Margasira*Markali

3	Monday, January 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Tokyo, Japan Sun 11 Sutra 266 Sobhana 5125
	Vrischika Rasi: 5.43 Tithi 27	Gulika 1:03PM – 2:18PM Yama 10:35AM – 11:49AM 871137576 Rahu 8:06AM – 9:20AM	Anuradha Until 1:32AM Tue Shula* Until 8:21AM Kaulava Until 4:01PM Dvadashi* Until 3:30AM Tue

Family Home Evening
Creative Work Siddha Yoga
Until 1:32AM Tue
Then Routine Work - Marana Yoga

Ganesha: Light Blue *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:46PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Margasira*Markali

4	Tuesday, January 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhi* Yoga Gara/Vanija Karana Trayodashyam Titau	Tokyo, Japan Sun 12 Sutra 267 Sobhana 5125
	Vrischika Rasi: 19.11 Tithi 28	Gulika 11:50AM – 1:04PM Yama 9:21AM – 10:35AM 871137576 Rahu 2:18PM – 3:33PM	Jyeshtha* Until 12:32AM Wed Ganda* Until 6:24AM Gara Until 2:49PM Trayodashi* Until 1:55AM Wed

Routine Work Marana Yoga


Ganesha: Light Blue *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:47PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Margasira*Markali

Pradosha Vrata (Fasting)

5	Wednesday, January 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Tokyo, Japan Sun 13 Sutra 268 Sobhana 5125
	Dhanus Rasi: 3.07 Tithi 29	Gulika 10:35AM – 11:50AM Yama 8:06AM – 9:21AM 881137576 Rahu 11:50AM – 1:04PM	Mula* Until 11:09PM Dhruva Until 12:46AM Thu Visti Until 12:53PM Chaturdashi* Until 11:41PM

Routine Work Marana Yoga
Until 11:09PM
Then Creative Work - Amrita Yoga

Ganesha: Purple *Sunrise:* 6:52AM
Muruga: White *Sunset:* 4:48PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Margasira*Markali

	Thursday, January 11, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Tokyo, Japan Sun 14 Sutra 269 Sobhana 5125
	Dhanus Rasi: 17.27 Tithi 30	Gulika 9:21AM – 10:36AM Yama 6:52AM – 8:06AM 881137576 Rahu 1:05PM – 2:20PM	Purvashadha* Until 9:09PM Vyaghata* Until 9:18PM Catuspada Until 10:24AM Amavasya* Until 8:58PM

Retreat Star
Creative Work Siddha Yoga
Until 9:09PM
Then Routine Work - Marana Yoga

Hanumath Jayanthi (Tamil Nadu)
Devaloka Day
Margasira*Markali

	Friday, January 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau	Tokyo, Japan Sun 15 Sutra 270 Sobhana 5125
	Makara Rasi: 2.05 Tithi 1 – 2	Gulika 8:06AM – 9:21AM Yama 2:20PM – 3:35PM 881137576 Rahu 10:36AM – 11:51AM	Uttarashadha Until 6:41PM Harshana Until 5:36PM Kintughna Until 7:30AM Prathama* Until 5:56PM

Routine Work Marana Yoga

Devaloka Day
Pausha*Markali

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Saturday, January 13, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shrivana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Tokyo, Japan
	Makara Rasi: 16.55	Tithi 2 – 3	Gulika 6:51AM – 8:06AM	Shravana Until 4:21PM	Ganesha: Purple	Sunrise: 6:51AM
	891237576	Yama 1:06PM – 2:21PM	Yama 1:06PM – 2:21PM	Vajra* Until 1:44PM	Muruga: White	Sunset: 4:51PM
Creative Work	Siddha Yoga	Rahu 9:21AM – 10:36AM	Taitila Until 1:09AM Sun	Nataraja: Clear	Moon 13 - Phase 38 - 16	Sobhana 5125
			Dvitiya Until 2:44PM	Moon – Purple	3rd Phase	
				Pausha*Markali	Devaloka Day	

2	Sunday, January 14, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Tokyo, Japan
	Kumbha Rasi: 1.46	Tithi 3 – 4	Gulika 2:22PM – 3:37PM	Dhanishtha Until 1:54PM	Ganesha: Purple	Sunrise: 6:51AM
	891237576	Yama 11:51AM – 1:07PM	Yama 11:51AM – 1:07PM	Siddhi Until 9:54AM	Muruga: White	Sunset: 4:52PM
Routine Work	Marana Yoga	Rahu 3:37PM – 4:52PM	Vanija Until 10:02PM	Nataraja: Clear	Moon 13 - Phase 38 - 17	Sobhana 5125
Until 1:54PM			Tritiya Until 11:33AM	Moon – Purple	3rd Phase	
Then Creative Work - Siddha Yoga				Pausha*Markali	Devaloka Day	

3	Monday, January 15, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tokyo, Japan
	Kumbha Rasi: 16.32	Tithi 4 – 5	Gulika 1:07PM – 2:22PM	Shatabhishak Until 11:30AM	Ganesha: Purple	Sunrise: 6:51AM
	891237576	Yama 10:37AM – 11:52AM	Yama 10:37AM – 11:52AM	Vyatipata* Until 6:11AM	Muruga: White	Sunset: 4:53PM
Family Home Evening		Rahu 8:06AM – 9:21AM	Bava Until 7:09PM	Nataraja: Clear	Moon 13 - Phase 38 - 18	Sobhana 5125
Creative Work	Siddha Yoga		Chaturthi* Until 8:32AM	Moon – Purple	3rd Phase	
Until 11:30AM		Thai Pongal		Pausha*Thai	Devaloka Day	
Then Routine Work - Marana Yoga						

4	Tuesday, January 16, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Tokyo, Japan
	Meena Rasi: 1.07	Tithi 6	Gulika 11:52AM – 1:08PM	Purvaproshtapada* Until 9:40AM	Ganesha: White	Sunrise: 6:50AM
	812237576	Yama 9:21AM – 10:37AM	Yama 9:21AM – 10:37AM	Parigha* Until 11:30PM	Muruga: White	Sunset: 4:54PM
Routine Work	Marana Yoga	Rahu 2:23PM – 3:38PM	Kaulava Until 4:36PM	Nataraja: Clear	Moon 13 - Phase 38 - 19	Sobhana 5125
Until 9:40AM			Shashthi* Until 3:28AM Wed	Moon – Clear	3rd Phase	
Then Creative Work - Amrita Yoga				Pausha*Thai	Devaloka Day	

5	Wednesday, January 17, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Tokyo, Japan
	Meena Rasi: 15.25	Tithi 7	Gulika 10:37AM – 11:53AM	Uttaraproshtapada Until 8:07AM	Ganesha: White	Sunrise: 6:50AM
	812237576	Yama 8:06AM – 9:21AM	Yama 8:06AM – 9:21AM	Shiva Until 8:41PM	Muruga: White	Sunset: 4:55PM
Creative Work	Siddha Yoga	Rahu 11:53AM – 1:08PM	Gara Until 2:29PM	Nataraja: Clear	Moon 13 - Phase 38 - 20	Sobhana 5125
Until 8:07AM			Saptami Until 1:36AM Thu	Moon – Clear	3rd Phase	
Then Routine Work - Marana Yoga				Pausha*Thai	Devaloka Day	

D	Thursday, January 18, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Tokyo, Japan
	Meena Rasi: 29.24	Tithi 8	Gulika 9:21AM – 10:37AM	Revati Until 6:53AM	Ganesha: White	Sunrise: 6:50AM
	812237576	Yama 6:50AM – 8:06AM	Yama 6:50AM – 8:06AM	Siddha Until 6:15PM	Muruga: White	Sunset: 4:56PM
Creative Work	Siddha Yoga	Rahu 1:09PM – 2:24PM	Visti Until 12:52PM	Nataraja: Clear	Moon 13 - Phase 38 - 21	Sobhana 5125
Until 6:53AM			Ashtami* Until 12:14AM Fri	Moon – Clear	Ashtami	
Then Creative Work - Amrita Yoga				Pausha*Thai	Devaloka Day	

D	Friday, January 19, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau				Tokyo, Japan
	Mesha Rasi: 13.05	Tithi 9	Gulika 8:05AM – 9:21AM	Ashvini Until 6:26AM	Ganesha: Yellow	Sunrise: 6:49AM
	822237576	Yama 2:25PM – 3:41PM	Yama 2:25PM – 3:41PM	Sadhya Until 4:13PM	Muruga: White	Sunset: 4:57PM
Creative Work	Amrita Yoga	Rahu 10:37AM – 11:53AM	Balava Until 11:45AM	Nataraja: Clear	Moon 13 - Phase 38 - 22	Sobhana 5125
Until 6:26AM			Navami* Until 11:22PM	Moon – White	Navami	
Then Creative Work - Siddha Yoga				Pausha*Thai	Sivaloka Day	


1	Saturday, January 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Tokyo, Japan
		Bharani/Krittika Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 278
		Gulika 6:49AM – 8:05AM	Bharani Until 6:19AM	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	Sobhana 5125
Mesha Rasi: 26.29	Tithi 10	Yama 1:10PM – 2:26PM	Subha Until 2:35PM	Muruga: White	<i>Sunset:</i> 4:58PM	Moon 13 - Phase 39 - 23
	822237576	Rahu 9:21AM – 10:37AM	Taitila Until 11:08AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:58PM	Moon – White		Sivaloka Day
Until 6:19AM				Pausha*Thai		
Then Creative Work - Amrita Yoga						


2	Sunday, January 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
		Krittika/Rohini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 279
		Gulika 2:26PM – 3:43PM	Krittika Until 6:30AM	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	Sobhana 5125
Mrishabha Rasi: 9.38	Tithi 11	Yama 11:54AM – 1:10PM	Sukla Until 1:17PM	Muruga: White	<i>Sunset:</i> 4:59PM	Moon 13 - Phase 39 - 24
	822237576	Rahu 3:43PM – 4:59PM	Vanija Until 10:57AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:00PM	Moon – White		Sivaloka Day
				Pausha*Thai		

3	Monday, January 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Tokyo, Japan
		Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 280
		Gulika 1:10PM – 2:27PM	Rohini Until 7:24AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	Sobhana 5125
Mrishabha Rasi: 22.34	Tithi 12	Yama 10:38AM – 11:54AM	Brahma Until 12:17PM	Muruga: White	<i>Sunset:</i> 5:00PM	Moon 13 - Phase 39 - 25
Family Home Evening		Rahu 8:05AM – 9:21AM	Bava Until 11:11AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 11:25PM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

4	Tuesday, January 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
		Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 281
		Gulika 11:54AM – 1:11PM	Mrigashira Until 8:30AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	Sobhana 5125
Mithuna Rasi: 5.2	Tithi 13	Yama 9:21AM – 10:38AM	Indra Until 11:36AM	Muruga: White	<i>Sunset:</i> 5:01PM	Moon 13 - Phase 39 - 26
	832237576	Rahu 2:28PM – 3:44PM	Kaulava Until 11:48AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:13AM Wed	Moon – Yellow		Devaloka Day
Until 8:30AM				Pausha*Thai		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5	Wednesday, January 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Tokyo, Japan
		Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 282
		Gulika 10:38AM – 11:55AM	Ardra Until 9:48AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Sobhana 5125
Mithuna Rasi: 17.55	Tithi 14	Yama 8:04AM – 9:21AM	Vaidhriti* Until 11:10AM	Muruga: White	<i>Sunset:</i> 5:02PM	Moon 13 - Phase 39 - 27
	832237576	Rahu 11:55AM – 1:11PM	Gara Until 12:46PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:23AM Thu	Moon – Yellow		Devaloka Day
				Pausha*Thai		

	Thursday, January 25, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Tokyo, Japan
	Copper Retreat Star	Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 283
		Gulika 9:21AM – 10:38AM	Punarvasu Until 11:47AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Sobhana 5125
Kataka Rasi: 0.21	Tithi 15	Yama 6:47AM – 8:04AM	Vishkambha* Until 11:02AM	Muruga: White	<i>Sunset:</i> 5:03PM	Moon 13 - Phase 39 -
	942237576	Rahu 1:12PM – 2:29PM	Visti Until 2:07PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Purnima* Until 2:55AM Fri	Moon – Blue		Devaloka Day
		Thai Pusam		Pausha*Thai		

	Friday, January 26, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
	Silver Retreat Star	Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 284
		Gulika 8:03AM – 9:20AM	Pushya Until 1:57PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Sobhana 5125
Kataka Rasi: 12.37	Tithi 16	Yama 2:29PM – 3:47PM	Priti Until 11:11AM	Muruga: White	<i>Sunset:</i> 5:04PM	Moon 13 - Phase 39 -
	942237576	Rahu 10:38AM – 11:55AM	Balava Until 3:50PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 4:49AM Sat	Moon – Blue		Devaloka Day
				Pausha*Thai		



Saturday, January 27, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Tokyo, Japan

Sutra 285

Sobhana 5125

Kataka Rasi: 24.44 Tithi 17

Gulika 6:45AM - 8:03AM
Yama 1:13PM - 2:30PM
Rahu 9:20AM - 10:38AM

Ashlesha* Until 4:19PM

Ayushman Until 11:35AM

Taitila Until 5:56PM

Dvitiya Until 7:05AM Sun

Ganesha: Blue Sunrise: 6:45AM

Muruga: White Sunset: 5:05PM

Nataraja: Clear

Moon - Blue
Pausha*Thai

Moon 1 - Phase 40 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 4:19PM

Then Creative Work - Amrita Yoga

1

Sunday, January 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tokyo, Japan

Sutra 286

Sobhana 5125

Simha Rasi: 6.43 Tithi 17 - 18

Gulika 2:31PM - 3:48PM
Yama 11:55AM - 1:13PM
Rahu 3:48PM - 5:06PM

Magha* Until 7:19PM

Saubhagya Until 12:16PM

Vanija Until 8:21PM

Dvitiya Until 7:05AM

Ganesha: Red Sunrise: 6:45AM

Muruga: White Sunset: 5:06PM

Nataraja: Clear

Moon - Red
Pausha*Thai

Moon 1 - Phase 40 - 1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 7:19PM

Then Creative Work - Siddha Yoga

2

Monday, January 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Tokyo, Japan

Sutra 287

Sobhana 5125

Simha Rasi: 18.36 Tithi 18 - 19

Gulika 1:13PM - 2:31PM
Yama 10:38AM - 11:56AM
Rahu 8:02AM - 9:20AM

Purvaphalguni Until 10:23PM

Sobhana Until 1:09PM

Bava Until 11:00PM

Tritiya Until 9:38AM

Ganesha: Yellow Sunrise: 6:44AM

Muruga: White Sunset: 5:07PM

Nataraja: Clear

Moon - Red
Pausha*Thai

Moon 1 - Phase 40 - 2nd Phase

Sivaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

3

Tuesday, January 30, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tokyo, Japan

Sutra 288

Sobhana 5125

Kanya Rasi: 0.24 Tithi 19 - 20

Gulika 11:56AM - 1:14PM
Yama 9:20AM - 10:38AM
Rahu 2:32PM - 3:50PM

Uttaraphalguni Until 1:22AM Wed

Athiganda* Until 2:08PM

Kaulava Until 1:45AM Wed

Chaturthi* Until 12:22PM

Ganesha: Yellow Sunrise: 6:43AM

Muruga: White Sunset: 5:08PM

Nataraja: Clear

Moon - Red
Pausha*Thai

Moon 1 - Phase 40 - 3rd Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 1:22AM Wed

Then Routine Work - Marana Yoga

4

Wednesday, January 31, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tokyo, Japan

Sutra 289

Sobhana 5125

Kanya Rasi: 12.11 Tithi 20 - 21

Gulika 10:38AM - 11:56AM
Yama 8:01AM - 9:19AM
Rahu 11:56AM - 1:14PM

Hasta Until 4:36AM Thu

Sukarma Until 3:07PM

Gara Until 4:24AM Thu

Panchami Until 3:05PM

Ganesha: White Sunrise: 6:43AM

Muruga: White Sunset: 5:09PM

Nataraja: Clear

Moon - Green
Pausha*Thai

Moon 1 - Phase 40 - 4th Phase

Devaloka Day

Routine Work Marana Yoga

Until 4:36AM Thu

Then Creative Work - Siddha Yoga

5

Thursday, February 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tokyo, Japan

Sutra 290

Sobhana 5125

Kanya Rasi: 24.01 Tithi 21 - 22

Gulika 9:19AM - 10:38AM
Yama 6:43AM - 8:01AM
Rahu 1:14PM - 2:33PM

Chitra Until 7:19AM

Dhriti Until 3:56PM

Visti Until 6:41AM Fri

Shashthi* Until 5:34PM

Ganesha: White Sunrise: 6:43AM

Muruga: White Sunset: 5:09PM

Nataraja: Clear

Moon - Green
Pausha*Thai

Moon 1 - Phase 40 - 5th Phase

Devaloka Day

Creative Work Siddha Yoga

6

Friday, February 2, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Tokyo, Japan

Sutra 291

Sobhana 5125

Tula Rasi: 5.59 Tithi 22

Gulika 8:00AM - 9:19AM
Yama 2:33PM - 3:52PM
Rahu 10:37AM - 11:56AM

Chitra Until 7:19AM

Shula* Until 4:24PM

Visti Until 6:41AM

Saptami Until 7:35PM

Ganesha: White Sunrise: 6:42AM

Muruga: White Sunset: 5:10PM

Nataraja: Clear

Moon - Green
Pausha*Thai

Moon 1 - Phase 40 - 6th Phase

Devaloka Day

Creative Work Siddha Yoga

D

Saturday, February 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Tokyo, Japan

Sutra 292

Sobhana 5125

Tula Rasi: 18.12 Tithi 23

Gulika 6:41AM - 8:00AM
Yama 1:15PM - 2:34PM
Rahu 9:19AM - 10:37AM

Svati Until 9:19AM

Ganda* Until 4:22PM

Balava Until 8:22AM

Ashtami* Until 8:55PM

Ganesha: White Sunrise: 6:41AM

Muruga: White Sunset: 5:11PM

Nataraja: Clear

Moon - Green
Pausha*Thai

Moon 1 - Phase 40 - 7th Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, February 4, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Tokyo, Japan

Sutra 293

Sobhana 5125

Vrischika Rasi: 0.44 Tithi 24

Gulika 2:34PM - 3:53PM
Yama 11:56AM - 1:15PM
Rahu 3:53PM - 5:12PM

Vishakha Until 10:52AM

Vriddhi Until 3:43PM

Taitila Until 9:17AM

Navami* Until 9:23PM

Ganesha: Clear Sunrise: 6:40AM

Muruga: White Sunset: 5:12PM

Nataraja: Orange

Moon - Orange
Pausha*Thai

Moon 1 - Phase 40 - 8th Phase

Sivaloka Day


Routine Work Marana Yoga

1	Monday, February 5, 2024	Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam	Tokyo, Japan
		Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau	Sun 9 Sutra 294
		Gulika 1:16PM – 2:35PM	Anuradha Until 11:24AM
		Ganesha: Clear Sunrise: 6:39AM	Sobhana 5125
Vrischika Rasi: 13.41	Tithi 25	Yama 10:37AM – 11:56AM	Muruga: White Sunset: 5:13PM
Family Home Evening	973237577	Rahu 7:59AM – 9:18AM	Moon 1 - Phase 41 - 9
Creative Work	Siddha Yoga	Dhruva Until 2:21PM	2nd Phase
		Vanija Until 9:17AM	Sivaloka Day
		Dashami Until 8:56PM	Pausha*Thai

2	Tuesday, February 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam	Tokyo, Japan
		Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau	Sun 10 Sutra 295
		Gulika 11:56AM – 1:16PM	Jyeshtha* Until 10:55AM
		Ganesha: Clear Sunrise: 6:39AM	Sobhana 5125
Vrischika Rasi: 27.05	Tithi 26	Yama 9:18AM – 10:37AM	Muruga: White Sunset: 5:14PM
	973237577	Rahu 2:35PM – 3:55PM	Moon 1 - Phase 41 - 10
Routine Work	Marana Yoga	Vyaghata* Until 12:18PM	2nd Phase
Until 10:55AM		Bava Until 8:24AM	Sivaloka Day
Then Creative Work - Amrita Yoga		Ekadashi* Until 7:37PM	Pausha*Thai

3	Wednesday, February 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam	Tokyo, Japan
		Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Sun 11 Sutra 296
		Gulika 10:37AM – 11:57AM	Mula* Until 9:55AM
		Ganesha: Light Blue Sunrise: 6:38AM	Sobhana 5125
Dhanus Rasi: 11.01	Tithi 27 – 28	Yama 7:57AM – 9:17AM	Muruga: White Sunset: 5:15PM
	983337577	Rahu 11:57AM – 1:16PM	Moon 1 - Phase 41 - 11
Routine Work	Marana Yoga	Harshana Until 9:36AM	2nd Phase
Until 9:55AM		Kaulava Until 6:40AM	Devaloka Day
Then Creative Work - Amrita Yoga		Dvadashi* Until 5:31PM	Pausha*Thai
		<i>Pradosha Vrata (Fasting)</i>	

4	Thursday, February 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	Tokyo, Japan
		Mula*/Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Sun 12 Sutra 297
		Gulika 9:17AM – 10:37AM	Purvashadha* Until 8:04AM
		Ganesha: Light Blue Sunrise: 6:37AM	Sobhana 5125
Dhanus Rasi: 25.23	Tithi 28 – 29	Yama 6:37AM – 7:57AM	Muruga: White Sunset: 5:16PM
	983337577	Rahu 1:17PM – 2:36PM	Moon 1 - Phase 41 - 12
Creative Work	Siddha Yoga	Vajra* Until 6:19AM	2nd Phase
Until 8:04AM		Visti Until 1:13AM Fri	Devaloka Day
Then Routine Work - Marana Yoga		Trayodashi* Until 2:46PM	Pausha*Thai

	Friday, February 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam	Tokyo, Japan
	Retreat Star	Shravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Sun 13 Sutra 298
		Gulika 7:56AM – 9:16AM	Shravana Until 2:59AM Sat
		Ganesha: Purple Sunrise: 6:36AM	Sobhana 5125
Makara Rasi: 10.1	Tithi 29 – 30	Yama 2:37PM – 3:57PM	Muruga: White Sunset: 5:17PM
	993337577	Rahu 10:36AM – 11:57AM	Moon 1 - Phase 41 - 13
Routine Work	Marana Yoga	Vyatipata* Until 10:36PM	Amavasya
Until 2:59AM Sat		Catuspada Until 9:49PM	Devaloka Day
Then Creative Work - Siddha Yoga		Chaturdashi* Until 11:32AM	Pausha*Thai

	Saturday, February 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam	Tokyo, Japan
	Retreat Star	Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sun 14 Sutra 299
		Gulika 6:35AM – 7:55AM	Dhanishtha Until 12:05AM Sun
		Ganesha: Purple Sunrise: 6:35AM	Sobhana 5125
Makara Rasi: 25.13	Tithi 30 – 1	Yama 1:17PM – 2:37PM	Muruga: White Sunset: 5:18PM
	993337577	Rahu 9:16AM – 10:36AM	Moon 1 - Phase 41 - 14
Creative Work	Siddha Yoga	Variyan Until 6:24PM	Prathama
		Kintughna Until 6:12PM	Devaloka Day
		Amavasya* Until 8:00AM	Magha*Thai

1	Sunday, February 11, 2024	Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Parigha* Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau	Tokyo, Japan Sun 15 Sutra 300 Sobhana 5125
	Kumbha Rasi: 10.23 Tithi 2	Gulika 2:38PM – 3:59PM Shatabhishak Until 9:04PM Ganesha: Purple <i>Sunrise:</i> 6:34AM	
	993337577 Rahu 3:59PM – 5:19PM	Parigha* Until 2:10PM Balava Until 2:32PM Dvitiya Until 12:44AM Mon	Muruga: White <i>Sunset:</i> 5:19PM Nataraja: Orange Moon – Purple Magha*Thai

Creative Work Siddha Yoga **Devaloka Day**

2	Monday, February 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau	Tokyo, Japan Sun 16 Sutra 301 Sobhana 5125
	Kumbha Rasi: 25.31 Tithi 3	Gulika 1:18PM – 2:39PM Purvaproshtapada* Until 6:29PM Ganesha: Clear <i>Sunrise:</i> 6:33AM	
	913337577 Rahu 7:54AM – 9:15AM	Shiva Until 10:03AM Taitila Until 11:00AM Tritiya Until 9:19PM	Muruga: White <i>Sunset:</i> 5:20PM Nataraja: Orange Moon – Clear Magha*Thai

Routine Work Marana Yoga
Until 6:29PM
Then Creative Work - Siddha Yoga **Sivaloka Day**

3	Tuesday, February 13, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthayam Titau	Tokyo, Japan Sun 17 Sutra 302 Sobhana 5125
	Meena Rasi: 10.27 Tithi 4	Gulika 11:57AM – 1:18PM Uttaraproshtapada Until 4:07PM Ganesha: Orange <i>Sunrise:</i> 6:32AM	
	914337577 Rahu 2:39PM – 4:00PM	Siddha Until 6:08AM Vanija Until 7:44AM Chaturthi* Until 6:15PM	Muruga: White <i>Sunset:</i> 5:21PM Nataraja: Orange Moon – Clear Magha*Masi

Creative Work Amrita Yoga
Until 4:07PM
Then Creative Work - Siddha Yoga **Sivaloka Day**

4	Wednesday, February 14, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau	Tokyo, Japan Sun 18 Sutra 303 Sobhana 5125
	Meena Rasi: 25.04 Tithi 5 – 6	Gulika 10:35AM – 11:57AM Revati Until 2:04PM Ganesha: Orange <i>Sunrise:</i> 6:31AM	
	914337577 Rahu 11:57AM – 1:18PM	Subha Until 11:27PM Kaulava Until 2:37AM Thu Panchami Until 3:40PM	Muruga: White <i>Sunset:</i> 5:22PM Nataraja: Orange Moon – Clear Magha*Masi

Routine Work Marana Yoga **Sivaloka Day**

5	Thursday, February 15, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Tokyo, Japan Sun 19 Sutra 304 Sobhana 5125
	Mesha Rasi: 9.19 Tithi 6 – 7	Gulika 9:13AM – 10:35AM Ashvini Until 12:53PM Ganesha: Green <i>Sunrise:</i> 6:30AM	
	924347577 Rahu 1:18PM – 2:40PM	Sukla Until 8:49PM Gara Until 12:58AM Fri Shashthi* Until 1:41PM	Muruga: Clear <i>Sunset:</i> 5:23PM Nataraja: Orange Moon – White Magha*Masi

Creative Work Amrita Yoga
Until 12:53PM
Then Creative Work - Siddha Yoga **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

D	Friday, February 16, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Tokyo, Japan Sun 20 Sutra 305 Sobhana 5125
	Mesha Rasi: 23.08 Tithi 7 – 8	Gulika 7:51AM – 9:13AM Bharani Until 12:13PM Ganesha: Green <i>Sunrise:</i> 6:29AM	
	924347577 Rahu 10:35AM – 11:57AM	Brahma Until 6:43PM Visti Until 11:59PM Saptami Until 12:22PM	Muruga: Clear <i>Sunset:</i> 5:24PM Nataraja: Orange Moon – White Magha*Masi

Creative Work Siddha Yoga **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

D	Saturday, February 17, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Tokyo, Japan Sun 21 Sutra 306 Sobhana 5125
	Virshabha Rasi: 6.34 Tithi 8 – 9	Gulika 6:28AM – 7:50AM Krittika Until 12:04PM Ganesha: Green <i>Sunrise:</i> 6:28AM	
	924347577 Rahu 9:12AM – 10:34AM	Indra Until 5:11PM Balava Until 11:41PM Ashtami* Until 11:44AM	Muruga: Clear <i>Sunset:</i> 5:25PM Nataraja: Orange Moon – White Magha*Masi

Creative Work Amrita Yoga **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

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1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Tokyo, Japan
	934347577	Gulika 2:41PM – 4:04PM Yama 11:56AM – 1:19PM Rahu 4:04PM – 5:26PM	Sun 22 Sutra 307 Sobhana 5125
	934347577	Rohini Until 12:51PM Vaidhriti* Until 4:06PM Taitila Until 12:00AM Mon Navami* Until 11:45AM	Sunrise: 6:27AM Sunset: 5:26PM Moon 1 - Phase 43 - 22 4th Phase

Vishabha Rasi: 19.39 Tithi 9 – 10
 Creative Work Siddha Yoga
Ganesh: Red
Muruga: Clear
Nataraja: Orange
 Moon – Yellow
Devaloka Day
Magha*Mas

2	Monday, February 19, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Tokyo, Japan
	934347577	Gulika 1:19PM – 2:42PM Yama 10:34AM – 11:56AM Rahu 7:48AM – 9:11AM	Sun 23 Sutra 308 Sobhana 5125
	934347577	Mrigashira Until 2:03PM Vishkambha* Until 3:30PM Vanija Until 12:52AM Tue Dashami Until 12:21PM	Sunrise: 6:25AM Sunset: 5:27PM Moon 1 - Phase 43 - 23 4th Phase

Mithuna Rasi: 2.26 Tithi 10 – 11
Family Home Evening
 Creative Work Amrita Yoga
 Until 2:03PM
 Then Creative Work - Siddha Yoga
Ganesh: Red
Muruga: Clear
Nataraja: Orange
 Moon – Yellow
Devaloka Day
Magha*Mas

3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Tokyo, Japan
	934347577	Gulika 11:56AM – 1:19PM Yama 9:10AM – 10:33AM Rahu 2:42PM – 4:05PM	Sun 24 Sutra 309 Sobhana 5125
	934347577	Ardra Until 3:34PM Priti Until 3:16PM Bava Until 2:12AM Wed Ekadashi Until 1:28PM	Sunrise: 6:24AM Sunset: 5:28PM Moon 1 - Phase 43 - 24 4th Phase

Mithuna Rasi: 14.58 Tithi 11 – 12
 Routine Work Marana Yoga
 Until 3:34PM
 Then Creative Work - Siddha Yoga
Ganesh: Red
Muruga: Clear
Nataraja: Orange
 Moon – Yellow
Devaloka Day
Magha*Mas

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tokyo, Japan
	944347577	Gulika 10:33AM – 11:56AM Yama 7:46AM – 9:10AM Rahu 11:56AM – 1:19PM	Sun 25 Sutra 310 Sobhana 5125
	944347577	Punarvasu Until 5:48PM Ayushman Until 3:20PM Kaulava Until 3:55AM Thu Dvadashi Until 3:00PM	Sunrise: 6:23AM Sunset: 5:29PM Moon 1 - Phase 43 - 25 4th Phase


Mithuna Rasi: 27.19 Tithi 12 – 13
 Creative Work Siddha Yoga
Ganesh: Blue
Muruga: Clear
Nataraja: Orange
 Moon – Blue
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
Pradosha Vrata

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Tokyo, Japan
	944347577	Gulika 9:09AM – 10:33AM Yama 6:22AM – 7:46AM Rahu 1:20PM – 2:43PM	Sun 26 Sutra 311 Sobhana 5125
	944347577	Pushya Until 8:12PM Saubhagya Until 3:41PM Gara Until 5:57AM Fri Trayodashi Until 4:53PM	Sunrise: 6:22AM Sunset: 5:30PM Moon 1 - Phase 43 - 26 4th Phase


Kataka Rasi: 9.3 Tithi 13 – 14
 Creative Work Amrita Yoga
 Until 8:12PM
 Then Creative Work - Siddha Yoga
Ganesh: Blue
Muruga: Clear
Nataraja: Orange
 Moon – Blue
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
Magha*Mas

6	Friday, February 23, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Vanija Karana Chaturdashyam Titau	Tokyo, Japan
	944347577	Gulika 7:45AM – 9:08AM Yama 2:43PM – 4:07PM Rahu 10:32AM – 11:56AM	Sun 27 Sutra 312 Sobhana 5125
	944347577	Ashlesha* Until 10:43PM Sobhana Until 4:16PM Vanija Until 7:03PM Chaturdashi* Until 7:03PM	Sunrise: 6:21AM Sunset: 5:31PM Moon 1 - Phase 43 - 27 4th Phase

Kataka Rasi: 21.34 Tithi 14
 Routine Work Marana Yoga
Chidambaram Abhishekam
Ganesh: Blue
Muruga: Clear
Nataraja: Orange
 Moon – Blue
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
Magha*Mas

	Saturday, February 24, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau	Tokyo, Japan
	954347577	Gulika 6:20AM – 7:44AM Yama 1:20PM – 2:44PM Rahu 9:08AM – 10:32AM	Sun 28 Sutra 313 Sobhana 5125
	954347577	Magha* Until 1:47AM Sun Athiganda* Until 5:00PM Visti Until 8:15AM Purnima* Until 9:28PM	Sunrise: 6:20AM Sunset: 5:32PM Moon 1 - Phase 43 - Purnima

Simha Rasi: 3.31 Tithi 15
 Creative Work Amrita Yoga
 Until 1:47AM Sun
 Then Creative Work - Siddha Yoga
Ganesh: Yellow
Muruga: Clear
Nataraja: Orange
 Moon – Red
Devaloka Day
Magha*Mas

	Sunday, February 25, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau	Tokyo, Japan
	955347577	Gulika 2:44PM – 4:09PM Yama 11:56AM – 1:20PM Rahu 4:09PM – 5:33PM	Sun 29 Sutra 314 Sobhana 5125
	955347577	Purvaphalguni Until 4:50AM Mon Sukarma Until 5:54PM Balava Until 10:46AM Prathama* Until 12:04AM Mon	Sunrise: 6:18AM Sunset: 5:33PM Moon 1 - Phase 43 - Prathama

Simha Rasi: 15.24 Tithi 16
 Creative Work Siddha Yoga
Ganesh: White
Muruga: Clear
Nataraja: Orange
 Moon – Red
Sivaloka Day
Magha*Mas

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

**Monday, February 26, 2024****Gold Retreat Star**

Simha Rasi: 27.14 Tithi 17
Family Home Evening
 Creative Work Siddha Yoga

955347577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:20PM – 2:45PM
Yama 10:31AM – 11:55AM
Rahu 7:42AM – 9:06AM
Uttaraphalguni Until 7:47AM Tue
 Dhriti Until 6:53PM
 Taitila Until 1:25PM
Dvitiya Until 2:44AM Tue

Ganesha: White *Sunrise:* 6:17AM
Muruga: Clear *Sunset:* 5:34PM
Nataraja: Orange
 Moon – Red
Magha•Masi

Tokyo, Japan
 Sun 1 Sutra 315
 Sobhana 5125
 Moon 2 - Phase 44 - 1
 1st Phase

Sivaloka Day**1****Tuesday, February 27, 2024**

Kanya Rasi: 9.02 Tithi 18
 Creative Work Amrita Yoga
 Until 7:47AM
 Then Creative Work - Siddha Yoga

955347577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:55AM – 1:20PM
Yama 9:06AM – 10:30AM
Rahu 2:45PM – 4:10PM
Uttaraphalguni Until 7:47AM
 Shula* Until 7:51PM
 Vanija Until 4:05PM
Tritiya Until 5:23AM Wed

Ganesha: White *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 5:35PM
Nataraja: Orange
 Moon – Red
Magha•Masi

Tokyo, Japan
 Sun 2 Sutra 316
 Sobhana 5125
 Moon 2 - Phase 44 - 2
 1st Phase

Sivaloka Day**2****Wednesday, February 28, 2024**

Kanya Rasi: 20.5 Tithi 19
 Routine Work Marana Yoga
 Until 11:01AM
 Then Creative Work - Siddha Yoga

965347577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Ganda* Yoga Bava Karana Chaturthiyam Titau

Gulika 10:30AM – 11:55AM
Yama 7:40AM – 9:05AM
Rahu 11:55AM – 1:20PM
Hasta Until 11:01AM
 Ganda* Until 8:44PM
 Bava Until 6:40PM
Chaturthi* Until 7:50AM Thu

Ganesha: Clear *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 5:36PM
Nataraja: Orange
 Moon – Green
Magha•Masi

Tokyo, Japan
 Sun 3 Sutra 317
 Sobhana 5125
 Moon 2 - Phase 44 - 3
 1st Phase

Devaloka Day**3****Thursday, February 29, 2024**

Tula Rasi: 2.44 Tithi 19 – 20
 Creative Work Siddha Yoga
 Until 1:52PM
 Then Creative Work - Amrita Yoga

965347577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:04AM – 10:30AM
Yama 6:13AM – 7:39AM
Rahu 1:20PM – 2:46PM
Chitra Until 1:52PM
 Vriddhi Until 9:26PM
 Kaulava Until 8:57PM
Chaturthi* Until 7:50AM

Ganesha: Clear *Sunrise:* 6:13AM
Muruga: Clear *Sunset:* 5:37PM
Nataraja: Orange
 Moon – Green
Magha•Masi

Tokyo, Japan
 Sun 4 Sutra 318
 Sobhana 5125
 Moon 2 - Phase 44 - 4
 1st Phase

Devaloka Day**4****Friday, March 1, 2024**

Tula Rasi: 14.45 Tithi 20 – 21
 Creative Work Siddha Yoga

965347577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati/Vishakha Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:37AM – 9:03AM
Yama 2:46PM – 4:12PM
Rahu 10:29AM – 11:55AM
Svati Until 4:11PM
 Dhruva Until 9:45PM
 Gara Until 10:48PM
Panchami Until 9:56AM

Ganesha: Clear *Sunrise:* 6:11AM
Muruga: Clear *Sunset:* 5:38PM
Nataraja: Orange
 Moon – Green
Magha•Masi

Tokyo, Japan
 Sun 5 Sutra 319
 Sobhana 5125
 Moon 2 - Phase 44 - 5
 1st Phase

Devaloka Day**5****Saturday, March 2, 2024**

Tula Rasi: 26.58 Tithi 21 – 22
 Creative Work Siddha Yoga

975347577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:09AM – 7:36AM
Yama 1:21PM – 2:47PM
Rahu 9:02AM – 10:28AM
Vishakha Until 6:15PM
 Vyaghata* Until 9:38PM
 Visti Until 12:02AM Sun
Shashthi* Until 11:29AM

Ganesha: Purple *Sunrise:* 6:09AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Orange
 Moon – Orange
Magha•Masi

Tokyo, Japan
 Sun 6 Sutra 320
 Sobhana 5125
 Moon 2 - Phase 44 - 6
 1st Phase

Sivaloka Day**D****Sunday, March 3, 2024****Retreat Star**

Vrischika Rasi: 9.29 Tithi 22 – 23
 Routine Work Marana Yoga

975447577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:47PM – 4:14PM
Yama 11:54AM – 1:21PM
Rahu 4:14PM – 5:40PM
Anuradha Until 7:28PM
 Harshana Until 8:57PM
 Balava Until 12:30AM Mon
Saptami Until 12:21PM

Ganesha: Clear *Sunrise:* 6:08AM
Muruga: Clear *Sunset:* 5:40PM
Nataraja: Orange
 Moon – Orange
Magha•Masi

Tokyo, Japan
 Sun 7 Sutra 321
 Sobhana 5125
 Moon 2 - Phase 44 - 7
 Ashtami

Devaloka Day**Monday, March 4, 2024****Retreat Star**

Vrischika Rasi: 22.21 Tithi 23 – 24
Family Home Evening
 Creative Work Siddha Yoga

975447577
 Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Jyeshtha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:21PM – 2:47PM
Yama 10:27AM – 11:54AM
Rahu 7:34AM – 9:00AM
Jyeshtha* Until 7:45PM
 Vajra* Until 7:37PM
 Taitila Until 12:08AM Tue
Ashtami* Until 12:24PM

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: Clear *Sunset:* 5:41PM
Nataraja: Orange
 Moon – Orange
Magha•Masi

Tokyo, Japan
 Sun 8 Sutra 322
 Sobhana 5125
 Moon 2 - Phase 44 - 8
 Navami

Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

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1	Tuesday, March 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tokyo, Japan
	Dhanus Rasi: 5.38	Tithi 24 – 25	Gulika 11:54AM – 1:21PM	Mula* Until 7:30PM	Ganesha: Green	Sunrise: 6:05AM	Sun 9 Sutra 323
	185447577	Yama 9:00AM – 10:27AM	Yama 9:00AM – 10:27AM	Siddhi Until 5:38PM	Muruga: Clear	Sunset: 5:42PM	Sobhana 5125
Creative Work Amrita Yoga		Rahu 2:48PM – 4:15PM	Vanija Until 10:57PM	Nataraja: Orange	Moon – Light Blue		Moon 2 - Phase 45 - 9
Until 7:30PM			Navami* Until 11:37AM	Magha* Masi	Bhuloka Day		2nd Phase
Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM		

2	Wednesday, March 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tokyo, Japan
	Dhanus Rasi: 19.23	Tithi 25 – 26	Gulika 10:26AM – 11:53AM	Purvashadha* Until 6:21PM	Ganesha: Red	Sunrise: 6:04AM	Sun 10 Sutra 324
	186447577	Yama 7:31AM – 8:59AM	Yama 7:31AM – 8:59AM	Vyatipata* Until 3:02PM	Muruga: Clear	Sunset: 5:43PM	Sobhana 5125
Creative Work Amrita Yoga		Rahu 11:53AM – 1:21PM	Bava Until 8:59PM	Nataraja: Orange	Moon – Light Blue		Moon 2 - Phase 45 - 10
			Dashami Until 10:02AM	Magha* Masi	Devaloka Day		2nd Phase

3	Thursday, March 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tokyo, Japan
	Makara Rasi: 3.37	Tithi 26 – 27	Gulika 8:58AM – 10:26AM	Uttarashadha Until 4:22PM	Ganesha: Red	Sunrise: 6:03AM	Sun 11 Sutra 325
	186447577	Yama 6:03AM – 7:30AM	Yama 6:03AM – 7:30AM	Variyan Until 11:50AM	Muruga: Clear	Sunset: 5:44PM	Sobhana 5125
Routine Work Marana Yoga		Rahu 1:21PM – 2:48PM	Kaulava Until 6:21PM	Nataraja: Orange	Moon – Light Blue		Moon 2 - Phase 45 - 11
Until 4:22PM			Ekadashi* Until 7:43AM	Magha* Masi	Devaloka Day		2nd Phase
Then Creative Work - Siddha Yoga							

4	Friday, March 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Tokyo, Japan
	Makara Rasi: 18.16	Tithi 28	Gulika 7:29AM – 8:57AM	Shravana Until 2:08PM	Ganesha: Green	Sunrise: 6:01AM	Sun 12 Sutra 326
	196447577	Yama 2:49PM – 4:17PM	Yama 2:49PM – 4:17PM	Parigha* Until 8:12AM	Muruga: Clear	Sunset: 5:45PM	Sobhana 5125
Routine Work Marana Yoga		Rahu 10:25AM – 11:53AM	Gara Until 3:11PM	Nataraja: Orange	Moon – Purple		Moon 2 - Phase 45 - 12
Until 2:08PM			Trayodashi* Until 1:27AM Sat	Magha* Masi	Sivaloka Day		2nd Phase
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Saturday, March 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tokyo, Japan
	Kumbha Rasi: 3.16	Tithi 29	Gulika 6:00AM – 7:28AM	Dhanishtha Until 11:23AM	Ganesha: Green	Sunrise: 6:00AM	Sun 13 Sutra 327
	196447577	Yama 1:21PM – 2:49PM	Yama 1:21PM – 2:49PM	Siddha Until 12:00AM Sun	Muruga: Clear	Sunset: 5:45PM	Sobhana 5125
Creative Work Siddha Yoga		Rahu 8:56AM – 10:25AM	Visti Until 11:40AM	Nataraja: Orange	Moon – Purple		Moon 2 - Phase 45 - 13
Until 11:23AM			Chaturdashi* Until 9:48PM	Magha* Masi	Sivaloka Day		2nd Phase
Then Creative Work - Amrita Yoga							

	Sunday, March 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tokyo, Japan
	Retreat Star		Gulika 2:49PM – 4:18PM	Shatabhishak Until 8:17AM	Ganesha: Green	Sunrise: 5:59AM	Sun 14 Sutra 328
	Kumbha Rasi: 18.27	Tithi 30	Yama 11:52AM – 1:21PM	Sadhya Until 7:42PM	Muruga: Clear	Sunset: 5:46PM	Sobhana 5125
Creative Work Siddha Yoga		Rahu 4:18PM – 5:46PM	Catuspada Until 7:56AM	Nataraja: Orange	Moon – Purple		Moon 2 - Phase 45 - 14
			Amavasya* Until 6:01PM	Magha* Masi	Sivaloka Day		Amavasya

Monday, March 11, 2024	Retreat Star		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tokyo, Japan
	Retreat Star		Gulika 1:21PM – 2:50PM	Uttaraproshtapada Until 2:33AM Tue	Ganesha: Orange	Sunrise: 5:57AM	Sun 15 Sutra 329
	Meena Rasi: 3.41	Tithi 1 – 2	Yama 10:23AM – 11:52AM	Subha Until 3:28PM	Muruga: Clear	Sunset: 5:47PM	Sobhana 5125
Family Home Evening		Rahu 7:26AM – 8:55AM	Balava Until 12:30AM Tue	Nataraja: Orange	Moon – Clear		Moon 2 - Phase 45 - 15
Creative Work Siddha Yoga			Prathama* Until 2:17PM	Phalgun* Masi	Devaloka Day		Prathama

1	Tuesday, March 12, 2024	Sobhana Nama Samvatsare Utarayane Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Tokyo, Japan Sun 16 Sutra 330 Sobhana 5125
	Meena Rasi: 18.49 Tithi 2 – 3	Gulika 11:52AM – 1:21PM Revati Until 11:52PM Yama 8:54AM – 10:23AM Sukla Until 11:23AM 116447577 Rahu 2:50PM – 4:19PM Taitila Until 9:08PM	Ganesha: Orange <i>Sunrise:</i> 5:56AM Muruga: Clear <i>Sunset:</i> 5:48PM Moon 2 - Phase 46 - 16 Nataraja: Orange Moon – Clear
	Creative Work Siddha Yoga	Dvitiya Until 10:45AM Phalguna*Masi	Devaloka Day

Subramuniyaswami Siva Vision Day

2	Wednesday, March 13, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Tokyo, Japan Sun 17 Sutra 331 Sobhana 5125
	Mesha Rasi: 3.4 Tithi 3 – 4	Gulika 10:22AM – 11:52AM Ashvini Until 9:54PM Yama 7:24AM – 8:53AM Brahma Until 7:37AM 127447577 Rahu 11:52AM – 1:21PM Vanija Until 6:13PM	Ganesha: White <i>Sunrise:</i> 5:54AM Muruga: Clear <i>Sunset:</i> 5:49PM Moon 2 - Phase 46 - 17 Nataraja: Orange Moon – White
	Routine Work Marana Yoga Until 9:54PM Then Creative Work - Siddha Yoga	Tritiya Until 7:35AM Phalguna*Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Thursday, March 14, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau	Tokyo, Japan Sun 18 Sutra 332 Sobhana 5125
	Mesha Rasi: 18.1 Tithi 5	Gulika 8:52AM – 10:22AM Bharani Until 8:24PM Yama 5:53AM – 7:23AM Vaidhriti* Until 1:27AM Fri 127447577 Rahu 1:21PM – 2:50PM Bava Until 3:52PM	Ganesha: White <i>Sunrise:</i> 5:53AM Muruga: Clear <i>Sunset:</i> 5:50PM Moon 2 - Phase 46 - 18 Nataraja: Orange Moon – White
	Creative Work Siddha Yoga Until 8:24PM Then Routine Work - Marana Yoga	Panchami Until 2:55AM Fri Karadaiyan Nombu (Tamil Nadu) Phalguna*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Friday, March 15, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau	Tokyo, Japan Sun 19 Sutra 333 Sobhana 5125
	Visshabha Rasi: 2.13 Tithi 6	Gulika 7:22AM – 8:51AM Krittika Until 7:27PM Yama 2:51PM – 4:21PM Vishkambha* Until 11:12PM 127447578 Rahu 10:21AM – 11:51AM Kaulava Until 2:12PM	Ganesha: White <i>Sunrise:</i> 5:52AM Muruga: Clear <i>Sunset:</i> 5:50PM Moon 2 - Phase 46 - 19 Nataraja: Clear Moon – White
	Creative Work Siddha Yoga Until 7:27PM Then Routine Work - Marana Yoga	Shashthi* Until 1:38AM Sat Phalguna*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Saturday, March 16, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Vanija Karana Saptamyam Titau	Tokyo, Japan Sun 20 Sutra 334 Sobhana 5125
	Visshabha Rasi: 15.5 Tithi 7	Gulika 5:50AM – 7:20AM Rohini Until 7:33PM Yama 1:21PM – 2:51PM Priti Until 9:35PM 137447578 Rahu 8:51AM – 10:21AM Gara Until 1:18PM	Ganesha: Clear <i>Sunrise:</i> 5:50AM Muruga: Clear <i>Sunset:</i> 5:51PM Moon 2 - Phase 46 - 20 Nataraja: Clear Moon – Yellow
	Creative Work Amrita Yoga Until 7:33PM Then Creative Work - Siddha Yoga	Saptami Until 1:07AM Sun Phalguna*Panguni	Devaloka Day

D	Sunday, March 17, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau	Tokyo, Japan Sun 21 Sutra 335 Sobhana 5125
	Visshabha Rasi: 29.01 Tithi 8	Gulika 2:51PM – 4:22PM Mrigashira Until 8:15PM Yama 11:50AM – 1:21PM Ayushman Until 8:33PM 137447578 Rahu 4:22PM – 5:52PM Visti Until 1:11PM	Ganesha: Clear <i>Sunrise:</i> 5:49AM Muruga: Clear <i>Sunset:</i> 5:52PM Moon 2 - Phase 46 - 21 Nataraja: Clear Moon – Yellow
	Creative Work Siddha Yoga	Ashtami* Until 1:23AM Mon Phalguna*Panguni	Devaloka Day

D	Monday, March 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau	Tokyo, Japan Sun 22 Sutra 336 Sobhana 5125
	Mithuna Rasi: 11.49 Tithi 9	Gulika 1:21PM – 2:52PM Ardra Until 9:30PM Yama 10:19AM – 11:50AM Saubhagya Until 8:05PM 137447578 Rahu 7:18AM – 8:49AM Balava Until 1:48PM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruga: Clear <i>Sunset:</i> 5:53PM Moon 2 - Phase 46 - 22 Nataraja: Clear Moon – Yellow
	Family Home Evening Creative Work Siddha Yoga Until 9:30PM Then Creative Work - Amrita Yoga	Navami* Until 2:20AM Tue Phalguna*Panguni	Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Tokyo, Japan on 1/18/22

www.gurudeva.org/panchang

1**Tuesday, March 19, 2024**Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau

Tokyo, Japan

Sun 23 Sutra 337

Mithuna Rasi: 24.18 Tithi 10

Gulika 11:50AM – 1:21PM
Yama 8:48AM – 10:19AM
148447578 **Rahu** 2:52PM – 4:23PM**Punarvasu Until 11:39PM**

Sobhana Until 8:06PM

Taitila Until 3:04PM

Dashami Until 3:53AM Wed**Ganesha:** Clear Sunrise: 5:46AM**Muruga:** Clear Sunset: 5:54PM**Nataraja:** ClearMoon – Blue
Phalguna*Panguni**Devaloka Day**

Creative Work Siddha Yoga

2**Wednesday, March 20, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau

Tokyo, Japan

Sun 24 Sutra 338

Kataka Rasi: 6.32 Tithi 11

Gulika 10:18AM – 11:50AM
Yama 7:16AM – 8:47AM
148447578 **Rahu** 11:50AM – 1:21PM**Pushya Until 2:07AM Thu**

Athiganda* Until 8:28PM

Vanija Until 4:51PM

Ekadashi Until 5:53AM Thu**Ganesha:** Clear Sunrise: 5:45AM**Muruga:** Clear Sunset: 5:55PM**Nataraja:** ClearMoon – Blue
Phalguna*Panguni**Devaloka Day**

Creative Work Siddha Yoga

3**Thursday, March 21, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Sukarma Yoga Bava Karana Dvadashyam Titau

Tokyo, Japan

Sun 25 Sutra 339

Kataka Rasi: 18.36 Tithi 12

Gulika 8:46AM – 10:18AM
Yama 5:43AM – 7:15AM
148447578 **Rahu** 1:21PM – 2:52PM**Ashlesha* Until 4:44AM Fri**

Sukarma Until 9:09PM

Bava Until 7:02PM

Dvadashi Until 8:13AM Fri**Ganesha:** Clear Sunrise: 5:43AM**Muruga:** Clear Sunset: 5:55PM**Nataraja:** ClearMoon – Blue
Phalguna*Panguni**Devaloka Day**Creative Work Siddha Yoga
Until 4:44AM Fri
Then Routine Work - Marana Yoga**Yogaswami Mahasamadhi****4****Friday, March 22, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Tokyo, Japan

Sun 26 Sutra 340

Simha Rasi: 0.32 Tithi 12 – 13

Gulika 7:14AM – 8:45AM
Yama 2:53PM – 4:24PM
158447578 **Rahu** 10:17AM – 11:49AM**Magha* Until 7:54AM Sat**

Dhriti Until 10:02PM

Kaulava Until 9:30PM

Dvadashi Until 8:13AM*Pradosha Vrata***Ganesha:** Purple Sunrise: 5:42AM**Muruga:** Clear Sunset: 5:56PM**Nataraja:** ClearMoon – Red
Phalguna*Panguni**Sivaloka Day**Routine Work Marana Yoga
Until 7:54AM Sat
Then Creative Work - Siddha Yoga**5****Saturday, March 23, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Magha*Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Tokyo, Japan

Sun 27 Sutra 341

Simha Rasi: 12.23 Tithi 13 – 14

Gulika 5:40AM – 7:12AM
Yama 1:21PM – 2:53PM
158447578 **Rahu** 8:44AM – 10:17AM**Magha* Until 7:54AM**

Shula* Until 11:00PM

Gara Until 12:05AM Sun

Trayodashi Until 10:46AM**Ganesha:** Purple Sunrise: 5:40AM**Muruga:** Clear Sunset: 5:57PM**Nataraja:** ClearMoon – Red
Phalguna*Panguni**Sivaloka Day**Creative Work Amrita Yoga
Until 7:54AM
Then Creative Work - Siddha Yoga**Sunday, March 24, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Tokyo, Japan

Sun 27 Sutra 342

Simha Rasi: 24.11 Tithi 14 – 15

Gulika 2:53PM – 4:26PM
Yama 11:48AM – 1:21PM
158447578 **Rahu** 4:26PM – 5:58PM**Purvaphalguni Until 11:00AM**

Ganda* Until 12:00AM Mon

Visti Until 2:43AM Mon

Chaturdashi* Until 1:23PM**Ganesha:** Purple Sunrise: 5:39AM**Muruga:** Clear Sunset: 5:58PM**Nataraja:** ClearMoon – Red
Phalguna*Panguni**Sivaloka Day**Creative Work Siddha Yoga
Until 11:00AM
Then Creative Work - Amrita Yoga**Panguni Uttiram**
Holi**Monday, March 25, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Tokyo, Japan

Sun 28 Sutra 343

Kanya Rasi: 6.01 Tithi 15 – 16

Gulika 1:21PM – 2:53PM
Yama 10:15AM – 11:48AM
158447578 **Rahu** 7:10AM – 8:43AM**Uttaraphalguni Until 1:55PM**

Vriddhi Until 12:57AM Tue

Balava Until 5:15AM Tue

Purnima* Until 3:59PM**Ganesha:** Purple Sunrise: 5:37AM**Muruga:** Clear Sunset: 5:59PM**Nataraja:** ClearMoon – Red
Phalguna*Panguni**Sivaloka Day**

Creative Work Siddha Yoga



Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava Karana Prathamayam Titau

Tokyo, Japan

Sutra 344

Sobhana 5125

Kanya Rasi: 17.51 Tithi 16

Gulika 11:48AM – 1:21PM
Yama 8:42AM – 10:15AM
Rahu 2:54PM – 4:27PM

Hasta **Until 5:02PM**
Dhruva **Until 1:45AM Wed**
Kaulava **Until 6:26PM**
Prathama* Until 6:26PM

Ganesha: Purple *Sunrise:* 5:36AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48 - 1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Wednesday, March 27, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Tokyo, Japan

Sun 1 Sutra 345

Sobhana 5125

Kanya Rasi: 29.47 Tithi 17

Gulika 10:14AM – 11:47AM
Yama 7:08AM – 8:41AM
Rahu 11:47AM – 1:21PM

Chitra **Until 7:45PM**
Vyaghata* **Until 2:22AM Thu**
Taitila **Until 7:35AM**
Dvitiya **Until 8:38PM**

Ganesha: Purple *Sunrise:* 5:35AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48 - 1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Thursday, March 28, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Tokyo, Japan

Sun 2 Sutra 346

Sobhana 5125

Tula Rasi: 11.49 Tithi 18

Gulika 8:40AM – 10:14AM
Yama 5:33AM – 7:07AM
Rahu 1:21PM – 2:54PM

Svati **Until 9:59PM**
Harshana **Until 2:43AM Fri**
Vanija **Until 9:38AM**
Tritiya **Until 10:29PM**

Ganesha: Clear *Sunrise:* 5:33AM
Muruga: Clear *Sunset:* 6:01PM
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48 - 2nd Phase

Devaloka Day

Phalgun*Panguni

Creative Work Amrita Yoga

Until 9:59PM

Then Creative Work - Siddha Yoga

3

Friday, March 29, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthiyam Titau

Tokyo, Japan

Sun 3 Sutra 347

Sobhana 5125

Tula Rasi: 24 Tithi 19

Gulika 7:06AM – 8:39AM
Yama 2:54PM – 4:28PM
Rahu 10:13AM – 11:47AM

Vishakha **Until 12:07AM Sat**
Vajra* **Until 2:42AM Sat**
Bava **Until 11:17AM**
Chaturthi* Until 11:54PM

Ganesha: White *Sunrise:* 5:32AM
Muruga: Clear *Sunset:* 6:02PM
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48 - 3rd Phase

Sivaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

4

Saturday, March 30, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Tokyo, Japan

Sun 4 Sutra 348

Sobhana 5125

Vrischika Rasi: 6.22 Tithi 20

Gulika 5:30AM – 7:04AM
Yama 1:21PM – 2:55PM
Rahu 8:38AM – 10:13AM

Anuradha **Until 1:36AM Sun**
Siddhi **Until 2:17AM Sun**
Kaulava **Until 12:27PM**
Panchami **Until 12:48AM Sun**

Ganesha: White *Sunrise:* 5:30AM
Muruga: Clear *Sunset:* 6:03PM
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48 - 4th Phase

Sivaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

Until 1:36AM Sun

Then Routine Work - Marana Yoga

5

Sunday, March 31, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Tokyo, Japan

Sun 5 Sutra 349

Sobhana 5125

Vrischika Rasi: 18.59 Tithi 21

Gulika 2:55PM – 4:29PM
Yama 11:46AM – 1:21PM
Rahu 4:29PM – 6:04PM

Jyeshtha* Until 2:21AM Mon
Vyatipata* **Until 1:26AM Mon**
Gara **Until 1:03PM**
Shashthi* Until 1:06AM Mon

Ganesha: White *Sunrise:* 5:29AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48 - 5th Phase

Sivaloka Day

Phalgun*Panguni

Routine Work Marana Yoga

Until 2:21AM Mon

Then Creative Work - Siddha Yoga

6

Monday, April 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Tokyo, Japan

Sun 6 Sutra 350

Sobhana 5125

Dhanus Rasi: 1.53 Tithi 22

Gulika 1:21PM – 2:55PM
Yama 10:12AM – 11:46AM
Rahu 7:03AM – 8:38AM

Mula* Until 2:46AM Tue
Variyan **Until 12:02AM Tue**
Visti **Until 1:02PM**
Saptami **Until 12:46AM Tue**

Ganesha: Yellow *Sunrise:* 5:29AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48 - 6th Phase

Devaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

D

Tuesday, April 2, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tokyo, Japan

Sun 7 Sutra 351

Sobhana 5125

Dhanus Rasi: 15.08 Tithi 23

Gulika 11:46AM – 1:21PM
Yama 8:37AM – 10:11AM
Rahu 2:55PM – 4:30PM

Purvashadha* Until 2:22AM Wed
Parigha* **Until 10:07PM**
Balava **Until 12:21PM**
Ashtami* Until 11:44PM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48 - 7th Phase

Devaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

Until 2:22AM Wed

Then Creative Work - Amrita Yoga

Wednesday, April 3, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Tokyo, Japan

Sun 8 Sutra 352

Sobhana 5125

Dhanus Rasi: 28.44 Tithi 24

Gulika 10:11AM – 11:46AM
Yama 7:01AM – 8:36AM
Rahu 11:46AM – 1:21PM

Uttarashadha **Until 1:12AM Thu**
Shiva **Until 7:42PM**
Taitila **Until 11:00AM**
Navami* Until 10:04PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48 - 8th Phase

Devaloka Day

Phalgun*Panguni

Creative Work Amrita Yoga

Until 1:12AM Thu

Then Creative Work - Siddha Yoga


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Tokyo, Japan
			Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 353
	Makara Rasi: 12.44	Tithi 25	Gulika 8:35AM – 10:10AM	Shravana Until 11:43PM	Ganesha: Blue	<i>Sunrise:</i> 5:25AM	Sobhana 5125
	191547578	Rahu	Yama 5:25AM – 7:00AM	Siddha Until 4:46PM	Muruga: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 49 - 9
Creative Work	Siddha Yoga		Vanija Until 9:01AM	Nataraja: Clear		2nd Phase	
			Dashami Until 7:48PM	Moon – Purple		Sivaloka Day	
				Phalguna*Panguni			

2	Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Tokyo, Japan
			Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 354
	Makara Rasi: 27.07	Tithi 26 – 27	Gulika 6:59AM – 8:34AM	Dhanishtha Until 9:37PM	Ganesha: Blue	<i>Sunrise:</i> 5:23AM	Sobhana 5125
	191547578	Rahu	Yama 2:56PM – 4:31PM	Sadhya Until 1:25PM	Muruga: Clear	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 49 - 10
Creative Work	Siddha Yoga		Bava Until 6:29AM	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 5:01PM	Moon – Purple		Sivaloka Day	
				Phalguna*Panguni			

3	Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam				Tokyo, Japan
			Shatabhishak Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 355
	Kumbha Rasi: 11.5	Tithi 27 – 28	Gulika 5:22AM – 6:58AM	Shatabhishak Until 7:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	Sobhana 5125
	191547578	Rahu	Yama 1:21PM – 2:56PM	Subha Until 9:44AM	Muruga: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49 - 11
Creative Work	Amrita Yoga		Gara Until 12:09AM Sun	Nataraja: Clear		2nd Phase	
Until 7:00PM			Dvadashi* Until 1:50PM	Moon – Purple		Sivaloka Day	
Then Routine Work - Marana Yoga				Phalguna*Panguni			
			<i>Pradosha Vrata (Fasting)</i>				

4	Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tokyo, Japan
			Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 356
	Kumbha Rasi: 26.46	Tithi 28 – 29	Gulika 2:57PM – 4:32PM	Purvaproshtapada* Until 4:27PM	Ganesha: Red	<i>Sunrise:</i> 5:21AM	Sobhana 5125
	111547578	Rahu	Yama 11:45AM – 1:21PM	Brahma Until 1:44AM Mon	Muruga: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49 - 12
Creative Work	Siddha Yoga		Visti Until 8:38PM	Nataraja: Clear		2nd Phase	
Until 4:27PM			Trayodashi* Until 10:24AM	Moon – Clear		Devaloka Day	
Then Creative Work - Amrita Yoga				Phalguna*Panguni			

	Monday, April 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Tokyo, Japan
			Uttaraproshtapada/Revati Nakshatra Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 357
	Meena Rasi: 11.5	Tithi 29 – 30	Gulika 1:21PM – 2:57PM	Uttaraproshtapada Until 1:41PM	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sobhana 5125
	111547578	Rahu	Yama 10:08AM – 11:44AM	Indra Until 9:42PM	Muruga: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49 - 13
Family Home Evening			Naga Until 3:20AM Tue	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:51AM	Moon – Clear		Devaloka Day	
				Phalguna*Panguni			

	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Tokyo, Japan
			Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 358
	Meena Rasi: 26.52	Tithi 1	Gulika 11:44AM – 1:21PM	Revati Until 10:52AM	Ganesha: Red	<i>Sunrise:</i> 5:18AM	Sobhana 5125
	111547578	Rahu	Yama 8:31AM – 10:07AM	Vaidhriti* Until 5:45PM	Muruga: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 49 - 14
Creative Work	Siddha Yoga		Kintughna Until 1:39PM	Nataraja: Clear		Prathama	
			Prathama* Until 12:00AM Wed	Moon – Clear		Devaloka Day	
		Chellappaswami Mahasamadhi		Chaitra*Panguni			

1	Wednesday, April 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tokyo, Japan
	Mesha Rasi: 11.44	Tithi 2	Gulika 10:07AM – 11:44AM	Ashvini Until 8:35AM	Ganesha: Yellow	Sunrise: 5:16AM	Sun 15 Sutra 359
	121547578	Yama 6:53AM – 8:30AM	Yama 6:53AM – 8:30AM	Vishkambha* Until 2:05PM	Muruga: Clear	Sunset: 6:11PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 11:44AM – 1:21PM	Balava Until 10:29AM	Nataraja: Clear		Moon 3 - Phase 50 - 15	
Until 8:35AM			Dvitiya Until 9:02PM	Moon – White		3rd Phase	
Then Creative Work - Siddha Yoga				Chaitra*Panguni		Devaloka Day	

2	Thursday, April 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau				Tokyo, Japan
	Mesha Rasi: 26.19	Tithi 3	Gulika 8:29AM – 10:06AM	Bharani Until 6:34AM	Ganesha: Yellow	Sunrise: 5:15AM	Sun 16 Sutra 360
	121547578	Yama 5:15AM – 6:52AM	Yama 5:15AM – 6:52AM	Priti Until 10:47AM	Muruga: Clear	Sunset: 6:12PM	Sobhana 5125
Creative Work	Siddha Yoga	Rahu 1:21PM – 2:58PM	Taitila Until 7:44AM	Nataraja: Clear		Moon 3 - Phase 50 - 16	
Until 6:34AM			Tritiya Until 6:33PM	Moon – White		3rd Phase	
Then Routine Work - Marana Yoga				Chaitra*Panguni		Devaloka Day	

3	Friday, April 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tokyo, Japan
	Vrishabha Rasi: 10.3	Tithi 4 – 5	Gulika 6:51AM – 8:28AM	Rohini Until 4:20AM Sat	Ganesha: White	Sunrise: 5:14AM	Sun 17 Sutra 361
	131547578	Yama 2:58PM – 4:35PM	Yama 2:58PM – 4:35PM	Ayushman Until 7:57AM	Muruga: Clear	Sunset: 6:13PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 10:06AM – 11:43AM	Bava Until 4:04AM Sat	Nataraja: Clear		Moon 3 - Phase 50 - 17	
Until 4:20AM Sat			Chaturthi* Until 4:42PM	Moon – Yellow		3rd Phase	
Then Creative Work - Siddha Yoga				Chaitra*Panguni		Sivaloka Day	

4	Saturday, April 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tokyo, Japan
	Vrishabha Rasi: 24.16	Tithi 5 – 6	Gulika 5:12AM – 6:50AM	Mrigashira Until 4:19AM Sun	Ganesha: Clear	Sunrise: 5:12AM	Sun 18 Sutra 362
	132547578	Yama 1:21PM – 2:58PM	Yama 1:21PM – 2:58PM	Sobhana Until 4:04AM Sun	Muruga: Clear	Sunset: 6:13PM	Sobhana 5125
Creative Work	Siddha Yoga	Rahu 8:28AM – 10:05AM	Kaulava Until 3:20AM Sun	Nataraja: Clear		Moon 3 - Phase 50 - 18	
Until 6:34AM			Panchami Until 3:35PM	Moon – Yellow		3rd Phase	
Then Routine Work - Marana Yoga				Chaitra*Panguni		Devaloka Day	

5	Sunday, April 14, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tokyo, Japan
	Mithuna Rasi: 7.34	Tithi 6 – 7	Gulika 2:58PM – 4:36PM	Ardra Until 4:56AM Mon	Ganesha: White	Sunrise: 5:11AM	Sun 19 Sutra 363
	232547578	Yama 11:43AM – 1:21PM	Yama 11:43AM – 1:21PM	Athiganda* Until 3:02AM Mon	Muruga: Clear	Sunset: 6:14PM	Krodhin 5126
Creative Work	Siddha Yoga	Rahu 4:36PM – 6:14PM	Gara Until 3:25AM Mon	Nataraja: Clear		Moon 3 - Phase 50 - 19	
Until 4:56AM Mon			Shashthi* Until 3:16PM	Moon – Yellow		3rd Phase	
Then Creative Work - Amrita Yoga		Tamil New Year		Chaitra*Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6	Monday, April 15, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tokyo, Japan
	Mithuna Rasi: 20.28	Tithi 7 – 8	Gulika 1:21PM – 2:59PM	Punarvasu Until 6:36AM Tue	Ganesha: Clear	Sunrise: 5:10AM	Sun 20 Sutra 364
	242547578	Yama 10:04AM – 11:42AM	Yama 10:04AM – 11:42AM	Sukarma Until 2:38AM Tue	Muruga: Clear	Sunset: 6:15PM	Krodhin 5126
Family Home Evening		Rahu 6:48AM – 8:26AM	Visti Until 4:16AM Tue	Nataraja: Clear		Moon 3 - Phase 50 - 20	
Creative Work	Amrita Yoga		Saptami Until 3:44PM	Moon – Blue		3rd Phase	
Until 6:36AM Tue				Chaitra*Chaitra		Devaloka Day	
Then Creative Work - Siddha Yoga							

D	Tuesday, April 16, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 11:42AM – 1:21PM	Punarvasu Until 6:36AM	Ganesha: Clear	Sunrise: 5:09AM	Sun 21 Sutra 1
	Kataka Rasi: 3.01	Tithi 8 – 9	Yama 8:25AM – 10:04AM	Dhriti Until 2:46AM Wed	Muruga: Clear	Sunset: 6:16PM	Krodhin 5126
242547578		Rahu 2:59PM – 4:37PM	Balava Until 5:47AM Wed	Nataraja: Clear		Moon 3 - Phase 50 - 21	
Creative Work	Siddha Yoga		Ashtami* Until 4:56PM	Moon – Blue		Ashtami	
				Chaitra*Chaitra		Devaloka Day	

D	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Kaulava Karana Navamyam Titau				Tokyo, Japan
	Retreat Star		Gulika 10:03AM – 11:42AM	Pushya Until 8:45AM	Ganesha: Clear	Sunrise: 5:07AM	Sun 22 Sutra 2
	Kataka Rasi: 15.16	Tithi 9	Yama 6:46AM – 8:25AM	Shula* Until 3:18AM Thu	Muruga: Clear	Sunset: 6:17PM	Krodhin 5126
242547578		Rahu 11:42AM – 1:21PM	Kaulava Until 6:45PM	Nataraja: Clear		Moon 3 - Phase 50 - 22	
Creative Work	Siddha Yoga		Navami* Until 6:45PM	Moon – Blue		Navami	
		Sri Rama Navami		Chaitra*Chaitra		Devaloka Day	

1	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Tokyo, Japan
	Kataka Rasi: 27.18	Tithi 10	Gulika 8:24AM – 10:03AM	Ashlesha* Until 11:15AM	Ganesha: Clear	Sunrise: 5:06AM	Sun 23 Sutra 3
	242547578	Rahu 1:21PM – 3:00PM	Yama 5:06AM – 6:45AM	Ganda* Until 4:10AM Fri	Muruga: Clear	Sunset: 6:17PM	Krodhin 5126
Creative Work Siddha Yoga				Taitila Until 7:51AM	Nataraja: Clear	Moon 3 - Phase 1 - 23	
Until 11:15AM				Dashami Until 9:01PM	Moon – Blue	4th Phase	
Then Creative Work - Amrita Yoga					Chaitra*Chaitra	Devaloka Day	


2	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Tokyo, Japan
	Simha Rasi: 9.11	Tithi 11	Gulika 6:44AM – 8:23AM	Magha* Until 2:24PM	Ganesha: Purple	Sunrise: 5:05AM	Sun 24 Sutra 4
	252547578	Rahu 10:02AM – 11:41AM	Yama 3:00PM – 4:39PM	Vridhhi Until 5:12AM Sat	Muruga: Clear	Sunset: 6:18PM	Krodhin 5126
Routine Work Marana Yoga				Vanija Until 10:17AM	Nataraja: Clear	Moon 3 - Phase 1 - 24	
Until 2:24PM				Ekadashi Until 11:33PM	Moon – Red	4th Phase	
Then Creative Work - Siddha Yoga					Chaitra*Chaitra	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Tokyo, Japan
	Simha Rasi: 21	Tithi 12	Gulika 5:03AM – 6:43AM	Purvaphalguni Until 5:31PM	Ganesha: Purple	Sunrise: 5:03AM	Sun 25 Sutra 5
	252557578	Rahu 8:22AM – 10:02AM	Yama 1:21PM – 3:00PM	Dhruva Until 6:14AM Sun	Muruga: Purple	Sunset: 6:19PM	Krodhin 5126
Creative Work Siddha Yoga				Bava Until 12:53PM	Nataraja: Clear	Moon 3 - Phase 1 - 25	
Until 5:31PM				Dvadashi Until 2:10AM Sun	Moon – Red	4th Phase	
Then Routine Work - Marana Yoga					Chaitra*Chaitra	Devaloka Day	

4	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tokyo, Japan
	Kanya Rasi: 2.47	Tithi 13	Gulika 3:00PM – 4:40PM	Uttaraphalguni Until 8:26PM	Ganesha: Purple	Sunrise: 5:02AM	Sun 26 Sutra 6
	252557578	Rahu 4:40PM – 6:20PM	Yama 11:41AM – 1:21PM	Dhruva Until 6:14AM	Muruga: Purple	Sunset: 6:20PM	Krodhin 5126
Creative Work Amrita Yoga				Kaulava Until 3:28PM	Nataraja: Clear	Moon 3 - Phase 1 - 26	
				Trayodashi Until 4:41AM Mon	Moon – Red	4th Phase	
					Chaitra*Chaitra	Devaloka Day	

Pradosha Vrata

5	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Tokyo, Japan
	Kanya Rasi: 14.38	Tithi 14	Gulika 1:21PM – 3:01PM	Hasta Until 11:29PM	Ganesha: Purple	Sunrise: 5:01AM	Sun 27 Sutra 7
	262657578	Rahu 6:41AM – 8:21AM	Yama 10:01AM – 11:41AM	Vyaghata* Until 7:11AM	Muruga: Purple	Sunset: 6:21PM	Krodhin 5126
Family Home Evening				Gara Until 5:53PM	Nataraja: Clear	Moon 3 - Phase 1 - 27	
Creative Work Siddha Yoga				Chaturdashi* Until 6:57AM Tue	Moon – Green	4th Phase	
Until 11:29PM					Chaitra*Chaitra	Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							

	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tokyo, Japan
	Copper Retreat Star		Gulika 11:41AM – 1:21PM	Chitra Until 2:02AM Wed	Ganesha: Purple	Sunrise: 5:00AM	Sun 28 Sutra 8
	Kanya Rasi: 26.35	Tithi 14 – 15	Yama 8:20AM – 10:00AM	Harshana Until 7:58AM	Muruga: Purple	Sunset: 6:22PM	Krodhin 5126
Creative Work Siddha Yoga		262657578	Rahu 3:01PM – 4:41PM	Visti Until 7:58PM	Nataraja: Clear	Moon 3 - Phase 1 - Purnima	
				Chaturdashi* Until 6:57AM	Moon – Green		
					Chaitra*Chaitra	Subha Sivaloka Day	

Chitra Purnima (Tamil Nadu)
Hanuman Jayanti

	Wednesday, April 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tokyo, Japan
	Silver Retreat Star		Gulika 10:00AM – 11:40AM	Svati Until 4:02AM Thu	Ganesha: Purple	Sunrise: 4:59AM	Sun 29 Sutra 9
	Tula Rasi: 8.4	Tithi 15 – 16	Yama 6:39AM – 8:20AM	Vajra* Until 8:26AM	Muruga: Purple	Sunset: 6:22PM	Krodhin 5126
Creative Work Siddha Yoga		262657578	Rahu 11:40AM – 1:21PM	Balava Until 9:40PM	Nataraja: Clear	Moon 3 - Phase 1 - Prathama	
				Purnima* Until 8:51AM	Moon – Green		
					Chaitra*Chaitra	Subha Sivaloka Day	