



Sunday, May 7, 2023
Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Calgary, AB, Canada
Sutra 20

Vrischika Rasi: 15.35 Tithi 17 – 18

Gulika 4:20PM – 6:14PM
Yama 12:33PM – 2:27PM
Rahu 6:14PM – 8:07PM

Anuradha Until 7:50AM
Parigha* Until 2:20PM
Vanija Until 6:49PM
Dvitiya Until 7:45AM

Ganesha: White *Sunrise:* 4:59AM
Muruga: Clear *Sunset:* 8:07PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

Routine Work Marana Yoga

Devaloka Day

1 Monday, May 8, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthiyam Titau

Calgary, AB, Canada
Sun 1 Sutra 21

Vrischika Rasi: 29.37 Tithi 19

Gulika 2:27PM – 4:21PM
Yama 10:39AM – 12:33PM
Rahu 6:51AM – 8:45AM

Jyeshtha* Until 6:29AM
Shiva Until 11:36AM
Bava Until 4:44PM
Chaturthi* Until 3:37AM Tue

Ganesha: Blue *Sunrise:* 4:57AM
Muruga: Clear *Sunset:* 8:09PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2 Tuesday, May 9, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Calgary, AB, Canada
Sun 2 Sutra 22

Dhanus Rasi: 13.47 Tithi 20

Gulika 12:33PM – 2:27PM
Yama 8:44AM – 10:39AM
Rahu 4:22PM – 6:16PM

Purvashadha* Until 3:40AM Wed
Siddha Until 8:42AM
Kaulava Until 2:29PM
Panchami Until 1:19AM Wed

Ganesha: Red *Sunrise:* 4:56AM
Muruga: Clear *Sunset:* 8:10PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 2 1st Phase

Creative Work Siddha Yoga
Until 3:40AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

3 Wednesday, May 10, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthiyam Titau

Calgary, AB, Canada
Sun 3 Sutra 23

Dhanus Rasi: 28.02 Tithi 21

Gulika 10:38AM – 12:33PM
Yama 6:49AM – 8:43AM
Rahu 12:33PM – 2:28PM

Uttarashadha Until 1:58AM Thu
Subha Until 2:46AM Thu
Gara Until 12:10PM
Shashthi* Until 10:59PM

Ganesha: Blue *Sunrise:* 4:54AM
Muruga: Clear *Sunset:* 8:12PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 3 1st Phase

Creative Work Amrita Yoga
Until 1:58AM Thu
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

4 Thursday, May 11, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Calgary, AB, Canada
Sun 4 Sutra 24

Makara Rasi: 12.17 Tithi 22

Gulika 8:43AM – 10:38AM
Yama 4:52AM – 6:48AM
Rahu 2:28PM – 4:23PM

Shravana Until 12:35AM Fri
Sukla Until 11:48PM
Visti Until 9:50AM
Saptami Until 8:40PM

Ganesha: Red *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 8:14PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 4 1st Phase

Creative Work Siddha Yoga

Chidambaram Abhishekam

Sivaloka Day

Friday, May 12, 2023
Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Calgary, AB, Canada
Sun 5 Sutra 25

Makara Rasi: 26.31 Tithi 23

Gulika 6:46AM – 8:42AM
Yama 4:24PM – 6:19PM
Rahu 10:37AM – 12:33PM

Dhanishtha Until 11:09PM
Brahma Until 8:55PM
Balava Until 7:34AM
Ashtami* Until 6:26PM

Ganesha: Red *Sunrise:* 4:51AM
Muruga: Clear *Sunset:* 8:15PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 5 Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Saturday, May 13, 2023
Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Calgary, AB, Canada
Sun 6 Sutra 26

Kumbha Rasi: 10.41 Tithi 24 – 25

Gulika 4:49AM – 6:45AM
Yama 2:29PM – 4:25PM
Rahu 8:41AM – 10:37AM

Shatabhishak Until 9:43PM
Indra Until 6:10PM
Vanija Until 3:21AM Sun
Navami* Until 4:20PM

Ganesha: Red *Sunrise:* 4:49AM
Muruga: Clear *Sunset:* 8:17PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sobhana 5125
Moon 5 - Phase 4 - 6 Navami

Creative Work Amrita Yoga

Until 9:43PM

Then Routine Work - Marana Yoga


Sivaloka Day

1	Sunday, May 14, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Calgary, AB, Canada
				Sun 7	Sutra 27
Kumbha Rasi: 24.45	Tithi 25 – 26	Gulika 4:25PM – 6:22PM	Purvaproshtapada* Until 8:43PM	Ganesha: Clear	Sunrise: 4:48AM
		Yama 12:33PM – 2:29PM	Vaidhriti* Until 3:31PM	Muruga: Clear	Sunset: 8:18PM
213196579	Rahu 6:22PM – 8:18PM		Bava Until 1:31AM Mon	Nataraja: Purple	Moon 5 - Phase 5 - 7
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
Until 8:43PM		Mother's Day	Dashami Until 2:23PM	Vaisaka*Vaikasi	Sivaloka Day
Then Creative Work - Amrita Yoga					

2	Monday, May 15, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau			Calgary, AB, Canada
				Sun 8	Sutra 28
Meena Rasi: 8.41	Tithi 26 – 27	Gulika 2:30PM – 4:26PM	Uttaraproshtapada Until 7:49PM	Ganesha: Clear	Sunrise: 4:46AM
		Yama 10:36AM – 12:33PM	Vishkambha* Until 1:03PM	Muruga: Clear	Sunset: 8:19PM
213196579	Rahu 6:43AM – 8:40AM		Kaulava Until 11:54PM	Nataraja: Purple	Moon 5 - Phase 5 - 8
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
Family Home Evening			Ekadashi* Until 12:39PM	Vaisaka*Vaikasi	Sivaloka Day
Then Creative Work - Amrita Yoga					

3	Tuesday, May 16, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadasht/Trayodashyam Titau			Calgary, AB, Canada
				Sun 9	Sutra 29
Meena Rasi: 22.29	Tithi 27 – 28	Gulika 12:33PM – 2:30PM	Revati Until 7:02PM	Ganesha: Clear	Sunrise: 4:45AM
		Yama 8:39AM – 10:36AM	Priti Until 10:48AM	Muruga: Clear	Sunset: 8:21PM
213196579	Rahu 4:27PM – 6:24PM		Gara Until 10:34PM	Nataraja: Purple	Moon 5 - Phase 5 - 9
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
			Dvadasht* Until 11:10AM	Vaisaka*Vaikasi	Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>		

4	Wednesday, May 17, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Calgary, AB, Canada
				Sun 10	Sutra 30
Mesha Rasi: 6.06	Tithi 28 – 29	Gulika 10:36AM – 12:33PM	Ashvini Until 6:52PM	Ganesha: Orange	Sunrise: 4:43AM
		Yama 6:41AM – 8:38AM	Ayushman Until 8:47AM	Muruga: Clear	Sunset: 8:22PM
223196579	Rahu 12:33PM – 2:30PM		Visti Until 9:35PM	Nataraja: Purple	Moon 5 - Phase 5 - 10
Routine Work	Marana Yoga			Moon – White	2nd Phase
Until 6:52PM			Trayodashi* Until 10:00AM	Vaisaka*Vaikasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

	Thursday, May 18, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau			Calgary, AB, Canada
				Sun 11	Sutra 31
Mesha Rasi: 19.31	Tithi 29 – 30	Gulika 8:38AM – 10:35AM	Bharani Until 6:58PM	Ganesha: Orange	Sunrise: 4:42AM
		Yama 4:42AM – 6:40AM	Saubhagya Until 7:05AM	Muruga: Clear	Sunset: 8:24PM
223196579	Rahu 2:31PM – 4:28PM		Catuspada Until 9:00PM	Nataraja: Purple	Moon 5 - Phase 5 - 11
Creative Work	Siddha Yoga			Moon – White	Amavasya
Until 6:58PM			Chaturdashii* Until 9:13AM	Vaisaka*Vaikasi	Sivaloka Day
Then Routine Work - Marana Yoga					

	Friday, May 19, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Calgary, AB, Canada
				Sun 12	Sutra 32
Vrishabha Rasi: 2.41	Tithi 30 – 1	Gulika 6:39AM – 8:37AM	Krittika Until 7:22PM	Ganesha: Orange	Sunrise: 4:41AM
		Yama 4:29PM – 6:27PM	Athiganda* Until 4:46AM Sat	Muruga: Clear	Sunset: 8:25PM
223196579	Rahu 10:35AM – 12:33PM		Kintughna Until 8:54PM	Nataraja: Purple	Moon 5 - Phase 5 - 12
Creative Work	Siddha Yoga			Moon – White	Prathama
Until 7:22PM			Amavasya* Until 8:52AM	Jyeshtha*Vaikasi	Sivaloka Day
Then Routine Work - Marana Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1	Saturday, May 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Calgary, AB, Canada Sun 13 Sutra 33 Sobhana 5125
	Wrishabha Rasi: 16	Tithi 1 – 2	Gulika 4:39AM – 6:38AM Yama 2:31PM – 4:30PM 233196579 Rahu 8:36AM – 10:35AM	Rohini Until 8:35PM Sukarma Until 4:13AM Sun Balava Until 9:19PM Prathama* Until 9:01AM	Ganesha: Clear Sunrise: 4:39AM Muruga: Clear Sunset: 8:27PM Nataraja: Purple Moon – Yellow Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 13 3rd Phase	
	Creative Work Amrita Yoga Until 8:35PM Then Creative Work - Siddha Yoga					Sivaloka Day	

2	Sunday, May 21, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Calgary, AB, Canada Sun 14 Sutra 34 Sobhana 5125
	Wrishabha Rasi: 28.16	Tithi 2 – 3	Gulika 4:31PM – 6:29PM Yama 12:33PM – 2:32PM 233196579 Rahu 6:29PM – 8:28PM	Mrigashira Until 10:08PM Dhriti Until 4:05AM Mon Taitila Until 10:14PM Dvitiya Until 9:42AM	Ganesha: Clear Sunrise: 4:38AM Muruga: Clear Sunset: 8:28PM Nataraja: Purple Moon – Yellow Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 14 3rd Phase	
	Creative Work Siddha Yoga					Sivaloka Day	

3	Monday, May 22, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Calgary, AB, Canada Sun 15 Sutra 35 Sobhana 5125
	Mithuna Rasi: 10.43	Tithi 3 – 4	Gulika 2:32PM – 4:31PM Yama 10:34AM – 12:33PM 233196579 Rahu 6:36AM – 8:35AM	Ardra Until 12:01AM Tue Shula* Until 4:18AM Tue Vanija Until 11:40PM Tritiya Until 10:52AM	Ganesha: Clear Sunrise: 4:37AM Muruga: Clear Sunset: 8:29PM Nataraja: Purple Moon – Yellow Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 15 3rd Phase	
	Creative Work Siddha Yoga Family Home Evening					Sivaloka Day	

4	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Calgary, AB, Canada Sun 16 Sutra 36 Sobhana 5125
	Mithuna Rasi: 22.56	Tithi 4 – 5	Gulika 12:33PM – 2:33PM Yama 8:35AM – 10:34AM 243196579 Rahu 4:32PM – 6:31PM	Punarvasu Until 2:37AM Wed Ganda* Until 4:50AM Wed Bava Until 1:30AM Wed Chaturthi* Until 12:31PM	Ganesha: Purple Sunrise: 4:36AM Muruga: Clear Sunset: 8:31PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 16 3rd Phase	
	Creative Work Siddha Yoga					Subha Sivaloka Day	

5	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Calgary, AB, Canada Sun 17 Sutra 37 Sobhana 5125
	Kataka Rasi: 5.01	Tithi 5 – 6	Gulika 10:34AM – 12:33PM Yama 6:34AM – 8:34AM 244196579 Rahu 12:33PM – 2:33PM	Pushya Until 5:22AM Thu Vriddhi Until 5:37AM Thu Kaulava Until 3:40AM Thu Panchami Until 2:32PM	Ganesha: Clear Sunrise: 4:35AM Muruga: Clear Sunset: 8:32PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 17 3rd Phase	
	Creative Work Siddha Yoga					Sivaloka Day	

6	Thursday, May 25, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Calgary, AB, Canada Sun 18 Sutra 38 Sobhana 5125
	Kataka Rasi: 16.58	Tithi 6 – 7	Gulika 8:33AM – 10:33AM Yama 4:34AM – 6:34AM 244196579 Rahu 2:33PM – 4:33PM	Ashlesha* Until 8:05AM Fri Dhruva Until 6:29AM Fri Gara Until 5:59AM Fri Shashthi* Until 4:48PM	Ganesha: Clear Sunrise: 4:34AM Muruga: Clear Sunset: 8:33PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 18 3rd Phase	
	Creative Work Siddha Yoga Until 8:05AM Fri Then Routine Work - Marana Yoga					Sivaloka Day	

D	Friday, May 26, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Saptamyam Titau				Calgary, AB, Canada Sun 19 Sutra 39 Sobhana 5125
	Kataka Rasi: 28.52	Tithi 7	Gulika 6:33AM – 8:33AM Yama 4:34PM – 6:34PM 344196579 Rahu 10:33AM – 12:33PM	Ashlesha* Until 8:05AM Dhruva Until 6:29AM Vanija Until 7:08PM Saptami Until 7:08PM	Ganesha: White Sunrise: 4:33AM Muruga: Clear Sunset: 8:34PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 19 3rd Phase	
	Routine Work Marana Yoga					Devaloka Day	

D	Saturday, May 27, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Calgary, AB, Canada Sun 20 Sutra 40 Sobhana 5125
	Simha Rasi: 10.47	Tithi 8	Gulika 4:31AM – 6:32AM Yama 2:34PM – 4:35PM 354196579 Rahu 8:33AM – 10:33AM	Magha* Until 11:07AM Vyaghata* Until 7:21AM Visti Until 8:18AM Ashtami* Until 9:21PM	Ganesha: Clear Sunrise: 4:31AM Muruga: Clear Sunset: 8:36PM Nataraja: Purple Moon – Red Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 20 Ashtami	
	Creative Work Amrita Yoga Until 11:07AM Then Creative Work - Siddha Yoga					Sivaloka Day	

D	Sunday, May 28, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Calgary, AB, Canada Sun 21 Sutra 41 Sobhana 5125
	Simha Rasi: 22.46	Tithi 9	Gulika 4:35PM – 6:36PM Yama 12:34PM – 2:35PM 354196579 Rahu 6:36PM – 8:37PM	Purvaphalguni Until 1:44PM Harshana Until 8:04AM Balava Until 10:22AM Navami* Until 11:14PM	Ganesha: Clear Sunrise: 4:31AM Muruga: Clear Sunset: 8:37PM Nataraja: Purple Moon – Red Jyeshtha*Vaikasi	Sobhana 5125 Moon 5 - Phase 6 - 21 Navami	
	Creative Work Siddha Yoga Until 1:44PM Then Creative Work - Amrita Yoga					Sivaloka Day	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau	Calgary, AB, Canada Sun 22 Sutra 42 Sobhana 5125
	Kanya Rasi: 4.54 Tithi 10	Gulika 2:35PM – 4:36PM Uttaraphalguni Until 3:45PM	Ganesha: Clear <i>Sunrise:</i> 4:30AM
	Family Home Evening	Yama 10:33AM – 12:34PM Vajra* Until 8:26AM	Muruga: Clear <i>Sunset:</i> 8:38PM Moon 5 - Phase 7 - 22
	Creative Work Siddha Yoga	354196579 Rahu 6:31AM – 8:32AM Taitila Until 12:01PM	Nataraja: Purple Moon – Red Sivaloka Day Jyeshtha*Vaikasi

2	Tuesday, May 30, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Calgary, AB, Canada Sun 23 Sutra 43 Sobhana 5125
	Kanya Rasi: 17.17 Tithi 11	Gulika 12:34PM – 2:35PM Hasta Until 5:29PM	Ganesha: Purple <i>Sunrise:</i> 4:29AM
	Family Home Evening	Yama 8:31AM – 10:33AM Siddhi Until 8:22AM	Muruga: Clear <i>Sunset:</i> 8:39PM Moon 5 - Phase 7 - 23
	Creative Work Siddha Yoga	364196579 Rahu 4:37PM – 6:38PM Vanija Until 1:03PM	Nataraja: Purple Moon – Green Devaloka Day Jyeshtha*Vaikasi


3	Wednesday, May 31, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvadashyam Titau	Calgary, AB, Canada Sun 24 Sutra 44 Sobhana 5125
	Kanya Rasi: 29.59 Tithi 12	Gulika 10:33AM – 12:34PM Chitra Until 6:19PM	Ganesha: Purple <i>Sunrise:</i> 4:28AM
	Family Home Evening	Yama 6:29AM – 8:31AM Vyatipata* Until 7:45AM	Muruga: Clear <i>Sunset:</i> 8:40PM Moon 5 - Phase 7 - 24
	Creative Work Siddha Yoga	364196579 Rahu 12:34PM – 2:36PM Bava Until 1:21PM	Nataraja: Purple Moon – Green Devaloka Day Jyeshtha*Vaikasi

4	Thursday, June 1, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Calgary, AB, Canada Sun 25 Sutra 45 Sobhana 5125
	Tula Rasi: 13.04 Tithi 13	Gulika 8:31AM – 10:32AM Svati Until 6:15PM	Ganesha: Clear <i>Sunrise:</i> 4:27AM
	Family Home Evening	Yama 4:27AM – 6:29AM Varyan Until 6:30AM	Muruga: Clear <i>Sunset:</i> 8:41PM Moon 5 - Phase 7 - 25
	Creative Work Amrita Yoga Until 6:15PM Then Creative Work - Siddha Yoga	364296579 Rahu 2:36PM – 4:38PM Kaulava Until 12:53PM	Nataraja: Purple Moon – Green Sivaloka Day Jyeshtha*Vaikasi


Pradosha Vrata

5	Friday, June 2, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Calgary, AB, Canada Sun 26 Sutra 46 Sobhana 5125
	Tula Rasi: 26.33 Tithi 14	Gulika 6:28AM – 8:30AM Vishakha Until 5:47PM	Ganesha: White <i>Sunrise:</i> 4:26AM
	Family Home Evening	Yama 4:38PM – 6:40PM Shiva Until 2:19AM Sat	Muruga: Clear <i>Sunset:</i> 8:42PM Moon 5 - Phase 7 - 26
	Creative Work Siddha Yoga	374296579 Rahu 10:32AM – 12:34PM Gara Until 11:41AM	Nataraja: Purple Moon – Orange Subha Sivaloka Day Jyeshtha*Vaikasi

Vaikasi Visakam

	Saturday, June 3, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau	Calgary, AB, Canada Sun 27 Sutra 47 Sobhana 5125
	Copper Retreat Star	Gulika 4:26AM – 6:28AM Anuradha Until 4:34PM	Ganesha: White <i>Sunrise:</i> 4:26AM
	Vrischika Rasi: 10.26 Tithi 15	Yama 2:37PM – 4:39PM Siddha Until 11:28PM	Muruga: Clear <i>Sunset:</i> 8:43PM Moon 5 - Phase 7 - 27
	Creative Work Siddha Yoga	374296579 Rahu 8:30AM – 10:32AM Visti Until 9:51AM	Nataraja: Purple Moon – Orange Subha Sivaloka Day Jyeshtha*Vaikasi

Purnima* Until 8:43PM

	Sunday, June 4, 2023	Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau	Calgary, AB, Canada Sun 28 Sutra 48 Sobhana 5125
	Silver Retreat Star	Gulika 4:40PM – 6:42PM Jyeshtha* Until 2:45PM	Ganesha: White <i>Sunrise:</i> 4:25AM
	Vrischika Rasi: 24.39 Tithi 16	Yama 12:35PM – 2:37PM Sadhya Until 8:18PM	Muruga: Clear <i>Sunset:</i> 8:44PM Moon 5 - Phase 7 - Prathama
	Routine Work Marana Yoga Until 2:45PM Then Creative Work - Amrita Yoga	374296579 Rahu 6:42PM – 8:44PM Balava Until 7:30AM	Nataraja: Purple Moon – Orange Subha Sivaloka Day Jyeshtha*Vaikasi

Prathama* Until 6:10PM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Monday, June 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Calgary, AB, Canada

Sun 1 Sutra 49

Sobhana 5125

Moon 6 - Phase 8 - 1

1st Phase

Dhanus Rasi: 9.08 Tithi 17 - 18
Family Home Evening
Creative Work Siddha Yoga
Until 12:53PM
Then Routine Work - Marana Yoga

Gulika 2:37PM - 4:40PM
Yama 10:32AM - 12:35PM
385296571 Rahu 6:27AM - 8:30AM

Mula* Until 12:53PM
Subha Until 4:55PM
Vanija Until 1:53AM Tue
Dvitiya Until 3:20PM

Ganesha: Yellow Sunrise: 4:24AM
Muruga: Clear Sunset: 8:45PM
Nataraja: Blue
Moon - Light Blue
Jyeshtha*Vaikasi

Sivaloka Day

1

Tuesday, June 6, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Calgary, AB, Canada

Sun 2 Sutra 50

Sobhana 5125

Moon 6 - Phase 8 - 2

1st Phase

Dhanus Rasi: 23.46 Tithi 18 - 19
Creative Work Siddha Yoga
Until 10:44AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:35PM - 2:38PM
Yama 8:29AM - 10:32AM
385296571 Rahu 4:41PM - 6:43PM

Purvashadha* Until 10:44AM
Sukla Until 1:24PM
Bava Until 10:53PM
Tritiya Until 12:22PM

Ganesha: White Sunrise: 4:24AM
Muruga: Clear Sunset: 8:46PM
Nataraja: Blue
Moon - Light Blue
Jyeshtha*Vaikasi

Devaloka Day

2

Wednesday, June 7, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Calgary, AB, Canada

Sun 3 Sutra 51

Sobhana 5125

Moon 6 - Phase 8 - 3

1st Phase

Makara Rasi: 8.25 Tithi 19 - 20
Creative Work Amrita Yoga
Until 8:26AM
Then Creative Work - Siddha Yoga

Gulika 10:32AM - 12:35PM
Yama 6:26AM - 8:29AM
385296571 Rahu 12:35PM - 2:38PM

Uttarashadha Until 8:26AM
Brahma Until 9:54AM
Kaulava Until 7:57PM
Chaturthi* Until 9:23AM

Ganesha: White Sunrise: 4:23AM
Muruga: Clear Sunset: 8:47PM
Nataraja: Blue
Moon - Light Blue
Jyeshtha*Vaikasi

Devaloka Day

3

Thursday, June 8, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Calgary, AB, Canada

Sun 4 Sutra 52

Sobhana 5125

Moon 6 - Phase 8 - 4

1st Phase

Makara Rasi: 23.01 Tithi 20 - 21
Creative Work Siddha Yoga

Gulika 8:29AM - 10:32AM
Yama 4:23AM - 6:26AM
395296571 Rahu 2:39PM - 4:42PM

Shravana Until 6:31AM
Indra Until 6:31AM
Vanija Until 3:55AM Fri
Panchami Until 6:32AM

Ganesha: Yellow Sunrise: 4:23AM
Muruga: Clear Sunset: 8:48PM
Nataraja: Blue
Moon - Purple
Jyeshtha*Vaikasi

Sivaloka Day

4

Friday, June 9, 2023

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Calgary, AB, Canada

Sun 5 Sutra 53

Sobhana 5125

Moon 6 - Phase 8 - 5

1st Phase

Kumbha Rasi: 7.26 Tithi 22
Creative Work Siddha Yoga
Until 3:04AM Sat
Then Routine Work - Marana Yoga

Gulika 6:26AM - 8:29AM
Yama 4:42PM - 6:45PM
395296571 Rahu 10:32AM - 12:36PM

Shatabhishak Until 3:04AM Sat
Vishkambha* Until 12:21AM Sat
Visti Until 2:44PM
Saptami Until 1:36AM Sat

Ganesha: Yellow Sunrise: 4:22AM
Muruga: Clear Sunset: 8:49PM
Nataraja: Blue
Moon - Purple
Jyeshtha*Vaikasi

Sivaloka Day

D

Saturday, June 10, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 54

Sobhana 5125

Moon 6 - Phase 8 - 6

Ashtami

Kumbha Rasi: 21.38 Tithi 23
Routine Work Marana Yoga
Until 2:05AM Sun
Then Creative Work - Amrita Yoga

Gulika 4:22AM - 6:25AM
Yama 2:39PM - 4:43PM
315296571 Rahu 8:29AM - 10:32AM

Purvaproshtapada* Until 2:05AM Sun
Priti Until 9:44PM
Balava Until 12:37PM
Ashtami* Until 11:40PM

Ganesha: Clear Sunrise: 4:22AM
Muruga: Clear Sunset: 8:49PM
Nataraja: Blue
Moon - Clear
Jyeshtha*Vaikasi

Sivaloka Day

Sunday, June 11, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 55

Sobhana 5125

Moon 6 - Phase 8 - 7

Navami

Meena Rasi: 5.35 Tithi 24
Creative Work Amrita Yoga
Until 1:22AM Mon
Then Creative Work - Siddha Yoga

Gulika 4:43PM - 6:47PM
Yama 12:36PM - 2:39PM
315296571 Rahu 6:47PM - 8:50PM

Uttaraproshtapada Until 1:22AM Mon
Ayushman Until 7:24PM
Taitila Until 10:53AM
Navami* Until 10:09PM

Ganesha: Clear Sunrise: 4:22AM
Muruga: Clear Sunset: 8:50PM
Nataraja: Blue
Moon - Clear
Jyeshtha*Vaikasi

Sivaloka Day

1**Monday, June 12, 2023**Sobhana Nama Samvatsare Utarayane Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam TitauCalgary, AB, Canada
Sun 8 Sutra 56Meena Rasi: 19.17 Tithi 25
Family Home Evening
Creative Work Siddha Yoga

315296571

Gulika 2:40PM – 4:43PM
Yama 10:32AM – 12:36PM
Rahu 6:25AM – 8:29AM**Revati Until 12:55AM Tue**
Saubhagya Until 5:26PM
Vanija Until 9:33AM
Dashami Until 9:02PM**Ganesha:** Clear *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 8:51PM
Nataraja: Blue
Moon – Clear
Jyeshtha*VaikasiSobhana 5125
Moon 6 - Phase 9 - 8
2nd Phase**Sivaloka Day****2****Tuesday, June 13, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam TitauCalgary, AB, Canada
Sun 9 Sutra 57Mesha Rasi: 2.44 Tithi 26
Creative Work Siddha Yoga

325296571

Gulika 12:36PM – 2:40PM
Yama 8:29AM – 10:33AM
Rahu 4:44PM – 6:48PM**Ashvini Until 1:10AM Wed**
Sobhana Until 3:49PM
Bava Until 8:39AM
Ekadashi* Until 8:20PM**Ganesha:** White *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 8:51PM
Nataraja: Blue
Moon – White
Jyeshtha*VaikasiSobhana 5125
Moon 6 - Phase 9 - 9
2nd Phase**Devaloka Day****3****Wednesday, June 14, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam TitauCalgary, AB, Canada
Sun 10 Sutra 58Mesha Rasi: 15.58 Tithi 27
Creative Work Siddha Yoga
Until 1:41AM Thu
Then Routine Work - Marana Yoga

325296571

Gulika 10:33AM – 12:37PM
Yama 6:25AM – 8:29AM
Rahu 12:37PM – 2:40PM**Bharani Until 1:41AM Thu**
Athiganda* Until 2:30PM
Kaulava Until 8:10AM
Dvadashi* Until 8:03PM**Ganesha:** White *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 8:52PM
Nataraja: Blue
Moon – White
Jyeshtha*VaikasiSobhana 5125
Moon 6 - Phase 9 - 10
2nd Phase**Devaloka Day****4****Thursday, June 15, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam TitauCalgary, AB, Canada
Sun 11 Sutra 59Mesha Rasi: 28.59 Tithi 28
Routine Work Marana Yoga

326296571

Gulika 8:29AM – 10:33AM
Yama 4:21AM – 6:25AM
Rahu 2:41PM – 4:45PM**Krittika Until 2:27AM Fri**
Sukarma Until 1:31PM
Gara Until 8:05AM
Trayodashi* Until 8:10PM**Ganesha:** Yellow *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 8:52PM
Nataraja: Blue
Moon – White
Jyeshtha*AniSobhana 5125
Moon 6 - Phase 9 - 11
2nd Phase**Sivaloka Day***Pradosha Vrata (Fasting)***5****Friday, June 16, 2023**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam TitauCalgary, AB, Canada
Sun 12 Sutra 60Vrishabha Rasi: 11.47 Tithi 29
Routine Work Marana Yoga
Until 3:55AM Sat
Then Creative Work - Siddha Yoga

336296571

Gulika 6:25AM – 8:29AM
Yama 4:45PM – 6:49PM
Rahu 10:33AM – 12:37PM**Rohini Until 3:55AM Sat**
Dhriti Until 12:52PM
Visti Until 8:24AM
Chaturdashi* Until 8:42PM**Ganesha:** Red *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 8:53PM
Nataraja: Blue
Moon – Yellow
Jyeshtha*AniSobhana 5125
Moon 6 - Phase 9 - 12
2nd Phase**Sivaloka Day****●****Saturday, June 17, 2023****Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam TitauCalgary, AB, Canada
Sun 13 Sutra 61Vrishabha Rasi: 24.25 Tithi 30
Creative Work Siddha Yoga

336216571

Gulika 4:21AM – 6:25AM
Yama 2:41PM – 4:45PM
Rahu 8:29AM – 10:33AM**Mrigashira Until 5:36AM Sun**
Shula* Until 12:31PM
Catuspada Until 9:08AM
Amavasya* Until 9:38PM**Ganesha:** Red *Sunrise:* 4:21AM
Muruga: Yellow *Sunset:* 8:53PM
Nataraja: Blue
Moon – Yellow
Jyeshtha*AniSobhana 5125
Moon 6 - Phase 9 - 13
Amavasya**Sivaloka Day****Sunday, June 18, 2023****Retreat Star**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Ganda*/Vridhi Yoga Kintughna*/Bava Karana Prathamayam TitauCalgary, AB, Canada
Sun 14 Sutra 62Mithuna Rasi: 6.52 Tithi 1
Creative Work Siddha Yoga
Until 7:31AM Mon
Then Creative Work - Amrita Yoga

336216571

Gulika 4:46PM – 6:50PM
Yama 12:37PM – 2:41PM
Rahu 6:50PM – 8:54PM**Father's Day****Ardra Until 7:31AM Mon**
Ganda* Until 12:29PM
Kintughna Until 10:16AM
Prathama* Until 10:57PM**Ganesha:** Red *Sunrise:* 4:21AM
Muruga: Yellow *Sunset:* 8:54PM
Nataraja: Blue
Moon – Yellow
Ashada*AniSobhana 5125
Moon 6 - Phase 9 - 14
Prathama**Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

www.gurudeva.org/panchang

1	Monday, June 19, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Calgary, AB, Canada
	Mithuna Rasi: 19.08	Tithi 2	Gulika	2:42PM – 4:46PM	Ardra Until 7:31AM	Sun 15 Sutra 63
	Family Home Evening	336216571	Yama	10:33AM – 12:38PM	Vriddhi Until 12:46PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu	6:25AM – 8:29AM	Balava Until 11:47AM	Moon 6 - Phase 10 - 15 3rd Phase
Until 7:31AM				Dvitiya Until 12:39AM Tue	Sivaloka Day	
Then Creative Work - Amrita Yoga					Ashada*Ani	

2	Tuesday, June 20, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Calgary, AB, Canada
	Kataka Rasi: 1.16	Tithi 3	Gulika	12:38PM – 2:42PM	Punarvasu Until 10:07AM	Sun 16 Sutra 64
		346216571	Yama	8:29AM – 10:34AM	Dhruva Until 1:17PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu	4:46PM – 6:50PM	Taitila Until 1:38PM	Moon 6 - Phase 10 - 16 3rd Phase
				Tritiya Until 2:40AM Wed	Sivaloka Day	
					Ashada*Ani	

3	Wednesday, June 21, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthayam Titau				Calgary, AB, Canada
	Kataka Rasi: 13.16	Tithi 4	Gulika	10:34AM – 12:38PM	Pushya Until 12:49PM	Sun 17 Sutra 65
		346216571	Yama	6:25AM – 8:30AM	Vyaghata* Until 2:03PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu	12:38PM – 2:42PM	Vanija Until 3:48PM	Moon 6 - Phase 10 - 17 3rd Phase
				Chaturthi* Until 4:56AM Thu	Sivaloka Day	
					Ashada*Ani	

4	Thursday, June 22, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava Karana Panchamyam Titau				Calgary, AB, Canada
	Kataka Rasi: 25.1	Tithi 5	Gulika	8:30AM – 10:34AM	Ashlesha* Until 3:34PM	Sun 18 Sutra 66
		347216571	Yama	4:22AM – 6:26AM	Harshana Until 2:59PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu	2:42PM – 4:46PM	Bava Until 6:09PM	Moon 6 - Phase 10 - 18 3rd Phase
Until 3:34PM				Panchami Until 7:20AM Fri	Devaloka Day	
Then Creative Work - Amrita Yoga					Ashada*Ani	

5	Friday, June 23, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Calgary, AB, Canada
	Simha Rasi: 7.02	Tithi 5 – 6	Gulika	6:26AM – 8:30AM	Magha* Until 6:43PM	Sun 19 Sutra 67
		357216571	Yama	4:47PM – 6:51PM	Vajra* Until 3:56PM	Sobhana 5125
	Routine Work Marana Yoga		Rahu	10:34AM – 12:38PM	Kaulava Until 8:33PM	Moon 6 - Phase 10 - 19 3rd Phase
Until 6:43PM				Panchami Until 7:20AM	Sivaloka Day	
Then Creative Work - Siddha Yoga					Ashada*Ani	

6	Saturday, June 24, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Calgary, AB, Canada
	Simha Rasi: 18.55	Tithi 6 – 7	Gulika	4:22AM – 6:26AM	Purvaphalguni Until 9:35PM	Sun 20 Sutra 68
		357216571	Yama	2:43PM – 4:47PM	Siddhi Until 4:50PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu	8:30AM – 10:34AM	Gara Until 10:50PM	Moon 6 - Phase 10 - 20 3rd Phase
Until 9:35PM				Shashthi* Until 9:42AM	Sivaloka Day	
Then Routine Work - Marana Yoga					Ashada*Ani	

D	Sunday, June 25, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Calgary, AB, Canada
	Retreat Star		Gulika	4:47PM – 6:51PM	Uttaraphalguni Until 11:59PM	Sun 21 Sutra 69
	Kanya Rasi: 0.52	Tithi 7 – 8	Yama	12:39PM – 2:43PM	Vyatipata* Until 5:32PM	Sobhana 5125
	Creative Work Amrita Yoga	357216571	Rahu	6:51PM – 8:55PM	Visti Until 12:46AM Mon	Moon 6 - Phase 10 - 21 Ashtami
				Saptami Until 11:50AM	Sivaloka Day	
		Chidambaram Abhishekam			Ashada*Ani	

D	Monday, June 26, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Calgary, AB, Canada
	Retreat Star		Gulika	2:43PM – 4:47PM	Hasta Until 2:10AM Tue	Sun 22 Sutra 70
	Kanya Rasi: 12.58	Tithi 8 – 9	Yama	10:35AM – 12:39PM	Variyan Until 5:49PM	Sobhana 5125
	Family Home Evening	367316571	Rahu	6:27AM – 8:31AM	Balava Until 2:09AM Tue	Moon 6 - Phase 10 - 22 Navami
Creative Work Siddha Yoga				Ashtami* Until 1:31PM	Sivaloka Day	
					Ashada*Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1**Tuesday, June 27, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami/Dashmyam TitauCalgary, AB, Canada
Sun 23 Sutra 71

Kanya Rasi: 25.19 Tithi 9 – 10

Gulika 12:39PM – 2:43PM**Chitra Until 3:29AM Wed****Ganesh:** Clear *Sunrise:* 4:23AM

Sobhana 5125

Yama 8:31AM – 10:35AM

Parigha* Until 5:35PM

Muruga: Yellow *Sunset:* 8:55PM

Moon 6 - Phase 11 - 23

367316571 **Rahu 4:47PM – 6:51PM**

Taitila Until 2:48AM Wed

Nataraja: Blue

4th Phase

Creative Work Siddha Yoga

Navami* Until 2:33PMMoon – Green
Ashada*Ani**Sivaloka Day****2****Wednesday, June 28, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauCalgary, AB, Canada
Sun 24 Sutra 72

Tula Rasi: 8.01 Tithi 10 – 11

Gulika 10:35AM – 12:39PM**Svati Until 3:49AM Thu****Ganesh:** Clear *Sunrise:* 4:24AM

Sobhana 5125

Yama 6:28AM – 8:32AM

Shiva Until 4:44PM

Muruga: Yellow *Sunset:* 8:55PM

Moon 6 - Phase 11 - 24

367316571 **Rahu 12:39PM – 2:43PM**

Vanija Until 2:37AM Thu

Nataraja: Blue

4th Phase

Creative Work Siddha Yoga

Dashami Until 2:48PMMoon – Green
Ashada*Ani**Sivaloka Day****3****Thursday, June 29, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvodashyam TitauCalgary, AB, Canada
Sun 25 Sutra 73

Tula Rasi: 21.07 Tithi 11 – 12

Gulika 8:32AM – 10:36AM**Vishakha Until 3:38AM Fri****Ganesh:** Clear *Sunrise:* 4:25AM

Sobhana 5125

Yama 4:25AM – 6:28AM

Siddha Until 3:11PM

Muruga: Yellow *Sunset:* 8:55PM

Moon 6 - Phase 11 - 25

378316571 **Rahu 2:43PM – 4:47PM**

Bava Until 1:35AM Fri

Nataraja: Blue

4th Phase

Creative Work Siddha Yoga

Ekadashi Until 2:11PMMoon – Orange
Ashada*Ani**Sivaloka Day****4****Friday, June 30, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam TitauCalgary, AB, Canada
Sun 26 Sutra 74

Vrischika Rasi: 4.41 Tithi 12 – 13

Gulika 6:29AM – 8:32AM**Anuradha Until 2:32AM Sat****Ganesh:** Clear *Sunrise:* 4:25AM

Sobhana 5125

Yama 4:47PM – 6:51PM

Sadhya Until 12:59PM

Muruga: Yellow *Sunset:* 8:54PM

Moon 6 - Phase 11 - 26

378316571 **Rahu 10:36AM – 12:40PM**

Kaulava Until 11:47PM

Nataraja: Blue

4th Phase

Creative Work Siddha Yoga

Dvodashi Until 12:45PMMoon – Orange
Ashada*Ani**Sivaloka Day***Pradosha Vrata***5****Saturday, July 1, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauCalgary, AB, Canada
Sun 27 Sutra 75

Vrischika Rasi: 18.43 Tithi 13 – 14

Gulika 4:26AM – 6:29AM**Jyeshtha* Until 12:38AM Sun****Ganesh:** Clear *Sunrise:* 4:26AM

Sobhana 5125

Yama 2:43PM – 4:47PM

Subha Until 10:12AM

Muruga: Yellow *Sunset:* 8:54PM

Moon 6 - Phase 11 - 27

378316571 **Rahu 8:33AM – 10:36AM**

Gara Until 9:18PM

Nataraja: Blue

4th Phase

Creative Work Siddha Yoga

Trayodashi Until 10:36AMMoon – Orange
Ashada*Ani**Sivaloka Day**

Until 12:38AM Sun

Then Creative Work - Amrita Yoga

**Sunday, July 2, 2023****Copper Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauCalgary, AB, Canada
Sun 27 Sutra 75

Dhanus Rasi: 3.1 Tithi 14 – 15

Gulika 4:47PM – 6:50PM**Mula* Until 10:31PM****Ganesh:** Purple *Sunrise:* 4:26AM

Sobhana 5125

Yama 12:40PM – 2:43PM

Sukla Until 6:54AM

Muruga: Yellow *Sunset:* 8:54PM

Moon 6 - Phase 11 -

388316571 **Rahu 6:50PM – 8:54PM**

Visti Until 6:18PM

Nataraja: Blue

Purnima

Creative Work Amrita Yoga

Satguru Purnima**Chaturdashi* Until 7:50AM**Moon – Light Blue
Ashada*Ani**Devaloka Day**

Until 10:31PM

Then Creative Work - Siddha Yoga

Monday, July 3, 2023**Silver Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam TitauCalgary, AB, Canada
Sun 27 Sutra 77

Dhanus Rasi: 17.58 Tithi 16

Gulika 2:44PM – 4:47PM**Purvashadha* Until 7:56PM****Ganesh:** Purple *Sunrise:* 4:27AM

Sobhana 5125

Yama 10:37AM – 12:40PM

Indra Until 11:21PM

Muruga: Yellow *Sunset:* 8:53PM

Moon 6 - Phase 11 -

388316571 **Rahu 6:30AM – 8:34AM**

Balava Until 2:57PM

Nataraja: Blue

Prathama

Routine Work Marana Yoga

Prathama* Until 1:11AM TueMoon – Light Blue
Ashada*Ani**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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Tuesday, July 4, 2023
Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Calgary, AB, Canada
Sutra 78

Makara Rasi: 2.57 Tithi 17

388316571

Gulika 12:40PM – 2:44PM
Yama 8:34AM – 10:37AM
Rahu 4:47PM – 6:50PM

Uttarashadha Until 5:05PM
Vaidhriti* Until 7:20PM
Taitila Until 11:25AM
Dvitiya Until 9:37PM

Ganesha: Purple *Sunrise: 4:28AM*
Muruga: Yellow *Sunset: 8:53PM*
Nataraja: Blue
Moon – Light Blue
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 1st Phase

Routine Work Prabalarishta Yoga
Until 5:05PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Wednesday, July 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Calgary, AB, Canada
Sun 1 Sutra 79

Makara Rasi: 18 Tithi 18

399316571

Gulika 10:38AM – 12:41PM
Yama 6:32AM – 8:35AM
Rahu 12:41PM – 2:44PM

Shravana Until 2:31PM
Vishkambha* Until 3:23PM
Vanija Until 7:52AM
Tritiya Until 6:07PM

Ganesha: Purple *Sunrise: 4:29AM*
Muruga: Yellow *Sunset: 8:52PM*
Nataraja: Blue
Moon – Purple
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 1st Phase

Creative Work Siddha Yoga
Until 2:31PM

Subha Sivaloka Day

Then Routine Work - Prabalarishta Yoga

2

Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Calgary, AB, Canada
Sun 2 Sutra 80

Kumbha Rasi: 2.56 Tithi 19 – 20

499316571

Gulika 8:35AM – 10:38AM
Yama 4:30AM – 6:32AM
Rahu 2:44PM – 4:46PM

Dhanishtha Until 12:01PM
Priti Until 11:36AM
Kaulava Until 1:20AM Fri
Chaturthi* Until 2:50PM

Ganesha: Clear *Sunrise: 4:30AM*
Muruga: Yellow *Sunset: 8:52PM*
Nataraja: Blue
Moon – Purple
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 2 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Calgary, AB, Canada
Sun 3 Sutra 81

Kumbha Rasi: 17.39 Tithi 20 – 21

499316571

Gulika 6:33AM – 8:36AM
Yama 4:46PM – 6:49PM
Rahu 10:38AM – 12:41PM

Shatabhishak Until 9:43AM
Ayushman Until 8:04AM
Gara Until 10:37PM
Panchami Until 11:54AM

Ganesha: Clear *Sunrise: 4:31AM*
Muruga: Yellow *Sunset: 8:51PM*
Nataraja: Blue
Moon – Purple
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 3 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Calgary, AB, Canada
Sun 4 Sutra 82

Meena Rasi: 2.03 Tithi 21 – 22

419316571

Gulika 4:31AM – 6:34AM
Yama 2:43PM – 4:46PM
Rahu 8:36AM – 10:39AM

Purvaproshtapada* Until 8:09AM
Sobhana Until 2:15AM Sun
Visti Until 8:26PM
Shashthi* Until 9:26AM

Ganesha: Yellow *Sunrise: 4:31AM*
Muruga: Yellow *Sunset: 8:51PM*
Nataraja: Blue
Moon – Clear
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 4 1st Phase

Routine Work Marana Yoga
Until 8:09AM

Sivaloka Day

Then Creative Work - Siddha Yoga

D

Sunday, July 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Calgary, AB, Canada
Sun 5 Sutra 83

Meena Rasi: 16.04 Tithi 22 – 23

419316571

Gulika 4:46PM – 6:48PM
Yama 12:41PM – 2:43PM
Rahu 6:48PM – 8:50PM

Uttaraproshtapada Until 7:01AM
Athiganda* Until 12:02AM Mon
Balava Until 6:50PM
Saptami Until 7:32AM

Ganesha: Yellow *Sunrise: 4:32AM*
Muruga: Yellow *Sunset: 8:50PM*
Nataraja: Blue
Moon – Clear
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 5 Ashtami

Creative Work Amrita Yoga

Sivaloka Day

Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Calgary, AB, Canada
Sun 6 Sutra 84

Meena Rasi: 29.43 Tithi 23 – 24

419316571

Gulika 2:43PM – 4:45PM
Yama 10:39AM – 12:41PM
Rahu 6:35AM – 8:37AM

Revati Until 6:20AM
Sukarma Until 10:21PM
Gara Until 5:34AM Tue
Ashtami* Until 6:15AM

Ganesha: Yellow *Sunrise: 4:33AM*
Muruga: Yellow *Sunset: 8:49PM*
Nataraja: Blue
Moon – Clear
Ashada*Ani

Sobhana 5125
Moon 7 - Phase 12 - 6 Navami

Creative Work Siddha Yoga

Sivaloka Day

1**Tuesday, July 11, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti Yoga Bava/Visti* Karana Dashamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 85

Mesha Rasi: 13.01 Tithi 25

Gulika 12:41PM – 2:43PM**Ashvini Until 6:33AM****Ganesha:** Blue *Sunrise:* 4:34AM

Sobhana 5125

Yama 8:38AM – 10:40AM

Dhriti Until 9:08PM

Muruga: Yellow *Sunset:* 8:48PM

Moon 7 - Phase 13 - 7

429316571 **Rahu 4:45PM – 6:47PM**

Vanija Until 5:29PM

Nataraja: Blue

2nd Phase

Creative Work Siddha Yoga

Dashami Until 5:29AM WedMoon – White
Ashada*Ani**Subha Sivaloka Day****2****Wednesday, July 12, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau

Calgary, AB, Canada

Sun 8 Sutra 86

Mesha Rasi: 26.01 Tithi 26

Gulika 10:40AM – 12:42PM**Bharani Until 7:12AM****Ganesha:** Blue *Sunrise:* 4:35AM

Sobhana 5125

Yama 6:37AM – 8:39AM

Shula* Until 8:21PM

Muruga: Yellow *Sunset:* 8:48PM

Moon 7 - Phase 13 - 8

429316571 **Rahu 12:42PM – 2:43PM**

Bava Until 5:40PM

Nataraja: Blue

2nd Phase

Creative Work Siddha Yoga

Ekadashi* Until 5:55AM ThuMoon – White
Ashada*Ani**Subha Sivaloka Day**

Until 7:12AM

Then Creative Work - Amrita Yoga

3**Thursday, July 13, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Ganda* Yoga Kaulava Karana Dvadashyam Titau

Calgary, AB, Canada

Sun 9 Sutra 87

Vrisabha Rasi: 8.45 Tithi 27

Gulika 8:39AM – 10:40AM**Krittika Until 8:12AM****Ganesha:** Purple *Sunrise:* 4:37AM

Sobhana 5125

Yama 4:37AM – 6:38AM

Ganda* Until 7:56PM

Muruga: Yellow *Sunset:* 8:47PM

Moon 7 - Phase 13 - 9

421316571 **Rahu 2:43PM – 4:44PM**

Kaulava Until 6:20PM

Nataraja: Blue

2nd Phase

Routine Work Marana Yoga

Dvadashi* Until 6:48AM FriMoon – White
Ashada*Ani**Subha Sivaloka Day****4****Friday, July 14, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Calgary, AB, Canada

Sun 10 Sutra 88

Vrisabha Rasi: 21.17 Tithi 27 – 28

Gulika 6:39AM – 8:40AM**Rohini Until 9:56AM****Ganesha:** Clear *Sunrise:* 4:38AM

Sobhana 5125

Yama 4:44PM – 6:45PM

Vriddhi Until 7:51PM

Muruga: Yellow *Sunset:* 8:46PM

Moon 7 - Phase 13 - 10

431316571 **Rahu 10:41AM – 12:42PM**

Gara Until 7:24PM

Nataraja: Blue

2nd Phase

Routine Work Marana Yoga

Dvadashi* Until 6:48AMMoon – Yellow
Ashada*Ani**Sivaloka Day**

Until 9:56AM

Then Creative Work - Siddha Yoga

*Pradosha Vrata (Fasting)***5****Saturday, July 15, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Calgary, AB, Canada

Sun 11 Sutra 89

Mithuna Rasi: 3.38 Tithi 28 – 29

Gulika 4:39AM – 6:40AM**Mrigashira Until 11:53AM****Ganesha:** Clear *Sunrise:* 4:39AM

Sobhana 5125

Yama 2:43PM – 4:43PM

Dhruva Until 8:02PM

Muruga: Yellow *Sunset:* 8:45PM

Moon 7 - Phase 13 - 11

431316571 **Rahu 8:40AM – 10:41AM**

Visti Until 8:50PM

Nataraja: Blue

2nd Phase

Creative Work Siddha Yoga

Trayodashi* Until 8:04AMMoon – Yellow
Ashada*Ani**Sivaloka Day****Sunday, July 16, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Calgary, AB, Canada

Sun 12 Sutra 90

Mithuna Rasi: 15.52 Tithi 29 – 30

Gulika 4:43PM – 6:43PM**Ardra Until 1:59PM****Ganesha:** Clear *Sunrise:* 4:40AM

Sobhana 5125

Yama 12:42PM – 2:42PM

Vyaghata* Until 8:27PM

Muruga: Yellow *Sunset:* 8:44PM

Moon 7 - Phase 13 - 12

431316571 **Rahu 6:43PM – 8:44PM**

Catuspada Until 10:35PM

Nataraja: Blue

Amavasya

Creative Work Siddha Yoga

Chaturdashi* Until 9:39AMMoon – Yellow
Ashada*Adi**Sivaloka Day****Monday, July 17, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Calgary, AB, Canada

Sun 13 Sutra 91

Mithuna Rasi: 27.58 Tithi 30 – 1

Gulika 2:42PM – 4:42PM**Punarvasu Until 4:40PM****Ganesha:** Orange *Sunrise:* 4:41AM

Sobhana 5125

Yama 10:42AM – 12:42PM

Harshana Until 9:05PM

Muruga: Yellow *Sunset:* 8:43PM

Moon 7 - Phase 13 - 13

441316572 **Rahu 6:41AM – 8:42AM**

Kintughna Until 12:35AM Tue

Nataraja: Yellow

Prathama

Creative Work Amrita Yoga

Amavasya* Until 11:32AMMoon – Blue
Sravana Adhika*Adi**Devaloka Day**

Until 4:40PM

Then Creative Work - Siddha Yoga

1	Tuesday, July 18, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Calgary, AB, Canada Sun 14 Sutra 92
	Kataka Rasi: 9.58 Tithi 1 – 2	Gulika 12:42PM – 2:42PM Pushya Until 7:26PM Ganesha: Orange <i>Sunrise:</i> 4:42AM Sobhana 5125	
	Creative Work Siddha Yoga	Yama 8:42AM – 10:42AM Vajra* Until 9:53PM Muruga: Yellow <i>Sunset:</i> 8:42PM Moon 7 - Phase 14 - 14	3rd Phase
	441316572	Rahu 4:42PM – 6:42PM Balava Until 2:49AM Wed Nataraja: Yellow Moon – Blue Devaloka Day	
		Prathama* Until 1:39PM Sravana Adhika*Adi	

2	Wednesday, July 19, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Calgary, AB, Canada Sun 15 Sutra 93
	Kataka Rasi: 21.53 Tithi 2 – 3	Gulika 10:43AM – 12:42PM Ashlesha* Until 10:12PM Ganesha: Orange <i>Sunrise:</i> 4:44AM Sobhana 5125	
	Creative Work Siddha Yoga	Yama 6:43AM – 8:43AM Siddhi Until 10:49PM Muruga: Yellow <i>Sunset:</i> 8:41PM Moon 7 - Phase 14 - 15	3rd Phase
	441316572	Rahu 12:42PM – 2:42PM Taitila Until 5:13AM Thu Nataraja: Yellow Moon – Blue Devaloka Day	
		Dvitiya Until 3:59PM Sravana Adhika*Adi	

3	Thursday, July 20, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara Karana Tritiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 94
	Simha Rasi: 3.46 Tithi 3	Gulika 8:44AM – 10:43AM Magha* Until 1:24AM Fri Ganesha: Clear <i>Sunrise:</i> 4:45AM Sobhana 5125	
	Creative Work Amrita Yoga	Yama 4:45AM – 6:44AM Vyatipata* Until 11:51PM Muruga: Yellow <i>Sunset:</i> 8:40PM Moon 7 - Phase 14 - 16	3rd Phase
	451316572	Rahu 2:42PM – 4:41PM Gara Until 6:25PM Nataraja: Yellow Moon – Red Devaloka Day	
		Tritiya Until 6:25PM Sravana Adhika*Adi	

4	Friday, July 21, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturthiyam Titau	Calgary, AB, Canada Sun 17 Sutra 95
	Simha Rasi: 15.35 Tithi 4	Gulika 6:45AM – 8:44AM Purvaphalguni Until 4:24AM Sat Ganesha: White <i>Sunrise:</i> 4:46AM Sobhana 5125	
	Creative Work Siddha Yoga	Yama 4:40PM – 6:39PM Variyan Until 12:50AM Sat Muruga: Yellow <i>Sunset:</i> 8:38PM Moon 7 - Phase 14 - 17	3rd Phase
	451416572	Rahu 10:43AM – 12:42PM Vanija Until 7:41AM Nataraja: Yellow Moon – Red Bhuloka Day	
		Chaturthi* Until 8:53PM Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	

5	Saturday, July 22, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau	Calgary, AB, Canada Sun 18 Sutra 96
	Simha Rasi: 27.26 Tithi 5	Gulika 4:48AM – 6:46AM Uttaraphalguni Until 7:03AM Sun Ganesha: White <i>Sunrise:</i> 4:48AM Sobhana 5125	
	Routine Work Marana Yoga	Yama 2:41PM – 4:40PM Parigha* Until 1:42AM Sun Muruga: Yellow <i>Sunset:</i> 8:37PM Moon 7 - Phase 14 - 18	3rd Phase
	451416572	Rahu 8:45AM – 10:44AM Bava Until 10:05AM Nataraja: Yellow Moon – Red Bhuloka Day	
		Panchami Until 11:12PM Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	

6	Sunday, July 23, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthiyam Titau	Calgary, AB, Canada Sun 19 Sutra 97
	Kanya Rasi: 9.23 Tithi 6	Gulika 4:39PM – 6:37PM Uttaraphalguni Until 7:03AM Ganesha: Clear <i>Sunrise:</i> 4:49AM Sobhana 5125	
	Creative Work Amrita Yoga	Yama 12:42PM – 2:41PM Shiva Until 2:19AM Mon Muruga: Yellow <i>Sunset:</i> 8:36PM Moon 7 - Phase 14 - 19	3rd Phase
	452416572	Rahu 6:37PM – 8:36PM Kaulava Until 12:16PM Nataraja: Yellow Moon – Red Devaloka Day	
		Shashthi* Until 1:11AM Mon Sravana Adhika*Adi	

D	Monday, July 24, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau	Calgary, AB, Canada Sun 20 Sutra 98
	Retreat Star	Gulika 2:40PM – 4:38PM Hasta Until 9:40AM Ganesha: Purple <i>Sunrise:</i> 4:50AM Sobhana 5125	
	Kanya Rasi: 21.28 Tithi 7	Yama 10:44AM – 12:42PM Siddha Until 2:30AM Tue Muruga: Yellow <i>Sunset:</i> 8:34PM Moon 7 - Phase 14 - 20	3rd Phase
	462416572	Rahu 6:48AM – 8:46AM Gara Until 2:00PM Nataraja: Yellow Moon – Green Sivaloka Day	
		Saptami Until 2:38AM Tue Sravana Adhika*Adi	

D	Tuesday, July 25, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 99
	Tula Rasi: 3.46 Tithi 8	Gulika 12:42PM – 2:40PM Chitra Until 11:32AM Ganesha: Purple <i>Sunrise:</i> 4:52AM Sobhana 5125	
	Creative Work Siddha Yoga	Yama 8:47AM – 10:45AM Sadhya Until 2:07AM Wed Muruga: Yellow <i>Sunset:</i> 8:33PM Moon 7 - Phase 14 - 21	Ashtami
	462416572	Rahu 4:38PM – 6:35PM Visti Until 3:07PM Nataraja: Yellow Moon – Green Sivaloka Day	
		Ashtami* Until 3:22AM Wed Sravana Adhika*Adi	

D	Wednesday, July 26, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 100
	Retreat Star	Gulika 10:45AM – 12:42PM Svati Until 12:29PM Ganesha: Purple <i>Sunrise:</i> 4:53AM Sobhana 5125	
	Tula Rasi: 16.25 Tithi 9	Yama 6:50AM – 8:48AM Subha Until 1:07AM Thu Muruga: Yellow <i>Sunset:</i> 8:32PM Moon 7 - Phase 14 - 22	Navami
	462416572	Rahu 12:42PM – 2:40PM Balava Until 3:27PM Nataraja: Yellow Moon – Green Sivaloka Day	
		Navami* Until 3:16AM Thu Sravana Adhika*Adi	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1**Thursday, July 27, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau

Calgary, AB, Canada

Sun 23 Sutra 101

Tula Rasi: 29.28 Tithi 10

Gulika 8:48AM – 10:45AM**Vishakha** Until 12:55PM**Ganesha:** Clear Sunrise: 4:54AM

Sobhana 5125

Yama 4:54AM – 6:51AM

Sukla Until 11:23PM

Muruga: Yellow Sunset: 8:30PM

Moon 7 - Phase 15 - 23

472416572 **Rahu** 2:39PM – 4:36PM

Taitila Until 2:55PM

Nataraja: Yellow

4th Phase

Creative Work Siddha Yoga

Dashami Until 2:18AM FriMoon – Orange
Sravana Adhika*Adi**Devaloka Day****2****Friday, July 28, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau

Calgary, AB, Canada

Sun 24 Sutra 102

Vrischika Rasi: 12.59 Tithi 11

Gulika 6:52AM – 8:49AM**Anuradha** Until 12:21PM**Ganesha:** Clear Sunrise: 4:56AM

Sobhana 5125

Yama 4:36PM – 6:32PM

Brahma Until 8:59PM

Muruga: Yellow Sunset: 8:29PM

Moon 7 - Phase 15 - 24

472416572 **Rahu** 10:46AM – 12:42PM

Vanija Until 1:31PM

Nataraja: Yellow

4th Phase

Creative Work Siddha Yoga

Ekadashi Until 12:31AM SatMoon – Orange
Sravana Adhika*Adi**Devaloka Day**

Until 12:21PM

Then Routine Work - Marana Yoga

3**Saturday, July 29, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau

Calgary, AB, Canada

Sun 25 Sutra 103

Vrischika Rasi: 27.01 Tithi 12

Gulika 4:57AM – 6:53AM**Jyeshtha*** Until 10:51AM**Ganesha:** Clear Sunrise: 4:57AM

Sobhana 5125

Yama 2:39PM – 4:35PM

Indra Until 5:59PM

Muruga: Yellow Sunset: 8:27PM

Moon 7 - Phase 15 - 25

472416572 **Rahu** 8:50AM – 10:46AM

Bava Until 11:21AM

Nataraja: Yellow

4th Phase

Creative Work Siddha Yoga

Dvadashi Until 9:59PMMoon – Orange
Sravana Adhika*Adi**Devaloka Day****4****Sunday, July 30, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Calgary, AB, Canada

Sun 26 Sutra 104

Dhanus Rasi: 11.3 Tithi 13

Gulika 4:34PM – 6:30PM**Mula*** Until 8:58AM**Ganesha:** White Sunrise: 4:59AM

Sobhana 5125

Yama 12:42PM – 2:38PM

Vaidhriti* Until 2:27PM

Muruga: Yellow Sunset: 8:26PM

Moon 7 - Phase 15 - 26

482416572 **Rahu** 6:30PM – 8:26PM

Kaulava Until 8:31AM

Nataraja: Yellow

4th Phase

Creative Work Amrita Yoga

Trayodashi Until 6:53PMMoon – Light Blue
Sravana Adhika*Adi**Sivaloka Day**

Until 8:58AM

Then Creative Work - Siddha Yoga

*Pradosha Vrata***5****Monday, July 31, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Calgary, AB, Canada

Sun 27 Sutra 105

Dhanus Rasi: 26.23 Tithi 14 – 15

Gulika 2:38PM – 4:33PM**Purvashadha*** Until 6:25AM**Ganesha:** White Sunrise: 5:00AM

Sobhana 5125

Yama 10:47AM – 12:42PM

Vishkambha* Until 10:32AM

Muruga: Yellow Sunset: 8:24PM

Moon 7 - Phase 15 - 27

Family Home Evening

482416572 **Rahu** 6:56AM – 8:51AM

Visti Until 1:30AM Tue

Nataraja: Yellow

4th Phase

Routine Work Marana Yoga

Chaturdashi* Until 3:21PMMoon – Light Blue
Sravana Adhika*Adi**Sivaloka Day****Tuesday, August 1, 2023****Copper Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Calgary, AB, Canada

Sutra 106

Makara Rasi: 11.32 Tithi 15 – 16

Gulika 12:42PM – 2:37PM**Shravana** Until 12:32AM Wed**Ganesha:** Yellow Sunrise: 5:02AM

Sobhana 5125

Yama 8:52AM – 10:47AM

Priti Until 6:23AM

Muruga: Yellow Sunset: 8:23PM

Moon 7 - Phase 15 -

492416572 **Rahu** 4:32PM – 6:28PM

Balava Until 9:39PM

Nataraja: Yellow

Purnima

Creative Work Siddha Yoga

Purnima* Until 11:34AMMoon – Purple
Sravana Adhika*Adi**Devaloka Day**

Until 12:32AM Wed

Then Routine Work - Prabalarishta Yoga

Wednesday, August 2, 2023**Silver Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

Calgary, AB, Canada

Sutra 107

Makara Rasi: 26.48 Tithi 16 – 17

Gulika 10:47AM – 12:42PM**Dhanishtha** Until 9:32PM**Ganesha:** Yellow Sunrise: 5:03AM

Sobhana 5125

Yama 6:58AM – 8:53AM

Saubhagya Until 9:53PM

Muruga: Yellow Sunset: 8:21PM

Moon 7 - Phase 15 -

492416572 **Rahu** 12:42PM – 2:37PM

Gara Until 3:55AM Thu

Nataraja: Yellow

Prathama

Routine Work Prabalarishta Yoga

Prathama* Until 7:42AMMoon – Purple
Sravana Adhika*Adi**Devaloka Day**

Until 9:32PM

Then Creative Work - Siddha Yoga



Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Tritiyam Titau

Calgary, AB, Canada

Sun 1 Sutra 108

Sobhana 5125

Kumbha Rasi: 11.59 Tithi 18

Gulika 8:53AM - 10:48AM

Shatabhishak Until 6:37PM

Ganesha: Yellow Sunrise: 5:05AM

Yama 5:05AM - 6:59AM

Sobhana Until 5:50PM

Muruga: Yellow Sunset: 8:19PM

Moon 8 - Phase 16 - 1

492416572 Rahu 2:36PM - 4:31PM

Vanija Until 2:08PM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:24AM Fri

Moon - Purple
Sravana Adhika*Adi

Devaloka Day

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthyam Titau

Calgary, AB, Canada

Sun 2 Sutra 109

Sobhana 5125

Kumbha Rasi: 26.58 Tithi 19

Gulika 7:00AM - 8:54AM

Purvaproshtapada* Until 4:21PM

Ganesha: Clear Sunrise: 5:06AM

Yama 4:30PM - 6:24PM

Athiganda* Until 2:04PM

Muruga: Yellow Sunset: 8:18PM

Moon 8 - Phase 16 - 2

412416572 Rahu 10:48AM - 12:42PM

Bava Until 10:48AM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 9:17PM

Moon - Clear
Sravana Adhika*Adi

Devaloka Day

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Calgary, AB, Canada

Sun 3 Sutra 110

Sobhana 5125

Meena Rasi: 12 Tithi 20

Gulika 5:08AM - 7:01AM

Uttaraproshtapada Until 2:28PM

Ganesha: Clear Sunrise: 5:08AM

Yama 2:35PM - 4:29PM

Sukarma Until 10:45AM

Muruga: Yellow Sunset: 8:16PM

Moon 8 - Phase 16 - 3

412416572 Rahu 8:55AM - 10:48AM

Kaulava Until 7:57AM

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Panchami Until 6:44PM

Moon - Clear
Sravana Adhika*Adi

Devaloka Day

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Calgary, AB, Canada

Sun 4 Sutra 111

Sobhana 5125

Meena Rasi: 25.47 Tithi 21 - 22

Gulika 4:28PM - 6:21PM

Revati Until 1:05PM

Ganesha: White Sunrise: 5:09AM

Yama 12:42PM - 2:35PM

Dhriti Until 7:58AM

Muruga: Yellow Sunset: 8:14PM

Moon 8 - Phase 16 - 4

413416572 Rahu 6:21PM - 8:14PM

Visti Until 4:13AM Mon

Nataraja: Yellow

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 4:52PM

Moon - Clear
Sravana Adhika*Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Calgary, AB, Canada

Sun 5 Sutra 112

Sobhana 5125

Mesha Rasi: 9.32 Tithi 22 - 23

Gulika 2:34PM - 4:27PM

Ashvini Until 12:44PM

Ganesha: Clear Sunrise: 5:11AM

Yama 10:49AM - 12:42PM

Ganda* Until 4:08AM Tue

Muruga: Yellow Sunset: 8:13PM

Moon 8 - Phase 16 - 5

Family Home Evening

423416572 Rahu 7:03AM - 8:56AM

Balava Until 3:28AM Tue

Nataraja: Yellow

1st Phase

Creative Work Siddha Yoga

Saptami Until 3:43PM

Moon - White
Sravana Adhika*Adi

Devaloka Day

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 113

Sobhana 5125

Mesha Rasi: 22.51 Tithi 23 - 24

Gulika 12:41PM - 2:34PM

Bharani Until 12:59PM

Ganesha: Clear Sunrise: 5:12AM

Yama 8:57AM - 10:49AM

Vriddhi Until 3:08AM Wed

Muruga: Yellow Sunset: 8:11PM

Moon 8 - Phase 16 - 6

423416572 Rahu 4:26PM - 6:18PM

Taitila Until 3:27AM Wed

Nataraja: Yellow

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 3:21PM

Moon - White
Sravana Adhika*Adi

Devaloka Day

W

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 114

Sobhana 5125

Vrishabha Rasi: 5.47 Tithi 24 - 25

Gulika 10:49AM - 12:41PM

Krittika Until 1:47PM

Ganesha: Clear Sunrise: 5:14AM

Yama 7:06AM - 8:57AM

Dhruva Until 2:38AM Thu

Muruga: Yellow Sunset: 8:09PM

Moon 8 - Phase 16 - 7

423416572 Rahu 12:41PM - 2:33PM

Vanija Until 4:06AM Thu

Nataraja: Yellow

Navami

Creative Work Amrita Yoga

Navami* Until 3:40PM

Moon - White
Sravana Adhika*Adi

Devaloka Day

Until 1:47PM
Then Creative Work - Siddha Yoga

1	Thursday, August 10, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Calgary, AB, Canada Sun 8 Sutra 115 Sobhana 5125
	433416572	Gulika 8:58AM – 10:50AM Yama 5:15AM – 7:07AM Rahu 2:33PM – 4:24PM	Rohini Until 3:30PM Vyaghata* Until 2:35AM Fri Bava Until 5:18AM Fri Dashami Until 4:37PM
	433416572	Ganesha: Purple <i>Sunrise:</i> 5:15AM Muruga: Yellow <i>Sunset:</i> 8:07PM Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga		


2	Friday, August 11, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava Karana Ekadashyam Titau	Calgary, AB, Canada Sun 9 Sutra 116 Sobhana 5125
	433416572	Gulika 7:08AM – 8:59AM Yama 4:23PM – 6:14PM Rahu 10:50AM – 12:41PM	Mrigashira Until 5:33PM Harshana Until 2:53AM Sat Balava Until 6:03PM Ekadashi* Until 6:03PM
	433416572	Ganesha: Purple <i>Sunrise:</i> 5:17AM Muruga: Yellow <i>Sunset:</i> 8:05PM Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga		

3	Saturday, August 12, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Calgary, AB, Canada Sun 10 Sutra 117 Sobhana 5125
	433416572	Gulika 5:18AM – 7:09AM Yama 2:31PM – 4:22PM Rahu 8:59AM – 10:50AM	Ardra Until 7:47PM Vajra* Until 3:25AM Sun Kaulava Until 6:56AM Dvadashi* Until 7:52PM
	433416572	Ganesha: Purple <i>Sunrise:</i> 5:18AM Muruga: Yellow <i>Sunset:</i> 8:03PM Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga		

4	Sunday, August 13, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Calgary, AB, Canada Sun 11 Sutra 118 Sobhana 5125
	443416572	Gulika 4:21PM – 6:11PM Yama 12:41PM – 2:31PM Rahu 6:11PM – 8:01PM	Punarvasu Until 10:36PM Siddhi Until 4:08AM Mon Gara Until 8:53AM Trayodashi* Until 9:56PM
	443416572	Ganesha: Light Blue <i>Sunrise:</i> 5:20AM Muruga: Yellow <i>Sunset:</i> 8:01PM Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga		

Pradosha Vrata (Fasting)

5	Monday, August 14, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Calgary, AB, Canada Sun 12 Sutra 119 Sobhana 5125
	443416572	Gulika 2:30PM – 4:20PM Yama 10:51AM – 12:40PM Rahu 7:11AM – 9:01AM	Pushya Until 1:26AM Tue Vyatipata* Until 5:01AM Tue Visti Until 11:04AM Chaturdashi* Until 12:12AM Tue
	443416572	Ganesha: Light Blue <i>Sunrise:</i> 5:21AM Muruga: Yellow <i>Sunset:</i> 8:00PM Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Family Home Evening Creative Work Siddha Yoga		

	Tuesday, August 15, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Calgary, AB, Canada Sun 13 Sutra 120 Sobhana 5125
	Retreat Star	443416572	Gulika 12:40PM – 2:30PM Yama 9:02AM – 10:51AM Rahu 4:19PM – 6:08PM
	Kataka Rasi: 18.55 Tithi 30		Ashlesha* Until 4:14AM Wed Variyan Until 5:56AM Wed Catuspada Until 1:24PM Amavasya* Until 2:35AM Wed
	Creative Work Siddha Yoga		Ganesha: Light Blue <i>Sunrise:</i> 5:23AM Muruga: Yellow <i>Sunset:</i> 7:58PM Nataraja: Yellow Moon – Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

	Wednesday, August 16, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Calgary, AB, Canada Sun 14 Sutra 121 Sobhana 5125
	Retreat Star	453516572	Gulika 10:51AM – 12:40PM Yama 7:13AM – 9:02AM Rahu 12:40PM – 2:29PM
	Simha Rasi: 0.47 Tithi 1		Magha* Until 7:24AM Thu Parigha* Until 6:55AM Thu Kintughna Until 3:50PM Prathama* Until 5:03AM Thu
	Creative Work Siddha Yoga		Ganesha: Clear <i>Sunrise:</i> 5:24AM Muruga: Yellow <i>Sunset:</i> 7:56PM Nataraja: Yellow Moon – Red

Devaloka Day

1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava Karana Dvitiyayam Titau				Calgary, AB, Canada
	Simha Rasi: 12.38	Tithi 2	Gulika Yama	9:03AM – 10:51AM 5:26AM – 7:14AM	Magha* Until 7:24AM Parigha* Until 6:55AM	Ganesh: Orange Muruga: Yellow Nataraja: Yellow	Sun 15 Sutra 122 Sobhana 5125 Moon 8 - Phase 18 - 15 3rd Phase
	553516572	Rahu	2:28PM – 4:17PM	Balava Until 6:17PM	Moon – Red	Devaloka Day	
Creative Work Amrita Yoga				Dvitiya Until 7:29AM Fri	Sravana*Avani		
Until 7:24AM							
Then Creative Work - Siddha Yoga							

2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Calgary, AB, Canada
	Simha Rasi: 24.29	Tithi 2 – 3	Gulika Yama	7:16AM – 9:04AM 4:16PM – 6:04PM	Purvaphalguni Until 10:23AM Shiva Until 7:54AM	Ganesh: Orange Muruga: Yellow Nataraja: Yellow	Sun 16 Sutra 123 Sobhana 5125 Moon 8 - Phase 18 - 16 3rd Phase
	553516572	Rahu	10:52AM – 12:40PM	Taitila Until 8:41PM	Moon – Red	Devaloka Day	
Creative Work Siddha Yoga				Dvitiya Until 7:29AM	Sravana*Avani		

3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Calgary, AB, Canada
	Kanya Rasi: 6.23	Tithi 3 – 4	Gulika Yama	5:29AM – 7:17AM 2:27PM – 4:14PM	Uttaraphalguni Until 1:05PM Siddha Until 8:45AM	Ganesh: Orange Muruga: Yellow Nataraja: Yellow	Sun 17 Sutra 124 Sobhana 5125 Moon 8 - Phase 18 - 17 3rd Phase
	553516572	Rahu	9:04AM – 10:52AM	Vanija Until 10:54PM	Moon – Red	Devaloka Day	
Routine Work Marana Yoga				Tritiya Until 9:48AM	Sravana*Avani		

4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Calgary, AB, Canada
	Kanya Rasi: 18.22	Tithi 4 – 5	Gulika Yama	4:13PM – 6:00PM 12:39PM – 2:26PM	Hasta Until 3:51PM Sadhya Until 9:26AM	Ganesh: Purple Muruga: Yellow Nataraja: Yellow	Sun 18 Sutra 125 Sobhana 5125 Moon 8 - Phase 18 - 18 3rd Phase
	564516572	Rahu	6:00PM – 7:48PM	Bava Until 12:47AM Mon	Moon – Green	Bhuloka Day	
Creative Work Amrita Yoga				Chaturthi* Until 11:52AM	Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
Until 3:51PM				Nag Panchami			
Then Creative Work - Siddha Yoga							

5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Calgary, AB, Canada
	Tula Rasi: 0.3	Tithi 5 – 6	Gulika Yama	2:26PM – 4:12PM 10:52AM – 12:39PM	Chitra Until 6:02PM Subha Until 9:50AM	Ganesh: Purple Muruga: Yellow Nataraja: Yellow	Sun 19 Sutra 126 Sobhana 5125 Moon 8 - Phase 18 - 19 3rd Phase
	564516572	Rahu	7:19AM – 9:06AM	Kaulava Until 2:11AM Tue	Moon – Green	Bhuloka Day	
Family Home Evening				Panchami Until 1:31PM	Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
Routine Work Prabalarishta Yoga							
Until 6:02PM							
Then Creative Work - Amrita Yoga							

6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Calgary, AB, Canada
	Tula Rasi: 12.51	Tithi 6 – 7	Gulika Yama	12:39PM – 2:25PM 9:06AM – 10:52AM	Svati Until 7:29PM Sukla Until 9:48AM	Ganesh: Purple Muruga: Yellow Nataraja: Yellow	Sun 20 Sutra 127 Sobhana 5125 Moon 8 - Phase 18 - 20 3rd Phase
	564516572	Rahu	4:11PM – 5:57PM	Gara Until 2:57AM Wed	Moon – Green	Bhuloka Day	
Creative Work Siddha Yoga				Shashthi* Until 2:38PM	Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
Until 7:29PM							
Then Routine Work - Marana Yoga							

D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Calgary, AB, Canada
	Retreat Star		Gulika Yama	10:53AM – 12:38PM 7:21AM – 9:07AM	Vishakha Until 8:34PM Brahma Until 9:14AM	Ganesh: Clear Muruga: Yellow Nataraja: Yellow	Sun 21 Sutra 128 Sobhana 5125 Moon 8 - Phase 18 - 21 Ashtami
	574516572	Rahu	12:38PM – 2:24PM	Visti Until 2:58AM Thu	Moon – Orange	Devaloka Day	
Creative Work Siddha Yoga				Saptami Until 3:02PM	Sravana*Avani		

D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Calgary, AB, Canada
	Retreat Star		Gulika Yama	9:07AM – 10:53AM 5:37AM – 7:22AM	Anuradha Until 8:42PM Indra Until 8:06AM	Ganesh: Clear Muruga: Yellow Nataraja: Yellow	Sun 22 Sutra 129 Sobhana 5125 Moon 8 - Phase 18 - 22 Navami
	574516572	Rahu	2:23PM – 4:09PM	Balava Until 2:12AM Fri	Moon – Orange	Devaloka Day	
Creative Work Siddha Yoga				Ashtami* Until 2:40PM	Sravana*Avani		
Until 8:42PM							
Then Routine Work - Prabalarishta Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1	Friday, August 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Calgary, AB, Canada Sun 23 Sutra 130 Sobhana 5125
	Vrischika Rasi: 21.55 Tithi 9 – 10 Routine Work Marana Yoga Until 7:55PM Then Creative Work - Amrita Yoga	Gulika 7:23AM – 9:08AM Yama 4:07PM – 5:52PM 574516572 Rahu 10:53AM – 12:38PM	Jyeshtha* Until 7:55PM Vaidhriti* Until 6:17AM Taitila Until 12:39AM Sat Navami* Until 1:30PM	Ganesha: Clear <i>Sunrise:</i> 5:38AM Muruga: Yellow <i>Sunset:</i> 7:37PM Nataraja: Yellow Moon – Orange Sravana*Avani	Devaloka Day	


2	Saturday, August 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Calgary, AB, Canada Sun 24 Sutra 131 Sobhana 5125
	Dhanus Rasi: 5.47 Tithi 10 – 11 Creative Work Siddha Yoga	Gulika 5:40AM – 7:24AM Yama 2:22PM – 4:06PM 584516572 Rahu 9:09AM – 10:53AM	Mula* Until 6:41PM Priti Until 12:52AM Sun Vanija Until 10:22PM Dashami Until 11:34AM	Ganesha: White <i>Sunrise:</i> 5:40AM Muruga: Yellow <i>Sunset:</i> 7:35PM Nataraja: Yellow Moon – Light Blue Sravana*Avani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Sunday, August 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Calgary, AB, Canada Sun 25 Sutra 132 Sobhana 5125
	Dhanus Rasi: 20.08 Tithi 11 – 12 Creative Work Siddha Yoga Until 4:40PM Then Creative Work - Amrita Yoga	Gulika 4:05PM – 5:49PM Yama 12:37PM – 2:21PM 584516572 Rahu 5:49PM – 7:33PM	Purvashadha* Until 4:40PM Ayushman Until 9:21PM Bava Until 7:28PM Ekadashi Until 8:58AM	Ganesha: White <i>Sunrise:</i> 5:42AM Muruga: Yellow <i>Sunset:</i> 7:33PM Nataraja: Yellow Moon – Light Blue Sravana*Avani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Monday, August 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Calgary, AB, Canada Sun 26 Sutra 133 Sobhana 5125
	Makara Rasi: 4.53 Tithi 13 Family Home Evening Routine Work Marana Yoga Until 2:02PM Then Creative Work - Amrita Yoga	Gulika 2:20PM – 4:04PM Yama 10:53AM – 12:37PM 584516573 Rahu 7:27AM – 9:10AM	Uttarashadha Until 2:02PM Saubhagya Until 5:28PM Kaulava Until 4:07PM Trayodashi Until 2:17AM Tue <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise:</i> 5:43AM Muruga: Yellow <i>Sunset:</i> 7:31PM Nataraja: White Moon – Light Blue Sravana*Avani	Devaloka Day	

5	Tuesday, August 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Calgary, AB, Canada Sun 27 Sutra 134 Sobhana 5125
	Makara Rasi: 19.57 Tithi 14 Creative Work Siddha Yoga	Gulika 12:37PM – 2:20PM Yama 9:11AM – 10:54AM 594516573 Rahu 4:03PM – 5:46PM	Shravana Until 11:19AM Sobhana Until 1:20PM Gara Until 12:26PM Chaturdashi* Until 10:30PM	Ganesha: Yellow <i>Sunrise:</i> 5:45AM Muruga: Yellow <i>Sunset:</i> 7:29PM Nataraja: White Moon – Purple Sravana*Avani	Sivaloka Day	

	Wednesday, August 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau				Calgary, AB, Canada Sutra 135 Sobhana 5125
	Copper Retreat Star Kumbha Rasi: 5.11 Tithi 15 Routine Work Prabalarishta Yoga Until 8:19AM Then Creative Work - Siddha Yoga	Gulika 10:54AM – 12:36PM Yama 7:29AM – 9:11AM 594516573 Rahu 12:36PM – 2:19PM	Dhanishtha Until 8:19AM Athiganda* Until 9:04AM Visti Until 8:36AM Purnima* Until 6:40PM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM Muruga: Yellow <i>Sunset:</i> 7:26PM Nataraja: White Moon – Purple Sravana*Avani	Sivaloka Day	

	Thursday, August 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Calgary, AB, Canada Sutra 136 Sobhana 5125
	Silver Retreat Star Kumbha Rasi: 20.25 Tithi 16 – 17 Creative Work Siddha Yoga	Gulika 9:12AM – 10:54AM Yama 5:48AM – 7:30AM 514516573 Rahu 2:18PM – 4:00PM	Purvaproshtapada* Until 2:31AM Fri Dhriti Until 12:44AM Fri Taitila Until 1:10AM Fri Prathama* Until 2:55PM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM Muruga: Yellow <i>Sunset:</i> 7:24PM Nataraja: White Moon – Clear Sravana*Avani	Sivaloka Day	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtpada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Calgary, AB, Canada

Sun 1 Sutra 137

Sobhana 5125

Meena Rasi: 5.29 Tithi 17 - 18

Gulika 7:31AM - 9:13AM

Uttaraproshtpada Until 12:05AM Sat

Ganesha: Yellow Sunrise: 5:49AM

Yama 3:59PM - 5:40PM

Shula* Until 8:55PM

Muruga: Yellow Sunset: 7:22PM

Moon 9 - Phase 20 - 1

514516573 Rahu 10:54AM - 12:36PM

Vanija Until 9:53PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Moon - Clear

Sivaloka Day

Until 12:05AM Sat

Dvitiya Until 11:27AM

Sravana*Avani

Then Routine Work - Prabalarishta Yoga

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Calgary, AB, Canada

Sun 2 Sutra 138

Sobhana 5125

Meena Rasi: 20.16 Tithi 18 - 19

Gulika 5:51AM - 7:32AM

Revati Until 10:02PM

Ganesha: Red Sunrise: 5:51AM

Yama 2:16PM - 3:58PM

Ganda* Until 5:33PM

Muruga: Yellow Sunset: 7:20PM

Moon 9 - Phase 20 - 2

515516573 Rahu 9:13AM - 10:54AM

Bava Until 7:07PM

Nataraja: White

1st Phase

Routine Work Prabalarishta Yoga

Moon - Clear

Sivaloka Day

Until 10:02PM

Tritiya Until 8:25AM

Sravana*Avani

Then Creative Work - Siddha Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Calgary, AB, Canada

Sun 3 Sutra 139

Sobhana 5125

Mesha Rasi: 4.37 Tithi 20

Gulika 3:56PM - 5:37PM

Ashvini Until 8:56PM

Ganesha: Green Sunrise: 5:52AM

Yama 12:35PM - 2:16PM

Vriddhi Until 2:42PM

Muruga: Yellow Sunset: 7:18PM

Moon 9 - Phase 20 - 3

525516573 Rahu 5:37PM - 7:18PM

Kaulava Until 5:00PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Moon - White

Devaloka Day

Until 8:56PM

Panchami Until 4:12AM Mon

Sravana*Avani

Then Routine Work - Prabalarishta Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashtyam Titau

Calgary, AB, Canada

Sun 4 Sutra 140

Sobhana 5125

Mesha Rasi: 18.31 Tithi 21

Gulika 2:15PM - 3:55PM

Bharani Until 8:28PM

Ganesha: Green Sunrise: 5:54AM

Yama 10:55AM - 12:35PM

Dhruva Until 12:26PM

Muruga: Yellow Sunset: 7:15PM

Moon 9 - Phase 20 - 4

Family Home Evening

525516573 Rahu 7:34AM - 9:14AM

Gara Until 3:39PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Moon - White

Devaloka Day

Until 8:28PM

Shashthi* Until 3:15AM Tue

Sravana*Avani

Then Routine Work - Marana Yoga

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Calgary, AB, Canada

Sun 5 Sutra 141

Sobhana 5125

Mrishabha Rasi: 1.56 Tithi 22

Gulika 12:34PM - 3:14PM

Krittika Until 8:38PM

Ganesha: Green Sunrise: 5:56AM

Yama 9:15AM - 10:55AM

Vyaghata* Until 10:50AM

Muruga: Yellow Sunset: 7:13PM

Moon 9 - Phase 20 - 5

525516573 Rahu 3:54PM - 5:33PM

Visti Until 3:06PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Moon - White

Devaloka Day

Until 8:38PM

Saptami Until 3:07AM Wed

Sravana*Avani

Then Creative Work - Amrita Yoga

D

Wednesday, September 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 142

Sobhana 5125

Mrishabha Rasi: 14.55 Tithi 23

Gulika 10:55AM - 12:34PM

Rohini Until 9:54PM

Ganesha: Orange Sunrise: 5:57AM

Yama 7:36AM - 9:16AM

Harshana Until 9:54AM

Muruga: Yellow Sunset: 7:11PM

Moon 9 - Phase 20 - 6

535516573 Rahu 12:34PM - 2:13PM

Balava Until 3:22PM

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Moon - Yellow

Sivaloka Day

Krishna Janmashtami

Ashtami* Until 3:45AM Thu

Sravana*Avani

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 143

Sobhana 5125

Mrishabha Rasi: 27.33 Tithi 24

Gulika 9:16AM - 10:55AM

Mrigashira Until 11:40PM

Ganesha: Orange Sunrise: 5:59AM

Yama 5:59AM - 7:37AM

Vajra* Until 9:30AM

Muruga: Yellow Sunset: 7:09PM

Moon 9 - Phase 20 - 7

535516573 Rahu 2:12PM - 3:51PM

Taitila Until 4:21PM

Nataraja: White

Navami

Routine Work Marana Yoga

Moon - Yellow

Sivaloka Day

Navami* Until 5:03AM Fri

Sravana*Avani

1	Friday, September 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Calgary, AB, Canada Sun 8 Sutra 144 Sobhana 5125
	Mithuna Rasi: 9.53	Tithi 25	Gulika 7:39AM – 9:17AM	Ardra Until 1:47AM Sat	Ganesha: Orange <i>Sunrise:</i> 6:00AM	
			Yama 3:50PM – 5:28PM	Siddhi Until 9:37AM	Muruga: Yellow <i>Sunset:</i> 7:06PM	Moon 9 - Phase 21 - 8
	535516573	Rahu 10:55AM – 12:33PM	Vanija Until 5:55PM	Nataraja: White	Moon – Yellow	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:51AM Sat	Sravana*Avani	Sivaloka Day	

2	Saturday, September 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Calgary, AB, Canada Sun 9 Sutra 145 Sobhana 5125
	Mithuna Rasi: 22.01	Tithi 25 – 26	Gulika 6:02AM – 7:40AM	Punarvasu Until 4:37AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:02AM	
			Yama 2:11PM – 3:49PM	Vyatipata* Until 10:06AM	Muruga: Yellow <i>Sunset:</i> 7:04PM	Moon 9 - Phase 21 - 9
	545516573	Rahu 9:17AM – 10:55AM	Bava Until 7:55PM	Nataraja: White	Moon – Blue	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:51AM	Sravana*Avani	Devaloka Day	

3	Sunday, September 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Calgary, AB, Canada Sun 10 Sutra 146 Sobhana 5125
	Kataka Rasi: 4.01	Tithi 26 – 27	Gulika 3:47PM – 5:25PM	Pushya Until 7:29AM Mon	Ganesha: Purple <i>Sunrise:</i> 6:03AM	
			Yama 12:33PM – 2:10PM	Variyan Until 10:48AM	Muruga: Yellow <i>Sunset:</i> 7:02PM	Moon 9 - Phase 21 - 10
	545616573	Rahu 5:25PM – 7:02PM	Kaulava Until 10:11PM	Nataraja: White	Moon – Blue	2nd Phase
Creative Work	Siddha Yoga	Grandparent's Day	Ekadashi* Until 9:00AM	Sravana*Avani	Devaloka Day	

4	Monday, September 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Calgary, AB, Canada Sun 11 Sutra 147 Sobhana 5125
	Kataka Rasi: 15.55	Tithi 27 – 28	Gulika 2:09PM – 3:46PM	Pushya Until 7:29AM	Ganesha: Light Blue <i>Sunrise:</i> 6:05AM	
	Family Home Evening		Yama 10:55AM – 12:32PM	Parigha* Until 11:41AM	Muruga: Yellow <i>Sunset:</i> 7:00PM	Moon 9 - Phase 21 - 11
	546616573	Rahu 7:42AM – 9:19AM	Gara Until 12:37AM Tue	Nataraja: White	Moon – Blue	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:22AM	Sravana*Avani	Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, September 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Calgary, AB, Canada Sun 12 Sutra 148 Sobhana 5125
	Kataka Rasi: 27.47	Tithi 28 – 29	Gulika 12:32PM – 2:08PM	Ashlesha* Until 10:18AM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM	
			Yama 9:19AM – 10:56AM	Shiva Until 12:38PM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 9 - Phase 21 - 12
	546616573	Rahu 3:45PM – 5:21PM	Visti Until 3:04AM Wed	Nataraja: White	Moon – Blue	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:49PM	Sravana*Avani	Devaloka Day	

6	Wednesday, September 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Calgary, AB, Canada Sun 13 Sutra 149 Sobhana 5125
	Simha Rasi: 9.38	Tithi 29 – 30	Gulika 10:56AM – 12:32PM	Magha* Until 1:26PM	Ganesha: Purple <i>Sunrise:</i> 6:08AM	
			Yama 7:44AM – 9:20AM	Siddha Until 1:33PM	Muruga: Yellow <i>Sunset:</i> 6:55PM	Moon 9 - Phase 21 - 13
	556616573	Rahu 12:32PM – 2:08PM	Catuspada Until 5:28AM Thu	Nataraja: White	Moon – Red	2nd Phase
Creative Work	Siddha Yoga		Chaturdashii* Until 4:16PM	Sravana*Avani	Devaloka Day	
Until 1:26PM						
Then Creative Work - Amrita Yoga						

●	Thursday, September 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga* Karana Amavasyayam Titau				Calgary, AB, Canada Sun 14 Sutra 150 Sobhana 5125
	Retreat Star		Gulika 9:20AM – 10:56AM	Purvaphalguni Until 4:20PM	Ganesha: Purple <i>Sunrise:</i> 6:10AM	
	Simha Rasi: 21.31	Tithi 30	Yama 6:10AM – 7:45AM	Sadhya Until 2:24PM	Muruga: Yellow <i>Sunset:</i> 6:53PM	Moon 9 - Phase 21 - 14
	556616573	Rahu 2:07PM – 3:42PM	Naga Until 6:36PM	Nataraja: White	Moon – Red	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 6:36PM	Sravana*Avani	Devaloka Day	

●	Friday, September 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau				Calgary, AB, Canada Sun 15 Sutra 151 Sobhana 5125
	Retreat Star		Gulika 7:46AM – 9:21AM	Uttaraphalguni Until 6:53PM	Ganesha: Purple <i>Sunrise:</i> 6:11AM	
	Kanya Rasi: 3.28	Tithi 1	Yama 3:41PM – 5:16PM	Subha Until 3:09PM	Muruga: White <i>Sunset:</i> 6:51PM	Moon 9 - Phase 21 - 15
	556626573	Rahu 10:56AM – 12:31PM	Kintughna Until 7:44AM	Nataraja: White	Moon – Red	Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:45PM	Bhadrapada*Avani	Sivaloka Day	
Until 6:53PM						
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1	Saturday, September 16, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 152
	Kanya Rasi: 15.29 Tithi 2	Gulika 6:13AM – 7:47AM Hasta Until 9:30PM Ganesha: Light Blue <i>Sunrise:</i> 6:13AM Sobhana 5125	
	Routine Work Marana Yoga	Yama 2:05PM – 3:39PM Sukla Until 3:39PM Muruga: White <i>Sunset:</i> 6:48PM Moon 9 - Phase 22 - 16	

2	Sunday, September 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau	Calgary, AB, Canada Sun 17 Sutra 153
	Kanya Rasi: 27.38 Tithi 3	Gulika 3:38PM – 5:12PM Chitra Until 11:37PM Ganesha: Light Blue <i>Sunrise:</i> 6:14AM Sobhana 5125	
	Creative Work Siddha Yoga	Yama 12:30PM – 2:04PM Brahma Until 3:56PM Muruga: White <i>Sunset:</i> 6:46PM Moon 9 - Phase 22 - 17	

3	Monday, September 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthayam Titau	Calgary, AB, Canada Sun 18 Sutra 154
	Tula Rasi: 9.57 Tithi 4	Gulika 2:03PM – 3:37PM Svati Until 1:08AM Tue Ganesha: Purple <i>Sunrise:</i> 6:16AM Sobhana 5125	
	Family Home Evening Creative Work Amrita Yoga	Yama 10:56AM – 12:30PM Indra Until 3:53PM Muruga: White <i>Sunset:</i> 6:44PM Moon 9 - Phase 22 - 18	

4	Tuesday, September 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau	Calgary, AB, Canada Sun 19 Sutra 155
	Tula Rasi: 22.28 Tithi 5	Gulika 12:29PM – 3:02PM Vishakha Until 2:28AM Wed Ganesha: Clear <i>Sunrise:</i> 6:17AM Sobhana 5125	
	Routine Work Marana Yoga	Yama 9:23AM – 10:56AM Vaidhriti* Until 3:26PM Muruga: White <i>Sunset:</i> 6:42PM Moon 9 - Phase 22 - 19	

5	Wednesday, September 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthayam Titau	Calgary, AB, Canada Sun 20 Sutra 156
	Vrischika Rasi: 5.13 Tithi 6	Gulika 10:57AM – 12:29PM Anuradha Until 3:04AM Thu Ganesha: Clear <i>Sunrise:</i> 6:19AM Sobhana 5125	
	Creative Work Siddha Yoga	Yama 7:52AM – 9:24AM Vishkambha* Until 2:34PM Muruga: White <i>Sunset:</i> 6:39PM Moon 9 - Phase 22 - 20	

6	Thursday, September 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau	Calgary, AB, Canada Sun 21 Sutra 157
	Vrischika Rasi: 18.16 Tithi 7	Gulika 9:25AM – 10:57AM Jyeshtha* Until 2:54AM Fri Ganesha: Clear <i>Sunrise:</i> 6:21AM Sobhana 5125	
	Routine Work Prabalarishta Yoga	Yama 6:21AM – 7:53AM Priti Until 1:13PM Muruga: White <i>Sunset:</i> 6:37PM Moon 9 - Phase 22 - 21	

D	Friday, September 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau	Calgary, AB, Canada Sun 22 Sutra 158
	Retreat Star	Gulika 7:54AM – 9:25AM Mula* Until 2:24AM Sat Ganesha: White <i>Sunrise:</i> 6:22AM Sobhana 5125	
	Dhanus Rasi: 1.39 Tithi 8	Yama 3:32PM – 5:03PM Ayushman Until 11:20AM Muruga: White <i>Sunset:</i> 6:35PM Moon 9 - Phase 22 - 22	


D	Saturday, September 23, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau	Calgary, AB, Canada Sun 23 Sutra 159
	Retreat Star	Gulika 6:24AM – 7:55AM Purvashadha* Until 1:10AM Sun Ganesha: White <i>Sunrise:</i> 6:24AM Sobhana 5125	
	Dhanus Rasi: 15.25 Tithi 9	Yama 1:59PM – 3:30PM Saubhagya Until 8:58AM Muruga: White <i>Sunset:</i> 6:32PM Moon 9 - Phase 22 - 23	

1	Sunday, September 24, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau	Calgary, AB, Canada Sun 24 Sutra 160 Sobhana 5125
	Dhanus Rasi: 29.32 Tithi 10	Gulika 3:29PM – 5:00PM Yama 12:28PM – 1:58PM Rahu 5:00PM – 6:30PM	Uttarashadha Until 11:15PM Sobhana Until 6:08AM Taitila Until 8:44AM Dashami Until 7:25PM
	Creative Work Amrita Yoga		Ganesha: White Sunrise: 6:25AM Muruga: White Sunset: 6:30PM Nataraja: White Moon – Light Blue Sivaloka Day Bhadrapada*Puratasi

2	Monday, September 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau	Calgary, AB, Canada Sun 25 Sutra 161 Sobhana 5125
	Makara Rasi: 14.01 Tithi 11 – 12	Gulika 1:57PM – 3:28PM Yama 10:57AM – 12:27PM Rahu 7:57AM – 9:27AM	Shravana Until 9:11PM Sukarma Until 11:15PM Vanija Until 6:02AM Ekadashi Until 4:31PM
	Family Home Evening Creative Work Amrita Yoga Until 9:11PM Then Creative Work - Siddha Yoga		Ganesha: White Sunrise: 6:27AM Muruga: White Sunset: 6:28PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi

3	Tuesday, September 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Calgary, AB, Canada Sun 26 Sutra 162 Sobhana 5125
	Makara Rasi: 28.46 Tithi 12 – 13	Gulika 12:27PM – 1:57PM Yama 9:28AM – 10:57AM Rahu 3:26PM – 4:56PM	Dhanishtha Until 6:41PM Dhriti Until 7:24PM Kaulava Until 11:36PM Dvadashi Until 1:17PM
	Creative Work Siddha Yoga Until 6:41PM Then Routine Work - Marana Yoga		Ganesha: White Sunrise: 6:28AM Muruga: White Sunset: 6:26PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi

4	Wednesday, September 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Calgary, AB, Canada Sun 27 Sutra 163 Sobhana 5125
	Kumbha Rasi: 13.43 Tithi 13 – 14	Gulika 10:58AM – 12:27PM Yama 7:59AM – 9:28AM Rahu 12:27PM – 1:56PM	Shatabhishak Until 3:53PM Shula* Until 3:25PM Gara Until 8:08PM Trayodashi Until 9:51AM
	Creative Work Siddha Yoga Until 3:53PM Then Creative Work - Amrita Yoga	Chidambaram Abhishekam Kadaitswami Mahasamadhi	Ganesha: White Sunrise: 6:30AM Muruga: White Sunset: 6:23PM Nataraja: White Moon – Purple Subha Subha Sivaloka Day Bhadrapada*Puratasi

	Thursday, September 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Chaturdashy/Purnimayam Titau	Calgary, AB, Canada Sun 28 Sutra 164 Sobhana 5125
	Kumbha Rasi: 28.44 Tithi 14 – 15	Gulika 9:29AM – 10:58AM Yama 6:32AM – 8:00AM Rahu 1:55PM – 3:24PM	Purvaproshtapada* Until 1:21PM Ganda* Until 11:26AM Bava Until 3:01AM Fri Chaturdashy* Until 6:23AM
	Creative Work Siddha Yoga		Ganesha: Yellow Sunrise: 6:32AM Muruga: White Sunset: 6:21PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi

	Friday, September 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau	Calgary, AB, Canada Sun 29 Sutra 165 Sobhana 5125
	Meena Rasi: 13.4 Tithi 16	Gulika 8:01AM – 9:30AM Yama 3:22PM – 4:51PM Rahu 10:58AM – 12:26PM	Uttaraproshtapada Until 10:50AM Vridhi Until 7:35AM Balava Until 1:26PM Prathama* Until 11:55PM
	Creative Work Siddha Yoga		Ganesha: Yellow Sunrise: 6:33AM Muruga: White Sunset: 6:19PM Nataraja: White Moon – Clear Subha Sivaloka Day Bhadrapada*Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

www.gurudeva.org/panchang



Saturday, September 30, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Calgary, AB, Canada

Sutra 166

Meena Rasi: 28.23 Tithi 17

Gulika 6:35AM – 8:03AM
Yama 1:53PM – 3:21PM
618626573 **Rahu** 9:30AM – 10:58AM

Revati Until 8:31AM
Vyaghata* Until 12:43AM Sun
Taitila Until 10:32AM
Dvitiya Until 9:14PM

Ganesha: Yellow Sunrise: 6:35AM
Muruga: White Sunset: 6:17PM
Nataraja: White
Moon – Clear
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 -
1st Phase

Subha Sivaloka Day

Routine Work Prabalarishta Yoga
Until 8:31AM
Then Creative Work - Siddha Yoga

1 Sunday, October 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Calgary, AB, Canada
Sun 1 Sutra 167

Mesha Rasi: 12.46 Tithi 18

Gulika 3:20PM – 4:47PM
Yama 12:25PM – 1:53PM
629626573 **Rahu** 4:47PM – 6:14PM

Ashvini Until 6:57AM
Harshana Until 9:58PM
Vanija Until 8:07AM
Tritiya Until 7:07PM

Ganesha: Clear Sunrise: 6:36AM
Muruga: White Sunset: 6:14PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 1
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:57AM
Then Routine Work - Prabalarishta Yoga

2 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Calgary, AB, Canada
Sun 2 Sutra 168

Mesha Rasi: 26.43 Tithi 19 – 20

Family Home Evening

Gulika 1:52PM – 3:19PM
Yama 10:58AM – 12:25PM
629626573 **Rahu** 8:05AM – 9:32AM

Krittika Until 5:23AM Tue
Vajra* Until 7:45PM
Bava Until 6:20AM
Chaturthi* Until 5:42PM

Ganesha: Clear Sunrise: 6:38AM
Muruga: White Sunset: 6:12PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 2
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga
Until 5:23AM Tue
Then Creative Work - Amrita Yoga

3 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Calgary, AB, Canada
Sun 3 Sutra 169

Mrishabha Rasi: 10.15 Tithi 20 – 21

Gulika 12:25PM – 1:51PM
Yama 9:32AM – 10:58AM
639626573 **Rahu** 3:17PM – 4:44PM

Rohini Until 5:58AM Wed
Siddhi Until 6:10PM
Gara Until 5:03AM Wed
Panchami Until 5:03PM

Ganesha: Purple Sunrise: 6:40AM
Muruga: White Sunset: 6:10PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 3
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 5:58AM Wed
Then Creative Work - Siddha Yoga

4 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Calgary, AB, Canada
Sun 4 Sutra 170

Mrishabha Rasi: 23.2 Tithi 21 – 22

Gulika 10:59AM – 12:24PM
Yama 8:07AM – 9:33AM
639626573 **Rahu** 12:24PM – 1:50PM

Mrigashira Until 7:10AM Thu
Vyatipata* Until 5:14PM
Visti Until 5:36AM Thu
Shashthi* Until 5:12PM

Ganesha: Purple Sunrise: 6:41AM
Muruga: White Sunset: 6:08PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 4
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:10AM Thu
Then Routine Work - Marana Yoga

5 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Bava Karana Saptamyam Titau

Calgary, AB, Canada
Sun 5 Sutra 171

Mithuna Rasi: 6.03 Tithi 22

Gulika 9:33AM – 10:59AM
Yama 6:43AM – 8:08AM
639726573 **Rahu** 1:49PM – 3:15PM

Mrigashira Until 7:10AM
Variyan Until 4:52PM
Bava Until 6:07PM
Saptami Until 6:07PM

Ganesha: Clear Sunrise: 6:43AM
Muruga: White Sunset: 6:05PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 5
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Calgary, AB, Canada
Sun 6 Sutra 172

Mithuna Rasi: 18.26 Tithi 23

Gulika 8:09AM – 9:34AM
Yama 3:14PM – 4:38PM
639726573 **Rahu** 10:59AM – 12:24PM

Ardra Until 8:53AM
Parigha* Until 5:00PM
Balava Until 6:51AM
Ashtami* Until 7:42PM

Ganesha: Clear Sunrise: 6:44AM
Muruga: White Sunset: 6:03PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 6
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Calgary, AB, Canada
Sun 7 Sutra 173

Kataka Rasi: 0.35 Tithi 24

Gulika 6:46AM – 8:10AM
Yama 1:48PM – 3:12PM
649726573 **Rahu** 9:35AM – 10:59AM

Punarvasu Until 11:28AM
Shiva Until 5:33PM
Taitila Until 8:42AM
Navami* Until 9:45PM

Ganesha: Purple Sunrise: 6:46AM
Muruga: White Sunset: 6:01PM
Nataraja: White
Moon – Blue
Bhadrapada*Puratasi

Sobhana 5125
Moon 10 - Phase 24 - 7
Navami

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

1**Sunday, October 8, 2023**

Sobhana Nama Samvatsare Dakshinaya Siddha Yoga Vanija/Visti* Karana Dashamyam Titau

Calgary, AB, Canada

Sun 8 Sutra 174

Kataka Rasi: 12.34 Tithi 25

Gulika 3:11PM – 4:35PM**Pushya Until 2:14PM****Ganesha: Purple** Sunrise: 6:48AM

Sobhana 5125

Yama 12:23PM – 1:47PM

Siddha Until 6:19PM

Muruga: White Sunset: 5:59PM

Moon 10 - Phase 25 - 8

649726574 **Rahu 4:35PM – 5:59PM**

Vanija Until 10:56AM

Nataraja: Clear

2nd Phase

Creative Work Siddha Yoga

Dashami Until 12:07AM MonMoon – Blue **Subha Sivaloka Day**
Bhadrapada*Puratasi**2****Monday, October 9, 2023**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau

Calgary, AB, Canada

Sun 9 Sutra 175

Kataka Rasi: 24.27 Tithi 26

Gulika 1:46PM – 3:10PM**Ashlesha* Until 5:02PM****Ganesha: Blue** Sunrise: 6:49AM

Sobhana 5125

Family Home Evening 641726574

Yama 11:00AM – 12:23PM

Sadhya Until 7:13PM

Muruga: White Sunset: 5:57PM

Moon 10 - Phase 25 - 9

Creative Work Siddha Yoga

Rahu 8:13AM – 9:36AM

Bava Until 1:23PM

Nataraja: Clear

2nd Phase

Until 5:02PM

Ekadashi* Until 2:37AM TueMoon – Blue **Subha Sivaloka Day**
Bhadrapada*Puratasi

Then Routine Work - Marana Yoga

3**Tuesday, October 10, 2023**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau

Calgary, AB, Canada

Sun 10 Sutra 176

Simha Rasi: 6.19 Tithi 27

Gulika 12:23PM – 1:46PM**Magha* Until 8:11PM****Ganesha: Red** Sunrise: 6:51AM

Sobhana 5125

Creative Work Siddha Yoga

Yama 9:37AM – 11:00AM

Subha Until 8:08PM

Muruga: White Sunset: 5:54PM

Moon 10 - Phase 25 - 10

651726574 **Rahu 3:09PM – 4:31PM**

Kaulava Until 3:53PM

Nataraja: Clear

2nd Phase

Creative Work Siddha Yoga

Dvadashi* Until 5:04AM WedMoon – Red **Sivaloka Day**
Bhadrapada*Puratasi**4****Wednesday, October 11, 2023**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Gara Karana Trayodashyam Titau

Calgary, AB, Canada

Sun 11 Sutra 177

Simha Rasi: 18.11 Tithi 28

Gulika 11:00AM – 12:22PM**Purvaphalguni Until 11:02PM****Ganesha: Red** Sunrise: 6:53AM

Sobhana 5125

Creative Work Amrita Yoga

Yama 8:15AM – 9:38AM

Sukla Until 8:55PM

Muruga: White Sunset: 5:52PM

Moon 10 - Phase 25 - 11

651726574 **Rahu 12:22PM – 1:45PM**

Gara Until 6:16PM

Nataraja: Clear

2nd Phase

Trayodashi* Until 7:21AM ThuMoon – Red **Sivaloka Day**
Bhadrapada*Puratasi*Pradosha Vrata (Fasting)***5****Thursday, October 12, 2023**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttarahalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Calgary, AB, Canada

Sun 12 Sutra 178

Kanya Rasi: 0.08 Tithi 28 – 29

Gulika 9:38AM – 11:00AM**Uttarahalguni Until 1:27AM Fri****Ganesha: Red** Sunrise: 6:54AM

Sobhana 5125

Amrita Yoga

Yama 6:54AM – 8:16AM

Brahma Until 9:31PM

Muruga: White Sunset: 5:50PM

Moon 10 - Phase 25 - 12

651726574 **Rahu 1:44PM – 3:06PM**

Visti Until 8:24PM

Nataraja: Clear

2nd Phase

Trayodashi* Until 7:21AMMoon – Red **Sivaloka Day**
Bhadrapada*Puratasi**●****Friday, October 13, 2023****Retreat Star**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Calgary, AB, Canada

Sun 13 Sutra 179

Kanya Rasi: 12.12 Tithi 29 – 30

Gulika 8:17AM – 9:39AM**Hasta Until 3:52AM Sat****Ganesha: Yellow** Sunrise: 6:56AM

Sobhana 5125

Creative Work Amrita Yoga

Yama 3:05PM – 4:26PM

Indra Until 9:52PM

Muruga: White Sunset: 5:48PM

Moon 10 - Phase 25 - 13

661726574 **Rahu 11:00AM – 12:22PM**

Catuspada Until 10:11PM

Nataraja: Clear

Amavasya

Until 3:52AM Sat

Mahalaya Amavasai (Tamil Nadu)**Chaturdashi* Until 9:19AM**Moon – Green **Sivaloka Day**
Bhadrapada*Puratasi

Then Routine Work - Marana Yoga

Saturday, October 14, 2023**Retreat Star**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Calgary, AB, Canada

Sun 14 Sutra 180

Kanya Rasi: 24.25 Tithi 30 – 1

Gulika 6:58AM – 8:19AM**Chitra Until 5:41AM Sun****Ganesha: Yellow** Sunrise: 6:58AM

Sobhana 5125

Routine Work Marana Yoga

Yama 1:43PM – 3:04PM

Vaidhriti* Until 9:52PM

Muruga: White Sunset: 5:46PM

Moon 10 - Phase 25 - 14

661726574 **Rahu 9:40AM – 11:01AM**

Kintughna Until 11:33PM

Nataraja: Clear

Prathama

Until 5:41AM Sun

Navaratri Begins**Amavasya* Until 10:54AM**Moon – Green **Sivaloka Day**
Ashvina*Puratasi

Then Creative Work - Siddha Yoga

1	Sunday, October 15, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vishkamba* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Calgary, AB, Canada Sun 15 Sutra 181 Sobhana 5125
	Tula Rasi: 6.49 Tithi 1 – 2	Gulika 3:03PM – 4:23PM Yama 12:22PM – 1:42PM Rahu 4:23PM – 5:44PM	Svati Until 6:54AM Mon Vishkamba* Until 9:31PM Balava Until 12:27AM Mon Prathama* Until 12:02PM
	661726574	Ganesha: Yellow <i>Sunrise:</i> 6:59AM Muruga: White <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Green	Sivaloka Day

Creative Work Siddha Yoga
Until 6:54AM Mon
Then Routine Work - Marana Yoga

2	Monday, October 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 182 Sobhana 5125
	Tula Rasi: 19.26 Tithi 2 – 3	Gulika 1:41PM – 3:01PM Yama 11:01AM – 12:21PM Rahu 8:21AM – 9:41AM	Svati Until 6:54AM Priti Until 8:50PM Taitila Until 12:53AM Tue Dvitiya Until 12:43PM
	661726574	Ganesha: Yellow <i>Sunrise:</i> 7:01AM Muruga: White <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – Green	Sivaloka Day

Creative Work Amrita Yoga
Until 6:54AM
Then Routine Work - Marana Yoga

3	Tuesday, October 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Calgary, AB, Canada Sun 17 Sutra 183 Sobhana 5125
	Vrischika Rasi: 2.16 Tithi 3 – 4	Gulika 12:21PM – 1:41PM Yama 9:42AM – 11:01AM Rahu 3:00PM – 4:20PM	Vishakha Until 7:58AM Ayushman Until 7:45PM Vanija Until 12:52AM Wed Tritiya Until 12:55PM
	671726574	Ganesha: Red <i>Sunrise:</i> 7:03AM Muruga: White <i>Sunset:</i> 5:40PM Nataraja: Clear Moon – Orange	Sivaloka Day

Routine Work Marana Yoga
Until 7:58AM
Then Creative Work - Siddha Yoga

4	Wednesday, October 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Calgary, AB, Canada Sun 18 Sutra 184 Sobhana 5125
	Vrischika Rasi: 15.19 Tithi 4 – 5	Gulika 11:02AM – 12:21PM Yama 8:23AM – 9:43AM Rahu 12:21PM – 1:40PM	Anuradha Until 8:27AM Saubhagya Until 6:19PM Bava Until 12:23AM Thu Chaturthi* Until 12:40PM
	671726574	Ganesha: Red <i>Sunrise:</i> 7:04AM Muruga: White <i>Sunset:</i> 5:37PM Nataraja: Clear Moon – Orange	Sivaloka Day

Creative Work Siddha Yoga

5	Thursday, October 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Calgary, AB, Canada Sun 19 Sutra 185 Sobhana 5125
	Vrischika Rasi: 28.36 Tithi 5 – 6	Gulika 9:43AM – 11:02AM Yama 7:06AM – 8:25AM Rahu 1:39PM – 2:58PM	Jyeshtha* Until 8:20AM Sobhana Until 4:34PM Kaulava Until 11:29PM Panchami Until 11:58AM
	672726574	Ganesha: Blue <i>Sunrise:</i> 7:06AM Muruga: White <i>Sunset:</i> 5:35PM Nataraja: Clear Moon – Orange	Devaloka Day

Routine Work Prabalarishta Yoga
Until 8:20AM
Then Creative Work - Siddha Yoga

6	Friday, October 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Calgary, AB, Canada Sun 20 Sutra 186 Sobhana 5125
	Dhanus Rasi: 12.07 Tithi 6 – 7	Gulika 8:26AM – 9:44AM Yama 2:57PM – 4:15PM Rahu 11:02AM – 12:21PM	Mula* Until 8:07AM Athiganda* Until 2:28PM Gara Until 10:11PM Shashthi* Until 10:52AM
	682726574	Ganesha: Yellow <i>Sunrise:</i> 7:08AM Muruga: White <i>Sunset:</i> 5:33PM Nataraja: Clear Moon – Light Blue	Sivaloka Day

Creative Work Amrita Yoga
Until 8:07AM
Then Routine Work - Prabalarishta Yoga

D	Saturday, October 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 187 Sobhana 5125
	Dhanus Rasi: 25.52 Tithi 7 – 8	Gulika 7:09AM – 8:27AM Yama 1:38PM – 2:56PM Rahu 9:45AM – 11:03AM	Purvashadha* Until 7:21AM Sukarma Until 12:04PM Visti Until 8:30PM Saptami Until 9:22AM
	682726574	Ganesha: Yellow <i>Sunrise:</i> 7:09AM Muruga: White <i>Sunset:</i> 5:31PM Nataraja: Clear Moon – Light Blue	Sivaloka Day

Creative Work Siddha Yoga
Until 7:21AM
Then Routine Work - Marana Yoga

Durga Ashtami

S	Sunday, October 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 188 Sobhana 5125
	Makara Rasi: 9.52 Tithi 8 – 9	Gulika 2:55PM – 4:12PM Yama 12:20PM – 1:38PM Rahu 4:12PM – 5:29PM	Uttarashadha Until 6:05AM Dhriti Until 9:22AM Balava Until 6:27PM Ashtami* Until 7:30AM
	682726574	Ganesha: Yellow <i>Sunrise:</i> 7:11AM Muruga: White <i>Sunset:</i> 5:29PM Nataraja: Clear Moon – Light Blue	Sivaloka Day

Creative Work Amrita Yoga

Saraswathi Puja (Tamil Nadu)

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1**Monday, October 23, 2023**Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam TitauCalgary, AB, Canada
Sun 23 Sutra 189Makara Rasi: 24.04 Tithi 10
Family Home Evening
Creative Work Siddha Yoga
Until 3:00AM Tue
Then Routine Work - Marana Yoga692726574
Gulika 1:37PM – 2:54PM
Yama 11:03AM – 12:20PM
Rahu 8:30AM – 9:46AM
Vijaya Dasami**Dhanishtha Until 3:00AM Tue**
Shula* Until 6:23AM
Taitila Until 4:06PM
Dashami Until 2:48AM Tue**Ganesha:** White *Sunrise:* 7:13AM
Muruga: White *Sunset:* 5:27PM
Nataraja: Clear
Moon – Purple
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 - 23
4th Phase**Devaloka Day****2****Tuesday, October 24, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam TitauCalgary, AB, Canada
Sun 24 Sutra 190Kumbha Rasi: 8.28 Tithi 11
Routine Work Marana Yoga
Until 12:55AM Wed
Then Creative Work - Amrita Yoga692726574
Gulika 12:20PM – 1:36PM
Yama 9:47AM – 11:04AM
Rahu 2:53PM – 4:09PM**Shatabhishak Until 12:55AM Wed**
Vriddhi Until 11:50PM
Vanija Until 1:30PM
Ekadashi Until 12:07AM Wed**Ganesha:** White *Sunrise:* 7:15AM
Muruga: White *Sunset:* 5:25PM
Nataraja: Clear
Moon – Purple
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 - 24
4th Phase**Devaloka Day****3****Wednesday, October 25, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam TitauCalgary, AB, Canada
Sun 25 Sutra 191Kumbha Rasi: 22.59 Tithi 12
Creative Work Amrita Yoga
Until 11:00PM
Then Creative Work - Siddha Yoga612726574
Gulika 11:04AM – 12:20PM
Yama 8:32AM – 9:48AM
Rahu 12:20PM – 1:36PM**Purvaproshtapada* Until 11:00PM**
Dhruva Until 8:22PM
Bava Until 10:44AM
Dvadashi Until 9:19PM**Ganesha:** Purple *Sunrise:* 7:16AM
Muruga: White *Sunset:* 5:23PM
Nataraja: Clear
Moon – Clear
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 - 25
4th Phase**Devaloka Day****4****Thursday, October 26, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam TitauCalgary, AB, Canada
Sun 26 Sutra 192Meena Rasi: 7.35 Tithi 13
Creative Work Siddha Yoga612726574
Gulika 9:49AM – 11:04AM
Yama 7:18AM – 8:33AM
Rahu 1:35PM – 2:51PM**Uttaraproshtapada Until 8:57PM**
Vyaghata* Until 4:54PM
Kaulava Until 7:55AM
Trayodashi Until 6:31PM**Ganesha:** Purple *Sunrise:* 7:18AM
Muruga: White *Sunset:* 5:22PM
Nataraja: Clear
Moon – Clear
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 - 26
4th Phase**Devaloka Day***Pradosha Vrata***5****Friday, October 27, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauCalgary, AB, Canada
Sun 27 Sutra 193Meena Rasi: 22.08 Tithi 14 – 15
Creative Work Siddha Yoga
Until 6:54PM
Then Creative Work - Amrita Yoga612726574
Gulika 8:35AM – 9:50AM
Yama 2:50PM – 4:05PM
Rahu 11:05AM – 12:20PM**Revati Until 6:54PM**
Harshana Until 1:32PM
Visti Until 2:36AM Sat
Chaturdashi* Until 3:50PM**Ganesha:** Purple *Sunrise:* 7:20AM
Muruga: White *Sunset:* 5:20PM
Nataraja: Clear
Moon – Clear
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 - 27
4th Phase**Devaloka Day****Saturday, October 28, 2023****Copper Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam TitauCalgary, AB, Canada
Sutra 194Mesha Rasi: 6.33 Tithi 15 – 16
Creative Work Siddha Yoga622726574
Gulika 7:21AM – 8:36AM
Yama 1:34PM – 2:49PM
Rahu 9:50AM – 11:05AM**Ashvini Until 5:24PM**
Vajra* Until 10:21AM
Balava Until 12:21AM Sun
Purnima* Until 1:25PM**Ganesha:** Clear *Sunrise:* 7:21AM
Muruga: White *Sunset:* 5:18PM
Nataraja: Clear
Moon – White
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 -
Purnima**Sivaloka Day****Sunday, October 29, 2023****Silver Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam TitauCalgary, AB, Canada
Sutra 195Mesha Rasi: 20.44 Tithi 16 – 17
Routine Work Prabalarishta Yoga
Until 4:10PM
Then Creative Work - Siddha Yoga622726574
Gulika 2:48PM – 4:02PM
Yama 12:19PM – 1:34PM
Rahu 4:02PM – 5:16PM**Bharani Until 4:10PM**
Siddhi Until 7:28AM
Taitila Until 10:34PM
Prathama* Until 11:23AM**Ganesha:** Clear *Sunrise:* 7:23AM
Muruga: White *Sunset:* 5:16PM
Nataraja: Clear
Moon – White
Ashvina*AipasiSobhana 5125
Moon 10 - Phase 27 -
Prathama**Sivaloka Day**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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**Monday, October 30, 2023****Gold Retreat Star**

Wrishabha Rasi: 4.37 Tithi 17 – 18
Family Home Evening
 Routine Work Marana Yoga
 Until 3:20PM
 Then Creative Work - Amrita Yoga

Gulika 1:33PM – 2:47PM
Yama 11:06AM – 12:19PM
Rahu 8:38AM – 9:52AM

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Kritika/Rohini Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Krittika Until 3:20PM
 Variyan Until 3:01AM Tue
 Vanija Until 9:22PM
Dvitiya Until 9:52AM

Ganesha: White *Sunrise:* 7:25AM
Muruga: White *Sunset:* 5:14PM
Nataraja: Clear
 Moon – White
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 1 Sutra 196
 Sobhana 5125
 Moon 11 - Phase 28 - 1
 1st Phase

Subha Sivaloka Day**1****Tuesday, October 31, 2023**

Wrishabha Rasi: 18.07 Tithi 18 – 19
 Creative Work Amrita Yoga
 Until 3:26PM
 Then Creative Work - Siddha Yoga

Gulika 12:19PM – 1:33PM
Yama 9:53AM – 11:06AM
Rahu 2:46PM – 3:59PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rohini Until 3:26PM
 Parigha* Until 1:34AM Wed
 Bava Until 8:51PM
Tritiya Until 9:00AM

Ganesha: Yellow *Sunrise:* 7:27AM
Muruga: White *Sunset:* 5:12PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 2 Sutra 197
 Sobhana 5125
 Moon 11 - Phase 28 - 2
 1st Phase

Sivaloka Day**2****Wednesday, November 1, 2023**

Mithuna Rasi: 1.14 Tithi 19 – 20
 Creative Work Siddha Yoga

Gulika 11:07AM – 12:19PM
Yama 8:41AM – 9:54AM
Rahu 12:19PM – 1:32PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mrigashira Until 4:06PM
 Shiva Until 12:42AM Thu
 Kaulava Until 9:03PM
Chaturthi* Until 8:50AM

Ganesha: Yellow *Sunrise:* 7:28AM
Muruga: White *Sunset:* 5:10PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 3 Sutra 198
 Sobhana 5125
 Moon 11 - Phase 28 - 3
 1st Phase

Sivaloka Day**3****Thursday, November 2, 2023**

Mithuna Rasi: 14.01 Tithi 20 – 21
 Routine Work Marana Yoga
 Until 5:18PM
 Then Creative Work - Amrita Yoga

Gulika 9:55AM – 11:07AM
Yama 7:30AM – 8:42AM
Rahu 1:32PM – 2:44PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Ardra Until 5:18PM
 Siddha Until 12:22AM Fri
 Gara Until 9:58PM
Panchami Until 9:24AM

Ganesha: White *Sunrise:* 7:30AM
Muruga: White *Sunset:* 5:09PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 4 Sutra 199
 Sobhana 5125
 Moon 11 - Phase 28 - 4
 1st Phase

Devaloka Day**4****Friday, November 3, 2023**

Mithuna Rasi: 26.28 Tithi 21 – 22
 Creative Work Siddha Yoga
 Until 7:28PM
 Then Routine Work - Marana Yoga

Gulika 8:44AM – 9:56AM
Yama 2:43PM – 3:55PM
Rahu 11:07AM – 12:19PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Punarvasu Until 7:28PM
 Sadhya Until 12:32AM Sat
 Visti Until 11:33PM
Shashthi* Until 10:40AM

Ganesha: Yellow *Sunrise:* 7:32AM
Muruga: White *Sunset:* 5:07PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 5 Sutra 200
 Sobhana 5125
 Moon 11 - Phase 28 - 5
 1st Phase

Sivaloka Day**D****Saturday, November 4, 2023****Retreat Star**

Kataka Rasi: 8.39 Tithi 22 – 23
 Creative Work Siddha Yoga
 Until 9:59PM
 Then Routine Work - Marana Yoga

Gulika 7:33AM – 8:45AM
Yama 1:31PM – 2:42PM
Rahu 9:56AM – 11:08AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pushya Until 9:59PM
 Subha Until 1:05AM Sun
 Balava Until 1:39AM Sun
Saptami Until 12:31PM

Ganesha: Yellow *Sunrise:* 7:33AM
Muruga: White *Sunset:* 5:05PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 6 Sutra 201
 Sobhana 5125
 Moon 11 - Phase 28 - 6
 Ashtami

Sivaloka Day**Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 20.39 Tithi 23 – 24
 Creative Work Siddha Yoga
 Until 12:40AM Mon
 Then Routine Work - Marana Yoga

Gulika 2:41PM – 3:53PM
Yama 12:19PM – 1:30PM
Rahu 3:53PM – 5:04PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Ashlesha* Until 12:40AM Mon
 Sukla Until 1:52AM Mon
 Taitila Until 4:04AM Mon
Ashtami* Until 2:48PM

Ganesha: Yellow *Sunrise:* 7:35AM
Muruga: White *Sunset:* 5:04PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Calgary, AB, Canada
 Sun 7 Sutra 202
 Sobhana 5125
 Moon 11 - Phase 28 - 7
 Navami

Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1 Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Calgary, AB, Canada Sun 8 Sutra 203	
Simha Rasi: 2.32	Tithi 24 – 25	Gulika 1:30PM – 2:41PM	Magha* Until 3:50AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	Sobhana 5125
Family Home Evening	653826574	Yama 11:09AM – 12:19PM	Brahma Until 2:45AM Tue	Muruga: White	<i>Sunset:</i> 5:02PM	Moon 11 - Phase 29 - 8
Routine Work Marana Yoga		Rahu 8:48AM – 9:58AM	Vanija Until 6:37AM Tue	Nataraja: Clear		2nd Phase
Until 3:50AM Tue			Navami* Until 5:19PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi		
2 Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau			Calgary, AB, Canada Sun 9 Sutra 204	
Simha Rasi: 14.23	Tithi 25	Gulika 12:19PM – 1:30PM	Purvaphalguni Until 6:45AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 7:39AM	Sobhana 5125
	753826574	Yama 9:59AM – 11:09AM	Indra Until 3:36AM Wed	Muruga: White	<i>Sunset:</i> 5:00PM	Moon 11 - Phase 29 - 9
Creative Work Siddha Yoga		Rahu 2:40PM – 3:50PM	Vanija Until 6:37AM	Nataraja: Clear		2nd Phase
Until 6:45AM Wed			Dashami Until 7:50PM	Moon – Red		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina•Aipasi		
3 Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau			Calgary, AB, Canada Sun 10 Sutra 205	
Simha Rasi: 26.17	Tithi 26	Gulika 11:10AM – 12:20PM	Purvaphalguni Until 6:45AM	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM	Sobhana 5125
	753826574	Yama 8:50AM – 10:00AM	Vaidhriti* Until 4:13AM Thu	Muruga: White	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 29 - 10
Creative Work Amrita Yoga		Rahu 12:20PM – 1:29PM	Bava Until 9:03AM	Nataraja: Clear		2nd Phase
Until 9:13AM			Ekadashi* Until 10:09PM	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga				Ashvina•Aipasi		
4 Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Calgary, AB, Canada Sun 11 Sutra 206	
Kanya Rasi: 8.17	Tithi 27	Gulika 10:01AM – 11:10AM	Uttaraphalguni Until 9:13AM	Ganesha: Yellow	<i>Sunrise:</i> 7:42AM	Sobhana 5125
	753826574	Yama 7:42AM – 8:52AM	Vishkambha* Until 4:32AM Fri	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 29 - 11
Amrita Yoga		Rahu 1:29PM – 2:38PM	Kaulava Until 11:11AM	Nataraja: Clear		2nd Phase
Until 9:13AM			Dvadashi* Until 12:04AM Fri	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga				Ashvina•Aipasi		
5 Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau			Calgary, AB, Canada Sun 12 Sutra 207	
Kanya Rasi: 20.27	Tithi 28	Gulika 8:53AM – 10:02AM	Hasta Until 11:36AM	Ganesha: Blue	<i>Sunrise:</i> 7:44AM	Sobhana 5125
	763826574	Yama 2:38PM – 3:47PM	Priti Until 4:27AM Sat	Muruga: White	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 29 - 12
Creative Work Amrita Yoga		Rahu 11:11AM – 12:20PM	Gara Until 12:52PM	Nataraja: Clear		2nd Phase
Until 11:36AM		Subramuniyaswami Mahasamadhi	Trayodashi* Until 1:28AM Sat	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Ashvina•Aipasi		
6 Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Calgary, AB, Canada Sun 13 Sutra 208	
Tula Rasi: 2.51	Tithi 29	Gulika 7:46AM – 8:54AM	Chitra Until 1:16PM	Ganesha: Blue	<i>Sunrise:</i> 7:46AM	Sobhana 5125
	763826574	Yama 1:28PM – 2:37PM	Ayushman Until 3:53AM Sun	Muruga: White	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 29 - 13
Routine Work Marana Yoga		Rahu 10:03AM – 11:11AM	Visti Until 1:58PM	Nataraja: Clear		2nd Phase
Until 1:16PM		Deepavali Hindu Solidarity Day	Chaturdashi* Until 2:16AM Sun	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi		
Retreat Star Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Calgary, AB, Canada Sun 14 Sutra 209	
Tula Rasi: 15.31	Tithi 30	Gulika 2:36PM – 3:45PM	Svati Until 2:12PM	Ganesha: Blue	<i>Sunrise:</i> 7:47AM	Sobhana 5125
	763826574	Yama 12:20PM – 1:28PM	Saubhagya Until 2:52AM Mon	Muruga: White	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 29 - 14
Creative Work Siddha Yoga		Rahu 3:45PM – 4:53PM	Catuspada Until 2:28PM	Nataraja: Clear		Amavasya
Until 2:12PM			Amavasya* Until 2:28AM Mon	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga				Ashvina•Aipasi		
Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau			Calgary, AB, Canada Sun 15 Sutra 210	
Tula Rasi: 28.28	Tithi 1	Gulika 1:28PM – 2:36PM	Vishakha Until 2:52PM	Ganesha: Blue	<i>Sunrise:</i> 7:49AM	Sobhana 5125
Family Home Evening	773826574	Yama 11:12AM – 12:20PM	Sobhana Until 1:25AM Tue	Muruga: White	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 29 - 15
Routine Work Marana Yoga		Rahu 8:57AM – 10:05AM	Kintughna Until 2:22PM	Nataraja: Clear		Prathama
Until 2:52PM		Skanda Shasthi Begins	Prathama* Until 2:06AM Tue	Moon – Orange		Devaloka Day
Then Creative Work - Siddha Yoga				Karttika•Aipasi		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 211 Sobhana 5125
	Vrischika Rasi: 11.42 Tithi 2 Creative Work Siddha Yoga Until 2:52PM Then Routine Work - Marana Yoga	Gulika 12:20PM – 1:28PM Yama 10:05AM – 11:13AM 773826574 Rahu 2:35PM – 3:42PM	Anuradha Until 2:52PM Athiganda* Until 11:34PM Balava Until 1:45PM Dvitiya Until 1:15AM Wed

2	Wednesday, November 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Calgary, AB, Canada Sun 17 Sutra 212 Sobhana 5125
	Vrischika Rasi: 25.11 Tithi 3 Creative Work Siddha Yoga Until 2:18PM Then Routine Work - Marana Yoga	Gulika 11:13AM – 12:20PM Yama 8:59AM – 10:06AM 773826574 Rahu 12:20PM – 1:27PM	Jyeshtha* Until 2:18PM Sukarma Until 9:24PM Taitila Until 12:42PM Tritiya Until 12:01AM Thu

3	Thursday, November 16, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Calgary, AB, Canada Sun 18 Sutra 213 Sobhana 5125
	Dhanus Rasi: 8.53 Tithi 4 Creative Work Siddha Yoga	Gulika 10:07AM – 11:14AM Yama 7:54AM – 9:01AM 784826574 Rahu 1:27PM – 2:34PM	Mula* Until 1:41PM Dhriti Until 7:01PM Vanija Until 11:18AM Chaturthi* Until 10:29PM

4	Friday, November 17, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Calgary, AB, Canada Sun 19 Sutra 214 Sobhana 5125
	Dhanus Rasi: 22.46 Tithi 5 Routine Work Prabalarishta Yoga Until 12:42PM Then Routine Work - Marana Yoga	Gulika 9:02AM – 10:08AM Yama 2:33PM – 3:40PM 784826575 Rahu 11:15AM – 12:21PM	Purvashadha* Until 12:42PM Shula* Until 4:25PM Bava Until 9:39AM Panchami Until 8:44PM

5	Saturday, November 18, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau	Calgary, AB, Canada Sun 20 Sutra 215 Sobhana 5125
	Makara Rasi: 6.44 Tithi 6 Routine Work Marana Yoga Until 11:24AM Then Creative Work - Siddha Yoga	Gulika 7:57AM – 9:03AM Yama 1:27PM – 2:33PM 784826575 Rahu 10:09AM – 11:15AM	Uttarashadha Until 11:24AM Ganda* Until 1:43PM Kaulava Until 7:49AM Shashthi* Until 6:51PM

6	Sunday, November 19, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 216 Sobhana 5125
	Makara Rasi: 20.49 Tithi 7 – 8 Creative Work Amrita Yoga Until 10:17AM Then Routine Work - Marana Yoga	Gulika 2:32PM – 3:38PM Yama 12:21PM – 1:27PM 794826575 Rahu 3:38PM – 4:44PM	Shravana Until 10:17AM Vridhi Until 10:56AM Visti Until 3:52AM Mon Saptami Until 4:52PM

D	Monday, November 20, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 217 Sobhana 5125
	Retreat Star Kumbha Rasi: 4.55 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga	Gulika 1:27PM – 2:32PM Yama 11:16AM – 12:22PM 794826575 Rahu 9:06AM – 10:11AM	Dhanishtha Until 8:56AM Dhruva Until 8:05AM Balava Until 1:48AM Tue Ashtami* Until 2:49PM

D	Tuesday, November 21, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Calgary, AB, Canada Sun 23 Sutra 218 Sobhana 5125
	Retreat Star Kumbha Rasi: 19.04 Tithi 9 – 10 Routine Work Marana Yoga	Gulika 12:22PM – 1:27PM Yama 10:12AM – 11:17AM 794826575 Rahu 2:32PM – 3:36PM	Shatabhishak Until 7:25AM Harshana Until 2:19AM Wed Taitila Until 11:43PM Navami* Until 12:44PM

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 Wednesday, November 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Calgary, AB, Canada
 Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 219
 Meena Rasi: 3.13 Tithi 10 – 11 **Gulika** 11:17AM – 12:22PM **Purvaproshtapada* Until 6:11AM** **Ganesha:** White *Sunrise:* 8:04AM Sobhana 5125
 Yama 9:08AM – 10:13AM **Vajra* Until 11:26PM** **Muruga:** White *Sunset:* 4:40PM Moon 11 - Phase 31 - 24
 714826575 **Rahu** 12:22PM – 1:27PM **Nataraja:** Purple 4th Phase
 Creative Work Amrita Yoga **Moon – Clear** **Subha Subha Sivaloka Day**
 Until 6:11AM **Karttika*Karttikai**
 Then Creative Work - Siddha Yoga

2 Thursday, November 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Calgary, AB, Canada
 Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 220
 Meena Rasi: 17.2 Tithi 11 – 12 **Gulika** 10:14AM – 11:18AM **Revati Until 3:25AM Fri** **Ganesha:** White *Sunrise:* 8:05AM Sobhana 5125
 Yama 8:05AM – 9:10AM **Siddhi Until 8:37PM** **Muruga:** White *Sunset:* 4:39PM Moon 11 - Phase 31 - 25
 714826575 **Rahu** 1:27PM – 2:31PM **Bava Until 7:39PM** **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Moon – Clear** **Subha Subha Sivaloka Day**
 Until 3:25AM Fri **Ekadashi Until 8:37AM** **Karttika*Karttikai**
 Then Creative Work - Amrita Yoga

3 Friday, November 24, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Calgary, AB, Canada
 Ashvini Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 221
 Mesha Rasi: 1.25 Tithi 12 – 13 **Gulika** 9:11AM – 10:15AM **Ashvini Until 2:27AM Sat** **Ganesha:** Purple *Sunrise:* 8:07AM Sobhana 5125
 Yama 2:30PM – 3:34PM **Vyatipata* Until 5:56PM** **Muruga:** White *Sunset:* 4:38PM Moon 11 - Phase 31 - 26
 724926575 **Rahu** 11:19AM – 12:23PM **Taitila Until 4:55AM Sat** **Nataraja:** Purple 4th Phase
 Creative Work Amrita Yoga **Moon – White** **Sivaloka Day**
 Until 2:27AM Sat **Dvadashi Until 6:41AM** **Karttika*Karttikai**
 Then Creative Work - Siddha Yoga *Pradosha Vrata*

4 Saturday, November 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Calgary, AB, Canada
 Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 222
 Mesha Rasi: 15.22 Tithi 14 **Gulika** 8:09AM – 9:12AM **Bharani Until 1:35AM Sun** **Ganesha:** Purple *Sunrise:* 8:09AM Sobhana 5125
 Yama 1:27PM – 2:30PM **Variyan Until 3:22PM** **Muruga:** White *Sunset:* 4:37PM Moon 11 - Phase 31 - 27
 724926575 **Rahu** 10:16AM – 11:19AM **Gara Until 4:09PM** **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Moon – White** **Sivaloka Day**
Chaturdashi* Until 3:25AM Sun **Karttika*Karttikai**

○ Sunday, November 26, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Calgary, AB, Canada
Copper Retreat Star **Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau** Sutra 223
 Mesha Rasi: 29.1 Tithi 15 **Gulika** 2:30PM – 3:33PM **Krittika Until 12:55AM Mon** **Ganesha:** Purple *Sunrise:* 8:10AM Sobhana 5125
 Yama 12:23PM – 1:27PM **Parigha* Until 1:05PM** **Muruga:** White *Sunset:* 4:36PM Moon 11 - Phase 31 -
 724926575 **Rahu** 3:33PM – 4:36PM **Visti Until 2:48PM** **Nataraja:** Purple Purnima
 Creative Work Siddha Yoga **Moon – White** **Sivaloka Day**
 Until 12:55AM Mon **Krittika Deepam** **Purnima* Until 2:16AM Mon** **Karttika*Karttikai**
 Then Creative Work - Amrita Yoga

Monday, November 27, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Calgary, AB, Canada
Silver Retreat Star **Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau** Sutra 224
 Vishabha Rasi: 12.46 Tithi 16 **Gulika** 1:27PM – 2:30PM **Rohini Until 1:00AM Tue** **Ganesha:** Clear *Sunrise:* 8:12AM Sobhana 5125
 Yama 11:21AM – 12:24PM **Shiva Until 11:07AM** **Muruga:** White *Sunset:* 4:36PM Moon 11 - Phase 31 -
Family Home Evening 734926575 **Rahu** 9:15AM – 10:18AM **Balava Until 1:53PM** **Nataraja:** Purple Prathama
 Creative Work Amrita Yoga **Moon – Yellow** **Subha Sivaloka Day**
 Until 1:00AM Tue **Prathama* Until 1:35AM Tue** **Karttika*Karttikai**
 Then Creative Work - Siddha Yoga **Vinayaga Viratam Begins**

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Calgary, AB, Canada

Sutra 225

Wrishabha Rasi: 26.04 Tithi 17

Gulika 12:24PM – 1:27PM

Mrigashira Until 1:28AM Wed

Ganesha: Purple Sunrise: 8:13AM

Sobhana 5125

Yama 10:18AM – 11:21AM

Siddha Until 9:31AM

Muruga: White Sunset: 4:35PM

Moon 12 - Phase 32 -

735926575 Rahu 2:29PM – 3:32PM

Taitila Until 1:28PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 1:27AM Wed

Moon – Yellow

Subha Subha Sivaloka Day

Karttika•Karttikai

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Calgary, AB, Canada

Sutra 226

Mithuna Rasi: 9.06 Tithi 18

Gulika 11:22AM – 12:24PM

Ardra Until 2:21AM Thu

Ganesha: Purple Sunrise: 8:14AM

Sobhana 5125

Yama 9:17AM – 10:19AM

Sadhya Until 8:23AM

Muruga: White Sunset: 4:34PM

Moon 12 - Phase 32 - 1

735926575 Rahu 12:24PM – 1:27PM

Vanija Until 1:38PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Tritiya Until 1:56AM Thu

Moon – Yellow

Subha Subha Sivaloka Day

Karttika•Karttikai

Until 2:21AM Thu
Then Creative Work - Amrita Yoga

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Calgary, AB, Canada

Sutra 227

Mithuna Rasi: 21.49 Tithi 19

Gulika 10:20AM – 11:22AM

Punarvasu Until 4:10AM Fri

Ganesha: Clear Sunrise: 8:16AM

Sobhana 5125

Yama 8:16AM – 9:18AM

Subha Until 7:44AM

Muruga: White Sunset: 4:33PM

Moon 12 - Phase 32 - 2

745926575 Rahu 1:27PM – 2:29PM

Bava Until 2:26PM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 3:02AM Fri

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Until 4:10AM Fri
Then Routine Work - Marana Yoga

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Calgary, AB, Canada

Sutra 228

Kataka Rasi: 4.16 Tithi 20

Gulika 9:19AM – 10:21AM

Pushya Until 6:23AM Sat

Ganesha: Clear Sunrise: 8:17AM

Sobhana 5125

Yama 2:29PM – 3:31PM

Sukla Until 7:31AM

Muruga: White Sunset: 4:33PM

Moon 12 - Phase 32 - 3

745926575 Rahu 11:23AM – 12:25PM

Kaulava Until 3:51PM

Nataraja: Purple

1st Phase

Routine Work Marana Yoga

Panchami Until 4:44AM Sat

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Calgary, AB, Canada

Sutra 229

Kataka Rasi: 16.28 Tithi 21

Gulika 8:19AM – 9:20AM

Pushya Until 6:23AM

Ganesha: Clear Sunrise: 8:19AM

Sobhana 5125

Yama 1:27PM – 2:29PM

Brahma Until 7:46AM

Muruga: White Sunset: 4:32PM

Moon 12 - Phase 32 - 4

745926575 Rahu 10:22AM – 11:24AM

Gara Until 5:48PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 6:56AM Sun

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Until 6:23AM
Then Routine Work - Marana Yoga

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Calgary, AB, Canada

Sutra 230

Kataka Rasi: 28.28 Tithi 21 – 22

Gulika 2:29PM – 3:30PM

Ashlesha* Until 8:53AM

Ganesha: Clear Sunrise: 8:20AM

Sobhana 5125

Yama 12:26PM – 1:27PM

Indra Until 8:23AM

Muruga: White Sunset: 4:32PM

Moon 12 - Phase 32 - 5

745926575 Rahu 3:30PM – 4:32PM

Visti Until 8:11PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 6:56AM

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Until 8:53AM
Then Routine Work - Marana Yoga

D

Monday, December 4, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Calgary, AB, Canada

Sutra 231

Simha Rasi: 10.22 Tithi 22 – 23

Gulika 1:27PM – 2:29PM

Magha* Until 12:01PM

Ganesha: White Sunrise: 8:21AM

Sobhana 5125

Yama 11:25AM – 12:26PM

Vaidhriti* Until 9:12AM

Muruga: White Sunset: 4:31PM

Moon 12 - Phase 32 - 6

755926575 Rahu 9:22AM – 10:24AM

Balava Until 10:47PM

Nataraja: Purple

Ashtami

Routine Work Marana Yoga

Saptami Until 9:27AM

Moon – Red

Subha Subha Sivaloka Day

Karttika•Karttikai

Until 12:01PM
Then Creative Work - Siddha Yoga

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Calgary, AB, Canada

Sutra 232

Simha Rasi: 22.11 Tithi 23 – 24

Gulika 12:27PM – 1:28PM

Purvaphalguni Until 3:03PM

Ganesha: White Sunrise: 8:22AM

Sobhana 5125

Yama 10:25AM – 11:26AM

Vishkambha* Until 10:06AM

Muruga: Clear Sunset: 4:31PM

Moon 12 - Phase 32 - 7

755936575 Rahu 2:29PM – 3:30PM

Taitila Until 1:21AM Wed

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Ashtami* Until 12:04PM

Moon – Red

Subha Sivaloka Day

Karttika•Karttikai

Until 3:03PM
Then Creative Work - Amrita Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1	Wednesday, December 6, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Calgary, AB, Canada Sun 8 Sutra 233 Sobhana 5125
	Kanya Rasi: 4.04 Tithi 24 – 25	Gulika 11:26AM – 12:27PM Yama 9:25AM – 10:25AM Rahu 12:27PM – 1:28PM	Uttaraphalguni Until 5:44PM Priti Until 10:55AM Vanija Until 3:38AM Thu Navami* Until 2:31PM
	755936575	Ganesha: White <i>Sunrise:</i> 8:24AM Muruga: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Red Subha Sivaloka Day Karttika•Karttikai	
Creative Work Amrita Yoga Until 5:44PM Then Routine Work - Marana Yoga			

2	Thursday, December 7, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Calgary, AB, Canada Sun 9 Sutra 234 Sobhana 5125
	Kanya Rasi: 16.03 Tithi 25 – 26	Gulika 10:26AM – 11:27AM Yama 8:25AM – 9:26AM Rahu 1:28PM – 2:29PM	Hasta Until 8:21PM Ayushman Until 11:26AM Bava Until 5:25AM Fri Dashami Until 4:35PM
	765936575	Ganesha: Yellow <i>Sunrise:</i> 8:25AM Muruga: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Green Sivaloka Day Karttika•Karttikai	
Routine Work Marana Yoga Until 8:21PM Then Creative Work - Siddha Yoga			

3	Friday, December 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Balava Karana Ekadashyam Titau	Calgary, AB, Canada Sun 10 Sutra 235 Sobhana 5125
	Kanya Rasi: 28.16 Tithi 26	Gulika 9:27AM – 10:27AM Yama 2:29PM – 3:29PM Rahu 11:28AM – 12:28PM	Chitra Until 10:12PM Saubhagya Until 11:32AM Balava Until 6:02PM Ekadashi* Until 6:02PM
	766936575	Ganesha: White <i>Sunrise:</i> 8:26AM Muruga: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Green Devaloka Day Karttika•Karttikai	
Creative Work Siddha Yoga			

4	Saturday, December 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Calgary, AB, Canada Sun 11 Sutra 236 Sobhana 5125
	Tula Rasi: 10.45 Tithi 27	Gulika 8:27AM – 9:27AM Yama 1:29PM – 2:29PM Rahu 10:28AM – 11:28AM	Svati Until 11:11PM Sobhana Until 11:06AM Kaulava Until 6:30AM Dvadashi* Until 6:45PM
	766936575	Ganesha: White <i>Sunrise:</i> 8:27AM Muruga: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Green Devaloka Day Karttika•Karttikai	
Creative Work Siddha Yoga			

5	Sunday, December 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau	Calgary, AB, Canada Sun 12 Sutra 237 Sobhana 5125
	Tula Rasi: 23.35 Tithi 28	Gulika 2:29PM – 3:29PM Yama 12:29PM – 1:29PM Rahu 3:29PM – 4:30PM	Vishakha Until 11:44PM Athiganda* Until 10:04AM Gara Until 6:50AM Trayodashi* Until 6:42PM
	776936575	Ganesha: Green <i>Sunrise:</i> 8:28AM Muruga: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Orange Devaloka Day Karttika•Karttikai	
Routine Work Marana Yoga <i>Pradosha Vrata (Fasting)</i>			

6	Monday, December 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Calgary, AB, Canada Sun 13 Sutra 238 Sobhana 5125
	Vrishchika Rasi: 6.49 Tithi 29 – 30	Gulika 1:29PM – 2:29PM Yama 11:29AM – 12:29PM Rahu 9:29AM – 10:29AM	Anuradha Until 11:27PM Sukarma Until 8:28AM Visti Until 6:25AM Chaturdashi* Until 5:56PM
	776936575	Ganesha: Green <i>Sunrise:</i> 8:29AM Muruga: Clear <i>Sunset:</i> 4:29PM Nataraja: Purple Moon – Orange Devaloka Day Karttika•Karttikai	
Family Home Evening Creative Work Siddha Yoga			

●	Tuesday, December 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Calgary, AB, Canada Sun 14 Sutra 239 Sobhana 5125
	Retreat Star	Gulika 12:30PM – 1:30PM Yama 10:30AM – 11:30AM Rahu 2:30PM – 3:30PM	Jyeshtha* Until 10:26PM Dhriti Until 6:21AM Kintughna Until 3:40AM Wed Amavasya* Until 4:32PM
	Vrishchika Rasi: 20.24 Tithi 30 – 1	776936575	Ganesha: Green <i>Sunrise:</i> 8:30AM Muruga: Clear <i>Sunset:</i> 4:29PM Nataraja: Purple Moon – Orange Devaloka Day Karttika•Karttikai
Routine Work Marana Yoga Until 10:26PM Then Creative Work - Amrita Yoga			

●	Wednesday, December 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Calgary, AB, Canada Sun 15 Sutra 240 Sobhana 5125
	Retreat Star	Gulika 11:31AM – 12:30PM Yama 9:31AM – 10:31AM Rahu 12:30PM – 1:30PM	Mula* Until 9:15PM Ganda* Until 12:52AM Thu Balava Until 1:35AM Thu Prathama* Until 2:39PM
	Dhanus Rasi: 4.2 Tithi 1 – 2	786936575	Ganesha: White <i>Sunrise:</i> 8:31AM Muruga: Clear <i>Sunset:</i> 4:29PM Nataraja: Purple Moon – Light Blue Devaloka Day Margasira•Karttikai
Routine Work Marana Yoga Until 9:15PM Then Creative Work - Amrita Yoga			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1	Thursday, December 14, 2023	Sobhana Nama Samvatsare Dakshinaya Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau	Calgary, AB, Canada Sun 16 Sutra 241 Sobhana 5125
	Dhanus Rasi: 18.31 Tithi 2 – 3	Gulika 10:31AM – 11:31AM Yama 8:32AM – 9:32AM 786937575 Rahu 1:30PM – 2:30PM	Purvashadha* Until 7:38PM Vridhhi Until 9:45PM Taitila Until 11:14PM Dvitiya Until 12:25PM
	Creative Work Siddha Yoga Until 7:38PM Then Routine Work - Marana Yoga	Ganesha: White <i>Sunrise:</i> 8:32AM Muruga: White <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Light Blue Sivaloka Day Margasira*Karttikai	

2	Friday, December 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Calgary, AB, Canada Sun 17 Sutra 242 Sobhana 5125
	Makara Rasi: 2.52 Tithi 3 – 4	Gulika 9:33AM – 10:32AM Yama 2:30PM – 3:30PM 787937575 Rahu 11:32AM – 12:31PM	Uttarashadha Until 5:44PM Dhruva Until 6:30PM Vanija Until 8:45PM Tritiya Until 9:59AM
	Routine Work Marana Yoga	Ganesha: Clear <i>Sunrise:</i> 8:33AM Muruga: White <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Light Blue Subha Sivaloka Day Margasira*Karttikai	

3	Saturday, December 16, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Calgary, AB, Canada Sun 18 Sutra 243 Sobhana 5125
	Makara Rasi: 17.16 Tithi 4 – 5	Gulika 8:34AM – 9:33AM Yama 1:31PM – 2:31PM 897937575 Rahu 10:33AM – 11:32AM	Shravana Until 4:05PM Vyaghata* Until 3:15PM Bava Until 6:16PM Chaturthi* Until 7:29AM
	Creative Work Siddha Yoga Markali Pillaiyar	Ganesha: Clear <i>Sunrise:</i> 8:34AM Muruga: White <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Purple Subha Sivaloka Day Margasira*Markali	

4	Sunday, December 17, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Calgary, AB, Canada Sun 19 Sutra 244 Sobhana 5125
	Kumbha Rasi: 1.39 Tithi 6	Gulika 2:31PM – 3:31PM Yama 12:32PM – 1:32PM 897937575 Rahu 3:31PM – 4:30PM	Dhanishtha Until 2:23PM Harshana Until 12:04PM Kaulava Until 3:53PM Shashthi* Until 2:44AM Mon
	Routine Work Marana Yoga Until 2:23PM Then Creative Work - Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 8:35AM Muruga: White <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Purple Subha Sivaloka Day Margasira*Markali	

5	Monday, December 18, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau	Calgary, AB, Canada Sun 20 Sutra 245 Sobhana 5125
	Kumbha Rasi: 15.56 Tithi 7 Family Home Evening	Gulika 1:32PM – 2:32PM Yama 11:33AM – 12:33PM 897137575 Rahu 9:35AM – 10:34AM	Shatabhishak Until 12:42PM Vajra* Until 9:00AM Gara Until 1:40PM Saptami Until 12:38AM Tue
	Creative Work Siddha Yoga Until 12:42PM Then Routine Work - Marana Yoga	Ganesha: Red <i>Sunrise:</i> 8:35AM Muruga: White <i>Sunset:</i> 4:30PM Nataraja: Purple Moon – Purple Subha Sivaloka Day Margasira*Markali	

D	Tuesday, December 19, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 246 Sobhana 5125
	Retreat Star Meena Rasi: 0.05 Tithi 8	Gulika 12:33PM – 1:33PM Yama 10:35AM – 11:34AM 817137575 Rahu 2:32PM – 3:31PM	Purvaproshtapada* Until 11:32AM Siddhi Until 6:07AM Visti Until 11:41AM Ashtami* Until 10:46PM
	Routine Work Marana Yoga Until 11:32AM Then Creative Work - Amrita Yoga	Ganesha: Clear <i>Sunrise:</i> 8:36AM Muruga: White <i>Sunset:</i> 4:31PM Nataraja: Purple Moon – Clear Subha Sivaloka Day Margasira*Markali	

D	Wednesday, December 20, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 247 Sobhana 5125
	Retreat Star Meena Rasi: 14.04 Tithi 9	Gulika 11:35AM – 12:34PM Yama 9:36AM – 10:35AM 817137575 Rahu 12:34PM – 1:33PM	Uttaraproshtapada Until 10:29AM Variyan Until 12:58AM Thu Balava Until 9:57AM Navami* Until 9:10PM
	Creative Work Siddha Yoga Until 10:29AM Then Routine Work - Marana Yoga	Ganesha: Clear <i>Sunrise:</i> 8:37AM Muruga: White <i>Sunset:</i> 4:31PM Nataraja: Purple Moon – Clear Subha Sivaloka Day Margasira*Markali	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

www.gurudeva.org/panchang

1	Thursday, December 21, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau	Calgary, AB, Canada Sun 23 Sutra 248 Sobhana 5125
	Meena Rasi: 27.53 Tithi 10 817137575	Gulika 10:36AM – 11:35AM Yama 8:37AM – 9:36AM Rahu 1:34PM – 2:33PM	Revati Until 9:32AM Parigha* Until 10:42PM Taitila Until 8:29AM Dashami Until 7:50PM

Creative Work Siddha Yoga
Until 9:32AM
Then Creative Work - Amrita Yoga

Ganesha: Clear Muruga: White Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 8:37AM <i>Sunset:</i> 4:32PM	Subha Sivaloka Day Margasira*Markali
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2	Friday, December 22, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau	Calgary, AB, Canada Sun 24 Sutra 249 Sobhana 5125
	Mesha Rasi: 11.33 Tithi 11 828137575	Gulika 9:37AM – 10:36AM Yama 2:33PM – 3:33PM Rahu 11:36AM – 12:35PM	Ashvini Until 9:08AM Shiva Until 8:40PM Vanija Until 7:17AM Ekadashi Until 6:46PM

Creative Work Amrita Yoga
Until 9:08AM
Then Creative Work - Siddha Yoga

Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	<i>Sunrise:</i> 8:38AM <i>Sunset:</i> 4:32PM	Subha Sivaloka Day Margasira*Markali
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3	Saturday, December 23, 2023	Sobhana Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Calgary, AB, Canada Sun 25 Sutra 250 Sobhana 5125
	Mesha Rasi: 25.04 Tithi 12 – 13 828137575	Gulika 8:38AM – 9:37AM Yama 1:35PM – 2:34PM Rahu 10:37AM – 11:36AM	Bharani Until 8:51AM Siddha Until 6:48PM Bava Until 6:21AM Dvadashi Until 5:58PM

Creative Work Siddha Yoga
Until 8:51AM
Then Creative Work - Amrita Yoga

Pradosha Vrata

Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	<i>Sunrise:</i> 8:38AM <i>Sunset:</i> 4:33PM	Subha Sivaloka Day Margasira*Markali
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4	Sunday, December 24, 2023	Sobhana Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Calgary, AB, Canada Sun 26 Sutra 251 Sobhana 5125
	Virshabha Rasi: 8.25 Tithi 13 – 14 828137575	Gulika 2:35PM – 3:34PM Yama 12:36PM – 1:35PM Rahu 3:34PM – 4:33PM	Krittika Until 8:42AM Sadhya Until 5:12PM Gara Until 5:22AM Mon Trayodashi Until 5:28PM


Creative Work Siddha Yoga

Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	<i>Sunrise:</i> 8:38AM <i>Sunset:</i> 4:33PM	Subha Sivaloka Day Margasira*Markali
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5	Monday, December 25, 2023	Sobhana Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Calgary, AB, Canada Sun 27 Sutra 252 Sobhana 5125
	Virshabha Rasi: 21.35 Tithi 14 – 15 Family Home Evening 838137575	Gulika 1:36PM – 2:35PM Yama 11:37AM – 12:36PM Rahu 9:38AM – 10:38AM	Rohini Until 9:10AM Subha Until 3:53PM Visti Until 5:25AM Tue Chaturdashi* Until 5:19PM


Creative Work Amrita Yoga

Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	<i>Sunrise:</i> 8:39AM <i>Sunset:</i> 4:34PM	Sivaloka Day Margasira*Markali
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	Tuesday, December 26, 2023	Sobhana Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Calgary, AB, Canada Sutra 253 Sobhana 5125
	Mithuna Rasi: 4.35 Tithi 15 – 16 838137576	Gulika 12:37PM – 1:36PM Yama 10:38AM – 11:37AM Rahu 2:36PM – 3:35PM	Mrigashira Until 9:52AM Sukla Until 2:51PM Balava Until 5:54AM Wed Purnima* Until 5:35PM

Creative Work Siddha Yoga
Until 9:52AM
Then Routine Work - Marana Yoga

Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 8:39AM <i>Sunset:</i> 4:35PM	Devaloka Day Margasira*Markali
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	Wednesday, December 27, 2023	Sobhana Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava Karana Prathamayam Titau	Calgary, AB, Canada Sutra 254 Sobhana 5125
	Mithuna Rasi: 17.22 Tithi 16 838137576	Gulika 11:38AM – 12:37PM Yama 9:39AM – 10:38AM Rahu 12:37PM – 1:37PM	Ardra Until 10:49AM Brahma Until 2:10PM Kaulava Until 6:18PM Prathama* Until 6:18PM

Creative Work Siddha Yoga

Ardra Darshanam

Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 8:39AM <i>Sunset:</i> 4:35PM	Devaloka Day Margasira*Markali
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In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11



Thursday, December 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Calgary, AB, Canada

Sun 1 Sutra 255

Sobhana 5125

Mithuna Rasi: 29.56 Tithi 17

Gulika 10:39AM – 11:38AM

Punarvasu Until 12:34PM

Ganesha: Blue Sunrise: 8:39AM

Yama 8:39AM – 9:39AM

Indra Until 1:52PM

Muruga: White Sunset: 4:36PM

Moon 13 - Phase 36 - 1

849137576 Rahu 1:38PM – 2:37PM

Taitila Until 6:51AM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 7:30PM

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

1 Friday, December 29, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Calgary, AB, Canada

Sun 2 Sutra 256

Sobhana 5125

Kataka Rasi: 12.16 Tithi 18

Gulika 9:39AM – 10:39AM

Pushya Until 2:38PM

Ganesha: Blue Sunrise: 8:40AM

Yama 2:38PM – 3:37PM

Vaidhriti* Until 1:56PM

Muruga: White Sunset: 4:37PM

Moon 13 - Phase 36 - 2

849137576 Rahu 11:39AM – 12:38PM

Vanija Until 8:19AM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Tritiya Until 9:13PM

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

2 Saturday, December 30, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Calgary, AB, Canada

Sun 3 Sutra 257

Sobhana 5125

Kataka Rasi: 24.25 Tithi 19

Gulika 8:40AM – 9:39AM

Ashlesha* Until 4:59PM

Ganesha: Blue Sunrise: 8:40AM

Yama 1:39PM – 2:39PM

Vishkambha* Until 2:22PM

Muruga: White Sunset: 4:38PM

Moon 13 - Phase 36 - 3

849137576 Rahu 10:39AM – 11:39AM

Bava Until 10:17AM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 11:24PM

Moon – Blue
Margasira*Markali

Subha Sivaloka Day

Until 4:59PM

Then Creative Work - Amrita Yoga

3 Sunday, December 31, 2023

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Calgary, AB, Canada

Sun 4 Sutra 258

Sobhana 5125

Simha Rasi: 6.23 Tithi 20

Gulika 2:39PM – 3:39PM

Magha* Until 8:02PM

Ganesha: Red Sunrise: 8:40AM

Yama 12:39PM – 1:39PM

Priti Until 3:06PM

Muruga: White Sunset: 4:39PM

Moon 13 - Phase 36 - 4

859137576 Rahu 3:39PM – 4:39PM

Kaulava Until 12:39PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Panchami Until 1:55AM Mon

Moon – Red
Margasira*Markali

Sivaloka Day

Until 8:02PM

Then Creative Work - Siddha Yoga

4 Monday, January 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Calgary, AB, Canada

Sun 5 Sutra 259

Sobhana 5125

Simha Rasi: 18.14 Tithi 21

Gulika 1:41PM – 2:41PM

Purvaphalguni Until 11:07PM

Ganesha: Red Sunrise: 8:40AM

Yama 11:40AM – 12:40PM

Ayushman Until 4:00PM

Muruga: White Sunset: 4:41PM

Moon 13 - Phase 36 - 5

859137576 Rahu 9:40AM – 10:40AM

Gara Until 3:17PM

Nataraja: Clear

1st Phase

Family Home Evening
Creative Work Siddha Yoga

Shashthi* Until 4:37AM Tue

Moon – Red
Margasira*Markali

Sivaloka Day

5 Tuesday, January 2, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 260

Sobhana 5125

Kanya Rasi: 0.02 Tithi 22

Gulika 12:41PM – 1:41PM

Uttaraphalguni Until 2:02AM Wed

Ganesha: Red Sunrise: 8:39AM

Yama 10:40AM – 11:40AM

Saubhagya Until 4:57PM

Muruga: White Sunset: 4:42PM

Moon 13 - Phase 36 - 6

859137576 Rahu 2:42PM – 3:42PM

Visti Until 5:59PM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Saptami Until 7:16AM Wed

Moon – Red
Margasira*Markali

Sivaloka Day

Until 2:02AM Wed

Then Routine Work - Marana Yoga

Wednesday, January 3, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 261

Sobhana 5125

Kanya Rasi: 11.52 Tithi 22 – 23

Gulika 11:41AM – 12:41PM

Hasta Until 5:01AM Thu

Ganesha: Green Sunrise: 8:39AM

Yama 9:40AM – 10:40AM

Sobhana Until 5:47PM

Muruga: White Sunset: 4:43PM

Moon 13 - Phase 36 - 7

869137576 Rahu 12:41PM – 1:42PM

Balava Until 8:30PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 7:16AM

Moon – Green
Margasira*Markali

Subha Sivaloka Day

Until 5:01AM Thu

Then Creative Work - Siddha Yoga

Thursday, January 4, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Calgary, AB, Canada

Sun 8 Sutra 262

Sobhana 5125

Kanya Rasi: 23.49 Tithi 23 – 24

Gulika 10:40AM – 11:41AM

Chitra Until 7:18AM Fri

Ganesha: Green Sunrise: 8:39AM

Yama 8:39AM – 9:40AM

Athiganda* Until 6:16PM

Muruga: White Sunset: 4:45PM

Moon 13 - Phase 36 - 8

869137576 Rahu 1:42PM – 2:43PM

Taitila Until 10:32PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 9:34AM

Moon – Green
Margasira*Markali

Subha Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Friday, January 5, 2024	Sobhana Nama Samvatsare Utarayane Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Calgary, AB, Canada Sun 9 Sutra 263
	Tula Rasi: 5.59	Tithi 24 – 25	Gulika 9:40AM – 10:40AM Yama 2:44PM – 3:45PM 861137576 Rahu 11:41AM – 12:42PM	Chitra Until 7:18AM Sukarma Until 6:16PM Vanija Until 11:53PM Navami* Until 11:17AM	Ganesha: Orange <i>Sunrise:</i> 8:39AM Muruga: White <i>Sunset:</i> 4:46PM Nataraja: Clear Moon – Green	Sobhana 5125 Moon 13 - Phase 37 - 9 2nd Phase
	Creative Work	Siddha Yoga	Subramuniyaswami Jayanti		Sivaloka Day Margasira*Markali	

2	Saturday, January 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Calgary, AB, Canada Sun 10 Sutra 264
	Tula Rasi: 18.28	Tithi 25 – 26	Gulika 8:38AM – 9:39AM Yama 1:44PM – 2:45PM 861137576 Rahu 10:40AM – 11:42AM	Svati Until 8:44AM Dhriti Until 5:40PM Bava Until 12:23AM Sun Dashami Until 12:13PM	Ganesha: Orange <i>Sunrise:</i> 8:38AM Muruga: White <i>Sunset:</i> 4:47PM Nataraja: Clear Moon – Green	Sobhana 5125 Moon 13 - Phase 37 - 10 2nd Phase
	Creative Work	Siddha Yoga			Sivaloka Day Margasira*Markali	


3	Sunday, January 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Calgary, AB, Canada Sun 11 Sutra 265
	Vrischika Rasi: 1.2	Tithi 26 – 27	Gulika 2:46PM – 3:47PM Yama 12:43PM – 1:44PM 871137576 Rahu 3:47PM – 4:48PM	Vishakha Until 9:38AM Shula* Until 4:21PM Kaulava Until 12:01AM Mon Ekadashi* Until 12:17PM	Ganesha: Light Blue <i>Sunrise:</i> 8:38AM Muruga: White <i>Sunset:</i> 4:48PM Nataraja: Clear Moon – Orange	Sobhana 5125 Moon 13 - Phase 37 - 11 2nd Phase
	Routine Work	Marana Yoga			Devaloka Day Margasira*Markali	

4	Monday, January 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Taithila/Gara Karana Dvadashi/Trayodashyam Titau				Calgary, AB, Canada Sun 12 Sutra 266
	Vrischika Rasi: 14.39	Tithi 27 – 28	Gulika 1:45PM – 2:47PM Yama 11:42AM – 12:44PM 871137576 Rahu 9:39AM – 10:40AM	Anuradha Until 9:32AM Ganda* Until 2:24PM Gara Until 10:49PM Dvadashi* Until 11:30AM	Ganesha: Light Blue <i>Sunrise:</i> 8:37AM Muruga: White <i>Sunset:</i> 4:50PM Nataraja: Clear Moon – Orange	Sobhana 5125 Moon 13 - Phase 37 - 12 2nd Phase
	Family Home Evening				Devaloka Day Margasira*Markali	

Pradosha Vrata (Fasting)

5	Tuesday, January 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Calgary, AB, Canada Sun 13 Sutra 267
	Vrischika Rasi: 28.26	Tithi 28 – 29	Gulika 12:44PM – 2:46PM Yama 10:40AM – 11:42AM 871137576 Rahu 2:47PM – 3:49PM	Jyeshtha* Until 8:32AM Vridhhi Until 11:51AM Visti Until 8:53PM Trayodashi* Until 9:55AM	Ganesha: Light Blue <i>Sunrise:</i> 8:37AM Muruga: White <i>Sunset:</i> 4:51PM Nataraja: Clear Moon – Orange	Sobhana 5125 Moon 13 - Phase 37 - 13 2nd Phase
	Routine Work	Marana Yoga			Devaloka Day Margasira*Markali	

Until 8:32AM
Then Creative Work - Amrita Yoga

	Wednesday, January 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Calgary, AB, Canada Sun 14 Sutra 268
	Dhanus Rasi: 12.38	Tithi 29 – 30	Gulika 11:42AM – 12:44PM Yama 9:38AM – 10:40AM 881137576 Rahu 12:44PM – 1:46PM	Mula* Until 7:09AM Dhruva Until 8:46AM Catuspada Until 6:24PM Chaturdashi* Until 7:41AM	Ganesha: Purple <i>Sunrise:</i> 8:36AM Muruga: White <i>Sunset:</i> 4:52PM Nataraja: Clear Moon – Light Blue	Sobhana 5125 Moon 13 - Phase 37 - 14 Amavasya
	Routine Work	Marana Yoga	Hanumath Jayanthi (Tamil Nadu)		Devaloka Day Margasira*Markali	

Until 7:09AM
Then Creative Work - Amrita Yoga

	Thursday, January 11, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Calgary, AB, Canada Sun 15 Sutra 269
	Dhanus Rasi: 27.11	Tithi 1	Gulika 10:40AM – 11:42AM Yama 8:36AM – 9:38AM 881137576 Rahu 1:47PM – 2:49PM	Uttarashadha Until 2:41AM Fri Harshana Until 1:36AM Fri Kintughna Until 3:30PM Prathama* Until 1:56AM Fri	Ganesha: Purple <i>Sunrise:</i> 8:36AM Muruga: White <i>Sunset:</i> 4:54PM Nataraja: Clear Moon – Light Blue	Sobhana 5125 Moon 13 - Phase 37 - 15 Prathama
	Routine Work	Marana Yoga			Devaloka Day Pausha*Markali	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

www.gurudeva.org/panchang

1	Friday, January 12, 2024	Sobhana Nama Samvatsare Uтарыane Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 270 Sobhana 5125
	Makara Rasi: 11.57 Tithi 2 891237576	Gulika 9:38AM – 10:40AM Yama 2:50PM – 3:53PM Rahu 11:43AM – 12:45PM	Shravana Until 12:21AM Sat Vajra* Until 9:44PM Balava Until 12:21PM Dvitiya Until 10:44PM

Routine Work Marana Yoga
Until 12:21AM Sat
Then Creative Work - Siddha Yoga

Ganesha: Purple Muruga: White Nataraja: Clear Moon – Purple Pausha*Markali	Sunrise: 8:35AM Sunset: 4:55PM	Moon 13 - Phase 38 - 16 3rd Phase	Devaloka Day
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2	Saturday, January 13, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau	Calgary, AB, Canada Sun 17 Sutra 271 Sobhana 5125
	Makara Rasi: 26.49 Tithi 3 891237576	Gulika 8:34AM – 9:37AM Yama 1:48PM – 2:51PM Rahu 10:40AM – 11:43AM	Dhanishtha Until 9:54PM Siddhi Until 5:54PM Taitila Until 9:09AM Tritiya Until 7:33PM

Creative Work Siddha Yoga
Until 9:54PM
Then Creative Work - Amrita Yoga

Ganesha: Purple Muruga: White Nataraja: Clear Moon – Purple Pausha*Markali	Sunrise: 8:34AM Sunset: 4:57PM	Moon 13 - Phase 38 - 17 3rd Phase	Devaloka Day
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3	Sunday, January 14, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau	Calgary, AB, Canada Sun 18 Sutra 272 Sobhana 5125
	Kumbha Rasi: 11.38 Tithi 4 – 5 891237576	Gulika 2:52PM – 3:55PM Yama 12:46PM – 1:49PM Rahu 3:55PM – 4:58PM	Shatabhishak Until 7:30PM Vyatipata* Until 2:11PM Vanija Until 6:02AM Chaturthi* Until 4:32PM

Creative Work Siddha Yoga
Then Creative Work - Amrita Yoga

Ganesha: Purple Muruga: White Nataraja: Clear Moon – Purple Pausha*Thai	Sunrise: 8:33AM Sunset: 4:58PM	Moon 13 - Phase 38 - 18 3rd Phase	Devaloka Day
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4	Monday, January 15, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Calgary, AB, Canada Sun 19 Sutra 273 Sobhana 5125
	Kumbha Rasi: 26.17 Tithi 5 – 6 812237576	Gulika 1:50PM – 2:53PM Yama 11:43AM – 12:46PM Rahu 9:36AM – 10:39AM	Purvaproshtapada* Until 5:40PM Variyan Until 10:41AM Kaulava Until 12:36AM Tue Panchami Until 1:48PM

Routine Work Marana Yoga
Until 5:40PM
Then Creative Work - Siddha Yoga

Ganesha: White Muruga: White Nataraja: Clear Moon – Clear Pausha*Thai	Sunrise: 8:33AM Sunset: 5:00PM	Moon 13 - Phase 38 - 19 3rd Phase	Devaloka Day
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5	Tuesday, January 16, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Calgary, AB, Canada Sun 20 Sutra 274 Sobhana 5125
	Meena Rasi: 10.41 Tithi 6 – 7 812237576	Gulika 12:47PM – 1:50PM Yama 10:39AM – 11:43AM Rahu 2:54PM – 3:58PM	Uttaraproshtapada Until 4:07PM Parigha* Until 7:30AM Gara Until 10:29PM Shashthi* Until 11:28AM

Creative Work Amrita Yoga
Until 4:07PM
Then Creative Work - Siddha Yoga

Ganesha: White Muruga: White Nataraja: Clear Moon – Clear Pausha*Thai	Sunrise: 8:32AM Sunset: 5:01PM	Moon 13 - Phase 38 - 20 3rd Phase	Devaloka Day
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D	Wednesday, January 17, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 275 Sobhana 5125
	Meena Rasi: 24.46 Tithi 7 – 8 812237576	Gulika 11:43AM – 12:47PM Yama 9:35AM – 10:39AM Rahu 12:47PM – 1:51PM	Revati Until 2:53PM Siddha Until 2:15AM Thu Visti Until 8:52PM Saptami Until 9:36AM

Routine Work Marana Yoga

Ganesha: White Muruga: White Nataraja: Clear Moon – Clear Pausha*Thai	Sunrise: 8:31AM Sunset: 5:03PM	Moon 13 - Phase 38 - 21 Ashtami	Devaloka Day
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D	Thursday, January 18, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 276 Sobhana 5125
	Meshha Rasi: 8.33 Tithi 8 – 9 822237576	Gulika 10:39AM – 11:43AM Yama 8:30AM – 9:34AM Rahu 1:52PM – 2:56PM	Ashvini Until 2:26PM Sadhya Until 12:13AM Fri Balava Until 7:45PM Ashtami* Until 8:14AM

Creative Work Amrita Yoga
Until 2:26PM
Then Creative Work - Siddha Yoga

Ganesha: Yellow Muruga: White Nataraja: Clear Moon – White Pausha*Thai	Sunrise: 8:30AM Sunset: 5:05PM	Moon 13 - Phase 38 - 22 Navami	Sivaloka Day
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1**Friday, January 19, 2024**Sobhana Nama Samvatsare Uтарыane Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashmyam TitauCalgary, AB, Canada
Sun 23 Sutra 277

Mesha Rasi: 22.02 Tithi 9 – 10

Gulika 9:34AM – 10:38AM**Bharani Until 2:19PM****Ganesha: Yellow** Sunrise: 8:29AM

Sobhana 5125

Yama 2:57PM – 4:02PM

Subha Until 10:35PM

Muruga: White Sunset: 5:06PM

Moon 13 - Phase 39 - 23

822237576 **Rahu 11:43AM – 12:48PM**

Taitila Until 7:08PM

Nataraja: Clear

4th Phase

Creative Work Siddha Yoga

Navami* Until 7:22AMMoon – White
Pausha*Thai**Sivaloka Day****2****Saturday, January 20, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauCalgary, AB, Canada
Sun 24 Sutra 278

Vrisabha Rasi: 5.16 Tithi 10 – 11

Gulika 8:28AM – 9:33AM**Krittika Until 2:30PM****Ganesha: Yellow** Sunrise: 8:28AM

Sobhana 5125

Yama 1:53PM – 2:58PM

Sukla Until 9:17PM

Muruga: White Sunset: 5:08PM

Moon 13 - Phase 39 - 24

822237576 **Rahu 10:38AM – 11:43AM**

Vanija Until 6:57PM

Nataraja: Clear

4th Phase

Creative Work Amrita Yoga

Dashami Until 6:58AMMoon – White
Pausha*Thai**Sivaloka Day****3****Sunday, January 21, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam TitauCalgary, AB, Canada
Sun 25 Sutra 279

Vrisabha Rasi: 18.17 Tithi 11 – 12

Gulika 2:59PM – 4:04PM**Rohini Until 3:24PM****Ganesha: Blue** Sunrise: 8:27AM

Sobhana 5125

Yama 12:48PM – 1:53PM

Brahma Until 8:17PM

Muruga: White Sunset: 5:10PM

Moon 13 - Phase 39 - 25

832237576 **Rahu 4:04PM – 5:10PM**

Bava Until 7:11PM

Nataraja: Clear

4th Phase

Creative Work Siddha Yoga

Ekadashi Until 7:00AMMoon – Yellow
Pausha*Thai**Devaloka Day****4****Monday, January 22, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauCalgary, AB, Canada
Sun 26 Sutra 280

Mithuna Rasi: 1.06 Tithi 12 – 13

Gulika 1:54PM – 3:00PM**Mrigashira Until 4:30PM****Ganesha: Blue** Sunrise: 8:26AM

Sobhana 5125

Yama 11:43AM – 12:48PM

Indra Until 7:36PM

Muruga: White Sunset: 5:11PM

Moon 13 - Phase 39 - 26

Family Home Evening 832237576 **Rahu 9:31AM – 10:37AM**

Kaulava Until 7:48PM

Nataraja: Clear

4th Phase

Creative Work Amrita Yoga

Dvadashi Until 7:25AMMoon – Yellow
Pausha*Thai**Devaloka Day**

Until 4:30PM

Then Creative Work - Siddha Yoga

*Pradosha Vrata***5****Tuesday, January 23, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauCalgary, AB, Canada
Sun 27 Sutra 281

Mithuna Rasi: 13.44 Tithi 13 – 14

Gulika 12:49PM – 1:55PM**Ardra Until 5:48PM****Ganesha: Blue** Sunrise: 8:24AM

Sobhana 5125

Yama 10:37AM – 11:43AM

Vaidhriti* Until 7:10PM

Muruga: White Sunset: 5:13PM

Moon 13 - Phase 39 - 27

832237576 **Rahu 3:01PM – 4:07PM**

Gara Until 8:46PM

Nataraja: Clear

4th Phase

Routine Work Marana Yoga

Trayodashi Until 8:13AMMoon – Yellow
Pausha*Thai**Devaloka Day**

Until 5:48PM

Then Creative Work - Siddha Yoga

**Wednesday, January 24, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauCalgary, AB, Canada
Sutra 282

Mithuna Rasi: 26.14 Tithi 14 – 15

Gulika 11:42AM – 12:49PM**Punarvasu Until 7:47PM****Ganesha: Red** Sunrise: 8:23AM

Sobhana 5125

Yama 9:30AM – 10:36AM

Vishkambha* Until 7:02PM

Muruga: White Sunset: 5:15PM

Moon 13 - Phase 39 -

842237576 **Rahu 12:49PM – 1:55PM**

Visti Until 10:07PM

Nataraja: Clear

Purnima

Creative Work Siddha Yoga

Chaturdashi* Until 9:23AMMoon – Blue
Pausha*Thai**Sivaloka Day****Thursday, January 25, 2024****Silver Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam TitauCalgary, AB, Canada
Sutra 283

Kataka Rasi: 8.33 Tithi 15 – 16

Gulika 10:36AM – 11:42AM**Pushya Until 9:57PM****Ganesha: Blue** Sunrise: 8:22AM

Sobhana 5125

Yama 8:22AM – 9:29AM

Priti Until 7:11PM

Muruga: White Sunset: 5:16PM

Moon 13 - Phase 39 -

942237576 **Rahu 1:56PM – 3:03PM**

Balava Until 11:50PM

Nataraja: Clear

Prathama

Creative Work Amrita Yoga

Purnima* Until 10:55AMMoon – Blue
Pausha*Thai**Devaloka Day**

Until 9:57PM

Then Creative Work - Siddha Yoga



Friday, January 26, 2024

Gold Retreat Star

Kataka Rasi: 20.43 Tithi 16 - 17

942237576

Routine Work Marana Yoga

Until 12:19AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Calgary, AB, Canada

Sutra 284

Sobhana 5125

Gulika 9:28AM - 10:35AM

Yama 3:04PM - 4:11PM

Rahu 11:42AM - 12:49PM

Ashlesha* Until 12:19AM Sat

Ayushman Until 7:35PM

Taitila Until 1:56AM Sat

Prathama* Until 12:49PM

Ganesha: Blue

Sunrise: 8:21AM

Muruga: White

Sunset: 5:18PM

Nataraja: Clear

Moon - Blue

Pausha*Thai

Devaloka Day

1 Saturday, January 27, 2024

Simha Rasi: 2.44 Tithi 17 - 18

952237576

Creative Work Amrita Yoga

Until 3:19AM Sun

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Calgary, AB, Canada

Sun 1 Sutra 285

Sobhana 5125

Gulika 8:19AM - 9:27AM

Yama 1:57PM - 3:05PM

Rahu 10:34AM - 11:42AM

Magha* Until 3:19AM Sun

Saubhagya Until 8:16PM

Vanija Until 4:21AM Sun

Dvitiya Until 3:05PM

Ganesha: Red

Sunrise: 8:19AM

Muruga: White

Sunset: 5:20PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

2 Sunday, January 28, 2024

Simha Rasi: 14.39 Tithi 18 - 19

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Calgary, AB, Canada

Sun 2 Sutra 286

Sobhana 5125

Gulika 3:06PM - 4:14PM

Yama 12:50PM - 1:58PM

Rahu 4:14PM - 5:22PM

Purvaphalguni Until 6:23AM Mon

Sobhana Until 9:09PM

Bava Until 7:00AM Mon

Tritiya Until 5:38PM

Ganesha: Red

Sunrise: 8:18AM

Muruga: White

Sunset: 5:22PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

3 Monday, January 29, 2024

Simha Rasi: 26.28 Tithi 19

953237576

Family Home Evening

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Calgary, AB, Canada

Sun 3 Sutra 287

Sobhana 5125

Gulika 1:58PM - 3:07PM

Yama 11:42AM - 12:50PM

Rahu 9:25AM - 10:33AM

Purvaphalguni Until 6:23AM Mon

Athiganda* Until 10:08PM

Bava Until 7:00AM

Chaturthi* Until 8:22PM

Ganesha: Yellow

Sunrise: 8:16AM

Muruga: White

Sunset: 5:23PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

4 Tuesday, January 30, 2024

Kanya Rasi: 8.15 Tithi 20

953237576

Creative Work Amrita Yoga

Until 9:22AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Calgary, AB, Canada

Sun 4 Sutra 288

Sobhana 5125

Gulika 12:50PM - 1:59PM

Yama 10:33AM - 11:41AM

Rahu 3:08PM - 4:16PM

Uttaraphalguni Until 9:22AM

Sukarma Until 11:07PM

Kaulava Until 9:45AM

Panchami Until 11:05PM

Ganesha: Yellow

Sunrise: 8:15AM

Muruga: White

Sunset: 5:25PM

Nataraja: Clear

Moon - Red

Pausha*Thai

Sivaloka Day

5 Wednesday, January 31, 2024

Kanya Rasi: 20.04 Tithi 21

963237576

Routine Work Marana Yoga

Until 12:36PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Calgary, AB, Canada

Sun 5 Sutra 289

Sobhana 5125

Gulika 11:41AM - 12:50PM

Yama 9:23AM - 10:32AM

Rahu 12:50PM - 1:59PM

Hasta Until 12:36PM

Dhriti Until 11:56PM

Gara Until 12:24PM

Shashthi* Until 1:34AM Thu

Ganesha: White

Sunrise: 8:14AM

Muruga: White

Sunset: 5:27PM

Nataraja: Clear

Moon - Green

Pausha*Thai

Devaloka Day

6 Thursday, February 1, 2024

Tula Rasi: 1.59 Tithi 22

963237576

Creative Work Siddha Yoga

Until 3:19PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 290

Sobhana 5125

Gulika 10:32AM - 11:41AM

Yama 8:14AM - 9:23AM

Rahu 1:59PM - 3:09PM

Chitra Until 3:19PM

Shula* Until 12:24AM Fri

Visti Until 2:41PM

Saptami Until 3:35AM Fri

Ganesha: White

Sunrise: 8:14AM

Muruga: White

Sunset: 5:27PM

Nataraja: Clear

Moon - Green

Pausha*Thai

Devaloka Day

Friday, February 2, 2024

Retreat Star

Tula Rasi: 14.06 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 291

Sobhana 5125

Gulika 9:22AM - 10:31AM

Yama 3:09PM - 4:19PM

Rahu 11:41AM - 12:50PM

Svati Until 5:19PM

Ganda* Until 12:22AM Sat

Balava Until 4:22PM

Ashtami* Until 4:55AM Sat

Ganesha: White

Sunrise: 8:12AM

Muruga: White

Sunset: 5:29PM

Nataraja: Clear

Moon - Green

Pausha*Thai

Devaloka Day

Saturday, February 3, 2024

Retreat Star

Tula Rasi: 26.31 Tithi 24

973237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Calgary, AB, Canada

Sun 8 Sutra 292

Sobhana 5125

Gulika 8:11AM - 9:20AM

Yama 2:00PM - 3:10PM

Rahu 10:30AM - 11:40AM

Vishakha Until 6:52PM

Vriddhi Until 11:43PM

Taitila Until 5:17PM

Navami* Until 5:23AM Sun

Ganesha: Clear

Sunrise: 8:11AM

Muruga: White

Sunset: 5:30PM

Nataraja: Clear

Moon - Orange

Pausha*Thai

Sivaloka Day

1**Sunday, February 4, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam TitauCalgary, AB, Canada
Sun 9 Sutra 293

Vrischika Rasi: 9.19 Tithi 25

Gulika 3:11PM – 4:22PM
Yama 12:51PM – 2:01PM
973237577 **Rahu** 4:22PM – 5:32PM**Anuradha Until 7:24PM**
Dhruva Until 10:21PM
Vanija Until 5:17PM**Ganesha:** Clear Sunrise: 8:09AM
Muruga: White Sunset: 5:32PM
Nataraja: Orange
Moon – Orange
Pausha*ThaiSobhana 5125
Moon 1 - Phase 41 - 9
2nd Phase**Sivaloka Day**

Routine Work Marana Yoga

Dashami Until 4:56AM Mon**2****Monday, February 5, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam TitauCalgary, AB, Canada
Sun 10 Sutra 294

Vrischika Rasi: 22.34 Tithi 26

Gulika 2:01PM – 3:12PM
Yama 11:40AM – 12:51PM
973237577 **Rahu** 9:18AM – 10:29AM**Jyeshtha* Until 6:55PM**
Vyaghata* Until 8:18PM
Bava Until 4:24PM**Ganesha:** Clear Sunrise: 8:07AM
Muruga: White Sunset: 5:34PM
Nataraja: Orange
Moon – Orange
Pausha*ThaiSobhana 5125
Moon 1 - Phase 41 - 10
2nd Phase**Sivaloka Day**Family Home Evening
Creative Work Siddha Yoga**Ekadashi* Until 3:37AM Tue****3****Tuesday, February 6, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam TitauCalgary, AB, Canada
Sun 11 Sutra 295

Dhanus Rasi: 6.19 Tithi 27

Gulika 12:51PM – 2:02PM
Yama 10:28AM – 11:39AM
983337577 **Rahu** 3:13PM – 4:25PM**Mula* Until 5:55PM**
Harshana Until 5:36PM
Kaulava Until 2:40PM
Dvadashi* Until 1:31AM Wed**Ganesha:** Light Blue Sunrise: 8:06AM
Muruga: White Sunset: 5:36PM
Nataraja: Orange
Moon – Light Blue
Pausha*ThaiSobhana 5125
Moon 1 - Phase 41 - 11
2nd Phase**Devaloka Day**

Creative Work Amrita Yoga

Until 5:55PM

Then Creative Work - Siddha Yoga

4**Wednesday, February 7, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam TitauCalgary, AB, Canada
Sun 12 Sutra 296

Dhanus Rasi: 20.33 Tithi 28

Gulika 11:39AM – 12:51PM
Yama 9:16AM – 10:27AM
983337577 **Rahu** 12:51PM – 2:02PM**Purvashadha* Until 4:04PM**
Vajra* Until 2:19PM
Gara Until 12:13PM
Trayodashi* Until 10:46PM**Ganesha:** Light Blue Sunrise: 8:04AM
Muruga: White Sunset: 5:38PM
Nataraja: Orange
Moon – Light Blue
Pausha*ThaiSobhana 5125
Moon 1 - Phase 41 - 12
2nd Phase**Devaloka Day**

Creative Work Amrita Yoga

*Pradosha Vrata (Fasting)***5****Thursday, February 8, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam TitauCalgary, AB, Canada
Sun 13 Sutra 297

Makara Rasi: 5.13 Tithi 29

Gulika 10:27AM – 11:39AM
Yama 8:02AM – 9:14AM
983337577 **Rahu** 2:03PM – 3:15PM**Uttarashadha Until 1:34PM**
Siddhi Until 10:37AM
Visti Until 9:13AM
Chaturdashi* Until 7:32PM**Ganesha:** Light Blue Sunrise: 8:02AM
Muruga: White Sunset: 5:39PM
Nataraja: Orange
Moon – Light Blue
Pausha*ThaiSobhana 5125
Moon 1 - Phase 41 - 13
2nd Phase**Devaloka Day**

Routine Work Marana Yoga

Until 1:34PM

Then Creative Work - Siddha Yoga

●**Friday, February 9, 2024****Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam TitauCalgary, AB, Canada
Sun 14 Sutra 298

Makara Rasi: 20.11 Tithi 30 – 1

Gulika 9:13AM – 10:26AM
Yama 3:16PM – 4:29PM
993337577 **Rahu** 11:38AM – 12:51PM**Shravana Until 10:59AM**
Vyatipata* Until 6:36AM
Kintughna Until 2:12AM Sat
Amavasya* Until 4:00PM**Ganesha:** Purple Sunrise: 8:01AM
Muruga: White Sunset: 5:41PM
Nataraja: Orange
Moon – Purple
Pausha*ThaiSobhana 5125
Moon 1 - Phase 41 - 14
Amavasya**Devaloka Day**

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

Saturday, February 10, 2024**Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam TitauCalgary, AB, Canada
Sun 15 Sutra 299

Kumbha Rasi: 5.2 Tithi 1 – 2

Gulika 7:59AM – 9:12AM
Yama 2:04PM – 3:17PM
993337577 **Rahu** 10:25AM – 11:38AM**Dhanishtha Until 8:05AM**
Parigha* Until 10:10PM
Balava Until 10:32PM
Prathama* Until 12:21PM**Ganesha:** Purple Sunrise: 7:59AM
Muruga: White Sunset: 5:43PM
Nataraja: Orange
Moon – Purple
Magha*ThaiSobhana 5125
Moon 1 - Phase 41 - 15
Prathama**Devaloka Day**

Creative Work Siddha Yoga

Until 8:05AM

Then Creative Work - Amrita Yoga

1	Sunday, February 11, 2024	Sobhana Nama Samvatsare Utarayane Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 300 Sobhana 5125
	Kumbha Rasi: 20.29 Tithi 2 – 3	Gulika 3:18PM – 4:31PM Purvaproshtpada* Until 2:29AM Mon Ganesha: Clear <i>Sunrise:</i> 7:57AM	
	914337577	Yama 12:51PM – 2:04PM Shiva Until 6:03PM Muruga: White <i>Sunset:</i> 5:45PM	Moon 1 - Phase 42 - 16 3rd Phase
	Creative Work Siddha Yoga	Rahu 4:31PM – 5:45PM Taitila Until 7:00PM Nataraja: Orange Moon – Clear Sivaloka Day Dvitiya Until 8:44AM Magha*Thai	

2	Monday, February 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau	Calgary, AB, Canada Sun 17 Sutra 301 Sobhana 5125
	Meena Rasi: 5.3 Tithi 4	Gulika 2:05PM – 3:19PM Uttaraproshtpada Until 12:07AM Tue Ganesha: Orange <i>Sunrise:</i> 7:55AM	
	Family Home Evening 914337577	Yama 11:37AM – 12:51PM Siddha Until 2:08PM Muruga: White <i>Sunset:</i> 5:47PM	Moon 1 - Phase 42 - 17 3rd Phase
	Creative Work Siddha Yoga	Rahu 9:09AM – 10:23AM Vanija Until 3:44PM Nataraja: Orange Moon – Clear Sivaloka Day Chaturthi* Until 2:15AM Tue Magha*Thai	

3	Tuesday, February 13, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau	Calgary, AB, Canada Sun 18 Sutra 302 Sobhana 5125
	Meena Rasi: 20.14 Tithi 5	Gulika 12:51PM – 2:05PM Revati Until 10:04PM Ganesha: Orange <i>Sunrise:</i> 7:53AM	
	914337577	Yama 10:22AM – 11:37AM Sadhya Until 10:34AM Muruga: White <i>Sunset:</i> 5:48PM	Moon 1 - Phase 42 - 18 3rd Phase
	Creative Work Siddha Yoga	Rahu 3:20PM – 4:34PM Bava Until 12:54PM Nataraja: Orange Moon – Clear Sivaloka Day Panchami Until 11:40PM Magha*Masi	

4	Wednesday, February 14, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthiyam Titau	Calgary, AB, Canada Sun 19 Sutra 303 Sobhana 5125
	Mesha Rasi: 4.37 Tithi 6	Gulika 11:36AM – 12:51PM Ashvini Until 8:53PM Ganesha: Green <i>Sunrise:</i> 7:52AM	
	924347577	Yama 9:06AM – 10:21AM Subha Until 7:27AM Muruga: Clear <i>Sunset:</i> 5:50PM	Moon 1 - Phase 42 - 19 3rd Phase
	Routine Work Marana Yoga Until 8:53PM Then Creative Work - Siddha Yoga	Rahu 12:51PM – 2:06PM Kaulava Until 10:37AM Nataraja: Orange Moon – White Bhuloka Day Shashthi* Until 9:41PM Magha*Masi Devaloka Time: 3:PM to 6:PM	

5	Thursday, February 15, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Calgary, AB, Canada Sun 20 Sutra 304 Sobhana 5125
	Mesha Rasi: 18.34 Tithi 7	Gulika 10:20AM – 11:36AM Bharani Until 8:13PM Ganesha: Green <i>Sunrise:</i> 7:50AM	
	924347577	Yama 7:50AM – 9:05AM Brahma Until 2:43AM Fri Muruga: Clear <i>Sunset:</i> 5:52PM	Moon 1 - Phase 42 - 20 3rd Phase
	Creative Work Siddha Yoga Until 8:13PM Then Routine Work - Marana Yoga	Rahu 2:06PM – 3:21PM Gara Until 8:58AM Nataraja: Orange Moon – White Bhuloka Day Saptami Until 8:22PM Magha*Masi Devaloka Time: 3:PM to 6:PM	

D	Friday, February 16, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 305 Sobhana 5125
	Retreat Star	Gulika 9:04AM – 10:19AM Krittika Until 8:04PM Ganesha: Green <i>Sunrise:</i> 7:48AM	
	Virshabha Rasi: 2.08 Tithi 8	Yama 3:22PM – 4:38PM Indra Until 1:11AM Sat Muruga: Clear <i>Sunset:</i> 5:54PM	Moon 1 - Phase 42 - 21 Ashtami
	924347577	Rahu 11:35AM – 12:51PM Visti Until 7:59AM Nataraja: Orange Moon – White Bhuloka Day Ashtami* Until 7:44PM Magha*Masi Devaloka Time: 3:PM to 6:PM	

D	Saturday, February 17, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 306 Sobhana 5125
	Retreat Star	Gulika 7:46AM – 9:02AM Rohini Until 8:51PM Ganesha: Red <i>Sunrise:</i> 7:46AM	
	Virshabha Rasi: 15.19 Tithi 9	Yama 2:07PM – 3:23PM Vaidhriti* Until 12:06AM Sun Muruga: Clear <i>Sunset:</i> 5:55PM	Moon 1 - Phase 42 - 22 Navami
	934347577	Rahu 10:18AM – 11:35AM Balava Until 7:41AM Nataraja: Orange Moon – Yellow Devaloka Day Navami* Until 7:45PM Magha*Masi	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1**Sunday, February 18, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam TitauCalgary, AB, Canada
Sun 23 Sutra 307

Vrishabha Rasi: 28.12 Tithi 10

Gulika 3:24PM – 4:41PM
Yama 12:51PM – 2:07PM
934347577 **Rahu** 4:41PM – 5:57PM**Mrigashira Until 10:03PM**
Vishkambha* Until 11:30PM
Taitila Until 8:00AM**Ganesha:** Red *Sunrise:* 7:44AM
Muruga: Clear *Sunset:* 5:57PM
Nataraja: Orange
Moon – Yellow
Magha*MasiSobhana 5125
Moon 1 - Phase 43 - 23
4th Phase

Creative Work Siddha Yoga

Devaloka Day**2****Monday, February 19, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam TitauCalgary, AB, Canada
Sun 24 Sutra 308

Mithuna Rasi: 10.49 Tithi 11

Gulika 2:08PM – 3:25PM
Yama 11:33AM – 12:51PM
934347577 **Rahu** 8:59AM – 10:16AM**Ardra Until 11:34PM**
Priti Until 11:16PM
Vanija Until 8:52AM**Ganesha:** Red *Sunrise:* 7:42AM
Muruga: Clear *Sunset:* 5:59PM
Nataraja: Orange
Moon – Yellow
Magha*MasiSobhana 5125
Moon 1 - Phase 43 - 24
4th Phase

Creative Work Siddha Yoga

Devaloka Day

Until 11:34PM

Then Creative Work - Amrita Yoga

3**Tuesday, February 20, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam TitauCalgary, AB, Canada
Sun 25 Sutra 309

Mithuna Rasi: 23.13 Tithi 12

Gulika 12:50PM – 2:08PM
Yama 10:15AM – 11:33AM
944347577 **Rahu** 3:26PM – 4:43PM**Punarvasu Until 1:48AM Wed**
Ayushman Until 11:20PM
Bava Until 10:12AM
Dvadashi Until 11:00PM**Ganesha:** Blue *Sunrise:* 7:40AM
Muruga: Clear *Sunset:* 6:01PM
Nataraja: Orange
Moon – Blue
Magha*MasiSobhana 5125
Moon 1 - Phase 43 - 25
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4**Wednesday, February 21, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam TitauCalgary, AB, Canada
Sun 26 Sutra 310

Kataka Rasi: 5.27 Tithi 13

Gulika 11:32AM – 12:50PM
Yama 8:56AM – 10:14AM
944347577 **Rahu** 12:50PM – 2:08PM**Pushya Until 4:12AM Thu**
Saubhagya Until 11:41PM
Kaulava Until 11:55AM
Trayodashi Until 12:53AM Thu**Ganesha:** Blue *Sunrise:* 7:38AM
Muruga: Clear *Sunset:* 6:03PM
Nataraja: Orange
Moon – Blue
Magha*MasiSobhana 5125
Moon 1 - Phase 43 - 26
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata***5****Thursday, February 22, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam TitauCalgary, AB, Canada
Sun 27 Sutra 311

Kataka Rasi: 17.33 Tithi 14

Gulika 10:13AM – 11:32AM
Yama 7:36AM – 8:55AM
944347577 **Rahu** 2:09PM – 3:27PM**Ashlesha* Until 6:43AM Fri**
Sobhana Until 12:16AM Fri
Gara Until 1:57PM
Chaturdashi* Until 3:03AM Fri**Ganesha:** Blue *Sunrise:* 7:36AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: Orange
Moon – Blue
Magha*MasiSobhana 5125
Moon 1 - Phase 43 - 27
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 6:43AM Fri
Then Routine Work - Marana Yoga**Friday, February 23, 2024****Copper Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam TitauCalgary, AB, Canada
Sutra 312

Kataka Rasi: 29.33 Tithi 15

Gulika 8:53AM – 10:12AM
Yama 3:28PM – 4:47PM
944347577 **Rahu** 11:31AM – 12:50PM**Ashlesha* Until 6:43AM**
Athiganda* Until 1:00AM Sat
Visti Until 4:15PM
Purnima* Until 5:28AM Sat**Ganesha:** Blue *Sunrise:* 7:34AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: Orange
Moon – Blue
Magha*MasiSobhana 5125
Moon 1 - Phase 43 -
Purnima

Routine Work Marana Yoga

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, February 24, 2024**Silver Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava Karana Prathamayam TitauCalgary, AB, Canada
Sutra 313

Simha Rasi: 11.27 Tithi 16

Gulika 7:32AM – 8:51AM
Yama 2:09PM – 3:29PM
955347577 **Rahu** 10:11AM – 11:30AM**Magha* Until 9:47AM**
Sukarma Until 1:54AM Sun
Balava Until 6:46PM
Prathama* Until 8:04AM Sun**Ganesha:** White *Sunrise:* 7:32AM
Muruga: Clear *Sunset:* 6:08PM
Nataraja: Orange
Moon – Red
Magha*MasiSobhana 5125
Moon 1 - Phase 43 -
Prathama

Creative Work Amrita Yoga

Sivaloka Day

Until 9:47AM

Then Creative Work - Siddha Yoga



Sunday, February 25, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Calgary, AB, Canada

Sutra 314

Sobhana 5125

Moon 2 - Phase 44 - 1st Phase

Simha Rasi: 23.17 Tithi 16 - 17

955347577

Gulika 3:30PM - 4:50PM
Yama 12:50PM - 2:10PM
Rahu 4:50PM - 6:10PM

Purvaphalguni Until 12:50PM
Dhriti Until 2:53AM Mon
Taitila Until 9:25PM

Ganesha: White *Sunrise:* 7:30AM
Muruga: Clear *Sunset:* 6:10PM
Nataraja: Orange
Moon - Red

Sivaloka Day

Creative Work Siddha Yoga

Until 12:50PM

Then Creative Work - Amrita Yoga

1

Monday, February 26, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Calgary, AB, Canada

Sun 1 Sutra 315

Sobhana 5125

Moon 2 - Phase 44 - 1st Phase

Kanya Rasi: 5.05 Tithi 17 - 18

955347577

Gulika 2:10PM - 3:30PM
Yama 11:29AM - 12:50PM
Rahu 8:48AM - 10:09AM

Uttaraphalguni Until 3:47PM
Shula* Until 3:51AM Tue
Vanija Until 12:05AM Tue

Ganesha: White *Sunrise:* 7:28AM
Muruga: Clear *Sunset:* 6:11PM
Nataraja: Orange
Moon - Red

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

2

Tuesday, February 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Calgary, AB, Canada

Sun 2 Sutra 316

Sobhana 5125

Moon 2 - Phase 44 - 2nd Phase

Kanya Rasi: 16.54 Tithi 18 - 19

965347577

Gulika 12:49PM - 2:10PM
Yama 10:08AM - 11:29AM
Rahu 3:31PM - 4:52PM

Hasta Until 7:01PM
Ganda* Until 4:44AM Wed
Bava Until 2:40AM Wed

Ganesha: Clear *Sunrise:* 7:26AM
Muruga: Clear *Sunset:* 6:13PM
Nataraja: Orange
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

Tritiya Until 1:23PM

Magha*Masi

3

Wednesday, February 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Calgary, AB, Canada

Sun 3 Sutra 317

Sobhana 5125

Moon 2 - Phase 44 - 3rd Phase

Kanya Rasi: 28.46 Tithi 19 - 20

965347577

Gulika 11:28AM - 12:49PM
Yama 8:45AM - 10:06AM
Rahu 12:49PM - 2:11PM

Chitra Until 9:52PM
Vridhhi Until 5:26AM Thu
Kaulava Until 4:57AM Thu

Ganesha: Clear *Sunrise:* 7:24AM
Muruga: Clear *Sunset:* 6:15PM
Nataraja: Orange
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 3:50PM

Magha*Masi

4

Thursday, February 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Calgary, AB, Canada

Sun 4 Sutra 318

Sobhana 5125

Moon 2 - Phase 44 - 4th Phase

Tula Rasi: 10.44 Tithi 20 - 21

965347577

Gulika 10:05AM - 11:27AM
Yama 7:22AM - 8:43AM
Rahu 2:11PM - 3:33PM

Svati Until 12:11AM Fri
Dhruva Until 5:45AM Fri
Gara Until 6:48AM Fri

Ganesha: Clear *Sunrise:* 7:22AM
Muruga: Clear *Sunset:* 6:17PM
Nataraja: Orange
Moon - Green

Devaloka Day

Creative Work Amrita Yoga

Until 12:11AM Fri

Then Creative Work - Siddha Yoga

Panchami Until 5:56PM

Magha*Masi

5

Friday, March 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Calgary, AB, Canada

Sun 5 Sutra 319

Sobhana 5125

Moon 2 - Phase 44 - 5th Phase

Tula Rasi: 22.52 Tithi 21

975347577

Gulika 8:40AM - 10:03AM
Yama 3:34PM - 4:57PM
Rahu 11:26AM - 12:49PM

Vishakha Until 2:15AM Sat
Vyaghata* Until 5:38AM Sat
Gara Until 6:48AM

Ganesha: Purple *Sunrise:* 7:17AM
Muruga: Clear *Sunset:* 6:20PM
Nataraja: Orange
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Shashthi* Until 7:29PM

Magha*Masi

6

Saturday, March 2, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 320

Sobhana 5125

Moon 2 - Phase 44 - 6th Phase

Vrischika Rasi: 5.17 Tithi 22

975447577

Gulika 7:15AM - 8:38AM
Yama 2:12PM - 3:35PM
Rahu 10:02AM - 11:25AM

Anuradha Until 3:28AM Sun
Harshana Until 4:57AM Sun
Visti Until 8:02AM

Ganesha: Clear *Sunrise:* 7:15AM
Muruga: Clear *Sunset:* 6:22PM
Nataraja: Orange
Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Until 3:28AM Sun

Then Routine Work - Marana Yoga

Saptami Until 8:21PM

Magha*Masi

D

Sunday, March 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 321

Sobhana 5125

Moon 2 - Phase 44 - 7th Phase

Vrischika Rasi: 18.01 Tithi 23

975447577

Gulika 3:36PM - 5:00PM
Yama 12:48PM - 2:12PM
Rahu 5:00PM - 6:23PM

Jyeshtha* Until 3:45AM Mon
Vajra* Until 3:37AM Mon
Balava Until 8:30AM

Ganesha: Clear *Sunrise:* 7:13AM
Muruga: Clear *Sunset:* 6:23PM
Nataraja: Orange
Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Until 3:45AM Mon

Then Creative Work - Siddha Yoga

Ashtami* Until 8:24PM

Magha*Masi

Monday, March 4, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Calgary, AB, Canada

Sun 8 Sutra 322

Sobhana 5125

Moon 2 - Phase 44 - 8th Phase

Dhanus Rasi: 1.1 Tithi 24

185447577

Gulika 2:12PM - 3:37PM
Yama 11:24AM - 12:48PM
Rahu 8:35AM - 9:59AM

Mula* Until 3:30AM Tue
Siddhi Until 1:38AM Tue
Taitila Until 8:08AM

Ganesha: Green *Sunrise:* 7:11AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Orange
Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Navami* Until 7:37PM

Magha*Masi

Devaloka Time: 3:PM to 6:PM

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1	Tuesday, March 5, 2024	Sobhana Nama Samvatsare Utarayane Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Calgary, AB, Canada
		Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 323
	Dhanus Rasi: 14.45 Tithi 25	Gulika 12:48PM – 2:13PM	Purvashadha* Until 2:21AM Wed	Ganesha: Red <i>Sunrise:</i> 7:09AM	Sobhana 5125	
	Yama 9:58AM – 11:23AM	Vyatipata* Until 11:02PM	Muruga: Clear <i>Sunset:</i> 6:27PM	Moon 2 - Phase 45 - 9		
	186447577 Rahu 3:37PM – 5:02PM	Vanija Until 6:57AM	Nataraja: Orange	2nd Phase		
Creative Work Siddha Yoga		Dashami Until 6:02PM	Moon – Light Blue	Devaloka Day		
Until 2:21AM Wed			Magha*Masi			
Then Creative Work - Amrita Yoga						

2	Wednesday, March 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Calgary, AB, Canada
		Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 324
	Dhanus Rasi: 28.5 Tithi 26 – 27	Gulika 11:22AM – 12:48PM	Uttarashadha Until 12:22AM Thu	Ganesha: Red <i>Sunrise:</i> 7:06AM	Sobhana 5125	
	Yama 8:32AM – 9:57AM	Variyan Until 7:50PM	Muruga: Clear <i>Sunset:</i> 6:29PM	Moon 2 - Phase 45 - 10		
	186447577 Rahu 12:48PM – 2:13PM	Kaulava Until 2:21AM Thu	Nataraja: Orange	2nd Phase		
Creative Work Amrita Yoga		Ekadashi* Until 3:43PM	Moon – Light Blue	Devaloka Day		
Until 12:22AM Thu			Magha*Masi			
Then Creative Work - Siddha Yoga						

3	Thursday, March 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Calgary, AB, Canada
		Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 325
	Makara Rasi: 13.2 Tithi 27 – 28	Gulika 9:56AM – 11:22AM	Shravana Until 10:08PM	Ganesha: Green <i>Sunrise:</i> 7:04AM	Sobhana 5125	
	Yama 7:04AM – 8:30AM	Parigha* Until 4:12PM	Muruga: Clear <i>Sunset:</i> 6:30PM	Moon 2 - Phase 45 - 11		
	196447577 Rahu 2:13PM – 3:39PM	Gara Until 11:11PM	Nataraja: Orange	2nd Phase		
Creative Work Siddha Yoga		Dvadashi* Until 12:48PM	Moon – Purple	Sivaloka Day		
			Magha*Masi			
				<i>Pradosha Vrata (Fasting)</i>		

4	Friday, March 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Calgary, AB, Canada
		Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 326
	Makara Rasi: 28.14 Tithi 28 – 29	Gulika 8:28AM – 9:55AM	Dhanishtha Until 7:23PM	Ganesha: Green <i>Sunrise:</i> 7:02AM	Sobhana 5125	
	Yama 3:40PM – 5:06PM	Shiva Until 12:13PM	Muruga: Clear <i>Sunset:</i> 6:32PM	Moon 2 - Phase 45 - 12		
	196447577 Rahu 11:21AM – 12:47PM	Visti Until 7:40PM	Nataraja: Orange	2nd Phase		
Creative Work Siddha Yoga		Trayodashi* Until 9:27AM	Moon – Purple	Sivaloka Day		
			Magha*Masi			

●	Saturday, March 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Calgary, AB, Canada
	Retreat Star	Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 327
	Kumbha Rasi: 13.22 Tithi 30	Gulika 7:00AM – 8:27AM	Shatabhishak Until 4:17PM	Ganesha: Green <i>Sunrise:</i> 7:00AM	Sobhana 5125	
	Yama 2:13PM – 3:40PM	Siddha Until 8:00AM	Muruga: Clear <i>Sunset:</i> 6:34PM	Moon 2 - Phase 45 - 13		
	196447577 Rahu 9:53AM – 11:20AM	Catuspada Until 3:56PM	Nataraja: Orange	Amavasya		
Creative Work Amrita Yoga		Amavasya* Until 2:01AM Sun	Moon – Purple	Sivaloka Day		
Until 4:17PM			Magha*Masi			
Then Routine Work - Marana Yoga						

●	Sunday, March 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Calgary, AB, Canada
	Retreat Star	Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 328
	Kumbha Rasi: 28.37 Tithi 1	Gulika 3:41PM – 5:08PM	Purvaproshtapada* Until 1:25PM	Ganesha: Orange <i>Sunrise:</i> 6:58AM	Sobhana 5125	
	Yama 12:47PM – 2:14PM	Subha Until 11:28PM	Muruga: Clear <i>Sunset:</i> 6:35PM	Moon 2 - Phase 45 - 14		
	116447577 Rahu 5:08PM – 6:35PM	Kintughna Until 12:09PM	Nataraja: Orange	Prathama		
Creative Work Siddha Yoga		Prathama* Until 10:17PM	Moon – Clear	Devaloka Day		
Until 1:25PM			Phalguna*Masi			
Then Creative Work - Amrita Yoga						

1	Monday, March 11, 2024	Sobhana Nama Samvatsare Utarayane Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau	Calgary, AB, Canada Sun 15 Sutra 329 Sobhana 5125
	Meena Rasi: 13.47 Tithi 2	Gulika 2:14PM – 3:42PM	Uttaraproshtpada Until 10:33AM
	Family Home Evening	Yama 11:19AM – 12:46PM	Sukla Until 7:23PM
	Creative Work Siddha Yoga	116447577 Rahu 8:23AM – 9:51AM	Balava Until 8:30AM Dvitiya Until 6:45PM

Ganesh: Orange	Sunrise: 6:55AM	
Muruga: Clear	Sunset: 6:37PM	Moon 2 - Phase 46 - 15
Nataraja: Orange		3rd Phase
Moon – Clear		
Phalguna*Mas		Devaloka Day

2	Tuesday, March 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Calgary, AB, Canada Sun 16 Sutra 330 Sobhana 5125
	Meena Rasi: 28.46 Tithi 3 – 4	Gulika 12:46PM – 2:14PM	Revati Until 7:52AM
	Family Home Evening	Yama 9:50AM – 11:18AM	Brahma Until 3:37PM
	Creative Work Siddha Yoga	117447577 Rahu 3:42PM – 5:11PM	Vanija Until 2:13AM Wed Tritiya Until 3:35PM

Ganesh: Green	Sunrise: 6:53AM	
Muruga: Clear	Sunset: 6:39PM	Moon 2 - Phase 46 - 16
Nataraja: Orange		3rd Phase
Moon – Clear		
Phalguna*Mas		Bhuloka Day
		Devaloka Time: 3:PM to 6:PM

Subramuniyaswami Siva Vision Day

3	Wednesday, March 13, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Calgary, AB, Canada Sun 17 Sutra 331 Sobhana 5125
	Mesha Rasi: 13.23 Tithi 4 – 5	Gulika 11:17AM – 12:46PM	Bharani Until 4:24AM Thu
	Family Home Evening	Yama 8:20AM – 9:48AM	Indra Until 12:17PM
	Creative Work Siddha Yoga	127447577 Rahu 12:46PM – 2:14PM	Bava Until 11:52PM Chaturthi* Until 12:56PM

Ganesh: White	Sunrise: 6:51AM	
Muruga: Clear	Sunset: 6:40PM	Moon 2 - Phase 46 - 17
Nataraja: Orange		3rd Phase
Moon – White		
Phalguna*Panguni		Bhuloka Day
		Devaloka Time: 3:PM to 6:PM

Karadaiyan Nombu (Tamil Nadu)

4	Thursday, March 14, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau	Calgary, AB, Canada Sun 18 Sutra 332 Sobhana 5125
	Mesha Rasi: 27.35 Tithi 5 – 6	Gulika 9:47AM – 11:16AM	Krittika Until 3:27AM Fri
	Family Home Evening	Yama 6:49AM – 8:18AM	Vaidhriti* Until 9:27AM
	Routine Work Marana Yoga	127447578 Rahu 2:15PM – 3:44PM	Kaulava Until 10:12PM Panchami Until 10:55AM

Ganesh: White	Sunrise: 6:49AM	
Muruga: Clear	Sunset: 6:42PM	Moon 2 - Phase 46 - 18
Nataraja: Clear		3rd Phase
Moon – White		
Phalguna*Panguni		Bhuloka Day
		Devaloka Time: 3:PM to 6:PM

5	Friday, March 15, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashti/Saptamyam Titau	Calgary, AB, Canada Sun 19 Sutra 333 Sobhana 5125
	Virshabha Rasi: 11.2 Tithi 6 – 7	Gulika 8:16AM – 9:46AM	Rohini Until 3:33AM Sat
	Family Home Evening	Yama 3:44PM – 5:14PM	Vishkambha* Until 7:12AM
	Routine Work Marana Yoga	137447578 Rahu 11:15AM – 12:45PM	Gara Until 9:18PM Shashti* Until 9:38AM

Ganesh: Clear	Sunrise: 6:46AM	
Muruga: Clear	Sunset: 6:44PM	Moon 2 - Phase 46 - 19
Nataraja: Clear		3rd Phase
Moon – Yellow		
Phalguna*Panguni		Devaloka Day

D	Saturday, March 16, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Calgary, AB, Canada Sun 20 Sutra 334 Sobhana 5125
	Retreat Star	Gulika 6:44AM – 8:14AM	Mrigashira Until 4:15AM Sun
	Virshabha Rasi: 24.4 Tithi 7 – 8	Yama 2:15PM – 3:45PM	Ayushman Until 4:33AM Sun
	Creative Work Siddha Yoga	137447578 Rahu 9:45AM – 11:15AM	Visti Until 9:11PM Saptami Until 9:07AM

Ganesh: Clear	Sunrise: 6:44AM	
Muruga: Clear	Sunset: 6:45PM	Moon 2 - Phase 46 - 20
Nataraja: Clear		Ashtami
Moon – Yellow		
Phalguna*Panguni		Devaloka Day

D	Sunday, March 17, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Calgary, AB, Canada Sun 21 Sutra 335 Sobhana 5125
	Retreat Star	Gulika 3:46PM – 5:16PM	Ardra Until 5:30AM Mon
	Mithuna Rasi: 7.35 Tithi 8 – 9	Yama 12:45PM – 2:15PM	Saubhagya Until 4:05AM Mon
	Creative Work Siddha Yoga	137447578 Rahu 5:16PM – 6:47PM	Balava Until 9:48PM Ashtami* Until 9:23AM

Ganesh: Clear	Sunrise: 6:42AM	
Muruga: Clear	Sunset: 6:47PM	Moon 2 - Phase 46 - 21
Nataraja: Clear		Navami
Moon – Yellow		
Phalguna*Panguni		Devaloka Day

Then Creative Work - Amrita Yoga			
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O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

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1	Monday, March 18, 2024	Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Calgary, AB, Canada Sun 22 Sutra 336 Sobhana 5125
	Mithuna Rasi: 20.1 Tithi 9 – 10 Family Home Evening Creative Work Amrita Yoga Until 7:39AM Tue Then Creative Work - Siddha Yoga	Gulika 2:15PM – 3:46PM Yama 11:13AM – 12:44PM 147447578 Rahu 8:11AM – 9:42AM	Punarvasu Until 7:39AM Tue Sobhana Until 4:06AM Tue Taitila Until 11:04PM Navami* Until 10:20AM


2	Tuesday, March 19, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Calgary, AB, Canada Sun 23 Sutra 337 Sobhana 5125
	Kataka Rasi: 2.29 Tithi 10 – 11 Creative Work Siddha Yoga	Gulika 12:44PM – 2:16PM Yama 9:41AM – 11:12AM 148447578 Rahu 3:47PM – 5:19PM	Punarvasu Until 7:39AM Athiganda* Until 4:28AM Wed Vanija Until 12:51AM Wed Dashami Until 11:53AM

3	Wednesday, March 20, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Calgary, AB, Canada Sun 24 Sutra 338 Sobhana 5125
	Kataka Rasi: 14.35 Tithi 11 – 12 Creative Work Siddha Yoga	Gulika 11:12AM – 12:44PM Yama 8:07AM – 9:39AM 148447578 Rahu 12:44PM – 2:16PM	Pushya Until 10:07AM Sukarma Until 5:09AM Thu Bava Until 3:02AM Thu Ekadashi Until 1:53PM

4	Thursday, March 21, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Calgary, AB, Canada Sun 25 Sutra 339 Sobhana 5125
	Kataka Rasi: 26.34 Tithi 12 – 13 Creative Work Siddha Yoga Until 12:44PM Then Creative Work - Amrita Yoga	Gulika 9:38AM – 11:11AM Yama 6:33AM – 8:06AM 148447578 Rahu 2:16PM – 3:49PM	Ashlesha* Until 12:44PM Dhriti Until 6:02AM Fri Kaulava Until 5:30AM Fri Dvadashi Until 4:13PM

5	Friday, March 22, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila Karana Trayodashyam Titau	Calgary, AB, Canada Sun 26 Sutra 340 Sobhana 5125
	Simha Rasi: 8.26 Tithi 13 Routine Work Marana Yoga Until 3:54PM Then Creative Work - Siddha Yoga	Gulika 8:04AM – 9:37AM Yama 3:49PM – 5:22PM 158447578 Rahu 11:10AM – 12:43PM	Magha* Until 3:54PM Dhriti Until 6:02AM Taitila Until 6:46PM Trayodashi Until 6:46PM

6	Saturday, March 23, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau	Calgary, AB, Canada Sun 27 Sutra 341 Sobhana 5125
	Simha Rasi: 20.16 Tithi 14 Creative Work Siddha Yoga Until 7:00PM Then Routine Work - Marana Yoga	Gulika 6:28AM – 8:02AM Yama 2:16PM – 3:50PM 158447578 Rahu 9:36AM – 11:09AM	Purvaphalguni Until 7:00PM Shula* Until 7:00AM Gara Until 8:05AM Chaturdashi* Until 9:23PM

	Sunday, March 24, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau	Calgary, AB, Canada Sutra 342 Sobhana 5125
	Copper Retreat Star Kanya Rasi: 2.04 Tithi 15 Creative Work Amrita Yoga	Gulika 3:51PM – 5:25PM Yama 12:42PM – 2:16PM 158447578 Rahu 5:25PM – 6:59PM	Uttaraphalguni Until 9:55PM Ganda* Until 8:00AM Visti Until 10:43AM Purnima* Until 11:59PM

Monday, March 25, 2024	Silver Retreat Star	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau	Calgary, AB, Canada Sutra 343 Sobhana 5125
	Kanya Rasi: 13.54 Tithi 16 Family Home Evening Creative Work Siddha Yoga	Gulika 2:17PM – 3:51PM Yama 11:08AM – 12:42PM 169447578 Rahu 7:59AM – 9:33AM	Hasta Until 1:02AM Tue Vridhhi Until 8:57AM Balava Until 1:15PM Prathama* Until 2:26AM Tue

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Calgary, AB, Canada

Sun 1 Sutra 344

Sobhana 5125

Kanya Rasi: 25.47 Tithi 17

Gulika 12:42PM – 2:17PM

Chitra Until 3:45AM Wed

Ganesha: Purple Sunrise: 6:22AM

Yama 9:32AM – 11:07AM

Dhruva Until 9:45AM

Muruga: Clear Sunset: 7:02PM

169447578 Rahu 3:52PM – 5:27PM

Taitila Until 3:35PM

Nataraja: Clear

Moon 3 - Phase 48 - 1

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 4:38AM Wed

Moon – Green

Bhuloka Day

Phalguna*Panguni

Devaloka Time: 3:PM to 6:PM

1

Wednesday, March 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Calgary, AB, Canada

Sun 2 Sutra 345

Sobhana 5125

Tula Rasi: 7.47 Tithi 18

Gulika 11:06AM – 12:42PM

Svati Until 5:59AM Thu

Ganesha: Clear Sunrise: 6:19AM

Yama 7:55AM – 9:30AM

Vyaghata* Until 10:22AM

Muruga: Clear Sunset: 7:04PM

Moon 3 - Phase 48 - 2

169547578 Rahu 12:42PM – 2:17PM

Vanija Until 5:38PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 6:29AM Thu

Moon – Green

Devaloka Day

Phalguna*Panguni

2

Thursday, March 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturchyam Titau

Calgary, AB, Canada

Sun 3 Sutra 346

Sobhana 5125

Tula Rasi: 19.55 Tithi 18 – 19

Gulika 9:29AM – 11:05AM

Vishakha Until 8:07AM Fri

Ganesha: Clear Sunrise: 6:17AM

Yama 6:17AM – 7:53AM

Harshana Until 10:43AM

Muruga: Clear Sunset: 7:05PM

Moon 3 - Phase 48 - 3

169547578 Rahu 2:17PM – 3:53PM

Bava Until 7:17PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 6:29AM

Moon – Green

Devaloka Day

Phalguna*Panguni

3

Friday, March 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturchi/Panchamyam Titau

Calgary, AB, Canada

Sun 4 Sutra 347

Sobhana 5125

Vrischika Rasi: 2.13 Tithi 19 – 20

Gulika 7:51AM – 9:28AM

Vishakha Until 8:07AM

Ganesha: White Sunrise: 6:15AM

Yama 3:54PM – 5:30PM

Vajra* Until 10:42AM

Muruga: Clear Sunset: 7:07PM

Moon 3 - Phase 48 - 4

179547578 Rahu 11:04AM – 12:41PM

Kaulava Until 8:27PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Chaturchi* Until 7:54AM

Moon – Orange

Sivaloka Day

Phalguna*Panguni

4

Saturday, March 30, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Calgary, AB, Canada

Sun 5 Sutra 348

Sobhana 5125

Vrischika Rasi: 14.45 Tithi 20 – 21

Gulika 6:13AM – 7:50AM

Anuradha Until 9:36AM

Ganesha: White Sunrise: 6:13AM

Yama 2:18PM – 3:55PM

Siddhi Until 10:17AM

Muruga: Clear Sunset: 7:08PM

Moon 3 - Phase 48 - 5

179547578 Rahu 9:27AM – 11:04AM

Gara Until 9:03PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 8:48AM

Moon – Orange

Sivaloka Day

Phalguna*Panguni

5

Sunday, March 31, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Calgary, AB, Canada

Sun 6 Sutra 349

Sobhana 5125

Vrischika Rasi: 27.33 Tithi 21 – 22

Gulika 3:55PM – 5:33PM

Jyeshtha* Until 10:21AM

Ganesha: White Sunrise: 6:11AM

Yama 12:40PM – 2:18PM

Vyatipata* Until 9:26AM

Muruga: Clear Sunset: 7:10PM

Moon 3 - Phase 48 - 6

179547578 Rahu 5:33PM – 7:10PM

Visti Until 9:02PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 9:06AM

Moon – Orange

Sivaloka Day

Phalguna*Panguni

Until 10:21AM

Then Creative Work - Amrita Yoga

D

Monday, April 1, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Calgary, AB, Canada

Sun 7 Sutra 350

Sobhana 5125

Dhanus Rasi: 10.4 Tithi 22 – 23

Gulika 2:18PM – 3:55PM

Mula* Until 10:46AM

Ganesha: Yellow Sunrise: 6:11AM

Yama 11:03AM – 12:40PM

Variyan Until 8:02AM

Muruga: Clear Sunset: 7:10PM

Moon 3 - Phase 48 - 7

Family Home Evening

189547578 Rahu 7:48AM – 9:25AM

Balava Until 8:21PM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Saptami Until 8:46AM

Moon – Light Blue

Devaloka Day

Phalguna*Panguni

Until 10:46AM

Then Routine Work - Marana Yoga

Tuesday, April 2, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Calgary, AB, Canada

Sun 8 Sutra 351

Sobhana 5125

Dhanus Rasi: 24.1 Tithi 23 – 24

Gulika 12:40PM – 2:18PM

Purvashadha* Until 10:22AM

Ganesha: Yellow Sunrise: 6:08AM

Yama 9:24AM – 11:02AM

Parigha* Until 6:07AM

Muruga: Clear Sunset: 7:12PM

Moon 3 - Phase 48 - 8

181547578 Rahu 3:56PM – 5:34PM

Taitila Until 7:00PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 7:44AM

Moon – Light Blue

Devaloka Day

Phalguna*Panguni

Until 10:22AM

Then Routine Work - Prabalarishta Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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1**Wednesday, April 3, 2024**Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Visti* Karana Navami/Dashamyam Titau

Calgary, AB, Canada

Sun 9 Sutra 352

Makara Rasi: 8.02 Tithi 24 – 25

Gulika 11:01AM – 12:40PM**Uttarashadha** Until 9:12AM**Ganesha:** Yellow Sunrise: 6:06AM

Sobhana 5125

Yama 7:44AM – 9:23AM

Siddha Until 12:46AM Thu

Muruga: Clear Sunset: 7:13PM

Moon 3 - Phase 49 - 9

181547578 **Rahu** 12:40PM – 2:18PM

Visti Until 3:48AM Thu

Nataraja: Clear

2nd Phase

Creative Work Amrita Yoga

Moon – Light Blue

Devaloka Day

Until 9:12AM

Navami* Until 6:04AM

Phalguna*Panguni

Then Creative Work - Siddha Yoga

2**Thursday, April 4, 2024**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Calgary, AB, Canada

Sun 10 Sutra 353

Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau

Makara Rasi: 22.17 Tithi 26

Gulika 9:22AM – 11:01AM**Shravana** Until 7:43AM**Ganesha:** Blue Sunrise: 6:04AM

Sobhana 5125

Yama 6:04AM – 7:43AM

Sadhya Until 9:25PM

Muruga: Clear Sunset: 7:15PM

Moon 3 - Phase 49 - 10

191547578 **Rahu** 2:18PM – 3:57PM

Bava Until 2:29PM

Nataraja: Clear

2nd Phase

Creative Work Siddha Yoga

Moon – Purple

Sivaloka Day**Ekadashi*** Until 1:01AM Fri

Phalguna*Panguni

3**Friday, April 5, 2024**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Calgary, AB, Canada

Sun 11 Sutra 354

Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau

Kumbha Rasi: 6.53 Tithi 27

Gulika 7:41AM – 9:20AM**Shatabhishak** Until 3:00AM Sat**Ganesha:** Blue Sunrise: 6:02AM

Sobhana 5125

Yama 3:58PM – 5:37PM

Subha Until 5:44PM

Muruga: Clear Sunset: 7:17PM

Moon 3 - Phase 49 - 11

191547578 **Rahu** 11:00AM – 12:39PM

Kaulava Until 11:29AM

Nataraja: Clear

2nd Phase

Creative Work Siddha Yoga

Moon – Purple

Sivaloka Day

Until 3:00AM Sat

Dvadashi* Until 9:50PM

Phalguna*Panguni

Then Routine Work - Marana Yoga

4**Saturday, April 6, 2024**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam

Calgary, AB, Canada

Sun 12 Sutra 355

Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau

Kumbha Rasi: 21.46 Tithi 28

Gulika 5:59AM – 7:39AM**Purvaproshtapada*** Until 12:27AM Sun**Ganesha:** Red Sunrise: 5:59AM

Sobhana 5125

Yama 2:19PM – 3:59PM

Sukla Until 1:47PM

Muruga: Clear Sunset: 7:18PM

Moon 3 - Phase 49 - 12

111547578 **Rahu** 9:19AM – 10:59AM

Gara Until 8:09AM

Nataraja: Clear

2nd Phase

Routine Work Marana Yoga

Moon – Clear

Devaloka Day

Until 12:27AM Sun

Trayodashi* Until 6:24PM

Phalguna*Panguni

Then Creative Work - Amrita Yoga

*Pradosha Vrata (Fasting)***●****Sunday, April 7, 2024**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Calgary, AB, Canada

Sun 13 Sutra 356

Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Retreat Star

Meena Rasi: 6.49 Tithi 29 – 30

Gulika 3:59PM – 5:40PM**Uttaraproshtapada** Until 9:41PM**Ganesha:** Red Sunrise: 5:57AM

Sobhana 5125

Yama 12:39PM – 2:19PM

Brahma Until 9:44AM

Muruga: Clear Sunset: 7:20PM

Moon 3 - Phase 49 - 13

111547578 **Rahu** 5:40PM – 7:20PM

Catuspada Until 1:05AM Mon

Nataraja: Clear

Amavasya

Creative Work Amrita Yoga

Moon – Clear

Devaloka Day**Chaturdashi*** Until 2:51PM

Phalguna*Panguni

Monday, April 8, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam

Calgary, AB, Canada

Sun 14 Sutra 357

Revati Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Retreat Star

Meena Rasi: 21.52 Tithi 30 – 1

Gulika 2:19PM – 4:00PM**Revati** Until 6:52PM**Ganesha:** Red Sunrise: 5:55AM

Sobhana 5125

Yama 10:57AM – 12:38PM

Vaidhriti* Until 1:45AM Tue

Muruga: Clear Sunset: 7:22PM

Moon 3 - Phase 49 - 14

111547578 **Rahu** 7:36AM – 9:17AM

Kintughna Until 9:39PM

Nataraja: Clear

Prathama

Creative Work Siddha Yoga

Moon – Clear

Devaloka Day

Yugadhi

Amavasya* Until 11:20AM

Chaitra*Panguni

1	Tuesday, April 9, 2024	Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Calgary, AB, Canada Sun 15 Sutra 358 Sobhana 5125
	Mesha Rasi: 6.49 Tithi 1 – 2	Gulika 12:38PM – 2:19PM Ashvini Until 4:35PM Ganesha: Yellow Sunrise: 5:53AM	
	121547578	Yama 9:15AM – 10:57AM Vishkambha* Until 10:05PM Muruga: Clear Sunset: 7:23PM	Moon 3 - Phase 50 - 15
	Creative Work Siddha Yoga	Rahu 4:01PM – 5:42PM Balava Until 6:29PM Nataraja: Clear Moon – White	3rd Phase
	Chellappaswami Mahasamadhi	Prathama* Until 8:00AM	Devaloka Day Chaitra*Panguni

2	Wednesday, April 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau	Calgary, AB, Canada Sun 16 Sutra 359 Sobhana 5125
	Mesha Rasi: 21.29 Tithi 3	Gulika 10:56AM – 12:38PM Bharani Until 2:34PM Ganesha: Yellow Sunrise: 5:51AM	
	121547578	Yama 7:32AM – 9:14AM Priti Until 6:47PM Muruga: Clear Sunset: 7:25PM	Moon 3 - Phase 50 - 16
	Creative Work Siddha Yoga	Rahu 12:38PM – 2:20PM Taitila Until 3:44PM Nataraja: Clear Moon – White	3rd Phase
Until 2:34PM		Tritiya Until 2:33AM Thu	Devaloka Day Chaitra*Panguni
Then Creative Work - Amrita Yoga			

3	Thursday, April 11, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthayam Titau	Calgary, AB, Canada Sun 17 Sutra 360 Sobhana 5125
	Visshabha Rasi: 5.49 Tithi 4	Gulika 9:13AM – 10:55AM Krittika Until 12:58PM Ganesha: Yellow Sunrise: 5:49AM	
	121547578	Yama 5:49AM – 7:31AM Ayushman Until 3:57PM Muruga: Clear Sunset: 7:26PM	Moon 3 - Phase 50 - 17
	Routine Work Marana Yoga	Rahu 2:20PM – 4:02PM Vanija Until 1:34PM Nataraja: Clear Moon – White	3rd Phase
		Chaturthi* Until 12:42AM Fri	Devaloka Day Chaitra*Panguni

4	Friday, April 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Calgary, AB, Canada Sun 18 Sutra 361 Sobhana 5125
	Visshabha Rasi: 19.43 Tithi 5	Gulika 7:29AM – 9:12AM Rohini Until 12:20PM Ganesha: Clear Sunrise: 5:46AM	
	132547578	Yama 4:03PM – 5:45PM Saubhagya Until 1:41PM Muruga: Clear Sunset: 7:28PM	Moon 3 - Phase 50 - 18
	Routine Work Marana Yoga	Rahu 10:55AM – 12:37PM Bava Until 12:04PM Nataraja: Clear Moon – Yellow	3rd Phase
Until 12:20PM		Panchami Until 11:35PM	Devaloka Day Chaitra*Panguni
Then Creative Work - Siddha Yoga			

5	Saturday, April 13, 2024	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Calgary, AB, Canada Sun 19 Sutra 362 Sobhana 5125
	Mithuna Rasi: 3.11 Tithi 6	Gulika 5:44AM – 7:27AM Mrigashira Until 12:19PM Ganesha: Clear Sunrise: 5:44AM	
	132547578	Yama 2:20PM – 4:03PM Sobhana Until 12:04PM Muruga: Clear Sunset: 7:30PM	Moon 3 - Phase 50 - 19
	Creative Work Siddha Yoga	Rahu 9:11AM – 10:54AM Kaulava Until 11:20AM Nataraja: Clear Moon – Yellow	3rd Phase
		Shashthi* Until 11:16PM	Devaloka Day Chaitra*Chaitra

6	Sunday, April 14, 2024	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Calgary, AB, Canada Sun 20 Sutra 363 Krodhin 5126
	Mithuna Rasi: 16.13 Tithi 7	Gulika 4:04PM – 5:48PM Ardra Until 12:56PM Ganesha: White Sunrise: 5:42AM	
	232547578	Yama 12:37PM – 2:20PM Athiganda* Until 11:02AM Muruga: Clear Sunset: 7:31PM	Moon 3 - Phase 50 - 20
	Creative Work Siddha Yoga	Rahu 5:48PM – 7:31PM Gara Until 11:25AM Nataraja: Clear Moon – Yellow	3rd Phase
	Tamil New Year	Saptami Until 11:44PM	Bhuloka Day Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

D	Monday, April 15, 2024	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Calgary, AB, Canada Sun 21 Sutra 364 Krodhin 5126
	Retreat Star	Gulika 2:21PM – 4:05PM Punarvasu Until 2:36PM Ganesha: Clear Sunrise: 5:40AM	
	Mithuna Rasi: 28.52 Tithi 8	Yama 10:52AM – 12:36PM Sukarma Until 10:38AM Muruga: Clear Sunset: 7:33PM	Moon 3 - Phase 50 - 21
	Family Home Evening	242547578 Rahu 7:24AM – 9:08AM Visti Until 12:16PM Nataraja: Clear Moon – Blue	Ashtami
Creative Work Amrita Yoga		Ashtami* Until 12:56AM Tue	Devaloka Day Chaitra*Chaitra
Until 2:36PM			
Then Creative Work - Siddha Yoga			

	Tuesday, April 16, 2024	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Calgary, AB, Canada Sun 22 Sutra 1 Krodhin 5126
	Retreat Star	Gulika 12:36PM – 2:21PM Pushya Until 4:45PM Ganesha: Clear Sunrise: 5:38AM	
	Kataka Rasi: 11.13 Tithi 9	Yama 9:07AM – 10:52AM Dhriti Until 10:46AM Muruga: Clear Sunset: 7:35PM	Moon 3 - Phase 50 - 22
	242547578 Rahu 4:05PM – 5:50PM Balava Until 1:47PM Nataraja: Clear Moon – Blue	Navami	
Creative Work Siddha Yoga		Navami* Until 2:45AM Wed	Devaloka Day Chaitra*Chaitra
	Sri Rama Navami		

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Calgary, AB, Canada on 1/18/22

www.gurudeva.org/panchang

1**Wednesday, April 17, 2024**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam TitauCalgary, AB, Canada
Sun 23 Sutra 2

Kataka Rasi: 23.19 Tithi 10

Gulika 10:51AM – 12:36PM
Yama 7:21AM – 9:06AM
242547578 **Rahu** 12:36PM – 2:21PM**Ashlesha* Until 7:15PM**
Shula* Until 11:18AM
Taitila Until 3:51PM**Ganesha:** Clear *Sunrise:* 5:36AM
Muruga: Clear *Sunset:* 7:36PMMoon 3 - Phase 1 - 23
4th Phase

Creative Work Siddha Yoga

Dashami Until 5:01AM ThuMoon – Blue
Chaitra*Chaitra**Devaloka Day****2****Thursday, April 18, 2024**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ganda*/Vridhhi Yoga Vanija Karana Ekadashyam TitauCalgary, AB, Canada
Sun 24 Sutra 3

Simha Rasi: 5.14 Tithi 11

Gulika 9:05AM – 10:50AM
Yama 5:34AM – 7:19AM
252547578 **Rahu** 2:21PM – 4:07PM**Magha* Until 10:24PM**
Ganda* Until 12:10PM
Vanija Until 6:17PM**Ganesha:** Purple *Sunrise:* 5:34AM
Muruga: Clear *Sunset:* 7:38PMMoon 3 - Phase 1 - 24
4th Phase

Creative Work Amrita Yoga

Ekadashi Until 7:33AM FriMoon – Red
Chaitra*Chaitra**Bhuloka Day**

Until 10:24PM

Devaloka Time: 3:PM to 6:PM

Then Creative Work - Siddha Yoga

3**Friday, April 19, 2024**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam TitauCalgary, AB, Canada
Sun 25 Sutra 4

Simha Rasi: 17.04 Tithi 11 – 12

Gulika 7:18AM – 9:04AM
Yama 4:08PM – 5:54PM
252547578 **Rahu** 10:50AM – 12:36PM**Purvaphalguni Until 1:31AM Sat**
Vridhhi Until 1:12PM
Bava Until 8:53PM**Ganesha:** Purple *Sunrise:* 5:32AM
Muruga: Purple *Sunset:* 7:40PMMoon 3 - Phase 1 - 25
4th Phase

Creative Work Siddha Yoga

Ekadashi Until 7:33AMMoon – Red
Chaitra*Chaitra**Devaloka Day**

Until 1:31AM Sat

Then Routine Work - Marana Yoga

4**Saturday, April 20, 2024**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauCalgary, AB, Canada
Sun 26 Sutra 5

Simha Rasi: 28.52 Tithi 12 – 13

Gulika 5:30AM – 7:16AM
Yama 2:22PM – 4:08PM
252547578 **Rahu** 9:02AM – 10:49AM**Uttaraphalguni Until 4:26AM Sun**
Dhruva Until 2:14PM
Kaulava Until 11:28PM**Ganesha:** Purple *Sunrise:* 5:30AM
Muruga: Purple *Sunset:* 7:41PMMoon 3 - Phase 1 - 26
4th Phase

Routine Work Marana Yoga

Dvadashi Until 10:10AMMoon – Red
Chaitra*Chaitra**Devaloka Day**

Until 4:26AM Sun

Pradosha Vrata

Then Creative Work - Amrita Yoga

5**Sunday, April 21, 2024**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam TitauCalgary, AB, Canada
Sun 27 Sutra 6

Kanya Rasi: 10.41 Tithi 13 – 14

Gulika 4:09PM – 5:56PM
Yama 12:35PM – 2:22PM
262547578 **Rahu** 5:56PM – 7:43PM**Hasta Until 7:29AM Mon**
Vyaghata* Until 3:11PM
Gara Until 1:53AM Mon**Ganesha:** Clear *Sunrise:* 5:28AM
Muruga: Purple *Sunset:* 7:43PMMoon 3 - Phase 1 - 27
4th Phase

Creative Work Amrita Yoga

Trayodashi Until 12:41PMMoon – Green
Chaitra*Chaitra**Sivaloka Day**

Until 7:29AM Mon

Then Routine Work - Prabalarishta Yoga

**Monday, April 22, 2024****Copper Retreat Star**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauCalgary, AB, Canada
Sun 27 Sutra 7

Kanya Rasi: 22.35 Tithi 14 – 15

Gulika 2:22PM – 4:10PM
Yama 10:48AM – 12:35PM
262657578 **Rahu** 7:13AM – 9:00AM**Hasta Until 7:29AM**
Harshana Until 3:58PM
Visti Until 3:58AM Tue**Ganesha:** Purple *Sunrise:* 5:26AM
Muruga: Purple *Sunset:* 7:44PMMoon 3 - Phase 1 -
Purnima

Creative Work Siddha Yoga

Chaturdashi* Until 2:57PMMoon – Green
Chaitra*Chaitra**Subha Sivaloka Day**

Until 7:29AM

Chitra Purnima (Tamil Nadu)
Hanuman Jayanti

Then Routine Work - Prabalarishta Yoga

Tuesday, April 23, 2024**Silver Retreat Star**Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam TitauCalgary, AB, Canada
Sun 28 Sutra 8

Tula Rasi: 4.37 Tithi 15 – 16

Gulika 12:35PM – 2:23PM
Yama 8:59AM – 10:47AM
262657578 **Rahu** 4:10PM – 5:58PM**Chitra Until 10:02AM**
Vajra* Until 4:26PM
Balava Until 5:40AM Wed**Ganesha:** Purple *Sunrise:* 5:24AM
Muruga: Purple *Sunset:* 7:46PMMoon 3 - Phase 1 -
Prathama

Creative Work Siddha Yoga

Purnima* Until 4:51PMMoon – Green
Chaitra*Chaitra**Subha Sivaloka Day**