



**Sunday, May 7, 2023**  
**Gold Retreat Star**

Vrischika Rasi: 10.57 Tithi 17 – 18  
Routine Work Marana Yoga

272996579

**Gulika** 3:33PM – 5:05PM  
**Yama** 12:28PM – 2:01PM  
**Rahu** 5:05PM – 6:37PM  
**Anuradha** Until 3:50PM  
**Parigha\*** Until 10:20PM  
**Vanija** Until 2:49AM Mon  
**Dvitiya** Until 3:45PM

**Ganesha:** White *Sunrise:* 6:20AM  
**Muruga:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sutra 20  
Sobhana 5125  
Moon 5 - Phase 4 - 1st Phase

**Devaloka Day**

**1** **Monday, May 8, 2023**

Vrischika Rasi: 24.55 Tithi 18 – 19  
**Family Home Evening**  
Creative Work Siddha Yoga

272196579

**Gulika** 2:01PM – 3:33PM  
**Yama** 10:56AM – 12:28PM  
**Rahu** 7:52AM – 9:24AM  
**Jyeshtha\*** Until 2:29PM  
**Shiva** Until 7:36PM  
**Bava** Until 12:44AM Tue  
**Tritiya** Until 1:47PM

**Ganesha:** Blue *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sun 1 Sutra 21  
Sobhana 5125  
Moon 5 - Phase 4 - 1st Phase

**Devaloka Day**

**2** **Tuesday, May 9, 2023**

Dhanus Rasi: 9.04 Tithi 19 – 20  
Creative Work Amrita Yoga  
Until 1:12PM  
Then Creative Work - Siddha Yoga

282196579

**Gulika** 12:28PM – 2:01PM  
**Yama** 9:24AM – 10:56AM  
**Rahu** 3:33PM – 5:05PM  
**Mula\*** Until 1:12PM  
**Siddha** Until 4:42PM  
**Kaulava** Until 10:29PM  
**Chaturthi\*** Until 11:37AM

**Ganesha:** Red *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sun 2 Sutra 22  
Sobhana 5125  
Moon 5 - Phase 4 - 2 1st Phase

**Sivaloka Day**

**3** **Wednesday, May 10, 2023**

Dhanus Rasi: 23.17 Tithi 20 – 21  
Creative Work Amrita Yoga

283196579

**Gulika** 10:56AM – 12:28PM  
**Yama** 7:51AM – 9:24AM  
**Rahu** 12:28PM – 2:01PM  
**Purvashadha\*** Until 11:40AM  
**Sadhya** Until 1:44PM  
**Gara** Until 8:10PM  
**Panchami** Until 9:19AM

**Ganesha:** Blue *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sun 3 Sutra 23  
Sobhana 5125  
Moon 5 - Phase 4 - 3 1st Phase

**Subha Sivaloka Day**

**4** **Thursday, May 11, 2023**

Makara Rasi: 7.32 Tithi 21 – 22  
Routine Work Marana Yoga  
Until 9:58AM  
Then Creative Work - Siddha Yoga

283196579

**Gulika** 9:24AM – 10:56AM  
**Yama** 6:19AM – 7:51AM  
**Rahu** 2:01PM – 3:33PM  
**Uttarashadha** Until 9:58AM  
**Subha** Until 10:46AM  
**Bava** Until 4:40AM Fri  
**Shashthi\*** Until 6:59AM

**Ganesha:** Blue *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sun 4 Sutra 24  
Sobhana 5125  
Moon 5 - Phase 4 - 4 1st Phase

**Subha Sivaloka Day**

**Chidambaram Abhishekam**

**D** **Friday, May 12, 2023**  
**Retreat Star**

Makara Rasi: 21.47 Tithi 23  
Routine Work Marana Yoga  
Until 8:35AM  
Then Creative Work - Siddha Yoga

293196579

**Gulika** 7:51AM – 9:24AM  
**Yama** 3:33PM – 5:05PM  
**Rahu** 10:56AM – 12:28PM  
**Shravana** Until 8:35AM  
**Sukla** Until 7:48AM  
**Balava** Until 3:34PM  
**Ashtami\*** Until 2:26AM Sat

**Ganesha:** Red *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sun 5 Sutra 25  
Sobhana 5125  
Moon 5 - Phase 4 - 5 Ashtami

**Sivaloka Day**

**Saturday, May 13, 2023**  
**Retreat Star**

Kumbha Rasi: 5.58 Tithi 24  
Creative Work Siddha Yoga  
Until 7:09AM  
Then Creative Work - Amrita Yoga

293196579

**Gulika** 6:19AM – 7:51AM  
**Yama** 2:01PM – 3:33PM  
**Rahu** 9:23AM – 10:56AM  
**Dhanishtha** Until 7:09AM  
**Indra** Until 2:10AM Sun  
**Taitila** Until 1:23PM  
**Navami\*** Until 12:20AM Sun

**Ganesha:** Red *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka\*Chaitra**

Port Harcourt, Nigeria  
Sun 6 Sutra 26  
Sobhana 5125  
Moon 5 - Phase 4 - 6 Navami

**Sivaloka Day**

**1****Sunday, May 14, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 7 Sutra 27

Kumbha Rasi: 20.04 Tithi 25

**Gulika** 3:33PM – 5:05PM**Purvaproshtapada\* Until 4:43AM Mon****Ganesha:** Clear Sunrise: 6:19AM

Sobhana 5125

Yama 12:28PM – 2:01PM

Vaidhriti\* Until 11:31PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 7

213196579 **Rahu** 5:05PM – 6:38PM

Vanija Until 11:21AM

**Nataraja:** Purple

2nd Phase

Creative Work Siddha Yoga

**Mother's Day****Dashami Until 10:23PM**Moon – Clear  
Vaisaka\*Chaitra**Sivaloka Day****2****Monday, May 15, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Vishkambha\* Yoga Bava/Balava Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 8 Sutra 28

Meena Rasi: 4.04 Tithi 26

**Gulika** 2:01PM – 3:33PM**Uttaraproshtapada Until 3:49AM Tue****Ganesha:** Clear Sunrise: 6:19AM

Sobhana 5125

Yama 10:56AM – 12:28PM

Vishkambha\* Until 9:03PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 8

**Family Home Evening**213196579 **Rahu** 7:51AM – 9:23AM

Bava Until 9:31AM

**Nataraja:** Purple

2nd Phase

Creative Work Siddha Yoga

**Ekadashi\* Until 8:39PM**Moon – Clear  
Vaisaka\*Vaikasi**Sivaloka Day****3****Tuesday, May 16, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 29

Meena Rasi: 17.55 Tithi 27

**Gulika** 12:28PM – 2:01PM**Revati Until 3:02AM Wed****Ganesha:** Clear Sunrise: 6:18AM

Sobhana 5125

Yama 9:23AM – 10:56AM

Priti Until 6:48PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 9

213196579 **Rahu** 3:33PM – 5:05PM

Kaulava Until 7:54AM

**Nataraja:** Purple

2nd Phase

Creative Work Siddha Yoga

**Dvadashi\* Until 7:10PM**Moon – Clear  
Vaisaka\*Vaikasi**Sivaloka Day**

Until 3:02AM Wed

Then Routine Work - Marana Yoga

**4****Wednesday, May 17, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 30

Mesha Rasi: 1.35 Tithi 28

**Gulika** 10:56AM – 12:28PM**Ashvini Until 2:52AM Thu****Ganesha:** Orange Sunrise: 6:18AM

Sobhana 5125

Yama 7:51AM – 9:23AM

Ayushman Until 4:47PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 10

223196579 **Rahu** 12:28PM – 2:01PM

Gara Until 6:34AM

**Nataraja:** Purple

2nd Phase

Routine Work Marana Yoga

**Trayodashi\* Until 6:00PM**Moon – White  
Vaisaka\*Vaikasi**Sivaloka Day**

Until 2:52AM Thu

Then Creative Work - Siddha Yoga

*Pradosha Vrata (Fasting)***5****Thursday, May 18, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 31

Mesha Rasi: 15.04 Tithi 29 – 30

**Gulika** 9:23AM – 10:56AM**Bharani Until 2:58AM Fri****Ganesha:** Orange Sunrise: 6:18AM

Sobhana 5125

Yama 6:18AM – 7:51AM

Saubhagya Until 3:05PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 11

223196579 **Rahu** 2:01PM – 3:33PM

Catuspada Until 5:00AM Fri

**Nataraja:** Purple

2nd Phase

Creative Work Siddha Yoga

**Chaturdashi\* Until 5:13PM**Moon – White  
Vaisaka\*Vaikasi**Sivaloka Day****●****Friday, May 19, 2023****Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Sobhana/Athiganda\* Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 32

Mesha Rasi: 28.19 Tithi 30 – 1

**Gulika** 7:51AM – 9:23AM**Krittika Until 3:22AM Sat****Ganesha:** Orange Sunrise: 6:18AM

Sobhana 5125

Yama 3:33PM – 5:06PM

Sobhana Until 1:45PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 12

223196579 **Rahu** 10:56AM – 12:28PM

Kintughna Until 4:54AM Sat

**Nataraja:** Purple

Amavasya

Creative Work Siddha Yoga

**Amavasya\* Until 4:52PM**Moon – White  
Vaisaka\*Vaikasi**Sivaloka Day**

Until 3:22AM Sat

Then Creative Work - Amrita Yoga

**Saturday, May 20, 2023****Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 33

Vrishabha Rasi: 11.19 Tithi 1 – 2

**Gulika** 6:18AM – 7:51AM**Rohini Until 4:35AM Sun****Ganesha:** Clear Sunrise: 6:18AM

Sobhana 5125

Yama 2:01PM – 3:33PM

Athiganda\* Until 12:46PM

**Muruga:** Clear Sunset: 6:38PM

Moon 5 - Phase 5 - 13

233196579 **Rahu** 9:23AM – 10:56AM

Balava Until 5:19AM Sun

**Nataraja:** Purple

Prathama

Creative Work Amrita Yoga

**Prathama\* Until 5:01PM**Moon – Yellow  
Jyeshtha\*Vaikasi**Sivaloka Day**

Until 4:35AM Sun

Then Creative Work - Siddha Yoga

<b>1</b>	<b>Sunday, May 21, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam	Port Harcourt, Nigeria
	233196579	Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau	Sun 14 Sutra 34
	233196579	<b>Gulika</b> 3:33PM – 5:06PM <b>Yama</b> 12:28PM – 2:01PM <b>Rahu</b> 5:06PM – 6:38PM	Sobhana 5125

Vishabha Rasi: 24.04    Tithi 2 – 3  
 Creative Work    Siddha Yoga

<b>Mrigashira</b> Until 6:08AM Mon	<b>Ganesh:</b> Clear    Sunrise: 6:18AM	<b>Sivaloka Day</b>
Sukarma Until 12:13PM	<b>Muruga:</b> Clear    Sunset: 6:38PM	
Taitila Until 6:14AM Mon	<b>Nataraja:</b> Purple Moon – Yellow	

**Dvitiya** Until 5:42PM    **Jyeshtha**•Vaikasi

<b>2</b>	<b>Monday, May 22, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam	Port Harcourt, Nigeria
	233196579	Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyam Titau	Sun 15 Sutra 35
	233196579	<b>Gulika</b> 2:01PM – 3:34PM <b>Yama</b> 10:56AM – 12:28PM <b>Rahu</b> 7:51AM – 9:23AM	Sobhana 5125

Mithuna Rasi: 6.35    Tithi 3  
**Family Home Evening**  
 Creative Work    Amrita Yoga  
 Until 6:08AM  
 Then Creative Work - Siddha Yoga

<b>Mrigashira</b> Until 6:08AM	<b>Ganesh:</b> Clear    Sunrise: 6:18AM	<b>Sivaloka Day</b>
Dhriti Until 12:05PM	<b>Muruga:</b> Clear    Sunset: 6:39PM	
Taitila Until 6:14AM	<b>Nataraja:</b> Purple Moon – Yellow	

**Tritiya** Until 6:52PM    **Jyeshtha**•Vaikasi

<b>3</b>	<b>Tuesday, May 23, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam	Port Harcourt, Nigeria
	233196579	Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	Sun 16 Sutra 36
	233196579	<b>Gulika</b> 12:29PM – 2:01PM <b>Yama</b> 9:23AM – 10:56AM <b>Rahu</b> 3:34PM – 5:06PM	Sobhana 5125

Mithuna Rasi: 18.53    Tithi 4  
 Routine Work    Marana Yoga  
 Until 8:01AM  
 Then Creative Work - Siddha Yoga

<b>Ardra</b> Until 8:01AM	<b>Ganesh:</b> Clear    Sunrise: 6:18AM	<b>Sivaloka Day</b>
Shula* Until 12:18PM	<b>Muruga:</b> Clear    Sunset: 6:39PM	
Vanija Until 7:40AM	<b>Nataraja:</b> Purple Moon – Yellow	

**Chaturthi** Until 8:31PM    **Jyeshtha**•Vaikasi

<b>4</b>	<b>Wednesday, May 24, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam	Port Harcourt, Nigeria
	243196579	Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau	Sun 17 Sutra 37
	243196579	<b>Gulika</b> 10:56AM – 12:29PM <b>Yama</b> 7:51AM – 9:23AM <b>Rahu</b> 12:29PM – 2:01PM	Sobhana 5125

Kataka Rasi: 1    Tithi 5  
 Creative Work    Siddha Yoga

<b>Punarvasu</b> Until 10:37AM	<b>Ganesh:</b> Purple    Sunrise: 6:18AM	<b>Subha Sivaloka Day</b>
Ganda* Until 12:50PM	<b>Muruga:</b> Clear    Sunset: 6:39PM	
Bava Until 9:30AM	<b>Nataraja:</b> Purple Moon – Blue	

**Panchami** Until 10:32PM    **Jyeshtha**•Vaikasi

<b>5</b>	<b>Thursday, May 25, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam	Port Harcourt, Nigeria
	244196579	Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau	Sun 18 Sutra 38
	244196579	<b>Gulika</b> 9:23AM – 10:56AM <b>Yama</b> 6:18AM – 7:51AM <b>Rahu</b> 2:01PM – 3:34PM	Sobhana 5125

Kataka Rasi: 12.59    Tithi 6  
 Creative Work    Amrita Yoga  
 Until 1:22PM  
 Then Creative Work - Siddha Yoga

<b>Pushya</b> Until 1:22PM	<b>Ganesh:</b> Clear    Sunrise: 6:18AM	<b>Sivaloka Day</b>
Vridhhi Until 1:37PM	<b>Muruga:</b> Clear    Sunset: 6:39PM	
Kaulava Until 11:40AM	<b>Nataraja:</b> Purple Moon – Blue	

**Shashthi** Until 12:48AM Fri    **Jyeshtha**•Vaikasi

<b>6</b>	<b>Friday, May 26, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam	Port Harcourt, Nigeria
	344196579	Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau	Sun 19 Sutra 39
	344196579	<b>Gulika</b> 7:51AM – 9:24AM <b>Yama</b> 3:34PM – 5:07PM <b>Rahu</b> 10:56AM – 12:29PM	Sobhana 5125

Kataka Rasi: 24.55    Tithi 7  
 Routine Work    Marana Yoga

<b>Ashlesha</b> Until 4:05PM	<b>Ganesh:</b> White    Sunrise: 6:18AM	<b>Devaloka Day</b>
Dhruva Until 2:29PM	<b>Muruga:</b> Clear    Sunset: 6:39PM	
Gara Until 1:59PM	<b>Nataraja:</b> Purple Moon – Blue	

**Saptami** Until 3:08AM Sat    **Jyeshtha**•Vaikasi

<b>D</b>	<b>Saturday, May 27, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam	Port Harcourt, Nigeria
	354196579	Magha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau	Sun 20 Sutra 40
	354196579	<b>Gulika</b> 6:18AM – 7:51AM <b>Yama</b> 2:02PM – 3:34PM <b>Rahu</b> 9:24AM – 10:56AM	Sobhana 5125

Simha Rasi: 6.48    Tithi 8  
 Creative Work    Amrita Yoga  
 Until 7:07PM  
 Then Creative Work - Siddha Yoga

<b>Magha</b> Until 7:07PM	<b>Ganesh:</b> Clear    Sunrise: 6:18AM	<b>Sivaloka Day</b>
Vyaghata* Until 3:21PM	<b>Muruga:</b> Clear    Sunset: 6:39PM	
Visti Until 4:18PM	<b>Nataraja:</b> Purple Moon – Red	

**Ashtami** Until 5:21AM Sun    **Jyeshtha**•Vaikasi

<b>D</b>	<b>Sunday, May 28, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam	Port Harcourt, Nigeria
	354196579	Purvaphalguni Nakshatra Harshana/Vajra* Yoga Balava Karana Navamyam Titau	Sun 21 Sutra 41
	354196579	<b>Gulika</b> 3:34PM – 5:07PM <b>Yama</b> 12:29PM – 2:02PM <b>Rahu</b> 5:07PM – 6:40PM	Sobhana 5125

Simha Rasi: 18.45    Tithi 9  
 Creative Work    Siddha Yoga  
 Until 9:44PM  
 Then Creative Work - Amrita Yoga

<b>Purvaphalguni</b> Until 9:44PM	<b>Ganesh:</b> Clear    Sunrise: 6:18AM	<b>Sivaloka Day</b>
Harshana Until 4:04PM	<b>Muruga:</b> Clear    Sunset: 6:40PM	
Balava Until 6:22PM	<b>Nataraja:</b> Purple Moon – Red	

**Navami** Until 7:14AM Mon    **Jyeshtha**•Vaikasi

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


<b>1</b>	<b>Monday, May 29, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
		Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 42
	Kanya Rasi: 0.5	Tithi 9 – 10	<b>Gulika</b> 2:02PM – 3:34PM	<b>Uttaraphalguni Until 11:45PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:18AM
	<b>Family Home Evening</b>	354196579	Yama 10:56AM – 12:29PM	Vajra* Until 4:26PM	<b>Muruga:</b> Clear	Sunset: 6:40PM
Creative Work	Siddha Yoga	<b>Rahu</b> 7:51AM – 9:24AM	Taitila Until 8:01PM	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - 22	
			<b>Navami* Until 7:14AM</b>	Moon – Red	4th Phase	
				<b>Jyeshtha*Vaikasi</b>	<b>Sivaloka Day</b>	


<b>2</b>	<b>Tuesday, May 30, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
		Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 43
	Kanya Rasi: 13.08	Tithi 10 – 11	<b>Gulika</b> 12:29PM – 2:02PM	<b>Hasta Until 1:29AM Wed</b>	<b>Ganesha:</b> Purple	Sunrise: 6:19AM
		364196579	Yama 9:24AM – 10:57AM	Siddhi Until 4:22PM	<b>Muruga:</b> Clear	Sunset: 6:40PM
Creative Work	Siddha Yoga	<b>Rahu</b> 3:35PM – 5:07PM	Vanija Until 9:03PM	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - 23	
			<b>Dashami Until 8:36AM</b>	Moon – Green	4th Phase	
				<b>Jyeshtha*Vaikasi</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Wednesday, May 31, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
		Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Sun 24 Sutra 44
	Kanya Rasi: 25.43	Tithi 11 – 12	<b>Gulika</b> 10:57AM – 12:29PM	<b>Chitra Until 2:19AM Thu</b>	<b>Ganesha:</b> Purple	Sunrise: 6:19AM
		364196579	Yama 7:51AM – 9:24AM	Vyatipata* Until 3:45PM	<b>Muruga:</b> Clear	Sunset: 6:40PM
Creative Work	Siddha Yoga	<b>Rahu</b> 12:29PM – 2:02PM	Bava Until 9:21PM	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - 24	
Until 2:19AM Thu			<b>Ekadashi Until 9:16AM</b>	Moon – Green	4th Phase	
Then Creative Work - Amrita Yoga				<b>Jyeshtha*Vaikasi</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Thursday, June 1, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
		Svati Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Sun 25 Sutra 45
	Tula Rasi: 8.4	Tithi 12 – 13	<b>Gulika</b> 9:24AM – 10:57AM	<b>Svati Until 2:15AM Fri</b>	<b>Ganesha:</b> Purple	Sunrise: 6:19AM
		364196579	Yama 6:19AM – 7:51AM	Varyan Until 2:30PM	<b>Muruga:</b> Clear	Sunset: 6:40PM
Creative Work	Amrita Yoga	<b>Rahu</b> 2:02PM – 3:35PM	Kaulava Until 8:53PM	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - 25	
Until 2:15AM Fri			<b>Dvadashti Until 9:11AM</b>	Moon – Green	4th Phase	
Then Creative Work - Siddha Yoga				<b>Jyeshtha*Vaikasi</b>	<b>Devaloka Day</b>	
				<i>Pradosha Vrata</i>		

<b>5</b>	<b>Friday, June 2, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
		Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 46
	Tula Rasi: 22.01	Tithi 13 – 14	<b>Gulika</b> 7:52AM – 9:24AM	<b>Vishakha Until 1:47AM Sat</b>	<b>Ganesha:</b> White	Sunrise: 6:19AM
		374296579	Yama 3:35PM – 5:08PM	Parigha* Until 12:40PM	<b>Muruga:</b> Clear	Sunset: 6:41PM
Creative Work	Siddha Yoga	<b>Rahu</b> 10:57AM – 12:30PM	Gara Until 7:41PM	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - 26	
			<b>Trayodashi Until 8:21AM</b>	Moon – Orange	4th Phase	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha*Vaikasi</b>	<b>Subha Sivaloka Day</b>	

	<b>Saturday, June 3, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
	<b>Copper Retreat Star</b>	Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 47
	Vrischika Rasi: 5.46	Tithi 14 – 15	<b>Gulika</b> 6:19AM – 7:52AM	<b>Anuradha Until 12:34AM Sun</b>	<b>Ganesha:</b> White	Sunrise: 6:19AM
		374296579	Yama 2:03PM – 3:35PM	Shiva Until 10:19AM	<b>Muruga:</b> Clear	Sunset: 6:41PM
Creative Work	Siddha Yoga	<b>Rahu</b> 9:24AM – 10:57AM	Bava Until 4:43AM Sun	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - 27	
Until 12:34AM Sun			<b>Chaturdashi* Until 6:49AM</b>	Moon – Orange	Purnima	
Then Routine Work - Marana Yoga				<b>Jyeshtha*Vaikasi</b>	<b>Subha Sivaloka Day</b>	

	<b>Sunday, June 4, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
	<b>Silver Retreat Star</b>	Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 48
	Vrischika Rasi: 19.53	Tithi 16	<b>Gulika</b> 3:36PM – 5:08PM	<b>Jyeshtha* Until 10:45PM</b>	<b>Ganesha:</b> White	Sunrise: 6:19AM
		374296579	Yama 12:30PM – 2:03PM	Siddha Until 7:28AM	<b>Muruga:</b> Clear	Sunset: 6:41PM
Routine Work	Marana Yoga	<b>Rahu</b> 5:08PM – 6:41PM	Balava Until 3:30PM	<b>Nataraja:</b> Purple	Moon 5 - Phase 7 - Prathama	
Until 10:45PM			<b>Prathama* Until 2:10AM Mon</b>	Moon – Orange		
Then Creative Work - Amrita Yoga				<b>Jyeshtha*Vaikasi</b>	<b>Subha Sivaloka Day</b>	

**Monday, June 5, 2023****Gold Retreat Star**

Dhanus Rasi: 4.17 Tithi 17  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 8:53PM  
 Then Routine Work - Marana Yoga

**Gulika** 2:03PM – 3:36PM  
**Yama** 10:57AM – 12:30PM  
**Rahu** 7:52AM – 9:25AM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Mula\* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Mula\* Until 8:53PM**  
 Subha Until 12:55AM Tue  
 Taitila Until 12:48PM  
**Dvitiya Until 11:20PM**

**Ganesha:** Yellow *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:41PM  
**Nataraja:** Blue  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sutra 49  
 Sobhana 5125  
 Moon 6 - Phase 8 - 1st Phase

**Sivaloka Day****1****Tuesday, June 6, 2023**

Dhanus Rasi: 18.53 Tithi 18  
 Creative Work Siddha Yoga  
 Until 6:44PM  
 Then Routine Work - Prabalarishta Yoga

**Gulika** 12:30PM – 2:03PM  
**Yama** 9:25AM – 10:58AM  
**Rahu** 3:36PM – 5:09PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvashadha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Purvashadha\* Until 6:44PM**  
 Sukla Until 9:24PM  
 Vanija Until 9:53AM  
**Tritiya Until 8:22PM**

**Ganesha:** White *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:41PM  
**Nataraja:** Blue  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sun 1 Sutra 50  
 Sobhana 5125  
 Moon 6 - Phase 8 - 1st Phase

**Devaloka Day****2****Wednesday, June 7, 2023**

Makara Rasi: 3.32 Tithi 19 – 20  
 Creative Work Amrita Yoga  
 Until 4:26PM  
 Then Creative Work - Siddha Yoga

**Gulika** 10:58AM – 12:31PM  
**Yama** 7:52AM – 9:25AM  
**Rahu** 12:31PM – 2:03PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

**Uttarashadha Until 4:26PM**  
 Brahma Until 5:54PM  
 Bava Until 6:53AM  
**Chaturthi\* Until 5:23PM**

**Ganesha:** White *Sunrise:* 6:19AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Blue  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sun 2 Sutra 51  
 Sobhana 5125  
 Moon 6 - Phase 8 - 2 1st Phase

**Devaloka Day****3****Thursday, June 8, 2023**

Makara Rasi: 18.1 Tithi 20 – 21  
 Creative Work Siddha Yoga

**Gulika** 9:25AM – 10:58AM  
**Yama** 6:20AM – 7:52AM  
**Rahu** 2:04PM – 3:36PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Shravana Until 2:31PM**  
 Indra Until 2:31PM  
 Gara Until 1:13AM Fri  
**Panchami Until 2:32PM**

**Ganesha:** Yellow *Sunrise:* 6:20AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Blue  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sun 3 Sutra 52  
 Sobhana 5125  
 Moon 6 - Phase 8 - 3 1st Phase

**Sivaloka Day****4****Friday, June 9, 2023**

Kumbha Rasi: 2.38 Tithi 21 – 22  
 Creative Work Siddha Yoga

**Gulika** 7:53AM – 9:25AM  
**Yama** 3:37PM – 5:09PM  
**Rahu** 10:58AM – 12:31PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Dhanishtha Until 12:42PM**  
 Vaidhriti\* Until 11:18AM  
 Visti Until 10:44PM  
**Shashthi\* Until 11:55AM**

**Ganesha:** Yellow *Sunrise:* 6:20AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Blue  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sun 4 Sutra 53  
 Sobhana 5125  
 Moon 6 - Phase 8 - 4 1st Phase

**Sivaloka Day****D****Saturday, June 10, 2023****Retreat Star**

Kumbha Rasi: 16.55 Tithi 22 – 23  
 Creative Work Amrita Yoga  
 Until 11:04AM  
 Then Routine Work - Marana Yoga

**Gulika** 6:20AM – 7:53AM  
**Yama** 2:04PM – 3:37PM  
**Rahu** 9:26AM – 10:58AM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Shatabhishak Until 11:04AM**  
 Vishkambha\* Until 8:21AM  
 Balava Until 8:37PM  
**Saptami Until 9:36AM**

**Ganesha:** Yellow *Sunrise:* 6:20AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Blue  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sun 5 Sutra 54  
 Sobhana 5125  
 Moon 6 - Phase 8 - 5 Ashtami

**Sivaloka Day****Sunday, June 11, 2023****Retreat Star**

Meena Rasi: 0.58 Tithi 23 – 24  
 Creative Work Siddha Yoga  
 Until 10:05AM  
 Then Creative Work - Amrita Yoga

**Gulika** 3:37PM – 5:10PM  
**Yama** 12:31PM – 2:04PM  
**Rahu** 5:10PM – 6:43PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Purvaproshtapada\*/Uttarproshthapada Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Purvaproshtapada\* Until 10:05AM**  
 Ayushman Until 3:24AM Mon  
 Taitila Until 6:53PM  
**Ashtami\* Until 7:40AM**

**Ganesha:** Clear *Sunrise:* 6:20AM  
**Muruga:** Clear *Sunset:* 6:43PM  
**Nataraja:** Blue  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Port Harcourt, Nigeria  
 Sun 6 Sutra 55  
 Sobhana 5125  
 Moon 6 - Phase 8 - 6 Navami

**Sivaloka Day**

**1****Monday, June 12, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Gara/Visti\* Karana Navami/Dashamyam TitauPort Harcourt, Nigeria  
Sun 7 Sutra 56Meena Rasi: 14.44 Tithi 24 - 25  
**Family Home Evening**  
Creative Work Siddha Yoga

315296571

**Gulika** 2:04PM - 3:37PM  
Yama 10:59AM - 12:32PM  
**Rahu** 7:53AM - 9:26AM**Uttaraproshtapada** Until 9:22AM  
Saubhagya Until 1:26AM Tue  
Visti Until 5:02AM Tue  
**Navami\*** Until 6:09AM**Ganesha:** Clear Sunrise: 6:20AM  
**Muruga:** Clear Sunset: 6:43PM  
**Nataraja:** Blue  
Moon - Clear  
Jyeshtha\*VaikasiSobhana 5125  
Moon 6 - Phase 9 - 7  
2nd Phase**Sivaloka Day****2****Tuesday, June 13, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 8 Sutra 57Meena Rasi: 28.17 Tithi 26  
Creative Work Siddha Yoga

315296571

**Gulika** 12:32PM - 2:05PM  
Yama 9:26AM - 10:59AM  
**Rahu** 3:37PM - 5:10PM**Revati** Until 8:55AM  
Sobhana Until 11:49PM  
Bava Until 4:39PM  
**Ekadashi\*** Until 4:20AM Wed**Ganesha:** Clear Sunrise: 6:20AM  
**Muruga:** Clear Sunset: 6:43PM  
**Nataraja:** Blue  
Moon - Clear  
Jyeshtha\*VaikasiSobhana 5125  
Moon 6 - Phase 9 - 8  
2nd Phase**Sivaloka Day****3****Wednesday, June 14, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 58Mesha Rasi: 11.35 Tithi 27  
Routine Work Marana Yoga  
Until 9:10AM  
Then Creative Work - Siddha Yoga

325296571

**Gulika** 10:59AM - 12:32PM  
Yama 7:53AM - 9:26AM  
**Rahu** 12:32PM - 2:05PM**Ashvini** Until 9:10AM  
Athiganda\* Until 10:30PM  
Kaulava Until 4:10PM  
**Dvadashi\*** Until 4:03AM Thu**Ganesha:** White Sunrise: 6:21AM  
**Muruga:** Clear Sunset: 6:43PM  
**Nataraja:** Blue  
Moon - White  
Jyeshtha\*VaikasiSobhana 5125  
Moon 6 - Phase 9 - 9  
2nd Phase**Devaloka Day****4****Thursday, June 15, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 59Mesha Rasi: 24.4 Tithi 28  
Creative Work Siddha Yoga  
Until 9:41AM  
Then Routine Work - Marana Yoga

326296571

**Gulika** 9:27AM - 10:59AM  
Yama 6:21AM - 7:54AM  
**Rahu** 2:05PM - 3:38PM**Bharani** Until 9:41AM  
Sukarma Until 9:31PM  
Gara Until 4:05PM  
**Trayodashi\*** Until 4:10AM Fri**Ganesha:** Yellow Sunrise: 6:21AM  
**Muruga:** Clear Sunset: 6:44PM  
**Nataraja:** Blue  
Moon - White  
Jyeshtha\*AniSobhana 5125  
Moon 6 - Phase 9 - 10  
2nd Phase**Sivaloka Day***Pradosha Vrata (Fasting)***5****Friday, June 16, 2023**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhriti Yoga Visti\*/Sakuni\* Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 60Vrishabha Rasi: 7.32 Tithi 29  
Creative Work Siddha Yoga  
Until 10:27AM  
Then Routine Work - Marana Yoga

326296571

**Gulika** 7:54AM - 9:27AM  
Yama 3:38PM - 5:11PM  
**Rahu** 11:00AM - 12:32PM**Krittika** Until 10:27AM  
Dhriti Until 8:52PM  
Visti Until 4:24PM  
**Chaturdashi\*** Until 4:42AM Sat**Ganesha:** Yellow Sunrise: 6:21AM  
**Muruga:** Clear Sunset: 6:44PM  
**Nataraja:** Blue  
Moon - White  
Jyeshtha\*AniSobhana 5125  
Moon 6 - Phase 9 - 11  
2nd Phase**Sivaloka Day****Saturday, June 17, 2023****Retreat Star**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shula\* Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 61Vrishabha Rasi: 20.14 Tithi 30  
Creative Work Amrita Yoga  
Until 11:55AM  
Then Creative Work - Siddha Yoga

336296571

**Gulika** 6:21AM - 7:54AM  
Yama 2:05PM - 3:38PM  
**Rahu** 9:27AM - 11:00AM**Rohini** Until 11:55AM  
Shula\* Until 8:31PM  
Catuspada Until 5:08PM  
**Amavasya\*** Until 5:38AM Sun**Ganesha:** Red Sunrise: 6:21AM  
**Muruga:** Clear Sunset: 6:44PM  
**Nataraja:** Blue  
Moon - Yellow  
Jyeshtha\*AniSobhana 5125  
Moon 6 - Phase 9 - 12  
Amavasya**Sivaloka Day****Sunday, June 18, 2023****Retreat Star**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Ganda\* Yoga Kintughna\* Karana Prathamayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 62Mithuna Rasi: 2.44 Tithi 1  
Creative Work Siddha Yoga

336216571

**Gulika** 3:39PM - 5:11PM  
Yama 12:33PM - 2:06PM  
**Rahu** 5:11PM - 6:44PM**Father's Day****Mrigashira** Until 1:36PM  
Ganda\* Until 8:29PM  
Kintughna Until 6:16PM  
**Prathama\*** Until 6:57AM Mon**Ganesha:** Red Sunrise: 6:21AM  
**Muruga:** Yellow Sunset: 6:44PM  
**Nataraja:** Blue  
Moon - Yellow  
Ashada\*AniSobhana 5125  
Moon 6 - Phase 9 - 13  
Prathama**Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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<b>1</b>	<b>Monday, June 19, 2023</b>	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 63
	Mithuna Rasi: 15.04 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 3:31PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:06PM – 3:39PM Yama 11:00AM – 12:33PM 336216571 <b>Rahu</b> 7:54AM – 9:27AM	<b>Ardra Until 3:31PM</b> Vriddhi Until 8:46PM Balava Until 7:47PM <b>Prathama* Until 6:57AM</b>

<b>2</b>	<b>Tuesday, June 20, 2023</b>	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 64
	Mithuna Rasi: 27.14 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:33PM – 2:06PM Yama 9:28AM – 11:00AM 346216571 <b>Rahu</b> 3:39PM – 5:12PM	<b>Punarvasu Until 6:07PM</b> Dhruva Until 9:17PM Taitila Until 9:38PM <b>Dvitiya Until 8:39AM</b>

<b>3</b>	<b>Wednesday, June 21, 2023</b>	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Harcourt, Nigeria Sun 16 Sutra 65
	Kataka Rasi: 9.16 Tithi 3 – 4 Creative Work Siddha Yoga	<b>Gulika</b> 11:01AM – 12:33PM Yama 7:55AM – 9:28AM 346216571 <b>Rahu</b> 12:33PM – 2:06PM	<b>Pushya Until 8:49PM</b> Vyaghata* Until 10:03PM Vanija Until 11:48PM <b>Tritiya Until 10:40AM</b>

<b>4</b>	<b>Thursday, June 22, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 66
	Kataka Rasi: 21.13 Tithi 4 – 5 Creative Work Siddha Yoga Until 11:34PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:28AM – 11:01AM Yama 6:22AM – 7:55AM 346216571 <b>Rahu</b> 2:07PM – 3:39PM	<b>Ashlesha* Until 11:34PM</b> Harshana Until 10:59PM Bava Until 2:09AM Fri <b>Chaturthi* Until 12:56PM</b>

<b>5</b>	<b>Friday, June 23, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 67
	Simha Rasi: 3.05 Tithi 5 – 6 Routine Work Marana Yoga Until 2:43AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:55AM – 9:28AM Yama 3:40PM – 5:12PM 357216571 <b>Rahu</b> 11:01AM – 12:34PM	<b>Magha* Until 2:43AM Sat</b> Vajra* Until 11:56PM Kaulava Until 4:33AM Sat <b>Panchami Until 3:20PM</b>

<b>6</b>	<b>Saturday, June 24, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 68
	Simha Rasi: 14.57 Tithi 6 – 7 Creative Work Siddha Yoga Until 5:35AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 6:23AM – 7:56AM Yama 2:07PM – 3:40PM 357216571 <b>Rahu</b> 9:28AM – 11:01AM	<b>Purvaphalguni Until 5:35AM Sun</b> Siddhi Until 12:50AM Sun Gara Until 6:50AM Sun <b>Shashthi* Until 5:42PM</b>

<b>D</b>	<b>Sunday, June 25, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 69
	<b>Retreat Star</b> Simha Rasi: 26.52 Tithi 7 Creative Work Amrita Yoga Until 7:59AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:40PM – 5:13PM Yama 12:34PM – 2:07PM 357216571 <b>Rahu</b> 5:13PM – 6:46PM	<b>Uttaraphalguni Until 7:59AM Mon</b> Vyatipata* Until 1:32AM Mon Gara Until 6:50AM <b>Saptami Until 7:50PM</b>

<b>D</b>	<b>Monday, June 26, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 70
	<b>Retreat Star</b> Kanya Rasi: 8.54 Tithi 8 <b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Gulika</b> 2:07PM – 3:40PM Yama 11:02AM – 12:35PM 357216571 <b>Rahu</b> 7:56AM – 9:29AM	<b>Uttaraphalguni Until 7:59AM</b> Variyan Until 1:49AM Tue Visti Until 8:46AM <b>Ashtami* Until 9:31PM</b>

<b>D</b>	<b>Tuesday, June 27, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 71
	<b>Retreat Star</b> Kanya Rasi: 21.1 Tithi 9 Creative Work Siddha Yoga	<b>Gulika</b> 12:35PM – 2:08PM Yama 9:29AM – 11:02AM 367316571 <b>Rahu</b> 3:40PM – 5:13PM	<b>Hasta Until 10:10AM</b> Parigha* Until 1:35AM Wed Balava Until 10:09AM <b>Navami* Until 10:33PM</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>	<b>Wednesday, June 28, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam	Port Harcourt, Nigeria
		Chitra/Svati Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau	Sun 23 Sutra 72
			Sobhana 5125
Tula Rasi: 3.44	Tithi 10	<b>Gulika</b> 11:02AM – 12:35PM	<b>Chitra Until 11:29AM</b>
		Yama 7:56AM – 9:29AM	Shiva Until 12:44AM Thu
	367316571	<b>Rahu</b> 12:35PM – 2:08PM	Taitila Until 10:48AM
Creative Work	Siddha Yoga		<b>Dashami Until 10:48PM</b>
			<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM
			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:46PM
			<b>Nataraja:</b> Blue
			Moon – Green
			<b>Ashada*Ani</b>
			<b>Sivaloka Day</b>


<b>2</b>	<b>Thursday, June 29, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam	Port Harcourt, Nigeria
		Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau	Sun 24 Sutra 73
			Sobhana 5125
Tula Rasi: 16.41	Tithi 11	<b>Gulika</b> 9:29AM – 11:02AM	<b>Svati Until 11:49AM</b>
		Yama 6:24AM – 7:57AM	Siddha Until 11:11PM
	368316571	<b>Rahu</b> 2:08PM – 3:41PM	Vanija Until 10:37AM
Creative Work	Amrita Yoga		<b>Ekadashi Until 10:11PM</b>
Until 11:49AM			<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM
Then Creative Work - Siddha Yoga			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:46PM
			<b>Nataraja:</b> Blue
			Moon – Green
			<b>Ashada*Ani</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Friday, June 30, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam	Port Harcourt, Nigeria
		Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau	Sun 25 Sutra 74
			Sobhana 5125
Vrischika Rasi: 0.06	Tithi 12	<b>Gulika</b> 7:57AM – 9:30AM	<b>Vishakha Until 11:38AM</b>
		Yama 3:41PM – 5:14PM	Sadhya Until 8:59PM
	378316571	<b>Rahu</b> 11:03AM – 12:35PM	Bava Until 9:35AM
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:45PM</b>
			<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM
			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM
			<b>Nataraja:</b> Blue
			Moon – Orange
			<b>Ashada*Ani</b>
			<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, July 1, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam	Port Harcourt, Nigeria
		Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 75
			Sobhana 5125
Vrischika Rasi: 13.59	Tithi 13	<b>Gulika</b> 6:24AM – 7:57AM	<b>Anuradha Until 10:32AM</b>
		Yama 2:08PM – 3:41PM	Subha Until 6:12PM
	378316571	<b>Rahu</b> 9:30AM – 11:03AM	Kaulava Until 7:47AM
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:36PM</b>
			<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM
			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM
			<b>Nataraja:</b> Blue
			Moon – Orange
			<b>Ashada*Ani</b>
			<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Sunday, July 2, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam	Port Harcourt, Nigeria
		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 27 Sutra 76
			Sobhana 5125
Vrischika Rasi: 28.19	Tithi 14 – 15	<b>Gulika</b> 3:41PM – 5:14PM	<b>Jyeshtha* Until 8:38AM</b>
		Yama 12:36PM – 2:09PM	Sukla Until 2:54PM
	378316571	<b>Rahu</b> 5:14PM – 6:47PM	Visti Until 2:18AM Mon
Routine Work	Marana Yoga		<b>Chaturdashi* Until 3:50PM</b>
Until 8:38AM			<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM
Then Creative Work - Amrita Yoga			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM
			<b>Nataraja:</b> Blue
			Moon – Orange
			<b>Ashada*Ani</b>
			<b>Sivaloka Day</b>

	<b>Monday, July 3, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam	Port Harcourt, Nigeria
	<b>Copper Retreat Star</b>	Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sutra 77
			Sobhana 5125
Dhanus Rasi: 13	Tithi 15 – 16	<b>Gulika</b> 2:09PM – 3:42PM	<b>Mula* Until 6:31AM</b>
		Yama 11:03AM – 12:36PM	Brahma Until 11:14AM
<b>Family Home Evening</b>	388316571	<b>Rahu</b> 7:58AM – 9:30AM	Balava Until 10:57PM
Creative Work	Siddha Yoga		<b>Purnima* Until 12:39PM</b>
Until 6:31AM		<b>Satguru Purnima</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM
Then Routine Work - Marana Yoga			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM
			<b>Nataraja:</b> Blue
			Moon – Light Blue
			<b>Ashada*Ani</b>
			<b>Devaloka Day</b>

	<b>Tuesday, July 4, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam	Port Harcourt, Nigeria
	<b>Silver Retreat Star</b>	Uttarashadha Nakshatra Indra/Vaidhritii* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Sutra 78
			Sobhana 5125
Dhanus Rasi: 27.56	Tithi 16 – 17	<b>Gulika</b> 12:36PM – 2:09PM	<b>Uttarashadha Until 1:05AM Wed</b>
		Yama 9:31AM – 11:03AM	Indra Until 7:21AM
	388316571	<b>Rahu</b> 3:42PM – 5:14PM	Taitila Until 7:25PM
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 9:11AM</b>
Until 1:05AM Wed			<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM
Then Creative Work - Siddha Yoga			<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM
			<b>Nataraja:</b> Blue
			Moon – Light Blue
			<b>Ashada*Ani</b>
			<b>Devaloka Day</b>

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 79

Sobhana 5125

Makara Rasi: 12.59 Tithi 18

Gulika 11:04AM – 12:36PM

Shravana Until 10:31PM

Ganesha: Clear Sunrise: 6:25AM

398316571

Yama 7:58AM – 9:31AM

Vishkambha\* Until 11:23PM

Muruga: Yellow Sunset: 6:47PM

Moon 7 - Phase 12 - 1

1st Phase

Creative Work Siddha Yoga

Vanija Until 3:52PM

Nataraja: Blue

Sivaloka Day

Until 10:31PM

Tritiya Until 2:07AM Thu

Moon – Purple

Ashada\*Ani

Then Routine Work - Prabalarishta Yoga

**1** Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 80

Sobhana 5125

Makara Rasi: 27.59 Tithi 19

Gulika 9:31AM – 11:04AM

Dhanishtha Until 8:01PM

Ganesha: Purple Sunrise: 6:25AM

398316571

Yama 6:25AM – 7:58AM

Priti Until 7:36PM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 12 - 2

1st Phase

Creative Work Siddha Yoga

Bava Until 12:27PM

Nataraja: Blue

Subha Sivaloka Day

Chaturthi\* Until 10:50PM

Moon – Purple

Ashada\*Ani

**2** Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 81

Sobhana 5125

Kumbha Rasi: 12.47 Tithi 20

Gulika 7:58AM – 9:31AM

Shatabhishak Until 5:43PM

Ganesha: Clear Sunrise: 6:26AM

499316571

Yama 3:42PM – 5:15PM

Ayushman Until 4:04PM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 12 - 3

1st Phase

Creative Work Siddha Yoga

Kaulava Until 9:20AM

Nataraja: Blue

Sivaloka Day

Panchami Until 7:54PM

Moon – Purple

Ashada\*Ani

**3** Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 82

Sobhana 5125

Kumbha Rasi: 27.17 Tithi 21 – 22

Gulika 6:26AM – 7:59AM

Purvaproshtapada\* Until 4:09PM

Ganesha: Yellow Sunrise: 6:26AM

419316571

Yama 2:10PM – 3:42PM

Saubhagya Until 12:56PM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 12 - 4

1st Phase

Routine Work Marana Yoga

Gara Until 6:37AM

Nataraja: Blue

Sivaloka Day

Shashthi\* Until 5:26PM

Moon – Clear

Ashada\*Ani

Until 4:09PM

Then Creative Work - Siddha Yoga

**4** Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 83

Sobhana 5125

Meena Rasi: 11.26 Tithi 22 – 23

Gulika 3:42PM – 5:15PM

Uttaraproshtapada Until 3:01PM

Ganesha: Yellow Sunrise: 6:26AM

419316571

Yama 12:37PM – 2:10PM

Sobhana Until 10:15AM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 12 - 5

1st Phase

Creative Work Amrita Yoga

Balava Until 2:50AM Mon

Nataraja: Blue

Sivaloka Day

Saptami Until 3:32PM

Moon – Clear

Ashada\*Ani

**D** Monday, July 10, 2023  
Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 84

Sobhana 5125

Meena Rasi: 25.13 Tithi 23 – 24

Gulika 2:10PM – 3:43PM

Revati Until 2:20PM

Ganesha: Yellow Sunrise: 6:26AM

419316571

Yama 11:04AM – 12:37PM

Athiganda\* Until 8:02AM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 12 - 6

Ashtami

Family Home Evening

Taitila Until 1:51AM Tue

Nataraja: Blue

Sivaloka Day

Ashtami\* Until 2:15PM

Moon – Clear

Ashada\*Ani

Creative Work Siddha Yoga

Tuesday, July 11, 2023  
Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 85

Sobhana 5125

Mesha Rasi: 8.37 Tithi 24 – 25

Gulika 12:37PM – 2:10PM

Ashvini Until 2:33PM

Ganesha: Blue Sunrise: 6:26AM

429316571

Yama 9:32AM – 11:04AM

Sukarma Until 6:21AM

Muruga: Yellow Sunset: 6:48PM

Moon 7 - Phase 12 - 7

Navami

Creative Work Siddha Yoga

Vanija Until 1:29AM Wed

Nataraja: Blue

Subha Sivaloka Day

Navami\* Until 1:34PM

Moon – White

Ashada\*Ani


<b>1</b>	<b>Wednesday, July 12, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria
		Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 86
	Mesha Rasi: 21.43 Tithi 25 - 26	<b>Gulika</b> 11:05AM - 12:37PM	<b>Bharani Until 3:12PM</b>	<b>Ganesh:</b> Blue Sunrise: 6:27AM Sobhana 5125
	Yama 7:59AM - 9:32AM	Shula* Until 4:21AM Thu	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 8	
	429316571 <b>Rahu</b> 12:37PM - 2:10PM	Bava Until 1:40AM Thu	<b>Nataraja:</b> Blue Moon - White 2nd Phase	
Creative Work Siddha Yoga		<b>Dashami Until 1:29PM</b>	<b>Subha Sivaloka Day</b>	
Until 3:12PM			Ashada*Ani	
Then Creative Work - Amrita Yoga				

<b>2</b>	<b>Thursday, July 13, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria
		Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 87
	Vrisabha Rasi: 4.32 Tithi 26 - 27	<b>Gulika</b> 9:32AM - 11:05AM	<b>Krittika Until 4:12PM</b>	<b>Ganesh:</b> Purple Sunrise: 6:27AM Sobhana 5125
	Yama 6:27AM - 7:59AM	Ganda* Until 3:56AM Fri	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 9	
	421316571 <b>Rahu</b> 2:10PM - 3:43PM	Kaulava Until 2:20AM Fri	<b>Nataraja:</b> Blue Moon - White 2nd Phase	
Routine Work Marana Yoga		<b>Ekadashi* Until 1:55PM</b>	<b>Subha Sivaloka Day</b>	
			Ashada*Ani	

<b>3</b>	<b>Friday, July 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria
		Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 88
	Vrisabha Rasi: 17.08 Tithi 27 - 28	<b>Gulika</b> 8:00AM - 9:32AM	<b>Rohini Until 5:56PM</b>	<b>Ganesh:</b> Clear Sunrise: 6:27AM Sobhana 5125
	Yama 3:43PM - 5:16PM	Vriddhi Until 3:51AM Sat	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 10	
	431316571 <b>Rahu</b> 11:05AM - 12:38PM	Gara Until 3:24AM Sat	<b>Nataraja:</b> Blue Moon - Yellow 2nd Phase	
Routine Work Marana Yoga		<b>Dvadashi* Until 2:48PM</b>	<b>Sivaloka Day</b>	
Until 5:56PM			Ashada*Ani	
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>	<b>Saturday, July 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria
		Mrigashira Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 89
	Vrisabha Rasi: 29.32 Tithi 28 - 29	<b>Gulika</b> 6:27AM - 8:00AM	<b>Mrigashira Until 7:53PM</b>	<b>Ganesh:</b> Clear Sunrise: 6:27AM Sobhana 5125
	Yama 2:10PM - 3:43PM	Dhruva Until 4:02AM Sun	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 11	
	431316571 <b>Rahu</b> 9:32AM - 11:05AM	Visti Until 4:50AM Sun	<b>Nataraja:</b> Blue Moon - Yellow 2nd Phase	
Creative Work Siddha Yoga		<b>Trayodashi* Until 4:04PM</b>	<b>Sivaloka Day</b>	
			Ashada*Ani	

<b>5</b>	<b>Sunday, July 16, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria
		Ardra Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 90
	Mithuna Rasi: 11.49 Tithi 29 - 30	<b>Gulika</b> 3:43PM - 5:16PM	<b>Ardra Until 9:59PM</b>	<b>Ganesh:</b> Clear Sunrise: 6:27AM Sobhana 5125
	Yama 12:38PM - 2:10PM	Vyaghata* Until 4:27AM Mon	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 12	
	431316571 <b>Rahu</b> 5:16PM - 6:48PM	Catuspada Until 6:35AM Mon	<b>Nataraja:</b> Blue Moon - Yellow 2nd Phase	
Creative Work Siddha Yoga		<b>Chaturdashi* Until 5:39PM</b>	<b>Sivaloka Day</b>	
			Ashada*Adi	

	<b>Monday, July 17, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria
	<b>Retreat Star</b>	Punarvasu Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 91
	Mithuna Rasi: 23.57 Tithi 30	<b>Gulika</b> 2:10PM - 3:43PM	<b>Punarvasu Until 12:40AM Tue</b>	<b>Ganesh:</b> Orange Sunrise: 6:27AM Sobhana 5125
<b>Family Home Evening</b>	Yama 11:05AM - 12:38PM	Harshana Until 5:05AM Tue	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 13	
441316572 <b>Rahu</b> 8:00AM - 9:33AM	Catuspada Until 6:35AM		<b>Nataraja:</b> Yellow Amavasya	
Creative Work Amrita Yoga		<b>Amavasya* Until 7:32PM</b>	<b>Devaloka Day</b>	
Until 12:40AM Tue			Ashada*Adi	
Then Creative Work - Siddha Yoga				

	<b>Tuesday, July 18, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria
	<b>Retreat Star</b>	Pushya Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 92
	Kataka Rasi: 5.59 Tithi 1	<b>Gulika</b> 12:38PM - 2:11PM	<b>Pushya Until 3:26AM Wed</b>	<b>Ganesh:</b> Orange Sunrise: 6:28AM Sobhana 5125
	Yama 9:33AM - 11:05AM	Vajra* Until 5:53AM Wed	<b>Muruga:</b> Yellow Sunset: 6:48PM Moon 7 - Phase 13 - 14	
	441316572 <b>Rahu</b> 3:43PM - 5:16PM	Kintughna Until 8:35AM	<b>Nataraja:</b> Yellow Prathama	
Creative Work Siddha Yoga		<b>Prathama* Until 9:39PM</b>	<b>Devaloka Day</b>	
			Sravana Adhika*Adi	

<b>1</b>	<b>Wednesday, July 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 93
	Kataka Rasi: 17.56	Tithi 2	<b>Gulika</b> Yama	<b>11:05AM – 12:38PM</b> 8:00AM – 9:33AM	<b>Ashlesha* Until 6:12AM Thu</b> Siddhi Until 6:49AM Thu	<b>Ganesha:</b> Orange <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 15 3rd Phase
	Creative Work Siddha Yoga Until 6:12AM Thu Then Creative Work - Amrita Yoga		441316572	<b>Rahu</b> 12:38PM – 2:11PM	Balava Until 10:49AM <b>Dvitiya Until 11:59PM</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Blue <b>Sravana Adhika*Adi</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, July 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 94
	Kataka Rasi: 29.49	Tithi 3	<b>Gulika</b> Yama	<b>9:33AM – 11:06AM</b> 6:28AM – 8:00AM	<b>Ashlesha* Until 6:12AM</b> Siddhi Until 6:49AM	<b>Ganesha:</b> Orange <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 16 3rd Phase
	Creative Work Siddha Yoga Until 6:12AM Then Creative Work - Amrita Yoga		441316572	<b>Rahu</b> 2:11PM – 3:43PM	Taitila Until 1:13PM <b>Tritiya Until 2:25AM Fri</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Blue <b>Sravana Adhika*Adi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Friday, July 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 95
	Simha Rasi: 11.39	Tithi 4	<b>Gulika</b> Yama	<b>8:00AM – 9:33AM</b> 3:43PM – 5:16PM	<b>Magha* Until 9:24AM</b> Vyatipata* Until 7:51AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 17 3rd Phase
	Routine Work Marana Yoga Until 9:24AM Then Creative Work - Siddha Yoga		451316572	<b>Rahu</b> 11:06AM – 12:38PM	Vanija Until 3:41PM <b>Chaturthi* Until 4:53AM Sat</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Red <b>Sravana Adhika*Adi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Saturday, July 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Bava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 96
	Simha Rasi: 23.29	Tithi 5	<b>Gulika</b> Yama	<b>6:28AM – 8:01AM</b> 2:11PM – 3:43PM	<b>Purvaphalguni Until 12:24PM</b> Varyan Until 8:50AM	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 18 3rd Phase
	Creative Work Siddha Yoga Until 12:24PM Then Routine Work - Marana Yoga		451416572	<b>Rahu</b> 9:33AM – 11:06AM	Bava Until 6:05PM <b>Panchami Until 7:12AM Sun</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Red <b>Sravana Adhika*Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Sunday, July 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 97
	Kanya Rasi: 5.23	Tithi 5 – 6	<b>Gulika</b> Yama	<b>3:43PM – 5:16PM</b> 12:38PM – 2:11PM	<b>Uttaraphalguni Until 3:03PM</b> Parigha* Until 9:42AM	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 19 3rd Phase
	Creative Work Amrita Yoga		451416572	<b>Rahu</b> 5:16PM – 6:48PM	Kaulava Until 8:16PM <b>Panchami Until 7:12AM</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Red <b>Sravana Adhika*Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Monday, July 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 98
	Kanya Rasi: 17.25	Tithi 6 – 7	<b>Gulika</b> Yama	<b>2:11PM – 3:43PM</b> 11:06AM – 12:38PM	<b>Hasta Until 5:40PM</b> Shiva Until 10:19AM	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 20 3rd Phase
	Family Home Evening Creative Work Siddha Yoga Until 5:40PM Then Routine Work - Prabalarishta Yoga		462416572	<b>Rahu</b> 8:01AM – 9:33AM	Gara Until 10:00PM <b>Shashthi* Until 9:11AM</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Green <b>Sravana Adhika*Adi</b>	<b>Sivaloka Day</b>

<b>D</b>	<b>Tuesday, July 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 99
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>12:38PM – 2:11PM</b> 9:33AM – 11:06AM	<b>Chitra Until 7:32PM</b> Siddha Until 10:30AM	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 21 Ashtami
	Kanya Rasi: 29.38 Creative Work Siddha Yoga		462416572	<b>Rahu</b> 3:43PM – 5:16PM	Visti Until 11:07PM <b>Saptami Until 10:38AM</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Green <b>Sravana Adhika*Adi</b>	<b>Sivaloka Day</b>

<b>D</b>	<b>Wednesday, July 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 100
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>11:06AM – 12:38PM</b> 8:01AM – 9:33AM	<b>Svati Until 8:29PM</b> Sadhya Until 10:07AM	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Yellow	Sobhana 5125 Moon 7 - Phase 14 - 22 Navami
	Tula Rasi: 12.1 Creative Work Siddha Yoga		462416572	<b>Rahu</b> 12:38PM – 2:11PM	Balava Until 11:27PM <b>Ashtami* Until 11:22AM</b>	Sunrise: 6:28AM Sunset: 6:48PM Moon – Green <b>Sravana Adhika*Adi</b>	<b>Sivaloka Day</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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<b>1</b>	<b>Thursday, July 27, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 101 Sobhana 5125
	Tula Rasi: 25.04 Tithi 9 – 10	<b>Gulika 9:33AM – 11:06AM</b> Yama 6:29AM – 8:01AM 472416572 <b>Rahu 2:11PM – 3:43PM</b>	<b>Vishakha Until 8:55PM</b> Subha Until 9:07AM Taitila Until 10:55PM <b>Navami* Until 11:16AM</b>
	Creative Work Siddha Yoga	<b>Ganesh:</b> Clear <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Yellow Moon – Orange	<b>Devaloka Day</b>
			Sravana Adhika*Adi


<b>2</b>	<b>Friday, July 28, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 24 Sutra 102 Sobhana 5125
	Vrischika Rasi: 8.26 Tithi 10 – 11	<b>Gulika 8:01AM – 9:33AM</b> Yama 3:43PM – 5:15PM 472416572 <b>Rahu 11:06AM – 12:38PM</b>	<b>Anuradha Until 8:21PM</b> Sukla Until 7:23AM Vanija Until 9:31PM <b>Dashami Until 10:18AM</b>
	Creative Work Siddha Yoga Until 8:21PM Then Routine Work - Marana Yoga	<b>Ganesh:</b> Clear <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Yellow Moon – Orange	<b>Devaloka Day</b>
			Sravana Adhika*Adi


<b>3</b>	<b>Saturday, July 29, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 25 Sutra 103 Sobhana 5125
	Vrischika Rasi: 22.17 Tithi 11 – 12	<b>Gulika 6:29AM – 8:01AM</b> Yama 2:11PM – 3:43PM 472416572 <b>Rahu 9:33AM – 11:06AM</b>	<b>Jyeshtha* Until 6:51PM</b> Indra Until 1:59AM Sun Bava Until 7:21PM <b>Ekadashi Until 8:31AM</b>
	Creative Work Siddha Yoga	<b>Ganesh:</b> Clear <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Yellow Moon – Orange	<b>Devaloka Day</b>
			Sravana Adhika*Adi

<b>4</b>	<b>Sunday, July 30, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 26 Sutra 104 Sobhana 5125
	Dhanus Rasi: 6.37 Tithi 13	<b>Gulika 3:43PM – 5:15PM</b> Yama 12:38PM – 2:11PM 482416572 <b>Rahu 5:15PM – 6:48PM</b>	<b>Mula* Until 4:58PM</b> Vaidhriti* Until 10:27PM Taitila Until 4:31PM <b>Trayodashi Until 2:53AM Mon</b>
	Creative Work Amrita Yoga Until 4:58PM Then Creative Work - Siddha Yoga	<b>Ganesh:</b> White <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sivaloka Day</b>
			Sravana Adhika*Adi

Pradosha Vrata

<b>5</b>	<b>Monday, July 31, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 27 Sutra 105 Sobhana 5125
	Dhanus Rasi: 21.23 Tithi 14	<b>Gulika 2:10PM – 3:43PM</b> Yama 11:06AM – 12:38PM 482416572 <b>Rahu 8:01AM – 9:33AM</b>	<b>Purvashadha* Until 2:25PM</b> Vishkambha* Until 6:32PM Gara Until 1:11PM <b>Chaturdashi* Until 11:21PM</b>
	<b>Family Home Evening</b> Routine Work Marana Yoga	<b>Ganesh:</b> White <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sivaloka Day</b>
			Sravana Adhika*Adi

	<b>Tuesday, August 1, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau	Port Harcourt, Nigeria Sutra 106 Sobhana 5125
	<b>Copper Retreat Star</b>	<b>Gulika 12:38PM – 2:10PM</b> Yama 9:33AM – 11:06AM 482416572 <b>Rahu 3:43PM – 5:15PM</b>	<b>Uttarashadha Until 11:25AM</b> Priti Until 2:23PM Visti Until 9:30AM <b>Purnima* Until 7:34PM</b>
	Makara Rasi: 6.28 Tithi 15	<b>Ganesh:</b> White <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:47PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sivaloka Day</b>
	Routine Work Prabalarishta Yoga Until 11:25AM Then Creative Work - Siddha Yoga		Sravana Adhika*Adi

	<b>Wednesday, August 2, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sutra 107 Sobhana 5125
	<b>Silver Retreat Star</b>	<b>Gulika 11:06AM – 12:38PM</b> Yama 8:01AM – 9:33AM 492416572 <b>Rahu 12:38PM – 2:10PM</b>	<b>Shravana Until 8:32AM</b> Ayushman Until 10:06AM Taitila Until 1:48AM Thu <b>Prathama* Until 3:42PM</b>
	Makara Rasi: 21.43 Tithi 16 – 17	<b>Ganesh:</b> Yellow <i>Sunrise: 6:29AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:47PM</i> <b>Nataraja:</b> Yellow Moon – Purple	<b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 8:32AM Then Routine Work - Prabalarishta Yoga		Sravana Adhika*Adi

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 6.57 Tithi 17 - 18

492416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 108

Sobhana 5125

Gulika 9:33AM - 11:06AM

Yama 6:29AM - 8:01AM

Rahu 2:10PM - 3:42PM

Shatabhishak Until 2:37AM Fri

Sobhana Until 1:50AM Fri

Vanija Until 10:08PM

Dvitiya Until 11:55AM

Ganesha: Yellow Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:47PM

Nataraja: Yellow

Moon - Purple  
Sravana Adhika\*Adi

Devaloka Day

1 Friday, August 4, 2023

Kumbha Rasi: 22.01 Tithi 18 - 19

412416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 109

Sobhana 5125

Gulika 8:01AM - 9:33AM

Yama 3:42PM - 5:15PM

Rahu 11:06AM - 12:38PM

Purvaproshtapada\* Until 12:21AM Sat

Athiganda\* Until 10:04PM

Bava Until 6:48PM

Tritiya Until 8:24AM

Ganesha: Clear Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:47PM

Nataraja: Yellow

Moon - Clear  
Sravana Adhika\*Adi

Moon 8 - Phase 16 - 2

1st Phase

Devaloka Day

2 Saturday, August 5, 2023

Meena Rasi: 6.46 Tithi 20

412416572

Creative Work Siddha Yoga

Until 10:28PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 110

Sobhana 5125

Gulika 6:29AM - 8:01AM

Yama 2:10PM - 3:42PM

Rahu 9:33AM - 11:06AM

Uttaraproshtapada Until 10:28PM

Sukarma Until 6:45PM

Kaulava Until 3:57PM

Panchami Until 2:44AM Sun

Ganesha: Clear Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:47PM

Nataraja: Yellow

Moon - Clear  
Sravana Adhika\*Adi

Moon 8 - Phase 16 - 3

1st Phase

Devaloka Day

3 Sunday, August 6, 2023

Meena Rasi: 21.07 Tithi 21

413416572

Creative Work Amrita Yoga

Until 9:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 111

Sobhana 5125

Gulika 3:42PM - 5:14PM

Yama 12:38PM - 2:10PM

Rahu 5:14PM - 6:46PM

Revati Until 9:05PM

Dhriti Until 3:58PM

Gara Until 1:44PM

Shashthi\* Until 12:52AM Mon

Ganesha: White Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:46PM

Nataraja: Yellow

Moon - Clear  
Sravana Adhika\*Adi

Moon 8 - Phase 16 - 4

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4 Monday, August 7, 2023

Mesha Rasi: 5.01 Tithi 22

Family Home Evening

Creative Work Siddha Yoga

423416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 112

Sobhana 5125

Gulika 2:10PM - 3:42PM

Yama 11:05AM - 12:38PM

Rahu 8:01AM - 9:33AM

Ashvini Until 8:44PM

Shula\* Until 1:44PM

Visti Until 12:13PM

Saptami Until 11:43PM

Ganesha: Clear Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:46PM

Nataraja: Yellow

Moon - White  
Sravana Adhika\*Adi

Moon 8 - Phase 16 - 5

1st Phase

Devaloka Day

D Tuesday, August 8, 2023

Retreat Star

Mesha Rasi: 18.28 Tithi 23

423416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhi\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 113

Sobhana 5125

Gulika 12:37PM - 2:10PM

Yama 9:33AM - 11:05AM

Rahu 3:42PM - 5:14PM

Bharani Until 8:59PM

Ganda\* Until 12:08PM

Balava Until 11:28AM

Ashtami\* Until 11:21PM

Ganesha: Clear Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:46PM

Nataraja: Yellow

Moon - White  
Sravana Adhika\*Adi

Moon 8 - Phase 16 - 6

Ashtami

Devaloka Day

Wednesday, August 9, 2023

Retreat Star

Virshabha Rasi: 1.31 Tithi 24

423416572

Creative Work Amrita Yoga

Until 9:47PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 114

Sobhana 5125

Gulika 11:05AM - 12:37PM

Yama 8:01AM - 9:33AM

Rahu 12:37PM - 2:09PM

Krittika Until 9:47PM

Vriddhi Until 11:08AM

Taitila Until 11:27AM

Navami\* Until 11:40PM

Ganesha: Clear Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:46PM

Nataraja: Yellow

Moon - White  
Sravana Adhika\*Adi

Moon 8 - Phase 16 - 7

Navami

Devaloka Day

**1****Thursday, August 10, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 8 Sutra 115

Vishabha Rasi: 14.13 Tithi 25

**Gulika** 9:33AM – 11:05AM**Rohini** Until 11:30PM**Ganesha:** Purple Sunrise: 6:29AM

Sobhana 5125

Yama 6:29AM – 8:01AM

Dhruva Until 10:38AM

**Muruga:** Yellow Sunset: 6:46PM

Moon 8 - Phase 17 - 8

433416572 **Rahu** 2:09PM – 3:41PM

Vanija Until 12:06PM

**Nataraja:** Yellow

2nd Phase

Routine Work Marana Yoga

**Dashami** Until 12:37AM Fri

Moon – Yellow

**Bhuloka Day**

Sravana Adhika\*Adi Devaloka Time: 3:PM to 6:PM

**2****Friday, August 11, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 116

Vishabha Rasi: 26.4 Tithi 26

**Gulika** 8:01AM – 9:33AM**Mrigashira** Until 1:33AM Sat**Ganesha:** Purple Sunrise: 6:29AM

Sobhana 5125

Yama 3:41PM – 5:13PM

Vyaghata\* Until 10:35AM

**Muruga:** Yellow Sunset: 6:45PM

Moon 8 - Phase 17 - 9

433416572 **Rahu** 11:05AM – 12:37PM

Bava Until 1:18PM

**Nataraja:** Yellow

2nd Phase

Creative Work Siddha Yoga

**Ekadashi\*** Until 2:03AM Sat

Moon – Yellow

**Bhuloka Day**

Sravana Adhika\*Adi Devaloka Time: 3:PM to 6:PM

**3****Saturday, August 12, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 117

Mithuna Rasi: 8.55 Tithi 27

**Gulika** 6:29AM – 8:01AM**Ardra** Until 3:47AM Sun**Ganesha:** Purple Sunrise: 6:29AM

Sobhana 5125

Yama 2:09PM – 3:41PM

Harshana Until 10:53AM

**Muruga:** Yellow Sunset: 6:45PM

Moon 8 - Phase 17 - 10

433416572 **Rahu** 9:33AM – 11:05AM

Kaulava Until 2:56PM

**Nataraja:** Yellow

2nd Phase

Creative Work Siddha Yoga

**Dvadashi\*** Until 3:52AM Sun

Moon – Yellow

**Bhuloka Day**

Sravana Adhika\*Adi Devaloka Time: 3:PM to 6:PM

**4****Sunday, August 13, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 118

Mithuna Rasi: 21.01 Tithi 28

**Gulika** 3:41PM – 5:13PM**Punarvasu** Until 6:36AM Mon**Ganesha:** Light Blue Sunrise: 6:29AM

Sobhana 5125

Yama 12:37PM – 2:09PM

Vajra\* Until 11:25AM

**Muruga:** Yellow Sunset: 6:45PM

Moon 8 - Phase 17 - 11

443416572 **Rahu** 5:13PM – 6:45PM

Gara Until 4:53PM

**Nataraja:** Yellow

2nd Phase

Creative Work Siddha Yoga

**Trayodashi\*** Until 5:56AM Mon

Moon – Blue

**Bhuloka Day**

Sravana Adhika\*Adi Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)***5****Monday, August 14, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddhi/Vyatipata\* Yoga Visti\* Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 119

Kataka Rasi: 3.01 Tithi 29

**Gulika** 2:08PM – 3:40PM**Punarvasu** Until 6:36AM**Ganesha:** Light Blue Sunrise: 6:29AM

Sobhana 5125

Yama 11:04AM – 12:36PM

Siddhi Until 12:08PM

**Muruga:** Yellow Sunset: 6:44PM

Moon 8 - Phase 17 - 12

**Family Home Evening**443416572 **Rahu** 8:01AM – 9:32AM

Visti Until 7:04PM

**Nataraja:** Yellow

2nd Phase

Creative Work Amrita Yoga

**Chaturdashi\*** Until 8:12AM Tue

Moon – Blue

**Bhuloka Day**

Sravana Adhika\*Adi Devaloka Time: 3:PM to 6:PM

Until 6:36AM

Then Creative Work - Siddha Yoga

**●****Tuesday, August 15, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vyatipata\*/Variyan Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 120

Kataka Rasi: 14.57 Tithi 29 – 30

**Gulika** 12:36PM – 2:08PM**Pushya** Until 9:26AM**Ganesha:** Light Blue Sunrise: 6:28AM

Sobhana 5125

Yama 9:32AM – 11:04AM

Vyatipata\* Until 1:01PM

**Muruga:** Yellow Sunset: 6:44PM

Moon 8 - Phase 17 - 13

443416572 **Rahu** 3:40PM – 5:12PM

Catuspada Until 9:24PM

**Nataraja:** Yellow

Amavasya

Creative Work Siddha Yoga

**Chaturdashi\*** Until 8:12AM

Moon – Blue

**Bhuloka Day**

Sravana Adhika\*Adi Devaloka Time: 3:PM to 6:PM

**Wednesday, August 16, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Variyan/Parigha\* Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 121

Kataka Rasi: 26.5 Tithi 30 – 1

**Gulika** 11:04AM – 12:36PM**Ashlesha\*** Until 12:14PM**Ganesha:** Orange Sunrise: 6:28AM

Sobhana 5125

Yama 8:00AM – 9:32AM

Variyan Until 1:56PM

**Muruga:** Yellow Sunset: 6:44PM

Moon 8 - Phase 17 - 14

443516572 **Rahu** 12:36PM – 2:08PM

Kintughna Until 11:50PM

**Nataraja:** Yellow

Prathama

Creative Work Siddha Yoga

**Amavasya\*** Until 10:35AM

Moon – Blue

**Devaloka Day**

Sravana\*Adi

<b>1</b>	<b>Thursday, August 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria
	Simha Rasi: 8.41	Tithi 1 – 2	<b>Gulika</b> 9:32AM – 11:04AM	<b>Magha* Until 3:24PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:28AM	Sobhana 5125
			Yama 6:28AM – 8:00AM	Parigha* Until 2:55PM	<b>Muruga:</b> Yellow	Sunset: 6:44PM	Moon 8 - Phase 18 - 15
		453516572 <b>Rahu</b> 2:08PM – 3:40PM	Balava Until 2:17AM Fri	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Prathama* Until 1:03PM</b>	Moon – Red			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, August 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria
	Simha Rasi: 20.32	Tithi 2 – 3	<b>Gulika</b> 8:00AM – 9:32AM	<b>Purvaphalguni Until 6:23PM</b>	<b>Ganesha:</b> Orange	Sunrise: 6:28AM	Sobhana 5125
			Yama 3:39PM – 5:11PM	Shiva Until 3:54PM	<b>Muruga:</b> Yellow	Sunset: 6:43PM	Moon 8 - Phase 18 - 16
		553516572 <b>Rahu</b> 11:04AM – 12:36PM	Taitila Until 4:41AM Sat	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Dvitiya Until 3:29PM</b>	Moon – Red			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, August 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau				Port Harcourt, Nigeria
	Kanya Rasi: 2.25	Tithi 3 – 4	<b>Gulika</b> 6:28AM – 8:00AM	<b>Uttaraphalguni Until 9:05PM</b>	<b>Ganesha:</b> Orange	Sunrise: 6:28AM	Sobhana 5125
			Yama 2:07PM – 3:39PM	Siddha Until 4:45PM	<b>Muruga:</b> Yellow	Sunset: 6:43PM	Moon 8 - Phase 18 - 17
		553516572 <b>Rahu</b> 9:32AM – 11:04AM	Vanija Until 6:54AM Sun	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Tritiya Until 5:48PM</b>	Moon – Red			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Sunday, August 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturchayam Titau				Port Harcourt, Nigeria
	Kanya Rasi: 14.22	Tithi 4	<b>Gulika</b> 3:39PM – 5:11PM	<b>Hasta Until 11:51PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:28AM	Sobhana 5125
			Yama 12:35PM – 2:07PM	Sadhya Until 5:26PM	<b>Muruga:</b> Yellow	Sunset: 6:42PM	Moon 8 - Phase 18 - 18
		563516572 <b>Rahu</b> 5:11PM – 6:42PM	Vanija Until 6:54AM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Chaturchi* Until 7:52PM</b>	Moon – Green			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Monday, August 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria
	Kanya Rasi: 26.26	Tithi 5	<b>Gulika</b> 2:07PM – 3:39PM	<b>Chitra Until 2:02AM Tue</b>	<b>Ganesha:</b> Purple	Sunrise: 6:28AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 11:03AM – 12:35PM	Subha Until 5:50PM	<b>Muruga:</b> Yellow	Sunset: 6:42PM	Moon 8 - Phase 18 - 19
		564516572 <b>Rahu</b> 8:00AM – 9:31AM	Bava Until 8:47AM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Panchami Until 9:31PM</b>	Moon – Green			
				<b>Sravana*Avani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Tuesday, August 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Port Harcourt, Nigeria
	Tula Rasi: 8.42	Tithi 6	<b>Gulika</b> 12:35PM – 2:06PM	<b>Svati Until 3:29AM Wed</b>	<b>Ganesha:</b> Purple	Sunrise: 6:28AM	Sobhana 5125
			Yama 9:31AM – 11:03AM	Sukla Until 5:48PM	<b>Muruga:</b> Yellow	Sunset: 6:42PM	Moon 8 - Phase 18 - 20
		564516572 <b>Rahu</b> 3:38PM – 5:10PM	Kaulava Until 10:11AM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Shashthi* Until 10:38PM</b>	Moon – Green			
				<b>Sravana*Avani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>	<b>Wednesday, August 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau				Port Harcourt, Nigeria
	Tula Rasi: 21.14	Tithi 7	<b>Gulika</b> 11:03AM – 12:34PM	<b>Vishakha Until 4:34AM Thu</b>	<b>Ganesha:</b> Clear	Sunrise: 6:28AM	Sobhana 5125
			Yama 7:59AM – 9:31AM	Brahma Until 5:14PM	<b>Muruga:</b> Yellow	Sunset: 6:41PM	Moon 8 - Phase 18 - 21
		574516572 <b>Rahu</b> 12:34PM – 2:06PM	Gara Until 10:57AM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Saptami Until 11:02PM</b>	Moon – Orange			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Thursday, August 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria
	Vrischika Rasi: 4.06	Tithi 8	<b>Gulika</b> 9:31AM – 11:02AM	<b>Anuradha Until 4:42AM Fri</b>	<b>Ganesha:</b> Clear	Sunrise: 6:27AM	Sobhana 5125
			Yama 6:27AM – 7:59AM	Indra Until 4:06PM	<b>Muruga:</b> Yellow	Sunset: 6:41PM	Moon 8 - Phase 18 - 22
		574516572 <b>Rahu</b> 2:06PM – 3:38PM	Visti Until 10:58AM	<b>Nataraja:</b> Yellow		Ashtami	
			<b>Ashtami* Until 10:40PM</b>	Moon – Orange			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Friday, August 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria
	Vrischika Rasi: 17.23	Tithi 9	<b>Gulika</b> 7:59AM – 9:31AM	<b>Jyeshtha* Until 3:55AM Sat</b>	<b>Ganesha:</b> Clear	Sunrise: 6:27AM	Sobhana 5125
			Yama 3:37PM – 5:09PM	Vaidhriti* Until 2:17PM	<b>Muruga:</b> Yellow	Sunset: 6:41PM	Moon 8 - Phase 18 - 23
		574516572 <b>Rahu</b> 11:02AM – 12:34PM	Balava Until 10:12AM	<b>Nataraja:</b> Yellow		Navami	
			<b>Navami* Until 9:30PM</b>	Moon – Orange			
				<b>Sravana*Avani</b>		<b>Devaloka Day</b>	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

www.gurudeva.org/panchang

**1****Saturday, August 26, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 24 Sutra 131

Dhanus Rasi: 1.07 Tithi 10

**Gulika** 6:27AM – 7:59AM**Mula\* Until 2:41AM Sun****Ganesha:** White *Sunrise:* 6:27AM

Sobhana 5125

Yama 2:05PM – 3:37PM

Vishkambha\* Until 11:52AM

**Muruga:** Yellow *Sunset:* 6:40PM

Moon 8 - Phase 19 - 24

584516572 **Rahu** 9:30AM – 11:02AM

Taitila Until 8:39AM

**Nataraja:** Yellow

4th Phase

Creative Work Siddha Yoga

**Dashami Until 7:34PM**

Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**2****Sunday, August 27, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Ekadashi/Dvadashyam TitauPort Harcourt, Nigeria  
Sun 25 Sutra 132

Dhanus Rasi: 15.19 Tithi 11 – 12

**Gulika** 3:37PM – 5:08PM**Purvashadha\* Until 12:40AM Mon****Ganesha:** White *Sunrise:* 6:27AM

Sobhana 5125

Yama 12:33PM – 2:05PM

Priti Until 8:52AM

**Muruga:** Yellow *Sunset:* 6:40PM

Moon 8 - Phase 19 - 25

584516572 **Rahu** 5:08PM – 6:40PM

Vanija Until 6:22AM

**Nataraja:** Yellow

4th Phase

Creative Work Siddha Yoga

**Ekadashi Until 4:58PM**

Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Until 12:40AM Mon

Then Routine Work - Marana Yoga

**3****Monday, August 28, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauPort Harcourt, Nigeria  
Sun 26 Sutra 133

Dhanus Rasi: 29.56 Tithi 12 – 13

**Gulika** 2:05PM – 3:36PM**Uttarashadha Until 10:02PM****Ganesha:** White *Sunrise:* 6:27AM

Sobhana 5125

Yama 11:01AM – 12:33PM

Saubhagya Until 1:28AM Tue

**Muruga:** Yellow *Sunset:* 6:39PM

Moon 8 - Phase 19 - 26

**Family Home Evening**584516573 **Rahu** 7:58AM – 9:30AM

Kaulava Until 12:07AM Tue

**Nataraja:** White

4th Phase

Routine Work Marana Yoga

**Dvadashi Until 1:49PM**

Moon – Light Blue

**Devaloka Day**

Until 10:02PM

*Pradosha Vrata*

Then Creative Work - Amrita Yoga

**4****Tuesday, August 29, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 27 Sutra 134

Makara Rasi: 14.55 Tithi 13 – 14

**Gulika** 12:33PM – 2:04PM**Shravana Until 7:19PM****Ganesha:** Yellow *Sunrise:* 6:27AM

Sobhana 5125

Yama 9:30AM – 11:01AM

Sobhana Until 9:20PM

**Muruga:** Yellow *Sunset:* 6:39PM

Moon 8 - Phase 19 - 27

584516573 **Rahu** 3:36PM – 5:07PM

Gara Until 8:26PM

**Nataraja:** White

4th Phase

Creative Work Siddha Yoga

**Chidambaram Abhishekam****Trayodashi Until 10:17AM**

Moon – Purple

**Sivaloka Day****Sravana\*Avani****Wednesday, August 30, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Athiganda\*/Sukarma Yoga Vanija/Bava Karana Chaturdashii/Purnimayam TitauPort Harcourt, Nigeria  
Sutra 135

Kumbha Rasi: 0.06 Tithi 14 – 15

**Gulika** 11:01AM – 12:32PM**Dhanishtha Until 4:19PM****Ganesha:** Yellow *Sunrise:* 6:26AM

Sobhana 5125

Yama 7:58AM – 9:29AM

Athiganda\* Until 5:04PM

**Muruga:** Yellow *Sunset:* 6:39PM

Moon 8 - Phase 19 -

Routine Work Prabalarishta Yoga

584516573 **Rahu** 12:32PM – 2:04PM

Bava Until 2:40AM Thu

**Nataraja:** White

Purnima

Until 4:19PM

**Avani Avittam****Chaturdashii\* Until 6:30AM**

Moon – Purple

**Sivaloka Day****Sravana\*Avani**

Then Creative Work - Siddha Yoga

**Thursday, August 31, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam TitauPort Harcourt, Nigeria  
Sutra 136

Kumbha Rasi: 15.21 Tithi 16

**Gulika** 9:29AM – 11:01AM**Shatabhishak Until 1:11PM****Ganesha:** Yellow *Sunrise:* 6:26AM

Sobhana 5125

Yama 6:26AM – 7:58AM

Sukarma Until 12:49PM

**Muruga:** Yellow *Sunset:* 6:38PM

Moon 8 - Phase 19 -

584516573 **Rahu** 2:04PM – 3:35PM

Balava Until 12:47PM

**Nataraja:** White

Prathama

Creative Work Siddha Yoga

**Prathama\* Until 10:55PM**

Moon – Purple

**Sivaloka Day****Sravana\*Avani**



**Friday, September 1, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Dvityayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 137

Sobhana 5125

Moon 9 - Phase 20 - 1

1st Phase

Meena Rasi: 0.29 Tithi 17

**Gulika** 7:57AM – 9:29AM

Yama 3:35PM – 5:06PM

515516573 **Rahu** 11:00AM – 12:32PM**Purvaproshtapada\* Until 10:31AM**

Dhriti Until 8:44AM

Taitila Until 9:10AM

**Dvitiya Until 7:27PM****Ganesha:** Yellow

Sunrise: 6:26AM

**Muruga:** Yellow

Sunset: 6:38PM

**Nataraja:** White

Moon – Clear

**Sravana\*Avani****Sivaloka Day**

Creative Work Siddha Yoga

**1****Saturday, September 2, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 138

Sobhana 5125

Moon 9 - Phase 20 - 2

1st Phase

Meena Rasi: 15.23 Tithi 18 – 19

**Gulika** 6:26AM – 7:57AM

Yama 2:03PM – 3:34PM

515516573 **Rahu** 9:29AM – 11:00AM**Uttaraproshtapada Until 8:05AM**

Ganda\* Until 1:33AM Sun

Bava Until 3:07AM Sun

**Tritiya Until 4:25PM****Ganesha:** Red

Sunrise: 6:26AM

**Muruga:** Yellow

Sunset: 6:37PM

**Nataraja:** White

Moon – Clear

**Sravana\*Avani****Sivaloka Day**

Creative Work Siddha Yoga

Until 8:05AM

Then Routine Work - Prabalarishta Yoga

**2****Sunday, September 3, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 139

Sobhana 5125

Moon 9 - Phase 20 - 3

1st Phase

Meena Rasi: 29.53 Tithi 19 – 20

**Gulika** 3:34PM – 5:05PM

Yama 12:31PM – 2:03PM

515516573 **Rahu** 5:05PM – 6:37PM**Revati Until 6:02AM**

Vriddhi Until 10:42PM

Kaulava Until 1:00AM Mon

**Chaturthi\* Until 1:57PM****Ganesha:** Red

Sunrise: 6:26AM

**Muruga:** Yellow

Sunset: 6:37PM

**Nataraja:** White

Moon – Clear

**Sravana\*Avani****Sivaloka Day**

Creative Work Amrita Yoga

Until 6:02AM

Then Creative Work - Siddha Yoga

**3****Monday, September 4, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 140

Sobhana 5125

Moon 9 - Phase 20 - 4

1st Phase

Mesha Rasi: 13.56 Tithi 20 – 21

**Gulika** 2:02PM – 3:34PM

Yama 10:59AM – 12:31PM

525516573 **Rahu** 7:57AM – 9:28AM**Bharani Until 4:28AM Tue**

Dhruva Until 8:26PM

Gara Until 11:39PM

**Panchami Until 12:12PM****Ganesha:** Green

Sunrise: 6:25AM

**Muruga:** Yellow

Sunset: 6:36PM

**Nataraja:** White

Moon – White

**Sravana\*Avani****Devaloka Day**

Creative Work Siddha Yoga

**Family Home Evening**

Creative Work Siddha Yoga

**4****Tuesday, September 5, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 141

Sobhana 5125

Moon 9 - Phase 20 - 5

1st Phase

Mesha Rasi: 27.31 Tithi 21 – 22

**Gulika** 12:31PM – 3:02PM

Yama 9:28AM – 10:59AM

525516573 **Rahu** 3:33PM – 5:05PM**Krittika Until 4:38AM Wed**

Vyaghata\* Until 6:50PM

Visti Until 11:06PM

**Shashthi\* Until 11:15AM****Ganesha:** Green

Sunrise: 6:25AM

**Muruga:** Yellow

Sunset: 6:36PM

**Nataraja:** White

Moon – White

**Sravana\*Avani****Devaloka Day**

Creative Work Siddha Yoga

**D****Wednesday, September 6, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 142

Sobhana 5125

Moon 9 - Phase 20 - 6

Ashtami

Vrisabha Rasi: 10.38 Tithi 22 – 23

**Gulika** 10:59AM – 12:30PM

Yama 7:56AM – 9:28AM

535516573 **Rahu** 12:30PM – 2:02PM**Rohini Until 5:54AM Thu**

Harshana Until 5:54PM

Balava Until 11:22PM

**Saptami Until 11:07AM****Ganesha:** Orange

Sunrise: 6:25AM

**Muruga:** Yellow

Sunset: 6:36PM

**Nataraja:** White

Moon – Yellow

**Sravana\*Avani****Sivaloka Day**

Creative Work Siddha Yoga

Until 5:54AM Thu

Then Routine Work - Marana Yoga

**Krishna Janmashtami****Thursday, September 7, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 143

Sobhana 5125

Moon 9 - Phase 20 - 7

Navami

Vrisabha Rasi: 23.23 Tithi 23 – 24

**Gulika** 9:27AM – 10:59AM

Yama 6:25AM – 7:56AM

535516573 **Rahu** 2:01PM – 3:32PM**Mrigashira Until 7:40AM Fri**

Vajra\* Until 5:30PM

Taitila Until 12:21AM Fri

**Ashtami\* Until 11:45AM****Ganesha:** Orange

Sunrise: 6:25AM

**Muruga:** Yellow

Sunset: 6:35PM

**Nataraja:** White

Moon – Yellow

**Sravana\*Avani****Sivaloka Day**

Routine Work Marana Yoga

Until 7:40AM Fri

Then Creative Work - Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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<b>1</b>	<b>Friday, September 8, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Port Harcourt, Nigeria Sun 8 Sutra 144 Sobhana 5125
	Mithuna Rasi: 5.48 Tithi 24 – 25	<b>Gulika</b> 7:56AM – 9:27AM Yama 3:32PM – 5:03PM 535516573 <b>Rahu</b> 10:58AM – 12:30PM	<b>Mrigashira</b> Orange Sunrise: 6:24AM <b>Muruga:</b> Yellow Sunset: 6:35PM <b>Nataraja:</b> White Moon – Yellow <b>Sivaloka Day</b> Srivana*Avani
	Creative Work Siddha Yoga	Siddhi Until 5:37PM Vanija Until 1:55AM Sat <b>Navami* Until 1:03PM</b>	Moon 9 - Phase 21 - 8 2nd Phase

<b>2</b>	<b>Saturday, September 9, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 145 Sobhana 5125
	Mithuna Rasi: 18 Tithi 25 – 26	<b>Gulika</b> 6:24AM – 7:55AM Yama 2:00PM – 3:32PM 535516573 <b>Rahu</b> 9:27AM – 10:58AM	<b>Ardra</b> Orange Sunrise: 6:24AM <b>Muruga:</b> Yellow Sunset: 6:34PM <b>Nataraja:</b> White Moon – Yellow <b>Sivaloka Day</b> Srivana*Avani
	Creative Work Siddha Yoga	Vyatipata* Until 6:06PM Bava Until 3:55AM Sun <b>Dashami Until 2:51PM</b>	Moon 9 - Phase 21 - 9 2nd Phase

<b>3</b>	<b>Sunday, September 10, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 146 Sobhana 5125
	Kataka Rasi: 0.02 Tithi 26 – 27	<b>Gulika</b> 3:31PM – 5:02PM Yama 12:29PM – 2:00PM 545616573 <b>Rahu</b> 5:02PM – 6:34PM	<b>Punarvasu</b> Purple Sunrise: 6:24AM <b>Muruga:</b> Yellow Sunset: 6:34PM <b>Nataraja:</b> White Moon – Blue <b>Devaloka Day</b> Srivana*Avani
	Creative Work Siddha Yoga	Variyan Until 6:48PM Kaulava Until 6:11AM Mon <b>Ekadashi* Until 5:00PM</b>	Moon 9 - Phase 21 - 10 2nd Phase

<b>4</b>	<b>Monday, September 11, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 147 Sobhana 5125
	Kataka Rasi: 11.58 Tithi 27	<b>Gulika</b> 2:00PM – 3:31PM Yama 10:57AM – 12:28PM 546616573 <b>Rahu</b> 7:55AM – 9:26AM	<b>Pushya</b> Light Blue Sunrise: 6:24AM <b>Muruga:</b> Yellow Sunset: 6:33PM <b>Nataraja:</b> White Moon – Blue <b>Devaloka Day</b> Srivana*Avani
	Family Home Evening Creative Work Siddha Yoga	Parigha* Until 7:41PM Kaulava Until 6:11AM <b>Dvadashi* Until 7:22PM</b>	Moon 9 - Phase 21 - 11 2nd Phase

<b>5</b>	<b>Tuesday, September 12, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 148 Sobhana 5125
	Kataka Rasi: 23.5 Tithi 28	<b>Gulika</b> 12:28PM – 1:59PM Yama 9:26AM – 10:57AM 546616573 <b>Rahu</b> 3:30PM – 5:02PM	<b>Ashlesha*</b> Light Blue Sunrise: 6:24AM <b>Muruga:</b> Yellow Sunset: 6:33PM <b>Nataraja:</b> White Moon – Blue <b>Devaloka Day</b> Srivana*Avani
	Creative Work Siddha Yoga	Shiva Until 8:38PM Gara Until 8:37AM <b>Trayodashi* Until 9:49PM</b>	Moon 9 - Phase 21 - 12 2nd Phase

*Pradosha Vrata (Fasting)*

<b>6</b>	<b>Wednesday, September 13, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 13 Sutra 149 Sobhana 5125
	Simha Rasi: 5.41 Tithi 29	<b>Gulika</b> 10:57AM – 12:28PM Yama 7:54AM – 9:26AM 556616573 <b>Rahu</b> 12:28PM – 1:59PM	<b>Magha*</b> Purple Sunrise: 6:23AM <b>Muruga:</b> Yellow Sunset: 6:32PM <b>Nataraja:</b> White Moon – Red <b>Devaloka Day</b> Srivana*Avani
	Creative Work Siddha Yoga Until 9:26PM Then Creative Work - Amrita Yoga	Siddha Until 9:33PM Visti Until 11:04AM <b>Chaturdashi* Until 12:16AM Thu</b>	Moon 9 - Phase 21 - 13 2nd Phase

<b>Retreat Star</b>	<b>Thursday, September 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 150 Sobhana 5125
	Simha Rasi: 17.34 Tithi 30	<b>Gulika</b> 9:25AM – 10:56AM Yama 6:23AM – 7:54AM 556616573 <b>Rahu</b> 1:59PM – 3:30PM	<b>Purvaphalguni</b> Purple Sunrise: 6:23AM <b>Muruga:</b> Yellow Sunset: 6:32PM <b>Nataraja:</b> White Moon – Red <b>Devaloka Day</b> Srivana*Avani
	Creative Work Siddha Yoga	Sadhya Until 10:24PM Catuspada Until 1:28PM <b>Amavasya* Until 2:36AM Fri</b>	Moon 9 - Phase 21 - 14 Amavasya

<b>Retreat Star</b>	<b>Friday, September 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 151 Sobhana 5125
	Simha Rasi: 29.29 Tithi 1	<b>Gulika</b> 7:54AM – 9:25AM Yama 3:29PM – 5:00PM 556626573 <b>Rahu</b> 10:56AM – 12:27PM	<b>Uttaraphalguni</b> Purple Sunrise: 6:23AM <b>Muruga:</b> White Sunset: 6:31PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> Bhadrapada*Avani
	Creative Work Siddha Yoga Until 2:53AM Sat Then Routine Work - Marana Yoga	Subha Until 11:09PM Kintughna Until 3:44PM <b>Prathama* Until 4:45AM Sat</b>	Moon 9 - Phase 21 - 15 Prathama

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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# 1

## Saturday, September 16, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau

Port Harcourt, Nigeria  
Sun 16 Sutra 152

Kanya Rasi: 11.28 Tithi 2

**Gulika** 6:23AM – 7:54AM  
Yama 1:58PM – 3:29PM  
566626573 **Rahu** 9:25AM – 10:56AM

**Hasta** **Until 5:30AM Sun**  
Sukla **Until 11:39PM**  
Balava **Until 5:46PM**  
**Dvitiya** **Until 6:38AM Sun**

**Ganesha:** Light Blue *Sunrise:* 6:23AM  
**Muruga:** White *Sunset:* 6:31PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada\*Avani**

Sobhana 5125  
Moon 9 - Phase 22 - 16  
3rd Phase

**Sivaloka Day**

Routine Work Marana Yoga  
Until 5:30AM Sun  
Then Creative Work - Siddha Yoga

# 2

## Sunday, September 17, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 17 Sutra 153

Kanya Rasi: 23.34 Tithi 2 – 3

**Gulika** 3:28PM – 4:59PM  
Yama 12:26PM – 1:57PM  
566626573 **Rahu** 4:59PM – 6:30PM

**Chitra** **Until 7:37AM Mon**  
Brahma **Until 11:56PM**  
Taitila **Until 7:28PM**  
**Dvitiya** **Until 6:38AM**

**Ganesha:** Light Blue *Sunrise:* 6:22AM  
**Muruga:** White *Sunset:* 6:30PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 17  
3rd Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 7:37AM Mon  
Then Creative Work - Amrita Yoga

# 3

## Monday, September 18, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Port Harcourt, Nigeria  
Sun 18 Sutra 154

Tula Rasi: 5.5 Tithi 3 – 4

**Family Home Evening**

**Gulika** 1:57PM – 3:28PM  
Yama 10:55AM – 12:26PM  
566626573 **Rahu** 7:53AM – 9:24AM

**Chitra** **Until 7:37AM**  
Indra **Until 11:53PM**  
Vanija **Until 8:47PM**  
**Tritiya** **Until 8:09AM**

**Ganesha:** Light Blue *Sunrise:* 6:22AM  
**Muruga:** White *Sunset:* 6:30PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 18  
3rd Phase

**Sivaloka Day**

Routine Work Prabalarishta Yoga  
Until 7:37AM  
Then Creative Work - Amrita Yoga

# 4

## Tuesday, September 19, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria  
Sun 19 Sutra 155

Tula Rasi: 18.16 Tithi 4 – 5

**Gulika** 12:26PM – 1:57PM  
Yama 9:24AM – 10:55AM  
567626573 **Rahu** 3:28PM – 4:58PM

**Svati** **Until 9:08AM**  
Vaidhriti\* **Until 11:26PM**  
Bava **Until 9:36PM**  
**Chaturthi\*** **Until 9:14AM**

**Ganesha:** Purple *Sunrise:* 6:22AM  
**Muruga:** White *Sunset:* 6:29PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 19  
3rd Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 9:08AM  
Then Routine Work - Marana Yoga

# 5

## Wednesday, September 20, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau

Port Harcourt, Nigeria  
Sun 20 Sutra 156

Vrischika Rasi: 0.56 Tithi 5 – 6

**Gulika** 10:54AM – 12:25PM  
Yama 7:53AM – 9:23AM  
577626573 **Rahu** 12:25PM – 1:56PM

**Vishakha** **Until 10:28AM**  
Vishkambha\* **Until 10:34PM**  
Kaulava **Until 9:52PM**  
**Panchami** **Until 9:47AM**

**Ganesha:** Clear *Sunrise:* 6:22AM  
**Muruga:** White *Sunset:* 6:29PM  
**Nataraja:** White  
Moon – Orange  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 20  
3rd Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

# 6

## Thursday, September 21, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 21 Sutra 157

Vrischika Rasi: 13.53 Tithi 6 – 7

**Gulika** 9:23AM – 10:54AM  
Yama 6:21AM – 7:52AM  
577626573 **Rahu** 1:56PM – 3:27PM

**Anuradha** **Until 11:04AM**  
Priti **Until 9:13PM**  
Gara **Until 9:31PM**  
**Shashthi\*** **Until 9:45AM**

**Ganesha:** Clear *Sunrise:* 6:21AM  
**Muruga:** White *Sunset:* 6:28PM  
**Nataraja:** White  
Moon – Orange  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 21  
3rd Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 11:04AM  
Then Routine Work - Prabalarishta Yoga

# D

## Friday, September 22, 2023

**Retreat Star**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Ayushman Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 22 Sutra 158

Vrischika Rasi: 27.09 Tithi 7 – 8

**Gulika** 7:52AM – 9:23AM  
Yama 3:26PM – 4:57PM  
577626573 **Rahu** 10:54AM – 12:25PM

**Jyeshtha\*** **Until 10:54AM**  
Ayushman **Until 7:20PM**  
Visti **Until 8:32PM**  
**Saptami** **Until 9:05AM**

**Ganesha:** Clear *Sunrise:* 6:21AM  
**Muruga:** White *Sunset:* 6:28PM  
**Nataraja:** White  
Moon – Orange  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 22  
Ashtami

**Subha Sivaloka Day**

Routine Work Marana Yoga  
Until 10:54AM  
Then Creative Work - Amrita Yoga

## Saturday, September 23, 2023

**Retreat Star**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 23 Sutra 159

Dhanus Rasi: 10.47 Tithi 8 – 9

**Gulika** 6:21AM – 7:52AM  
Yama 1:55PM – 3:26PM  
587626573 **Rahu** 9:23AM – 10:53AM

**Mula\*** **Until 10:24AM**  
Saubhagya **Until 4:58PM**  
Balava **Until 6:55PM**  
**Ashtami\*** **Until 7:47AM**

**Ganesha:** White *Sunrise:* 6:21AM  
**Muruga:** White *Sunset:* 6:27PM  
**Nataraja:** White  
Moon – Light Blue  
**Bhadrapada\*Puratasi**

Sobhana 5125  
Moon 9 - Phase 22 - 23  
Navami

**Sivaloka Day**

Creative Work Siddha Yoga

<b>1</b>	<b>Sunday, September 24, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau	Port Harcourt, Nigeria Sun 24 Sutra 160 Sobhana 5125
	Dhanus Rasi: 24.47    Tithi 10	<b>Gulika</b> 3:25PM – 4:56PM <b>Purvashadha* Until 9:10AM</b> <b>Ganesha:</b> White    Sunrise: 6:21AM	
	587626573	<b>Yama</b> 12:24PM – 1:55PM <b>Sobhana Until 2:08PM</b> <b>Muruga:</b> White    Sunset: 6:27PM	Moon 9 - Phase 23 - 24 4th Phase

Creative Work    Siddha Yoga  
Until 9:10AM  
Then Creative Work - Amrita Yoga

<b>2</b>	<b>Monday, September 25, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau	Port Harcourt, Nigeria Sun 25 Sutra 161 Sobhana 5125
	Makara Rasi: 9.09    Tithi 11	<b>Gulika</b> 1:54PM – 3:25PM <b>Uttarashadha Until 7:15AM</b> <b>Ganesha:</b> Clear    Sunrise: 6:21AM	
	588626573	<b>Yama</b> 10:53AM – 12:24PM <b>Athiganda* Until 10:51AM</b> <b>Muruga:</b> White    Sunset: 6:27PM	Moon 9 - Phase 23 - 25 4th Phase


Routine Work    Marana Yoga  
Until 7:15AM  
Then Creative Work - Amrita Yoga

<b>3</b>	<b>Tuesday, September 26, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau	Port Harcourt, Nigeria Sun 26 Sutra 162 Sobhana 5125
	Makara Rasi: 23.49    Tithi 12	<b>Gulika</b> 12:23PM – 1:54PM <b>Dhanishtha Until 2:41AM Wed</b> <b>Ganesha:</b> White    Sunrise: 6:20AM	
	598626573	<b>Yama</b> 9:22AM – 10:52AM <b>Sukarma Until 7:15AM</b> <b>Muruga:</b> White    Sunset: 6:26PM	Moon 9 - Phase 23 - 26 4th Phase

Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

<b>4</b>	<b>Wednesday, September 27, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 27 Sutra 163 Sobhana 5125
	Kumbha Rasi: 8.43    Tithi 13 – 14	<b>Gulika</b> 10:52AM – 12:23PM <b>Shatabhishak Until 11:53PM</b> <b>Ganesha:</b> White    Sunrise: 6:20AM	
	598626573	<b>Yama</b> 7:51AM – 9:21AM <b>Shula* Until 11:25PM</b> <b>Muruga:</b> White    Sunset: 6:26PM	Moon 9 - Phase 23 - 27 4th Phase

Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

	<b>Thursday, September 28, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Port Harcourt, Nigeria Sun 28 Sutra 164 Sobhana 5125
	Kumbha Rasi: 23.44    Tithi 14 – 15	<b>Gulika</b> 9:21AM – 10:52AM <b>Purvaproshtapada* Until 9:21PM</b> <b>Ganesha:</b> Yellow    Sunrise: 6:20AM	
	618626573	<b>Yama</b> 6:20AM – 7:51AM <b>Ganda* Until 7:26PM</b> <b>Muruga:</b> White    Sunset: 6:25PM	Moon 9 - Phase 23 - Purnima

Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

	<b>Friday, September 29, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Port Harcourt, Nigeria Sun 29 Sutra 165 Sobhana 5125
	Meena Rasi: 8.43    Tithi 15 – 16	<b>Gulika</b> 7:50AM – 9:21AM <b>Uttaraproshtapada Until 6:50PM</b> <b>Ganesha:</b> Yellow    Sunrise: 6:20AM	
	618626573	<b>Yama</b> 3:23PM – 4:54PM <b>Vriddhi Until 3:35PM</b> <b>Muruga:</b> White    Sunset: 6:25PM	Moon 9 - Phase 23 - Prathama

Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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Saturday, September 30, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 166

Meena Rasi: 23.31 Tithi 16 - 17

Gulika 6:19AM - 7:50AM  
Yama 1:52PM - 3:23PM  
618626573 Rahu 9:21AM - 10:51AM

Revati Until 4:31PM  
Dhruva Until 11:57AM  
Taitila Until 6:32PM

Ganesha: Yellow Sunrise: 6:19AM  
Muruga: White Sunset: 6:24PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 1st Phase

Routine Work Prabalarishta Yoga  
Until 4:31PM  
Then Creative Work - Siddha Yoga

Moon - Clear  
Subha Sivaloka Day  
Bhadrapada\*Puratasi

1 Sunday, October 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sutra 167

Mesha Rasi: 8.01 Tithi 18

Gulika 3:23PM - 4:53PM  
Yama 12:22PM - 1:52PM  
628626573 Rahu 4:53PM - 6:24PM

Ashvini Until 2:57PM  
Vyaghata\* Until 8:43AM  
Vanija Until 4:07PM  
Tritiya Until 3:07AM Mon

Ganesha: White Sunrise: 6:19AM  
Muruga: White Sunset: 6:24PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 1st Phase

Creative Work Siddha Yoga  
Until 2:57PM  
Then Routine Work - Prabalarishta Yoga

Moon - White  
Subha Subha Sivaloka Day  
Bhadrapada\*Puratasi

2 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sutra 168

Mesha Rasi: 22.07 Tithi 19

Gulika 1:52PM - 3:22PM  
Yama 10:51AM - 12:21PM  
629626573 Rahu 7:50AM - 9:20AM

Bharani Until 1:53PM  
Vajra\* Until 3:45AM Tue  
Bava Until 2:20PM  
Chaturthi\* Until 1:42AM Tue

Ganesha: Clear Sunrise: 6:19AM  
Muruga: White Sunset: 6:23PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 2 1st Phase

Creative Work Siddha Yoga  
Until 1:53PM  
Then Routine Work - Marana Yoga

Moon - White  
Subha Sivaloka Day  
Bhadrapada\*Puratasi

3 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sutra 169

Mrishabha Rasi: 5.47 Tithi 20

Gulika 12:21PM - 1:51PM  
Yama 9:20AM - 10:50AM  
629626573 Rahu 3:22PM - 4:52PM

Krittika Until 1:23PM  
Siddhi Until 2:10AM Wed  
Kaulava Until 1:17PM  
Panchami Until 1:03AM Wed

Ganesha: Clear Sunrise: 6:19AM  
Muruga: White Sunset: 6:23PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 3 1st Phase

Creative Work Siddha Yoga  
Until 1:23PM  
Then Creative Work - Amrita Yoga

Moon - White  
Subha Sivaloka Day  
Bhadrapada\*Puratasi

4 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sutra 170

Mrishabha Rasi: 19.01 Tithi 21

Gulika 10:50AM - 12:21PM  
Yama 7:49AM - 9:20AM  
639626573 Rahu 12:21PM - 1:51PM

Rohini Until 1:58PM  
Vyatipata\* Until 1:14AM Thu  
Gara Until 1:03PM  
Shashthi\* Until 1:12AM Thu

Ganesha: Purple Sunrise: 6:19AM  
Muruga: White Sunset: 6:23PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 4 1st Phase

Creative Work Siddha Yoga

Moon - Yellow  
Sivaloka Day  
Bhadrapada\*Puratasi

5 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sutra 171

Mithuna Rasi: 1.51 Tithi 22

Gulika 9:19AM - 10:50AM  
Yama 6:18AM - 7:49AM  
639726573 Rahu 1:51PM - 3:21PM

Mrigashira Until 3:10PM  
Variyan Until 12:52AM Fri  
Visti Until 1:36PM  
Saptami Until 2:07AM Fri

Ganesha: Clear Sunrise: 6:18AM  
Muruga: White Sunset: 6:22PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 5 1st Phase

Routine Work Marana Yoga

Moon - Yellow  
Subha Sivaloka Day  
Bhadrapada\*Puratasi

Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sutra 172

Mithuna Rasi: 14.2 Tithi 23

Gulika 7:49AM - 9:19AM  
Yama 3:21PM - 4:51PM  
639726573 Rahu 10:50AM - 12:20PM

Ardra Until 4:53PM  
Parigha\* Until 1:00AM Sat  
Balava Until 2:51PM  
Ashtami\* Until 3:42AM Sat

Ganesha: Clear Sunrise: 6:18AM  
Muruga: White Sunset: 6:22PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 6 Ashtami

Creative Work Siddha Yoga

Moon - Yellow  
Subha Sivaloka Day  
Bhadrapada\*Puratasi

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sutra 173

Mithuna Rasi: 26.34 Tithi 24

Gulika 6:18AM - 7:49AM  
Yama 1:50PM - 3:20PM  
649726573 Rahu 9:19AM - 10:49AM

Punarvasu Until 7:28PM  
Shiva Until 1:33AM Sun  
Taitila Until 4:42PM  
Navami\* Until 5:45AM Sun

Ganesha: Purple Sunrise: 6:18AM  
Muruga: White Sunset: 6:21PM  
Nataraja: White

Sobhana 5125  
Moon 10 - Phase 24 - 7 Navami

Creative Work Siddha Yoga

Moon - Blue  
Subha Subha Sivaloka Day  
Bhadrapada\*Puratasi

**1****Sunday, October 8, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Siddha Yoga Vanija Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 8 Sutra 174

Kataka Rasi: 8.35 Tithi 25

**Gulika** 3:20PM – 4:51PM  
Yama 12:19PM – 1:50PM  
649726574 **Rahu** 4:51PM – 6:21PM**Pushya Until 10:14PM**  
Siddha Until 2:19AM Mon  
Vanija Until 6:56PM**Ganesha:** Purple *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:21PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 8  
2nd Phase

Creative Work Siddha Yoga

Moon – Blue  
**Subha Sivaloka Day**  
Bhadrapada•Puratasi**2****Monday, October 9, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Dashami/Ekadashyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 175

Kataka Rasi: 20.3 Tithi 25 – 26

**Gulika** 1:49PM – 3:20PM  
Yama 10:49AM – 12:19PM  
641726574 **Rahu** 7:48AM – 9:18AM**Ashlesha\* Until 1:02AM Tue**  
Sadhya Until 3:13AM Tue  
Bava Until 9:23PM**Ganesha:** Blue *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:20PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 9  
2nd Phase

Creative Work Siddha Yoga

Moon – Blue  
**Subha Sivaloka Day**  
Bhadrapada•Puratasi**3****Tuesday, October 10, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 176

Simha Rasi: 2.22 Tithi 26 – 27

**Gulika** 12:19PM – 1:49PM  
Yama 9:18AM – 10:49AM  
651726574 **Rahu** 3:19PM – 4:50PM**Magha\* Until 4:11AM Wed**  
Subha Until 4:08AM Wed  
Kaulava Until 11:53PM  
**Ekadashi\* Until 10:37AM****Ganesha:** Red *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:20PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 10  
2nd Phase

Creative Work Siddha Yoga

Moon – Red  
**Sivaloka Day**  
Bhadrapada•PuratasiUntil 4:11AM Wed  
Then Creative Work - Amrita Yoga**4****Wednesday, October 11, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 177

Simha Rasi: 14.13 Tithi 27 – 28

**Gulika** 10:48AM – 12:19PM  
Yama 7:48AM – 9:18AM  
651726574 **Rahu** 12:19PM – 1:49PM**Purvaphalguni Until 7:02AM Thu**  
Sukla Until 4:55AM Thu  
Gara Until 2:16AM Thu  
**Dvadashi\* Until 1:04PM****Ganesha:** Red *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:20PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 11  
2nd Phase

Creative Work Amrita Yoga

Moon – Red  
**Sivaloka Day**  
Bhadrapada•Puratasi*Pradosha Vrata (Fasting)***5****Thursday, October 12, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 178

Simha Rasi: 26.08 Tithi 28 – 29

**Gulika** 9:18AM – 10:48AM  
Yama 6:17AM – 7:48AM  
651726574 **Rahu** 1:49PM – 3:19PM**Purvaphalguni Until 7:02AM**  
Brahma Until 5:31AM Fri  
Visti Until 4:24AM Fri  
**Trayodashi\* Until 3:21PM****Ganesha:** Red *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:19PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 12  
2nd Phase

Creative Work Siddha Yoga

Moon – Red  
**Sivaloka Day**  
Bhadrapada•Puratasi**6****Friday, October 13, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Indra Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 179

Kanya Rasi: 8.1 Tithi 29 – 30

**Gulika** 7:47AM – 9:18AM  
Yama 3:19PM – 4:49PM  
651726574 **Rahu** 10:48AM – 12:18PM**Uttaraphalguni Until 9:27AM**  
Indra Until 5:52AM Sat  
Catuspada Until 6:11AM Sat  
**Chaturdashi\* Until 5:19PM****Ganesha:** Red *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:19PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 13  
2nd Phase

Creative Work Siddha Yoga

Moon – Red  
**Sivaloka Day**  
Bhadrapada•PuratasiUntil 9:27AM  
Then Creative Work - Amrita Yoga**●****Saturday, October 14, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Vaidhriti\* Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 180

Kanya Rasi: 20.2 Tithi 30

**Gulika** 6:17AM – 7:47AM  
Yama 1:48PM – 3:18PM  
661726574 **Rahu** 9:17AM – 10:48AM**Hasta Until 11:52AM**  
Vaidhriti\* Until 5:52AM Sun  
Catuspada Until 6:11AM  
**Amavasya\* Until 6:54PM****Ganesha:** Yellow *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:19PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 14  
Amavasya

Routine Work Marana Yoga

Moon – Green  
**Sivaloka Day**  
Bhadrapada•Puratasi**Mahalaya Amavasai (Tamil Nadu)****Sunday, October 15, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Vishkamba\* Yoga Kintughna\*/Bava Karana Prathamayam TitauPort Harcourt, Nigeria  
Sun 15 Sutra 181

Tula Rasi: 2.4 Tithi 1

**Gulika** 3:18PM – 4:48PM  
Yama 12:18PM – 1:48PM  
661726574 **Rahu** 4:48PM – 6:18PM**Chitra Until 1:41PM**  
Vishkamba\* Until 5:31AM Mon  
Kintughna Until 7:33AM  
**Prathama\* Until 8:02PM****Ganesha:** Yellow *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:18PM  
**Nataraja:** ClearSobhana 5125  
Moon 10 - Phase 25 - 15  
Prathama

Creative Work Siddha Yoga

Moon – Green  
**Sivaloka Day**  
Ashvina•Puratasi**Navaratri Begins**

<b>1</b>	<b>Monday, October 16, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 182
	Tula Rasi: 15.12 Tithi 2 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 2:54PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:48PM – 3:18PM Yama 10:47AM – 12:17PM 661726574 <b>Rahu</b> 7:47AM – 9:17AM	<b>Svati Until 2:54PM</b> Priti Until 4:50AM Tue Balava Until 8:27AM <b>Dvitiya Until 8:43PM</b>
		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – Green <b>Ashvina*Puratasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 16 3rd Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Tuesday, October 17, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau	Port Harcourt, Nigeria Sun 17 Sutra 183
	Tula Rasi: 27.57 Tithi 3 Routine Work Marana Yoga Until 3:58PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:17PM – 1:47PM Yama 9:17AM – 10:47AM 671726574 <b>Rahu</b> 3:17PM – 4:48PM	<b>Vishakha Until 3:58PM</b> Ayushman Until 3:45AM Wed Taitila Until 8:53AM <b>Tritiya Until 8:55PM</b>
		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – Orange <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 17 3rd Phase <b>Sivaloka Day</b>
<b>3</b>	<b>Wednesday, October 18, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 184
	Vrischika Rasi: 10.56 Tithi 4 Creative Work Siddha Yoga	<b>Gulika</b> 10:47AM – 12:17PM Yama 7:47AM – 9:17AM 671726574 <b>Rahu</b> 12:17PM – 1:47PM	<b>Anuradha Until 4:27PM</b> Saubhagya Until 2:19AM Thu Vanija Until 8:52AM <b>Chaturthi* Until 8:40PM</b>
		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Orange <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 18 3rd Phase <b>Sivaloka Day</b>
<b>4</b>	<b>Thursday, October 19, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 185
	Vrischika Rasi: 24.08 Tithi 5 Routine Work Prabalarishta Yoga Until 4:20PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 9:17AM – 10:47AM Yama 6:17AM – 7:47AM 671726574 <b>Rahu</b> 1:47PM – 3:17PM	<b>Jyeshtha* Until 4:20PM</b> Sobhana Until 12:34AM Fri Bava Until 8:23AM <b>Panchami Until 7:58PM</b>
		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Orange <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 19 3rd Phase <b>Sivaloka Day</b>
<b>5</b>	<b>Friday, October 20, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 186
	Dhanus Rasi: 7.35 Tithi 6 Creative Work Amrita Yoga Until 4:07PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 7:47AM – 9:17AM Yama 3:17PM – 4:47PM 682726574 <b>Rahu</b> 10:47AM – 12:17PM	<b>Mula* Until 4:07PM</b> Athiganda* Until 10:28PM Kaulava Until 7:29AM <b>Shashthi* Until 6:52PM</b>
		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 20 3rd Phase <b>Sivaloka Day</b>
<b>6</b>	<b>Saturday, October 21, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 187
	Dhanus Rasi: 21.16 Tithi 7 – 8 Creative Work Siddha Yoga Until 3:21PM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:16AM – 7:46AM Yama 1:46PM – 3:16PM 682726574 <b>Rahu</b> 9:16AM – 10:46AM	<b>Purvashadha* Until 3:21PM</b> Sukarma Until 8:04PM Gara Until 6:11AM <b>Saptami Until 5:22PM</b>
		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:16AM <b>Muruga:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 21 3rd Phase <b>Sivaloka Day</b>
<b>D</b>	<b>Sunday, October 22, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 188
	<b>Retreat Star</b> Makara Rasi: 5.1 Tithi 8 – 9 Creative Work Amrita Yoga	<b>Gulika</b> 3:16PM – 4:46PM Yama 12:16PM – 1:46PM 682726574 <b>Rahu</b> 4:46PM – 6:16PM	<b>Uttarashadha Until 2:05PM</b> Dhriti Until 5:22PM Balava Until 2:27AM Mon <b>Ashtami* Until 3:30PM</b>
		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:16AM <b>Muruga:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 22 Ashtami <b>Sivaloka Day</b>
		<b>Durga Ashtami</b>	
<b>Monday, October 23, 2023</b>	<b>Retreat Star</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 189
	Makara Rasi: 19.18 Tithi 9 – 10 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 12:45PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:46PM – 3:16PM Yama 10:46AM – 12:16PM 692726574 <b>Rahu</b> 7:46AM – 9:16AM	<b>Shravana Until 12:45PM</b> Shula* Until 2:23PM Taitila Until 12:06AM Tue <b>Navami* Until 1:17PM</b>
		<b>Ganesha:</b> White <i>Sunrise:</i> 6:16AM <b>Muruga:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Purple <b>Ashvina*Aipasi</b>	Sobhana 5125 Moon 10 - Phase 26 - 23 Navami <b>Devaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22


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<b>1</b>	<b>Tuesday, October 24, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 24 Sutra 190 Sobhana 5125
	Kumbha Rasi: 3.38 Tithi 10 – 11 Creative Work Siddha Yoga Until 11:00AM Then Routine Work - Marana Yoga	<b>Gulika 12:16PM – 1:46PM</b> Yama 9:16AM – 10:46AM 692726574 <b>Rahu 3:16PM – 4:46PM</b> <b>Vijaya Dasami</b>	<b>Dhanishtha Until 11:00AM</b> Ganda* Until 11:11AM Vanija Until 9:30PM <b>Dashami Until 10:48AM</b>

<b>2</b>	<b>Wednesday, October 25, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 25 Sutra 191 Sobhana 5125
	Kumbha Rasi: 18.08 Tithi 11 – 12 Creative Work Siddha Yoga Until 8:55AM Then Creative Work - Amrita Yoga	<b>Gulika 10:46AM – 12:16PM</b> Yama 7:46AM – 9:16AM 692726574 <b>Rahu 12:16PM – 1:46PM</b>	<b>Shatabhishak Until 8:55AM</b> Vridhhi Until 7:50AM Bava Until 6:44PM <b>Ekadashi Until 8:07AM</b>

<b>3</b>	<b>Thursday, October 26, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 26 Sutra 192 Sobhana 5125
	Meena Rasi: 2.43 Tithi 13 Creative Work Siddha Yoga	<b>Gulika 9:16AM – 10:46AM</b> Yama 6:16AM – 7:46AM 612726574 <b>Rahu 1:46PM – 3:16PM</b>	<b>Purvaproshtapada* Until 7:00AM</b> Vyaghata* Until 12:54AM Fri Kaulava Until 3:55PM <b>Trayodashi Until 2:31AM Fri</b> <i>Pradosha Vrata</i>

<b>4</b>	<b>Friday, October 27, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 27 Sutra 193 Sobhana 5125
	Meena Rasi: 17.17 Tithi 14 Creative Work Siddha Yoga	<b>Gulika 7:46AM – 9:16AM</b> Yama 3:15PM – 4:45PM 612726574 <b>Rahu 10:46AM – 12:16PM</b>	<b>Revati Until 2:54AM Sat</b> Harshana Until 9:32PM Gara Until 1:10PM <b>Chaturdashi* Until 11:50PM</b>

	<b>Saturday, October 28, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau	Port Harcourt, Nigeria Sutra 194 Sobhana 5125
	<b>Copper Retreat Star</b> Mesha Rasi: 1.46 Tithi 15 Creative Work Siddha Yoga Until 1:24AM Sun Then Routine Work - Prabalarishta Yoga	<b>Gulika 6:16AM – 7:46AM</b> Yama 1:45PM – 3:15PM 622726574 <b>Rahu 9:16AM – 10:46AM</b>	<b>Ashvini Until 1:24AM Sun</b> Vajra* Until 6:21PM Visti Until 10:36AM <b>Purnima* Until 9:25PM</b>

	<b>Sunday, October 29, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau	Port Harcourt, Nigeria Sutra 195 Sobhana 5125
	<b>Silver Retreat Star</b> Mesha Rasi: 16.02 Tithi 16 Routine Work Prabalarishta Yoga Until 12:10AM Mon Then Routine Work - Marana Yoga	<b>Gulika 3:15PM – 4:45PM</b> Yama 12:16PM – 1:45PM 622726574 <b>Rahu 4:45PM – 6:15PM</b>	<b>Bharani Until 12:10AM Mon</b> Siddhi Until 3:28PM Balava Until 8:21AM <b>Prathama* Until 7:23PM</b>

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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Monday, October 30, 2023

Gold Retreat Star

Wrishabha Rasi: 0.01 Tithi 17 - 18  
Family Home Evening  
Routine Work Marana Yoga  
Until 11:20PM  
Then Creative Work - Amrita Yoga

Gulika  
Yama  
Rahu

1:45PM - 3:15PM  
10:46AM - 12:15PM  
7:46AM - 9:16AM

Krittika Until 11:20PM  
Vyatipata\* Until 1:01PM  
Taitila Until 6:34AM  
Dvitiya Until 5:52PM

Ganesha: White  
Muruga: White  
Nataraja: Clear  
Moon - White  
Ashvina\*Aipasi

Sunrise: 6:16AM  
Sunset: 6:15PM

Port Harcourt, Nigeria  
Sun 1 Sutra 196  
Sobhana 5125  
Moon 11 - Phase 28 - 1  
1st Phase

Subha Sivaloka Day

1

Tuesday, October 31, 2023

Wrishabha Rasi: 13.39 Tithi 18 - 19  
Creative Work Amrita Yoga  
Until 11:26PM  
Then Creative Work - Siddha Yoga

Gulika  
Yama  
Rahu

12:15PM - 1:45PM  
9:16AM - 10:46AM  
3:15PM - 4:45PM

Rohini Until 11:26PM  
Variyan Until 11:01AM  
Bava Until 4:51AM Wed  
Tritiya Until 5:00PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Yellow  
Ashvina\*Aipasi

Sunrise: 6:16AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 2 Sutra 197  
Sobhana 5125  
Moon 11 - Phase 28 - 2  
1st Phase

Sivaloka Day

2

Wednesday, November 1, 2023

Wrishabha Rasi: 26.55 Tithi 19 - 20  
Creative Work Siddha Yoga  
Until 12:06AM Thu  
Then Routine Work - Marana Yoga

Gulika  
Yama  
Rahu

10:46AM - 12:15PM  
7:46AM - 9:16AM  
12:15PM - 1:45PM

Mrigashira Until 12:06AM Thu  
Parigaha\* Until 9:34AM  
Kaulava Until 5:03AM Thu  
Chaturthi\* Until 4:50PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Yellow  
Ashvina\*Aipasi

Sunrise: 6:17AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 3 Sutra 198  
Sobhana 5125  
Moon 11 - Phase 28 - 3  
1st Phase

Sivaloka Day

3

Thursday, November 2, 2023

Mithuna Rasi: 9.47 Tithi 20 - 21  
Routine Work Marana Yoga  
Until 1:18AM Fri  
Then Creative Work - Siddha Yoga

Gulika  
Yama  
Rahu

9:16AM - 10:46AM  
6:17AM - 7:46AM  
1:45PM - 3:15PM

Ardra Until 1:18AM Fri  
Shiva Until 8:42AM  
Gara Until 5:58AM Fri  
Panchami Until 5:24PM

Ganesha: White  
Muruga: White  
Nataraja: Clear  
Moon - Yellow  
Ashvina\*Aipasi

Sunrise: 6:17AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 4 Sutra 199  
Sobhana 5125  
Moon 11 - Phase 28 - 4  
1st Phase

Devaloka Day

4

Friday, November 3, 2023

Mithuna Rasi: 22.2 Tithi 21  
Creative Work Siddha Yoga

Gulika  
Yama  
Rahu

7:46AM - 9:16AM  
3:15PM - 4:44PM  
10:46AM - 12:15PM

Punarvasu Until 3:28AM Sat  
Siddha Until 8:22AM  
Vanija Until 6:40PM  
Shashthi\* Until 6:40PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Blue  
Ashvina\*Aipasi

Sunrise: 6:17AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 5 Sutra 200  
Sobhana 5125  
Moon 11 - Phase 28 - 5  
1st Phase

Sivaloka Day

5

Saturday, November 4, 2023

Kataka Rasi: 4.37 Tithi 22  
Creative Work Siddha Yoga

Gulika  
Yama  
Rahu

6:17AM - 7:46AM  
1:45PM - 3:15PM  
9:16AM - 10:46AM

Pushya Until 5:59AM Sun  
Sadhya Until 8:32AM  
Visti Until 7:33AM  
Saptami Until 8:31PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Blue  
Ashvina\*Aipasi

Sunrise: 6:17AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 6 Sutra 201  
Sobhana 5125  
Moon 11 - Phase 28 - 6  
1st Phase

Sivaloka Day

D

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 16.4 Tithi 23  
Creative Work Siddha Yoga  
Until 8:40AM Mon  
Then Routine Work - Marana Yoga

Gulika  
Yama  
Rahu

3:15PM - 4:44PM  
12:15PM - 1:45PM  
4:44PM - 6:14PM

Ashlesha\* Until 8:40AM Mon  
Subha Until 9:05AM  
Balava Until 9:39AM  
Ashtami\* Until 10:48PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Blue  
Ashvina\*Aipasi

Sunrise: 6:17AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 7 Sutra 202  
Sobhana 5125  
Moon 11 - Phase 28 - 7  
Ashtami

Sivaloka Day

Monday, November 6, 2023

Retreat Star

Kataka Rasi: 28.35 Tithi 24  
Family Home Evening  
Creative Work Siddha Yoga  
Until 8:40AM  
Then Routine Work - Marana Yoga

Gulika  
Yama  
Rahu

1:45PM - 3:15PM  
10:46AM - 12:15PM  
7:47AM - 9:16AM

Ashlesha\* Until 8:40AM  
Sukla Until 9:52AM  
Taitila Until 12:04PM  
Navami\* Until 1:19AM Tue

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - Blue  
Ashvina\*Aipasi

Sunrise: 6:17AM  
Sunset: 6:14PM

Port Harcourt, Nigeria  
Sun 8 Sutra 203  
Sobhana 5125  
Moon 11 - Phase 28 - 8  
Navami

Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**1****Tuesday, November 7, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 204

Simha Rasi: 10.26 Tithi 25

753826574  
**Gulika** 12:15PM – 1:45PM  
Yama 9:16AM – 10:46AM  
**Rahu** 3:15PM – 4:44PM**Magha\* Until 11:50AM**  
Brahma Until 10:45AM  
Vanija Until 2:37PM**Ganesha:** Yellow *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – RedSobhana 5125  
Moon 11 - Phase 29 - 9  
2nd Phase

Creative Work Siddha Yoga

**Dashami Until 3:50AM Wed**

Ashvina\*Aipasi

**Sivaloka Day****2****Wednesday, November 8, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 205

Simha Rasi: 22.19 Tithi 26

753826574  
**Gulika** 10:46AM – 12:16PM  
Yama 7:47AM – 9:16AM  
**Rahu** 12:16PM – 1:45PM**Purvaphalguni Until 2:45PM**  
Indra Until 11:36AM  
Bava Until 5:03PM**Ganesha:** Yellow *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – RedSobhana 5125  
Moon 11 - Phase 29 - 10  
2nd Phase

Creative Work Amrita Yoga

**Ekadashi\* Until 6:09AM Thu**

Ashvina\*Aipasi

**Sivaloka Day****3****Thursday, November 9, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 206

Kanya Rasi: 4.16 Tithi 26 – 27

753826574  
**Gulika** 9:17AM – 10:46AM  
Yama 6:17AM – 7:47AM  
**Rahu** 1:45PM – 3:15PM**Uttaraphalguni Until 5:13PM**  
Vaidhriti\* Until 12:13PM  
Kaulava Until 7:11PM**Ganesha:** Yellow *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – RedSobhana 5125  
Moon 11 - Phase 29 - 11  
2nd PhaseAmrita Yoga  
Until 5:13PM  
Then Routine Work - Marana Yoga**Ekadashi\* Until 6:09AM**

Ashvina\*Aipasi

**Sivaloka Day****4****Friday, November 10, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 207

Kanya Rasi: 16.22 Tithi 27 – 28

763826574  
**Gulika** 7:47AM – 9:17AM  
Yama 3:15PM – 4:44PM  
**Rahu** 10:46AM – 12:16PM**Hasta Until 7:36PM**  
Vishkambha\* Until 12:32PM  
Gara Until 8:52PM**Ganesha:** Blue *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – GreenSobhana 5125  
Moon 11 - Phase 29 - 12  
2nd Phase

Creative Work Amrita Yoga

**Dvadashi\* Until 8:04AM**

Ashvina\*Aipasi

**Devaloka Day**Until 7:36PM  
Then Creative Work - Siddha Yoga*Pradosha Vrata (Fasting)***5****Saturday, November 11, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 208

Kanya Rasi: 28.41 Tithi 28 – 29

763826574  
**Gulika** 6:18AM – 7:47AM  
Yama 1:45PM – 3:15PM  
**Rahu** 9:17AM – 10:46AM**Chitra Until 9:16PM**  
Priti Until 12:27PM  
Visti Until 9:58PM**Ganesha:** Blue *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – GreenSobhana 5125  
Moon 11 - Phase 29 - 13  
2nd Phase

Routine Work Marana Yoga

**Trayodashi\* Until 9:28AM**

Ashvina\*Aipasi

**Devaloka Day**Until 9:16PM  
Then Creative Work - Siddha Yoga**Subramuniyaswami Mahasamadhi  
Deepavali Hindu Solidarity Day****●****Sunday, November 12, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 209

Tula Rasi: 11.16 Tithi 29 – 30

763826574  
**Gulika** 3:15PM – 4:44PM  
Yama 12:16PM – 1:45PM  
**Rahu** 4:44PM – 6:14PM**Svati Until 10:12PM**  
Ayushman Until 11:53AM  
Catuspada Until 10:28PM**Ganesha:** Blue *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – GreenSobhana 5125  
Moon 11 - Phase 29 - 14  
Amavasya

Creative Work Siddha Yoga

**Chaturdashi\* Until 10:16AM**

Ashvina\*Aipasi

**Devaloka Day**Until 10:12PM  
Then Routine Work - Marana Yoga**Monday, November 13, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam TitauPort Harcourt, Nigeria  
Sun 15 Sutra 210

Tula Rasi: 24.07 Tithi 30 – 1

773826574  
**Gulika** 1:45PM – 3:15PM  
Yama 10:47AM – 12:16PM  
**Rahu** 7:48AM – 9:17AM**Vishakha Until 10:52PM**  
Saubhagya Until 10:52AM  
Kintughna Until 10:22PM**Ganesha:** Blue *Sunrise:* 6:18AM  
**Muruga:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – OrangeSobhana 5125  
Moon 11 - Phase 29 - 15  
Prathama

Routine Work Marana Yoga

**Amavasya\* Until 10:28AM**

Karttika\*Aipasi

**Devaloka Day**Until 10:52PM  
Then Creative Work - Siddha Yoga**Skanda Shasthi Begins**

<b>1</b>	<b>Tuesday, November 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 211
	Vrischika Rasi: 7.16 Tithi 1 – 2	<b>Gulika</b> 12:16PM – 1:46PM <b>Yama</b> 9:17AM – 10:47AM 773826574 <b>Rahu</b> 3:15PM – 4:44PM	<b>Anuradha Until 10:52PM</b> Sobhana Until 9:25AM Balava Until 9:45PM <b>Prathama* Until 10:06AM</b>
	Creative Work Siddha Yoga Until 10:52PM Then Routine Work - Marana Yoga	<b>Ganesh:</b> Blue Sunrise: 6:18AM <b>Muruga:</b> White Sunset: 6:14PM <b>Nataraja:</b> Clear Moon – Orange <b>Devaloka Day</b> Karttika*Aipasi	

<b>2</b>	<b>Wednesday, November 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 17 Sutra 212
	Vrischika Rasi: 20.4 Tithi 2 – 3	<b>Gulika</b> 10:47AM – 12:16PM <b>Yama</b> 7:48AM – 9:18AM 773826574 <b>Rahu</b> 12:16PM – 1:46PM	<b>Jyeshtha* Until 10:18PM</b> Athiganda* Until 7:34AM Taitila Until 8:42PM <b>Dvitiya Until 9:15AM</b>
	Creative Work Siddha Yoga Until 10:18PM Then Routine Work - Marana Yoga	<b>Ganesh:</b> Blue Sunrise: 6:19AM <b>Muruga:</b> White Sunset: 6:14PM <b>Nataraja:</b> Clear Moon – Orange <b>Devaloka Day</b> Karttika*Aipasi	

<b>3</b>	<b>Thursday, November 16, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau	Port Harcourt, Nigeria Sun 18 Sutra 213
	Dhanus Rasi: 4.18 Tithi 3 – 4	<b>Gulika</b> 9:18AM – 10:47AM <b>Yama</b> 6:19AM – 7:48AM 784826574 <b>Rahu</b> 1:46PM – 3:15PM	<b>Mula* Until 9:41PM</b> Dhriti Until 3:01AM Fri Vanija Until 7:18PM <b>Tritiya Until 8:01AM</b>
	Creative Work Siddha Yoga	<b>Ganesh:</b> Yellow Sunrise: 6:19AM <b>Muruga:</b> White Sunset: 6:14PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sivaloka Day</b> Karttika*Karttikai	

<b>4</b>	<b>Friday, November 17, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Balava Karana Chaturchi/Panchamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 214
	Dhanus Rasi: 18.07 Tithi 4 – 5	<b>Gulika</b> 7:49AM – 9:18AM <b>Yama</b> 3:15PM – 4:45PM 784826575 <b>Rahu</b> 10:47AM – 12:17PM	<b>Purvashadha* Until 8:42PM</b> Shula* Until 12:25AM Sat Balava Until 4:44AM Sat <b>Chaturchi* Until 6:29AM</b>
	Routine Work Prabalarishta Yoga Until 8:42PM Then Routine Work - Marana Yoga	<b>Ganesh:</b> Yellow Sunrise: 6:19AM <b>Muruga:</b> White Sunset: 6:14PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Subha Sivaloka Day</b> Karttika*Karttikai	

<b>5</b>	<b>Saturday, November 18, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 215
	Makara Rasi: 2.04 Tithi 6	<b>Gulika</b> 6:20AM – 7:49AM <b>Yama</b> 1:46PM – 3:16PM 784826575 <b>Rahu</b> 9:18AM – 10:48AM	<b>Uttarashadha Until 7:24PM</b> Ganda* Until 9:43PM Kaulava Until 3:49PM <b>Shashthi* Until 2:51AM Sun</b>
	Routine Work Marana Yoga Until 7:24PM Then Creative Work - Siddha Yoga	<b>Ganesh:</b> Yellow Sunrise: 6:20AM <b>Muruga:</b> White Sunset: 6:14PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Subha Sivaloka Day</b> Karttika*Karttikai	

<b>6</b>	<b>Sunday, November 19, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 216
	Makara Rasi: 16.07 Tithi 7	<b>Gulika</b> 3:16PM – 4:45PM <b>Yama</b> 12:17PM – 1:46PM 794826575 <b>Rahu</b> 4:45PM – 6:14PM	<b>Shravana Until 6:17PM</b> Vriddhi Until 6:56PM Gara Until 1:53PM <b>Saptami Until 12:52AM Mon</b>
	Creative Work Amrita Yoga Until 6:17PM Then Routine Work - Marana Yoga	<b>Ganesh:</b> White Sunrise: 6:20AM <b>Muruga:</b> White Sunset: 6:14PM <b>Nataraja:</b> Purple Moon – Purple <b>Subha Subha Sivaloka Day</b> Karttika*Karttikai	

<b>D</b>	<b>Monday, November 20, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 217
	<b>Retreat Star</b>	<b>Gulika</b> 1:47PM – 3:16PM <b>Yama</b> 10:48AM – 12:17PM 794826575 <b>Rahu</b> 7:49AM – 9:19AM	<b>Dhanishtha Until 4:56PM</b> Dhruva Until 4:05PM Visti Until 11:52AM <b>Ashtami* Until 10:49PM</b>
	Kumbha Rasi: 0.13 Tithi 8 <b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Ganesh:</b> White Sunrise: 6:20AM <b>Muruga:</b> White Sunset: 6:15PM <b>Nataraja:</b> Purple Moon – Purple <b>Subha Subha Sivaloka Day</b> Karttika*Karttikai	

<b>D</b>	<b>Tuesday, November 21, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 218
	<b>Retreat Star</b>	<b>Gulika</b> 12:18PM – 1:47PM <b>Yama</b> 9:19AM – 10:48AM 794826575 <b>Rahu</b> 3:16PM – 4:46PM	<b>Shatabhishak Until 3:25PM</b> Vyaghata* Until 1:12PM Balava Until 9:48AM <b>Navami* Until 8:44PM</b>
	Kumbha Rasi: 14.21 Tithi 9 Routine Work Marana Yoga	<b>Ganesh:</b> White Sunrise: 6:20AM <b>Muruga:</b> White Sunset: 6:15PM <b>Nataraja:</b> Purple Moon – Purple <b>Subha Subha Sivaloka Day</b> Karttika*Karttikai	


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, November 22, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau	Port Harcourt, Nigeria Sun 24 Sutra 219
	Kumbha Rasi: 28.3 Tithi 10	<b>Gulika 10:49AM – 12:18PM</b> Yama 7:50AM – 9:19AM 714826575 <b>Rahu 12:18PM – 1:47PM</b>	<b>Purvaproshtapada* Until 2:11PM</b> Harshana Until 10:19AM Taitila Until 7:43AM <b>Dashami Until 6:40PM</b>
	Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	<b>Ganesha: White</b> Sunrise: 6:21AM <b>Muruga: White</b> Sunset: 6:15PM <b>Nataraja: Purple</b> Moon – Clear <b>Subha Subha Sivaloka Day</b> Karttika•Karttikai	Sobhana 5125 Moon 11 - Phase 31 - 24 4th Phase

<b>2</b>	<b>Thursday, November 23, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 25 Sutra 220
	Meena Rasi: 12.38 Tithi 11 – 12	<b>Gulika 9:20AM – 10:49AM</b> Yama 6:21AM – 7:50AM 714826575 <b>Rahu 1:47PM – 3:17PM</b>	<b>Uttaraproshtapada Until 12:50PM</b> Vajra* Until 7:26AM Bava Until 3:39AM Fri <b>Ekadashi Until 4:37PM</b>
	Creative Work Siddha Yoga	<b>Ganesha: White</b> Sunrise: 6:21AM <b>Muruga: White</b> Sunset: 6:15PM <b>Nataraja: Purple</b> Moon – Clear <b>Subha Subha Sivaloka Day</b> Karttika•Karttikai	Sobhana 5125 Moon 11 - Phase 31 - 25 4th Phase

<b>3</b>	<b>Friday, November 24, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 26 Sutra 221
	Meena Rasi: 26.44 Tithi 12 – 13	<b>Gulika 7:51AM – 9:20AM</b> Yama 3:17PM – 4:46PM 714926575 <b>Rahu 10:49AM – 12:18PM</b>	<b>Revati Until 11:25AM</b> Vyatipata* Until 1:56AM Sat Kaulava Until 1:48AM Sat <b>Dvadashi Until 2:41PM</b>
	Creative Work Siddha Yoga Until 11:25AM Then Creative Work - Amrita Yoga	<b>Ganesha: Clear</b> Sunrise: 6:21AM <b>Muruga: White</b> Sunset: 6:15PM <b>Nataraja: Purple</b> Moon – Clear <b>Subha Sivaloka Day</b> Karttika•Karttikai	Sobhana 5125 Moon 11 - Phase 31 - 26 4th Phase

<b>4</b>	<b>Saturday, November 25, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 27 Sutra 222
	Mesha Rasi: 10.44 Tithi 13 – 14	<b>Gulika 6:22AM – 7:51AM</b> Yama 1:48PM – 3:17PM 724926575 <b>Rahu 9:20AM – 10:49AM</b>	<b>Ashvini Until 10:27AM</b> Variyan Until 11:22PM Gara Until 12:09AM Sun <b>Trayodashi Until 12:55PM</b>
	Creative Work Siddha Yoga	<b>Ganesha: Purple</b> Sunrise: 6:22AM <b>Muruga: White</b> Sunset: 6:16PM <b>Nataraja: Purple</b> Moon – White <b>Sivaloka Day</b> Karttika•Karttikai	Sobhana 5125 Moon 11 - Phase 31 - 27 4th Phase

	<b>Sunday, November 26, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Port Harcourt, Nigeria Sutra 223
	<b>Copper Retreat Star</b>	<b>Gulika 3:17PM – 4:47PM</b> Yama 12:19PM – 1:48PM 724926575 <b>Rahu 4:47PM – 6:16PM</b>	<b>Bharani Until 9:35AM</b> Parigha* Until 9:05PM Visti Until 10:48PM <b>Chaturdashi* Until 11:25AM</b>
	Mesha Rasi: 24.36 Tithi 14 – 15 Routine Work Prabalarishta Yoga Until 9:35AM Then Creative Work - Siddha Yoga	<b>Krittika Deepam</b>	<b>Ganesha: Purple</b> Sunrise: 6:22AM <b>Muruga: White</b> Sunset: 6:16PM <b>Nataraja: Purple</b> Moon – White <b>Sivaloka Day</b> Karttika•Karttikai

	<b>Monday, November 27, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Port Harcourt, Nigeria Sutra 224
	<b>Silver Retreat Star</b>	<b>Gulika 1:49PM – 3:18PM</b> Yama 10:50AM – 12:19PM 724926575 <b>Rahu 7:52AM – 9:21AM</b>	<b>Krittika Until 8:55AM</b> Shiva Until 7:07PM Balava Until 9:53PM <b>Purnima* Until 10:16AM</b>
	Virshabha Rasi: 8.16 Tithi 15 – 16 <b>Family Home Evening</b> Routine Work Marana Yoga Until 8:55AM Then Creative Work - Amrita Yoga	<b>Vinayaga Viratam Begins</b>	<b>Ganesha: Purple</b> Sunrise: 6:23AM <b>Muruga: White</b> Sunset: 6:16PM <b>Nataraja: Purple</b> Moon – White <b>Sivaloka Day</b> Karttika•Karttikai

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 225

Wrishabha Rasi: 21.4 Tithi 16 - 17

Gulika 12:20PM - 1:49PM  
Yama 9:21AM - 10:50AM  
734926575 Rahu 3:18PM - 4:47PM

Rohini Until 9:00AM  
Siddha Until 5:31PM  
Taitila Until 9:28PM

Ganesha: Clear Sunrise: 6:23AM  
Muruga: White Sunset: 6:16PM  
Nataraja: Purple  
Moon - Yellow

Sobhana 5125  
Moon 12 - Phase 32 - 1st Phase

Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Amrita Yoga  
Until 9:00AM

Then Creative Work - Siddha Yoga

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddha/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sutra 226

Mithuna Rasi: 4.47 Tithi 17 - 18

Gulika 10:51AM - 12:20PM  
Yama 7:52AM - 9:22AM  
735926575 Rahu 12:20PM - 1:49PM

Mrigashira Until 9:28AM  
Sadhya Until 4:23PM  
Vanija Until 9:38PM  
Dvitiya Until 9:27AM

Ganesha: Purple Sunrise: 6:23AM  
Muruga: White Sunset: 6:17PM  
Nataraja: Purple  
Moon - Yellow

Sobhana 5125  
Moon 12 - Phase 32 - 1st Phase

Subha Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Siddha Yoga

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sutra 227

Mithuna Rasi: 17.37 Tithi 18 - 19

Gulika 9:22AM - 10:51AM  
Yama 6:24AM - 7:53AM  
735926575 Rahu 1:50PM - 3:19PM

Ardra Until 10:21AM  
Subha Until 3:44PM  
Bava Until 10:26PM  
Tritiya Until 9:56AM

Ganesha: Purple Sunrise: 6:24AM  
Muruga: White Sunset: 6:17PM  
Nataraja: Purple  
Moon - Yellow

Sobhana 5125  
Moon 12 - Phase 32 - 2nd Phase

Subha Subha Sivaloka Day

Karttika\*Karttikai

Routine Work Marana Yoga

Until 10:21AM

Then Creative Work - Amrita Yoga

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sutra 228

Kataka Rasi: 0.09 Tithi 19 - 20

Gulika 7:53AM - 9:22AM  
Yama 3:19PM - 4:48PM  
745926575 Rahu 10:52AM - 12:21PM

Punarvasu Until 12:10PM  
Sukla Until 3:31PM  
Kaulava Until 11:51PM  
Chaturthi\* Until 11:02AM

Ganesha: Clear Sunrise: 6:24AM  
Muruga: White Sunset: 6:17PM  
Nataraja: Purple  
Moon - Blue

Sobhana 5125  
Moon 12 - Phase 32 - 3rd Phase

Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Siddha Yoga

Until 12:10PM

Then Routine Work - Marana Yoga

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Port Harcourt, Nigeria

Sutra 229

Kataka Rasi: 12.25 Tithi 20 - 21

Gulika 6:25AM - 7:54AM  
Yama 1:50PM - 3:19PM  
745926575 Rahu 9:23AM - 10:52AM

Pushya Until 2:23PM  
Brahma Until 3:46PM  
Gara Until 1:48AM Sun  
Panchami Until 12:44PM

Ganesha: Clear Sunrise: 6:25AM  
Muruga: White Sunset: 6:18PM  
Nataraja: Purple  
Moon - Blue

Sobhana 5125  
Moon 12 - Phase 32 - 4th Phase

Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Siddha Yoga

Until 2:23PM

Then Routine Work - Marana Yoga

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Shashti/Saptamyam Titau

Port Harcourt, Nigeria

Sutra 230

Kataka Rasi: 24.29 Tithi 21 - 22

Gulika 3:20PM - 4:49PM  
Yama 12:22PM - 1:51PM  
745926575 Rahu 4:49PM - 6:18PM

Ashlesha\* Until 4:53PM  
Indra Until 4:23PM  
Visti Until 4:11AM Mon  
Shashti\* Until 2:56PM

Ganesha: Clear Sunrise: 6:25AM  
Muruga: White Sunset: 6:18PM  
Nataraja: Purple  
Moon - Blue

Sobhana 5125  
Moon 12 - Phase 32 - 5th Phase

Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Siddha Yoga

Until 4:53PM

Then Routine Work - Marana Yoga

6

Monday, December 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sutra 231

Simha Rasi: 6.24 Tithi 22 - 23

Gulika 1:51PM - 3:20PM  
Yama 10:53AM - 12:22PM  
755926575 Rahu 7:55AM - 9:24AM

Magha\* Until 8:01PM  
Vaidhriti\* Until 5:12PM  
Balava Until 6:47AM Tue  
Saptami Until 5:27PM

Ganesha: White Sunrise: 6:25AM  
Muruga: White Sunset: 6:18PM  
Nataraja: Purple  
Moon - Red

Sobhana 5125  
Moon 12 - Phase 32 - 6th Phase

Subha Subha Sivaloka Day

Karttika\*Karttikai

Routine Work Marana Yoga

Until 8:01PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sutra 232

Simha Rasi: 18.15 Tithi 23

Gulika 12:22PM - 1:51PM  
Yama 9:24AM - 10:53AM  
755936575 Rahu 3:21PM - 4:50PM

Purvaphalguni Until 11:03PM  
Vishkambha\* Until 6:06PM  
Balava Until 6:47AM  
Ashtami\* Until 8:04PM

Ganesha: White Sunrise: 6:26AM  
Muruga: Clear Sunset: 6:19PM  
Nataraja: Purple  
Moon - Red

Sobhana 5125  
Moon 12 - Phase 32 - 7th Phase

Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Siddha Yoga

Until 11:03PM

Then Creative Work - Amrita Yoga

Wednesday, December 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sutra 233

Kanya Rasi: 0.05 Tithi 24

Gulika 10:54AM - 12:23PM  
Yama 7:55AM - 9:25AM  
755936575 Rahu 12:23PM - 1:52PM

Uttaraphalguni Until 1:44AM Thu  
Priti Until 6:55PM  
Taitila Until 9:21AM  
Navami\* Until 10:31PM

Ganesha: White Sunrise: 6:26AM  
Muruga: Clear Sunset: 6:19PM  
Nataraja: Purple  
Moon - Red

Sobhana 5125  
Moon 12 - Phase 32 - 8th Phase

Subha Sivaloka Day

Karttika\*Karttikai

Creative Work Amrita Yoga

Until 1:44AM Thu

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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**1****Thursday, December 7, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ayushman Yoga Vanija/Visti\* Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 234

Kanya Rasi: 12.02 Tithi 25

**Gulika** 9:25AM – 10:54AM  
Yama 6:27AM – 7:56AM  
766936575 **Rahu** 1:52PM – 3:21PM**Hasta Until 4:21AM Fri**  
Ayushman Until 7:26PM  
Vanija Until 11:38AM**Ganesha:** Yellow *Sunrise:* 6:27AM  
**Muruga:** Clear *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – GreenSobhana 5125  
Moon 12 - Phase 33 - 9  
2nd PhaseRoutine Work Marana Yoga  
Until 4:21AM Fri  
Then Creative Work - Siddha Yoga**Sivaloka Day****Karttika•Karttikai****2****Friday, December 8, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 235

Kanya Rasi: 24.1 Tithi 26

**Gulika** 7:56AM – 9:25AM  
Yama 3:22PM – 4:51PM  
766936575 **Rahu** 10:55AM – 12:24PM**Chitra Until 6:12AM Sat**  
Saubhagya Until 7:32PM  
Bava Until 1:25PM  
**Ekadashi\* Until 2:02AM Sat****Ganesha:** White *Sunrise:* 6:27AM  
**Muruga:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – GreenSobhana 5125  
Moon 12 - Phase 33 - 10  
2nd Phase

Creative Work Siddha Yoga

**Devaloka Day****Karttika•Karttikai****3****Saturday, December 9, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 236

Tula Rasi: 6.33 Tithi 27

**Gulika** 6:28AM – 7:57AM  
Yama 1:53PM – 3:22PM  
766936575 **Rahu** 9:26AM – 10:55AM**Chitra Until 6:12AM**  
Sobhana Until 7:06PM  
Kaulava Until 2:30PM  
**Dvadashi\* Until 2:45AM Sun****Ganesha:** White *Sunrise:* 6:28AM  
**Muruga:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – GreenSobhana 5125  
Moon 12 - Phase 33 - 11  
2nd PhaseRoutine Work Marana Yoga  
Until 6:12AM  
Then Creative Work - Siddha Yoga**Devaloka Day****Karttika•Karttikai****4****Sunday, December 10, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Athiganda\* Yoga Gara/Vanija Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 237

Tula Rasi: 19.16 Tithi 28

**Gulika** 3:23PM – 4:52PM  
Yama 12:24PM – 1:54PM  
766936575 **Rahu** 4:52PM – 6:21PM**Svati Until 7:11AM**  
Athiganda\* Until 6:04PM  
Gara Until 2:50PM  
**Trayodashi\* Until 2:42AM Mon****Ganesha:** White *Sunrise:* 6:28AM  
**Muruga:** Clear *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – GreenSobhana 5125  
Moon 12 - Phase 33 - 12  
2nd PhaseCreative Work Siddha Yoga  
Until 7:11AM  
Then Routine Work - Marana Yoga**Devaloka Day****Karttika•Karttikai***Pradosha Vrata (Fasting)***5****Monday, December 11, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Visti\*/Sakuni\* Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 238

Vrishchika Rasi: 2.22 Tithi 29

**Family Home Evening****Gulika** 1:54PM – 3:23PM  
Yama 10:56AM – 12:25PM  
776936575 **Rahu** 7:58AM – 9:27AM**Vishakha Until 7:44AM**  
Sukarma Until 4:28PM  
Visti Until 2:25PM  
**Chaturdashi\* Until 1:56AM Tue****Ganesha:** Green *Sunrise:* 6:29AM  
**Muruga:** Clear *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – OrangeSobhana 5125  
Moon 12 - Phase 33 - 13  
2nd PhaseRoutine Work Marana Yoga  
Until 7:44AM  
Then Creative Work - Siddha Yoga**Devaloka Day****Karttika•Karttikai****●****Tuesday, December 12, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Dhriti/Shula\* Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 239

Vrishchika Rasi: 15.5 Tithi 30

**Gulika** 12:25PM – 1:54PM  
Yama 9:27AM – 10:56AM  
776936575 **Rahu** 3:23PM – 4:53PM**Anuradha Until 7:27AM**  
Dhriti Until 2:21PM  
Catuspada Until 1:19PM  
**Amavasya\* Until 12:32AM Wed****Ganesha:** Green *Sunrise:* 6:29AM  
**Muruga:** Clear *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – OrangeSobhana 5125  
Moon 12 - Phase 33 - 14  
AmavasyaCreative Work Siddha Yoga  
Until 7:27AM  
Then Routine Work - Marana Yoga**Devaloka Day****Karttika•Karttikai****Wednesday, December 13, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shula\*/Ganda\* Yoga Kintughna\*/Bava Karana Prathamayam TitauPort Harcourt, Nigeria  
Sun 15 Sutra 240

Vrishchika Rasi: 29.39 Tithi 1

**Gulika** 10:57AM – 12:26PM  
Yama 7:59AM – 9:28AM  
776936575 **Rahu** 12:26PM – 1:55PM**Jyeshtha\* Until 6:26AM**  
Shula\* Until 11:46AM  
Kintughna Until 11:40AM  
**Prathama\* Until 10:39PM****Ganesha:** Green *Sunrise:* 6:30AM  
**Muruga:** Clear *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – OrangeSobhana 5125  
Moon 12 - Phase 33 - 15  
PrathamaCreative Work Siddha Yoga  
Until 6:26AM  
Then Routine Work - Marana Yoga**Devaloka Day****Margasira•Karttikai**

<b>1</b>	<b>Thursday, December 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 241 Sobhana 5125
	Dhanus Rasi: 13.46 Tithi 2	<b>Gulika 9:28AM – 10:57AM</b> Yama 6:30AM – 7:59AM 786937575 <b>Rahu 1:55PM – 3:24PM</b>	<b>Purvashadha* Until 3:38AM Fri</b> Ganda* Until 8:52AM Balava Until 9:35AM <b>Dvitiya Until 8:25PM</b>
	Creative Work Siddha Yoga Until 3:38AM Fri Then Routine Work - Marana Yoga	<b>Ganesha: White</b> Sunrise: 6:30AM <b>Muruga: White</b> Sunset: 6:22PM <b>Nataraja: Purple</b> Moon – Light Blue <b>Sivaloka Day</b> Margasira*Karttikai	

<b>2</b>	<b>Friday, December 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Taitila/Vanija Karana Tritiya/Chaturthiyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 242 Sobhana 5125
	Dhanus Rasi: 28.04 Tithi 3 – 4	<b>Gulika 8:00AM – 9:29AM</b> Yama 3:25PM – 4:54PM 786937575 <b>Rahu 10:58AM – 12:27PM</b>	<b>Uttarashadha Until 1:44AM Sat</b> Dhruva Until 2:30AM Sat Taitila Until 7:14AM <b>Tritiya Until 5:59PM</b>
	Routine Work Marana Yoga Until 1:44AM Sat Then Creative Work - Siddha Yoga	<b>Ganesha: White</b> Sunrise: 6:31AM <b>Muruga: White</b> Sunset: 6:23PM <b>Nataraja: Purple</b> Moon – Light Blue <b>Sivaloka Day</b> Margasira*Karttikai	

<b>3</b>	<b>Saturday, December 16, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 243 Sobhana 5125
	Makara Rasi: 12.28 Tithi 4 – 5	<b>Gulika 6:31AM – 8:00AM</b> Yama 1:56PM – 3:25PM 797937575 <b>Rahu 9:29AM – 10:58AM</b>	<b>Shravana Until 12:05AM Sun</b> Vyaghata* Until 11:15PM Bava Until 2:16AM Sun <b>Chaturthi* Until 3:29PM</b>
	Creative Work Siddha Yoga Until 12:05AM Sun Then Routine Work - Marana Yoga	<b>Markali Pillaiyar</b> <b>Ganesha: Purple</b> Sunrise: 6:31AM <b>Muruga: White</b> Sunset: 6:23PM <b>Nataraja: Purple</b> Moon – Purple <b>Subha Subha Sivaloka Day</b> Margasira*Markali	

<b>4</b>	<b>Sunday, December 17, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 244 Sobhana 5125
	Makara Rasi: 26.52 Tithi 5 – 6	<b>Gulika 3:26PM – 4:55PM</b> Yama 12:28PM – 1:57PM 897937575 <b>Rahu 4:55PM – 6:24PM</b>	<b>Dhanishtha Until 10:23PM</b> Harshana Until 8:04PM Kaulava Until 11:53PM <b>Panchami Until 1:02PM</b>
	Routine Work Marana Yoga Until 10:23PM Then Creative Work - Siddha Yoga	<b>Vinayaga Viratam Ends</b> <b>Ganesha: Clear</b> Sunrise: 6:32AM <b>Muruga: White</b> Sunset: 6:24PM <b>Nataraja: Purple</b> Moon – Purple <b>Subha Sivaloka Day</b> Margasira*Markali	

<b>5</b>	<b>Monday, December 18, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 245 Sobhana 5125
	Kumbha Rasi: 11.11 Tithi 6 – 7 <b>Family Home Evening</b>	<b>Gulika 1:57PM – 3:26PM</b> Yama 10:59AM – 12:28PM 897937575 <b>Rahu 8:01AM – 9:30AM</b>	<b>Shatabhishak Until 8:42PM</b> Vajra* Until 5:00PM Gara Until 9:40PM <b>Shashthi* Until 10:44AM</b>
	Creative Work Siddha Yoga Until 8:42PM Then Routine Work - Marana Yoga	<b>Ganesha: Clear</b> Sunrise: 6:32AM <b>Muruga: White</b> Sunset: 6:24PM <b>Nataraja: Purple</b> Moon – Purple <b>Subha Sivaloka Day</b> Margasira*Markali	

<b>D</b>	<b>Tuesday, December 19, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 246 Sobhana 5125
	<b>Retreat Star</b> Kumbha Rasi: 25.23 Tithi 7 – 8	<b>Gulika 12:29PM – 1:58PM</b> Yama 9:31AM – 11:00AM 817137575 <b>Rahu 3:27PM – 4:56PM</b>	<b>Purvaproshtapada* Until 7:32PM</b> Siddhi Until 2:07PM Visti Until 7:41PM <b>Saptami Until 8:38AM</b>
	Routine Work Marana Yoga Until 7:32PM Then Creative Work - Amrita Yoga	<b>Ganesha: Clear</b> Sunrise: 6:33AM <b>Muruga: White</b> Sunset: 6:25PM <b>Nataraja: Purple</b> Moon – Clear <b>Subha Sivaloka Day</b> Margasira*Markali	

<b>D</b>	<b>Wednesday, December 20, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 247 Sobhana 5125
	<b>Retreat Star</b> Meena Rasi: 9.25 Tithi 8 – 9	<b>Gulika 11:00AM – 12:29PM</b> Yama 8:02AM – 9:31AM 817137575 <b>Rahu 12:29PM – 1:58PM</b>	<b>Uttaraproshtapada Until 6:29PM</b> Vyatipata* Until 11:27AM Kaulava Until 5:10AM Thu <b>Ashtami* Until 6:46AM</b>
	Creative Work Siddha Yoga Until 6:29PM Then Routine Work - Marana Yoga	<b>Ganesha: Clear</b> Sunrise: 6:33AM <b>Muruga: White</b> Sunset: 6:25PM <b>Nataraja: Purple</b> Moon – Clear <b>Subha Sivaloka Day</b> Margasira*Markali	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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**1****Thursday, December 21, 2023**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 23 Sutra 248

Meena Rasi: 23.18 Tithi 10

**Gulika** 9:32AM – 11:01AM  
Yama 6:34AM – 8:03AM  
817137575 **Rahu** 1:59PM – 3:28PM**Revati** Until 5:32PM  
Variyan Until 8:58AM  
Taitila Until 4:29PM**Ganesha:** Clear Sunrise: 6:34AM  
**Muruga:** White Sunset: 6:26PM  
**Nataraja:** Purple  
Moon – Clear  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 - 23  
4th Phase**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

**Day 1 of Pancha Ganapati****Dashami** Until 3:50AM Fri**2****Friday, December 22, 2023**Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 24 Sutra 249

Mesha Rasi: 7.01 Tithi 11

**Gulika** 8:03AM – 9:32AM  
Yama 3:28PM – 4:57PM  
828137575 **Rahu** 11:01AM – 12:30PM**Ashvini** Until 5:08PM  
Parigha\* Until 6:42AM  
Vanija Until 3:17PM**Ganesha:** Clear Sunrise: 6:34AM  
**Muruga:** White Sunset: 6:26PM  
**Nataraja:** Purple  
Moon – White  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 - 24  
4th Phase**Subha Sivaloka Day**

Creative Work Amrita Yoga

Until 5:08PM

Then Creative Work - Siddha Yoga

**Vaikuntha Ekadasi****Ekadashi** Until 2:46AM Sat**Day 2 of Pancha Ganapati****3****Saturday, December 23, 2023**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 25 Sutra 250

Mesha Rasi: 20.34 Tithi 12

**Gulika** 6:35AM – 8:04AM  
Yama 2:00PM – 3:29PM  
828137575 **Rahu** 9:33AM – 11:02AM**Bharani** Until 4:51PM  
Siddha Until 2:48AM Sun  
Bava Until 2:21PM**Ganesha:** Clear Sunrise: 6:35AM  
**Muruga:** White Sunset: 6:27PM  
**Nataraja:** Purple  
Moon – White  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 - 25  
4th Phase**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 4:51PM

Then Creative Work - Amrita Yoga

**Day 3 of Pancha Ganapati****Dvadashi** Until 1:58AM Sun**4****Sunday, December 24, 2023**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 26 Sutra 251

Vrisabha Rasi: 3.59 Tithi 13

**Gulika** 3:29PM – 4:58PM  
Yama 12:31PM – 2:00PM  
828137575 **Rahu** 4:58PM – 6:27PM**Krittika** Until 4:42PM  
Sadhya Until 1:12AM Mon  
Kaulava Until 1:42PM**Ganesha:** Clear Sunrise: 6:35AM  
**Muruga:** White Sunset: 6:27PM  
**Nataraja:** Purple  
Moon – White  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 - 26  
4th Phase**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Day 4 of Pancha Ganapati****Trayodashi** Until 1:28AM Mon*Pradosha Vrata***5****Monday, December 25, 2023**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 27 Sutra 252

Vrisabha Rasi: 17.13 Tithi 14

**Family Home Evening**

Creative Work Amrita Yoga

**Gulika** 2:01PM – 3:30PM  
Yama 11:03AM – 12:32PM  
838137575 **Rahu** 8:05AM – 9:34AM**Rohini** Until 5:10PM  
Subha Until 11:53PM  
Gara Until 1:22PM**Ganesha:** White Sunrise: 6:36AM  
**Muruga:** White Sunset: 6:28PM  
**Nataraja:** Purple  
Moon – Yellow  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 - 27  
4th Phase**Sivaloka Day****Day 5 of Pancha Ganapati****Chaturdashi\*** Until 1:19AM Tue**Tuesday, December 26, 2023****Copper Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sukla Yoga Visti\*/Bava Karana Purnimayam TitauPort Harcourt, Nigeria  
Sutra 253

Mithuna Rasi: 0.17 Tithi 15

**Gulika** 12:32PM – 2:01PM  
Yama 9:34AM – 11:03AM  
838137575 **Rahu** 3:30PM – 4:59PM**Mrigashira** Until 5:52PM  
Sukla Until 10:51PM  
Visti Until 1:25PM**Ganesha:** White Sunrise: 6:36AM  
**Muruga:** White Sunset: 6:28PM  
**Nataraja:** Purple  
Moon – Yellow  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 -  
Purnima**Sivaloka Day**

Creative Work Siddha Yoga

Until 5:52PM

Then Routine Work - Marana Yoga

**Purnima\*** Until 1:35AM Wed**Wednesday, December 27, 2023****Silver Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam TitauPort Harcourt, Nigeria  
Sutra 254

Mithuna Rasi: 13.08 Tithi 16

**Gulika** 11:04AM – 12:33PM  
Yama 8:06AM – 9:35AM  
838137576 **Rahu** 12:33PM – 2:02PM**Ardra** Until 6:49PM  
Brahma Until 10:10PM  
Balava Until 1:54PM**Ganesha:** White Sunrise: 6:37AM  
**Muruga:** White Sunset: 6:29PM  
**Nataraja:** Clear  
Moon – Yellow  
Margasira\*MarkaliSobhana 5125  
Moon 12 - Phase 35 -  
Prathama**Devaloka Day**

Creative Work Siddha Yoga

**Ardra Darshanam**





Thursday, December 28, 2023

Gold Retreat Star

Mithuna Rasi: 25.46 Tithi 17  
Creative Work Amrita Yoga

Gulika 9:35AM – 11:04AM  
Yama 6:37AM – 8:06AM  
848137576 Rahu 2:02PM – 3:31PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Punarvasu Until 8:34PM  
Indra Until 9:52PM  
Taitila Until 2:51PM  
Dvitiya Until 3:30AM Fri

Ganesha: Yellow Sunrise: 6:37AM  
Muruga: White Sunset: 6:29PM  
Nataraja: Clear  
Moon – Blue  
Margasira\*Markali

Port Harcourt, Nigeria  
Sutra 255  
Sobhana 5125  
Moon 13 - Phase 36 - 1st Phase

Sivaloka Day

1

Friday, December 29, 2023

Kataka Rasi: 8.11 Tithi 18  
Routine Work Marana Yoga

Gulika 8:07AM – 9:36AM  
Yama 3:32PM – 5:01PM  
849137576 Rahu 11:05AM – 12:34PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pushya Until 10:38PM  
Vaidhriti\* Until 9:56PM  
Vanija Until 4:19PM  
Tritiya Until 5:13AM Sat

Ganesha: Blue Sunrise: 6:38AM  
Muruga: White Sunset: 6:30PM  
Nataraja: Clear  
Moon – Blue  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 1 Sutra 256  
Sobhana 5125  
Moon 13 - Phase 36 - 1st Phase

Subha Sivaloka Day

2

Saturday, December 30, 2023

Kataka Rasi: 20.23 Tithi 19  
Routine Work Marana Yoga

Gulika 6:38AM – 8:07AM  
Yama 2:03PM – 3:32PM  
849137576 Rahu 9:36AM – 11:05AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\* Yoga Bava Karana Chaturthyam Titau

Ashlesha\* Until 12:59AM Sun  
Vishkambha\* Until 10:22PM  
Bava Until 6:17PM  
Chaturthi\* Until 7:24AM Sun

Ganesha: Blue Sunrise: 6:38AM  
Muruga: White Sunset: 6:30PM  
Nataraja: Clear  
Moon – Blue  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 2 Sutra 257  
Sobhana 5125  
Moon 13 - Phase 36 - 2nd Phase

Subha Sivaloka Day

3

Sunday, December 31, 2023

Simha Rasi: 2.25 Tithi 19 – 20  
Routine Work Marana Yoga  
Until 4:02AM Mon  
Then Creative Work - Siddha Yoga

Gulika 3:33PM – 5:02PM  
Yama 12:35PM – 2:04PM  
859137576 Rahu 5:02PM – 6:31PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Magha\* Until 4:02AM Mon  
Priti Until 11:06PM  
Kaulava Until 8:39PM  
Chaturthi\* Until 7:24AM

Ganesha: Red Sunrise: 6:39AM  
Muruga: White Sunset: 6:31PM  
Nataraja: Clear  
Moon – Red  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 3 Sutra 258  
Sobhana 5125  
Moon 13 - Phase 36 - 3rd Phase

Sivaloka Day

4

Monday, January 1, 2024

Simha Rasi: 14.17 Tithi 20 – 21  
Family Home Evening  
Creative Work Siddha Yoga  
Until 7:07AM Tue  
Then Creative Work - Amrita Yoga

Gulika 2:05PM – 3:34PM  
Yama 11:07AM – 12:36PM  
859137576 Rahu 8:08AM – 9:38AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Purvaphalguni Until 7:07AM Tue  
Ayushman Until 12:00AM Tue  
Gara Until 11:17PM  
Panchami Until 9:55AM

Ganesha: Red Sunrise: 6:39AM  
Muruga: White Sunset: 6:32PM  
Nataraja: Clear  
Moon – Red  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 4 Sutra 259  
Sobhana 5125  
Moon 13 - Phase 36 - 4th Phase

Sivaloka Day

5

Tuesday, January 2, 2024

Simha Rasi: 26.06 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 7:07AM  
Then Creative Work - Amrita Yoga

Gulika 12:36PM – 2:05PM  
Yama 9:38AM – 11:07AM  
859137576 Rahu 3:34PM – 5:03PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Purvaphalguni Until 7:07AM  
Saubhagya Until 12:57AM Wed  
Visti Until 1:59AM Wed  
Shashthi\* Until 12:37PM

Ganesha: Red Sunrise: 6:40AM  
Muruga: White Sunset: 6:32PM  
Nataraja: Clear  
Moon – Red  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 5 Sutra 260  
Sobhana 5125  
Moon 13 - Phase 36 - 5th Phase

Sivaloka Day

6

Wednesday, January 3, 2024

Kanya Rasi: 7.55 Tithi 22 – 23  
Creative Work Amrita Yoga  
Until 10:02AM  
Then Routine Work - Marana Yoga

Gulika 11:08AM – 12:37PM  
Yama 8:09AM – 9:38AM  
859137576 Rahu 12:37PM – 2:06PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Uttaraphalguni Until 10:02AM  
Sobhana Until 1:47AM Thu  
Balava Until 4:30AM Thu  
Saptami Until 3:16PM

Ganesha: Red Sunrise: 6:40AM  
Muruga: White Sunset: 6:33PM  
Nataraja: Clear  
Moon – Red  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 6 Sutra 261  
Sobhana 5125  
Moon 13 - Phase 36 - 6th Phase

Sivaloka Day



Thursday, January 4, 2024

Retreat Star

Kanya Rasi: 19.49 Tithi 23 – 24  
Routine Work Marana Yoga  
Until 1:01PM  
Then Creative Work - Siddha Yoga

Gulika 9:39AM – 11:08AM  
Yama 6:41AM – 8:10AM  
869137576 Rahu 2:06PM – 3:35PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Hasta Until 1:01PM  
Athiganda\* Until 2:16AM Fri  
Taitila Until 6:32AM Fri  
Ashtami\* Until 5:34PM

Ganesha: Green Sunrise: 6:41AM  
Muruga: White Sunset: 6:33PM  
Nataraja: Clear  
Moon – Green  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 7 Sutra 262  
Sobhana 5125  
Moon 13 - Phase 36 - 7th Phase

Subha Sivaloka Day

Friday, January 5, 2024

Retreat Star

Tula Rasi: 1.54 Tithi 24  
Creative Work Siddha Yoga

Gulika 8:10AM – 9:39AM  
Yama 3:36PM – 5:05PM  
861137576 Rahu 11:08AM – 12:37PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Chitra Until 3:18PM  
Sukarma Until 2:16AM Sat  
Taitila Until 6:32AM  
Navami\* Until 7:17PM

Ganesha: Orange Sunrise: 6:41AM  
Muruga: White Sunset: 6:34PM  
Nataraja: Clear  
Moon – Green  
Margasira\*Markali

Port Harcourt, Nigeria  
Sun 8 Sutra 263  
Sobhana 5125  
Moon 13 - Phase 36 - 8th Phase  
Navami

Sivaloka Day

Subramuniaswami Jayanti

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


<b>1</b>	<b>Saturday, January 6, 2024</b>	Sobhana Nama Samvatsare Uтарыane Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam			Port Harcourt, Nigeria
		Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 9 Sutra 264
	Tula Rasi: 14.16	Tithi 25	<b>Gulika</b> 6:42AM – 8:11AM	<b>Svati Until 4:44PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:42AM
	861137576	Yama 2:07PM – 3:36PM	Dhriti Until 1:40AM Sun	<b>Muruga:</b> White <i>Sunset:</i> 6:34PM	Sobhana 5125
Creative Work	Siddha Yoga	<b>Rahu</b> 9:40AM – 11:09AM	Vanija Until 7:53AM	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 9
			<b>Dashami Until 8:13PM</b>	Moon – Green	2nd Phase
				<b>Margasira*Markali</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, January 7, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam			Port Harcourt, Nigeria
		Vishakha/Anuradha Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Sun 10 Sutra 265
	Tula Rasi: 27	Tithi 26	<b>Gulika</b> 3:37PM – 5:06PM	<b>Vishakha Until 5:38PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:42AM
	871137576	Yama 12:38PM – 2:07PM	Shula* Until 12:21AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 6:35PM	Sobhana 5125
Routine Work	Marana Yoga	<b>Rahu</b> 5:06PM – 6:35PM	Bava Until 8:23AM	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 10
			<b>Ekadashi* Until 8:17PM</b>	Moon – Orange	2nd Phase
				<b>Margasira*Markali</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Monday, January 8, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam			Port Harcourt, Nigeria
		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 11 Sutra 266
	Vrischika Rasi: 10.1	Tithi 27	<b>Gulika</b> 2:08PM – 3:37PM	<b>Anuradha Until 5:32PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:42AM
	871137576	Yama 11:10AM – 12:39PM	Ganda* Until 10:24PM	<b>Muruga:</b> White <i>Sunset:</i> 6:35PM	Sobhana 5125
<b>Family Home Evening</b>		<b>Rahu</b> 8:11AM – 9:41AM	Kaulava Until 8:01AM	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 11
Creative Work	Siddha Yoga		<b>Dvadashi* Until 7:30PM</b>	Moon – Orange	2nd Phase
				<b>Margasira*Markali</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Tuesday, January 9, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam			Port Harcourt, Nigeria
		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 12 Sutra 267
	Vrischika Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b> 12:39PM – 3:08PM	<b>Jyeshtha* Until 4:32PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:43AM
	871137576	Yama 9:41AM – 11:10AM	Vriddhi Until 7:51PM	<b>Muruga:</b> White <i>Sunset:</i> 6:36PM	Sobhana 5125
Routine Work	Marana Yoga	<b>Rahu</b> 3:37PM – 5:07PM	Gara Until 6:49AM	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 12
Until 4:32PM			<b>Trayodashi* Until 5:55PM</b>	Moon – Orange	2nd Phase
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Wednesday, January 10, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam			Port Harcourt, Nigeria
		Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 268
	Dhanus Rasi: 7.51	Tithi 29 – 30	<b>Gulika</b> 11:10AM – 12:40PM	<b>Mula* Until 3:09PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:43AM
	881137576	Yama 8:12AM – 9:41AM	Dhruva Until 4:46PM	<b>Muruga:</b> White <i>Sunset:</i> 6:36PM	Sobhana 5125
Routine Work	Marana Yoga	<b>Rahu</b> 12:40PM – 2:09PM	Catuspada Until 2:24AM Thu	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 13
Until 3:09PM			<b>Chaturdashi* Until 3:41PM</b>	Moon – Light Blue	2nd Phase
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	<b>Devaloka Day</b>

	<b>Thursday, January 11, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Port Harcourt, Nigeria
	<b>Retreat Star</b>	Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 269
	Dhanus Rasi: 22.18	Tithi 30 – 1	<b>Gulika</b> 9:42AM – 11:11AM	<b>Purvashadha* Until 1:09PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:43AM
	881137576	Yama 6:43AM – 8:13AM	Vyaghata* Until 1:18PM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Sobhana 5125
Creative Work	Siddha Yoga	<b>Rahu</b> 2:09PM – 3:38PM	Kintughna Until 11:30PM	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 14
Until 1:09PM			<b>Amavasya* Until 12:58PM</b>	Moon – Light Blue	Amavasya
Then Routine Work - Marana Yoga	<b>Hanumath Jayanthi (Tamil Nadu)</b>			<b>Margasira*Markali</b>	<b>Devaloka Day</b>

	<b>Friday, January 12, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam			Port Harcourt, Nigeria
	<b>Retreat Star</b>	Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Sun 15 Sutra 270
	Makara Rasi: 7.01	Tithi 1 – 2	<b>Gulika</b> 8:13AM – 9:42AM	<b>Uttarashadha Until 10:41AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:44AM
	881237576	Yama 3:39PM – 5:08PM	Harshana Until 9:36AM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Sobhana 5125
Routine Work	Marana Yoga	<b>Rahu</b> 11:11AM – 12:40PM	Balava Until 8:21PM	<b>Nataraja:</b> Clear	Moon 13 - Phase 37 - 15
			<b>Prathama* Until 9:56AM</b>	Moon – Light Blue	Prathama
				<b>Pausha*Markali</b>	<b>Devaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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# 1

Saturday, January 13, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria Sun 16 Sutra 271

Makara Rasi: 21.52 Tithi 2 – 3

**Gulika** 6:44AM – 8:13AM  
Yama 2:10PM – 3:39PM  
891237576 **Rahu** 9:42AM – 11:12AM

**Shravana Until 8:21AM**  
Siddhi Until 1:54AM Sun  
Gara Until 3:33AM Sun  
**Dvitiya Until 6:44AM**

**Ganesha:** Purple *Sunrise:* 6:44AM  
**Muruga:** White *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Pausha\*Markali**

Sobhana 5125  
Moon 13 - Phase 38 - 16  
3rd Phase

**Devaloka Day**

Creative Work Siddha Yoga

# 2

Sunday, January 14, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Chaturthyam Titau

Port Harcourt, Nigeria Sun 17 Sutra 272

Kumbha Rasi: 6.43 Tithi 4

**Gulika** 3:39PM – 5:09PM  
Yama 12:41PM – 2:10PM  
891237576 **Rahu** 5:09PM – 6:38PM

**Shatabhishak Until 3:30AM Mon**  
Vyatipata\* Until 10:11PM  
Vanija Until 2:02PM  
**Chaturthi\* Until 12:32AM Mon**

**Ganesha:** Purple *Sunrise:* 6:44AM  
**Muruga:** White *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Purple  
**Pausha\*Thai**

Sobhana 5125  
Moon 13 - Phase 38 - 17  
3rd Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:30AM Mon

Then Routine Work - Marana Yoga

# 3

Monday, January 15, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau

Port Harcourt, Nigeria Sun 18 Sutra 273

Kumbha Rasi: 21.26 Tithi 5

**Family Home Evening**

**Gulika** 2:11PM – 3:40PM  
Yama 11:12AM – 12:41PM  
811237576 **Rahu** 8:14AM – 9:43AM

**Purvaproshtapada\* Until 1:40AM Tue**  
Variyan Until 6:41PM  
Bava Until 11:09AM  
**Panchami Until 9:48PM**

**Ganesha:** Green *Sunrise:* 6:45AM  
**Muruga:** White *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Clear  
**Pausha\*Thai**

Sobhana 5125  
Moon 13 - Phase 38 - 18  
3rd Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 1:40AM Tue

Then Creative Work - Amrita Yoga

# 4

Tuesday, January 16, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha\*Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau

Port Harcourt, Nigeria Sun 19 Sutra 274

Meena Rasi: 5.55 Tithi 6

**Gulika** 12:42PM – 2:11PM  
Yama 9:43AM – 11:13AM  
812237576 **Rahu** 3:40PM – 5:09PM

**Uttaraproshtapada Until 12:07AM Wed**  
Parigha\* Until 3:30PM  
Kaulava Until 8:36AM  
**Shashthi\* Until 7:28PM**

**Ganesha:** White *Sunrise:* 6:45AM  
**Muruga:** White *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Clear  
**Pausha\*Thai**

Sobhana 5125  
Moon 13 - Phase 38 - 19  
3rd Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 12:07AM Wed

Then Routine Work - Marana Yoga

# 5

Wednesday, January 17, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Visti\* Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria Sun 20 Sutra 275

Meena Rasi: 20.07 Tithi 7 – 8

**Gulika** 11:13AM – 12:42PM  
Yama 8:14AM – 9:44AM  
812237576 **Rahu** 12:42PM – 2:11PM

**Revati Until 10:53PM**  
Shiva Until 12:41PM  
Gara Until 6:29AM  
**Saptami Until 5:36PM**

**Ganesha:** White *Sunrise:* 6:45AM  
**Muruga:** White *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Clear  
**Pausha\*Thai**

Sobhana 5125  
Moon 13 - Phase 38 - 20  
3rd Phase

**Devaloka Day**

Routine Work Marana Yoga

# D

Thursday, January 18, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria Sun 21 Sutra 276

**Retreat Star**

Mesha Rasi: 3.59 Tithi 8 – 9

**Gulika** 9:44AM – 11:13AM  
Yama 6:45AM – 8:15AM  
822237576 **Rahu** 2:12PM – 3:41PM

**Ashvini Until 10:26PM**  
Siddha Until 10:15AM  
Balava Until 3:45AM Fri  
**Ashtami\* Until 4:14PM**

**Ganesha:** Yellow *Sunrise:* 6:45AM  
**Muruga:** White *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – White  
**Pausha\*Thai**

Sobhana 5125  
Moon 13 - Phase 38 - 21  
Ashtami

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:26PM

Then Creative Work - Siddha Yoga

Friday, January 19, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria Sun 22 Sutra 277

**Retreat Star**

Mesha Rasi: 17.34 Tithi 9 – 10

**Gulika** 8:15AM – 9:44AM  
Yama 3:41PM – 5:11PM  
822237576 **Rahu** 11:13AM – 12:43PM

**Bharani Until 10:19PM**  
Sadhya Until 8:13AM  
Taitila Until 3:08AM Sat  
**Navami\* Until 3:22PM**

**Ganesha:** Yellow *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – White  
**Pausha\*Thai**

Sobhana 5125  
Moon 13 - Phase 38 - 22  
Navami

**Sivaloka Day**

Creative Work Siddha Yoga

**1****Saturday, January 20, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauPort Harcourt, Nigeria  
Sun 23 Sutra 278

Vrishabha Rasi: 0.53 Tithi 10 – 11

**Gulika** 6:46AM – 8:15AM  
Yama 2:12PM – 3:42PM  
822237576 **Rahu** 9:44AM – 11:14AM**Krittika Until 10:30PM**  
Subha Until 6:35AM  
Vanija Until 2:57AM Sun  
**Dashami Until 2:58PM****Ganesha:** Yellow *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – White  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 - 23  
4th Phase**Sivaloka Day**

Creative Work Amrita Yoga

**2****Sunday, January 21, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Brahma Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam TitauPort Harcourt, Nigeria  
Sun 24 Sutra 279

Vrishabha Rasi: 13.58 Tithi 11 – 12

**Gulika** 3:42PM – 5:11PM  
Yama 12:43PM – 2:13PM  
832237576 **Rahu** 5:11PM – 6:41PM**Rohini Until 11:24PM**  
Brahma Until 4:17AM Mon  
Bava Until 3:11AM Mon  
**Ekadashi Until 3:00PM****Ganesha:** Blue *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Yellow  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 - 24  
4th Phase**Devaloka Day**

Creative Work Siddha Yoga

**3****Monday, January 22, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauPort Harcourt, Nigeria  
Sun 25 Sutra 280

Vrishabha Rasi: 26.5 Tithi 12 – 13

**Family Home Evening****Gulika** 2:13PM – 3:42PM  
Yama 11:14AM – 12:44PM  
832237576 **Rahu** 8:16AM – 9:45AM**Mrigashira Until 12:30AM Tue**  
Indra Until 3:36AM Tue  
Kaulava Until 3:48AM Tue  
**Dvadashi Until 3:25PM****Ganesha:** Blue *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Yellow  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 - 25  
4th Phase**Devaloka Day**

Creative Work Amrita Yoga

Until 12:30AM Tue

Then Routine Work - Marana Yoga

Pradosha Vrata

**4****Tuesday, January 23, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 26 Sutra 281

Mithuna Rasi: 9.33 Tithi 13 – 14

**Gulika** 12:44PM – 2:13PM  
Yama 9:45AM – 11:14AM  
832237576 **Rahu** 3:43PM – 5:12PM**Ardra Until 1:48AM Wed**  
Vaidhriti\* Until 3:10AM Wed  
Gara Until 4:46AM Wed  
**Trayodashi Until 4:13PM****Ganesha:** Blue *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Yellow  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 - 26  
4th Phase**Devaloka Day**

Routine Work Marana Yoga

Until 1:48AM Wed

Then Creative Work - Siddha Yoga

**5****Wednesday, January 24, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Chaturdashi/Purnimayam TitauPort Harcourt, Nigeria  
Sun 27 Sutra 282

Mithuna Rasi: 22.05 Tithi 14 – 15

**Gulika** 11:15AM – 12:44PM  
Yama 8:16AM – 9:45AM  
842237576 **Rahu** 12:44PM – 2:13PM**Punarvasu Until 3:47AM Thu**  
Vishkambha\* Until 3:02AM Thu  
Visti Until 6:07AM Thu  
**Chaturdashi\* Until 5:23PM****Ganesha:** Red *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 - 27  
4th Phase**Sivaloka Day**

Creative Work Siddha Yoga

Until 3:47AM Thu

Then Creative Work - Amrita Yoga

**Thursday, January 25, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Priti Yoga Visti\*/Bava Karana Purnimayam TitauPort Harcourt, Nigeria  
Sutra 283

Kataka Rasi: 4.28 Tithi 15

**Gulika** 9:46AM – 11:15AM  
Yama 6:47AM – 8:16AM  
942237576 **Rahu** 2:14PM – 3:43PM**Pushya Until 5:57AM Fri**  
Priti Until 3:11AM Fri  
Visti Until 6:07AM  
**Purnima\* Until 6:55PM****Ganesha:** Blue *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 -  
Purnima**Devaloka Day**

Creative Work Amrita Yoga

Until 5:57AM Fri

Then Routine Work - Marana Yoga

Thai Pusam

**Friday, January 26, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam TitauPort Harcourt, Nigeria  
Sutra 284

Kataka Rasi: 16.41 Tithi 16

**Gulika** 8:16AM – 9:46AM  
Yama 3:43PM – 5:13PM  
942237576 **Rahu** 11:15AM – 12:45PM**Ashlesha\* Until 8:19AM Sat**  
Ayushman Until 3:35AM Sat  
Balava Until 7:50AM  
**Prathama\* Until 8:49PM****Ganesha:** Blue *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha\*ThaiSobhana 5125  
Moon 13 - Phase 39 -  
Prathama**Devaloka Day**

Routine Work Marana Yoga

Until 8:19AM Sat

Then Creative Work - Amrita Yoga



Saturday, January 27, 2024

Gold Retreat Star

Kataka Rasi: 28.45 Tithi 17

942237576

Routine Work Marana Yoga  
Until 8:19AM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 6:47AM – 8:16AM  
Yama 2:14PM – 3:44PM  
**Rahu** 9:46AM – 11:15AM

**Ashlesha\* Until 8:19AM**  
Saubhagya Until 4:16AM Sun  
Taitila Until 9:56AM  
**Dvitiya Until 11:05PM**

**Ganesha:** Blue *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 1 Sutra 285  
Sobhana 5125  
Moon 1 - Phase 40 - 1  
1st Phase

**Devaloka Day**

**1** Sunday, January 28, 2024

Simha Rasi: 10.41 Tithi 18

952237576

Routine Work Marana Yoga  
Until 11:19AM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 3:44PM – 5:13PM  
Yama 12:45PM – 2:14PM  
**Rahu** 5:13PM – 6:43PM

**Magha\* Until 11:19AM**  
Sobhana Until 5:09AM Mon  
Vanija Until 12:21PM  
**Tritiya Until 1:38AM Mon**

**Ganesha:** Red *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Red  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 2 Sutra 286  
Sobhana 5125  
Moon 1 - Phase 40 - 2  
1st Phase

**Sivaloka Day**

**2** Monday, January 29, 2024

Simha Rasi: 22.32 Tithi 19

953237576

**Family Home Evening**  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 2:15PM – 3:44PM  
Yama 11:16AM – 12:45PM  
**Rahu** 8:17AM – 9:46AM

**Purvaphalguni Until 2:23PM**  
Athiganda\* Until 6:08AM Tue  
Bava Until 3:00PM  
**Chaturthi\* Until 4:22AM Tue**

**Ganesha:** Yellow *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Red  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 3 Sutra 287  
Sobhana 5125  
Moon 1 - Phase 40 - 3  
1st Phase

**Sivaloka Day**

**3** Tuesday, January 30, 2024

Kanya Rasi: 4.19 Tithi 20

953237576

Creative Work Amrita Yoga  
Until 5:22PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:45PM – 2:15PM  
Yama 9:46AM – 11:16AM  
**Rahu** 3:44PM – 5:14PM

**Uttaraphalguni Until 5:22PM**  
Athiganda\* Until 6:08AM  
Kaulava Until 5:45PM  
**Panchami Until 7:05AM Wed**

**Ganesha:** Yellow *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Red  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 4 Sutra 288  
Sobhana 5125  
Moon 1 - Phase 40 - 4  
1st Phase

**Sivaloka Day**

**4** Wednesday, January 31, 2024

Kanya Rasi: 16.07 Tithi 20 – 21

963237576

Routine Work Marana Yoga  
Until 8:36PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 11:16AM – 12:45PM  
Yama 8:17AM – 9:46AM  
**Rahu** 12:45PM – 2:15PM

**Hasta Until 8:36PM**  
Sukarma Until 7:07AM  
Gara Until 8:24PM  
**Panchami Until 7:05AM**

**Ganesha:** White *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Green  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 5 Sutra 289  
Sobhana 5125  
Moon 1 - Phase 40 - 5  
1st Phase

**Devaloka Day**

**5** Thursday, February 1, 2024

Kanya Rasi: 27.59 Tithi 21 – 22

963237576

Creative Work Siddha Yoga  
Until 11:19PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:46AM – 11:16AM  
Yama 6:47AM – 8:17AM  
**Rahu** 2:15PM – 3:44PM

**Chitra Until 11:19PM**  
Dhriti Until 7:56AM  
Visti Until 10:41PM  
**Shashthi\* Until 9:34AM**

**Ganesha:** White *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Green  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 6 Sutra 290  
Sobhana 5125  
Moon 1 - Phase 40 - 6  
1st Phase

**Devaloka Day**

**D** Friday, February 2, 2024

Retreat Star

Tula Rasi: 10.02 Tithi 22 – 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:17AM – 9:46AM  
Yama 3:45PM – 5:14PM  
**Rahu** 11:16AM – 12:46PM

**Svati Until 1:19AM Sat**  
Shula\* Until 8:24AM  
Balava Until 12:22AM Sat  
**Saptami Until 11:35AM**

**Ganesha:** White *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Green  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 7 Sutra 291  
Sobhana 5125  
Moon 1 - Phase 40 - 7  
Ashtami

**Devaloka Day**

**Saturday, February 3, 2024**

Retreat Star

Tula Rasi: 22.2 Tithi 23 – 24

973237576

Creative Work Siddha Yoga  
Until 2:52AM Sun  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 6:47AM – 8:17AM  
Yama 2:15PM – 3:45PM  
**Rahu** 9:47AM – 11:16AM

**Vishakha Until 2:52AM Sun**  
Ganda\* Until 8:22AM  
Taitila Until 1:17AM Sun  
**Ashtami\* Until 12:55PM**

**Ganesha:** Clear *Sunrise:* 6:47AM  
**Muruga:** White *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Orange  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 8 Sutra 292  
Sobhana 5125  
Moon 1 - Phase 40 - 8  
Navami

**Sivaloka Day**


<b>1</b>	<b>Sunday, February 4, 2024</b>	Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam	Port Harcourt, Nigeria
		Anuradha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Sun 9 Sutra 293
			Sobhana 5125
Vrischika Rasi: 5	Tithi 24 – 25	<b>Gulika</b> 3:45PM – 5:14PM	<b>Anuradha Until 3:24AM Mon</b>
		<b>Yama</b> 12:46PM – 2:15PM	Vriddhi Until 7:43AM
		<b>Rahu</b> 5:14PM – 6:44PM	Vanija Until 1:17AM Mon
Routine Work	Marana Yoga		<b>Navami* Until 1:23PM</b>
Until 3:24AM Mon			<b>Ganesh:</b> Clear <i>Sunrise: 6:47AM</i>
Then Creative Work - Siddha Yoga			<b>Muruga:</b> White <i>Sunset: 6:44PM</i>
			<b>Nataraja:</b> Orange
			Moon – Orange
			<b>Pausha*Thai</b>
			<b>Sivaloka Day</b>


<b>2</b>	<b>Monday, February 5, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam	Port Harcourt, Nigeria
		Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Sun 10 Sutra 294
			Sobhana 5125
Vrischika Rasi: 18.05	Tithi 25 – 26	<b>Gulika</b> 2:15PM – 3:45PM	<b>Jyeshtha* Until 2:55AM Tue</b>
<b>Family Home Evening</b>		<b>Yama</b> 11:16AM – 12:46PM	Dhruva Until 6:21AM
		<b>Rahu</b> 8:17AM – 9:47AM	Bava Until 12:24AM Tue
Creative Work	Siddha Yoga		<b>Dashami Until 12:56PM</b>
Until 2:55AM Tue			<b>Ganesh:</b> Clear <i>Sunrise: 6:47AM</i>
Then Creative Work - Amrita Yoga			<b>Muruga:</b> White <i>Sunset: 6:44PM</i>
			<b>Nataraja:</b> Orange
			Moon – Orange
			<b>Pausha*Thai</b>
			<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, February 6, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam	Port Harcourt, Nigeria
		Mula* Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Sun 11 Sutra 295
			Sobhana 5125
Dhanus Rasi: 1.41	Tithi 26 – 27	<b>Gulika</b> 12:46PM – 2:16PM	<b>Mula* Until 1:55AM Wed</b>
		<b>Yama</b> 9:47AM – 11:16AM	Harshana Until 1:36AM Wed
		<b>Rahu</b> 3:45PM – 5:15PM	Kaulava Until 10:40PM
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:37AM</b>
Until 12:04AM Thu			<b>Ganesh:</b> Light Blue <i>Sunrise: 6:47AM</i>
Then Routine Work - Marana Yoga			<b>Muruga:</b> White <i>Sunset: 6:44PM</i>
			<b>Nataraja:</b> Orange
			Moon – Light Blue
			<b>Pausha*Thai</b>
			<b>Devaloka Day</b>

<b>4</b>	<b>Wednesday, February 7, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam	Port Harcourt, Nigeria
		Purvashadha* Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Sun 12 Sutra 296
			Sobhana 5125
Dhanus Rasi: 15.45	Tithi 27 – 28	<b>Gulika</b> 11:16AM – 12:46PM	<b>Purvashadha* Until 12:04AM Thu</b>
		<b>Yama</b> 8:17AM – 9:47AM	Vajra* Until 10:19PM
		<b>Rahu</b> 12:46PM – 2:16PM	Gara Until 8:13PM
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:31AM</b>
Until 12:04AM Thu			<b>Ganesh:</b> Light Blue <i>Sunrise: 6:47AM</i>
Then Routine Work - Marana Yoga			<b>Muruga:</b> White <i>Sunset: 6:45PM</i>
			<b>Nataraja:</b> Orange
			Moon – Light Blue
			<b>Pausha*Thai</b>
			<b>Devaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Thursday, February 8, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	Port Harcourt, Nigeria
		Uttarashadha Nakshatra Siddhi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau	Sun 13 Sutra 297
			Sobhana 5125
Makara Rasi: 0.17	Tithi 28 – 29	<b>Gulika</b> 9:47AM – 11:16AM	<b>Uttarashadha Until 9:34PM</b>
		<b>Yama</b> 6:47AM – 8:17AM	Siddhi Until 6:37PM
		<b>Rahu</b> 2:16PM – 3:45PM	Sakuni Until 3:32AM Fri
Routine Work	Marana Yoga		<b>Trayodashi* Until 6:46AM</b>
Until 9:34PM			<b>Ganesh:</b> Light Blue <i>Sunrise: 6:47AM</i>
Then Creative Work - Siddha Yoga			<b>Muruga:</b> White <i>Sunset: 6:45PM</i>
			<b>Nataraja:</b> Orange
			Moon – Light Blue
			<b>Pausha*Thai</b>
			<b>Devaloka Day</b>

	<b>Friday, February 9, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam	Port Harcourt, Nigeria
	<b>Retreat Star</b>	Shravana Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 14 Sutra 298
			Sobhana 5125
Makara Rasi: 15.1	Tithi 30	<b>Gulika</b> 8:17AM – 9:47AM	<b>Shravana Until 6:59PM</b>
		<b>Yama</b> 3:45PM – 5:15PM	Vyatipata* Until 2:36PM
		<b>Rahu</b> 11:16AM – 12:46PM	Catuspada Until 1:49PM
Routine Work	Marana Yoga		<b>Amavasya* Until 12:00AM Sat</b>
Until 6:59PM			<b>Ganesh:</b> Purple <i>Sunrise: 6:47AM</i>
Then Creative Work - Siddha Yoga			<b>Muruga:</b> White <i>Sunset: 6:45PM</i>
			<b>Nataraja:</b> Orange
			Moon – Purple
			<b>Pausha*Thai</b>
			<b>Devaloka Day</b>

	<b>Saturday, February 10, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam	Port Harcourt, Nigeria
	<b>Retreat Star</b>	Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Sun 15 Sutra 299
			Sobhana 5125
Kumbha Rasi: 0.16	Tithi 1	<b>Gulika</b> 6:47AM – 8:17AM	<b>Dhanishtha Until 4:05PM</b>
		<b>Yama</b> 2:16PM – 3:46PM	Variyan Until 10:24AM
		<b>Rahu</b> 9:47AM – 11:16AM	Kintughna Until 10:12AM
Creative Work	Siddha Yoga		<b>Prathama* Until 8:21PM</b>
Until 4:05PM			<b>Ganesh:</b> Purple <i>Sunrise: 6:47AM</i>
Then Creative Work - Amrita Yoga			<b>Muruga:</b> White <i>Sunset: 6:45PM</i>
			<b>Nataraja:</b> Orange
			Moon – Purple
			<b>Magha*Thai</b>
			<b>Devaloka Day</b>

<b>1</b>	<b>Sunday, February 11, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 300 Sobhana 5125
	Kumbha Rasi: 15.26 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 3:46PM – 5:15PM <b>Yama</b> 12:46PM – 2:16PM <b>Rahu</b> 5:15PM – 6:45PM	<b>Shatabhishak Until 1:04PM</b> Parigha* Until 6:10AM Balava Until 6:32AM <b>Dvitiya Until 4:44PM</b>

<b>2</b>	<b>Monday, February 12, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 301 Sobhana 5125
	Meena Rasi: 0.31 Tithi 3 – 4 <b>Family Home Evening</b> Routine Work Marana Yoga Until 10:29AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:16PM – 3:46PM <b>Yama</b> 11:16AM – 12:46PM <b>Rahu</b> 8:17AM – 9:47AM	<b>Purvaproshtapada* Until 10:29AM</b> Siddha Until 10:08PM Vanija Until 11:44PM <b>Tritiya Until 1:19PM</b>

<b>3</b>	<b>Tuesday, February 13, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 302 Sobhana 5125
	Meena Rasi: 15.22 Tithi 4 – 5 Creative Work Amrita Yoga Until 8:07AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:46PM – 2:16PM <b>Yama</b> 9:46AM – 11:16AM <b>Rahu</b> 3:46PM – 5:15PM	<b>Uttaraproshtapada Until 8:07AM</b> Sadhya Until 6:34PM Bava Until 8:54PM <b>Chaturthi* Until 10:15AM</b>

<b>4</b>	<b>Wednesday, February 14, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 303 Sobhana 5125
	Meena Rasi: 29.52 Tithi 5 – 6 Routine Work Marana Yoga	<b>Gulika</b> 11:16AM – 12:46PM <b>Yama</b> 8:17AM – 9:46AM <b>Rahu</b> 12:46PM – 2:16PM	<b>Revati Until 6:04AM</b> Subha Until 3:27PM Kaulava Until 6:37PM <b>Panchami Until 7:40AM</b>

<b>5</b>	<b>Thursday, February 15, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 304 Sobhana 5125
	Mesha Rasi: 13.58 Tithi 7 Creative Work Siddha Yoga	<b>Gulika</b> 9:46AM – 11:16AM <b>Yama</b> 6:47AM – 8:16AM <b>Rahu</b> 2:16PM – 3:46PM	<b>Bharani Until 4:13AM Fri</b> Sukla Until 12:49PM Gara Until 4:58PM <b>Saptami Until 4:22AM Fri</b>

<b>D</b>	<b>Friday, February 16, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 305 Sobhana 5125
	Mesha Rasi: 27.4 Tithi 8 Creative Work Siddha Yoga Until 4:04AM Sat Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:16AM – 9:46AM <b>Yama</b> 3:46PM – 5:16PM <b>Rahu</b> 11:16AM – 12:46PM	<b>Krittika Until 4:04AM Sat</b> Brahma Until 10:43AM Visti Until 3:59PM <b>Ashtami* Until 3:44AM Sat</b>

<b>D</b>	<b>Saturday, February 17, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 306 Sobhana 5125
	Virshabha Rasi: 10.58 Tithi 9 Creative Work Amrita Yoga Until 4:51AM Sun Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:46AM – 8:16AM <b>Yama</b> 2:16PM – 3:46PM <b>Rahu</b> 9:46AM – 11:16AM	<b>Rohini Until 4:51AM Sun</b> Indra Until 9:11AM Balava Until 3:41PM <b>Navami* Until 3:45AM Sun</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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**1****Sunday, February 18, 2024**Sobhana Nama Samvatsare Uтарыane Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 23 Sutra 307

Vrishabha Rasi: 23.56 Tithi 10

**Gulika** 3:46PM – 5:16PM  
Yama 12:46PM – 2:16PM  
934347577 **Rahu** 5:16PM – 6:46PM**Mrigashira Until 6:03AM Mon**  
Vaidhriti\* Until 8:06AM  
Taitila Until 4:00PM  
**Dashami Until 4:21AM Mon****Ganesha:** Red *Sunrise:* 6:46AM  
**Muruga:** Clear *Sunset:* 6:46PM  
**Nataraja:** Orange  
Moon – Yellow  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 - 23  
4th Phase**Devaloka Day**

Creative Work Siddha Yoga

**2****Monday, February 19, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 24 Sutra 308

Mithuna Rasi: 6.38 Tithi 11

**Gulika** 2:16PM – 3:46PM  
Yama 11:16AM – 12:46PM  
934347577 **Rahu** 8:16AM – 9:46AM**Mrigashira Until 6:03AM**  
Vishkambha\* Until 7:30AM  
Vanija Until 4:52PM  
**Ekadashi Until 5:28AM Tue****Ganesha:** Red *Sunrise:* 6:46AM  
**Muruga:** Clear *Sunset:* 6:46PM  
**Nataraja:** Orange  
Moon – Yellow  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 - 24  
4th Phase**Devaloka Day**

Creative Work Amrita Yoga

Until 6:03AM

Then Creative Work - Siddha Yoga

**3****Tuesday, February 20, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 25 Sutra 309

Mithuna Rasi: 19.06 Tithi 12

**Gulika** 12:46PM – 2:16PM  
Yama 9:46AM – 11:16AM  
934347577 **Rahu** 3:46PM – 5:16PM**Ardra Until 7:34AM**  
Priti Until 7:16AM  
Bava Until 6:12PM  
**Dvadashi Until 7:00AM Wed****Ganesha:** Red *Sunrise:* 6:46AM  
**Muruga:** Clear *Sunset:* 6:46PM  
**Nataraja:** Orange  
Moon – Yellow  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 - 25  
4th Phase**Devaloka Day**

Routine Work Marana Yoga

Until 7:34AM

Then Creative Work - Siddha Yoga

**4****Wednesday, February 21, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauPort Harcourt, Nigeria  
Sun 26 Sutra 310

Kataka Rasi: 1.23 Tithi 12 – 13

**Gulika** 11:16AM – 12:46PM  
Yama 8:16AM – 9:46AM  
944347577 **Rahu** 12:46PM – 2:16PM**Punarvasu Until 9:48AM**  
Ayushman Until 7:20AM  
Kaulava Until 7:55PM  
**Dvadashi Until 7:00AM****Ganesha:** Blue *Sunrise:* 6:45AM  
**Muruga:** Clear *Sunset:* 6:46PM  
**Nataraja:** Orange  
Moon – Blue  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 - 26  
4th Phase**Bhuloka Day****Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

*Pradosha Vrata***5****Thursday, February 22, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 27 Sutra 311

Kataka Rasi: 13.32 Tithi 13 – 14

**Gulika** 9:45AM – 11:15AM  
Yama 6:45AM – 8:15AM  
944347577 **Rahu** 2:15PM – 3:45PM**Pushya Until 12:12PM**  
Saubhagya Until 7:41AM  
Gara Until 9:57PM  
**Trayodashi Until 8:53AM****Ganesha:** Blue *Sunrise:* 6:45AM  
**Muruga:** Clear *Sunset:* 6:46PM  
**Nataraja:** Orange  
Moon – Blue  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 - 27  
4th Phase**Bhuloka Day****Devaloka Time: 3:PM to 6:PM**

Creative Work Amrita Yoga

Until 12:12PM

Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam****Friday, February 23, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Chaturdashi/Purnimayam TitauPort Harcourt, Nigeria  
Sutra 312

Kataka Rasi: 25.34 Tithi 14 – 15

**Gulika** 8:15AM – 9:45AM  
Yama 3:45PM – 5:15PM  
944347577 **Rahu** 11:15AM – 12:45PM**Ashlesha\* Until 2:43PM**  
Sobhana Until 8:16AM  
Visti Until 12:15AM Sat  
**Chaturdashi\* Until 11:03AM****Ganesha:** Blue *Sunrise:* 6:45AM  
**Muruga:** Clear *Sunset:* 6:46PM  
**Nataraja:** Orange  
Moon – Blue  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 -  
Purnima**Bhuloka Day****Devaloka Time: 3:PM to 6:PM**

Routine Work Marana Yoga

**Saturday, February 24, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam TitauPort Harcourt, Nigeria  
Sutra 313

Simha Rasi: 7.29 Tithi 15 – 16

**Gulika** 6:45AM – 8:15AM  
Yama 2:15PM – 3:45PM  
954347577 **Rahu** 9:45AM – 11:15AM**Magha\* Until 5:47PM**  
Athiganda\* Until 9:00AM  
Balava Until 2:46AM Sun  
**Purnima\* Until 1:28PM****Ganesha:** Yellow *Sunrise:* 6:45AM  
**Muruga:** Clear *Sunset:* 6:45PM  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Masi**Sobhana 5125  
Moon 1 - Phase 43 -  
Prathama**Devaloka Day**

Creative Work Amrita Yoga

Until 5:47PM

Then Creative Work - Siddha Yoga





Sunday, February 25, 2024

Gold Retreat Star

Simha Rasi: 19.21 Tithi 16 – 17

Creative Work Siddha Yoga

Until 8:50PM

Then Creative Work - Amrita Yoga

Gulika 3:45PM – 5:15PM  
Yama 12:45PM – 2:15PM  
Rahu 5:15PM – 6:45PM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Purvaphalguni Until 8:50PM

Sukarma Until 9:54AM

Taitila Until 5:25AM Mon

Prathama\* Until 4:04PM

Ganesha: White Sunrise: 6:45AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Red Magha+Masi

Port Harcourt, Nigeria

Sutra 314

Sobhana 5125

Moon 2 - Phase 44 -

1st Phase

Sivaloka Day

1

Monday, February 26, 2024

Kanya Rasi: 1.1 Tithi 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 2:15PM – 3:45PM  
Yama 11:15AM – 12:45PM  
Rahu 8:14AM – 9:45AM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Gara Karana Dvitiyayam Titau

Uttaraphalguni Until 11:47PM

Dhriti Until 10:53AM

Gara Until 6:44PM

Dvitiya Until 6:44PM

Ganesha: White Sunrise: 6:44AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Red Magha+Masi

Port Harcourt, Nigeria

Sutra 315

Sobhana 5125

Moon 2 - Phase 44 - 1

1st Phase

Sivaloka Day

2

Tuesday, February 27, 2024

Kanya Rasi: 12.58 Tithi 18

Creative Work Siddha Yoga

Gulika 12:45PM – 2:15PM  
Yama 9:44AM – 11:14AM  
Rahu 3:45PM – 5:15PM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Hasta Until 3:01AM Wed

Shula\* Until 11:51AM

Vanija Until 8:05AM

Tritiya Until 9:23PM

Ganesha: Clear Sunrise: 6:44AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Green Magha+Masi

Port Harcourt, Nigeria

Sutra 316

Sobhana 5125

Moon 2 - Phase 44 - 2

1st Phase

Devaloka Day

3

Wednesday, February 28, 2024

Kanya Rasi: 24.48 Tithi 19

Creative Work Siddha Yoga

Until 5:52AM Thu

Then Creative Work - Amrita Yoga

Gulika 11:14AM – 12:44PM  
Yama 8:14AM – 9:44AM  
Rahu 12:44PM – 2:15PM

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Maha Sankatahara Chaturthi

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhii Yoga Bava/Balava Karana Chaturthiyam Titau

Chitra Until 5:52AM Thu

Ganda\* Until 12:44PM

Bava Until 10:40AM

Chaturthi\* Until 11:50PM

Ganesha: Clear Sunrise: 6:44AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Green Magha+Masi

Port Harcourt, Nigeria

Sutra 317

Sobhana 5125

Moon 2 - Phase 44 - 3

1st Phase

Devaloka Day

4

Thursday, February 29, 2024

Tula Rasi: 6.43 Tithi 20

Creative Work Amrita Yoga

Until 8:11AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:44AM – 11:14AM  
Yama 6:43AM – 8:14AM  
Rahu 2:15PM – 3:45PM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Svati Until 8:11AM Fri

Vriddhi Until 1:26PM

Kaulava Until 12:57PM

Panchami Until 1:56AM Fri

Ganesha: Clear Sunrise: 6:43AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Green Magha+Masi

Port Harcourt, Nigeria

Sutra 318

Sobhana 5125

Moon 2 - Phase 44 - 4

1st Phase

Devaloka Day

5

Friday, March 1, 2024

Tula Rasi: 18.48 Tithi 21

Creative Work Siddha Yoga

Gulika 8:13AM – 9:43AM  
Yama 3:44PM – 5:15PM  
Rahu 11:14AM – 12:44PM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Svati Until 8:11AM

Dhruva Until 1:45PM

Gara Until 2:48PM

Shashthi\* Until 3:29AM Sat

Ganesha: Clear Sunrise: 6:43AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Green Magha+Masi

Port Harcourt, Nigeria

Sutra 319

Sobhana 5125

Moon 2 - Phase 44 - 5

1st Phase

Devaloka Day

6

Saturday, March 2, 2024

Vrischika Rasi: 1.07 Tithi 22

Creative Work Siddha Yoga

Gulika 6:42AM – 8:13AM  
Yama 2:14PM – 3:44PM  
Rahu 9:43AM – 11:13AM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Vishakha Until 10:15AM

Vyaghata\* Until 1:38PM

Visti Until 4:02PM

Saptami Until 4:21AM Sun

Ganesha: Purple Sunrise: 6:42AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Orange Magha+Masi

Port Harcourt, Nigeria

Sutra 320

Sobhana 5125

Moon 2 - Phase 44 - 6

1st Phase

Sivaloka Day

D

Sunday, March 3, 2024

Retreat Star

Vrischika Rasi: 13.43 Tithi 23

Routine Work Marana Yoga

Gulika 3:44PM – 5:15PM  
Yama 12:43PM – 2:14PM  
Rahu 5:15PM – 6:45PM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Anuradha Until 11:28AM

Harshana Until 12:57PM

Balava Until 4:30PM

Ashtami\* Until 4:24AM Mon

Ganesha: Clear Sunrise: 6:42AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Orange Magha+Masi

Port Harcourt, Nigeria

Sutra 321

Sobhana 5125

Moon 2 - Phase 44 - 7

Ashtami

Devaloka Day

Monday, March 4, 2024

Retreat Star

Vrischika Rasi: 26.44 Tithi 24

Family Home Evening

Creative Work Siddha Yoga

Gulika 2:14PM – 3:44PM  
Yama 11:13AM – 12:43PM  
Rahu 8:12AM – 9:42AM

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Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Jyeshtha\* Until 11:45AM

Vajra\* Until 11:37AM

Taitila Until 4:08PM

Navami\* Until 3:37AM Tue

Ganesha: Clear Sunrise: 6:42AM

Muruga: Clear Sunset: 6:45PM

Nataraja: Orange

Moon – Orange Magha+Masi

Port Harcourt, Nigeria

Sutra 322

Sobhana 5125

Moon 2 - Phase 44 - 8

Navami

Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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**1****Tuesday, March 5, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 323

Dhanus Rasi: 10.1 Tithi 25

**Gulika** 12:43PM – 2:13PM  
Yama 9:42AM – 11:13AM  
186447577 **Rahu** 3:44PM – 5:14PM**Mula\* Until 11:30AM**  
Siddhi Until 9:38AM  
Vanija Until 2:57PM**Ganesha:** Red *Sunrise:* 6:41AM  
**Muruga:** Clear *Sunset:* 6:45PM  
**Nataraja:** Orange  
Moon – Light Blue  
**Magha•Masi**Sobhana 5125  
Moon 2 - Phase 45 - 9  
2nd PhaseCreative Work Amrita Yoga  
Until 11:30AM**Dashami Until 2:02AM Wed****Devaloka Day**

Then Creative Work - Siddha Yoga

**2****Wednesday, March 6, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Vyatipata\*/Varyan Yoga Bava/Balava Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 324

Dhanus Rasi: 24.05 Tithi 26

**Gulika** 11:12AM – 12:43PM  
Yama 8:11AM – 9:42AM  
186447577 **Rahu** 12:43PM – 2:13PM**Purvashadha\* Until 10:21AM**  
Vyatipata\* Until 7:02AM  
Bava Until 12:59PM  
**Ekadashi\* Until 11:43PM****Ganesha:** Red *Sunrise:* 6:41AM  
**Muruga:** Clear *Sunset:* 6:44PM  
**Nataraja:** Orange  
Moon – Light Blue  
**Magha•Masi**Sobhana 5125  
Moon 2 - Phase 45 - 10  
2nd Phase

Creative Work Amrita Yoga

**Devaloka Day****3****Thursday, March 7, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 325

Makara Rasi: 8.28 Tithi 27

**Gulika** 9:42AM – 11:12AM  
Yama 6:41AM – 8:11AM  
186447577 **Rahu** 2:13PM – 3:43PM**Uttarashadha Until 8:22AM**  
Parigha\* Until 12:12AM Fri  
Kaulava Until 10:21AM  
**Dvadashi\* Until 8:48PM****Ganesha:** Red *Sunrise:* 6:41AM  
**Muruga:** Clear *Sunset:* 6:44PM  
**Nataraja:** Orange  
Moon – Light Blue  
**Magha•Masi**Sobhana 5125  
Moon 2 - Phase 45 - 11  
2nd PhaseRoutine Work Marana Yoga  
Until 8:22AM**Devaloka Day**

Then Creative Work - Siddha Yoga

**4****Friday, March 8, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Visti\* Karana Trayodashi/Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 326

Makara Rasi: 23.14 Tithi 28 – 29

**Gulika** 8:11AM – 9:41AM  
Yama 3:43PM – 5:14PM  
196447577 **Rahu** 11:12AM – 12:42PM**Shravana Until 6:08AM**  
Shiva Until 8:13PM  
Gara Until 7:11AM  
**Trayodashi\* Until 5:27PM****Ganesha:** Green *Sunrise:* 6:40AM  
**Muruga:** Clear *Sunset:* 6:44PM  
**Nataraja:** Orange  
Moon – Purple  
**Magha•Masi**Sobhana 5125  
Moon 2 - Phase 45 - 12  
2nd PhaseRoutine Work Marana Yoga  
Until 6:08AM**Sivaloka Day**

Then Creative Work - Siddha Yoga

*Pradosha Vrata (Fasting)***●****Saturday, March 9, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 327

Kumbha Rasi: 8.19 Tithi 29 – 30

**Gulika** 6:40AM – 8:10AM  
Yama 2:13PM – 3:43PM  
196447577 **Rahu** 9:41AM – 11:11AM**Shatabhishak Until 12:17AM Sun**  
Siddha Until 4:00PM  
Catuspada Until 11:56PM  
**Chaturdashi\* Until 1:48PM****Ganesha:** Green *Sunrise:* 6:40AM  
**Muruga:** Clear *Sunset:* 6:44PM  
**Nataraja:** Orange  
Moon – Purple  
**Magha•Masi**Sobhana 5125  
Moon 2 - Phase 45 - 13  
AmavasyaCreative Work Amrita Yoga  
Until 12:17AM Sun**Sivaloka Day**

Then Creative Work - Siddha Yoga

**Sunday, March 10, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sadhya/Subha Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 328

Kumbha Rasi: 23.32 Tithi 30 – 1

**Gulika** 3:43PM – 5:13PM  
Yama 12:42PM – 2:12PM  
116447577 **Rahu** 5:13PM – 6:44PM**Purvaproshtapada\* Until 9:25PM**  
Sadhya Until 11:42AM  
Kintughna Until 8:09PM  
**Amavasya\* Until 10:01AM****Ganesha:** Orange *Sunrise:* 6:40AM  
**Muruga:** Clear *Sunset:* 6:44PM  
**Nataraja:** Orange  
Moon – Clear  
**Phalguna•Masi**Sobhana 5125  
Moon 2 - Phase 45 - 14  
PrathamaCreative Work Siddha Yoga  
Until 9:25PM**Devaloka Day**

Then Creative Work - Amrita Yoga

<b>1</b>	<b>Monday, March 11, 2024</b>	Sobhana Nama Samvatsare Utarayane Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtpada Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 329 Sobhana 5125
	Meena Rasi: 8.45 Tithi 1 – 2	<b>Gulika</b> 2:12PM – 3:43PM <b>Uttaraproshtpada</b> Until 6:33PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:39AM
	<b>Family Home Evening</b>	Yama 11:11AM – 12:41PM Subha Until 7:28AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:44PM Moon 2 - Phase 46 - 15
	Creative Work Siddha Yoga	116447577 <b>Rahu</b> 8:10AM – 9:40AM Kaulava Until 2:45AM Tue	<b>Nataraja:</b> Orange Moon – Clear <b>Devaloka Day</b> Phalguna*Masi

<b>2</b>	<b>Tuesday, March 12, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 330 Sobhana 5125
	Meena Rasi: 23.48 Tithi 3	<b>Gulika</b> 12:41PM – 2:12PM <b>Revati</b> Until 3:52PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:39AM
	Creative Work Siddha Yoga	116447577 Yama 9:40AM – 11:11AM Brahma Until 11:37PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:44PM Moon 2 - Phase 46 - 16
		<b>Rahu</b> 3:42PM – 5:13PM Taitila Until 1:08PM	<b>Nataraja:</b> Orange Moon – Clear <b>Devaloka Day</b> Phalguna*Masi

**Subramuniyaswami Siva Vision Day**

<b>3</b>	<b>Wednesday, March 13, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 331 Sobhana 5125
	Mesha Rasi: 8.33 Tithi 4	<b>Gulika</b> 11:10AM – 12:41PM <b>Ashvini</b> Until 1:54PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:38AM
	Routine Work Marana Yoga	127447577 Yama 8:09AM – 9:40AM Indra Until 8:17PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:43PM Moon 2 - Phase 46 - 17
	Until 1:54PM Then Creative Work - Siddha Yoga	<b>Rahu</b> 12:41PM – 2:12PM Vanija Until 10:13AM	<b>Nataraja:</b> Orange Moon – White <b>Bhuloka Day</b> Phalguna*Masi Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, March 14, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 332 Sobhana 5125
	Mesha Rasi: 22.54 Tithi 5	<b>Gulika</b> 9:39AM – 11:10AM <b>Bharani</b> Until 12:24PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:38AM
	Creative Work Siddha Yoga	127447577 Yama 6:38AM – 8:09AM Vaidhriti* Until 5:27PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:43PM Moon 2 - Phase 46 - 18
	Until 12:24PM Then Routine Work - Marana Yoga	<b>Rahu</b> 2:11PM – 3:42PM Bava Until 7:52AM	<b>Nataraja:</b> Orange Moon – White <b>Bhuloka Day</b> Phalguna*Panguni Devaloka Time: 3:PM to 6:PM

**Karadaiyan Nombu (Tamil Nadu)**

<b>5</b>	<b>Friday, March 15, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 333 Sobhana 5125
	Vrishabha Rasi: 6.49 Tithi 6 – 7	<b>Gulika</b> 8:08AM – 9:39AM <b>Krittika</b> Until 11:27AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:38AM
	Creative Work Siddha Yoga	127447578 Yama 3:42PM – 5:12PM Vishkambha* Until 3:12PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:43PM Moon 2 - Phase 46 - 19
	Until 11:27AM Then Routine Work - Marana Yoga	<b>Rahu</b> 11:10AM – 12:40PM Kaulava Until 6:12AM	<b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Phalguna*Panguni Devaloka Time: 3:PM to 6:PM

**Shashthi\* Until 5:38PM**

<b>6</b>	<b>Saturday, March 16, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 334 Sobhana 5125
	Vrishabha Rasi: 20.16 Tithi 7 – 8	<b>Gulika</b> 6:37AM – 8:08AM <b>Rohini</b> Until 11:33AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM
	Creative Work Amrita Yoga	137447578 Yama 2:11PM – 3:42PM Priti Until 1:35PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:43PM Moon 2 - Phase 46 - 20
	Until 11:33AM Then Creative Work - Siddha Yoga	<b>Rahu</b> 9:39AM – 11:09AM Visti Until 5:11AM Sun	<b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Phalguna*Panguni

**Saptami Until 5:07PM**

<b>D</b>	<b>Sunday, March 17, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 335 Sobhana 5125
	<b>Retreat Star</b>	<b>Gulika</b> 3:41PM – 5:12PM <b>Mrigashira</b> Until 12:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM
	Mithuna Rasi: 3.19 Tithi 8 – 9	Yama 12:40PM – 2:11PM Ayushman Until 12:33PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:43PM Moon 2 - Phase 46 - 21
	Creative Work Siddha Yoga	137447578 <b>Rahu</b> 5:12PM – 6:43PM Balava Until 5:48AM Mon	<b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Phalguna*Panguni

**Ashtami\* Until 5:23PM**

<b>D</b>	<b>Monday, March 18, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 336 Sobhana 5125
	<b>Retreat Star</b>	<b>Gulika</b> 2:10PM – 3:41PM <b>Ardra</b> Until 1:30PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM
	Mithuna Rasi: 16 Tithi 9	Yama 11:09AM – 12:39PM Saubhagya Until 12:05PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:43PM Moon 2 - Phase 46 - 22
	<b>Family Home Evening</b>	137447578 <b>Rahu</b> 8:07AM – 9:38AM Kaulava Until 6:20PM	<b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Phalguna*Panguni

**Navami\* Until 6:20PM**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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**1****Tuesday, March 19, 2024**Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dashamyam TitauPort Harcourt, Nigeria  
Sun 23 Sutra 337

Mithuna Rasi: 28.24 Tithi 10

**Gulika** 12:39PM – 2:10PM  
Yama 9:38AM – 11:08AM  
148447578 **Rahu** 3:41PM – 5:12PM**Punarvasu Until 3:39PM**  
Sobhana Until 12:06PM  
Taitila Until 7:04AM  
**Dashami Until 7:53PM****Ganesha:** Clear *Sunrise:* 6:36AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 - 23  
4th Phase**Devaloka Day**

Creative Work Siddha Yoga

**2****Wednesday, March 20, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Ekadashyam TitauPort Harcourt, Nigeria  
Sun 24 Sutra 338

Kataka Rasi: 10.35 Tithi 11

**Gulika** 11:08AM – 12:39PM  
Yama 8:06AM – 9:37AM  
148447578 **Rahu** 12:39PM – 2:10PM**Pushya Until 6:07PM**  
Athiganda\* Until 12:28PM  
Vanija Until 8:51AM  
**Ekadashi Until 9:53PM****Ganesha:** Clear *Sunrise:* 6:35AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 - 24  
4th Phase**Devaloka Day**

Creative Work Siddha Yoga

**3****Thursday, March 21, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 25 Sutra 339

Kataka Rasi: 22.35 Tithi 12

**Gulika** 9:37AM – 11:08AM  
Yama 6:35AM – 8:06AM  
148447578 **Rahu** 2:09PM – 3:40PM**Ashlesha\* Until 8:44PM**  
Sukarma Until 1:09PM  
Bava Until 11:02AM  
**Dvadashi Until 12:13AM Fri****Ganesha:** Clear *Sunrise:* 6:35AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Blue  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 - 25  
4th Phase**Devaloka Day**Creative Work Siddha Yoga  
Until 8:44PM  
Then Creative Work - Amrita Yoga**Yogaswami Mahasamadhi****4****Friday, March 22, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 26 Sutra 340

Simha Rasi: 4.29 Tithi 13

**Gulika** 8:06AM – 9:36AM  
Yama 3:40PM – 5:11PM  
158447578 **Rahu** 11:07AM – 12:38PM**Magha\* Until 11:54PM**  
Dhriti Until 2:02PM  
Kaulava Until 1:30PM  
**Trayodashi Until 2:46AM Sat****Ganesha:** Purple *Sunrise:* 6:35AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Red  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 - 26  
4th Phase**Sivaloka Day**Routine Work Marana Yoga  
Until 11:54PM  
Then Creative Work - Siddha Yoga*Pradosha Vrata***5****Saturday, March 23, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 27 Sutra 341

Simha Rasi: 16.19 Tithi 14

**Gulika** 6:34AM – 8:05AM  
Yama 2:09PM – 3:40PM  
158447578 **Rahu** 9:36AM – 11:07AM**Purvaphalguni Until 3:00AM Sun**  
Shula\* Until 3:00PM  
Gara Until 4:05PM  
**Chaturdashi\* Until 5:23AM Sun****Ganesha:** Purple *Sunrise:* 6:34AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Red  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 - 27  
4th Phase**Sivaloka Day**Creative Work Siddha Yoga  
Until 3:00AM Sun  
Then Creative Work - Amrita Yoga**Sunday, March 24, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Ganda\*/Vridhhi Yoga Visti\* Karana Purnimayam TitauPort Harcourt, Nigeria  
Sutra 342

Simha Rasi: 28.08 Tithi 15

**Gulika** 3:40PM – 5:11PM  
Yama 12:38PM – 2:09PM  
158447578 **Rahu** 5:11PM – 6:42PM**Uttaraphalguni Until 5:55AM Mon**  
Ganda\* Until 4:00PM  
Visti Until 6:43PM  
**Purnima\* Until 7:59AM Mon****Ganesha:** Purple *Sunrise:* 6:34AM  
**Muruga:** Clear *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Red  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 -  
Purnima**Sivaloka Day**Creative Work Amrita Yoga  
Until 5:55AM Mon  
Then Creative Work - Siddha Yoga**Panguni Uttiram**  
**Holi****Monday, March 25, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam TitauPort Harcourt, Nigeria  
Sutra 343

Kanya Rasi: 9.57 Tithi 15 – 16

**Gulika** 2:08PM – 3:39PM  
Yama 11:06AM – 12:37PM  
158447578 **Rahu** 8:04AM – 9:35AM**Hasta Until 9:02AM Tue**  
Vriddhi Until 4:57PM  
Balava Until 9:15PM  
**Purnima\* Until 7:59AM****Ganesha:** Purple *Sunrise:* 6:33AM  
**Muruga:** Clear *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Red  
Phalguna\*PanguniSobhana 5125  
Moon 2 - Phase 47 -  
Prathama**Sivaloka Day**

Creative Work Siddha Yoga



Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 344

Kanya Rasi: 21.49 Tithi 16 – 17

Gulika 12:37PM – 2:08PM  
Yama 9:35AM – 11:06AM  
Rahu 3:39PM – 5:10PM

Hasta Until 9:02AM  
Dhruva Until 5:45PM  
Taitila Until 11:35PM

Ganesha: Purple Sunrise: 6:33AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 1st Phase

Creative Work Siddha Yoga

Moon – Green  
Phalguna\*Panguni  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

1

Wednesday, March 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 345

Tula Rasi: 3.46 Tithi 17 – 18

Gulika 11:06AM – 12:37PM  
Yama 8:04AM – 9:35AM  
Rahu 12:37PM – 2:08PM

Chitra Until 11:45AM  
Vyaghata\* Until 6:22PM  
Vanija Until 1:38AM Thu  
Dvitiya Until 12:38PM

Ganesha: Purple Sunrise: 6:32AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 1st Phase

Creative Work Siddha Yoga

Moon – Green  
Phalguna\*Panguni  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

2

Thursday, March 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 346

Tula Rasi: 15.51 Tithi 18 – 19

Gulika 9:34AM – 11:05AM  
Yama 6:32AM – 8:03AM  
Rahu 2:08PM – 3:39PM

Svati Until 1:59PM  
Harshana Until 6:43PM  
Bava Until 3:17AM Fri  
Tritiya Until 2:29PM

Ganesha: Clear Sunrise: 6:32AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 2 1st Phase

Creative Work Amrita Yoga

Moon – Green  
Phalguna\*Panguni  
Devaloka Day

Until 1:59PM  
Then Creative Work - Siddha Yoga

3

Friday, March 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 347

Tula Rasi: 28.06 Tithi 19 – 20

Gulika 8:03AM – 9:34AM  
Yama 3:38PM – 5:10PM  
Rahu 11:05AM – 12:36PM

Vishakha Until 4:07PM  
Vajra\* Until 6:42PM  
Kaulava Until 4:27AM Sat  
Chaturthi\* Until 3:54PM

Ganesha: White Sunrise: 6:32AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 3 1st Phase

Creative Work Siddha Yoga

Moon – Orange  
Phalguna\*Panguni  
Sivaloka Day

4

Saturday, March 30, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 348

Vrischika Rasi: 10.33 Tithi 20 – 21

Gulika 6:31AM – 8:02AM  
Yama 2:07PM – 3:38PM  
Rahu 9:34AM – 11:05AM

Anuradha Until 5:36PM  
Siddhi Until 6:17PM  
Gara Until 5:03AM Sun  
Panchami Until 4:48PM

Ganesha: White Sunrise: 6:31AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 4 1st Phase

Creative Work Siddha Yoga

Moon – Orange  
Phalguna\*Panguni  
Sivaloka Day

5

Sunday, March 31, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha\* Nakshatra Vyyatipata\*/Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 349

Vrischika Rasi: 23.15 Tithi 21 – 22

Gulika 3:38PM – 5:09PM  
Yama 12:36PM – 2:07PM  
Rahu 5:09PM – 6:40PM

Jyeshtha\* Until 6:21PM  
Vyyatipata\* Until 5:26PM  
Visti Until 5:02AM Mon  
Shashthi\* Until 5:06PM

Ganesha: White Sunrise: 6:31AM  
Muruga: Clear Sunset: 6:40PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 5 1st Phase

Routine Work Marana Yoga

Moon – Orange  
Phalguna\*Panguni  
Sivaloka Day

Until 6:21PM  
Then Creative Work - Amrita Yoga

6

Monday, April 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Mula\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 350

Dhanus Rasi: 6.16 Tithi 22 – 23

Gulika 2:07PM – 3:38PM  
Yama 11:04AM – 12:36PM  
Rahu 8:02AM – 9:33AM

Mula\* Until 6:46PM  
Variyan Until 4:02PM  
Balava Until 4:21AM Tue  
Saptami Until 4:46PM

Ganesha: Yellow Sunrise: 6:31AM  
Muruga: Clear Sunset: 6:40PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 6 1st Phase

Creative Work Siddha Yoga

Moon – Light Blue  
Phalguna\*Panguni  
Devaloka Day

Until 6:46PM  
Then Routine Work - Marana Yoga

D

Tuesday, April 2, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 351

Dhanus Rasi: 19.37 Tithi 23 – 24

Gulika 12:35PM – 2:06PM  
Yama 9:33AM – 11:04AM  
Rahu 3:38PM – 5:09PM

Purvashadha\* Until 6:22PM  
Parigha\* Until 2:07PM  
Taitila Until 3:00AM Wed  
Ashtami\* Until 3:44PM

Ganesha: Yellow Sunrise: 6:30AM  
Muruga: Clear Sunset: 6:40PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 7 Ashtami

Creative Work Siddha Yoga

Moon – Light Blue  
Phalguna\*Panguni  
Devaloka Day

Until 6:22PM  
Then Routine Work - Prabalarishta Yoga

Wednesday, April 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria

Sun 8 Sutra 352

Makara Rasi: 3.22 Tithi 24 – 25

Gulika 11:04AM – 12:35PM  
Yama 8:01AM – 9:32AM  
Rahu 12:35PM – 2:06PM

Uttarashadha Until 5:12PM  
Shiva Until 11:42AM  
Vanija Until 1:01AM Thu  
Navami\* Until 2:04PM

Ganesha: Yellow Sunrise: 6:30AM  
Muruga: Clear Sunset: 6:40PM  
Nataraja: Clear

Sobhana 5125  
Moon 3 - Phase 48 - 8 Navami

Creative Work Amrita Yoga

Moon – Light Blue  
Phalguna\*Panguni  
Devaloka Day

Until 5:12PM  
Then Creative Work - Siddha Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

**1****Thursday, April 4, 2024**Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Dashami/Ekadashyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 353

Makara Rasi: 17.29 Tithi 25 - 26

**Gulika** 9:32AM - 11:03AM**Shravana Until 3:43PM****Ganesha:** Blue *Sunrise:* 6:30AM

Sobhana 5125

Yama 6:30AM - 8:01AM

Siddha Until 8:46AM

**Muruga:** Clear *Sunset:* 6:40PM

Moon 3 - Phase 49 - 9

191547578 **Rahu** 2:06PM - 3:37PM

Bava Until 10:29PM

**Nataraja:** Clear

2nd Phase

Creative Work Siddha Yoga

**Dashami Until 11:48AM**Moon - Purple  
Phalguna\*Panguni**Sivaloka Day****2****Friday, April 5, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 354

Kumbha Rasi: 1.59 Tithi 26 - 27

**Gulika** 8:00AM - 9:32AM**Dhanishtha Until 1:37PM****Ganesha:** Blue *Sunrise:* 6:29AM

Sobhana 5125

Yama 3:37PM - 5:08PM

Subha Until 1:44AM Sat

**Muruga:** Clear *Sunset:* 6:40PM

Moon 3 - Phase 49 - 10

191547578 **Rahu** 11:03AM - 12:34PM

Kaulava Until 7:29PM

**Nataraja:** Clear

2nd Phase

Creative Work Siddha Yoga

**Ekadashi\* Until 9:01AM**Moon - Purple  
Phalguna\*Panguni**Sivaloka Day****3****Saturday, April 6, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 355

Kumbha Rasi: 16.47 Tithi 28

**Gulika** 6:29AM - 8:00AM**Shatabhishak Until 11:00AM****Ganesha:** Blue *Sunrise:* 6:29AM

Sobhana 5125

Yama 2:05PM - 3:37PM

Sukla Until 9:47PM

**Muruga:** Clear *Sunset:* 6:39PM

Moon 3 - Phase 49 - 11

191547578 **Rahu** 9:31AM - 11:03AM

Gara Until 4:09PM

**Nataraja:** Clear

2nd Phase

Creative Work Amrita Yoga

**Trayodashi\* Until 2:24AM Sun**Moon - Purple  
Phalguna\*Panguni**Sivaloka Day**

Until 11:00AM

*Pradosha Vrata (Fasting)*

Then Routine Work - Marana Yoga

**4****Sunday, April 7, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti\*/Sakuni\* Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 356

Meena Rasi: 1.47 Tithi 29

**Gulika** 3:37PM - 5:08PM**Purvaproshtapada\* Until 8:27AM****Ganesha:** Red *Sunrise:* 6:28AM

Sobhana 5125

Yama 12:34PM - 2:05PM

Brahma Until 5:44PM

**Muruga:** Clear *Sunset:* 6:39PM

Moon 3 - Phase 49 - 12

111547578 **Rahu** 5:08PM - 6:39PM

Visti Until 12:38PM

**Nataraja:** Clear

2nd Phase

Creative Work Siddha Yoga

**Chaturdashi\* Until 10:51PM**Moon - Clear  
Phalguna\*Panguni**Devaloka Day**

Until 8:27AM

Then Creative Work - Amrita Yoga

**●****Monday, April 8, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Indra/Vaidhriti\* Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 357

Meena Rasi: 16.52 Tithi 30

**Gulika** 2:05PM - 3:36PM**Revati Until 2:52AM Tue****Ganesha:** Red *Sunrise:* 6:28AM

Sobhana 5125

Yama 11:02AM - 12:34PM

Indra Until 1:42PM

**Muruga:** Clear *Sunset:* 6:39PM

Moon 3 - Phase 49 - 13

**Family Home Evening**111547578 **Rahu** 7:59AM - 9:31AM

Catuspada Until 9:05AM

**Nataraja:** Clear

Amavasya

Creative Work Siddha Yoga

**Amavasya\* Until 7:20PM**Moon - Clear  
Phalguna\*Panguni**Devaloka Day****Tuesday, April 9, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Vaidhriti\*/Vishkamba\* Yoga Bava/Balava Karana Prathama/Dvitiyayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 358

Mesha Rasi: 1.51 Tithi 1 - 2

**Gulika** 12:33PM - 2:05PM**Ashvini Until 12:35AM Wed****Ganesha:** Yellow *Sunrise:* 6:28AM

Sobhana 5125

Yama 9:30AM - 11:02AM

Vaidhriti\* Until 9:45AM

**Muruga:** Clear *Sunset:* 6:39PM

Moon 3 - Phase 49 - 14

121547578 **Rahu** 3:36PM - 5:08PM

Balava Until 2:29AM Wed

**Nataraja:** Clear

Prathama

Creative Work Siddha Yoga

**Chellappaswami Mahasamadhi****Prathama\* Until 4:00PM**Moon - White  
Chaitra\*Panguni**Devaloka Day**

<b>1</b>	<b>Wednesday, April 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 359 Sobhana 5125
	Mesha Rasi: 16.38	Tithi 2 – 3	<b>Gulika</b> 11:02AM – 12:33PM	<b>Bharani Until 10:34PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
			Yama 7:59AM – 9:30AM	Vishkambha* Until 6:05AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 50 - 15
		121547578 <b>Rahu</b> 12:33PM – 2:04PM	Taitila Until 11:44PM	<b>Nataraja:</b> Clear		3rd Phase	
	Creative Work	Siddha Yoga		Dvitiya Until 1:02PM	Moon – White	<b>Devaloka Day</b>	
	Until 10:34PM				Chaitra*Panguni		
	Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Thursday, April 11, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Port Harcourt, Nigeria Sun 16 Sutra 360 Sobhana 5125
	Visshabha Rasi: 1.05	Tithi 3 – 4	<b>Gulika</b> 9:30AM – 11:01AM	<b>Krittika Until 8:58PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
			Yama 6:27AM – 7:58AM	Ayushman Until 11:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 50 - 16
		121547578 <b>Rahu</b> 2:04PM – 3:36PM	Vanija Until 9:34PM	<b>Nataraja:</b> Clear		3rd Phase	
	Routine Work	Marana Yoga		Tritiya Until 10:33AM	Moon – White	<b>Devaloka Day</b>	
					Chaitra*Panguni		

<b>3</b>	<b>Friday, April 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 361 Sobhana 5125
	Visshabha Rasi: 15.08	Tithi 4 – 5	<b>Gulika</b> 7:58AM – 9:29AM	<b>Rohini Until 8:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
			Yama 3:36PM – 5:07PM	Saubhagya Until 9:41PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 50 - 17
		131547578 <b>Rahu</b> 11:01AM – 12:32PM	Bava Until 8:04PM	<b>Nataraja:</b> Clear		3rd Phase	
	Routine Work	Marana Yoga		Chaturthi* Until 8:42AM	Moon – Yellow	<b>Sivaloka Day</b>	
	Until 8:20PM				Chaitra*Panguni		
	Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Saturday, April 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 362 Sobhana 5125
	Visshabha Rasi: 28.45	Tithi 5 – 6	<b>Gulika</b> 6:26AM – 7:58AM	<b>Mrigashira Until 8:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	
			Yama 2:04PM – 3:35PM	Sobhana Until 8:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 50 - 18
		132547578 <b>Rahu</b> 9:29AM – 11:01AM	Kaulava Until 7:20PM	<b>Nataraja:</b> Clear		3rd Phase	
	Creative Work	Siddha Yoga		Panchami Until 7:35AM	Moon – Yellow	<b>Devaloka Day</b>	
					Chaitra*Chaitra		

<b>5</b>	<b>Sunday, April 14, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 363 Krodhin 5126
	Mithuna Rasi: 11.55	Tithi 6 – 7	<b>Gulika</b> 3:35PM – 5:07PM	<b>Ardra Until 8:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
			Yama 12:32PM – 2:04PM	Athiganda* Until 7:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 50 - 19
		232547578 <b>Rahu</b> 5:07PM – 6:38PM	Gara Until 7:25PM	<b>Nataraja:</b> Clear		3rd Phase	
	Creative Work	Siddha Yoga		Shashthi* Until 7:16AM	Moon – Yellow	<b>Bhuloka Day</b>	
					Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
		Tamil New Year					

<b>D</b>	<b>Monday, April 15, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 364 Krodhin 5126
	<b>Retreat Star</b>		<b>Gulika</b> 2:03PM – 3:35PM	<b>Punarvasu Until 10:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
	Mithuna Rasi: 24.41	Tithi 7 – 8	Yama 11:00AM – 12:32PM	Sukarma Until 6:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 50 - 20
	<b>Family Home Evening</b>	242547578 <b>Rahu</b> 7:57AM – 9:28AM	Visti Until 8:16PM	<b>Nataraja:</b> Clear		Ashtami	
	Creative Work	Amrita Yoga		Saptami Until 7:44AM	Moon – Blue	<b>Devaloka Day</b>	
	Until 10:36PM				Chaitra*Chaitra		
	Then Creative Work - Siddha Yoga						

	<b>Tuesday, April 16, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 1 Krodhin 5126
	<b>Retreat Star</b>		<b>Gulika</b> 12:31PM – 2:03PM	<b>Pushya Until 12:45AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
	Kataka Rasi: 7.08	Tithi 8 – 9	Yama 9:28AM – 11:00AM	Dhriti Until 6:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 50 - 21
		242547578 <b>Rahu</b> 3:35PM – 5:06PM	Balava Until 9:47PM	<b>Nataraja:</b> Clear		Navami	
	Creative Work	Siddha Yoga		Ashtami* Until 8:56AM	Moon – Blue	<b>Devaloka Day</b>	
					Chaitra*Chaitra		
		Sri Rama Navami					

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 1/18/22

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<b>1</b>	<b>Wednesday, April 17, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara/Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 2
	Kataka Rasi: 19.18 Tithi 9 – 10	<b>Gulika</b> 11:00AM – 12:31PM Yama 7:56AM – 9:28AM 242547578 <b>Rahu</b> 12:31PM – 2:03PM	<b>Ashlesha* Until 3:15AM Thu</b> Shula* Until 7:18PM Taitila Until 11:51PM <b>Navami* Until 10:45AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - 22 4th Phase
Creative Work Siddha Yoga Until 3:15AM Thu Then Creative Work - Amrita Yoga						


<b>2</b>	<b>Thursday, April 18, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 3
	Simha Rasi: 1.16 Tithi 10 – 11	<b>Gulika</b> 9:28AM – 10:59AM Yama 6:24AM – 7:56AM 252547578 <b>Rahu</b> 2:03PM – 3:34PM	<b>Magha* Until 6:24AM Fri</b> Ganda* Until 8:10PM Vanija Until 2:17AM Fri <b>Dashami Until 1:01PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Red	<b>Bhuloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - 23 4th Phase
Creative Work Amrita Yoga Until 6:24AM Fri Then Creative Work - Siddha Yoga						<b>Devaloka Time: 3:PM to 6:PM</b>


<b>3</b>	<b>Friday, April 19, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 4
	Simha Rasi: 13.08 Tithi 11 – 12	<b>Gulika</b> 7:56AM – 9:27AM Yama 3:34PM – 5:06PM 252557578 <b>Rahu</b> 10:59AM – 12:31PM	<b>Magha* Until 6:24AM</b> Vriddhi Until 9:12PM Bava Until 4:53AM Sat <b>Ekadashi Until 3:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - 24 4th Phase
Routine Work Marana Yoga Until 6:24AM Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Saturday, April 20, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 5
	Simha Rasi: 24.56 Tithi 12	<b>Gulika</b> 6:24AM – 7:55AM Yama 2:02PM – 3:34PM 252557578 <b>Rahu</b> 9:27AM – 10:59AM	<b>Purvaphalguni Until 9:31AM</b> Dhruva Until 10:14PM Balava Until 6:10PM <b>Dvadashi Until 6:10PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - 25 4th Phase
Creative Work Siddha Yoga Until 9:31AM Then Routine Work - Marana Yoga						

<b>5</b>	<b>Sunday, April 21, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 6
	Kanya Rasi: 6.44 Tithi 13	<b>Gulika</b> 3:34PM – 5:06PM Yama 12:30PM – 2:02PM 252557578 <b>Rahu</b> 5:06PM – 6:38PM	<b>Uttaraphalguni Until 12:26PM</b> Vyaghata* Until 11:11PM Kaulava Until 7:28AM <b>Trayodashi Until 8:41PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - 26 4th Phase
Creative Work Amrita Yoga						
<i>Pradosha Vrata</i>						

<b>6</b>	<b>Monday, April 22, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 7
	Kanya Rasi: 18.36 Tithi 14	<b>Gulika</b> 2:02PM – 3:34PM Yama 10:58AM – 12:30PM 262657578 <b>Rahu</b> 7:55AM – 9:27AM	<b>Hasta Until 3:29PM</b> Harshana Until 11:58PM Gara Until 9:53AM <b>Chaturdashi* Until 10:57PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Green	<b>Subha Sivaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - 27 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 3:29PM Then Routine Work - Prabalarishta Yoga						

	<b>Tuesday, April 23, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sutra 8
	Tula Rasi: 0.35 Tithi 15	<b>Gulika</b> 12:30PM – 2:02PM Yama 9:26AM – 10:58AM 262657578 <b>Rahu</b> 3:34PM – 5:06PM	<b>Chitra Until 6:02PM</b> Vajra* Until 12:26AM Wed Visti Until 11:58AM <b>Purnima* Until 12:51AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Green	<b>Subha Sivaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - Purnima
Creative Work Siddha Yoga		<b>Chitra Purnima (Tamil Nadu) Hanuman Jayanti</b>				

	<b>Wednesday, April 24, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sutra 9
	Tula Rasi: 12.43 Tithi 16	<b>Gulika</b> 10:58AM – 12:30PM Yama 7:54AM – 9:26AM 262657579 <b>Rahu</b> 12:30PM – 2:02PM	<b>Svati Until 8:02PM</b> Siddhi Until 12:35AM Thu Balava Until 1:40PM <b>Prathama* Until 2:19AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Purple Moon – Green	<b>Subha Subha Sivaloka Day</b>	Krodhin 5126 Moon 3 - Phase 1 - Prathama
Creative Work Siddha Yoga						