

**Saturday, May 6, 2023**  
**Gold Retreat Star**

Vrischika Rasi: 0.37 Tithi 16 – 17

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Stamford, CT Sutra 20	
<b>Gulika</b> 4:45AM – 6:32AM	<b>Vishakha</b> Until 10:43AM	<b>Ganesha:</b> White Sunrise: 4:45AM	Sobhana 5125
Yama 1:36PM – 3:23PM	Variyan Until 6:50PM	<b>Muruga:</b> Clear Sunset: 6:55PM	Moon 4 - Phase 4 - 1st Phase
272996579 <b>Rahu</b> 8:18AM – 10:04AM	Taitila Until 10:39PM	<b>Nataraja:</b> Purple Moon – Orange	
	<b>Prathama* Until 11:24AM</b>	<b>Vaisaka*Chaitra</b>	<b>Devaloka Day</b>

**1 Sunday, May 7, 2023**

Vrischika Rasi: 14.26 Tithi 17 – 18

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 1 Sutra 21	
<b>Gulika</b> 3:23PM – 5:10PM	<b>Anuradha</b> Until 9:50AM	<b>Ganesha:</b> White Sunrise: 4:44AM	Sobhana 5125
Yama 11:50AM – 1:37PM	Parigha* Until 4:20PM	<b>Muruga:</b> Clear Sunset: 6:56PM	Moon 4 - Phase 4 - 1st Phase
272996579 <b>Rahu</b> 5:10PM – 6:56PM	Vanija Until 8:49PM	<b>Nataraja:</b> Purple Moon – Orange	
	<b>Dvitiya Until 9:45AM</b>	<b>Vaisaka*Chaitra</b>	<b>Devaloka Day</b>

**2 Monday, May 8, 2023**

Vrischika Rasi: 28.27 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau		Stamford, CT Sun 2 Sutra 22	
<b>Gulika</b> 1:37PM – 3:24PM	<b>Jyeshtha*</b> Until 8:29AM	<b>Ganesha:</b> Blue Sunrise: 4:43AM	Sobhana 5125
Yama 10:03AM – 11:50AM	Shiva Until 1:36PM	<b>Muruga:</b> Clear Sunset: 6:57PM	Moon 4 - Phase 4 - 2nd Phase
272196579 <b>Rahu</b> 6:30AM – 8:17AM	Bava Until 6:44PM	<b>Nataraja:</b> Purple Moon – Orange	1st Phase
	<b>Tritiya Until 7:47AM</b>	<b>Vaisaka*Chaitra</b>	<b>Devaloka Day</b>

**3 Tuesday, May 9, 2023**

Dhanus Rasi: 12.37 Tithi 20

Creative Work Amrita Yoga

Until 7:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau		Stamford, CT Sun 3 Sutra 23	
<b>Gulika</b> 11:50AM – 1:37PM	<b>Mula*</b> Until 7:12AM	<b>Ganesha:</b> Red Sunrise: 4:42AM	Sobhana 5125
Yama 8:16AM – 10:03AM	Siddha Until 10:42AM	<b>Muruga:</b> Clear Sunset: 6:58PM	Moon 4 - Phase 4 - 3rd Phase
282196579 <b>Rahu</b> 3:24PM – 5:11PM	Kaulava Until 4:29PM	<b>Nataraja:</b> Purple Moon – Light Blue	1st Phase
	<b>Panchami Until 3:19AM Wed</b>	<b>Vaisaka*Chaitra</b>	<b>Sivaloka Day</b>

**4 Wednesday, May 10, 2023**

Dhanus Rasi: 26.51 Tithi 21

Creative Work Amrita Yoga

Until 3:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau		Stamford, CT Sun 4 Sutra 24	
<b>Gulika</b> 10:03AM – 11:50AM	<b>Uttarashadha</b> Until 3:58AM Thu	<b>Ganesha:</b> Blue Sunrise: 4:41AM	Sobhana 5125
Yama 6:28AM – 8:15AM	Sadhya Until 7:44AM	<b>Muruga:</b> Clear Sunset: 6:59PM	Moon 4 - Phase 4 - 4th Phase
283196579 <b>Rahu</b> 11:50AM – 1:37PM	Gara Until 2:10PM	<b>Nataraja:</b> Purple Moon – Light Blue	1st Phase
	<b>Shashthi* Until 12:59AM Thu</b>	<b>Vaisaka*Chaitra</b>	<b>Subha Sivaloka Day</b>

**5 Thursday, May 11, 2023**

Makara Rasi: 11.07 Tithi 22

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau		Stamford, CT Sun 5 Sutra 25	
<b>Gulika</b> 8:15AM – 10:02AM	<b>Shravana</b> Until 2:35AM Fri	<b>Ganesha:</b> Red Sunrise: 4:40AM	Sobhana 5125
Yama 4:40AM – 6:27AM	Sukla Until 1:48AM Fri	<b>Muruga:</b> Clear Sunset: 7:00PM	Moon 4 - Phase 4 - 5th Phase
293196579 <b>Rahu</b> 1:37PM – 3:25PM	Visti Until 11:50AM	<b>Nataraja:</b> Purple Moon – Purple	1st Phase
	<b>Saptami Until 10:40PM</b>	<b>Vaisaka*Chaitra</b>	<b>Sivaloka Day</b>
<b>Chidambaram Abhishekam</b>			

**Friday, May 12, 2023**  
**Retreat Star**

Makara Rasi: 25.2 Tithi 23

Creative Work Siddha Yoga

Until 1:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau		Stamford, CT Sun 6 Sutra 26	
<b>Gulika</b> 6:26AM – 8:14AM	<b>Dhanishtha</b> Until 1:09AM Sat	<b>Ganesha:</b> Red Sunrise: 4:39AM	Sobhana 5125
Yama 3:26PM – 5:13PM	Brahma Until 10:55PM	<b>Muruga:</b> Clear Sunset: 7:01PM	Moon 4 - Phase 4 - 6th Phase
293196579 <b>Rahu</b> 10:02AM – 11:50AM	Balava Until 9:34AM	<b>Nataraja:</b> Purple Moon – Purple	Ashtami
	<b>Ashtami* Until 8:26PM</b>	<b>Vaisaka*Chaitra</b>	<b>Sivaloka Day</b>

**Saturday, May 13, 2023**  
**Retreat Star**

Kumbha Rasi: 9.31 Tithi 24

Creative Work Amrita Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau		Stamford, CT Sun 7 Sutra 27	
<b>Gulika</b> 4:38AM – 6:26AM	<b>Shatabhishak</b> Until 11:43PM	<b>Ganesha:</b> Red Sunrise: 4:38AM	Sobhana 5125
Yama 1:38PM – 3:26PM	Indra Until 8:10PM	<b>Muruga:</b> Clear Sunset: 7:02PM	Moon 4 - Phase 4 - 7th Phase
293196579 <b>Rahu</b> 8:14AM – 10:02AM	Taitila Until 7:23AM	<b>Nataraja:</b> Purple Moon – Purple	Navami
	<b>Navami* Until 6:20PM</b>	<b>Vaisaka*Chaitra</b>	<b>Sivaloka Day</b>

# 1 Sunday, May 14, 2023

Kumbha Rasi: 23.35 Tithi 25 – 26

Creative Work Siddha Yoga  
Until 10:43PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Yuktayam  
Purvaproshtapada\* Nakshatra Vaidhriti\* Vishkambha\* Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

<b>Gulika</b>	<b>3:26PM – 5:15PM</b>	<b>Purvaproshtapada* Until 10:43PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	Sun 8	Sutra 28
Yama	11:50AM – 1:38PM	Vaidhriti* Until 5:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM		Sobhana 5125
213196579 <b>Rahu</b>	<b>5:15PM – 7:03PM</b>	Bava Until 3:31AM Mon	<b>Nataraja:</b> Purple			Moon 4 - Phase 5 - 8

**Mother's Day** **Dashami Until 4:23PM** **Vaisaka\*Chaitra**

**Sivaloka Day**

# 2 Monday, May 15, 2023

Meena Rasi: 7.32 Tithi 26 – 27

**Family Home Evening**  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Vishkambha\* Priti\* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

<b>Gulika</b>	<b>1:38PM – 3:27PM</b>	<b>Uttaraproshtapada Until 9:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM	Sun 9	Sutra 29
Yama	10:01AM – 11:50AM	Vishkambha* Until 3:03PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:04PM		Sobhana 5125
213196579 <b>Rahu</b>	<b>6:24AM – 8:13AM</b>	Kaulava Until 1:54AM Tue	<b>Nataraja:</b> Purple			Moon 4 - Phase 5 - 9

**Ekadashi\* Until 2:39PM** **Vaisaka\*Vaikasi**

**Sivaloka Day**

# 3 Tuesday, May 16, 2023

Meena Rasi: 21.21 Tithi 27 – 28

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

<b>Gulika</b>	<b>11:50AM – 1:39PM</b>	<b>Revati Until 9:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM	Sun 10	Sutra 30
Yama	8:12AM – 10:01AM	Priti Until 12:48PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:05PM		Sobhana 5125
213196579 <b>Rahu</b>	<b>3:27PM – 5:16PM</b>	Gara Until 12:34AM Wed	<b>Nataraja:</b> Purple			Moon 4 - Phase 5 - 10

**Dvadashi\* Until 1:10PM** **Vaisaka\*Vaikasi**

*Pradosha Vrata (Fasting)*

**Sivaloka Day**

# 4 Wednesday, May 17, 2023

Mesha Rasi: 4.59 Tithi 28 – 29

Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam Titau

<b>Gulika</b>	<b>10:01AM – 11:50AM</b>	<b>Ashvini Until 8:52PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:34AM	Sun 11	Sutra 31
Yama	6:23AM – 8:12AM	Ayushman Until 10:47AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:06PM		Sobhana 5125
223196579 <b>Rahu</b>	<b>11:50AM – 1:39PM</b>	Visti Until 11:35PM	<b>Nataraja:</b> Purple			Moon 4 - Phase 5 - 11

**Trayodashi\* Until 12:00PM** **Vaisaka\*Vaikasi**

**Sivaloka Day**

# Thursday, May 18, 2023

**Retreat Star**

Mesha Rasi: 18.24 Tithi 29 – 30

Creative Work Siddha Yoga  
Until 8:58PM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam Titau

<b>Gulika</b>	<b>8:11AM – 10:01AM</b>	<b>Bharani Until 8:58PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:33AM	Sun 12	Sutra 32
Yama	4:33AM – 6:22AM	Saubhagya Until 9:05AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:07PM		Sobhana 5125
223196579 <b>Rahu</b>	<b>1:39PM – 3:28PM</b>	Catuspada Until 11:00PM	<b>Nataraja:</b> Purple			Moon 4 - Phase 5 - 12

**Chaturdashi\* Until 11:13AM** **Vaisaka\*Vaikasi**

**Sivaloka Day**

# Friday, May 19, 2023

**Retreat Star**

Vishabha Rasi: 1.35 Tithi 30 – 1

Creative Work Siddha Yoga  
Until 9:22PM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Sobhana/Athiganda\* Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau

<b>Gulika</b>	<b>6:21AM – 8:11AM</b>	<b>Krittika Until 9:22PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:32AM	Sun 13	Sutra 33
Yama	3:29PM – 5:18PM	Sobhana Until 7:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:08PM		Sobhana 5125
223196579 <b>Rahu</b>	<b>10:00AM – 11:50AM</b>	Kintughna Until 10:54PM	<b>Nataraja:</b> Purple			Moon 4 - Phase 5 - 13

**Amavasya\* Until 10:52AM** **Jyeshtha\*Vaikasi**

**Sivaloka Day**

<b>1</b>		<b>Saturday, May 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 34	
Vrishabha Rasi: 14.32 Tithi 1 – 2		<b>Gulika</b> 4:31AM – 6:21AM	<b>Rohini Until 10:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:31AM	Sobhana 5125	
Creative Work Amrita Yoga		Yama 1:40PM – 3:29PM	Athiganda* Until 6:46AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 6 - 14	
Until 10:35PM		233196579 <b>Rahu</b> 8:11AM – 10:00AM	Balava Until 11:19PM	<b>Nataraja:</b> Purple		3rd Phase	
Then Creative Work - Siddha Yoga			<b>Prathama* Until 11:01AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>2</b>		<b>Sunday, May 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 35	
Vrishabha Rasi: 27.13 Tithi 2 – 3		<b>Gulika</b> 3:30PM – 5:20PM	<b>Mrigashira Until 12:08AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:30AM	Sobhana 5125	
Creative Work Siddha Yoga		Yama 11:50AM – 1:40PM	Sukarma Until 6:13AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6 - 15	
		233196579 <b>Rahu</b> 5:20PM – 7:10PM	Taitila Until 12:14AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Dvitiya Until 11:42AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>3</b>		<b>Monday, May 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Stamford, CT Sun 16 Sutra 36	
Mithuna Rasi: 9.41 Tithi 3 – 4		<b>Gulika</b> 1:40PM – 3:30PM	<b>Ardra Until 2:01AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:30AM	Sobhana 5125	
Family Home Evening		Yama 10:00AM – 11:50AM	Dhriti Until 6:05AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6 - 16	
Creative Work Siddha Yoga		233196579 <b>Rahu</b> 6:20AM – 8:10AM	Vanija Until 1:40AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Tritiya Until 12:52PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>4</b>		<b>Tuesday, May 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 37	
Mithuna Rasi: 21.56 Tithi 4 – 5		<b>Gulika</b> 11:50AM – 1:41PM	<b>Punarvasu Until 4:37AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM	Sobhana 5125	
Creative Work Siddha Yoga		Yama 8:09AM – 10:00AM	Shula* Until 6:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 6 - 17	
		243196579 <b>Rahu</b> 3:31PM – 5:21PM	Bava Until 3:30AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Chaturthi* Until 2:31PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>5</b>		<b>Wednesday, May 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Stamford, CT Sun 18 Sutra 38	
Kataka Rasi: 4.01 Tithi 5 – 6		<b>Gulika</b> 10:00AM – 11:50AM	<b>Pushya Until 7:22AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM	Sobhana 5125	
Creative Work Siddha Yoga		Yama 6:19AM – 8:09AM	Ganda* Until 6:50AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 6 - 18	
		244196579 <b>Rahu</b> 11:50AM – 1:41PM	Kaulava Until 5:40AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Panchami Until 4:32PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>6</b>		<b>Thursday, May 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Taitila Karana Shashthiyam Titau		Stamford, CT Sun 19 Sutra 39	
Kataka Rasi: 15.59 Tithi 6		<b>Gulika</b> 8:09AM – 10:00AM	<b>Pushya Until 7:22AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:27AM	Sobhana 5125	
Creative Work Amrita Yoga		Yama 4:27AM – 6:18AM	Vridhhi Until 7:37AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 6 - 19	
Until 7:22AM		244196579 <b>Rahu</b> 1:41PM – 3:32PM	Taitila Until 6:48PM	<b>Nataraja:</b> Purple		3rd Phase	
Then Creative Work - Siddha Yoga			<b>Shashthi* Until 6:48PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>Retreat Star</b>		<b>Friday, May 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 40	
Kataka Rasi: 27.53 Tithi 7		<b>Gulika</b> 6:18AM – 8:09AM	<b>Ashlesha* Until 10:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:27AM	Sobhana 5125	
Routine Work Marana Yoga		Yama 3:32PM – 5:23PM	Dhruva Until 8:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 6 - 20	
		344196579 <b>Rahu</b> 10:00AM – 11:50AM	Gara Until 7:59AM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Saptami Until 9:08PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>Retreat Star</b>		<b>Saturday, May 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 41	
Simha Rasi: 9.47 Tithi 8		<b>Gulika</b> 4:26AM – 6:17AM	<b>Magha* Until 1:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:26AM	Sobhana 5125	
Creative Work Amrita Yoga		Yama 1:42PM – 3:33PM	Vyaghata* Until 9:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 6 - 21	
Until 1:07PM		354196579 <b>Rahu</b> 8:08AM – 9:59AM	Visti Until 10:18AM	<b>Nataraja:</b> Purple		Ashtami	
Then Creative Work - Siddha Yoga			<b>Ashtami* Until 11:21PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
<b>Retreat Star</b>		<b>Sunday, May 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana*/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 42	
Simha Rasi: 21.46 Tithi 9		<b>Gulika</b> 3:33PM – 5:25PM	<b>Purvaphalguni Until 3:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Sobhana 5125	
Creative Work Siddha Yoga		Yama 11:51AM – 1:42PM	Harshana Until 10:04AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 6 - 22	
Until 3:44PM		354196579 <b>Rahu</b> 5:25PM – 7:16PM	Balava Until 12:22PM	<b>Nataraja:</b> Purple		Navami	
Then Creative Work - Amrita Yoga			<b>Navami* Until 1:14AM Mon</b>	Moon – Red		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


<b>1</b> <b>Monday, May 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 23 Sutra 43	
Kanya Rasi: 3.53	Tithi 10	<b>Gulika</b> 1:42PM – 3:34PM	<b>Uttaraphalguni</b> Until 5:45PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:25AM	Sobhana 5125
<b>Family Home Evening</b>	354196579	Yama 9:59AM – 11:51AM	Vajra* Until 10:26AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:17PM	Moon 4 - Phase 7 - 23
Creative Work Siddha Yoga		<b>Rahu</b> 6:16AM – 8:08AM	Taitila Until 2:01PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dashami</b> Until 2:36AM Tue	Moon – Red	<b>Sivaloka Day</b>
				Jyeshtha*Vaikasi	

<b>2</b> <b>Tuesday, May 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 24 Sutra 44	
Kanya Rasi: 16.15	Tithi 11	<b>Gulika</b> 11:51AM – 1:43PM	<b>Hasta</b> Until 7:29PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:24AM	Sobhana 5125
	364196579	Yama 8:08AM – 9:59AM	Siddhi Until 10:22AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:18PM	Moon 4 - Phase 7 - 24
Creative Work Siddha Yoga		<b>Rahu</b> 3:34PM – 5:26PM	Vanija Until 3:03PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Ekadashi</b> Until 3:16AM Wed	Moon – Green	<b>Devaloka Day</b>
				Jyeshtha*Vaikasi	

<b>3</b> <b>Wednesday, May 31, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau		Stamford, CT Sun 25 Sutra 45	
Kanya Rasi: 28.55	Tithi 12	<b>Gulika</b> 9:59AM – 11:51AM	<b>Chitra</b> Until 8:19PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:24AM	Sobhana 5125
	364196579	Yama 6:16AM – 8:07AM	Vyatipata* Until 9:45AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:18PM	Moon 4 - Phase 7 - 25
Creative Work Siddha Yoga		<b>Rahu</b> 11:51AM – 1:43PM	Bava Until 3:21PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadashi</b> Until 3:11AM Thu	Moon – Green	<b>Devaloka Day</b>
				Jyeshtha*Vaikasi	

<b>4</b> <b>Thursday, June 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Paigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 26 Sutra 46	
Tula Rasi: 11.58	Tithi 13	<b>Gulika</b> 8:07AM – 9:59AM	<b>Svati</b> Until 8:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:23AM	Sobhana 5125
	364296579	Yama 4:23AM – 6:15AM	Varyan Until 8:30AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:19PM	Moon 4 - Phase 7 - 26
Creative Work Amrita Yoga		<b>Rahu</b> 1:43PM – 3:35PM	Kaulava Until 2:53PM	<b>Nataraja:</b> Purple	4th Phase
Until 8:15PM			<b>Trayodashi</b> Until 2:21AM Fri	Moon – Green	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Jyeshtha*Vaikasi	

<b>5</b> <b>Friday, June 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 47	
Tula Rasi: 25.25	Tithi 14	<b>Gulika</b> 6:15AM – 8:07AM	<b>Vishakha</b> Until 7:47PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:23AM	Sobhana 5125
	374296579	Yama 3:36PM – 5:28PM	Parigha* Until 6:40AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:20PM	Moon 4 - Phase 7 - 27
Creative Work Siddha Yoga		<b>Rahu</b> 9:59AM – 11:51AM	Gara Until 1:41PM	<b>Nataraja:</b> Purple	4th Phase
		<b>Vaikasi Visakam</b>	<b>Chaturdashi*</b> Until 12:49AM Sat	Moon – Orange	<b>Subha Sivaloka Day</b>
				Jyeshtha*Vaikasi	

 <b>6</b> <b>Saturday, June 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT Sun 28 Sutra 48	
Vrischika Rasi: 9.16	Tithi 15	<b>Gulika</b> 4:23AM – 6:15AM	<b>Anuradha</b> Until 6:34PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:23AM	Sobhana 5125
	374296579	Yama 1:44PM – 3:36PM	Siddha Until 1:28AM Sun	<b>Muruga:</b> Clear <i>Sunset:</i> 7:20PM	Moon 4 - Phase 7 - Purnima
Creative Work Siddha Yoga		<b>Rahu</b> 8:07AM – 9:59AM	Visti Until 11:51AM	<b>Nataraja:</b> Purple	
			<b>Purnima*</b> Until 10:43PM	Moon – Orange	<b>Subha Sivaloka Day</b>
				Jyeshtha*Vaikasi	

<b>7</b> <b>Sunday, June 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sun 29 Sutra 49	
Vrischika Rasi: 23.28	Tithi 16	<b>Gulika</b> 3:36PM – 5:29PM	<b>Jyeshtha*</b> Until 4:45PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:22AM	Sobhana 5125
	374296579	Yama 11:52AM – 1:44PM	Sadhya Until 10:18PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:21PM	Moon 4 - Phase 7 - Prathama
Routine Work Marana Yoga		<b>Rahu</b> 5:29PM – 7:21PM	Balava Until 9:30AM	<b>Nataraja:</b> Purple	
Until 4:45PM			<b>Prathama*</b> Until 8:10PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				Jyeshtha*Vaikasi	

**Monday, June 5, 2023**  
**Gold Retreat Star**

Dhanus Rasi: 7.55 Tithi 17 – 18  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 2:53PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Mula\*/Purvashadha\* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 1:44PM – 3:37PM**  
 Yama 9:59AM – 11:52AM  
**Rahu 6:14AM – 8:07AM**  
**Mula\* Until 2:53PM**  
 Subha Until 6:55PM  
 Taitila Until 6:48AM  
**Dvitiya Until 5:20PM**  
**Ganesha: Yellow** Sunrise: 4:22AM  
**Muruga: Clear** Sunset: 7:22PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 1 Sutra 50  
 Sobhana 5125  
 Moon 5 - Phase 8 - 1  
 1st Phase

**Sivaloka Day**

**1**  
**Tuesday, June 6, 2023**

Dhanus Rasi: 22.32 Tithi 18 – 19  
 385296571  
 Creative Work Siddha Yoga  
 Until 12:44PM  
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 11:52AM – 1:45PM**  
 Yama 8:07AM – 9:59AM  
**Rahu 3:37PM – 5:30PM**  
**Purvashadha\* Until 12:44PM**  
 Sukla Until 3:24PM  
 Bava Until 12:53AM Wed  
**Tritiya Until 2:22PM**  
**Ganesha: White** Sunrise: 4:22AM  
**Muruga: Clear** Sunset: 7:22PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 2 Sutra 51  
 Sobhana 5125  
 Moon 5 - Phase 8 - 2  
 1st Phase

**Devaloka Day**

**2**  
**Wednesday, June 7, 2023**

Makara Rasi: 7.12 Tithi 19 – 20  
 385296571  
 Creative Work Amrita Yoga  
 Until 10:26AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 9:59AM – 11:52AM**  
 Yama 6:14AM – 8:07AM  
**Rahu 11:52AM – 1:45PM**  
**Uttarashadha Until 10:26AM**  
 Brahma Until 11:54AM  
 Kaulava Until 9:57PM  
**Chaturthi\* Until 11:23AM**  
**Ganesha: White** Sunrise: 4:21AM  
**Muruga: Clear** Sunset: 7:23PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 3 Sutra 52  
 Sobhana 5125  
 Moon 5 - Phase 8 - 3  
 1st Phase

**Devaloka Day**

**3**  
**Thursday, June 8, 2023**

Makara Rasi: 21.48 Tithi 20 – 21  
 395296571  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shravana/Dhanishtha Nakshatra Indra/Vaidhiti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 8:07AM – 10:00AM**  
 Yama 4:21AM – 6:14AM  
**Rahu 1:45PM – 3:38PM**  
**Shravana Until 8:31AM**  
 Indra Until 8:31AM  
 Gara Until 7:13PM  
**Panchami Until 8:32AM**  
**Ganesha: Yellow** Sunrise: 4:21AM  
**Muruga: Clear** Sunset: 7:24PM  
**Nataraja: Blue**  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 4 Sutra 53  
 Sobhana 5125  
 Moon 5 - Phase 8 - 4  
 1st Phase

**Sivaloka Day**

**4**  
**Friday, June 9, 2023**

Kumbha Rasi: 6.14 Tithi 22  
 395296571  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 6:14AM – 8:07AM**  
 Yama 3:38PM – 5:31PM  
**Rahu 10:00AM – 11:53AM**  
**Dhanishtha Until 6:42AM**  
 Vishkambha\* Until 2:21AM Sat  
 Visti Until 4:44PM  
**Saptami Until 3:36AM Sat**  
**Ganesha: Yellow** Sunrise: 4:21AM  
**Muruga: Clear** Sunset: 7:24PM  
**Nataraja: Blue**  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 5 Sutra 54  
 Sobhana 5125  
 Moon 5 - Phase 8 - 5  
 1st Phase

**Sivaloka Day**

**Retreat Star**  
**Saturday, June 10, 2023**

Kumbha Rasi: 20.28 Tithi 23  
 315296571  
 Routine Work Marana Yoga  
 Until 4:05AM Sun  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Purvaproshtpada\* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 4:21AM – 6:14AM**  
 Yama 1:46PM – 3:39PM  
**Rahu 8:07AM – 10:00AM**  
**Purvaproshtpada\* Until 4:05AM Sun**  
 Priti Until 11:44PM  
 Balava Until 2:37PM  
**Ashtami\* Until 1:40AM Sun**  
**Ganesha: Clear** Sunrise: 4:21AM  
**Muruga: Clear** Sunset: 7:25PM  
**Nataraja: Blue**  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 6 Sutra 55  
 Sobhana 5125  
 Moon 5 - Phase 8 - 6  
 Ashtami

**Sivaloka Day**

**Retreat Star**  
**Sunday, June 11, 2023**

Meena Rasi: 4.26 Tithi 24  
 315296571  
 Creative Work Amrita Yoga  
 Until 3:22AM Mon  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 3:39PM – 5:32PM**  
 Yama 11:53AM – 1:46PM  
**Rahu 5:32PM – 7:25PM**  
**Uttaraproshtpada Until 3:22AM Mon**  
 Ayushman Until 9:24PM  
 Taitila Until 12:53PM  
**Navami\* Until 12:09AM Mon**  
**Ganesha: Clear** Sunrise: 4:21AM  
**Muruga: Clear** Sunset: 7:25PM  
**Nataraja: Blue**  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Stamford, CT  
 Sun 7 Sutra 56  
 Sobhana 5125  
 Moon 5 - Phase 8 - 7  
 Navami

**Sivaloka Day**

# Monday, June 12, 2023

Meena Rasi: 18.09 Tithi 25  
Family Home Evening  
Creative Work Siddha Yoga

315296571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Dashamyam Titau  
1:46PM – 3:39PM  
10:00AM – 11:53AM  
6:14AM – 8:07AM

Revati Until 2:55AM Tue  
Saubhagya Until 7:26PM  
Vanija Until 11:33AM  
Dashami Until 11:02PM

Ganesh: Clear Sunrise: 4:20AM  
Muruga: Clear Sunset: 7:26PM  
Nataraja: Blue  
Moon – Clear  
Jyeshtha\*Vaikasi

Stamford, CT  
Sun 8 Sutra 57  
Sobhana 5125  
Moon 5 - Phase 9 - 8  
2nd Phase  
Sivaloka Day

# 2 Tuesday, June 13, 2023

Mesha Rasi: 1.37 Tithi 26  
Creative Work Siddha Yoga

325296571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Ekadashyam Titau  
11:53AM – 1:47PM  
8:07AM – 10:00AM  
3:40PM – 5:33PM

Ashvini Until 3:10AM Wed  
Sobhana Until 5:49PM  
Bava Until 10:39AM  
Ekadashi\* Until 10:20PM

Ganesh: White Sunrise: 4:20AM  
Muruga: Clear Sunset: 7:26PM  
Nataraja: Blue  
Moon – White  
Jyeshtha\*Vaikasi

Stamford, CT  
Sun 9 Sutra 58  
Sobhana 5125  
Moon 5 - Phase 9 - 9  
2nd Phase  
Devaloka Day

# 3 Wednesday, June 14, 2023

Mesha Rasi: 14.52 Tithi 27  
Creative Work Siddha Yoga  
Until 3:41AM Thu  
Then Routine Work - Marana Yoga

325296571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau  
10:00AM – 11:54AM  
6:14AM – 8:07AM  
11:54AM – 1:47PM

Bharani Until 3:41AM Thu  
Athiganda\* Until 4:30PM  
Kaulava Until 10:10AM  
Dvadashi\* Until 10:03PM

Ganesh: White Sunrise: 4:20AM  
Muruga: Clear Sunset: 7:27PM  
Nataraja: Blue  
Moon – White  
Jyeshtha\*Vaikasi

Stamford, CT  
Sun 10 Sutra 59  
Sobhana 5125  
Moon 5 - Phase 9 - 10  
2nd Phase  
Devaloka Day

# 4 Thursday, June 15, 2023

Mesha Rasi: 27.54 Tithi 28  
Routine Work Marana Yoga

326296571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau  
8:07AM – 10:00AM  
4:20AM – 6:14AM  
1:47PM – 3:40PM

Krittika Until 4:27AM Fri  
Sukarma Until 3:31PM  
Gara Until 10:05AM  
Trayodashi\* Until 10:10PM

Ganesh: Yellow Sunrise: 4:20AM  
Muruga: Clear Sunset: 7:27PM  
Nataraja: Blue  
Moon – White  
Jyeshtha\*Ani

Stamford, CT  
Sun 11 Sutra 60  
Sobhana 5125  
Moon 5 - Phase 9 - 11  
2nd Phase  
Sivaloka Day

Pradosha Vrata (Fasting)

# 5 Friday, June 16, 2023

Vrishabha Rasi: 10.44 Tithi 29  
Routine Work Marana Yoga  
Until 5:55AM Sat  
Then Creative Work - Siddha Yoga

336296571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Dhriti/Shula\* Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau  
6:14AM – 8:07AM  
3:41PM – 5:34PM  
10:01AM – 11:54AM

Rohini Until 5:55AM Sat  
Dhriti Until 2:52PM  
Visti Until 10:24AM  
Chaturdashi\* Until 10:42PM

Ganesh: Red Sunrise: 4:20AM  
Muruga: Clear Sunset: 7:28PM  
Nataraja: Blue  
Moon – Yellow  
Jyeshtha\*Ani

Stamford, CT  
Sun 12 Sutra 61  
Sobhana 5125  
Moon 5 - Phase 9 - 12  
2nd Phase  
Sivaloka Day

# 6 Saturday, June 17, 2023

Vrishabha Rasi: 23.22 Tithi 30  
Creative Work Siddha Yoga

336296571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Shula\*/Ganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau  
4:20AM – 6:14AM  
1:48PM – 3:41PM  
8:07AM – 10:01AM

Mrigashira Until 7:36AM Sun  
Shula\* Until 2:31PM  
Catuspada Until 11:08AM  
Amavasya\* Until 11:38PM

Ganesh: Red Sunrise: 4:20AM  
Muruga: Clear Sunset: 7:28PM  
Nataraja: Blue  
Moon – Yellow  
Jyeshtha\*Ani

Stamford, CT  
Sun 13 Sutra 62  
Sobhana 5125  
Moon 5 - Phase 9 - 13  
Amavasya  
Sivaloka Day

# 7 Sunday, June 18, 2023

Mithuna Rasi: 5.5 Tithi 1  
Creative Work Siddha Yoga

336216571  
Gulika  
Yama  
Rahu

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Ganda\*/Vridhhi Yoga Kintughna\*/Bava Karana Prathamayam Titau  
3:41PM – 5:35PM  
11:54AM – 1:48PM  
5:35PM – 7:28PM

Mrigashira Until 7:36AM  
Ganda\* Until 2:29PM  
Kintughna Until 12:16PM  
Prathama\* Until 12:57AM Mon

Ganesh: Red Sunrise: 4:21AM  
Muruga: Yellow Sunset: 7:28PM  
Nataraja: Blue  
Moon – Yellow  
Ashada\*Ani

Stamford, CT  
Sun 14 Sutra 63  
Sobhana 5125  
Moon 5 - Phase 9 - 14  
Prathama  
Sivaloka Day

Father's Day

<b>Monday, June 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 64		
<b>1</b>	Mithuna Rasi: 18.07 Tithi 2	<b>Gulika</b> 1:48PM – 3:42PM Yama 10:01AM – 11:55AM	<b>Ardra Until 9:31AM</b> Vriddhi Until 2:46PM Balava Until 1:47PM	<b>Ganesha:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Yellow	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:28PM	Moon 5 - Phase 10 - 15 3rd Phase
<b>Family Home Evening</b> Creative Work Siddha Yoga Until 9:31AM Then Creative Work - Amrita Yoga		336216571 <b>Rahu</b> 6:14AM – 8:08AM	<b>Dvitiya Until 2:39AM Tue</b>	<b>Sivaloka Day</b> Ashada*Ani		
<b>Tuesday, June 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 65		
<b>2</b>	Kataka Rasi: 0.15 Tithi 3	<b>Gulika</b> 11:55AM – 1:48PM Yama 8:08AM – 10:01AM	<b>Punarvasu Until 12:07PM</b> Dhruva Until 3:17PM Taitila Until 3:38PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 10 - 16 3rd Phase
Creative Work Siddha Yoga		346216571 <b>Rahu</b> 3:42PM – 5:35PM	<b>Tritiya Until 4:40AM Wed</b>	<b>Sivaloka Day</b> Ashada*Ani		
<b>Wednesday, June 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Stamford, CT Sun 17 Sutra 66		
<b>3</b>	Kataka Rasi: 12.16 Tithi 4	<b>Gulika</b> 10:02AM – 11:55AM Yama 6:15AM – 8:08AM	<b>Pushya Until 2:49PM</b> Vyaghata* Until 4:03PM Vanija Until 5:48PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 10 - 17 3rd Phase
Creative Work Siddha Yoga		346216571 <b>Rahu</b> 11:55AM – 1:48PM	<b>Chaturthi* Until 6:56AM Thu</b>	<b>Sivaloka Day</b> Ashada*Ani		
<b>Thursday, June 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 18 Sutra 67		
<b>4</b>	Kataka Rasi: 24.11 Tithi 4 – 5	<b>Gulika</b> 8:08AM – 10:02AM Yama 4:21AM – 6:15AM	<b>Ashlesha* Until 5:34PM</b> Harshana Until 4:59PM Bava Until 8:09PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 10 - 18 3rd Phase
Creative Work Siddha Yoga Until 5:34PM Then Creative Work - Amrita Yoga		347216571 <b>Rahu</b> 1:49PM – 3:42PM	<b>Chaturthi* Until 6:56AM</b>	<b>Devaloka Day</b> Ashada*Ani		
<b>Friday, June 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 19 Sutra 68		
<b>5</b>	Simha Rasi: 6.03 Tithi 5 – 6	<b>Gulika</b> 6:15AM – 8:08AM Yama 3:42PM – 5:36PM	<b>Magha* Until 8:43PM</b> Vajra* Until 5:56PM Kaulava Until 10:33PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red	<b>Sunrise:</b> 4:22AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 10 - 19 3rd Phase
Routine Work Marana Yoga Until 8:43PM Then Creative Work - Siddha Yoga		357216571 <b>Rahu</b> 10:02AM – 11:55AM	<b>Panchami Until 9:20AM</b>	<b>Sivaloka Day</b> Ashada*Ani		
<b>Saturday, June 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 20 Sutra 69		
<b>6</b>	Simha Rasi: 17.55 Tithi 6 – 7	<b>Gulika</b> 4:22AM – 6:15AM Yama 1:49PM – 3:43PM	<b>Purvaphalguni Until 11:35PM</b> Siddhi Until 6:50PM Gara Until 12:50AM Sun	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red	<b>Sunrise:</b> 4:22AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 10 - 20 3rd Phase
Creative Work Siddha Yoga Until 11:35PM Then Routine Work - Marana Yoga		357216571 <b>Rahu</b> 8:09AM – 10:02AM	<b>Shashthi* Until 11:42AM</b>	<b>Sivaloka Day</b> Ashada*Ani		
<b>Sunday, June 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhana Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 21 Sutra 70		
<b>Retreat Star</b>	Simha Rasi: 29.52 Tithi 7 – 8	<b>Gulika</b> 3:43PM – 5:36PM Yama 11:56AM – 1:49PM	<b>Uttaraphalguni Until 1:59AM Mon</b> Vyatipata* Until 7:32PM Visti Until 2:46AM Mon	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red	<b>Sunrise:</b> 4:22AM <b>Sunset:</b> 7:30PM	Moon 5 - Phase 10 - 21 Ashtami
Creative Work Amrita Yoga Until 1:59AM Mon Then Creative Work - Siddha Yoga		357216571 <b>Rahu</b> 5:36PM – 7:30PM	<b>Saptami Until 1:50PM</b>	<b>Sivaloka Day</b> Ashada*Ani		
<b>Monday, June 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 22 Sutra 71		
<b>Retreat Star</b>	Kanya Rasi: 11.57 Tithi 8 – 9	<b>Gulika</b> 1:49PM – 3:43PM Yama 10:03AM – 11:56AM	<b>Hasta Until 4:10AM Tue</b> Variyan Until 7:49PM Balava Until 4:09AM Tue	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Green	<b>Sunrise:</b> 4:22AM <b>Sunset:</b> 7:30PM	Moon 5 - Phase 10 - 22 Navami
<b>Family Home Evening</b> Creative Work Siddha Yoga		367316571 <b>Rahu</b> 6:16AM – 8:09AM	<b>Ashtami* Until 3:31PM</b>	<b>Sivaloka Day</b> Ashada*Ani		

<b>1 Tuesday, June 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT	
Kanya Rasi: 24.16	Tithi 9 – 10	<b>Gulika</b> 11:56AM – 1:50PM	<b>Chitra</b> Until 5:29AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	Sun 23	Sutra 72
		Yama 8:10AM – 10:03AM	Parigha* Until 7:35PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:30PM		Sobhana 5125
		367316571 <b>Rahu</b> 3:43PM – 5:36PM	Taitila Until 4:48AM Wed	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 - 23	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 4:33PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Ashada*Ani			

<b>2 Wednesday, June 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT	
Tula Rasi: 6.56	Tithi 10 – 11	<b>Gulika</b> 10:03AM – 11:56AM	<b>Svati</b> Until 5:49AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	Sun 24	Sutra 73
		Yama 6:17AM – 8:10AM	Shiva Until 6:44PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:30PM		Sobhana 5125
		367316571 <b>Rahu</b> 11:56AM – 1:50PM	Vanija Until 4:37AM Thu	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 - 24	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 4:48PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Ashada*Ani			

<b>3 Thursday, June 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT	
Tula Rasi: 20	Tithi 11 – 12	<b>Gulika</b> 8:10AM – 10:03AM	<b>Vishakha</b> Until 5:38AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:24AM	Sun 25	Sutra 74
		Yama 4:24AM – 6:17AM	Siddha Until 5:11PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:30PM		Sobhana 5125
		378316571 <b>Rahu</b> 1:50PM – 3:43PM	Bava Until 3:35AM Fri	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 - 25	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:11PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Ashada*Ani			

<b>4 Friday, June 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT	
Vrischika Rasi: 3.32	Tithi 12 – 13	<b>Gulika</b> 6:17AM – 8:10AM	<b>Anuradha</b> Until 4:32AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:24AM	Sun 26	Sutra 75
		Yama 3:43PM – 5:36PM	Sadhya Until 2:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:30PM		Sobhana 5125
		378316571 <b>Rahu</b> 10:04AM – 11:57AM	Kaulava Until 1:47AM Sat	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 - 26	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Ashada*Ani			

Pradosha Vrata


<b>5 Saturday, July 1, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT	
Vrischika Rasi: 17.32	Tithi 13 – 14	<b>Gulika</b> 4:25AM – 6:18AM	<b>Jyeshtha*</b> Until 2:38AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Sun 27	Sutra 76
		Yama 1:50PM – 3:43PM	Subha Until 12:12PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:29PM		Sobhana 5125
		378316571 <b>Rahu</b> 8:11AM – 10:04AM	Gara Until 11:18PM	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 - 27	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:36PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 2:38AM Sun				Ashada*Ani			
Then Creative Work - Amrita Yoga							

<b>○ Sunday, July 2, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:43PM – 5:36PM	<b>Mula*</b> Until 12:31AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:25AM	Sun 27	Sutra 77
Dhanus Rasi: 1.57	Tithi 14 – 15	Yama 11:57AM – 1:50PM	Sukla Until 8:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:29PM		Sobhana 5125
		388316571 <b>Rahu</b> 5:36PM – 7:29PM	Visti Until 8:18PM	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 -	Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 9:50AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 12:31AM Mon				Ashada*Ani			
Then Routine Work - Marana Yoga							

<b>Monday, July 3, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Purvashadha* Nakshatra Indra Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Stamford, CT	
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:43PM	<b>Purvashadha*</b> Until 9:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:26AM	Sun 28	Sutra 78
Dhanus Rasi: 16.43	Tithi 15 – 16	Yama 10:04AM – 11:57AM	Indra Until 1:21AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:29PM		Sobhana 5125
<b>Family Home Evening</b>		388316571 <b>Rahu</b> 6:19AM – 8:12AM	Kaulava Until 3:11AM Tue	<b>Nataraja:</b> Blue		Moon 5 - Phase 11 -	Prathama
Routine Work	Marana Yoga		<b>Purnima* Until 6:39AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



	<b>Tuesday, July 4, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
	<b>Gold Retreat Star</b>	Uttarashadha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau		Sutra 79	
Makara Rasi: 1.42	Tithi 17	<b>Gulika</b> 11:58AM – 1:50PM	<b>Uttarashadha Until 7:05PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:26AM</i>	Sobhana 5125
		Yama 8:12AM – 10:05AM	Vaidhriti* Until 9:20PM	<b>Muruga:</b> Yellow <i>Sunset: 7:29PM</i>	Moon 6 - Phase 12 - 1st Phase
	388316571	<b>Rahu</b> 3:43PM – 5:36PM	Taitila Until 1:25PM	<b>Nataraja:</b> Blue	
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 11:37PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 7:05PM				<b>Ashada*Ani</b>	
Then Creative Work - Siddha Yoga					

<b>1</b>	<b>Wednesday, July 5, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
		Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Vanija/Visti* Karana Tritiyayam Titau		Sun 1 Sutra 80	
Makara Rasi: 16.44	Tithi 18	<b>Gulika</b> 10:05AM – 11:58AM	<b>Shravana Until 4:31PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:27AM</i>	Sobhana 5125
		Yama 6:20AM – 8:12AM	Vishkambha* Until 5:23PM	<b>Muruga:</b> Yellow <i>Sunset: 7:29PM</i>	Moon 6 - Phase 12 - 1st Phase
	399316571	<b>Rahu</b> 11:58AM – 1:50PM	Vanija Until 9:52AM	<b>Nataraja:</b> Blue	
Creative Work	Siddha Yoga		<b>Tritiya Until 8:07PM</b>	Moon – Purple	<b>Subha Sivaloka Day</b>
Until 4:31PM				<b>Ashada*Ani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2</b>	<b>Thursday, July 6, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
		Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau		Sun 2 Sutra 81	
Kumbha Rasi: 1.42	Tithi 19 – 20	<b>Gulika</b> 8:13AM – 10:05AM	<b>Dhanishtha Until 2:01PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:27AM</i>	Sobhana 5125
		Yama 4:27AM – 6:20AM	Priti Until 1:36PM	<b>Muruga:</b> Yellow <i>Sunset: 7:28PM</i>	Moon 6 - Phase 12 - 2nd Phase
	399316571	<b>Rahu</b> 1:50PM – 3:43PM	Bava Until 6:27AM	<b>Nataraja:</b> Blue	1st Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 4:50PM</b>	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>3</b>	<b>Friday, July 7, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
		Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau		Sun 3 Sutra 82	
Kumbha Rasi: 16.26	Tithi 20 – 21	<b>Gulika</b> 6:21AM – 8:13AM	<b>Shatabhishak Until 11:43AM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 4:28AM</i>	Sobhana 5125
		Yama 3:43PM – 5:36PM	Ayushman Until 10:04AM	<b>Muruga:</b> Yellow <i>Sunset: 7:28PM</i>	Moon 6 - Phase 12 - 3rd Phase
	499316571	<b>Rahu</b> 10:06AM – 11:58AM	Gara Until 12:37AM Sat	<b>Nataraja:</b> Blue	1st Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:54PM</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>4</b>	<b>Saturday, July 8, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
		Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Sun 4 Sutra 83	
Meena Rasi: 0.52	Tithi 21 – 22	<b>Gulika</b> 4:29AM – 6:21AM	<b>Purvaproshtapada* Until 10:09AM</b>	<b>Ganesh:</b> Yellow <i>Sunrise: 4:29AM</i>	Sobhana 5125
		Yama 1:51PM – 3:43PM	Saubhagya Until 6:56AM	<b>Muruga:</b> Yellow <i>Sunset: 7:28PM</i>	Moon 6 - Phase 12 - 4th Phase
	419316571	<b>Rahu</b> 8:13AM – 10:06AM	Visti Until 10:26PM	<b>Nataraja:</b> Blue	1st Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 11:26AM</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 10:09AM				<b>Ashada*Ani</b>	
Then Creative Work - Siddha Yoga					

<b>5</b>	<b>Sunday, July 9, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam		Stamford, CT	
	<b>Retreat Star</b>	Uttaraproshtapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Sun 5 Sutra 84	
Meena Rasi: 14.55	Tithi 22 – 23	<b>Gulika</b> 3:43PM – 5:35PM	<b>Uttaraproshtapada Until 9:01AM</b>	<b>Ganesh:</b> Yellow <i>Sunrise: 4:29AM</i>	Sobhana 5125
		Yama 11:58AM – 1:51PM	Athiganda* Until 2:02AM Mon	<b>Muruga:</b> Yellow <i>Sunset: 7:27PM</i>	Moon 6 - Phase 12 - 5th Phase
	419316571	<b>Rahu</b> 5:35PM – 7:27PM	Balava Until 8:50PM	<b>Nataraja:</b> Blue	Ashtami
Creative Work	Amrita Yoga		<b>Saptami Until 9:32AM</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>6</b>	<b>Monday, July 10, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
	<b>Retreat Star</b>	Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Sun 6 Sutra 85	
Meena Rasi: 28.36	Tithi 23 – 24	<b>Gulika</b> 1:51PM – 3:43PM	<b>Revati Until 8:20AM</b>	<b>Ganesh:</b> Yellow <i>Sunrise: 4:30AM</i>	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:06AM – 11:58AM	Sukarma Until 12:21AM Tue	<b>Muruga:</b> Yellow <i>Sunset: 7:27PM</i>	Moon 6 - Phase 12 - 6th Phase
	419316571	<b>Rahu</b> 6:22AM – 8:14AM	Taitila Until 7:51PM	<b>Nataraja:</b> Blue	Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:15AM</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

<b>1 Tuesday, July 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 86	
Mesha Rasi: 11.55	Tithi 24 – 25	<b>Gulika</b> 11:59AM – 1:51PM	<b>Ashvini Until 8:33AM</b>	<b>Ganesha:</b> Blue	Sunrise: 4:31AM
		Yama 8:15AM – 10:07AM	Dhriti Until 11:08PM	<b>Muruga:</b> Yellow	Sunset: 7:26PM
	429316571	<b>Rahu</b> 3:43PM – 5:34PM	Vanija Until 7:29PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 7
Creative Work	Siddha Yoga		<b>Navami* Until 7:34AM</b>	Moon – White	2nd Phase
				<b>Subha Sivaloka Day</b>	
				Ashada*Ani	

<b>2 Wednesday, July 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 87	
Mesha Rasi: 24.56	Tithi 25 – 26	<b>Gulika</b> 10:07AM – 11:59AM	<b>Bharani Until 9:12AM</b>	<b>Ganesha:</b> Blue	Sunrise: 4:31AM
		Yama 6:23AM – 8:15AM	Shula* Until 10:21PM	<b>Muruga:</b> Yellow	Sunset: 7:26PM
	429316571	<b>Rahu</b> 11:59AM – 1:51PM	Bava Until 7:40PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 8
Creative Work	Siddha Yoga		<b>Dashami Until 7:29AM</b>	Moon – White	2nd Phase
Until 9:12AM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashada*Ani	

<b>3 Thursday, July 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 88	
Mrishabha Rasi: 7.42	Tithi 26 – 27	<b>Gulika</b> 8:16AM – 10:07AM	<b>Krittika Until 10:12AM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:32AM
		Yama 4:32AM – 6:24AM	Ganda* Until 9:56PM	<b>Muruga:</b> Yellow	Sunset: 7:25PM
	421316571	<b>Rahu</b> 1:50PM – 3:42PM	Kaulava Until 8:20PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 9
Routine Work	Marana Yoga		<b>Ekadashi* Until 7:55AM</b>	Moon – White	2nd Phase
				<b>Subha Sivaloka Day</b>	
				Ashada*Ani	

<b>4 Friday, July 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 89	
Mrishabha Rasi: 20.14	Tithi 27 – 28	<b>Gulika</b> 6:24AM – 8:16AM	<b>Rohini Until 11:56AM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:33AM
		Yama 3:42PM – 5:33PM	Vriddhi Until 9:51PM	<b>Muruga:</b> Yellow	Sunset: 7:25PM
	431316571	<b>Rahu</b> 10:07AM – 11:59AM	Gara Until 9:24PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 10
Routine Work	Marana Yoga		<b>Dvadashi* Until 8:48AM</b>	Moon – Yellow	2nd Phase
Until 11:56AM				<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Ashada*Ani	
				Pradosha Vrata (Fasting)	

<b>5 Saturday, July 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 90	
Mithuna Rasi: 2.37	Tithi 28 – 29	<b>Gulika</b> 4:34AM – 6:25AM	<b>Mrigashira Until 1:53PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:34AM
		Yama 1:50PM – 3:42PM	Dhruva Until 10:02PM	<b>Muruga:</b> Yellow	Sunset: 7:24PM
	431316571	<b>Rahu</b> 8:16AM – 10:08AM	Visti Until 10:50PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 11
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:04AM</b>	Moon – Yellow	2nd Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>6 Sunday, July 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 91	
Mithuna Rasi: 14.51	Tithi 29 – 30	<b>Gulika</b> 3:41PM – 5:33PM	<b>Ardra Until 3:59PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:35AM
		Yama 11:59AM – 1:50PM	Vyaghata* Until 10:27PM	<b>Muruga:</b> Yellow	Sunset: 7:24PM
	431316571	<b>Rahu</b> 5:33PM – 7:24PM	Catuspada Until 12:35AM Mon	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 12
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:39AM</b>	Moon – Yellow	Amavasya
				<b>Sivaloka Day</b>	
				Ashada*Adi	

<b>7 Monday, July 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Punarvasu Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 92	
Mithuna Rasi: 26.58	Tithi 30 – 1	<b>Gulika</b> 1:50PM – 3:41PM	<b>Punarvasu Until 6:40PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:35AM
		Yama 10:08AM – 11:59AM	Harshana Until 11:05PM	<b>Muruga:</b> Yellow	Sunset: 7:23PM
<b>Family Home Evening</b>	441316572	<b>Rahu</b> 6:26AM – 8:17AM	Kintughna Until 2:35AM Tue	<b>Nataraja:</b> Yellow	Moon 6 - Phase 13 - 13
Creative Work	Amrita Yoga		<b>Amavasya* Until 1:32PM</b>	Moon – Blue	Prathama
Until 6:40PM				<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Srivana Adhika*Adi	

<b>1</b>		<b>Tuesday, July 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 93	
Kataka Rasi: 8.59	Tithi 1 – 2	<b>Gulika</b> 11:59AM – 1:50PM	<b>Pushya Until 9:26PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:36AM	Sobhana 5125	
		Yama 8:18AM – 10:08AM	Vajra* Until 11:53PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 14 - 14	
		441316572 <b>Rahu</b> 3:41PM – 5:32PM	Balava Until 4:49AM Wed	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 3:39PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Sravana Adhika*Adi			
<b>2</b>		<b>Wednesday, July 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 94	
Kataka Rasi: 20.54	Tithi 2 – 3	<b>Gulika</b> 10:09AM – 11:59AM	<b>Ashlesha* Until 12:12AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:37AM	Sobhana 5125	
		Yama 6:28AM – 8:18AM	Siddhi Until 12:49AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 14 - 15	
		441316572 <b>Rahu</b> 11:59AM – 1:50PM	Taitila Until 7:13AM Thu	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 5:59PM</b>	Moon – Blue		<b>Devaloka Day</b>	
Until 12:12AM Thu				Sravana Adhika*Adi			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Thursday, July 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 95	
Simha Rasi: 2.46	Tithi 3	<b>Gulika</b> 8:19AM – 10:09AM	<b>Magha* Until 3:24AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	Sobhana 5125	
		Yama 4:38AM – 6:28AM	Vyatipata* Until 1:51AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 14 - 16	
		451316572 <b>Rahu</b> 1:50PM – 3:40PM	Taitila Until 7:13AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 8:25PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:24AM Fri				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Friday, July 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau		Stamford, CT Sun 17 Sutra 96	
Simha Rasi: 15	Tithi 4	<b>Gulika</b> 6:29AM – 8:19AM	<b>Purvaphalguni Until 6:24AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Sobhana 5125	
		Yama 3:40PM – 5:30PM	Variyan Until 2:50AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 14 - 17	
		451316572 <b>Rahu</b> 10:09AM – 11:59AM	Vanija Until 9:41AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:53PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 6:24AM Sat				Sravana Adhika*Adi			
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Saturday, July 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 97	
Simha Rasi: 26.27	Tithi 5	<b>Gulika</b> 4:40AM – 6:30AM	<b>Purvaphalguni Until 6:24AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM	Sobhana 5125	
		Yama 1:49PM – 3:39PM	Parigha* Until 3:42AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14 - 18	
		451416572 <b>Rahu</b> 8:20AM – 10:10AM	Bava Until 12:05PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 1:12AM Sun</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 6:24AM				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Sunday, July 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 98	
Kanya Rasi: 8.23	Tithi 6	<b>Gulika</b> 3:39PM – 5:29PM	<b>Uttaraphalguni Until 9:03AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM	Sobhana 5125	
		Yama 12:00PM – 1:49PM	Shiva Until 4:19AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14 - 19	
		451416572 <b>Rahu</b> 5:29PM – 7:19PM	Kaulava Until 2:16PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 3:11AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>	
				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
<b>Monday, July 24, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 99	
Kanya Rasi: 20.26	Tithi 7	<b>Gulika</b> 1:49PM – 3:39PM	<b>Hasta Until 11:40AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:41AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:10AM – 12:00PM	Siddha Until 4:30AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 14 - 20	
Creative Work	Siddha Yoga	462416572 <b>Rahu</b> 6:31AM – 8:20AM	Gara Until 4:00PM	<b>Nataraja:</b> Yellow		3rd Phase	
Until 11:40AM			<b>Saptami Until 4:38AM Tue</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				Sravana Adhika*Adi			
<b>Tuesday, July 25, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 100	
Tula Rasi: 2.44	Tithi 8	<b>Gulika</b> 12:00PM – 1:49PM	<b>Chitra Until 1:32PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:42AM	Sobhana 5125	
		Yama 8:21AM – 10:10AM	Sadhya Until 4:07AM Wed	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 14 - 21	
		462416572 <b>Rahu</b> 3:38PM – 5:27PM	Visti Until 5:07PM	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:22AM Wed</b>	Moon – Green		<b>Sivaloka Day</b>	
				Sravana Adhika*Adi			
<b>Wednesday, July 26, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 101	
Tula Rasi: 15.21	Tithi 9	<b>Gulika</b> 10:10AM – 12:00PM	<b>Svati Until 2:29PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Sobhana 5125	
		Yama 6:32AM – 8:21AM	Subha Until 3:07AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 14 - 22	
		462416572 <b>Rahu</b> 12:00PM – 1:49PM	Balava Until 5:27PM	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 5:16AM Thu</b>	Moon – Green		<b>Sivaloka Day</b>	
				Sravana Adhika*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1 Thursday, July 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 23 Sutra 102	
Tula Rasi: 28.22	Tithi 10	<b>Gulika</b> 8:22AM – 10:11AM	<b>Vishakha</b> Until 2:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM	Sobhana 5125
		Yama 4:44AM – 6:33AM	Sukla Until 1:23AM Fri	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:15PM	Moon 6 - Phase 15 - 23
		472416572 <b>Rahu</b> 1:48PM – 3:37PM	Taitila Until 4:55PM	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:18AM Fri	Moon – Orange	<b>Devaloka Day</b>
				Sravana Adhika*Adi	

<b>2 Friday, July 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 24 Sutra 103	
Vrischika Rasi: 11.51	Tithi 11	<b>Gulika</b> 6:34AM – 8:22AM	<b>Anuradha</b> Until 2:21PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:45AM	Sobhana 5125
		Yama 3:37PM – 5:25PM	Brahma Until 10:59PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 6 - Phase 15 - 24
		472416572 <b>Rahu</b> 10:11AM – 12:00PM	Vanija Until 3:31PM	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 2:31AM Sat	Moon – Orange	<b>Devaloka Day</b>
Until 2:21PM				Sravana Adhika*Adi	
Then Routine Work - Marana Yoga					

<b>3 Saturday, July 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Stamford, CT Sun 25 Sutra 104	
Vrischika Rasi: 25.5	Tithi 12	<b>Gulika</b> 4:46AM – 6:34AM	<b>Jyeshtha*</b> Until 12:51PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM	Sobhana 5125
		Yama 1:48PM – 3:36PM	Indra Until 7:59PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 6 - Phase 15 - 25
		472416572 <b>Rahu</b> 8:23AM – 10:11AM	Bava Until 1:21PM	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 11:59PM	Moon – Orange	<b>Devaloka Day</b>
				Sravana Adhika*Adi	

<b>4 Sunday, July 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 26 Sutra 105	
Dhanus Rasi: 10.17	Tithi 13	<b>Gulika</b> 3:36PM – 5:24PM	<b>Mula*</b> Until 10:58AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:47AM	Sobhana 5125
		Yama 11:59AM – 1:48PM	Vaidhriti* Until 4:27PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 6 - Phase 15 - 26
		482416572 <b>Rahu</b> 5:24PM – 7:12PM	Kaulava Until 10:31AM	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 8:53PM	Moon – Light Blue	<b>Sivaloka Day</b>
Until 10:58AM				Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

<b>5 Monday, July 31, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sun 27 Sutra 106	
Dhanus Rasi: 25.08	Tithi 14 – 15	<b>Gulika</b> 1:47PM – 3:35PM	<b>Purvashadha*</b> Until 8:25AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:48AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:12AM – 11:59AM	Vishkambha* Until 12:32PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:11PM	Moon 6 - Phase 15 - 27
		482416572 <b>Rahu</b> 6:36AM – 8:24AM	Gara Until 7:11AM	<b>Nataraja:</b> Yellow	4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 5:21PM	Moon – Light Blue	<b>Sivaloka Day</b>
				Sravana Adhika*Adi	

<b>○ Tuesday, August 1, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sun 27 Sutra 107	
Makara Rasi: 10.16	Tithi 15 – 16	<b>Gulika</b> 11:59AM – 1:47PM	<b>Shravana</b> Until 2:32AM Wed	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:49AM	Sobhana 5125
		Yama 8:24AM – 10:12AM	Priti Until 8:23AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:10PM	Moon 6 - Phase 15 -
		492416572 <b>Rahu</b> 3:35PM – 5:22PM	Balava Until 11:39PM	<b>Nataraja:</b> Yellow	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 1:34PM	Moon – Purple	<b>Devaloka Day</b>
Until 2:32AM Wed				Sravana Adhika*Adi	
Then Routine Work - Prabalarishta Yoga					

<b>Wednesday, August 2, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 28 Sutra 108	
Makara Rasi: 25.32	Tithi 16 – 17	<b>Gulika</b> 10:12AM – 11:59AM	<b>Dhanishtha</b> Until 11:32PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM	Sobhana 5125
		Yama 6:37AM – 8:25AM	Saubhagya Until 11:53PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:09PM	Moon 6 - Phase 15 -
		492416572 <b>Rahu</b> 11:59AM – 1:47PM	Taitila Until 7:48PM	<b>Nataraja:</b> Yellow	Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 9:42AM	Moon – Purple	<b>Devaloka Day</b>
Until 11:32PM				Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 11/20/21

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Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 10.44 Tithi 18

Gulika 8:25AM – 10:12AM

Yama 4:51AM – 6:38AM

492416572 Rahu 1:46PM – 3:33PM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Shatabhishak Until 8:37PM

Sobhana Until 7:50PM

Vanija Until 4:08PM

Tritiya Until 2:24AM Fri

Ganesha: Yellow Sunrise: 4:51AM

Muruga: Yellow Sunset: 7:08PM

Nataraja: Yellow

Moon – Purple

Sravana Adhika\*Adi

Devaloka Day

Sun 1 Sutra 109

Sobhana 5125

Moon 7 - Phase 16 - 1

1st Phase

1

Friday, August 4, 2023

Kumbha Rasi: 25.44 Tithi 19

Gulika 6:39AM – 8:25AM

Yama 3:33PM – 5:20PM

412416572 Rahu 10:12AM – 11:59AM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

Purvaproshtapada\* Until 6:21PM

Athiganda\* Until 4:04PM

Bava Until 12:48PM

Chaturthi\* Until 11:17PM

Ganesha: Clear Sunrise: 4:52AM

Muruga: Yellow Sunset: 7:06PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika\*Adi

Devaloka Day

Sun 2 Sutra 110

Sobhana 5125

Moon 7 - Phase 16 - 2

1st Phase

2

Saturday, August 5, 2023

Meena Rasi: 10.23 Tithi 20

Gulika 4:53AM – 6:39AM

Yama 1:46PM – 3:32PM

412416572 Rahu 8:26AM – 10:12AM

Creative Work Siddha Yoga

Until 4:28PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada\*Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Uttaraproshtapada Until 4:28PM

Sukarma Until 12:45PM

Kaulava Until 9:57AM

Panchami Until 8:44PM

Ganesha: Clear Sunrise: 4:53AM

Muruga: Yellow Sunset: 7:05PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika\*Adi

Devaloka Day

Sun 3 Sutra 111

Sobhana 5125

Moon 7 - Phase 16 - 3

1st Phase

3

Sunday, August 6, 2023

Meena Rasi: 24.38 Tithi 21

Gulika 3:31PM – 5:18PM

Yama 11:59AM – 1:45PM

413416572 Rahu 5:18PM – 7:04PM

Creative Work Amrita Yoga

Until 3:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthyam Titau

Revati Until 3:05PM

Dhriti Until 9:58AM

Gara Until 7:44AM

Shashthi\* Until 6:52PM

Ganesha: White Sunrise: 4:54AM

Muruga: Yellow Sunset: 7:04PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika\*Adi

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

Sun 4 Sutra 112

Sobhana 5125

Moon 7 - Phase 16 - 4

1st Phase

4

Monday, August 7, 2023

Mesha Rasi: 8.25 Tithi 22 – 23

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:45PM – 3:31PM

Yama 10:13AM – 11:59AM

423416572 Rahu 6:41AM – 8:27AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Ashvini Until 2:44PM

Shula\* Until 7:44AM

Visti Until 6:13AM

Saptami Until 5:43PM

Ganesha: Clear Sunrise: 4:55AM

Muruga: Yellow Sunset: 7:03PM

Nataraja: Yellow

Moon – White

Sravana Adhika\*Adi

Devaloka Day

Sun 5 Sutra 113

Sobhana 5125

Moon 7 - Phase 16 - 5

1st Phase

D

Tuesday, August 8, 2023

Retreat Star

Mesha Rasi: 21.46 Tithi 23 – 24

Creative Work Siddha Yoga

Gulika 11:59AM – 1:44PM

Yama 8:27AM – 10:13AM

423416572 Rahu 3:30PM – 5:16PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bharani Until 2:59PM

Ganda\* Until 6:08AM

Taitila Until 5:27AM Wed

Ashtami\* Until 5:21PM

Ganesha: Clear Sunrise: 4:56AM

Muruga: Yellow Sunset: 7:02PM

Nataraja: Yellow

Moon – White

Sravana Adhika\*Adi

Devaloka Day

Sun 6 Sutra 114

Sobhana 5125

Moon 7 - Phase 16 - 6

Ashtami

Wednesday, August 9, 2023

Retreat Star

Vrishabha Rasi: 4.43 Tithi 24 – 25

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Gulika 10:13AM – 11:58AM

Yama 6:42AM – 8:28AM

423416572 Rahu 11:58AM – 1:44PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Krittika Until 3:47PM

Dhruva Until 4:38AM Thu

Vanija Until 6:06AM Thu

Navami\* Until 5:40PM

Ganesha: Clear Sunrise: 4:57AM

Muruga: Yellow Sunset: 7:00PM

Nataraja: Yellow

Moon – White

Sravana Adhika\*Adi

Devaloka Day

Sun 7 Sutra 115

Sobhana 5125

Moon 7 - Phase 16 - 7

Navami

<b>1 Thursday, August 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT Sun 8 Sutra 116	
Vrishabha Rasi: 17.21	Tithi 25	<b>Gulika</b> 8:28AM – 10:13AM	<b>Rohini Until 5:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:58AM</i>	Sobhana 5125
		Yama 4:58AM – 6:43AM	Vyaghata* Until 4:35AM Fri	<b>Muruga:</b> Yellow <i>Sunset: 6:59PM</i>	Moon 7 - Phase 17 - 8
		433416572 <b>Rahu</b> 1:43PM – 3:29PM	Vanija Until 6:06AM	<b>Nataraja:</b> Yellow	2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 6:37PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Sravana Adhika*Adi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>2 Friday, August 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 9 Sutra 117	
Vrishabha Rasi: 29.45	Tithi 26	<b>Gulika</b> 6:44AM – 8:28AM	<b>Mrigashira Until 7:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:59AM</i>	Sobhana 5125
		Yama 3:28PM – 5:13PM	Harshana Until 4:53AM Sat	<b>Muruga:</b> Yellow <i>Sunset: 6:58PM</i>	Moon 7 - Phase 17 - 9
		433416572 <b>Rahu</b> 10:13AM – 11:58AM	Bava Until 7:18AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 8:03PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Sravana Adhika*Adi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3 Saturday, August 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 10 Sutra 118	
Mithuna Rasi: 11.57	Tithi 27	<b>Gulika</b> 5:00AM – 6:44AM	<b>Ardra Until 9:47PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:00AM</i>	Sobhana 5125
		Yama 1:43PM – 3:27PM	Vajra* Until 5:25AM Sun	<b>Muruga:</b> Yellow <i>Sunset: 6:56PM</i>	Moon 7 - Phase 17 - 10
		433416572 <b>Rahu</b> 8:29AM – 10:13AM	Kaulava Until 8:56AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 9:52PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Sravana Adhika*Adi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4 Sunday, August 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 11 Sutra 119	
Mithuna Rasi: 24.02	Tithi 28	<b>Gulika</b> 3:26PM – 5:11PM	<b>Punarvasu Until 12:36AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:01AM</i>	Sobhana 5125
		Yama 11:58AM – 1:42PM	Siddhi Until 6:08AM Mon	<b>Muruga:</b> Yellow <i>Sunset: 6:55PM</i>	Moon 7 - Phase 17 - 11
		433416572 <b>Rahu</b> 5:11PM – 6:55PM	Gara Until 10:53AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:56PM</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Sravana Adhika*Adi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
				<i>Pradosha Vrata (Fasting)</i>	

<b>5 Monday, August 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 120	
Kataka Rasi: 6.01	Tithi 29	<b>Gulika</b> 1:42PM – 3:26PM	<b>Pushya Until 3:26AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:02AM</i>	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:14AM – 11:58AM	Siddhi Until 6:08AM	<b>Muruga:</b> Yellow <i>Sunset: 6:54PM</i>	Moon 7 - Phase 17 - 12
		443416572 <b>Rahu</b> 6:46AM – 8:30AM	Visti Until 1:04PM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:12AM Tue</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Sravana Adhika*Adi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>6 Tuesday, August 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 13 Sutra 121	
<b>Retreat Star</b>		<b>Gulika</b> 11:57AM – 1:41PM	<b>Ashlesha* Until 6:14AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:03AM</i>	Sobhana 5125
Kataka Rasi: 17.55	Tithi 30	Yama 8:30AM – 10:14AM	Vyatipata* Until 7:01AM	<b>Muruga:</b> Yellow <i>Sunset: 6:52PM</i>	Moon 7 - Phase 17 - 13
		443416572 <b>Rahu</b> 3:25PM – 5:09PM	Catuspada Until 3:24PM	<b>Nataraja:</b> Yellow	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:35AM Wed</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Sravana Adhika*Adi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>7 Wednesday, August 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 14 Sutra 122	
<b>Retreat Star</b>		<b>Gulika</b> 10:14AM – 11:57AM	<b>Ashlesha* Until 6:14AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:04AM</i>	Sobhana 5125
Kataka Rasi: 29.47	Tithi 1	Yama 6:47AM – 8:30AM	Variyan Until 7:56AM	<b>Muruga:</b> Yellow <i>Sunset: 6:51PM</i>	Moon 7 - Phase 17 - 14
		443516572 <b>Rahu</b> 11:57AM – 1:41PM	Kintughna Until 5:50PM	<b>Nataraja:</b> Yellow	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 7:03AM Thu</b>	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana*Adi</b>	

<b>1</b>	<b>Thursday, August 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Sun 15	Sutra 123
	Simha Rasi: 11.38	Tithi 1 – 2	<b>Gulika</b> 8:31AM – 10:14AM	<b>Magha* Until 9:24AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:05AM		Sobhana 5125
			Yama 5:05AM – 6:48AM	Parigha* Until 8:55AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:49PM	Moon 7 - Phase 18 - 15	
			553516572 <b>Rahu</b> 1:40PM – 3:23PM	Balava Until 8:17PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Prathama* Until 7:03AM</b>	<b>Sravana*Avani</b>		<b>Devaloka Day</b>	
		Creative Work Amrita Yoga					
		Until 9:24AM					
		Then Creative Work - Siddha Yoga					

<b>2</b>	<b>Friday, August 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Sun 16	Sutra 124
	Simha Rasi: 23.29	Tithi 2 – 3	<b>Gulika</b> 6:48AM – 8:31AM	<b>Purvaphalguni Until 12:23PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:06AM		Sobhana 5125
			Yama 3:22PM – 5:05PM	Shiva Until 9:54AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 7 - Phase 18 - 16	
			553516572 <b>Rahu</b> 10:14AM – 11:57AM	Taitila Until 10:41PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Dvitiya Until 9:29AM</b>	<b>Sravana*Avani</b>		<b>Devaloka Day</b>	
		Creative Work Siddha Yoga					

<b>3</b>	<b>Saturday, August 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau			Sun 17	Sutra 125
	Kanya Rasi: 5.23	Tithi 3 – 4	<b>Gulika</b> 5:07AM – 6:49AM	<b>Uttaraphalguni Until 3:05PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:07AM		Sobhana 5125
			Yama 1:39PM – 3:22PM	Siddha Until 10:45AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:46PM	Moon 7 - Phase 18 - 17	
			553516572 <b>Rahu</b> 8:32AM – 10:14AM	Vanija Until 12:54AM Sun	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Tritiya Until 11:48AM</b>	<b>Sravana*Avani</b>		<b>Devaloka Day</b>	
		Routine Work Marana Yoga					

<b>4</b>	<b>Sunday, August 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Sun 18	Sutra 126
	Kanya Rasi: 17.22	Tithi 4 – 5	<b>Gulika</b> 3:21PM – 5:03PM	<b>Hasta Until 5:51PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:08AM		Sobhana 5125
			Yama 11:56AM – 1:39PM	Sadhya Until 11:26AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:45PM	Moon 7 - Phase 18 - 18	
			564516572 <b>Rahu</b> 5:03PM – 6:45PM	Bava Until 2:47AM Mon	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Chaturthi* Until 1:52PM</b>	<b>Sravana*Avani</b>		<b>Bhuloka Day</b>	
		Creative Work Amrita Yoga				<b>Devaloka Time: 3:PM to 6:PM</b>	
		Until 5:51PM	<b>Nag Panchami</b>				
		Then Creative Work - Siddha Yoga					

<b>5</b>	<b>Monday, August 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Sun 19	Sutra 127
	Kanya Rasi: 29.29	Tithi 5 – 6	<b>Gulika</b> 1:38PM – 3:20PM	<b>Chitra Until 8:02PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:09AM		Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:14AM – 11:56AM	Subha Until 11:50AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:44PM	Moon 7 - Phase 18 - 19	
			564516572 <b>Rahu</b> 6:51AM – 8:32AM	Kaulava Until 4:11AM Tue	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Panchami Until 3:31PM</b>	<b>Sravana*Avani</b>		<b>Bhuloka Day</b>	
		Routine Work Prabalarishta Yoga				<b>Devaloka Time: 3:PM to 6:PM</b>	
		Until 8:02PM					
		Then Creative Work - Amrita Yoga					

<b>6</b>	<b>Tuesday, August 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Sun 20	Sutra 128
	Tula Rasi: 11.49	Tithi 6 – 7	<b>Gulika</b> 11:56AM – 1:37PM	<b>Svati Until 9:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM		Sobhana 5125
			Yama 8:33AM – 10:14AM	Sukla Until 11:48AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:42PM	Moon 7 - Phase 18 - 20	
			564516572 <b>Rahu</b> 3:19PM – 5:00PM	Gara Until 4:57AM Wed	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Shashthi* Until 4:38PM</b>	<b>Sravana*Avani</b>		<b>Bhuloka Day</b>	
		Creative Work Siddha Yoga				<b>Devaloka Time: 3:PM to 6:PM</b>	
		Until 9:29PM					
		Then Routine Work - Marana Yoga					

<b>7</b>	<b>Wednesday, August 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Sun 21	Sutra 129
	<b>Retreat Star</b>		<b>Gulika</b> 10:14AM – 11:56AM	<b>Vishakha Until 10:34PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM		Sobhana 5125
	Tula Rasi: 24.25	Tithi 7 – 8	Yama 6:52AM – 8:33AM	Brahma Until 11:14AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:41PM	Moon 7 - Phase 18 - 21	
			574516572 <b>Rahu</b> 11:56AM – 1:37PM	Visti Until 4:58AM Thu	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Saptami Until 5:02PM</b>	<b>Sravana*Avani</b>		<b>Devaloka Day</b>	
		Creative Work Siddha Yoga					

<b>8</b>	<b>Thursday, August 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Sun 22	Sutra 130
	<b>Retreat Star</b>		<b>Gulika</b> 8:33AM – 10:14AM	<b>Anuradha Until 10:42PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM		Sobhana 5125
	Vrischika Rasi: 7.23	Tithi 8 – 9	Yama 5:12AM – 6:53AM	Indra Until 10:06AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:39PM	Moon 7 - Phase 18 - 22	
			574516572 <b>Rahu</b> 1:36PM – 3:17PM	Balava Until 4:12AM Fri	<b>Nataraja:</b> Yellow		Ashtami
			<b>Ashtami* Until 4:40PM</b>	<b>Sravana*Avani</b>		<b>Devaloka Day</b>	
		Creative Work Siddha Yoga					
		Until 10:42PM					
		Then Routine Work - Prabalarishta Yoga					

<b>9</b>	<b>Friday, August 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Sun 23	Sutra 131
	<b>Retreat Star</b>		<b>Gulika</b> 6:53AM – 8:34AM	<b>Jyeshtha* Until 9:55PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM		Sobhana 5125
	Vrischika Rasi: 20.46	Tithi 9 – 10	Yama 3:16PM – 4:57PM	Vaidhriti* Until 8:17AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 7 - Phase 18 - 23	
			574516572 <b>Rahu</b> 10:14AM – 11:55AM	Taitila Until 2:39AM Sat	<b>Nataraja:</b> Yellow		Navami
			<b>Navami* Until 3:30PM</b>	<b>Sravana*Avani</b>		<b>Devaloka Day</b>	
		Routine Work Marana Yoga					
		Until 9:55PM	<b>Varalakshmi Vratam</b>				
		Then Creative Work - Amrita Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

<b>1 Saturday, August 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 24 Sutra 132	
Dhanus Rasi: 4.37	Tithi 10 – 11	<b>Gulika</b> 5:14AM – 6:54AM	<b>Mula* Until 8:41PM</b>	<b>Ganesha:</b> White	Sunrise: 5:14AM
		Yama 1:35PM – 3:15PM	Priti Until 2:52AM Sun	<b>Muruga:</b> Yellow	Sunset: 6:36PM
		584516572 <b>Rahu</b> 8:34AM – 10:14AM	Vanija Until 12:22AM Sun	<b>Nataraja:</b> Yellow	Moon 7 - Phase 19 - 24
Creative Work	Siddha Yoga		<b>Dashami Until 1:34PM</b>	Moon – Light Blue	4th Phase
				<b>Sravana*Avani</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>2 Sunday, August 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 25 Sutra 133	
Dhanus Rasi: 18.56	Tithi 11 – 12	<b>Gulika</b> 3:14PM – 4:54PM	<b>Purvashadha* Until 6:40PM</b>	<b>Ganesha:</b> White	Sunrise: 5:15AM
		Yama 11:54AM – 1:34PM	Ayushman Until 11:21PM	<b>Muruga:</b> Yellow	Sunset: 6:34PM
		584516572 <b>Rahu</b> 4:54PM – 6:34PM	Bava Until 9:28PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 19 - 25
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:58AM</b>	Moon – Light Blue	4th Phase
Until 6:40PM				<b>Sravana*Avani</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>3 Monday, August 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 26 Sutra 134	
Makara Rasi: 3.39	Tithi 12 – 13	<b>Gulika</b> 1:34PM – 3:13PM	<b>Uttarashadha Until 4:02PM</b>	<b>Ganesha:</b> White	Sunrise: 5:16AM
<b>Family Home Evening</b>		Yama 10:15AM – 11:54AM	Saubhagya Until 7:28PM	<b>Muruga:</b> Yellow	Sunset: 6:33PM
		584516573 <b>Rahu</b> 6:55AM – 8:35AM	Kaulava Until 6:07PM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga		<b>Dvadashi Until 7:49AM</b>	Moon – Light Blue	4th Phase
Until 4:02PM				<b>Sravana*Avani</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>4 Tuesday, August 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 135	
Makara Rasi: 18.41	Tithi 14	<b>Gulika</b> 11:54AM – 1:33PM	<b>Shravana Until 1:19PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:17AM
		Yama 8:35AM – 10:15AM	Sobhana Until 3:20PM	<b>Muruga:</b> Yellow	Sunset: 6:31PM
		594516573 <b>Rahu</b> 3:13PM – 4:52PM	Gara Until 2:26PM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - 27
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:30AM Wed</b>	Moon – Purple	4th Phase
		<b>Chidambaram Abhishekam</b>		<b>Sravana*Avani</b>	<b>Sivaloka Day</b>

<b>Wednesday, August 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT Sutra 136	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:54AM	<b>Dhanishtha Until 10:19AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:18AM
Kumbha Rasi: 3.55	Tithi 15	Yama 6:57AM – 8:36AM	Athiganda* Until 11:04AM	<b>Muruga:</b> Yellow	Sunset: 6:30PM
		594516573 <b>Rahu</b> 11:54AM – 1:33PM	Visti Until 10:36AM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - Purnima
Routine Work	Prabalarishta Yoga		<b>Purnima* Until 8:40PM</b>	Moon – Purple	
Until 10:19AM		<b>Raksha Bandhan</b>		<b>Sravana*Avani</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Thursday, August 31, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Stamford, CT Sutra 137	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:36AM – 10:15AM	<b>Shatabhishak Until 7:11AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:19AM
Kumbha Rasi: 19.09	Tithi 16 – 17	Yama 5:19AM – 6:57AM	Sukarma Until 6:49AM	<b>Muruga:</b> Yellow	Sunset: 6:28PM
		594516573 <b>Rahu</b> 1:32PM – 3:11PM	Balava Until 6:47AM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:55PM</b>	Moon – Purple	
				<b>Sravana*Avani</b>	<b>Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 4.15 Tithi 17 – 18

514516573

Gulika

6:58AM – 8:36AM

Yama

3:10PM – 4:48PM

Rahu

10:15AM – 11:53AM

Creative Work Siddha Yoga

Until 2:05AM Sat

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT Sun 1 Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

Ganesh: Yellow Sunrise: 5:20AM

Muruga: Yellow Sunset: 6:26PM

Nataraja: White

Moon – Clear

Sravana\*Avani

Sivaloka Day

1 Saturday, September 2, 2023

Meena Rasi: 19.02 Tithi 18 – 19

515516573

Gulika

5:21AM – 6:59AM

Yama

1:31PM – 3:09PM

Rahu

8:37AM – 10:15AM

Routine Work Prabalarishta Yoga

Until 12:02AM Sun

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT Sun 2 Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

Ganesh: Red Sunrise: 5:21AM

Muruga: Yellow Sunset: 6:25PM

Nataraja: White

Moon – Clear

Sravana\*Avani

Sivaloka Day

2 Sunday, September 3, 2023

Mesha Rasi: 3.26 Tithi 19 – 20

525516573

Gulika

3:08PM – 4:45PM

Yama

11:52AM – 1:30PM

Rahu

4:45PM – 6:23PM

Creative Work Siddha Yoga

Until 10:56PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT Sun 3 Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

Ganesh: Green Sunrise: 5:22AM

Muruga: Yellow Sunset: 6:23PM

Nataraja: White

Moon – White

Sravana\*Avani

Devaloka Day

3 Monday, September 4, 2023

Mesha Rasi: 17.22 Tithi 20 – 21

525516573

Family Home Evening

Creative Work Siddha Yoga

Until 10:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Stamford, CT Sun 4 Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

Ganesh: Green Sunrise: 5:23AM

Muruga: Yellow Sunset: 6:21PM

Nataraja: White

Moon – White

Sravana\*Avani

Devaloka Day

4 Tuesday, September 5, 2023

Vrishabha Rasi: 0.5 Tithi 22

525516573

Creative Work Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Stamford, CT Sun 5 Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

Ganesh: Green Sunrise: 5:24AM

Muruga: Yellow Sunset: 6:20PM

Nataraja: White

Moon – White

Sravana\*Avani

Devaloka Day

5 Wednesday, September 6, 2023

Vrishabha Rasi: 13.52 Tithi 23

535516573

Creative Work Siddha Yoga

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT Sun 6 Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

Ganesh: Orange Sunrise: 5:25AM

Muruga: Yellow Sunset: 6:18PM

Nataraja: White

Moon – Yellow

Sravana\*Avani

Sivaloka Day

Krishna Janmashtami

Rohini Until 11:54PM

Harshana Until 11:54AM

Balava Until 5:22PM

Ashtami\* Until 5:45AM Thu

6 Thursday, September 7, 2023

Vrishabha Rasi: 26.31 Tithi 24

535516573

Routine Work Marana Yoga

Until 1:40AM Fri

Then Creative Work - Siddha Yoga

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila Karana Navamyam Titau

Stamford, CT Sun 7 Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

Ganesh: Orange Sunrise: 5:26AM

Muruga: Yellow Sunset: 6:16PM

Nataraja: White

Moon – Yellow

Sravana\*Avani

Sivaloka Day

Mrigashira Until 1:40AM Fri

Vajra\* Until 11:30AM

Taitila Until 6:21PM

Navami\* Until 7:03AM Fri

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Stamford, CT on 11/20/21

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<b>1</b>	<b>Friday, September 8, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamam Titau						Stamford, CT
	Mithuna Rasi: 8.52	Tithi 24 – 25	<b>Gulika</b> 7:03AM – 8:39AM	<b>Ardra Until 3:47AM Sat</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:27AM	Sun 8	Sutra 145
			Yama 3:03PM – 4:39PM	Siddhi Until 11:37AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:15PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:15AM – 11:51AM	Vanija Until 7:55PM	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 8 2nd Phase

<b>2</b>	<b>Saturday, September 9, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Stamford, CT
	Mithuna Rasi: 21.01	Tithi 25 – 26	<b>Gulika</b> 5:28AM – 7:03AM	<b>Punarvasu Until 6:37AM Sun</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:28AM	Sun 9	Sutra 146
			Yama 1:26PM – 3:02PM	Vyatipata* Until 12:06PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:13PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:39AM – 10:15AM	Bava Until 9:55PM	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 9 2nd Phase


<b>3</b>	<b>Sunday, September 10, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Stamford, CT
	Kataka Rasi: 3.01	Tithi 26 – 27	<b>Gulika</b> 3:01PM – 4:36PM	<b>Punarvasu Until 6:37AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:29AM	Sun 10	Sutra 147
			Yama 11:50AM – 1:25PM	Variyan Until 12:48PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:11PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 4:36PM – 6:11PM	Kaulava Until 12:11AM Mon	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 10 2nd Phase


<b>4</b>	<b>Monday, September 11, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau						Stamford, CT
	Kataka Rasi: 14.56	Tithi 27 – 28	<b>Gulika</b> 1:25PM – 3:00PM	<b>Pushya Until 9:29AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:30AM	Sun 11	Sutra 148
	<b>Family Home Evening</b>		Yama 10:15AM – 11:50AM	Parigha* Until 1:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:10PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:05AM – 8:40AM	Gara Until 2:37AM Tue	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 11 2nd Phase

Pradosha Vrata (Fasting)

<b>5</b>	<b>Tuesday, September 12, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Stamford, CT
	Kataka Rasi: 26.47	Tithi 28 – 29	<b>Gulika</b> 11:49AM – 1:24PM	<b>Ashlesha* Until 12:18PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:31AM	Sun 12	Sutra 149
			Yama 8:40AM – 10:15AM	Shiva Until 2:38PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:08PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:59PM – 4:33PM	Visti Until 5:04AM Wed	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 12 2nd Phase

<b>6</b>	<b>Wednesday, September 13, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni* Karana Chaturdashyam Titau						Stamford, CT
	Simha Rasi: 8.39	Tithi 29	<b>Gulika</b> 10:15AM – 11:49AM	<b>Magha* Until 3:26PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:31AM	Sun 13	Sutra 150
			Yama 7:06AM – 8:40AM	Siddha Until 3:33PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:06PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:49AM – 1:23PM	Sakuni Until 6:16PM	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 13 2nd Phase

	<b>Thursday, September 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau						Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 8:41AM – 10:15AM	<b>Purvaphalguni Until 6:20PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:32AM	Sun 14	Sutra 151
	Simha Rasi: 20.32	Tithi 30	Yama 5:32AM – 7:06AM	Sadhya Until 4:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:05PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:23PM – 2:57PM	Catuspada Until 7:28AM	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 14 Amavasya

	<b>Friday, September 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau						Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 7:07AM – 8:41AM	<b>Uttaraphalguni Until 8:53PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:33AM	Sun 15	Sutra 152
	Kanya Rasi: 2.28	Tithi 1	Yama 2:56PM – 4:29PM	Subha Until 5:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:03PM		Sobhana 5125
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:14AM – 11:48AM	Kintughna Until 9:44AM	<b>Nataraja:</b> White			Moon 8 - Phase 21 - 15 Prathama

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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**1 Saturday, September 16, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT  
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153  
 Kanya Rasi: 14.29 Tithi 2 **Gulika 5:34AM – 7:08AM** **Hasta Until 11:30PM** **Ganesha: Light Blue** Sunrise: 5:34AM Sobhana 5125  
 Yama 1:21PM – 2:54PM **Muruga: White** Sunset: 6:01PM Moon 8 - Phase 22 - 16  
 566626573 **Rahu 8:41AM – 10:14AM** Sukla Until 5:39PM **Nataraja: White** 3rd Phase  
 Routine Work Marana Yoga Balava Until 11:46AM Moon – Green **Sivaloka Day**  
**Dvitiya Until 12:38AM Sun** Bhadrpada\*Avani

**2 Sunday, September 17, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT  
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154  
 Kanya Rasi: 26.37 Tithi 3 **Gulika 2:53PM – 4:26PM** **Chitra Until 1:37AM Mon** **Ganesha: Light Blue** Sunrise: 5:35AM Sobhana 5125  
 Yama 11:47AM – 1:20PM **Muruga: White** Sunset: 5:59PM Moon 8 - Phase 22 - 17  
 566626573 **Rahu 4:26PM – 5:59PM** Brahma Until 5:56PM **Nataraja: White** 3rd Phase  
 Creative Work Siddha Yoga Taitila Until 1:28PM Moon – Green **Sivaloka Day**  
 Until 1:37AM Mon **Tritiya Until 2:09AM Mon** Bhadrpada\*Puratasi  
 Then Creative Work - Amrita Yoga

**3 Monday, September 18, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT  
 Svati Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Chaturthyam Titau Sun 18 Sutra 155  
 Tula Rasi: 8.55 Tithi 4 **Gulika 1:20PM – 2:52PM** **Svati Until 3:08AM Tue** **Ganesha: Purple** Sunrise: 5:36AM Sobhana 5125  
 Yama 10:14AM – 11:47AM **Muruga: White** Sunset: 5:58PM Moon 8 - Phase 22 - 18  
 567626573 **Rahu 7:09AM – 8:42AM** Indra Until 5:53PM **Nataraja: White** 3rd Phase  
 Family Home Evening Vanija Until 2:47PM Moon – Green **Sivaloka Day**  
 Creative Work Amrita Yoga **Ganesha Chaturthi** **Chaturthi\* Until 3:14AM Tue** Bhadrpada\*Puratasi  
 Until 3:08AM Tue Then Routine Work - Marana Yoga

**4 Tuesday, September 19, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT  
 Vishakha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156  
 Tula Rasi: 21.25 Tithi 5 **Gulika 11:47AM – 1:19PM** **Vishakha Until 4:28AM Wed** **Ganesha: Clear** Sunrise: 5:37AM Sobhana 5125  
 Yama 8:42AM – 10:14AM **Muruga: White** Sunset: 5:56PM Moon 8 - Phase 22 - 19  
 577626573 **Rahu 2:51PM – 4:24PM** Vaidhriti\* Until 5:26PM **Nataraja: White** 3rd Phase  
 Routine Work Marana Yoga Bava Until 3:36PM Moon – Orange **Subha Sivaloka Day**  
 Until 4:28AM Wed **Panchami Until 3:47AM Wed** Bhadrpada\*Puratasi  
 Then Creative Work - Siddha Yoga

**5 Wednesday, September 20, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT  
 Anuradha Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157  
 Vrishchika Rasi: 4.08 Tithi 6 **Gulika 10:14AM – 11:46AM** **Anuradha Until 5:04AM Thu** **Ganesha: Clear** Sunrise: 5:38AM Sobhana 5125  
 Yama 7:10AM – 8:42AM **Muruga: White** Sunset: 5:54PM Moon 8 - Phase 22 - 20  
 577626573 **Rahu 11:46AM – 1:18PM** Vishkambha\* Until 4:34PM **Nataraja: White** 3rd Phase  
 Creative Work Siddha Yoga Kaulava Until 3:52PM Moon – Orange **Subha Sivaloka Day**  
 Until 5:04AM Thu **Shashthi\* Until 3:45AM Thu** Bhadrpada\*Puratasi  
 Then Routine Work - Prabalarishta Yoga

**6 Thursday, September 21, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT  
 Jyeshtha\* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158  
 Vrishchika Rasi: 17.1 Tithi 7 **Gulika 8:43AM – 10:14AM** **Jyeshtha\* Until 4:54AM Fri** **Ganesha: Clear** Sunrise: 5:39AM Sobhana 5125  
 Yama 5:39AM – 7:11AM **Muruga: White** Sunset: 5:53PM Moon 8 - Phase 22 - 21  
 577626573 **Rahu 1:18PM – 2:49PM** Priti Until 3:13PM **Nataraja: White** 3rd Phase  
 Routine Work Prabalarishta Yoga Gara Until 3:31PM Moon – Orange **Subha Sivaloka Day**  
 Until 4:54AM Fri **Saptami Until 3:05AM Fri** Bhadrpada\*Puratasi  
 Then Creative Work - Amrita Yoga

**Friday, September 22, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT  
**Retreat Star** Mula\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159  
 Dhanus Rasi: 0.31 Tithi 8 **Gulika 7:12AM – 8:43AM** **Mula\* Until 4:24AM Sat** **Ganesha: White** Sunrise: 5:40AM Sobhana 5125  
 Yama 2:48PM – 4:20PM **Muruga: White** Sunset: 5:51PM Moon 8 - Phase 22 - 22  
 587626573 **Rahu 10:14AM – 11:46AM** Ayushman Until 1:20PM **Nataraja: White** Ashtami  
 Creative Work Amrita Yoga Visti Until 2:32PM Moon – Light Blue **Sivaloka Day**  
 Until 4:24AM Sat **Ashtami\* Until 1:47AM Sat** Bhadrpada\*Puratasi  
 Then Creative Work - Siddha Yoga

**Saturday, September 23, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT  
**Retreat Star** Purvashadha\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160  
 Dhanus Rasi: 14.14 Tithi 9 **Gulika 5:41AM – 7:12AM** **Purvashadha\* Until 3:10AM Sun** **Ganesha: White** Sunrise: 5:41AM Sobhana 5125  
 Yama 1:16PM – 2:47PM **Muruga: White** Sunset: 5:49PM Moon 8 - Phase 22 - 23  
 587626573 **Rahu 8:43AM – 10:14AM** Saubhagya Until 10:58AM **Nataraja: White** Navami  
 Creative Work Siddha Yoga Balava Until 12:55PM Moon – Light Blue **Sivaloka Day**  
 Until 3:10AM Sun **Navami\* Until 11:52PM** Bhadrpada\*Puratasi  
 Then Creative Work - Amrita Yoga

**1 Sunday, September 24, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT  
 Uttarahadha Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161  
 Dhanus Rasi: 28.2 Tithi 10 **Gulika 2:46PM – 4:17PM** **Uttarahadha Until 1:15AM Mon** **Ganesha: White** Sunrise: 5:42AM Sobhana 5125  
 Yama 11:45AM – 1:16PM Sobhana Until 8:08AM **Muruga: White** Sunset: 5:47PM Moon 8 - Phase 23 - 24  
 587626573 **Rahu 4:17PM – 5:47PM** Taitila Until 10:44AM **Nataraja: White** 4th Phase  
 Creative Work Amrita Yoga **Dashami Until 9:25PM** Moon – Light Blue **Sivaloka Day**  
**Bhadrapada\*Puratasi**

**2 Monday, September 25, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT  
 Shravana Nakshatra Sukarma Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 25 Sutra 162  
 Makara Rasi: 12.47 Tithi 11 **Gulika 1:15PM – 2:45PM** **Shravana Until 11:11PM** **Ganesha: White** Sunrise: 5:43AM Sobhana 5125  
 Yama 10:14AM – 11:45AM Sukarma Until 1:15AM Tue **Muruga: White** Sunset: 5:46PM Moon 8 - Phase 23 - 25  
**Family Home Evening** 598626573 **Rahu 7:14AM – 8:44AM** Vanija Until 8:02AM **Nataraja: White** 4th Phase  
 Creative Work Amrita Yoga **Ekadashi Until 6:31PM** Moon – Purple **Subha Subha Sivaloka Day**  
 Until 11:11PM **Bhadrapada\*Puratasi**  
 Then Creative Work - Siddha Yoga

**3 Tuesday, September 26, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT  
 Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163  
 Makara Rasi: 27.32 Tithi 12 – 13 **Gulika 11:44AM – 1:14PM** **Dhanishtha Until 8:41PM** **Ganesha: White** Sunrise: 5:44AM Sobhana 5125  
 Yama 8:44AM – 10:14AM Dhriti Until 9:24PM **Muruga: White** Sunset: 5:44PM Moon 8 - Phase 23 - 26  
 598626573 **Rahu 2:44PM – 4:14PM** Kaulava Until 1:36AM Wed **Nataraja: White** 4th Phase  
 Creative Work Siddha Yoga **Dvadashi Until 3:17PM** Moon – Purple **Subha Subha Sivaloka Day**  
 Until 8:41PM **Bhadrapada\*Puratasi**  
 Then Routine Work - Marana Yoga *Pradosha Vrata*

**4 Wednesday, September 27, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT  
 Shatabhishak/Purvaproshtapada\* Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164  
 Kumbha Rasi: 12.28 Tithi 13 – 14 **Gulika 10:14AM – 11:44AM** **Shatabhishak Until 5:53PM** **Ganesha: White** Sunrise: 5:45AM Sobhana 5125  
 Yama 7:15AM – 8:45AM Shula\* Until 5:25PM **Muruga: White** Sunset: 5:42PM Moon 8 - Phase 23 - 27  
 598626573 **Rahu 11:44AM – 1:14PM** Gara Until 10:08PM **Nataraja: White** 4th Phase  
 Creative Work Siddha Yoga **Trayodashi Until 11:51AM** Moon – Purple **Subha Subha Sivaloka Day**  
 Until 5:53PM **Chidambaram Abhishekam** **Bhadrapada\*Puratasi**  
 Then Creative Work - Amrita Yoga **Kadaitswami Mahasamadhi**

**Thursday, September 28, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT  
 Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Chaturdashii/Purnimayam Titau Sun 28 Sutra 165  
 Kumbha Rasi: 27.29 Tithi 14 – 15 **Gulika 8:45AM – 10:14AM** **Purvaproshtapada\* Until 3:21PM** **Ganesha: Yellow** Sunrise: 5:47AM Sobhana 5125  
 Yama 5:47AM – 7:16AM Ganda\* Until 1:26PM **Muruga: White** Sunset: 5:41PM Moon 8 - Phase 23 -  
 618626573 **Rahu 1:13PM – 2:42PM** Visti Until 6:42PM **Nataraja: White** Purnima  
 Creative Work Siddha Yoga **Chaturdashii\* Until 8:23AM** Moon – Clear **Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Friday, September 29, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Stamford, CT  
 Uttaraproshtapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166  
 Meena Rasi: 12.26 Tithi 16 **Gulika 7:16AM – 8:45AM** **Uttaraproshtapada Until 12:50PM** **Ganesha: Yellow** Sunrise: 5:48AM Sobhana 5125  
 Yama 2:41PM – 4:10PM Vridhi Until 9:35AM **Muruga: White** Sunset: 5:39PM Moon 8 - Phase 23 -  
 618626573 **Rahu 10:14AM – 11:43AM** Balava Until 3:26PM **Nataraja: White** Prathama  
 Creative Work Siddha Yoga **Prathama\* Until 1:55AM Sat** Moon – Clear **Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Stamford, CT on 11/20/21

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**Saturday, September 30, 2023**  
**Gold Retreat Star**

Meena Rasi: 27.1 Tithi 17  
 Routine Work Prabalarishta Yoga  
 Until 10:31AM  
 Then Creative Work - Siddha Yoga

**Gulika** 5:49AM – 7:17AM  
**Yama** 1:12PM – 2:40PM  
**Rahu** 8:46AM – 10:14AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Revati Until 10:31AM**  
 Vyaghata\* Until 2:43AM Sun  
 Taitila Until 12:32PM  
**Dvitiya Until 11:14PM**

**Ganesha:** Yellow *Sunrise:* 5:49AM  
**Muruga:** White *Sunset:* 5:37PM  
**Nataraja:** White  
 Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sutra 167  
 Sobhana 5125  
 Moon 9 - Phase 24 - 1st Phase

**1 Sunday, October 1, 2023**

Mesha Rasi: 11.34 Tithi 18  
 Creative Work Siddha Yoga  
 Until 8:57AM  
 Then Routine Work - Prabalarishta Yoga

**Gulika** 2:39PM – 4:07PM  
**Yama** 11:43AM – 1:11PM  
**Rahu** 4:07PM – 5:36PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Ashvini Until 8:57AM**  
 Harshana Until 11:58PM  
 Vanija Until 10:07AM  
**Tritiya Until 9:07PM**

**Ganesha:** Clear *Sunrise:* 5:50AM  
**Muruga:** White *Sunset:* 5:36PM  
**Nataraja:** White  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 1 Sutra 168  
 Sobhana 5125  
 Moon 9 - Phase 24 - 1st Phase

**2 Monday, October 2, 2023**

Mesha Rasi: 25.35 Tithi 19  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 7:53AM  
 Then Routine Work - Marana Yoga

**Gulika** 1:10PM – 2:38PM  
**Yama** 10:14AM – 11:42AM  
**Rahu** 7:19AM – 8:46AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Krittika Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

**Bharani Until 7:53AM**  
 Vajra\* Until 9:45PM  
 Bava Until 8:20AM  
**Chaturthi\* Until 7:42PM**

**Ganesha:** Clear *Sunrise:* 5:51AM  
**Muruga:** White *Sunset:* 5:34PM  
**Nataraja:** White  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 2 Sutra 169  
 Sobhana 5125  
 Moon 9 - Phase 24 - 2 1st Phase

**3 Tuesday, October 3, 2023**

Vrishabha Rasi: 9.08 Tithi 20  
 Creative Work Siddha Yoga  
 Until 7:23AM  
 Then Creative Work - Amrita Yoga

**Gulika** 11:42AM – 1:10PM  
**Yama** 8:47AM – 10:14AM  
**Rahu** 2:37PM – 4:05PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Krittika Until 7:23AM**  
 Siddhi Until 8:10PM  
 Kaulava Until 7:17AM  
**Panchami Until 7:03PM**

**Ganesha:** Clear *Sunrise:* 5:52AM  
**Muruga:** White *Sunset:* 5:32PM  
**Nataraja:** White  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 3 Sutra 170  
 Sobhana 5125  
 Moon 9 - Phase 24 - 3 1st Phase

**4 Wednesday, October 4, 2023**

Vrishabha Rasi: 22.16 Tithi 21  
 Creative Work Siddha Yoga

**Gulika** 10:14AM – 11:42AM  
**Yama** 7:20AM – 8:47AM  
**Rahu** 11:42AM – 1:09PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Rohini Until 7:58AM**  
 Vyatipata\* Until 7:14PM  
 Gara Until 7:03AM  
**Shashthi\* Until 7:12PM**

**Ganesha:** Purple *Sunrise:* 5:53AM  
**Muruga:** White *Sunset:* 5:31PM  
**Nataraja:** White  
 Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 4 Sutra 171  
 Sobhana 5125  
 Moon 9 - Phase 24 - 4 1st Phase

**5 Thursday, October 5, 2023**

Mithuna Rasi: 5 Tithi 22  
 Routine Work Marana Yoga

**Gulika** 8:48AM – 10:14AM  
**Yama** 5:54AM – 7:21AM  
**Rahu** 1:08PM – 2:35PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

**Mrigashira Until 9:10AM**  
 Variyan Until 6:52PM  
 Visti Until 7:36AM  
**Saptami Until 8:07PM**

**Ganesha:** Clear *Sunrise:* 5:54AM  
**Muruga:** White *Sunset:* 5:29PM  
**Nataraja:** White  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 5 Sutra 172  
 Sobhana 5125  
 Moon 9 - Phase 24 - 5 1st Phase

**Friday, October 6, 2023**  
**Retreat Star**

Mithuna Rasi: 17.25 Tithi 23  
 Creative Work Siddha Yoga

**Gulika** 7:21AM – 8:48AM  
**Yama** 2:34PM – 4:01PM  
**Rahu** 10:15AM – 11:41AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Ardra Until 10:53AM**  
 Parigha\* Until 7:00PM  
 Balava Until 8:51AM  
**Ashtami\* Until 9:42PM**

**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruga:** White *Sunset:* 5:27PM  
**Nataraja:** White  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 6 Sutra 173  
 Sobhana 5125  
 Moon 9 - Phase 24 - 6 Ashtami

**Saturday, October 7, 2023**  
**Retreat Star**

Mithuna Rasi: 29.35 Tithi 24  
 Creative Work Siddha Yoga

**Gulika** 5:56AM – 7:22AM  
**Yama** 1:07PM – 2:33PM  
**Rahu** 8:48AM – 10:15AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

**Punarvasu Until 1:28PM**  
 Shiva Until 7:33PM  
 Taitila Until 10:42AM  
**Navami\* Until 11:45PM**

**Ganesha:** Purple *Sunrise:* 5:56AM  
**Muruga:** White *Sunset:* 5:26PM  
**Nataraja:** White  
 Moon – Blue  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

Stamford, CT  
 Sun 7 Sutra 174  
 Sobhana 5125  
 Moon 9 - Phase 24 - 7 Navami


<b>1</b>	<b>Sunday, October 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
	Kataka Rasi: 11.34	Tithi 25	<b>Gulika</b> 2:32PM – 3:58PM	<b>Pushya Until 4:14PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:57AM	Sun 8 Sutra 175
			Yama 11:41AM – 1:06PM	Siddha Until 8:19PM	<b>Muruga:</b> White	Sunset: 5:24PM	Sobhana 5125
			649726574 <b>Rahu</b> 3:58PM – 5:24PM	Vanija Until 12:56PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 8
	Creative Work	Siddha Yoga		<b>Dashami Until 2:07AM Mon</b>	Moon – Blue		2nd Phase
				<b>Subha Sivaloka Day</b>			
				<b>Bhadrapada*Puratasi</b>			


<b>2</b>	<b>Monday, October 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Kataka Rasi: 23.28	Tithi 26	<b>Gulika</b> 1:06PM – 2:31PM	<b>Ashlesha* Until 7:02PM</b>	<b>Ganesh:</b> Blue	Sunrise: 5:58AM	Sun 9 Sutra 176
			Yama 10:15AM – 11:40AM	Sadhya Until 9:13PM	<b>Muruga:</b> White	Sunset: 5:23PM	Sobhana 5125
	<b>Family Home Evening</b>		641726574 <b>Rahu</b> 7:24AM – 8:49AM	Bava Until 3:23PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 9
	Creative Work	Siddha Yoga		<b>Ekadashi* Until 4:37AM Tue</b>	Moon – Blue		2nd Phase
Until 7:02PM				<b>Subha Sivaloka Day</b>			
Then Routine Work - Marana Yoga				<b>Bhadrapada*Puratasi</b>			

<b>3</b>	<b>Tuesday, October 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
	Simha Rasi: 5.19	Tithi 27	<b>Gulika</b> 11:40AM – 1:05PM	<b>Magha* Until 10:11PM</b>	<b>Ganesh:</b> Red	Sunrise: 5:59AM	Sun 10 Sutra 177
			Yama 8:50AM – 10:15AM	Subha Until 10:08PM	<b>Muruga:</b> White	Sunset: 5:21PM	Sobhana 5125
			651726574 <b>Rahu</b> 2:30PM – 3:56PM	Kaulava Until 5:53PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 10
	Creative Work	Siddha Yoga		<b>Dvadashi* Until 7:04AM Wed</b>	Moon – Red		2nd Phase
				<b>Sivaloka Day</b>			
				<b>Bhadrapada*Puratasi</b>			

<b>4</b>	<b>Wednesday, October 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Simha Rasi: 17.12	Tithi 27 – 28	<b>Gulika</b> 10:15AM – 11:40AM	<b>Purvaphalguni Until 1:02AM Thu</b>	<b>Ganesh:</b> Red	Sunrise: 6:00AM	Sun 11 Sutra 178
			Yama 7:25AM – 8:50AM	Sukla Until 10:55PM	<b>Muruga:</b> White	Sunset: 5:19PM	Sobhana 5125
			651726574 <b>Rahu</b> 11:40AM – 1:05PM	Gara Until 8:16PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 11
	Creative Work	Amrita Yoga		<b>Dvadashi* Until 7:04AM</b>	Moon – Red		2nd Phase
				<b>Sivaloka Day</b>			
				<b>Bhadrapada*Puratasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Thursday, October 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Simha Rasi: 29.08	Tithi 28 – 29	<b>Gulika</b> 8:50AM – 10:15AM	<b>Uttaraphalguni Until 3:27AM Fri</b>	<b>Ganesh:</b> Red	Sunrise: 6:01AM	Sun 12 Sutra 179
			Yama 6:01AM – 7:26AM	Brahma Until 11:31PM	<b>Muruga:</b> White	Sunset: 5:18PM	Sobhana 5125
			651726574 <b>Rahu</b> 1:04PM – 2:29PM	Visti Until 10:24PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 12
		Amrita Yoga		<b>Trayodashi* Until 9:21AM</b>	Moon – Red		2nd Phase
				<b>Sivaloka Day</b>			
				<b>Bhadrapada*Puratasi</b>			

	<b>Friday, October 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 7:27AM – 8:51AM	<b>Hasta Until 5:52AM Sat</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:02AM	Sun 13 Sutra 180
	Kanya Rasi: 11.11	Tithi 29 – 30	Yama 2:28PM – 3:52PM	Indra Until 11:52PM	<b>Muruga:</b> White	Sunset: 5:16PM	Sobhana 5125
			661726574 <b>Rahu</b> 10:15AM – 11:39AM	Catuspada Until 12:11AM Sat	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 13
	Creative Work	Amrita Yoga		<b>Chaturdashi* Until 11:19AM</b>	Moon – Green		Amavasya
Until 5:52AM Sat				<b>Sivaloka Day</b>			
Then Routine Work - Marana Yoga				<b>Bhadrapada*Puratasi</b>			

	<b>Saturday, October 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 6:03AM – 7:27AM	<b>Chitra Until 7:41AM Sun</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:03AM	Sun 14 Sutra 181
	Kanya Rasi: 23.23	Tithi 30 – 1	Yama 1:03PM – 2:27PM	Vaidhriti* Until 11:52PM	<b>Muruga:</b> White	Sunset: 5:15PM	Sobhana 5125
			661726574 <b>Rahu</b> 8:51AM – 10:15AM	Kintughna Until 1:33AM Sun	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 14
	Routine Work	Marana Yoga		<b>Amavasya* Until 12:54PM</b>	Moon – Green		Prathama
Until 7:41AM Sun				<b>Sivaloka Day</b>			
Then Creative Work - Siddha Yoga				<b>Ashvina*Puratasi</b>			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1 Sunday, October 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 182	
Tula Rasi: 5.47	Tithi 1 – 2	<b>Gulika</b> 2:26PM – 3:49PM	<b>Chitra</b> Until 7:41AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:04AM	Sobhana 5125
		Yama 11:39AM – 1:02PM	Vishkambha* Until 11:31PM	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	Moon 9 - Phase 26 - 15
Creative Work	Siddha Yoga	<b>Rahu</b> 3:49PM – 5:13PM	Balava Until 2:27AM Mon	<b>Nataraja:</b> Clear	3rd Phase
			<b>Prathama*</b> Until 2:02PM	Moon – Green	<b>Sivaloka Day</b>
				Ashvina*Puratasi	

<b>2 Monday, October 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 16 Sutra 183	
Tula Rasi: 18.22	Tithi 2 – 3	<b>Gulika</b> 1:02PM – 2:25PM	<b>Svati</b> Until 8:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:06AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:15AM – 11:39AM	Priti Until 10:50PM	<b>Muruga:</b> White <i>Sunset:</i> 5:12PM	Moon 9 - Phase 26 - 16
Creative Work	Amrita Yoga	<b>Rahu</b> 7:29AM – 8:52AM	Taitila Until 2:53AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 8:54AM			<b>Dvitiya</b> Until 2:43PM	Moon – Green	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Ashvina*Puratasi	

<b>3 Tuesday, October 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Stamford, CT Sun 17 Sutra 184	
Vrischika Rasi: 1.11	Tithi 3 – 4	<b>Gulika</b> 11:38AM – 1:01PM	<b>Vishakha</b> Until 9:58AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM	Sobhana 5125
		Yama 8:53AM – 10:15AM	Ayushman Until 9:45PM	<b>Muruga:</b> White <i>Sunset:</i> 5:10PM	Moon 9 - Phase 26 - 17
Routine Work	Marana Yoga	<b>Rahu</b> 2:24PM – 3:47PM	Vanija Until 2:52AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Until 9:58AM			<b>Tritiya</b> Until 2:55PM	Moon – Orange	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	

<b>4 Wednesday, October 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 18 Sutra 185	
Vrischika Rasi: 14.13	Tithi 4 – 5	<b>Gulika</b> 10:16AM – 11:38AM	<b>Anuradha</b> Until 10:27AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:08AM	Sobhana 5125
		Yama 7:30AM – 8:53AM	Saubhagya Until 8:19PM	<b>Muruga:</b> White <i>Sunset:</i> 5:09PM	Moon 9 - Phase 26 - 18
Creative Work	Siddha Yoga	<b>Rahu</b> 11:38AM – 1:01PM	Bava Until 2:23AM Thu	<b>Nataraja:</b> Clear	3rd Phase
			<b>Chaturthi*</b> Until 2:40PM	Moon – Orange	<b>Sivaloka Day</b>
				Ashvina*Aipasi	

<b>5 Thursday, October 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Stamford, CT Sun 19 Sutra 186	
Vrischika Rasi: 27.29	Tithi 5 – 6	<b>Gulika</b> 8:53AM – 10:16AM	<b>Jyeshtha*</b> Until 10:20AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:09AM	Sobhana 5125
		Yama 6:09AM – 7:31AM	Sobhana Until 6:34PM	<b>Muruga:</b> White <i>Sunset:</i> 5:07PM	Moon 9 - Phase 26 - 19
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 1:00PM – 2:22PM	Kaulava Until 1:29AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Until 10:20AM			<b>Panchami</b> Until 1:58PM	Moon – Orange	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	

<b>6 Friday, October 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 20 Sutra 187	
Dhanus Rasi: 10.59	Tithi 6 – 7	<b>Gulika</b> 7:32AM – 8:54AM	<b>Mula*</b> Until 10:07AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM	Sobhana 5125
		Yama 2:22PM – 3:44PM	Athiganda* Until 4:28PM	<b>Muruga:</b> White <i>Sunset:</i> 5:06PM	Moon 9 - Phase 26 - 20
Creative Work	Amrita Yoga	<b>Rahu</b> 10:16AM – 11:38AM	Gara Until 12:11AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Until 10:07AM			<b>Shashthi*</b> Until 12:52PM	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				Ashvina*Aipasi	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 21 Sutra 188	
Dhanus Rasi: 24.43	Tithi 7 – 8	<b>Gulika</b> 6:11AM – 7:33AM	<b>Purvashadha*</b> Until 9:21AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:11AM	Sobhana 5125
		Yama 12:59PM – 2:21PM	Sukarma Until 2:04PM	<b>Muruga:</b> White <i>Sunset:</i> 5:04PM	Moon 9 - Phase 26 - 21
Creative Work	Siddha Yoga	<b>Rahu</b> 8:54AM – 10:16AM	Visti Until 10:30PM	<b>Nataraja:</b> Clear	Ashtami
Until 9:21AM			<b>Saptami</b> Until 11:22AM	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Durga Ashtami</b>		Ashvina*Aipasi	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 22 Sutra 189	
Makara Rasi: 8.41	Tithi 8 – 9	<b>Gulika</b> 2:20PM – 3:41PM	<b>Uttarashadha</b> Until 8:05AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:12AM	Sobhana 5125
		Yama 11:37AM – 12:59PM	Dhriti Until 11:22AM	<b>Muruga:</b> White <i>Sunset:</i> 5:03PM	Moon 9 - Phase 26 - 22
Creative Work	Amrita Yoga	<b>Rahu</b> 3:41PM – 5:03PM	Balava Until 8:27PM	<b>Nataraja:</b> Clear	Navami
			<b>Ashtami*</b> Until 9:30AM	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>		Ashvina*Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>Monday, October 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT Sun 23 Sutra 190	
<b>1</b>	Makara Rasi: 22.52 Tithi 9 – 10 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 6:45AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:58PM – 2:19PM Yama 10:16AM – 11:37AM <b>Rahu</b> 7:34AM – 8:55AM  <b>Vijaya Dasami</b>	<b>Shravana Until 6:45AM</b> Shula* Until 8:23AM Taitila Until 6:06PM <b>Navami* Until 7:17AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:13AM <b>Muruga:</b> White <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Clear Moon – Purple <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 23 4th Phase
<b>Tuesday, October 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 24 Sutra 191	
<b>2</b>	Kumbha Rasi: 7.15 Tithi 11  Routine Work Marana Yoga Until 2:55AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:37AM – 12:58PM Yama 8:56AM – 10:17AM <b>Rahu</b> 2:19PM – 3:39PM	<b>Shatabhishak Until 2:55AM Wed</b> Vriddhi Until 1:50AM Wed Vanija Until 3:30PM <b>Ekadashi Until 2:07AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:15AM <b>Muruga:</b> White <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Clear Moon – Purple <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 24 4th Phase
<b>Wednesday, October 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Stamford, CT Sun 25 Sutra 192	
<b>3</b>	Kumbha Rasi: 21.46 Tithi 12  Creative Work Amrita Yoga Until 1:00AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:17AM – 11:37AM Yama 7:36AM – 8:56AM <b>Rahu</b> 11:37AM – 12:57PM	<b>Purvaproshtapada* Until 1:00AM Thu</b> Dhruva Until 10:22PM Bava Until 12:44PM <b>Dvadashi Until 11:19PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:16AM <b>Muruga:</b> White <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 25 4th Phase
<b>Thursday, October 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 26 Sutra 193	
<b>4</b>	Meena Rasi: 6.22 Tithi 13  Creative Work Siddha Yoga	<b>Gulika</b> 8:57AM – 10:17AM Yama 6:17AM – 7:37AM <b>Rahu</b> 12:57PM – 2:17PM	<b>Uttaraproshtapada Until 10:57PM</b> Vyaghata* Until 6:54PM Kaulava Until 9:55AM <b>Trayodashi Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 26 4th Phase
<i>Pradosha Vrata</i>					
<b>Friday, October 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sun 27 Sutra 194	
<b>5</b>	Meena Rasi: 20.55 Tithi 14 – 15  Creative Work Siddha Yoga Until 8:54PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:38AM – 8:57AM Yama 2:16PM – 3:36PM <b>Rahu</b> 10:17AM – 11:37AM	<b>Revati Until 8:54PM</b> Harshana Until 3:32PM Gara Until 7:10AM <b>Chaturdashi* Until 5:50PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM <b>Muruga:</b> White <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 27 4th Phase
<b>Saturday, October 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sutra 195	
<b>○</b>	<b>Copper Retreat Star</b> Mesha Rasi: 5.22 Tithi 15 – 16  Creative Work Siddha Yoga	<b>Gulika</b> 6:19AM – 7:39AM Yama 12:56PM – 2:16PM <b>Rahu</b> 8:58AM – 10:17AM	<b>Ashvini Until 7:24PM</b> Vajra* Until 12:21PM Balava Until 2:21AM Sun <b>Purnima* Until 3:25PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:19AM <b>Muruga:</b> White <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – White <b>Sivaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - Purnima
<b>Sunday, October 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Stamford, CT Sutra 196	
<b>○</b>	<b>Silver Retreat Star</b> Mesha Rasi: 19.34 Tithi 16 – 17  Routine Work Prabalarishta Yoga Until 6:10PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:15PM – 3:34PM Yama 11:37AM – 12:56PM <b>Rahu</b> 3:34PM – 4:53PM	<b>Bharani Until 6:10PM</b> Siddhi Until 9:28AM Taitila Until 12:34AM Mon <b>Prathama* Until 1:23PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:20AM <b>Muruga:</b> White <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Clear Moon – White <b>Sivaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - Prathama

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 11/20/21

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Monday, October 30, 2023

Gold Retreat Star

Vrishabha Rasi: 3.28 Tithi 17 – 18

Family Home Evening

622826574

Routine Work Marana Yoga

Until 5:20PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\*Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:55PM – 2:14PM Krittika Until 5:20PM

Yama 10:18AM – 11:37AM Vyatipata\* Until 7:01AM

Rahu 7:40AM – 8:59AM Vanija Until 11:22PM

Dvitiya Until 11:52AM

Ganesha: White Sunrise: 6:22AM

Muruga: White Sunset: 4:52PM

Nataraja: Clear

Moon – White

Ashvina•Aipasi

Subha Sivaloka Day

Sun 1 Sutra 197

Sobhana 5125

Moon 10 - Phase 28 - 1

1st Phase

1 Tuesday, October 31, 2023

Vrishabha Rasi: 17 Tithi 18 – 19

632826574

Creative Work Amrita Yoga

Until 5:26PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 11:37AM – 12:55PM Rohini Until 5:26PM

Yama 9:00AM – 10:18AM Parigha\* Until 3:34AM Wed

Rahu 2:14PM – 3:32PM Bava Until 10:51PM

Tritiya Until 11:00AM

Ganesha: Yellow Sunrise: 6:23AM

Muruga: White Sunset: 4:51PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sivaloka Day

Sun 2 Sutra 198

Sobhana 5125

Moon 10 - Phase 28 - 2

1st Phase

2 Wednesday, November 1, 2023

Mithuna Rasi: 0.1 Tithi 19 – 20

632826574

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:18AM – 11:37AM Mrigashira Until 6:06PM

Yama 7:42AM – 9:00AM Shiva Until 2:42AM Thu

Rahu 11:37AM – 12:55PM Kaulava Until 11:03PM

Chaturthi\* Until 10:50AM

Ganesha: Yellow Sunrise: 6:24AM

Muruga: White Sunset: 4:49PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sivaloka Day

Sun 3 Sutra 199

Sobhana 5125

Moon 10 - Phase 28 - 3

1st Phase

3 Thursday, November 2, 2023

Mithuna Rasi: 12.58 Tithi 20 – 21

632826574

Routine Work Marana Yoga

Until 7:18PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 9:01AM – 10:19AM Ardra Until 7:18PM

Yama 6:25AM – 7:43AM Siddha Until 2:22AM Fri

Rahu 12:54PM – 2:12PM Gara Until 11:58PM

Panchami Until 11:24AM

Ganesha: White Sunrise: 6:25AM

Muruga: White Sunset: 4:48PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Devaloka Day

Sun 4 Sutra 200

Sobhana 5125

Moon 10 - Phase 28 - 4

1st Phase

4 Friday, November 3, 2023

Mithuna Rasi: 25.26 Tithi 21 – 22

643826574

Creative Work Siddha Yoga

Until 9:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 7:44AM – 9:01AM Punarvasu Until 9:28PM

Yama 2:12PM – 3:29PM Sadhya Until 2:32AM Sat

Rahu 10:19AM – 11:37AM Visti Until 1:33AM Sat

Shashthi\* Until 12:40PM

Ganesha: Yellow Sunrise: 6:26AM

Muruga: White Sunset: 4:47PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Sun 5 Sutra 201

Sobhana 5125

Moon 10 - Phase 28 - 5

1st Phase

5 Saturday, November 4, 2023

Retreat Star

Kataka Rasi: 7.38 Tithi 22 – 23

643826574

Creative Work Siddha Yoga

Until 11:59PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 6:27AM – 7:45AM Pushya Until 11:59PM

Yama 12:54PM – 2:11PM Subha Until 3:05AM Sun

Rahu 9:02AM – 10:19AM Balava Until 3:39AM Sun

Saptami Until 2:31PM

Ganesha: Yellow Sunrise: 6:27AM

Muruga: White Sunset: 4:46PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Sun 6 Sutra 202

Sobhana 5125

Moon 10 - Phase 28 - 6

Ashtami

6 Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 19.4 Tithi 23 – 24

643826574

Creative Work Siddha Yoga

Until 2:40AM Mon

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:11PM – 3:28PM Ashlesha\* Until 2:40AM Mon

Yama 11:37AM – 12:54PM Sukla Until 3:52AM Mon

Rahu 3:28PM – 4:45PM Taitila Until 6:04AM Mon

Ashtami\* Until 4:48PM

Ganesha: Yellow Sunrise: 6:29AM

Muruga: White Sunset: 4:45PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Sun 7 Sutra 203

Sobhana 5125

Moon 10 - Phase 28 - 7

Navami

<b>1</b>		<b>Monday, November 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau		Stamford, CT Sun 8 Sutra 204	
Simha Rasi: 1.33	Tithi 24	<b>Gulika</b> 12:53PM – 2:10PM	<b>Magha* Until 5:50AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:30AM	Sobhana 5125	
<b>Family Home Evening</b>	653826574	Yama 10:20AM – 11:37AM	Brahma Until 4:45AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 29 - 8	
Routine Work Marana Yoga		<b>Rahu</b> 7:47AM – 9:03AM	Taitila Until 6:04AM	<b>Nataraja:</b> Clear		2nd Phase	
Until 5:50AM Tue			<b>Navami* Until 7:19PM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			
<b>2</b>		<b>Tuesday, November 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT Sun 9 Sutra 205	
Simha Rasi: 13.25	Tithi 25	<b>Gulika</b> 11:37AM – 12:53PM	<b>Purvaphalguni Until 8:45AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:31AM	Sobhana 5125	
	753826574	Yama 9:04AM – 10:20AM	Indra Until 5:36AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 29 - 9	
Creative Work Siddha Yoga		<b>Rahu</b> 2:10PM – 3:26PM	Vanija Until 8:37AM	<b>Nataraja:</b> Clear		2nd Phase	
Until 8:45AM Wed			<b>Dashami Until 9:50PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashvina•Aipasi			
<b>3</b>		<b>Wednesday, November 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 10 Sutra 206	
Simha Rasi: 25.17	Tithi 26	<b>Gulika</b> 10:21AM – 11:37AM	<b>Purvaphalguni Until 8:45AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	Sobhana 5125	
	753826574	Yama 7:48AM – 9:04AM	Vaidhriti* Until 6:13AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 29 - 10	
Creative Work Amrita Yoga		<b>Rahu</b> 11:37AM – 12:53PM	Bava Until 11:03AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Ekadashi* Until 12:09AM Thu</b>	Moon – Red		<b>Sivaloka Day</b>	
				Ashvina•Aipasi			
<b>4</b>		<b>Thursday, November 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 11 Sutra 207	
Kanya Rasi: 7.17	Tithi 27	<b>Gulika</b> 9:05AM – 10:21AM	<b>Uttaraphalguni Until 11:13AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	Sobhana 5125	
	753826574	Yama 6:33AM – 7:49AM	Vaidhriti* Until 6:13AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 29 - 11	
Amrita Yoga		<b>Rahu</b> 12:53PM – 2:09PM	Kaulava Until 1:11PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 11:13AM			<b>Dvadashi* Until 2:04AM Fri</b>	Moon – Red		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				Ashvina•Aipasi			
<b>5</b>		<b>Friday, November 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 12 Sutra 208	
Kanya Rasi: 19.26	Tithi 28	<b>Gulika</b> 7:50AM – 9:06AM	<b>Hasta Until 1:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Sobhana 5125	
	763826574	Yama 2:08PM – 3:24PM	Vishkambha* Until 6:32AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 29 - 12	
Creative Work Amrita Yoga		<b>Rahu</b> 10:21AM – 11:37AM	Gara Until 2:52PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 1:36PM		<b>Subramuniyaswami Mahasamadhi</b>	<b>Trayodashi* Until 3:28AM Sat</b>	Moon – Green		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Ashvina•Aipasi			
<b>6</b>		<b>Saturday, November 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 209	
Tula Rasi: 1.49	Tithi 29	<b>Gulika</b> 6:36AM – 7:51AM	<b>Chitra Until 3:16PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	Sobhana 5125	
	763826574	Yama 12:52PM – 2:08PM	Priti Until 6:27AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 29 - 13	
Routine Work Marana Yoga		<b>Rahu</b> 9:06AM – 10:22AM	Visti Until 3:58PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 3:16PM		<b>Deepavali Hindu Solidarity Day</b>	<b>Chaturdashi* Until 4:16AM Sun</b>	Moon – Green		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			
<b>7</b>		<b>Sunday, November 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 14 Sutra 210	
Tula Rasi: 14.27	Tithi 30	<b>Gulika</b> 2:07PM – 3:22PM	<b>Svati Until 4:12PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM	Sobhana 5125	
	763826574	Yama 11:37AM – 12:52PM	Saubhagya Until 4:52AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 29 - 14	
Creative Work Siddha Yoga		<b>Rahu</b> 3:22PM – 4:37PM	Catuspada Until 4:28PM	<b>Nataraja:</b> Clear		Amavasya	
Until 4:12PM			<b>Amavasya* Until 4:28AM Mon</b>	Moon – Green		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Ashvina•Aipasi			
<b>8</b>		<b>Monday, November 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 15 Sutra 211	
Tula Rasi: 27.23	Tithi 1	<b>Gulika</b> 12:52PM – 2:07PM	<b>Vishakha Until 4:52PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	Sobhana 5125	
<b>Family Home Evening</b>	773826574	Yama 10:23AM – 11:37AM	Sobhana Until 3:25AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 4:36PM	Moon 10 - Phase 29 - 15	
Routine Work Marana Yoga		<b>Rahu</b> 7:53AM – 9:08AM	Kintughna Until 4:22PM	<b>Nataraja:</b> Clear		Prathama	
Until 4:52PM		<b>Skanda Shasthi Begins</b>	<b>Prathama* Until 4:06AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Karttika•Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

**1 Tuesday, November 14, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT  
Anuradha/Jyeshtha\* Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 212

Vrischika Rasi: 10.35 Tithi 2 **Gulika 11:37AM – 12:52PM** **Anuradha Until 4:52PM** **Ganesha: Blue** Sunrise: 6:39AM Sobhana 5125  
Yama 9:08AM – 10:23AM **Muruga: White** Sunset: 4:36PM Moon 10 - Phase 30 - 16  
773826574 **Rahu 2:07PM – 3:21PM** Balava Until 3:45PM **Nataraja: Clear** 3rd Phase  
Moon – Orange **Devaloka Day**  
Creative Work Siddha Yoga **Kartika\*Aipasi**  
Until 4:52PM  
Then Routine Work - Marana Yoga

**2 Wednesday, November 15, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT  
Jyeshtha\*/Mula\* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 213

Vrischika Rasi: 24.04 Tithi 3 **Gulika 10:23AM – 11:38AM** **Jyeshtha\* Until 4:18PM** **Ganesha: Blue** Sunrise: 6:41AM Sobhana 5125  
Yama 7:55AM – 9:09AM **Muruga: White** Sunset: 4:35PM Moon 10 - Phase 30 - 17  
773826574 **Rahu 11:38AM – 12:52PM** Sukarma Until 11:24PM **Nataraja: Clear** 3rd Phase  
Moon – Orange **Devaloka Day**  
Creative Work Siddha Yoga **Kartika\*Aipasi**  
Until 4:18PM  
Then Routine Work - Marana Yoga

**3 Thursday, November 16, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT  
Mula\*/Purvashadha\* Nakshatra Dhriti Yoga Vanija/Visti\* Karana Chaturthayam Titau Sun 18 Sutra 214

Dhanus Rasi: 7.44 Tithi 4 **Gulika 9:10AM – 10:24AM** **Mula\* Until 3:41PM** **Ganesha: Yellow** Sunrise: 6:42AM Sobhana 5125  
Yama 6:42AM – 7:56AM **Muruga: White** Sunset: 4:34PM Moon 10 - Phase 30 - 18  
784826574 **Rahu 12:52PM – 2:06PM** Dhriti Until 9:01PM **Nataraja: Clear** 3rd Phase  
Moon – Light Blue **Sivaloka Day**  
Creative Work Siddha Yoga **Kartika\*Kartikai**

**4 Friday, November 17, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT  
Purvashadha\*/Uttarashadha Nakshatra Shula\* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 215

Dhanus Rasi: 21.36 Tithi 5 **Gulika 7:57AM – 9:10AM** **Purvashadha\* Until 2:42PM** **Ganesha: Yellow** Sunrise: 6:43AM Sobhana 5125  
Yama 2:06PM – 3:19PM **Muruga: White** Sunset: 4:33PM Moon 10 - Phase 30 - 19  
784826575 **Rahu 10:24AM – 11:38AM** Shula\* Until 6:25PM **Nataraja: Purple** 3rd Phase  
Moon – Light Blue **Subha Sivaloka Day**  
Routine Work Prabalarishta Yoga **Kartika\*Kartikai**  
Until 2:42PM  
Then Routine Work - Marana Yoga

**5 Saturday, November 18, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT  
Uttarashadha/Shravana Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 216

Makara Rasi: 5.35 Tithi 6 **Gulika 6:44AM – 7:58AM** **Uttarashadha Until 1:24PM** **Ganesha: Yellow** Sunrise: 6:44AM Sobhana 5125  
Yama 12:52PM – 2:05PM **Muruga: White** Sunset: 4:32PM Moon 10 - Phase 30 - 20  
784826575 **Rahu 9:11AM – 10:25AM** Ganda\* Until 3:43PM **Nataraja: Purple** 3rd Phase  
Moon – Light Blue **Subha Sivaloka Day**  
Routine Work Marana Yoga **Kartika\*Kartikai**  
Until 1:24PM  
Then Creative Work - Siddha Yoga **Skanda Shasthi**

**6 Sunday, November 19, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT  
Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 217

Makara Rasi: 19.38 Tithi 7 **Gulika 2:05PM – 3:18PM** **Shravana Until 12:17PM** **Ganesha: White** Sunrise: 6:45AM Sobhana 5125  
Yama 11:38AM – 12:52PM **Muruga: White** Sunset: 4:32PM Moon 10 - Phase 30 - 21  
794826575 **Rahu 3:18PM – 4:32PM** Vridhi Until 12:56PM **Nataraja: Purple** 3rd Phase  
Moon – Purple **Subha Subha Sivaloka Day**  
Creative Work Amrita Yoga **Kartika\*Kartikai**  
Until 12:17PM  
Then Routine Work - Marana Yoga


**Monday, November 20, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT  
Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 218

**Retreat Star** **Gulika 12:52PM – 2:05PM** **Dhanishtha Until 10:56AM** **Ganesha: White** Sunrise: 6:46AM Sobhana 5125  
Kumbha Rasi: 3.45 Tithi 8 – 9 **Yama 10:26AM – 11:39AM** Dhruva Until 10:05AM **Muruga: White** Sunset: 4:31PM Moon 10 - Phase 30 - 22  
**Family Home Evening** 794826575 **Rahu 7:59AM – 9:13AM** Balava Until 3:48AM Tue **Nataraja: Purple** Ashtami  
Creative Work Siddha Yoga **Ashtami\* Until 4:49PM** Moon – Purple **Subha Subha Sivaloka Day**  
**Kartika\*Kartikai**

**Tuesday, November 21, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT  
Shatabhishak/Purvaproshtapada\* Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 219

Kumbha Rasi: 17.53 Tithi 9 – 10 **Gulika 11:39AM – 12:52PM** **Shatabhishak Until 9:25AM** **Ganesha: White** Sunrise: 6:48AM Sobhana 5125  
Yama 9:13AM – 10:26AM **Muruga: White** Sunset: 4:30PM Moon 10 - Phase 30 - 23  
794826575 **Rahu 2:05PM – 3:17PM** Taitila Until 1:43AM Wed **Nataraja: Purple** Navami  
Routine Work Marana Yoga **Navami\* Until 2:44PM** Moon – Purple **Subha Subha Sivaloka Day**  
**Kartika\*Kartikai**

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, November 22, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 220
	Meena Rasi: 2.02 Tithi 10 – 11 714826575	<b>Gulika</b> 10:27AM – 11:39AM Yama 8:01AM – 9:14AM <b>Rahu</b> 11:39AM – 12:52PM	<b>Purvaproshtapada* Until 8:11AM</b> Vajra* Until 1:26AM Thu Vanija Until 11:39PM <b>Dashami Until 12:40PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 4:30PM	Sobhana 5125 Moon 10 - Phase 31 - 24 4th Phase <b>Subha Subha Sivaloka Day</b> Karttika*Karttikai
<b>2</b>	<b>Thursday, November 23, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 221
	Meena Rasi: 16.1 Tithi 11 – 12 714826575	<b>Gulika</b> 9:15AM – 10:27AM Yama 6:50AM – 8:02AM <b>Rahu</b> 12:52PM – 2:04PM	<b>Uttaraproshtapada Until 6:50AM</b> Siddhi Until 10:37PM Bava Until 9:39PM <b>Ekadashi Until 10:37AM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<i>Sunrise:</i> 6:50AM <i>Sunset:</i> 4:29PM	Sobhana 5125 Moon 10 - Phase 31 - 25 4th Phase <b>Subha Subha Sivaloka Day</b> Karttika*Karttikai
<b>3</b>	<b>Friday, November 24, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 222
	Mesha Rasi: 0.14 Tithi 12 – 13 724926575	<b>Gulika</b> 8:03AM – 9:15AM Yama 2:04PM – 3:16PM <b>Rahu</b> 10:28AM – 11:40AM	<b>Ashvini Until 4:27AM Sat</b> Vyatipata* Until 7:56PM Kaulava Until 7:48PM <b>Dvadashi Until 8:41AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<i>Sunrise:</i> 6:51AM <i>Sunset:</i> 4:29PM	Sobhana 5125 Moon 10 - Phase 31 - 26 4th Phase <b>Sivaloka Day</b> Karttika*Karttikai
<b>4</b>	<b>Saturday, November 25, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyani/Parigha* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 223
	Mesha Rasi: 14.13 Tithi 13 – 14 724926575	<b>Gulika</b> 6:52AM – 8:04AM Yama 12:52PM – 2:04PM <b>Rahu</b> 9:16AM – 10:28AM	<b>Bharani Until 3:35AM Sun</b> Varyani Until 5:22PM Gara Until 6:09PM <b>Trayodashi Until 6:55AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<i>Sunrise:</i> 6:52AM <i>Sunset:</i> 4:28PM	Sobhana 5125 Moon 10 - Phase 31 - 27 4th Phase <b>Sivaloka Day</b> Karttika*Karttikai
	<b>Sunday, November 26, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sun 28 Sutra 224
	Mesha Rasi: 28.02 Tithi 15 724926575	<b>Gulika</b> 2:04PM – 3:16PM Yama 11:40AM – 12:52PM <b>Rahu</b> 3:16PM – 4:28PM	<b>Krittika Until 2:55AM Mon</b> Parigha* Until 3:05PM Visti Until 4:48PM <b>Purnima* Until 4:16AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<i>Sunrise:</i> 6:53AM <i>Sunset:</i> 4:28PM	Sobhana 5125 Moon 10 - Phase 31 - Purnima <b>Sivaloka Day</b> Karttika*Karttikai
<b>5</b>	<b>Monday, November 27, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29 Sutra 225
	Vrishabha Rasi: 11.38 Tithi 16 734926575	<b>Gulika</b> 12:52PM – 2:04PM Yama 10:29AM – 11:41AM <b>Rahu</b> 8:06AM – 9:18AM	<b>Rohini Until 3:00AM Tue</b> Shiva Until 1:07PM Balava Until 3:53PM <b>Prathama* Until 3:35AM Tue</b> <b>Vinayaga Viratam Begins</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow	<i>Sunrise:</i> 6:54AM <i>Sunset:</i> 4:27PM	Sobhana 5125 Moon 10 - Phase 31 - Prathama <b>Subha Sivaloka Day</b> Karttika*Karttikai

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

**Tuesday, November 28, 2023**  
**Gold Retreat Star**

Vrishabha Rasi: 24.58 Tithi 17  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ardra Nakshatra Sadhya/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 11:41AM – 12:52PM**  
**Yama 9:18AM – 10:30AM**  
**Rahu 2:04PM – 3:15PM**

**Mrigashira Until 3:28AM Wed**  
 Siddha Until 11:31AM  
 Taitila Until 3:28PM  
**Dvitiya Until 3:27AM Wed**

**Ganesha:** Clear *Sunrise: 6:55AM*  
**Muruga:** White *Sunset: 4:27PM*  
**Nataraja:** Purple  
 Moon – Yellow

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sutra 226  
 Sobhana 5125  
 Moon 11 - Phase 32 - 1st Phase

**1**  
**Wednesday, November 29, 2023**

Mithuna Rasi: 8.01 Tithi 18  
 Creative Work Siddha Yoga  
 Until 4:21AM Thu  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
 Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 10:30AM – 11:41AM**  
**Yama 8:08AM – 9:19AM**  
**Rahu 11:41AM – 12:53PM**

**Ardra Until 4:21AM Thu**  
 Sadhya Until 10:23AM  
 Vanija Until 3:38PM  
**Tritiya Until 3:56AM Thu**

**Ganesha:** Purple *Sunrise: 6:56AM*  
**Muruga:** White *Sunset: 4:26PM*  
**Nataraja:** Purple  
 Moon – Yellow

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 1  
 Sutra 227  
 Sobhana 5125  
 Moon 11 - Phase 32 - 1st Phase

**2**  
**Thursday, November 30, 2023**

Mithuna Rasi: 20.46 Tithi 19  
 Creative Work Amrita Yoga  
 Until 6:10AM Fri  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
 Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika 9:20AM – 10:31AM**  
**Yama 6:58AM – 8:09AM**  
**Rahu 12:53PM – 2:04PM**

**Punarvasu Until 6:10AM Fri**  
 Subha Until 9:44AM  
 Bava Until 4:26PM  
**Chaturthi\* Until 5:02AM Fri**

**Ganesha:** Clear *Sunrise: 6:58AM*  
**Muruga:** White *Sunset: 4:26PM*  
**Nataraja:** Purple  
 Moon – Blue

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 2  
 Sutra 228  
 Sobhana 5125  
 Moon 11 - Phase 32 - 2 1st Phase

**3**  
**Friday, December 1, 2023**

Kataka Rasi: 3.14 Tithi 20  
 Creative Work Siddha Yoga  
 Until 6:10AM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika 8:09AM – 9:20AM**  
**Yama 2:04PM – 3:15PM**  
**Rahu 10:31AM – 11:42AM**

**Punarvasu Until 6:10AM**  
 Sukla Until 9:31AM  
 Kaulava Until 5:51PM  
**Panchami Until 6:44AM Sat**

**Ganesha:** Clear *Sunrise: 6:59AM*  
**Muruga:** White *Sunset: 4:26PM*  
**Nataraja:** Purple  
 Moon – Blue

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 3  
 Sutra 229  
 Sobhana 5125  
 Moon 11 - Phase 32 - 3 1st Phase

**4**  
**Saturday, December 2, 2023**

Kataka Rasi: 15.28 Tithi 20 – 21  
 Creative Work Siddha Yoga  
 Until 8:23AM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika 7:00AM – 8:10AM**  
**Yama 12:53PM – 2:04PM**  
**Rahu 9:21AM – 10:32AM**

**Pushya Until 8:23AM**  
 Brahma Until 9:46AM  
 Gara Until 7:48PM  
**Panchami Until 6:44AM**

**Ganesha:** Clear *Sunrise: 7:00AM*  
**Muruga:** White *Sunset: 4:25PM*  
**Nataraja:** Purple  
 Moon – Blue

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 4  
 Sutra 230  
 Sobhana 5125  
 Moon 11 - Phase 32 - 4 1st Phase

**5**  
**Sunday, December 3, 2023**

Kataka Rasi: 27.29 Tithi 21 – 22  
 Creative Work Siddha Yoga  
 Until 10:53AM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Shashthyam Titau

**Gulika 2:04PM – 3:15PM**  
**Yama 11:43AM – 12:54PM**  
**Rahu 3:15PM – 4:25PM**

**Ashlesha\* Until 10:53AM**  
 Indra Until 10:23AM  
 Visti Until 10:11PM  
**Shashthi\* Until 8:56AM**

**Ganesha:** Clear *Sunrise: 7:01AM*  
**Muruga:** White *Sunset: 4:25PM*  
**Nataraja:** Purple  
 Moon – Blue

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 5  
 Sutra 231  
 Sobhana 5125  
 Moon 11 - Phase 32 - 5 1st Phase

**Monday, December 4, 2023**  
**Retreat Star**

Simha Rasi: 9.22 Tithi 22 – 23  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 2:01PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika 12:54PM – 2:04PM**  
**Yama 10:33AM – 11:43AM**  
**Rahu 8:12AM – 9:22AM**

**Magha\* Until 2:01PM**  
 Vaidhriti\* Until 11:12AM  
 Balava Until 12:47AM Tue  
**Saptami Until 11:27AM**

**Ganesha:** White *Sunrise: 7:02AM*  
**Muruga:** White *Sunset: 4:25PM*  
**Nataraja:** Purple  
 Moon – Red

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 6  
 Sutra 232  
 Sobhana 5125  
 Moon 11 - Phase 32 - 6 Ashtami

**Tuesday, December 5, 2023**  
**Retreat Star**

Simha Rasi: 21.12 Tithi 23 – 24  
 Creative Work Siddha Yoga  
 Until 5:03PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika 11:44AM – 12:54PM**  
**Yama 9:23AM – 10:33AM**  
**Rahu 2:04PM – 3:15PM**

**Purvaphalguni Until 5:03PM**  
 Vishkambha\* Until 12:06PM  
 Taitila Until 3:21AM Wed  
**Ashtami\* Until 2:04PM**

**Ganesha:** White *Sunrise: 7:03AM*  
**Muruga:** Clear *Sunset: 4:25PM*  
**Nataraja:** Purple  
 Moon – Red

**Subha Sivaloka Day**  
**Karttika-Karttikai**

Stamford, CT  
 Sun 7  
 Sutra 233  
 Sobhana 5125  
 Moon 11 - Phase 32 - 7 Navami

<b>1</b>		<b>Wednesday, December 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 234	
Kanya Rasi: 3.04	Tithi 24 – 25	<b>Gulika</b> 10:34AM – 11:44AM	<b>Uttaraphalguni</b> Until 7:44PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:04AM	Moon 11 - Phase 33 - 8		Sobhana 5125	
	755936575	Yama 8:14AM – 9:24AM	Priti Until 12:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			2nd Phase	
		<b>Rahu</b> 11:44AM – 12:54PM	Vanija Until 5:38AM Thu	<b>Nataraja:</b> Purple				Subha Sivaloka Day	
Creative Work Amrita Yoga		Navami* Until 4:31PM		Moon – Red				Karttika*Karttikai	
Until 7:44PM									
Then Routine Work - Marana Yoga									
<b>2</b>		<b>Thursday, December 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Dashamyam Titau		Sun 9		Sutra 235	
Kanya Rasi: 15.03	Tithi 25	<b>Gulika</b> 9:25AM – 10:35AM	<b>Hasta</b> Until 10:21PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:04AM	Moon 11 - Phase 33 - 9		Sobhana 5125	
	765936575	Yama 7:04AM – 8:15AM	Ayushman Until 1:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			2nd Phase	
		<b>Rahu</b> 12:55PM – 2:05PM	Visti Until 6:35PM	<b>Nataraja:</b> Purple				Sivaloka Day	
Routine Work Marana Yoga		<b>Dashami</b> Until 6:35PM		Moon – Green				Karttika*Karttikai	
Until 10:21PM									
Then Creative Work - Siddha Yoga									
<b>3</b>		<b>Friday, December 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 236	
Kanya Rasi: 27.14	Tithi 26	<b>Gulika</b> 8:15AM – 9:25AM	<b>Chitra</b> Until 12:12AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:05AM	Moon 11 - Phase 33 - 10		Sobhana 5125	
	766936575	Yama 2:05PM – 3:15PM	Saubhagya Until 1:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			2nd Phase	
		<b>Rahu</b> 10:35AM – 11:45AM	Bava Until 7:25AM	<b>Nataraja:</b> Purple				Devaloka Day	
Creative Work Siddha Yoga		<b>Ekadashi*</b> Until 8:02PM		Moon – Green				Karttika*Karttikai	
<b>4</b>		<b>Saturday, December 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 11		Sutra 237	
Tula Rasi: 9.42	Tithi 27	<b>Gulika</b> 7:06AM – 8:16AM	<b>Svati</b> Until 1:11AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:06AM	Moon 11 - Phase 33 - 11		Sobhana 5125	
	766936575	Yama 12:55PM – 2:05PM	Sobhana Until 1:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			2nd Phase	
		<b>Rahu</b> 9:26AM – 10:36AM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple				Devaloka Day	
Creative Work Siddha Yoga		<b>Dvadashi*</b> Until 8:45PM		Moon – Green				Karttika*Karttikai	
Until 1:11AM Sun									
Then Routine Work - Marana Yoga									
<b>5</b>		<b>Sunday, December 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 238	
Tula Rasi: 22.31	Tithi 28	<b>Gulika</b> 2:05PM – 3:15PM	<b>Vishakha</b> Until 1:44AM Mon	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:07AM	Moon 11 - Phase 33 - 12		Sobhana 5125	
	776936575	Yama 11:46AM – 12:56PM	Athiganda* Until 12:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			2nd Phase	
		<b>Rahu</b> 3:15PM – 4:25PM	Gara Until 8:50AM	<b>Nataraja:</b> Purple				Devaloka Day	
Routine Work Marana Yoga		<b>Trayodashi*</b> Until 8:42PM		Moon – Orange				Karttika*Karttikai	
Until 1:44AM Mon									
Then Creative Work - Siddha Yoga									
<b>6</b>		<b>Monday, December 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 239	
Vrischika Rasi: 5.41	Tithi 29	<b>Gulika</b> 12:56PM – 2:06PM	<b>Anuradha</b> Until 1:27AM Tue	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:08AM	Moon 11 - Phase 33 - 13		Sobhana 5125	
<b>Family Home Evening</b>	776936575	Yama 10:37AM – 11:46AM	Sukarma Until 10:28AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			2nd Phase	
		<b>Rahu</b> 8:18AM – 9:27AM	Visti Until 8:25AM	<b>Nataraja:</b> Purple				Devaloka Day	
Creative Work Siddha Yoga		<b>Chaturdashi*</b> Until 7:56PM		Moon – Orange				Karttika*Karttikai	
Until 1:27AM Tue									
Then Routine Work - Marana Yoga									
<b>Retreat Star</b>		<b>Tuesday, December 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 240	
Vrischika Rasi: 19.16	Tithi 30	<b>Gulika</b> 11:47AM – 12:56PM	<b>Jyeshtha*</b> Until 12:26AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:09AM	Moon 11 - Phase 33 - 14		Sobhana 5125	
	776936575	Yama 9:28AM – 10:37AM	Dhriti Until 8:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			Amavasya	
		<b>Rahu</b> 2:06PM – 3:16PM	Catuspada Until 7:19AM	<b>Nataraja:</b> Purple				Devaloka Day	
Routine Work Marana Yoga		<b>Amavasya*</b> Until 6:32PM		Moon – Orange				Karttika*Karttikai	
<b>Retreat Star</b>		<b>Wednesday, December 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 241	
Dhanus Rasi: 3.1	Tithi 1 – 2	<b>Gulika</b> 10:38AM – 11:47AM	<b>Mula*</b> Until 11:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	Moon 11 - Phase 33 - 15		Sobhana 5125	
	786936575	Yama 8:19AM – 9:28AM	Ganda* Until 2:52AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM			Prathama	
		<b>Rahu</b> 11:47AM – 12:57PM	Balava Until 3:35AM Thu	<b>Nataraja:</b> Purple				Devaloka Day	
Routine Work Marana Yoga		<b>Prathama*</b> Until 4:39PM		Moon – Light Blue				Margasira*Karttikai	
Until 11:15PM									
Then Creative Work - Amrita Yoga									

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 11/20/21

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<b>1</b>	<b>Thursday, December 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau					Stamford, CT Sun 16 Sutra 242
	Dhanus Rasi: 17.19 Tithi 2 – 3	<b>Gulika</b> 9:29AM – 10:38AM Yama 7:10AM – 8:20AM 786937575 <b>Rahu</b> 12:57PM – 2:07PM	<b>Purvashadha* Until 9:38PM</b> Vriddhi Until 11:45PM Taitila Until 1:14AM Fri <b>Dvitiya Until 2:25PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Light Blue <b>Margasira*Karttikai</b>	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 4:25PM	Moon 11 - Phase 34 - 16 3rd Phase	<b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 9:38PM Then Routine Work - Marana Yoga						
<b>2</b>	<b>Friday, December 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau					Stamford, CT Sun 17 Sutra 243
	Makara Rasi: 1.4 Tithi 3 – 4	<b>Gulika</b> 8:20AM – 9:30AM Yama 2:07PM – 3:16PM 787937575 <b>Rahu</b> 10:39AM – 11:48AM	<b>Uttarashadha Until 7:44PM</b> Dhruva Until 8:30PM Vanija Until 10:45PM <b>Tritiya Until 11:59AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Light Blue <b>Margasira*Karttikai</b>	<i>Sunrise:</i> 7:11AM <i>Sunset:</i> 4:26PM	Moon 11 - Phase 34 - 17 3rd Phase	<b>Subha Sivaloka Day</b>
	Routine Work Marana Yoga						
<b>3</b>	<b>Saturday, December 16, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau					Stamford, CT Sun 18 Sutra 244
	Makara Rasi: 16.04 Tithi 4 – 5	<b>Gulika</b> 7:12AM – 8:21AM Yama 12:58PM – 2:07PM 897937575 <b>Rahu</b> 9:30AM – 10:40AM	<b>Shravana Until 6:05PM</b> Vyaghata* Until 5:15PM Bava Until 8:16PM <b>Chaturthi* Until 9:29AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple <b>Margasira*Markali</b>	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 4:26PM	Moon 11 - Phase 34 - 18 3rd Phase	<b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga	<b>Markali Pillaiyar</b>					
<b>4</b>	<b>Sunday, December 17, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau					Stamford, CT Sun 19 Sutra 245
	Kumbha Rasi: 0.28 Tithi 5 – 6	<b>Gulika</b> 2:08PM – 3:17PM Yama 11:49AM – 12:59PM 897937575 <b>Rahu</b> 3:17PM – 4:26PM	<b>Dhanishtha Until 4:23PM</b> Harshana Until 2:04PM Taitila Until 4:44AM Mon <b>Panchami Until 7:02AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple <b>Margasira*Markali</b>	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 4:26PM	Moon 11 - Phase 34 - 19 3rd Phase	<b>Subha Sivaloka Day</b>
	Routine Work Marana Yoga Until 4:23PM Then Creative Work - Siddha Yoga	<b>Vinayaga Viratam Ends</b>					
<b>5</b>	<b>Monday, December 18, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau					Stamford, CT Sun 20 Sutra 246
	Kumbha Rasi: 14.45 Tithi 7	<b>Gulika</b> 12:59PM – 2:08PM Yama 10:41AM – 11:50AM 897137575 <b>Rahu</b> 8:22AM – 9:31AM	<b>Shatabhishak Until 2:42PM</b> Vajra* Until 11:00AM Gara Until 3:40PM <b>Saptami Until 2:38AM Tue</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple <b>Margasira*Markali</b>	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 4:27PM	Moon 11 - Phase 34 - 20 3rd Phase	<b>Subha Sivaloka Day</b>
	<b>Family Home Evening</b> Creative Work Siddha Yoga Until 2:42PM Then Routine Work - Marana Yoga						
<b>6</b>	<b>Tuesday, December 19, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau					Stamford, CT Sun 21 Sutra 247
	Kumbha Rasi: 28.55 Tithi 8	<b>Gulika</b> 11:50AM – 1:00PM Yama 9:32AM – 10:41AM 817137575 <b>Rahu</b> 2:09PM – 3:18PM	<b>Purvaproshtapada* Until 1:32PM</b> Siddhi Until 8:07AM Visti Until 1:41PM <b>Ashtami* Until 12:46AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear <b>Margasira*Markali</b>	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 4:27PM	Moon 11 - Phase 34 - 21 Ashtami	<b>Subha Sivaloka Day</b>
	Routine Work Marana Yoga Until 1:32PM Then Creative Work - Amrita Yoga						
<b>7</b>	<b>Wednesday, December 20, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau					Stamford, CT Sun 22 Sutra 248
	Meena Rasi: 12.54 Tithi 9	<b>Gulika</b> 10:42AM – 11:51AM Yama 8:23AM – 9:33AM 817137575 <b>Rahu</b> 11:51AM – 1:00PM	<b>Uttaraproshtapada Until 12:29PM</b> Variyan Until 2:58AM Thu Balava Until 11:57AM <b>Navami* Until 11:10PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear <b>Margasira*Markali</b>	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 4:28PM	Moon 11 - Phase 34 - 22 Navami	<b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga Until 12:29PM Then Routine Work - Marana Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Thursday, December 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Panigha* Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 23 Sutra 249	
Meena Rasi: 26.44	Tithi 10	817137575	<b>Gulika</b> 9:33AM – 10:42AM Yama 7:15AM – 8:24AM <b>Rahu</b> 1:01PM – 2:10PM	<b>Revati Until 11:32AM</b> Parigha* Until 12:42AM Fri Taitila Until 10:29AM <b>Dashami Until 9:50PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:15AM <b>Muruga:</b> White <i>Sunset:</i> 4:28PM <b>Nataraja:</b> Purple Moon – Clear <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga Until 11:32AM Then Creative Work - Amrita Yoga		<b>Day 1 of Pancha Ganapati</b>			
<b>2 Friday, December 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 24 Sutra 250	
Mesha Rasi: 10.25	Tithi 11	828137575	<b>Gulika</b> 8:24AM – 9:34AM Yama 2:10PM – 3:19PM <b>Rahu</b> 10:43AM – 11:52AM	<b>Ashvini Until 11:08AM</b> Shiva Until 10:40PM Vanija Until 9:17AM <b>Ekadashi Until 8:46PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:15AM <b>Muruga:</b> White <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Purple Moon – White <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Amrita Yoga Until 11:08AM Then Creative Work - Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>			
<b>3 Saturday, December 23, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Stamford, CT Sun 25 Sutra 251	
Mesha Rasi: 23.56	Tithi 12	828137575	<b>Gulika</b> 7:16AM – 8:25AM Yama 1:02PM – 2:11PM <b>Rahu</b> 9:34AM – 10:43AM	<b>Bharani Until 10:51AM</b> Siddha Until 8:48PM Bava Until 8:21AM <b>Dvadashi Until 7:58PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:16AM <b>Muruga:</b> White <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Purple Moon – White <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga Until 10:51AM Then Creative Work - Amrita Yoga		<b>Day 3 of Pancha Ganapati</b>			
<b>4 Sunday, December 24, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 26 Sutra 252	
Vrishabha Rasi: 7.19	Tithi 13	828137575	<b>Gulika</b> 2:11PM – 3:20PM Yama 11:53AM – 1:02PM <b>Rahu</b> 3:20PM – 4:30PM	<b>Krittika Until 10:42AM</b> Sadhya Until 7:12PM Kaulava Until 7:42AM <b>Trayodashi Until 7:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:16AM <b>Muruga:</b> White <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Purple Moon – White <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>		<i>Pradosha Vrata</i>	
<b>5 Monday, December 25, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 253	
Vrishabha Rasi: 20.3	Tithi 14	838137575	<b>Gulika</b> 1:03PM – 2:12PM Yama 10:44AM – 11:53AM <b>Rahu</b> 8:26AM – 9:35AM	<b>Rohini Until 11:10AM</b> Subha Until 5:53PM Gara Until 7:22AM <b>Chaturdashi* Until 7:19PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM <b>Muruga:</b> White <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Purple Moon – Yellow <b>Sivaloka Day</b> Margasira*Markali
Family Home Evening Creative Work Amrita Yoga		<b>Day 5 of Pancha Ganapati</b>			
<b>6 Tuesday, December 26, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT Sun 28 Sutra 254	
Mithuna Rasi: 3.31	Tithi 15	838137576	<b>Gulika</b> 11:54AM – 1:03PM Yama 9:35AM – 10:45AM <b>Rahu</b> 2:12PM – 3:22PM	<b>Mrigashira Until 11:52AM</b> Sukla Until 4:51PM Visti Until 7:25AM <b>Purnima* Until 7:35PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM <b>Muruga:</b> White <i>Sunset:</i> 4:31PM <b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga Until 11:52AM Then Routine Work - Marana Yoga		<b>Copper Retreat Star</b>			
<b>7 Wednesday, December 27, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sun 29 Sutra 255	
Mithuna Rasi: 16.19	Tithi 16	838137576	<b>Gulika</b> 10:45AM – 11:54AM Yama 8:27AM – 9:36AM <b>Rahu</b> 11:54AM – 1:04PM	<b>Ardra Until 12:49PM</b> Brahma Until 4:10PM Balava Until 7:54AM <b>Prathama* Until 8:18PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM <b>Muruga:</b> White <i>Sunset:</i> 4:32PM <b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga		<b>Silver Retreat Star</b>		<b>Ardra Darshanam</b>	



**Thursday, December 28, 2023**  
**Gold Retreat Star**

Mithuna Rasi: 28.53 Tithi 17  
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 9:36AM – 10:46AM**  
 Yama 7:18AM – 8:27AM  
**Rahu 1:04PM – 2:14PM**  
**Punarvasu Until 2:34PM**  
 Indra Until 3:52PM  
 Taitila Until 8:51AM  
**Dvitiya Until 9:30PM**

Sun 1 Sutra 256  
 Sobhana 5125  
 Moon 12 - Phase 36 - 1  
 1st Phase  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Blue Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:32PM**  
**Nataraja: Clear**  
 Moon – Blue

**1 Friday, December 29, 2023**

Kataka Rasi: 11.15 Tithi 18  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 8:27AM – 9:37AM**  
 Yama 2:14PM – 3:24PM  
**Rahu 10:46AM – 11:55AM**  
**Pushya Until 4:38PM**  
 Vaidhriti\* Until 3:56PM  
 Vanija Until 10:19AM  
**Tritiya Until 11:13PM**

Sun 2 Sutra 257  
 Sobhana 5125  
 Moon 12 - Phase 36 - 2  
 1st Phase  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Blue Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:33PM**  
**Nataraja: Clear**  
 Moon – Blue

**2 Saturday, December 30, 2023**

Kataka Rasi: 23.24 Tithi 19  
 Routine Work Marana Yoga  
 Until 6:59PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chatrthyam Titau  
**Gulika 7:18AM – 8:27AM**  
 Yama 1:05PM – 2:15PM  
**Rahu 9:37AM – 10:46AM**  
**Ashlesha\* Until 6:59PM**  
 Vishkambha\* Until 4:22PM  
 Bava Until 12:17PM  
**Chatrthi\* Until 1:24AM Sun**

Sun 3 Sutra 258  
 Sobhana 5125  
 Moon 12 - Phase 36 - 3  
 1st Phase  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Blue Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:34PM**  
**Nataraja: Clear**  
 Moon – Blue

**3 Sunday, December 31, 2023**

Simha Rasi: 5.23 Tithi 20  
 Routine Work Marana Yoga  
 Until 10:02PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Magha\* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 2:15PM – 3:25PM**  
 Yama 11:56AM – 1:06PM  
**Rahu 3:25PM – 4:35PM**  
**Magha\* Until 10:02PM**  
 Priti Until 5:06PM  
 Kaulava Until 2:39PM  
**Panchami Until 3:55AM Mon**

Sun 4 Sutra 259  
 Sobhana 5125  
 Moon 12 - Phase 36 - 4  
 1st Phase  
**Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Red Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:35PM**  
**Nataraja: Clear**  
 Moon – Red

**4 Monday, January 1, 2024**

Simha Rasi: 17.15 Tithi 21  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 1:07AM Tue  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 1:07PM – 2:17PM**  
 Yama 10:48AM – 11:57AM  
**Rahu 8:28AM – 9:38AM**  
**Purvaphalguni Until 1:07AM Tue**  
 Ayushman Until 6:00PM  
 Gara Until 5:17PM  
**Shashthi\* Until 6:37AM Tue**

Sun 5 Sutra 260  
 Sobhana 5125  
 Moon 12 - Phase 36 - 5  
 1st Phase  
**Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Red Sunrise: 7:18AM**  
**Muruga: White Sunset: 4:36PM**  
**Nataraja: Clear**  
 Moon – Red

**5 Tuesday, January 2, 2024**

Simha Rasi: 29.03 Tithi 21 – 22  
 Creative Work Amrita Yoga  
 Until 4:02AM Wed  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 11:58AM – 1:08PM**  
 Yama 9:38AM – 10:48AM  
**Rahu 2:17PM – 3:27PM**  
**Uttaraphalguni Until 4:02AM Wed**  
 Saubhagya Until 6:57PM  
 Visti Until 7:59PM  
**Shashthi\* Until 6:37AM**

Sun 6 Sutra 261  
 Sobhana 5125  
 Moon 12 - Phase 36 - 6  
 1st Phase  
**Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Red Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:37PM**  
**Nataraja: Clear**  
 Moon – Red

**Wednesday, January 3, 2024**  
**Retreat Star**

Kanya Rasi: 10.53 Tithi 22 – 23  
 Routine Work Marana Yoga  
 Until 7:01AM Thu  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 10:48AM – 11:58AM**  
 Yama 8:28AM – 9:38AM  
**Rahu 11:58AM – 1:08PM**  
**Hasta Until 7:01AM Thu**  
 Sobhana Until 7:47PM  
 Balava Until 10:30PM  
**Saptami Until 9:16AM**

Sun 7 Sutra 262  
 Sobhana 5125  
 Moon 12 - Phase 36 - 7  
 Ashtami  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Green Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:38PM**  
**Nataraja: Clear**  
 Moon – Green

**Thursday, January 4, 2024**  
**Retreat Star**

Kanya Rasi: 22.49 Tithi 23 – 24  
 Routine Work Marana Yoga  
 Until 7:01AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Hasta/Chitra Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 9:39AM – 10:49AM**  
 Yama 7:19AM – 8:29AM  
**Rahu 1:09PM – 2:19PM**  
**Hasta Until 7:01AM**  
 Athiganda\* Until 8:16PM  
 Taitila Until 12:32AM Fri  
**Ashtami\* Until 11:34AM**

Sun 8 Sutra 263  
 Sobhana 5125  
 Moon 12 - Phase 36 - 8  
 Navami  
**Subha Sivaloka Day**  
**Margasira\*Markali**  
**Ganesha: Green Sunrise: 7:19AM**  
**Muruga: White Sunset: 4:39PM**  
**Nataraja: Clear**  
 Moon – Green

<b>1</b> <b>Friday, January 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 9 Sutra 264	
Tula Rasi: 4.58	Tithi 24 – 25	<b>Gulika</b> 8:29AM – 9:39AM	<b>Chitra Until 9:18AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:19AM	Sobhana 5125
		Yama 2:20PM – 3:30PM	Sukarma Until 8:16PM	<b>Muruga:</b> White <i>Sunset:</i> 4:40PM	Moon 12 - Phase 37 - 9
861137576		<b>Rahu</b> 10:49AM – 11:59AM	Vanija Until 1:53AM Sat	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 1:17PM</b>	Moon – Green	<b>Sivaloka Day</b>
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira*Markali</b>	

<b>2</b> <b>Saturday, January 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 10 Sutra 265	
Tula Rasi: 17.25	Tithi 25 – 26	<b>Gulika</b> 7:18AM – 8:29AM	<b>Svati Until 10:44AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:18AM	Sobhana 5125
		Yama 1:10PM – 2:20PM	Dhriti Until 7:40PM	<b>Muruga:</b> White <i>Sunset:</i> 4:41PM	Moon 12 - Phase 37 - 10
861137576		<b>Rahu</b> 9:39AM – 10:49AM	Bava Until 2:23AM Sun	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:13PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Margasira*Markali</b>	

<b>3</b> <b>Sunday, January 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 11 Sutra 266	
Vrischika Rasi: 0.14	Tithi 26 – 27	<b>Gulika</b> 2:21PM – 3:31PM	<b>Vishakha Until 11:38AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:18AM	Sobhana 5125
		Yama 12:00PM – 1:10PM	Shula* Until 6:21PM	<b>Muruga:</b> White <i>Sunset:</i> 4:42PM	Moon 12 - Phase 37 - 11
871137576		<b>Rahu</b> 3:31PM – 4:42PM	Kaulava Until 2:01AM Mon	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 2:17PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	

<b>4</b> <b>Monday, January 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 12 Sutra 267	
Vrischika Rasi: 13.31	Tithi 27 – 28	<b>Gulika</b> 1:11PM – 2:22PM	<b>Anuradha Until 11:32AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:18AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:50AM – 12:00PM	Ganda* Until 4:24PM	<b>Muruga:</b> White <i>Sunset:</i> 4:43PM	Moon 12 - Phase 37 - 12
871137576		<b>Rahu</b> 8:29AM – 9:39AM	Gara Until 12:49AM Tue	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:30PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b> <b>Tuesday, January 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 268	
Vrischika Rasi: 27.16	Tithi 28 – 29	<b>Gulika</b> 12:01PM – 1:12PM	<b>Jyeshtha* Until 10:32AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:18AM	Sobhana 5125
		Yama 9:39AM – 10:50AM	Vridhhi Until 1:51PM	<b>Muruga:</b> White <i>Sunset:</i> 4:44PM	Moon 12 - Phase 37 - 13
871137576		<b>Rahu</b> 2:22PM – 3:33PM	Visti Until 10:53PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 11:55AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 10:32AM				<b>Margasira*Markali</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b> <b>Wednesday, January 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 14 Sutra 269	
Dhanus Rasi: 11.26	Tithi 29 – 30	<b>Gulika</b> 10:50AM – 12:01PM	<b>Mula* Until 9:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:18AM	Sobhana 5125
		Yama 8:29AM – 9:40AM	Dhruva Until 10:46AM	<b>Muruga:</b> White <i>Sunset:</i> 4:45PM	Moon 12 - Phase 37 - 14
881137576		<b>Rahu</b> 12:01PM – 1:12PM	Catuspada Until 8:24PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 9:41AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 9:09AM		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira*Markali</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b> <b>Thursday, January 11, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 15 Sutra 270	
Dhanus Rasi: 25.57	Tithi 30 – 1	<b>Gulika</b> 9:40AM – 10:51AM	<b>Purvashadha* Until 7:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:17AM	Sobhana 5125
		Yama 7:17AM – 8:28AM	Vyaghata* Until 7:18AM	<b>Muruga:</b> White <i>Sunset:</i> 4:46PM	Moon 12 - Phase 37 - 15
881137576		<b>Rahu</b> 1:13PM – 2:24PM	Bava Until 3:56AM Fri	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 6:58AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 7:09AM				<b>Pausha*Markali</b>	
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Friday, January 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 271 Sobhana 5125	
Makara Rasi: 10.43	Tithi 2	Gulika 8:28AM – 9:40AM	Shravana Until 2:21AM Sat	Ganesha: Purple	Sunrise: 7:17AM	Moon 12 - Phase 38 - 16	3rd Phase
		Yama 2:25PM – 3:36PM	Vajra* Until 11:44PM	Muruga: White	Sunset: 4:47PM		
		891237576 Rahu 10:51AM – 12:02PM	Balava Until 2:21PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dvitiya Until 12:44AM Sat	Moon – Purple		<b>Devaloka Day</b>	
Until 2:21AM Sat				Pausha*Markali			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, January 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 17 Sutra 272 Sobhana 5125	
Makara Rasi: 25.35	Tithi 3	Gulika 7:17AM – 8:28AM	Dhanishtha Until 11:54PM	Ganesha: Purple	Sunrise: 7:17AM	Moon 12 - Phase 38 - 17	3rd Phase
		Yama 1:14PM – 2:25PM	Siddhi Until 7:54PM	Muruga: White	Sunset: 4:48PM		
		891237576 Rahu 9:40AM – 10:51AM	Taitila Until 11:09AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Purple		<b>Devaloka Day</b>	
Until 11:54PM				Pausha*Markali			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Sunday, January 14, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau		Stamford, CT Sun 18 Sutra 273 Sobhana 5125	
Kumbha Rasi: 10.25	Tithi 4	Gulika 2:26PM – 3:38PM	Shatabhishak Until 9:30PM	Ganesha: Purple	Sunrise: 7:16AM	Moon 12 - Phase 38 - 18	3rd Phase
		Yama 12:03PM – 1:14PM	Vyatipata* Until 4:11PM	Muruga: White	Sunset: 4:49PM		
		891237576 Rahu 3:38PM – 4:49PM	Vanija Until 8:02AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturthi* Until 6:32PM	Moon – Purple		<b>Devaloka Day</b>	
		Thai Pongal		Pausha*Thai			
<b>4</b>		<b>Monday, January 15, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Stamford, CT Sun 19 Sutra 274 Sobhana 5125	
Kumbha Rasi: 25.04	Tithi 5 – 6	Gulika 1:15PM – 2:27PM	Purvaproshtapada* Until 7:40PM	Ganesha: Green	Sunrise: 7:16AM	Moon 12 - Phase 38 - 19	3rd Phase
<b>Family Home Evening</b>		Yama 10:51AM – 12:03PM	Variyan Until 12:41PM	Muruga: White	Sunset: 4:50PM		
		811237576 Rahu 8:28AM – 9:40AM	Kaulava Until 2:36AM Tue	Nataraja: Clear			
Routine Work	Marana Yoga		Panchami Until 3:48PM	Moon – Clear		<b>Devaloka Day</b>	
Until 7:40PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, January 16, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 20 Sutra 275 Sobhana 5125	
Meena Rasi: 9.29	Tithi 6 – 7	Gulika 12:04PM – 1:16PM	Uttaraproshtapada Until 6:07PM	Ganesha: White	Sunrise: 7:16AM	Moon 12 - Phase 38 - 20	3rd Phase
		Yama 9:40AM – 10:52AM	Parigha* Until 9:30AM	Muruga: White	Sunset: 4:52PM		
		812237576 Rahu 2:28PM – 3:40PM	Gara Until 12:29AM Wed	Nataraja: Clear			
Creative Work	Amrita Yoga		Shashthi* Until 1:28PM	Moon – Clear		<b>Devaloka Day</b>	
Until 6:07PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, January 17, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 21 Sutra 276 Sobhana 5125	
Meena Rasi: 23.37	Tithi 7 – 8	Gulika 10:52AM – 12:04PM	Revati Until 4:53PM	Ganesha: White	Sunrise: 7:15AM	Moon 12 - Phase 38 - 21	Ashtami
		Yama 8:27AM – 9:39AM	Shiva Until 6:41AM	Muruga: White	Sunset: 4:53PM		
		812237576 Rahu 12:04PM – 1:16PM	Visti Until 10:52PM	Nataraja: Clear			
Routine Work	Marana Yoga		Saptami Until 11:36AM	Moon – Clear		<b>Devaloka Day</b>	
				Pausha*Thai			
<b>Retreat Star</b>		<b>Thursday, January 18, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 22 Sutra 277 Sobhana 5125	
Mesha Rasi: 7.25	Tithi 8 – 9	Gulika 9:39AM – 10:52AM	Ashvini Until 4:26PM	Ganesha: Yellow	Sunrise: 7:14AM	Moon 12 - Phase 38 - 22	Navami
		Yama 7:14AM – 8:27AM	Sadhya Until 2:13AM Fri	Muruga: White	Sunset: 4:54PM		
		822237576 Rahu 1:17PM – 2:29PM	Balava Until 9:45PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Ashtami* Until 10:14AM	Moon – White		<b>Sivaloka Day</b>	
Until 4:26PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							


<b>1</b>	<b>Friday, January 19, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Stamford, CT Sun 23 Sutra 278
	Mesha Rasi: 20.56	Tithi 9 – 10	<b>Gulika</b> 8:27AM – 9:39AM	<b>Bharani Until 4:19PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:14AM	Sobhana 5125
			Yama 2:30PM – 3:42PM	Subha Until 12:35AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 23
	Creative Work	Siddha Yoga	822237576 <b>Rahu</b> 10:52AM – 12:04PM	Taitila Until 9:08PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 9:22AM</b>	Moon – White		<b>Sivaloka Day</b>	
				Pausha*Thai			

<b>2</b>	<b>Saturday, January 20, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau					Stamford, CT Sun 24 Sutra 279
	Vrishabha Rasi: 14.11	Tithi 10 – 11	<b>Gulika</b> 7:13AM – 8:26AM	<b>Krittika Until 4:30PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:13AM	Sobhana 5125
			Yama 1:18PM – 2:31PM	Sukla Until 11:17PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 39 - 24
	Creative Work	Amrita Yoga	822237576 <b>Rahu</b> 9:39AM – 10:52AM	Vanija Until 8:57PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 8:58AM</b>	Moon – White		<b>Sivaloka Day</b>	
				Pausha*Thai			

<b>3</b>	<b>Sunday, January 21, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					Stamford, CT Sun 25 Sutra 280
	Vrishabha Rasi: 17.12	Tithi 11 – 12	<b>Gulika</b> 2:31PM – 3:44PM	<b>Rohini Until 5:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:13AM	Sobhana 5125
			Yama 12:05PM – 1:18PM	Brahma Until 10:17PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 39 - 25
	Creative Work	Siddha Yoga	832237576 <b>Rahu</b> 3:44PM – 4:57PM	Bava Until 9:11PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi Until 9:00AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Pausha*Thai			

<b>4</b>	<b>Monday, January 22, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					Stamford, CT Sun 26 Sutra 281
	Mithuna Rasi: 0.02	Tithi 12 – 13	<b>Gulika</b> 1:19PM – 2:32PM	<b>Mrigashira Until 6:30PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:52AM – 12:05PM	Indra Until 9:36PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 39 - 26
	Creative Work	Amrita Yoga	832237576 <b>Rahu</b> 8:25AM – 9:39AM	Kaulava Until 9:48PM	<b>Nataraja:</b> Clear		4th Phase
Until 6:30PM			<b>Dvadashi Until 9:25AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Pausha*Thai			
				Pradosha Vrata			

<b>5</b>	<b>Tuesday, January 23, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau					Stamford, CT Sun 27 Sutra 282
	Mithuna Rasi: 12.42	Tithi 13 – 14	<b>Gulika</b> 12:06PM – 1:19PM	<b>Ardra Until 7:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:11AM	Sobhana 5125
			Yama 9:38AM – 10:52AM	Vaidhriti* Until 9:10PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 39 - 27
	Routine Work	Marana Yoga	832237576 <b>Rahu</b> 2:33PM – 3:46PM	Gara Until 10:46PM	<b>Nataraja:</b> Clear		4th Phase
Until 7:48PM			<b>Trayodashi Until 10:13AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Pausha*Thai			

	<b>Wednesday, January 24, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau					Stamford, CT Sun 28 Sutra 283
	Mithuna Rasi: 25.11	Tithi 14 – 15	<b>Gulika</b> 10:52AM – 12:06PM	<b>Punarvasu Until 9:47PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:11AM	Sobhana 5125
			Yama 8:24AM – 9:38AM	Vishkambha* Until 9:02PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 39 - Purnima
	Creative Work	Siddha Yoga	842237576 <b>Rahu</b> 12:06PM – 1:20PM	Visti Until 12:07AM Thu	<b>Nataraja:</b> Clear		
			<b>Chaturdashi* Until 11:23AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Pausha*Thai			

<b>0</b>	<b>Thursday, January 25, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau					Stamford, CT Sun 284 Sutra 284
	Kataka Rasi: 7.32	Tithi 15 – 16	<b>Gulika</b> 9:38AM – 10:52AM	<b>Pushya Until 11:57PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:10AM	Sobhana 5125
			Yama 7:10AM – 8:24AM	Priti Until 9:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 39 - Prathama
	Creative Work	Amrita Yoga	942237576 <b>Rahu</b> 1:20PM – 2:34PM	Balava Until 1:50AM Fri	<b>Nataraja:</b> Clear		
Until 11:57PM			<b>Purnima* Until 12:55PM</b>	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Thai Pusam</b>		Pausha*Thai			

**Friday, January 26, 2024**  
**Gold Retreat Star**

Kataka Rasi: 19.43 Tithi 16 – 17

942237576

Routine Work Marana Yoga  
Until 2:19AM Sat  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika 8:23AM – 9:38AM**  
Yama 2:35PM – 3:49PM  
**Rahu 10:52AM – 12:06PM**  
**Ashlesha\* Until 2:19AM Sat**  
Ayushman Until 9:35PM  
Taitila Until 3:56AM Sat  
**Prathama\* Until 2:49PM**

**Ganesha:** Blue *Sunrise:* 7:09AM  
**Muruga:** White *Sunset:* 5:04PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Pausha\*Thai

Stamford, CT  
Sutra 285  
Sobhana 5125  
Moon 13 - Phase 40 - 1st Phase

**1 Saturday, January 27, 2024**

Simha Rasi: 1.45 Tithi 17 – 18

952237576

Creative Work Amrita Yoga  
Until 5:19AM Sun  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 7:08AM – 8:23AM**  
Yama 1:21PM – 2:36PM  
**Rahu 9:37AM – 10:52AM**  
**Magha\* Until 5:19AM Sun**  
Saubhagya Until 10:16PM  
Vanija Until 6:21AM Sun  
**Dvitiya Until 5:05PM**

**Ganesha:** Red *Sunrise:* 7:08AM  
**Muruga:** White *Sunset:* 5:05PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 1  
Sutra 286  
Sobhana 5125  
Moon 13 - Phase 40 - 1st Phase

**2 Sunday, January 28, 2024**

Simha Rasi: 13.4 Tithi 18

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 2:36PM – 3:51PM**  
Yama 12:07PM – 1:22PM  
**Rahu 3:51PM – 5:06PM**  
**Purvaphalguni Until 8:23AM Mon**  
Sobhana Until 11:09PM  
Vanija Until 6:21AM  
**Tritiya Until 7:38PM**

**Ganesha:** Red *Sunrise:* 7:07AM  
**Muruga:** White *Sunset:* 5:06PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 2  
Sutra 287  
Sobhana 5125  
Moon 13 - Phase 40 - 2nd Phase

**3 Monday, January 29, 2024**

Simha Rasi: 25.29 Tithi 19

953237576

**Family Home Evening**  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthiyam Titau  
**Gulika 1:22PM – 2:37PM**  
Yama 10:52AM – 12:07PM  
**Rahu 8:22AM – 9:37AM**  
**Purvaphalguni Until 8:23AM**  
Athiganda\* Until 12:08AM Tue  
Bava Until 9:00AM  
**Chaturthi\* Until 10:22PM**

**Ganesha:** Yellow *Sunrise:* 7:06AM  
**Muruga:** White *Sunset:* 5:07PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 3  
Sutra 288  
Sobhana 5125  
Moon 13 - Phase 40 - 3rd Phase

**4 Tuesday, January 30, 2024**

Kanya Rasi: 7.16 Tithi 20

953237576

Creative Work Amrita Yoga  
Until 11:22AM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 12:07PM – 1:22PM**  
Yama 9:36AM – 10:52AM  
**Rahu 2:38PM – 3:53PM**  
**Uttaraphalguni Until 11:22AM**  
Sukarma Until 1:07AM Wed  
Kaulava Until 11:45AM  
**Panchami Until 1:05AM Wed**

**Ganesha:** Yellow *Sunrise:* 7:05AM  
**Muruga:** White *Sunset:* 5:09PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 4  
Sutra 289  
Sobhana 5125  
Moon 13 - Phase 40 - 4th Phase

**5 Wednesday, January 31, 2024**

Kanya Rasi: 19.04 Tithi 21

963237576

Routine Work Marana Yoga  
Until 2:36PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 10:51AM – 12:07PM**  
Yama 8:20AM – 9:36AM  
**Rahu 12:07PM – 1:23PM**  
**Hasta Until 2:36PM**  
Dhriti Until 1:56AM Thu  
Gara Until 2:24PM  
**Shashthi\* Until 3:34AM Thu**

**Ganesha:** White *Sunrise:* 7:05AM  
**Muruga:** White *Sunset:* 5:10PM  
**Nataraja:** Clear  
Moon – Green  
**Devaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 5  
Sutra 290  
Sobhana 5125  
Moon 13 - Phase 40 - 5th Phase

**6 Thursday, February 1, 2024**

Tula Rasi: 0.59 Tithi 22

963237576

Creative Work Siddha Yoga  
Until 5:19PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 9:36AM – 10:51AM**  
Yama 7:05AM – 8:20AM  
**Rahu 1:23PM – 2:38PM**  
**Chitra Until 5:19PM**  
Shula\* Until 2:24AM Fri  
Visti Until 4:41PM  
**Saptami Until 5:35AM Fri**

**Ganesha:** White *Sunrise:* 7:05AM  
**Muruga:** White *Sunset:* 5:10PM  
**Nataraja:** Clear  
Moon – Green  
**Devaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 6  
Sutra 291  
Sobhana 5125  
Moon 13 - Phase 40 - 6th Phase

**Friday, February 2, 2024**  
**Retreat Star**

Tula Rasi: 13.05 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\* Yoga Balava Karana Ashtamyam Titau  
**Gulika 8:19AM – 9:35AM**  
Yama 2:39PM – 3:55PM  
**Rahu 10:51AM – 12:07PM**  
**Svati Until 7:19PM**  
Ganda\* Until 2:22AM Sat  
Balava Until 6:22PM  
**Ashtami\* Until 6:55AM Sat**

**Ganesha:** White *Sunrise:* 7:04AM  
**Muruga:** White *Sunset:* 5:11PM  
**Nataraja:** Clear  
Moon – Green  
**Devaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 7  
Sutra 292  
Sobhana 5125  
Moon 13 - Phase 40 - 7th Phase

**Saturday, February 3, 2024**  
**Retreat Star**

Tula Rasi: 25.28 Tithi 23 – 24

973237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 7:03AM – 8:19AM**  
Yama 1:24PM – 2:40PM  
**Rahu 9:35AM – 10:51AM**  
**Vishakha Until 8:52PM**  
Vriddhi Until 1:43AM Sun  
Taitila Until 7:17PM  
**Ashtami\* Until 6:55AM**

**Ganesha:** Clear *Sunrise:* 7:03AM  
**Muruga:** White *Sunset:* 5:12PM  
**Nataraja:** Clear  
Moon – Orange  
**Sivaloka Day**  
Pausha\*Thai

Stamford, CT  
Sun 8  
Sutra 293  
Sobhana 5125  
Moon 13 - Phase 40 - 8th Phase


<b>1</b>	<b>Sunday, February 4, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam	Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Pakshe Bhanu Vasara Yuktayam	Stamford, CT
	Vrischika Rasi: 8.14 Tithi 24 – 25	<b>Gulika</b> 2:40PM – 3:57PM	<b>Anuradha Until 9:24PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:01AM	Sun 9 Sutra 294
	973237577	<b>Rahu</b> 3:57PM – 5:13PM	Dhruva Until 12:21AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	Sobhana 5125
	Routine Work Marana Yoga		Vanija Until 7:17PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 9
		<b>Navami* Until 7:23AM</b>	Moon – Orange	<b>Sivaloka Day</b>	2nd Phase
			<b>Pausha*Thai</b>		

<b>2</b>	<b>Monday, February 5, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam	Jyeshtha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Pakshe Indu Vasara Yuktayam	Stamford, CT
	Vrischika Rasi: 21.26 Tithi 25 – 26	<b>Gulika</b> 1:24PM – 2:41PM	<b>Jyeshtha* Until 8:55PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:00AM	Sun 10 Sutra 295
	<b>Family Home Evening</b>	<b>Rahu</b> 8:17AM – 9:34AM	Vyaghata* Until 10:18PM	<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	Sobhana 5125
	973237577		Bava Until 6:24PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 10
Creative Work Siddha Yoga		<b>Dashami Until 6:56AM</b>	Moon – Orange	<b>Sivaloka Day</b>	2nd Phase
			<b>Pausha*Thai</b>		

<b>3</b>	<b>Tuesday, February 6, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam	Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau	Pakshe Mangala Vasara Yuktayam	Stamford, CT
	Dhanus Rasi: 5.09 Tithi 27	<b>Gulika</b> 12:08PM – 1:25PM	<b>Mula* Until 7:55PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:59AM	Sun 11 Sutra 296
	983337577	<b>Rahu</b> 2:42PM – 3:59PM	Harshana Until 7:36PM	<b>Muruga:</b> White <i>Sunset:</i> 5:16PM	Sobhana 5125
	Creative Work Amrita Yoga		Kaulava Until 4:40PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 11
Until 7:55PM		<b>Dvodashi* Until 3:31AM Wed</b>	Moon – Light Blue	<b>Devaloka Day</b>	2nd Phase
Then Creative Work - Siddha Yoga			<b>Pausha*Thai</b>		

<b>4</b>	<b>Wednesday, February 7, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam	Purvashadha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Pakshe Budha Vasara Yuktayam	Stamford, CT
	Dhanus Rasi: 19.2 Tithi 28	<b>Gulika</b> 10:50AM – 12:08PM	<b>Purvashadha* Until 6:04PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:58AM	Sun 12 Sutra 297
	983337577	<b>Rahu</b> 12:08PM – 1:25PM	Vajra* Until 4:19PM	<b>Muruga:</b> White <i>Sunset:</i> 5:17PM	Sobhana 5125
	Creative Work Amrita Yoga		Gara Until 2:13PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 12
		<b>Trayodashi* Until 12:46AM Thu</b>	Moon – Light Blue	<b>Devaloka Day</b>	2nd Phase
			<b>Pausha*Thai</b>		
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Thursday, February 8, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	Uttarashadha/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Pakshe Guru Vasara Yuktayam	Stamford, CT
	Makara Rasi: 3.58 Tithi 29	<b>Gulika</b> 9:32AM – 10:50AM	<b>Uttarashadha Until 3:34PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:57AM	Sun 13 Sutra 298
	983337577	<b>Rahu</b> 1:25PM – 2:43PM	Siddhi Until 12:37PM	<b>Muruga:</b> White <i>Sunset:</i> 5:18PM	Sobhana 5125
	Routine Work Marana Yoga		Visti Until 11:13AM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 13
Until 3:34PM		<b>Chaturdashi* Until 9:32PM</b>	Moon – Light Blue	<b>Devaloka Day</b>	2nd Phase
Then Creative Work - Siddha Yoga			<b>Pausha*Thai</b>		

	<b>Friday, February 9, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam	Shravana/Dhanishtha Nakshatra Vyatipata*/Vanyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Pakshe Sukra Vasara Yuktayam	Stamford, CT
	Makara Rasi: 18.56 Tithi 30	<b>Gulika</b> 8:14AM – 9:32AM	<b>Shravana Until 12:59PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:56AM	Sun 14 Sutra 299
	993337577	<b>Rahu</b> 10:50AM – 12:08PM	Vyatipata* Until 8:36AM	<b>Muruga:</b> White <i>Sunset:</i> 5:20PM	Sobhana 5125
	Routine Work Marana Yoga		Catuspada Until 7:49AM	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 14
Until 12:59PM		<b>Amavasya* Until 6:00PM</b>	Moon – Purple	<b>Devaloka Day</b>	Amavasya
Then Creative Work - Siddha Yoga			<b>Pausha*Thai</b>		

<b>Retreat Star</b>	<b>Saturday, February 10, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam	Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Pakshe Manta Vasara Yuktayam	Stamford, CT
	Kumbha Rasi: 4.04 Tithi 1 – 2	<b>Gulika</b> 6:55AM – 8:13AM	<b>Dhanishtha Until 10:05AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:55AM	Sun 15 Sutra 300
	993337577	<b>Rahu</b> 9:31AM – 10:50AM	Parigha* Until 12:10AM Sun	<b>Muruga:</b> White <i>Sunset:</i> 5:21PM	Sobhana 5125
	Creative Work Siddha Yoga		Balava Until 12:32AM Sun	<b>Nataraja:</b> Orange	Moon 13 - Phase 41 - 15
Until 10:05AM		<b>Prathama* Until 2:21PM</b>	Moon – Purple	<b>Devaloka Day</b>	Prathama
Then Creative Work - Amrita Yoga			<b>Magha*Thai</b>		

<b>1</b>	<b>Sunday, February 11, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosnthpada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau					Stamford, CT Sun 16 Sutra 301
	Kumbha Rasi: 19.14    Tithi 2 – 3	<b>Gulika</b> 2:45PM – 4:04PM <b>Yama</b> 12:08PM – 1:26PM <b>Rahu</b> 4:04PM – 5:22PM	<b>Shatabhishak Until 7:04AM</b> Shiva Until 8:03PM Taitila Until 9:00PM <b>Dvitiya Until 10:44AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Purple <b>Magha*Thai</b>	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 5:22PM	Moon 13 - Phase 42 - 16 3rd Phase	
	Creative Work    Siddha Yoga	993337577					<b>Devaloka Day</b>

<b>2</b>	<b>Monday, February 12, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosnthpada Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau					Stamford, CT Sun 17 Sutra 302
	Meena Rasi: 4.16    Tithi 3 – 4	<b>Gulika</b> 1:27PM – 2:46PM <b>Yama</b> 10:49AM – 12:08PM <b>Rahu</b> 8:11AM – 9:30AM	<b>Uttaraprosnthpada Until 2:07AM Tue</b> Siddha Until 4:08PM Visti Until 4:15AM Tue <b>Tritiya Until 7:19AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear <b>Magha*Thai</b>	<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 5:23PM	Moon 13 - Phase 42 - 17 3rd Phase	
	<b>Family Home Evening</b> Creative Work    Siddha Yoga	914337577					<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, February 13, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau					Stamford, CT Sun 18 Sutra 303
	Meena Rasi: 19.01    Tithi 5	<b>Gulika</b> 12:08PM – 1:27PM <b>Yama</b> 9:29AM – 10:49AM <b>Rahu</b> 2:46PM – 4:05PM	<b>Revati Until 12:04AM Wed</b> Sadhya Until 12:34PM Bava Until 2:54PM <b>Panchami Until 1:40AM Wed</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear <b>Magha*Masi</b>	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 5:25PM	Moon 13 - Phase 42 - 18 3rd Phase	
	Creative Work    Siddha Yoga Until 12:04AM Wed Then Routine Work - Marana Yoga	914337577					<b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, February 14, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau					Stamford, CT Sun 19 Sutra 304
	Mesha Rasi: 3.26    Tithi 6	<b>Gulika</b> 10:48AM – 12:08PM <b>Yama</b> 8:09AM – 9:29AM <b>Rahu</b> 12:08PM – 1:27PM	<b>Ashvini Until 10:53PM</b> Subha Until 9:27AM Kaulava Until 12:37PM <b>Shashthi* Until 11:41PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha*Masi</b>	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 5:26PM	Moon 13 - Phase 42 - 19 3rd Phase	
	Routine Work    Marana Yoga Until 10:53PM Then Creative Work - Siddha Yoga	924347577					<b>Bhuloka Day</b> <b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>	<b>Thursday, February 15, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau					Stamford, CT Sun 20 Sutra 305
	Mesha Rasi: 17.26    Tithi 7	<b>Gulika</b> 9:28AM – 10:48AM <b>Yama</b> 6:48AM – 8:08AM <b>Rahu</b> 1:28PM – 2:47PM	<b>Bharani Until 10:13PM</b> Sukla Until 6:49AM Gara Until 10:58AM <b>Saptami Until 10:22PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha*Masi</b>	<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 5:27PM	Moon 13 - Phase 42 - 20 3rd Phase	
	Creative Work    Siddha Yoga Until 10:13PM Then Routine Work - Marana Yoga	924347577					<b>Bhuloka Day</b> <b>Devaloka Time: 3:PM to 6:PM</b>

<b>6</b>	<b>Friday, February 16, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau					Stamford, CT Sun 21 Sutra 306
	<b>Retreat Star</b> Vrishabha Rasi: 1.01    Tithi 8	<b>Gulika</b> 8:07AM – 9:27AM <b>Yama</b> 2:48PM – 4:08PM <b>Rahu</b> 10:48AM – 12:08PM	<b>Krittika Until 10:04PM</b> Indra Until 3:11AM Sat Visti Until 9:59AM <b>Ashtami* Until 9:44PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha*Masi</b>	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 5:28PM	Moon 13 - Phase 42 - 21 Ashtami	
	Creative Work    Siddha Yoga Until 10:04PM Then Routine Work - Marana Yoga	924347577					<b>Bhuloka Day</b> <b>Devaloka Time: 3:PM to 6:PM</b>

<b>7</b>	<b>Saturday, February 17, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau					Stamford, CT Sun 22 Sutra 307
	<b>Retreat Star</b> Vrishabha Rasi: 14.14    Tithi 9	<b>Gulika</b> 6:46AM – 8:06AM <b>Yama</b> 1:28PM – 2:49PM <b>Rahu</b> 9:27AM – 10:47AM	<b>Rohini Until 10:51PM</b> Vaidhriti* Until 2:06AM Sun Balava Until 9:41AM <b>Navami* Until 9:45PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Yellow <b>Magha*Masi</b>	<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 5:30PM	Moon 13 - Phase 42 - 22 Navami	
	Creative Work    Amrita Yoga Until 10:51PM Then Creative Work - Siddha Yoga	934347577					<b>Devaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda


<b>1</b>	<b>Sunday, February 18, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau						Stamford, CT Sun 23 Sutra 308
	Vrishabha Rasi: 27.08	Tithi 10	<b>Gulika</b> 2:49PM – 4:10PM	<b>Mrigashira Until 12:03AM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:44AM		Sobhana 5125
			Yama 12:08PM – 1:28PM	Vishkambha* Until 1:30AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 13 - Phase 43 - 23	4th Phase
	934347577	<b>Rahu</b> 4:10PM – 5:31PM		Taitila Until 10:00AM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Dashami Until 10:21PM</b>	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Magha*Masi</b>				

<b>2</b>	<b>Monday, February 19, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau						Stamford, CT Sun 24 Sutra 309
	Mithuna Rasi: 9.46	Tithi 11	<b>Gulika</b> 1:29PM – 2:50PM	<b>Ardra Until 1:34AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:43AM		Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:46AM – 12:07PM	Priti Until 1:16AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 13 - Phase 43 - 24	4th Phase
	934347577	<b>Rahu</b> 8:04AM – 9:25AM		Vanija Until 10:52AM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:28PM</b>	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Magha*Masi</b>				

<b>3</b>	<b>Tuesday, February 20, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau						Stamford, CT Sun 25 Sutra 310
	Mithuna Rasi: 22.11	Tithi 12	<b>Gulika</b> 12:07PM – 1:29PM	<b>Punarvasu Until 3:48AM Wed</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:42AM		Sobhana 5125
			Yama 9:25AM – 10:46AM	Ayushman Until 1:20AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 13 - Phase 43 - 25	4th Phase
	944347577	<b>Rahu</b> 2:50PM – 4:12PM		Bava Until 12:12PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Dvadashi Until 1:00AM Wed</b>	Moon – Blue		<b>Bhuloka Day</b>		
				<b>Magha*Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>4</b>	<b>Wednesday, February 21, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau						Stamford, CT Sun 26 Sutra 311
	Kataka Rasi: 4.26	Tithi 13	<b>Gulika</b> 10:46AM – 12:07PM	<b>Pushya Until 6:12AM Thu</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:40AM		Sobhana 5125
			Yama 8:02AM – 9:24AM	Saubhagya Until 1:41AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 13 - Phase 43 - 26	4th Phase
	944347577	<b>Rahu</b> 12:07PM – 1:29PM		Kaulava Until 1:55PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:53AM Thu</b>	Moon – Blue		<b>Bhuloka Day</b>		
				<b>Magha*Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
				<i>Pradosha Vrata</i>				

<b>5</b>	<b>Thursday, February 22, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau						Stamford, CT Sun 27 Sutra 312
	Kataka Rasi: 16.33	Tithi 14	<b>Gulika</b> 9:23AM – 10:45AM	<b>Pushya Until 6:12AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:39AM		Sobhana 5125
			Yama 6:39AM – 8:01AM	Sobhana Until 2:16AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 13 - Phase 43 - 27	4th Phase
	944347577	<b>Rahu</b> 1:29PM – 2:51PM		Gara Until 3:57PM	<b>Nataraja:</b> Orange			
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:03AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 6:12AM		<b>Chidambaram Abhishekam</b>		<b>Magha*Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga								

	<b>Friday, February 23, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti* Karana Purnimayam Titau						Stamford, CT Sun 28 Sutra 313
	Kataka Rasi: 28.33	Tithi 15	<b>Gulika</b> 8:00AM – 9:22AM	<b>Ashlesha* Until 8:43AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:37AM		Sobhana 5125
			Yama 2:52PM – 4:14PM	Athiganda* Until 3:00AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 13 - Phase 43 -	Purnima
	944347577	<b>Rahu</b> 10:45AM – 12:07PM		Visti Until 6:15PM	<b>Nataraja:</b> Orange			
Routine Work	Marana Yoga		<b>Purnima* Until 7:28AM Sat</b>	Moon – Blue		<b>Bhuloka Day</b>		
				<b>Magha*Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>Saturday, February 24, 2024</b>	<b>Silver Retreat Star</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau						Stamford, CT Sun 29 Sutra 314
	Simha Rasi: 10.28	Tithi 15 – 16	<b>Gulika</b> 6:36AM – 7:59AM	<b>Magha* Until 11:47AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:36AM		Sobhana 5125
			Yama 1:30PM – 2:52PM	Sukarma Until 3:54AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 13 - Phase 43 -	Prathama
	954347577	<b>Rahu</b> 9:21AM – 10:44AM		Balava Until 8:46PM	<b>Nataraja:</b> Orange			
Creative Work	Amrita Yoga		<b>Purnima* Until 7:28AM</b>	Moon – Red		<b>Devaloka Day</b>		
Until 11:47AM				<b>Magha*Masi</b>				
Then Creative Work - Siddha Yoga								



<b>Sunday, February 25, 2024</b> <b>Gold Retreat Star</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Stamford, CT Sutra 315 Sobhana 5125	
Simha Rasi: 22.18	Tithi 16 – 17	<b>Gulika</b> 2:53PM – 4:16PM Yama 12:07PM – 1:30PM <b>Rahu</b> 4:16PM – 5:39PM	<b>Purvaphalguni Until 2:50PM</b> Dhriti Until 4:53AM Mon Taitila Until 11:25PM <b>Prathama* Until 10:04AM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Red <b>Magha* Masi</b>	Sunrise: 6:34AM Sunset: 5:39PM Moon 1 - Phase 44 - 1st Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 2:50PM Then Creative Work - Amrita Yoga					

<b>Monday, February 26, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 1 Sutra 316 Sobhana 5125	
Kanya Rasi: 4.07	Tithi 17 – 18	<b>Gulika</b> 1:30PM – 2:53PM Yama 10:43AM – 12:07PM <b>Rahu</b> 7:56AM – 9:20AM	<b>Uttaraphalguni Until 5:47PM</b> Shula* Until 5:51AM Tue Vanija Until 2:05AM Tue <b>Dvitiya Until 12:44PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Red <b>Magha* Masi</b>	Sunrise: 6:33AM Sunset: 5:40PM Moon 1 - Phase 44 - 1st Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga					

<b>Tuesday, February 27, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ganda* Vriddhi Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau		Stamford, CT Sun 2 Sutra 317 Sobhana 5125	
Kanya Rasi: 15.55	Tithi 18 – 19	<b>Gulika</b> 12:06PM – 1:30PM Yama 9:19AM – 10:43AM <b>Rahu</b> 2:54PM – 4:18PM	<b>Hasta Until 9:01PM</b> Ganda* Until 6:44AM Wed Bava Until 4:40AM Wed <b>Tritiya Until 3:23PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Green <b>Magha* Masi</b>	Sunrise: 6:31AM Sunset: 5:41PM Moon 1 - Phase 44 - 2 1st Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga					

<b>Wednesday, February 28, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Ganda* Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 3 Sutra 318 Sobhana 5125	
Kanya Rasi: 27.46	Tithi 19 – 20	<b>Gulika</b> 10:42AM – 12:06PM Yama 7:54AM – 9:18AM <b>Rahu</b> 12:06PM – 1:30PM	<b>Chitra Until 11:52PM</b> Ganda* Until 6:44AM Kaulava Until 6:57AM Thu <b>Chaturthi* Until 5:50PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Green <b>Magha* Masi</b>	Sunrise: 6:30AM Sunset: 5:43PM Moon 1 - Phase 44 - 3 1st Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Maha Sankatahara Chaturthi					

<b>Thursday, February 29, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau		Stamford, CT Sun 4 Sutra 319 Sobhana 5125	
Tula Rasi: 9.43	Tithi 20	<b>Gulika</b> 9:17AM – 10:42AM Yama 6:28AM – 7:53AM <b>Rahu</b> 1:30PM – 2:55PM	<b>Svati Until 2:11AM Fri</b> Vriddhi Until 7:26AM Kaulava Until 6:57AM <b>Panchami Until 7:56PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Green <b>Magha* Masi</b>	Sunrise: 6:28AM Sunset: 5:44PM Moon 1 - Phase 44 - 4 1st Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 2:11AM Fri Then Creative Work - Siddha Yoga					

<b>Friday, March 1, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau		Stamford, CT Sun 5 Sutra 320 Sobhana 5125	
Tula Rasi: 21.51	Tithi 21	<b>Gulika</b> 7:50AM – 9:15AM Yama 2:56PM – 4:21PM <b>Rahu</b> 10:41AM – 12:06PM	<b>Vishakha Until 4:15AM Sat</b> Dhruva Until 7:45AM Gara Until 8:48AM <b>Shashthi* Until 9:29PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Orange <b>Magha* Masi</b>	Sunrise: 6:25AM Sunset: 5:46PM Moon 1 - Phase 44 - 5 1st Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga					

<b>Saturday, March 2, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau		Stamford, CT Sun 6 Sutra 321 Sobhana 5125	
Vrischika Rasi: 4.14	Tithi 22	<b>Gulika</b> 6:24AM – 7:49AM Yama 1:31PM – 2:56PM <b>Rahu</b> 9:15AM – 10:40AM	<b>Anuradha Until 5:28AM Sun</b> Vyaghata* Until 7:38AM Visti Until 10:02AM <b>Saptami Until 10:21PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Orange <b>Magha* Masi</b>	Sunrise: 6:24AM Sunset: 5:47PM Moon 1 - Phase 44 - 6 1st Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 5:28AM Sun Then Routine Work - Marana Yoga					

<b>Sunday, March 3, 2024</b> <b>Retreat Star</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau		Stamford, CT Sun 7 Sutra 322 Sobhana 5125	
Vrischika Rasi: 16.56	Tithi 23	<b>Gulika</b> 2:57PM – 4:23PM Yama 12:05PM – 1:31PM <b>Rahu</b> 4:23PM – 5:48PM	<b>Jyeshtha* Until 5:45AM Mon</b> Harshana Until 6:57AM Balava Until 10:30AM <b>Ashtami* Until 10:24PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Orange <b>Magha* Masi</b>	Sunrise: 6:22AM Sunset: 5:48PM Moon 1 - Phase 44 - 7 Ashtami <b>Devaloka Day</b>
Routine Work Marana Yoga Until 5:45AM Mon Then Creative Work - Siddha Yoga					

<b>Monday, March 4, 2024</b> <b>Retreat Star</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau		Stamford, CT Sun 8 Sutra 323 Sobhana 5125	
Dhanus Rasi: 0.02	Tithi 24	<b>Gulika</b> 1:31PM – 2:57PM Yama 10:39AM – 12:05PM <b>Rahu</b> 7:47AM – 9:13AM	<b>Mula* Until 5:30AM Tue</b> Siddhi Until 3:38AM Tue Taitila Until 10:08AM <b>Navami* Until 9:37PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Magha* Masi</b>	Sunrise: 6:21AM Sunset: 5:49PM Moon 1 - Phase 44 - 8 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, March 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT Sun 9 Sutra 324	
Dhanus Rasi: 14	Tithi 25	<b>Gulika</b> Yama	<b>12:05PM – 1:31PM</b> 9:12AM – 10:38AM	<b>Purvashadha* Until 4:21AM Wed</b> Vyatipata* Until 1:02AM Wed Vanija Until 8:57AM	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Light Blue	<b>Sunrise: 6:19AM</b> <b>Sunset: 5:51PM</b>	Moon 1 - Phase 45 - 9 2nd Phase
Creative Work Siddha Yoga Until 4:21AM Wed Then Creative Work - Amrita Yoga		186447577	<b>Rahu</b> <b>2:58PM – 4:24PM</b>	<b>Dashami Until 8:02PM</b>	<b>Devaloka Day</b> Magha*Masi		
<b>2</b>		<b>Wednesday, March 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 325	
Dhanus Rasi: 27.38	Tithi 26 – 27	<b>Gulika</b> Yama	<b>10:38AM – 12:04PM</b> 7:44AM – 9:11AM	<b>Uttarashadha Until 2:22AM Thu</b> Variyan Until 9:50PM Bava Until 6:59AM	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Light Blue	<b>Sunrise: 6:17AM</b> <b>Sunset: 5:52PM</b>	Moon 1 - Phase 45 - 10 2nd Phase
Creative Work Amrita Yoga Until 2:22AM Thu Then Creative Work - Siddha Yoga		186447577	<b>Rahu</b> <b>12:04PM – 1:31PM</b>	<b>Ekadashi* Until 5:43PM</b>	<b>Devaloka Day</b> Magha*Masi		
<b>3</b>		<b>Thursday, March 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 326	
Makara Rasi: 12.07	Tithi 27 – 28	<b>Gulika</b> Yama	<b>9:10AM – 10:37AM</b> 6:16AM – 7:43AM	<b>Shravana Until 12:08AM Fri</b> Parigha* Until 6:12PM Gara Until 1:11AM Fri	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:16AM</b> <b>Sunset: 5:53PM</b>	Moon 1 - Phase 45 - 11 2nd Phase
Creative Work Siddha Yoga		196447577	<b>Rahu</b> <b>1:31PM – 2:59PM</b>	<b>Dvadashi* Until 2:48PM</b>	<b>Sivaloka Day</b> Magha*Masi		
		<i>Pradosha Vrata (Fasting)</i>					
<b>4</b>		<b>Friday, March 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 327	
Makara Rasi: 26.59	Tithi 28 – 29	<b>Gulika</b> Yama	<b>7:42AM – 9:09AM</b> 2:59PM – 4:26PM	<b>Dhanishtha Until 9:23PM</b> Shiva Until 2:13PM Visti Until 9:40PM	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:14AM</b> <b>Sunset: 5:54PM</b>	Moon 1 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga		196447577	<b>Rahu</b> <b>10:37AM – 12:04PM</b>	<b>Trayodashi* Until 11:27AM</b>	<b>Sivaloka Day</b> Magha*Masi		
		<b>Saturday, March 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 328	
<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>6:12AM – 7:40AM</b> 1:32PM – 2:59PM	<b>Shatabhishak Until 6:17PM</b> Siddha Until 10:00AM Naga Until 4:01AM Sun	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:12AM</b> <b>Sunset: 5:55PM</b>	Moon 1 - Phase 45 - 13 Amavasya
Kumbha Rasi: 12.07 Tithi 29 – 30 Creative Work Amrita Yoga Until 6:17PM Then Routine Work - Marana Yoga		196447577	<b>Rahu</b> <b>9:08AM – 10:36AM</b>	<b>Chaturdashi* Until 7:48AM</b>	<b>Sivaloka Day</b> Magha*Masi		
<b>Retreat Star</b>		<b>Sunday, March 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 14 Sutra 329	
Kumbha Rasi: 27.2	Tithi 1	<b>Gulika</b> Yama	<b>3:00PM – 4:28PM</b> 12:03PM – 1:32PM	<b>Purvaproshtapada* Until 3:25PM</b> Subha Until 1:28AM Mon Kintughna Until 2:09PM	<b>Ganesha: Orange</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Clear	<b>Sunrise: 6:11AM</b> <b>Sunset: 5:56PM</b>	Moon 1 - Phase 45 - 14 Prathama
Creative Work Siddha Yoga Until 3:25PM Then Creative Work - Amrita Yoga		116447577	<b>Rahu</b> <b>4:28PM – 5:56PM</b>	<b>Prathama* Until 12:17AM Mon</b>	<b>Devaloka Day</b> Phalgun*Masi		

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>Monday, March 11, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 330	
<b>1</b>	Meena Rasi: 12.32 Tithi 2	<b>Gulika</b> 1:32PM – 3:00PM	<b>Uttaraproshtapada Until 12:33PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:09AM	Sobhana 5125
Family Home Evening	116447577	Yama 10:35AM – 12:03PM	Sukla Until 9:23PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 46 - 15
Creative Work Siddha Yoga		<b>Rahu</b> 7:38AM – 9:06AM	Balava Until 10:30AM	<b>Nataraja:</b> Orange	3rd Phase
			<b>Dvitiya Until 8:45PM</b>	Moon – Clear	<b>Devaloka Day</b>
				<b>Phalguna*Mas</b>	

<b>Tuesday, March 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau		Stamford, CT Sun 16 Sutra 331	
<b>2</b>	Meena Rasi: 27.31 Tithi 3 – 4	<b>Gulika</b> 12:03PM – 1:32PM	<b>Revati Until 9:52AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:08AM	Sobhana 5125
	117447577	Yama 9:05AM – 12:03PM	Brahma Until 5:37PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:58PM	Moon 1 - Phase 46 - 16
Creative Work Siddha Yoga		<b>Rahu</b> 3:01PM – 4:29PM	Taitila Until 7:08AM	<b>Nataraja:</b> Orange	3rd Phase
			<b>Tritiya Until 5:35PM</b>	Moon – Clear	<b>Bhuloka Day</b>
				<b>Phalguna*Mas</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

**Subramuniyaswami Siva Vision Day**

<b>Wednesday, March 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 332	
<b>3</b>	Mesha Rasi: 12.11 Tithi 4 – 5	<b>Gulika</b> 10:33AM – 12:03PM	<b>Ashvini Until 7:54AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:06AM	Sobhana 5125
	127447577	Yama 7:35AM – 9:04AM	Indra Until 2:17PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:59PM	Moon 1 - Phase 46 - 17
Routine Work Marana Yoga		<b>Rahu</b> 12:03PM – 1:32PM	Bava Until 1:52AM Thu	<b>Nataraja:</b> Orange	3rd Phase
Until 7:54AM			<b>Chaturthi* Until 2:56PM</b>	Moon – White	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna*Mas</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Thursday, March 14, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Stamford, CT Sun 18 Sutra 333	
<b>4</b>	Mesha Rasi: 26.25 Tithi 5 – 6	<b>Gulika</b> 9:03AM – 10:33AM	<b>Bharani Until 6:24AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:04AM	Sobhana 5125
	127447578	Yama 6:04AM – 7:34AM	Vaidhriti* Until 11:27AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:01PM	Moon 1 - Phase 46 - 18
Creative Work Siddha Yoga		<b>Rahu</b> 1:32PM – 3:01PM	Kaulava Until 12:12AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Until 6:24AM			<b>Panchami Until 12:55PM</b>	Moon – White	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga		<b>Karadayyan Nombu (Tamil Nadu)</b>		<b>Phalguna*Panguni</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Friday, March 15, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 334	
<b>5</b>	Vrishabha Rasi: 10.13 Tithi 6 – 7	<b>Gulika</b> 7:32AM – 9:02AM	<b>Rohini Until 5:33AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM	Sobhana 5125
	137447578	Yama 3:02PM – 4:32PM	Vishkambha* Until 9:12AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:02PM	Moon 1 - Phase 46 - 19
Routine Work Marana Yoga		<b>Rahu</b> 10:32AM – 12:02PM	Gara Until 11:18PM	<b>Nataraja:</b> Clear	3rd Phase
Until 5:33AM Sat			<b>Shashthi* Until 11:38AM</b>	Moon – Yellow	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna*Panguni</b>	


<b>Saturday, March 16, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 20 Sutra 335	
<b>Retreat Star</b>	Vrishabha Rasi: 23.34 Tithi 7 – 8	<b>Gulika</b> 6:01AM – 7:31AM	<b>Mrigashira Until 6:15AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM	Sobhana 5125
	137447578	Yama 1:32PM – 3:02PM	Priti Until 7:35AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:03PM	Moon 1 - Phase 46 - 20
Creative Work Siddha Yoga		<b>Rahu</b> 9:01AM – 10:32AM	Visti Until 11:11PM	<b>Nataraja:</b> Clear	Ashtami
			<b>Saptami Until 11:07AM</b>	Moon – Yellow	<b>Devaloka Day</b>
				<b>Phalguna*Panguni</b>	

<b>Sunday, March 17, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 336	
<b>Retreat Star</b>	Mithuna Rasi: 6.31 Tithi 8 – 9	<b>Gulika</b> 3:03PM – 4:33PM	<b>Mrigashira Until 6:15AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM	Sobhana 5125
	137447578	Yama 12:01PM – 1:32PM	Ayushman Until 6:33AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:04PM	Moon 1 - Phase 46 - 21
Creative Work Siddha Yoga		<b>Rahu</b> 4:33PM – 6:04PM	Balava Until 11:48PM	<b>Nataraja:</b> Clear	Navami
			<b>Ashtami* Until 11:23AM</b>	Moon – Yellow	<b>Devaloka Day</b>
				<b>Phalguna*Panguni</b>	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Stamford, CT on 11/20/21


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<b>1</b>	<b>Monday, March 18, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT
	Mithuna Rasi: 19.08 Tithi 9 – 10 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 7:30AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:32PM – 3:03PM Yama 10:30AM – 12:01PM <b>Rahu</b> 7:28AM – 8:59AM	<b>Ardra Until 7:30AM</b> Saubhagya Until 6:05AM Taitila Until 1:04AM Tue <b>Navami* Until 12:20PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna•Panguni</b>
<b>2</b>	<b>Tuesday, March 19, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT
	Kataka Rasi: 1.28 Tithi 10 – 11 148447578 Creative Work Siddha Yoga	<b>Gulika</b> 12:01PM – 1:32PM Yama 8:58AM – 10:30AM <b>Rahu</b> 3:03PM – 4:35PM	<b>Punarvasu Until 9:39AM</b> Sobhana Until 6:06AM Vanija Until 2:51AM Wed <b>Dashami Until 1:53PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:56AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:06PM <b>Nataraja:</b> Clear Moon – Blue <b>Phalguna•Panguni</b>
<b>3</b>	<b>Wednesday, March 20, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT
	Kataka Rasi: 13.35 Tithi 11 – 12 148447578 Creative Work Siddha Yoga	<b>Gulika</b> 10:29AM – 12:01PM Yama 7:26AM – 8:57AM <b>Rahu</b> 12:01PM – 1:32PM	<b>Pushya Until 12:07PM</b> Athiganda* Until 6:28AM Bava Until 5:02AM Thu <b>Ekadashi Until 3:53PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:54AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Blue <b>Phalguna•Panguni</b>
<b>4</b>	<b>Thursday, March 21, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashyam Titau		Stamford, CT
	Kataka Rasi: 25.34 Tithi 12 148447578 Creative Work Siddha Yoga Until 2:44PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:56AM – 10:28AM Yama 5:53AM – 7:24AM <b>Rahu</b> 1:32PM – 3:04PM	<b>Ashlesha* Until 2:44PM</b> Sukarma Until 7:09AM Balava Until 6:13PM <b>Dvadashi Until 6:13PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:53AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon – Blue <b>Phalguna•Panguni</b>
<b>5</b>	<b>Friday, March 22, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT
	Simha Rasi: 7.27 Tithi 13 158447578 Routine Work Marana Yoga Until 5:54PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:23AM – 8:55AM Yama 3:05PM – 4:37PM <b>Rahu</b> 10:28AM – 12:00PM	<b>Magha* Until 5:54PM</b> Dhriti Until 8:02AM Kaulava Until 7:30AM <b>Trayodashi Until 8:46PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:51AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Red <b>Phalguna•Panguni</b>
<b>6</b>	<b>Saturday, March 23, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT
	Simha Rasi: 19.16 Tithi 14 158447578 Creative Work Siddha Yoga Until 9:00PM Then Routine Work - Marana Yoga	<b>Gulika</b> 5:49AM – 7:22AM Yama 1:32PM – 3:05PM <b>Rahu</b> 8:54AM – 10:27AM	<b>Purvaphalguni Until 9:00PM</b> Shula* Until 9:00AM Gara Until 10:05AM <b>Chaturdashi* Until 11:23PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Red <b>Phalguna•Panguni</b>
	<b>Sunday, March 24, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhdi Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT
	<b>Copper Retreat Star</b> Kanya Rasi: 1.05 Tithi 15 158447578 Creative Work Amrita Yoga	<b>Gulika</b> 3:05PM – 4:38PM Yama 11:59AM – 1:32PM <b>Rahu</b> 4:38PM – 6:11PM	<b>Uttaraphalguni Until 11:55PM</b> Ganda* Until 10:00AM Visti Until 12:43PM <b>Purnima* Until 1:59AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:47AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Clear Moon – Red <b>Phalguna•Panguni</b>
<b>7</b>	<b>Monday, March 25, 2024</b>	Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhdi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT
	<b>Silver Retreat Star</b> Kanya Rasi: 12.55 Tithi 16 169447578 Creative Work Siddha Yoga	<b>Gulika</b> 1:32PM – 3:06PM Yama 10:26AM – 11:59AM <b>Rahu</b> 7:19AM – 8:52AM	<b>Hasta Until 3:02AM Tue</b> Vridhdi Until 10:57AM Balava Until 3:15PM <b>Prathama* Until 4:26AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:46AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Green <b>Phalguna•Panguni</b>

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Stamford, CT on 11/20/21

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	<b>Tuesday, March 26, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
	<b>Gold Retreat Star</b>	Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau		Sutra 345	
Kanya Rasi: 24.48	Tithi 17	<b>Gulika</b> 11:59AM – 1:32PM	<b>Chitra Until 5:45AM Wed</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:44AM	Sobhana 5125
		Yama 8:51AM – 10:25AM	Dhruva Until 11:45AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:13PM	Moon 2 - Phase 48 -
	169447578	<b>Rahu</b> 3:06PM – 4:40PM	Taitila Until 5:35PM	<b>Nataraja:</b> Clear	1st Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:38AM Wed</b>	Moon – Green	<b>Bhuloka Day</b>
				Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM

<b>1</b>	<b>Wednesday, March 27, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
		Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Sun 1 Sutra 346	
Tula Rasi: 6.47	Tithi 17 – 18	<b>Gulika</b> 10:24AM – 11:58AM	<b>Svati Until 7:59AM Thu</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:42AM	Sobhana 5125
		Yama 7:16AM – 8:50AM	Vyaghata* Until 12:22PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM	Moon 2 - Phase 48 - 1
	169447578	<b>Rahu</b> 11:58AM – 1:32PM	Vanija Until 7:38PM	<b>Nataraja:</b> Clear	1st Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:38AM</b>	Moon – Green	<b>Bhuloka Day</b>
				Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, March 28, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
		Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau		Sun 2 Sutra 347	
Tula Rasi: 18.54	Tithi 18 – 19	<b>Gulika</b> 8:49AM – 10:24AM	<b>Svati Until 7:59AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:41AM	Sobhana 5125
		Yama 5:41AM – 7:15AM	Harshana Until 12:43PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:16PM	Moon 2 - Phase 48 - 2
	169547578	<b>Rahu</b> 1:33PM – 3:07PM	Bava Until 9:17PM	<b>Nataraja:</b> Clear	1st Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 8:29AM</b>	Moon – Green	<b>Devaloka Day</b>
Until 7:59AM				Phalguna*Panguni	
Then Creative Work - Siddha Yoga					

<b>3</b>	<b>Friday, March 29, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
		Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Sun 3 Sutra 348	
Vrischika Rasi: 1.11	Tithi 19 – 20	<b>Gulika</b> 7:14AM – 8:49AM	<b>Vishakha Until 10:07AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:39AM	Sobhana 5125
		Yama 3:07PM – 4:42PM	Vajra* Until 12:42PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:17PM	Moon 2 - Phase 48 - 3
	179547578	<b>Rahu</b> 10:23AM – 11:58AM	Kaulava Until 10:27PM	<b>Nataraja:</b> Clear	1st Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:54AM</b>	Moon – Orange	<b>Sivaloka Day</b>
				Phalguna*Panguni	

<b>4</b>	<b>Saturday, March 30, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
		Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau		Sun 4 Sutra 349	
Vrischika Rasi: 13.42	Tithi 20 – 21	<b>Gulika</b> 5:37AM – 7:13AM	<b>Anuradha Until 11:36AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:37AM	Sobhana 5125
		Yama 1:33PM – 3:08PM	Siddhi Until 12:17PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:18PM	Moon 2 - Phase 48 - 4
	179547578	<b>Rahu</b> 8:48AM – 10:23AM	Gara Until 11:03PM	<b>Nataraja:</b> Clear	1st Phase
Creative Work	Siddha Yoga		<b>Panchami Until 10:48AM</b>	Moon – Orange	<b>Sivaloka Day</b>
				Phalguna*Panguni	

<b>5</b>	<b>Sunday, March 31, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
		Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Sun 5 Sutra 350	
Vrischika Rasi: 26.29	Tithi 21 – 22	<b>Gulika</b> 3:08PM – 4:43PM	<b>Jyeshtha* Until 12:21PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:36AM	Sobhana 5125
		Yama 11:57AM – 1:33PM	Vyatipata* Until 11:26AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:19PM	Moon 2 - Phase 48 - 5
	179547578	<b>Rahu</b> 4:43PM – 6:19PM	Visti Until 11:02PM	<b>Nataraja:</b> Clear	1st Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 11:06AM</b>	Moon – Orange	<b>Sivaloka Day</b>
Until 12:21PM				Phalguna*Panguni	
Then Creative Work - Amrita Yoga					

<b>D</b>	<b>Monday, April 1, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
	<b>Retreat Star</b>	Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Sun 6 Sutra 351	
Dhanus Rasi: 9.34	Tithi 22 – 23	<b>Gulika</b> 1:33PM – 3:08PM	<b>Mula* Until 12:46PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:36AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:22AM – 11:57AM	Variyan Until 10:02AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:19PM	Moon 2 - Phase 48 - 6
	189547578	<b>Rahu</b> 7:11AM – 8:47AM	Balava Until 10:21PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 10:46AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 12:46PM				Phalguna*Panguni	
Then Routine Work - Marana Yoga					

<b>T</b>	<b>Tuesday, April 2, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
	<b>Retreat Star</b>	Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Sun 7 Sutra 352	
Dhanus Rasi: 23.01	Tithi 23 – 24	<b>Gulika</b> 11:57AM – 1:33PM	<b>Purvashadha* Until 12:22PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:34AM	Sobhana 5125
		Yama 8:46AM – 10:21AM	Parigha* Until 8:07AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:20PM	Moon 2 - Phase 48 - 7
	181547578	<b>Rahu</b> 3:08PM – 4:44PM	Taitila Until 9:00PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:44AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 12:22PM				Phalguna*Panguni	
Then Routine Work - Prabalarishta Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


<b>1</b>	<b>Wednesday, April 3, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Makara Rasi: 6.52	Tithi 24 – 25	<b>Gulika</b> 10:21AM – 11:57AM	<b>Uttarashadha</b> Until 11:12AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM	Sun 8 Sutra 353
			Yama 7:09AM – 8:45AM	Siddha Until 2:46AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:21PM	Sobhana 5125
			181547578 <b>Rahu</b> 11:57AM – 1:33PM	Vanija Until 7:01PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 8
			<b>Navami*</b> Until 8:04AM	Moon – Light Blue		2nd Phase	
				<b>Phalguna*</b> Panguni		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, April 4, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Makara Rasi: 21.05	Tithi 26	<b>Gulika</b> 8:44AM – 10:20AM	<b>Shravana</b> Until 9:43AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:31AM	Sun 9 Sutra 354
			Yama 5:31AM – 7:07AM	Sadhya Until 11:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
			191547578 <b>Rahu</b> 1:33PM – 3:09PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 9
			<b>Ekadashi*</b> Until 3:01AM Fri	Moon – Purple		2nd Phase	
				<b>Phalguna*</b> Panguni		<b>Sivaloka Day</b>	

<b>3</b>	<b>Friday, April 5, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvadashyam Titau				Stamford, CT
	Kumbha Rasi: 5.4	Tithi 27	<b>Gulika</b> 7:06AM – 8:43AM	<b>Dhanishtha</b> Until 7:37AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:29AM	Sun 10 Sutra 355
			Yama 3:10PM – 4:46PM	Subha Until 7:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:23PM	Sobhana 5125
			191547578 <b>Rahu</b> 10:19AM – 11:56AM	Kaulava Until 1:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 10
			<b>Dvadashi*</b> Until 11:50PM	Moon – Purple		2nd Phase	
				<b>Phalguna*</b> Panguni		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, April 6, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Kumbha Rasi: 20.31	Tithi 28	<b>Gulika</b> 5:28AM – 7:05AM	<b>Purvaproshtapada*</b> Until 2:27AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:28AM	Sun 11 Sutra 356
			Yama 1:33PM – 3:10PM	Sukla Until 3:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM	Sobhana 5125
			111547578 <b>Rahu</b> 8:42AM – 10:19AM	Gara Until 10:09AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 11
			<b>Trayodashi*</b> Until 8:24PM	Moon – Clear		2nd Phase	
				<b>Phalguna*</b> Panguni		<b>Devaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, April 7, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
	Meena Rasi: 5.33	Tithi 29 – 30	<b>Gulika</b> 3:10PM – 4:48PM	<b>Uttaraproshtapada</b> Until 11:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:26AM	Sun 12 Sutra 357
			Yama 11:56AM – 1:33PM	Brahma Until 11:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:25PM	Sobhana 5125
			111547578 <b>Rahu</b> 4:48PM – 6:25PM	Visti Until 6:38AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 12
			<b>Chaturdashi*</b> Until 4:51PM	Moon – Clear		2nd Phase	
				<b>Phalguna*</b> Panguni		<b>Devaloka Day</b>	

	<b>Monday, April 8, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 1:33PM – 3:11PM	<b>Revati</b> Until 8:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	Sun 13 Sutra 358
	Meena Rasi: 20.37	Tithi 30 – 1	Yama 10:18AM – 11:55AM	Indra Until 7:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM	Sobhana 5125
	<b>Family Home Evening</b>		111547578 <b>Rahu</b> 7:02AM – 8:40AM	Kintughna Until 11:39PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 13
			<b>Amavasya*</b> Until 1:20PM	Moon – Clear		Amavasya	
				<b>Phalguna*</b> Panguni		<b>Devaloka Day</b>	

<b>6</b>	<b>Tuesday, April 9, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 11:55AM – 1:33PM	<b>Ashvini</b> Until 6:35PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:23AM	Sun 14 Sutra 359
	Mesha Rasi: 5.34	Tithi 1 – 2	Yama 8:39AM – 10:17AM	Vishkambha* Until 12:05AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:27PM	Sobhana 5125
			121547578 <b>Rahu</b> 3:11PM – 4:49PM	Balava Until 8:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 14
			<b>Prathama*</b> Until 10:00AM	Moon – White		Prathama	
				<b>Chaitra*</b> Panguni		<b>Devaloka Day</b>	
			<b>Chellappaswami Mahasamadhi</b>				

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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**1 Wednesday, April 10, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT  
 Bharani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360  
 Meshra Rasi: 20.17 Tithi 2 – 3 **Gulika 10:16AM – 11:55AM** **Bharani Until 4:34PM** **Ganesha: Yellow** Sunrise: 5:21AM Sobhana 5125  
 Yama 7:00AM – 8:38AM **Muruga: Clear** Sunset: 6:28PM Moon 2 - Phase 50 - 15  
 121547578 **Rahu 11:55AM – 1:33PM** **Priti Until 8:47PM** **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Gara Until 4:33AM Thu** Moon – White **Devaloka Day**  
 Until 4:34PM **Dvitiya Until 7:02AM** **Chaitra•Panguni**  
 Then Creative Work - Amrita Yoga

**2 Thursday, April 11, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT  
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Chaturthiyam Titau Sun 16 Sutra 361  
 Vrishabha Rasi: 4.38 Tithi 4 **Gulika 8:37AM – 10:16AM** **Krittika Until 2:58PM** **Ganesha: Yellow** Sunrise: 5:20AM Sobhana 5125  
 Yama 5:20AM – 6:58AM **Muruga: Clear** Sunset: 6:29PM Moon 2 - Phase 50 - 16  
 121547578 **Rahu 1:33PM – 3:12PM** **Ayushman Until 5:57PM** **Nataraja: Clear** 3rd Phase  
 Routine Work Marana Yoga **Vanija Until 3:34PM** Moon – White **Devaloka Day**  
**Chaturthi\* Until 2:42AM Fri** **Chaitra•Panguni**

**3 Friday, April 12, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT  
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362  
 Vishabha Rasi: 18.35 Tithi 5 **Gulika 6:57AM – 8:36AM** **Rohini Until 2:20PM** **Ganesha: Clear** Sunrise: 5:18AM Sobhana 5125  
 Yama 3:12PM – 4:51PM **Muruga: Clear** Sunset: 6:30PM Moon 2 - Phase 50 - 17  
 132547578 **Rahu 10:15AM – 11:54AM** **Saubhagya Until 3:41PM** **Nataraja: Clear** 3rd Phase  
 Routine Work Marana Yoga **Bava Until 2:04PM** Moon – Yellow **Devaloka Day**  
 Until 2:20PM **Panchami Until 1:35AM Sat** **Chaitra•Panguni**  
 Then Creative Work - Siddha Yoga

**4 Saturday, April 13, 2024** Sobhana Nama Samvatsare Utarayane Nartana Ritau Meshra Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT  
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363  
 Mithuna Rasi: 2.05 Tithi 6 **Gulika 5:16AM – 6:56AM** **Mrigashira Until 2:19PM** **Ganesha: Clear** Sunrise: 5:16AM Sobhana 5125  
 Yama 1:33PM – 3:13PM **Muruga: Clear** Sunset: 6:31PM Moon 2 - Phase 50 - 18  
 132547578 **Rahu 8:35AM – 10:15AM** **Sobhana Until 2:04PM** **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Kaulava Until 1:20PM** Moon – Yellow **Devaloka Day**  
**Shashthi\* Until 1:16AM Sun** **Chaitra•Chaitra**

**5 Sunday, April 14, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Meshra Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT  
 Ardra/Punarvasu Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364  
 Mithuna Rasi: 15.09 Tithi 7 **Gulika 3:13PM – 4:53PM** **Ardra Until 2:56PM** **Ganesha: White** Sunrise: 5:15AM Krodhin 5126  
 Yama 11:54AM – 1:33PM **Muruga: Clear** Sunset: 6:33PM Moon 2 - Phase 50 - 19  
 232547578 **Rahu 4:53PM – 6:33PM** **Athiganda\* Until 1:02PM** **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Gara Until 1:25PM** Moon – Yellow **Bhuloka Day**  
**Tamil New Year** **Saptami Until 1:44AM Mon** **Chaitra•Chaitra** **Devaloka Time: 3:PM to 6:PM**

**Monday, April 15, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Meshra Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT  
 Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1  
**Retreat Star** **Gulika 1:33PM – 3:14PM** **Punarvasu Until 4:36PM** **Ganesha: Clear** Sunrise: 5:13AM Krodhin 5126  
 Mithuna Rasi: 27.5 Tithi 8 **Yama 10:13AM – 11:53AM** **Sukarma Until 12:38PM** **Muruga: Clear** Sunset: 6:34PM Moon 2 - Phase 50 - 20  
**Family Home Evening** 242547578 **Rahu 6:53AM – 8:33AM** **Visti Until 2:16PM** **Nataraja: Clear** Ashtami  
 Creative Work Amrita Yoga **Ashtami\* Until 2:56AM Tue** Moon – Blue **Devaloka Day**  
 Until 4:36PM **Chaitra•Chaitra**  
 Then Creative Work - Siddha Yoga

**Tuesday, April 16, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Meshra Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT  
 Pushya Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2  
**Retreat Star** **Gulika 11:53AM – 1:34PM** **Pushya Until 6:45PM** **Ganesha: Clear** Sunrise: 5:12AM Krodhin 5126  
 Kataka Rasi: 10.11 Tithi 9 **Yama 8:33AM – 10:13AM** **Dhriti Until 12:46PM** **Muruga: Clear** Sunset: 6:35PM Moon 2 - Phase 50 - 21  
 242547578 **Rahu 3:14PM – 4:54PM** **Balava Until 3:47PM** **Nataraja: Clear** Navami  
 Creative Work Siddha Yoga **Navami\* Until 4:45AM Wed** Moon – Blue **Devaloka Day**  
**Sri Rama Navami** **Chaitra•Chaitra**

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, April 17, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 22 Sutra 3	
Kataka Rasi: 22.18	Tithi 10	<b>Gulika</b> 10:12AM – 11:53AM	<b>Ashlesha* Until 9:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM	Krodhin 5126	
		Yama 6:51AM – 8:32AM	Shula* Until 1:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 1 - 22	
	242547578	<b>Rahu</b> 11:53AM – 1:34PM	Taitila Until 5:51PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 7:01AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>	
				Chaitra*Chaitra			
<b>2</b>		<b>Thursday, April 18, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 23 Sutra 4	
Simha Rasi: 4.14	Tithi 10 – 11	<b>Gulika</b> 8:31AM – 10:12AM	<b>Magha* Until 12:24AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:09AM	Krodhin 5126	
		Yama 5:09AM – 6:50AM	Ganda* Until 2:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 1 - 23	
	252547578	<b>Rahu</b> 1:34PM – 3:15PM	Vanija Until 8:17PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 7:01AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 12:24AM Fri				Chaitra*Chaitra		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, April 19, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 24 Sutra 5	
Simha Rasi: 16.05	Tithi 11 – 12	<b>Gulika</b> 6:49AM – 8:30AM	<b>Purvaphalguni Until 3:31AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	Krodhin 5126	
		Yama 3:15PM – 4:56PM	Vridhhi Until 3:12PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 1 - 24	
	252557578	<b>Rahu</b> 10:11AM – 11:53AM	Bava Until 10:53PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 9:33AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:31AM Sat				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, April 20, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 25 Sutra 6	
Simha Rasi: 27.53	Tithi 12 – 13	<b>Gulika</b> 5:06AM – 6:47AM	<b>Uttaraphalguni Until 6:26AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Krodhin 5126	
		Yama 1:34PM – 3:16PM	Dhruva Until 4:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 1 - 25	
	252557578	<b>Rahu</b> 8:29AM – 10:11AM	Kaulava Until 1:28AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 12:10PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 6:26AM Sun				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
				Pradosha Vrata			
<b>5</b>		<b>Sunday, April 21, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 26 Sutra 7	
Kanya Rasi: 9.41	Tithi 13 – 14	<b>Gulika</b> 3:16PM – 4:58PM	<b>Uttaraphalguni Until 6:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	Krodhin 5126	
		Yama 11:52AM – 1:34PM	Vyaghata* Until 5:11PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 1 - 26	
	252557578	<b>Rahu</b> 4:58PM – 6:40PM	Gara Until 3:53AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi Until 2:41PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Chaitra*Chaitra			
<b>6</b>		<b>Monday, April 22, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sun 27 Sutra 8	
Kanya Rasi: 21.35	Tithi 14 – 15	<b>Gulika</b> 1:34PM – 3:16PM	<b>Hasta Until 9:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	Krodhin 5126	
<b>Family Home Evening</b>		Yama 10:10AM – 11:52AM	Harshana Until 5:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 1 - 27	
Creative Work	Siddha Yoga	262657578	Visti Until 5:58AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Until 9:29AM			<b>Chaturdashi* Until 4:57PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				Chaitra*Chaitra			
<b>○</b>		<b>Tuesday, April 23, 2024</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava Karana Purnimayam Titau		Stamford, CT Sutra 9	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:52AM – 1:34PM	<b>Chitra Until 12:02PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Krodhin 5126	
Tula Rasi: 3.37	Tithi 15	Yama 8:27AM – 10:09AM	Vajra* Until 6:26PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 1 -	
		262657578	Bava Until 6:51PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 6:51PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				Chaitra*Chaitra			
				Chitra Purnima (Tamil Nadu) Hanuman Jayanti			
<b>Wednesday, April 24, 2024</b>		<b>Silver Retreat Star</b>		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sutra 10	
Tula Rasi: 15.47	Tithi 16	<b>Gulika</b> 10:09AM – 11:52AM	<b>Svati Until 2:02PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	Krodhin 5126	
		Yama 6:43AM – 8:26AM	Siddhi Until 6:35PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 1 -	
		262657579	Balava Until 7:40AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 8:19PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				Chaitra*Chaitra			