



Sunday, May 7, 2023
Gold Retreat Star

Vrischika Rasi: 10.57 Tithi 17 – 18

272996579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigaha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:41PM – 5:28PM
Yama 12:08PM – 1:54PM
Rahu 5:28PM – 7:15PM
Anuradha Until 3:50PM
Parigaha* Until 10:20PM
Vanija Until 2:49AM Mon
Dvitiya Until 3:45PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sunrise: 5:01AM
Sunset: 7:15PM

Rome, Italy
Sutra 20
Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

Devaloka Day

1

Monday, May 8, 2023

Vrischika Rasi: 24.55 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

272196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 1:55PM – 3:42PM
Yama 10:21AM – 12:08PM
Rahu 6:47AM – 8:34AM
Jyeshtha* Until 2:29PM
Shiva Until 7:36PM
Bava Until 12:44AM Tue
Tritiya Until 1:47PM

Ganesha: Blue
Muruga: Clear
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sunrise: 5:00AM
Sunset: 7:16PM

Rome, Italy
Sun 1
Sutra 21
Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

Devaloka Day

2

Tuesday, May 9, 2023

Dhanus Rasi: 9.04 Tithi 19 – 20

Creative Work Amrita Yoga

Until 1:12PM

Then Creative Work - Siddha Yoga

282196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:08PM – 1:55PM
Yama 8:33AM – 10:20AM
Rahu 3:42PM – 5:29PM
Mula* Until 1:12PM
Siddha Until 4:42PM
Kaulava Until 10:29PM
Chaturthi* Until 11:37AM

Ganesha: Red
Muruga: Clear
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sunrise: 4:58AM
Sunset: 7:17PM

Rome, Italy
Sun 2
Sutra 22
Sobhana 5125
Moon 5 - Phase 4 - 2nd Phase

Sivaloka Day

3

Wednesday, May 10, 2023

Dhanus Rasi: 23.17 Tithi 20 – 21

Creative Work Amrita Yoga

283196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:20AM – 12:08PM
Yama 6:45AM – 8:32AM
Rahu 12:08PM – 1:55PM
Purvashadha* Until 11:40AM
Sadhya Until 1:44PM
Gara Until 8:10PM
Panchami Until 9:19AM

Ganesha: Blue
Muruga: Clear
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sunrise: 4:57AM
Sunset: 7:18PM

Rome, Italy
Sun 3
Sutra 23
Sobhana 5125
Moon 5 - Phase 4 - 3rd Phase

Subha Sivaloka Day

4

Thursday, May 11, 2023

Makara Rasi: 7.32 Tithi 21 – 22

Routine Work Marana Yoga

Until 9:58AM

Then Creative Work - Siddha Yoga

283196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 8:32AM – 10:20AM
Yama 4:56AM – 6:44AM
Rahu 1:55PM – 3:43PM
Uttarashadha Until 9:58AM
Subha Until 10:46AM
Bava Until 4:40AM Fri
Shashthi* Until 6:59AM

Ganesha: Blue
Muruga: Clear
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sunrise: 4:56AM
Sunset: 7:19PM

Rome, Italy
Sun 4
Sutra 24
Sobhana 5125
Moon 5 - Phase 4 - 4th Phase

Subha Sivaloka Day

5

Friday, May 12, 2023

Retreat Star

Makara Rasi: 21.47 Tithi 23

Routine Work Marana Yoga

Until 8:35AM

Then Creative Work - Siddha Yoga

293196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:43AM – 8:31AM
Yama 3:44PM – 5:32PM
Rahu 10:19AM – 12:07PM
Shravana Until 8:35AM
Sukla Until 7:48AM
Balava Until 3:34PM
Ashtami* Until 2:26AM Sat

Ganesha: Red
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sunrise: 4:55AM
Sunset: 7:20PM

Rome, Italy
Sun 5
Sutra 25
Sobhana 5125
Moon 5 - Phase 4 - 5th Phase

Sivaloka Day

Saturday, May 13, 2023

Retreat Star

Kumbha Rasi: 5.58 Tithi 24

Creative Work Siddha Yoga

Until 7:09AM

Then Creative Work - Amrita Yoga

293196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Gulika 4:54AM – 6:42AM
Yama 1:56PM – 3:44PM
Rahu 8:31AM – 10:19AM
Dhanishtha Until 7:09AM
Indra Until 2:10AM Sun
Taitila Until 1:23PM
Navami* Until 12:20AM Sun

Ganesha: Red
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sunrise: 4:54AM
Sunset: 7:21PM

Rome, Italy
Sun 6
Sutra 26
Sobhana 5125
Moon 5 - Phase 4 - 6th Phase

Sivaloka Day

1**Sunday, May 14, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam TitauRome, Italy
Sun 7
Sutra 27

Kumbha Rasi: 20.04 Tithi 25

Gulika 3:45PM – 5:33PM
Yama 12:07PM – 1:56PM
213196579 Rahu 5:33PM – 7:22PMPurvaproshtapada* Until 4:43AM Mon
Vaidhriti* Until 11:31PM
Vanija Until 11:21AMGanesha: Clear Sunrise: 4:53AM
Muruga: Clear Sunset: 7:22PM
Nataraja: Purple
Moon – ClearSobhana 5125
Moon 5 - Phase 5 - 7
2nd Phase

Creative Work Siddha Yoga

Mother's Day

Dashami Until 10:23PM

Vaisaka*Chaitra

Sivaloka Day

2**Monday, May 15, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam TitauRome, Italy
Sun 8
Sutra 28

Meena Rasi: 4.04 Tithi 26

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:56PM – 3:45PM
Yama 10:19AM – 12:07PM
213196579 Rahu 6:41AM – 8:30AMUttaraproshtapada Until 3:49AM Tue
Vishkambha* Until 9:03PM
Bava Until 9:31AM
Ekadashi* Until 8:39PMGanesha: Clear Sunrise: 4:52AM
Muruga: Clear Sunset: 7:23PM
Nataraja: Purple
Moon – ClearSobhana 5125
Moon 5 - Phase 5 - 8
2nd Phase

Sivaloka Day

Vaisaka*Vaikasi

3**Tuesday, May 16, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashtyam TitauRome, Italy
Sun 9
Sutra 29

Meena Rasi: 17.55 Tithi 27

Creative Work Siddha Yoga

Until 3:02AM Wed

Then Routine Work - Marana Yoga

Gulika 12:07PM – 1:57PM
Yama 8:29AM – 10:18AM
213196579 Rahu 3:46PM – 5:35PMRevati Until 3:02AM Wed
Priti Until 6:48PM
Kaulava Until 7:54AM
Dvadashti* Until 7:10PMGanesha: Clear Sunrise: 4:51AM
Muruga: Clear Sunset: 7:24PM
Nataraja: Purple
Moon – ClearSobhana 5125
Moon 5 - Phase 5 - 9
2nd Phase

Sivaloka Day

Vaisaka*Vaikasi

4**Wednesday, May 17, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam TitauRome, Italy
Sun 10
Sutra 30

Mesha Rasi: 1.35 Tithi 28

Routine Work Marana Yoga

Until 2:52AM Thu

Then Creative Work - Siddha Yoga

Gulika 10:18AM – 12:07PM
Yama 6:39AM – 8:29AM
213196579 Rahu 12:07PM – 1:57PMAshvini Until 2:52AM Thu
Ayushman Until 4:47PM
Gara Until 6:34AM
Trayodashi* Until 6:00PMGanesha: Orange Sunrise: 4:50AM
Muruga: Clear Sunset: 7:25PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 10
2nd Phase

Sivaloka Day

Vaisaka*Vaikasi

Pradosha Vrata (Fasting)

5**Thursday, May 18, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam TitauRome, Italy
Sun 11
Sutra 31

Mesha Rasi: 15.04 Tithi 29 – 30

Creative Work Siddha Yoga

Gulika 8:28AM – 10:18AM
Yama 4:49AM – 6:39AM
213196579 Rahu 1:57PM – 3:47PMBharani Until 2:58AM Fri
Saubhagya Until 3:05PM
Catuspada Until 5:00AM Fri
Chaturdashi* Until 5:13PMGanesha: Orange Sunrise: 4:49AM
Muruga: Clear Sunset: 7:26PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 11
2nd Phase

Sivaloka Day

Vaisaka*Vaikasi

●**Friday, May 19, 2023**

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam TitauRome, Italy
Sun 12
Sutra 32

Mesha Rasi: 28.19 Tithi 30 – 1

Creative Work Siddha Yoga

Until 3:22AM Sat

Then Creative Work - Amrita Yoga

Gulika 6:38AM – 8:28AM
Yama 3:47PM – 5:37PM
213196579 Rahu 10:18AM – 12:08PMKrittika Until 3:22AM Sat
Sobhana Until 1:45PM
Kintughna Until 4:54AM Sat
Amavasya* Until 4:52PMGanesha: Orange Sunrise: 4:48AM
Muruga: Clear Sunset: 7:27PM
Nataraja: Purple
Moon – WhiteSobhana 5125
Moon 5 - Phase 5 - 12
Amavasya

Sivaloka Day

Vaisaka*Vaikasi

Saturday, May 20, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam TitauRome, Italy
Sun 13
Sutra 33

Vrishabha Rasi: 11.19 Tithi 1 – 2

Creative Work Amrita Yoga

Until 4:35AM Sun

Then Creative Work - Siddha Yoga

Gulika 4:47AM – 6:37AM
Yama 1:58PM – 3:48PM
213196579 Rahu 8:27AM – 10:18AMRohini Until 4:35AM Sun
Athiganda* Until 12:46PM
Balava Until 5:19AM Sun
Prathama* Until 5:01PMGanesha: Clear Sunrise: 4:47AM
Muruga: Clear Sunset: 7:28PM
Nataraja: Purple
Moon – YellowSobhana 5125
Moon 5 - Phase 5 - 13
Prathama

Sivaloka Day

Jyeshtha*Vaikasi

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Rome, Italy on 1/25/22

www.gurudeva.org/panchang

1	Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Rome, Italy Sun 14 Sutra 34
	Vrishabha Rasi: 24.04	Tithi 2 – 3	Gulika 3:48PM – 5:38PM	Mrigashira Until 6:08AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Sobhana 5125
			Yama 12:08PM – 1:58PM	Sukarma Until 12:13PM	Muruga: Clear	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 6 - 14
	Creative Work	Siddha Yoga	233196579 Rahu 5:38PM – 7:29PM	Taitila Until 6:14AM Mon	Nataraja: Purple		3rd Phase
			Dvitiya Until 5:42PM	Moon – Yellow		Sivaloka Day	
				Jyeshtha *Vaikasi			

2	Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyam Titau				Rome, Italy Sun 15 Sutra 35
	Mithuna Rasi: 6.35	Tithi 3	Gulika 1:58PM – 3:49PM	Mrigashira Until 6:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Sobhana 5125
	Family Home Evening		Yama 10:17AM – 12:08PM	Dhriti Until 12:05PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 6 - 15
	Creative Work	Amrita Yoga	233196579 Rahu 6:36AM – 8:27AM	Taitila Until 6:14AM	Nataraja: Purple		3rd Phase
			Tritiya Until 6:52PM	Moon – Yellow		Sivaloka Day	
				Jyeshtha *Vaikasi			

3	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Rome, Italy Sun 16 Sutra 36
	Mithuna Rasi: 18.53	Tithi 4	Gulika 12:08PM – 1:58PM	Ardra Until 8:01AM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sobhana 5125
			Yama 8:26AM – 10:17AM	Shula* Until 12:18PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 6 - 16
	Routine Work	Marana Yoga	233196579 Rahu 3:49PM – 5:40PM	Vanija Until 7:40AM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 8:31PM	Moon – Yellow		Sivaloka Day	
				Jyeshtha *Vaikasi			

4	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 17 Sutra 37
	Kataka Rasi: 1	Tithi 5	Gulika 10:17AM – 12:08PM	Punarvasu Until 10:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	Sobhana 5125
			Yama 6:35AM – 8:26AM	Ganda* Until 12:50PM	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 6 - 17
	Creative Work	Siddha Yoga	243196579 Rahu 12:08PM – 1:59PM	Bava Until 9:30AM	Nataraja: Purple		3rd Phase
			Panchami Until 10:32PM	Moon – Blue		Subha Sivaloka Day	
				Jyeshtha *Vaikasi			

5	Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Rome, Italy Sun 18 Sutra 38
	Kataka Rasi: 12.59	Tithi 6	Gulika 8:26AM – 10:17AM	Pushya Until 1:22PM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Sobhana 5125
			Yama 4:44AM – 6:35AM	Vridhhi Until 1:37PM	Muruga: Clear	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 6 - 18
	Creative Work	Amrita Yoga	244196579 Rahu 1:59PM – 3:50PM	Kaulava Until 11:40AM	Nataraja: Purple		3rd Phase
			Shashthi* Until 12:48AM Fri	Moon – Blue		Sivaloka Day	
				Jyeshtha *Vaikasi			

6	Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 19 Sutra 39
	Kataka Rasi: 24.55	Tithi 7	Gulika 6:34AM – 8:25AM	Ashlesha* Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Sobhana 5125
			Yama 3:51PM – 5:42PM	Dhruva Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 6 - 19
	Routine Work	Marana Yoga	344196579 Rahu 10:17AM – 12:08PM	Gara Until 1:59PM	Nataraja: Purple		3rd Phase
			Saptami Until 3:08AM Sat	Moon – Blue		Devaloka Day	
				Jyeshtha *Vaikasi			

☾	Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 20 Sutra 40
	Retreat Star		Gulika 4:42AM – 6:34AM	Magha* Until 7:07PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Sobhana 5125
	Simha Rasi: 6.48	Tithi 8	Yama 2:00PM – 3:51PM	Vyaghata* Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 6 - 20
	Creative Work	Amrita Yoga	354196579 Rahu 8:25AM – 10:17AM	Visti Until 4:18PM	Nataraja: Purple		Ashtami
			Ashtami* Until 5:21AM Sun	Moon – Red		Sivaloka Day	
				Jyeshtha *Vaikasi			

☽	Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Balava Karana Navamyam Titau				Rome, Italy Sun 21 Sutra 41
	Retreat Star		Gulika 3:52PM – 5:43PM	Purvaphalguni Until 9:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Sobhana 5125
	Simha Rasi: 18.45	Tithi 9	Yama 12:08PM – 2:00PM	Harshana Until 4:04PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 6 - 21
	Creative Work	Siddha Yoga	354196579 Rahu 5:43PM – 7:35PM	Balava Until 6:22PM	Nataraja: Purple		Navami
			Navami* Until 7:14AM Mon	Moon – Red		Sivaloka Day	
				Jyeshtha *Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1**Monday, May 29, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam TitauRome, Italy
Sun 22 Sutra 42Kanya Rasi: 0.5 Tithi 9 – 10
Family Home Evening
Creative Work Siddha Yoga

364196579

Gulika 2:00PM – 3:52PM
Yama 10:17AM – 12:08PM
Rahu 6:33AM – 8:25AM**Uttaraphalguni Until 11:45PM**
Vajra* Until 4:26PM
Taitila Until 8:01PM
Navami* Until 7:14AM**Ganesha:** Clear *Sunrise:* 4:41AM
Muruga: Clear *Sunset:* 7:36PM
Nataraja: Purple
Moon – Red
Jyeshtha*Vaikasi**Sivaloka Day****2****Tuesday, May 30, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauRome, Italy
Sun 23 Sutra 43Kanya Rasi: 13.08 Tithi 10 – 11
Creative Work Siddha Yoga

364196579

Gulika 12:08PM – 2:00PM
Yama 8:24AM – 10:16AM
Rahu 3:52PM – 5:44PM**Hasta Until 1:29AM Wed**
Siddhi Until 4:22PM
Vanija Until 9:03PM
Dashami Until 8:36AM**Ganesha:** Purple *Sunrise:* 4:40AM
Muruga: Clear *Sunset:* 7:36PM
Nataraja: Purple
Moon – Green
Jyeshtha*Vaikasi**Devaloka Day****3****Wednesday, May 31, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam TitauRome, Italy
Sun 24 Sutra 44Kanya Rasi: 25.43 Tithi 11 – 12
Creative Work Siddha Yoga
Until 2:19AM Thu
Then Creative Work - Amrita Yoga

364196579

Gulika 10:16AM – 12:09PM
Yama 6:32AM – 8:24AM
Rahu 12:09PM – 2:01PM**Chitra Until 2:19AM Thu**
Vyatipata* Until 3:45PM
Bava Until 9:21PM
Ekadashi Until 9:16AM**Ganesha:** Purple *Sunrise:* 4:40AM
Muruga: Clear *Sunset:* 7:37PM
Nataraja: Purple
Moon – Green
Jyeshtha*Vaikasi**Devaloka Day****4****Thursday, June 1, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauRome, Italy
Sun 25 Sutra 45Tula Rasi: 8.4 Tithi 12 – 13
Creative Work Amrita Yoga
Until 2:15AM Fri
Then Creative Work - Siddha Yoga

364196579

Gulika 8:24AM – 10:16AM
Yama 4:39AM – 6:32AM
Rahu 2:01PM – 3:53PM**Svati Until 2:15AM Fri**
Varyan Until 2:30PM
Kaulava Until 8:53PM
Dvadashi Until 9:11AM**Ganesha:** Purple *Sunrise:* 4:39AM
Muruga: Clear *Sunset:* 7:38PM
Nataraja: Purple
Moon – Green
Jyeshtha*Vaikasi**Devaloka Day***Pradosha Vrata***5****Friday, June 2, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauRome, Italy
Sun 26 Sutra 46Tula Rasi: 22.01 Tithi 13 – 14
Creative Work Siddha Yoga

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Gulika 6:31AM – 8:24AM
Yama 3:54PM – 5:46PM
Rahu 10:16AM – 12:09PM**Vishakha Until 1:47AM Sat**
Parigha* Until 12:40PM
Gara Until 7:41PM
Trayodashi Until 8:21AM**Ganesha:** White *Sunrise:* 4:39AM
Muruga: Clear *Sunset:* 7:39PM
Nataraja: Purple
Moon – Orange
Jyeshtha*Vaikasi**Subha Sivaloka Day****Vaikasi Visakam****Saturday, June 3, 2023****Copper Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Bava Karana Chaturdashi/Purnimayam TitauRome, Italy
Sun 27 Sutra 47Vrischika Rasi: 5.46 Tithi 14 – 15
Creative Work Siddha Yoga
Until 12:34AM Sun
Then Routine Work - Marana Yoga

374296579

Gulika 4:39AM – 6:31AM
Yama 2:02PM – 3:54PM
Rahu 8:24AM – 10:16AM**Anuradha Until 12:34AM Sun**
Shiva Until 10:19AM
Bava Until 4:43AM Sun
Chaturdashi* Until 6:49AM**Ganesha:** White *Sunrise:* 4:39AM
Muruga: Clear *Sunset:* 7:40PM
Nataraja: Purple
Moon – Orange
Jyeshtha*Vaikasi**Subha Sivaloka Day****Sunday, June 4, 2023****Silver Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam TitauRome, Italy
Sun 28 Sutra 48Vrischika Rasi: 19.53 Tithi 16
Routine Work Marana Yoga
Until 10:45PM
Then Creative Work - Amrita Yoga

374296579

Gulika 3:55PM – 5:47PM
Yama 12:09PM – 2:02PM
Rahu 5:47PM – 7:40PM**Jyeshtha* Until 10:45PM**
Siddha Until 7:28AM
Balava Until 3:30PM
Prathama* Until 2:10AM Mon**Ganesha:** White *Sunrise:* 4:38AM
Muruga: Clear *Sunset:* 7:40PM
Nataraja: Purple
Moon – Orange
Jyeshtha*Vaikasi**Subha Sivaloka Day**

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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Monday, June 5, 2023
Gold Retreat Star

Dhanus Rasi: 4.17 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 8:53PM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:02PM – 3:55PM
Yama 10:16AM – 12:09PM
Rahu 6:31AM – 8:24AM

Mula* Until 8:53PM
Subha Until 12:55AM Tue
Taitila Until 12:48PM
Dvitiya Until 11:20PM

Ganesha: Yellow *Sunrise:* 4:38AM
Muruga: Clear *Sunset:* 7:41PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Vaikasi

Rome, Italy
Sutra 49
Sobhana 5125
Moon 6 - Phase 8 -
1st Phase

Sivaloka Day

1

Tuesday, June 6, 2023

Dhanus Rasi: 18.53 Tithi 18
Creative Work Siddha Yoga
Until 6:44PM
Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:10PM – 2:03PM
Yama 8:24AM – 10:17AM
Rahu 3:56PM – 5:49PM

Purvashadha* Until 6:44PM
Sukla Until 9:24PM
Vanija Until 9:53AM
Tritiya Until 8:22PM

Ganesha: White *Sunrise:* 4:38AM
Muruga: Clear *Sunset:* 7:42PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Vaikasi

Rome, Italy
Sun 1
Sutra 50
Sobhana 5125
Moon 6 - Phase 8 - 1
1st Phase

Devaloka Day

2

Wednesday, June 7, 2023

Makara Rasi: 3.32 Tithi 19 – 20
Creative Work Amrita Yoga
Until 4:26PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:17AM – 12:10PM
Yama 6:30AM – 8:23AM
Rahu 12:10PM – 2:03PM

Uttarashadha Until 4:26PM
Brahma Until 5:54PM
Bava Until 6:53AM
Chaturthi* Until 5:23PM

Ganesha: White *Sunrise:* 4:37AM
Muruga: Clear *Sunset:* 7:42PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Vaikasi

Rome, Italy
Sun 2
Sutra 51
Sobhana 5125
Moon 6 - Phase 8 - 2
1st Phase

Devaloka Day

3

Thursday, June 8, 2023

Makara Rasi: 18.1 Tithi 20 – 21
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 8:23AM – 10:17AM
Yama 4:37AM – 6:30AM
Rahu 2:03PM – 3:56PM

Shravana Until 2:31PM
Indra Until 2:31PM
Gara Until 1:13AM Fri
Panchami Until 2:32PM

Ganesha: Yellow *Sunrise:* 4:37AM
Muruga: Clear *Sunset:* 7:43PM
Nataraja: Blue
Moon – Purple
Jyeshtha*Vaikasi

Rome, Italy
Sun 3
Sutra 52
Sobhana 5125
Moon 6 - Phase 8 - 3
1st Phase

Sivaloka Day

4

Friday, June 9, 2023

Kumbha Rasi: 2.38 Tithi 21 – 22
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:30AM – 8:23AM
Yama 3:57PM – 5:50PM
Rahu 10:17AM – 12:10PM

Dhanishtha Until 12:42PM
Vaidhriti* Until 11:18AM
Visti Until 10:44PM
Shashthi* Until 11:55AM

Ganesha: Yellow *Sunrise:* 4:37AM
Muruga: Clear *Sunset:* 7:43PM
Nataraja: Blue
Moon – Purple
Jyeshtha*Vaikasi

Rome, Italy
Sun 4
Sutra 53
Sobhana 5125
Moon 6 - Phase 8 - 4
1st Phase

Sivaloka Day

Retreat Star

Saturday, June 10, 2023

Kumbha Rasi: 16.55 Tithi 22 – 23
Creative Work Amrita Yoga
Until 11:04AM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Pnti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 4:37AM – 6:30AM
Yama 2:04PM – 3:57PM
Rahu 8:23AM – 10:17AM

Shatabhishak Until 11:04AM
Vishkambha* Until 8:21AM
Balava Until 8:37PM
Saptami Until 9:36AM

Ganesha: Yellow *Sunrise:* 4:37AM
Muruga: Clear *Sunset:* 7:44PM
Nataraja: Blue
Moon – Purple
Jyeshtha*Vaikasi

Rome, Italy
Sun 5
Sutra 54
Sobhana 5125
Moon 6 - Phase 8 - 5
Ashtami

Sivaloka Day

Sunday, June 11, 2023

Retreat Star

Meena Rasi: 0.58 Tithi 23 – 24
Creative Work Siddha Yoga
Until 10:05AM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:57PM – 5:51PM
Yama 12:10PM – 2:04PM
Rahu 5:51PM – 7:44PM

Purvaproshtapada* Until 10:05AM
Ayushman Until 3:24AM Mon
Taitila Until 6:53PM
Ashtami* Until 7:40AM

Ganesha: Clear *Sunrise:* 4:36AM
Muruga: Clear *Sunset:* 7:44PM
Nataraja: Blue
Moon – Clear
Jyeshtha*Vaikasi

Rome, Italy
Sun 6
Sutra 55
Sobhana 5125
Moon 6 - Phase 8 - 6
Navami

Sivaloka Day


1	Monday, June 12, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Gara/Visti* Karana Navami/Dashmyam Titau				Rome, Italy
	Meena Rasi: 14.44 Tithi 24 – 25	Gulika 2:04PM – 3:58PM	Uttaraproshtapada Until 9:22AM	Ganesh: Clear	Sunrise: 4:36AM	Sun 7 Sutra 56
	Family Home Evening	Yama 10:17AM – 12:11PM	Saubhagya Until 1:26AM Tue	Muruga: Clear	Sunset: 7:45PM	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 6:30AM – 8:23AM	Visti Until 5:02AM Tue	Nataraja: Blue		Moon 6 - Phase 9 - 7 2nd Phase
			Navami* Until 6:09AM	Moon – Clear		Sivaloka Day
				Jyeshtha*Vaikasi		

2	Tuesday, June 13, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy
	Meena Rasi: 28.17 Tithi 26	Gulika 12:11PM – 2:05PM	Revati Until 8:55AM	Ganesh: Clear	Sunrise: 4:36AM	Sun 8 Sutra 57
	315296571	Yama 8:24AM – 10:17AM	Sobhana Until 11:49PM	Muruga: Clear	Sunset: 7:45PM	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 3:58PM – 5:52PM	Bava Until 4:39PM	Nataraja: Blue		Moon 6 - Phase 9 - 8 2nd Phase
			Ekadashi* Until 4:20AM Wed	Moon – Clear		Sivaloka Day
				Jyeshtha*Vaikasi		

3	Wednesday, June 14, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy
	Mesha Rasi: 11.35 Tithi 27	Gulika 10:17AM – 12:11PM	Ashvini Until 9:10AM	Ganesh: White	Sunrise: 4:36AM	Sun 9 Sutra 58
	325296571	Yama 6:30AM – 8:24AM	Athiganda* Until 10:30PM	Muruga: Clear	Sunset: 7:46PM	Sobhana 5125
	Routine Work Marana Yoga	Rahu 12:11PM – 2:05PM	Kaulava Until 4:10PM	Nataraja: Blue		Moon 6 - Phase 9 - 9 2nd Phase
Until 9:10AM			Dvadashi* Until 4:03AM Thu	Moon – White		Devaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		

4	Thursday, June 15, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy
	Mesha Rasi: 24.4 Tithi 28	Gulika 8:24AM – 10:17AM	Bharani Until 9:41AM	Ganesh: Yellow	Sunrise: 4:36AM	Sun 10 Sutra 59
	326296571	Yama 4:36AM – 6:30AM	Sukarma Until 9:31PM	Muruga: Clear	Sunset: 7:46PM	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 2:05PM – 3:59PM	Gara Until 4:05PM	Nataraja: Blue		Moon 6 - Phase 9 - 10 2nd Phase
Until 9:41AM			Trayodashi* Until 4:10AM Fri	Moon – White		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha*Ani		
				Pradosha Vrata (Fasting)		

5	Friday, June 16, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy
	Vrishabha Rasi: 7.32 Tithi 29	Gulika 6:30AM – 8:24AM	Krittika Until 10:27AM	Ganesh: Yellow	Sunrise: 4:36AM	Sun 11 Sutra 60
	326296571	Yama 3:59PM – 5:53PM	Dhriti Until 8:52PM	Muruga: Clear	Sunset: 7:47PM	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 10:18AM – 12:11PM	Visti Until 4:24PM	Nataraja: Blue		Moon 6 - Phase 9 - 11 2nd Phase
Until 10:27AM			Chaturdashi* Until 4:42AM Sat	Moon – White		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha*Ani		

	Saturday, June 17, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy
	Retreat Star	Gulika 4:36AM – 6:30AM	Rohini Until 11:55AM	Ganesh: Red	Sunrise: 4:36AM	Sun 12 Sutra 61
	Vrishabha Rasi: 20.14 Tithi 30	Yama 2:06PM – 3:59PM	Shula* Until 8:31PM	Muruga: Clear	Sunset: 7:47PM	Sobhana 5125
	336296571	Rahu 8:24AM – 10:18AM	Catuspada Until 5:08PM	Nataraja: Blue		Moon 6 - Phase 9 - 12 Amavasya
Creative Work Amrita Yoga			Amavasya* Until 5:38AM Sun	Moon – Yellow		Sivaloka Day
Until 11:55AM				Jyeshtha*Ani		
Then Creative Work - Siddha Yoga						

6	Sunday, June 18, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna* Karana Prathamayam Titau				Rome, Italy
	Retreat Star	Gulika 4:00PM – 5:54PM	Mrigashira Until 1:36PM	Ganesh: Red	Sunrise: 4:36AM	Sun 13 Sutra 62
	Mithuna Rasi: 2.44 Tithi 1	Yama 12:12PM – 2:06PM	Ganda* Until 8:29PM	Muruga: Yellow	Sunset: 7:47PM	Sobhana 5125
	336216571	Rahu 5:54PM – 7:47PM	Kintughna Until 6:16PM	Nataraja: Blue		Moon 6 - Phase 9 - 13 Prathama
Creative Work Siddha Yoga			Prathama* Until 6:57AM Mon	Moon – Yellow		Sivaloka Day
		Father's Day		Ashada*Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyam Titau				Rome, Italy Sun 14 Sutra 63
	Mithuna Rasi: 15.04	Tithi 1 – 2	Gulika 2:06PM – 4:00PM	Ardra Until 3:31PM	Ganesha: Red	Sunrise: 4:36AM	Sobhana 5125
	Family Home Evening	336216571	Yama 10:18AM – 12:12PM	Vriddhi Until 8:46PM	Muruga: Yellow	Sunset: 7:48PM	Moon 6 - Phase 10 - 14
	Creative Work Siddha Yoga		Rahu 6:30AM – 8:24AM	Balava Until 7:47PM	Nataraja: Blue		3rd Phase
			Prathama* Until 6:57AM	Moon – Yellow		Sivaloka Day	
				Ashada*Ani			

2	Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Rome, Italy Sun 15 Sutra 64
	Mithuna Rasi: 27.14	Tithi 2 – 3	Gulika 12:12PM – 2:06PM	Punarvasu Until 6:07PM	Ganesha: Yellow	Sunrise: 4:37AM	Sobhana 5125
		346216571	Yama 8:24AM – 10:18AM	Dhruva Until 9:17PM	Muruga: Yellow	Sunset: 7:48PM	Moon 6 - Phase 10 - 15
	Creative Work Siddha Yoga		Rahu 4:00PM – 5:54PM	Taitila Until 9:38PM	Nataraja: Blue		3rd Phase
			Dvitiya Until 8:39AM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3	Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy Sun 16 Sutra 65
	Kataka Rasi: 9.16	Tithi 3 – 4	Gulika 10:19AM – 12:13PM	Pushya Until 8:49PM	Ganesha: Yellow	Sunrise: 4:37AM	Sobhana 5125
		346216571	Yama 6:31AM – 8:25AM	Vyaghata* Until 10:03PM	Muruga: Yellow	Sunset: 7:48PM	Moon 6 - Phase 10 - 16
	Creative Work Siddha Yoga		Rahu 12:13PM – 2:06PM	Vanija Until 11:48PM	Nataraja: Blue		3rd Phase
			Tritiya Until 10:40AM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

4	Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy Sun 17 Sutra 66
	Kataka Rasi: 21.13	Tithi 4 – 5	Gulika 8:25AM – 10:19AM	Ashlesha* Until 11:34PM	Ganesha: Yellow	Sunrise: 4:37AM	Sobhana 5125
		346216571	Yama 4:37AM – 6:31AM	Harshana Until 10:59PM	Muruga: Yellow	Sunset: 7:48PM	Moon 6 - Phase 10 - 17
	Creative Work Siddha Yoga		Rahu 2:07PM – 4:01PM	Bava Until 2:09AM Fri	Nataraja: Blue		3rd Phase
			Chaturthi* Until 12:56PM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

5	Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy Sun 18 Sutra 67
	Simha Rasi: 3.05	Tithi 5 – 6	Gulika 6:31AM – 8:25AM	Magha* Until 2:43AM Sat	Ganesha: Yellow	Sunrise: 4:37AM	Sobhana 5125
		357216571	Yama 4:01PM – 5:55PM	Vajra* Until 11:56PM	Muruga: Yellow	Sunset: 7:49PM	Moon 6 - Phase 10 - 18
	Routine Work Marana Yoga		Rahu 10:19AM – 12:13PM	Kaulava Until 4:33AM Sat	Nataraja: Blue		3rd Phase
			Panchami Until 3:20PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

6	Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 19 Sutra 68
	Simha Rasi: 14.57	Tithi 6 – 7	Gulika 4:38AM – 6:31AM	Purvaphalguni Until 5:35AM Sun	Ganesha: Yellow	Sunrise: 4:38AM	Sobhana 5125
		357216571	Yama 2:07PM – 4:01PM	Siddhi Until 12:50AM Sun	Muruga: Yellow	Sunset: 7:49PM	Moon 6 - Phase 10 - 19
	Creative Work Siddha Yoga		Rahu 8:25AM – 10:19AM	Gara Until 6:50AM Sun	Nataraja: Blue		3rd Phase
			Shashthi* Until 5:42PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

Retreat Star	Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhana Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 20 Sutra 69
	Simha Rasi: 26.52	Tithi 7	Gulika 4:01PM – 5:55PM	Uttaraphalguni Until 7:59AM Mon	Ganesha: Yellow	Sunrise: 4:38AM	Sobhana 5125
		357216571	Yama 12:13PM – 2:07PM	Vyatipata* Until 1:32AM Mon	Muruga: Yellow	Sunset: 7:49PM	Moon 6 - Phase 10 - 20
	Creative Work Amrita Yoga		Rahu 5:55PM – 7:49PM	Gara Until 6:50AM	Nataraja: Blue		3rd Phase
			Saptami Until 7:50PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

Retreat Star	Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 21 Sutra 70
	Kanya Rasi: 8.54	Tithi 8	Gulika 2:07PM – 4:01PM	Uttaraphalguni Until 7:59AM	Ganesha: Yellow	Sunrise: 4:38AM	Sobhana 5125
	Family Home Evening	357216571	Yama 10:20AM – 12:14PM	Variyan Until 1:49AM Tue	Muruga: Yellow	Sunset: 7:49PM	Moon 6 - Phase 10 - 21
	Creative Work Siddha Yoga		Rahu 6:32AM – 8:26AM	Visti Until 8:46AM	Nataraja: Blue		Ashtami
			Ashtami* Until 9:31PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

Retreat Star	Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 22 Sutra 71
	Kanya Rasi: 21.1	Tithi 9	Gulika 12:14PM – 2:08PM	Hasta Until 10:10AM	Ganesha: Clear	Sunrise: 4:39AM	Sobhana 5125
		367316571	Yama 8:26AM – 10:20AM	Parigha* Until 1:35AM Wed	Muruga: Yellow	Sunset: 7:49PM	Moon 6 - Phase 10 - 22
	Creative Work Siddha Yoga		Rahu 4:01PM – 5:55PM	Balava Until 10:09AM	Nataraja: Blue		Navami
			Navami* Until 10:33PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda


1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Rome, Italy
			Chitra/Svati Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23
	Tula Rasi: 3.44	Tithi 10	Gulika 10:20AM – 12:14PM	Chitra Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	Sobhana 5125
		Yama 6:33AM – 8:26AM	Shiva Until 12:44AM Thu	Muruga: Yellow	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 23	
367316571		Rahu 12:14PM – 2:08PM	Taitila Until 10:48AM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:48PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			


2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Rome, Italy
			Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24
	Tula Rasi: 16.41	Tithi 11	Gulika 8:27AM – 10:20AM	Svati Until 11:49AM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Sobhana 5125
		Yama 4:39AM – 6:33AM	Siddha Until 11:11PM	Muruga: Yellow	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 24	
368316571		Rahu 2:08PM – 4:02PM	Vanija Until 10:37AM	Nataraja: Blue		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 10:11PM	Moon – Green		Devaloka Day	
Until 11:49AM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Rome, Italy
			Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25
	Vrischika Rasi: 0.06	Tithi 12	Gulika 6:33AM – 8:27AM	Vishakha Until 11:38AM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Sobhana 5125
		Yama 4:02PM – 5:55PM	Sadhya Until 8:59PM	Muruga: Yellow	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 25	
378316571		Rahu 10:21AM – 12:14PM	Bava Until 9:35AM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:45PM	Moon – Orange		Sivaloka Day	
				Ashada*Ani			

4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Rome, Italy
			Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
	Vrischika Rasi: 13.59	Tithi 13	Gulika 4:40AM – 6:34AM	Anuradha Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Sobhana 5125
		Yama 2:08PM – 4:02PM	Subha Until 6:12PM	Muruga: Yellow	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 26	
378316571		Rahu 8:27AM – 10:21AM	Kaulava Until 7:47AM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:36PM	Moon – Orange		Sivaloka Day	
				Ashada*Ani			
				Pradosha Vrata			

5	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rome, Italy
			Jyeshtha*Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27
	Vrischika Rasi: 28.19	Tithi 14 – 15	Gulika 4:02PM – 5:55PM	Jyeshtha* Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Sobhana 5125
		Yama 12:15PM – 2:08PM	Sukla Until 2:54PM	Muruga: Yellow	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 27	
378316571		Rahu 5:55PM – 7:49PM	Visti Until 2:18AM Mon	Nataraja: Blue		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 3:50PM	Moon – Orange		Sivaloka Day	
Until 8:38AM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Rome, Italy
			Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 77
	Dhanus Rasi: 13	Tithi 15 – 16	Gulika 2:08PM – 4:02PM	Mula* Until 6:31AM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Sobhana 5125
		Yama 10:22AM – 12:15PM	Brahma Until 11:14AM	Muruga: Yellow	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 11 -	
388316571		Rahu 6:35AM – 8:28AM	Balava Until 10:57PM	Nataraja: Blue		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 12:39PM	Moon – Light Blue		Devaloka Day	
Until 6:31AM				Ashada*Ani			
Then Routine Work - Marana Yoga							

	Tuesday, July 4, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Rome, Italy
			Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 78
	Dhanus Rasi: 27.56	Tithi 16 – 17	Gulika 12:15PM – 2:08PM	Uttarashadha Until 1:05AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:42AM	Sobhana 5125
		Yama 8:28AM – 10:22AM	Indra Until 7:21AM	Muruga: Yellow	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 11 -	
388316571		Rahu 4:02PM – 5:55PM	Taitila Until 7:25PM	Nataraja: Blue		Prathama	
Routine Work	Prabalarishta Yoga		Prathama* Until 9:11AM	Moon – Light Blue		Devaloka Day	
Until 1:05AM Wed				Ashada*Ani			
Then Creative Work - Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy

Sun 1 Sutra 79

Sobhana 5125

Moon 7 - Phase 12 - 1

1st Phase

Makara Rasi: 12.59 Tithi 18

398316571

Gulika 10:22AM – 12:15PM
Yama 6:36AM – 8:29AM
Rahu 12:15PM – 2:08PM

Shravana Until 10:31PM

Vishkambha* Until 11:23PM

Vanija Until 3:52PM

Tritiya Until 2:07AM Thu

Ganesha: Clear *Sunrise:* 4:43AM

Muruga: Yellow *Sunset:* 7:48PM

Nataraja: Blue

Moon – Purple
Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

1 Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Rome, Italy

Sun 2 Sutra 80

Sobhana 5125

Moon 7 - Phase 12 - 2

1st Phase

Makara Rasi: 27.59 Tithi 19

399316571

Gulika 8:29AM – 10:22AM
Yama 4:43AM – 6:36AM
Rahu 2:08PM – 4:02PM

Dhanishtha Until 8:01PM

Priti Until 7:36PM

Bava Until 12:27PM

Chaturthi* Until 10:50PM

Ganesha: Purple *Sunrise:* 4:43AM

Muruga: Yellow *Sunset:* 7:48PM

Nataraja: Blue

Moon – Purple
Ashada*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

2 Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sun 3 Sutra 81

Sobhana 5125

Moon 7 - Phase 12 - 3

1st Phase

Kumbha Rasi: 12.47 Tithi 20

499316571

Gulika 6:37AM – 8:30AM
Yama 4:01PM – 5:54PM
Rahu 10:23AM – 12:16PM

Shatabhishak Until 5:43PM

Ayushman Until 4:04PM

Kaulava Until 9:20AM

Panchami Until 7:54PM

Ganesha: Clear *Sunrise:* 4:44AM

Muruga: Yellow *Sunset:* 7:47PM

Nataraja: Blue

Moon – Purple
Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

3 Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sun 4 Sutra 82

Sobhana 5125

Moon 7 - Phase 12 - 4

1st Phase

Kumbha Rasi: 27.17 Tithi 21 – 22

419316571

Gulika 4:44AM – 6:37AM
Yama 2:09PM – 4:01PM
Rahu 8:30AM – 10:23AM

Purvaproshtapada* Until 4:09PM

Saubhagya Until 12:56PM

Gara Until 6:37AM

Shashthi* Until 5:26PM

Ganesha: Yellow *Sunrise:* 4:44AM

Muruga: Yellow *Sunset:* 7:47PM

Nataraja: Blue

Moon – Clear
Ashada*Ani

Sivaloka Day

Routine Work Marana Yoga

Until 4:09PM

Then Creative Work - Siddha Yoga

4 Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sun 5 Sutra 83

Sobhana 5125

Moon 7 - Phase 12 - 5

1st Phase

Meena Rasi: 11.26 Tithi 22 – 23

419316571

Gulika 4:01PM – 5:54PM
Yama 12:16PM – 2:09PM
Rahu 5:54PM – 7:47PM

Uttaraproshtapada Until 3:01PM

Sobhana Until 10:15AM

Balava Until 2:50AM Mon

Saptami Until 3:32PM

Ganesha: Yellow *Sunrise:* 4:45AM

Muruga: Yellow *Sunset:* 7:47PM

Nataraja: Blue

Moon – Clear
Ashada*Ani

Sivaloka Day

Creative Work Amrita Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy

Sun 6 Sutra 84

Sobhana 5125

Moon 7 - Phase 12 - 6

Ashtami

Meena Rasi: 25.13 Tithi 23 – 24

419316571

Gulika 2:09PM – 4:01PM
Yama 10:23AM – 12:16PM
Rahu 6:38AM – 8:31AM

Revati Until 2:20PM

Athiganda* Until 8:02AM

Taitila Until 1:51AM Tue

Ashtami* Until 2:15PM

Ganesha: Yellow *Sunrise:* 4:46AM

Muruga: Yellow *Sunset:* 7:46PM

Nataraja: Blue

Moon – Clear
Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

Tuesday, July 11, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rome, Italy

Sun 7 Sutra 85

Sobhana 5125

Moon 7 - Phase 12 - 7

Navami

Mesha Rasi: 8.37 Tithi 24 – 25

429316571

Gulika 12:16PM – 2:09PM
Yama 8:31AM – 10:24AM
Rahu 4:01PM – 5:53PM

Ashvini Until 2:33PM

Sukarma Until 6:21AM

Vanija Until 1:29AM Wed

Navami* Until 1:34PM

Ganesha: Blue *Sunrise:* 4:46AM

Muruga: Yellow *Sunset:* 7:46PM

Nataraja: Blue

Moon – White
Ashada*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

www.gurudeva.org/panchang

1**Wednesday, July 12, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam TitauRome, Italy
Sun 8
Sutra 86
Sobhana 5125

Mesha Rasi: 21.43 Tithi 25 – 26

429316571

Gulika 10:24AM – 12:16PM
Yama 6:39AM – 8:32AM
Rahu 12:16PM – 2:08PM**Bharani Until 3:12PM**
Shula* Until 4:21AM Thu
Bava Until 1:40AM Thu
Dashami Until 1:29PM**Ganesha:** Blue
Muruga: Yellow
Nataraja: Blue
Moon – White
Ashada*AniSunrise: 4:47AM
Sunset: 7:45PM
Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:12PM

Then Creative Work - Amrita Yoga

2**Thursday, July 13, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam TitauRome, Italy
Sun 9
Sutra 87
Sobhana 5125

Vrishabha Rasi: 4.32 Tithi 26 – 27

421316571

Gulika 8:32AM – 10:24AM
Yama 4:48AM – 6:40AM
Rahu 2:08PM – 4:01PM**Krittika Until 4:12PM**
Ganda* Until 3:56AM Fri
Kaulava Until 2:20AM Fri
Ekadashi* Until 1:55PM**Ganesha:** Purple
Muruga: Yellow
Nataraja: Blue
Moon – White
Ashada*AniSunrise: 4:48AM
Sunset: 7:45PM
Moon 7 - Phase 13 - 9
Subha Sivaloka Day

Routine Work Marana Yoga

3**Friday, July 14, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvodashi/Trayodashyam TitauRome, Italy
Sun 10
Sutra 88
Sobhana 5125

Vrishabha Rasi: 17.08 Tithi 27 – 28

431316571

Gulika 6:41AM – 8:33AM
Yama 4:00PM – 5:52PM
Rahu 10:25AM – 12:16PM**Rohini Until 5:56PM**
Vriddhi Until 3:51AM Sat
Gara Until 3:24AM Sat
Dvodashi* Until 2:48PM**Ganesha:** Clear
Muruga: Yellow
Nataraja: Blue
Moon – Yellow
Ashada*AniSunrise: 4:49AM
Sunset: 7:44PM
Moon 7 - Phase 13 - 10
Sivaloka Day

Routine Work Marana Yoga

Until 5:56PM

Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

4**Saturday, July 15, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Dhruva Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam TitauRome, Italy
Sun 11
Sutra 89
Sobhana 5125

Vrishabha Rasi: 29.32 Tithi 28 – 29

431316571

Gulika 4:50AM – 6:41AM
Yama 2:08PM – 4:00PM
Rahu 8:33AM – 10:25AM**Mrigashira Until 7:53PM**
Dhruva Until 4:02AM Sun
Visti Until 4:50AM Sun
Trayodashi* Until 4:04PM**Ganesha:** Clear
Muruga: Yellow
Nataraja: Blue
Moon – Yellow
Ashada*AniSunrise: 4:50AM
Sunset: 7:44PM
Moon 7 - Phase 13 - 11
Sivaloka Day

Creative Work Siddha Yoga

5**Sunday, July 16, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam TitauRome, Italy
Sun 12
Sutra 90
Sobhana 5125

Mithuna Rasi: 11.49 Tithi 29 – 30

431316571

Gulika 4:00PM – 5:51PM
Yama 12:17PM – 2:08PM
Rahu 5:51PM – 7:43PM**Ardra Until 9:59PM**
Vyaghata* Until 4:27AM Mon
Catuspada Until 6:35AM Mon
Chaturdashi* Until 5:39PM**Ganesha:** Clear
Muruga: Yellow
Nataraja: Blue
Moon – Yellow
Ashada*AdiSunrise: 4:50AM
Sunset: 7:43PM
Moon 7 - Phase 13 - 12
Sivaloka Day

Creative Work Siddha Yoga

Monday, July 17, 2023**Monday, July 17, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam TitauRome, Italy
Sun 13
Sutra 91
Sobhana 5125

Mithuna Rasi: 23.57 Tithi 30

441316572

Gulika 2:08PM – 4:00PM
Yama 10:25AM – 12:17PM
Rahu 6:43AM – 8:34AM**Punarvasu Until 12:40AM Tue**
Harshana Until 5:05AM Tue
Catuspada Until 6:35AM
Amavasya* Until 7:32PM**Ganesha:** Orange
Muruga: Yellow
Nataraja: Yellow
Moon – Blue
Ashada*AdiSunrise: 4:51AM
Sunset: 7:42PM
Moon 7 - Phase 13 - 13
Amavasya

Creative Work Amrita Yoga

Until 12:40AM Tue

Then Creative Work - Siddha Yoga

Devaloka Day**Tuesday, July 18, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam TitauRome, Italy
Sun 14
Sutra 92
Sobhana 5125

Kataka Rasi: 5.59 Tithi 1

441316572

Gulika 12:17PM – 2:08PM
Yama 8:34AM – 10:26AM
Rahu 3:59PM – 5:50PM**Pushya Until 3:26AM Wed**
Vajra* Until 5:53AM Wed
Kintughna Until 8:35AM
Prathama* Until 9:39PM**Ganesha:** Orange
Muruga: Yellow
Nataraja: Yellow
Moon – Blue
Sravana Adhika*AdiSunrise: 4:52AM
Sunset: 7:42PM
Moon 7 - Phase 13 - 14
Prathama
Devaloka Day

Creative Work Siddha Yoga

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy Sun 15 Sutra 93 Sobhana 5125
	Kataka Rasi: 17.56	Tithi 2	Gulika 10:26AM – 12:17PM Yama 6:44AM – 8:35AM 441316572 Rahu 12:17PM – 2:08PM	Ashlesha* Until 6:12AM Thu Siddhi Until 6:49AM Thu Balava Until 10:49AM Dvitiya Until 11:59PM	Ganesha: Orange <i>Sunrise:</i> 4:53AM Muruga: Yellow <i>Sunset:</i> 7:41PM Nataraja: Yellow Moon – Blue	Devaloka Day	
	Creative Work Siddha Yoga Until 6:12AM Thu Then Creative Work - Amrita Yoga						

2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy Sun 16 Sutra 94 Sobhana 5125
	Kataka Rasi: 29.49	Tithi 3	Gulika 8:35AM – 10:26AM Yama 4:54AM – 6:45AM 441316572 Rahu 2:08PM – 3:59PM	Ashlesha* Until 6:12AM Siddhi Until 6:49AM Taitila Until 1:13PM Tritiya Until 2:25AM Fri	Ganesha: Orange <i>Sunrise:</i> 4:54AM Muruga: Yellow <i>Sunset:</i> 7:40PM Nataraja: Yellow Moon – Blue	Devaloka Day	
	Creative Work Siddha Yoga Until 6:12AM Then Creative Work - Amrita Yoga						

3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varians Yoga Vanija/Visti* Karana Chaturthiyam Titau				Rome, Italy Sun 17 Sutra 95 Sobhana 5125
	Simha Rasi: 11.39	Tithi 4	Gulika 6:45AM – 8:36AM Yama 3:58PM – 5:49PM 451316572 Rahu 10:26AM – 12:17PM	Magha* Until 9:24AM Vyatipata* Until 7:51AM Vanija Until 3:41PM Chaturthi* Until 4:53AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:55AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Yellow Moon – Red	Devaloka Day	
	Routine Work Marana Yoga Until 9:24AM Then Creative Work - Siddha Yoga						

4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Bava Karana Panchamyam Titau				Rome, Italy Sun 18 Sutra 96 Sobhana 5125
	Simha Rasi: 23.29	Tithi 5	Gulika 4:55AM – 6:46AM Yama 2:07PM – 3:58PM 451416572 Rahu 8:36AM – 10:27AM	Purvaphalguni Until 12:24PM Variyan Until 8:50AM Bava Until 6:05PM Panchami Until 7:12AM Sun	Ganesha: White <i>Sunrise:</i> 4:55AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Yellow Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Creative Work Siddha Yoga Until 12:24PM Then Routine Work - Marana Yoga						

5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Rome, Italy Sun 19 Sutra 97 Sobhana 5125
	Kanya Rasi: 5.23	Tithi 5 – 6	Gulika 3:57PM – 5:48PM Yama 12:17PM – 2:07PM 451416572 Rahu 5:48PM – 7:38PM	Uttaraphalguni Until 3:03PM Parigha* Until 9:42AM Kaulava Until 8:16PM Panchami Until 7:12AM	Ganesha: White <i>Sunrise:</i> 4:56AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Yellow Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Creative Work Amrita Yoga						

6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 20 Sutra 98 Sobhana 5125
	Kanya Rasi: 17.25	Tithi 6 – 7	Gulika 2:07PM – 3:57PM Yama 10:27AM – 12:17PM 462416572 Rahu 6:47AM – 8:37AM	Hasta Until 5:40PM Shiva Until 10:19AM Gara Until 10:00PM Shashthi* Until 9:11AM	Ganesha: Purple <i>Sunrise:</i> 4:57AM Muruga: Yellow <i>Sunset:</i> 7:37PM Nataraja: Yellow Moon – Green	Sivaloka Day	
	Family Home Evening Creative Work Siddha Yoga Until 5:40PM Then Routine Work - Prabalarishta Yoga						

☾	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 21 Sutra 99 Sobhana 5125
	Retreat Star		Gulika 12:17PM – 2:07PM Yama 8:38AM – 10:27AM 462416572 Rahu 3:57PM – 5:46PM	Chitra Until 7:32PM Siddha Until 10:30AM Visti Until 11:07PM Saptami Until 10:38AM	Ganesha: Purple <i>Sunrise:</i> 4:58AM Muruga: Yellow <i>Sunset:</i> 7:36PM Nataraja: Yellow Moon – Green	Sivaloka Day	
	Kanya Rasi: 29.38 Tithi 7 – 8 Creative Work Siddha Yoga						

☾	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 22 Sutra 100 Sobhana 5125
	Retreat Star		Gulika 10:28AM – 12:17PM Yama 6:49AM – 8:38AM 462416572 Rahu 12:17PM – 2:07PM	Svati Until 8:29PM Sadhya Until 10:07AM Balava Until 11:27PM Ashtami* Until 11:22AM	Ganesha: Purple <i>Sunrise:</i> 4:59AM Muruga: Yellow <i>Sunset:</i> 7:35PM Nataraja: Yellow Moon – Green	Sivaloka Day	
	Tula Rasi: 12.1 Tithi 8 – 9 Creative Work Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rome, Italy
	Tula Rasi: 25.04	Tithi 9 – 10	Gulika 8:39AM – 10:28AM	Vishakha Until 8:55PM	Ganesha: Clear	Sunrise: 5:00AM	Sun 23 Sutra 101
			Yama 5:00AM – 6:49AM	Subha Until 9:07AM	Muruga: Yellow	Sunset: 7:34PM	Sobhana 5125
	Creative Work	Siddha Yoga	472416572 Rahu 2:06PM – 3:56PM	Taitila Until 10:55PM	Nataraja: Yellow		Moon 7 - Phase 15 - 23 4th Phase
			Navami* Until 11:16AM	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			


2	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy
	Vrischika Rasi: 8.26	Tithi 10 – 11	Gulika 6:50AM – 8:39AM	Anuradha Until 8:21PM	Ganesha: Clear	Sunrise: 5:01AM	Sun 24 Sutra 102
			Yama 3:55PM – 5:44PM	Sukla Until 7:23AM	Muruga: Yellow	Sunset: 7:33PM	Sobhana 5125
	Creative Work	Siddha Yoga	472416572 Rahu 10:28AM – 12:17PM	Vanija Until 9:31PM	Nataraja: Yellow		Moon 7 - Phase 15 - 24 4th Phase
			Dashami Until 10:18AM	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			
				Then Routine Work - Marana Yoga			

3	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Vrischika Rasi: 22.17	Tithi 11 – 12	Gulika 5:02AM – 6:51AM	Jyeshtha* Until 6:51PM	Ganesha: Clear	Sunrise: 5:02AM	Sun 25 Sutra 103
			Yama 2:06PM – 3:55PM	Indra Until 1:59AM Sun	Muruga: Yellow	Sunset: 7:32PM	Sobhana 5125
	Creative Work	Siddha Yoga	472416572 Rahu 8:40AM – 10:28AM	Bava Until 7:21PM	Nataraja: Yellow		Moon 7 - Phase 15 - 25 4th Phase
			Ekadashi Until 8:31AM	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			

4	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
	Dhanus Rasi: 6.37	Tithi 13	Gulika 3:54PM – 5:43PM	Mula* Until 4:58PM	Ganesha: White	Sunrise: 5:03AM	Sun 26 Sutra 104
			Yama 12:17PM – 2:06PM	Vaidhriti* Until 10:27PM	Muruga: Yellow	Sunset: 7:31PM	Sobhana 5125
	Creative Work	Amrita Yoga	482416572 Rahu 5:43PM – 7:31PM	Taitila Until 4:31PM	Nataraja: Yellow		Moon 7 - Phase 15 - 26 4th Phase
			Trayodashi Until 2:53AM Mon	Moon – Light Blue		Sivaloka Day	
				Sravana Adhika*Adi			
				Pradosha Vrata			
				Then Creative Work - Siddha Yoga			

5	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy
	Dhanus Rasi: 21.23	Tithi 14	Gulika 2:05PM – 3:53PM	Purvashadha* Until 2:25PM	Ganesha: White	Sunrise: 5:04AM	Sun 27 Sutra 105
	Family Home Evening		Yama 10:29AM – 12:17PM	Vishkambha* Until 6:32PM	Muruga: Yellow	Sunset: 7:30PM	Sobhana 5125
	Routine Work	Marana Yoga	482416572 Rahu 6:52AM – 8:40AM	Gara Until 1:11PM	Nataraja: Yellow		Moon 7 - Phase 15 - 27 4th Phase
			Chaturdashi* Until 11:21PM	Moon – Light Blue		Sivaloka Day	
				Sravana Adhika*Adi			

	Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy
	Copper Retreat Star		Gulika 12:17PM – 2:05PM	Uttarashadha Until 11:25AM	Ganesha: White	Sunrise: 5:05AM	Sun 28 Sutra 106
	Makara Rasi: 6.28	Tithi 15	Yama 8:41AM – 10:29AM	Priti Until 2:23PM	Muruga: Yellow	Sunset: 7:29PM	Sobhana 5125
	Routine Work	Prabalarishta Yoga	482416572 Rahu 3:53PM – 5:41PM	Visti Until 9:30AM	Nataraja: Yellow		Moon 7 - Phase 15 - Purnima
			Purnima* Until 7:34PM	Moon – Light Blue		Sivaloka Day	
				Sravana Adhika*Adi			
				Then Creative Work - Siddha Yoga			

	Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Rome, Italy
	Silver Retreat Star		Gulika 10:29AM – 12:17PM	Shravana Until 8:32AM	Ganesha: Yellow	Sunrise: 5:06AM	Sun 29 Sutra 107
	Makara Rasi: 21.43	Tithi 16 – 17	Yama 6:54AM – 8:41AM	Ayushman Until 10:06AM	Muruga: Yellow	Sunset: 7:28PM	Sobhana 5125
	Creative Work	Siddha Yoga	492416572 Rahu 12:17PM – 2:05PM	Taitila Until 1:48AM Thu	Nataraja: Yellow		Moon 7 - Phase 15 - Prathama
			Prathama* Until 3:42PM	Moon – Purple		Devaloka Day	
				Sravana Adhika*Adi			
				Then Routine Work - Prabalarishta Yoga			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 6.57 Tithi 17 - 18

Creative Work Siddha Yoga

492416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy

Sun 1 Sutra 108

Sobhana 5125

Moon 8 - Phase 16 - 1

1st Phase

Gulika 8:42AM - 10:29AM

Yama 5:07AM - 6:54AM

Rahu 2:04PM - 3:52PM

Shatabhishak Until 2:37AM Fri

Sobhana Until 1:50AM Fri

Vanija Until 10:08PM

Dvitiya Until 11:55AM

Ganesha: Yellow Sunrise: 5:07AM

Muruga: Yellow Sunset: 7:27PM

Nataraja: Yellow

Moon - Purple

Sravana Adhika*Adi

Devaloka Day

1

Friday, August 4, 2023

Kumbha Rasi: 22.01 Tithi 18 - 19

Creative Work Siddha Yoga

412416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Rome, Italy

Sun 2 Sutra 109

Sobhana 5125

Moon 8 - Phase 16 - 2

1st Phase

Gulika 6:55AM - 8:42AM

Yama 3:51PM - 5:38PM

Rahu 10:29AM - 12:17PM

Purvaproshtapada* Until 12:21AM Sat

Athiganda* Until 10:04PM

Bava Until 6:48PM

Tritiya Until 8:24AM

Ganesha: Clear Sunrise: 5:08AM

Muruga: Yellow Sunset: 7:25PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika*Adi

Devaloka Day

2

Saturday, August 5, 2023

Meena Rasi: 6.46 Tithi 20

Creative Work Siddha Yoga

Until 10:28PM

Then Routine Work - Prabararishta Yoga

412416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sun 3 Sutra 110

Sobhana 5125

Moon 8 - Phase 16 - 3

1st Phase

Gulika 5:09AM - 6:56AM

Yama 2:03PM - 3:50PM

Rahu 8:43AM - 10:30AM

Uttaraproshtapada Until 10:28PM

Sukarma Until 6:45PM

Kaulava Until 3:57PM

Panchami Until 2:44AM Sun

Ganesha: Clear Sunrise: 5:09AM

Muruga: Yellow Sunset: 7:24PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika*Adi

Devaloka Day

3

Sunday, August 6, 2023

Meena Rasi: 21.07 Tithi 21

Creative Work Amrita Yoga

Until 9:05PM

Then Creative Work - Siddha Yoga

413416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy

Sun 4 Sutra 111

Sobhana 5125

Moon 8 - Phase 16 - 4

1st Phase

Gulika 3:50PM - 5:36PM

Yama 12:16PM - 2:03PM

Rahu 5:36PM - 7:23PM

Revati Until 9:05PM

Dhriti Until 3:58PM

Gara Until 1:44PM

Shashthi* Until 12:52AM Mon

Ganesha: White Sunrise: 5:10AM

Muruga: Yellow Sunset: 7:23PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika*Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Monday, August 7, 2023

Mesha Rasi: 5.01 Tithi 22

Family Home Evening

Creative Work Siddha Yoga

423416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy

Sun 5 Sutra 112

Sobhana 5125

Moon 8 - Phase 16 - 5

1st Phase

Gulika 2:03PM - 3:49PM

Yama 10:30AM - 12:16PM

Rahu 6:57AM - 8:44AM

Ashvini Until 8:44PM

Shula* Until 1:44PM

Visti Until 12:13PM

Saptami Until 11:43PM

Ganesha: Clear Sunrise: 5:11AM

Muruga: Yellow Sunset: 7:22PM

Nataraja: Yellow

Moon - White

Sravana Adhika*Adi

Devaloka Day

D

Tuesday, August 8, 2023

Retreat Star

Mesha Rasi: 18.28 Tithi 23

Creative Work Siddha Yoga

423416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy

Sun 6 Sutra 113

Sobhana 5125

Moon 8 - Phase 16 - 6

Ashtami

Gulika 12:16PM - 2:02PM

Yama 8:44AM - 10:30AM

Rahu 3:48PM - 5:34PM

Bharani Until 8:59PM

Ganda* Until 12:08PM

Balava Until 11:28AM

Ashtami* Until 11:21PM

Ganesha: Clear Sunrise: 5:12AM

Muruga: Yellow Sunset: 7:21PM

Nataraja: Yellow

Moon - White

Sravana Adhika*Adi

Devaloka Day

Wednesday, August 9, 2023

Retreat Star

Vrishabha Rasi: 1.31 Tithi 24

Creative Work Amrita Yoga

Until 9:47PM

Then Creative Work - Siddha Yoga

423416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy

Sun 7 Sutra 114

Sobhana 5125

Moon 8 - Phase 16 - 7

Navami

Gulika 10:30AM - 12:16PM

Yama 6:59AM - 8:44AM

Rahu 12:16PM - 2:02PM

Krittika Until 9:47PM

Vriddhi Until 11:08AM

Taitila Until 11:27AM

Navami* Until 11:40PM

Ganesha: Clear Sunrise: 5:13AM

Muruga: Yellow Sunset: 7:19PM

Nataraja: Yellow

Moon - White

Sravana Adhika*Adi

Devaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Rome, Italy on 1/25/22

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1	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Rome, Italy
	Virshabha Rasi: 14.13	Tithi 25	Gulika 8:45AM – 10:30AM	Rohini Until 11:30PM	Ganesha: Purple	Sunrise: 5:14AM	Sun 8 Sutra 115
			Yama 5:14AM – 6:59AM	Dhruva Until 10:38AM	Muruga: Yellow	Sunset: 7:17PM	Sobhana 5125
	433416572	Rahu 2:01PM – 3:47PM	Vanija Until 12:06PM	Nataraja: Yellow	Moon – Yellow		Moon 8 - Phase 17 - 8 2nd Phase
Routine Work	Marana Yoga		Dashami Until 12:37AM Fri	Sravana Adhika*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy
	Virshabha Rasi: 26.4	Tithi 26	Gulika 7:00AM – 8:45AM	Mrigashira Until 1:33AM Sat	Ganesha: Purple	Sunrise: 5:15AM	Sun 9 Sutra 116
			Yama 3:46PM – 5:31PM	Vyaghata* Until 10:35AM	Muruga: Yellow	Sunset: 7:17PM	Sobhana 5125
	433416572	Rahu 10:31AM – 12:16PM	Bava Until 1:18PM	Nataraja: Yellow	Moon – Yellow		Moon 8 - Phase 17 - 9 2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:03AM Sat	Sravana Adhika*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy
	Mithuna Rasi: 8.55	Tithi 27	Gulika 5:16AM – 7:01AM	Ardra Until 3:47AM Sun	Ganesha: Purple	Sunrise: 5:16AM	Sun 10 Sutra 117
			Yama 2:01PM – 3:45PM	Harshana Until 10:53AM	Muruga: Yellow	Sunset: 7:15PM	Sobhana 5125
	433416572	Rahu 8:46AM – 10:31AM	Kaulava Until 2:56PM	Nataraja: Yellow	Moon – Yellow		Moon 8 - Phase 17 - 10 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:52AM Sun	Sravana Adhika*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy
	Mithuna Rasi: 21.01	Tithi 28	Gulika 3:45PM – 5:29PM	Punarvasu Until 6:36AM Mon	Ganesha: Light Blue	Sunrise: 5:17AM	Sun 11 Sutra 118
			Yama 12:15PM – 2:00PM	Vajra* Until 11:25AM	Muruga: Yellow	Sunset: 7:14PM	Sobhana 5125
	433416572	Rahu 5:29PM – 7:14PM	Gara Until 4:53PM	Nataraja: Yellow	Moon – Blue		Moon 8 - Phase 17 - 11 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:56AM Mon	Sravana Adhika*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturdashyam Titau				Rome, Italy
	Kataka Rasi: 3.01	Tithi 29	Gulika 2:00PM – 3:44PM	Punarvasu Until 6:36AM	Ganesha: Light Blue	Sunrise: 5:18AM	Sun 12 Sutra 119
			Yama 10:31AM – 12:15PM	Siddhi Until 12:08PM	Muruga: Yellow	Sunset: 7:12PM	Sobhana 5125
	433416572	Rahu 7:02AM – 8:47AM	Visti Until 7:04PM	Nataraja: Yellow	Moon – Blue		Moon 8 - Phase 17 - 12 2nd Phase
Family Home Evening	Amrita Yoga		Chaturdashi* Until 8:12AM Tue	Sravana Adhika*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 6:36AM	Then Creative Work - Siddha Yoga						

	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy
	Retreat Star		Gulika 12:15PM – 1:59PM	Pushya Until 9:26AM	Ganesha: Light Blue	Sunrise: 5:19AM	Sun 13 Sutra 120
	Kataka Rasi: 14.57	Tithi 29 – 30	Yama 8:47AM – 10:31AM	Vyatipata* Until 1:01PM	Muruga: Yellow	Sunset: 7:11PM	Sobhana 5125
	433416572	Rahu 3:43PM – 5:27PM	Catuspada Until 9:24PM	Nataraja: Yellow	Moon – Blue		Moon 8 - Phase 17 - 13 Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:12AM	Sravana Adhika*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Varyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rome, Italy
	Retreat Star		Gulika 10:31AM – 12:15PM	Ashlesha* Until 12:14PM	Ganesha: Orange	Sunrise: 5:20AM	Sun 14 Sutra 121
	Kataka Rasi: 26.5	Tithi 30 – 1	Yama 7:04AM – 8:47AM	Varyan Until 1:56PM	Muruga: Yellow	Sunset: 7:10PM	Sobhana 5125
	433516572	Rahu 12:15PM – 1:59PM	Kintughna Until 11:50PM	Nataraja: Yellow	Moon – Blue		Moon 8 - Phase 17 - 14 Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:35AM	Sravana*Adi		Devaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rome, Italy
	Simha Rasi: 8.41	Tithi 1 – 2	Gulika 8:48AM – 10:31AM	Magha* Until 3:24PM	Ganesha: Clear	Sunrise: 5:21AM	Sun 15 Sutra 122
			Yama 5:21AM – 7:04AM	Parigha* Until 2:55PM	Muruga: Yellow	Sunset: 7:08PM	Sobhana 5125
		453516572	Rahu 1:58PM – 3:41PM	Balava Until 2:17AM Fri	Nataraja: Yellow		Moon 8 - Phase 18 - 15 3rd Phase
Creative Work Amrita Yoga		Prathama* Until 1:03PM		Sravana*Avani		Devaloka Day	
Until 3:24PM							
Then Creative Work - Siddha Yoga							

2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy
	Simha Rasi: 20.32	Tithi 2 – 3	Gulika 7:05AM – 8:48AM	Purvaphalguni Until 6:23PM	Ganesha: Orange	Sunrise: 5:22AM	Sun 16 Sutra 123
			Yama 3:41PM – 5:24PM	Shiva Until 3:54PM	Muruga: Yellow	Sunset: 7:07PM	Sobhana 5125
		553516572	Rahu 10:31AM – 12:14PM	Taitila Until 4:41AM Sat	Nataraja: Yellow		Moon 8 - Phase 18 - 16 3rd Phase
Creative Work Siddha Yoga		Dvitiya Until 3:29PM		Sravana*Avani		Devaloka Day	

3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy
	Kanya Rasi: 2.25	Tithi 3 – 4	Gulika 5:23AM – 7:06AM	Uttaraphalguni Until 9:05PM	Ganesha: Orange	Sunrise: 5:23AM	Sun 17 Sutra 124
			Yama 1:57PM – 3:40PM	Siddha Until 4:45PM	Muruga: Yellow	Sunset: 7:05PM	Sobhana 5125
		553516572	Rahu 8:49AM – 10:31AM	Vanija Until 6:54AM Sun	Nataraja: Yellow		Moon 8 - Phase 18 - 17 3rd Phase
Routine Work Marana Yoga		Tritiya Until 5:48PM		Sravana*Avani		Devaloka Day	

4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy
	Kanya Rasi: 14.22	Tithi 4	Gulika 3:39PM – 5:21PM	Hasta Until 11:51PM	Ganesha: Clear	Sunrise: 5:24AM	Sun 18 Sutra 125
			Yama 12:14PM – 1:56PM	Sadhya Until 5:26PM	Muruga: Yellow	Sunset: 7:04PM	Sobhana 5125
		563516572	Rahu 5:21PM – 7:04PM	Vanija Until 6:54AM	Nataraja: Yellow		Moon 8 - Phase 18 - 18 3rd Phase
Creative Work Amrita Yoga		Chaturthi* Until 7:52PM		Sravana*Avani		Devaloka Day	
Until 11:51PM							
Then Creative Work - Siddha Yoga							

5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy
	Kanya Rasi: 26.26	Tithi 5	Gulika 1:56PM – 3:38PM	Chitra Until 2:02AM Tue	Ganesha: Purple	Sunrise: 5:25AM	Sun 19 Sutra 126
	Family Home Evening		Yama 10:32AM – 12:14PM	Subha Until 5:50PM	Muruga: Yellow	Sunset: 7:02PM	Sobhana 5125
		564516572	Rahu 7:07AM – 8:49AM	Bava Until 8:47AM	Nataraja: Yellow		Moon 8 - Phase 18 - 19 3rd Phase
Routine Work Prabalarishta Yoga		Nag Panchami		Sravana*Avani		Bhuloka Day	
Until 2:02AM Tue		Panchami Until 9:31PM		Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Siddha Yoga							

6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Rome, Italy
	Tula Rasi: 8.42	Tithi 6	Gulika 12:13PM – 1:55PM	Svati Until 3:29AM Wed	Ganesha: Purple	Sunrise: 5:26AM	Sun 20 Sutra 127
			Yama 8:50AM – 10:32AM	Sukla Until 5:48PM	Muruga: Yellow	Sunset: 7:01PM	Sobhana 5125
		564516572	Rahu 3:37PM – 5:19PM	Kaulava Until 10:11AM	Nataraja: Yellow		Moon 8 - Phase 18 - 20 3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 10:38PM		Sravana*Avani		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM			

7	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy
	Retreat Star		Gulika 10:32AM – 12:13PM	Vishakha Until 4:34AM Thu	Ganesha: Clear	Sunrise: 5:27AM	Sun 21 Sutra 128
	Tula Rasi: 21.14	Tithi 7	Yama 7:09AM – 8:50AM	Brahma Until 5:14PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125
		574516572	Rahu 12:13PM – 1:55PM	Gara Until 10:57AM	Nataraja: Yellow		Moon 8 - Phase 18 - 21 3rd Phase
Creative Work Siddha Yoga		Saptami Until 11:02PM		Sravana*Avani		Devaloka Day	

8	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy
	Retreat Star		Gulika 8:51AM – 10:32AM	Anuradha Until 4:42AM Fri	Ganesha: Clear	Sunrise: 5:28AM	Sun 22 Sutra 129
	Vrischika Rasi: 4.06	Tithi 8	Yama 5:28AM – 7:09AM	Indra Until 4:06PM	Muruga: Yellow	Sunset: 6:58PM	Sobhana 5125
		574516572	Rahu 1:54PM – 3:35PM	Visti Until 10:58AM	Nataraja: Yellow		Moon 8 - Phase 18 - 22 Ashtami
Creative Work Siddha Yoga		Ashtami* Until 10:40PM		Sravana*Avani		Devaloka Day	
Until 4:42AM Fri							
Then Routine Work - Marana Yoga							

9	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy
	Retreat Star		Gulika 7:10AM – 8:51AM	Jyeshtha* Until 3:55AM Sat	Ganesha: Clear	Sunrise: 5:29AM	Sun 23 Sutra 130
	Vrischika Rasi: 17.23	Tithi 9	Yama 3:34PM – 5:15PM	Vaidhriti* Until 2:17PM	Muruga: Yellow	Sunset: 6:56PM	Sobhana 5125
		574516572	Rahu 10:32AM – 12:13PM	Balava Until 10:12AM	Nataraja: Yellow		Moon 8 - Phase 18 - 23 Navami
Routine Work Marana Yoga		Navami* Until 9:30PM		Sravana*Avani		Devaloka Day	
Until 3:55AM Sat		Varalakshmi Vratam					
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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1

Saturday, August 26, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau

Rome, Italy
Sun 24
Sutra 131
Sobhana 5125

Dhanus Rasi: 1.07 Tithi 10

Gulika 5:30AM – 7:11AM
Yama 1:53PM – 3:33PM
584516572 **Rahu** 8:51AM – 10:32AM

Mula* Until 2:41AM Sun
Vishkambha* Until 11:52AM
Taitila Until 8:39AM
Dashami Until 7:34PM

Ganesha: White *Sunrise:* 5:30AM
Muruga: Yellow *Sunset:* 6:55PM
Nataraja: Yellow
Moon – Light Blue
Sravana*Avani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, August 27, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau

Rome, Italy
Sun 25
Sutra 132
Sobhana 5125

Dhanus Rasi: 15.19 Tithi 11 – 12

584516572 **Gulika** 3:33PM – 5:13PM
Yama 12:12PM – 1:52PM
Rahu 5:13PM – 6:53PM

Purvashadha* Until 12:40AM Mon
Priti Until 8:52AM
Vanija Until 6:22AM
Ekadashi Until 4:58PM

Ganesha: White *Sunrise:* 5:31AM
Muruga: Yellow *Sunset:* 6:53PM
Nataraja: Yellow
Moon – Light Blue
Sravana*Avani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 12:40AM Mon

Then Routine Work - Marana Yoga

3

Monday, August 28, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Rome, Italy
Sun 26
Sutra 133
Sobhana 5125

Dhanus Rasi: 29.56 Tithi 12 – 13

584516573 **Gulika** 1:52PM – 3:32PM
Yama 10:32AM – 12:12PM
Rahu 7:12AM – 8:52AM

Uttarashadha Until 10:02PM
Saubhagya Until 1:28AM Tue
Kaulava Until 12:07AM Tue
Dvadashi Until 1:49PM

Ganesha: White *Sunrise:* 5:32AM
Muruga: Yellow *Sunset:* 6:51PM
Nataraja: White
Moon – Light Blue
Sravana*Avani

Devaloka Day

Routine Work Marana Yoga

Until 10:02PM

Then Creative Work - Amrita Yoga

Pradosha Vrata

4

Tuesday, August 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Rome, Italy
Sun 27
Sutra 134
Sobhana 5125

Makara Rasi: 14.55 Tithi 13 – 14

584516573 **Gulika** 12:12PM – 1:51PM
Yama 8:52AM – 10:32AM
Rahu 3:31PM – 5:10PM

Chidambaram Abhishekam

Shravana Until 7:19PM
Sobhana Until 9:20PM
Gara Until 8:26PM
Trayodashi Until 10:17AM

Ganesha: Yellow *Sunrise:* 5:33AM
Muruga: Yellow *Sunset:* 6:50PM
Nataraja: White
Moon – Purple
Sravana*Avani

Sivaloka Day

Creative Work Siddha Yoga



Wednesday, August 30, 2023

Copper Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau

Rome, Italy
Sutra 135
Sobhana 5125

Kumbha Rasi: 0.06 Tithi 14 – 15

584516573 **Gulika** 10:32AM – 12:11PM
Yama 7:14AM – 8:53AM
Rahu 12:11PM – 1:50PM

Avani Avittam

Dhanishtha Until 4:19PM
Athiganda* Until 5:04PM
Bava Until 2:40AM Thu
Chaturdashi* Until 6:30AM

Ganesha: Yellow *Sunrise:* 5:34AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: White
Moon – Purple
Sravana*Avani

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

Thursday, August 31, 2023

Silver Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau

Rome, Italy
Sutra 136
Sobhana 5125

Kumbha Rasi: 15.21 Tithi 16

584516573 **Gulika** 8:53AM – 10:32AM
Yama 5:35AM – 7:14AM
Rahu 1:50PM – 3:29PM

Shatabhishak Until 1:11PM
Sukarma Until 12:49PM
Balava Until 12:47PM
Prathama* Until 10:55PM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruga: Yellow *Sunset:* 6:46PM
Nataraja: White
Moon – Purple
Sravana*Avani

Sivaloka Day

Creative Work Siddha Yoga



Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy

Sun 1 Sutra 137

Sobhana 5125

Meena Rasi: 0.29 Tithi 17

514516573

Gulika 7:15AM – 8:53AM
Yama 3:28PM – 5:06PM
Rahu 10:32AM – 12:11PM

Purvaproshtapada* Until 10:31AM
Dhriti Until 8:44AM
Taitila Until 9:10AM
Dvitiya Until 7:27PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Clear

Sunrise: 5:36AM
Sunset: 6:45PM

Moon 9 - Phase 20 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Sravana*Avani

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Rome, Italy

Sun 2 Sutra 138

Sobhana 5125

Meena Rasi: 15.23 Tithi 18 – 19

515516573

Gulika 5:37AM – 7:16AM
Yama 1:48PM – 3:27PM
Rahu 8:54AM – 10:32AM

Uttaraproshtapada Until 8:05AM
Ganda* Until 1:33AM Sun
Bava Until 3:07AM Sun
Tritiya Until 4:25PM

Ganesha: Red
Muruga: Yellow
Nataraja: White
Moon – Clear

Sunrise: 5:37AM
Sunset: 6:43PM

Moon 9 - Phase 20 - 2
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 8:05AM

Sravana*Avani

Then Routine Work - Prabararishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy

Sun 3 Sutra 139

Sobhana 5125

Meena Rasi: 29.53 Tithi 19 – 20

515516573

Gulika 3:26PM – 5:04PM
Yama 12:10PM – 1:48PM
Rahu 5:04PM – 6:41PM

Revati Until 6:02AM
Vriddhi Until 10:42PM
Kaulava Until 1:00AM Mon
Chaturthi* Until 1:57PM

Ganesha: Red
Muruga: Yellow
Nataraja: White
Moon – Clear

Sunrise: 5:38AM
Sunset: 6:41PM

Moon 9 - Phase 20 - 3
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 6:02AM

Sravana*Avani

Then Creative Work - Siddha Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Rome, Italy

Sun 4 Sutra 140

Sobhana 5125

Mesha Rasi: 13.56 Tithi 20 – 21

525516573

Family Home Evening

Gulika 1:47PM – 3:25PM
Yama 10:32AM – 12:10PM
Rahu 7:17AM – 8:55AM

Bharani Until 4:28AM Tue
Dhruva Until 8:26PM
Gara Until 11:39PM
Panchami Until 12:12PM

Ganesha: Green
Muruga: Yellow
Nataraja: White
Moon – White

Sunrise: 5:39AM
Sunset: 6:40PM

Moon 9 - Phase 20 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Sravana*Avani

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sun 5 Sutra 141

Sobhana 5125

Mesha Rasi: 27.31 Tithi 21 – 22

525516573

Gulika 12:09PM – 1:47PM
Yama 8:55AM – 10:32AM
Rahu 3:24PM – 5:01PM

Krittika Until 4:38AM Wed
Vyaghata* Until 6:50PM
Visti Until 11:06PM
Shashthi* Until 11:15AM

Ganesha: Green
Muruga: Yellow
Nataraja: White
Moon – White

Sunrise: 5:40AM
Sunset: 6:38PM

Moon 9 - Phase 20 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Sravana*Avani

D

Wednesday, September 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sun 6 Sutra 142

Sobhana 5125

Vrishabha Rasi: 10.38 Tithi 22 – 23

535516573

Gulika 10:32AM – 12:09PM
Yama 7:18AM – 8:55AM
Rahu 12:09PM – 1:46PM

Rohini Until 5:54AM Thu
Harshana Until 5:54PM
Balava Until 11:22PM
Saptami Until 11:07AM

Ganesha: Orange
Muruga: Yellow
Nataraja: White
Moon – Yellow

Sunrise: 5:41AM
Sunset: 6:36PM

Moon 9 - Phase 20 - 6
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Until 5:54AM Thu

Sravana*Avani

Then Routine Work - Marana Yoga

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy

Sun 7 Sutra 143

Sobhana 5125

Vrishabha Rasi: 23.23 Tithi 23 – 24

535516573

Gulika 8:56AM – 10:32AM
Yama 5:42AM – 7:19AM
Rahu 1:45PM – 3:22PM

Mrigashira Until 7:40AM Fri
Vajra* Until 5:30PM
Taitila Until 12:21AM Fri
Ashtami* Until 11:45AM

Ganesha: Orange
Muruga: Yellow
Nataraja: White
Moon – Yellow

Sunrise: 5:42AM
Sunset: 6:35PM

Moon 9 - Phase 20 - 7
Navami

Routine Work Marana Yoga

Sivaloka Day

Until 7:40AM Fri

Sravana*Avani

Then Creative Work - Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rome, Italy
	Mithuna Rasi: 5.48	Tithi 24 – 25	Gulika 7:20AM – 8:56AM	Mrigashira Until 7:40AM	Ganesha: Orange	Sunrise: 5:43AM	Sun 8 Sutra 144
			Yama 3:21PM – 4:57PM	Siddhi Until 5:37PM	Muruga: Yellow	Sunset: 6:33PM	Sobhana 5125
	535516573	Rahu 10:32AM – 12:08PM		Vanija Until 1:55AM Sat	Nataraja: White		Moon 9 - Phase 21 - 8
Creative Work	Siddha Yoga		Navami* Until 1:03PM	Moon – Yellow		2nd Phase	
				Sravana*Avani		Sivaloka Day	


2	Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy
	Mithuna Rasi: 18	Tithi 25 – 26	Gulika 5:44AM – 7:20AM	Ardra Until 9:47AM	Ganesha: Orange	Sunrise: 5:44AM	Sun 9 Sutra 145
			Yama 1:44PM – 3:20PM	Vyatipata* Until 6:06PM	Muruga: Yellow	Sunset: 6:31PM	Sobhana 5125
	535516573	Rahu 8:56AM – 10:32AM		Bava Until 3:55AM Sun	Nataraja: White		Moon 9 - Phase 21 - 9
Creative Work	Siddha Yoga		Dashami Until 2:51PM	Moon – Yellow		2nd Phase	
				Sravana*Avani		Sivaloka Day	

3	Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Kataka Rasi: 0.02	Tithi 26 – 27	Gulika 3:19PM – 4:54PM	Punarvasu Until 12:37PM	Ganesha: Purple	Sunrise: 5:45AM	Sun 10 Sutra 146
			Yama 12:08PM – 1:43PM	Variyan Until 6:48PM	Muruga: Yellow	Sunset: 6:30PM	Sobhana 5125
	545616573	Rahu 4:54PM – 6:30PM		Kaulava Until 6:11AM Mon	Nataraja: White		Moon 9 - Phase 21 - 10
Creative Work	Siddha Yoga		Ekadashi* Until 5:00PM	Moon – Blue		2nd Phase	
		Grandparent's Day		Sravana*Avani		Devaloka Day	

4	Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy
	Kataka Rasi: 11.58	Tithi 27	Gulika 1:42PM – 3:18PM	Pushya Until 3:29PM	Ganesha: Light Blue	Sunrise: 5:47AM	Sun 11 Sutra 147
			Yama 10:32AM – 12:07PM	Parigha* Until 7:41PM	Muruga: Yellow	Sunset: 6:28PM	Sobhana 5125
	546616573	Rahu 7:22AM – 8:57AM		Kaulava Until 6:11AM	Nataraja: White		Moon 9 - Phase 21 - 11
Family Home Evening			Dvadashi* Until 7:22PM	Moon – Blue		2nd Phase	
Creative Work	Siddha Yoga			Sravana*Avani		Devaloka Day	

5	Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy
	Kataka Rasi: 23.5	Tithi 28	Gulika 12:07PM – 1:42PM	Ashlesha* Until 6:18PM	Ganesha: Light Blue	Sunrise: 5:48AM	Sun 12 Sutra 148
			Yama 8:57AM – 10:32AM	Shiva Until 8:38PM	Muruga: Yellow	Sunset: 6:26PM	Sobhana 5125
	546616573	Rahu 3:17PM – 4:51PM		Gara Until 8:37AM	Nataraja: White		Moon 9 - Phase 21 - 12
Creative Work	Siddha Yoga		Trayodashi* Until 9:49PM	Moon – Blue		2nd Phase	
				Sravana*Avani		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

6	Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy
	Simha Rasi: 5.41	Tithi 29	Gulika 10:32AM – 12:07PM	Magha* Until 9:26PM	Ganesha: Purple	Sunrise: 5:49AM	Sun 13 Sutra 149
			Yama 7:23AM – 8:58AM	Siddha Until 9:33PM	Muruga: Yellow	Sunset: 6:25PM	Sobhana 5125
	556616573	Rahu 12:07PM – 1:41PM		Visti Until 11:04AM	Nataraja: White		Moon 9 - Phase 21 - 13
Creative Work	Siddha Yoga		Chaturdashi* Until 12:16AM Thu	Moon – Red		2nd Phase	
Until 9:26PM				Sravana*Avani		Devaloka Day	
Then Creative Work - Amrita Yoga							

	Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy
	Retreat Star		Gulika 8:58AM – 10:32AM	Purvaphalguni Until 12:20AM Fri	Ganesha: Purple	Sunrise: 5:50AM	Sun 14 Sutra 150
	Simha Rasi: 17.34	Tithi 30	Yama 5:50AM – 7:24AM	Sadhya Until 10:24PM	Muruga: Yellow	Sunset: 6:23PM	Sobhana 5125
	556616573	Rahu 1:40PM – 3:14PM		Catuspada Until 1:28PM	Nataraja: White		Moon 9 - Phase 21 - 14
Creative Work	Siddha Yoga		Amavasya* Until 2:36AM Fri	Moon – Red		Amavasya	
				Sravana*Avani		Devaloka Day	

Retreat Star	Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy
	Retreat Star		Gulika 7:24AM – 8:58AM	Uttaraphalguni Until 2:53AM Sat	Ganesha: Purple	Sunrise: 5:51AM	Sun 15 Sutra 151
	Simha Rasi: 29.29	Tithi 1	Yama 3:13PM – 4:47PM	Subha Until 11:09PM	Muruga: White	Sunset: 6:21PM	Sobhana 5125
	556626573	Rahu 10:32AM – 12:06PM		Kintughna Until 3:44PM	Nataraja: White		Moon 9 - Phase 21 - 15
Creative Work	Siddha Yoga		Prathama* Until 4:45AM Sat	Moon – Red		Prathama	
Until 2:53AM Sat				Bhadrapada*Avani		Sivaloka Day	
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy
	Kanya Rasi: 11.28	Tithi 2	Gulika 5:52AM – 7:25AM	Hasta Until 5:30AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:52AM	Sun 16	Sutra 152
	566626573	Rahu	Yama 1:39PM – 3:12PM	Sukla Until 11:39PM	Muruga: White <i>Sunset:</i> 6:19PM	Moon 9 - Phase 22 - 16	Sobhana 5125
Routine Work Marana Yoga			Rahu 8:59AM – 10:32AM	Balava Until 5:46PM	Nataraja: White		3rd Phase
Until 5:30AM Sun				Dvitiya Until 6:38AM Sun	Moon – Green	Sivaloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		

2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy
	Kanya Rasi: 23.34	Tithi 2 – 3	Gulika 3:11PM – 4:44PM	Chitra Until 7:37AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:53AM	Sun 17	Sutra 153
	566626573	Rahu	Yama 12:05PM – 1:38PM	Brahma Until 11:56PM	Muruga: White <i>Sunset:</i> 6:18PM	Moon 9 - Phase 22 - 17	Sobhana 5125
Creative Work Siddha Yoga			Rahu 4:44PM – 6:18PM	Taitila Until 7:28PM	Nataraja: White		3rd Phase
Until 7:37AM Mon				Dvitiya Until 6:38AM	Moon – Green	Sivaloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada*Puratasi		

3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy
	Tula Rasi: 5.5	Tithi 3 – 4	Gulika 1:38PM – 3:10PM	Chitra Until 7:37AM	Ganesha: Light Blue <i>Sunrise:</i> 5:54AM	Sun 18	Sutra 154
	566626573	Rahu	Yama 10:32AM – 12:05PM	Indra Until 11:53PM	Muruga: White <i>Sunset:</i> 6:16PM	Moon 9 - Phase 22 - 18	Sobhana 5125
Family Home Evening			Rahu 7:26AM – 8:59AM	Vanija Until 8:47PM	Nataraja: White		3rd Phase
Routine Work Prabalarishta Yoga				Tritiya Until 8:09AM	Moon – Green	Sivaloka Day	
Until 7:37AM			Ganesha Chaturthi		Bhadrapada*Puratasi		
Then Creative Work - Amrita Yoga							

4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy
	Tula Rasi: 18.16	Tithi 4 – 5	Gulika 12:04PM – 1:37PM	Svati Until 9:08AM	Ganesha: Purple <i>Sunrise:</i> 5:55AM	Sun 19	Sutra 155
	567626573	Rahu	Yama 9:00AM – 10:32AM	Vaidhriti* Until 11:26PM	Muruga: White <i>Sunset:</i> 6:14PM	Moon 9 - Phase 22 - 19	Sobhana 5125
Creative Work Siddha Yoga			Rahu 3:09PM – 4:42PM	Bava Until 9:36PM	Nataraja: White		3rd Phase
Until 9:08AM				Chaturthi* Until 9:14AM	Moon – Green	Sivaloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Puratasi		

5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy
	Vrischika Rasi: 0.56	Tithi 5 – 6	Gulika 10:32AM – 12:04PM	Vishakha Until 10:28AM	Ganesha: Clear <i>Sunrise:</i> 5:56AM	Sun 20	Sutra 156
	577626573	Rahu	Yama 7:28AM – 9:00AM	Vishkambha* Until 10:34PM	Muruga: White <i>Sunset:</i> 6:12PM	Moon 9 - Phase 22 - 20	Sobhana 5125
Creative Work Siddha Yoga			Rahu 12:04PM – 1:36PM	Kaulava Until 9:52PM	Nataraja: White		3rd Phase
				Panchami Until 9:47AM	Moon – Orange	Subha Sivaloka Day	
					Bhadrapada*Puratasi		

6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy
	Vrischika Rasi: 13.53	Tithi 6 – 7	Gulika 9:00AM – 10:32AM	Anuradha Until 11:04AM	Ganesha: Clear <i>Sunrise:</i> 5:57AM	Sun 21	Sutra 157
	577626573	Rahu	Yama 5:57AM – 7:28AM	Priti Until 9:13PM	Muruga: White <i>Sunset:</i> 6:11PM	Moon 9 - Phase 22 - 21	Sobhana 5125
Creative Work Siddha Yoga			Rahu 1:35PM – 3:07PM	Gara Until 9:31PM	Nataraja: White		3rd Phase
Until 11:04AM				Shashthi* Until 9:45AM	Moon – Orange	Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga					Bhadrapada*Puratasi		

☾	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy
	Retreat Star		Gulika 7:29AM – 9:01AM	Jyeshtha* Until 10:54AM	Ganesha: Clear <i>Sunrise:</i> 5:58AM	Sun 22	Sutra 158
	Vrischika Rasi: 27.09	Tithi 7 – 8	Yama 3:06PM – 4:38PM	Ayushman Until 7:20PM	Muruga: White <i>Sunset:</i> 6:09PM	Moon 9 - Phase 22 - 22	Sobhana 5125
Routine Work Marana Yoga			Rahu 10:32AM – 12:03PM	Visti Until 8:32PM	Nataraja: White		Ashtami
Until 10:54AM				Saptami Until 9:05AM	Moon – Orange	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada*Puratasi		


☽	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy
	Retreat Star		Gulika 5:59AM – 7:30AM	Mula* Until 10:24AM	Ganesha: White <i>Sunrise:</i> 5:59AM	Sun 23	Sutra 159
	Dhanus Rasi: 10.47	Tithi 8 – 9	Yama 1:34PM – 3:05PM	Saubhagya Until 4:58PM	Muruga: White <i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 23	Sobhana 5125
Creative Work Siddha Yoga			Rahu 9:01AM – 10:32AM	Balava Until 6:55PM	Nataraja: White		Navami
				Ashtami* Until 7:47AM	Moon – Light Blue	Sivaloka Day	
					Bhadrapada*Puratasi		

1	Sunday, September 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy
	Dhanus Rasi: 24.47	Tithi 10	Gulika 3:04PM – 4:35PM	Purvashadha* Until 9:10AM	Ganesha: White	Sunrise: 6:00AM	Sun 24 Sutra 160
587626573	Rahu 4:35PM – 6:05PM	Sobhana Until 2:08PM	Muruga: White	Sunset: 6:05PM	Moon 9 - Phase 23 - 24	Sobhana 5125	
Creative Work Siddha Yoga		Taitila Until 4:44PM	Nataraja: White		4th Phase		
Until 9:10AM		Dashami Until 3:25AM Mon	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga			Bhadrapada*Puratasi				

2	Monday, September 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy
	Makara Rasi: 9.09	Tithi 11	Gulika 1:33PM – 3:03PM	Uttarashadha Until 7:15AM	Ganesha: Clear	Sunrise: 6:01AM	Sun 25 Sutra 161
588626573	Rahu 7:31AM – 9:02AM	Athiganda* Until 10:51AM	Muruga: White	Sunset: 6:04PM	Moon 9 - Phase 23 - 25	Sobhana 5125	
Family Home Evening		Vanija Until 2:02PM	Nataraja: White		4th Phase		
Routine Work Marana Yoga		Ekadashi Until 12:31AM Tue	Moon – Light Blue		Subha Sivaloka Day		
Until 7:15AM			Bhadrapada*Puratasi				
Then Creative Work - Amrita Yoga							

3	Tuesday, September 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy
	Makara Rasi: 23.49	Tithi 12	Gulika 12:02PM – 1:32PM	Dhanishtha Until 2:41AM Wed	Ganesha: White	Sunrise: 6:02AM	Sun 26 Sutra 162
598626573	Rahu 3:02PM – 4:32PM	Sukarma Until 7:15AM	Muruga: White	Sunset: 6:02PM	Moon 9 - Phase 23 - 26	Sobhana 5125	
Creative Work Siddha Yoga		Bava Until 10:57AM	Nataraja: White		4th Phase		
		Dvadashi Until 9:17PM	Moon – Purple		Subha Subha Sivaloka Day		
			Bhadrapada*Puratasi				

4	Wednesday, September 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Kumbha Rasi: 8.43	Tithi 13 – 14	Gulika 10:32AM – 12:02PM	Shatabhishak Until 11:53PM	Ganesha: White	Sunrise: 6:03AM	Sun 27 Sutra 163
598626573	Rahu 12:02PM – 1:31PM	Shula* Until 11:25PM	Muruga: White	Sunset: 6:00PM	Moon 9 - Phase 23 - 27	Sobhana 5125	
Creative Work Siddha Yoga		Kaulava Until 7:36AM	Nataraja: White		4th Phase		
Until 11:53PM		Trayodashi Until 5:51PM	Moon – Purple		Subha Subha Sivaloka Day		
Then Creative Work - Amrita Yoga			Bhadrapada*Puratasi				
		Chidambaram Abhishekam					
		Kadaitswami Mahasamadhi	Pradosha Vrata				

	Thursday, September 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy
	Kumbha Rasi: 23.44	Tithi 14 – 15	Gulika 9:03AM – 10:32AM	Purvaproshtapada* Until 9:21PM	Ganesha: Yellow	Sunrise: 6:04AM	Sun 28 Sutra 164
618626573	Rahu 1:31PM – 3:00PM	Ganda* Until 7:26PM	Muruga: White	Sunset: 5:59PM	Moon 9 - Phase 23 - Purnima	Sobhana 5125	
Creative Work Siddha Yoga		Visti Until 12:42AM Fri	Nataraja: White				
		Chaturdashi* Until 2:23PM	Moon – Clear		Subha Sivaloka Day		
			Bhadrapada*Puratasi				

Friday, September 29, 2023	Silver Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy
	Meena Rasi: 8.43	Tithi 15 – 16	Gulika 7:34AM – 9:03AM	Uttaraproshtapada Until 6:50PM	Ganesha: Yellow	Sunrise: 6:05AM	Sun 29 Sutra 165
618626573	Rahu 10:32AM – 12:01PM	Vriddhi Until 3:35PM	Muruga: White	Sunset: 5:57PM	Moon 9 - Phase 23 - Prathama	Sobhana 5125	
Creative Work Siddha Yoga		Balava Until 9:26PM	Nataraja: White				
		Purnima* Until 11:01AM	Moon – Clear		Subha Sivaloka Day		
			Bhadrapada*Puratasi				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Rome, Italy on 1/25/22

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Saturday, September 30, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy

Sutra 166

Sobhana 5125

Meena Rasi: 23.31 Tithi 16 - 17

Gulika

6:06AM - 7:35AM

Revati Until 4:31PM

Ganesha: Yellow

Sunrise: 6:06AM

Moon 10 - Phase 24 -

Yama

1:29PM - 2:58PM

Dhruva Until 11:57AM

Muruga: White

Sunset: 5:55PM

1st Phase

Rahu

9:03AM - 10:32AM

Taitila Until 6:32PM

Nataraja: White

Moon - Clear

Subha Sivaloka Day

Routine Work Prabalarishta Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

Bhadrapada*Puratasi

1 Sunday, October 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy

Sutra 167

Sobhana 5125

Mesha Rasi: 8.01 Tithi 18

Gulika

2:57PM - 4:25PM

Ashvini Until 2:57PM

Ganesha: White

Sunrise: 6:07AM

Moon 10 - Phase 24 - 1

Yama

12:00PM - 1:29PM

Vyaghata* Until 8:43AM

Muruga: White

Sunset: 5:53PM

1st Phase

Rahu

4:25PM - 5:53PM

Vanija Until 4:07PM

Nataraja: White

Moon - White

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:57PM

Then Routine Work - Prabalarishta Yoga

Bhadrapada*Puratasi

2 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthiyam Titau

Rome, Italy

Sutra 168

Sobhana 5125

Mesha Rasi: 22.07 Tithi 19

Gulika

1:28PM - 2:56PM

Bharani Until 1:53PM

Ganesha: Clear

Sunrise: 6:08AM

Moon 10 - Phase 24 - 2

Yama

10:32AM - 12:00PM

Vajra* Until 3:45AM Tue

Muruga: White

Sunset: 5:52PM

1st Phase

Rahu

7:36AM - 9:04AM

Bava Until 2:20PM

Nataraja: White

Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:53PM

Then Routine Work - Marana Yoga

Bhadrapada*Puratasi

3 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sutra 169

Sobhana 5125

Vrishabha Rasi: 5.47 Tithi 20

Gulika

12:00PM - 1:27PM

Krittika Until 1:23PM

Ganesha: Clear

Sunrise: 6:09AM

Moon 10 - Phase 24 - 3

Yama

9:04AM - 10:32AM

Siddhi Until 2:10AM Wed

Muruga: White

Sunset: 5:50PM

1st Phase

Rahu

2:55PM - 4:22PM

Kaulava Until 1:17PM

Nataraja: White

Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:23PM

Then Creative Work - Amrita Yoga

Bhadrapada*Puratasi

4 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Rome, Italy

Sutra 170

Sobhana 5125

Vrishabha Rasi: 19.01 Tithi 21

Gulika

10:32AM - 11:59AM

Rohini Until 1:58PM

Ganesha: Purple

Sunrise: 6:10AM

Moon 10 - Phase 24 - 4

Yama

7:38AM - 9:05AM

Vyatipata* Until 1:14AM Thu

Muruga: White

Sunset: 5:48PM

1st Phase

Rahu

11:59AM - 1:27PM

Gara Until 1:03PM

Nataraja: White

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Shashthi* Until 1:12AM Thu

Bhadrapada*Puratasi

5 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy

Sutra 171

Sobhana 5125

Mithuna Rasi: 1.51 Tithi 22

Gulika

9:05AM - 10:32AM

Mrigashira Until 3:10PM

Ganesha: Clear

Sunrise: 6:11AM

Moon 10 - Phase 24 - 5

Yama

6:11AM - 7:38AM

Variyan Until 12:52AM Fri

Muruga: White

Sunset: 5:47PM

1st Phase

Rahu

1:26PM - 2:53PM

Visti Until 1:36PM

Nataraja: White

Moon - Yellow

Subha Sivaloka Day

Routine Work Marana Yoga

Saptami Until 2:07AM Fri

Bhadrapada*Puratasi

Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy

Sutra 172

Sobhana 5125

Mithuna Rasi: 14.2 Tithi 23

Gulika

7:39AM - 9:06AM

Ardra Until 4:53PM

Ganesha: Clear

Sunrise: 6:12AM

Moon 10 - Phase 24 - 6

Yama

2:52PM - 4:18PM

Parigha* Until 1:00AM Sat

Muruga: White

Sunset: 5:45PM

Ashtami

Rahu

10:32AM - 11:59AM

Balava Until 2:51PM

Nataraja: White

Moon - Yellow

Subha Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 3:42AM Sat

Bhadrapada*Puratasi

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy

Sutra 173

Sobhana 5125

Mithuna Rasi: 26.34 Tithi 24

Gulika

6:13AM - 7:40AM

Punarvasu Until 7:28PM

Ganesha: Purple

Sunrise: 6:13AM

Moon 10 - Phase 24 - 7

Yama

1:25PM - 2:51PM

Shiva Until 1:33AM Sun

Muruga: White

Sunset: 5:43PM

Navami

Rahu

9:06AM - 10:32AM

Taitila Until 4:42PM

Nataraja: White

Moon - Blue

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 5:45AM Sun

Bhadrapada*Puratasi

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Vanija Karana Dashamyam Titau				Rome, Italy Sun 8 Sutra 174 Sobhana 5125
	Kataka Rasi: 8.35	Tithi 25	Gulika 2:50PM – 4:16PM	Pushya Until 10:14PM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	
			Yama 11:58AM – 1:24PM	Siddha Until 2:19AM Mon	Muruga: White	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 25 - 8
	Creative Work	Siddha Yoga	649726574 Rahu 4:16PM – 5:42PM	Vanija Until 6:56PM	Nataraja: Clear		2nd Phase
			Dashami Until 8:07AM Mon	Subha Sivaloka Day		Bhadrapada*Puratasi	

2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 9 Sutra 175 Sobhana 5125
	Kataka Rasi: 20.3	Tithi 25 – 26	Gulika 1:23PM – 2:49PM	Ashlesha* Until 1:02AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	
	Family Home Evening		Yama 10:32AM – 11:58AM	Sadhya Until 3:13AM Tue	Muruga: White	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 25 - 9
	Creative Work	Siddha Yoga	641726574 Rahu 7:41AM – 9:07AM	Bava Until 9:23PM	Nataraja: Clear		2nd Phase
			Dashami Until 8:07AM	Subha Sivaloka Day		Bhadrapada*Puratasi	

3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 10 Sutra 176 Sobhana 5125
	Simha Rasi: 2.22	Tithi 26 – 27	Gulika 11:58AM – 1:23PM	Magha* Until 4:11AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:17AM	
			Yama 9:07AM – 10:32AM	Subha Until 4:08AM Wed	Muruga: White	<i>Sunset:</i> 5:38PM	Moon 10 - Phase 25 - 10
	Creative Work	Siddha Yoga	651726574 Rahu 2:48PM – 4:13PM	Kaulava Until 11:53PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 10:37AM	Sivaloka Day		Bhadrapada*Puratasi	

4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 11 Sutra 177 Sobhana 5125
	Simha Rasi: 14.13	Tithi 27 – 28	Gulika 10:32AM – 11:57AM	Purvaphalguni Until 7:02AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:18AM	
			Yama 7:43AM – 9:08AM	Sukla Until 4:55AM Thu	Muruga: White	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 25 - 11
	Creative Work	Amrita Yoga	651726574 Rahu 11:57AM – 1:22PM	Gara Until 2:16AM Thu	Nataraja: Clear		2nd Phase
			Dvadashi* Until 1:04PM	Sivaloka Day		Bhadrapada*Puratasi	
<i>Pradosha Vrata (Fasting)</i>							

5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 12 Sutra 178 Sobhana 5125
	Simha Rasi: 26.08	Tithi 28 – 29	Gulika 9:08AM – 10:33AM	Purvaphalguni Until 7:02AM	Ganesha: Red	<i>Sunrise:</i> 6:19AM	
			Yama 6:19AM – 7:43AM	Brahma Until 5:31AM Fri	Muruga: White	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 25 - 12
	Creative Work	Siddha Yoga	651726574 Rahu 1:22PM – 2:46PM	Visti Until 4:24AM Fri	Nataraja: Clear		2nd Phase
			Trayodashi* Until 3:21PM	Sivaloka Day		Bhadrapada*Puratasi	

6	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Rome, Italy Sun 13 Sutra 179 Sobhana 5125
	Kanya Rasi: 8.1	Tithi 29 – 30	Gulika 7:44AM – 9:08AM	Uttaraphalguni Until 9:27AM	Ganesha: Red	<i>Sunrise:</i> 6:20AM	
			Yama 2:45PM – 4:09PM	Indra Until 5:52AM Sat	Muruga: White	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 25 - 13
	Creative Work	Siddha Yoga	651726574 Rahu 10:33AM – 11:57AM	Catuspada Until 6:11AM Sat	Nataraja: Clear		2nd Phase
			Chaturdashy* Until 5:19PM	Sivaloka Day		Bhadrapada*Puratasi	

	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy Sun 14 Sutra 180 Sobhana 5125
	Retreat Star		Gulika 6:21AM – 7:45AM	Hasta Until 11:52AM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	
	Kanya Rasi: 20.2	Tithi 30	Yama 1:20PM – 2:44PM	Vaidhriti* Until 5:52AM Sun	Muruga: White	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 25 - 14
	Routine Work	Marana Yoga	661726574 Rahu 9:09AM – 10:33AM	Catuspada Until 6:11AM	Nataraja: Clear		Amavasya
			Mahalaya Amavasya (Tamil Nadu)	Amavasya* Until 6:54PM	Sivaloka Day		Bhadrapada*Puratasi

	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 15 Sutra 181 Sobhana 5125
	Retreat Star		Gulika 2:43PM – 4:07PM	Chitra Until 1:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	
	Tula Rasi: 2.4	Tithi 1	Yama 11:56AM – 1:20PM	Vishkambha* Until 5:31AM Mon	Muruga: White	<i>Sunset:</i> 5:30PM	Moon 10 - Phase 25 - 15
	Creative Work	Siddha Yoga	661726574 Rahu 4:07PM – 5:30PM	Kintughna Until 7:33AM	Nataraja: Clear		Prathama
			Navaratri Begins	Prathama* Until 8:02PM	Sivaloka Day		Ashvina*Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Monday, October 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Rome, Italy Sun 16 Sutra 182 Sobhana 5125
	Tula Rasi: 15.12 Tithi 2	Gulika 1:19PM – 2:43PM	Svati Until 2:54PM	Ganesha: Yellow <i>Sunrise:</i> 6:23AM
Family Home Evening	661726574	Yama 10:33AM – 11:56AM	Priti Until 4:50AM Tue	Muruga: White <i>Sunset:</i> 5:29PM Moon 10 - Phase 26 - 16
Creative Work Amrita Yoga		Rahu 7:47AM – 9:10AM	Balava Until 8:27AM	Nataraja: Clear Moon – Green
Until 2:54PM			Dvitiya Until 8:43PM	Sivaloka Day
Then Routine Work - Marana Yoga				Ashvina•Puratasi

2	Tuesday, October 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau		Rome, Italy Sun 17 Sutra 183 Sobhana 5125
	Tula Rasi: 27.57 Tithi 3	Gulika 11:56AM – 1:19PM	Vishakha Until 3:58PM	Ganesha: Red <i>Sunrise:</i> 6:25AM
	671726574	Yama 9:10AM – 10:33AM	Ayushman Until 3:45AM Wed	Muruga: White <i>Sunset:</i> 5:27PM Moon 10 - Phase 26 - 17
Routine Work Marana Yoga		Rahu 2:42PM – 4:05PM	Taitila Until 8:53AM	Nataraja: Clear Moon – Orange
Until 3:58PM			Tritiya Until 8:55PM	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi

3	Wednesday, October 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau		Rome, Italy Sun 18 Sutra 184 Sobhana 5125
	Vrischika Rasi: 10.56 Tithi 4	Gulika 10:33AM – 11:56AM	Anuradha Until 4:27PM	Ganesha: Red <i>Sunrise:</i> 6:26AM
	671726574	Yama 7:48AM – 9:11AM	Saubhagya Until 2:19AM Thu	Muruga: White <i>Sunset:</i> 5:26PM Moon 10 - Phase 26 - 18
Creative Work Siddha Yoga		Rahu 11:56AM – 1:18PM	Vanija Until 8:52AM	Nataraja: Clear Moon – Orange
			Chaturthi* Until 8:40PM	Sivaloka Day
				Ashvina•Aipasi

4	Thursday, October 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau		Rome, Italy Sun 19 Sutra 185 Sobhana 5125
	Vrischika Rasi: 24.08 Tithi 5	Gulika 9:11AM – 10:33AM	Jyeshtha* Until 4:20PM	Ganesha: Red <i>Sunrise:</i> 6:27AM
	671726574	Yama 6:27AM – 7:49AM	Sobhana Until 12:34AM Fri	Muruga: White <i>Sunset:</i> 5:24PM Moon 10 - Phase 26 - 19
Routine Work Prabalarishta Yoga		Rahu 1:18PM – 2:40PM	Bava Until 8:23AM	Nataraja: Clear Moon – Orange
Until 4:20PM			Panchami Until 7:58PM	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi

5	Friday, October 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Rome, Italy Sun 20 Sutra 186 Sobhana 5125
	Dhanus Rasi: 7.35 Tithi 6	Gulika 7:50AM – 9:12AM	Mula* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 6:28AM
	682726574	Yama 2:39PM – 4:01PM	Athiganda* Until 10:28PM	Muruga: White <i>Sunset:</i> 5:23PM Moon 10 - Phase 26 - 20
Creative Work Amrita Yoga		Rahu 10:34AM – 11:55AM	Kaulava Until 7:29AM	Nataraja: Clear Moon – Light Blue
Until 4:07PM			Shashthi* Until 6:52PM	Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi

6	Saturday, October 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Rome, Italy Sun 21 Sutra 187 Sobhana 5125
	Dhanus Rasi: 21.16 Tithi 7 – 8	Gulika 6:29AM – 7:51AM	Purvashadha* Until 3:21PM	Ganesha: Yellow <i>Sunrise:</i> 6:29AM
	682726574	Yama 1:17PM – 2:38PM	Sukarma Until 8:04PM	Muruga: White <i>Sunset:</i> 5:21PM Moon 10 - Phase 26 - 21
Creative Work Siddha Yoga		Rahu 9:12AM – 10:34AM	Gara Until 6:11AM	Nataraja: Clear Moon – Light Blue
Until 3:21PM			Saptami Until 5:22PM	Sivaloka Day
Then Routine Work - Marana Yoga				Ashvina•Aipasi

☾	Sunday, October 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rome, Italy Sun 22 Sutra 188 Sobhana 5125
	Retreat Star	Gulika 2:37PM – 3:59PM	Uttarashadha Until 2:05PM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM
Makara Rasi: 5.1 Tithi 8 – 9		Yama 11:55AM – 1:16PM	Dhriti Until 5:22PM	Muruga: White <i>Sunset:</i> 5:20PM Moon 10 - Phase 26 - 22
	682726574	Rahu 3:59PM – 5:20PM	Balava Until 2:27AM Mon	Nataraja: Clear Moon – Light Blue
Creative Work Amrita Yoga			Ashtami* Until 3:30PM	Sivaloka Day
		Durga Ashtami		Ashvina•Aipasi

☾	Monday, October 23, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rome, Italy Sun 23 Sutra 189 Sobhana 5125
	Retreat Star	Gulika 1:16PM – 2:37PM	Shravana Until 12:45PM	Ganesha: White <i>Sunrise:</i> 6:31AM
Makara Rasi: 19.18 Tithi 9 – 10		Yama 10:34AM – 11:55AM	Shula* Until 2:23PM	Muruga: White <i>Sunset:</i> 5:18PM Moon 10 - Phase 26 - 23
Family Home Evening	692726574	Rahu 7:52AM – 9:13AM	Taitila Until 12:06AM Tue	Nataraja: Clear Moon – Purple
Creative Work Amrita Yoga			Navami* Until 1:17PM	Devaloka Day
Until 12:45PM		Saraswathi Puja (Tamil Nadu)		Ashvina•Aipasi
Then Creative Work - Siddha Yoga				


As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy
	Kumbha Rasi: 3.38	Tithi 10 – 11	Gulika 11:55AM – 1:15PM	Dhanishtha Until 11:00AM	Ganesha: White	Sunrise: 6:33AM	Sun 24 Sutra 190
	692726574	Rahu	2:36PM – 3:56PM	Ganda* Until 11:11AM	Muruga: White	Sunset: 5:17PM	Sobhana 5125
	Creative Work Siddha Yoga			Vanija Until 9:30PM	Nataraja: Clear		Moon 10 - Phase 27 - 24 4th Phase
Until 11:00AM		Vijaya Dasami	Dashami Until 10:48AM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Ashvina•Aipasi			

2	Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Kumbha Rasi: 18.08	Tithi 11 – 12	Gulika 10:34AM – 11:55AM	Shatabhishak Until 8:55AM	Ganesha: White	Sunrise: 6:34AM	Sun 25 Sutra 191
	692726574	Rahu	11:55AM – 1:15PM	Vridhhi Until 7:50AM	Muruga: White	Sunset: 5:16PM	Sobhana 5125
	Creative Work Siddha Yoga			Bava Until 6:44PM	Nataraja: Clear		Moon 10 - Phase 27 - 25 4th Phase
Until 8:55AM			Ekadashi Until 8:07AM	Moon – Purple		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashvina•Aipasi			

3	Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
	Meena Rasi: 2.43	Tithi 13	Gulika 9:15AM – 10:35AM	Purvaproshtapada* Until 7:00AM	Ganesha: Purple	Sunrise: 6:35AM	Sun 26 Sutra 192
	612726574	Rahu	1:14PM – 2:34PM	Vyaghata* Until 12:54AM Fri	Muruga: White	Sunset: 5:14PM	Sobhana 5125
	Creative Work Siddha Yoga			Kaulava Until 3:55PM	Nataraja: Clear		Moon 10 - Phase 27 - 26 4th Phase
			Trayodashi Until 2:31AM Fri	Moon – Clear		Devaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata</i>			

4	Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy
	Meena Rasi: 17.17	Tithi 14	Gulika 7:56AM – 9:15AM	Revati Until 2:54AM Sat	Ganesha: Purple	Sunrise: 6:36AM	Sun 27 Sutra 193
	612726574	Rahu	10:35AM – 11:54AM	Harshana Until 9:32PM	Muruga: White	Sunset: 5:13PM	Sobhana 5125
	Creative Work Siddha Yoga			Gara Until 1:10PM	Nataraja: Clear		Moon 10 - Phase 27 - 27 4th Phase
			Chaturdashi* Until 11:50PM	Moon – Clear		Devaloka Day	
				Ashvina•Aipasi			

	Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti/Bava Karana Purnimayam Titau				Rome, Italy
	Copper Retreat Star		Gulika 6:37AM – 7:57AM	Ashvini Until 1:24AM Sun	Ganesha: Clear	Sunrise: 6:37AM	Sun 28 Sutra 194
	Mesha Rasi: 1.46	Tithi 15	Yama 1:14PM – 2:33PM	Vajra* Until 6:21PM	Muruga: White	Sunset: 5:11PM	Sobhana 5125
	622726574	Rahu	9:16AM – 10:35AM	Visti Until 10:36AM	Nataraja: Clear		Moon 10 - Phase 27 - Purnima
Creative Work Siddha Yoga			Purnima* Until 9:25PM	Moon – White		Sivaloka Day	
Until 1:24AM Sun				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga							

5	Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy
	Silver Retreat Star		Gulika 2:32PM – 3:51PM	Bharani Until 12:10AM Mon	Ganesha: Clear	Sunrise: 6:38AM	Sun 29 Sutra 195
	Mesha Rasi: 16.02	Tithi 16	Yama 11:54AM – 1:13PM	Siddhi Until 3:28PM	Muruga: White	Sunset: 5:10PM	Sobhana 5125
	622726574	Rahu	3:51PM – 5:10PM	Balava Until 8:21AM	Nataraja: Clear		Moon 10 - Phase 27 - Prathama
Routine Work Prabalarishta Yoga			Prathama* Until 7:23PM	Moon – White		Sivaloka Day	
Until 12:10AM Mon				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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Monday, October 30, 2023

Gold Retreat Star

Vrishabha Rasi: 0.01 Tithi 17 – 18

Family Home Evening

Routine Work Marana Yoga

Until 11:20PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Vyatipata*Variyan Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Gulika 1:13PM – 2:32PM Krittika Until 11:20PM

Yama 10:36AM – 11:54AM Vyatipata* Until 1:01PM

Rahu 7:58AM – 9:17AM Taitila Until 6:34AM

Dvitiya Until 5:52PM

Ganesha: White Sunrise: 6:40AM

Muruga: White Sunset: 5:09PM

Nataraja: Clear

Moon – White

Ashvina•Aipasi

Subha Sivaloka Day

Rome, Italy

Sun 1 Sutra 196

Sobhana 5125

Moon 11 - Phase 28 - 1

1st Phase

1

Tuesday, October 31, 2023

Vrishabha Rasi: 13.39 Tithi 18 – 19

Creative Work Amrita Yoga

Until 11:26PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 11:54AM – 1:13PM Rohini Until 11:26PM

Yama 9:18AM – 10:36AM Variyan Until 11:01AM

Rahu 2:31PM – 3:49PM Bava Until 4:51AM Wed

Tritiya Until 5:00PM

Ganesha: Yellow Sunrise: 6:41AM

Muruga: White Sunset: 5:08PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sivaloka Day

Rome, Italy

Sun 2 Sutra 197

Sobhana 5125

Moon 11 - Phase 28 - 2

1st Phase

2

Wednesday, November 1, 2023

Vrishabha Rasi: 26.55 Tithi 19 – 20

Creative Work Siddha Yoga

Until 12:06AM Thu

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:36AM – 11:54AM Mrigashira Until 12:06AM Thu

Yama 8:00AM – 9:18AM Parigha* Until 9:34AM

Rahu 11:54AM – 1:12PM Kaulava Until 5:03AM Thu

Chaturthi* Until 4:50PM

Ganesha: Yellow Sunrise: 6:42AM

Muruga: White Sunset: 5:06PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sivaloka Day

Rome, Italy

Sun 3 Sutra 198

Sobhana 5125

Moon 11 - Phase 28 - 3

1st Phase

3

Thursday, November 2, 2023

Mithuna Rasi: 9.47 Tithi 20 – 21

Routine Work Marana Yoga

Until 1:18AM Fri

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:19AM – 10:36AM Ardra Until 1:18AM Fri

Yama 6:43AM – 8:01AM Shiva Until 8:42AM

Rahu 1:12PM – 2:30PM Gara Until 5:58AM Fri

Panchami Until 5:24PM

Ganesha: White Sunrise: 6:43AM

Muruga: White Sunset: 5:05PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Devaloka Day

Rome, Italy

Sun 4 Sutra 199

Sobhana 5125

Moon 11 - Phase 28 - 4

1st Phase

4

Friday, November 3, 2023

Mithuna Rasi: 22.2 Tithi 21

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija Karana Shashthyam Titau

Gulika 8:02AM – 9:19AM Punarvasu Until 3:28AM Sat

Yama 2:29PM – 3:46PM Siddha Until 8:22AM

Rahu 10:37AM – 11:54AM Vanija Until 6:40PM

Shashthi* Until 6:40PM

Ganesha: Yellow Sunrise: 6:44AM

Muruga: White Sunset: 5:04PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Rome, Italy

Sun 5 Sutra 200

Sobhana 5125

Moon 11 - Phase 28 - 5

1st Phase

5

Saturday, November 4, 2023

Kataka Rasi: 4.37 Tithi 22

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:46AM – 8:03AM Pushya Until 5:59AM Sun

Yama 1:11PM – 2:28PM Sadhya Until 8:32AM

Rahu 9:20AM – 10:37AM Visti Until 7:33AM

Saptami Until 8:31PM

Ganesha: Yellow Sunrise: 6:46AM

Muruga: White Sunset: 5:03PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Rome, Italy

Sun 6 Sutra 201

Sobhana 5125

Moon 11 - Phase 28 - 6

1st Phase

D

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 16.4 Tithi 23

Creative Work Siddha Yoga

Until 8:40AM Mon

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:28PM – 3:45PM Ashlesha* Until 8:40AM Mon

Yama 11:54AM – 1:11PM Subha Until 9:05AM

Rahu 3:45PM – 5:01PM Balava Until 9:39AM

Ashtami* Until 10:48PM

Ganesha: Yellow Sunrise: 6:47AM

Muruga: White Sunset: 5:01PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Rome, Italy

Sun 7 Sutra 202

Sobhana 5125

Moon 11 - Phase 28 - 7

Ashtami

Monday, November 6, 2023

Retreat Star

Kataka Rasi: 28.35 Tithi 24

Family Home Evening

Creative Work Siddha Yoga

Until 8:40AM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:11PM – 2:27PM Ashlesha* Until 8:40AM

Yama 10:38AM – 11:54AM Sukla Until 9:52AM

Rahu 8:05AM – 9:21AM Taitila Until 12:04PM

Navami* Until 1:19AM Tue

Ganesha: Yellow Sunrise: 6:48AM

Muruga: White Sunset: 5:00PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Rome, Italy

Sun 8 Sutra 203

Sobhana 5125

Moon 11 - Phase 28 - 8

Navami

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau				Rome, Italy
	Simha Rasi: 10.26	Tithi 25	Gulika 11:54AM – 1:10PM	Magha* Until 11:50AM	Ganesha: Yellow	Sunrise: 6:49AM	Sun 9 Sutra 204
			Yama 9:22AM – 10:38AM	Brahma Until 10:45AM	Muruga: White	Sunset: 4:59PM	Sobhana 5125
			753826574 Rahu 2:27PM – 3:43PM	Vanija Until 2:37PM	Nataraja: Clear		Moon 11 - Phase 29 - 9
	Creative Work	Siddha Yoga		Dashami Until 3:50AM Wed	Moon – Red		2nd Phase
				Ashvina•Aipasi		Sivaloka Day	

2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy
	Simha Rasi: 22.19	Tithi 26	Gulika 10:38AM – 11:54AM	Purvaphalguni Until 2:45PM	Ganesha: Yellow	Sunrise: 6:51AM	Sun 10 Sutra 205
			Yama 8:06AM – 9:22AM	Indra Until 11:36AM	Muruga: White	Sunset: 4:58PM	Sobhana 5125
			753826574 Rahu 11:54AM – 1:10PM	Bava Until 5:03PM	Nataraja: Clear		Moon 11 - Phase 29 - 10
	Creative Work	Amrita Yoga		Ekadashi* Until 6:09AM Thu	Moon – Red		2nd Phase
				Ashvina•Aipasi		Sivaloka Day	

3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Kanya Rasi: 4.16	Tithi 26 – 27	Gulika 9:23AM – 10:39AM	Uttaraphalguni Until 5:13PM	Ganesha: Yellow	Sunrise: 6:52AM	Sun 11 Sutra 206
			Yama 6:52AM – 8:07AM	Vaidhriti* Until 12:13PM	Muruga: White	Sunset: 4:57PM	Sobhana 5125
			753826574 Rahu 1:10PM – 2:26PM	Kaulava Until 7:11PM	Nataraja: Clear		Moon 11 - Phase 29 - 11
		Amrita Yoga		Ekadashi* Until 6:09AM	Moon – Red		2nd Phase
				Ashvina•Aipasi		Sivaloka Day	
						Until 5:13PM Then Routine Work - Marana Yoga	

4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy
	Kanya Rasi: 16.22	Tithi 27 – 28	Gulika 8:08AM – 9:24AM	Hasta Until 7:36PM	Ganesha: Blue	Sunrise: 6:53AM	Sun 12 Sutra 207
			Yama 2:25PM – 3:41PM	Vishkambha* Until 12:32PM	Muruga: White	Sunset: 4:56PM	Sobhana 5125
			753826574 Rahu 10:39AM – 11:54AM	Gara Until 8:52PM	Nataraja: Clear		Moon 11 - Phase 29 - 12
		Amrita Yoga		Dvadashi* Until 8:04AM	Moon – Green		2nd Phase
				Ashvina•Aipasi		Devaloka Day	
						Then Creative Work - Siddha Yoga <i>Pradosha Vrata (Fasting)</i>	

5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Kanya Rasi: 28.41	Tithi 28 – 29	Gulika 6:54AM – 8:09AM	Chitra Until 9:16PM	Ganesha: Blue	Sunrise: 6:54AM	Sun 13 Sutra 208
			Yama 1:10PM – 2:25PM	Priti Until 12:27PM	Muruga: White	Sunset: 4:55PM	Sobhana 5125
			753826574 Rahu 9:24AM – 10:39AM	Visti Until 9:58PM	Nataraja: Clear		Moon 11 - Phase 29 - 13
		Marana Yoga		Trayodashi* Until 9:28AM	Moon – Green		2nd Phase
				Ashvina•Aipasi		Devaloka Day	
						Then Creative Work - Siddha Yoga Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day	

	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy
	Retreat Star		Gulika 2:24PM – 3:39PM	Svati Until 10:12PM	Ganesha: Blue	Sunrise: 6:55AM	Sun 14 Sutra 209
	Tula Rasi: 11.16	Tithi 29 – 30	Yama 11:55AM – 1:10PM	Ayushman Until 11:53AM	Muruga: White	Sunset: 4:54PM	Sobhana 5125
			753826574 Rahu 3:39PM – 4:54PM	Catuspada Until 10:28PM	Nataraja: Clear		Moon 11 - Phase 29 - 14
		Siddha Yoga		Chaturdashi* Until 10:16AM	Moon – Green		Amavasya
				Ashvina•Aipasi		Devaloka Day	
						Then Routine Work - Marana Yoga	

Monday, November 13, 2023	Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rome, Italy
	Family Home Evening		Gulika 1:09PM – 2:24PM	Vishakha Until 10:52PM	Ganesha: Blue	Sunrise: 6:57AM	Sun 15 Sutra 210
	Tula Rasi: 24.07	Tithi 30 – 1	Yama 10:40AM – 11:55AM	Saubhagya Until 10:52AM	Muruga: White	Sunset: 4:53PM	Sobhana 5125
			773826574 Rahu 8:11AM – 9:26AM	Kintughna Until 10:22PM	Nataraja: Clear		Moon 11 - Phase 29 - 15
		Marana Yoga		Amavasya* Until 10:28AM	Moon – Orange		Prathama
				Kartika•Aipasi		Devaloka Day	
						Then Creative Work - Siddha Yoga Skanda Shasthi Begins	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rome, Italy Sun 16 Sutra 211
	Vrischika Rasi: 7.16 Tithi 1 – 2	Gulika 11:55AM – 1:09PM Yama 9:26AM – 10:41AM 773826574 Rahu 2:24PM – 3:38PM	Anuradha Until 10:52PM Sobhana Until 9:25AM Balava Until 9:45PM Prathama* Until 10:06AM	Ganesha: Blue <i>Sunrise:</i> 6:58AM Muruga: White <i>Sunset:</i> 4:52PM Nataraja: Clear Moon – Orange Devaloka Day Karttika•Aipasi
	Creative Work Siddha Yoga Until 10:52PM Then Routine Work - Marana Yoga			Sobhana 5125 Moon 11 - Phase 30 - 16 3rd Phase

2	Wednesday, November 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rome, Italy Sun 17 Sutra 212
	Vrischika Rasi: 20.4 Tithi 2 – 3	Gulika 10:41AM – 11:55AM Yama 8:13AM – 9:27AM 773826574 Rahu 11:55AM – 1:09PM	Jyeshtha* Until 10:18PM Athiganda* Until 7:34AM Taitila Until 8:42PM Dvitiya Until 9:15AM	Ganesha: Blue <i>Sunrise:</i> 6:59AM Muruga: White <i>Sunset:</i> 4:51PM Nataraja: Clear Moon – Orange Devaloka Day Karttika•Aipasi
	Creative Work Siddha Yoga Until 10:18PM Then Routine Work - Marana Yoga			Sobhana 5125 Moon 11 - Phase 30 - 17 3rd Phase

3	Thursday, November 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Rome, Italy Sun 18 Sutra 213
	Dhanus Rasi: 4.18 Tithi 3 – 4	Gulika 9:28AM – 10:42AM Yama 7:00AM – 8:14AM 784826574 Rahu 1:09PM – 2:23PM	Mula* Until 9:41PM Dhriti Until 3:01AM Fri Vanija Until 7:18PM Tritiya Until 8:01AM	Ganesha: Yellow <i>Sunrise:</i> 7:00AM Muruga: White <i>Sunset:</i> 4:50PM Nataraja: Clear Moon – Light Blue Sivaloka Day Karttika•Karttikai
	Creative Work Siddha Yoga			Sobhana 5125 Moon 11 - Phase 30 - 18 3rd Phase

4	Friday, November 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Rome, Italy Sun 19 Sutra 214
	Dhanus Rasi: 18.07 Tithi 4 – 5	Gulika 8:15AM – 9:28AM Yama 2:23PM – 3:36PM 784826575 Rahu 10:42AM – 11:56AM	Purvashadha* Until 8:42PM Shula* Until 12:25AM Sat Balava Until 4:44AM Sat Chaturthi* Until 6:29AM	Ganesha: Yellow <i>Sunrise:</i> 7:01AM Muruga: White <i>Sunset:</i> 4:50PM Nataraja: Purple Moon – Light Blue Subha Sivaloka Day Karttika•Karttikai
	Routine Work Prabalarishta Yoga Until 8:42PM Then Routine Work - Marana Yoga			Sobhana 5125 Moon 11 - Phase 30 - 19 3rd Phase

5	Saturday, November 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Rome, Italy Sun 20 Sutra 215
	Makara Rasi: 2.04 Tithi 6	Gulika 7:03AM – 8:16AM Yama 1:09PM – 2:22PM 784826575 Rahu 9:29AM – 10:42AM	Uttarashadha Until 7:24PM Ganda* Until 9:43PM Kaulava Until 3:49PM Shashthi* Until 2:51AM Sun	Ganesha: Yellow <i>Sunrise:</i> 7:03AM Muruga: White <i>Sunset:</i> 4:49PM Nataraja: Purple Moon – Light Blue Subha Sivaloka Day Karttika•Karttikai
	Routine Work Marana Yoga Until 7:24PM Then Creative Work - Siddha Yoga	Skanda Shasthi		Sobhana 5125 Moon 11 - Phase 30 - 20 3rd Phase

6	Sunday, November 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau		Rome, Italy Sun 21 Sutra 216
	Makara Rasi: 16.07 Tithi 7	Gulika 2:22PM – 3:35PM Yama 11:56AM – 1:09PM 794826575 Rahu 3:35PM – 4:48PM	Shravana Until 6:17PM Vriddhi Until 6:56PM Gara Until 1:53PM Saptami Until 12:52AM Mon	Ganesha: White <i>Sunrise:</i> 7:04AM Muruga: White <i>Sunset:</i> 4:48PM Nataraja: Purple Moon – Purple Subha Subha Sivaloka Day Karttika•Karttikai
	Creative Work Amrita Yoga Until 6:17PM Then Routine Work - Marana Yoga			Sobhana 5125 Moon 11 - Phase 30 - 21 3rd Phase

D	Monday, November 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau		Rome, Italy Sun 22 Sutra 217
	Retreat Star Kumbha Rasi: 0.13 Tithi 8 Family Home Evening	Gulika 1:09PM – 2:22PM Yama 10:43AM – 11:56AM 794826575 Rahu 8:18AM – 9:31AM	Dhanishtha Until 4:56PM Dhruva Until 4:05PM Visti Until 11:52AM Ashtami* Until 10:49PM	Ganesha: White <i>Sunrise:</i> 7:05AM Muruga: White <i>Sunset:</i> 4:47PM Nataraja: Purple Moon – Purple Subha Subha Sivaloka Day Karttika•Karttikai
	Creative Work Siddha Yoga			Sobhana 5125 Moon 11 - Phase 30 - 22 Ashtami

D	Tuesday, November 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau		Rome, Italy Sun 23 Sutra 218
	Retreat Star Kumbha Rasi: 14.21 Tithi 9	Gulika 11:56AM – 1:09PM Yama 9:31AM – 10:44AM 794826575 Rahu 2:22PM – 3:34PM	Shatabhishak Until 3:25PM Vyaghata* Until 1:12PM Balava Until 9:48AM Navami* Until 8:44PM	Ganesha: White <i>Sunrise:</i> 7:06AM Muruga: White <i>Sunset:</i> 4:47PM Nataraja: Purple Moon – Purple Subha Subha Sivaloka Day Karttika•Karttikai
	Routine Work Marana Yoga			Sobhana 5125 Moon 11 - Phase 30 - 23 Navami


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy
	Kumbha Rasi: 28.3	Tithi 10	Gulika 10:44AM – 11:57AM	Purvaproshtapada* Until 2:11PM	Ganesha: White	<i>Sunrise:</i> 7:07AM	Sun 24 Sutra 219
		714826575	Yama 8:20AM – 9:32AM	Harshana Until 10:19AM	Muruga: White	<i>Sunset:</i> 4:46PM	Sobhana 5125
			Rahu 11:57AM – 1:09PM	Taitila Until 7:43AM	Nataraja: Purple		Moon 11 - Phase 31 - 24
				Dashami Until 6:40PM	Moon – Clear		4th Phase
					Karttika*Karttikai		
						Subha Subha Sivaloka Day	

2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Meena Rasi: 12.38	Tithi 11 – 12	Gulika 9:33AM – 10:45AM	Uttaraproshtapada Until 12:50PM	Ganesha: White	<i>Sunrise:</i> 7:09AM	Sun 25 Sutra 220
		714826575	Yama 7:09AM – 8:21AM	Vajra* Until 7:26AM	Muruga: White	<i>Sunset:</i> 4:45PM	Sobhana 5125
			Rahu 1:09PM – 2:21PM	Bava Until 3:39AM Fri	Nataraja: Purple		Moon 11 - Phase 31 - 25
				Ekadashi Until 4:37PM	Moon – Clear		4th Phase
					Karttika*Karttikai		
						Subha Subha Sivaloka Day	

3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy
	Meena Rasi: 26.44	Tithi 12 – 13	Gulika 8:22AM – 9:33AM	Revati Until 11:25AM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	Sun 26 Sutra 221
		714926575	Yama 2:21PM – 3:33PM	Vyatipata* Until 1:56AM Sat	Muruga: White	<i>Sunset:</i> 4:45PM	Sobhana 5125
			Rahu 10:45AM – 11:57AM	Kaulava Until 1:48AM Sat	Nataraja: Purple		Moon 11 - Phase 31 - 26
				Dvadashi Until 2:41PM	Moon – Clear		4th Phase
					Karttika*Karttikai		
						Subha Sivaloka Day	

4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Mesha Rasi: 10.44	Tithi 13 – 14	Gulika 7:11AM – 8:23AM	Ashvini Until 10:27AM	Ganesha: Purple	<i>Sunrise:</i> 7:11AM	Sun 27 Sutra 222
		724926575	Yama 1:09PM – 2:21PM	Variyan Until 11:22PM	Muruga: White	<i>Sunset:</i> 4:44PM	Sobhana 5125
			Rahu 9:34AM – 10:46AM	Gara Until 12:09AM Sun	Nataraja: Purple		Moon 11 - Phase 31 - 27
				Trayodashi Until 12:55PM	Moon – White		4th Phase
					Karttika*Karttikai		
						Sivaloka Day	

	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy
	Copper Retreat Star		Gulika 2:21PM – 3:32PM	Bharani Until 9:35AM	Ganesha: Purple	<i>Sunrise:</i> 7:12AM	Sun 28 Sutra 223
	Mesha Rasi: 24.36	Tithi 14 – 15	Yama 11:58AM – 1:09PM	Parigha* Until 9:05PM	Muruga: White	<i>Sunset:</i> 4:44PM	Sobhana 5125
		724926575	Rahu 3:32PM – 4:44PM	Visti Until 10:48PM	Nataraja: Purple		Moon 11 - Phase 31 -
				Chaturdashi* Until 11:25AM	Moon – White		Purnima
					Karttika*Karttikai		
						Sivaloka Day	

Monday, November 27, 2023	Silver Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy
	Silver Retreat Star		Gulika 1:09PM – 2:21PM	Krittika Until 8:55AM	Ganesha: Purple	<i>Sunrise:</i> 7:13AM	Sun 29 Sutra 224
	Vrishabha Rasi: 8.16	Tithi 15 – 16	Yama 10:47AM – 11:58AM	Shiva Until 7:07PM	Muruga: White	<i>Sunset:</i> 4:43PM	Sobhana 5125
		724926575	Rahu 8:24AM – 9:36AM	Balava Until 9:53PM	Nataraja: Purple		Moon 11 - Phase 31 -
				Purnima* Until 10:16AM	Moon – White		Prathama
					Karttika*Karttikai		
						Sivaloka Day	



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Pratham/Dvitiyayam Titau

Rome, Italy

Sutra 225

Sobhana 5125

Vrishabha Rasi: 21.4 Tithi 16 – 17

734926575

Gulika 11:59AM – 1:10PM
Yama 9:36AM – 10:47AM
Rahu 2:21PM – 3:32PM

Rohini Until 9:00AM
Siddha Until 5:31PM
Taitila Until 9:28PM
Prathama* Until 9:35AM

Ganesha: Clear *Sunrise: 7:14AM*
Muruga: White *Sunset: 4:43PM*
Nataraja: Purple

Moon 12 - Phase 32 - 1st Phase

Creative Work Amrita Yoga

Until 9:00AM

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Karttika*Karttikai

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy

Sutra 226

Sobhana 5125

Mithuna Rasi: 4.47 Tithi 17 – 18

735926575

Gulika 10:48AM – 11:59AM
Yama 8:26AM – 9:37AM
Rahu 11:59AM – 1:10PM

Mrigashira Until 9:28AM
Sadhya Until 4:23PM
Vanija Until 9:38PM
Dvitiya Until 9:27AM

Ganesha: Purple *Sunrise: 7:15AM*
Muruga: White *Sunset: 4:43PM*
Nataraja: Purple

Moon 12 - Phase 32 - 1st Phase

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Karttika*Karttikai

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rome, Italy

Sutra 227

Sobhana 5125

Mithuna Rasi: 17.37 Tithi 18 – 19

735926575

Gulika 9:38AM – 10:49AM
Yama 7:16AM – 8:27AM
Rahu 1:10PM – 2:21PM

Ardra Until 10:21AM
Subha Until 3:44PM
Bava Until 10:26PM
Tritiya Until 9:56AM

Ganesha: Purple *Sunrise: 7:16AM*
Muruga: White *Sunset: 4:42PM*
Nataraja: Purple

Moon 12 - Phase 32 - 2nd Phase

Routine Work Marana Yoga

Until 10:21AM

Then Creative Work - Amrita Yoga

Subha Subha Sivaloka Day

Karttika*Karttikai

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy

Sutra 228

Sobhana 5125

Kataka Rasi: 0.09 Tithi 19 – 20

745926575

Gulika 8:28AM – 9:39AM
Yama 2:21PM – 3:31PM
Rahu 10:49AM – 12:00PM

Punarvasu Until 12:10PM
Sukla Until 3:31PM
Kaulava Until 11:51PM
Chaturthi* Until 11:02AM

Ganesha: Clear *Sunrise: 7:17AM*
Muruga: White *Sunset: 4:42PM*
Nataraja: Purple

Moon 12 - Phase 32 - 3rd Phase

Creative Work Siddha Yoga

Until 12:10PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karttika*Karttikai

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Rome, Italy

Sutra 229

Sobhana 5125

Kataka Rasi: 12.25 Tithi 20 – 21

745926575

Gulika 7:18AM – 8:29AM
Yama 1:10PM – 2:21PM
Rahu 9:39AM – 10:50AM

Pushya Until 2:23PM
Brahma Until 3:46PM
Gara Until 1:48AM Sun
Panchami Until 12:44PM

Ganesha: Clear *Sunrise: 7:18AM*
Muruga: White *Sunset: 4:42PM*
Nataraja: Purple

Moon 12 - Phase 32 - 4th Phase

Creative Work Siddha Yoga

Until 2:23PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karttika*Karttikai

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sutra 230

Sobhana 5125

Kataka Rasi: 24.29 Tithi 21 – 22

745926575

Gulika 2:21PM – 3:31PM
Yama 12:00PM – 1:11PM
Rahu 3:31PM – 4:41PM

Ashlesha* Until 4:53PM
Indra Until 4:23PM
Visti Until 4:11AM Mon
Shashthi* Until 2:56PM

Ganesha: Clear *Sunrise: 7:19AM*
Muruga: White *Sunset: 4:41PM*
Nataraja: Purple

Moon 12 - Phase 32 - 5th Phase

Creative Work Siddha Yoga

Until 4:53PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karttika*Karttikai

6

Monday, December 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sutra 231

Sobhana 5125

Simha Rasi: 6.24 Tithi 22 – 23

755926575

Gulika 1:11PM – 2:21PM
Yama 10:51AM – 12:01PM
Rahu 8:31AM – 9:41AM

Magha* Until 8:01PM
Vaidhriti* Until 5:12PM
Balava Until 6:47AM Tue
Saptami Until 5:27PM

Ganesha: White *Sunrise: 7:20AM*
Muruga: White *Sunset: 4:41PM*
Nataraja: Purple

Moon 12 - Phase 32 - 6th Phase

Routine Work Marana Yoga

Until 8:01PM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Karttika*Karttikai

D

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy

Sutra 232

Sobhana 5125

Simha Rasi: 18.15 Tithi 23

755936575

Gulika 12:01PM – 1:11PM
Yama 9:41AM – 10:51AM
Rahu 2:21PM – 3:31PM

Purvaphalguni Until 11:03PM
Vishkambha* Until 6:06PM
Balava Until 6:47AM
Ashtami* Until 8:04PM

Ganesha: White *Sunrise: 7:21AM*
Muruga: Clear *Sunset: 4:41PM*
Nataraja: Purple

Moon 12 - Phase 32 - 7th Phase

Creative Work Siddha Yoga

Until 11:03PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

Karttika*Karttikai

Wednesday, December 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy

Sutra 233

Sobhana 5125

Kanya Rasi: 0.05 Tithi 24

755936575

Gulika 10:52AM – 12:02PM
Yama 8:32AM – 9:42AM
Rahu 12:02PM – 1:11PM

Uttaraphalguni Until 1:44AM Thu
Priti Until 6:55PM
Taitila Until 9:21AM
Navami* Until 10:31PM

Ganesha: White *Sunrise: 7:22AM*
Muruga: Clear *Sunset: 4:41PM*
Nataraja: Purple

Moon 12 - Phase 32 - 8th Phase

Creative Work Amrita Yoga

Until 1:44AM Thu

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karttika*Karttikai

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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1	Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Rome, Italy Sun 9 Sutra 234 Sobhana 5125
	Kanya Rasi: 12.02	Tithi 25	Gulika 9:43AM – 10:52AM	Hasta Until 4:21AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM	
			Yama 7:23AM – 8:33AM	Ayushman Until 7:26PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 9
		765936575	Rahu 1:12PM – 2:21PM	Vanija Until 11:38AM	Nataraja: Purple		2nd Phase
	Routine Work	Marana Yoga		Dashami Until 12:35AM Fri	Karttika • Karttikai	Sivaloka Day	
	Until 4:21AM Fri						
	Then Creative Work - Siddha Yoga						

2	Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy Sun 10 Sutra 235 Sobhana 5125
	Kanya Rasi: 24.1	Tithi 26	Gulika 8:34AM – 9:43AM	Chitra Until 6:12AM Sat	Ganesha: White	<i>Sunrise:</i> 7:24AM	
			Yama 2:22PM – 3:31PM	Saubhagya Until 7:32PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 10
		766936575	Rahu 10:53AM – 12:03PM	Bava Until 1:25PM	Nataraja: Purple		2nd Phase
	Creative Work	Siddha Yoga		Ekadashi* Until 2:02AM Sat	Karttika • Karttikai	Devaloka Day	
	Until 4:21AM Fri						
	Then Creative Work - Siddha Yoga						

3	Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy Sun 11 Sutra 236 Sobhana 5125
	Tula Rasi: 6.33	Tithi 27	Gulika 7:25AM – 8:35AM	Chitra Until 6:12AM	Ganesha: White	<i>Sunrise:</i> 7:25AM	
			Yama 1:12PM – 2:22PM	Sobhana Until 7:06PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 11
		766936575	Rahu 9:44AM – 10:54AM	Kaulava Until 2:30PM	Nataraja: Purple		2nd Phase
	Routine Work	Marana Yoga		Dvadashi* Until 2:45AM Sun	Karttika • Karttikai	Devaloka Day	
	Until 6:12AM						
	Then Creative Work - Siddha Yoga						

4	Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy Sun 12 Sutra 237 Sobhana 5125
	Tula Rasi: 19.16	Tithi 28	Gulika 2:22PM – 3:31PM	Svati Until 7:11AM	Ganesha: White	<i>Sunrise:</i> 7:26AM	
			Yama 12:03PM – 1:13PM	Athiganda* Until 6:04PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 12
		766936575	Rahu 3:31PM – 4:41PM	Gara Until 2:50PM	Nataraja: Purple		2nd Phase
	Creative Work	Siddha Yoga		Trayodashi* Until 2:42AM Mon	Karttika • Karttikai	Devaloka Day	
	Until 7:11AM						
	Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

5	Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy Sun 13 Sutra 238 Sobhana 5125
	Vrischika Rasi: 2.22	Tithi 29	Gulika 1:13PM – 2:22PM	Vishakha Until 7:44AM	Ganesha: Green	<i>Sunrise:</i> 7:27AM	
	Family Home Evening		Yama 10:55AM – 12:04PM	Sukarma Until 4:28PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 13
		776936575	Rahu 8:36AM – 9:45AM	Visti Until 2:25PM	Nataraja: Purple		2nd Phase
	Routine Work	Marana Yoga		Chaturdashi* Until 1:56AM Tue	Karttika • Karttikai	Devaloka Day	
	Until 7:44AM						
	Then Creative Work - Siddha Yoga						

	Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy Sun 14 Sutra 239 Sobhana 5125
	Retreat Star		Gulika 12:04PM – 1:14PM	Anuradha Until 7:27AM	Ganesha: Green	<i>Sunrise:</i> 7:28AM	
	Vrischika Rasi: 15.5	Tithi 30	Yama 9:46AM – 10:55AM	Dhriti Until 2:21PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 14
		776936575	Rahu 2:23PM – 3:32PM	Catuspada Until 1:19PM	Nataraja: Purple		Amavasya
	Creative Work	Siddha Yoga		Amavasya* Until 12:32AM Wed	Karttika • Karttikai	Devaloka Day	
	Until 7:27AM						
	Then Routine Work - Marana Yoga						

Retreat Star	Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 15 Sutra 240 Sobhana 5125
	Vrischika Rasi: 29.39	Tithi 1	Gulika 10:56AM – 12:05PM	Jyeshtha* Until 6:26AM	Ganesha: Green	<i>Sunrise:</i> 7:29AM	
			Yama 8:38AM – 9:47AM	Shula* Until 11:46AM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 33 - 15
		776936575	Rahu 12:05PM – 1:14PM	Kintughna Until 11:40AM	Nataraja: Purple		Prathama
	Creative Work	Siddha Yoga		Prathama* Until 10:39PM	Margasira • Karttikai	Devaloka Day	
	Until 6:26AM						
	Then Routine Work - Marana Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy
	Dhanus Rasi: 13.46	Tithi 2	Gulika 9:47AM – 10:56AM	Purvashadha* Until 3:38AM Fri	Ganesha: White <i>Sunrise: 7:29AM</i>	Sun 16	Sutra 241
			Yama 7:29AM – 8:38AM	Ganda* Until 8:52AM	Muruga: White <i>Sunset: 4:41PM</i>	Moon 12 - Phase 34 - 16	Sobhana 5125
			786937575 Rahu 1:14PM – 2:23PM	Balava Until 9:35AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 8:25PM	Moon – Light Blue	Sivaloka Day		
Until 3:38AM Fri				Margasira*Karttikai			
Then Routine Work - Marana Yoga							

2	Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy
	Dhanus Rasi: 28.04	Tithi 3 – 4	Gulika 8:39AM – 9:48AM	Uttarashadha Until 1:44AM Sat	Ganesha: White <i>Sunrise: 7:30AM</i>	Sun 17	Sutra 242
			Yama 2:24PM – 3:33PM	Dhruva Until 2:30AM Sat	Muruga: White <i>Sunset: 4:42PM</i>	Moon 12 - Phase 34 - 17	Sobhana 5125
			786937575 Rahu 10:57AM – 12:06PM	Taitila Until 7:14AM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Tritiya Until 5:59PM	Moon – Light Blue	Sivaloka Day		
Until 1:44AM Sat				Margasira*Karttikai			
Then Creative Work - Siddha Yoga							

3	Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy
	Makara Rasi: 12.28	Tithi 4 – 5	Gulika 7:31AM – 8:40AM	Shravana Until 12:05AM Sun	Ganesha: Purple <i>Sunrise: 7:31AM</i>	Sun 18	Sutra 243
			Yama 1:15PM – 2:24PM	Vyaghata* Until 11:15PM	Muruga: White <i>Sunset: 4:42PM</i>	Moon 12 - Phase 34 - 18	Sobhana 5125
			797937575 Rahu 9:49AM – 10:57AM	Bava Until 2:16AM Sun	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 3:29PM	Moon – Purple	Subha Subha Sivaloka Day		
Until 12:05AM Sun				Margasira*Markali			
Then Routine Work - Marana Yoga		Markali Pillaiyar					

4	Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy
	Makara Rasi: 26.52	Tithi 5 – 6	Gulika 2:24PM – 3:33PM	Dhanishtha Until 10:23PM	Ganesha: Clear <i>Sunrise: 7:31AM</i>	Sun 19	Sutra 244
			Yama 12:07PM – 1:16PM	Harshana Until 8:04PM	Muruga: White <i>Sunset: 4:42PM</i>	Moon 12 - Phase 34 - 19	Sobhana 5125
			897937575 Rahu 3:33PM – 4:42PM	Kaulava Until 11:53PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Panchami Until 1:02PM	Moon – Purple	Subha Sivaloka Day		
Until 10:23PM				Margasira*Markali			
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

5	Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy
	Kumbha Rasi: 11.11	Tithi 6 – 7	Gulika 1:16PM – 2:25PM	Shatabhishak Until 8:42PM	Ganesha: Clear <i>Sunrise: 7:32AM</i>	Sun 20	Sutra 245
	Family Home Evening		Yama 10:58AM – 12:07PM	Vajra* Until 5:00PM	Muruga: White <i>Sunset: 4:43PM</i>	Moon 12 - Phase 34 - 20	Sobhana 5125
			897937575 Rahu 8:41AM – 9:50AM	Gara Until 9:40PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 10:44AM	Moon – Purple	Subha Sivaloka Day		
Until 8:42PM				Margasira*Markali			
Then Routine Work - Marana Yoga							

Retreat Star	Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy
	Kumbha Rasi: 25.23	Tithi 7 – 8	Gulika 12:08PM – 1:17PM	Purvaproshtapada* Until 7:32PM	Ganesha: Clear <i>Sunrise: 7:33AM</i>	Sun 21	Sutra 246
			Yama 9:50AM – 10:59AM	Siddhi Until 2:07PM	Muruga: White <i>Sunset: 4:43PM</i>	Moon 12 - Phase 34 - 21	Sobhana 5125
			817137575 Rahu 2:25PM – 3:34PM	Visti Until 7:41PM	Nataraja: Purple		Ashtami
Routine Work Marana Yoga			Saptami Until 8:38AM	Moon – Clear	Subha Sivaloka Day		
Until 7:32PM				Margasira*Markali			
Then Creative Work - Amrita Yoga							

Retreat Star	Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Vaiyan Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Rome, Italy
	Meena Rasi: 9.25	Tithi 8 – 9	Gulika 11:00AM – 12:08PM	Uttaraproshtapada Until 6:29PM	Ganesha: Clear <i>Sunrise: 7:33AM</i>	Sun 22	Sutra 247
			Yama 8:42AM – 9:51AM	Vyatipata* Until 11:27AM	Muruga: White <i>Sunset: 4:43PM</i>	Moon 12 - Phase 34 - 22	Sobhana 5125
			817137575 Rahu 12:08PM – 1:17PM	Kaulava Until 5:10AM Thu	Nataraja: Purple		Navami
Creative Work Siddha Yoga			Ashtami* Until 6:46AM	Moon – Clear	Subha Sivaloka Day		
Until 6:29PM				Margasira*Markali			
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

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1	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy
	Meena Rasi: 23.18	Tithi 10	817137575	Gulika 9:51AM – 11:00AM Yama 7:34AM – 8:43AM Rahu 1:18PM – 2:26PM	Revati Until 5:32PM Varyani Until 8:58AM Taitila Until 4:29PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – Clear	Sun 23 Sutra 248 Sobhana 5125 Moon 12 - Phase 35 - 23 4th Phase
Creative Work Siddha Yoga Until 5:32PM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati		Dashami Until 3:50AM Fri	Subha Sivaloka Day Margasira*Markali		


2	Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy
	Mesha Rasi: 7.01	Tithi 11	828137575	Gulika 8:43AM – 9:52AM Yama 2:27PM – 3:36PM Rahu 11:01AM – 12:09PM	Ashvini Until 5:08PM Parigha* Until 6:42AM Vanija Until 3:17PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sun 24 Sutra 249 Sobhana 5125 Moon 12 - Phase 35 - 24 4th Phase
Creative Work Amrita Yoga Until 5:08PM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Ekadashi Until 2:46AM Sat	Subha Sivaloka Day Margasira*Markali		


3	Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau				Rome, Italy
	Mesha Rasi: 20.34	Tithi 12	828137575	Gulika 7:35AM – 8:44AM Yama 1:19PM – 2:27PM Rahu 9:52AM – 11:01AM	Bharani Until 4:51PM Siddha Until 2:48AM Sun Bava Until 2:21PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sun 25 Sutra 250 Sobhana 5125 Moon 12 - Phase 35 - 25 4th Phase
Creative Work Siddha Yoga Until 4:51PM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati		Dvodashi Until 1:58AM Sun	Subha Sivaloka Day Margasira*Markali		

4	Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
	Vrishabha Rasi: 3.59	Tithi 13	828137575	Gulika 2:28PM – 3:37PM Yama 12:10PM – 1:19PM Rahu 3:37PM – 4:45PM	Krittika Until 4:42PM Sadhya Until 1:12AM Mon Kaulava Until 1:42PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sun 26 Sutra 251 Sobhana 5125 Moon 12 - Phase 35 - 26 4th Phase
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Trayodashi Until 1:28AM Mon	Subha Sivaloka Day Margasira*Markali		

Pradosha Vrata

5	Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy
	Vrishabha Rasi: 17.13	Tithi 14	838137575	Gulika 1:20PM – 2:28PM Yama 11:02AM – 12:11PM Rahu 8:44AM – 9:53AM	Rohini Until 5:10PM Subha Until 11:53PM Gara Until 1:22PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sun 27 Sutra 252 Sobhana 5125 Moon 12 - Phase 35 - 27 4th Phase
Family Home Evening Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Chaturdashi* Until 1:19AM Tue	Sivaloka Day Margasira*Markali		

	Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy
	Mithuna Rasi: 0.17	Tithi 15	838137575	Gulika 12:11PM – 1:20PM Yama 9:54AM – 11:03AM Rahu 2:29PM – 3:38PM	Mrigashira Until 5:52PM Sukla Until 10:51PM Visti Until 1:25PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sun 28 Sutra 253 Sobhana 5125 Moon 12 - Phase 35 - Purnima
Creative Work Siddha Yoga Until 5:52PM Then Routine Work - Marana Yoga		Copper Retreat Star		Purnima* Until 1:35AM Wed	Sivaloka Day Margasira*Markali		

	Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy
	Mithuna Rasi: 13.08	Tithi 16	838137576	Gulika 11:03AM – 12:12PM Yama 8:45AM – 9:54AM Rahu 12:12PM – 1:21PM	Ardra Until 6:49PM Brahma Until 10:10PM Balava Until 1:54PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	Sun 29 Sutra 254 Sobhana 5125 Moon 12 - Phase 35 - Prathama
Creative Work Siddha Yoga		Silver Retreat Star		Prathama* Until 2:18AM Thu	Devaloka Day Margasira*Markali		

Ardra Darshanam



Thursday, December 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy

Sutra 255

Sobhana 5125

Mithuna Rasi: 25.46 Tithi 17

848137576

Gulika

9:54AM – 11:03AM

Yama

7:37AM – 8:46AM

Rahu

1:21PM – 2:30PM

Punarvasu Until 8:34PM

Indra Until 9:52PM

Taitila Until 2:51PM

Dvitiya Until 3:30AM Fri

Ganesha: Yellow

Sunrise: 7:37AM

Muruga: White

Sunset: 4:48PM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Margasira*Markali

Creative Work Amrita Yoga

Friday, December 29, 2023

1

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy

Sutra 256

Sobhana 5125

Kataka Rasi: 8.11 Tithi 18

849137576

Gulika

8:46AM – 9:55AM

Yama

2:31PM – 3:40PM

Rahu

11:04AM – 12:13PM

Pushya Until 10:38PM

Vaidhriti* Until 9:56PM

Vanija Until 4:19PM

Tritiya Until 5:13AM Sat

Ganesha: Blue

Sunrise: 7:37AM

Muruga: White

Sunset: 4:49PM

Nataraja: Clear

Moon – Blue

Subha Sivaloka Day

Margasira*Markali

Routine Work Marana Yoga

Saturday, December 30, 2023

2

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkamba* Yoga Bava Karana Chaturthayam Titau

Rome, Italy

Sutra 257

Sobhana 5125

Kataka Rasi: 20.23 Tithi 19

849137576

Gulika

7:37AM – 8:46AM

Yama

1:22PM – 2:31PM

Rahu

9:55AM – 11:04AM

Ashlesha* Until 12:59AM Sun

Vishkamba* Until 10:22PM

Bava Until 6:17PM

Chaturthi* Until 7:24AM Sun

Ganesha: Blue

Sunrise: 7:37AM

Muruga: White

Sunset: 4:50PM

Nataraja: Clear

Moon – Blue

Subha Sivaloka Day

Margasira*Markali

Routine Work Marana Yoga

Sunday, December 31, 2023

3

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy

Sutra 258

Sobhana 5125

Simha Rasi: 2.25 Tithi 19 – 20

859137576

Gulika

2:32PM – 3:41PM

Yama

12:14PM – 1:23PM

Rahu

3:41PM – 4:50PM

Magha* Until 4:02AM Mon

Priti Until 11:06PM

Kaulava Until 8:39PM

Chaturthi* Until 7:24AM

Ganesha: Red

Sunrise: 7:37AM

Muruga: White

Sunset: 4:50PM

Nataraja: Clear

Moon – Red

Sivaloka Day

Margasira*Markali

Routine Work Marana Yoga

Until 4:02AM Mon

Then Creative Work - Siddha Yoga

Monday, January 1, 2024

4

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

Rome, Italy

Sutra 259

Sobhana 5125

Simha Rasi: 14.17 Tithi 20 – 21

859137576

Gulika

1:24PM – 2:33PM

Yama

11:05AM – 12:15PM

Rahu

8:47AM – 9:56AM

Purvaphalguni Until 7:07AM Tue

Ayushman Until 12:00AM Tue

Gara Until 11:17PM

Panchami Until 9:55AM

Ganesha: Red

Sunrise: 7:38AM

Muruga: White

Sunset: 4:52PM

Nataraja: Clear

Moon – Red

Sivaloka Day

Margasira*Markali

Creative Work Siddha Yoga

Until 7:07AM Tue

Then Creative Work - Amrita Yoga

Tuesday, January 2, 2024

5

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sutra 260

Sobhana 5125

Simha Rasi: 26.06 Tithi 21 – 22

859137576

Gulika

12:15PM – 1:25PM

Yama

9:56AM – 11:06AM

Rahu

2:34PM – 3:43PM

Purvaphalguni Until 7:07AM

Saubhagya Until 12:57AM Wed

Visti Until 1:59AM Wed

Shashthi* Until 12:37PM

Ganesha: Red

Sunrise: 7:38AM

Muruga: White

Sunset: 4:53PM

Nataraja: Clear

Moon – Red

Sivaloka Day

Margasira*Markali

Creative Work Siddha Yoga

Until 7:07AM

Then Creative Work - Amrita Yoga

Wednesday, January 3, 2024

6

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sutra 261

Sobhana 5125

Kanya Rasi: 7.55 Tithi 22 – 23

859137576

Gulika

11:06AM – 12:16PM

Yama

8:47AM – 9:57AM

Rahu

12:16PM – 1:25PM

Uttaraphalguni Until 10:02AM

Sobhana Until 1:47AM Thu

Balava Until 4:30AM Thu

Saptami Until 3:16PM

Ganesha: Red

Sunrise: 7:38AM

Muruga: White

Sunset: 4:54PM

Nataraja: Clear

Moon – Red

Sivaloka Day

Margasira*Markali

Creative Work Amrita Yoga

Until 10:02AM

Then Routine Work - Marana Yoga

Thursday, January 4, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy

Sutra 262

Sobhana 5125

Kanya Rasi: 19.49 Tithi 23 – 24

869137576

Gulika

9:57AM – 11:07AM

Yama

7:38AM – 8:47AM

Rahu

1:26PM – 2:35PM

Hasta Until 1:01PM

Athiganda* Until 2:16AM Fri

Taitila Until 6:32AM Fri

Ashtami* Until 5:34PM

Ganesha: Green

Sunrise: 7:38AM

Muruga: White

Sunset: 4:55PM

Nataraja: Clear

Moon – Green

Subha Sivaloka Day

Margasira*Markali

Routine Work Marana Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Friday, January 5, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy

Sutra 263

Sobhana 5125

Tula Rasi: 1.54 Tithi 24

861137576

Gulika

8:47AM – 9:57AM

Yama

2:36PM – 3:46PM

Rahu

11:07AM – 12:17PM

Chitra Until 3:18PM

Sukarma Until 2:16AM Sat

Taitila Until 6:32AM

Navami* Until 7:17PM

Ganesha: Orange

Sunrise: 7:38AM

Muruga: White

Sunset: 4:56PM

Nataraja: Clear

Moon – Green

Sivaloka Day

Margasira*Markali

Creative Work Siddha Yoga

Subramuniyaswami Jayanti

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


1	Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Rome, Italy
			Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 264
	Tula Rasi: 14.16	Tithi 25	Gulika 7:38AM – 8:47AM	Svati Until 4:44PM	Ganesha: Orange <i>Sunrise:</i> 7:38AM	Sobhana 5125	
	Creative Work	Siddha Yoga	Yama 1:27PM – 2:37PM	Dhriti Until 1:40AM Sun	Muruga: White <i>Sunset:</i> 4:57PM	Moon 13 - Phase 37 - 9	2nd Phase
		861137576 Rahu 9:57AM – 11:07AM	Vanija Until 7:53AM	Nataraja: Clear			
			Dashami Until 8:13PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Rome, Italy
			Vishakha/Anuradha Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 265
	Tula Rasi: 27	Tithi 26	Gulika 2:38PM – 3:48PM	Vishakha Until 5:38PM	Ganesha: Light Blue <i>Sunrise:</i> 7:37AM	Sobhana 5125	
	Routine Work	Marana Yoga	Yama 12:18PM – 1:28PM	Shula* Until 12:21AM Mon	Muruga: White <i>Sunset:</i> 4:58PM	Moon 13 - Phase 37 - 10	2nd Phase
		871137576 Rahu 3:48PM – 4:58PM	Bava Until 8:23AM	Nataraja: Clear			
			Ekadashi* Until 8:17PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			

3	Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Rome, Italy
			Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 266
	Vrischika Rasi: 10.1	Tithi 27	Gulika 1:28PM – 2:38PM	Anuradha Until 5:32PM	Ganesha: Light Blue <i>Sunrise:</i> 7:37AM	Sobhana 5125	
	Family Home Evening		Yama 11:08AM – 12:18PM	Ganda* Until 10:24PM	Muruga: White <i>Sunset:</i> 4:59PM	Moon 13 - Phase 37 - 11	2nd Phase
Creative Work	Siddha Yoga	871137576 Rahu 8:47AM – 9:58AM	Kaulava Until 8:01AM	Nataraja: Clear			
			Dvadashi* Until 7:30PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			

4	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Rome, Italy
			Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 267
	Vrischika Rasi: 23.47	Tithi 28 – 29	Gulika 12:18PM – 1:29PM	Jyeshtha* Until 4:32PM	Ganesha: Light Blue <i>Sunrise:</i> 7:37AM	Sobhana 5125	
	Routine Work	Marana Yoga	Yama 9:58AM – 11:08AM	Vriddhi Until 7:51PM	Muruga: White <i>Sunset:</i> 5:00PM	Moon 13 - Phase 37 - 12	2nd Phase
		871137576 Rahu 2:39PM – 3:49PM	Gara Until 6:49AM	Nataraja: Clear			
			Trayodashi* Until 5:55PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Rome, Italy
			Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Sun 13 Sutra 268
	Dhanus Rasi: 7.51	Tithi 29 – 30	Gulika 11:08AM – 12:19PM	Mula* Until 3:09PM	Ganesha: Purple <i>Sunrise:</i> 7:37AM	Sobhana 5125	
	Routine Work	Marana Yoga	Yama 8:47AM – 9:58AM	Dhruva Until 4:46PM	Muruga: White <i>Sunset:</i> 5:01PM	Moon 13 - Phase 37 - 13	2nd Phase
		881137576 Rahu 12:19PM – 1:29PM	Catuspada Until 2:24AM Thu	Nataraja: Clear			
			Chaturdashi* Until 3:41PM	Moon – Light Blue		Devaloka Day	
				Margasira*Markali			

	Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Rome, Italy
			Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 269
	Dhanus Rasi: 22.18	Tithi 30 – 1	Gulika 9:58AM – 11:09AM	Purvashadha* Until 1:09PM	Ganesha: Purple <i>Sunrise:</i> 7:37AM	Sobhana 5125	
	Creative Work	Siddha Yoga	Yama 7:37AM – 8:47AM	Vyaghata* Until 1:18PM	Muruga: White <i>Sunset:</i> 5:02PM	Moon 13 - Phase 37 - 14	Amavasya
		881137576 Rahu 1:30PM – 2:40PM	Kintughna Until 11:30PM	Nataraja: Clear			
			Amavasya* Until 12:58PM	Moon – Light Blue		Devaloka Day	
				Margasira*Markali			
				Hanumath Jayanthi (Tamil Nadu)			

	Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Rome, Italy
			Uttarashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 15 Sutra 270
	Makara Rasi: 7.01	Tithi 1 – 2	Gulika 8:47AM – 9:58AM	Uttarashadha Until 10:41AM	Ganesha: Light Blue <i>Sunrise:</i> 7:36AM	Sobhana 5125	
	Routine Work	Marana Yoga	Yama 2:41PM – 3:52PM	Harshana Until 9:36AM	Muruga: White <i>Sunset:</i> 5:03PM	Moon 13 - Phase 37 - 15	Prathama
		881237576 Rahu 11:09AM – 12:20PM	Balava Until 8:21PM	Nataraja: Clear			
			Prathama* Until 9:56AM	Moon – Light Blue		Devaloka Day	
				Pausha*Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

1	Saturday, January 13, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau	Rome, Italy Sun 16 Sutra 271 Sobhana 5125
	Makara Rasi: 21.52 Tithi 2 – 3	Gulika 7:36AM – 8:47AM Yama 1:31PM – 2:42PM Rahu 9:58AM – 11:09AM	Shravana Until 8:21AM Siddhi Until 1:54AM Sun Gara Until 3:33AM Sun Dvitiya Until 6:44AM
	891237576	Ganesh: Purple <i>Sunrise:</i> 7:36AM Muruga: White <i>Sunset:</i> 5:04PM Nataraja: Clear Moon – Purple	Devaloka Day Pausha*Markali
	Creative Work Siddha Yoga		

2	Sunday, January 14, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturtham Titau	Rome, Italy Sun 17 Sutra 272 Sobhana 5125
	Kumbha Rasi: 6.43 Tithi 4	Gulika 2:43PM – 3:54PM Yama 12:20PM – 1:32PM Rahu 3:54PM – 5:05PM	Shatabhishak Until 3:30AM Mon Vyatipata* Until 10:11PM Vanija Until 2:02PM Chaturthi* Until 12:32AM Mon
	891237576	Ganesh: Purple <i>Sunrise:</i> 7:35AM Muruga: White <i>Sunset:</i> 5:05PM Nataraja: Clear Moon – Purple	Devaloka Day Pausha*Thai
	Creative Work Siddha Yoga Until 3:30AM Mon Then Routine Work - Marana Yoga	Thai Pongal	

3	Monday, January 15, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau	Rome, Italy Sun 18 Sutra 273 Sobhana 5125
	Kumbha Rasi: 21.26 Tithi 5	Gulika 1:32PM – 2:43PM Yama 11:09AM – 12:21PM Rahu 8:46AM – 9:58AM	Purvaproshtapada* Until 1:40AM Tue Variyan Until 6:41PM Bava Until 11:09AM Panchami Until 9:48PM
	811237576	Ganesh: Green <i>Sunrise:</i> 7:35AM Muruga: White <i>Sunset:</i> 5:06PM Nataraja: Clear Moon – Clear	Devaloka Day Pausha*Thai
	Family Home Evening Routine Work Marana Yoga Until 1:40AM Tue Then Creative Work - Amrita Yoga		

4	Tuesday, January 16, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashtham Titau	Rome, Italy Sun 19 Sutra 274 Sobhana 5125
	Meena Rasi: 5.55 Tithi 6	Gulika 12:21PM – 1:33PM Yama 9:58AM – 11:09AM Rahu 2:44PM – 3:56PM	Uttaraproshtapada Until 12:07AM Wed Parigha* Until 3:30PM Kaulava Until 8:36AM Shashthi* Until 7:28PM
	812237576	Ganesh: White <i>Sunrise:</i> 7:35AM Muruga: White <i>Sunset:</i> 5:07PM Nataraja: Clear Moon – Clear	Devaloka Day Pausha*Thai
	Creative Work Amrita Yoga Until 12:07AM Wed Then Routine Work - Marana Yoga		

5	Wednesday, January 17, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Rome, Italy Sun 20 Sutra 275 Sobhana 5125
	Meena Rasi: 20.07 Tithi 7 – 8	Gulika 11:10AM – 12:21PM Yama 8:46AM – 9:58AM Rahu 12:21PM – 1:33PM	Revati Until 10:53PM Shiva Until 12:41PM Gara Until 6:29AM Saptami Until 5:36PM
	812237576	Ganesh: White <i>Sunrise:</i> 7:34AM Muruga: White <i>Sunset:</i> 5:09PM Nataraja: Clear Moon – Clear	Devaloka Day Pausha*Thai
	Routine Work Marana Yoga		

D	Thursday, January 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Rome, Italy Sun 21 Sutra 276 Sobhana 5125
	Retreat Star Mesha Rasi: 3.59 Tithi 8 – 9	Gulika 9:58AM – 11:10AM Yama 7:34AM – 8:46AM Rahu 1:34PM – 2:46PM	Ashvini Until 10:26PM Siddha Until 10:15AM Balava Until 3:45AM Fri Ashtami* Until 4:14PM
	822237576	Ganesh: Yellow <i>Sunrise:</i> 7:34AM Muruga: White <i>Sunset:</i> 5:10PM Nataraja: Clear Moon – White	Sivaloka Day Pausha*Thai
	Creative Work Amrita Yoga Until 10:26PM Then Creative Work - Siddha Yoga		

D	Friday, January 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Rome, Italy Sun 22 Sutra 277 Sobhana 5125
	Retreat Star Mesha Rasi: 17.34 Tithi 9 – 10	Gulika 8:45AM – 9:57AM Yama 2:46PM – 3:59PM Rahu 11:10AM – 12:22PM	Bharani Until 10:19PM Sadhya Until 8:13AM Taitila Until 3:08AM Sat Navami* Until 3:22PM
	822237576	Ganesh: Yellow <i>Sunrise:</i> 7:33AM Muruga: White <i>Sunset:</i> 5:11PM Nataraja: Clear Moon – White	Sivaloka Day Pausha*Thai
	Creative Work Siddha Yoga		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka


1	Saturday, January 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Rome, Italy Sutra 278 Sobhana 5125
	822237576	Gulika 7:32AM – 8:45AM Yama 1:35PM – 2:47PM Rahu 9:57AM – 11:10AM	Krittika Until 10:30PM Subha Until 6:35AM Vanija Until 2:57AM Sun Dashami Until 2:58PM
	822237576	Ganesha: Yellow Sunrise: 7:32AM Muruga: White Sunset: 5:12PM Nataraja: Clear Moon – White	Sivaloka Day
	822237576	Pausha*Thai	
Vishabha Rasi: 0.53 Tithi 10 – 11 Creative Work Amrita Yoga			

2	Sunday, January 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Rome, Italy Sutra 279 Sobhana 5125
	832237576	Gulika 2:48PM – 4:01PM Yama 12:23PM – 1:35PM Rahu 4:01PM – 5:13PM	Rohini Until 11:24PM Brahma Until 4:17AM Mon Bava Until 3:11AM Mon Ekadashi Until 3:00PM
	832237576	Ganesha: Blue Sunrise: 7:32AM Muruga: White Sunset: 5:13PM Nataraja: Clear Moon – Yellow	Devaloka Day
	832237576	Pausha*Thai	
Vishabha Rasi: 13.58 Tithi 11 – 12 Creative Work Siddha Yoga			

3	Monday, January 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Rome, Italy Sutra 280 Sobhana 5125
	832237576	Gulika 1:36PM – 2:49PM Yama 11:10AM – 12:23PM Rahu 8:44AM – 9:57AM	Mrigashira Until 12:30AM Tue Indra Until 3:36AM Tue Kaulava Until 3:48AM Tue Dvadashi Until 3:25PM
	832237576	Ganesha: Blue Sunrise: 7:31AM Muruga: White Sunset: 5:15PM Nataraja: Clear Moon – Yellow	Devaloka Day
	832237576	Pausha*Thai	
Vishabha Rasi: 26.5 Tithi 12 – 13 Family Home Evening Creative Work Amrita Yoga Until 12:30AM Tue Then Routine Work - Marana Yoga			

4	Tuesday, January 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Tailai/Gara Karana Trayodashi/Chaturdashyam Titau	Rome, Italy Sutra 281 Sobhana 5125
	832237576	Gulika 12:23PM – 1:36PM Yama 9:57AM – 11:10AM Rahu 2:49PM – 4:03PM	Ardra Until 1:48AM Wed Vaidhriti* Until 3:10AM Wed Gara Until 4:46AM Wed Trayodashi Until 4:13PM
	832237576	Ganesha: Blue Sunrise: 7:30AM Muruga: White Sunset: 5:16PM Nataraja: Clear Moon – Yellow	Devaloka Day
	832237576	Pausha*Thai	
Mithuna Rasi: 9.33 Tithi 13 – 14 Routine Work Marana Yoga Until 1:48AM Wed Then Creative Work - Siddha Yoga			

5	Wednesday, January 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Rome, Italy Sutra 282 Sobhana 5125
	842237576	Gulika 11:10AM – 12:23PM Yama 8:43AM – 9:56AM Rahu 12:23PM – 1:37PM	Punarvasu Until 3:47AM Thu Vishkambha* Until 3:02AM Thu Visti Until 6:07AM Thu Chaturdashi* Until 5:23PM
	842237576	Ganesha: Red Sunrise: 7:30AM Muruga: White Sunset: 5:17PM Nataraja: Clear Moon – Blue	Sivaloka Day
	842237576	Pausha*Thai	
Mithuna Rasi: 22.05 Tithi 14 – 15 Creative Work Siddha Yoga Until 3:47AM Thu Then Creative Work - Amrita Yoga			

	Thursday, January 25, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau	Rome, Italy Sutra 283 Sobhana 5125
	942237576	Gulika 9:56AM – 11:10AM Yama 7:29AM – 8:42AM Rahu 1:37PM – 2:51PM	Pushya Until 5:57AM Fri Priti Until 3:11AM Fri Visti Until 6:07AM Purnima* Until 6:55PM
	942237576	Ganesha: Blue Sunrise: 7:29AM Muruga: White Sunset: 5:18PM Nataraja: Clear Moon – Blue	Devaloka Day
	942237576	Pausha*Thai	
Kataka Rasi: 4.28 Tithi 15 Copper Retreat Star Creative Work Amrita Yoga Until 5:57AM Fri Then Routine Work - Marana Yoga			

	Friday, January 26, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau	Rome, Italy Sutra 284 Sobhana 5125
	942237576	Gulika 8:42AM – 9:56AM Yama 2:52PM – 4:06PM Rahu 11:10AM – 12:24PM	Ashlesha* Until 8:19AM Sat Ayushman Until 3:35AM Sat Balava Until 7:50AM Prathama* Until 8:49PM
	942237576	Ganesha: Blue Sunrise: 7:28AM Muruga: White Sunset: 5:20PM Nataraja: Clear Moon – Blue	Devaloka Day
	942237576	Pausha*Thai	
Kataka Rasi: 16.41 Tithi 16 Silver Retreat Star Routine Work Marana Yoga Until 8:19AM Sat Then Creative Work - Amrita Yoga			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

**Saturday, January 27, 2024****Gold Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam TitauRome, Italy
Sun 1
Sutra 285

Kataka Rasi: 28.45 Tithi 17

942237576

Gulika 7:27AM – 8:41AM
Yama 1:38PM – 2:52PM
Rahu 9:56AM – 11:10AM**Ashlesha* Until 8:19AM**
Saubhagya Until 4:16AM Sun
Taitila Until 9:56AM
Dvitiya Until 11:05PM**Ganesha:** Blue *Sunrise:* 7:27AM
Muruga: White *Sunset:* 5:21PM
Nataraja: Clear
Moon – Blue
Pausha*Thai**Devaloka Day**Routine Work Marana Yoga
Until 8:19AM
Then Creative Work - Amrita Yoga**1****Sunday, January 28, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam TitauRome, Italy
Sun 2
Sutra 286

Simha Rasi: 10.41 Tithi 18

952237576

Gulika 2:53PM – 4:08PM
Yama 12:24PM – 1:39PM
Rahu 4:08PM – 5:22PM**Magha* Until 11:19AM**
Sobhana Until 5:09AM Mon
Vanija Until 12:21PM
Tritiya Until 1:38AM Mon**Ganesha:** Red *Sunrise:* 7:26AM
Muruga: White *Sunset:* 5:22PM
Nataraja: Clear
Moon – Red
Pausha*Thai**Sivaloka Day**Routine Work Marana Yoga
Until 11:19AM
Then Creative Work - Siddha Yoga**2****Monday, January 29, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthiyam TitauRome, Italy
Sun 3
Sutra 287

Simha Rasi: 22.32 Tithi 19

953237576

Family Home Evening**Gulika** 1:39PM – 2:54PM
Yama 11:10AM – 12:24PM
Rahu 8:40AM – 9:55AM**Purvaphalguni Until 2:23PM**
Athiganda* Until 6:08AM Tue
Bava Until 3:00PM
Chaturthi* Until 4:22AM Tue**Ganesha:** Yellow *Sunrise:* 7:25AM
Muruga: White *Sunset:* 5:23PM
Nataraja: Clear
Moon – Red
Pausha*Thai**Sivaloka Day**

Creative Work Siddha Yoga

3**Tuesday, January 30, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam TitauRome, Italy
Sun 4
Sutra 288

Kanya Rasi: 4.19 Tithi 20

953237576

Gulika 12:25PM – 1:40PM
Yama 9:54AM – 11:09AM
Rahu 2:55PM – 4:10PM**Uttaraphalguni Until 5:22PM**
Athiganda* Until 6:08AM
Kaulava Until 5:45PM
Panchami Until 7:05AM Wed**Ganesha:** Yellow *Sunrise:* 7:24AM
Muruga: White *Sunset:* 5:25PM
Nataraja: Clear
Moon – Red
Pausha*Thai**Sivaloka Day**Creative Work Amrita Yoga
Until 5:22PM
Then Creative Work - Siddha Yoga**4****Wednesday, January 31, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam TitauRome, Italy
Sun 5
Sutra 289

Kanya Rasi: 16.07 Tithi 20 – 21

963237576

Gulika 11:09AM – 12:25PM
Yama 8:39AM – 9:54AM
Rahu 12:25PM – 1:40PM**Hasta Until 8:36PM**
Sukarma Until 7:07AM
Gara Until 8:24PM
Panchami Until 7:05AM**Ganesha:** White *Sunrise:* 7:23AM
Muruga: White *Sunset:* 5:26PM
Nataraja: Clear
Moon – Green
Pausha*Thai**Devaloka Day**Routine Work Marana Yoga
Until 8:36PM
Then Creative Work - Siddha Yoga**5****Thursday, February 1, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam TitauRome, Italy
Sun 6
Sutra 290

Kanya Rasi: 27.59 Tithi 21 – 22

963237576

Gulika 9:54AM – 11:09AM
Yama 7:23AM – 8:39AM
Rahu 1:40PM – 2:55PM**Chitra Until 11:19PM**
Dhriti Until 7:56AM
Visti Until 10:41PM
Shashthi* Until 9:34AM**Ganesha:** White *Sunrise:* 7:23AM
Muruga: White *Sunset:* 5:26PM
Nataraja: Clear
Moon – Green
Pausha*Thai**Devaloka Day**Creative Work Siddha Yoga
Until 11:19PM
Then Creative Work - Amrita Yoga**D****Friday, February 2, 2024****Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam TitauRome, Italy
Sun 7
Sutra 291

Tula Rasi: 10.02 Tithi 22 – 23

963237576

Gulika 8:38AM – 9:54AM
Yama 2:56PM – 4:12PM
Rahu 11:09AM – 12:25PM**Svati Until 1:19AM Sat**
Shula* Until 8:24AM
Balava Until 12:22AM Sat
Saptami Until 11:35AM**Ganesha:** White *Sunrise:* 7:22AM
Muruga: White *Sunset:* 5:27PM
Nataraja: Clear
Moon – Green
Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

Saturday, February 3, 2024**Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam TitauRome, Italy
Sun 8
Sutra 292

Tula Rasi: 22.2 Tithi 23 – 24

973237576

Gulika 7:21AM – 8:37AM
Yama 1:41PM – 2:57PM
Rahu 9:53AM – 11:09AM**Vishakha Until 2:52AM Sun**
Ganda* Until 8:22AM
Taitila Until 1:17AM Sun
Ashtami* Until 12:55PM**Ganesha:** Clear *Sunrise:* 7:21AM
Muruga: White *Sunset:* 5:28PM
Nataraja: Clear
Moon – Orange
Pausha*Thai**Sivaloka Day**Creative Work Siddha Yoga
Until 2:52AM Sun
Then Routine Work - Marana Yoga

1	Sunday, February 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha/Shiva Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau				Rome, Italy
	Kumbha Rasi: 15.26	Tithi 2 – 3	Gulika 3:02PM – 4:20PM	Shatabhishak Until 1:04PM	Ganesha: Purple	<i>Sunrise:</i> 7:12AM	Sun 16 Sutra 300
			Yama 12:25PM – 1:44PM	Parigha* Until 6:10AM	Muruga: White	<i>Sunset:</i> 5:39PM	Sobhana 5125
	Creative Work	Siddha Yoga	993337577 Rahu 4:20PM – 5:39PM	Balava Until 6:32AM	Nataraja: Orange		Moon 1 - Phase 42 - 16 3rd Phase
			Dvitiya Until 4:44PM	Moon – Purple		Devaloka Day	
				Magha*Thai			

2	Monday, February 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Rome, Italy
	Meena Rasi: 0.31	Tithi 3 – 4	Gulika 1:44PM – 3:03PM	Purvaproshtapada* Until 10:29AM	Ganesha: Orange	<i>Sunrise:</i> 7:11AM	Sun 17 Sutra 301
	Family Home Evening		Yama 11:07AM – 12:25PM	Siddha Until 10:08PM	Muruga: White	<i>Sunset:</i> 5:40PM	Sobhana 5125
	Routine Work	Marana Yoga	914337577 Rahu 8:30AM – 9:48AM	Vanija Until 11:44PM	Nataraja: Orange		Moon 1 - Phase 42 - 17 3rd Phase
			Tritiya Until 1:19PM	Moon – Clear		Sivaloka Day	
				Magha*Thai			

3	Tuesday, February 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy
	Meena Rasi: 15.22	Tithi 4 – 5	Gulika 12:25PM – 1:44PM	Uttaraproshtapada Until 8:07AM	Ganesha: Orange	<i>Sunrise:</i> 7:10AM	Sun 18 Sutra 302
			Yama 9:48AM – 11:06AM	Sadhya Until 6:34PM	Muruga: White	<i>Sunset:</i> 5:41PM	Sobhana 5125
	Creative Work	Amrita Yoga	914337577 Rahu 3:03PM – 4:22PM	Bava Until 8:54PM	Nataraja: Orange		Moon 1 - Phase 42 - 18 3rd Phase
			Chaturthi* Until 10:15AM	Moon – Clear		Sivaloka Day	
				Magha*Masi			

4	Wednesday, February 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Rome, Italy
	Meena Rasi: 29.52	Tithi 5 – 6	Gulika 11:06AM – 12:25PM	Revati Until 6:04AM	Ganesha: Orange	<i>Sunrise:</i> 7:08AM	Sun 19 Sutra 303
			Yama 8:28AM – 9:47AM	Subha Until 3:27PM	Muruga: Clear	<i>Sunset:</i> 5:42PM	Sobhana 5125
	Routine Work	Marana Yoga	914347577 Rahu 12:25PM – 1:45PM	Kaulava Until 6:37PM	Nataraja: Orange		Moon 1 - Phase 42 - 19 3rd Phase
			Panchami Until 7:40AM	Moon – Clear		Devaloka Day	
				Magha*Masi			

5	Thursday, February 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy
	Mesha Rasi: 13.58	Tithi 7	Gulika 9:46AM – 11:06AM	Bharani Until 4:13AM Fri	Ganesha: Green	<i>Sunrise:</i> 7:07AM	Sun 20 Sutra 304
			Yama 7:07AM – 8:27AM	Sukla Until 12:49PM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Sobhana 5125
	Creative Work	Siddha Yoga	924347577 Rahu 1:45PM – 3:04PM	Gara Until 4:58PM	Nataraja: Orange		Moon 1 - Phase 42 - 20 3rd Phase
			Saptami Until 4:22AM Fri	Moon – White		Bhuloka Day	
				Magha*Masi		Devaloka Time: 3:PM to 6:PM	

5	Friday, February 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy
	Retreat Star		Gulika 8:26AM – 9:46AM	Krittika Until 4:04AM Sat	Ganesha: Green	<i>Sunrise:</i> 7:06AM	Sun 21 Sutra 305
	Mesha Rasi: 27.4	Tithi 8	Yama 3:05PM – 4:25PM	Brahma Until 10:43AM	Muruga: Clear	<i>Sunset:</i> 5:45PM	Sobhana 5125
	Creative Work	Siddha Yoga	924347577 Rahu 11:05AM – 12:25PM	Visti Until 3:59PM	Nataraja: Orange		Moon 1 - Phase 42 - 21 Ashtami
			Ashtami* Until 3:44AM Sat	Moon – White		Bhuloka Day	
				Magha*Masi		Devaloka Time: 3:PM to 6:PM	

5	Saturday, February 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy
	Retreat Star		Gulika 7:04AM – 8:25AM	Rohini Until 4:51AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:04AM	Sun 22 Sutra 306
	Vrishabha Rasi: 10.58	Tithi 9	Yama 1:45PM – 3:06PM	Indra Until 9:11AM	Muruga: Clear	<i>Sunset:</i> 5:46PM	Sobhana 5125
	Creative Work	Amrita Yoga	934347577 Rahu 9:45AM – 11:05AM	Balava Until 3:41PM	Nataraja: Orange		Moon 1 - Phase 42 - 22 Navami
			Navami* Until 3:45AM Sun	Moon – Yellow		Devaloka Day	
				Magha*Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22

www.gurudeva.org/panchang

1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Rome, Italy Sun 23 Sutra 307 Sobhana 5125
	Vishabha Rasi: 23.56 Tithi 10	Gulika 3:06PM – 4:27PM Yama 12:25PM – 1:46PM Rahu 4:27PM – 5:47PM	Mrigashira Until 6:03AM Mon Vaidhriti* Until 8:06AM Taitila Until 4:00PM Dashami Until 4:21AM Mon
	934347577	Ganesha: Red Sunrise: 7:03AM Muruga: Clear Sunset: 5:47PM Nataraja: Orange Moon – Yellow Magha*Masi	Devaloka Day
	Creative Work Siddha Yoga		


2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Rome, Italy Sun 24 Sutra 308 Sobhana 5125
	Mithuna Rasi: 6.38 Tithi 11	Gulika 1:46PM – 3:07PM Yama 11:04AM – 12:25PM Rahu 8:22AM – 9:43AM	Mrigashira Until 6:03AM Vishkambha* Until 7:30AM Vanija Until 4:52PM Ekadashi Until 5:28AM Tue
	934347577	Ganesha: Red Sunrise: 7:02AM Muruga: Clear Sunset: 5:49PM Nataraja: Orange Moon – Yellow Magha*Masi	Devaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 6:03AM Then Creative Work - Siddha Yoga		


3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam Titau	Rome, Italy Sun 25 Sutra 309 Sobhana 5125
	Mithuna Rasi: 19.06 Tithi 12	Gulika 12:25PM – 1:46PM Yama 9:43AM – 11:04AM Rahu 3:07PM – 4:29PM	Ardra Until 7:34AM Priti Until 7:16AM Bava Until 6:12PM Dvadashi Until 7:00AM Wed
	934347577	Ganesha: Red Sunrise: 7:00AM Muruga: Clear Sunset: 5:50PM Nataraja: Orange Moon – Yellow Magha*Masi	Devaloka Day
	Routine Work Marana Yoga Until 7:34AM Then Creative Work - Siddha Yoga		

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Rome, Italy Sun 26 Sutra 310 Sobhana 5125
	Kataka Rasi: 1.23 Tithi 12 – 13	Gulika 11:03AM – 12:25PM Yama 8:20AM – 9:42AM Rahu 12:25PM – 1:46PM	Punarvasu Until 9:48AM Ayushman Until 7:20AM Kaulava Until 7:55PM Dvadashi Until 7:00AM
	944347577	Ganesha: Blue Sunrise: 6:59AM Muruga: Clear Sunset: 5:51PM Nataraja: Orange Moon – Blue Magha*Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga		

Pradosha Vrata

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Rome, Italy Sun 27 Sutra 311 Sobhana 5125
	Kataka Rasi: 13.32 Tithi 13 – 14	Gulika 9:41AM – 11:03AM Yama 6:57AM – 8:19AM Rahu 1:47PM – 3:08PM	Pushya Until 12:12PM Saubhagya Until 7:41AM Gara Until 9:57PM Trayodashi Until 8:53AM
	944347577	Ganesha: Blue Sunrise: 6:57AM Muruga: Clear Sunset: 5:52PM Nataraja: Orange Moon – Blue Magha*Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 12:12PM Then Creative Work - Siddha Yoga	Chidambaram Abhishekam	

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Rome, Italy Sun 28 Sutra 312 Sobhana 5125
	Kataka Rasi: 25.34 Tithi 14 – 15	Gulika 8:18AM – 9:40AM Yama 3:09PM – 4:31PM Rahu 11:02AM – 12:25PM	Ashlesha* Until 2:43PM Sobhana Until 8:16AM Visti Until 12:15AM Sat Chaturdashi* Until 11:03AM
	944347577	Ganesha: Blue Sunrise: 6:56AM Muruga: Clear Sunset: 5:53PM Nataraja: Orange Moon – Blue Magha*Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga		

	Saturday, February 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Rome, Italy Sun 29 Sutra 313 Sobhana 5125
	Simha Rasi: 7.29 Tithi 15 – 16	Gulika 6:54AM – 8:17AM Yama 1:47PM – 3:10PM Rahu 9:39AM – 11:02AM	Magha* Until 5:47PM Athiganda* Until 9:00AM Balava Until 2:46AM Sun Purnima* Until 1:28PM
	954347577	Ganesha: Yellow Sunrise: 6:54AM Muruga: Clear Sunset: 5:55PM Nataraja: Orange Moon – Red Magha*Masi	Devaloka Day
	Creative Work Amrita Yoga Until 5:47PM Then Creative Work - Siddha Yoga		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Sunday, February 25, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy

Sutra 314

Sobhana 5125

Moon 2 - Phase 44 -

1st Phase

Simha Rasi: 19.21 Tithi 16 - 17

955347577

Gulika

3:10PM - 4:33PM

Yama

12:24PM - 1:47PM

Rahu

4:33PM - 5:56PM

Purvaphalguni Until 8:50PM

Sukarma Until 9:54AM

Taitila Until 5:25AM Mon

Prathama* Until 4:04PM

Ganesha: White

Sunrise: 6:53AM

Muruga: Clear

Sunset: 5:56PM

Nataraja: Orange

Moon - Red

Magha*Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:50PM

Then Creative Work - Amrita Yoga

1

Monday, February 26, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Gara Karana Dvitiyayam Titau

Rome, Italy

Sutra 315

Sobhana 5125

Moon 2 - Phase 44 - 1

1st Phase

Kanya Rasi: 1.1 Tithi 17

955347577

Gulika

1:47PM - 3:11PM

Yama

11:01AM - 12:24PM

Rahu

8:15AM - 9:38AM

Uttaraphalguni Until 11:47PM

Dhriti Until 10:53AM

Gara Until 6:44PM

Dvitiya Until 6:44PM

Ganesha: White

Sunrise: 6:51AM

Muruga: Clear

Sunset: 5:57PM

Nataraja: Orange

Moon - Red

Magha*Masi

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, February 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy

Sutra 316

Sobhana 5125

Moon 2 - Phase 44 - 2

1st Phase

Kanya Rasi: 12.58 Tithi 18

965347577

Gulika

12:24PM - 1:48PM

Yama

9:37AM - 11:00AM

Rahu

3:11PM - 4:35PM

Hasta Until 3:01AM Wed

Shula* Until 11:51AM

Vanija Until 8:05AM

Tritiya Until 9:23PM

Ganesha: Clear

Sunrise: 6:50AM

Muruga: Clear

Sunset: 5:58PM

Nataraja: Orange

Moon - Green

Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, February 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Rome, Italy

Sutra 317

Sobhana 5125

Moon 2 - Phase 44 - 3

1st Phase

Kanya Rasi: 24.48 Tithi 19

965347577

Gulika

11:00AM - 12:24PM

Yama

8:12AM - 9:36AM

Rahu

12:24PM - 1:48PM

Chitra Until 5:52AM Thu

Ganda* Until 12:44PM

Bava Until 10:40AM

Chaturthi* Until 11:50PM

Ganesha: Clear

Sunrise: 6:48AM

Muruga: Clear

Sunset: 5:59PM

Nataraja: Orange

Moon - Green

Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

Until 5:52AM Thu

Then Creative Work - Amrita Yoga

4

Thursday, February 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sutra 318

Sobhana 5125

Moon 2 - Phase 44 - 4

1st Phase

Tula Rasi: 6.43 Tithi 20

965347577

Gulika

9:35AM - 10:59AM

Yama

6:47AM - 8:11AM

Rahu

1:48PM - 3:12PM

Svati Until 8:11AM Fri

Vridhi Until 1:26PM

Kaulava Until 12:57PM

Panchami Until 1:56AM Fri

Ganesha: Clear

Sunrise: 6:47AM

Muruga: Clear

Sunset: 6:01PM

Nataraja: Orange

Moon - Green

Magha*Masi

Devaloka Day

Creative Work Amrita Yoga

Until 8:11AM Fri

Then Creative Work - Siddha Yoga

5

Friday, March 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy

Sutra 319

Sobhana 5125

Moon 2 - Phase 44 - 5

1st Phase

Tula Rasi: 18.48 Tithi 21

965347577

Gulika

8:09AM - 9:33AM

Yama

3:13PM - 4:38PM

Rahu

10:58AM - 12:23PM

Svati Until 8:11AM

Dhruva Until 1:45PM

Gara Until 2:48PM

Shashthi* Until 3:29AM Sat

Ganesha: Clear

Sunrise: 6:44AM

Muruga: Clear

Sunset: 6:03PM

Nataraja: Orange

Moon - Green

Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

6

Saturday, March 2, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy

Sutra 320

Sobhana 5125

Moon 2 - Phase 44 - 6

1st Phase

Vrischika Rasi: 1.07 Tithi 22

975347577

Gulika

6:42AM - 8:07AM

Yama

1:48PM - 3:14PM

Rahu

9:33AM - 10:58AM

Vishakha Until 10:15AM

Vyaghata* Until 1:38PM

Visti Until 4:02PM

Saptami Until 4:21AM Sun

Ganesha: Purple

Sunrise: 6:42AM

Muruga: Clear

Sunset: 6:04PM

Nataraja: Orange

Moon - Orange

Magha*Masi

Sivaloka Day

Creative Work Siddha Yoga

D

Sunday, March 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy

Sutra 321

Sobhana 5125

Moon 2 - Phase 44 - 7

Ashtami

Vrischika Rasi: 13.43 Tithi 23

975447577

Gulika

3:14PM - 4:40PM

Yama

12:23PM - 1:48PM

Rahu

4:40PM - 6:05PM

Anuradha Until 11:28AM

Harshana Until 12:57PM

Balava Until 4:30PM

Ashtami* Until 4:24AM Mon

Ganesha: Clear

Sunrise: 6:40AM

Muruga: Clear

Sunset: 6:05PM

Nataraja: Orange

Moon - Orange

Magha*Masi

Devaloka Day

Routine Work Marana Yoga

Monday, March 4, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy

Sutra 322

Sobhana 5125

Moon 2 - Phase 44 - 8

Navami

Vrischika Rasi: 26.44 Tithi 24

975447577

Gulika

1:49PM - 3:15PM

Yama

10:57AM - 12:23PM

Rahu

8:05AM - 9:31AM

Jyeshtha* Until 11:45AM

Vajra* Until 11:37AM

Taitila Until 4:08PM

Navami* Until 3:37AM Tue

Ganesha: Clear

Sunrise: 6:39AM

Muruga: Clear

Sunset: 6:06PM

Nataraja: Orange

Moon - Orange

Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 1/25/22


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1	Tuesday, March 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Rome, Italy
			Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 323
	Dhanus Rasi: 10.1	Tithi 25	Gulika 12:22PM – 1:49PM	Mula* Until 11:30AM	Ganesha: Red	Sunrise: 6:37AM	Sobhana 5125
			Yama 9:30AM – 10:56AM	Siddhi Until 9:38AM	Muruga: Clear	Sunset: 6:08PM	Moon 2 - Phase 45 - 9
		186447577 Rahu 3:15PM – 4:41PM	Vanija Until 2:57PM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga		Dashami Until 2:02AM Wed				Magha*Masi	Devaloka Day
Until 11:30AM							
Then Creative Work - Siddha Yoga							

2	Wednesday, March 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Rome, Italy
			Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 324
	Dhanus Rasi: 24.05	Tithi 26	Gulika 10:55AM – 12:22PM	Purvashadha* Until 10:21AM	Ganesha: Red	Sunrise: 6:36AM	Sobhana 5125
			Yama 8:02AM – 9:29AM	Vyatipata* Until 7:02AM	Muruga: Clear	Sunset: 6:09PM	Moon 2 - Phase 45 - 10
		186447577 Rahu 12:22PM – 1:49PM	Bava Until 12:59PM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga		Ekadashi* Until 11:43PM				Magha*Masi	Devaloka Day

3	Thursday, March 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Rome, Italy
			Uttarashadha/Shravana Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 325
	Makara Rasi: 8.28	Tithi 27	Gulika 9:28AM – 10:55AM	Uttarashadha Until 8:22AM	Ganesha: Red	Sunrise: 6:34AM	Sobhana 5125
			Yama 6:34AM – 8:01AM	Parigha* Until 12:12AM Fri	Muruga: Clear	Sunset: 6:10PM	Moon 2 - Phase 45 - 11
		186447577 Rahu 1:49PM – 3:16PM	Kaulava Until 10:21AM	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga		Dvadashi* Until 8:48PM				Magha*Masi	Devaloka Day
Until 8:22AM							
Then Creative Work - Siddha Yoga							

4	Friday, March 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Rome, Italy
			Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 326
	Makara Rasi: 23.14	Tithi 28 – 29	Gulika 8:00AM – 9:27AM	Shravana Until 6:08AM	Ganesha: Green	Sunrise: 6:32AM	Sobhana 5125
			Yama 3:16PM – 4:44PM	Shiva Until 8:13PM	Muruga: Clear	Sunset: 6:11PM	Moon 2 - Phase 45 - 12
		196447577 Rahu 10:54AM – 12:22PM	Gara Until 7:11AM	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga		Trayodashi* Until 5:27PM				Magha*Masi	Sivaloka Day
Until 6:08AM							
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

	Saturday, March 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Rome, Italy
	Retreat Star		Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 327
	Kumbha Rasi: 8.19	Tithi 29 – 30	Gulika 6:31AM – 7:58AM	Shatabhishak Until 12:17AM Sun	Ganesha: Green	Sunrise: 6:31AM	Sobhana 5125
			Yama 1:49PM – 3:17PM	Siddha Until 4:00PM	Muruga: Clear	Sunset: 6:12PM	Moon 2 - Phase 45 - 13
		196447577 Rahu 9:26AM – 10:54AM	Catuspada Until 11:56PM	Nataraja: Orange		Amavasya	
Creative Work Amrita Yoga		Chaturdashi* Until 1:48PM				Magha*Masi	Sivaloka Day
Until 12:17AM Sun							
Then Creative Work - Siddha Yoga							

	Sunday, March 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rome, Italy
	Retreat Star		Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 328
	Kumbha Rasi: 23.32	Tithi 30 – 1	Gulika 3:17PM – 4:45PM	Purvaproshtapada* Until 9:25PM	Ganesha: Orange	Sunrise: 6:29AM	Sobhana 5125
			Yama 12:21PM – 1:49PM	Sadhya Until 11:42AM	Muruga: Clear	Sunset: 6:13PM	Moon 2 - Phase 45 - 14
		116447577 Rahu 4:45PM – 6:13PM	Kintughna Until 8:09PM	Nataraja: Orange		Prathama	
Creative Work Siddha Yoga		Amavasya* Until 10:01AM				Phalgun* Masi	Devaloka Day
Until 9:25PM							
Then Creative Work - Amrita Yoga							

1	Monday, March 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Rome, Italy
	Meena Rasi: 8.45	Tithi 1 - 2	Gulika 1:49PM - 3:18PM	Uttaraproshtapada Until 6:33PM	Ganesha: Orange	Sunrise: 6:27AM	Sun 15 Sutra 329
	Family Home Evening	116447577	Yama 10:52AM - 12:21PM	Subha Until 7:28AM	Muruga: Clear	Sunset: 6:14PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu 7:56AM - 9:24AM	Kaulava Until 2:45AM Tue	Nataraja: Orange		Moon 2 - Phase 46 - 15
			Prathama* Until 6:17AM	Moon - Clear		3rd Phase	
				Phalguna*Masi		Devaloka Day	

2	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy
	Meena Rasi: 23.48	Tithi 3	Gulika 12:21PM - 1:49PM	Revati Until 3:52PM	Ganesha: Orange	Sunrise: 6:26AM	Sun 16 Sutra 330
		116447577	Yama 9:23AM - 10:52AM	Brahma Until 11:37PM	Muruga: Clear	Sunset: 6:16PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu 3:18PM - 4:47PM	Taitila Until 1:08PM	Nataraja: Orange		Moon 2 - Phase 46 - 16
			Tritiya Until 11:35PM	Moon - Clear		3rd Phase	
				Phalguna*Masi		Devaloka Day	

Subramuniyaswami Siva Vision Day

3	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthiyam Titau				Rome, Italy
	Mesha Rasi: 8.33	Tithi 4	Gulika 10:51AM - 12:20PM	Ashvini Until 1:54PM	Ganesha: White	Sunrise: 6:24AM	Sun 17 Sutra 331
		127447577	Yama 7:53AM - 9:22AM	Indra Until 8:17PM	Muruga: Clear	Sunset: 6:17PM	Sobhana 5125
	Routine Work Marana Yoga		Rahu 12:20PM - 1:49PM	Vanija Until 10:13AM	Nataraja: Orange		Moon 2 - Phase 46 - 17
Until 1:54PM			Chaturthi* Until 8:56PM	Moon - White		3rd Phase	
Then Creative Work - Siddha Yoga				Phalguna*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Thursday, March 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy
	Mesha Rasi: 22.54	Tithi 5	Gulika 9:21AM - 10:51AM	Bharani Until 12:24PM	Ganesha: White	Sunrise: 6:22AM	Sun 18 Sutra 332
		127447577	Yama 6:22AM - 7:52AM	Vaidhriti* Until 5:27PM	Muruga: Clear	Sunset: 6:18PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu 1:49PM - 3:19PM	Bava Until 7:52AM	Nataraja: Orange		Moon 2 - Phase 46 - 18
Until 12:24PM			Panchami Until 6:55PM	Moon - White		3rd Phase	
Then Routine Work - Marana Yoga		Karadaiyan Nombu (Tamil Nadu)		Phalguna*Panguni		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

5	Friday, March 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy
	Vrishabha Rasi: 6.49	Tithi 6 - 7	Gulika 7:50AM - 9:20AM	Krittika Until 11:27AM	Ganesha: White	Sunrise: 6:21AM	Sun 19 Sutra 333
		127447578	Yama 3:19PM - 4:49PM	Vishkambha* Until 3:12PM	Muruga: Clear	Sunset: 6:19PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu 10:50AM - 12:20PM	Kaulava Until 6:12AM	Nataraja: Clear		Moon 2 - Phase 46 - 19
Until 11:27AM			Shashthi* Until 5:38PM	Moon - White		3rd Phase	
Then Routine Work - Marana Yoga				Phalguna*Panguni		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6	Saturday, March 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy
	Vrishabha Rasi: 20.16	Tithi 7 - 8	Gulika 6:19AM - 7:49AM	Rohini Until 11:33AM	Ganesha: Clear	Sunrise: 6:19AM	Sun 20 Sutra 334
		137447578	Yama 1:50PM - 3:20PM	Priti Until 1:35PM	Muruga: Clear	Sunset: 6:20PM	Sobhana 5125
	Creative Work Amrita Yoga		Rahu 9:19AM - 10:49AM	Visti Until 5:11AM Sun	Nataraja: Clear		Moon 2 - Phase 46 - 20
Until 11:33AM			Saptami Until 5:07PM	Moon - Yellow		3rd Phase	
Then Creative Work - Siddha Yoga				Phalguna*Panguni		Devaloka Day	

D	Sunday, March 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy
	Retreat Star		Gulika 3:20PM - 4:51PM	Mrigashira Until 12:15PM	Ganesha: Clear	Sunrise: 6:17AM	Sun 21 Sutra 335
	Mithuna Rasi: 3.19	Tithi 8 - 9	Yama 12:19PM - 1:50PM	Ayushman Until 12:33PM	Muruga: Clear	Sunset: 6:21PM	Sobhana 5125
		137447578	Rahu 4:51PM - 6:21PM	Balava Until 5:48AM Mon	Nataraja: Clear		Moon 2 - Phase 46 - 21
Creative Work Siddha Yoga			Ashtami* Until 5:23PM	Moon - Yellow		Ashtami	
				Phalguna*Panguni		Devaloka Day	

D	Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Navamyam Titau				Rome, Italy
	Retreat Star		Gulika 1:50PM - 3:21PM	Ardra Until 1:30PM	Ganesha: Clear	Sunrise: 6:15AM	Sun 22 Sutra 336
	Mithuna Rasi: 16	Tithi 9	Yama 10:48AM - 12:19PM	Saubhagya Until 12:05PM	Muruga: Clear	Sunset: 6:22PM	Sobhana 5125
		137447578	Rahu 7:46AM - 9:17AM	Kaulava Until 6:20PM	Nataraja: Clear		Moon 2 - Phase 46 - 22
Creative Work Siddha Yoga			Navami* Until 6:20PM	Moon - Yellow		Navami	
Until 1:30PM				Phalguna*Panguni		Devaloka Day	
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1	Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy
	Mithuna Rasi: 28.24	Tithi 10	Gulika 12:19PM – 1:50PM	Punarvasu Until 3:39PM	Ganesha: Clear	Sunrise: 6:14AM	Sun 23 Sutra 337
			Yama 9:16AM – 10:47AM	Sobhana Until 12:06PM	Muruga: Clear	Sunset: 6:23PM	Sobhana 5125
	148447578	Rahu 3:21PM – 4:52PM	Taitila Until 7:04AM		Nataraja: Clear		Moon 2 - Phase 47 - 23 4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:53PM	Moon – Blue		Devaloka Day	
				Phalguna*Panguni			

2	Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy
	Kataka Rasi: 10.35	Tithi 11	Gulika 10:47AM – 12:18PM	Pushya Until 6:07PM	Ganesha: Clear	Sunrise: 6:12AM	Sun 24 Sutra 338
			Yama 7:44AM – 9:15AM	Athiganda* Until 12:28PM	Muruga: Clear	Sunset: 6:24PM	Sobhana 5125
	148447578	Rahu 12:18PM – 1:50PM	Vanija Until 8:51AM		Nataraja: Clear		Moon 2 - Phase 47 - 24 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:53PM	Moon – Blue		Devaloka Day	
				Phalguna*Panguni			

3	Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy
	Kataka Rasi: 22.35	Tithi 12	Gulika 9:14AM – 10:46AM	Ashlesha* Until 8:44PM	Ganesha: Clear	Sunrise: 6:10AM	Sun 25 Sutra 339
			Yama 6:10AM – 7:42AM	Sukarma Until 1:09PM	Muruga: Clear	Sunset: 6:25PM	Sobhana 5125
	148447578	Rahu 1:50PM – 3:22PM	Bava Until 11:02AM		Nataraja: Clear		Moon 2 - Phase 47 - 25 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:13AM Fri	Moon – Blue		Devaloka Day	
Until 8:44PM		Yogaswami Mahasamadhi		Phalguna*Panguni			
Then Creative Work - Amrita Yoga							

4	Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
	Simha Rasi: 4.29	Tithi 13	Gulika 7:41AM – 9:13AM	Magha* Until 11:54PM	Ganesha: Purple	Sunrise: 6:09AM	Sun 26 Sutra 340
			Yama 3:22PM – 4:54PM	Dhriti Until 2:02PM	Muruga: Clear	Sunset: 6:27PM	Sobhana 5125
	158447578	Rahu 10:45AM – 12:18PM	Kaulava Until 1:30PM		Nataraja: Clear		Moon 2 - Phase 47 - 26 4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:46AM Sat	Moon – Red		Sivaloka Day	
Until 11:54PM				Phalguna*Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5	Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy
	Simha Rasi: 16.19	Tithi 14	Gulika 6:07AM – 7:40AM	Purvaphalguni Until 3:00AM Sun	Ganesha: Purple	Sunrise: 6:07AM	Sun 27 Sutra 341
			Yama 1:50PM – 3:23PM	Shula* Until 3:00PM	Muruga: Clear	Sunset: 6:28PM	Sobhana 5125
	158447578	Rahu 9:12AM – 10:45AM	Gara Until 4:05PM		Nataraja: Clear		Moon 2 - Phase 47 - 27 4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:23AM Sun	Moon – Red		Sivaloka Day	
Until 3:00AM Sun				Phalguna*Panguni			
Then Creative Work - Amrita Yoga							

	Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Purnimayam Titau				Rome, Italy
	Copper Retreat Star		Gulika 3:23PM – 4:56PM	Uttaraphalguni Until 5:55AM Mon	Ganesha: Purple	Sunrise: 6:05AM	Sun 28 Sutra 342
	Simha Rasi: 28.08	Tithi 15	Yama 12:17PM – 1:50PM	Ganda* Until 4:00PM	Muruga: Clear	Sunset: 6:29PM	Sobhana 5125
	158447578	Rahu 4:56PM – 6:29PM	Visti Until 6:43PM		Nataraja: Clear		Moon 2 - Phase 47 - Purnima
Creative Work	Amrita Yoga		Purnima* Until 7:59AM Mon	Moon – Red		Sivaloka Day	
Until 5:55AM Mon		Panguni Uttiram		Phalguna*Panguni			
Then Creative Work - Siddha Yoga		Holi					

6	Monday, March 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy
	Silver Retreat Star		Gulika 1:50PM – 3:23PM	Hasta Until 9:02AM Tue	Ganesha: Purple	Sunrise: 6:04AM	Sun 29 Sutra 343
	Kanya Rasi: 9.57	Tithi 15 – 16	Yama 10:43AM – 12:17PM	Vridhhi Until 4:57PM	Muruga: Clear	Sunset: 6:30PM	Sobhana 5125
	158447578	Rahu 7:37AM – 9:10AM	Balava Until 9:15PM		Nataraja: Clear		Moon 2 - Phase 47 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 7:59AM	Moon – Red		Sivaloka Day	
				Phalguna*Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy

Sutra 344

Sobhana 5125

Moon 3 - Phase 48 -

1st Phase

Kanya Rasi: 21.49 Tithi 16 - 17

169447578

Gulika

12:16PM - 1:50PM

Hasta Until 9:02AM

Ganesha: Purple

Sunrise: 6:02AM

Sobhana 5125

Yama

9:09AM - 10:43AM

Dhruva Until 5:45PM

Muruga: Clear

Sunset: 6:31PM

Moon 3 - Phase 48 -

Rahu

3:24PM - 4:57PM

Taitila Until 11:35PM

Nataraja: Clear

Moon - Green

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Wednesday, March 27, 2024

1

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy

Sun 1 Sutra 345

Sobhana 5125

Moon 3 - Phase 48 - 1

1st Phase

Tula Rasi: 3.46 Tithi 17 - 18

169447578

Gulika

10:42AM - 12:16PM

Chitra Until 11:45AM

Ganesha: Purple

Sunrise: 6:00AM

Sobhana 5125

Yama

7:34AM - 9:08AM

Vyaghata* Until 6:22PM

Muruga: Clear

Sunset: 6:32PM

Moon 3 - Phase 48 - 1

Rahu

12:16PM - 1:50PM

Vanija Until 1:38AM Thu

Nataraja: Clear

Moon - Green

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, March 28, 2024

2

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Rome, Italy

Sun 2 Sutra 346

Sobhana 5125

Moon 3 - Phase 48 - 2

1st Phase

Tula Rasi: 15.51 Tithi 18 - 19

169547578

Gulika

9:07AM - 10:41AM

Svati Until 1:59PM

Ganesha: Clear

Sunrise: 5:59AM

Sobhana 5125

Yama

5:59AM - 7:33AM

Harshana Until 6:43PM

Muruga: Clear

Sunset: 6:33PM

Moon 3 - Phase 48 - 2

Rahu

1:50PM - 3:24PM

Bava Until 3:17AM Fri

Nataraja: Clear

Moon - Green

Devaloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:59PM

Then Creative Work - Siddha Yoga

Friday, March 29, 2024

3

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy

Sun 3 Sutra 347

Sobhana 5125

Moon 3 - Phase 48 - 3

1st Phase

Tula Rasi: 28.06 Tithi 19 - 20

179547578

Gulika

7:31AM - 9:06AM

Vishakha Until 4:07PM

Ganesha: White

Sunrise: 5:57AM

Sobhana 5125

Yama

3:25PM - 5:00PM

Vajra* Until 6:42PM

Muruga: Clear

Sunset: 6:34PM

Moon 3 - Phase 48 - 3

Rahu

10:41AM - 12:16PM

Kaulava Until 4:27AM Sat

Nataraja: Clear

Moon - Orange

Sivaloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Saturday, March 30, 2024

4

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Rome, Italy

Sun 4 Sutra 348

Sobhana 5125

Moon 3 - Phase 48 - 4

1st Phase

Vrischika Rasi: 10.33 Tithi 20 - 21

179547578

Gulika

5:55AM - 7:30AM

Anuradha Until 5:36PM

Ganesha: White

Sunrise: 5:55AM

Sobhana 5125

Yama

1:50PM - 3:25PM

Siddhi Until 6:17PM

Muruga: Clear

Sunset: 6:35PM

Moon 3 - Phase 48 - 4

Rahu

9:05AM - 10:40AM

Gara Until 5:03AM Sun

Nataraja: Clear

Moon - Orange

Sivaloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Sunday, March 31, 2024

5

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sun 5 Sutra 349

Sobhana 5125

Moon 3 - Phase 48 - 5

1st Phase

Vrischika Rasi: 23.15 Tithi 21 - 22

179547578

Gulika

3:26PM - 5:01PM

Jyeshtha* Until 6:21PM

Ganesha: White

Sunrise: 5:53AM

Sobhana 5125

Yama

12:15PM - 1:50PM

Vyatipata* Until 5:26PM

Muruga: Clear

Sunset: 6:36PM

Moon 3 - Phase 48 - 5

Rahu

5:01PM - 6:36PM

Visti Until 5:02AM Mon

Nataraja: Clear

Moon - Orange

Sivaloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 6:21PM

Then Creative Work - Amrita Yoga

Monday, April 1, 2024

6

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sun 6 Sutra 350

Sobhana 5125

Moon 3 - Phase 48 - 6

1st Phase

Dhanu Rasi: 6.16 Tithi 22 - 23

189547578

Gulika

1:50PM - 3:26PM

Mula* Until 6:46PM

Ganesha: Yellow

Sunrise: 5:53AM

Sobhana 5125

Yama

10:40AM - 12:15PM

Variyan Until 4:02PM

Muruga: Clear

Sunset: 6:36PM

Moon 3 - Phase 48 - 6

Rahu

7:29AM - 9:04AM

Balava Until 4:21AM Tue

Nataraja: Clear

Moon - Light Blue

Devaloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 6:46PM

Then Routine Work - Marana Yoga

Tuesday, April 2, 2024

D

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy

Sun 7 Sutra 351

Sobhana 5125

Moon 3 - Phase 48 - 7

Ashtami

Dhanu Rasi: 19.37 Tithi 23 - 24

181547578

Gulika

12:15PM - 1:50PM

Purvashadha* Until 6:22PM

Ganesha: Yellow

Sunrise: 5:52AM

Sobhana 5125

Yama

9:03AM - 10:39AM

Parigha* Until 2:07PM

Muruga: Clear

Sunset: 6:37PM

Moon 3 - Phase 48 - 7

Rahu

3:26PM - 5:02PM

Taitila Until 3:00AM Wed

Nataraja: Clear

Moon - Light Blue

Devaloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 6:22PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rome, Italy

Sun 8 Sutra 352

Sobhana 5125

Moon 3 - Phase 48 - 8

Navami

Makara Rasi: 3.22 Tithi 24 - 25

181547578

Gulika

10:38AM - 12:14PM

Uttarashadha Until 5:12PM

Ganesha: Yellow

Sunrise: 5:50AM

Sobhana 5125

Yama

7:26AM - 9:02AM

Shiva Until 11:42AM

Muruga: Clear

Sunset: 6:39PM

Moon 3 - Phase 48 - 8

Rahu

12:14PM - 1:50PM

Vanija Until 1:01AM Thu

Nataraja: Clear

Moon - Light Blue

Devaloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 5:12PM

Then Creative Work - Siddha Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1

Thursday, April 4, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Rome, Italy
Sun 9 Sutra 353

Makara Rasi: 17.29 Tithi 25 – 26

Gulika 9:01AM – 10:38AM
Yama 5:48AM – 7:25AM
191547578 **Rahu** 1:50PM – 3:27PM

Shravana Until 3:43PM
Siddha Until 8:46AM
Bava Until 10:29PM
Dashami Until 11:48AM

Ganesha: Blue *Sunrise:* 5:48AM
Muruga: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Purple
Phalguna*Panguni

Sobhana 5125
Moon 3 - Phase 49 - 9
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Friday, April 5, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Rome, Italy
Sun 10 Sutra 354

Kumbha Rasi: 1.59 Tithi 26 – 27

Gulika 7:24AM – 9:00AM
Yama 3:27PM – 5:04PM
191547578 **Rahu** 10:37AM – 12:14PM

Dhanishtha Until 1:37PM
Subha Until 1:44AM Sat
Kaulava Until 7:29PM
Ekadashi* Until 9:01AM

Ganesha: Blue *Sunrise:* 5:47AM
Muruga: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon – Purple
Phalguna*Panguni

Sobhana 5125
Moon 3 - Phase 49 - 10
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, April 6, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau

Rome, Italy
Sun 11 Sutra 355

Kumbha Rasi: 16.47 Tithi 28

Gulika 5:45AM – 7:22AM
Yama 1:51PM – 3:28PM
191547578 **Rahu** 8:59AM – 10:36AM

Shatabhishak Until 11:00AM
Sukla Until 9:47PM
Gara Until 4:09PM
Trayodashi* Until 2:24AM Sun
Pradosha Vrata (Fasting)

Ganesha: Blue *Sunrise:* 5:45AM
Muruga: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Phalguna*Panguni

Sobhana 5125
Moon 3 - Phase 49 - 11
2nd Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:00AM

Then Routine Work - Marana Yoga

4

Sunday, April 7, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Rome, Italy
Sun 12 Sutra 356

Meena Rasi: 1.47 Tithi 29

Gulika 3:28PM – 5:05PM
Yama 12:13PM – 1:51PM
111547578 **Rahu** 5:05PM – 6:43PM

Purvaproshtapada* Until 8:27AM
Brahma Until 5:44PM
Visti Until 12:38PM
Chaturdashi* Until 10:51PM

Ganesha: Red *Sunrise:* 5:43AM
Muruga: Clear *Sunset:* 6:43PM
Nataraja: Clear
Moon – Clear
Phalguna*Panguni

Sobhana 5125
Moon 3 - Phase 49 - 12
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:27AM

Then Creative Work - Amrita Yoga



Monday, April 8, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Rome, Italy
Sun 13 Sutra 357

Meena Rasi: 16.52 Tithi 30

Gulika 1:51PM – 3:28PM
Yama 10:35AM – 12:13PM
111547578 **Rahu** 7:20AM – 8:57AM

Revati Until 2:52AM Tue
Indra Until 1:42PM
Catuspada Until 9:05AM
Amavasya* Until 7:20PM

Ganesha: Red *Sunrise:* 5:42AM
Muruga: Clear *Sunset:* 6:44PM
Nataraja: Clear
Moon – Clear
Phalguna*Panguni

Sobhana 5125
Moon 3 - Phase 49 - 13
Amavasya

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, April 9, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Rome, Italy
Sun 14 Sutra 358

Mesha Rasi: 1.51 Tithi 1 – 2

Gulika 12:13PM – 1:51PM
Yama 8:56AM – 10:35AM
121547578 **Rahu** 3:29PM – 5:07PM

Ashvini Until 12:35AM Wed
Vaidhriti* Until 9:45AM
Balava Until 2:29AM Wed
Prathama* Until 4:00PM

Ganesha: Yellow *Sunrise:* 5:40AM
Muruga: Clear *Sunset:* 6:45PM
Nataraja: Clear
Moon – White
Chaitra*Panguni

Sobhana 5125
Moon 3 - Phase 49 - 14
Prathama

Devaloka Day

Creative Work Siddha Yoga

Chellappaswami Mahasamadhi

1	Wednesday, April 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Rome, Italy
	Mesha Rasi: 16.38 Tithi 2 – 3	Gulika 10:34AM – 12:12PM Yama 7:17AM – 8:55AM 121547578 Rahu 12:12PM – 1:51PM	Bharani Until 10:34PM Vishkambha* Until 6:05AM Taitila Until 11:44PM Dvitiya Until 1:02PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White Chaitra•Panguni	Sunrise: 5:39AM Sunset: 6:46PM	Sun 15 Sutra 359 Sobhana 5125 Moon 3 - Phase 50 - 15 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 10:34PM Then Creative Work - Amrita Yoga						

2	Thursday, April 11, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Rome, Italy
	Vrishabha Rasi: 1.05 Tithi 3 – 4	Gulika 8:55AM – 10:33AM Yama 5:37AM – 7:16AM 121547578 Rahu 1:51PM – 3:30PM	Krittika Until 8:58PM Ayushman Until 11:57PM Vanija Until 9:34PM Tritiya Until 10:33AM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White Chaitra•Panguni	Sunrise: 5:37AM Sunset: 6:47PM	Sun 16 Sutra 360 Sobhana 5125 Moon 3 - Phase 50 - 16 3rd Phase Devaloka Day
Routine Work Marana Yoga						

3	Friday, April 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy
	Vrishabha Rasi: 15.08 Tithi 4 – 5	Gulika 7:14AM – 8:54AM Yama 3:30PM – 5:09PM 131547578 Rahu 10:33AM – 12:12PM	Rohini Until 8:20PM Saubhagya Until 9:41PM Bava Until 8:04PM Chaturthi* Until 8:42AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Yellow Chaitra•Panguni	Sunrise: 5:35AM Sunset: 6:48PM	Sun 17 Sutra 361 Sobhana 5125 Moon 3 - Phase 50 - 17 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 8:20PM Then Creative Work - Siddha Yoga						

4	Saturday, April 13, 2024	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy
	Vrishabha Rasi: 28.45 Tithi 5 – 6	Gulika 5:34AM – 7:13AM Yama 1:51PM – 3:30PM 132547578 Rahu 8:53AM – 10:32AM	Mrigashira Until 8:19PM Sobhana Until 8:04PM Kaulava Until 7:20PM Panchami Until 7:35AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Yellow Chaitra•Chaitra	Sunrise: 5:34AM Sunset: 6:49PM	Sun 18 Sutra 362 Sobhana 5125 Moon 3 - Phase 50 - 18 3rd Phase Devaloka Day
Creative Work Siddha Yoga						

5	Sunday, April 14, 2024	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy
	Mithuna Rasi: 11.55 Tithi 6 – 7	Gulika 3:31PM – 5:11PM Yama 12:11PM – 1:51PM 232547578 Rahu 5:11PM – 6:50PM	Ardra Until 8:56PM Athiganda* Until 7:02PM Gara Until 7:25PM Shashthi* Until 7:16AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Yellow Chaitra•Chaitra	Sunrise: 5:32AM Sunset: 6:50PM	Sun 19 Sutra 363 Krodhin 5126 Moon 3 - Phase 50 - 19 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Tamil New Year						

D	Monday, April 15, 2024	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy
	Mithuna Rasi: 24.41 Tithi 7 – 8	Gulika 1:51PM – 3:31PM Yama 10:31AM – 12:11PM 242547578 Rahu 7:11AM – 8:51AM	Punarvasu Until 10:36PM Sukarma Until 6:38PM Visti Until 8:16PM Saptami Until 7:44AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Chaitra	Sunrise: 5:31AM Sunset: 6:52PM	Sun 20 Sutra 364 Krodhin 5126 Moon 3 - Phase 50 - 20 Ashtami Devaloka Day
Creative Work Amrita Yoga Until 10:36PM Then Creative Work - Siddha Yoga						

D	Tuesday, April 16, 2024	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy
	Kataka Rasi: 7.08 Tithi 8 – 9	Gulika 12:11PM – 1:51PM Yama 8:50AM – 10:30AM 242547578 Rahu 3:32PM – 5:12PM	Pushya Until 12:45AM Wed Dhriti Until 6:46PM Balava Until 9:47PM Ashtami* Until 8:56AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Chaitra	Sunrise: 5:29AM Sunset: 6:53PM	Sun 21 Sutra 1 Krodhin 5126 Moon 3 - Phase 50 - 21 Navami Devaloka Day
Creative Work Siddha Yoga Sri Rama Navami						

1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rome, Italy
	Kataka Rasi: 19.18	Tithi 9 – 10	Gulika 10:30AM – 12:11PM	Ashlesha* Until 3:15AM Thu	Ganesha: Clear	Sunrise: 5:27AM	Sun 22 Sutra 2
		242547578	Yama 7:08AM – 8:49AM	Shula* Until 7:18PM	Muruga: Clear	Sunset: 6:54PM	Krodhin 5126
			Rahu 12:11PM – 1:51PM	Taitila Until 11:51PM	Nataraja: Clear		Moon 3 - Phase 1 - 22
				Navami* Until 10:45AM	Moon – Blue		4th Phase
					Chaitra*Chaitra		Devaloka Day

2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy
	Simha Rasi: 1.16	Tithi 10 – 11	Gulika 8:48AM – 10:29AM	Magha* Until 6:24AM Fri	Ganesha: Purple	Sunrise: 5:26AM	Sun 23 Sutra 3
		252547578	Yama 5:26AM – 7:07AM	Ganda* Until 8:10PM	Muruga: Clear	Sunset: 6:55PM	Krodhin 5126
			Rahu 1:51PM – 3:33PM	Vanija Until 2:17AM Fri	Nataraja: Clear		Moon 3 - Phase 1 - 23
				Dashami Until 1:01PM	Moon – Red		4th Phase
					Chaitra*Chaitra		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM


3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Simha Rasi: 13.08	Tithi 11 – 12	Gulika 7:06AM – 8:47AM	Magha* Until 6:24AM	Ganesha: Purple	Sunrise: 5:24AM	Sun 24 Sutra 4
		252557578	Yama 3:33PM – 5:14PM	Vriddhi Until 9:12PM	Muruga: Purple	Sunset: 6:56PM	Krodhin 5126
			Rahu 10:29AM – 12:10PM	Bava Until 4:53AM Sat	Nataraja: Clear		Moon 3 - Phase 1 - 24
				Ekadashi Until 3:33PM	Moon – Red		4th Phase
					Chaitra*Chaitra		Devaloka Day

4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Balava Karana Dvadashyam Titau				Rome, Italy
	Simha Rasi: 24.56	Tithi 12	Gulika 5:23AM – 7:05AM	Purvaphalguni Until 9:31AM	Ganesha: Purple	Sunrise: 5:23AM	Sun 25 Sutra 5
		252557578	Yama 1:52PM – 3:33PM	Dhruva Until 10:14PM	Muruga: Purple	Sunset: 6:57PM	Krodhin 5126
			Rahu 8:46AM – 10:28AM	Balava Until 6:10PM	Nataraja: Clear		Moon 3 - Phase 1 - 25
				Dvadashi Until 6:10PM	Moon – Red		4th Phase
					Chaitra*Chaitra		Devaloka Day

5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
	Kanya Rasi: 6.44	Tithi 13	Gulika 3:34PM – 5:16PM	Uttaraphalguni Until 12:26PM	Ganesha: Purple	Sunrise: 5:21AM	Sun 26 Sutra 6
		252557578	Yama 12:10PM – 1:52PM	Vyaghata* Until 11:11PM	Muruga: Purple	Sunset: 6:58PM	Krodhin 5126
			Rahu 5:16PM – 6:58PM	Kaulava Until 7:28AM	Nataraja: Clear		Moon 3 - Phase 1 - 26
				Trayodashi Until 8:41PM	Moon – Red		4th Phase
					Chaitra*Chaitra		Devaloka Day

Pradosha Vrata

6	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy
	Kanya Rasi: 18.36	Tithi 14	Gulika 1:52PM – 3:34PM	Hasta Until 3:29PM	Ganesha: Purple	Sunrise: 5:20AM	Sun 27 Sutra 7
		262657578	Yama 10:27AM – 12:10PM	Harshana Until 11:58PM	Muruga: Purple	Sunset: 6:59PM	Krodhin 5126
			Rahu 7:02AM – 8:45AM	Gara Until 9:53AM	Nataraja: Clear		Moon 3 - Phase 1 - 27
				Chaturdashi* Until 10:57PM	Moon – Green		4th Phase
					Chaitra*Chaitra		Subha Sivaloka Day

	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy
	Copper Retreat Star		Gulika 12:09PM – 1:52PM	Chitra Until 6:02PM	Ganesha: Purple	Sunrise: 5:18AM	Sutra 8
	Tula Rasi: 0.35	Tithi 15	Yama 8:44AM – 10:27AM	Vajra* Until 12:26AM Wed	Muruga: Purple	Sunset: 7:00PM	Krodhin 5126
		262657578	Rahu 3:35PM – 5:18PM	Visti Until 11:58AM	Nataraja: Clear		Moon 3 - Phase 1 -
				Purnima* Until 12:51AM Wed	Moon – Green		Purnima
					Chaitra*Chaitra		Subha Sivaloka Day

Chitra Purnima (Tamil Nadu)
Hanuman Jayanti

Wednesday, April 24, 2024	Silver Retreat Star		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy
	Tula Rasi: 12.43	Tithi 16	Gulika 10:26AM – 12:09PM	Svati Until 8:02PM	Ganesha: Purple	Sunrise: 5:17AM	Sutra 9
		262657579	Yama 7:00AM – 8:43AM	Siddhi Until 12:35AM Thu	Muruga: Purple	Sunset: 7:01PM	Krodhin 5126
			Rahu 12:09PM – 1:52PM	Balava Until 1:40PM	Nataraja: Purple		Moon 3 - Phase 1 -
				Prathama* Until 2:19AM Thu	Moon – Green		Prathama
					Chaitra*Chaitra		Subha Subha Sivaloka Day