

**Saturday, May 6, 2023**  
**Gold Retreat Star**

Vrischika Rasi: 1.11 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Varyan/Parigha\* Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

**Gulika** 4:58AM – 6:43AM  
**Yama** 1:42PM – 3:27PM  
**Rahu** 8:28AM – 10:13AM

**Vishakha Until 9:43AM**  
 Varyan Until 5:50PM  
 Taitila Until 9:39PM  
**Prathama\* Until 10:24AM**

**Ganesha:** White *Sunrise:* 4:58AM  
**Muruga:** Clear *Sunset:* 6:57PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

St. Louis, MO  
 Sutra 20  
 Sobhana 5125  
 Moon 4 - Phase 4 - 1st Phase

**1 Sunday, May 7, 2023**

Vrischika Rasi: 15.01 Tithi 17 – 18

272996579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 3:27PM – 5:12PM  
**Yama** 11:57AM – 1:42PM  
**Rahu** 5:12PM – 6:57PM

**Anuradha Until 8:50AM**  
 Parigha\* Until 3:20PM  
 Vanija Until 7:49PM  
**Dvitiya Until 8:45AM**

**Ganesha:** White *Sunrise:* 4:57AM  
**Muruga:** Clear *Sunset:* 6:57PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

St. Louis, MO  
 Sun 1 Sutra 21  
 Sobhana 5125  
 Moon 4 - Phase 4 - 1st Phase

**2 Monday, May 8, 2023**

Vrischika Rasi: 29.02 Tithi 18 – 19

**Family Home Evening**

272196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Shiva/Siddha Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:42PM – 3:28PM  
**Yama** 10:12AM – 11:57AM  
**Rahu** 6:41AM – 8:27AM

**Jyeshtha\* Until 7:29AM**  
 Shiva Until 12:36PM  
 Balava Until 4:37AM Tue  
**Tritiya Until 6:47AM**

**Ganesha:** Blue *Sunrise:* 4:56AM  
**Muruga:** Clear *Sunset:* 6:58PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

St. Louis, MO  
 Sun 2 Sutra 22  
 Sobhana 5125  
 Moon 4 - Phase 4 - 2 1st Phase

**3 Tuesday, May 9, 2023**

Dhanus Rasi: 13.12 Tithi 20

282196579

Creative Work Amrita Yoga

Until 6:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:57AM – 1:43PM  
**Yama** 8:26AM – 10:12AM  
**Rahu** 3:28PM – 5:14PM

**Mula\* Until 6:12AM**  
 Siddha Until 9:42AM  
 Kaulava Until 3:29PM  
**Panchami Until 2:19AM Wed**

**Ganesha:** Red *Sunrise:* 4:55AM  
**Muruga:** Clear *Sunset:* 6:59PM  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka\*Chaitra**

**Sivaloka Day**

St. Louis, MO  
 Sun 3 Sutra 23  
 Sobhana 5125  
 Moon 4 - Phase 4 - 3 1st Phase

**4 Wednesday, May 10, 2023**

Dhanus Rasi: 27.26 Tithi 21

283196579

Creative Work Amrita Yoga

Until 2:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarahadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:11AM – 11:57AM  
**Yama** 6:40AM – 8:26AM  
**Rahu** 11:57AM – 1:43PM

**Uttarahadha Until 2:58AM Thu**  
 Sadhya Until 6:44AM  
 Gara Until 1:10PM  
**Shashthi\* Until 11:59PM**

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruga:** Clear *Sunset:* 7:00PM  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka\*Chaitra**

**Subha Sivaloka Day**

St. Louis, MO  
 Sun 4 Sutra 24  
 Sobhana 5125  
 Moon 4 - Phase 4 - 4 1st Phase

**5 Thursday, May 11, 2023**

Makara Rasi: 11.42 Tithi 22

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shrivana Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:25AM – 10:11AM  
**Yama** 4:53AM – 6:39AM  
**Rahu** 1:43PM – 3:29PM

**Shrivana Until 1:35AM Fri**  
 Sukla Until 12:48AM Fri  
 Visti Until 10:50AM  
**Saptami Until 9:40PM**

**Ganesha:** Red *Sunrise:* 4:53AM  
**Muruga:** Clear *Sunset:* 7:01PM  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

St. Louis, MO  
 Sun 5 Sutra 25  
 Sobhana 5125  
 Moon 4 - Phase 4 - 5 1st Phase

**Chidambaram Abhishekam**

**Friday, May 12, 2023**  
**Retreat Star**

Makara Rasi: 25.56 Tithi 23

293196579

Creative Work Siddha Yoga

Until 12:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:38AM – 8:25AM  
**Yama** 3:30PM – 5:16PM  
**Rahu** 10:11AM – 11:57AM

**Dhanishtha Until 12:09AM Sat**  
 Brahma Until 9:55PM  
 Balava Until 8:34AM  
**Ashtami\* Until 7:26PM**

**Ganesha:** Red *Sunrise:* 4:52AM  
**Muruga:** Clear *Sunset:* 7:02PM  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

St. Louis, MO  
 Sun 6 Sutra 26  
 Sobhana 5125  
 Moon 4 - Phase 4 - 6 Ashtami

**Saturday, May 13, 2023**  
**Retreat Star**

Kumbha Rasi: 10.05 Tithi 24 – 25

293196579

Creative Work Amrita Yoga

Until 10:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Shatabhishak Nakshatra Indra Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

**Gulika** 4:51AM – 6:38AM  
**Yama** 1:44PM – 3:30PM  
**Rahu** 8:24AM – 10:11AM

**Shatabhishak Until 10:43PM**  
 Indra Until 7:10PM  
 Taitila Until 6:23AM  
**Navami\* Until 5:20PM**

**Ganesha:** Red *Sunrise:* 4:51AM  
**Muruga:** Clear *Sunset:* 7:03PM  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

St. Louis, MO  
 Sun 7 Sutra 27  
 Sobhana 5125  
 Moon 4 - Phase 4 - 7 Navami

<b>1 Sunday, May 14, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Louis, MO
Kumbha Rasi: 24.1	Tithi 25 – 26	<b>Gulika</b> 3:30PM – 5:17PM	<b>Purvaproshtapada* Until 9:43PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:50AM	Sun 8 Sutra 28
		Yama 11:57AM – 1:44PM	Vaidhriti* Until 4:31PM	<b>Muruga:</b> Clear	Sunset: 7:04PM	Sobhana 5125
		213196579 <b>Rahu</b> 5:17PM – 7:04PM	Bava Until 2:31AM Mon	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 8
Creative Work	Siddha Yoga			Moon – Clear		2nd Phase
Until 9:43PM		<b>Mother's Day</b>	<b>Dashami Until 3:23PM</b>	<b>Vaisaka*Vaikasi</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>2 Monday, May 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada* Nakshatra Vishkambha*/Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Louis, MO
Meena Rasi: 8.07	Tithi 26 – 27	<b>Gulika</b> 1:44PM – 3:31PM	<b>Uttaraproshtapada Until 8:49PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:49AM	Sun 9 Sutra 29
		Yama 10:10AM – 11:57AM	Vishkambha* Until 2:03PM	<b>Muruga:</b> Clear	Sunset: 7:05PM	Sobhana 5125
<b>Family Home Evening</b>		213196579 <b>Rahu</b> 6:36AM – 8:23AM	Kaulava Until 12:54AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 9
Creative Work	Siddha Yoga			Moon – Clear		2nd Phase
			<b>Ekadashi* Until 1:39PM</b>	<b>Vaisaka*Vaikasi</b>		<b>Sivaloka Day</b>

<b>3 Tuesday, May 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				St. Louis, MO
Meena Rasi: 21.55	Tithi 27 – 28	<b>Gulika</b> 11:57AM – 1:44PM	<b>Revati Until 8:02PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:48AM	Sun 10 Sutra 30
		Yama 8:23AM – 10:10AM	Priti Until 11:48AM	<b>Muruga:</b> Clear	Sunset: 7:06PM	Sobhana 5125
		213196579 <b>Rahu</b> 3:31PM – 5:18PM	Gara Until 11:34PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 10
Creative Work	Siddha Yoga			Moon – Clear		2nd Phase
			<b>Dvadashi* Until 12:10PM</b>	<b>Vaisaka*Vaikasi</b>		<b>Sivaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>			

<b>4 Wednesday, May 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Louis, MO
Mesha Rasi: 5.32	Tithi 28 – 29	<b>Gulika</b> 10:10AM – 11:57AM	<b>Ashvini Until 7:52PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:48AM	Sun 11 Sutra 31
		Yama 6:35AM – 8:22AM	Ayushman Until 9:47AM	<b>Muruga:</b> Clear	Sunset: 7:06PM	Sobhana 5125
		223196579 <b>Rahu</b> 11:57AM – 1:44PM	Visti Until 10:35PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 11
Routine Work	Marana Yoga			Moon – White		2nd Phase
Until 7:52PM			<b>Trayodashi* Until 11:00AM</b>	<b>Vaisaka*Vaikasi</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Thursday, May 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Louis, MO
<b>Retreat Star</b>		<b>Gulika</b> 8:22AM – 10:10AM	<b>Bharani Until 7:58PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:47AM	Sun 12 Sutra 32
Mesha Rasi: 18.57	Tithi 29 – 30	Yama 4:47AM – 6:34AM	Saubhagya Until 8:05AM	<b>Muruga:</b> Clear	Sunset: 7:07PM	Sobhana 5125
		223196579 <b>Rahu</b> 1:45PM – 3:32PM	Catuspada Until 10:00PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 12
Creative Work	Siddha Yoga			Moon – White		Amavasya
Until 7:58PM			<b>Chaturdashi* Until 10:13AM</b>	<b>Vaisaka*Vaikasi</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Friday, May 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Louis, MO
<b>Retreat Star</b>		<b>Gulika</b> 6:34AM – 8:22AM	<b>Krittika Until 8:22PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:46AM	Sun 13 Sutra 33
Vrishabha Rasi: 2.08	Tithi 30 – 1	Yama 3:33PM – 5:20PM	Sobhana Until 6:45AM	<b>Muruga:</b> Clear	Sunset: 7:08PM	Sobhana 5125
		223196579 <b>Rahu</b> 10:09AM – 11:57AM	Kintughna Until 9:54PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 13
Creative Work	Siddha Yoga			Moon – White		Prathama
Until 8:22PM			<b>Amavasya* Until 9:52AM</b>	<b>Jyeshtha*Vaikasi</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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<b>1</b>		<b>Saturday, May 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Louis, MO Sun 14	Sutra 34
Vrishabha Rasi: 15.04	Tithi 1 – 2	<b>Gulika</b> 4:45AM – 6:33AM	<b>Rohini Until 9:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Sobhana 5125	
		Yama 1:45PM – 3:33PM	Sukarma Until 5:13AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 6 - 14	
		233196579 <b>Rahu</b> 8:21AM – 10:09AM	Balava Until 10:19PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Prathama* Until 10:01AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Until 9:35PM				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Sunday, May 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Louis, MO Sun 15	Sutra 35
Vrishabha Rasi: 27.44	Tithi 2 – 3	<b>Gulika</b> 3:34PM – 5:22PM	<b>Mrigashira Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Sobhana 5125	
		Yama 11:57AM – 1:45PM	Dhriti Until 5:05AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6 - 15	
		233196579 <b>Rahu</b> 5:22PM – 7:10PM	Taitila Until 11:14PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:42AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Monday, May 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Louis, MO Sun 16	Sutra 36
Mithuna Rasi: 10.11	Tithi 3 – 4	<b>Gulika</b> 1:46PM – 3:34PM	<b>Ardra Until 1:01AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:09AM – 11:57AM	Shula* Until 5:18AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6 - 16	
		233196579 <b>Rahu</b> 6:32AM – 8:21AM	Vanija Until 12:40AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 11:52AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Tuesday, May 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Louis, MO Sun 17	Sutra 37
Mithuna Rasi: 22.26	Tithi 4 – 5	<b>Gulika</b> 11:57AM – 1:46PM	<b>Punarvasu Until 3:37AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Sobhana 5125	
		Yama 8:20AM – 10:09AM	Ganda* Until 5:50AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6 - 17	
		243196579 <b>Rahu</b> 3:34PM – 5:23PM	Bava Until 2:30AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:31PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Wednesday, May 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Louis, MO Sun 18	Sutra 38
Kataka Rasi: 4.31	Tithi 5 – 6	<b>Gulika</b> 10:09AM – 11:57AM	<b>Pushya Until 6:22AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Sobhana 5125	
		Yama 6:31AM – 8:20AM	Vriddhi Until 6:37AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 6 - 18	
		244196579 <b>Rahu</b> 11:57AM – 1:46PM	Kaulava Until 4:40AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 3:32PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Thursday, May 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Louis, MO Sun 19	Sutra 39
Kataka Rasi: 16.28	Tithi 6 – 7	<b>Gulika</b> 8:20AM – 10:09AM	<b>Pushya Until 6:22AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM	Sobhana 5125	
		Yama 4:42AM – 6:31AM	Vriddhi Until 6:37AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 6 - 19	
		244196579 <b>Rahu</b> 1:46PM – 3:35PM	Gara Until 6:59AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 5:48PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Until 6:22AM				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, May 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		St. Louis, MO Sun 20	Sutra 40
Kataka Rasi: 28.22	Tithi 7	<b>Gulika</b> 6:30AM – 8:20AM	<b>Ashlesha* Until 9:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Sobhana 5125	
		Yama 3:36PM – 5:25PM	Dhruva Until 7:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 6 - 20	
		344196579 <b>Rahu</b> 10:09AM – 11:58AM	Gara Until 6:59AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Saptami Until 8:08PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Saturday, May 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		St. Louis, MO Sun 21	Sutra 41
Simha Rasi: 10.17	Tithi 8	<b>Gulika</b> 4:41AM – 6:30AM	<b>Magha* Until 12:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Sobhana 5125	
		Yama 1:47PM – 3:36PM	Vyaghata* Until 8:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 6 - 21	
		354196579 <b>Rahu</b> 8:19AM – 10:09AM	Visti Until 9:18AM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 10:21PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 12:07PM				Jyeshtha*Vaikasi			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Sunday, May 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		St. Louis, MO Sun 22	Sutra 42
Simha Rasi: 22.16	Tithi 9	<b>Gulika</b> 3:37PM – 5:26PM	<b>Purvaphalguni Until 2:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Sobhana 5125	
		Yama 11:58AM – 1:47PM	Harshana Until 9:04AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 6 - 22	
		354196579 <b>Rahu</b> 5:26PM – 7:15PM	Balava Until 11:22AM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 12:14AM Mon</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 2:44PM				Jyeshtha*Vaikasi			
Then Creative Work - Amrita Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

**1 Monday, May 29, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Uttarahphalguni/Hasta Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 43  
 Kanya Rasi: 4.23 Tithi 10 **Gulika** 1:48PM – 3:37PM **Uttarahphalguni Until 4:45PM** **Ganesha:** Clear *Sunrise:* 4:40AM Sobhana 5125  
 Family Home Evening 354196579 **Yama** 10:08AM – 11:58AM **Vajra\* Until 9:26AM** **Muruga:** Clear *Sunset:* 7:16PM Moon 4 - Phase 7 - 23  
 Creative Work Siddha Yoga **Rahu** 6:29AM – 8:19AM **Taitila Until 1:01PM** **Nataraja:** Purple 4th Phase  
**Dashami Until 1:36AM Tue** **Moon – Red** **Sivaloka Day**  
**Jyeshtha\*Vaikasi**

**2 Tuesday, May 30, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Hasta Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 24 Sutra 44  
 Kanya Rasi: 16.46 Tithi 11 **Gulika** 11:58AM – 1:48PM **Hasta Until 6:29PM** **Ganesha:** Purple *Sunrise:* 4:39AM Sobhana 5125  
 Creative Work Siddha Yoga 364196579 **Yama** 8:19AM – 10:08AM **Siddhi Until 9:22AM** **Muruga:** Clear *Sunset:* 7:17PM Moon 4 - Phase 7 - 24  
**Rahu** 3:37PM – 5:27PM **Vanija Until 2:03PM** **Nataraja:** Purple 4th Phase  
**Ekadashi Until 2:16AM Wed** **Moon – Green** **Devaloka Day**  
**Jyeshtha\*Vaikasi**

**3 Wednesday, May 31, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Chitra Nakshatra Vyatipata\*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau Sun 25 Sutra 45  
 Kanya Rasi: 29.28 Tithi 12 **Gulika** 10:08AM – 11:58AM **Chitra Until 7:19PM** **Ganesha:** Purple *Sunrise:* 4:39AM Sobhana 5125  
 Creative Work Siddha Yoga 364196579 **Yama** 6:29AM – 8:19AM **Vyatipata\* Until 8:45AM** **Muruga:** Clear *Sunset:* 7:18PM Moon 4 - Phase 7 - 25  
**Rahu** 11:58AM – 1:48PM **Bava Until 2:21PM** **Nataraja:** Purple 4th Phase  
**Dvadashi Until 2:11AM Thu** **Moon – Green** **Devaloka Day**  
**Jyeshtha\*Vaikasi**

**4 Thursday, June 1, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Svati Nakshatra Varyan/Paigaha\* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 46  
 Tula Rasi: 12.31 Tithi 13 **Gulika** 8:18AM – 10:08AM **Svati Until 7:15PM** **Ganesha:** Clear *Sunrise:* 4:39AM Sobhana 5125  
 Creative Work Amrita Yoga 364296579 **Yama** 4:39AM – 6:29AM **Varyan Until 7:30AM** **Muruga:** Clear *Sunset:* 7:18PM Moon 4 - Phase 7 - 26  
**Rahu** 1:48PM – 3:38PM **Kaulava Until 1:53PM** **Nataraja:** Purple 4th Phase  
**Trayodashi Until 1:21AM Fri** **Moon – Green** **Sivaloka Day**  
**Jyeshtha\*Vaikasi**  
*Pradosha Vrata*

**5 Friday, June 2, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
 Vishakha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 47  
 Tula Rasi: 25.59 Tithi 14 **Gulika** 6:28AM – 8:18AM **Vishakha Until 6:47PM** **Ganesha:** White *Sunrise:* 4:38AM Sobhana 5125  
 Creative Work Siddha Yoga 374296579 **Yama** 3:39PM – 5:29PM **Shiva Until 3:19AM Sat** **Muruga:** Clear *Sunset:* 7:19PM Moon 4 - Phase 7 - 27  
**Rahu** 10:08AM – 11:59AM **Gara Until 12:41PM** **Nataraja:** Purple 4th Phase  
**Vaikasi Visakam** **Chaturdashi\* Until 11:49PM** **Moon – Orange** **Subha Sivaloka Day**  
**Jyeshtha\*Vaikasi**

**6 Saturday, June 3, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Anuradha/Jyeshtha\* Nakshatra Siddha Yoga Visti\*/Bava Karana Purnimayam Titau Sun 28 Sutra 48  
 Vrischika Rasi: 9.51 Tithi 15 **Gulika** 4:38AM – 6:28AM **Anuradha Until 5:34PM** **Ganesha:** White *Sunrise:* 4:38AM Sobhana 5125  
 Creative Work Siddha Yoga 374296579 **Yama** 1:49PM – 3:39PM **Siddha Until 12:28AM Sun** **Muruga:** Clear *Sunset:* 7:20PM Moon 4 - Phase 7 -  
**Rahu** 8:18AM – 10:08AM **Visti Until 10:51AM** **Nataraja:** Purple Purnima  
**Purnima\* Until 9:43PM** **Moon – Orange** **Subha Sivaloka Day**  
**Jyeshtha\*Vaikasi**

**7 Sunday, June 4, 2023** Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Jyeshtha\*/Mula\* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 49  
 Vrischika Rasi: 24.03 Tithi 16 **Gulika** 3:40PM – 5:30PM **Jyeshtha\* Until 3:45PM** **Ganesha:** White *Sunrise:* 4:38AM Sobhana 5125  
 Routine Work Marana Yoga 374296579 **Yama** 11:59AM – 1:49PM **Sadhya Until 9:18PM** **Muruga:** Clear *Sunset:* 7:20PM Moon 4 - Phase 7 -  
**Rahu** 5:30PM – 7:20PM **Balava Until 8:30AM** **Nataraja:** Purple Prathama  
**Prathama\* Until 7:10PM** **Moon – Orange** **Subha Sivaloka Day**  
**Jyeshtha\*Vaikasi**



Monday, June 5, 2023

Gold Retreat Star

Dhanus Rasi: 8.32 Tithi 17 – 18

Family Home Evening 384296571

Creative Work Siddha Yoga

Until 1:53PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:49PM – 3:40PM

Yama 10:09AM – 11:59AM

Rahu 6:28AM – 8:18AM

Mula\* Until 1:53PM

Subha Until 5:55PM

Vanija Until 2:53AM Tue

Dvitiya Until 4:20PM

Ganesha: Yellow Sunrise: 4:37AM

Muruga: Clear Sunset: 7:21PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha\*Vaikasi

Sun 1 Sutra 50

Sobhana 5125

Moon 5 - Phase 8 - 1

1st Phase

Sivaloka Day

1

Tuesday, June 6, 2023

Dhanus Rasi: 23.09 Tithi 18 – 19

385296571

Creative Work Siddha Yoga

Until 11:44AM

Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 11:59AM – 1:50PM

Yama 8:18AM – 10:09AM

Rahu 3:40PM – 5:31PM

Purvashadha\* Until 11:44AM

Sukla Until 2:24PM

Bava Until 11:53PM

Tritiya Until 1:22PM

Ganesha: White Sunrise: 4:37AM

Muruga: Clear Sunset: 7:21PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha\*Vaikasi

St. Louis, MO Sun 2 Sutra 51

Sobhana 5125

Moon 5 - Phase 8 - 2

1st Phase

Devaloka Day

2

Wednesday, June 7, 2023

Makara Rasi: 7.49 Tithi 19 – 20

385296571

Creative Work Amrita Yoga

Until 9:26AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:09AM – 11:59AM

Yama 6:27AM – 8:18AM

Rahu 11:59AM – 1:50PM

Uttarashadha Until 9:26AM

Brahma Until 10:54AM

Kaulava Until 8:57PM

Chaturthi\* Until 10:23AM

Ganesha: White Sunrise: 4:37AM

Muruga: Clear Sunset: 7:22PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha\*Vaikasi

St. Louis, MO Sun 3 Sutra 52

Sobhana 5125

Moon 5 - Phase 8 - 3

1st Phase

Devaloka Day

3

Thursday, June 8, 2023

Makara Rasi: 22.24 Tithi 20 – 21

395296571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Shrivana/Dhanishtha Nakshatra Indra/Vaidhiti\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 8:18AM – 10:09AM

Yama 4:37AM – 6:27AM

Rahu 1:50PM – 3:41PM

Shravana Until 7:31AM

Indra Until 7:31AM

Gara Until 6:13PM

Panchami Until 7:32AM

Ganesha: Yellow Sunrise: 4:37AM

Muruga: Clear Sunset: 7:23PM

Nataraja: Blue

Moon – Purple

Jyeshtha\*Vaikasi

St. Louis, MO Sun 4 Sutra 53

Sobhana 5125

Moon 5 - Phase 8 - 4

1st Phase

Sivaloka Day

4

Friday, June 9, 2023

Kumbha Rasi: 6.5 Tithi 22

395296571

Creative Work Siddha Yoga

Until 4:04AM Sat

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 6:27AM – 8:18AM

Yama 3:41PM – 5:32PM

Rahu 10:09AM – 12:00PM

Shatabhishak Until 4:04AM Sat

Vishkambha\* Until 1:21AM Sat

Visti Until 3:44PM

Saptami Until 2:36AM Sat

Ganesha: Yellow Sunrise: 4:36AM

Muruga: Clear Sunset: 7:23PM

Nataraja: Blue

Moon – Purple

Jyeshtha\*Vaikasi

St. Louis, MO Sun 5 Sutra 54

Sobhana 5125

Moon 5 - Phase 8 - 5

1st Phase

Sivaloka Day

5

Saturday, June 10, 2023

Retreat Star

Kumbha Rasi: 21.02 Tithi 23

315296571

Routine Work Marana Yoga

Until 3:05AM Sun

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada\* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:36AM – 6:27AM

Yama 1:51PM – 3:42PM

Rahu 8:18AM – 10:09AM

Purvaproshtpada\* Until 3:05AM Sun

Priti Until 10:44PM

Balava Until 1:37PM

Ashtami\* Until 12:40AM Sun

Ganesha: Clear Sunrise: 4:36AM

Muruga: Clear Sunset: 7:24PM

Nataraja: Blue

Moon – Clear

Jyeshtha\*Vaikasi

St. Louis, MO Sun 6 Sutra 55

Sobhana 5125

Moon 5 - Phase 8 - 6

Ashtami

Sivaloka Day

Sunday, June 11, 2023

Retreat Star

Meena Rasi: 5.01 Tithi 24

315296571

Creative Work Amrita Yoga

Until 2:22AM Mon

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:42PM – 5:33PM

Yama 12:00PM – 1:51PM

Rahu 5:33PM – 7:24PM

Uttaraproshtpada Until 2:22AM Mon

Ayushman Until 8:24PM

Taitila Until 11:53AM

Navami\* Until 11:09PM

Ganesha: Clear Sunrise: 4:36AM

Muruga: Clear Sunset: 7:24PM

Nataraja: Blue

Moon – Clear

Jyeshtha\*Vaikasi

St. Louis, MO Sun 7 Sutra 56

Sobhana 5125

Moon 5 - Phase 8 - 7

Navami

Sivaloka Day

**Monday, June 12, 2023**

**1**  
 Meena Rasi: 18.43 Tithi 25  
**Family Home Evening**  
 Creative Work Siddha Yoga

315296571  
**Rahu**  
 6:27AM – 8:18AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Revati Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Dashamyam Titau  
**Gulika** 1:51PM – 3:42PM  
**Revati Until 1:55AM Tue**  
 Saubhagya Until 6:26PM  
 Vanija Until 10:33AM  
**Dashami Until 10:02PM**

St. Louis, MO  
 Sun 8 Sutra 57  
 Sobhana 5125  
 Moon 5 - Phase 9 - 8  
 2nd Phase  
**Sivaloka Day**  
**Ganesh:** Clear *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:25PM  
**Nataraja:** Blue  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

**Tuesday, June 13, 2023**

**2**  
 Mesha Rasi: 2.11 Tithi 26  
 Creative Work Siddha Yoga

325296571  
**Rahu**  
 3:43PM – 5:34PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Ekadashyam Titau  
**Gulika** 12:01PM – 1:52PM  
**Ashvini Until 2:10AM Wed**  
 Sobhana Until 4:49PM  
 Bava Until 9:39AM  
**Ekadashi\* Until 9:20PM**

St. Louis, MO  
 Sun 9 Sutra 58  
 Sobhana 5125  
 Moon 5 - Phase 9 - 9  
 2nd Phase  
**Devaloka Day**  
**Ganesh:** White *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:25PM  
**Nataraja:** Blue  
 Moon – White  
**Jyeshtha\*Vaikasi**

**Wednesday, June 14, 2023**

**3**  
 Mesha Rasi: 15.25 Tithi 27  
 Creative Work Siddha Yoga  
 Until 2:41AM Thu  
 Then Routine Work - Marana Yoga

325296571  
**Rahu**  
 12:01PM – 1:52PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau  
**Gulika** 10:10AM – 12:01PM  
**Bharani Until 2:41AM Thu**  
 Athiganda\* Until 3:30PM  
 Kaulava Until 9:10AM  
**Dvadashi\* Until 9:03PM**

St. Louis, MO  
 Sun 10 Sutra 59  
 Sobhana 5125  
 Moon 5 - Phase 9 - 10  
 2nd Phase  
**Devaloka Day**  
**Ganesh:** White *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:25PM  
**Nataraja:** Blue  
 Moon – White  
**Jyeshtha\*Vaikasi**

**Thursday, June 15, 2023**

**4**  
 Mesha Rasi: 28.26 Tithi 28  
 Routine Work Marana Yoga

326296571  
**Rahu**  
 1:52PM – 3:43PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
 Kritika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau  
**Gulika** 8:19AM – 10:10AM  
**Krittika Until 3:27AM Fri**  
 Sukarma Until 2:31PM  
 Gara Until 9:05AM  
**Trayodashi\* Until 9:10PM**  
*Pradosha Vrata (Fasting)*

St. Louis, MO  
 Sun 11 Sutra 60  
 Sobhana 5125  
 Moon 5 - Phase 9 - 11  
 2nd Phase  
**Sivaloka Day**  
**Ganesh:** Yellow *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:26PM  
**Nataraja:** Blue  
 Moon – White  
**Jyeshtha\*Ani**

**Friday, June 16, 2023**

**5**  
 Vrishabha Rasi: 11.16 Tithi 29  
 Routine Work Marana Yoga  
 Until 4:55AM Sat  
 Then Creative Work - Siddha Yoga

336296571  
**Rahu**  
 10:10AM – 12:01PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini Nakshatra Dhriti/Shula\* Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau  
**Gulika** 6:27AM – 8:19AM  
**Rohini Until 4:55AM Sat**  
 Dhriti Until 1:52PM  
 Visti Until 9:24AM  
**Chaturdashi\* Until 9:42PM**

St. Louis, MO  
 Sun 12 Sutra 61  
 Sobhana 5125  
 Moon 5 - Phase 9 - 12  
 2nd Phase  
**Sivaloka Day**  
**Ganesh:** Red *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:26PM  
**Nataraja:** Blue  
 Moon – Yellow  
**Jyeshtha\*Ani**

**Saturday, June 17, 2023****Retreat Star**

Vrishabha Rasi: 23.53 Tithi 30  
 Creative Work Siddha Yoga

336296571  
**Rahu**  
 8:19AM – 10:10AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira Nakshatra Shula\*/Ganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau  
**Gulika** 4:36AM – 6:28AM  
**Mrigashira Until 6:36AM Sun**  
 Shula\* Until 1:31PM  
 Catuspada Until 10:08AM  
**Amavasya\* Until 10:38PM**

St. Louis, MO  
 Sun 13 Sutra 62  
 Sobhana 5125  
 Moon 5 - Phase 9 - 13  
 Amavasya  
**Sivaloka Day**  
**Ganesh:** Red *Sunrise:* 4:36AM  
**Muruga:** Clear *Sunset:* 7:26PM  
**Nataraja:** Blue  
 Moon – Yellow  
**Jyeshtha\*Ani**

**Sunday, June 18, 2023****Retreat Star**

Mithuna Rasi: 6.2 Tithi 1  
 Creative Work Siddha Yoga

336216571  
**Rahu**  
 5:35PM – 7:27PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Ganda\*/Vridhhi Yoga Kintughna\*/Bava Karana Prathamayam Titau  
**Gulika** 3:44PM – 5:35PM  
**Mrigashira Until 6:36AM**  
 Ganda\* Until 1:29PM  
 Kintughna Until 11:16AM  
**Prathama\* Until 11:57PM**  
**Father's Day**

St. Louis, MO  
 Sun 14 Sutra 63  
 Sobhana 5125  
 Moon 5 - Phase 9 - 14  
 Prathama  
**Sivaloka Day**  
**Ganesh:** Red *Sunrise:* 4:36AM  
**Muruga:** Yellow *Sunset:* 7:27PM  
**Nataraja:** Blue  
 Moon – Yellow  
**Ashada\*Ani**

<b>Monday, June 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Louis, MO Sun 15 Sutra 64	
<b>1</b>	Mithuna Rasi: 18.37 Tithi 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 8:31AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:53PM – 3:44PM Yama 10:10AM – 12:02PM <b>Rahu</b> 6:28AM – 8:19AM	<b>Ardra Until 8:31AM</b> Vriddhi Until 1:46PM Balava Until 12:47PM <b>Dvitiya Until 1:39AM Tue</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Yellow Sunrise: 4:37AM Sunset: 7:27PM	Sobhana 5125 Moon 5 - Phase 10 - 15 3rd Phase <b>Sivaloka Day</b> Ashada*Ani
<b>Tuesday, June 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		St. Louis, MO Sun 16 Sutra 65	
<b>2</b>	Kataka Rasi: 0.45 Tithi 3 346216571 Creative Work Siddha Yoga	<b>Gulika</b> 12:02PM – 1:53PM Yama 8:19AM – 10:11AM <b>Rahu</b> 3:45PM – 5:36PM	<b>Punarvasu Until 11:07AM</b> Dhruva Until 2:17PM Taitila Until 2:38PM <b>Tritiya Until 3:40AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue Sunrise: 4:37AM Sunset: 7:27PM	Sobhana 5125 Moon 5 - Phase 10 - 16 3rd Phase <b>Sivaloka Day</b> Ashada*Ani
<b>Wednesday, June 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		St. Louis, MO Sun 17 Sutra 66	
<b>3</b>	Kataka Rasi: 12.46 Tithi 4 346216571 Creative Work Siddha Yoga	<b>Gulika</b> 10:11AM – 12:02PM Yama 6:28AM – 8:20AM <b>Rahu</b> 12:02PM – 1:54PM	<b>Pushya Until 1:49PM</b> Vyaghata* Until 3:03PM Vanija Until 4:48PM <b>Chaturthi* Until 5:56AM Thu</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue Sunrise: 4:37AM Sunset: 7:28PM	Sobhana 5125 Moon 5 - Phase 10 - 17 3rd Phase <b>Sivaloka Day</b> Ashada*Ani
<b>Thursday, June 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava Karana Panchamyam Titau		St. Louis, MO Sun 18 Sutra 67	
<b>4</b>	Kataka Rasi: 24.41 Tithi 5 347216571 Creative Work Siddha Yoga Until 4:34PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:20AM – 10:11AM Yama 4:37AM – 6:28AM <b>Rahu</b> 1:54PM – 3:45PM	<b>Ashlesha* Until 4:34PM</b> Harshana Until 3:59PM Bava Until 7:09PM <b>Panchami Until 8:20AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue Sunrise: 4:37AM Sunset: 7:28PM	Sobhana 5125 Moon 5 - Phase 10 - 18 3rd Phase <b>Devaloka Day</b> Ashada*Ani
<b>Friday, June 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Louis, MO Sun 19 Sutra 68	
<b>5</b>	Simha Rasi: 6.32 Tithi 5 – 6 357216571 Routine Work Marana Yoga Until 7:43PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:29AM – 8:20AM Yama 3:45PM – 5:37PM <b>Rahu</b> 10:11AM – 12:03PM	<b>Magha* Until 7:43PM</b> Vajra* Until 4:56PM Kaulava Until 9:33PM <b>Panchami Until 8:20AM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red Sunrise: 4:37AM Sunset: 7:28PM	Sobhana 5125 Moon 5 - Phase 10 - 19 3rd Phase <b>Sivaloka Day</b> Ashada*Ani
<b>Saturday, June 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Louis, MO Sun 20 Sutra 69	
<b>6</b>	Simha Rasi: 18.25 Tithi 6 – 7 357216571 Creative Work Siddha Yoga Until 10:35PM Then Routine Work - Marana Yoga	<b>Gulika</b> 4:38AM – 6:29AM Yama 1:54PM – 3:45PM <b>Rahu</b> 8:20AM – 10:12AM	<b>Purvaphalguni Until 10:35PM</b> Siddhi Until 5:50PM Gara Until 11:50PM <b>Shashthi* Until 10:42AM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red Sunrise: 4:38AM Sunset: 7:28PM	Sobhana 5125 Moon 5 - Phase 10 - 20 3rd Phase <b>Sivaloka Day</b> Ashada*Ani
<b>Sunday, June 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bharu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 70	
<b>Retreat Star</b>	Kanya Rasi: 0.22 Tithi 7 – 8 357216571 Creative Work Amrita Yoga Until 12:59AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:46PM – 5:37PM Yama 12:03PM – 1:54PM <b>Rahu</b> 5:37PM – 7:28PM	<b>Uttaraphalguni Until 12:59AM Mon</b> Vyatipata* Until 6:32PM Visti Until 1:46AM Mon <b>Saptami Until 12:50PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red Sunrise: 4:38AM Sunset: 7:28PM	Sobhana 5125 Moon 5 - Phase 10 - 21 Ashtami <b>Sivaloka Day</b> Ashada*Ani
<b>Monday, June 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Louis, MO Sun 22 Sutra 71	
<b>Retreat Star</b>	Kanya Rasi: 12.27 Tithi 8 – 9 367316571 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:54PM – 3:46PM Yama 10:12AM – 12:03PM <b>Rahu</b> 6:30AM – 8:21AM	<b>Hasta Until 3:10AM Tue</b> Variyan Until 6:49PM Balava Until 3:09AM Tue <b>Ashtami* Until 2:31PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Green Sunrise: 4:38AM Sunset: 7:28PM	Sobhana 5125 Moon 5 - Phase 10 - 22 Navami <b>Sivaloka Day</b> Ashada*Ani

<b>1 Tuesday, June 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Louis, MO	
Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 72	
Kanya Rasi: 24.48	Tithi 9 – 10	<b>Gulika</b> 12:03PM – 1:55PM	<b>Chitra Until 4:29AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM
		Yama 8:21AM – 10:12AM	Parigha* Until 6:35PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		367316571 <b>Rahu</b> 3:46PM – 5:37PM	Taitila Until 3:48AM Wed	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 23
Creative Work	Siddha Yoga		<b>Navami* Until 3:33PM</b>	Moon – Green	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>2 Wednesday, June 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		St. Louis, MO	
Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 73	
Tula Rasi: 7.28	Tithi 10 – 11	<b>Gulika</b> 10:12AM – 12:04PM	<b>Svati Until 4:49AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM
		Yama 6:30AM – 8:21AM	Shiva Until 5:44PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		367316571 <b>Rahu</b> 12:04PM – 1:55PM	Vanija Until 3:37AM Thu	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 24
Creative Work	Siddha Yoga		<b>Dashami Until 3:48PM</b>	Moon – Green	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>3 Thursday, June 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		St. Louis, MO	
Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 74	
Tula Rasi: 20.34	Tithi 11 – 12	<b>Gulika</b> 8:22AM – 10:13AM	<b>Vishakha Until 4:38AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM
		Yama 4:39AM – 6:31AM	Siddha Until 4:11PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		378316571 <b>Rahu</b> 1:55PM – 3:46PM	Bava Until 2:35AM Fri	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 25
Creative Work	Siddha Yoga		<b>Ekadashi Until 3:11PM</b>	Moon – Orange	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>4 Friday, June 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Louis, MO	
Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 75	
Vrischika Rasi: 4.06	Tithi 12 – 13	<b>Gulika</b> 6:31AM – 8:22AM	<b>Anuradha Until 3:32AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM
		Yama 3:46PM – 5:37PM	Sadhya Until 1:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		378316571 <b>Rahu</b> 10:13AM – 12:04PM	Kaulava Until 12:47AM Sat	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 26
Creative Work	Siddha Yoga		<b>Dvadashi Until 1:45PM</b>	Moon – Orange	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

Pradosha Vrata

<b>5 Saturday, July 1, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		St. Louis, MO	
Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 76	
Vrischika Rasi: 18.07	Tithi 13 – 14	<b>Gulika</b> 4:40AM – 6:31AM	<b>Jyeshtha* Until 1:38AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM
		Yama 1:55PM – 3:46PM	Subha Until 11:12AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		378316571 <b>Rahu</b> 8:22AM – 10:13AM	Gara Until 10:18PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 27
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:36AM</b>	Moon – Orange	4th Phase
Until 1:38AM Sun				<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashada*Ani	

<b>○ Sunday, July 2, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Louis, MO	
<b>Copper Retreat Star</b>		Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 77	
Dhanus Rasi: 2.34	Tithi 14 – 15	<b>Gulika</b> 3:46PM – 5:37PM	<b>Mula* Until 11:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:41AM
		Yama 12:04PM – 1:55PM	Sukla Until 7:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		388316571 <b>Rahu</b> 5:37PM – 7:28PM	Visti Until 7:18PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 8:50AM</b>	Moon – Light Blue	
Until 11:31PM				<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Satguru Purnima</b>		Ashada*Ani	

<b>Monday, July 3, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		St. Louis, MO	
<b>Silver Retreat Star</b>		Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28 Sutra 78	
Dhanus Rasi: 17.2	Tithi 16	<b>Gulika</b> 1:55PM – 3:46PM	<b>Purvashadha* Until 8:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:41AM
		Yama 10:14AM – 12:05PM	Indra Until 12:21AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:28PM
		388316571 <b>Rahu</b> 6:32AM – 8:23AM	Balava Until 3:57PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - Prathama
<b>Family Home Evening</b>			<b>Prathama* Until 2:11AM Tue</b>	Moon – Light Blue	
Routine Work	Marana Yoga			<b>Devaloka Day</b>	
				Ashada*Ani	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





Tuesday, July 4, 2023

Gold Retreat Star

Makara Rasi: 2.2 Tithi 17

388316571

Routine Work Prabalarishta Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Uttarahadha Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:05PM - 1:55PM Uttarahadha Until 6:05PM

Yama 8:23AM - 10:14AM Vaidhriti\* Until 8:20PM

Rahu 3:46PM - 5:37PM Taitila Until 12:25PM

Dvitiya Until 10:37PM

Ganesha: Purple Sunrise: 4:42AM

Muruga: Yellow Sunset: 7:28PM

Nataraja: Blue

Moon - Light Blue

Ashada\*Ani

Devaloka Day

St. Louis, MO

Sutra 79

Sobhana 5125

Moon 6 - Phase 12 -

1st Phase

1 Wednesday, July 5, 2023

Makara Rasi: 17.22 Tithi 18

399316571

Creative Work Siddha Yoga

Until 3:31PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vishkambha\*Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Gulika 10:14AM - 12:05PM Shravana Until 3:31PM

Yama 6:33AM - 8:24AM Vishkambha\* Until 4:23PM

Rahu 12:05PM - 1:56PM Vanija Until 8:52AM

Tritiya Until 7:07PM

Ganesha: Purple Sunrise: 4:42AM

Muruga: Yellow Sunset: 7:28PM

Nataraja: Blue

Moon - Purple

Ashada\*Ani

Subha Sivaloka Day

St. Louis, MO

Sun 1 Sutra 80

Sobhana 5125

Moon 6 - Phase 12 - 1

1st Phase

2 Thursday, July 6, 2023

Kumbha Rasi: 2.19 Tithi 19 - 20

499316571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:24AM - 10:15AM Dhanishtha Until 1:01PM

Yama 4:43AM - 6:33AM Priti Until 12:36PM

Rahu 1:56PM - 3:46PM Kaulava Until 2:20AM Fri

Chaturthi\* Until 3:50PM

Ganesha: Clear Sunrise: 4:43AM

Muruga: Yellow Sunset: 7:27PM

Nataraja: Blue

Moon - Purple

Ashada\*Ani

Sivaloka Day

St. Louis, MO

Sun 2 Sutra 81

Sobhana 5125

Moon 6 - Phase 12 - 2

1st Phase

3 Friday, July 7, 2023

Kumbha Rasi: 17.03 Tithi 20 - 21

499316571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:34AM - 8:24AM Shatabhishak Until 10:43AM

Yama 3:46PM - 5:37PM Ayushman Until 9:04AM

Rahu 10:15AM - 12:05PM Gara Until 11:37PM

Panchami Until 12:54PM

Ganesha: Clear Sunrise: 4:43AM

Muruga: Yellow Sunset: 7:27PM

Nataraja: Blue

Moon - Purple

Ashada\*Ani

Sivaloka Day

St. Louis, MO

Sun 3 Sutra 82

Sobhana 5125

Moon 6 - Phase 12 - 3

1st Phase

4 Saturday, July 8, 2023

Meena Rasi: 1.27 Tithi 21 - 22

419316571

Routine Work Marana Yoga

Until 9:09AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 4:44AM - 6:34AM Purvaproshtapada\* Until 9:09AM

Yama 1:56PM - 3:46PM Sobhana Until 3:15AM Sun

Rahu 8:25AM - 10:15AM Visti Until 9:26PM

Shashthi\* Until 10:26AM

Ganesha: Yellow Sunrise: 4:44AM

Muruga: Yellow Sunset: 7:27PM

Nataraja: Blue

Moon - Clear

Ashada\*Ani

Sivaloka Day

St. Louis, MO

Sun 4 Sutra 83

Sobhana 5125

Moon 6 - Phase 12 - 4

1st Phase

5 Sunday, July 9, 2023

Retreat Star

Meena Rasi: 15.3 Tithi 22 - 23

419316571

Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam Uttaraproshtapada\*/Revati Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:46PM - 5:36PM Uttaraproshtapada Until 8:01AM

Yama 12:06PM - 1:56PM Athiganda\* Until 1:02AM Mon

Rahu 5:36PM - 7:26PM Balava Until 7:50PM

Saptami Until 8:32AM

Ganesha: Yellow Sunrise: 4:45AM

Muruga: Yellow Sunset: 7:26PM

Nataraja: Blue

Moon - Clear

Ashada\*Ani

Sivaloka Day

St. Louis, MO

Sun 5 Sutra 84

Sobhana 5125

Moon 6 - Phase 12 - 5

Ashtami

6 Monday, July 10, 2023

Retreat Star

Meena Rasi: 29.1 Tithi 23 - 24

419316571

Family Home Evening

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:56PM - 3:46PM Revati Until 7:20AM

Yama 10:16AM - 12:06PM Sukarma Until 11:21PM

Rahu 6:35AM - 8:26AM Taitila Until 6:51PM

Ashtami\* Until 7:15AM

Ganesha: Yellow Sunrise: 4:45AM

Muruga: Yellow Sunset: 7:26PM

Nataraja: Blue

Moon - Clear

Ashada\*Ani

Sivaloka Day

St. Louis, MO

Sun 6 Sutra 85

Sobhana 5125

Moon 6 - Phase 12 - 6

Navami

<b>1 Tuesday, July 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Louis, MO	
Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 86	
Mesha Rasi: 12.28	Tithi 24 – 25	<b>Gulika</b> 12:06PM – 1:56PM	<b>Ashvini Until 7:33AM</b>	<b>Ganesha:</b> Blue	Sunrise: 4:46AM
		Yama 8:26AM – 10:16AM	Dhriti Until 10:08PM	<b>Muruga:</b> Yellow	Sunset: 7:26PM
	429316571	<b>Rahu</b> 3:46PM – 5:36PM	Vanija Until 6:29PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 7
Creative Work	Siddha Yoga		<b>Navami* Until 6:34AM</b>	Moon – White	2nd Phase
				<b>Subha Sivaloka Day</b>	
				Ashada*Ani	

<b>2 Wednesday, July 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		St. Louis, MO	
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 87	
Mesha Rasi: 25.29	Tithi 25 – 26	<b>Gulika</b> 10:16AM – 12:06PM	<b>Bharani Until 8:12AM</b>	<b>Ganesha:</b> Blue	Sunrise: 4:47AM
		Yama 6:36AM – 8:26AM	Shula* Until 9:21PM	<b>Muruga:</b> Yellow	Sunset: 7:25PM
	429316571	<b>Rahu</b> 12:06PM – 1:56PM	Bava Until 6:40PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 8
Creative Work	Siddha Yoga		<b>Dashami Until 6:29AM</b>	Moon – White	2nd Phase
Until 8:12AM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashada*Ani	

<b>3 Thursday, July 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		St. Louis, MO	
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 88	
Vrishabha Rasi: 8.13	Tithi 26 – 27	<b>Gulika</b> 8:27AM – 10:16AM	<b>Krittika Until 9:12AM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:47AM
		Yama 4:47AM – 6:37AM	Ganda* Until 8:56PM	<b>Muruga:</b> Yellow	Sunset: 7:25PM
	421316571	<b>Rahu</b> 1:56PM – 3:45PM	Kaulava Until 7:20PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 9
Routine Work	Marana Yoga		<b>Ekadashi* Until 6:55AM</b>	Moon – White	2nd Phase
				<b>Subha Sivaloka Day</b>	
				Ashada*Ani	

<b>4 Friday, July 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Louis, MO	
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 89	
Vrishabha Rasi: 20.46	Tithi 27 – 28	<b>Gulika</b> 6:38AM – 8:27AM	<b>Rohini Until 10:56AM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:48AM
		Yama 3:45PM – 5:35PM	Vriddhi Until 8:51PM	<b>Muruga:</b> Yellow	Sunset: 7:24PM
	431316571	<b>Rahu</b> 10:17AM – 12:06PM	Gara Until 8:24PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 10
Routine Work	Marana Yoga		<b>Dvadashi* Until 7:48AM</b>	Moon – Yellow	2nd Phase
Until 10:56AM				<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Ashada*Ani	
				Pradosha Vrata (Fasting)	

<b>5 Saturday, July 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		St. Louis, MO	
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 90	
Mithuna Rasi: 3.08	Tithi 28 – 29	<b>Gulika</b> 4:49AM – 6:38AM	<b>Mrigashira Until 12:53PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:49AM
		Yama 1:56PM – 3:45PM	Dhruva Until 9:02PM	<b>Muruga:</b> Yellow	Sunset: 7:24PM
	431316571	<b>Rahu</b> 8:27AM – 10:17AM	Visti Until 9:50PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 11
Creative Work	Siddha Yoga		<b>Trayodashi* Until 9:04AM</b>	Moon – Yellow	2nd Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>6 Sunday, July 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		St. Louis, MO	
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 91	
Mithuna Rasi: 15.22	Tithi 29 – 30	<b>Gulika</b> 3:45PM – 5:34PM	<b>Ardra Until 2:59PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:49AM
		Yama 12:06PM – 1:56PM	Vyaghata* Until 9:27PM	<b>Muruga:</b> Yellow	Sunset: 7:23PM
	431316571	<b>Rahu</b> 5:34PM – 7:23PM	Catuspada Until 11:35PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 12
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:39AM</b>	Moon – Yellow	Amavasya
				<b>Sivaloka Day</b>	
				Ashada*Adi	

<b>7 Monday, July 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		St. Louis, MO	
Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 92	
Mithuna Rasi: 27.28	Tithi 30 – 1	<b>Gulika</b> 1:55PM – 3:45PM	<b>Punarvasu Until 5:40PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:50AM
		Yama 10:17AM – 12:06PM	Harshana Until 10:05PM	<b>Muruga:</b> Yellow	Sunset: 7:23PM
<b>Family Home Evening</b>	441316572	<b>Rahu</b> 6:39AM – 8:28AM	Kintughna Until 1:35AM Tue	<b>Nataraja:</b> Yellow	Moon 6 - Phase 13 - 13
Creative Work	Amrita Yoga		<b>Amavasya* Until 12:32PM</b>	Moon – Blue	Prathama
Until 5:40PM				<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Srivana Adhika*Adi	

<b>1</b>		<b>Tuesday, July 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Louis, MO Sun 14 Sutra 93	
Kataka Rasi: 9.29	Tithi 1 – 2	<b>Gulika</b> Yama	<b>12:07PM – 1:55PM</b> 8:29AM – 10:18AM	<b>Pushya Until 8:26PM</b> Vajra* Until 10:53PM	<b>Ganesha:</b> Orange <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 7:22PM	Moon 6 - Phase 14 - 14 Sobhana 5125 3rd Phase
Creative Work	Siddha Yoga	441316572	<b>Rahu</b> 3:44PM – 5:33PM	Balava Until 3:49AM Wed <b>Prathama* Until 2:39PM</b>	<b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sravana Adhika*Adi	
<b>2</b>		<b>Wednesday, July 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Louis, MO Sun 15 Sutra 94	
Kataka Rasi: 21.24	Tithi 2 – 3	<b>Gulika</b> Yama	<b>10:18AM – 12:07PM</b> 6:40AM – 8:29AM	<b>Ashlesha* Until 11:12PM</b> Siddhi Until 11:49PM	<b>Ganesha:</b> Orange <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 7:21PM	Moon 6 - Phase 14 - 15 Sobhana 5125 3rd Phase
Creative Work	Siddha Yoga	441316572	<b>Rahu</b> 12:07PM – 1:55PM	Taitila Until 6:13AM Thu <b>Dvitiya Until 4:59PM</b>	<b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sravana Adhika*Adi	
<b>3</b>		<b>Thursday, July 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		St. Louis, MO Sun 16 Sutra 95	
Simha Rasi: 3.16	Tithi 3	<b>Gulika</b> Yama	<b>8:30AM – 10:18AM</b> 4:52AM – 6:41AM	<b>Magha* Until 2:24AM Fri</b> Vyatipata* Until 12:51AM Fri	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 7:21PM	Moon 6 - Phase 14 - 16 Sobhana 5125 3rd Phase
Creative Work	Amrita Yoga	451316572	<b>Rahu</b> 1:55PM – 3:44PM	Taitila Until 6:13AM <b>Tritiya Until 7:25PM</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b> Sravana Adhika*Adi	
Until 2:24AM Fri	Then Creative Work - Siddha Yoga	<b>4</b>		<b>Friday, July 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau	
Until 5:24AM Sat	Then Routine Work - Marana Yoga	<b>Gulika</b> Yama	<b>6:42AM – 8:30AM</b> 3:43PM – 5:32PM	<b>Purvaphalguni Until 5:24AM Sat</b> Variyan Until 1:50AM Sat	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 7:20PM	Moon 6 - Phase 14 - 17 Sobhana 5125 3rd Phase
Then Routine Work - Siddha Yoga	Then Routine Work - Marana Yoga	451316572	<b>Rahu</b> 10:18AM – 12:07PM	Vanija Until 8:41AM <b>Chaturthi* Until 9:53PM</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b> Sravana Adhika*Adi	
<b>5</b>		<b>Saturday, July 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		St. Louis, MO Sun 18 Sutra 97	
Simha Rasi: 26.57	Tithi 5	<b>Gulika</b> Yama	<b>4:54AM – 6:42AM</b> 1:55PM – 3:43PM	<b>Uttaraphalguni Until 8:03AM Sun</b> Parigha* Until 2:42AM Sun	<b>Ganesha:</b> White <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:19PM	Moon 6 - Phase 14 - 18 Sobhana 5125 3rd Phase
Routine Work	Marana Yoga	451416572	<b>Rahu</b> 8:30AM – 10:19AM	Bava Until 11:05AM <b>Panchami Until 12:12AM Sun</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Bhuloka Day</b> Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	
Until 8:03AM Sun	Then Creative Work - Amrita Yoga	<b>6</b>		<b>Sunday, July 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau	
Then Creative Work - Amrita Yoga		<b>Gulika</b> Yama	<b>3:43PM – 5:31PM</b> 12:07PM – 1:55PM	<b>Uttaraphalguni Until 8:03AM</b> Shiva Until 3:19AM Mon	<b>Ganesha:</b> White <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 7:19PM	Moon 6 - Phase 14 - 19 Sobhana 5125 3rd Phase
		451416572	<b>Rahu</b> 5:31PM – 7:19PM	Kaulava Until 1:16PM <b>Shashthi* Until 2:11AM Mon</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Bhuloka Day</b> Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	
<b>Monday, July 24, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		St. Louis, MO Sun 20 Sutra 99	
Kanya Rasi: 20.57	Tithi 7	<b>Gulika</b> Yama	<b>1:55PM – 3:42PM</b> 10:19AM – 12:07PM	<b>Hasta Until 10:40AM</b> Siddha Until 3:30AM Tue	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 7:18PM	Moon 6 - Phase 14 - 20 Sobhana 5125 3rd Phase
<b>Family Home Evening</b>		462416572	<b>Rahu</b> 6:43AM – 8:31AM	Gara Until 3:00PM <b>Saptami Until 3:38AM Tue</b>	<b>Nataraja:</b> Yellow Moon – Green	<b>Sivaloka Day</b> Sravana Adhika*Adi	
Creative Work	Siddha Yoga	<b>Tuesday, July 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 100	
Until 10:40AM	Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> Yama	<b>12:07PM – 1:54PM</b> 8:32AM – 10:19AM	<b>Chitra Until 12:32PM</b> Sadhya Until 3:07AM Wed	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 7:17PM	Moon 6 - Phase 14 - 21 Sobhana 5125 Ashtami
Then Routine Work - Prabalarishta Yoga		462416572	<b>Rahu</b> 3:42PM – 5:29PM	Visti Until 4:07PM <b>Ashtami* Until 4:22AM Wed</b>	<b>Nataraja:</b> Yellow Moon – Green	<b>Sivaloka Day</b> Sravana Adhika*Adi	
<b>Wednesday, July 26, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		St. Louis, MO Sun 22 Sutra 101	
Tula Rasi: 15.53	Tithi 9	<b>Gulika</b> Yama	<b>10:19AM – 12:07PM</b> 6:45AM – 8:32AM	<b>Svati Until 1:29PM</b> Subha Until 2:07AM Thu	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 7:16PM	Moon 6 - Phase 14 - 22 Sobhana 5125 Navami
Creative Work	Siddha Yoga	462416572	<b>Rahu</b> 12:07PM – 1:54PM	Balava Until 4:27PM <b>Navami* Until 4:16AM Thu</b>	<b>Nataraja:</b> Yellow Moon – Green	<b>Sivaloka Day</b> Sravana Adhika*Adi	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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<b>1 Thursday, July 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		St. Louis, MO
Tula Rasi: 28.55 Tithi 10		Vishakha Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 102
Creative Work Siddha Yoga	<b>Gulika</b> 8:32AM – 10:20AM	<b>Vishakha</b> Until 1:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:58AM	Sobhana 5125
	Yama 4:58AM – 6:45AM	Sukla Until 12:23AM Fri	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:15PM	Moon 6 - Phase 15 - 23
	472416572 <b>Rahu</b> 1:54PM – 3:41PM	Taitila Until 3:55PM	<b>Nataraja:</b> Yellow	4th Phase
		<b>Dashami</b> Until 3:18AM Fri	Moon – Orange	<b>Devaloka Day</b>
			Sravana Adhika*Adi	

<b>2 Friday, July 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Louis, MO
Vrischika Rasi: 12.25 Tithi 11		Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 103
Creative Work Siddha Yoga	<b>Gulika</b> 6:46AM – 8:33AM	<b>Anuradha</b> Until 1:21PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:59AM	Sobhana 5125
	Yama 3:41PM – 5:28PM	Brahma Until 9:59PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 6 - Phase 15 - 24
Until 1:21PM Then Routine Work - Marana Yoga	472416572 <b>Rahu</b> 10:20AM – 12:07PM	Vanija Until 2:31PM	<b>Nataraja:</b> Yellow	4th Phase
		<b>Ekadashi</b> Until 1:31AM Sat	Moon – Orange	<b>Devaloka Day</b>
			Sravana Adhika*Adi	

<b>3 Saturday, July 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		St. Louis, MO
Vrischika Rasi: 26.25 Tithi 12		Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 104
Creative Work Siddha Yoga	<b>Gulika</b> 5:00AM – 6:47AM	<b>Jyeshtha*</b> Until 11:51AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:00AM	Sobhana 5125
	Yama 1:53PM – 3:40PM	Indra Until 6:59PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 6 - Phase 15 - 25
Until 9:58AM Then Creative Work - Siddha Yoga	472416572 <b>Rahu</b> 8:33AM – 10:20AM	Bava Until 12:21PM	<b>Nataraja:</b> Yellow	4th Phase
		<b>Dvadashi</b> Until 10:59PM	Moon – Orange	<b>Devaloka Day</b>
			Sravana Adhika*Adi	

<b>4 Sunday, July 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Louis, MO
Dhanus Rasi: 10.53 Tithi 13		Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 105
Creative Work Amrita Yoga	<b>Gulika</b> 3:40PM – 5:26PM	<b>Mula*</b> Until 9:58AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:01AM	Sobhana 5125
	Yama 12:07PM – 1:53PM	Vaidhriti* Until 3:27PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 6 - Phase 15 - 26
Until 9:58AM Then Creative Work - Siddha Yoga	482416572 <b>Rahu</b> 5:26PM – 7:13PM	Kaulava Until 9:31AM	<b>Nataraja:</b> Yellow	4th Phase
		<b>Trayodashi</b> Until 7:53PM	Moon – Light Blue	<b>Sivaloka Day</b>
		<i>Pradosha Vrata</i>	Sravana Adhika*Adi	

<b>5 Monday, July 31, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		St. Louis, MO
Dhanus Rasi: 25.46 Tithi 14 – 15		Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 106
Family Home Evening Routine Work Marana Yoga	<b>Gulika</b> 1:53PM – 3:39PM	<b>Purvashadha*</b> Until 7:25AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:02AM	Sobhana 5125
	Yama 10:20AM – 12:07PM	Vishkambha* Until 11:32AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 6 - Phase 15 - 27
482416572 <b>Rahu</b> 6:48AM – 8:34AM		Gara Until 6:11AM	<b>Nataraja:</b> Yellow	4th Phase
		<b>Chaturdashi*</b> Until 4:21PM	Moon – Light Blue	<b>Sivaloka Day</b>
			Sravana Adhika*Adi	

<b>○ Tuesday, August 1, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Louis, MO
<b>Copper Retreat Star</b>		Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 107
Makara Rasi: 10.54 Tithi 15 – 16	<b>Gulika</b> 12:07PM – 1:53PM	<b>Shravana</b> Until 1:32AM Wed	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:02AM	Sobhana 5125
	Yama 8:34AM – 10:21AM	Priti Until 7:23AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:11PM	Moon 6 - Phase 15 -
Creative Work Siddha Yoga Until 1:32AM Wed Then Routine Work - Prabalarishta Yoga	492416572 <b>Rahu</b> 3:39PM – 5:25PM	Balava Until 10:39PM	<b>Nataraja:</b> Yellow	Purnima
		<b>Purnima*</b> Until 12:34PM	Moon – Purple	<b>Devaloka Day</b>
			Sravana Adhika*Adi	

<b>Wednesday, August 2, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		St. Louis, MO
<b>Silver Retreat Star</b>		Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 108
Makara Rasi: 26.1 Tithi 16 – 17	<b>Gulika</b> 10:21AM – 12:06PM	<b>Dhanishtha</b> Until 10:32PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:03AM	Sobhana 5125
	Yama 6:49AM – 8:35AM	Saubhagya Until 10:53PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:10PM	Moon 6 - Phase 15 -
Routine Work Prabalarishta Yoga Until 10:32PM Then Creative Work - Siddha Yoga	492416572 <b>Rahu</b> 12:06PM – 1:52PM	Taitila Until 6:48PM	<b>Nataraja:</b> Yellow	Prathama
		<b>Prathama*</b> Until 8:42AM	Moon – Purple	<b>Devaloka Day</b>
			Sravana Adhika*Adi	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



**Thursday, August 3, 2023**  
**Gold Retreat Star**

Kumbha Rasi: 11.22 Tithi 18  
492416572  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 8:35AM – 10:21AM**  
Yama 5:04AM – 6:50AM  
**Rahu 1:52PM – 3:38PM**  
Sobhana Until 6:50PM  
Vanija Until 3:08PM  
Tritiya Until 1:24AM Fri

St. Louis, MO Sun 1 Sutra 109  
Sobhana 5125  
Moon 7 - Phase 16 - 1 1st Phase  
**Devaloka Day**  
Ganesh: Yellow Sunrise: 5:04AM  
Muruga: Yellow Sunset: 7:09PM  
Nataraja: Yellow  
Moon – Purple  
Sravana Adhika\*Adi

**1**

**Friday, August 4, 2023**

Kumbha Rasi: 26.21 Tithi 19  
412416572  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau  
**Gulika 6:50AM – 8:36AM**  
Yama 3:37PM – 5:22PM  
**Rahu 10:21AM – 12:06PM**  
Purvaproshtapada\* Until 5:21PM  
Athiganda\* Until 3:04PM  
Bava Until 11:48AM  
Chaturthi\* Until 10:17PM

St. Louis, MO Sun 2 Sutra 110  
Sobhana 5125  
Moon 7 - Phase 16 - 2 1st Phase  
**Devaloka Day**  
Ganesh: Clear Sunrise: 5:05AM  
Muruga: Yellow Sunset: 7:08PM  
Nataraja: Yellow  
Moon – Clear  
Sravana Adhika\*Adi

**2**

**Saturday, August 5, 2023**

Meena Rasi: 10.59 Tithi 20  
412416572  
Creative Work Siddha Yoga  
Until 3:28PM  
Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 5:06AM – 6:51AM**  
Yama 1:51PM – 3:36PM  
**Rahu 8:36AM – 10:21AM**  
Uttaraproshtapada Until 3:28PM  
Sukarma Until 11:45AM  
Kaulava Until 8:57AM  
Panchami Until 7:44PM

St. Louis, MO Sun 3 Sutra 111  
Sobhana 5125  
Moon 7 - Phase 16 - 3 1st Phase  
**Devaloka Day**  
Ganesh: Clear Sunrise: 5:06AM  
Muruga: Yellow Sunset: 7:07PM  
Nataraja: Yellow  
Moon – Clear  
Sravana Adhika\*Adi

**3**

**Sunday, August 6, 2023**

Meena Rasi: 25.13 Tithi 21 – 22  
413416572  
Creative Work Amrita Yoga  
Until 2:05PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 3:36PM – 5:21PM**  
Yama 12:06PM – 1:51PM  
**Rahu 5:21PM – 7:05PM**  
Revati Until 2:05PM  
Dhriti Until 8:58AM  
Gara Until 6:44AM  
Shashthi\* Until 5:52PM

St. Louis, MO Sun 4 Sutra 112  
Sobhana 5125  
Moon 7 - Phase 16 - 4 1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesh: White Sunrise: 5:07AM  
Muruga: Yellow Sunset: 7:05PM  
Nataraja: Yellow  
Moon – Clear  
Sravana Adhika\*Adi

**4**

**Monday, August 7, 2023**

Mesha Rasi: 8.59 Tithi 22 – 23  
423416572  
Family Home Evening  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 1:51PM – 3:35PM**  
Yama 10:21AM – 12:06PM  
**Rahu 6:52AM – 8:37AM**  
Ashvini Until 1:44PM  
Shula\* Until 6:44AM  
Balava Until 4:28AM Tue  
Saptami Until 4:43PM

St. Louis, MO Sun 5 Sutra 113  
Sobhana 5125  
Moon 7 - Phase 16 - 5 1st Phase  
**Devaloka Day**  
Ganesh: Clear Sunrise: 5:08AM  
Muruga: Yellow Sunset: 7:04PM  
Nataraja: Yellow  
Moon – White  
Sravana Adhika\*Adi

**5**

**Tuesday, August 8, 2023**

**Retreat Star**

Mesha Rasi: 22.19 Tithi 23 – 24  
423416572  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 12:06PM – 1:50PM**  
Yama 8:37AM – 10:22AM  
**Rahu 3:34PM – 5:19PM**  
Bharani Until 1:59PM  
Vridhhi Until 4:08AM Wed  
Taitila Until 4:27AM Wed  
Ashtami\* Until 4:21PM

St. Louis, MO Sun 6 Sutra 114  
Sobhana 5125  
Moon 7 - Phase 16 - 6 Ashtami  
**Devaloka Day**  
Ganesh: Clear Sunrise: 5:09AM  
Muruga: Yellow Sunset: 7:03PM  
Nataraja: Yellow  
Moon – White  
Sravana Adhika\*Adi

**Wednesday, August 9, 2023**

**Retreat Star**

Vrishabha Rasi: 5.15 Tithi 24 – 25  
423416572  
Creative Work Amrita Yoga  
Until 2:47PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika 10:22AM – 12:06PM**  
Yama 6:53AM – 8:38AM  
**Rahu 12:06PM – 1:50PM**  
Krittika Until 2:47PM  
Dhruva Until 3:38AM Thu  
Vanija Until 5:06AM Thu  
Navami\* Until 4:40PM

St. Louis, MO Sun 7 Sutra 115  
Sobhana 5125  
Moon 7 - Phase 16 - 7 Navami  
**Devaloka Day**  
Ganesh: Clear Sunrise: 5:09AM  
Muruga: Yellow Sunset: 7:02PM  
Nataraja: Yellow  
Moon – White  
Sravana Adhika\*Adi

<b>1</b>		<b>Thursday, August 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Louis, MO Sun 8 Sutra 116	
Vrishabha Rasi: 17.53 Tithi 25 – 26		<b>Gulika</b> 8:38AM – 10:22AM	<b>Rohini Until 4:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM			Sobhana 5125
433416572		Yama 5:10AM – 6:54AM	Vyaghata* Until 3:35AM Fri	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:01PM	Moon 7 - Phase 17 - 8		2nd Phase
Routine Work Marana Yoga		<b>Rahu</b> 1:49PM – 3:33PM	Bava Until 6:18AM Fri	<b>Nataraja:</b> Yellow			
			<b>Dashami Until 5:37PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

<b>2</b>		<b>Friday, August 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau		St. Louis, MO Sun 9 Sutra 117	
Mithuna Rasi: 0.16 Tithi 26		<b>Gulika</b> 6:55AM – 8:38AM	<b>Mrigashira Until 6:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:11AM			Sobhana 5125
433416572		Yama 3:32PM – 5:16PM	Harshana Until 3:53AM Sat	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:00PM	Moon 7 - Phase 17 - 9		2nd Phase
Creative Work Siddha Yoga		<b>Rahu</b> 10:22AM – 12:05PM	Bava Until 6:18AM	<b>Nataraja:</b> Yellow			
			<b>Ekadashi* Until 7:03PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

<b>3</b>		<b>Saturday, August 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Louis, MO Sun 10 Sutra 118	
Mithuna Rasi: 12.28 Tithi 27		<b>Gulika</b> 5:12AM – 6:55AM	<b>Ardra Until 8:47PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:12AM			Sobhana 5125
433416572		Yama 1:49PM – 3:32PM	Vajra* Until 4:25AM Sun	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:58PM	Moon 7 - Phase 17 - 10		2nd Phase
Creative Work Siddha Yoga		<b>Rahu</b> 8:39AM – 10:22AM	Kaulava Until 7:56AM	<b>Nataraja:</b> Yellow			
			<b>Dvadashi* Until 8:52PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

<b>4</b>		<b>Sunday, August 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		St. Louis, MO Sun 11 Sutra 119	
Mithuna Rasi: 24.32 Tithi 28		<b>Gulika</b> 3:31PM – 5:14PM	<b>Punarvasu Until 11:36PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:13AM			Sobhana 5125
433416572		Yama 12:05PM – 1:48PM	Siddhi Until 5:08AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM	Moon 7 - Phase 17 - 11		2nd Phase
Creative Work Siddha Yoga		<b>Rahu</b> 5:14PM – 6:57PM	Gara Until 9:53AM	<b>Nataraja:</b> Yellow			
			<b>Trayodashi* Until 10:56PM</b>	Moon – Blue	<b>Bhuloka Day</b>		
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, August 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Louis, MO Sun 12 Sutra 120	
Kataka Rasi: 6.31 Tithi 29		<b>Gulika</b> 1:48PM – 3:30PM	<b>Pushya Until 2:26AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:14AM			Sobhana 5125
433416572		Yama 10:22AM – 12:05PM	Vyatipata* Until 6:01AM Tue	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:56PM	Moon 7 - Phase 17 - 12		2nd Phase
Family Home Evening Creative Work Siddha Yoga		<b>Rahu</b> 6:57AM – 8:39AM	Visti Until 12:04PM	<b>Nataraja:</b> Yellow			
			<b>Chaturdashi* Until 1:12AM Tue</b>	Moon – Blue	<b>Bhuloka Day</b>		
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

<b>Retreat Star</b>		<b>Tuesday, August 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Louis, MO Sun 13 Sutra 121	
Kataka Rasi: 18.25 Tithi 30		<b>Gulika</b> 12:05PM – 1:47PM	<b>Ashlesha* Until 5:14AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:15AM			Sobhana 5125
433416572		Yama 8:40AM – 10:22AM	Vyatipata* Until 6:01AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:55PM	Moon 7 - Phase 17 - 13		Amavasya
Creative Work Siddha Yoga		<b>Rahu</b> 3:30PM – 5:12PM	Catuspada Until 2:24PM	<b>Nataraja:</b> Yellow			
			<b>Amavasya* Until 3:35AM Wed</b>	Moon – Blue	<b>Bhuloka Day</b>		
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM		

<b>Retreat Star</b>		<b>Wednesday, August 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Louis, MO Sun 14 Sutra 122	
Simha Rasi: 0.17 Tithi 1		<b>Gulika</b> 10:22AM – 12:04PM	<b>Magha* Until 8:24AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:16AM			Sobhana 5125
453516572		Yama 6:58AM – 8:40AM	Variyan Until 6:56AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 7 - Phase 17 - 14		Prathama
Creative Work Siddha Yoga		<b>Rahu</b> 12:04PM – 1:47PM	Kintughna Until 4:50PM	<b>Nataraja:</b> Yellow			
			<b>Prathama* Until 6:03AM Thu</b>	Moon – Red	<b>Devaloka Day</b>		
				Sravana*Adi			

<b>1</b>		<b>Thursday, August 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Louis, MO Sun 15 Sutra 123	
Simha Rasi: 12.08	Tithi 1 – 2	<b>Gulika</b> 8:40AM – 10:22AM	<b>Magha* Until 8:24AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:17AM	Sobhana 5125	
		Yama 5:17AM – 6:58AM	Parigha* Until 7:55AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 18 - 15	
		553516572 <b>Rahu</b> 1:46PM – 3:28PM	Balava Until 7:17PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Prathama* Until 6:03AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 8:24AM				<b>Sravana*Avani</b>			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, August 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Louis, MO Sun 16 Sutra 124	
Simha Rasi: 23.59	Tithi 2 – 3	<b>Gulika</b> 6:59AM – 8:41AM	<b>Purvaphalguni Until 11:23AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:17AM	Sobhana 5125	
		Yama 3:27PM – 5:09PM	Shiva Until 8:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18 - 16	
		553516572 <b>Rahu</b> 10:22AM – 12:04PM	Taitila Until 9:41PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 8:29AM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Sravana*Avani</b>			
<b>3</b>		<b>Saturday, August 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		St. Louis, MO Sun 17 Sutra 125	
Kanya Rasi: 5.53	Tithi 3 – 4	<b>Gulika</b> 5:18AM – 7:00AM	<b>Uttaraphalguni Until 2:05PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:18AM	Sobhana 5125	
		Yama 1:45PM – 3:27PM	Siddha Until 9:45AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18 - 17	
		553516572 <b>Rahu</b> 8:41AM – 10:22AM	Vanija Until 11:54PM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 10:48AM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Sravana*Avani</b>			
<b>4</b>		<b>Sunday, August 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Louis, MO Sun 18 Sutra 126	
Kanya Rasi: 17.52	Tithi 4 – 5	<b>Gulika</b> 3:26PM – 5:07PM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:19AM	Sobhana 5125	
		Yama 12:04PM – 1:45PM	Sadhya Until 10:26AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18 - 18	
		564516572 <b>Rahu</b> 5:07PM – 6:48PM	Bava Until 1:47AM Mon	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 12:52PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 4:51PM		<b>Nag Panchami</b>		<b>Sravana*Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Monday, August 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Louis, MO Sun 19 Sutra 127	
Kanya Rasi: 29.59	Tithi 5 – 6	<b>Gulika</b> 1:44PM – 3:25PM	<b>Chitra Until 7:02PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:20AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:22AM – 12:03PM	Subha Until 10:50AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 18 - 19	
Routine Work	Prabalarishta Yoga	564516572 <b>Rahu</b> 7:01AM – 8:42AM	Kaulava Until 3:11AM Tue	<b>Nataraja:</b> Yellow		3rd Phase	
Until 7:02PM			<b>Panchami Until 2:31PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Sravana*Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
<b>6</b>		<b>Tuesday, August 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Louis, MO Sun 20 Sutra 128	
Tula Rasi: 12.2	Tithi 6 – 7	<b>Gulika</b> 12:03PM – 1:44PM	<b>Svati Until 8:29PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:21AM	Sobhana 5125	
		Yama 8:42AM – 10:23AM	Sukla Until 10:48AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 18 - 20	
		564516572 <b>Rahu</b> 3:24PM – 5:05PM	Gara Until 3:57AM Wed	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:38PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 8:29PM				<b>Sravana*Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, August 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 129	
Tula Rasi: 24.57	Tithi 7 – 8	<b>Gulika</b> 10:23AM – 12:03PM	<b>Vishakha Until 9:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Sobhana 5125	
		Yama 7:02AM – 8:42AM	Brahma Until 10:14AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 18 - 21	
		574516572 <b>Rahu</b> 12:03PM – 1:43PM	Visti Until 3:58AM Thu	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:02PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Sravana*Avani</b>			
<b>Retreat Star</b>		<b>Thursday, August 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Louis, MO Sun 22 Sutra 130	
Vrischika Rasi: 7.56	Tithi 8 – 9	<b>Gulika</b> 8:43AM – 10:23AM	<b>Anuradha Until 9:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	Sobhana 5125	
		Yama 5:23AM – 7:03AM	Indra Until 9:06AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18 - 22	
		574516572 <b>Rahu</b> 1:43PM – 3:22PM	Balava Until 3:12AM Fri	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:40PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 9:42PM				<b>Sravana*Avani</b>			
Then Routine Work - Prabalarishta Yoga							
<b>Retreat Star</b>		<b>Friday, August 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Louis, MO Sun 23 Sutra 131	
Vrischika Rasi: 21.2	Tithi 9 – 10	<b>Gulika</b> 7:03AM – 8:43AM	<b>Jyeshtha* Until 8:55PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Sobhana 5125	
		Yama 3:22PM – 5:01PM	Vaidhriti* Until 7:17AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18 - 23	
		574516572 <b>Rahu</b> 10:23AM – 12:02PM	Taitila Until 1:39AM Sat	<b>Nataraja:</b> Yellow		Navami	
Routine Work	Marana Yoga		<b>Navami* Until 2:30PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 8:55PM		<b>Varalakshmi Vratam</b>		<b>Sravana*Avani</b>			
Then Creative Work - Amrita Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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**1 Saturday, August 26, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
Mula\* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau Sun 24 Sutra 132

Dhanus Rasi: 5.13 Tithi 10 – 11  
584516572 **Gulika 5:24AM – 7:04AM Mula\* Until 7:41PM** **Ganesha: White Sunrise: 5:24AM** Sobhana 5125  
Yama 1:41PM – 3:21PM **Muruga: Yellow Sunset: 6:40PM** Moon 7 - Phase 19 - 24  
**Rahu 8:43AM – 10:23AM** Vanija Until 11:22PM **Nataraja: Yellow** 4th Phase  
Creative Work Siddha Yoga **Dashami Until 12:34PM** Moon – Light Blue **Bhuloka Day**  
**Sravana\*Avani Devaloka Time: 3:PM to 6:PM**

**2 Sunday, August 27, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
Purvashadha\*/Uttarashadha Nakshatra Ayushman Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 133

Dhanus Rasi: 19.32 Tithi 11 – 12  
584516572 **Gulika 3:20PM – 4:59PM Purvashadha\* Until 5:40PM** **Ganesha: White Sunrise: 5:25AM** Sobhana 5125  
Yama 12:02PM – 1:41PM Ayushman Until 10:21PM **Muruga: Yellow Sunset: 6:38PM** Moon 7 - Phase 19 - 25  
**Rahu 4:59PM – 6:38PM** Bava Until 8:28PM **Nataraja: Yellow** 4th Phase  
Creative Work Siddha Yoga **Ekadashi Until 9:58AM** Moon – Light Blue **Bhuloka Day**  
Until 5:40PM **Sravana\*Avani Devaloka Time: 3:PM to 6:PM**  
Then Creative Work - Amrita Yoga

**3 Monday, August 28, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
Uttarashadha\*/Shravana Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 134

Makara Rasi: 4.16 Tithi 12 – 13  
584516573 **Gulika 1:40PM – 3:19PM Uttarashadha Until 3:02PM** **Ganesha: White Sunrise: 5:26AM** Sobhana 5125  
Yama 10:23AM – 12:01PM Saubhagya Until 6:28PM **Muruga: Yellow Sunset: 6:37PM** Moon 7 - Phase 19 - 26  
**Rahu 7:05AM – 8:44AM** Taitila Until 3:17AM Tue **Nataraja: White** 4th Phase  
Routine Work Marana Yoga **Dvadashi Until 6:49AM** Moon – Light Blue **Devaloka Day**  
Until 3:02PM **Sravana\*Avani**  
Then Creative Work - Amrita Yoga *Pradosha Vrata*

**4 Tuesday, August 29, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
Shravana/Dhanishtha Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 135

Makara Rasi: 19.19 Tithi 14  
594516573 **Gulika 12:01PM – 1:40PM Shravana Until 12:19PM** **Ganesha: Yellow Sunrise: 5:27AM** Sobhana 5125  
Yama 8:44AM – 10:23AM Sobhana Until 2:20PM **Muruga: Yellow Sunset: 6:35PM** Moon 7 - Phase 19 - 27  
**Rahu 3:18PM – 4:57PM** Gara Until 1:26PM **Nataraja: White** 4th Phase  
Creative Work Siddha Yoga **Chidambaram Abhishekam** **Chaturdashi\* Until 11:30PM** Moon – Purple **Sivaloka Day**  
**Sravana\*Avani**

**Wednesday, August 30, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
Dhanishtha/Shatabhishak Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Purnimayam Titau Sutra 136

Kumbha Rasi: 4.33 Tithi 15  
594516573 **Gulika 10:23AM – 12:01PM Dhanishtha Until 9:19AM** **Ganesha: Yellow Sunrise: 5:28AM** Sobhana 5125  
Yama 7:06AM – 8:44AM Athiganda\* Until 10:04AM **Muruga: Yellow Sunset: 6:34PM** Moon 7 - Phase 19 -  
**Rahu 12:01PM – 1:39PM** Visti Until 9:36AM **Nataraja: White** Purnima  
Routine Work Prabalarishta Yoga **Purnima\* Until 7:40PM** Moon – Purple **Sivaloka Day**  
Until 9:19AM **Raksha Bandhan** **Sravana\*Avani**  
Then Creative Work - Siddha Yoga

**Thursday, August 31, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam St. Louis, MO  
Shatabhishak/Purvaproshtapada\* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau Sutra 137

Kumbha Rasi: 19.47 Tithi 16 – 17  
594516573 **Gulika 8:45AM – 10:23AM Shatabhishak Until 6:11AM** **Ganesha: Yellow Sunrise: 5:29AM** Sobhana 5125  
Yama 5:29AM – 7:07AM Dhriti Until 1:44AM Fri **Muruga: Yellow Sunset: 6:32PM** Moon 7 - Phase 19 -  
**Rahu 1:38PM – 3:16PM** Taitila Until 2:10AM Fri **Nataraja: White** Prathama  
Creative Work Siddha Yoga **Prathama\* Until 3:55PM** Moon – Purple **Sivaloka Day**  
**Sravana\*Avani**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 4.52 Tithi 17 - 18

514516573

Gulika 7:07AM - 8:45AM  
Yama 3:15PM - 4:53PM  
Rahu 10:23AM - 12:00PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Uttara Proshthapada Nakshatra Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttara Proshthapada Until 1:05AM Sat  
Shula\* Until 9:55PM  
Vanija Until 10:53PM  
Dvitiya Until 12:27PM

Ganesha: Yellow Sunrise: 5:30AM  
Muruga: Yellow Sunset: 6:31PM  
Nataraja: White  
Moon - Clear  
Srivana\*Avani

Sun 1 Sutra 138  
Sobhana 5125  
Moon 8 - Phase 20 - 1  
1st Phase

Creative Work Siddha Yoga  
Until 1:05AM Sat  
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

1

Saturday, September 2, 2023

Meena Rasi: 19.39 Tithi 18 - 19

515516573

Gulika 5:31AM - 7:08AM  
Yama 1:37PM - 3:15PM  
Rahu 8:45AM - 10:23AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Revati Until 11:02PM  
Ganda\* Until 6:33PM  
Bava Until 8:07PM  
Tritiya Until 9:25AM

Ganesha: Red Sunrise: 5:31AM  
Muruga: Yellow Sunset: 6:29PM  
Nataraja: White  
Moon - Clear  
Srivana\*Avani

Sun 2 Sutra 139  
Sobhana 5125  
Moon 8 - Phase 20 - 2  
1st Phase

Routine Work Prabalarishta Yoga  
Until 11:02PM  
Then Creative Work - Siddha Yoga

Sivaloka Day

2

Sunday, September 3, 2023

Mesha Rasi: 4.02 Tithi 19 - 20

525516573

Gulika 3:14PM - 4:51PM  
Yama 12:00PM - 1:37PM  
Rahu 4:51PM - 6:28PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ashvini Until 9:56PM  
Vriddhi Until 3:42PM  
Kaulava Until 6:00PM  
Chaturthi\* Until 6:57AM

Ganesha: Green Sunrise: 5:31AM  
Muruga: Yellow Sunset: 6:28PM  
Nataraja: White  
Moon - White  
Srivana\*Avani

Sun 3 Sutra 140  
Sobhana 5125  
Moon 8 - Phase 20 - 3  
1st Phase

Creative Work Siddha Yoga  
Until 9:56PM  
Then Routine Work - Prabalarishta Yoga

Devaloka Day

3

Monday, September 4, 2023

Mesha Rasi: 17.56 Tithi 21

525516573

Gulika 1:36PM - 3:13PM  
Yama 10:22AM - 11:59AM  
Rahu 7:09AM - 8:46AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Bharani Until 9:28PM  
Dhruva Until 1:26PM  
Gara Until 4:39PM  
Shashthi\* Until 4:15AM Tue

Ganesha: Green Sunrise: 5:32AM  
Muruga: Yellow Sunset: 6:26PM  
Nataraja: White  
Moon - White  
Srivana\*Avani

Sun 4 Sutra 141  
Sobhana 5125  
Moon 8 - Phase 20 - 4  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga  
Until 9:28PM  
Then Routine Work - Marana Yoga

Devaloka Day

4

Tuesday, September 5, 2023

Vrishabha Rasi: 1.23 Tithi 22

525516573

Gulika 11:59AM - 1:35PM  
Yama 8:46AM - 10:22AM  
Rahu 3:12PM - 4:48PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Kritika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Kritika Until 9:38PM  
Vyaghata\* Until 11:50AM  
Visti Until 4:06PM  
Saptami Until 4:07AM Wed

Ganesha: Green Sunrise: 5:33AM  
Muruga: Yellow Sunset: 6:25PM  
Nataraja: White  
Moon - White  
Srivana\*Avani

Sun 5 Sutra 142  
Sobhana 5125  
Moon 8 - Phase 20 - 5  
1st Phase

Creative Work Siddha Yoga  
Until 9:38PM  
Then Creative Work - Amrita Yoga

Devaloka Day

D

Wednesday, September 6, 2023

Retreat Star

Vrishabha Rasi: 14.23 Tithi 23

535516573

Gulika 10:22AM - 11:59AM  
Yama 7:10AM - 8:46AM  
Rahu 11:59AM - 1:35PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rohini Until 10:54PM  
Harshana Until 10:54AM  
Balava Until 4:22PM  
Ashtami\* Until 4:45AM Thu

Ganesha: Orange Sunrise: 5:34AM  
Muruga: Yellow Sunset: 6:23PM  
Nataraja: White  
Moon - Yellow  
Srivana\*Avani

Sun 6 Sutra 143  
Sobhana 5125  
Moon 8 - Phase 20 - 6  
Ashtami

Creative Work Siddha Yoga  
Krishna Janmashtami

Sivaloka Day

Thursday, September 7, 2023

Retreat Star

Vrishabha Rasi: 27.02 Tithi 24

535516573

Gulika 8:47AM - 10:22AM  
Yama 5:35AM - 7:11AM  
Rahu 1:34PM - 3:10PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Mrigashira Until 12:40AM Fri  
Vajra\* Until 10:30AM  
Taitila Until 5:21PM  
Navami\* Until 6:03AM Fri

Ganesha: Orange Sunrise: 5:35AM  
Muruga: Yellow Sunset: 6:21PM  
Nataraja: White  
Moon - Yellow  
Srivana\*Avani

Sun 7 Sutra 144  
Sobhana 5125  
Moon 8 - Phase 20 - 7  
Navami

Routine Work Marana Yoga  
Until 12:40AM Fri  
Then Creative Work - Siddha Yoga

Sivaloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

www.gurudeva.org/panchang

# Friday, September 8, 2023

**1**  
Mithuna Rasi: 9.23    Tithi 24 – 25  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 7:11AM – 8:47AM  
**Yama** 3:09PM – 4:44PM  
**Rahu** 10:22AM – 11:58AM

**Ardra Until 2:47AM Sat**  
Siddhi Until 10:37AM  
Vanija Until 6:55PM  
**Navami\* Until 6:03AM**

St. Louis, MO  
Sun 8    Sutra 145  
Sobhana 5125  
Moon 8 - Phase 21 - 8  
2nd Phase

**Ganesh:** Orange    *Sunrise:* 5:36AM  
**Muruga:** Yellow    *Sunset:* 6:20PM

**Nataraja:** White  
Moon – Yellow

**Sivaloka Day**  
Sravana\*Avani

# Saturday, September 9, 2023

**2**  
Mithuna Rasi: 21.31    Tithi 25 – 26  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

**Gulika** 5:37AM – 7:12AM  
**Yama** 1:33PM – 3:08PM  
**Rahu** 8:47AM – 10:22AM

**Punarvasu Until 5:37AM Sun**  
Vyatipata\* Until 11:06AM  
Bava Until 8:55PM  
**Dashami Until 7:51AM**

St. Louis, MO  
Sun 9    Sutra 146  
Sobhana 5125  
Moon 8 - Phase 21 - 9  
2nd Phase

**Ganesh:** Light Blue    *Sunrise:* 5:37AM  
**Muruga:** Yellow    *Sunset:* 6:18PM

**Nataraja:** White  
Moon – Blue

**Devaloka Day**  
Sravana\*Avani

# Sunday, September 10, 2023

**3**  
Kataka Rasi: 3.31    Tithi 26 – 27  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

**Gulika** 3:07PM – 4:42PM  
**Yama** 11:57AM – 1:32PM  
**Rahu** 4:42PM – 6:17PM

**Pushya Until 8:29AM Mon**  
Variyan Until 11:48AM  
Kaulava Until 11:11PM  
**Ekadashi\* Until 10:00AM**

St. Louis, MO  
Sun 10    Sutra 147  
Sobhana 5125  
Moon 8 - Phase 21 - 10  
2nd Phase

**Ganesh:** Purple    *Sunrise:* 5:38AM  
**Muruga:** Yellow    *Sunset:* 6:17PM

**Nataraja:** White  
Moon – Blue

**Devaloka Day**  
Sravana\*Avani

# Monday, September 11, 2023

**4**  
Kataka Rasi: 15.25    Tithi 27 – 28  
**Family Home Evening**  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

**Gulika** 1:31PM – 3:06PM  
**Yama** 10:22AM – 11:57AM  
**Rahu** 7:13AM – 8:48AM

**Pushya Until 8:29AM**  
Parigha\* Until 12:41PM  
Gara Until 1:37AM Tue  
**Dvadashi\* Until 12:22PM**

St. Louis, MO  
Sun 11    Sutra 148  
Sobhana 5125  
Moon 8 - Phase 21 - 11  
2nd Phase

**Ganesh:** Light Blue    *Sunrise:* 5:38AM  
**Muruga:** Yellow    *Sunset:* 6:15PM

**Nataraja:** White  
Moon – Blue

**Devaloka Day**  
Sravana\*Avani

*Pradosha Vrata (Fasting)*

# Tuesday, September 12, 2023

**5**  
Kataka Rasi: 27.17    Tithi 28 – 29  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam Titau

**Gulika** 11:56AM – 1:31PM  
**Yama** 8:48AM – 10:22AM  
**Rahu** 3:05PM – 4:39PM

**Ashlesha\* Until 11:18AM**  
Shiva Until 1:38PM  
Visti Until 4:04AM Wed  
**Trayodashi\* Until 2:49PM**

St. Louis, MO  
Sun 12    Sutra 149  
Sobhana 5125  
Moon 8 - Phase 21 - 12  
2nd Phase

**Ganesh:** Light Blue    *Sunrise:* 5:39AM  
**Muruga:** Yellow    *Sunset:* 6:14PM

**Nataraja:** White  
Moon – Blue

**Devaloka Day**  
Sravana\*Avani

# Wednesday, September 13, 2023

**6**  
Simha Rasi: 9.09    Tithi 29 – 30  
Creative Work    Siddha Yoga  
Until 2:26PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam Titau

**Gulika** 10:22AM – 11:56AM  
**Yama** 7:14AM – 8:48AM  
**Rahu** 11:56AM – 1:30PM

**Magha\* Until 2:26PM**  
Siddha Until 2:33PM  
Catuspada Until 6:28AM Thu  
**Chaturdashi\* Until 5:16PM**

St. Louis, MO  
Sun 13    Sutra 150  
Sobhana 5125  
Moon 8 - Phase 21 - 13  
2nd Phase

**Ganesh:** Purple    *Sunrise:* 5:40AM  
**Muruga:** Yellow    *Sunset:* 6:12PM

**Nataraja:** White  
Moon – Red

**Devaloka Day**  
Sravana\*Avani

# Thursday, September 14, 2023

**Retreat Star**  
Simha Rasi: 21.02    Tithi 30  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

**Gulika** 8:48AM – 10:22AM  
**Yama** 5:41AM – 7:15AM  
**Rahu** 1:29PM – 3:03PM

**Purvaphalguni Until 5:20PM**  
Sadhya Until 3:24PM  
Catuspada Until 6:28AM  
**Amavasya\* Until 7:36PM**

St. Louis, MO  
Sun 14    Sutra 151  
Sobhana 5125  
Moon 8 - Phase 21 - 14  
Amavasya

**Ganesh:** Purple    *Sunrise:* 5:41AM  
**Muruga:** Yellow    *Sunset:* 6:10PM

**Nataraja:** White  
Moon – Red

**Devaloka Day**  
Sravana\*Avani

# Friday, September 15, 2023

**Retreat Star**  
Kanya Rasi: 2.58    Tithi 1  
Creative Work    Siddha Yoga  
Until 7:53PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna\*/Bava Karana Prathamayam Titau

**Gulika** 7:15AM – 8:49AM  
**Yama** 3:02PM – 4:36PM  
**Rahu** 10:22AM – 11:55AM

**Uttaraphalguni Until 7:53PM**  
Subha Until 4:09PM  
Kintughna Until 8:44AM  
**Prathama\* Until 9:45PM**

St. Louis, MO  
Sun 15    Sutra 152  
Sobhana 5125  
Moon 8 - Phase 21 - 15  
Prathama

**Ganesh:** Purple    *Sunrise:* 5:42AM  
**Muruga:** White    *Sunset:* 6:09PM

**Nataraja:** White  
Moon – Red

**Sivaloka Day**  
Bhadrapada\*Avani

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

**1 Saturday, September 16, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153  
 Kanya Rasi: 14.59 Tithi 2 **Gulika 5:43AM – 7:16AM** **Hasta Until 10:30PM** **Ganesha:** Light Blue *Sunrise:* 5:43AM **Muruga:** White *Sunset:* 6:07PM Moon 8 - Phase 22 - 16  
 566626573 **Rahu 8:49AM – 10:22AM** Sukla Until 4:39PM **Nataraja:** White 3rd Phase  
 Routine Work Marana Yoga Balava Until 10:46AM Moon – Green **Sivaloka Day**  
**Dvitiya Until 11:38PM** **Bhadrapada\*Avani**

**2 Sunday, September 17, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154  
 Kanya Rasi: 27.08 Tithi 3 **Gulika 3:00PM – 4:33PM** **Chitra Until 12:37AM Mon** **Ganesha:** Light Blue *Sunrise:* 5:44AM **Muruga:** White *Sunset:* 6:06PM Moon 8 - Phase 22 - 17  
 566626573 **Rahu 4:33PM – 6:06PM** Brahma Until 4:56PM **Nataraja:** White 3rd Phase  
 Creative Work Siddha Yoga Taitila Until 12:28PM Moon – Green **Sivaloka Day**  
 Until 12:37AM Mon **Tritiya Until 1:09AM Mon** **Bhadrapada\*Puratasi**  
 Then Creative Work - Amrita Yoga

**3 Monday, September 18, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Svati Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Chaturthyam Titau Sun 18 Sutra 155  
 Tula Rasi: 9.26 Tithi 4 **Gulika 1:27PM – 2:59PM** **Svati Until 2:08AM Tue** **Ganesha:** Purple *Sunrise:* 5:44AM **Muruga:** White *Sunset:* 6:04PM Moon 8 - Phase 22 - 18  
**Family Home Evening** 567626573 **Rahu 7:17AM – 8:49AM** Indra Until 4:53PM **Nataraja:** White 3rd Phase  
 Creative Work Amrita Yoga Vanija Until 1:47PM Moon – Green **Sivaloka Day**  
 Until 2:08AM Tue **Ganesha Chaturthi** **Chaturthi\* Until 2:14AM Tue** **Bhadrapada\*Puratasi**  
 Then Routine Work - Marana Yoga

**4 Tuesday, September 19, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Vishakha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156  
 Tula Rasi: 21.56 Tithi 5 **Gulika 11:54AM – 1:26PM** **Vishakha Until 3:28AM Wed** **Ganesha:** Clear *Sunrise:* 5:45AM **Muruga:** White *Sunset:* 6:03PM Moon 8 - Phase 22 - 19  
 577626573 **Rahu 2:58PM – 4:30PM** Vaidhriti\* Until 4:26PM **Nataraja:** White 3rd Phase  
 Routine Work Marana Yoga Bava Until 2:36PM Moon – Orange **Subha Sivaloka Day**  
 Until 3:28AM Wed **Panchami Until 2:47AM Wed** **Bhadrapada\*Puratasi**  
 Then Creative Work - Siddha Yoga

**5 Wednesday, September 20, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Anuradha Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157  
 Vrishchika Rasi: 4.41 Tithi 6 **Gulika 10:22AM – 11:54AM** **Anuradha Until 4:04AM Thu** **Ganesha:** Clear *Sunrise:* 5:46AM **Muruga:** White *Sunset:* 6:01PM Moon 8 - Phase 22 - 20  
 577626573 **Rahu 11:54AM – 1:25PM** Vishkambha\* Until 3:34PM **Nataraja:** White 3rd Phase  
 Creative Work Siddha Yoga Kaulava Until 2:52PM Moon – Orange **Subha Sivaloka Day**  
 Until 4:04AM Thu **Shashthi\* Until 2:45AM Thu** **Bhadrapada\*Puratasi**  
 Then Routine Work - Prabalarishta Yoga

**6 Thursday, September 21, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Jyeshtha\* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158  
 Vrishchika Rasi: 17.43 Tithi 7 **Gulika 8:50AM – 10:22AM** **Jyeshtha\* Until 3:54AM Fri** **Ganesha:** Clear *Sunrise:* 5:47AM **Muruga:** White *Sunset:* 5:59PM Moon 8 - Phase 22 - 21  
 577626573 **Rahu 1:25PM – 2:56PM** Priti Until 2:13PM **Nataraja:** White 3rd Phase  
 Routine Work Prabalarishta Yoga Gara Until 2:31PM Moon – Orange **Subha Sivaloka Day**  
 Until 3:54AM Fri **Saptami Until 2:05AM Fri** **Bhadrapada\*Puratasi**  
 Then Creative Work - Amrita Yoga

**Friday, September 22, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
**Retreat Star** Mula\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159  
 Dhanus Rasi: 1.05 Tithi 8 **Gulika 7:19AM – 8:50AM** **Mula\* Until 3:24AM Sat** **Ganesha:** White *Sunrise:* 5:48AM **Muruga:** White *Sunset:* 5:58PM Moon 8 - Phase 22 - 22  
 587626573 **Rahu 10:22AM – 11:53AM** Ayushman Until 12:20PM **Nataraja:** White Ashtami  
 Creative Work Amrita Yoga Visti Until 1:32PM Moon – Light Blue **Sivaloka Day**  
 Until 3:24AM Sat **Ashtami\* Until 12:47AM Sat** **Bhadrapada\*Puratasi**  
 Then Creative Work - Siddha Yoga

**Saturday, September 23, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
**Retreat Star** Purvashadha\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160  
 Dhanus Rasi: 14.49 Tithi 9 **Gulika 5:49AM – 7:20AM** **Purvashadha\* Until 2:10AM Sun** **Ganesha:** White *Sunrise:* 5:49AM **Muruga:** White *Sunset:* 5:56PM Moon 8 - Phase 22 - 23  
 587626573 **Rahu 8:51AM – 10:22AM** Saubhagya Until 9:58AM **Nataraja:** White Navami  
 Creative Work Siddha Yoga Balava Until 11:55AM Moon – Light Blue **Sivaloka Day**  
 Until 2:10AM Sun **Navami\* Until 10:52PM** **Bhadrapada\*Puratasi**  
 Then Creative Work - Amrita Yoga

<b>1 Sunday, September 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Atthiganda* Yoga Taitila/Gara Karana Dashamyam Titau		St. Louis, MO Sun 24 Sutra 161
Dhanus Rasi: 28.56	Tithi 10	<b>Gulika</b> 2:53PM – 4:24PM	<b>Uttarashadha Until 12:15AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:50AM <b>Muruga:</b> White <i>Sunset:</i> 5:55PM
	587626573	Yama 11:52AM – 1:23PM	Sobhana Until 7:08AM	Moon 8 - Phase 23 - 24
Creative Work	Amrita Yoga	<b>Rahu</b> 4:24PM – 5:55PM	Taitila Until 9:44AM	<b>Nataraja:</b> White Moon – Light Blue
			<b>Dashami Until 8:25PM</b>	<b>Sivaloka Day</b> Bhadrapada*Puratasi

<b>2 Monday, September 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		St. Louis, MO Sun 25 Sutra 162
Makara Rasi: 13.24	Tithi 11 – 12	<b>Gulika</b> 1:22PM – 2:52PM	<b>Shravana Until 10:11PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:51AM <b>Muruga:</b> White <i>Sunset:</i> 5:53PM
<b>Family Home Evening</b>	598626573	Yama 10:22AM – 11:52AM	Sukarma Until 12:15AM Tue	Moon 8 - Phase 23 - 25
Creative Work	Amrita Yoga	<b>Rahu</b> 7:21AM – 8:51AM	Vanija Until 7:02AM	<b>Nataraja:</b> White Moon – Purple
Until 10:11PM			<b>Ekadashi Until 5:31PM</b>	<b>Subha Subha Sivaloka Day</b> Bhadrapada*Puratasi
Then Creative Work - Siddha Yoga				

<b>3 Tuesday, September 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Louis, MO Sun 26 Sutra 163
Makara Rasi: 28.09	Tithi 12 – 13	<b>Gulika</b> 11:52AM – 1:22PM	<b>Dhanishtha Until 7:41PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:52AM <b>Muruga:</b> White <i>Sunset:</i> 5:51PM
	598626573	Yama 8:52AM – 10:22AM	Dhriti Until 8:24PM	Moon 8 - Phase 23 - 26
Creative Work	Siddha Yoga	<b>Rahu</b> 2:52PM – 4:21PM	Kaulava Until 12:36AM Wed	<b>Nataraja:</b> White Moon – Purple
Until 7:41PM			<b>Dvadashi Until 2:17PM</b>	<b>Subha Subha Sivaloka Day</b> Bhadrapada*Puratasi
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>

<b>4 Wednesday, September 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Louis, MO Sun 27 Sutra 164
Kumbha Rasi: 13.06	Tithi 13 – 14	<b>Gulika</b> 10:21AM – 11:51AM	<b>Shatabhishak Until 4:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:52AM <b>Muruga:</b> White <i>Sunset:</i> 5:50PM
	598626573	Yama 7:22AM – 8:52AM	Shula* Until 4:25PM	Moon 8 - Phase 23 - 27
Creative Work	Siddha Yoga	<b>Rahu</b> 11:51AM – 1:21PM	Gara Until 9:08PM	<b>Nataraja:</b> White Moon – Purple
Until 4:53PM			<b>Trayodashi Until 10:51AM</b>	<b>Subha Subha Sivaloka Day</b> Bhadrapada*Puratasi
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b> <b>Kadaitswami Mahasamadhi</b>		

<b>○ Thursday, September 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Chaturdashii/Purnimayam Titau		St. Louis, MO Sun 28 Sutra 165
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:52AM – 10:21AM	<b>Purvaproshtapada* Until 2:21PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:53AM <b>Muruga:</b> White <i>Sunset:</i> 5:48PM
Kumbha Rasi: 28.07	Tithi 14 – 15	Yama 5:53AM – 7:23AM	Ganda* Until 12:26PM	Moon 8 - Phase 23 - Purnima
	618626573	<b>Rahu</b> 1:20PM – 2:50PM	Bava Until 4:01AM Fri	<b>Nataraja:</b> White Moon – Clear
Creative Work	Siddha Yoga		<b>Chaturdashii* Until 7:23AM</b>	<b>Subha Sivaloka Day</b> Bhadrapada*Puratasi

<b>Friday, September 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		St. Louis, MO Sun 29 Sutra 166
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:52AM	<b>Uttaraproshtapada Until 11:50AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:54AM <b>Muruga:</b> White <i>Sunset:</i> 5:47PM
Meena Rasi: 13.03	Tithi 16	Yama 2:49PM – 4:18PM	Vridhi Until 8:35AM	Moon 8 - Phase 23 - Prathama
	618626573	<b>Rahu</b> 10:21AM – 11:50AM	Balava Until 2:26PM	<b>Nataraja:</b> White Moon – Clear
Creative Work	Siddha Yoga		<b>Prathama* Until 12:55AM Sat</b>	<b>Subha Sivaloka Day</b> Bhadrapada*Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for St. Louis, MO on 11/20/21

www.gurudeva.org/panchang

**Saturday, September 30, 2023**  
**Gold Retreat Star**

Meena Rasi: 27.46 Tithi 17  
 Routine Work Prabalarishta Yoga  
 Until 9:31AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 5:55AM – 7:24AM**  
 Yama 1:19PM – 2:48PM  
**Rahu 8:53AM – 10:21AM**

**Revati Until 9:31AM**  
 Vyaghata\* Until 1:43AM Sun  
 Taitila Until 11:32AM  
**Dvitiya Until 10:14PM**

**Ganesha: Yellow** Sunrise: 5:55AM  
**Muruga: White** Sunset: 5:45PM  
**Nataraja: White**  
 Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sutra 167  
 Sobhana 5125  
 Moon 9 - Phase 24 -  
 1st Phase

**1 Sunday, October 1, 2023**

Mesha Rasi: 12.1 Tithi 18  
 Creative Work Siddha Yoga  
 Until 7:57AM  
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 2:47PM – 4:15PM**  
 Yama 11:50AM – 1:18PM  
**Rahu 4:15PM – 5:44PM**

**Ashvini Until 7:57AM**  
 Harshana Until 10:58PM  
 Vanija Until 9:07AM  
**Tritiya Until 8:07PM**

**Ganesha: Clear** Sunrise: 5:56AM  
**Muruga: White** Sunset: 5:44PM  
**Nataraja: White**  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 1 Sutra 168  
 Sobhana 5125  
 Moon 9 - Phase 24 - 1  
 1st Phase

**2 Monday, October 2, 2023**

Mesha Rasi: 26.09 Tithi 19  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 6:53AM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Krittika Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika 1:18PM – 2:46PM**  
 Yama 10:21AM – 11:50AM  
**Rahu 7:25AM – 8:53AM**

**Bharani Until 6:53AM**  
 Vajra\* Until 8:45PM  
 Bava Until 7:20AM  
**Chaturthi\* Until 6:42PM**

**Ganesha: Clear** Sunrise: 5:57AM  
**Muruga: White** Sunset: 5:42PM  
**Nataraja: White**  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 2 Sutra 169  
 Sobhana 5125  
 Moon 9 - Phase 24 - 2  
 1st Phase

**3 Tuesday, October 3, 2023**

Vrishabha Rasi: 9.41 Tithi 20  
 Creative Work Siddha Yoga  
 Until 6:23AM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika/Rohini Nakshatra Siddhi\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika 11:49AM – 1:17PM**  
 Yama 8:54AM – 10:21AM  
**Rahu 2:45PM – 4:13PM**

**Krittika Until 6:23AM**  
 Siddhi Until 7:10PM  
 Kaulava Until 6:17AM  
**Panchami Until 6:03PM**

**Ganesha: Clear** Sunrise: 5:58AM  
**Muruga: White** Sunset: 5:41PM  
**Nataraja: White**  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 3 Sutra 170  
 Sobhana 5125  
 Moon 9 - Phase 24 - 3  
 1st Phase

**4 Wednesday, October 4, 2023**

Vrishabha Rasi: 22.48 Tithi 21  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika 10:21AM – 11:49AM**  
 Yama 7:26AM – 8:54AM  
**Rahu 11:49AM – 1:16PM**

**Rohini Until 6:58AM**  
 Vyatipata\* Until 6:14PM  
 Gara Until 6:03AM  
**Shashthi\* Until 6:12PM**

**Ganesha: Purple** Sunrise: 5:59AM  
**Muruga: White** Sunset: 5:39PM  
**Nataraja: White**  
 Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 4 Sutra 171  
 Sobhana 5125  
 Moon 9 - Phase 24 - 4  
 1st Phase

**5 Thursday, October 5, 2023**

Mithuna Rasi: 5.31 Tithi 22  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika 8:54AM – 10:21AM**  
 Yama 6:00AM – 7:27AM  
**Rahu 1:16PM – 2:43PM**

**Mrigashira Until 8:10AM**  
 Variyan Until 5:52PM  
 Visti Until 6:36AM  
**Saptami Until 7:07PM**

**Ganesha: Clear** Sunrise: 6:00AM  
**Muruga: White** Sunset: 5:38PM  
**Nataraja: White**  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 5 Sutra 172  
 Sobhana 5125  
 Moon 9 - Phase 24 - 5  
 1st Phase

**Friday, October 6, 2023**  
**Retreat Star**

Mithuna Rasi: 17.55 Tithi 23  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika 7:28AM – 8:54AM**  
 Yama 2:42PM – 4:09PM  
**Rahu 10:21AM – 11:48AM**

**Ardra Until 9:53AM**  
 Parigha\* Until 6:00PM  
 Balava Until 7:51AM  
**Ashtami\* Until 8:42PM**

**Ganesha: Clear** Sunrise: 6:01AM  
**Muruga: White** Sunset: 5:36PM  
**Nataraja: White**  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 6 Sutra 173  
 Sobhana 5125  
 Moon 9 - Phase 24 - 6  
 Ashtami

**Saturday, October 7, 2023**  
**Retreat Star**

Kataka Rasi: 0.05 Tithi 24  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

**Gulika 6:02AM – 7:28AM**  
 Yama 1:15PM – 2:41PM  
**Rahu 8:55AM – 10:21AM**

**Punarvasu Until 12:28PM**  
 Shiva Until 6:33PM  
 Taitila Until 9:42AM  
**Navami\* Until 10:45PM**

**Ganesha: Purple** Sunrise: 6:02AM  
**Muruga: White** Sunset: 5:34PM  
**Nataraja: White**  
 Moon – Blue  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

St. Louis, MO  
 Sun 7 Sutra 174  
 Sobhana 5125  
 Moon 9 - Phase 24 - 7  
 Navami

**1 Sunday, October 8, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Pushya/Ashlesha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Dashamyam Titau Sun 8 Sutra 175  
 Kataka Rasi: 12.04 Tithi 25 **Gulika 2:40PM – 4:07PM Pushya Until 3:14PM Ganesha: Purple Sunrise: 6:02AM** Sobhana 5125  
 Yama 11:48AM – 1:14PM Siddha Until 7:19PM **Muruga: White Sunset: 5:33PM** Moon 9 - Phase 25 - 8  
 649726574 **Rahu 4:07PM – 5:33PM** Vanija Until 11:56AM **Nataraja: Clear** 2nd Phase  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Dashami Until 1:07AM Mon** **Bhadrapada\*Puratasi**

**2 Monday, October 9, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Ashlesha\* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 176  
 Kataka Rasi: 23.58 Tithi 26 **Gulika 1:13PM – 2:39PM Ashlesha\* Until 6:02PM Ganesha: Blue Sunrise: 6:03AM** Sobhana 5125  
 Family Home Evening 641726574 **Rahu 7:29AM – 8:55AM** Sadhya Until 8:13PM **Muruga: White Sunset: 5:31PM** Moon 9 - Phase 25 - 9  
 Creative Work Siddha Yoga **Nataraja: Clear** 2nd Phase  
 Until 6:02PM **Ekadashi\* Until 3:37AM Tue** **Subha Sivaloka Day**  
 Then Routine Work - Marana Yoga **Bhadrapada\*Puratasi**

**3 Tuesday, October 10, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Magha\* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 177  
 Simha Rasi: 5.49 Tithi 27 **Gulika 11:47AM – 1:13PM Magha\* Until 9:11PM Ganesha: Red Sunrise: 6:04AM** Sobhana 5125  
 651726574 **Rahu 2:39PM – 4:04PM** Subha Until 9:08PM **Muruga: White Sunset: 5:30PM** Moon 9 - Phase 25 - 10  
 Creative Work Siddha Yoga **Nataraja: Clear** 2nd Phase  
**Dvadashi\* Until 6:04AM Wed** **Sivaloka Day**  
**Bhadrapada\*Puratasi**

**4 Wednesday, October 11, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 178  
 Simha Rasi: 17.41 Tithi 27 – 28 **Gulika 10:22AM – 11:47AM Purvaphalguni Until 12:02AM Thu Ganesha: Red Sunrise: 6:05AM** Sobhana 5125  
 651726574 **Rahu 11:47AM – 1:12PM** Sukla Until 9:55PM **Muruga: White Sunset: 5:29PM** Moon 9 - Phase 25 - 11  
 Creative Work Amrita Yoga **Nataraja: Clear** 2nd Phase  
**Dvadashi\* Until 6:04AM** **Sivaloka Day**  
**Bhadrapada\*Puratasi**  
*Pradosha Vrata (Fasting)*

**5 Thursday, October 12, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Uttarahalguni Nakshatra Brahma Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 179  
 Simha Rasi: 29.38 Tithi 28 – 29 **Gulika 8:56AM – 10:22AM Uttarahalguni Until 2:27AM Fri Ganesha: Red Sunrise: 6:06AM** Sobhana 5125  
 661726574 **Rahu 1:12PM – 2:37PM** Brahma Until 10:31PM **Muruga: White Sunset: 5:27PM** Moon 9 - Phase 25 - 12  
 Amrita Yoga **Nataraja: Clear** 2nd Phase  
**Trayodashi\* Until 8:21AM** **Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Friday, October 13, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam St. Louis, MO  
 Hasta Nakshatra Indra Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 180  
**Retreat Star** **Gulika 7:32AM – 8:57AM Hasta Until 4:52AM Sat Ganesha: Yellow Sunrise: 6:07AM** Sobhana 5125  
 Kanya Rasi: 11.42 Tithi 29 – 30 **Rahu 10:22AM – 11:46AM** Indra Until 10:52PM **Muruga: White Sunset: 5:26PM** Moon 9 - Phase 25 - 13  
 Creative Work Amrita Yoga **Nataraja: Clear** Amavasya  
 Until 4:52AM Sat **Mahalaya Amavasai (Tamil Nadu)** **Chaturdashi\* Until 10:19AM** **Sivaloka Day**  
 Then Routine Work - Marana Yoga **Bhadrapada\*Puratasi**

**Saturday, October 14, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Chitra Nakshatra Vaidhriti\* Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 181  
**Retreat Star** **Gulika 6:08AM – 7:33AM Chitra Until 6:41AM Sun Ganesha: Yellow Sunrise: 6:08AM** Sobhana 5125  
 Kanya Rasi: 23.55 Tithi 30 – 1 **Rahu 8:57AM – 10:22AM** Vaidhriti\* Until 10:52PM **Muruga: White Sunset: 5:24PM** Moon 9 - Phase 25 - 14  
 Routine Work Marana Yoga **Nataraja: Clear** Prathama  
 Until 6:41AM Sun **Navaratri Begins** **Amavasya\* Until 11:54AM** **Sivaloka Day**  
 Then Creative Work - Siddha Yoga **Ashvina\*Puratasi**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1 Sunday, October 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Louis, MO Sun 15 Sutra 182	
Tula Rasi: 6.18	Tithi 1 – 2	<b>Gulika</b> 2:34PM – 3:59PM	<b>Chitra Until 6:41AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:09AM	Sobhana 5125
		Yama 11:46AM – 1:10PM	Vishkambha* Until 10:31PM	<b>Muruga:</b> White <i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 - 15
		661726574 <b>Rahu</b> 3:59PM – 5:23PM	Balava Until 1:27AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 1:02PM</b>	Moon – Green	<b>Sivaloka Day</b>
				Ashvina*Puratasi	

<b>2 Monday, October 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Louis, MO Sun 16 Sutra 183	
Tula Rasi: 18.54	Tithi 2 – 3	<b>Gulika</b> 1:10PM – 2:34PM	<b>Svati Until 7:54AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:22AM – 11:46AM	Priti Until 9:50PM	<b>Muruga:</b> White <i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 - 16
Creative Work	Amrita Yoga	661726574 <b>Rahu</b> 7:34AM – 8:58AM	Taitila Until 1:53AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 7:54AM			<b>Dvitiya Until 1:43PM</b>	Moon – Green	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Ashvina*Puratasi	

<b>3 Tuesday, October 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		St. Louis, MO Sun 17 Sutra 184	
Vrischika Rasi: 1.43	Tithi 3 – 4	<b>Gulika</b> 11:46AM – 1:09PM	<b>Vishakha Until 8:58AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:11AM	Sobhana 5125
		Yama 8:58AM – 10:22AM	Ayushman Until 8:45PM	<b>Muruga:</b> White <i>Sunset:</i> 5:20PM	Moon 9 - Phase 26 - 17
		671726574 <b>Rahu</b> 2:33PM – 3:56PM	Vanija Until 1:52AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 1:55PM</b>	Moon – Orange	<b>Sivaloka Day</b>
Until 8:58AM				Ashvina*Aipasi	
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, October 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Louis, MO Sun 18 Sutra 185	
Vrischika Rasi: 14.46	Tithi 4 – 5	<b>Gulika</b> 10:22AM – 11:45AM	<b>Anuradha Until 9:27AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:12AM	Sobhana 5125
		Yama 7:35AM – 8:59AM	Saubhagya Until 7:19PM	<b>Muruga:</b> White <i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 - 18
		671726574 <b>Rahu</b> 11:45AM – 1:09PM	Bava Until 1:23AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:40PM</b>	Moon – Orange	<b>Sivaloka Day</b>
				Ashvina*Aipasi	

<b>5 Thursday, October 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		St. Louis, MO Sun 19 Sutra 186	
Vrischika Rasi: 28.02	Tithi 5 – 6	<b>Gulika</b> 8:59AM – 10:22AM	<b>Jyeshtha* Until 9:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:13AM	Sobhana 5125
		Yama 6:13AM – 7:36AM	Sobhana Until 5:34PM	<b>Muruga:</b> White <i>Sunset:</i> 5:17PM	Moon 9 - Phase 26 - 19
		671726574 <b>Rahu</b> 1:08PM – 2:31PM	Kaulava Until 12:29AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Panchami Until 12:58PM</b>	Moon – Orange	<b>Sivaloka Day</b>
Until 9:20AM				Ashvina*Aipasi	
Then Creative Work - Siddha Yoga					

<b>6 Friday, October 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Louis, MO Sun 20 Sutra 187	
Dhanus Rasi: 11.33	Tithi 6 – 7	<b>Gulika</b> 7:37AM – 9:00AM	<b>Mula* Until 9:07AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:14AM	Sobhana 5125
		Yama 2:30PM – 3:53PM	Athiganda* Until 3:28PM	<b>Muruga:</b> White <i>Sunset:</i> 5:16PM	Moon 9 - Phase 26 - 20
		682726574 <b>Rahu</b> 10:22AM – 11:45AM	Gara Until 11:11PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 11:52AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Until 9:07AM				Ashvina*Aipasi	
Then Routine Work - Prabalarishta Yoga					

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 188	
Dhanus Rasi: 25.17	Tithi 7 – 8	<b>Gulika</b> 6:15AM – 7:38AM	<b>Purvashadha* Until 8:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:15AM	Sobhana 5125
		Yama 1:07PM – 2:30PM	Sukarma Until 1:04PM	<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	Moon 9 - Phase 26 - 21
		682726574 <b>Rahu</b> 9:00AM – 10:22AM	Visti Until 9:30PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 10:22AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Until 8:21AM		<b>Durga Ashtami</b>		Ashvina*Aipasi	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Louis, MO Sun 22 Sutra 189	
Makara Rasi: 9.16	Tithi 8 – 9	<b>Gulika</b> 2:29PM – 3:51PM	<b>Uttarashadha Until 7:05AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:16AM	Sobhana 5125
		Yama 11:45AM – 1:07PM	Dhriti Until 10:22AM	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	Moon 9 - Phase 26 - 22
		682726574 <b>Rahu</b> 3:51PM – 5:13PM	Balava Until 7:27PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 8:30AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>		Ashvina*Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>Monday, October 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		St. Louis, MO Sun 23 Sutra 190	
<b>1</b>	Makara Rasi: 23.28 Tithi 9 – 10 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 4:00AM Tue Then Routine Work - Marana Yoga	<b>Gulika</b> 1:06PM – 2:28PM Yama 10:23AM – 11:45AM <b>Rahu</b> 7:39AM – 9:01AM  <b>Vijaya Dasami</b>	<b>Dhanishtha Until 4:00AM Tue</b> Shula* Until 7:23AM Gara Until 3:48AM Tue <b>Navami* Until 6:17AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:17AM <b>Muruga:</b> White <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Clear Moon – Purple <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 23 4th Phase
<b>Tuesday, October 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Louis, MO Sun 24 Sutra 191	
<b>2</b>	Kumbha Rasi: 7.51 Tithi 11  Routine Work Marana Yoga Until 1:55AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:44AM – 1:06PM Yama 9:01AM – 10:23AM <b>Rahu</b> 2:28PM – 3:49PM	<b>Shatabhishak Until 1:55AM Wed</b> Vriddhi Until 12:50AM Wed Vanija Until 2:30PM <b>Ekadashi Until 1:07AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:18AM <b>Muruga:</b> White <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Clear Moon – Purple <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 24 4th Phase
<b>Wednesday, October 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		St. Louis, MO Sun 25 Sutra 192	
<b>3</b>	Kumbha Rasi: 22.23 Tithi 12  Creative Work Amrita Yoga Until 12:00AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:23AM – 11:44AM Yama 7:40AM – 9:02AM <b>Rahu</b> 11:44AM – 1:06PM	<b>Purvaproshtapada* Until 12:00AM Thu</b> Dhruva Until 9:22PM Bava Until 11:44AM <b>Dvadashi Until 10:19PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:19AM <b>Muruga:</b> White <i>Sunset:</i> 5:09PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 25 4th Phase
<b>Thursday, October 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau		St. Louis, MO Sun 26 Sutra 193	
<b>4</b>	Meena Rasi: 6.58 Tithi 13  Creative Work Siddha Yoga	<b>Gulika</b> 9:02AM – 10:23AM Yama 6:20AM – 7:41AM <b>Rahu</b> 1:05PM – 2:26PM	<b>Uttaraproshtapada Until 9:57PM</b> Vyaghata* Until 5:54PM Kaulava Until 8:55AM <b>Trayodashi Until 7:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM <b>Muruga:</b> White <i>Sunset:</i> 5:09PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 26 4th Phase
<b>Friday, October 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		St. Louis, MO Sun 27 Sutra 194	
<b>5</b>	Meena Rasi: 21.32 Tithi 14 – 15  Creative Work Siddha Yoga Until 7:54PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:42AM – 9:03AM Yama 2:25PM – 3:46PM <b>Rahu</b> 10:23AM – 11:44AM	<b>Revati Until 7:54PM</b> Harshana Until 2:32PM Gara Until 6:10AM <b>Chaturdashi* Until 4:50PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:21AM <b>Muruga:</b> White <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 27 4th Phase
<b>Saturday, October 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Louis, MO Sun 28 Sutra 195	
<b>○</b>	<b>Copper Retreat Star</b> Mesha Rasi: 5.58 Tithi 15 – 16  Creative Work Siddha Yoga	<b>Gulika</b> 6:22AM – 7:43AM Yama 1:04PM – 2:25PM <b>Rahu</b> 9:03AM – 10:24AM	<b>Ashvini Until 6:24PM</b> Vajra* Until 11:21AM Balava Until 1:21AM Sun <b>Purnima* Until 2:25PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:22AM <b>Muruga:</b> White <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Clear Moon – White <b>Sivaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - Purnima
<b>Sunday, October 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		St. Louis, MO Sun 29 Sutra 196	
<b>○</b>	<b>Silver Retreat Star</b> Mesha Rasi: 20.09 Tithi 16 – 17  Routine Work Prabalarishta Yoga Until 5:10PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:24PM – 3:44PM Yama 11:44AM – 1:04PM <b>Rahu</b> 3:44PM – 5:04PM	<b>Bharani Until 5:10PM</b> Siddhi Until 8:28AM Taitila Until 11:34PM <b>Prathama* Until 12:23PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM <b>Muruga:</b> White <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Clear Moon – White <b>Sivaloka Day</b> Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - Prathama

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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Monday, October 30, 2023

Gold Retreat Star

Vrishabha Rasi: 4.02 Tithi 17 – 18

Family Home Evening

Routine Work Marana Yoga

Until 4:20PM

Then Creative Work - Amrita Yoga

Gulika

1:04PM – 2:24PM

Yama

10:24AM – 11:44AM

Rahu

7:44AM – 9:04AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\*Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Sutra 197

Sobhana 5125

Moon 10 - Phase 28 - 1

1st Phase

Ganesha: White

Sunrise: 6:24AM

Muruga: White

Sunset: 5:03PM

Nataraja: Clear

Moon – White

Subha Sivaloka Day

Ashvina•Aipasi

1

Tuesday, October 31, 2023

Vrishabha Rasi: 17.34 Tithi 18 – 19

Creative Work Amrita Yoga

Until 4:26PM

Then Creative Work - Siddha Yoga

Gulika

11:44AM – 1:03PM

Yama

9:05AM – 10:24AM

Rahu

2:23PM – 3:43PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Sun 2

Sutra 198

Sobhana 5125

Moon 10 - Phase 28 - 2

1st Phase

Ganesha: Yellow

Sunrise: 6:26AM

Muruga: White

Sunset: 5:02PM

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

2

Wednesday, November 1, 2023

Mithuna Rasi: 0.42 Tithi 19 – 20

Creative Work Siddha Yoga

Gulika

10:25AM – 11:44AM

Yama

7:46AM – 9:05AM

Rahu

11:44AM – 1:03PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Sutra 199

Sobhana 5125

Moon 10 - Phase 28 - 3

1st Phase

Ganesha: Yellow

Sunrise: 6:27AM

Muruga: White

Sunset: 5:01PM

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

3

Thursday, November 2, 2023

Mithuna Rasi: 13.29 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:18PM

Then Creative Work - Amrita Yoga

Gulika

9:06AM – 10:25AM

Yama

6:28AM – 7:47AM

Rahu

1:03PM – 2:22PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

Sun 4

Sutra 200

Sobhana 5125

Moon 10 - Phase 28 - 4

1st Phase

Ganesha: White

Sunrise: 6:28AM

Muruga: White

Sunset: 5:00PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Ashvina•Aipasi

4

Friday, November 3, 2023

Mithuna Rasi: 25.56 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:28PM

Then Routine Work - Marana Yoga

Gulika

7:47AM – 9:06AM

Yama

2:21PM – 3:40PM

Rahu

10:25AM – 11:44AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5

Sutra 201

Sobhana 5125

Moon 10 - Phase 28 - 5

1st Phase

Ganesha: Yellow

Sunrise: 6:29AM

Muruga: White

Sunset: 4:59PM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Ashvina•Aipasi

5

Saturday, November 4, 2023

Retreat Star

Kataka Rasi: 8.08 Tithi 22 – 23

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

Gulika

6:30AM – 7:48AM

Yama

1:02PM – 2:21PM

Rahu

9:07AM – 10:25AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6

Sutra 202

Sobhana 5125

Moon 10 - Phase 28 - 6

Ashtami

Ganesha: Yellow

Sunrise: 6:30AM

Muruga: White

Sunset: 4:58PM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Ashvina•Aipasi

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 20.09 Tithi 23 – 24

Creative Work Siddha Yoga

Until 1:40AM Mon

Then Routine Work - Marana Yoga

Gulika

2:20PM – 3:39PM

Yama

11:44AM – 1:02PM

Rahu

3:39PM – 4:57PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7

Sutra 203

Sobhana 5125

Moon 10 - Phase 28 - 7

Navami

Ganesha: Yellow

Sunrise: 6:31AM

Muruga: White

Sunset: 4:57PM

Nataraja: Clear

Moon – Blue

Sivaloka Day


Ashvina•Aipasi

<b>Monday, November 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara Karana Navamyam Titau		St. Louis, MO Sun 8 Sutra 204	
<b>1</b>	Simha Rasi: 2.03 Tithi 24 <b>Family Home Evening</b> Routine Work Marana Yoga Until 4:50AM Tue Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:02PM – 2:20PM Yama 10:26AM – 11:44AM <b>Rahu</b> 7:50AM – 9:08AM	<b>Magha* Until 4:50AM Tue</b> Brahma Until 3:45AM Tue Gara Until 6:19PM <b>Navami* Until 6:19PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:32AM Sunset: 4:56PM Moon 10 - Phase 29 - 8 2nd Phase
<b>Tuesday, November 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		St. Louis, MO Sun 9 Sutra 205	
<b>2</b>	Simha Rasi: 13.54 Tithi 25 753826574 Creative Work Siddha Yoga Until 7:45AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:44AM – 1:02PM Yama 9:08AM – 10:26AM <b>Rahu</b> 2:19PM – 3:37PM	<b>Purvaphalguni Until 7:45AM Wed</b> Indra Until 4:36AM Wed Vanija Until 7:37AM <b>Dashami Until 8:50PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:33AM Sunset: 4:55PM Moon 10 - Phase 29 - 9 2nd Phase
<b>Wednesday, November 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		St. Louis, MO Sun 10 Sutra 206	
<b>3</b>	Simha Rasi: 25.47 Tithi 26 753826574 Creative Work Amrita Yoga	<b>Gulika</b> 10:27AM – 11:44AM Yama 7:52AM – 9:09AM <b>Rahu</b> 11:44AM – 1:01PM	<b>Purvaphalguni Until 7:45AM</b> Vaidhriti* Until 5:13AM Thu Bava Until 10:03AM <b>Ekadashi* Until 11:09PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:34AM Sunset: 4:54PM Moon 10 - Phase 29 - 10 2nd Phase
<b>Thursday, November 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Louis, MO Sun 11 Sutra 207	
<b>4</b>	Kanya Rasi: 7.47 Tithi 27 753826574 Amrita Yoga Until 10:13AM Then Routine Work - Marana Yoga	<b>Gulika</b> 9:10AM – 10:27AM Yama 6:35AM – 7:52AM <b>Rahu</b> 1:01PM – 2:19PM	<b>Uttaraphalguni Until 10:13AM</b> Vishkambha* Until 5:32AM Fri Kaulava Until 12:11PM <b>Dvadashi* Until 1:04AM Fri</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Ashvina*Aipasi	Sunrise: 6:35AM Sunset: 4:53PM Moon 10 - Phase 29 - 11 2nd Phase
<b>Friday, November 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau		St. Louis, MO Sun 12 Sutra 208	
<b>5</b>	Kanya Rasi: 19.56 Tithi 28 763826574 Creative Work Amrita Yoga Until 12:36PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:53AM – 9:10AM Yama 2:18PM – 3:35PM <b>Rahu</b> 10:27AM – 11:44AM	<b>Hasta Until 12:36PM</b> Priti Until 5:27AM Sat Gara Until 1:52PM <b>Trayodashi* Until 2:28AM Sat</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Ashvina*Aipasi	Sunrise: 6:36AM Sunset: 4:52PM Moon 10 - Phase 29 - 12 2nd Phase
<b>Saturday, November 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Louis, MO Sun 13 Sutra 209	
<b>6</b>	Tula Rasi: 2.2 Tithi 29 763826574 Routine Work Marana Yoga Until 2:16PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:37AM – 7:54AM Yama 1:01PM – 2:18PM <b>Rahu</b> 9:11AM – 10:28AM	<b>Chitra Until 2:16PM</b> Ayushman Until 4:53AM Sun Visti Until 2:58PM <b>Chaturdashi* Until 3:16AM Sun</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Ashvina*Aipasi	Sunrise: 6:37AM Sunset: 4:51PM Moon 10 - Phase 29 - 13 2nd Phase
<b>Sunday, November 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Louis, MO Sun 14 Sutra 210	
<b>Retreat Star</b>	Tula Rasi: 14.59 Tithi 30 763826574 Creative Work Siddha Yoga Until 3:12PM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:17PM – 3:34PM Yama 11:44AM – 1:01PM <b>Rahu</b> 3:34PM – 4:50PM	<b>Svati Until 3:12PM</b> Saubhagya Until 3:52AM Mon Catuspada Until 3:28PM <b>Amavasya* Until 3:28AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green Ashvina*Aipasi	Sunrise: 6:38AM Sunset: 4:50PM Moon 10 - Phase 29 - 14 Amavasya
<b>Monday, November 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Louis, MO Sun 15 Sutra 211	
<b>Retreat Star</b>	Tula Rasi: 27.55 Tithi 1 773826574 <b>Family Home Evening</b> Routine Work Marana Yoga Until 3:52PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:01PM – 2:17PM Yama 10:28AM – 11:45AM <b>Rahu</b> 7:56AM – 9:12AM	<b>Vishakha Until 3:52PM</b> Sobhana Until 2:25AM Tue Kintughna Until 3:22PM <b>Prathama* Until 3:06AM Tue</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange Karttika*Aipasi	Sunrise: 6:40AM Sunset: 4:50PM Moon 10 - Phase 29 - 15 Prathama

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, November 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Louis, MO Sun 16 Sutra 212
Vrischika Rasi: 11.08	Tithi 2	<b>Gulika</b> Yama	<b>11:45AM – 1:01PM</b> 9:13AM – 10:29AM	<b>Anuradha Until 3:52PM</b> Athiganda* Until 12:34AM Wed	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange	Sobhana 5125 Moon 10 - Phase 30 - 16 3rd Phase
Creative Work	Siddha Yoga	773826574	<b>Rahu</b> 2:17PM – 3:33PM	<b>Dvitiya Until 2:15AM Wed</b>	<b>Kartika*Aipasi</b>	<b>Devaloka Day</b>
Until 3:52PM		Then Routine Work - Marana Yoga				
<b>2</b>		<b>Wednesday, November 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		St. Louis, MO Sun 17 Sutra 213
Vrischika Rasi: 24.37	Tithi 3	<b>Gulika</b> Yama	<b>10:29AM – 11:45AM</b> 7:58AM – 9:13AM	<b>Jyeshtha* Until 3:18PM</b> Sukarma Until 10:24PM	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange	Sobhana 5125 Moon 10 - Phase 30 - 17 3rd Phase
Creative Work	Siddha Yoga	773826574	<b>Rahu</b> 11:45AM – 1:01PM	<b>Taitila Until 1:42PM</b> <b>Tritiya Until 1:01AM Thu</b>	<b>Kartika*Aipasi</b>	<b>Devaloka Day</b>
Until 3:18PM		Then Routine Work - Marana Yoga				
<b>3</b>		<b>Thursday, November 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		St. Louis, MO Sun 18 Sutra 214
Dhanus Rasi: 8.19	Tithi 4	<b>Gulika</b> Yama	<b>9:14AM – 10:30AM</b> 6:43AM – 7:58AM	<b>Mula* Until 2:41PM</b> Dhriti Until 8:01PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Light Blue	Sobhana 5125 Moon 10 - Phase 30 - 18 3rd Phase
Creative Work	Siddha Yoga	784826574	<b>Rahu</b> 1:01PM – 2:16PM	<b>Vanija Until 12:18PM</b> <b>Chaturthi* Until 11:29PM</b>	<b>Kartika*Kartikai</b>	<b>Sivaloka Day</b>
Until 11:29PM		Then Routine Work - Marana Yoga				
<b>4</b>		<b>Friday, November 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		St. Louis, MO Sun 19 Sutra 215
Dhanus Rasi: 22.11	Tithi 5	<b>Gulika</b> Yama	<b>7:59AM – 9:15AM</b> 2:16PM – 3:31PM	<b>Purvashadha* Until 1:42PM</b> Shula* Until 5:25PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Light Blue	Sobhana 5125 Moon 10 - Phase 30 - 19 3rd Phase
Routine Work	Prabalarishta Yoga	784826575	<b>Rahu</b> 10:30AM – 11:45AM	<b>Bava Until 10:39AM</b> <b>Panchami Until 9:44PM</b>	<b>Kartika*Kartikai</b>	<b>Subha Sivaloka Day</b>
Until 1:42PM		Then Routine Work - Marana Yoga				
<b>5</b>		<b>Saturday, November 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau		St. Louis, MO Sun 20 Sutra 216
Makara Rasi: 6.1	Tithi 6	<b>Gulika</b> Yama	<b>6:45AM – 8:00AM</b> 1:01PM – 2:16PM	<b>Uttarashadha Until 12:24PM</b> Ganda* Until 2:43PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Light Blue	Sobhana 5125 Moon 10 - Phase 30 - 20 3rd Phase
Routine Work	Marana Yoga	784826575	<b>Rahu</b> 9:15AM – 10:30AM	<b>Kaulava Until 8:49AM</b> <b>Shashthi* Until 7:51PM</b>	<b>Kartika*Kartikai</b>	<b>Subha Sivaloka Day</b>
Until 12:24PM		Then Creative Work - Siddha Yoga				
<b>6</b>		<b>Sunday, November 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 217
Makara Rasi: 20.13	Tithi 7 – 8	<b>Gulika</b> Yama	<b>2:15PM – 3:30PM</b> 11:46AM – 1:01PM	<b>Shravana Until 11:17AM</b> Vridhi Until 11:56AM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	Sobhana 5125 Moon 10 - Phase 30 - 21 3rd Phase
Creative Work	Amrita Yoga	794826575	<b>Rahu</b> 3:30PM – 4:45PM	<b>Gara Until 6:53AM</b> <b>Saptami Until 5:52PM</b>	<b>Kartika*Kartikai</b>	<b>Subha Subha Sivaloka Day</b>
Until 11:17AM		Then Routine Work - Marana Yoga				
<b>Retreat Star</b>		<b>Monday, November 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Louis, MO Sun 22 Sutra 218
Kumbha Rasi: 4.2	Tithi 8 – 9	<b>Gulika</b> Yama	<b>1:01PM – 2:15PM</b> 10:31AM – 11:46AM	<b>Dhanishtha Until 9:56AM</b> Dhruva Until 9:05AM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	Sobhana 5125 Moon 10 - Phase 30 - 22 Ashtami
<b>Family Home Evening</b>		794826575	<b>Rahu</b> 8:02AM – 9:17AM	<b>Balava Until 2:48AM Tue</b> <b>Ashtami* Until 3:49PM</b>	<b>Kartika*Kartikai</b>	<b>Subha Subha Sivaloka Day</b>
Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga				
<b>Retreat Star</b>		<b>Tuesday, November 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Louis, MO Sun 23 Sutra 219
Kumbha Rasi: 18.28	Tithi 9 – 10	<b>Gulika</b> Yama	<b>11:46AM – 1:01PM</b> 9:17AM – 10:32AM	<b>Shatabhishak Until 8:25AM</b> Vyaghata* Until 6:12AM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Purple	Sobhana 5125 Moon 10 - Phase 30 - 23 Navami
Routine Work	Marana Yoga	794826575	<b>Rahu</b> 2:15PM – 3:30PM	<b>Taitila Until 12:43AM Wed</b> <b>Navami* Until 1:44PM</b>	<b>Kartika*Kartikai</b>	<b>Subha Subha Sivaloka Day</b>
Until 1:44PM		Then Routine Work - Marana Yoga				

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, November 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Louis, MO	Sun 24	Sutra 220
Meena Rasi: 2.37	Tithi 10 – 11	<b>Gulika</b>	<b>10:32AM – 11:46AM</b>	<b>Purvaproshtapada* Until 7:11AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM		Sobhana 5125
		Yama	8:04AM – 9:18AM	Vajra* Until 12:26AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 31 - 24	
		714826575 <b>Rahu</b>	<b>11:46AM – 1:01PM</b>	Vanija Until 10:39PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Amrita Yoga			<b>Dashami Until 11:40AM</b>	Moon – Clear		<b>Subha Subha Sivaloka Day</b>	
Until 7:11AM							<b>Karttika*Karttikai</b>	
Then Creative Work - Siddha Yoga								
<b>2</b>		<b>Thursday, November 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Louis, MO	Sun 25	Sutra 221
Meena Rasi: 16.45	Tithi 11 – 12	<b>Gulika</b>	<b>9:19AM – 10:33AM</b>	<b>Revati Until 4:25AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM		Sobhana 5125
		Yama	6:50AM – 8:04AM	Siddhi Until 9:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 31 - 25	
		714826575 <b>Rahu</b>	<b>1:01PM – 2:15PM</b>	Bava Until 8:39PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 9:37AM</b>	Moon – Clear		<b>Subha Subha Sivaloka Day</b>	
Until 4:25AM Fri							<b>Karttika*Karttikai</b>	
Then Creative Work - Amrita Yoga								
<b>3</b>		<b>Friday, November 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Louis, MO	Sun 26	Sutra 222
Mesha Rasi: 0.5	Tithi 12 – 13	<b>Gulika</b>	<b>8:05AM – 9:19AM</b>	<b>Ashvini Until 3:27AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM		Sobhana 5125
		Yama	2:15PM – 3:29PM	Vyatipata* Until 6:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 31 - 26	
		724926575 <b>Rahu</b>	<b>10:33AM – 11:47AM</b>	Kaulava Until 6:48PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Amrita Yoga			<b>Dvadashi Until 7:41AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 3:27AM Sat							<b>Karttika*Karttikai</b>	
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata</i>	
<b>4</b>		<b>Saturday, November 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Louis, MO	Sun 27	Sutra 223
Mesha Rasi: 14.48	Tithi 14	<b>Gulika</b>	<b>6:52AM – 8:06AM</b>	<b>Bharani Until 2:35AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:52AM		Sobhana 5125
		Yama	1:01PM – 2:15PM	Variyan Until 4:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 31 - 27	
		724926575 <b>Rahu</b>	<b>9:20AM – 10:34AM</b>	Gara Until 5:09PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:25AM Sun</b>	Moon – White		<b>Sivaloka Day</b>	
							<b>Karttika*Karttikai</b>	
		<b>Sunday, November 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau		St. Louis, MO		Sutra 224
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>2:15PM – 3:28PM</b>	<b>Krittika Until 1:55AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:53AM		Sobhana 5125
Mesha Rasi: 28.36	Tithi 15	Yama	11:48AM – 1:01PM	Parigha* Until 2:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 31 -	
		724926575 <b>Rahu</b>	<b>3:28PM – 4:42PM</b>	Visti Until 3:48PM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 3:16AM Mon</b>	Moon – White		<b>Sivaloka Day</b>	
Until 1:55AM Mon							<b>Karttika*Karttikai</b>	
Then Creative Work - Amrita Yoga								
<b>Monday, November 27, 2023</b>		<b>Silver Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau		St. Louis, MO		Sutra 225
Vrishabha Rasi: 12.11	Tithi 16	<b>Gulika</b>	<b>1:01PM – 2:15PM</b>	<b>Rohini Until 2:00AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM		Sobhana 5125
<b>Family Home Evening</b>		Yama	10:35AM – 11:48AM	Shiva Until 12:07PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 31 -	
Creative Work	Amrita Yoga	734926575 <b>Rahu</b>	<b>8:08AM – 9:21AM</b>	Balava Until 2:53PM	<b>Nataraja:</b> Purple		Prathama	
Until 2:00AM Tue				<b>Prathama* Until 2:35AM Tue</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							<b>Karttika*Karttikai</b>	
							<b>Vinayaga Viratam Begins</b>	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

**Tuesday, November 28, 2023**  
**Gold Retreat Star**

Vrishabha Rasi: 25.31 Tithi 17  
 Creative Work Siddha Yoga

**Gulika 11:48AM – 1:01PM**  
 Yama 9:22AM – 10:35AM  
**Rahu 2:15PM – 3:28PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Mrigashira Until 2:28AM Wed**  
 Siddha Until 10:31AM  
 Taitila Until 2:28PM  
**Dvitiya Until 2:27AM Wed**

**Ganesha: Clear** Sunrise: 6:56AM  
**Muruga: White** Sunset: 4:41PM  
**Nataraja: Purple**  
 Moon – Yellow  
**Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sutra 226  
 Sobhana 5125  
 Moon 11 - Phase 32 - 1st Phase

**1 Wednesday, November 29, 2023**

Mithuna Rasi: 8.34 Tithi 18  
 Creative Work Siddha Yoga  
 Until 3:21AM Thu  
 Then Creative Work - Amrita Yoga

**Gulika 10:36AM – 11:49AM**  
 Yama 8:10AM – 9:23AM  
**Rahu 11:49AM – 1:02PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
 Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Ardra Until 3:21AM Thu**  
 Sadhya Until 9:23AM  
 Vanija Until 2:38PM  
**Tritiya Until 2:56AM Thu**

**Ganesha: Purple** Sunrise: 6:57AM  
**Muruga: White** Sunset: 4:41PM  
**Nataraja: Purple**  
 Moon – Yellow  
**Subha Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 1  
 Sutra 227  
 Sobhana 5125  
 Moon 11 - Phase 32 - 1st Phase

**2 Thursday, November 30, 2023**

Mithuna Rasi: 21.18 Tithi 19  
 Creative Work Amrita Yoga  
 Until 5:10AM Fri  
 Then Routine Work - Marana Yoga

**Gulika 9:23AM – 10:36AM**  
 Yama 6:57AM – 8:10AM  
**Rahu 1:02PM – 2:15PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
 Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

**Punarvasu Until 5:10AM Fri**  
 Subha Until 8:44AM  
 Bava Until 3:26PM  
**Chaturthi\* Until 4:02AM Fri**

**Ganesha: Clear** Sunrise: 6:57AM  
**Muruga: White** Sunset: 4:41PM  
**Nataraja: Purple**  
 Moon – Blue  
**Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 2  
 Sutra 228  
 Sobhana 5125  
 Moon 11 - Phase 32 - 2 1st Phase

**3 Friday, December 1, 2023**

Kataka Rasi: 3.45 Tithi 20  
 Routine Work Marana Yoga

**Gulika 8:11AM – 9:24AM**  
 Yama 2:15PM – 3:28PM  
**Rahu 10:37AM – 11:49AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Pushya Until 7:23AM Sat**  
 Sukla Until 8:31AM  
 Kaulava Until 4:51PM  
**Panchami Until 5:44AM Sat**

**Ganesha: Clear** Sunrise: 6:58AM  
**Muruga: White** Sunset: 4:40PM  
**Nataraja: Purple**  
 Moon – Blue  
**Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 3  
 Sutra 229  
 Sobhana 5125  
 Moon 11 - Phase 32 - 3 1st Phase

**4 Saturday, December 2, 2023**

Kataka Rasi: 15.58 Tithi 21  
 Creative Work Siddha Yoga  
 Until 7:23AM  
 Then Routine Work - Marana Yoga

**Gulika 6:59AM – 8:12AM**  
 Yama 1:02PM – 2:15PM  
**Rahu 9:25AM – 10:37AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara Karana Shashthyam Titau

**Pushya Until 7:23AM**  
 Brahma Until 8:46AM  
 Gara Until 6:48PM  
**Shashthi\* Until 7:56AM Sun**

**Ganesha: Clear** Sunrise: 6:59AM  
**Muruga: White** Sunset: 4:40PM  
**Nataraja: Purple**  
 Moon – Blue  
**Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 4  
 Sutra 230  
 Sobhana 5125  
 Moon 11 - Phase 32 - 4 1st Phase

**5 Sunday, December 3, 2023**

Kataka Rasi: 27.58 Tithi 21 – 22  
 Creative Work Siddha Yoga  
 Until 9:53AM  
 Then Routine Work - Marana Yoga

**Gulika 2:15PM – 3:28PM**  
 Yama 11:50AM – 1:03PM  
**Rahu 3:28PM – 4:40PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Ashlesha\* Until 9:53AM**  
 Indra Until 9:23AM  
 Visti Until 9:11PM  
**Shashthi\* Until 7:56AM**

**Ganesha: Clear** Sunrise: 7:00AM  
**Muruga: White** Sunset: 4:40PM  
**Nataraja: Purple**  
 Moon – Blue  
**Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 5  
 Sutra 231  
 Sobhana 5125  
 Moon 11 - Phase 32 - 5 1st Phase

**Monday, December 4, 2023**  
**Retreat Star**

Simha Rasi: 9.52 Tithi 22 – 23  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 1:01PM  
 Then Creative Work - Siddha Yoga

**Gulika 1:03PM – 2:15PM**  
 Yama 10:38AM – 11:51AM  
**Rahu 8:14AM – 9:26AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Magha\* Until 1:01PM**  
 Vaidhriti\* Until 10:12AM  
 Balava Until 11:47PM  
**Saptami Until 10:27AM**

**Ganesha: White** Sunrise: 7:01AM  
**Muruga: White** Sunset: 4:40PM  
**Nataraja: Purple**  
 Moon – Red  
**Subha Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 6  
 Sutra 232  
 Sobhana 5125  
 Moon 11 - Phase 32 - 6 Ashtami

**Tuesday, December 5, 2023**  
**Retreat Star**

Simha Rasi: 21.42 Tithi 23 – 24  
 Creative Work Siddha Yoga  
 Until 4:03PM  
 Then Creative Work - Amrita Yoga

**Gulika 11:51AM – 1:03PM**  
 Yama 9:27AM – 10:39AM  
**Rahu 2:15PM – 3:28PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Purvaphalguni Until 4:03PM**  
 Vishkambha\* Until 11:06AM  
 Taitila Until 2:21AM Wed  
**Ashtami\* Until 1:04PM**

**Ganesha: White** Sunrise: 7:02AM  
**Muruga: Clear** Sunset: 4:40PM  
**Nataraja: Purple**  
 Moon – Red  
**Subha Sivaloka Day**  
 Karttika-Karttikai

St. Louis, MO  
 Sun 7  
 Sutra 233  
 Sobhana 5125  
 Moon 11 - Phase 32 - 7 Navami

<b>1</b>		<b>Wednesday, December 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Louis, MO Sun 8 Sutra 234	
Kanya Rasi: 3.34	Tithi 24 – 25	755936575	<b>Gulika</b> 10:39AM – 11:51AM Yama 8:15AM – 9:27AM <b>Rahu</b> 11:51AM – 1:04PM	<b>Uttaraphalguni Until 6:44PM</b> Priti Until 11:55AM Vanija Until 4:38AM Thu <b>Navami* Until 3:31PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Red	Sunrise: 7:03AM Sunset: 4:40PM	Moon 11 - Phase 33 - 8 2nd Phase
Creative Work Amrita Yoga Until 6:44PM Then Routine Work - Marana Yoga						<b>Subha Sivaloka Day</b> Karttika*Karttikai	
<b>2</b>		<b>Thursday, December 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Louis, MO Sun 9 Sutra 235	
Kanya Rasi: 15.33	Tithi 25 – 26	765936575	<b>Gulika</b> 9:28AM – 10:40AM Yama 7:04AM – 8:16AM <b>Rahu</b> 1:04PM – 2:16PM	<b>Hasta Until 9:21PM</b> Ayushman Until 12:26PM Bava Until 6:25AM Fri <b>Dashami Until 5:35PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Green	Sunrise: 7:04AM Sunset: 4:40PM	Moon 11 - Phase 33 - 9 2nd Phase
Routine Work Marana Yoga Until 9:21PM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b> Karttika*Karttikai	
<b>3</b>		<b>Friday, December 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		St. Louis, MO Sun 10 Sutra 236	
Kanya Rasi: 27.44	Tithi 26	766936575	<b>Gulika</b> 8:17AM – 9:29AM Yama 2:16PM – 3:28PM <b>Rahu</b> 10:40AM – 11:52AM	<b>Chitra Until 11:12PM</b> Saubhagya Until 12:32PM Bava Until 6:25AM <b>Ekadashi* Until 7:02PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Green	Sunrise: 7:05AM Sunset: 4:40PM	Moon 11 - Phase 33 - 10 2nd Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b> Karttika*Karttikai	
<b>4</b>		<b>Saturday, December 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Louis, MO Sun 11 Sutra 237	
Tula Rasi: 10.13	Tithi 27	766936575	<b>Gulika</b> 7:06AM – 8:17AM Yama 1:05PM – 2:16PM <b>Rahu</b> 9:29AM – 10:41AM	<b>Svati Until 12:11AM Sun</b> Sobhana Until 12:06PM Kaulava Until 7:30AM <b>Dvadashi* Until 7:45PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Green	Sunrise: 7:06AM Sunset: 4:40PM	Moon 11 - Phase 33 - 11 2nd Phase
Creative Work Siddha Yoga Until 12:11AM Sun Then Routine Work - Marana Yoga						<b>Devaloka Day</b> Karttika*Karttikai	
<b>5</b>		<b>Sunday, December 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		St. Louis, MO Sun 12 Sutra 238	
Tula Rasi: 23.03	Tithi 28	776936575	<b>Gulika</b> 2:17PM – 3:28PM Yama 11:53AM – 1:05PM <b>Rahu</b> 3:28PM – 4:40PM	<b>Vishakha Until 12:44AM Mon</b> Athiganda* Until 11:04AM Gara Until 7:50AM <b>Trayodashi* Until 7:42PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	Sunrise: 7:06AM Sunset: 4:40PM	Moon 11 - Phase 33 - 12 2nd Phase
Routine Work Marana Yoga Until 12:44AM Mon Then Creative Work - Siddha Yoga						<b>Devaloka Day</b> Karttika*Karttikai <i>Pradosha Vrata (Fasting)</i>	
<b>6</b>		<b>Monday, December 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Louis, MO Sun 13 Sutra 239	
Vrischika Rasi: 6.15	Tithi 29	776936575	<b>Gulika</b> 1:05PM – 2:17PM Yama 10:42AM – 11:54AM <b>Rahu</b> 8:19AM – 9:30AM	<b>Anuradha Until 12:27AM Tue</b> Sukarma Until 9:28AM Visti Until 7:25AM <b>Chaturdashi* Until 6:56PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	Sunrise: 7:07AM Sunset: 4:40PM	Moon 11 - Phase 33 - 13 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 12:27AM Tue Then Routine Work - Marana Yoga						<b>Devaloka Day</b> Karttika*Karttikai	
<b>Retreat Star</b>		<b>Tuesday, December 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		St. Louis, MO Sun 14 Sutra 240	
Vrischika Rasi: 19.5	Tithi 30 – 1	776936575	<b>Gulika</b> 11:54AM – 1:06PM Yama 9:31AM – 10:43AM <b>Rahu</b> 2:17PM – 3:29PM	<b>Jyeshtha* Until 11:26PM</b> Dhriti Until 7:21AM Catuspada Until 6:19AM <b>Amavasya* Until 5:32PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	Sunrise: 7:08AM Sunset: 4:40PM	Moon 11 - Phase 33 - 14 Amavasya
Routine Work Marana Yoga Until 11:26PM Then Creative Work - Amrita Yoga						<b>Devaloka Day</b> Karttika*Karttikai	
<b>Retreat Star</b>		<b>Wednesday, December 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Louis, MO Sun 15 Sutra 241	
Dhanus Rasi: 3.44	Tithi 1 – 2	786936575	<b>Gulika</b> 10:43AM – 11:55AM Yama 8:20AM – 9:32AM <b>Rahu</b> 11:55AM – 1:06PM	<b>Mula* Until 10:15PM</b> Ganda* Until 1:52AM Thu Balava Until 2:35AM Thu <b>Prathama* Until 3:39PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Light Blue	Sunrise: 7:09AM Sunset: 4:40PM	Moon 11 - Phase 33 - 15 Prathama
Routine Work Marana Yoga Until 10:15PM Then Creative Work - Amrita Yoga						<b>Devaloka Day</b> Margasira*Karttikai	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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<b>1</b>		<b>Thursday, December 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Louis, MO Sun 16 Sutra 242	
Dhanus Rasi: 17.55	Tithi 2 – 3	<b>Gulika</b> 9:32AM – 10:44AM	<b>Purvashadha* Until 8:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	Sobhana 5125	
		Yama 7:10AM – 8:21AM	Vriddhi Until 10:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 34 - 16	
		786937575 <b>Rahu</b> 1:06PM – 2:18PM	Taitila Until 12:14AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:25PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:38PM				<b>Margasira*Karttikai</b>			
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Friday, December 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Louis, MO Sun 17 Sutra 243	
Makara Rasi: 2.16	Tithi 3 – 4	<b>Gulika</b> 8:22AM – 9:33AM	<b>Uttarashadha Until 6:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:10AM	Sobhana 5125	
		Yama 2:18PM – 3:30PM	Dhruva Until 7:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 34 - 17	
		787937575 <b>Rahu</b> 10:44AM – 11:56AM	Vanija Until 9:45PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 10:59AM</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
				<b>Margasira*Karttikai</b>			
<b>3</b>		<b>Saturday, December 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Louis, MO Sun 18 Sutra 244	
Makara Rasi: 16.4	Tithi 4 – 5	<b>Gulika</b> 7:11AM – 8:22AM	<b>Shravana Until 5:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:11AM	Sobhana 5125	
		Yama 1:07PM – 2:19PM	Vyaghata* Until 4:15PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 34 - 18	
		897937575 <b>Rahu</b> 9:33AM – 10:45AM	Bava Until 7:16PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:29AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
		<b>Markali Pillaiyar</b>		<b>Margasira*Markali</b>			
<b>4</b>		<b>Sunday, December 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashtyam Titau		St. Louis, MO Sun 19 Sutra 245	
Kumbha Rasi: 1.04	Tithi 5 – 6	<b>Gulika</b> 2:19PM – 3:30PM	<b>Dhanishtha Until 3:23PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:12AM	Sobhana 5125	
		Yama 11:57AM – 1:08PM	Harshana Until 1:04PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 34 - 19	
		897937575 <b>Rahu</b> 3:30PM – 4:42PM	Taitila Until 3:44AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 6:02AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 3:23PM				<b>Margasira*Markali</b>			
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>					
<b>5</b>		<b>Monday, December 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		St. Louis, MO Sun 20 Sutra 246	
Kumbha Rasi: 15.2	Tithi 7	<b>Gulika</b> 1:08PM – 2:20PM	<b>Shatabhishak Until 1:42PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:12AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:46AM – 11:57AM	Vajra* Until 10:00AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 34 - 20	
		897137575 <b>Rahu</b> 8:23AM – 9:35AM	Gara Until 2:40PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 1:38AM Tue</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 1:42PM				<b>Margasira*Markali</b>			
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Tuesday, December 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 247	
<b>Retreat Star</b>		<b>Gulika</b> 11:58AM – 1:09PM	<b>Purvaproshtapada* Until 12:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:13AM	Sobhana 5125	
Kumbha Rasi: 29.29	Tithi 8	Yama 9:35AM – 10:46AM	Siddhi Until 7:07AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 34 - 21	
		817137575 <b>Rahu</b> 2:20PM – 3:31PM	Visti Until 12:41PM	<b>Nataraja:</b> Purple		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 11:46PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 12:32PM				<b>Margasira*Markali</b>			
Then Creative Work - Amrita Yoga							
<b>7</b>		<b>Wednesday, December 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		St. Louis, MO Sun 22 Sutra 248	
<b>Retreat Star</b>		<b>Gulika</b> 10:47AM – 11:58AM	<b>Uttaraproshtapada Until 11:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:13AM	Sobhana 5125	
Meena Rasi: 13.29	Tithi 9	Yama 8:25AM – 9:36AM	Variyan Until 1:58AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 34 - 22	
		817137575 <b>Rahu</b> 11:58AM – 1:09PM	Balava Until 10:57AM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 10:10PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 11:29AM				<b>Margasira*Markali</b>			
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Thursday, December 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Ashvini Nakshatra Pangha* Yoga Taitila/Gara Karana Dashamyam Titau		St. Louis, MO Sun 23 Sutra 249
Meena Rasi: 27.19	Tithi 10	<b>Gulika</b> 9:36AM – 10:47AM Yama 7:14AM – 8:25AM 817137575 <b>Rahu</b> 1:10PM – 2:21PM	<b>Revati Until 10:32AM</b> Parigha* Until 11:42PM Taitila Until 9:29AM <b>Dashami Until 8:50PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:14AM</i> <b>Muruga:</b> White <i>Sunset: 4:43PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga Until 10:32AM Then Creative Work - Amrita Yoga		<b>Day 1 of Pancha Ganapati</b>		
<b>2 Friday, December 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Louis, MO Sun 24 Sutra 250
Mesha Rasi: 10.59	Tithi 11	<b>Gulika</b> 8:26AM – 9:37AM Yama 2:21PM – 3:33PM 828137575 <b>Rahu</b> 10:48AM – 11:59AM	<b>Ashvini Until 10:08AM</b> Shiva Until 9:40PM Vanija Until 8:17AM <b>Ekadashi Until 7:46PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:14AM</i> <b>Muruga:</b> White <i>Sunset: 4:44PM</i> <b>Nataraja:</b> Purple Moon – White <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Amrita Yoga Until 10:08AM Then Creative Work - Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>		
<b>3 Saturday, December 23, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau		St. Louis, MO Sun 25 Sutra 251
Mesha Rasi: 24.3	Tithi 12	<b>Gulika</b> 7:15AM – 8:26AM Yama 1:11PM – 2:22PM 828137575 <b>Rahu</b> 9:37AM – 10:48AM	<b>Bharani Until 9:51AM</b> Siddha Until 7:48PM Bava Until 7:21AM <b>Dvodashi Until 6:58PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:15AM</i> <b>Muruga:</b> White <i>Sunset: 4:44PM</i> <b>Nataraja:</b> Purple Moon – White <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga Until 9:51AM Then Creative Work - Amrita Yoga		<b>Day 3 of Pancha Ganapati</b>		
<b>4 Sunday, December 24, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		St. Louis, MO Sun 26 Sutra 252
Vrishabha Rasi: 7.52	Tithi 13	<b>Gulika</b> 2:23PM – 3:34PM Yama 12:00PM – 1:11PM 828137575 <b>Rahu</b> 3:34PM – 4:45PM	<b>Krittika Until 9:42AM</b> Sadhya Until 6:12PM Kaulava Until 6:42AM <b>Trayodashi Until 6:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:15AM</i> <b>Muruga:</b> White <i>Sunset: 4:45PM</i> <b>Nataraja:</b> Purple Moon – White <b>Subha Sivaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>		
<i>Pradosha Vrata</i>				
<b>5 Monday, December 25, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Louis, MO Sun 27 Sutra 253
Vrishabha Rasi: 21.03	Tithi 14	<b>Gulika</b> 1:12PM – 2:23PM Yama 10:49AM – 12:01PM 838137575 <b>Rahu</b> 8:27AM – 9:38AM	<b>Rohini Until 10:10AM</b> Subha Until 4:53PM Gara Until 6:22AM <b>Chaturdashi* Until 6:19PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:16AM</i> <b>Muruga:</b> White <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Purple Moon – Yellow <b>Sivaloka Day</b> Margasira*Markali
Family Home Evening Creative Work Amrita Yoga		<b>Day 5 of Pancha Ganapati</b>		
<b>○ Tuesday, December 26, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		St. Louis, MO Sutra 254
Mithuna Rasi: 4.03	Tithi 15	<b>Gulika</b> 12:01PM – 1:12PM Yama 9:39AM – 10:50AM 838137576 <b>Rahu</b> 2:24PM – 3:35PM	<b>Mrigashira Until 10:52AM</b> Sukla Until 3:51PM Visti Until 6:25AM <b>Purnima* Until 6:35PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:16AM</i> <b>Muruga:</b> White <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga Until 10:52AM Then Routine Work - Marana Yoga		<b>Copper Retreat Star</b>		
<b>Wednesday, December 27, 2023</b>		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		St. Louis, MO Sutra 255
Mithuna Rasi: 16.5	Tithi 16	<b>Gulika</b> 10:50AM – 12:02PM Yama 8:28AM – 9:39AM 838137576 <b>Rahu</b> 12:02PM – 1:13PM	<b>Ardra Until 11:49AM</b> Brahma Until 3:10PM Balava Until 6:54AM <b>Prathama* Until 7:18PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:16AM</i> <b>Muruga:</b> White <i>Sunset: 4:47PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Margasira*Markali
Creative Work Siddha Yoga		<b>Silver Retreat Star</b>		
<b>Ardra Darshanam</b>				



**Thursday, December 28, 2023**  
**Gold Retreat Star**

Mithuna Rasi: 29.25 Tithi 17  
 Creative Work Amrita Yoga

**Gulika** 9:39AM – 10:51AM  
 Yama 7:17AM – 8:28AM  
 849137576 **Rahu** 1:13PM – 2:25PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Punarvasu** Until 1:34PM  
 Indra Until 2:52PM  
 Taitila Until 7:51AM  
**Dvitiya** Until 8:30PM

**Ganesha:** Blue *Sunrise: 7:17AM*  
**Muruga:** White *Sunset: 4:47PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Margasira\*Markali**

St. Louis, MO  
 Sun 1 Sutra 256  
 Sobhana 5125  
 Moon 12 - Phase 36 - 1  
 1st Phase

**Subha Sivaloka Day**

**1 Friday, December 29, 2023**

Kataka Rasi: 11.46 Tithi 18  
 Routine Work Marana Yoga

**Gulika** 8:28AM – 9:40AM  
 Yama 2:25PM – 3:37PM  
 849137576 **Rahu** 10:51AM – 12:03PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Pushya** Until 3:38PM  
 Vaidhriti\* Until 2:56PM  
 Vanija Until 9:19AM  
**Tritiya** Until 10:13PM

**Ganesha:** Blue *Sunrise: 7:17AM*  
**Muruga:** White *Sunset: 4:48PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Margasira\*Markali**

St. Louis, MO  
 Sun 2 Sutra 257  
 Sobhana 5125  
 Moon 12 - Phase 36 - 2  
 1st Phase

**Subha Sivaloka Day**

**2 Saturday, December 30, 2023**

Kataka Rasi: 23.55 Tithi 19  
 Routine Work Marana Yoga  
 Until 5:59PM  
 Then Creative Work - Amrita Yoga

**Gulika** 7:17AM – 8:29AM  
 Yama 1:15PM – 2:26PM  
 849137576 **Rahu** 9:40AM – 10:52AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

**Ashlesha\*** Until 5:59PM  
 Vishkambha\* Until 3:22PM  
 Bava Until 11:17AM  
**Chaturthi\*** Until 12:24AM Sun

**Ganesha:** Blue *Sunrise: 7:17AM*  
**Muruga:** White *Sunset: 4:49PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Margasira\*Markali**

St. Louis, MO  
 Sun 3 Sutra 258  
 Sobhana 5125  
 Moon 12 - Phase 36 - 3  
 1st Phase

**Subha Sivaloka Day**

**3 Sunday, December 31, 2023**

Simha Rasi: 5.53 Tithi 20  
 Routine Work Marana Yoga  
 Until 9:02PM  
 Then Creative Work - Siddha Yoga

**Gulika** 2:27PM – 3:38PM  
 Yama 12:04PM – 1:15PM  
 859137576 **Rahu** 3:38PM – 4:50PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Magha\* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

**Magha\*** Until 9:02PM  
 Priti Until 4:06PM  
 Kaulava Until 1:39PM  
**Panchami** Until 2:55AM Mon

**Ganesha:** Red *Sunrise: 7:17AM*  
**Muruga:** White *Sunset: 4:50PM*  
**Nataraja:** Clear  
 Moon – Red  
**Margasira\*Markali**

St. Louis, MO  
 Sun 4 Sutra 259  
 Sobhana 5125  
 Moon 12 - Phase 36 - 4  
 1st Phase

**Sivaloka Day**

**4 Monday, January 1, 2024**

Simha Rasi: 17.44 Tithi 21  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 12:07AM Tue  
 Then Creative Work - Amrita Yoga

**Gulika** 1:16PM – 2:28PM  
 Yama 10:53AM – 12:05PM  
 859137576 **Rahu** 8:29AM – 9:41AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
 Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

**Purvaphalguni** Until 12:07AM Tue  
 Ayushman Until 5:00PM  
 Gara Until 4:17PM  
**Shashthi\*** Until 5:37AM Tue

**Ganesha:** Red *Sunrise: 7:18AM*  
**Muruga:** White *Sunset: 4:51PM*  
**Nataraja:** Clear  
 Moon – Red  
**Margasira\*Markali**

St. Louis, MO  
 Sun 5 Sutra 260  
 Sobhana 5125  
 Moon 12 - Phase 36 - 5  
 1st Phase

**Sivaloka Day**

**5 Tuesday, January 2, 2024**

Simha Rasi: 29.33 Tithi 22  
 Creative Work Amrita Yoga  
 Until 3:02AM Wed  
 Then Routine Work - Marana Yoga

**Gulika** 12:05PM – 1:17PM  
 Yama 9:41AM – 10:53AM  
 859137576 **Rahu** 2:29PM – 3:40PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\* Karana Saptamyam Titau

**Uttaraphalguni** Until 3:02AM Wed  
 Saubhagya Until 5:57PM  
 Visti Until 6:59PM  
**Saptami** Until 8:16AM Wed

**Ganesha:** Red *Sunrise: 7:18AM*  
**Muruga:** White *Sunset: 4:52PM*  
**Nataraja:** Clear  
 Moon – Red  
**Margasira\*Markali**

St. Louis, MO  
 Sun 6 Sutra 261  
 Sobhana 5125  
 Moon 12 - Phase 36 - 6  
 1st Phase

**Sivaloka Day**

**Retreat Star**  
**Wednesday, January 3, 2024**

Kanya Rasi: 11.22 Tithi 22 – 23  
 Routine Work Marana Yoga  
 Until 6:01AM Thu  
 Then Creative Work - Siddha Yoga

**Gulika** 10:54AM – 12:05PM  
 Yama 8:30AM – 9:42AM  
 869137576 **Rahu** 12:05PM – 1:17PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Hasta** Until 6:01AM Thu  
 Sobhana Until 6:47PM  
 Balava Until 9:30PM  
**Saptami** Until 8:16AM

**Ganesha:** Green *Sunrise: 7:18AM*  
**Muruga:** White *Sunset: 4:53PM*  
**Nataraja:** Clear  
 Moon – Green  
**Margasira\*Markali**

St. Louis, MO  
 Sun 7 Sutra 262  
 Sobhana 5125  
 Moon 12 - Phase 36 - 7  
 Ashtami

**Subha Sivaloka Day**

**Retreat Star**  
**Thursday, January 4, 2024**

Kanya Rasi: 23.19 Tithi 23 – 24  
 Routine Work Marana Yoga  
 Until 6:01AM  
 Then Creative Work - Siddha Yoga

**Gulika** 9:42AM – 10:54AM  
 Yama 7:18AM – 8:30AM  
 869137576 **Rahu** 1:18PM – 2:30PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
 Hasta/Chitra Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Hasta** Until 6:01AM  
 Athiganda\* Until 7:16PM  
 Taitila Until 11:32PM  
**Ashtami\*** Until 10:34AM

**Ganesha:** Green *Sunrise: 7:18AM*  
**Muruga:** White *Sunset: 4:54PM*  
**Nataraja:** Clear  
 Moon – Green  
**Margasira\*Markali**

St. Louis, MO  
 Sun 8 Sutra 263  
 Sobhana 5125  
 Moon 12 - Phase 36 - 8  
 Navami

**Subha Sivaloka Day**

<b>1 Friday, January 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Louis, MO	
Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 264	
Tula Rasi: 5.28	Tithi 24 – 25	<b>Gulika</b> 8:30AM – 9:42AM	<b>Chitra Until 8:18AM</b>	<b>Ganesha:</b> Orange	Sunrise: 7:18AM
		Yama 2:31PM – 3:43PM	Sukarma Until 7:16PM	<b>Muruga:</b> White	Sunset: 4:55PM
		861137576 <b>Rahu</b> 10:54AM – 12:06PM	Vanija Until 12:53AM Sat	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 9
Creative Work	Siddha Yoga			Moon – Green	2nd Phase
		<b>Subramuniyaswami Jayanti</b>	<b>Navami* Until 12:17PM</b>	<b>Margasira*Markali</b>	<b>Sivaloka Day</b>

<b>2 Saturday, January 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		St. Louis, MO	
Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 265	
Tula Rasi: 17.56	Tithi 25 – 26	<b>Gulika</b> 7:18AM – 8:30AM	<b>Svati Until 9:44AM</b>	<b>Ganesha:</b> Orange	Sunrise: 7:18AM
		Yama 1:19PM – 2:31PM	Dhriti Until 6:40PM	<b>Muruga:</b> White	Sunset: 4:56PM
		861137576 <b>Rahu</b> 9:42AM – 10:55AM	Bava Until 1:23AM Sun	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 10
Creative Work	Siddha Yoga			Moon – Green	2nd Phase
			<b>Dashami Until 1:13PM</b>	<b>Margasira*Markali</b>	<b>Sivaloka Day</b>

<b>3 Sunday, January 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		St. Louis, MO	
Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 266	
Vrischika Rasi: 0.47	Tithi 26 – 27	<b>Gulika</b> 2:32PM – 3:44PM	<b>Vishakha Until 10:38AM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 7:18AM
		Yama 12:07PM – 1:20PM	Shula* Until 5:21PM	<b>Muruga:</b> White	Sunset: 4:57PM
		871137576 <b>Rahu</b> 3:44PM – 4:57PM	Kaulava Until 1:01AM Mon	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 11
Routine Work	Marana Yoga			Moon – Orange	2nd Phase
			<b>Ekadashi* Until 1:17PM</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>

<b>4 Monday, January 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		St. Louis, MO	
Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 267	
Vrischika Rasi: 14.05	Tithi 27 – 28	<b>Gulika</b> 1:20PM – 2:33PM	<b>Anuradha Until 10:32AM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 7:18AM
<b>Family Home Evening</b>		Yama 10:55AM – 12:08PM	Ganda* Until 3:24PM	<b>Muruga:</b> White	Sunset: 4:58PM
		871137576 <b>Rahu</b> 8:30AM – 9:43AM	Gara Until 11:49PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 12
Creative Work	Siddha Yoga			Moon – Orange	2nd Phase
			<b>Dvadashi* Until 12:30PM</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>		

<b>5 Tuesday, January 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Louis, MO	
Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 268	
Vrischika Rasi: 27.51	Tithi 28 – 29	<b>Gulika</b> 12:08PM – 1:21PM	<b>Jyeshtha* Until 9:32AM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 7:18AM
		Yama 9:43AM – 10:55AM	Vridhhi Until 12:51PM	<b>Muruga:</b> White	Sunset: 4:59PM
		871137576 <b>Rahu</b> 2:33PM – 3:46PM	Visti Until 9:53PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 13
Routine Work	Marana Yoga			Moon – Orange	2nd Phase
Until 9:32AM			<b>Trayodashi* Until 10:55AM</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Wednesday, January 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		St. Louis, MO	
<b>Retreat Star</b>		Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 269	
Dhanus Rasi: 12.02	Tithi 29 – 30	<b>Gulika</b> 10:56AM – 12:09PM	<b>Mula* Until 8:09AM</b>	<b>Ganesha:</b> Purple	Sunrise: 7:17AM
		Yama 8:30AM – 9:43AM	Dhruva Until 9:46AM	<b>Muruga:</b> White	Sunset: 5:00PM
		881137576 <b>Rahu</b> 12:09PM – 1:21PM	Catuspada Until 7:24PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 14
Routine Work	Marana Yoga			Moon – Light Blue	Amavasya
Until 8:09AM		<b>Hanumath Jayanthi (Tamil Nadu)</b>	<b>Chaturdashi* Until 8:41AM</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Thursday, January 11, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		St. Louis, MO	
<b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 270	
Dhanus Rasi: 26.34	Tithi 1	<b>Gulika</b> 9:43AM – 10:56AM	<b>Purvashadha* Until 6:09AM</b>	<b>Ganesha:</b> Purple	Sunrise: 7:17AM
		Yama 7:17AM – 8:30AM	Vyaghata* Until 6:18AM	<b>Muruga:</b> White	Sunset: 5:01PM
		881137576 <b>Rahu</b> 1:22PM – 2:35PM	Kintughna Until 4:30PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 15
Creative Work	Siddha Yoga			Moon – Light Blue	Prathama
Until 6:09AM			<b>Prathama* Until 2:56AM Fri</b>	<b>Pausha*Markali</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Friday, January 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Louis, MO Sun 16 Sutra 271	
Makara Rasi: 11.2	Tithi 2	Gulika 8:30AM – 9:43AM	Shravana Until 1:21AM Sat	Ganesha: Purple	Sunrise: 7:17AM	Sobhana 5125	
		Yama 2:35PM – 3:48PM	Vajra* Until 10:44PM	Muruga: White	Sunset: 5:02PM	Moon 12 - Phase 38 - 16	
		891237576 Rahu 10:56AM – 12:09PM	Balava Until 1:21PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 11:44PM	Moon – Purple		<b>Devaloka Day</b>	
Until 1:21AM Sat				Pausha*Markali			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, January 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		St. Louis, MO Sun 17 Sutra 272	
Makara Rasi: 26.12	Tithi 3	Gulika 7:17AM – 8:30AM	Dhanishtha Until 10:54PM	Ganesha: Purple	Sunrise: 7:17AM	Sobhana 5125	
		Yama 1:23PM – 2:36PM	Siddhi Until 6:54PM	Muruga: White	Sunset: 5:03PM	Moon 12 - Phase 38 - 17	
		891237576 Rahu 9:43AM – 10:56AM	Taitila Until 10:09AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 8:33PM	Moon – Purple		<b>Devaloka Day</b>	
Until 10:54PM				Pausha*Markali			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Sunday, January 14, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		St. Louis, MO Sun 18 Sutra 273	
Kumbha Rasi: 11.01	Tithi 4 – 5	Gulika 2:37PM – 3:50PM	Shatabhishak Until 8:30PM	Ganesha: Purple	Sunrise: 7:16AM	Sobhana 5125	
		Yama 12:10PM – 1:23PM	Vyatipata* Until 3:11PM	Muruga: White	Sunset: 5:04PM	Moon 12 - Phase 38 - 18	
		891237576 Rahu 3:50PM – 5:04PM	Vanija Until 7:02AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:32PM	Moon – Purple		<b>Devaloka Day</b>	
		Thai Pongal		Pausha*Thai			
<b>4</b>		<b>Monday, January 15, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Panigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		St. Louis, MO Sun 19 Sutra 274	
Kumbha Rasi: 25.41	Tithi 5 – 6	Gulika 1:24PM – 2:38PM	Purvaproshtapada* Until 6:40PM	Ganesha: White	Sunrise: 7:16AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:57AM – 12:10PM	Variyan Until 11:41AM	Muruga: White	Sunset: 5:05PM	Moon 12 - Phase 38 - 19	
Routine Work	Marana Yoga	812237576 Rahu 8:30AM – 9:43AM	Kaulava Until 1:36AM Tue	Nataraja: Clear		3rd Phase	
Until 6:40PM			Panchami Until 2:48PM	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Pausha*Thai			
<b>5</b>		<b>Tuesday, January 16, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Panigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Louis, MO Sun 20 Sutra 275	
Meena Rasi: 10.05	Tithi 6 – 7	Gulika 12:11PM – 1:24PM	Uttaraproshtapada Until 5:07PM	Ganesha: White	Sunrise: 7:16AM	Sobhana 5125	
		Yama 9:43AM – 10:57AM	Panigha* Until 8:30AM	Muruga: White	Sunset: 5:06PM	Moon 12 - Phase 38 - 20	
		812237576 Rahu 2:38PM – 3:52PM	Gara Until 11:29PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 12:28PM	Moon – Clear		<b>Devaloka Day</b>	
Until 5:07PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Wednesday, January 17, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Louis, MO Sun 21 Sutra 276	
Meena Rasi: 24.11	Tithi 7 – 8	Gulika 10:57AM – 12:11PM	Revati Until 3:53PM	Ganesha: White	Sunrise: 7:15AM	Sobhana 5125	
		Yama 8:29AM – 9:43AM	Siddha Until 3:15AM Thu	Muruga: White	Sunset: 5:07PM	Moon 12 - Phase 38 - 21	
		812237576 Rahu 12:11PM – 1:25PM	Visti Until 9:52PM	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 10:36AM	Moon – Clear		<b>Devaloka Day</b>	
				Pausha*Thai			
<b>7</b>		<b>Thursday, January 18, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Louis, MO Sun 22 Sutra 277	
Mesha Rasi: 7.59	Tithi 8 – 9	Gulika 9:43AM – 10:57AM	Ashvini Until 3:26PM	Ganesha: Yellow	Sunrise: 7:15AM	Sobhana 5125	
		Yama 7:15AM – 8:29AM	Sadhya Until 1:13AM Fri	Muruga: White	Sunset: 5:08PM	Moon 12 - Phase 38 - 22	
		822237576 Rahu 1:26PM – 2:40PM	Balava Until 8:45PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 9:14AM	Moon – White		<b>Sivaloka Day</b>	
Until 3:26PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for St. Louis, MO on 11/20/21

www.gurudeva.org/panchang

<b>1 Friday, January 19, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukra Pakshe Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashyam Titau		St. Louis, MO Sun 23 Sutra 278	
Mesha Rasi: 21.29	Tithi 9 – 10	<b>Gulika</b> 8:29AM – 9:43AM	<b>Bharani Until 3:19PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:14AM	Sobhana 5125
		Yama 2:40PM – 3:55PM	Subha Until 11:35PM	<b>Muruga:</b> White <i>Sunset:</i> 5:09PM	Moon 12 - Phase 23
		822237576 <b>Rahu</b> 10:57AM – 12:12PM	Taitila Until 8:08PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:22AM</b>	Moon – White	<b>Sivaloka Day</b>
				Pausha*Thai	

<b>2 Saturday, January 20, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Louis, MO Sun 24 Sutra 279	
Vrishabha Rasi: 4.43	Tithi 10 – 11	<b>Gulika</b> 7:14AM – 8:28AM	<b>Krittika Until 3:30PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:14AM	Sobhana 5125
		Yama 1:27PM – 2:41PM	Sukla Until 10:17PM	<b>Muruga:</b> White <i>Sunset:</i> 5:10PM	Moon 12 - Phase 39 - 24
		822237576 <b>Rahu</b> 9:43AM – 10:57AM	Vanija Until 7:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 7:58AM</b>	Moon – White	<b>Sivaloka Day</b>
				Pausha*Thai	

<b>3 Sunday, January 21, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Louis, MO Sun 25 Sutra 280	
Vrishabha Rasi: 17.44	Tithi 11 – 12	<b>Gulika</b> 2:42PM – 3:56PM	<b>Rohini Until 4:24PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:13AM	Sobhana 5125
		Yama 12:12PM – 1:27PM	Brahma Until 9:17PM	<b>Muruga:</b> White <i>Sunset:</i> 5:11PM	Moon 12 - Phase 25
		832237576 <b>Rahu</b> 3:56PM – 5:11PM	Bava Until 8:11PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:00AM</b>	Moon – Yellow	<b>Devaloka Day</b>
				Pausha*Thai	

<b>4 Monday, January 22, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Louis, MO Sun 26 Sutra 281	
Mithuna Rasi: 0.34	Tithi 12 – 13	<b>Gulika</b> 1:27PM – 2:42PM	<b>Mrigashira Until 5:30PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:13AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:58AM – 12:13PM	Indra Until 8:36PM	<b>Muruga:</b> White <i>Sunset:</i> 5:12PM	Moon 12 - Phase 39 - 26
Creative Work	Amrita Yoga	832237576 <b>Rahu</b> 8:28AM – 9:43AM	Kaulava Until 8:48PM	<b>Nataraja:</b> Clear	4th Phase
Until 5:30PM			<b>Dvadashi Until 8:25AM</b>	Moon – Yellow	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Pausha*Thai	
				Pradosha Vrata	

<b>5 Tuesday, January 23, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Louis, MO Sun 27 Sutra 282	
Mithuna Rasi: 13.13	Tithi 13 – 14	<b>Gulika</b> 12:13PM – 1:28PM	<b>Ardra Until 6:48PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:12AM	Sobhana 5125
		Yama 9:42AM – 10:58AM	Vaidhriti* Until 8:10PM	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	Moon 12 - Phase 27
		832237576 <b>Rahu</b> 2:43PM – 3:58PM	Gara Until 9:46PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 9:13AM</b>	Moon – Yellow	<b>Devaloka Day</b>
Until 6:48PM				Pausha*Thai	
Then Creative Work - Siddha Yoga					

<b>Wednesday, January 24, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		St. Louis, MO Sutra 283	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:58AM – 12:13PM	<b>Punarvasu Until 8:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:11AM	Sobhana 5125
Mithuna Rasi: 25.43	Tithi 14 – 15	Yama 8:27AM – 9:42AM	Vishkambha* Until 8:02PM	<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	Moon 12 - Phase 39 - Purnima
		842237576 <b>Rahu</b> 12:13PM – 1:28PM	Visti Until 11:07PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:23AM</b>	Moon – Blue	<b>Sivaloka Day</b>
				Pausha*Thai	

<b>Thursday, January 25, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Louis, MO Sutra 284	
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:42AM – 10:58AM	<b>Pushya Until 10:57PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:11AM	Sobhana 5125
Kataka Rasi: 8.02	Tithi 15 – 16	Yama 7:11AM – 8:26AM	Priti Until 8:11PM	<b>Muruga:</b> White <i>Sunset:</i> 5:16PM	Moon 12 - Phase 39 - Prathama
		942237576 <b>Rahu</b> 1:29PM – 2:44PM	Balava Until 12:50AM Fri	<b>Nataraja:</b> Clear	
Creative Work	Amrita Yoga		<b>Purnima* Until 11:55AM</b>	Moon – Blue	<b>Devaloka Day</b>
Until 10:57PM		<b>Thai Pusam</b>		Pausha*Thai	
Then Creative Work - Siddha Yoga					



### Friday, January 26, 2024 Gold Retreat Star

Kataka Rasi: 20.13    Tithi 16 – 17  
942237576  
Routine Work    Marana Yoga  
Until 1:19AM Sat  
Then Creative Work - Amrita Yoga

**Gulika**    8:26AM – 9:42AM  
Yama    2:45PM – 4:01PM  
**Rahu**    10:58AM – 12:13PM

**Ashlesha\* Until 1:19AM Sat**  
Ayushman Until 8:35PM  
Taitila Until 2:56AM Sat  
**Prathama\* Until 1:49PM**

**Ganesha:** Blue    Sunrise: 7:10AM  
**Muruga:** White    Sunset: 5:17PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
Pausha\*Thai

St. Louis, MO  
Sutra 285  
Sobhana 5125  
Moon 13 - Phase 40 - 1st Phase

### 1 Saturday, January 27, 2024

Simha Rasi: 2.15    Tithi 17 – 18  
952237576  
Creative Work    Amrita Yoga  
Until 4:19AM Sun  
Then Creative Work - Siddha Yoga

**Gulika**    7:09AM – 8:25AM  
Yama    1:30PM – 2:46PM  
**Rahu**    9:42AM – 10:58AM

**Magha\* Until 4:19AM Sun**  
Saubhagya Until 9:16PM  
Vanija Until 5:21AM Sun  
**Dvitiya Until 4:05PM**

**Ganesha:** Red    Sunrise: 7:09AM  
**Muruga:** White    Sunset: 5:19PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

St. Louis, MO  
Sutra 286  
Sobhana 5125  
Moon 13 - Phase 40 - 1st Phase

### 2 Sunday, January 28, 2024

Simha Rasi: 14.09    Tithi 18  
952237576  
Creative Work    Siddha Yoga

**Gulika**    2:46PM – 4:03PM  
Yama    12:14PM – 1:30PM  
**Rahu**    4:03PM – 5:19PM

**Purvaphalguni Until 7:23AM Mon**  
Sobhana Until 10:09PM  
Visti Until 6:38PM  
**Tritiya Until 6:38PM**

**Ganesha:** Red    Sunrise: 7:09AM  
**Muruga:** White    Sunset: 5:19PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

St. Louis, MO  
Sutra 287  
Sobhana 5125  
Moon 13 - Phase 40 - 2 1st Phase

### 3 Monday, January 29, 2024

Simha Rasi: 25.59    Tithi 19  
Family Home Evening  
953237576  
Creative Work    Siddha Yoga

**Gulika**    1:31PM – 2:47PM  
Yama    10:57AM – 12:14PM  
**Rahu**    8:24AM – 9:41AM

**Purvaphalguni Until 7:23AM**  
Athiganda\* Until 11:08PM  
Bava Until 8:00AM  
**Chaturthi\* Until 9:22PM**

**Ganesha:** Yellow    Sunrise: 7:08AM  
**Muruga:** White    Sunset: 5:20PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

St. Louis, MO  
Sutra 288  
Sobhana 5125  
Moon 13 - Phase 40 - 3 1st Phase

### 4 Tuesday, January 30, 2024

Kanya Rasi: 7.46    Tithi 20  
953237576  
Creative Work    Amrita Yoga  
Until 10:22AM  
Then Creative Work - Siddha Yoga

**Gulika**    12:14PM – 1:31PM  
Yama    9:41AM – 10:57AM  
**Rahu**    2:48PM – 4:05PM

**Uttaraphalguni Until 10:22AM**  
Sukarma Until 12:07AM Wed  
Kaulava Until 10:45AM  
**Panchami Until 12:05AM Wed**

**Ganesha:** Yellow    Sunrise: 7:07AM  
**Muruga:** White    Sunset: 5:21PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

St. Louis, MO  
Sutra 289  
Sobhana 5125  
Moon 13 - Phase 40 - 4 1st Phase

### 5 Wednesday, January 31, 2024

Kanya Rasi: 19.34    Tithi 21  
963237576  
Routine Work    Marana Yoga  
Until 1:36PM  
Then Creative Work - Siddha Yoga

**Gulika**    10:57AM – 12:14PM  
Yama    8:23AM – 9:40AM  
**Rahu**    12:14PM – 1:31PM

**Hasta Until 1:36PM**  
Dhriti Until 12:56AM Thu  
Gara Until 1:24PM  
**Shashthi\* Until 2:34AM Thu**

**Ganesha:** White    Sunrise: 7:06AM  
**Muruga:** White    Sunset: 5:23PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

St. Louis, MO  
Sutra 290  
Sobhana 5125  
Moon 13 - Phase 40 - 5 1st Phase

### 6 Thursday, February 1, 2024

Tula Rasi: 1.29    Tithi 22  
963237576  
Creative Work    Siddha Yoga  
Until 4:19PM  
Then Creative Work - Amrita Yoga

**Gulika**    9:40AM – 10:57AM  
Yama    7:06AM – 8:23AM  
**Rahu**    1:31PM – 2:48PM

**Chitra Until 4:19PM**  
Shula\* Until 1:24AM Fri  
Visti Until 3:41PM  
**Saptami Until 4:35AM Fri**

**Ganesha:** White    Sunrise: 7:06AM  
**Muruga:** White    Sunset: 5:23PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

St. Louis, MO  
Sutra 291  
Sobhana 5125  
Moon 13 - Phase 40 - 6 1st Phase

### Friday, February 2, 2024 Retreat Star

Tula Rasi: 13.35    Tithi 23  
963237576  
Creative Work    Siddha Yoga

**Gulika**    8:23AM – 9:40AM  
Yama    2:49PM – 4:06PM  
**Rahu**    10:57AM – 12:14PM

**Svati Until 6:19PM**  
Ganda\* Until 1:22AM Sat  
Balava Until 5:22PM  
**Ashtami\* Until 5:55AM Sat**

**Ganesha:** White    Sunrise: 7:05AM  
**Muruga:** White    Sunset: 5:24PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

St. Louis, MO  
Sutra 292  
Sobhana 5125  
Moon 13 - Phase 40 - 7 Ashtami

### Saturday, February 3, 2024 Retreat Star

Tula Rasi: 25.59    Tithi 24  
973237576  
Creative Work    Siddha Yoga

**Gulika**    7:04AM – 8:22AM  
Yama    1:32PM – 2:50PM  
**Rahu**    9:39AM – 10:57AM

**Vishakha Until 7:52PM**  
Vridhhi Until 12:43AM Sun  
Taitila Until 6:17PM  
**Navami\* Until 6:23AM Sun**

**Ganesha:** Clear    Sunrise: 7:04AM  
**Muruga:** White    Sunset: 5:25PM  
**Nataraja:** Clear  
Moon – Orange  
**Pausha\*Thai**

St. Louis, MO  
Sutra 293  
Sobhana 5125  
Moon 13 - Phase 40 - 8 Navami

**1 Sunday, February 4, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 9 Sutra 294  
 Vrischika Rasi: 8.46 Tithi 24 – 25 **Gulika** 2:50PM – 4:08PM **Anuradha Until 8:24PM** **Ganesha:** Clear *Sunrise:* 7:03AM Sobhana 5125  
 973237577 **Yama** 12:15PM – 1:32PM Dhruva Until 11:21PM **Muruga:** White *Sunset:* 5:26PM Moon 13 - Phase 41 - 9  
 Routine Work Marana Yoga **Rahu** 4:08PM – 5:26PM Vanija Until 6:17PM **Nataraja:** Orange 2nd Phase  
 Moon – Orange **Sivaloka Day**  
 Pausha\*Thai

**2 Monday, February 5, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Jyeshtha\* Nakshatra Vyaghata\* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 295  
 Vrischika Rasi: 22 Tithi 26 **Gulika** 1:33PM – 2:51PM **Jyeshtha\* Until 7:55PM** **Ganesha:** Clear *Sunrise:* 7:02AM Sobhana 5125  
 Family Home Evening 973237577 **Yama** 10:57AM – 12:15PM Vyaghata\* Until 9:18PM **Muruga:** White *Sunset:* 5:27PM Moon 13 - Phase 41 - 10  
 Creative Work Siddha Yoga **Rahu** 8:21AM – 9:39AM Bava Until 5:24PM **Nataraja:** Orange 2nd Phase  
 Moon – Orange **Sivaloka Day**  
 Pausha\*Thai

**3 Tuesday, February 6, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Mula\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau Sun 11 Sutra 296  
 Dhanus Rasi: 5.44 Tithi 27 **Gulika** 12:15PM – 1:33PM **Mula\* Until 6:55PM** **Ganesha:** Light Blue *Sunrise:* 7:01AM Sobhana 5125  
 983337577 **Yama** 9:38AM – 10:57AM Harshana Until 6:36PM **Muruga:** White *Sunset:* 5:28PM Moon 13 - Phase 41 - 11  
 Creative Work Amrita Yoga **Rahu** 2:52PM – 4:10PM Kaulava Until 3:40PM **Nataraja:** Orange 2nd Phase  
 Until 6:55PM **Dvodashi\* Until 2:31AM Wed** **Moon – Light Blue** **Devaloka Day**  
 Then Creative Work - Siddha Yoga **Pausha\*Thai**

**4 Wednesday, February 7, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Purvashadha\*/Uttarashadha Nakshatra Vajra\*/Siddhi\* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 297  
 Dhanus Rasi: 19.57 Tithi 28 **Gulika** 10:56AM – 12:15PM **Purvashadha\* Until 5:04PM** **Ganesha:** Light Blue *Sunrise:* 7:00AM Sobhana 5125  
 983337577 **Yama** 8:19AM – 9:38AM Vajra\* Until 3:19PM **Muruga:** White *Sunset:* 5:29PM Moon 13 - Phase 41 - 12  
 Creative Work Amrita Yoga **Rahu** 12:15PM – 1:34PM Gara Until 1:13PM **Nataraja:** Orange 2nd Phase  
 Moon – Light Blue **Devaloka Day**  
 Pausha\*Thai

Pradosha Vrata (Fasting)

**5 Thursday, February 8, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Uttarashadha\*/Shravana Nakshatra Siddhi\*/Vyatipata\* Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau Sun 13 Sutra 298  
 Makara Rasi: 4.35 Tithi 29 **Gulika** 9:37AM – 10:56AM **Uttarashadha Until 2:34PM** **Ganesha:** Light Blue *Sunrise:* 6:59AM Sobhana 5125  
 983337577 **Yama** 6:59AM – 8:18AM Siddhi Until 11:37AM **Muruga:** White *Sunset:* 5:30PM Moon 13 - Phase 41 - 13  
 Routine Work Marana Yoga **Rahu** 1:34PM – 2:53PM Visti Until 10:13AM **Nataraja:** Orange 2nd Phase  
 Until 2:34PM **Chaturdashi\* Until 8:32PM** **Moon – Light Blue** **Devaloka Day**  
 Then Creative Work - Siddha Yoga **Pausha\*Thai**

**Friday, February 9, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
 Shravana/Dhanishtha Nakshatra Vyatipata\*/Vanyan Yoga Catuspada\*/Kintughna\* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 299  
 Makara Rasi: 19.33 Tithi 30 – 1 **Gulika** 8:18AM – 9:37AM **Shravana Until 11:59AM** **Ganesha:** Purple *Sunrise:* 6:58AM Sobhana 5125  
 993337577 **Yama** 2:53PM – 4:12PM Vyatipata\* Until 7:36AM **Muruga:** White *Sunset:* 5:32PM Moon 13 - Phase 41 - 14  
 Routine Work Marana Yoga **Rahu** 10:56AM – 12:15PM Catuspada Until 6:49AM **Nataraja:** Orange Amavasya  
 Until 11:59AM **Amavasya\* Until 5:00PM** **Moon – Purple** **Devaloka Day**  
 Then Creative Work - Siddha Yoga **Pausha\*Thai**

**Saturday, February 10, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Dhanishtha/Shatabhishak Nakshatra Parigha\* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 300  
 Kumbha Rasi: 4.42 Tithi 1 – 2 **Gulika** 6:57AM – 8:17AM **Dhanishtha Until 9:05AM** **Ganesha:** Purple *Sunrise:* 6:57AM Sobhana 5125  
 993337577 **Yama** 1:34PM – 2:54PM Parigha\* Until 11:10PM **Muruga:** White *Sunset:* 5:33PM Moon 13 - Phase 41 - 15  
 Creative Work Siddha Yoga **Rahu** 9:36AM – 10:56AM Balava Until 11:32PM **Nataraja:** Orange Prathama  
 Until 9:05AM **Prathama\* Until 1:21PM** **Moon – Purple** **Devaloka Day**  
 Then Creative Work - Amrita Yoga **Magha\*Thai**

**1 Sunday, February 11, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Shatabhishak/Purvaprosnthpada\* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 301  
 Kumbha Rasi: 19.52 Tithi 2 – 3 **Gulika 2:54PM – 4:14PM Shatabhishak Until 6:04AM Ganesha: Purple Sunrise: 6:56AM** Sobhana 5125  
 993337577 **Yama 12:15PM – 1:35PM Shiva Until 7:03PM Muruga: White Sunset: 5:34PM** Moon 13 - Phase 42 - 16  
**Rahu 4:14PM – 5:34PM Taitila Until 8:00PM Nataraja: Orange** 3rd Phase  
 Creative Work Siddha Yoga **Dvitiya Until 9:44AM Moon – Purple Devaloka Day**  
**Magha\*Thai**

**2 Monday, February 12, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Uttaraaprosnthpada Nakshatra Siddha/Sadhya Yoga Gara/Visti\* Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 302  
 Meena Rasi: 4.53 Tithi 3 – 4 **Gulika 1:35PM – 2:55PM Uttaraaprosnthpada Until 1:07AM Tue Ganesha: Orange Sunrise: 6:55AM** Sobhana 5125  
 Family Home Evening 914337577 **Yama 10:55AM – 12:15PM Siddha Until 3:08PM Muruga: White Sunset: 5:35PM** Moon 13 - Phase 42 - 17  
**Rahu 8:15AM – 9:35AM Visti Until 3:15AM Tue Nataraja: Orange** 3rd Phase  
 Creative Work Siddha Yoga **Tritiya Until 6:19AM Moon – Clear Sivaloka Day**  
**Magha\*Thai**

**3 Tuesday, February 13, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 303  
 Meena Rasi: 19.38 Tithi 5 **Gulika 12:15PM – 1:35PM Revati Until 11:04PM Ganesha: Orange Sunrise: 6:54AM** Sobhana 5125  
 914337577 **Yama 9:34AM – 10:55AM Sadhya Until 11:34AM Muruga: White Sunset: 5:36PM** Moon 13 - Phase 42 - 18  
**Rahu 2:56PM – 4:16PM Bava Until 1:54PM Nataraja: Orange** 3rd Phase  
 Creative Work Siddha Yoga **Panchami Until 12:40AM Wed Moon – Clear Sivaloka Day**  
**Magha\*Masi**

**4 Wednesday, February 14, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau Sun 19 Sutra 304  
 Mesha Rasi: 4.01 Tithi 6 **Gulika 10:54AM – 12:15PM Ashvini Until 9:53PM Ganesha: Green Sunrise: 6:53AM** Sobhana 5125  
 924347577 **Yama 8:13AM – 9:34AM Subha Until 8:27AM Muruga: Clear Sunset: 5:37PM** Moon 13 - Phase 42 - 19  
**Rahu 12:15PM – 1:36PM Kaulava Until 11:37AM Nataraja: Orange** 3rd Phase  
 Routine Work Marana Yoga **Shashthi\* Until 10:41PM Moon – White Bhuloka Day**  
 Until 9:53PM **Devaloka Time: 3:PM to 6:PM**  
 Then Creative Work - Siddha Yoga **Magha\*Masi**

**5 Thursday, February 15, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 305  
 Mesha Rasi: 18 Tithi 7 **Gulika 9:33AM – 10:54AM Bharani Until 9:13PM Ganesha: Green Sunrise: 6:52AM** Sobhana 5125  
 924347577 **Yama 6:52AM – 8:12AM Brahma Until 3:43AM Fri Muruga: Clear Sunset: 5:38PM** Moon 13 - Phase 42 - 20  
**Rahu 1:36PM – 2:57PM Gara Until 9:58AM Nataraja: Orange** 3rd Phase  
 Creative Work Siddha Yoga **Saptami Until 9:22PM Moon – White Bhuloka Day**  
 Until 9:13PM **Devaloka Time: 3:PM to 6:PM**  
 Then Routine Work - Marana Yoga **Magha\*Masi**

**Friday, February 16, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
 Kritika Nakshatra Indra Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 21 Sutra 306  
**Retreat Star** **Gulika 8:12AM – 9:33AM Kritika Until 9:04PM Ganesha: Green Sunrise: 6:50AM** Sobhana 5125  
 Vrishabha Rasi: 1.35 Tithi 8 **Yama 2:57PM – 4:18PM Indra Until 2:11AM Sat Muruga: Clear Sunset: 5:39PM** Moon 13 - Phase 42 - 21  
 924347577 **Rahu 10:54AM – 12:15PM Visti Until 8:59AM Nataraja: Orange** Ashtami  
 Creative Work Siddha Yoga **Ashtami\* Until 8:44PM Moon – White Bhuloka Day**  
 Until 9:04PM **Devaloka Time: 3:PM to 6:PM**  
 Then Routine Work - Marana Yoga **Magha\*Masi**

**Saturday, February 17, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Rohini Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 307  
**Retreat Star** **Gulika 6:49AM – 8:11AM Rohini Until 9:51PM Ganesha: Red Sunrise: 6:49AM** Sobhana 5125  
 Vrishabha Rasi: 14.47 Tithi 9 **Yama 1:36PM – 2:58PM Vaidhriti\* Until 1:06AM Sun Muruga: Clear Sunset: 5:40PM** Moon 13 - Phase 42 - 22  
 934347577 **Rahu 9:32AM – 10:53AM Balava Until 8:41AM Nataraja: Orange** Navami  
 Creative Work Amrita Yoga **Navami\* Until 8:45PM Moon – Yellow Devaloka Day**  
 Until 9:51PM **Magha\*Masi**  
 Then Creative Work - Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

**1 Sunday, February 18, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Mrigashira Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 308  
 Vishabha Rasi: 27.4 Tithi 10 **Gulika 2:58PM – 4:20PM** **Mrigashira Until 11:03PM** **Ganesha: Red** Sunrise: 6:48AM Sobhana 5125  
 934347577 **Yama 12:15PM – 1:36PM** Vishkambha\* Until 12:30AM Mon **Muruga: Clear** Sunset: 5:42PM Moon 13 - Phase 43 - 23  
**Rahu 4:20PM – 5:42PM** Taitila Until 9:00AM **Nataraja: Orange** 4th Phase  
 Creative Work Siddha Yoga **Dashami Until 9:21PM** Moon – Yellow **Devaloka Day**  
**Magha\*Masi**

**2 Monday, February 19, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Ardra Nakshatra Priti Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 24 Sutra 309  
 Mithuna Rasi: 10.17 Tithi 11 **Gulika 1:37PM – 2:59PM** **Ardra Until 12:34AM Tue** **Ganesha: Red** Sunrise: 6:47AM Sobhana 5125  
**Family Home Evening** 934347577 **Yama 10:53AM – 12:15PM** Priti Until 12:16AM Tue **Muruga: Clear** Sunset: 5:43PM Moon 13 - Phase 43 - 24  
 Creative Work Siddha Yoga **Rahu 8:09AM – 9:31AM** Vanija Until 9:52AM **Nataraja: Orange** 4th Phase  
**Ekadashi Until 10:28PM** Moon – Yellow **Devaloka Day**  
**Magha\*Masi**

**3 Tuesday, February 20, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 310  
 Mithuna Rasi: 22.42 Tithi 12 **Gulika 12:15PM – 1:37PM** **Punarvasu Until 2:48AM Wed** **Ganesha: Blue** Sunrise: 6:45AM Sobhana 5125  
**Family Home Evening** 944347577 **Yama 9:30AM – 10:52AM** Ayushman Until 12:20AM Wed **Muruga: Clear** Sunset: 5:44PM Moon 13 - Phase 43 - 25  
 Creative Work Siddha Yoga **Rahu 2:59PM – 4:21PM** Bava Until 11:12AM **Nataraja: Orange** 4th Phase  
**Dvadashi Until 12:00AM Wed** Moon – Blue **Bhuloka Day**  
**Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**

**4 Wednesday, February 21, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 311  
 Kataka Rasi: 4.56 Tithi 13 **Gulika 10:52AM – 12:14PM** **Pushya Until 5:12AM Thu** **Ganesha: Blue** Sunrise: 6:44AM Sobhana 5125  
**Family Home Evening** 944347577 **Yama 8:07AM – 9:29AM** Saubhagya Until 12:41AM Thu **Muruga: Clear** Sunset: 5:45PM Moon 13 - Phase 43 - 26  
 Creative Work Siddha Yoga **Rahu 12:14PM – 1:37PM** Kaulava Until 12:55PM **Nataraja: Orange** 4th Phase  
**Trayodashi Until 1:53AM Thu** Moon – Blue **Bhuloka Day**  
**Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**  
*Pradosha Vrata*

**5 Thursday, February 22, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Ashlesha\* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 312  
 Kataka Rasi: 17.03 Tithi 14 **Gulika 9:29AM – 10:51AM** **Ashlesha\* Until 7:43AM Fri** **Ganesha: Blue** Sunrise: 6:43AM Sobhana 5125  
**Family Home Evening** 944347577 **Yama 6:43AM – 8:06AM** Sobhana Until 1:16AM Fri **Muruga: Clear** Sunset: 5:46PM Moon 13 - Phase 43 - 27  
 Creative Work Siddha Yoga **Rahu 1:37PM – 3:00PM** Gara Until 2:57PM **Nataraja: Orange** 4th Phase  
 Until 7:43AM Fri **Chidambaram Abhishekam** **Chaturdashi\* Until 4:03AM Fri** Moon – Blue **Bhuloka Day**  
 Then Routine Work - Marana Yoga **Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**

**Friday, February 23, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
**Copper Retreat Star** Ashlesha\*/Magha\* Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Purnimayam Titau Sun 28 Sutra 313  
 Kataka Rasi: 29.03 Tithi 15 **Gulika 8:05AM – 9:28AM** **Ashlesha\* Until 7:43AM** **Ganesha: Blue** Sunrise: 6:41AM Sobhana 5125  
**Family Home Evening** 944347577 **Yama 3:01PM – 4:24PM** Athiganda\* Until 2:00AM Sat **Muruga: Clear** Sunset: 5:47PM Moon 13 - Phase 43 -  
 Routine Work Marana Yoga **Rahu 10:51AM – 12:14PM** Visti Until 5:15PM **Nataraja: Orange** Purnima  
**Purnima\* Until 6:28AM Sat** Moon – Blue **Bhuloka Day**  
**Magha\*Masi** **Devaloka Time: 3:PM to 6:PM**

**Saturday, February 24, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam St. Louis, MO  
**Silver Retreat Star** Magha\*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 314  
 Simha Rasi: 10.58 Tithi 15 – 16 **Gulika 6:40AM – 8:04AM** **Magha\* Until 10:47AM** **Ganesha: White** Sunrise: 6:40AM Sobhana 5125  
**Family Home Evening** 955347577 **Yama 1:38PM – 3:01PM** Sukarma Until 2:54AM Sun **Muruga: Clear** Sunset: 5:48PM Moon 13 - Phase 43 -  
 Creative Work Amrita Yoga **Rahu 9:27AM – 10:51AM** Balava Until 7:46PM **Nataraja: Orange** Prathama  
 Until 10:47AM **Purnima\* Until 6:28AM** Moon – Red **Sivaloka Day**  
 Then Creative Work - Siddha Yoga **Magha\*Masi**





**Sunday, February 25, 2024**

**Gold Retreat Star**

Simha Rasi: 22.48 Tithi 16 – 17  
955347577  
Creative Work Siddha Yoga  
Until 1:50PM  
Then Creative Work - Amrita Yoga

Gulika **3:01PM – 4:25PM**  
Yama 12:14PM – 1:38PM  
Rahu **4:25PM – 5:49PM**

**Purvaphalguni Until 1:50PM**  
Dhriti Until 3:53AM Mon  
Taitila Until 10:25PM  
**Prathama\* Until 9:04AM**

Ganesh: White Sunrise: 6:39AM  
Muruga: Clear Sunset: 5:49PM  
Nataraja: Orange  
Moon – Red  
**Magha\*Masi**

**Sivaloka Day**

St. Louis, MO  
Sutra 315

Sobhana 5125  
Moon 1 - Phase 44 - 1st Phase

**1**

**Monday, February 26, 2024**

Kanya Rasi: 5 Tithi 17 – 18  
955347577  
Family Home Evening  
Creative Work Siddha Yoga

Gulika **1:38PM – 3:02PM**  
Yama 10:50AM – 12:14PM  
Rahu **8:01AM – 9:26AM**

**Uttaraphalguni Until 4:47PM**  
Shula\* Until 4:51AM Tue  
Vanija Until 1:05AM Tue  
**Dvitiya Until 11:44AM**

Ganesh: White Sunrise: 6:37AM  
Muruga: Clear Sunset: 5:50PM  
Nataraja: Orange  
Moon – Red  
**Magha\*Masi**

**Sivaloka Day**

St. Louis, MO  
Sun 1 Sutra 316

Sobhana 5125  
Moon 1 - Phase 44 - 1st Phase

**2**

**Tuesday, February 27, 2024**

Kanya Rasi: 16.25 Tithi 18 – 19  
965347577  
Creative Work Siddha Yoga

Gulika **12:14PM – 1:38PM**  
Yama 9:25AM – 10:49AM  
Rahu **3:02PM – 4:27PM**

**Hasta Until 8:01PM**  
Ganda\* Until 5:44AM Wed  
Bava Until 3:40AM Wed  
**Tritiya Until 2:23PM**

Ganesh: Clear Sunrise: 6:36AM  
Muruga: Clear Sunset: 5:51PM  
Nataraja: Orange  
Moon – Green  
**Magha\*Masi**

**Devaloka Day**

St. Louis, MO  
Sun 2 Sutra 317

Sobhana 5125  
Moon 1 - Phase 44 - 2nd Phase

**3**

**Wednesday, February 28, 2024**

Kanya Rasi: 28.16 Tithi 19 – 20  
965347577  
Creative Work Siddha Yoga

Gulika **10:49AM – 12:13PM**  
Yama 7:59AM – 9:24AM  
Rahu **12:13PM – 1:38PM**

**Chitra Until 10:52PM**  
Vridhhi Until 6:26AM Thu  
Kaulava Until 5:57AM Thu  
**Chaturthi\* Until 4:50PM**

Ganesh: Clear Sunrise: 6:35AM  
Muruga: Clear Sunset: 5:52PM  
Nataraja: Orange  
Moon – Green  
**Magha\*Masi**

**Devaloka Day**

St. Louis, MO  
Sun 3 Sutra 318

Sobhana 5125  
Moon 1 - Phase 44 - 3rd Phase

**4**

**Thursday, February 29, 2024**

Tula Rasi: 10.13 Tithi 20  
965347577  
Creative Work Amrita Yoga  
Until 1:11AM Fri  
Then Creative Work - Siddha Yoga

Gulika **9:23AM – 10:48AM**  
Yama 6:33AM – 7:58AM  
Rahu **1:38PM – 3:03PM**

**Svati Until 1:11AM Fri**  
Vridhhi Until 6:26AM  
Taitila Until 6:56PM  
**Panchami Until 6:56PM**

Ganesh: Clear Sunrise: 6:33AM  
Muruga: Clear Sunset: 5:53PM  
Nataraja: Orange  
Moon – Green  
**Magha\*Masi**

**Devaloka Day**

St. Louis, MO  
Sun 4 Sutra 319

Sobhana 5125  
Moon 1 - Phase 44 - 4th Phase

**5**

**Friday, March 1, 2024**

Tula Rasi: 22.22 Tithi 21  
975347577  
Creative Work Siddha Yoga

Gulika **7:56AM – 9:22AM**  
Yama 3:04PM – 4:30PM  
Rahu **10:47AM – 12:13PM**

**Vishakha Until 3:15AM Sat**  
Dhruva Until 6:45AM  
Gara Until 7:48AM  
**Shashthi\* Until 8:29PM**

Ganesh: Purple Sunrise: 6:30AM  
Muruga: Clear Sunset: 5:55PM  
Nataraja: Orange  
Moon – Orange  
**Magha\*Masi**

**Sivaloka Day**

St. Louis, MO  
Sun 5 Sutra 320

Sobhana 5125  
Moon 1 - Phase 44 - 5th Phase

**6**

**Saturday, March 2, 2024**

Vrischika Rasi: 4.45 Tithi 22  
975447577  
Creative Work Siddha Yoga  
Until 4:28AM Sun  
Then Routine Work - Marana Yoga

Gulika **6:29AM – 7:55AM**  
Yama 1:39PM – 3:04PM  
Rahu **9:21AM – 10:47AM**

**Anuradha Until 4:28AM Sun**  
Vyaghata\* Until 6:38AM  
Visti Until 9:02AM  
**Saptami Until 9:21PM**

Ganesh: Clear Sunrise: 6:29AM  
Muruga: Clear Sunset: 5:56PM  
Nataraja: Orange  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

St. Louis, MO  
Sun 6 Sutra 321

Sobhana 5125  
Moon 1 - Phase 44 - 6th Phase

**D**

**Sunday, March 3, 2024**

**Retreat Star**

Vrischika Rasi: 17.28 Tithi 23  
975447577  
Routine Work Marana Yoga  
Until 4:45AM Mon  
Then Creative Work - Siddha Yoga

Gulika **3:05PM – 4:31PM**  
Yama 12:12PM – 1:39PM  
Rahu **4:31PM – 5:57PM**

**Jyeshtha\* Until 4:45AM Mon**  
Vajra\* Until 4:37AM Mon  
Balava Until 9:30AM  
**Ashtami\* Until 9:24PM**

Ganesh: Clear Sunrise: 6:27AM  
Muruga: Clear Sunset: 5:57PM  
Nataraja: Orange  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

St. Louis, MO  
Sun 7 Sutra 322

Sobhana 5125  
Moon 1 - Phase 44 - 7th Phase  
Ashtami

**Monday, March 4, 2024**

**Retreat Star**

Dhanus Rasi: 1 Tithi 24  
185447577  
Family Home Evening  
Creative Work Siddha Yoga

Gulika **1:39PM – 3:05PM**  
Yama 10:46AM – 12:12PM  
Rahu **7:53AM – 9:19AM**

**Mula\* Until 4:30AM Tue**  
Siddhi Until 2:38AM Tue  
Taitila Until 9:08AM  
**Navami\* Until 8:37PM**

Ganesh: Green Sunrise: 6:26AM  
Muruga: Clear Sunset: 5:58PM  
Nataraja: Orange  
Moon – Light Blue  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM


St. Louis, MO  
Sun 8 Sutra 323

Sobhana 5125  
Moon 1 - Phase 44 - 8th Phase  
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, March 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		St. Louis, MO Sun 9 Sutra 324	
Dhanus Rasi: 14.11	Tithi 25	<b>Gulika</b> Yama	<b>12:12PM – 1:39PM</b> 9:18AM – 10:45AM	<b>Purvashadha* Until 3:21AM Wed</b> Vyatipata* Until 12:02AM Wed Vanija Until 7:57AM	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Light Blue	<b>Sunrise: 6:25AM</b> <b>Sunset: 5:59PM</b>	Moon 1 - Phase 45 - 9 2nd Phase
Creative Work Siddha Yoga Until 3:21AM Wed Then Creative Work - Amrita Yoga		186447577	<b>Rahu</b> <b>3:06PM – 4:32PM</b>	<b>Dashami Until 7:02PM</b>	<b>Devaloka Day</b> Magha*Masi		
<b>2</b>		<b>Wednesday, March 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Louis, MO Sun 10 Sutra 325	
Dhanus Rasi: 28.14	Tithi 26 – 27	<b>Gulika</b> Yama	<b>10:44AM – 12:12PM</b> 7:50AM – 9:17AM	<b>Uttarashadha Until 1:22AM Thu</b> Variyan Until 8:50PM Kaulava Until 3:21AM Thu	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Light Blue	<b>Sunrise: 6:23AM</b> <b>Sunset: 6:00PM</b>	Moon 1 - Phase 45 - 10 2nd Phase
Creative Work Amrita Yoga Until 1:22AM Thu Then Creative Work - Siddha Yoga		186447577	<b>Rahu</b> <b>12:12PM – 1:39PM</b>	<b>Ekadashi* Until 4:43PM</b>	<b>Devaloka Day</b> Magha*Masi		
<b>3</b>		<b>Thursday, March 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		St. Louis, MO Sun 11 Sutra 326	
Makara Rasi: 12.44	Tithi 27 – 28	<b>Gulika</b> Yama	<b>9:16AM – 10:44AM</b> 6:22AM – 7:49AM	<b>Shravana Until 11:08PM</b> Parigha* Until 5:12PM Gara Until 12:11AM Fri	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:22AM</b> <b>Sunset: 6:01PM</b>	Moon 1 - Phase 45 - 11 2nd Phase
Creative Work Siddha Yoga		196447577	<b>Rahu</b> <b>1:39PM – 3:06PM</b>	<b>Dvadashi* Until 1:48PM</b>	<b>Sivaloka Day</b> Magha*Masi		
		<i>Pradosha Vrata (Fasting)</i>					
<b>4</b>		<b>Friday, March 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Louis, MO Sun 12 Sutra 327	
Makara Rasi: 27.37	Tithi 28 – 29	<b>Gulika</b> Yama	<b>7:48AM – 9:16AM</b> 3:07PM – 4:34PM	<b>Dhanishtha Until 8:23PM</b> Shiva Until 1:13PM Visti Until 8:40PM	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:20AM</b> <b>Sunset: 6:02PM</b>	Moon 1 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga		196447577	<b>Rahu</b> <b>10:43AM – 12:11PM</b>	<b>Trayodashi* Until 10:27AM</b>	<b>Sivaloka Day</b> Magha*Masi		
		<b>Saturday, March 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		St. Louis, MO Sun 13 Sutra 328	
<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>6:19AM – 7:47AM</b> 1:39PM – 3:07PM	<b>Shatabhishak Until 5:17PM</b> Siddha Until 9:00AM Naga Until 3:01AM Sun	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:19AM</b> <b>Sunset: 6:03PM</b>	Moon 1 - Phase 45 - 13 Amavasya
Kumbha Rasi: 12.44 Tithi 29 – 30 Creative Work Amrita Yoga Until 5:17PM Then Routine Work - Marana Yoga		196447577	<b>Rahu</b> <b>9:15AM – 10:43AM</b>	<b>Chaturdashi* Until 6:48AM</b>	<b>Sivaloka Day</b> Magha*Masi		
<b>Retreat Star</b>		<b>Sunday, March 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Louis, MO Sun 14 Sutra 329	
Kumbha Rasi: 27.59	Tithi 1	<b>Gulika</b> Yama	<b>3:07PM – 4:36PM</b> 12:11PM – 1:39PM	<b>Purvaproshtapada* Until 2:25PM</b> Subha Until 12:28AM Mon Kintughna Until 1:09PM	<b>Ganesha: Orange</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Clear	<b>Sunrise: 6:17AM</b> <b>Sunset: 6:04PM</b>	Moon 1 - Phase 45 - 14 Prathama
Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga		116447577	<b>Rahu</b> <b>4:36PM – 6:04PM</b>	<b>Prathama* Until 11:17PM</b>	<b>Devaloka Day</b> Phalgun*Masi		

**Monday, March 11, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Uttaraproshtpada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 330  
**1** **Gulika** 1:39PM – 3:08PM **Uttaraproshtpada Until 11:33AM** **Ganesha:** Orange *Sunrise:* 6:15AM Sobhana 5125  
 Meena Rasi: 13.1 Tithi 2 Yama 10:42AM – 12:10PM Sukla Until 8:23PM **Muruga:** Clear *Sunset:* 6:05PM Moon 1 - Phase 46 - 15  
**Family Home Evening** 116447577 **Rahu** 7:44AM – 9:13AM Balava Until 9:30AM **Nataraja:** Orange 3rd Phase  
 Creative Work Siddha Yoga **Dvitiya Until 7:45PM** Moon – Clear **Devaloka Day**  
 Phalguna•Masi

**Tuesday, March 12, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Revati/Ashvini Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau Sun 16 Sutra 331  
**2** **Gulika** 12:10PM – 1:39PM **Revati Until 8:52AM** **Ganesha:** Green *Sunrise:* 6:14AM Sobhana 5125  
 Meena Rasi: 28.08 Tithi 3 – 4 Yama 9:12AM – 10:41AM Brahma Until 4:37PM **Muruga:** Clear *Sunset:* 6:06PM Moon 1 - Phase 46 - 16  
 117447577 **Rahu** 3:08PM – 4:37PM Taitila Until 6:08AM **Nataraja:** Orange 3rd Phase  
 Creative Work Siddha Yoga **Tritiya Until 4:35PM** Moon – Clear **Bhuloka Day**  
 Phalguna•Masi **Devaloka Time: 3:PM to 6:PM**

**Subramuniyaswami Siva Vision Day**

**Wednesday, March 13, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Ashvini/Bharani Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 332  
**3** **Gulika** 10:40AM – 12:10PM **Ashvini Until 6:54AM** **Ganesha:** White *Sunrise:* 6:12AM Sobhana 5125  
 Mesha Rasi: 12.47 Tithi 4 – 5 Yama 7:42AM – 9:11AM Indra Until 1:17PM **Muruga:** Clear *Sunset:* 6:07PM Moon 1 - Phase 46 - 17  
 127447577 **Rahu** 12:10PM – 1:39PM Bava Until 12:52AM Thu **Nataraja:** Orange 3rd Phase  
 Routine Work Marana Yoga **Chaturthi\* Until 1:56PM** Moon – White **Bhuloka Day**  
 Until 6:54AM **Phalguna•Masi** **Devaloka Time: 3:PM to 6:PM**  
 Then Creative Work - Siddha Yoga

**Thursday, March 14, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Kritika Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau Sun 18 Sutra 333  
**4** **Gulika** 9:10AM – 10:40AM **Kritika Until 4:27AM Fri** **Ganesha:** White *Sunrise:* 6:11AM Sobhana 5125  
 Mesha Rasi: 27 Tithi 5 – 6 Yama 6:11AM – 7:41AM Vaidhriti\* Until 10:27AM **Muruga:** Clear *Sunset:* 6:08PM Moon 1 - Phase 46 - 18  
 127447578 **Rahu** 1:39PM – 3:09PM Kaulava Until 11:12PM **Nataraja:** Clear 3rd Phase  
 Routine Work Marana Yoga **Panchami Until 11:55AM** Moon – White **Bhuloka Day**  
**Karadaiyan Nombu (Tamil Nadu)** **Phalguna•Panguni** **Devaloka Time: 3:PM to 6:PM**

**Friday, March 15, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
 Rohini Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 334  
**5** **Gulika** 7:39AM – 9:09AM **Rohini Until 4:33AM Sat** **Ganesha:** Clear *Sunrise:* 6:09AM Sobhana 5125  
 Vrishabha Rasi: 10.47 Tithi 6 – 7 Yama 3:09PM – 4:39PM Vishkambha\* Until 8:12AM **Muruga:** Clear *Sunset:* 6:09PM Moon 1 - Phase 46 - 19  
 137447578 **Rahu** 10:39AM – 12:09PM Gara Until 10:18PM **Nataraja:** Clear 3rd Phase  
 Routine Work Marana Yoga **Shashthi\* Until 10:38AM** Moon – Yellow **Devaloka Day**  
 Until 4:33AM Sat **Phalguna•Panguni**  
 Then Creative Work - Siddha Yoga

**Saturday, March 16, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 335  
**Retreat Star** **Gulika** 6:08AM – 7:38AM **Mrigashira Until 5:15AM Sun** **Ganesha:** Clear *Sunrise:* 6:08AM Sobhana 5125  
 Vrishabha Rasi: 24.07 Tithi 7 – 8 Yama 1:39PM – 3:10PM Priti Until 6:35AM **Muruga:** Clear *Sunset:* 6:10PM Moon 1 - Phase 46 - 20  
 137447578 **Rahu** 9:08AM – 10:39AM Visti Until 10:11PM **Nataraja:** Clear Ashtami  
 Creative Work Siddha Yoga **Saptami Until 10:07AM** Moon – Yellow **Devaloka Day**  
**Phalguna•Panguni**

**Sunday, March 17, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 336  
**Retreat Star** **Gulika** 3:10PM – 4:40PM **Ardra Until 6:30AM Mon** **Ganesha:** Clear *Sunrise:* 6:06AM Sobhana 5125  
 Mithuna Rasi: 7.03 Tithi 8 – 9 Yama 12:09PM – 1:39PM Saubhagya Until 5:05AM Mon **Muruga:** Clear *Sunset:* 6:11PM Moon 1 - Phase 46 - 21  
 137447578 **Rahu** 4:40PM – 6:11PM Balava Until 10:48PM **Nataraja:** Clear Navami  
 Creative Work Siddha Yoga **Ashtami\* Until 10:23AM** Moon – Yellow **Devaloka Day**  
 Until 6:30AM Mon **Phalguna•Panguni**  
 Then Creative Work - Amrita Yoga

<b>1</b>	<b>Monday, March 18, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	St. Louis, MO Sun 22 Sutra 337
	Mithuna Rasi: 19.38 Tithi 9 – 10 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 6:30AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:39PM – 3:10PM Yama 10:37AM – 12:08PM <b>Rahu</b> 7:36AM – 9:07AM	<b>Ardra Until 6:30AM</b> Sobhana Until 5:06AM Tue Taitila Until 12:04AM Tue <b>Navami* Until 11:20AM</b>

<b>2</b>	<b>Tuesday, March 19, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	St. Louis, MO Sun 23 Sutra 338
	Kataka Rasi: 1.58 Tithi 10 – 11 148447578 Creative Work Siddha Yoga	<b>Gulika</b> 12:08PM – 1:39PM Yama 9:06AM – 10:37AM <b>Rahu</b> 3:10PM – 4:42PM	<b>Punarvasu Until 8:39AM</b> Athiganda* Until 5:28AM Wed Vanija Until 1:51AM Wed <b>Dashami Until 12:53PM</b>

<b>3</b>	<b>Wednesday, March 20, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	St. Louis, MO Sun 24 Sutra 339
	Kataka Rasi: 14.05 Tithi 11 – 12 148447578 Creative Work Siddha Yoga	<b>Gulika</b> 10:36AM – 12:08PM Yama 7:33AM – 9:05AM <b>Rahu</b> 12:08PM – 1:39PM	<b>Pushya Until 11:07AM</b> Sukarma Until 6:09AM Thu Bava Until 4:02AM Thu <b>Ekadashi Until 2:53PM</b>

<b>4</b>	<b>Thursday, March 21, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	St. Louis, MO Sun 25 Sutra 340
	Kataka Rasi: 26.04 Tithi 12 – 13 148447578 Creative Work Siddha Yoga Until 1:44PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:04AM – 10:36AM Yama 6:00AM – 7:32AM <b>Rahu</b> 1:39PM – 3:11PM	<b>Ashlesha* Until 1:44PM</b> Sukarma Until 6:09AM Kaulava Until 6:30AM Fri <b>Dvadashi Until 5:13PM</b>

<b>5</b>	<b>Friday, March 22, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau	St. Louis, MO Sun 26 Sutra 341
	Simha Rasi: 7.56 Tithi 13 158447578 Routine Work Marana Yoga Until 4:54PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:31AM – 9:03AM Yama 3:11PM – 4:44PM <b>Rahu</b> 10:35AM – 12:07PM	<b>Magha* Until 4:54PM</b> Dhriti Until 7:02AM Kaulava Until 6:30AM <b>Trayodashi Until 7:46PM</b>

<b>6</b>	<b>Saturday, March 23, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau	St. Louis, MO Sun 27 Sutra 342
	Simha Rasi: 19.46 Tithi 14 158447578 Creative Work Siddha Yoga Until 8:00PM Then Routine Work - Marana Yoga	<b>Gulika</b> 5:57AM – 7:29AM Yama 1:39PM – 3:12PM <b>Rahu</b> 9:02AM – 10:34AM	<b>Purvaphalguni Until 8:00PM</b> Shula* Until 8:00AM Gara Until 9:05AM <b>Chaturdashi* Until 10:23PM</b>

	<b>Sunday, March 24, 2024</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau	St. Louis, MO Sutra 343
	Kanya Rasi: 1.34 Tithi 15 158447578 Creative Work Amrita Yoga	<b>Gulika</b> 3:12PM – 4:45PM Yama 12:07PM – 1:39PM <b>Rahu</b> 4:45PM – 6:18PM	<b>Uttaraphalguni Until 10:55PM</b> Ganda* Until 9:00AM Visti Until 11:43AM <b>Purnima* Until 12:59AM Mon</b>

<b>Monday, March 25, 2024</b>	<b>Silver Retreat Star</b>	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau	St. Louis, MO Sutra 344
	Kanya Rasi: 13.24 Tithi 16 169447578 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:39PM – 3:12PM Yama 10:33AM – 12:06PM <b>Rahu</b> 7:27AM – 9:00AM	<b>Hasta Until 2:02AM Tue</b> Vridhhi Until 9:57AM Balava Until 2:15PM <b>Prathama* Until 3:26AM Tue</b>

o self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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**Tuesday, March 26, 2024**  
**Gold Retreat Star**

Kanya Rasi: 25.17 Tithi 17  
Creative Work Siddha Yoga

Gulika 12:06PM – 1:39PM  
Yama 8:59AM – 10:33AM  
169447578 Rahu 3:13PM – 4:46PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Chitra Until 4:45AM Wed**  
Dhruva Until 10:45AM  
Taitila Until 4:35PM  
**Dvitiya Until 5:38AM Wed**

Ganesha: Purple Sunrise: 5:52AM  
Muruga: Clear Sunset: 6:20PM Moon 2 - Phase 48 - 1st Phase  
Nataraja: Clear  
Moon – Green  
**Bhuloka Day**  
Phalguna\*Panguni Devaloka Time: 3:PM to 6:PM

St. Louis, MO  
Sutra 345  
Sobhana 5125

**1**

**Wednesday, March 27, 2024**

Tula Rasi: 7.17 Tithi 18  
Creative Work Siddha Yoga

Gulika 10:32AM – 12:06PM  
Yama 7:25AM – 8:58AM  
169447578 Rahu 12:06PM – 1:39PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Vanija Karana Tritiyayam Titau

**Svati Until 6:59AM Thu**  
Vyaghata\* Until 11:22AM  
Vanija Until 6:38PM  
**Tritiya Until 7:29AM Thu**

Ganesha: Purple Sunrise: 5:51AM  
Muruga: Clear Sunset: 6:20PM Moon 2 - Phase 48 - 1st Phase  
Nataraja: Clear  
Moon – Green  
**Bhuloka Day**  
Phalguna\*Panguni Devaloka Time: 3:PM to 6:PM

St. Louis, MO  
Sutra 346  
Sobhana 5125

**2**

**Thursday, March 28, 2024**

Tula Rasi: 19.25 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 6:59AM  
Then Creative Work - Siddha Yoga

Gulika 8:57AM – 10:31AM  
Yama 5:49AM – 7:23AM  
169547578 Rahu 1:39PM – 3:13PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Svati Until 6:59AM**  
Harshana Until 11:43AM  
Bava Until 8:17PM  
**Tritiya Until 7:29AM**

Ganesha: Clear Sunrise: 5:49AM  
Muruga: Clear Sunset: 6:21PM Moon 2 - Phase 48 - 2 1st Phase  
Nataraja: Clear  
Moon – Green  
**Devaloka Day**  
Phalguna\*Panguni

St. Louis, MO  
Sutra 347  
Sobhana 5125

**3**

**Friday, March 29, 2024**

Vrischika Rasi: 1.43 Tithi 19 – 20  
Creative Work Siddha Yoga

Gulika 7:22AM – 8:56AM  
Yama 3:14PM – 4:48PM  
179547578 Rahu 10:31AM – 12:05PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Vishakha Until 9:07AM**  
Vajra\* Until 11:42AM  
Kaulava Until 9:27PM  
**Chaturthi\* Until 8:54AM**

Ganesha: White Sunrise: 5:48AM  
Muruga: Clear Sunset: 6:22PM Moon 2 - Phase 48 - 3 1st Phase  
Nataraja: Clear  
Moon – Orange  
**Sivaloka Day**  
Phalguna\*Panguni

St. Louis, MO  
Sutra 348  
Sobhana 5125

**4**

**Saturday, March 30, 2024**

Vrischika Rasi: 14.14 Tithi 20 – 21  
Creative Work Siddha Yoga

Gulika 5:46AM – 7:21AM  
Yama 1:39PM – 3:14PM  
179547578 Rahu 8:55AM – 10:30AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Anuradha Until 10:36AM**  
Siddhi Until 11:17AM  
Gara Until 10:03PM  
**Panchami Until 9:48AM**

Ganesha: White Sunrise: 5:46AM  
Muruga: Clear Sunset: 6:23PM Moon 2 - Phase 48 - 4 1st Phase  
Nataraja: Clear  
Moon – Orange  
**Sivaloka Day**  
Phalguna\*Panguni

St. Louis, MO  
Sutra 349  
Sobhana 5125

**5**

**Sunday, March 31, 2024**

Vrischika Rasi: 27.01 Tithi 21 – 22  
Routine Work Marana Yoga  
Until 11:21AM  
Then Creative Work - Amrita Yoga

Gulika 3:14PM – 4:49PM  
Yama 12:04PM – 1:39PM  
179547578 Rahu 4:49PM – 6:24PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Vanyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Jyeshtha\* Until 11:21AM**  
Vyatipata\* Until 10:26AM  
Visti Until 10:02PM  
**Shashthi\* Until 10:06AM**

Ganesha: White Sunrise: 5:45AM  
Muruga: Clear Sunset: 6:24PM Moon 2 - Phase 48 - 5 1st Phase  
Nataraja: Clear  
Moon – Orange  
**Sivaloka Day**  
Phalguna\*Panguni

St. Louis, MO  
Sutra 350  
Sobhana 5125

**D**

**Monday, April 1, 2024**  
**Retreat Star**

Dhanus Rasi: 10.07 Tithi 22 – 23  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:46AM  
Then Routine Work - Marana Yoga

Gulika 1:39PM – 3:14PM  
Yama 10:29AM – 12:04PM  
189547578 Rahu 7:20AM – 8:55AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Mula\* Until 11:46AM**  
Variyan Until 9:02AM  
Balava Until 9:21PM  
**Saptami Until 9:46AM**

Ganesha: Yellow Sunrise: 5:45AM  
Muruga: Clear Sunset: 6:24PM Moon 2 - Phase 48 - 6 Ashtami  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Phalguna\*Panguni

St. Louis, MO  
Sutra 351  
Sobhana 5125

**Tuesday, April 2, 2024**

**Retreat Star**

Dhanus Rasi: 23.35 Tithi 23 – 24  
Creative Work Siddha Yoga  
Until 11:22AM  
Then Routine Work - Prabalarishta Yoga

Gulika 12:04PM – 1:39PM  
Yama 8:54AM – 10:29AM  
181547578 Rahu 3:15PM – 4:50PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Purvashadha\* Until 11:22AM**  
Parigha\* Until 7:07AM  
Taitila Until 8:00PM  
**Ashtami\* Until 8:44AM**

Ganesha: Yellow Sunrise: 5:43AM  
Muruga: Clear Sunset: 6:25PM Moon 2 - Phase 48 - 7 Navami  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Phalguna\*Panguni

St. Louis, MO  
Sutra 352  
Sobhana 5125


<b>1</b>	<b>Wednesday, April 3, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Louis, MO
	Makara Rasi: 7.26	Tithi 24 – 25	<b>Gulika</b> 10:28AM – 12:04PM	<b>Uttarashadha Until 10:12AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM	Sun 8 Sutra 353
			Yama 7:17AM – 8:53AM	Siddha Until 1:46AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM	Sobhana 5125
			181547578 <b>Rahu</b> 12:04PM – 1:39PM	Vanija Until 6:01PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 8
Creative Work Amrita Yoga				Moon – Light Blue		2nd Phase	
Until 10:12AM				<b>Navami* Until 7:04AM</b>	<b>Phalguna*Panguni</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Thursday, April 4, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				St. Louis, MO
	Makara Rasi: 21.41	Tithi 26	<b>Gulika</b> 8:52AM – 10:28AM	<b>Shravana Until 8:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM	Sun 9 Sutra 354
			Yama 5:40AM – 7:16AM	Sadhya Until 10:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:27PM	Sobhana 5125
			191547578 <b>Rahu</b> 1:39PM – 3:15PM	Bava Until 3:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 9
Creative Work Siddha Yoga				Moon – Purple		2nd Phase	
				<b>Ekadashi* Until 2:01AM Fri</b>	<b>Phalguna*Panguni</b>	<b>Sivaloka Day</b>	

<b>3</b>	<b>Friday, April 5, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvadashyam Titau				St. Louis, MO
	Kumbha Rasi: 6.17	Tithi 27	<b>Gulika</b> 7:15AM – 8:51AM	<b>Dhanishtha Until 6:37AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM	Sun 10 Sutra 355
			Yama 3:16PM – 4:52PM	Subha Until 6:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:28PM	Sobhana 5125
			191547578 <b>Rahu</b> 10:27AM – 12:03PM	Kaulava Until 12:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 10
Creative Work Siddha Yoga				Moon – Purple		2nd Phase	
				<b>Dvadashi* Until 10:50PM</b>	<b>Phalguna*Panguni</b>	<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, April 6, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				St. Louis, MO
	Kumbha Rasi: 21.09	Tithi 28	<b>Gulika</b> 5:37AM – 7:14AM	<b>Purvaproshtapada* Until 1:27AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:37AM	Sun 11 Sutra 356
			Yama 1:39PM – 3:16PM	Sukla Until 2:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:29PM	Sobhana 5125
			111547578 <b>Rahu</b> 8:50AM – 10:26AM	Gara Until 9:09AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 11
Routine Work Marana Yoga				Moon – Clear		2nd Phase	
Until 1:27AM Sun				<b>Trayodashi* Until 7:24PM</b>	<b>Phalguna*Panguni</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, April 7, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Louis, MO
	Meena Rasi: 6.11	Tithi 29 – 30	<b>Gulika</b> 3:16PM – 4:53PM	<b>Uttaraproshtapada Until 10:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:36AM	Sun 12 Sutra 357
			Yama 12:03PM – 1:39PM	Brahma Until 10:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:30PM	Sobhana 5125
			111547578 <b>Rahu</b> 4:53PM – 6:30PM	Catuspada Until 2:05AM Mon	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 12
Creative Work Amrita Yoga				Moon – Clear		2nd Phase	
				<b>Chaturdashi* Until 3:51PM</b>	<b>Phalguna*Panguni</b>	<b>Devaloka Day</b>	

	<b>Monday, April 8, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Louis, MO
	<b>Retreat Star</b>		<b>Gulika</b> 1:40PM – 3:17PM	<b>Revati Until 7:52PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:34AM	Sun 13 Sutra 358
	Meena Rasi: 21.14	Tithi 30 – 1	Yama 10:25AM – 12:02PM	Indra Until 6:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:31PM	Sobhana 5125
	<b>Family Home Evening</b>		111547578 <b>Rahu</b> 7:11AM – 8:48AM	Kintughna Until 10:39PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 13
Creative Work Siddha Yoga				Moon – Clear		Amavasya	
				<b>Amavasya* Until 12:20PM</b>	<b>Phalguna*Panguni</b>	<b>Devaloka Day</b>	

	<b>Tuesday, April 9, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				St. Louis, MO
	<b>Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:40PM	<b>Ashvini Until 5:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM	Sun 14 Sutra 359
	Mesha Rasi: 6.11	Tithi 1 – 2	Yama 8:47AM – 10:25AM	Vishkambha* Until 11:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:32PM	Sobhana 5125
			121547578 <b>Rahu</b> 3:17PM – 4:54PM	Balava Until 7:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 49 - 14
Creative Work Siddha Yoga				Moon – White		Prathama	
		<b>Chellappaswami Mahasamadhi</b>	<b>Prathama* Until 9:00AM</b>	<b>Chaitra*Panguni</b>		<b>Devaloka Day</b>	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for St. Louis, MO on 11/20/21

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**1 Wednesday, April 10, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam St. Louis, MO  
 Bharani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360  
 Mesha Rasi: 20.53 Tithi 2 – 3 **Gulika 10:24AM – 12:02PM** **Bharani Until 3:34PM** **Ganesha: Yellow** Sunrise: 5:31AM Sobhana 5125  
 Yama 7:09AM – 8:46AM Priti Until 7:47PM **Muruga: Clear** Sunset: 6:33PM Moon 2 - Phase 50 - 15  
 121547578 **Rahu 12:02PM – 1:40PM** Gara Until 3:33AM Thu **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Dvitiya Until 6:02AM** Moon – White **Devaloka Day**  
 Until 3:34PM **Chaitra•Panguni**  
 Then Creative Work - Amrita Yoga

**2 Thursday, April 11, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam St. Louis, MO  
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Chaturthiyam Titau Sun 16 Sutra 361  
 Vishabha Rasi: 5.14 Tithi 4 **Gulika 8:46AM – 10:24AM** **Krittika Until 1:58PM** **Ganesha: Yellow** Sunrise: 5:30AM Sobhana 5125  
 Yama 5:30AM – 7:08AM Ayushman Until 4:57PM **Muruga: Clear** Sunset: 6:33PM Moon 2 - Phase 50 - 16  
 121547578 **Rahu 1:40PM – 3:18PM** Vanija Until 2:34PM **Nataraja: Clear** 3rd Phase  
 Routine Work Marana Yoga **Chaturthi\* Until 1:42AM Fri** Moon – White **Devaloka Day**  
**Chaitra•Panguni**

**3 Friday, April 12, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam St. Louis, MO  
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362  
 Vishabha Rasi: 19.09 Tithi 5 **Gulika 7:06AM – 8:45AM** **Rohini Until 1:20PM** **Ganesha: Clear** Sunrise: 5:28AM Sobhana 5125  
 Yama 3:18PM – 4:56PM Saubhagya Until 2:41PM **Muruga: Clear** Sunset: 6:35PM Moon 2 - Phase 50 - 17  
 132547578 **Rahu 10:23AM – 12:01PM** Bava Until 1:04PM **Nataraja: Clear** 3rd Phase  
 Routine Work Marana Yoga **Panchami Until 12:35AM Sat** Moon – Yellow **Devaloka Day**  
 Until 1:20PM **Chaitra•Panguni**  
 Then Creative Work - Siddha Yoga

**4 Saturday, April 13, 2024** Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam St. Louis, MO  
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363  
 Mithuna Rasi: 2.38 Tithi 6 **Gulika 5:27AM – 7:05AM** **Mrigashira Until 1:19PM** **Ganesha: Clear** Sunrise: 5:27AM Sobhana 5125  
 Yama 1:40PM – 3:18PM Sobhana Until 1:04PM **Muruga: Clear** Sunset: 6:35PM Moon 2 - Phase 50 - 18  
 132547578 **Rahu 8:44AM – 10:23AM** Kaulava Until 12:20PM **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Shashthi\* Until 12:16AM Sun** Moon – Yellow **Devaloka Day**  
**Chaitra•Chaitra**

**5 Sunday, April 14, 2024** Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Louis, MO  
 Ardra/Punarvasu Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364  
 Mithuna Rasi: 15.41 Tithi 7 **Gulika 3:19PM – 4:58PM** **Ardra Until 1:56PM** **Ganesha: White** Sunrise: 5:25AM Krodhin 5126  
 Yama 12:01PM – 1:40PM Athiganda\* Until 12:02PM **Muruga: Clear** Sunset: 6:36PM Moon 2 - Phase 50 - 19  
 232547578 **Rahu 4:58PM – 6:36PM** Gara Until 12:25PM **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Saptami Until 12:44AM Mon** Moon – Yellow **Bhuloka Day**  
**Chaitra•Chaitra** **Devaloka Time: 3:PM to 6:PM**  
 Tamil New Year

**Monday, April 15, 2024** Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam St. Louis, MO  
 Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1  
**Retreat Star** **Gulika 1:40PM – 3:19PM** **Punarvasu Until 3:36PM** **Ganesha: Clear** Sunrise: 5:24AM Krodhin 5126  
 Mithuna Rasi: 28.21 Tithi 8 Yama 10:21AM – 12:01PM Sukarma Until 11:38AM **Muruga: Clear** Sunset: 6:37PM Moon 2 - Phase 50 - 20  
**Family Home Evening** 242547578 **Rahu 7:03AM – 8:42AM** Visti Until 1:16PM **Nataraja: Clear** Ashtami  
 Creative Work Amrita Yoga **Ashtami\* Until 1:56AM Tue** Moon – Blue **Devaloka Day**  
 Until 3:36PM **Chaitra•Chaitra**  
 Then Creative Work - Siddha Yoga

**Tuesday, April 16, 2024** Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Louis, MO  
 Pushya/Ashlesha\* Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2  
**Retreat Star** **Gulika 12:00PM – 1:40PM** **Pushya Until 5:45PM** **Ganesha: Clear** Sunrise: 5:22AM Krodhin 5126  
 Kataka Rasi: 10.42 Tithi 9 Yama 8:41AM – 10:21AM Dhriti Until 11:46AM **Muruga: Clear** Sunset: 6:38PM Moon 2 - Phase 50 - 21  
 242547578 **Rahu 3:19PM – 4:59PM** Balava Until 2:47PM **Nataraja: Clear** Navami  
 Creative Work Siddha Yoga **Navami\* Until 3:45AM Wed** Moon – Blue **Devaloka Day**  
**Sri Rama Navami** **Chaitra•Chaitra**

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, April 17, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		St. Louis, MO Sun 22 Sutra 3	
Kataka Rasi: 22.49	Tithi 10	<b>Gulika</b> 10:20AM – 12:00PM	<b>Ashlesha* Until 8:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	Krodhin 5126	
		Yama 7:01AM – 8:41AM	Shula* Until 12:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 1 - 22	
	242547578	<b>Rahu</b> 12:00PM – 1:40PM	Taitila Until 4:51PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 6:01AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>	
				Chaitra*Chaitra			
<b>2</b>		<b>Thursday, April 18, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Louis, MO Sun 23 Sutra 4	
Simha Rasi: 4.44	Tithi 10 – 11	<b>Gulika</b> 8:40AM – 10:20AM	<b>Magha* Until 11:24PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:20AM	Krodhin 5126	
		Yama 5:20AM – 7:00AM	Ganda* Until 1:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 1 - 23	
	252547578	<b>Rahu</b> 1:40PM – 3:20PM	Vanija Until 7:17PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 6:01AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 11:24PM				Chaitra*Chaitra		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, April 19, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Louis, MO Sun 24 Sutra 5	
Simha Rasi: 16.34	Tithi 11 – 12	<b>Gulika</b> 6:59AM – 8:39AM	<b>Purvaphalguni Until 2:31AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	Krodhin 5126	
		Yama 3:20PM – 5:01PM	Vridhhi Until 2:12PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 1 - 24	
	252557578	<b>Rahu</b> 10:19AM – 12:00PM	Bava Until 9:53PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:33AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 2:31AM Sat				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, April 20, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Louis, MO Sun 25 Sutra 6	
Simha Rasi: 28.22	Tithi 12 – 13	<b>Gulika</b> 5:17AM – 6:58AM	<b>Uttaraphalguni Until 5:26AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:17AM	Krodhin 5126	
		Yama 1:40PM – 3:21PM	Dhruva Until 3:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 1 - 25	
	252557578	<b>Rahu</b> 8:38AM – 10:19AM	Kaulava Until 12:28AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 11:10AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:26AM Sun				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
				Pradosha Vrata			
<b>5</b>		<b>Sunday, April 21, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Louis, MO Sun 26 Sutra 7	
Kanya Rasi: 10.11	Tithi 13 – 14	<b>Gulika</b> 3:21PM – 5:02PM	<b>Hasta Until 8:29AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	Krodhin 5126	
		Yama 11:59AM – 1:40PM	Vyaghata* Until 4:11PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 1 - 26	
	262557578	<b>Rahu</b> 5:02PM – 6:43PM	Gara Until 2:53AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi Until 1:41PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 8:29AM Mon				Chaitra*Chaitra			
Then Routine Work - Prabalarishta Yoga							
<b>6</b>		<b>Monday, April 22, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		St. Louis, MO Sun 27 Sutra 8	
Kanya Rasi: 22.05	Tithi 14 – 15	<b>Gulika</b> 1:40PM – 3:22PM	<b>Hasta Until 8:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Krodhin 5126	
<b>Family Home Evening</b>		Yama 10:18AM – 11:59AM	Harshana Until 4:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 1 - 27	
Creative Work	Siddha Yoga	<b>Rahu</b> 6:55AM – 8:37AM	Visti Until 4:58AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Until 8:29AM			<b>Chaturdashi* Until 3:57PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				Chaitra*Chaitra			
<b>○</b>		<b>Tuesday, April 23, 2024</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Louis, MO Sutra 9	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:59AM – 1:40PM	<b>Chitra Until 11:02AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	Krodhin 5126	
Tula Rasi: 4.07	Tithi 15 – 16	Yama 8:36AM – 10:17AM	Vajra* Until 5:26PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 1 -	
	262657578	<b>Rahu</b> 3:22PM – 5:03PM	Balava Until 6:40AM Wed	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 5:51PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				Chaitra*Chaitra			
<b>Wednesday, April 24, 2024</b>		<b>Silver Retreat Star</b>		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau		St. Louis, MO Sutra 10	
Tula Rasi: 16.18	Tithi 16	<b>Gulika</b> 10:17AM – 11:59AM	<b>Svati Until 1:02PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:12AM	Krodhin 5126	
		Yama 6:53AM – 8:35AM	Siddhi Until 5:35PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 1 -	
	262657579	<b>Rahu</b> 11:59AM – 1:41PM	Balava Until 6:40AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 7:19PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				Chaitra*Chaitra			