



Sunday, May 7, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sutra 20

Sobhana 5125

Vrischika Rasi: 9.48 Tithi 17 – 18

Gulika 3:32PM – 5:16PM

Anuradha Until 5:50PM

Ganesha: White Sunrise: 5:09AM

272996579 Yama 12:04PM – 1:48PM

Parigha* Until 12:20AM Mon

Muruga: Clear Sunset: 7:00PM

Moon 5 - Phase 4 -

Routine Work Marana Yoga

Rahu 5:16PM – 7:00PM

Taitila Until 6:39AM

Nataraja: Purple

1st Phase

Dvitiya Until 5:45PM

Moon – Orange
Vaisaka*Chaitra

Devaloka Day

1

Monday, May 8, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Mosul, Iraq

Sutra 21

Sobhana 5125

Vrischika Rasi: 23.45 Tithi 18 – 19

Gulika 1:48PM – 3:33PM

Jyeshtha* Until 4:29PM

Ganesha: Blue Sunrise: 5:08AM

272196579 Yama 10:20AM – 12:04PM

Shiva Until 9:36PM

Muruga: Clear Sunset: 7:01PM

Moon 5 - Phase 4 - 1

Family Home Evening

Rahu 6:52AM – 8:36AM

Bava Until 2:44AM Tue

Nataraja: Purple

1st Phase

Tritiya Until 3:47PM

Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Creative Work Siddha Yoga

2

Tuesday, May 9, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sutra 22

Sobhana 5125

Dhanus Rasi: 7.52 Tithi 19 – 20

Gulika 12:04PM – 1:49PM

Mula* Until 3:12PM

Ganesha: Red Sunrise: 5:07AM

282196579 Yama 8:36AM – 10:20AM

Siddha Until 6:42PM

Muruga: Clear Sunset: 7:02PM

Moon 5 - Phase 4 - 2

Creative Work Amrita Yoga

Rahu 3:33PM – 5:17PM

Kaulava Until 12:29AM Wed

Nataraja: Purple

1st Phase

Chaturthi* Until 1:37PM

Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Until 3:12PM

Then Creative Work - Siddha Yoga

3

Wednesday, May 10, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq

Sutra 23

Sobhana 5125

Dhanus Rasi: 22.06 Tithi 20 – 21

Gulika 10:20AM – 12:04PM

Purvashadha* Until 1:40PM

Ganesha: Blue Sunrise: 5:06AM

283196579 Yama 6:51AM – 8:35AM

Sadhya Until 3:44PM

Muruga: Clear Sunset: 7:02PM

Moon 5 - Phase 4 - 3

Creative Work Amrita Yoga

Rahu 12:04PM – 1:49PM

Gara Until 10:10PM

Nataraja: Purple

1st Phase

Panchami Until 11:19AM

Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

4

Thursday, May 11, 2023

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq

Sutra 24

Sobhana 5125

Makara Rasi: 6.22 Tithi 21 – 22

Gulika 8:35AM – 10:20AM

Uttarashadha Until 11:58AM

Ganesha: Blue Sunrise: 5:05AM

283196579 Yama 5:05AM – 6:50AM

Subha Until 12:46PM

Muruga: Clear Sunset: 7:03PM

Moon 5 - Phase 4 - 4

Routine Work Marana Yoga

Rahu 1:49PM – 3:34PM

Visti Until 7:50PM

Nataraja: Purple

1st Phase

Shashthi* Until 8:59AM

Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Until 11:58AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

D

Friday, May 12, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Mosul, Iraq

Sutra 25

Sobhana 5125

Makara Rasi: 20.36 Tithi 22 – 23

Gulika 8:49AM – 10:34AM

Shravana Until 10:35AM

Ganesha: Red Sunrise: 5:04AM

293196579 Yama 3:34PM – 5:19PM

Sukla Until 9:48AM

Muruga: Clear Sunset: 7:04PM

Moon 5 - Phase 4 - 5

Routine Work Marana Yoga

Rahu 10:19AM – 12:04PM

Kaulava Until 4:26AM Sat

Nataraja: Purple

Ashtami

Saptami Until 6:40AM

Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Until 10:35AM

Then Creative Work - Siddha Yoga

Saturday, May 13, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq

Sutra 26

Sobhana 5125

Kumbha Rasi: 4.47 Tithi 24

Gulika 5:04AM – 6:49AM

Dhanishtha Until 9:09AM

Ganesha: Red Sunrise: 5:04AM

293196579 Yama 1:49PM – 3:35PM

Brahma Until 6:55AM

Muruga: Clear Sunset: 7:05PM

Moon 5 - Phase 4 - 6

Creative Work Siddha Yoga

Rahu 8:34AM – 10:19AM

Taitila Until 3:23PM

Nataraja: Purple

Navami

Navami* Until 2:20AM Sun

Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Until 9:09AM

Then Creative Work - Amrita Yoga

1 Sunday, May 14, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau

Mosul, Iraq
Sun 7 Sutra 27
Sobhana 5125

Kumbha Rasi: 18.54 Tithi 25

Gulika 3:35PM – 5:20PM
Yama 12:04PM – 1:50PM
293196579 **Rahu** 5:20PM – 7:06PM

Shatabhishak Until 7:43AM
Vaidhriti* Until 1:31AM Mon
Vanija Until 1:21PM

Ganesha: Red *Sunrise:* 5:03AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Moon 5 - Phase 5 - 7
2nd Phase

Sivaloka Day

Mother's Day

Dashami Until 12:23AM Mon

Vaisaka*Chaitra

2 Monday, May 15, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau

Mosul, Iraq
Sun 8 Sutra 28
Sobhana 5125

Meena Rasi: 2.54 Tithi 26

Gulika 1:50PM – 3:35PM
Yama 10:19AM – 12:04PM
213196579 **Rahu** 6:47AM – 8:33AM

Purvaproshtapada* Until 6:43AM
Vishkambha* Until 11:03PM
Bava Until 11:31AM
Ekadashi* Until 10:39PM

Ganesha: Clear *Sunrise:* 5:02AM
Muruga: Clear *Sunset:* 7:07PM
Nataraja: Purple
Moon – Clear
Vaisaka*Vaikasi

Moon 5 - Phase 5 - 8
2nd Phase

Sivaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 6:43AM
Then Creative Work - Siddha Yoga

3 Tuesday, May 16, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau

Mosul, Iraq
Sun 9 Sutra 29
Sobhana 5125

Meena Rasi: 16.46 Tithi 27

Gulika 12:04PM – 1:50PM
Yama 8:33AM – 10:18AM
213196579 **Rahu** 3:36PM – 5:22PM

Revati Until 5:02AM Wed
Priti Until 8:48PM
Kaulava Until 9:54AM
Dvadashi* Until 9:10PM

Ganesha: Clear *Sunrise:* 5:01AM
Muruga: Clear *Sunset:* 7:07PM
Nataraja: Purple
Moon – Clear
Vaisaka*Vaikasi

Moon 5 - Phase 5 - 9
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:02AM Wed
Then Routine Work - Marana Yoga

4 Wednesday, May 17, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau

Mosul, Iraq
Sun 10 Sutra 30
Sobhana 5125

Mesha Rasi: 0.28 Tithi 28

Gulika 10:18AM – 12:04PM
Yama 6:46AM – 8:32AM
223196579 **Rahu** 12:04PM – 1:50PM

Ashvini Until 4:52AM Thu
Ayushman Until 6:47PM
Gara Until 8:34AM
Trayodashi* Until 8:00PM

Ganesha: Orange *Sunrise:* 5:00AM
Muruga: Clear *Sunset:* 7:08PM
Nataraja: Purple
Moon – White
Vaisaka*Vaikasi

Moon 5 - Phase 5 - 10
2nd Phase

Sivaloka Day

Routine Work Marana Yoga
Until 4:52AM Thu
Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

5 Thursday, May 18, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Mosul, Iraq
Sun 11 Sutra 31
Sobhana 5125

Mesha Rasi: 13.57 Tithi 29

Gulika 8:32AM – 10:18AM
Yama 5:00AM – 6:46AM
223196579 **Rahu** 1:50PM – 3:37PM

Bharani Until 4:58AM Fri
Saubhagya Until 5:05PM
Visti Until 7:35AM
Chaturdashi* Until 7:13PM

Ganesha: Orange *Sunrise:* 5:00AM
Muruga: Clear *Sunset:* 7:09PM
Nataraja: Purple
Moon – White
Vaisaka*Vaikasi

Moon 5 - Phase 5 - 11
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga

Friday, May 19, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Mosul, Iraq
Sun 12 Sutra 32
Sobhana 5125

Mesha Rasi: 27.13 Tithi 30

Gulika 6:45AM – 8:32AM
Yama 3:37PM – 5:23PM
223196579 **Rahu** 10:18AM – 12:04PM

Krittika Until 5:22AM Sat
Sobhana Until 3:45PM
Catuspada Until 7:00AM
Amavasya* Until 6:52PM

Ganesha: Orange *Sunrise:* 4:59AM
Muruga: Clear *Sunset:* 7:10PM
Nataraja: Purple
Moon – White
Vaisaka*Vaikasi

Moon 5 - Phase 5 - 12
Amavasya

Sivaloka Day

Creative Work Siddha Yoga
Until 5:22AM Sat
Then Creative Work - Amrita Yoga

Saturday, May 20, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau

Mosul, Iraq
Sun 13 Sutra 33
Sobhana 5125

Vrishabha Rasi: 10.14 Tithi 1

Gulika 4:58AM – 6:45AM
Yama 1:51PM – 3:37PM
233196579 **Rahu** 8:31AM – 10:18AM

Rohini Until 6:35AM Sun
Athiganda* Until 2:46PM
Kintughna Until 6:54AM
Prathama* Until 7:01PM

Ganesha: Clear *Sunrise:* 4:58AM
Muruga: Clear *Sunset:* 7:11PM
Nataraja: Purple
Moon – Yellow
Jyeshtha*Vaikasi

Moon 5 - Phase 5 - 13
Prathama

Sivaloka Day

Creative Work Amrita Yoga
Until 6:35AM Sun
Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

www.gurudeva.org/panchang

1	Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq
	Vrishabha Rasi: 23.01	Tithi 2	Gulika 3:38PM – 5:25PM	Rohini Until 6:35AM	Ganesh: Clear	Sunrise: 4:57AM	Sutra 34
	233196579	Yama 12:04PM – 1:51PM	Yama 12:04PM – 1:51PM	Sukarma Until 2:13PM	Muruga: Clear	Sunset: 7:11PM	Sobhana 5125
Creative Work	Siddha Yoga	Rahu 5:25PM – 7:11PM	Balava Until 7:19AM	Nataraja: Purple	Moon – Yellow	Moon 5 - Phase 6 - 14	
			Dvitiya Until 7:42PM	Jyeshtha*Vaikasi		3rd Phase	
					Sivaloka Day		

2	Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq
	Mithuna Rasi: 5.33	Tithi 3	Gulika 1:51PM – 3:38PM	Mrigashira Until 8:08AM	Ganesh: Clear	Sunrise: 4:57AM	Sutra 35
	233196579	Yama 10:18AM – 12:04PM	Yama 10:18AM – 12:04PM	Dhriti Until 2:05PM	Muruga: Clear	Sunset: 7:12PM	Sobhana 5125
Family Home Evening		Rahu 6:44AM – 8:31AM	Taitila Until 8:14AM	Nataraja: Purple	Moon – Yellow	Moon 5 - Phase 6 - 15	
Creative Work	Amrita Yoga		Tritiya Until 8:52PM	Jyeshtha*Vaikasi		3rd Phase	
Until 8:08AM					Sivaloka Day		
Then Creative Work - Siddha Yoga							

3	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Mosul, Iraq
	Mithuna Rasi: 17.52	Tithi 4	Gulika 12:05PM – 1:52PM	Ardra Until 10:01AM	Ganesh: Clear	Sunrise: 4:56AM	Sutra 36
	233196579	Yama 8:30AM – 10:17AM	Yama 8:30AM – 10:17AM	Shula* Until 2:18PM	Muruga: Clear	Sunset: 7:13PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 3:39PM – 5:26PM	Vanija Until 9:40AM	Nataraja: Purple	Moon – Yellow	Moon 5 - Phase 6 - 16	
Until 10:01AM			Chaturthi* Until 10:31PM	Jyeshtha*Vaikasi		3rd Phase	
Then Creative Work - Siddha Yoga					Sivaloka Day		

4	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq
	Mithuna Rasi: 30	Tithi 5	Gulika 10:17AM – 12:05PM	Punarvasu Until 12:37PM	Ganesh: Purple	Sunrise: 4:56AM	Sutra 37
	243196579	Yama 6:43AM – 8:30AM	Yama 6:43AM – 8:30AM	Ganda* Until 2:50PM	Muruga: Clear	Sunset: 7:14PM	Sobhana 5125
Creative Work	Siddha Yoga	Rahu 12:05PM – 1:52PM	Bava Until 11:30AM	Nataraja: Purple	Moon – Blue	Moon 5 - Phase 6 - 17	
			Panchami Until 12:32AM Thu	Jyeshtha*Vaikasi		3rd Phase	
					Subha Sivaloka Day		

5	Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq
	Kataka Rasi: 12	Tithi 6	Gulika 8:30AM – 10:17AM	Pushya Until 3:22PM	Ganesh: Clear	Sunrise: 4:55AM	Sutra 38
	244196579	Yama 4:55AM – 6:42AM	Yama 4:55AM – 6:42AM	Vridhhi Until 3:37PM	Muruga: Clear	Sunset: 7:14PM	Sobhana 5125
Creative Work	Amrita Yoga	Rahu 1:52PM – 3:40PM	Kaulava Until 1:40PM	Nataraja: Purple	Moon – Blue	Moon 5 - Phase 6 - 18	
Until 3:22PM			Shashthi* Until 2:48AM Fri	Jyeshtha*Vaikasi		3rd Phase	
Then Creative Work - Siddha Yoga					Sivaloka Day		

6	Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq
	Kataka Rasi: 23.55	Tithi 7	Gulika 6:42AM – 8:30AM	Ashlesha* Until 6:05PM	Ganesh: White	Sunrise: 4:55AM	Sutra 39
	344196579	Yama 3:40PM – 5:28PM	Yama 3:40PM – 5:28PM	Dhruva Until 4:29PM	Muruga: Clear	Sunset: 7:15PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 10:17AM – 12:05PM	Gara Until 3:59PM	Nataraja: Purple	Moon – Blue	Moon 5 - Phase 6 - 19	
			Saptami Until 5:08AM Sat	Jyeshtha*Vaikasi		3rd Phase	
					Devaloka Day		

D	Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Ashtamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 4:54AM – 6:42AM	Magha* Until 9:07PM	Ganesh: Clear	Sunrise: 4:54AM	Sutra 40
	Simha Rasi: 5.49	Tithi 8	Yama 1:53PM – 3:40PM	Vyaghata* Until 5:21PM	Muruga: Clear	Sunset: 7:16PM	Sobhana 5125
354196579		Rahu 8:29AM – 10:17AM	Visti Until 6:18PM	Nataraja: Purple	Moon – Red	Moon 5 - Phase 6 - 20	
Creative Work	Amrita Yoga		Ashtami* Until 7:21AM Sun	Jyeshtha*Vaikasi		Ashtami	
Until 9:07PM					Sivaloka Day		
Then Creative Work - Siddha Yoga							

D	Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 3:41PM – 5:29PM	Purvaphalguni Until 11:44PM	Ganesh: Clear	Sunrise: 4:54AM	Sutra 41
	Simha Rasi: 17.45	Tithi 8 – 9	Yama 12:05PM – 1:53PM	Harshana Until 6:04PM	Muruga: Clear	Sunset: 7:16PM	Sobhana 5125
354196579		Rahu 5:29PM – 7:16PM	Balava Until 8:22PM	Nataraja: Purple	Moon – Red	Moon 5 - Phase 6 - 21	
Creative Work	Siddha Yoga		Ashtami* Until 7:21AM	Jyeshtha*Vaikasi		Navami	
Until 11:44PM					Sivaloka Day		
Then Creative Work - Amrita Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq
	Simha Rasi: 29.49	Tithi 9 – 10	Gulika	1:53PM – 3:41PM	Uttaraphalguni Until 1:45AM Tue	Sun 22 Sutra 42
	Family Home Evening	354196579	Rahu	6:41AM – 8:29AM	Vajra* Until 6:26PM	Sobhana 5125
	Creative Work Siddha Yoga				Taitila Until 10:01PM	Moon 5 - Phase 7 - 22 4th Phase

Ganesha: Clear *Sunrise:* 4:53AM

Muruga: Clear *Sunset:* 7:17PM

Nataraja: Purple

Moon – Red

Jyeshtha*Vaikasi

Sivaloka Day

2	Tuesday, May 30, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Kanya Rasi: 12.06	Tithi 10 – 11	Gulika	12:05PM – 1:53PM	Hasta Until 3:29AM Wed	Sun 23 Sutra 43
	364196579	Rahu	3:42PM – 5:30PM	Siddhi Until 6:22PM	Vanija Until 11:03PM	Sobhana 5125
	Creative Work Siddha Yoga				Dashami Until 10:36AM	Moon 5 - Phase 7 - 23 4th Phase

Ganesha: Purple *Sunrise:* 4:53AM

Muruga: Clear *Sunset:* 7:18PM

Nataraja: Purple

Moon – Green

Jyeshtha*Vaikasi

Devaloka Day

3	Wednesday, May 31, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Kanya Rasi: 24.4	Tithi 11 – 12	Gulika	10:17AM – 12:05PM	Chitra Until 4:19AM Thu	Sun 24 Sutra 44
	364196579	Rahu	12:05PM – 1:54PM	Vyatipata* Until 5:45PM	Bava Until 11:21PM	Sobhana 5125
	Creative Work Siddha Yoga				Ekadashi Until 11:16AM	Moon 5 - Phase 7 - 24 4th Phase

Ganesha: Purple *Sunrise:* 4:52AM

Muruga: Clear *Sunset:* 7:19PM

Nataraja: Purple

Moon – Green

Jyeshtha*Vaikasi

Devaloka Day

4	Thursday, June 1, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Tula Rasi: 7.34	Tithi 12 – 13	Gulika	8:29AM – 10:17AM	Svati Until 4:15AM Fri	Sun 25 Sutra 45
	364196579	Rahu	1:54PM – 3:42PM	Varyan Until 4:30PM	Kaulava Until 10:53PM	Sobhana 5125
	Creative Work Amrita Yoga				Dvadashi Until 11:11AM	Moon 5 - Phase 7 - 25 4th Phase

Pradosha Vrata

Ganesha: Purple *Sunrise:* 4:52AM

Muruga: Clear *Sunset:* 7:19PM

Nataraja: Purple

Moon – Green

Jyeshtha*Vaikasi

Devaloka Day

5	Friday, June 2, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Tula Rasi: 20.53	Tithi 13 – 14	Gulika	6:40AM – 8:29AM	Vishakha Until 3:47AM Sat	Sun 26 Sutra 46
	374296579	Rahu	10:17AM – 12:06PM	Parigha* Until 2:40PM	Gara Until 9:41PM	Sobhana 5125
	Creative Work Siddha Yoga				Trayodashi Until 10:21AM	Moon 5 - Phase 7 - 26 4th Phase

Vaikasi Visakam

Ganesha: White *Sunrise:* 4:52AM


Muruga: Clear *Sunset:* 7:20PM

Nataraja: Purple

Moon – Orange

Jyeshtha*Vaikasi

Subha Sivaloka Day

	Saturday, June 3, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq
	Copper Retreat Star	Vrischika Rasi: 5	Tithi 14 – 15	Gulika	4:51AM – 6:40AM	Anuradha Until 2:34AM Sun
	374296579	Rahu	8:29AM – 10:17AM	Shiva Until 12:19PM	Visti Until 7:51PM	Sun 27 Sutra 47
	Creative Work Siddha Yoga				Chaturdashi* Until 8:49AM	Sobhana 5125

Until 2:34AM Sun

Then Routine Work - Marana Yoga

Ganesha: White *Sunrise:* 4:51AM


Muruga: Clear *Sunset:* 7:20PM

Nataraja: Purple

Moon – Orange

Jyeshtha*Vaikasi

Subha Sivaloka Day

	Sunday, June 4, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Mosul, Iraq
	Silver Retreat Star	Vrischika Rasi: 18.41	Tithi 15 – 16	Gulika	3:44PM – 5:32PM	Jyeshtha* Until 12:45AM Mon
	374296579	Rahu	5:32PM – 7:21PM	Siddha Until 9:28AM	Kaulava Until 4:10AM Mon	Sun 28 Sutra 48
	Routine Work Marana Yoga				Purnima* Until 6:43AM	Sobhana 5125

Until 12:45AM Mon

Then Creative Work - Siddha Yoga

Ganesha: White *Sunrise:* 4:51AM

Muruga: Clear *Sunset:* 7:21PM

Nataraja: Purple

Moon – Orange

Jyeshtha*Vaikasi

Subha Sivaloka Day



Monday, June 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq

Sutra 49

Sobhana 5125

Dhanus Rasi: 3.05 Tithi 17

Family Home Evening

385296571

Gulika

1:55PM – 3:44PM

Yama

10:17AM – 12:06PM

Rahu

6:40AM – 8:28AM

Mula* Until 10:53PM

Sadhya Until 6:18AM

Taitila Until 2:48PM

Dvitiya Until 1:20AM Tue

Ganesha: Yellow

Sunrise: 4:51AM

Muruga: Clear

Sunset: 7:22PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi

Sivaloka Day

Until 10:53PM

Then Routine Work - Marana Yoga

1

Tuesday, June 6, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq

Sutra 50

Sobhana 5125

Dhanus Rasi: 17.4 Tithi 18

Creative Work Siddha Yoga

Until 8:44PM

Then Routine Work - Prabalarishta Yoga

385296571

Gulika

12:06PM – 1:55PM

Yama

8:28AM – 10:17AM

Rahu

3:44PM – 5:33PM

Purvashadha* Until 8:44PM

Sukla Until 11:24PM

Vanija Until 11:53AM

Tritiya Until 10:22PM

Ganesha: White

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:22PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi

Devaloka Day

2

Wednesday, June 7, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Mosul, Iraq

Sutra 51

Sobhana 5125

Makara Rasi: 2.19 Tithi 19

Creative Work Amrita Yoga

Until 6:26PM

Then Creative Work - Siddha Yoga

385296571

Gulika

10:17AM – 12:07PM

Yama

6:39AM – 8:28AM

Rahu

12:07PM – 1:56PM

Uttarashadha Until 6:26PM

Brahma Until 7:54PM

Bava Until 8:53AM

Chaturthi* Until 7:23PM

Ganesha: White

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:23PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi

Devaloka Day

3

Thursday, June 8, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq

Sutra 52

Sobhana 5125

Makara Rasi: 16.57 Tithi 20 – 21

Creative Work Siddha Yoga

395296571

Gulika

8:28AM – 10:18AM

Yama

4:50AM – 6:39AM

Rahu

1:56PM – 3:45PM

Shravana Until 4:31PM

Indra Until 4:31PM

Gara Until 3:13AM Fri

Panchami Until 4:32PM

Ganesha: Yellow

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:23PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi

Sivaloka Day

4

Friday, June 9, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq

Sutra 53

Sobhana 5125

Kumbha Rasi: 1.26 Tithi 21 – 22

Creative Work Siddha Yoga

395296571

Gulika

6:39AM – 8:28AM

Yama

3:45PM – 5:35PM

Rahu

10:18AM – 12:07PM

Dhanishtha Until 2:42PM

Vaidhriti* Until 1:18PM

Visti Until 12:44AM Sat

Shashthi* Until 1:55PM

Ganesha: Yellow

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi

Sivaloka Day

D

Saturday, June 10, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq

Sutra 54

Sobhana 5125

Kumbha Rasi: 15.44 Tithi 22 – 23

Creative Work Amrita Yoga

Until 1:04PM

Then Routine Work - Marana Yoga

395296571

Gulika

4:50AM – 6:39AM

Yama

1:56PM – 3:46PM

Rahu

8:28AM – 10:18AM

Shatabhishak Until 1:04PM

Vishkambha* Until 10:21AM

Balava Until 10:37PM

Saptami Until 11:36AM

Ganesha: Yellow

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi

Sivaloka Day

Sunday, June 11, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq

Sutra 55

Sobhana 5125

Kumbha Rasi: 29.48 Tithi 23 – 24

Creative Work Siddha Yoga

Until 12:05PM

Then Creative Work - Amrita Yoga

315296571

Gulika

3:46PM – 5:35PM

Yama

12:07PM – 1:57PM

Rahu

5:35PM – 7:25PM

Purvaproshtapada* Until 12:05PM

Priti Until 7:44AM

Taitila Until 8:53PM

Ashtami* Until 9:40AM

Ganesha: Clear

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:25PM

Nataraja: Blue

Moon – Clear

Jyeshtha*Vaikasi

Sivaloka Day


1	Monday, June 12, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq
	Meena Rasi: 14	Tithi 24 – 25	Gulika	1:57PM – 3:46PM	Uttaraprosarthpada Until 11:22AM	Sun 7 Sutra 56
	Family Home Evening	315296571	Rahu	6:39AM – 8:29AM	Saubhagya Until 3:26AM Tue	Sobhana 5125
	Creative Work	Siddha Yoga			Vanija Until 7:33PM	Moon 6 - Phase 9 - 7 2nd Phase
				Navami* Until 8:09AM	Ganeshha: Clear Sunrise: 4:50AM	Sivaloka Day
					Muruga: Clear Sunset: 7:25PM	
					Nataraja: Blue	
					Moon – Clear	
					Jyeshtha*Vaikasi	

2	Tuesday, June 13, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Meena Rasi: 27.1	Tithi 25 – 26	Gulika	12:08PM – 1:57PM	Revati Until 10:55AM	Sun 8 Sutra 57
	Family Home Evening	315296571	Rahu	3:47PM – 5:36PM	Sobhana Until 1:49AM Wed	Sobhana 5125
	Creative Work	Siddha Yoga			Bava Until 6:39PM	Moon 6 - Phase 9 - 8 2nd Phase
				Dashami Until 7:02AM	Ganeshha: Clear Sunrise: 4:50AM	Sivaloka Day
					Muruga: Clear Sunset: 7:26PM	
					Nataraja: Blue	
					Moon – Clear	
					Jyeshtha*Vaikasi	

3	Wednesday, June 14, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Mesha Rasi: 10.29	Tithi 26 – 27	Gulika	10:18AM – 12:08PM	Ashvini Until 11:10AM	Sun 9 Sutra 58
	Family Home Evening	325296571	Rahu	12:08PM – 1:57PM	Athiganda* Until 12:30AM Thu	Sobhana 5125
	Routine Work	Marana Yoga			Kaulava Until 6:10PM	Moon 6 - Phase 9 - 9 2nd Phase
				Ekadashi* Until 6:20AM	Ganeshha: White Sunrise: 4:50AM	Devaloka Day
					Muruga: Clear Sunset: 7:26PM	
					Nataraja: Blue	
					Moon – White	
					Jyeshtha*Vaikasi	

4	Thursday, June 15, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Mesha Rasi: 23.35	Tithi 27 – 28	Gulika	8:29AM – 10:18AM	Bharani Until 11:41AM	Sun 10 Sutra 59
	Family Home Evening	326296571	Rahu	1:58PM – 3:47PM	Sukarma Until 11:31PM	Sobhana 5125
	Creative Work	Siddha Yoga			Gara Until 6:05PM	Moon 6 - Phase 9 - 10 2nd Phase
				Dvadashi* Until 6:03AM	Ganeshha: Yellow Sunrise: 4:50AM	Sivaloka Day
					Muruga: Clear Sunset: 7:26PM	
					Nataraja: Blue	
					Moon – White	
					Jyeshtha*Ani	
					<i>Pradosha Vrata (Fasting)</i>	

5	Friday, June 16, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Vrishabha Rasi: 6.28	Tithi 28 – 29	Gulika	6:39AM – 8:29AM	Krittika Until 12:27PM	Sun 11 Sutra 60
	Family Home Evening	326296571	Rahu	10:19AM – 12:08PM	Dhriti Until 10:52PM	Sobhana 5125
	Creative Work	Siddha Yoga			Visti Until 6:24PM	Moon 6 - Phase 9 - 11 2nd Phase
				Trayodashi* Until 6:10AM	Ganeshha: Yellow Sunrise: 4:50AM	Sivaloka Day
					Muruga: Clear Sunset: 7:27PM	
					Nataraja: Blue	
					Moon – White	
					Jyeshtha*Ani	

	Saturday, June 17, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
	Retreat Star	Vrishabha Rasi: 19.11	Tithi 29 – 30	Gulika	4:50AM – 6:40AM	Sun 12 Sutra 61
	Family Home Evening	336296571	Rahu	8:29AM – 10:19AM	Shula* Until 10:31PM	Sobhana 5125
	Creative Work	Amrita Yoga			Catuspada Until 7:08PM	Moon 6 - Phase 9 - 12 Amavasya
				Chaturdashi* Until 6:42AM	Ganeshha: Red Sunrise: 4:50AM	Sivaloka Day
					Muruga: Clear Sunset: 7:27PM	
					Nataraja: Blue	
					Moon – Yellow	
					Jyeshtha*Ani	

Retreat Star	Sunday, June 18, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq
	Mithuna Rasi: 1.41	Tithi 30 – 1	Gulika	3:48PM – 5:38PM	Mrigashira Until 3:36PM	Sun 13 Sutra 62
	Family Home Evening	336216571	Rahu	5:38PM – 7:27PM	Ganda* Until 10:29PM	Sobhana 5125
	Creative Work	Siddha Yoga			Kintughna Until 8:16PM	Moon 6 - Phase 9 - 13 Prathama
				Amavasya* Until 7:38AM	Ganeshha: Red Sunrise: 4:50AM	Sivaloka Day
					Muruga: Yellow Sunset: 7:27PM	
					Nataraja: Blue	
					Moon – Yellow	
					Ashada*Ani	
					Father's Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

www.gurudeva.org/panchang

1	Monday, June 19, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau					Mosul, Iraq Sun 14 Sutra 63
	Mithuna Rasi: 14.02	Tithi 1 – 2	Gulika Yama	1:59PM – 3:48PM 10:19AM – 12:09PM	Ardra Until 5:31PM Vriddhi Until 10:46PM	Ganesha: Red Muruga: Yellow	Sobhana 5125
	Family Home Evening	336216571	Rahu	6:40AM – 8:30AM	Balava Until 9:47PM	Nataraja: Blue Moon – Yellow	Moon 6 - Phase 10 - 14 3rd Phase
	Creative Work Siddha Yoga Until 5:31PM Then Creative Work - Amrita Yoga				Prathama* Until 8:57AM	Ashada* Ani	Sivaloka Day

2	Tuesday, June 20, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau					Mosul, Iraq Sun 15 Sutra 64
	Mithuna Rasi: 26.13	Tithi 2 – 3	Gulika Yama	12:09PM – 1:59PM 8:30AM – 10:19AM	Punarvasu Until 8:07PM Dhruva Until 11:17PM	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Creative Work Siddha Yoga	346216571	Rahu	3:49PM – 5:38PM	Taitila Until 11:38PM	Nataraja: Blue Moon – Blue	Moon 6 - Phase 10 - 15 3rd Phase
					Dvitiya Until 10:39AM	Ashada* Ani	Sivaloka Day

3	Wednesday, June 21, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau					Mosul, Iraq Sun 16 Sutra 65
	Kataka Rasi: 8.16	Tithi 3 – 4	Gulika Yama	10:20AM – 12:09PM 6:40AM – 8:30AM	Pushya Until 10:49PM Vyaghata* Until 12:03AM Thu	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Creative Work Siddha Yoga	346216571	Rahu	12:09PM – 1:59PM	Vanija Until 1:48AM Thu	Nataraja: Blue Moon – Blue	Moon 6 - Phase 10 - 16 3rd Phase
					Tritiya Until 12:40PM	Ashada* Ani	Sivaloka Day

4	Thursday, June 22, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau					Mosul, Iraq Sun 17 Sutra 66
	Kataka Rasi: 20.13	Tithi 4 – 5	Gulika Yama	8:30AM – 10:20AM 4:51AM – 6:40AM	Ashlesha* Until 1:34AM Fri Harshana Until 12:59AM Fri	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Creative Work Siddha Yoga Until 1:34AM Fri Then Routine Work - Marana Yoga	346216571	Rahu	1:59PM – 3:49PM	Bava Until 4:09AM Fri	Nataraja: Blue Moon – Blue	Moon 6 - Phase 10 - 17 3rd Phase
					Chatrthi* Until 2:56PM	Ashada* Ani	Sivaloka Day

5	Friday, June 23, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau					Mosul, Iraq Sun 18 Sutra 67
	Simha Rasi: 2.05	Tithi 5 – 6	Gulika Yama	6:41AM – 8:30AM 3:49PM – 5:39PM	Magha* Until 4:43AM Sat Vajra* Until 1:56AM Sat	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Routine Work Marana Yoga Until 4:43AM Sat Then Creative Work - Siddha Yoga	357216571	Rahu	10:20AM – 12:10PM	Kaulava Until 6:33AM Sat	Nataraja: Blue Moon – Red	Moon 6 - Phase 10 - 18 3rd Phase
					Panchami Until 5:20PM	Ashada* Ani	Sivaloka Day

6	Saturday, June 24, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashtyam Titau					Mosul, Iraq Sun 19 Sutra 68
	Simha Rasi: 13.58	Tithi 6	Gulika Yama	4:51AM – 6:41AM 2:00PM – 3:49PM	Purvaphalguni Until 7:35AM Sun Siddhi Until 2:50AM Sun	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Creative Work Siddha Yoga Until 7:35AM Sun Then Creative Work - Amrita Yoga	357216571	Rahu	8:31AM – 10:20AM	Kaulava Until 6:33AM	Nataraja: Blue Moon – Red	Moon 6 - Phase 10 - 19 3rd Phase
					Shashthi* Until 7:42PM	Ashada* Ani	Sivaloka Day

D	Sunday, June 25, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau					Mosul, Iraq Sun 20 Sutra 69	
	Retreat Star	Simha Rasi: 25.52	Tithi 7	Gulika Yama	3:49PM – 5:39PM 12:10PM – 2:00PM	Purvaphalguni Until 7:35AM Vyatipata* Until 3:32AM Mon	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Creative Work Siddha Yoga Until 7:35AM Then Creative Work - Amrita Yoga	357216571	Rahu	5:39PM – 7:29PM	Gara Until 8:50AM	Nataraja: Blue Moon – Red	Moon 6 - Phase 10 - 20 3rd Phase	
					Chidambaram Abhishekam	Saptami Until 9:50PM	Ashada* Ani	Sivaloka Day

D	Monday, June 26, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau					Mosul, Iraq Sun 21 Sutra 70	
	Retreat Star	Kanya Rasi: 7.53	Tithi 8	Gulika Yama	2:00PM – 3:50PM 10:21AM – 12:10PM	Uttaraphalguni Until 9:59AM Variyan Until 3:49AM Tue	Ganesha: Yellow Muruga: Yellow	Sobhana 5125
	Family Home Evening	357216571	Rahu	6:41AM – 8:31AM	Visti Until 10:46AM	Nataraja: Blue Moon – Red	Moon 6 - Phase 10 - 21 Ashtami	
	Creative Work Siddha Yoga				Ashtami* Until 11:31PM	Ashada* Ani	Sivaloka Day	

D	Tuesday, June 27, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau					Mosul, Iraq Sun 22 Sutra 71	
	Retreat Star	Kanya Rasi: 20.08	Tithi 9	Gulika Yama	12:11PM – 2:00PM 8:31AM – 10:21AM	Hasta Until 12:10PM Parigha* Until 3:35AM Wed	Ganesha: Clear Muruga: Yellow	Sobhana 5125
	Creative Work Siddha Yoga	367316571	Rahu	3:50PM – 5:39PM	Balava Until 12:09PM	Nataraja: Blue Moon – Green	Moon 6 - Phase 10 - 22 Navami	
					Navami* Until 12:33AM Wed	Ashada* Ani	Sivaloka Day	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda


1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 72 Sobhana 5125
	Tula Rasi: 2.4	Tithi 10	Gulika 10:21AM – 12:11PM	Chitra Until 1:29PM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	
	Creative Work	Siddha Yoga	Yama 6:42AM – 8:32AM	Shiva Until 2:44AM Thu	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - 23 4th Phase


2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 73 Sobhana 5125
	Tula Rasi: 16	Tithi 11	Gulika 8:32AM – 10:21AM	Svati Until 1:49PM	Ganesha: White	<i>Sunrise:</i> 4:53AM	
	Creative Work	Amrita Yoga	Yama 4:53AM – 6:42AM	Siddha Until 1:11AM Fri	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - 24 4th Phase

3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 74 Sobhana 5125
	Tula Rasi: 28.58	Tithi 12	Gulika 6:43AM – 8:32AM	Vishakha Until 1:38PM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	
	Creative Work	Siddha Yoga	Yama 3:50PM – 5:40PM	Sadhya Until 10:59PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - 25 4th Phase

4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 75 Sobhana 5125
	Vrischika Rasi: 12.49	Tithi 13	Gulika 4:54AM – 6:43AM	Anuradha Until 12:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	
	Creative Work	Siddha Yoga	Yama 2:01PM – 3:50PM	Subha Until 8:12PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - 26 4th Phase

5	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sun 27 Sutra 76 Sobhana 5125
	Vrischika Rasi: 27.06	Tithi 14 – 15	Gulika 3:50PM – 5:40PM	Jyeshtha* Until 10:38AM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	
	Routine Work	Marana Yoga	Yama 12:12PM – 2:01PM	Sukla Until 4:54PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - 27 4th Phase

	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sun 27 Sutra 76 Sobhana 5125
	Copper Retreat Star		Gulika 2:01PM – 3:50PM	Mula* Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	
	Dhanus Rasi: 11.46	Tithi 15 – 16	Yama 10:22AM – 12:12PM	Brahma Until 1:14PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - Purnima

	Tuesday, July 4, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 27 Sutra 77 Sobhana 5125
	Silver Retreat Star		Gulika 12:12PM – 2:01PM	Uttarashadha Until 3:05AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	
	Dhanus Rasi: 26.41	Tithi 16 – 17	Yama 8:34AM – 10:23AM	Indra Until 9:21AM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 11 - Prathama

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Wednesday, July 5, 2023

Gold Retreat Star

Makara Rasi: 11.44 Tithi 17 - 18

Creative Work Siddha Yoga

398316571

Gulika
Yama
Rahu

10:23AM - 12:12PM
6:45AM - 8:34AM
12:12PM - 2:01PM

Shravana Until 12:31AM Thu
Vishkambha* Until 1:23AM Thu
Visti Until 4:07AM Thu
Dvitiya Until 7:37AM

Ganesha: Clear
Muruga: Yellow
Nataraja: Blue
Moon - Purple
Ashada*Ani

Sunrise: 4:56AM
Sunset: 7:29PM

Mosul, Iraq
Sun 1
Sutra 79
Sobhana 5125
Moon 7 - Phase 12 - 1
1st Phase

Sivaloka Day

1

Thursday, July 6, 2023

Makara Rasi: 26.44 Tithi 19

Creative Work Siddha Yoga

398316571

Gulika
Yama
Rahu

8:34AM - 10:23AM
4:56AM - 6:45AM
2:01PM - 3:50PM

Dhanishtha Until 10:01PM
Priti Until 9:36PM
Bava Until 2:27PM
Chaturthi* Until 12:50AM Fri

Ganesha: Purple
Muruga: Yellow
Nataraja: Blue
Moon - Purple
Ashada*Ani

Sunrise: 4:56AM
Sunset: 7:28PM

Mosul, Iraq
Sun 2
Sutra 80
Sobhana 5125
Moon 7 - Phase 12 - 2
1st Phase

Subha Sivaloka Day

2

Friday, July 7, 2023

Kumbha Rasi: 11.34 Tithi 20

Creative Work Siddha Yoga

499316571

Gulika
Yama
Rahu

6:46AM - 8:35AM
3:50PM - 5:39PM
10:23AM - 12:12PM

Shatabhishak Until 7:43PM
Ayushman Until 6:04PM
Kaulava Until 11:20AM
Panchami Until 9:54PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Blue
Moon - Purple
Ashada*Ani

Sunrise: 4:57AM
Sunset: 7:28PM

Mosul, Iraq
Sun 3
Sutra 81
Sobhana 5125
Moon 7 - Phase 12 - 3
1st Phase

Sivaloka Day

3

Saturday, July 8, 2023

Kumbha Rasi: 26.05 Tithi 21

Routine Work Marana Yoga

Until 6:09PM

Then Creative Work - Siddha Yoga

419316571

Gulika
Yama
Rahu

4:57AM - 6:46AM
2:01PM - 3:50PM
8:35AM - 10:24AM

Purvaproshtapada* Until 6:09PM
Saubhagya Until 2:56PM
Gara Until 8:37AM
Shashthi* Until 7:26PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Blue
Moon - Clear
Ashada*Ani

Sunrise: 4:57AM
Sunset: 7:28PM

Mosul, Iraq
Sun 4
Sutra 82
Sobhana 5125
Moon 7 - Phase 12 - 4
1st Phase

Sivaloka Day

4

Sunday, July 9, 2023

Meena Rasi: 10.16 Tithi 22 - 23

Creative Work Amrita Yoga

419316571

Gulika
Yama
Rahu

3:50PM - 5:39PM
12:13PM - 2:01PM
5:39PM - 7:28PM

Uttaraproshtapada Until 5:01PM
Sobhana Until 12:15PM
Visti Until 6:26AM
Saptami Until 5:32PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Blue
Moon - Clear
Ashada*Ani

Sunrise: 4:58AM
Sunset: 7:28PM

Mosul, Iraq
Sun 5
Sutra 83
Sobhana 5125
Moon 7 - Phase 12 - 5
1st Phase

Sivaloka Day

D

Monday, July 10, 2023

Retreat Star

Meena Rasi: 24.05 Tithi 23 - 24

Family Home Evening

Creative Work Siddha Yoga

419316571

Gulika
Yama
Rahu

2:01PM - 3:50PM
10:24AM - 12:13PM
6:47AM - 8:36AM

Revati Until 4:20PM
Athiganda* Until 10:02AM
Taitila Until 3:51AM Tue
Ashtami* Until 4:15PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Blue
Moon - Clear
Ashada*Ani

Sunrise: 4:58AM
Sunset: 7:27PM

Mosul, Iraq
Sun 6
Sutra 84
Sobhana 5125
Moon 7 - Phase 12 - 6
Ashtami

Sivaloka Day

Tuesday, July 11, 2023

Retreat Star

Mesha Rasi: 7.31 Tithi 24 - 25

Creative Work Siddha Yoga

429316571

Gulika
Yama
Rahu

12:13PM - 2:01PM
8:36AM - 10:24AM
3:50PM - 5:38PM

Ashvini Until 4:33PM
Sukarma Until 8:21AM
Vanija Until 3:29AM Wed
Navami* Until 3:34PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Blue
Moon - White
Ashada*Ani

Sunrise: 4:59AM
Sunset: 7:27PM

Mosul, Iraq
Sun 7
Sutra 85
Sobhana 5125
Moon 7 - Phase 12 - 7
Navami

Subha Sivaloka Day


1	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Mesha Rasi: 20.38	Tithi 25 – 26	Gulika 10:25AM – 12:13PM	Bharani Until 5:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Sun 8 Sutra 86
	429316571		Yama 6:48AM – 8:36AM	Dhriti Until 7:08AM	Muruga: Yellow	<i>Sunset:</i> 7:27PM	Sobhana 5125
		Rahu 12:13PM – 2:01PM	Bava Until 3:40AM Thu	Nataraja: Blue		Moon 7 - Phase 13 - 8	
Creative Work	Siddha Yoga		Dashami Until 3:29PM	Moon – White		2nd Phase	
Until 5:12PM				Ashada*Ani		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

2	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Mrishabha Rasi: 3.28	Tithi 26 – 27	Gulika 8:37AM – 10:25AM	Krittika Until 6:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Sun 9 Sutra 87
	429316571		Yama 5:00AM – 6:48AM	Shula* Until 6:21AM	Muruga: Yellow	<i>Sunset:</i> 7:26PM	Sobhana 5125
		Rahu 2:01PM – 3:50PM	Kaulava Until 4:20AM Fri	Nataraja: Blue		Moon 7 - Phase 13 - 9	
Routine Work	Marana Yoga		Ekadashi* Until 3:55PM	Moon – White		2nd Phase	
				Ashada*Ani		Subha Sivaloka Day	

3	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Mrishabha Rasi: 16.05	Tithi 27 – 28	Gulika 6:49AM – 8:37AM	Rohini Until 7:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sun 10 Sutra 88
	431316571		Yama 3:50PM – 5:38PM	Vriddhi Until 5:51AM Sat	Muruga: Yellow	<i>Sunset:</i> 7:26PM	Sobhana 5125
		Rahu 10:25AM – 12:13PM	Gara Until 5:24AM Sat	Nataraja: Blue		Moon 7 - Phase 13 - 10	
Routine Work	Marana Yoga		Dvadashi* Until 4:48PM	Moon – Yellow		2nd Phase	
Until 7:56PM				Ashada*Ani		Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva Yoga Vanija Karana Trayodashyam Titau				Mosul, Iraq
	Mrishabha Rasi: 28.31	Tithi 28	Gulika 5:02AM – 6:50AM	Mrigashira Until 9:53PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sun 11 Sutra 89
	431316571		Yama 2:01PM – 3:49PM	Dhruva Until 6:02AM Sun	Muruga: Yellow	<i>Sunset:</i> 7:25PM	Sobhana 5125
		Rahu 8:37AM – 10:25AM	Vanija Until 6:04PM	Nataraja: Blue		Moon 7 - Phase 13 - 11	
Creative Work	Siddha Yoga		Trayodashi* Until 6:04PM	Moon – Yellow		2nd Phase	
				Ashada*Ani		Sivaloka Day	

5	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq
	Mithuna Rasi: 10.47	Tithi 29	Gulika 3:49PM – 5:37PM	Ardra Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sun 12 Sutra 90
	431316571		Yama 12:14PM – 2:01PM	Dhruva Until 6:02AM	Muruga: Yellow	<i>Sunset:</i> 7:25PM	Sobhana 5125
		Rahu 5:37PM – 7:25PM	Visti Until 6:50AM	Nataraja: Blue		Moon 7 - Phase 13 - 12	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:39PM	Moon – Yellow		2nd Phase	
				Ashada*Ani		Sivaloka Day	

	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika 2:01PM – 3:49PM	Punarvasu Until 2:40AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:03AM	Sun 13 Sutra 91
	Mithuna Rasi: 22.56	Tithi 30	Yama 10:26AM – 12:14PM	Vyaghata* Until 6:27AM	Muruga: Yellow	<i>Sunset:</i> 7:24PM	Sobhana 5125
Family Home Evening	441316572	Rahu 6:51AM – 8:38AM	Catuspada Until 8:35AM	Nataraja: Yellow		Moon 7 - Phase 13 - 13	
Creative Work	Amrita Yoga		Amavasya* Until 9:32PM	Moon – Blue		Amavasya	
Until 2:40AM Tue				Ashada*Adi		Devaloka Day	
Then Creative Work - Siddha Yoga							

●	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq
	Retreat Star		Gulika 12:14PM – 2:01PM	Pushya Until 5:26AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:04AM	Sun 14 Sutra 92
	Kataka Rasi: 4.59	Tithi 1	Yama 8:39AM – 10:26AM	Harshana Until 7:05AM	Muruga: Yellow	<i>Sunset:</i> 7:24PM	Sobhana 5125
		Rahu 3:49PM – 5:36PM	Kintughna Until 10:35AM	Nataraja: Yellow		Moon 7 - Phase 13 - 14	
Creative Work	Siddha Yoga		Prathama* Until 11:39PM	Moon – Blue		Prathama	
				Sravana Adhika*Adi		Devaloka Day	

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq
	Kataka Rasi: 16.56	Tithi 2	Gulika 10:26AM – 12:14PM	Ashlesha* Until 8:12AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:04AM	Sun 15	Sutra 93
	441316572	Rahu 12:14PM – 2:01PM	Yama 6:52AM – 8:39AM	Vajra* Until 7:53AM	Muruga: Yellow <i>Sunset:</i> 7:23PM	Moon 7 - Phase 14 - 15	Sobhana 5125
Creative Work Siddha Yoga		Balava Until 12:49PM		Nataraja: Yellow	Moon – Blue		3rd Phase
Until 8:12AM Thu		Dvitiya Until 1:59AM Thu		Sravana Adhika*Adi		Devaloka Day	
Then Creative Work - Amrita Yoga							

2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq
	Kataka Rasi: 28.49	Tithi 3	Gulika 8:39AM – 10:27AM	Ashlesha* Until 8:12AM	Ganesha: Orange <i>Sunrise:</i> 5:05AM	Sun 16	Sutra 94
	441316572	Rahu 2:01PM – 3:48PM	Yama 5:05AM – 6:52AM	Siddhi Until 8:49AM	Muruga: Yellow <i>Sunset:</i> 7:23PM	Moon 7 - Phase 14 - 16	Sobhana 5125
Creative Work Siddha Yoga		Taitila Until 3:13PM		Nataraja: Yellow	Moon – Blue		3rd Phase
Until 8:12AM		Tritiya Until 4:25AM Fri		Sravana Adhika*Adi		Devaloka Day	
Then Creative Work - Amrita Yoga							

3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau				Mosul, Iraq
	Simha Rasi: 10.4	Tithi 4	Gulika 6:53AM – 8:40AM	Magha* Until 11:24AM	Ganesha: Clear <i>Sunrise:</i> 5:06AM	Sun 17	Sutra 95
	451316572	Rahu 10:27AM – 12:14PM	Yama 3:48PM – 5:35PM	Vyatipata* Until 9:51AM	Muruga: Yellow <i>Sunset:</i> 7:22PM	Moon 7 - Phase 14 - 17	Sobhana 5125
Routine Work Marana Yoga		Vanija Until 5:41PM		Nataraja: Yellow	Moon – Red		3rd Phase
Until 11:24AM		Chaturthi* Until 6:53AM Sat		Sravana Adhika*Adi		Devaloka Day	
Then Creative Work - Siddha Yoga							

4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq
	Simha Rasi: 22.3	Tithi 4 – 5	Gulika 5:06AM – 6:53AM	Purvaphalguni Until 2:24PM	Ganesha: White <i>Sunrise:</i> 5:06AM	Sun 18	Sutra 96
	451416572	Rahu 8:40AM – 10:27AM	Yama 2:01PM – 3:48PM	Varyan Until 10:50AM	Muruga: Yellow <i>Sunset:</i> 7:21PM	Moon 7 - Phase 14 - 18	Sobhana 5125
Creative Work Siddha Yoga		Bava Until 8:05PM		Nataraja: Yellow	Moon – Red		3rd Phase
Until 2:24PM		Chaturthi* Until 6:53AM		Sravana Adhika*Adi		Bhuloka Day	
Then Routine Work - Marana Yoga		Devaloka Time: 3:PM to 6:PM					

5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Mosul, Iraq
	Kanya Rasi: 4.23	Tithi 5 – 6	Gulika 3:47PM – 5:34PM	Uttaraphalguni Until 5:03PM	Ganesha: White <i>Sunrise:</i> 5:07AM	Sun 19	Sutra 97
	451416572	Rahu 5:34PM – 7:21PM	Yama 12:14PM – 2:01PM	Parigha* Until 11:42AM	Muruga: Yellow <i>Sunset:</i> 7:21PM	Moon 7 - Phase 14 - 19	Sobhana 5125
Creative Work Amrita Yoga		Kaulava Until 10:16PM		Nataraja: Yellow	Moon – Red		3rd Phase
		Panchami Until 9:12AM		Sravana Adhika*Adi		Bhuloka Day	
		Devaloka Time: 3:PM to 6:PM					

6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq
	Kanya Rasi: 16.24	Tithi 6 – 7	Gulika 2:00PM – 3:47PM	Hasta Until 7:40PM	Ganesha: Purple <i>Sunrise:</i> 5:08AM	Sun 20	Sutra 98
	462416572	Rahu 6:54AM – 8:41AM	Yama 10:27AM – 12:14PM	Shiva Until 12:19PM	Muruga: Yellow <i>Sunset:</i> 7:20PM	Moon 7 - Phase 14 - 20	Sobhana 5125
Family Home Evening		Gara Until 12:00AM Tue		Nataraja: Yellow	Moon – Green		3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 11:11AM		Sravana Adhika*Adi		Sivaloka Day	
Until 7:40PM							
Then Routine Work - Prabalarishta Yoga							

D	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 12:14PM – 2:00PM	Chitra Until 9:32PM	Ganesha: Purple <i>Sunrise:</i> 5:09AM	Sun 21	Sutra 99
	Kanya Rasi: 28.37	Tithi 7 – 8	Yama 8:41AM – 10:28AM	Siddha Until 12:30PM	Muruga: Yellow <i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 21	Sobhana 5125
Creative Work Siddha Yoga		462416572	Rahu 3:47PM – 5:33PM	Visti Until 1:07AM Wed	Nataraja: Yellow	Moon – Green	
		Saptami Until 12:38PM		Sravana Adhika*Adi		Sivaloka Day	

D	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 10:28AM – 12:14PM	Svati Until 10:29PM	Ganesha: Purple <i>Sunrise:</i> 5:09AM	Sun 22	Sutra 100
	Tula Rasi: 11.06	Tithi 8 – 9	Yama 6:56AM – 8:42AM	Sadhya Until 12:07PM	Muruga: Yellow <i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 22	Sobhana 5125
Creative Work Siddha Yoga		462416572	Rahu 12:14PM – 2:00PM	Balava Until 1:27AM Thu	Nataraja: Yellow	Moon – Green	
		Ashtami* Until 1:22PM		Sravana Adhika*Adi		Sivaloka Day	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Thursday, July 27, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Mosul, Iraq Sutra 101 Sobhana 5125
	Tula Rasi: 23.59 Tithi 9 – 10	Gulika 8:42AM – 10:28AM Vishakha Until 10:55PM Ganesh: Clear <i>Sunrise:</i> 5:10AM	Yama 5:10AM – 6:56AM	Subha Until 11:07AM	Muruga: Yellow <i>Sunset:</i> 7:18PM	Moon 7 - Phase 15 - 23
	472416572	Rahu 2:00PM – 3:46PM	Taitila Until 12:55AM Fri	Nataraja: Yellow	Moon – Orange	4th Phase
Creative Work Siddha Yoga		Navami* Until 1:16PM	Sravana Adhika*Adi	Devaloka Day		


2	Friday, July 28, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sutra 102 Sobhana 5125
	Vrischika Rasi: 7.18 Tithi 10 – 11	Gulika 6:57AM – 8:42AM Anuradha Until 10:21PM Ganesh: Clear <i>Sunrise:</i> 5:11AM	Yama 3:45PM – 5:31PM	Sukla Until 9:23AM	Muruga: Yellow <i>Sunset:</i> 7:17PM	Moon 7 - Phase 15 - 24
	472416572	Rahu 10:28AM – 12:14PM	Vanija Until 11:31PM	Nataraja: Yellow	Moon – Orange	4th Phase
Creative Work Siddha Yoga		Dashami Until 12:18PM	Sravana Adhika*Adi	Devaloka Day		
Until 10:21PM						
Then Routine Work - Marana Yoga						

3	Saturday, July 29, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sutra 103 Sobhana 5125
	Vrischika Rasi: 21.07 Tithi 11 – 12	Gulika 5:12AM – 6:57AM Jyeshtha* Until 8:51PM Ganesh: Clear <i>Sunrise:</i> 5:12AM	Yama 1:59PM – 3:45PM	Brahma Until 6:59AM	Muruga: Yellow <i>Sunset:</i> 7:16PM	Moon 7 - Phase 15 - 25
	472416572	Rahu 8:43AM – 10:28AM	Bava Until 9:21PM	Nataraja: Yellow	Moon – Orange	4th Phase
Creative Work Siddha Yoga		Ekadashi Until 10:31AM	Sravana Adhika*Adi	Devaloka Day		

4	Sunday, July 30, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sutra 104 Sobhana 5125
	Dhanus Rasi: 5.25 Tithi 12 – 13	Gulika 3:45PM – 5:30PM Mula* Until 6:58PM Ganesh: White <i>Sunrise:</i> 5:13AM	Yama 12:14PM – 1:59PM	Vaidhriti* Until 12:27AM Mon	Muruga: Yellow <i>Sunset:</i> 7:15PM	Moon 7 - Phase 15 - 26
	482416572	Rahu 5:30PM – 7:15PM	Kaulava Until 6:31PM	Nataraja: Yellow	Moon – Light Blue	4th Phase
Creative Work Amrita Yoga		Dvadashi Until 7:59AM	Sravana Adhika*Adi	Sivaloka Day		
Until 6:58PM						
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

5	Monday, July 31, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sutra 105 Sobhana 5125
	Dhanus Rasi: 20.08 Tithi 14	Gulika 1:59PM – 3:44PM Purvashadha* Until 4:25PM Ganesh: White <i>Sunrise:</i> 5:13AM	Yama 10:29AM – 12:14PM	Vishkambha* Until 8:32PM	Muruga: Yellow <i>Sunset:</i> 7:14PM	Moon 7 - Phase 15 - 27
	482416572	Rahu 6:58AM – 8:44AM	Gara Until 3:11PM	Nataraja: Yellow	Moon – Light Blue	4th Phase
Family Home Evening		Chaturdashi* Until 1:21AM Tue	Sravana Adhika*Adi	Sivaloka Day		
Routine Work Marana Yoga						

	Tuesday, August 1, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sutra 106 Sobhana 5125
	Makara Rasi: 5.12 Tithi 15	Gulika 12:14PM – 1:59PM Uttarashadha Until 1:25PM Ganesh: White <i>Sunrise:</i> 5:14AM	Yama 8:44AM – 10:29AM	Priti Until 4:23PM	Muruga: Yellow <i>Sunset:</i> 7:13PM	Moon 7 - Phase 15 -
	482416572	Rahu 3:44PM – 5:29PM	Visti Until 11:30AM	Nataraja: Yellow	Moon – Light Blue	Purnima
Routine Work Prabalarishta Yoga		Purnima* Until 9:34PM	Sravana Adhika*Adi	Sivaloka Day		
Until 1:25PM						
Then Creative Work - Siddha Yoga						

	Wednesday, August 2, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sutra 107 Sobhana 5125
	Makara Rasi: 20.26 Tithi 16 – 17	Gulika 10:29AM – 12:14PM Shravana Until 10:32AM Ganesh: Yellow <i>Sunrise:</i> 5:15AM	Yama 7:00AM – 8:44AM	Ayushman Until 12:06PM	Muruga: Yellow <i>Sunset:</i> 7:13PM	Moon 7 - Phase 15 -
	492416572	Rahu 12:14PM – 1:58PM	Balava Until 7:39AM	Nataraja: Yellow	Moon – Purple	Prathama
Creative Work Siddha Yoga		Prathama* Until 5:42PM	Sravana Adhika*Adi	Devaloka Day		
Until 10:32AM						
Then Routine Work - Prabalarishta Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

www.gurudeva.org/panchang



Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq
Sun 1 Sutra 108

Sobhana 5125

Kumbha Rasi: 5.41 Tithi 17 - 18

Gulika 8:45AM - 10:29AM

Dhanishtha Until 7:32AM

Ganesha: Yellow Sunrise: 5:16AM

Yama 5:16AM - 7:00AM

Saubhagya Until 7:53AM

Muruga: Yellow Sunset: 7:12PM

Moon 8 - Phase 16 - 1

492416572 Rahu 1:58PM - 3:43PM

Vanija Until 12:08AM Fri

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - Purple

Devaloka Day

Sravana Adhika•Adi

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Mosul, Iraq
Sun 2 Sutra 109

Sobhana 5125

Kumbha Rasi: 20.46 Tithi 18 - 19

Gulika 7:01AM - 8:45AM

Purvaproshtapada* Until 2:21AM Sat

Ganesha: Clear Sunrise: 5:16AM

Yama 3:42PM - 5:26PM

Athiganda* Until 12:04AM Sat

Muruga: Yellow Sunset: 7:11PM

Moon 8 - Phase 16 - 2

412416572 Rahu 10:29AM - 12:14PM

Bava Until 8:48PM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - Clear

Devaloka Day

Tritiya Until 10:24AM

Sravana Adhika•Adi

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 3 Sutra 110

Sobhana 5125

Meena Rasi: 5.33 Tithi 19 - 20

Gulika 5:17AM - 7:01AM

Uttaraproshtapada Until 12:28AM Sun

Ganesha: Clear Sunrise: 5:17AM

Yama 1:58PM - 3:42PM

Sukarma Until 8:45PM

Muruga: Yellow Sunset: 7:10PM

Moon 8 - Phase 16 - 3

412416572 Rahu 8:45AM - 10:29AM

Taitila Until 4:44AM Sun

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - Clear

Devaloka Day

Chaturthi* Until 7:17AM

Sravana Adhika•Adi

Until 12:28AM Sun
Then Creative Work - Amrita Yoga

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq
Sun 4 Sutra 111

Sobhana 5125

Meena Rasi: 19.56 Tithi 21

Gulika 3:41PM - 5:25PM

Revati Until 11:05PM

Ganesha: White Sunrise: 5:18AM

Yama 12:13PM - 1:57PM

Dhriti Until 5:58PM

Muruga: Yellow Sunset: 7:09PM

Moon 8 - Phase 16 - 4

413416572 Rahu 5:25PM - 7:09PM

Gara Until 3:44PM

Nataraja: Yellow

1st Phase

Creative Work Amrita Yoga

Moon - Clear

Bhuloka Day

Shashthi* Until 2:52AM Mon

Sravana Adhika•Adi

Devaloka Time: 3:PM to 6:PM

Until 11:05PM
Then Creative Work - Siddha Yoga

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq
Sun 5 Sutra 112

Sobhana 5125

Mesha Rasi: 3.52 Tithi 22

Gulika 1:57PM - 3:40PM

Ashvini Until 10:44PM

Ganesha: Clear Sunrise: 5:19AM

Yama 10:30AM - 12:13PM

Shula* Until 3:44PM

Muruga: Yellow Sunset: 7:08PM

Moon 8 - Phase 16 - 5

423416572 Rahu 7:02AM - 8:46AM

Visti Until 2:13PM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Moon - White

Devaloka Day

Saptami Until 1:43AM Tue

Sravana Adhika•Adi

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sun 6 Sutra 113

Sobhana 5125

Mesha Rasi: 17.22 Tithi 23

Gulika 12:13PM - 1:56PM

Bharani Until 10:59PM

Ganesha: Clear Sunrise: 5:20AM

Yama 8:46AM - 10:30AM

Ganda* Until 2:08PM

Muruga: Yellow Sunset: 7:07PM

Moon 8 - Phase 16 - 6

423416572 Rahu 3:40PM - 5:23PM

Balava Until 1:28PM

Nataraja: Yellow

Ashtami

Creative Work Siddha Yoga

Moon - White

Devaloka Day

Ashtami* Until 1:21AM Wed

Sravana Adhika•Adi

W

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq
Sun 7 Sutra 114

Sobhana 5125

Vrishabha Rasi: 0.26 Tithi 24

Gulika 10:30AM - 12:13PM

Krittika Until 11:47PM

Ganesha: Clear Sunrise: 5:20AM

Yama 7:04AM - 8:47AM

Vriddhi Until 1:08PM

Muruga: Yellow Sunset: 7:05PM

Moon 8 - Phase 16 - 7

423416572 Rahu 12:13PM - 1:56PM

Taitila Until 1:27PM

Nataraja: Yellow

Navami

Creative Work Amrita Yoga

Moon - White

Devaloka Day

Navami* Until 1:40AM Thu

Sravana Adhika•Adi

Until 11:47PM
Then Creative Work - Siddha Yoga


1	Thursday, August 10, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq
	433416572	Gulika 8:47AM – 10:30AM	Rohini Until 1:30AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:21AM	Sun 8	Sutra 115
	433416572	Yama 5:21AM – 7:04AM	Dhruva Until 12:38PM	Muruga: Yellow <i>Sunset:</i> 7:04PM	Moon 8 - Phase 17 - 8	Sobhana 5125
	433416572	Rahu 1:56PM – 3:39PM	Vanija Until 2:06PM	Nataraja: Yellow	2nd Phase	
Routine Work Marana Yoga		Dashami Until 2:37AM Fri		Moon – Yellow	Bhuloka Day	
Until 1:30AM Fri				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

2	Friday, August 11, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq
	433416572	Gulika 7:05AM – 8:47AM	Mrigashira Until 3:33AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:22AM	Sun 9	Sutra 116
	433416572	Yama 3:38PM – 5:21PM	Vyaghata* Until 12:35PM	Muruga: Yellow <i>Sunset:</i> 7:03PM	Moon 8 - Phase 17 - 9	Sobhana 5125
	433416572	Rahu 10:30AM – 12:13PM	Bava Until 3:18PM	Nataraja: Yellow	2nd Phase	
Creative Work Siddha Yoga		Ekadashi* Until 4:03AM Sat		Moon – Yellow	Bhuloka Day	
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	

3	Saturday, August 12, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq
	433416572	Gulika 5:23AM – 7:05AM	Ardra Until 5:47AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:23AM	Sun 10	Sutra 117
	433416572	Yama 1:55PM – 3:37PM	Harshana Until 12:53PM	Muruga: Yellow <i>Sunset:</i> 7:02PM	Moon 8 - Phase 17 - 10	Sobhana 5125
	433416572	Rahu 8:48AM – 10:30AM	Kaulava Until 4:56PM	Nataraja: Yellow	2nd Phase	
Creative Work Siddha Yoga		Dvadashi* Until 5:52AM Sun		Moon – Yellow	Bhuloka Day	
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	

4	Sunday, August 13, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara Karana Trayodashyam Titau				Mosul, Iraq
	443416572	Gulika 3:37PM – 5:19PM	Punarvasu Until 8:36AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM	Sun 11	Sutra 118
	443416572	Yama 12:12PM – 1:55PM	Vajra* Until 1:25PM	Muruga: Yellow <i>Sunset:</i> 7:01PM	Moon 8 - Phase 17 - 11	Sobhana 5125
	443416572	Rahu 5:19PM – 7:01PM	Gara Until 6:53PM	Nataraja: Yellow	2nd Phase	
Creative Work Siddha Yoga		Trayodashi* Until 7:56AM Mon		Moon – Blue	Bhuloka Day	
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
<i>Pradosha Vrata (Fasting)</i>						

5	Monday, August 14, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	443416572	Gulika 1:54PM – 3:36PM	Punarvasu Until 8:36AM	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM	Sun 12	Sutra 119
	443416572	Yama 10:30AM – 12:12PM	Siddhi Until 2:08PM	Muruga: Yellow <i>Sunset:</i> 7:00PM	Moon 8 - Phase 17 - 12	Sobhana 5125
	443416572	Rahu 7:06AM – 8:48AM	Visti Until 9:04PM	Nataraja: Yellow	2nd Phase	
Kataka Rasi: 2.01 Tithi 28 – 29		Trayodashi* Until 7:56AM		Moon – Blue	Bhuloka Day	
Family Home Evening				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga						
Until 8:36AM						
Then Creative Work - Siddha Yoga						

	Tuesday, August 15, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
	443416572	Gulika 12:12PM – 1:54PM	Pushya Until 11:26AM	Ganesha: Light Blue <i>Sunrise:</i> 5:25AM	Sun 13	Sutra 120
	443416572	Yama 8:49AM – 10:30AM	Vyatipata* Until 3:01PM	Muruga: Yellow <i>Sunset:</i> 6:59PM	Moon 8 - Phase 17 - 13	Sobhana 5125
	443416572	Rahu 3:35PM – 5:17PM	Catuspada Until 11:24PM	Nataraja: Yellow	Amavasya	
Kataka Rasi: 13.58 Tithi 29 – 30		Chaturdashi* Until 10:12AM		Moon – Blue	Bhuloka Day	
Creative Work Siddha Yoga				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	

	Wednesday, August 16, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq
	443516572	Gulika 10:30AM – 12:12PM	Ashlesha* Until 2:14PM	Ganesha: Orange <i>Sunrise:</i> 5:26AM	Sun 14	Sutra 121
	443516572	Yama 7:07AM – 8:49AM	Variyan Until 3:56PM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 8 - Phase 17 - 14	Sobhana 5125
	443516572	Rahu 12:12PM – 1:53PM	Kintughna Until 1:50AM Thu	Nataraja: Yellow	Prathama	
Kataka Rasi: 25.5 Tithi 30 – 1		Amavasya* Until 12:35PM		Moon – Blue	Devaloka Day	
Creative Work Siddha Yoga				Sravana*Adi		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq
	Simha Rasi: 7.41	Tithi 1 – 2	Gulika 8:49AM – 10:30AM	Magha* Until 5:24PM	Ganesha: Clear	Sunrise: 5:27AM	Sutra 122
	453516572	Rahu	Yama 5:27AM – 7:08AM	Parigha* Until 4:55PM	Muruga: Yellow	Sunset: 6:56PM	Sobhana 5125
Creative Work Amrita Yoga			1:53PM – 3:34PM	Balava Until 4:17AM Fri	Nataraja: Yellow	Moon 8 - Phase 18 - 15	3rd Phase
Until 5:24PM				Prathama* Until 3:03PM	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga					Sravana*Avani		

2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq
	Simha Rasi: 19.32	Tithi 2 – 3	Gulika 7:09AM – 8:50AM	Purvaphalguni Until 8:23PM	Ganesha: Orange	Sunrise: 5:28AM	Sutra 123
	553516572	Rahu	Yama 3:33PM – 5:14PM	Shiva Until 5:54PM	Muruga: Yellow	Sunset: 6:55PM	Sobhana 5125
Creative Work Siddha Yoga			10:30AM – 12:11PM	Taitila Until 6:41AM Sat	Nataraja: Yellow	Moon 8 - Phase 18 - 16	3rd Phase
				Dvitiya Until 5:29PM	Moon – Red	Devaloka Day	
					Sravana*Avani		

3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq
	Kanya Rasi: 1.25	Tithi 3	Gulika 5:28AM – 7:09AM	Uttaraphalguni Until 11:05PM	Ganesha: Orange	Sunrise: 5:28AM	Sutra 124
	553516572	Rahu	Yama 1:52PM – 3:32PM	Siddha Until 6:45PM	Muruga: Yellow	Sunset: 6:54PM	Sobhana 5125
Routine Work Marana Yoga			8:50AM – 10:30AM	Taitila Until 6:41AM	Nataraja: Yellow	Moon 8 - Phase 18 - 17	3rd Phase
				Tritiya Until 7:48PM	Moon – Red	Devaloka Day	
					Sravana*Avani		

4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Mosul, Iraq
	Kanya Rasi: 13.22	Tithi 4	Gulika 3:32PM – 5:12PM	Hasta Until 1:51AM Mon	Ganesha: Clear	Sunrise: 5:29AM	Sutra 125
	563516572	Rahu	Yama 12:11PM – 1:51PM	Sadhya Until 7:26PM	Muruga: Yellow	Sunset: 6:52PM	Sobhana 5125
Creative Work Amrita Yoga			5:12PM – 6:52PM	Vanija Until 8:54AM	Nataraja: Yellow	Moon 8 - Phase 18 - 18	3rd Phase
Until 1:51AM Mon				Chaturthi* Until 9:52PM	Moon – Green	Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Sravana*Avani		

5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq
	Kanya Rasi: 25.25	Tithi 5	Gulika 1:51PM – 3:31PM	Chitra Until 4:02AM Tue	Ganesha: Purple	Sunrise: 5:30AM	Sutra 126
	564516572	Rahu	Yama 10:30AM – 12:11PM	Subha Until 7:50PM	Muruga: Yellow	Sunset: 6:51PM	Sobhana 5125
Family Home Evening			7:10AM – 8:50AM	Bava Until 10:47AM	Nataraja: Yellow	Moon 8 - Phase 18 - 19	3rd Phase
Routine Work Prabalarishta Yoga				Panchami Until 11:31PM	Moon – Green	Bhuloka Day	
Until 4:02AM Tue					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq
	Tula Rasi: 7.4	Tithi 6	Gulika 12:10PM – 1:50PM	Svati Until 5:29AM Wed	Ganesha: Purple	Sunrise: 5:31AM	Sutra 127
	564516572	Rahu	Yama 8:51AM – 10:31AM	Sukla Until 7:48PM	Muruga: Yellow	Sunset: 6:50PM	Sobhana 5125
Creative Work Siddha Yoga			3:30PM – 5:10PM	Kaulava Until 12:11PM	Nataraja: Yellow	Moon 8 - Phase 18 - 20	3rd Phase
				Shashthi* Until 12:38AM Wed	Moon – Green	Bhuloka Day	
					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	

D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 10:31AM – 12:10PM	Vishakha Until 6:34AM Thu	Ganesha: Clear	Sunrise: 5:32AM	Sutra 128
	Tula Rasi: 20.11	Tithi 7	Yama 7:11AM – 8:51AM	Brahma Until 7:14PM	Muruga: Yellow	Sunset: 6:49PM	Sobhana 5125
Creative Work Siddha Yoga		574516572	Rahu 12:10PM – 1:50PM	Gara Until 12:57PM	Nataraja: Yellow	Moon 8 - Phase 18 - 21	3rd Phase
				Saptami Until 1:02AM Thu	Moon – Orange	Devaloka Day	
					Sravana*Avani		

D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 8:51AM – 10:31AM	Vishakha Until 6:34AM	Ganesha: Clear	Sunrise: 5:32AM	Sutra 129
	Vrischika Rasi: 3.01	Tithi 8	Yama 5:32AM – 7:12AM	Indra Until 6:06PM	Muruga: Yellow	Sunset: 6:47PM	Sobhana 5125
Creative Work Siddha Yoga		574516572	Rahu 1:49PM – 3:29PM	Visti Until 12:58PM	Nataraja: Yellow	Moon 8 - Phase 18 - 22	Ashtami
				Ashtami* Until 12:40AM Fri	Moon – Orange	Devaloka Day	
					Sravana*Avani		

D	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 7:12AM – 8:51AM	Anuradha Until 6:42AM	Ganesha: Clear	Sunrise: 5:33AM	Sutra 130
	Vrischika Rasi: 16.16	Tithi 9	Yama 3:28PM – 5:07PM	Vaidhriti* Until 4:17PM	Muruga: Yellow	Sunset: 6:46PM	Sobhana 5125
Creative Work Siddha Yoga		574516572	Rahu 10:31AM – 12:10PM	Balava Until 12:12PM	Nataraja: Yellow	Moon 8 - Phase 18 - 23	Navami
Until 6:42AM				Navami* Until 11:30PM	Moon – Orange	Devaloka Day	
Then Routine Work - Marana Yoga					Sravana*Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22


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1	Saturday, August 26, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 24 Sutra 131
	Vrischika Rasi: 29.57 Tithi 10	Gulika 5:34AM – 7:13AM	Mula* Until 4:41AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:34AM	Sobhana 5125	
	574516572	Yama 1:48PM – 3:27PM	Vishkambha* Until 1:52PM	Muruga: Yellow <i>Sunset:</i> 6:45PM	Moon 8 - Phase 19 - 24 4th Phase	
Creative Work Siddha Yoga	Rahu 8:52AM – 10:30AM	Taitila Until 10:39AM	Nataraja: Yellow Moon – Orange	Devaloka Day		
		Dashami Until 9:34PM	Sravana*Avani			

2	Sunday, August 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 25 Sutra 132
	Dhanus Rasi: 14.07 Tithi 11	Gulika 3:26PM – 5:05PM	Purvashadha* Until 2:40AM Mon	Ganesha: White <i>Sunrise:</i> 5:35AM	Sobhana 5125	
	584516572	Yama 12:09PM – 1:48PM	Priti Until 10:52AM	Muruga: Yellow <i>Sunset:</i> 6:43PM	Moon 8 - Phase 19 - 25 4th Phase	
Creative Work Siddha Yoga	Rahu 5:05PM – 6:43PM	Vanija Until 8:22AM	Nataraja: Yellow Moon – Light Blue	Bhuloka Day		
Until 2:40AM Mon		Ekadashi Until 6:58PM	Sravana*Avani	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga						

3	Monday, August 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 133
	Dhanus Rasi: 28.42 Tithi 12 – 13	Gulika 1:47PM – 3:25PM	Uttarashadha Until 12:02AM Tue	Ganesha: White <i>Sunrise:</i> 5:36AM	Sobhana 5125	
	Family Home Evening	Yama 10:30AM – 12:09PM	Ayushman Until 7:21AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 8 - Phase 19 - 26 4th Phase	
584516573	Rahu 7:14AM – 8:52AM	Kaulava Until 2:07AM Tue	Nataraja: White Moon – Light Blue	Devaloka Day		
Routine Work Marana Yoga		Dvadashi Until 3:49PM	Sravana*Avani			
Until 12:02AM Tue						
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>				

4	Tuesday, August 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 134
	Makara Rasi: 13.39 Tithi 13 – 14	Gulika 12:08PM – 1:46PM	Shravana Until 9:19PM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM	Sobhana 5125	
	584516573	Yama 8:52AM – 10:30AM	Sobhana Until 11:20PM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 8 - Phase 19 - 27 4th Phase	
Creative Work Siddha Yoga	Rahu 3:24PM – 5:02PM	Gara Until 10:26PM	Nataraja: White Moon – Purple	Sivaloka Day		
	Chidambaram Abhishekam	Trayodashi Until 12:17PM	Sravana*Avani			

	Wednesday, August 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 135
	Copper Retreat Star	Gulika 10:30AM – 12:08PM	Dhanishtha Until 6:19PM	Ganesha: Yellow <i>Sunrise:</i> 5:37AM	Sobhana 5125	
	Makara Rasi: 28.5 Tithi 14 – 15	Yama 7:15AM – 8:53AM	Athiganda* Until 7:04PM	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 8 - Phase 19 - Purnima	
584516573	Rahu 12:08PM – 1:46PM	Visti Until 6:36PM	Nataraja: White Moon – Purple	Sivaloka Day		
Routine Work Prabalarishta Yoga		Chaturdashi* Until 8:30AM	Sravana*Avani			
Until 6:19PM	Avani Avittam					
Then Creative Work - Siddha Yoga						

	Thursday, August 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 136
	Silver Retreat Star	Gulika 8:53AM – 10:30AM	Shatabhishak Until 3:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM	Sobhana 5125	
	Kumbha Rasi: 14.05 Tithi 16	Yama 5:38AM – 7:15AM	Sukarma Until 2:49PM	Muruga: Yellow <i>Sunset:</i> 6:38PM	Moon 8 - Phase 19 - Prathama	
584516573	Rahu 1:45PM – 3:23PM	Balava Until 2:47PM	Nataraja: White Moon – Purple	Sivaloka Day		
Creative Work Siddha Yoga		Prathama* Until 12:55AM Fri	Sravana*Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprashthapada/Uttaraprashthapada Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq

Sutra 137

Sobhana 5125

Moon 9 - Phase 20 - 1st Phase

Kumbha Rasi: 29.14 Tithi 17

Gulika 7:16AM – 8:53AM

Yama 3:22PM – 4:59PM

515516573 Rahu 10:30AM – 12:08PM

Purvaprashthapada* Until 12:31PM

Dhriti Until 10:44AM

Taitila Until 11:10AM

Dvitiya Until 9:27PM

Ganesha: Yellow

Sunrise: 5:39AM

Muruga: Yellow

Sunset: 6:36PM

Nataraja: White

Moon – Clear
Srivana*Avani

Sivaloka Day

Creative Work Siddha Yoga

1 Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprashthapada/Revati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq

Sutra 138

Sobhana 5125

Moon 9 - Phase 20 - 1st Phase

Meena Rasi: 14.09 Tithi 18

Gulika 5:40AM – 7:16AM

Yama 1:44PM – 3:21PM

515516573 Rahu 8:53AM – 10:30AM

Uttaraprashthapada Until 10:05AM

Shula* Until 6:55AM

Vanija Until 7:53AM

Tritiya Until 6:25PM

Ganesha: Red

Sunrise: 5:40AM

Muruga: Yellow

Sunset: 6:35PM

Nataraja: White

Moon – Clear
Srivana*Avani

Sivaloka Day

Creative Work Siddha Yoga

Until 10:05AM

Then Routine Work - Prabalarishta Yoga

2 Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sutra 139

Sobhana 5125

Moon 9 - Phase 20 - 2 1st Phase

Meena Rasi: 28.41 Tithi 19 – 20

Gulika 3:20PM – 4:57PM

Yama 12:07PM – 1:44PM

515516573 Rahu 4:57PM – 6:33PM

Revati Until 8:02AM

Vriddhi Until 12:42AM Mon

Kaulava Until 3:00AM Mon

Chaturthi* Until 3:57PM

Ganesha: Red

Sunrise: 5:40AM

Muruga: Yellow

Sunset: 6:33PM

Nataraja: White

Moon – Clear
Srivana*Avani

Sivaloka Day

Creative Work Amrita Yoga

Until 8:02AM

Then Creative Work - Siddha Yoga

3 Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Mosul, Iraq

Sutra 140

Sobhana 5125

Moon 9 - Phase 20 - 3 1st Phase

Mesha Rasi: 12.47 Tithi 20 – 21

Gulika 1:43PM – 3:19PM

Yama 10:30AM – 12:07PM

525516573 Rahu 7:17AM – 8:54AM

Ashvini Until 6:56AM

Dhruva Until 10:26PM

Gara Until 1:39AM Tue

Panchami Until 2:12PM

Ganesha: Green

Sunrise: 5:41AM

Muruga: Yellow

Sunset: 6:32PM

Nataraja: White

Moon – White
Srivana*Avani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4 Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq

Sutra 141

Sobhana 5125

Moon 9 - Phase 20 - 4 1st Phase

Mesha Rasi: 26.24 Tithi 21 – 22

Gulika 12:06PM – 1:42PM

Yama 8:54AM – 10:30AM

525516573 Rahu 3:18PM – 4:54PM

Bharani Until 6:28AM

Vyaghata* Until 8:50PM

Visti Until 1:06AM Wed

Shashthi* Until 1:15PM

Ganesha: Green

Sunrise: 5:42AM

Muruga: Yellow

Sunset: 6:31PM

Nataraja: White

Moon – White
Srivana*Avani

Devaloka Day

Creative Work Siddha Yoga

Wednesday, September 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq

Sutra 142

Sobhana 5125

Moon 9 - Phase 20 - 5 Ashtami

Mrishabha Rasi: 9.34 Tithi 22 – 23

Gulika 10:30AM – 12:06PM

Yama 7:18AM – 8:54AM

525516573 Rahu 12:06PM – 1:42PM

Krittika Until 6:38AM

Harshana Until 7:54PM

Balava Until 1:22AM Thu

Saptami Until 1:07PM

Ganesha: Green

Sunrise: 5:43AM

Muruga: Yellow

Sunset: 6:29PM

Nataraja: White

Moon – White
Srivana*Avani

Devaloka Day

Creative Work Amrita Yoga

Until 6:38AM

Then Creative Work - Siddha Yoga

Krishna Janmashtami

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq

Sutra 143

Sobhana 5125

Moon 9 - Phase 20 - 6 Navami

Mrishabha Rasi: 22.2 Tithi 23 – 24

Gulika 8:54AM – 10:30AM

Yama 5:43AM – 7:19AM

535516573 Rahu 1:41PM – 3:17PM

Rohini Until 7:54AM

Vajra* Until 7:30PM

Taitila Until 2:21AM Fri

Ashtami* Until 1:45PM

Ganesha: Orange

Sunrise: 5:43AM

Muruga: Yellow

Sunset: 6:28PM

Nataraja: White

Moon – Yellow
Srivana*Avani

Sivaloka Day

Routine Work Marana Yoga

1	Friday, September 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Mosul, Iraq Sutra 144 Sobhana 5125
	Mithuna Rasi: 4.47 Tithi 24 – 25	Gulika 7:19AM – 8:55AM Yama 3:16PM – 4:51PM 535516573 Rahu 10:30AM – 12:05PM	Sun 7
	Creative Work Siddha Yoga	Mrigashira Until 9:40AM Siddhi Until 7:37PM Vanija Until 3:55AM Sat Navami* Until 3:03PM	Ganesh: Orange <i>Sunrise:</i> 5:44AM Muruga: Yellow <i>Sunset:</i> 6:26PM Nataraja: White Moon – Yellow Sivaloka Day Srivana*Avani

2	Saturday, September 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Mosul, Iraq Sutra 145 Sobhana 5125
	Mithuna Rasi: 16.59 Tithi 25 – 26	Gulika 5:45AM – 7:20AM Yama 1:40PM – 3:15PM 535516573 Rahu 8:55AM – 10:30AM	Sun 8
	Creative Work Siddha Yoga	Ardra Until 11:47AM Vyatipata* Until 8:06PM Bava Until 5:55AM Sun Dashami Until 4:51PM	Ganesh: Orange <i>Sunrise:</i> 5:45AM Muruga: Yellow <i>Sunset:</i> 6:25PM Nataraja: White Moon – Yellow Sivaloka Day Srivana*Avani

3	Sunday, September 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava Karana Ekadashyam Titau	Mosul, Iraq Sutra 146 Sobhana 5125
	Mithuna Rasi: 29.02 Tithi 26	Gulika 3:14PM – 4:49PM Yama 12:05PM – 1:39PM 545616573 Rahu 4:49PM – 6:23PM	Sun 9
	Creative Work Siddha Yoga	Punarvasu Until 2:37PM Variyan Until 8:48PM Balava Until 7:00PM Ekadashi* Until 7:00PM	Ganesh: Purple <i>Sunrise:</i> 5:46AM Muruga: Yellow <i>Sunset:</i> 6:23PM Nataraja: White Moon – Blue Devaloka Day Srivana*Avani
		Grandparent's Day	

4	Monday, September 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Mosul, Iraq Sutra 147 Sobhana 5125
	Kataka Rasi: 10.58 Tithi 27	Gulika 1:39PM – 3:13PM Yama 10:30AM – 12:04PM 546616573 Rahu 7:21AM – 8:55AM	Sun 10
	Family Home Evening Creative Work Siddha Yoga	Pushya Until 5:29PM Parigha* Until 9:41PM Kaulava Until 8:11AM Dvadashi* Until 9:22PM	Ganesh: Light Blue <i>Sunrise:</i> 5:47AM Muruga: Yellow <i>Sunset:</i> 6:22PM Nataraja: White Moon – Blue Devaloka Day Srivana*Avani

5	Tuesday, September 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Mosul, Iraq Sutra 148 Sobhana 5125
	Kataka Rasi: 22.5 Tithi 28	Gulika 12:04PM – 3:38PM Yama 8:56AM – 10:30AM 546616573 Rahu 3:12PM – 4:46PM	Sun 11
	Creative Work Siddha Yoga	Ashlesha* Until 8:18PM Shiva Until 10:38PM Gara Until 10:37AM Trayodashi* Until 11:49PM	Ganesh: Light Blue <i>Sunrise:</i> 5:47AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: White Moon – Blue Devaloka Day Srivana*Avani
		Pradosha Vrata (Fasting)	

6	Wednesday, September 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Mosul, Iraq Sutra 149 Sobhana 5125
	Simha Rasi: 4.42 Tithi 29	Gulika 10:30AM – 12:03PM Yama 7:22AM – 8:56AM 556616573 Rahu 12:03PM – 1:37PM	Sun 12
	Creative Work Siddha Yoga Until 11:26PM Then Creative Work - Amrita Yoga	Magha* Until 11:26PM Siddha Until 11:33PM Visti Until 1:04PM Chaturdashi* Until 2:16AM Thu	Ganesh: Purple <i>Sunrise:</i> 5:48AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: White Moon – Red Devaloka Day Srivana*Avani

Retreat Star	Thursday, September 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Mosul, Iraq Sutra 150 Sobhana 5125
	Simha Rasi: 16.34 Tithi 30	Gulika 8:56AM – 10:30AM Yama 5:49AM – 7:22AM 556616573 Rahu 1:37PM – 3:10PM	Sun 13
	Creative Work Siddha Yoga	Purvaphalguni Until 2:20AM Fri Sadhya Until 12:24AM Fri Catuspada Until 3:28PM Amavasya* Until 4:36AM Fri	Ganesh: Purple <i>Sunrise:</i> 5:49AM Muruga: Yellow <i>Sunset:</i> 6:17PM Nataraja: White Moon – Red Devaloka Day Srivana*Avani

Retreat Star	Friday, September 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau	Mosul, Iraq Sutra 151 Sobhana 5125
	Simha Rasi: 28.29 Tithi 1	Gulika 7:23AM – 8:56AM Yama 3:09PM – 4:43PM 556626573 Rahu 10:29AM – 12:03PM	Sun 14
	Creative Work Siddha Yoga Until 4:53AM Sat Then Routine Work - Marana Yoga	Uttaraphalguni Until 4:53AM Sat Subha Until 1:09AM Sat Kintughna Until 5:44PM Prathama* Until 6:45AM Sat	Ganesh: Purple <i>Sunrise:</i> 5:50AM Muruga: White <i>Sunset:</i> 6:16PM Nataraja: White Moon – Red Sivaloka Day Bhadrapada*Avani

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

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1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 15 Sutra 152
	Kanya Rasi: 10.28	Tithi 1 – 2	Gulika 5:50AM – 7:23AM	Hasta Until 7:30AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:50AM	Sobhana 5125	
	Routine Work Marana Yoga Until 7:30AM Sun Then Creative Work - Siddha Yoga	566626573	Yama 1:35PM – 3:08PM	Sukla Until 1:39AM Sun	Muruga: White <i>Sunset:</i> 6:14PM	Moon 9 - Phase 22 - 15 3rd Phase	

2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq Sun 16 Sutra 153
	Kanya Rasi: 22.34	Tithi 2 – 3	Gulika 3:07PM – 4:40PM	Hasta Until 7:30AM	Ganesha: Light Blue <i>Sunrise:</i> 5:51AM	Sobhana 5125	
	Creative Work Amrita Yoga Until 7:30AM Then Creative Work - Siddha Yoga	566626573	Yama 12:02PM – 1:35PM	Brahma Until 1:56AM Mon	Muruga: White <i>Sunset:</i> 6:13PM	Moon 9 - Phase 22 - 16 3rd Phase	

3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Mosul, Iraq Sun 17 Sutra 154
	Tula Rasi: 4.48	Tithi 3 – 4	Gulika 1:34PM – 3:07PM	Chitra Until 9:37AM	Ganesha: Light Blue <i>Sunrise:</i> 5:52AM	Sobhana 5125	
	Family Home Evening Routine Work Prabalarishta Yoga Until 9:37AM Then Creative Work - Amrita Yoga	566626573	Yama 10:29AM – 12:02PM	Indra Until 1:53AM Tue	Muruga: White <i>Sunset:</i> 6:11PM	Moon 9 - Phase 22 - 17 3rd Phase	

4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq Sun 18 Sutra 155
	Tula Rasi: 17.13	Tithi 4 – 5	Gulika 12:01PM – 1:33PM	Svati Until 11:08AM	Ganesha: Purple <i>Sunrise:</i> 5:53AM	Sobhana 5125	
	Creative Work Siddha Yoga Until 11:08AM Then Routine Work - Marana Yoga	567626573	Yama 8:57AM – 10:29AM	Vaidhriti* Until 1:26AM Wed	Muruga: White <i>Sunset:</i> 6:10PM	Moon 9 - Phase 22 - 18 3rd Phase	

5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau				Mosul, Iraq Sun 19 Sutra 156
	Tula Rasi: 29.52	Tithi 5 – 6	Gulika 10:29AM – 12:01PM	Vishakha Until 12:28PM	Ganesha: Clear <i>Sunrise:</i> 5:54AM	Sobhana 5125	
	Creative Work Siddha Yoga	577626573	Yama 7:25AM – 8:57AM	Vishkambha* Until 12:34AM Thu	Muruga: White <i>Sunset:</i> 6:08PM	Moon 9 - Phase 22 - 19 3rd Phase	

6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq Sun 20 Sutra 157
	Vrischika Rasi: 12.47	Tithi 6 – 7	Gulika 8:57AM – 10:29AM	Anuradha Until 1:04PM	Ganesha: Clear <i>Sunrise:</i> 5:54AM	Sobhana 5125	
	Creative Work Siddha Yoga Until 1:04PM Then Routine Work - Prabalarishta Yoga	577626573	Yama 5:54AM – 7:26AM	Priti Until 11:13PM	Muruga: White <i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 20 3rd Phase	

D	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 21 Sutra 158
	Retreat Star		Gulika 7:26AM – 8:58AM	Jyeshtha* Until 12:54PM	Ganesha: Clear <i>Sunrise:</i> 5:55AM	Sobhana 5125	
	Vrischika Rasi: 26.02	Tithi 7 – 8	Yama 3:03PM – 4:34PM	Ayushman Until 9:20PM	Muruga: White <i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 21 Ashtami	

D	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 22 Sutra 159
	Retreat Star		Gulika 5:56AM – 7:27AM	Mula* Until 12:24PM	Ganesha: White <i>Sunrise:</i> 5:56AM	Sobhana 5125	
	Dhanus Rasi: 9.38	Tithi 8 – 9	Yama 1:31PM – 3:02PM	Saubhagya Until 6:58PM	Muruga: White <i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 - 22 Navami	


1	Sunday, September 24, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Mosul, Iraq Sutra 160 Sobhana 5125
	Dhanus Rasi: 23.36 Tithi 9 – 10 Creative Work Siddha Yoga Until 11:10AM Then Creative Work - Amrita Yoga	Gulika Yama 587626573 Rahu	3:01PM – 4:32PM 12:00PM – 1:30PM 4:32PM – 6:02PM	Purvashadha* Until 11:10AM Sobhana Until 4:08PM Taitila Until 6:44PM Navami* Until 7:52AM	Ganesha: White Sunrise: 5:57AM Muruga: White Sunset: 6:02PM Nataraja: White Moon – Light Blue Sivaloka Day Bhadrapada*Puratasi	Sun 23 Moon 9 - Phase 23 - 23 4th Phase


2	Monday, September 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sutra 161 Sobhana 5125
	Makara Rasi: 7.56 Tithi 11 Family Home Evening Routine Work Marana Yoga Until 9:15AM Then Creative Work - Amrita Yoga	Gulika Yama 588626573 Rahu	1:30PM – 3:00PM 10:29AM – 11:59AM 7:28AM – 8:58AM	Uttarashadha Until 9:15AM Athiganda* Until 12:51PM Vanija Until 4:02PM Ekadashi Until 2:31AM Tue	Ganesha: Clear Sunrise: 5:57AM Muruga: White Sunset: 6:01PM Nataraja: White Moon – Light Blue Subha Sivaloka Day Bhadrapada*Puratasi	Sun 24 Moon 9 - Phase 23 - 24 4th Phase

3	Tuesday, September 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sutra 162 Sobhana 5125
	Makara Rasi: 22.35 Tithi 12 Creative Work Siddha Yoga	Gulika Yama 598626573 Rahu	11:59AM – 1:29PM 8:59AM – 10:29AM 2:59PM – 4:29PM	Shravana Until 7:11AM Sukarma Until 9:15AM Bava Until 12:57PM Dvadashi Until 11:17PM	Ganesha: White Sunrise: 5:58AM Muruga: White Sunset: 5:59PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi	Sun 25 Moon 9 - Phase 23 - 25 4th Phase

4	Wednesday, September 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sutra 163 Sobhana 5125
	Kumbha Rasi: 7.29 Tithi 13 Creative Work Siddha Yoga	Gulika Yama 598626573 Rahu	10:29AM – 11:59AM 7:29AM – 8:59AM 11:59AM – 1:28PM	Shatabhishak Until 1:53AM Thu Shula* Until 1:25AM Thu Kaulava Until 9:36AM Trayodashi Until 7:51PM	Ganesha: White Sunrise: 5:59AM Muruga: White Sunset: 5:58PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi	Sun 26 Moon 9 - Phase 23 - 26 4th Phase
		Chidambaram Abhishekam Kadaitswami Mahasamadhi	Pradosha Vrata			

5	Thursday, September 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sutra 164 Sobhana 5125
	Kumbha Rasi: 22.29 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika Yama 618626573 Rahu	8:59AM – 10:29AM 6:00AM – 7:29AM 1:28PM – 2:57PM	Purvaproshtapada* Until 11:21PM Ganda* Until 9:26PM Gara Until 6:08AM Chaturdashi* Until 4:23PM	Ganesha: Yellow Sunrise: 6:00AM Muruga: White Sunset: 5:57PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi	Sun 27 Moon 9 - Phase 23 - 27 4th Phase

	Friday, September 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sutra 165 Sobhana 5125
	Copper Retreat Star Meena Rasi: 7.28 Tithi 15 – 16 Creative Work Siddha Yoga	Gulika Yama 618626573 Rahu	7:30AM – 8:59AM 2:56PM – 4:26PM 10:29AM – 11:58AM	Uttaraproshtapada Until 8:50PM Vridhhi Until 5:35PM Balava Until 11:26PM Purnima* Until 1:01PM	Ganesha: Yellow Sunrise: 6:01AM Muruga: White Sunset: 5:55PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi	Moon 9 - Phase 23 - Purnima

	Saturday, September 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sutra 166 Sobhana 5125
	Silver Retreat Star Meena Rasi: 22.17 Tithi 16 – 17 Routine Work Prabalarishta Yoga Until 6:31PM Then Creative Work - Siddha Yoga	Gulika Yama 618626573 Rahu	6:01AM – 7:30AM 1:27PM – 2:56PM 8:59AM – 10:28AM	Revati Until 6:31PM Dhruva Until 1:57PM Taitila Until 8:32PM Prathama* Until 9:55AM	Ganesha: Yellow Sunrise: 6:01AM Muruga: White Sunset: 5:54PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi	Moon 9 - Phase 23 - Prathama

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

www.gurudeva.org/panchang



Sunday, October 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sun 1 Sutra 167

Sobhana 5125

Mesha Rasi: 6.49 Tithi 17 - 18

Gulika 2:55PM - 4:23PM
Yama 11:57AM - 1:26PM
Rahu 4:23PM - 5:52PM

Ashvini Until 4:57PM
Vyaghata* Until 10:43AM
Vanija Until 6:07PM
Dvitiya Until 7:14AM

Ganesha: White *Sunrise:* 6:02AM
Muruga: White *Sunset:* 5:52PM
Nataraja: White
Moon - White
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

Until 4:57PM

Then Routine Work - Prabalarishta Yoga

1

Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthiyam Titau

Mosul, Iraq

Sun 2 Sutra 168

Sobhana 5125

Mesha Rasi: 20.58 Tithi 19

Gulika 1:25PM - 2:54PM
Yama 10:28AM - 11:57AM
Rahu 7:32AM - 9:00AM

Bharani Until 3:53PM
Harshana Until 7:58AM
Bava Until 4:20PM
Chaturthi* Until 3:42AM Tue

Ganesha: Clear *Sunrise:* 6:03AM
Muruga: White *Sunset:* 5:51PM
Nataraja: White
Moon - White
Subha Sivaloka Day
Bhadrapada*Puratasi

Family Home Evening

Creative Work Siddha Yoga

Until 3:53PM

Then Routine Work - Marana Yoga

2

Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq

Sun 3 Sutra 169

Sobhana 5125

Mrishabha Rasi: 4.4 Tithi 20

Gulika 11:57AM - 1:25PM
Yama 9:00AM - 10:28AM
Rahu 2:53PM - 4:21PM

Krittika Until 3:23PM
Siddhi Until 4:10AM Wed
Kaulava Until 3:17PM
Panchami Until 3:03AM Wed

Ganesha: Clear *Sunrise:* 6:04AM
Muruga: White *Sunset:* 5:49PM
Nataraja: White
Moon - White
Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

Until 3:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Mosul, Iraq

Sun 4 Sutra 170

Sobhana 5125

Mrishabha Rasi: 17.56 Tithi 21

Gulika 10:28AM - 11:56AM
Yama 7:33AM - 9:00AM
Rahu 11:56AM - 1:24PM

Rohini Until 3:58PM
Vyatipata* Until 3:14AM Thu
Gara Until 3:03PM
Shashthi* Until 3:12AM Thu

Ganesha: Purple *Sunrise:* 6:05AM
Muruga: White *Sunset:* 5:48PM
Nataraja: White
Moon - Yellow
Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

4

Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq

Sun 5 Sutra 171

Sobhana 5125

Mithuna Rasi: 0.48 Tithi 22

Gulika 9:01AM - 10:28AM
Yama 6:06AM - 7:33AM
Rahu 1:24PM - 2:51PM

Mrigashira Until 5:10PM
Variyan Until 2:52AM Fri
Visti Until 3:36PM
Saptami Until 4:07AM Fri

Ganesha: Clear *Sunrise:* 6:06AM
Muruga: White *Sunset:* 5:46PM
Nataraja: White
Moon - Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Routine Work Marana Yoga

D

Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq

Sun 6 Sutra 172

Sobhana 5125

Mithuna Rasi: 13.19 Tithi 23

Gulika 7:34AM - 9:01AM
Yama 2:50PM - 4:18PM
Rahu 10:28AM - 11:56AM

Ardra Until 6:53PM
Parigha* Until 3:00AM Sat
Balava Until 4:51PM
Ashtami* Until 5:42AM Sat

Ganesha: Clear *Sunrise:* 6:06AM
Muruga: White *Sunset:* 5:45PM
Nataraja: White
Moon - Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Taitila Karana Navamyam Titau

Mosul, Iraq

Sun 7 Sutra 173

Sobhana 5125

Mithuna Rasi: 25.33 Tithi 24

Gulika 6:07AM - 7:34AM
Yama 1:22PM - 2:49PM
Rahu 9:01AM - 10:28AM

Punarvasu Until 9:28PM
Shiva Until 3:33AM Sun
Taitila Until 6:42PM
Navami* Until 7:45AM Sun

Ganesha: Purple *Sunrise:* 6:07AM
Muruga: White *Sunset:* 5:43PM
Nataraja: White
Moon - Blue
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Creative Work Siddha Yoga

1	Sunday, October 8, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Mosul, Iraq Sutra 174
	Kataka Rasi: 7.35	Tithi 24 – 25	Gulika 2:49PM – 4:15PM	Pushya Until 12:14AM Mon	Ganesh: Purple <i>Sunrise:</i> 6:08AM	Sobhana 5125
	649726574	Rahu 4:15PM – 5:42PM	Siddha Until 4:19AM Mon	Muruga: White <i>Sunset:</i> 5:42PM	Moon 10 - Phase 25 - 8	2nd Phase
	Creative Work	Siddha Yoga	Vanija Until 8:56PM	Navami* Until 7:45AM	Moon – Blue	Subha Sivaloka Day
				Bhadrapada*Puratasi		

2	Monday, October 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sutra 175
	Kataka Rasi: 19.31	Tithi 25 – 26	Gulika 1:21PM – 2:48PM	Ashlesha* Until 3:02AM Tue	Ganesh: Purple <i>Sunrise:</i> 6:09AM	Sobhana 5125
	649726574	Rahu 7:35AM – 9:02AM	Sadhya Until 5:13AM Tue	Bava Until 11:23PM	Muruga: White <i>Sunset:</i> 5:41PM	Moon 10 - Phase 25 - 9
	Creative Work	Siddha Yoga	Dashami Until 10:07AM		Moon – Blue	Subha Sivaloka Day
				Bhadrapada*Puratasi		

3	Tuesday, October 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sutra 176
	Simha Rasi: 1.22	Tithi 26 – 27	Gulika 11:55AM – 1:21PM	Magha* Until 6:11AM Wed	Ganesh: Red <i>Sunrise:</i> 6:10AM	Sobhana 5125
	651726574	Rahu 2:47PM – 4:13PM	Subha Until 6:08AM Wed	Kaulava Until 1:53AM Wed	Muruga: White <i>Sunset:</i> 5:39PM	Moon 10 - Phase 25 - 10
	Creative Work	Siddha Yoga	Ekadashi* Until 12:37PM		Moon – Red	Sivaloka Day
				Bhadrapada*Puratasi		

4	Wednesday, October 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sutra 177
	Simha Rasi: 13.14	Tithi 27 – 28	Gulika 10:28AM – 11:54AM	Magha* Until 6:11AM	Ganesh: Red <i>Sunrise:</i> 6:11AM	Sobhana 5125
	651726574	Rahu 11:54AM – 1:20PM	Subha Until 6:08AM	Gara Until 4:16AM Thu	Muruga: White <i>Sunset:</i> 5:38PM	Moon 10 - Phase 25 - 11
	Creative Work	Siddha Yoga	Dvadashi* Until 3:04PM		Moon – Red	Sivaloka Day
				Bhadrapada*Puratasi		
				<i>Pradosha Vrata (Fasting)</i>		

5	Thursday, October 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sutra 178
	Simha Rasi: 25.09	Tithi 28 – 29	Gulika 9:03AM – 10:28AM	Purvaphalguni Until 9:02AM	Ganesh: Red <i>Sunrise:</i> 6:11AM	Sobhana 5125
	651726574	Rahu 1:20PM – 2:45PM	Sukla Until 6:55AM	Visti Until 6:24AM Fri	Muruga: White <i>Sunset:</i> 5:36PM	Moon 10 - Phase 25 - 12
	Creative Work	Siddha Yoga	Trayodashi* Until 5:21PM		Moon – Red	Sivaloka Day
				Bhadrapada*Puratasi		

6	Friday, October 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq Sutra 179
	Kanya Rasi: 7.1	Tithi 29	Gulika 7:38AM – 9:03AM	Uttaraphalguni Until 11:27AM	Ganesh: Red <i>Sunrise:</i> 6:12AM	Sobhana 5125
	651726574	Rahu 10:28AM – 11:54AM	Brahma Until 7:31AM	Visti Until 6:24AM	Muruga: White <i>Sunset:</i> 5:35PM	Moon 10 - Phase 25 - 13
	Creative Work	Siddha Yoga	Chaturdashi* Until 7:19PM		Moon – Red	Sivaloka Day
				Bhadrapada*Puratasi		

Retreat Star	Saturday, October 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq Sutra 180
	Kanya Rasi: 19.19	Tithi 30	Gulika 6:13AM – 7:38AM	Hasta Until 1:52PM	Ganesh: Yellow <i>Sunrise:</i> 6:13AM	Sobhana 5125
	661726574	Rahu 9:03AM – 10:28AM	Indra Until 7:52AM	Catuspada Until 8:11AM	Muruga: White <i>Sunset:</i> 5:34PM	Moon 10 - Phase 25 - 14
	Routine Work	Marana Yoga	Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 8:54PM	Moon – Green	Sivaloka Day
				Bhadrapada*Puratasi		

Retreat Star	Sunday, October 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkamba* Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq Sutra 181
	Tula Rasi: 1.38	Tithi 1	Gulika 2:43PM – 4:08PM	Chitra Until 3:41PM	Ganesh: Yellow <i>Sunrise:</i> 6:14AM	Sobhana 5125
	661726574	Rahu 4:08PM – 5:32PM	Vaidhriti* Until 7:52AM	Kintughna Until 9:33AM	Muruga: White <i>Sunset:</i> 5:32PM	Moon 10 - Phase 25 - 15
	Creative Work	Siddha Yoga	Navaratri Begins	Prathama* Until 10:02PM	Moon – Green	Sivaloka Day
				Ashvina*Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Monday, October 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Mosul, Iraq Sutra 182 Sobhana 5125
	Tula Rasi: 14.09 Family Home Evening Creative Work Amrita Yoga Until 4:54PM Then Routine Work - Marana Yoga	Gulika 1:18PM – 2:42PM Yama 10:29AM – 11:53AM Rahu 7:40AM – 9:04AM	Svati Until 4:54PM Vishkamba* Until 7:31AM Balava Until 10:27AM Dvitiya Until 10:43PM

2	Tuesday, October 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau	Mosul, Iraq Sutra 183 Sobhana 5125
	Tula Rasi: 26.53 Routine Work Marana Yoga Until 5:58PM Then Creative Work - Siddha Yoga	Gulika 11:53AM – 1:17PM Yama 9:04AM – 10:29AM Rahu 2:41PM – 4:06PM	Vishakha Until 5:58PM Priti Until 6:50AM Taitila Until 10:53AM Tritiya Until 10:55PM

3	Wednesday, October 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau	Mosul, Iraq Sutra 184 Sobhana 5125
	Vrischika Rasi: 9.5 Creative Work Siddha Yoga	Gulika 10:29AM – 11:53AM Yama 7:41AM – 9:05AM Rahu 11:53AM – 1:17PM	Anuradha Until 6:27PM Saubhagya Until 4:19AM Thu Vanija Until 10:52AM Chaturthi* Until 10:40PM

4	Thursday, October 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Mosul, Iraq Sutra 185 Sobhana 5125
	Vrischika Rasi: 23.02 Routine Work Prabalarishta Yoga Until 6:20PM Then Creative Work - Siddha Yoga	Gulika 9:05AM – 10:29AM Yama 6:18AM – 7:41AM Rahu 1:16PM – 2:40PM	Jyeshtha* Until 6:20PM Sobhana Until 2:34AM Fri Bava Until 10:23AM Panchami Until 9:58PM

5	Friday, October 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Mosul, Iraq Sutra 186 Sobhana 5125
	Dhanus Rasi: 6.27 Creative Work Amrita Yoga Until 6:07PM Then Routine Work - Prabalarishta Yoga	Gulika 7:42AM – 9:05AM Yama 2:39PM – 4:03PM Rahu 10:29AM – 11:52AM	Mula* Until 6:07PM Athiganda* Until 12:28AM Sat Kaulava Until 9:29AM Shashthi* Until 8:52PM

6	Saturday, October 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Mosul, Iraq Sutra 187 Sobhana 5125
	Dhanus Rasi: 20.07 Creative Work Siddha Yoga Until 5:21PM Then Routine Work - Marana Yoga	Gulika 6:20AM – 7:43AM Yama 1:15PM – 2:38PM Rahu 9:06AM – 10:29AM	Purvashadha* Until 5:21PM Sukarma Until 10:04PM Gara Until 8:11AM Saptami Until 7:22PM

D	Sunday, October 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Mosul, Iraq Sutra 188 Sobhana 5125
	Makara Rasi: 4 Creative Work Amrita Yoga	Gulika 2:38PM – 4:01PM Yama 11:52AM – 1:15PM Rahu 4:01PM – 5:23PM	Uttarashadha Until 4:05PM Dhriti Until 7:22PM Visti Until 6:30AM Ashtami* Until 5:30PM

D	Monday, October 23, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Mosul, Iraq Sutra 189 Sobhana 5125
	Makara Rasi: 18.07 Family Home Evening Creative Work Amrita Yoga Until 2:45PM Then Creative Work - Siddha Yoga	Gulika 1:14PM – 2:37PM Yama 10:29AM – 11:52AM Rahu 7:44AM – 9:07AM	Shravana Until 2:45PM Shula* Until 4:23PM Taitila Until 2:06AM Tue Navami* Until 3:17PM


As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Tuesday, October 24, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Mosul, Iraq Sutra 190
		Sun 24	Sobhana 5125
Kumbha Rasi: 2.26	Tithi 10 – 11	Gulika 11:52AM – 1:14PM Yama 9:07AM – 10:29AM 692726574 Rahu 2:36PM – 3:59PM	Dhanishtha Until 1:00PM Ganda* Until 1:11PM Vanija Until 11:30PM Dashami Until 12:48PM
Creative Work Until 1:00PM Then Routine Work - Marana Yoga	Siddha Yoga	Vijaya Dasami	Ganesha: White Muruga: White Nataraja: Clear Moon – Purple Ashvina•Aipasi
			Devaloka Day

2	Wednesday, October 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Mosul, Iraq Sutra 191
		Sun 25	Sobhana 5125
Kumbha Rasi: 16.55	Tithi 11 – 12	Gulika 10:29AM – 11:52AM Yama 7:45AM – 9:07AM 692726574 Rahu 11:52AM – 1:14PM	Shatabhishak Until 10:55AM Vridhhi Until 9:50AM Bava Until 8:44PM Ekadashi Until 10:07AM
Creative Work Until 10:55AM Then Creative Work - Amrita Yoga	Siddha Yoga		Ganesha: White Muruga: White Nataraja: Clear Moon – Purple Ashvina•Aipasi
			Devaloka Day

3	Thursday, October 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau	Mosul, Iraq Sutra 192
		Sun 26	Sobhana 5125
Meena Rasi: 1.3	Tithi 12 – 13	Gulika 9:08AM – 10:30AM Yama 6:24AM – 7:46AM 612726574 Rahu 1:13PM – 2:35PM	Purvaproshtapada* Until 9:00AM Dhruva Until 6:22AM Taitila Until 4:31AM Fri Dvadashi Until 7:19AM
Creative Work Until 10:55AM Then Routine Work - Marana Yoga	Siddha Yoga		Ganesha: Purple Muruga: White Nataraja: Clear Moon – Clear Ashvina•Aipasi
			Devaloka Day
			<i>Pradosha Vrata</i>

4	Friday, October 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Mosul, Iraq Sutra 193
		Sun 27	Sobhana 5125
Meena Rasi: 16.05	Tithi 14	Gulika 7:47AM – 9:08AM Yama 2:34PM – 3:56PM 612726574 Rahu 10:30AM – 11:51AM	Uttaraproshtapada Until 6:57AM Harshana Until 11:32PM Gara Until 3:10PM Chaturdashi* Until 1:50AM Sat
Creative Work Until 10:55AM Then Routine Work - Marana Yoga	Siddha Yoga		Ganesha: Purple Muruga: White Nataraja: Clear Moon – Clear Ashvina•Aipasi
			Devaloka Day

	Saturday, October 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau	Mosul, Iraq Sutra 194
		Sun 28	Sobhana 5125
Mesha Rasi: 0.34	Tithi 15	Gulika 6:26AM – 7:47AM Yama 1:13PM – 2:34PM 622726574 Rahu 9:09AM – 10:30AM	Ashvini Until 3:24AM Sun Vajra* Until 8:21PM Visti Until 12:36PM Purnima* Until 11:25PM
Creative Work Until 3:24AM Sun Then Routine Work - Prabalarishta Yoga	Siddha Yoga		Ganesha: Clear Muruga: White Nataraja: Clear Moon – White Ashvina•Aipasi
			Sivaloka Day

Silver Retreat Star	Sunday, October 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau	Mosul, Iraq Sutra 195
		Sun 29	Sobhana 5125
Mesha Rasi: 14.52	Tithi 16	Gulika 2:33PM – 3:54PM Yama 11:51AM – 1:12PM 622726574 Rahu 3:54PM – 5:15PM	Bharani Until 2:10AM Mon Siddhi Until 5:28PM Balava Until 10:21AM Prathama* Until 9:23PM
Routine Work Until 2:10AM Mon Then Routine Work - Marana Yoga	Prabalarishta Yoga		Ganesha: Clear Muruga: White Nataraja: Clear Moon – White Ashvina•Aipasi
			Sivaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

**Monday, October 30, 2023****Gold Retreat Star**

Mesha Rasi: 28.52 Tithi 17
Family Home Evening
 Routine Work Marana Yoga
 Until 1:20AM Tue
 Then Creative Work - Amrita Yoga

Gulika 1:12PM – 2:33PM
Yama 10:30AM – 11:51AM
Rahu 7:49AM – 9:10AM

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Kritika Nakshatra Vyatipata* / Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Kritika Until 1:20AM Tue
 Vyatipata* Until 3:01PM
 Taitila Until 8:34AM
Dvitiya Until 7:52PM

Ganesha: White *Sunrise:* 6:28AM
Muruga: White *Sunset:* 5:14PM
Nataraja: Clear
 Moon – White
Ashvina•Aipasi

Mosul, Iraq
 Sutra 196
 Sobhana 5125
 Sun 1
 Moon 11 - Phase 28 - 1
 1st Phase

Subha Sivaloka Day**1****Tuesday, October 31, 2023**

Vishabha Rasi: 12.32 Tithi 18
 Creative Work Amrita Yoga
 Until 1:26AM Wed
 Then Creative Work - Siddha Yoga

Gulika 11:51AM – 1:12PM
Yama 9:10AM – 10:31AM
Rahu 2:32PM – 3:53PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rohini Until 1:26AM Wed
 Varyan Until 1:01PM
 Vanija Until 7:22AM
Tritiya Until 7:00PM

Ganesha: Yellow *Sunrise:* 6:29AM
Muruga: White *Sunset:* 5:13PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Mosul, Iraq
 Sutra 197
 Sobhana 5125
 Sun 2
 Moon 11 - Phase 28 - 2
 1st Phase

Sivaloka Day**2****Wednesday, November 1, 2023**

Vishabha Rasi: 25.49 Tithi 19
 Creative Work Siddha Yoga
 Until 2:06AM Thu
 Then Routine Work - Marana Yoga

Gulika 10:31AM – 11:51AM
Yama 7:50AM – 9:11AM
Rahu 11:51AM – 1:11PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthiyam Titau

Mrigashira Until 2:06AM Thu
 Parigha* Until 11:34AM
 Bava Until 6:51AM
Chaturthi* Until 6:50PM

Ganesha: Yellow *Sunrise:* 6:30AM
Muruga: White *Sunset:* 5:12PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Mosul, Iraq
 Sutra 198
 Sobhana 5125
 Sun 3
 Moon 11 - Phase 28 - 3
 1st Phase

Sivaloka Day**3****Thursday, November 2, 2023**

Mithuna Rasi: 8.44 Tithi 20
 Routine Work Marana Yoga
 Until 3:18AM Fri
 Then Creative Work - Siddha Yoga

Gulika 9:11AM – 10:31AM
Yama 6:31AM – 7:51AM
Rahu 1:11PM – 2:31PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Ardra Until 3:18AM Fri
 Shiva Until 10:42AM
 Kaulava Until 7:03AM
Panchami Until 7:24PM

Ganesha: White *Sunrise:* 6:31AM
Muruga: White *Sunset:* 5:11PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Mosul, Iraq
 Sutra 199
 Sobhana 5125
 Sun 4
 Moon 11 - Phase 28 - 4
 1st Phase

Devaloka Day**4****Friday, November 3, 2023**

Mithuna Rasi: 21.19 Tithi 21
 Creative Work Siddha Yoga

Gulika 7:52AM – 9:11AM
Yama 2:31PM – 3:50PM
Rahu 10:31AM – 11:51AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Punarvasu Until 5:28AM Sat
 Siddha Until 10:22AM
 Gara Until 7:58AM
Shashthi* Until 8:40PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: White *Sunset:* 5:10PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Mosul, Iraq
 Sutra 200
 Sobhana 5125
 Sun 5
 Moon 11 - Phase 28 - 5
 1st Phase

Sivaloka Day**5****Saturday, November 4, 2023**

Kataka Rasi: 4 Tithi 22
 Creative Work Siddha Yoga

Gulika 6:33AM – 7:52AM
Yama 1:11PM – 2:30PM
Rahu 9:12AM – 10:32AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Pushya Until 7:59AM Sun
 Sadhya Until 10:32AM
 Visti Until 9:33AM
Saptami Until 10:31PM

Ganesha: Yellow *Sunrise:* 6:33AM
Muruga: White *Sunset:* 5:09PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Mosul, Iraq
 Sutra 201
 Sobhana 5125
 Sun 6
 Moon 11 - Phase 28 - 6
 1st Phase

Sivaloka Day**D****Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 15.4 Tithi 23
 Creative Work Siddha Yoga

Gulika 2:30PM – 3:49PM
Yama 11:51AM – 1:10PM
Rahu 3:49PM – 5:08PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Pushya Until 7:59AM
 Subha Until 11:05AM
 Balava Until 11:39AM
Ashtami* Until 12:48AM Mon

Ganesha: Yellow *Sunrise:* 6:34AM
Muruga: White *Sunset:* 5:08PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Mosul, Iraq
 Sutra 202
 Sobhana 5125
 Sun 7
 Moon 11 - Phase 28 - 7
 Ashtami

Sivaloka Day**Monday, November 6, 2023****Retreat Star**

Kataka Rasi: 27.36 Tithi 24
Family Home Evening
 Creative Work Siddha Yoga
 Until 10:40AM
 Then Routine Work - Marana Yoga

Gulika 1:10PM – 2:29PM
Yama 10:32AM – 11:51AM
Rahu 7:54AM – 9:13AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Ashlesha* Until 10:40AM
 Sukla Until 11:52AM
 Taitila Until 2:04PM
Navami* Until 3:19AM Tue

Ganesha: Yellow *Sunrise:* 6:35AM
Muruga: White *Sunset:* 5:07PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Mosul, Iraq
 Sutra 203
 Sobhana 5125
 Sun 8
 Moon 11 - Phase 28 - 8
 Navami

Sivaloka Day


1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq
	Simha Rasi: 9.28	Tithi 25	Gulika	11:51AM – 1:10PM	Magha* Until 1:50PM	Ganesh: Yellow	Sun 9 Sutra 204
			Yama	9:14AM – 10:32AM	Brahma Until 12:45PM	Muruga: White	Sobhana 5125
	Creative Work	Siddha Yoga	753826574	Rahu	2:29PM – 3:48PM	Nataraja: Clear	Moon 11 - Phase 29 - 9
				Vanija Until 4:37PM	Moon – Red	2nd Phase	
				Dashami Until 5:50AM Wed	Ashvina*Aipasi	Sivaloka Day	

2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Bava Karana Ekadashyam Titau				Mosul, Iraq
	Simha Rasi: 21.19	Tithi 26	Gulika	10:33AM – 11:51AM	Purvaphalguni Until 4:45PM	Ganesh: Yellow	Sun 10 Sutra 205
			Yama	7:55AM – 9:14AM	Indra Until 1:36PM	Muruga: White	Sobhana 5125
	Creative Work	Amrita Yoga	753826574	Rahu	11:51AM – 1:10PM	Nataraja: Clear	Moon 11 - Phase 29 - 10
				Bava Until 7:03PM	Moon – Red	2nd Phase	
				Ekadashi* Until 8:09AM Thu	Ashvina*Aipasi	Sivaloka Day	

3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Kanya Rasi: 3.16	Tithi 26 – 27	Gulika	9:15AM – 10:33AM	Uttaraphalguni Until 7:13PM	Ganesh: Yellow	Sun 11 Sutra 206
			Yama	6:38AM – 7:56AM	Vaidhriti* Until 2:13PM	Muruga: White	Sobhana 5125
		Amrita Yoga	753826574	Rahu	1:10PM – 2:28PM	Nataraja: Clear	Moon 11 - Phase 29 - 11
				Kaulava Until 9:11PM	Moon – Red	2nd Phase	
				Ekadashi* Until 8:09AM	Ashvina*Aipasi	Sivaloka Day	
				Until 7:13PM			
				Then Routine Work - Marana Yoga			

4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Kanya Rasi: 15.21	Tithi 27 – 28	Gulika	7:57AM – 9:15AM	Hasta Until 9:36PM	Ganesh: Blue	Sun 12 Sutra 207
			Yama	2:28PM – 3:46PM	Vishkambha* Until 2:32PM	Muruga: White	Sobhana 5125
	Creative Work	Amrita Yoga	763826574	Rahu	10:33AM – 11:51AM	Nataraja: Clear	Moon 11 - Phase 29 - 12
				Gara Until 10:52PM	Moon – Green	2nd Phase	
				Dvadashi* Until 10:04AM	Ashvina*Aipasi	Devaloka Day	
				Until 9:36PM			
				Then Creative Work - Siddha Yoga			
					<i>Pradosha Vrata (Fasting)</i>		

5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Kanya Rasi: 27.39	Tithi 28 – 29	Gulika	6:40AM – 7:58AM	Chitra Until 11:16PM	Ganesh: Blue	Sun 13 Sutra 208
			Yama	1:09PM – 2:27PM	Priti Until 2:27PM	Muruga: White	Sobhana 5125
	Routine Work	Marana Yoga	763826574	Rahu	9:16AM – 10:34AM	Nataraja: Clear	Moon 11 - Phase 29 - 13
				Visti Until 11:58PM	Moon – Green	2nd Phase	
				Trayodashi* Until 11:28AM	Ashvina*Aipasi	Devaloka Day	
				Until 11:16PM			
				Then Creative Work - Siddha Yoga			
					Subramuniyaswami Mahasamadhi		
					Deepavali Hindu Solidarity Day		

	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika	2:27PM – 3:45PM	Svati Until 12:12AM Mon	Ganesh: Blue	Sun 14 Sutra 209
	Tula Rasi: 10.12	Tithi 29 – 30	Yama	11:52AM – 1:09PM	Ayushman Until 1:53PM	Muruga: White	Sobhana 5125
	Creative Work	Siddha Yoga	763826574	Rahu	3:45PM – 5:02PM	Nataraja: Clear	Moon 11 - Phase 29 - 14
				Catuspada Until 12:28AM Mon	Moon – Green	Amavasya	
				Chaturdashi* Until 12:16PM	Ashvina*Aipasi	Devaloka Day	
				Until 12:12AM Mon			
				Then Routine Work - Marana Yoga			

Monday, November 13, 2023	Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq
	Family Home Evening		Gulika	1:09PM – 2:27PM	Vishakha Until 12:52AM Tue	Ganesh: Blue	Sun 15 Sutra 210
	Tula Rasi: 23.02	Tithi 30 – 1	Yama	10:34AM – 11:52AM	Saubhagya Until 12:52PM	Muruga: White	Sobhana 5125
	Routine Work	Marana Yoga	773826574	Rahu	7:59AM – 9:17AM	Nataraja: Clear	Moon 11 - Phase 29 - 15
				Kintughna Until 12:22AM Tue	Moon – Orange	Prathama	
				Amavasya* Until 12:28PM	Karttika*Aipasi	Devaloka Day	
				Until 12:52AM Tue			
				Then Creative Work - Siddha Yoga			
					Skanda Shasthi Begins		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Mosul, Iraq Sutra 211
	Vrischika Rasi: 6.09	Tithi 1 – 2	Gulika 11:52AM – 1:09PM	Anuradha Until 12:52AM Wed	Ganesh: Blue <i>Sunrise:</i> 6:43AM
			Yama 9:17AM – 10:35AM	Sobhana Until 11:25AM	Muruga: White <i>Sunset:</i> 5:01PM
	773826574	Rahu 2:26PM – 3:44PM	Balava Until 11:45PM	Nataraja: Clear	Moon 11 - Phase 30 - 16 3rd Phase

Creative Work Siddha Yoga

Devaloka Day
Karttika•Aipasi

2	Wednesday, November 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Mosul, Iraq Sutra 212
	Vrischika Rasi: 19.32	Tithi 2 – 3	Gulika 10:35AM – 11:52AM	Jyeshtha* Until 12:18AM Thu	Ganesh: Blue <i>Sunrise:</i> 6:44AM
			Yama 8:01AM – 9:18AM	Athiganda* Until 9:34AM	Muruga: White <i>Sunset:</i> 5:00PM
	773826574	Rahu 11:52AM – 1:09PM	Taitila Until 10:42PM	Nataraja: Clear	Moon 11 - Phase 30 - 17 3rd Phase

Creative Work Siddha Yoga

Devaloka Day
Karttika•Aipasi

3	Thursday, November 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau			Mosul, Iraq Sutra 213
	Dhanus Rasi: 3.1	Tithi 3 – 4	Gulika 9:19AM – 10:35AM	Mula* Until 11:41PM	Ganesh: Blue <i>Sunrise:</i> 6:45AM
			Yama 6:45AM – 8:02AM	Sukarma Until 7:24AM	Muruga: White <i>Sunset:</i> 4:59PM
	783826574	Rahu 1:09PM – 2:26PM	Vanija Until 9:18PM	Nataraja: Clear	Moon 11 - Phase 30 - 18 3rd Phase

Creative Work Siddha Yoga

Devaloka Day
Karttika•Karttikai

4	Friday, November 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau			Mosul, Iraq Sutra 214
	Dhanus Rasi: 16.58	Tithi 4 – 5	Gulika 8:03AM – 9:19AM	Purvashadha* Until 10:42PM	Ganesh: Yellow <i>Sunrise:</i> 6:46AM
			Yama 2:26PM – 3:42PM	Shula* Until 2:25AM Sat	Muruga: White <i>Sunset:</i> 4:59PM
	784826575	Rahu 10:36AM – 11:52AM	Bava Until 7:39PM	Nataraja: Purple	Moon 11 - Phase 30 - 19 3rd Phase

Routine Work Prabalarishta Yoga
Until 10:42PM
Then Routine Work - Marana Yoga

Subha Sivaloka Day
Karttika•Karttikai

5	Saturday, November 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau			Mosul, Iraq Sutra 215
	Makara Rasi: 0.55	Tithi 5 – 6	Gulika 6:47AM – 8:03AM	Uttarashadha Until 9:24PM	Ganesh: Yellow <i>Sunrise:</i> 6:47AM
			Yama 1:09PM – 2:25PM	Ganda* Until 11:43PM	Muruga: White <i>Sunset:</i> 4:58PM
	784826575	Rahu 9:20AM – 10:36AM	Taitila Until 4:51AM Sun	Nataraja: Purple	Moon 11 - Phase 30 - 20 3rd Phase

Routine Work Marana Yoga
Until 9:24PM
Then Creative Work - Siddha Yoga

Skanda Shasthi

Subha Sivaloka Day
Karttika•Karttikai

6	Sunday, November 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau			Mosul, Iraq Sutra 216
	Makara Rasi: 14.56	Tithi 7	Gulika 2:25PM – 3:41PM	Shravana Until 8:17PM	Ganesh: White <i>Sunrise:</i> 6:48AM
			Yama 11:53AM – 1:09PM	Vriddhi Until 8:56PM	Muruga: White <i>Sunset:</i> 4:58PM
	794826575	Rahu 3:41PM – 4:58PM	Gara Until 3:53PM	Nataraja: Purple	Moon 11 - Phase 30 - 21 3rd Phase

Creative Work Amrita Yoga
Until 8:17PM
Then Routine Work - Marana Yoga

Subha Subha Sivaloka Day
Karttika•Karttikai

D	Monday, November 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau			Mosul, Iraq Sutra 217
	Retreat Star		Gulika 1:09PM – 2:25PM	Dhanishtha Until 6:56PM	Ganesh: White <i>Sunrise:</i> 6:49AM
	Makara Rasi: 29.02	Tithi 8	Yama 10:37AM – 11:53AM	Dhruva Until 6:05PM	Muruga: White <i>Sunset:</i> 4:57PM
	Family Home Evening		Rahu 8:05AM – 9:21AM	Visti Until 1:52PM	Nataraja: Purple

Creative Work Siddha Yoga

Subha Subha Sivaloka Day
Karttika•Karttikai

D	Tuesday, November 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Mosul, Iraq Sutra 218
	Retreat Star		Gulika 11:53AM – 1:09PM	Shatabhishak Until 5:25PM	Ganesh: White <i>Sunrise:</i> 6:50AM
	Kumbha Rasi: 13.1	Tithi 9	Yama 9:22AM – 10:37AM	Vyaghata* Until 3:12PM	Muruga: White <i>Sunset:</i> 4:57PM
	794826575	Rahu 2:25PM – 3:41PM	Balava Until 11:48AM	Nataraja: Purple	Moon 11 - Phase 30 - 23 Navami

Routine Work Marana Yoga

Subha Subha Sivaloka Day
Karttika•Karttikai


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq
	Kumbha Rasi: 27.19	Tithi 10	Gulika 10:38AM – 11:54AM	Purvaproshtapada* Until 4:11PM	Ganesha: White	Sunrise: 6:51AM	Sun 24 Sutra 219
	714826575		Yama 8:07AM – 9:22AM	Harshana Until 12:19PM	Muruga: White	Sunset: 4:56PM	Sobhana 5125
		Rahu 11:54AM – 1:09PM	Taitila Until 9:43AM	Nataraja: Purple		Moon 11 - Phase 31 - 24	
Creative Work	Amrita Yoga		Dashami Until 8:40PM	Moon – Clear		4th Phase	
Until 4:11PM						Subha Subha Sivaloka Day	
Then Creative Work - Siddha Yoga						Karttika*Karttikai	

2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq
	Meena Rasi: 11.28	Tithi 11	Gulika 9:23AM – 10:38AM	Uttaraproshtapada Until 2:50PM	Ganesha: White	Sunrise: 6:52AM	Sun 25 Sutra 220
	714826575		Yama 6:52AM – 8:07AM	Vajra* Until 9:26AM	Muruga: White	Sunset: 4:56PM	Sobhana 5125
		Rahu 1:09PM – 2:25PM	Vanija Until 7:39AM	Nataraja: Purple		Moon 11 - Phase 31 - 25	
Creative Work	Siddha Yoga		Ekadashi Until 6:37PM	Moon – Clear		4th Phase	
						Subha Subha Sivaloka Day	
						Karttika*Karttikai	

3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Meena Rasi: 25.34	Tithi 12 – 13	Gulika 8:08AM – 9:24AM	Revati Until 1:25PM	Ganesha: Clear	Sunrise: 6:53AM	Sun 26 Sutra 221
	714926575		Yama 2:25PM – 3:40PM	Siddhi Until 6:37AM	Muruga: White	Sunset: 4:55PM	Sobhana 5125
		Rahu 10:39AM – 11:54AM	Kaulava Until 3:48AM Sat	Nataraja: Purple		Moon 11 - Phase 31 - 26	
Creative Work	Siddha Yoga		Dvadashi Until 4:41PM	Moon – Clear		4th Phase	
Until 1:25PM						Subha Sivaloka Day	
Then Creative Work - Amrita Yoga						Karttika*Karttikai	
						Pradosha Vrata	

4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Mesha Rasi: 9.34	Tithi 13 – 14	Gulika 6:54AM – 8:09AM	Ashvini Until 12:27PM	Ganesha: Purple	Sunrise: 6:54AM	Sun 27 Sutra 222
	724926575		Yama 1:10PM – 2:25PM	Variyan Until 1:22AM Sun	Muruga: White	Sunset: 4:55PM	Sobhana 5125
		Rahu 9:24AM – 10:39AM	Gara Until 2:09AM Sun	Nataraja: Purple		Moon 11 - Phase 31 - 27	
Creative Work	Siddha Yoga		Trayodashi Until 2:55PM	Moon – White		4th Phase	
						Sivaloka Day	
						Karttika*Karttikai	

	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq
	Copper Retreat Star		Gulika 2:25PM – 3:40PM	Bharani Until 11:35AM	Ganesha: Purple	Sunrise: 6:55AM	Sun 28 Sutra 223
	Mesha Rasi: 23.27	Tithi 14 – 15	Yama 11:55AM – 1:10PM	Parigha* Until 11:05PM	Muruga: White	Sunset: 4:54PM	Sobhana 5125
		724926575	Rahu 3:40PM – 4:54PM	Visti Until 12:48AM Mon	Nataraja: Purple	Moon 11 - Phase 31 -	
Routine Work	Prabalarishta Yoga			Moon – White		Purnima	
Until 11:35AM						Sivaloka Day	
Then Creative Work - Siddha Yoga						Karttika*Karttikai	

	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq
	Silver Retreat Star		Gulika 1:10PM – 2:25PM	Krittika Until 10:55AM	Ganesha: Purple	Sunrise: 6:56AM	Sun 29 Sutra 224
	Mrishabha Rasi: 7.08	Tithi 15 – 16	Yama 10:40AM – 11:55AM	Shiva Until 9:07PM	Muruga: White	Sunset: 4:54PM	Sobhana 5125
		724926575	Rahu 8:11AM – 9:26AM	Balava Until 11:53PM	Nataraja: Purple	Moon 11 - Phase 31 -	
Family Home Evening	Marana Yoga			Moon – White		Prathama	
Routine Work						Sivaloka Day	
Until 10:55AM						Karttika*Karttikai	
Then Creative Work - Amrita Yoga							
						Vinayaga Viratam Begins	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq

Sutra 225

Sobhana 5125

Virshabha Rasi: 20.34 Tithi 16 – 17

734926575

Gulika 11:55AM – 1:10PM
Yama 9:26AM – 10:41AM
Rahu 2:25PM – 3:39PM

Rohini Until 11:00AM

Siddha Until 7:31PM

Taitila Until 11:28PM

Prathama* Until 11:35AM

Ganesha: Clear *Sunrise:* 6:57AM

Muruga: White *Sunset:* 4:54PM

Nataraja: Purple

Moon – Yellow

Karttika*Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 11:00AM

Then Creative Work - Siddha Yoga

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sutra 226

Sobhana 5125

Mithuna Rasi: 3.43 Tithi 17 – 18

735926575

Gulika 10:41AM – 11:56AM
Yama 8:12AM – 9:27AM
Rahu 11:56AM – 1:10PM

Mrigashira Until 11:28AM

Sadhya Until 6:23PM

Vanija Until 11:38PM

Dvitiya Until 11:27AM

Ganesha: Purple *Sunrise:* 6:58AM

Muruga: White *Sunset:* 4:54PM

Nataraja: Purple

Moon – Yellow

Karttika*Karttikai

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq

Sutra 227

Sobhana 5125

Mithuna Rasi: 16.33 Tithi 18 – 19

735926575

Gulika 9:27AM – 10:42AM
Yama 6:59AM – 8:13AM
Rahu 1:10PM – 2:25PM

Ardra Until 12:21PM

Subha Until 5:44PM

Bava Until 12:26AM Fri

Tritiya Until 11:56AM

Ganesha: Purple *Sunrise:* 6:59AM

Muruga: White *Sunset:* 4:53PM

Nataraja: Purple

Moon – Yellow

Karttika*Karttikai

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:21PM

Then Creative Work - Amrita Yoga

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sutra 228

Sobhana 5125

Mithuna Rasi: 29.07 Tithi 19 – 20

745926575

Gulika 8:14AM – 9:28AM
Yama 2:25PM – 3:39PM
Rahu 10:42AM – 11:56AM

Punarvasu Until 2:10PM

Sukla Until 5:31PM

Kaulava Until 1:51AM Sat

Chaturthi* Until 1:02PM

Ganesha: Clear *Sunrise:* 7:00AM

Muruga: White *Sunset:* 4:53PM

Nataraja: Purple

Moon – Blue

Karttika*Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:10PM

Then Routine Work - Marana Yoga

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq

Sutra 229

Sobhana 5125

Kataka Rasi: 11.25 Tithi 20 – 21

745926575

Gulika 7:01AM – 8:15AM
Yama 1:11PM – 2:25PM
Rahu 9:29AM – 10:43AM

Pushya Until 4:23PM

Brahma Until 5:46PM

Gara Until 3:48AM Sun

Panchami Until 2:44PM

Ganesha: Clear *Sunrise:* 7:01AM

Muruga: White *Sunset:* 4:53PM

Nataraja: Purple

Moon – Blue

Karttika*Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:23PM

Then Routine Work - Marana Yoga

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq

Sutra 230

Sobhana 5125

Kataka Rasi: 23.29 Tithi 21 – 22

745926575

Gulika 2:25PM – 3:39PM
Yama 11:57AM – 1:11PM
Rahu 3:39PM – 4:53PM

Ashlesha* Until 6:53PM

Indra Until 6:23PM

Visti Until 6:11AM Mon

Shashthi* Until 4:56PM

Ganesha: Clear *Sunrise:* 7:02AM

Muruga: White *Sunset:* 4:53PM

Nataraja: Purple

Moon – Blue

Karttika*Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:53PM

Then Routine Work - Marana Yoga

6

Monday, December 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq

Sutra 231

Sobhana 5125

Simha Rasi: 5.25 Tithi 22

755926575

Gulika 1:11PM – 2:25PM
Yama 10:44AM – 11:58AM
Rahu 8:16AM – 9:30AM

Magha* Until 10:01PM

Vaidhriti* Until 7:12PM

Visti Until 6:11AM

Saptami Until 7:27PM

Ganesha: White *Sunrise:* 7:02AM

Muruga: White *Sunset:* 4:53PM

Nataraja: Purple

Moon – Red

Karttika*Karttikai

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 10:01PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq

Sutra 232

Sobhana 5125

Simha Rasi: 17.16 Tithi 23

755936575

Gulika 11:58AM – 1:12PM
Yama 9:31AM – 10:44AM
Rahu 2:25PM – 3:39PM

Purvaphalguni Until 1:03AM Wed

Vishkambha* Until 8:06PM

Balava Until 8:47AM

Ashtami* Until 10:04PM

Ganesha: White *Sunrise:* 7:03AM

Muruga: Clear *Sunset:* 4:53PM

Nataraja: Purple

Moon – Red

Karttika*Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:03AM Wed

Then Creative Work - Amrita Yoga

Wednesday, December 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq

Sutra 233

Sobhana 5125

Simha Rasi: 29.06 Tithi 24

755936575

Gulika 10:45AM – 11:58AM
Yama 8:18AM – 9:31AM
Rahu 11:58AM – 1:12PM

Uttaraphalguni Until 3:44AM Thu

Priti Until 8:55PM

Taitila Until 11:21AM

Navami* Until 12:31AM Thu

Ganesha: White *Sunrise:* 7:04AM

Muruga: Clear *Sunset:* 4:53PM

Nataraja: Purple

Moon – Red

Karttika*Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 3:44AM Thu

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

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1**Thursday, December 7, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam TitauMosul, Iraq
Sutra 234
Sun 9

Kanya Rasi: 11.02 Tithi 25

Gulika 9:32AM – 10:45AM
Yama 7:05AM – 8:18AM
766936575 **Rahu** 1:12PM – 2:26PM**Hasta Until 6:21AM Fri**
Ayushman Until 9:26PM
Vanija Until 1:38PM**Ganesha:** Yellow *Sunrise:* 7:05AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon – GreenSobhana 5125
Moon 12 - Phase 33 - 9
2nd PhaseRoutine Work Marana Yoga
Until 6:21AM Fri
Then Creative Work - Siddha Yoga**Sivaloka Day**
Karttika•Karttikai**2****Friday, December 8, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam TitauMosul, Iraq
Sutra 235
Sun 10

Kanya Rasi: 23.08 Tithi 26

Gulika 8:19AM – 9:33AM
Yama 2:26PM – 3:39PM
766936575 **Rahu** 10:46AM – 11:59AM**Hasta Until 6:21AM**
Saubhagya Until 9:32PM
Bava Until 3:25PM
Ekadashi* Until 4:02AM Sat**Ganesha:** White *Sunrise:* 7:06AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon – GreenSobhana 5125
Moon 12 - Phase 33 - 10
2nd PhaseCreative Work Amrita Yoga
Until 6:21AM
Then Creative Work - Siddha Yoga**Devaloka Day**
Karttika•Karttikai**3****Saturday, December 9, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam TitauMosul, Iraq
Sutra 236
Sun 11

Tula Rasi: 5.31 Tithi 27

Gulika 7:07AM – 8:20AM
Yama 1:13PM – 2:26PM
766936575 **Rahu** 9:33AM – 10:47AM**Chitra Until 8:12AM**
Sobhana Until 9:06PM
Kaulava Until 4:30PM
Dvadashi* Until 4:45AM Sun**Ganesha:** White *Sunrise:* 7:07AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon – GreenSobhana 5125
Moon 12 - Phase 33 - 11
2nd PhaseRoutine Work Marana Yoga
Until 8:12AM
Then Creative Work - Siddha Yoga**Devaloka Day**
Karttika•Karttikai**4****Sunday, December 10, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam TitauMosul, Iraq
Sutra 237
Sun 12

Tula Rasi: 18.12 Tithi 28

Gulika 2:27PM – 3:40PM
Yama 12:00PM – 1:13PM
766936575 **Rahu** 3:40PM – 4:53PM**Svati Until 9:11AM**
Athiganda* Until 8:04PM
Gara Until 4:50PM
Trayodashi* Until 4:42AM Mon**Ganesha:** White *Sunrise:* 7:07AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon – GreenSobhana 5125
Moon 12 - Phase 33 - 12
2nd PhaseCreative Work Siddha Yoga
Until 9:11AM
Then Routine Work - Marana Yoga*Pradosha Vrata (Fasting)***Devaloka Day**
Karttika•Karttikai**5****Monday, December 11, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam TitauMosul, Iraq
Sutra 238
Sun 13

Vrishchika Rasi: 1.16 Tithi 29

Family Home Evening**Gulika** 1:14PM – 2:27PM
Yama 10:48AM – 12:01PM
776936575 **Rahu** 8:21AM – 9:34AM**Vishakha Until 9:44AM**
Sukarma Until 6:28PM
Visti Until 4:25PM
Chaturdashi* Until 3:56AM Tue**Ganesha:** Green *Sunrise:* 7:08AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon – OrangeSobhana 5125
Moon 12 - Phase 33 - 13
2nd PhaseRoutine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga**Devaloka Day**
Karttika•Karttikai**Tuesday, December 12, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam TitauMosul, Iraq
Sutra 239
Sun 14

Vrishchika Rasi: 14.42 Tithi 30

Gulika 12:01PM – 1:14PM
Yama 9:35AM – 10:48AM
776936575 **Rahu** 2:27PM – 3:40PM**Anuradha Until 9:27AM**
Dhriti Until 4:21PM
Catuspada Until 3:19PM
Amavasya* Until 2:32AM Wed**Ganesha:** Green *Sunrise:* 7:09AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon – OrangeSobhana 5125
Moon 12 - Phase 33 - 14
AmavasyaCreative Work Siddha Yoga
Until 9:27AM
Then Routine Work - Marana Yoga**Devaloka Day**
Karttika•Karttikai**Wednesday, December 13, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam TitauMosul, Iraq
Sutra 240
Sun 15

Vrishchika Rasi: 28.29 Tithi 1

Gulika 10:49AM – 12:02PM
Yama 8:23AM – 9:36AM
776936575 **Rahu** 12:02PM – 1:15PM**Jyeshtha* Until 8:26AM**
Shula* Until 1:46PM
Kintughna Until 1:40PM
Prathama* Until 12:39AM Thu**Ganesha:** Green *Sunrise:* 7:10AM
Muruga: Clear *Sunset:* 4:54PM
Nataraja: Purple
Moon – OrangeSobhana 5125
Moon 12 - Phase 33 - 15
PrathamaCreative Work Siddha Yoga
Until 8:26AM
Then Routine Work - Marana Yoga**Devaloka Day**
Margasira•Karttikai

1	Thursday, December 14, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq Sutra 241
	Dhanus Rasi: 12.35 Tithi 2	Gulika 9:36AM – 10:49AM Mula* Until 7:15AM Ganesha: White <i>Sunrise:</i> 7:10AM			Sobhana 5125	
	786937575 Rahu 1:15PM – 2:28PM	Yama 7:10AM – 8:23AM Ganda* Until 10:52AM Muruga: White <i>Sunset:</i> 4:54PM			Moon 12 - Phase 34 - 16	
Creative Work Siddha Yoga		Balava Until 11:35AM Nataraja: Purple Moon – Light Blue			Sivaloka Day	
		Dvitiya Until 10:25PM	Margasira*Karttikai			

2	Friday, December 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq Sutra 242
	Dhanus Rasi: 26.52 Tithi 3	Gulika 8:24AM – 9:37AM Uttarashadha Until 3:44AM Sat Ganesha: White <i>Sunrise:</i> 7:11AM			Sobhana 5125	
	786937575 Rahu 10:50AM – 12:03PM	Yama 2:28PM – 3:41PM Vridhhi Until 7:45AM Muruga: White <i>Sunset:</i> 4:54PM			Moon 12 - Phase 34 - 17	
Routine Work Marana Yoga		Taitila Until 9:14AM Nataraja: Purple Moon – Light Blue			Sivaloka Day	
Until 3:44AM Sat		Tritiya Until 7:59PM	Margasira*Karttikai			
Then Creative Work - Siddha Yoga						

3	Saturday, December 16, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq Sutra 243
	Makara Rasi: 11.16 Tithi 4 – 5	Gulika 7:12AM – 8:25AM Shravana Until 2:05AM Sun Ganesha: Purple <i>Sunrise:</i> 7:12AM			Sobhana 5125	
	797937575 Rahu 9:37AM – 10:50AM	Yama 1:16PM – 2:29PM Vyaghata* Until 1:15AM Sun Muruga: White <i>Sunset:</i> 4:54PM			Moon 12 - Phase 34 - 18	
Creative Work Siddha Yoga		Vanija Until 6:45AM Nataraja: Purple Moon – Purple			Subha Subha Sivaloka Day	
Until 2:05AM Sun		Chaturthi* Until 5:29PM	Margasira*Markali			
Then Routine Work - Marana Yoga						

4	Sunday, December 17, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Mosul, Iraq Sutra 244
	Makara Rasi: 25.4 Tithi 5 – 6	Gulika 2:29PM – 3:42PM Dhanishtha Until 12:23AM Mon Ganesha: Clear <i>Sunrise:</i> 7:12AM			Sobhana 5125	
	897937575 Rahu 3:42PM – 4:55PM	Yama 12:04PM – 1:16PM Harshana Until 10:04PM Muruga: White <i>Sunset:</i> 4:55PM			Moon 12 - Phase 34 - 19	
Routine Work Marana Yoga		Kaulava Until 1:53AM Mon Nataraja: Purple Moon – Purple			Subha Sivaloka Day	
Until 12:23AM Mon		Panchami Until 3:02PM	Margasira*Markali			
Then Creative Work - Siddha Yoga						

5	Monday, December 18, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vajira* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq Sutra 245
	Kumbha Rasi: 10 Tithi 6 – 7	Gulika 1:17PM – 2:30PM Shatabhishak Until 10:42PM Ganesha: Clear <i>Sunrise:</i> 7:13AM			Sobhana 5125	
	897937575 Rahu 8:26AM – 9:39AM	Yama 10:51AM – 12:04PM Vajira* Until 7:00PM Muruga: White <i>Sunset:</i> 4:55PM			Moon 12 - Phase 34 - 20	
Family Home Evening		Gara Until 11:40PM Nataraja: Purple Moon – Purple			Subha Sivaloka Day	
Creative Work Siddha Yoga		Shashthi* Until 12:44PM	Margasira*Markali			
Until 10:42PM						
Then Routine Work - Marana Yoga						

D	Tuesday, December 19, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sutra 246
	Retreat Star	Gulika 12:05PM – 1:17PM Purvaproshtapada* Until 9:32PM Ganesha: Clear <i>Sunrise:</i> 7:14AM			Sobhana 5125	
	Kumbha Rasi: 24.13 Tithi 7 – 8	Yama 9:39AM – 10:52AM Siddhi Until 4:07PM Muruga: White <i>Sunset:</i> 4:56PM			Moon 12 - Phase 34 - 21	
817137575 Rahu 2:30PM – 3:43PM		Visti Until 9:41PM Nataraja: Purple Moon – Clear			Subha Sivaloka Day	
Routine Work Marana Yoga		Saptami Until 10:38AM	Margasira*Markali			
Until 9:32PM						
Then Creative Work - Amrita Yoga						

D	Wednesday, December 20, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sutra 247
	Retreat Star	Gulika 10:52AM – 12:05PM Uttaraproshtapada Until 8:29PM Ganesha: Clear <i>Sunrise:</i> 7:14AM			Sobhana 5125	
	Meena Rasi: 8.16 Tithi 8 – 9	Yama 8:27AM – 9:40AM Vyatipata* Until 1:27PM Muruga: White <i>Sunset:</i> 4:56PM			Moon 12 - Phase 34 - 22	
817137575 Rahu 12:05PM – 1:18PM		Balava Until 7:57PM Nataraja: Purple Moon – Clear			Subha Sivaloka Day	
Creative Work Siddha Yoga		Ashtami* Until 8:46AM	Margasira*Markali			
Until 8:29PM						
Then Routine Work - Marana Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

www.gurudeva.org/panchang

1	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sutra 248
	Meena Rasi: 22.09	Tithi 9 – 10	Gulika 9:40AM – 10:53AM Yama 7:15AM – 8:27AM Rahu 1:18PM – 2:31PM	Revati Until 7:32PM Variyan Until 10:58AM Taitila Until 6:29PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – Clear	Sunrise: 7:15AM Sunset: 4:56PM	Sobhana 5125 Moon 12 - Phase 35 - 23 4th Phase
	Creative Work Siddha Yoga Until 7:32PM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati		Navami* Until 7:10AM		Subha Sivaloka Day Margasira*Markali


2	Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sutra 249
	Mesha Rasi: 5.52	Tithi 11	Gulika 8:28AM – 9:41AM Yama 2:32PM – 3:44PM Rahu 10:53AM – 12:06PM	Ashvini Until 7:08PM Parigha* Until 8:42AM Vanija Until 5:17PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 7:15AM Sunset: 4:57PM	Sobhana 5125 Moon 12 - Phase 35 - 24 4th Phase
	Creative Work Amrita Yoga Until 7:08PM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Ekadashi Until 4:46AM Sat		Subha Sivaloka Day Margasira*Markali


3	Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sutra 250
	Mesha Rasi: 19.27	Tithi 12	Gulika 7:16AM – 8:28AM Yama 1:19PM – 2:32PM Rahu 9:41AM – 10:54AM	Bharani Until 6:51PM Shiva Until 6:40AM Bava Until 4:21PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 7:16AM Sunset: 4:57PM	Sobhana 5125 Moon 12 - Phase 35 - 25 4th Phase
	Creative Work Siddha Yoga Until 6:51PM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati		Dvadashi Until 3:58AM Sun		Subha Sivaloka Day Margasira*Markali

4	Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sutra 251
	Vrisabha Rasi: 2.52	Tithi 13	Gulika 2:33PM – 3:45PM Yama 12:07PM – 1:20PM Rahu 3:45PM – 4:58PM	Krittika Until 6:42PM Sadhya Until 3:12AM Mon Kaulava Until 3:42PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 7:16AM Sunset: 4:58PM	Sobhana 5125 Moon 12 - Phase 35 - 26 4th Phase
	Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Trayodashi Until 3:28AM Mon		Subha Sivaloka Day Margasira*Markali

Pradosha Vrata

5	Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sutra 252
	Vrisabha Rasi: 16.07	Tithi 14	Gulika 1:20PM – 2:33PM Yama 10:55AM – 12:08PM Rahu 8:29AM – 9:42AM	Rohini Until 7:10PM Subha Until 1:53AM Tue Gara Until 3:22PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 7:17AM Sunset: 4:59PM	Sobhana 5125 Moon 12 - Phase 35 - 27 4th Phase
	Creative Work Amrita Yoga Family Home Evening		Day 5 of Pancha Ganapati		Chaturdashi* Until 3:19AM Tue		Sivaloka Day Margasira*Markali

	Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sutra 253
	Copper Retreat Star		Gulika 12:08PM – 1:21PM Yama 9:43AM – 10:55AM Rahu 2:34PM – 3:46PM	Mrigashira Until 7:52PM Sukla Until 12:51AM Wed Visti Until 3:25PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 7:17AM Sunset: 4:59PM	Sobhana 5125 Moon 12 - Phase 35 - Purnima
	Creative Work Siddha Yoga Until 7:52PM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati		Purnima* Until 3:35AM Wed		Sivaloka Day Margasira*Markali

	Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sutra 254
	Silver Retreat Star		Gulika 10:56AM – 12:09PM Yama 8:30AM – 9:43AM Rahu 12:09PM – 1:21PM	Ardra Until 8:49PM Brahma Until 12:10AM Thu Balava Until 3:54PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 7:17AM Sunset: 5:00PM	Sobhana 5125 Moon 12 - Phase 35 - Prathama
	Creative Work Siddha Yoga		Ardra Darshanam		Prathama* Until 4:18AM Thu		Devaloka Day Margasira*Markali

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11



Thursday, December 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq
Sutra 255

Mithuna Rasi: 24.43 Tithi 17

Gulika 9:43AM – 10:56AM
Yama 7:18AM – 8:31AM
Rahu 1:22PM – 2:35PM

Punarvasu Until 10:34PM
Indra Until 11:52PM
Taitila Until 4:51PM
Dvitiya Until 5:30AM Fri

Ganesha: Yellow Sunrise: 7:18AM
Muruga: White Sunset: 5:01PM
Nataraja: Clear
Moon – Blue
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 -
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

1 Friday, December 29, 2023

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam Titau

Mosul, Iraq
Sutra 256

Kataka Rasi: 7.09 Tithi 18

Gulika 8:31AM – 9:44AM
Yama 2:35PM – 3:48PM
Rahu 10:57AM – 12:10PM

Pushya Until 12:38AM Sat
Vaidhriti* Until 11:56PM
Vanija Until 6:19PM
Tritiya Until 7:13AM Sat

Ganesha: Blue Sunrise: 7:18AM
Muruga: White Sunset: 5:01PM
Nataraja: Clear
Moon – Blue
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 1
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

2 Saturday, December 30, 2023

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq
Sutra 257

Kataka Rasi: 19.22 Tithi 18 – 19

Gulika 7:18AM – 8:31AM
Yama 1:23PM – 2:36PM
Rahu 9:44AM – 10:57AM

Ashlesha* Until 2:59AM Sun
Vishkambha* Until 12:22AM Sun
Bava Until 8:17PM
Tritiya Until 7:13AM

Ganesha: Blue Sunrise: 7:18AM
Muruga: White Sunset: 5:02PM
Nataraja: Clear
Moon – Blue
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 2
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

3 Sunday, December 31, 2023

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sutra 258

Simha Rasi: 1.25 Tithi 19 – 20

Gulika 2:37PM – 3:50PM
Yama 12:11PM – 1:24PM
Rahu 3:50PM – 5:03PM

Magha* Until 6:02AM Mon
Priti Until 1:06AM Mon
Kaulava Until 10:39PM
Chaturthi* Until 9:24AM

Ganesha: Red Sunrise: 7:19AM
Muruga: White Sunset: 5:03PM
Nataraja: Clear
Moon – Red
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 3
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 6:02AM Mon
Then Creative Work - Siddha Yoga

4 Monday, January 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq
Sutra 259

Simha Rasi: 13.19 Tithi 20 – 21

Gulika 1:25PM – 2:38PM
Yama 10:58AM – 12:12PM
Rahu 8:32AM – 9:45AM

Magha* Until 6:02AM
Ayushman Until 2:00AM Tue
Gara Until 1:17AM Tue
Panchami Until 11:55AM

Ganesha: Red Sunrise: 7:19AM
Muruga: White Sunset: 5:04PM
Nataraja: Clear
Moon – Red
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 4
1st Phase

Sivaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 6:02AM
Then Creative Work - Siddha Yoga

5 Tuesday, January 2, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sutra 260

Simha Rasi: 25.07 Tithi 21 – 22

Gulika 12:12PM – 1:25PM
Yama 9:46AM – 10:59AM
Rahu 2:38PM – 3:52PM

Purvaphalguni Until 9:07AM
Saubhagya Until 2:57AM Wed
Visti Until 3:59AM Wed
Shashthi* Until 2:37PM

Ganesha: Red Sunrise: 7:19AM
Muruga: White Sunset: 5:05PM
Nataraja: Clear
Moon – Red
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 9:07AM
Then Creative Work - Amrita Yoga

6 Wednesday, January 3, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sutra 261

Kanya Rasi: 6.56 Tithi 22 – 23

Gulika 10:59AM – 12:12PM
Yama 8:33AM – 9:46AM
Rahu 12:12PM – 1:26PM

Uttaraphalguni Until 12:02PM
Sobhana Until 3:47AM Thu
Balava Until 6:30AM Thu
Saptami Until 5:16PM

Ganesha: Red Sunrise: 7:19AM
Muruga: White Sunset: 5:06PM
Nataraja: Clear
Moon – Red
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 6
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 12:02PM
Then Routine Work - Marana Yoga

Thursday, January 4, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sutra 262

Kanya Rasi: 18.49 Tithi 23

Gulika 9:46AM – 11:00AM
Yama 7:19AM – 8:33AM
Rahu 1:26PM – 2:40PM

Hasta Until 3:01PM
Athiganda* Until 4:16AM Fri
Balava Until 6:30AM
Ashtami* Until 7:34PM

Ganesha: Green Sunrise: 7:19AM
Muruga: White Sunset: 5:07PM
Nataraja: Clear
Moon – Green
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 7
Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga
Until 3:01PM
Then Creative Work - Siddha Yoga

Friday, January 5, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq
Sutra 263

Tula Rasi: 0.53 Tithi 24

Gulika 8:33AM – 9:46AM
Yama 2:40PM – 3:54PM
Rahu 11:00AM – 12:13PM

Chitra Until 5:18PM
Sukarma Until 4:16AM Sat
Taitila Until 8:32AM
Navami* Until 9:17PM

Ganesha: Green Sunrise: 7:19AM
Muruga: White Sunset: 5:07PM
Nataraja: Clear
Moon – Green
Margasira*Markali

Sobhana 5125
Moon 13 - Phase 36 - 8
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga
Subramuniyaswami Jayanti

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


1	Saturday, January 6, 2024		Sobhana Nama Samvatsare Uтарыane Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Mosul, Iraq
			Svati Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 264
	Tula Rasi: 13.13	Tithi 25	Gulika 7:19AM – 8:33AM	Svati Until 6:44PM	Ganesha: Orange <i>Sunrise:</i> 7:19AM		Sobhana 5125
861137576		Yama 1:27PM – 2:41PM	Dhriti Until 3:40AM Sun	Muruga: White <i>Sunset:</i> 5:08PM	Moon 13 - Phase 37 - 9		
Creative Work	Siddha Yoga	Rahu 9:47AM – 11:00AM	Vanija Until 9:53AM	Nataraja: Clear		2nd Phase	
			Dashami Until 10:13PM	Moon – Green	Sivaloka Day		
				Margasira*Markali			

2	Sunday, January 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Mosul, Iraq
			Vishakha Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 265
	Tula Rasi: 25.55	Tithi 26	Gulika 2:42PM – 3:55PM	Vishakha Until 7:38PM	Ganesha: Light Blue <i>Sunrise:</i> 7:19AM		Sobhana 5125
871137576		Yama 12:14PM – 1:28PM	Shula* Until 2:21AM Mon	Muruga: White <i>Sunset:</i> 5:09PM	Moon 13 - Phase 37 - 10		
Routine Work	Marana Yoga	Rahu 3:55PM – 5:09PM	Bava Until 10:23AM	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 10:17PM	Moon – Orange	Devaloka Day		
				Margasira*Markali			

3	Monday, January 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Mosul, Iraq
			Anuradha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 266
	Vrischika Rasi: 9.03	Tithi 27	Gulika 1:29PM – 2:42PM	Anuradha Until 7:32PM	Ganesha: Light Blue <i>Sunrise:</i> 7:19AM		Sobhana 5125
871137576		Yama 11:01AM – 12:15PM	Ganda* Until 12:24AM Tue	Muruga: White <i>Sunset:</i> 5:10PM	Moon 13 - Phase 37 - 11		
Family Home Evening		Rahu 8:33AM – 9:47AM	Kaulava Until 10:01AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 9:30PM	Moon – Orange	Devaloka Day		
				Margasira*Markali			

4	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Mosul, Iraq
			Jyeshtha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 267
	Vrischika Rasi: 22.38	Tithi 28	Gulika 12:15PM – 1:29PM	Jyeshtha* Until 6:32PM	Ganesha: Light Blue <i>Sunrise:</i> 7:19AM		Sobhana 5125
871137576		Yama 9:47AM – 11:01AM	Vriddhi Until 9:51PM	Muruga: White <i>Sunset:</i> 5:11PM	Moon 13 - Phase 37 - 12		
Routine Work	Marana Yoga	Rahu 2:43PM – 3:57PM	Gara Until 8:49AM	Nataraja: Clear		2nd Phase	
Until 6:32PM			Trayodashi* Until 7:55PM	Moon – Orange	Devaloka Day		
Then Creative Work - Amrita Yoga				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Mosul, Iraq
			Mula*/Purvashadha* Nakshatra Dhruva Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 268
	Dhanus Rasi: 6.4	Tithi 29 – 30	Gulika 11:01AM – 12:16PM	Mula* Until 5:09PM	Ganesha: Purple <i>Sunrise:</i> 7:19AM		Sobhana 5125
881137576		Yama 8:33AM – 9:47AM	Dhruva Until 6:46PM	Muruga: White <i>Sunset:</i> 5:12PM	Moon 13 - Phase 37 - 13		
Routine Work	Marana Yoga	Rahu 12:16PM – 1:30PM	Visti Until 6:53AM	Nataraja: Clear		2nd Phase	
Until 5:09PM			Chaturdashi* Until 5:41PM	Moon – Light Blue	Devaloka Day		
Then Creative Work - Amrita Yoga				Margasira*Markali			

	Thursday, January 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Mosul, Iraq
	Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 269
	Dhanus Rasi: 21.05	Tithi 30 – 1	Gulika 9:47AM – 11:02AM	Purvashadha* Until 3:09PM	Ganesha: Purple <i>Sunrise:</i> 7:19AM		Sobhana 5125
881137576		Yama 7:19AM – 8:33AM	Vyaghata* Until 3:18PM	Muruga: White <i>Sunset:</i> 5:13PM	Moon 13 - Phase 37 - 14		
Creative Work	Siddha Yoga	Rahu 1:30PM – 2:44PM	Kintughna Until 1:30AM Fri	Nataraja: Clear		Amavasya	
Until 3:09PM			Amavasya* Until 2:58PM	Moon – Light Blue	Devaloka Day		
Then Routine Work - Marana Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali			

	Friday, January 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Mosul, Iraq
	Retreat Star		Uttarashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 270
	Makara Rasi: 5.47	Tithi 1 – 2	Gulika 8:33AM – 9:48AM	Uttarashadha Until 12:41PM	Ganesha: Light Blue <i>Sunrise:</i> 7:19AM		Sobhana 5125
881237576		Yama 2:45PM – 3:59PM	Harshana Until 11:36AM	Muruga: White <i>Sunset:</i> 5:14PM	Moon 13 - Phase 37 - 15		
Routine Work	Marana Yoga	Rahu 11:02AM – 12:16PM	Balava Until 10:21PM	Nataraja: Clear		Prathama	
			Prathama* Until 11:56AM	Moon – Light Blue	Devaloka Day		
				Pausha*Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

1	Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Mosul, Iraq
	Makara Rasi: 20.37	Tithi 2 – 3	Gulika 7:19AM – 8:33AM	Shravana Until 10:21AM	Ganesha: Purple	<i>Sunrise:</i> 7:19AM	Sun 16 Sutra 271
	891237576	Yama 1:31PM – 2:46PM	Yama 1:31PM – 2:46PM	Vajra* Until 7:44AM	Muruga: White	<i>Sunset:</i> 5:15PM	Sobhana 5125
Creative Work	Siddha Yoga	Rahu 9:48AM – 11:02AM	Taitila Until 7:09PM	Nataraja: Clear		Moon 13 - Phase 38 - 16	
			Dvitiya Until 8:44AM	Moon – Purple		3rd Phase	
				Pausha*Markali		Devaloka Day	

2	Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturtham Titau				Mosul, Iraq
	Kumbha Rasi: 5.29	Tithi 4	Gulika 2:46PM – 4:01PM	Dhanishtha Until 7:54AM	Ganesha: Purple	<i>Sunrise:</i> 7:18AM	Sun 17 Sutra 272
	891237576	Yama 12:17PM – 1:32PM	Yama 12:17PM – 1:32PM	Vyatipata* Until 12:11AM Mon	Muruga: White	<i>Sunset:</i> 5:16PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 4:01PM – 5:16PM	Vanija Until 4:02PM	Nataraja: Clear		Moon 13 - Phase 38 - 17	
Until 7:54AM			Chaturthi* Until 2:32AM Mon	Moon – Purple		3rd Phase	
Then Creative Work - Siddha Yoga				Pausha*Markali		Devaloka Day	

3	Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq
	Kumbha Rasi: 20.13	Tithi 5	Gulika 1:32PM – 2:47PM	Purvaproshtapada* Until 3:40AM Tue	Ganesha: Green	<i>Sunrise:</i> 7:18AM	Sun 18 Sutra 273
	811237576	Yama 11:03AM – 12:17PM	Yama 11:03AM – 12:17PM	Variyan Until 8:41PM	Muruga: White	<i>Sunset:</i> 5:17PM	Sobhana 5125
Family Home Evening		Rahu 8:33AM – 9:48AM	Bava Until 1:09PM	Nataraja: Clear		Moon 13 - Phase 38 - 18	
Routine Work	Marana Yoga		Thai Pongal	Moon – Clear		3rd Phase	
Until 3:40AM Tue			Panchami Until 11:48PM	Pausha*Thai		Devaloka Day	
Then Creative Work - Amrita Yoga							

4	Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq
	Meena Rasi: 4.43	Tithi 6	Gulika 12:18PM – 1:33PM	Uttaraproshtapada Until 2:07AM Wed	Ganesha: White	<i>Sunrise:</i> 7:18AM	Sun 19 Sutra 274
	812237576	Yama 9:48AM – 11:03AM	Yama 9:48AM – 11:03AM	Parigha* Until 5:30PM	Muruga: White	<i>Sunset:</i> 5:18PM	Sobhana 5125
Creative Work	Amrita Yoga	Rahu 2:48PM – 4:03PM	Kaulava Until 10:36AM	Nataraja: Clear		Moon 13 - Phase 38 - 19	
Until 2:07AM Wed			Shashthi* Until 9:28PM	Moon – Clear		3rd Phase	
Then Routine Work - Marana Yoga				Pausha*Thai		Devaloka Day	

5	Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq
	Meena Rasi: 18.56	Tithi 7	Gulika 11:03AM – 12:18PM	Revati Until 12:53AM Thu	Ganesha: White	<i>Sunrise:</i> 7:17AM	Sun 20 Sutra 275
	812237576	Yama 8:33AM – 9:48AM	Yama 8:33AM – 9:48AM	Shiva Until 2:41PM	Muruga: White	<i>Sunset:</i> 5:19PM	Sobhana 5125
Routine Work	Marana Yoga	Rahu 12:18PM – 1:33PM	Gara Until 8:29AM	Nataraja: Clear		Moon 13 - Phase 38 - 20	
Until 12:53AM Thu			Saptami Until 7:36PM	Moon – Clear		3rd Phase	
Then Creative Work - Amrita Yoga				Pausha*Thai		Devaloka Day	

D	Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 9:48AM – 11:03AM	Ashvini Until 12:26AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM	Sun 21 Sutra 276
	Mesha Rasi: 2.51	Tithi 8	Yama 7:17AM – 8:32AM	Siddha Until 12:15PM	Muruga: White	<i>Sunset:</i> 5:20PM	Sobhana 5125
822237576		Rahu 1:34PM – 2:49PM	Visti Until 6:52AM	Nataraja: Clear		Moon 13 - Phase 38 - 21	
Creative Work	Amrita Yoga		Ashtami* Until 6:14PM	Moon – White		Ashtami	
Until 12:26AM Fri				Pausha*Thai		Sivaloka Day	
Then Creative Work - Siddha Yoga							

D	Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 8:32AM – 9:48AM	Bharani Until 12:19AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM	Sun 22 Sutra 277
	Mesha Rasi: 16.27	Tithi 9 – 10	Yama 2:50PM – 4:05PM	Sadhya Until 10:13AM	Muruga: White	<i>Sunset:</i> 5:21PM	Sobhana 5125
822237576		Rahu 11:03AM – 12:19PM	Taitila Until 5:08AM Sat	Nataraja: Clear		Moon 13 - Phase 38 - 22	
Creative Work	Siddha Yoga		Navami* Until 5:22PM	Moon – White		Navami	
Until 12:19AM Sat				Pausha*Thai		Sivaloka Day	
Then Creative Work - Amrita Yoga							


1	Saturday, January 20, 2024	Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sutra 278 Sobhana 5125
	Mesha Rasi: 29.47 Tithi 10 – 11	Gulika 7:16AM – 8:32AM Yama 1:35PM – 2:50PM 822237576 Rahu 9:48AM – 11:03AM	Krittika Until 12:30AM Sun Subha Until 8:35AM Vanija Until 4:57AM Sun Dashami Until 4:58PM	Ganesha: Yellow <i>Sunrise:</i> 7:16AM Muruga: White <i>Sunset:</i> 5:22PM Nataraja: Clear Moon – White		
	Creative Work Amrita Yoga Until 12:30AM Sun Then Creative Work - Siddha Yoga			Sivaloka Day Pausha*Thai		


2	Sunday, January 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sutra 279 Sobhana 5125
	Vrishabha Rasi: 12.53 Tithi 11 – 12	Gulika 2:51PM – 4:07PM Yama 12:19PM – 1:35PM 832237576 Rahu 4:07PM – 5:23PM	Rohini Until 1:24AM Mon Sukla Until 7:17AM Bava Until 5:11AM Mon Ekadashi Until 5:00PM	Ganesha: Blue <i>Sunrise:</i> 7:16AM Muruga: White <i>Sunset:</i> 5:23PM Nataraja: Clear Moon – Yellow		
	Creative Work Siddha Yoga Until 1:24AM Mon Then Creative Work - Amrita Yoga			Devaloka Day Pausha*Thai		

3	Monday, January 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sutra 280 Sobhana 5125
	Vrishabha Rasi: 25.47 Tithi 12 – 13 Family Home Evening	Gulika 1:36PM – 2:52PM Yama 11:04AM – 12:20PM 832237576 Rahu 8:31AM – 9:47AM	Mrigashira Until 2:30AM Tue Brahma Until 6:17AM Kaulava Until 5:48AM Tue Dvadashi Until 5:25PM	Ganesha: Blue <i>Sunrise:</i> 7:15AM Muruga: White <i>Sunset:</i> 5:24PM Nataraja: Clear Moon – Yellow		
	Creative Work Amrita Yoga Until 2:30AM Tue Then Routine Work - Marana Yoga			Devaloka Day Pausha*Thai		<i>Pradosha Vrata</i>

4	Tuesday, January 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila Karana Trayodashyam Titau				Mosul, Iraq Sutra 281 Sobhana 5125
	Mithuna Rasi: 8.29 Tithi 13	Gulika 12:20PM – 1:36PM Yama 9:47AM – 11:04AM 832237576 Rahu 2:52PM – 4:09PM	Ardra Until 3:48AM Wed Vaidhriti* Until 5:10AM Wed Taitila Until 6:13PM Trayodashi Until 6:13PM	Ganesha: Blue <i>Sunrise:</i> 7:15AM Muruga: White <i>Sunset:</i> 5:25PM Nataraja: Clear Moon – Yellow		
	Routine Work Marana Yoga Until 3:48AM Wed Then Creative Work - Siddha Yoga			Devaloka Day Pausha*Thai		

5	Wednesday, January 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sutra 282 Sobhana 5125
	Mithuna Rasi: 21.02 Tithi 14	Gulika 11:04AM – 12:20PM Yama 8:31AM – 9:47AM 842237576 Rahu 12:20PM – 1:37PM	Punarvasu Until 5:47AM Thu Vishkambha* Until 5:02AM Thu Gara Until 6:46AM Chaturdashi* Until 7:23PM	Ganesha: Red <i>Sunrise:</i> 7:14AM Muruga: White <i>Sunset:</i> 5:26PM Nataraja: Clear Moon – Blue		
	Creative Work Siddha Yoga Until 5:47AM Thu Then Creative Work - Amrita Yoga			Sivaloka Day Pausha*Thai		

	Thursday, January 25, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sutra 283 Sobhana 5125
	Kataka Rasi: 3.26 Tithi 15	Gulika 9:47AM – 11:04AM Yama 7:14AM – 8:30AM 942237576 Rahu 1:37PM – 2:54PM	Pushya Until 7:57AM Fri Priti Until 5:11AM Fri Visti Until 8:07AM Purnima* Until 8:55PM	Ganesha: Blue <i>Sunrise:</i> 7:14AM Muruga: White <i>Sunset:</i> 5:27PM Nataraja: Clear Moon – Blue		
	Creative Work Amrita Yoga Until 7:57AM Fri Then Routine Work - Marana Yoga			Devaloka Day Pausha*Thai		

	Friday, January 26, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sutra 284 Sobhana 5125
	Kataka Rasi: 15.4 Tithi 16	Gulika 8:30AM – 9:47AM Yama 2:54PM – 4:11PM 942237576 Rahu 11:04AM – 12:21PM	Pushya Until 7:57AM Ayushman Until 5:35AM Sat Balava Until 9:50AM Prathama* Until 10:49PM	Ganesha: Blue <i>Sunrise:</i> 7:13AM Muruga: White <i>Sunset:</i> 5:28PM Nataraja: Clear Moon – Blue		
	Routine Work Marana Yoga			Devaloka Day Pausha*Thai		



Saturday, January 27, 2024

Gold Retreat Star

Kataka Rasi: 27.45 Tithi 17

942237576

Routine Work Marana Yoga
Until 10:19AM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq

Sutra 285

Sobhana 5125

Gulika 7:12AM - 8:29AM

Yama 1:38PM - 2:55PM

Rahu 9:47AM - 11:04AM

Ashlesha* Until 10:19AM

Saubhagya Until 6:16AM Sun

Taitila Until 11:56AM

Dvitiya Until 1:05AM Sun

Ganesha: Blue Sunrise: 7:12AM

Muruga: White Sunset: 5:29PM

Nataraja: Clear

Moon - Blue

Pausha*Thai

Devaloka Day

1 Sunday, January 28, 2024

Simha Rasi: 9.42 Tithi 18

952237576

Routine Work Marana Yoga
Until 1:19PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq

Sutra 286

Sobhana 5125

Gulika 2:56PM - 4:13PM

Yama 12:21PM - 1:38PM

Rahu 4:13PM - 5:30PM

Magha* Until 1:19PM

Saubhagya Until 6:16AM

Vanija Until 2:21PM

Tritiya Until 3:38AM Mon

Ganesha: Red Sunrise: 7:12AM

Muruga: White Sunset: 5:30PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

2 Monday, January 29, 2024

Simha Rasi: 21.33 Tithi 19

953237576

Family Home Evening
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthayam Titau

Mosul, Iraq

Sutra 287

Sobhana 5125

Gulika 1:39PM - 2:56PM

Yama 11:04AM - 12:21PM

Rahu 8:28AM - 9:46AM

Purvaphalguni Until 4:23PM

Sobhana Until 7:09AM

Bava Until 5:00PM

Chaturthi* Until 6:22AM Tue

Ganesha: Yellow Sunrise: 7:11AM

Muruga: White Sunset: 5:31PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

3 Tuesday, January 30, 2024

Kanya Rasi: 3.2 Tithi 19 - 20

953237576

Creative Work Amrita Yoga
Until 7:22PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sutra 288

Sobhana 5125

Gulika 12:21PM - 1:39PM

Yama 9:46AM - 11:04AM

Rahu 2:57PM - 4:15PM

Uttaraphalguni Until 7:22PM

Athiganda* Until 8:08AM

Kaulava Until 7:45PM

Chaturthi* Until 6:22AM

Ganesha: Yellow Sunrise: 7:10AM

Muruga: White Sunset: 5:32PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

4 Wednesday, January 31, 2024

Kanya Rasi: 15.08 Tithi 20 - 21

963237576

Routine Work Marana Yoga
Until 10:36PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq

Sutra 289

Sobhana 5125

Gulika 11:03AM - 12:21PM

Yama 8:27AM - 9:45AM

Rahu 12:21PM - 1:39PM

Hasta Until 10:36PM

Sukarma Until 9:07AM

Gara Until 10:24PM

Panchami Until 9:05AM

Ganesha: White Sunrise: 7:09AM

Muruga: White Sunset: 5:33PM

Nataraja: Clear

Moon - Green

Pausha*Thai

Devaloka Day

5 Thursday, February 1, 2024

Kanya Rasi: 26.59 Tithi 21 - 22

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq

Sutra 290

Sobhana 5125

Gulika 9:45AM - 11:03AM

Yama 7:09AM - 8:27AM

Rahu 1:39PM - 2:57PM

Chitra Until 1:19AM Fri

Dhriti Until 9:56AM

Visti Until 12:41AM Fri

Shashthi* Until 11:34AM

Ganesha: White Sunrise: 7:09AM

Muruga: White Sunset: 5:33PM

Nataraja: Clear

Moon - Green

Pausha*Thai

Devaloka Day

Friday, February 2, 2024

Retreat Star

Tula Rasi: 9.01 Tithi 22 - 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq

Sutra 291

Sobhana 5125

Gulika 8:27AM - 9:45AM

Yama 2:58PM - 4:16PM

Rahu 11:03AM - 12:22PM

Svati Until 3:19AM Sat

Shula* Until 10:24AM

Balava Until 2:22AM Sat

Saptami Until 1:35PM

Ganesha: White Sunrise: 7:09AM

Muruga: White Sunset: 5:35PM

Nataraja: Clear

Moon - Green

Pausha*Thai

Devaloka Day

Saturday, February 3, 2024

Retreat Star

Tula Rasi: 21.18 Tithi 23 - 24

973237576

Creative Work Siddha Yoga
Until 4:52AM Sun
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq

Sutra 292

Sobhana 5125

Gulika 7:08AM - 8:26AM

Yama 1:40PM - 2:59PM

Rahu 9:45AM - 11:03AM

Vishakha Until 4:52AM Sun

Ganda* Until 10:22AM

Taitila Until 3:17AM Sun

Ashtami* Until 2:55PM

Ganesha: Clear Sunrise: 7:08AM

Muruga: White Sunset: 5:36PM

Nataraja: Clear

Moon - Orange

Pausha*Thai

Sivaloka Day


1	Sunday, February 4, 2024		Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Mosul, Iraq
			Anuradha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 293
	Vrischika Rasi: 3.56	Tithi 24 – 25	Gulika 2:59PM – 4:18PM	Anuradha Until 5:24AM Mon	Ganesha: Clear	Sunrise: 7:07AM	Sobhana 5125
		Yama 12:22PM – 1:41PM	Vridhhi Until 9:43AM	Muruga: White	Sunset: 5:37PM	Moon 1 - Phase 41 - 9	
		973237577 Rahu 4:18PM – 5:37PM	Vanija Until 3:17AM Mon	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga				Moon – Orange	Sivaloka Day		
Until 5:24AM Mon				Pausha*Thai			
Then Creative Work - Siddha Yoga							


2	Monday, February 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Mosul, Iraq
			Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 294
	Vrischika Rasi: 16.59	Tithi 25 – 26	Gulika 1:41PM – 3:00PM	Jyeshtha* Until 4:55AM Tue	Ganesha: Clear	Sunrise: 7:06AM	Sobhana 5125
Family Home Evening		Yama 11:03AM – 12:22PM	Dhruva Until 8:21AM	Muruga: White	Sunset: 5:38PM	Moon 1 - Phase 41 - 10	
973237577 Rahu 8:25AM – 9:44AM		8:25AM – 9:44AM	Bava Until 2:24AM Tue	Nataraja: Orange		2nd Phase	
Creative Work Siddha Yoga				Moon – Orange	Sivaloka Day		
Until 4:55AM Tue				Pausha*Thai			
Then Creative Work - Amrita Yoga							

3	Tuesday, February 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Mosul, Iraq
			Mula* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 295
	Dhanus Rasi: 0.32	Tithi 26 – 27	Gulika 12:22PM – 1:41PM	Mula* Until 3:55AM Wed	Ganesha: Light Blue	Sunrise: 7:05AM	Sobhana 5125
		Yama 9:44AM – 11:03AM	Vyaghata* Until 6:18AM	Muruga: White	Sunset: 5:39PM	Moon 1 - Phase 41 - 11	
983337577 Rahu 3:00PM – 4:20PM		3:00PM – 4:20PM	Kaulava Until 12:40AM Wed	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga				Moon – Light Blue	Devaloka Day		
				Pausha*Thai			

4	Wednesday, February 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Mosul, Iraq
			Purvashadha* Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 296
	Dhanus Rasi: 14.34	Tithi 27 – 28	Gulika 11:03AM – 12:22PM	Purvashadha* Until 2:04AM Thu	Ganesha: Light Blue	Sunrise: 7:04AM	Sobhana 5125
		Yama 8:24AM – 9:43AM	Vajra* Until 12:19AM Thu	Muruga: White	Sunset: 5:40PM	Moon 1 - Phase 41 - 12	
983337577 Rahu 12:22PM – 1:41PM		12:22PM – 1:41PM	Gara Until 10:13PM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga				Moon – Light Blue	Devaloka Day		
Until 2:04AM Thu				Pausha*Thai			
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, February 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Mosul, Iraq
			Uttarashadha Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 297
	Dhanus Rasi: 29.03	Tithi 28 – 29	Gulika 9:43AM – 11:02AM	Uttarashadha Until 11:34PM	Ganesha: Light Blue	Sunrise: 7:03AM	Sobhana 5125
		Yama 7:03AM – 8:23AM	Siddhi Until 8:37PM	Muruga: White	Sunset: 5:41PM	Moon 1 - Phase 41 - 13	
983337577 Rahu 1:42PM – 3:01PM		1:42PM – 3:01PM	Visti Until 7:13PM	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga				Moon – Light Blue	Devaloka Day		
Until 11:34PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

	Friday, February 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Mosul, Iraq
	Retreat Star		Shravana Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 298
	Makara Rasi: 13.55	Tithi 30	Gulika 8:22AM – 9:42AM	Shravana Until 8:59PM	Ganesha: Purple	Sunrise: 7:02AM	Sobhana 5125
		Yama 3:02PM – 4:22PM	Vyatipata* Until 4:36PM	Muruga: White	Sunset: 5:42PM	Moon 1 - Phase 41 - 14	
993337577 Rahu 11:02AM – 12:22PM		11:02AM – 12:22PM	Catuspada Until 3:49PM	Nataraja: Orange		Amavasya	
Routine Work Marana Yoga				Moon – Purple	Devaloka Day		
Until 8:59PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

	Saturday, February 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Mosul, Iraq
	Retreat Star		Dhanishtha Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 299
	Makara Rasi: 29.01	Tithi 1	Gulika 7:01AM – 8:22AM	Dhanishtha Until 6:05PM	Ganesha: Purple	Sunrise: 7:01AM	Sobhana 5125
		Yama 1:42PM – 3:03PM	Variyan Until 12:24PM	Muruga: White	Sunset: 5:43PM	Moon 1 - Phase 41 - 15	
993337577 Rahu 9:42AM – 11:02AM		9:42AM – 11:02AM	Kintughna Until 12:12PM	Nataraja: Orange		Prathama	
Creative Work Siddha Yoga				Moon – Purple	Devaloka Day		
Until 6:05PM				Magha*Thai			
Then Creative Work - Amrita Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

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1	Sunday, February 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq
	Kumbha Rasi: 14.11	Tithi 2	Gulika 3:03PM – 4:24PM	Shatabhishak Until 3:04PM	Ganesha: Purple	Sunrise: 7:00AM	Sun 16 Sutra 300
	993337577	Rahu	4:24PM – 5:44PM	Parigha* Until 8:10AM	Muruga: White	Sunset: 5:44PM	Sobhana 5125
Creative Work	Siddha Yoga		Balava Until 8:32AM	Nataraja: Orange		Moon 1 - Phase 42 - 16	
			Dvitiya Until 6:44PM	Moon – Purple		3rd Phase	
				Magha*Thai		Devaloka Day	

2	Monday, February 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada* Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Mosul, Iraq
	Kumbha Rasi: 29.16	Tithi 3 – 4	Gulika 1:43PM – 3:04PM	Purvaproshtapada* Until 12:29PM	Ganesha: Clear	Sunrise: 6:59AM	Sun 17 Sutra 301
	913337577	Rahu	8:20AM – 9:41AM	Siddha Until 12:08AM Tue	Muruga: White	Sunset: 5:45PM	Sobhana 5125
Family Home Evening			Vanija Until 1:44AM Tue	Nataraja: Orange		Moon 1 - Phase 42 - 17	
Routine Work	Marana Yoga		Tritiya Until 3:19PM	Moon – Clear		3rd Phase	
Until 12:29PM				Magha*Thai		Sivaloka Day	
Then Creative Work - Siddha Yoga							

3	Tuesday, February 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau				Mosul, Iraq
	Meena Rasi: 14.08	Tithi 4 – 5	Gulika 12:22PM – 1:43PM	Uttaraproshtapada Until 10:07AM	Ganesha: Orange	Sunrise: 6:58AM	Sun 18 Sutra 302
	914337577	Rahu	3:04PM – 4:25PM	Sadhya Until 8:34PM	Muruga: White	Sunset: 5:46PM	Sobhana 5125
Creative Work	Amrita Yoga		Bava Until 10:54PM	Nataraja: Orange		Moon 1 - Phase 42 - 18	
Until 10:07AM			Chatrthi* Until 12:15PM	Moon – Clear		3rd Phase	
Then Creative Work - Siddha Yoga				Magha*Masi		Sivaloka Day	

4	Wednesday, February 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq
	Meena Rasi: 28.4	Tithi 5 – 6	Gulika 11:01AM – 12:22PM	Revati Until 8:04AM	Ganesha: Orange	Sunrise: 6:57AM	Sun 19 Sutra 303
	914347577	Rahu	12:22PM – 1:43PM	Subha Until 5:27PM	Muruga: Clear	Sunset: 5:47PM	Sobhana 5125
Routine Work	Marana Yoga		Kaulava Until 8:37PM	Nataraja: Orange		Moon 1 - Phase 42 - 19	
			Panchami Until 9:40AM	Moon – Clear		3rd Phase	
				Magha*Masi		Devaloka Day	

5	Thursday, February 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq
	Mesha Rasi: 12.49	Tithi 6 – 7	Gulika 9:39AM – 11:01AM	Ashvini Until 6:53AM	Ganesha: Green	Sunrise: 6:56AM	Sun 20 Sutra 304
	924347577	Rahu	1:44PM – 3:05PM	Sukla Until 2:49PM	Muruga: Clear	Sunset: 5:48PM	Sobhana 5125
Creative Work	Amrita Yoga		Gara Until 6:58PM	Nataraja: Orange		Moon 1 - Phase 42 - 20	
Until 6:53AM			Shashthi* Until 7:41AM	Moon – White		3rd Phase	
Then Creative Work - Siddha Yoga				Magha*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

D	Friday, February 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Mosul, Iraq
	Mesha Rasi: 26.32	Tithi 7 – 8	Gulika 8:17AM – 9:39AM	Bharani Until 6:13AM	Ganesha: Green	Sunrise: 6:55AM	Sun 21 Sutra 305
	924347577	Rahu	11:00AM – 12:22PM	Brahma Until 12:43PM	Muruga: Clear	Sunset: 5:49PM	Sobhana 5125
Creative Work	Siddha Yoga		Bava Until 5:44AM Sat	Nataraja: Orange		Moon 1 - Phase 42 - 21	
			Saptami Until 6:22AM	Moon – White		Ashtami	
				Magha*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

D	Saturday, February 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq
	Virshabha Rasi: 9.52	Tithi 9	Gulika 6:54AM – 8:16AM	Krittika Until 6:04AM	Ganesha: Green	Sunrise: 6:54AM	Sun 22 Sutra 306
	924347577	Rahu	9:38AM – 11:00AM	Indra Until 11:11AM	Muruga: Clear	Sunset: 5:50PM	Sobhana 5125
Creative Work	Amrita Yoga		Balava Until 5:41PM	Nataraja: Orange		Moon 1 - Phase 42 - 22	
			Navami* Until 5:45AM Sun	Moon – White		Navami	
				Magha*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila Karana Dashamyam Titau				Mosul, Iraq Sutra 307	
	934347577	Gulika 3:07PM – 4:29PM	Rohini Until 6:51AM	Ganesh: Red	Sunrise: 6:53AM	Sobhana 5125	
	Vrishabha Rasi: 22.52	Tithi 10	Yama 12:22PM – 1:44PM	Vaidhriti* Until 10:06AM	Muruga: Clear	Sunset: 5:51PM	Moon 1 - Phase 43 - 23
	Creative Work	Siddha Yoga	Rahu 4:29PM – 5:51PM	Taitila Until 6:00PM	Nataraja: Orange		4th Phase
			Dashami Until 6:21AM Mon	Moon – Yellow		Devaloka Day	
				Magha* Masi			

2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sutra 308	
	934347577	Gulika 1:44PM – 3:07PM	Mrigashira Until 8:03AM	Ganesh: Red	Sunrise: 6:52AM	Sobhana 5125	
	Mithuna Rasi: 5.35	Tithi 10 – 11	Yama 10:59AM – 12:22PM	Vishkambha* Until 9:30AM	Muruga: Clear	Sunset: 5:52PM	Moon 1 - Phase 43 - 24
	Family Home Evening		Rahu 8:14AM – 9:37AM	Vanija Until 6:52PM	Nataraja: Orange		4th Phase
			Dashami Until 6:21AM	Moon – Yellow		Devaloka Day	
				Magha* Masi			

3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sutra 309	
	934347577	Gulika 12:22PM – 1:45PM	Ardra Until 9:34AM	Ganesh: Red	Sunrise: 6:50AM	Sobhana 5125	
	Mithuna Rasi: 18.04	Tithi 11 – 12	Yama 9:36AM – 10:59AM	Priti Until 9:16AM	Muruga: Clear	Sunset: 5:53PM	Moon 1 - Phase 43 - 25
	Routine Work	Marana Yoga	Rahu 3:07PM – 4:30PM	Bava Until 8:12PM	Nataraja: Orange		4th Phase
			Ekadashi Until 7:28AM	Moon – Yellow		Devaloka Day	
				Magha* Masi			

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sutra 310	
	944347577	Gulika 10:59AM – 12:22PM	Punarvasu Until 11:48AM	Ganesh: Blue	Sunrise: 6:49AM	Sobhana 5125	
	Kataka Rasi: 0.22	Tithi 12 – 13	Yama 8:12AM – 9:35AM	Ayushman Until 9:20AM	Muruga: Clear	Sunset: 5:54PM	Moon 1 - Phase 43 - 26
	Creative Work	Siddha Yoga	Rahu 12:22PM – 1:45PM	Kaulava Until 9:55PM	Nataraja: Orange		4th Phase
			Dvadashi Until 9:00AM	Moon – Blue		Bhuloka Day	
				Magha* Masi		Devaloka Time: 3:PM to 6:PM	
						<i>Pradosha Vrata</i>	

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sutra 311	
	944347577	Gulika 9:35AM – 10:58AM	Pushya Until 2:12PM	Ganesh: Blue	Sunrise: 6:48AM	Sobhana 5125	
	Kataka Rasi: 12.32	Tithi 13 – 14	Yama 6:48AM – 8:11AM	Saubhagya Until 9:41AM	Muruga: Clear	Sunset: 5:55PM	Moon 1 - Phase 43 - 27
	Creative Work	Amrita Yoga	Rahu 1:45PM – 3:08PM	Gara Until 11:57PM	Nataraja: Orange		4th Phase
			Trayodashi Until 10:53AM	Moon – Blue		Bhuloka Day	
		Chidambaram Abhishekam		Magha* Masi		Devaloka Time: 3:PM to 6:PM	

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sutra 312	
	944347577	Gulika 8:10AM – 9:34AM	Ashlesha* Until 4:43PM	Ganesh: Blue	Sunrise: 6:47AM	Sobhana 5125	
	Kataka Rasi: 24.34	Tithi 14 – 15	Yama 3:09PM – 4:32PM	Sobhana Until 10:16AM	Muruga: Clear	Sunset: 5:56PM	Moon 1 - Phase 43 -
	Routine Work	Marana Yoga	Rahu 10:58AM – 12:21PM	Visti Until 2:15AM Sat	Nataraja: Orange		Purnima
			Chaturdashi* Until 1:03PM	Moon – Blue		Bhuloka Day	
				Magha* Masi		Devaloka Time: 3:PM to 6:PM	

Silver Retreat Star	Saturday, February 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sutra 313	
	954347577	Gulika 6:46AM – 8:10AM	Magha* Until 7:47PM	Ganesh: Yellow	Sunrise: 6:46AM	Sobhana 5125	
	Simha Rasi: 6.3	Tithi 15 – 16	Yama 1:45PM – 3:09PM	Athiganda* Until 11:00AM	Muruga: Clear	Sunset: 5:57PM	Moon 1 - Phase 43 -
	Creative Work	Amrita Yoga	Rahu 9:33AM – 10:57AM	Balava Until 4:46AM Sun	Nataraja: Orange		Prathama
			Purnima* Until 3:28PM	Moon – Red		Devaloka Day	
				Magha* Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Sunday, February 25, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava Karana Prathamayam Titau

Mosul, Iraq
Sutra 314

Simha Rasi: 18.22 Tithi 16

Gulika 3:10PM – 4:34PM
Yama 12:21PM – 1:45PM
955347577 **Rahu** 4:34PM – 5:58PM

Purvaphalguni Until 10:50PM
Sukarma Until 11:54AM
Kaulava Until 6:04PM
Prathama* Until 6:04PM

Ganesha: White *Sunrise:* 6:44AM
Muruga: Clear *Sunset:* 5:58PM
Nataraja: Orange
Moon – Red
Magha+Masi

Sobhana 5125
Moon 2 - Phase 44 -
1st Phase

Creative Work Siddha Yoga
Until 10:50PM
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Monday, February 26, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq
Sutra 315

Kanya Rasi: 0.11 Tithi 17

Gulika 1:45PM – 3:10PM
Yama 10:56AM – 12:21PM
955347577 **Rahu** 8:08AM – 9:32AM

Uttaraphalguni Until 1:47AM Tue
Dhriti Until 12:53PM
Taitila Until 7:25AM
Dvitiya Until 8:44PM

Ganesha: White *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 5:59PM
Nataraja: Orange
Moon – Red
Magha+Masi

Sun 1
Sobhana 5125
Moon 2 - Phase 44 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Tuesday, February 27, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq
Sutra 316

Kanya Rasi: 11.59 Tithi 18

Gulika 12:21PM – 1:46PM
Yama 9:31AM – 10:56AM
965347577 **Rahu** 3:10PM – 4:35PM

Hasta Until 5:01AM Wed
Shula* Until 1:51PM
Vanija Until 10:05AM
Tritiya Until 11:23PM

Ganesha: Clear *Sunrise:* 6:42AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Orange
Moon – Green
Magha+Masi

Sun 2
Sobhana 5125
Moon 2 - Phase 44 - 2
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Wednesday, February 28, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturtham Titau

Mosul, Iraq
Sutra 317

Kanya Rasi: 23.49 Tithi 19

Gulika 10:56AM – 12:21PM
Yama 8:06AM – 9:31AM
965347577 **Rahu** 12:21PM – 1:46PM

Chitra Until 7:52AM Thu
Ganda* Until 2:44PM
Bava Until 12:40PM
Chaturthi* Until 1:50AM Thu

Ganesha: Clear *Sunrise:* 6:40AM
Muruga: Clear *Sunset:* 6:01PM
Nataraja: Orange
Moon – Green
Magha+Masi

Sun 3
Sobhana 5125
Moon 2 - Phase 44 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Until 7:52AM Thu
Then Creative Work - Amrita Yoga

Maha Sankatahara Chaturthi

4

Thursday, February 29, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq
Sutra 318

Tula Rasi: 5.43 Tithi 20

Gulika 9:30AM – 10:55AM
Yama 6:39AM – 8:04AM
965347577 **Rahu** 1:46PM – 3:11PM

Chitra Until 7:52AM
Vridhi Until 3:26PM
Kaulava Until 2:57PM
Panchami Until 3:56AM Fri

Ganesha: Clear *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 6:02PM
Nataraja: Orange
Moon – Green
Magha+Masi

Sun 4
Sobhana 5125
Moon 2 - Phase 44 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Until 7:52AM
Then Creative Work - Amrita Yoga

5

Friday, March 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashtham Titau

Mosul, Iraq
Sutra 319

Tula Rasi: 17.47 Tithi 21

Gulika 8:02AM – 9:28AM
Yama 3:12PM – 4:38PM
965347577 **Rahu** 10:54AM – 12:20PM

Svati Until 10:11AM
Dhruva Until 3:45PM
Gara Until 4:48PM
Shashthi* Until 5:29AM Sat

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: Orange
Moon – Green
Magha+Masi

Sun 5
Sobhana 5125
Moon 2 - Phase 44 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

6

Saturday, March 2, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Saptamyam Titau

Mosul, Iraq
Sutra 320

Vrischika Rasi: 0.04 Tithi 22

Gulika 6:35AM – 8:01AM
Yama 1:46PM – 3:12PM
975347577 **Rahu** 9:27AM – 10:54AM

Vishakha Until 12:15PM
Vyaghata* Until 3:38PM
Visti Until 6:02PM
Saptami Until 6:21AM Sun

Ganesha: Purple *Sunrise:* 6:35AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: Orange
Moon – Orange
Magha+Masi

Sun 6
Sobhana 5125
Moon 2 - Phase 44 - 6
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

D

Sunday, March 3, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sutra 321

Vrischika Rasi: 12.4 Tithi 22 – 23

Gulika 3:13PM – 4:39PM
Yama 12:20PM – 1:46PM
975447577 **Rahu** 4:39PM – 6:05PM

Anuradha Until 1:28PM
Harshana Until 2:57PM
Balava Until 6:30PM
Saptami Until 6:21AM

Ganesha: Clear *Sunrise:* 6:34AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: Orange
Moon – Orange
Magha+Masi

Sun 7
Sobhana 5125
Moon 2 - Phase 44 - 7
Ashtami

Routine Work Marana Yoga

Devaloka Day

Monday, March 4, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sutra 322

Vrischika Rasi: 25.38 Tithi 23 – 24

Gulika 1:46PM – 3:13PM
Yama 10:53AM – 12:19PM
975447577 **Rahu** 7:59AM – 9:26AM

Jyeshtha* Until 1:45PM
Vajra* Until 1:37PM
Taitila Until 6:08PM
Ashtami* Until 6:24AM

Ganesha: Clear *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: Orange
Moon – Orange
Magha+Masi

Sun 8
Sobhana 5125
Moon 2 - Phase 44 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

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1**Tuesday, March 5, 2024**Sobhana Nama Samvatsare Uтарыane Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam TitauMosul, Iraq
Sutra 323

Dhanus Rasi: 9.02 Tithi 25

Gulika 12:19PM – 1:46PM
Yama 9:25AM – 10:52AM
186447577 **Rahu** 3:13PM – 4:40PM**Mula* Until 1:30PM**
Siddhi Until 11:38AM
Vanija Until 4:57PM**Ganesha:** Red *Sunrise:* 6:31AM
Muruga: Clear *Sunset:* 6:07PM
Nataraja: Orange
Moon – Light Blue
Magha* MasiSun 9
Sobhana 5125
Moon 2 - Phase 45 - 9
2nd PhaseCreative Work Amrita Yoga
Until 1:30PM
Then Creative Work - Siddha Yoga**Devaloka Day****2****Wednesday, March 6, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam TitauMosul, Iraq
Sutra 324

Dhanus Rasi: 22.55 Tithi 26

Gulika 10:52AM – 12:19PM
Yama 7:57AM – 9:24AM
186447577 **Rahu** 12:19PM – 1:46PM**Purvashadha* Until 12:21PM**
Vyatipata* Until 9:02AM
Bava Until 2:59PM
Ekadashi* Until 1:43AM Thu**Ganesha:** Red *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 6:08PM
Nataraja: Orange
Moon – Light Blue
Magha* MasiSun 10
Sobhana 5125
Moon 2 - Phase 45 - 10
2nd Phase

Creative Work Amrita Yoga

Devaloka Day**3****Thursday, March 7, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam TitauMosul, Iraq
Sutra 325

Makara Rasi: 7.15 Tithi 27

Gulika 9:23AM – 10:51AM
Yama 6:28AM – 7:56AM
186447577 **Rahu** 1:46PM – 3:14PM**Uttarashadha Until 10:22AM**
Parigha* Until 2:12AM Fri
Kaulava Until 12:21PM
Dvadashi* Until 10:48PM**Ganesha:** Red *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 6:09PM
Nataraja: Orange
Moon – Light Blue
Magha* MasiSun 11
Sobhana 5125
Moon 2 - Phase 45 - 11
2nd PhaseRoutine Work Marana Yoga
Until 10:22AM
Then Creative Work - Siddha Yoga**Devaloka Day****4****Friday, March 8, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam TitauMosul, Iraq
Sutra 326

Makara Rasi: 21.59 Tithi 28

Gulika 7:55AM – 9:23AM
Yama 3:14PM – 4:42PM
196447577 **Rahu** 10:51AM – 12:18PM**Shravana Until 8:08AM**
Shiva Until 10:13PM
Gara Until 9:11AM
Trayodashi* Until 7:27PM**Ganesha:** Green *Sunrise:* 6:27AM
Muruga: Clear *Sunset:* 6:10PM
Nataraja: Orange
Moon – Purple
Magha* MasiSun 12
Sobhana 5125
Moon 2 - Phase 45 - 12
2nd PhaseRoutine Work Marana Yoga
Until 8:08AM
Then Creative Work - Siddha Yoga*Pradosha Vrata (Fasting)***Sivaloka Day****5****Saturday, March 9, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam TitauMosul, Iraq
Sutra 327

Kumbha Rasi: 7.02 Tithi 29 – 30

Gulika 6:25AM – 7:54AM
Yama 1:46PM – 3:15PM
196447577 **Rahu** 9:22AM – 10:50AM**Shatabhishak Until 2:17AM Sun**
Siddha Until 6:00PM
Catuspada Until 1:56AM Sun
Chaturdashi* Until 3:48PM**Ganesha:** Green *Sunrise:* 6:25AM
Muruga: Clear *Sunset:* 6:11PM
Nataraja: Orange
Moon – Purple
Magha* MasiSun 13
Sobhana 5125
Moon 2 - Phase 45 - 13
2nd PhaseCreative Work Amrita Yoga
Until 2:17AM Sun
Then Creative Work - Siddha Yoga**Sivaloka Day****●****Sunday, March 10, 2024****Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam TitauMosul, Iraq
Sutra 328

Kumbha Rasi: 22.16 Tithi 30 – 1

Gulika 3:15PM – 4:43PM
Yama 12:18PM – 1:46PM
116447577 **Rahu** 4:43PM – 6:12PM**Purvaproshtapada* Until 11:25PM**
Sadhya Until 1:42PM
Kintughna Until 10:09PM
Amavasya* Until 12:01PM**Ganesha:** Orange *Sunrise:* 6:24AM
Muruga: Clear *Sunset:* 6:12PM
Nataraja: Orange
Moon – Clear
Magha* MasiSun 14
Sobhana 5125
Moon 2 - Phase 45 - 14
AmavasyaCreative Work Siddha Yoga
Until 11:25PM
Then Creative Work - Amrita Yoga**Devaloka Day****Monday, March 11, 2024****Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam TitauMosul, Iraq
Sutra 329

Meena Rasi: 7.29 Tithi 1 – 2

Gulika 1:46PM – 3:15PM
Yama 10:49AM – 12:18PM
116447577 **Rahu** 7:51AM – 9:20AM**Uttaraproshtapada Until 8:33PM**
Subha Until 9:28AM
Balava Until 6:30PM
Prathama* Until 8:17AM**Ganesha:** Orange *Sunrise:* 6:23AM
Muruga: Clear *Sunset:* 6:13PM
Nataraja: Orange
Moon – Clear
Phalguna* MasiSun 15
Sobhana 5125
Moon 2 - Phase 45 - 15
Prathama

Creative Work Siddha Yoga

Devaloka Day

1	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Utarayane Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq Sun 16 Sutra 330
	Meena Rasi: 22.34	Tithi 3	Gulika 12:17PM – 1:46PM	Revati Until 5:52PM	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	Sobhana 5125
	116447577		Yama 9:19AM – 10:48AM	Brahma Until 1:37AM Wed	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46 - 16
Creative Work	Siddha Yoga		Rahu 3:15PM – 4:44PM	Taitila Until 3:08PM	Nataraja: Orange		3rd Phase
				Tritiya Until 1:35AM Wed	Moon – Clear	Devaloka Day	
					Phalguna*Masi		

Subramuniyaswami Siva Vision Day

2	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthiyam Titau				Mosul, Iraq Sun 17 Sutra 331
	Mesha Rasi: 7.2	Tithi 4	Gulika 10:48AM – 12:17PM	Ashvini Until 3:54PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sobhana 5125
	127447577		Yama 7:49AM – 9:18AM	Indra Until 10:17PM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46 - 17
Routine Work	Marana Yoga		Rahu 12:17PM – 1:46PM	Vanija Until 12:13PM	Nataraja: Orange		3rd Phase
Until 3:54PM				Chaturthi* Until 10:56PM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga					Phalguna*Masi	Devaloka Time: 3:PM to 6:PM	

3	Thursday, March 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 18 Sutra 332
	Mesha Rasi: 21.43	Tithi 5	Gulika 9:18AM – 10:47AM	Bharani Until 2:24PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Sobhana 5125
	127447577		Yama 6:18AM – 7:48AM	Vaidhriti* Until 7:27PM	Muruga: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 46 - 18
Creative Work	Siddha Yoga		Rahu 1:46PM – 3:16PM	Bava Until 9:52AM	Nataraja: Orange		3rd Phase
Until 2:24PM				Panchami Until 8:55PM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga					Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM	

4	Friday, March 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq Sun 19 Sutra 333
	Visshabha Rasi: 5.4	Tithi 6	Gulika 7:47AM – 9:17AM	Krittika Until 1:27PM	Ganesha: White	<i>Sunrise:</i> 6:17AM	Sobhana 5125
	127447578		Yama 3:16PM – 4:46PM	Vishkambha* Until 5:12PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46 - 19
Creative Work	Siddha Yoga		Rahu 10:47AM – 12:17PM	Kaulava Until 8:12AM	Nataraja: Clear		3rd Phase
Until 1:27PM				Shashthi* Until 7:38PM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga					Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM	

5	Saturday, March 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq Sun 20 Sutra 334
	Visshabha Rasi: 19.1	Tithi 7	Gulika 6:15AM – 7:46AM	Rohini Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Sobhana 5125
	137447578		Yama 1:46PM – 3:17PM	Priti Until 3:35PM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46 - 20
Creative Work	Amrita Yoga		Rahu 9:16AM – 10:46AM	Gara Until 7:18AM	Nataraja: Clear		3rd Phase
Until 1:33PM				Saptami Until 7:07PM	Moon – Yellow	Devaloka Day	
Then Creative Work - Siddha Yoga					Phalguna*Panguni		

D	Sunday, March 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq Sun 21 Sutra 335
	Retreat Star		Gulika 3:17PM – 4:47PM	Mrigashira Until 2:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Sobhana 5125
	Mithuna Rasi: 2.14	Tithi 8	Yama 12:16PM – 1:46PM	Ayushman Until 2:33PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46 - 21
Creative Work	Siddha Yoga		Rahu 4:47PM – 6:18PM	Visti Until 7:11AM	Nataraja: Clear		Ashtami
				Ashtami* Until 7:23PM	Moon – Yellow	Devaloka Day	
					Phalguna*Panguni		

D	Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq Sun 22 Sutra 336
	Retreat Star		Gulika 1:46PM – 3:17PM	Ardra Until 3:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Sobhana 5125
	Mithuna Rasi: 14.58	Tithi 9	Yama 10:45AM – 12:16PM	Saubhagya Until 2:05PM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46 - 22
Family Home Evening		137447578	Rahu 7:43AM – 9:14AM	Balava Until 7:48AM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Navami* Until 8:20PM	Moon – Yellow	Devaloka Day	
Until 3:30PM					Phalguna*Panguni		
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Mosul, Iraq on 1/18/22

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1**Tuesday, March 19, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam TitauMosul, Iraq
Sun 23 Sutra 337

Mithuna Rasi: 27.23 Tithi 10

Gulika 12:15PM – 1:46PM
Yama 9:13AM – 10:44AM
148447578 **Rahu** 3:17PM – 4:49PM**Punarvasu Until 5:39PM**
Sobhana Until 2:06PM
Taitila Until 9:04AM
Dashami Until 9:53PM**Ganesha:** Clear Sunrise: 6:11AM
Muruga: Clear Sunset: 6:20PM
Nataraja: Clear
Moon – Blue
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 23
4th Phase**Devaloka Day**

Creative Work Siddha Yoga

2**Wednesday, March 20, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam TitauMosul, Iraq
Sun 24 Sutra 338

Kataka Rasi: 9.34 Tithi 11

Gulika 10:44AM – 12:15PM
Yama 7:41AM – 9:12AM
148447578 **Rahu** 12:15PM – 1:46PM**Pushya Until 8:07PM**
Athiganda* Until 2:28PM
Vanija Until 10:51AM
Ekadashi Until 11:53PM**Ganesha:** Clear Sunrise: 6:10AM
Muruga: Clear Sunset: 6:20PM
Nataraja: Clear
Moon – Blue
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 24
4th Phase**Devaloka Day**

Creative Work Siddha Yoga

3**Thursday, March 21, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam TitauMosul, Iraq
Sun 25 Sutra 339

Kataka Rasi: 21.35 Tithi 12

Gulika 9:11AM – 10:43AM
Yama 6:08AM – 7:40AM
148447578 **Rahu** 1:46PM – 3:18PM**Ashlesha* Until 10:44PM**
Sukarma Until 3:09PM
Bava Until 1:02PM
Dvadashi Until 2:13AM Fri**Ganesha:** Clear Sunrise: 6:08AM
Muruga: Clear Sunset: 6:21PM
Nataraja: Clear
Moon – Blue
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 25
4th Phase**Devaloka Day**Creative Work Siddha Yoga
Until 10:44PM
Then Creative Work - Amrita Yoga**Yogaswami Mahasamadhi****4****Friday, March 22, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam TitauMosul, Iraq
Sun 26 Sutra 340

Simha Rasi: 3.3 Tithi 13

Gulika 7:39AM – 9:11AM
Yama 3:18PM – 4:50PM
158447578 **Rahu** 10:43AM – 12:14PM**Magha* Until 1:54AM Sat**
Dhriti Until 4:02PM
Kaulava Until 3:30PM
Trayodashi Until 4:46AM Sat**Ganesha:** Purple Sunrise: 6:07AM
Muruga: Clear Sunset: 6:22PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 26
4th Phase**Sivaloka Day**Routine Work Marana Yoga
Until 1:54AM Sat
Then Creative Work - Siddha Yoga*Pradosha Vrata***5****Saturday, March 23, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara Karana Chaturdashyam TitauMosul, Iraq
Sun 27 Sutra 341

Simha Rasi: 15.2 Tithi 14

Gulika 6:05AM – 7:37AM
Yama 1:46PM – 3:19PM
158447578 **Rahu** 9:10AM – 10:42AM**Purvaphalguni Until 5:00AM Sun**
Shula* Until 5:00PM
Gara Until 6:05PM
Chaturdashi* Until 7:23AM Sun**Ganesha:** Purple Sunrise: 6:05AM
Muruga: Clear Sunset: 6:23PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 - 27
4th Phase**Sivaloka Day**Creative Work Siddha Yoga
Until 5:00AM Sun
Then Creative Work - Amrita Yoga**Sunday, March 24, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauMosul, Iraq
Sun 28 Sutra 342

Simha Rasi: 27.09 Tithi 14 – 15

Gulika 3:19PM – 4:51PM
Yama 12:14PM – 1:46PM
158447578 **Rahu** 4:51PM – 6:24PM**Uttaraphalguni Until 7:55AM Mon**
Ganda* Until 6:00PM
Visti Until 8:43PM
Chaturdashi* Until 7:23AM**Ganesha:** Purple Sunrise: 6:04AM
Muruga: Clear Sunset: 6:24PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 -
Purnima**Sivaloka Day**Creative Work Amrita Yoga
Until 7:55AM Mon
Then Creative Work - Siddha Yoga**Panguni Uttiram**
Holi**Monday, March 25, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam TitauMosul, Iraq
Sun 29 Sutra 343

Kanya Rasi: 8.58 Tithi 15 – 16

Gulika 1:46PM – 3:19PM
Yama 10:41AM – 12:14PM
158447578 **Rahu** 7:35AM – 9:08AM**Uttaraphalguni Until 7:55AM**
Vriddhi Until 6:57PM
Balava Until 11:15PM
Purnima* Until 9:59AM**Ganesha:** Purple Sunrise: 6:02AM
Muruga: Clear Sunset: 6:25PM
Nataraja: Clear
Moon – Red
Phalguna*PanguniSobhana 5125
Moon 2 - Phase 47 -
Prathama**Sivaloka Day**

Creative Work Siddha Yoga



Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq

Sutra 344

Sobhana 5125

Kanya Rasi: 20.5 Tithi 16 – 17

Gulika 12:13PM – 1:46PM
Yama 9:07AM – 10:40AM
Rahu 3:19PM – 4:52PM

Hasta Until 11:02AM
Dhruva Until 7:45PM
Taitila Until 1:35AM Wed
Prathama* Until 12:26PM

Ganesha: Purple *Sunrise:* 6:01AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48 - 1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1 Wednesday, March 27, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sutra 345

Sobhana 5125

Tula Rasi: 2.46 Tithi 17 – 18

Gulika 10:40AM – 12:13PM
Yama 7:33AM – 9:06AM
Rahu 12:13PM – 1:46PM

Chitra Until 1:45PM
Vyaghata* Until 8:22PM
Vanija Until 3:38AM Thu
Dvitiya Until 2:38PM

Ganesha: Purple *Sunrise:* 5:59AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48 - 1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2 Thursday, March 28, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Mosul, Iraq

Sutra 346

Sobhana 5125

Tula Rasi: 14.5 Tithi 18 – 19

Gulika 9:05AM – 10:39AM
Yama 5:58AM – 7:32AM
Rahu 1:46PM – 3:20PM

Svati Until 3:59PM
Harshana Until 8:43PM
Bava Until 5:17AM Fri
Tritiya Until 4:29PM

Ganesha: Clear *Sunrise:* 5:58AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48 - 2nd Phase

Devaloka Day

Phalgun*Panguni

Creative Work Amrita Yoga

Until 3:59PM

Then Creative Work - Siddha Yoga

3 Friday, March 29, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sutra 347

Sobhana 5125

Tula Rasi: 27.04 Tithi 19 – 20

Gulika 7:30AM – 9:04AM
Yama 3:20PM – 4:54PM
Rahu 10:38AM – 12:12PM

Vishakha Until 6:07PM
Vajra* Until 8:42PM
Kaulava Until 6:27AM Sat
Chaturthi* Until 5:54PM

Ganesha: White *Sunrise:* 5:57AM
Muruga: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48 - 3rd Phase

Sivaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

4 Saturday, March 30, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq

Sutra 348

Sobhana 5125

Vrischika Rasi: 9.3 Tithi 20

Gulika 5:55AM – 7:29AM
Yama 1:46PM – 3:20PM
Rahu 9:04AM – 10:38AM

Anuradha Until 7:36PM
Siddhi Until 8:17PM
Kaulava Until 6:27AM
Panchami Until 6:48PM

Ganesha: White *Sunrise:* 5:55AM
Muruga: Clear *Sunset:* 6:29PM
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48 - 4th Phase

Sivaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

5 Sunday, March 31, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Mosul, Iraq

Sutra 349

Sobhana 5125

Vrischika Rasi: 22.11 Tithi 21

Gulika 3:21PM – 4:55PM
Yama 12:12PM – 1:46PM
Rahu 4:55PM – 6:30PM

Jyeshtha* Until 8:21PM
Vyatipata* Until 7:26PM
Gara Until 7:03AM
Shashthi* Until 7:06PM

Ganesha: White *Sunrise:* 5:54AM
Muruga: Clear *Sunset:* 6:30PM
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48 - 5th Phase

Sivaloka Day

Phalgun*Panguni

Routine Work Marana Yoga

Until 8:21PM

Then Creative Work - Amrita Yoga

6 Monday, April 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq

Sutra 350

Sobhana 5125

Dhanus Rasi: 5.1 Tithi 22

Gulika 1:46PM – 3:21PM
Yama 10:37AM – 12:12PM
Rahu 7:28AM – 9:03AM

Mula* Until 8:46PM
Variyan Until 6:02PM
Visti Until 7:02AM
Saptami Until 6:46PM

Ganesha: Yellow *Sunrise:* 5:54AM
Muruga: Clear *Sunset:* 6:30PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48 - 6th Phase

Devaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

Until 8:46PM

Then Routine Work - Marana Yoga

D Tuesday, April 2, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq

Sutra 351

Sobhana 5125

Dhanus Rasi: 18.29 Tithi 23 – 24

Gulika 12:11PM – 1:46PM
Yama 9:02AM – 10:37AM
Rahu 3:21PM – 4:56PM

Purvashadha* Until 8:22PM
Parigha* Until 4:07PM
Balava Until 6:21AM
Ashtami* Until 5:44PM

Ganesha: Yellow *Sunrise:* 5:52AM
Muruga: Clear *Sunset:* 6:31PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48 - 7th Phase

Devaloka Day

Phalgun*Panguni

Creative Work Siddha Yoga

Until 8:22PM

Then Routine Work - Prabalarishta Yoga

W Wednesday, April 3, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mosul, Iraq

Sutra 352

Sobhana 5125

Makara Rasi: 2.12 Tithi 24 – 25

Gulika 10:36AM – 12:11PM
Yama 7:26AM – 9:01AM
Rahu 12:11PM – 1:46PM

Uttarashadha Until 7:12PM
Shiva Until 1:42PM
Vanija Until 3:01AM Thu
Navami* Until 4:04PM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruga: Clear *Sunset:* 6:31PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48 - 8th Phase

Devaloka Day

Phalgun*Panguni

Creative Work Amrita Yoga

Until 7:12PM

Then Creative Work - Siddha Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Thursday, April 4, 2024	Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Makara Rasi: 16.18 Tithi 25 – 26	Gulika 9:00AM – 10:35AM	Shravana Until 5:43PM	Ganesh: Blue <i>Sunrise:</i> 5:49AM	Sun 9	Sutra 353
	191547578	Yama 5:49AM – 7:25AM	Siddha Until 10:46AM	Muruga: Clear <i>Sunset:</i> 6:32PM	Moon 3 - Phase 49 - 9	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 1:46PM – 3:22PM	Bava Until 12:29AM Fri	Nataraja: Clear		2nd Phase
		Dashami Until 1:48PM	Moon – Purple	Sivaloka Day		
			Phalguna*Panguni			

2	Friday, April 5, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Kumbha Rasi: 0.46 Tithi 26 – 27	Gulika 7:24AM – 8:59AM	Dhanishtha Until 3:37PM	Ganesh: Blue <i>Sunrise:</i> 5:48AM	Sun 10	Sutra 354
	191547578	Yama 3:22PM – 4:58PM	Sadhya Until 7:25AM	Muruga: Clear <i>Sunset:</i> 6:33PM	Moon 3 - Phase 49 - 10	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 10:35AM – 12:11PM	Kaulava Until 9:29PM	Nataraja: Clear		2nd Phase
		Ekadashi* Until 11:01AM	Moon – Purple	Sivaloka Day		
			Phalguna*Panguni			

3	Saturday, April 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Kumbha Rasi: 15.32 Tithi 27 – 28	Gulika 5:47AM – 7:22AM	Shatabhishak Until 1:00PM	Ganesh: Blue <i>Sunrise:</i> 5:47AM	Sun 11	Sutra 355
	191547578	Yama 1:46PM – 3:22PM	Sukla Until 11:47PM	Muruga: Clear <i>Sunset:</i> 6:34PM	Moon 3 - Phase 49 - 11	Sobhana 5125
	Creative Work Amrita Yoga	Rahu 8:58AM – 10:34AM	Gara Until 6:09PM	Nataraja: Clear		2nd Phase
Until 1:00PM		Dvadashi* Until 7:50AM	Moon – Purple	Sivaloka Day		
Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>	Phalguna*Panguni			

4	Sunday, April 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq
	Meena Rasi: 0.32 Tithi 29	Gulika 3:22PM – 4:59PM	Purvaproshtapada* Until 10:27AM	Ganesh: Red <i>Sunrise:</i> 5:45AM	Sun 12	Sutra 356
	111547578	Yama 12:10PM – 1:46PM	Brahma Until 7:44PM	Muruga: Clear <i>Sunset:</i> 6:35PM	Moon 3 - Phase 49 - 12	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 4:59PM – 6:35PM	Visti Until 2:38PM	Nataraja: Clear		2nd Phase
Until 10:27AM		Chaturdashi* Until 12:51AM Mon	Moon – Clear	Devaloka Day		
Then Creative Work - Amrita Yoga			Phalguna*Panguni			

●	Monday, April 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq
	Retreat Star	Gulika 1:46PM – 3:23PM	Uttaraproshtapada Until 7:41AM	Ganesh: Red <i>Sunrise:</i> 5:44AM	Sun 13	Sutra 357
	Meena Rasi: 16 Tithi 30	Yama 10:33AM – 12:10PM	Indra Until 3:42PM	Muruga: Clear <i>Sunset:</i> 6:36PM	Moon 3 - Phase 49 - 13	Sobhana 5125
	Family Home Evening	Rahu 7:20AM – 8:57AM	Catuspada Until 11:05AM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga		Amavasya* Until 9:20PM	Moon – Clear	Devaloka Day		
			Phalguna*Panguni			

	Tuesday, April 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq
	Retreat Star	Gulika 12:09PM – 1:46PM	Ashvini Until 2:35AM Wed	Ganesh: Yellow <i>Sunrise:</i> 5:42AM	Sun 14	Sutra 358
	Mesha Rasi: 0.37 Tithi 1	Yama 8:56AM – 10:33AM	Vaidhriti* Until 11:45AM	Muruga: Clear <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49 - 14	Sobhana 5125
	121547578	Rahu 3:23PM – 5:00PM	Kintughna Until 7:39AM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga		Prathama* Until 6:00PM	Moon – White	Devaloka Day		
	Chellappaswami Mahasamadhi		Chaitra*Panguni			

1**Wednesday, April 10, 2024**Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam TitauMosul, Iraq
Sun 15 Sutra 359

Mesha Rasi: 15.25 Tithi 2 – 3

Gulika 10:32AM – 12:09PM
Yama 7:18AM – 8:55AM
121547578 **Rahu** 12:09PM – 1:46PM**Bharani Until 12:34AM Thu**
Vishkambha* Until 8:05AM
Taitila Until 1:44AM Thu
Dvitiya Until 3:02PM**Ganesha:** Yellow *Sunrise:* 5:41AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – White
Chaitra*Panguni**Devaloka Day**Creative Work Siddha Yoga
Until 12:34AM Thu
Then Routine Work - Marana Yoga**2****Thursday, April 11, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam TitauMosul, Iraq
Sun 16 Sutra 360

Mesha Rasi: 29.54 Tithi 3 – 4

Gulika 8:54AM – 10:32AM
Yama 5:40AM – 7:17AM
121547578 **Rahu** 1:46PM – 3:24PM**Krittika Until 10:58PM**
Ayushman Until 1:57AM Fri
Vanija Until 11:34PM
Tritiya Until 12:33PM**Ganesha:** Yellow *Sunrise:* 5:40AM
Muruga: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – White
Chaitra*Panguni**Devaloka Day**

Routine Work Marana Yoga

3**Friday, April 12, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam TitauMosul, Iraq
Sun 17 Sutra 361

Vrishabha Rasi: 13.59 Tithi 4 – 5

Gulika 7:16AM – 8:53AM
Yama 3:24PM – 5:01PM
131547578 **Rahu** 10:31AM – 12:09PM**Rohini Until 10:20PM**
Saubhagya Until 11:41PM
Bava Until 10:04PM
Chaturthi* Until 10:42AM**Ganesha:** White *Sunrise:* 5:38AM
Muruga: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon – Yellow
Chaitra*Panguni**Sivaloka Day**Routine Work Marana Yoga
Until 10:20PM
Then Creative Work - Siddha Yoga**4****Saturday, April 13, 2024**Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam TitauMosul, Iraq
Sun 18 Sutra 362

Vrishabha Rasi: 27.38 Tithi 5 – 6

Gulika 5:37AM – 7:15AM
Yama 1:46PM – 3:24PM
132547578 **Rahu** 8:53AM – 10:30AM**Mrigashira Until 10:19PM**
Sobhana Until 10:04PM
Kaulava Until 9:20PM
Panchami Until 9:35AM**Ganesha:** Clear *Sunrise:* 5:37AM
Muruga: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Yellow
Chaitra*Chaitra**Devaloka Day**

Creative Work Siddha Yoga

5**Sunday, April 14, 2024**Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam TitauMosul, Iraq
Sun 19 Sutra 363

Mithuna Rasi: 10.5 Tithi 6 – 7

Gulika 3:24PM – 5:03PM
Yama 12:08PM – 1:46PM
232547578 **Rahu** 5:03PM – 6:41PM**Ardra Until 10:56PM**
Athiganda* Until 9:02PM
Gara Until 9:25PM
Shashthi* Until 9:16AM**Ganesha:** White *Sunrise:* 5:35AM
Muruga: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon – Yellow
Chaitra*Chaitra**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Tamil New Year

D**Monday, April 15, 2024****Retreat Star**Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam TitauMosul, Iraq
Sun 20 Sutra 364

Mithuna Rasi: 23.38 Tithi 7 – 8

Gulika 1:46PM – 3:25PM
Yama 10:29AM – 12:08PM
242547578 **Rahu** 7:13AM – 8:51AM**Punarvasu Until 12:36AM Tue**
Sukarma Until 8:38PM
Visti Until 10:16PM
Saptami Until 9:44AM**Ganesha:** Clear *Sunrise:* 5:34AM
Muruga: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon – Blue
Chaitra*Chaitra**Devaloka Day**Creative Work Amrita Yoga
Until 12:36AM Tue
Then Creative Work - Siddha Yoga**Tuesday, April 16, 2024****Retreat Star**Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam TitauMosul, Iraq
Sun 21 Sutra 1

Kataka Rasi: 6.06 Tithi 8 – 9

Gulika 12:08PM – 1:46PM
Yama 8:50AM – 10:29AM
242547578 **Rahu** 3:25PM – 5:04PM**Pushya Until 2:45AM Wed**
Dhriti Until 8:46PM
Balava Until 11:47PM
Ashtami* Until 10:56AM**Ganesha:** Clear *Sunrise:* 5:33AM
Muruga: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon – Blue
Chaitra*Chaitra**Devaloka Day**

Creative Work Siddha Yoga

Sri Rama Navami

1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq
	Kataka Rasi: 18.17	Tithi 9 – 10	Gulika 10:28AM – 12:07PM	Ashlesha* Until 5:15AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Sun 22 Sutra 2
			Yama 7:10AM – 8:49AM	Shula* Until 9:18PM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Krodhin 5126
		242547578 Rahu 12:07PM – 1:46PM	Taitila Until 1:51AM Thu	Nataraja: Clear		Moon 3 - Phase 1 - 22	
			Navami* Until 12:45PM	Moon – Blue		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Simha Rasi: 0.17	Tithi 10 – 11	Gulika 8:49AM – 10:28AM	Magha* Until 8:24AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Sun 23 Sutra 3
			Yama 5:30AM – 7:09AM	Ganda* Until 10:10PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Krodhin 5126
		252557578 Rahu 1:46PM – 3:26PM	Vanija Until 4:17AM Fri	Nataraja: Clear		Moon 3 - Phase 1 - 23	
			Dashami Until 3:01PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	


3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Simha Rasi: 12.08	Tithi 11 – 12	Gulika 7:08AM – 8:48AM	Magha* Until 8:24AM	Ganesh: Purple	<i>Sunrise:</i> 5:29AM	Sun 24 Sutra 4
			Yama 3:26PM – 5:06PM	Vriddhi Until 11:12PM	Muruga: Purple	<i>Sunset:</i> 6:45PM	Krodhin 5126
		252557578 Rahu 10:27AM – 12:07PM	Bava Until 6:53AM Sat	Nataraja: Clear		Moon 3 - Phase 1 - 24	
			Ekadashi Until 5:33PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq
	Simha Rasi: 23.56	Tithi 12	Gulika 5:28AM – 7:07AM	Purvaphalguni Until 11:31AM	Ganesh: Purple	<i>Sunrise:</i> 5:28AM	Sun 25 Sutra 5
			Yama 1:47PM – 3:26PM	Dhruva Until 12:14AM Sun	Muruga: Purple	<i>Sunset:</i> 6:46PM	Krodhin 5126
		252557578 Rahu 8:47AM – 10:27AM	Bava Until 6:53AM	Nataraja: Clear		Moon 3 - Phase 1 - 25	
			Dvadashi Until 8:10PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq
	Kanya Rasi: 5.45	Tithi 13	Gulika 3:27PM – 5:07PM	Uttaraphalguni Until 2:26PM	Ganesh: Purple	<i>Sunrise:</i> 5:26AM	Sun 26 Sutra 6
			Yama 12:07PM – 1:47PM	Vyaghata* Until 1:11AM Mon	Muruga: Purple	<i>Sunset:</i> 6:47PM	Krodhin 5126
		252557578 Rahu 5:07PM – 6:47PM	Kaulava Until 9:28AM	Nataraja: Clear		Moon 3 - Phase 1 - 26	
			Trayodashi Until 10:41PM	Moon – Red		4th Phase	
				Chaitra*Chaitra		Devaloka Day	

Pradosha Vrata

6	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq
	Kanya Rasi: 17.37	Tithi 14	Gulika 1:47PM – 3:27PM	Hasta Until 5:29PM	Ganesh: Purple	<i>Sunrise:</i> 5:25AM	Sun 27 Sutra 7
	Family Home Evening		Yama 10:26AM – 12:06PM	Harshana Until 1:58AM Tue	Muruga: Purple	<i>Sunset:</i> 6:48PM	Krodhin 5126
		262657578 Rahu 7:05AM – 8:46AM	Gara Until 11:53AM	Nataraja: Clear		Moon 3 - Phase 1 - 27	
			Chaturdashi* Until 12:57AM Tue	Moon – Green		4th Phase	
				Chaitra*Chaitra		Subha Sivaloka Day	

	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq
	Copper Retreat Star		Gulika 12:06PM – 1:47PM	Chitra Until 8:02PM	Ganesh: Purple	<i>Sunrise:</i> 5:24AM	Sutra 8
	Kanya Rasi: 29.35	Tithi 15	Yama 8:45AM – 10:26AM	Vajra* Until 2:26AM Wed	Muruga: Purple	<i>Sunset:</i> 6:48PM	Krodhin 5126
		262657578 Rahu 3:27PM – 5:08PM	Visti Until 1:58PM	Nataraja: Clear		Moon 3 - Phase 1 - Purnima	
			Purnima* Until 2:51AM Wed	Moon – Green			
				Chaitra*Chaitra		Subha Sivaloka Day	

Chitra Purnima (Tamil Nadu)
Hanuman Jayanti

7	Wednesday, April 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq
	Silver Retreat Star		Gulika 10:25AM – 12:06PM	Svati Until 10:02PM	Ganesh: Purple	<i>Sunrise:</i> 5:23AM	Sutra 9
	Tula Rasi: 11.42	Tithi 16	Yama 7:03AM – 8:44AM	Siddhi Until 2:35AM Thu	Muruga: Purple	<i>Sunset:</i> 6:49PM	Krodhin 5126
		262657579 Rahu 12:06PM – 1:47PM	Balava Until 3:40PM	Nataraja: Purple		Moon 3 - Phase 1 - Prathama	
			Prathama* Until 4:19AM Thu	Moon – Green			
				Chaitra*Chaitra		Subha Subha Sivaloka Day	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for on 1/18/22

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