

**Saturday, May 6, 2023**  
**Gold Retreat Star**

Vrischika Rasi: 1.11 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Varyan/Parigha\* Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

**Gulika** 4:43AM – 6:30AM  
**Yama** 1:36PM – 3:22PM  
**Rahu** 8:16AM – 10:03AM

**Vishakha Until 9:43AM**  
 Varyan Until 5:50PM  
 Taitila Until 9:39PM  
**Prathama\* Until 10:24AM**

**Ganesha:** White *Sunrise:* 4:43AM  
**Muruga:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

Wheaton, IL  
 Sutra 20  
 Sobhana 5125  
 Moon 4 - Phase 4 - 1st Phase

**1 Sunday, May 7, 2023**

Vrischika Rasi: 15.01 Tithi 17 – 18

272996579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 3:23PM – 5:09PM  
**Yama** 11:49AM – 1:36PM  
**Rahu** 5:09PM – 6:56PM

**Anuradha Until 8:50AM**  
 Parigha\* Until 3:20PM  
 Vanija Until 7:49PM  
**Dvitiya Until 8:45AM**

**Ganesha:** White *Sunrise:* 4:42AM  
**Muruga:** Clear *Sunset:* 6:56PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

Wheaton, IL  
 Sun 1  
 Sutra 21  
 Sobhana 5125  
 Moon 4 - Phase 4 - 1st Phase

**2 Monday, May 8, 2023**

Vrischika Rasi: 29.02 Tithi 18 – 19

**Family Home Evening**

272196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Shiva/Siddha Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:36PM – 3:23PM  
**Yama** 10:02AM – 11:49AM  
**Rahu** 6:28AM – 8:15AM

**Jyeshtha\* Until 7:29AM**  
 Shiva Until 12:36PM  
 Balava Until 4:37AM Tue  
**Tritiya Until 6:47AM**

**Ganesha:** Blue *Sunrise:* 4:41AM  
**Muruga:** Clear *Sunset:* 6:57PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

Wheaton, IL  
 Sun 2  
 Sutra 22  
 Sobhana 5125  
 Moon 4 - Phase 4 - 2 1st Phase

**3 Tuesday, May 9, 2023**

Dhanus Rasi: 13.12 Tithi 20

282196579

Creative Work Amrita Yoga

Until 6:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:49AM – 1:36PM  
**Yama** 8:14AM – 10:02AM  
**Rahu** 3:24PM – 5:11PM

**Mula\* Until 6:12AM**  
 Siddha Until 9:42AM  
 Kaulava Until 3:29PM  
**Panchami Until 2:19AM Wed**

**Ganesha:** Red *Sunrise:* 4:40AM  
**Muruga:** Clear *Sunset:* 6:58PM  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Wheaton, IL  
 Sun 3  
 Sutra 23  
 Sobhana 5125  
 Moon 4 - Phase 4 - 3 1st Phase

**4 Wednesday, May 10, 2023**

Dhanus Rasi: 27.26 Tithi 21

283196579

Creative Work Amrita Yoga

Until 2:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarahadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:01AM – 11:49AM  
**Yama** 6:26AM – 8:14AM  
**Rahu** 11:49AM – 1:37PM

**Uttarahadha Until 2:58AM Thu**  
 Sadhya Until 6:44AM  
 Gara Until 1:10PM  
**Shashthi\* Until 11:59PM**

**Ganesha:** Blue *Sunrise:* 4:38AM  
**Muruga:** Clear *Sunset:* 6:59PM  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka\*Chaitra**

**Subha Sivaloka Day**

Wheaton, IL  
 Sun 4  
 Sutra 24  
 Sobhana 5125  
 Moon 4 - Phase 4 - 4 1st Phase

**5 Thursday, May 11, 2023**

Makara Rasi: 11.42 Tithi 22

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shravana Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:13AM – 10:01AM  
**Yama** 4:37AM – 6:25AM  
**Rahu** 1:37PM – 3:25PM

**Shravana Until 1:35AM Fri**  
 Sukla Until 12:48AM Fri  
 Visti Until 10:50AM  
**Saptami Until 9:40PM**

**Ganesha:** Red *Sunrise:* 4:37AM  
**Muruga:** Clear *Sunset:* 7:00PM  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Wheaton, IL  
 Sun 5  
 Sutra 25  
 Sobhana 5125  
 Moon 4 - Phase 4 - 5 1st Phase

**Chidambaram Abhishekam**

**Friday, May 12, 2023**  
**Retreat Star**

Makara Rasi: 25.56 Tithi 23

293196579

Creative Work Siddha Yoga

Until 12:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:24AM – 8:13AM  
**Yama** 3:25PM – 5:13PM  
**Rahu** 10:01AM – 11:49AM

**Dhanishtha Until 12:09AM Sat**  
 Brahma Until 9:55PM  
 Balava Until 8:34AM  
**Ashtami\* Until 7:26PM**

**Ganesha:** Red *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:01PM  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Wheaton, IL  
 Sun 6  
 Sutra 26  
 Sobhana 5125  
 Moon 4 - Phase 4 - 6 Ashtami

**Saturday, May 13, 2023**  
**Retreat Star**

Kumbha Rasi: 10.05 Tithi 24 – 25

293196579

Creative Work Amrita Yoga

Until 10:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Shatabhishak Nakshatra Indra Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

**Gulika** 4:35AM – 6:24AM  
**Yama** 1:37PM – 3:26PM  
**Rahu** 8:12AM – 10:00AM

**Shatabhishak Until 10:43PM**  
 Indra Until 7:10PM  
 Taitila Until 6:23AM  
**Navami\* Until 5:20PM**

**Ganesha:** Red *Sunrise:* 4:35AM  
**Muruga:** Clear *Sunset:* 7:02PM  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Wheaton, IL  
 Sun 7  
 Sutra 27  
 Sobhana 5125  
 Moon 4 - Phase 4 - 7 Navami

<b>1 Sunday, May 14, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Sun 8 Sutra 28	
Kumbha Rasi: 24.1	Tithi 25 – 26	<b>Gulika</b> 3:26PM – 5:15PM	<b>Purvaproshtapada* Until 9:43PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:34AM	Sobhana 5125
		Yama 11:49AM – 1:37PM	Vaidhriti* Until 4:31PM	<b>Muruga:</b> Clear	Sunset: 7:03PM	Moon 4 - Phase 5 - 8
		213196579 <b>Rahu</b> 5:15PM – 7:03PM	Bava Until 2:31AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 3:23PM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 9:43PM						
Then Creative Work - Amrita Yoga						

<b>2 Monday, May 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Sun 9 Sutra 29	
Meena Rasi: 8.07	Tithi 26 – 27	<b>Gulika</b> 1:38PM – 3:27PM	<b>Uttaraproshtapada Until 8:49PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:33AM	Sobhana 5125
		Yama 10:00AM – 11:49AM	Vishkambha* Until 2:03PM	<b>Muruga:</b> Clear	Sunset: 7:04PM	Moon 4 - Phase 5 - 9
<b>Family Home Evening</b>		213196579 <b>Rahu</b> 6:22AM – 8:11AM	Kaulava Until 12:54AM Tue	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 1:39PM</b>	Moon – Clear		<b>Sivaloka Day</b>

<b>3 Tuesday, May 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau			Sun 10 Sutra 30	
Meena Rasi: 21.55	Tithi 27 – 28	<b>Gulika</b> 11:49AM – 1:38PM	<b>Revati Until 8:02PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:32AM	Sobhana 5125
		Yama 8:11AM – 10:00AM	Priti Until 11:48AM	<b>Muruga:</b> Clear	Sunset: 7:05PM	Moon 4 - Phase 5 - 10
		213196579 <b>Rahu</b> 3:27PM – 5:16PM	Gara Until 11:34PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 12:10PM</b>	Moon – Clear		<b>Sivaloka Day</b>

Pradosha Vrata (Fasting)

<b>4 Wednesday, May 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 11 Sutra 31	
Mesha Rasi: 5.32	Tithi 28 – 29	<b>Gulika</b> 9:59AM – 11:49AM	<b>Ashvini Until 7:52PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:31AM	Sobhana 5125
		Yama 6:21AM – 8:10AM	Ayushman Until 9:47AM	<b>Muruga:</b> Clear	Sunset: 7:06PM	Moon 4 - Phase 5 - 11
		223196579 <b>Rahu</b> 11:49AM – 1:38PM	Visti Until 10:35PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 11:00AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 7:52PM						
Then Creative Work - Siddha Yoga						

<b>Thursday, May 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 12 Sutra 32	
Mesha Rasi: 18.57	Tithi 29 – 30	<b>Gulika</b> 8:10AM – 9:59AM	<b>Bharani Until 7:58PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:30AM	Sobhana 5125
		Yama 4:30AM – 6:20AM	Saubhagya Until 8:05AM	<b>Muruga:</b> Clear	Sunset: 7:07PM	Moon 4 - Phase 5 - 12
		223196579 <b>Rahu</b> 1:39PM – 3:28PM	Catuspada Until 10:00PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:13AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 7:58PM						
Then Routine Work - Marana Yoga						

<b>Friday, May 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 13 Sutra 33	
Virshabha Rasi: 2.08	Tithi 30 – 1	<b>Gulika</b> 6:19AM – 8:09AM	<b>Krittika Until 8:22PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:30AM	Sobhana 5125
		Yama 3:29PM – 5:18PM	Sobhana Until 6:45AM	<b>Muruga:</b> Clear	Sunset: 7:08PM	Moon 4 - Phase 5 - 13
		223196579 <b>Rahu</b> 9:59AM – 11:49AM	Kintughna Until 9:54PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:52AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 8:22PM						
Then Routine Work - Marana Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Wheaton, IL on 11/20/21

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, May 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 34	
Vrishabha Rasi: 15.04 Tithi 1 – 2		233196579		<b>Gulika</b> 4:29AM – 6:19AM Yama 1:39PM – 3:29PM <b>Rahu</b> 8:09AM – 9:59AM	<b>Rohini Until 9:35PM</b> Sukarma Until 5:13AM Sun Balava Until 10:19PM <b>Prathama* Until 10:01AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow Jyeshtha*Vaikasi	Sunrise: 4:29AM Sunset: 7:09PM Moon 4 - Phase 6 - 14 3rd Phase
Creative Work Amrita Yoga Until 9:35PM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>	
<b>2</b>		<b>Sunday, May 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15 Sutra 35	
Vrishabha Rasi: 27.44 Tithi 2 – 3		233196579		<b>Gulika</b> 3:30PM – 5:20PM Yama 11:49AM – 1:39PM <b>Rahu</b> 5:20PM – 7:10PM	<b>Mrigashira Until 11:08PM</b> Dhriti Until 5:05AM Mon Taitila Until 11:14PM <b>Dvitiya Until 10:42AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow Jyeshtha*Vaikasi	Sunrise: 4:28AM Sunset: 7:10PM Moon 4 - Phase 6 - 15 3rd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
<b>3</b>		<b>Monday, May 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 16 Sutra 36	
Mithuna Rasi: 10.11 Tithi 3 – 4		233196579		<b>Gulika</b> 1:40PM – 3:30PM Yama 9:59AM – 11:49AM <b>Rahu</b> 6:18AM – 8:08AM	<b>Ardra Until 1:01AM Tue</b> Shula* Until 5:18AM Tue Vanija Until 12:40AM Tue <b>Tritiya Until 11:52AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow Jyeshtha*Vaikasi	Sunrise: 4:27AM Sunset: 7:11PM Moon 4 - Phase 6 - 16 3rd Phase
Family Home Evening Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
<b>4</b>		<b>Tuesday, May 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17 Sutra 37	
Mithuna Rasi: 22.26 Tithi 4 – 5		243196579		<b>Gulika</b> 11:49AM – 1:40PM Yama 8:08AM – 9:58AM <b>Rahu</b> 3:31PM – 5:21PM	<b>Punarvasu Until 3:37AM Wed</b> Ganda* Until 5:50AM Wed Bava Until 2:30AM Wed <b>Chaturthi* Until 1:31PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue Jyeshtha*Vaikasi	Sunrise: 4:26AM Sunset: 7:12PM Moon 4 - Phase 6 - 17 3rd Phase
Creative Work Siddha Yoga						<b>Subha Sivaloka Day</b>	
<b>5</b>		<b>Wednesday, May 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18 Sutra 38	
Kataka Rasi: 4.31 Tithi 5 – 6		244196579		<b>Gulika</b> 9:58AM – 11:49AM Yama 6:16AM – 8:07AM <b>Rahu</b> 11:49AM – 1:40PM	<b>Pushya Until 6:22AM Thu</b> Vriddhi Until 6:37AM Thu Kaulava Until 4:40AM Thu <b>Panchami Until 3:32PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue Jyeshtha*Vaikasi	Sunrise: 4:26AM Sunset: 7:13PM Moon 4 - Phase 6 - 18 3rd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
<b>6</b>		<b>Thursday, May 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19 Sutra 39	
Kataka Rasi: 16.28 Tithi 6 – 7		244196579		<b>Gulika</b> 8:07AM – 9:58AM Yama 4:25AM – 6:16AM <b>Rahu</b> 1:40PM – 3:32PM	<b>Pushya Until 6:22AM</b> Vriddhi Until 6:37AM Gara Until 6:59AM Fri <b>Shashthi* Until 5:48PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue Jyeshtha*Vaikasi	Sunrise: 4:25AM Sunset: 7:14PM Moon 4 - Phase 6 - 19 3rd Phase
Creative Work Amrita Yoga Until 6:22AM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>	
<b>Retreat Star</b>		<b>Friday, May 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 40	
Kataka Rasi: 28.22 Tithi 7		344196579		<b>Gulika</b> 6:15AM – 8:07AM Yama 3:32PM – 5:23PM <b>Rahu</b> 9:58AM – 11:49AM	<b>Ashlesha* Until 9:05AM</b> Dhruva Until 7:29AM Gara Until 6:59AM <b>Saptami Until 8:08PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue Jyeshtha*Vaikasi	Sunrise: 4:24AM Sunset: 7:15PM Moon 4 - Phase 6 - 20 3rd Phase
Routine Work Marana Yoga						<b>Devaloka Day</b>	
<b>Retreat Star</b>		<b>Saturday, May 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 41	
Simha Rasi: 10.17 Tithi 8		354196579		<b>Gulika</b> 4:23AM – 6:15AM Yama 1:41PM – 3:33PM <b>Rahu</b> 8:07AM – 9:58AM	<b>Magha* Until 12:07PM</b> Vyaghata* Until 8:21AM Visti Until 9:18AM <b>Ashtami* Until 10:21PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Red Jyeshtha*Vaikasi	Sunrise: 4:23AM Sunset: 7:16PM Moon 4 - Phase 6 - 21 Ashtami
Creative Work Amrita Yoga Until 12:07PM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>	
<b>Retreat Star</b>		<b>Sunday, May 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 42	
Simha Rasi: 22.16 Tithi 9		354196579		<b>Gulika</b> 3:33PM – 5:25PM Yama 11:50AM – 1:41PM <b>Rahu</b> 5:25PM – 7:16PM	<b>Purvaphalguni Until 2:44PM</b> Harshana Until 9:04AM Balava Until 11:22AM <b>Navami* Until 12:14AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Red Jyeshtha*Vaikasi	Sunrise: 4:23AM Sunset: 7:16PM Moon 4 - Phase 6 - 22 Navami
Creative Work Siddha Yoga Until 2:44PM Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b>	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1 Monday, May 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 43 Sobhana 5125	
Kanya Rasi: 4.23	Tithi 10	<b>Gulika</b> 1:42PM – 3:34PM	<b>Uttaraphalguni</b> Until 4:45PM	<b>Ganesha:</b> Clear	Sunrise: 4:22AM
<b>Family Home Evening</b>	354196579	Yama 9:58AM – 11:50AM	Vajra* Until 9:26AM	<b>Muruga:</b> Clear	Sunset: 7:17PM
Creative Work	Siddha Yoga	<b>Rahu</b> 6:14AM – 8:06AM	Taitila Until 1:01PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - 23
			<b>Dashami</b> Until 1:36AM Tue	Moon – Red	4th Phase
				<b>Jyeshtha</b> *Vaikasi	<b>Sivaloka Day</b>

<b>2 Tuesday, May 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 44 Sobhana 5125	
Kanya Rasi: 16.46	Tithi 11	<b>Gulika</b> 11:50AM – 1:42PM	<b>Hasta</b> Until 6:29PM	<b>Ganesha:</b> Purple	Sunrise: 4:22AM
	364196579	Yama 8:06AM – 9:58AM	Siddhi Until 9:22AM	<b>Muruga:</b> Clear	Sunset: 7:17PM
Creative Work	Siddha Yoga	<b>Rahu</b> 3:34PM – 5:26PM	Vanija Until 2:03PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - 24
			<b>Ekadashi</b> Until 2:16AM Wed	Moon – Green	4th Phase
				<b>Jyeshtha</b> *Vaikasi	<b>Devaloka Day</b>

<b>3 Wednesday, May 31, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 45 Sobhana 5125	
Kanya Rasi: 29.28	Tithi 12	<b>Gulika</b> 9:58AM – 11:50AM	<b>Chitra</b> Until 7:19PM	<b>Ganesha:</b> Purple	Sunrise: 4:21AM
	364196579	Yama 6:13AM – 8:06AM	Vyatipata* Until 8:45AM	<b>Muruga:</b> Clear	Sunset: 7:19PM
Creative Work	Siddha Yoga	<b>Rahu</b> 11:50AM – 1:42PM	Bava Until 2:21PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - 25
			<b>Dvodashi</b> Until 2:11AM Thu	Moon – Green	4th Phase
				<b>Jyeshtha</b> *Vaikasi	<b>Devaloka Day</b>

<b>4 Thursday, June 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Paigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 46 Sobhana 5125	
Tula Rasi: 12.31	Tithi 13	<b>Gulika</b> 8:05AM – 9:58AM	<b>Svati</b> Until 7:15PM	<b>Ganesha:</b> Clear	Sunrise: 4:21AM
	364296579	Yama 4:21AM – 6:13AM	Varyan Until 7:30AM	<b>Muruga:</b> Clear	Sunset: 7:20PM
Creative Work	Amrita Yoga	<b>Rahu</b> 1:43PM – 3:35PM	Kaulava Until 1:53PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - 26
Until 7:15PM			<b>Trayodashi</b> Until 1:21AM Fri	Moon – Green	4th Phase
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	<b>Jyeshtha</b> *Vaikasi	<b>Sivaloka Day</b>

<b>5 Friday, June 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 47 Sobhana 5125	
Tula Rasi: 25.59	Tithi 14	<b>Gulika</b> 6:13AM – 8:05AM	<b>Vishakha</b> Until 6:47PM	<b>Ganesha:</b> White	Sunrise: 4:20AM
	374296579	Yama 3:35PM – 5:28PM	Shiva Until 3:19AM Sat	<b>Muruga:</b> Clear	Sunset: 7:20PM
Creative Work	Siddha Yoga	<b>Rahu</b> 9:58AM – 11:50AM	Gara Until 12:41PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - 27
		<b>Vaikasi Visakam</b>	<b>Chaturdashi*</b> Until 11:49PM	Moon – Orange	4th Phase
				<b>Jyeshtha</b> *Vaikasi	<b>Subha Sivaloka Day</b>

<b>6 Saturday, June 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 48 Sobhana 5125	
Vrischika Rasi: 9.51	Tithi 15	<b>Gulika</b> 4:20AM – 6:13AM	<b>Anuradha</b> Until 5:34PM	<b>Ganesha:</b> White	Sunrise: 4:20AM
	374296579	Yama 1:43PM – 3:36PM	Siddha Until 12:28AM Sun	<b>Muruga:</b> Clear	Sunset: 7:21PM
Creative Work	Siddha Yoga	<b>Rahu</b> 8:05AM – 9:58AM	Visti Until 10:51AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - Purnima
			<b>Purnima*</b> Until 9:43PM	Moon – Orange	
				<b>Jyeshtha</b> *Vaikasi	<b>Subha Sivaloka Day</b>

<b>7 Sunday, June 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 49 Sobhana 5125	
Vrischika Rasi: 24.03	Tithi 16	<b>Gulika</b> 3:36PM – 5:29PM	<b>Jyeshtha*</b> Until 3:45PM	<b>Ganesha:</b> White	Sunrise: 4:20AM
	374296579	Yama 11:51AM – 1:43PM	Sadhya Until 9:18PM	<b>Muruga:</b> Clear	Sunset: 7:22PM
Routine Work	Marana Yoga	<b>Rahu</b> 5:29PM – 7:22PM	Balava Until 8:30AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 7 - Prathama
Until 3:45PM			<b>Prathama*</b> Until 7:10PM	Moon – Orange	
Then Creative Work - Amrita Yoga				<b>Jyeshtha</b> *Vaikasi	<b>Subha Sivaloka Day</b>

**Monday, June 5, 2023**  
**Gold Retreat Star**

Dhanus Rasi: 8.32 Tithi 17 – 18  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 1:53PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Mula\*/Purvashadha\* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 1:44PM – 3:37PM**  
 Yama 9:58AM – 11:51AM  
**Rahu 6:12AM – 8:05AM**  
**Mula\* Until 1:53PM**  
 Subha Until 5:55PM  
 Vanija Until 2:53AM Tue  
**Dvitiya Until 4:20PM**  
**Ganesha: Yellow** Sunrise: 4:19AM  
**Muruga: Clear** Sunset: 7:22PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Sun 1  
 Sutra 50  
 Sobhana 5125  
 Moon 5 - Phase 8 - 1  
 1st Phase

**Sivaloka Day**

**1** **Tuesday, June 6, 2023**

Dhanus Rasi: 23.09 Tithi 18 – 19  
 Creative Work Siddha Yoga  
 Until 11:44AM  
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 11:51AM – 1:44PM**  
 Yama 8:05AM – 9:58AM  
**Rahu 3:37PM – 5:30PM**  
**Purvashadha\* Until 11:44AM**  
 Sukla Until 2:24PM  
 Bava Until 11:53PM  
**Tritiya Until 1:22PM**  
**Ganesha: White** Sunrise: 4:19AM  
**Muruga: Clear** Sunset: 7:23PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Sun 2  
 Sutra 51  
 Sobhana 5125  
 Moon 5 - Phase 8 - 2  
 1st Phase

**Devaloka Day**

**2** **Wednesday, June 7, 2023**

Makara Rasi: 7.49 Tithi 19 – 20  
 Creative Work Amrita Yoga  
 Until 9:26AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 9:58AM – 11:51AM**  
 Yama 6:12AM – 8:05AM  
**Rahu 11:51AM – 1:44PM**  
**Uttarashadha Until 9:26AM**  
 Brahma Until 10:54AM  
 Kaulava Until 8:57PM  
**Chaturthi\* Until 10:23AM**  
**Ganesha: White** Sunrise: 4:19AM  
**Muruga: Clear** Sunset: 7:24PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Sun 3  
 Sutra 52  
 Sobhana 5125  
 Moon 5 - Phase 8 - 3  
 1st Phase

**Devaloka Day**

**3** **Thursday, June 8, 2023**

Makara Rasi: 22.24 Tithi 20 – 21  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shravana/Dhanishtha Nakshatra Indra/Vaidhiti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 8:05AM – 9:58AM**  
 Yama 4:18AM – 6:12AM  
**Rahu 1:45PM – 3:38PM**  
**Shravana Until 7:31AM**  
 Indra Until 7:31AM  
 Gara Until 6:13PM  
**Panchami Until 7:32AM**  
**Ganesha: Yellow** Sunrise: 4:18AM  
**Muruga: Clear** Sunset: 7:24PM  
**Nataraja: Blue**  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Sun 4  
 Sutra 53  
 Sobhana 5125  
 Moon 5 - Phase 8 - 4  
 1st Phase

**Sivaloka Day**

**4** **Friday, June 9, 2023**

Kumbha Rasi: 6.5 Tithi 22  
 Creative Work Siddha Yoga  
 Until 4:04AM Sat  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Shatabhishak Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 6:12AM – 8:05AM**  
 Yama 3:38PM – 5:32PM  
**Rahu 9:58AM – 11:52AM**  
**Shatabhishak Until 4:04AM Sat**  
 Vishkambha\* Until 1:21AM Sat  
 Visti Until 3:44PM  
**Saptami Until 2:36AM Sat**  
**Ganesha: Yellow** Sunrise: 4:18AM  
**Muruga: Clear** Sunset: 7:25PM  
**Nataraja: Blue**  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Sun 5  
 Sutra 54  
 Sobhana 5125  
 Moon 5 - Phase 8 - 5  
 1st Phase

**Sivaloka Day**

**Retreat Star** **Saturday, June 10, 2023**

Kumbha Rasi: 21.02 Tithi 23  
 Routine Work Marana Yoga  
 Until 3:05AM Sun  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Purvaproshtpada\* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 4:18AM – 6:11AM**  
 Yama 1:45PM – 3:39PM  
**Rahu 8:05AM – 9:58AM**  
**Purvaproshtpada\* Until 3:05AM Sun**  
 Priti Until 10:44PM  
 Balava Until 1:37PM  
**Ashtami\* Until 12:40AM Sun**  
**Ganesha: Clear** Sunrise: 4:18AM  
**Muruga: Clear** Sunset: 7:25PM  
**Nataraja: Blue**  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Sun 6  
 Sutra 55  
 Sobhana 5125  
 Moon 5 - Phase 8 - 6  
 Ashtami

**Sivaloka Day**

**Retreat Star** **Sunday, June 11, 2023**

Meena Rasi: 5.01 Tithi 24  
 Creative Work Amrita Yoga  
 Until 2:22AM Mon  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 3:39PM – 5:32PM**  
 Yama 11:52AM – 1:45PM  
**Rahu 5:32PM – 7:26PM**  
**Uttaraproshtpada Until 2:22AM Mon**  
 Ayushman Until 8:24PM  
 Taitila Until 11:53AM  
**Navami\* Until 11:09PM**  
**Ganesha: Clear** Sunrise: 4:18AM  
**Muruga: Clear** Sunset: 7:26PM  
**Nataraja: Blue**  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Sun 7  
 Sutra 56  
 Sobhana 5125  
 Moon 5 - Phase 8 - 7  
 Navami

**Sivaloka Day**

**Monday, June 12, 2023**

**1**  
 Meena Rasi: 18.43 Tithi 25  
**Family Home Evening**  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Revati Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Dashamyam Titau  
**Gulika 1:46PM – 3:39PM**  
 Yama 9:59AM – 11:52AM  
**Rahu 6:11AM – 8:05AM**  
**Revati Until 1:55AM Tue**  
 Saubhagya Until 6:26PM  
 Vanija Until 10:33AM  
**Dashami Until 10:02PM**

Sun 8 Sutra 57  
 Sobhana 5125  
 Moon 5 - Phase 9 - 8  
 2nd Phase  
**Sivaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:18AM  
**Muruga:** Clear *Sunset:* 7:26PM  
**Nataraja:** Blue  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

**Tuesday, June 13, 2023**

**2**  
 Mesha Rasi: 2.11 Tithi 26  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Ekadashyam Titau  
**Gulika 11:52AM – 1:46PM**  
 Yama 8:05AM – 9:59AM  
**Rahu 3:40PM – 5:33PM**  
**Ashvini Until 2:10AM Wed**  
 Sobhana Until 4:49PM  
 Bava Until 9:39AM  
**Ekadashi\* Until 9:20PM**

Sun 9 Sutra 58  
 Sobhana 5125  
 Moon 5 - Phase 9 - 9  
 2nd Phase  
**Devaloka Day**  
**Ganesh:** White *Sunrise:* 4:18AM  
**Muruga:** Clear *Sunset:* 7:27PM  
**Nataraja:** Blue  
 Moon – White  
**Jyeshtha\*Vaikasi**

**Wednesday, June 14, 2023**

**3**  
 Mesha Rasi: 15.25 Tithi 27  
 Creative Work Siddha Yoga  
 Until 2:41AM Thu  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau  
**Gulika 9:59AM – 11:53AM**  
 Yama 6:11AM – 8:05AM  
**Rahu 11:53AM – 1:46PM**  
**Bharani Until 2:41AM Thu**  
 Athiganda\* Until 3:30PM  
 Kaulava Until 9:10AM  
**Dvadashi\* Until 9:03PM**

Sun 10 Sutra 59  
 Sobhana 5125  
 Moon 5 - Phase 9 - 10  
 2nd Phase  
**Devaloka Day**  
**Ganesh:** White *Sunrise:* 4:18AM  
**Muruga:** Clear *Sunset:* 7:27PM  
**Nataraja:** Blue  
 Moon – White  
**Jyeshtha\*Vaikasi**

**Thursday, June 15, 2023**

**4**  
 Mesha Rasi: 28.26 Tithi 28  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
 Kritika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau  
**Gulika 8:05AM – 9:59AM**  
 Yama 4:18AM – 6:11AM  
**Rahu 1:46PM – 3:40PM**  
**Krittika Until 3:27AM Fri**  
 Sukarma Until 2:31PM  
 Gara Until 9:05AM  
**Trayodashi\* Until 9:10PM**

Sun 11 Sutra 60  
 Sobhana 5125  
 Moon 5 - Phase 9 - 11  
 2nd Phase  
**Sivaloka Day**  
**Ganesh:** Yellow *Sunrise:* 4:18AM  
**Muruga:** Clear *Sunset:* 7:28PM  
**Nataraja:** Blue  
 Moon – White  
**Jyeshtha\*Ani**

*Pradosha Vrata (Fasting)***Friday, June 16, 2023**

**5**  
 Vrishabha Rasi: 11.16 Tithi 29  
 Routine Work Marana Yoga  
 Until 4:55AM Sat  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini Nakshatra Dhriti/Shula\* Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau  
**Gulika 6:11AM – 8:05AM**  
 Yama 3:41PM – 5:34PM  
**Rahu 9:59AM – 11:53AM**  
**Rohini Until 4:55AM Sat**  
 Dhriti Until 1:52PM  
 Visti Until 9:24AM  
**Chaturdashi\* Until 9:42PM**

Sun 12 Sutra 61  
 Sobhana 5125  
 Moon 5 - Phase 9 - 12  
 2nd Phase  
**Sivaloka Day**  
**Ganesh:** Red *Sunrise:* 4:18AM  
**Muruga:** Clear *Sunset:* 7:28PM  
**Nataraja:** Blue  
 Moon – Yellow  
**Jyeshtha\*Ani**

**Saturday, June 17, 2023****Retreat Star**

Vrishabha Rasi: 23.53 Tithi 30  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira Nakshatra Shula\*/Ganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau  
**Gulika 4:18AM – 6:12AM**  
 Yama 1:47PM – 3:41PM  
**Rahu 8:05AM – 9:59AM**  
**Mrigashira Until 6:36AM Sun**  
 Shula\* Until 1:31PM  
 Catuspada Until 10:08AM  
**Amavasya\* Until 10:38PM**

Sun 13 Sutra 62  
 Sobhana 5125  
 Moon 5 - Phase 9 - 13  
 Amavasya  
**Sivaloka Day**  
**Ganesh:** Red *Sunrise:* 4:18AM  
**Muruga:** Clear *Sunset:* 7:29PM  
**Nataraja:** Blue  
 Moon – Yellow  
**Jyeshtha\*Ani**

**Sunday, June 18, 2023****Retreat Star**

Mithuna Rasi: 6.2 Tithi 1  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Ganda\*/Vridhhi Yoga Kintughna\*/Bava Karana Prathamayam Titau  
**Gulika 3:41PM – 5:35PM**  
 Yama 11:53AM – 1:47PM  
**Rahu 5:35PM – 7:29PM**  
**Mrigashira Until 6:36AM**  
 Ganda\* Until 1:29PM  
 Kintughna Until 11:16AM  
**Prathama\* Until 11:57PM**

Sun 14 Sutra 63  
 Sobhana 5125  
 Moon 5 - Phase 9 - 14  
 Prathama  
**Sivaloka Day**  
**Ganesh:** Red *Sunrise:* 4:18AM  
**Muruga:** Yellow *Sunset:* 7:29PM  
**Nataraja:** Blue  
 Moon – Yellow  
**Ashada\*Ani**

**Father's Day**

<b>Monday, June 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 64 Sobhana 5125	
<b>1</b>	Mithuna Rasi: 18.37 Tithi 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 8:31AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:47PM – 3:41PM Yama 10:00AM – 11:54AM <b>Rahu</b> 6:12AM – 8:06AM	<b>Ardra Until 8:31AM</b> Vriddhi Until 1:46PM Balava Until 12:47PM <b>Dvitiya Until 1:39AM Tue</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Yellow <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:18AM <b>Sunset:</b> 7:29PM Moon 5 - Phase 10 - 15 3rd Phase <b>Sivaloka Day</b>

<b>Tuesday, June 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 65 Sobhana 5125	
<b>2</b>	Kataka Rasi: 0.45 Tithi 3 346216571 Creative Work Siddha Yoga	<b>Gulika</b> 11:54AM – 1:48PM Yama 8:06AM – 10:00AM <b>Rahu</b> 3:42PM – 5:35PM	<b>Punarvasu Until 11:07AM</b> Dhruva Until 2:17PM Taitila Until 2:38PM <b>Tritiya Until 3:40AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:18AM <b>Sunset:</b> 7:29PM Moon 5 - Phase 10 - 16 3rd Phase <b>Sivaloka Day</b>

<b>Wednesday, June 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Sun 17 Sutra 66 Sobhana 5125	
<b>3</b>	Kataka Rasi: 12.46 Tithi 4 346216571 Creative Work Siddha Yoga	<b>Gulika</b> 10:00AM – 11:54AM Yama 6:12AM – 8:06AM <b>Rahu</b> 11:54AM – 1:48PM	<b>Pushya Until 1:49PM</b> Vyaghata* Until 3:03PM Vanija Until 4:48PM <b>Chaturthi* Until 5:56AM Thu</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:18AM <b>Sunset:</b> 7:30PM Moon 5 - Phase 10 - 17 3rd Phase <b>Sivaloka Day</b>

<b>Thursday, June 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava Karana Panchamyam Titau		Sun 18 Sutra 67 Sobhana 5125	
<b>4</b>	Kataka Rasi: 24.41 Tithi 5 347216571 Creative Work Siddha Yoga Until 4:34PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:06AM – 10:00AM Yama 4:19AM – 6:12AM <b>Rahu</b> 1:48PM – 3:42PM	<b>Ashlesha* Until 4:34PM</b> Harshana Until 3:59PM Bava Until 7:09PM <b>Panchami Until 8:20AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:19AM <b>Sunset:</b> 7:30PM Moon 5 - Phase 10 - 18 3rd Phase <b>Devaloka Day</b>

<b>Friday, June 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 68 Sobhana 5125	
<b>5</b>	Simha Rasi: 6.32 Tithi 5 – 6 357216571 Routine Work Marana Yoga Until 7:43PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:13AM – 8:07AM Yama 3:42PM – 5:36PM <b>Rahu</b> 10:00AM – 11:54AM	<b>Magha* Until 7:43PM</b> Vajra* Until 4:56PM Kaulava Until 9:33PM <b>Panchami Until 8:20AM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:19AM <b>Sunset:</b> 7:30PM Moon 5 - Phase 10 - 19 3rd Phase <b>Sivaloka Day</b>

<b>Saturday, June 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 69 Sobhana 5125	
<b>6</b>	Simha Rasi: 18.25 Tithi 6 – 7 357216571 Creative Work Siddha Yoga Until 10:35PM Then Routine Work - Marana Yoga	<b>Gulika</b> 4:19AM – 6:13AM Yama 1:48PM – 3:42PM <b>Rahu</b> 8:07AM – 10:01AM	<b>Purvaphalguni Until 10:35PM</b> Siddhi Until 5:50PM Gara Until 11:50PM <b>Shashthi* Until 10:42AM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:19AM <b>Sunset:</b> 7:30PM Moon 5 - Phase 10 - 20 3rd Phase <b>Sivaloka Day</b>

<b>Sunday, June 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bharu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 70 Sobhana 5125	
<b>Retreat Star</b>	Kanya Rasi: 0.22 Tithi 7 – 8 357216571 Creative Work Amrita Yoga Until 12:59AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:42PM – 5:36PM Yama 11:55AM – 1:49PM <b>Rahu</b> 5:36PM – 7:30PM	<b>Uttaraphalguni Until 12:59AM Mon</b> Vyatipata* Until 6:32PM Visti Until 1:46AM Mon <b>Saptami Until 12:50PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:19AM <b>Sunset:</b> 7:30PM Moon 5 - Phase 10 - 21 Ashtami <b>Sivaloka Day</b>

<b>Monday, June 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 71 Sobhana 5125	
<b>Retreat Star</b>	Kanya Rasi: 12.27 Tithi 8 – 9 367316571 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:49PM – 3:43PM Yama 10:01AM – 11:55AM <b>Rahu</b> 6:14AM – 8:07AM	<b>Hasta Until 3:10AM Tue</b> Variyan Until 6:49PM Balava Until 3:09AM Tue <b>Ashtami* Until 2:31PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Green <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:30PM Moon 5 - Phase 10 - 22 Navami <b>Sivaloka Day</b>

<b>1 Tuesday, June 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Gama Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 72	
Kanya Rasi: 24.48	Tithi 9 – 10	<b>Gulika</b> 11:55AM – 1:49PM	<b>Chitra Until 4:29AM Wed</b>	<b>Ganesha:</b> Clear	Sunrise: 4:20AM
		Yama 8:08AM – 10:01AM	Parigha* Until 6:35PM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
		367316571 <b>Rahu</b> 3:43PM – 5:36PM	Taitila Until 3:48AM Wed	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 23
Creative Work	Siddha Yoga		<b>Navami* Until 3:33PM</b>	Moon – Green	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>2 Wednesday, June 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 73	
Tula Rasi: 7.28	Tithi 10 – 11	<b>Gulika</b> 10:02AM – 11:55AM	<b>Svati Until 4:49AM Thu</b>	<b>Ganesha:</b> Clear	Sunrise: 4:21AM
		Yama 6:14AM – 8:08AM	Shiva Until 5:44PM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
		367316571 <b>Rahu</b> 11:55AM – 1:49PM	Vanija Until 3:37AM Thu	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 24
Creative Work	Siddha Yoga		<b>Dashami Until 3:48PM</b>	Moon – Green	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>3 Thursday, June 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 74	
Tula Rasi: 20.34	Tithi 11 – 12	<b>Gulika</b> 8:08AM – 10:02AM	<b>Vishakha Until 4:38AM Fri</b>	<b>Ganesha:</b> Clear	Sunrise: 4:21AM
		Yama 4:21AM – 6:15AM	Siddha Until 4:11PM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
		378316571 <b>Rahu</b> 1:49PM – 3:43PM	Bava Until 2:35AM Fri	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 25
Creative Work	Siddha Yoga		<b>Ekadashi Until 3:11PM</b>	Moon – Orange	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>4 Friday, June 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 75	
Vrischika Rasi: 4.06	Tithi 12 – 13	<b>Gulika</b> 6:15AM – 8:09AM	<b>Anuradha Until 3:32AM Sat</b>	<b>Ganesha:</b> Clear	Sunrise: 4:21AM
		Yama 3:43PM – 5:37PM	Sadhya Until 1:59PM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
		378316571 <b>Rahu</b> 10:02AM – 11:56AM	Kaulava Until 12:47AM Sat	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 26
Creative Work	Siddha Yoga		<b>Dvadashi Until 1:45PM</b>	Moon – Orange	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	
				Pradosha Vrata	

<b>5 Saturday, July 1, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 76	
Vrischika Rasi: 18.07	Tithi 13 – 14	<b>Gulika</b> 4:22AM – 6:15AM	<b>Jyeshtha* Until 1:38AM Sun</b>	<b>Ganesha:</b> Clear	Sunrise: 4:22AM
		Yama 1:49PM – 3:43PM	Subha Until 11:12AM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
		378316571 <b>Rahu</b> 8:09AM – 10:02AM	Gara Until 10:18PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 27
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:36AM</b>	Moon – Orange	4th Phase
Until 1:38AM Sun				<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashada*Ani	

<b>○ Sunday, July 2, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 77	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:43PM – 5:36PM	<b>Mula* Until 11:31PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:22AM
Dhanus Rasi: 2.34	Tithi 14 – 15	Yama 11:56AM – 1:50PM	Sukla Until 7:54AM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
		388316571 <b>Rahu</b> 5:36PM – 7:30PM	Visti Until 7:18PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 8:50AM</b>	Moon – Light Blue	
Until 11:31PM				<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Satguru Purnima</b>		Ashada*Ani	

<b>Monday, July 3, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 27 Sutra 78	
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:43PM	<b>Purvashadha* Until 8:56PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:23AM
Dhanus Rasi: 17.2	Tithi 16	Yama 10:03AM – 11:56AM	Indra Until 12:21AM Tue	<b>Muruga:</b> Yellow	Sunset: 7:30PM
<b>Family Home Evening</b>		388316571 <b>Rahu</b> 6:16AM – 8:10AM	Balava Until 3:57PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 2:11AM Tue</b>	Moon – Light Blue	
				<b>Devaloka Day</b>	
				Ashada*Ani	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



**Tuesday, July 4, 2023**  
**Gold Retreat Star**

Makara Rasi: 2.2 Tithi 17  
 388316571  
 Routine Work Prabalarishta Yoga  
 Until 6:05PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Uttarashadha Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 11:57AM – 1:50PM**  
 Yama 8:10AM – 10:03AM  
**Rahu 3:43PM – 5:36PM**  
**Uttarashadha Until 6:05PM**  
 Vaidhriti\* Until 8:20PM  
 Taitila Until 12:25PM  
**Dvitiya Until 10:37PM**

**Ganesha: Purple** Sunrise: 4:24AM  
**Muruga: Yellow** Sunset: 7:29PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Ashada\*Ani**  
**Devaloka Day**  
 Wheaton, IL Sutra 79  
 Sobhana 5125  
 Moon 6 - Phase 12 - 1st Phase

**1**  
**Wednesday, July 5, 2023**

Makara Rasi: 17.22 Tithi 18  
 399316571  
 Creative Work Siddha Yoga  
 Until 3:31PM  
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
 Shrivana/Dhanishtha Nakshatra Vishkambha\*Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 10:04AM – 11:57AM**  
 Yama 6:17AM – 8:10AM  
**Rahu 11:57AM – 1:50PM**  
**Shrivana Until 3:31PM**  
 Vishkambha\* Until 4:23PM  
 Vanija Until 8:52AM  
**Tritiya Until 7:07PM**

**Ganesha: Purple** Sunrise: 4:24AM  
**Muruga: Yellow** Sunset: 7:29PM  
**Nataraja: Blue**  
 Moon – Purple  
**Ashada\*Ani**  
**Subha Sivaloka Day**  
 Wheaton, IL Sutra 80  
 Sobhana 5125  
 Moon 6 - Phase 12 - 1st Phase

**2**  
**Thursday, July 6, 2023**

Kumbha Rasi: 2.19 Tithi 19 – 20  
 499316571  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 8:11AM – 10:04AM**  
 Yama 4:25AM – 6:18AM  
**Rahu 1:50PM – 3:43PM**  
**Dhanishtha Until 1:01PM**  
 Priti Until 12:36PM  
 Kaulava Until 2:20AM Fri  
**Chaturthi\* Until 3:50PM**

**Ganesha: Clear** Sunrise: 4:25AM  
**Muruga: Yellow** Sunset: 7:29PM  
**Nataraja: Blue**  
 Moon – Purple  
**Ashada\*Ani**  
**Sivaloka Day**  
 Wheaton, IL Sutra 81  
 Sobhana 5125  
 Moon 6 - Phase 12 - 2nd Phase

**3**  
**Friday, July 7, 2023**

Kumbha Rasi: 17.03 Tithi 20 – 21  
 499316571  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 6:18AM – 8:11AM**  
 Yama 3:43PM – 5:36PM  
**Rahu 10:04AM – 11:57AM**  
**Shatabhishak Until 10:43AM**  
 Ayushman Until 9:04AM  
 Gara Until 11:37PM  
**Panchami Until 12:54PM**

**Ganesha: Clear** Sunrise: 4:25AM  
**Muruga: Yellow** Sunset: 7:29PM  
**Nataraja: Blue**  
 Moon – Purple  
**Ashada\*Ani**  
**Sivaloka Day**  
 Wheaton, IL Sutra 82  
 Sobhana 5125  
 Moon 6 - Phase 12 - 3rd Phase

**4**  
**Saturday, July 8, 2023**

Meena Rasi: 1.27 Tithi 21 – 22  
 419316571  
 Routine Work Marana Yoga  
 Until 9:09AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
 Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 4:26AM – 6:19AM**  
 Yama 1:50PM – 3:43PM  
**Rahu 8:12AM – 10:04AM**  
**Purvaproshtapada\* Until 9:09AM**  
 Sobhana Until 3:15AM Sun  
 Visti Until 9:26PM  
**Shashthi\* Until 10:26AM**

**Ganesha: Yellow** Sunrise: 4:26AM  
**Muruga: Yellow** Sunset: 7:28PM  
**Nataraja: Blue**  
 Moon – Clear  
**Ashada\*Ani**  
**Sivaloka Day**  
 Wheaton, IL Sutra 83  
 Sobhana 5125  
 Moon 6 - Phase 12 - 4th Phase

**Retreat Star**  
**Sunday, July 9, 2023**

Meena Rasi: 15.3 Tithi 22 – 23  
 419316571  
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam  
 Uttaraproshtapada\*/Revati Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 3:43PM – 5:35PM**  
 Yama 11:57AM – 1:50PM  
**Rahu 5:35PM – 7:28PM**  
**Uttaraproshtapada Until 8:01AM**  
 Athiganda\* Until 1:02AM Mon  
 Balava Until 7:50PM  
**Saptami Until 8:32AM**

**Ganesha: Yellow** Sunrise: 4:27AM  
**Muruga: Yellow** Sunset: 7:28PM  
**Nataraja: Blue**  
 Moon – Clear  
**Ashada\*Ani**  
**Sivaloka Day**  
 Wheaton, IL Sutra 84  
 Sobhana 5125  
 Moon 6 - Phase 12 - 5th Phase

**Retreat Star**  
**Monday, July 10, 2023**

Meena Rasi: 29.1 Tithi 23 – 24  
 419316571  
**Family Home Evening**  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
 Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 1:50PM – 3:42PM**  
 Yama 10:05AM – 11:57AM  
**Rahu 6:20AM – 8:12AM**  
**Revati Until 7:20AM**  
 Sukarma Until 11:21PM  
 Taitila Until 6:51PM  
**Ashtami\* Until 7:15AM**

**Ganesha: Yellow** Sunrise: 4:27AM  
**Muruga: Yellow** Sunset: 7:27PM  
**Nataraja: Blue**  
 Moon – Clear  
**Ashada\*Ani**  
**Sivaloka Day**  
 Wheaton, IL Sutra 85  
 Sobhana 5125  
 Moon 6 - Phase 12 - 6th Phase

**Tuesday, July 11, 2023**

<p><b>1</b></p> <p>Mesha Rasi: 12.28 Tithi 24 – 25</p> <p>429316571</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Sun 7	Sutra 86	
	<p><b>Gulika</b> 11:58AM – 1:50PM</p> <p>Yama 8:13AM – 10:05AM</p> <p><b>Rahu</b> 3:42PM – 5:35PM</p>	<p><b>Ashvini</b> <b>Until 7:33AM</b></p> <p>Dhriti <b>Until 10:08PM</b></p> <p>Vanija <b>Until 6:29PM</b></p> <p><b>Navami* Until 6:34AM</b></p>	<p><b>Ganesha:</b> Blue</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Blue</p> <p>Moon – White</p> <p style="text-align: right;"><b>Ashada*Ani</b></p>	<p>Sunrise: 4:28AM</p> <p>Sunset: 7:27PM</p> <p>Moon 6 - Phase 13 - 7</p> <p style="text-align: right;">2nd Phase</p>	<p style="text-align: right;"><b>Subha Sivaloka Day</b></p>

**Wednesday, July 12, 2023**

<p><b>2</b></p> <p>Mesha Rasi: 25.29 Tithi 25 – 26</p> <p>429316571</p> <p>Creative Work Siddha Yoga</p> <p>Until 8:12AM</p> <p>Then Creative Work - Amrita Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Sun 8	Sutra 87	
	<p><b>Gulika</b> 10:05AM – 11:58AM</p> <p>Yama 6:21AM – 8:13AM</p> <p><b>Rahu</b> 11:58AM – 1:50PM</p>	<p><b>Bharani</b> <b>Until 8:12AM</b></p> <p>Shula* <b>Until 9:21PM</b></p> <p>Bava <b>Until 6:40PM</b></p> <p><b>Dashami Until 6:29AM</b></p>	<p><b>Ganesha:</b> Blue</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Blue</p> <p>Moon – White</p> <p style="text-align: right;"><b>Ashada*Ani</b></p>	<p>Sunrise: 4:29AM</p> <p>Sunset: 7:26PM</p> <p>Moon 6 - Phase 13 - 8</p> <p style="text-align: right;">2nd Phase</p>	<p style="text-align: right;"><b>Subha Sivaloka Day</b></p>

**Thursday, July 13, 2023**

<p><b>3</b></p> <p>Vrishabha Rasi: 8.13 Tithi 26 – 27</p> <p>421316571</p> <p>Routine Work Marana Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Sun 9	Sutra 88	
	<p><b>Gulika</b> 8:14AM – 10:06AM</p> <p>Yama 4:30AM – 6:22AM</p> <p><b>Rahu</b> 1:50PM – 3:42PM</p>	<p><b>Krittika</b> <b>Until 9:12AM</b></p> <p>Ganda* <b>Until 8:56PM</b></p> <p>Kaulava <b>Until 7:20PM</b></p> <p><b>Ekadashi* Until 6:55AM</b></p>	<p><b>Ganesha:</b> Purple</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Blue</p> <p>Moon – White</p> <p style="text-align: right;"><b>Ashada*Ani</b></p>	<p>Sunrise: 4:30AM</p> <p>Sunset: 7:26PM</p> <p>Moon 6 - Phase 13 - 9</p> <p style="text-align: right;">2nd Phase</p>	<p style="text-align: right;"><b>Subha Sivaloka Day</b></p>

**Friday, July 14, 2023**

<p><b>4</b></p> <p>Vrishabha Rasi: 20.46 Tithi 27 – 28</p> <p>431316571</p> <p>Routine Work Marana Yoga</p> <p>Until 10:56AM</p> <p>Then Creative Work - Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Sun 10	Sutra 89	
	<p><b>Gulika</b> 6:22AM – 8:14AM</p> <p>Yama 3:42PM – 5:33PM</p> <p><b>Rahu</b> 10:06AM – 11:58AM</p>	<p><b>Rohini</b> <b>Until 10:56AM</b></p> <p>Vridhhi <b>Until 8:51PM</b></p> <p>Gara <b>Until 8:24PM</b></p> <p><b>Dvadashi* Until 7:48AM</b></p>	<p><b>Ganesha:</b> Clear</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Blue</p> <p>Moon – Yellow</p> <p style="text-align: right;"><b>Ashada*Ani</b></p>	<p>Sunrise: 4:30AM</p> <p>Sunset: 7:25PM</p> <p>Moon 6 - Phase 13 - 10</p> <p style="text-align: right;">2nd Phase</p>	<p style="text-align: right;"><b>Sivaloka Day</b></p>

*Pradosha Vrata (Fasting)*

**Saturday, July 15, 2023**

<p><b>5</b></p> <p>Mithuna Rasi: 3.08 Tithi 28 – 29</p> <p>431316571</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Sun 11	Sutra 90	
	<p><b>Gulika</b> 4:31AM – 6:23AM</p> <p>Yama 1:50PM – 3:41PM</p> <p><b>Rahu</b> 8:15AM – 10:06AM</p>	<p><b>Mrigashira</b> <b>Until 12:53PM</b></p> <p>Dhruva <b>Until 9:02PM</b></p> <p>Visti <b>Until 9:50PM</b></p> <p><b>Trayodashi* Until 9:04AM</b></p>	<p><b>Ganesha:</b> Clear</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Blue</p> <p>Moon – Yellow</p> <p style="text-align: right;"><b>Ashada*Ani</b></p>	<p>Sunrise: 4:31AM</p> <p>Sunset: 7:25PM</p> <p>Moon 6 - Phase 13 - 11</p> <p style="text-align: right;">2nd Phase</p>	<p style="text-align: right;"><b>Sivaloka Day</b></p>

**Sunday, July 16, 2023**

<p><b>Retreat Star</b></p> <p>Mithuna Rasi: 15.22 Tithi 29 – 30</p> <p>431316571</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Sun 12	Sutra 91	
	Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				
	<p><b>Gulika</b> 3:41PM – 5:33PM</p> <p>Yama 11:58AM – 1:50PM</p> <p><b>Rahu</b> 5:33PM – 7:24PM</p>	<p><b>Ardra</b> <b>Until 2:59PM</b></p> <p>Vyaghata* <b>Until 9:27PM</b></p> <p>Catuspada <b>Until 11:35PM</b></p> <p><b>Chaturdashi* Until 10:39AM</b></p>	<p><b>Ganesha:</b> Clear</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Blue</p> <p>Moon – Yellow</p> <p style="text-align: right;"><b>Ashada*Adi</b></p>	<p>Sunrise: 4:32AM</p> <p>Sunset: 7:24PM</p> <p>Moon 6 - Phase 13 - 12</p> <p style="text-align: right;">Amavasya</p>	<p style="text-align: right;"><b>Sivaloka Day</b></p>

**Monday, July 17, 2023**

<p><b>Retreat Star</b></p> <p>Mithuna Rasi: 27.28 Tithi 30 – 1</p> <p><b>Family Home Evening</b></p> <p>Creative Work Amrita Yoga</p> <p>Until 5:40PM</p> <p>Then Creative Work - Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Sun 13	Sutra 92	
	Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				
	<p><b>Gulika</b> 1:49PM – 3:41PM</p> <p>Yama 10:07AM – 11:58AM</p> <p><b>Rahu</b> 6:24AM – 8:16AM</p>	<p><b>Punarvasu</b> <b>Until 5:40PM</b></p> <p>Harshana <b>Until 10:05PM</b></p> <p>Kintughna <b>Until 1:35AM Tue</b></p> <p><b>Amavasya* Until 12:32PM</b></p>	<p><b>Ganesha:</b> Orange</p> <p><b>Muruga:</b> Yellow</p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Blue</p> <p style="text-align: right;"><b>Sravana Adhika*Adi</b></p>	<p>Sunrise: 4:33AM</p> <p>Sunset: 7:23PM</p> <p>Moon 6 - Phase 13 - 13</p> <p style="text-align: right;">Prathama</p>	<p style="text-align: right;"><b>Devaloka Day</b></p>

<b>1</b>	<b>Tuesday, July 18, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	<b>Gulika</b> 11:58AM – 1:49PM <b>Yama</b> 8:16AM – 10:07AM <b>Rahu</b> 3:41PM – 5:32PM	<b>Pushya</b> <b>Until 8:26PM</b> Vajra* Until 10:53PM Balava Until 3:49AM Wed <b>Prathama* Until 2:39PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:34AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:23PM <b>Nataraja:</b> Yellow Moon – Blue <b>Devaloka Day</b> Sravana Adhika*Adi	Sun 14 Sutra 93 Sobhana 5125 Moon 6 - Phase 14 - 14 3rd Phase
Kataka Rasi: 9.29 Tithi 1 – 2 441316572 Creative Work Siddha Yoga						
<b>2</b>	<b>Wednesday, July 19, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	<b>Gulika</b> 10:07AM – 11:58AM <b>Yama</b> 6:25AM – 8:16AM <b>Rahu</b> 11:58AM – 1:49PM	<b>Ashlesha* Until 11:12PM</b> Siddhi Until 11:49PM Taitila Until 6:13AM Thu <b>Dvitiya Until 4:59PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:35AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:22PM <b>Nataraja:</b> Yellow Moon – Blue <b>Devaloka Day</b> Sravana Adhika*Adi	Sun 15 Sutra 94 Sobhana 5125 Moon 6 - Phase 14 - 15 3rd Phase
Kataka Rasi: 21.24 Tithi 2 – 3 441316572 Creative Work Siddha Yoga						
<b>3</b>	<b>Thursday, July 20, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau	<b>Gulika</b> 8:17AM – 10:08AM <b>Yama</b> 4:35AM – 6:26AM <b>Rahu</b> 1:49PM – 3:40PM	<b>Magha* Until 2:24AM Fri</b> Vyatipata* Until 12:51AM Fri Taitila Until 6:13AM <b>Tritiya Until 7:25PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:35AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:21PM <b>Nataraja:</b> Yellow Moon – Red <b>Devaloka Day</b> Sravana Adhika*Adi	Sun 16 Sutra 95 Sobhana 5125 Moon 6 - Phase 14 - 16 3rd Phase
Simha Rasi: 3.16 Tithi 3 451316572 Creative Work Amrita Yoga Until 2:24AM Fri Then Creative Work - Siddha Yoga						
<b>4</b>	<b>Friday, July 21, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau	<b>Gulika</b> 6:27AM – 8:17AM <b>Yama</b> 3:39PM – 5:30PM <b>Rahu</b> 10:08AM – 11:58AM	<b>Purvaphalguni Until 5:24AM Sat</b> Variyan Until 1:50AM Sat Vanija Until 8:41AM <b>Chaturthi* Until 9:53PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:36AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:21PM <b>Nataraja:</b> Yellow Moon – Red <b>Devaloka Day</b> Sravana Adhika*Adi	Sun 17 Sutra 96 Sobhana 5125 Moon 6 - Phase 14 - 17 3rd Phase
Simha Rasi: 15.06 Tithi 4 451316572 Creative Work Siddha Yoga Until 5:24AM Sat Then Routine Work - Marana Yoga						
<b>5</b>	<b>Saturday, July 22, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau	<b>Gulika</b> 4:37AM – 6:27AM <b>Yama</b> 1:49PM – 3:39PM <b>Rahu</b> 8:18AM – 10:08AM	<b>Uttaraphalguni Until 8:03AM Sun</b> Parigha* Until 2:42AM Sun Bava Until 11:05AM <b>Panchami Until 12:12AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:37AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:20PM <b>Nataraja:</b> Yellow Moon – Red <b>Bhuloka Day</b> Sravana Adhika*Adi <b>Devaloka Time: 3:PM to 6:PM</b>	Sun 18 Sutra 97 Sobhana 5125 Moon 6 - Phase 14 - 18 3rd Phase
Simha Rasi: 26.57 Tithi 5 451416572 Routine Work Marana Yoga Until 8:03AM Sun Then Creative Work - Amrita Yoga						
<b>6</b>	<b>Sunday, July 23, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthiyam Titau	<b>Gulika</b> 3:39PM – 5:29PM <b>Yama</b> 11:58AM – 1:49PM <b>Rahu</b> 5:29PM – 7:19PM	<b>Uttaraphalguni Until 8:03AM</b> Shiva Until 3:19AM Mon Kaulava Until 1:16PM <b>Shashthi* Until 2:11AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:38AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:19PM <b>Nataraja:</b> Yellow Moon – Red <b>Bhuloka Day</b> Sravana Adhika*Adi <b>Devaloka Time: 3:PM to 6:PM</b>	Sun 19 Sutra 98 Sobhana 5125 Moon 6 - Phase 14 - 19 3rd Phase
Kanya Rasi: 8.53 Tithi 6 451416572 Creative Work Amrita Yoga						
<b>Monday, July 24, 2023</b>	<b>Retreat Star</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau	<b>Gulika</b> 1:48PM – 3:38PM <b>Yama</b> 10:09AM – 11:58AM <b>Rahu</b> 6:29AM – 8:19AM	<b>Hasta</b> <b>Until 10:40AM</b> Siddha Until 3:30AM Tue Gara Until 3:00PM <b>Saptami</b> <b>Until 3:38AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:39AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:18PM <b>Nataraja:</b> Yellow Moon – Green <b>Sivaloka Day</b> Sravana Adhika*Adi	Sun 20 Sutra 99 Sobhana 5125 Moon 6 - Phase 14 - 20 3rd Phase
Kanya Rasi: 20.57 Tithi 7 462416572 Family Home Evening Creative Work Siddha Yoga Until 10:40AM Then Routine Work - Prabalarishta Yoga						
<b>Tuesday, July 25, 2023</b>	<b>Retreat Star</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau	<b>Gulika</b> 11:58AM – 1:48PM <b>Yama</b> 8:19AM – 10:09AM <b>Rahu</b> 3:38PM – 5:27PM	<b>Chitra</b> <b>Until 12:32PM</b> Sadhya Until 3:07AM Wed Visti Until 4:07PM <b>Ashtami* Until 4:22AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:40AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:17PM <b>Nataraja:</b> Yellow Moon – Green <b>Sivaloka Day</b> Sravana Adhika*Adi	Sun 21 Sutra 100 Sobhana 5125 Moon 6 - Phase 14 - 21 Ashtami
Tula Rasi: 3.16 Tithi 8 462416572 Creative Work Siddha Yoga						
<b>Wednesday, July 26, 2023</b>	<b>Retreat Star</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau	<b>Gulika</b> 10:09AM – 11:58AM <b>Yama</b> 6:30AM – 8:20AM <b>Rahu</b> 11:58AM – 1:48PM	<b>Svati</b> <b>Until 1:29PM</b> Subha Until 2:07AM Thu Balava Until 4:27PM <b>Navami* Until 4:16AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:41AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:16PM <b>Nataraja:</b> Yellow Moon – Green <b>Sivaloka Day</b> Sravana Adhika*Adi	Sun 22 Sutra 101 Sobhana 5125 Moon 6 - Phase 14 - 22 Navami
Tula Rasi: 15.53 Tithi 9 462416572 Creative Work Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

**1 Thursday, July 27, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam  
Wheaton, IL  
Sutra 102  
Sun 23  
Sobhana 5125

Tula Rasi: 28.55 Tithi 10  
472416572 **Gulika** 8:20AM – 10:09AM **Vishakha** Until 1:55PM **Ganesh:** Clear *Sunrise:* 4:42AM  
Yama 4:42AM – 6:31AM Sukla Until 12:23AM Fri **Muruga:** Yellow *Sunset:* 7:15PM Moon 6 - Phase 15 - 23  
**Rahu** 1:48PM – 3:37PM Taitila Until 3:55PM **Nataraja:** Yellow 4th Phase  
Creative Work Siddha Yoga **Dashami** Until 3:18AM Fri Moon – Orange **Devaloka Day**  
Srivana Adhika\*Adi

**2 Friday, July 28, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam  
Wheaton, IL  
Sutra 103  
Sun 24  
Sobhana 5125

Vrischika Rasi: 12.25 Tithi 11  
472416572 **Gulika** 6:32AM – 8:21AM **Anuradha** Until 1:21PM **Ganesh:** Clear *Sunrise:* 4:43AM  
Yama 3:36PM – 5:25PM Brahma Until 9:59PM **Muruga:** Yellow *Sunset:* 7:14PM Moon 6 - Phase 15 - 24  
**Rahu** 10:10AM – 11:58AM Vanija Until 2:31PM **Nataraja:** Yellow 4th Phase  
Creative Work Siddha Yoga **Ekadashi** Until 1:31AM Sat Moon – Orange **Devaloka Day**  
Until 1:21PM Sravana Adhika\*Adi  
Then Routine Work - Marana Yoga

**3 Saturday, July 29, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam  
Wheaton, IL  
Sutra 104  
Sun 25  
Sobhana 5125


Vrischika Rasi: 26.25 Tithi 12  
472416572 **Gulika** 4:44AM – 6:32AM **Jyeshtha\*** Until 11:51AM **Ganesh:** Clear *Sunrise:* 4:44AM  
Yama 1:47PM – 3:36PM Indra Until 6:59PM **Muruga:** Yellow *Sunset:* 7:13PM Moon 6 - Phase 15 - 25  
**Rahu** 8:21AM – 10:10AM Bava Until 12:21PM **Nataraja:** Yellow 4th Phase  
Creative Work Siddha Yoga **Dvadashi** Until 10:59PM Moon – Orange **Devaloka Day**  
Srivana Adhika\*Adi

**4 Sunday, July 30, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Wheaton, IL  
Sutra 105  
Sun 26  
Sobhana 5125

Dhanus Rasi: 10.53 Tithi 13  
482416572 **Gulika** 3:35PM – 5:24PM **Mula\*** Until 9:58AM **Ganesh:** White *Sunrise:* 4:45AM  
Yama 11:58AM – 1:47PM Vaidhriti\* Until 3:27PM **Muruga:** Yellow *Sunset:* 7:12PM Moon 6 - Phase 15 - 26  
**Rahu** 5:24PM – 7:12PM Kaulava Until 9:31AM **Nataraja:** Yellow 4th Phase  
Creative Work Amrita Yoga **Trayodashi** Until 7:53PM Moon – Light Blue **Sivaloka Day**  
Until 9:58AM Sravana Adhika\*Adi  
Then Creative Work - Siddha Yoga Pradosha Vrata

**5 Monday, July 31, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam  
Wheaton, IL  
Sutra 106  
Sun 27  
Sobhana 5125

Dhanus Rasi: 25.46 Tithi 14 – 15  
482416572 **Gulika** 1:47PM – 3:35PM **Purvashadha\*** Until 7:25AM **Ganesh:** White *Sunrise:* 4:46AM  
Yama 10:10AM – 11:58AM Vishkambha\* Until 11:32AM **Muruga:** Yellow *Sunset:* 7:11PM Moon 6 - Phase 15 - 27  
**Rahu** 6:34AM – 8:22AM Gara Until 6:11AM **Nataraja:** Yellow 4th Phase  
Family Home Evening Routine Work Marana Yoga **Chaturdashi\*** Until 4:21PM Moon – Light Blue **Sivaloka Day**  
Srivana Adhika\*Adi

 **Tuesday, August 1, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Wheaton, IL  
Sutra 107  
Sun 28  
Sobhana 5125

Makara Rasi: 10.54 Tithi 15 – 16  
492416572 **Gulika** 11:58AM – 1:46PM **Shravana** Until 1:32AM Wed **Ganesh:** Yellow *Sunrise:* 4:47AM  
Yama 8:22AM – 10:10AM Priti Until 7:23AM **Muruga:** Yellow *Sunset:* 7:10PM Moon 6 - Phase 15 -  
**Rahu** 3:34PM – 5:22PM Balava Until 10:39PM **Nataraja:** Yellow Purvima  
Creative Work Siddha Yoga **Purnima\*** Until 12:34PM Moon – Purple **Devaloka Day**  
Until 1:32AM Wed Sravana Adhika\*Adi  
Then Routine Work - Prabalarishta Yoga

**Wednesday, August 2, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Wheaton, IL  
Sutra 108  
Sun 29  
Sobhana 5125

Makara Rasi: 26.1 Tithi 16 – 17  
492416572 **Gulika** 10:11AM – 11:58AM **Dhanishtha** Until 10:32PM **Ganesh:** Yellow *Sunrise:* 4:48AM  
Yama 6:35AM – 8:23AM Saubhagya Until 10:53PM **Muruga:** Yellow *Sunset:* 7:09PM Moon 6 - Phase 15 -  
**Rahu** 11:58AM – 1:46PM Taitila Until 6:48PM **Nataraja:** Yellow Prathama  
Routine Work Prabalarishta Yoga **Prathama\*** Until 8:42AM Moon – Purple **Devaloka Day**  
Until 10:32PM Sravana Adhika\*Adi  
Then Creative Work - Siddha Yoga

**Thursday, August 3, 2023**  
**Gold Retreat Star**

Kumbha Rasi: 11.22 Tithi 18  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 8:23AM – 10:11AM**  
 Yama 4:49AM – 6:36AM  
 Rahu 1:46PM – 3:33PM  
**Shatabhishak Until 7:37PM**  
 Sobhana Until 6:50PM  
 Vanija Until 3:08PM  
**Tritiya Until 1:24AM Fri**

Sun 1 Sutra 109  
 Sobhana 5125  
 Moon 7 - Phase 16 - 1  
 1st Phase  
**Devaloka Day**  
**Ganesh:** Yellow *Sunrise:* 4:49AM  
**Muruga:** Yellow *Sunset:* 7:08PM  
**Nataraja:** Yellow  
 Moon – Purple  
**Sravana Adhika\*Adi**

**1 Friday, August 4, 2023**

Kumbha Rasi: 26.21 Tithi 19  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau  
**Gulika 6:37AM – 8:24AM**  
 Yama 3:32PM – 5:19PM  
 Rahu 10:11AM – 11:58AM  
**Purvaproshtapada\* Until 5:21PM**  
 Athiganda\* Until 3:04PM  
 Bava Until 11:48AM  
**Chaturthi\* Until 10:17PM**

Sun 2 Sutra 110  
 Sobhana 5125  
 Moon 7 - Phase 16 - 2  
 1st Phase  
**Devaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:50AM  
**Muruga:** Yellow *Sunset:* 7:06PM  
**Nataraja:** Yellow  
 Moon – Clear  
**Sravana Adhika\*Adi**

**2 Saturday, August 5, 2023**

Meena Rasi: 10.59 Tithi 20  
 Creative Work Siddha Yoga  
 Until 3:28PM  
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
 Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 4:51AM – 6:37AM**  
 Yama 1:45PM – 3:32PM  
 Rahu 8:24AM – 10:11AM  
**Uttaraproshtapada Until 3:28PM**  
 Sukarma Until 11:45AM  
 Kaulava Until 8:57AM  
**Panchami Until 7:44PM**

Sun 3 Sutra 111  
 Sobhana 5125  
 Moon 7 - Phase 16 - 3  
 1st Phase  
**Devaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:51AM  
**Muruga:** Yellow *Sunset:* 7:05PM  
**Nataraja:** Yellow  
 Moon – Clear  
**Sravana Adhika\*Adi**

**3 Sunday, August 6, 2023**

Meena Rasi: 25.13 Tithi 21 – 22  
 Creative Work Amrita Yoga  
 Until 2:05PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 3:31PM – 5:17PM**  
 Yama 11:58AM – 1:44PM  
 Rahu 5:17PM – 7:04PM  
**Revati Until 2:05PM**  
 Dhriti Until 8:58AM  
 Gara Until 6:44AM  
**Shashthi\* Until 5:52PM**

Sun 4 Sutra 112  
 Sobhana 5125  
 Moon 7 - Phase 16 - 4  
 1st Phase  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Ganesh:** White *Sunrise:* 4:52AM  
**Muruga:** Yellow *Sunset:* 7:04PM  
**Nataraja:** Yellow  
 Moon – Clear  
**Sravana Adhika\*Adi**

**4 Monday, August 7, 2023**

Mesha Rasi: 8.59 Tithi 22 – 23  
**Family Home Evening**  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 1:44PM – 3:30PM**  
 Yama 10:11AM – 11:58AM  
 Rahu 6:39AM – 8:25AM  
**Ashvini Until 1:44PM**  
 Shula\* Until 6:44AM  
 Balava Until 4:28AM Tue  
**Saptami Until 4:43PM**

Sun 5 Sutra 113  
 Sobhana 5125  
 Moon 7 - Phase 16 - 5  
 1st Phase  
**Devaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:53AM  
**Muruga:** Yellow *Sunset:* 7:03PM  
**Nataraja:** Yellow  
 Moon – White  
**Sravana Adhika\*Adi**

**Retreat Star**  
**Tuesday, August 8, 2023**

Mesha Rasi: 22.19 Tithi 23 – 24  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Bharani/Krittika Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 11:58AM – 1:44PM**  
 Yama 8:26AM – 10:12AM  
 Rahu 3:30PM – 5:16PM  
**Bharani Until 1:59PM**  
 Vridhhi Until 4:08AM Wed  
 Taitila Until 4:27AM Wed  
**Ashtami\* Until 4:21PM**

Sun 6 Sutra 114  
 Sobhana 5125  
 Moon 7 - Phase 16 - 6  
 Ashtami  
**Devaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:54AM  
**Muruga:** Yellow *Sunset:* 7:02PM  
**Nataraja:** Yellow  
 Moon – White  
**Sravana Adhika\*Adi**

**Retreat Star**  
**Wednesday, August 9, 2023**

Vrishabha Rasi: 5.15 Tithi 24 – 25  
 Creative Work Amrita Yoga  
 Until 2:47PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
 Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika 10:12AM – 11:57AM**  
 Yama 6:40AM – 8:26AM  
 Rahu 11:57AM – 1:43PM  
**Krittika Until 2:47PM**  
 Dhruva Until 3:38AM Thu  
 Vanija Until 5:06AM Thu  
**Navami\* Until 4:40PM**

Sun 7 Sutra 115  
 Sobhana 5125  
 Moon 7 - Phase 16 - 7  
 Navami  
**Devaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:55AM  
**Muruga:** Yellow *Sunset:* 7:00PM  
**Nataraja:** Yellow  
 Moon – White  
**Sravana Adhika\*Adi**

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Thursday, August 10, 2023</p> <p>433416572</p> <p>Routine Work Marana Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Sun 8 Sutra 116 Sobhana 5125	
	<b>Gulika</b> 8:26AM – 10:12AM <b>Yama</b> 4:56AM – 6:41AM <b>Rahu</b> 1:43PM – 3:28PM	<b>Rohini Until 4:30PM</b> Vyaghata* Until 3:35AM Fri Bava Until 6:18AM Fri <b>Dashami Until 5:37PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:56AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:59PM</i> <b>Nataraja:</b> Yellow Moon – Yellow
	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Friday, August 11, 2023</p> <p>433416572</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau	Sun 9 Sutra 117 Sobhana 5125	
	<b>Gulika</b> 6:42AM – 8:27AM <b>Yama</b> 3:27PM – 5:12PM <b>Rahu</b> 10:12AM – 11:57AM	<b>Mrigashira Until 6:33PM</b> Harshana Until 3:53AM Sat Bava Until 6:18AM <b>Ekadashi* Until 7:03PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:57AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:58PM</i> <b>Nataraja:</b> Yellow Moon – Yellow
	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Saturday, August 12, 2023</p> <p>433416572</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sun 10 Sutra 118 Sobhana 5125	
	<b>Gulika</b> 4:58AM – 6:43AM <b>Yama</b> 1:42PM – 3:27PM <b>Rahu</b> 8:27AM – 10:12AM	<b>Ardra Until 8:47PM</b> Vajra* Until 4:25AM Sun Kaulava Until 7:56AM <b>Dvadashi* Until 8:52PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:58AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:56PM</i> <b>Nataraja:</b> Yellow Moon – Yellow
	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Sunday, August 13, 2023</p> <p>433416572</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 11 Sutra 119 Sobhana 5125	
	<b>Gulika</b> 3:26PM – 5:10PM <b>Yama</b> 11:57AM – 1:41PM <b>Rahu</b> 5:10PM – 6:55PM	<b>Punarvasu Until 11:36PM</b> Siddhi Until 5:08AM Mon Gara Until 9:53AM <b>Trayodashi* Until 10:56PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:59AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:55PM</i> <b>Nataraja:</b> Yellow Moon – Blue
	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
	<i>Pradosha Vrata (Fasting)</i>		

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Monday, August 14, 2023</p> <p>433416572</p> <p>Family Home Evening Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 12 Sutra 120 Sobhana 5125	
	<b>Gulika</b> 1:41PM – 3:25PM <b>Yama</b> 10:12AM – 11:57AM <b>Rahu</b> 6:44AM – 8:28AM	<b>Pushya Until 2:26AM Tue</b> Vyatipata* Until 6:01AM Tue Visti Until 12:04PM <b>Chaturdashi* Until 1:12AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:00AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:53PM</i> <b>Nataraja:</b> Yellow Moon – Blue
	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<h1 style="font-size: 2em; margin: 0;">●</h1> <p>Tuesday, August 15, 2023</p> <p>Retreat Star</p> <p>433416572</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 13 Sutra 121 Sobhana 5125	
	<b>Gulika</b> 11:56AM – 1:40PM <b>Yama</b> 8:29AM – 10:12AM <b>Rahu</b> 3:24PM – 5:08PM	<b>Ashlesha* Until 5:14AM Wed</b> Vyatipata* Until 6:01AM Catuspada Until 2:24PM <b>Amavasya* Until 3:35AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:01AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Yellow Moon – Blue
	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<h1 style="font-size: 2em; margin: 0;">Retreat Star</h1> <p>Wednesday, August 16, 2023</p> <p>453516572</p> <p>Creative Work Siddha Yoga</p>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Sun 14 Sutra 122 Sobhana 5125	
	<b>Gulika</b> 10:13AM – 11:56AM <b>Yama</b> 6:45AM – 8:29AM <b>Rahu</b> 11:56AM – 1:40PM	<b>Magha* Until 8:24AM Thu</b> Variyan Until 6:56AM Kintughna Until 4:50PM <b>Prathama* Until 6:03AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:02AM</i> <b>Muruga:</b> Yellow <i>Sunset: 6:51PM</i> <b>Nataraja:</b> Yellow Moon – Red
	<b>Devaloka Day</b>		
	Sravana*Adi		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

**1 Thursday, August 17, 2023**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyaam Titau  
 Sun 15 Sutra 123  
 Sobhana 5125  
 Sunrise: 5:03AM  
 Sunset: 6:49PM  
 Moon 7 - Phase 18 - 15  
 3rd Phase  
**Devaloka Day**  
 Creative Work Amrita Yoga  
 Until 8:24AM  
 Then Creative Work - Siddha Yoga

<b>Gulika</b> 8:29AM – 10:13AM	<b>Magha*</b> Until 8:24AM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 5:03AM
Yama 5:03AM – 6:46AM	Parigha* Until 7:55AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:49PM
553516572 <b>Rahu</b> 1:39PM – 3:23PM	Balava Until 7:17PM	<b>Nataraja:</b> Yellow	
	<b>Prathama*</b> Until 6:03AM	Moon – Red	

**2 Friday, August 18, 2023**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyaam Titau  
 Sun 16 Sutra 124  
 Sobhana 5125  
 Sunrise: 5:04AM  
 Sunset: 6:48PM  
 Moon 7 - Phase 18 - 16  
 3rd Phase  
**Devaloka Day**  
 Creative Work Siddha Yoga

<b>Gulika</b> 6:47AM – 8:30AM	<b>Purvaphalguni</b> Until 11:23AM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 5:04AM
Yama 3:22PM – 5:05PM	Shiva Until 8:54AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:48PM
553516572 <b>Rahu</b> 10:13AM – 11:56AM	Taitila Until 9:41PM	<b>Nataraja:</b> Yellow	
	<b>Dvitiya</b> Until 8:29AM	Moon – Red	

**3 Saturday, August 19, 2023**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau  
 Sun 17 Sutra 125  
 Sobhana 5125  
 Sunrise: 5:05AM  
 Sunset: 6:46PM  
 Moon 7 - Phase 18 - 17  
 3rd Phase  
**Devaloka Day**  
 Routine Work Marana Yoga

<b>Gulika</b> 5:05AM – 6:48AM	<b>Uttaraphalguni</b> Until 2:05PM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 5:05AM
Yama 1:38PM – 3:21PM	Siddha Until 9:45AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:46PM
553516572 <b>Rahu</b> 8:30AM – 10:13AM	Vanija Until 11:54PM	<b>Nataraja:</b> Yellow	
	<b>Tritiya</b> Until 10:48AM	Moon – Red	

**4 Sunday, August 20, 2023**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau  
 Sun 18 Sutra 126  
 Sobhana 5125  
 Sunrise: 5:06AM  
 Sunset: 6:45PM  
 Moon 7 - Phase 18 - 18  
 3rd Phase  
**Bhuloka Day**  
 Creative Work Amrita Yoga  
 Until 4:51PM  
 Then Creative Work - Siddha Yoga

<b>Gulika</b> 3:20PM – 5:02PM	<b>Hasta</b> Until 4:51PM	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:06AM
Yama 11:55AM – 1:38PM	Sadhya Until 10:26AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:45PM
564516572 <b>Rahu</b> 5:02PM – 6:45PM	Bava Until 1:47AM Mon	<b>Nataraja:</b> Yellow	
	<b>Chaturthi*</b> Until 12:52PM	Moon – Green	

**Devaloka Time: 3:PM to 6:PM**

**5 Monday, August 21, 2023**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam  
 Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau  
 Sun 19 Sutra 127  
 Sobhana 5125  
 Sunrise: 5:07AM  
 Sunset: 6:43PM  
 Moon 7 - Phase 18 - 19  
 3rd Phase  
**Bhuloka Day**  
 Routine Work Prabalarishta Yoga  
 Until 7:02PM  
 Then Creative Work - Amrita Yoga

<b>Gulika</b> 1:37PM – 3:19PM	<b>Chitra</b> Until 7:02PM	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:07AM
Yama 10:13AM – 11:55AM	Subha Until 10:50AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:43PM
564516572 <b>Rahu</b> 6:49AM – 8:31AM	Kaulava Until 3:11AM Tue	<b>Nataraja:</b> Yellow	
	<b>Panchami</b> Until 2:31PM	Moon – Green	

**Devaloka Time: 3:PM to 6:PM**

**6 Tuesday, August 22, 2023**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau  
 Sun 20 Sutra 128  
 Sobhana 5125  
 Sunrise: 5:08AM  
 Sunset: 6:42PM  
 Moon 7 - Phase 18 - 20  
 3rd Phase  
**Bhuloka Day**  
 Creative Work Siddha Yoga  
 Until 8:29PM  
 Then Routine Work - Marana Yoga

<b>Gulika</b> 11:55AM – 1:37PM	<b>Svati</b> Until 8:29PM	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:08AM
Yama 8:31AM – 10:13AM	Sukla Until 10:48AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:42PM
564516572 <b>Rahu</b> 3:18PM – 5:00PM	Gara Until 3:57AM Wed	<b>Nataraja:</b> Yellow	
	<b>Shashthi*</b> Until 3:38PM	Moon – Green	

**Devaloka Time: 3:PM to 6:PM**

**Wednesday, August 23, 2023**  
**Retreat Star**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam  
 Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau  
 Sun 21 Sutra 129  
 Sobhana 5125  
 Sunrise: 5:09AM  
 Sunset: 6:40PM  
 Moon 7 - Phase 18 - 21  
 3rd Phase  
**Devaloka Day**  
 Creative Work Siddha Yoga

<b>Gulika</b> 10:13AM – 11:55AM	<b>Vishakha</b> Until 9:34PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:09AM
Yama 6:50AM – 8:32AM	Brahma Until 10:14AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:40PM
574516572 <b>Rahu</b> 11:55AM – 1:36PM	Visti Until 3:58AM Thu	<b>Nataraja:</b> Yellow	
	<b>Saptami</b> Until 4:02PM	Moon – Orange	

**Thursday, August 24, 2023**  
**Retreat Star**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam  
 Anuradha Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Ashtami/Navamyam Titau  
 Sun 22 Sutra 130  
 Sobhana 5125  
 Sunrise: 5:10AM  
 Sunset: 6:39PM  
 Moon 7 - Phase 18 - 22  
 Ashtami  
**Devaloka Day**  
 Creative Work Siddha Yoga  
 Until 9:42PM  
 Then Routine Work - Prabalarishta Yoga

<b>Gulika</b> 8:32AM – 10:13AM	<b>Anuradha</b> Until 9:42PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:10AM
Yama 5:10AM – 6:51AM	Indra Until 9:06AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:39PM
574516572 <b>Rahu</b> 1:35PM – 3:16PM	Balava Until 3:12AM Fri	<b>Nataraja:</b> Yellow	
	<b>Ashtami*</b> Until 3:40PM	Moon – Orange	

**Friday, August 25, 2023**  
**Retreat Star**  
 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Jyeshtha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau  
 Sun 23 Sutra 131  
 Sobhana 5125  
 Sunrise: 5:11AM  
 Sunset: 6:37PM  
 Moon 7 - Phase 18 - 23  
 Navami  
**Devaloka Day**  
 Routine Work Marana Yoga  
 Until 8:55PM  
 Then Creative Work - Amrita Yoga

<b>Gulika</b> 6:52AM – 8:32AM	<b>Jyeshtha*</b> Until 8:55PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:11AM
Yama 3:16PM – 4:56PM	Vaidhriti* Until 7:17AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 6:37PM
574516572 <b>Rahu</b> 10:13AM – 11:54AM	Taitila Until 1:39AM Sat	<b>Nataraja:</b> Yellow	
	<b>Navami*</b> Until 2:30PM	Moon – Orange	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

<b>1 Saturday, August 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Sun 24 Sutra 132 Sobhana 5125	
Dhanus Rasi: 5.13	Tithi 10 – 11	<b>Gulika</b> 5:12AM – 6:52AM	<b>Mula* Until 7:41PM</b>	<b>Ganesha:</b> White	Sunrise: 5:12AM
		Yama 1:34PM – 3:15PM	Priti Until 1:52AM Sun	<b>Muruga:</b> Yellow	Sunset: 6:35PM
		584516572 <b>Rahu</b> 8:33AM – 10:13AM	Vanija Until 11:22PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 19 - 24
Creative Work	Siddha Yoga		<b>Dashami Until 12:34PM</b>	Moon – Light Blue	4th Phase
				<b>Sravana*Avani</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>2 Sunday, August 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 133 Sobhana 5125	
Dhanus Rasi: 19.32	Tithi 11 – 12	<b>Gulika</b> 3:14PM – 4:54PM	<b>Purvashadha* Until 5:40PM</b>	<b>Ganesha:</b> White	Sunrise: 5:13AM
		Yama 11:53AM – 1:34PM	Ayushman Until 10:21PM	<b>Muruga:</b> Yellow	Sunset: 6:34PM
		584516572 <b>Rahu</b> 4:54PM – 6:34PM	Bava Until 8:28PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 19 - 25
Creative Work	Siddha Yoga		<b>Ekadashi Until 9:58AM</b>	Moon – Light Blue	4th Phase
Until 5:40PM				<b>Sravana*Avani</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>3 Monday, August 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 134 Sobhana 5125	
Makara Rasi: 4.16	Tithi 12 – 13	<b>Gulika</b> 1:33PM – 3:13PM	<b>Uttarashadha Until 3:02PM</b>	<b>Ganesha:</b> White	Sunrise: 5:14AM
<b>Family Home Evening</b>		Yama 10:13AM – 11:53AM	Saubhagya Until 6:28PM	<b>Muruga:</b> Yellow	Sunset: 6:32PM
		584516573 <b>Rahu</b> 6:54AM – 8:34AM	Taitila Until 3:17AM Tue	<b>Nataraja:</b> White	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga		<b>Dvadashi Until 6:49AM</b>	Moon – Light Blue	4th Phase
Until 3:02PM				<b>Sravana*Avani</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>4 Tuesday, August 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 135 Sobhana 5125	
Makara Rasi: 19.19	Tithi 14	<b>Gulika</b> 11:53AM – 1:32PM	<b>Shravana Until 12:19PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:15AM
		Yama 8:34AM – 10:13AM	Sobhana Until 2:20PM	<b>Muruga:</b> Yellow	Sunset: 6:31PM
		594516573 <b>Rahu</b> 3:12PM – 4:51PM	Gara Until 1:26PM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - 27
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:30PM</b>	Moon – Purple	4th Phase
		<b>Chidambaram Abhishekam</b>		<b>Sravana*Avani</b>	<b>Sivaloka Day</b>

<b>Wednesday, August 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 136 Sobhana 5125	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:13AM – 11:53AM	<b>Dhanishtha Until 9:19AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:16AM
Kumbha Rasi: 4.33	Tithi 15	Yama 6:55AM – 8:34AM	Athiganda* Until 10:04AM	<b>Muruga:</b> Yellow	Sunset: 6:29PM
		594516573 <b>Rahu</b> 11:53AM – 1:32PM	Visti Until 9:36AM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - Purnima
Routine Work	Prabalarishta Yoga		<b>Purnima* Until 7:40PM</b>	Moon – Purple	
Until 9:19AM		<b>Raksha Bandhan</b>		<b>Sravana*Avani</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Thursday, August 31, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosithpada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 137 Sobhana 5125	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:35AM – 10:13AM	<b>Shatabhishak Until 6:11AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:17AM
Kumbha Rasi: 19.47	Tithi 16 – 17	Yama 5:17AM – 6:56AM	Dhriti Until 1:44AM Fri	<b>Muruga:</b> Yellow	Sunset: 6:27PM
		594516573 <b>Rahu</b> 1:31PM – 3:10PM	Taitila Until 2:10AM Fri	<b>Nataraja:</b> White	Moon 7 - Phase 19 - Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 3:55PM</b>	Moon – Purple	
				<b>Sravana*Avani</b>	<b>Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





**Friday, September 1, 2023**  
**Gold Retreat Star**

Meena Rasi: 4.52 Tithi 17 – 18

514516573

**Gulika** 6:57AM – 8:35AM  
Yama 3:09PM – 4:47PM  
**Rahu** 10:13AM – 11:52AM

Creative Work Siddha Yoga

Until 1:05AM Sat

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

**Ganesha:** Yellow *Sunrise:* 5:18AM

**Muruga:** Yellow *Sunset:* 6:26PM

**Nataraja:** White

Moon – Clear

**Sravana\*Avani**

**Sivaloka Day**

**1 Saturday, September 2, 2023**

Meena Rasi: 19.39 Tithi 18 – 19

515516573

**Gulika** 5:19AM – 6:57AM  
Yama 1:30PM – 3:08PM  
**Rahu** 8:35AM – 10:13AM

Routine Work Prabalarishta Yoga

Until 11:02PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Wheaton, IL

Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

**Ganesha:** Red *Sunrise:* 5:19AM

**Muruga:** Yellow *Sunset:* 6:24PM

**Nataraja:** White

Moon – Clear

**Sravana\*Avani**

**Sivaloka Day**

**2 Sunday, September 3, 2023**

Mesha Rasi: 4.02 Tithi 19 – 20

525516573

**Gulika** 3:07PM – 4:45PM  
Yama 11:51AM – 1:29PM  
**Rahu** 4:45PM – 6:22PM

Creative Work Siddha Yoga

Until 9:56PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Wheaton, IL

Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

**Ganesha:** Green *Sunrise:* 5:20AM

**Muruga:** Yellow *Sunset:* 6:22PM

**Nataraja:** White

Moon – White

**Sravana\*Avani**

**Devaloka Day**

**3 Monday, September 4, 2023**

Mesha Rasi: 17.56 Tithi 21

525516573

**Family Home Evening**

Creative Work Siddha Yoga

Until 9:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4

Wheaton, IL

Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

**Ganesha:** Green *Sunrise:* 5:21AM

**Muruga:** Yellow *Sunset:* 6:21PM

**Nataraja:** White

Moon – White

**Sravana\*Avani**

**Devaloka Day**

**4 Tuesday, September 5, 2023**

Vrishabha Rasi: 1.23 Tithi 22

525516573

**Gulika** 11:51AM – 1:28PM  
Yama 8:36AM – 10:13AM  
**Rahu** 3:05PM – 4:42PM

Creative Work Siddha Yoga

Until 9:38PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5

Wheaton, IL

Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

**Ganesha:** Green *Sunrise:* 5:22AM

**Muruga:** Yellow *Sunset:* 6:19PM

**Nataraja:** White

Moon – White

**Sravana\*Avani**

**Devaloka Day**

**Wednesday, September 6, 2023**  
**Retreat Star**

Vrishabha Rasi: 14.23 Tithi 23

535516573

**Gulika** 10:13AM – 11:50AM  
Yama 7:00AM – 8:37AM  
**Rahu** 11:50AM – 1:27PM

Creative Work Siddha Yoga

**Krishna Janmashtami**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

Wheaton, IL

Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

**Ganesha:** Orange *Sunrise:* 5:23AM

**Muruga:** Yellow *Sunset:* 6:17PM

**Nataraja:** White

Moon – Yellow

**Sravana\*Avani**

**Sivaloka Day**

**Thursday, September 7, 2023**  
**Retreat Star**

Vrishabha Rasi: 27.02 Tithi 24

535516573

**Gulika** 8:37AM – 10:13AM  
Yama 5:24AM – 7:01AM  
**Rahu** 1:26PM – 3:03PM

Routine Work Marana Yoga

Until 12:40AM Fri

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Sun 7

Wheaton, IL

Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

**Ganesha:** Orange *Sunrise:* 5:24AM

**Muruga:** Yellow *Sunset:* 6:16PM

**Nataraja:** White

Moon – Yellow

**Sravana\*Avani**

**Sivaloka Day**

<b>1 Friday, September 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamam Titau		Sun 8 Sutra 145 Sobhana 5125	
Mithuna Rasi: 9.23	Tithi 24 – 25	<b>Gulika</b> 7:01AM – 8:37AM	<b>Ardra Until 2:47AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:25AM	
		Yama 3:02PM – 4:38PM	Siddhi Until 10:37AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:14PM	Moon 8 - Phase 21 - 8
	535516573	<b>Rahu</b> 10:13AM – 11:50AM	Vanija Until 6:55PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 6:03AM</b>	Moon – Yellow	<b>Sivaloka Day</b>
				<b>Sravana*Avani</b>	

<b>2 Saturday, September 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 146 Sobhana 5125	
Mithuna Rasi: 21.31	Tithi 25 – 26	<b>Gulika</b> 5:26AM – 7:02AM	<b>Punarvasu Until 5:37AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:26AM	
		Yama 1:25PM – 3:01PM	Vyatipata* Until 11:06AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:12PM	Moon 8 - Phase 21 - 9
	545516573	<b>Rahu</b> 8:38AM – 10:13AM	Bava Until 8:55PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:51AM</b>	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana*Avani</b>	

<b>3 Sunday, September 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 147 Sobhana 5125	
Kataka Rasi: 3.31	Tithi 26 – 27	<b>Gulika</b> 3:00PM – 4:35PM	<b>Pushya Until 8:29AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM	
		Yama 11:49AM – 1:24PM	Varyan Until 11:48AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21 - 10
	545616573	<b>Rahu</b> 4:35PM – 6:11PM	Kaulava Until 11:11PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 10:00AM</b>	Moon – Blue	<b>Devaloka Day</b>
		<b>Grandparent's Day</b>		<b>Sravana*Avani</b>	

<b>4 Monday, September 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 148 Sobhana 5125	
Kataka Rasi: 15.25	Tithi 27 – 28	<b>Gulika</b> 1:24PM – 2:59PM	<b>Pushya Until 8:29AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:28AM	
<b>Family Home Evening</b>		Yama 10:13AM – 11:49AM	Parigha* Until 12:41PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 - 11
	546616573	<b>Rahu</b> 7:03AM – 8:38AM	Gara Until 1:37AM Tue	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 12:22PM</b>	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana*Avani</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5 Tuesday, September 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 149 Sobhana 5125	
Kataka Rasi: 27.17	Tithi 28 – 29	<b>Gulika</b> 11:48AM – 1:23PM	<b>Ashlesha* Until 11:18AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:29AM	
		Yama 8:39AM – 10:13AM	Shiva Until 1:38PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:07PM	Moon 8 - Phase 21 - 12
	546616573	<b>Rahu</b> 2:58PM – 4:32PM	Visti Until 4:04AM Wed	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 2:49PM</b>	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana*Avani</b>	

<b>6 Wednesday, September 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 150 Sobhana 5125	
Simha Rasi: 9.09	Tithi 29 – 30	<b>Gulika</b> 10:13AM – 11:48AM	<b>Magha* Until 2:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:30AM	
		Yama 7:05AM – 8:39AM	Siddha Until 2:33PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:05PM	Moon 8 - Phase 21 - 13
	556616573	<b>Rahu</b> 11:48AM – 1:22PM	Catuspada Until 6:28AM Thu	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:16PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 2:26PM				<b>Sravana*Avani</b>	
Then Creative Work - Amrita Yoga					

<b>Thursday, September 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 151 Sobhana 5125	
<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:13AM	<b>Purvaphalguni Until 5:20PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:31AM	
Simha Rasi: 21.02	Tithi 30	Yama 5:31AM – 7:05AM	Sadhya Until 3:24PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:04PM	Moon 8 - Phase 21 - 14
	556616573	<b>Rahu</b> 1:22PM – 2:56PM	Catuspada Until 6:28AM	<b>Nataraja:</b> White	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:36PM</b>	Moon – Red	<b>Devaloka Day</b>
				<b>Sravana*Avani</b>	

<b>Friday, September 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 152 Sobhana 5125	
<b>Retreat Star</b>		<b>Gulika</b> 7:06AM – 8:40AM	<b>Uttaraphalguni Until 7:53PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:32AM	
Kanya Rasi: 2.58	Tithi 1	Yama 2:55PM – 4:28PM	Subha Until 4:09PM	<b>Muruga:</b> White <i>Sunset:</i> 6:02PM	Moon 8 - Phase 21 - 15
	556626573	<b>Rahu</b> 10:13AM – 11:47AM	Kintughna Until 8:44AM	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 9:45PM</b>	Moon – Red	<b>Sivaloka Day</b>
Until 7:53PM				<b>Bhadrapada*Avani</b>	
Then Creative Work - Amrita Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

**1 Saturday, September 16, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153  
 Kanya Rasi: 14.59 Tithi 2 **Gulika** 5:33AM – 7:07AM **Hasta Until 10:30PM** **Ganesha:** Light Blue *Sunrise:* 5:33AM Sobhana 5125  
 566626573 **Rahu** 8:40AM – 10:13AM Sukla Until 4:39PM **Muruga:** White *Sunset:* 6:00PM Moon 8 - Phase 22 - 16  
 Routine Work Marana Yoga **Nataraja:** White 3rd Phase  
 Moon – Green **Sivaloka Day**  
 Bhadrapada\*Avani

**2 Sunday, September 17, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154  
 Kanya Rasi: 27.08 Tithi 3 **Gulika** 2:52PM – 4:25PM **Chitra Until 12:37AM Mon** **Ganesha:** Light Blue *Sunrise:* 5:34AM Sobhana 5125  
 566626573 **Rahu** 4:25PM – 5:58PM Brahma Until 4:56PM **Muruga:** White *Sunset:* 5:58PM Moon 8 - Phase 22 - 17  
 Creative Work Siddha Yoga **Nataraja:** White 3rd Phase  
 Until 12:37AM Mon **Taitila Until 12:28PM** **Sivaloka Day**  
 Then Creative Work - Amrita Yoga **Tritiya Until 1:09AM Mon** **Bhadrapada\*Puratasi**

**3 Monday, September 18, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam  
 Svati Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Chaturthyam Titau Sun 18 Sutra 155  
 Tula Rasi: 9.26 Tithi 4 **Gulika** 1:19PM – 2:51PM **Svati Until 2:08AM Tue** **Ganesha:** Purple *Sunrise:* 5:35AM Sobhana 5125  
 567626573 **Rahu** 7:08AM – 8:41AM Indra Until 4:53PM **Muruga:** White *Sunset:* 5:57PM Moon 8 - Phase 22 - 18  
 Family Home Evening **Nataraja:** White 3rd Phase  
 Creative Work Amrita Yoga **Ganesha Chaturthi** **Chaturthi\* Until 2:14AM Tue** **Sivaloka Day**  
 Until 2:08AM Tue **Bhadrapada\*Puratasi**  
 Then Routine Work - Marana Yoga

**4 Tuesday, September 19, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Vishakha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156  
 Tula Rasi: 21.56 Tithi 5 **Gulika** 11:46AM – 1:18PM **Vishakha Until 3:28AM Wed** **Ganesha:** Clear *Sunrise:* 5:36AM Sobhana 5125  
 577626573 **Rahu** 2:50PM – 4:23PM Vaidhriti\* Until 4:26PM **Muruga:** White *Sunset:* 5:55PM Moon 8 - Phase 22 - 19  
 Routine Work Marana Yoga **Nataraja:** White 3rd Phase  
 Until 3:28AM Wed **Bava Until 2:36PM** **Subha Sivaloka Day**  
 Then Creative Work - Siddha Yoga **Panchami Until 2:47AM Wed** **Bhadrapada\*Puratasi**

**5 Wednesday, September 20, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam  
 Anuradha Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157  
 Vrishchika Rasi: 4.41 Tithi 6 **Gulika** 10:13AM – 11:45AM **Anuradha Until 4:04AM Thu** **Ganesha:** Clear *Sunrise:* 5:37AM Sobhana 5125  
 577626573 **Rahu** 11:45AM – 1:17PM Vishkambha\* Until 3:34PM **Muruga:** White *Sunset:* 5:53PM Moon 8 - Phase 22 - 20  
 Creative Work Siddha Yoga **Nataraja:** White 3rd Phase  
 Until 4:04AM Thu **Kaulava Until 2:52PM** **Subha Sivaloka Day**  
 Then Routine Work - Prabalarishta Yoga **Shashthi\* Until 2:45AM Thu** **Bhadrapada\*Puratasi**

**6 Thursday, September 21, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam  
 Jyeshtha\* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158  
 Vrishchika Rasi: 17.43 Tithi 7 **Gulika** 8:42AM – 10:13AM **Jyeshtha\* Until 3:54AM Fri** **Ganesha:** Clear *Sunrise:* 5:38AM Sobhana 5125  
 577626573 **Rahu** 1:17PM – 2:48PM Priti Until 2:13PM **Muruga:** White *Sunset:* 5:52PM Moon 8 - Phase 22 - 21  
 Routine Work Prabalarishta Yoga **Nataraja:** White 3rd Phase  
 Until 3:54AM Fri **Gara Until 2:31PM** **Subha Sivaloka Day**  
 Then Creative Work - Amrita Yoga **Saptami Until 2:05AM Fri** **Bhadrapada\*Puratasi**

**Friday, September 22, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Mula\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159  
 Dhanus Rasi: 1.05 Tithi 8 **Gulika** 7:11AM – 8:42AM **Mula\* Until 3:24AM Sat** **Ganesha:** White *Sunrise:* 5:39AM Sobhana 5125  
 587626573 **Rahu** 10:13AM – 11:45AM Ayushman Until 12:20PM **Muruga:** White *Sunset:* 5:50PM Moon 8 - Phase 22 - 22  
 Creative Work Amrita Yoga **Nataraja:** White Ashtami  
 Until 3:24AM Sat **Visti Until 1:32PM** **Sivaloka Day**  
 Then Creative Work - Siddha Yoga **Ashtami\* Until 12:47AM Sat** **Bhadrapada\*Puratasi**

**Saturday, September 23, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam  
 Purvashadha\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160  
 Dhanus Rasi: 14.49 Tithi 9 **Gulika** 5:40AM – 7:11AM **Purvashadha\* Until 2:10AM Sun** **Ganesha:** White *Sunrise:* 5:40AM Sobhana 5125  
 587626573 **Rahu** 8:42AM – 10:13AM Saubhagya Until 9:58AM **Muruga:** White *Sunset:* 5:48PM Moon 8 - Phase 22 - 23  
 Creative Work Siddha Yoga **Nataraja:** White Navami  
 Until 2:10AM Sun **Balava Until 11:55AM** **Sivaloka Day**  
 Then Creative Work - Amrita Yoga **Navami\* Until 10:52PM** **Bhadrapada\*Puratasi**

**1 Sunday, September 24, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Uttarashadha Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161  
 Dhanus Rasi: 28.56 Tithi 10 **Gulika 2:45PM – 4:16PM** **Uttarashadha Until 12:15AM Mon** **Ganesha: White** Sunrise: 5:41AM Sobhana 5125  
 Creative Work Amrita Yoga Yama 11:44AM – 1:15PM Sobhana Until 7:08AM **Muruga: White** Sunset: 5:46PM Moon 8 - Phase 23 - 24  
 587626573 **Rahu 4:16PM – 5:46PM** Taitila Until 9:44AM **Nataraja: White** 4th Phase  
**Dashami Until 8:25PM** Moon – Light Blue **Sivaloka Day**  
**Bhadrapada\*Puratasi**

**2 Monday, September 25, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam  
 Shravana Nakshatra Sukarma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 162  
 Makara Rasi: 13.24 Tithi 11 – 12 **Gulika 1:14PM – 2:44PM** **Shravana Until 10:11PM** **Ganesha: White** Sunrise: 5:42AM Sobhana 5125  
**Family Home Evening** 598626573 Yama 10:13AM – 11:44AM Sukarma Until 12:15AM Tue **Muruga: White** Sunset: 5:45PM Moon 8 - Phase 23 - 25  
 Creative Work Amrita Yoga **Rahu 7:13AM – 8:43AM** Vanija Until 7:02AM **Nataraja: White** 4th Phase  
 Until 10:11PM **Ekadashi Until 5:31PM** Moon – Purple **Subha Subha Sivaloka Day**  
 Then Creative Work - Siddha Yoga **Bhadrapada\*Puratasi**

**3 Tuesday, September 26, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163  
 Makara Rasi: 28.09 Tithi 12 – 13 **Gulika 11:43AM – 1:13PM** **Dhanishtha Until 7:41PM** **Ganesha: White** Sunrise: 5:44AM Sobhana 5125  
 Creative Work Siddha Yoga Yama 8:43AM – 10:13AM Dhriti Until 8:24PM **Muruga: White** Sunset: 5:43PM Moon 8 - Phase 23 - 26  
 Until 7:41PM Kaulava Until 12:36AM Wed **Nataraja: White** 4th Phase  
 Then Routine Work - Marana Yoga **Dvadashi Until 2:17PM** Moon – Purple **Subha Subha Sivaloka Day**  
*Pradosha Vrata* **Bhadrapada\*Puratasi**

**4 Wednesday, September 27, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam  
 Shatabhishak/Purvaproshtapada\* Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164  
 Kumbha Rasi: 13.06 Tithi 13 – 14 **Gulika 10:13AM – 11:43AM** **Shatabhishak Until 4:53PM** **Ganesha: White** Sunrise: 5:45AM Sobhana 5125  
 Creative Work Siddha Yoga Yama 7:14AM – 8:44AM Shula\* Until 4:25PM **Muruga: White** Sunset: 5:41PM Moon 8 - Phase 23 - 27  
 Until 4:53PM **Rahu 11:43AM – 1:12PM** Gara Until 9:08PM **Nataraja: White** 4th Phase  
 Then Creative Work - Amrita Yoga **Chidambaram Abhishekam** **Trayodashi Until 10:51AM** Moon – Purple **Subha Subha Sivaloka Day**  
**Kadaitswami Mahasamadhi** **Bhadrapada\*Puratasi**

**○ Thursday, September 28, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam  
 Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ganda\*/Vridhi Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 165  
**Copper Retreat Star** **Gulika 8:44AM – 10:13AM** **Purvaproshtapada\* Until 2:21PM** **Ganesha: Yellow** Sunrise: 5:46AM Sobhana 5125  
 Kumbha Rasi: 28.07 Tithi 14 – 15 Yama 5:46AM – 7:15AM Ganda\* Until 12:26PM **Muruga: White** Sunset: 5:40PM Moon 8 - Phase 23 -  
 Creative Work Siddha Yoga **Rahu 1:12PM – 2:41PM** Bava Until 4:01AM Fri **Nataraja: White** Purnima  
 Moon – Clear **Subha Sivaloka Day**  
**Chaturdashi\* Until 7:23AM** **Bhadrapada\*Puratasi**

**Friday, September 29, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Uttaraproshtapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166  
**Silver Retreat Star** **Gulika 7:16AM – 8:44AM** **Uttaraproshtapada Until 11:50AM** **Ganesha: Yellow** Sunrise: 5:47AM Sobhana 5125  
 Meena Rasi: 13.03 Tithi 16 Yama 2:40PM – 4:09PM Vridhi Until 8:35AM **Muruga: White** Sunset: 5:38PM Moon 8 - Phase 23 -  
 Creative Work Siddha Yoga **Rahu 10:13AM – 11:42AM** Balava Until 2:26PM **Nataraja: White** Prathama  
 Moon – Clear **Subha Sivaloka Day**  
**Prathama\* Until 12:55AM Sat** **Bhadrapada\*Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Wheaton, IL on 11/20/21

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**Saturday, September 30, 2023**  
**Gold Retreat Star**

Meena Rasi: 27.46 Tithi 17  
 Routine Work Prabalarishta Yoga  
 Until 9:31AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
 Revati/Ashvini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 5:48AM – 7:16AM**  
 Yama 1:10PM – 2:39PM  
**Rahu 8:45AM – 10:13AM**  
**Revati Until 9:31AM**  
 Vyaghata\* Until 1:43AM Sun  
 Taitila Until 11:32AM  
**Dvitiya Until 10:14PM**

**Ganesha:** Yellow *Sunrise: 5:48AM*  
**Muruga:** White *Sunset: 5:36PM* Moon 9 - Phase 24 - 1st Phase  
**Nataraja:** White  
 Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**1 Sunday, October 1, 2023**

Mesha Rasi: 12.1 Tithi 18  
 Creative Work Siddha Yoga  
 Until 7:57AM  
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 2:38PM – 4:06PM**  
 Yama 11:42AM – 1:10PM  
**Rahu 4:06PM – 5:34PM**  
**Ashvini Until 7:57AM**  
 Harshana Until 10:58PM  
 Vanija Until 9:07AM  
**Tritiya Until 8:07PM**

**Ganesha:** Clear *Sunrise: 5:49AM*  
**Muruga:** White *Sunset: 5:34PM* Moon 9 - Phase 24 - 1st Phase  
**Nataraja:** White  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**2 Monday, October 2, 2023**

Mesha Rasi: 26.09 Tithi 19  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 6:53AM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
 Bharani/Krittika Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika 1:09PM – 2:37PM**  
 Yama 10:13AM – 11:41AM  
**Rahu 7:18AM – 8:46AM**  
**Bharani Until 6:53AM**  
 Vajra\* Until 8:45PM  
 Bava Until 7:20AM  
**Chaturthi\* Until 6:42PM**

**Ganesha:** Clear *Sunrise: 5:50AM*  
**Muruga:** White *Sunset: 5:33PM* Moon 9 - Phase 24 - 2nd Phase  
**Nataraja:** White  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**3 Tuesday, October 3, 2023**

Vrishabha Rasi: 9.41 Tithi 20  
 Creative Work Siddha Yoga  
 Until 6:23AM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 11:41AM – 1:08PM**  
 Yama 8:46AM – 10:13AM  
**Rahu 2:36PM – 4:03PM**  
**Krittika Until 6:23AM**  
 Siddhi Until 7:10PM  
 Kaulava Until 6:17AM  
**Panchami Until 6:03PM**

**Ganesha:** Clear *Sunrise: 5:51AM*  
**Muruga:** White *Sunset: 5:31PM* Moon 9 - Phase 24 - 3rd Phase  
**Nataraja:** White  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**4 Wednesday, October 4, 2023**

Vrishabha Rasi: 22.48 Tithi 21  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 10:13AM – 11:41AM**  
 Yama 7:19AM – 8:46AM  
**Rahu 11:41AM – 1:08PM**  
**Rohini Until 6:58AM**  
 Vyatipata\* Until 6:14PM  
 Gara Until 6:03AM  
**Shashthi\* Until 6:12PM**

**Ganesha:** Purple *Sunrise: 5:52AM*  
**Muruga:** White *Sunset: 5:29PM* Moon 9 - Phase 24 - 4th Phase  
**Nataraja:** White  
 Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada\*Puratasi**

**5 Thursday, October 5, 2023**

Mithuna Rasi: 5.31 Tithi 22  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 8:47AM – 10:13AM**  
 Yama 5:53AM – 7:20AM  
**Rahu 1:07PM – 2:34PM**  
**Mrigashira Until 8:10AM**  
 Variyan Until 5:52PM  
 Visti Until 6:36AM  
**Saptami Until 7:07PM**

**Ganesha:** Clear *Sunrise: 5:53AM*  
**Muruga:** White *Sunset: 5:28PM* Moon 9 - Phase 24 - 5th Phase  
**Nataraja:** White  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Friday, October 6, 2023**  
**Retreat Star**

Mithuna Rasi: 17.55 Tithi 23  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 7:21AM – 8:47AM**  
 Yama 2:33PM – 3:59PM  
**Rahu 10:14AM – 11:40AM**  
**Ardra Until 9:53AM**  
 Parigha\* Until 6:00PM  
 Balava Until 7:51AM  
**Ashtami\* Until 8:42PM**

**Ganesha:** Clear *Sunrise: 5:54AM*  
**Muruga:** White *Sunset: 5:26PM* Moon 9 - Phase 24 - 6th Phase  
**Nataraja:** White  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Saturday, October 7, 2023**  
**Retreat Star**

Kataka Rasi: 0.05 Tithi 24  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 5:55AM – 7:21AM**  
 Yama 1:06PM – 2:32PM  
**Rahu 8:47AM – 10:14AM**  
**Punarvasu Until 12:28PM**  
 Shiva Until 6:33PM  
 Taitila Until 9:42AM  
**Navami\* Until 10:45PM**

**Ganesha:** Purple *Sunrise: 5:55AM*  
**Muruga:** White *Sunset: 5:24PM* Moon 9 - Phase 24 - 7th Phase  
**Nataraja:** White  
 Moon – Blue  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

<b>1 Sunday, October 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 8	Wheaton, IL Sutra 175
Kataka Rasi: 12.04	Tithi 25	<b>Gulika</b> 2:31PM – 3:57PM	<b>Pushya Until 3:14PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:56AM		Sobhana 5125
		Yama 11:39AM – 1:05PM	Siddha Until 7:19PM	<b>Muruga:</b> White <i>Sunset:</i> 5:23PM		Moon 9 - Phase 25 - 8
		649726574 <b>Rahu</b> 3:57PM – 5:23PM	Vanija Until 11:56AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 1:07AM Mon</b>	Moon – Blue	<b>Subha Sivaloka Day</b>	
					<b>Bhadrapada*Puratasi</b>	

<b>2 Monday, October 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau			Sun 9	Wheaton, IL Sutra 176
Kataka Rasi: 23.58	Tithi 26	<b>Gulika</b> 1:05PM – 2:30PM	<b>Ashlesha* Until 6:02PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:57AM		Sobhana 5125
<b>Family Home Evening</b>		Yama 10:14AM – 11:39AM	Sadhya Until 8:13PM	<b>Muruga:</b> White <i>Sunset:</i> 5:21PM		Moon 9 - Phase 25 - 9
Creative Work	Siddha Yoga	651726574 <b>Rahu</b> 7:23AM – 8:48AM	Bava Until 2:23PM	<b>Nataraja:</b> Clear		2nd Phase
Until 6:02PM			<b>Ekadashi* Until 3:37AM Tue</b>	Moon – Blue	<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Bhadrapada*Puratasi</b>	

<b>3 Tuesday, October 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 10	Wheaton, IL Sutra 177
Simha Rasi: 5.49	Tithi 27	<b>Gulika</b> 11:39AM – 1:04PM	<b>Magha* Until 9:11PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:58AM		Sobhana 5125
		Yama 8:49AM – 10:14AM	Subha Until 9:08PM	<b>Muruga:</b> White <i>Sunset:</i> 5:19PM		Moon 9 - Phase 25 - 10
		651726574 <b>Rahu</b> 2:29PM – 3:54PM	Kaulava Until 4:53PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 6:04AM Wed</b>	Moon – Red	<b>Sivaloka Day</b>	
					<b>Bhadrapada*Puratasi</b>	

<b>4 Wednesday, October 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Sun 11	Wheaton, IL Sutra 178
Simha Rasi: 17.41	Tithi 27 – 28	<b>Gulika</b> 10:14AM – 11:39AM	<b>Purvaphalguni Until 12:02AM Thu</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:00AM		Sobhana 5125
		Yama 7:24AM – 8:49AM	Sukla Until 9:55PM	<b>Muruga:</b> White <i>Sunset:</i> 5:18PM		Moon 9 - Phase 25 - 11
		651726574 <b>Rahu</b> 11:39AM – 1:03PM	Gara Until 7:16PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 6:04AM</b>	Moon – Red	<b>Sivaloka Day</b>	
					<b>Bhadrapada*Puratasi</b>	
					<i>Pradosha Vrata (Fasting)</i>	

<b>5 Thursday, October 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 12	Wheaton, IL Sutra 179
Simha Rasi: 29.38	Tithi 28 – 29	<b>Gulika</b> 8:50AM – 10:14AM	<b>Uttaraphalguni Until 2:27AM Fri</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:01AM		Sobhana 5125
		Yama 6:01AM – 7:25AM	Brahma Until 10:31PM	<b>Muruga:</b> White <i>Sunset:</i> 5:16PM		Moon 9 - Phase 25 - 12
		651726574 <b>Rahu</b> 1:03PM – 2:27PM	Visti Until 9:24PM	<b>Nataraja:</b> Clear		2nd Phase
	Amrita Yoga		<b>Trayodashi* Until 8:21AM</b>	Moon – Red	<b>Sivaloka Day</b>	
					<b>Bhadrapada*Puratasi</b>	

<b>Friday, October 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13	Wheaton, IL Sutra 180
<b>Retreat Star</b>		<b>Gulika</b> 7:26AM – 8:50AM	<b>Hasta Until 4:52AM Sat</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:02AM		Sobhana 5125
Kanya Rasi: 11.42	Tithi 29 – 30	Yama 2:26PM – 3:50PM	Indra Until 10:52PM	<b>Muruga:</b> White <i>Sunset:</i> 5:15PM		Moon 9 - Phase 25 - 13
		661726574 <b>Rahu</b> 10:14AM – 11:38AM	Catuspada Until 11:11PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 10:19AM</b>	Moon – Green	<b>Sivaloka Day</b>	
Until 4:52AM Sat		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada*Puratasi</b>	
Then Routine Work - Marana Yoga						

<b>Saturday, October 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14	Wheaton, IL Sutra 181
<b>Retreat Star</b>		<b>Gulika</b> 6:03AM – 7:27AM	<b>Chitra Until 6:41AM Sun</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:03AM		Sobhana 5125
Kanya Rasi: 23.55	Tithi 30 – 1	Yama 1:02PM – 2:25PM	Vaidhriti* Until 10:52PM	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM		Moon 9 - Phase 25 - 14
		661726574 <b>Rahu</b> 8:50AM – 10:14AM	Kintughna Until 12:33AM Sun	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Amavasya* Until 11:54AM</b>	Moon – Green	<b>Sivaloka Day</b>	
Until 6:41AM Sun		<b>Navaratri Begins</b>			<b>Ashvina*Puratasi</b>	
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1 Sunday, October 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 182	
Tula Rasi: 6.18	Tithi 1 – 2	<b>Gulika</b> 2:25PM – 3:48PM	<b>Chitra Until 6:41AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:04AM	Sobhana 5125
		Yama 11:38AM – 1:01PM	Vishkambha* Until 10:31PM	<b>Muruga:</b> White <i>Sunset:</i> 5:11PM	Moon 9 - Phase 26 - 15
Creative Work	Siddha Yoga	<b>Rahu</b> 3:48PM – 5:11PM	Balava Until 1:27AM Mon	<b>Nataraja:</b> Clear	3rd Phase
			<b>Prathama* Until 1:02PM</b>	Moon – Green	<b>Sivaloka Day</b>
				Ashvina*Puratasi	

<b>2 Monday, October 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 183	
Tula Rasi: 18.54	Tithi 2 – 3	<b>Gulika</b> 1:01PM – 2:24PM	<b>Svati Until 7:54AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:05AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:14AM – 11:37AM	Priti Until 9:50PM	<b>Muruga:</b> White <i>Sunset:</i> 5:10PM	Moon 9 - Phase 26 - 16
Creative Work	Amrita Yoga	<b>Rahu</b> 7:28AM – 8:51AM	Taitila Until 1:53AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 7:54AM			<b>Dvitiya Until 1:43PM</b>	Moon – Green	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Ashvina*Puratasi	

<b>3 Tuesday, October 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Sun 17 Sutra 184	
Vrischika Rasi: 1.43	Tithi 3 – 4	<b>Gulika</b> 11:37AM – 1:00PM	<b>Vishakha Until 8:58AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:06AM	Sobhana 5125
		Yama 8:52AM – 10:15AM	Ayushman Until 8:45PM	<b>Muruga:</b> White <i>Sunset:</i> 5:08PM	Moon 9 - Phase 26 - 17
Routine Work	Marana Yoga	<b>Rahu</b> 2:23PM – 3:46PM	Vanija Until 1:52AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Until 8:58AM			<b>Tritiya Until 1:55PM</b>	Moon – Orange	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	

<b>4 Wednesday, October 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 185	
Vrischika Rasi: 14.46	Tithi 4 – 5	<b>Gulika</b> 10:15AM – 11:37AM	<b>Anuradha Until 9:27AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM	Sobhana 5125
		Yama 7:30AM – 8:52AM	Saubhagya Until 7:19PM	<b>Muruga:</b> White <i>Sunset:</i> 5:07PM	Moon 9 - Phase 26 - 18
Creative Work	Siddha Yoga	<b>Rahu</b> 11:37AM – 1:00PM	Bava Until 1:23AM Thu	<b>Nataraja:</b> Clear	3rd Phase
			<b>Chaturthi* Until 1:40PM</b>	Moon – Orange	<b>Sivaloka Day</b>
				Ashvina*Aipasi	

<b>5 Thursday, October 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Sun 19 Sutra 186	
Vrischika Rasi: 28.02	Tithi 5 – 6	<b>Gulika</b> 8:53AM – 10:15AM	<b>Jyeshtha* Until 9:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:08AM	Sobhana 5125
		Yama 6:08AM – 7:31AM	Sobhana Until 5:34PM	<b>Muruga:</b> White <i>Sunset:</i> 5:05PM	Moon 9 - Phase 26 - 19
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 12:59PM – 2:21PM	Kaulava Until 12:29AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Until 9:20AM			<b>Panchami Until 12:58PM</b>	Moon – Orange	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	

<b>6 Friday, October 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 187	
Dhanus Rasi: 11.33	Tithi 6 – 7	<b>Gulika</b> 7:31AM – 8:53AM	<b>Mula* Until 9:07AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM	Sobhana 5125
		Yama 2:20PM – 3:42PM	Athiganda* Until 3:28PM	<b>Muruga:</b> White <i>Sunset:</i> 5:04PM	Moon 9 - Phase 26 - 20
Creative Work	Amrita Yoga	<b>Rahu</b> 10:15AM – 11:37AM	Gara Until 11:11PM	<b>Nataraja:</b> Clear	3rd Phase
Until 9:07AM			<b>Shashthi* Until 11:52AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				Ashvina*Aipasi	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 188	
Dhanus Rasi: 25.17	Tithi 7 – 8	<b>Gulika</b> 6:11AM – 7:32AM	<b>Purvashadha* Until 8:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:11AM	Sobhana 5125
		Yama 12:58PM – 2:19PM	Sukarma Until 1:04PM	<b>Muruga:</b> White <i>Sunset:</i> 5:02PM	Moon 9 - Phase 26 - 21
Creative Work	Siddha Yoga	<b>Rahu</b> 8:54AM – 10:15AM	Visti Until 9:30PM	<b>Nataraja:</b> Clear	Ashtami
Until 8:21AM			<b>Saptami Until 10:22AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Durga Ashtami</b>		Ashvina*Aipasi	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 189	
Makara Rasi: 9.16	Tithi 8 – 9	<b>Gulika</b> 2:19PM – 3:40PM	<b>Uttarashadha Until 7:05AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:12AM	Sobhana 5125
		Yama 11:36AM – 12:58PM	Dhriti Until 10:22AM	<b>Muruga:</b> White <i>Sunset:</i> 5:01PM	Moon 9 - Phase 26 - 22
Creative Work	Amrita Yoga	<b>Rahu</b> 3:40PM – 5:01PM	Balava Until 7:27PM	<b>Nataraja:</b> Clear	Navami
			<b>Ashtami* Until 8:30AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>		Ashvina*Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>Monday, October 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23	Sutra 190
<b>1</b>	Makara Rasi: 23.28 Tithi 9 – 10 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 4:00AM Tue Then Routine Work - Marana Yoga	<b>Gulika</b> 12:57PM – 2:18PM Yama 10:15AM – 11:36AM <b>Rahu</b> 7:34AM – 8:55AM  <b>Vijaya Dasami</b>	<b>Dhanishtha Until 4:00AM Tue</b> Shula* Until 7:23AM Gara Until 3:48AM Tue <b>Navami* Until 6:17AM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 4:59PM  <b>Devaloka Day</b>
<b>Tuesday, October 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24	Wheaton, IL Sutra 191
<b>2</b>	Kumbha Rasi: 7.51 Tithi 11  Routine Work Marana Yoga Until 1:55AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:36AM – 12:57PM Yama 8:55AM – 10:16AM <b>Rahu</b> 2:17PM – 3:38PM	<b>Shatabhishak Until 1:55AM Wed</b> Vriddhi Until 12:50AM Wed Vanija Until 2:30PM <b>Ekadashi Until 1:07AM Wed</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 4:58PM  <b>Devaloka Day</b>
<b>Wednesday, October 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25	Wheaton, IL Sutra 192
<b>3</b>	Kumbha Rasi: 22.23 Tithi 12  Creative Work Amrita Yoga Until 12:00AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:16AM – 11:36AM Yama 7:36AM – 8:56AM <b>Rahu</b> 11:36AM – 12:56PM	<b>Purvaproshtapada* Until 12:00AM Thu</b> Dhruva Until 9:22PM Bava Until 11:44AM <b>Dvadashi Until 10:19PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 4:57PM  <b>Devaloka Day</b>
<b>Thursday, October 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26	Wheaton, IL Sutra 193
<b>4</b>	Meena Rasi: 6.58 Tithi 13  Creative Work Siddha Yoga	<b>Gulika</b> 8:56AM – 10:16AM Yama 6:17AM – 7:36AM <b>Rahu</b> 12:56PM – 2:16PM	<b>Uttaraproshtapada Until 9:57PM</b> Vyaghata* Until 5:54PM Kaulava Until 8:55AM <b>Trayodashi Until 7:31PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 4:55PM  <b>Devaloka Day</b>
<i>Pradosha Vrata</i>					
<b>Friday, October 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27	Wheaton, IL Sutra 194
<b>5</b>	Meena Rasi: 21.32 Tithi 14 – 15  Creative Work Siddha Yoga Until 7:54PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:37AM – 8:57AM Yama 2:15PM – 3:34PM <b>Rahu</b> 10:16AM – 11:36AM	<b>Revati Until 7:54PM</b> Harshana Until 2:32PM Gara Until 6:10AM <b>Chaturdashi* Until 4:50PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 4:54PM  <b>Devaloka Day</b>
<b>Saturday, October 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28	Wheaton, IL Sutra 195
<b>○</b>	<b>Copper Retreat Star</b> Mesha Rasi: 5.58 Tithi 15 – 16  Creative Work Siddha Yoga	<b>Gulika</b> 6:19AM – 7:38AM Yama 12:55PM – 2:14PM <b>Rahu</b> 8:57AM – 10:17AM	<b>Ashvini Until 6:24PM</b> Vajra* Until 11:21AM Balava Until 1:21AM Sun <b>Purnima* Until 2:25PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 4:53PM  <b>Sivaloka Day</b>
<b>Sunday, October 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Sun 29	Wheaton, IL Sutra 196
<b>○</b>	<b>Silver Retreat Star</b> Mesha Rasi: 20.09 Tithi 16 – 17  Routine Work Prabalarishta Yoga Until 5:10PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:13PM – 3:32PM Yama 11:36AM – 12:55PM <b>Rahu</b> 3:32PM – 4:51PM	<b>Bharani Until 5:10PM</b> Siddhi Until 8:28AM Taitila Until 11:34PM <b>Prathama* Until 12:23PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:51PM  <b>Sivaloka Day</b>

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Wheaton, IL on 11/20/21

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**Monday, October 30, 2023**  
**Gold Retreat Star**

Vrishabha Rasi: 4.02 Tithi 17 – 18  
**Family Home Evening** 622826574  
 Routine Work Marana Yoga  
 Until 4:20PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Krittika/Rohini Nakshatra Vyatipata\*Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 12:54PM – 2:13PM**  
 Yama 10:17AM – 11:36AM  
**Rahu 7:40AM – 8:58AM**  
**Krittika Until 4:20PM**  
 Vyatipata\* Until 6:01AM  
 Vanija Until 10:22PM  
**Dvitiya Until 10:52AM**

Sun 1 Sutra 197  
 Sobhana 5125  
 Moon 10 - Phase 28 - 1  
 1st Phase  
**Subha Sivaloka Day**  
**Ganesha: White** Sunrise: 6:21AM  
**Muruga: White** Sunset: 4:50PM  
**Nataraja: Clear**  
 Moon – White  
**Ashvina•Aipasi**

**1**  
**Tuesday, October 31, 2023**

Vrishabha Rasi: 17.34 Tithi 18 – 19  
 632826574  
 Creative Work Amrita Yoga  
 Until 4:26PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 11:36AM – 12:54PM**  
 Yama 8:59AM – 10:17AM  
**Rahu 2:12PM – 3:30PM**  
**Rohini Until 4:26PM**  
 Parigha\* Until 2:34AM Wed  
 Bava Until 9:51PM  
**Tritiya Until 10:00AM**

Sun 2 Sutra 198  
 Sobhana 5125  
 Moon 10 - Phase 28 - 2  
 1st Phase  
**Sivaloka Day**  
**Ganesha: Yellow** Sunrise: 6:23AM  
**Muruga: White** Sunset: 4:49PM  
**Nataraja: Clear**  
 Moon – Yellow  
**Ashvina•Aipasi**

**2**  
**Wednesday, November 1, 2023**

Mithuna Rasi: 0.42 Tithi 19 – 20  
 632826574  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 10:18AM – 11:36AM**  
 Yama 7:42AM – 9:00AM  
**Rahu 11:36AM – 12:53PM**  
**Mrigashira Until 5:06PM**  
 Shiva Until 1:42AM Thu  
 Kaulava Until 10:03PM  
**Chaturthi\* Until 9:50AM**

Sun 3 Sutra 199  
 Sobhana 5125  
 Moon 10 - Phase 28 - 3  
 1st Phase  
**Sivaloka Day**  
**Ganesha: Yellow** Sunrise: 6:24AM  
**Muruga: White** Sunset: 4:47PM  
**Nataraja: Clear**  
 Moon – Yellow  
**Ashvina•Aipasi**

**3**  
**Thursday, November 2, 2023**

Mithuna Rasi: 13.29 Tithi 20 – 21  
 632826574  
 Routine Work Marana Yoga  
 Until 6:18PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
 Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 9:00AM – 10:18AM**  
 Yama 6:25AM – 7:43AM  
**Rahu 12:53PM – 2:11PM**  
**Ardra Until 6:18PM**  
 Siddha Until 1:22AM Fri  
 Gara Until 10:58PM  
**Panchami Until 10:24AM**

Sun 4 Sutra 200  
 Sobhana 5125  
 Moon 10 - Phase 28 - 4  
 1st Phase  
**Devaloka Day**  
**Ganesha: White** Sunrise: 6:25AM  
**Muruga: White** Sunset: 4:46PM  
**Nataraja: Clear**  
 Moon – Yellow  
**Ashvina•Aipasi**

**4**  
**Friday, November 3, 2023**

Mithuna Rasi: 25.56 Tithi 21 – 22  
 643826574  
 Creative Work Siddha Yoga  
 Until 8:28PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 7:44AM – 9:01AM**  
 Yama 2:10PM – 3:28PM  
**Rahu 10:18AM – 11:36AM**  
**Punarvasu Until 8:28PM**  
 Sadhya Until 1:32AM Sat  
 Visti Until 12:33AM Sat  
**Shashthi\* Until 11:40AM**

Sun 5 Sutra 201  
 Sobhana 5125  
 Moon 10 - Phase 28 - 5  
 1st Phase  
**Sivaloka Day**  
**Ganesha: Yellow** Sunrise: 6:26AM  
**Muruga: White** Sunset: 4:45PM  
**Nataraja: Clear**  
 Moon – Blue  
**Ashvina•Aipasi**

**Retreat Star**  
**Saturday, November 4, 2023**

Kataka Rasi: 8.08 Tithi 22 – 23  
 643826574  
 Creative Work Siddha Yoga  
 Until 10:59PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
 Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 6:27AM – 7:44AM**  
 Yama 12:53PM – 2:10PM  
**Rahu 9:01AM – 10:18AM**  
**Pushya Until 10:59PM**  
 Subha Until 2:05AM Sun  
 Balava Until 2:39AM Sun  
**Saptami Until 1:31PM**

Sun 6 Sutra 202  
 Sobhana 5125  
 Moon 10 - Phase 28 - 6  
 Ashtami  
**Sivaloka Day**  
**Ganesha: Yellow** Sunrise: 6:27AM  
**Muruga: White** Sunset: 4:44PM  
**Nataraja: Clear**  
 Moon – Blue  
**Ashvina•Aipasi**

**Retreat Star**  
**Sunday, November 5, 2023**

Kataka Rasi: 20.09 Tithi 23 – 24  
 643826574  
 Creative Work Siddha Yoga  
 Until 1:40AM Mon  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ashlesha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 2:09PM – 3:26PM**  
 Yama 11:36AM – 12:52PM  
**Rahu 3:26PM – 4:43PM**  
**Ashlesha\* Until 1:40AM Mon**  
 Sukla Until 2:52AM Mon  
 Taitila Until 5:04AM Mon  
**Ashtami\* Until 3:48PM**

Sun 7 Sutra 203  
 Sobhana 5125  
 Moon 10 - Phase 28 - 7  
 Navami  
**Sivaloka Day**  
**Ganesha: Yellow** Sunrise: 6:29AM  
**Muruga: White** Sunset: 4:43PM  
**Nataraja: Clear**  
 Moon – Blue  
**Ashvina•Aipasi**

<b>Monday, November 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara Karana Navamyam Titau		Sun 8 Sutra 204 Sobhana 5125	
<b>1</b>	Simha Rasi: 2.03 Tithi 24 <b>Family Home Evening</b> Routine Work Marana Yoga Until 4:50AM Tue Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:52PM – 2:09PM Yama 10:19AM – 11:36AM <b>Rahu</b> 7:46AM – 9:03AM	<b>Magha* Until 4:50AM Tue</b> Brahma Until 3:45AM Tue Gara Until 6:19PM <b>Navami* Until 6:19PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:30AM Sunset: 4:41PM Moon 10 - Phase 29 - 8 2nd Phase <b>Devaloka Day</b>
<b>Tuesday, November 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 205 Sobhana 5125	
<b>2</b>	Simha Rasi: 13.54 Tithi 25 753826574 Creative Work Siddha Yoga Until 7:45AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:36AM – 12:52PM Yama 9:03AM – 10:19AM <b>Rahu</b> 2:08PM – 3:24PM	<b>Purvaphalguni Until 7:45AM Wed</b> Indra Until 4:36AM Wed Vanija Until 7:37AM <b>Dashami Until 8:50PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:31AM Sunset: 4:40PM Moon 10 - Phase 29 - 9 2nd Phase <b>Sivaloka Day</b>
<b>Wednesday, November 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 206 Sobhana 5125	
<b>3</b>	Simha Rasi: 25.47 Tithi 26 753826574 Creative Work Amrita Yoga	<b>Gulika</b> 10:20AM – 11:36AM Yama 7:48AM – 9:04AM <b>Rahu</b> 11:36AM – 12:52PM	<b>Purvaphalguni Until 7:45AM</b> Vaidhriti* Until 5:13AM Thu Bava Until 10:03AM <b>Ekadashi* Until 11:09PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:32AM Sunset: 4:39PM Moon 10 - Phase 29 - 10 2nd Phase <b>Sivaloka Day</b>
<b>Thursday, November 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 207 Sobhana 5125	
<b>4</b>	Kanya Rasi: 7.47 Tithi 27 753826574 Amrita Yoga Until 10:13AM Then Routine Work - Marana Yoga	<b>Gulika</b> 9:05AM – 10:20AM Yama 6:33AM – 7:49AM <b>Rahu</b> 12:51PM – 2:07PM	<b>Uttaraphalguni Until 10:13AM</b> Vishkambha* Until 5:32AM Fri Kaulava Until 12:11PM <b>Dvadashi* Until 1:04AM Fri</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:33AM Sunset: 4:39PM Moon 10 - Phase 29 - 11 2nd Phase <b>Sivaloka Day</b>
<b>Friday, November 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 208 Sobhana 5125	
<b>5</b>	Kanya Rasi: 19.56 Tithi 28 763826574 Creative Work Amrita Yoga Until 12:36PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:50AM – 9:05AM Yama 2:07PM – 3:22PM <b>Rahu</b> 10:21AM – 11:36AM	<b>Hasta Until 12:36PM</b> Priti Until 5:27AM Sat Gara Until 1:52PM <b>Trayodashi* Until 2:28AM Sat</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Ashvina*Aipasi	Sunrise: 6:35AM Sunset: 4:37PM Moon 10 - Phase 29 - 12 2nd Phase <b>Devaloka Day</b>
<b>Saturday, November 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 209 Sobhana 5125	
<b>6</b>	Tula Rasi: 2.2 Tithi 29 763826574 Routine Work Marana Yoga Until 2:16PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:36AM – 7:51AM Yama 12:51PM – 2:06PM <b>Rahu</b> 9:06AM – 10:21AM	<b>Chitra Until 2:16PM</b> Ayushman Until 4:53AM Sun Visti Until 2:58PM <b>Chaturdashi* Until 3:16AM Sun</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Ashvina*Aipasi	Sunrise: 6:36AM Sunset: 4:36PM Moon 10 - Phase 29 - 13 2nd Phase <b>Devaloka Day</b>
<b>Sunday, November 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 210 Sobhana 5125	
<b>Retreat Star</b>	Tula Rasi: 14.59 Tithi 30 763826574 Creative Work Siddha Yoga Until 3:12PM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:06PM – 3:20PM Yama 11:36AM – 12:51PM <b>Rahu</b> 3:20PM – 4:35PM	<b>Svati Until 3:12PM</b> Saubhagya Until 3:52AM Mon Catuspada Until 3:28PM <b>Amavasya* Until 3:28AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Ashvina*Aipasi	Sunrise: 6:37AM Sunset: 4:35PM Moon 10 - Phase 29 - 14 Amavasya <b>Devaloka Day</b>
<b>Monday, November 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 211 Sobhana 5125	
<b>Retreat Star</b>	Tula Rasi: 27.55 Tithi 1 773826574 <b>Family Home Evening</b> Routine Work Marana Yoga Until 3:52PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:51PM – 2:05PM Yama 10:22AM – 11:36AM <b>Rahu</b> 7:53AM – 9:07AM	<b>Vishakha Until 3:52PM</b> Sobhana Until 2:25AM Tue Kintughna Until 3:22PM <b>Prathama* Until 3:06AM Tue</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange Karttika*Aipasi	Sunrise: 6:38AM Sunset: 4:34PM Moon 10 - Phase 29 - 15 Prathama <b>Devaloka Day</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, November 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16		Sutra 212	
Vrischika Rasi: 11.08		Tithi 2		773826574		Gulika 11:36AM – 12:51PM		Anuradha Until 3:52PM	
Creative Work		Siddha Yoga				Sunrise: 6:40AM		Ganesha: Blue	
Until 3:52PM						Sunset: 4:33PM		Muruga: White	
Then Routine Work - Marana Yoga								Moon 10 - Phase 30 - 16	
								Nataraja: Clear	
								Moon - Orange	
								Devaloka Day	
								Kartika*Aipasi	

<b>2</b>		<b>Wednesday, November 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17		Wheaton, IL Sutra 213	
Vrischika Rasi: 24.37		Tithi 3		773826574		Gulika 10:23AM – 11:37AM		Jyeshtha* Until 3:18PM	
Creative Work		Siddha Yoga				Sunrise: 6:41AM		Ganesha: Blue	
Until 3:18PM						Sunset: 4:32PM		Muruga: White	
Then Routine Work - Marana Yoga								Moon 10 - Phase 30 - 17	
								Nataraja: Clear	
								Moon - Orange	
								Devaloka Day	
								Kartika*Aipasi	

<b>3</b>		<b>Thursday, November 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18		Wheaton, IL Sutra 214	
Dhanus Rasi: 8.19		Tithi 4		784826574		Gulika 9:09AM – 10:23AM		Mula* Until 2:41PM	
Creative Work		Siddha Yoga				Sunrise: 6:42AM		Ganesha: Yellow	
Until 3:18PM						Sunset: 4:32PM		Muruga: White	
Then Routine Work - Marana Yoga								Moon 10 - Phase 30 - 18	
								Nataraja: Clear	
								Moon - Light Blue	
								Sivaloka Day	
								Kartika*Kartikai	

<b>4</b>		<b>Friday, November 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 19		Wheaton, IL Sutra 215	
Dhanus Rasi: 22.11		Tithi 5		784826575		Gulika 7:57AM – 9:10AM		Purvashadha* Until 1:42PM	
Routine Work		Prabalarishta Yoga				Sunrise: 6:43AM		Ganesha: Yellow	
Until 1:42PM						Sunset: 4:31PM		Muruga: White	
Then Routine Work - Marana Yoga								Moon 10 - Phase 30 - 19	
								Nataraja: Purple	
								Moon - Light Blue	
								Subha Sivaloka Day	
								Kartika*Kartikai	


<b>5</b>		<b>Saturday, November 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20		Wheaton, IL Sutra 216	
Makara Rasi: 6.1		Tithi 6		784826575		Gulika 6:44AM – 7:58AM		Uttarashadha Until 12:24PM	
Routine Work		Marana Yoga				Sunrise: 6:44AM		Ganesha: Yellow	
Until 12:24PM						Sunset: 4:30PM		Muruga: White	
Then Creative Work - Siddha Yoga								Moon 10 - Phase 30 - 20	
								Nataraja: Purple	
								Moon - Light Blue	
								Subha Sivaloka Day	
								Kartika*Kartikai	

<b>6</b>		<b>Sunday, November 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Wheaton, IL Sutra 217	
Makara Rasi: 20.13		Tithi 7 – 8		794826575		Gulika 2:03PM – 3:16PM		Shravana Until 11:17AM	
Creative Work		Amrita Yoga				Sunrise: 6:46AM		Ganesha: White	
Until 11:17AM						Sunset: 4:29PM		Muruga: White	
Then Routine Work - Marana Yoga								Moon 10 - Phase 30 - 21	
								Nataraja: Purple	
								Moon - Purple	
								Subha Subha Sivaloka Day	
								Kartika*Kartikai	

<b>Retreat Star</b>		<b>Monday, November 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Wheaton, IL Sutra 218	
Kumbha Rasi: 4.2		Tithi 8 – 9		794826575		Gulika 12:50PM – 2:03PM		Dhanishtha Until 9:56AM	
Family Home Evening						Sunrise: 6:47AM		Ganesha: White	
Creative Work		Siddha Yoga				Sunset: 4:29PM		Muruga: White	
								Moon 10 - Phase 30 - 22	
								Nataraja: Purple	
								Moon - Purple	
								Subha Subha Sivaloka Day	
								Kartika*Kartikai	

<b>Retreat Star</b>		<b>Tuesday, November 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Wheaton, IL Sutra 219	
Kumbha Rasi: 18.28		Tithi 9 – 10		794826575		Gulika 11:38AM – 12:50PM		Shatabhishak Until 8:25AM	
Routine Work		Marana Yoga				Sunrise: 6:48AM		Ganesha: White	
						Sunset: 4:28PM		Muruga: White	
								Moon 10 - Phase 30 - 23	
								Nataraja: Purple	
								Moon - Purple	
								Subha Subha Sivaloka Day	
								Kartika*Kartikai	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, November 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 220	
Meena Rasi: 2.37		Tithi 10 – 11		714826575		Gulika 10:26AM – 11:38AM		Purvaproshtapada* Until 7:11AM	
Creative Work		Amrita Yoga		Yama 8:01AM – 9:14AM		Rahu 11:38AM – 12:50PM		Ganesha: White Sunrise: 6:49AM	
Until 7:11AM		Then Creative Work - Siddha Yoga		Vajra* Until 12:26AM Thu		Vanija Until 10:39PM		Muruga: White Sunset: 4:27PM	
				Dashami Until 11:40AM		Karttika*Karttikai		Moon 10 - Phase 31 - 24	
								Nataraja: Purple	
								Moon – Clear	
								Subha Subha Sivaloka Day	
<b>2</b>		<b>Thursday, November 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 221	
Meena Rasi: 16.45		Tithi 11 – 12		714826575		Gulika 9:14AM – 10:26AM		Revati Until 4:25AM Fri	
Creative Work		Siddha Yoga		Yama 6:50AM – 8:02AM		Rahu 12:51PM – 2:03PM		Ganesha: White Sunrise: 6:50AM	
Until 4:25AM Fri		Then Creative Work - Amrita Yoga		Siddhi Until 9:37PM		Bava Until 8:39PM		Muruga: White Sunset: 4:27PM	
				Ekadashi Until 9:37AM		Karttika*Karttikai		Moon 10 - Phase 31 - 25	
								Nataraja: Purple	
								Moon – Clear	
								Subha Subha Sivaloka Day	
<b>3</b>		<b>Friday, November 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 222	
Mesha Rasi: 0.5		Tithi 12 – 13		724926575		Gulika 8:03AM – 9:15AM		Ashvini Until 3:27AM Sat	
Creative Work		Amrita Yoga		Yama 2:02PM – 3:14PM		Rahu 10:27AM – 11:39AM		Ganesha: Purple Sunrise: 6:51AM	
Until 3:27AM Sat		Then Creative Work - Siddha Yoga		Vyatipata* Until 6:56PM		Kaulava Until 6:48PM		Muruga: White Sunset: 4:26PM	
				Dvadashi Until 7:41AM		Karttika*Karttikai		Moon 10 - Phase 31 - 26	
								Nataraja: Purple	
								Moon – White	
								Sivaloka Day	
<b>4</b>		<b>Saturday, November 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 223	
Mesha Rasi: 14.48		Tithi 14		724926575		Gulika 6:52AM – 8:04AM		Bharani Until 2:35AM Sun	
Creative Work		Siddha Yoga		Yama 12:51PM – 2:02PM		Rahu 9:16AM – 10:27AM		Ganesha: Purple Sunrise: 6:52AM	
				Chaturdashi* Until 4:25AM Sun		Karttika*Karttikai		Moon 10 - Phase 31 - 27	
								Nataraja: Purple	
								Moon – White	
								Sivaloka Day	
		<b>Sunday, November 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 224	
Mesha Rasi: 28.36		Tithi 15		724926575		Gulika 2:02PM – 3:14PM		Krittika Until 1:55AM Mon	
Creative Work		Siddha Yoga		Yama 11:39AM – 12:51PM		Rahu 3:14PM – 4:25PM		Ganesha: Purple Sunrise: 6:54AM	
Until 1:55AM Mon		Then Creative Work - Amrita Yoga		Visti Until 3:48PM		Purnima* Until 3:16AM Mon		Muruga: White Sunset: 4:25PM	
				Krittika Deepam		Karttika*Karttikai		Moon 10 - Phase 31 - Purnima	
								Nataraja: Purple	
								Moon – White	
								Sivaloka Day	
<b>Monday, November 27, 2023</b>		<b>Silver Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 225	
Vrisabha Rasi: 12.11		Tithi 16		734926575		Gulika 12:51PM – 2:02PM		Rohini Until 2:00AM Tue	
Creative Work		Amrita Yoga		Yama 10:28AM – 11:40AM		Rahu 8:06AM – 9:17AM		Ganesha: Clear Sunrise: 6:55AM	
Until 2:00AM Tue		Then Creative Work - Siddha Yoga		Balava Until 2:53PM		Prathama* Until 2:35AM Tue		Muruga: White Sunset: 4:25PM	
				Vinayaga Viratam Begins		Karttika*Karttikai		Moon 10 - Phase 31 - Prathama	
								Nataraja: Purple	
								Moon – Yellow	
								Subha Sivaloka Day	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Vrishabha Rasi: 25.31 Tithi 17

734926575

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:40AM – 12:51PM  
Yama 9:18AM – 10:29AM  
Rahu 2:02PM – 3:13PM

Mrigashira Until 2:28AM Wed  
Siddha Until 10:31AM  
Taitila Until 2:28PM  
Dvitiya Until 2:27AM Wed

Ganesha: Clear Sunrise: 6:56AM  
Muruga: White Sunset: 4:24PM  
Nataraja: Purple  
Moon – Yellow

Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 226  
Sobhana 5125  
Moon 11 - Phase 32 - 1st Phase

1

Wednesday, November 29, 2023

Mithuna Rasi: 8.34 Tithi 18

735926575

Creative Work Siddha Yoga

Until 3:21AM Thu

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Gulika 10:30AM – 11:40AM  
Yama 8:08AM – 9:19AM  
Rahu 11:40AM – 12:51PM

Ardra Until 3:21AM Thu  
Sadhya Until 9:23AM  
Vanija Until 2:38PM  
Tritiya Until 2:56AM Thu

Ganesha: Purple Sunrise: 6:57AM  
Muruga: White Sunset: 4:24PM  
Nataraja: Purple  
Moon – Yellow

Subha Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 227  
Sobhana 5125  
Moon 11 - Phase 32 - 1st Phase

2

Thursday, November 30, 2023

Mithuna Rasi: 21.18 Tithi 19

745926575

Creative Work Amrita Yoga

Until 5:10AM Fri

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:19AM – 10:30AM  
Yama 6:58AM – 8:09AM  
Rahu 12:51PM – 2:02PM

Punarvasu Until 5:10AM Fri  
Subha Until 8:44AM  
Bava Until 3:26PM  
Chaturthi\* Until 4:02AM Fri

Ganesha: Clear Sunrise: 6:58AM  
Muruga: White Sunset: 4:24PM  
Nataraja: Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 228  
Sobhana 5125  
Moon 11 - Phase 32 - 2nd Phase

3

Friday, December 1, 2023

Kataka Rasi: 3.45 Tithi 20

745926575

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:10AM – 9:20AM  
Yama 2:02PM – 3:13PM  
Rahu 10:31AM – 11:41AM

Pushya Until 7:23AM Sat  
Sukla Until 8:31AM  
Kaulava Until 4:51PM  
Panchami Until 5:44AM Sat

Ganesha: Clear Sunrise: 6:59AM  
Muruga: White Sunset: 4:23PM  
Nataraja: Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 229  
Sobhana 5125  
Moon 11 - Phase 32 - 3rd Phase

4

Saturday, December 2, 2023

Kataka Rasi: 15.58 Tithi 21

745926575

Creative Work Siddha Yoga

Until 7:23AM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara Karana Shashthyam Titau

Gulika 7:00AM – 8:10AM  
Yama 12:52PM – 2:02PM  
Rahu 9:21AM – 10:31AM

Pushya Until 7:23AM  
Brahma Until 8:46AM  
Gara Until 6:48PM  
Shashthi\* Until 7:56AM Sun

Ganesha: Clear Sunrise: 7:00AM  
Muruga: White Sunset: 4:23PM  
Nataraja: Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 230  
Sobhana 5125  
Moon 11 - Phase 32 - 4th Phase

5

Sunday, December 3, 2023

Kataka Rasi: 27.58 Tithi 21 – 22

745926575

Creative Work Siddha Yoga

Until 9:53AM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 2:02PM – 3:13PM  
Yama 11:42AM – 12:52PM  
Rahu 3:13PM – 4:23PM

Ashlesha\* Until 9:53AM  
Indra Until 9:23AM  
Visti Until 9:11PM  
Shashthi\* Until 7:56AM

Ganesha: Clear Sunrise: 7:01AM  
Muruga: White Sunset: 4:23PM  
Nataraja: Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 231  
Sobhana 5125  
Moon 11 - Phase 32 - 5th Phase

D

Monday, December 4, 2023

Retreat Star

Simha Rasi: 9.52 Tithi 22 – 23

755926575

Family Home Evening

Routine Work Marana Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 12:52PM – 2:02PM  
Yama 10:32AM – 11:42AM  
Rahu 8:12AM – 9:22AM

Magha\* Until 1:01PM  
Vaidhriti\* Until 10:12AM  
Balava Until 11:47PM  
Saptami Until 10:27AM

Ganesha: White Sunrise: 7:02AM  
Muruga: White Sunset: 4:23PM  
Nataraja: Purple  
Moon – Red

Subha Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 232  
Sobhana 5125  
Moon 11 - Phase 32 - 6th Phase  
Ashtami

Tuesday, December 5, 2023

Retreat Star

Simha Rasi: 21.42 Tithi 23 – 24

755936575

Creative Work Siddha Yoga

Until 4:03PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:43AM – 12:53PM  
Yama 9:23AM – 10:33AM  
Rahu 2:03PM – 3:12PM

Purvaphalguni Until 4:03PM  
Vishkambha\* Until 11:06AM  
Taitila Until 2:21AM Wed  
Ashtami\* Until 1:04PM


Ganesha: White Sunrise: 7:03AM  
Muruga: Clear Sunset: 4:22PM  
Nataraja: Purple  
Moon – Red

Subha Sivaloka Day

Karttika-Karttikai

Wheaton, IL  
Sutra 233  
Sobhana 5125  
Moon 11 - Phase 32 - 7th Phase  
Navami

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, December 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Wheaton, IL Sutra 234	
Kanya Rasi: 3.34		Tithi 24 – 25		755936575		Gulika 10:33AM – 11:43AM Yama 8:14AM – 9:24AM Rahu 11:43AM – 12:53PM		Uttaraphalguni Until 6:44PM Priti Until 11:55AM Vanija Until 4:38AM Thu Navami* Until 3:31PM	
Creative Work		Amrita Yoga		Until 6:44PM		Then Routine Work - Marana Yoga		Ganesha: White Muruga: Clear Nataraja: Purple Moon – Red	
								Sunrise: 7:04AM Sunset: 4:22PM Moon 11 - Phase 33 - 8 2nd Phase Subha Sivaloka Day Karttika*Karttikai	
<b>2</b>		<b>Thursday, December 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Wheaton, IL Sutra 235	
Kanya Rasi: 15.33		Tithi 25 – 26		765936575		Gulika 9:24AM – 10:34AM Yama 7:05AM – 8:15AM Rahu 12:53PM – 2:03PM		Hasta Until 9:21PM Ayushman Until 12:26PM Bava Until 6:25AM Fri Dashami Until 5:35PM	
Routine Work		Marana Yoga		Until 9:21PM		Then Creative Work - Siddha Yoga		Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green	
								Sunrise: 7:05AM Sunset: 4:22PM Moon 11 - Phase 33 - 9 2nd Phase Sivaloka Day Karttika*Karttikai	
<b>3</b>		<b>Friday, December 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Wheaton, IL Sutra 236	
Kanya Rasi: 27.44		Tithi 26		766936575		Gulika 8:15AM – 9:25AM Yama 2:03PM – 3:13PM Rahu 10:35AM – 11:44AM		Chitra Until 11:12PM Saubhagya Until 12:32PM Bava Until 6:25AM Ekadashi* Until 7:02PM	
Creative Work		Siddha Yoga		Until 7:02PM		Then Routine Work - Marana Yoga		Ganesha: White Muruga: Clear Nataraja: Purple Moon – Green	
								Sunrise: 7:06AM Sunset: 4:22PM Moon 11 - Phase 33 - 10 2nd Phase Devaloka Day Karttika*Karttikai	
<b>4</b>		<b>Saturday, December 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Wheaton, IL Sutra 237	
Tula Rasi: 10.13		Tithi 27		766936575		Gulika 7:07AM – 8:16AM Yama 12:54PM – 2:03PM Rahu 9:26AM – 10:35AM		Svati Until 12:11AM Sun Sobhana Until 12:06PM Kaulava Until 7:30AM Dvadashi* Until 7:45PM	
Creative Work		Siddha Yoga		Until 12:11AM Sun		Then Routine Work - Marana Yoga		Ganesha: White Muruga: Clear Nataraja: Purple Moon – Green	
								Sunrise: 7:07AM Sunset: 4:22PM Moon 11 - Phase 33 - 11 2nd Phase Devaloka Day Karttika*Karttikai	
<b>5</b>		<b>Sunday, December 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Wheaton, IL Sutra 238	
Tula Rasi: 23.03		Tithi 28		776936575		Gulika 2:04PM – 3:13PM Yama 11:45AM – 12:54PM Rahu 3:13PM – 4:22PM		Vishakha Until 12:44AM Mon Athiganda* Until 11:04AM Gara Until 7:50AM Trayodashi* Until 7:42PM	
Routine Work		Marana Yoga		Until 12:44AM Mon		Then Creative Work - Siddha Yoga		Ganesha: Green Muruga: Clear Nataraja: Purple Moon – Orange	
								Sunrise: 7:08AM Sunset: 4:22PM Moon 11 - Phase 33 - 12 2nd Phase Devaloka Day Karttika*Karttikai <i>Pradosha Vrata (Fasting)</i>	
<b>6</b>		<b>Monday, December 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Wheaton, IL Sutra 239	
Vrischika Rasi: 6.15		Tithi 29		776936575		Gulika 12:55PM – 2:04PM Yama 10:36AM – 11:45AM Rahu 8:18AM – 9:27AM		Anuradha Until 12:27AM Tue Sukarma Until 9:28AM Visti Until 7:25AM Chaturdashi* Until 6:56PM	
Family Home Evening		Siddha Yoga		Until 12:27AM Tue		Then Routine Work - Marana Yoga		Ganesha: Green Muruga: Clear Nataraja: Purple Moon – Orange	
								Sunrise: 7:08AM Sunset: 4:22PM Moon 11 - Phase 33 - 13 2nd Phase Devaloka Day Karttika*Karttikai	
		<b>Tuesday, December 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Wheaton, IL Sutra 240	
Vrischika Rasi: 19.5		Tithi 30 – 1		776936575		Gulika 11:46AM – 12:55PM Yama 9:28AM – 10:37AM Rahu 2:04PM – 3:13PM		Jyeshtha* Until 11:26PM Dhriti Until 7:21AM Catuspada Until 6:19AM Amavasya* Until 5:32PM	
Routine Work		Marana Yoga		Until 11:26PM		Then Creative Work - Amrita Yoga		Ganesha: Green Muruga: Clear Nataraja: Purple Moon – Orange	
								Sunrise: 7:09AM Sunset: 4:22PM Moon 11 - Phase 33 - 14 Amavasya Devaloka Day Karttika*Karttikai	
<b>Retreat Star</b>		<b>Wednesday, December 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Wheaton, IL Sutra 241	
Dhanus Rasi: 3.44		Tithi 1 – 2		786936575		Gulika 10:37AM – 11:46AM Yama 8:19AM – 9:28AM Rahu 11:46AM – 12:55PM		Mula* Until 10:15PM Ganda* Until 1:52AM Thu Balava Until 2:35AM Thu Prathama* Until 3:39PM	
Routine Work		Marana Yoga		Until 10:15PM		Then Creative Work - Amrita Yoga		Ganesha: White Muruga: Clear Nataraja: Purple Moon – Light Blue	
								Sunrise: 7:10AM Sunset: 4:23PM Moon 11 - Phase 33 - 15 Prathama Devaloka Day Margasira*Karttikai	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>	<b>Thursday, December 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 242	
	Dhanus Rasi: 17.55	Tithi 2 – 3	<b>Gulika</b> 9:29AM – 10:38AM	<b>Purvashadha* Until 8:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:11AM	Sobhana 5125
			Yama 7:11AM – 8:20AM	Vriddhi Until 10:45PM	<b>Muruga:</b> White <i>Sunset:</i> 4:23PM	Moon 11 - Phase 34 - 16
		786937575	<b>Rahu</b> 12:56PM – 2:05PM	Taitila Until 12:14AM Fri	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Siddha Yoga Until 8:38PM Then Routine Work - Marana Yoga			<b>Dvitiya Until 1:25PM</b>	<b>Margasira* Karttikai</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Friday, December 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 243	
	Makara Rasi: 2.16	Tithi 3 – 4	<b>Gulika</b> 8:21AM – 9:29AM	<b>Uttarashadha Until 6:44PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:12AM	Sobhana 5125
			Yama 2:05PM – 3:14PM	Dhruva Until 7:30PM	<b>Muruga:</b> White <i>Sunset:</i> 4:23PM	Moon 11 - Phase 34 - 17
		787937575	<b>Rahu</b> 10:38AM – 11:47AM	Vanija Until 9:45PM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work Marana Yoga			<b>Tritiya Until 10:59AM</b>	<b>Margasira* Karttikai</b>	<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Saturday, December 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 244	
	Makara Rasi: 16.4	Tithi 4 – 5	<b>Gulika</b> 7:12AM – 8:21AM	<b>Shravana Until 5:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:12AM	Sobhana 5125
			Yama 12:57PM – 2:06PM	Vyaghata* Until 4:15PM	<b>Muruga:</b> White <i>Sunset:</i> 4:23PM	Moon 11 - Phase 34 - 18
		897937575	<b>Rahu</b> 9:30AM – 10:39AM	Bava Until 7:16PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Siddha Yoga			<b>Markali Pillaiyar</b>	<b>Chaturthi* Until 8:29AM</b>	<b>Margasira* Markali</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Sunday, December 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau		Sun 19 Sutra 245	
	Kumbha Rasi: 1.04	Tithi 5 – 6	<b>Gulika</b> 2:06PM – 3:15PM	<b>Dhanishtha Until 3:23PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:13AM	Sobhana 5125
			Yama 11:48AM – 12:57PM	Harshana Until 1:04PM	<b>Muruga:</b> White <i>Sunset:</i> 4:24PM	Moon 11 - Phase 34 - 19
		897937575	<b>Rahu</b> 3:15PM – 4:24PM	Taitila Until 3:44AM Mon	<b>Nataraja:</b> Purple	3rd Phase
Routine Work Marana Yoga Until 3:23PM Then Creative Work - Siddha Yoga			<b>Panchami Until 6:02AM</b>	<b>Margasira* Markali</b>	<b>Subha Sivaloka Day</b>	
			<b>Vinayaga Viratam Ends</b>			

<b>5</b>	<b>Monday, December 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 246	
	Kumbha Rasi: 15.2	Tithi 7	<b>Gulika</b> 12:58PM – 2:06PM	<b>Shatabhishak Until 1:42PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:14AM	Sobhana 5125
			Yama 10:40AM – 11:49AM	Vajra* Until 10:00AM	<b>Muruga:</b> White <i>Sunset:</i> 4:24PM	Moon 11 - Phase 34 - 20
		897137575	<b>Rahu</b> 8:22AM – 9:31AM	Gara Until 2:40PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Siddha Yoga Until 1:42PM Then Routine Work - Marana Yoga			<b>Saptami Until 1:38AM Tue</b>	<b>Margasira* Markali</b>	<b>Subha Sivaloka Day</b>	

<b>6</b>	<b>Tuesday, December 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 247	
	<b>Retreat Star</b>		<b>Gulika</b> 11:49AM – 12:58PM	<b>Purvaproshtapada* Until 12:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:14AM	Sobhana 5125
	Kumbha Rasi: 29.29	Tithi 8	Yama 9:32AM – 10:41AM	Siddhi Until 7:07AM	<b>Muruga:</b> White <i>Sunset:</i> 4:24PM	Moon 11 - Phase 34 - 21
			817137575	<b>Rahu</b> 2:07PM – 3:16PM	Visti Until 12:41PM	Ashtami
Routine Work Marana Yoga Until 12:32PM Then Creative Work - Amrita Yoga			<b>Ashtami* Until 11:46PM</b>	<b>Margasira* Markali</b>	<b>Subha Sivaloka Day</b>	

<b>7</b>	<b>Wednesday, December 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 248	
	<b>Retreat Star</b>		<b>Gulika</b> 10:41AM – 11:50AM	<b>Uttaraproshtapada Until 11:29AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:15AM	Sobhana 5125
	Meena Rasi: 13.29	Tithi 9	Yama 8:24AM – 9:32AM	Variyan Until 1:58AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 4:25PM	Moon 11 - Phase 34 - 22
			817137575	<b>Rahu</b> 11:50AM – 12:59PM	Balava Until 10:57AM	Navami
Creative Work Siddha Yoga Until 11:29AM Then Routine Work - Marana Yoga			<b>Navami* Until 10:10PM</b>	<b>Margasira* Markali</b>	<b>Subha Sivaloka Day</b>	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Thursday, December 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Ashvini Nakshatra Pangha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 249 Sobhana 5125	
Meena Rasi: 27.19	Tithi 10	<b>Gulika</b> 9:33AM – 10:42AM Yama 7:15AM – 8:24AM 817137575 <b>Rahu</b> 12:59PM – 2:08PM	<b>Revati Until 10:32AM</b> Parigha* Until 11:42PM Taitila Until 9:29AM <b>Dashami Until 8:50PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	Sunrise: 7:15AM Sunset: 4:25PM Moon 11 - Phase 35 - 23 4th Phase
Creative Work Siddha Yoga Until 10:32AM Then Creative Work - Amrita Yoga	<b>Day 1 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b> Margasira*Markali		
<b>2 Friday, December 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 250 Sobhana 5125	
Mesha Rasi: 10.59	Tithi 11	<b>Gulika</b> 8:25AM – 9:33AM Yama 2:08PM – 3:17PM 828137575 <b>Rahu</b> 10:42AM – 11:51AM	<b>Ashvini Until 10:08AM</b> Shiva Until 9:40PM Vanija Until 8:17AM <b>Ekadashi Until 7:46PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	Sunrise: 7:16AM Sunset: 4:26PM Moon 11 - Phase 35 - 24 4th Phase
Creative Work Amrita Yoga Until 10:08AM Then Creative Work - Siddha Yoga	<b>Day 2 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b> Margasira*Markali		
<b>3 Saturday, December 23, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 251 Sobhana 5125	
Mesha Rasi: 24.3	Tithi 12	<b>Gulika</b> 7:16AM – 8:25AM Yama 1:00PM – 2:09PM 828137575 <b>Rahu</b> 9:34AM – 10:43AM	<b>Bharani Until 9:51AM</b> Siddha Until 7:48PM Bava Until 7:21AM <b>Dvodashi Until 6:58PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	Sunrise: 7:16AM Sunset: 4:26PM Moon 11 - Phase 35 - 25 4th Phase
Creative Work Siddha Yoga Until 9:51AM Then Creative Work - Amrita Yoga	<b>Day 3 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b> Margasira*Markali		
<b>4 Sunday, December 24, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 252 Sobhana 5125	
Vrishabha Rasi: 7.52	Tithi 13	<b>Gulika</b> 2:09PM – 3:18PM Yama 11:52AM – 1:01PM 828137575 <b>Rahu</b> 3:18PM – 4:27PM	<b>Krittika Until 9:42AM</b> Sadhya Until 6:12PM Kaulava Until 6:42AM <b>Trayodashi Until 6:28PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	Sunrise: 7:17AM Sunset: 4:27PM Moon 11 - Phase 35 - 26 4th Phase
Creative Work Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b> Margasira*Markali <i>Pradosha Vrata</i>		
<b>5 Monday, December 25, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 253 Sobhana 5125	
Vrishabha Rasi: 21.03	Tithi 14	<b>Gulika</b> 1:01PM – 2:10PM Yama 10:44AM – 11:52AM 838137575 <b>Rahu</b> 8:26AM – 9:35AM	<b>Rohini Until 10:10AM</b> Subha Until 4:53PM Gara Until 6:22AM <b>Chaturdashi* Until 6:19PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow	Sunrise: 7:17AM Sunset: 4:28PM Moon 11 - Phase 35 - 27 4th Phase
<b>Family Home Evening</b> Creative Work Amrita Yoga	<b>Day 5 of Pancha Ganapati</b>		<b>Sivaloka Day</b> Margasira*Markali		
<b>6 Tuesday, December 26, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 254 Sobhana 5125	
Mithuna Rasi: 4.03	Tithi 15	<b>Gulika</b> 11:53AM – 1:02PM Yama 9:35AM – 10:44AM 838137576 <b>Rahu</b> 2:11PM – 3:19PM	<b>Mrigashira Until 10:52AM</b> Sukla Until 3:51PM Visti Until 6:25AM <b>Purnima* Until 6:35PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow	Sunrise: 7:17AM Sunset: 4:28PM Moon 11 - Phase 35 - Purnima
Creative Work Siddha Yoga Until 10:52AM Then Routine Work - Marana Yoga	<b>Copper Retreat Star</b>		<b>Devaloka Day</b> Margasira*Markali		
<b>7 Wednesday, December 27, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 255 Sobhana 5125	
Mithuna Rasi: 16.5	Tithi 16	<b>Gulika</b> 10:44AM – 11:53AM Yama 8:27AM – 9:36AM 838137576 <b>Rahu</b> 11:53AM – 1:02PM	<b>Ardra Until 11:49AM</b> Brahma Until 3:10PM Balava Until 6:54AM <b>Prathama* Until 7:18PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow	Sunrise: 7:18AM Sunset: 4:29PM Moon 11 - Phase 35 - Prathama
Creative Work Siddha Yoga	<b>Silver Retreat Star</b>		<b>Devaloka Day</b> Margasira*Markali <b>Ardra Darshanam</b>		



**Thursday, December 28, 2023**  
**Gold Retreat Star**

Mithuna Rasi: 29.25 Tithi 17  
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 9:36AM – 10:45AM**  
 Yama 7:18AM – 8:27AM  
**Rahu 1:03PM – 2:12PM**  
**Punarvasu Until 1:34PM**  
 Indra Until 2:52PM  
 Taitila Until 7:51AM  
**Dvitiya Until 8:30PM**

Sun 1 Sutra 256  
 Sobhana 5125  
 Moon 12 - Phase 36 - 1  
 1st Phase  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Blue Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:30PM**  
**Nataraja: Clear**  
 Moon – Blue

**Friday, December 29, 2023**

**1**  
 Kataka Rasi: 11.46 Tithi 18  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 8:27AM – 9:36AM**  
 Yama 2:12PM – 3:21PM  
**Rahu 10:45AM – 11:54AM**  
**Pushya Until 3:38PM**  
 Vaidhriti\* Until 2:56PM  
 Vanija Until 9:19AM  
**Tritiya Until 10:13PM**

Sun 2 Sutra 257  
 Sobhana 5125  
 Moon 12 - Phase 36 - 2  
 1st Phase  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Blue Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:30PM**  
**Nataraja: Clear**  
 Moon – Blue

**Saturday, December 30, 2023**

**2**  
 Kataka Rasi: 23.55 Tithi 19  
 Routine Work Marana Yoga  
 Until 5:59PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika 7:19AM – 8:28AM**  
 Yama 1:04PM – 2:13PM  
**Rahu 9:37AM – 10:46AM**  
**Ashlesha\* Until 5:59PM**  
 Vishkambha\* Until 3:22PM  
 Bava Until 11:17AM  
**Chaturthi\* Until 12:24AM Sun**

Sun 3 Sutra 258  
 Sobhana 5125  
 Moon 12 - Phase 36 - 3  
 1st Phase  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Blue Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:31PM**  
**Nataraja: Clear**  
 Moon – Blue

**Sunday, December 31, 2023**

**3**  
 Simha Rasi: 5.53 Tithi 20  
 Routine Work Marana Yoga  
 Until 9:02PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Magha\* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 2:14PM – 3:23PM**  
 Yama 11:55AM – 1:05PM  
**Rahu 3:23PM – 4:32PM**  
**Magha\* Until 9:02PM**  
 Priti Until 4:06PM  
 Kaulava Until 1:39PM  
**Panchami Until 2:55AM Mon**

Sun 4 Sutra 259  
 Sobhana 5125  
 Moon 12 - Phase 36 - 4  
 1st Phase  
**Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Red Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:32PM**  
**Nataraja: Clear**  
 Moon – Red

**Monday, January 1, 2024**

**4**  
 Simha Rasi: 17.44 Tithi 21  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 12:07AM Tue  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
 Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 1:06PM – 2:15PM**  
 Yama 10:47AM – 11:56AM  
**Rahu 8:28AM – 9:38AM**  
**Purvaphalguni Until 12:07AM Tue**  
 Ayushman Until 5:00PM  
 Gara Until 4:17PM  
**Shashthi\* Until 5:37AM Tue**

Sun 5 Sutra 260  
 Sobhana 5125  
 Moon 12 - Phase 36 - 5  
 1st Phase  
**Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Red Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:34PM**  
**Nataraja: Clear**  
 Moon – Red

**Tuesday, January 2, 2024**

**5**  
 Simha Rasi: 29.33 Tithi 22  
 Creative Work Amrita Yoga  
 Until 3:02AM Wed  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\* Karana Saptamyam Titau  
**Gulika 11:57AM – 1:06PM**  
 Yama 9:38AM – 10:47AM  
**Rahu 2:16PM – 3:25PM**  
**Uttaraphalguni Until 3:02AM Wed**  
 Saubhagya Until 5:57PM  
 Visti Until 6:59PM  
**Saptami Until 8:16AM Wed**

Sun 6 Sutra 261  
 Sobhana 5125  
 Moon 12 - Phase 36 - 6  
 1st Phase  
**Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Red Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:35PM**  
**Nataraja: Clear**  
 Moon – Red

**Wednesday, January 3, 2024**

**Retreat Star**  
 Kanya Rasi: 11.22 Tithi 22 – 23  
 Routine Work Marana Yoga  
 Until 6:01AM Thu  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 10:48AM – 11:57AM**  
 Yama 8:29AM – 9:38AM  
**Rahu 11:57AM – 1:07PM**  
**Hasta Until 6:01AM Thu**  
 Sobhana Until 6:47PM  
 Balava Until 9:30PM  
**Saptami Until 8:16AM**

Sun 7 Sutra 262  
 Sobhana 5125  
 Moon 12 - Phase 36 - 7  
 Ashtami  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Green Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:35PM**  
**Nataraja: Clear**  
 Moon – Green

**Thursday, January 4, 2024**

**Retreat Star**  
 Kanya Rasi: 23.19 Tithi 23 – 24  
 Routine Work Marana Yoga  
 Until 6:01AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
 Hasta/Chitra Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 9:38AM – 10:48AM**  
 Yama 7:19AM – 8:29AM  
**Rahu 1:07PM – 2:17PM**  
**Hasta Until 6:01AM**  
 Athiganda\* Until 7:16PM  
 Taitila Until 11:32PM  
**Ashtami\* Until 10:34AM**

Sun 8 Sutra 263  
 Sobhana 5125  
 Moon 12 - Phase 36 - 8  
 Navami  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Green Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:36PM**  
**Nataraja: Clear**  
 Moon – Green

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b> <b>Friday, January 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 264 Sobhana 5125	
Tula Rasi: 5.28	Tithi 24 – 25	<b>Gulika</b> 8:29AM – 9:39AM	<b>Chitra</b> <b>Until 8:18AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:19AM	
		Yama 2:18PM – 3:28PM	Sukarma <b>Until 7:16PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:37PM	Moon 12 - Phase 37 - 9
861137576	<b>Rahu</b> 10:48AM – 11:58AM		Vanija <b>Until 12:53AM Sat</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 12:17PM</b>	Moon – Green	<b>Sivaloka Day</b>
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira*Markali</b>	

<b>2</b> <b>Saturday, January 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 265 Sobhana 5125	
Tula Rasi: 17.56	Tithi 25 – 26	<b>Gulika</b> 7:19AM – 8:29AM	<b>Svati</b> <b>Until 9:44AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:19AM	
		Yama 1:09PM – 2:18PM	Dhriti <b>Until 6:40PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:38PM	Moon 12 - Phase 37 - 10
861137576	<b>Rahu</b> 9:39AM – 10:49AM		Bava <b>Until 1:23AM Sun</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 1:13PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Margasira*Markali</b>	

<b>3</b> <b>Sunday, January 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 266 Sobhana 5125	
Vrischika Rasi: 0.47	Tithi 26 – 27	<b>Gulika</b> 2:19PM – 3:29PM	<b>Vishakha</b> <b>Until 10:38AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:19AM	
		Yama 11:59AM – 1:09PM	Shula* <b>Until 5:21PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:39PM	Moon 12 - Phase 37 - 11
871137576	<b>Rahu</b> 3:29PM – 4:39PM		Kaulava <b>Until 1:01AM Mon</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 1:17PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	

<b>4</b> <b>Monday, January 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 267 Sobhana 5125	
Vrischika Rasi: 14.05	Tithi 27 – 28	<b>Gulika</b> 1:10PM – 2:20PM	<b>Anuradha</b> <b>Until 10:32AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:19AM	
<b>Family Home Evening</b>		Yama 10:49AM – 11:59AM	Ganda* <b>Until 3:24PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:40PM	Moon 12 - Phase 37 - 12
871137576	<b>Rahu</b> 8:29AM – 9:39AM		Gara <b>Until 11:49PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 12:30PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b> <b>Tuesday, January 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 268 Sobhana 5125	
Vrischika Rasi: 27.51	Tithi 28 – 29	<b>Gulika</b> 12:00PM – 1:10PM	<b>Jyeshtha*</b> <b>Until 9:32AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:18AM	
		Yama 9:39AM – 10:49AM	Vridhhi <b>Until 12:51PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:41PM	Moon 12 - Phase 37 - 13
871137576	<b>Rahu</b> 2:21PM – 3:31PM		Visti <b>Until 9:53PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 10:55AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 9:32AM				<b>Margasira*Markali</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b> <b>Wednesday, January 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 269 Sobhana 5125	
Dhanus Rasi: 12.02	Tithi 29 – 30	<b>Gulika</b> 10:50AM – 12:00PM	<b>Mula*</b> <b>Until 8:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:18AM	
		Yama 8:29AM – 9:39AM	Dhruva <b>Until 9:46AM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:42PM	Moon 12 - Phase 37 - 14
881137576	<b>Rahu</b> 12:00PM – 1:11PM		Catuspada <b>Until 7:24PM</b>	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:41AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 8:09AM		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira*Markali</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b> <b>Thursday, January 11, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 270 Sobhana 5125	
Dhanus Rasi: 26.34	Tithi 1	<b>Gulika</b> 9:39AM – 10:50AM	<b>Purvashadha*</b> <b>Until 6:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:18AM	
		Yama 7:18AM – 8:29AM	Vyaghata* <b>Until 6:18AM</b>	<b>Muruga:</b> White <i>Sunset:</i> 4:44PM	Moon 12 - Phase 37 - 15
881137576	<b>Rahu</b> 1:11PM – 2:22PM		Kintughna <b>Until 4:30PM</b>	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 2:56AM Fri</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 6:09AM				<b>Pausha*Markali</b>	
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1 Friday, January 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 271 Sobhana 5125	
Makara Rasi: 11.2	Tithi 2	<b>Gulika</b> 8:28AM – 9:39AM	<b>Shravana Until 1:21AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:17AM	
		Yama 2:23PM – 3:34PM	Vajra* Until 10:44PM	<b>Muruga:</b> White <i>Sunset:</i> 4:45PM	Moon 12 - Phase 38 - 16
		891237576 <b>Rahu</b> 10:50AM – 12:01PM	Balava Until 1:21PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 11:44PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 1:21AM Sat				<b>Pausha*Markali</b>	
Then Creative Work - Siddha Yoga					

<b>2 Saturday, January 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 272 Sobhana 5125	
Makara Rasi: 26.12	Tithi 3	<b>Gulika</b> 7:17AM – 8:28AM	<b>Dhanishtha Until 10:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:17AM	
		Yama 1:13PM – 2:24PM	Siddhi Until 6:54PM	<b>Muruga:</b> White <i>Sunset:</i> 4:46PM	Moon 12 - Phase 38 - 17
		891237576 <b>Rahu</b> 9:39AM – 10:50AM	Taitila Until 10:09AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:33PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 10:54PM				<b>Pausha*Markali</b>	
Then Creative Work - Amrita Yoga					

<b>3 Sunday, January 14, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 273 Sobhana 5125	
Kumbha Rasi: 11.01	Tithi 4 – 5	<b>Gulika</b> 2:24PM – 3:36PM	<b>Shatabhishak Until 8:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:17AM	
		Yama 12:02PM – 1:13PM	Vyatipata* Until 3:11PM	<b>Muruga:</b> White <i>Sunset:</i> 4:47PM	Moon 12 - Phase 38 - 18
		891237576 <b>Rahu</b> 3:36PM – 4:47PM	Vanija Until 7:02AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:32PM</b>	Moon – Purple	<b>Devaloka Day</b>
		<b>Thai Pongal</b>		<b>Pausha*Thai</b>	

<b>4 Monday, January 15, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Panigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 19 Sutra 274 Sobhana 5125	
Kumbha Rasi: 25.41	Tithi 5 – 6	<b>Gulika</b> 1:14PM – 2:25PM	<b>Purvaproshtapada* Until 6:40PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:16AM	
<b>Family Home Evening</b>		Yama 10:51AM – 12:02PM	Variyan Until 11:41AM	<b>Muruga:</b> White <i>Sunset:</i> 4:48PM	Moon 12 - Phase 38 - 19
		812237576 <b>Rahu</b> 8:28AM – 9:39AM	Kaulava Until 1:36AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 2:48PM</b>	Moon – Clear	<b>Devaloka Day</b>
Until 6:40PM				<b>Pausha*Thai</b>	
Then Creative Work - Siddha Yoga					

<b>5 Tuesday, January 16, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Panigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 275 Sobhana 5125	
Meena Rasi: 10.05	Tithi 6 – 7	<b>Gulika</b> 12:03PM – 1:14PM	<b>Uttaraproshtapada Until 5:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:16AM	
		Yama 9:39AM – 10:51AM	Panigha* Until 8:30AM	<b>Muruga:</b> White <i>Sunset:</i> 4:49PM	Moon 12 - Phase 38 - 20
		812237576 <b>Rahu</b> 2:26PM – 3:38PM	Gara Until 11:29PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 12:28PM</b>	Moon – Clear	<b>Devaloka Day</b>
Until 5:07PM				<b>Pausha*Thai</b>	
Then Creative Work - Siddha Yoga					

<b>Wednesday, January 17, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 276 Sobhana 5125	
<b>Retreat Star</b>		<b>Gulika</b> 10:51AM – 12:03PM	<b>Revati Until 3:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:15AM	
Meena Rasi: 24.11	Tithi 7 – 8	Yama 8:27AM – 9:39AM	Siddha Until 3:15AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 4:50PM	Moon 12 - Phase 38 - 21
		812237576 <b>Rahu</b> 12:03PM – 1:15PM	Visti Until 9:52PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 10:36AM</b>	Moon – Clear	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>Thursday, January 18, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 277 Sobhana 5125	
<b>Retreat Star</b>		<b>Gulika</b> 9:39AM – 10:51AM	<b>Ashvini Until 3:26PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:15AM	
Mesha Rasi: 7.59	Tithi 8 – 9	Yama 7:15AM – 8:27AM	Sadhya Until 1:13AM Fri	<b>Muruga:</b> White <i>Sunset:</i> 4:52PM	Moon 12 - Phase 38 - 22
		822237576 <b>Rahu</b> 1:15PM – 2:27PM	Balava Until 8:45PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 9:14AM</b>	Moon – White	<b>Sivaloka Day</b>
Until 3:26PM				<b>Pausha*Thai</b>	
Then Creative Work - Siddha Yoga					

<b>1 Friday, January 19, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukra Pakshe Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Sun 23 Sutra 278 Sobhana 5125	
Mesha Rasi: 21.29	Tithi 9 – 10	<b>Gulika</b> 8:26AM – 9:39AM	<b>Bharani Until 3:19PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:14AM	
		Yama 2:28PM – 3:40PM	Subha Until 11:35PM	<b>Muruga:</b> White <i>Sunset:</i> 4:53PM	Moon 12 - Phase 39 - 23
		822237576 <b>Rahu</b> 10:51AM – 12:03PM	Taitila Until 8:08PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:22AM</b>	Moon – White	<b>Sivaloka Day</b>
				Pausha*Thai	

<b>2 Saturday, January 20, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 279 Sobhana 5125	
Wrishabha Rasi: 4.43	Tithi 10 – 11	<b>Gulika</b> 7:14AM – 8:26AM	<b>Krittika Until 3:30PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:14AM	
		Yama 1:16PM – 2:29PM	Sukla Until 10:17PM	<b>Muruga:</b> White <i>Sunset:</i> 4:54PM	Moon 12 - Phase 39 - 24
		822237576 <b>Rahu</b> 9:39AM – 10:51AM	Vanija Until 7:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 7:58AM</b>	Moon – White	<b>Sivaloka Day</b>
				Pausha*Thai	

<b>3 Sunday, January 21, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 280 Sobhana 5125	
Wrishabha Rasi: 17.44	Tithi 11 – 12	<b>Gulika</b> 2:30PM – 3:42PM	<b>Rohini Until 4:24PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:13AM	
		Yama 12:04PM – 1:17PM	Brahma Until 9:17PM	<b>Muruga:</b> White <i>Sunset:</i> 4:55PM	Moon 12 - Phase 39 - 25
		832237576 <b>Rahu</b> 3:42PM – 4:55PM	Bava Until 8:11PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:00AM</b>	Moon – Yellow	<b>Devaloka Day</b>
				Pausha*Thai	

<b>4 Monday, January 22, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 281 Sobhana 5125	
Mithuna Rasi: 0.34	Tithi 12 – 13	<b>Gulika</b> 1:17PM – 2:30PM	<b>Mrigashira Until 5:30PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:12AM	
<b>Family Home Evening</b>		Yama 10:51AM – 12:04PM	Indra Until 8:36PM	<b>Muruga:</b> White <i>Sunset:</i> 4:56PM	Moon 12 - Phase 39 - 26
Creative Work	Amrita Yoga	832237576 <b>Rahu</b> 8:25AM – 9:38AM	Kaulava Until 8:48PM	<b>Nataraja:</b> Clear	4th Phase
Until 5:30PM			<b>Dvadashi Until 8:25AM</b>	Moon – Yellow	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Pausha*Thai	
				Pradosha Vrata	

<b>5 Tuesday, January 23, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 282 Sobhana 5125	
Mithuna Rasi: 13.13	Tithi 13 – 14	<b>Gulika</b> 12:05PM – 1:18PM	<b>Ardra Until 6:48PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:11AM	
		Yama 9:38AM – 10:51AM	Vaidhriti* Until 8:10PM	<b>Muruga:</b> White <i>Sunset:</i> 4:56PM	Moon 12 - Phase 39 - 27
		832237576 <b>Rahu</b> 2:31PM – 3:44PM	Gara Until 9:46PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 9:13AM</b>	Moon – Yellow	<b>Devaloka Day</b>
Until 6:48PM				Pausha*Thai	
Then Creative Work - Siddha Yoga					

<b>Wednesday, January 24, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 283 Sobhana 5125	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:51AM – 12:05PM	<b>Punarvasu Until 8:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:11AM	
Mithuna Rasi: 25.43	Tithi 14 – 15	Yama 8:24AM – 9:38AM	Vishkambha* Until 8:02PM	<b>Muruga:</b> White <i>Sunset:</i> 4:59PM	Moon 12 - Phase 39 - Purnima
		842237576 <b>Rahu</b> 12:05PM – 1:18PM	Visti Until 11:07PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:23AM</b>	Moon – Blue	<b>Sivaloka Day</b>
				Pausha*Thai	

<b>Thursday, January 25, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 284 Sobhana 5125	
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:37AM – 10:51AM	<b>Pushya Until 10:57PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:10AM	
Kataka Rasi: 8.02	Tithi 15 – 16	Yama 7:10AM – 8:24AM	Priti Until 8:11PM	<b>Muruga:</b> White <i>Sunset:</i> 5:00PM	Moon 12 - Phase 39 - Prathama
		942237576 <b>Rahu</b> 1:19PM – 2:33PM	Balava Until 12:50AM Fri	<b>Nataraja:</b> Clear	
Creative Work	Amrita Yoga		<b>Purnima* Until 11:55AM</b>	Moon – Blue	<b>Devaloka Day</b>
Until 10:57PM		<b>Thai Pusam</b>		Pausha*Thai	
Then Creative Work - Siddha Yoga					

**Friday, January 26, 2024**  
**Gold Retreat Star**

Kataka Rasi: 20.13 Tithi 16 – 17

942237576

Routine Work Marana Yoga  
 Until 1:19AM Sat  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Ashlesha\* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 8:23AM – 9:37AM  
 Yama 2:33PM – 3:47PM  
**Rahu** 10:51AM – 12:05PM

**Ashlesha\* Until 1:19AM Sat**  
 Ayushman Until 8:35PM  
 Taitila Until 2:56AM Sat  
**Prathama\* Until 1:49PM**

**Ganesha:** Blue *Sunrise:* 7:09AM  
**Muruga:** White *Sunset:* 5:01PM  
**Nataraja:** Clear  
 Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Wheaton, IL  
 Sutra 285  
 Sobhana 5125  
 Moon 13 - Phase 40 - 1st Phase

**1 Saturday, January 27, 2024**

Simha Rasi: 2.15 Tithi 17 – 18

952237576

Creative Work Amrita Yoga  
 Until 4:19AM Sun  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
 Magha\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:08AM – 8:23AM  
 Yama 1:20PM – 2:34PM  
**Rahu** 9:37AM – 10:51AM

**Magha\* Until 4:19AM Sun**  
 Saubhagya Until 9:16PM  
 Vanija Until 5:21AM Sun  
**Dvitiya Until 4:05PM**

**Ganesha:** Red *Sunrise:* 7:08AM  
**Muruga:** White *Sunset:* 5:03PM  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Sun 1  
 Sutra 286  
 Sobhana 5125  
 Moon 13 - Phase 40 - 1st Phase

**2 Sunday, January 28, 2024**

Simha Rasi: 14.09 Tithi 18

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Purvaphalguni Nakshatra Sobhana Yoga Visti\* Karana Tritiyayam Titau

**Gulika** 2:35PM – 3:49PM  
 Yama 12:06PM – 1:20PM  
**Rahu** 3:49PM – 5:04PM

**Purvaphalguni Until 7:23AM Mon**  
 Sobhana Until 10:09PM  
 Visti Until 6:38PM  
**Tritiya Until 6:38PM**

**Ganesha:** Red *Sunrise:* 7:07AM  
**Muruga:** White *Sunset:* 5:04PM  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Sun 2  
 Sutra 287  
 Sobhana 5125  
 Moon 13 - Phase 40 - 2nd Phase

**3 Monday, January 29, 2024**

Simha Rasi: 25.59 Tithi 19

953237576

**Family Home Evening**  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthiyam Titau

**Gulika** 1:21PM – 2:35PM  
 Yama 10:51AM – 12:06PM  
**Rahu** 8:21AM – 9:36AM

**Purvaphalguni Until 7:23AM**  
 Athiganda\* Until 11:08PM  
 Bava Until 8:00AM  
**Chaturthi\* Until 9:22PM**

**Ganesha:** Yellow *Sunrise:* 7:06AM  
**Muruga:** White *Sunset:* 5:05PM  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Sun 3  
 Sutra 288  
 Sobhana 5125  
 Moon 13 - Phase 40 - 3rd Phase

**4 Tuesday, January 30, 2024**

Kanya Rasi: 7.46 Tithi 20

953237576

Creative Work Amrita Yoga  
 Until 10:22AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Uttaraaphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:06PM – 1:21PM  
 Yama 9:36AM – 10:51AM  
**Rahu** 2:36PM – 3:51PM

**Uttaraaphalguni Until 10:22AM**  
 Sukarma Until 12:07AM Wed  
 Kaulava Until 10:45AM  
**Panchami Until 12:05AM Wed**

**Ganesha:** Yellow *Sunrise:* 7:05AM  
**Muruga:** White *Sunset:* 5:06PM  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Sun 4  
 Sutra 289  
 Sobhana 5125  
 Moon 13 - Phase 40 - 4th Phase

**5 Wednesday, January 31, 2024**

Kanya Rasi: 19.34 Tithi 21

963237576

Routine Work Marana Yoga  
 Until 1:36PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta/Chitra Nakshatra Dhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:51AM – 12:06PM  
 Yama 8:20AM – 9:35AM  
**Rahu** 12:06PM – 1:22PM

**Hasta Until 1:36PM**  
 Dhriti Until 12:56AM Thu  
 Gara Until 1:24PM  
**Shashthi\* Until 2:34AM Thu**

**Ganesha:** White *Sunrise:* 7:05AM  
**Muruga:** White *Sunset:* 5:08PM  
**Nataraja:** Clear  
 Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Sun 5  
 Sutra 290  
 Sobhana 5125  
 Moon 13 - Phase 40 - 5th Phase

**6 Thursday, February 1, 2024**

Tula Rasi: 1.29 Tithi 22

963237576

Creative Work Siddha Yoga  
 Until 4:19PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
 Chitra/Svati Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 9:35AM – 10:51AM  
 Yama 7:05AM – 8:20AM  
**Rahu** 1:22PM – 2:37PM

**Chitra Until 4:19PM**  
 Shula\* Until 1:24AM Fri  
 Visti Until 3:41PM  
**Saptami Until 4:35AM Fri**

**Ganesha:** White *Sunrise:* 7:05AM  
**Muruga:** White *Sunset:* 5:08PM  
**Nataraja:** Clear  
 Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Sun 6  
 Sutra 291  
 Sobhana 5125  
 Moon 13 - Phase 40 - 6th Phase

**Friday, February 2, 2024**  
**Retreat Star**

Tula Rasi: 13.35 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Svati Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 8:19AM – 9:35AM  
 Yama 2:38PM – 3:53PM  
**Rahu** 10:51AM – 12:06PM

**Svati Until 6:19PM**  
 Ganda\* Until 1:22AM Sat  
 Balava Until 5:22PM  
**Ashtami\* Until 5:55AM Sat**

**Ganesha:** White *Sunrise:* 7:04AM  
**Muruga:** White *Sunset:* 5:09PM  
**Nataraja:** Clear  
 Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Sun 7  
 Sutra 292  
 Sobhana 5125  
 Moon 13 - Phase 40 - 7th Phase

**Saturday, February 3, 2024**  
**Retreat Star**

Tula Rasi: 25.59 Tithi 24

973237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
 Vishakha Nakshatra Vriddhi Yoga Taitila Karana Navamyam Titau

**Gulika** 7:02AM – 8:18AM  
 Yama 1:22PM – 2:38PM  
**Rahu** 9:34AM – 10:50AM

**Vishakha Until 7:52PM**  
 Vriddhi Until 12:43AM Sun  
 Taitila Until 6:17PM  
**Navami\* Until 6:23AM Sun**

**Ganesha:** Clear *Sunrise:* 7:02AM  
**Muruga:** White *Sunset:* 5:10PM  
**Nataraja:** Clear  
 Moon – Orange  
**Pausha\*Thai**

**Sivaloka Day**

Sun 8  
 Sutra 293  
 Sobhana 5125  
 Moon 13 - Phase 40 - 8th Phase

<b>1 Sunday, February 4, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 294	
Vrischika Rasi: 8.46	Tithi 24 – 25	<b>Gulika</b> 2:39PM – 3:55PM	<b>Anuradha</b> Until 8:24PM	<b>Ganesha:</b> Clear	Sunrise: 7:01AM
		Yama 12:06PM – 1:23PM	Dhruva Until 11:21PM	<b>Muruga:</b> White	Sunset: 5:12PM
	973237577	<b>Rahu</b> 3:55PM – 5:12PM	Vanija Until 6:17PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 9
Routine Work	Marana Yoga		<b>Navami*</b> Until 6:23AM	Moon – Orange	2nd Phase
				<b>Pausha*Thai</b>	<b>Sivaloka Day</b>

<b>2 Monday, February 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 295	
Vrischika Rasi: 22	Tithi 26	<b>Gulika</b> 1:23PM – 2:40PM	<b>Jyeshtha*</b> Until 7:55PM	<b>Ganesha:</b> Clear	Sunrise: 7:00AM
<b>Family Home Evening</b>		Yama 10:50AM – 12:07PM	Vyaghata* Until 9:18PM	<b>Muruga:</b> White	Sunset: 5:13PM
	973237577	<b>Rahu</b> 8:17AM – 9:33AM	Bava Until 5:24PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 10
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 4:37AM Tue	Moon – Orange	2nd Phase
				<b>Pausha*Thai</b>	<b>Sivaloka Day</b>

<b>3 Tuesday, February 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 11 Sutra 296	
Dhanus Rasi: 5.44	Tithi 27	<b>Gulika</b> 12:07PM – 1:23PM	<b>Mula*</b> Until 6:55PM	<b>Ganesha:</b> Light Blue	Sunrise: 6:59AM
		Yama 9:33AM – 10:50AM	Harshana Until 6:36PM	<b>Muruga:</b> White	Sunset: 5:14PM
	983337577	<b>Rahu</b> 2:40PM – 3:57PM	Kaulava Until 3:40PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 11
Creative Work	Amrita Yoga		<b>Dvodashi*</b> Until 2:31AM Wed	Moon – Light Blue	2nd Phase
Until 6:55PM				<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, February 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 297	
Dhanus Rasi: 19.57	Tithi 28	<b>Gulika</b> 10:50AM – 12:07PM	<b>Purvashadha*</b> Until 5:04PM	<b>Ganesha:</b> Light Blue	Sunrise: 6:58AM
		Yama 8:15AM – 9:32AM	Vajra* Until 3:19PM	<b>Muruga:</b> White	Sunset: 5:15PM
	983337577	<b>Rahu</b> 12:07PM – 1:24PM	Gara Until 1:13PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 12
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 11:46PM	Moon – Light Blue	2nd Phase
				<b>Pausha*Thai</b>	<b>Devaloka Day</b>
					<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, February 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi*/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 298	
Makara Rasi: 4.35	Tithi 29	<b>Gulika</b> 9:32AM – 10:49AM	<b>Uttarashadha</b> Until 2:34PM	<b>Ganesha:</b> Light Blue	Sunrise: 6:57AM
		Yama 6:57AM – 8:14AM	Siddhi Until 11:37AM	<b>Muruga:</b> White	Sunset: 5:17PM
	983337577	<b>Rahu</b> 1:24PM – 2:42PM	Visti Until 10:13AM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 13
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 8:32PM	Moon – Light Blue	2nd Phase
Until 2:34PM				<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Friday, February 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Vanyan Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 299	
<b>Retreat Star</b>		<b>Gulika</b> 8:13AM – 9:31AM	<b>Shravana</b> Until 11:59AM	<b>Ganesha:</b> Purple	Sunrise: 6:56AM
Makara Rasi: 19.33	Tithi 30 – 1	Yama 2:42PM – 4:00PM	Vyatipata* Until 7:36AM	<b>Muruga:</b> White	Sunset: 5:18PM
	993337577	<b>Rahu</b> 10:49AM – 12:07PM	Catuspada Until 6:49AM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 14
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 5:00PM	Moon – Purple	Amavasya
Until 11:59AM				<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Saturday, February 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 300	
<b>Retreat Star</b>		<b>Gulika</b> 6:55AM – 8:13AM	<b>Dhanishtha</b> Until 9:05AM	<b>Ganesha:</b> Purple	Sunrise: 6:55AM
Kumbha Rasi: 4.42	Tithi 1 – 2	Yama 1:25PM – 2:43PM	Parigha* Until 11:10PM	<b>Muruga:</b> White	Sunset: 5:19PM
	993337577	<b>Rahu</b> 9:31AM – 10:49AM	Balava Until 11:32PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 15
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:21PM	Moon – Purple	Prathama
Until 9:05AM				<b>Magha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

**1 Sunday, February 11, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Shatabhishak/Purvaprosnthpada\* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Kumbha Rasi: 19.52 Tithi 2 – 3 993337577 **Gulika** 2:44PM – 4:02PM **Shatabhishak Until 6:04AM** **Ganesha:** Purple *Sunrise:* 6:53AM  
 Yama 12:07PM – 1:25PM Shiva Until 7:03PM **Muruga:** White *Sunset:* 5:20PM Moon 13 - Phase 42 - 16  
 Rahu 4:02PM – 5:20PM Taitila Until 8:00PM **Nataraja:** Orange  
 Moon – Purple **Devaloka Day**  
 Creative Work Siddha Yoga **Dvitiya Until 9:44AM** **Magha\*Thai**

**2 Monday, February 12, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam  
 Uttaraaprosnthpada Nakshatra Siddha/Sadhya Yoga Gara/Visti\* Karana Tritiya/Chaturthayam Titau

Meena Rasi: 4.53 Tithi 3 – 4 914337577 **Gulika** 1:26PM – 2:44PM **Uttaraaprosnthpada Until 1:07AM Tue** **Ganesha:** Orange *Sunrise:* 6:52AM  
 Yama 10:48AM – 12:07PM Siddha Until 3:08PM **Muruga:** White *Sunset:* 5:22PM Moon 13 - Phase 42 - 17  
 Rahu 8:11AM – 9:29AM Visti Until 3:15AM Tue **Nataraja:** Orange  
 Moon – Clear **Sivaloka Day**  
 Creative Work Siddha Yoga **Tritiya Until 6:19AM** **Magha\*Thai**

**3 Tuesday, February 13, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau

Meena Rasi: 19.38 Tithi 5 914337577 **Gulika** 12:07PM – 1:26PM **Revati Until 11:04PM** **Ganesha:** Orange *Sunrise:* 6:51AM  
 Yama 9:29AM – 10:48AM Sadhya Until 11:34AM **Muruga:** White *Sunset:* 5:23PM Moon 13 - Phase 42 - 18  
 Rahu 2:45PM – 4:04PM Bava Until 1:54PM **Nataraja:** Orange  
 Moon – Clear **Sivaloka Day**  
 Creative Work Siddha Yoga **Panchami Until 12:40AM Wed** **Magha\*Masi**

**4 Wednesday, February 14, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam  
 Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau

Mesha Rasi: 4.01 Tithi 6 924347577 **Gulika** 10:47AM – 12:07PM **Ashvini Until 9:53PM** **Ganesha:** Green *Sunrise:* 6:49AM  
 Yama 8:09AM – 9:28AM Subha Until 8:27AM **Muruga:** Clear *Sunset:* 5:24PM Moon 13 - Phase 42 - 19  
 Rahu 12:07PM – 1:26PM Kaulava Until 11:37AM **Nataraja:** Orange  
 Moon – White **Bhuloka Day**  
 Routine Work Marana Yoga **Shashthi\* Until 10:41PM** **Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**  
 Until 9:53PM  
 Then Creative Work - Siddha Yoga

**5 Thursday, February 15, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam  
 Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau

Mesha Rasi: 18 Tithi 7 924347577 **Gulika** 9:27AM – 10:47AM **Bharani Until 9:13PM** **Ganesha:** Green *Sunrise:* 6:48AM  
 Yama 6:48AM – 8:08AM Brahma Until 3:43AM Fri **Muruga:** Clear *Sunset:* 5:25PM Moon 13 - Phase 42 - 20  
 Rahu 1:26PM – 2:46PM Gara Until 9:58AM **Nataraja:** Orange  
 Moon – White **Bhuloka Day**  
 Creative Work Siddha Yoga **Saptami Until 9:22PM** **Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**  
 Until 9:13PM  
 Then Routine Work - Marana Yoga

**Friday, February 16, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Krittika Nakshatra Indra Yoga Visti\*/Bava Karana Ashtamyam Titau

**Retreat Star**

Vrishabha Rasi: 1.35 Tithi 8 924347577 **Gulika** 8:07AM – 9:27AM **Krittika Until 9:04PM** **Ganesha:** Green *Sunrise:* 6:47AM  
 Yama 2:47PM – 4:07PM Indra Until 2:11AM Sat **Muruga:** Clear *Sunset:* 5:27PM Moon 13 - Phase 42 - 21  
 Rahu 10:47AM – 12:07PM Visti Until 8:59AM **Nataraja:** Orange  
 Moon – White **Bhuloka Day**  
 Creative Work Siddha Yoga **Ashtami\* Until 8:44PM** **Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**  
 Until 9:04PM  
 Then Routine Work - Marana Yoga

**Saturday, February 17, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Rohini Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Navamyam Titau

**Retreat Star**

Vrishabha Rasi: 14.47 Tithi 9 934347577 **Gulika** 6:45AM – 8:06AM **Rohini Until 9:51PM** **Ganesha:** Red *Sunrise:* 6:45AM  
 Yama 1:27PM – 2:47PM Vaidhriti\* Until 1:06AM Sun **Muruga:** Clear *Sunset:* 5:28PM Moon 13 - Phase 42 - 22  
 Rahu 9:26AM – 10:46AM Balava Until 8:41AM **Nataraja:** Orange  
 Moon – Yellow **Devaloka Day**  
 Creative Work Amrita Yoga **Navami\* Until 8:45PM** **Magha\*Masi**  
 Until 9:51PM  
 Then Creative Work - Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda


<b>1</b>	<b>Sunday, February 18, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkamba* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23	Sutra 308
	Vrishabha Rasi: 27.4	Tithi 10	<b>Gulika</b> 2:48PM – 4:08PM	<b>Mrigashira Until 11:03PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:44AM	Sobhana 5125
			Yama 12:07PM – 1:27PM	Vishkamba* Until 12:30AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 13 - Phase 43 - 23
	934347577	<b>Rahu</b> 4:08PM – 5:29PM	Taitila Until 9:00AM	<b>Nataraja:</b> Orange	Moon – Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:21PM</b>	<b>Magha*Masi</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Monday, February 19, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24	Wheaton, IL Sutra 309
	Mithuna Rasi: 10.17	Tithi 11	<b>Gulika</b> 1:27PM – 2:48PM	<b>Ardra Until 12:34AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:43AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:45AM – 12:06PM	Priti Until 12:16AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 13 - Phase 43 - 24
	934347577	<b>Rahu</b> 8:04AM – 9:25AM	Vanija Until 9:52AM	<b>Nataraja:</b> Orange	Moon – Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:28PM</b>	<b>Magha*Masi</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Tuesday, February 20, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25	Wheaton, IL Sutra 310
	Mithuna Rasi: 22.42	Tithi 12	<b>Gulika</b> 12:06PM – 1:28PM	<b>Punarvasu Until 2:48AM Wed</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:41AM	Sobhana 5125
			Yama 9:24AM – 10:45AM	Ayushman Until 12:20AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 13 - Phase 43 - 25
	944347577	<b>Rahu</b> 2:49PM – 4:10PM	Bava Until 11:12AM	<b>Nataraja:</b> Orange	Moon – Blue		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 12:00AM Wed</b>	<b>Magha*Masi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Wednesday, February 21, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26	Wheaton, IL Sutra 311
	Kataka Rasi: 4.56	Tithi 13	<b>Gulika</b> 10:45AM – 12:06PM	<b>Pushya Until 5:12AM Thu</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:40AM	Sobhana 5125
			Yama 8:01AM – 9:23AM	Saubhagya Until 12:41AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 13 - Phase 43 - 26
	944347577	<b>Rahu</b> 12:06PM – 1:28PM	Kaulava Until 12:55PM	<b>Nataraja:</b> Orange	Moon – Blue		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:53AM Thu</b>	<b>Magha*Masi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Thursday, February 22, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27	Wheaton, IL Sutra 312
	Kataka Rasi: 17.03	Tithi 14	<b>Gulika</b> 9:22AM – 10:44AM	<b>Ashlesha* Until 7:43AM Fri</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:38AM	Sobhana 5125
			Yama 6:38AM – 8:00AM	Sobhana Until 1:16AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 13 - Phase 43 - 27
	944347577	<b>Rahu</b> 1:28PM – 2:50PM	Gara Until 2:57PM	<b>Nataraja:</b> Orange	Moon – Blue		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 4:03AM Fri</b>	<b>Magha*Masi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 7:43AM Fri		<b>Chidambaram Abhishekam</b>					
Then Routine Work - Marana Yoga							

	<b>Friday, February 23, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sun 28	Wheaton, IL Sutra 313
	Kataka Rasi: 29.03	Tithi 15	<b>Gulika</b> 7:59AM – 9:21AM	<b>Ashlesha* Until 7:43AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:37AM	Sobhana 5125
			Yama 2:51PM – 4:13PM	Athiganda* Until 2:00AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 13 - Phase 43 -
	944347577	<b>Rahu</b> 10:44AM – 12:06PM	Visti Until 5:15PM	<b>Nataraja:</b> Orange	Moon – Blue		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 6:28AM Sat</b>	<b>Magha*Masi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>Silver Retreat Star</b>	<b>Saturday, February 24, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29	Wheaton, IL Sutra 314
	Simha Rasi: 10.58	Tithi 15 – 16	<b>Gulika</b> 6:35AM – 7:58AM	<b>Magha* Until 10:47AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:35AM	Sobhana 5125
			Yama 1:28PM – 2:51PM	Sukarma Until 2:54AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 13 - Phase 43 -
	955347577	<b>Rahu</b> 9:21AM – 10:43AM	Balava Until 7:46PM	<b>Nataraja:</b> Orange	Moon – Red		Prathama
Creative Work	Amrita Yoga		<b>Purnima* Until 6:28AM</b>	<b>Magha*Masi</b>		<b>Sivaloka Day</b>	
Until 10:47AM							
Then Creative Work - Siddha Yoga							





### Sunday, February 25, 2024

#### Gold Retreat Star

Simha Rasi: 22.48 Tithi 16 – 17

965347577

**Gulika** 2:52PM – 4:15PM  
**Yama** 12:06PM – 1:29PM  
**Rahu** 4:15PM – 5:38PM

Creative Work Siddha Yoga  
Until 1:50PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Kara/Vanija Karana Prathama/Dvitiyayam Titau

**Purvaphalguni** **Until 1:50PM**  
Dhriti Until 3:53AM Mon  
Taitila Until 10:25PM  
**Prathama\* Until 9:04AM**

**Ganesha:** White *Sunrise:* 6:34AM  
**Muruga:** Clear *Sunset:* 5:38PM  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Masi**

**Sivaloka Day**

Wheaton, IL  
Sutra 315  
Sobhana 5125  
Moon 1 - Phase 44 - 1st Phase

# 1

### Monday, February 26, 2024

Kanya Rasi: 5 Tithi 17 – 18

965347577

**Gulika** 1:29PM – 2:52PM  
**Yama** 10:42AM – 12:06PM  
**Rahu** 7:56AM – 9:19AM

**Family Home Evening**  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Uttaraphalguni** **Until 4:47PM**  
Shula\* Until 4:51AM Tue  
Vanija Until 1:05AM Tue  
**Dvitiya Until 11:44AM**

**Ganesha:** White *Sunrise:* 6:32AM  
**Muruga:** Clear *Sunset:* 5:39PM  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Masi**

**Sivaloka Day**

Sun 1  
Wheaton, IL  
Sutra 316  
Sobhana 5125  
Moon 1 - Phase 44 - 1st Phase

# 2

### Tuesday, February 27, 2024

Kanya Rasi: 16.25 Tithi 18 – 19

965347577

**Gulika** 12:05PM – 1:29PM  
**Yama** 9:18AM – 10:42AM  
**Rahu** 2:53PM – 4:16PM

Creative Work Siddha Yoga

**Maha Sankatahara Chaturthi**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Mangala Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Hasta** **Until 8:01PM**  
Ganda\* Until 5:44AM Wed  
Bava Until 3:40AM Wed  
**Tritiya Until 2:23PM**

**Ganesha:** Clear *Sunrise:* 6:31AM  
**Muruga:** Clear *Sunset:* 5:40PM  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Sun 2  
Wheaton, IL  
Sutra 317  
Sobhana 5125  
Moon 1 - Phase 44 - 2nd Phase

# 3

### Wednesday, February 28, 2024

Kanya Rasi: 28.16 Tithi 19 – 20

965347577

**Gulika** 10:41AM – 12:05PM  
**Yama** 7:53AM – 9:17AM  
**Rahu** 12:05PM – 1:29PM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Chitra** **Until 10:52PM**  
Vriddhi Until 6:26AM Thu  
Kaulava Until 5:57AM Thu  
**Chaturthi\* Until 4:50PM**

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruga:** Clear *Sunset:* 5:41PM  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Sun 3  
Wheaton, IL  
Sutra 318  
Sobhana 5125  
Moon 1 - Phase 44 - 3rd Phase

# 4

### Thursday, February 29, 2024

Tula Rasi: 10.13 Tithi 20

965347577

**Gulika** 9:16AM – 10:41AM  
**Yama** 6:28AM – 7:52AM  
**Rahu** 1:29PM – 2:54PM

Creative Work Amrita Yoga  
Until 1:11AM Fri  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam  
Svati Nakshatra Vriddhi/Dhruva Yoga Taitila Karana Panchamyam Titau

**Svati** **Until 1:11AM Fri**  
Vriddhi Until 6:26AM  
Taitila Until 6:56PM  
**Panchami Until 6:56PM**

**Ganesha:** Clear *Sunrise:* 6:28AM  
**Muruga:** Clear *Sunset:* 5:42PM  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Sun 4  
Wheaton, IL  
Sutra 319  
Sobhana 5125  
Moon 1 - Phase 44 - 4th Phase

# 5

### Friday, March 1, 2024

Tula Rasi: 22.22 Tithi 21

975347577

**Gulika** 7:50AM – 9:15AM  
**Yama** 2:55PM – 4:20PM  
**Rahu** 10:40AM – 12:05PM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Vishakha** **Until 3:15AM Sat**  
Dhruva Until 6:45AM  
Gara Until 7:48AM  
**Shashthi\* Until 8:29PM**

**Ganesha:** Purple *Sunrise:* 6:25AM  
**Muruga:** Clear *Sunset:* 5:45PM  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

**Sivaloka Day**

Sun 5  
Wheaton, IL  
Sutra 320  
Sobhana 5125  
Moon 1 - Phase 44 - 5th Phase

# 6

### Saturday, March 2, 2024

Vrischika Rasi: 4.45 Tithi 22

975447577

**Gulika** 6:23AM – 7:48AM  
**Yama** 1:30PM – 2:55PM  
**Rahu** 9:14AM – 10:39AM

Creative Work Siddha Yoga  
Until 4:28AM Sun  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Manta Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

**Anuradha** **Until 4:28AM Sun**  
Vyaghata\* Until 6:38AM  
Visti Until 9:02AM  
**Saptami Until 9:21PM**

**Ganesha:** Clear *Sunrise:* 6:23AM  
**Muruga:** Clear *Sunset:* 5:46PM  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

Sun 6  
Wheaton, IL  
Sutra 321  
Sobhana 5125  
Moon 1 - Phase 44 - 6th Phase

# D

### Sunday, March 3, 2024

#### Retreat Star

Vrischika Rasi: 17.28 Tithi 23

975447577

**Gulika** 2:56PM – 4:21PM  
**Yama** 12:04PM – 1:30PM  
**Rahu** 4:21PM – 5:47PM

Routine Work Marana Yoga  
Until 4:45AM Mon  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Jyeshtha\* Until 4:45AM Mon**  
Vajra\* Until 4:37AM Mon  
Balava Until 9:30AM  
**Ashtami\* Until 9:24PM**

**Ganesha:** Clear *Sunrise:* 6:21AM  
**Muruga:** Clear *Sunset:* 5:47PM  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

Sun 7  
Wheaton, IL  
Sutra 322  
Sobhana 5125  
Moon 1 - Phase 44 - 7th Phase

### Monday, March 4, 2024

#### Retreat Star

Dhanus Rasi: 1 Tithi 24

185447577

**Gulika** 1:30PM – 2:56PM  
**Yama** 10:38AM – 12:04PM  
**Rahu** 7:46AM – 9:12AM

**Family Home Evening**  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam  
Mula\* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

**Mula\* Until 4:30AM Tue**  
Siddhi Until 2:38AM Tue  
Taitila Until 9:08AM  
**Navami\* Until 8:37PM**

**Ganesha:** Green *Sunrise:* 6:20AM  
**Muruga:** Clear *Sunset:* 5:48PM  
**Nataraja:** Orange  
Moon – Light Blue  
**Magha\*Masi**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Sun 8  
Wheaton, IL  
Sutra 323  
Sobhana 5125  
Moon 1 - Phase 44 - 8th Phase

<b>1 Tuesday, March 5, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 324	
Dhanus Rasi: 14.11	Tithi 25	<b>Gulika</b> 12:04PM – 1:30PM	<b>Purvashadha* Until 3:21AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:18AM
		Yama 9:11AM – 10:37AM	Vyatipata* Until 12:02AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:49PM
		186447577 <b>Rahu</b> 2:56PM – 4:23PM	Vanija Until 7:57AM	<b>Nataraja:</b> Orange	Moon 1 - Phase 45 - 9
Creative Work Siddha Yoga			<b>Dashami Until 7:02PM</b>	Moon – Light Blue	2nd Phase
Until 3:21AM Wed				<b>Magha*Masi</b>	
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>	

<b>2 Wednesday, March 6, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 325	
Dhanus Rasi: 28.14	Tithi 26 – 27	<b>Gulika</b> 10:37AM – 12:03PM	<b>Uttarashadha Until 1:22AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:16AM
		Yama 7:43AM – 9:10AM	Variyan Until 8:50PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:50PM
		186447577 <b>Rahu</b> 12:03PM – 1:30PM	Kaulava Until 3:21AM Thu	<b>Nataraja:</b> Orange	Moon 1 - Phase 45 - 10
Creative Work Amrita Yoga			<b>Ekadashi* Until 4:43PM</b>	Moon – Light Blue	2nd Phase
Until 1:22AM Thu				<b>Magha*Masi</b>	
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>	

<b>3 Thursday, March 7, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 326	
Makara Rasi: 12.44	Tithi 27 – 28	<b>Gulika</b> 9:09AM – 10:36AM	<b>Shravana Until 11:08PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:15AM
		Yama 6:15AM – 7:42AM	Parigha* Until 5:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:52PM
		196447577 <b>Rahu</b> 1:30PM – 2:57PM	Gara Until 12:11AM Fri	<b>Nataraja:</b> Orange	Moon 1 - Phase 45 - 11
Creative Work Siddha Yoga			<b>Dvadashi* Until 1:48PM</b>	Moon – Purple	2nd Phase
				<b>Magha*Masi</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Sivaloka Day</b>	

<b>4 Friday, March 8, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 327	
Makara Rasi: 27.37	Tithi 28 – 29	<b>Gulika</b> 7:41AM – 9:08AM	<b>Dhanishtha Until 8:23PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:13AM
		Yama 2:58PM – 4:25PM	Shiva Until 1:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:53PM
		196447577 <b>Rahu</b> 10:36AM – 12:03PM	Visti Until 8:40PM	<b>Nataraja:</b> Orange	Moon 1 - Phase 45 - 12
Creative Work Siddha Yoga			<b>Trayodashi* Until 10:27AM</b>	Moon – Purple	2nd Phase
				<b>Magha*Masi</b>	
				<b>Sivaloka Day</b>	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Paksha Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 328	
Kumbha Rasi: 12.44	Tithi 29 – 30	<b>Gulika</b> 6:12AM – 7:39AM	<b>Shatabhishak Until 5:17PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:12AM
		Yama 1:30PM – 2:58PM	Siddha Until 9:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:54PM
		196447577 <b>Rahu</b> 9:07AM – 10:35AM	Naga Until 3:01AM Sun	<b>Nataraja:</b> Orange	Moon 1 - Phase 45 - 13
Creative Work Amrita Yoga			<b>Chaturdashi* Until 6:48AM</b>	Moon – Purple	Amavasya
Until 5:17PM				<b>Magha*Masi</b>	
Then Routine Work - Marana Yoga				<b>Sivaloka Day</b>	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 329	
Kumbha Rasi: 27.59	Tithi 1	<b>Gulika</b> 2:59PM – 4:27PM	<b>Purvaproshtapada* Until 2:25PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:10AM
		Yama 12:02PM – 1:31PM	Subha Until 12:28AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:55PM
		116447577 <b>Rahu</b> 4:27PM – 5:55PM	Kintughna Until 1:09PM	<b>Nataraja:</b> Orange	Moon 1 - Phase 45 - 14
Creative Work Siddha Yoga			<b>Prathama* Until 11:17PM</b>	Moon – Clear	Prathama
Until 2:25PM				<b>Phalgun* Masi</b>	
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>Monday, March 11, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15	Wheaton, IL Sutra 330	
<b>1</b>	Meena Rasi: 13.1	Tithi 2	<b>Gulika</b> 1:31PM – 2:59PM Yama 10:34AM – 12:02PM <b>Rahu</b> 7:37AM – 9:05AM	<b>Uttaraproshtapada</b> Until 11:33AM Sukla Until 8:23PM Balava Until 9:30AM <b>Dvitiya</b> Until 7:45PM	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Phalguna*Mas</b>	Sunrise: 6:08AM Sunset: 5:56PM Moon 1 - Phase 46 - 15 3rd Phase
Family Home Evening		116447577	Creative Work Siddha Yoga	<b>Devaloka Day</b>		

<b>Tuesday, March 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Sun 16	Wheaton, IL Sutra 331	
<b>2</b>	Meena Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 12:02PM – 1:31PM Yama 9:04AM – 10:33AM <b>Rahu</b> 3:00PM – 4:28PM	<b>Revati</b> Until 8:52AM Brahma Until 4:37PM Taitila Until 6:08AM <b>Tritiya</b> Until 4:35PM	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Phalguna*Mas</b>	Sunrise: 6:07AM Sunset: 5:57PM Moon 1 - Phase 46 - 16 3rd Phase
Creative Work Siddha Yoga		117447577	Creative Work Siddha Yoga	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

**Subramuniyaswami Siva Vision Day**

<b>Wednesday, March 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17	Wheaton, IL Sutra 332	
<b>3</b>	Mesha Rasi: 12.47	Tithi 4 – 5	<b>Gulika</b> 10:32AM – 12:02PM Yama 7:34AM – 9:03AM <b>Rahu</b> 12:02PM – 1:31PM	<b>Ashvini</b> Until 6:54AM Indra Until 1:17PM Bava Until 12:52AM Thu <b>Chaturthi*</b> Until 1:56PM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Phalguna*Mas</b>	Sunrise: 6:05AM Sunset: 5:58PM Moon 1 - Phase 46 - 17 3rd Phase
Routine Work Marana Yoga		127447577	Then Creative Work - Siddha Yoga	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>Thursday, March 14, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18	Wheaton, IL Sutra 333	
<b>4</b>	Mesha Rasi: 27	Tithi 5 – 6	<b>Gulika</b> 9:02AM – 10:32AM Yama 6:03AM – 7:33AM <b>Rahu</b> 1:31PM – 3:00PM	<b>Krittika</b> Until 4:27AM Fri Vaidhriti* Until 10:27AM Kaulava Until 11:12PM <b>Panchami</b> Until 11:55AM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna*Panguni</b>	Sunrise: 6:03AM Sunset: 5:59PM Moon 1 - Phase 46 - 18 3rd Phase
Routine Work Marana Yoga		127447578	Karadaiyan Nombu (Tamil Nadu)	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>Friday, March 15, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 19	Wheaton, IL Sutra 334	
<b>5</b>	Vrishabha Rasi: 10.47	Tithi 6 – 7	<b>Gulika</b> 7:31AM – 9:01AM Yama 3:01PM – 4:31PM <b>Rahu</b> 10:31AM – 12:01PM	<b>Rohini</b> Until 4:33AM Sat Vishkambha* Until 8:12AM Gara Until 10:18PM <b>Shashthi*</b> Until 10:38AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna*Panguni</b>	Sunrise: 6:01AM Sunset: 6:01PM Moon 1 - Phase 46 - 19 3rd Phase
Routine Work Marana Yoga		137447578	Then Creative Work - Siddha Yoga	<b>Devaloka Day</b>		

<b>Saturday, March 16, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20	Wheaton, IL Sutra 335	
<b>Retreat Star</b>	Vrishabha Rasi: 24.07	Tithi 7 – 8	<b>Gulika</b> 6:00AM – 7:30AM Yama 1:31PM – 3:01PM <b>Rahu</b> 9:00AM – 10:31AM	<b>Mrigashira</b> Until 5:15AM Sun Priti Until 6:35AM Visti Until 10:11PM <b>Saptami</b> Until 10:07AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna*Panguni</b>	Sunrise: 6:00AM Sunset: 6:02PM Moon 1 - Phase 46 - 20 Ashtami
Creative Work Siddha Yoga		137447578	Creative Work Siddha Yoga	<b>Devaloka Day</b>		

<b>Sunday, March 17, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21	Wheaton, IL Sutra 336	
<b>Retreat Star</b>	Mithuna Rasi: 7.03	Tithi 8 – 9	<b>Gulika</b> 3:02PM – 4:32PM Yama 12:00PM – 1:31PM <b>Rahu</b> 4:32PM – 6:03PM	<b>Ardra</b> Until 6:30AM Mon Saubhagya Until 5:05AM Mon Balava Until 10:48PM <b>Ashtami*</b> Until 10:23AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna*Panguni</b>	Sunrise: 5:58AM Sunset: 6:03PM Moon 1 - Phase 46 - 21 Navami
Creative Work Siddha Yoga		137447578	Then Creative Work - Amrita Yoga	<b>Devaloka Day</b>		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

**Monday, March 18, 2024**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 22 Sutra 337

**1**  
Mithuna Rasi: 19.38 Tithi 9 – 10  
**Family Home Evening** 137447578  
Creative Work Siddha Yoga  
Until 6:30AM  
Then Creative Work - Amrita Yoga

**Gulika** 1:31PM – 3:02PM  
**Ardra Until 6:30AM**  
**Ganesha:** Clear *Sunrise:* 5:56AM  
**Muruga:** Clear *Sunset:* 6:04PM  
**Nataraja:** Clear  
Moon – Yellow  
**Devaloka Day**  
Phalguna•Panguni

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 23 Sutra 338

**Gulika** 12:00PM – 1:31PM  
**Punarvasu Until 8:39AM**  
**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruga:** Clear *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Phalguna•Panguni

**Tuesday, March 19, 2024**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 23 Sutra 338

**2**  
Kataka Rasi: 1.58 Tithi 10 – 11  
148447578  
Creative Work Siddha Yoga

**Gulika** 12:00PM – 1:31PM  
**Punarvasu Until 8:39AM**  
**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruga:** Clear *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Phalguna•Panguni

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 23 Sutra 338

**Gulika** 12:00PM – 1:31PM  
**Punarvasu Until 8:39AM**  
**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruga:** Clear *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Phalguna•Panguni

**Wednesday, March 20, 2024**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukarma Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 339

**3**  
Kataka Rasi: 14.05 Tithi 11 – 12  
148447578  
Creative Work Siddha Yoga

**Gulika** 10:28AM – 12:00PM  
**Pushya Until 11:07AM**  
**Ganesha:** Clear *Sunrise:* 5:53AM  
**Muruga:** Clear *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Phalguna•Panguni

**Yogaswami Mahasamadhi**  
**Ekadashi Until 2:53PM**  
**Phalguna•Panguni**

**Thursday, March 21, 2024**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sutra 340

**4**  
Kataka Rasi: 26.04 Tithi 12 – 13  
148447578  
Creative Work Siddha Yoga  
Until 1:44PM  
Then Creative Work - Amrita Yoga

**Gulika** 8:55AM – 10:27AM  
**Ashlesha\* Until 1:44PM**  
**Ganesha:** Clear *Sunrise:* 5:51AM  
**Muruga:** Clear *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Phalguna•Panguni

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sutra 340

**Gulika** 8:55AM – 10:27AM  
**Ashlesha\* Until 1:44PM**  
**Ganesha:** Clear *Sunrise:* 5:51AM  
**Muruga:** Clear *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Phalguna•Panguni

*Pradosha Vrata*

**Friday, March 22, 2024**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 341

**5**  
Simha Rasi: 7.56 Tithi 13  
158447578  
Routine Work Marana Yoga  
Until 4:54PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:22AM – 8:54AM  
**Magha\* Until 4:54PM**  
**Ganesha:** Purple *Sunrise:* 5:50AM  
**Muruga:** Clear *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Phalguna•Panguni

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 341

**Gulika** 7:22AM – 8:54AM  
**Magha\* Until 4:54PM**  
**Ganesha:** Purple *Sunrise:* 5:50AM  
**Muruga:** Clear *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Phalguna•Panguni

**Saturday, March 23, 2024**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 342

**6**  
Simha Rasi: 19.46 Tithi 14  
158447578  
Creative Work Siddha Yoga  
Until 8:00PM  
Then Routine Work - Marana Yoga

**Gulika** 5:48AM – 7:21AM  
**Purvaphalguni Until 8:00PM**  
**Ganesha:** Purple *Sunrise:* 5:48AM  
**Muruga:** Clear *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Phalguna•Panguni

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 342

**Gulika** 5:48AM – 7:21AM  
**Purvaphalguni Until 8:00PM**  
**Ganesha:** Purple *Sunrise:* 5:48AM  
**Muruga:** Clear *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Phalguna•Panguni

**Sunday, March 24, 2024**

**Copper Retreat Star**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Purnimayam Titau Sun 28 Sutra 343

**7**  
Kanya Rasi: 1.34 Tithi 15  
158447578  
Creative Work Amrita Yoga

**Gulika** 3:04PM – 4:37PM  
**Uttaraphalguni Until 10:55PM**  
**Ganesha:** Purple *Sunrise:* 5:46AM  
**Muruga:** Clear *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Phalguna•Panguni

**Panguni Uttiram**  
**Holi**  
**Purnima\* Until 12:59AM Mon**  
**Phalguna•Panguni**

**Monday, March 25, 2024**

**Silver Retreat Star**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 344

**8**  
Kanya Rasi: 13.24 Tithi 16  
169447578  
Creative Work Siddha Yoga

**Gulika** 1:31PM – 3:05PM  
**Hasta Until 2:02AM Tue**  
**Ganesha:** Purple *Sunrise:* 5:45AM  
**Muruga:** Clear *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Green  
**Bhuloka Day**  
Phalguna•Panguni  
**Devaloka Time: 3:PM to 6:PM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 344

**Gulika** 1:31PM – 3:05PM  
**Hasta Until 2:02AM Tue**  
**Ganesha:** Purple *Sunrise:* 5:45AM  
**Muruga:** Clear *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Green  
**Bhuloka Day**  
Phalguna•Panguni  
**Devaloka Time: 3:PM to 6:PM**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Wheaton, IL on 11/20/21

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**Tuesday, March 26, 2024**  
**Gold Retreat Star**

Kanya Rasi: 25.17 Tithi 17  
Creative Work Siddha Yoga

**Gulika 11:58AM – 1:31PM**  
Yama 8:50AM – 10:24AM  
169447578 **Rahu 3:05PM – 4:39PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Chitra Until 4:45AM Wed**  
Dhruva Until 10:45AM  
Taitila Until 4:35PM  
**Dvitiya Until 5:38AM Wed**

**Ganesh:** Purple *Sunrise:* 5:43AM  
**Muruga:** Clear *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna\*Panguni**  
**Devaloka Time: 3:PM to 6:PM**

Wheaton, IL  
Sutra 345  
Sobhana 5125  
Moon 2 - Phase 48 -  
1st Phase

**1**

**Wednesday, March 27, 2024**

Tula Rasi: 7.17 Tithi 18  
Creative Work Siddha Yoga

**Gulika 10:23AM – 11:57AM**  
Yama 7:15AM – 8:49AM  
169447578 **Rahu 11:57AM – 1:32PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Vanija Karana Tritiyayam Titau

**Svati Until 6:59AM Thu**  
Vyaghata\* Until 11:22AM  
Vanija Until 6:38PM  
**Tritiya Until 7:29AM Thu**

**Ganesh:** Purple *Sunrise:* 5:41AM  
**Muruga:** Clear *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna\*Panguni**  
**Devaloka Time: 3:PM to 6:PM**

Wheaton, IL  
Sutra 346  
Sobhana 5125  
Moon 2 - Phase 48 - 1  
1st Phase

**2**

**Thursday, March 28, 2024**

Tula Rasi: 19.25 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 6:59AM  
Then Creative Work - Siddha Yoga

**Gulika 8:48AM – 10:23AM**  
Yama 5:39AM – 7:14AM  
169547578 **Rahu 1:32PM – 3:06PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Svati Until 6:59AM**  
Harshana Until 11:43AM  
Bava Until 8:17PM  
**Tritiya Until 7:29AM**

**Ganesh:** Clear *Sunrise:* 5:39AM  
**Muruga:** Clear *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna\*Panguni**  
**Devaloka Day**

Wheaton, IL  
Sutra 347  
Sobhana 5125  
Moon 2 - Phase 48 - 2  
1st Phase

**3**

**Friday, March 29, 2024**

Vrischika Rasi: 1.43 Tithi 19 – 20  
Creative Work Siddha Yoga

**Gulika 7:13AM – 8:47AM**  
Yama 3:06PM – 4:41PM  
179547578 **Rahu 10:22AM – 11:57AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Vishakha Until 9:07AM**  
Vajra\* Until 11:42AM  
Kaulava Until 9:27PM  
**Chaturthi\* Until 8:54AM**

**Ganesh:** White *Sunrise:* 5:38AM  
**Muruga:** Clear *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna\*Panguni**  
**Sivaloka Day**

Wheaton, IL  
Sutra 348  
Sobhana 5125  
Moon 2 - Phase 48 - 3  
1st Phase

**4**

**Saturday, March 30, 2024**

Vrischika Rasi: 14.14 Tithi 20 – 21  
Creative Work Siddha Yoga

**Gulika 5:36AM – 7:11AM**  
Yama 1:32PM – 3:07PM  
179547578 **Rahu 8:46AM – 10:21AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Anuradha Until 10:36AM**  
Siddhi Until 11:17AM  
Gara Until 10:03PM  
**Panchami Until 9:48AM**

**Ganesh:** White *Sunrise:* 5:36AM  
**Muruga:** Clear *Sunset:* 6:17PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna\*Panguni**  
**Sivaloka Day**

Wheaton, IL  
Sutra 349  
Sobhana 5125  
Moon 2 - Phase 48 - 4  
1st Phase

**5**

**Sunday, March 31, 2024**

Vrischika Rasi: 27.01 Tithi 21 – 22  
Routine Work Marana Yoga  
Until 11:21AM  
Then Creative Work - Amrita Yoga

**Gulika 3:07PM – 4:43PM**  
Yama 11:56AM – 1:32PM  
179547578 **Rahu 4:43PM – 6:18PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Vanyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Jyeshtha\* Until 11:21AM**  
Vyatipata\* Until 10:26AM  
Visti Until 10:02PM  
**Shashthi\* Until 10:06AM**

**Ganesh:** White *Sunrise:* 5:34AM  
**Muruga:** Clear *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna\*Panguni**  
**Sivaloka Day**

Wheaton, IL  
Sutra 350  
Sobhana 5125  
Moon 2 - Phase 48 - 5  
1st Phase

**D**

**Monday, April 1, 2024**  
**Retreat Star**

Dhanus Rasi: 10.07 Tithi 22 – 23  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:46AM  
Then Routine Work - Marana Yoga

**Gulika 1:32PM – 3:07PM**  
Yama 10:21AM – 11:56AM  
189547578 **Rahu 7:10AM – 8:45AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Mula\* Until 11:46AM**  
Variyan Until 9:02AM  
Balava Until 9:21PM  
**Saptami Until 9:46AM**

**Ganesh:** Yellow *Sunrise:* 5:34AM  
**Muruga:** Clear *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna\*Panguni**  
**Devaloka Day**

Wheaton, IL  
Sutra 351  
Sobhana 5125  
Moon 2 - Phase 48 - 6  
Ashtami

**Tuesday, April 2, 2024**

**Retreat Star**

Dhanus Rasi: 23.35 Tithi 23 – 24  
Creative Work Siddha Yoga  
Until 11:22AM  
Then Routine Work - Prabalarishta Yoga

**Gulika 11:56AM – 1:32PM**  
Yama 8:44AM – 10:20AM  
181547578 **Rahu 3:08PM – 4:43PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Purvashadha\* Until 11:22AM**  
Parigha\* Until 7:07AM  
Taitila Until 8:00PM  
**Ashtami\* Until 8:44AM**

**Ganesh:** Yellow *Sunrise:* 5:33AM  
**Muruga:** Clear *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna\*Panguni**  
**Devaloka Day**

Wheaton, IL  
Sutra 352  
Sobhana 5125  
Moon 2 - Phase 48 - 7  
Navami

<b>1</b>		<b>Wednesday, April 3, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8	Wheaton, IL Sutra 353
Makara Rasi: 7.26	Tithi 24 – 25	<b>Gulika</b>	<b>10:19AM – 11:56AM</b>	<b>Uttarashadha Until 10:12AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:31AM	Sobhana 5125
		Yama	7:07AM – 8:43AM	Siddha Until 1:46AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 49 - 8
		181547578 <b>Rahu</b>	<b>11:56AM – 1:32PM</b>	Vanija Until 6:01PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Navami* Until 7:04AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 10:12AM					Phalguna*Panguni		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, April 4, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9	Wheaton, IL Sutra 354
Makara Rasi: 21.41	Tithi 26	<b>Gulika</b>	<b>8:42AM – 10:19AM</b>	<b>Shravana Until 8:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:29AM	Sobhana 5125
		Yama	5:29AM – 7:06AM	Sadhya Until 10:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 49 - 9
		191547578 <b>Rahu</b>	<b>1:32PM – 3:08PM</b>	Bava Until 3:29PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 2:01AM Fri</b>	Moon – Purple		<b>Sivaloka Day</b>
					Phalguna*Panguni		

<b>3</b>		<b>Friday, April 5, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvadashyam Titau		Sun 10	Wheaton, IL Sutra 355
Kumbha Rasi: 6.17	Tithi 27	<b>Gulika</b>	<b>7:05AM – 8:41AM</b>	<b>Dhanishtha Until 6:37AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:28AM	Sobhana 5125
		Yama	3:09PM – 4:46PM	Subha Until 6:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 49 - 10
		191547578 <b>Rahu</b>	<b>10:18AM – 11:55AM</b>	Kaulava Until 12:29PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 10:50PM</b>	Moon – Purple		<b>Sivaloka Day</b>
					Phalguna*Panguni		

<b>4</b>		<b>Saturday, April 6, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11	Wheaton, IL Sutra 356
Kumbha Rasi: 21.09	Tithi 28	<b>Gulika</b>	<b>5:26AM – 7:03AM</b>	<b>Purvaproshtapada* Until 1:27AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:26AM	Sobhana 5125
		Yama	1:32PM – 3:09PM	Sukla Until 2:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 2 - Phase 49 - 11
		111547578 <b>Rahu</b>	<b>8:40AM – 10:18AM</b>	Gara Until 9:09AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi* Until 7:24PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 1:27AM Sun					Phalguna*Panguni		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, April 7, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12	Wheaton, IL Sutra 357
Meena Rasi: 6.11	Tithi 29 – 30	<b>Gulika</b>	<b>3:10PM – 4:47PM</b>	<b>Uttaraproshtapada Until 10:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	Sobhana 5125
		Yama	11:54AM – 1:32PM	Brahma Until 10:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 49 - 12
		111547578 <b>Rahu</b>	<b>4:47PM – 6:25PM</b>	Catuspada Until 2:05AM Mon	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 3:51PM</b>	Moon – Clear		<b>Devaloka Day</b>
					Phalguna*Panguni		

<b>Monday, April 8, 2024</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13	Wheaton, IL Sutra 358
Meena Rasi: 21.14	Tithi 30 – 1	<b>Gulika</b>	<b>1:32PM – 3:10PM</b>	<b>Revati Until 7:52PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:23AM	Sobhana 5125
<b>Family Home Evening</b>		Yama	10:16AM – 11:54AM	Indra Until 6:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 49 - 13
		111547578 <b>Rahu</b>	<b>7:01AM – 8:38AM</b>	Kintughna Until 10:39PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 12:20PM</b>	Moon – Clear		<b>Devaloka Day</b>
					Phalguna*Panguni		

<b>Tuesday, April 9, 2024</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Sun 14	Wheaton, IL Sutra 359
Mesha Rasi: 6.11	Tithi 1 – 2	<b>Gulika</b>	<b>11:54AM – 1:32PM</b>	<b>Ashvini Until 5:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Sobhana 5125
		Yama	8:38AM – 10:16AM	Vishkambha* Until 11:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 49 - 14
		121547578 <b>Rahu</b>	<b>3:10PM – 4:49PM</b>	Balava Until 7:29PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 9:00AM</b>	Moon – White		<b>Devaloka Day</b>
		<b>Chellappaswami Mahasamadhi</b>			Chaitra*Panguni		

**1 Wednesday, April 10, 2024**  
 Mesha Rasi: 20.53 Tithi 2 – 3  
 Creative Work Siddha Yoga  
 Until 3:34PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam  
 Bharani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360  
**Gulika 10:15AM – 11:54AM** **Bharani Until 3:34PM** **Ganesha: Yellow** *Sunrise: 5:20AM*  
 Yama 6:58AM – 8:37AM **Priti Until 7:47PM** **Muruga: Clear** *Sunset: 6:28PM* Moon 2 - Phase 50 - 15  
 121547578 **Rahu 11:54AM – 1:32PM** **Gara Until 3:33AM Thu** **Nataraja: Clear**  
**Dvitiya Until 6:02AM** **Chaitra•Panguni** Moon – White **Devaloka Day**  
 3rd Phase

**2 Thursday, April 11, 2024**  
 Vrishabha Rasi: 5.14 Tithi 4  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam  
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Chaturthiyam Titau Sun 16 Sutra 361  
**Gulika 8:36AM – 10:15AM** **Krittika Until 1:58PM** **Ganesha: Yellow** *Sunrise: 5:18AM*  
 Yama 5:18AM – 6:57AM **Ayushman Until 4:57PM** **Muruga: Clear** *Sunset: 6:29PM* Moon 2 - Phase 50 - 16  
 121547578 **Rahu 1:32PM – 3:11PM** **Vanija Until 2:34PM** **Nataraja: Clear**  
**Chaturthi\* Until 1:42AM Fri** **Chaitra•Panguni** Moon – White **Devaloka Day**  
 3rd Phase

**3 Friday, April 12, 2024**  
 Vishabha Rasi: 19.09 Tithi 5  
 Routine Work Marana Yoga  
 Until 1:20PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362  
**Gulika 6:56AM – 8:35AM** **Rohini Until 1:20PM** **Ganesha: Clear** *Sunrise: 5:16AM*  
 Yama 3:12PM – 4:51PM **Saubhagya Until 2:41PM** **Muruga: Clear** *Sunset: 6:30PM* Moon 2 - Phase 50 - 17  
 132547578 **Rahu 10:14AM – 11:53AM** **Bava Until 1:04PM** **Nataraja: Clear**  
**Panchami Until 12:35AM Sat** **Chaitra•Panguni** Moon – Yellow **Devaloka Day**  
 3rd Phase

**4 Saturday, April 13, 2024**  
 Mithuna Rasi: 2.38 Tithi 6  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363  
**Gulika 5:15AM – 6:54AM** **Mrigashira Until 1:19PM** **Ganesha: Clear** *Sunrise: 5:15AM*  
 Yama 1:32PM – 3:12PM **Sobhana Until 1:04PM** **Muruga: Clear** *Sunset: 6:31PM* Moon 2 - Phase 50 - 18  
 132547578 **Rahu 8:34AM – 10:13AM** **Kaulava Until 12:20PM** **Nataraja: Clear**  
**Shashthi\* Until 12:16AM Sun** **Chaitra•Chaitra** Moon – Yellow **Devaloka Day**  
 3rd Phase

**5 Sunday, April 14, 2024**  
 Mithuna Rasi: 15.41 Tithi 7  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364  
**Gulika 3:12PM – 4:52PM** **Ardra Until 1:56PM** **Ganesha: White** *Sunrise: 5:13AM*  
 Yama 11:53AM – 1:33PM **Athiganda\* Until 12:02PM** **Muruga: Clear** *Sunset: 6:32PM* Moon 2 - Phase 50 - 19  
 232547578 **Rahu 4:52PM – 6:32PM** **Gara Until 12:25PM** **Nataraja: Clear**  
**Tamil New Year** **Saptami Until 12:44AM Mon** **Chaitra•Chaitra** Moon – Yellow **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM** 3rd Phase

**Monday, April 15, 2024**  
**Retreat Star**  
 Mithuna Rasi: 28.21 Tithi 8  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 3:36PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1  
**Gulika 1:33PM – 3:13PM** **Punarvasu Until 3:36PM** **Ganesha: Clear** *Sunrise: 5:12AM*  
 Yama 10:12AM – 11:52AM **Sukarma Until 11:38AM** **Muruga: Clear** *Sunset: 6:33PM* Moon 2 - Phase 50 - 20  
 242547578 **Rahu 6:52AM – 8:32AM** **Visti Until 1:16PM** **Nataraja: Clear**  
**Ashtami\* Until 1:56AM Tue** **Chaitra•Chaitra** Moon – Blue **Devaloka Day**  
 Ashtami

**Tuesday, April 16, 2024**  
**Retreat Star**  
 Kataka Rasi: 10.42 Tithi 9  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2  
**Gulika 11:52AM – 1:33PM** **Pushya Until 5:45PM** **Ganesha: Clear** *Sunrise: 5:10AM*  
 Yama 8:31AM – 10:12AM **Dhriti Until 11:46AM** **Muruga: Clear** *Sunset: 6:34PM* Moon 2 - Phase 50 - 21  
 242547578 **Rahu 3:13PM – 4:54PM** **Balava Until 2:47PM** **Nataraja: Clear**  
**Sri Rama Navami** **Navami\* Until 3:45AM Wed** **Chaitra•Chaitra** Moon – Blue **Devaloka Day**  
 Navami

<b>1</b> <b>Wednesday, April 17, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 22 Sutra 3	
Kataka Rasi: 22.49	Tithi 10	<b>Gulika</b> <b>10:11AM – 11:52AM</b>	<b>Ashlesha* Until 8:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM
		Yama 6:49AM – 8:30AM	Shula* Until 12:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:35PM
	242547578	<b>Rahu</b> <b>11:52AM – 1:33PM</b>	Taitila Until 4:51PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 22
Creative Work	Siddha Yoga		<b>Dashami Until 6:01AM Thu</b>	Moon – Blue	4th Phase
				<b>Devaloka Day</b>	
				Chaitra*Chaitra	
<b>2</b> <b>Thursday, April 18, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 4	
Simha Rasi: 4.44	Tithi 10 – 11	<b>Gulika</b> <b>8:29AM – 10:11AM</b>	<b>Magha* Until 11:24PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM
		Yama 5:07AM – 6:48AM	Ganda* Until 1:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM
	252547578	<b>Rahu</b> <b>1:33PM – 3:14PM</b>	Vanija Until 7:17PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 23
Creative Work	Amrita Yoga		<b>Dashami Until 6:01AM</b>	Moon – Red	4th Phase
Until 11:24PM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM	
				Chaitra*Chaitra	
<b>3</b> <b>Friday, April 19, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24 Sutra 5	
Simha Rasi: 16.34	Tithi 11 – 12	<b>Gulika</b> <b>6:47AM – 8:28AM</b>	<b>Purvaphalguni Until 2:31AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM
		Yama 3:15PM – 4:56PM	Vridhhi Until 2:12PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:38PM
	252557578	<b>Rahu</b> <b>10:10AM – 11:51AM</b>	Bava Until 9:53PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 24
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:33AM</b>	Moon – Red	4th Phase
Until 2:31AM Sat				<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Chaitra*Chaitra	
				Devaloka Time: 3:PM to 6:PM	
				Chaitra*Chaitra	
<b>4</b> <b>Saturday, April 20, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25 Sutra 6	
Simha Rasi: 28.22	Tithi 12 – 13	<b>Gulika</b> <b>5:04AM – 6:46AM</b>	<b>Uttaraphalguni Until 5:26AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM
		Yama 1:33PM – 3:15PM	Dhruva Until 3:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM
	252557578	<b>Rahu</b> <b>8:28AM – 10:09AM</b>	Kaulava Until 12:28AM Sun	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 25
Routine Work	Marana Yoga		<b>Dvadashi Until 11:10AM</b>	Moon – Red	4th Phase
Until 5:26AM Sun				<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra	
				Pradosha Vrata	
<b>5</b> <b>Sunday, April 21, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26 Sutra 7	
Kanya Rasi: 10.11	Tithi 13 – 14	<b>Gulika</b> <b>3:15PM – 4:58PM</b>	<b>Hasta Until 8:29AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM
		Yama 11:51AM – 1:33PM	Vyaghata* Until 4:11PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:40PM
	262557578	<b>Rahu</b> <b>4:58PM – 6:40PM</b>	Gara Until 2:53AM Mon	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 26
Creative Work	Amrita Yoga		<b>Trayodashi Until 1:41PM</b>	Moon – Green	4th Phase
Until 8:29AM Mon				<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				Chaitra*Chaitra	
				Chaitra*Chaitra	
<b>6</b> <b>Monday, April 22, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 8	
Kanya Rasi: 22.05	Tithi 14 – 15	<b>Gulika</b> <b>1:33PM – 3:16PM</b>	<b>Hasta Until 8:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM
<b>Family Home Evening</b>		Yama 10:08AM – 11:51AM	Harshana Until 4:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:41PM
Creative Work	Siddha Yoga	<b>Rahu</b> <b>6:43AM – 8:26AM</b>	Visti Until 4:58AM Tue	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 27
Until 8:29AM			<b>Chaturdashi* Until 3:57PM</b>	Moon – Green	4th Phase
Then Routine Work - Prabalarishta Yoga				<b>Subha Sivaloka Day</b>	
				Chaitra*Chaitra	
<b>○</b> <b>Tuesday, April 23, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 9	
<b>Copper Retreat Star</b>		<b>Gulika</b> <b>11:51AM – 1:34PM</b>	<b>Chitra Until 11:02AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM
Tula Rasi: 4.07	Tithi 15 – 16	Yama 8:25AM – 10:08AM	Vajra* Until 5:26PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:42PM
	262657578	<b>Rahu</b> <b>3:16PM – 4:59PM</b>	Balava Until 6:40AM Wed	<b>Nataraja:</b> Clear	Moon 2 - Phase 1 - 28
Creative Work	Siddha Yoga		<b>Purnima* Until 5:51PM</b>	Moon – Green	Purnima
				<b>Subha Sivaloka Day</b>	
				Chaitra*Chaitra	
<b>Wednesday, April 24, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 10	
<b>Silver Retreat Star</b>		<b>Gulika</b> <b>10:07AM – 11:51AM</b>	<b>Svati Until 1:02PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:58AM
Tula Rasi: 16.18	Tithi 16	Yama 6:41AM – 8:24AM	Siddhi Until 5:35PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:43PM
	262657579	<b>Rahu</b> <b>11:51AM – 1:34PM</b>	Balava Until 6:40AM	<b>Nataraja:</b> Purple	Moon 2 - Phase 1 - 29
Creative Work	Siddha Yoga		<b>Prathama* Until 7:19PM</b>	Moon – Green	Prathama
				<b>Subha Subha Sivaloka Day</b>	
				Chaitra*Chaitra	