

Saturday, May 6, 2023
Gold Retreat Star

Vrischika Rasi: 0.37 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 4:27AM – 6:15AM
 Yama 1:25PM – 3:13PM
Rahu 8:02AM – 9:50AM

Vishakha Until 10:43AM
 Varyan Until 6:50PM
 Taitila Until 10:39PM
Prathama* Until 11:24AM

Ganesha: White *Sunrise:* 4:27AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Portland, ME
 Sutra 20
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

1 Sunday, May 7, 2023

Vrischika Rasi: 14.26 Tithi 17 – 18

272996579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:13PM – 5:01PM
 Yama 11:37AM – 1:25PM
Rahu 5:01PM – 6:49PM

Anuradha Until 9:50AM
 Parigha* Until 4:20PM
 Vanija Until 8:49PM
Dvitiya Until 9:45AM

Ganesha: White *Sunrise:* 4:26AM
Muruga: Clear *Sunset:* 6:49PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Portland, ME
 Sun 1 Sutra 21
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

2 Monday, May 8, 2023

Vrischika Rasi: 28.27 Tithi 18 – 19

272196579

Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 1:26PM – 3:14PM
 Yama 9:49AM – 11:37AM
Rahu 6:13AM – 8:01AM

Jyeshtha* Until 8:29AM
 Shiva Until 1:36PM
 Bava Until 6:44PM
Tritiya Until 7:47AM

Ganesha: Blue *Sunrise:* 4:25AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Portland, ME
 Sun 2 Sutra 22
 Sobhana 5125
 Moon 4 - Phase 4 - 2 1st Phase

3 Tuesday, May 9, 2023

Dhanus Rasi: 12.37 Tithi 20

282196579

Creative Work Amrita Yoga

Until 7:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:37AM – 1:26PM
 Yama 8:00AM – 9:49AM
Rahu 3:14PM – 5:03PM

Mula* Until 7:12AM
 Siddha Until 10:42AM
 Kaulava Until 4:29PM
Panchami Until 3:19AM Wed

Ganesha: Red *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 6:51PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Portland, ME
 Sun 3 Sutra 23
 Sobhana 5125
 Moon 4 - Phase 4 - 3 1st Phase

4 Wednesday, May 10, 2023

Dhanus Rasi: 26.51 Tithi 21

283196579

Creative Work Amrita Yoga

Until 3:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarahadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:49AM – 11:37AM
 Yama 6:11AM – 8:00AM
Rahu 11:37AM – 1:26PM

Uttarahadha Until 3:58AM Thu
 Sadhya Until 7:44AM
 Gara Until 2:10PM
Shashthi* Until 12:59AM Thu

Ganesha: Blue *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 6:52PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Portland, ME
 Sun 4 Sutra 24
 Sobhana 5125
 Moon 4 - Phase 4 - 4 1st Phase

5 Thursday, May 11, 2023

Makara Rasi: 11.07 Tithi 22

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shrivana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:59AM – 9:48AM
 Yama 4:21AM – 6:10AM
Rahu 1:26PM – 3:15PM

Shrivana Until 2:35AM Fri
 Sukla Until 1:48AM Fri
 Visti Until 11:50AM
Saptami Until 10:40PM

Ganesha: Red *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 6:54PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Portland, ME
 Sun 5 Sutra 25
 Sobhana 5125
 Moon 4 - Phase 4 - 5 1st Phase

Chidambaram Abhishekam

Friday, May 12, 2023
Retreat Star

Makara Rasi: 25.2 Tithi 23

293196579

Creative Work Siddha Yoga

Until 1:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:09AM – 7:59AM
 Yama 3:16PM – 5:05PM
Rahu 9:48AM – 11:37AM

Dhanishtha Until 1:09AM Sat
 Brahma Until 10:55PM
 Balava Until 9:34AM
Ashtami* Until 8:26PM

Ganesha: Red *Sunrise:* 4:20AM
Muruga: Clear *Sunset:* 6:55PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Portland, ME
 Sun 6 Sutra 26
 Sobhana 5125
 Moon 4 - Phase 4 - 6 Ashtami

Saturday, May 13, 2023
Retreat Star

Kumbha Rasi: 9.31 Tithi 24

293196579

Creative Work Amrita Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Gulika 4:19AM – 6:08AM
 Yama 1:27PM – 3:16PM
Rahu 7:58AM – 9:48AM

Shatabhishak Until 11:43PM
 Indra Until 8:10PM
 Taitila Until 7:23AM
Navami* Until 6:20PM

Ganesha: Red *Sunrise:* 4:19AM
Muruga: Clear *Sunset:* 6:56PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Portland, ME
 Sun 7 Sutra 27
 Sobhana 5125
 Moon 4 - Phase 4 - 7 Navami

1 Sunday, May 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Vishkambha* Yoga Visti* Bava Karana Dashami/Ekadashyam Titau		Portland, ME
Kumbha Rasi: 23.35	Tithi 25 – 26	Gulika 3:17PM – 5:07PM	Purvaproshtapada* Until 10:43PM	Sun 8 Sutra 28
		Yama 11:37AM – 1:27PM	Vaidhriti* Until 5:31PM	Sobhana 5125
	213196579	Rahu 5:07PM – 6:57PM	Bava Until 3:31AM Mon	Moon 4 - Phase 5 - 8
Creative Work	Siddha Yoga			2nd Phase
Until 10:43PM		Mother's Day	Dashami Until 4:23PM	Sivaloka Day
Then Creative Work - Amrita Yoga			Vaisaka*Chaitra	

2 Monday, May 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME
Meena Rasi: 7.32	Tithi 26 – 27	Gulika 1:27PM – 3:18PM	Uttaraproshtapada Until 9:49PM	Sun 9 Sutra 29
Family Home Evening		Yama 9:47AM – 11:37AM	Vishkambha* Until 3:03PM	Sobhana 5125
	213196579	Rahu 6:07AM – 7:57AM	Kaulava Until 1:54AM Tue	Moon 4 - Phase 5 - 9
Creative Work	Siddha Yoga			2nd Phase
			Ekadashi* Until 2:39PM	Sivaloka Day
			Vaisaka*Vaikasi	

3 Tuesday, May 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, ME
Meena Rasi: 21.21	Tithi 27 – 28	Gulika 11:37AM – 1:28PM	Revati Until 9:02PM	Sun 10 Sutra 30
		Yama 7:56AM – 9:47AM	Priti Until 12:48PM	Sobhana 5125
	213196579	Rahu 3:18PM – 5:09PM	Gara Until 12:34AM Wed	Moon 4 - Phase 5 - 10
Creative Work	Siddha Yoga			2nd Phase
			Dvadashi* Until 1:10PM	Sivaloka Day
			Vaisaka*Vaikasi	
			<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, May 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME
Mesha Rasi: 4.59	Tithi 28 – 29	Gulika 9:47AM – 11:37AM	Ashvini Until 8:52PM	Sun 11 Sutra 31
		Yama 6:05AM – 7:56AM	Ayushman Until 10:47AM	Sobhana 5125
	223196579	Rahu 11:37AM – 1:28PM	Visti Until 11:35PM	Moon 4 - Phase 5 - 11
Routine Work	Marana Yoga			2nd Phase
Until 8:52PM			Trayodashi* Until 12:00PM	Sivaloka Day
Then Creative Work - Siddha Yoga			Vaisaka*Vaikasi	

Thursdays, May 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME
Retreat Star		Gulika 7:55AM – 9:46AM	Bharani Until 8:58PM	Sun 12 Sutra 32
Mesha Rasi: 18.24	Tithi 29 – 30	Yama 4:13AM – 6:04AM	Saubhagya Until 9:05AM	Sobhana 5125
	223196579	Rahu 1:28PM – 3:19PM	Catuspada Until 11:00PM	Moon 4 - Phase 5 - 12
Creative Work	Siddha Yoga			Amavasya
Until 8:58PM			Chaturdashi* Until 11:13AM	Sivaloka Day
Then Routine Work - Marana Yoga			Vaisaka*Vaikasi	

Friday, May 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME
Retreat Star		Gulika 6:04AM – 7:55AM	Krittika Until 9:22PM	Sun 13 Sutra 33
Vishabha Rasi: 1.35	Tithi 30 – 1	Yama 3:20PM – 5:11PM	Sobhana Until 7:45AM	Sobhana 5125
	223196579	Rahu 9:46AM – 11:37AM	Kintughna Until 10:54PM	Moon 4 - Phase 5 - 13
Creative Work	Siddha Yoga			Prathama
Until 9:22PM			Amavasya* Until 10:52AM	Sivaloka Day
Then Routine Work - Marana Yoga			Jyeshtha*Vaikasi	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1		Saturday, May 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 14 Sutra 34
Vrishabha Rasi: 14.32	Tithi 1 – 2	Gulika 4:12AM – 6:03AM	Rohini Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:12AM	Sobhana 5125
		Yama 1:29PM – 3:20PM	Athiganda* Until 6:46AM	Muruga: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 6 - 14
		233196579 Rahu 7:54AM – 9:46AM	Balava Until 11:19PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Prathama* Until 11:01AM	Moon – Yellow		Sivaloka Day
Until 10:35PM				Jyeshtha*Vaikasi		
Then Creative Work - Siddha Yoga						
2		Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 15 Sutra 35
Vrishabha Rasi: 27.13	Tithi 2 – 3	Gulika 3:21PM – 5:12PM	Mrigashira Until 12:08AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:11AM	Sobhana 5125
		Yama 11:37AM – 1:29PM	Sukarma Until 6:13AM	Muruga: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 6 - 15
		233196579 Rahu 5:12PM – 7:04PM	Taitila Until 12:14AM Mon	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:42AM	Moon – Yellow		Sivaloka Day
				Jyeshtha*Vaikasi		
3		Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, ME Sun 16 Sutra 36
Mithuna Rasi: 9.41	Tithi 3 – 4	Gulika 1:29PM – 3:21PM	Ardra Until 2:01AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:10AM	Sobhana 5125
Family Home Evening		Yama 9:46AM – 11:37AM	Dhriti Until 6:05AM	Muruga: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 6 - 16
		233196579 Rahu 6:02AM – 7:54AM	Vanija Until 1:40AM Tue	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:52PM	Moon – Yellow		Sivaloka Day
				Jyeshtha*Vaikasi		
4		Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 17 Sutra 37
Mithuna Rasi: 21.56	Tithi 4 – 5	Gulika 11:38AM – 1:30PM	Punarvasu Until 4:37AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:09AM	Sobhana 5125
		Yama 7:53AM – 9:45AM	Shula* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 6 - 17
		243196579 Rahu 3:22PM – 5:14PM	Bava Until 3:30AM Wed	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:31PM	Moon – Blue		Subha Sivaloka Day
				Jyeshtha*Vaikasi		
5		Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, ME Sun 18 Sutra 38
Kataka Rasi: 4.01	Tithi 5 – 6	Gulika 9:45AM – 11:38AM	Pushya Until 7:22AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:08AM	Sobhana 5125
		Yama 6:00AM – 7:53AM	Ganda* Until 6:50AM	Muruga: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 6 - 18
		244196579 Rahu 11:38AM – 1:30PM	Kaulava Until 5:40AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:32PM	Moon – Blue		Sivaloka Day
				Jyeshtha*Vaikasi		
6		Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhi/Dhruva Yoga Taitila Karana Shashthyam Titau		Portland, ME Sun 19 Sutra 39
Kataka Rasi: 15.59	Tithi 6	Gulika 7:53AM – 9:45AM	Pushya Until 7:22AM	Ganesha: Clear	<i>Sunrise:</i> 4:07AM	Sobhana 5125
		Yama 4:07AM – 6:00AM	Vridhi Until 7:37AM	Muruga: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 6 - 19
		244196579 Rahu 1:30PM – 3:23PM	Taitila Until 6:48PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 6:48PM	Moon – Blue		Sivaloka Day
Until 7:22AM				Jyeshtha*Vaikasi		
Then Creative Work - Siddha Yoga						
Retreat Star		Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 20 Sutra 40
Kataka Rasi: 27.53	Tithi 7	Gulika 5:59AM – 7:52AM	Ashlesha* Until 10:05AM	Ganesha: White	<i>Sunrise:</i> 4:07AM	Sobhana 5125
		Yama 3:23PM – 5:16PM	Dhruva Until 8:29AM	Muruga: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 6 - 20
		344196579 Rahu 9:45AM – 11:38AM	Gara Until 7:59AM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Saptami Until 9:08PM	Moon – Blue		Devaloka Day
				Jyeshtha*Vaikasi		
Retreat Star		Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 41
Simha Rasi: 9.47	Tithi 8	Gulika 4:06AM – 5:59AM	Magha* Until 1:07PM	Ganesha: Clear	<i>Sunrise:</i> 4:06AM	Sobhana 5125
		Yama 1:31PM – 3:24PM	Vyaghata* Until 9:21AM	Muruga: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6 - 21
		354196579 Rahu 7:52AM – 9:45AM	Visti Until 10:18AM	Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 11:21PM	Moon – Red		Sivaloka Day
Until 1:07PM				Jyeshtha*Vaikasi		
Then Creative Work - Siddha Yoga						
Retreat Star		Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana*/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 42
Simha Rasi: 21.46	Tithi 9	Gulika 3:24PM – 5:18PM	Purvaphalguni Until 3:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM	Sobhana 5125
		Yama 11:38AM – 1:31PM	Harshana Until 10:04AM	Muruga: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6 - 22
		354196579 Rahu 5:18PM – 7:11PM	Balava Until 12:22PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Navami* Until 1:14AM Mon	Moon – Red		Sivaloka Day
Until 3:44PM				Jyeshtha*Vaikasi		
Then Creative Work - Amrita Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 23 Sutra 43	
1	Kanya Rasi: 3.53 Tithi 10	Gulika 1:32PM – 3:25PM	Uttaraphalguni Until 5:45PM	Ganesha: Clear <i>Sunrise:</i> 4:05AM	Sobhana 5125
Family Home Evening	354196579	Yama 9:45AM – 11:38AM	Vajra* Until 10:26AM	Muruga: Clear <i>Sunset:</i> 7:12PM	Moon 4 - Phase 7 - 23
Creative Work Siddha Yoga		Rahu 5:58AM – 7:51AM	Taitila Until 2:01PM	Nataraja: Purple	4th Phase
			Dashami Until 2:36AM Tue	Moon – Red	Sivaloka Day
				Jyeshtha*Vaikasi	


Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, ME Sun 24 Sutra 44	
2	Kanya Rasi: 16.15 Tithi 11	Gulika 11:38AM – 1:32PM	Hasta Until 7:29PM	Ganesha: Purple <i>Sunrise:</i> 4:04AM	Sobhana 5125
	364196579	Yama 7:51AM – 9:45AM	Siddhi Until 10:22AM	Muruga: Clear <i>Sunset:</i> 7:13PM	Moon 4 - Phase 7 - 24
Creative Work Siddha Yoga		Rahu 3:25PM – 5:19PM	Vanija Until 3:03PM	Nataraja: Purple	4th Phase
			Ekadashi Until 3:16AM Wed	Moon – Green	Devaloka Day
				Jyeshtha*Vaikasi	

Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau		Portland, ME Sun 25 Sutra 45	
3	Kanya Rasi: 28.55 Tithi 12	Gulika 9:45AM – 11:38AM	Chitra Until 8:19PM	Ganesha: Purple <i>Sunrise:</i> 4:03AM	Sobhana 5125
	364196579	Yama 5:57AM – 7:51AM	Vyatipata* Until 9:45AM	Muruga: Clear <i>Sunset:</i> 7:13PM	Moon 4 - Phase 7 - 25
Creative Work Siddha Yoga		Rahu 11:38AM – 1:32PM	Bava Until 3:21PM	Nataraja: Purple	4th Phase
			Dvadashi Until 3:11AM Thu	Moon – Green	Devaloka Day
				Jyeshtha*Vaikasi	

Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Paigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Portland, ME Sun 26 Sutra 46	
4	Tula Rasi: 11.58 Tithi 13	Gulika 7:51AM – 9:45AM	Svati Until 8:15PM	Ganesha: Clear <i>Sunrise:</i> 4:03AM	Sobhana 5125
	364296579	Yama 4:03AM – 5:57AM	Varyan Until 8:30AM	Muruga: Clear <i>Sunset:</i> 7:14PM	Moon 4 - Phase 7 - 26
Creative Work Amrita Yoga		Rahu 1:32PM – 3:26PM	Kaulava Until 2:53PM	Nataraja: Purple	4th Phase
Until 8:15PM			Trayodashi Until 2:21AM Fri	Moon – Green	Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi	
			<i>Pradosha Vrata</i>		

Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, ME Sun 27 Sutra 47	
5	Tula Rasi: 25.25 Tithi 14	Gulika 5:56AM – 7:51AM	Vishakha Until 7:47PM	Ganesha: White <i>Sunrise:</i> 4:02AM	Sobhana 5125
	374296579	Yama 3:27PM – 5:21PM	Parigha* Until 6:40AM	Muruga: Clear <i>Sunset:</i> 7:15PM	Moon 4 - Phase 7 - 27
Creative Work Siddha Yoga		Rahu 9:45AM – 11:39AM	Gara Until 1:41PM	Nataraja: Purple	4th Phase
		Vaikasi Visakam	Chaturdashi* Until 12:49AM Sat	Moon – Orange	Subha Sivaloka Day
				Jyeshtha*Vaikasi	

Saturday, June 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Portland, ME Sun 28 Sutra 48	
	Copper Retreat Star	Gulika 4:02AM – 5:56AM	Anuradha Until 6:34PM	Ganesha: White <i>Sunrise:</i> 4:02AM	Sobhana 5125
Vrischika Rasi: 9.16 Tithi 15		Yama 1:33PM – 3:27PM	Siddha Until 1:28AM Sun	Muruga: Clear <i>Sunset:</i> 7:16PM	Moon 4 - Phase 7 - Purnima
	374296579	Rahu 7:50AM – 9:45AM	Visti Until 11:51AM	Nataraja: Purple	
Creative Work Siddha Yoga			Purnima* Until 10:43PM	Moon – Orange	Subha Sivaloka Day
				Jyeshtha*Vaikasi	

Sunday, June 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 29 Sutra 49	
	Silver Retreat Star	Gulika 3:28PM – 5:22PM	Jyeshtha* Until 4:45PM	Ganesha: White <i>Sunrise:</i> 4:02AM	Sobhana 5125
Vrischika Rasi: 23.28 Tithi 16		Yama 11:39AM – 1:33PM	Sadhya Until 10:18PM	Muruga: Clear <i>Sunset:</i> 7:16PM	Moon 4 - Phase 7 - Prathama
	374296579	Rahu 5:22PM – 7:16PM	Balava Until 9:30AM	Nataraja: Purple	
Routine Work Marana Yoga			Prathama* Until 8:10PM	Moon – Orange	Subha Sivaloka Day
Until 4:45PM				Jyeshtha*Vaikasi	
Then Creative Work - Amrita Yoga					

Monday, June 5, 2023
Gold Retreat Star

Dhanus Rasi: 7.55 Tithi 17 – 18
Family Home Evening
 Creative Work Siddha Yoga
 Until 2:53PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 1:34PM – 3:28PM Mula* Until 2:53PM
 Yama 9:45AM – 11:39AM Subha Until 6:55PM
Rahu 5:56AM – 7:50AM Taitila Until 6:48AM
Dvitiya Until 5:20PM

Portland, ME
 Sun 1 Sutra 50
 Sobhana 5125
 Moon 5 - Phase 8 - 1
 1st Phase

Ganesha: Yellow *Sunrise: 4:01AM*
Muruga: Clear *Sunset: 7:17PM*
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Sivaloka Day

1 **Tuesday, June 6, 2023**

Dhanus Rasi: 22.32 Tithi 18 – 19
 385296571
 Creative Work Siddha Yoga
 Until 12:44PM
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 11:39AM – 1:34PM Purvashadha* Until 12:44PM
 Yama 7:50AM – 9:45AM Sukla Until 3:24PM
Rahu 3:29PM – 5:23PM Bava Until 12:53AM Wed
Tritiya Until 2:22PM

Portland, ME
 Sun 2 Sutra 51
 Sobhana 5125
 Moon 5 - Phase 8 - 2
 1st Phase

Ganesha: White *Sunrise: 4:01AM*
Muruga: Clear *Sunset: 7:17PM*
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

2 **Wednesday, June 7, 2023**

Makara Rasi: 7.12 Tithi 19 – 20
 385296571
 Creative Work Amrita Yoga
 Until 10:26AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 9:45AM – 11:40AM Uttarashadha Until 10:26AM
 Yama 5:55AM – 7:50AM Brahma Until 11:54AM
Rahu 11:40AM – 1:34PM Kaulava Until 9:57PM
Chaturthi* Until 11:23AM

Portland, ME
 Sun 3 Sutra 52
 Sobhana 5125
 Moon 5 - Phase 8 - 3
 1st Phase

Ganesha: White *Sunrise: 4:00AM*
Muruga: Clear *Sunset: 7:19PM*
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

3 **Thursday, June 8, 2023**

Makara Rasi: 21.48 Tithi 20 – 21
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Indra/Vaidhiti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 7:50AM – 9:45AM Shravana Until 8:31AM
 Yama 4:00AM – 5:55AM Indra Until 8:31AM
Rahu 1:35PM – 3:29PM Gara Until 7:13PM
Panchami Until 8:32AM

Portland, ME
 Sun 4 Sutra 53
 Sobhana 5125
 Moon 5 - Phase 8 - 4
 1st Phase

Ganesha: Yellow *Sunrise: 4:00AM*
Muruga: Clear *Sunset: 7:19PM*
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

4 **Friday, June 9, 2023**

Kumbha Rasi: 6.14 Tithi 22
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha/Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 5:55AM – 7:50AM Dhanishtha Until 6:42AM
 Yama 3:30PM – 5:25PM Vishkambha* Until 2:21AM Sat
Rahu 9:45AM – 11:40AM Visti Until 4:44PM
Saptami Until 3:36AM Sat

Portland, ME
 Sun 5 Sutra 54
 Sobhana 5125
 Moon 5 - Phase 8 - 5
 1st Phase

Ganesha: Yellow *Sunrise: 4:00AM*
Muruga: Clear *Sunset: 7:20PM*
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Retreat Star
Saturday, June 10, 2023

Kumbha Rasi: 20.28 Tithi 23
 315296571
 Routine Work Marana Yoga
 Until 4:05AM Sun
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Purvaproshtpada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 4:00AM – 5:55AM Purvaproshtpada* Until 4:05AM Sun
 Yama 1:35PM – 3:30PM Priti Until 11:44PM
Rahu 7:50AM – 9:45AM Balava Until 2:37PM
Ashtami* Until 1:40AM Sun

Portland, ME
 Sun 6 Sutra 55
 Sobhana 5125
 Moon 5 - Phase 8 - 6
 Ashtami

Ganesha: Clear *Sunrise: 4:00AM*
Muruga: Clear *Sunset: 7:20PM*
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Sivaloka Day

Retreat Star
Sunday, June 11, 2023

Meena Rasi: 4.26 Tithi 24
 315296571
 Creative Work Amrita Yoga
 Until 3:22AM Mon
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau
Gulika 3:31PM – 5:26PM Uttaraproshtpada Until 3:22AM Mon
 Yama 11:40AM – 1:35PM Ayushman Until 9:24PM
Rahu 5:26PM – 7:21PM Taitila Until 12:53PM
Navami* Until 12:09AM Mon

Portland, ME
 Sun 7 Sutra 56
 Sobhana 5125
 Moon 5 - Phase 8 - 7
 Navami

Ganesha: Clear *Sunrise: 4:00AM*
Muruga: Clear *Sunset: 7:21PM*
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Sivaloka Day

Monday, June 12, 2023

1
 Meena Rasi: 18.09 Tithi 25
Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau
Gulika 1:36PM – 3:31PM
 Yama 9:45AM – 11:40AM
Rahu 5:55AM – 7:50AM
Revati Until 2:55AM Tue
 Saubhagya Until 7:26PM
 Vanija Until 11:33AM
Dashami Until 11:02PM

Portland, ME
 Sun 8 Sutra 57
 Sobhana 5125
 Moon 5 - Phase 9 - 8
 2nd Phase
Ganesh: Clear *Sunrise: 3:59AM*
Muruga: Clear *Sunset: 7:21PM*
Nataraja: Blue
 Moon – Clear
Sivaloka Day
 Jyeshtha*Vaikasi

Tuesday, June 13, 2023

2
 Mesha Rasi: 1.37 Tithi 26
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau
Gulika 11:41AM – 1:36PM
 Yama 7:50AM – 9:45AM
Rahu 3:31PM – 5:27PM
Ashvini Until 3:10AM Wed
 Sobhana Until 5:49PM
 Bava Until 10:39AM
Ekadashi* Until 10:20PM

Portland, ME
 Sun 9 Sutra 58
 Sobhana 5125
 Moon 5 - Phase 9 - 9
 2nd Phase
Ganesh: White *Sunrise: 3:59AM*
Muruga: Clear *Sunset: 7:22PM*
Nataraja: Blue
 Moon – White
Devaloka Day
 Jyeshtha*Vaikasi

Wednesday, June 14, 2023

3
 Mesha Rasi: 14.52 Tithi 27
 Creative Work Siddha Yoga
 Until 3:41AM Thu
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau
Gulika 9:45AM – 11:41AM
 Yama 5:55AM – 7:50AM
Rahu 11:41AM – 1:36PM
Bharani Until 3:41AM Thu
 Athiganda* Until 4:30PM
 Kaulava Until 10:10AM
Dvadashi* Until 10:03PM

Portland, ME
 Sun 10 Sutra 59
 Sobhana 5125
 Moon 5 - Phase 9 - 10
 2nd Phase
Ganesh: White *Sunrise: 3:59AM*
Muruga: Clear *Sunset: 7:22PM*
Nataraja: Blue
 Moon – White
Devaloka Day
 Jyeshtha*Vaikasi

Thursday, June 15, 2023

4
 Mesha Rasi: 27.54 Tithi 28
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
 Kritika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau
Gulika 7:50AM – 9:46AM
 Yama 3:59AM – 5:55AM
Rahu 1:37PM – 3:32PM
Krittika Until 4:27AM Fri
 Sukarma Until 3:31PM
 Gara Until 10:05AM
Trayodashi* Until 10:10PM

Portland, ME
 Sun 11 Sutra 60
 Sobhana 5125
 Moon 5 - Phase 9 - 11
 2nd Phase
Ganesh: Yellow *Sunrise: 3:59AM*
Muruga: Clear *Sunset: 7:23PM*
Nataraja: Blue
 Moon – White
Sivaloka Day
 Jyeshtha*Ani
 Pradosha Vrata (Fasting)

Friday, June 16, 2023

5
 Vrishabha Rasi: 10.44 Tithi 29
 Routine Work Marana Yoga
 Until 5:55AM Sat
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau
Gulika 5:55AM – 7:50AM
 Yama 3:32PM – 5:28PM
Rahu 9:46AM – 11:41AM
Rohini Until 5:55AM Sat
 Dhriti Until 2:52PM
 Visti Until 10:24AM
Chaturdashi* Until 10:42PM

Portland, ME
 Sun 12 Sutra 61
 Sobhana 5125
 Moon 5 - Phase 9 - 12
 2nd Phase
Ganesh: Red *Sunrise: 3:59AM*
Muruga: Clear *Sunset: 7:23PM*
Nataraja: Blue
 Moon – Yellow
Sivaloka Day
 Jyeshtha*Ani

Saturday, June 17, 2023

Retreat Star
 Vrishabha Rasi: 23.22 Tithi 30
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau
Gulika 3:59AM – 5:55AM
 Yama 1:37PM – 3:33PM
Rahu 7:50AM – 9:46AM
Mrigashira Until 7:36AM Sun
 Shula* Until 2:31PM
 Catuspada Until 11:08AM
Amavasya* Until 11:38PM

Portland, ME
 Sun 13 Sutra 62
 Sobhana 5125
 Moon 5 - Phase 9 - 13
 Amavasya
Ganesh: Red *Sunrise: 3:59AM*
Muruga: Clear *Sunset: 7:24PM*
Nataraja: Blue
 Moon – Yellow
Sivaloka Day
 Jyeshtha*Ani

Sunday, June 18, 2023

Retreat Star
 Mithuna Rasi: 5.5 Tithi 1
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Kintughna*/Bava Karana Prathamayam Titau
Gulika 3:33PM – 5:28PM
 Yama 11:42AM – 1:37PM
Rahu 5:28PM – 7:24PM
Mrigashira Until 7:36AM
 Ganda* Until 2:29PM
 Kintughna Until 12:16PM
Prathama* Until 12:57AM Mon

Portland, ME
 Sun 14 Sutra 63
 Sobhana 5125
 Moon 5 - Phase 9 - 14
 Prathama
Ganesh: Red *Sunrise: 3:59AM*
Muruga: Yellow *Sunset: 7:24PM*
Nataraja: Blue
 Moon – Yellow
Sivaloka Day
 Ashada*Ani
Father's Day

Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 15 Sutra 64
1	Mithuna Rasi: 18.07 Tithi 2 Family Home Evening Creative Work Siddha Yoga Until 9:31AM Then Creative Work - Amrita Yoga	Gulika 1:37PM – 3:33PM Yama 9:46AM – 11:42AM Rahu 5:55AM – 7:51AM	Ardra Until 9:31AM Vriddhi Until 2:46PM Balava Until 1:47PM Dvitiya Until 2:39AM Tue	Ganesha: Red Muruga: Yellow Nataraja: Blue Moon – Yellow Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 15 3rd Phase

Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, ME Sun 16 Sutra 65
2	Kataka Rasi: 0.15 Tithi 3 346216571 Creative Work Siddha Yoga	Gulika 11:42AM – 1:38PM Yama 7:51AM – 9:47AM Rahu 3:33PM – 5:29PM	Punarvasu Until 12:07PM Dhruva Until 3:17PM Taitila Until 3:38PM Tritiya Until 4:40AM Wed	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 16 3rd Phase

Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Portland, ME Sun 17 Sutra 66
3	Kataka Rasi: 12.16 Tithi 4 346216571 Creative Work Siddha Yoga	Gulika 9:47AM – 11:42AM Yama 5:56AM – 7:51AM Rahu 11:42AM – 1:38PM	Pushya Until 2:49PM Vyaghata* Until 4:03PM Vanija Until 5:48PM Chaturthi* Until 6:56AM Thu	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 17 3rd Phase

Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 18 Sutra 67
4	Kataka Rasi: 24.11 Tithi 4 – 5 347216571 Creative Work Siddha Yoga Until 5:34PM Then Creative Work - Amrita Yoga	Gulika 7:51AM – 9:47AM Yama 4:00AM – 5:56AM Rahu 1:38PM – 3:34PM	Ashlesha* Until 5:34PM Harshana Until 4:59PM Bava Until 8:09PM Chaturthi* Until 6:56AM	Ganesha: Blue Muruga: Yellow Nataraja: Blue Moon – Blue Devaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 18 3rd Phase

Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Portland, ME Sun 19 Sutra 68
5	Simha Rasi: 6.03 Tithi 5 – 6 357216571 Routine Work Marana Yoga Until 8:43PM Then Creative Work - Siddha Yoga	Gulika 5:56AM – 7:52AM Yama 3:34PM – 5:29PM Rahu 9:47AM – 11:43AM	Magha* Until 8:43PM Vajra* Until 5:56PM Kaulava Until 10:33PM Panchami Until 9:20AM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 19 3rd Phase

Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 20 Sutra 69
6	Simha Rasi: 17.55 Tithi 6 – 7 357216571 Creative Work Siddha Yoga Until 11:35PM Then Routine Work - Marana Yoga	Gulika 4:01AM – 5:56AM Yama 1:38PM – 3:34PM Rahu 7:52AM – 9:47AM	Purvaphalguni Until 11:35PM Siddhi Until 6:50PM Gara Until 12:50AM Sun Shashthi* Until 11:42AM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 20 3rd Phase

Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bharu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 21 Sutra 70
Retreat Star	Simha Rasi: 29.52 Tithi 7 – 8 357216571 Creative Work Amrita Yoga Until 1:59AM Mon Then Creative Work - Siddha Yoga	Gulika 3:34PM – 5:30PM Yama 11:43AM – 1:39PM Rahu 5:30PM – 7:25PM	Uttaraphalguni Until 1:59AM Mon Vyatipata* Until 7:32PM Visti Until 2:46AM Mon Saptami Until 1:50PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 21 Ashtami

Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 22 Sutra 71
Retreat Star	Kanya Rasi: 11.57 Tithi 8 – 9 367316571 Family Home Evening Creative Work Siddha Yoga	Gulika 1:39PM – 3:34PM Yama 9:48AM – 11:43AM Rahu 5:57AM – 7:52AM	Hasta Until 4:10AM Tue Variyan Until 7:49PM Balava Until 4:09AM Tue Ashtami* Until 3:31PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Green Sivaloka Day Ashada*Ani
				Sobhana 5125 Moon 5 - Phase 10 - 22 Navami

1 Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, ME Sun 23 Sutra 72	
Kanya Rasi: 24.16	Tithi 9 – 10	Gulika 11:44AM – 1:39PM	Chitra Until 5:29AM Wed	Ganesha: Clear	Sunrise: 4:02AM
		Yama 7:53AM – 9:48AM	Parigha* Until 7:35PM	Muruga: Yellow	Sunset: 7:25PM
		367316571 Rahu 3:34PM – 5:30PM	Taitila Until 4:48AM Wed	Nataraja: Blue	Moon 5 - Phase 11 - 23
Creative Work	Siddha Yoga		Navami* Until 4:33PM	Moon – Green	4th Phase
				Sivaloka Day Ashada*Ani	

2 Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 24 Sutra 73	
Tula Rasi: 6.56	Tithi 10 – 11	Gulika 9:48AM – 11:44AM	Svati Until 5:49AM Thu	Ganesha: Clear	Sunrise: 4:02AM
		Yama 5:58AM – 7:53AM	Shiva Until 6:44PM	Muruga: Yellow	Sunset: 7:25PM
		367316571 Rahu 11:44AM – 1:39PM	Vanija Until 4:37AM Thu	Nataraja: Blue	Moon 5 - Phase 11 - 24
Creative Work	Siddha Yoga		Dashami Until 4:48PM	Moon – Green	4th Phase
				Sivaloka Day Ashada*Ani	

3 Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 25 Sutra 74	
Tula Rasi: 20	Tithi 11 – 12	Gulika 7:53AM – 9:49AM	Vishakha Until 5:38AM Fri	Ganesha: Clear	Sunrise: 4:03AM
		Yama 4:03AM – 5:58AM	Siddha Until 5:11PM	Muruga: Yellow	Sunset: 7:25PM
		378316571 Rahu 1:39PM – 3:35PM	Bava Until 3:35AM Fri	Nataraja: Blue	Moon 5 - Phase 11 - 25
Creative Work	Siddha Yoga		Ekadashi Until 4:11PM	Moon – Orange	4th Phase
				Sivaloka Day Ashada*Ani	

4 Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 75	
Vrischika Rasi: 3.32	Tithi 12 – 13	Gulika 5:58AM – 7:54AM	Anuradha Until 4:32AM Sat	Ganesha: Clear	Sunrise: 4:03AM
		Yama 3:35PM – 5:30PM	Sadhya Until 2:59PM	Muruga: Yellow	Sunset: 7:25PM
		378316571 Rahu 9:49AM – 11:44AM	Kaulava Until 1:47AM Sat	Nataraja: Blue	Moon 5 - Phase 11 - 26
Creative Work	Siddha Yoga		Dvadashi Until 2:45PM	Moon – Orange	4th Phase
				Sivaloka Day Ashada*Ani	
				Pradosha Vrata	

5 Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 27 Sutra 76	
Vrischika Rasi: 17.32	Tithi 13 – 14	Gulika 4:04AM – 5:59AM	Jyeshtha* Until 2:38AM Sun	Ganesha: Clear	Sunrise: 4:04AM
		Yama 1:39PM – 3:35PM	Subha Until 12:12PM	Muruga: Yellow	Sunset: 7:25PM
		378316571 Rahu 7:54AM – 9:49AM	Gara Until 11:18PM	Nataraja: Blue	Moon 5 - Phase 11 - 27
Creative Work	Siddha Yoga		Trayodashi Until 12:36PM	Moon – Orange	4th Phase
Until 2:38AM Sun				Sivaloka Day Ashada*Ani	
Then Creative Work - Amrita Yoga					

○ Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sun 27 Sutra 77	
Copper Retreat Star		Gulika 3:35PM – 5:30PM	Mula* Until 12:31AM Mon	Ganesha: Purple	Sunrise: 4:04AM
Dhanus Rasi: 1.57	Tithi 14 – 15	Yama 11:44AM – 1:40PM	Sukla Until 8:54AM	Muruga: Yellow	Sunset: 7:25PM
		388316571 Rahu 5:30PM – 7:25PM	Visti Until 8:18PM	Nataraja: Blue	Moon 5 - Phase 11 - Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 9:50AM	Moon – Light Blue	
Until 12:31AM Mon		Satguru Purnima		Devaloka Day Ashada*Ani	
Then Routine Work - Marana Yoga					

Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Portland, ME Sun 28 Sutra 78	
Silver Retreat Star		Gulika 1:40PM – 3:35PM	Purvashadha* Until 9:56PM	Ganesha: Purple	Sunrise: 4:05AM
Dhanus Rasi: 16.43	Tithi 15 – 16	Yama 9:50AM – 11:45AM	Indra Until 1:21AM Tue	Muruga: Yellow	Sunset: 7:25PM
Family Home Evening		388316571 Rahu 6:00AM – 7:55AM	Kaulava Until 3:11AM Tue	Nataraja: Blue	Moon 5 - Phase 11 - Prathama
Routine Work	Marana Yoga		Purnima* Until 6:39AM	Moon – Light Blue	
				Devaloka Day Ashada*Ani	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

Tuesday, July 4, 2023
Gold Retreat Star

Makara Rasi: 1.42 Tithi 17
388316571
Routine Work Prabalarishta Yoga
Until 7:05PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 11:45AM – 1:40PM
Yama 7:55AM – 9:50AM
Rahu 3:35PM – 5:29PM
Uttarashadha Until 7:05PM
Vaidhriti* Until 9:20PM
Taitila Until 1:25PM
Dvitiya Until 11:37PM

Ganesha: Purple Sunrise: 4:05AM
Muruga: Yellow Sunset: 7:24PM
Nataraja: Blue
Moon – Light Blue
Ashada*Ani
Sobhana 5125
Moon 6 - Phase 12 - 1st Phase
Devaloka Day

1
Wednesday, July 5, 2023

Makara Rasi: 16.44 Tithi 18
399316571
Creative Work Siddha Yoga
Until 4:31PM
Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 9:50AM – 11:45AM
Yama 6:01AM – 7:55AM
Rahu 11:45AM – 1:40PM
Shravana Until 4:31PM
Vishkambha* Until 5:23PM
Vanija Until 9:52AM
Tritiya Until 8:07PM

Ganesha: Purple Sunrise: 4:06AM
Muruga: Yellow Sunset: 7:24PM
Nataraja: Blue
Moon – Purple
Ashada*Ani
Portland, ME Sun 1 Sutra 80
Sobhana 5125
Moon 6 - Phase 12 - 1st Phase
Subha Sivaloka Day

2
Thursday, July 6, 2023

Kumbha Rasi: 1.42 Tithi 19 – 20
399316571
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 7:56AM – 9:51AM
Yama 4:07AM – 6:01AM
Rahu 1:40PM – 3:34PM
Dhanishtha Until 2:01PM
Priti Until 1:36PM
Bava Until 6:27AM
Chaturthi* Until 4:50PM

Ganesha: Purple Sunrise: 4:07AM
Muruga: Yellow Sunset: 7:24PM
Nataraja: Blue
Moon – Purple
Ashada*Ani
Portland, ME Sun 2 Sutra 81
Sobhana 5125
Moon 6 - Phase 12 - 2nd Phase
Subha Sivaloka Day

3
Friday, July 7, 2023

Kumbha Rasi: 16.26 Tithi 20 – 21
499316571
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 6:02AM – 7:56AM
Yama 3:34PM – 5:29PM
Rahu 9:51AM – 11:45AM
Shatabhishak Until 11:43AM
Ayushman Until 10:04AM
Gara Until 12:37AM Sat
Panchami Until 1:54PM

Ganesha: Clear Sunrise: 4:07AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon – Purple
Ashada*Ani
Portland, ME Sun 3 Sutra 82
Sobhana 5125
Moon 6 - Phase 12 - 3rd Phase
Sivaloka Day

4
Saturday, July 8, 2023

Meena Rasi: 0.52 Tithi 21 – 22
419316571
Routine Work Marana Yoga
Until 10:09AM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 4:08AM – 6:02AM
Yama 1:40PM – 3:34PM
Rahu 7:57AM – 9:51AM
Purvaproshtapada* Until 10:09AM
Saubhagya Until 6:56AM
Visti Until 10:26PM
Shashthi* Until 11:26AM

Ganesha: Yellow Sunrise: 4:08AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon – Clear
Ashada*Ani
Portland, ME Sun 4 Sutra 83
Sobhana 5125
Moon 6 - Phase 12 - 4th Phase
Sivaloka Day

Retreat Star
Sunday, July 9, 2023

Meena Rasi: 14.55 Tithi 22 – 23
419316571
Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 3:34PM – 5:28PM
Yama 11:46AM – 1:40PM
Rahu 5:28PM – 7:23PM
Uttaraproshtapada Until 9:01AM
Athiganda* Until 2:02AM Mon
Balava Until 8:50PM
Saptami Until 9:32AM

Ganesha: Yellow Sunrise: 4:09AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Blue
Moon – Clear
Ashada*Ani
Portland, ME Sun 5 Sutra 84
Sobhana 5125
Moon 6 - Phase 12 - 5th Phase
Sivaloka Day

Retreat Star
Monday, July 10, 2023

Meena Rasi: 28.36 Tithi 23 – 24
419316571
Family Home Evening
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:40PM – 3:34PM
Yama 9:52AM – 11:46AM
Rahu 6:04AM – 7:58AM
Revati Until 8:20AM
Sukarma Until 12:21AM Tue
Taitila Until 7:51PM
Ashtami* Until 8:15AM

Ganesha: Yellow Sunrise: 4:09AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Blue
Moon – Clear
Ashada*Ani
Portland, ME Sun 6 Sutra 85
Sobhana 5125
Moon 6 - Phase 12 - 6th Phase
Sivaloka Day

1 Tuesday, July 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Portland, ME	
Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 86	
Mesha Rasi: 11.55	Tithi 24 – 25	Gulika 11:46AM – 1:40PM	Ashvini Until 8:33AM	Ganesha: Blue	Sunrise: 4:10AM
		Yama 7:58AM – 9:52AM	Dhriti Until 11:08PM	Muruga: Yellow	Sunset: 7:22PM
	429316571	Rahu 3:34PM – 5:28PM	Vanija Until 7:29PM	Nataraja: Blue	Moon 6 - Phase 13 - 7
Creative Work	Siddha Yoga		Navami* Until 7:34AM	Moon – White	2nd Phase
				Subha Sivaloka Day	
				Ashada*Ani	

2 Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Portland, ME	
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 87	
Mesha Rasi: 24.56	Tithi 25 – 26	Gulika 9:52AM – 11:46AM	Bharani Until 9:12AM	Ganesha: Blue	Sunrise: 4:11AM
		Yama 6:05AM – 7:59AM	Shula* Until 10:21PM	Muruga: Yellow	Sunset: 7:22PM
	429316571	Rahu 11:46AM – 1:40PM	Bava Until 7:40PM	Nataraja: Blue	Moon 6 - Phase 13 - 8
Creative Work	Siddha Yoga		Dashami Until 7:29AM	Moon – White	2nd Phase
Until 9:12AM				Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani	

3 Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Portland, ME	
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 88	
Vrishabha Rasi: 7.42	Tithi 26 – 27	Gulika 7:59AM – 9:53AM	Krittika Until 10:12AM	Ganesha: Purple	Sunrise: 4:12AM
		Yama 4:12AM – 6:05AM	Ganda* Until 9:56PM	Muruga: Yellow	Sunset: 7:20PM
	421316571	Rahu 1:40PM – 3:33PM	Kaulava Until 8:20PM	Nataraja: Blue	Moon 6 - Phase 13 - 9
Routine Work	Marana Yoga		Ekadashi* Until 7:55AM	Moon – White	2nd Phase
				Subha Sivaloka Day	
				Ashada*Ani	

4 Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Portland, ME	
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 89	
Vrishabha Rasi: 20.14	Tithi 27 – 28	Gulika 6:06AM – 7:59AM	Rohini Until 11:56AM	Ganesha: Clear	Sunrise: 4:13AM
		Yama 3:33PM – 5:26PM	Vriddhi Until 9:51PM	Muruga: Yellow	Sunset: 7:20PM
	431316571	Rahu 9:53AM – 11:46AM	Gara Until 9:24PM	Nataraja: Blue	Moon 6 - Phase 13 - 10
Routine Work	Marana Yoga		Dvadashi* Until 8:48AM	Moon – Yellow	2nd Phase
Until 11:56AM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani	
				Pradosha Vrata (Fasting)	

5 Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Portland, ME	
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 90	
Mithuna Rasi: 2.37	Tithi 28 – 29	Gulika 4:13AM – 6:07AM	Mrigashira Until 1:53PM	Ganesha: Clear	Sunrise: 4:13AM
		Yama 1:40PM – 3:33PM	Dhruva Until 10:02PM	Muruga: Yellow	Sunset: 7:19PM
	431316571	Rahu 8:00AM – 9:53AM	Visti Until 10:50PM	Nataraja: Blue	Moon 6 - Phase 13 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 10:04AM	Moon – Yellow	2nd Phase
				Sivaloka Day	
				Ashada*Ani	

6 Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Portland, ME	
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 91	
Mithuna Rasi: 14.51	Tithi 29 – 30	Gulika 3:32PM – 5:25PM	Ardra Until 3:59PM	Ganesha: Clear	Sunrise: 4:14AM
		Yama 11:46AM – 1:39PM	Vyaghata* Until 10:27PM	Muruga: Yellow	Sunset: 7:19PM
	431316571	Rahu 5:25PM – 7:19PM	Catuspada Until 12:35AM Mon	Nataraja: Blue	Moon 6 - Phase 13 - 12
Creative Work	Siddha Yoga		Chaturdashi* Until 11:39AM	Moon – Yellow	Amavasya
				Sivaloka Day	
				Ashada*Adi	

7 Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Portland, ME	
Punarvasu Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 92	
Mithuna Rasi: 26.58	Tithi 30 – 1	Gulika 1:39PM – 3:32PM	Punarvasu Until 6:40PM	Ganesha: Orange	Sunrise: 4:15AM
		Yama 9:54AM – 11:47AM	Harshana Until 11:05PM	Muruga: Yellow	Sunset: 7:18PM
Family Home Evening	441316572	Rahu 6:08AM – 8:01AM	Kintughna Until 2:35AM Tue	Nataraja: Yellow	Moon 6 - Phase 13 - 13
Creative Work	Amrita Yoga		Amavasya* Until 1:32PM	Moon – Blue	Prathama
Until 6:40PM				Devaloka Day	
Then Creative Work - Siddha Yoga				Srivana Adhika*Adi	

1		Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 14 Sutra 93	
Kataka Rasi: 8.59	Tithi 1 – 2	Gulika Yama	11:47AM – 1:39PM 8:01AM – 9:54AM	Pushya Until 9:26PM Vajra* Until 11:53PM	Ganesh: Orange Muruga: Yellow	Sunrise: 4:16AM Sunset: 7:17PM	Moon 6 - Phase 14 - 14 3rd Phase
Creative Work	Siddha Yoga	441316572	Rahu 3:32PM – 5:24PM	Balava Until 4:49AM Wed Prathama* Until 3:39PM	Nataraja: Yellow Moon – Blue	Devaloka Day Sravana Adhika*Adi	
2		Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 15 Sutra 94	
Kataka Rasi: 20.54	Tithi 2 – 3	Gulika Yama	9:54AM – 11:47AM 6:09AM – 8:02AM	Ashlesha* Until 12:12AM Thu Siddhi Until 12:49AM Thu	Ganesh: Orange Muruga: Yellow	Sunrise: 4:17AM Sunset: 7:16PM	Moon 6 - Phase 14 - 15 3rd Phase
Creative Work	Siddha Yoga	441316572	Rahu 11:47AM – 1:39PM	Taitila Until 7:13AM Thu Dvitiya Until 5:59PM	Nataraja: Yellow Moon – Blue	Devaloka Day Sravana Adhika*Adi	
Until 12:12AM Thu	Then Creative Work - Amrita Yoga						
3		Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, ME Sun 16 Sutra 95	
Simha Rasi: 2.46	Tithi 3	Gulika Yama	8:02AM – 9:55AM 4:18AM – 6:10AM	Magha* Until 3:24AM Fri Vyatipata* Until 1:51AM Fri	Ganesh: Clear Muruga: Yellow	Sunrise: 4:18AM Sunset: 7:15PM	Moon 6 - Phase 14 - 16 3rd Phase
Creative Work	Amrita Yoga	451316572	Rahu 1:39PM – 3:31PM	Taitila Until 7:13AM Tritiya Until 8:25PM	Nataraja: Yellow Moon – Red	Devaloka Day Sravana Adhika*Adi	
Until 3:24AM Fri	Then Creative Work - Siddha Yoga						
4		Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau		Portland, ME Sun 17 Sutra 96	
Simha Rasi: 15	Tithi 4	Gulika Yama	6:11AM – 8:03AM 3:31PM – 5:23PM	Purvaphalguni Until 6:24AM Sat Varyan Until 2:50AM Sat	Ganesh: Clear Muruga: Yellow	Sunrise: 4:19AM Sunset: 7:15PM	Moon 6 - Phase 14 - 17 3rd Phase
Creative Work	Siddha Yoga	451316572	Rahu 9:55AM – 11:47AM	Vanija Until 9:41AM Chaturthi* Until 10:53PM	Nataraja: Yellow Moon – Red	Devaloka Day Sravana Adhika*Adi	
Until 6:24AM Sat	Then Routine Work - Marana Yoga						
5		Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 18 Sutra 97	
Simha Rasi: 26.27	Tithi 5	Gulika Yama	4:20AM – 6:12AM 1:39PM – 3:30PM	Purvaphalguni Until 6:24AM Parigha* Until 3:42AM Sun	Ganesh: White Muruga: Yellow	Sunrise: 4:20AM Sunset: 7:14PM	Moon 6 - Phase 14 - 18 3rd Phase
Creative Work	Siddha Yoga	451416572	Rahu 8:03AM – 9:55AM	Bava Until 12:05PM Panchami Until 1:12AM Sun	Nataraja: Yellow Moon – Red	Bhuloka Day Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	
Until 6:24AM	Then Routine Work - Marana Yoga						
6		Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, ME Sun 19 Sutra 98	
Kanya Rasi: 8.23	Tithi 6	Gulika Yama	3:30PM – 5:21PM 11:47AM – 1:38PM	Uttaraphalguni Until 9:03AM Shiva Until 4:19AM Mon	Ganesh: White Muruga: Yellow	Sunrise: 4:21AM Sunset: 7:13PM	Moon 6 - Phase 14 - 19 3rd Phase
Creative Work	Amrita Yoga	451416572	Rahu 5:21PM – 7:13PM	Kaulava Until 2:16PM Shashthi* Until 3:11AM Mon	Nataraja: Yellow Moon – Red	Bhuloka Day Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	
Monday, July 24, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 20 Sutra 99	
Kanya Rasi: 20.26	Tithi 7	Gulika Yama	1:38PM – 3:29PM 9:56AM – 11:47AM	Hasta Until 11:40AM Siddha Until 4:30AM Tue	Ganesh: Purple Muruga: Yellow	Sunrise: 4:22AM Sunset: 7:12PM	Moon 6 - Phase 14 - 20 3rd Phase
Family Home Evening		462416572	Rahu 6:13AM – 8:04AM	Gara Until 4:00PM Saptami Until 4:38AM Tue	Nataraja: Yellow Moon – Green	Sivaloka Day Sravana Adhika*Adi	
Creative Work	Siddha Yoga						
Until 11:40AM	Then Routine Work - Prabalarishta Yoga						
Tuesday, July 25, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 100	
Tula Rasi: 2.44	Tithi 8	Gulika Yama	11:47AM – 1:38PM 8:05AM – 9:56AM	Chitra Until 1:32PM Sadhya Until 4:07AM Wed	Ganesh: Purple Muruga: Yellow	Sunrise: 4:23AM Sunset: 7:11PM	Moon 6 - Phase 14 - 21 Ashtami
Creative Work	Siddha Yoga	462416572	Rahu 3:29PM – 5:20PM	Visti Until 5:07PM Ashtami* Until 5:22AM Wed	Nataraja: Yellow Moon – Green	Sivaloka Day Sravana Adhika*Adi	
Wednesday, July 26, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 101	
Tula Rasi: 15.21	Tithi 9	Gulika Yama	9:56AM – 11:47AM 6:15AM – 8:05AM	Svati Until 2:29PM Subha Until 3:07AM Thu	Ganesh: Purple Muruga: Yellow	Sunrise: 4:24AM Sunset: 7:10PM	Moon 6 - Phase 14 - 22 Navami
Creative Work	Siddha Yoga	462416572	Rahu 11:47AM – 1:38PM	Balava Until 5:27PM Navami* Until 5:16AM Thu	Nataraja: Yellow Moon – Green	Sivaloka Day Sravana Adhika*Adi	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME
	Tula Rasi: 28.22	Tithi 10	Gulika 8:06AM – 9:56AM	Vishakha Until 2:55PM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM	Sun 23 Sutra 102
			Yama 4:25AM – 6:15AM	Sukla Until 1:23AM Fri	Muruga: Yellow	<i>Sunset:</i> 7:09PM	Sobhana 5125
	472416572	Rahu 1:37PM – 3:28PM	Taitila Until 4:55PM		Nataraja: Yellow		Moon 6 - Phase 15 - 23 4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:18AM Fri	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			

2	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME
	Vrischika Rasi: 11.51	Tithi 11	Gulika 6:16AM – 8:06AM	Anuradha Until 2:21PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM	Sun 24 Sutra 103
			Yama 3:27PM – 5:18PM	Brahma Until 10:59PM	Muruga: Yellow	<i>Sunset:</i> 7:08PM	Sobhana 5125
	472416572	Rahu 9:57AM – 11:47AM	Vanija Until 3:31PM		Nataraja: Yellow		Moon 6 - Phase 15 - 24 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:31AM Sat	Moon – Orange		Devaloka Day	
Until 2:21PM				Sravana Adhika*Adi			
Then Routine Work - Marana Yoga							

3	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME
	Vrischika Rasi: 25.5	Tithi 12	Gulika 4:27AM – 6:17AM	Jyeshtha* Until 12:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:27AM	Sun 25 Sutra 104
			Yama 1:37PM – 3:27PM	Indra Until 7:59PM	Muruga: Yellow	<i>Sunset:</i> 7:07PM	Sobhana 5125
	472416572	Rahu 8:07AM – 9:57AM	Bava Until 1:21PM		Nataraja: Yellow		Moon 6 - Phase 15 - 25 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:59PM	Moon – Orange		Devaloka Day	
				Sravana Adhika*Adi			

4	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME
	Dhanus Rasi: 10.17	Tithi 13	Gulika 3:26PM – 5:16PM	Mula* Until 10:58AM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Sun 26 Sutra 105
			Yama 11:47AM – 1:36PM	Vaidhriti* Until 4:27PM	Muruga: Yellow	<i>Sunset:</i> 7:06PM	Sobhana 5125
	482416572	Rahu 5:16PM – 7:06PM	Kaulava Until 10:31AM		Nataraja: Yellow		Moon 6 - Phase 15 - 26 4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 8:53PM	Moon – Light Blue		Sivaloka Day	
Until 10:58AM				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME
	Dhanus Rasi: 25.08	Tithi 14 – 15	Gulika 1:36PM – 3:26PM	Purvashadha* Until 8:25AM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Sun 27 Sutra 106
	Family Home Evening		Yama 9:57AM – 11:47AM	Vishkambha* Until 12:32PM	Muruga: Yellow	<i>Sunset:</i> 7:04PM	Sobhana 5125
	482416572	Rahu 6:18AM – 8:08AM	Gara Until 7:11AM		Nataraja: Yellow		Moon 6 - Phase 15 - 27 4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:21PM	Moon – Light Blue		Sivaloka Day	
				Sravana Adhika*Adi			

	Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME
	Makara Rasi: 10.16	Tithi 15 – 16	Gulika 11:47AM – 1:36PM	Shravana Until 2:32AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sun 28 Sutra 107
			Yama 8:08AM – 9:57AM	Priti Until 8:23AM	Muruga: Yellow	<i>Sunset:</i> 7:03PM	Sobhana 5125
	492416572	Rahu 3:25PM – 5:14PM	Balava Until 11:39PM		Nataraja: Yellow		Moon 6 - Phase 15 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:34PM	Moon – Purple		Devaloka Day	
Until 2:32AM Wed				Sravana Adhika*Adi			
Then Routine Work - Prabalarishta Yoga							

0	Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME
	Makara Rasi: 25.32	Tithi 16 – 17	Gulika 9:58AM – 11:47AM	Dhanishtha Until 11:32PM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Sun 29 Sutra 108
			Yama 6:20AM – 8:09AM	Saubhagya Until 11:53PM	Muruga: Yellow	<i>Sunset:</i> 7:02PM	Sobhana 5125
	492416572	Rahu 11:47AM – 1:35PM	Taitila Until 7:48PM		Nataraja: Yellow		Moon 6 - Phase 15 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 9:42AM	Moon – Purple		Devaloka Day	
Until 11:32PM				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

Thursday, August 3, 2023
Gold Retreat Star

Kumbha Rasi: 10.44 Tithi 18

492416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
 Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 8:09AM – 9:58AM
 Yama 4:32AM – 6:21AM
Rahu 1:35PM – 3:24PM
Shatabhishak Until 8:37PM
 Sobhana Until 7:50PM
 Vanija Until 4:08PM
Tritiya Until 2:24AM Fri

Portland, ME Sun 1 Sutra 109
 Sobhana 5125
 Moon 7 - Phase 16 - 1
 1st Phase
Devaloka Day
Ganesh: Yellow *Sunrise:* 4:32AM
Muruga: Yellow *Sunset:* 7:01PM
Nataraja: Yellow
 Moon – Purple
Sravana Adhika*Adi

1 Friday, August 4, 2023

Kumbha Rasi: 25.44 Tithi 19

412416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
 Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau
 Portland, ME Sun 2 Sutra 110
 Sobhana 5125
 Moon 7 - Phase 16 - 2
 1st Phase
Devaloka Day
Gulika 6:22AM – 8:10AM
 Yama 3:23PM – 5:11PM
Rahu 9:58AM – 11:46AM
Purvaproshtapada* Until 6:21PM
 Athiganda* Until 4:04PM
 Bava Until 12:48PM
Chaturthi* Until 11:17PM
Ganesh: Clear *Sunrise:* 4:33AM
Muruga: Yellow *Sunset:* 6:59PM
Nataraja: Yellow
 Moon – Clear
Sravana Adhika*Adi

2 Saturday, August 5, 2023

Meena Rasi: 10.23 Tithi 20

412416572

Creative Work Siddha Yoga

Until 4:28PM
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
 Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau
 Portland, ME Sun 3 Sutra 111
 Sobhana 5125
 Moon 7 - Phase 16 - 3
 1st Phase
Devaloka Day
Gulika 4:34AM – 6:22AM
 Yama 1:34PM – 3:22PM
Rahu 8:10AM – 9:58AM
Uttaraproshtapada Until 4:28PM
 Sukarma Until 12:45PM
 Kaulava Until 9:57AM
Panchami Until 8:44PM
Ganesh: Clear *Sunrise:* 4:34AM
Muruga: Yellow *Sunset:* 6:58PM
Nataraja: Yellow
 Moon – Clear
Sravana Adhika*Adi

3 Sunday, August 6, 2023

Meena Rasi: 24.38 Tithi 21

413416572

Creative Work Amrita Yoga

Until 3:05PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthayam Titau
 Portland, ME Sun 4 Sutra 112
 Sobhana 5125
 Moon 7 - Phase 16 - 4
 1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Gulika 3:22PM – 5:09PM
 Yama 11:46AM – 1:34PM
Rahu 5:09PM – 6:57PM
Revati Until 3:05PM
 Dhriti Until 9:58AM
 Gara Until 7:44AM
Shashthi* Until 6:52PM
Ganesh: White *Sunrise:* 4:35AM
Muruga: Yellow *Sunset:* 6:57PM
Nataraja: Yellow
 Moon – Clear
Sravana Adhika*Adi

4 Monday, August 7, 2023

Mesha Rasi: 8.25 Tithi 22 – 23

423416572

Creative Work Siddha Yoga

Family Home Evening

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau
 Portland, ME Sun 5 Sutra 113
 Sobhana 5125
 Moon 7 - Phase 16 - 5
 1st Phase
Devaloka Day
Gulika 1:33PM – 3:21PM
 Yama 9:59AM – 11:46AM
Rahu 6:24AM – 8:11AM
Ashvini Until 2:44PM
 Shula* Until 7:44AM
 Visti Until 6:13AM
Saptami Until 5:43PM
Ganesh: Clear *Sunrise:* 4:37AM
Muruga: Yellow *Sunset:* 6:56PM
Nataraja: Yellow
 Moon – White
Sravana Adhika*Adi

Retreat Star
Tuesday, August 8, 2023

Mesha Rasi: 21.46 Tithi 23 – 24

423416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
 Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
 Portland, ME Sun 6 Sutra 114
 Sobhana 5125
 Moon 7 - Phase 16 - 6
 Ashtami
Devaloka Day
Gulika 11:46AM – 1:33PM
 Yama 8:12AM – 9:59AM
Rahu 3:20PM – 5:07PM
Bharani Until 2:59PM
 Ganda* Until 6:08AM
 Taitila Until 5:27AM Wed
Ashtami* Until 5:21PM
Ganesh: Clear *Sunrise:* 4:38AM
Muruga: Yellow *Sunset:* 6:54PM
Nataraja: Yellow
 Moon – White
Sravana Adhika*Adi

Retreat Star
Wednesday, August 9, 2023

Vrishabha Rasi: 4.43 Tithi 24 – 25

423416572

Creative Work Amrita Yoga

Until 3:47PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
 Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau
 Portland, ME Sun 7 Sutra 115
 Sobhana 5125
 Moon 7 - Phase 16 - 7
 Navami
Devaloka Day
Gulika 9:59AM – 11:46AM
 Yama 6:25AM – 8:12AM
Rahu 11:46AM – 1:33PM
Krittika Until 3:47PM
 Dhruva Until 4:38AM Thu
 Vanija Until 6:06AM Thu
Navami* Until 5:40PM
Ganesh: Clear *Sunrise:* 4:39AM
Muruga: Yellow *Sunset:* 6:53PM
Nataraja: Yellow
 Moon – White
Sravana Adhika*Adi

1 Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, ME Sun 8 Sutra 116
Vrishabha Rasi: 17.21	Tithi 25	Gulika 8:13AM – 9:59AM	Rohini Until 5:30PM	Ganesha: Purple <i>Sunrise:</i> 4:40AM Muruga: Yellow <i>Sunset:</i> 6:51PM
433416572	Rahu 1:32PM – 3:19PM	Yama 4:40AM – 6:26AM	Vyaghata* Until 4:35AM Fri	Moon 7 - Phase 17 - 8
Routine Work	Marana Yoga		Vanija Until 6:06AM	2nd Phase
			Dashami Until 6:37PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2 Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 9 Sutra 117
Vrishabha Rasi: 29.45	Tithi 26	Gulika 6:27AM – 8:13AM	Mrigashira Until 7:33PM	Ganesha: Purple <i>Sunrise:</i> 4:41AM Muruga: Yellow <i>Sunset:</i> 6:50PM
433416572	Rahu 9:59AM – 11:45AM	Yama 3:18PM – 5:04PM	Harshana Until 4:53AM Sat	Moon 7 - Phase 17 - 9
Creative Work	Siddha Yoga		Bava Until 7:18AM	2nd Phase
			Ekadashi* Until 8:03PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3 Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, ME Sun 10 Sutra 118
Mithuna Rasi: 11.57	Tithi 27	Gulika 4:42AM – 6:28AM	Ardra Until 9:47PM	Ganesha: Purple <i>Sunrise:</i> 4:42AM Muruga: Yellow <i>Sunset:</i> 6:49PM
433416572	Rahu 8:14AM – 9:59AM	Yama 1:31PM – 3:17PM	Vajra* Until 5:25AM Sun	Moon 7 - Phase 17 - 10
Creative Work	Siddha Yoga		Kaulava Until 8:56AM	2nd Phase
			Dvadashi* Until 9:52PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4 Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 11 Sutra 119
Mithuna Rasi: 24.02	Tithi 28	Gulika 3:16PM – 5:02PM	Punarvasu Until 12:36AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 4:43AM Muruga: Yellow <i>Sunset:</i> 6:47PM
433416572	Rahu 5:02PM – 6:47PM	Yama 11:45AM – 1:31PM	Siddhi Until 6:08AM Mon	Moon 7 - Phase 17 - 11
Creative Work	Siddha Yoga		Gara Until 10:53AM	2nd Phase
			Trayodashi* Until 11:56PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>	

5 Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 12 Sutra 120
Kataka Rasi: 6.01	Tithi 29	Gulika 1:30PM – 3:15PM	Pushya Until 3:26AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 4:44AM Muruga: Yellow <i>Sunset:</i> 6:46PM
443416572	Rahu 6:29AM – 8:15AM	Yama 10:00AM – 11:45AM	Siddhi Until 6:08AM	Moon 7 - Phase 17 - 12
Family Home Evening			Visti Until 1:04PM	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:12AM Tue	Bhuloka Day Devaloka Time: 3:PM to 6:PM

6 Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 13 Sutra 121
Retreat Star		Gulika 11:45AM – 1:30PM	Ashlesha* Until 6:14AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 4:45AM Muruga: Yellow <i>Sunset:</i> 6:44PM
Kataka Rasi: 17.55	Tithi 30	Yama 8:15AM – 10:00AM	Vyatipata* Until 7:01AM	Moon 7 - Phase 17 - 13
443416572	Rahu 3:14PM – 4:59PM		Catuspada Until 3:24PM	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:35AM Wed	Bhuloka Day Devaloka Time: 3:PM to 6:PM

7 Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 14 Sutra 122
Retreat Star		Gulika 10:00AM – 11:45AM	Ashlesha* Until 6:14AM	Ganesha: Orange <i>Sunrise:</i> 4:46AM Muruga: Yellow <i>Sunset:</i> 6:43PM
Kataka Rasi: 29.47	Tithi 1	Yama 6:31AM – 8:15AM	Variyan Until 7:56AM	Moon 7 - Phase 17 - 14
443516572	Rahu 11:45AM – 1:29PM		Kintughna Until 5:50PM	Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:03AM Thu	Devaloka Day Devaloka Time: 3:PM to 6:PM

1		Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 15 Sutra 123 Sobhana 5125	
Simha Rasi: 11.38	Tithi 1 – 2	Gulika 8:16AM – 10:00AM	Magha* Until 9:24AM	Ganesha: Orange	<i>Sunrise:</i> 4:48AM	Moon 7 - Phase 18 - 15 3rd Phase	
		Yama 4:48AM – 6:32AM	Parigha* Until 8:55AM	Muruga: Yellow	<i>Sunset:</i> 6:41PM		
		553516572 Rahu 1:29PM – 3:13PM	Balava Until 8:17PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Prathama* Until 7:03AM	Moon – Red		Devaloka Day	
Until 9:24AM				Sravana*Avani			
Then Creative Work - Siddha Yoga							

2		Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 16 Sutra 124 Sobhana 5125	
Simha Rasi: 23.29	Tithi 2 – 3	Gulika 6:33AM – 8:16AM	Purvaphalguni Until 12:23PM	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	Moon 7 - Phase 18 - 16 3rd Phase	
		Yama 3:12PM – 4:56PM	Shiva Until 9:54AM	Muruga: Yellow	<i>Sunset:</i> 6:40PM		
		553516572 Rahu 10:00AM – 11:44AM	Taitila Until 10:41PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Dvitiya Until 9:29AM	Moon – Red		Devaloka Day	
				Sravana*Avani			

3		Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadnya Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Portland, ME Sun 17 Sutra 125 Sobhana 5125	
Kanya Rasi: 5.23	Tithi 3 – 4	Gulika 4:50AM – 6:33AM	Uttaraphalguni Until 3:05PM	Ganesha: Orange	<i>Sunrise:</i> 4:50AM	Moon 7 - Phase 18 - 17 3rd Phase	
		Yama 1:27PM – 3:11PM	Siddha Until 10:45AM	Muruga: Yellow	<i>Sunset:</i> 6:38PM		
		553516572 Rahu 8:17AM – 10:00AM	Vanija Until 12:54AM Sun	Nataraja: Yellow			
Routine Work	Marana Yoga		Tritiya Until 11:48AM	Moon – Red		Devaloka Day	
				Sravana*Avani			

4		Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 18 Sutra 126 Sobhana 5125	
Kanya Rasi: 17.22	Tithi 4 – 5	Gulika 3:10PM – 4:53PM	Hasta Until 5:51PM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Moon 7 - Phase 18 - 18 3rd Phase	
		Yama 11:44AM – 1:27PM	Sadhya Until 11:26AM	Muruga: Yellow	<i>Sunset:</i> 6:36PM		
		564516572 Rahu 4:53PM – 6:36PM	Bava Until 2:47AM Mon	Nataraja: Yellow			
Creative Work	Amrita Yoga		Chaturthi* Until 1:52PM	Moon – Green		Bhuloka Day	
Until 5:51PM				Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Nag Panchami					

5		Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, ME Sun 19 Sutra 127 Sobhana 5125	
Kanya Rasi: 29.29	Tithi 5 – 6	Gulika 1:26PM – 3:09PM	Chitra Until 8:02PM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Moon 7 - Phase 18 - 19 3rd Phase	
Family Home Evening		Yama 10:01AM – 11:43AM	Subha Until 11:50AM	Muruga: Yellow	<i>Sunset:</i> 6:35PM		
		564516572 Rahu 6:35AM – 8:18AM	Kaulava Until 4:11AM Tue	Nataraja: Yellow			
Routine Work	Prabalarishta Yoga		Panchami Until 3:31PM	Moon – Green		Bhuloka Day	
Until 8:02PM				Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

6		Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 20 Sutra 128 Sobhana 5125	
Tula Rasi: 11.49	Tithi 6 – 7	Gulika 11:43AM – 1:26PM	Svati Until 9:29PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Moon 7 - Phase 18 - 20 3rd Phase	
		Yama 8:18AM – 10:01AM	Sukla Until 11:48AM	Muruga: Yellow	<i>Sunset:</i> 6:33PM		
		564516572 Rahu 3:08PM – 4:51PM	Gara Until 4:57AM Wed	Nataraja: Yellow			
Creative Work	Siddha Yoga		Shashthi* Until 4:38PM	Moon – Green		Bhuloka Day	
Until 9:29PM				Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 21 Sutra 129 Sobhana 5125	
Tula Rasi: 24.25	Tithi 7 – 8	Gulika 10:01AM – 11:43AM	Vishakha Until 10:34PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Moon 7 - Phase 18 - 21 3rd Phase	
		Yama 6:36AM – 8:19AM	Brahma Until 11:14AM	Muruga: Yellow	<i>Sunset:</i> 6:32PM		
		574516572 Rahu 11:43AM – 1:25PM	Visti Until 4:58AM Thu	Nataraja: Yellow			
Creative Work	Siddha Yoga		Saptami Until 5:02PM	Moon – Orange		Devaloka Day	
				Sravana*Avani			

Retreat Star		Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 22 Sutra 130 Sobhana 5125	
Vrischika Rasi: 7.23	Tithi 8 – 9	Gulika 8:19AM – 10:01AM	Anuradha Until 10:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Moon 7 - Phase 18 - 22 Ashtami	
		Yama 4:55AM – 6:37AM	Indra Until 10:06AM	Muruga: Yellow	<i>Sunset:</i> 6:30PM		
		574516572 Rahu 1:24PM – 3:06PM	Balava Until 4:12AM Fri	Nataraja: Yellow			
Creative Work	Siddha Yoga		Ashtami* Until 4:40PM	Moon – Orange		Devaloka Day	
Until 10:42PM				Sravana*Avani			
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, ME Sun 23 Sutra 131 Sobhana 5125	
Vrischika Rasi: 20.46	Tithi 9 – 10	Gulika 6:38AM – 8:19AM	Jyeshtha* Until 9:55PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Moon 7 - Phase 18 - 23 Navami	
		Yama 3:05PM – 4:47PM	Vaidhriti* Until 8:17AM	Muruga: Yellow	<i>Sunset:</i> 6:28PM		
		574516572 Rahu 10:01AM – 11:42AM	Taitila Until 2:39AM Sat	Nataraja: Yellow			
Routine Work	Marana Yoga		Navami* Until 3:30PM	Moon – Orange		Devaloka Day	
Until 9:55PM		Varalakshmi Vratam		Sravana*Avani			
Then Creative Work - Amrita Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 24 Sutra 132	
Dhanus Rasi: 4.37	Tithi 10 – 11	Gulika 4:58AM – 6:39AM	Mula* Until 8:41PM	Ganesha: White	<i>Sunrise:</i> 4:58AM
		Yama 1:23PM – 3:04PM	Priti Until 2:52AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:27PM
		584516572 Rahu 8:20AM – 10:01AM	Vanija Until 12:22AM Sun	Nataraja: Yellow	Moon 7 - Phase 19 - 24
Creative Work	Siddha Yoga		Dashami Until 1:34PM	Moon – Light Blue	4th Phase
				Sravana*Avani	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

2 Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 25 Sutra 133	
Dhanus Rasi: 18.56	Tithi 11 – 12	Gulika 3:03PM – 4:44PM	Purvashadha* Until 6:40PM	Ganesha: White	<i>Sunrise:</i> 4:59AM
		Yama 11:42AM – 1:23PM	Ayushman Until 11:21PM	Muruga: Yellow	<i>Sunset:</i> 6:25PM
		584516572 Rahu 4:44PM – 6:25PM	Bava Until 9:28PM	Nataraja: Yellow	Moon 7 - Phase 19 - 25
Creative Work	Siddha Yoga		Ekadashi Until 10:58AM	Moon – Light Blue	4th Phase
Until 6:40PM				Sravana*Avani	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

3 Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 134	
Makara Rasi: 3.39	Tithi 12 – 13	Gulika 1:22PM – 3:02PM	Uttarashadha Until 4:02PM	Ganesha: White	<i>Sunrise:</i> 5:00AM
Family Home Evening		Yama 10:01AM – 11:41AM	Saubhagya Until 7:28PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM
		584516573 Rahu 6:40AM – 8:21AM	Kaulava Until 6:07PM	Nataraja: White	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga		Dvadashi Until 7:49AM	Moon – Light Blue	4th Phase
Until 4:02PM				Sravana*Avani	Devaloka Day
Then Creative Work - Amrita Yoga					

4 Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, ME Sun 27 Sutra 135	
Makara Rasi: 18.41	Tithi 14	Gulika 11:41AM – 1:21PM	Shravana Until 1:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM
		Yama 8:21AM – 10:01AM	Sobhana Until 3:20PM	Muruga: Yellow	<i>Sunset:</i> 6:21PM
		584516573 Rahu 3:01PM – 4:41PM	Gara Until 2:26PM	Nataraja: White	Moon 7 - Phase 19 - 27
Creative Work	Siddha Yoga		Chaturdashi* Until 12:30AM Wed	Moon – Purple	4th Phase
		Chidambaram Abhishekam		Sravana*Avani	Sivaloka Day

Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Portland, ME Sutra 136	
Copper Retreat Star		Gulika 10:01AM – 11:41AM	Dhanishtha Until 10:19AM	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM
Kumbha Rasi: 3.55	Tithi 15	Yama 6:42AM – 8:21AM	Athiganda* Until 11:04AM	Muruga: Yellow	<i>Sunset:</i> 6:20PM
		584516573 Rahu 11:41AM – 1:21PM	Visti Until 10:36AM	Nataraja: White	Moon 7 - Phase 19 - Purnima
Routine Work	Prabalarishta Yoga		Purnima* Until 8:40PM	Moon – Purple	
Until 10:19AM		Raksha Bandhan		Sravana*Avani	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Portland, ME Sutra 137	
Silver Retreat Star		Gulika 8:22AM – 10:01AM	Shatabhishak Until 7:11AM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM
Kumbha Rasi: 19.09	Tithi 16 – 17	Yama 5:03AM – 6:42AM	Sukarma Until 6:49AM	Muruga: Yellow	<i>Sunset:</i> 6:18PM
		584516573 Rahu 1:20PM – 2:59PM	Balava Until 6:47AM	Nataraja: White	Moon 7 - Phase 19 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:55PM	Moon – Purple	
				Sravana*Avani	Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 4.15 Tithi 17 - 18

Gulika 6:43AM - 8:22AM
Yama 2:58PM - 4:37PM
Rahu 10:01AM - 11:40AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttaraproshtapada Until 2:05AM Sat
Shula* Until 10:55PM
Vanija Until 11:53PM
Dvitiya Until 1:27PM

Ganesh: Yellow Sunrise: 5:04AM
Muruga: Yellow Sunset: 6:16PM
Nataraja: White
Moon - Clear
Srivana*Avani

Sun 1 Sutra 138
Sobhana 5125
Moon 8 - Phase 20 - 1
1st Phase

Creative Work Siddha Yoga
Until 2:05AM Sat
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

1

Saturday, September 2, 2023

Meena Rasi: 19.02 Tithi 18 - 19

Gulika 5:05AM - 6:44AM
Yama 1:19PM - 2:57PM
Rahu 8:23AM - 10:01AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Revati Until 12:02AM Sun
Ganda* Until 7:33PM
Bava Until 9:07PM
Tritiya Until 10:25AM

Ganesh: Red Sunrise: 5:05AM
Muruga: Yellow Sunset: 6:15PM
Nataraja: White
Moon - Clear
Srivana*Avani

Sun 2 Sutra 139
Sobhana 5125
Moon 8 - Phase 20 - 2
1st Phase

Routine Work Prabalarishta Yoga
Until 12:02AM Sun
Then Creative Work - Siddha Yoga

Sivaloka Day

2

Sunday, September 3, 2023

Mesha Rasi: 3.26 Tithi 19 - 20

Gulika 2:56PM - 4:35PM
Yama 11:40AM - 1:18PM
Rahu 4:35PM - 6:13PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ashvini Until 10:56PM
Vriddhi Until 4:42PM
Kaulava Until 7:00PM
Chaturthi* Until 7:57AM

Ganesh: Green Sunrise: 5:06AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: White
Moon - White
Srivana*Avani

Sun 3 Sutra 140
Sobhana 5125
Moon 8 - Phase 20 - 3
1st Phase

Creative Work Siddha Yoga
Until 10:56PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

3

Monday, September 4, 2023

Mesha Rasi: 17.22 Tithi 20 - 21

Gulika 1:17PM - 2:55PM
Yama 10:01AM - 11:39AM
Rahu 6:45AM - 8:23AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Bharani Until 10:28PM
Dhruva Until 2:26PM
Vanija Until 5:15AM Tue
Panchami Until 6:12AM

Ganesh: Green Sunrise: 5:08AM
Muruga: Yellow Sunset: 6:11PM
Nataraja: White
Moon - White
Srivana*Avani

Sun 4 Sutra 141
Sobhana 5125
Moon 8 - Phase 20 - 4
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 10:28PM
Then Routine Work - Marana Yoga

Devaloka Day

4

Tuesday, September 5, 2023

Vrishabha Rasi: 0.5 Tithi 22

Gulika 11:39AM - 1:17PM
Yama 8:24AM - 10:01AM
Rahu 2:54PM - 4:32PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Krittika Until 10:38PM
Vyaghata* Until 12:50PM
Visti Until 5:06PM
Saptami Until 5:07AM Wed

Ganesh: Green Sunrise: 5:09AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: White
Moon - White
Srivana*Avani

Sun 5 Sutra 142
Sobhana 5125
Moon 8 - Phase 20 - 5
1st Phase

Creative Work Siddha Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Devaloka Day

D

Wednesday, September 6, 2023

Retreat Star

Vrishabha Rasi: 13.52 Tithi 23

Gulika 10:01AM - 11:39AM
Yama 6:47AM - 8:24AM
Rahu 11:39AM - 1:16PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rohini Until 11:54PM
Harshana Until 11:54AM
Balava Until 5:22PM
Ashtami* Until 5:45AM Thu

Ganesh: Orange Sunrise: 5:10AM
Muruga: Yellow Sunset: 6:07PM
Nataraja: White
Moon - Yellow
Srivana*Avani

Sun 6 Sutra 143
Sobhana 5125
Moon 8 - Phase 20 - 6
Ashtami

Creative Work Siddha Yoga
Krishna Janmashtami

Sivaloka Day

Thursday, September 7, 2023

Retreat Star

Vrishabha Rasi: 26.31 Tithi 24

Gulika 8:25AM - 10:01AM
Yama 5:11AM - 6:48AM
Rahu 1:15PM - 2:52PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila Karana Navamyam Titau

Mrigashira Until 1:40AM Fri
Vajra* Until 11:30AM
Taitila Until 6:21PM
Navami* Until 7:03AM Fri

Ganesh: Orange Sunrise: 5:11AM
Muruga: Yellow Sunset: 6:06PM
Nataraja: White
Moon - Yellow
Srivana*Avani

Sun 7 Sutra 144
Sobhana 5125
Moon 8 - Phase 20 - 7
Navami

Routine Work Marana Yoga
Until 1:40AM Fri
Then Creative Work - Siddha Yoga

Sivaloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1 Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamam Titau		Portland, ME Sun 8 Sutra 145
Mithuna Rasi: 8.52	Tithi 24 – 25	Gulika 6:48AM – 8:25AM	Ardra Until 3:47AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:12AM Muruga: Yellow <i>Sunset:</i> 6:04PM
		Yama 2:51PM – 4:27PM	Siddhi Until 11:37AM	Sobhana 5125
		535516573 Rahu 10:01AM – 11:38AM	Vanija Until 7:55PM	Moon 8 - Phase 21 - 8 2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:03AM	Sivaloka Day Sravana*Avani

2 Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 9 Sutra 146
Mithuna Rasi: 21.01	Tithi 25 – 26	Gulika 5:13AM – 6:49AM	Punarvasu Until 6:37AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:13AM Muruga: Yellow <i>Sunset:</i> 6:02PM
		Yama 1:14PM – 2:50PM	Vyatipata* Until 12:06PM	Sobhana 5125
		545516573 Rahu 8:25AM – 10:01AM	Bava Until 9:55PM	Moon 8 - Phase 21 - 9 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:51AM	Devaloka Day Sravana*Avani

3 Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 10 Sutra 147
Kataka Rasi: 3.01	Tithi 26 – 27	Gulika 2:49PM – 4:25PM	Punarvasu Until 6:37AM	Ganesha: Purple <i>Sunrise:</i> 5:14AM Muruga: Yellow <i>Sunset:</i> 6:00PM
		Yama 11:37AM – 1:13PM	Varyan Until 12:48PM	Sobhana 5125
		545616573 Rahu 4:25PM – 6:00PM	Kaulava Until 12:11AM Mon	Moon 8 - Phase 21 - 10 2nd Phase
Creative Work	Siddha Yoga	Grandparent's Day	Ekadashi* Until 11:00AM	Devaloka Day Sravana*Avani

4 Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 11 Sutra 148
Kataka Rasi: 14.56	Tithi 27 – 28	Gulika 1:12PM – 2:48PM	Pushya Until 9:29AM	Ganesha: Light Blue <i>Sunrise:</i> 5:15AM Muruga: Yellow <i>Sunset:</i> 5:59PM
Family Home Evening		Yama 10:01AM – 11:37AM	Parigha* Until 1:41PM	Sobhana 5125
		546616573 Rahu 6:51AM – 8:26AM	Gara Until 2:37AM Tue	Moon 8 - Phase 21 - 11 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:22PM	Devaloka Day Sravana*Avani
			<i>Pradosha Vrata (Fasting)</i>	

5 Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12 Sutra 149
Kataka Rasi: 26.47	Tithi 28 – 29	Gulika 11:37AM – 1:12PM	Ashlesha* Until 12:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:16AM Muruga: Yellow <i>Sunset:</i> 5:57PM
		Yama 8:26AM – 10:01AM	Shiva Until 2:38PM	Sobhana 5125
		546616573 Rahu 2:47PM – 4:22PM	Visti Until 5:04AM Wed	Moon 8 - Phase 21 - 12 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:49PM	Devaloka Day Sravana*Avani

6 Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 13 Sutra 150
Simha Rasi: 8.39	Tithi 29	Gulika 10:01AM – 11:36AM	Magha* Until 3:26PM	Ganesha: Purple <i>Sunrise:</i> 5:17AM Muruga: Yellow <i>Sunset:</i> 5:55PM
		Yama 6:52AM – 8:27AM	Siddha Until 3:33PM	Sobhana 5125
		556616573 Rahu 11:36AM – 1:11PM	Sakuni Until 6:16PM	Moon 8 - Phase 21 - 13 2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:16PM	Devaloka Day Sravana*Avani
Until 3:26PM				
Then Creative Work - Amrita Yoga				

Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 14 Sutra 151
Retreat Star		Gulika 8:27AM – 10:02AM	Purvaphalguni Until 6:20PM	Ganesha: Purple <i>Sunrise:</i> 5:19AM Muruga: Yellow <i>Sunset:</i> 5:53PM
Simha Rasi: 20.32	Tithi 30	Yama 5:19AM – 6:53AM	Sadhya Until 4:24PM	Sobhana 5125
		556616573 Rahu 1:10PM – 2:44PM	Catuspada Until 7:28AM	Moon 8 - Phase 21 - 14 Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 8:36PM	Devaloka Day Sravana*Avani

Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 15 Sutra 152
Retreat Star		Gulika 6:54AM – 8:28AM	Uttaraphalguni Until 8:53PM	Ganesha: Purple <i>Sunrise:</i> 5:20AM Muruga: White <i>Sunset:</i> 5:51PM
Kanya Rasi: 2.28	Tithi 1	Yama 2:43PM – 4:17PM	Subha Until 5:09PM	Sobhana 5125
		556626573 Rahu 10:02AM – 11:35AM	Kintughna Until 9:44AM	Moon 8 - Phase 21 - 15 Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:45PM	Sivaloka Day Bhadrapada*Avani
Until 8:53PM				
Then Creative Work - Amrita Yoga				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Saturday, September 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Portland, ME
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153
 Kanya Rasi: 14.29 Tithi 2 **Gulika 5:21AM – 6:54AM** **Hasta Until 11:30PM** **Ganesha: Light Blue Sunrise: 5:21AM** Sobhana 5125
 566626573 **Rahu 8:28AM – 10:02AM** Sukla Until 5:39PM **Muruga: White Sunset: 5:49PM** Moon 8 - Phase 22 - 16
 Routine Work Marana Yoga **Nataraja: White** 3rd Phase
Dvitiya Until 12:38AM Sun Moon – Green **Sivaloka Day**
Bhadrapada*Avani

2 Sunday, September 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, ME
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154
 Kanya Rasi: 26.37 Tithi 3 **Gulika 2:41PM – 4:14PM** **Chitra Until 1:37AM Mon** **Ganesha: Light Blue Sunrise: 5:22AM** Sobhana 5125
 566626573 **Rahu 4:14PM – 5:48PM** Brahma Until 5:56PM **Muruga: White Sunset: 5:49PM** Moon 8 - Phase 22 - 17
 Creative Work Siddha Yoga **Nataraja: White** 3rd Phase
 Until 1:37AM Mon **Taitila Until 1:28PM** Moon – Green **Sivaloka Day**
 Then Creative Work - Amrita Yoga **Tritiya Until 2:09AM Mon** **Bhadrapada*Puratasi**

3 Monday, September 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Portland, ME
 Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 155
 Tula Rasi: 8.55 Tithi 4 **Gulika 1:07PM – 2:40PM** **Svati Until 3:08AM Tue** **Ganesha: Purple Sunrise: 5:23AM** Sobhana 5125
Family Home Evening 567626573 **Rahu 6:56AM – 8:29AM** Indra Until 5:53PM **Muruga: White Sunset: 5:46PM** Moon 8 - Phase 22 - 18
 Creative Work Amrita Yoga **Nataraja: White** 3rd Phase
 Until 3:08AM Tue **Ganesha Chaturthi** **Chaturthi* Until 3:14AM Tue** Moon – Green **Sivaloka Day**
 Then Routine Work - Marana Yoga **Bhadrapada*Puratasi**

4 Tuesday, September 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, ME
 Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156
 Tula Rasi: 21.25 Tithi 5 **Gulika 11:34AM – 1:07PM** **Vishakha Until 4:28AM Wed** **Ganesha: Clear Sunrise: 5:24AM** Sobhana 5125
 577626573 **Rahu 2:39PM – 4:11PM** Vaidhriti* Until 5:26PM **Muruga: White Sunset: 5:44PM** Moon 8 - Phase 22 - 19
 Routine Work Marana Yoga **Nataraja: White** 3rd Phase
 Until 4:28AM Wed **Bava Until 3:36PM** Moon – Orange **Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Panchami Until 3:47AM Wed** **Bhadrapada*Puratasi**

5 Wednesday, September 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Portland, ME
 Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157
 Vrishchika Rasi: 4.08 Tithi 6 **Gulika 10:02AM – 11:34AM** **Anuradha Until 5:04AM Thu** **Ganesha: Clear Sunrise: 5:25AM** Sobhana 5125
 577626573 **Rahu 11:34AM – 1:06PM** Vishkambha* Until 4:34PM **Muruga: White Sunset: 5:42PM** Moon 8 - Phase 22 - 20
 Creative Work Siddha Yoga **Nataraja: White** 3rd Phase
 Until 5:04AM Thu **Kaulava Until 3:52PM** Moon – Orange **Subha Sivaloka Day**
 Then Routine Work - Prabalarishta Yoga **Shashthi* Until 3:45AM Thu** **Bhadrapada*Puratasi**

6 Thursday, September 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Portland, ME
 Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158
 Vrishchika Rasi: 17.1 Tithi 7 **Gulika 8:30AM – 10:02AM** **Jyeshtha* Until 4:54AM Fri** **Ganesha: Clear Sunrise: 5:26AM** Sobhana 5125
 577626573 **Rahu 1:05PM – 2:37PM** Priti Until 3:13PM **Muruga: White Sunset: 5:40PM** Moon 8 - Phase 22 - 21
 Routine Work Prabalarishta Yoga **Nataraja: White** 3rd Phase
 Until 4:54AM Fri **Gara Until 3:31PM** Moon – Orange **Subha Sivaloka Day**
 Then Creative Work - Amrita Yoga **Saptami Until 3:05AM Fri** **Bhadrapada*Puratasi**

Friday, September 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, ME
Retreat Star Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159
 Dhanus Rasi: 0.31 Tithi 8 **Gulika 6:59AM – 8:30AM** **Mula* Until 4:24AM Sat** **Ganesha: White Sunrise: 5:27AM** Sobhana 5125
 587626573 **Rahu 10:02AM – 11:33AM** Ayushman Until 1:20PM **Muruga: White Sunset: 5:38PM** Moon 8 - Phase 22 - 22
 Creative Work Amrita Yoga **Nataraja: White** Ashtami
 Until 4:24AM Sat **Visti Until 2:32PM** Moon – Light Blue **Sivaloka Day**
 Then Creative Work - Siddha Yoga **Ashtami* Until 1:47AM Sat** **Bhadrapada*Puratasi**

Saturday, September 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Portland, ME
Retreat Star Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160
 Dhanus Rasi: 14.14 Tithi 9 **Gulika 5:29AM – 7:00AM** **Purvashadha* Until 3:10AM Sun** **Ganesha: White Sunrise: 5:29AM** Sobhana 5125
 587626573 **Rahu 8:31AM – 10:02AM** Saubhagya Until 10:58AM **Muruga: White Sunset: 5:37PM** Moon 8 - Phase 22 - 23
 Creative Work Siddha Yoga **Nataraja: White** Navami
 Until 3:10AM Sun **Balava Until 12:55PM** Moon – Light Blue **Sivaloka Day**
 Then Creative Work - Amrita Yoga **Navami* Until 11:52PM** **Bhadrapada*Puratasi**

1 Sunday, September 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 24 Sutra 161
Dhanus Rasi: 28.2	Tithi 10	Gulika 2:34PM – 4:04PM	Uttarashadha Until 1:15AM Mon	Ganesha: White <i>Sunrise:</i> 5:30AM Muruga: White <i>Sunset:</i> 5:35PM
		Yama 11:32AM – 1:03PM	Sobhana Until 8:08AM	Moon 8 - Phase 23 - 24
	587626573	Rahu 4:04PM – 5:35PM	Taitila Until 10:44AM	4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:25PM	Sivaloka Day Bhadrapada*Puratasi

2 Monday, September 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, ME Sun 25 Sutra 162
Makara Rasi: 12.47	Tithi 11	Gulika 1:02PM – 2:32PM	Shravana Until 11:11PM	Ganesha: White <i>Sunrise:</i> 5:31AM Muruga: White <i>Sunset:</i> 5:33PM
Family Home Evening		Yama 10:02AM – 11:32AM	Sukarma Until 1:15AM Tue	Moon 8 - Phase 23 - 25
Creative Work	Amrita Yoga	Rahu 7:01AM – 8:31AM	Vanija Until 8:02AM	4th Phase
Until 11:11PM			Ekadashi Until 6:31PM	Subha Subha Sivaloka Day Bhadrapada*Puratasi
Then Creative Work - Siddha Yoga				

3 Tuesday, September 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 163
Makara Rasi: 27.32	Tithi 12 – 13	Gulika 11:32AM – 1:01PM	Dhanishtha Until 8:41PM	Ganesha: White <i>Sunrise:</i> 5:32AM Muruga: White <i>Sunset:</i> 5:31PM
		Yama 8:32AM – 10:02AM	Dhriti Until 9:24PM	Moon 8 - Phase 23 - 26
	598626573	Rahu 2:31PM – 4:01PM	Kaulava Until 1:36AM Wed	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:17PM	Subha Subha Sivaloka Day Bhadrapada*Puratasi
Until 8:41PM				
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	

4 Wednesday, September 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 27 Sutra 164
Kumbha Rasi: 12.28	Tithi 13 – 14	Gulika 10:02AM – 11:31AM	Shatabhishak Until 5:53PM	Ganesha: White <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 5:29PM
		Yama 7:03AM – 8:32AM	Shula* Until 5:25PM	Moon 8 - Phase 23 - 27
	598626573	Rahu 11:31AM – 1:01PM	Gara Until 10:08PM	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:51AM	Subha Subha Sivaloka Day Bhadrapada*Puratasi
Until 5:53PM		Chidambaram Abhishekam		
Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi		

Thursday, September 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada*/Uttaraproshtpada Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturdashii/Purnimayam Titau		Portland, ME Sun 28 Sutra 165
Kumbha Rasi: 27.29	Tithi 14 – 15	Gulika 8:33AM – 10:02AM	Purvaproshtpada* Until 3:21PM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM Muruga: White <i>Sunset:</i> 5:28PM
		Yama 5:34AM – 7:03AM	Ganda* Until 1:26PM	Moon 8 - Phase 23 -
	618626573	Rahu 1:00PM – 2:29PM	Visti Until 6:42PM	Purnima
Creative Work	Siddha Yoga		Chaturdashii* Until 8:23AM	Subha Sivaloka Day Bhadrapada*Puratasi

Friday, September 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtpada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 29 Sutra 166
Meena Rasi: 12.26	Tithi 16	Gulika 7:04AM – 8:33AM	Uttaraproshtpada Until 12:50PM	Ganesha: Yellow <i>Sunrise:</i> 5:35AM Muruga: White <i>Sunset:</i> 5:26PM
		Yama 2:28PM – 3:57PM	Vridhi Until 9:35AM	Moon 8 - Phase 23 -
	618626573	Rahu 10:02AM – 11:31AM	Balava Until 3:26PM	Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:55AM Sat	Subha Sivaloka Day Bhadrapada*Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

Saturday, September 30, 2023
Gold Retreat Star

Meena Rasi: 27.1 Tithi 17
 Routine Work Prabalarishta Yoga
 Until 10:31AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 5:37AM – 7:05AM
 Yama 12:59PM – 2:27PM
Rahu 8:33AM – 10:02AM

Revati Until 10:31AM
 Vyaghata* Until 2:43AM Sun
 Taitila Until 12:32PM
Dvitiya Until 11:14PM

Ganesha: Yellow Sunrise: 5:37AM
Muruga: White Sunset: 5:24PM
Nataraja: White
 Moon – Clear
Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sutra 167
 Sobhana 5125
 Moon 9 - Phase 24 - 1st Phase

1 Sunday, October 1, 2023

Mesha Rasi: 11.34 Tithi 18
 Creative Work Siddha Yoga
 Until 8:57AM
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 2:26PM – 3:54PM
 Yama 11:30AM – 12:58PM
Rahu 3:54PM – 5:22PM

Ashvini Until 8:57AM
 Harshana Until 11:58PM
 Vanija Until 10:07AM
Tritiya Until 9:07PM

Ganesha: Clear Sunrise: 5:38AM
Muruga: White Sunset: 5:22PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 1 Sutra 168
 Sobhana 5125
 Moon 9 - Phase 24 - 1st Phase

2 Monday, October 2, 2023

Mesha Rasi: 25.35 Tithi 19
Family Home Evening
 Creative Work Siddha Yoga
 Until 7:53AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:57PM – 2:25PM
 Yama 10:02AM – 11:30AM
Rahu 7:07AM – 8:34AM

Bharani Until 7:53AM
 Vajra* Until 9:45PM
 Bava Until 8:20AM
Chaturthi* Until 7:42PM

Ganesha: Clear Sunrise: 5:39AM
Muruga: White Sunset: 5:20PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 2 Sutra 169
 Sobhana 5125
 Moon 9 - Phase 24 - 2 1st Phase

3 Tuesday, October 3, 2023

Vrishabha Rasi: 9.08 Tithi 20
 Creative Work Siddha Yoga
 Until 7:23AM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:29AM – 12:57PM
 Yama 8:35AM – 10:02AM
Rahu 2:24PM – 3:51PM

Krittika Until 7:23AM
 Siddhi Until 8:10PM
 Kaulava Until 7:17AM
Panchami Until 7:03PM

Ganesha: Clear Sunrise: 5:40AM
Muruga: White Sunset: 5:19PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 3 Sutra 170
 Sobhana 5125
 Moon 9 - Phase 24 - 3 1st Phase

4 Wednesday, October 4, 2023

Vrishabha Rasi: 22.16 Tithi 21
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:02AM – 11:29AM
 Yama 7:08AM – 8:35AM
Rahu 11:29AM – 12:56PM

Rohini Until 7:58AM
 Vyatipata* Until 7:14PM
 Gara Until 7:03AM
Shashthi* Until 7:12PM

Ganesha: Purple Sunrise: 5:41AM
Muruga: White Sunset: 5:17PM
Nataraja: White
 Moon – Yellow
Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 4 Sutra 171
 Sobhana 5125
 Moon 9 - Phase 24 - 4 1st Phase

5 Thursday, October 5, 2023

Mithuna Rasi: 5 Tithi 22
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:35AM – 10:02AM
 Yama 5:42AM – 7:09AM
Rahu 12:55PM – 2:22PM

Mrigashira Until 9:10AM
 Variyan Until 6:52PM
 Visti Until 7:36AM
Saptami Until 8:07PM

Ganesha: Clear Sunrise: 5:42AM
Muruga: White Sunset: 5:15PM
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 5 Sutra 172
 Sobhana 5125
 Moon 9 - Phase 24 - 5 1st Phase

Friday, October 6, 2023
Retreat Star

Mithuna Rasi: 17.25 Tithi 23
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:10AM – 8:36AM
 Yama 2:21PM – 3:47PM
Rahu 10:02AM – 11:28AM

Ardra Until 10:53AM
 Parigha* Until 7:00PM
 Balava Until 8:51AM
Ashtami* Until 9:42PM

Ganesha: Clear Sunrise: 5:43AM
Muruga: White Sunset: 5:13PM
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 6 Sutra 173
 Sobhana 5125
 Moon 9 - Phase 24 - 6 Ashtami

Saturday, October 7, 2023
Retreat Star

Mithuna Rasi: 29.35 Tithi 24
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:45AM – 7:11AM
 Yama 12:54PM – 2:20PM
Rahu 8:36AM – 10:02AM

Punarvasu Until 1:28PM
 Shiva Until 7:33PM
 Taitila Until 10:42AM
Navami* Until 11:45PM

Ganesha: Purple Sunrise: 5:45AM
Muruga: White Sunset: 5:12PM
Nataraja: White
 Moon – Blue
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Portland, ME
 Sun 7 Sutra 174
 Sobhana 5125
 Moon 9 - Phase 24 - 7 Navami


1	Sunday, October 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Sun 8	Sutra 175
	Kataka Rasi: 11.34	Tithi 25	Gulika 2:19PM – 3:44PM	Pushya Until 4:14PM
		649726574	Yama 11:28AM – 12:53PM	Siddha Until 8:19PM
	Creative Work	Siddha Yoga	Rahu 3:44PM – 5:10PM	Vanija Until 12:56PM
		Dashami Until 2:07AM Mon	Ganesh: Purple Sunrise: 5:46AM	Muruga: White Sunset: 5:10PM
			Nataraja: Clear	Moon – Blue
			Subha Sivaloka Day	
			Bhadrapada*Puratasi	

2	Monday, October 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Sun 9	Sutra 176
	Kataka Rasi: 23.28	Tithi 26	Gulika 12:53PM – 2:18PM	Ashlesha* Until 7:02PM
	Family Home Evening	641726574	Yama 10:02AM – 11:28AM	Sadhya Until 9:13PM
	Creative Work	Siddha Yoga	Rahu 7:12AM – 8:37AM	Bava Until 3:23PM
		Ekadashi* Until 4:37AM Tue	Ganesh: Blue Sunrise: 5:47AM	Muruga: White Sunset: 5:08PM
			Nataraja: Clear	Moon – Blue
			Subha Sivaloka Day	
			Bhadrapada*Puratasi	
			Then Routine Work - Marana Yoga	

3	Tuesday, October 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sun 10	Sutra 177
	Simha Rasi: 5.19	Tithi 27	Gulika 11:27AM – 12:52PM	Magha* Until 10:11PM
		651726574	Yama 8:38AM – 10:02AM	Subha Until 10:08PM
	Creative Work	Siddha Yoga	Rahu 2:17PM – 3:42PM	Kaulava Until 5:53PM
		Dvadashi* Until 7:04AM Wed	Ganesh: Red Sunrise: 5:48AM	Muruga: White Sunset: 5:06PM
			Nataraja: Clear	Moon – Red
			Sivaloka Day	
			Bhadrapada*Puratasi	

4	Wednesday, October 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Sun 11	Sutra 178
	Simha Rasi: 17.12	Tithi 27 – 28	Gulika 10:03AM – 11:27AM	Purvaphalguni Until 1:02AM Thu
		651726574	Yama 7:14AM – 8:38AM	Sukla Until 10:55PM
	Creative Work	Amrita Yoga	Rahu 11:27AM – 12:51PM	Gara Until 8:16PM
		Dvadashi* Until 7:04AM	Ganesh: Red Sunrise: 5:49AM	Muruga: White Sunset: 5:05PM
			Nataraja: Clear	Moon – Red
			Sivaloka Day	
			Bhadrapada*Puratasi	
			Pradosha Vrata (Fasting)	

5	Thursday, October 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Sun 12	Sutra 179
	Simha Rasi: 29.08	Tithi 28 – 29	Gulika 8:39AM – 10:03AM	Uttaraphalguni Until 3:27AM Fri
		651726574	Yama 5:51AM – 7:15AM	Brahma Until 11:31PM
		Amrita Yoga	Rahu 12:51PM – 2:15PM	Visti Until 10:24PM
		Trayodashi* Until 9:21AM	Ganesh: Red Sunrise: 5:51AM	Muruga: White Sunset: 5:03PM
			Nataraja: Clear	Moon – Red
			Sivaloka Day	
			Bhadrapada*Puratasi	

	Friday, October 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Sun 13	Sutra 180
	Retreat Star	Kanya Rasi: 11.11	Tithi 29 – 30	Gulika 7:15AM – 8:39AM
		661726574	Yama 2:14PM – 3:38PM	Hasta Until 5:52AM Sat
	Creative Work	Amrita Yoga	Rahu 10:03AM – 11:27AM	Indra Until 11:52PM
		Chaturdashi* Until 11:19AM	Ganesh: Yellow Sunrise: 5:52AM	Muruga: White Sunset: 5:01PM
			Nataraja: Clear	Moon – Green
			Sivaloka Day	
			Bhadrapada*Puratasi	
			Mahalaya Amavasai (Tamil Nadu)	
			Then Routine Work - Marana Yoga	

	Saturday, October 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sun 14	Sutra 181
	Retreat Star	Kanya Rasi: 23.23	Tithi 30 – 1	Gulika 5:53AM – 7:16AM
		661726574	Yama 12:50PM – 2:13PM	Chitra Until 7:41AM Sun
	Routine Work	Marana Yoga	Rahu 8:40AM – 10:03AM	Vaidhriti* Until 11:52PM
		Amavasya* Until 12:54PM	Ganesh: Yellow Sunrise: 5:53AM	Muruga: White Sunset: 5:00PM
			Nataraja: Clear	Moon – Green
			Sivaloka Day	
			Ashvina*Puratasi	
			Navaratri Begins	
			Then Creative Work - Siddha Yoga	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Sunday, October 15, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Portland, ME
 Sun 15 Sutra 182
 Tula Rasi: 5.47 Tithi 1 – 2 661726574 **Gulika** 2:12PM – 3:35PM **Chitra** Until 7:41AM **Ganesha:** Yellow *Sunrise:* 5:54AM **Muruga:** White *Sunset:* 4:58PM Moon 9 - Phase 26 - 15
 Creative Work Siddha Yoga **Rahu** 3:35PM – 4:58PM Vishkambha* Until 11:31PM **Nataraja:** Clear 3rd Phase
 Balava Until 2:27AM Mon **Prathama*** Until 2:02PM **Ashvina*Puratasi** **Sivaloka Day**

2 Monday, October 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
 Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Portland, ME
 Sun 16 Sutra 183
 Tula Rasi: 18.22 Tithi 2 – 3 661726574 **Gulika** 12:48PM – 2:11PM **Svati** Until 8:54AM **Ganesha:** Yellow *Sunrise:* 5:55AM **Muruga:** White *Sunset:* 4:56PM Moon 9 - Phase 26 - 16
Family Home Evening **Rahu** 7:18AM – 8:41AM Priti Until 10:50PM **Nataraja:** Clear 3rd Phase
 Creative Work Amrita Yoga Taitila Until 2:53AM Tue **Ashvina*Puratasi** **Sivaloka Day**
 Until 8:54AM **Dvitiya** Until 2:43PM
 Then Routine Work - Marana Yoga

3 Tuesday, October 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Portland, ME
 Sun 17 Sutra 184
 Vrishchika Rasi: 1.11 Tithi 3 – 4 671726574 **Gulika** 11:26AM – 12:48PM **Vishakha** Until 9:58AM **Ganesha:** Red *Sunrise:* 5:57AM **Muruga:** White *Sunset:* 4:55PM Moon 9 - Phase 26 - 17
 Routine Work Marana Yoga **Rahu** 2:10PM – 3:32PM Ayushman Until 9:45PM **Nataraja:** Clear 3rd Phase
 Until 9:58AM **Tritiya** Until 2:55PM **Ashvina*Aipasi** **Sivaloka Day**
 Then Creative Work - Siddha Yoga

4 Wednesday, October 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Portland, ME
 Sun 18 Sutra 185
 Vrishchika Rasi: 14.13 Tithi 4 – 5 671726574 **Gulika** 10:04AM – 11:25AM **Anuradha** Until 10:27AM **Ganesha:** Red *Sunrise:* 5:58AM **Muruga:** White *Sunset:* 4:53PM Moon 9 - Phase 26 - 18
 Creative Work Siddha Yoga **Rahu** 11:25AM – 12:47PM Saubhagya Until 8:19PM **Nataraja:** Clear 3rd Phase
 Bava Until 2:23AM Thu **Ashvina*Aipasi** **Sivaloka Day**
Chaturthi* Until 2:40PM

5 Thursday, October 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau Portland, ME
 Sun 19 Sutra 186
 Vrishchika Rasi: 27.29 Tithi 5 – 6 671726574 **Gulika** 8:42AM – 10:04AM **Jyeshtha*** Until 10:20AM **Ganesha:** Red *Sunrise:* 5:59AM **Muruga:** White *Sunset:* 4:51PM Moon 9 - Phase 26 - 19
 Routine Work Prabalarishta Yoga **Rahu** 12:47PM – 2:08PM Sobhana Until 6:34PM **Nataraja:** Clear 3rd Phase
 Until 10:20AM **Kaulava** Until 1:29AM Fri **Ashvina*Aipasi** **Sivaloka Day**
 Then Creative Work - Siddha Yoga **Panchami** Until 1:58PM

6 Friday, October 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Portland, ME
 Sun 20 Sutra 187
 Dhanus Rasi: 10.59 Tithi 6 – 7 682726574 **Gulika** 7:22AM – 8:43AM **Mula*** Until 10:07AM **Ganesha:** Yellow *Sunrise:* 6:00AM **Muruga:** White *Sunset:* 4:50PM Moon 9 - Phase 26 - 20
 Creative Work Amrita Yoga **Rahu** 10:04AM – 11:25AM Athiganda* Until 4:28PM **Nataraja:** Clear 3rd Phase
 Until 10:07AM **Gara** Until 12:11AM Sat **Ashvina*Aipasi** **Sivaloka Day**
 Then Routine Work - Prabalarishta Yoga **Shashthi*** Until 12:52PM

Saturday, October 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Portland, ME
 Sun 21 Sutra 188
 Dhanus Rasi: 24.43 Tithi 7 – 8 682726574 **Gulika** 6:02AM – 7:22AM **Purvashadha*** Until 9:21AM **Ganesha:** Yellow *Sunrise:* 6:02AM **Muruga:** White *Sunset:* 4:48PM Moon 9 - Phase 26 - 21
 Creative Work Siddha Yoga **Rahu** 8:43AM – 10:04AM Sukarma Until 2:04PM **Nataraja:** Clear Ashtami
 Until 9:21AM **Visti** Until 10:30PM **Ashvina*Aipasi** **Sivaloka Day**
 Then Routine Work - Marana Yoga **Durga Ashtami** **Saptami** Until 11:22AM

Sunday, October 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Portland, ME
 Sun 22 Sutra 189
 Makara Rasi: 8.41 Tithi 8 – 9 682726574 **Gulika** 2:06PM – 3:26PM **Uttarashadha** Until 8:05AM **Ganesha:** Yellow *Sunrise:* 6:03AM **Muruga:** White *Sunset:* 4:47PM Moon 9 - Phase 26 - 22
 Creative Work Amrita Yoga **Rahu** 3:26PM – 4:47PM Dhriti Until 11:22AM **Nataraja:** Clear Navami
Saraswathi Puja (Tamil Nadu) Balava Until 8:27PM **Ashvina*Aipasi** **Sivaloka Day**
Ashtami* Until 9:30AM

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21


www.gurudeva.org/panchang

Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 190	
1	Makara Rasi: 22.52 Tithi 9 – 10 Family Home Evening Creative Work Amrita Yoga Until 6:45AM Then Creative Work - Siddha Yoga	Gulika 12:45PM – 2:05PM Yama 10:04AM – 11:25AM Rahu 7:24AM – 8:44AM Vijaya Dasami	Shravana Until 6:45AM Shula* Until 8:23AM Taitila Until 6:06PM Navami* Until 7:17AM	Ganesha: White <i>Sunrise:</i> 6:04AM Muruga: White <i>Sunset:</i> 4:45PM Nataraja: Clear Moon – Purple Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 23 4th Phase Devaloka Day
Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 191	
2	Kumbha Rasi: 7.15 Tithi 11 Routine Work Marana Yoga Until 2:55AM Wed Then Creative Work - Amrita Yoga	Gulika 11:24AM – 12:44PM Yama 8:45AM – 10:05AM Rahu 2:04PM – 3:24PM	Shatabhishak Until 2:55AM Wed Vriddhi Until 1:50AM Wed Vanija Until 3:30PM Ekadashi Until 2:07AM Wed	Ganesha: White <i>Sunrise:</i> 6:05AM Muruga: White <i>Sunset:</i> 4:44PM Nataraja: Clear Moon – Purple Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 24 4th Phase Devaloka Day
Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 192	
3	Kumbha Rasi: 21.46 Tithi 12 Creative Work Amrita Yoga Until 1:00AM Thu Then Creative Work - Siddha Yoga	Gulika 10:05AM – 11:24AM Yama 7:26AM – 8:45AM Rahu 11:24AM – 12:44PM	Purvaproshtapada* Until 1:00AM Thu Dhruva Until 10:22PM Bava Until 12:44PM Dvadashi Until 11:19PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM Muruga: White <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Clear Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 25 4th Phase Devaloka Day
Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 193	
4	Meena Rasi: 6.22 Tithi 13 Creative Work Siddha Yoga	Gulika 8:46AM – 10:05AM Yama 6:08AM – 7:27AM Rahu 12:43PM – 2:02PM	Uttaraproshtapada Until 10:57PM Vyaghata* Until 6:54PM Kaulava Until 9:55AM Trayodashi Until 8:31PM	Ganesha: Purple <i>Sunrise:</i> 6:08AM Muruga: White <i>Sunset:</i> 4:41PM Nataraja: Clear Moon – Clear Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 26 4th Phase Devaloka Day
<i>Pradosha Vrata</i>					
Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 194	
5	Meena Rasi: 20.55 Tithi 14 – 15 Creative Work Siddha Yoga Until 8:54PM Then Creative Work - Amrita Yoga	Gulika 7:28AM – 8:47AM Yama 2:02PM – 3:20PM Rahu 10:05AM – 11:24AM	Revati Until 8:54PM Harshana Until 3:32PM Gara Until 7:10AM Chaturdashi* Until 5:50PM	Ganesha: Purple <i>Sunrise:</i> 6:09AM Muruga: White <i>Sunset:</i> 4:39PM Nataraja: Clear Moon – Clear Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - 27 4th Phase Devaloka Day
Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 195	
○	Copper Retreat Star Mesha Rasi: 5.22 Tithi 15 – 16 Creative Work Siddha Yoga	Gulika 6:10AM – 7:29AM Yama 12:43PM – 2:01PM Rahu 8:47AM – 10:06AM	Ashvini Until 7:24PM Vajra* Until 12:21PM Balava Until 2:21AM Sun Purnima* Until 3:25PM	Ganesha: Clear <i>Sunrise:</i> 6:10AM Muruga: White <i>Sunset:</i> 4:38PM Nataraja: Clear Moon – White Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - Purnima Sivaloka Day
Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 196	
○	Silver Retreat Star Mesha Rasi: 19.34 Tithi 16 – 17 Routine Work Prabalarishta Yoga Until 6:10PM Then Creative Work - Siddha Yoga	Gulika 2:00PM – 3:18PM Yama 11:24AM – 12:42PM Rahu 3:18PM – 4:36PM	Bharani Until 6:10PM Siddhi Until 9:28AM Taitila Until 12:34AM Mon Prathama* Until 1:23PM	Ganesha: Clear <i>Sunrise:</i> 6:12AM Muruga: White <i>Sunset:</i> 4:36PM Nataraja: Clear Moon – White Ashvina•Aipasi	Sobhana 5125 Moon 9 - Phase 27 - Prathama Sivaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

	Monday, October 30, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vyatipata*Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Portland, ME
	Gold Retreat Star	Gulika 12:42PM – 1:59PM	Krittika Until 5:20PM	Sun 1 Sutra 197
Vrishabha Rasi: 3.28	Tithi 17 – 18	Yama 10:06AM – 11:24AM	Ganesha: White <i>Sunrise:</i> 6:13AM	Sobhana 5125
Family Home Evening	622826574	Rahu 7:31AM – 8:48AM	Muruga: White <i>Sunset:</i> 4:35PM	Moon 10 - Phase 28 - 1
Routine Work Marana Yoga		Vanija Until 11:22PM	Nataraja: Clear	1st Phase
Until 5:20PM		Dvitiya Until 11:52AM	Moon – White	Subha Sivaloka Day
Then Creative Work - Amrita Yoga			Ashvina•Aipasi	

1	Tuesday, October 31, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau		Portland, ME
		Gulika 11:24AM – 12:41PM	Rohini Until 5:26PM	Sun 2 Sutra 198
Vrishabha Rasi: 17	Tithi 18 – 19	Yama 8:49AM – 10:06AM	Ganesha: Yellow <i>Sunrise:</i> 6:14AM	Sobhana 5125
622826574		Rahu 1:59PM – 3:16PM	Muruga: White <i>Sunset:</i> 4:34PM	Moon 10 - Phase 28 - 2
Creative Work Amrita Yoga		Bava Until 10:51PM	Nataraja: Clear	1st Phase
Until 5:26PM		Tritiya Until 11:00AM	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga			Ashvina•Aipasi	

2	Wednesday, November 1, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Portland, ME
		Gulika 10:07AM – 11:24AM	Mrigashira Until 6:06PM	Sun 3 Sutra 199
Mithuna Rasi: 0.1	Tithi 19 – 20	Yama 7:33AM – 8:50AM	Ganesha: Yellow <i>Sunrise:</i> 6:16AM	Sobhana 5125
632826574		Rahu 11:24AM – 12:41PM	Muruga: White <i>Sunset:</i> 4:32PM	Moon 10 - Phase 28 - 3
Creative Work Siddha Yoga		Shiva Until 2:42AM Thu	Nataraja: Clear	1st Phase
		Kaulava Until 11:03PM	Moon – Yellow	Sivaloka Day
		Chaturthi* Until 10:50AM	Ashvina•Aipasi	

3	Thursday, November 2, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau		Portland, ME
		Gulika 8:50AM – 10:07AM	Ardra Until 7:18PM	Sun 4 Sutra 200
Mithuna Rasi: 12.58	Tithi 20 – 21	Yama 6:17AM – 7:34AM	Ganesha: White <i>Sunrise:</i> 6:17AM	Sobhana 5125
632826574		Rahu 12:41PM – 1:57PM	Muruga: White <i>Sunset:</i> 4:31PM	Moon 10 - Phase 28 - 4
Routine Work Marana Yoga		Siddha Until 2:22AM Fri	Nataraja: Clear	1st Phase
Until 7:18PM		Gara Until 11:58PM	Moon – Yellow	Devaloka Day
Then Creative Work - Amrita Yoga		Panchami Until 11:24AM	Ashvina•Aipasi	

4	Friday, November 3, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Portland, ME
		Gulika 7:35AM – 8:51AM	Punarvasu Until 9:28PM	Sun 5 Sutra 201
Mithuna Rasi: 25.26	Tithi 21 – 22	Yama 1:57PM – 3:13PM	Ganesha: Yellow <i>Sunrise:</i> 6:18AM	Sobhana 5125
643826574		Rahu 10:07AM – 11:24AM	Muruga: White <i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 - 5
Creative Work Siddha Yoga		Sadhya Until 2:32AM Sat	Nataraja: Clear	1st Phase
Until 9:28PM		Visti Until 1:33AM Sat	Moon – Blue	Sivaloka Day
Then Routine Work - Marana Yoga		Shashthi* Until 12:40PM	Ashvina•Aipasi	

D	Saturday, November 4, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Portland, ME
	Retreat Star	Gulika 6:19AM – 7:36AM	Pushya Until 11:59PM	Sun 6 Sutra 202
Kataka Rasi: 7.38	Tithi 22 – 23	Yama 12:40PM – 1:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:19AM	Sobhana 5125
643826574		Rahu 8:52AM – 10:08AM	Muruga: White <i>Sunset:</i> 4:28PM	Moon 10 - Phase 28 - 6
Creative Work Siddha Yoga		Balava Until 3:39AM Sun	Nataraja: Clear	Ashtami
Until 11:59PM		Saptami Until 2:31PM	Moon – Blue	Sivaloka Day
Then Routine Work - Marana Yoga			Ashvina•Aipasi	

S	Sunday, November 5, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Portland, ME
	Retreat Star	Gulika 1:55PM – 3:11PM	Ashlesha* Until 2:40AM Mon	Sun 7 Sutra 203
Kataka Rasi: 19.4	Tithi 23 – 24	Yama 11:24AM – 12:40PM	Ganesha: Yellow <i>Sunrise:</i> 6:21AM	Sobhana 5125
643826574		Rahu 3:11PM – 4:27PM	Muruga: White <i>Sunset:</i> 4:27PM	Moon 10 - Phase 28 - 7
Creative Work Siddha Yoga		Sukla Until 3:52AM Mon	Nataraja: Clear	Navami
Until 2:40AM Mon		Taitila Until 6:04AM Mon	Moon – Blue	Sivaloka Day
Then Routine Work - Marana Yoga		Ashtami* Until 4:48PM	Ashvina•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau		Portland, ME Sun 8 Sutra 204	
Simha Rasi: 1.33	Tithi 24	Gulika	12:39PM – 1:55PM	Magha* Until 5:50AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	Sobhana 5125
Family Home Evening	653826574	Yama	10:08AM – 11:24AM	Brahma Until 4:45AM Tue	Muruga: White	<i>Sunset:</i> 4:26PM	Moon 10 - Phase 29 - 8
Routine Work	Marana Yoga	Rahu	7:38AM – 8:53AM	Taitila Until 6:04AM	Nataraja: Clear		2nd Phase
Until 5:50AM Tue				Navami* Until 7:19PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga					Ashvina•Aipasi		
2		Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, ME Sun 9 Sutra 205	
Simha Rasi: 13.25	Tithi 25	Gulika	11:24AM – 12:39PM	Purvaphalguni Until 8:45AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sobhana 5125
	753826574	Yama	8:54AM – 10:09AM	Indra Until 5:36AM Wed	Muruga: White	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 29 - 9
Creative Work	Siddha Yoga	Rahu	1:54PM – 3:09PM	Vanija Until 8:37AM	Nataraja: Clear		2nd Phase
Until 8:45AM Wed				Dashami Until 9:50PM	Moon – Red		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashvina•Aipasi		
3		Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 10 Sutra 206	
Simha Rasi: 25.17	Tithi 26	Gulika	10:09AM – 11:24AM	Purvaphalguni Until 8:45AM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sobhana 5125
	753826574	Yama	7:39AM – 8:54AM	Vaidhriti* Until 6:13AM Thu	Muruga: White	<i>Sunset:</i> 4:24PM	Moon 10 - Phase 29 - 10
Creative Work	Amrita Yoga	Rahu	11:24AM – 12:39PM	Bava Until 11:03AM	Nataraja: Clear		2nd Phase
Until 11:13AM				Ekadashi* Until 12:09AM Thu	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		
4		Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, ME Sun 11 Sutra 207	
Kanya Rasi: 7.17	Tithi 27	Gulika	8:55AM – 10:10AM	Uttaraphalguni Until 11:13AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Sobhana 5125
	753826574	Yama	6:26AM – 7:40AM	Vaidhriti* Until 6:13AM	Muruga: White	<i>Sunset:</i> 4:22PM	Moon 10 - Phase 29 - 11
Amrita Yoga		Rahu	12:39PM – 1:53PM	Kaulava Until 1:11PM	Nataraja: Clear		2nd Phase
Until 11:13AM				Dvadashi* Until 2:04AM Fri	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		
5		Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 12 Sutra 208	
Kanya Rasi: 19.26	Tithi 28	Gulika	7:41AM – 8:56AM	Hasta Until 1:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Sobhana 5125
	763826574	Yama	1:53PM – 3:07PM	Vishkambha* Until 6:32AM	Muruga: White	<i>Sunset:</i> 4:21PM	Moon 10 - Phase 29 - 12
Creative Work	Amrita Yoga	Rahu	10:10AM – 11:24AM	Gara Until 2:52PM	Nataraja: Clear		2nd Phase
Until 1:36PM				Trayodashi* Until 3:28AM Sat	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi		<i>Pradosha Vrata (Fasting)</i>	Ashvina•Aipasi		
6		Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 13 Sutra 209	
Tula Rasi: 1.49	Tithi 29	Gulika	6:29AM – 7:42AM	Chitra Until 3:16PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Sobhana 5125
	763826574	Yama	12:38PM – 1:52PM	Priti Until 6:27AM	Muruga: White	<i>Sunset:</i> 4:20PM	Moon 10 - Phase 29 - 13
Routine Work	Marana Yoga	Rahu	8:56AM – 10:10AM	Visti Until 3:58PM	Nataraja: Clear		2nd Phase
Until 3:16PM				Chaturdashi* Until 4:16AM Sun	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day			Ashvina•Aipasi		
7		Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 14 Sutra 210	
Tula Rasi: 14.27	Tithi 30	Gulika	1:52PM – 3:05PM	Svati Until 4:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Sobhana 5125
	763826574	Yama	11:24AM – 12:38PM	Saubhagya Until 4:52AM Mon	Muruga: White	<i>Sunset:</i> 4:19PM	Moon 10 - Phase 29 - 14
Creative Work	Siddha Yoga	Rahu	3:05PM – 4:19PM	Catuspada Until 4:28PM	Nataraja: Clear		Amavasya
Until 4:12PM				Amavasya* Until 4:28AM Mon	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		
8		Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 15 Sutra 211	
Tula Rasi: 27.23	Tithi 1	Gulika	12:38PM – 1:51PM	Vishakha Until 4:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Sobhana 5125
Family Home Evening	773826574	Yama	10:11AM – 11:25AM	Sobhana Until 3:25AM Tue	Muruga: White	<i>Sunset:</i> 4:18PM	Moon 10 - Phase 29 - 15
Routine Work	Marana Yoga	Rahu	7:44AM – 8:58AM	Kintughna Until 4:22PM	Nataraja: Clear		Prathama
Until 4:52PM				Prathama* Until 4:06AM Tue	Moon – Orange		Devaloka Day
Then Creative Work - Siddha Yoga		Skanda Shasthi Begins			Karttika•Aipasi		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 16 Sutra 212	
Vrischika Rasi: 10.35	Tithi 2	Gulika 11:25AM – 12:38PM	Anuradha Until 4:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Sobhana 5125	
		Yama 8:59AM – 10:12AM	Athiganda* Until 1:34AM Wed	Muruga: White	<i>Sunset:</i> 4:17PM	Moon 10 - Phase 30 - 16	
		773826574 Rahu 1:51PM – 3:04PM	Balava Until 3:45PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 3:15AM Wed	Moon – Orange		Devaloka Day	
Until 4:52PM				Kartika*Aipasi			
Then Routine Work - Marana Yoga							
2		Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, ME Sun 17 Sutra 213	
Vrischika Rasi: 24.04	Tithi 3	Gulika 10:12AM – 11:25AM	Jyeshtha* Until 4:18PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Sobhana 5125	
		Yama 7:46AM – 8:59AM	Sukarma Until 11:24PM	Muruga: White	<i>Sunset:</i> 4:16PM	Moon 10 - Phase 30 - 17	
		773826574 Rahu 11:25AM – 12:38PM	Taitila Until 2:42PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 2:01AM Thu	Moon – Orange		Devaloka Day	
Until 4:18PM				Kartika*Aipasi			
Then Routine Work - Marana Yoga							
3		Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		Portland, ME Sun 18 Sutra 214	
Dhanus Rasi: 7.44	Tithi 4	Gulika 9:00AM – 10:13AM	Mula* Until 3:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM	Sobhana 5125	
		Yama 6:35AM – 7:48AM	Dhriti Until 9:01PM	Muruga: White	<i>Sunset:</i> 4:15PM	Moon 10 - Phase 30 - 18	
		784826574 Rahu 12:38PM – 1:50PM	Vanija Until 1:18PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:29AM Fri	Moon – Light Blue		Sivaloka Day	
				Kartika*Kartikai			
4		Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 19 Sutra 215	
Dhanus Rasi: 21.36	Tithi 5	Gulika 7:49AM – 9:01AM	Purvashadha* Until 2:42PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Sobhana 5125	
		Yama 1:50PM – 3:02PM	Shula* Until 6:25PM	Muruga: White	<i>Sunset:</i> 4:14PM	Moon 10 - Phase 30 - 19	
		784826575 Rahu 10:13AM – 11:25AM	Bava Until 11:39AM	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		Panchami Until 10:44PM	Moon – Light Blue		Subha Sivaloka Day	
Until 2:42PM				Kartika*Kartikai			
Then Routine Work - Marana Yoga							
5		Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, ME Sun 20 Sutra 216	
Makara Rasi: 5.35	Tithi 6	Gulika 6:38AM – 7:50AM	Uttarashadha Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Sobhana 5125	
		Yama 12:38PM – 1:50PM	Ganda* Until 3:43PM	Muruga: White	<i>Sunset:</i> 4:14PM	Moon 10 - Phase 30 - 20	
		784826575 Rahu 9:02AM – 10:14AM	Kaulava Until 9:49AM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 8:51PM	Moon – Light Blue		Subha Sivaloka Day	
Until 1:24PM		Skanda Shasthi		Kartika*Kartikai			
Then Creative Work - Siddha Yoga							
6		Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 21 Sutra 217	
Makara Rasi: 19.38	Tithi 7	Gulika 1:49PM – 3:01PM	Shravana Until 12:17PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	Sobhana 5125	
		Yama 11:26AM – 12:37PM	Vridhi Until 12:56PM	Muruga: White	<i>Sunset:</i> 4:13PM	Moon 10 - Phase 30 - 21	
		794826575 Rahu 3:01PM – 4:13PM	Gara Until 7:53AM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Saptami Until 6:52PM	Moon – Purple		Subha Subha Sivaloka Day	
Until 12:17PM				Kartika*Kartikai			
Then Routine Work - Marana Yoga							
Retreat Star		Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 22 Sutra 218	
Kumbha Rasi: 3.45	Tithi 8 – 9	Gulika 12:37PM – 1:49PM	Dhanishtha Until 10:56AM	Ganesha: White	<i>Sunrise:</i> 6:40AM	Sobhana 5125	
Family Home Evening		Yama 10:14AM – 11:26AM	Dhruva Until 10:05AM	Muruga: White	<i>Sunset:</i> 4:12PM	Moon 10 - Phase 30 - 22	
		794826575 Rahu 7:52AM – 9:03AM	Balava Until 3:48AM Tue	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 4:49PM	Moon – Purple		Subha Subha Sivaloka Day	
				Kartika*Kartikai			
Retreat Star		Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, ME Sun 23 Sutra 219	
Kumbha Rasi: 17.53	Tithi 9 – 10	Gulika 11:26AM – 12:37PM	Shatabhishak Until 9:25AM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Sobhana 5125	
		Yama 9:04AM – 10:15AM	Vyaghata* Until 7:12AM	Muruga: White	<i>Sunset:</i> 4:11PM	Moon 10 - Phase 30 - 23	
		794826575 Rahu 1:49PM – 3:00PM	Taitila Until 1:43AM Wed	Nataraja: Purple		Navami	
Routine Work	Marana Yoga		Navami* Until 2:44PM	Moon – Purple		Subha Subha Sivaloka Day	
				Kartika*Kartikai			


If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Portland, ME
	Meena Rasi: 2.02	Tithi 10 – 11	Gulika 10:16AM – 11:26AM Yama 7:54AM – 9:05AM 714826575 Rahu 11:26AM – 12:37PM	Purvaproshtapada* Until 8:11AM Vajra* Until 1:26AM Thu Vanija Until 11:39PM Dashami Until 12:40PM	Ganesha: White <i>Sunrise:</i> 6:43AM Muruga: White <i>Sunset:</i> 4:10PM Nataraja: Purple Moon – Clear	Sun 24 Sutra 220 Sobhana 5125 Moon 10 - Phase 31 - 24 4th Phase Subha Subha Sivaloka Day Karttika*Karttikai
	Creative Work	Amrita Yoga				
	Until 8:11AM					
	Then Creative Work - Siddha Yoga					

2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Portland, ME
	Meena Rasi: 16.1	Tithi 11 – 12	Gulika 9:05AM – 10:16AM Yama 6:44AM – 7:55AM 714826575 Rahu 12:38PM – 1:48PM	Uttaraproshtapada Until 6:50AM Siddhi Until 10:37PM Bava Until 9:39PM Ekadashi Until 10:37AM	Ganesha: White <i>Sunrise:</i> 6:44AM Muruga: White <i>Sunset:</i> 4:10PM Nataraja: Purple Moon – Clear	Sun 25 Sutra 221 Sobhana 5125 Moon 10 - Phase 31 - 25 4th Phase Subha Subha Sivaloka Day Karttika*Karttikai
	Creative Work	Siddha Yoga				

3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Portland, ME
	Mesha Rasi: 0.14	Tithi 12 – 13	Gulika 7:55AM – 9:06AM Yama 1:48PM – 2:59PM 724926575 Rahu 10:17AM – 11:27AM	Ashvini Until 4:27AM Sat Vyatipata* Until 7:56PM Kaulava Until 7:48PM Dvadashi Until 8:41AM	Ganesha: Purple <i>Sunrise:</i> 6:45AM Muruga: White <i>Sunset:</i> 4:09PM Nataraja: Purple Moon – White	Sun 26 Sutra 222 Sobhana 5125 Moon 10 - Phase 31 - 26 4th Phase Sivaloka Day Karttika*Karttikai
	Creative Work	Amrita Yoga				
	Until 4:27AM Sat					
	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyani/Parigha* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau			Portland, ME
	Mesha Rasi: 14.13	Tithi 13 – 14	Gulika 6:46AM – 7:56AM Yama 12:38PM – 1:48PM 724926575 Rahu 9:07AM – 10:17AM	Bharani Until 3:35AM Sun Varyani Until 5:22PM Gara Until 6:09PM Trayodashi Until 6:55AM	Ganesha: Purple <i>Sunrise:</i> 6:46AM Muruga: White <i>Sunset:</i> 4:09PM Nataraja: Purple Moon – White	Sun 27 Sutra 223 Sobhana 5125 Moon 10 - Phase 31 - 27 4th Phase Sivaloka Day Karttika*Karttikai
	Creative Work	Siddha Yoga				

	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau			Portland, ME
	Copper Retreat Star		Gulika 1:48PM – 2:58PM Yama 11:28AM – 12:38PM 724926575 Rahu 2:58PM – 4:08PM	Krittika Until 2:55AM Mon Parigha* Until 3:05PM Visti Until 4:48PM Purnima* Until 4:16AM Mon	Ganesha: Purple <i>Sunrise:</i> 6:47AM Muruga: White <i>Sunset:</i> 4:08PM Nataraja: Purple Moon – White	Sun 28 Sutra 224 Sobhana 5125 Moon 10 - Phase 31 - Purnima Sivaloka Day Karttika*Karttikai
	Creative Work	Siddha Yoga				
	Until 2:55AM Mon					
	Then Creative Work - Amrita Yoga					

Silver Retreat Star	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau			Portland, ME
	Vrishabha Rasi: 11.38	Tithi 16	Gulika 12:38PM – 1:48PM Yama 10:18AM – 11:28AM 734926575 Rahu 7:58AM – 9:08AM	Rohini Until 3:00AM Tue Shiva Until 1:07PM Balava Until 3:53PM Prathama* Until 3:35AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:49AM Muruga: White <i>Sunset:</i> 4:08PM Nataraja: Purple Moon – Yellow	Sun 29 Sutra 225 Sobhana 5125 Moon 10 - Phase 31 - Prathama Subha Sivaloka Day Karttika*Karttikai
	Creative Work	Amrita Yoga				
	Until 3:00AM Tue					
	Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

Tuesday, November 28, 2023
Gold Retreat Star

Vrishabha Rasi: 24.58 Tithi 17
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
 Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:28AM – 12:38PM
Mrigashira Until 3:28AM Wed

Yama 9:09AM – 10:19AM
 Siddha Until 11:31AM

734926575 **Rahu 1:48PM – 2:57PM**
 Taitila Until 3:28PM

Ganesha: Clear *Sunrise: 6:50AM*
Muruga: White *Sunset: 4:07PM* Moon 11 - Phase 32 - 1st Phase
Nataraja: Purple
 Moon – Yellow **Subha Sivaloka Day**
Karttika-Karttikai

1
Wednesday, November 29, 2023

Mithuna Rasi: 8.01 Tithi 18
 Creative Work Siddha Yoga
 Until 4:21AM Thu
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
 Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:19AM – 11:29AM
Ardra Until 4:21AM Thu

Yama 8:00AM – 9:10AM
 Sadhya Until 10:23AM

735926575 **Rahu 11:29AM – 12:38PM**
 Vanija Until 3:38PM

Tritiya Until 3:56AM Thu

Ganesha: Purple *Sunrise: 6:51AM*
Muruga: White *Sunset: 4:07PM* Moon 11 - Phase 32 - 1st Phase
Nataraja: Purple
 Moon – Yellow **Subha Subha Sivaloka Day**
Karttika-Karttikai

2
Thursday, November 30, 2023

Mithuna Rasi: 20.46 Tithi 19
 Creative Work Amrita Yoga
 Until 6:10AM Fri
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
 Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:11AM – 10:20AM
Punarvasu Until 6:10AM Fri

Yama 6:52AM – 8:01AM
 Subha Until 9:44AM

745926575 **Rahu 12:38PM – 1:48PM**
 Bava Until 4:26PM

Chaturthi* Until 5:02AM Fri

Ganesha: Clear *Sunrise: 6:52AM*
Muruga: White *Sunset: 4:06PM* Moon 11 - Phase 32 - 2 1st Phase
Nataraja: Purple
 Moon – Blue **Subha Sivaloka Day**
Karttika-Karttikai

3
Friday, December 1, 2023

Kataka Rasi: 3.14 Tithi 20
 Creative Work Siddha Yoga
 Until 6:10AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:02AM – 9:11AM
Punarvasu Until 6:10AM

Yama 1:48PM – 2:57PM
 Sukla Until 9:31AM

745926575 **Rahu 10:20AM – 11:29AM**
 Kaulava Until 5:51PM

Panchami Until 6:44AM Sat

Ganesha: Clear *Sunrise: 6:53AM*
Muruga: White *Sunset: 4:06PM* Moon 11 - Phase 32 - 3 1st Phase
Nataraja: Purple
 Moon – Blue **Subha Sivaloka Day**
Karttika-Karttikai

4
Saturday, December 2, 2023

Kataka Rasi: 15.28 Tithi 20 – 21
 Creative Work Siddha Yoga
 Until 8:23AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:54AM – 8:03AM
Pushya Until 8:23AM

Yama 12:39PM – 1:48PM
 Brahma Until 9:46AM

745926575 **Rahu 9:12AM – 10:21AM**
 Gara Until 7:48PM

Panchami Until 6:44AM

Ganesha: Clear *Sunrise: 6:54AM*
Muruga: White *Sunset: 4:06PM* Moon 11 - Phase 32 - 4 1st Phase
Nataraja: Purple
 Moon – Blue **Subha Sivaloka Day**
Karttika-Karttikai

5
Sunday, December 3, 2023

Kataka Rasi: 27.29 Tithi 21 – 22
 Creative Work Siddha Yoga
 Until 10:53AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Shastamyam Titau

Gulika 1:48PM – 2:56PM
Ashlesha* Until 10:53AM

Yama 11:30AM – 12:39PM
 Indra Until 10:23AM

745926575 **Rahu 2:56PM – 4:05PM**
 Visti Until 10:11PM

Shashthi* Until 8:56AM

Ganesha: Clear *Sunrise: 6:55AM*
Muruga: White *Sunset: 4:05PM* Moon 11 - Phase 32 - 5 1st Phase
Nataraja: Purple
 Moon – Blue **Subha Sivaloka Day**
Karttika-Karttikai

Monday, December 4, 2023
Retreat Star

Simha Rasi: 9.22 Tithi 22 – 23
Family Home Evening
 Routine Work Marana Yoga
 Until 2:01PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 12:39PM – 1:48PM
Magha* Until 2:01PM

Yama 10:22AM – 11:31AM
 Vaidhriti* Until 11:12AM

755926575 **Rahu 8:05AM – 9:13AM**
 Balava Until 12:47AM Tue

Saptami Until 11:27AM

Ganesha: White *Sunrise: 6:56AM*
Muruga: White *Sunset: 4:05PM* Moon 11 - Phase 32 - 6 Ashtami
Nataraja: Purple
 Moon – Red **Subha Subha Sivaloka Day**
Karttika-Karttikai

Tuesday, December 5, 2023
Retreat Star

Simha Rasi: 21.12 Tithi 23 – 24
 Creative Work Siddha Yoga
 Until 5:03PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:31AM – 12:40PM
Purvaphalguni Until 5:03PM

Yama 9:14AM – 10:23AM
 Vishkambha* Until 12:06PM

755936575 **Rahu 1:48PM – 2:56PM**
 Taitila Until 3:21AM Wed

Ashtami* Until 2:04PM

Ganesha: White *Sunrise: 6:57AM*
Muruga: Clear *Sunset: 4:05PM* Moon 11 - Phase 32 - 7 Navami
Nataraja: Purple
 Moon – Red **Subha Sivaloka Day**
Karttika-Karttikai

1		Wednesday, December 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, ME Sun 8 Sutra 234	
Kanya Rasi: 3.04	Tithi 24 – 25	Gulika 10:23AM – 11:31AM	Uttaraphalguni Until 7:44PM	Ganesha: White	Sunrise: 6:58AM	Moon 11 - Phase 33 - 8	Sobhana 5125
	755936575	Yama 8:07AM – 9:15AM	Priti Until 12:55PM	Muruga: Clear	Sunset: 4:05PM		
		Rahu 11:31AM – 12:40PM	Vanija Until 5:38AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Navami* Until 4:31PM	Moon – Red		Subha Sivaloka Day	
Until 7:44PM						Karttika*Karttikai	
Then Routine Work - Marana Yoga							
2		Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Dashamyam Titau		Portland, ME Sun 9 Sutra 235	
Kanya Rasi: 15.03	Tithi 25	Gulika 9:16AM – 10:24AM	Hasta Until 10:21PM	Ganesha: Yellow	Sunrise: 6:59AM	Moon 11 - Phase 33 - 9	Sobhana 5125
	765936575	Yama 6:59AM – 8:07AM	Ayushman Until 1:26PM	Muruga: Clear	Sunset: 4:05PM		
		Rahu 12:40PM – 1:48PM	Visti Until 6:35PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:35PM	Moon – Green		Sivaloka Day	
Until 10:21PM						Karttika*Karttikai	
Then Creative Work - Siddha Yoga							
3		Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 10 Sutra 236	
Kanya Rasi: 27.14	Tithi 26	Gulika 8:08AM – 9:16AM	Chitra Until 12:12AM Sat	Ganesha: White	Sunrise: 7:00AM	Moon 11 - Phase 33 - 10	Sobhana 5125
	766936575	Yama 1:48PM – 2:56PM	Saubhagya Until 1:32PM	Muruga: Clear	Sunset: 4:05PM		
		Rahu 10:24AM – 11:32AM	Bava Until 7:25AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:02PM	Moon – Green		Devaloka Day	
						Karttika*Karttikai	
4		Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Portland, ME Sun 11 Sutra 237	
Tula Rasi: 9.42	Tithi 27	Gulika 7:01AM – 8:09AM	Svati Until 1:11AM Sun	Ganesha: White	Sunrise: 7:01AM	Moon 11 - Phase 33 - 11	Sobhana 5125
	766936575	Yama 12:41PM – 1:49PM	Sobhana Until 1:06PM	Muruga: Clear	Sunset: 4:04PM		
		Rahu 9:17AM – 10:25AM	Kaulava Until 8:30AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:45PM	Moon – Green		Devaloka Day	
Until 1:11AM Sun						Karttika*Karttikai	
Then Routine Work - Marana Yoga							
5		Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 12 Sutra 238	
Tula Rasi: 22.31	Tithi 28	Gulika 1:49PM – 2:57PM	Vishakha Until 1:44AM Mon	Ganesha: Green	Sunrise: 7:02AM	Moon 11 - Phase 33 - 12	Sobhana 5125
	776936575	Yama 11:33AM – 12:41PM	Athiganda* Until 12:04PM	Muruga: Clear	Sunset: 4:04PM		
		Rahu 2:57PM – 4:04PM	Gara Until 8:50AM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:42PM	Moon – Orange		Devaloka Day	
Until 1:44AM Mon						Karttika*Karttikai	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				
6		Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 13 Sutra 239	
Vrischika Rasi: 5.41	Tithi 29	Gulika 12:41PM – 1:49PM	Anuradha Until 1:27AM Tue	Ganesha: Green	Sunrise: 7:03AM	Moon 11 - Phase 33 - 13	Sobhana 5125
Family Home Evening	776936575	Yama 10:26AM – 11:34AM	Sukarma Until 10:28AM	Muruga: Clear	Sunset: 4:05PM		
Creative Work	Siddha Yoga	Rahu 8:11AM – 9:18AM	Visti Until 8:25AM	Nataraja: Purple			2nd Phase
Until 1:27AM Tue			Chaturdashi* Until 7:56PM	Moon – Orange		Devaloka Day	
Then Routine Work - Marana Yoga						Karttika*Karttikai	
Retreat Star		Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 14 Sutra 240	
Vrischika Rasi: 19.16	Tithi 30	Gulika 11:34AM – 12:42PM	Jyeshtha* Until 12:26AM Wed	Ganesha: Green	Sunrise: 7:04AM	Moon 11 - Phase 33 - 14	Sobhana 5125
	776936575	Yama 9:19AM – 10:27AM	Dhriti Until 8:21AM	Muruga: Clear	Sunset: 4:05PM		
		Rahu 1:49PM – 2:57PM	Catuspada Until 7:19AM	Nataraja: Purple			Amavasya
Routine Work	Marana Yoga		Amavasya* Until 6:32PM	Moon – Orange		Devaloka Day	
						Karttika*Karttikai	
Retreat Star		Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 15 Sutra 241	
Dhanus Rasi: 3.1	Tithi 1 – 2	Gulika 10:27AM – 11:35AM	Mula* Until 11:15PM	Ganesha: White	Sunrise: 7:05AM	Moon 11 - Phase 33 - 15	Sobhana 5125
	786936575	Yama 8:12AM – 9:20AM	Ganda* Until 2:52AM Thu	Muruga: Clear	Sunset: 4:05PM		
		Rahu 11:35AM – 12:42PM	Balava Until 3:35AM Thu	Nataraja: Purple			Prathama
Routine Work	Marana Yoga		Prathama* Until 4:39PM	Moon – Light Blue		Devaloka Day	
Until 11:15PM						Margasira*Karttikai	
Then Creative Work - Amrita Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1 Thursday, December 14, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Portland, ME
 Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 242

Dhanus Rasi: 17.19 Tithi 2 – 3
 786937575 **Gulika 9:20AM – 10:28AM** **Purvashadha* Until 9:38PM** **Ganesha: White** Sunrise: 7:05AM Sobhana 5125
 Yama 7:05AM – 8:13AM Vriddhi Until 11:45PM **Muruga: White** Sunset: 4:05PM Moon 11 - Phase 34 - 16
Rahu 12:43PM – 1:50PM Taitila Until 1:14AM Fri **Nataraja: Purple** 3rd Phase
 Creative Work Siddha Yoga **Moon – Light Blue** **Sivaloka Day**
 Until 9:38PM **Margasira*Karttikai**
 Then Routine Work - Marana Yoga

2 Friday, December 15, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, ME
 Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 17 Sutra 243

Makara Rasi: 1.4 Tithi 3 – 4
 787937575 **Gulika 8:14AM – 9:21AM** **Uttarashadha Until 7:44PM** **Ganesha: Clear** Sunrise: 7:06AM Sobhana 5125
 Yama 1:50PM – 2:58PM Dhruva Until 8:30PM **Muruga: White** Sunset: 4:05PM Moon 11 - Phase 34 - 17
Rahu 10:28AM – 11:36AM Vanija Until 10:45PM **Nataraja: Purple** 3rd Phase
 Routine Work Marana Yoga **Moon – Light Blue** **Subha Sivaloka Day**
Margasira*Karttikai

3 Saturday, December 16, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Portland, ME
 Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 244

Makara Rasi: 16.04 Tithi 4 – 5
 897937575 **Gulika 7:07AM – 8:14AM** **Shravana Until 6:05PM** **Ganesha: Clear** Sunrise: 7:07AM Sobhana 5125
 Yama 12:43PM – 1:51PM Vyaghata* Until 5:15PM **Muruga: White** Sunset: 4:05PM Moon 11 - Phase 34 - 18
Rahu 9:22AM – 10:29AM Bava Until 8:16PM **Nataraja: Purple** 3rd Phase
 Creative Work Siddha Yoga **Moon – Purple** **Subha Sivaloka Day**
Markali Pillaiyar **Chaturthi* Until 9:29AM** **Margasira*Markali**

4 Sunday, December 17, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, ME
 Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau Sun 19 Sutra 245

Kumbha Rasi: 0.28 Tithi 5 – 6
 897937575 **Gulika 1:51PM – 2:59PM** **Dhanishtha Until 4:23PM** **Ganesha: Clear** Sunrise: 7:08AM Sobhana 5125
 Yama 11:37AM – 12:44PM Harshana Until 2:04PM **Muruga: White** Sunset: 4:06PM Moon 11 - Phase 34 - 19
Rahu 2:59PM – 4:06PM Taitila Until 4:44AM Mon **Nataraja: Purple** 3rd Phase
 Routine Work Marana Yoga **Moon – Purple** **Subha Sivaloka Day**
 Until 4:23PM **Margasira*Markali**
 Then Creative Work - Siddha Yoga **Vinayaga Viratam Ends**

5 Monday, December 18, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Portland, ME
 Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 246

Kumbha Rasi: 14.45 Tithi 7
 897137575 **Gulika 12:44PM – 1:52PM** **Shatabhishak Until 2:42PM** **Ganesha: Red** Sunrise: 7:08AM Sobhana 5125
 Yama 10:30AM – 11:37AM Vajra* Until 11:00AM **Muruga: White** Sunset: 4:06PM Moon 11 - Phase 34 - 20
Rahu 8:15AM – 9:23AM Gara Until 3:40PM **Nataraja: Purple** 3rd Phase
 Creative Work Siddha Yoga **Moon – Purple** **Subha Sivaloka Day**
 Until 2:42PM **Margasira*Markali**
 Then Routine Work - Marana Yoga

Retreat Star Tuesday, December 19, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, ME
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 247

Kumbha Rasi: 28.55 Tithi 8
 817137575 **Gulika 11:38AM – 12:45PM** **Purvaproshtapada* Until 1:32PM** **Ganesha: Clear** Sunrise: 7:09AM Sobhana 5125
 Yama 9:23AM – 10:30AM Siddhi Until 8:07AM **Muruga: White** Sunset: 4:07PM Moon 11 - Phase 34 - 21
Rahu 1:52PM – 2:59PM Visti Until 1:41PM **Nataraja: Purple** Ashtami
 Routine Work Marana Yoga **Moon – Clear** **Subha Sivaloka Day**
 Until 1:32PM **Margasira*Markali**
 Then Creative Work - Amrita Yoga

Retreat Star Wednesday, December 20, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Portland, ME
 Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 248

Meena Rasi: 12.54 Tithi 9
 817137575 **Gulika 10:31AM – 11:38AM** **Uttaraproshtapada Until 12:29PM** **Ganesha: Clear** Sunrise: 7:09AM Sobhana 5125
 Yama 8:17AM – 9:24AM Variyan Until 2:58AM Thu **Muruga: White** Sunset: 4:07PM Moon 11 - Phase 34 - 22
Rahu 11:38AM – 12:45PM Balava Until 11:57AM **Nataraja: Purple** Navami
 Creative Work Siddha Yoga **Moon – Clear** **Subha Sivaloka Day**
 Until 12:29PM **Margasira*Markali**
 Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1		Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Pangha* Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 23 Sutra 249	
Meena Rasi: 26.44	Tithi 10	817137575	Gulika 9:24AM – 10:31AM Yama 7:10AM – 8:17AM Rahu 12:46PM – 1:53PM	Revati Until 11:32AM Parigha* Until 12:42AM Fri Taitila Until 10:29AM Dashami Until 9:50PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – Clear	Sunrise: 7:10AM Sunset: 4:07PM	Moon 11 - Phase 35 - 23 4th Phase
Creative Work Siddha Yoga Until 11:32AM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali			
2		Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, ME Sun 24 Sutra 250	
Mesha Rasi: 10.25	Tithi 11	828137575	Gulika 8:18AM – 9:25AM Yama 1:54PM – 3:01PM Rahu 10:32AM – 11:39AM	Ashvini Until 11:08AM Shiva Until 10:40PM Vanija Until 9:17AM Ekadashi Until 8:46PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 7:10AM Sunset: 4:08PM	Moon 11 - Phase 35 - 24 4th Phase
Creative Work Amrita Yoga Until 11:08AM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali			
3		Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau		Portland, ME Sun 25 Sutra 251	
Mesha Rasi: 23.56	Tithi 12	828137575	Gulika 7:11AM – 8:18AM Yama 12:47PM – 1:54PM Rahu 9:25AM – 10:32AM	Bharani Until 10:51AM Siddha Until 8:48PM Bava Until 8:21AM Dvodashi Until 7:58PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 7:11AM Sunset: 4:08PM	Moon 11 - Phase 35 - 25 4th Phase
Creative Work Siddha Yoga Until 10:51AM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali			
4		Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Portland, ME Sun 26 Sutra 252	
Vrishabha Rasi: 7.19	Tithi 13	828137575	Gulika 1:55PM – 3:02PM Yama 11:40AM – 12:47PM Rahu 3:02PM – 4:09PM	Krittika Until 10:42AM Sadhya Until 7:12PM Kaulava Until 7:42AM Trayodashi Until 7:28PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 7:11AM Sunset: 4:09PM	Moon 11 - Phase 35 - 26 4th Phase
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Subha Sivaloka Day Margasira*Markali			
				<i>Pradosha Vrata</i>			
5		Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, ME Sun 27 Sutra 253	
Vrishabha Rasi: 20.3	Tithi 14	838137575	Gulika 12:48PM – 1:55PM Yama 10:33AM – 11:41AM Rahu 8:19AM – 9:26AM	Rohini Until 11:10AM Subha Until 5:53PM Gara Until 7:22AM Chaturdashi* Until 7:19PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 7:12AM Sunset: 4:10PM	Moon 11 - Phase 35 - 27 4th Phase
Family Home Evening Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Sivaloka Day Margasira*Markali			
		Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Portland, ME Sun 28 Sutra 254	
Mithuna Rasi: 3.31	Tithi 15	838137576	Gulika 11:41AM – 12:48PM Yama 9:27AM – 10:34AM Rahu 1:56PM – 3:03PM	Mrigashira Until 11:52AM Sukla Until 4:51PM Visti Until 7:25AM Purnima* Until 7:35PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 7:12AM Sunset: 4:10PM	Moon 11 - Phase 35 - Purnima
Creative Work Siddha Yoga Until 11:52AM Then Routine Work - Marana Yoga		Copper Retreat Star		Devaloka Day Margasira*Markali			
Wednesday, December 27, 2023		Silver Retreat Star		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 29 Sutra 255	
Mithuna Rasi: 16.19	Tithi 16	838137576	Gulika 10:34AM – 11:42AM Yama 8:20AM – 9:27AM Rahu 11:42AM – 12:49PM	Ardra Until 12:49PM Brahma Until 4:10PM Balava Until 7:54AM Prathama* Until 8:18PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 7:12AM Sunset: 4:11PM	Moon 11 - Phase 35 - Prathama
Creative Work Siddha Yoga		Andra Darshanam		Devaloka Day Margasira*Markali			

Thursday, December 28, 2023
Gold Retreat Star

Mithuna Rasi: 28.53 Tithi 17
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 9:27AM – 10:35AM
 Yama 7:13AM – 8:20AM
Rahu 12:50PM – 1:57PM
Punarvasu Until 2:34PM
 Indra Until 3:52PM
 Taitila Until 8:51AM
Dvitiya Until 9:30PM

Sun 1 Sutra 256
 Sobhana 5125
 Moon 12 - Phase 36 - 1
 1st Phase
Subha Sivaloka Day
Margasira*Markali
Ganesha: Blue Sunrise: 7:13AM
Muruga: White Sunset: 4:12PM
Nataraja: Clear
 Moon – Blue

1 Friday, December 29, 2023

Kataka Rasi: 11.15 Tithi 18
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:20AM – 9:28AM
 Yama 1:58PM – 3:05PM
Rahu 10:35AM – 11:43AM
Pushya Until 4:38PM
 Vaidhriti* Until 3:56PM
 Vanija Until 10:19AM
Tritiya Until 11:13PM

Sun 2 Sutra 257
 Sobhana 5125
 Moon 12 - Phase 36 - 2
 1st Phase
Subha Sivaloka Day
Margasira*Markali
Ganesha: Blue Sunrise: 7:13AM
Muruga: White Sunset: 4:13PM
Nataraja: Clear
 Moon – Blue

2 Saturday, December 30, 2023

Kataka Rasi: 23.24 Tithi 19
 Routine Work Marana Yoga
 Until 6:59PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Ashlesha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chatrthyam Titau

Gulika 7:13AM – 8:21AM
 Yama 12:51PM – 1:58PM
Rahu 9:28AM – 10:36AM
Ashlesha* Until 6:59PM
 Vishkambha* Until 4:22PM
 Bava Until 12:17PM
Chaturthi* Until 1:24AM Sun

Sun 3 Sutra 258
 Sobhana 5125
 Moon 12 - Phase 36 - 3
 1st Phase
Subha Sivaloka Day
Margasira*Markali
Ganesha: Blue Sunrise: 7:13AM
Muruga: White Sunset: 4:13PM
Nataraja: Clear
 Moon – Blue

3 Sunday, December 31, 2023

Simha Rasi: 5.23 Tithi 20
 Routine Work Marana Yoga
 Until 10:02PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:59PM – 3:07PM
 Yama 11:44AM – 12:51PM
Rahu 3:07PM – 4:14PM
Magha* Until 10:02PM
 Priti Until 5:06PM
 Kaulava Until 2:39PM
Panchami Until 3:55AM Mon

Sun 4 Sutra 259
 Sobhana 5125
 Moon 12 - Phase 36 - 4
 1st Phase
Sivaloka Day
Margasira*Markali
Ganesha: Red Sunrise: 7:13AM
Muruga: White Sunset: 4:14PM
Nataraja: Clear
 Moon – Red

4 Monday, January 1, 2024

Simha Rasi: 17.15 Tithi 21
Family Home Evening
 Creative Work Siddha Yoga
 Until 1:07AM Tue
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:52PM – 2:00PM
 Yama 10:37AM – 11:45AM
Rahu 8:21AM – 9:29AM
Purvaphalguni Until 1:07AM Tue
 Ayushman Until 6:00PM
 Gara Until 5:17PM
Shashthi* Until 6:37AM Tue

Sun 5 Sutra 260
 Sobhana 5125
 Moon 12 - Phase 36 - 5
 1st Phase
Sivaloka Day
Margasira*Markali
Ganesha: Red Sunrise: 7:13AM
Muruga: White Sunset: 4:16PM
Nataraja: Clear
 Moon – Red

5 Tuesday, January 2, 2024

Simha Rasi: 29.03 Tithi 21 – 22
 Creative Work Amrita Yoga
 Until 4:02AM Wed
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraaphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:45AM – 12:53PM
 Yama 9:29AM – 10:37AM
Rahu 2:01PM – 3:09PM
Uttaraaphalguni Until 4:02AM Wed
 Saubhagya Until 6:57PM
 Visti Until 7:59PM
Shashthi* Until 6:37AM

Sun 6 Sutra 261
 Sobhana 5125
 Moon 12 - Phase 36 - 6
 1st Phase
Sivaloka Day
Margasira*Markali
Ganesha: Red Sunrise: 7:13AM
Muruga: White Sunset: 4:17PM
Nataraja: Clear
 Moon – Red

Wednesday, January 3, 2024

Retreat Star

Kanya Rasi: 10.53 Tithi 22 – 23
 Routine Work Marana Yoga
 Until 7:01AM Thu
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:38AM – 11:46AM
 Yama 8:21AM – 9:30AM
Rahu 11:46AM – 12:54PM
Hasta Until 7:01AM Thu
 Sobhana Until 7:47PM
 Balava Until 10:30PM
Saptami Until 9:16AM

Sun 7 Sutra 262
 Sobhana 5125
 Moon 12 - Phase 36 - 7
 Ashtami
Subha Sivaloka Day
Margasira*Markali
Ganesha: Green Sunrise: 7:13AM
Muruga: White Sunset: 4:18PM
Nataraja: Clear
 Moon – Green

Thursday, January 4, 2024

Retreat Star

Kanya Rasi: 22.49 Tithi 23 – 24
 Routine Work Marana Yoga
 Until 7:01AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:30AM – 10:38AM
 Yama 7:13AM – 8:22AM
Rahu 12:54PM – 2:02PM
Hasta Until 7:01AM
 Athiganda* Until 8:16PM
 Taitila Until 12:32AM Fri
Ashtami* Until 11:34AM

Sun 8 Sutra 263
 Sobhana 5125
 Moon 12 - Phase 36 - 8
 Navami
Subha Sivaloka Day
Margasira*Markali
Ganesha: Green Sunrise: 7:13AM
Muruga: White Sunset: 4:19PM
Nataraja: Clear
 Moon – Green

1 Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, ME Sun 9 Sutra 264	
Tula Rasi: 4.58	Tithi 24 – 25	Gulika 8:22AM – 9:30AM	Chitra Until 9:18AM	Ganesha: Orange <i>Sunrise:</i> 7:13AM	Sobhana 5125
		Yama 2:03PM – 3:11PM	Sukarma Until 8:16PM	Muruga: White <i>Sunset:</i> 4:20PM	Moon 12 - Phase 37 - 9
861137576	Rahu 10:38AM – 11:47AM		Vanija Until 1:53AM Sat	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 1:17PM	Moon – Green	Sivaloka Day
		Subramuniyaswami Jayanti		Margasira*Markali	

2 Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 10 Sutra 265	
Tula Rasi: 17.25	Tithi 25 – 26	Gulika 7:13AM – 8:22AM	Svati Until 10:44AM	Ganesha: Orange <i>Sunrise:</i> 7:13AM	Sobhana 5125
		Yama 12:55PM – 2:04PM	Dhriti Until 7:40PM	Muruga: White <i>Sunset:</i> 4:21PM	Moon 12 - Phase 37 - 10
861137576	Rahu 9:30AM – 10:39AM		Bava Until 2:23AM Sun	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:13PM	Moon – Green	Sivaloka Day
				Margasira*Markali	

3 Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 11 Sutra 266	
Vrischika Rasi: 0.14	Tithi 26 – 27	Gulika 2:05PM – 3:13PM	Vishakha Until 11:38AM	Ganesha: Light Blue <i>Sunrise:</i> 7:13AM	Sobhana 5125
		Yama 11:47AM – 12:56PM	Shula* Until 6:21PM	Muruga: White <i>Sunset:</i> 4:22PM	Moon 12 - Phase 37 - 11
871137576	Rahu 3:13PM – 4:22PM		Kaulava Until 2:01AM Mon	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:17PM	Moon – Orange	Devaloka Day
				Margasira*Markali	

4 Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 12 Sutra 267	
Vrischika Rasi: 13.31	Tithi 27 – 28	Gulika 12:57PM – 2:05PM	Anuradha Until 11:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:13AM	Sobhana 5125
Family Home Evening		Yama 10:39AM – 11:48AM	Ganda* Until 4:24PM	Muruga: White <i>Sunset:</i> 4:23PM	Moon 12 - Phase 37 - 12
871137576	Rahu 8:22AM – 9:30AM		Gara Until 12:49AM Tue	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:30PM	Moon – Orange	Devaloka Day
				Margasira*Markali	
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 13 Sutra 268	
Vrischika Rasi: 27.16	Tithi 28 – 29	Gulika 11:48AM – 12:57PM	Jyeshtha* Until 10:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:13AM	Sobhana 5125
		Yama 9:30AM – 10:39AM	Vridhhi Until 1:51PM	Muruga: White <i>Sunset:</i> 4:24PM	Moon 12 - Phase 37 - 13
871137576	Rahu 2:06PM – 3:15PM		Visti Until 10:53PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 11:55AM	Moon – Orange	Devaloka Day
Until 10:32AM				Margasira*Markali	
Then Creative Work - Amrita Yoga					

Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 14 Sutra 269	
Retreat Star		Gulika 10:40AM – 11:49AM	Mula* Until 9:09AM	Ganesha: Purple <i>Sunrise:</i> 7:12AM	Sobhana 5125
Dhanus Rasi: 11.26	Tithi 29 – 30	Yama 8:21AM – 9:30AM	Dhruva Until 10:46AM	Muruga: White <i>Sunset:</i> 4:25PM	Moon 12 - Phase 37 - 14
881137576	Rahu 11:49AM – 12:58PM		Catuspada Until 8:24PM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 9:41AM	Moon – Light Blue	Devaloka Day
Until 9:09AM		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali	
Then Creative Work - Amrita Yoga					

Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Portland, ME Sun 15 Sutra 270	
Retreat Star		Gulika 9:30AM – 10:40AM	Purvashadha* Until 7:09AM	Ganesha: Purple <i>Sunrise:</i> 7:12AM	Sobhana 5125
Dhanus Rasi: 25.57	Tithi 30 – 1	Yama 7:12AM – 8:21AM	Vyaghata* Until 7:18AM	Muruga: White <i>Sunset:</i> 4:26PM	Moon 12 - Phase 37 - 15
881137576	Rahu 12:58PM – 2:08PM		Bava Until 3:56AM Fri	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 6:58AM	Moon – Light Blue	Devaloka Day
Until 7:09AM				Pausha*Markali	
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 16 Sutra 271	
Makara Rasi: 10.43	Tithi 2	Gulika 8:21AM – 9:30AM	Shravana Until 2:21AM Sat	Ganesha: Purple	Sunrise: 7:11AM	Sobhana 5125	
		Yama 2:08PM – 3:18PM	Vajra* Until 11:44PM	Muruga: White	Sunset: 4:27PM	Moon 12 - Phase 38 - 16	
		891237576 Rahu 10:40AM – 11:49AM	Balava Until 2:21PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:44AM Sat	Moon – Purple		Devaloka Day	
Until 2:21AM Sat				Pausha*Markali			
Then Creative Work - Siddha Yoga							
2		Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, ME Sun 17 Sutra 272	
Makara Rasi: 25.35	Tithi 3	Gulika 7:11AM – 8:21AM	Dhanishtha Until 11:54PM	Ganesha: Purple	Sunrise: 7:11AM	Sobhana 5125	
		Yama 12:59PM – 2:09PM	Siddhi Until 7:54PM	Muruga: White	Sunset: 4:29PM	Moon 12 - Phase 38 - 17	
		891237576 Rahu 9:30AM – 10:40AM	Taitila Until 11:09AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Purple		Devaloka Day	
Until 11:54PM				Pausha*Markali			
Then Creative Work - Amrita Yoga							
3		Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthiyam Titau		Portland, ME Sun 18 Sutra 273	
Kumbha Rasi: 10.25	Tithi 4	Gulika 2:10PM – 3:20PM	Shatabhishak Until 9:30PM	Ganesha: Purple	Sunrise: 7:11AM	Sobhana 5125	
		Yama 11:50AM – 1:00PM	Vyatipata* Until 4:11PM	Muruga: White	Sunset: 4:30PM	Moon 12 - Phase 38 - 18	
		891237576 Rahu 3:20PM – 4:30PM	Vanija Until 8:02AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:32PM	Moon – Purple		Devaloka Day	
		Thai Pongal		Pausha*Thai			
4		Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigaha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Portland, ME Sun 19 Sutra 274	
Kumbha Rasi: 25.04	Tithi 5 – 6	Gulika 1:01PM – 2:11PM	Purvaproshtapada* Until 7:40PM	Ganesha: Green	Sunrise: 7:10AM	Sobhana 5125	
Family Home Evening		Yama 10:40AM – 11:51AM	Variyan Until 12:41PM	Muruga: White	Sunset: 4:31PM	Moon 12 - Phase 38 - 19	
Routine Work	Marana Yoga	811237576 Rahu 8:20AM – 9:30AM	Kaulava Until 2:36AM Tue	Nataraja: Clear		3rd Phase	
Until 7:40PM			Panchami Until 3:48PM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai			
5		Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigaha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 20 Sutra 275	
Meena Rasi: 9.29	Tithi 6 – 7	Gulika 11:51AM – 1:01PM	Uttaraproshtapada Until 6:07PM	Ganesha: White	Sunrise: 7:10AM	Sobhana 5125	
		Yama 9:30AM – 10:41AM	Parigaha* Until 9:30AM	Muruga: White	Sunset: 4:32PM	Moon 12 - Phase 38 - 20	
		812237576 Rahu 2:12PM – 3:22PM	Gara Until 12:29AM Wed	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 1:28PM	Moon – Clear		Devaloka Day	
Until 6:07PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 21 Sutra 276	
Meena Rasi: 23.37	Tithi 7 – 8	Gulika 10:41AM – 11:51AM	Revati Until 4:53PM	Ganesha: White	Sunrise: 7:09AM	Sobhana 5125	
		Yama 8:20AM – 9:30AM	Shiva Until 6:41AM	Muruga: White	Sunset: 4:33PM	Moon 12 - Phase 38 - 21	
		812237576 Rahu 11:51AM – 1:02PM	Visti Until 10:52PM	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 11:36AM	Moon – Clear		Devaloka Day	
				Pausha*Thai			
Retreat Star		Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 22 Sutra 277	
Mesha Rasi: 7.25	Tithi 8 – 9	Gulika 9:30AM – 10:41AM	Ashvini Until 4:26PM	Ganesha: Yellow	Sunrise: 7:08AM	Sobhana 5125	
		Yama 7:08AM – 8:19AM	Sadhya Until 2:13AM Fri	Muruga: White	Sunset: 4:35PM	Moon 12 - Phase 38 - 22	
		822237576 Rahu 1:02PM – 2:13PM	Balava Until 9:45PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 10:14AM	Moon – White		Sivaloka Day	
Until 4:26PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang


1	Friday, January 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukra Paksha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Portland, ME Sutra 278
	Mesha Rasi: 20.56 Tithi 9 – 10	Gulika 8:19AM – 9:30AM Yama 2:14PM – 3:25PM	Bharani Until 4:19PM Subha Until 12:35AM Sat
	822237576	Rahu 10:41AM – 11:52AM	Taitila Until 9:08PM
	Creative Work Siddha Yoga	Navami* Until 9:22AM	Ganesha: Yellow Sunrise: 7:08AM Muruga: White Sunset: 4:36PM Nataraja: Clear Moon – White Sivaloka Day Pausha*Thai

2	Saturday, January 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Portland, ME Sutra 279
	Vrishabha Rasi: 4.11 Tithi 10 – 11	Gulika 7:07AM – 8:18AM Yama 1:03PM – 2:15PM	Krittika Until 4:30PM Sukla Until 11:17PM
	822237576	Rahu 9:30AM – 10:41AM	Vanija Until 8:57PM
	Creative Work Amrita Yoga	Dashami Until 8:58AM	Ganesha: Yellow Sunrise: 7:07AM Muruga: White Sunset: 4:37PM Nataraja: Clear Moon – White Sivaloka Day Pausha*Thai

3	Sunday, January 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Portland, ME Sutra 280
	Vrishabha Rasi: 17.12 Tithi 11 – 12	Gulika 2:15PM – 3:27PM Yama 11:52AM – 1:04PM	Rohini Until 5:24PM Brahma Until 10:17PM
	832237576	Rahu 3:27PM – 4:38PM	Bava Until 9:11PM
	Creative Work Siddha Yoga	Ekadashi Until 9:00AM	Ganesha: Blue Sunrise: 7:06AM Muruga: White Sunset: 4:38PM Nataraja: Clear Moon – Yellow Devaloka Day Pausha*Thai

4	Monday, January 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Portland, ME Sutra 281
	Mithuna Rasi: 0.02 Tithi 12 – 13	Gulika 1:04PM – 2:16PM Yama 10:41AM – 11:53AM	Mrigashira Until 6:30PM Indra Until 9:36PM
	832237576	Rahu 8:17AM – 9:29AM	Kaulava Until 9:48PM
	Family Home Evening Creative Work Amrita Yoga Until 6:30PM Then Creative Work - Siddha Yoga	Dvadashi Until 9:25AM	Ganesha: Blue Sunrise: 7:06AM Muruga: White Sunset: 4:40PM Nataraja: Clear Moon – Yellow Devaloka Day Pausha*Thai

5	Tuesday, January 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Portland, ME Sutra 282
	Mithuna Rasi: 12.42 Tithi 13 – 14	Gulika 11:53AM – 1:05PM Yama 9:29AM – 10:41AM	Ardra Until 7:48PM Vaidhriti* Until 9:10PM
	832237576	Rahu 2:17PM – 3:29PM	Gara Until 10:46PM
	Routine Work Marana Yoga Until 7:48PM Then Creative Work - Siddha Yoga	Trayodashi Until 10:13AM	Ganesha: Blue Sunrise: 7:05AM Muruga: White Sunset: 4:41PM Nataraja: Clear Moon – Yellow Devaloka Day Pausha*Thai

	Wednesday, January 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Portland, ME Sutra 283
	Mithuna Rasi: 25.11 Tithi 14 – 15	Gulika 10:41AM – 11:53AM Yama 8:16AM – 9:29AM	Punarvasu Until 9:47PM Vishkambha* Until 9:02PM
	842237576	Rahu 11:53AM – 1:05PM	Visti Until 12:07AM Thu
	Creative Work Siddha Yoga	Chaturdashi* Until 11:23AM	Ganesha: Red Sunrise: 7:04AM Muruga: White Sunset: 4:42PM Nataraja: Clear Moon – Blue Sivaloka Day Pausha*Thai

0	Thursday, January 25, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Portland, ME Sutra 284
	Kataka Rasi: 7.32 Tithi 15 – 16	Gulika 9:28AM – 10:41AM Yama 7:03AM – 8:16AM	Pushya Until 11:57PM Priti Until 9:11PM
	942237576	Rahu 1:06PM – 2:19PM	Balava Until 1:50AM Fri
	Creative Work Amrita Yoga Until 11:57PM Then Creative Work - Siddha Yoga	Thai Pusam Purnima* Until 12:55PM	Ganesha: Blue Sunrise: 7:03AM Muruga: White Sunset: 4:44PM Nataraja: Clear Moon – Blue Devaloka Day Pausha*Thai

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Friday, January 26, 2024
Gold Retreat Star

Kataka Rasi: 19.43 Tithi 16 – 17

942237576

Routine Work Marana Yoga
 Until 2:19AM Sat
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Ashlesha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau
Gulika 8:15AM – 9:28AM
 Yama 2:19PM – 3:32PM
Rahu 10:41AM – 11:54AM
Ashlesha* Until 2:19AM Sat
 Ayushman Until 9:35PM
 Taitila Until 3:56AM Sat
Prathama* Until 2:49PM

Ganesha: Blue *Sunrise: 7:02AM*
Muruga: White *Sunset: 4:45PM*
Nataraja: Clear
 Moon – Blue
Devaloka Day
 Pausha*Thai

Portland, ME
 Sutra 285
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

1 Saturday, January 27, 2024

Simha Rasi: 1.45 Tithi 17 – 18

952237576

Creative Work Amrita Yoga
 Until 5:19AM Sun
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 7:01AM – 8:14AM
 Yama 1:07PM – 2:20PM
Rahu 9:28AM – 10:41AM
Magha* Until 5:19AM Sun
 Saubhagya Until 10:16PM
 Vanija Until 6:21AM Sun
Dvitiya Until 5:05PM

Ganesha: Red *Sunrise: 7:01AM*
Muruga: White *Sunset: 4:46PM*
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Portland, ME
 Sun 1
 Sutra 286
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

2 Sunday, January 28, 2024

Simha Rasi: 13.4 Tithi 18

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 2:21PM – 3:34PM
 Yama 11:54AM – 1:07PM
Rahu 3:34PM – 4:48PM
Purvaphalguni Until 8:23AM Mon
 Sobhana Until 11:09PM
 Vanija Until 6:21AM
Tritiya Until 7:38PM

Ganesha: Red *Sunrise: 7:00AM*
Muruga: White *Sunset: 4:48PM*
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Portland, ME
 Sun 2
 Sutra 287
 Sobhana 5125
 Moon 13 - Phase 40 - 2nd Phase

3 Monday, January 29, 2024

Simha Rasi: 25.29 Tithi 19

953237576

Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau
Gulika 1:08PM – 2:22PM
 Yama 10:40AM – 11:54AM
Rahu 8:13AM – 9:27AM
Purvaphalguni Until 8:23AM
 Athiganda* Until 12:08AM Tue
 Bava Until 9:00AM
Chaturthi* Until 10:22PM

Ganesha: Yellow *Sunrise: 6:59AM*
Muruga: White *Sunset: 4:49PM*
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Portland, ME
 Sun 3
 Sutra 288
 Sobhana 5125
 Moon 13 - Phase 40 - 3rd Phase

4 Tuesday, January 30, 2024

Kanya Rasi: 7.16 Tithi 20

953237576

Creative Work Amrita Yoga
 Until 11:22AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraaphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 11:54AM – 1:08PM
 Yama 9:26AM – 10:40AM
Rahu 2:22PM – 3:36PM
Uttaraaphalguni Until 11:22AM
 Sukarma Until 1:07AM Wed
 Kaulava Until 11:45AM
Panchami Until 1:05AM Wed

Ganesha: Yellow *Sunrise: 6:58AM*
Muruga: White *Sunset: 4:50PM*
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Portland, ME
 Sun 4
 Sutra 289
 Sobhana 5125
 Moon 13 - Phase 40 - 4th Phase

5 Wednesday, January 31, 2024

Kanya Rasi: 19.04 Tithi 21

963237576

Routine Work Marana Yoga
 Until 2:36PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 10:40AM – 11:54AM
 Yama 8:12AM – 9:26AM
Rahu 11:54AM – 1:09PM
Hasta Until 2:36PM
 Dhriti Until 1:56AM Thu
 Gara Until 2:24PM
Shashthi* Until 3:34AM Thu

Ganesha: White *Sunrise: 6:57AM*
Muruga: White *Sunset: 4:52PM*
Nataraja: Clear
 Moon – Green
Devaloka Day
 Pausha*Thai

Portland, ME
 Sun 5
 Sutra 290
 Sobhana 5125
 Moon 13 - Phase 40 - 5th Phase

6 Thursday, February 1, 2024

Tula Rasi: 0.59 Tithi 22

963237576

Creative Work Siddha Yoga
 Until 5:19PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 9:26AM – 10:40AM
 Yama 6:57AM – 8:12AM
Rahu 1:09PM – 2:23PM
Chitra Until 5:19PM
 Shula* Until 2:24AM Fri
 Visti Until 4:41PM
Saptami Until 5:35AM Fri

Ganesha: White *Sunrise: 6:57AM*
Muruga: White *Sunset: 4:52PM*
Nataraja: Clear
 Moon – Green
Devaloka Day
 Pausha*Thai

Portland, ME
 Sun 6
 Sutra 291
 Sobhana 5125
 Moon 13 - Phase 40 - 6th Phase

Friday, February 2, 2024
Retreat Star

Tula Rasi: 13.05 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati Nakshatra Ganda* Yoga Balava Karana Ashtamyam Titau
Gulika 8:11AM – 9:25AM
 Yama 2:24PM – 3:38PM
Rahu 10:40AM – 11:55AM
Svati Until 7:19PM
 Ganda* Until 2:22AM Sat
 Balava Until 6:22PM
Ashtami* Until 6:55AM Sat

Ganesha: White *Sunrise: 6:56AM*
Muruga: White *Sunset: 4:53PM*
Nataraja: Clear
 Moon – Green
Devaloka Day
 Pausha*Thai

Portland, ME
 Sun 7
 Sutra 292
 Sobhana 5125
 Moon 13 - Phase 40 - 7th Phase

Saturday, February 3, 2024
Retreat Star

Tula Rasi: 25.28 Tithi 23 – 24

973237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 6:55AM – 8:10AM
 Yama 1:10PM – 2:25PM
Rahu 9:25AM – 10:40AM
Vishakha Until 8:52PM
 Vriddhi Until 1:43AM Sun
 Taitila Until 7:17PM
Ashtami* Until 6:55AM

Ganesha: Clear *Sunrise: 6:55AM*
Muruga: White *Sunset: 4:54PM*
Nataraja: Clear
 Moon – Orange
Sivaloka Day
 Pausha*Thai

Portland, ME
 Sun 8
 Sutra 293
 Sobhana 5125
 Moon 13 - Phase 40 - 8th Phase

1	Sunday, February 4, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Sun 9	Sutra 294
	Vrischika Rasi: 8.14 Tithi 24 – 25	Gulika 2:25PM – 3:41PM Yama 11:55AM – 1:10PM	Anuradha Until 9:24PM Dhruva Until 12:21AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:54AM Muruga: White <i>Sunset:</i> 4:56PM
	973237577	Rahu 3:41PM – 4:56PM	Vanija Until 7:17PM	Nataraja: Orange Moon – Orange
	Routine Work Marana Yoga	Navami* Until 7:23AM	Sivaloka Day Pausha*Thai	


2	Monday, February 5, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Sun 10	Sutra 295
	Vrischika Rasi: 21.26 Tithi 25 – 26	Gulika 1:10PM – 2:26PM Yama 10:39AM – 11:55AM	Jyeshtha* Until 8:55PM Vyaghata* Until 10:18PM	Ganesha: Clear <i>Sunrise:</i> 6:53AM Muruga: White <i>Sunset:</i> 4:57PM
	973237577	Rahu 8:08AM – 9:24AM	Bava Until 6:24PM	Nataraja: Orange Moon – Orange
	Family Home Evening Creative Work Siddha Yoga	Dashami Until 6:56AM	Sivaloka Day Pausha*Thai	

3	Tuesday, February 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau	Sun 11	Sutra 296
	Dhanus Rasi: 5.09 Tithi 27	Gulika 11:55AM – 1:11PM Yama 9:23AM – 10:39AM	Mula* Until 7:55PM Harshana Until 7:36PM	Ganesha: Light Blue <i>Sunrise:</i> 6:51AM Muruga: White <i>Sunset:</i> 4:59PM
	983337577	Rahu 2:27PM – 3:43PM	Kaulava Until 4:40PM	Nataraja: Orange Moon – Light Blue
	Creative Work Amrita Yoga Until 7:55PM Then Creative Work - Siddha Yoga	Dvodashi* Until 3:31AM Wed	Devaloka Day Pausha*Thai	

4	Wednesday, February 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 12	Sutra 297
	Dhanus Rasi: 19.2 Tithi 28	Gulika 10:39AM – 11:55AM Yama 8:06AM – 9:23AM	Purvashadha* Until 6:04PM Vajra* Until 4:19PM	Ganesha: Light Blue <i>Sunrise:</i> 6:50AM Muruga: White <i>Sunset:</i> 5:00PM
	983337577	Rahu 11:55AM – 1:11PM	Gara Until 2:13PM	Nataraja: Orange Moon – Light Blue
	Creative Work Amrita Yoga	Trayodashi* Until 12:46AM Thu	Devaloka Day Pausha*Thai	

Pradosha Vrata (Fasting)

5	Thursday, February 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 13	Sutra 298
	Makara Rasi: 3.58 Tithi 29	Gulika 9:22AM – 10:39AM Yama 6:49AM – 8:06AM	Uttarashadha Until 3:34PM Siddhi Until 12:37PM	Ganesha: Light Blue <i>Sunrise:</i> 6:49AM Muruga: White <i>Sunset:</i> 5:01PM
	983337577	Rahu 1:12PM – 2:28PM	Visti Until 11:13AM	Nataraja: Orange Moon – Light Blue
	Routine Work Marana Yoga Until 3:34PM Then Creative Work - Siddha Yoga	Chaturdashi* Until 9:32PM	Devaloka Day Pausha*Thai	

	Friday, February 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Vanyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 14	Sutra 299
	Retreat Star Makara Rasi: 18.56 Tithi 30	Gulika 8:05AM – 9:21AM Yama 2:29PM – 3:46PM	Shravana Until 12:59PM Vyatipata* Until 8:36AM	Ganesha: Purple <i>Sunrise:</i> 6:48AM Muruga: White <i>Sunset:</i> 5:03PM
	993337577	Rahu 10:38AM – 11:55AM	Catuspada Until 7:49AM	Nataraja: Orange Moon – Purple
	Routine Work Marana Yoga Until 12:59PM Then Creative Work - Siddha Yoga	Amavasya* Until 6:00PM	Devaloka Day Pausha*Thai	

6	Saturday, February 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sun 15	Sutra 300
	Retreat Star Kumbha Rasi: 4.04 Tithi 1 – 2	Gulika 6:46AM – 8:04AM Yama 1:12PM – 2:30PM	Dhanishtha Until 10:05AM Parigha* Until 12:10AM Sun	Ganesha: Purple <i>Sunrise:</i> 6:46AM Muruga: White <i>Sunset:</i> 5:04PM
	993337577	Rahu 9:21AM – 10:38AM	Balava Until 12:32AM Sun	Nataraja: Orange Moon – Purple
	Creative Work Siddha Yoga Until 10:05AM Then Creative Work - Amrita Yoga	Prathama* Until 2:21PM	Devaloka Day Magha*Thai	

1 Sunday, February 11, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Portland, ME
 Sun 16 Sutra 301
 Kumbha Rasi: 19.14 Tithi 2 – 3 **Gulika** 2:30PM – 3:48PM **Shatabhishak Until 7:04AM** **Ganesha:** Purple *Sunrise:* 6:45AM Sobhana 5125
 993337577 **Yama** 11:55AM – 1:13PM Shiva Until 8:03PM **Muruga:** White *Sunset:* 5:05PM Moon 13 - Phase 42 - 16
Rahu 3:48PM – 5:05PM Taitila Until 9:00PM **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 10:44AM** Moon – Purple **Devaloka Day**
Magha*Thai

2 Monday, February 12, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Portland, ME
 Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 302
 Meena Rasi: 4.16 Tithi 3 – 4 **Gulika** 1:13PM – 2:31PM **Uttaraproshtapada Until 2:07AM Tue** **Ganesha:** Orange *Sunrise:* 6:44AM Sobhana 5125
 914337577 **Yama** 10:37AM – 11:55AM Siddha Until 4:08PM **Muruga:** White *Sunset:* 5:07PM Moon 13 - Phase 42 - 17
Rahu 8:02AM – 9:19AM Visti Until 4:15AM Tue **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Tritiya Until 7:19AM** Moon – Clear **Sivaloka Day**
Magha*Thai

3 Tuesday, February 13, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, ME
 Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 303
 Meena Rasi: 19.01 Tithi 5 **Gulika** 11:55AM – 1:13PM **Revati Until 12:04AM Wed** **Ganesha:** Orange *Sunrise:* 6:42AM Sobhana 5125
 914337577 **Yama** 9:19AM – 10:37AM Sadhya Until 12:34PM **Muruga:** White *Sunset:* 5:08PM Moon 13 - Phase 42 - 18
Rahu 2:32PM – 3:50PM Bava Until 2:54PM **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Panchami Until 1:40AM Wed** Moon – Clear **Sivaloka Day**
 Until 12:04AM Wed **Magha*Masi**
 Then Routine Work - Marana Yoga

4 Wednesday, February 14, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Portland, ME
 Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau Sun 19 Sutra 304
 Mesha Rasi: 3.26 Tithi 6 **Gulika** 10:37AM – 11:55AM **Ashvini Until 10:53PM** **Ganesha:** Green *Sunrise:* 6:41AM Sobhana 5125
 924347577 **Yama** 8:00AM – 9:18AM Subha Until 9:27AM **Muruga:** Clear *Sunset:* 5:09PM Moon 13 - Phase 42 - 19
Rahu 11:55AM – 1:14PM Kaulava Until 12:37PM **Nataraja:** Orange 3rd Phase
 Routine Work Marana Yoga **Shashthi* Until 11:41PM** Moon – White **Bhuloka Day**
 Until 10:53PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Creative Work - Siddha Yoga

5 Thursday, February 15, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Portland, ME
 Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 305
 Mesha Rasi: 17.26 Tithi 7 **Gulika** 9:17AM – 10:36AM **Bharani Until 10:13PM** **Ganesha:** Green *Sunrise:* 6:40AM Sobhana 5125
 924347577 **Yama** 6:40AM – 7:58AM Sukla Until 6:49AM **Muruga:** Clear *Sunset:* 5:11PM Moon 13 - Phase 42 - 20
Rahu 1:14PM – 2:33PM Gara Until 10:58AM **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Saptami Until 10:22PM** Moon – White **Bhuloka Day**
 Until 10:13PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga

Friday, February 16, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, ME
 Kritika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 306
Retreat Star **Gulika** 7:57AM – 9:17AM **Krittika Until 10:04PM** **Ganesha:** Green *Sunrise:* 6:38AM Sobhana 5125
 Vrishabha Rasi: 1.01 Tithi 8 **Yama** 2:34PM – 3:53PM Indra Until 3:11AM Sat **Muruga:** Clear *Sunset:* 5:12PM Moon 13 - Phase 42 - 21
 924347577 **Rahu** 10:36AM – 11:55AM Visti Until 9:59AM **Nataraja:** Orange Ashtami
 Creative Work Siddha Yoga **Ashtami* Until 9:44PM** Moon – White **Bhuloka Day**
 Until 10:04PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga

Saturday, February 17, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Portland, ME
 Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 307
Retreat Star **Gulika** 6:37AM – 7:56AM **Rohini Until 10:51PM** **Ganesha:** Red *Sunrise:* 6:37AM Sobhana 5125
 Vrishabha Rasi: 14.14 Tithi 9 **Yama** 1:15PM – 2:34PM Vaidhriti* Until 2:06AM Sun **Muruga:** Clear *Sunset:* 5:13PM Moon 13 - Phase 42 - 22
 934347577 **Rahu** 9:16AM – 10:35AM Balava Until 9:41AM **Nataraja:** Orange Navami
 Creative Work Amrita Yoga **Navami* Until 9:45PM** Moon – Yellow **Devaloka Day**
 Until 10:51PM **Magha*Masi**
 Then Creative Work - Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang


1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau					Portland, ME Sun 23 Sutra 308
	Vrishabha Rasi: 27.08	Tithi 10	Gulika 2:35PM – 3:55PM	Mrigashira Until 12:03AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:35AM	Sobhana 5125
			Yama 11:55AM – 1:15PM	Vishkambha* Until 1:30AM Mon	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 13 - Phase 43 - 23
	934347577	Rahu 3:55PM – 5:15PM	Taitila Until 10:00AM	Nataraja: Orange	Moon – Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:21PM	Magha*Masi		Devaloka Day	

2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau					Portland, ME Sun 24 Sutra 309
	Mithuna Rasi: 9.46	Tithi 11	Gulika 1:15PM – 2:35PM	Ardra Until 1:34AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:34AM	Sobhana 5125
	Family Home Evening		Yama 10:35AM – 11:55AM	Priti Until 1:16AM Tue	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 13 - Phase 43 - 24
	934347577	Rahu 7:54AM – 9:14AM	Vanija Until 10:52AM	Nataraja: Orange	Moon – Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:28PM	Magha*Masi		Devaloka Day	

3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau					Portland, ME Sun 25 Sutra 310
	Mithuna Rasi: 22.11	Tithi 12	Gulika 11:55AM – 1:15PM	Punarvasu Until 3:48AM Wed	Ganesh: Blue	<i>Sunrise:</i> 6:32AM	Sobhana 5125
			Yama 9:13AM – 10:34AM	Ayushman Until 1:20AM Wed	Muruga: Clear	<i>Sunset:</i> 5:17PM	Moon 13 - Phase 43 - 25
	944347577	Rahu 2:36PM – 3:57PM	Bava Until 12:12PM	Nataraja: Orange	Moon – Blue		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:00AM Wed	Magha*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau					Portland, ME Sun 26 Sutra 311
	Kataka Rasi: 4.26	Tithi 13	Gulika 10:34AM – 11:55AM	Pushya Until 6:12AM Thu	Ganesh: Blue	<i>Sunrise:</i> 6:31AM	Sobhana 5125
			Yama 7:52AM – 9:13AM	Saubhagya Until 1:41AM Thu	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 43 - 26
	944347577	Rahu 11:55AM – 1:16PM	Kaulava Until 1:55PM	Nataraja: Orange	Moon – Blue		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:53AM Thu	Magha*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						<i>Pradosha Vrata</i>	

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau					Portland, ME Sun 27 Sutra 312
	Kataka Rasi: 16.33	Tithi 14	Gulika 9:12AM – 10:33AM	Pushya Until 6:12AM	Ganesh: Blue	<i>Sunrise:</i> 6:29AM	Sobhana 5125
			Yama 6:29AM – 7:50AM	Sobhana Until 2:16AM Fri	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 13 - Phase 43 - 27
	944347577	Rahu 1:16PM – 2:37PM	Gara Until 3:57PM	Nataraja: Orange	Moon – Blue		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:03AM Fri	Magha*Masi		Bhuloka Day	
Until 6:12AM		Chidambaram Abhishekam				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti* Karana Purnimayam Titau					Portland, ME Sun 28 Sutra 313
	Copper Retreat Star		Gulika 7:49AM – 9:11AM	Ashlesha* Until 8:43AM	Ganesh: Blue	<i>Sunrise:</i> 6:28AM	Sobhana 5125
	Kataka Rasi: 28.33	Tithi 15	Yama 2:38PM – 3:59PM	Athiganda* Until 3:00AM Sat	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 43 -
	944347577	Rahu 10:33AM – 11:54AM	Visti Until 6:15PM	Nataraja: Orange	Moon – Blue		Purnima
Routine Work	Marana Yoga		Purnima* Until 7:28AM Sat	Magha*Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Saturday, February 24, 2024	Silver Retreat Star	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau					Portland, ME Sun 29 Sutra 314
			Gulika 6:26AM – 7:48AM	Magha* Until 11:47AM	Ganesh: Yellow	<i>Sunrise:</i> 6:26AM	Sobhana 5125
	Simha Rasi: 10.28	Tithi 15 – 16	Yama 1:16PM – 2:38PM	Sukarma Until 3:54AM Sun	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 13 - Phase 43 -
	954347577	Rahu 9:10AM – 10:32AM	Balava Until 8:46PM	Nataraja: Orange	Moon – Red		Prathama
Creative Work	Amrita Yoga		Purnima* Until 7:28AM	Magha*Masi		Devaloka Day	
Until 11:47AM							
Then Creative Work - Siddha Yoga							

Sunday, February 25, 2024
Gold Retreat Star

Simha Rasi: 22.18 Tithi 16 – 17

955347577
Gulika
Yama
Rahu

2:39PM – 4:01PM
11:54AM – 1:17PM
4:01PM – 5:24PM

Purvaphalguni Until 2:50PM
Dhriti Until 4:53AM Mon
Taitila Until 11:25PM
Prathama* Until 10:04AM

Ganesh: White
Muruga: Clear
Nataraja: Orange
Moon – Red
Sunrise: 6:24AM
Sunset: 5:24PM
Magha*Masi

Sivaloka Day

Portland, ME
Sutra 315
Sobhana 5125
Moon 1 - Phase 44 - 1st Phase

Creative Work Siddha Yoga
Until 2:50PM
Then Creative Work - Amrita Yoga

Monday, February 26, 2024

1
Kanya Rasi: 4.07 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

955347577
Gulika
Yama
Rahu

1:17PM – 2:40PM
10:31AM – 11:54AM
7:46AM – 9:08AM

Uttaraphalguni Until 5:47PM
Shula* Until 5:51AM Tue
Vanija Until 2:05AM Tue
Dvitiya Until 12:44PM

Ganesh: White
Muruga: Clear
Nataraja: Orange
Moon – Red
Sunrise: 6:23AM
Sunset: 5:25PM
Magha*Masi

Sivaloka Day

Portland, ME
Sun 1
Sutra 316
Sobhana 5125
Moon 1 - Phase 44 - 1st Phase

Tuesday, February 27, 2024

2
Kanya Rasi: 15.55 Tithi 18 – 19
Creative Work Siddha Yoga

965347577
Gulika
Yama
Rahu

11:54AM – 1:17PM
9:07AM – 10:31AM
2:40PM – 4:03PM

Hasta Until 9:01PM
Ganda* Until 6:44AM Wed
Bava Until 4:40AM Wed
Tritiya Until 3:23PM

Ganesh: Clear
Muruga: Clear
Nataraja: Orange
Moon – Green
Sunrise: 6:21AM
Sunset: 5:26PM
Magha*Masi

Devaloka Day

Portland, ME
Sun 2
Sutra 317
Sobhana 5125
Moon 1 - Phase 44 - 2nd Phase

Wednesday, February 28, 2024

3
Kanya Rasi: 27.46 Tithi 19 – 20
Creative Work Siddha Yoga

965347577
Gulika
Yama
Rahu

10:30AM – 11:54AM
7:43AM – 9:07AM
11:54AM – 1:17PM

Chitra Until 11:52PM
Ganda* Until 6:44AM
Kaulava Until 6:57AM Thu
Chaturthi* Until 5:50PM

Ganesh: Clear
Muruga: Clear
Nataraja: Orange
Moon – Green
Sunrise: 6:20AM
Sunset: 5:28PM
Magha*Masi

Devaloka Day

Portland, ME
Sun 3
Sutra 318
Sobhana 5125
Moon 1 - Phase 44 - 3rd Phase

Thursday, February 29, 2024

4
Tula Rasi: 9.43 Tithi 20
Creative Work Amrita Yoga
Until 2:11AM Fri
Then Creative Work - Siddha Yoga

965347577
Gulika
Yama
Rahu

9:06AM – 10:30AM
6:18AM – 7:42AM
1:17PM – 2:41PM

Svati Until 2:11AM Fri
Vridhhi Until 7:26AM
Kaulava Until 6:57AM
Panchami Until 7:56PM

Ganesh: Clear
Muruga: Clear
Nataraja: Orange
Moon – Green
Sunrise: 6:18AM
Sunset: 5:29PM
Magha*Masi

Devaloka Day

Portland, ME
Sun 4
Sutra 319
Sobhana 5125
Moon 1 - Phase 44 - 4th Phase

Friday, March 1, 2024

5
Tula Rasi: 21.51 Tithi 21
Creative Work Siddha Yoga

975347577
Gulika
Yama
Rahu

7:39AM – 9:04AM
2:42PM – 4:07PM
10:28AM – 11:53AM

Vishakha Until 4:15AM Sat
Dhruva Until 7:45AM
Gara Until 8:48AM
Shashthi* Until 9:29PM

Ganesh: Purple
Muruga: Clear
Nataraja: Orange
Moon – Orange
Sunrise: 6:15AM
Sunset: 5:31PM
Magha*Masi

Sivaloka Day

Portland, ME
Sun 5
Sutra 320
Sobhana 5125
Moon 1 - Phase 44 - 5th Phase

Saturday, March 2, 2024

6
Vrischika Rasi: 4.14 Tithi 22
Creative Work Siddha Yoga
Until 5:28AM Sun
Then Routine Work - Marana Yoga

975447577
Gulika
Yama
Rahu

6:13AM – 7:38AM
1:18PM – 2:43PM
9:03AM – 10:28AM

Anuradha Until 5:28AM Sun
Vyaghata* Until 7:38AM
Visti Until 10:02AM
Saptami Until 10:21PM

Ganesh: Clear
Muruga: Clear
Nataraja: Orange
Moon – Orange
Sunrise: 6:13AM
Sunset: 5:33PM
Magha*Masi

Devaloka Day

Portland, ME
Sun 6
Sutra 321
Sobhana 5125
Moon 1 - Phase 44 - 6th Phase

Sunday, March 3, 2024

Retreat Star

Vrischika Rasi: 16.56 Tithi 23
Routine Work Marana Yoga
Until 5:45AM Mon
Then Creative Work - Siddha Yoga

975447577
Gulika
Yama
Rahu

2:43PM – 4:09PM
11:53AM – 1:18PM
4:09PM – 5:34PM

Jyeshtha* Until 5:45AM Mon
Harshana Until 6:57AM
Balava Until 10:30AM
Ashtami* Until 10:24PM

Ganesh: Clear
Muruga: Clear
Nataraja: Orange
Moon – Orange
Sunrise: 6:11AM
Sunset: 5:34PM
Magha*Masi

Devaloka Day

Portland, ME
Sun 7
Sutra 322
Sobhana 5125
Moon 1 - Phase 44 - 7th Phase

Monday, March 4, 2024

Retreat Star

Dhanus Rasi: 0.02 Tithi 24
Family Home Evening
Creative Work Siddha Yoga

185447577
Gulika
Yama
Rahu

1:18PM – 2:44PM
10:27AM – 11:52AM
7:35AM – 9:01AM

Mula* Until 5:30AM Tue
Siddhi Until 3:38AM Tue
Taitila Until 10:08AM
Navami* Until 9:37PM

Ganesh: Green
Muruga: Clear
Nataraja: Orange
Moon – Light Blue
Sunrise: 6:09AM
Sunset: 5:35PM
Magha*Masi

Bhuloka Day

Devaloka 3:PM to 6:PM

Portland, ME
Sun 8
Sutra 323
Sobhana 5125
Moon 1 - Phase 44 - 8th Phase

1		Tuesday, March 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, ME Sun 9 Sutra 324	
Dhanus Rasi: 14	Tithi 25	Gulika Yama	11:52AM – 1:18PM 9:00AM – 10:26AM	Purvashadha* Until 4:21AM Wed Vyatipata* Until 1:02AM Wed Vanija Until 8:57AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 6:08AM Sunset: 5:36PM	Moon 1 - Phase 45 - 9 2nd Phase
Creative Work Siddha Yoga Until 4:21AM Wed Then Creative Work - Amrita Yoga		186447577	Rahu 2:44PM – 4:10PM	Dashami Until 8:02PM	Magha*Masi	Devaloka Day	
2		Wednesday, March 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 10 Sutra 325	
Dhanus Rasi: 27.38	Tithi 26 – 27	Gulika Yama	10:25AM – 11:52AM 7:32AM – 8:59AM	Uttarashadha Until 2:22AM Thu Variyan Until 9:50PM Bava Until 6:59AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 6:06AM Sunset: 5:38PM	Moon 1 - Phase 45 - 10 2nd Phase
Creative Work Amrita Yoga Until 2:22AM Thu Then Creative Work - Siddha Yoga		186447577	Rahu 11:52AM – 1:18PM	Ekadashi* Until 5:43PM	Magha*Masi	Devaloka Day	
3		Thursday, March 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 11 Sutra 326	
Makara Rasi: 12.07	Tithi 27 – 28	Gulika Yama	8:58AM – 10:25AM 6:04AM – 7:31AM	Shravana Until 12:08AM Fri Parigha* Until 6:12PM Gara Until 1:11AM Fri	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple	Sunrise: 6:04AM Sunset: 5:39PM	Moon 1 - Phase 45 - 11 2nd Phase
Creative Work Siddha Yoga		196447577	Rahu 1:18PM – 2:45PM	Dvadashi* Until 2:48PM	Magha*Masi	Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			
4		Friday, March 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12 Sutra 327	
Makara Rasi: 26.59	Tithi 28 – 29	Gulika Yama	7:30AM – 8:57AM 2:46PM – 4:13PM	Dhanishtha Until 9:23PM Shiva Until 2:13PM Visti Until 9:40PM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple	Sunrise: 6:03AM Sunset: 5:40PM	Moon 1 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga		196447577	Rahu 10:24AM – 11:51AM	Trayodashi* Until 11:27AM	Magha*Masi	Sivaloka Day	
		Saturday, March 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 13 Sutra 328	
Retreat Star		Gulika Yama	6:01AM – 7:28AM 1:19PM – 2:46PM	Shatabhishak Until 6:17PM Siddha Until 10:00AM Naga Until 4:01AM Sun	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple	Sunrise: 6:01AM Sunset: 5:41PM	Moon 1 - Phase 45 - 13 Amavasya
Kumbha Rasi: 12.07 Tithi 29 – 30 Creative Work Amrita Yoga Until 6:17PM Then Routine Work - Marana Yoga		196447577	Rahu 8:56AM – 10:24AM	Chaturdashi* Until 7:48AM	Magha*Masi	Sivaloka Day	
Retreat Star		Sunday, March 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 14 Sutra 329	
Kumbha Rasi: 27.2	Tithi 1	Gulika Yama	2:47PM – 4:15PM 11:51AM – 1:19PM	Purvaproshtapada* Until 3:25PM Subha Until 1:28AM Mon Kintughna Until 2:09PM	Ganesha: Orange Muruga: Clear Nataraja: Orange Moon – Clear	Sunrise: 5:59AM Sunset: 5:43PM	Moon 1 - Phase 45 - 14 Prathama
Creative Work Siddha Yoga Until 3:25PM Then Creative Work - Amrita Yoga		116447577	Rahu 4:15PM – 5:43PM	Prathama* Until 12:17AM Mon	Phalgun*Masi	Devaloka Day	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1 Monday, March 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 15 Sutra 330
Meena Rasi: 12.32	Tithi 2	Gulika 1:19PM – 2:47PM	Uttaraproshtapada Until 12:33PM	Ganesha: Orange <i>Sunrise:</i> 5:57AM Muruga: Clear <i>Sunset:</i> 5:44PM
Family Home Evening	116447577	Yama 10:22AM – 11:51AM	Sukla Until 9:23PM	Moon 1 - Phase 46 - 15
Creative Work Siddha Yoga		Rahu 7:26AM – 8:54AM	Balava Until 10:30AM	3rd Phase
			Dvitiya Until 8:45PM	Devaloka Day
				Phalguna*Masi

2 Tuesday, March 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau		Portland, ME Sun 16 Sutra 331
Meena Rasi: 27.31	Tithi 3 – 4	Gulika 11:50AM – 1:19PM	Revati Until 9:52AM	Ganesha: Green <i>Sunrise:</i> 5:55AM Muruga: Clear <i>Sunset:</i> 5:45PM
	117447577	Yama 8:53AM – 10:22AM	Brahma Until 5:37PM	Moon 1 - Phase 46 - 16
Creative Work Siddha Yoga		Rahu 2:48PM – 4:16PM	Taitila Until 7:08AM	3rd Phase
			Tritiya Until 5:35PM	Bhuloka Day
				Devaloka Time: 3:PM to 6:PM
				Phalguna*Masi

Subramuniyaswami Siva Vision Day

3 Wednesday, March 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 17 Sutra 332
Mesha Rasi: 12.11	Tithi 4 – 5	Gulika 10:21AM – 11:50AM	Ashvini Until 7:54AM	Ganesha: White <i>Sunrise:</i> 5:54AM Muruga: Clear <i>Sunset:</i> 5:46PM
	127447577	Yama 7:23AM – 8:52AM	Indra Until 2:17PM	Moon 1 - Phase 46 - 17
Routine Work Marana Yoga		Rahu 11:50AM – 1:19PM	Bava Until 1:52AM Thu	3rd Phase
Until 7:54AM			Chaturthi* Until 2:56PM	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM
				Phalguna*Masi

4 Thursday, March 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Portland, ME Sun 18 Sutra 333
Mesha Rasi: 26.25	Tithi 5 – 6	Gulika 8:51AM – 10:20AM	Bharani Until 6:24AM	Ganesha: White <i>Sunrise:</i> 5:52AM Muruga: Clear <i>Sunset:</i> 5:47PM
	127447578	Yama 5:52AM – 7:21AM	Vaidhriti* Until 11:27AM	Moon 1 - Phase 46 - 18
Creative Work Siddha Yoga		Rahu 1:19PM – 2:49PM	Kaulava Until 12:12AM Fri	3rd Phase
Until 6:24AM			Panchami Until 12:55PM	Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 3:PM to 6:PM
				Phalguna*Panguni

Karadayyan Nombu (Tamil Nadu)

5 Friday, March 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19 Sutra 334
Vrishabha Rasi: 10.13	Tithi 6 – 7	Gulika 7:20AM – 8:50AM	Rohini Until 5:33AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:50AM Muruga: Clear <i>Sunset:</i> 5:49PM
	137447578	Yama 2:49PM – 4:19PM	Vishkambha* Until 9:12AM	Moon 1 - Phase 46 - 19
Routine Work Marana Yoga		Rahu 10:20AM – 11:49AM	Gara Until 11:18PM	3rd Phase
Until 5:33AM Sat			Shashthi* Until 11:38AM	Devaloka Day
Then Creative Work - Siddha Yoga				Phalguna*Panguni

6 Saturday, March 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 20 Sutra 335
Vrishabha Rasi: 23.34	Tithi 7 – 8	Gulika 5:48AM – 7:19AM	Mrigashira Until 6:15AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruga: Clear <i>Sunset:</i> 5:50PM
	137447578	Yama 1:19PM – 2:50PM	Priti Until 7:35AM	Moon 1 - Phase 46 - 20
Creative Work Siddha Yoga		Rahu 8:49AM – 10:19AM	Visti Until 11:11PM	Ashtami
			Saptami Until 11:07AM	Devaloka Day
				Phalguna*Panguni

7 Sunday, March 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 21 Sutra 336
Mithuna Rasi: 6.31	Tithi 8 – 9	Gulika 2:50PM – 4:21PM	Mrigashira Until 6:15AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruga: Clear <i>Sunset:</i> 5:51PM
	137447578	Yama 11:49AM – 1:19PM	Ayushman Until 6:33AM	Moon 1 - Phase 46 - 21
Creative Work Siddha Yoga		Rahu 4:21PM – 5:51PM	Balava Until 11:48PM	Navami
			Ashtami* Until 11:23AM	Devaloka Day
				Phalguna*Panguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1 Monday, March 18, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Portland, ME
 Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 22 Sutra 337
 Mithuna Rasi: 19.08 Tithi 9 – 10 **Gulika** 1:19PM – 2:50PM **Ardra Until 7:30AM** **Ganesha:** Clear *Sunrise:* 5:45AM Sobhana 5125
 Yama 10:18AM – 11:49AM **Muruga:** Clear *Sunset:* 5:52PM Moon 1 - Phase 47 - 22
Family Home Evening 137447578 **Rahu** 7:16AM – 8:47AM **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Devaloka Day**
 Until 7:30AM **Phalguna•Panguni**
 Then Creative Work - Amrita Yoga

2 Tuesday, March 19, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, ME
 Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 23 Sutra 338
 Kataka Rasi: 1.28 Tithi 10 – 11 **Gulika** 11:48AM – 1:20PM **Punarvasu Until 9:39AM** **Ganesha:** Clear *Sunrise:* 5:43AM Sobhana 5125
 Yama 8:46AM – 10:17AM **Muruga:** Clear *Sunset:* 5:54PM Moon 1 - Phase 47 - 23
 148447578 **Rahu** 2:51PM – 4:22PM **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Devaloka Day**
Dashami Until 1:53PM **Phalguna•Panguni**

3 Wednesday, March 20, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Portland, ME
 Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 339
 Kataka Rasi: 13.35 Tithi 11 – 12 **Gulika** 10:16AM – 11:48AM **Pushya Until 12:07PM** **Ganesha:** Clear *Sunrise:* 5:41AM Sobhana 5125
 Yama 7:13AM – 8:45AM **Athiganda* Until 6:28AM** **Muruga:** Clear *Sunset:* 5:55PM Moon 1 - Phase 47 - 24
 148447578 **Rahu** 11:48AM – 1:20PM **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Devaloka Day**
Yogaswami Mahasamadhi **Ekadashi Until 3:53PM** **Phalguna•Panguni**

4 Thursday, March 21, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Portland, ME
 Ashlesha*/Magha* Nakshatra Sukarma/Dhriti* Yoga Balava Karana Dvadashyam Titau Sun 25 Sutra 340
 Kataka Rasi: 25.34 Tithi 12 **Gulika** 8:44AM – 10:16AM **Ashlesha* Until 2:44PM** **Ganesha:** Clear *Sunrise:* 5:39AM Sobhana 5125
 Yama 5:39AM – 7:11AM **Muruga:** Clear *Sunset:* 5:56PM Moon 1 - Phase 47 - 25
 148447578 **Rahu** 1:20PM – 2:52PM **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Devaloka Day**
 Until 2:44PM **Phalguna•Panguni**
 Then Creative Work - Amrita Yoga

5 Friday, March 22, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, ME
 Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 341
 Simha Rasi: 7.27 Tithi 13 **Gulika** 7:10AM – 8:42AM **Magha* Until 5:54PM** **Ganesha:** Purple *Sunrise:* 5:38AM Sobhana 5125
 Yama 2:52PM – 4:25PM **Dhriti Until 8:02AM** **Muruga:** Clear *Sunset:* 5:57PM Moon 1 - Phase 47 - 26
 158447578 **Rahu** 10:15AM – 11:47AM **Nataraja:** Clear 4th Phase
 Routine Work Marana Yoga **Sivaloka Day**
 Until 5:54PM **Trayodashi Until 8:46PM** **Phalguna•Panguni**
 Then Creative Work - Siddha Yoga *Pradosha Vrata*

6 Saturday, March 23, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Portland, ME
 Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 342
 Simha Rasi: 19.16 Tithi 14 **Gulika** 5:36AM – 7:09AM **Purvaphalguni Until 9:00PM** **Ganesha:** Purple *Sunrise:* 5:36AM Sobhana 5125
 Yama 1:20PM – 2:53PM **Shula* Until 9:00AM** **Muruga:** Clear *Sunset:* 5:58PM Moon 1 - Phase 47 - 27
 158447578 **Rahu** 8:41AM – 10:14AM **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Sivaloka Day**
 Until 9:00PM **Chaturdashi* Until 11:23PM** **Phalguna•Panguni**
 Then Routine Work - Marana Yoga

○ Sunday, March 24, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, ME
Copper Retreat Star Uttaraaphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau Sun 28 Sutra 343
 Kanya Rasi: 1.05 Tithi 15 **Gulika** 2:53PM – 4:26PM **Uttaraaphalguni Until 11:55PM** **Ganesha:** Purple *Sunrise:* 5:34AM Sobhana 5125
 Yama 11:47AM – 1:20PM **Ganda* Until 10:00AM** **Muruga:** Clear *Sunset:* 5:59PM Moon 1 - Phase 47 -
 158447578 **Rahu** 4:26PM – 5:59PM **Nataraja:** Clear Purnima
 Creative Work Amrita Yoga **Sivaloka Day**
Panguni Uttiram **Purnima* Until 1:59AM Mon** **Phalguna•Panguni**
Holi

Monday, March 25, 2024 Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Portland, ME
Silver Retreat Star Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 344
 Kanya Rasi: 12.55 Tithi 16 **Gulika** 1:20PM – 2:54PM **Hasta Until 3:02AM Tue** **Ganesha:** Purple *Sunrise:* 5:32AM Sobhana 5125
 Yama 10:13AM – 11:46AM **Vridhhi Until 10:57AM** **Muruga:** Clear *Sunset:* 6:01PM Moon 1 - Phase 47 -
 169447578 **Rahu** 7:06AM – 8:39AM **Nataraja:** Clear Prathama
 Creative Work Siddha Yoga **Bhuloka Day**
Prathama* Until 4:26AM Tue **Phalguna•Panguni** **Devaloka Time: 3:PM to 6:PM**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang



Tuesday, March 26, 2024
Gold Retreat Star

Kanya Rasi: 24.48 Tithi 17
169447578 Rahu
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:46AM – 1:20PM
Yama 8:38AM – 10:12AM
Rahu 2:54PM – 4:28PM
Chitra Until 5:45AM Wed
Dhruva Until 11:45AM
Taitila Until 5:35PM
Dvitiya Until 6:38AM Wed

Ganesha: Purple Sunrise: 5:30AM
Muruga: Clear Sunset: 6:02PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Portland, ME
Sutra 345
Sobhana 5125
Moon 2 - Phase 48 - 1st Phase

1
Wednesday, March 27, 2024

Tula Rasi: 6.47 Tithi 17 – 18
169447578 Rahu
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:12AM – 11:46AM
Yama 7:03AM – 8:37AM
Rahu 11:46AM – 1:20PM
Svati Until 7:59AM Thu
Vyaghata* Until 12:22PM
Vanija Until 7:38PM
Dvitiya Until 6:38AM

Ganesha: Purple Sunrise: 5:29AM
Muruga: Clear Sunset: 6:03PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Portland, ME
Sun 1 Sutra 346
Sobhana 5125
Moon 2 - Phase 48 - 1st Phase

2
Thursday, March 28, 2024

Tula Rasi: 18.54 Tithi 18 – 19
169547578 Rahu
Creative Work Amrita Yoga
Until 7:59AM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 8:36AM – 10:11AM
Yama 5:27AM – 7:02AM
Rahu 1:20PM – 2:55PM
Svati Until 7:59AM
Harshana Until 12:43PM
Bava Until 9:17PM
Tritiya Until 8:29AM

Ganesha: Clear Sunrise: 5:27AM
Muruga: Clear Sunset: 6:04PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni
Devaloka Day

Portland, ME
Sun 2 Sutra 347
Sobhana 5125
Moon 2 - Phase 48 - 2 1st Phase

3
Friday, March 29, 2024

Vrischika Rasi: 1.11 Tithi 19 – 20
179547578 Rahu
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:00AM – 8:35AM
Yama 2:55PM – 4:30PM
Rahu 10:10AM – 11:45AM
Vishakha Until 10:07AM
Vajra* Until 12:42PM
Kaulava Until 10:27PM
Chaturthi* Until 9:54AM

Ganesha: White Sunrise: 5:25AM
Muruga: Clear Sunset: 6:05PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni
Sivaloka Day

Portland, ME
Sun 3 Sutra 348
Sobhana 5125
Moon 2 - Phase 48 - 3 1st Phase

4
Saturday, March 30, 2024

Vrischika Rasi: 13.42 Tithi 20 – 21
179547578 Rahu
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:23AM – 6:59AM
Yama 1:20PM – 2:56PM
Rahu 8:34AM – 10:10AM
Anuradha Until 11:36AM
Siddhi Until 12:17PM
Gara Until 11:03PM
Panchami Until 10:48AM

Ganesha: White Sunrise: 5:23AM
Muruga: Clear Sunset: 6:07PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni
Sivaloka Day

Portland, ME
Sun 4 Sutra 349
Sobhana 5125
Moon 2 - Phase 48 - 4 1st Phase

5
Sunday, March 31, 2024

Vrischika Rasi: 26.29 Tithi 21 – 22
179547578 Rahu
Routine Work Marana Yoga
Until 12:21PM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 2:56PM – 4:32PM
Yama 11:45AM – 1:20PM
Rahu 4:32PM – 6:08PM
Jyeshtha* Until 12:21PM
Vyatipata* Until 11:26AM
Visti Until 11:02PM
Shashthi* Until 11:06AM

Ganesha: White Sunrise: 5:22AM
Muruga: Clear Sunset: 6:08PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni
Sivaloka Day

Portland, ME
Sun 5 Sutra 350
Sobhana 5125
Moon 2 - Phase 48 - 5 1st Phase

Monday, April 1, 2024
Retreat Star

Dhanus Rasi: 9.34 Tithi 22 – 23
Family Home Evening
189547578 Rahu
Creative Work Siddha Yoga
Until 12:46PM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:20PM – 2:56PM
Yama 10:09AM – 11:45AM
Rahu 6:57AM – 8:33AM
Mula* Until 12:46PM
Variyan Until 10:02AM
Balava Until 10:21PM
Saptami Until 10:46AM

Ganesha: Yellow Sunrise: 5:22AM
Muruga: Clear Sunset: 6:08PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni
Devaloka Day

Portland, ME
Sun 6 Sutra 351
Sobhana 5125
Moon 2 - Phase 48 - 6 Ashtami

Tuesday, April 2, 2024
Retreat Star

Dhanus Rasi: 23.01 Tithi 23 – 24
181547578 Rahu
Creative Work Siddha Yoga
Until 12:22PM
Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:44AM – 1:20PM
Yama 8:32AM – 10:08AM
Rahu 2:57PM – 4:33PM
Purvashadha* Until 12:22PM
Parigha* Until 8:07AM
Taitila Until 9:00PM
Ashtami* Until 9:44AM

Ganesha: Yellow Sunrise: 5:20AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni
Devaloka Day

Portland, ME
Sun 7 Sutra 352
Sobhana 5125
Moon 2 - Phase 48 - 7 Navami

1		Wednesday, April 3, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 353	
Makara Rasi: 6.52	Tithi 24 – 25	Gulika	10:08AM – 11:44AM	Uttarashadha Until 11:12AM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Sobhana 5125		
		Yama	6:55AM – 8:31AM	Siddha Until 2:46AM Thu	Muruga: Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 49 - 8		
		181547578 Rahu	11:44AM – 1:21PM	Vanija Until 7:01PM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga			Navami* Until 8:04AM	Moon – Light Blue		Devaloka Day		
Until 11:12AM					Phalguna•Panguni				
Then Creative Work - Siddha Yoga									

2		Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 354	
Makara Rasi: 21.05	Tithi 26	Gulika	8:30AM – 10:07AM	Shravana Until 9:43AM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM	Sobhana 5125		
		Yama	5:16AM – 6:53AM	Sadhya Until 11:25PM	Muruga: Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 49 - 9		
		191547578 Rahu	1:21PM – 2:58PM	Bava Until 4:29PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 3:01AM Fri	Moon – Purple		Sivaloka Day		
					Phalguna•Panguni				

3		Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvadashyam Titau		Sun 10		Sutra 355	
Kumbha Rasi: 5.4	Tithi 27	Gulika	6:52AM – 8:29AM	Dhanishtha Until 7:37AM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM	Sobhana 5125		
		Yama	2:58PM – 4:35PM	Subha Until 7:44PM	Muruga: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 49 - 10		
		191547578 Rahu	10:06AM – 11:43AM	Kaulava Until 1:29PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga			Dvadashi* Until 11:50PM	Moon – Purple		Sivaloka Day		
					Phalguna•Panguni				

4		Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 356	
Kumbha Rasi: 20.31	Tithi 28	Gulika	5:13AM – 6:50AM	Purvaproshtapada* Until 2:27AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:13AM	Sobhana 5125		
		Yama	1:21PM – 2:58PM	Sukla Until 3:47PM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 49 - 11		
		111547578 Rahu	8:28AM – 10:06AM	Gara Until 10:09AM	Nataraja: Clear		2nd Phase		
Routine Work	Marana Yoga			Trayodashi* Until 8:24PM	Moon – Clear		Devaloka Day		
Until 2:27AM Sun					Phalguna•Panguni				
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 357	
Meena Rasi: 5.33	Tithi 29 – 30	Gulika	2:59PM – 4:37PM	Uttaraproshtapada Until 11:41PM	Ganesha: Red	<i>Sunrise:</i> 5:11AM	Sobhana 5125		
		Yama	11:43AM – 1:21PM	Brahma Until 11:44AM	Muruga: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 49 - 12		
		111547578 Rahu	4:37PM – 6:15PM	Visti Until 6:38AM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga			Chaturdashi* Until 4:51PM	Moon – Clear		Devaloka Day		
					Phalguna•Panguni				

Monday, April 8, 2024		Retreat Star		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 358	
Meena Rasi: 20.37	Tithi 30 – 1	Gulika	1:21PM – 2:59PM	Revati Until 8:52PM	Ganesha: Red	<i>Sunrise:</i> 5:09AM	Sobhana 5125		
Family Home Evening		Yama	10:04AM – 11:43AM	Indra Until 7:42AM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 49 - 13		
		111547578 Rahu	6:48AM – 8:26AM	Kintughna Until 11:39PM	Nataraja: Clear		Amavasya		
Creative Work	Siddha Yoga			Amavasya* Until 1:20PM	Moon – Clear		Devaloka Day		
					Phalguna•Panguni				

Tuesday, April 9, 2024		Retreat Star		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 359	
Mesha Rasi: 5.34	Tithi 1 – 2	Gulika	11:42AM – 1:21PM	Ashvini Until 6:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM	Sobhana 5125		
		Yama	8:25AM – 10:04AM	Vishkambha* Until 12:05AM Wed	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 49 - 14		
		121547578 Rahu	3:00PM – 4:38PM	Balava Until 8:29PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 10:00AM	Moon – White		Devaloka Day		
		Chellappaswami Mahasamadhi			Chaitra•Panguni				

1 **Wednesday, April 10, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Portland, ME
 Bhanani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360
 Mesha Rasi: 20.17 Tithi 2 - 3 **Gulika 10:03AM - 11:42AM** **Bharani Until 4:34PM** **Ganesha: Yellow** *Sunrise: 5:06AM* Sobhana 5125
 121547578 **Rahu 11:42AM - 1:21PM** Priti Until 8:47PM **Muruga: Clear** *Sunset: 6:18PM* Moon 2 - Phase 50 - 15
 Creative Work Siddha Yoga Gara Until 4:33AM Thu **Nataraja: Clear** 3rd Phase
 Until 4:34PM **Dvitiya Until 7:02AM** Moon - White **Devaloka Day**
 Then Creative Work - Amrita Yoga **Chaitra•Panguni**

2 **Thursday, April 11, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Portland, ME
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthiyam Titau Sun 16 Sutra 361
 Vishabha Rasi: 4.38 Tithi 4 **Gulika 8:23AM - 10:02AM** **Krittika Until 2:58PM** **Ganesha: Yellow** *Sunrise: 5:04AM* Sobhana 5125
 121547578 **Rahu 1:21PM - 3:01PM** Ayushman Until 5:57PM **Muruga: Clear** *Sunset: 6:20PM* Moon 2 - Phase 50 - 16
 Routine Work Marana Yoga Vanija Until 3:34PM **Nataraja: Clear** 3rd Phase
Chaturthi* Until 2:42AM Fri Moon - White **Devaloka Day**
Chaitra•Panguni

3 **Friday, April 12, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, ME
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362
 Vishabha Rasi: 18.35 Tithi 5 **Gulika 6:42AM - 8:22AM** **Rohini Until 2:20PM** **Ganesha: Clear** *Sunrise: 5:02AM* Sobhana 5125
 132547578 **Rahu 10:02AM - 11:42AM** Saubhagya Until 3:41PM **Muruga: Clear** *Sunset: 6:21PM* Moon 2 - Phase 50 - 17
 Routine Work Marana Yoga Bava Until 2:04PM **Nataraja: Clear** 3rd Phase
 Until 2:20PM **Panchami Until 1:35AM Sat** Moon - Yellow **Devaloka Day**
 Then Creative Work - Siddha Yoga **Chaitra•Panguni**

4 **Saturday, April 13, 2024** Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Portland, ME
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363
 Mithuna Rasi: 2.05 Tithi 6 **Gulika 5:01AM - 6:41AM** **Mrigashira Until 2:19PM** **Ganesha: Clear** *Sunrise: 5:01AM* Sobhana 5125
 132547578 **Rahu 8:21AM - 10:01AM** Sobhana Until 2:04PM **Muruga: Clear** *Sunset: 6:22PM* Moon 2 - Phase 50 - 18
 Creative Work Siddha Yoga Kaulava Until 1:20PM **Nataraja: Clear** 3rd Phase
Shashthi* Until 1:16AM Sun Moon - Yellow **Devaloka Day**
Chaitra•Chaitra

5 **Sunday, April 14, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, ME
 Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364
 Mithuna Rasi: 15.09 Tithi 7 **Gulika 3:02PM - 4:43PM** **Ardra Until 2:56PM** **Ganesha: White** *Sunrise: 4:59AM* Krodhin 5126
 232547578 **Rahu 4:43PM - 6:23PM** Athiganda* Until 1:02PM **Muruga: Clear** *Sunset: 6:23PM* Moon 2 - Phase 50 - 19
 Creative Work Siddha Yoga Gara Until 1:25PM **Nataraja: Clear** 3rd Phase
Tamil New Year **Saptami Until 1:44AM Mon** Moon - Yellow **Bhuloka Day**
Chaitra•Chaitra **Devaloka Time: 3:PM to 6:PM**

Monday, April 15, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Portland, ME
Retreat Star Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1
 Mithuna Rasi: 27.5 Tithi 8 **Gulika 1:22PM - 3:03PM** **Punarvasu Until 4:36PM** **Ganesha: Clear** *Sunrise: 4:57AM* Krodhin 5126
Family Home Evening 242547578 **Rahu 6:38AM - 8:19AM** Sukarma Until 12:38PM **Muruga: Clear** *Sunset: 6:24PM* Moon 2 - Phase 50 - 20
 Creative Work Amrita Yoga Visti Until 2:16PM **Nataraja: Clear** Ashtami
 Until 4:36PM **Ashtami* Until 2:56AM Tue** Moon - Blue **Devaloka Day**
 Then Creative Work - Siddha Yoga **Chaitra•Chaitra**

Tuesday, April 16, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, ME
Retreat Star Pushya Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2
 Kataka Rasi: 10.11 Tithi 9 **Gulika 11:41AM - 1:22PM** **Pushya Until 6:45PM** **Ganesha: Clear** *Sunrise: 4:56AM* Krodhin 5126
 242547578 **Rahu 3:03PM - 4:44PM** Dhriti Until 12:46PM **Muruga: Clear** *Sunset: 6:25PM* Moon 2 - Phase 50 - 21
 Creative Work Siddha Yoga Balava Until 3:47PM **Nataraja: Clear** Navami
Sri Rama Navami **Navami* Until 4:45AM Wed** Moon - Blue **Devaloka Day**
Chaitra•Chaitra

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 11/20/21

www.gurudeva.org/panchang

1		Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 22	Sutra 3
Kataka Rasi: 22.18	Tithi 10	Gulika 9:59AM – 11:40AM	Ashlesha* Until 9:15PM	Ganesh: Clear	<i>Sunrise:</i> 4:54AM		Krodhin 5126
		Yama 6:36AM – 8:17AM	Shula* Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 1 - 22	
	242547578	Rahu 11:40AM – 1:22PM	Taitila Until 5:51PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:01AM Thu	Moon – Blue		Devaloka Day	
				Chaitra*Chaitra			
2		Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 23	Sutra 4
Simha Rasi: 4.14	Tithi 10 – 11	Gulika 8:16AM – 9:58AM	Magha* Until 12:24AM Fri	Ganesh: Purple	<i>Sunrise:</i> 4:52AM		Krodhin 5126
		Yama 4:52AM – 6:34AM	Ganda* Until 2:10PM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 1 - 23	
	252547578	Rahu 1:22PM – 3:04PM	Vanija Until 8:17PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 7:01AM	Moon – Red		Bhuloka Day	
Until 12:24AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
3		Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 24	Sutra 5
Simha Rasi: 16.05	Tithi 11 – 12	Gulika 6:33AM – 8:15AM	Purvaphalguni Until 3:31AM Sat	Ganesh: Purple	<i>Sunrise:</i> 4:51AM		Krodhin 5126
		Yama 3:04PM – 4:47PM	Vridhhi Until 3:12PM	Muruga: Purple	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 1 - 24	
	252557578	Rahu 9:58AM – 11:40AM	Bava Until 10:53PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:33AM	Moon – Red		Devaloka Day	
Until 3:31AM Sat				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							
4		Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 25	Sutra 6
Simha Rasi: 27.53	Tithi 12 – 13	Gulika 4:49AM – 6:32AM	Uttaraphalguni Until 6:26AM Sun	Ganesh: Purple	<i>Sunrise:</i> 4:49AM		Krodhin 5126
		Yama 1:22PM – 3:05PM	Dhruva Until 4:14PM	Muruga: Purple	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 1 - 25	
	252557578	Rahu 8:14AM – 9:57AM	Kaulava Until 1:28AM Sun	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 12:10PM	Moon – Red		Devaloka Day	
Until 6:26AM Sun				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				
5		Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 26	Sutra 7
Kanya Rasi: 9.41	Tithi 13 – 14	Gulika 3:05PM – 4:48PM	Uttaraphalguni Until 6:26AM	Ganesh: Purple	<i>Sunrise:</i> 4:48AM		Krodhin 5126
		Yama 11:39AM – 1:22PM	Vyaghata* Until 5:11PM	Muruga: Purple	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 1 - 26	
	252557578	Rahu 4:48PM – 6:31PM	Gara Until 3:53AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 2:41PM	Moon – Red		Devaloka Day	
				Chaitra*Chaitra			
6		Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sun 27	Sutra 8
Kanya Rasi: 21.35	Tithi 14 – 15	Gulika 1:23PM – 3:06PM	Hasta Until 9:29AM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM		Krodhin 5126
Family Home Evening		Yama 9:56AM – 11:39AM	Harshana Until 5:58PM	Muruga: Purple	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 1 - 27	
Creative Work	Siddha Yoga	262657578	Visti Until 5:58AM Tue	Nataraja: Clear		4th Phase	
Until 9:29AM			Chaturdashi* Until 4:57PM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Chaitra*Chaitra			
○		Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava Karana Purnimayam Titau		Portland, ME Sun 28	Sutra 9
Copper Retreat Star		Gulika 11:39AM – 1:23PM	Chitra Until 12:02PM	Ganesh: Purple	<i>Sunrise:</i> 4:45AM		Krodhin 5126
Tula Rasi: 3.37	Tithi 15	Yama 8:12AM – 9:55AM	Vajra* Until 6:26PM	Muruga: Purple	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 1 -	
		262657578	Bava Until 6:51PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:51PM	Moon – Green		Subha Sivaloka Day	
				Chaitra*Chaitra			
○		Wednesday, April 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 29	Sutra 10
Silver Retreat Star		Gulika 9:55AM – 11:39AM	Svati Until 2:02PM	Ganesh: Purple	<i>Sunrise:</i> 4:43AM		Krodhin 5126
Tula Rasi: 15.47	Tithi 16	Yama 6:27AM – 8:11AM	Siddhi Until 6:35PM	Muruga: Purple	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 1 -	
		262657579	Balava Until 7:40AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:19PM	Moon – Green		Subha Subha Sivaloka Day	
				Chaitra*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for on 11/20/21

www.gurudeva.org/panchang