

Saturday, May 6, 2023
Gold Retreat Star

Vrischika Rasi: 2.2 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Varyan/Parigha* Yoga Gara/Visti* Karana Prathama/Dvitiyayam Titau

Gulika 5:07AM – 6:52AM
Yama 1:51PM – 3:36PM
Rahu 8:36AM – 10:21AM

Vishakha Until 7:43AM
 Varyan Until 3:50PM
 Taitila Until 7:39PM
Prathama* Until 8:24AM

Ganesha: White *Sunrise:* 5:07AM
Muruga: Clear *Sunset:* 7:05PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

St. Helena, CA
 Sutra 20
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

1 Sunday, May 7, 2023

Vrischika Rasi: 16.1 Tithi 17 – 18

272196579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Gulika 3:36PM – 5:21PM
Yama 12:06PM – 1:51PM
Rahu 5:21PM – 7:06PM

Anuradha Until 6:50AM
 Parigha* Until 1:20PM
 Visti Until 4:47AM Mon
Dvitiya Until 6:45AM

Ganesha: Blue *Sunrise:* 5:06AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

St. Helena, CA
 Sun 1 Sutra 21
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

2 Monday, May 8, 2023

Dhanus Rasi: 0.13 Tithi 19

Family Home Evening

282196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 1:51PM – 3:36PM
Yama 10:21AM – 12:06PM
Rahu 6:50AM – 8:35AM

Mula* Until 4:12AM Tue
 Shiva Until 10:36AM
 Bava Until 3:44PM
Chaturthi* Until 2:37AM Tue

Ganesha: Red *Sunrise:* 5:05AM
Muruga: Clear *Sunset:* 7:07PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

St. Helena, CA
 Sun 2 Sutra 22
 Sobhana 5125
 Moon 4 - Phase 4 - 2 1st Phase

3 Tuesday, May 9, 2023

Dhanus Rasi: 14.23 Tithi 20

282196579

Creative Work Siddha Yoga

Until 2:40AM Wed

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:06PM – 1:51PM
Yama 8:35AM – 10:20AM
Rahu 3:37PM – 5:22PM

Purvashadha* Until 2:40AM Wed
 Siddha Until 7:42AM
 Kaulava Until 1:29PM
Panchami Until 12:19AM Wed

Ganesha: Red *Sunrise:* 5:04AM
Muruga: Clear *Sunset:* 7:08PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

St. Helena, CA
 Sun 3 Sutra 23
 Sobhana 5125
 Moon 4 - Phase 4 - 3 1st Phase

4 Wednesday, May 10, 2023

Dhanus Rasi: 28.38 Tithi 21

283196579

Creative Work Amrita Yoga

Until 12:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarahadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:20AM – 12:06PM
Yama 6:49AM – 8:34AM
Rahu 12:06PM – 1:52PM

Uttarahadha Until 12:58AM Thu
 Subha Until 1:46AM Thu
 Gara Until 11:10AM
Shashthi* Until 9:59PM

Ganesha: Blue *Sunrise:* 5:03AM
Muruga: Clear *Sunset:* 7:09PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

St. Helena, CA
 Sun 4 Sutra 24
 Sobhana 5125
 Moon 4 - Phase 4 - 4 1st Phase

5 Thursday, May 11, 2023

Makara Rasi: 12.53 Tithi 22

293196579

Creative Work Siddha Yoga

Chidambaram Abhishekam

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shrivana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:34AM – 10:20AM
Yama 5:02AM – 6:48AM
Rahu 1:52PM – 3:38PM

Shrivana Until 11:35PM
 Sukla Until 10:48PM
 Visti Until 8:50AM
Saptami Until 7:40PM

Ganesha: Red *Sunrise:* 5:02AM
Muruga: Clear *Sunset:* 7:10PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

St. Helena, CA
 Sun 5 Sutra 25
 Sobhana 5125
 Moon 4 - Phase 4 - 5 1st Phase

Friday, May 12, 2023
Retreat Star

Makara Rasi: 27.07 Tithi 23 – 24

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha Nakshatra Brahma Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:47AM – 8:33AM
Yama 3:38PM – 5:24PM
Rahu 10:19AM – 12:06PM

Dhanishtha Until 10:09PM
 Brahma Until 7:55PM
 Balava Until 6:34AM
Ashtami* Until 5:26PM

Ganesha: Red *Sunrise:* 5:01AM
Muruga: Clear *Sunset:* 7:11PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

St. Helena, CA
 Sun 6 Sutra 26
 Sobhana 5125
 Moon 4 - Phase 4 - 6 Ashtami

Saturday, May 13, 2023
Retreat Star

Kumbha Rasi: 11.16 Tithi 24 – 25

293196579

Creative Work Amrita Yoga

Until 8:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 5:00AM – 6:46AM
Yama 1:52PM – 3:39PM
Rahu 8:33AM – 10:19AM

Shatabhishak Until 8:43PM
 Indra Until 5:10PM
 Vanija Until 2:21AM Sun
Navami* Until 3:20PM

Ganesha: Red *Sunrise:* 5:00AM
Muruga: Clear *Sunset:* 7:11PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

St. Helena, CA
 Sun 7 Sutra 27
 Sobhana 5125
 Moon 4 - Phase 4 - 7 Navami

Sunday, May 14, 2023**1**

Kumbha Rasi: 25.2 Tithi 25 – 26

Creative Work Siddha Yoga
Until 7:43PM
Then Creative Work - Amrita Yoga213196579 **Gulika** 3:39PM – 5:26PM
Yama 12:06PM – 1:52PM
Rahu 5:26PM – 7:12PM**Mother's Day**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vaidhriti* Vishkambha* Yoga Visti* Bava Karana Dashami/Ekadashyam Titau**Purvaproshtapada* Until 7:43PM**Vaidhriti* Until 2:31PM
Bava Until 12:31AM Mon**Dashami Until 1:23PM****Ganesha:** Clear Sunrise: 4:59AM**Muruga:** Clear Sunset: 7:12PM**Nataraja:** Purple
Moon – Clear**Vaisaka-Vaikasi****Sivaloka Day**

St. Helena, CA Sun 8 Sutra 28

Sobhana 5125

Moon 4 - Phase 5 - 8

2nd Phase

Monday, May 15, 2023**2**

Meena Rasi: 9.16 Tithi 26 – 27

Family Home Evening

Creative Work Siddha Yoga

213196579 **Gulika** 1:53PM – 3:39PM
Yama 10:19AM – 12:06PM
Rahu 6:45AM – 8:32AM**Mother's Day**Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada* Nakshatra Vishkambha* Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau**Uttaraproshtapada Until 6:49PM**Vishkambha* Until 12:03PM
Kaulava Until 10:54PM**Ekadashi* Until 11:39AM****Ganesha:** Clear Sunrise: 4:58AM**Muruga:** Clear Sunset: 7:13PM**Nataraja:** Purple
Moon – Clear**Vaisaka-Vaikasi****Sivaloka Day**

St. Helena, CA Sun 9 Sutra 29

Sobhana 5125

Moon 4 - Phase 5 - 9

2nd Phase

Tuesday, May 16, 2023**3**

Meena Rasi: 23.04 Tithi 27 – 28

Creative Work Siddha Yoga

213196579 **Gulika** 12:06PM – 1:53PM
Yama 8:31AM – 10:19AM
Rahu 3:40PM – 5:27PM**Revati Until 6:02PM**Priti Until 9:48AM
Gara Until 9:34PM**Dvadashi* Until 10:10AM***Pradosha Vrata (Fasting)***Ganesha:** Clear Sunrise: 4:57AM**Muruga:** Clear Sunset: 7:14PM**Nataraja:** Purple
Moon – Clear**Vaisaka-Vaikasi****Sivaloka Day**

St. Helena, CA Sun 10 Sutra 30

Sobhana 5125

Moon 4 - Phase 5 - 10

2nd Phase

Wednesday, May 17, 2023**4**

Mesha Rasi: 6.4 Tithi 28 – 29

Routine Work Marana Yoga

Until 5:52PM

Then Creative Work - Siddha Yoga

223196579 **Gulika** 10:18AM – 12:06PM
Yama 6:44AM – 8:31AM
Rahu 12:06PM – 1:53PM**Ashvini Until 5:52PM**Ayushman Until 7:47AM
Visti Until 8:35PM**Trayodashi* Until 9:00AM****Ganesha:** Orange Sunrise: 4:56AM**Muruga:** Clear Sunset: 7:15PM**Nataraja:** Purple
Moon – White**Vaisaka-Vaikasi****Sivaloka Day**

St. Helena, CA Sun 11 Sutra 31

Sobhana 5125

Moon 4 - Phase 5 - 11

2nd Phase

Thursday, May 18, 2023**Retreat Star**

Mesha Rasi: 20.04 Tithi 29 – 30

Creative Work Siddha Yoga

Until 5:58PM

Then Routine Work - Marana Yoga

223196579 **Gulika** 8:31AM – 10:18AM
Yama 4:56AM – 6:43AM
Rahu 1:53PM – 3:41PM**Bharani Until 5:58PM**Saubhagya Until 6:05AM
Catuspada Until 8:00PM**Chaturdashi* Until 8:13AM****Ganesha:** Orange Sunrise: 4:56AM**Muruga:** Clear Sunset: 7:16PM**Nataraja:** Purple
Moon – White**Vaisaka-Vaikasi****Sivaloka Day**

St. Helena, CA Sun 12 Sutra 32

Sobhana 5125

Moon 4 - Phase 5 - 12

Amavasya

Friday, May 19, 2023**Retreat Star**

Vishabha Rasi: 3.13 Tithi 30 – 1

Creative Work Siddha Yoga

Until 6:22PM

Then Routine Work - Marana Yoga

223196579 **Gulika** 6:43AM – 8:30AM
Yama 3:41PM – 5:29PM
Rahu 10:18AM – 12:06PM**Krittika Until 6:22PM**Athiganda* Until 3:46AM Sat
Kintughna Until 7:54PM**Amavasya* Until 7:52AM****Ganesha:** Orange Sunrise: 4:55AM**Muruga:** Clear Sunset: 7:17PM**Nataraja:** Purple
Moon – White**Jyeshtha-Vaikasi****Sivaloka Day**

St. Helena, CA Sun 13 Sutra 33

Sobhana 5125

Moon 4 - Phase 5 - 13

Prathama

1		Saturday, May 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarna Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 14 Sutra 34	
Vrishabha Rasi: 16.08 Tithi 1 – 2		233196579		Gulika 4:54AM – 6:42AM Yama 1:54PM – 3:42PM Rahu 8:30AM – 10:18AM	Rohini Until 7:35PM Sukarna Until 3:13AM Sun Balava Until 8:19PM Prathama* Until 8:01AM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruga: Clear <i>Sunset:</i> 7:18PM Nataraja: Purple Moon – Yellow Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 14 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 7:35PM Then Creative Work - Siddha Yoga							
2		Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 15 Sutra 35	
Vrishabha Rasi: 28.47 Tithi 2 – 3		233196579		Gulika 3:42PM – 5:30PM Yama 12:06PM – 1:54PM Rahu 5:30PM – 7:18PM	Mrigashira Until 9:08PM Dhriti Until 3:05AM Mon Taitila Until 9:14PM Dvitiya Until 8:42AM	Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruga: Clear <i>Sunset:</i> 7:18PM Nataraja: Purple Moon – Yellow Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 15 3rd Phase Sivaloka Day
Creative Work Siddha Yoga							
3		Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 16 Sutra 36	
Mithuna Rasi: 11.13 Tithi 3 – 4		233196579		Gulika 1:54PM – 3:43PM Yama 10:18AM – 12:06PM Rahu 6:41AM – 8:29AM	Ardra Until 11:01PM Shula* Until 3:18AM Tue Vanija Until 10:40PM Tritiya Until 9:52AM	Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruga: Clear <i>Sunset:</i> 7:19PM Nataraja: Purple Moon – Yellow Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 16 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 11:01PM Then Creative Work - Amrita Yoga							
4		Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 17 Sutra 37	
Mithuna Rasi: 23.27 Tithi 4 – 5		243196579		Gulika 12:06PM – 1:55PM Yama 8:29AM – 10:18AM Rahu 3:43PM – 5:32PM	Punarvasu Until 1:37AM Wed Ganda* Until 3:50AM Wed Bava Until 12:30AM Wed Chaturthi* Until 11:31AM	Ganesha: Purple <i>Sunrise:</i> 4:52AM Muruga: Clear <i>Sunset:</i> 7:20PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 17 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							
5		Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 18 Sutra 38	
Kataka Rasi: 5.31 Tithi 5 – 6		244196579		Gulika 10:17AM – 12:06PM Yama 6:40AM – 8:29AM Rahu 12:06PM – 1:55PM	Pushya Until 4:22AM Thu Vriddhi Until 4:37AM Thu Kaulava Until 2:40AM Thu Panchami Until 1:32PM	Ganesha: Clear <i>Sunrise:</i> 4:51AM Muruga: Clear <i>Sunset:</i> 7:21PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 18 3rd Phase Sivaloka Day
Creative Work Siddha Yoga							
6		Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 19 Sutra 39	
Kataka Rasi: 17.28 Tithi 6 – 7		244196579		Gulika 8:28AM – 10:17AM Yama 4:51AM – 6:40AM Rahu 1:55PM – 3:44PM	Ashlesha* Until 7:05AM Fri Dhruva Until 5:29AM Fri Gara Until 4:59AM Fri Shashthi* Until 3:48PM	Ganesha: Clear <i>Sunrise:</i> 4:51AM Muruga: Clear <i>Sunset:</i> 7:22PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 19 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:05AM Fri Then Routine Work - Marana Yoga							
Retreat Star		Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Vanija Karana Saptamyam Titau		St. Helena, CA Sun 20 Sutra 40	
Kataka Rasi: 29.22 Tithi 7		344196579		Gulika 6:39AM – 8:28AM Yama 3:44PM – 5:33PM Rahu 10:17AM – 12:06PM	Ashlesha* Until 7:05AM Vyaghata* Until 6:21AM Sat Vanija Until 6:08PM Saptami Until 6:08PM	Ganesha: White <i>Sunrise:</i> 4:50AM Muruga: Clear <i>Sunset:</i> 7:22PM Nataraja: Purple Moon – Blue Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 20 3rd Phase Devaloka Day
Routine Work Marana Yoga							
Retreat Star		Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 41	
Simha Rasi: 11.16 Tithi 8		354196579		Gulika 4:50AM – 6:39AM Yama 1:56PM – 3:45PM Rahu 8:28AM – 10:17AM	Magha* Until 10:07AM Vyaghata* Until 6:21AM Visti Until 7:18AM Ashtami* Until 8:21PM	Ganesha: Clear <i>Sunrise:</i> 4:50AM Muruga: Clear <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Red Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 21 Ashtami Sivaloka Day
Creative Work Amrita Yoga Until 10:07AM Then Creative Work - Siddha Yoga							
Retreat Star		Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 22 Sutra 42	
Simha Rasi: 23.16 Tithi 9		354196579		Gulika 3:45PM – 5:35PM Yama 12:07PM – 1:56PM Rahu 5:35PM – 7:24PM	Purvaphalguni Until 12:44PM Harshana Until 7:04AM Balava Until 9:22AM Navami* Until 10:14PM	Ganesha: Clear <i>Sunrise:</i> 4:49AM Muruga: Clear <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Red Jyeshtha*Vaikasi	Sobhana 5125 Moon 4 - Phase 6 - 22 Navami Sivaloka Day
Creative Work Siddha Yoga Until 12:44PM Then Creative Work - Amrita Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		St. Helena, CA Sun 23 Sutra 43
1	Kanya Rasi: 5.25 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:56PM – 3:46PM Yama 10:17AM – 12:07PM Rahu 6:38AM – 8:28AM	Uttaraphalguni Until 2:45PM Vajra* Until 7:26AM Taitila Until 11:01AM Dashami Until 11:36PM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon – Red Sivaloka Day Jyeshtha*Vaikasi
	364196579			Sobhana 5125 Moon 4 - Phase 7 - 23 4th Phase


Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 44
2	Kanya Rasi: 17.49 Tithi 11 Creative Work Siddha Yoga	Gulika 12:07PM – 1:56PM Yama 8:27AM – 10:17AM Rahu 3:46PM – 5:36PM	Hasta Until 4:29PM Siddhi Until 7:22AM Vanija Until 12:03PM Ekadashi Until 12:16AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Green Devaloka Day Jyeshtha*Vaikasi
	364196579			Sobhana 5125 Moon 4 - Phase 7 - 24 4th Phase

Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 45
3	Tula Rasi: 0.32 Tithi 12 Creative Work Siddha Yoga	Gulika 10:17AM – 12:07PM Yama 6:38AM – 8:27AM Rahu 12:07PM – 1:57PM	Chitra Until 5:19PM Vyatipata* Until 6:45AM Bava Until 12:21PM Dvadashi Until 12:11AM Thu	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Green Devaloka Day Jyeshtha*Vaikasi
	364196579			Sobhana 5125 Moon 4 - Phase 7 - 25 4th Phase

Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 46
4	Tula Rasi: 13.37 Tithi 13 Creative Work Amrita Yoga Until 5:15PM Then Creative Work - Siddha Yoga	Gulika 8:27AM – 10:17AM Yama 4:47AM – 6:37AM Rahu 1:57PM – 3:47PM	Svati Until 5:15PM Parigha* Until 3:40AM Fri Kaulava Until 11:53AM Trayodashi Until 11:21PM <i>Pradosha Vrata</i>	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon – Green Sivaloka Day Jyeshtha*Vaikasi
	364296579			Sobhana 5125 Moon 4 - Phase 7 - 26 4th Phase

Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 47
5	Tula Rasi: 27.07 Tithi 14 Creative Work Siddha Yoga	Gulika 6:37AM – 8:27AM Yama 3:47PM – 5:37PM Rahu 10:17AM – 12:07PM	Vishakha Until 4:47PM Shiva Until 1:19AM Sat Gara Until 10:41AM Chaturdashi* Until 9:49PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange Subha Sivaloka Day Jyeshtha*Vaikasi
	374296579	Vaikasi Visakam		Sobhana 5125 Moon 4 - Phase 7 - 27 4th Phase

Saturday, June 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		St. Helena, CA Sun 28 Sutra 48
	Copper Retreat Star Vrischika Rasi: 11.01 Tithi 15 Creative Work Siddha Yoga	Gulika 4:47AM – 6:37AM Yama 1:58PM – 3:48PM Rahu 8:27AM – 10:17AM	Anuradha Until 3:34PM Siddha Until 10:28PM Visti Until 8:51AM Purnima* Until 7:43PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange Subha Sivaloka Day Jyeshtha*Vaikasi
	374296579			Sobhana 5125 Moon 4 - Phase 7 - Purnima

Sunday, June 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Taitila Karana Prathamam/Dvitiyayam Titau		St. Helena, CA Sun 29 Sutra 49
	Silver Retreat Star Vrischika Rasi: 25.15 Tithi 16 – 17 Routine Work Marana Yoga Until 1:45PM Then Creative Work - Amrita Yoga	Gulika 3:48PM – 5:38PM Yama 12:08PM – 1:58PM Rahu 5:38PM – 7:29PM	Jyeshtha* Until 1:45PM Sadhya Until 7:18PM Balava Until 6:30AM Prathama* Until 5:10PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange Subha Sivaloka Day Jyeshtha*Vaikasi
	374296579			Sobhana 5125 Moon 4 - Phase 7 - Prathama



Monday, June 5, 2023

Gold Retreat Star

Dhanus Rasi: 9.44 Tithi 17 - 18

Family Home Evening

384296571

Creative Work Siddha Yoga

Until 11:53AM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:58PM - 3:49PM

Yama 10:17AM - 12:08PM

Rahu 6:36AM - 8:27AM

Mula* Until 11:53AM

Subha Until 3:55PM

Vanija Until 12:53AM Tue

Dvitiya Until 2:20PM

Ganesha: Yellow

Sunrise: 4:46AM

Muruga: Clear

Sunset: 7:29PM

Nataraja: Blue

Moon - Light Blue

Jyeshtha*Vaikasi

Sivaloka Day

St. Helena, CA Sun 1 Sutra 50

Sobhana 5125

Moon 5 - Phase 8 - 1

1st Phase

1

Tuesday, June 6, 2023

Dhanus Rasi: 24.22 Tithi 18 - 19

Creative Work Siddha Yoga

Until 9:44AM

Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:08PM - 1:58PM

Yama 8:27AM - 10:17AM

Rahu 3:49PM - 5:39PM

Purvashadha* Until 9:44AM

Sukla Until 12:24PM

Bava Until 9:53PM

Tritiya Until 11:22AM

Ganesha: White

Sunrise: 4:46AM

Muruga: Clear

Sunset: 7:30PM

Nataraja: Blue

Moon - Light Blue

Jyeshtha*Vaikasi

Devaloka Day

St. Helena, CA Sun 2 Sutra 51

Sobhana 5125

Moon 5 - Phase 8 - 2

1st Phase

2

Wednesday, June 7, 2023

Makara Rasi: 9.02 Tithi 19 - 20

Creative Work Amrita Yoga

Until 7:26AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:17AM - 12:08PM

Yama 6:36AM - 8:27AM

Rahu 12:08PM - 1:59PM

Uttarashadha Until 7:26AM

Brahma Until 8:54AM

Kaulava Until 6:57PM

Chaturthi* Until 8:23AM

Ganesha: White

Sunrise: 4:46AM

Muruga: Clear

Sunset: 7:30PM

Nataraja: Blue

Moon - Light Blue

Jyeshtha*Vaikasi

Devaloka Day

St. Helena, CA Sun 3 Sutra 52

Sobhana 5125

Moon 5 - Phase 8 - 3

1st Phase

3

Thursday, June 8, 2023

Makara Rasi: 23.37 Tithi 21

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:27AM - 10:18AM

Yama 4:45AM - 6:36AM

Rahu 1:59PM - 3:50PM

Dhanishtha Until 3:42AM Fri

Vaidhriti* Until 2:18AM Fri

Gara Until 4:13PM

Shashthi* Until 2:55AM Fri

Ganesha: Yellow

Sunrise: 4:45AM

Muruga: Clear

Sunset: 7:31PM

Nataraja: Blue

Moon - Purple

Jyeshtha*Vaikasi

Sivaloka Day

St. Helena, CA Sun 4 Sutra 53

Sobhana 5125

Moon 5 - Phase 8 - 4

1st Phase

4

Friday, June 9, 2023

Kumbha Rasi: 8.02 Tithi 22

Creative Work Siddha Yoga

Until 2:04AM Sat

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:36AM - 8:27AM

Yama 3:50PM - 5:41PM

Rahu 10:18AM - 12:08PM

Shatabhishak Until 2:04AM Sat

Vishkambha* Until 11:21PM

Visti Until 1:44PM

Saptami Until 12:36AM Sat

Ganesha: Yellow

Sunrise: 4:45AM

Muruga: Clear

Sunset: 7:32PM

Nataraja: Blue

Moon - Purple

Jyeshtha*Vaikasi

Sivaloka Day

St. Helena, CA Sun 5 Sutra 54

Sobhana 5125

Moon 5 - Phase 8 - 5

1st Phase

5

Saturday, June 10, 2023

Retreat Star

Kumbha Rasi: 22.13 Tithi 23

Routine Work Marana Yoga

Until 1:05AM Sun

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:45AM - 6:36AM

Yama 1:59PM - 3:50PM

Rahu 8:27AM - 10:18AM

Purvaproshtapada* Until 1:05AM Sun

Priti Until 8:44PM

Balava Until 11:37AM

Ashtami* Until 10:40PM

Ganesha: Clear

Sunrise: 4:45AM

Muruga: Clear

Sunset: 7:32PM

Nataraja: Blue

Moon - Clear

Jyeshtha*Vaikasi

Sivaloka Day

St. Helena, CA Sun 6 Sutra 55

Sobhana 5125

Moon 5 - Phase 8 - 6

Ashtami

Sunday, June 11, 2023

Retreat Star

Meena Rasi: 6.1 Tithi 24

Creative Work Amrita Yoga

Until 12:22AM Mon

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:51PM - 5:42PM

Yama 12:09PM - 2:00PM

Rahu 5:42PM - 7:33PM

Uttaraproshtapada Until 12:22AM Mon

Ayushman Until 6:24PM

Taitila Until 9:53AM

Navami* Until 9:09PM

Ganesha: Clear

Sunrise: 4:45AM

Muruga: Clear

Sunset: 7:33PM

Nataraja: Blue

Moon - Clear

Jyeshtha*Vaikasi

Sivaloka Day

St. Helena, CA Sun 7 Sutra 56

Sobhana 5125

Moon 5 - Phase 8 - 7

Navami

Monday, June 12, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharyam Titau				Sun 8 Sutra 57	
1		Gulika 2:00PM – 3:51PM	Revati Until 11:55PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM
Meena Rasi: 19.51	Tithi 25	Yama 10:18AM – 12:09PM	Saubhagya Until 4:26PM	Muruga: Clear	<i>Sunset:</i> 7:33PM
Family Home Evening	315296571	Rahu 6:36AM – 8:27AM	Vanija Until 8:33AM	Nataraja: Blue	Moon 5 - Phase 8
Creative Work	Siddha Yoga		Dashami Until 8:02PM	Moon – Clear	2nd Phase
				Sivaloka Day	
				Jyeshtha*Vaikasi	

Tuesday, June 13, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 58	
2		Gulika 12:09PM – 2:00PM	Ashvini Until 12:10AM Wed	Ganesha: White	<i>Sunrise:</i> 4:45AM
Mesha Rasi: 3.17	Tithi 26	Yama 8:27AM – 10:18AM	Sobhana Until 2:49PM	Muruga: Clear	<i>Sunset:</i> 7:33PM
	325296571	Rahu 3:51PM – 5:42PM	Bava Until 7:39AM	Nataraja: Blue	Moon 5 - Phase 9 - 9
Creative Work	Siddha Yoga		Ekadashi* Until 7:20PM	Moon – White	2nd Phase
				Devaloka Day	
				Jyeshtha*Vaikasi	

Wednesday, June 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 59	
3		Gulika 10:18AM – 12:09PM	Bharani Until 12:41AM Thu	Ganesha: White	<i>Sunrise:</i> 4:45AM
Mesha Rasi: 16.31	Tithi 27	Yama 6:36AM – 8:27AM	Athiganda* Until 1:30PM	Muruga: Clear	<i>Sunset:</i> 7:34PM
	325296571	Rahu 12:09PM – 2:01PM	Kaulava Until 7:10AM	Nataraja: Blue	Moon 5 - Phase 9 - 10
Creative Work	Siddha Yoga		Dvadashi* Until 7:03PM	Moon – White	2nd Phase
Until 12:41AM Thu				Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha*Vaikasi	

Thursday, June 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 60	
4		Gulika 8:27AM – 10:18AM	Krittika Until 1:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM
Mesha Rasi: 29.31	Tithi 28	Yama 4:45AM – 6:36AM	Sukarma Until 12:31PM	Muruga: Clear	<i>Sunset:</i> 7:34PM
	326296571	Rahu 2:01PM – 3:52PM	Gara Until 7:05AM	Nataraja: Blue	Moon 5 - Phase 9 - 11
Routine Work	Marana Yoga		Trayodashi* Until 7:10PM	Moon – White	2nd Phase
				Sivaloka Day	
				Jyeshtha*Ani	
				Pradosha Vrata (Fasting)	

Friday, June 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 61	
5		Gulika 6:36AM – 8:27AM	Rohini Until 2:55AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:45AM
Vrishabha Rasi: 12.19	Tithi 29	Yama 3:52PM – 5:43PM	Dhriti Until 11:52AM	Muruga: Clear	<i>Sunset:</i> 7:35PM
	336296571	Rahu 10:19AM – 12:10PM	Visti Until 7:24AM	Nataraja: Blue	Moon 5 - Phase 9 - 12
Routine Work	Marana Yoga		Chaturdashi* Until 7:42PM	Moon – Yellow	2nd Phase
Until 2:55AM Sat				Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Ani	

Saturday, June 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 62	
Retreat Star		Gulika 4:45AM – 6:36AM	Mrigashira Until 4:36AM Sun	Ganesha: Red	<i>Sunrise:</i> 4:45AM
Vrishabha Rasi: 24.56	Tithi 30	Yama 2:01PM – 3:52PM	Shula* Until 11:31AM	Muruga: Yellow	<i>Sunset:</i> 7:35PM
	336216571	Rahu 8:28AM – 10:19AM	Catuspada Until 8:08AM	Nataraja: Blue	Moon 5 - Phase 9 - 13
Creative Work	Siddha Yoga		Amavasya* Until 8:38PM	Moon – Yellow	Amavasya
				Sivaloka Day	
				Jyeshtha*Ani	

Sunday, June 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Ardra Nakshatra Ganda*/Vridhhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 63	
Retreat Star		Gulika 3:53PM – 5:44PM	Ardra Until 6:31AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:45AM
Mithuna Rasi: 7.22	Tithi 1	Yama 12:10PM – 2:01PM	Ganda* Until 11:29AM	Muruga: Yellow	<i>Sunset:</i> 7:35PM
	336216571	Rahu 5:44PM – 7:35PM	Kintughna Until 9:16AM	Nataraja: Blue	Moon 5 - Phase 9 - 14
Creative Work	Siddha Yoga		Prathama* Until 9:57PM	Moon – Yellow	Prathama
Until 6:31AM Mon		Father's Day		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for St. Helena, CA on 11/20/21

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Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
		Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 64	
1		Gulika 2:02PM – 3:53PM	Ardra Until 6:31AM	Ganesha: Red	<i>Sunrise:</i> 4:45AM
Mithuna Rasi: 19.38	Tithi 2	Yama 10:19AM – 12:10PM	Vridhhi Until 11:46AM	Muruga: Yellow	<i>Sunset:</i> 7:36PM
Family Home Evening	336216571	Rahu 6:37AM – 8:28AM	Balava Until 10:47AM	Nataraja: Blue	Moon 5 - Phase 10 - 15
Creative Work	Siddha Yoga		Dvitiya Until 11:39PM	Moon – Yellow	3rd Phase
Until 6:31AM				Ashada*Ani	Sivaloka Day
Then Creative Work - Amrita Yoga					

Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
		Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 65	
2		Gulika 12:11PM – 2:02PM	Punarvasu Until 9:07AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM
Kataka Rasi: 1.46	Tithi 3	Yama 8:28AM – 10:19AM	Dhruva Until 12:17PM	Muruga: Yellow	<i>Sunset:</i> 7:36PM
	346216571	Rahu 3:53PM – 5:44PM	Taitila Until 12:38PM	Nataraja: Blue	Moon 5 - Phase 10 - 16
Creative Work	Siddha Yoga		Tritiya Until 1:40AM Wed	Moon – Blue	3rd Phase
				Ashada*Ani	Sivaloka Day

Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
		Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17 Sutra 66	
3		Gulika 10:20AM – 12:11PM	Pushya Until 11:49AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM
Kataka Rasi: 13.46	Tithi 4	Yama 6:37AM – 8:28AM	Vyaghata* Until 1:03PM	Muruga: Yellow	<i>Sunset:</i> 7:36PM
	346216571	Rahu 12:11PM – 2:02PM	Vanija Until 2:48PM	Nataraja: Blue	Moon 5 - Phase 10 - 17
Creative Work	Siddha Yoga		Chaturthi* Until 3:56AM Thu	Moon – Blue	3rd Phase
				Ashada*Ani	Sivaloka Day

Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		St. Helena, CA	
		Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 67	
4		Gulika 8:29AM – 10:20AM	Ashlesha* Until 2:34PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM
Kataka Rasi: 25.4	Tithi 5	Yama 4:46AM – 6:37AM	Harshana Until 1:59PM	Muruga: Yellow	<i>Sunset:</i> 7:36PM
	347216571	Rahu 2:02PM – 3:54PM	Bava Until 5:09PM	Nataraja: Blue	Moon 5 - Phase 10 - 18
Creative Work	Siddha Yoga		Panchami Until 6:20AM Fri	Moon – Blue	3rd Phase
Until 2:34PM				Ashada*Ani	Devaloka Day
Then Creative Work - Amrita Yoga					

Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
		Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 68	
5		Gulika 6:38AM – 8:29AM	Magha* Until 5:43PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM
Simha Rasi: 7.32	Tithi 5 – 6	Yama 3:54PM – 5:45PM	Vajra* Until 2:56PM	Muruga: Yellow	<i>Sunset:</i> 7:36PM
	357216571	Rahu 10:20AM – 12:11PM	Kaulava Until 7:33PM	Nataraja: Blue	Moon 5 - Phase 10 - 19
Routine Work	Marana Yoga		Panchami Until 6:20AM	Moon – Red	3rd Phase
Until 5:43PM				Ashada*Ani	Sivaloka Day
Then Creative Work - Siddha Yoga					

Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA	
		Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 69	
6		Gulika 4:47AM – 6:38AM	Purvaphalguni Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM
Simha Rasi: 19.24	Tithi 6 – 7	Yama 2:03PM – 3:54PM	Siddhi Until 3:50PM	Muruga: Yellow	<i>Sunset:</i> 7:36PM
	357216571	Rahu 8:29AM – 10:20AM	Gara Until 9:50PM	Nataraja: Blue	Moon 5 - Phase 10 - 20
Creative Work	Siddha Yoga		Shashthi* Until 8:42AM	Moon – Red	3rd Phase
Until 8:35PM				Ashada*Ani	Sivaloka Day
Then Routine Work - Marana Yoga					

Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
		Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 70	
Retreat Star		Gulika 3:54PM – 5:45PM	Uttaraphalguni Until 10:59PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM
Kanya Rasi: 1.22	Tithi 7 – 8	Yama 12:12PM – 2:03PM	Vyatipata* Until 4:32PM	Muruga: Yellow	<i>Sunset:</i> 7:37PM
	357216571	Rahu 5:45PM – 7:37PM	Visti Until 11:46PM	Nataraja: Blue	Moon 5 - Phase 10 - 21
Creative Work	Amrita Yoga		Saptami Until 10:50AM	Moon – Red	Ashtami
		Chidambaram Abhishekam		Ashada*Ani	Sivaloka Day

Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
		Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 71	
Retreat Star		Gulika 2:03PM – 3:54PM	Hasta Until 1:10AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:47AM
Kanya Rasi: 13.28	Tithi 8 – 9	Yama 10:21AM – 12:12PM	Variyan Until 4:49PM	Muruga: Yellow	<i>Sunset:</i> 7:37PM
	367316571	Rahu 6:38AM – 8:30AM	Balava Until 1:09AM Tue	Nataraja: Blue	Moon 5 - Phase 10 - 22
Creative Work	Siddha Yoga		Ashtami* Until 12:31PM	Moon – Green	Navami
				Ashada*Ani	Sivaloka Day

1 Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 72	
Kanya Rasi: 25.5	Tithi 9 – 10	Gulika 12:12PM – 2:03PM	Chitra Until 2:29AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:48AM	Sobhana 5125
		Yama 8:30AM – 10:21AM	Parigha* Until 4:35PM	Muruga: Yellow <i>Sunset:</i> 7:37PM	Moon 5 - Phase 11 - 23
		367316571 Rahu 3:54PM – 5:46PM	Taitila Until 1:48AM Wed	Nataraja: Blue	4th Phase
Creative Work	Siddha Yoga		Navami* Until 1:33PM	Moon – Green	Sivaloka Day
				Ashada*Ani	

2 Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 73	
Tula Rasi: 8.32	Tithi 10 – 11	Gulika 10:21AM – 12:12PM	Svati Until 2:49AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:48AM	Sobhana 5125
		Yama 6:39AM – 8:30AM	Shiva Until 3:44PM	Muruga: Yellow <i>Sunset:</i> 7:37PM	Moon 5 - Phase 11 - 24
		367316571 Rahu 12:12PM – 2:03PM	Vanija Until 1:37AM Thu	Nataraja: Blue	4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:48PM	Moon – Green	Sivaloka Day
				Ashada*Ani	

3 Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 74	
Tula Rasi: 21.4	Tithi 11 – 12	Gulika 8:30AM – 10:21AM	Vishakha Until 2:38AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:48AM	Sobhana 5125
		Yama 4:48AM – 6:39AM	Siddha Until 2:11PM	Muruga: Yellow <i>Sunset:</i> 7:37PM	Moon 5 - Phase 11 - 25
		378316571 Rahu 2:04PM – 3:55PM	Bava Until 12:35AM Fri	Nataraja: Blue	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 1:11PM	Moon – Orange	Sivaloka Day
				Ashada*Ani	


4 Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 75	
Vrischika Rasi: 5.15	Tithi 12 – 13	Gulika 6:40AM – 8:31AM	Anuradha Until 1:32AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Sobhana 5125
		Yama 3:55PM – 5:46PM	Sadhya Until 11:59AM	Muruga: Yellow <i>Sunset:</i> 7:37PM	Moon 5 - Phase 11 - 26
		378316571 Rahu 10:22AM – 12:13PM	Kaulava Until 10:47PM	Nataraja: Blue	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:45AM	Moon – Orange	Sivaloka Day
				Ashada*Ani	
				<i>Pradosha Vrata</i>	

5 Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 76	
Vrischika Rasi: 19.19	Tithi 13 – 14	Gulika 4:49AM – 6:40AM	Jyeshtha* Until 11:38PM	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Sobhana 5125
		Yama 2:04PM – 3:55PM	Subha Until 9:12AM	Muruga: Yellow <i>Sunset:</i> 7:37PM	Moon 5 - Phase 11 - 27
		378316571 Rahu 8:31AM – 10:22AM	Gara Until 8:18PM	Nataraja: Blue	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:36AM	Moon – Orange	Sivaloka Day
				Ashada*Ani	

○ Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Bava Karana Chaturdashmi/Purnimayam Titau		St. Helena, CA Sun 27 Sutra 77	
Copper Retreat Star		Gulika 3:55PM – 5:46PM	Mula* Until 9:31PM	Ganesha: Purple <i>Sunrise:</i> 4:50AM	Sobhana 5125
Dhanus Rasi: 3.47	Tithi 14 – 15	Yama 12:13PM – 2:04PM	Brahma Until 2:14AM Mon	Muruga: Yellow <i>Sunset:</i> 7:36PM	Moon 5 - Phase 11 -
		388316571 Rahu 5:46PM – 7:36PM	Bava Until 3:39AM Mon	Nataraja: Blue	Purnima
Creative Work	Amrita Yoga		Chaturdashmi* Until 6:50AM	Moon – Light Blue	Devaloka Day
Until 9:31PM		Satguru Purnima		Ashada*Ani	
Then Creative Work - Siddha Yoga					

Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		St. Helena, CA Sun 28 Sutra 78	
Silver Retreat Star		Gulika 2:04PM – 3:55PM	Purvashadha* Until 6:56PM	Ganesha: Purple <i>Sunrise:</i> 4:50AM	Sobhana 5125
Dhanus Rasi: 18.35	Tithi 16	Yama 10:22AM – 12:13PM	Indra Until 10:21PM	Muruga: Yellow <i>Sunset:</i> 7:36PM	Moon 5 - Phase 11 -
Family Home Evening		388316571 Rahu 6:41AM – 8:32AM	Balava Until 1:57PM	Nataraja: Blue	Prathama
Routine Work	Marana Yoga		Prathama* Until 12:11AM Tue	Moon – Light Blue	Devaloka Day
				Ashada*Ani	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

	Tuesday, July 4, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			St. Helena, CA
	Gold Retreat Star	Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau			Sun 1 Sutra 79
Makara Rasi: 3.35	Tithi 17	Gulika 12:13PM – 2:04PM	Uttarashadha Until 4:05PM	Ganesha: Purple <i>Sunrise:</i> 4:51AM	Sobhana 5125
		Yama 8:32AM – 10:23AM	Vaidhriti* Until 6:20PM	Muruga: Yellow <i>Sunset:</i> 7:36PM	Moon 6 - Phase 12 - 1
	388316571	Rahu 3:55PM – 5:45PM	Taitila Until 10:25AM	Nataraja: Blue	1st Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 8:37PM	Moon – Light Blue	Devaloka Day
Until 4:05PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

1	Wednesday, July 5, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			St. Helena, CA
		Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau			Sun 2 Sutra 80
Makara Rasi: 18.37	Tithi 18 – 19	Gulika 10:23AM – 12:14PM	Shravana Until 1:31PM	Ganesha: Purple <i>Sunrise:</i> 4:51AM	Sobhana 5125
		Yama 6:42AM – 8:32AM	Vishkambha* Until 2:23PM	Muruga: Yellow <i>Sunset:</i> 7:36PM	Moon 6 - Phase 12 - 2
	399316571	Rahu 12:14PM – 2:04PM	Vanija Until 6:52AM	Nataraja: Blue	1st Phase
Creative Work	Siddha Yoga		Tritiya Until 5:07PM	Moon – Purple	Subha Sivaloka Day
Until 1:31PM				Ashada*Ani	
Then Routine Work - Prabalarishta Yoga					

2	Thursday, July 6, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			St. Helena, CA
		Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau			Sun 3 Sutra 81
Kumbha Rasi: 3.34	Tithi 19 – 20	Gulika 8:33AM – 10:23AM	Dhanishtha Until 11:01AM	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Sobhana 5125
		Yama 4:52AM – 6:42AM	Priti Until 10:36AM	Muruga: Yellow <i>Sunset:</i> 7:36PM	Moon 6 - Phase 12 - 3
	499316571	Rahu 2:04PM – 3:55PM	Kaulava Until 12:20AM Fri	Nataraja: Blue	1st Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:50PM	Moon – Purple	Sivaloka Day
				Ashada*Ani	

3	Friday, July 7, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			St. Helena, CA
		Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau			Sun 4 Sutra 82
Kumbha Rasi: 18.16	Tithi 20 – 21	Gulika 6:43AM – 8:33AM	Shatabhishak Until 8:43AM	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Sobhana 5125
		Yama 3:55PM – 5:45PM	Ayushman Until 7:04AM	Muruga: Yellow <i>Sunset:</i> 7:35PM	Moon 6 - Phase 12 - 4
	499316571	Rahu 10:24AM – 12:14PM	Gara Until 9:37PM	Nataraja: Blue	1st Phase
Creative Work	Siddha Yoga		Panchami Until 10:54AM	Moon – Purple	Sivaloka Day
				Ashada*Ani	

4	Saturday, July 8, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam			St. Helena, CA
		Purvaproshtapada*Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau			Sun 5 Sutra 83
Meena Rasi: 2.38	Tithi 21 – 22	Gulika 4:53AM – 6:43AM	Purvaproshtapada* Until 7:09AM	Ganesha: Yellow <i>Sunrise:</i> 4:53AM	Sobhana 5125
		Yama 2:04PM – 3:55PM	Sobhana Until 1:15AM Sun	Muruga: Yellow <i>Sunset:</i> 7:35PM	Moon 6 - Phase 12 - 5
	419316571	Rahu 8:34AM – 10:24AM	Visti Until 7:26PM	Nataraja: Blue	1st Phase
Routine Work	Marana Yoga		Shashthi* Until 8:26AM	Moon – Clear	Sivaloka Day
Until 7:09AM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

5	Sunday, July 9, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			St. Helena, CA
	Retreat Star	Uttaraproshtapada/Revati Nakshatra Athiganda* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau			Sun 6 Sutra 84
Meena Rasi: 16.39	Tithi 22 – 23	Gulika 3:54PM – 5:45PM	Uttaraproshtapada Until 6:01AM	Ganesha: Yellow <i>Sunrise:</i> 4:54AM	Sobhana 5125
		Yama 12:14PM – 2:04PM	Athiganda* Until 11:02PM	Muruga: Yellow <i>Sunset:</i> 7:35PM	Moon 6 - Phase 12 - 6
	419316571	Rahu 5:45PM – 7:35PM	Kaulava Until 5:15AM Mon	Nataraja: Blue	Ashtami
Creative Work	Amrita Yoga		Saptami Until 6:32AM	Moon – Clear	Sivaloka Day
				Ashada*Ani	

6	Monday, July 10, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			St. Helena, CA
	Retreat Star	Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau			Sun 7 Sutra 85
Mesha Rasi: 0.17	Tithi 24	Gulika 2:04PM – 3:54PM	Ashvini Until 5:33AM Tue	Ganesha: Blue <i>Sunrise:</i> 4:54AM	Sobhana 5125
		Yama 10:24AM – 12:14PM	Sukarma Until 9:21PM	Muruga: Yellow <i>Sunset:</i> 7:34PM	Moon 6 - Phase 12 - 7
	429316571	Rahu 6:44AM – 8:34AM	Taitila Until 4:51PM	Nataraja: Blue	Navami
Family Home Evening			Navami* Until 4:34AM Tue	Moon – White	Subha Sivaloka Day
Creative Work	Siddha Yoga			Ashada*Ani	

1 Tuesday, July 11, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam St. Helena, CA
 Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8 Sutra 86

Mesha Rasi: 13.34 Tithi 25
 429316571 **Gulika 12:14PM – 2:04PM** **Bharani Until 6:12AM Wed** **Ganesha: Blue** *Sunrise: 4:55AM* Sobhana 5125
 Yama 8:35AM – 10:25AM Dhriti Until 8:08PM **Muruga: Yellow** *Sunset: 7:34PM* Moon 6 - Phase 13 - 8
Rahu 3:54PM – 5:44PM Vanija Until 4:29PM **Nataraja: Blue** 2nd Phase
 Moon – White **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Dashami Until 4:29AM Wed** **Ashada*Ani**
 Until 6:12AM Wed
 Then Creative Work - Amrita Yoga

2 Wednesday, July 12, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam St. Helena, CA
 Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 87

Mesha Rasi: 26.33 Tithi 26
 429316571 **Gulika 10:25AM – 12:15PM** **Bharani Until 6:12AM** **Ganesha: Blue** *Sunrise: 4:56AM* Sobhana 5125
 Yama 6:45AM – 8:35AM Shula* Until 7:21PM **Muruga: Yellow** *Sunset: 7:34PM* Moon 6 - Phase 13 - 9
Rahu 12:15PM – 2:04PM Bava Until 4:40PM **Nataraja: Blue** 2nd Phase
 Moon – White **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Ekadashi* Until 4:55AM Thu** **Ashada*Ani**
 Until 6:12AM
 Then Creative Work - Amrita Yoga

3 Thursday, July 13, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam St. Helena, CA
 Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 88

Vrishabha Rasi: 9.17 Tithi 27
 421316571 **Gulika 8:35AM – 10:25AM** **Krittika Until 7:12AM** **Ganesha: Purple** *Sunrise: 4:56AM* Sobhana 5125
 Yama 4:56AM – 6:46AM Ganda* Until 6:56PM **Muruga: Yellow** *Sunset: 7:33PM* Moon 6 - Phase 13 - 10
Rahu 2:04PM – 3:54PM Kaulava Until 5:20PM **Nataraja: Blue** 2nd Phase
 Moon – White **Subha Sivaloka Day**
 Routine Work Marana Yoga **Dvadashi* Until 5:48AM Fri** **Ashada*Ani**

4 Friday, July 14, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam St. Helena, CA
 Rohini/Mrigashira Nakshatra Vriddhi Yoga Gara Karana Trayodashyam Titau Sun 11 Sutra 89

Vrishabha Rasi: 21.48 Tithi 28
 431316571 **Gulika 6:46AM – 8:36AM** **Rohini Until 8:56AM** **Ganesha: Clear** *Sunrise: 4:57AM* Sobhana 5125
 Yama 3:54PM – 5:43PM Vriddhi Until 6:51PM **Muruga: Yellow** *Sunset: 7:33PM* Moon 6 - Phase 13 - 11
Rahu 10:25AM – 12:15PM Gara Until 6:24PM **Nataraja: Blue** 2nd Phase
 Moon – Yellow **Sivaloka Day**
 Routine Work Marana Yoga **Trayodashi* Until 7:04AM Sat** **Ashada*Ani**
 Until 8:56AM *Pradosha Vrata (Fasting)*
 Then Creative Work - Siddha Yoga

5 Saturday, July 15, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam St. Helena, CA
 Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 90

Mithuna Rasi: 4.1 Tithi 28 – 29
 431316571 **Gulika 4:58AM – 6:47AM** **Mrigashira Until 10:53AM** **Ganesha: Clear** *Sunrise: 4:58AM* Sobhana 5125
 Yama 2:04PM – 3:54PM Dhruva Until 7:02PM **Muruga: Yellow** *Sunset: 7:32PM* Moon 6 - Phase 13 - 12
Rahu 8:36AM – 10:26AM Visti Until 7:50PM **Nataraja: Blue** 2nd Phase
 Moon – Yellow **Sivaloka Day**
 Creative Work Siddha Yoga **Trayodashi* Until 7:04AM** **Ashada*Ani**

6 Sunday, July 16, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 91

Mithuna Rasi: 16.22 Tithi 29 – 30
 431316571 **Gulika 3:53PM – 5:42PM** **Ardra Until 12:59PM** **Ganesha: Clear** *Sunrise: 4:58AM* Sobhana 5125
 Yama 12:15PM – 2:04PM Vyaghata* Until 7:27PM **Muruga: Yellow** *Sunset: 7:32PM* Moon 6 - Phase 13 - 13
Rahu 5:42PM – 7:32PM Catuspada Until 9:35PM **Nataraja: Blue** Amavasya
 Moon – Yellow **Sivaloka Day**
 Creative Work Siddha Yoga **Chaturdashi* Until 8:39AM** **Ashada*Adi**

7 Monday, July 17, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
 Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 92

Mithuna Rasi: 28.28 Tithi 30 – 1
 441316572 **Gulika 2:04PM – 3:53PM** **Punarvasu Until 3:40PM** **Ganesha: Orange** *Sunrise: 4:59AM* Sobhana 5125
 Yama 10:26AM – 12:15PM Harshana Until 8:05PM **Muruga: Yellow** *Sunset: 7:31PM* Moon 6 - Phase 13 - 14
Rahu 6:48AM – 8:37AM Kintughna Until 11:35PM **Nataraja: Yellow** Prathama
 Moon – Blue **Devaloka Day**
 Creative Work Amrita Yoga **Amavasya* Until 10:32AM** **Sravana Adhika*Adi**
 Until 3:40PM
 Then Creative Work - Siddha Yoga

1		Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 93	
Kataka Rasi: 10.28	Tithi 1 – 2	Gulika 12:15PM – 2:04PM	Pushya Until 6:26PM	Ganesha: Orange	<i>Sunrise:</i> 5:00AM	Sobhana 5125	
		Yama 8:37AM – 10:26AM	Vajra* Until 8:53PM	Muruga: Yellow	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 14 - 15	
Creative Work	Siddha Yoga	441316572 Rahu 3:53PM – 5:42PM	Balava Until 1:49AM Wed	Nataraja: Yellow		3rd Phase	
			Prathama* Until 12:39PM	Moon – Blue		Devaloka Day	
				Sravana Adhika*Adi			
2		Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 94	
Kataka Rasi: 22.23	Tithi 2 – 3	Gulika 10:27AM – 12:15PM	Ashlesha* Until 9:12PM	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	Sobhana 5125	
		Yama 6:49AM – 8:38AM	Siddhi Until 9:49PM	Muruga: Yellow	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 14 - 16	
Creative Work	Siddha Yoga	441316572 Rahu 12:15PM – 2:04PM	Taitila Until 4:13AM Thu	Nataraja: Yellow		3rd Phase	
			Dvitiya Until 2:59PM	Moon – Blue		Devaloka Day	
				Sravana Adhika*Adi			
3		Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 17 Sutra 95	
Simha Rasi: 4.15	Tithi 3 – 4	Gulika 8:38AM – 10:27AM	Magha* Until 12:24AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sobhana 5125	
		Yama 5:01AM – 6:50AM	Vyatipata* Until 10:51PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 14 - 17	
Creative Work	Amrita Yoga	451316572 Rahu 2:04PM – 3:52PM	Vanija Until 6:41AM Fri	Nataraja: Yellow		3rd Phase	
Until 12:24AM Fri			Tritiya Until 5:25PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Sravana Adhika*Adi			
4		Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthyam Titau		St. Helena, CA Sun 18 Sutra 96	
Simha Rasi: 16.05	Tithi 4	Gulika 6:50AM – 8:39AM	Purvaphalguni Until 3:24AM Sat	Ganesha: White	<i>Sunrise:</i> 5:02AM	Sobhana 5125	
		Yama 3:52PM – 5:40PM	Variyan Until 11:50PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 14 - 18	
Creative Work	Siddha Yoga	451416572 Rahu 10:27AM – 12:15PM	Vanija Until 6:41AM	Nataraja: Yellow		3rd Phase	
Until 3:24AM Sat			Chaturthi* Until 7:53PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
5		Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		St. Helena, CA Sun 19 Sutra 97	
Simha Rasi: 27.56	Tithi 5	Gulika 5:03AM – 6:51AM	Uttaraphalguni Until 6:03AM Sun	Ganesha: White	<i>Sunrise:</i> 5:03AM	Sobhana 5125	
		Yama 2:03PM – 3:52PM	Parigha* Until 12:42AM Sun	Muruga: Yellow	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 14 - 19	
Routine Work	Marana Yoga	451416572 Rahu 8:39AM – 10:27AM	Bava Until 9:05AM	Nataraja: Yellow		3rd Phase	
Until 6:03AM Sun			Panchami Until 10:12PM	Moon – Red		Bhuloka Day	
Then Creative Work - Amrita Yoga				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
6		Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		St. Helena, CA Sun 20 Sutra 98	
Kanya Rasi: 9.53	Tithi 6	Gulika 3:51PM – 5:39PM	Uttaraphalguni Until 6:03AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Sobhana 5125	
		Yama 12:15PM – 2:03PM	Shiva Until 1:19AM Mon	Muruga: Yellow	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 14 - 20	
Creative Work	Amrita Yoga	452416572 Rahu 5:39PM – 7:27PM	Kaulava Until 11:16AM	Nataraja: Yellow		3rd Phase	
			Shashthi* Until 12:11AM Mon	Moon – Red		Devaloka Day	
				Sravana Adhika*Adi			
Monday, July 24, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		St. Helena, CA Sun 21 Sutra 99	
Kanya Rasi: 21.58	Tithi 7	Gulika 2:03PM – 3:51PM	Hasta Until 8:40AM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Sobhana 5125	
Family Home Evening		Yama 10:28AM – 12:15PM	Siddha Until 1:30AM Tue	Muruga: Yellow	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 14 - 21	
Creative Work	Siddha Yoga	462416572 Rahu 6:52AM – 8:40AM	Gara Until 1:00PM	Nataraja: Yellow		3rd Phase	
Until 8:40AM			Saptami Until 1:38AM Tue	Moon – Green		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana Adhika*Adi			
Tuesday, July 25, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		St. Helena, CA Sun 22 Sutra 100	
Tula Rasi: 4.17	Tithi 8	Gulika 12:15PM – 2:03PM	Chitra Until 10:32AM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Sobhana 5125	
		Yama 8:40AM – 10:28AM	Sadhya Until 1:07AM Wed	Muruga: Yellow	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 14 - 22	
Creative Work	Siddha Yoga	462416572 Rahu 3:50PM – 5:38PM	Visti Until 2:07PM	Nataraja: Yellow		Ashtami	
			Ashtami* Until 2:22AM Wed	Moon – Green		Sivaloka Day	
				Sravana Adhika*Adi			
Wednesday, July 26, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 23 Sutra 101	
Tula Rasi: 16.57	Tithi 9	Gulika 10:28AM – 12:15PM	Svati Until 11:29AM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Sobhana 5125	
		Yama 6:54AM – 8:41AM	Subha Until 12:07AM Thu	Muruga: Yellow	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 14 - 23	
Creative Work	Siddha Yoga	462416572 Rahu 12:15PM – 2:03PM	Balava Until 2:27PM	Nataraja: Yellow		Navami	
			Navami* Until 2:16AM Thu	Moon – Green		Sivaloka Day	
				Sravana Adhika*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/20/21

www.gurudeva.org/panchang

1 Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		St. Helena, CA Sun 24 Sutra 102	
Vrischika Rasi: 0.01	Tithi 10	Gulika 8:41AM – 10:28AM	Vishakha Until 11:55AM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM
		Yama 5:07AM – 6:54AM	Sukla Until 10:23PM	Muruga: Yellow	<i>Sunset:</i> 7:24PM
		472416572 Rahu 2:02PM – 3:50PM	Taitila Until 1:55PM	Nataraja: Yellow	Moon 6 - Phase 15 - 24
Creative Work	Siddha Yoga		Dashami Until 1:18AM Fri	Moon – Orange	Devaloka Day
				Sravana Adhika*Adi	

2 Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Helena, CA Sun 25 Sutra 103	
Vrischika Rasi: 13.34	Tithi 11	Gulika 6:55AM – 8:42AM	Anuradha Until 11:21AM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM
		Yama 3:49PM – 5:36PM	Brahma Until 7:59PM	Muruga: Yellow	<i>Sunset:</i> 7:23PM
		472416572 Rahu 10:28AM – 12:15PM	Vanija Until 12:31PM	Nataraja: Yellow	Moon 6 - Phase 15 - 25
Creative Work	Siddha Yoga		Ekadashi Until 11:31PM	Moon – Orange	Devaloka Day
Until 11:21AM				Sravana Adhika*Adi	
Then Routine Work - Marana Yoga					

3 Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		St. Helena, CA Sun 26 Sutra 104	
Vrischika Rasi: 27.37	Tithi 12	Gulika 5:09AM – 6:55AM	Jyeshtha* Until 9:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM
		Yama 2:02PM – 3:49PM	Indra Until 4:59PM	Muruga: Yellow	<i>Sunset:</i> 7:22PM
		472416572 Rahu 8:42AM – 10:29AM	Bava Until 10:21AM	Nataraja: Yellow	Moon 6 - Phase 15 - 26
Creative Work	Siddha Yoga		Dvadashi Until 8:59PM	Moon – Orange	Devaloka Day
				Sravana Adhika*Adi	

4 Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 105	
Dhanus Rasi: 12.07	Tithi 13 – 14	Gulika 3:48PM – 5:35PM	Mula* Until 7:58AM	Ganesha: White	<i>Sunrise:</i> 5:10AM
		Yama 12:15PM – 2:02PM	Vaidhriti* Until 1:27PM	Muruga: Yellow	<i>Sunset:</i> 7:21PM
		482416572 Rahu 5:35PM – 7:21PM	Kaulava Until 7:31AM	Nataraja: Yellow	Moon 6 - Phase 15 - 27
Creative Work	Amrita Yoga		Trayodashi Until 5:53PM	Moon – Light Blue	Sivaloka Day
Until 7:58AM				Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		St. Helena, CA Sutra 106	
Copper Retreat Star		Gulika 2:01PM – 3:48PM	Uttarashadha Until 2:25AM Tue	Ganesha: White	<i>Sunrise:</i> 5:10AM
Dhanus Rasi: 27.01	Tithi 14 – 15	Yama 10:29AM – 12:15PM	Vishkambha* Until 9:32AM	Muruga: Yellow	<i>Sunset:</i> 7:20PM
Family Home Evening		482416572 Rahu 6:57AM – 8:43AM	Visti Until 12:30AM Tue	Nataraja: Yellow	Moon 6 - Phase 15 - Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 2:21PM	Moon – Light Blue	Sivaloka Day
Until 2:25AM Tue				Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga					

Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Helena, CA Sutra 107	
Silver Retreat Star		Gulika 12:15PM – 2:01PM	Shravana Until 11:32PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM
Makara Rasi: 12.1	Tithi 15 – 16	Yama 8:43AM – 10:29AM	Ayushman Until 1:06AM Wed	Muruga: Yellow	<i>Sunset:</i> 7:19PM
		492416572 Rahu 3:47PM – 5:33PM	Balava Until 8:39PM	Nataraja: Yellow	Moon 6 - Phase 15 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 10:34AM	Moon – Purple	Devaloka Day
				Sravana Adhika*Adi	

**Wednesday, August 2, 2023****Gold Retreat Star**

Makara Rasi: 27.26 Tithi 16 – 17

Gulika 10:29AM – 12:15PM
Yama 6:58AM – 8:44AM
Rahu 12:15PM – 2:01PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Dhanishtha Until 8:32PM

Saubhagya Until 8:53PM

Gara Until 2:55AM Thu

Prathama* Until 6:42AM**Ganesha:** Yellow *Sunrise:* 5:12AM**Muruga:** Yellow *Sunset:* 7:18PM**Nataraja:** Yellow

Moon – Purple

Sravana Adhika*AdiSt. Helena, CA
Sutra 108
Sobhana 5125

Moon 7 - Phase 16 - 1st Phase

Devaloka Day

Routine Work Prabalarishta Yoga

Until 8:32PM

Then Creative Work - Siddha Yoga

1**Thursday, August 3, 2023**

Kumbha Rasi: 12.37 Tithi 18

Gulika 8:44AM – 10:30AM
Yama 5:13AM – 6:59AM
Rahu 2:01PM – 3:46PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shatabhishak Until 5:37PM

Sobhana Until 4:50PM

Vanija Until 1:08PM

Tritiya Until 11:24PM**Ganesha:** Yellow *Sunrise:* 5:13AM**Muruga:** Yellow *Sunset:* 7:17PM**Nataraja:** Yellow

Moon – Purple

Sravana Adhika*AdiSt. Helena, CA
Sun 1 Sutra 109
Sobhana 5125

Moon 7 - Phase 16 - 1st Phase

Devaloka Day

Creative Work Siddha Yoga

2**Friday, August 4, 2023**

Kumbha Rasi: 27.35 Tithi 19

Gulika 6:59AM – 8:44AM
Yama 3:45PM – 5:31PM
Rahu 10:30AM – 12:15PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

Purvaproshtapada* Until 3:21PM

Athiganda* Until 1:04PM

Bava Until 9:48AM

Chaturthi* Until 8:17PM**Ganesha:** Clear *Sunrise:* 5:14AM**Muruga:** Yellow *Sunset:* 7:16PM**Nataraja:** Yellow

Moon – Clear

Sravana Adhika*AdiSt. Helena, CA
Sun 2 Sutra 110
Sobhana 5125

Moon 7 - Phase 16 - 2 1st Phase

Devaloka Day

Creative Work Siddha Yoga

3**Saturday, August 5, 2023**

Meena Rasi: 12.12 Tithi 20 – 21

Gulika 5:15AM – 7:00AM
Yama 2:00PM – 3:45PM
Rahu 8:45AM – 10:30AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Panchami/Shashthayam Titau

Uttaraproshtapada Until 1:28PM

Sukarma Until 9:45AM

Kaulava Until 6:57AM

Panchami Until 5:44PM**Ganesha:** Clear *Sunrise:* 5:15AM**Muruga:** Yellow *Sunset:* 7:15PM**Nataraja:** Yellow

Moon – Clear

Sravana Adhika*AdiSt. Helena, CA
Sun 3 Sutra 111
Sobhana 5125

Moon 7 - Phase 16 - 3 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:28PM

Then Routine Work - Prabalarishta Yoga

4**Sunday, August 6, 2023**

Meena Rasi: 26.23 Tithi 21 – 22

Gulika 3:44PM – 5:29PM
Yama 12:15PM – 1:59PM
Rahu 5:29PM – 7:14PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptayam Titau

Revati Until 12:05PM

Dhriti Until 6:58AM

Visti Until 3:13AM Mon

Shashthi* Until 3:52PM**Ganesha:** White *Sunrise:* 5:16AM**Muruga:** Yellow *Sunset:* 7:14PM**Nataraja:** Yellow

Moon – Clear

Sravana Adhika*AdiSt. Helena, CA
Sun 4 Sutra 112
Sobhana 5125

Moon 7 - Phase 16 - 4 1st Phase

Bhuloka Day**Devaloka Time: 3:PM to 6:PM**

Creative Work Amrita Yoga

Until 12:05PM

Then Creative Work - Siddha Yoga

5**Monday, August 7, 2023**

Mesha Rasi: 10.06 Tithi 22 – 23

Gulika 1:59PM – 3:44PM
Yama 10:30AM – 12:15PM
Rahu 7:01AM – 8:46AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtayam Titau

Ashvini Until 11:44AM

Ganda* Until 3:08AM Tue

Balava Until 2:28AM Tue

Saptami Until 2:43PM**Ganesha:** Clear *Sunrise:* 5:17AM**Muruga:** Yellow *Sunset:* 7:13PM**Nataraja:** Yellow

Moon – White

Sravana Adhika*AdiSt. Helena, CA
Sun 5 Sutra 113
Sobhana 5125

Moon 7 - Phase 16 - 5 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

D**Tuesday, August 8, 2023****Retreat Star**

Mesha Rasi: 23.24 Tithi 23 – 24

Gulika 12:14PM – 1:59PM
Yama 8:46AM – 10:30AM
Rahu 3:43PM – 5:27PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bharani Until 11:59AM

Vriddhi Until 2:08AM Wed

Taitila Until 2:27AM Wed

Ashtami* Until 2:21PM**Ganesha:** Clear *Sunrise:* 5:17AM**Muruga:** Yellow *Sunset:* 7:12PM**Nataraja:** Yellow

Moon – White

Sravana Adhika*AdiSt. Helena, CA
Sun 6 Sutra 114
Sobhana 5125

Moon 7 - Phase 16 - 6 Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, August 9, 2023**Retreat Star**

Vrishabha Rasi: 6.19 Tithi 24 – 25

Gulika 10:30AM – 12:14PM
Yama 7:02AM – 8:46AM
Rahu 12:14PM – 1:58PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Krittika Until 12:47PM

Dhruva Until 1:38AM Thu

Vanija Until 3:06AM Thu

Navami* Until 2:40PM**Ganesha:** Clear *Sunrise:* 5:18AM**Muruga:** Yellow *Sunset:* 7:10PM**Nataraja:** Yellow

Moon – White

Sravana Adhika*AdiSt. Helena, CA
Sun 7 Sutra 115
Sobhana 5125

Moon 7 - Phase 16 - 7 Navami

Devaloka Day

Creative Work Amrita Yoga

Until 12:47PM

Then Creative Work - Siddha Yoga

1 Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 116	
Vrishabha Rasi: 18.55 Tithi 25 - 26		Gulika 8:47AM - 10:30AM	Rohini Until 2:30PM	Ganesha: Purple <i>Sunrise:</i> 5:19AM	Sobhana 5125
433416572		Yama 5:19AM - 7:03AM	Vyaghata* Until 1:35AM Fri	Muruga: Yellow <i>Sunset:</i> 7:09PM	Moon 7 - Phase 17 - 8
Routine Work Marana Yoga		Rahu 1:58PM - 3:42PM	Bava Until 4:18AM Fri	Nataraja: Yellow	2nd Phase
		Dashami Until 3:37PM		Moon - Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

2 Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 117	
Mithuna Rasi: 1.17 Tithi 26 - 27		Gulika 7:04AM - 8:47AM	Mrigashira Until 4:33PM	Ganesha: Purple <i>Sunrise:</i> 5:20AM	Sobhana 5125
433416572		Yama 3:41PM - 5:25PM	Harshana Until 1:53AM Sat	Muruga: Yellow <i>Sunset:</i> 7:08PM	Moon 7 - Phase 17 - 9
Creative Work Siddha Yoga		Rahu 10:31AM - 12:14PM	Kaulava Until 5:56AM Sat	Nataraja: Yellow	2nd Phase
		Ekadashi* Until 5:03PM		Moon - Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

3 Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Ardra Nakshatra Vajra* Yoga Taitila Karana Dvadashyam Titau				Sun 10 Sutra 118	
Mithuna Rasi: 13.28 Tithi 27		Gulika 5:21AM - 7:04AM	Ardra Until 6:47PM	Ganesha: Purple <i>Sunrise:</i> 5:21AM	Sobhana 5125
433416572		Yama 1:57PM - 3:40PM	Vajra* Until 2:25AM Sun	Muruga: Yellow <i>Sunset:</i> 7:07PM	Moon 7 - Phase 17 - 10
Creative Work Siddha Yoga		Rahu 8:47AM - 10:31AM	Taitila Until 6:52PM	Nataraja: Yellow	2nd Phase
		Dvadashi* Until 6:52PM		Moon - Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

4 Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Punarvasu Nakshatra Siddhi Yoga Gara/Vanjia Karana Trayodashyam Titau				Sun 11 Sutra 119	
Mithuna Rasi: 25.32 Tithi 28		Gulika 3:40PM - 5:23PM	Punarvasu Until 9:36PM	Ganesha: Light Blue <i>Sunrise:</i> 5:22AM	Sobhana 5125
433416572		Yama 12:14PM - 1:57PM	Siddhi Until 3:08AM Mon	Muruga: Yellow <i>Sunset:</i> 7:06PM	Moon 7 - Phase 17 - 11
Creative Work Siddha Yoga		Rahu 5:23PM - 7:06PM	Gara Until 7:53AM	Nataraja: Yellow	2nd Phase
		Trayodashi* Until 8:56PM		Moon - Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>	

5 Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 120	
Kataka Rasi: 7.3 Tithi 29		Gulika 1:56PM - 3:39PM	Pushya Until 12:26AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:23AM	Sobhana 5125
433416572		Yama 10:31AM - 12:13PM	Vyatipata* Until 4:01AM Tue	Muruga: Yellow <i>Sunset:</i> 7:04PM	Moon 7 - Phase 17 - 12
Family Home Evening		Rahu 7:05AM - 8:48AM	Visti Until 10:04AM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga		Chaturdashi* Until 11:12PM		Moon - Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

6 Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 121	
Kataka Rasi: 19.25 Tithi 30		Gulika 12:13PM - 1:56PM	Ashlesha* Until 3:14AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM	Sobhana 5125
433416572		Yama 8:48AM - 10:31AM	Variyan Until 4:56AM Wed	Muruga: Yellow <i>Sunset:</i> 7:03PM	Moon 7 - Phase 17 - 13
Creative Work Siddha Yoga		Rahu 3:38PM - 5:21PM	Catuspada Until 12:24PM	Nataraja: Yellow	Amavasya
		Amavasya* Until 1:35AM Wed		Moon - Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

7 Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 122	
Simha Rasi: 1.16 Tithi 1		Gulika 10:31AM - 12:13PM	Magha* Until 6:24AM Thu	Ganesha: Clear <i>Sunrise:</i> 5:24AM	Sobhana 5125
453516572		Yama 7:07AM - 8:49AM	Parigha* Until 5:55AM Thu	Muruga: Yellow <i>Sunset:</i> 7:02PM	Moon 7 - Phase 17 - 14
Creative Work Siddha Yoga		Rahu 12:13PM - 1:55PM	Kintughna Until 2:50PM	Nataraja: Yellow	Prathama
		Prathama* Until 4:03AM Thu		Moon - Red	Devaloka Day
				Sravana*Avani	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 123
Simha Rasi: 13.07	Tithi 2	Gulika 8:49AM – 10:31AM	Magha* Until 6:24AM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Sobhana 5125
		Yama 5:25AM – 7:07AM	Shiva Until 6:54AM Fri	Muruga: Yellow	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 18 - 15
		553516572 Rahu 1:55PM – 3:37PM	Balava Until 5:17PM	Nataraja: Yellow		3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 6:29AM Fri	Moon – Red		Devaloka Day
Until 6:24AM				Sravana*Avani		
Then Creative Work - Siddha Yoga						

2 Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 124
Simha Rasi: 24.59	Tithi 2 – 3	Gulika 7:08AM – 8:49AM	Purvaphalguni Until 9:23AM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	Sobhana 5125
		Yama 3:36PM – 5:17PM	Shiva Until 6:54AM	Muruga: Yellow	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 18 - 16
		553516572 Rahu 10:31AM – 12:13PM	Taitila Until 7:41PM	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 6:29AM	Moon – Red		Devaloka Day
				Sravana*Avani		

3 Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				St. Helena, CA Sun 17 Sutra 125
Kanya Rasi: 6.53	Tithi 3 – 4	Gulika 5:27AM – 7:08AM	Uttaraphalguni Until 12:05PM	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	Sobhana 5125
		Yama 1:54PM – 3:35PM	Siddha Until 7:45AM	Muruga: Yellow	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 18 - 17
		553516572 Rahu 8:50AM – 10:31AM	Vanija Until 9:54PM	Nataraja: Yellow		3rd Phase
Routine Work Marana Yoga			Tritiya Until 8:48AM	Moon – Red		Devaloka Day
				Sravana*Avani		

4 Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 18 Sutra 126
Kanya Rasi: 18.52	Tithi 4 – 5	Gulika 3:34PM – 5:15PM	Hasta Until 2:51PM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	Sobhana 5125
		Yama 12:12PM – 1:53PM	Sadhya Until 8:26AM	Muruga: Yellow	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 18 - 18
		564516572 Rahu 5:15PM – 6:56PM	Bava Until 11:47PM	Nataraja: Yellow		3rd Phase
Creative Work Amrita Yoga			Chaturthi* Until 10:52AM	Moon – Green		Bhuloka Day
Until 2:51PM		Nag Panchami		Sravana*Avani		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5 Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 19 Sutra 127
Tula Rasi: 1.01	Tithi 5 – 6	Gulika 1:53PM – 3:33PM	Chitra Until 5:02PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Sobhana 5125
Family Home Evening		Yama 10:31AM – 12:12PM	Subha Until 8:50AM	Muruga: Yellow	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18 - 19
		564516572 Rahu 7:10AM – 8:50AM	Kaulava Until 1:11AM Tue	Nataraja: Yellow		3rd Phase
Routine Work Prabalarishta Yoga			Panchami Until 12:31PM	Moon – Green		Bhuloka Day
Until 5:02PM				Sravana*Avani		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 128
Tula Rasi: 13.22	Tithi 6 – 7	Gulika 12:12PM – 1:52PM	Svati Until 6:29PM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Sobhana 5125
		Yama 8:51AM – 10:31AM	Sukla Until 8:48AM	Muruga: Yellow	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 18 - 20
		564516572 Rahu 3:33PM – 5:13PM	Gara Until 1:57AM Wed	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 1:38PM	Moon – Green		Bhuloka Day
Until 6:29PM				Sravana*Avani		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 129
Retreat Star		Gulika 10:31AM – 12:11PM	Vishakha Until 7:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sobhana 5125
Tula Rasi: 26.01	Tithi 7 – 8	Yama 7:11AM – 8:51AM	Brahma Until 8:14AM	Muruga: Yellow	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 18 - 21
		574516572 Rahu 12:11PM – 1:52PM	Visti Until 1:58AM Thu	Nataraja: Yellow		Ashtami
Creative Work Siddha Yoga			Saptami Until 2:02PM	Moon – Orange		Devaloka Day
				Sravana*Avani		

Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 130
Retreat Star		Gulika 8:51AM – 10:31AM	Anuradha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sobhana 5125
Vrischika Rasi: 9.02	Tithi 8 – 9	Yama 5:31AM – 7:11AM	Indra Until 7:06AM	Muruga: Yellow	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18 - 22
		574516572 Rahu 1:51PM – 3:31PM	Balava Until 1:12AM Fri	Nataraja: Yellow		Navami
Creative Work Siddha Yoga			Ashtami* Until 1:40PM	Moon – Orange		Devaloka Day
Until 7:42PM				Sravana*Avani		
Then Routine Work - Prabalarishta Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/20/21

www.gurudeva.org/panchang

1 Friday, August 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam St. Helena, CA
 Jyeshtha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 131
 Vrischika Rasi: 22.29 Tithi 9 – 10 574516572 **Gulika 7:12AM – 8:52AM** **Jyeshtha* Until 6:55PM** **Ganesha: Clear** Sunrise: 5:32AM Sobhana 5125
 Yama 3:30PM – 5:10PM Vishkambha* Until 2:52AM Sat **Muruga: Yellow** Sunset: 6:49PM Moon 7 - Phase 19 - 23
 Routine Work Marana Yoga **Rahu 10:31AM – 12:11PM** Taitila Until 11:39PM **Nataraja: Yellow** 4th Phase
 Until 6:55PM **Varalakshmi Vratam** **Navami* Until 12:30PM** Moon – Orange **Devaloka Day**
 Then Creative Work - Amrita Yoga **Sravana*Avani**

2 Saturday, August 26, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam St. Helena, CA
 Mula*Purvashadha* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 132
 Dhanus Rasi: 6.23 Tithi 10 – 11 584516572 **Gulika 5:33AM – 7:13AM** **Mula* Until 5:41PM** **Ganesha: White** Sunrise: 5:33AM Sobhana 5125
 Yama 1:50PM – 3:29PM Priti Until 11:52PM **Muruga: Yellow** Sunset: 6:48PM Moon 7 - Phase 19 - 24
 Creative Work Siddha Yoga **Rahu 8:52AM – 10:31AM** Vanija Until 9:22PM **Nataraja: Yellow** 4th Phase
Dashami Until 10:34AM Moon – Light Blue **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM **Sravana*Avani**

3 Sunday, August 27, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 133
 Dhanus Rasi: 20.45 Tithi 11 – 12 584516572 **Gulika 3:28PM – 5:07PM** **Purvashadha* Until 3:40PM** **Ganesha: White** Sunrise: 5:34AM Sobhana 5125
 Yama 12:10PM – 1:49PM Ayushman Until 8:21PM **Muruga: Yellow** Sunset: 6:47PM Moon 7 - Phase 19 - 25
 Creative Work Siddha Yoga **Rahu 5:07PM – 6:47PM** Bava Until 6:28PM **Nataraja: Yellow** 4th Phase
 Until 3:40PM **Ekadashi Until 7:58AM** Moon – Light Blue **Bhuloka Day**
 Then Creative Work - Amrita Yoga **Sravana*Avani** **Devaloka Time: 3:PM to 6:PM**

4 Monday, August 28, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
 Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 134
 Makara Rasi: 5.31 Tithi 13 584516573 **Gulika 1:49PM – 3:28PM** **Uttarashadha Until 1:02PM** **Ganesha: White** Sunrise: 5:35AM Sobhana 5125
 Family Home Evening **Rahu 7:14AM – 8:53AM** Saubhagya Until 4:28PM **Muruga: Yellow** Sunset: 6:45PM Moon 7 - Phase 19 - 26
 Routine Work Marana Yoga **Uttarashadha Until 1:02PM** Kaulava Until 3:07PM **Nataraja: White** 4th Phase
 Until 1:02PM **Trayodashi Until 1:17AM Tue** Moon – Light Blue **Devaloka Day**
 Then Creative Work - Amrita Yoga **Pradosha Vrata** **Sravana*Avani**

5 Tuesday, August 29, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Helena, CA
 Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 135
 Makara Rasi: 20.35 Tithi 14 594516573 **Gulika 12:10PM – 1:48PM** **Shravana Until 10:19AM** **Ganesha: Yellow** Sunrise: 5:36AM Sobhana 5125
 Yama 8:53AM – 10:31AM Sobhana Until 12:20PM **Muruga: Yellow** Sunset: 6:44PM Moon 7 - Phase 19 - 27
 Creative Work Siddha Yoga **Rahu 3:27PM – 5:05PM** Gara Until 11:26AM **Nataraja: White** 4th Phase
Chidambaram Abhishekam **Chaturdashi* Until 9:30PM** Moon – Purple **Sivaloka Day**
Sravana*Avani

Wednesday, August 30, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam St. Helena, CA
 Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 136
 Kumbha Rasi: 5.49 Tithi 15 – 16 594516573 **Gulika 10:31AM – 12:09PM** **Dhanishtha Until 7:19AM** **Ganesha: Yellow** Sunrise: 5:37AM Sobhana 5125
 Yama 7:15AM – 8:53AM Athiganda* Until 8:04AM **Muruga: Yellow** Sunset: 6:42PM Moon 7 - Phase 19 -
 Routine Work Prabalarishta Yoga **Rahu 12:09PM – 1:48PM** Visti Until 7:36AM **Nataraja: White** Purnima
 Until 7:19AM **Raksha Bandhan** **Purnima* Until 5:40PM** Moon – Purple **Sivaloka Day**
 Then Creative Work - Siddha Yoga **Sravana*Avani**

Thursday, August 31, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam St. Helena, CA
 Purvaproshtapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sun 29 Sutra 137
 Kumbha Rasi: 21.03 Tithi 16 – 17 514516573 **Gulika 8:53AM – 10:31AM** **Purvaproshtapada* Until 1:31AM Fri** **Ganesha: Yellow** Sunrise: 5:38AM Sobhana 5125
 Yama 5:38AM – 7:15AM Dhriti Until 11:44PM **Muruga: Yellow** Sunset: 6:41PM Moon 7 - Phase 19 -
 Creative Work Siddha Yoga **Rahu 1:47PM – 3:25PM** Taitila Until 12:10AM Fri **Nataraja: White** Prathama
Prathama* Until 1:55PM Moon – Clear **Sivaloka Day**
Sravana*Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
 Atharva Veda



Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 6.07 Tithi 17 - 18

515516573

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:16AM - 8:54AM

Yama 3:24PM - 5:02PM

Rahu 10:31AM - 12:09PM

Uttaraproshtapada Until 11:05PM

Shula* Until 7:55PM

Vanija Until 8:53PM

Dvitiya Until 10:27AM

Ganesha: Red Sunrise: 5:38AM

Muruga: Yellow Sunset: 6:39PM

Nataraja: White

Moon - Clear

Sravana*Avani

Sivaloka Day

St. Helena, CA

Sun 1 Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

1

Saturday, September 2, 2023

Meena Rasi: 20.52 Tithi 18 - 19

515516573

Routine Work Prabalarishta Yoga

Until 9:02PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 5:39AM - 7:17AM

Yama 1:46PM - 3:23PM

Rahu 8:54AM - 10:31AM

Revati Until 9:02PM

Ganda* Until 4:33PM

Bava Until 6:07PM

Tritiya Until 7:25AM

Ganesha: Red Sunrise: 5:39AM

Muruga: Yellow Sunset: 6:38PM

Nataraja: White

Moon - Clear

Sravana*Avani

Sivaloka Day

St. Helena, CA

Sun 2 Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

2

Sunday, September 3, 2023

Mesha Rasi: 5.13 Tithi 20

525516573

Creative Work Siddha Yoga

Until 7:56PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 3:22PM - 4:59PM

Yama 12:08PM - 1:45PM

Rahu 4:59PM - 6:36PM

Ashvini Until 7:56PM

Vridhhi Until 1:42PM

Kaulava Until 4:00PM

Panchami Until 3:12AM Mon

Ganesha: Green Sunrise: 5:40AM

Muruga: Yellow Sunset: 6:36PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

St. Helena, CA

Sun 3 Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

3

Monday, September 4, 2023

Mesha Rasi: 19.05 Tithi 21

525516573

Family Home Evening

Creative Work Siddha Yoga

Until 7:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 1:44PM - 3:21PM

Yama 10:31AM - 12:08PM

Rahu 7:18AM - 8:54AM

Bharani Until 7:28PM

Dhruva Until 11:26AM

Gara Until 2:39PM

Shashthi* Until 2:15AM Tue

Ganesha: Green Sunrise: 5:41AM

Muruga: Yellow Sunset: 6:35PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

St. Helena, CA

Sun 4 Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

4

Tuesday, September 5, 2023

Vrishabha Rasi: 2.29 Tithi 22

525516573

Creative Work Siddha Yoga

Until 7:38PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 12:07PM - 1:44PM

Yama 8:55AM - 10:31AM

Rahu 3:20PM - 4:57PM

Krittika Until 7:38PM

Vyaghata* Until 9:50AM

Visti Until 2:06PM

Saptami Until 2:07AM Wed

Ganesha: Green Sunrise: 5:42AM

Muruga: Yellow Sunset: 6:33PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

St. Helena, CA

Sun 5 Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

D

Wednesday, September 6, 2023

Retreat Star

Vrishabha Rasi: 15.28 Tithi 23

535516573

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 10:31AM - 12:07PM

Yama 7:19AM - 8:55AM

Rahu 12:07PM - 1:43PM

Rohini Until 8:54PM

Harshana Until 8:54AM

Balava Until 2:22PM

Ashtami* Until 2:45AM Thu

Ganesha: Orange Sunrise: 5:43AM

Muruga: Yellow Sunset: 6:31PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Sivaloka Day

St. Helena, CA

Sun 6 Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

Thursday, September 7, 2023

Retreat Star

Vrishabha Rasi: 28.04 Tithi 24

535516573

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Gulika 8:55AM - 10:31AM

Yama 5:44AM - 7:19AM

Rahu 1:43PM - 3:18PM

Mrigashira Until 10:40PM

Vajra* Until 8:30AM

Taitila Until 3:21PM

Navami* Until 4:03AM Fri

Ganesha: Orange Sunrise: 5:44AM

Muruga: Yellow Sunset: 6:30PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Sivaloka Day

St. Helena, CA

Sun 7 Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

1 Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		St. Helena, CA Sun 8 Sutra 145	
Mithuna Rasi: 10.24	Tithi 25	Gulika 7:20AM – 8:55AM	Ardra Until 12:47AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:45AM	Sobhana 5125
		Yama 3:17PM – 4:53PM	Siddhi Until 8:37AM	Muruga: Yellow <i>Sunset:</i> 6:28PM	Moon 8 - Phase 21 - 8
Creative Work	Siddha Yoga	535516573 Rahu 10:31AM – 12:06PM	Vanija Until 4:55PM	Nataraja: White	2nd Phase
			Dashami Until 5:51AM Sat	Moon – Yellow	Sivaloka Day
				Sravana*Avani	

2 Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava Karana Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 146	
Mithuna Rasi: 22.31	Tithi 26	Gulika 5:45AM – 7:21AM	Punarvasu Until 3:37AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM	Sobhana 5125
		Yama 1:41PM – 3:16PM	Vyatipata* Until 9:06AM	Muruga: Yellow <i>Sunset:</i> 6:27PM	Moon 8 - Phase 21 - 9
Creative Work	Siddha Yoga	545516573 Rahu 8:56AM – 10:31AM	Bava Until 6:55PM	Nataraja: White	2nd Phase
			Ekadashi* Until 8:00AM Sun	Moon – Blue	Devaloka Day
				Sravana*Avani	

3 Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 147	
Kataka Rasi: 4.31	Tithi 26 – 27	Gulika 3:16PM – 4:50PM	Pushya Until 6:29AM Mon	Ganesha: Purple <i>Sunrise:</i> 5:46AM	Sobhana 5125
		Yama 12:06PM – 1:41PM	Varyan Until 9:48AM	Muruga: Yellow <i>Sunset:</i> 6:25PM	Moon 8 - Phase 21 - 10
Creative Work	Siddha Yoga	545616573 Rahu 4:50PM – 6:25PM	Kaulava Until 9:11PM	Nataraja: White	2nd Phase
		Grandparent's Day	Ekadashi* Until 8:00AM	Moon – Blue	Devaloka Day
				Sravana*Avani	

4 Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 148	
Kataka Rasi: 16.25	Tithi 27 – 28	Gulika 1:40PM – 3:15PM	Pushya Until 6:29AM	Ganesha: Light Blue <i>Sunrise:</i> 5:47AM	Sobhana 5125
Family Home Evening		Yama 10:31AM – 12:05PM	Parigha* Until 10:41AM	Muruga: Yellow <i>Sunset:</i> 6:24PM	Moon 8 - Phase 21 - 11
Creative Work	Siddha Yoga	546616573 Rahu 7:22AM – 8:56AM	Gara Until 11:37PM	Nataraja: White	2nd Phase
			Dvadashi* Until 10:22AM	Moon – Blue	Devaloka Day
				Sravana*Avani	
				<i>Pradosha Vrata (Fasting)</i>	

5 Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 149	
Kataka Rasi: 28.17	Tithi 28 – 29	Gulika 12:05PM – 1:39PM	Ashlesha* Until 9:18AM	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM	Sobhana 5125
		Yama 8:57AM – 10:31AM	Shiva Until 11:38AM	Muruga: Yellow <i>Sunset:</i> 6:22PM	Moon 8 - Phase 21 - 12
Creative Work	Siddha Yoga	546616573 Rahu 3:14PM – 4:48PM	Visti Until 2:04AM Wed	Nataraja: White	2nd Phase
			Trayodashi* Until 12:49PM	Moon – Blue	Devaloka Day
				Sravana*Avani	

6 Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 150	
Simha Rasi: 10.08	Tithi 29 – 30	Gulika 10:31AM – 12:05PM	Magha* Until 12:26PM	Ganesha: Purple <i>Sunrise:</i> 5:49AM	Sobhana 5125
		Yama 7:23AM – 8:57AM	Siddha Until 12:33PM	Muruga: Yellow <i>Sunset:</i> 6:21PM	Moon 8 - Phase 21 - 13
Creative Work	Siddha Yoga	556616573 Rahu 12:05PM – 1:39PM	Catuspada Until 4:28AM Thu	Nataraja: White	2nd Phase
Until 12:26PM			Chaturdashi* Until 3:16PM	Moon – Red	Devaloka Day
Then Creative Work - Amrita Yoga				Sravana*Avani	

Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		St. Helena, CA Sun 14 Sutra 151	
Retreat Star		Gulika 8:57AM – 10:31AM	Purvaphalguni Until 3:20PM	Ganesha: Purple <i>Sunrise:</i> 5:50AM	Sobhana 5125
Simha Rasi: 22.01	Tithi 30 – 1	Yama 5:50AM – 7:23AM	Sadhya Until 1:24PM	Muruga: Yellow <i>Sunset:</i> 6:19PM	Moon 8 - Phase 21 - 14
Creative Work	Siddha Yoga	556616573 Rahu 1:38PM – 3:12PM	Kintughna Until 6:44AM Fri	Nataraja: White	Amavasya
			Amavasya* Until 5:36PM	Moon – Red	Devaloka Day
				Sravana*Avani	

Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 15 Sutra 152	
Retreat Star		Gulika 7:24AM – 8:57AM	Uttaraphalguni Until 5:53PM	Ganesha: Purple <i>Sunrise:</i> 5:51AM	Sobhana 5125
Kanya Rasi: 3.58	Tithi 1	Yama 3:11PM – 4:44PM	Subha Until 2:09PM	Muruga: White <i>Sunset:</i> 6:17PM	Moon 8 - Phase 21 - 15
Creative Work	Siddha Yoga	556626573 Rahu 10:31AM – 12:04PM	Kintughna Until 6:44AM	Nataraja: White	Prathama
Until 5:53PM			Prathama* Until 7:45PM	Moon – Red	Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada*Avani	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Saturday, September 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam St. Helena, CA
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153
Gulika 5:51AM – 7:25AM **Hasta Until 8:30PM** **Ganesha:** Light Blue *Sunrise:* 5:51AM **Muruga:** White *Sunset:* 6:16PM Moon 8 - Phase 22 - 16
 Kanya Rasi: 15.59 Tithi 2 Yama 1:37PM – 3:10PM Sukla Until 2:39PM **Nataraja:** White 3rd Phase
 566626573 **Rahu** 8:58AM – 10:31AM Balava Until 8:46AM Moon – Green **Sivaloka Day**
 Routine Work Marana Yoga **Bhadrapada•Puratasi**

2 Sunday, September 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154
Gulika 3:09PM – 4:41PM **Chitra Until 10:37PM** **Ganesha:** Light Blue *Sunrise:* 5:52AM **Muruga:** White *Sunset:* 6:14PM Moon 8 - Phase 22 - 17
 Kanya Rasi: 28.09 Tithi 3 Yama 12:03PM – 1:36PM Brahma Until 2:56PM **Nataraja:** White 3rd Phase
 566626573 **Rahu** 4:41PM – 6:14PM Taitila Until 10:28AM Moon – Green **Sivaloka Day**
 Creative Work Siddha Yoga **Bhadrapada•Puratasi**

3 Monday, September 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
 Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 155
Gulika 1:35PM – 3:08PM **Svati Until 12:08AM Tue** **Ganesha:** Purple *Sunrise:* 5:53AM **Muruga:** White *Sunset:* 6:13PM Moon 8 - Phase 22 - 18
 Tula Rasi: 10.28 Tithi 4 Yama 10:30AM – 12:03PM Indra Until 2:53PM **Nataraja:** White 3rd Phase
Family Home Evening 567626573 **Rahu** 7:26AM – 8:58AM Vanija Until 11:47AM Moon – Green **Sivaloka Day**
 Creative Work Amrita Yoga **Ganesha Chaturthi** **Chaturthi* Until 12:14AM Tue** **Bhadrapada•Puratasi**
 Until 12:08AM Tue
 Then Routine Work - Marana Yoga

4 Tuesday, September 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam St. Helena, CA
 Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156
Gulika 12:03PM – 1:35PM **Vishakha Until 1:28AM Wed** **Ganesha:** Clear *Sunrise:* 5:54AM **Muruga:** White *Sunset:* 6:11PM Moon 8 - Phase 22 - 19
 Tula Rasi: 22.59 Tithi 5 Yama 8:58AM – 10:30AM Vaidhriti* Until 2:26PM **Nataraja:** White 3rd Phase
 577626573 **Rahu** 3:07PM – 4:39PM Bava Until 12:36PM Moon – Orange **Subha Sivaloka Day**
 Routine Work Marana Yoga **Panchami Until 12:47AM Wed** **Bhadrapada•Puratasi**

5 Wednesday, September 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam St. Helena, CA
 Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157
Gulika 10:30AM – 12:02PM **Anuradha Until 2:04AM Thu** **Ganesha:** Clear *Sunrise:* 5:55AM **Muruga:** White *Sunset:* 6:09PM Moon 8 - Phase 22 - 20
 Vrishchika Rasi: 5.45 Tithi 6 Yama 7:27AM – 8:59AM Vishkambha* Until 1:34PM **Nataraja:** White 3rd Phase
 577626573 **Rahu** 12:02PM – 1:34PM Kaulava Until 12:52PM Moon – Orange **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Shashthi* Until 12:45AM Thu** **Bhadrapada•Puratasi**
 Until 2:04AM Thu
 Then Routine Work - Prabalarishta Yoga

6 Thursday, September 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam St. Helena, CA
 Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158
Gulika 8:59AM – 10:30AM **Jyeshtha* Until 1:54AM Fri** **Ganesha:** Clear *Sunrise:* 5:56AM **Muruga:** White *Sunset:* 6:08PM Moon 8 - Phase 22 - 21
 Vrishchika Rasi: 18.49 Tithi 7 Yama 5:56AM – 7:27AM Priti Until 12:13PM **Nataraja:** White 3rd Phase
 577626573 **Rahu** 1:33PM – 3:05PM Gara Until 12:31PM Moon – Orange **Subha Sivaloka Day**
 Routine Work Prabalarishta Yoga **Saptami Until 12:05AM Fri** **Bhadrapada•Puratasi**
 Until 1:54AM Fri
 Then Creative Work - Amrita Yoga

Friday, September 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam St. Helena, CA
Retreat Star Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159
Gulika 7:28AM – 8:59AM **Mula* Until 1:24AM Sat** **Ganesha:** White *Sunrise:* 5:57AM **Muruga:** White *Sunset:* 6:06PM Moon 8 - Phase 22 - 22
 Dhanus Rasi: 2.13 Tithi 8 Yama 3:04PM – 4:35PM Ayushman Until 10:20AM **Nataraja:** White Ashtami
 587626573 **Rahu** 10:30AM – 12:02PM Visti Until 11:32AM Moon – Light Blue **Sivaloka Day**
 Creative Work Amrita Yoga **Ashtami* Until 10:47PM** **Bhadrapada•Puratasi**
 Until 1:24AM Sat
 Then Creative Work - Siddha Yoga

Saturday, September 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam St. Helena, CA
Retreat Star Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160
Gulika 5:58AM – 7:28AM **Purvashadha* Until 12:10AM Sun** **Ganesha:** White *Sunrise:* 5:58AM **Muruga:** White *Sunset:* 6:05PM Moon 8 - Phase 22 - 23
 Dhanus Rasi: 15.59 Tithi 9 Yama 1:32PM – 3:03PM Saubhagya Until 7:58AM **Nataraja:** White Navami
 587626573 **Rahu** 8:59AM – 10:30AM Balava Until 9:55AM Moon – Light Blue **Sivaloka Day**
 Creative Work Siddha Yoga **Navami* Until 8:52PM** **Bhadrapada•Puratasi**
 Until 12:10AM Sun
 Then Creative Work - Amrita Yoga

1 Sunday, September 24, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Uttarashadha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161
 Makara Rasi: 0.08 Tithi 10 **Gulika 3:02PM – 4:33PM** **Uttarashadha Until 10:15PM** **Ganesha: White** Sunrise: 5:58AM Sobhana 5125
 Creative Work Amrita Yoga Yama 12:01PM – 1:31PM Athiganda* Until 1:51AM Mon **Muruga: White** Sunset: 6:03PM Moon 8 - Phase 23 - 24
 587626573 **Rahu 4:33PM – 6:03PM** Taitila Until 7:44AM **Nataraja: White** 4th Phase
Dashami Until 6:25PM Moon – Light Blue **Sivaloka Day**
Bhadrapada*Puratasi

2 Monday, September 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
 Shravana Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 162
 Makara Rasi: 14.37 Tithi 11 – 12 **Gulika 1:31PM – 3:01PM** **Shravana Until 8:11PM** **Ganesha: White** Sunrise: 5:59AM Sobhana 5125
Family Home Evening 598626573 Yama 10:30AM – 12:00PM Sukarma Until 10:15PM **Muruga: White** Sunset: 6:02PM Moon 8 - Phase 23 - 25
 Creative Work Amrita Yoga **Rahu 7:30AM – 9:00AM** Bava Until 1:57AM Tue **Nataraja: White** 4th Phase
 Until 8:11PM **Ekadashi Until 3:31PM** Moon – Purple **Subha Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Bhadrapada*Puratasi**

3 Tuesday, September 26, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam St. Helena, CA
 Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163
 Makara Rasi: 29.23 Tithi 12 – 13 **Gulika 12:00PM – 1:30PM** **Dhanishtha Until 5:41PM** **Ganesha: White** Sunrise: 6:00AM Sobhana 5125
 Creative Work Siddha Yoga Yama 9:00AM – 10:30AM Dhriti Until 6:24PM **Muruga: White** Sunset: 6:00PM Moon 8 - Phase 23 - 26
 Until 5:41PM Kaulava Until 10:36PM **Nataraja: White** 4th Phase
 Then Routine Work - Marana Yoga **Dvadashi Until 12:17PM** Moon – Purple **Subha Subha Sivaloka Day**
Bhadrapada*Puratasi Pradosha Vrata

4 Wednesday, September 27, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam St. Helena, CA
 Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164
 Kumbha Rasi: 14.21 Tithi 13 – 14 **Gulika 10:30AM – 12:00PM** **Shatabhishak Until 2:53PM** **Ganesha: Clear** Sunrise: 6:01AM Sobhana 5125
 Creative Work Siddha Yoga Yama 7:31AM – 9:00AM Shula* Until 2:25PM **Muruga: White** Sunset: 5:58PM Moon 8 - Phase 23 - 27
 Until 2:53PM **Rahu 12:00PM – 1:29PM** Gara Until 7:08PM **Nataraja: White** 4th Phase
 Then Creative Work - Amrita Yoga **Chidambaram Abhishekam** **Trayodashi Until 8:51AM** Moon – Purple **Subha Sivaloka Day**
Kadaitswami Mahasamadhi **Bhadrapada*Puratasi**

Thursday, September 28, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam St. Helena, CA
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau Sun 28 Sutra 165
 Kumbha Rasi: 29.22 Tithi 15 **Gulika 9:01AM – 10:30AM** **Purvaproshtapada* Until 12:21PM** **Ganesha: Yellow** Sunrise: 6:02AM Sobhana 5125
 Creative Work Siddha Yoga Yama 6:02AM – 7:31AM Ganda* Until 10:26AM **Muruga: White** Sunset: 5:57PM Moon 8 - Phase 23 -
 618626573 **Rahu 1:29PM – 2:58PM** Visti Until 3:42PM **Nataraja: White** Purnima
 Moon – Clear **Subha Sivaloka Day**
Bhadrapada*Puratasi

Friday, September 29, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam St. Helena, CA
 Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166
 Meena Rasi: 14.17 Tithi 16 **Gulika 7:32AM – 9:01AM** **Uttaraproshtapada Until 9:50AM** **Ganesha: Yellow** Sunrise: 6:03AM Sobhana 5125
 Creative Work Siddha Yoga Yama 2:57PM – 4:26PM Vridhi Until 6:35AM **Muruga: White** Sunset: 5:55PM Moon 8 - Phase 23 -
 618626573 **Rahu 10:30AM – 11:59AM** Balava Until 12:26PM **Nataraja: White** Prathama
 Moon – Clear **Subha Sivaloka Day**
Bhadrapada*Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Saturday, September 30, 2023
Gold Retreat Star

Meena Rasi: 28.59 Tithi 17
 Routine Work Prabalarishta Yoga
 Until 7:31AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 6:04AM – 7:33AM
 Yama 1:28PM – 2:56PM
Rahu 9:01AM – 10:30AM

Revati Until 7:31AM
 Vyaghata* Until 11:43PM
 Taitila Until 9:32AM
Dvitiya Until 8:14PM

Ganesh: Yellow *Sunrise: 6:04AM*
Muruga: White *Sunset: 5:54PM*
Nataraja: White
 Moon – Clear
Subha Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sutra 167
 Sobhana 5125
 Moon 9 - Phase 24 -
 1st Phase

1 Sunday, October 1, 2023

Mesha Rasi: 13.21 Tithi 18
 Routine Work Prabalarishta Yoga
 Until 4:53AM Mon
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 2:55PM – 4:24PM
 Yama 11:58AM – 1:27PM
Rahu 4:24PM – 5:52PM

Bharani Until 4:53AM Mon
 Harshana Until 8:58PM
 Vanija Until 7:07AM
Tritiya Until 6:07PM

Ganesh: Clear *Sunrise: 6:05AM*
Muruga: White *Sunset: 5:52PM*
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 1 Sutra 168
 Sobhana 5125
 Moon 9 - Phase 24 - 1
 1st Phase

2 Monday, October 2, 2023

Mesha Rasi: 27.18 Tithi 19 – 20
Family Home Evening
 Routine Work Marana Yoga
 Until 4:23AM Tue
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 1:26PM – 2:54PM
 Yama 10:30AM – 11:58AM
Rahu 7:34AM – 9:02AM

Krittika Until 4:23AM Tue
 Vajra* Until 6:45PM
 Kaulava Until 4:17AM Tue
Chaturthi* Until 4:42PM

Ganesh: Clear *Sunrise: 6:06AM*
Muruga: White *Sunset: 5:51PM*
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 2 Sutra 169
 Sobhana 5125
 Moon 9 - Phase 24 - 2
 1st Phase

3 Tuesday, October 3, 2023

Vrishabha Rasi: 10.48 Tithi 20 – 21
 Creative Work Amrita Yoga
 Until 4:58AM Wed
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 11:58AM – 1:26PM
 Yama 9:02AM – 10:30AM
Rahu 2:53PM – 4:21PM

Rohini Until 4:58AM Wed
 Siddhi Until 5:10PM
 Gara Until 4:03AM Wed
Panchami Until 4:03PM

Ganesh: Purple *Sunrise: 6:07AM*
Muruga: White *Sunset: 5:49PM*
Nataraja: White
 Moon – Yellow
Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 3 Sutra 170
 Sobhana 5125
 Moon 9 - Phase 24 - 3
 1st Phase

4 Wednesday, October 4, 2023

Vrishabha Rasi: 23.53 Tithi 21 – 22
 Creative Work Siddha Yoga
 Until 6:10AM Thu
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira Nakshatra Vyatipata*Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 10:30AM – 11:58AM
 Yama 7:35AM – 9:02AM
Rahu 11:58AM – 1:25PM

Mrigashira Until 6:10AM Thu
 Vyatipata* Until 4:14PM
 Visti Until 4:36AM Thu
Shashthi* Until 4:12PM

Ganesh: Purple *Sunrise: 6:07AM*
Muruga: White *Sunset: 5:48PM*
Nataraja: White
 Moon – Yellow
Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 4 Sutra 171
 Sobhana 5125
 Moon 9 - Phase 24 - 4
 1st Phase

5 Thursday, October 5, 2023

Mithuna Rasi: 6.34 Tithi 22 – 23
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 9:03AM – 10:30AM
 Yama 6:08AM – 7:36AM
Rahu 1:24PM – 2:52PM

Mrigashira Until 6:10AM
 Variyan Until 3:52PM
 Balava Until 5:51AM Fri
Saptami Until 5:07PM

Ganesh: Clear *Sunrise: 6:08AM*
Muruga: White *Sunset: 5:46PM*
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 5 Sutra 172
 Sobhana 5125
 Moon 9 - Phase 24 - 5
 1st Phase

Friday, October 6, 2023
Retreat Star

Mithuna Rasi: 18.57 Tithi 23
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava Karana Ashtamyam Titau
Gulika 7:36AM – 9:03AM
 Yama 2:51PM – 4:18PM
Rahu 10:30AM – 11:57AM

Ardra Until 7:53AM
 Parigha* Until 4:00PM
 Kaulava Until 6:42PM
Ashtami* Until 6:42PM

Ganesh: Clear *Sunrise: 6:09AM*
Muruga: White *Sunset: 5:45PM*
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 6 Sutra 173
 Sobhana 5125
 Moon 9 - Phase 24 - 6
 Ashtami

Saturday, October 7, 2023
Retreat Star

Kataka Rasi: 1.05 Tithi 24
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau
Gulika 6:10AM – 7:37AM
 Yama 1:23PM – 2:50PM
Rahu 9:03AM – 10:30AM

Punarvasu Until 10:28AM
 Shiva Until 4:33PM
 Taitila Until 7:42AM
Navami* Until 8:45PM

Ganesh: Purple *Sunrise: 6:10AM*
Muruga: White *Sunset: 5:43PM*
Nataraja: White
 Moon – Blue
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

St. Helena, CA
 Sun 7 Sutra 174
 Sobhana 5125
 Moon 9 - Phase 24 - 7
 Navami


1	Sunday, October 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau	St. Helena, CA Sun 8 Sutra 175
	Kataka Rasi: 13.04	Tithi 25	
	649726574	Gulika 2:49PM – 4:15PM Yama 11:56AM – 1:23PM Rahu 4:15PM – 5:42PM	Pushya Until 1:14PM Siddha Until 5:19PM Vanija Until 9:56AM Dashami Until 11:07PM
	Creative Work Siddha Yoga		Ganesha: Purple Sunrise: 6:11AM Muruga: White Sunset: 5:42PM Nataraja: Clear Moon – Blue Subha Sivaloka Day Bhadrapada*Puratasi

2	Monday, October 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	St. Helena, CA Sun 9 Sutra 176
	Kataka Rasi: 24.57	Tithi 26	
	641726574	Gulika 1:22PM – 2:48PM Yama 10:30AM – 11:56AM Rahu 7:38AM – 9:04AM	Ashlesha* Until 4:02PM Sadhya Until 6:13PM Bava Until 12:23PM Ekadashi* Until 1:37AM Tue
	Family Home Evening Creative Work Siddha Yoga Until 4:02PM Then Routine Work - Marana Yoga		Ganesha: Blue Sunrise: 6:12AM Muruga: White Sunset: 5:40PM Nataraja: Clear Moon – Blue Subha Sivaloka Day Bhadrapada*Puratasi

3	Tuesday, October 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	St. Helena, CA Sun 10 Sutra 177
	Simha Rasi: 6.48	Tithi 27	
	651726574	Gulika 11:56AM – 1:22PM Yama 9:04AM – 10:30AM Rahu 2:47PM – 4:13PM	Magha* Until 7:11PM Subha Until 7:08PM Kaulava Until 2:53PM Dvadashi* Until 4:04AM Wed
	Creative Work Siddha Yoga		Ganesha: Red Sunrise: 6:13AM Muruga: White Sunset: 5:39PM Nataraja: Clear Moon – Red Sivaloka Day Bhadrapada*Puratasi

4	Wednesday, October 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	St. Helena, CA Sun 11 Sutra 178
	Simha Rasi: 18.41	Tithi 28	
	651726574	Gulika 10:30AM – 11:56AM Yama 7:39AM – 9:05AM Rahu 11:56AM – 1:21PM	Purvaphalguni Until 10:02PM Sukla Until 7:55PM Gara Until 5:16PM Trayodashi* Until 6:21AM Thu
	Creative Work Amrita Yoga		Ganesha: Red Sunrise: 6:14AM Muruga: White Sunset: 5:37PM Nataraja: Clear Moon – Red Sivaloka Day Bhadrapada*Puratasi <i>Pradosha Vrata (Fasting)</i>

5	Thursday, October 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 12 Sutra 179
	Kanya Rasi: 0.38	Tithi 28 – 29	
	651726574	Gulika 9:05AM – 10:30AM Yama 6:15AM – 7:40AM Rahu 1:20PM – 2:45PM	Uttaraphalguni Until 12:27AM Fri Brahma Until 8:31PM Visti Until 7:24PM Trayodashi* Until 6:21AM
	Amrita Yoga		Ganesha: Red Sunrise: 6:15AM Muruga: White Sunset: 5:36PM Nataraja: Clear Moon – Red Sivaloka Day Bhadrapada*Puratasi

	Friday, October 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	St. Helena, CA Sun 13 Sutra 180
	Retreat Star		
	Kanya Rasi: 12.43	Tithi 29 – 30	
	661726574	Gulika 7:41AM – 9:05AM Yama 2:45PM – 4:09PM Rahu 10:30AM – 11:55AM	Hasta Until 2:52AM Sat Indra Until 8:52PM Catuspada Until 9:11PM Chaturdashi* Until 8:19AM
Creative Work Amrita Yoga Until 2:52AM Sat Then Routine Work - Marana Yoga		Mahalaya Amavasai (Tamil Nadu)	Ganesha: Yellow Sunrise: 6:16AM Muruga: White Sunset: 5:34PM Nataraja: Clear Moon – Green Sivaloka Day Bhadrapada*Puratasi

	Saturday, October 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	St. Helena, CA Sun 14 Sutra 181
	Retreat Star		
	Kanya Rasi: 24.56	Tithi 30 – 1	
	661726574	Gulika 6:17AM – 7:41AM Yama 1:19PM – 2:44PM Rahu 9:06AM – 10:30AM	Chitra Until 4:41AM Sun Vaidhriti* Until 8:52PM Kintughna Until 10:33PM Amavasya* Until 9:54AM
Routine Work Marana Yoga Until 4:41AM Sun Then Creative Work - Siddha Yoga		Navaratri Begins	Ganesha: Yellow Sunrise: 6:17AM Muruga: White Sunset: 5:33PM Nataraja: Clear Moon – Green Sivaloka Day Ashvina*Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 182
Tula Rasi: 7.2	Tithi 1 – 2	Gulika 2:43PM – 4:07PM	Svati Until 5:54AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Sobhana 5125
		Yama 11:55AM – 1:19PM	Vishkambha* Until 8:31PM	Muruga: White	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26 - 15
		661726574 Rahu 4:07PM – 5:31PM	Balava Until 11:27PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Prathama* Until 11:02AM	Moon – Green		Sivaloka Day
Until 5:54AM Mon				Ashvina*Puratasi		
Then Routine Work - Marana Yoga						
2 Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 183
Tula Rasi: 19.58	Tithi 2 – 3	Gulika 1:18PM – 2:42PM	Vishakha Until 6:58AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Sobhana 5125
Family Home Evening		Yama 10:30AM – 11:54AM	Priti Until 7:50PM	Muruga: White	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26 - 16
Routine Work Marana Yoga		661726574 Rahu 7:43AM – 9:07AM	Taitila Until 11:53PM	Nataraja: Clear		3rd Phase
Until 6:58AM Tue			Dvitiya Until 11:43AM	Moon – Green		Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina*Puratasi		
3 Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				St. Helena, CA Sun 17 Sutra 184
Vrischika Rasi: 2.47	Tithi 3 – 4	Gulika 11:54AM – 1:18PM	Vishakha Until 6:58AM	Ganesha: Red	<i>Sunrise:</i> 6:20AM	Sobhana 5125
		Yama 9:07AM – 10:31AM	Ayushman Until 6:45PM	Muruga: White	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26 - 17
		671726574 Rahu 2:41PM – 4:05PM	Vanija Until 11:52PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Tritiya Until 11:55AM	Moon – Orange		Sivaloka Day
Until 6:58AM				Ashvina*Aipasi		
Then Creative Work - Siddha Yoga						
4 Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 18 Sutra 185
Vrischika Rasi: 15.52	Tithi 4 – 5	Gulika 10:31AM – 11:54AM	Anuradha Until 7:27AM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Sobhana 5125
		Yama 7:44AM – 9:07AM	Saubhagya Until 5:19PM	Muruga: White	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 - 18
		671726574 Rahu 11:54AM – 1:17PM	Bava Until 11:23PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 11:40AM	Moon – Orange		Sivaloka Day
				Ashvina*Aipasi		
5 Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				St. Helena, CA Sun 19 Sutra 186
Vrischika Rasi: 29.09	Tithi 5 – 6	Gulika 9:08AM – 10:31AM	Jyeshtha* Until 7:20AM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	Sobhana 5125
		Yama 6:22AM – 7:45AM	Sobhana Until 3:34PM	Muruga: White	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 26 - 19
		672726574 Rahu 1:17PM – 2:40PM	Kaulava Until 10:29PM	Nataraja: Clear		3rd Phase
Routine Work Prabalarishta Yoga			Panchami Until 10:58AM	Moon – Orange		Devaloka Day
Until 7:20AM				Ashvina*Aipasi		
Then Creative Work - Siddha Yoga						
6 Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 187
Dhanus Rasi: 12.41	Tithi 6 – 7	Gulika 7:45AM – 9:08AM	Mula* Until 7:07AM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sobhana 5125
		Yama 2:39PM – 4:02PM	Athiganda* Until 1:28PM	Muruga: White	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 - 20
		682726574 Rahu 10:31AM – 11:54AM	Gara Until 9:11PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 9:52AM	Moon – Light Blue		Sivaloka Day
Until 7:07AM				Ashvina*Aipasi		
Then Routine Work - Prabalarishta Yoga						
Saturday, October 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 188
Retreat Star		Gulika 6:24AM – 7:46AM	Purvashadha* Until 6:21AM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Sobhana 5125
Dhanus Rasi: 26.27	Tithi 7 – 8	Yama 1:16PM – 2:38PM	Sukarma Until 11:04AM	Muruga: White	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 - 21
		682726574 Rahu 9:09AM – 10:31AM	Visti Until 7:30PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 8:22AM	Moon – Light Blue		Sivaloka Day
Until 6:21AM		Durga Ashtami		Ashvina*Aipasi		
Then Routine Work - Marana Yoga						
Sunday, October 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 189
Retreat Star		Gulika 2:38PM – 4:00PM	Shravana Until 3:45AM Mon	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sobhana 5125
Makara Rasi: 10.26	Tithi 8 – 9	Yama 11:53AM – 1:15PM	Dhriti Until 8:22AM	Muruga: White	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 - 22
		692726574 Rahu 4:00PM – 5:22PM	Kaulava Until 4:17AM Mon	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Ashtami* Until 6:30AM	Moon – Purple		Devaloka Day
Until 3:45AM Mon		Saraswathi Puja (Tamil Nadu)		Ashvina*Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		St. Helena, CA Sun 23 Sutra 190		
1	Makara Rasi: 24.4 Tithi 10 Family Home Evening Creative Work Siddha Yoga Until 2:00AM Tue Then Routine Work - Marana Yoga	Gulika 1:15PM – 2:37PM Yama 10:31AM – 11:53AM Rahu 7:48AM – 9:09AM	Dhanishtha Until 2:00AM Tue Ganda* Until 2:11AM Tue Taitila Until 3:06PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 6:26AM Sunset: 5:21PM	Moon 9 - Phase 27 - 23 4th Phase Devaloka Day
Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 191		
2	Kumbha Rasi: 9.04 Tithi 11 692726574 Routine Work Marana Yoga	Gulika 11:53AM – 1:15PM Yama 9:10AM – 9:31AM Rahu 2:36PM – 3:58PM	Shatabhishak Until 11:55PM Vriddhi Until 10:50PM Vanija Until 12:30PM Ekadashi Until 11:07PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 6:27AM Sunset: 5:19PM	Moon 9 - Phase 27 - 24 4th Phase Devaloka Day
Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 192		
3	Kumbha Rasi: 23.35 Tithi 12 612726574 Creative Work Amrita Yoga Until 10:00PM Then Creative Work - Siddha Yoga	Gulika 10:32AM – 11:53AM Yama 7:49AM – 9:10AM Rahu 11:53AM – 1:14PM	Purvaproshtapada* Until 10:00PM Dhruva Until 7:22PM Bava Until 9:44AM Dvadashi Until 8:19PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 6:28AM Sunset: 5:18PM	Moon 9 - Phase 27 - 25 4th Phase Devaloka Day
Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 26 Sutra 193		
4	Meena Rasi: 8.11 Tithi 13 – 14 612726574 Creative Work Siddha Yoga	Gulika 9:11AM – 10:32AM Yama 6:29AM – 7:50AM Rahu 1:14PM – 2:35PM	Uttaraproshtapada Until 7:57PM Vyaghata* Until 3:54PM Kaulava Until 6:55AM Trayodashi Until 5:31PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 6:29AM Sunset: 5:17PM	Moon 9 - Phase 27 - 26 4th Phase Devaloka Day
Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		St. Helena, CA Sun 27 Sutra 194		
5	Meena Rasi: 22.44 Tithi 14 – 15 612726574 Creative Work Siddha Yoga Until 5:54PM Then Creative Work - Amrita Yoga	Gulika 7:51AM – 9:11AM Yama 2:34PM – 3:55PM Rahu 10:32AM – 11:53AM	Revati Until 5:54PM Harshana Until 12:32PM Visti Until 1:36AM Sat Chaturdashy* Until 2:50PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 6:30AM Sunset: 5:16PM	Moon 9 - Phase 27 - 27 4th Phase Devaloka Day
Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Helena, CA Sutra 195		
○	Copper Retreat Star Mesha Rasi: 7.09 Tithi 15 – 16 622726574 Creative Work Siddha Yoga	Gulika 6:31AM – 7:51AM Yama 1:13PM – 2:33PM Rahu 9:12AM – 10:32AM	Ashvini Until 4:24PM Vajra* Until 9:21AM Balava Until 11:21PM Purnima* Until 12:25PM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – White	Sunrise: 6:31AM Sunset: 5:14PM	Moon 9 - Phase 27 - Purnima Sivaloka Day
Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		St. Helena, CA Sutra 196		
○	Silver Retreat Star Mesha Rasi: 21.19 Tithi 16 – 17 622726574 Routine Work Prabalarishta Yoga Until 3:10PM Then Creative Work - Siddha Yoga	Gulika 2:33PM – 3:53PM Yama 11:53AM – 1:13PM Rahu 3:53PM – 5:13PM	Bharani Until 3:10PM Siddhi Until 6:28AM Taitila Until 9:34PM Prathama* Until 10:23AM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – White	Sunrise: 6:32AM Sunset: 5:13PM	Moon 9 - Phase 27 - Prathama Sivaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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	Monday, October 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		St. Helena, CA
	Gold Retreat Star	Krittika/Rohini Nakshatra Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Sun 1 Sutra 197
Vrishabha Rasi: 5.11	Tithi 17 – 18	Gulika 1:12PM – 2:32PM	Krittika Until 2:20PM	Ganesha: White <i>Sunrise:</i> 6:33AM
Family Home Evening	622826574	Yama 10:33AM – 11:53AM	Variyan Until 2:01AM Tue	Muruga: White <i>Sunset:</i> 5:12PM
Routine Work Marana Yoga		Rahu 7:53AM – 9:13AM	Vanija Until 8:22PM	Nataraja: Clear
Until 2:20PM				Moon – White
Then Creative Work - Amrita Yoga			Dvitiya Until 8:52AM	Ashvina•Aipasi
				Subha Sivaloka Day

1	Tuesday, October 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA
		Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau		Sun 2 Sutra 198
Vrishabha Rasi: 18.4	Tithi 18 – 19	Gulika 11:52AM – 1:12PM	Rohini Until 2:26PM	Ganesha: Yellow <i>Sunrise:</i> 6:34AM
	632826574	Yama 9:13AM – 10:33AM	Parigha* Until 12:34AM Wed	Muruga: White <i>Sunset:</i> 5:11PM
Creative Work Amrita Yoga		Rahu 2:32PM – 3:51PM	Bava Until 7:51PM	Nataraja: Clear
Until 2:26PM				Moon – Yellow
Then Creative Work - Siddha Yoga			Tritiya Until 8:00AM	Ashvina•Aipasi
				Sivaloka Day

2	Wednesday, November 1, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		St. Helena, CA
		Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Sun 3 Sutra 199
Mithuna Rasi: 1.47	Tithi 19 – 20	Gulika 10:33AM – 11:52AM	Mrigashira Until 3:06PM	Ganesha: Yellow <i>Sunrise:</i> 6:35AM
	632826574	Yama 7:55AM – 9:14AM	Shiva Until 11:42PM	Muruga: White <i>Sunset:</i> 5:10PM
Creative Work Siddha Yoga		Rahu 11:52AM – 1:12PM	Kaulava Until 8:03PM	Nataraja: Clear
				Moon – Yellow
			Chaturthi* Until 7:50AM	Ashvina•Aipasi
				Sivaloka Day

3	Thursday, November 2, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam		St. Helena, CA
		Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau		Sun 4 Sutra 200
Mithuna Rasi: 14.32	Tithi 20 – 21	Gulika 9:14AM – 10:33AM	Ardra Until 4:18PM	Ganesha: White <i>Sunrise:</i> 6:36AM
	632826574	Yama 6:36AM – 7:55AM	Siddha Until 11:22PM	Muruga: White <i>Sunset:</i> 5:09PM
Routine Work Marana Yoga		Rahu 1:11PM – 2:31PM	Gara Until 8:58PM	Nataraja: Clear
Until 4:18PM				Moon – Yellow
Then Creative Work - Amrita Yoga			Panchami Until 8:24AM	Ashvina•Aipasi
				Devaloka Day

4	Friday, November 3, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Helena, CA
		Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Sun 5 Sutra 201
Mithuna Rasi: 26.58	Tithi 21 – 22	Gulika 7:56AM – 9:15AM	Punarvasu Until 6:28PM	Ganesha: Yellow <i>Sunrise:</i> 6:37AM
	643826574	Yama 2:30PM – 3:49PM	Sadhya Until 11:32PM	Muruga: White <i>Sunset:</i> 5:08PM
Creative Work Siddha Yoga		Rahu 10:34AM – 11:52AM	Visti Until 10:33PM	Nataraja: Clear
Until 6:28PM				Moon – Blue
Then Routine Work - Marana Yoga			Shashthi* Until 9:40AM	Ashvina•Aipasi
				Sivaloka Day

D	Saturday, November 4, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam		St. Helena, CA
	Retreat Star	Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Sun 6 Sutra 202
Kataka Rasi: 9.09	Tithi 22 – 23	Gulika 6:38AM – 7:57AM	Pushya Until 8:59PM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM
	643826574	Yama 1:11PM – 2:29PM	Subha Until 12:05AM Sun	Muruga: White <i>Sunset:</i> 5:06PM
Creative Work Siddha Yoga		Rahu 9:15AM – 10:34AM	Balava Until 12:39AM Sun	Nataraja: Clear
Until 8:59PM				Moon – Blue
Then Routine Work - Marana Yoga			Saptami Until 11:31AM	Ashvina•Aipasi
				Sivaloka Day

S	Sunday, November 5, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam		St. Helena, CA
	Retreat Star	Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Sun 7 Sutra 203
Kataka Rasi: 21.09	Tithi 23 – 24	Gulika 2:29PM – 3:47PM	Ashlesha* Until 11:40PM	Ganesha: Yellow <i>Sunrise:</i> 6:39AM
	643826574	Yama 11:52AM – 1:11PM	Sukla Until 12:52AM Mon	Muruga: White <i>Sunset:</i> 5:05PM
Creative Work Siddha Yoga		Rahu 3:47PM – 5:05PM	Taitila Until 3:04AM Mon	Nataraja: Clear
Until 11:40PM				Moon – Blue
Then Routine Work - Marana Yoga			Ashtami* Until 1:48PM	Ashvina•Aipasi
				Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 8 Sutra 204	
1	Simha Rasi: 3.02 Tithi 24 – 25	Gulika 1:11PM – 2:28PM Yama 10:35AM – 11:53AM	Magha* Until 2:50AM Tue Brahma Until 1:45AM Tue Vanija Until 5:37AM Tue Navami* Until 4:19PM	Ganesha: Blue <i>Sunrise:</i> 6:41AM Muruga: White <i>Sunset:</i> 5:04PM	Moon 10 - Phase 29 - 8 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 2:50AM Tue Then Creative Work - Siddha Yoga		653826574 Rahu 7:59AM – 9:17AM		Devaloka Day Ashvina*Aipasi	
Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti* Karana Dashamyam Titau		St. Helena, CA Sun 9 Sutra 205	
2	Simha Rasi: 14.53 Tithi 25	Gulika 11:53AM – 1:10PM Yama 9:17AM – 10:35AM	Purvaphalguni Until 5:45AM Wed Indra Until 2:36AM Wed Visti Until 6:50PM Dashami Until 6:50PM	Ganesha: Yellow <i>Sunrise:</i> 6:42AM Muruga: White <i>Sunset:</i> 5:03PM	Moon 10 - Phase 29 - 9 2nd Phase
Creative Work Siddha Yoga Until 5:45AM Wed Then Creative Work - Amrita Yoga		753826574 Rahu 2:28PM – 3:46PM		Sivaloka Day Ashvina*Aipasi	
Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		St. Helena, CA Sun 10 Sutra 206	
3	Simha Rasi: 26.47 Tithi 26	Gulika 10:35AM – 11:53AM Yama 8:00AM – 9:18AM	Uttaraphalguni Until 8:13AM Thu Vaidhriti* Until 3:13AM Thu Bava Until 8:03AM Ekadashi* Until 9:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:43AM Muruga: White <i>Sunset:</i> 5:03PM	Moon 10 - Phase 29 - 10 2nd Phase
Creative Work Amrita Yoga Until 8:13AM Thu Then Routine Work - Marana Yoga		753826574 Rahu 11:53AM – 1:10PM		Sivaloka Day Ashvina*Aipasi	
Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 11 Sutra 207	
4	Kanya Rasi: 8.47 Tithi 27	Gulika 9:18AM – 10:36AM Yama 6:44AM – 8:01AM	Uttaraphalguni Until 8:13AM Vishkambha* Until 3:32AM Fri Kaulava Until 10:11AM Dvadashi* Until 11:04PM	Ganesha: Yellow <i>Sunrise:</i> 6:44AM Muruga: White <i>Sunset:</i> 5:02PM	Moon 10 - Phase 29 - 11 2nd Phase
Routine Work Marana Yoga		753826574 Rahu 1:10PM – 2:27PM		Sivaloka Day Ashvina*Aipasi	
Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 12 Sutra 208	
5	Kanya Rasi: 20.58 Tithi 28	Gulika 8:02AM – 9:19AM Yama 2:27PM – 3:44PM	Hasta Until 10:36AM Priti Until 3:27AM Sat Gara Until 11:52AM Trayodashi* Until 12:28AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:45AM Muruga: White <i>Sunset:</i> 5:01PM	Moon 10 - Phase 29 - 12 2nd Phase
Creative Work Amrita Yoga Until 10:36AM Then Creative Work - Siddha Yoga		763826574 Rahu 10:36AM – 11:53AM	Subramuniyaswami Mahasamadhi	Devaloka Day Ashvina*Aipasi	
Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 13 Sutra 209	
6	Tula Rasi: 3.22 Tithi 29	Gulika 6:46AM – 8:03AM Yama 1:10PM – 2:26PM	Chitra Until 12:16PM Ayushman Until 2:53AM Sun Visti Until 12:58PM Chaturdashi* Until 1:16AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:46AM Muruga: White <i>Sunset:</i> 5:00PM	Moon 10 - Phase 29 - 13 2nd Phase
Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga		763826574 Rahu 9:19AM – 10:36AM	Deepavali Hindu Solidarity Day	Devaloka Day Ashvina*Aipasi	
Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 14 Sutra 210	
Retreat Star	Tula Rasi: 16.03 Tithi 30	Gulika 2:26PM – 3:43PM Yama 11:53AM – 1:10PM	Svati Until 1:12PM Saubhagya Until 1:52AM Mon Catuspada Until 1:28PM Amavasya* Until 1:28AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:47AM Muruga: White <i>Sunset:</i> 4:59PM	Moon 10 - Phase 29 - 14 Amavasya
Creative Work Siddha Yoga Until 1:12PM Then Routine Work - Marana Yoga		763826574 Rahu 3:43PM – 4:59PM		Devaloka Day Ashvina*Aipasi	
Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 15 Sutra 211	
Retreat Star	Tula Rasi: 29.01 Tithi 1	Gulika 1:09PM – 2:26PM Yama 10:37AM – 11:53AM	Vishakha Until 1:52PM Sobhana Until 12:25AM Tue Kintughna Until 1:22PM Prathama* Until 1:06AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:48AM Muruga: White <i>Sunset:</i> 4:58PM	Moon 10 - Phase 29 - 15 Prathama
Family Home Evening Routine Work Marana Yoga Until 1:52PM Then Creative Work - Siddha Yoga		773826574 Rahu 8:04AM – 9:21AM	Skanda Shasthi Begins	Devaloka Day Karttika*Aipasi	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Vrischika Rasi: 12.16		Tithi 2		Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 212	
Creative Work		Siddha Yoga		Gulika 11:53AM – 1:09PM		Ganesha: Blue Sunrise: 6:49AM	
Until 1:52PM		773826574		Yama 9:21AM – 10:37AM		Muruga: White Sunset: 4:57PM	
Then Routine Work - Marana Yoga		Rahu 2:25PM – 3:41PM		Balava Until 12:45PM		Moon 10 - Phase 30 - 16	
				Dvitiya Until 12:15AM Wed		Nataraja: Clear 3rd Phase	
						Moon – Orange	
						Devaloka Day	
						Karttika*Aipasi	

2		Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Vrischika Rasi: 25.46		Tithi 3		Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 213	
Creative Work		Siddha Yoga		Gulika 10:38AM – 11:54AM		Ganesha: Blue Sunrise: 6:50AM	
Until 1:18PM		773826574		Yama 8:06AM – 9:22AM		Muruga: White Sunset: 4:57PM	
Then Routine Work - Marana Yoga		Rahu 11:54AM – 1:09PM		Sukarma Until 8:24PM		Moon 10 - Phase 30 - 17	
				Taitila Until 11:42AM		Nataraja: Clear 3rd Phase	
				Tritiya Until 11:01PM		Moon – Orange	
						Devaloka Day	
						Karttika*Aipasi	

3		Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Dhanus Rasi: 9.28		Tithi 4		Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18 Sutra 214	
Creative Work		Siddha Yoga		Gulika 9:23AM – 10:38AM		Ganesha: Yellow Sunrise: 6:51AM	
Until 1:18PM		784826574		Yama 6:51AM – 8:07AM		Muruga: White Sunset: 4:56PM	
Then Routine Work - Marana Yoga		Rahu 1:09PM – 2:25PM		Dhriti Until 6:01PM		Moon 10 - Phase 30 - 18	
				Vanija Until 10:18AM		Nataraja: Clear 3rd Phase	
				Chaturthi* Until 9:29PM		Moon – Light Blue	
						Sivaloka Day	
						Karttika*Karttikai	

4		Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Dhanus Rasi: 23.2		Tithi 5		Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 215	
Routine Work		Prabalarishta Yoga		Gulika 8:08AM – 9:23AM		Ganesha: Yellow Sunrise: 6:53AM	
Until 11:42AM		784826575		Yama 2:25PM – 3:40PM		Muruga: White Sunset: 4:56PM	
Then Routine Work - Marana Yoga		Rahu 10:39AM – 11:54AM		Shula* Until 3:25PM		Moon 10 - Phase 30 - 19	
				Bava Until 8:39AM		Nataraja: Purple 3rd Phase	
				Panchami Until 7:44PM		Moon – Light Blue	
						Subha Sivaloka Day	
						Karttika*Karttikai	

5		Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Makara Rasi: 7.2		Tithi 6 – 7		Uttarashadha*/Shravana Nakshatra Ganda*/Vridhhi Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 216	
Routine Work		Marana Yoga		Gulika 6:54AM – 8:09AM		Ganesha: Yellow Sunrise: 6:54AM	
Until 10:24AM		784826575		Yama 1:09PM – 2:24PM		Muruga: White Sunset: 4:55PM	
Then Creative Work - Siddha Yoga		Rahu 9:24AM – 10:39AM		Ganda* Until 12:43PM		Moon 10 - Phase 30 - 20	
				Kaulava Until 6:49AM		Nataraja: Purple 3rd Phase	
				Shashthi* Until 5:51PM		Moon – Light Blue	
						Subha Sivaloka Day	
						Karttika*Karttikai	

6		Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Makara Rasi: 21.24		Tithi 7 – 8		Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 217	
Creative Work		Amrita Yoga		Gulika 2:24PM – 3:39PM		Ganesha: White Sunrise: 6:55AM	
Until 9:17AM		794826575		Yama 11:54AM – 1:09PM		Muruga: White Sunset: 4:54PM	
Then Routine Work - Marana Yoga		Rahu 3:39PM – 4:54PM		Vridhhi Until 9:56AM		Moon 10 - Phase 30 - 21	
				Visti Until 2:52AM Mon		Nataraja: Purple 3rd Phase	
				Saptami Until 3:52PM		Moon – Purple	
						Subha Subha Sivaloka Day	
						Karttika*Karttikai	

Retreat Star		Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Kumbha Rasi: 5.31		Tithi 8 – 9		Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 218	
Family Home Evening		794826575		Gulika 1:09PM – 2:24PM		Ganesha: White Sunrise: 6:56AM	
Creative Work		Siddha Yoga		Yama 10:40AM – 11:55AM		Muruga: White Sunset: 4:53PM	
				Rahu 8:10AM – 9:25AM		Moon 10 - Phase 30 - 22	
				Dhruva Until 7:05AM		Nataraja: Purple Ashtami	
				Balava Until 12:48AM Tue		Moon – Purple	
				Ashtami* Until 1:49PM		Subha Subha Sivaloka Day	
						Karttika*Karttikai	

Retreat Star		Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Kumbha Rasi: 19.39		Tithi 9 – 10		Shatabhishak*/Purvaproshtapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 219	
Routine Work		Marana Yoga		Gulika 11:55AM – 1:09PM		Ganesha: White Sunrise: 6:57AM	
Until 1:18PM		794826575		Yama 9:26AM – 10:40AM		Muruga: White Sunset: 4:53PM	
				Rahu 2:24PM – 3:38PM		Moon 10 - Phase 30 - 23	
				Taitila Until 10:43PM		Nataraja: Purple Navami	
				Navami* Until 11:44AM		Moon – Purple	
						Subha Subha Sivaloka Day	
						Karttika*Karttikai	


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam	St. Helena, CA
	Meena Rasi: 3.48 Tithi 10 – 11	Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 24 Sutra 220
	714826575	Gulika 10:41AM – 11:55AM Yama 8:12AM – 9:26AM Rahu 11:55AM – 1:09PM	Uttaraproshtapada Until 3:50AM Thu Vajra* Until 10:26PM Vanija Until 8:39PM Dashami Until 9:40AM
	Creative Work Siddha Yoga	Ganesha: White Sunrise: 6:58AM Muruga: White Sunset: 4:52PM Nataraja: Purple Moon – Clear	Sobhana 5125 Moon 10 - Phase 31 - 24 4th Phase Subha Subha Sivaloka Day Karttika•Karttikai

2	Thursday, November 23, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam	St. Helena, CA
	Meena Rasi: 17.56 Tithi 11 – 12	Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Sun 25 Sutra 221
	714826575	Gulika 9:27AM – 10:41AM Yama 6:59AM – 8:13AM Rahu 1:09PM – 2:24PM	Revati Until 2:25AM Fri Siddhi Until 7:37PM Bava Until 6:39PM Ekadashi Until 7:37AM
	Creative Work Siddha Yoga Until 2:25AM Fri Then Creative Work - Amrita Yoga	Ganesha: White Sunrise: 6:59AM Muruga: White Sunset: 4:52PM Nataraja: Purple Moon – Clear	Sobhana 5125 Moon 10 - Phase 31 - 25 4th Phase Subha Subha Sivaloka Day Karttika•Karttikai

3	Friday, November 24, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam	St. Helena, CA
	Mesha Rasi: 2 Tithi 13	Ashvini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 222
	724926575	Gulika 8:14AM – 9:28AM Yama 2:24PM – 3:37PM Rahu 10:42AM – 11:56AM	Ashvini Until 1:27AM Sat Vyatipata* Until 4:56PM Kaulava Until 4:48PM Trayodashi Until 3:55AM Sat
	Creative Work Amrita Yoga Until 1:27AM Sat Then Creative Work - Siddha Yoga	Ganesha: Purple Sunrise: 7:00AM Muruga: White Sunset: 4:51PM Nataraja: Purple Moon – White	Sobhana 5125 Moon 10 - Phase 31 - 26 4th Phase Sivaloka Day Karttika•Karttikai Pradosha Vrata

4	Saturday, November 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam	St. Helena, CA
	Mesha Rasi: 15.57 Tithi 14	Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27 Sutra 223
	724926575	Gulika 7:01AM – 8:15AM Yama 1:10PM – 2:23PM Rahu 9:28AM – 10:42AM	Bharani Until 12:35AM Sun Variyan Until 2:22PM Gara Until 3:09PM Chaturdashi* Until 2:25AM Sun
	Creative Work Siddha Yoga	Ganesha: Purple Sunrise: 7:01AM Muruga: White Sunset: 4:51PM Nataraja: Purple Moon – White	Sobhana 5125 Moon 10 - Phase 31 - 27 4th Phase Sivaloka Day Karttika•Karttikai

	Sunday, November 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam	St. Helena, CA
	Copper Retreat Star	Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau	Sutra 224
	Mesha Rasi: 29.45 Tithi 15		
	724926575	Gulika 2:23PM – 3:37PM Yama 11:56AM – 1:10PM Rahu 3:37PM – 4:51PM	Krittika Until 11:55PM Parigha* Until 12:05PM Visti Until 1:48PM Purnima* Until 1:16AM Mon

Monday, November 27, 2023	Silver Retreat Star	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam	St. Helena, CA
	Family Home Evening	Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau	Sutra 225
	Vrishabha Rasi: 13.19 Tithi 16		
	734926575	Gulika 1:10PM – 2:23PM Yama 10:43AM – 11:57AM Rahu 8:16AM – 9:30AM	Rohini Until 12:00AM Tue Shiva Until 10:07AM Balava Until 12:53PM Prathama* Until 12:35AM Tue

Vinayaga Viratam Begins



Tuesday, November 28, 2023

Gold Retreat Star

Vrishabha Rasi: 26.37 Tithi 17
Creative Work Siddha Yoga

735926575

Gulika 11:57AM - 1:10PM
Yama 9:31AM - 10:44AM
Rahu 2:23PM - 3:37PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Mrigashira Until 12:28AM Wed
Siddha Until 8:31AM
Taitila Until 12:28PM
Dvitiya Until 12:27AM Wed

Ganesha: Purple Sunrise: 7:04AM
Muruga: White Sunset: 4:50PM
Nataraja: Purple
Moon - Yellow
Subha Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sutra 226
Sobhana 5125
Moon 11 - Phase 32 - 1st Phase

1

Wednesday, November 29, 2023

Mithuna Rasi: 9.38 Tithi 18
Creative Work Siddha Yoga
Until 1:21AM Thu
Then Creative Work - Amrita Yoga

735926575

Gulika 10:44AM - 11:57AM
Yama 8:18AM - 9:31AM
Rahu 11:57AM - 1:10PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Ardra Until 1:21AM Thu
Sadhya Until 7:23AM
Vanija Until 12:38PM
Tritiya Until 12:56AM Thu

Ganesha: Purple Sunrise: 7:05AM
Muruga: White Sunset: 4:50PM
Nataraja: Purple
Moon - Yellow
Subha Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 1
Sutra 227
Sobhana 5125
Moon 11 - Phase 32 - 1st Phase

2

Thursday, November 30, 2023

Mithuna Rasi: 22.2 Tithi 19
Creative Work Amrita Yoga
Until 3:10AM Fri
Then Routine Work - Marana Yoga

745926575

Gulika 9:32AM - 10:45AM
Yama 7:06AM - 8:19AM
Rahu 1:11PM - 2:24PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Punarvasu Until 3:10AM Fri
Subha Until 6:44AM
Bava Until 1:26PM
Chaturthi* Until 2:02AM Fri

Ganesha: Clear Sunrise: 7:06AM
Muruga: White Sunset: 4:49PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 2
Sutra 228
Sobhana 5125
Moon 11 - Phase 32 - 2nd Phase

3

Friday, December 1, 2023

Kataka Rasi: 4.47 Tithi 20
Routine Work Marana Yoga

745926575

Gulika 8:20AM - 9:33AM
Yama 2:24PM - 3:36PM
Rahu 10:45AM - 11:58AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Pushya Until 5:23AM Sat
Sukla Until 6:31AM
Kaulava Until 2:51PM
Panchami Until 3:44AM Sat

Ganesha: Clear Sunrise: 7:07AM
Muruga: White Sunset: 4:49PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 3
Sutra 229
Sobhana 5125
Moon 11 - Phase 32 - 3rd Phase

4

Saturday, December 2, 2023

Kataka Rasi: 16.58 Tithi 21
Routine Work Marana Yoga

745926575

Gulika 7:08AM - 8:21AM
Yama 1:11PM - 2:24PM
Rahu 9:33AM - 10:46AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Ashlesha* Until 7:53AM Sun
Brahma Until 6:46AM
Gara Until 4:48PM
Shashthi* Until 5:56AM Sun

Ganesha: Clear Sunrise: 7:08AM
Muruga: White Sunset: 4:49PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 4
Sutra 230
Sobhana 5125
Moon 11 - Phase 32 - 4th Phase

5

Sunday, December 3, 2023

Kataka Rasi: 28.58 Tithi 22
Creative Work Siddha Yoga
Until 7:53AM
Then Routine Work - Marana Yoga

745926575

Gulika 2:24PM - 3:36PM
Yama 11:59AM - 1:11PM
Rahu 3:36PM - 4:49PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti* Karana Saptamyam Titau

Ashlesha* Until 7:53AM
Indra Until 7:23AM
Visti Until 7:11PM
Saptami Until 8:27AM Mon

Ganesha: Clear Sunrise: 7:09AM
Muruga: White Sunset: 4:49PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 5
Sutra 231
Sobhana 5125
Moon 11 - Phase 32 - 5th Phase

D

Monday, December 4, 2023

Retreat Star

Simha Rasi: 10.51 Tithi 22 - 23
Family Home Evening
Routine Work Marana Yoga
Until 11:01AM
Then Creative Work - Siddha Yoga

755926575

Gulika 1:12PM - 2:24PM
Yama 10:47AM - 11:59AM
Rahu 8:22AM - 9:35AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Magha* Until 11:01AM
Vaidhriti* Until 8:12AM
Balava Until 9:47PM
Saptami Until 8:27AM

Ganesha: White Sunrise: 7:10AM
Muruga: White Sunset: 4:49PM
Nataraja: Purple
Moon - Red
Subha Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 6
Sutra 232
Sobhana 5125
Moon 11 - Phase 32 - 6th Phase
Ashtami

Tuesday, December 5, 2023

Retreat Star

Simha Rasi: 22.41 Tithi 23 - 24
Creative Work Siddha Yoga
Until 2:03PM
Then Creative Work - Amrita Yoga

755936575

Gulika 12:00PM - 1:12PM
Yama 9:35AM - 10:47AM
Rahu 2:24PM - 3:36PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Purvaphalguni Until 2:03PM
Vishkambha* Until 9:06AM
Taitila Until 12:21AM Wed
Ashtami* Until 11:04AM

Ganesha: White Sunrise: 7:11AM
Muruga: Clear Sunset: 4:49PM
Nataraja: Purple
Moon - Red
Subha Sivaloka Day
Karttika-Karttikai

St. Helena, CA
Sun 7
Sutra 233
Sobhana 5125
Moon 11 - Phase 32 - 7th Phase
Navami

Wednesday, December 6, 2023**1**

Kanya Rasi: 4.34 Tithi 24 – 25

755936575

Gulika 10:48AM – 12:00PM
Yama 8:24AM – 9:36AM
Rahu 12:00PM – 1:12PM

Uttaraphalguni Until 4:44PM

Priti Until 9:55AM

Vanija Until 2:38AM Thu

Navami* Until 1:31PM**Ganesha:** White *Sunrise:* 7:12AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Red

Karttika*Karttikai**Subha Sivaloka Day**

Creative Work Amrita Yoga

Until 4:44PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam TitauSt. Helena, CA
Sun 8 Sutra 234
Sobhana 5125

Moon 11 - Phase 33 - 8

2nd Phase

Thursday, December 7, 2023**2**

Kanya Rasi: 16.34 Tithi 25 – 26

765936575

Gulika 9:37AM – 10:49AM
Yama 7:13AM – 8:25AM
Rahu 1:13PM – 2:25PM

Hasta Until 7:21PM

Ayushman Until 10:26AM

Bava Until 4:25AM Fri

Dashami Until 3:35PM**Ganesha:** Yellow *Sunrise:* 7:13AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Green

Karttika*Karttikai**Sivaloka Day**

Routine Work Marana Yoga

Until 7:21PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam

St. Helena, CA

Hasta Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau

Sun 9 Sutra 235

Sobhana 5125

Moon 11 - Phase 33 - 9

2nd Phase

Friday, December 8, 2023**3**

Kanya Rasi: 28.46 Tithi 26 – 27

766936575

Gulika 8:25AM – 9:37AM
Yama 2:25PM – 3:37PM
Rahu 10:49AM – 12:01PM

Chitra Until 9:12PM

Saubhagya Until 10:32AM

Kaulava Until 5:30AM Sat

Ekadashi* Until 5:02PM**Ganesha:** White *Sunrise:* 7:13AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Green

Karttika*Karttikai**Devaloka Day**

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam

St. Helena, CA

Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Sun 10 Sutra 236

Sobhana 5125

Moon 11 - Phase 33 - 10

2nd Phase

Saturday, December 9, 2023**4**

Tula Rasi: 11.17 Tithi 27 – 28

766936575

Gulika 7:14AM – 8:26AM
Yama 1:13PM – 2:25PM
Rahu 9:38AM – 10:50AM

Svati Until 10:11PM

Sobhana Until 10:06AM

Gara Until 5:50AM Sun

Dvadashi* Until 5:45PM**Ganesha:** White *Sunrise:* 7:14AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Green

Karttika*Karttikai**Devaloka Day**

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam

St. Helena, CA

Svati Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Sun 11 Sutra 237

Sobhana 5125

Moon 11 - Phase 33 - 11

2nd Phase

*Pradosha Vrata (Fasting)***Sunday, December 10, 2023****5**

Tula Rasi: 24.08 Tithi 28 – 29

776936575

Gulika 2:25PM – 3:37PM
Yama 12:02PM – 1:14PM
Rahu 3:37PM – 4:49PM

Vishakha Until 10:44PM

Athiganda* Until 9:04AM

Visti Until 5:25AM Mon

Trayodashi* Until 5:42PM**Ganesha:** Green *Sunrise:* 7:15AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Orange

Karttika*Karttikai**Devaloka Day**

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam

St. Helena, CA

Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Sun 12 Sutra 238

Sobhana 5125

Moon 11 - Phase 33 - 12

2nd Phase

Monday, December 11, 2023**6**

Vrishchika Rasi: 7.22 Tithi 29 – 30

776936575

Gulika 1:14PM – 2:26PM
Yama 10:51AM – 12:02PM
Rahu 8:27AM – 9:39AM

Anuradha Until 10:27PM

Sukarma Until 7:28AM

Catuspada Until 4:19AM Tue

Chaturdashi* Until 4:56PM**Ganesha:** Green *Sunrise:* 7:16AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Orange

Karttika*Karttikai**Devaloka Day**

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam

St. Helena, CA

Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Sun 13 Sutra 239

Sobhana 5125

Moon 11 - Phase 33 - 13

2nd Phase

Tuesday, December 12, 2023**Retreat Star**

Vrishchika Rasi: 20.59 Tithi 30 – 1

776936575

Gulika 12:03PM – 1:14PM
Yama 9:40AM – 10:51AM
Rahu 2:26PM – 3:38PM

Jyeshtha* Until 9:26PM

Shula* Until 2:46AM Wed

Kintughna Until 2:40AM Wed

Amavasya* Until 3:32PM**Ganesha:** Green *Sunrise:* 7:17AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Orange

Karttika*Karttikai**Devaloka Day**

Routine Work Marana Yoga

Until 9:26PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam

St. Helena, CA

Jyeshtha* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Sun 14 Sutra 240

Sobhana 5125

Moon 11 - Phase 33 - 14

Amavasya

Wednesday, December 13, 2023**Retreat Star**

Dhanus Rasi: 4.55 Tithi 1 – 2

786936575

Gulika 10:52AM – 12:03PM
Yama 8:29AM – 9:40AM
Rahu 12:03PM – 1:15PM

Mula* Until 8:15PM

Ganda* Until 11:52PM

Balava Until 12:35AM Thu

Prathama* Until 1:39PM**Ganesha:** White *Sunrise:* 7:17AM**Muruga:** Clear *Sunset:* 4:49PM**Nataraja:** Purple

Moon – Light Blue

Margasira*Karttikai**Devaloka Day**

Routine Work Marana Yoga

Until 8:15PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam

St. Helena, CA

Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Sun 15 Sutra 241

Sobhana 5125

Moon 11 - Phase 33 - 15

Prathama

1	Thursday, December 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	St. Helena, CA Sun 16 Sutra 242
	Dhanus Rasi: 19.07 Tithi 2 – 3	Gulika 9:41AM – 10:52AM Yama 7:18AM – 8:29AM Rahu 1:15PM – 2:27PM	Purvashadha* Until 6:38PM Vriddhi Until 8:45PM Taitila Until 10:14PM Dvitiya Until 11:25AM
	786937575	Ganesha: White <i>Sunrise: 7:18AM</i> Muruga: White <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Light Blue	Sobhana 5125 Moon 11 - Phase 34 - 16 3rd Phase
	Creative Work Siddha Yoga Until 6:38PM Then Routine Work - Marana Yoga	Margasira*Karttikai	Sivaloka Day

2	Friday, December 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	St. Helena, CA Sun 17 Sutra 243
	Makara Rasi: 3.28 Tithi 3 – 4	Gulika 8:30AM – 9:42AM Yama 2:27PM – 3:38PM Rahu 10:53AM – 12:04PM	Uttarashadha Until 4:44PM Dhruva Until 5:30PM Vanija Until 7:45PM Tritiya Until 8:59AM
	787937575	Ganesha: Clear <i>Sunrise: 7:19AM</i> Muruga: White <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Light Blue	Sobhana 5125 Moon 11 - Phase 34 - 17 3rd Phase
	Routine Work Marana Yoga	Margasira*Karttikai	Subha Sivaloka Day

3	Saturday, December 16, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau	St. Helena, CA Sun 18 Sutra 244
	Makara Rasi: 17.52 Tithi 4 – 5	Gulika 7:19AM – 8:31AM Yama 1:16PM – 2:27PM Rahu 9:42AM – 10:53AM	Shravana Until 3:05PM Vyaghata* Until 2:15PM Balava Until 4:02AM Sun Chaturthi* Until 6:29AM
	897937575	Ganesha: Clear <i>Sunrise: 7:19AM</i> Muruga: White <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Purple	Sobhana 5125 Moon 11 - Phase 34 - 18 3rd Phase
	Creative Work Siddha Yoga	Markali Pillaiyar	Margasira*Markali Subha Sivaloka Day

4	Sunday, December 17, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthiyam Titau	St. Helena, CA Sun 19 Sutra 245
	Kumbha Rasi: 2.15 Tithi 6	Gulika 2:28PM – 3:39PM Yama 12:05PM – 1:17PM Rahu 3:39PM – 4:50PM	Dhanishtha Until 1:23PM Harshana Until 11:04AM Kaulava Until 2:53PM Shashthi* Until 1:44AM Mon
	897937575	Ganesha: Clear <i>Sunrise: 7:20AM</i> Muruga: White <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Purple	Sobhana 5125 Moon 11 - Phase 34 - 19 3rd Phase
	Routine Work Marana Yoga Until 1:23PM Then Creative Work - Siddha Yoga	Vinayaga Viratam Ends	Margasira*Markali Subha Sivaloka Day

5	Monday, December 18, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau	St. Helena, CA Sun 20 Sutra 246
	Kumbha Rasi: 16.32 Tithi 7	Gulika 1:17PM – 2:28PM Yama 10:54AM – 12:06PM Rahu 8:32AM – 9:43AM	Shatabhishak Until 11:42AM Vajra* Until 8:00AM Gara Until 12:40PM Saptami Until 11:38PM
	897137575	Ganesha: Red <i>Sunrise: 7:21AM</i> Muruga: White <i>Sunset: 4:51PM</i> Nataraja: Purple Moon – Purple	Sobhana 5125 Moon 11 - Phase 34 - 20 3rd Phase
	Family Home Evening Creative Work Siddha Yoga Until 11:42AM Then Routine Work - Marana Yoga	Margasira*Markali	Subha Sivaloka Day

6	Tuesday, December 19, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau	St. Helena, CA Sun 21 Sutra 247
	Retreat Star Meena Rasi: 0.4 Tithi 8	Gulika 12:06PM – 1:18PM Yama 9:44AM – 10:55AM Rahu 2:29PM – 3:40PM	Purvaprosarthapada* Until 10:32AM Vyatipata* Until 2:27AM Wed Visti Until 10:41AM Ashtami* Until 9:46PM
	817137575	Ganesha: Clear <i>Sunrise: 7:21AM</i> Muruga: White <i>Sunset: 4:51PM</i> Nataraja: Purple Moon – Clear	Sobhana 5125 Moon 11 - Phase 34 - 21 Ashtami
	Routine Work Marana Yoga Until 10:32AM Then Creative Work - Amrita Yoga	Margasira*Markali	Subha Sivaloka Day

7	Wednesday, December 20, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau	St. Helena, CA Sun 22 Sutra 248
	Retreat Star Meena Rasi: 14.38 Tithi 9	Gulika 10:56AM – 12:07PM Yama 8:33AM – 9:44AM Rahu 12:07PM – 1:18PM	Uttaraprosarthapada Until 9:29AM Variyan Until 11:58PM Balava Until 8:57AM Navami* Until 8:10PM
	817137575	Ganesha: Clear <i>Sunrise: 7:22AM</i> Muruga: White <i>Sunset: 4:52PM</i> Nataraja: Purple Moon – Clear	Sobhana 5125 Moon 11 - Phase 34 - 22 Navami
	Creative Work Siddha Yoga Until 9:29AM Then Routine Work - Marana Yoga	Margasira*Markali	Subha Sivaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

1 Thursday, December 21, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam St. Helena, CA
 Revati/Ashvini Nakshatra Panigraha* Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 249

Meena Rasi: 28.28 Tithi 10
 817137575 **Gulika 9:45AM – 10:56AM** **Revati Until 8:32AM** **Ganesha: Clear** *Sunrise: 7:22AM* Sobhana 5125
 Yama 7:22AM – 8:34AM **Muruga: White** *Sunset: 4:52PM* Moon 11 - Phase 35 - 23
Rahu 1:19PM – 2:30PM Parigraha* Until 9:42PM **Nataraja: Purple** 4th Phase
 Taitila Until 7:29AM
 Creative Work Siddha Yoga **Subha Sivaloka Day**
 Until 8:32AM **Day 1 of Pancha Ganapati** **Dashami Until 6:50PM** **Margasira*Markali**
 Then Creative Work - Amrita Yoga

2 Friday, December 22, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam St. Helena, CA
 Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 250

Mesha Rasi: 12.07 Tithi 11 – 12
 828137575 **Gulika 8:34AM – 9:45AM** **Ashvini Until 8:08AM** **Ganesha: Clear** *Sunrise: 7:23AM* Sobhana 5125
 Yama 2:30PM – 3:41PM Shiva Until 7:40PM **Muruga: White** *Sunset: 4:53PM* Moon 11 - Phase 35 - 24
Rahu 10:57AM – 12:08PM Vanija Until 6:17AM **Nataraja: Purple** 4th Phase
 Creative Work Amrita Yoga **Subha Sivaloka Day**
 Until 8:08AM **Day 2 of Pancha Ganapati** **Ekadashi Until 5:46PM** **Margasira*Markali**
 Then Creative Work - Siddha Yoga

3 Saturday, December 23, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam St. Helena, CA
 Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sutra 251

Mesha Rasi: 25.37 Tithi 12 – 13
 828137575 **Gulika 7:23AM – 8:35AM** **Bharani Until 7:51AM** **Ganesha: Clear** *Sunrise: 7:23AM* Sobhana 5125
 Yama 1:20PM – 2:31PM Siddha Until 5:48PM **Muruga: White** *Sunset: 4:53PM* Moon 11 - Phase 35 - 25
Rahu 9:46AM – 10:57AM Kaulava Until 4:42AM Sun **Nataraja: Purple** 4th Phase
 Creative Work Siddha Yoga **Subha Sivaloka Day**
 Until 7:51AM **Day 3 of Pancha Ganapati** **Dvadashi Until 4:58PM** **Margasira*Markali**
 Then Creative Work - Amrita Yoga *Pradosha Vrata*

4 Sunday, December 24, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Krittika/Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sutra 252

Virshabha Rasi: 8.58 Tithi 13 – 14
 828137575 **Gulika 2:31PM – 3:43PM** **Krittika Until 7:42AM** **Ganesha: Clear** *Sunrise: 7:24AM* Sobhana 5125
 Yama 12:09PM – 1:20PM Sadhya Until 4:12PM **Muruga: White** *Sunset: 4:54PM* Moon 11 - Phase 35 - 26
Rahu 3:43PM – 4:54PM Gara Until 4:22AM Mon **Nataraja: Purple** 4th Phase
 Creative Work Siddha Yoga **Subha Sivaloka Day**
Day 4 of Pancha Ganapati **Trayodashi Until 4:28PM** **Margasira*Markali**

5 Monday, December 25, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
 Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 253

Virshabha Rasi: 22.08 Tithi 14 – 15
 838137575 **Gulika 1:21PM – 2:32PM** **Rohini Until 8:10AM** **Ganesha: White** *Sunrise: 7:24AM* Sobhana 5125
Family Home Evening Yama 10:58AM – 12:09PM Subha Until 2:53PM **Muruga: White** *Sunset: 4:54PM* Moon 11 - Phase 35 - 27
Rahu 8:35AM – 9:47AM Visti Until 4:25AM Tue **Nataraja: Purple** 4th Phase
 Creative Work Amrita Yoga **Sivaloka Day**
Day 5 of Pancha Ganapati **Chaturdashi* Until 4:19PM** **Margasira*Markali**

○ Tuesday, December 26, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam St. Helena, CA
Copper Retreat Star Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 254

Mithuna Rasi: 5.07 Tithi 15 – 16
 838137576 **Gulika 12:10PM – 1:21PM** **Mrigashira Until 8:52AM** **Ganesha: White** *Sunrise: 7:25AM* Sobhana 5125
 Yama 9:47AM – 10:58AM Sukla Until 1:51PM **Muruga: White** *Sunset: 4:55PM* Moon 11 - Phase 35 -
Rahu 2:32PM – 3:44PM Balava Until 4:54AM Wed **Nataraja: Clear** Purnima
 Creative Work Siddha Yoga **Devaloka Day**
 Until 8:52AM **Purnima* Until 4:35PM** **Margasira*Markali**
 Then Routine Work - Marana Yoga **Ardra Darshanam**

Wednesday, December 27, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam St. Helena, CA
Silver Retreat Star Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau Sun 29 Sutra 255

Mithuna Rasi: 17.53 Tithi 16 – 17
 838137576 **Gulika 10:59AM – 12:10PM** **Ardra Until 9:49AM** **Ganesha: White** *Sunrise: 7:25AM* Sobhana 5125
 Yama 8:36AM – 9:48AM Brahma Until 1:10PM **Muruga: White** *Sunset: 4:56PM* Moon 11 - Phase 35 -
Rahu 12:10PM – 1:22PM Taitila Until 5:51AM Thu **Nataraja: Clear** Prathama
 Creative Work Siddha Yoga **Prathama* Until 5:18PM** **Margasira*Markali** **Devaloka Day**

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

Thursday, December 28, 2023
Gold Retreat Star

Kataka Rasi: 0.26 Tithi 17
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara Karana Dvitiyayam Titau
Gulika 9:48AM – 10:59AM
 Yama 7:25AM – 8:37AM
 849137576 **Rahu 1:22PM – 2:34PM**
Punarvasu Until 11:34AM
 Indra Until 12:52PM
 Gara Until 6:30PM
Dvitiya Until 6:30PM

St. Helena, CA Sun 1 Sutra 256
 Sobhana 5125
Ganesha: Blue Sunrise: 7:25AM
Muruga: White Sunset: 4:56PM Moon 12 - Phase 36 - 1
Nataraja: Clear 1st Phase
 Moon – Blue
Subha Sivaloka Day
Margasira*Markali

1 Friday, December 29, 2023

Kataka Rasi: 12.47 Tithi 18
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 8:37AM – 9:48AM
 Yama 2:34PM – 3:46PM
 849137576 **Rahu 11:00AM – 12:11PM**
Pushya Until 1:38PM
 Vaidhriti* Until 12:56PM
 Vanija Until 7:19AM
Tritiya Until 8:13PM

St. Helena, CA Sun 2 Sutra 257
 Sobhana 5125
Ganesha: Blue Sunrise: 7:25AM
Muruga: White Sunset: 4:57PM Moon 12 - Phase 36 - 2
Nataraja: Clear 1st Phase
 Moon – Blue
Subha Sivaloka Day
Margasira*Markali

2 Saturday, December 30, 2023

Kataka Rasi: 24.55 Tithi 19
 Routine Work Marana Yoga
 Until 3:59PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 7:26AM – 8:37AM
 Yama 1:23PM – 2:35PM
 849137576 **Rahu 9:49AM – 11:00AM**
Ashlesha* Until 3:59PM
 Vishkambha* Until 1:22PM
 Bava Until 9:17AM
Chaturthi* Until 10:24PM

St. Helena, CA Sun 3 Sutra 258
 Sobhana 5125
Ganesha: Blue Sunrise: 7:26AM
Muruga: White Sunset: 4:58PM Moon 12 - Phase 36 - 3
Nataraja: Clear 1st Phase
 Moon – Blue
Subha Sivaloka Day
Margasira*Markali

3 Sunday, December 31, 2023

Simha Rasi: 6.53 Tithi 20
 Routine Work Marana Yoga
 Until 7:02PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 2:35PM – 3:47PM
 Yama 12:12PM – 1:24PM
 859137576 **Rahu 3:47PM – 4:59PM**
Magha* Until 7:02PM
 Priti Until 2:06PM
 Kaulava Until 11:39AM
Panchami Until 12:55AM Mon

St. Helena, CA Sun 4 Sutra 259
 Sobhana 5125
Ganesha: Red Sunrise: 7:26AM
Muruga: White Sunset: 4:59PM Moon 12 - Phase 36 - 4
Nataraja: Clear 1st Phase
 Moon – Red
Sivaloka Day
Margasira*Markali

4 Monday, January 1, 2024

Simha Rasi: 18.44 Tithi 21
Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:25PM – 2:37PM
 Yama 11:01AM – 12:13PM
 859137576 **Rahu 8:38AM – 9:50AM**
Purvaphalguni Until 10:07PM
 Ayushman Until 3:00PM
 Gara Until 2:17PM
Shashthi* Until 3:37AM Tue

St. Helena, CA Sun 5 Sutra 260
 Sobhana 5125
Ganesha: Red Sunrise: 7:26AM
Muruga: White Sunset: 5:00PM Moon 12 - Phase 36 - 5
Nataraja: Clear 1st Phase
 Moon – Red
Sivaloka Day
Margasira*Markali

5 Tuesday, January 2, 2024

Kanya Rasi: 0.32 Tithi 22
 Creative Work Amrita Yoga
 Until 1:02AM Wed
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttarahalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 12:14PM – 1:26PM
 Yama 9:50AM – 11:02AM
 859137576 **Rahu 2:37PM – 3:49PM**
Uttarahalguni Until 1:02AM Wed
 Saubhagya Until 3:57PM
 Visti Until 4:59PM
Saptami Until 6:16AM Wed

St. Helena, CA Sun 6 Sutra 261
 Sobhana 5125
Ganesha: Red Sunrise: 7:26AM
Muruga: White Sunset: 5:01PM Moon 12 - Phase 36 - 6
Nataraja: Clear 1st Phase
 Moon – Red
Sivaloka Day
Margasira*Markali

Wednesday, January 3, 2024
Retreat Star

Kanya Rasi: 12.22 Tithi 22 – 23
 Routine Work Marana Yoga
 Until 4:01AM Thu
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 11:02AM – 12:14PM
 Yama 8:38AM – 9:50AM
 869137576 **Rahu 12:14PM – 1:26PM**
Hasta Until 4:01AM Thu
 Sobhana Until 4:47PM
 Balava Until 7:30PM
Saptami Until 6:16AM

St. Helena, CA Sun 7 Sutra 262
 Sobhana 5125
Ganesha: Green Sunrise: 7:26AM
Muruga: White Sunset: 5:02PM Moon 12 - Phase 36 - 7
Nataraja: Clear Ashtami
 Moon – Green
Subha Sivaloka Day
Margasira*Markali

Thursday, January 4, 2024
Retreat Star

Kanya Rasi: 24.19 Tithi 23 – 24
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 9:51AM – 11:03AM
 Yama 7:26AM – 8:38AM
 869137576 **Rahu 1:27PM – 2:39PM**
Chitra Until 6:18AM Fri
 Athiganda* Until 5:16PM
 Taitila Until 9:32PM
Ashtami* Until 8:34AM

St. Helena, CA Sun 8 Sutra 263
 Sobhana 5125
Ganesha: Green Sunrise: 7:26AM
Muruga: White Sunset: 5:03PM Moon 12 - Phase 36 - 8
Nataraja: Clear Navami
 Moon – Green
Subha Sivaloka Day
Margasira*Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 9 Sutra 264	
Tula Rasi: 6.3	Tithi 24 – 25	Gulika 8:39AM – 9:51AM	Chitra Until 6:18AM	Ganesha: Orange <i>Sunrise:</i> 7:26AM	Sobhana 5125
		Yama 2:39PM – 3:52PM	Sukarma Until 5:16PM	Muruga: White <i>Sunset:</i> 5:04PM	Moon 12 - Phase 37 - 9
Creative Work	Siddha Yoga	861137576 Rahu 11:03AM – 12:15PM	Vanija Until 10:53PM	Nataraja: Clear	2nd Phase
				Moon – Green	Sivaloka Day
		Subramuniyaswami Jayanti	Navami* Until 10:17AM	Margasira*Markali	

2 Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 10 Sutra 265	
Tula Rasi: 18.59	Tithi 25 – 26	Gulika 7:26AM – 8:39AM	Svati Until 7:44AM	Ganesha: Orange <i>Sunrise:</i> 7:26AM	Sobhana 5125
		Yama 1:28PM – 2:40PM	Dhriti Until 4:40PM	Muruga: White <i>Sunset:</i> 5:05PM	Moon 12 - Phase 37 - 10
Creative Work	Siddha Yoga	861137576 Rahu 9:51AM – 11:03AM	Bava Until 11:23PM	Nataraja: Clear	2nd Phase
				Moon – Green	Sivaloka Day
			Dashami Until 11:13AM	Margasira*Markali	

3 Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 11 Sutra 266	
Vrischika Rasi: 1.53	Tithi 26 – 27	Gulika 2:41PM – 3:53PM	Vishakha Until 8:38AM	Ganesha: Light Blue <i>Sunrise:</i> 7:26AM	Sobhana 5125
		Yama 12:16PM – 1:28PM	Shula* Until 3:21PM	Muruga: White <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37 - 11
Routine Work	Marana Yoga	871137576 Rahu 3:53PM – 5:06PM	Kaulava Until 11:01PM	Nataraja: Clear	2nd Phase
				Moon – Orange	Devaloka Day
			Ekadashi* Until 11:17AM	Margasira*Markali	

4 Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 12 Sutra 267	
Vrischika Rasi: 15.13	Tithi 27 – 28	Gulika 1:29PM – 2:41PM	Anuradha Until 8:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:26AM	Sobhana 5125
Family Home Evening		Yama 11:04AM – 12:16PM	Ganda* Until 1:24PM	Muruga: White <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37 - 12
Creative Work	Siddha Yoga	871137576 Rahu 8:39AM – 9:51AM	Gara Until 9:49PM	Nataraja: Clear	2nd Phase
				Moon – Orange	Devaloka Day
			Dvadashi* Until 10:30AM	Margasira*Markali	
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 13 Sutra 268	
Vrischika Rasi: 29.01	Tithi 28 – 29	Gulika 12:17PM – 1:29PM	Jyeshtha* Until 7:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:26AM	Sobhana 5125
		Yama 9:51AM – 11:04AM	Vridhhi Until 10:51AM	Muruga: White <i>Sunset:</i> 5:07PM	Moon 12 - Phase 37 - 13
Routine Work	Marana Yoga	871137576 Rahu 2:42PM – 3:55PM	Visti Until 7:53PM	Nataraja: Clear	2nd Phase
Until 7:32AM				Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga			Trayodashi* Until 8:55AM	Margasira*Markali	

Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		St. Helena, CA Sun 14 Sutra 269	
Retreat Star		Gulika 11:04AM – 12:17PM	Mula* Until 6:09AM	Ganesha: Purple <i>Sunrise:</i> 7:26AM	Sobhana 5125
Dhanus Rasi: 13.14	Tithi 29 – 30	Yama 8:39AM – 9:52AM	Dhruva Until 7:46AM	Muruga: White <i>Sunset:</i> 5:08PM	Moon 12 - Phase 37 - 14
Routine Work	Marana Yoga	881137576 Rahu 12:17PM – 1:30PM	Naga Until 3:58AM Thu	Nataraja: Clear	Amavasya
Until 6:09AM				Moon – Light Blue	Devaloka Day
Then Creative Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)	Chaturdashi* Until 6:41AM	Margasira*Markali	

Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 15 Sutra 270	
Retreat Star		Gulika 9:52AM – 11:05AM	Uttarashadha Until 1:41AM Fri	Ganesha: Purple <i>Sunrise:</i> 7:26AM	Sobhana 5125
Dhanus Rasi: 27.47	Tithi 1	Yama 7:26AM – 8:39AM	Harshana Until 12:36AM Fri	Muruga: White <i>Sunset:</i> 5:09PM	Moon 12 - Phase 37 - 15
Routine Work	Marana Yoga	881137576 Rahu 1:31PM – 2:44PM	Kintughna Until 2:30PM	Nataraja: Clear	Prathama
				Moon – Light Blue	Devaloka Day
			Prathama* Until 12:56AM Fri	Pausha*Markali	

1		Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Helena, CA Sun 16 Sutra 271	
Makara Rasi: 12.34	Tithi 2	Gulika 8:39AM – 9:52AM	Shravana Until 11:21PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	Sobhana 5125	
		Yama 2:44PM – 3:57PM	Vajra* Until 8:44PM	Muruga: White	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 38 - 16	
		891237576 Rahu 11:05AM – 12:18PM	Balava Until 11:21AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 9:44PM	Moon – Purple		Devaloka Day	
Until 11:21PM				Pausha*Markali			
Then Creative Work - Siddha Yoga							
2		Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		St. Helena, CA Sun 17 Sutra 272	
Makara Rasi: 27.26	Tithi 3	Gulika 7:25AM – 8:38AM	Dhanishtha Until 8:54PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	Sobhana 5125	
		Yama 1:32PM – 2:45PM	Siddhi Until 8:54PM	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 38 - 17	
		891237576 Rahu 9:52AM – 11:05AM	Taitila Until 8:09AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 6:33PM	Moon – Purple		Devaloka Day	
Until 8:54PM				Pausha*Markali			
Then Creative Work - Amrita Yoga							
3		Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 18 Sutra 273	
Kumbha Rasi: 12.15	Tithi 4 – 5	Gulika 2:46PM – 3:59PM	Shatabhishak Until 6:30PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	Sobhana 5125	
		Yama 12:19PM – 1:32PM	Vyatipata* Until 1:11PM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 38 - 18	
		891237576 Rahu 3:59PM – 5:13PM	Bava Until 2:09AM Mon	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 3:32PM	Moon – Purple		Devaloka Day	
		Thai Pongal		Pausha*Thai			
4		Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 19 Sutra 274	
Kumbha Rasi: 26.53	Tithi 5 – 6	Gulika 1:33PM – 2:46PM	Purvaproshtapada* Until 4:40PM	Ganesha: White	<i>Sunrise:</i> 7:25AM	Sobhana 5125	
Family Home Evening		Yama 11:05AM – 12:19PM	Variyan Until 9:41AM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 38 - 19	
		812237576 Rahu 8:38AM – 9:52AM	Kaulava Until 11:36PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 12:48PM	Moon – Clear		Devaloka Day	
Until 4:40PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
5		Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 20 Sutra 275	
Meena Rasi: 11.16	Tithi 6 – 7	Gulika 12:19PM – 1:33PM	Uttaraproshtapada Until 3:07PM	Ganesha: White	<i>Sunrise:</i> 7:24AM	Sobhana 5125	
		Yama 9:52AM – 11:06AM	Parigha* Until 6:30AM	Muruga: White	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 38 - 20	
		812237576 Rahu 2:47PM – 4:01PM	Gara Until 9:29PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 10:28AM	Moon – Clear		Devaloka Day	
Until 3:07PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 276	
Meena Rasi: 25.21	Tithi 7 – 8	Gulika 11:06AM – 12:20PM	Revati Until 1:53PM	Ganesha: White	<i>Sunrise:</i> 7:24AM	Sobhana 5125	
		Yama 8:38AM – 9:52AM	Siddha Until 1:15AM Thu	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 38 - 21	
		812237576 Rahu 12:20PM – 1:34PM	Visti Until 7:52PM	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 8:36AM	Moon – Clear		Devaloka Day	
				Pausha*Thai			
Retreat Star		Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 22 Sutra 277	
Meshha Rasi: 9.07	Tithi 8 – 9	Gulika 9:52AM – 11:06AM	Ashvini Until 1:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM	Sobhana 5125	
		Yama 7:23AM – 8:37AM	Sadhya Until 11:13PM	Muruga: White	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 38 - 22	
		822237576 Rahu 1:34PM – 2:48PM	Balava Until 6:45PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 7:14AM	Moon – White		Sivaloka Day	
Until 1:26PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

1 Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 278	
Mesha Rasi: 22.35	Tithi 9 – 10	Gulika 8:37AM – 9:52AM	Bharani Until 1:19PM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM	Sobhana 5125
		Yama 2:49PM – 4:04PM	Subha Until 9:35PM	Muruga: White <i>Sunset:</i> 5:18PM	Moon 12 - Phase 39 - 23
		822237576 Rahu 11:06AM – 12:20PM	Taitila Until 6:08PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:22AM	Moon – White	Sivaloka Day
				Pausha*Thai	

2 Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 279	
Vrishabha Rasi: 5.49	Tithi 11	Gulika 7:22AM – 8:37AM	Krittika Until 1:30PM	Ganesha: Yellow <i>Sunrise:</i> 7:22AM	Sobhana 5125
		Yama 1:35PM – 2:50PM	Sukla Until 8:17PM	Muruga: White <i>Sunset:</i> 5:19PM	Moon 12 - Phase 39 - 24
		822237576 Rahu 9:51AM – 11:06AM	Vanija Until 5:57PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:00AM Sun	Moon – White	Sivaloka Day
				Pausha*Thai	

3 Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 280	
Vrishabha Rasi: 18.49	Tithi 11 – 12	Gulika 2:51PM – 4:05PM	Rohini Until 2:24PM	Ganesha: Blue <i>Sunrise:</i> 7:22AM	Sobhana 5125
		Yama 12:21PM – 1:36PM	Brahma Until 7:17PM	Muruga: White <i>Sunset:</i> 5:20PM	Moon 12 - Phase 39 - 25
		832237576 Rahu 4:05PM – 5:20PM	Bava Until 6:11PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:00AM	Moon – Yellow	Devaloka Day
				Pausha*Thai	

4 Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 281	
Mithuna Rasi: 1.38	Tithi 12 – 13	Gulika 1:36PM – 2:51PM	Mrigashira Until 3:30PM	Ganesha: Blue <i>Sunrise:</i> 7:21AM	Sobhana 5125
Family Home Evening		Yama 11:06AM – 12:21PM	Indra Until 6:36PM	Muruga: White <i>Sunset:</i> 5:21PM	Moon 12 - Phase 39 - 26
Creative Work	Amrita Yoga	832237576 Rahu 8:36AM – 9:51AM	Kaulava Until 6:48PM	Nataraja: Clear	4th Phase
Until 3:30PM			Dvadashi Until 6:25AM	Moon – Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Pausha*Thai	
				Pradosha Vrata	

5 Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 282	
Mithuna Rasi: 14.16	Tithi 13 – 14	Gulika 12:21PM – 1:37PM	Ardra Until 4:48PM	Ganesha: Blue <i>Sunrise:</i> 7:21AM	Sobhana 5125
		Yama 9:51AM – 11:06AM	Vaidhriti* Until 6:10PM	Muruga: White <i>Sunset:</i> 5:22PM	Moon 12 - Phase 39 - 27
		832237576 Rahu 2:52PM – 4:07PM	Gara Until 7:46PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Trayodashi Until 7:13AM	Moon – Yellow	Devaloka Day
Until 4:48PM				Pausha*Thai	
Then Creative Work - Siddha Yoga					

Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		St. Helena, CA Sutra 283	
Copper Retreat Star		Gulika 11:06AM – 12:22PM	Punarvasu Until 6:47PM	Ganesha: Red <i>Sunrise:</i> 7:20AM	Sobhana 5125
Mithuna Rasi: 26.44	Tithi 14 – 15	Yama 8:35AM – 9:51AM	Vishkambha* Until 6:02PM	Muruga: White <i>Sunset:</i> 5:23PM	Moon 12 - Phase 39 - Purnima
		842237576 Rahu 12:22PM – 1:37PM	Visti Until 9:07PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:23AM	Moon – Blue	Sivaloka Day
				Pausha*Thai	

Thursday, January 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Helena, CA Sutra 284	
Silver Retreat Star		Gulika 9:51AM – 11:06AM	Pushya Until 8:57PM	Ganesha: Blue <i>Sunrise:</i> 7:19AM	Sobhana 5125
Kataka Rasi: 9.04	Tithi 15 – 16	Yama 7:19AM – 8:35AM	Priti Until 6:11PM	Muruga: White <i>Sunset:</i> 5:25PM	Moon 12 - Phase 39 - Prathama
		942237576 Rahu 1:38PM – 2:53PM	Balava Until 10:50PM	Nataraja: Clear	
Creative Work	Amrita Yoga		Purnima* Until 9:55AM	Moon – Blue	Devaloka Day
Until 8:57PM		Thai Pusam		Pausha*Thai	
Then Creative Work - Siddha Yoga					

Friday, January 26, 2024
Gold Retreat Star

Kataka Rasi: 21.13 Tithi 16 – 17

942237576

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Ashlesha* Nakshatra Ayushman Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Gulika 8:34AM – 9:50AM **Ashlesha* Until 11:19PM**

Yama 2:54PM – 4:10PM

Rahu 11:06AM – 12:22PM

Ayushman Until 6:35PM
 Tailila Until 12:56AM Sat
Prathama* Until 11:49AM

Ganesha: Blue *Sunrise:* 7:19AM

Muruga: White *Sunset:* 5:26PM

Nataraja: Clear

Moon – Blue
Pausha*Thai

Devaloka Day

St. Helena, CA
 Sutra 285
 Sobhana 5125

Moon 13 - Phase 40 - 1st Phase

1 **Saturday, January 27, 2024**

Simha Rasi: 3.14 Tithi 17 – 18

952237576

Creative Work Amrita Yoga
 Until 2:19AM Sun
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:18AM – 8:34AM **Magha* Until 2:19AM Sun**

Yama 1:38PM – 2:55PM

Rahu 9:50AM – 11:06AM

Saubhagya Until 7:16PM
 Vanija Until 3:21AM Sun
Dvitiya Until 2:05PM

Ganesha: Red *Sunrise:* 7:18AM

Muruga: White *Sunset:* 5:27PM

Nataraja: Clear

Moon – Red
Pausha*Thai

Sivaloka Day

St. Helena, CA
 Sun 1
 Sutra 286

Sobhana 5125

Moon 13 - Phase 40 - 1st Phase

2 **Sunday, January 28, 2024**

Simha Rasi: 15.08 Tithi 18 – 19

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:55PM – 4:12PM **Purvaphalguni Until 5:23AM Mon**

Yama 12:22PM – 1:39PM

Rahu 4:12PM – 5:28PM

Sobhana Until 8:09PM
 Bava Until 6:00AM Mon
Tritiya Until 4:38PM

Ganesha: Red *Sunrise:* 7:17AM

Muruga: White *Sunset:* 5:28PM

Nataraja: Clear

Moon – Red
Pausha*Thai

Sivaloka Day

St. Helena, CA
 Sun 2
 Sutra 287

Sobhana 5125

Moon 13 - Phase 40 - 2nd Phase

3 **Monday, January 29, 2024**

Simha Rasi: 26.58 Tithi 19

953237576

Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:39PM – 2:56PM **Uttaraphalguni Until 8:22AM Tue**

Yama 11:06AM – 12:23PM

Rahu 8:33AM – 9:49AM

Athiganda* Until 9:08PM
 Bava Until 6:00AM
Chaturthi* Until 7:22PM

Ganesha: Yellow *Sunrise:* 7:16AM

Muruga: White *Sunset:* 5:29PM

Nataraja: Clear

Moon – Red
Pausha*Thai

Sivaloka Day

St. Helena, CA
 Sun 3
 Sutra 288

Sobhana 5125

Moon 13 - Phase 40 - 3rd Phase

4 **Tuesday, January 30, 2024**

Kanya Rasi: 8.44 Tithi 20

953237576

Creative Work Amrita Yoga
 Until 8:22AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 12:23PM – 1:40PM **Uttaraphalguni Until 8:22AM**

Yama 9:49AM – 11:06AM

Rahu 2:57PM – 4:13PM

Sukarma Until 10:07PM
 Kaulava Until 8:45AM
Panchami Until 10:05PM

Ganesha: Yellow *Sunrise:* 7:15AM

Muruga: White *Sunset:* 5:30PM

Nataraja: Clear

Moon – Red
Pausha*Thai

Sivaloka Day

St. Helena, CA
 Sun 4
 Sutra 289

Sobhana 5125

Moon 13 - Phase 40 - 4th Phase

5 **Wednesday, January 31, 2024**

Kanya Rasi: 20.33 Tithi 21

963237576

Routine Work Marana Yoga
 Until 11:36AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Dhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:06AM – 12:23PM **Hasta Until 11:36AM**

Yama 8:32AM – 9:49AM

Rahu 12:23PM – 1:40PM

Dhriti Until 10:56PM
 Gara Until 11:24AM
Shashthi* Until 12:34AM Thu

Ganesha: White *Sunrise:* 7:15AM

Muruga: White *Sunset:* 5:31PM

Nataraja: Clear

Moon – Green
Pausha*Thai

Devaloka Day

St. Helena, CA
 Sun 5
 Sutra 290

Sobhana 5125

Moon 13 - Phase 40 - 5th Phase

6 **Thursday, February 1, 2024**

Tula Rasi: 2.29 Tithi 22

963237576

Creative Work Siddha Yoga
 Until 2:19PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:49AM – 11:06AM **Chitra Until 2:19PM**

Yama 7:15AM – 8:32AM

Rahu 1:40PM – 2:57PM

Shula* Until 11:24PM
 Visti Until 1:41PM
Saptami Until 2:35AM Fri

Ganesha: White *Sunrise:* 7:15AM

Muruga: White *Sunset:* 5:31PM

Nataraja: Clear

Moon – Green
Pausha*Thai

Devaloka Day

St. Helena, CA
 Sun 6
 Sutra 291

Sobhana 5125

Moon 13 - Phase 40 - 6th Phase

Retreat Star **Friday, February 2, 2024**

Tula Rasi: 14.37 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:31AM – 9:48AM **Svati Until 4:19PM**

Yama 2:58PM – 4:15PM

Rahu 11:06AM – 12:23PM

Ganda* Until 11:22PM
 Balava Until 3:22PM
Ashtami* Until 3:55AM Sat

Ganesha: White *Sunrise:* 7:14AM

Muruga: White *Sunset:* 5:33PM

Nataraja: Clear

Moon – Green
Pausha*Thai

Devaloka Day

St. Helena, CA
 Sun 7
 Sutra 292

Sobhana 5125

Moon 13 - Phase 40 - 7th Phase

Retreat Star **Saturday, February 3, 2024**

Tula Rasi: 27.02 Tithi 24

973237577

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Vriddhi* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 7:13AM – 8:30AM **Vishakha Until 5:52PM**

Yama 1:41PM – 2:58PM

Rahu 9:48AM – 11:06AM

Vriddhi Until 10:43PM
 Tailila Until 4:17PM
Navami* Until 4:23AM Sun

Ganesha: Clear *Sunrise:* 7:13AM

Muruga: White *Sunset:* 5:34PM

Nataraja: Orange

Moon – Orange
Pausha*Thai

Sivaloka Day

St. Helena, CA
 Sun 8
 Sutra 293

Sobhana 5125

Moon 13 - Phase 40 - 8th Phase

Navami

1	Sunday, February 4, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam	St. Helena, CA
		Anuradha Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Sun 9 Sutra 294
	Vrischika Rasi: 9.51 Tithi 25	Gulika 2:59PM – 4:17PM	Anuradha Until 6:24PM
	973237577	Yama 12:23PM – 1:41PM	Dhruva Until 9:21PM
Routine Work Marana Yoga	Rahu 4:17PM – 5:35PM	Vanija Until 4:17PM	
		Dashami Until 3:56AM Mon	
		Ganesha: Clear Sunrise: 7:12AM	
		Muruga: White Sunset: 5:35PM	Moon 13 - Phase 41 - 9
		Nataraja: Orange Moon – Orange	2nd Phase
		Pausha*Thai	Sivaloka Day

2	Monday, February 5, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam	St. Helena, CA
		Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Sun 10 Sutra 295
	Vrischika Rasi: 23.08 Tithi 26	Gulika 1:42PM – 3:00PM	Jyeshtha* Until 5:55PM
	973237577	Yama 11:05AM – 12:23PM	Vyaghata* Until 7:18PM
Family Home Evening	Rahu 8:29AM – 9:47AM	Bava Until 3:24PM	
Creative Work Siddha Yoga		Ekadashi* Until 2:37AM Tue	
		Ganesha: Clear Sunrise: 7:11AM	Sobhana 5125
		Muruga: White Sunset: 5:36PM	Moon 13 - Phase 41 - 10
		Nataraja: Orange Moon – Orange	2nd Phase
		Pausha*Thai	Sivaloka Day

3	Tuesday, February 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam	St. Helena, CA
		Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sun 11 Sutra 296
	Dhanus Rasi: 6.54 Tithi 27	Gulika 12:23PM – 1:42PM	Mula* Until 4:55PM
	983337577	Yama 9:47AM – 11:05AM	Harshana Until 4:36PM
Creative Work Amrita Yoga	Rahu 3:00PM – 4:19PM	Kaulava Until 1:40PM	
Until 4:55PM		Dvadashi* Until 12:31AM Wed	
Then Creative Work - Siddha Yoga		Ganesha: Light Blue Sunrise: 7:10AM	Sobhana 5125
		Muruga: White Sunset: 5:37PM	Moon 13 - Phase 41 - 11
		Nataraja: Orange Moon – Light Blue	2nd Phase
		Pausha*Thai	Devaloka Day

4	Wednesday, February 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam	St. Helena, CA
		Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 12 Sutra 297
	Dhanus Rasi: 21.09 Tithi 28	Gulika 11:05AM – 12:24PM	Purvashadha* Until 3:04PM
	983337577	Yama 8:28AM – 9:46AM	Vajra* Until 1:19PM
Creative Work Amrita Yoga	Rahu 12:24PM – 1:42PM	Gara Until 11:13AM	
		Trayodashi* Until 9:46PM	
		Ganesha: Light Blue Sunrise: 7:09AM	Sobhana 5125
		Muruga: White Sunset: 5:38PM	Moon 13 - Phase 41 - 12
		Nataraja: Orange Moon – Light Blue	2nd Phase
		Pausha*Thai	Devaloka Day
		<i>Pradosha Vrata (Fasting)</i>	

5	Thursday, February 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	St. Helena, CA
		Uttarashadha*/Shravana Nakshatra Siddhi*/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 13 Sutra 298
	Makara Rasi: 5.5 Tithi 29	Gulika 9:46AM – 11:05AM	Uttarashadha Until 12:34PM
	983337577	Yama 7:08AM – 8:27AM	Siddhi Until 9:37AM
Routine Work Marana Yoga	Rahu 1:43PM – 3:01PM	Visti Until 8:13AM	
Until 12:34PM		Chaturdashi* Until 6:32PM	
Then Creative Work - Siddha Yoga		Ganesha: Light Blue Sunrise: 7:08AM	Sobhana 5125
		Muruga: White Sunset: 5:39PM	Moon 13 - Phase 41 - 13
		Nataraja: Orange Moon – Light Blue	2nd Phase
		Pausha*Thai	Devaloka Day

●	Friday, February 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam	St. Helena, CA
		Shravana/Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sun 14 Sutra 299
	Makara Rasi: 20.49 Tithi 30 – 1	Gulika 8:26AM – 9:45AM	Shravana Until 9:59AM
	993337577	Yama 3:02PM – 4:21PM	Variyan Until 1:24AM Sat
Routine Work Marana Yoga	Rahu 11:04AM – 12:24PM	Kintughna Until 1:12AM Sat	
Until 9:59AM		Amavasya* Until 3:00PM	
Then Creative Work - Siddha Yoga		Ganesha: Purple Sunrise: 7:07AM	Sobhana 5125
		Muruga: White Sunset: 5:40PM	Moon 13 - Phase 41 - 14
		Nataraja: Orange Moon – Purple	Amavasya
		Pausha*Thai	Devaloka Day

●	Saturday, February 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam	St. Helena, CA
		Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sun 15 Sutra 300
	Kumbha Rasi: 5.58 Tithi 1 – 2	Gulika 7:06AM – 8:25AM	Dhanishtha Until 7:05AM
	993337577	Yama 1:43PM – 3:03PM	Parigha* Until 9:10PM
Creative Work Siddha Yoga	Rahu 9:45AM – 11:04AM	Balava Until 9:32PM	
Until 7:05AM		Prathama* Until 11:21AM	
Then Creative Work - Amrita Yoga		Ganesha: Purple Sunrise: 7:06AM	Sobhana 5125
		Muruga: White Sunset: 5:42PM	Moon 13 - Phase 41 - 15
		Nataraja: Orange Moon – Purple	Prathama
		Magha*Thai	Devaloka Day

1 Sunday, February 11, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 301
 Kumbha Rasi: 21.07 Tithi 2 - 3 **Gulika** 3:03PM - 4:23PM **Purvaproshtapada* Until 1:29AM Mon** **Ganesha:** Clear *Sunrise:* 7:05AM Sobhana 5125
 913337577 **Yama** 12:24PM - 1:43PM **Shiva Until 5:03PM** **Muruga:** White *Sunset:* 5:43PM Moon 13 - Phase 42 - 16
Rahu 4:23PM - 5:43PM **Taitila Until 6:00PM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 7:44AM** **Moon - Clear** **Sivaloka Day**
Magha*Thai

2 Monday, February 12, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
 Uttaproshtapada Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturtham Titau Sun 17 Sutra 302
 Meena Rasi: 6.07 Tithi 4 **Gulika** 1:44PM - 3:04PM **Uttaproshtapada Until 11:07PM** **Ganesha:** Orange *Sunrise:* 7:04AM Sobhana 5125
 914337577 **Yama** 11:04AM - 12:24PM **Siddha Until 1:08PM** **Muruga:** White *Sunset:* 5:44PM Moon 13 - Phase 42 - 17
Rahu 8:24AM - 9:44AM **Vanija Until 2:44PM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Chaturthi* Until 1:15AM Tue** **Moon - Clear** **Sivaloka Day**
Magha*Thai

3 Tuesday, February 13, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam St. Helena, CA
 Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 303
 Meena Rasi: 20.5 Tithi 5 **Gulika** 12:24PM - 1:44PM **Revati Until 9:04PM** **Ganesha:** Orange *Sunrise:* 7:02AM Sobhana 5125
 914337577 **Yama** 9:43AM - 11:03AM **Sadhya Until 9:34AM** **Muruga:** White *Sunset:* 5:45PM Moon 13 - Phase 42 - 18
Rahu 3:04PM - 4:25PM **Bava Until 11:54AM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Panchami Until 10:40PM** **Moon - Clear** **Sivaloka Day**
Magha*Masi

4 Wednesday, February 14, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam St. Helena, CA
 Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau Sun 19 Sutra 304
 Mesha Rasi: 5.12 Tithi 6 **Gulika** 11:03AM - 12:24PM **Ashvini Until 7:53PM** **Ganesha:** Green *Sunrise:* 7:01AM Sobhana 5125
 924347577 **Yama** 8:22AM - 9:42AM **Subha Until 6:27AM** **Muruga:** Clear *Sunset:* 5:46PM Moon 13 - Phase 42 - 19
Rahu 12:24PM - 1:44PM **Kaulava Until 9:37AM** **Nataraja:** Orange 3rd Phase
 Routine Work Marana Yoga **Shashthi* Until 8:41PM** **Moon - White** **Bhuloka Day**
 Until 7:53PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Creative Work - Siddha Yoga

5 Thursday, February 15, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam St. Helena, CA
 Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 305
 Mesha Rasi: 19.09 Tithi 7 **Gulika** 9:42AM - 11:03AM **Bharani Until 7:13PM** **Ganesha:** Green *Sunrise:* 7:00AM Sobhana 5125
 924347577 **Yama** 7:00AM - 8:21AM **Brahma Until 1:43AM Fri** **Muruga:** Clear *Sunset:* 5:47PM Moon 13 - Phase 42 - 20
Rahu 1:44PM - 3:05PM **Gara Until 7:58AM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Saptami Until 7:22PM** **Moon - White** **Bhuloka Day**
 Until 7:13PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga

Friday, February 16, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam St. Helena, CA
 Kritika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 306
Retreat Star **Gulika** 8:20AM - 9:41AM **Krittika Until 7:04PM** **Ganesha:** Green *Sunrise:* 6:59AM Sobhana 5125
 Vrishabha Rasi: 2.41 Tithi 8 **Yama** 3:06PM - 4:27PM **Indra Until 12:11AM Sat** **Muruga:** Clear *Sunset:* 5:48PM Moon 13 - Phase 42 - 21
 924347577 **Rahu** 11:02AM - 12:24PM **Visti Until 6:59AM** **Nataraja:** Orange Ashtami
 Creative Work Siddha Yoga **Ashtami* Until 6:44PM** **Moon - White** **Bhuloka Day**
 Until 7:04PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga

Saturday, February 17, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam St. Helena, CA
 Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 307
Retreat Star **Gulika** 6:58AM - 8:19AM **Rohini Until 7:51PM** **Ganesha:** Red *Sunrise:* 6:58AM Sobhana 5125
 Vrishabha Rasi: 15.52 Tithi 9 **Yama** 1:45PM - 3:06PM **Vaidhriti* Until 11:06PM** **Muruga:** Clear *Sunset:* 5:49PM Moon 13 - Phase 42 - 22
 934347577 **Rahu** 9:41AM - 11:02AM **Balava Until 6:41AM** **Nataraja:** Orange Navami
 Creative Work Amrita Yoga **Navami* Until 6:45PM** **Moon - Yellow** **Devaloka Day**
 Until 7:51PM **Magha*Masi**
 Then Creative Work - Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau			St. Helena, CA Sun 23 Sutra 308
	Vrishabha Rasi: 28.44 Tithi 10	Gulika 3:07PM – 4:29PM Yama 12:23PM – 1:45PM Rahu 4:29PM – 5:50PM	Mrigashira Until 9:03PM Vishkambha* Until 10:30PM Taitila Until 7:00AM Dashami Until 7:21PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - 23 4th Phase Devaloka Day
	934347577				
	Creative Work Siddha Yoga				


2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau			St. Helena, CA Sun 24 Sutra 309
	Mithuna Rasi: 11.2 Tithi 11	Gulika 1:45PM – 3:07PM Yama 11:01AM – 12:23PM Rahu 8:17AM – 9:39AM	Ardra Until 10:34PM Priti Until 10:16PM Vanija Until 7:52AM Ekadashi Until 8:28PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - 24 4th Phase Devaloka Day
	934347577				
	Family Home Evening Creative Work Siddha Yoga Until 10:34PM Then Creative Work - Amrita Yoga				


3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau			St. Helena, CA Sun 25 Sutra 310
	Mithuna Rasi: 23.44 Tithi 12	Gulika 12:23PM – 1:46PM Yama 9:39AM – 11:01AM Rahu 3:08PM – 4:30PM	Punarvasu Until 12:48AM Wed Ayushman Until 10:20PM Bava Until 9:12AM Dvadashi Until 10:00PM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - 25 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	944347577				
	Creative Work Siddha Yoga				

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau			St. Helena, CA Sun 26 Sutra 311
	Kataka Rasi: 5.58 Tithi 13	Gulika 11:00AM – 12:23PM Yama 8:15AM – 9:38AM Rahu 12:23PM – 1:46PM	Pushya Until 3:12AM Thu Saubhagya Until 10:41PM Kaulava Until 10:55AM Trayodashi Until 11:53PM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - 26 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	944347577				
	Creative Work Siddha Yoga				

Pradosha Vrata

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau			St. Helena, CA Sun 27 Sutra 312
	Kataka Rasi: 18.04 Tithi 14	Gulika 9:37AM – 11:00AM Yama 6:51AM – 8:14AM Rahu 1:46PM – 3:09PM	Ashlesha* Until 5:43AM Fri Sobhana Until 11:16PM Gara Until 12:57PM Chaturdashi* Until 2:03AM Fri	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - 27 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	944347577				
	Creative Work Siddha Yoga Until 5:43AM Fri Then Routine Work - Marana Yoga	Chidambaram Abhishekam			

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau			St. Helena, CA Sutra 313
	Simha Rasi: 0.02 Tithi 15	Gulika 8:13AM – 9:36AM Yama 3:09PM – 4:33PM Rahu 11:00AM – 12:23PM	Magha* Until 8:47AM Sat Athiganda* Until 12:00AM Sat Visti Until 3:15PM Purnima* Until 4:28AM Sat	Ganesha: Yellow Muruga: Clear Nataraja: Orange Moon – Red Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - Purnima Devaloka Day
	954347577				
	Routine Work Marana Yoga Until 8:47AM Sat Then Creative Work - Siddha Yoga				

	Saturday, February 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau			St. Helena, CA Sutra 314
	Simha Rasi: 11.56 Tithi 16	Gulika 6:49AM – 8:12AM Yama 1:46PM – 3:10PM Rahu 9:36AM – 10:59AM	Magha* Until 8:47AM Sukarma Until 12:54AM Sun Balava Until 5:46PM Prathama* Until 7:04AM Sun	Ganesha: White Muruga: Clear Nataraja: Orange Moon – Red Magha*Masi	Sobhana 5125 Moon 13 - Phase 43 - Prathama Sivaloka Day
	955347577				
	Creative Work Amrita Yoga Until 8:47AM Then Creative Work - Siddha Yoga				



Sunday, February 25, 2024

Gold Retreat Star

Simha Rasi: 23.47 Tithi 16 – 17

955347577

Creative Work Siddha Yoga
Until 11:50AM
Then Creative Work - Amrita Yoga

Gulika 3:10PM – 4:34PM
Yama 12:23PM – 1:46PM
Rahu 4:34PM – 5:58PM

Purvaphalguni Until 11:50AM
Dhriti Until 1:53AM Mon
Taitila Until 8:25PM
Prathama* Until 7:04AM

Ganesha: White *Sunrise:* 6:47AM
Muruga: Clear *Sunset:* 5:58PM
Nataraja: Orange
Moon – Red
Magha*Masi

St. Helena, CA
Sutra 315
Sobhana 5125
Moon 1 - Phase 44 - 1st Phase

Sivaloka Day

1

Monday, February 26, 2024

Kanya Rasi: 5.35 Tithi 17 – 18

955347577

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:46PM – 3:11PM
Yama 10:58AM – 12:22PM
Rahu 8:10AM – 9:34AM

Uttaraphalguni Until 2:47PM
Shula* Until 2:51AM Tue
Vanija Until 11:05PM
Dvitiya Until 9:44AM

Ganesha: White *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 5:59PM
Nataraja: Orange
Moon – Red
Magha*Masi

St. Helena, CA
Sun 1 Sutra 316
Sobhana 5125
Moon 1 - Phase 44 - 1st Phase

Sivaloka Day

2

Tuesday, February 27, 2024

Kanya Rasi: 17.23 Tithi 18 – 19

965347577

Creative Work Siddha Yoga

Gulika 12:22PM – 1:47PM
Yama 9:33AM – 10:58AM
Rahu 3:11PM – 4:35PM

Hasta Until 6:01PM
Ganda* Until 3:44AM Wed
Bava Until 1:40AM Wed
Tritiya Until 12:23PM

Ganesha: Clear *Sunrise:* 6:44AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Orange
Moon – Green
Magha*Masi

St. Helena, CA
Sun 2 Sutra 317
Sobhana 5125
Moon 1 - Phase 44 - 2nd Phase

Devaloka Day

Maha Sankatahara Chaturthi

3

Wednesday, February 28, 2024

Kanya Rasi: 29.15 Tithi 19 – 20

965347577

Creative Work Siddha Yoga

Gulika 10:57AM – 12:22PM
Yama 8:08AM – 9:33AM
Rahu 12:22PM – 1:47PM

Chitra Until 8:52PM
Vridhhi Until 4:26AM Thu
Kaulava Until 3:57AM Thu
Chaturthi* Until 2:50PM

Ganesha: Clear *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 6:01PM
Nataraja: Orange
Moon – Green
Magha*Masi

St. Helena, CA
Sun 3 Sutra 318
Sobhana 5125
Moon 1 - Phase 44 - 3rd Phase

Devaloka Day

4

Thursday, February 29, 2024

Tula Rasi: 11.14 Tithi 20 – 21

965347577

Creative Work Amrita Yoga
Until 11:11PM
Then Creative Work - Siddha Yoga

Gulika 9:32AM – 10:57AM
Yama 6:42AM – 8:07AM
Rahu 1:47PM – 3:12PM

Svati Until 11:11PM
Dhruva Until 4:45AM Fri
Gara Until 5:48AM Fri
Panchami Until 4:56PM

Ganesha: Clear *Sunrise:* 6:42AM
Muruga: Clear *Sunset:* 6:02PM
Nataraja: Orange
Moon – Green
Magha*Masi

St. Helena, CA
Sun 4 Sutra 319
Sobhana 5125
Moon 1 - Phase 44 - 4th Phase

Devaloka Day

5

Friday, March 1, 2024

Tula Rasi: 23.23 Tithi 21

975347577

Creative Work Siddha Yoga

Gulika 8:04AM – 9:30AM
Yama 3:13PM – 4:38PM
Rahu 10:56AM – 12:21PM

Vishakha Until 1:15AM Sat
Vyaghata* Until 4:38AM Sat
Vanija Until 6:29PM
Shashthi* Until 6:29PM

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: Orange
Moon – Orange
Magha*Masi

St. Helena, CA
Sun 5 Sutra 320
Sobhana 5125
Moon 1 - Phase 44 - 5th Phase

Sivaloka Day

6

Saturday, March 2, 2024

Vrischika Rasi: 5.48 Tithi 22

975447577

Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Gulika 6:37AM – 8:03AM
Yama 1:47PM – 3:13PM
Rahu 9:29AM – 10:55AM

Anuradha Until 2:28AM Sun
Harshana Until 3:57AM Sun
Visti Until 7:02AM
Saptami Until 7:21PM

Ganesha: Clear *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: Orange
Moon – Orange
Magha*Masi

St. Helena, CA
Sun 6 Sutra 321
Sobhana 5125
Moon 1 - Phase 44 - 6th Phase

Devaloka Day

D

Sunday, March 3, 2024

Retreat Star

Vrischika Rasi: 18.33 Tithi 23

975447577

Routine Work Marana Yoga
Until 2:45AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:14PM – 4:40PM
Yama 12:21PM – 1:47PM
Rahu 4:40PM – 6:06PM

Jyeshtha* Until 2:45AM Mon
Vajra* Until 2:37AM Mon
Balava Until 7:30AM
Ashtami* Until 7:24PM

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: Orange
Moon – Orange
Magha*Masi

St. Helena, CA
Sun 7 Sutra 322
Sobhana 5125
Moon 1 - Phase 44 - 7th Phase

Devaloka Day

Monday, March 4, 2024

Retreat Star

Dhanus Rasi: 1.43 Tithi 24

185447577

Family Home Evening
Creative Work Siddha Yoga


Gulika 1:47PM – 3:14PM
Yama 10:54AM – 12:21PM
Rahu 8:01AM – 9:28AM

Mula* Until 2:30AM Tue
Siddhi Until 12:38AM Tue
Taitila Until 7:08AM
Navami* Until 6:37PM

Ganesha: Green *Sunrise:* 6:34AM
Muruga: Clear *Sunset:* 6:07PM
Nataraja: Orange
Moon – Light Blue
Magha*Masi

St. Helena, CA
Sun 8 Sutra 323
Sobhana 5125
Moon 1 - Phase 44 - 8th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Tuesday, March 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 324	
Dhanus Rasi: 15.2	Tithi 25 – 26	Gulika Yama 186447577	12:21PM – 1:47PM 9:27AM – 10:54AM Rahu 3:14PM – 4:41PM	Purvashadha* Until 1:21AM Wed Vyatipata* Until 10:02PM Bava Until 3:59AM Wed Dashami Until 5:02PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue Magha*Masi	Sunrise: 6:33AM Sunset: 6:08PM	Sobhana 5125 Moon 1 - Phase 45 - 9 2nd Phase
Creative Work Siddha Yoga Until 1:21AM Wed Then Creative Work - Amrita Yoga						Devaloka Day	
2		Wednesday, March 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 325	
Dhanus Rasi: 29.25	Tithi 26 – 27	Gulika Yama 186447577	10:53AM – 12:20PM 7:59AM – 9:26AM Rahu 12:20PM – 1:47PM	Uttarashadha Until 11:22PM Variyan Until 6:50PM Kaulava Until 1:21AM Thu Ekadashi* Until 2:43PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue Magha*Masi	Sunrise: 6:31AM Sunset: 6:09PM	Sobhana 5125 Moon 1 - Phase 45 - 10 2nd Phase
Creative Work Amrita Yoga Until 11:22PM Then Creative Work - Siddha Yoga						Devaloka Day	
3		Thursday, March 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 326	
Makara Rasi: 13.58	Tithi 27 – 28	Gulika Yama 196447577	9:25AM – 10:53AM 6:30AM – 7:58AM Rahu 1:48PM – 3:15PM	Shravana Until 9:08PM Parigha* Until 3:12PM Gara Until 10:11PM Dvadashi* Until 11:48AM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple Magha*Masi	Sunrise: 6:30AM Sunset: 6:10PM	Sobhana 5125 Moon 1 - Phase 45 - 11 2nd Phase
Creative Work Siddha Yoga						Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			
4		Friday, March 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 327	
Makara Rasi: 28.52	Tithi 28 – 29	Gulika Yama 196447577	7:56AM – 9:24AM 3:15PM – 4:43PM Rahu 10:52AM – 12:20PM	Dhanishtha Until 6:23PM Shiva Until 11:13AM Visti Until 6:40PM Trayodashi* Until 8:27AM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple Magha*Masi	Sunrise: 6:29AM Sunset: 6:11PM	Sobhana 5125 Moon 1 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga						Sivaloka Day	
		Saturday, March 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 328	
Retreat Star		Gulika Yama 196447577	6:27AM – 7:55AM 1:48PM – 3:16PM Rahu 9:23AM – 10:51AM	Shatabhishak Until 3:17PM Siddha Until 7:00AM Catuspada Until 2:56PM Amavasya* Until 1:01AM Sun	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple Magha*Masi	Sunrise: 6:27AM Sunset: 6:12PM	Sobhana 5125 Moon 1 - Phase 45 - 13 Amavasya
Kumbha Rasi: 14.01		Tithi 30				Sivaloka Day	
Creative Work Amrita Yoga Until 3:17PM Then Routine Work - Marana Yoga							
Retreat Star		Sunday, March 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 14 Sutra 329	
Kumbha Rasi: 29.15	Tithi 1	Gulika Yama 116447577	3:16PM – 4:45PM 12:19PM – 1:48PM Rahu 4:45PM – 6:13PM	Purvaproshtapada* Until 12:25PM Subha Until 10:28PM Kintughna Until 11:09AM Prathama* Until 9:17PM	Ganesha: Orange Muruga: Clear Nataraja: Orange Moon – Clear Phalgun*Masi	Sunrise: 6:25AM Sunset: 6:13PM	Sobhana 5125 Moon 1 - Phase 45 - 14 Prathama
Creative Work Siddha Yoga Until 12:25PM Then Creative Work - Amrita Yoga						Devaloka Day	

Monday, March 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 15 Sutra 330	
1	Meena Rasi: 14.25 Tithi 2 - 3	Gulika 1:48PM - 3:16PM	Uttaraproshtapada Until 9:33AM	Ganesha: Orange <i>Sunrise:</i> 6:24AM	Sobhana 5125
Family Home Evening	116447577	Yama 10:50AM - 12:19PM	Sukla Until 6:23PM	Muruga: Clear <i>Sunset:</i> 6:14PM	Moon 1 - Phase 46 - 15
Creative Work Siddha Yoga		Rahu 7:53AM - 9:21AM	Balava Until 7:30AM	Nataraja: Orange	3rd Phase
			Dvitiya Until 5:45PM	Moon - Clear	Devaloka Day
				Phalguna*Masi	

Tuesday, March 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		St. Helena, CA Sun 16 Sutra 331	
2	Meena Rasi: 29.22 Tithi 3 - 4	Gulika 12:19PM - 1:48PM	Revati Until 6:52AM	Ganesha: Green <i>Sunrise:</i> 6:22AM	Sobhana 5125
	117447577	Yama 9:21AM - 10:50AM	Brahma Until 2:37PM	Muruga: Clear <i>Sunset:</i> 6:15PM	Moon 1 - Phase 46 - 16
Creative Work Siddha Yoga		Rahu 3:17PM - 4:46PM	Vanija Until 1:13AM Wed	Nataraja: Orange	3rd Phase
			Tritiya Until 2:35PM	Moon - Clear	Bhuloka Day
				Phalguna*Masi	Devaloka Time: 3:PM to 6:PM

Subramuniyaswami Siva Vision Day

Wednesday, March 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 17 Sutra 332	
3	Mesha Rasi: 13.59 Tithi 4 - 5	Gulika 10:49AM - 12:18PM	Bharani Until 3:24AM Thu	Ganesha: White <i>Sunrise:</i> 6:21AM	Sobhana 5125
	127447577	Yama 7:50AM - 9:20AM	Indra Until 11:17AM	Muruga: Clear <i>Sunset:</i> 6:16PM	Moon 1 - Phase 46 - 17
Creative Work Siddha Yoga		Rahu 12:18PM - 1:48PM	Bava Until 10:52PM	Nataraja: Orange	3rd Phase
Until 3:24AM Thu			Chaturthi* Until 11:56AM	Moon - White	Bhuloka Day
Then Routine Work - Marana Yoga		Karadaiyan Nombu (Tamil Nadu)		Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM

Thursday, March 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		St. Helena, CA Sun 18 Sutra 333	
4	Mesha Rasi: 28.1 Tithi 5 - 6	Gulika 9:19AM - 10:48AM	Krittika Until 2:27AM Fri	Ganesha: White <i>Sunrise:</i> 6:19AM	Sobhana 5125
	127447578	Yama 6:19AM - 7:49AM	Vaidhriti* Until 8:27AM	Muruga: Clear <i>Sunset:</i> 6:17PM	Moon 1 - Phase 46 - 18
Routine Work Marana Yoga		Rahu 1:48PM - 3:17PM	Kaulava Until 9:12PM	Nataraja: Clear	3rd Phase
			Panchami Until 9:55AM	Moon - White	Bhuloka Day
				Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM

Friday, March 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 19 Sutra 334	
5	Vrishabha Rasi: 11.55 Tithi 6 - 7	Gulika 7:48AM - 9:18AM	Rohini Until 2:33AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:18AM	Sobhana 5125
	137447578	Yama 3:18PM - 4:48PM	Vishkambha* Until 6:12AM	Muruga: Clear <i>Sunset:</i> 6:18PM	Moon 1 - Phase 46 - 19
Routine Work Marana Yoga		Rahu 10:48AM - 12:18PM	Gara Until 8:18PM	Nataraja: Clear	3rd Phase
Until 2:33AM Sat			Shashthi* Until 8:38AM	Moon - Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Phalguna*Panguni	

Saturday, March 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Helena, CA Sun 20 Sutra 335	
Retreat Star	Vrishabha Rasi: 25.13 Tithi 7 - 8	Gulika 6:16AM - 7:47AM	Mrigashira Until 3:15AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:16AM	Sobhana 5125
	137447578	Yama 1:48PM - 3:18PM	Ayushman Until 3:33AM Sun	Muruga: Clear <i>Sunset:</i> 6:19PM	Moon 1 - Phase 46 - 20
Creative Work Siddha Yoga		Rahu 9:17AM - 10:47AM	Visti Until 8:11PM	Nataraja: Clear	Ashtami
			Saptami Until 8:07AM	Moon - Yellow	Devaloka Day
				Phalguna*Panguni	

Sunday, March 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 21 Sutra 336	
Retreat Star	Mithuna Rasi: 8.07 Tithi 8 - 9	Gulika 3:19PM - 4:49PM	Ardra Until 4:30AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:15AM	Sobhana 5125
	137447578	Yama 12:17PM - 1:48PM	Saubhagya Until 3:05AM Mon	Muruga: Clear <i>Sunset:</i> 6:20PM	Moon 1 - Phase 46 - 21
Creative Work Siddha Yoga		Rahu 4:49PM - 6:20PM	Balava Until 8:48PM	Nataraja: Clear	Navami
Until 4:30AM Mon			Ashtami* Until 8:23AM	Moon - Yellow	Devaloka Day
Then Creative Work - Amrita Yoga				Phalguna*Panguni	

Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 22 Sutra 337	
1	Mithuna Rasi: 20.41 Tithi 9 – 10 Family Home Evening Creative Work Amrita Yoga Until 6:39AM Tue Then Creative Work - Siddha Yoga	Gulika 1:48PM – 3:19PM Yama 10:46AM – 12:17PM Rahu 7:44AM – 9:15AM	Punarvasu Until 6:39AM Tue Sobhana Until 3:06AM Tue Taitila Until 10:04PM Navami* Until 9:20AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni	Sunrise: 6:13AM Sunset: 6:21PM Moon 1 - Phase 47 - 22 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 23 Sutra 338	
2	Kataka Rasi: 2.59 Tithi 10 – 11 148447578 Creative Work Siddha Yoga	Gulika 12:17PM – 1:48PM Yama 9:14AM – 10:45AM Rahu 3:19PM – 4:50PM	Punarvasu Until 6:39AM Athiganda* Until 3:28AM Wed Vanija Until 11:51PM Dashami Until 10:53AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni	Sunrise: 6:12AM Sunset: 6:22PM Moon 1 - Phase 47 - 23 4th Phase Devaloka Day
Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 24 Sutra 339	
3	Kataka Rasi: 15.06 Tithi 11 – 12 148447578 Creative Work Siddha Yoga	Gulika 10:45AM – 12:16PM Yama 7:42AM – 9:13AM Rahu 12:16PM – 1:48PM	Pushya Until 9:07AM Sukarma Until 4:09AM Thu Bava Until 2:02AM Thu Ekadashi Until 12:53PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni	Sunrise: 6:10AM Sunset: 6:23PM Moon 1 - Phase 47 - 24 4th Phase Devaloka Day
Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 25 Sutra 340	
4	Kataka Rasi: 27.04 Tithi 12 – 13 148447578 Creative Work Siddha Yoga Until 11:44AM Then Creative Work - Amrita Yoga	Gulika 9:12AM – 10:44AM Yama 6:09AM – 7:40AM Rahu 1:48PM – 3:20PM	Ashlesha* Until 11:44AM Dhriti Until 5:02AM Fri Kaulava Until 4:30AM Fri Dvadashi Until 3:13PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni	Sunrise: 6:09AM Sunset: 6:24PM Moon 1 - Phase 47 - 25 4th Phase Devaloka Day
Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 26 Sutra 341	
5	Simha Rasi: 8.56 Tithi 13 – 14 158447578 Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga	Gulika 7:39AM – 9:11AM Yama 3:20PM – 4:52PM Rahu 10:44AM – 12:16PM	Magha* Until 2:54PM Shula* Until 7:00AM Sun Sat Gara Until 7:05AM Sat Trayodashi Until 5:46PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Phalguna*Panguni	Sunrise: 6:07AM Sunset: 6:24PM Moon 1 - Phase 47 - 26 4th Phase Sivaloka Day
Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 342	
6	Simha Rasi: 20.45 Tithi 14 158447578 Creative Work Siddha Yoga Until 6:00PM Then Routine Work - Marana Yoga	Gulika 6:06AM – 7:38AM Yama 1:48PM – 3:20PM Rahu 9:10AM – 10:43AM	Purvaphalguni Until 6:00PM Shula* Until 7:00AM Sun Gara Until 7:05AM Chaturdashi* Until 8:23PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Phalguna*Panguni	Sunrise: 6:06AM Sunset: 6:25PM Moon 1 - Phase 47 - 27 4th Phase Sivaloka Day
Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau		St. Helena, CA Sutra 343	
○	Copper Retreat Star Kanya Rasi: 2.34 Tithi 15 158447578 Creative Work Amrita Yoga	Gulika 3:21PM – 4:54PM Yama 12:15PM – 1:48PM Rahu 4:54PM – 6:26PM	Uttaraphalguni Until 8:55PM Ganda* Until 7:00AM Visti Until 9:43AM Purnima* Until 10:59PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Phalguna*Panguni	Sunrise: 6:04AM Sunset: 6:26PM Moon 1 - Phase 47 - Purnima Sivaloka Day
Monday, March 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		St. Helena, CA Sutra 344	
○	Silver Retreat Star Kanya Rasi: 14.23 Tithi 16 169447578 Family Home Evening Creative Work Siddha Yoga	Gulika 1:48PM – 3:21PM Yama 10:42AM – 12:15PM Rahu 7:36AM – 9:09AM	Hasta Until 12:02AM Tue Vridhhi Until 7:57AM Balava Until 12:15PM Prathama* Until 1:26AM Tue	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Green Phalguna*Panguni	Sunrise: 6:02AM Sunset: 6:27PM Moon 1 - Phase 47 - Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for St. Helena, CA on 11/20/21

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Tuesday, March 26, 2024
Gold Retreat Star

Kanya Rasi: 26.17 Tithi 17
 Creative Work Siddha Yoga

Gulika 12:15PM – 1:48PM
 Yama 9:08AM – 10:41AM
 169447578 Rahu 3:21PM – 4:55PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
 Chitra Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Chitra Until 2:45AM Wed
 Dhruva Until 8:45AM
 Tailila Until 2:35PM
Dvitiya Until 3:38AM Wed

Ganesh: Purple Sunrise: 6:01AM
 Muruga: Clear Sunset: 6:28PM
 Nataraja: Clear
 Moon – Green
Phalguna*Panguni

St. Helena, CA Sun 1 Sutra 346
 Sobhana 5125
 Moon 2 - Phase 48 - 1
 1st Phase
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

1 Wednesday, March 27, 2024

Tula Rasi: 8.17 Tithi 18
 Creative Work Siddha Yoga

Gulika 10:41AM – 12:14PM
 Yama 7:33AM – 9:07AM
 169547578 Rahu 12:14PM – 1:48PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
 Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Svati Until 4:59AM Thu
 Vyaghata* Until 9:22AM
 Vanija Until 4:38PM
Tritiya Until 5:29AM Thu

Ganesh: Clear Sunrise: 5:59AM
 Muruga: Clear Sunset: 6:29PM
 Nataraja: Clear
 Moon – Green
Phalguna*Panguni

St. Helena, CA Sun 2 Sutra 346
 Sobhana 5125
 Moon 2 - Phase 48 - 2
 1st Phase
Devaloka Day

2 Thursday, March 28, 2024

Tula Rasi: 20.25 Tithi 19
 Creative Work Siddha Yoga

Gulika 9:06AM – 10:40AM
 Yama 5:58AM – 7:32AM
 179547578 Rahu 1:48PM – 3:22PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
 Vishakha Nakshatra Harshana/Vajra* Yoga Bava Karana Chaturthyam Titau

Vishakha Until 7:07AM Fri
 Harshana Until 9:43AM
 Bava Until 6:17PM
Chaturthi* Until 6:54AM Fri

Ganesh: White Sunrise: 5:58AM
 Muruga: Clear Sunset: 6:30PM
 Nataraja: Clear
 Moon – Orange
Phalguna*Panguni

St. Helena, CA Sun 3 Sutra 347
 Sobhana 5125
 Moon 2 - Phase 48 - 3
 1st Phase
Sivaloka Day

3 Friday, March 29, 2024

Vrischika Rasi: 2.44 Tithi 19 – 20
 Creative Work Siddha Yoga

Gulika 7:31AM – 9:05AM
 Yama 3:22PM – 4:57PM
 179547578 Rahu 10:39AM – 12:14PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Vishakha Until 7:07AM
 Vajra* Until 9:42AM
 Kaulava Until 7:27PM
Chaturthi* Until 6:54AM

Ganesh: White Sunrise: 5:56AM
 Muruga: Clear Sunset: 6:31PM
 Nataraja: Clear
 Moon – Orange
Phalguna*Panguni

St. Helena, CA Sun 4 Sutra 348
 Sobhana 5125
 Moon 2 - Phase 48 - 4
 1st Phase
Sivaloka Day

4 Saturday, March 30, 2024

Vrischika Rasi: 15.17 Tithi 20 – 21
 Creative Work Siddha Yoga

Gulika 5:55AM – 7:29AM
 Yama 1:48PM – 3:23PM
 179547578 Rahu 9:04AM – 10:39AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Anuradha Until 8:36AM
 Siddhi Until 9:17AM
 Gara Until 8:03PM
Panchami Until 7:48AM

Ganesh: White Sunrise: 5:55AM
 Muruga: Clear Sunset: 6:32PM
 Nataraja: Clear
 Moon – Orange
Phalguna*Panguni

St. Helena, CA Sun 5 Sutra 349
 Sobhana 5125
 Moon 2 - Phase 48 - 5
 1st Phase
Sivaloka Day

5 Sunday, March 31, 2024

Vrischika Rasi: 28.05 Tithi 21 – 22
 Routine Work Marana Yoga
 Until 9:21AM
 Then Creative Work - Amrita Yoga

Gulika 3:23PM – 4:58PM
 Yama 12:13PM – 1:48PM
 179547578 Rahu 4:58PM – 6:33PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jyeshtha* Until 9:21AM
 Vyatipata* Until 8:26AM
 Visti Until 8:02PM
Shashthi* Until 8:06AM

Ganesh: White Sunrise: 5:53AM
 Muruga: Clear Sunset: 6:33PM
 Nataraja: Clear
 Moon – Orange
Phalguna*Panguni

St. Helena, CA Sun 6 Sutra 350
 Sobhana 5125
 Moon 2 - Phase 48 - 6
 1st Phase
Sivaloka Day

Monday, April 1, 2024
Retreat Star

Dhanus Rasi: 11.14 Tithi 22 – 23
Family Home Evening
 Creative Work Siddha Yoga
 Until 9:46AM
 Then Routine Work - Marana Yoga

Gulika 1:48PM – 3:23PM
 Yama 10:38AM – 12:13PM
 189547578 Rahu 7:28AM – 9:03AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mula* Until 9:46AM
 Variyan Until 7:02AM
 Balava Until 7:21PM
Saptami Until 7:46AM

Ganesh: Yellow Sunrise: 5:53AM
 Muruga: Clear Sunset: 6:33PM
 Nataraja: Clear
 Moon – Light Blue
Phalguna*Panguni

St. Helena, CA Sun 7 Sutra 351
 Sobhana 5125
 Moon 2 - Phase 48 - 7
 Ashtami
Devaloka Day

Tuesday, April 2, 2024
Retreat Star

Dhanus Rasi: 24.44 Tithi 23 – 24
 Creative Work Siddha Yoga
 Until 9:22AM
 Then Routine Work - Prabalarishta Yoga

Gulika 12:13PM – 1:48PM
 Yama 9:02AM – 10:37AM
 181547578 Rahu 3:23PM – 4:59PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Purvashadha* Until 9:22AM
 Shiva Until 2:42AM Wed
 Tailila Until 6:00PM
Ashtami* Until 6:44AM

Ganesh: Yellow Sunrise: 5:52AM
 Muruga: Clear Sunset: 6:34PM
 Nataraja: Clear
 Moon – Light Blue
Phalguna*Panguni

St. Helena, CA Sun 8 Sutra 352
 Sobhana 5125
 Moon 2 - Phase 48 - 8
 Navami
Devaloka Day

1		Wednesday, April 3, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		St. Helena, CA Sun 9 Sutra 353	
Makara Rasi: 8.37	Tithi 25	Gulika	10:37AM – 12:12PM	Uttarashadha Until 8:12AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	Sobhana 5125
		Yama	7:26AM – 9:01AM	Siddha Until 11:46PM	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 49 - 9
		181547578 Rahu	12:12PM – 1:48PM	Vanija Until 4:01PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 2:48AM Thu	Moon – Light Blue		Devaloka Day
Until 8:12AM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		St. Helena, CA Sun 10 Sutra 354	
Makara Rasi: 22.53	Tithi 26	Gulika	9:00AM – 10:36AM	Shravana Until 6:43AM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	Sobhana 5125
		Yama	5:49AM – 7:25AM	Sadhya Until 8:25PM	Muruga: Clear	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 49 - 10
		191547578 Rahu	1:48PM – 3:24PM	Bava Until 1:29PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:01AM Fri	Moon – Purple		Sivaloka Day
					Phalguna•Panguni		

3		Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvodashyam Titau		St. Helena, CA Sun 11 Sutra 355	
Kumbha Rasi: 7.31	Tithi 27	Gulika	7:23AM – 8:59AM	Shatabhishak Until 2:00AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Sobhana 5125
		Yama	3:24PM – 5:00PM	Subha Until 4:44PM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 49 - 11
		191547578 Rahu	10:36AM – 12:12PM	Kaulava Until 10:29AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 8:50PM	Moon – Purple		Sivaloka Day
Until 2:00AM Sat					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

4		Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 356	
Kumbha Rasi: 22.24	Tithi 28 – 29	Gulika	5:46AM – 7:22AM	Purvaproshtapada* Until 11:27PM	Ganesha: Red	<i>Sunrise:</i> 5:46AM	Sobhana 5125
		Yama	1:48PM – 3:25PM	Sukla Until 12:47PM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 49 - 12
		111547578 Rahu	8:59AM – 10:35AM	Gara Until 7:09AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 5:24PM	Moon – Clear		Devaloka Day
Until 11:27PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

Retreat Star		Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 357	
Meena Rasi: 7.26	Tithi 29 – 30	Gulika	3:25PM – 5:02PM	Uttaraproshtapada Until 8:41PM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	Sobhana 5125
		Yama	12:11PM – 1:48PM	Brahma Until 8:44AM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 49 - 13
		111547578 Rahu	5:02PM – 6:39PM	Catuspada Until 12:05AM Mon	Nataraja: Clear		Amavasya
Creative Work	Amrita Yoga			Chaturdashi* Until 1:51PM	Moon – Clear		Devaloka Day
					Phalguna•Panguni		

Retreat Star		Monday, April 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		St. Helena, CA Sun 14 Sutra 358	
Meena Rasi: 22.3	Tithi 30 – 1	Gulika	1:48PM – 3:25PM	Revati Until 5:52PM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	Sobhana 5125
		Yama	10:34AM – 12:11PM	Vaidhriti* Until 12:45AM Tue	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 49 - 14
		111547578 Rahu	7:20AM – 8:57AM	Kintughna Until 8:39PM	Nataraja: Clear		Prathama
Family Home Evening				Amavasya* Until 10:20AM	Moon – Clear		Devaloka Day
Creative Work	Siddha Yoga				Chaitra•Panguni		
		Yugadhi					

1 Tuesday, April 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Ashvini/Bharani Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 359	
Mesha Rasi: 7.26	Tithi 1 – 2	Gulika 12:11PM – 1:48PM	Ashvini Until 3:35PM	Ganesha: Yellow <i>Sunrise:</i> 5:41AM	Sobhana 5125
		Yama 8:56AM – 10:33AM	Vishkambha* Until 9:05PM	Muruga: Clear <i>Sunset:</i> 6:40PM	Moon 2 - Phase 50 - 15
121547578	Rahu 3:26PM – 5:03PM		Kaulava Until 4:02AM Wed	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 7:00AM	Moon – White	Devaloka Day
	Chellappaswami Mahasamadhi			Chaitra*Panguni	

2 Wednesday, April 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Bharani/Krittika Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 360	
Mesha Rasi: 22.06	Tithi 3	Gulika 10:33AM – 12:10PM	Bharani Until 1:34PM	Ganesha: Yellow <i>Sunrise:</i> 5:40AM	Sobhana 5125
		Yama 7:17AM – 8:55AM	Priti Until 5:47PM	Muruga: Clear <i>Sunset:</i> 6:41PM	Moon 2 - Phase 50 - 16
121547578	Rahu 12:10PM – 1:48PM		Tailila Until 2:44PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:33AM Thu	Moon – White	Devaloka Day
Until 1:34PM				Chaitra*Panguni	
Then Creative Work - Amrita Yoga					

3 Thursday, April 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Sun 17 Sutra 361	
Vrishabha Rasi: 6.25	Tithi 4	Gulika 8:54AM – 10:32AM	Krittika Until 11:58AM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM	Sobhana 5125
		Yama 5:38AM – 7:16AM	Ayushman Until 2:57PM	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 2 - Phase 50 - 17
121547578	Rahu 1:48PM – 3:26PM		Vanija Until 12:34PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 11:42PM	Moon – White	Devaloka Day
				Chaitra*Panguni	

4 Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 362	
Vrishabha Rasi: 20.17	Tithi 5	Gulika 7:15AM – 8:53AM	Rohini Until 11:20AM	Ganesha: Clear <i>Sunrise:</i> 5:37AM	Sobhana 5125
		Yama 3:27PM – 5:05PM	Saubhagya Until 12:41PM	Muruga: Clear <i>Sunset:</i> 6:43PM	Moon 2 - Phase 50 - 18
132547578	Rahu 10:32AM – 12:10PM		Bava Until 11:04AM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Panchami Until 10:35PM	Moon – Yellow	Devaloka Day
Until 11:20AM				Chaitra*Panguni	
Then Creative Work - Siddha Yoga					

5 Saturday, April 13, 2024		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailila Karana Shashthyam Titau				Sun 19 Sutra 363	
Mithuna Rasi: 3.44	Tithi 6	Gulika 5:35AM – 7:14AM	Mrigashira Until 11:19AM	Ganesha: Clear <i>Sunrise:</i> 5:35AM	Sobhana 5125
		Yama 1:48PM – 3:27PM	Sobhana Until 11:04AM	Muruga: Clear <i>Sunset:</i> 6:44PM	Moon 2 - Phase 50 - 19
132547578	Rahu 8:53AM – 10:31AM		Kaulava Until 10:20AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:16PM	Moon – Yellow	Devaloka Day
				Chaitra*Chaitra	

6 Sunday, April 14, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 364	
Mithuna Rasi: 16.45	Tithi 7	Gulika 3:27PM – 5:06PM	Ardra Until 11:56AM	Ganesha: White <i>Sunrise:</i> 5:34AM	Krodhin 5126
		Yama 12:09PM – 1:48PM	Athiganda* Until 10:02AM	Muruga: Clear <i>Sunset:</i> 6:45PM	Moon 2 - Phase 50 - 20
232547578	Rahu 5:06PM – 6:45PM		Gara Until 10:25AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 10:44PM	Moon – Yellow	Bhuloka Day
	Tamil New Year			Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM

Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Retreat Star		Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 1	
Mithuna Rasi: 29.23	Tithi 8	Gulika 1:48PM – 3:28PM	Punarvasu Until 1:36PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Krodhin 5126
Family Home Evening		Yama 10:30AM – 12:09PM	Sukarma Until 9:38AM	Muruga: Clear <i>Sunset:</i> 6:46PM	Moon 2 - Phase 50 - 21
242547578	Rahu 7:12AM – 8:51AM		Visti Until 11:16AM	Nataraja: Clear	Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 11:56PM	Moon – Blue	Devaloka Day
Until 1:36PM				Chaitra*Chaitra	
Then Creative Work - Siddha Yoga					

Tuesday, April 16, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Retreat Star		Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 2	
Kataka Rasi: 11.43	Tithi 9	Gulika 12:09PM – 1:48PM	Pushya Until 3:45PM	Ganesha: Clear <i>Sunrise:</i> 5:31AM	Krodhin 5126
		Yama 8:50AM – 10:30AM	Dhriti Until 9:46AM	Muruga: Clear <i>Sunset:</i> 6:47PM	Moon 2 - Phase 50 - 22
242547578	Rahu 3:28PM – 5:07PM		Balava Until 12:47PM	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Navami* Until 1:45AM Wed	Moon – Blue	Devaloka Day
	Sri Rama Navami			Chaitra*Chaitra	

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/20/21

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1 Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		St. Helena, CA Sun 23 Sutra 3
Kataka Rasi: 23.49	Tithi 10	Gulika 10:29AM – 12:09PM	Ashlesha* Until 6:15PM	Ganesh: Clear <i>Sunrise:</i> 5:30AM Muruga: Clear <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Blue
242547578	Rahu 12:09PM – 1:49PM	Yama 7:09AM – 8:49AM	Shula* Until 10:18AM	Krodhin 5126 Moon 2 - Phase 1 - 23 4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:01AM Thu	Devaloka Day Chaitra*Chaitra

2 Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 4
Simha Rasi: 5.44	Tithi 11	Gulika 8:48AM – 10:28AM	Magha* Until 9:24PM	Ganesh: Purple <i>Sunrise:</i> 5:28AM Muruga: Clear <i>Sunset:</i> 6:49PM Nataraja: Clear Moon – Red
252547578	Rahu 1:49PM – 3:29PM	Yama 5:28AM – 7:08AM	Ganda* Until 11:10AM	Krodhin 5126 Moon 2 - Phase 1 - 24 4th Phase
Creative Work	Amrita Yoga		Vanija Until 5:17PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 9:24PM			Ekadashi Until 6:33AM Fri	
Then Creative Work - Siddha Yoga				

3 Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 5
Simha Rasi: 17.34	Tithi 11 – 12	Gulika 7:07AM – 8:48AM	Purvaphalguni Until 12:31AM Sat	Ganesh: Purple <i>Sunrise:</i> 5:27AM Muruga: Purple <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Red
252557578	Rahu 10:28AM – 12:08PM	Yama 3:29PM – 5:09PM	Vridhhi Until 12:12PM	Krodhin 5126 Moon 2 - Phase 1 - 25 4th Phase
Creative Work	Siddha Yoga		Bava Until 7:53PM	Devaloka Day
Until 12:31AM Sat			Ekadashi Until 6:33AM	Chaitra*Chaitra
Then Routine Work - Marana Yoga				

4 Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 6
Simha Rasi: 29.21	Tithi 12 – 13	Gulika 5:26AM – 7:06AM	Uttaraphalguni Until 3:26AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:26AM Muruga: Purple <i>Sunset:</i> 6:51PM Nataraja: Clear Moon – Red
252557578	Rahu 8:47AM – 10:27AM	Yama 1:49PM – 3:29PM	Dhruva Until 1:14PM	Krodhin 5126 Moon 2 - Phase 1 - 26 4th Phase
Routine Work	Marana Yoga		Kaulava Until 10:28PM	Devaloka Day
Until 3:26AM Sun			Dvadashi Until 9:10AM	Chaitra*Chaitra
Then Creative Work - Amrita Yoga				Pradosha Vrata

5 Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 7
Kanya Rasi: 11.11	Tithi 13 – 14	Gulika 3:30PM – 5:11PM	Hasta Until 6:29AM Mon	Ganesh: Clear <i>Sunrise:</i> 5:24AM Muruga: Purple <i>Sunset:</i> 6:52PM Nataraja: Clear Moon – Green
262557578	Rahu 5:11PM – 6:52PM	Yama 12:08PM – 1:49PM	Vyaghata* Until 2:11PM	Krodhin 5126 Moon 2 - Phase 1 - 27 4th Phase
Creative Work	Amrita Yoga		Gara Until 12:53AM Mon	Sivaloka Day
Until 6:29AM Mon			Trayodashi Until 11:41AM	Chaitra*Chaitra
Then Routine Work - Prabalarishta Yoga				

Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		St. Helena, CA Sutra 8
Copper Retreat Star		Gulika 1:49PM – 3:30PM	Hasta Until 6:29AM	Ganesh: Purple <i>Sunrise:</i> 5:23AM Muruga: Purple <i>Sunset:</i> 6:53PM Nataraja: Clear Moon – Green
Kanya Rasi: 23.05	Tithi 14 – 15	Yama 10:26AM – 12:08PM	Harshana Until 2:58PM	Krodhin 5126 Moon 2 - Phase 1 - Purnima
Family Home Evening	262657578	Rahu 7:04AM – 8:45AM	Visti Until 2:58AM Tue	Subha Sivaloka Day
Creative Work	Siddha Yoga		Chaturdashi* Until 1:57PM	Chaitra*Chaitra
Until 6:29AM				
Then Routine Work - Prabalarishta Yoga				

Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Helena, CA Sutra 9
Silver Retreat Star		Gulika 12:08PM – 1:49PM	Chitra Until 9:02AM	Ganesh: Purple <i>Sunrise:</i> 5:22AM Muruga: Purple <i>Sunset:</i> 6:54PM Nataraja: Clear Moon – Green
Tula Rasi: 5.07	Tithi 15 – 16	Yama 8:45AM – 10:26AM	Vajra* Until 3:26PM	Krodhin 5126 Moon 2 - Phase 1 - Prathama
262657578	Rahu 3:31PM – 5:12PM		Balava Until 4:40AM Wed	Subha Sivaloka Day
Creative Work	Siddha Yoga		Purnima* Until 3:51PM	Chaitra*Chaitra