

Saturday, May 6, 2023
Gold Retreat Star

Vrischika Rasi: 2.2 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Gulika 4:51AM – 6:40AM
Yama 1:55PM – 3:44PM
Rahu 8:29AM – 10:18AM

Vishakha Until 7:43AM
 Variyan Until 3:50PM
 Taitila Until 7:39PM
Prathama* Until 8:24AM

Ganesha: White Sunrise: 4:51AM
Muruga: Clear Sunset: 7:22PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Portland, OR
 Sutra 20
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

1 Sunday, May 7, 2023

Vrischika Rasi: 16.1 Tithi 17 – 18

272196579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Gulika 3:45PM – 5:34PM
Yama 12:06PM – 1:56PM
Rahu 5:34PM – 7:23PM

Anuradha Until 6:50AM
 Parigha* Until 1:20PM
 Visti Until 4:47AM Mon
Dvitiya Until 6:45AM

Ganesha: Blue Sunrise: 4:50AM
Muruga: Clear Sunset: 7:23PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Portland, OR
 Sun 1 Sutra 21
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

2 Monday, May 8, 2023

Dhanus Rasi: 0.13 Tithi 19

Family Home Evening

282196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturtham Titau

Gulika 1:56PM – 3:45PM
Yama 10:17AM – 12:06PM
Rahu 6:38AM – 8:27AM

Mula* Until 4:12AM Tue
 Shiva Until 10:36AM
 Bava Until 3:44PM
Chaturthi* Until 2:37AM Tue

Ganesha: Red Sunrise: 4:48AM
Muruga: Clear Sunset: 7:24PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Portland, OR
 Sun 2 Sutra 22
 Sobhana 5125
 Moon 4 - Phase 4 - 2 1st Phase

3 Tuesday, May 9, 2023

Dhanus Rasi: 14.23 Tithi 20

282196579

Creative Work Siddha Yoga

Until 2:40AM Wed

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:06PM – 1:56PM
Yama 8:27AM – 10:17AM
Rahu 3:46PM – 5:36PM

Purvashadha* Until 2:40AM Wed
 Siddha Until 7:42AM
 Kaulava Until 1:29PM
Panchami Until 12:19AM Wed

Ganesha: Red Sunrise: 4:47AM
Muruga: Clear Sunset: 7:26PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Portland, OR
 Sun 3 Sutra 23
 Sobhana 5125
 Moon 4 - Phase 4 - 3 1st Phase

4 Wednesday, May 10, 2023

Dhanus Rasi: 28.38 Tithi 21

283196579

Creative Work Amrita Yoga

Until 12:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarahadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 10:16AM – 12:06PM
Yama 6:36AM – 8:26AM
Rahu 12:06PM – 1:56PM

Uttarahadha Until 12:58AM Thu
 Subha Until 1:46AM Thu
 Gara Until 11:10AM
Shashthi* Until 9:59PM

Ganesha: Blue Sunrise: 4:46AM
Muruga: Clear Sunset: 7:27PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Portland, OR
 Sun 4 Sutra 24
 Sobhana 5125
 Moon 4 - Phase 4 - 4 1st Phase

5 Thursday, May 11, 2023

Makara Rasi: 12.53 Tithi 22

293196579

Creative Work Siddha Yoga

Chidambaram Abhishekam

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shrivana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:25AM – 10:16AM
Yama 4:44AM – 6:35AM
Rahu 1:57PM – 3:47PM

Shrivana Until 11:35PM
 Sukla Until 10:48PM
 Visti Until 8:50AM
Saptami Until 7:40PM

Ganesha: Red Sunrise: 4:44AM
Muruga: Clear Sunset: 7:28PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Portland, OR
 Sun 5 Sutra 25
 Sobhana 5125
 Moon 4 - Phase 4 - 5 1st Phase

Friday, May 12, 2023
Retreat Star

Makara Rasi: 27.07 Tithi 23 – 24

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha Nakshatra Brahma Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:34AM – 8:25AM
Yama 3:48PM – 5:38PM
Rahu 10:15AM – 12:06PM

Dhanishtha Until 10:09PM
 Brahma Until 7:55PM
 Balava Until 6:34AM
Ashtami* Until 5:26PM

Ganesha: Red Sunrise: 4:43AM
Muruga: Clear Sunset: 7:29PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Portland, OR
 Sun 6 Sutra 26
 Sobhana 5125
 Moon 4 - Phase 4 - 6 Ashtami

Saturday, May 13, 2023
Retreat Star

Kumbha Rasi: 11.16 Tithi 24 – 25

293196579

Creative Work Amrita Yoga

Until 8:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 4:42AM – 6:33AM
Yama 1:57PM – 3:48PM
Rahu 8:24AM – 10:15AM

Shatabhishak Until 8:43PM
 Indra Until 5:10PM
 Vanija Until 2:21AM Sun
Navami* Until 3:20PM

Ganesha: Red Sunrise: 4:42AM
Muruga: Clear Sunset: 7:30PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Portland, OR
 Sun 7 Sutra 27
 Sobhana 5125
 Moon 4 - Phase 4 - 7 Navami

1 Sunday, May 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Portland, OR
Kumbha Rasi: 25.2	Tithi 25 – 26	Gulika 3:49PM – 5:40PM	Purvaproshtapada* Until 7:43PM	Ganesha: Clear <i>Sunrise:</i> 4:41AM	Sun 8 Sutra 28
		Yama 12:06PM – 1:58PM	Vaidhriti* Until 2:31PM	Muruga: Clear <i>Sunset:</i> 7:32PM	Sobhana 5125
		213196579 Rahu 5:40PM – 7:32PM	Bava Until 12:31AM Mon	Nataraja: Purple	Moon 4 - Phase 5 - 8
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
Until 7:43PM		Mother's Day	Dashami Until 1:23PM	Vaisaka*Vaikasi	Sivaloka Day
Then Creative Work - Amrita Yoga					

2 Monday, May 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada* Nakshatra Vishkambha*/Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Portland, OR
Meena Rasi: 9.16	Tithi 26 – 27	Gulika 1:58PM – 3:49PM	Uttaraproshtapada Until 6:49PM	Ganesha: Clear <i>Sunrise:</i> 4:40AM	Sun 9 Sutra 29
		Yama 10:15AM – 12:06PM	Vishkambha* Until 12:03PM	Muruga: Clear <i>Sunset:</i> 7:33PM	Sobhana 5125
Family Home Evening		213196579 Rahu 6:31AM – 8:23AM	Kaulava Until 10:54PM	Nataraja: Purple	Moon 4 - Phase 5 - 9
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
			Ekadashi* Until 11:39AM	Vaisaka*Vaikasi	Sivaloka Day

3 Tuesday, May 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau			Portland, OR
Meena Rasi: 23.04	Tithi 27 – 28	Gulika 12:06PM – 1:58PM	Revati Until 6:02PM	Ganesha: Clear <i>Sunrise:</i> 4:39AM	Sun 10 Sutra 30
		Yama 8:22AM – 10:14AM	Priti Until 9:48AM	Muruga: Clear <i>Sunset:</i> 7:34PM	Sobhana 5125
		213196579 Rahu 3:50PM – 5:42PM	Gara Until 9:34PM	Nataraja: Purple	Moon 4 - Phase 5 - 10
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
			Dvadashi* Until 10:10AM	Vaisaka*Vaikasi	Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, May 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Portland, OR
Mesha Rasi: 6.4	Tithi 28 – 29	Gulika 10:14AM – 12:06PM	Ashvini Until 5:52PM	Ganesha: Orange <i>Sunrise:</i> 4:37AM	Sun 11 Sutra 31
		Yama 6:30AM – 8:22AM	Ayushman Until 7:47AM	Muruga: Clear <i>Sunset:</i> 7:35PM	Sobhana 5125
		223196579 Rahu 12:06PM – 1:58PM	Visti Until 8:35PM	Nataraja: Purple	Moon 4 - Phase 5 - 11
Routine Work	Marana Yoga			Moon – White	2nd Phase
Until 5:52PM			Trayodashi* Until 9:00AM	Vaisaka*Vaikasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, May 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Portland, OR
Retreat Star		Gulika 8:21AM – 10:14AM	Bharani Until 5:58PM	Ganesha: Orange <i>Sunrise:</i> 4:36AM	Sun 12 Sutra 32
Mesha Rasi: 20.04	Tithi 29 – 30	Yama 4:36AM – 6:29AM	Saubhagya Until 6:05AM	Muruga: Clear <i>Sunset:</i> 7:36PM	Sobhana 5125
		223196579 Rahu 1:59PM – 3:51PM	Catuspada Until 8:00PM	Nataraja: Purple	Moon 4 - Phase 5 - 12
Creative Work	Siddha Yoga			Moon – White	Amavasya
Until 5:58PM			Chaturdashi* Until 8:13AM	Vaisaka*Vaikasi	Sivaloka Day
Then Routine Work - Marana Yoga					

Friday, May 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Portland, OR
Retreat Star		Gulika 6:28AM – 8:21AM	Krittika Until 6:22PM	Ganesha: Orange <i>Sunrise:</i> 4:35AM	Sun 13 Sutra 33
Vrishabha Rasi: 3.13	Tithi 30 – 1	Yama 3:52PM – 5:45PM	Athiganda* Until 3:46AM Sat	Muruga: Clear <i>Sunset:</i> 7:37PM	Sobhana 5125
		223196579 Rahu 10:14AM – 12:06PM	Kintughna Until 7:54PM	Nataraja: Purple	Moon 4 - Phase 5 - 13
Creative Work	Siddha Yoga			Moon – White	Prathama
Until 6:22PM			Amavasya* Until 7:52AM	Jyeshtha*Vaikasi	Sivaloka Day
Then Routine Work - Marana Yoga					

1 Saturday, May 20, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR
 Rohini Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 34

Vrishabha Rasi: 16.08 Tithi 1 – 2 233196579	Gulika 4:34AM – 6:27AM	Rohini Until 7:35PM	Ganesha: Clear Sunrise: 4:34AM	Sobhana 5125
	Yama 1:59PM – 3:52PM	Sukarma Until 3:13AM Sun	Muruga: Clear Sunset: 7:38PM	Moon 4 - Phase 6 - 14
	Rahu 8:20AM – 10:13AM	Balava Until 8:19PM	Nataraja: Purple Moon – Yellow	3rd Phase

Creative Work Amrita Yoga
 Until 7:35PM
 Then Creative Work - Siddha Yoga

Sivaloka Day
Jyeshtha*Vaikasi

2 Sunday, May 21, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR
 Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 35

Vrishabha Rasi: 28.47 Tithi 2 – 3 233196579	Gulika 3:53PM – 5:46PM	Mrigashira Until 9:08PM	Ganesha: Clear Sunrise: 4:33AM	Sobhana 5125
	Yama 12:06PM – 2:00PM	Dhriti Until 3:05AM Mon	Muruga: Clear Sunset: 7:39PM	Moon 4 - Phase 6 - 15
	Rahu 5:46PM – 7:39PM	Taitila Until 9:14PM	Nataraja: Purple Moon – Yellow	3rd Phase

Creative Work Siddha Yoga

Sivaloka Day
Jyeshtha*Vaikasi

3 Monday, May 22, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 16 Sutra 36

Mithuna Rasi: 11.13 Tithi 3 – 4 Family Home Evening 233196579	Gulika 2:00PM – 3:54PM	Ardra Until 11:01PM	Ganesha: Clear Sunrise: 4:32AM	Sobhana 5125
	Yama 10:13AM – 12:06PM	Shula* Until 3:18AM Tue	Muruga: Clear Sunset: 7:41PM	Moon 4 - Phase 6 - 16
	Rahu 6:26AM – 8:19AM	Vanija Until 10:40PM	Nataraja: Purple Moon – Yellow	3rd Phase

Creative Work Siddha Yoga
 Until 11:01PM
 Then Creative Work - Amrita Yoga

Sivaloka Day
Jyeshtha*Vaikasi

4 Tuesday, May 23, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, OR
 Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 37

Mithuna Rasi: 23.27 Tithi 4 – 5 243196579	Gulika 12:07PM – 2:00PM	Punarvasu Until 1:37AM Wed	Ganesha: Purple Sunrise: 4:32AM	Sobhana 5125
	Yama 8:19AM – 10:13AM	Ganda* Until 3:50AM Wed	Muruga: Clear Sunset: 7:42PM	Moon 4 - Phase 6 - 17
	Rahu 3:54PM – 5:48PM	Bava Until 12:30AM Wed	Nataraja: Purple Moon – Blue	3rd Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Jyeshtha*Vaikasi

5 Wednesday, May 24, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Portland, OR
 Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 38

Kataka Rasi: 5.31 Tithi 5 – 6 244196579	Gulika 10:13AM – 12:07PM	Pushya Until 4:22AM Thu	Ganesha: Clear Sunrise: 4:31AM	Sobhana 5125
	Yama 6:25AM – 8:19AM	Vriddhi Until 4:37AM Thu	Muruga: Clear Sunset: 7:43PM	Moon 4 - Phase 6 - 18
	Rahu 12:07PM – 2:01PM	Kaulava Until 2:40AM Thu	Nataraja: Purple Moon – Blue	3rd Phase

Creative Work Siddha Yoga

Sivaloka Day
Jyeshtha*Vaikasi

6 Thursday, May 25, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR
 Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 39

Kataka Rasi: 17.28 Tithi 6 – 7 244196579	Gulika 8:18AM – 10:13AM	Ashlesha* Until 7:05AM Fri	Ganesha: Clear Sunrise: 4:30AM	Sobhana 5125
	Yama 4:30AM – 6:24AM	Dhruva Until 5:29AM Fri	Muruga: Clear Sunset: 7:44PM	Moon 4 - Phase 6 - 19
	Rahu 2:01PM – 3:55PM	Gara Until 4:59AM Fri	Nataraja: Purple Moon – Blue	3rd Phase

Creative Work Siddha Yoga
 Until 7:05AM Fri
 Then Routine Work - Marana Yoga

Sivaloka Day
Jyeshtha*Vaikasi

Friday, May 26, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, OR
 Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Vanija Karana Saptamyam Titau Sun 20 Sutra 40

Retreat Star

Kataka Rasi: 29.22 Tithi 7 344196579	Gulika 6:23AM – 8:18AM	Ashlesha* Until 7:05AM	Ganesha: White Sunrise: 4:29AM	Sobhana 5125
	Yama 3:56PM – 5:50PM	Vyaghata* Until 6:21AM Sat	Muruga: Clear Sunset: 7:45PM	Moon 4 - Phase 6 - 20
	Rahu 10:12AM – 12:07PM	Vanija Until 6:08PM	Nataraja: Purple Moon – Blue	3rd Phase

Routine Work Marana Yoga

Devaloka Day
Jyeshtha*Vaikasi

Saturday, May 27, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR
 Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 41

Retreat Star

Simha Rasi: 11.16 Tithi 8 354196579	Gulika 4:28AM – 6:23AM	Magha* Until 10:07AM	Ganesha: Clear Sunrise: 4:28AM	Sobhana 5125
	Yama 2:02PM – 3:56PM	Vyaghata* Until 6:21AM	Muruga: Clear Sunset: 7:46PM	Moon 4 - Phase 6 - 21
	Rahu 8:18AM – 10:12AM	Visti Until 7:18AM	Nataraja: Purple Moon – Red	Ashtami

Creative Work Amrita Yoga
 Until 10:07AM
 Then Creative Work - Siddha Yoga

Sivaloka Day
Jyeshtha*Vaikasi

Sunday, May 28, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR
 Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 42

Retreat Star

Simha Rasi: 23.16 Tithi 9 354196579	Gulika 3:57PM – 5:52PM	Purvaphalguni Until 12:44PM	Ganesha: Clear Sunrise: 4:28AM	Sobhana 5125
	Yama 12:07PM – 2:02PM	Harshana Until 7:04AM	Muruga: Clear Sunset: 7:47PM	Moon 4 - Phase 6 - 22
	Rahu 5:52PM – 7:47PM	Balava Until 9:22AM	Nataraja: Purple Moon – Red	Navami

Creative Work Siddha Yoga
 Until 12:44PM
 Then Creative Work - Amrita Yoga

Sivaloka Day
Jyeshtha*Vaikasi

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Monday, May 29, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
 Uttarahphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau Portland, OR
 Sun 23 Sutra 43
 Kanya Rasi: 5.25 Tithi 10 **Gulika** 2:02PM – 3:57PM **Uttarahphalguni Until 2:45PM** **Ganesha:** Clear *Sunrise:* 4:27AM Sobhana 5125
 Yama 10:12AM – 12:07PM **Muruga:** Clear *Sunset:* 7:48PM Moon 4 - Phase 7 - 23
Family Home Evening 354196579 **Rahu** 6:22AM – 8:17AM **Vajra* Until 7:26AM** **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Taitila Until 11:01AM** Moon – Red **Sivaloka Day**
Dashami Until 11:36PM **Jyeshtha*Vaikasi**

2 Tuesday, May 30, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
 Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau Portland, OR
 Sun 24 Sutra 44
 Kanya Rasi: 17.49 Tithi 11 **Gulika** 12:07PM – 2:03PM **Hasta Until 4:29PM** **Ganesha:** Purple *Sunrise:* 4:26AM Sobhana 5125
 Yama 8:17AM – 10:12AM **Siddhi Until 7:22AM** **Muruga:** Clear *Sunset:* 7:48PM Moon 4 - Phase 7 - 24
 364196579 **Rahu** 3:58PM – 5:53PM **Vanija Until 12:03PM** **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Ekadashi Until 12:16AM Wed** Moon – Green **Devaloka Day**
Jyeshtha*Vaikasi

3 Wednesday, May 31, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
 Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau Portland, OR
 Sun 25 Sutra 45
 Tula Rasi: 0.32 Tithi 12 **Gulika** 10:12AM – 12:07PM **Chitra Until 5:19PM** **Ganesha:** Purple *Sunrise:* 4:26AM Sobhana 5125
 Yama 6:21AM – 8:17AM **Vyatipata* Until 6:45AM** **Muruga:** Clear *Sunset:* 7:49PM Moon 4 - Phase 7 - 25
 364196579 **Rahu** 12:07PM – 2:03PM **Bava Until 12:21PM** **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Dvadashi Until 12:11AM Thu** Moon – Green **Devaloka Day**
Jyeshtha*Vaikasi

4 Thursday, June 1, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
 Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau Portland, OR
 Sun 26 Sutra 46
 Tula Rasi: 13.37 Tithi 13 **Gulika** 8:16AM – 10:12AM **Svati Until 5:15PM** **Ganesha:** Clear *Sunrise:* 4:25AM Sobhana 5125
 Yama 4:25AM – 6:21AM **Parigha* Until 3:40AM Fri** **Muruga:** Clear *Sunset:* 7:50PM Moon 4 - Phase 7 - 26
 364296579 **Rahu** 2:03PM – 3:59PM **Kaulava Until 11:53AM** **Nataraja:** Purple 4th Phase
 Creative Work Amrita Yoga **Trayodashi Until 11:21PM** Moon – Green **Sivaloka Day**
 Until 5:15PM **Jyeshtha*Vaikasi**
 Then Creative Work - Siddha Yoga **Pradosha Vrata**

5 Friday, June 2, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau Portland, OR
 Sun 27 Sutra 47
 Tula Rasi: 27.07 Tithi 14 **Gulika** 6:20AM – 8:16AM **Vishakha Until 4:47PM** **Ganesha:** White *Sunrise:* 4:24AM Sobhana 5125
 Yama 3:59PM – 5:55PM **Shiva Until 1:19AM Sat** **Muruga:** Clear *Sunset:* 7:51PM Moon 4 - Phase 7 - 27
 374296579 **Rahu** 10:12AM – 12:08PM **Gara Until 10:41AM** **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Vaikasi Visakam** **Chaturdashi* Until 9:49PM** Moon – Orange **Subha Sivaloka Day**
Jyeshtha*Vaikasi

○ Saturday, June 3, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau Portland, OR
 Sutra 48
 Vrischika Rasi: 11.01 Tithi 15 **Gulika** 4:24AM – 6:20AM **Anuradha Until 3:34PM** **Ganesha:** White *Sunrise:* 4:24AM Sobhana 5125
 Yama 2:04PM – 4:00PM **Siddha Until 10:28PM** **Muruga:** Clear *Sunset:* 7:52PM Moon 4 - Phase 7 -
 374296579 **Rahu** 8:16AM – 10:12AM **Visti Until 8:51AM** **Nataraja:** Purple Purnima
 Creative Work Siddha Yoga **Purnima* Until 7:43PM** Moon – Orange **Subha Sivaloka Day**
Jyeshtha*Vaikasi

Sunday, June 4, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau Portland, OR
 Sutra 49
 Vrischika Rasi: 25.15 Tithi 16 – 17 **Gulika** 4:00PM – 5:56PM **Jyeshtha* Until 1:45PM** **Ganesha:** White *Sunrise:* 4:23AM Sobhana 5125
 Yama 12:08PM – 2:04PM **Sadhya Until 7:18PM** **Muruga:** Clear *Sunset:* 7:53PM Moon 4 - Phase 7 -
 374296579 **Rahu** 5:56PM – 7:53PM **Balava Until 6:30AM** **Nataraja:** Purple Prathama
 Routine Work Marana Yoga **Prathama* Until 5:10PM** Moon – Orange **Subha Sivaloka Day**
 Until 1:45PM **Jyeshtha*Vaikasi**
 Then Creative Work - Amrita Yoga

Monday, June 5, 2023
Gold Retreat Star

Dhanus Rasi: 9.44 Tithi 17 – 18
Family Home Evening
 Creative Work Siddha Yoga
 Until 11:53AM
 Then Routine Work - Marana Yoga

Gulika 2:05PM – 4:01PM
Yama 10:12AM – 12:08PM
Rahu 6:19AM – 8:16AM

Mula* Until 11:53AM
 Subha Until 3:55PM
 Vanija Until 12:53AM Tue
Dvitiya Until 2:20PM

Ganesha: Yellow *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 7:53PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Portland, OR
 Sun 1 Sutra 50
 Sobhana 5125
 Moon 5 - Phase 8 - 1
 1st Phase

Sivaloka Day

1 **Tuesday, June 6, 2023**

Dhanus Rasi: 24.22 Tithi 18 – 19
 385296571
 Creative Work Siddha Yoga
 Until 9:44AM
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:08PM – 2:05PM
Yama 8:16AM – 10:12AM
Rahu 4:01PM – 5:58PM

Purvashadha* Until 9:44AM
 Sukla Until 12:24PM
 Bava Until 9:53PM
Tritiya Until 11:22AM

Ganesha: White *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 7:54PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Portland, OR
 Sun 2 Sutra 51
 Sobhana 5125
 Moon 5 - Phase 8 - 2
 1st Phase

Devaloka Day

2 **Wednesday, June 7, 2023**

Makara Rasi: 9.02 Tithi 19 – 20
 385296571
 Creative Work Amrita Yoga
 Until 7:26AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:12AM – 12:09PM
Yama 6:19AM – 8:15AM
Rahu 12:09PM – 2:05PM

Uttarashadha Until 7:26AM
 Brahma Until 8:54AM
 Kaulava Until 6:57PM
Chaturthi* Until 8:23AM

Ganesha: White *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:55PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Portland, OR
 Sun 3 Sutra 52
 Sobhana 5125
 Moon 5 - Phase 8 - 3
 1st Phase

Devaloka Day

3 **Thursday, June 8, 2023**

Makara Rasi: 23.37 Tithi 21
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 8:15AM – 10:12AM
Yama 4:22AM – 6:19AM
Rahu 2:05PM – 4:02PM

Dhanishtha Until 3:42AM Fri
 Vaidhriti* Until 2:18AM Fri
 Gara Until 4:13PM
Shashthi* Until 2:55AM Fri

Ganesha: Yellow *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:55PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Portland, OR
 Sun 4 Sutra 53
 Sobhana 5125
 Moon 5 - Phase 8 - 4
 1st Phase

Sivaloka Day

4 **Friday, June 9, 2023**

Kumbha Rasi: 8.02 Tithi 22
 395296571
 Creative Work Siddha Yoga
 Until 2:04AM Sat
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:19AM – 8:15AM
Yama 4:03PM – 5:59PM
Rahu 10:12AM – 12:09PM

Shatabhishak Until 2:04AM Sat
 Vishkambha* Until 11:21PM
 Visti Until 1:44PM
Saptami Until 12:36AM Sat

Ganesha: Yellow *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:56PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Portland, OR
 Sun 5 Sutra 54
 Sobhana 5125
 Moon 5 - Phase 8 - 5
 1st Phase

Sivaloka Day

Retreat Star
Saturday, June 10, 2023

Kumbha Rasi: 22.13 Tithi 23
 315296571
 Routine Work Marana Yoga
 Until 1:05AM Sun
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Purvaproshtpada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:21AM – 6:18AM
Yama 2:06PM – 4:03PM
Rahu 8:15AM – 10:12AM

Purvaproshtpada* Until 1:05AM Sun
 Priti Until 8:44PM
 Balava Until 11:37AM
Ashtami* Until 10:40PM

Ganesha: Clear *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 7:57PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Portland, OR
 Sun 6 Sutra 55
 Sobhana 5125
 Moon 5 - Phase 8 - 6
 Ashtami

Sivaloka Day

Retreat Star
Sunday, June 11, 2023

Meena Rasi: 6.1 Tithi 24
 315296571
 Creative Work Amrita Yoga
 Until 12:22AM Mon
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Gulika 4:03PM – 6:00PM
Yama 12:09PM – 2:06PM
Rahu 6:00PM – 7:57PM

Uttaraproshtpada Until 12:22AM Mon
 Ayushman Until 6:24PM
 Taitila Until 9:53AM
Navami* Until 9:09PM

Ganesha: Clear *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 7:57PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Portland, OR
 Sun 7 Sutra 56
 Sobhana 5125
 Moon 5 - Phase 8 - 7
 Navami

Sivaloka Day

Monday, June 12, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharyam Titau		Portland, OR Sun 8 Sutra 57	
1	Meena Rasi: 19.51 Tithi 25	Gulika 2:07PM – 4:04PM	Revati Until 11:55PM	Ganesha: Clear <i>Sunrise:</i> 4:21AM	Sobhana 5125
Family Home Evening	315296571	Yama 10:12AM – 12:10PM	Saubhagya Until 4:26PM	Muruga: Clear <i>Sunset:</i> 7:58PM	Moon 5 - Phase 8 - 8
Creative Work Siddha Yoga		Rahu 6:18AM – 8:15AM	Vanija Until 8:33AM	Nataraja: Blue	2nd Phase
			Dashami Until 8:02PM	Moon – Clear	Sivaloka Day
				Jyeshtha*Vaikasi	

Tuesday, June 13, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 9 Sutra 58	
2	Mesha Rasi: 3.17 Tithi 26	Gulika 12:10PM – 2:07PM	Ashvini Until 12:10AM Wed	Ganesha: White <i>Sunrise:</i> 4:21AM	Sobhana 5125
	325296571	Yama 8:15AM – 12:10PM	Sobhana Until 2:49PM	Muruga: Clear <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 - 9
Creative Work Siddha Yoga		Rahu 4:04PM – 6:01PM	Bava Until 7:39AM	Nataraja: Blue	2nd Phase
			Ekadashi* Until 7:20PM	Moon – White	Devaloka Day
				Jyeshtha*Vaikasi	

Wednesday, June 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR Sun 10 Sutra 59	
3	Mesha Rasi: 16.31 Tithi 27	Gulika 10:13AM – 12:10PM	Bharani Until 12:41AM Thu	Ganesha: White <i>Sunrise:</i> 4:21AM	Sobhana 5125
	325296571	Yama 6:18AM – 8:15AM	Athiganda* Until 1:30PM	Muruga: Clear <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 - 10
Creative Work Siddha Yoga		Rahu 12:10PM – 2:07PM	Kaulava Until 7:10AM	Nataraja: Blue	2nd Phase
Until 12:41AM Thu			Dvadashi* Until 7:03PM	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha*Vaikasi	

Thursday, June 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 60	
4	Mesha Rasi: 29.31 Tithi 28	Gulika 8:16AM – 10:13AM	Krittika Until 1:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:21AM	Sobhana 5125
	326296571	Yama 4:21AM – 6:18AM	Sukarma Until 12:31PM	Muruga: Clear <i>Sunset:</i> 7:59PM	Moon 5 - Phase 9 - 11
Routine Work Marana Yoga		Rahu 2:07PM – 4:05PM	Gara Until 7:05AM	Nataraja: Blue	2nd Phase
			Trayodashi* Until 7:10PM	Moon – White	Sivaloka Day
				Jyeshtha*Ani	
				Pradosha Vrata (Fasting)	

Friday, June 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 12 Sutra 61	
5	Vrishabha Rasi: 12.19 Tithi 29	Gulika 6:18AM – 8:16AM	Rohini Until 2:55AM Sat	Ganesha: Red <i>Sunrise:</i> 4:21AM	Sobhana 5125
	336296571	Yama 4:05PM – 6:02PM	Dhriti Until 11:52AM	Muruga: Clear <i>Sunset:</i> 8:00PM	Moon 5 - Phase 9 - 12
Routine Work Marana Yoga		Rahu 10:13AM – 12:10PM	Visti Until 7:24AM	Nataraja: Blue	2nd Phase
Until 2:55AM Sat			Chaturdashi* Until 7:42PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha*Ani	

Saturday, June 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR Sun 13 Sutra 62	
Retreat Star	Vrishabha Rasi: 24.56 Tithi 30	Gulika 4:21AM – 6:18AM	Mrigashira Until 4:36AM Sun	Ganesha: Red <i>Sunrise:</i> 4:21AM	Sobhana 5125
	336216571	Yama 2:08PM – 4:05PM	Shula* Until 11:31AM	Muruga: Yellow <i>Sunset:</i> 8:00PM	Moon 5 - Phase 9 - 13
Creative Work Siddha Yoga		Rahu 8:16AM – 10:13AM	Catuspada Until 8:08AM	Nataraja: Blue	Amavasya
			Amavasya* Until 8:38PM	Moon – Yellow	Sivaloka Day
				Jyeshtha*Ani	

Sunday, June 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhdi Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 14 Sutra 63	
Retreat Star	Mithuna Rasi: 7.22 Tithi 1	Gulika 4:06PM – 6:03PM	Ardra Until 6:31AM Mon	Ganesha: Red <i>Sunrise:</i> 4:21AM	Sobhana 5125
	336216571	Yama 12:11PM – 2:08PM	Ganda* Until 11:29AM	Muruga: Yellow <i>Sunset:</i> 8:00PM	Moon 5 - Phase 9 - 14
Creative Work Siddha Yoga		Rahu 6:03PM – 8:00PM	Kintughna Until 9:16AM	Nataraja: Blue	Prathama
Until 6:31AM Mon			Prathama* Until 9:57PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Amrita Yoga		Father's Day		Ashada*Ani	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Portland, OR on 11/20/21

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1 Monday, June 19, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 64

Mithuna Rasi: 19.38	Tithi 2	Gulika 2:08PM – 4:06PM	Ardra Until 6:31AM	Ganesha: Red	Sunrise: 4:21AM	Sobhana 5125
Family Home Evening	336216571	Yama 10:13AM – 12:11PM	Vridhi Until 11:46AM	Muruga: Yellow	Sunset: 8:01PM	Moon 5 - Phase 10 - 15
Creative Work Siddha Yoga		Rahu 6:19AM – 8:16AM	Balava Until 10:47AM	Nataraja: Blue		3rd Phase
Until 6:31AM			Dvitiya Until 11:39PM	Moon – Yellow		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada*Ani		

2 Tuesday, June 20, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, OR
 Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau Sun 16 Sutra 65

Kataka Rasi: 1.46	Tithi 3	Gulika 12:11PM – 2:09PM	Punarvasu Until 9:07AM	Ganesha: Yellow	Sunrise: 4:21AM	Sobhana 5125
	346216571	Yama 8:16AM – 10:14AM	Dhruva Until 12:17PM	Muruga: Yellow	Sunset: 8:01PM	Moon 5 - Phase 10 - 16
Creative Work Siddha Yoga		Rahu 4:06PM – 6:03PM	Taitila Until 12:38PM	Nataraja: Blue		3rd Phase
			Tritiya Until 1:40AM Wed	Moon – Blue		Sivaloka Day
				Ashada*Ani		

3 Wednesday, June 21, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Portland, OR
 Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 17 Sutra 66

Kataka Rasi: 13.46	Tithi 4	Gulika 10:14AM – 12:11PM	Pushya Until 11:49AM	Ganesha: Yellow	Sunrise: 4:22AM	Sobhana 5125
	346216571	Yama 6:19AM – 8:16AM	Vyaghata* Until 1:03PM	Muruga: Yellow	Sunset: 8:01PM	Moon 5 - Phase 10 - 17
Creative Work Siddha Yoga		Rahu 12:11PM – 2:09PM	Vanija Until 2:48PM	Nataraja: Blue		3rd Phase
			Chaturthi* Until 3:56AM Thu	Moon – Blue		Sivaloka Day
				Ashada*Ani		

4 Thursday, June 22, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR
 Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 67

Kataka Rasi: 25.4	Tithi 5	Gulika 8:17AM – 10:14AM	Ashlesha* Until 2:34PM	Ganesha: Blue	Sunrise: 4:22AM	Sobhana 5125
	347216571	Yama 4:22AM – 6:19AM	Harshana Until 1:59PM	Muruga: Yellow	Sunset: 8:01PM	Moon 5 - Phase 10 - 18
Creative Work Siddha Yoga		Rahu 2:09PM – 4:06PM	Bava Until 5:09PM	Nataraja: Blue		3rd Phase
Until 2:34PM			Panchami Until 6:20AM Fri	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga				Ashada*Ani		

5 Friday, June 23, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, OR
 Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 68

Simha Rasi: 7.32	Tithi 5 – 6	Gulika 6:19AM – 8:17AM	Magha* Until 5:43PM	Ganesha: Yellow	Sunrise: 4:22AM	Sobhana 5125
	357216571	Yama 4:07PM – 6:04PM	Vajra* Until 2:56PM	Muruga: Yellow	Sunset: 8:02PM	Moon 5 - Phase 10 - 19
Routine Work Marana Yoga		Rahu 10:14AM – 12:12PM	Kaulava Until 7:33PM	Nataraja: Blue		3rd Phase
Until 5:43PM			Panchami Until 6:20AM	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani		

6 Saturday, June 24, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR
 Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 69

Simha Rasi: 19.24	Tithi 6 – 7	Gulika 4:22AM – 6:20AM	Purvaphalguni Until 8:35PM	Ganesha: Yellow	Sunrise: 4:22AM	Sobhana 5125
	357216571	Yama 2:09PM – 4:07PM	Siddhi Until 3:50PM	Muruga: Yellow	Sunset: 8:02PM	Moon 5 - Phase 10 - 20
Creative Work Siddha Yoga		Rahu 8:17AM – 10:15AM	Gara Until 9:50PM	Nataraja: Blue		3rd Phase
Until 8:35PM			Shashthi* Until 8:42AM	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga				Ashada*Ani		

Sunday, June 25, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR
 Uttaraaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 70

Retreat Star

Kanya Rasi: 1.22	Tithi 7 – 8	Gulika 4:07PM – 6:04PM	Uttaraaphalguni Until 10:59PM	Ganesha: Yellow	Sunrise: 4:23AM	Sobhana 5125
	357216571	Yama 12:12PM – 2:10PM	Vyatipata* Until 4:32PM	Muruga: Yellow	Sunset: 8:02PM	Moon 5 - Phase 10 - 21
Creative Work Amrita Yoga		Rahu 6:04PM – 8:02PM	Visti Until 11:46PM	Nataraja: Blue		Ashtami
			Saptami Until 10:50AM	Moon – Red		Sivaloka Day
		Chidambaram Abhishekam		Ashada*Ani		

Monday, June 26, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 71

Retreat Star

Kanya Rasi: 13.28	Tithi 8 – 9	Gulika 2:10PM – 4:07PM	Hasta Until 1:10AM Tue	Ganesha: Clear	Sunrise: 4:23AM	Sobhana 5125
	367316571	Yama 10:15AM – 12:12PM	Variyan Until 4:49PM	Muruga: Yellow	Sunset: 8:02PM	Moon 5 - Phase 10 - 22
Family Home Evening		Rahu 6:20AM – 8:18AM	Balava Until 1:09AM Tue	Nataraja: Blue		Navami
Creative Work Siddha Yoga			Ashtami* Until 12:31PM	Moon – Green		Sivaloka Day
				Ashada*Ani		

1	Tuesday, June 27, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Portland, OR Sutra 72
	Kanya Rasi: 25.5 Tithi 9 – 10	Gulika 12:13PM – 2:10PM Yama 8:18AM – 10:15AM Rahu 4:07PM – 6:04PM	Sun 23 Sutra 72 Sobhana 5125 Moon 5 - Phase 11 - 23 4th Phase
	367316571	Chitra Until 2:29AM Wed Parigha* Until 4:35PM Taitila Until 1:48AM Wed Navami* Until 1:33PM	Ganesh: Clear <i>Sunrise:</i> 4:23AM Muruga: Yellow <i>Sunset:</i> 8:02PM Nataraja: Blue Moon – Green Sivaloka Day Ashada*Ani
	Creative Work Siddha Yoga		


2	Wednesday, June 28, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Portland, OR Sutra 73
	Tula Rasi: 8.32 Tithi 10 – 11	Gulika 10:16AM – 12:13PM Yama 6:21AM – 8:18AM Rahu 12:13PM – 2:10PM	Sun 24 Sutra 73 Sobhana 5125 Moon 5 - Phase 11 - 24 4th Phase
	367316571	Svati Until 2:49AM Thu Shiva Until 3:44PM Vanija Until 1:37AM Thu Dashami Until 1:48PM	Ganesh: Clear <i>Sunrise:</i> 4:24AM Muruga: Yellow <i>Sunset:</i> 8:02PM Nataraja: Blue Moon – Green Sivaloka Day Ashada*Ani
	Creative Work Siddha Yoga		


3	Thursday, June 29, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Portland, OR Sutra 74
	Tula Rasi: 21.4 Tithi 11 – 12	Gulika 8:19AM – 10:16AM Yama 4:24AM – 6:22AM Rahu 2:10PM – 4:07PM	Sun 25 Sutra 74 Sobhana 5125 Moon 5 - Phase 11 - 25 4th Phase
	378316571	Vishakha Until 2:38AM Fri Siddha Until 2:11PM Bava Until 12:35AM Fri Ekadashi Until 1:11PM	Ganesh: Clear <i>Sunrise:</i> 4:24AM Muruga: Yellow <i>Sunset:</i> 8:02PM Nataraja: Blue Moon – Orange Sivaloka Day Ashada*Ani
	Creative Work Siddha Yoga		

4	Friday, June 30, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Portland, OR Sutra 75
	Vrischika Rasi: 5.15 Tithi 12 – 13	Gulika 6:22AM – 8:19AM Yama 4:07PM – 6:04PM Rahu 10:16AM – 12:13PM	Sun 26 Sutra 75 Sobhana 5125 Moon 5 - Phase 11 - 26 4th Phase
	378316571	Anuradha Until 1:32AM Sat Sadhya Until 11:59AM Kaulava Until 10:47PM Dvadashi Until 11:45AM	Ganesh: Clear <i>Sunrise:</i> 4:25AM Muruga: Yellow <i>Sunset:</i> 8:01PM Nataraja: Blue Moon – Orange Sivaloka Day Ashada*Ani
	Creative Work Siddha Yoga		

Pradosha Vrata

5	Saturday, July 1, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Portland, OR Sutra 76
	Vrischika Rasi: 19.19 Tithi 13 – 14	Gulika 4:25AM – 6:22AM Yama 2:10PM – 4:07PM Rahu 8:19AM – 10:16AM	Sun 27 Sutra 76 Sobhana 5125 Moon 5 - Phase 11 - 27 4th Phase
	378316571	Jyeshtha* Until 11:38PM Subha Until 9:12AM Gara Until 8:18PM Trayodashi Until 9:36AM	Ganesh: Clear <i>Sunrise:</i> 4:25AM Muruga: Yellow <i>Sunset:</i> 8:01PM Nataraja: Blue Moon – Orange Sivaloka Day Ashada*Ani
	Creative Work Siddha Yoga		

	Sunday, July 2, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	Portland, OR Sutra 77
	Dhanus Rasi: 3.47 Tithi 14 – 15	Gulika 4:07PM – 6:04PM Yama 12:14PM – 2:10PM Rahu 6:04PM – 8:01PM	Sun 28 Sutra 77 Sobhana 5125 Moon 5 - Phase 11 - Purnima
	388316571	Mula* Until 9:31PM Brahma Until 2:14AM Mon Bava Until 3:39AM Mon Chaturdashi* Until 6:50AM	Ganesh: Purple <i>Sunrise:</i> 4:26AM Muruga: Yellow <i>Sunset:</i> 8:01PM Nataraja: Blue Moon – Light Blue Devaloka Day Ashada*Ani
	Creative Work Amrita Yoga Until 9:31PM Then Creative Work - Siddha Yoga	Satguru Purnima	

	Monday, July 3, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau	Portland, OR Sutra 78
	Dhanus Rasi: 18.35 Tithi 16	Gulika 2:10PM – 4:07PM Yama 10:17AM – 12:14PM Rahu 6:23AM – 8:20AM	Sun 29 Sutra 78 Sobhana 5125 Moon 5 - Phase 11 - Prathama
	388316571	Purvashadha* Until 6:56PM Indra Until 10:21PM Balava Until 1:57PM Prathama* Until 12:11AM Tue	Ganesh: Purple <i>Sunrise:</i> 4:27AM Muruga: Yellow <i>Sunset:</i> 8:01PM Nataraja: Blue Moon – Light Blue Devaloka Day Ashada*Ani
	Family Home Evening Routine Work Marana Yoga		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

Tuesday, July 4, 2023
Gold Retreat Star

Makara Rasi: 3.35 Tithi 17
388316571
Routine Work Prabalarishta Yoga
Until 4:05PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 12:14PM – 2:11PM
Yama 8:21AM – 10:17AM
Rahu 4:07PM – 6:04PM
Uttarashadha Until 4:05PM
Vaidhriti* Until 6:20PM
Taitila Until 10:25AM
Dvitiya Until 8:37PM

Mangala Vasara Yuktayam
Sun 1 Sutra 79
Sobhana 5125
Moon 6 - Phase 12 - 1
1st Phase
Ganesh: Purple
Muruga: Yellow
Nataraja: Blue
Moon – Light Blue
Ashada*Ani
Sunrise: 4:27AM
Sunset: 8:00PM
Devaloka Day

1
Wednesday, July 5, 2023

Makara Rasi: 18.37 Tithi 18 – 19
399316571
Creative Work Siddha Yoga
Until 1:31PM
Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau
Gulika 10:17AM – 12:14PM
Yama 6:24AM – 8:21AM
Rahu 12:14PM – 2:11PM
Shravana Until 1:31PM
Vishkambha* Until 2:23PM
Vanija Until 6:52AM
Tritiya Until 5:07PM

Portland, OR
Sun 2 Sutra 80
Sobhana 5125
Moon 6 - Phase 12 - 2
1st Phase
Ganesh: Purple
Muruga: Yellow
Nataraja: Blue
Moon – Purple
Ashada*Ani
Sunrise: 4:28AM
Sunset: 8:00PM
Subha Sivaloka Day

2
Thursday, July 6, 2023

Kumbha Rasi: 3.34 Tithi 19 – 20
499316571
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 8:21AM – 10:18AM
Yama 4:29AM – 6:25AM
Rahu 2:11PM – 4:07PM
Dhanishtha Until 11:01AM
Priti Until 10:36AM
Kaulava Until 12:20AM Fri
Chaturthi* Until 1:50PM

Portland, OR
Sun 3 Sutra 81
Sobhana 5125
Moon 6 - Phase 12 - 3
1st Phase
Ganesh: Clear
Muruga: Yellow
Nataraja: Blue
Moon – Purple
Ashada*Ani
Sunrise: 4:29AM
Sunset: 8:00PM
Sivaloka Day

3
Friday, July 7, 2023

Kumbha Rasi: 18.16 Tithi 20 – 21
499316571
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 6:26AM – 8:22AM
Yama 4:07PM – 6:03PM
Rahu 10:18AM – 12:14PM
Shatabhishak Until 8:43AM
Ayushman Until 7:04AM
Gara Until 9:37PM
Panchami Until 10:54AM

Portland, OR
Sun 4 Sutra 82
Sobhana 5125
Moon 6 - Phase 12 - 4
1st Phase
Ganesh: Clear
Muruga: Yellow
Nataraja: Blue
Moon – Purple
Ashada*Ani
Sunrise: 4:29AM
Sunset: 7:59PM
Sivaloka Day

4
Saturday, July 8, 2023

Meena Rasi: 2.38 Tithi 21 – 22
419316571
Routine Work Marana Yoga
Until 7:09AM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttarproshthapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 4:30AM – 6:26AM
Yama 2:11PM – 4:07PM
Rahu 8:22AM – 10:18AM
Purvaproshtapada* Until 7:09AM
Sobhana Until 1:15AM Sun
Visti Until 7:26PM
Shashthi* Until 8:26AM

Portland, OR
Sun 5 Sutra 83
Sobhana 5125
Moon 6 - Phase 12 - 5
1st Phase
Ganesh: Yellow
Muruga: Yellow
Nataraja: Blue
Moon – Clear
Ashada*Ani
Sunrise: 4:30AM
Sunset: 7:59PM
Sivaloka Day

Retreat Star
Sunday, July 9, 2023

Meena Rasi: 16.39 Tithi 22 – 23
419316571
Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarproshthapada*/Revati Nakshatra Athiganda* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau
Gulika 4:07PM – 6:02PM
Yama 12:15PM – 2:11PM
Rahu 6:02PM – 7:58PM
Uttarproshthapada Until 6:01AM
Athiganda* Until 11:02PM
Kaulava Until 5:15AM Mon
Saptami Until 6:32AM

Portland, OR
Sun 6 Sutra 84
Sobhana 5125
Moon 6 - Phase 12 - 6
Ashtami
Ganesh: Yellow
Muruga: Yellow
Nataraja: Blue
Moon – Clear
Ashada*Ani
Sunrise: 4:31AM
Sunset: 7:58PM
Sivaloka Day

Retreat Star
Monday, July 10, 2023

Mesha Rasi: 0.17 Tithi 24
429316571
Family Home Evening
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau
Gulika 2:11PM – 4:06PM
Yama 10:19AM – 12:15PM
Rahu 6:27AM – 8:23AM
Ashvini Until 5:33AM Tue
Sukarma Until 9:21PM
Taitila Until 4:51PM
Navami* Until 4:34AM Tue

Portland, OR
Sun 7 Sutra 85
Sobhana 5125
Moon 6 - Phase 12 - 7
Navami
Ganesh: Blue
Muruga: Yellow
Nataraja: Blue
Moon – White
Ashada*Ani
Sunrise: 4:32AM
Sunset: 7:58PM
Subha Sivaloka Day

1 Tuesday, July 11, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Portland, OR
 Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8 Sutra 86

Mesha Rasi: 13.34 Tithi 25
 429316571 **Gulika 12:15PM – 2:11PM** **Bharani Until 6:12AM Wed** **Ganesha: Blue** Sunrise: 4:32AM Sobhana 5125
 Yama 8:24AM – 10:19AM Dhriti Until 8:08PM **Muruga: Yellow** Sunset: 7:57PM Moon 6 - Phase 13 - 8
Rahu 4:06PM – 6:02PM Vanija Until 4:29PM **Nataraja: Blue** 2nd Phase
 Moon – White **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Dashami Until 4:29AM Wed** **Ashada*Ani**
 Until 6:12AM Wed
 Then Creative Work - Amrita Yoga

2 Wednesday, July 12, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Portland, OR
 Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 87

Mesha Rasi: 26.33 Tithi 26
 429316571 **Gulika 10:20AM – 12:15PM** **Bharani Until 6:12AM** **Ganesha: Blue** Sunrise: 4:33AM Sobhana 5125
 Yama 6:29AM – 8:24AM Shula* Until 7:21PM **Muruga: Yellow** Sunset: 7:57PM Moon 6 - Phase 13 - 9
Rahu 12:15PM – 2:10PM Bava Until 4:40PM **Nataraja: Blue** 2nd Phase
 Moon – White **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Ekadashi* Until 4:55AM Thu** **Ashada*Ani**
 Until 6:12AM
 Then Creative Work - Amrita Yoga

3 Thursday, July 13, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Portland, OR
 Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashtyam Titau Sun 10 Sutra 88

Vrishabha Rasi: 9.17 Tithi 27
 421316571 **Gulika 8:25AM – 10:20AM** **Krittika Until 7:12AM** **Ganesha: Purple** Sunrise: 4:34AM Sobhana 5125
 Yama 4:34AM – 6:29AM Ganda* Until 6:56PM **Muruga: Yellow** Sunset: 7:56PM Moon 6 - Phase 13 - 10
Rahu 2:10PM – 4:06PM Kaulava Until 5:20PM **Nataraja: Blue** 2nd Phase
 Moon – White **Subha Sivaloka Day**
 Routine Work Marana Yoga **Dvadashti* Until 5:48AM Fri** **Ashada*Ani**

4 Friday, July 14, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Portland, OR
 Rohini/Mrigashira Nakshatra Vriddhi Yoga Gara Karana Trayodashyam Titau Sun 11 Sutra 89

Vrishabha Rasi: 21.48 Tithi 28
 431316571 **Gulika 6:30AM – 8:25AM** **Rohini Until 8:56AM** **Ganesha: Clear** Sunrise: 4:35AM Sobhana 5125
 Yama 4:05PM – 6:00PM Vriddhi Until 6:51PM **Muruga: Yellow** Sunset: 7:55PM Moon 6 - Phase 13 - 11
Rahu 10:20AM – 12:15PM Gara Until 6:24PM **Nataraja: Blue** 2nd Phase
 Moon – Yellow **Sivaloka Day**
 Routine Work Marana Yoga **Trayodashi* Until 7:04AM Sat** **Ashada*Ani**
 Until 8:56AM **Pradosha Vrata (Fasting)**
 Then Creative Work - Siddha Yoga

5 Saturday, July 15, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Portland, OR
 Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 90

Mithuna Rasi: 4.1 Tithi 28 – 29
 431316571 **Gulika 4:36AM – 6:31AM** **Mrigashira Until 10:53AM** **Ganesha: Clear** Sunrise: 4:36AM Sobhana 5125
 Yama 2:10PM – 4:05PM Dhruva Until 7:02PM **Muruga: Yellow** Sunset: 7:55PM Moon 6 - Phase 13 - 12
Rahu 8:26AM – 10:20AM Visti Until 7:50PM **Nataraja: Blue** 2nd Phase
 Moon – Yellow **Sivaloka Day**
 Creative Work Siddha Yoga **Trayodashi* Until 7:04AM** **Ashada*Ani**

6 Sunday, July 16, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Portland, OR
 Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau Sun 13 Sutra 91

Mithuna Rasi: 16.22 Tithi 29 – 30
 431316571 **Gulika 4:05PM – 5:59PM** **Ardra Until 12:59PM** **Ganesha: Clear** Sunrise: 4:37AM Sobhana 5125
 Yama 12:15PM – 2:10PM Vyaghata* Until 7:27PM **Muruga: Yellow** Sunset: 7:54PM Moon 6 - Phase 13 - 13
Rahu 5:59PM – 7:54PM Catuspada Until 9:35PM **Nataraja: Blue** Amavasya
 Moon – Yellow **Sivaloka Day**
 Creative Work Siddha Yoga **Chaturdashy* Until 8:39AM** **Ashada*Adi**

7 Monday, July 17, 2023 Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 92

Mithuna Rasi: 28.28 Tithi 30 – 1
 441316572 **Gulika 2:10PM – 4:04PM** **Punarvasu Until 3:40PM** **Ganesha: Orange** Sunrise: 4:38AM Sobhana 5125
 Yama 10:21AM – 12:16PM Harshana Until 8:05PM **Muruga: Yellow** Sunset: 7:53PM Moon 6 - Phase 13 - 14
Rahu 6:32AM – 8:27AM Kintughna Until 11:35PM **Nataraja: Yellow** Prathama
 Moon – Blue **Devaloka Day**
 Creative Work Amrita Yoga **Amavasya* Until 10:32AM** **Sravana Adhika*Adi**
 Until 3:40PM
 Then Creative Work - Siddha Yoga

1		Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 15 Sutra 93	
Kataka Rasi: 10.28	Tithi 1 – 2	Gulika 12:16PM – 2:10PM	Pushya Until 6:26PM	Ganesh: Orange	<i>Sunrise:</i> 4:39AM	Sobhana 5125	
		Yama 8:27AM – 10:21AM	Vajra* Until 8:53PM	Muruga: Yellow	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 14 - 15	
441316572	Rahu 4:04PM – 5:58PM		Balava Until 1:49AM Wed	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 12:39PM	Moon – Blue		Devaloka Day	
				Sravana Adhika*Adi			
2		Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, OR Sun 16 Sutra 94	
Kataka Rasi: 22.23	Tithi 2 – 3	Gulika 10:22AM – 12:16PM	Ashlesha* Until 9:12PM	Ganesh: Orange	<i>Sunrise:</i> 4:40AM	Sobhana 5125	
		Yama 6:34AM – 8:28AM	Siddhi Until 9:49PM	Muruga: Yellow	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 14 - 16	
441316572	Rahu 12:16PM – 2:10PM		Taitila Until 4:13AM Thu	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 2:59PM	Moon – Blue		Devaloka Day	
				Sravana Adhika*Adi			
3		Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, OR Sun 17 Sutra 95	
Simha Rasi: 4.15	Tithi 3 – 4	Gulika 8:28AM – 10:22AM	Magha* Until 12:24AM Fri	Ganesh: Clear	<i>Sunrise:</i> 4:41AM	Sobhana 5125	
		Yama 4:41AM – 6:35AM	Vyatipata* Until 10:51PM	Muruga: Yellow	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 14 - 17	
451316572	Rahu 2:09PM – 4:03PM		Vanija Until 6:41AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 5:25PM	Moon – Red		Devaloka Day	
Until 12:24AM Fri				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga							
4		Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthyam Titau		Portland, OR Sun 18 Sutra 96	
Simha Rasi: 16.05	Tithi 4	Gulika 6:35AM – 8:29AM	Purvaphalguni Until 3:24AM Sat	Ganesh: White	<i>Sunrise:</i> 4:42AM	Sobhana 5125	
		Yama 4:03PM – 5:56PM	Variyan Until 11:50PM	Muruga: Yellow	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 14 - 18	
451416572	Rahu 10:22AM – 12:16PM		Vanija Until 6:41AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 7:53PM	Moon – Red		Bhuloka Day	
Until 3:24AM Sat				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
5		Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Portland, OR Sun 19 Sutra 97	
Simha Rasi: 27.56	Tithi 5	Gulika 4:43AM – 6:36AM	Uttaraphalguni Until 6:03AM Sun	Ganesh: White	<i>Sunrise:</i> 4:43AM	Sobhana 5125	
		Yama 2:09PM – 4:02PM	Parigha* Until 12:42AM Sun	Muruga: Yellow	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 14 - 19	
451416572	Rahu 8:29AM – 10:23AM		Bava Until 9:05AM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 10:12PM	Moon – Red		Bhuloka Day	
Until 6:03AM Sun				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							
6		Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, OR Sun 20 Sutra 98	
Kanya Rasi: 9.53	Tithi 6	Gulika 4:02PM – 5:55PM	Uttaraphalguni Until 6:03AM	Ganesh: Clear	<i>Sunrise:</i> 4:44AM	Sobhana 5125	
		Yama 12:16PM – 2:09PM	Shiva Until 1:19AM Mon	Muruga: Yellow	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 14 - 20	
452416572	Rahu 5:55PM – 7:48PM		Kaulava Until 11:16AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 12:11AM Mon	Moon – Red		Devaloka Day	
				Sravana Adhika*Adi			
Monday, July 24, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Portland, OR Sun 21 Sutra 99	
Kanya Rasi: 21.58	Tithi 7	Gulika 2:09PM – 4:01PM	Hasta Until 8:40AM	Ganesh: Purple	<i>Sunrise:</i> 4:45AM	Sobhana 5125	
Family Home Evening		Yama 10:23AM – 12:16PM	Siddha Until 1:30AM Tue	Muruga: Yellow	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 14 - 21	
462416572	Rahu 6:38AM – 8:30AM		Gara Until 1:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:38AM Tue	Moon – Green		Sivaloka Day	
Until 8:40AM				Sravana Adhika*Adi			
Then Routine Work - Prabalarishta Yoga							
Tuesday, July 25, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, OR Sun 22 Sutra 100	
Tula Rasi: 4.17	Tithi 8	Gulika 12:16PM – 2:08PM	Chitra Until 10:32AM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM	Sobhana 5125	
		Yama 8:31AM – 10:23AM	Sadhya Until 1:07AM Wed	Muruga: Yellow	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 14 - 22	
462416572	Rahu 4:01PM – 5:53PM		Visti Until 2:07PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 2:22AM Wed	Moon – Green		Sivaloka Day	
				Sravana Adhika*Adi			
Wednesday, July 26, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Portland, OR Sun 23 Sutra 101	
Tula Rasi: 16.57	Tithi 9	Gulika 10:24AM – 12:16PM	Svati Until 11:29AM	Ganesh: Purple	<i>Sunrise:</i> 4:47AM	Sobhana 5125	
		Yama 6:39AM – 8:31AM	Subha Until 12:07AM Thu	Muruga: Yellow	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 14 - 23	
462416572	Rahu 12:16PM – 2:08PM		Balava Until 2:27PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:16AM Thu	Moon – Green		Sivaloka Day	
				Sravana Adhika*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/20/21

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1 Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Portland, OR Sun 24 Sutra 102
Vrischika Rasi: 0.01	Tithi 10	Gulika 8:32AM – 10:24AM	Vishakha Until 11:55AM	Ganesha: Clear <i>Sunrise:</i> 4:48AM Muruga: Yellow <i>Sunset:</i> 7:43PM
		Yama 4:48AM – 6:40AM	Sukla Until 10:23PM	Moon 6 - Phase 15 - 24
		472416572 Rahu 2:08PM – 4:00PM	Taitila Until 1:55PM	4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:18AM Fri	Devaloka Day Sravana Adhika*Adi

2 Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 25 Sutra 103
Vrischika Rasi: 13.34	Tithi 11	Gulika 6:41AM – 8:33AM	Anuradha Until 11:21AM	Ganesha: Clear <i>Sunrise:</i> 4:49AM Muruga: Yellow <i>Sunset:</i> 7:42PM
		Yama 3:59PM – 5:51PM	Brahma Until 7:59PM	Moon 6 - Phase 15 - 25
		472416572 Rahu 10:24AM – 12:16PM	Vanija Until 12:31PM	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:31PM	Devaloka Day Sravana Adhika*Adi
Until 11:21AM				
Then Routine Work - Marana Yoga				

3 Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Portland, OR Sun 26 Sutra 104
Vrischika Rasi: 27.37	Tithi 12	Gulika 4:50AM – 6:42AM	Jyeshtha* Until 9:51AM	Ganesha: Clear <i>Sunrise:</i> 4:50AM Muruga: Yellow <i>Sunset:</i> 7:41PM
		Yama 2:07PM – 3:58PM	Indra Until 4:59PM	Moon 6 - Phase 15 - 26
		472416572 Rahu 8:33AM – 10:24AM	Bava Until 10:21AM	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:59PM	Devaloka Day Sravana Adhika*Adi

4 Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 27 Sutra 105
Dhanus Rasi: 12.07	Tithi 13 – 14	Gulika 3:58PM – 5:49PM	Mula* Until 7:58AM	Ganesha: White <i>Sunrise:</i> 4:52AM Muruga: Yellow <i>Sunset:</i> 7:40PM
		Yama 12:16PM – 2:07PM	Vaidhriti* Until 1:27PM	Moon 6 - Phase 15 - 27
		482416572 Rahu 5:49PM – 7:40PM	Kaulava Until 7:31AM	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 5:53PM	Sivaloka Day Sravana Adhika*Adi
Until 7:58AM				
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	

Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, OR Sun 28 Sutra 106
Copper Retreat Star		Gulika 2:06PM – 3:57PM	Uttarashadha Until 2:25AM Tue	Ganesha: White <i>Sunrise:</i> 4:53AM Muruga: Yellow <i>Sunset:</i> 7:39PM
Dhanus Rasi: 27.01	Tithi 14 – 15	Yama 10:25AM – 12:16PM	Vishkambha* Until 9:32AM	Moon 6 - Phase 15 -
Family Home Evening		482416572 Rahu 6:43AM – 8:34AM	Visti Until 12:30AM Tue	Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 2:21PM	Sivaloka Day Sravana Adhika*Adi
Until 2:25AM Tue				
Then Creative Work - Siddha Yoga				

Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR Sun 29 Sutra 107
Silver Retreat Star		Gulika 12:16PM – 2:06PM	Shravana Until 11:32PM	Ganesha: Yellow <i>Sunrise:</i> 4:54AM Muruga: Yellow <i>Sunset:</i> 7:37PM
Makara Rasi: 12.1	Tithi 15 – 16	Yama 8:35AM – 10:25AM	Ayushman Until 1:06AM Wed	Moon 6 - Phase 15 -
		492416572 Rahu 3:56PM – 5:47PM	Balava Until 8:39PM	Prathama
Creative Work	Siddha Yoga		Purnima* Until 10:34AM	Devaloka Day Sravana Adhika*Adi



Wednesday, August 2, 2023

Gold Retreat Star

Makara Rasi: 27.26 Tithi 16 - 17

Gulika 10:25AM - 12:16PM
Yama 6:45AM - 8:35AM
492416572 Rahu 12:16PM - 2:06PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Dhanishtha Until 8:32PM

Saubhagya Until 8:53PM

Gara Until 2:55AM Thu

Prathama* Until 6:42AM

Ganesh: Yellow Sunrise: 4:55AM

Muruga: Yellow Sunset: 7:36PM

Nataraja: Yellow

Moon - Purple

Sravana Adhika*Adi

Devaloka Day

Routine Work Prabalarishta Yoga

Until 8:32PM

Then Creative Work - Siddha Yoga

Thursday, August 3, 2023

1

Kumbha Rasi: 12.37 Tithi 18

Gulika 8:36AM - 10:26AM
Yama 4:56AM - 6:46AM
492416572 Rahu 2:05PM - 3:55PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shatabhishak Until 5:37PM

Sobhana Until 4:50PM

Vanija Until 1:08PM

Tritiya Until 11:24PM

Ganesh: Yellow Sunrise: 4:56AM

Muruga: Yellow Sunset: 7:35PM

Nataraja: Yellow

Moon - Purple

Sravana Adhika*Adi

Devaloka Day

Creative Work Siddha Yoga

Friday, August 4, 2023

2

Kumbha Rasi: 27.35 Tithi 19

Gulika 6:47AM - 8:36AM
Yama 3:54PM - 5:44PM
412416572 Rahu 10:26AM - 12:15PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

Purvaproshtapada* Until 3:21PM

Athiganda* Until 1:04PM

Bava Until 9:48AM

Chaturthi* Until 8:17PM

Ganesh: Clear Sunrise: 4:57AM

Muruga: Yellow Sunset: 7:33PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika*Adi

Devaloka Day

Creative Work Siddha Yoga

Saturday, August 5, 2023

3

Meena Rasi: 12.12 Tithi 20 - 21

Gulika 4:59AM - 6:48AM
Yama 2:04PM - 3:54PM
412416572 Rahu 8:37AM - 10:26AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Panchami/Shashthayam Titau

Uttaraproshtapada Until 1:28PM

Sukarma Until 9:45AM

Kaulava Until 6:57AM

Panchami Until 5:44PM

Ganesh: Clear Sunrise: 4:59AM

Muruga: Yellow Sunset: 7:32PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika*Adi

Devaloka Day

Creative Work Siddha Yoga

Until 1:28PM

Then Routine Work - Prabalarishta Yoga

Sunday, August 6, 2023

4

Meena Rasi: 26.23 Tithi 21 - 22

Gulika 3:53PM - 5:42PM
Yama 12:15PM - 2:04PM
413416572 Rahu 5:42PM - 7:31PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptayam Titau

Revati Until 12:05PM

Dhriti Until 6:58AM

Visti Until 3:13AM Mon

Shashthi* Until 3:52PM

Ganesh: White Sunrise: 5:00AM

Muruga: Yellow Sunset: 7:31PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika*Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 12:05PM

Then Creative Work - Siddha Yoga

Monday, August 7, 2023

5

Mesha Rasi: 10.06 Tithi 22 - 23

Family Home Evening

Gulika 2:04PM - 3:52PM
Yama 10:26AM - 12:15PM
423416572 Rahu 6:49AM - 8:38AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtayam Titau

Ashvini Until 11:44AM

Ganda* Until 3:08AM Tue

Balava Until 2:28AM Tue

Saptami Until 2:43PM

Ganesh: Clear Sunrise: 5:01AM

Muruga: Yellow Sunset: 7:29PM

Nataraja: Yellow

Moon - White

Sravana Adhika*Adi

Devaloka Day

Creative Work Siddha Yoga

Tuesday, August 8, 2023

D

Retreat Star

Mesha Rasi: 23.24 Tithi 23 - 24

Gulika 12:15PM - 2:03PM
Yama 8:38AM - 10:27AM
423416572 Rahu 3:51PM - 5:39PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bharani Until 11:59AM

Vriddhi Until 2:08AM Wed

Taitila Until 2:27AM Wed

Ashtami* Until 2:21PM

Ganesh: Clear Sunrise: 5:02AM

Muruga: Yellow Sunset: 7:28PM

Nataraja: Yellow

Moon - White

Sravana Adhika*Adi

Devaloka Day

Creative Work Siddha Yoga

Wednesday, August 9, 2023

Retreat Star

Vrishabha Rasi: 6.19 Tithi 24 - 25

Gulika 10:27AM - 12:15PM
Yama 6:51AM - 8:39AM
423416572 Rahu 12:15PM - 2:03PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Krittika Until 12:47PM

Dhruva Until 1:38AM Thu

Vanija Until 3:06AM Thu

Navami* Until 2:40PM

Ganesh: Clear Sunrise: 5:03AM

Muruga: Yellow Sunset: 7:26PM

Nataraja: Yellow

Moon - White

Sravana Adhika*Adi

Devaloka Day

Creative Work Amrita Yoga

Until 12:47PM

Then Creative Work - Siddha Yoga

1 Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, OR Sun 8 Sutra 116	
Vrishabha Rasi: 18.55	Tithi 25 – 26	Gulika 8:40AM – 10:27AM	Rohini Until 2:30PM	Ganesha: Purple <i>Sunrise: 5:04AM</i>	Sobhana 5125
		Yama 5:04AM – 6:52AM	Vyaghata* Until 1:35AM Fri	Muruga: Yellow <i>Sunset: 7:25PM</i>	Moon 7 - Phase 17 - 8
	433416572	Rahu 2:02PM – 3:50PM	Bava Until 4:18AM Fri	Nataraja: Yellow	2nd Phase
Routine Work	Marana Yoga		Dashami Until 3:37PM	Moon – Yellow	
				Sravana Adhika*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2 Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 9 Sutra 117	
Mithuna Rasi: 1.17	Tithi 26 – 27	Gulika 6:53AM – 8:40AM	Mrigashira Until 4:33PM	Ganesha: Purple <i>Sunrise: 5:06AM</i>	Sobhana 5125
		Yama 3:49PM – 5:36PM	Harshana Until 1:53AM Sat	Muruga: Yellow <i>Sunset: 7:23PM</i>	Moon 7 - Phase 17 - 9
	433416572	Rahu 10:27AM – 12:14PM	Kaulava Until 5:56AM Sat	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 5:03PM	Moon – Yellow	
				Sravana Adhika*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3 Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Taitila Karana Dvadashyam Titau		Portland, OR Sun 10 Sutra 118	
Mithuna Rasi: 13.28	Tithi 27	Gulika 5:07AM – 6:54AM	Ardra Until 6:47PM	Ganesha: Purple <i>Sunrise: 5:07AM</i>	Sobhana 5125
		Yama 2:01PM – 3:48PM	Vajra* Until 2:25AM Sun	Muruga: Yellow <i>Sunset: 7:22PM</i>	Moon 7 - Phase 17 - 10
	433416572	Rahu 8:41AM – 10:27AM	Taitila Until 6:52PM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:52PM	Moon – Yellow	
				Sravana Adhika*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4 Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanjia Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 119	
Mithuna Rasi: 25.32	Tithi 28	Gulika 3:47PM – 5:34PM	Punarvasu Until 9:36PM	Ganesha: Light Blue <i>Sunrise: 5:08AM</i>	Sobhana 5125
		Yama 12:14PM – 2:01PM	Siddhi Until 3:08AM Mon	Muruga: Yellow <i>Sunset: 7:20PM</i>	Moon 7 - Phase 17 - 11
	443416572	Rahu 5:34PM – 7:20PM	Gara Until 7:53AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:56PM	Moon – Blue	
				Sravana Adhika*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>	

5 Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 12 Sutra 120	
Kataka Rasi: 7.3	Tithi 29	Gulika 2:00PM – 3:46PM	Pushya Until 12:26AM Tue	Ganesha: Light Blue <i>Sunrise: 5:09AM</i>	Sobhana 5125
Family Home Evening		Yama 10:28AM – 12:14PM	Vyatipata* Until 4:01AM Tue	Muruga: Yellow <i>Sunset: 7:19PM</i>	Moon 7 - Phase 17 - 12
	443416572	Rahu 6:55AM – 8:42AM	Visti Until 10:04AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:12PM	Moon – Blue	
				Sravana Adhika*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

6 Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR Sun 13 Sutra 121	
Retreat Star		Gulika 12:14PM – 1:59PM	Ashlesha* Until 3:14AM Wed	Ganesha: Light Blue <i>Sunrise: 5:10AM</i>	Sobhana 5125
Kataka Rasi: 19.25	Tithi 30	Yama 8:42AM – 10:28AM	Variyan Until 4:56AM Wed	Muruga: Yellow <i>Sunset: 7:17PM</i>	Moon 7 - Phase 17 - 13
	443416572	Rahu 3:45PM – 5:31PM	Catuspada Until 12:24PM	Nataraja: Yellow	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:35AM Wed	Moon – Blue	
				Sravana Adhika*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

7 Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 14 Sutra 122	
Retreat Star		Gulika 10:28AM – 12:13PM	Magha* Until 6:24AM Thu	Ganesha: Clear <i>Sunrise: 5:12AM</i>	Sobhana 5125
Simha Rasi: 1.16	Tithi 1	Yama 6:57AM – 8:43AM	Parigha* Until 5:55AM Thu	Muruga: Yellow <i>Sunset: 7:15PM</i>	Moon 7 - Phase 17 - 14
	453516572	Rahu 12:13PM – 1:59PM	Kintughna Until 2:50PM	Nataraja: Yellow	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:03AM Thu	Moon – Red	
				Sravana*Avani	Devaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR
Simha Rasi: 13.07	Tithi 2	Gulika 8:43AM – 10:28AM	Magha* Until 6:24AM	Ganesha: Orange	<i>Sunrise:</i> 5:13AM	Sun 15 Sutra 123
		Yama 5:13AM – 6:58AM	Shiva Until 6:54AM Fri	Muruga: Yellow	<i>Sunset:</i> 7:14PM	Sobhana 5125
		553516572 Rahu 1:58PM – 3:43PM	Balava Until 5:17PM	Nataraja: Yellow		Moon 7 - Phase 18 - 15
Creative Work	Amrita Yoga			Moon – Red		3rd Phase
Until 6:24AM			Dvitiya Until 6:29AM Fri			Devaloka Day
Then Creative Work - Siddha Yoga				Sravana*Avani		

2 Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, OR
Simha Rasi: 24.59	Tithi 2 – 3	Gulika 6:59AM – 8:44AM	Purvaphalguni Until 9:23AM	Ganesha: Orange	<i>Sunrise:</i> 5:14AM	Sun 16 Sutra 124
		Yama 3:43PM – 5:27PM	Shiva Until 6:54AM	Muruga: Yellow	<i>Sunset:</i> 7:12PM	Sobhana 5125
		553516572 Rahu 10:28AM – 12:13PM	Taitila Until 7:41PM	Nataraja: Yellow		Moon 7 - Phase 18 - 16
Creative Work	Siddha Yoga			Moon – Red		3rd Phase
			Dvitiya Until 6:29AM			Devaloka Day
				Sravana*Avani		

3 Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Portland, OR
Kanya Rasi: 6.53	Tithi 3 – 4	Gulika 5:15AM – 7:00AM	Uttaraphalguni Until 12:05PM	Ganesha: Orange	<i>Sunrise:</i> 5:15AM	Sun 17 Sutra 125
		Yama 1:57PM – 3:42PM	Siddha Until 7:45AM	Muruga: Yellow	<i>Sunset:</i> 7:10PM	Sobhana 5125
		553516572 Rahu 8:44AM – 10:28AM	Vanija Until 9:54PM	Nataraja: Yellow		Moon 7 - Phase 18 - 17
Routine Work	Marana Yoga			Moon – Red		3rd Phase
			Tritiya Until 8:48AM			Devaloka Day
				Sravana*Avani		

4 Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR
Kanya Rasi: 18.52	Tithi 4 – 5	Gulika 3:41PM – 5:25PM	Hasta Until 2:51PM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	Sun 18 Sutra 126
		Yama 12:13PM – 1:57PM	Sadhya Until 8:26AM	Muruga: Yellow	<i>Sunset:</i> 7:09PM	Sobhana 5125
		564516572 Rahu 5:25PM – 7:09PM	Bava Until 11:47PM	Nataraja: Yellow		Moon 7 - Phase 18 - 18
Creative Work	Amrita Yoga			Moon – Green		3rd Phase
Until 2:51PM			Chaturthi* Until 10:52AM			Bhuloka Day
Then Creative Work - Siddha Yoga		Nag Panchami		Sravana*Avani		Devaloka Time: 3:PM to 6:PM

5 Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR
Tula Rasi: 1.01	Tithi 5 – 6	Gulika 1:56PM – 3:40PM	Chitra Until 5:02PM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	Sun 19 Sutra 127
Family Home Evening		Yama 10:29AM – 12:12PM	Subha Until 8:50AM	Muruga: Yellow	<i>Sunset:</i> 7:07PM	Sobhana 5125
		564516572 Rahu 7:01AM – 8:45AM	Kaulava Until 1:11AM Tue	Nataraja: Yellow		Moon 7 - Phase 18 - 19
Routine Work	Prabalarishta Yoga			Moon – Green		3rd Phase
Until 5:02PM			Panchami Until 12:31PM			Bhuloka Day
Then Creative Work - Amrita Yoga				Sravana*Avani		Devaloka Time: 3:PM to 6:PM

6 Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Portland, OR
Tula Rasi: 13.22	Tithi 6 – 7	Gulika 12:12PM – 1:55PM	Svati Until 6:29PM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Sun 20 Sutra 128
		Yama 8:45AM – 10:29AM	Sukla Until 8:48AM	Muruga: Yellow	<i>Sunset:</i> 7:05PM	Sobhana 5125
		564516572 Rahu 3:39PM – 5:22PM	Gara Until 1:57AM Wed	Nataraja: Yellow		Moon 7 - Phase 18 - 20
Creative Work	Siddha Yoga			Moon – Green		3rd Phase
Until 6:29PM			Shashthi* Until 1:38PM			Bhuloka Day
Then Routine Work - Marana Yoga				Sravana*Avani		Devaloka Time: 3:PM to 6:PM

Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, OR
Retreat Star		Gulika 10:29AM – 12:12PM	Vishakha Until 7:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Sun 21 Sutra 129
Tula Rasi: 26.01	Tithi 7 – 8	Yama 7:03AM – 8:46AM	Brahma Until 8:14AM	Muruga: Yellow	<i>Sunset:</i> 7:04PM	Sobhana 5125
		574516572 Rahu 12:12PM – 1:55PM	Visti Until 1:58AM Thu	Nataraja: Yellow		Moon 7 - Phase 18 - 21
Creative Work	Siddha Yoga			Moon – Orange		Ashtami
			Saptami Until 2:02PM			Devaloka Day
				Sravana*Avani		

Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR
Retreat Star		Gulika 8:46AM – 10:29AM	Anuradha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Sun 22 Sutra 130
Vrischika Rasi: 9.02	Tithi 8 – 9	Yama 5:21AM – 7:04AM	Indra Until 7:06AM	Muruga: Yellow	<i>Sunset:</i> 7:02PM	Sobhana 5125
		574516572 Rahu 1:54PM – 3:37PM	Balava Until 1:12AM Fri	Nataraja: Yellow		Moon 7 - Phase 18 - 22
Creative Work	Siddha Yoga			Moon – Orange		Navami
Until 7:42PM			Ashtami* Until 1:40PM			Devaloka Day
Then Routine Work - Prabalarishta Yoga				Sravana*Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/20/21

www.gurudeva.org/panchang

1	Friday, August 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Portland, OR Sun 23 Sutra 131
	Vrischika Rasi: 22.29 Tithi 9 – 10	Gulika 7:05AM – 8:47AM Yama 3:36PM – 5:18PM 584516572 Rahu 10:29AM – 12:11PM	Jyeshtha* Until 6:55PM Vishkambha* Until 2:52AM Sat Taitila Until 11:39PM Navami* Until 12:30PM
	Routine Work Marana Yoga Until 6:55PM Then Creative Work - Amrita Yoga	Varalakshmi Vratam	Ganesha: Clear Sunrise: 5:23AM Muruga: Yellow Sunset: 7:00PM Nataraja: Yellow Moon – Orange Devaloka Day Savana*Avani
			Sobhana 5125 Moon 7 - Phase 19 - 23 4th Phase

2	Saturday, August 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Portland, OR Sun 24 Sutra 132
	Dhanus Rasi: 6.23 Tithi 10 – 11	Gulika 5:24AM – 7:06AM Yama 1:53PM – 3:35PM 584516572 Rahu 8:47AM – 10:29AM	Mula* Until 5:41PM Priti Until 11:52PM Vanija Until 9:22PM Dashami Until 10:34AM
	Creative Work Siddha Yoga		Ganesha: White Sunrise: 5:24AM Muruga: Yellow Sunset: 6:58PM Nataraja: Yellow Moon – Light Blue Srava*Avani Bhuloka Day Devaloka Time: 3:PM to 6:PM
			Sobhana 5125 Moon 7 - Phase 19 - 24 4th Phase

3	Sunday, August 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Portland, OR Sun 25 Sutra 133
	Dhanus Rasi: 20.45 Tithi 11 – 12	Gulika 3:34PM – 5:15PM Yama 12:11PM – 1:52PM 584516572 Rahu 5:15PM – 6:56PM	Purvashadha* Until 3:40PM Ayushman Until 8:21PM Bava Until 6:28PM Ekadashi Until 7:58AM
	Creative Work Siddha Yoga Until 3:40PM Then Creative Work - Amrita Yoga		Ganesha: White Sunrise: 5:25AM Muruga: Yellow Sunset: 6:56PM Nataraja: Yellow Moon – Light Blue Srava*Avani Bhuloka Day Devaloka Time: 3:PM to 6:PM
			Sobhana 5125 Moon 7 - Phase 19 - 25 4th Phase

4	Monday, August 28, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau	Portland, OR Sun 26 Sutra 134
	Makara Rasi: 5.31 Tithi 13	Gulika 1:51PM – 3:33PM Yama 10:29AM – 12:10PM 584516573 Rahu 7:07AM – 8:48AM	Uttarashadha Until 1:02PM Saubhagya Until 4:28PM Kaulava Until 3:07PM Trayodashi Until 1:17AM Tue
	Family Home Evening Routine Work Marana Yoga Until 1:02PM Then Creative Work - Amrita Yoga		Ganesha: White Sunrise: 5:26AM Muruga: Yellow Sunset: 6:55PM Nataraja: White Moon – Light Blue Srava*Avani Devaloka Day Pradosha Vrata
			Sobhana 5125 Moon 7 - Phase 19 - 26 4th Phase

5	Tuesday, August 29, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau	Portland, OR Sun 27 Sutra 135
	Makara Rasi: 20.35 Tithi 14	Gulika 12:10PM – 1:51PM Yama 8:49AM – 10:29AM 594516573 Rahu 3:31PM – 5:12PM	Shravana Until 10:19AM Sobhana Until 12:20PM Gara Until 11:26AM Chaturdashi* Until 9:30PM
	Creative Work Siddha Yoga	Chidambaram Abhishekam	Ganesha: Yellow Sunrise: 5:27AM Muruga: Yellow Sunset: 6:53PM Nataraja: White Moon – Purple Srava*Avani Sivaloka Day
			Sobhana 5125 Moon 7 - Phase 19 - 27 4th Phase

	Wednesday, August 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Portland, OR Sutra 136
	Kumbha Rasi: 5.49 Tithi 15 – 16	Gulika 10:30AM – 12:10PM Yama 7:09AM – 8:49AM 594516573 Rahu 12:10PM – 1:50PM	Dhanishtha Until 7:19AM Athiganda* Until 8:04AM Visti Until 7:36AM Purnima* Until 5:40PM
	Routine Work Prabalarishta Yoga Until 7:19AM Then Creative Work - Siddha Yoga	Raksha Bandhan	Ganesha: Yellow Sunrise: 5:29AM Muruga: Yellow Sunset: 6:51PM Nataraja: White Moon – Purple Srava*Avani Sivaloka Day
			Sobhana 5125 Moon 7 - Phase 19 - Purnima

	Thursday, August 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Portland, OR Sutra 137
	Kumbha Rasi: 21.03 Tithi 16 – 17	Gulika 8:50AM – 10:30AM Yama 5:30AM – 7:10AM 514516573 Rahu 1:49PM – 3:29PM	Purvaproshtapada* Until 1:31AM Fri Dhriti Until 11:44PM Taitila Until 12:10AM Fri Prathama* Until 1:55PM
	Creative Work Siddha Yoga		Ganesha: Yellow Sunrise: 5:30AM Muruga: Yellow Sunset: 6:49PM Nataraja: White Moon – Clear Srava*Avani Sivaloka Day
			Sobhana 5125 Moon 7 - Phase 19 - Prathama

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 6.07 Tithi 17 - 18

515516573

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:11AM - 8:50AM

Yama 3:28PM - 5:08PM

Rahu 10:30AM - 12:09PM

Uttaraproshtapada Until 11:05PM

Shula* Until 7:55PM

Vanija Until 8:53PM

Dvitiya Until 10:27AM

Ganesha: Red Sunrise: 5:31AM

Muruga: Yellow Sunset: 6:47PM

Nataraja: White

Moon - Clear

Sravana*Avani

Sivaloka Day

Sun 1 Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

1

Saturday, September 2, 2023

Meena Rasi: 20.52 Tithi 18 - 19

515516573

Routine Work Prabalarishta Yoga

Until 9:02PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 5:32AM - 7:11AM

Yama 1:48PM - 3:27PM

Rahu 8:51AM - 10:30AM

Revati Until 9:02PM

Ganda* Until 4:33PM

Bava Until 6:07PM

Tritiya Until 7:25AM

Ganesha: Red Sunrise: 5:32AM

Muruga: Yellow Sunset: 6:46PM

Nataraja: White

Moon - Clear

Sravana*Avani

Sivaloka Day

Portland, OR Sun 2 Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

2

Sunday, September 3, 2023

Mesha Rasi: 5.13 Tithi 20

525516573

Creative Work Siddha Yoga

Until 7:56PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 3:26PM - 5:05PM

Yama 12:09PM - 1:47PM

Rahu 5:05PM - 6:44PM

Ashvini Until 7:56PM

Vridhhi Until 1:42PM

Kaulava Until 4:00PM

Panchami Until 3:12AM Mon

Ganesha: Green Sunrise: 5:33AM

Muruga: Yellow Sunset: 6:44PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

Portland, OR Sun 3 Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

3

Monday, September 4, 2023

Mesha Rasi: 19.05 Tithi 21

525516573

Family Home Evening

Creative Work Siddha Yoga

Until 7:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 1:47PM - 3:25PM

Yama 10:30AM - 12:08PM

Rahu 7:13AM - 8:51AM

Bharani Until 7:28PM

Dhruva Until 11:26AM

Gara Until 2:39PM

Shashthi* Until 2:15AM Tue

Ganesha: Green Sunrise: 5:35AM

Muruga: Yellow Sunset: 6:42PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

Portland, OR Sun 4 Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

4

Tuesday, September 5, 2023

Vrishabha Rasi: 2.29 Tithi 22

525516573

Creative Work Siddha Yoga

Until 7:38PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 12:08PM - 1:46PM

Yama 8:52AM - 10:30AM

Rahu 3:24PM - 5:02PM

Krittika Until 7:38PM

Vyaghata* Until 9:50AM

Visti Until 2:06PM

Saptami Until 2:07AM Wed

Ganesha: Green Sunrise: 5:36AM

Muruga: Yellow Sunset: 6:40PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

Portland, OR Sun 5 Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

D

Wednesday, September 6, 2023

Retreat Star

Vrishabha Rasi: 15.28 Tithi 23

535516573

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 10:30AM - 12:08PM

Yama 7:15AM - 8:52AM

Rahu 12:08PM - 1:45PM

Rohini Until 8:54PM

Harshana Until 8:54AM

Balava Until 2:22PM

Ashtami* Until 2:45AM Thu

Ganesha: Orange Sunrise: 5:37AM

Muruga: Yellow Sunset: 6:38PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Sivaloka Day

Portland, OR Sun 6 Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

Thursday, September 7, 2023

Retreat Star

Vrishabha Rasi: 28.04 Tithi 24

535516573

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Gulika 8:53AM - 10:30AM

Yama 5:38AM - 7:15AM

Rahu 1:44PM - 3:22PM

Mrigashira Until 10:40PM

Vajra* Until 8:30AM

Taitila Until 3:21PM

Navami* Until 4:03AM Fri

Ganesha: Orange Sunrise: 5:38AM

Muruga: Yellow Sunset: 6:36PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Sivaloka Day

Portland, OR Sun 7 Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

1 Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, OR
Mithuna Rasi: 10.24	Tithi 25	Gulika 7:16AM – 8:53AM	Ardra Until 12:47AM Sat	Sun 8 Sutra 145
		Yama 3:21PM – 4:57PM	Siddhi Until 8:37AM	Sobhana 5125
	535516573	Rahu 10:30AM – 12:07PM	Vanija Until 4:55PM	Moon 8 - Phase 21 - 8 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:51AM Sat	Sivaloka Day
				Pravara*Avani

2 Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava Karana Ekadashyam Titau		Portland, OR
Mithuna Rasi: 22.31	Tithi 26	Gulika 5:41AM – 7:17AM	Punarvasu Until 3:37AM Sun	Sun 9 Sutra 146
		Yama 1:43PM – 3:19PM	Vyatipata* Until 9:06AM	Sobhana 5125
	545516573	Rahu 8:54AM – 10:30AM	Bava Until 6:55PM	Moon 8 - Phase 21 - 9 2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:00AM Sun	Devaloka Day
				Pravara*Avani

3 Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR
Kataka Rasi: 4.31	Tithi 26 – 27	Gulika 3:18PM – 4:54PM	Pushya Until 6:29AM Mon	Sun 10 Sutra 147
		Yama 12:06PM – 1:42PM	Varyan Until 9:48AM	Sobhana 5125
	545616573	Rahu 4:54PM – 6:30PM	Kaulava Until 9:11PM	Moon 8 - Phase 21 - 10 2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:00AM	Devaloka Day
		Grandparent's Day		Pravara*Avani

4 Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, OR
Kataka Rasi: 16.25	Tithi 27 – 28	Gulika 1:41PM – 3:17PM	Pushya Until 6:29AM	Sun 11 Sutra 148
Family Home Evening		Yama 10:30AM – 12:06PM	Parigha* Until 10:41AM	Sobhana 5125
	546616573	Rahu 7:19AM – 8:54AM	Gara Until 11:37PM	Moon 8 - Phase 21 - 11 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:22AM	Devaloka Day
				Pravara*Avani
				<i>Pradosha Vrata (Fasting)</i>

5 Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR
Kataka Rasi: 28.17	Tithi 28 – 29	Gulika 12:05PM – 1:41PM	Ashlesha* Until 9:18AM	Sun 12 Sutra 149
		Yama 8:55AM – 10:30AM	Shiva Until 11:38AM	Sobhana 5125
	546616573	Rahu 3:16PM – 4:51PM	Visti Until 2:04AM Wed	Moon 8 - Phase 21 - 12 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:49PM	Devaloka Day
				Pravara*Avani

6 Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, OR
Simha Rasi: 10.08	Tithi 29 – 30	Gulika 10:30AM – 12:05PM	Magha* Until 12:26PM	Sun 13 Sutra 150
		Yama 7:20AM – 8:55AM	Siddha Until 12:33PM	Sobhana 5125
	556616573	Rahu 12:05PM – 1:40PM	Catuspada Until 4:28AM Thu	Moon 8 - Phase 21 - 13 2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:16PM	Devaloka Day
Until 12:26PM				Pravara*Avani
Then Creative Work - Amrita Yoga				

Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, OR
Retreat Star		Gulika 8:56AM – 10:30AM	Purvaphalguni Until 3:20PM	Sun 14 Sutra 151
Simha Rasi: 22.01	Tithi 30 – 1	Yama 5:47AM – 7:21AM	Sadhya Until 1:24PM	Sobhana 5125
	556616573	Rahu 1:39PM – 3:14PM	Kintughna Until 6:44AM Fri	Moon 8 - Phase 21 - 14 Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:36PM	Devaloka Day
				Pravara*Avani

Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR
Retreat Star		Gulika 7:22AM – 8:56AM	Uttaraphalguni Until 5:53PM	Sun 15 Sutra 152
Kanya Rasi: 3.58	Tithi 1	Yama 3:13PM – 4:47PM	Subha Until 2:09PM	Sobhana 5125
	556626573	Rahu 10:30AM – 12:04PM	Kintughna Until 6:44AM	Moon 8 - Phase 21 - 15 Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:45PM	Sivaloka Day
Until 5:53PM				Bhadrapada*Avani
Then Creative Work - Amrita Yoga				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Saturday, September 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153
 Kanya Rasi: 15.59 Tithi 2 **Gulika 5:49AM – 7:23AM** **Hasta Until 8:30PM** **Ganesha:** Light Blue *Sunrise:* 5:49AM **Muruga:** White *Sunset:* 6:19PM Moon 8 - Phase 22 - 16
 566626573 **Rahu 8:57AM – 10:30AM** Sukla Until 2:39PM **Nataraja:** White 3rd Phase
 Routine Work Marana Yoga Balava Until 8:46AM **Moon – Green** **Sivaloka Day**
Dvitiya Until 9:38PM **Bhadrapada•Puratasi**

2 Sunday, September 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154
 Kanya Rasi: 28.09 Tithi 3 **Gulika 3:10PM – 4:44PM** **Chitra Until 10:37PM** **Ganesha:** Light Blue *Sunrise:* 5:50AM **Muruga:** White *Sunset:* 6:17PM Moon 8 - Phase 22 - 17
 566626573 **Rahu 4:44PM – 6:17PM** Brahma Until 2:56PM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Taitila Until 10:28AM **Moon – Green** **Sivaloka Day**
Tritiya Until 11:09PM **Bhadrapada•Puratasi**

3 Monday, September 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 155
 Tula Rasi: 10.28 Tithi 4 **Gulika 1:36PM – 3:09PM** **Svati Until 12:08AM Tue** **Ganesha:** Purple *Sunrise:* 5:52AM **Muruga:** White *Sunset:* 6:15PM Moon 8 - Phase 22 - 18
Family Home Evening 567626573 **Rahu 7:24AM – 8:57AM** Indra Until 2:53PM **Nataraja:** White 3rd Phase
 Creative Work Amrita Yoga Vanija Until 11:47AM **Moon – Green** **Sivaloka Day**
 Until 12:08AM Tue **Ganesha Chaturthi** **Chaturthi* Until 12:14AM Tue** **Bhadrapada•Puratasi**
 Then Routine Work - Marana Yoga

4 Tuesday, September 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, OR
 Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156
 Tula Rasi: 22.59 Tithi 5 **Gulika 12:03PM – 1:36PM** **Vishakha Until 1:28AM Wed** **Ganesha:** Clear *Sunrise:* 5:53AM **Muruga:** White *Sunset:* 6:13PM Moon 8 - Phase 22 - 19
 577626573 **Rahu 3:08PM – 4:41PM** Vaidhriti* Until 2:26PM **Nataraja:** White 3rd Phase
 Routine Work Marana Yoga Bava Until 12:36PM **Moon – Orange** **Subha Sivaloka Day**
 Until 1:28AM Wed **Panchami Until 12:47AM Wed** **Bhadrapada•Puratasi**
 Then Creative Work - Siddha Yoga

5 Wednesday, September 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Portland, OR
 Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157
 Vrishchika Rasi: 5.45 Tithi 6 **Gulika 10:30AM – 12:03PM** **Anuradha Until 2:04AM Thu** **Ganesha:** Clear *Sunrise:* 5:54AM **Muruga:** White *Sunset:* 6:11PM Moon 8 - Phase 22 - 20
 577626573 **Rahu 12:03PM – 1:35PM** Vishkambha* Until 1:34PM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Kaulava Until 12:52PM **Moon – Orange** **Subha Sivaloka Day**
 Until 2:04AM Thu **Shashthi* Until 12:45AM Thu** **Bhadrapada•Puratasi**
 Then Routine Work - Prabalarishta Yoga

6 Thursday, September 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR
 Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158
 Vrishchika Rasi: 18.49 Tithi 7 **Gulika 8:59AM – 10:30AM** **Jyeshtha* Until 1:54AM Fri** **Ganesha:** Clear *Sunrise:* 5:55AM **Muruga:** White *Sunset:* 6:09PM Moon 8 - Phase 22 - 21
 577626573 **Rahu 1:34PM – 3:06PM** Priti Until 12:13PM **Nataraja:** White 3rd Phase
 Routine Work Prabalarishta Yoga Gara Until 12:31PM **Moon – Orange** **Subha Sivaloka Day**
 Until 1:54AM Fri **Saptami Until 12:05AM Fri** **Bhadrapada•Puratasi**
 Then Creative Work - Amrita Yoga

Friday, September 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, OR
Retreat Star Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159
 Dhanus Rasi: 2.13 Tithi 8 **Gulika 7:28AM – 8:59AM** **Mula* Until 1:24AM Sat** **Ganesha:** White *Sunrise:* 5:56AM **Muruga:** White *Sunset:* 6:07PM Moon 8 - Phase 22 - 22
 587626573 **Rahu 10:31AM – 12:02PM** Ayushman Until 10:20AM **Nataraja:** White 3rd Phase
 Creative Work Amrita Yoga Visti Until 11:32AM **Moon – Light Blue** **Sivaloka Day**
 Until 1:24AM Sat **Ashtami* Until 10:47PM** **Bhadrapada•Puratasi**
 Then Creative Work - Siddha Yoga

Saturday, September 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR
Retreat Star Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160
 Dhanus Rasi: 15.59 Tithi 9 **Gulika 5:58AM – 7:29AM** **Purvashadha* Until 12:10AM Sun** **Ganesha:** White *Sunrise:* 5:58AM **Muruga:** White *Sunset:* 6:05PM Moon 8 - Phase 22 - 23
 587626573 **Rahu 9:00AM – 10:31AM** Saubhagya Until 7:58AM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Balava Until 9:55AM **Moon – Light Blue** **Sivaloka Day**
 Until 12:10AM Sun **Navami* Until 8:52PM** **Bhadrapada•Puratasi**
 Then Creative Work - Amrita Yoga

1 Sunday, September 24, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR
 Uttarashadha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161
 Makara Rasi: 0.08 Tithi 10 **Gulika 3:02PM – 4:33PM** **Uttarashadha Until 10:15PM** **Ganesha: White** Sunrise: 5:59AM Sobhana 5125
 587626573 **Yama 12:01PM – 1:32PM** Athiganda* Until 1:51AM Mon **Muruga: White** Sunset: 6:04PM Moon 8 - Phase 23 - 24
Rahu 4:33PM – 6:04PM Taitila Until 7:44AM **Nataraja: White** 4th Phase
 Creative Work Amrita Yoga **Dashami Until 6:25PM** Moon – Light Blue **Sivaloka Day**
Bhadrapada*Puratasi

2 Monday, September 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Shravana Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 162
 Makara Rasi: 14.37 Tithi 11 – 12 **Gulika 1:31PM – 3:01PM** **Shravana Until 8:11PM** **Ganesha: White** Sunrise: 6:00AM Sobhana 5125
Family Home Evening 598626573 **Yama 10:31AM – 12:01PM** Sukarma Until 10:15PM **Muruga: White** Sunset: 6:02PM Moon 8 - Phase 23 - 25
 Creative Work Amrita Yoga **Rahu 7:30AM – 9:00AM** Bava Until 1:57AM Tue **Nataraja: White** 4th Phase
 Until 8:11PM **Ekadashi Until 3:31PM** Moon – Purple **Subha Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Bhadrapada*Puratasi**

3 Tuesday, September 26, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, OR
 Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163
 Makara Rasi: 29.23 Tithi 12 – 13 **Gulika 12:01PM – 1:30PM** **Dhanishtha Until 5:41PM** **Ganesha: White** Sunrise: 6:01AM Sobhana 5125
 598626573 **Yama 9:01AM – 10:31AM** Dhriti Until 6:24PM **Muruga: White** Sunset: 6:00PM Moon 8 - Phase 23 - 26
 Creative Work Siddha Yoga **Rahu 3:00PM – 4:30PM** Kaulava Until 10:36PM **Nataraja: White** 4th Phase
 Until 5:41PM **Dvadashi Until 12:17PM** Moon – Purple **Subha Subha Sivaloka Day**
 Then Routine Work - Marana Yoga **Bhadrapada*Puratasi**
Pradosha Vrata

4 Wednesday, September 27, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Portland, OR
 Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164
 Kumbha Rasi: 14.21 Tithi 13 – 14 **Gulika 10:31AM – 12:00PM** **Shatabhishak Until 2:53PM** **Ganesha: Clear** Sunrise: 6:03AM Sobhana 5125
 698626573 **Yama 7:32AM – 9:01AM** Shula* Until 2:25PM **Muruga: White** Sunset: 5:58PM Moon 8 - Phase 23 - 27
 Creative Work Siddha Yoga **Rahu 12:00PM – 1:30PM** Gara Until 7:08PM **Nataraja: White** 4th Phase
 Until 2:53PM **Trayodashi Until 8:51AM** Moon – Purple **Subha Sivaloka Day**
 Then Creative Work - Amrita Yoga **Chidambaram Abhishekam** **Bhadrapada*Puratasi**
Kadaitswami Mahasamadhi

○ Thursday, September 28, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR
Copper Retreat Star Purvaproshtapada*/Uttarproshthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau Sun 28 Sutra 165
 Kumbha Rasi: 29.22 Tithi 15 **Gulika 9:02AM – 10:31AM** **Purvaproshtapada* Until 12:21PM** **Ganesha: Yellow** Sunrise: 6:04AM Sobhana 5125
 618626573 **Yama 6:04AM – 7:33AM** Ganda* Until 10:26AM **Muruga: White** Sunset: 5:56PM Moon 8 - Phase 23 -
 Creative Work Siddha Yoga **Rahu 1:29PM – 2:58PM** Visti Until 3:42PM **Nataraja: White** Purnima
 Moon – Clear **Subha Sivaloka Day**
Bhadrapada*Puratasi

Friday, September 29, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Portland, OR
Silver Retreat Star Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166
 Meena Rasi: 14.17 Tithi 16 **Gulika 7:34AM – 9:02AM** **Uttaraproshtapada Until 9:50AM** **Ganesha: Yellow** Sunrise: 6:05AM Sobhana 5125
 618626573 **Yama 2:57PM – 4:25PM** Vridhi Until 6:35AM **Muruga: White** Sunset: 5:54PM Moon 8 - Phase 23 -
 Creative Work Siddha Yoga **Rahu 10:31AM – 12:00PM** Balava Until 12:26PM **Nataraja: White** Prathama
 Moon – Clear **Subha Sivaloka Day**
Bhadrapada*Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Portland, OR on 11/20/21

www.gurudeva.org/panchang

Saturday, September 30, 2023
Gold Retreat Star

Meena Rasi: 28.59 Tithi 17
 Routine Work Prabalarishta Yoga
 Until 7:31AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 6:06AM – 7:35AM
 Yama 1:27PM – 2:56PM
Rahu 9:03AM – 10:31AM

Revati Until 7:31AM
 Vyaghata* Until 11:43PM
 Taitila Until 9:32AM
Dvitiya Until 8:14PM

Ganesha: Yellow Sunrise: 6:06AM
Muruga: White Sunset: 5:52PM
Nataraja: White
 Moon – Clear
Subha Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sutra 167
 Sobhana 5125
 Moon 9 - Phase 24 - 1st Phase

1 Sunday, October 1, 2023

Mesha Rasi: 13.21 Tithi 18
 Routine Work Prabalarishta Yoga
 Until 4:53AM Mon
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 2:55PM – 4:22PM
 Yama 11:59AM – 1:27PM
Rahu 4:22PM – 5:50PM

Bharani Until 4:53AM Mon
 Harshana Until 8:58PM
 Vanija Until 7:07AM
Tritiya Until 6:07PM

Ganesha: Clear Sunrise: 6:08AM
Muruga: White Sunset: 5:50PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 1 Sutra 168
 Sobhana 5125
 Moon 9 - Phase 24 - 1st Phase

2 Monday, October 2, 2023

Mesha Rasi: 27.18 Tithi 19 – 20
Family Home Evening
 Routine Work Marana Yoga
 Until 4:23AM Tue
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 1:26PM – 2:53PM
 Yama 10:31AM – 11:59AM
Rahu 7:36AM – 9:04AM

Krittika Until 4:23AM Tue
 Vajra* Until 6:45PM
 Kaulava Until 4:17AM Tue
Chaturthi* Until 4:42PM

Ganesha: Clear Sunrise: 6:09AM
Muruga: White Sunset: 5:48PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 2 Sutra 169
 Sobhana 5125
 Moon 9 - Phase 24 - 2 1st Phase

3 Tuesday, October 3, 2023

Vrishabha Rasi: 10.48 Tithi 20 – 21
 Creative Work Amrita Yoga
 Until 4:58AM Wed
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 11:58AM – 1:25PM
 Yama 9:04AM – 10:31AM
Rahu 2:52PM – 4:19PM

Rohini Until 4:58AM Wed
 Siddhi Until 5:10PM
 Gara Until 4:03AM Wed
Panchami Until 4:03PM

Ganesha: Purple Sunrise: 6:10AM
Muruga: White Sunset: 5:46PM
Nataraja: White
 Moon – Yellow
Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 3 Sutra 170
 Sobhana 5125
 Moon 9 - Phase 24 - 3 1st Phase

4 Wednesday, October 4, 2023

Vrishabha Rasi: 23.53 Tithi 21 – 22
 Creative Work Siddha Yoga
 Until 6:10AM Thu
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira Nakshatra Vyatipata*Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 10:31AM – 11:58AM
 Yama 7:38AM – 9:05AM
Rahu 11:58AM – 1:25PM

Mrigashira Until 6:10AM Thu
 Vyatipata* Until 4:14PM
 Visti Until 4:36AM Thu
Shashthi* Until 4:12PM

Ganesha: Purple Sunrise: 6:11AM
Muruga: White Sunset: 5:45PM
Nataraja: White
 Moon – Yellow
Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 4 Sutra 171
 Sobhana 5125
 Moon 9 - Phase 24 - 4 1st Phase

5 Thursday, October 5, 2023

Mithuna Rasi: 6.34 Tithi 22 – 23
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 9:05AM – 10:31AM
 Yama 6:13AM – 7:39AM
Rahu 1:24PM – 2:50PM

Mrigashira Until 6:10AM
 Variyan Until 3:52PM
 Balava Until 5:51AM Fri
Saptami Until 5:07PM

Ganesha: Clear Sunrise: 6:13AM
Muruga: White Sunset: 5:43PM
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 5 Sutra 172
 Sobhana 5125
 Moon 9 - Phase 24 - 5 1st Phase

Friday, October 6, 2023
Retreat Star

Mithuna Rasi: 18.57 Tithi 23
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava Karana Ashtamyam Titau
Gulika 7:40AM – 9:06AM
 Yama 2:49PM – 4:15PM
Rahu 10:31AM – 11:57AM

Ardra Until 7:53AM
 Parigha* Until 4:00PM
 Kaulava Until 6:42PM
Ashtami* Until 6:42PM

Ganesha: Clear Sunrise: 6:14AM
Muruga: White Sunset: 5:41PM
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 6 Sutra 173
 Sobhana 5125
 Moon 9 - Phase 24 - 6 Ashtami

Saturday, October 7, 2023
Retreat Star

Kataka Rasi: 1.05 Tithi 24
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau
Gulika 6:15AM – 7:41AM
 Yama 1:23PM – 2:48PM
Rahu 9:06AM – 10:32AM

Punarvasu Until 10:28AM
 Shiva Until 4:33PM
 Taitila Until 7:42AM
Navami* Until 8:45PM

Ganesha: Purple Sunrise: 6:15AM
Muruga: White Sunset: 5:39PM
Nataraja: White
 Moon – Blue
Subha Subha Sivaloka Day
 Bhadrapada*Puratasi

Portland, OR
 Sun 7 Sutra 174
 Sobhana 5125
 Moon 9 - Phase 24 - 7 Navami

1 Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 175	
Kataka Rasi: 13.04	Tithi 25	Gulika 2:47PM – 4:12PM	Pushya Until 1:14PM	Ganesha: Purple <i>Sunrise:</i> 6:16AM	Sobhana 5125
		Yama 11:57AM – 1:22PM	Siddha Until 5:19PM	Muruga: White <i>Sunset:</i> 5:37PM	Moon 9 - Phase 25 - 8
Creative Work	Siddha Yoga	649726574 Rahu 4:12PM – 5:37PM	Vanija Until 9:56AM	Nataraja: Clear	2nd Phase
			Dashami Until 11:07PM	Moon – Blue	Subha Sivaloka Day
					Bhadrapada*Puratasi

2 Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 9 Sutra 176	
Kataka Rasi: 24.57	Tithi 26	Gulika 1:21PM – 2:46PM	Ashlesha* Until 4:02PM	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Sobhana 5125
Family Home Evening		Yama 10:32AM – 11:56AM	Sadhya Until 6:13PM	Muruga: White <i>Sunset:</i> 5:35PM	Moon 9 - Phase 25 - 9
Creative Work	Siddha Yoga	641726574 Rahu 7:42AM – 9:07AM	Bava Until 12:23PM	Nataraja: Clear	2nd Phase
Until 4:02PM			Ekadashi* Until 1:37AM Tue	Moon – Blue	Subha Sivaloka Day
Then Routine Work - Marana Yoga					Bhadrapada*Puratasi

3 Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR Sun 10 Sutra 177	
Simha Rasi: 6.48	Tithi 27	Gulika 11:56AM – 1:21PM	Magha* Until 7:11PM	Ganesha: Red <i>Sunrise:</i> 6:19AM	Sobhana 5125
		Yama 9:08AM – 10:32AM	Subha Until 7:08PM	Muruga: White <i>Sunset:</i> 5:33PM	Moon 9 - Phase 25 - 10
Creative Work	Siddha Yoga	651726574 Rahu 2:45PM – 4:09PM	Kaulava Until 2:53PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 4:04AM Wed	Moon – Red	Sivaloka Day
					Bhadrapada*Puratasi

4 Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 178	
Simha Rasi: 18.41	Tithi 28	Gulika 10:32AM – 11:56AM	Purvaphalguni Until 10:02PM	Ganesha: Red <i>Sunrise:</i> 6:20AM	Sobhana 5125
		Yama 7:44AM – 9:08AM	Sukla Until 7:55PM	Muruga: White <i>Sunset:</i> 5:32PM	Moon 9 - Phase 25 - 11
Creative Work	Amrita Yoga	651726574 Rahu 11:56AM – 1:20PM	Gara Until 5:16PM	Nataraja: Clear	2nd Phase
			Trayodashi* Until 6:21AM Thu	Moon – Red	Sivaloka Day
					Bhadrapada*Puratasi
					<i>Pradosha Vrata (Fasting)</i>

5 Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 12 Sutra 179	
Kanya Rasi: 0.38	Tithi 28 – 29	Gulika 9:09AM – 10:32AM	Uttaraphalguni Until 12:27AM Fri	Ganesha: Red <i>Sunrise:</i> 6:22AM	Sobhana 5125
		Yama 6:22AM – 7:45AM	Brahma Until 8:31PM	Muruga: White <i>Sunset:</i> 5:30PM	Moon 9 - Phase 25 - 12
Amrita Yoga		651726574 Rahu 1:19PM – 2:43PM	Visti Until 7:24PM	Nataraja: Clear	2nd Phase
			Trayodashi* Until 6:21AM	Moon – Red	Sivaloka Day
					Bhadrapada*Puratasi

Retreat Star Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, OR Sun 13 Sutra 180	
Kanya Rasi: 12.43	Tithi 29 – 30	Gulika 7:46AM – 9:09AM	Hasta Until 2:52AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:23AM	Sobhana 5125
		Yama 2:42PM – 4:05PM	Indra Until 8:52PM	Muruga: White <i>Sunset:</i> 5:28PM	Moon 9 - Phase 25 - 13
Creative Work	Amrita Yoga	661726574 Rahu 10:32AM – 11:55AM	Catuspada Until 9:11PM	Nataraja: Clear	Amavasya
Until 2:52AM Sat			Chaturdashi* Until 8:19AM	Moon – Green	Sivaloka Day
Then Routine Work - Marana Yoga		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada*Puratasi

Retreat Star Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, OR Sun 14 Sutra 181	
Kanya Rasi: 24.56	Tithi 30 – 1	Gulika 6:24AM – 7:47AM	Chitra Until 4:41AM Sun	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	Sobhana 5125
		Yama 1:18PM – 2:41PM	Vaidhriti* Until 8:52PM	Muruga: White <i>Sunset:</i> 5:26PM	Moon 9 - Phase 25 - 14
Routine Work	Marana Yoga	661726574 Rahu 9:10AM – 10:32AM	Kintughna Until 10:33PM	Nataraja: Clear	Prathama
Until 4:41AM Sun			Amavasya* Until 9:54AM	Moon – Green	Sivaloka Day
Then Creative Work - Siddha Yoga		Navaratri Begins			Ashvina*Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 15 Sutra 182	
Tula Rasi: 7.2	Tithi 1 – 2	Gulika 2:40PM – 4:02PM	Svati Until 5:54AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sobhana 5125	
		Yama 11:55AM – 1:17PM	Vishkambha* Until 8:31PM	Muruga: White	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 - 15	
		661726574 Rahu 4:02PM – 5:25PM	Balava Until 11:27PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 11:02AM	Moon – Green		Sivaloka Day	
Until 5:54AM Mon				Ashvina*Puratasi			
Then Routine Work - Marana Yoga							
2		Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, OR Sun 16 Sutra 183	
Tula Rasi: 19.58	Tithi 2 – 3	Gulika 1:17PM – 2:39PM	Vishakha Until 6:58AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sobhana 5125	
		Yama 10:33AM – 11:55AM	Priti Until 7:50PM	Muruga: White	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 - 16	
Family Home Evening		661726574 Rahu 7:49AM – 9:11AM	Taitila Until 11:53PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 11:43AM	Moon – Green		Sivaloka Day	
Until 6:58AM Tue				Ashvina*Puratasi			
Then Creative Work - Siddha Yoga							
3		Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Portland, OR Sun 17 Sutra 184	
Vrischika Rasi: 2.47	Tithi 3 – 4	Gulika 11:55AM – 1:16PM	Vishakha Until 6:58AM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Sobhana 5125	
		Yama 9:11AM – 10:33AM	Ayushman Until 6:45PM	Muruga: White	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 - 17	
		671726574 Rahu 2:38PM – 3:59PM	Vanija Until 11:52PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 11:55AM	Moon – Orange		Sivaloka Day	
Until 6:58AM				Ashvina*Aipasi			
Then Creative Work - Siddha Yoga							
4		Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, OR Sun 18 Sutra 185	
Vrischika Rasi: 15.52	Tithi 4 – 5	Gulika 10:33AM – 11:54AM	Anuradha Until 7:27AM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Sobhana 5125	
		Yama 7:51AM – 9:12AM	Saubhagya Until 5:19PM	Muruga: White	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 - 18	
		671726574 Rahu 11:54AM – 1:16PM	Bava Until 11:23PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 11:40AM	Moon – Orange		Sivaloka Day	
				Ashvina*Aipasi			
5		Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Portland, OR Sun 19 Sutra 186	
Vrischika Rasi: 29.09	Tithi 5 – 6	Gulika 9:12AM – 10:33AM	Jyeshtha* Until 7:20AM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Sobhana 5125	
		Yama 6:31AM – 7:52AM	Sobhana Until 3:34PM	Muruga: White	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 26 - 19	
		672726574 Rahu 1:15PM – 2:36PM	Kaulava Until 10:29PM	Nataraja: Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		Panchami Until 10:58AM	Moon – Orange		Devaloka Day	
Until 7:20AM				Ashvina*Aipasi			
Then Creative Work - Siddha Yoga							
6		Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 20 Sutra 187	
Dhanus Rasi: 12.41	Tithi 6 – 7	Gulika 7:53AM – 9:13AM	Mula* Until 7:07AM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Sobhana 5125	
		Yama 2:35PM – 3:55PM	Athiganda* Until 1:28PM	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 26 - 20	
		682726574 Rahu 10:34AM – 11:54AM	Gara Until 9:11PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 9:52AM	Moon – Light Blue		Sivaloka Day	
Until 7:07AM				Ashvina*Aipasi			
Then Routine Work - Prabalarishta Yoga							
Retreat Star		Saturday, October 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 21 Sutra 188	
Dhanus Rasi: 26.27	Tithi 7 – 8	Gulika 6:33AM – 7:54AM	Purvashadha* Until 6:21AM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Sobhana 5125	
		Yama 1:14PM – 2:34PM	Sukarma Until 11:04AM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 26 - 21	
		682726574 Rahu 9:14AM – 10:34AM	Visti Until 7:30PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 8:22AM	Moon – Light Blue		Sivaloka Day	
Until 6:21AM				Ashvina*Aipasi			
Then Routine Work - Marana Yoga							
Retreat Star		Sunday, October 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Portland, OR Sun 22 Sutra 189	
Makara Rasi: 10.26	Tithi 8 – 9	Gulika 2:33PM – 3:53PM	Shravana Until 3:45AM Mon	Ganesha: White	<i>Sunrise:</i> 6:35AM	Sobhana 5125	
		Yama 11:54AM – 1:13PM	Dhriti Until 8:22AM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 26 - 22	
		692726574 Rahu 3:53PM – 5:13PM	Kaulava Until 4:17AM Mon	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 6:30AM	Moon – Purple		Devaloka Day	
Until 3:45AM Mon				Ashvina*Aipasi			
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/20/21

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Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Portland, OR Sun 23 Sutra 190	
1	Makara Rasi: 24.4 Tithi 10	Gulika 1:13PM – 2:32PM	Dhanishtha Until 2:00AM Tue	Ganesha: White <i>Sunrise:</i> 6:36AM	Sobhana 5125
Family Home Evening	692726574	Yama 10:34AM – 11:54AM	Ganda* Until 2:11AM Tue	Muruga: White <i>Sunset:</i> 5:11PM	Moon 9 - Phase 27 - 23
Creative Work Siddha Yoga		Rahu 7:56AM – 9:15AM	Taitila Until 3:06PM	Nataraja: Clear	4th Phase
Until 2:00AM Tue		Vijaya Dasami	Dashami Until 1:48AM Tue	Moon – Purple	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina•Aipasi	

Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 24 Sutra 191	
2	Kumbha Rasi: 9.04 Tithi 11	Gulika 11:53AM – 1:12PM	Shatabhishak Until 11:55PM	Ganesha: White <i>Sunrise:</i> 6:38AM	Sobhana 5125
	692726574	Yama 9:15AM – 10:34AM	Vriddhi Until 10:50PM	Muruga: White <i>Sunset:</i> 5:09PM	Moon 9 - Phase 27 - 24
Routine Work Marana Yoga		Rahu 2:31PM – 3:50PM	Vanija Until 12:30PM	Nataraja: Clear	4th Phase
			Ekadashi Until 11:07PM	Moon – Purple	Devaloka Day
				Ashvina•Aipasi	

Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Portland, OR Sun 25 Sutra 192	
3	Kumbha Rasi: 23.35 Tithi 12	Gulika 10:35AM – 11:53AM	Purvaproshtapada* Until 10:00PM	Ganesha: Purple <i>Sunrise:</i> 6:39AM	Sobhana 5125
	612726574	Yama 7:57AM – 9:16AM	Dhruva Until 7:22PM	Muruga: White <i>Sunset:</i> 5:08PM	Moon 9 - Phase 27 - 25
Creative Work Amrita Yoga		Rahu 11:53AM – 1:12PM	Bava Until 9:44AM	Nataraja: Clear	4th Phase
Until 10:00PM			Dvadashi Until 8:19PM	Moon – Clear	Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi	

Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 26 Sutra 193	
4	Meena Rasi: 8.11 Tithi 13 – 14	Gulika 9:17AM – 10:35AM	Uttaraproshtapada Until 7:57PM	Ganesha: Purple <i>Sunrise:</i> 6:40AM	Sobhana 5125
	612726574	Yama 6:40AM – 7:58AM	Vyaghata* Until 3:54PM	Muruga: White <i>Sunset:</i> 5:06PM	Moon 9 - Phase 27 - 26
Creative Work Siddha Yoga		Rahu 1:11PM – 2:30PM	Kaulava Until 6:55AM	Nataraja: Clear	4th Phase
			Trayodashi Until 5:31PM	Moon – Clear	Devaloka Day
				Ashvina•Aipasi	
			<i>Pradosha Vrata</i>		

Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, OR Sun 27 Sutra 194	
5	Meena Rasi: 22.44 Tithi 14 – 15	Gulika 7:59AM – 9:17AM	Revati Until 5:54PM	Ganesha: Purple <i>Sunrise:</i> 6:42AM	Sobhana 5125
	612726574	Yama 2:29PM – 3:47PM	Harshana Until 12:32PM	Muruga: White <i>Sunset:</i> 5:05PM	Moon 9 - Phase 27 - 27
Creative Work Siddha Yoga		Rahu 10:35AM – 11:53AM	Visti Until 1:36AM Sat	Nataraja: Clear	4th Phase
Until 5:54PM			Chaturdashi* Until 2:50PM	Moon – Clear	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina•Aipasi	

Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR Sun 28 Sutra 195	
6	Mesha Rasi: 7.09 Tithi 15 – 16	Gulika 6:43AM – 8:01AM	Ashvini Until 4:24PM	Ganesha: Clear <i>Sunrise:</i> 6:43AM	Sobhana 5125
	622726574	Yama 1:11PM – 2:28PM	Vajra* Until 9:21AM	Muruga: White <i>Sunset:</i> 5:03PM	Moon 9 - Phase 27 - Purnima
Creative Work Siddha Yoga		Rahu 9:18AM – 10:36AM	Balava Until 11:21PM	Nataraja: Clear	
			Purnima* Until 12:25PM	Moon – White	Sivaloka Day
				Ashvina•Aipasi	

Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Portland, OR Sun 29 Sutra 196	
7	Mesha Rasi: 21.19 Tithi 16 – 17	Gulika 2:27PM – 3:44PM	Bharani Until 3:10PM	Ganesha: Clear <i>Sunrise:</i> 6:44AM	Sobhana 5125
	622726574	Yama 11:53AM – 1:10PM	Siddhi Until 6:28AM	Muruga: White <i>Sunset:</i> 5:02PM	Moon 9 - Phase 27 - Prathama
Routine Work Prabalarishta Yoga		Rahu 3:44PM – 5:02PM	Taitila Until 9:34PM	Nataraja: Clear	
Until 3:10PM			Prathama* Until 10:23AM	Moon – White	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

Monday, October 30, 2023
Gold Retreat Star

Vrishabha Rasi: 5.11 Tithi 17 – 18
Family Home Evening
 Routine Work Marana Yoga
 Until 2:20PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Krittika/Rohini Nakshatra Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 1:10PM – 2:27PM
 Yama 10:36AM – 11:53AM
Rahu 8:03AM – 9:19AM
Krittika Until 2:20PM
 Varyan Until 2:01AM Tue
 Vanija Until 8:22PM
Dvitiya Until 8:52AM
Ganesha: White Sunrise: 6:46AM
Muruga: White Sunset: 5:00PM
Nataraja: Clear
 Moon – White
Ashvina•Aipasi

Sun 1
 Sutra 197
 Sobhana 5125
 Moon 10 - Phase 28 - 1
 1st Phase

Subha Sivaloka Day

1
Tuesday, October 31, 2023

Vrishabha Rasi: 18.4 Tithi 18 – 19
 632826574
 Creative Work Amrita Yoga
 Until 2:26PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 11:53AM – 1:09PM
 Yama 9:20AM – 10:36AM
Rahu 2:26PM – 3:42PM
Rohini Until 2:26PM
 Parigha* Until 12:34AM Wed
 Bava Until 7:51PM
Tritiya Until 8:00AM
Ganesha: Yellow Sunrise: 6:47AM
Muruga: White Sunset: 4:59PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Sun 2
 Sutra 198
 Sobhana 5125
 Moon 10 - Phase 28 - 2
 1st Phase

Sivaloka Day

2
Wednesday, November 1, 2023

Mithuna Rasi: 1.47 Tithi 19 – 20
 632826574
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 10:37AM – 11:53AM
 Yama 8:05AM – 9:21AM
Rahu 11:53AM – 1:09PM
Mrigashira Until 3:06PM
 Shiva Until 11:42PM
 Kaulava Until 8:03PM
Chaturthi* Until 7:50AM
Ganesha: Yellow Sunrise: 6:49AM
Muruga: White Sunset: 4:57PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Portland, OR
 Sun 3
 Sutra 199
 Sobhana 5125
 Moon 10 - Phase 28 - 3
 1st Phase

Sivaloka Day

3
Thursday, November 2, 2023

Mithuna Rasi: 14.32 Tithi 20 – 21
 632826574
 Routine Work Marana Yoga
 Until 4:18PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:21AM – 10:37AM
 Yama 6:50AM – 8:06AM
Rahu 1:09PM – 2:24PM
Ardra Until 4:18PM
 Siddha Until 11:22PM
 Gara Until 8:58PM
Panchami Until 8:24AM
Ganesha: White Sunrise: 6:50AM
Muruga: White Sunset: 4:56PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Portland, OR
 Sun 4
 Sutra 200
 Sobhana 5125
 Moon 10 - Phase 28 - 4
 1st Phase

Devaloka Day

4
Friday, November 3, 2023

Mithuna Rasi: 26.58 Tithi 21 – 22
 643826574
 Creative Work Siddha Yoga
 Until 6:28PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:07AM – 9:22AM
 Yama 2:24PM – 3:39PM
Rahu 10:37AM – 11:53AM
Punarvasu Until 6:28PM
 Sadhya Until 11:32PM
 Visti Until 10:33PM
Shashthi* Until 9:40AM
Ganesha: Yellow Sunrise: 6:51AM
Muruga: White Sunset: 4:54PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Portland, OR
 Sun 5
 Sutra 201
 Sobhana 5125
 Moon 10 - Phase 28 - 5
 1st Phase

Sivaloka Day

Retreat Star
Saturday, November 4, 2023

Kataka Rasi: 9.09 Tithi 22 – 23
 643826574
 Creative Work Siddha Yoga
 Until 8:59PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 6:53AM – 8:08AM
 Yama 1:08PM – 2:23PM
Rahu 9:23AM – 10:38AM
Pushya Until 8:59PM
 Subha Until 12:05AM Sun
 Balava Until 12:39AM Sun
Saptami Until 11:31AM
Ganesha: Yellow Sunrise: 6:53AM
Muruga: White Sunset: 4:53PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Portland, OR
 Sun 6
 Sutra 202
 Sobhana 5125
 Moon 10 - Phase 28 - 6
 Ashtami

Sivaloka Day

Retreat Star
Sunday, November 5, 2023

Kataka Rasi: 21.09 Tithi 23 – 24
 643826574
 Creative Work Siddha Yoga
 Until 11:40PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:22PM – 3:37PM
 Yama 11:53AM – 1:08PM
Rahu 3:37PM – 4:52PM
Ashlesha* Until 11:40PM
 Sukla Until 12:52AM Mon
 Taitila Until 3:04AM Mon
Ashtami* Until 1:48PM
Ganesha: Yellow Sunrise: 6:54AM
Muruga: White Sunset: 4:52PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Portland, OR
 Sun 7
 Sutra 203
 Sobhana 5125
 Moon 10 - Phase 28 - 7
 Navami

Sivaloka Day

Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, OR Sun 8 Sutra 204	
1	Simha Rasi: 3.02 Tithi 24 – 25	Gulika 1:07PM – 2:22PM Yama 10:39AM – 11:53AM Rahu 8:10AM – 9:24AM	Magha* Until 2:50AM Tue Brahma Until 1:45AM Tue Vanija Until 5:37AM Tue Navami* Until 4:19PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Red	Sunrise: 6:55AM Sunset: 4:50PM Moon 10 - Phase 29 - 8 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 2:50AM Tue Then Creative Work - Siddha Yoga				Devaloka Day Ashvina*Aipasi	
Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti* Karana Dashamyam Titau		Portland, OR Sun 9 Sutra 205	
2	Simha Rasi: 14.53 Tithi 25	Gulika 11:53AM – 1:07PM Yama 9:25AM – 10:39AM Rahu 2:21PM – 3:35PM	Purvaphalguni Until 5:45AM Wed Indra Until 2:36AM Wed Visti Until 6:50PM Dashami Until 6:50PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red	Sunrise: 6:57AM Sunset: 4:49PM Moon 10 - Phase 29 - 9 2nd Phase
Creative Work Siddha Yoga Until 5:45AM Wed Then Creative Work - Amrita Yoga				Sivaloka Day Ashvina*Aipasi	
Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 10 Sutra 206	
3	Simha Rasi: 26.47 Tithi 26	Gulika 10:39AM – 11:53AM Yama 8:12AM – 9:26AM Rahu 11:53AM – 1:07PM	Uttaraphalguni Until 8:13AM Thu Vaidhriti* Until 3:13AM Thu Bava Until 8:03AM Ekadashi* Until 9:09PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red	Sunrise: 6:58AM Sunset: 4:48PM Moon 10 - Phase 29 - 10 2nd Phase
Creative Work Amrita Yoga Until 8:13AM Thu Then Routine Work - Marana Yoga				Sivaloka Day Ashvina*Aipasi	
Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR Sun 11 Sutra 207	
4	Kanya Rasi: 8.47 Tithi 27	Gulika 9:26AM – 10:40AM Yama 7:00AM – 8:13AM Rahu 1:07PM – 2:20PM	Uttaraphalguni Until 8:13AM Vishkambha* Until 3:32AM Fri Kaulava Until 10:11AM Dvadashi* Until 11:04PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red	Sunrise: 7:00AM Sunset: 4:47PM Moon 10 - Phase 29 - 11 2nd Phase
Routine Work Marana Yoga				Sivaloka Day Ashvina*Aipasi	
Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 12 Sutra 208	
5	Kanya Rasi: 20.58 Tithi 28	Gulika 8:14AM – 9:27AM Yama 2:19PM – 3:32PM Rahu 10:40AM – 11:53AM	Hasta Until 10:36AM Priti Until 3:27AM Sat Gara Until 11:52AM Trayodashi* Until 12:28AM Sat	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 7:01AM Sunset: 4:45PM Moon 10 - Phase 29 - 12 2nd Phase
Creative Work Amrita Yoga Until 10:36AM Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi <i>Pradosha Vrata (Fasting)</i>		Devaloka Day Ashvina*Aipasi	
Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 13 Sutra 209	
6	Tula Rasi: 3.22 Tithi 29	Gulika 7:02AM – 8:15AM Yama 1:06PM – 2:19PM Rahu 9:28AM – 10:41AM	Chitra Until 12:16PM Ayushman Until 2:53AM Sun Visti Until 12:58PM Chaturdashi* Until 1:16AM Sun	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 7:02AM Sunset: 4:44PM Moon 10 - Phase 29 - 13 2nd Phase
Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Devaloka Day Ashvina*Aipasi	
Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR Sun 14 Sutra 210	
Retreat Star	Tula Rasi: 16.03 Tithi 30	Gulika 2:18PM – 3:31PM Yama 11:53AM – 1:06PM Rahu 3:31PM – 4:43PM	Svati Until 1:12PM Saubhagya Until 1:52AM Mon Catuspada Until 1:28PM Amavasya* Until 1:28AM Mon	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 7:04AM Sunset: 4:43PM Moon 10 - Phase 29 - 14 Amavasya
Creative Work Siddha Yoga Until 1:12PM Then Routine Work - Marana Yoga				Devaloka Day Ashvina*Aipasi	
Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 15 Sutra 211	
Retreat Star	Tula Rasi: 29.01 Tithi 1	Gulika 1:06PM – 2:18PM Yama 10:42AM – 11:54AM Rahu 8:17AM – 9:29AM	Vishakha Until 1:52PM Sobhana Until 12:25AM Tue Kintughna Until 1:22PM Prathama* Until 1:06AM Tue	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange	Sunrise: 7:05AM Sunset: 4:42PM Moon 10 - Phase 29 - 15 Prathama
Family Home Evening Routine Work Marana Yoga Until 1:52PM Then Creative Work - Siddha Yoga		Skanda Shasthi Begins		Devaloka Day Karttika*Aipasi	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, OR Sun 16 Sutra 212
Vrischika Rasi: 12.16	Tithi 2	Gulika Yama	11:54AM – 1:06PM 9:30AM – 10:42AM	Anuradha Until 1:52PM Athiganda* Until 10:34PM	Ganesha: Blue Muruga: White	Sunrise: 7:07AM Sunset: 4:41PM
	773826574	Rahu	2:17PM – 3:29PM	Balava Until 12:45PM	Nataraja: Clear Moon – Orange	Moon 10 - Phase 30 - 16 3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 12:15AM Wed	Kartika*Aipasi	Devaloka Day
Until 1:52PM						
Then Routine Work - Marana Yoga						

2		Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, OR Sun 17 Sutra 213
Vrischika Rasi: 25.46	Tithi 3	Gulika Yama	10:42AM – 11:54AM 8:19AM – 9:31AM	Jyeshtha* Until 1:18PM Sukarma Until 8:24PM	Ganesha: Blue Muruga: White	Sunrise: 7:08AM Sunset: 4:40PM
	773826574	Rahu	11:54AM – 1:05PM	Taitila Until 11:42AM	Nataraja: Clear Moon – Orange	Moon 10 - Phase 30 - 17 3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 11:01PM	Kartika*Aipasi	Devaloka Day
Until 1:18PM						
Then Routine Work - Marana Yoga						

3		Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		Portland, OR Sun 18 Sutra 214
Dhanus Rasi: 9.28	Tithi 4	Gulika Yama	9:32AM – 10:43AM 7:09AM – 8:21AM	Mula* Until 12:41PM Dhriti Until 6:01PM	Ganesha: Yellow Muruga: White	Sunrise: 7:09AM Sunset: 4:39PM
	784826574	Rahu	1:05PM – 2:17PM	Vanija Until 10:18AM	Nataraja: Clear Moon – Light Blue	Moon 10 - Phase 30 - 18 3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 9:29PM	Kartika*Kartikai	Sivaloka Day
Until 9:29PM						
Then Routine Work - Marana Yoga						

4		Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Portland, OR Sun 19 Sutra 215
Dhanus Rasi: 23.2	Tithi 5	Gulika Yama	8:22AM – 9:33AM 2:16PM – 3:27PM	Purvashadha* Until 11:42AM Shula* Until 3:25PM	Ganesha: Yellow Muruga: White	Sunrise: 7:11AM Sunset: 4:39PM
	784826575	Rahu	10:43AM – 11:54AM	Bava Until 8:39AM	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 30 - 19 3rd Phase
Routine Work	Prabalarishta Yoga			Panchami Until 7:44PM	Kartika*Kartikai	Subha Sivaloka Day
Until 11:42AM						
Then Routine Work - Marana Yoga						

5		Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 20 Sutra 216
Makara Rasi: 7.2	Tithi 6 – 7	Gulika Yama	7:12AM – 8:23AM 1:05PM – 2:16PM	Uttarashadha Until 10:24AM Ganda* Until 12:43PM	Ganesha: Yellow Muruga: White	Sunrise: 7:12AM Sunset: 4:37PM
	784826575	Rahu	9:33AM – 10:44AM	Kaulava Until 6:49AM	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 30 - 20 3rd Phase
Routine Work	Marana Yoga			Shashthi* Until 5:51PM	Kartika*Kartikai	Subha Sivaloka Day
Until 10:24AM						
Then Creative Work - Siddha Yoga						

6		Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 21 Sutra 217
Makara Rasi: 21.24	Tithi 7 – 8	Gulika Yama	2:15PM – 3:26PM 11:55AM – 1:05PM	Shravana Until 9:17AM Vridhi Until 9:56AM	Ganesha: White Muruga: White	Sunrise: 7:13AM Sunset: 4:36PM
	794826575	Rahu	3:26PM – 4:36PM	Visti Until 2:52AM Mon	Nataraja: Purple Moon – Purple	Moon 10 - Phase 30 - 21 3rd Phase
Creative Work	Amrita Yoga			Saptami Until 3:52PM	Kartika*Kartikai	Subha Subha Sivaloka Day
Until 9:17AM						
Then Routine Work - Marana Yoga						

Retreat Star		Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, OR Sun 22 Sutra 218
Kumbha Rasi: 5.31	Tithi 8 – 9	Gulika Yama	1:05PM – 2:15PM 10:45AM – 11:55AM	Dhanishtha Until 7:56AM Dhruva Until 7:05AM	Ganesha: White Muruga: White	Sunrise: 7:15AM Sunset: 4:35PM
Family Home Evening		Rahu	8:25AM – 9:35AM	Balava Until 12:48AM Tue	Nataraja: Purple Moon – Purple	Moon 10 - Phase 30 - 22 Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 1:49PM	Kartika*Kartikai	Subha Subha Sivaloka Day
Until 1:49PM						
Then Routine Work - Marana Yoga						

Retreat Star		Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, OR Sun 23 Sutra 219
Kumbha Rasi: 19.39	Tithi 9 – 10	Gulika Yama	11:55AM – 1:05PM 9:36AM – 10:45AM	Shatabhishak Until 6:25AM Harshana Until 1:19AM Wed	Ganesha: White Muruga: White	Sunrise: 7:16AM Sunset: 4:34PM
	794826575	Rahu	2:15PM – 3:25PM	Taitila Until 10:43PM	Nataraja: Purple Moon – Purple	Moon 10 - Phase 30 - 23 Navami
Routine Work	Marana Yoga			Navami* Until 11:44AM	Kartika*Kartikai	Subha Subha Sivaloka Day
Until 11:44AM						
Then Routine Work - Marana Yoga						


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Portland, OR
			Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 220
	Meena Rasi: 3.48	Tithi 10 – 11	Gulika 10:46AM – 11:56AM	Uttaraproshtapada Until 3:50AM Thu	Ganesha: White <i>Sunrise:</i> 7:17AM
			Yama 8:27AM – 9:36AM	Vajra* Until 10:26PM	Muruga: White <i>Sunset:</i> 4:34PM
		714826575 Rahu 11:56AM – 1:05PM	Vanija Until 8:39PM	Nataraja: Purple	Moon 10 - Phase 31 - 24
Creative Work	Siddha Yoga		Dashami Until 9:40AM	Moon – Clear	4th Phase
				Subha Subha Sivaloka Day	
				Karttika•Karttikai	

2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Portland, OR
			Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 221
	Meena Rasi: 17.56	Tithi 11 – 12	Gulika 9:37AM – 10:47AM	Revati Until 2:25AM Fri	Ganesha: White <i>Sunrise:</i> 7:19AM
			Yama 7:19AM – 8:28AM	Siddhi Until 7:37PM	Muruga: White <i>Sunset:</i> 4:33PM
		714826575 Rahu 1:05PM – 2:14PM	Bava Until 6:39PM	Nataraja: Purple	Moon 10 - Phase 31 - 25
Creative Work	Siddha Yoga		Ekadashi Until 7:37AM	Moon – Clear	4th Phase
Until 2:25AM Fri				Subha Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Karttika•Karttikai	

3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Portland, OR
			Ashvini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 222
	Mesha Rasi: 2	Tithi 13	Gulika 8:29AM – 9:38AM	Ashvini Until 1:27AM Sat	Ganesha: Purple <i>Sunrise:</i> 7:20AM
			Yama 2:14PM – 3:23PM	Vyatipata* Until 4:56PM	Muruga: White <i>Sunset:</i> 4:32PM
		724926575 Rahu 10:47AM – 11:56AM	Kaulava Until 4:48PM	Nataraja: Purple	Moon 10 - Phase 31 - 26
Creative Work	Amrita Yoga		Trayodashi Until 3:55AM Sat	Moon – White	4th Phase
Until 1:27AM Sat				Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Karttika•Karttikai	

4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Portland, OR
			Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 223
	Mesha Rasi: 15.57	Tithi 14	Gulika 7:21AM – 8:30AM	Bharani Until 12:35AM Sun	Ganesha: Purple <i>Sunrise:</i> 7:21AM
			Yama 1:05PM – 2:14PM	Variyan Until 2:22PM	Muruga: White <i>Sunset:</i> 4:32PM
		724926575 Rahu 9:39AM – 10:48AM	Gara Until 3:09PM	Nataraja: Purple	Moon 10 - Phase 31 - 27
Creative Work	Siddha Yoga		Chaturdashi* Until 2:25AM Sun	Moon – White	4th Phase
				Sivaloka Day	
				Karttika•Karttikai	

	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Portland, OR
			Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 224
	Mesha Rasi: 29.45	Tithi 15	Gulika 2:14PM – 3:22PM	Krittika Until 11:55PM	Ganesha: Purple <i>Sunrise:</i> 7:22AM
			Yama 11:57AM – 1:05PM	Parigha* Until 12:05PM	Muruga: White <i>Sunset:</i> 4:31PM
		724926575 Rahu 3:22PM – 4:31PM	Visti Until 1:48PM	Nataraja: Purple	Moon 10 - Phase 31 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:16AM Mon	Moon – White	
				Sivaloka Day	
		Krittika Deepam		Karttika•Karttikai	

Monday, November 27, 2023	Silver Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Portland, OR
			Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 225
	Vrishabha Rasi: 13.19	Tithi 16	Gulika 1:05PM – 2:14PM	Rohini Until 12:00AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:24AM
			Yama 10:49AM – 11:57AM	Shiva Until 10:07AM	Muruga: White <i>Sunset:</i> 4:30PM
Family Home Evening		734926575 Rahu 8:32AM – 9:40AM	Balava Until 12:53PM	Nataraja: Purple	Moon 10 - Phase 31 - Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:35AM Tue	Moon – Yellow	
				Subha Sivaloka Day	
				Karttika•Karttikai	
		Vinayaga Viratam Begins			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Vrishabha Rasi: 26.37 Tithi 17
Creative Work Siddha Yoga

Sobhana Nama Samvatsare

Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:57AM – 1:06PM
Yama 9:41AM – 10:49AM
Rahu 2:14PM – 3:22PM

Mrigashira Until 12:28AM Wed
Siddha Until 8:31AM
Taitila Until 12:28PM
Dvitiya Until 12:27AM Wed

Ganesha: Purple Sunrise: 7:25AM
Muruga: White Sunset: 4:30PM
Nataraja: Purple
Moon – Yellow
Subha Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sutra 226
Sobhana 5125
Moon 11 - Phase 32 -
1st Phase

1

Wednesday, November 29, 2023

Mithuna Rasi: 9.38 Tithi 18
Creative Work Siddha Yoga
Until 1:21AM Thu
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:50AM – 11:58AM
Yama 8:34AM – 9:42AM
Rahu 11:58AM – 1:06PM

Ardra Until 1:21AM Thu
Sadhya Until 7:23AM
Vanija Until 12:38PM
Tritiya Until 12:56AM Thu

Ganesha: Purple Sunrise: 7:26AM
Muruga: White Sunset: 4:29PM
Nataraja: Purple
Moon – Yellow
Subha Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 1
Sutra 227
Sobhana 5125
Moon 11 - Phase 32 - 1
1st Phase

2

Thursday, November 30, 2023

Mithuna Rasi: 22.2 Tithi 19
Creative Work Amrita Yoga
Until 3:10AM Fri
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:43AM – 10:50AM
Yama 7:27AM – 8:35AM
Rahu 1:06PM – 2:14PM

Punarvasu Until 3:10AM Fri
Subha Until 6:44AM
Bava Until 1:26PM
Chaturthi* Until 2:02AM Fri

Ganesha: Clear Sunrise: 7:27AM
Muruga: White Sunset: 4:29PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 2
Sutra 228
Sobhana 5125
Moon 11 - Phase 32 - 2
1st Phase

3

Friday, December 1, 2023

Kataka Rasi: 4.47 Tithi 20
Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:36AM – 9:43AM
Yama 2:13PM – 3:21PM
Rahu 10:51AM – 11:58AM

Pushya Until 5:23AM Sat
Sukla Until 6:31AM
Kaulava Until 2:51PM
Panchami Until 3:44AM Sat

Ganesha: Clear Sunrise: 7:28AM
Muruga: White Sunset: 4:29PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 3
Sutra 229
Sobhana 5125
Moon 11 - Phase 32 - 3
1st Phase

4

Saturday, December 2, 2023

Kataka Rasi: 16.58 Tithi 21
Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:30AM – 8:37AM
Yama 1:06PM – 2:14PM
Rahu 9:44AM – 10:52AM

Ashlesha* Until 7:53AM Sun
Brahma Until 6:46AM
Gara Until 4:48PM
Shashthi* Until 5:56AM Sun

Ganesha: Clear Sunrise: 7:30AM
Muruga: White Sunset: 4:28PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 4
Sutra 230
Sobhana 5125
Moon 11 - Phase 32 - 4
1st Phase

5

Sunday, December 3, 2023

Kataka Rasi: 28.58 Tithi 22
Creative Work Siddha Yoga
Until 7:53AM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti* Karana Saptamyam Titau

Gulika 2:14PM – 3:21PM
Yama 11:59AM – 1:06PM
Rahu 3:21PM – 4:28PM

Ashlesha* Until 7:53AM
Indra Until 7:23AM
Visti Until 7:11PM
Saptami Until 8:27AM Mon

Ganesha: Clear Sunrise: 7:31AM
Muruga: White Sunset: 4:28PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 5
Sutra 231
Sobhana 5125
Moon 11 - Phase 32 - 5
1st Phase

D

Monday, December 4, 2023

Retreat Star

Simha Rasi: 10.51 Tithi 22 – 23
Family Home Evening
Routine Work Marana Yoga
Until 11:01AM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:07PM – 2:14PM
Yama 10:53AM – 12:00PM
Rahu 8:39AM – 9:46AM

Magha* Until 11:01AM
Vaidhriti* Until 8:12AM
Balava Until 9:47PM
Saptami Until 8:27AM

Ganesha: White Sunrise: 7:32AM
Muruga: White Sunset: 4:28PM
Nataraja: Purple
Moon – Red
Subha Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 6
Sutra 232
Sobhana 5125
Moon 11 - Phase 32 - 6
Ashtami

Tuesday, December 5, 2023

Retreat Star

Simha Rasi: 22.41 Tithi 23 – 24
Creative Work Siddha Yoga
Until 2:03PM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:00PM – 1:07PM
Yama 9:47AM – 10:53AM
Rahu 2:14PM – 3:21PM

Purvaphalguni Until 2:03PM
Vishkambha* Until 9:06AM
Taitila Until 12:21AM Wed
Ashtami* Until 11:04AM

Ganesha: White Sunrise: 7:33AM
Muruga: Clear Sunset: 4:27PM
Nataraja: Purple
Moon – Red
Subha Sivaloka Day
Karttika-Karttikai

Portland, OR
Sun 7
Sutra 233
Sobhana 5125
Moon 11 - Phase 32 - 7
Navami

1 Wednesday, December 6, 2023
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Portland, OR Sun 8 Sutra 234
Sobhana 5125
Kanya Rasi: 4.34 Tithi 24 – 25
755936575 **Gulika 10:54AM – 12:01PM** **Uttaraphalguni Until 4:44PM** **Ganesha: White Sunrise: 7:34AM**
Yama 8:41AM – 9:47AM **Priti Until 9:55AM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 8
Rahu 12:01PM – 1:07PM **Vanija Until 2:38AM Thu** **Nataraja: Purple** 2nd Phase
Moon – Red **Subha Sivaloka Day**
Creative Work Amrita Yoga
Until 4:44PM
Then Routine Work - Marana Yoga
Karttika*Karttikai

2 Thursday, December 7, 2023
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau
Portland, OR Sun 9 Sutra 235
Sobhana 5125
Kanya Rasi: 16.34 Tithi 25 – 26
765936575 **Gulika 9:48AM – 10:54AM** **Hasta Until 7:21PM** **Ganesha: Yellow Sunrise: 7:35AM**
Yama 7:35AM – 8:41AM **Ayushman Until 10:26AM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 9
Rahu 1:07PM – 2:14PM **Bava Until 4:25AM Fri** **Nataraja: Purple** 2nd Phase
Moon – Green **Sivaloka Day**
Routine Work Marana Yoga
Until 7:21PM
Then Creative Work - Siddha Yoga
Karttika*Karttikai

3 Friday, December 8, 2023
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau
Portland, OR Sun 10 Sutra 236
Sobhana 5125
Kanya Rasi: 28.46 Tithi 26 – 27
766936575 **Gulika 8:42AM – 9:49AM** **Chitra Until 9:12PM** **Ganesha: White Sunrise: 7:36AM**
Yama 2:14PM – 3:21PM **Saubhagya Until 10:32AM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 10
Rahu 10:55AM – 12:01PM **Kaulava Until 5:30AM Sat** **Nataraja: Purple** 2nd Phase
Moon – Green **Devaloka Day**
Creative Work Siddha Yoga
Ekdashi* Until 5:02PM **Karttika*Karttikai**

4 Saturday, December 9, 2023
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau
Portland, OR Sun 11 Sutra 237
Sobhana 5125
Tula Rasi: 11.17 Tithi 27 – 28
766936575 **Gulika 7:37AM – 8:43AM** **Svati Until 10:11PM** **Ganesha: White Sunrise: 7:37AM**
Yama 1:08PM – 2:14PM **Sobhana Until 10:06AM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 11
Rahu 9:49AM – 10:56AM **Gara Until 5:50AM Sun** **Nataraja: Purple** 2nd Phase
Moon – Green **Devaloka Day**
Creative Work Siddha Yoga
Dvadashi* Until 5:45PM **Karttika*Karttikai**
Pradosha Vrata (Fasting)

5 Sunday, December 10, 2023
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau
Portland, OR Sun 12 Sutra 238
Sobhana 5125
Tula Rasi: 24.08 Tithi 28 – 29
776936575 **Gulika 2:15PM – 3:21PM** **Vishakha Until 10:44PM** **Ganesha: Green Sunrise: 7:38AM**
Yama 12:02PM – 1:08PM **Athiganda* Until 9:04AM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 12
Rahu 3:21PM – 4:27PM **Visti Until 5:25AM Mon** **Nataraja: Purple** 2nd Phase
Moon – Orange **Devaloka Day**
Routine Work Marana Yoga
Trayodashi* Until 5:42PM **Karttika*Karttikai**

6 Monday, December 11, 2023
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau
Portland, OR Sun 13 Sutra 239
Sobhana 5125
Vrishchika Rasi: 7.22 Tithi 29 – 30
776936575 **Gulika 1:09PM – 2:15PM** **Anuradha Until 10:27PM** **Ganesha: Green Sunrise: 7:39AM**
Yama 10:57AM – 12:03PM **Sukarma Until 7:28AM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 13
Rahu 8:45AM – 9:51AM **Catuspada Until 4:19AM Tue** **Nataraja: Purple** 2nd Phase
Moon – Orange **Devaloka Day**
Creative Work Siddha Yoga
Chaturdashi* Until 4:56PM **Karttika*Karttikai**

Tuesday, December 12, 2023
Retreat Star
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau
Portland, OR Sun 14 Sutra 240
Sobhana 5125
Vrishchika Rasi: 20.59 Tithi 30 – 1
776936575 **Gulika 12:03PM – 1:09PM** **Jyeshtha* Until 9:26PM** **Ganesha: Green Sunrise: 7:40AM**
Yama 9:51AM – 10:57AM **Shula* Until 2:46AM Wed** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 14
Rahu 2:15PM – 3:21PM **Kintughna Until 2:40AM Wed** **Nataraja: Purple** Amavasya
Moon – Orange **Devaloka Day**
Routine Work Marana Yoga
Until 9:26PM
Then Creative Work - Amrita Yoga
Karttika*Karttikai

Wednesday, December 13, 2023
Retreat Star
Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau
Portland, OR Sun 15 Sutra 241
Sobhana 5125
Dhanus Rasi: 4.55 Tithi 1 – 2
786936575 **Gulika 10:58AM – 12:04PM** **Mula* Until 8:15PM** **Ganesha: White Sunrise: 7:40AM**
Yama 8:46AM – 9:52AM **Ganda* Until 11:52PM** **Muruga: Clear Sunset: 4:27PM** Moon 11 - Phase 33 - 15
Rahu 12:04PM – 1:10PM **Balava Until 12:35AM Thu** **Nataraja: Purple** Prathama
Moon – Light Blue **Devaloka Day**
Routine Work Marana Yoga
Until 8:15PM
Then Creative Work - Amrita Yoga
Margasira*Karttikai

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Thursday, December 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Portland, OR Sun 16 Sutra 242
	Dhanus Rasi: 19.07 Tithi 2 - 3	Gulika 9:53AM - 10:59AM Yama 7:41AM - 8:47AM 786937575 Rahu 1:10PM - 2:16PM	Purvashadha* Until 6:38PM Vriddhi Until 8:45PM Taitila Until 10:14PM Dvitiya Until 11:25AM
	Creative Work Siddha Yoga Until 6:38PM Then Routine Work - Marana Yoga	Ganesha: White Sunrise: 7:41AM Muruga: White Sunset: 4:27PM Nataraja: Purple Moon - Light Blue Margasira*Karttikai	Sobhana 5125 Moon 11 - Phase 34 - 16 3rd Phase Sivaloka Day

2	Friday, December 15, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Portland, OR Sun 17 Sutra 243
	Makara Rasi: 3.28 Tithi 3 - 4	Gulika 8:48AM - 9:53AM Yama 2:16PM - 3:22PM 787937575 Rahu 10:59AM - 12:05PM	Uttarashadha Until 4:44PM Dhruva Until 5:30PM Vanija Until 7:45PM Tritiya Until 8:59AM
	Routine Work Marana Yoga	Ganesha: Clear Sunrise: 7:42AM Muruga: White Sunset: 4:27PM Nataraja: Purple Moon - Light Blue Margasira*Karttikai	Sobhana 5125 Moon 11 - Phase 34 - 17 3rd Phase Subha Sivaloka Day

3	Saturday, December 16, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau	Portland, OR Sun 18 Sutra 244
	Makara Rasi: 17.52 Tithi 4 - 5	Gulika 7:43AM - 8:48AM Yama 1:11PM - 2:16PM 897937575 Rahu 9:54AM - 11:00AM	Shravana Until 3:05PM Vyaghata* Until 2:15PM Balava Until 4:02AM Sun Chaturthi* Until 6:29AM
	Creative Work Siddha Yoga	Ganesha: Clear Sunrise: 7:43AM Muruga: White Sunset: 4:28PM Nataraja: Purple Moon - Purple Margasira*Markali	Sobhana 5125 Moon 11 - Phase 34 - 18 3rd Phase Subha Sivaloka Day

4	Sunday, December 17, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Portland, OR Sun 19 Sutra 245
	Kumbha Rasi: 2.15 Tithi 6	Gulika 2:17PM - 3:22PM Yama 12:06PM - 1:11PM 897937575 Rahu 3:22PM - 4:28PM	Dhanishtha Until 1:23PM Harshana Until 11:04AM Kaulava Until 2:53PM Shashthi* Until 1:44AM Mon
	Routine Work Marana Yoga Until 1:23PM Then Creative Work - Siddha Yoga	Ganesha: Clear Sunrise: 7:43AM Muruga: White Sunset: 4:28PM Nataraja: Purple Moon - Purple Margasira*Markali	Sobhana 5125 Moon 11 - Phase 34 - 19 3rd Phase Subha Sivaloka Day

5	Monday, December 18, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau	Portland, OR Sun 20 Sutra 246
	Kumbha Rasi: 16.32 Tithi 7	Gulika 1:12PM - 2:17PM Yama 11:01AM - 12:06PM 897137575 Rahu 8:50AM - 9:55AM	Shatabhishak Until 11:42AM Vajra* Until 8:00AM Gara Until 12:40PM Saptami Until 11:38PM
	Family Home Evening Creative Work Siddha Yoga Until 11:42AM Then Routine Work - Marana Yoga	Ganesha: Red Sunrise: 7:44AM Muruga: White Sunset: 4:28PM Nataraja: Purple Moon - Purple Margasira*Markali	Sobhana 5125 Moon 11 - Phase 34 - 20 3rd Phase Subha Sivaloka Day

6	Tuesday, December 19, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau	Portland, OR Sun 21 Sutra 247
	Retreat Star Meena Rasi: 0.4 Tithi 8	Gulika 12:07PM - 1:12PM Yama 9:56AM - 11:01AM 817137575 Rahu 2:18PM - 3:23PM	Purvaproshtapada* Until 10:32AM Vyatipata* Until 2:27AM Wed Visti Until 10:41AM Ashtami* Until 9:46PM
	Routine Work Marana Yoga Until 10:32AM Then Creative Work - Amrita Yoga	Ganesha: Clear Sunrise: 7:45AM Muruga: White Sunset: 4:29PM Nataraja: Purple Moon - Clear Margasira*Markali	Sobhana 5125 Moon 11 - Phase 34 - 21 Ashtami Subha Sivaloka Day

7	Wednesday, December 20, 2023	Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau	Portland, OR Sun 22 Sutra 248
	Retreat Star Meena Rasi: 14.38 Tithi 9	Gulika 11:02AM - 12:07PM Yama 8:51AM - 9:56AM 817137575 Rahu 12:07PM - 1:13PM	Uttaraproshtapada Until 9:29AM Variyan Until 11:58PM Balava Until 8:57AM Navami* Until 8:10PM
	Creative Work Siddha Yoga Until 9:29AM Then Routine Work - Marana Yoga	Ganesha: Clear Sunrise: 7:45AM Muruga: White Sunset: 4:29PM Nataraja: Purple Moon - Clear Margasira*Markali	Sobhana 5125 Moon 11 - Phase 34 - 22 Navami Subha Sivaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/20/21

www.gurudeva.org/panchang

1 Thursday, December 21, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR
 Revati/Ashvini Nakshatra Panigraha* Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 249
 Meena Rasi: 28.28 Tithi 10 **Gulika 9:57AM – 11:02AM** **Revati Until 8:32AM** **Ganesha: Clear** *Sunrise: 7:46AM* Sobhana 5125
 817137575 **Yama 7:46AM – 8:51AM** Parigraha* Until 9:42PM **Muruga: White** *Sunset: 4:30PM* Moon 11 - Phase 35 - 23
Rahu 1:13PM – 2:19PM Taitila Until 7:29AM **Nataraja: Purple** 4th Phase
 Creative Work Siddha Yoga **Day 1 of Pancha Ganapati** **Dashami Until 6:50PM** **Moon – Clear** **Subha Sivaloka Day**
 Until 8:32AM **Margasira*Markali**
 Then Creative Work - Amrita Yoga

2 Friday, December 22, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, OR
 Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 250
 Mesha Rasi: 12.07 Tithi 11 – 12 **Gulika 8:52AM – 9:57AM** **Ashvini Until 8:08AM** **Ganesha: Clear** *Sunrise: 7:46AM* Sobhana 5125
 828137575 **Yama 2:19PM – 3:25PM** Shiva Until 7:40PM **Muruga: White** *Sunset: 4:30PM* Moon 11 - Phase 35 - 24
Rahu 11:03AM – 12:08PM Vanija Until 6:17AM **Nataraja: Purple** 4th Phase
 Creative Work Amrita Yoga **Day 2 of Pancha Ganapati** **Ekadashi Until 5:46PM** **Moon – White** **Subha Sivaloka Day**
 Until 8:08AM **Margasira*Markali**
 Then Creative Work - Siddha Yoga

3 Saturday, December 23, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR
 Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sutra 251
 Mesha Rasi: 25.37 Tithi 12 – 13 **Gulika 7:47AM – 8:52AM** **Bharani Until 7:51AM** **Ganesha: Clear** *Sunrise: 7:47AM* Sobhana 5125
 828137575 **Yama 1:14PM – 2:20PM** Siddha Until 5:48PM **Muruga: White** *Sunset: 4:31PM* Moon 11 - Phase 35 - 25
Rahu 9:58AM – 11:03AM Kaulava Until 4:42AM Sun **Nataraja: Purple** 4th Phase
 Creative Work Siddha Yoga **Day 3 of Pancha Ganapati** **Dvadashi Until 4:58PM** **Moon – White** **Subha Sivaloka Day**
 Until 7:51AM **Margasira*Markali**
 Then Creative Work - Amrita Yoga *Pradosha Vrata*

4 Sunday, December 24, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR
 Krittika/Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sutra 252
 Vrishabha Rasi: 8.58 Tithi 13 – 14 **Gulika 2:20PM – 3:26PM** **Krittika Until 7:42AM** **Ganesha: Clear** *Sunrise: 7:47AM* Sobhana 5125
 828137575 **Yama 12:09PM – 1:15PM** Sadhya Until 4:12PM **Muruga: White** *Sunset: 4:31PM* Moon 11 - Phase 35 - 26
Rahu 3:26PM – 4:31PM Gara Until 4:22AM Mon **Nataraja: Purple** 4th Phase
 Creative Work Siddha Yoga **Day 4 of Pancha Ganapati** **Trayodashi Until 4:28PM** **Moon – White** **Subha Sivaloka Day**
Margasira*Markali

5 Monday, December 25, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR
 Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 253
 Vrishabha Rasi: 22.08 Tithi 14 – 15 **Gulika 1:15PM – 2:21PM** **Rohini Until 8:10AM** **Ganesha: White** *Sunrise: 7:48AM* Sobhana 5125
Family Home Evening 838137575 **Yama 11:04AM – 12:10PM** Subha Until 2:53PM **Muruga: White** *Sunset: 4:32PM* Moon 11 - Phase 35 - 27
Rahu 8:53AM – 9:59AM Visti Until 4:25AM Tue **Nataraja: Purple** 4th Phase
 Creative Work Amrita Yoga **Day 5 of Pancha Ganapati** **Chaturdashi* Until 4:19PM** **Moon – Yellow** **Sivaloka Day**
Margasira*Markali

○ Tuesday, December 26, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Portland, OR
 Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 254
Copper Retreat Star **Gulika 12:10PM – 1:16PM** **Mrigashira Until 8:52AM** **Ganesha: White** *Sunrise: 7:48AM* Sobhana 5125
 Mithuna Rasi: 5.07 Tithi 15 – 16 **Yama 9:59AM – 11:05AM** Sukla Until 1:51PM **Muruga: White** *Sunset: 4:33PM* Moon 11 - Phase 35 -
 838137576 **Rahu 2:21PM – 3:27PM** Balava Until 4:54AM Wed **Nataraja: Clear** Purnima
 Creative Work Siddha Yoga **Day 6 of Pancha Ganapati** **Purnima* Until 4:35PM** **Moon – Yellow** **Devaloka Day**
 Until 8:52AM **Margasira*Markali**
 Then Routine Work - Marana Yoga **Ardra Darshanam**

Wednesday, December 27, 2023 Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Portland, OR
 Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau Sun 29 Sutra 255
Silver Retreat Star **Gulika 11:05AM – 12:11PM** **Ardra Until 9:49AM** **Ganesha: White** *Sunrise: 7:48AM* Sobhana 5125
 Mithuna Rasi: 17.53 Tithi 16 – 17 **Yama 8:54AM – 10:00AM** Brahma Until 1:10PM **Muruga: White** *Sunset: 4:33PM* Moon 11 - Phase 35 -
 838137576 **Rahu 12:11PM – 1:16PM** Taitila Until 5:51AM Thu **Nataraja: Clear** Prathama
 Creative Work Siddha Yoga **Day 7 of Pancha Ganapati** **Prathama* Until 5:18PM** **Moon – Yellow** **Devaloka Day**
Margasira*Markali

Thursday, December 28, 2023
Gold Retreat Star

Kataka Rasi: 0.26 Tithi 17
 Creative Work Amrita Yoga

Gulika 10:00AM – 11:06AM
 Yama 7:49AM – 8:54AM
 849137576 **Rahu 1:17PM – 2:23PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara Karana Dvitiyayam Titau

Punarvasu Until 11:34AM
 Indra Until 12:52PM
 Gara Until 6:30PM
Dvitiya Until 6:30PM

Ganesha: Blue Sunrise: 7:49AM
Muruga: White Sunset: 4:34PM
Nataraja: Clear
 Moon – Blue
Margasira*Markali

Sun 1 Sutra 256
 Sobhana 5125
 Moon 12 - Phase 36 - 1
 1st Phase

Subha Sivaloka Day

1 Friday, December 29, 2023

Kataka Rasi: 12.47 Tithi 18
 Routine Work Marana Yoga

Gulika 8:55AM – 10:00AM
 Yama 2:23PM – 3:29PM
 849137576 **Rahu 11:06AM – 12:12PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Pushya Until 1:38PM
 Vaidhriti* Until 12:56PM
 Vanija Until 7:19AM
Tritiya Until 8:13PM

Ganesha: Blue Sunrise: 7:49AM
Muruga: White Sunset: 4:35PM
Nataraja: Clear
 Moon – Blue
Margasira*Markali

Sun 2 Sutra 257
 Sobhana 5125
 Moon 12 - Phase 36 - 2
 1st Phase

Subha Sivaloka Day

2 Saturday, December 30, 2023

Kataka Rasi: 24.55 Tithi 19
 Routine Work Marana Yoga
 Until 3:59PM
 Then Creative Work - Amrita Yoga

Gulika 7:49AM – 8:55AM
 Yama 1:18PM – 2:24PM
 849137576 **Rahu 10:01AM – 11:06AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Ashlesha* Until 3:59PM
 Vishkambha* Until 1:22PM
 Bava Until 9:17AM
Chaturthi* Until 10:24PM

Ganesha: Blue Sunrise: 7:49AM
Muruga: White Sunset: 4:36PM
Nataraja: Clear
 Moon – Blue
Margasira*Markali

Sun 3 Sutra 258
 Sobhana 5125
 Moon 12 - Phase 36 - 3
 1st Phase

Subha Sivaloka Day

3 Sunday, December 31, 2023

Simha Rasi: 6.53 Tithi 20
 Routine Work Marana Yoga
 Until 7:02PM
 Then Creative Work - Siddha Yoga

Gulika 2:25PM – 3:31PM
 Yama 12:13PM – 1:19PM
 859137576 **Rahu 3:31PM – 4:37PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Magha* Until 7:02PM
 Priti Until 2:06PM
 Kaulava Until 11:39AM
Panchami Until 12:55AM Mon

Ganesha: Red Sunrise: 7:49AM
Muruga: White Sunset: 4:37PM
Nataraja: Clear
 Moon – Red
Margasira*Markali

Sun 4 Sutra 259
 Sobhana 5125
 Moon 12 - Phase 36 - 4
 1st Phase

Sivaloka Day

4 Monday, January 1, 2024

Simha Rasi: 18.44 Tithi 21
Family Home Evening
 Creative Work Siddha Yoga

Gulika 1:20PM – 2:26PM
 Yama 11:08AM – 12:14PM
 859137576 **Rahu 8:55AM – 10:01AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Purvaphalguni Until 10:07PM
 Ayushman Until 3:00PM
 Gara Until 2:17PM
Shashthi* Until 3:37AM Tue

Ganesha: Red Sunrise: 7:49AM
Muruga: White Sunset: 4:38PM
Nataraja: Clear
 Moon – Red
Margasira*Markali

Sun 5 Sutra 260
 Sobhana 5125
 Moon 12 - Phase 36 - 5
 1st Phase

Sivaloka Day

5 Tuesday, January 2, 2024

Kanya Rasi: 0.32 Tithi 22
 Creative Work Amrita Yoga
 Until 1:02AM Wed
 Then Routine Work - Marana Yoga

Gulika 12:14PM – 1:20PM
 Yama 10:02AM – 11:08AM
 859137576 **Rahu 2:27PM – 3:33PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Uttaraphalguni Until 1:02AM Wed
 Saubhagya Until 3:57PM
 Visti Until 4:59PM
Saptami Until 6:16AM Wed

Ganesha: Red Sunrise: 7:49AM
Muruga: White Sunset: 4:39PM
Nataraja: Clear
 Moon – Red
Margasira*Markali

Sun 6 Sutra 261
 Sobhana 5125
 Moon 12 - Phase 36 - 6
 1st Phase

Sivaloka Day

Retreat Star
Wednesday, January 3, 2024

Kanya Rasi: 12.22 Tithi 22 – 23
 Routine Work Marana Yoga
 Until 4:01AM Thu
 Then Creative Work - Siddha Yoga

Gulika 11:08AM – 12:15PM
 Yama 8:55AM – 10:02AM
 869137576 **Rahu 12:15PM – 1:21PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Hasta Until 4:01AM Thu
 Sobhana Until 4:47PM
 Balava Until 7:30PM
Saptami Until 6:16AM

Ganesha: Green Sunrise: 7:49AM
Muruga: White Sunset: 4:40PM
Nataraja: Clear
 Moon – Green
Margasira*Markali

Sun 7 Sutra 262
 Sobhana 5125
 Moon 12 - Phase 36 - 7
 Ashtami

Subha Sivaloka Day

Retreat Star
Thursday, January 4, 2024

Kanya Rasi: 24.19 Tithi 23 – 24
 Creative Work Siddha Yoga

Gulika 10:02AM – 11:09AM
 Yama 7:49AM – 8:56AM
 869137576 **Rahu 1:22PM – 2:28PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chitra Until 6:18AM Fri
 Athiganda* Until 5:16PM
 Taitila Until 9:32PM
Ashtami* Until 8:34AM

Ganesha: Green Sunrise: 7:49AM
Muruga: White Sunset: 4:41PM
Nataraja: Clear
 Moon – Green
Margasira*Markali

Sun 8 Sutra 263
 Sobhana 5125
 Moon 12 - Phase 36 - 8
 Navami

Subha Sivaloka Day

1 Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, OR Sun 9 Sutra 264	
Tula Rasi: 6.3	Tithi 24 – 25	Gulika 8:56AM – 10:02AM	Chitra Until 6:18AM	Ganesha: Orange <i>Sunrise: 7:49AM</i>	Sobhana 5125
		Yama 2:29PM – 3:36PM	Sukarma Until 5:16PM	Muruga: White <i>Sunset: 4:42PM</i>	Moon 12 - Phase 37 - 9
Creative Work	Siddha Yoga	861137576 Rahu 11:09AM – 12:16PM	Vanija Until 10:53PM	Nataraja: Clear	2nd Phase
				Moon – Green	Sivaloka Day
		Subramuniyaswami Jayanti	Navami* Until 10:17AM	Margasira*Markali	

2 Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, OR Sun 10 Sutra 265	
Tula Rasi: 18.59	Tithi 25 – 26	Gulika 7:49AM – 8:55AM	Svati Until 7:44AM	Ganesha: Orange <i>Sunrise: 7:49AM</i>	Sobhana 5125
		Yama 1:23PM – 2:30PM	Dhriti Until 4:40PM	Muruga: White <i>Sunset: 4:43PM</i>	Moon 12 - Phase 37 - 10
Creative Work	Siddha Yoga	861137576 Rahu 10:02AM – 11:09AM	Bava Until 11:23PM	Nataraja: Clear	2nd Phase
				Moon – Green	Sivaloka Day
			Dashami Until 11:13AM	Margasira*Markali	

3 Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 11 Sutra 266	
Vrischika Rasi: 1.53	Tithi 26 – 27	Gulika 2:30PM – 3:38PM	Vishakha Until 8:38AM	Ganesha: Light Blue <i>Sunrise: 7:48AM</i>	Sobhana 5125
		Yama 12:16PM – 1:23PM	Shula* Until 3:21PM	Muruga: White <i>Sunset: 4:45PM</i>	Moon 12 - Phase 37 - 11
Routine Work	Marana Yoga	871137576 Rahu 3:38PM – 4:45PM	Kaulava Until 11:01PM	Nataraja: Clear	2nd Phase
				Moon – Orange	Devaloka Day
			Ekadashi* Until 11:17AM	Margasira*Markali	

4 Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Portland, OR Sun 12 Sutra 267	
Vrischika Rasi: 15.13	Tithi 27 – 28	Gulika 1:24PM – 2:31PM	Anuradha Until 8:32AM	Ganesha: Light Blue <i>Sunrise: 7:48AM</i>	Sobhana 5125
Family Home Evening		Yama 11:10AM – 12:17PM	Ganda* Until 1:24PM	Muruga: White <i>Sunset: 4:46PM</i>	Moon 12 - Phase 37 - 12
Creative Work	Siddha Yoga	871137576 Rahu 8:55AM – 10:03AM	Gara Until 9:49PM	Nataraja: Clear	2nd Phase
				Moon – Orange	Devaloka Day
			Dvadashi* Until 10:30AM	Margasira*Markali	
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 13 Sutra 268	
Vrischika Rasi: 29.01	Tithi 28 – 29	Gulika 12:17PM – 1:25PM	Jyeshtha* Until 7:32AM	Ganesha: Light Blue <i>Sunrise: 7:48AM</i>	Sobhana 5125
		Yama 10:03AM – 11:10AM	Vridhhi Until 10:51AM	Muruga: White <i>Sunset: 4:47PM</i>	Moon 12 - Phase 37 - 13
Routine Work	Marana Yoga	871137576 Rahu 2:32PM – 3:39PM	Visti Until 7:53PM	Nataraja: Clear	2nd Phase
				Moon – Orange	Devaloka Day
			Trayodashi* Until 8:55AM	Margasira*Markali	
			Until 7:32AM		
			Then Creative Work - Amrita Yoga		

Retreat Star Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Portland, OR Sun 14 Sutra 269	
Dhanus Rasi: 13.14	Tithi 29 – 30	Gulika 11:10AM – 12:18PM	Mula* Until 6:09AM	Ganesha: Purple <i>Sunrise: 7:47AM</i>	Sobhana 5125
		Yama 8:55AM – 10:03AM	Dhruva Until 7:46AM	Muruga: White <i>Sunset: 4:48PM</i>	Moon 12 - Phase 37 - 14
Routine Work	Marana Yoga	881137576 Rahu 12:18PM – 1:25PM	Naga Until 3:58AM Thu	Nataraja: Clear	Amavasya
				Moon – Light Blue	Devaloka Day
			Chaturdashi* Until 6:41AM	Margasira*Markali	
			Hanumath Jayanthi (Tamil Nadu)		

Retreat Star Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 15 Sutra 270	
Dhanus Rasi: 27.47	Tithi 1	Gulika 10:03AM – 11:10AM	Uttarashadha Until 1:41AM Fri	Ganesha: Purple <i>Sunrise: 7:47AM</i>	Sobhana 5125
		Yama 7:47AM – 8:55AM	Harshana Until 12:36AM Fri	Muruga: White <i>Sunset: 4:49PM</i>	Moon 12 - Phase 37 - 15
Routine Work	Marana Yoga	881137576 Rahu 1:26PM – 2:34PM	Kintughna Until 2:30PM	Nataraja: Clear	Prathama
				Moon – Light Blue	Devaloka Day
			Prathama* Until 12:56AM Fri	Pausha*Markali	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Friday, January 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, OR Sun 16 Sutra 271	
Makara Rasi: 12.34	Tithi 2	Gulika 8:55AM – 10:03AM	Shravana Until 11:21PM	Ganesha: Purple	<i>Sunrise:</i> 7:47AM	Sobhana 5125	
		Yama 2:34PM – 3:42PM	Vajra* Until 8:44PM	Muruga: White	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 38 - 16	
		891237576 Rahu 11:11AM – 12:18PM	Balava Until 11:21AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 9:44PM	Moon – Purple		Devaloka Day	
Until 11:21PM				Pausha*Markali			
Then Creative Work - Siddha Yoga							
2		Saturday, January 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, OR Sun 17 Sutra 272	
Makara Rasi: 27.26	Tithi 3	Gulika 7:46AM – 8:54AM	Dhanishtha Until 8:54PM	Ganesha: Purple	<i>Sunrise:</i> 7:46AM	Sobhana 5125	
		Yama 1:27PM – 2:35PM	Siddhi Until 4:54PM	Muruga: White	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38 - 17	
		891237576 Rahu 10:02AM – 11:11AM	Taitila Until 8:09AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 6:33PM	Moon – Purple		Devaloka Day	
Until 8:54PM				Pausha*Markali			
Then Creative Work - Amrita Yoga							
3		Sunday, January 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, OR Sun 18 Sutra 273	
Kumbha Rasi: 12.15	Tithi 4 – 5	Gulika 2:36PM – 3:44PM	Shatabhishak Until 6:30PM	Ganesha: Purple	<i>Sunrise:</i> 7:46AM	Sobhana 5125	
		Yama 12:19PM – 1:28PM	Vyatipata* Until 1:11PM	Muruga: White	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 38 - 18	
		891237576 Rahu 3:44PM – 4:53PM	Bava Until 2:09AM Mon	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 3:32PM	Moon – Purple		Devaloka Day	
		Thai Pongal		Pausha*Thai			
4		Monday, January 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, OR Sun 19 Sutra 274	
Kumbha Rasi: 26.53	Tithi 5 – 6	Gulika 1:28PM – 2:37PM	Purvaproshtapada* Until 4:40PM	Ganesha: White	<i>Sunrise:</i> 7:45AM	Sobhana 5125	
Family Home Evening		Yama 11:11AM – 12:20PM	Variyan Until 9:41AM	Muruga: White	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 38 - 19	
		812237576 Rahu 8:54AM – 10:02AM	Kaulava Until 11:36PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 12:48PM	Moon – Clear		Devaloka Day	
Until 4:40PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
5		Tuesday, January 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 20 Sutra 275	
Meena Rasi: 11.16	Tithi 6 – 7	Gulika 12:20PM – 1:29PM	Uttaraproshtapada Until 3:07PM	Ganesha: White	<i>Sunrise:</i> 7:44AM	Sobhana 5125	
		Yama 10:02AM – 11:11AM	Parigha* Until 6:30AM	Muruga: White	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 38 - 20	
		812237576 Rahu 2:38PM – 3:47PM	Gara Until 9:29PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 10:28AM	Moon – Clear		Devaloka Day	
Until 3:07PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, January 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 21 Sutra 276	
Meena Rasi: 25.21	Tithi 7 – 8	Gulika 11:11AM – 12:20PM	Revati Until 1:53PM	Ganesha: White	<i>Sunrise:</i> 7:44AM	Sobhana 5125	
		Yama 8:53AM – 10:02AM	Siddha Until 1:15AM Thu	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 38 - 21	
		812237576 Rahu 12:20PM – 1:29PM	Visti Until 7:52PM	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 8:36AM	Moon – Clear		Devaloka Day	
				Pausha*Thai			
Retreat Star		Thursday, January 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, OR Sun 22 Sutra 277	
Mesha Rasi: 9.07	Tithi 8 – 9	Gulika 10:02AM – 11:11AM	Ashvini Until 1:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:43AM	Sobhana 5125	
		Yama 7:43AM – 8:52AM	Sadhya Until 11:13PM	Muruga: White	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 38 - 22	
		822237576 Rahu 1:30PM – 2:39PM	Balava Until 6:45PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 7:14AM	Moon – White		Sivaloka Day	
Until 1:26PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Portland, OR on 11/20/21

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1 Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, OR Sun 23 Sutra 278
Mesha Rasi: 22.35	Tithi 9 – 10	Gulika 8:52AM – 10:02AM	Bharani Until 1:19PM	Ganesha: Yellow <i>Sunrise:</i> 7:42AM Muruga: White <i>Sunset:</i> 4:59PM
	822237576	Yama 2:40PM – 3:50PM	Subha Until 9:35PM	Moon 12 - Phase 39 - 23
Creative Work	Siddha Yoga	Rahu 11:11AM – 12:21PM	Taitila Until 6:08PM	4th Phase
			Navami* Until 6:22AM	Sivaloka Day Pausha*Thai

2 Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 24 Sutra 279
Vrishabha Rasi: 5.49	Tithi 11	Gulika 7:42AM – 8:51AM	Krittika Until 1:30PM	Ganesha: Yellow <i>Sunrise:</i> 7:42AM Muruga: White <i>Sunset:</i> 5:01PM
	822237576	Yama 1:31PM – 2:41PM	Sukla Until 8:17PM	Moon 12 - Phase 39 - 24
Creative Work	Amrita Yoga	Rahu 10:01AM – 11:11AM	Vanija Until 5:57PM	4th Phase
			Ekadashi Until 6:00AM Sun	Sivaloka Day Pausha*Thai

3 Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 25 Sutra 280
Vrishabha Rasi: 18.49	Tithi 11 – 12	Gulika 2:42PM – 3:52PM	Rohini Until 2:24PM	Ganesha: Blue <i>Sunrise:</i> 7:41AM Muruga: White <i>Sunset:</i> 5:02PM
	832237576	Yama 12:21PM – 1:32PM	Brahma Until 7:17PM	Moon 12 - Phase 39 - 25
Creative Work	Siddha Yoga	Rahu 3:52PM – 5:02PM	Bava Until 6:11PM	4th Phase
			Ekadashi Until 6:00AM	Devaloka Day Pausha*Thai

4 Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, OR Sun 26 Sutra 281
Mithuna Rasi: 1.38	Tithi 12 – 13	Gulika 1:32PM – 2:43PM	Mrigashira Until 3:30PM	Ganesha: Blue <i>Sunrise:</i> 7:40AM Muruga: White <i>Sunset:</i> 5:04PM
Family Home Evening	832237576	Yama 11:11AM – 12:22PM	Indra Until 6:36PM	Moon 12 - Phase 39 - 26
Creative Work	Amrita Yoga	Rahu 8:50AM – 10:01AM	Kaulava Until 6:48PM	4th Phase
Until 3:30PM			Dvadashi Until 6:25AM	Devaloka Day Pausha*Thai
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	

5 Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 27 Sutra 282
Mithuna Rasi: 14.16	Tithi 13 – 14	Gulika 12:22PM – 1:33PM	Ardra Until 4:48PM	Ganesha: Blue <i>Sunrise:</i> 7:39AM Muruga: White <i>Sunset:</i> 5:05PM
	832237576	Yama 10:00AM – 11:11AM	Vaidhriti* Until 6:10PM	Moon 12 - Phase 39 - 27
Routine Work	Marana Yoga	Rahu 2:43PM – 3:54PM	Gara Until 7:46PM	4th Phase
Until 4:48PM			Trayodashi Until 7:13AM	Devaloka Day Pausha*Thai
Then Creative Work - Siddha Yoga				

Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, OR Sun 28 Sutra 283
Copper Retreat Star		Gulika 11:11AM – 12:22PM	Punarvasu Until 6:47PM	Ganesha: Red <i>Sunrise:</i> 7:38AM Muruga: White <i>Sunset:</i> 5:06PM
Mithuna Rasi: 26.44	Tithi 14 – 15	Yama 8:49AM – 10:00AM	Vishkambha* Until 6:02PM	Moon 12 - Phase 39 - Purnima
	842237576	Rahu 12:22PM – 1:33PM	Visti Until 9:07PM	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:23AM	Sivaloka Day Pausha*Thai

Thursday, January 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR Sun 28 Sutra 284
Silver Retreat Star		Gulika 10:00AM – 11:11AM	Pushya Until 8:57PM	Ganesha: Blue <i>Sunrise:</i> 7:37AM Muruga: White <i>Sunset:</i> 5:08PM
Kataka Rasi: 9.04	Tithi 15 – 16	Yama 7:37AM – 8:48AM	Priti Until 6:11PM	Moon 12 - Phase 39 - Prathama
	942237576	Rahu 1:34PM – 2:45PM	Balava Until 10:50PM	
Creative Work	Amrita Yoga		Purnima* Until 9:55AM	Devaloka Day Pausha*Thai
Until 8:57PM		Thai Pusam		
Then Creative Work - Siddha Yoga				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Friday, January 26, 2024
Gold Retreat Star

Kataka Rasi: 21.13 Tithi 16 – 17

942237576

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Ashlesha* Nakshatra Ayushman Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Gulika 8:48AM – 9:59AM
 Yama 2:46PM – 3:58PM
Rahu 11:11AM – 12:23PM

Ashlesha* Until 11:19PM
 Ayushman Until 6:35PM
 Tailila Until 12:56AM Sat
Prathama* Until 11:49AM

Ganesha: Blue *Sunrise: 7:36AM*
Muruga: White *Sunset: 5:09PM*
Nataraja: Clear
 Moon – Blue
Pausha*Thai

Devaloka Day

Portland, OR
 Sutra 285
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

1 Saturday, January 27, 2024

Simha Rasi: 3.14 Tithi 17 – 18

952237576

Creative Work Amrita Yoga
 Until 2:19AM Sun
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:35AM – 8:47AM
 Yama 1:35PM – 2:47PM
Rahu 9:59AM – 11:11AM

Magha* Until 2:19AM Sun
 Saubhagya Until 7:16PM
 Vanija Until 3:21AM Sun
Dvitiya Until 2:05PM

Ganesha: Red *Sunrise: 7:35AM*
Muruga: White *Sunset: 5:11PM*
Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Portland, OR
 Sun 1
 Sutra 286
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

2 Sunday, January 28, 2024

Simha Rasi: 15.08 Tithi 18 – 19

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:48PM – 4:00PM
 Yama 12:23PM – 1:35PM
Rahu 4:00PM – 5:12PM

Purvaphalguni Until 5:23AM Mon
 Sobhana Until 8:09PM
 Bava Until 6:00AM Mon
Tritiya Until 4:38PM

Ganesha: Red *Sunrise: 7:34AM*
Muruga: White *Sunset: 5:12PM*
Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Portland, OR
 Sun 2
 Sutra 287
 Sobhana 5125
 Moon 13 - Phase 40 - 2nd Phase

3 Monday, January 29, 2024

Simha Rasi: 26.58 Tithi 19

953237576

Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:36PM – 2:48PM
 Yama 11:11AM – 12:23PM
Rahu 8:46AM – 9:58AM

Uttaraphalguni Until 8:22AM Tue
 Athiganda* Until 9:08PM
 Bava Until 6:00AM
Chaturthi* Until 7:22PM

Ganesha: Yellow *Sunrise: 7:33AM*
Muruga: White *Sunset: 5:13PM*
Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Portland, OR
 Sun 3
 Sutra 288
 Sobhana 5125
 Moon 13 - Phase 40 - 3rd Phase

4 Tuesday, January 30, 2024

Kanya Rasi: 8.44 Tithi 20

953237576

Creative Work Amrita Yoga
 Until 8:22AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 12:23PM – 1:36PM
 Yama 9:58AM – 11:10AM
Rahu 2:49PM – 4:02PM

Uttaraphalguni Until 8:22AM
 Sukarma Until 10:07PM
 Kaulava Until 8:45AM
Panchami Until 10:05PM

Ganesha: Yellow *Sunrise: 7:32AM*
Muruga: White *Sunset: 5:15PM*
Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Portland, OR
 Sun 4
 Sutra 289
 Sobhana 5125
 Moon 13 - Phase 40 - 4th Phase

5 Wednesday, January 31, 2024

Kanya Rasi: 20.33 Tithi 21

963237576

Routine Work Marana Yoga
 Until 11:36AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Dhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:10AM – 12:24PM
 Yama 8:44AM – 9:57AM
Rahu 12:24PM – 1:37PM

Hasta Until 11:36AM
 Dhriti Until 10:56PM
 Gara Until 11:24AM
Shashthi* Until 12:34AM Thu

Ganesha: White *Sunrise: 7:31AM*
Muruga: White *Sunset: 5:16PM*
Nataraja: Clear
 Moon – Green
Pausha*Thai

Devaloka Day

Portland, OR
 Sun 5
 Sutra 290
 Sobhana 5125
 Moon 13 - Phase 40 - 5th Phase

6 Thursday, February 1, 2024

Tula Rasi: 2.29 Tithi 22

963237576

Creative Work Siddha Yoga
 Until 2:19PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:57AM – 11:10AM
 Yama 7:31AM – 8:44AM
Rahu 1:37PM – 2:50PM

Chitra Until 2:19PM
 Shula* Until 11:24PM
 Visti Until 1:41PM
Saptami Until 2:35AM Fri

Ganesha: White *Sunrise: 7:31AM*
Muruga: White *Sunset: 5:16PM*
Nataraja: Clear
 Moon – Green
Pausha*Thai

Devaloka Day

Portland, OR
 Sun 6
 Sutra 291
 Sobhana 5125
 Moon 13 - Phase 40 - 6th Phase

Friday, February 2, 2024
Retreat Star

Tula Rasi: 14.37 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:43AM – 9:57AM
 Yama 2:51PM – 4:04PM
Rahu 11:10AM – 12:24PM

Svati Until 4:19PM
 Ganda* Until 11:22PM
 Balava Until 3:22PM
Ashtami* Until 3:55AM Sat

Ganesha: White *Sunrise: 7:30AM*
Muruga: White *Sunset: 5:18PM*
Nataraja: Clear
 Moon – Green
Pausha*Thai

Devaloka Day

Portland, OR
 Sun 7
 Sutra 292
 Sobhana 5125
 Moon 13 - Phase 40 - 7th Phase

Saturday, February 3, 2024
Retreat Star

Tula Rasi: 27.02 Tithi 24

973237577

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Vriddhi* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 7:28AM – 8:42AM
 Yama 1:38PM – 2:52PM
Rahu 9:56AM – 11:10AM

Vishakha Until 5:52PM
 Vriddhi Until 10:43PM
 Tailila Until 4:17PM
Navami* Until 4:23AM Sun

Ganesha: Clear *Sunrise: 7:28AM*
Muruga: White *Sunset: 5:19PM*
Nataraja: Orange
 Moon – Orange
Pausha*Thai

Sivaloka Day

Portland, OR
 Sun 8
 Sutra 293
 Sobhana 5125
 Moon 13 - Phase 40 - 8th Phase


1	Sunday, February 4, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam	Sun 9	Portland, OR	
	Vrischika Rasi: 9.51	Tithi 25	Sutra 294		
	973237577	Gulika 2:52PM – 4:06PM Yama 12:24PM – 1:38PM Rahu 4:06PM – 5:21PM	Anuradha Until 6:24PM Dhruva Until 9:21PM Vanija Until 4:17PM	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange	Sunrise: 7:27AM Sunset: 5:21PM
	Routine Work Marana Yoga	Dashami Until 3:56AM Mon	Sivaloka Day Pausha*Thai		


2	Monday, February 5, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam	Sun 10	Portland, OR	
	Vrischika Rasi: 23.08	Tithi 26	Sutra 295		
	973237577	Gulika 1:39PM – 2:53PM Yama 11:09AM – 12:24PM Rahu 8:40AM – 9:55AM	Jyeshtha* Until 5:55PM Vyaghata* Until 7:18PM Bava Until 3:24PM	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange	Sunrise: 7:26AM Sunset: 5:22PM
	Family Home Evening Creative Work Siddha Yoga	Ekadashi* Until 2:37AM Tue	Sivaloka Day Pausha*Thai		

3	Tuesday, February 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam	Sun 11	Portland, OR	
	Dhanus Rasi: 6.54	Tithi 27	Sutra 296		
	983337577	Gulika 12:24PM – 1:39PM Yama 9:54AM – 11:09AM Rahu 2:54PM – 4:09PM	Mula* Until 4:55PM Harshana Until 4:36PM Kaulava Until 1:40PM	Ganesha: Light Blue Muruga: White Nataraja: Orange Moon – Light Blue	Sunrise: 7:24AM Sunset: 5:24PM
	Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga	Dvadashti* Until 12:31AM Wed	Devaloka Day Pausha*Thai		

4	Wednesday, February 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam	Sun 12	Portland, OR	
	Dhanus Rasi: 21.09	Tithi 28	Sutra 297		
	983337577	Gulika 11:09AM – 12:24PM Yama 8:38AM – 9:54AM Rahu 12:24PM – 1:39PM	Purvashadha* Until 3:04PM Vajra* Until 1:19PM Gara Until 11:13AM	Ganesha: Light Blue Muruga: White Nataraja: Orange Moon – Light Blue	Sunrise: 7:23AM Sunset: 5:25PM
	Creative Work Amrita Yoga	Trayodashi* Until 9:46PM <i>Pradosha Vrata (Fasting)</i>	Devaloka Day Pausha*Thai		

5	Thursday, February 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	Sun 13	Portland, OR	
	Makara Rasi: 5.5	Tithi 29	Sutra 298		
	983337577	Gulika 9:53AM – 11:09AM Yama 7:22AM – 8:37AM Rahu 1:40PM – 2:55PM	Uttarashadha Until 12:34PM Siddhi Until 9:37AM Visti Until 8:13AM	Ganesha: Light Blue Muruga: White Nataraja: Orange Moon – Light Blue	Sunrise: 7:22AM Sunset: 5:26PM
	Routine Work Marana Yoga Until 12:34PM Then Creative Work - Siddha Yoga	Chaturdashi* Until 6:32PM	Devaloka Day Pausha*Thai		

	Friday, February 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam	Sun 14	Portland, OR	
	Makara Rasi: 20.49	Tithi 30 – 1	Sutra 299		
	993337577	Gulika 8:36AM – 9:52AM Yama 2:56PM – 4:12PM Rahu 11:08AM – 12:24PM	Shravana Until 9:59AM Variyan Until 1:24AM Sat Kintughna Until 1:12AM Sat	Ganesha: Purple Muruga: White Nataraja: Orange Moon – Purple	Sunrise: 7:20AM Sunset: 5:28PM
	Routine Work Marana Yoga Until 9:59AM Then Creative Work - Siddha Yoga	Amavasya* Until 3:00PM	Devaloka Day Pausha*Thai		

	Saturday, February 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam	Sun 15	Portland, OR	
	Kumbha Rasi: 5.58	Tithi 1 – 2	Sutra 300		
	993337577	Gulika 7:19AM – 8:35AM Yama 1:41PM – 2:57PM Rahu 9:52AM – 11:08AM	Dhanishtha Until 7:05AM Parigha* Until 9:10PM Balava Until 9:32PM	Ganesha: Purple Muruga: White Nataraja: Orange Moon – Purple	Sunrise: 7:19AM Sunset: 5:29PM
	Creative Work Siddha Yoga Until 7:05AM Then Creative Work - Amrita Yoga	Prathama* Until 11:21AM	Devaloka Day Magha*Thai		

1	Sunday, February 11, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Portland, OR
	Kumbha Rasi: 21.07 Tithi 2 - 3	Gulika 2:58PM - 4:14PM	Purvaproshtapada* Until 1:29AM Mon	Sun 16 Sutra 301
	913337577	Yama 12:24PM - 1:41PM	Ganesh: Clear Sunrise: 7:18AM	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 4:14PM - 5:31PM	Muruga: White Sunset: 5:31PM	Moon 13 - Phase 42 - 16 3rd Phase
		Dvitiya Until 7:44AM	Sivaloka Day	

2	Monday, February 12, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturtham Titau		Portland, OR
	Meena Rasi: 6.07 Tithi 4	Gulika 1:41PM - 2:58PM	Uttaraproshtapada Until 11:07PM	Sun 17 Sutra 302
	914337577	Yama 11:07AM - 12:24PM	Ganesh: Orange Sunrise: 7:16AM	Sobhana 5125
	Family Home Evening Creative Work Siddha Yoga	Rahu 8:33AM - 9:50AM	Muruga: White Sunset: 5:32PM	Moon 13 - Phase 42 - 17 3rd Phase
		Chaturthi* Until 1:15AM Tue	Sivaloka Day	

3	Tuesday, February 13, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau		Portland, OR
	Meena Rasi: 20.5 Tithi 5	Gulika 12:24PM - 1:42PM	Revati Until 9:04PM	Sun 18 Sutra 303
	914337577	Yama 9:49AM - 11:07AM	Ganesh: Orange Sunrise: 7:15AM	Sobhana 5125
	Creative Work Siddha Yoga	Rahu 2:59PM - 4:16PM	Muruga: White Sunset: 5:34PM	Moon 13 - Phase 42 - 18 3rd Phase
		Panchami Until 10:40PM	Sivaloka Day	

4	Wednesday, February 14, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau		Portland, OR
	Mesha Rasi: 5.12 Tithi 6	Gulika 11:06AM - 12:24PM	Ashvini Until 7:53PM	Sun 19 Sutra 304
	924347577	Yama 8:31AM - 9:49AM	Ganesh: Green Sunrise: 7:13AM	Sobhana 5125
	Routine Work Marana Yoga Until 7:53PM Then Creative Work - Siddha Yoga	Rahu 12:24PM - 1:42PM	Muruga: Clear Sunset: 5:35PM	Moon 13 - Phase 42 - 19 3rd Phase
		Shashthi* Until 8:41PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

5	Thursday, February 15, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau		Portland, OR
	Mesha Rasi: 19.09 Tithi 7	Gulika 9:48AM - 11:06AM	Bharani Until 7:13PM	Sun 20 Sutra 305
	924347577	Yama 7:12AM - 8:30AM	Ganesh: Green Sunrise: 7:12AM	Sobhana 5125
	Creative Work Siddha Yoga Until 7:13PM Then Routine Work - Marana Yoga	Rahu 1:42PM - 3:00PM	Muruga: Clear Sunset: 5:37PM	Moon 13 - Phase 42 - 20 3rd Phase
		Saptami Until 7:22PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

6	Friday, February 16, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, OR
	Retreat Star Vrishabha Rasi: 2.41 Tithi 8	Gulika 8:29AM - 9:47AM	Krittika Until 7:04PM	Sun 21 Sutra 306
	924347577	Yama 3:01PM - 4:20PM	Ganesh: Green Sunrise: 7:10AM	Sobhana 5125
	Creative Work Siddha Yoga Until 7:04PM Then Routine Work - Marana Yoga	Rahu 11:06AM - 12:24PM	Muruga: Clear Sunset: 5:38PM	Moon 13 - Phase 42 - 21 Ashtami
		Ashtami* Until 6:44PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

7	Saturday, February 17, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, OR
	Retreat Star Vrishabha Rasi: 15.52 Tithi 9	Gulika 7:09AM - 8:27AM	Rohini Until 7:51PM	Sun 22 Sutra 307
	934347577	Yama 1:43PM - 3:02PM	Ganesh: Red Sunrise: 7:09AM	Sobhana 5125
	Creative Work Amrita Yoga Until 7:51PM Then Creative Work - Siddha Yoga	Rahu 9:46AM - 11:05AM	Muruga: Clear Sunset: 5:39PM	Moon 13 - Phase 42 - 22 Navami
		Navami* Until 6:45PM	Devaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau			Portland, OR
	Vrishabha Rasi: 28.44 Tithi 10	Gulika 3:02PM – 4:22PM	Mrigashira Until 9:03PM	Ganesh: Red <i>Sunrise: 7:07AM</i>	Sun 23 Sutra 308
	934347577	Rahu 4:22PM – 5:41PM	Vishkambha* Until 10:30PM	Muruga: Clear <i>Sunset: 5:41PM</i>	Sobhana 5125
	Creative Work Siddha Yoga		Taitila Until 7:00AM	Nataraja: Orange	Moon 13 - Phase 43 - 23 4th Phase

Dashami Until 7:21PM **Devaloka Day**
Magha*Masi

2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau			Portland, OR
	Mithuna Rasi: 11.2 Tithi 11	Gulika 1:43PM – 3:03PM	Ardra Until 10:34PM	Ganesh: Red <i>Sunrise: 7:05AM</i>	Sun 24 Sutra 309
	934347577	Rahu 8:25AM – 9:45AM	Priti Until 10:16PM	Muruga: Clear <i>Sunset: 5:42PM</i>	Sobhana 5125
	Family Home Evening Creative Work Siddha Yoga Until 10:34PM Then Creative Work - Amrita Yoga		Vanija Until 7:52AM	Nataraja: Orange	Moon 13 - Phase 43 - 24 4th Phase

Ekadashi Until 8:28PM **Devaloka Day**
Magha*Masi

3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau			Portland, OR
	Mithuna Rasi: 23.44 Tithi 12	Gulika 12:24PM – 1:44PM	Punarvasu Until 12:48AM Wed	Ganesh: Blue <i>Sunrise: 7:04AM</i>	Sun 25 Sutra 310
	944347577	Rahu 3:04PM – 4:24PM	Ayushman Until 10:20PM	Muruga: Clear <i>Sunset: 5:44PM</i>	Sobhana 5125
	Creative Work Siddha Yoga		Bava Until 9:12AM	Nataraja: Orange	Moon 13 - Phase 43 - 25 4th Phase

Dvadashi Until 10:00PM **Bhuloka Day**
Magha*Masi

Devaloka Time: 3:PM to 6:PM

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Portland, OR
	Kataka Rasi: 5.58 Tithi 13	Gulika 11:03AM – 12:24PM	Pushya Until 3:12AM Thu	Ganesh: Blue <i>Sunrise: 7:02AM</i>	Sun 26 Sutra 311
	944347577	Rahu 12:24PM – 1:44PM	Saubhagya Until 10:41PM	Muruga: Clear <i>Sunset: 5:45PM</i>	Sobhana 5125
	Creative Work Siddha Yoga		Kaulava Until 10:55AM	Nataraja: Orange	Moon 13 - Phase 43 - 26 4th Phase

Trayodashi Until 11:53PM **Bhuloka Day**
Magha*Masi


Devaloka Time: 3:PM to 6:PM

Pradosha Vrata


5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau			Portland, OR
	Kataka Rasi: 18.04 Tithi 14	Gulika 9:42AM – 11:03AM	Ashlesha* Until 5:43AM Fri	Ganesh: Blue <i>Sunrise: 7:00AM</i>	Sun 27 Sutra 312
	944347577	Rahu 1:44PM – 3:05PM	Sobhana Until 11:16PM	Muruga: Clear <i>Sunset: 5:47PM</i>	Sobhana 5125
	Creative Work Siddha Yoga Until 5:43AM Fri Then Routine Work - Marana Yoga	Chidambaram Abhishekam	Gara Until 12:57PM	Nataraja: Orange	Moon 13 - Phase 43 - 27 4th Phase

Chaturdashi* Until 2:03AM Fri **Bhuloka Day**
Magha*Masi

Devaloka Time: 3:PM to 6:PM

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau			Portland, OR
	Simha Rasi: 0.02 Tithi 15	Gulika 8:20AM – 9:41AM	Magha* Until 8:47AM Sat	Ganesh: Yellow <i>Sunrise: 6:59AM</i>	Sun 28 Sutra 313
	954347577	Rahu 11:02AM – 12:23PM	Athiganda* Until 12:00AM Sat	Muruga: Clear <i>Sunset: 5:48PM</i>	Sobhana 5125
	Routine Work Marana Yoga Until 8:47AM Sat Then Creative Work - Siddha Yoga		Visti Until 3:15PM	Nataraja: Orange	Moon 13 - Phase 43 - Purnima

Purnima* Until 4:28AM Sat **Devaloka Day**
Magha*Masi

	Saturday, February 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau			Portland, OR
	Simha Rasi: 11.56 Tithi 16	Gulika 6:57AM – 8:19AM	Magha* Until 8:47AM	Ganesh: White <i>Sunrise: 6:57AM</i>	Sun 29 Sutra 314
	955347577	Rahu 9:40AM – 11:02AM	Sukarma Until 12:54AM Sun	Muruga: Clear <i>Sunset: 5:49PM</i>	Sobhana 5125
	Creative Work Amrita Yoga Until 8:47AM Then Creative Work - Siddha Yoga		Balava Until 5:46PM	Nataraja: Orange	Moon 13 - Phase 43 - Prathama

Prathama* Until 7:04AM Sun **Sivaloka Day**
Magha*Masi



Sunday, February 25, 2024

Gold Retreat Star

Simha Rasi: 23.47 Tithi 16 – 17

955347577

Creative Work Siddha Yoga
Until 11:50AM
Then Creative Work - Amrita Yoga

Gulika 3:07PM – 4:29PM
Yama 12:23PM – 1:45PM
Rahu 4:29PM – 5:51PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Purvaphalguni Until 11:50AM
Dhriti Until 1:53AM Mon
Taitila Until 8:25PM
Prathama* Until 7:04AM

Ganesha: White *Sunrise:* 6:55AM
Muruga: Clear *Sunset:* 5:51PM
Nataraja: Orange
Moon – Red
Magha*Masi

Sivaloka Day

Portland, OR
Sutra 315
Sobhana 5125
Moon 1 - Phase 44 -
1st Phase

1

Monday, February 26, 2024

Kanya Rasi: 5.35 Tithi 17 – 18

955347577

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:45PM – 3:08PM
Yama 11:01AM – 12:23PM
Rahu 8:16AM – 9:38AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttaraphalguni Until 2:47PM
Shula* Until 2:51AM Tue
Vanija Until 11:05PM
Dvitiya Until 9:44AM

Ganesha: White *Sunrise:* 6:54AM
Muruga: Clear *Sunset:* 5:52PM
Nataraja: Orange
Moon – Red
Magha*Masi

Sivaloka Day

Portland, OR
Sun 1
Sutra 316
Sobhana 5125
Moon 1 - Phase 44 - 1
1st Phase

2

Tuesday, February 27, 2024

Kanya Rasi: 17.23 Tithi 18 – 19

965347577

Creative Work Siddha Yoga

Gulika 12:23PM – 1:45PM
Yama 9:37AM – 11:00AM
Rahu 3:08PM – 4:31PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Hasta Until 6:01PM
Ganda* Until 3:44AM Wed
Bava Until 1:40AM Wed
Tritiya Until 12:23PM

Ganesha: Clear *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 5:54PM
Nataraja: Orange
Moon – Green
Magha*Masi

Devaloka Day

Maha Sankatahara Chaturthi

Portland, OR
Sun 2
Sutra 317
Sobhana 5125
Moon 1 - Phase 44 - 2
1st Phase

3

Wednesday, February 28, 2024

Kanya Rasi: 29.15 Tithi 19 – 20

965347577

Creative Work Siddha Yoga

Gulika 10:59AM – 12:23PM
Yama 8:13AM – 9:36AM
Rahu 12:23PM – 1:46PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chitra Until 8:52PM
Vriddhi Until 4:26AM Thu
Kaulava Until 3:57AM Thu
Chaturthi* Until 2:50PM

Ganesha: Clear *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 5:55PM
Nataraja: Orange
Moon – Green
Magha*Masi

Devaloka Day

Portland, OR
Sun 3
Sutra 318
Sobhana 5125
Moon 1 - Phase 44 - 3
1st Phase

4

Thursday, February 29, 2024

Tula Rasi: 11.14 Tithi 20 – 21

965347577

Creative Work Amrita Yoga
Until 11:11PM
Then Creative Work - Siddha Yoga

Gulika 9:35AM – 10:59AM
Yama 6:48AM – 8:12AM
Rahu 1:46PM – 3:09PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Svati Until 11:11PM
Dhruva Until 4:45AM Fri
Gara Until 5:48AM Fri
Panchami Until 4:56PM

Ganesha: Clear *Sunrise:* 6:48AM
Muruga: Clear *Sunset:* 5:56PM
Nataraja: Orange
Moon – Green
Magha*Masi

Devaloka Day

Portland, OR
Sun 4
Sutra 319
Sobhana 5125
Moon 1 - Phase 44 - 4
1st Phase

5

Friday, March 1, 2024

Tula Rasi: 23.23 Tithi 21

975347577

Creative Work Siddha Yoga

Gulika 8:09AM – 9:33AM
Yama 3:11PM – 4:35PM
Rahu 10:58AM – 12:22PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Vanija Karana Shashthyam Titau

Vishakha Until 1:15AM Sat
Vyaghata* Until 4:38AM Sat
Vanija Until 6:29PM
Shashthi* Until 6:29PM

Ganesha: Purple *Sunrise:* 6:45AM
Muruga: Clear *Sunset:* 5:59PM
Nataraja: Orange
Moon – Orange
Magha*Masi

Sivaloka Day

Portland, OR
Sun 5
Sutra 320
Sobhana 5125
Moon 1 - Phase 44 - 5
1st Phase

6

Saturday, March 2, 2024

Vrischika Rasi: 5.48 Tithi 22

975447577

Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Gulika 6:43AM – 8:08AM
Yama 1:46PM – 3:11PM
Rahu 9:32AM – 10:57AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Anuradha Until 2:28AM Sun
Harshana Until 3:57AM Sun
Visti Until 7:02AM
Saptami Until 7:21PM

Ganesha: Clear *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Orange
Moon – Orange
Magha*Masi

Devaloka Day

Portland, OR
Sun 6
Sutra 321
Sobhana 5125
Moon 1 - Phase 44 - 6
1st Phase

7

Sunday, March 3, 2024

Retreat Star

Vrischika Rasi: 18.33 Tithi 23

975447577

Routine Work Marana Yoga
Until 2:45AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:12PM – 4:37PM
Yama 12:22PM – 1:47PM
Rahu 4:37PM – 6:02PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vajira* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jyeshtha* Until 2:45AM Mon
Vajira* Until 2:37AM Mon
Balava Until 7:30AM
Ashtami* Until 7:24PM

Ganesha: Clear *Sunrise:* 6:41AM
Muruga: Clear *Sunset:* 6:02PM
Nataraja: Orange
Moon – Orange
Magha*Masi

Devaloka Day

Portland, OR
Sun 7
Sutra 322
Sobhana 5125
Moon 1 - Phase 44 - 7
Ashtami

Monday, March 4, 2024

Retreat Star

Dhanus Rasi: 1.43 Tithi 24

185447577

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:47PM – 3:12PM
Yama 10:56AM – 12:21PM
Rahu 8:05AM – 9:30AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Mula* Until 2:30AM Tue
Siddhi Until 12:38AM Tue
Taitila Until 7:08AM
Navami* Until 6:37PM

Ganesha: Green *Sunrise:* 6:40AM
Muruga: Clear *Sunset:* 6:03PM
Nataraja: Orange
Moon – Light Blue
Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Portland, OR
Sun 8
Sutra 323
Sobhana 5125
Moon 1 - Phase 44 - 8
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Tuesday, March 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, OR
Dhanus Rasi: 15.2	Tithi 25 – 26	Gulika	12:21PM – 1:47PM	Purvashadha* Until 1:21AM Wed	Ganesha: Red	Sun 9 Sutra 324
		Yama	9:29AM – 10:55AM	Vyatipata* Until 10:02PM	Muruga: Clear	Sobhana 5125
		186447577 Rahu	3:13PM – 4:39PM	Bava Until 3:59AM Wed	Nataraja: Orange	Moon 1 - Phase 45 - 9
Creative Work	Siddha Yoga			Dashami Until 5:02PM	Moon – Light Blue	2nd Phase
Until 1:21AM Wed					Magha*Masi	
Then Creative Work - Amrita Yoga					Devaloka Day	

2		Wednesday, March 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR
Dhanus Rasi: 29.25	Tithi 26 – 27	Gulika	10:55AM – 12:21PM	Uttarashadha Until 11:22PM	Ganesha: Red	Sun 10 Sutra 325
		Yama	8:02AM – 9:28AM	Variyan Until 6:50PM	Muruga: Clear	Sobhana 5125
		186447577 Rahu	12:21PM – 1:47PM	Kaulava Until 1:21AM Thu	Nataraja: Orange	Moon 1 - Phase 45 - 10
Creative Work	Amrita Yoga			Ekadashi* Until 2:43PM	Moon – Light Blue	2nd Phase
Until 11:22PM					Magha*Masi	
Then Creative Work - Siddha Yoga					Devaloka Day	

3		Thursday, March 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, OR
Makara Rasi: 13.58	Tithi 27 – 28	Gulika	9:27AM – 10:54AM	Shravana Until 9:08PM	Ganesha: Green	Sun 11 Sutra 326
		Yama	6:34AM – 8:01AM	Parigha* Until 3:12PM	Muruga: Clear	Sobhana 5125
		196447577 Rahu	1:47PM – 3:14PM	Gara Until 10:11PM	Nataraja: Orange	Moon 1 - Phase 45 - 11
Creative Work	Siddha Yoga			Dvadashi* Until 11:48AM	Moon – Purple	2nd Phase
					Magha*Masi	
					Sivaloka Day	
					<i>Pradosha Vrata (Fasting)</i>	

4		Friday, March 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR
Makara Rasi: 28.52	Tithi 28 – 29	Gulika	7:59AM – 9:26AM	Dhanishtha Until 6:23PM	Ganesha: Green	Sun 12 Sutra 327
		Yama	3:14PM – 4:41PM	Shiva Until 11:13AM	Muruga: Clear	Sobhana 5125
		196447577 Rahu	10:53AM – 12:20PM	Visti Until 6:40PM	Nataraja: Orange	Moon 1 - Phase 45 - 12
Creative Work	Siddha Yoga			Trayodashi* Until 8:27AM	Moon – Purple	2nd Phase
					Magha*Masi	
					Sivaloka Day	

Retreat Star		Saturday, March 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR
Kumbha Rasi: 14.01	Tithi 30	Gulika	6:30AM – 7:58AM	Shatabhishak Until 3:17PM	Ganesha: Green	Sun 13 Sutra 328
		Yama	1:48PM – 3:15PM	Siddha Until 7:00AM	Muruga: Clear	Sobhana 5125
		196447577 Rahu	9:25AM – 10:53AM	Catuspada Until 2:56PM	Nataraja: Orange	Moon 1 - Phase 45 - 13
Creative Work	Amrita Yoga			Amavasya* Until 1:01AM Sun	Moon – Purple	Amavasya
Until 3:17PM					Magha*Masi	
Then Routine Work - Marana Yoga					Sivaloka Day	

Retreat Star		Sunday, March 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR
Kumbha Rasi: 29.15	Tithi 1	Gulika	3:15PM – 4:43PM	Purvaproshtapada* Until 12:25PM	Ganesha: Orange	Sun 14 Sutra 329
		Yama	12:20PM – 1:48PM	Subha Until 10:28PM	Muruga: Clear	Sobhana 5125
		116447577 Rahu	4:43PM – 6:11PM	Kintughna Until 11:09AM	Nataraja: Orange	Moon 1 - Phase 45 - 14
Creative Work	Siddha Yoga			Prathama* Until 9:17PM	Moon – Clear	Prathama
Until 12:25PM					Phalgun*Masi	
Then Creative Work - Amrita Yoga					Devaloka Day	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

Monday, March 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, OR Sun 15 Sutra 330	
1	Meena Rasi: 14.25 Tithi 2 - 3 Family Home Evening Creative Work Siddha Yoga	Gulika 1:48PM - 3:16PM Yama 10:51AM - 12:20PM Rahu 7:55AM - 9:23AM	Uttaraproshtapada Until 9:33AM Sukla Until 6:23PM Balava Until 7:30AM Dvitiya Until 5:45PM	Ganesha: Orange Muruga: Clear Nataraja: Orange Moon - Clear Phalguna*Masi	Sunrise: 6:27AM Sunset: 6:12PM Moon 1 - Phase 46 - 15 3rd Phase Devaloka Day

Tuesday, March 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Portland, OR Sun 16 Sutra 331	
2	Meena Rasi: 29.22 Tithi 3 - 4 Creative Work Siddha Yoga	Gulika 12:19PM - 1:48PM Yama 9:22AM - 10:51AM Rahu 3:17PM - 4:45PM	Revati Until 6:52AM Brahma Until 2:37PM Vanija Until 1:13AM Wed Tritiya Until 2:35PM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon - Clear Phalguna*Masi	Sunrise: 6:25AM Sunset: 6:14PM Moon 1 - Phase 46 - 16 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Subramuniyaswami Siva Vision Day

Wednesday, March 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, OR Sun 17 Sutra 332	
3	Mesha Rasi: 13.59 Tithi 4 - 5 Creative Work Siddha Yoga Until 3:24AM Thu Then Routine Work - Marana Yoga	Gulika 10:50AM - 12:19PM Yama 7:52AM - 9:21AM Rahu 12:19PM - 1:48PM	Bharani Until 3:24AM Thu Indra Until 11:17AM Bava Until 10:52PM Chaturthi* Until 11:56AM	Ganesha: White Muruga: Clear Nataraja: Orange Moon - White Phalguna*Panguni	Sunrise: 6:23AM Sunset: 6:15PM Moon 1 - Phase 46 - 17 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, March 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtayam Titau		Portland, OR Sun 18 Sutra 333	
4	Mesha Rasi: 28.1 Tithi 5 - 6 Routine Work Marana Yoga	Gulika 9:20AM - 10:49AM Yama 6:21AM - 7:50AM Rahu 1:48PM - 3:18PM	Krittika Until 2:27AM Fri Vaidhriti* Until 8:27AM Kaulava Until 9:12PM Panchami Until 9:55AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon - White Phalguna*Panguni	Sunrise: 6:21AM Sunset: 6:16PM Moon 1 - Phase 46 - 18 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, March 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 19 Sutra 334	
5	Vrishabha Rasi: 11.55 Tithi 6 - 7 Routine Work Marana Yoga Until 2:33AM Sat Then Creative Work - Siddha Yoga	Gulika 7:49AM - 9:19AM Yama 3:18PM - 4:48PM Rahu 10:49AM - 12:18PM	Rohini Until 2:33AM Sat Vishkambha* Until 6:12AM Gara Until 8:18PM Shashthi* Until 8:38AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon - Yellow Phalguna*Panguni	Sunrise: 6:19AM Sunset: 6:18PM Moon 1 - Phase 46 - 19 3rd Phase Devaloka Day

Saturday, March 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 20 Sutra 335	
Retreat Star	Vrishabha Rasi: 25.13 Tithi 7 - 8 Creative Work Siddha Yoga	Gulika 6:17AM - 7:47AM Yama 1:48PM - 3:19PM Rahu 9:18AM - 10:48AM	Mrigashira Until 3:15AM Sun Ayushman Until 3:33AM Sun Visti Until 8:11PM Saptami Until 8:07AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon - Yellow Phalguna*Panguni	Sunrise: 6:17AM Sunset: 6:19PM Moon 1 - Phase 46 - 20 Ashtami Devaloka Day

Sunday, March 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, OR Sun 21 Sutra 336	
Retreat Star	Mithuna Rasi: 8.07 Tithi 8 - 9 Creative Work Siddha Yoga Until 4:30AM Mon Then Creative Work - Amrita Yoga	Gulika 3:19PM - 4:50PM Yama 12:18PM - 1:48PM Rahu 4:50PM - 6:20PM	Ardra Until 4:30AM Mon Saubhagya Until 3:05AM Mon Balava Until 8:48PM Ashtami* Until 8:23AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon - Yellow Phalguna*Panguni	Sunrise: 6:15AM Sunset: 6:20PM Moon 1 - Phase 46 - 21 Navami Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, OR Sun 22 Sutra 337 Sobhana 5125
1	Mithuna Rasi: 20.41 Tithi 9 – 10 Family Home Evening Creative Work Amrita Yoga Until 6:39AM Tue Then Creative Work - Siddha Yoga	Gulika 1:49PM – 3:20PM Yama 10:47AM – 12:18PM Rahu 7:44AM – 9:15AM	Punarvasu Until 6:39AM Tue Sobhana Until 3:06AM Tue Taitila Until 10:04PM Navami* Until 9:20AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni
				Sunrise: 6:13AM Sunset: 6:22PM Moon 1 - Phase 47 - 22 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, OR Sun 23 Sutra 338 Sobhana 5125
2	Kataka Rasi: 2.59 Tithi 10 – 11 148447578 Creative Work Siddha Yoga	Gulika 12:17PM – 1:49PM Yama 9:14AM – 10:46AM Rahu 3:20PM – 4:52PM	Punarvasu Until 6:39AM Athiganda* Until 3:28AM Wed Vanija Until 11:51PM Dashami Until 10:53AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni
				Sunrise: 6:12AM Sunset: 6:23PM Moon 1 - Phase 47 - 23 4th Phase Devaloka Day

Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarna Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 24 Sutra 339 Sobhana 5125
3	Kataka Rasi: 15.06 Tithi 11 – 12 148447578 Creative Work Siddha Yoga	Gulika 10:45AM – 12:17PM Yama 7:41AM – 9:13AM Rahu 12:17PM – 1:49PM	Pushya Until 9:07AM Sukarna Until 4:09AM Thu Bava Until 2:02AM Thu Ekadashi Until 12:53PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni
		Yogaswami Mahasamadhi		Sunrise: 6:10AM Sunset: 6:24PM Moon 1 - Phase 47 - 24 4th Phase Devaloka Day

Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, OR Sun 25 Sutra 340 Sobhana 5125
4	Kataka Rasi: 27.04 Tithi 12 – 13 148447578 Creative Work Siddha Yoga Until 11:44AM Then Creative Work - Amrita Yoga	Gulika 9:12AM – 10:44AM Yama 6:08AM – 7:40AM Rahu 1:49PM – 3:21PM	Ashlesha* Until 11:44AM Dhriti Until 5:02AM Fri Kaulava Until 4:30AM Fri Dvadashi Until 3:13PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Phalguna*Panguni
				Sunrise: 6:08AM Sunset: 6:26PM Moon 1 - Phase 47 - 25 4th Phase Devaloka Day Pradosha Vrata

Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 26 Sutra 341 Sobhana 5125
5	Simha Rasi: 8.56 Tithi 13 – 14 158447578 Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga	Gulika 7:38AM – 9:11AM Yama 3:22PM – 4:54PM Rahu 10:44AM – 12:16PM	Magha* Until 2:54PM Shula* Until 7:00AM Sun Sat Gara Until 7:05AM Sat Trayodashi Until 5:46PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Phalguna*Panguni
				Sunrise: 6:06AM Sunset: 6:27PM Moon 1 - Phase 47 - 26 4th Phase Sivaloka Day

Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, OR Sun 27 Sutra 342 Sobhana 5125
6	Simha Rasi: 20.45 Tithi 14 158447578 Creative Work Siddha Yoga Until 6:00PM Then Routine Work - Marana Yoga	Gulika 6:04AM – 7:37AM Yama 1:49PM – 3:22PM Rahu 9:10AM – 10:43AM	Purvaphalguni Until 6:00PM Shula* Until 7:00AM Sun Gara Until 7:05AM Chaturdashi* Until 8:23PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Phalguna*Panguni
				Sunrise: 6:04AM Sunset: 6:28PM Moon 1 - Phase 47 - 27 4th Phase Sivaloka Day

Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau		Portland, OR Sutra 343 Sobhana 5125
○	Copper Retreat Star Kanya Rasi: 2.34 Tithi 15 158447578 Creative Work Amrita Yoga	Gulika 3:23PM – 4:56PM Yama 12:16PM – 1:49PM Rahu 4:56PM – 6:29PM	Uttaraphalguni Until 8:55PM Ganda* Until 7:00AM Visti Until 9:43AM Purnima* Until 10:59PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Phalguna*Panguni
		Panguni Uttiram Holi		Sunrise: 6:02AM Sunset: 6:29PM Moon 1 - Phase 47 - Purnima Sivaloka Day

Monday, March 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, OR Sutra 344 Sobhana 5125
○	Silver Retreat Star Kanya Rasi: 14.23 Tithi 16 169447578 Creative Work Siddha Yoga	Gulika 1:49PM – 3:23PM Yama 10:42AM – 12:15PM Rahu 7:34AM – 9:08AM	Hasta Until 12:02AM Tue Vridhhi Until 7:57AM Balava Until 12:15PM Prathama* Until 1:26AM Tue	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Green Phalguna*Panguni
				Sunrise: 6:00AM Sunset: 6:31PM Moon 1 - Phase 47 - Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

○ self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Portland, OR on 11/20/21

www.gurudeva.org/panchang

Tuesday, March 26, 2024
Gold Retreat Star

Kanya Rasi: 26.17 Tithi 17
 Creative Work Siddha Yoga

Gulika 12:15PM – 1:49PM
Yama 9:07AM – 10:41AM
Rahu 3:24PM – 4:58PM

169447578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
 Svati Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Chitra Until 2:45AM Wed

Dhruva Until 8:45AM
 Tailila Until 2:35PM

Dvitiya Until 3:38AM Wed

Ganesh: Purple *Sunrise: 5:58AM*
Muruga: Clear *Sunset: 6:32PM*
Nataraja: Clear
 Moon – Green

Phalguna*Panguni

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Sun 1 Sutra 345
 Sobhana 5125
 Moon 2 - Phase 48 - 1
 1st Phase

1 Wednesday, March 27, 2024

Tula Rasi: 8.17 Tithi 18
 Creative Work Siddha Yoga

Gulika 10:40AM – 12:15PM
Yama 7:31AM – 9:06AM
Rahu 12:15PM – 1:49PM

169547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
 Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Svati Until 4:59AM Thu

Vyaghata* Until 9:22AM
 Vanija Until 4:38PM

Tritiya Until 5:29AM Thu

Ganesh: Clear *Sunrise: 5:56AM*
Muruga: Clear *Sunset: 6:33PM*
Nataraja: Clear
 Moon – Green

Phalguna*Panguni

Devaloka Day

Sun 2 Sutra 346
 Sobhana 5125
 Moon 2 - Phase 48 - 2
 1st Phase

2 Thursday, March 28, 2024

Tula Rasi: 20.25 Tithi 19
 Creative Work Siddha Yoga

Gulika 9:05AM – 10:40AM
Yama 5:54AM – 7:29AM
Rahu 1:50PM – 3:25PM

179547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
 Vishakha Nakshatra Harshana/Vajra* Yoga Bava Karana Chaturthyam Titau

Vishakha Until 7:07AM Fri

Harshana Until 9:43AM
 Bava Until 6:17PM

Chaturthi* Until 6:54AM Fri

Ganesh: White *Sunrise: 5:54AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: Clear
 Moon – Orange

Phalguna*Panguni

Sivaloka Day

Sun 3 Sutra 347
 Sobhana 5125
 Moon 2 - Phase 48 - 3
 1st Phase

3 Friday, March 29, 2024

Vrischika Rasi: 2.44 Tithi 19 – 20
 Creative Work Siddha Yoga

Gulika 7:28AM – 9:03AM
Yama 3:25PM – 5:00PM
Rahu 10:39AM – 12:14PM

179547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Vishakha Until 7:07AM

Vajra* Until 9:42AM
 Kaulava Until 7:27PM

Chaturthi* Until 6:54AM

Ganesh: White *Sunrise: 5:53AM*
Muruga: Clear *Sunset: 6:36PM*
Nataraja: Clear
 Moon – Orange

Phalguna*Panguni

Sivaloka Day

Sun 4 Sutra 348
 Sobhana 5125
 Moon 2 - Phase 48 - 4
 1st Phase

4 Saturday, March 30, 2024

Vrischika Rasi: 15.17 Tithi 20 – 21
 Creative Work Siddha Yoga

Gulika 5:51AM – 7:27AM
Yama 1:50PM – 3:26PM
Rahu 9:02AM – 10:38AM

179547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Anuradha Until 8:36AM

Siddhi Until 9:17AM
 Gara Until 8:03PM

Panchami Until 7:48AM

Ganesh: White *Sunrise: 5:51AM*
Muruga: Clear *Sunset: 6:37PM*
Nataraja: Clear
 Moon – Orange

Phalguna*Panguni

Sivaloka Day

Sun 5 Sutra 349
 Sobhana 5125
 Moon 2 - Phase 48 - 5
 1st Phase

5 Sunday, March 31, 2024

Vrischika Rasi: 28.05 Tithi 21 – 22
 Routine Work Marana Yoga
 Until 9:21AM
 Then Creative Work - Amrita Yoga

Gulika 3:26PM – 5:02PM
Yama 12:14PM – 1:50PM
Rahu 5:02PM – 6:38PM

179547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jyeshtha* Until 9:21AM

Vyatipata* Until 8:26AM
 Visti Until 8:02PM

Shashthi* Until 8:06AM

Ganesh: White *Sunrise: 5:49AM*
Muruga: Clear *Sunset: 6:38PM*
Nataraja: Clear
 Moon – Orange

Phalguna*Panguni

Sivaloka Day

Sun 6 Sutra 350
 Sobhana 5125
 Moon 2 - Phase 48 - 6
 1st Phase

Monday, April 1, 2024
Retreat Star

Dhanus Rasi: 11.14 Tithi 22 – 23
Family Home Evening
 Creative Work Siddha Yoga
 Until 9:46AM
 Then Routine Work - Marana Yoga

Gulika 1:50PM – 3:26PM
Yama 10:37AM – 12:14PM
Rahu 7:25AM – 9:01AM

189547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mula* Until 9:46AM

Variyan Until 7:02AM
 Balava Until 7:21PM

Saptami Until 7:46AM

Ganesh: Yellow *Sunrise: 5:49AM*
Muruga: Clear *Sunset: 6:38PM*
Nataraja: Clear
 Moon – Light Blue

Phalguna*Panguni

Devaloka Day

Sun 7 Sutra 351
 Sobhana 5125
 Moon 2 - Phase 48 - 7
 Ashtami

Tuesday, April 2, 2024
Retreat Star

Dhanus Rasi: 24.44 Tithi 23 – 24
 Creative Work Siddha Yoga
 Until 9:22AM
 Then Routine Work - Prabalarishta Yoga

Gulika 12:13PM – 1:50PM
Yama 9:00AM – 10:37AM
Rahu 3:26PM – 5:03PM

181547578

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Purvashadha* Until 9:22AM

Shiva Until 2:42AM Wed
 Tailila Until 6:00PM

Ashtami* Until 6:44AM

Ganesh: Yellow *Sunrise: 5:47AM*
Muruga: Clear *Sunset: 6:40PM*
Nataraja: Clear
 Moon – Light Blue

Phalguna*Panguni

Devaloka Day

Sun 8 Sutra 352
 Sobhana 5125
 Moon 2 - Phase 48 - 8
 Navami

1		Wednesday, April 3, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, OR Sun 9 Sutra 353	
Makara Rasi: 8.37	Tithi 25	Gulika	10:36AM – 12:13PM	Uttarashadha Until 8:12AM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	Sobhana 5125
		Yama	7:22AM – 8:59AM	Siddha Until 11:46PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 49 - 9
		181547578 Rahu	12:13PM – 1:50PM	Vanija Until 4:01PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 2:48AM Thu	Moon – Light Blue		Devaloka Day
Until 8:12AM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Thursday, April 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 10 Sutra 354	
Makara Rasi: 22.53	Tithi 26	Gulika	8:58AM – 10:35AM	Shravana Until 6:43AM	Ganesha: Blue	<i>Sunrise:</i> 5:43AM	Sobhana 5125
		Yama	5:43AM – 7:21AM	Sadhya Until 8:25PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 49 - 10
		191547578 Rahu	1:50PM – 3:27PM	Bava Until 1:29PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:01AM Fri	Moon – Purple		Sivaloka Day
					Phalguna•Panguni		

3		Friday, April 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvodashyam Titau		Portland, OR Sun 11 Sutra 355	
Kumbha Rasi: 7.31	Tithi 27	Gulika	7:19AM – 8:57AM	Shatabhishak Until 2:00AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	Sobhana 5125
		Yama	3:28PM – 5:06PM	Subha Until 4:44PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 49 - 11
		191547578 Rahu	10:35AM – 12:12PM	Kaulava Until 10:29AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 8:50PM	Moon – Purple		Sivaloka Day
Until 2:00AM Sat					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

4		Saturday, April 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 12 Sutra 356	
Kumbha Rasi: 22.24	Tithi 28 – 29	Gulika	5:40AM – 7:18AM	Purvaproshtapada* Until 11:27PM	Ganesha: Red	<i>Sunrise:</i> 5:40AM	Sobhana 5125
		Yama	1:50PM – 3:28PM	Sukla Until 12:47PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 49 - 12
		111547578 Rahu	8:56AM – 10:34AM	Gara Until 7:09AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 5:24PM	Moon – Clear		Devaloka Day
Until 11:27PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

Retreat Star		Sunday, April 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, OR Sun 13 Sutra 357	
Meena Rasi: 7.26	Tithi 29 – 30	Gulika	3:29PM – 5:08PM	Uttaraproshtapada Until 8:41PM	Ganesha: Red	<i>Sunrise:</i> 5:38AM	Sobhana 5125
		Yama	12:12PM – 1:50PM	Brahma Until 8:44AM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 49 - 13
		111547578 Rahu	5:08PM – 6:46PM	Catuspada Until 12:05AM Mon	Nataraja: Clear		Amavasya
Creative Work	Amrita Yoga			Chaturdashi* Until 1:51PM	Moon – Clear		Devaloka Day
					Phalguna•Panguni		

Retreat Star		Monday, April 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, OR Sun 14 Sutra 358	
Meena Rasi: 22.3	Tithi 30 – 1	Gulika	1:51PM – 3:29PM	Revati Until 5:52PM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Sobhana 5125
		Yama	10:33AM – 12:12PM	Vaidhriti* Until 12:45AM Tue	Muruga: Clear	<i>Sunset:</i> 6:47PM	Moon 2 - Phase 49 - 14
		111547578 Rahu	7:15AM – 8:54AM	Kintughna Until 8:39PM	Nataraja: Clear		Prathama
Family Home Evening				Amavasya* Until 10:20AM	Moon – Clear		Devaloka Day
Creative Work	Siddha Yoga				Chaitra•Panguni		
		Yugadhi					

1 Tuesday, April 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 15 Sutra 359
Mesha Rasi: 7.26	Tithi 1 - 2	Gulika 12:11PM - 1:51PM Yama 8:53AM - 10:32AM 121547578 Rahu 3:30PM - 5:09PM	Ashvini Until 3:35PM Vishkambha* Until 9:05PM Kaulava Until 4:02AM Wed Prathama* Until 7:00AM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM Muruga: Clear <i>Sunset:</i> 6:49PM Nataraja: Clear Moon - White
Creative Work	Siddha Yoga	Chellappaswami Mahasamadhi	Chaitra•Panguni	Devaloka Day

2 Wednesday, April 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Tritiyayam Titau		Portland, OR Sun 16 Sutra 360
Mesha Rasi: 22.06	Tithi 3	Gulika 10:31AM - 12:11PM Yama 7:12AM - 8:52AM 121547578 Rahu 12:11PM - 1:51PM	Bharani Until 1:34PM Priti Until 5:47PM Tailila Until 2:44PM Tritiya Until 1:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:32AM Muruga: Clear <i>Sunset:</i> 6:50PM Nataraja: Clear Moon - White
Creative Work	Siddha Yoga	Then Creative Work - Amrita Yoga	Chaitra•Panguni	Devaloka Day

3 Thursday, April 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau		Portland, OR Sun 17 Sutra 361
Vrishabha Rasi: 6.25	Tithi 4	Gulika 8:51AM - 10:31AM Yama 5:30AM - 7:11AM 121547578 Rahu 1:51PM - 3:31PM	Krittika Until 11:58AM Ayushman Until 2:57PM Vanija Until 12:34PM Chaturthi* Until 11:42PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM Muruga: Clear <i>Sunset:</i> 6:51PM Nataraja: Clear Moon - White
Routine Work	Marana Yoga		Chaitra•Panguni	Devaloka Day

4 Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau		Portland, OR Sun 18 Sutra 362
Vrishabha Rasi: 20.17	Tithi 5	Gulika 7:09AM - 8:50AM Yama 3:31PM - 5:12PM 132547578 Rahu 10:30AM - 12:11PM	Rohini Until 11:20AM Saubhagya Until 12:41PM Bava Until 11:04AM Panchami Until 10:35PM	Ganesha: Clear <i>Sunrise:</i> 5:29AM Muruga: Clear <i>Sunset:</i> 6:52PM Nataraja: Clear Moon - Yellow
Routine Work	Marana Yoga	Then Creative Work - Siddha Yoga	Chaitra•Panguni	Devaloka Day

5 Saturday, April 13, 2024		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, OR Sun 19 Sutra 363
Mithuna Rasi: 3.44	Tithi 6	Gulika 5:27AM - 7:08AM Yama 1:51PM - 3:32PM 132547578 Rahu 8:49AM - 10:29AM	Mrigashira Until 11:19AM Sobhana Until 11:04AM Kaulava Until 10:20AM Shashthi* Until 10:16PM	Ganesha: Clear <i>Sunrise:</i> 5:27AM Muruga: Clear <i>Sunset:</i> 6:54PM Nataraja: Clear Moon - Yellow
Creative Work	Siddha Yoga		Chaitra•Chaitra	Devaloka Day

6 Sunday, April 14, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Portland, OR Sun 20 Sutra 364
Mithuna Rasi: 16.45	Tithi 7	Gulika 3:33PM - 5:14PM Yama 12:10PM - 1:51PM 232547578 Rahu 5:14PM - 6:55PM	Ardra Until 11:56AM Athiganda* Until 10:02AM Gara Until 10:25AM Saptami Until 10:44PM	Ganesha: White <i>Sunrise:</i> 5:25AM Muruga: Clear <i>Sunset:</i> 6:55PM Nataraja: Clear Moon - Yellow
Creative Work	Siddha Yoga	Tamil New Year	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, OR Sun 21 Sutra 1
Mithuna Rasi: 29.23	Tithi 8	Gulika 1:51PM - 3:33PM Yama 10:28AM - 12:10PM 242547578 Rahu 7:05AM - 8:47AM	Punarvasu Until 1:36PM Sukarma Until 9:38AM Visti Until 11:16AM Ashtami* Until 11:56PM	Ganesha: Clear <i>Sunrise:</i> 5:23AM Muruga: Clear <i>Sunset:</i> 6:56PM Nataraja: Clear Moon - Blue
Family Home Evening	Amrita Yoga	Then Creative Work - Siddha Yoga	Chaitra•Chaitra	Devaloka Day

Tuesday, April 16, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, OR Sun 22 Sutra 2
Kataka Rasi: 11.43	Tithi 9	Gulika 12:10PM - 1:52PM Yama 8:46AM - 10:28AM 242547578 Rahu 3:34PM - 5:16PM	Pushya Until 3:45PM Dhriti Until 9:46AM Balava Until 12:47PM Navami* Until 1:45AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruga: Clear <i>Sunset:</i> 6:58PM Nataraja: Clear Moon - Blue
Creative Work	Siddha Yoga	Sri Rama Navami	Chaitra•Chaitra	Devaloka Day

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

1 Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Portland, OR
Kataka Rasi: 23.49	Tithi 10	Gulika 10:27AM – 12:09PM	Ashlesha* Until 6:15PM	Sun 23 Sutra 3
		Yama 7:02AM – 8:45AM	Shula* Until 10:18AM	Krodhin 5126
	242547578	Rahu 12:09PM – 1:52PM	Taitila Until 2:51PM	Moon 2 - Phase 1 - 23
Creative Work	Siddha Yoga			4th Phase
			Dashami Until 4:01AM Thu	Devaloka Day
				Chaitra*Chaitra

2 Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR
Simha Rasi: 5.44	Tithi 11	Gulika 8:44AM – 10:26AM	Magha* Until 9:24PM	Sun 24 Sutra 4
		Yama 5:18AM – 7:01AM	Ganda* Until 11:10AM	Krodhin 5126
	252547578	Rahu 1:52PM – 3:35PM	Vanija Until 5:17PM	Moon 2 - Phase 1 - 24
Creative Work	Amrita Yoga			4th Phase
Until 9:24PM			Ekadashi Until 6:33AM Fri	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM
				Chaitra*Chaitra

3 Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, OR
Simha Rasi: 17.34	Tithi 11 – 12	Gulika 6:59AM – 8:43AM	Purvaphalguni Until 12:31AM Sat	Sun 25 Sutra 5
		Yama 3:35PM – 5:18PM	Vridhhi Until 12:12PM	Krodhin 5126
	252557578	Rahu 10:26AM – 12:09PM	Bava Until 7:53PM	Moon 2 - Phase 1 - 25
Creative Work	Siddha Yoga			4th Phase
Until 12:31AM Sat			Ekadashi Until 6:33AM	Devaloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra

4 Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, OR
Simha Rasi: 29.21	Tithi 12 – 13	Gulika 5:15AM – 6:58AM	Uttaraphalguni Until 3:26AM Sun	Sun 26 Sutra 6
		Yama 1:52PM – 3:36PM	Dhruva Until 1:14PM	Krodhin 5126
	252557578	Rahu 8:42AM – 10:25AM	Kaulava Until 10:28PM	Moon 2 - Phase 1 - 26
Routine Work	Marana Yoga			4th Phase
Until 3:26AM Sun			Dvadashi Until 9:10AM	Devaloka Day
Then Creative Work - Amrita Yoga				Chaitra*Chaitra
				Pradosha Vrata

5 Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR
Kanya Rasi: 11.11	Tithi 13 – 14	Gulika 3:36PM – 5:20PM	Hasta Until 6:29AM Mon	Sun 27 Sutra 7
		Yama 12:08PM – 1:52PM	Vyaghata* Until 2:11PM	Krodhin 5126
	262557578	Rahu 5:20PM – 7:04PM	Gara Until 12:53AM Mon	Moon 2 - Phase 1 - 27
Creative Work	Amrita Yoga			4th Phase
Until 6:29AM Mon			Trayodashi Until 11:41AM	Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Chaitra*Chaitra

Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, OR
Copper Retreat Star		Gulika 1:53PM – 3:37PM	Hasta Until 6:29AM	Sutra 8
Kanya Rasi: 23.05	Tithi 14 – 15	Yama 10:24AM – 12:08PM	Harshana Until 2:58PM	Krodhin 5126
Family Home Evening	262657578	Rahu 6:56AM – 8:40AM	Visti Until 2:58AM Tue	Moon 2 - Phase 1 - Purnima
Creative Work	Siddha Yoga			
Until 6:29AM			Chaturdashi* Until 1:57PM	Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra
		Hanuman Jayanti		

Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR
Silver Retreat Star		Gulika 12:08PM – 1:53PM	Chitra Until 9:02AM	Sutra 9
Tula Rasi: 5.07	Tithi 15 – 16	Yama 8:39AM – 10:23AM	Vajra* Until 3:26PM	Krodhin 5126
	262657578	Rahu 3:37PM – 5:22PM	Balava Until 4:40AM Wed	Moon 2 - Phase 1 - Prathama
Creative Work	Siddha Yoga			
			Purnima* Until 3:51PM	Subha Sivaloka Day
				Chaitra*Chaitra