



Sunday, May 7, 2023
Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Parigha* Yoga Vistil/Gara Karana Dvitiyayam Titau

Tehran, Iran
Sutra 20

Vrischika Rasi: 9.31 Tithi 17

Gulika 3:29PM – 5:12PM
Yama 12:02PM – 1:45PM
Rahu 5:12PM – 6:56PM

Anuradha Until 6:20PM
Parigha* Until 12:50AM Mon
Taitila Until 7:09AM
Dvitiya Until 6:15PM

Ganesha: White *Sunrise:* 5:08AM
Muruga: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, May 8, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran
Sun 1 Sutra 21

Vrischika Rasi: 23.28 Tithi 18 – 19

Gulika 1:45PM – 3:29PM
Yama 10:18AM – 12:02PM
Rahu 6:51AM – 8:34AM

Jyeshtha* Until 4:59PM
Shiva Until 10:06PM
Bava Until 3:14AM Tue
Tritiya Until 4:17PM

Ganesha: Blue *Sunrise:* 5:07AM
Muruga: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, May 9, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran
Sun 2 Sutra 22

Dhanus Rasi: 7.35 Tithi 19 – 20

Gulika 12:02PM – 1:46PM
Yama 8:34AM – 10:18AM
Rahu 3:29PM – 5:13PM

Mula* Until 3:42PM
Siddha Until 7:12PM
Kaulava Until 12:59AM Wed
Chaturthi* Until 2:07PM

Ganesha: Red *Sunrise:* 5:06AM
Muruga: Clear *Sunset:* 6:57PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 2 1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 3:42PM

Then Creative Work - Siddha Yoga

3

Wednesday, May 10, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran
Sun 3 Sutra 23

Dhanus Rasi: 21.48 Tithi 20 – 21

Gulika 10:17AM – 12:02PM
Yama 6:49AM – 8:33AM
Rahu 12:02PM – 1:46PM

Purvashadha* Until 2:10PM
Sadya Until 4:14PM
Gara Until 10:40PM
Panchami Until 11:49AM

Ganesha: Blue *Sunrise:* 5:05AM
Muruga: Clear *Sunset:* 6:58PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 3 1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

4

Thursday, May 11, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran
Sun 4 Sutra 24

Makara Rasi: 6.04 Tithi 21 – 22

Gulika 8:33AM – 10:17AM
Yama 5:04AM – 6:49AM
Rahu 1:46PM – 3:30PM

Uttarashadha Until 12:28PM
Subha Until 1:16PM
Visti Until 8:20PM
Shashthi* Until 9:29AM

Ganesha: Blue *Sunrise:* 5:04AM
Muruga: Clear *Sunset:* 6:59PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 4 1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 12:28PM

Then Creative Work - Siddha Yoga

D

Friday, May 12, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran
Sun 5 Sutra 25

Makara Rasi: 20.18 Tithi 22 – 23

Gulika 6:48AM – 8:32AM
Yama 3:31PM – 5:15PM
Rahu 10:17AM – 12:02PM

Shravana Until 11:05AM
Sukla Until 10:18AM
Balava Until 6:04PM
Saptami Until 7:10AM

Ganesha: Red *Sunrise:* 5:03AM
Muruga: Clear *Sunset:* 7:00PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 5 Ashtami

Routine Work Marana Yoga

Sivaloka Day

Until 11:05AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Saturday, May 13, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 6 Sutra 26

Kumbha Rasi: 4.3 Tithi 24

Gulika 5:03AM – 6:47AM
Yama 1:46PM – 3:31PM
Rahu 8:32AM – 10:17AM

Dhanishtha Until 9:39AM
Brahma Until 7:25AM
Taitila Until 3:53PM
Navami* Until 2:50AM Sun

Ganesha: Red *Sunrise:* 5:03AM
Muruga: Clear *Sunset:* 7:00PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 6 Navami

Creative Work Siddha Yoga

Sivaloka Day

Until 9:39AM

Then Creative Work - Amrita Yoga

1**Sunday, May 14, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtpada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam TitauTehran, Iran
Sun 7 Sutra 27

Kumbha Rasi: 18.37 Tithi 25

Gulika 3:31PM – 5:16PM
Yama 12:01PM – 1:46PM
293196579 **Rahu** 5:16PM – 7:01PM**Shatabhishak Until 8:13AM**
Vaidhriti* Until 2:01AM Mon
Vanija Until 1:51PM**Ganesha:** Red *Sunrise:* 5:02AM
Muruga: Clear *Sunset:* 7:01PM
Nataraja: Purple
Moon – PurpleSobhana 5125
Moon 5 - Phase 5 - 7
2nd Phase

Creative Work Siddha Yoga

Mother's Day**Dashami Until 12:53AM Mon****Vaisaka*Chaitra****Sivaloka Day****2****Monday, May 15, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtpada*/Uttaraproshtpada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam TitauTehran, Iran
Sun 8 Sutra 28

Meena Rasi: 2.37 Tithi 26

Gulika 1:47PM – 3:32PM
Yama 10:16AM – 12:01PM
213196579 **Rahu** 6:46AM – 8:31AM**Purvaproshtpada* Until 7:13AM**
Vishkambha* Until 11:33PM
Bava Until 12:01PM
Ekadashi* Until 11:09PM**Ganesha:** Clear *Sunrise:* 5:01AM
Muruga: Clear *Sunset:* 7:02PM
Nataraja: Purple
Moon – ClearSobhana 5125
Moon 5 - Phase 5 - 8
2nd Phase

Routine Work Marana Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

Vaisaka*Vaikasi**Sivaloka Day****3****Tuesday, May 16, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtpada*/Revati Nakshatra Priti* Yoga Kaulava/Taitila Karana Dvadashyam TitauTehran, Iran
Sun 9 Sutra 29

Meena Rasi: 16.28 Tithi 27

Gulika 12:01PM – 1:47PM
Yama 8:31AM – 10:16AM
213196579 **Rahu** 3:32PM – 5:17PM**Uttaraproshtpada Until 6:19AM**
Priti Until 9:18PM
Kaulava Until 10:24AM
Dvadashi* Until 9:40PM**Ganesha:** Clear *Sunrise:* 5:00AM
Muruga: Clear *Sunset:* 7:03PM
Nataraja: Purple
Moon – ClearSobhana 5125
Moon 5 - Phase 5 - 9
2nd Phase

Creative Work Amrita Yoga

Until 6:19AM

Then Creative Work - Siddha Yoga

Vaisaka*Vaikasi**Sivaloka Day****4****Wednesday, May 17, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam TitauTehran, Iran
Sun 10 Sutra 30

Mesha Rasi: 0.1 Tithi 28

Gulika 10:16AM – 12:02PM
Yama 6:45AM – 8:30AM
223196579 **Rahu** 12:02PM – 1:47PM**Ashvini Until 5:22AM Thu**
Ayushman Until 7:17PM
Gara Until 9:04AM
Trayodashi* Until 8:30PM**Ganesha:** Orange *Sunrise:* 4:59AM
Muruga: Clear *Sunset:* 7:04PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 10
2nd Phase

Routine Work Marana Yoga

Until 5:22AM Thu

Then Creative Work - Siddha Yoga

*Pradosha Vrata (Fasting)***Vaisaka*Vaikasi****Sivaloka Day****5****Thursday, May 18, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam TitauTehran, Iran
Sun 11 Sutra 31

Mesha Rasi: 13.4 Tithi 29

Gulika 8:30AM – 10:16AM
Yama 4:59AM – 6:44AM
223196579 **Rahu** 1:47PM – 3:33PM**Bharani Until 5:28AM Fri**
Saubhagya Until 5:35PM
Visti Until 8:05AM
Chaturdashi* Until 7:43PM**Ganesha:** Orange *Sunrise:* 4:59AM
Muruga: Clear *Sunset:* 7:04PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 11
2nd Phase

Creative Work Siddha Yoga

Vaisaka*Vaikasi**Sivaloka Day****●****Friday, May 19, 2023****Retreat Star**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam TitauTehran, Iran
Sun 12 Sutra 32

Mesha Rasi: 26.57 Tithi 30

Gulika 6:44AM – 8:30AM
Yama 3:33PM – 5:19PM
223196579 **Rahu** 10:16AM – 12:02PM**Krittika Until 5:52AM Sat**
Sobhana Until 4:15PM
Catuspada Until 7:30AM
Amavasya* Until 7:22PM**Ganesha:** Orange *Sunrise:* 4:58AM
Muruga: Clear *Sunset:* 7:05PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 12
Amavasya

Creative Work Siddha Yoga

Until 5:52AM Sat

Then Creative Work - Amrita Yoga

Vaisaka*Vaikasi**Sivaloka Day****Saturday, May 20, 2023****Retreat Star**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam TitauTehran, Iran
Sun 13 Sutra 33

Vrishabha Rasi: 9.58 Tithi 1

Gulika 4:57AM – 6:43AM
Yama 1:48PM – 3:34PM
223196579 **Rahu** 8:29AM – 10:16AM**Rohini Until 7:05AM Sun**
Athiganda* Until 3:16PM
Kintughna Until 7:24AM
Prathama* Until 7:31PM**Ganesha:** Orange *Sunrise:* 4:57AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 13
Prathama

Creative Work Amrita Yoga

Until 7:05AM Sun

Then Creative Work - Siddha Yoga

Jyeshtha*Vaikasi**Sivaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Sunday, May 21, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 14 Sutra 34
	Vrishabha Rasi: 22.45	Tithi 2	Gulika 3:34PM – 5:20PM	Rohini Until 7:05AM	Ganesha: Clear	Sunrise: 4:57AM	Sobhana 5125
	233196579		Yama 12:02PM – 1:48PM	Sukarma Until 2:43PM	Muruga: Clear	Sunset: 7:07PM	Moon 5 - Phase 6 - 14
Creative Work	Siddha Yoga	Rahu 5:20PM – 7:07PM	Balava Until 7:49AM	Nataraja: Purple		3rd Phase	
			Dvitiya Until 8:12PM	Moon – Yellow		Sivaloka Day	
				Jyeshtha*Vaikasi			

2	Monday, May 22, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 15 Sutra 35
	Mithuna Rasi: 5.17	Tithi 3	Gulika 1:48PM – 3:35PM	Mrigashira Until 8:38AM	Ganesha: Clear	Sunrise: 4:56AM	Sobhana 5125
	233196579		Yama 10:15AM – 12:02PM	Dhriti Until 2:35PM	Muruga: Clear	Sunset: 7:07PM	Moon 5 - Phase 6 - 15
Family Home Evening		Rahu 6:42AM – 8:29AM	Taitila Until 8:44AM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 9:22PM	Moon – Yellow		Sivaloka Day	
Until 8:38AM				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							

3	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
			Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 16 Sutra 36
	Mithuna Rasi: 17.37	Tithi 4	Gulika 12:02PM – 1:48PM	Ardra Until 10:31AM	Ganesha: Clear	Sunrise: 4:55AM	Sobhana 5125
	233196579		Yama 8:29AM – 10:15AM	Shula* Until 2:48PM	Muruga: Clear	Sunset: 7:08PM	Moon 5 - Phase 6 - 16
Routine Work	Marana Yoga	Rahu 3:35PM – 5:22PM	Vanija Until 10:10AM	Nataraja: Purple		3rd Phase	
Until 10:31AM			Chaturthi* Until 11:01PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi			

4	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
			Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau				Sun 17 Sutra 37
	Mithuna Rasi: 29.45	Tithi 5	Gulika 10:15AM – 12:02PM	Punarvasu Until 1:07PM	Ganesha: Purple	Sunrise: 4:55AM	Sobhana 5125
	243196579		Yama 6:42AM – 8:28AM	Ganda* Until 3:20PM	Muruga: Clear	Sunset: 7:09PM	Moon 5 - Phase 6 - 17
Creative Work	Siddha Yoga	Rahu 12:02PM – 1:49PM	Bava Until 12:00PM	Nataraja: Purple		3rd Phase	
			Panchami Until 1:02AM Thu	Moon – Blue		Subha Sivaloka Day	
				Jyeshtha*Vaikasi			

5	Thursday, May 25, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 18 Sutra 38
	Kataka Rasi: 11.45	Tithi 6	Gulika 8:28AM – 10:15AM	Pushya Until 3:52PM	Ganesha: Clear	Sunrise: 4:54AM	Sobhana 5125
	244196579		Yama 4:54AM – 6:41AM	Vridhhi Until 4:07PM	Muruga: Clear	Sunset: 7:10PM	Moon 5 - Phase 6 - 18
Creative Work	Amrita Yoga	Rahu 1:49PM – 3:36PM	Kaulava Until 2:10PM	Nataraja: Purple		3rd Phase	
Until 3:52PM			Shashthi* Until 3:18AM Fri	Moon – Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi			

6	Friday, May 26, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 19 Sutra 39
	Kataka Rasi: 23.4	Tithi 7	Gulika 6:41AM – 8:28AM	Ashlesha* Until 6:35PM	Ganesha: White	Sunrise: 4:54AM	Sobhana 5125
	344196579		Yama 3:36PM – 5:23PM	Dhruva Until 4:59PM	Muruga: Clear	Sunset: 7:10PM	Moon 5 - Phase 6 - 19
Routine Work	Marana Yoga	Rahu 10:15AM – 12:02PM	Gara Until 4:29PM	Nataraja: Purple		3rd Phase	
			Saptami Until 5:38AM Sat	Moon – Blue		Devaloka Day	
				Jyeshtha*Vaikasi			

D	Saturday, May 27, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Retreat Star		Magha* Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Ashtamyam Titau				Sun 20 Sutra 40
	Simha Rasi: 5.34	Tithi 8	Gulika 4:53AM – 6:41AM	Magha* Until 9:37PM	Ganesha: Clear	Sunrise: 4:53AM	Sobhana 5125
	354196579		Yama 1:49PM – 3:37PM	Vyaghata* Until 5:51PM	Muruga: Clear	Sunset: 7:11PM	Moon 5 - Phase 6 - 20
Creative Work	Amrita Yoga	Rahu 8:28AM – 10:15AM	Visti Until 6:48PM	Nataraja: Purple		Ashtami	
Until 9:37PM			Ashtami* Until 7:51AM Sun	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi			

D	Sunday, May 28, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
	Retreat Star		Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 41
	Simha Rasi: 17.3	Tithi 8 – 9	Gulika 3:37PM – 5:24PM	Purvaphalguni Until 12:14AM Mon	Ganesha: Clear	Sunrise: 4:53AM	Sobhana 5125
	354196579		Yama 12:02PM – 1:50PM	Harshana Until 6:34PM	Muruga: Clear	Sunset: 7:12PM	Moon 5 - Phase 6 - 21
Creative Work	Siddha Yoga	Rahu 5:24PM – 7:12PM	Balava Until 8:52PM	Nataraja: Purple		Navami	
			Ashtami* Until 7:51AM	Moon – Red		Sivaloka Day	
				Jyeshtha*Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran
	Simha Rasi: 29.34 Tithi 9 – 10	Gulika 1:50PM – 3:37PM	Uttaraphalguni Until 2:15AM Tue	Ganesha: Clear	Sunrise: 4:52AM	Sun 22 Sutra 42
	Family Home Evening Creative Work Siddha Yoga	Yama 10:15AM – 12:02PM Rahu 6:40AM – 8:27AM	Vajra* Until 6:56PM Taitila Until 10:31PM Navami* Until 9:44AM	Muruga: Clear Nataraja: Purple Moon – Red	Sunset: 7:12PM	Sobhana 5125 Moon 5 - Phase 7 - 22 4th Phase

Sivaloka Day

2	Tuesday, May 30, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Kanya Rasi: 11.5 Tithi 10 – 11	Gulika 12:03PM – 1:50PM	Hasta Until 3:59AM Wed	Ganesha: Purple	Sunrise: 4:52AM	Sun 23 Sutra 43
	364196579	Yama 8:27AM – 10:15AM Rahu 3:38PM – 5:25PM	Siddhi Until 6:52PM Vanija Until 11:33PM Dashami Until 11:06AM	Muruga: Clear Nataraja: Purple Moon – Green	Sunset: 7:13PM	Sobhana 5125 Moon 5 - Phase 7 - 23 4th Phase

Devaloka Day

3	Wednesday, May 31, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Kanya Rasi: 24.23 Tithi 11 – 12	Gulika 10:15AM – 12:03PM	Chitra Until 4:49AM Thu	Ganesha: Purple	Sunrise: 4:52AM	Sun 24 Sutra 44
	364196579	Yama 6:39AM – 8:27AM Rahu 12:03PM – 1:50PM	Vyatipata* Until 6:15PM Bava Until 11:51PM Ekadashi Until 11:46AM	Muruga: Clear Nataraja: Purple Moon – Green	Sunset: 7:14PM	Sobhana 5125 Moon 5 - Phase 7 - 24 4th Phase

Devaloka Day

4	Thursday, June 1, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Tula Rasi: 7.18 Tithi 12 – 13	Gulika 8:27AM – 10:15AM	Svati Until 4:45AM Fri	Ganesha: Purple	Sunrise: 4:51AM	Sun 25 Sutra 45
	364196579	Yama 4:51AM – 6:39AM Rahu 1:51PM – 3:39PM	Variyan Until 5:00PM Kaulava Until 11:23PM Dvadashi Until 11:41AM	Muruga: Clear Nataraja: Purple Moon – Green	Sunset: 7:14PM	Sobhana 5125 Moon 5 - Phase 7 - 25 4th Phase

Pradosha Vrata


Devaloka Day

5	Friday, June 2, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Tula Rasi: 20.36 Tithi 13 – 14	Gulika 6:39AM – 8:27AM	Vishakha Until 4:17AM Sat	Ganesha: White	Sunrise: 4:51AM	Sun 26 Sutra 46
	374296579	Yama 3:39PM – 5:27PM Rahu 10:15AM – 12:03PM	Parigha* Until 3:10PM Gara Until 10:11PM Trayodashi Until 10:51AM	Muruga: Clear Nataraja: Purple Moon – Orange	Sunset: 7:15PM	Sobhana 5125 Moon 5 - Phase 7 - 26 4th Phase


Vaikasi Visakam

Jyeshtha*Vaikasi

Subha Sivaloka Day

	Saturday, June 3, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran
	Copper Retreat Star Vrischika Rasi: 4.19 Tithi 14 – 15	Gulika 4:51AM – 6:39AM	Anuradha Until 3:04AM Sun	Ganesha: White	Sunrise: 4:51AM	Sun 27 Sutra 47
	374296579	Yama 1:51PM – 3:39PM Rahu 8:27AM – 10:15AM	Shiva Until 12:49PM Visti Until 8:21PM Chaturdashi* Until 9:19AM	Muruga: Clear Nataraja: Purple Moon – Orange	Sunset: 7:16PM	Sobhana 5125 Moon 5 - Phase 7 - 27 Purnima

Subha Sivaloka Day

	Sunday, June 4, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
	Silver Retreat Star Vrischika Rasi: 18.23 Tithi 15 – 16	Gulika 3:40PM – 5:28PM	Jyeshtha* Until 1:15AM Mon	Ganesha: White	Sunrise: 4:50AM	Sun 28 Sutra 48
	374296579	Yama 12:03PM – 1:51PM Rahu 5:28PM – 7:16PM	Siddha Until 9:58AM Balava Until 6:00PM Purnima* Until 7:13AM	Muruga: Clear Nataraja: Purple Moon – Orange	Sunset: 7:16PM	Sobhana 5125 Moon 5 - Phase 7 - Prathama

Subha Sivaloka Day

**Monday, June 5, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 49

Sobhana 5125

Dhanus Rasi: 2.46 Tithi 17

Family Home Evening

384296571

Gulika**1:52PM – 3:40PM****Mula* Until 11:23PM****Ganesha:** Yellow

Sunrise: 4:50AM

Yama

10:15AM – 12:03PM

Sadhya Until 6:48AM

Muruga: Clear

Sunset: 7:17PM

Moon 6 - Phase 8 -

Creative Work Siddha Yoga

Rahu**6:38AM – 8:27AM**

Taitila Until 3:18PM

Nataraja: Blue

1st Phase

Until 11:23PM

Dvitiya Until 1:50AM Tue

Moon – Light Blue

Sivaloka Day

Then Routine Work - Marana Yoga

Jyeshtha*Vaikasi**1** **Tuesday, June 6, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 50

Sobhana 5125

Dhanus Rasi: 17.21 Tithi 18

Gulika**12:04PM – 1:52PM****Purvashadha* Until 9:14PM****Ganesha:** White

Sunrise: 4:50AM

385296571

Yama

8:27AM – 10:15AM

Sukla Until 11:54PM

Muruga: Clear

Sunset: 7:17PM

Moon 6 - Phase 8 - 1

Creative Work Siddha Yoga

Rahu**3:40PM – 5:29PM**

Vanija Until 12:23PM

Nataraja: Blue

1st Phase

Until 9:14PM

Tritiya Until 10:52PM

Moon – Light Blue

Devaloka Day

Then Routine Work - Prabalarishta Yoga

Jyeshtha*Vaikasi**2** **Wednesday, June 7, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran

Sun 2 Sutra 51

Sobhana 5125

Makara Rasi: 2.01 Tithi 19

Gulika**10:15AM – 12:04PM****Uttarashadha Until 6:56PM****Ganesha:** White

Sunrise: 4:50AM

385296571

Yama

6:38AM – 8:27AM

Brahma Until 8:24PM

Muruga: Clear

Sunset: 7:18PM

Moon 6 - Phase 8 - 2

Creative Work Amrita Yoga

Rahu**12:04PM – 1:52PM**

Bava Until 9:23AM

Nataraja: Blue

1st Phase

Until 6:56PM

Chaturthi* Until 7:53PM

Moon – Light Blue

Devaloka Day

Then Creative Work - Siddha Yoga

Jyeshtha*Vaikasi**3** **Thursday, June 8, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 3 Sutra 52

Sobhana 5125

Makara Rasi: 16.38 Tithi 20 – 21

Gulika**8:27AM – 10:15AM****Shravana Until 5:01PM****Ganesha:** Yellow

Sunrise: 4:50AM

395296571

Yama

4:50AM – 6:38AM

Indra Until 5:01PM

Muruga: Clear

Sunset: 7:18PM

Moon 6 - Phase 8 - 3

Creative Work Siddha Yoga

Rahu**1:53PM – 3:41PM**

Kaulava Until 6:27AM

Nataraja: Blue

1st Phase

Panchami Until 5:02PM

Moon – Purple

Sivaloka Day**Jyeshtha*Vaikasi****4** **Friday, June 9, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 4 Sutra 53

Sobhana 5125

Kumbha Rasi: 1.08 Tithi 21 – 22

Gulika**6:38AM – 8:27AM****Dhanishtha Until 3:12PM****Ganesha:** Yellow

Sunrise: 4:50AM

395296571

Yama

3:41PM – 5:30PM

Vaidhriti* Until 1:48PM

Muruga: Clear

Sunset: 7:19PM

Moon 6 - Phase 8 - 4

Creative Work Siddha Yoga

Rahu**10:15AM – 12:04PM**

Visti Until 1:14AM Sat

Nataraja: Blue

1st Phase

Shashthi* Until 2:25PM

Moon – Purple

Sivaloka Day**Jyeshtha*Vaikasi****D** **Saturday, June 10, 2023****Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 5 Sutra 54

Sobhana 5125

Kumbha Rasi: 15.27 Tithi 22 – 23

Gulika**4:49AM – 6:38AM****Shatabhishak Until 1:34PM****Ganesha:** Yellow

Sunrise: 4:49AM

395296571

Yama

1:53PM – 3:42PM

Vishkambha* Until 10:51AM

Muruga: Clear

Sunset: 7:19PM

Moon 6 - Phase 8 - 5

Creative Work Amrita Yoga

Rahu**8:27AM – 10:16AM**

Balava Until 11:07PM

Nataraja: Blue

Ashtami

Until 1:34PM

Saptami Until 12:06PM

Moon – Purple

Sivaloka Day**Jyeshtha*Vaikasi**

Then Routine Work - Marana Yoga

Sunday, June 11, 2023**Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 6 Sutra 55

Sobhana 5125

Kumbha Rasi: 29.31 Tithi 23 – 24

Gulika**3:42PM – 5:31PM****Purvaproshtapada* Until 12:35PM****Ganesha:** Clear

Sunrise: 4:49AM

315296571

Yama

12:05PM – 1:53PM

Priti Until 8:14AM

Muruga: Clear

Sunset: 7:20PM

Moon 6 - Phase 8 - 6

Creative Work Siddha Yoga

Rahu**5:31PM – 7:20PM**

Taitila Until 9:23PM

Nataraja: Blue

Navami

Until 12:35PM

Ashtami* Until 10:10AM

Moon – Clear

Sivaloka Day**Jyeshtha*Vaikasi**

Then Creative Work - Amrita Yoga

1	Monday, June 12, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tehran, Iran
	Meena Rasi: 13.19 Tithi 24 – 25	Gulika 1:54PM – 3:42PM	Uttaraprosarthpada Until 11:52AM	Ganesha: Clear <i>Sunrise: 4:49AM</i>	Sun 7	Sutra 56
	Family Home Evening Creative Work Siddha Yoga	Yama 10:16AM – 12:05PM Rahu 6:38AM – 8:27AM	Saubhagya Until 3:56AM Tue Vanija Until 8:03PM Navami* Until 8:39AM	Muruga: Clear <i>Sunset: 7:20PM</i> Nataraja: Blue Moon – Clear	Moon 6 - Phase 9 - 7	Sobhana 5125 2nd Phase

Sivaloka Day

2	Tuesday, June 13, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Meena Rasi: 26.53 Tithi 25 – 26	Gulika 12:05PM – 1:54PM	Revati Until 11:25AM	Ganesha: Clear <i>Sunrise: 4:49AM</i>	Sun 8	Sutra 57
	315296571 Creative Work Siddha Yoga	Yama 8:27AM – 10:16AM Rahu 3:43PM – 5:32PM	Sobhana Until 2:19AM Wed Bava Until 7:09PM Dashami Until 7:32AM	Muruga: Clear <i>Sunset: 7:21PM</i> Nataraja: Blue Moon – Clear	Moon 6 - Phase 9 - 8	Sobhana 5125 2nd Phase

Sivaloka Day

3	Wednesday, June 14, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Mesha Rasi: 10.12 Tithi 26 – 27	Gulika 10:16AM – 12:05PM	Ashvini Until 11:40AM	Ganesha: White <i>Sunrise: 4:49AM</i>	Sun 9	Sutra 58
	325296571 Routine Work Marana Yoga Until 11:40AM Then Creative Work - Siddha Yoga	Yama 6:38AM – 8:27AM Rahu 12:05PM – 1:54PM	Athiganda* Until 1:00AM Thu Kaulava Until 6:40PM Ekadashi* Until 6:50AM	Muruga: Clear <i>Sunset: 7:21PM</i> Nataraja: Blue Moon – White	Moon 6 - Phase 9 - 9	Sobhana 5125 2nd Phase

Devaloka Day


4	Thursday, June 15, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Mesha Rasi: 23.19 Tithi 27 – 28	Gulika 8:27AM – 10:16AM	Bharani Until 12:11PM	Ganesha: Yellow <i>Sunrise: 4:49AM</i>	Sun 10	Sutra 59
	326296571 Creative Work Siddha Yoga Until 12:11PM Then Routine Work - Marana Yoga	Yama 4:49AM – 6:38AM Rahu 1:54PM – 3:43PM	Sukarma Until 12:01AM Fri Gara Until 6:35PM Dvadashi* Until 6:33AM	Muruga: Clear <i>Sunset: 7:21PM</i> Nataraja: Blue Moon – White	Moon 6 - Phase 9 - 10	Sobhana 5125 2nd Phase

Pradosha Vrata (Fasting)

Sivaloka Day

5	Friday, June 16, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Vrishabha Rasi: 6.13 Tithi 28 – 29	Gulika 6:38AM – 8:27AM	Krittika Until 12:57PM	Ganesha: Yellow <i>Sunrise: 4:49AM</i>	Sun 11	Sutra 60
	326296571 Creative Work Siddha Yoga Until 12:57PM Then Routine Work - Marana Yoga	Yama 3:44PM – 5:33PM Rahu 10:17AM – 12:06PM	Dhriti Until 11:22PM Visti Until 6:54PM Trayodashi* Until 6:40AM	Muruga: Clear <i>Sunset: 7:22PM</i> Nataraja: Blue Moon – White	Moon 6 - Phase 9 - 11	Sobhana 5125 2nd Phase

Sivaloka Day

	Saturday, June 17, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
	Retreat Star Vrishabha Rasi: 18.55 Tithi 29 – 30	Gulika 4:49AM – 6:39AM	Rohini Until 2:25PM	Ganesha: Red <i>Sunrise: 4:49AM</i>	Sun 12	Sutra 61
	336296571 Creative Work Amrita Yoga Until 2:25PM Then Creative Work - Siddha Yoga	Yama 1:55PM – 3:44PM Rahu 8:28AM – 10:17AM	Shula* Until 11:01PM Catuspada Until 7:38PM Chaturdashi* Until 7:12AM	Muruga: Clear <i>Sunset: 7:22PM</i> Nataraja: Blue Moon – Yellow	Moon 6 - Phase 9 - 12	Sobhana 5125 Amavasya

Sivaloka Day

Retreat Star	Sunday, June 18, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
	Mithuna Rasi: 1.26 Tithi 30 – 1	Gulika 3:44PM – 5:33PM	Mrigashira Until 4:06PM	Ganesha: Red <i>Sunrise: 4:50AM</i>	Sun 13	Sutra 62
	336216571 Creative Work Siddha Yoga	Yama 12:06PM – 1:55PM Rahu 5:33PM – 7:22PM	Ganda* Until 10:59PM Kintughna Until 8:46PM Amavasya* Until 8:08AM	Muruga: Yellow <i>Sunset: 7:22PM</i> Nataraja: Blue Moon – Yellow	Moon 6 - Phase 9 - 13	Sobhana 5125 Prathama

Father's Day

Ashada* Ani

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Monday, June 19, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Mithuna Rasi: 13.47 Family Home Evening Creative Work Siddha Yoga Until 6:01PM Then Creative Work - Amrita Yoga	Tithi 1 – 2 336216571	Gulika 1:55PM – 3:44PM Yama 10:17AM – 12:06PM Rahu 6:39AM – 8:28AM	Ardra Until 6:01PM Vriddhi Until 11:16PM Balava Until 10:17PM Prathama* Until 9:27AM	Ganesha: Red Muruga: Yellow Nataraja: Blue Moon – Yellow Ashada*Ani	Sun 14 Sutra 63 Sobhana 5125 Moon 6 - Phase 10 - 14 3rd Phase Sivaloka Day

2	Tuesday, June 20, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Mithuna Rasi: 25.58 Creative Work Siddha Yoga	Tithi 2 – 3 346216571	Gulika 12:06PM – 1:56PM Yama 8:28AM – 10:17AM Rahu 3:45PM – 5:34PM	Punarvasu Until 8:37PM Dhruva Until 11:47PM Taitila Until 12:08AM Wed Dvitiya Until 11:09AM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Ashada*Ani	Sun 15 Sutra 64 Sobhana 5125 Moon 6 - Phase 10 - 15 3rd Phase Sivaloka Day

3	Wednesday, June 21, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Tehran, Iran
	Kataka Rasi: 8.01 Creative Work Siddha Yoga	Tithi 3 – 4 346216571	Gulika 10:17AM – 12:07PM Yama 6:39AM – 8:28AM Rahu 12:07PM – 1:56PM	Pushya Until 11:19PM Vyaghata* Until 12:33AM Thu Vanija Until 2:18AM Thu Tritiya Until 1:10PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Ashada*Ani	Sun 16 Sutra 65 Sobhana 5125 Moon 6 - Phase 10 - 16 3rd Phase Sivaloka Day

4	Thursday, June 22, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau				Tehran, Iran
	Kataka Rasi: 19.58 Creative Work Siddha Yoga Until 2:04AM Fri Then Routine Work - Marana Yoga	Tithi 4 – 5 346216571	Gulika 8:29AM – 10:18AM Yama 4:50AM – 6:39AM Rahu 1:56PM – 3:45PM	Ashlesha* Until 2:04AM Fri Harshana Until 1:29AM Fri Bava Until 4:39AM Fri Chatrthi* Until 3:26PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Ashada*Ani	Sun 17 Sutra 66 Sobhana 5125 Moon 6 - Phase 10 - 17 3rd Phase Sivaloka Day

5	Friday, June 23, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Tehran, Iran
	Simha Rasi: 1.51 Routine Work Marana Yoga Until 5:13AM Sat Then Creative Work - Siddha Yoga	Tithi 5 – 6 357216571	Gulika 6:40AM – 8:29AM Yama 3:45PM – 5:34PM Rahu 10:18AM – 12:07PM	Magha* Until 5:13AM Sat Vajra* Until 2:26AM Sat Kaulava Until 7:03AM Sat Panchami Until 5:50PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sun 18 Sutra 67 Sobhana 5125 Moon 6 - Phase 10 - 18 3rd Phase Sivaloka Day

6	Saturday, June 24, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashtyam Titau				Tehran, Iran
	Simha Rasi: 13.43 Creative Work Siddha Yoga Until 8:05AM Sun Then Creative Work - Amrita Yoga	Tithi 6 357216571	Gulika 4:51AM – 6:40AM Yama 1:56PM – 3:45PM Rahu 8:29AM – 10:18AM	Purvaphalguni Until 8:05AM Sun Siddhi Until 3:20AM Sun Kaulava Until 7:03AM Shashthi* Until 8:12PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sun 19 Sutra 68 Sobhana 5125 Moon 6 - Phase 10 - 19 3rd Phase Sivaloka Day

D	Sunday, June 25, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Simha Rasi: 25.37 Creative Work Siddha Yoga Until 8:05AM Then Creative Work - Amrita Yoga	Tithi 7 357216571	Gulika 3:46PM – 5:35PM Yama 12:07PM – 1:57PM Rahu 5:35PM – 7:24PM	Purvaphalguni Until 8:05AM Vyatipata* Until 4:02AM Mon Gara Until 9:20AM Saptami Until 10:20PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sun 20 Sutra 69 Sobhana 5125 Moon 6 - Phase 10 - 20 3rd Phase Sivaloka Day

D	Monday, June 26, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Kanya Rasi: 7.38 Family Home Evening Creative Work Siddha Yoga	Tithi 8 357216571	Gulika 1:57PM – 3:46PM Yama 10:19AM – 12:08PM Rahu 6:40AM – 8:30AM	Uttaraphalguni Until 10:29AM Variyan Until 4:19AM Tue Visti Until 11:16AM Ashtami* Until 12:01AM Tue	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sun 21 Sutra 70 Sobhana 5125 Moon 6 - Phase 10 - 21 Ashtami Sivaloka Day

D	Tuesday, June 27, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Kanya Rasi: 19.52 Creative Work Siddha Yoga	Tithi 9 367316571	Gulika 12:08PM – 1:57PM Yama 8:30AM – 10:19AM Rahu 3:46PM – 5:35PM	Hasta Until 12:40PM Parigha* Until 4:05AM Wed Balava Until 12:39PM Navami* Until 1:03AM Wed	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Green Ashada*Ani	Sun 22 Sutra 71 Sobhana 5125 Moon 6 - Phase 10 - 22 Navami Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda


1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
			Chitra/Svati Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 72
	Tula Rasi: 2.25	Tithi 10	Gulika 10:19AM – 12:08PM	Chitra Until 1:59PM	Ganesha: Clear	Sunrise: 4:52AM	Sobhana 5125
		Yama 6:41AM – 8:30AM	Shiva Until 3:14AM Thu	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 - 23	
		367316571 Rahu 12:08PM – 1:57PM	Taitila Until 1:18PM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 1:18AM Thu	Moon – Green		Sivaloka Day	
				Ashada*Ani			


2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 73
	Tula Rasi: 15.19	Tithi 11	Gulika 8:30AM – 10:19AM	Svati Until 2:19PM	Ganesha: White	Sunrise: 4:52AM	Sobhana 5125
		Yama 4:52AM – 6:41AM	Siddha Until 1:41AM Fri	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 - 24	
		368316571 Rahu 1:57PM – 3:46PM	Vanija Until 1:07PM	Nataraja: Blue		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 12:41AM Fri	Moon – Green		Devaloka Day	
Until 2:19PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 74
	Tula Rasi: 28.41	Tithi 12	Gulika 6:42AM – 8:31AM	Vishakha Until 2:08PM	Ganesha: Clear	Sunrise: 4:53AM	Sobhana 5125
		Yama 3:46PM – 5:35PM	Sadhya Until 11:29PM	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 - 25	
		378316571 Rahu 10:20AM – 12:08PM	Bava Until 12:05PM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:15PM	Moon – Orange		Sivaloka Day	
				Ashada*Ani			

4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 75
	Vrischika Rasi: 12.31	Tithi 13	Gulika 4:53AM – 6:42AM	Anuradha Until 1:02PM	Ganesha: Clear	Sunrise: 4:53AM	Sobhana 5125
		Yama 1:57PM – 3:46PM	Subha Until 8:42PM	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 - 26	
		378316571 Rahu 8:31AM – 10:20AM	Kaulava Until 10:17AM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:06PM	Moon – Orange		Sivaloka Day	
				Ashada*Ani			
				<i>Pradosha Vrata</i>			

5	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 76
	Vrischika Rasi: 26.48	Tithi 14	Gulika 3:46PM – 5:35PM	Jyeshtha* Until 11:08AM	Ganesha: Clear	Sunrise: 4:54AM	Sobhana 5125
		Yama 12:09PM – 1:58PM	Sukla Until 5:24PM	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 - 27	
		378316571 Rahu 5:35PM – 7:24PM	Gara Until 7:48AM	Nataraja: Blue		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 6:20PM	Moon – Orange		Sivaloka Day	
Until 11:08AM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 77
	Dhanus Rasi: 11.28	Tithi 15 – 16	Gulika 1:58PM – 3:46PM	Mula* Until 9:01AM	Ganesha: Purple	Sunrise: 4:54AM	Sobhana 5125
Family Home Evening		Yama 10:20AM – 12:09PM	Brahma Until 1:44PM	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 -	
		388316571 Rahu 6:43AM – 8:32AM	Balava Until 1:27AM Tue	Nataraja: Blue		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 3:09PM	Moon – Light Blue		Devaloka Day	
Until 9:01AM				Ashada*Ani			
Then Routine Work - Marana Yoga		Satguru Purnima					

	Tuesday, July 4, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
			Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 78
	Dhanus Rasi: 26.23	Tithi 16 – 17	Gulika 12:09PM – 1:58PM	Purvashadha* Until 6:26AM	Ganesha: Purple	Sunrise: 4:55AM	Sobhana 5125
		Yama 8:32AM – 10:21AM	Indra Until 9:51AM	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 11 -	
		388316571 Rahu 3:46PM – 5:35PM	Taitila Until 9:55PM	Nataraja: Blue		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:41AM	Moon – Light Blue		Devaloka Day	
Until 6:26AM				Ashada*Ani			
Then Routine Work - Prabalarishta Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang



Wednesday, July 5, 2023

Gold Retreat Star

Makara Rasi: 11.25 Tithi 17 - 18

Creative Work Siddha Yoga

398316571

Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 79

Gulika 10:21AM - 12:09PM
Yama 6:44AM - 8:32AM
Rahu 12:09PM - 1:58PM

Shravana Until 1:01AM Thu
Vishkambha* Until 1:53AM Thu
Vanija Until 6:22PM
Dvitiya Until 8:07AM

Ganesha: Clear Sunrise: 4:55AM
Muruga: Yellow Sunset: 7:24PM
Nataraja: Blue
Moon - Purple
Ashada*Ani

Sivaloka Day

1 Thursday, July 6, 2023

Makara Rasi: 26.25 Tithi 19

Creative Work Siddha Yoga

399316571

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran
Sun 2 Sutra 80

Gulika 8:33AM - 10:21AM
Yama 4:56AM - 6:44AM
Rahu 1:58PM - 3:46PM

Dhanishtha Until 10:31PM
Priti Until 10:06PM
Bava Until 2:57PM
Chaturthi* Until 1:20AM Fri

Ganesha: Purple Sunrise: 4:56AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon - Purple
Ashada*Ani

Subha Sivaloka Day

2 Friday, July 7, 2023

Kumbha Rasi: 11.15 Tithi 20

Creative Work Siddha Yoga

499316571

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 81

Gulika 6:45AM - 8:33AM
Yama 3:46PM - 5:35PM
Rahu 10:21AM - 12:10PM

Shatabhishak Until 8:13PM
Ayushman Until 6:34PM
Kaulava Until 11:50AM
Panchami Until 10:24PM

Ganesha: Clear Sunrise: 4:56AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon - Purple
Ashada*Ani

Sivaloka Day

3 Saturday, July 8, 2023

Kumbha Rasi: 25.47 Tithi 21

Routine Work Marana Yoga

Until 6:39PM

Then Creative Work - Siddha Yoga

419316571

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 82

Gulika 4:57AM - 6:45AM
Yama 1:58PM - 3:46PM
Rahu 8:33AM - 10:22AM

Purvaproshtapada* Until 6:39PM
Saubhagya Until 3:26PM
Gara Until 9:07AM
Shashthi* Until 7:56PM

Ganesha: Yellow Sunrise: 4:57AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon - Clear
Ashada*Ani

Sivaloka Day

4 Sunday, July 9, 2023

Meena Rasi: 9.59 Tithi 22

Creative Work Amrita Yoga

419316571

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 5 Sutra 83

Gulika 3:46PM - 5:35PM
Yama 12:10PM - 1:58PM
Rahu 5:35PM - 7:23PM

Uttaraproshtapada Until 5:31PM
Sobhana Until 12:45PM
Visti Until 6:56AM
Saptami Until 6:02PM

Ganesha: Yellow Sunrise: 4:57AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon - Clear
Ashada*Ani

Sivaloka Day

D Monday, July 10, 2023

Retreat Star

Meena Rasi: 23.47 Tithi 23 - 24

Family Home Evening

Creative Work Siddha Yoga

419316571

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 6 Sutra 84

Gulika 1:58PM - 3:46PM
Yama 10:22AM - 12:10PM
Rahu 6:46AM - 8:34AM

Revati Until 4:50PM
Athiganda* Until 10:32AM
Taitila Until 4:21AM Tue
Ashtami* Until 4:45PM

Ganesha: Yellow Sunrise: 4:58AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Blue
Moon - Clear
Ashada*Ani

Sivaloka Day

Tuesday, July 11, 2023

Retreat Star

Mesha Rasi: 7.14 Tithi 24 - 25

Creative Work Siddha Yoga

429316571

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran
Sun 7 Sutra 85

Gulika 12:10PM - 1:58PM
Yama 8:34AM - 10:22AM
Rahu 3:46PM - 5:34PM

Ashvini Until 5:03PM
Sukarma Until 8:51AM
Vanija Until 3:59AM Wed
Navami* Until 4:04PM

Ganesha: Blue Sunrise: 4:58AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Blue
Moon - White
Ashada*Ani

Subha Sivaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang


1	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Mesha Rasi: 20.22	Tithi 25 – 26	Gulika 10:23AM – 12:10PM	Bharani Until 5:42PM	Ganesh: Blue	<i>Sunrise:</i> 4:59AM	Sun 8 Sutra 86
	429316571		Yama 6:47AM – 8:35AM	Dhriti Until 7:38AM	Muruga: Yellow	<i>Sunset:</i> 7:22PM	Sobhana 5125
		Rahu 12:10PM – 1:58PM	Bava Until 4:10AM Thu	Nataraja: Blue		Moon 7 - Phase 13 - 8	
	Creative Work Siddha Yoga		Dashami Until 3:59PM	Moon – White		2nd Phase	
	Until 5:42PM			Ashada*Ani		Subha Sivaloka Day	
	Then Creative Work - Amrita Yoga						

2	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Mrishabha Rasi: 3.13	Tithi 26 – 27	Gulika 8:35AM – 10:23AM	Krittika Until 6:42PM	Ganesh: Blue	<i>Sunrise:</i> 5:00AM	Sun 9 Sutra 87
	429316571		Yama 5:00AM – 6:47AM	Shula* Until 6:51AM	Muruga: Yellow	<i>Sunset:</i> 7:21PM	Sobhana 5125
		Rahu 1:58PM – 3:46PM	Kaulava Until 4:50AM Fri	Nataraja: Blue		Moon 7 - Phase 13 - 9	
	Routine Work Marana Yoga		Ekadashi* Until 4:25PM	Moon – White		2nd Phase	
				Ashada*Ani		Subha Sivaloka Day	

3	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Mrishabha Rasi: 15.49	Tithi 27 – 28	Gulika 6:48AM – 8:35AM	Rohini Until 8:26PM	Ganesh: Clear	<i>Sunrise:</i> 5:00AM	Sun 10 Sutra 88
	431316571		Yama 3:46PM – 5:33PM	Ganda* Until 6:26AM	Muruga: Yellow	<i>Sunset:</i> 7:21PM	Sobhana 5125
		Rahu 10:23AM – 12:11PM	Gara Until 5:54AM Sat	Nataraja: Blue		Moon 7 - Phase 13 - 10	
	Routine Work Marana Yoga		Dvadashi* Until 5:18PM	Moon – Yellow		2nd Phase	
	Until 8:26PM			Ashada*Ani		Sivaloka Day	
	Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

4	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija Karana Trayodashyam Titau				Tehran, Iran
	Mrishabha Rasi: 28.15	Tithi 28	Gulika 5:01AM – 6:48AM	Mrigashira Until 10:23PM	Ganesh: Clear	<i>Sunrise:</i> 5:01AM	Sun 11 Sutra 89
	431316571		Yama 1:58PM – 3:46PM	Vridhi Until 6:21AM	Muruga: Yellow	<i>Sunset:</i> 7:21PM	Sobhana 5125
		Rahu 8:36AM – 10:23AM	Vanija Until 6:34PM	Nataraja: Blue		Moon 7 - Phase 13 - 11	
	Creative Work Siddha Yoga		Trayodashi* Until 6:34PM	Moon – Yellow		2nd Phase	
				Ashada*Ani		Sivaloka Day	

5	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran
	Mithuna Rasi: 10.32	Tithi 29	Gulika 3:45PM – 5:33PM	Ardra Until 12:29AM Mon	Ganesh: Clear	<i>Sunrise:</i> 5:02AM	Sun 12 Sutra 90
	431316571		Yama 12:11PM – 1:58PM	Dhruva Until 6:32AM	Muruga: Yellow	<i>Sunset:</i> 7:20PM	Sobhana 5125
		Rahu 5:33PM – 7:20PM	Visti Until 7:20AM	Nataraja: Blue		Moon 7 - Phase 13 - 12	
	Creative Work Siddha Yoga		Chaturdashi* Until 8:09PM	Moon – Yellow		2nd Phase	
	Until 12:29AM Mon			Ashada*Ani		Sivaloka Day	
	Then Creative Work - Amrita Yoga						

	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran
	Retreat Star		Gulika 1:58PM – 3:45PM	Punarvasu Until 3:10AM Tue	Ganesh: Orange	<i>Sunrise:</i> 5:02AM	Sun 13 Sutra 91
	Mithuna Rasi: 22.41	Tithi 30	Yama 10:24AM – 12:11PM	Vyaghata* Until 6:57AM	Muruga: Yellow	<i>Sunset:</i> 7:20PM	Sobhana 5125
	Family Home Evening	441316572	Rahu 6:49AM – 8:37AM	Catuspada Until 9:05AM	Nataraja: Yellow		
	Creative Work Amrita Yoga			Amavasya* Until 10:02PM	Moon – Blue	Moon 7 - Phase 13 - 13	
	Until 3:10AM Tue				Ashada*Adi	Amavasya	
	Then Creative Work - Siddha Yoga					Devaloka Day	

	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran
	Retreat Star		Gulika 12:11PM – 1:58PM	Pushya Until 5:56AM Wed	Ganesh: Orange	<i>Sunrise:</i> 5:03AM	Sun 14 Sutra 92
	Kataka Rasi: 4.44	Tithi 1	Yama 8:37AM – 10:24AM	Harshana Until 7:35AM	Muruga: Yellow	<i>Sunset:</i> 7:19PM	Sobhana 5125
		441316572	Rahu 3:45PM – 5:32PM	Kintughna Until 11:05AM	Nataraja: Yellow		
	Creative Work Siddha Yoga			Prathama* Until 12:09AM Wed	Moon – Blue	Moon 7 - Phase 13 - 14	
					Sravana Adhika*Adi	Prathama	
						Devaloka Day	

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tehran, Iran
	Kataka Rasi: 16.41	Tithi 2	Gulika 10:24AM – 12:11PM	Ashlesha* Until 8:42AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:04AM	Sun 15	Sutra 93
	Creative Work	Siddha Yoga	Yama 6:50AM – 8:37AM	Vajra* Until 8:23AM	Muruga: Yellow <i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 15	Sobhana 5125
		441316572	Rahu 12:11PM – 1:58PM	Balava Until 1:19PM	Nataraja: Yellow		3rd Phase
				Dvitiya Until 2:29AM Thu	Moon – Blue		
					Sravana Adhika*Adi		Devaloka Day

2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran
	Kataka Rasi: 28.34	Tithi 3	Gulika 8:38AM – 10:24AM	Ashlesha* Until 8:42AM	Ganesha: Orange <i>Sunrise:</i> 5:04AM	Sun 16	Sutra 94
	Creative Work	Siddha Yoga	Yama 5:04AM – 6:51AM	Siddhi Until 9:19AM	Muruga: Yellow <i>Sunset:</i> 7:18PM	Moon 7 - Phase 14 - 16	Sobhana 5125
		441316572	Rahu 1:58PM – 3:45PM	Taitila Until 3:43PM	Nataraja: Yellow		3rd Phase
				Tritiya Until 4:55AM Fri	Moon – Blue		
					Sravana Adhika*Adi		Devaloka Day

3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija Karana Chaturthyam Titau				Tehran, Iran
	Simha Rasi: 10.25	Tithi 4	Gulika 6:51AM – 8:38AM	Magha* Until 11:54AM	Ganesha: Clear <i>Sunrise:</i> 5:05AM	Sun 17	Sutra 95
	Creative Work	Marana Yoga	Yama 3:44PM – 5:31PM	Vyatipata* Until 10:21AM	Muruga: Yellow <i>Sunset:</i> 7:17PM	Moon 7 - Phase 14 - 17	Sobhana 5125
		451316572	Rahu 10:25AM – 12:11PM	Vanija Until 6:11PM	Nataraja: Yellow		3rd Phase
				Chaturthi* Until 7:23AM Sat	Moon – Red		
					Sravana Adhika*Adi		Devaloka Day

4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau				Tehran, Iran
	Simha Rasi: 22.15	Tithi 4 – 5	Gulika 5:06AM – 6:52AM	Purvaphalguni Until 2:54PM	Ganesha: White <i>Sunrise:</i> 5:06AM	Sun 18	Sutra 96
	Creative Work	Siddha Yoga	Yama 1:58PM – 3:44PM	Variyan Until 11:20AM	Muruga: Yellow <i>Sunset:</i> 7:17PM	Moon 7 - Phase 14 - 18	Sobhana 5125
		451416572	Rahu 8:38AM – 10:25AM	Bava Until 8:35PM	Nataraja: Yellow		3rd Phase
				Chaturthi* Until 7:23AM	Moon – Red		
					Sravana Adhika*Adi		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	Kanya Rasi: 4.08	Tithi 5 – 6	Gulika 3:44PM – 5:30PM	Uttaraphalguni Until 5:33PM	Ganesha: White <i>Sunrise:</i> 5:06AM	Sun 19	Sutra 97
	Creative Work	Amrita Yoga	Yama 12:11PM – 1:57PM	Parigha* Until 12:12PM	Muruga: Yellow <i>Sunset:</i> 7:16PM	Moon 7 - Phase 14 - 19	Sobhana 5125
		451416572	Rahu 5:30PM – 7:16PM	Kaulava Until 10:46PM	Nataraja: Yellow		3rd Phase
				Panchami Until 9:42AM	Moon – Red		
					Sravana Adhika*Adi		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran
	Kanya Rasi: 16.09	Tithi 6 – 7	Gulika 1:57PM – 3:43PM	Hasta Until 8:10PM	Ganesha: Purple <i>Sunrise:</i> 5:07AM	Sun 20	Sutra 98
	Family Home Evening		Yama 10:25AM – 12:11PM	Shiva Until 12:49PM	Muruga: Yellow <i>Sunset:</i> 7:15PM	Moon 7 - Phase 14 - 20	Sobhana 5125
		462416572	Rahu 6:53AM – 8:39AM	Gara Until 12:30AM Tue	Nataraja: Yellow		3rd Phase
				Shashthi* Until 11:41AM	Moon – Green		
					Sravana Adhika*Adi		Sivaloka Day

D	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 12:11PM – 1:57PM	Chitra Until 10:02PM	Ganesha: Purple <i>Sunrise:</i> 5:08AM	Sun 21	Sutra 99
	Kanya Rasi: 28.21	Tithi 7 – 8	Yama 8:40AM – 10:25AM	Siddha Until 1:00PM	Muruga: Yellow <i>Sunset:</i> 7:15PM	Moon 7 - Phase 14 - 21	Sobhana 5125
		462416572	Rahu 3:43PM – 5:29PM	Visti Until 1:37AM Wed	Nataraja: Yellow		Ashtami
				Saptami Until 1:08PM	Moon – Green		
					Sravana Adhika*Adi		Sivaloka Day

	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 10:26AM – 12:11PM	Svati Until 10:59PM	Ganesha: Purple <i>Sunrise:</i> 5:09AM	Sun 22	Sutra 100
	Tula Rasi: 10.5	Tithi 8 – 9	Yama 6:54AM – 8:40AM	Sadhya Until 12:37PM	Muruga: Yellow <i>Sunset:</i> 7:14PM	Moon 7 - Phase 14 - 22	Sobhana 5125
		462416572	Rahu 12:11PM – 1:57PM	Balava Until 1:57AM Thu	Nataraja: Yellow		Navami
				Ashtami* Until 1:52PM	Moon – Green		
					Sravana Adhika*Adi		Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang


1	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 23 Sutra 101
	Tula Rasi: 23.43	Tithi 9 – 10	Gulika 8:40AM – 10:26AM	Vishakha Until 11:25PM	Ganesh: Clear	Sunrise: 5:09AM	Sobhana 5125
		Yama 5:09AM – 6:55AM	Subha Until 11:37AM	Muruga: Yellow	Sunset: 7:13PM	Moon 7 - Phase 15 - 23	
		472416572 Rahu 1:57PM – 3:42PM	Taitila Until 1:25AM Fri	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 1:46PM	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			


2	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 102
	Vrischika Rasi: 7.01	Tithi 10 – 11	Gulika 6:55AM – 8:41AM	Anuradha Until 10:51PM	Ganesh: Clear	Sunrise: 5:10AM	Sobhana 5125
		Yama 3:42PM – 5:27PM	Sukla Until 9:53AM	Muruga: Yellow	Sunset: 7:12PM	Moon 7 - Phase 15 - 24	
		472416572 Rahu 10:26AM – 12:11PM	Vanija Until 12:01AM Sat	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 12:48PM	Moon – Orange		Devaloka Day	
Until 10:51PM				Sravana Adhika*Adi			
Then Routine Work - Marana Yoga							

3	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 103
	Vrischika Rasi: 20.49	Tithi 11 – 12	Gulika 5:11AM – 6:56AM	Jyeshtha* Until 9:21PM	Ganesh: Clear	Sunrise: 5:11AM	Sobhana 5125
		Yama 1:56PM – 3:41PM	Brahma Until 7:29AM	Muruga: Yellow	Sunset: 7:12PM	Moon 7 - Phase 15 - 25	
		472416572 Rahu 8:41AM – 10:26AM	Bava Until 9:51PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:01AM	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			

4	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Mula* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 104
	Dhanus Rasi: 5.07	Tithi 12 – 13	Gulika 3:41PM – 5:26PM	Mula* Until 7:28PM	Ganesh: White	Sunrise: 5:12AM	Sobhana 5125
		Yama 12:11PM – 1:56PM	Vaidhriti* Until 12:57AM Mon	Muruga: Yellow	Sunset: 7:11PM	Moon 7 - Phase 15 - 26	
		482416572 Rahu 5:26PM – 7:11PM	Kaulava Until 7:01PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 8:29AM	Moon – Light Blue		Sivaloka Day	
Until 7:28PM				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga							
				Pradosha Vrata			

5	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 105
	Dhanus Rasi: 19.5	Tithi 14	Gulika 1:56PM – 3:41PM	Purvashadha* Until 4:55PM	Ganesh: White	Sunrise: 5:12AM	Sobhana 5125
Family Home Evening		Yama 10:26AM – 12:11PM	Vishkambha* Until 9:02PM	Muruga: Yellow	Sunset: 7:10PM	Moon 7 - Phase 15 - 27	
		482416572 Rahu 6:57AM – 8:42AM	Gara Until 3:41PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 1:51AM Tue	Moon – Light Blue		Sivaloka Day	
				Sravana Adhika*Adi			

	Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Copper Retreat Star		Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 106
	Makara Rasi: 4.53	Tithi 15	Gulika 12:11PM – 1:56PM	Uttarashadha Until 1:55PM	Ganesh: White	Sunrise: 5:13AM	Sobhana 5125
		Yama 8:42AM – 10:27AM	Priti Until 4:53PM	Muruga: Yellow	Sunset: 7:09PM	Moon 7 - Phase 15 -	
		482416572 Rahu 3:40PM – 5:25PM	Visti Until 12:00PM	Nataraja: Yellow		Purnima	
Routine Work	Prabalarishta Yoga		Purnima* Until 10:04PM	Moon – Light Blue		Sivaloka Day	
Until 1:55PM				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga							

	Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Silver Retreat Star		Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 107
	Makara Rasi: 20.07	Tithi 16	Gulika 10:27AM – 12:11PM	Shravana Until 11:02AM	Ganesh: Yellow	Sunrise: 5:14AM	Sobhana 5125
		Yama 6:58AM – 8:42AM	Ayushman Until 12:36PM	Muruga: Yellow	Sunset: 7:08PM	Moon 7 - Phase 15 -	
		492416572 Rahu 12:11PM – 1:55PM	Balava Until 8:09AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:12PM	Moon – Purple		Devaloka Day	
Until 11:02AM				Sravana Adhika*Adi			
Then Routine Work - Prabalarishta Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang



Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Tehran, Iran

Sun 1 Sutra 108

Sobhana 5125

Kumbha Rasi: 5.22 Tithi 17 - 18

Gulika 8:43AM - 10:27AM

Dhanishtha Until 8:02AM

Ganesha: Yellow Sunrise: 5:15AM

Yama 5:15AM - 6:59AM

Saubhagya Until 8:23AM

Muruga: Yellow Sunset: 7:07PM

Moon 8 - Phase 16 - 1

492416572 Rahu 1:55PM - 3:39PM

Vanija Until 12:38AM Fri

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - Purple
Sravana Adhika*Adi

Devaloka Day

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Tehran, Iran

Sun 2 Sutra 109

Sobhana 5125

Kumbha Rasi: 20.27 Tithi 18 - 19

Gulika 6:59AM - 8:43AM

Purvaproshtapada* Until 2:51AM Sat

Ganesha: Clear Sunrise: 5:15AM

Yama 3:39PM - 5:22PM

Athiganda* Until 12:34AM Sat

Muruga: Yellow Sunset: 7:06PM

Moon 8 - Phase 16 - 2

412416572 Rahu 10:27AM - 12:11PM

Bava Until 9:18PM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - Clear
Sravana Adhika*Adi

Devaloka Day

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 110

Sobhana 5125

Meena Rasi: 5.15 Tithi 19 - 20

Gulika 5:16AM - 7:00AM

Uttaraproshtapada Until 12:58AM Sun

Ganesha: Clear Sunrise: 5:16AM

Yama 1:54PM - 3:38PM

Sukarma Until 9:15PM

Muruga: Yellow Sunset: 7:05PM

Moon 8 - Phase 16 - 3

412416572 Rahu 8:43AM - 10:27AM

Kaulava Until 6:27PM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - Clear
Sravana Adhika*Adi

Devaloka Day

Until 12:58AM Sun

Then Creative Work - Amrita Yoga

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 111

Sobhana 5125

Meena Rasi: 19.38 Tithi 21

Gulika 3:38PM - 5:21PM

Revati Until 11:35PM

Ganesha: White Sunrise: 5:17AM

Yama 12:11PM - 1:54PM

Dhriti Until 6:28PM

Muruga: Yellow Sunset: 7:04PM

Moon 8 - Phase 16 - 4

413416572 Rahu 5:21PM - 7:04PM

Gara Until 4:14PM

Nataraja: Yellow

1st Phase

Creative Work Amrita Yoga

Moon - Clear
Sravana Adhika*Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 11:35PM

Then Creative Work - Siddha Yoga

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 112

Sobhana 5125

Mesha Rasi: 3.35 Tithi 22

Gulika 1:54PM - 3:37PM

Ashvini Until 11:14PM

Ganesha: Clear Sunrise: 5:18AM

Yama 10:27AM - 12:11PM

Shula* Until 4:14PM

Muruga: Yellow Sunset: 7:03PM

Moon 8 - Phase 16 - 5

423416572 Rahu 7:01AM - 8:44AM

Visti Until 2:43PM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - White
Sravana Adhika*Adi

Devaloka Day

Saptami Until 2:13AM Tue

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 113

Sobhana 5125

Mesha Rasi: 17.05 Tithi 23

Gulika 12:10PM - 1:53PM

Bharani Until 11:29PM

Ganesha: Clear Sunrise: 5:18AM

Yama 8:44AM - 10:27AM

Ganda* Until 2:38PM

Muruga: Yellow Sunset: 7:02PM

Moon 8 - Phase 16 - 6

423416572 Rahu 3:36PM - 5:19PM

Balava Until 1:58PM

Nataraja: Yellow

Ashtami

Creative Work Siddha Yoga

Moon - White
Sravana Adhika*Adi

Devaloka Day

Ashtami* Until 1:51AM Wed

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Kritika Nakshatra Vriddhi/Dhruva Yoga Taitila*/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7 Sutra 114

Sobhana 5125

Vrishabha Rasi: 0.1 Tithi 24

Gulika 10:27AM - 12:10PM

Kritika Until 12:17AM Thu

Ganesha: Clear Sunrise: 5:19AM

Yama 7:02AM - 8:45AM

Vriddhi Until 1:38PM

Muruga: Yellow Sunset: 7:01PM

Moon 8 - Phase 16 - 7

423416572 Rahu 12:10PM - 1:53PM

Taitila Until 1:57PM

Nataraja: Yellow

Navami

Creative Work Amrita Yoga

Moon - White
Sravana Adhika*Adi

Devaloka Day

Navami* Until 2:10AM Thu

Until 12:17AM Thu

Then Routine Work - Marana Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang


1	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
	433416572		Gulika 8:45AM – 10:28AM	Rohini Until 2:00AM Fri	Ganesha: Purple <i>Sunrise: 5:20AM</i>	Sun 8	Sutra 115
			Yama 5:20AM – 7:03AM	Dhruva Until 1:08PM	Muruga: Yellow <i>Sunset: 7:00PM</i>		Sobhana 5125
			Rahu 1:53PM – 3:35PM	Vanija Until 2:36PM	Nataraja: Yellow	Moon 8 - Phase 17 - 8	2nd Phase
Routine Work Marana Yoga				Moon – Yellow	Bhuloka Day		
Until 2:00AM Fri			Dashami Until 3:07AM Fri	Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
	433416572		Gulika 7:03AM – 8:45AM	Mrigashira Until 4:03AM Sat	Ganesha: Purple <i>Sunrise: 5:21AM</i>	Sun 9	Sutra 116
			Yama 3:35PM – 5:17PM	Vyaghata* Until 1:05PM	Muruga: Yellow <i>Sunset: 6:59PM</i>		Sobhana 5125
			Rahu 10:28AM – 12:10PM	Bava Until 3:48PM	Nataraja: Yellow	Moon 8 - Phase 17 - 9	2nd Phase
Creative Work Siddha Yoga				Moon – Yellow	Bhuloka Day		
			Ekadashi* Until 4:33AM Sat	Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

3	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
	433416572		Gulika 5:22AM – 7:04AM	Ardra Until 6:17AM Sun	Ganesha: Purple <i>Sunrise: 5:22AM</i>	Sun 10	Sutra 117
			Yama 1:52PM – 3:34PM	Harshana Until 1:23PM	Muruga: Yellow <i>Sunset: 6:58PM</i>		Sobhana 5125
			Rahu 8:46AM – 10:28AM	Kaulava Until 5:26PM	Nataraja: Yellow	Moon 8 - Phase 17 - 10	2nd Phase
Creative Work Siddha Yoga				Moon – Yellow	Bhuloka Day		
			Dvadashi* Until 6:22AM Sun	Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

4	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	433416572		Gulika 3:33PM – 5:15PM	Ardra Until 6:17AM	Ganesha: Purple <i>Sunrise: 5:22AM</i>	Sun 11	Sutra 118
			Yama 12:10PM – 1:51PM	Vajra* Until 1:55PM	Muruga: Yellow <i>Sunset: 6:57PM</i>		Sobhana 5125
			Rahu 5:15PM – 6:57PM	Gara Until 7:23PM	Nataraja: Yellow	Moon 8 - Phase 17 - 11	2nd Phase
Creative Work Siddha Yoga				Moon – Yellow	Bhuloka Day		
			Dvadashi* Until 6:22AM	Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	443416572		Gulika 1:51PM – 3:33PM	Punarvasu Until 9:06AM	Ganesha: Light Blue <i>Sunrise: 5:23AM</i>	Sun 12	Sutra 119
			Yama 10:28AM – 12:09PM	Siddhi Until 2:38PM	Muruga: Yellow <i>Sunset: 6:56PM</i>		Sobhana 5125
			Rahu 7:05AM – 8:46AM	Visti Until 9:34PM	Nataraja: Yellow	Moon 8 - Phase 17 - 12	2nd Phase
Kataka Rasi: 1.46 Tithi 28 – 29				Moon – Blue	Bhuloka Day		
Family Home Evening			Trayodashi* Until 8:26AM	Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		
Creative Work Amrita Yoga							
Until 9:06AM							
Then Creative Work - Siddha Yoga							

	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran	
	Retreat Star			Gulika 12:09PM – 1:51PM	Pushya Until 11:56AM	Ganesha: Light Blue <i>Sunrise: 5:24AM</i>	Sun 13	Sutra 120
	443416572		Yama 8:47AM – 10:28AM	Vyatipata* Until 3:31PM	Muruga: Yellow <i>Sunset: 6:55PM</i>		Sobhana 5125	
			Rahu 3:32PM – 5:13PM	Catuspada Until 11:54PM	Nataraja: Yellow	Moon 8 - Phase 17 - 13	Amavasya	
Kataka Rasi: 13.43 Tithi 29 – 30				Moon – Blue	Bhuloka Day			
Creative Work Siddha Yoga			Chaturdashi* Until 10:42AM	Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM			

	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran	
	Retreat Star			Gulika 10:28AM – 12:09PM	Ashlesha* Until 2:44PM	Ganesha: Orange <i>Sunrise: 5:25AM</i>	Sun 14	Sutra 121
	443516572		Yama 7:06AM – 8:47AM	Variyan Until 4:26PM	Muruga: Yellow <i>Sunset: 6:53PM</i>		Sobhana 5125	
			Rahu 12:09PM – 1:50PM	Kintughna Until 2:20AM Thu	Nataraja: Yellow	Moon 8 - Phase 17 - 14	Prathama	
Kataka Rasi: 25.35 Tithi 30 – 1				Moon – Blue	Devaloka Day			
Creative Work Siddha Yoga			Amavasya* Until 1:05PM	Sravana*Adi				

1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Simha Rasi: 7.26	Tithi 1 – 2	Gulika 8:47AM – 10:28AM	Magha* Until 5:54PM	Ganesha: Clear	Sunrise: 5:25AM	Sutra 122
	453516572	574516572	Yama 5:25AM – 7:06AM	Parigha* Until 5:25PM	Muruga: Yellow	Sunset: 6:52PM	Sobhana 5125
Creative Work Amrita Yoga			Rahu 1:50PM – 3:31PM	Balava Until 4:47AM Fri	Nataraja: Yellow	Moon 8 - Phase 18 - 15	3rd Phase
Until 5:54PM				Prathama* Until 3:33PM	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga					Sravana*Avani		

2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Simha Rasi: 19.17	Tithi 2 – 3	Gulika 7:07AM – 8:47AM	Purvaphalguni Until 8:53PM	Ganesha: Orange	Sunrise: 5:26AM	Sutra 123
	553516572	574516572	Yama 3:30PM – 5:10PM	Shiva Until 6:24PM	Muruga: Yellow	Sunset: 6:51PM	Sobhana 5125
Creative Work Siddha Yoga			Rahu 10:28AM – 12:09PM	Taitila Until 7:11AM Sat	Nataraja: Yellow	Moon 8 - Phase 18 - 16	3rd Phase
				Dvitiya Until 5:59PM	Moon – Red	Devaloka Day	
					Sravana*Avani		

3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran
	Kanya Rasi: 1.1	Tithi 3	Gulika 5:27AM – 7:07AM	Uttaraphalguni Until 11:35PM	Ganesha: Orange	Sunrise: 5:27AM	Sutra 124
	553516572	574516572	Yama 1:49PM – 3:29PM	Siddha Until 7:15PM	Muruga: Yellow	Sunset: 6:50PM	Sobhana 5125
Routine Work Marana Yoga			Rahu 8:48AM – 10:28AM	Taitila Until 7:11AM	Nataraja: Yellow	Moon 8 - Phase 18 - 17	3rd Phase
				Tritiya Until 8:18PM	Moon – Red	Devaloka Day	
					Sravana*Avani		

4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Tehran, Iran
	Kanya Rasi: 13.07	Tithi 4	Gulika 3:28PM – 5:09PM	Hasta Until 2:21AM Mon	Ganesha: Clear	Sunrise: 5:28AM	Sutra 125
	563516572	574516572	Yama 12:08PM – 1:48PM	Sadhya Until 7:56PM	Muruga: Yellow	Sunset: 6:49PM	Sobhana 5125
Creative Work Amrita Yoga			Rahu 5:09PM – 6:49PM	Vanija Until 9:24AM	Nataraja: Yellow	Moon 8 - Phase 18 - 18	3rd Phase
Until 2:21AM Mon				Chaturthi* Until 10:22PM	Moon – Green	Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Sravana*Avani		

5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Kanya Rasi: 25.1	Tithi 5	Gulika 1:48PM – 3:28PM	Chitra Until 4:32AM Tue	Ganesha: Purple	Sunrise: 5:28AM	Sutra 126
	564516572	574516572	Yama 10:28AM – 12:08PM	Subha Until 8:20PM	Muruga: Yellow	Sunset: 6:47PM	Sobhana 5125
Family Home Evening			Rahu 7:08AM – 8:48AM	Bava Until 11:17AM	Nataraja: Yellow	Moon 8 - Phase 18 - 19	3rd Phase
Routine Work Prabalarishta Yoga			Nag Panchami	Panchami Until 12:01AM Tue	Moon – Green	Bhuloka Day	
Until 4:32AM Tue					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Tula Rasi: 7.25	Tithi 6	Gulika 12:08PM – 1:47PM	Svati Until 5:59AM Wed	Ganesha: Purple	Sunrise: 5:29AM	Sutra 127
	564516572	574516572	Yama 8:48AM – 10:28AM	Sukla Until 8:18PM	Muruga: Yellow	Sunset: 6:46PM	Sobhana 5125
Creative Work Siddha Yoga			Rahu 3:27PM – 5:07PM	Kaulava Until 12:41PM	Nataraja: Yellow	Moon 8 - Phase 18 - 20	3rd Phase
				Shashthi* Until 1:08AM Wed	Moon – Green	Bhuloka Day	
					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	

D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Retreat Star		Gulika 10:28AM – 12:07PM	Vishakha Until 7:04AM Thu	Ganesha: Purple	Sunrise: 5:30AM	Sutra 128
	Tula Rasi: 19.55	Tithi 7	Yama 7:09AM – 8:49AM	Brahma Until 7:44PM	Muruga: Yellow	Sunset: 6:45PM	Sobhana 5125
Creative Work Siddha Yoga			Rahu 12:07PM – 1:47PM	Gara Until 1:27PM	Nataraja: Yellow	Moon 8 - Phase 18 - 21	3rd Phase
				Saptami Until 1:32AM Thu	Moon – Green	Bhuloka Day	
					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	

D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 8:49AM – 10:28AM	Vishakha Until 7:04AM	Ganesha: Clear	Sunrise: 5:31AM	Sutra 129
	Vrischika Rasi: 2.44	Tithi 8	Yama 5:31AM – 7:10AM	Indra Until 6:36PM	Muruga: Yellow	Sunset: 6:44PM	Sobhana 5125
Creative Work Siddha Yoga			Rahu 1:46PM – 3:25PM	Visti Until 1:28PM	Nataraja: Yellow	Moon 8 - Phase 18 - 22	Ashtami
				Ashtami* Until 1:10AM Fri	Moon – Orange	Devaloka Day	
					Sravana*Avani		

D	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 7:10AM – 8:49AM	Anuradha Until 7:12AM	Ganesha: Clear	Sunrise: 5:31AM	Sutra 130
	Vrischika Rasi: 15.59	Tithi 9	Yama 3:25PM – 5:03PM	Vaidhriti* Until 4:47PM	Muruga: Yellow	Sunset: 6:42PM	Sobhana 5125
Creative Work Siddha Yoga			Rahu 10:28AM – 12:07PM	Balava Until 12:42PM	Nataraja: Yellow	Moon 8 - Phase 18 - 23	Navami
Until 7:12AM				Navami* Until 12:00AM Sat	Moon – Orange	Devaloka Day	
Then Routine Work - Marana Yoga					Sravana*Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22


www.gurudeva.org/panchang


1	Saturday, August 26, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau	Tehran, Iran Sun 24 Sutra 131 Sobhana 5125
	Vrischika Rasi: 29.4 Tithi 10	Gulika 5:32AM – 7:11AM Jyeshtha* Until 6:25AM Ganesha: Clear Sunrise: 5:32AM	
	574516572 Rahu 8:49AM – 10:28AM	Vishkambha* Until 2:22PM Taitila Until 11:09AM Dashami Until 10:04PM	Muruga: Yellow Sunset: 6:41PM Moon 8 - Phase 19 - 24 Nataraja: Yellow Moon – Orange Devaloka Day Srivana*Avani

2	Sunday, August 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau	Tehran, Iran Sun 25 Sutra 132 Sobhana 5125
	Dhanus Rasi: 13.49 Tithi 11	Gulika 3:23PM – 5:01PM Purvashadha* Until 3:10AM Mon Ganesha: White Sunrise: 5:33AM	
	584516572 Rahu 5:01PM – 6:40PM	Priti Until 11:22AM Vanija Until 8:52AM Ekadashi Until 7:28PM	Muruga: Yellow Sunset: 6:40PM Moon 8 - Phase 19 - 25 Nataraja: Yellow Moon – Light Blue Bhuloka Day Srivana*Avani Devaloka Time: 3:PM to 6:PM

3	Monday, August 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tehran, Iran Sun 26 Sutra 133 Sobhana 5125
	Dhanus Rasi: 28.23 Tithi 12 – 13	Gulika 1:44PM – 3:22PM Uttarashadha Until 12:32AM Tue Ganesha: White Sunrise: 5:34AM	
	Family Home Evening 584516573 Rahu 7:12AM – 8:50AM	Ayushman Until 7:51AM Kaulava Until 2:37AM Tue Dvadashi Until 4:19PM	Muruga: Yellow Sunset: 6:38PM Moon 8 - Phase 19 - 26 Nataraja: White Moon – Light Blue Devaloka Day Srivana*Avani

4	Tuesday, August 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Tehran, Iran Sun 27 Sutra 134 Sobhana 5125
	Makara Rasi: 13.2 Tithi 13 – 14	Gulika 12:06PM – 1:44PM Shravana Until 9:49PM Ganesha: Yellow Sunrise: 5:35AM	
	594516573 Rahu 3:21PM – 4:59PM	Sobhana Until 11:50PM Gara Until 10:56PM Trayodashi Until 12:47PM	Muruga: Yellow Sunset: 6:37PM Moon 8 - Phase 19 - 27 Nataraja: White Moon – Purple Sivaloka Day Srivana*Avani

	Wednesday, August 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Tehran, Iran Sun 28 Sutra 135 Sobhana 5125
	Makara Rasi: 28.31 Tithi 14 – 15	Gulika 10:28AM – 12:05PM Dhanishtha Until 6:49PM Ganesha: Yellow Sunrise: 5:35AM	
	594516573 Rahu 12:05PM – 1:43PM	Athiganda* Until 7:34PM Visti Until 7:06PM Chaturdashi* Until 9:00AM	Muruga: Yellow Sunset: 6:36PM Moon 8 - Phase 19 - Nataraja: White Moon – Purple Sivaloka Day Srivana*Avani

	Thursday, August 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau	Tehran, Iran Sun 29 Sutra 136 Sobhana 5125
	Kumbha Rasi: 13.46 Tithi 16	Gulika 8:51AM – 10:28AM Shatabhishak Until 3:41PM Ganesha: Yellow Sunrise: 5:36AM	
	594516573 Rahu 1:42PM – 3:20PM	Sukarma Until 3:19PM Balava Until 3:17PM Prathama* Until 1:25AM Fri	Muruga: Yellow Sunset: 6:34PM Moon 8 - Phase 19 - Nataraja: White Moon – Purple Sivaloka Day Srivana*Avani



Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 137

Sobhana 5125

Kumbha Rasi: 28.56 Tithi 17

Gulika 7:14AM – 8:51AM

Purvaproshtapada* Until 1:01PM

Ganesha: Yellow Sunrise: 5:37AM

515516573 Rahu

Yama 3:19PM – 4:56PM

Dhriti Until 11:14AM

Muruga: Yellow Sunset: 6:33PM

Creative Work Siddha Yoga

Rahu 10:28AM – 12:05PM

Taitila Until 11:40AM

Nataraja: White

Moon 9 - Phase 20 -

1st Phase

Sivaloka Day

Moon – Clear
Sravana*Avani

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sutra 138

Sobhana 5125

Meena Rasi: 13.5 Tithi 18

Gulika 5:38AM – 7:14AM

Uttaraproshtapada Until 10:35AM

Ganesha: Red Sunrise: 5:38AM

Creative Work Siddha Yoga

Yama 1:41PM – 3:18PM

Shula* Until 7:25AM

Muruga: Yellow Sunset: 6:31PM

Until 10:35AM

Rahu 8:51AM – 10:28AM

Vanija Until 8:23AM

Nataraja: White

Moon 9 - Phase 20 - 1

1st Phase

Sivaloka Day

Moon – Clear
Sravana*Avani

Then Routine Work - Prabalarishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sutra 139

Sobhana 5125

Meena Rasi: 28.23 Tithi 19 – 20

Gulika 3:17PM – 4:54PM

Revati Until 8:32AM

Ganesha: Red Sunrise: 5:38AM

Creative Work Amrita Yoga

Yama 12:04PM – 1:41PM

Vriddhi Until 1:12AM Mon

Muruga: Yellow Sunset: 6:30PM

Until 8:32AM

Rahu 4:54PM – 6:30PM

Kaulava Until 3:30AM Mon

Nataraja: White

Moon 9 - Phase 20 - 2

1st Phase

Sivaloka Day

Moon – Clear
Sravana*Avani

Then Creative Work - Siddha Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sutra 140

Sobhana 5125

Mesha Rasi: 12.29 Tithi 20 – 21

Gulika 1:40PM – 3:16PM

Ashvini Until 7:26AM

Ganesha: Green Sunrise: 5:39AM

Family Home Evening

Yama 10:28AM – 12:04PM

Dhruva Until 10:56PM

Muruga: Yellow Sunset: 6:29PM

Creative Work Siddha Yoga

Rahu 7:15AM – 8:51AM

Gara Until 2:09AM Tue

Nataraja: White

Moon 9 - Phase 20 - 3

1st Phase

Devaloka Day

Moon – White
Sravana*Avani

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sutra 141

Sobhana 5125

Mesha Rasi: 26.07 Tithi 21 – 22

Gulika 12:04PM – 1:39PM

Bharani Until 6:58AM

Ganesha: Green Sunrise: 5:40AM

Creative Work Siddha Yoga

Yama 8:52AM – 10:28AM

Vyaghata* Until 9:20PM

Muruga: Yellow Sunset: 6:27PM

Until 7:08AM

Rahu 3:15PM – 4:51PM

Visti Until 1:36AM Wed

Nataraja: White

Moon 9 - Phase 20 - 4

1st Phase

Devaloka Day

Moon – White
Sravana*Avani

D

Wednesday, September 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sutra 142

Sobhana 5125

Mrishabha Rasi: 9.17 Tithi 22 – 23

Gulika 10:28AM – 12:03PM

Krittika Until 7:08AM

Ganesha: Green Sunrise: 5:41AM

Creative Work Amrita Yoga

Yama 7:16AM – 8:52AM

Harshana Until 8:24PM

Muruga: Yellow Sunset: 6:26PM

Until 7:08AM

Rahu 12:03PM – 1:39PM

Balava Until 1:52AM Thu

Nataraja: White

Moon 9 - Phase 20 - 5

Ashtami

Devaloka Day

Moon – White
Sravana*Avani

Then Creative Work - Siddha Yoga

Krishna Janmashtami

Saptami Until 1:37PM

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sutra 143

Sobhana 5125

Mrishabha Rasi: 22.04 Tithi 23 – 24

Gulika 8:52AM – 10:27AM

Rohini Until 8:24AM

Ganesha: Orange Sunrise: 5:41AM

Routine Work Marana Yoga

Yama 5:41AM – 7:17AM

Vajra* Until 8:00PM

Muruga: Yellow Sunset: 6:24PM

Until 7:08AM

Rahu 1:38PM – 3:14PM

Taitila Until 2:51AM Fri

Nataraja: White

Moon 9 - Phase 20 - 6

Navami

Sivaloka Day

Moon – Yellow
Sravana*Avani

Ashtami* Until 2:15PM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tehran, Iran
	Mithuna Rasi: 4.31	Tithi 24 – 25	Gulika 7:17AM – 8:52AM	Mrigashira Until 10:10AM	Ganesh: Orange	Sunrise: 5:42AM	Sutra 144
	Creative Work	Siddha Yoga	Yama 3:13PM – 4:48PM	Siddhi Until 8:07PM	Muruga: Yellow	Sunset: 6:23PM	Sobhana 5125

2	Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Mithuna Rasi: 16.44	Tithi 25 – 26	Gulika 5:43AM – 7:18AM	Ardra Until 12:17PM	Ganesh: Orange	Sunrise: 5:43AM	Sutra 145
	Creative Work	Siddha Yoga	Yama 1:37PM – 3:12PM	Vyatipata* Until 8:36PM	Muruga: Yellow	Sunset: 6:22PM	Sobhana 5125

3	Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
	Mithuna Rasi: 28.47	Tithi 26	Gulika 3:11PM – 4:46PM	Punarvasu Until 3:07PM	Ganesh: Purple	Sunrise: 5:43AM	Sutra 146
	Creative Work	Siddha Yoga	Yama 12:02PM – 1:36PM	Variyan Until 9:18PM	Muruga: Yellow	Sunset: 6:20PM	Sobhana 5125

4	Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
	Kataka Rasi: 10.43	Tithi 27	Gulika 1:36PM – 3:10PM	Pushya Until 5:59PM	Ganesh: Light Blue	Sunrise: 5:44AM	Sutra 147
	Family Home Evening		Yama 10:27AM – 12:01PM	Parigha* Until 10:11PM	Muruga: Yellow	Sunset: 6:19PM	Sobhana 5125

5	Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran
	Kataka Rasi: 22.35	Tithi 28	Gulika 12:01PM – 3:35PM	Ashlesha* Until 8:48PM	Ganesh: Light Blue	Sunrise: 5:45AM	Sutra 148
	Creative Work	Siddha Yoga	Yama 8:53AM – 10:27AM	Shiva Until 11:08PM	Muruga: Yellow	Sunset: 6:17PM	Sobhana 5125

6	Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran
	Simha Rasi: 4.27	Tithi 29	Gulika 10:27AM – 12:01PM	Magha* Until 11:56PM	Ganesh: Purple	Sunrise: 5:46AM	Sutra 149
	Creative Work	Siddha Yoga	Yama 7:19AM – 8:53AM	Siddha Until 12:03AM Thu	Muruga: Yellow	Sunset: 6:16PM	Sobhana 5125

Retreat Star	Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran
	Simha Rasi: 16.19	Tithi 30	Gulika 8:53AM – 10:27AM	Purvaphalguni Until 2:50AM Fri	Ganesh: Purple	Sunrise: 5:46AM	Sutra 150
	Creative Work	Siddha Yoga	Yama 5:46AM – 7:20AM	Sadhya Until 12:54AM Fri	Muruga: Yellow	Sunset: 6:14PM	Sobhana 5125

Retreat Star	Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Kintughna* Karana Prathamayam Titau				Tehran, Iran
	Simha Rasi: 28.14	Tithi 1	Gulika 7:20AM – 8:54AM	Uttaraphalguni Until 5:23AM Sat	Ganesh: Purple	Sunrise: 5:47AM	Sutra 151
	Creative Work	Siddha Yoga	Yama 3:06PM – 4:40PM	Subha Until 1:39AM Sat	Muruga: White	Sunset: 6:13PM	Sobhana 5125

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Kanya Rasi: 10.13	Tithi 1 – 2	Gulika 5:48AM – 7:21AM	Hasta Until 8:00AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM	Sun 15	Sutra 152
	Routine Work	Marana Yoga	Yama 1:33PM – 3:06PM	Sukla Until 2:09AM Sun	Muruga: White <i>Sunset:</i> 6:11PM	Moon 9 - Phase 22 - 15	Sobhana 5125

2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Kanya Rasi: 22.19	Tithi 2 – 3	Gulika 3:05PM – 4:37PM	Hasta Until 8:00AM	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM	Sun 16	Sutra 153
	Creative Work	Amrita Yoga	Yama 11:59AM – 1:32PM	Brahma Until 2:26AM Mon	Muruga: White <i>Sunset:</i> 6:10PM	Moon 9 - Phase 22 - 16	Sobhana 5125

3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Tehran, Iran
	Tula Rasi: 4.32	Tithi 3 – 4	Gulika 1:31PM – 3:04PM	Chitra Until 10:07AM	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM	Sun 17	Sutra 154
	Family Home Evening		Yama 10:27AM – 11:59AM	Indra Until 2:23AM Tue	Muruga: White <i>Sunset:</i> 6:09PM	Moon 9 - Phase 22 - 17	Sobhana 5125

4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	Tula Rasi: 16.58	Tithi 4 – 5	Gulika 11:59AM – 1:31PM	Svati Until 11:38AM	Ganesha: Purple <i>Sunrise:</i> 5:50AM	Sun 18	Sutra 155
	Creative Work	Siddha Yoga	Yama 8:54AM – 10:26AM	Vaidhriti* Until 1:56AM Wed	Muruga: White <i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 18	Sobhana 5125

5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtayam Titau				Tehran, Iran
	Tula Rasi: 29.36	Tithi 5 – 6	Gulika 10:26AM – 11:58AM	Vishakha Until 12:58PM	Ganesha: Clear <i>Sunrise:</i> 5:51AM	Sun 19	Sutra 156
	Creative Work	Siddha Yoga	Yama 7:23AM – 8:55AM	Vishkambha* Until 1:04AM Thu	Muruga: White <i>Sunset:</i> 6:06PM	Moon 9 - Phase 22 - 19	Sobhana 5125

6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran
	Vrischika Rasi: 12.31	Tithi 6 – 7	Gulika 8:55AM – 10:26AM	Anuradha Until 1:34PM	Ganesha: Clear <i>Sunrise:</i> 5:52AM	Sun 20	Sutra 157
	Creative Work	Siddha Yoga	Yama 5:52AM – 7:23AM	Priti Until 11:43PM	Muruga: White <i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 - 20	Sobhana 5125

D	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 7:24AM – 8:55AM	Jyeshtha* Until 1:24PM	Ganesha: Clear <i>Sunrise:</i> 5:52AM	Sun 21	Sutra 158
	Vrischika Rasi: 25.45	Tithi 7 – 8	Yama 3:00PM – 4:31PM	Ayushman Until 9:50PM	Muruga: White <i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 21	Sobhana 5125

D	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 5:53AM – 7:24AM	Mula* Until 12:54PM	Ganesha: White <i>Sunrise:</i> 5:53AM	Sun 22	Sutra 159
	Dhanus Rasi: 9.2	Tithi 8 – 9	Yama 1:28PM – 2:59PM	Saubhagya Until 7:28PM	Muruga: White <i>Sunset:</i> 6:01PM	Moon 9 - Phase 22 - 22	Sobhana 5125

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marg. Tirumantiram 1496

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Sunday, September 24, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Tehran, Iran Sun 23 Sutra 160 Sobhana 5125
	Dhanus Rasi: 23.19 Tithi 9 – 10 Creative Work Siddha Yoga Until 11:40AM Then Creative Work - Amrita Yoga	Gulika 2:58PM – 4:29PM Yama 11:57AM – 1:28PM Rahu 4:29PM – 6:00PM	Purvashadha* Until 11:40AM Sobhana Until 4:38PM Taitila Until 7:14PM Navami* Until 8:22AM


2	Monday, September 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau	Tehran, Iran Sun 24 Sutra 161 Sobhana 5125
	Makara Rasi: 7.38 Tithi 11 Family Home Evening Routine Work Marana Yoga Until 9:45AM Then Creative Work - Amrita Yoga	Gulika 1:27PM – 2:57PM Yama 10:26AM – 11:56AM Rahu 7:25AM – 8:56AM	Uttarashadha Until 9:45AM Athiganda* Until 1:21PM Vanija Until 4:32PM Ekadashi Until 3:01AM Tue


3	Tuesday, September 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau	Tehran, Iran Sun 25 Sutra 162 Sobhana 5125
	Makara Rasi: 22.17 Tithi 12 Creative Work Siddha Yoga	Gulika 11:56AM – 1:26PM Yama 8:56AM – 10:26AM Rahu 2:56PM – 4:27PM	Shravana Until 7:41AM Sukarma Until 9:45AM Bava Until 1:27PM Dvadashi Until 11:47PM

4	Wednesday, September 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Tehran, Iran Sun 26 Sutra 163 Sobhana 5125
	Kumbha Rasi: 7.1 Tithi 13 Creative Work Siddha Yoga	Gulika 10:26AM – 11:56AM Yama 7:26AM – 8:56AM Rahu 11:56AM – 1:26PM	Shatabhishak Until 2:23AM Thu Shula* Until 1:55AM Thu Kaulava Until 10:06AM Trayodashi Until 8:21PM

Chidambaram Abhishekam
Kadaitswami Mahasamadhi *Pradosha Vrata*

5	Thursday, September 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Ganda* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau	Tehran, Iran Sun 27 Sutra 164 Sobhana 5125
	Kumbha Rasi: 22.1 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 8:56AM – 10:26AM Yama 5:57AM – 7:27AM Rahu 1:25PM – 2:55PM	Purvaproshtpada* Until 11:51PM Ganda* Until 9:56PM Gara Until 6:38AM Chaturdashi* Until 4:53PM

	Friday, September 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Tehran, Iran Sun 28 Sutra 165 Sobhana 5125
	Meena Rasi: 7.09 Tithi 15 – 16 Creative Work Siddha Yoga	Gulika 7:27AM – 8:56AM Yama 2:54PM – 4:23PM Rahu 10:26AM – 11:55AM	Uttaraproshtpada Until 9:20PM Vridhhi Until 6:05PM Balava Until 11:56PM Purnima* Until 1:31PM

	Saturday, September 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Tehran, Iran Sun 29 Sutra 166 Sobhana 5125
	Meena Rasi: 21.59 Tithi 16 – 17 Routine Work Prabalarishta Yoga Until 7:01PM Then Creative Work - Siddha Yoga	Gulika 5:59AM – 7:28AM Yama 1:24PM – 2:53PM Rahu 8:57AM – 10:26AM	Revati Until 7:01PM Dhruva Until 2:27PM Taitila Until 9:02PM Prathama* Until 10:25AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang



Sunday, October 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 167

Mesha Rasi: 6.31 Tithi 17 - 18

Gulika 2:52PM - 4:21PM
Yama 11:54AM - 1:23PM
Rahu 4:21PM - 5:50PM

Ashvini Until 5:27PM
Vyaghata* Until 11:13AM
Vanija Until 6:37PM
Dvitiya Until 7:44AM

Ganesha: White Sunrise: 5:59AM
Muruga: White Sunset: 5:50PM
Nataraja: White
Moon - White
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga
Until 5:27PM

Then Routine Work - Prabalarishta Yoga

1 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthiyam Titau

Tehran, Iran
Sun 2 Sutra 168

Mesha Rasi: 20.4 Tithi 19

Gulika 1:23PM - 2:51PM
Yama 10:26AM - 11:54AM
Rahu 7:29AM - 8:57AM

Bharani Until 4:23PM
Harshana Until 8:28AM
Bava Until 4:50PM
Chaturthi* Until 4:12AM Tue

Ganesha: Clear Sunrise: 6:00AM
Muruga: White Sunset: 5:48PM
Nataraja: White
Moon - White
Subha Sivaloka Day
Bhadrapada*Puratasi

Family Home Evening 629626573
Creative Work Siddha Yoga
Until 4:23PM

Then Routine Work - Marana Yoga

2 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 169

Mrishabha Rasi: 4.23 Tithi 20

Gulika 11:54AM - 1:22PM
Yama 8:57AM - 10:26AM
Rahu 2:50PM - 4:19PM

Krittika Until 3:53PM
Vajra* Until 6:15AM
Kaulava Until 3:47PM
Panchami Until 3:33AM Wed

Ganesha: Clear Sunrise: 6:01AM
Muruga: White Sunset: 5:47PM
Nataraja: White
Moon - White
Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga
Until 3:53PM

Then Creative Work - Amrita Yoga

3 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Tehran, Iran
Sun 4 Sutra 170

Mrishabha Rasi: 17.4 Tithi 21

Gulika 10:26AM - 11:54AM
Yama 7:30AM - 8:58AM
Rahu 11:54AM - 1:21PM

Rohini Until 4:28PM
Vyatipata* Until 3:44AM Thu
Gara Until 3:33PM
Shashthi* Until 3:42AM Thu

Ganesha: Purple Sunrise: 6:02AM
Muruga: White Sunset: 5:45PM
Nataraja: White
Moon - Yellow
Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

4 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 5 Sutra 171

Mithuna Rasi: 0.32 Tithi 22

Gulika 8:58AM - 10:26AM
Yama 6:02AM - 7:30AM
Rahu 1:21PM - 2:49PM

Mrigashira Until 5:40PM
Variyan Until 3:22AM Fri
Visti Until 4:06PM
Saptami Until 4:37AM Fri

Ganesha: Clear Sunrise: 6:02AM
Muruga: White Sunset: 5:44PM
Nataraja: White
Moon - Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Routine Work Marana Yoga

D Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 172

Mithuna Rasi: 13.03 Tithi 23

Gulika 7:31AM - 8:58AM
Yama 2:48PM - 4:15PM
Rahu 10:26AM - 11:53AM

Ardra Until 7:23PM
Parigha* Until 3:30AM Sat
Balava Until 5:21PM
Ashtami* Until 6:12AM Sat

Ganesha: Clear Sunrise: 6:03AM
Muruga: White Sunset: 5:43PM
Nataraja: White
Moon - Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 7 Sutra 173

Mithuna Rasi: 25.17 Tithi 23 - 24

Gulika 6:04AM - 7:31AM
Yama 1:20PM - 2:47PM
Rahu 8:58AM - 10:26AM

Punarvasu Until 9:58PM
Shiva Until 4:03AM Sun
Taitila Until 7:12PM
Ashtami* Until 6:12AM

Ganesha: Purple Sunrise: 6:04AM
Muruga: White Sunset: 5:41PM
Nataraja: White
Moon - Blue
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Tehran, Iran
	Kataka Rasi: 7.2	Tithi 24 – 25	Gulika 2:46PM – 4:13PM	Pushya Until 12:44AM Mon	Ganesh: Purple	Sunrise: 6:05AM	Sun 8 Sutra 174
	Creative Work	Siddha Yoga	Yama 11:52AM – 1:19PM	Siddha Until 4:49AM Mon	Muruga: White	Sunset: 5:40PM	Sobhana 5125
		649726574	Rahu 4:13PM – 5:40PM	Vanija Until 9:26PM	Nataraja: Clear		Moon 10 - Phase 25 - 8
				Navami* Until 8:15AM	Moon – Blue		2nd Phase
					Subha Sivaloka Day		
					Bhadrapada*Puratasi		

2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Kataka Rasi: 19.16	Tithi 25 – 26	Gulika 1:19PM – 2:45PM	Ashlesha* Until 3:32AM Tue	Ganesh: Purple	Sunrise: 6:06AM	Sun 9 Sutra 175
	Family Home Evening		Yama 10:25AM – 11:52AM	Sadhya Until 5:43AM Tue	Muruga: White	Sunset: 5:38PM	Sobhana 5125
		649726574	Rahu 7:32AM – 8:59AM	Bava Until 11:53PM	Nataraja: Clear		Moon 10 - Phase 25 - 9
				Dashami Until 10:37AM	Moon – Blue		2nd Phase
					Subha Sivaloka Day		
					Bhadrapada*Puratasi		

3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Simha Rasi: 1.07	Tithi 26 – 27	Gulika 11:52AM – 1:18PM	Magha* Until 6:41AM Wed	Ganesh: Red	Sunrise: 6:07AM	Sun 10 Sutra 176
	Creative Work	Siddha Yoga	Yama 8:59AM – 10:25AM	Subha Until 6:38AM Wed	Muruga: White	Sunset: 5:37PM	Sobhana 5125
		651726574	Rahu 2:44PM – 4:11PM	Kaulava Until 2:23AM Wed	Nataraja: Clear		Moon 10 - Phase 25 - 10
				Ekadashi* Until 1:07PM	Moon – Red		2nd Phase
					Sivaloka Day		
					Bhadrapada*Puratasi		

4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Simha Rasi: 12.59	Tithi 27 – 28	Gulika 10:25AM – 11:52AM	Magha* Until 6:41AM	Ganesh: Red	Sunrise: 6:07AM	Sun 11 Sutra 177
	Creative Work	Siddha Yoga	Yama 7:33AM – 8:59AM	Subha Until 6:38AM	Muruga: White	Sunset: 5:36PM	Sobhana 5125
		651726574	Rahu 11:52AM – 1:18PM	Gara Until 4:46AM Thu	Nataraja: Clear		Moon 10 - Phase 25 - 11
				Dvadashi* Until 3:34PM	Moon – Red		2nd Phase
					Sivaloka Day		
					Bhadrapada*Puratasi		
					<i>Pradosha Vrata (Fasting)</i>		

5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Simha Rasi: 24.54	Tithi 28 – 29	Gulika 9:00AM – 10:26AM	Purvaphalguni Until 9:32AM	Ganesh: Red	Sunrise: 6:08AM	Sun 12 Sutra 178
	Creative Work	Siddha Yoga	Yama 6:08AM – 7:34AM	Sukla Until 7:25AM	Muruga: White	Sunset: 5:34PM	Sobhana 5125
		651726574	Rahu 1:17PM – 2:43PM	Visti Until 6:54AM Fri	Nataraja: Clear		Moon 10 - Phase 25 - 12
				Trayodashi* Until 5:51PM	Moon – Red		2nd Phase
					Sivaloka Day		
					Bhadrapada*Puratasi		

6	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran
	Kanya Rasi: 6.55	Tithi 29	Gulika 7:35AM – 9:00AM	Uttaraphalguni Until 11:57AM	Ganesh: Red	Sunrise: 6:09AM	Sun 13 Sutra 179
	Creative Work	Siddha Yoga	Yama 2:42PM – 4:08PM	Brahma Until 8:01AM	Muruga: White	Sunset: 5:33PM	Sobhana 5125
		651726574	Rahu 10:26AM – 11:51AM	Visti Until 6:54AM	Nataraja: Clear		Moon 10 - Phase 25 - 13
				Chaturdashi* Until 7:49PM	Moon – Red		2nd Phase
					Sivaloka Day		
					Bhadrapada*Puratasi		

Retreat Star	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran
	Kanya Rasi: 19.03	Tithi 30	Gulika 6:10AM – 7:35AM	Hasta Until 2:22PM	Ganesh: Yellow	Sunrise: 6:10AM	Sun 14 Sutra 180
	Routine Work	Marana Yoga	Yama 1:16PM – 2:41PM	Indra Until 8:22AM	Muruga: White	Sunset: 5:32PM	Sobhana 5125
		661726574	Rahu 9:00AM – 10:26AM	Catuspada Until 8:41AM	Nataraja: Clear		Moon 10 - Phase 25 - 14
				Amavasya* Until 9:24PM	Moon – Green		Amavasya
					Sivaloka Day		
					Bhadrapada*Puratasi		

Retreat Star	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkamba* Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran
	Tula Rasi: 1.22	Tithi 1	Gulika 2:41PM – 4:05PM	Chitra Until 4:11PM	Ganesh: Yellow	Sunrise: 6:11AM	Sun 15 Sutra 181
	Creative Work	Siddha Yoga	Yama 11:51AM – 1:16PM	Vaidhriti* Until 8:22AM	Muruga: White	Sunset: 5:30PM	Sobhana 5125
		661726574	Rahu 4:05PM – 5:30PM	Kintughna Until 10:03AM	Nataraja: Clear		Moon 10 - Phase 25 - 15
				Prathama* Until 10:32PM	Moon – Green		Prathama
					Sivaloka Day		
					Ashvina*Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Monday, October 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Tehran, Iran Sun 16 Sutra 182 Sobhana 5125
	Tula Rasi: 13.53 Family Home Evening Creative Work Amrita Yoga Until 5:24PM Then Routine Work - Marana Yoga	Gulika 1:15PM – 2:40PM Yama 10:26AM – 11:50AM Rahu 7:36AM – 9:01AM	Svati Until 5:24PM Vishkambha* Until 8:01AM Balava Until 10:57AM Dvitiya Until 11:13PM

2	Tuesday, October 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau	Tehran, Iran Sun 17 Sutra 183 Sobhana 5125
	Tula Rasi: 26.37 Routine Work Marana Yoga Until 6:28PM Then Creative Work - Siddha Yoga	Gulika 11:50AM – 1:15PM Yama 9:01AM – 10:26AM Rahu 2:39PM – 4:03PM	Vishakha Until 6:28PM Priti Until 7:20AM Taitila Until 11:23AM Tritiya Until 11:25PM

3	Wednesday, October 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau	Tehran, Iran Sun 18 Sutra 184 Sobhana 5125
	Vrischika Rasi: 9.34 Creative Work Siddha Yoga	Gulika 10:26AM – 11:50AM Yama 7:37AM – 9:02AM Rahu 11:50AM – 1:14PM	Anuradha Until 6:57PM Ayushman Until 6:15AM Vanija Until 11:22AM Chaturthi* Until 11:10PM

4	Thursday, October 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Tehran, Iran Sun 19 Sutra 185 Sobhana 5125
	Vrischika Rasi: 22.45 Routine Work Prabalarishta Yoga Until 6:50PM Then Creative Work - Siddha Yoga	Gulika 9:02AM – 10:26AM Yama 6:14AM – 7:38AM Rahu 1:14PM – 2:38PM	Jyeshtha* Until 6:50PM Sobhana Until 3:04AM Fri Bava Until 10:53AM Panchami Until 10:28PM

5	Friday, October 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Tehran, Iran Sun 20 Sutra 186 Sobhana 5125
	Dhanus Rasi: 6.1 Creative Work Amrita Yoga Until 6:37PM Then Routine Work - Prabalarishta Yoga	Gulika 7:39AM – 9:02AM Yama 2:37PM – 4:00PM Rahu 10:26AM – 11:50AM	Mula* Until 6:37PM Athiganda* Until 12:58AM Sat Kaulava Until 9:59AM Shashthi* Until 9:22PM

6	Saturday, October 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Tehran, Iran Sun 21 Sutra 187 Sobhana 5125
	Dhanus Rasi: 19.49 Creative Work Siddha Yoga Until 5:51PM Then Routine Work - Marana Yoga	Gulika 6:16AM – 7:39AM Yama 1:13PM – 2:36PM Rahu 9:03AM – 10:26AM	Purvashadha* Until 5:51PM Sukarma Until 10:34PM Gara Until 8:41AM Saptami Until 7:52PM

D	Sunday, October 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Tehran, Iran Sun 22 Sutra 188 Sobhana 5125
	Makara Rasi: 3.43 Creative Work Amrita Yoga	Gulika 2:35PM – 3:59PM Yama 11:49AM – 1:12PM Rahu 3:59PM – 5:22PM	Uttarashadha Until 4:35PM Dhriti Until 7:52PM Visti Until 7:00AM Ashtami* Until 6:00PM

D	Monday, October 23, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Tehran, Iran Sun 23 Sutra 189 Sobhana 5125
	Makara Rasi: 17.49 Family Home Evening Creative Work Amrita Yoga Until 3:15PM Then Creative Work - Siddha Yoga	Gulika 1:12PM – 2:35PM Yama 10:26AM – 11:49AM Rahu 7:41AM – 9:03AM	Shravana Until 3:15PM Shula* Until 4:53PM Taitila Until 2:36AM Tue Navami* Until 3:47PM

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22


www.gurudeva.org/panchang


1	Tuesday, October 24, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Tehran, Iran Sun 24 Sutra 190 Sobhana 5125
	Kumbha Rasi: 2.08 Tithi 10 – 11 Creative Work Siddha Yoga Until 1:30PM Then Routine Work - Marana Yoga	Gulika 11:49AM – 1:12PM Yama 9:04AM – 10:26AM 692726574 Rahu 2:34PM – 3:57PM	Dhanishtha Until 1:30PM Ganda* Until 1:41PM Vanija Until 12:00AM Wed Dashami Until 1:18PM

2	Wednesday, October 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Tehran, Iran Sun 25 Sutra 191 Sobhana 5125
	Kumbha Rasi: 16.37 Tithi 11 – 12 Creative Work Siddha Yoga Until 11:25AM Then Creative Work - Amrita Yoga	Gulika 10:27AM – 11:49AM Yama 7:42AM – 9:04AM 692726574 Rahu 11:49AM – 1:11PM	Shatabhishak Until 11:25AM Vridhhi Until 10:20AM Bava Until 9:14PM Ekadashi Until 10:37AM

3	Thursday, October 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tehran, Iran Sun 26 Sutra 192 Sobhana 5125
	Meena Rasi: 1.11 Tithi 12 – 13 Creative Work Siddha Yoga	Gulika 9:05AM – 10:27AM Yama 6:20AM – 7:42AM 612726574 Rahu 1:11PM – 2:33PM	Purvaproshtapada* Until 9:30AM Dhruva Until 6:52AM Kaulava Until 6:25PM Dvadashi Until 7:49AM

4	Friday, October 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Tehran, Iran Sun 27 Sutra 193 Sobhana 5125
	Meena Rasi: 15.47 Tithi 14 Creative Work Siddha Yoga	Gulika 7:43AM – 9:05AM Yama 2:32PM – 3:54PM 612726574 Rahu 10:27AM – 11:49AM	Uttaraproshtapada Until 7:27AM Harshana Until 12:02AM Sat Gara Until 3:40PM Chaturdashi* Until 2:20AM Sat

	Saturday, October 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau	Tehran, Iran Sutra 194 Sobhana 5125
	Copper Retreat Star Mesha Rasi: 0.16 Tithi 15 Creative Work Siddha Yoga Until 3:54AM Sun Then Routine Work - Prabalarishta Yoga	Gulika 6:22AM – 7:44AM Yama 1:10PM – 2:32PM 622726574 Rahu 9:05AM – 10:27AM	Ashvini Until 3:54AM Sun Vajra* Until 8:51PM Visti Until 1:06PM Purnima* Until 11:55PM

	Sunday, October 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau	Tehran, Iran Sutra 195 Sobhana 5125
	Silver Retreat Star Mesha Rasi: 14.34 Tithi 16 Routine Work Prabalarishta Yoga Until 2:40AM Mon Then Routine Work - Marana Yoga	Gulika 2:31PM – 3:52PM Yama 11:48AM – 1:10PM 622726574 Rahu 3:52PM – 5:14PM	Bharani Until 2:40AM Mon Siddhi Until 5:58PM Balava Until 10:51AM Prathama* Until 9:53PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang



Monday, October 30, 2023

Gold Retreat Star

Mesha Rasi: 28.35 Tithi 17
Family Home Evening 622826574
Routine Work Marana Yoga
Until 1:50AM Tue
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Vryatipata*/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:09PM – 2:31PM
Yama 10:27AM – 11:48AM
Rahu 7:45AM – 9:06AM
Krittika Until 1:50AM Tue
Vyatipata* Until 3:31PM
Taitila Until 9:04AM
Dvitiya Until 8:22PM

Ganesha: White *Sunrise:* 6:24AM
Muruga: White *Sunset:* 5:13PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Tehran, Iran
Sun 1 Sutra 196
Sobhana 5125
Moon 11 - Phase 28 - 1
1st Phase

Subha Sivaloka Day

1

Tuesday, October 31, 2023

Vishabha Rasi: 12.15 Tithi 18
632826574
Creative Work Amrita Yoga
Until 1:56AM Wed
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:48AM – 1:09PM
Yama 9:07AM – 10:28AM
Rahu 2:30PM – 3:51PM
Rohini Until 1:56AM Wed
Variyan Until 1:31PM
Vanija Until 7:52AM
Tritiya Until 7:30PM

Ganesha: Yellow *Sunrise:* 6:25AM
Muruga: White *Sunset:* 5:12PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Tehran, Iran
Sun 2 Sutra 197
Sobhana 5125
Moon 11 - Phase 28 - 2
1st Phase

Sivaloka Day

2

Wednesday, November 1, 2023

Vishabha Rasi: 25.33 Tithi 19
632826574
Creative Work Siddha Yoga
Until 2:36AM Thu
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:28AM – 11:48AM
Yama 7:47AM – 9:07AM
Rahu 11:48AM – 1:09PM
Mrigashira Until 2:36AM Thu
Parigha* Until 12:04PM
Bava Until 7:21AM
Chaturthi* Until 7:20PM

Ganesha: Yellow *Sunrise:* 6:26AM
Muruga: White *Sunset:* 5:11PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Tehran, Iran
Sun 3 Sutra 198
Sobhana 5125
Moon 11 - Phase 28 - 3
1st Phase

Sivaloka Day

3

Thursday, November 2, 2023

Mithuna Rasi: 8.28 Tithi 20
633826574
Routine Work Marana Yoga
Until 3:48AM Fri
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:08AM – 10:28AM
Yama 6:27AM – 7:47AM
Rahu 1:09PM – 2:29PM
Ardra Until 3:48AM Fri
Shiva Until 11:12AM
Kaulava Until 7:33AM
Panchami Until 7:54PM

Ganesha: White *Sunrise:* 6:27AM
Muruga: White *Sunset:* 5:10PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Tehran, Iran
Sun 4 Sutra 199
Sobhana 5125
Moon 11 - Phase 28 - 4
1st Phase

Devaloka Day

4

Friday, November 3, 2023

Mithuna Rasi: 21.03 Tithi 21
643826574
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:48AM – 9:08AM
Yama 2:29PM – 3:49PM
Rahu 10:28AM – 11:48AM
Punarvasu Until 5:58AM Sat
Siddha Until 10:52AM
Gara Until 8:28AM
Shashthi* Until 9:10PM

Ganesha: Yellow *Sunrise:* 6:28AM
Muruga: White *Sunset:* 5:09PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Tehran, Iran
Sun 5 Sutra 200
Sobhana 5125
Moon 11 - Phase 28 - 5
1st Phase

Sivaloka Day

5

Saturday, November 4, 2023

Kataka Rasi: 3.2 Tithi 22
643826574
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:29AM – 7:49AM
Yama 1:08PM – 2:28PM
Rahu 9:09AM – 10:28AM
Pushya Until 8:29AM Sun
Sadhya Until 11:02AM
Visti Until 10:03AM
Saptami Until 11:01PM

Ganesha: Yellow *Sunrise:* 6:29AM
Muruga: White *Sunset:* 5:08PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Tehran, Iran
Sun 6 Sutra 201
Sobhana 5125
Moon 11 - Phase 28 - 6
1st Phase

Sivaloka Day

D

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 15.25 Tithi 23
643826574
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:28PM – 3:47PM
Yama 11:48AM – 1:08PM
Rahu 3:47PM – 5:07PM
Pushya Until 8:29AM
Subha Until 11:35AM
Balava Until 12:09PM
Ashtami* Until 1:18AM Mon

Ganesha: Yellow *Sunrise:* 6:30AM
Muruga: White *Sunset:* 5:07PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Tehran, Iran
Sun 7 Sutra 202
Sobhana 5125
Moon 11 - Phase 28 - 7
Ashtami

Sivaloka Day

Monday, November 6, 2023

Retreat Star

Kataka Rasi: 27.21 Tithi 24
643826574
Family Home Evening
Creative Work Siddha Yoga
Until 11:10AM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:08PM – 2:27PM
Yama 10:29AM – 11:48AM
Rahu 7:50AM – 9:10AM
Ashlesha* Until 11:10AM
Sukla Until 12:22PM
Taitila Until 2:34PM
Navami* Until 3:49AM Tue

Ganesha: Yellow *Sunrise:* 6:31AM
Muruga: White *Sunset:* 5:06PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Tehran, Iran
Sun 8 Sutra 203
Sobhana 5125
Moon 11 - Phase 28 - 8
Navami

Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
	Simha Rasi: 9.13	Tithi 25	Gulika 11:48AM – 1:08PM	Magha* Until 2:20PM	Ganesha: Yellow	Sunrise: 6:32AM	Sutra 204
	Creative Work	Siddha Yoga	Yama 9:10AM – 10:29AM	Brahma Until 1:15PM	Muruga: White	Sunset: 5:05PM	Sobhana 5125
		753826574	Rahu 2:27PM – 3:46PM	Vanija Until 5:07PM	Nataraja: Clear		Moon 11 - Phase 29 - 9
				Dashami Until 6:20AM Wed	Moon – Red		2nd Phase
					Ashvina*Aipasi		Sivaloka Day

2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Simha Rasi: 21.04	Tithi 25 – 26	Gulika 10:30AM – 11:48AM	Purvaphalguni Until 5:15PM	Ganesha: Yellow	Sunrise: 6:33AM	Sutra 205
	Creative Work	Amrita Yoga	Yama 7:52AM – 9:11AM	Indra Until 2:06PM	Muruga: White	Sunset: 5:04PM	Sobhana 5125
		753826574	Rahu 11:48AM – 1:07PM	Bava Until 7:33PM	Nataraja: Clear		Moon 11 - Phase 29 - 10
				Dashami Until 6:20AM	Moon – Red		2nd Phase
					Ashvina*Aipasi		Sivaloka Day

3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Kanya Rasi: 3.01	Tithi 26 – 27	Gulika 9:11AM – 10:30AM	Uttaraphalguni Until 7:43PM	Ganesha: Yellow	Sunrise: 6:34AM	Sutra 206
		Amrita Yoga	Yama 6:34AM – 7:52AM	Vaidhriti* Until 2:43PM	Muruga: White	Sunset: 5:03PM	Sobhana 5125
		753826574	Rahu 1:07PM – 2:26PM	Kaulava Until 9:41PM	Nataraja: Clear		Moon 11 - Phase 29 - 11
				Ekadashi* Until 8:39AM	Moon – Red		2nd Phase
					Ashvina*Aipasi		Sivaloka Day

4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Kanya Rasi: 15.06	Tithi 27 – 28	Gulika 7:53AM – 9:12AM	Hasta Until 10:06PM	Ganesha: Blue	Sunrise: 6:35AM	Sutra 207
	Creative Work	Amrita Yoga	Yama 2:26PM – 3:44PM	Vishkambha* Until 3:02PM	Muruga: White	Sunset: 5:03PM	Sobhana 5125
		763826574	Rahu 10:30AM – 11:49AM	Gara Until 11:22PM	Nataraja: Clear		Moon 11 - Phase 29 - 12
				Dvadashi* Until 10:34AM	Moon – Green		2nd Phase
					Ashvina*Aipasi		Devaloka Day
					<i>Pradosha Vrata (Fasting)</i>		

5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Kanya Rasi: 27.23	Tithi 28 – 29	Gulika 6:36AM – 7:54AM	Chitra Until 11:46PM	Ganesha: Blue	Sunrise: 6:36AM	Sutra 208
	Routine Work	Marana Yoga	Yama 1:07PM – 2:25PM	Priti Until 2:57PM	Muruga: White	Sunset: 5:02PM	Sobhana 5125
		763826574	Rahu 9:12AM – 10:30AM	Visti Until 12:28AM Sun	Nataraja: Clear		Moon 11 - Phase 29 - 13
				Trayodashi* Until 11:58AM	Moon – Green		2nd Phase
					Ashvina*Aipasi		Devaloka Day
					Subramuniyaswami Mahasamadhi		
					Deepavali Hindu Solidarity Day		

●	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
	Retreat Star		Gulika 2:25PM – 3:43PM	Svati Until 12:42AM Mon	Ganesha: Blue	Sunrise: 6:37AM	Sutra 209
	Tula Rasi: 9.56	Tithi 29 – 30	Yama 11:49AM – 1:07PM	Ayushman Until 2:23PM	Muruga: White	Sunset: 5:01PM	Sobhana 5125
		763826574	Rahu 3:43PM – 5:01PM	Catuspada Until 12:58AM Mon	Nataraja: Clear		Moon 11 - Phase 29 - 14
				Chaturdashi* Until 12:46PM	Moon – Green		Amavasya
					Ashvina*Aipasi		Devaloka Day

●	Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
	Retreat Star		Gulika 1:07PM – 2:25PM	Vishakha Until 1:22AM Tue	Ganesha: Blue	Sunrise: 6:38AM	Sutra 210
	Tula Rasi: 22.46	Tithi 30 – 1	Yama 10:31AM – 11:49AM	Saubhagya Until 1:22PM	Muruga: White	Sunset: 5:00PM	Sobhana 5125
		773826574	Rahu 7:56AM – 9:13AM	Kintughna Until 12:52AM Tue	Nataraja: Clear		Moon 11 - Phase 29 - 15
				Amavasya* Until 12:58PM	Moon – Orange		Prathama
					Karttika*Aipasi		Devaloka Day
					Skanda Shasthi Begins		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Tehran, Iran Sun 16 Sutra 211 Sobhana 5125
	Vrischika Rasi: 5.53	Tithi 1 – 2	Gulika 11:49AM – 1:07PM	Anuradha Until 1:22AM Wed	Ganesh: Blue <i>Sunrise:</i> 6:39AM
	773826574	Rahu 2:24PM – 3:42PM	Yama 9:14AM – 10:32AM	Sobhana Until 11:55AM	Muruga: White <i>Sunset:</i> 5:00PM
	Creative Work	Siddha Yoga		Balava Until 12:15AM Wed	Nataraja: Clear Moon – Orange

Devaloka Day

Karttika•Aipasi

2	Wednesday, November 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Tehran, Iran Sun 17 Sutra 212 Sobhana 5125
	Vrischika Rasi: 19.16	Tithi 2 – 3	Gulika 10:32AM – 11:49AM	Jyeshtha* Until 12:48AM Thu	Ganesh: Blue <i>Sunrise:</i> 6:40AM
	773826574	Rahu 11:49AM – 1:07PM	Yama 7:57AM – 9:14AM	Athiganda* Until 10:04AM	Muruga: White <i>Sunset:</i> 4:59PM
	Creative Work	Siddha Yoga		Taitila Until 11:12PM	Nataraja: Clear Moon – Orange

Devaloka Day

Karttika•Aipasi

3	Thursday, November 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau			Tehran, Iran Sun 18 Sutra 213 Sobhana 5125
	Dhanus Rasi: 2.52	Tithi 3 – 4	Gulika 9:15AM – 10:32AM	Mula* Until 12:11AM Fri	Ganesh: Blue <i>Sunrise:</i> 6:41AM
	783826574	Rahu 1:07PM – 2:24PM	Yama 6:41AM – 7:58AM	Sukarma Until 7:54AM	Muruga: White <i>Sunset:</i> 4:58PM
	Creative Work	Siddha Yoga		Vanija Until 9:48PM	Nataraja: Clear Moon – Light Blue

Devaloka Day

Karttika•Karttikai

4	Friday, November 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau			Tehran, Iran Sun 19 Sutra 214 Sobhana 5125
	Dhanus Rasi: 16.41	Tithi 4 – 5	Gulika 7:59AM – 9:16AM	Purvashadha* Until 11:12PM	Ganesh: Yellow <i>Sunrise:</i> 6:42AM
	784826575	Rahu 10:33AM – 11:50AM	Yama 2:24PM – 3:41PM	Shula* Until 2:55AM Sat	Muruga: White <i>Sunset:</i> 4:58PM
	Routine Work	Prabalarishta Yoga		Bava Until 8:09PM	Nataraja: Purple Moon – Light Blue

Subha Sivaloka Day

Karttika•Karttikai

5	Saturday, November 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Tehran, Iran Sun 20 Sutra 215 Sobhana 5125
	Makara Rasi: 0.37	Tithi 5 – 6	Gulika 6:43AM – 7:59AM	Uttarashadha Until 9:54PM	Ganesh: Yellow <i>Sunrise:</i> 6:43AM
	784826575	Rahu 9:16AM – 10:33AM	Yama 1:07PM – 2:24PM	Ganda* Until 12:13AM Sun	Muruga: White <i>Sunset:</i> 4:57PM
	Routine Work	Marana Yoga		Kaulava Until 6:19PM	Nataraja: Purple Moon – Light Blue

Subha Sivaloka Day

Karttika•Karttikai

6	Sunday, November 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau			Tehran, Iran Sun 21 Sutra 216 Sobhana 5125
	Makara Rasi: 14.39	Tithi 7	Gulika 2:23PM – 3:40PM	Shravana Until 8:47PM	Ganesh: White <i>Sunrise:</i> 6:44AM
	794826575	Rahu 3:40PM – 4:57PM	Yama 11:50AM – 1:07PM	Vriddhi Until 9:26PM	Muruga: White <i>Sunset:</i> 4:57PM
	Creative Work	Amrita Yoga		Gara Until 4:23PM	Nataraja: Purple Moon – Purple

Subha Subha Sivaloka Day

Karttika•Karttikai

D	Monday, November 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau			Tehran, Iran Sun 22 Sutra 217 Sobhana 5125
	Retreat Star		Gulika 1:07PM – 2:23PM	Dhanishtha Until 7:26PM	Ganesh: White <i>Sunrise:</i> 6:45AM
	Makara Rasi: 28.44	Tithi 8	Yama 10:34AM – 11:50AM	Dhruva Until 6:35PM	Muruga: White <i>Sunset:</i> 4:56PM
	Family Home Evening		Rahu 8:01AM – 9:17AM	Visti Until 2:22PM	Nataraja: Purple Moon – Purple

Subha Subha Sivaloka Day

Karttika•Karttikai

D	Tuesday, November 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Tehran, Iran Sun 23 Sutra 218 Sobhana 5125
	Retreat Star		Gulika 11:51AM – 1:07PM	Shatabhishak Until 5:55PM	Ganesh: White <i>Sunrise:</i> 6:46AM
	Kumbha Rasi: 12.53	Tithi 9	Yama 9:18AM – 10:34AM	Vyaghata* Until 3:42PM	Muruga: White <i>Sunset:</i> 4:56PM
	Family Home Evening		Rahu 2:23PM – 3:39PM	Balava Until 12:18PM	Nataraja: Purple Moon – Purple

Subha Subha Sivaloka Day

Karttika•Karttikai


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtpada/Uttaraproshtpada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran
	Kumbha Rasi: 27.01	Tithi 10	Gulika 10:35AM – 11:51AM	Purvaproshtpada* Until 4:41PM	Ganesha: White	Sunrise: 6:47AM	Sun 24 Sutra 219
	714826575		Yama 8:03AM – 9:19AM	Harshana Until 12:49PM	Muruga: White	Sunset: 4:55PM	Sobhana 5125
		Rahu 11:51AM – 1:07PM	Taitila Until 10:13AM	Nataraja: Purple		Moon 11 - Phase 31 - 24	
Creative Work	Amrita Yoga			Moon – Clear		4th Phase	
Until 4:41PM			Dashami Until 9:10PM		Subha Subha Sivaloka Day		
Then Creative Work - Siddha Yoga				Karttika*Karttikai			

2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran
	Meena Rasi: 11.1	Tithi 11	Gulika 9:19AM – 10:35AM	Uttaraproshtpada Until 3:20PM	Ganesha: White	Sunrise: 6:48AM	Sun 25 Sutra 220
	714826575		Yama 6:48AM – 8:03AM	Vajra* Until 9:56AM	Muruga: White	Sunset: 4:55PM	Sobhana 5125
		Rahu 1:07PM – 2:23PM	Vanija Until 8:09AM	Nataraja: Purple		Moon 11 - Phase 31 - 25	
Creative Work	Siddha Yoga			Moon – Clear		4th Phase	
			Ekadashi Until 7:07PM		Subha Subha Sivaloka Day		
				Karttika*Karttikai			

3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Meena Rasi: 25.16	Tithi 12 – 13	Gulika 8:04AM – 9:20AM	Revati Until 1:55PM	Ganesha: Clear	Sunrise: 6:48AM	Sun 26 Sutra 221
	714926575		Yama 2:23PM – 3:39PM	Siddhi Until 7:07AM	Muruga: White	Sunset: 4:54PM	Sobhana 5125
		Rahu 10:36AM – 11:51AM	Bava Until 6:09AM	Nataraja: Purple		Moon 11 - Phase 31 - 26	
Creative Work	Siddha Yoga			Moon – Clear		4th Phase	
Until 1:55PM			Dvadashi Until 5:11PM		Subha Sivaloka Day		
Then Creative Work - Amrita Yoga				Karttika*Karttikai			
				<i>Pradosha Vrata</i>			

4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Mesha Rasi: 9.17	Tithi 13 – 14	Gulika 6:49AM – 8:05AM	Ashvini Until 12:57PM	Ganesha: Purple	Sunrise: 6:49AM	Sun 27 Sutra 222
	724926575		Yama 1:07PM – 2:23PM	Variyan Until 1:52AM Sun	Muruga: White	Sunset: 4:54PM	Sobhana 5125
		Rahu 9:21AM – 10:36AM	Gara Until 2:39AM Sun	Nataraja: Purple		Moon 11 - Phase 31 - 27	
Creative Work	Siddha Yoga			Moon – White		4th Phase	
			Trayodashi Until 3:25PM		Sivaloka Day		
				Karttika*Karttikai			

	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika 2:23PM – 3:38PM	Bharani Until 12:05PM	Ganesha: Purple	Sunrise: 6:50AM	Sun 28 Sutra 223
	Mesha Rasi: 23.1	Tithi 14 – 15	Yama 11:52AM – 1:07PM	Parigha* Until 11:35PM	Muruga: White	Sunset: 4:54PM	Sobhana 5125
		724926575	Rahu 3:38PM – 4:54PM	Visti Until 1:18AM Mon	Nataraja: Purple	Moon 11 - Phase 31 -	
Routine Work	Prabalarishta Yoga			Moon – White		Purnima	
Until 12:05PM			Krittika Deepam	Chaturdashi* Until 1:55PM	Sivaloka Day		
Then Creative Work - Siddha Yoga				Karttika*Karttikai			

Monday, November 27, 2023	Silver Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
	Shrisha Rasi: 6.5	Tithi 15 – 16	Gulika 1:08PM – 2:23PM	Krittika Until 11:25AM	Ganesha: Purple	Sunrise: 6:51AM	Sun 29 Sutra 224
	724926575		Yama 10:37AM – 11:52AM	Shiva Until 9:37PM	Muruga: White	Sunset: 4:53PM	Sobhana 5125
		Rahu 8:07AM – 9:22AM	Balava Until 12:23AM Tue	Nataraja: Purple		Moon 11 - Phase 31 -	
Routine Work	Marana Yoga			Moon – White		Prathama	
Until 11:25AM			Purnima* Until 12:46PM		Sivaloka Day		
Then Creative Work - Amrita Yoga			Vinayaga Viratam Begins	Karttika*Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 225

Sobhana 5125

Virshabha Rasi: 20.17 Tithi 16 – 17

734926575

Gulika 11:53AM – 1:08PM
Yama 9:22AM – 10:38AM
Rahu 2:23PM – 3:38PM

Rohini Until 11:30AM

Siddha Until 8:01PM

Taitila Until 11:58PM

Prathama* Until 12:05PM

Ganesha: Clear Sunrise: 6:52AM

Muruga: White Sunset: 4:53PM

Nataraja: Purple

Moon – Yellow
Karttika*Karttikai

Moon 12 - Phase 32 - 1st Phase

Creative Work Amrita Yoga

Until 11:30AM

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sutra 226

Sobhana 5125

Mithuna Rasi: 3.26 Tithi 17 – 18

735926575

Gulika 10:38AM – 11:53AM
Yama 8:08AM – 9:23AM
Rahu 11:53AM – 1:08PM

Mrigashira Until 11:58AM

Sadhya Until 6:53PM

Vanija Until 12:08AM Thu

Dvitiya Until 11:57AM

Ganesha: Purple Sunrise: 6:53AM

Muruga: White Sunset: 4:53PM

Nataraja: Purple

Moon – Yellow
Karttika*Karttikai

Moon 12 - Phase 32 - 1st Phase

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Tehran, Iran

Sutra 227

Sobhana 5125

Mithuna Rasi: 16.17 Tithi 18 – 19

735926575

Gulika 9:24AM – 10:39AM
Yama 6:54AM – 8:09AM
Rahu 1:08PM – 2:23PM

Ardra Until 12:51PM

Subha Until 6:14PM

Bava Until 12:56AM Fri

Tritiya Until 12:26PM

Ganesha: Purple Sunrise: 6:54AM

Muruga: White Sunset: 4:53PM

Nataraja: Purple

Moon – Yellow
Karttika*Karttikai

Moon 12 - Phase 32 - 2 1st Phase

Routine Work Marana Yoga

Until 12:51PM

Then Creative Work - Amrita Yoga

Subha Subha Sivaloka Day

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sutra 228

Sobhana 5125

Mithuna Rasi: 28.51 Tithi 19 – 20

745926575

Gulika 8:10AM – 9:24AM
Yama 2:23PM – 3:38PM
Rahu 10:39AM – 11:54AM

Punarvasu Until 2:40PM

Sukla Until 6:01PM

Kaulava Until 2:21AM Sat

Chaturthi* Until 1:32PM

Ganesha: Clear Sunrise: 6:55AM

Muruga: White Sunset: 4:52PM

Nataraja: Purple

Moon – Blue
Karttika*Karttikai

Moon 12 - Phase 32 - 3 1st Phase

Creative Work Siddha Yoga

Until 2:40PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sutra 229

Sobhana 5125

Kataka Rasi: 11.09 Tithi 20 – 21

745926575

Gulika 6:56AM – 8:10AM
Yama 1:09PM – 2:23PM
Rahu 9:25AM – 10:40AM

Pushya Until 4:53PM

Brahma Until 6:16PM

Gara Until 4:18AM Sun

Panchami Until 3:14PM

Ganesha: Clear Sunrise: 6:56AM

Muruga: White Sunset: 4:52PM

Nataraja: Purple

Moon – Blue
Karttika*Karttikai

Moon 12 - Phase 32 - 4 1st Phase

Creative Work Siddha Yoga

Until 4:53PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sutra 230

Sobhana 5125

Kataka Rasi: 23.14 Tithi 21 – 22

745926575

Gulika 2:23PM – 3:38PM
Yama 11:55AM – 1:09PM
Rahu 3:38PM – 4:52PM

Ashlesha* Until 7:23PM

Indra Until 6:53PM

Visti Until 6:41AM Mon

Shashthi* Until 5:26PM

Ganesha: Clear Sunrise: 6:57AM

Muruga: White Sunset: 4:52PM

Nataraja: Purple

Moon – Blue
Karttika*Karttikai

Moon 12 - Phase 32 - 5 1st Phase

Creative Work Siddha Yoga

Until 7:23PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

6

Monday, December 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sutra 231

Sobhana 5125

Simha Rasi: 5.1 Tithi 22

755926575

Gulika 1:09PM – 2:24PM
Yama 10:41AM – 11:55AM
Rahu 8:12AM – 9:26AM

Magha* Until 10:31PM

Vaidhriti* Until 7:42PM

Visti Until 6:41AM

Saptami Until 7:57PM

Ganesha: White Sunrise: 6:58AM

Muruga: White Sunset: 4:52PM

Nataraja: Purple

Moon – Red
Karttika*Karttikai

Moon 12 - Phase 32 - 6 1st Phase

Routine Work Marana Yoga

Until 10:31PM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

D

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sutra 232

Sobhana 5125

Simha Rasi: 17.01 Tithi 23

755936575

Gulika 11:55AM – 1:10PM
Yama 9:27AM – 10:41AM
Rahu 2:24PM – 3:38PM

Purvaphalguni Until 1:33AM Wed

Vishkambha* Until 8:36PM

Balava Until 9:17AM

Ashtami* Until 10:34PM

Ganesha: White Sunrise: 6:59AM

Muruga: Clear Sunset: 4:52PM

Nataraja: Purple

Moon – Red
Karttika*Karttikai

Moon 12 - Phase 32 - 7 Ashtami

Creative Work Siddha Yoga

Until 1:33AM Wed

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

Wednesday, December 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sutra 233

Sobhana 5125

Simha Rasi: 28.52 Tithi 24

755936575

Gulika 10:42AM – 11:56AM
Yama 8:13AM – 9:28AM
Rahu 11:56AM – 1:10PM

Uttaraphalguni Until 4:14AM Thu

Priti Until 9:25PM

Taitila Until 11:51AM

Navami* Until 1:01AM Thu

Ganesha: White Sunrise: 6:59AM

Muruga: Clear Sunset: 4:52PM

Nataraja: Purple

Moon – Red
Karttika*Karttikai

Moon 12 - Phase 32 - 8 Navami

Creative Work Amrita Yoga

Until 4:14AM Thu

Then Routine Work - Marana Yoga

Subha Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang


1	Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 234
	Kanya Rasi: 10.47	Tithi 25	Gulika 9:28AM – 10:42AM	Hasta Until 6:51AM Fri	Ganesha: Yellow	Sunrise: 7:00AM	Sobhana 5125
		Yama 7:00AM – 8:14AM	Ayushman Until 9:56PM	Muruga: Clear	Sunset: 4:52PM	Moon 12 - Phase 33 - 9	
		765936575 Rahu 1:10PM – 2:24PM	Vanija Until 2:08PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 3:05AM Fri	Moon – Green		Sivaloka Day	
Until 6:51AM Fri				Karttika•Karttikai			
Then Creative Work - Siddha Yoga							

2	Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Hasta/Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 235
	Kanya Rasi: 22.53	Tithi 26	Gulika 8:15AM – 9:29AM	Hasta Until 6:51AM	Ganesha: White	Sunrise: 7:01AM	Sobhana 5125
		Yama 2:24PM – 3:38PM	Saubhagya Until 10:02PM	Muruga: Clear	Sunset: 4:52PM	Moon 12 - Phase 33 - 10	
		766936575 Rahu 10:43AM – 11:57AM	Bava Until 3:55PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 4:32AM Sat	Moon – Green		Devaloka Day	
Until 6:51AM				Karttika•Karttikai			
Then Creative Work - Siddha Yoga							

3	Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Chitra/Svati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 236
	Tula Rasi: 5.15	Tithi 27	Gulika 7:02AM – 8:16AM	Chitra Until 8:42AM	Ganesha: White	Sunrise: 7:02AM	Sobhana 5125
		Yama 1:11PM – 2:25PM	Sobhana Until 9:36PM	Muruga: Clear	Sunset: 4:52PM	Moon 12 - Phase 33 - 11	
		766936575 Rahu 9:29AM – 10:43AM	Kaulava Until 5:00PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 5:15AM Sun	Moon – Green		Devaloka Day	
Until 8:42AM				Karttika•Karttikai			
Then Creative Work - Siddha Yoga							

4	Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Svati/Vishakha Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 237
	Tula Rasi: 17.56	Tithi 28	Gulika 2:25PM – 3:39PM	Svati Until 9:41AM	Ganesha: White	Sunrise: 7:03AM	Sobhana 5125
		Yama 11:58AM – 1:11PM	Athiganda* Until 8:34PM	Muruga: Clear	Sunset: 4:52PM	Moon 12 - Phase 33 - 12	
		766936575 Rahu 3:39PM – 4:52PM	Gara Until 5:20PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 5:12AM Mon	Moon – Green		Devaloka Day	
Until 9:41AM				Karttika•Karttikai			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Vishakha/Anuradha Nakshatra Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 238
	Vrischika Rasi: 0.59	Tithi 29	Gulika 1:12PM – 2:25PM	Vishakha Until 10:14AM	Ganesha: Green	Sunrise: 7:03AM	Sobhana 5125
Family Home Evening		Yama 10:44AM – 11:58AM	Sukarma Until 6:58PM	Muruga: Clear	Sunset: 4:53PM	Moon 12 - Phase 33 - 13	
		776936575 Rahu 8:17AM – 9:31AM	Visti Until 4:55PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 4:26AM Tue	Moon – Orange		Devaloka Day	
Until 10:14AM				Karttika•Karttikai			
Then Creative Work - Siddha Yoga							

	Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Retreat Star		Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 239
	Vrischika Rasi: 14.25	Tithi 30	Gulika 11:58AM – 1:12PM	Anuradha Until 9:57AM	Ganesha: Green	Sunrise: 7:04AM	Sobhana 5125
		Yama 9:31AM – 10:45AM	Dhriti Until 4:51PM	Muruga: Clear	Sunset: 4:53PM	Moon 12 - Phase 33 - 14	
		776936575 Rahu 2:26PM – 3:39PM	Catuspada Until 3:49PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 3:02AM Wed	Moon – Orange		Devaloka Day	
Until 9:57AM				Karttika•Karttikai			
Then Routine Work - Marana Yoga							

	Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Retreat Star		Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 240
	Vrischika Rasi: 28.12	Tithi 1	Gulika 10:45AM – 11:59AM	Jyeshtha* Until 8:56AM	Ganesha: Green	Sunrise: 7:05AM	Sobhana 5125
		Yama 8:18AM – 9:32AM	Shula* Until 2:16PM	Muruga: Clear	Sunset: 4:53PM	Moon 12 - Phase 33 - 15	
		776936575 Rahu 11:59AM – 1:12PM	Kintughna Until 2:10PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:09AM Thu	Moon – Orange		Devaloka Day	
Until 8:56AM				Margasira•Karttikai			
Then Routine Work - Marana Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1**Thursday, December 14, 2023**Sobhana Nama Samvatsare Dakshinaya Mula* Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau

Tehran, Iran

Sun 16 Sutra 241

Dhanus Rasi: 12.17 Tithi 2

Gulika 9:32AM – 10:46AM**Mula* Until 7:45AM****Ganesha:** White *Sunrise:* 7:06AM

Sobhana 5125

Yama 7:06AM – 8:19AM

Ganda* Until 11:22AM

Muruga: White *Sunset:* 4:53PM

Moon 12 - Phase 34 - 16

786937575 **Rahu** 1:13PM – 2:26PM

Balava Until 12:05PM

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Dvitiya Until 10:55PMMoon – Light Blue
Margasira* Karttikai**Sivaloka Day****2****Friday, December 15, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau

Tehran, Iran

Sun 17 Sutra 242

Dhanus Rasi: 26.34 Tithi 3

Gulika 8:20AM – 9:33AM**Purvashadha* Until 6:08AM****Ganesha:** White *Sunrise:* 7:06AM

Sobhana 5125

Yama 2:27PM – 3:40PM

Vridhhi Until 8:15AM

Muruga: White *Sunset:* 4:54PM

Moon 12 - Phase 34 - 17

786937575 **Rahu** 10:46AM – 12:00PM

Taitila Until 9:44AM

Nataraja: Purple

3rd Phase

Routine Work Prabalarishta Yoga

Tritiya Until 8:29PMMoon – Light Blue
Margasira* Karttikai**Sivaloka Day**

Until 6:08AM

Then Routine Work - Marana Yoga

3**Saturday, December 16, 2023**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Vyaghata* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 18 Sutra 243

Makara Rasi: 10.58 Tithi 4 – 5

Gulika 7:07AM – 8:20AM**Shravana Until 2:35AM Sun****Ganesha:** Purple *Sunrise:* 7:07AM

Sobhana 5125

Yama 1:14PM – 2:27PM

Vyaghata* Until 1:45AM Sun

Muruga: White *Sunset:* 4:54PM

Moon 12 - Phase 34 - 18

797937575 **Rahu** 9:34AM – 10:47AM

Vanija Until 7:15AM

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Markali Pillaiyar**Chaturthi* Until 5:59PM**Moon – Purple
Margasira* Markali**Subha Subha Sivaloka Day**

Until 2:35AM Sun

Then Routine Work - Marana Yoga

4**Sunday, December 17, 2023**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau

Tehran, Iran

Sun 19 Sutra 244

Makara Rasi: 25.22 Tithi 5 – 6

Gulika 2:28PM – 3:41PM**Dhanishtha Until 12:53AM Mon****Ganesha:** Clear *Sunrise:* 7:08AM

Sobhana 5125

Yama 12:01PM – 1:14PM

Harshana Until 10:34PM

Muruga: White *Sunset:* 4:54PM

Moon 12 - Phase 34 - 19

897937575 **Rahu** 3:41PM – 4:54PM

Kaulava Until 2:23AM Mon

Nataraja: Purple

3rd Phase

Routine Work Marana Yoga

Panchami Until 3:32PMMoon – Purple
Margasira* Markali**Subha Sivaloka Day**

Until 12:53AM Sun

Then Creative Work - Siddha Yoga

Vinayaga Viratam Ends**5****Monday, December 18, 2023**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 20 Sutra 245

Kumbha Rasi: 9.42 Tithi 6 – 7

Gulika 1:15PM – 2:28PM**Shatabhishak Until 11:12PM****Ganesha:** Clear *Sunrise:* 7:08AM

Sobhana 5125

Yama 10:48AM – 12:01PM

Vajra* Until 7:30PM

Muruga: White *Sunset:* 4:55PM

Moon 12 - Phase 34 - 20

Family Home Evening897937575 **Rahu** 8:21AM – 9:35AM

Gara Until 12:10AM Tue

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Shashthi* Until 1:14PMMoon – Purple
Margasira* Markali**Subha Sivaloka Day**

Until 11:12PM

Then Routine Work - Marana Yoga

D**Tuesday, December 19, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 21 Sutra 246

Kumbha Rasi: 23.55 Tithi 7 – 8

Gulika 12:02PM – 1:15PM**Purvaproshtapada* Until 10:02PM****Ganesha:** Clear *Sunrise:* 7:09AM

Sobhana 5125

Yama 9:35AM – 10:49AM

Siddhi Until 4:37PM

Muruga: White *Sunset:* 4:55PM

Moon 12 - Phase 34 - 21

817137575 **Rahu** 2:28PM – 3:42PM

Visti Until 10:11PM

Nataraja: Purple

Ashtami

Routine Work Marana Yoga

Saptami Until 11:08AMMoon – Clear
Margasira* Markali**Subha Sivaloka Day**

Until 10:02PM

Then Creative Work - Amrita Yoga

Wednesday, December 20, 2023**Retreat Star**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 22 Sutra 247

Meena Rasi: 7.58 Tithi 8 – 9

Gulika 10:49AM – 12:02PM**Uttaraproshtapada Until 8:59PM****Ganesha:** Clear *Sunrise:* 7:09AM

Sobhana 5125

Yama 8:23AM – 9:36AM

Vyatipata* Until 1:57PM

Muruga: White *Sunset:* 4:55PM

Moon 12 - Phase 34 - 22

817137575 **Rahu** 12:02PM – 1:16PM

Balava Until 8:27PM

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Ashtami* Until 9:16AMMoon – Clear
Margasira* Markali**Subha Sivaloka Day**

Until 8:59PM

Then Routine Work - Marana Yoga


1	Thursday, December 21, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Tehran, Iran Sun 23 Sutra 248 Sobhana 5125
	Meena Rasi: 21.52 Tithi 9 – 10	Gulika 9:36AM – 10:50AM Yama 7:10AM – 8:23AM 817137575 Rahu 1:16PM – 2:29PM	Revati Until 8:02PM Variyan Until 11:28AM Taitila Until 6:59PM Navami* Until 7:40AM	Ganesh: Clear <i>Sunrise:</i> 7:10AM Muruga: White <i>Sunset:</i> 4:56PM Nataraja: Purple Moon – Clear	Moon 12 - Phase 35 - 23 4th Phase
	Creative Work Siddha Yoga Until 8:02PM Then Creative Work - Amrita Yoga	Day 1 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali	


2	Friday, December 22, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau			Tehran, Iran Sun 24 Sutra 249 Sobhana 5125
	Mesha Rasi: 5.35 Tithi 10 – 11	Gulika 8:24AM – 9:37AM Yama 2:30PM – 3:43PM 828137575 Rahu 10:50AM – 12:03PM	Ashvini Until 7:38PM Parigha* Until 9:12AM Visti Until 5:16AM Sat Dashami Until 6:20AM	Ganesh: Clear <i>Sunrise:</i> 7:10AM Muruga: White <i>Sunset:</i> 4:56PM Nataraja: Purple Moon – White	Moon 12 - Phase 35 - 24 4th Phase
	Creative Work Amrita Yoga Until 7:38PM Then Creative Work - Siddha Yoga	Vaikuntha Ekadasi Gita Jayanthi Day 2 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali	

3	Saturday, December 23, 2023	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau			Tehran, Iran Sun 25 Sutra 250 Sobhana 5125
	Mesha Rasi: 19.1 Tithi 12	Gulika 7:11AM – 8:24AM Yama 1:17PM – 2:30PM 828137575 Rahu 9:37AM – 10:51AM	Bharani Until 7:21PM Shiva Until 7:10AM Bava Until 4:51PM Dvadashi Until 4:28AM Sun	Ganesh: Clear <i>Sunrise:</i> 7:11AM Muruga: White <i>Sunset:</i> 4:57PM Nataraja: Purple Moon – White	Moon 12 - Phase 35 - 25 4th Phase
	Creative Work Siddha Yoga Until 7:21PM Then Creative Work - Amrita Yoga	Day 3 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali	

4	Sunday, December 24, 2023	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Tehran, Iran Sun 26 Sutra 251 Sobhana 5125
	Vrishabha Rasi: 2.35 Tithi 13	Gulika 2:31PM – 3:44PM Yama 12:04PM – 1:18PM 828137575 Rahu 3:44PM – 4:57PM	Krittika Until 7:12PM Sadhya Until 3:42AM Mon Kaulava Until 4:12PM Trayodashi Until 3:58AM Mon	Ganesh: Clear <i>Sunrise:</i> 7:11AM Muruga: White <i>Sunset:</i> 4:57PM Nataraja: Purple Moon – White	Moon 12 - Phase 35 - 26 4th Phase
	Creative Work Siddha Yoga	Day 4 of Pancha Ganapati	<i>Pradosha Vrata</i>	Subha Sivaloka Day Margasira*Markali	

5	Monday, December 25, 2023	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau			Tehran, Iran Sun 27 Sutra 252 Sobhana 5125
	Vrishabha Rasi: 15.51 Tithi 14 Family Home Evening	Gulika 1:18PM – 2:31PM Yama 10:52AM – 12:05PM 838137575 Rahu 8:25AM – 9:38AM	Rohini Until 7:40PM Subha Until 2:23AM Tue Gara Until 3:52PM Chaturdashi* Until 3:49AM Tue	Ganesh: White <i>Sunrise:</i> 7:12AM Muruga: White <i>Sunset:</i> 4:58PM Nataraja: Purple Moon – Yellow	Moon 12 - Phase 35 - 27 4th Phase
	Creative Work Amrita Yoga	Day 5 of Pancha Ganapati		Sivaloka Day Margasira*Markali	

	Tuesday, December 26, 2023	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau			Tehran, Iran Sun 28 Sutra 253 Sobhana 5125
	Vrishabha Rasi: 28.56 Tithi 15	Gulika 12:05PM – 1:19PM Yama 9:39AM – 10:52AM 838137575 Rahu 2:32PM – 3:45PM	Mrigashira Until 8:22PM Sukla Until 1:21AM Wed Visti Until 3:55PM Purnima* Until 4:05AM Wed	Ganesh: White <i>Sunrise:</i> 7:12AM Muruga: White <i>Sunset:</i> 4:59PM Nataraja: Purple Moon – Yellow	Moon 12 - Phase 35 - Purnima
	Creative Work Siddha Yoga Until 8:22PM Then Routine Work - Marana Yoga			Sivaloka Day Margasira*Markali	

	Wednesday, December 27, 2023	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau			Tehran, Iran Sun 29 Sutra 254 Sobhana 5125
	Mithuna Rasi: 11.48 Tithi 16	Gulika 10:53AM – 12:06PM Yama 8:26AM – 9:39AM 838137576 Rahu 12:06PM – 1:19PM	Ardra Until 9:19PM Brahma Until 12:40AM Thu Balava Until 4:24PM Prathama* Until 4:48AM Thu	Ganesh: White <i>Sunrise:</i> 7:13AM Muruga: White <i>Sunset:</i> 4:59PM Nataraja: Clear Moon – Yellow	Moon 12 - Phase 35 - Prathama
	Creative Work Siddha Yoga	Ardra Darshanam		Devaloka Day Margasira*Markali	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11



Thursday, December 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 255

Sobhana 5125

Mithuna Rasi: 24.28 Tithi 17

Gulika 9:40AM – 10:53AM

Punarvasu Until 11:04PM

Ganesha: Yellow Sunrise: 7:13AM

Yama 7:13AM – 8:26AM

Indra Until 12:22AM Fri

Muruga: White Sunset: 5:00PM

Moon 13 - Phase 36 -

849137576 Rahu 1:20PM – 2:33PM

Taitila Until 5:21PM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 6:00AM Fri

Moon – Blue
Margasira*Markali

Sivaloka Day

1 Friday, December 29, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sutra 256

Sobhana 5125

Kataka Rasi: 6.53 Tithi 17 – 18

Gulika 8:27AM – 9:40AM

Pushya Until 1:08AM Sat

Ganesha: Blue Sunrise: 7:13AM

Yama 2:34PM – 3:47PM

Vaidhriti* Until 12:26AM Sat

Muruga: White Sunset: 5:01PM

Moon 13 - Phase 36 - 1

849137576 Rahu 10:53AM – 12:07PM

Vanija Until 6:49PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Dvitiya Until 6:00AM

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

2 Saturday, December 30, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sutra 257

Sobhana 5125

Kataka Rasi: 19.07 Tithi 18 – 19

Gulika 7:13AM – 8:27AM

Ashlesha* Until 3:29AM Sun

Ganesha: Blue Sunrise: 7:13AM

Yama 1:21PM – 2:34PM

Vishkambha* Until 12:52AM Sun

Muruga: White Sunset: 5:01PM

Moon 13 - Phase 36 - 2

849137576 Rahu 9:40AM – 10:54AM

Bava Until 8:47PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Tritiya Until 7:43AM

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

3 Sunday, December 31, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sutra 258

Sobhana 5125

Simha Rasi: 1.1 Tithi 19 – 20

Gulika 2:35PM – 3:48PM

Magha* Until 6:32AM Mon

Ganesha: Red Sunrise: 7:14AM

Yama 12:08PM – 1:21PM

Priti Until 1:36AM Mon

Muruga: White Sunset: 5:02PM

Moon 13 - Phase 36 - 3

859137576 Rahu 3:48PM – 5:02PM

Kaulava Until 11:09PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 9:54AM

Moon – Red
Margasira*Markali

Sivaloka Day

4 Monday, January 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sutra 259

Sobhana 5125

Simha Rasi: 13.04 Tithi 20 – 21

Gulika 1:22PM – 2:36PM

Magha* Until 6:32AM

Ganesha: Red Sunrise: 7:14AM

Yama 10:55AM – 12:09PM

Ayushman Until 2:30AM Tue

Muruga: White Sunset: 5:04PM

Moon 13 - Phase 36 - 4

859137576 Rahu 8:28AM – 9:41AM

Gara Until 1:47AM Tue

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Panchami Until 12:25PM

Moon – Red
Margasira*Markali

Sivaloka Day

5 Tuesday, January 2, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sutra 260

Sobhana 5125

Simha Rasi: 24.53 Tithi 21 – 22

Gulika 12:09PM – 1:23PM

Purvaphalguni Until 9:37AM

Ganesha: Red Sunrise: 7:14AM

Yama 9:42AM – 10:56AM

Saubhagya Until 3:27AM Wed

Muruga: White Sunset: 5:04PM

Moon 13 - Phase 36 - 5

859137576 Rahu 2:37PM – 3:51PM

Visti Until 4:29AM Wed

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 3:07PM

Moon – Red
Margasira*Markali

Sivaloka Day

6 Wednesday, January 3, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sutra 261

Sobhana 5125

Kanya Rasi: 6.41 Tithi 22 – 23

Gulika 10:56AM – 12:10PM

Uttaraphalguni Until 12:32PM

Ganesha: Red Sunrise: 7:14AM

Yama 8:28AM – 9:42AM

Sobhana Until 4:17AM Thu

Muruga: White Sunset: 5:05PM

Moon 13 - Phase 36 - 6

859137576 Rahu 12:10PM – 1:24PM

Balava Until 7:00AM Thu

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Saptami Until 5:46PM

Moon – Red
Margasira*Markali

Sivaloka Day

Thursday, January 4, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sutra 262

Sobhana 5125

Kanya Rasi: 18.34 Tithi 23

Gulika 9:42AM – 10:56AM

Hasta Until 3:31PM

Ganesha: Green Sunrise: 7:15AM

Yama 7:15AM – 8:28AM

Athiganda* Until 4:46AM Fri

Muruga: White Sunset: 5:06PM

Moon 13 - Phase 36 - 7

869137576 Rahu 1:24PM – 2:38PM

Balava Until 7:00AM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Ashtami* Until 8:04PM

Moon – Green
Margasira*Markali

Subha Sivaloka Day

Friday, January 5, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sutra 263

Sobhana 5125

Tula Rasi: 0.38 Tithi 24

Gulika 8:29AM – 9:43AM

Chitra Until 5:48PM

Ganesha: Green Sunrise: 7:15AM

Yama 2:39PM – 3:53PM

Sukarma Until 4:46AM Sat

Muruga: White Sunset: 5:07PM

Moon 13 - Phase 36 - 8

869137576 Rahu 10:57AM – 12:11PM

Taitila Until 9:02AM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Subramuniyaswami Jayanti

Navami* Until 9:47PM

Moon – Green
Margasira*Markali

Subha Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


1	Saturday, January 6, 2024		Sobhana Nama Samvatsare Uтарыane Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Svati Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 264
	Tula Rasi: 12.58	Tithi 25	Gulika 7:15AM – 8:29AM	Svati Until 7:14PM	Ganesha: Orange	Sunrise: 7:15AM	Sobhana 5125
		Yama 1:25PM – 2:39PM	Dhriti Until 4:10AM Sun	Muruga: White	Sunset: 5:08PM	Moon 13 - Phase 37 - 9	
		861137576 Rahu 9:43AM – 10:57AM	Vanija Until 10:23AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:43PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, January 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Vishakha Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 265
	Tula Rasi: 25.39	Tithi 26	Gulika 2:40PM – 3:54PM	Vishakha Until 8:08PM	Ganesha: Light Blue	Sunrise: 7:15AM	Sobhana 5125
		Yama 12:12PM – 1:26PM	Shula* Until 2:51AM Mon	Muruga: White	Sunset: 5:08PM	Moon 13 - Phase 37 - 10	
		871137576 Rahu 3:54PM – 5:08PM	Bava Until 10:53AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 10:47PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			

3	Monday, January 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Anuradha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 266
	Vrischika Rasi: 8.46	Tithi 27	Gulika 1:26PM – 2:41PM	Anuradha Until 8:02PM	Ganesha: Light Blue	Sunrise: 7:15AM	Sobhana 5125
Family Home Evening		Yama 10:58AM – 12:12PM	Ganda* Until 12:54AM Tue	Muruga: White	Sunset: 5:09PM	Moon 13 - Phase 37 - 11	
		871137576 Rahu 8:29AM – 9:43AM	Kaulava Until 10:31AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 10:00PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			

4	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
			Jyeshtha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 267
	Vrischika Rasi: 22.21	Tithi 28	Gulika 12:12PM – 1:27PM	Jyeshtha* Until 7:02PM	Ganesha: Light Blue	Sunrise: 7:15AM	Sobhana 5125
		Yama 9:43AM – 10:58AM	Vriddhi Until 10:21PM	Muruga: White	Sunset: 5:10PM	Moon 13 - Phase 37 - 12	
		871137576 Rahu 2:41PM – 3:56PM	Gara Until 9:19AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 8:25PM	Moon – Orange		Devaloka Day	
Until 7:02PM				Margasira*Markali			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
			Mula*/Purvashadha* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 268
	Dhanus Rasi: 6.22	Tithi 29	Gulika 10:58AM – 12:13PM	Mula* Until 5:39PM	Ganesha: Purple	Sunrise: 7:14AM	Sobhana 5125
		Yama 8:29AM – 9:44AM	Dhruva Until 7:16PM	Muruga: White	Sunset: 5:11PM	Moon 13 - Phase 37 - 13	
		881137576 Rahu 12:13PM – 1:27PM	Visti Until 7:23AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 6:11PM	Moon – Light Blue		Devaloka Day	
Until 5:39PM				Margasira*Markali			
Then Creative Work - Amrita Yoga							

	Thursday, January 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 269
	Dhanus Rasi: 20.47	Tithi 30 – 1	Gulika 9:44AM – 10:58AM	Purvashadha* Until 3:39PM	Ganesha: Purple	Sunrise: 7:14AM	Sobhana 5125
		Yama 7:14AM – 8:29AM	Vyaghata* Until 3:48PM	Muruga: White	Sunset: 5:12PM	Moon 13 - Phase 37 - 14	
		881137576 Rahu 1:28PM – 2:43PM	Kintughna Until 2:00AM Fri	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 3:28PM	Moon – Light Blue		Devaloka Day	
Until 3:39PM		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali			
Then Routine Work - Marana Yoga							

	Friday, January 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
	Retreat Star		Uttarashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 270
	Makara Rasi: 5.28	Tithi 1 – 2	Gulika 8:29AM – 9:44AM	Uttarashadha Until 1:11PM	Ganesha: Light Blue	Sunrise: 7:14AM	Sobhana 5125
		Yama 2:43PM – 3:58PM	Harshana Until 12:06PM	Muruga: White	Sunset: 5:13PM	Moon 13 - Phase 37 - 15	
		881237576 Rahu 10:59AM – 12:14PM	Balava Until 10:51PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 12:26PM	Moon – Light Blue		Devaloka Day	
				Pausha*Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Saturday, January 13, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Tehran, Iran
	Makara Rasi: 20.19	Tithi 2 – 3	Gulika 7:14AM – 8:29AM	Shravana Until 10:51AM	Ganesha: Purple <i>Sunrise:</i> 7:14AM	Sun 16 Sutra 271
	891237576	Rahu 9:44AM – 10:59AM	Vajra* Until 8:14AM	Muruga: White <i>Sunset:</i> 5:14PM	Sobhana 5125	Moon 13 - Phase 38 - 16
	Creative Work Siddha Yoga		Taitila Until 7:39PM	Nataraja: Clear		3rd Phase

2	Sunday, January 14, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau				Tehran, Iran
	Kumbha Rasi: 5.1	Tithi 3 – 4	Gulika 2:45PM – 4:00PM	Dhanishtha Until 8:24AM	Ganesha: Purple <i>Sunrise:</i> 7:14AM	Sun 17 Sutra 272
	891237576	Rahu 4:00PM – 5:15PM	Vyatipata* Until 12:41AM Mon	Muruga: White <i>Sunset:</i> 5:15PM	Sobhana 5125	Moon 13 - Phase 38 - 17
	Routine Work Marana Yoga Until 8:24AM Then Creative Work - Siddha Yoga		Visti Until 3:02AM Mon	Nataraja: Clear		3rd Phase

3	Monday, January 15, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Kumbha Rasi: 19.54	Tithi 5	Gulika 1:30PM – 2:45PM	Shatabhishak Until 6:00AM	Ganesha: Purple <i>Sunrise:</i> 7:13AM	Sun 18 Sutra 273
	Family Home Evening	891237576	Rahu 8:29AM – 9:44AM	Variyan Until 9:11PM	Muruga: White <i>Sunset:</i> 5:16PM	Sobhana 5125
	Creative Work Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga		Thai Pongal	Bava Until 1:39PM	Nataraja: Clear	Moon 13 - Phase 38 - 18

4	Tuesday, January 16, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Meena Rasi: 4.25	Tithi 6	Gulika 12:15PM – 1:31PM	Uttaraproshtapada Until 2:37AM Wed	Ganesha: White <i>Sunrise:</i> 7:13AM	Sun 19 Sutra 274
	812237576	Rahu 2:46PM – 4:01PM	Parigha* Until 6:00PM	Muruga: White <i>Sunset:</i> 5:17PM	Sobhana 5125	Moon 13 - Phase 38 - 19
	Creative Work Amrita Yoga Until 2:37AM Wed Then Routine Work - Marana Yoga		Kaulava Until 11:06AM	Nataraja: Clear		3rd Phase

5	Wednesday, January 17, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Meena Rasi: 18.38	Tithi 7	Gulika 11:00AM – 12:15PM	Revati Until 1:23AM Thu	Ganesha: White <i>Sunrise:</i> 7:13AM	Sun 20 Sutra 275
	812237576	Rahu 12:15PM – 1:31PM	Shiva Until 3:11PM	Muruga: White <i>Sunset:</i> 5:18PM	Sobhana 5125	Moon 13 - Phase 38 - 20
	Routine Work Marana Yoga Until 1:23AM Thu Then Creative Work - Amrita Yoga		Gara Until 8:59AM	Nataraja: Clear		3rd Phase

D	Thursday, January 18, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star	Mesha Rasi: 2.34	Tithi 8	Gulika 9:44AM – 11:00AM	Ashvini Until 12:56AM Fri	Sun 21 Sutra 276
	822237576	Rahu 1:32PM – 2:47PM	Siddha Until 12:45PM	Muruga: White <i>Sunset:</i> 5:19PM	Sobhana 5125	Moon 13 - Phase 38 - 21
	Creative Work Amrita Yoga Until 12:56AM Fri Then Creative Work - Siddha Yoga		Visti Until 7:22AM	Nataraja: Clear		Ashtami

D	Friday, January 19, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran
	Retreat Star	Mesha Rasi: 16.1	Tithi 9 – 10	Gulika 8:28AM – 9:44AM	Bharani Until 12:49AM Sat	Sun 22 Sutra 277
	822237576	Rahu 11:00AM – 12:16PM	Sadhya Until 10:43AM	Muruga: White <i>Sunset:</i> 5:20PM	Sobhana 5125	Moon 13 - Phase 38 - 22
	Creative Work Siddha Yoga Until 12:49AM Sat Then Creative Work - Amrita Yoga		Balava Until 6:15AM	Nataraja: Clear		Navami


1	Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 23 Sutra 278 Sobhana 5125
	Mesha Rasi: 29.31	Tithi 10 – 11	Gulika Yama 822237576	7:12AM – 8:28AM 1:32PM – 2:49PM Rahu 9:44AM – 11:00AM	Krittika Until 1:00AM Sun Subha Until 9:05AM Vanija Until 5:27AM Sun Dashami Until 5:28PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – White Pausha*Thai	Sunrise: 7:12AM Sunset: 5:21PM Moon 13 - Phase 39 - 23 4th Phase
	Creative Work Amrita Yoga Until 1:00AM Sun Then Creative Work - Siddha Yoga		Sivaloka Day				


2	Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 24 Sutra 279 Sobhana 5125
	Mrishabha Rasi: 12.37	Tithi 11 – 12	Gulika Yama 832237576	2:49PM – 4:06PM 12:17PM – 1:33PM Rahu 4:06PM – 5:22PM	Rohini Until 1:54AM Mon Sukla Until 7:47AM Bava Until 5:41AM Mon Ekadashi Until 5:30PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 7:11AM Sunset: 5:22PM Moon 13 - Phase 39 - 24 4th Phase
	Creative Work Siddha Yoga Until 1:54AM Mon Then Creative Work - Amrita Yoga		Devaloka Day				

3	Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 25 Sutra 280 Sobhana 5125
	Mrishabha Rasi: 25.31	Tithi 12 – 13	Gulika Yama 832237576	1:33PM – 2:50PM 11:00AM – 12:17PM Rahu 8:27AM – 9:44AM	Mrigashira Until 3:00AM Tue Brahma Until 6:47AM Kaulava Until 6:18AM Tue Dvadashi Until 5:55PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 7:11AM Sunset: 5:23PM Moon 13 - Phase 39 - 25 4th Phase
	Creative Work Amrita Yoga Until 3:00AM Tue Then Routine Work - Marana Yoga		Devaloka Day <i>Pradosha Vrata</i>				

4	Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 281 Sobhana 5125
	Mithuna Rasi: 8.14	Tithi 13	Gulika Yama 832237576	12:17PM – 1:34PM 9:44AM – 11:00AM Rahu 2:51PM – 4:07PM	Ardra Until 4:18AM Wed Indra Until 6:06AM Kaulava Until 6:18AM Trayodashi Until 6:43PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 7:10AM Sunset: 5:24PM Moon 13 - Phase 39 - 26 4th Phase
	Routine Work Marana Yoga Until 4:18AM Wed Then Creative Work - Siddha Yoga		Devaloka Day				

5	Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 282 Sobhana 5125
	Mithuna Rasi: 20.47	Tithi 14	Gulika Yama 842237576	11:00AM – 12:17PM 8:27AM – 9:44AM Rahu 12:17PM – 1:34PM	Punarvasu Until 6:17AM Thu Vishkambha* Until 5:32AM Thu Gara Until 7:16AM Chaturdashi* Until 7:53PM	Ganesha: Red Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai	Sunrise: 7:10AM Sunset: 5:25PM Moon 13 - Phase 39 - 27 4th Phase
	Creative Work Siddha Yoga Until 6:17AM Thu Then Creative Work - Amrita Yoga		Sivaloka Day				

	Thursday, January 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 28 Sutra 283 Sobhana 5125
	Kataka Rasi: 3.11	Tithi 15	Gulika Yama 942237576	9:43AM – 11:01AM 7:09AM – 8:26AM Rahu 1:35PM – 2:52PM	Punarvasu Until 6:17AM Priti Until 5:41AM Fri Visti Until 8:37AM Purnima* Until 9:25PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai	Sunrise: 7:09AM Sunset: 5:26PM Moon 13 - Phase 39 - Purnima
	Creative Work Amrita Yoga		Devaloka Day Thai Pusam				

	Friday, January 26, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sun 29 Sutra 284 Sobhana 5125
	Kataka Rasi: 15.25	Tithi 16	Gulika Yama 942237576	8:26AM – 9:43AM 2:52PM – 4:10PM Rahu 11:01AM – 12:18PM	Pushya Until 8:27AM Ayushman Until 6:05AM Sat Balava Until 10:20AM Prathama* Until 11:19PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai	Sunrise: 7:09AM Sunset: 5:27PM Moon 13 - Phase 39 - Prathama
	Routine Work Marana Yoga		Devaloka Day				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Saturday, January 27, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran Sun 1 Sutra 285 Sobhana 5125

Kataka Rasi: 27.3 Tithi 17

Gulika 7:08AM - 8:25AM
Yama 1:36PM - 2:53PM
Rahu 9:43AM - 11:01AM

Ashlesha* Until 10:49AM
Ayushman Until 6:05AM
Taitila Until 12:26PM
Dvitiya Until 1:35AM Sun

Ganesha: Blue Sunrise: 7:08AM
Muruga: White Sunset: 5:28PM
Nataraja: Clear
Moon - Blue
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga
Until 10:49AM
Then Creative Work - Amrita Yoga

1 Sunday, January 28, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran Sun 2 Sutra 286 Sobhana 5125

Simha Rasi: 9.27 Tithi 18

Gulika 2:54PM - 4:11PM
Yama 12:18PM - 1:36PM
Rahu 4:11PM - 5:29PM

Magha* Until 1:49PM
Saubhagya Until 6:46AM
Vanija Until 2:51PM
Tritiya Until 4:08AM Mon

Ganesha: Red Sunrise: 7:07AM
Muruga: White Sunset: 5:29PM
Nataraja: Clear
Moon - Red
Pausha*Thai

Sivaloka Day

Routine Work Marana Yoga
Until 1:49PM
Then Creative Work - Siddha Yoga

2 Monday, January 29, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran Sun 3 Sutra 287 Sobhana 5125

Simha Rasi: 21.18 Tithi 19

Family Home Evening

Gulika 1:36PM - 2:54PM
Yama 11:00AM - 12:18PM
Rahu 8:25AM - 9:43AM

Purvaphalguni Until 4:53PM
Sobhana Until 7:39AM
Bava Until 5:30PM
Chaturthi* Until 6:52AM Tue

Ganesha: Yellow Sunrise: 7:07AM
Muruga: White Sunset: 5:30PM
Nataraja: Clear
Moon - Red
Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

3 Tuesday, January 30, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran Sun 4 Sutra 288 Sobhana 5125

Kanya Rasi: 3.06 Tithi 19 - 20

Gulika 12:19PM - 1:37PM
Yama 9:42AM - 11:00AM
Rahu 2:55PM - 4:13PM

Uttaraphalguni Until 7:52PM
Athiganda* Until 8:38AM
Kaulava Until 8:15PM
Chaturthi* Until 6:52AM

Ganesha: Yellow Sunrise: 7:06AM
Muruga: White Sunset: 5:31PM
Nataraja: Clear
Moon - Red
Pausha*Thai

Sivaloka Day

Creative Work Amrita Yoga
Until 7:52PM
Then Creative Work - Siddha Yoga

4 Wednesday, January 31, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran Sun 5 Sutra 289 Sobhana 5125

Kanya Rasi: 14.53 Tithi 20 - 21

Gulika 11:00AM - 12:19PM
Yama 8:24AM - 9:42AM
Rahu 12:19PM - 1:37PM

Hasta Until 11:06PM
Sukarma Until 9:37AM
Gara Until 10:54PM
Panchami Until 9:35AM

Ganesha: White Sunrise: 7:05AM
Muruga: White Sunset: 5:32PM
Nataraja: Clear
Moon - Green
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga
Until 11:06PM
Then Creative Work - Siddha Yoga

5 Thursday, February 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran Sun 6 Sutra 290 Sobhana 5125

Kanya Rasi: 26.45 Tithi 21 - 22

Gulika 9:42AM - 11:00AM
Yama 7:05AM - 8:24AM
Rahu 1:37PM - 2:55PM

Chitra Until 1:49AM Fri
Dhriti Until 10:26AM
Visti Until 1:11AM Fri
Shashthi* Until 12:04PM

Ganesha: White Sunrise: 7:05AM
Muruga: White Sunset: 5:32PM
Nataraja: Clear
Moon - Green
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

D Friday, February 2, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran Sun 7 Sutra 291 Sobhana 5125

Tula Rasi: 8.46 Tithi 22 - 23

Gulika 8:23AM - 9:42AM
Yama 2:56PM - 4:15PM
Rahu 11:00AM - 12:19PM

Svati Until 3:49AM Sat
Shula* Until 10:54AM
Balava Until 2:52AM Sat
Saptami Until 2:05PM

Ganesha: White Sunrise: 7:04AM
Muruga: White Sunset: 5:33PM
Nataraja: Clear
Moon - Green
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Saturday, February 3, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran Sun 8 Sutra 292 Sobhana 5125

Tula Rasi: 21.02 Tithi 23 - 24

Gulika 7:04AM - 8:22AM
Yama 1:38PM - 2:57PM
Rahu 9:41AM - 11:00AM

Vishakha Until 5:22AM Sun
Ganda* Until 10:52AM
Taitila Until 3:47AM Sun
Ashtami* Until 3:25PM

Ganesha: Clear Sunrise: 7:04AM
Muruga: White Sunset: 5:34PM
Nataraja: Clear
Moon - Orange
Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga
Until 5:22AM Sun
Then Routine Work - Marana Yoga


1	Sunday, February 4, 2024	Sobhana Nama Samvatsare Uтарыane Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
		Anuradha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 293
	Vrischika Rasi: 3.4 Tithi 24 – 25	Gulika 2:57PM – 4:16PM	Anuradha Until 5:54AM Mon	Ganesha: Clear	Sunrise: 7:03AM	Sobhana 5125
	Yama 12:19PM – 1:38PM	Vriddhi Until 10:13AM	Muruga: White	Sunset: 5:35PM	Moon 1 - Phase 41 - 9	
	973237577 Rahu 4:16PM – 5:35PM	Vanija Until 3:47AM Mon	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga		Navami* Until 3:53PM	Moon – Orange	Sivaloka Day		
Until 5:54AM Mon			Pausha*Thai			
Then Creative Work - Siddha Yoga						

2	Monday, February 5, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
		Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 294
	Vrischika Rasi: 16.43 Tithi 25 – 26	Gulika 1:38PM – 2:58PM	Jyeshtha* Until 5:25AM Tue	Ganesha: Clear	Sunrise: 7:02AM	Sobhana 5125
Family Home Evening	Yama 11:00AM – 12:19PM	Dhruva Until 8:51AM	Muruga: White	Sunset: 5:36PM	Moon 1 - Phase 41 - 10	
973237577 Rahu 8:21AM – 9:41AM		Bava Until 2:54AM Tue	Nataraja: Orange		2nd Phase	
Creative Work Siddha Yoga		Dashami Until 3:26PM	Moon – Orange	Sivaloka Day		
Until 5:25AM Tue			Pausha*Thai			
Then Creative Work - Amrita Yoga						

3	Tuesday, February 6, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
		Mula* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 295
	Dhanus Rasi: 0.14 Tithi 26 – 27	Gulika 12:19PM – 1:39PM	Mula* Until 4:25AM Wed	Ganesha: Light Blue	Sunrise: 7:01AM	Sobhana 5125
	Yama 9:40AM – 11:00AM	Vyaghata* Until 6:48AM	Muruga: White	Sunset: 5:37PM	Moon 1 - Phase 41 - 11	
983337577 Rahu 2:58PM – 4:18PM		Kaulava Until 1:10AM Wed	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga		Ekadashi* Until 2:07PM	Moon – Light Blue	Devaloka Day		
			Pausha*Thai			

4	Wednesday, February 7, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
		Purvashadha* Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 296
	Dhanus Rasi: 14.16 Tithi 27 – 28	Gulika 11:00AM – 12:19PM	Purvashadha* Until 2:34AM Thu	Ganesha: Light Blue	Sunrise: 7:00AM	Sobhana 5125
	Yama 8:20AM – 9:40AM	Vajra* Until 12:49AM Thu	Muruga: White	Sunset: 5:38PM	Moon 1 - Phase 41 - 12	
983337577 Rahu 12:19PM – 1:39PM		Gara Until 10:43PM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga		Dvadashi* Until 12:01PM	Moon – Light Blue	Devaloka Day		
Until 2:34AM Thu			Pausha*Thai			
Then Routine Work - Marana Yoga						
			<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, February 8, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
		Uttarashadha Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 297
	Dhanus Rasi: 28.45 Tithi 28 – 29	Gulika 9:39AM – 10:59AM	Uttarashadha Until 12:04AM Fri	Ganesha: Light Blue	Sunrise: 6:59AM	Sobhana 5125
	Yama 6:59AM – 8:19AM	Siddhi Until 9:07PM	Muruga: White	Sunset: 5:39PM	Moon 1 - Phase 41 - 13	
983337577 Rahu 1:39PM – 2:59PM		Visti Until 7:43PM	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga		Trayodashi* Until 9:16AM	Moon – Light Blue	Devaloka Day		
			Pausha*Thai			

	Friday, February 9, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
	Retreat Star	Shravana Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 298
	Makara Rasi: 14 Tithi 29 – 30	Gulika 8:19AM – 9:39AM	Shravana Until 9:29PM	Ganesha: Purple	Sunrise: 6:58AM	Sobhana 5125
	Yama 3:00PM – 4:20PM	Vyatipata* Until 5:06PM	Muruga: White	Sunset: 5:40PM	Moon 1 - Phase 41 - 14	
993337577 Rahu 10:59AM – 12:19PM		Naga Until 2:30AM Sat	Nataraja: Orange		Amavasya	
Routine Work Marana Yoga		Chaturdashi* Until 6:02AM	Moon – Purple	Devaloka Day		
Until 9:29PM			Pausha*Thai			
Then Creative Work - Siddha Yoga						

6	Saturday, February 10, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Retreat Star	Dhanishtha Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 299
	Makara Rasi: 28.41 Tithi 1	Gulika 6:57AM – 8:18AM	Dhanishtha Until 6:35PM	Ganesha: Purple	Sunrise: 6:57AM	Sobhana 5125
	Yama 1:40PM – 3:00PM	Variyan Until 12:54PM	Muruga: White	Sunset: 5:41PM	Moon 1 - Phase 41 - 15	
993337577 Rahu 9:38AM – 10:59AM		Kintughna Until 12:42PM	Nataraja: Orange		Prathama	
Creative Work Siddha Yoga		Prathama* Until 10:51PM	Moon – Purple	Devaloka Day		
Until 6:35PM			Magha*Thai			
Then Creative Work - Amrita Yoga						

1	Sunday, February 11, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tehran, Iran
	Kumbha Rasi: 13.52 Tithi 2	Gulika 3:01PM – 4:22PM	Shatabhishak Until 3:34PM	Ganesha: Purple <i>Sunrise:</i> 6:57AM	Sun 16 Sutra 300	Sobhana 5125
	993337577 Rahu	Yama 12:19PM – 1:40PM	Parigha* Until 8:40AM	Muruga: White <i>Sunset:</i> 5:42PM	Moon 1 - Phase 42 - 16	3rd Phase

Creative Work Siddha Yoga

Devaloka Day

2	Monday, February 12, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtpada*/Uttaraproshtpada* Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Tehran, Iran
	Kumbha Rasi: 28.58 Tithi 3 – 4	Gulika 1:40PM – 3:01PM	Purvaproshtpada* Until 12:59PM	Ganesha: Clear <i>Sunrise:</i> 6:56AM	Sun 17 Sutra 301	Sobhana 5125
	913337577 Rahu	Yama 10:58AM – 12:19PM	Siddha Until 12:38AM Tue	Muruga: White <i>Sunset:</i> 5:43PM	Moon 1 - Phase 42 - 17	3rd Phase

Family Home Evening Marana Yoga

Routine Work Marana Yoga

Until 12:59PM

Then Creative Work - Siddha Yoga

Sivaloka Day

3	Tuesday, February 13, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada*/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau				Tehran, Iran
	Meena Rasi: 13.5 Tithi 4 – 5	Gulika 12:19PM – 1:41PM	Uttaraproshtpada Until 10:37AM	Ganesha: Orange <i>Sunrise:</i> 6:55AM	Sun 18 Sutra 302	Sobhana 5125
	914337577 Rahu	Yama 9:37AM – 10:58AM	Sadhya Until 9:04PM	Muruga: White <i>Sunset:</i> 5:44PM	Moon 1 - Phase 42 - 18	3rd Phase

Creative Work Amrita Yoga

Until 10:37AM

Then Creative Work - Siddha Yoga

Sivaloka Day

4	Wednesday, February 14, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	Meena Rasi: 28.22 Tithi 5 – 6	Gulika 10:58AM – 12:19PM	Revati Until 8:34AM	Ganesha: Orange <i>Sunrise:</i> 6:53AM	Sun 19 Sutra 303	Sobhana 5125
	914347577 Rahu	Yama 8:15AM – 9:36AM	Subha Until 5:57PM	Muruga: Clear <i>Sunset:</i> 5:45PM	Moon 1 - Phase 42 - 19	3rd Phase

Routine Work Marana Yoga

Devaloka Day

5	Thursday, February 15, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran
	Mesha Rasi: 12.31 Tithi 6 – 7	Gulika 9:36AM – 10:58AM	Ashvini Until 7:23AM	Ganesha: Green <i>Sunrise:</i> 6:52AM	Sun 20 Sutra 304	Sobhana 5125
	924347577 Rahu	Yama 6:52AM – 8:14AM	Sukla Until 3:19PM	Muruga: Clear <i>Sunset:</i> 5:46PM	Moon 1 - Phase 42 - 20	3rd Phase

Creative Work Amrita Yoga

Until 7:23AM

Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D	Friday, February 16, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran
	Mesha Rasi: 26.15 Tithi 7 – 8	Gulika 8:13AM – 9:35AM	Bharani Until 6:43AM	Ganesha: Green <i>Sunrise:</i> 6:51AM	Sun 21 Sutra 305	Sobhana 5125
	924347577 Rahu	Yama 3:03PM – 4:25PM	Brahma Until 1:13PM	Muruga: Clear <i>Sunset:</i> 5:47PM	Moon 1 - Phase 42 - 21	Ashtami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D	Saturday, February 17, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Vrishabha Rasi: 10 Tithi 8 – 9	Gulika 6:50AM – 8:13AM	Krittika Until 6:34AM	Ganesha: Green <i>Sunrise:</i> 6:50AM	Sun 22 Sutra 306	Sobhana 5125
	924347577 Rahu	Yama 1:42PM – 3:04PM	Indra Until 11:41AM	Muruga: Clear <i>Sunset:</i> 5:48PM	Moon 1 - Phase 42 - 22	Navami

Creative Work Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran
	934347577	Gulika 3:04PM – 4:27PM Yama 12:19PM – 1:42PM Rahu 4:27PM – 5:49PM	Rohini Until 7:21AM Vaidhriti* Until 10:36AM Taitila Until 6:30PM Navami* Until 6:15AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha*Masi	Sun 23 Sutra 307 Sobhana 5125 Moon 1 - Phase 43 - 23 4th Phase	Devaloka Day
	Vrishabha Rasi: 22.36 Tithi 9 – 10 Creative Work Siddha Yoga					


2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	934347577	Gulika 1:42PM – 3:05PM Yama 10:56AM – 12:19PM Rahu 8:11AM – 9:34AM	Mrigashira Until 8:33AM Vishkambha* Until 10:00AM Vanija Until 7:22PM Dashami Until 6:51AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha*Masi	Sun 24 Sutra 308 Sobhana 5125 Moon 1 - Phase 43 - 24 4th Phase	Devaloka Day
	Mithuna Rasi: 5.19 Tithi 10 – 11 Family Home Evening Creative Work Amrita Yoga Until 8:33AM Then Creative Work - Siddha Yoga					

3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	934347577	Gulika 12:19PM – 1:42PM Yama 9:33AM – 10:56AM Rahu 3:05PM – 4:28PM	Ardra Until 10:04AM Priti Until 9:46AM Bava Until 8:42PM Ekadashi Until 7:58AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha*Masi	Sun 25 Sutra 309 Sobhana 5125 Moon 1 - Phase 43 - 25 4th Phase	Devaloka Day
	Mithuna Rasi: 17.49 Tithi 11 – 12 Routine Work Marana Yoga Until 10:04AM Then Creative Work - Siddha Yoga					

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	944347577	Gulika 10:56AM – 12:19PM Yama 8:09AM – 9:32AM Rahu 12:19PM – 1:42PM	Punarvasu Until 12:18PM Ayushman Until 9:50AM Kaulava Until 10:25PM Dvadashi Until 9:30AM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha*Masi	Sun 26 Sutra 310 Sobhana 5125 Moon 1 - Phase 43 - 26 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Kataka Rasi: 0.07 Tithi 12 – 13 Creative Work Siddha Yoga					

Pradosha Vrata

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	944347577	Gulika 9:32AM – 10:55AM Yama 6:45AM – 8:08AM Rahu 1:42PM – 3:06PM	Pushya Until 2:42PM Saubhagya Until 10:11AM Gara Until 12:27AM Fri Trayodashi Until 11:23AM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha*Masi	Sun 27 Sutra 311 Sobhana 5125 Moon 1 - Phase 43 - 27 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Kataka Rasi: 12.16 Tithi 13 – 14 Creative Work Amrita Yoga Until 2:42PM Then Creative Work - Siddha Yoga	Chidambaram Abhishekam				

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran
	944347577	Gulika 8:07AM – 9:31AM Yama 3:06PM – 4:30PM Rahu 10:55AM – 12:19PM	Ashlesha* Until 5:13PM Sobhana Until 10:46AM Visti Until 2:45AM Sat Chaturdashi* Until 1:33PM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha*Masi	Sunrise: 6:43AM Sunset: 5:54PM Moon 1 - Phase 43 - Purnima	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Kataka Rasi: 24.19 Tithi 14 – 15 Routine Work Marana Yoga					

	Saturday, February 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
	954347577	Gulika 6:42AM – 8:06AM Yama 1:43PM – 3:07PM Rahu 9:30AM – 10:54AM	Magha* Until 8:17PM Athiganda* Until 11:30AM Balava Until 5:16AM Sun Purnima* Until 3:58PM	Ganesha: Yellow Muruga: Clear Nataraja: Orange Moon – Red Magha*Masi	Sunrise: 6:42AM Sunset: 5:55PM Moon 1 - Phase 43 - Prathama	Devaloka Day
	Simha Rasi: 6.15 Tithi 15 – 16 Creative Work Amrita Yoga Until 8:17PM Then Creative Work - Siddha Yoga					

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang



Sunday, February 25, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Prathamayam Titau

Tehran, Iran

Sutra 314

Sobhana 5125

Simha Rasi: 18.07 Tithi 16

Gulika 3:07PM – 4:32PM
Yama 12:18PM – 1:43PM
955347577 Rahu 4:32PM – 5:56PM

Purvaphalguni Until 11:20PM
Sukarma Until 12:24PM
Kaulava Until 6:34PM
Prathama* Until 6:34PM

Ganesha: White Sunrise: 6:41AM
Muruga: Clear Sunset: 5:56PM
Nataraja: Orange
Moon – Red
Magha*Masi

Moon 2 - Phase 44 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 11:20PM

Then Creative Work - Amrita Yoga

1

Monday, February 26, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 315

Sobhana 5125

Simha Rasi: 29.56 Tithi 17

Gulika 1:43PM – 3:08PM
Yama 10:54AM – 12:18PM
955347577 Rahu 8:04AM – 9:29AM

Uttaraphalguni Until 2:17AM Tue
Dhriti Until 1:23PM
Taitila Until 7:55AM
Dvitiya Until 9:14PM

Ganesha: White Sunrise: 6:40AM
Muruga: Clear Sunset: 5:57PM
Nataraja: Orange
Moon – Red
Magha*Masi

Moon 2 - Phase 44 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Until 11:20PM

Then Creative Work - Amrita Yoga

2

Tuesday, February 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sutra 316

Sobhana 5125

Kanya Rasi: 11.44 Tithi 18

Gulika 12:18PM – 1:43PM
Yama 9:28AM – 10:53AM
965347577 Rahu 3:08PM – 4:33PM

Hasta Until 5:31AM Wed
Shula* Until 2:21PM
Vanija Until 10:35AM
Tritiya Until 11:53PM

Ganesha: Clear Sunrise: 6:38AM
Muruga: Clear Sunset: 5:58PM
Nataraja: Orange
Moon – Green
Magha*Masi

Moon 2 - Phase 44 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:22AM Thu

Then Creative Work - Amrita Yoga

3

Wednesday, February 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthayam Titau

Tehran, Iran

Sutra 317

Sobhana 5125

Kanya Rasi: 23.34 Tithi 19

Gulika 10:53AM – 12:18PM
Yama 8:02AM – 9:28AM
965347577 Rahu 12:18PM – 1:43PM

Chitra Until 8:22AM Thu
Ganda* Until 3:14PM
Bava Until 1:10PM
Chaturthi* Until 2:20AM Thu

Ganesha: Clear Sunrise: 6:37AM
Muruga: Clear Sunset: 5:59PM
Nataraja: Orange
Moon – Green
Magha*Masi

Moon 2 - Phase 44 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:22AM Thu

Then Creative Work - Amrita Yoga

Maha Sankatahara Chaturthi

4

Thursday, February 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sutra 318

Sobhana 5125

Tula Rasi: 5.28 Tithi 20

Gulika 9:27AM – 10:52AM
Yama 6:36AM – 8:01AM
965347577 Rahu 1:43PM – 3:09PM

Chitra Until 8:22AM Thu
Vridhi Until 3:56PM
Kaulava Until 3:27PM
Panchami Until 4:26AM Fri

Ganesha: Clear Sunrise: 6:36AM
Muruga: Clear Sunset: 6:00PM
Nataraja: Orange
Moon – Green
Magha*Masi

Moon 2 - Phase 44 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:22AM

Then Creative Work - Amrita Yoga

5

Friday, March 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sutra 319

Sobhana 5125

Tula Rasi: 17.32 Tithi 21

Gulika 7:59AM – 9:25AM
Yama 3:09PM – 4:35PM
965347577 Rahu 10:51AM – 12:17PM

Svati Until 10:41AM
Dhruva Until 4:15PM
Gara Until 5:18PM
Shashthi* Until 5:59AM Sat

Ganesha: Clear Sunrise: 6:33AM
Muruga: Clear Sunset: 6:01PM
Nataraja: Orange
Moon – Green
Magha*Masi

Moon 2 - Phase 44 - 5th Phase

Devaloka Day

Creative Work Siddha Yoga

D

Saturday, March 2, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Saptamyam Titau

Tehran, Iran

Sutra 320

Sobhana 5125

Tula Rasi: 29.49 Tithi 22

Gulika 6:32AM – 7:58AM
Yama 1:43PM – 3:10PM
975347577 Rahu 9:25AM – 10:51AM

Vishakha Until 12:45PM
Vyaghata* Until 4:08PM
Visti Until 6:32PM
Saptami Until 6:51AM Sun

Ganesha: Purple Sunrise: 6:32AM
Muruga: Clear Sunset: 6:02PM
Nataraja: Orange
Moon – Orange
Magha*Masi

Moon 2 - Phase 44 - 6th Phase

Sivaloka Day

Creative Work Siddha Yoga

Sunday, March 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sutra 321

Sobhana 5125

Vrischika Rasi: 12.23 Tithi 22 – 23

Gulika 3:10PM – 4:37PM
Yama 12:17PM – 1:43PM
975447577 Rahu 4:37PM – 6:03PM

Anuradha Until 1:58PM
Harshana Until 3:27PM
Balava Until 7:00PM
Saptami Until 6:51AM

Ganesha: Clear Sunrise: 6:31AM
Muruga: Clear Sunset: 6:03PM
Nataraja: Orange
Moon – Orange
Magha*Masi

Moon 2 - Phase 44 - 7th Phase

Devaloka Day

Routine Work Marana Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1	Monday, March 4, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau	Tehran, Iran Sutra 322 Sobhana 5125
	Vrischika Rasi: 25.21 Tithi 23 – 24 Family Home Evening Creative Work Siddha Yoga	Gulika 1:44PM – 3:10PM Yama 10:50AM – 12:17PM 975447577 Rahu 7:56AM – 9:23AM	Jyeshtha* Until 2:15PM Vajra* Until 2:07PM Taitila Until 6:38PM Ashtami* Until 6:54AM

2	Tuesday, March 5, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Tehran, Iran Sutra 323 Sobhana 5125
	Dhanus Rasi: 8.45 Tithi 24 – 25 Creative Work Amrita Yoga Until 2:00PM Then Creative Work - Siddha Yoga	Gulika 12:16PM – 1:44PM Yama 9:22AM – 10:49AM 186447577 Rahu 3:11PM – 4:38PM	Mula* Until 2:00PM Siddhi Until 12:08PM Visti Until 4:32AM Wed Navami* Until 6:07AM

3	Wednesday, March 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau	Tehran, Iran Sutra 324 Sobhana 5125
	Dhanus Rasi: 22.37 Tithi 26 Creative Work Amrita Yoga	Gulika 10:49AM – 12:16PM Yama 7:54AM – 9:21AM 186447577 Rahu 12:16PM – 1:44PM	Purvashadha* Until 12:51PM Vyatipata* Until 9:32AM Bava Until 3:29PM Ekadashi* Until 2:13AM Thu

4	Thursday, March 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Tehran, Iran Sutra 325 Sobhana 5125
	Makara Rasi: 6.56 Tithi 27 Routine Work Marana Yoga Until 10:52AM Then Creative Work - Siddha Yoga	Gulika 9:21AM – 10:48AM Yama 6:25AM – 7:53AM 186447577 Rahu 1:44PM – 3:11PM	Uttarashadha Until 10:52AM Varyan Until 6:20AM Kaulava Until 12:51PM Dvadashi* Until 11:18PM

5	Friday, March 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Tehran, Iran Sutra 326 Sobhana 5125
	Makara Rasi: 21.41 Tithi 28 Routine Work Marana Yoga Until 8:38AM Then Creative Work - Siddha Yoga	Gulika 7:52AM – 9:20AM Yama 3:12PM – 4:40PM 196447577 Rahu 10:48AM – 12:16PM	Shravana Until 8:38AM Shiva Until 10:43PM Gara Until 9:41AM Trayodashi* Until 7:57PM

6	Saturday, March 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tehran, Iran Sutra 327 Sobhana 5125
	Kumbha Rasi: 6.44 Tithi 29 – 30 Creative Work Amrita Yoga Until 2:47AM Sun Then Creative Work - Siddha Yoga	Gulika 6:22AM – 7:51AM Yama 1:44PM – 3:12PM 196447577 Rahu 9:19AM – 10:47AM	Shatabhishak Until 2:47AM Sun Siddha Until 6:30PM Visti Until 6:10AM Chaturdashi* Until 4:18PM

●	Sunday, March 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tehran, Iran Sutra 328 Sobhana 5125
	Retreat Star Kumbha Rasi: 21.56 Tithi 30 – 1 Creative Work Siddha Yoga Until 11:55PM Then Creative Work - Amrita Yoga	Gulika 3:12PM – 4:41PM Yama 12:15PM – 1:44PM 116447577 Rahu 4:41PM – 6:09PM	Purvaproshtpada* Until 11:55PM Sadhya Until 2:12PM Kintughna Until 10:39PM Amavasya* Until 12:31PM

●	Monday, March 11, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtpada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Tehran, Iran Sutra 329 Sobhana 5125
	Retreat Star Meena Rasi: 7.1 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga	Gulika 1:44PM – 3:13PM Yama 10:46AM – 12:15PM 116447577 Rahu 7:49AM – 9:17AM	Uttaraproshtpada Until 9:03PM Subha Until 9:58AM Balava Until 7:00PM Prathama* Until 8:47AM

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran
	Meena Rasi: 22.14	Tithi 3	Gulika 12:15PM – 1:44PM	Revati Until 6:22PM	Ganesha: Orange	Sunrise: 6:18AM	Sun 16 Sutra 330
	116447577		Yama 9:16AM – 10:46AM	Brahma Until 2:07AM Wed	Muruga: Clear	Sunset: 6:11PM	Sobhana 5125
Creative Work	Siddha Yoga		Rahu 3:13PM – 4:42PM	Taitila Until 3:38PM	Nataraja: Orange		Moon 2 - Phase 46 - 16
				Tritiya Until 2:05AM Wed	Moon – Clear		3rd Phase
					Phalguna*Mas		Devaloka Day

Subramuniyaswami Siva Vision Day

2	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthayam Titau				Tehran, Iran
	Mesha Rasi: 7.02	Tithi 4	Gulika 10:45AM – 12:14PM	Ashvini Until 4:24PM	Ganesha: White	Sunrise: 6:17AM	Sun 17 Sutra 331
	127447577		Yama 7:46AM – 9:16AM	Indra Until 10:47PM	Muruga: Clear	Sunset: 6:12PM	Sobhana 5125
Routine Work	Marana Yoga		Rahu 12:14PM – 1:44PM	Vanija Until 12:43PM	Nataraja: Orange		Moon 2 - Phase 46 - 17
Until 4:24PM				Chaturthi* Until 11:26PM	Moon – White		3rd Phase
Then Creative Work - Siddha Yoga					Phalguna*Mas		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

3	Thursday, March 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Mesha Rasi: 21.26	Tithi 5	Gulika 9:15AM – 10:44AM	Bharani Until 2:54PM	Ganesha: White	Sunrise: 6:16AM	Sun 18 Sutra 332
	127447577		Yama 6:16AM – 7:45AM	Vaidhriti* Until 7:57PM	Muruga: Clear	Sunset: 6:13PM	Sobhana 5125
Creative Work	Siddha Yoga		Rahu 1:44PM – 3:13PM	Bava Until 10:22AM	Nataraja: Orange		Moon 2 - Phase 46 - 18
Until 2:54PM				Panchami Until 9:25PM	Moon – White		3rd Phase
Then Routine Work - Marana Yoga					Phalguna*Panguni		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

4	Friday, March 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Visshabha Rasi: 5.23	Tithi 6	Gulika 7:44AM – 9:14AM	Krittika Until 1:57PM	Ganesha: White	Sunrise: 6:14AM	Sun 19 Sutra 333
	127447578		Yama 3:14PM – 4:44PM	Vishkambha* Until 5:42PM	Muruga: Clear	Sunset: 6:13PM	Sobhana 5125
Creative Work	Siddha Yoga		Rahu 10:44AM – 12:14PM	Kaulava Until 8:42AM	Nataraja: Clear		Moon 2 - Phase 46 - 19
Until 1:57PM				Shashthi* Until 8:08PM	Moon – White		3rd Phase
Then Routine Work - Marana Yoga					Phalguna*Panguni		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

5	Saturday, March 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Visshabha Rasi: 18.53	Tithi 7	Gulika 6:13AM – 7:43AM	Rohini Until 2:03PM	Ganesha: Clear	Sunrise: 6:13AM	Sun 20 Sutra 334
	137447578		Yama 1:44PM – 3:14PM	Priti Until 4:05PM	Muruga: Clear	Sunset: 6:14PM	Sobhana 5125
Creative Work	Amrita Yoga		Rahu 9:13AM – 10:43AM	Gara Until 7:48AM	Nataraja: Clear		Moon 2 - Phase 46 - 20
Until 2:03PM				Saptami Until 7:37PM	Moon – Yellow		3rd Phase
Then Creative Work - Siddha Yoga					Phalguna*Panguni		Devaloka Day

D	Sunday, March 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 3:14PM – 4:45PM	Mrigashira Until 2:45PM	Ganesha: Clear	Sunrise: 6:11AM	Sun 21 Sutra 335
	Mithuna Rasi: 1.58	Tithi 8	Yama 12:13PM – 1:44PM	Ayushman Until 3:03PM	Muruga: Clear	Sunset: 6:15PM	Sobhana 5125
Creative Work	Siddha Yoga		Rahu 4:45PM – 6:15PM	Visti Until 7:41AM	Nataraja: Clear		Moon 2 - Phase 46 - 21
				Ashtami* Until 7:53PM	Moon – Yellow		Ashtami
					Phalguna*Panguni		Devaloka Day

D	Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 1:44PM – 3:14PM	Ardra Until 4:00PM	Ganesha: Clear	Sunrise: 6:10AM	Sun 22 Sutra 336
	Mithuna Rasi: 14.41	Tithi 9	Yama 10:42AM – 12:13PM	Saubhagya Until 2:35PM	Muruga: Clear	Sunset: 6:16PM	Sobhana 5125
Family Home Evening		137447578	Rahu 7:41AM – 9:11AM	Balava Until 8:18AM	Nataraja: Clear		Moon 2 - Phase 46 - 22
Creative Work	Siddha Yoga			Navami* Until 8:50PM	Moon – Yellow		Navami
Until 4:00PM					Phalguna*Panguni		Devaloka Day
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Tehran, Iran on 1/18/22

www.gurudeva.org/panchang

1**Tuesday, March 19, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam TitauTehran, Iran
Sun 23 Sutra 337

Mithuna Rasi: 27.07 Tithi 10

Gulika 12:13PM – 1:44PM
Yama 9:11AM – 10:42AM
148447578 **Rahu** 3:15PM – 4:46PM**Punarvasu Until 6:09PM**
Sobhana Until 2:36PM
Taitila Until 9:34AM
Dashami Until 10:23PM**Ganesha:** Clear Sunrise: 6:08AM
Muruga: Clear Sunset: 6:17PM
Nataraja: Clear
Moon – Blue
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 23
4th Phase

Creative Work Siddha Yoga

Devaloka Day**2****Wednesday, March 20, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam TitauTehran, Iran
Sun 24 Sutra 338

Kataka Rasi: 9.19 Tithi 11

Gulika 10:41AM – 12:12PM
Yama 7:38AM – 9:10AM
148447578 **Rahu** 12:12PM – 1:44PM**Pushya Until 8:37PM**
Athiganda* Until 2:58PM
Vanija Until 11:21AM
Ekadashi Until 12:23AM Thu**Ganesha:** Clear Sunrise: 6:07AM
Muruga: Clear Sunset: 6:18PM
Nataraja: Clear
Moon – Blue
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 24
4th Phase

Creative Work Siddha Yoga

Devaloka Day**3****Thursday, March 21, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam TitauTehran, Iran
Sun 25 Sutra 339

Kataka Rasi: 21.2 Tithi 12

Gulika 9:09AM – 10:40AM
Yama 6:06AM – 7:37AM
148447578 **Rahu** 1:44PM – 3:15PM**Ashlesha* Until 11:14PM**
Sukarma Until 3:39PM
Bava Until 1:32PM
Dvadashi Until 2:43AM Fri**Ganesha:** Clear Sunrise: 6:06AM
Muruga: Clear Sunset: 6:18PM
Nataraja: Clear
Moon – Blue
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 25
4th PhaseCreative Work Siddha Yoga
Until 11:14PM
Then Creative Work - Amrita Yoga**Yogaswami Mahasamadhi****Devaloka Day****4****Friday, March 22, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam TitauTehran, Iran
Sun 26 Sutra 340

Simha Rasi: 3.15 Tithi 13

Gulika 7:36AM – 9:08AM
Yama 3:16PM – 4:47PM
158447578 **Rahu** 10:40AM – 12:12PM**Magha* Until 2:24AM Sat**
Dhriti Until 4:32PM
Kaulava Until 4:00PM
Trayodashi Until 5:16AM Sat**Ganesha:** Purple Sunrise: 6:04AM
Muruga: Clear Sunset: 6:19PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 26
4th PhaseRoutine Work Marana Yoga
Until 2:24AM Sat
Then Creative Work - Siddha Yoga*Pradosha Vrata***Sivaloka Day****5****Saturday, March 23, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara Karana Chaturdashyam TitauTehran, Iran
Sun 27 Sutra 341

Simha Rasi: 15.05 Tithi 14

Gulika 6:03AM – 7:35AM
Yama 1:44PM – 3:16PM
158447578 **Rahu** 9:07AM – 10:39AM**Purvaphalguni Until 5:30AM Sun**
Shula* Until 5:30PM
Gara Until 6:35PM
Chaturdashi* Until 7:53AM Sun**Ganesha:** Purple Sunrise: 6:03AM
Muruga: Clear Sunset: 6:20PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 27
4th PhaseCreative Work Siddha Yoga
Until 5:30AM Sun
Then Creative Work - Amrita Yoga**Sivaloka Day****Sunday, March 24, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauTehran, Iran
Sun 28 Sutra 342

Simha Rasi: 26.54 Tithi 14 – 15

Gulika 3:16PM – 4:48PM
Yama 12:11PM – 1:44PM
158447578 **Rahu** 4:48PM – 6:21PM**Uttaraphalguni Until 8:25AM Mon**
Ganda* Until 6:30PM
Visti Until 9:13PM
Chaturdashi* Until 7:53AM**Ganesha:** Purple Sunrise: 6:01AM
Muruga: Clear Sunset: 6:21PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 -
PurnimaCreative Work Amrita Yoga
Until 8:25AM Mon
Then Creative Work - Siddha Yoga**Panguni Uttiram**
Holi**Sivaloka Day****Monday, March 25, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam TitauTehran, Iran
Sun 29 Sutra 343

Kanya Rasi: 8.43 Tithi 15 – 16

Gulika 1:44PM – 3:16PM
Yama 10:38AM – 12:11PM
158447578 **Rahu** 7:33AM – 9:05AM**Uttaraphalguni Until 8:25AM**
Vriddhi Until 7:27PM
Balava Until 11:45PM
Purnima* Until 10:29AM**Ganesha:** Purple Sunrise: 6:00AM
Muruga: Clear Sunset: 6:22PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 -
Prathama

Creative Work Siddha Yoga

Sivaloka Day



Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 344

Sobhana 5125

Kanya Rasi: 20.35 Tithi 16 – 17

Gulika 12:11PM – 1:44PM
Yama 9:04AM – 10:37AM
Rahu 3:17PM – 4:50PM

Hasta **Until 11:32AM**
Dhruva **Until 8:15PM**
Taitila **Until 2:05AM Wed**
Prathama* Until 12:56PM

Ganesha: Purple *Sunrise:* 5:58AM
Muruga: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Moon 3 - Phase 48 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Wednesday, March 27, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sutra 345

Sobhana 5125

Tula Rasi: 2.31 Tithi 17 – 18

Gulika 10:37AM – 12:10PM
Yama 7:30AM – 9:04AM
Rahu 12:10PM – 1:43PM

Chitra **Until 2:15PM**
Vyaghata* **Until 8:52PM**
Vanija **Until 4:08AM Thu**
Dvitiya **Until 3:08PM**

Ganesha: Purple *Sunrise:* 5:57AM
Muruga: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Moon 3 - Phase 48 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Thursday, March 28, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sutra 346

Sobhana 5125

Tula Rasi: 14.35 Tithi 18 – 19

Gulika 9:03AM – 10:36AM
Yama 5:56AM – 7:29AM
Rahu 1:43PM – 3:17PM

Svati **Until 4:29PM**
Harshana **Until 9:13PM**
Bava **Until 5:47AM Fri**
Tritiya **Until 4:59PM**

Ganesha: Clear *Sunrise:* 5:56AM
Muruga: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Moon 3 - Phase 48 - 2 1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

3

Friday, March 29, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Balava Karana Chaturthyam Titau

Tehran, Iran

Sutra 347

Sobhana 5125

Tula Rasi: 26.49 Tithi 19

Gulika 7:28AM – 9:02AM
Yama 3:17PM – 4:51PM
Rahu 10:36AM – 12:10PM

Vishakha **Until 6:37PM**
Vajra* **Until 9:12PM**
Balava **Until 6:24PM**
Chaturthi* **Until 6:24PM**

Ganesha: White *Sunrise:* 5:54AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Moon 3 - Phase 48 - 3 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

4

Saturday, March 30, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sutra 348

Sobhana 5125

Vrischika Rasi: 9.14 Tithi 20

Gulika 5:53AM – 7:27AM
Yama 1:43PM – 3:18PM
Rahu 9:01AM – 10:35AM

Anuradha **Until 8:06PM**
Siddhi **Until 8:47PM**
Kaulava **Until 6:57AM**
Panchami **Until 7:18PM**

Ganesha: White *Sunrise:* 5:53AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Moon 3 - Phase 48 - 4 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

5

Sunday, March 31, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sutra 349

Sobhana 5125

Vrischika Rasi: 21.55 Tithi 21

Gulika 3:18PM – 4:52PM
Yama 12:09PM – 1:43PM
Rahu 4:52PM – 6:27PM

Jyeshtha* **Until 8:51PM**
Vyatipata* **Until 7:56PM**
Gara **Until 7:33AM**
Shashthi* **Until 7:36PM**

Ganesha: White *Sunrise:* 5:51AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Moon 3 - Phase 48 - 5 1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 8:51PM

Then Creative Work - Amrita Yoga

6

Monday, April 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sutra 350

Sobhana 5125

Dhanus Rasi: 4.53 Tithi 22

Gulika 1:43PM – 3:18PM
Yama 10:35AM – 12:09PM
Rahu 7:26AM – 9:00AM

Mula* **Until 9:16PM**
Variyan **Until 6:32PM**
Visti **Until 7:32AM**
Saptami **Until 7:16PM**

Ganesha: Yellow *Sunrise:* 5:51AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Moon 3 - Phase 48 - 6 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 9:16PM

Then Routine Work - Marana Yoga

D

Tuesday, April 2, 2024
Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sutra 351

Sobhana 5125

Dhanus Rasi: 18.13 Tithi 23

Gulika 12:09PM – 1:43PM
Yama 8:59AM – 10:34AM
Rahu 3:18PM – 4:53PM

Purvashadha* **Until 8:52PM**
Parigha* **Until 4:37PM**
Balava **Until 6:51AM**
Ashtami* **Until 6:14PM**

Ganesha: Yellow *Sunrise:* 5:50AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Moon 3 - Phase 48 - 7 Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 8:52PM

Then Routine Work - Prabalarishta Yoga

W

Wednesday, April 3, 2024
Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Sutra 352

Sobhana 5125

Makara Rasi: 1.55 Tithi 24 – 25

Gulika 10:33AM – 12:08PM
Yama 7:24AM – 8:59AM
Rahu 12:08PM – 1:43PM

Uttarashadha **Until 7:42PM**
Shiva **Until 2:12PM**
Vanija **Until 3:31AM Thu**
Navami* **Until 4:34PM**

Ganesha: Yellow *Sunrise:* 5:49AM
Muruga: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Moon 3 - Phase 48 - 8 Navami

Devaloka Day

Creative Work Amrita Yoga

Until 7:42PM

Then Creative Work - Siddha Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Shravana Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 353
	Makara Rasi: 16	Tithi 25 – 26	Gulika 8:58AM – 10:33AM	Shravana Until 6:13PM	Ganesha: Blue	Sunrise: 5:47AM	Sobhana 5125
	Creative Work	Siddha Yoga	Yama 5:47AM – 7:22AM	Siddha Until 11:16AM	Muruga: Clear	Sunset: 6:29PM	Moon 3 - Phase 49 - 9
		191547578	Rahu 1:43PM – 3:19PM	Bava Until 12:59AM Fri	Nataraja: Clear	2nd Phase	
						Sivaloka Day	
						Phalguna*Panguni	

2	Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 354
	Kumbha Rasi: 0.28	Tithi 26 – 27	Gulika 7:21AM – 8:57AM	Dhanishtha Until 4:07PM	Ganesha: Blue	Sunrise: 5:46AM	Sobhana 5125
	Creative Work	Siddha Yoga	Yama 3:19PM – 4:54PM	Sadhya Until 7:55AM	Muruga: Clear	Sunset: 6:30PM	Moon 3 - Phase 49 - 10
		191547578	Rahu 10:32AM – 12:08PM	Kaulava Until 9:59PM	Nataraja: Clear	2nd Phase	
						Sivaloka Day	
						Phalguna*Panguni	

3	Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 355
	Kumbha Rasi: 15.14	Tithi 27 – 28	Gulika 5:44AM – 7:20AM	Shatabhishak Until 1:30PM	Ganesha: Blue	Sunrise: 5:44AM	Sobhana 5125
	Creative Work	Amrita Yoga	Yama 1:43PM – 3:19PM	Sukla Until 12:17AM Sun	Muruga: Clear	Sunset: 6:31PM	Moon 3 - Phase 49 - 11
		191547578	Rahu 8:56AM – 10:32AM	Gara Until 6:39PM	Nataraja: Clear	2nd Phase	
						Sivaloka Day	
						Phalguna*Panguni	
						Pradosha Vrata (Fasting)	

4	Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 356
	Meena Rasi: 0.13	Tithi 29	Gulika 3:19PM – 4:55PM	Purvaproshtapada* Until 10:57AM	Ganesha: Red	Sunrise: 5:43AM	Sobhana 5125
	Creative Work	Siddha Yoga	Yama 12:07PM – 1:43PM	Brahma Until 8:14PM	Muruga: Clear	Sunset: 6:31PM	Moon 3 - Phase 49 - 12
		111547578	Rahu 4:55PM – 6:31PM	Visti Until 3:08PM	Nataraja: Clear	2nd Phase	
						Devaloka Day	
						Phalguna*Panguni	

●	Monday, April 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
	Retreat Star		Uttaraproshtapada/Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 357
	Meena Rasi: 15.17	Tithi 30	Gulika 1:43PM – 3:20PM	Uttaraproshtapada Until 8:11AM	Ganesha: Red	Sunrise: 5:42AM	Sobhana 5125
	Family Home Evening		Yama 10:31AM – 12:07PM	Indra Until 4:12PM	Muruga: Clear	Sunset: 6:32PM	Moon 3 - Phase 49 - 13
		111547578	Rahu 7:18AM – 8:54AM	Catuspada Until 11:35AM	Nataraja: Clear	Amavasya	
						Devaloka Day	
						Phalguna*Panguni	

	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Retreat Star		Ashvini Nakshatra Vaidhriti*/Vishkamba* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 358
	Meshha Rasi: 0.18	Tithi 1	Gulika 12:07PM – 1:43PM	Ashvini Until 3:05AM Wed	Ganesha: Yellow	Sunrise: 5:40AM	Sobhana 5125
	Creative Work	Siddha Yoga	Yama 8:54AM – 10:30AM	Vaidhriti* Until 12:15PM	Muruga: Clear	Sunset: 6:33PM	Moon 3 - Phase 49 - 14
		121547578	Rahu 3:20PM – 4:56PM	Kintughna Until 8:09AM	Nataraja: Clear	Prathama	
						Devaloka Day	
						Chaitra*Panguni	
		Chellappaswami Mahasamadhi					

1	Wednesday, April 10, 2024		Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Mesha Rasi: 15.07	Tithi 2 – 3	Gulika 10:30AM – 12:06PM	Bharani Until 1:04AM Thu	Ganesha: Yellow	Sunrise: 5:39AM	Sun 15 Sutra 359
	121547578		Yama 7:16AM – 8:53AM	Vishkambha* Until 8:35AM	Muruga: Clear	Sunset: 6:34PM	Sobhana 5125
			Rahu 12:06PM – 1:43PM	Taitila Until 2:14AM Thu	Nataraja: Clear		Moon 3 - Phase 50 - 15
				Dvitiya Until 3:32PM	Moon – White		3rd Phase
					Chaitra*Panguni		Devaloka Day

2	Thursday, April 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Tehran, Iran
	Mesha Rasi: 29.36	Tithi 3 – 4	Gulika 8:52AM – 10:29AM	Krittika Until 11:28PM	Ganesha: Yellow	Sunrise: 5:38AM	Sun 16 Sutra 360
	121547578		Yama 5:38AM – 7:15AM	Ayushman Until 2:27AM Fri	Muruga: Clear	Sunset: 6:35PM	Sobhana 5125
			Rahu 1:43PM – 3:20PM	Vanija Until 12:04AM Fri	Nataraja: Clear		Moon 3 - Phase 50 - 16
				Tritiya Until 1:03PM	Moon – White		3rd Phase
					Chaitra*Panguni		Devaloka Day

3	Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	Mrishabha Rasi: 13.42	Tithi 4 – 5	Gulika 7:14AM – 8:51AM	Rohini Until 10:50PM	Ganesha: White	Sunrise: 5:36AM	Sun 17 Sutra 361
	131547578		Yama 3:21PM – 4:58PM	Saubhagya Until 12:11AM Sat	Muruga: Clear	Sunset: 6:36PM	Sobhana 5125
			Rahu 10:28AM – 12:06PM	Bava Until 10:34PM	Nataraja: Clear		Moon 3 - Phase 50 - 17
				Chaturthi* Until 11:12AM	Moon – Yellow		3rd Phase
					Chaitra*Panguni		Sivaloka Day

4	Saturday, April 13, 2024		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	Mrishabha Rasi: 27.21	Tithi 5 – 6	Gulika 5:35AM – 7:13AM	Mrigashira Until 10:49PM	Ganesha: Clear	Sunrise: 5:35AM	Sun 18 Sutra 362
	132547578		Yama 1:43PM – 3:21PM	Sobhana Until 10:34PM	Muruga: Clear	Sunset: 6:36PM	Sobhana 5125
			Rahu 8:50AM – 10:28AM	Kaulava Until 9:50PM	Nataraja: Clear		Moon 3 - Phase 50 - 18
				Panchami Until 10:05AM	Moon – Yellow		3rd Phase
					Chaitra*Chaitra		Devaloka Day

5	Sunday, April 14, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran
	Mithuna Rasi: 10.34	Tithi 6 – 7	Gulika 3:21PM – 4:59PM	Ardra Until 11:26PM	Ganesha: White	Sunrise: 5:34AM	Sun 19 Sutra 363
	232547578		Yama 12:05PM – 1:43PM	Athiganda* Until 9:32PM	Muruga: Clear	Sunset: 6:37PM	Krodhin 5126
			Rahu 4:59PM – 6:37PM	Gara Until 9:55PM	Nataraja: Clear		Moon 3 - Phase 50 - 19
				Shashthi* Until 9:46AM	Moon – Yellow		3rd Phase
					Chaitra*Chaitra		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

D	Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 1:43PM – 3:22PM	Punarvasu Until 1:06AM Tue	Ganesha: Clear	Sunrise: 5:32AM	Sun 20 Sutra 364
	Mithuna Rasi: 23.23	Tithi 7 – 8	Yama 10:27AM – 12:05PM	Sukarma Until 9:08PM	Muruga: Clear	Sunset: 6:38PM	Krodhin 5126
			Rahu 7:11AM – 8:49AM	Visti Until 10:46PM	Nataraja: Clear		Moon 3 - Phase 50 - 20
				Saptami Until 10:14AM	Moon – Blue		Ashtami
					Chaitra*Chaitra		Devaloka Day

	Tuesday, April 16, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 12:05PM – 1:43PM	Pushya Until 3:15AM Wed	Ganesha: Clear	Sunrise: 5:31AM	Sun 21 Sutra 1
	Kataka Rasi: 5.5	Tithi 8 – 9	Yama 8:48AM – 10:26AM	Dhriti Until 9:16PM	Muruga: Clear	Sunset: 6:39PM	Krodhin 5126
			Rahu 3:22PM – 5:00PM	Balava Until 12:17AM Wed	Nataraja: Clear		Moon 3 - Phase 50 - 21
				Ashtami* Until 11:26AM	Moon – Blue		Navami
					Chaitra*Chaitra		Devaloka Day

1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tehran, Iran
	Kataka Rasi: 18.02	Tithi 9 – 10	Gulika 10:26AM – 12:05PM	Ashlesha* Until 5:45AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:30AM	Sun 22 Sutra 2
			Yama 7:08AM – 8:47AM	Shula* Until 9:48PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Krodhin 5126
		242547578 Rahu 12:05PM – 1:43PM	Taitila Until 2:21AM Thu	Nataraja: Clear		Moon 3 - Phase 1 - 22	
			Navami* Until 1:15PM	Moon – Blue		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Simha Rasi: 0.02	Tithi 10 – 11	Gulika 8:46AM – 10:25AM	Magha* Until 8:54AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:28AM	Sun 23 Sutra 3
			Yama 5:28AM – 7:07AM	Ganda* Until 10:40PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Krodhin 5126
		252557578 Rahu 1:43PM – 3:22PM	Vanija Until 4:47AM Fri	Nataraja: Clear		Moon 3 - Phase 1 - 23	
			Dashami Until 3:31PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	


3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Visti* Karana Ekadashyam Titau				Tehran, Iran
	Simha Rasi: 11.54	Tithi 11	Gulika 7:06AM – 8:46AM	Magha* Until 8:54AM	Ganesh: Purple	<i>Sunrise:</i> 5:27AM	Sun 24 Sutra 4
			Yama 3:23PM – 5:02PM	Vriddhi Until 11:42PM	Muruga: Purple	<i>Sunset:</i> 6:41PM	Krodhin 5126
		252557578 Rahu 10:25AM – 12:04PM	Visti Until 6:03PM	Nataraja: Clear		Moon 3 - Phase 1 - 24	
			Ekadashi Until 6:03PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran
	Simha Rasi: 23.42	Tithi 12	Gulika 5:26AM – 7:05AM	Purvaphalguni Until 12:01PM	Ganesh: Purple	<i>Sunrise:</i> 5:26AM	Sun 25 Sutra 5
			Yama 1:44PM – 3:23PM	Dhruva Until 12:44AM Sun	Muruga: Purple	<i>Sunset:</i> 6:42PM	Krodhin 5126
		252557578 Rahu 8:45AM – 10:25AM	Bava Until 7:23AM	Nataraja: Clear		Moon 3 - Phase 1 - 25	
			Dvadashi Until 8:40PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran
	Kanya Rasi: 5.3	Tithi 13	Gulika 3:23PM – 5:03PM	Uttaraphalguni Until 2:56PM	Ganesh: Purple	<i>Sunrise:</i> 5:25AM	Sun 26 Sutra 6
			Yama 12:04PM – 1:44PM	Vyaghata* Until 1:41AM Mon	Muruga: Purple	<i>Sunset:</i> 6:43PM	Krodhin 5126
		252557578 Rahu 5:03PM – 6:43PM	Kaulava Until 9:58AM	Nataraja: Clear		Moon 3 - Phase 1 - 26	
			Trayodashi Until 11:11PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

Pradosha Vrata

6	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
	Kanya Rasi: 17.22	Tithi 14	Gulika 1:44PM – 3:24PM	Hasta Until 5:59PM	Ganesh: Purple	<i>Sunrise:</i> 5:24AM	Sun 27 Sutra 7
	Family Home Evening		Yama 10:24AM – 12:04PM	Harshana Until 2:28AM Tue	Muruga: Purple	<i>Sunset:</i> 6:44PM	Krodhin 5126
		262657578 Rahu 7:04AM – 8:44AM	Gara Until 12:23PM	Nataraja: Clear		Moon 3 - Phase 1 - 27	
			Chaturdashi* Until 1:27AM Tue	Moon – Green		4th Phase	
				Chaitra*Chaitra		Subha Sivaloka Day	

	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika 12:03PM – 1:44PM	Chitra Until 8:32PM	Ganesh: Purple	<i>Sunrise:</i> 5:22AM	Sutra 8
	Kanya Rasi: 29.2	Tithi 15	Yama 8:43AM – 10:23AM	Vajra* Until 2:56AM Wed	Muruga: Purple	<i>Sunset:</i> 6:45PM	Krodhin 5126
		262657578 Rahu 3:24PM – 5:04PM	Visti Until 2:28PM	Nataraja: Clear		Moon 3 - Phase 1 - Purnima	
			Purnima* Until 3:21AM Wed	Moon – Green			
				Chaitra*Chaitra		Subha Sivaloka Day	

Chitra Purnima (Tamil Nadu)
Hanuman Jayanti

7	Wednesday, April 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran
	Silver Retreat Star		Gulika 10:23AM – 12:03PM	Svati Until 10:32PM	Ganesh: Purple	<i>Sunrise:</i> 5:21AM	Sutra 9
	Tula Rasi: 11.27	Tithi 16	Yama 7:02AM – 8:42AM	Siddhi Until 3:05AM Thu	Muruga: Purple	<i>Sunset:</i> 6:45PM	Krodhin 5126
		262657579 Rahu 12:03PM – 1:44PM	Balava Until 4:10PM	Nataraja: Purple		Moon 3 - Phase 1 - Prathama	
			Prathama* Until 4:49AM Thu	Moon – Green			
				Chaitra*Chaitra		Subha Subha Sivaloka Day	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for on 1/18/22

www.gurudeva.org/panchang