

**Saturday, May 6, 2023**  
**Gold Retreat Star**

Vrischika Rasi: 0.37 Tithi 16 – 17

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 5:03AM – 6:48AM  
Yama 1:48PM – 3:33PM  
272996579 **Rahu** 8:33AM – 10:18AM

**Vishakha Until 10:43AM**

Variyan Until 6:50PM  
Taitila Until 10:39PM

**Prathama\* Until 11:24AM**

**Ganesha:** White *Sunrise:* 5:03AM  
**Muruga:** Clear *Sunset:* 7:03PM

**Nataraja:** Purple  
Moon – Orange

**Vaisaka\*Chaitra**

**Devaloka Day**

Lanham, MD  
Sutra 20  
Sobhana 5125  
Moon 4 - Phase 4 -  
1st Phase

**1 Sunday, May 7, 2023**

Vrischika Rasi: 14.26 Tithi 17 – 18

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 3:33PM – 5:18PM  
Yama 12:03PM – 1:48PM  
272996579 **Rahu** 5:18PM – 7:03PM

**Anuradha Until 9:50AM**

Parigha\* Until 4:20PM  
Vanija Until 8:49PM

**Dvitiya Until 9:45AM**

**Ganesha:** White *Sunrise:* 5:02AM  
**Muruga:** Clear *Sunset:* 7:03PM

**Nataraja:** Purple  
Moon – Orange

**Vaisaka\*Chaitra**

**Devaloka Day**

Lanham, MD  
Sun 1  
Sutra 21  
Sobhana 5125  
Moon 4 - Phase 4 -  
1st Phase

**2 Monday, May 8, 2023**

Vrischika Rasi: 28.27 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 1:48PM – 3:34PM  
Yama 10:17AM – 12:03PM  
272196579 **Rahu** 6:47AM – 8:32AM

**Jyeshtha\* Until 8:29AM**

Shiva Until 1:36PM  
Bava Until 6:44PM

**Tritiya Until 7:47AM**

**Ganesha:** Blue *Sunrise:* 5:01AM  
**Muruga:** Clear *Sunset:* 7:04PM

**Nataraja:** Purple  
Moon – Orange

**Vaisaka\*Chaitra**

**Devaloka Day**

Lanham, MD  
Sun 2  
Sutra 22  
Sobhana 5125  
Moon 4 - Phase 4 -  
2nd Phase

**3 Tuesday, May 9, 2023**

Dhanus Rasi: 12.37 Tithi 20

Creative Work Amrita Yoga

Until 7:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:03PM – 1:48PM  
Yama 8:31AM – 10:17AM  
282196579 **Rahu** 3:34PM – 5:20PM

**Mula\* Until 7:12AM**

Siddha Until 10:42AM  
Kaulava Until 4:29PM

**Panchami Until 3:19AM Wed**

**Ganesha:** Red *Sunrise:* 5:00AM  
**Muruga:** Clear *Sunset:* 7:05PM

**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka\*Chaitra**

**Sivaloka Day**

Lanham, MD  
Sun 3  
Sutra 23  
Sobhana 5125  
Moon 4 - Phase 4 -  
3rd Phase

**4 Wednesday, May 10, 2023**

Dhanus Rasi: 26.51 Tithi 21

Creative Work Amrita Yoga

Until 3:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:17AM – 12:03PM  
Yama 6:45AM – 8:31AM  
283196579 **Rahu** 12:03PM – 1:49PM

**Uttarashadha Until 3:58AM Thu**

Sadhya Until 7:44AM  
Gara Until 2:10PM

**Shashthi\* Until 12:59AM Thu**

**Ganesha:** Blue *Sunrise:* 4:59AM  
**Muruga:** Clear *Sunset:* 7:06PM

**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka\*Chaitra**

**Subha Sivaloka Day**

Lanham, MD  
Sun 4  
Sutra 24  
Sobhana 5125  
Moon 4 - Phase 4 -  
4th Phase

**5 Thursday, May 11, 2023**

Makara Rasi: 11.07 Tithi 22

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:30AM – 10:17AM  
Yama 4:58AM – 6:44AM  
293196579 **Rahu** 1:49PM – 3:35PM

**Shravana Until 2:35AM Fri**

Sukla Until 1:48AM Fri  
Visti Until 11:50AM

**Saptami Until 10:40PM**

**Ganesha:** Red *Sunrise:* 4:58AM  
**Muruga:** Clear *Sunset:* 7:07PM

**Nataraja:** Purple  
Moon – Purple

**Vaisaka\*Chaitra**

**Sivaloka Day**

Lanham, MD  
Sun 5  
Sutra 25  
Sobhana 5125  
Moon 4 - Phase 4 -  
5th Phase

**Friday, May 12, 2023**  
**Retreat Star**

Makara Rasi: 25.2 Tithi 23

Creative Work Siddha Yoga

Until 1:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:44AM – 8:30AM  
Yama 3:35PM – 5:22PM  
293196579 **Rahu** 10:16AM – 12:03PM

**Dhanishtha Until 1:09AM Sat**

Brahma Until 10:55PM  
Balava Until 9:34AM

**Ashtami\* Until 8:26PM**

**Ganesha:** Red *Sunrise:* 4:57AM  
**Muruga:** Clear *Sunset:* 7:08PM

**Nataraja:** Purple  
Moon – Purple

**Vaisaka\*Chaitra**

**Sivaloka Day**

Lanham, MD  
Sun 6  
Sutra 26  
Sobhana 5125  
Moon 4 - Phase 4 -  
6th Phase

**Saturday, May 13, 2023**  
**Retreat Star**

Kumbha Rasi: 9.31 Tithi 24

Creative Work Amrita Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 4:56AM – 6:43AM  
Yama 1:49PM – 3:36PM  
293196579 **Rahu** 8:29AM – 10:16AM

**Shatabhishak Until 11:43PM**

Indra Until 8:10PM  
Taitila Until 7:23AM

**Navami\* Until 6:20PM**

**Ganesha:** Red *Sunrise:* 4:56AM  
**Muruga:** Clear *Sunset:* 7:09PM

**Nataraja:** Purple  
Moon – Purple

**Vaisaka\*Chaitra**

**Sivaloka Day**

Lanham, MD  
Sun 7  
Sutra 27  
Sobhana 5125  
Moon 4 - Phase 4 -  
7th Phase

# 1 Sunday, May 14, 2023

Kumbha Rasi: 23.35 Tithi 25 – 26  
 Creative Work Siddha Yoga  
 Until 10:43PM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Vishkambha* Yoga Visti* Bava Karana Dashami/Ekadashyam Titau		Sun 8	Sutra 28
<b>Gulika</b>	<b>3:36PM – 5:23PM</b>	<b>Purvaproshtapada* Until 10:43PM</b>	<b>Ganesha:</b> Clear
Yama	12:03PM – 1:49PM	Vaidhriti* Until 5:31PM	<b>Muruga:</b> Clear
213196579 <b>Rahu</b>	<b>5:23PM – 7:10PM</b>	Bava Until 3:31AM Mon	<b>Nataraja:</b> Purple
			Moon – Clear
	<b>Mother's Day</b>	<b>Dashami Until 4:23PM</b>	<b>Sivaloka Day</b>
			<b>Vaisaka*Chaitra</b>
			Sunrise: 4:55AM
			Sunset: 7:10PM
			Moon 4 - Phase 5 - 8
			2nd Phase

# 2 Monday, May 15, 2023

Meena Rasi: 7.32 Tithi 26 – 27  
**Family Home Evening**  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9	Sutra 29
<b>Gulika</b>	<b>1:50PM – 3:37PM</b>	<b>Uttaraproshtapada Until 9:49PM</b>	<b>Ganesha:</b> Clear
Yama	10:16AM – 12:03PM	Vishkambha* Until 3:03PM	<b>Muruga:</b> Clear
213196579 <b>Rahu</b>	<b>6:42AM – 8:29AM</b>	Kaulava Until 1:54AM Tue	<b>Nataraja:</b> Purple
			Moon – Clear
		<b>Ekadashi* Until 2:39PM</b>	<b>Sivaloka Day</b>
			<b>Vaisaka*Vaikasi</b>
			Sunrise: 4:55AM
			Sunset: 7:11PM
			Moon 4 - Phase 5 - 9
			2nd Phase

# 3 Tuesday, May 16, 2023

Meena Rasi: 21.21 Tithi 27 – 28  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10	Sutra 30
<b>Gulika</b>	<b>12:03PM – 1:50PM</b>	<b>Revati Until 9:02PM</b>	<b>Ganesha:</b> Clear
Yama	8:28AM – 10:15AM	Priti Until 12:48PM	<b>Muruga:</b> Clear
213196579 <b>Rahu</b>	<b>3:37PM – 5:24PM</b>	Gara Until 12:34AM Wed	<b>Nataraja:</b> Purple
			Moon – Clear
		<b>Dvadashi* Until 1:10PM</b>	<b>Sivaloka Day</b>
			<b>Vaisaka*Vaikasi</b>
			Sunrise: 4:54AM
			Sunset: 7:12PM
			Moon 4 - Phase 5 - 10
			2nd Phase
			<i>Pradosha Vrata (Fasting)</i>

# 4 Wednesday, May 17, 2023

Mesha Rasi: 4.59 Tithi 28 – 29  
 Routine Work Marana Yoga  
 Until 8:52PM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11	Sutra 31
<b>Gulika</b>	<b>10:15AM – 12:03PM</b>	<b>Ashvini Until 8:52PM</b>	<b>Ganesha:</b> Orange
Yama	6:40AM – 8:28AM	Ayushman Until 10:47AM	<b>Muruga:</b> Clear
223196579 <b>Rahu</b>	<b>12:03PM – 1:50PM</b>	Visti Until 11:35PM	<b>Nataraja:</b> Purple
			Moon – White
		<b>Trayodashi* Until 12:00PM</b>	<b>Sivaloka Day</b>
			<b>Vaisaka*Vaikasi</b>
			Sunrise: 4:53AM
			Sunset: 7:13PM
			Moon 4 - Phase 5 - 11
			2nd Phase

# ● Thursday, May 18, 2023

## Retreat Star

Mesha Rasi: 18.24 Tithi 29 – 30  
 Creative Work Siddha Yoga  
 Until 8:58PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12	Sutra 32
<b>Gulika</b>	<b>8:27AM – 10:15AM</b>	<b>Bharani Until 8:58PM</b>	<b>Ganesha:</b> Orange
Yama	4:52AM – 6:40AM	Saubhagya Until 9:05AM	<b>Muruga:</b> Clear
223196579 <b>Rahu</b>	<b>1:50PM – 3:38PM</b>	Catuspada Until 11:00PM	<b>Nataraja:</b> Purple
			Moon – White
		<b>Chaturdashi* Until 11:13AM</b>	<b>Sivaloka Day</b>
			<b>Vaisaka*Vaikasi</b>
			Sunrise: 4:52AM
			Sunset: 7:13PM
			Moon 4 - Phase 5 - 12
			Amavasya

# Friday, May 19, 2023

## Retreat Star

Vrishabha Rasi: 1.35 Tithi 30 – 1  
 Creative Work Siddha Yoga  
 Until 9:22PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13	Sutra 33
<b>Gulika</b>	<b>6:39AM – 8:27AM</b>	<b>Krittika Until 9:22PM</b>	<b>Ganesha:</b> Orange
Yama	3:39PM – 5:26PM	Sobhana Until 7:45AM	<b>Muruga:</b> Clear
223196579 <b>Rahu</b>	<b>10:15AM – 12:03PM</b>	Kintughna Until 10:54PM	<b>Nataraja:</b> Purple
			Moon – White
		<b>Amavasya* Until 10:52AM</b>	<b>Sivaloka Day</b>
			<b>Jyeshtha*Vaikasi</b>
			Sunrise: 4:51AM
			Sunset: 7:14PM
			Moon 4 - Phase 5 - 13
			Prathama

<b>1</b>		<b>Saturday, May 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 34		Lanham, MD	
Vrishabha Rasi: 14.32 Tithi 1 – 2		233196579		<b>Gulika</b> 4:50AM – 6:39AM Yama 1:51PM – 3:39PM <b>Rahu</b> 8:27AM – 10:15AM	<b>Rohini Until 10:35PM</b> Athiganda* Until 6:46AM Balava Until 11:19PM <b>Prathama* Until 11:01AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:50AM Sunset: 7:15PM	Moon 4 - Phase 6 - 14 3rd Phase <b>Sivaloka Day</b>	
Creative Work Amrita Yoga Until 10:35PM Then Creative Work - Siddha Yoga									
<b>2</b>		<b>Sunday, May 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15 Sutra 35		Lanham, MD	
Vrishabha Rasi: 27.13 Tithi 2 – 3		233196579		<b>Gulika</b> 3:39PM – 5:28PM Yama 12:03PM – 1:51PM <b>Rahu</b> 5:28PM – 7:16PM	<b>Mrigashira Until 12:08AM Mon</b> Sukarma Until 6:13AM Taitila Until 12:14AM Mon <b>Dvitiya Until 11:42AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:50AM Sunset: 7:17PM	Moon 4 - Phase 6 - 15 3rd Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga									
<b>3</b>		<b>Monday, May 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 16 Sutra 36		Lanham, MD	
Mithuna Rasi: 9.41 Tithi 3 – 4		233196579		<b>Gulika</b> 1:51PM – 3:40PM Yama 10:14AM – 12:03PM <b>Rahu</b> 6:37AM – 8:26AM	<b>Ardra Until 2:01AM Tue</b> Dhriti Until 6:05AM Vanija Until 1:40AM Tue <b>Tritiya Until 12:52PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:49AM Sunset: 7:17PM	Moon 4 - Phase 6 - 16 3rd Phase <b>Sivaloka Day</b>	
Family Home Evening Creative Work Siddha Yoga									
<b>4</b>		<b>Tuesday, May 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17 Sutra 37		Lanham, MD	
Mithuna Rasi: 21.56 Tithi 4 – 5		243196579		<b>Gulika</b> 12:03PM – 1:52PM Yama 8:26AM – 10:14AM <b>Rahu</b> 3:40PM – 5:29PM	<b>Punarvasu Until 4:37AM Wed</b> Shula* Until 6:18AM Bava Until 3:30AM Wed <b>Chaturthi* Until 2:31PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:48AM Sunset: 7:18PM	Moon 4 - Phase 6 - 17 3rd Phase <b>Subha Sivaloka Day</b>	
Creative Work Siddha Yoga									
<b>5</b>		<b>Wednesday, May 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 18 Sutra 38		Lanham, MD	
Kataka Rasi: 4.01 Tithi 5 – 6		244196579		<b>Gulika</b> 10:14AM – 12:03PM Yama 6:37AM – 8:25AM <b>Rahu</b> 12:03PM – 1:52PM	<b>Pushya Until 7:22AM Thu</b> Ganda* Until 6:50AM Kaulava Until 5:40AM Thu <b>Panchami Until 4:32PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:48AM Sunset: 7:18PM	Moon 4 - Phase 6 - 18 3rd Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga									
<b>6</b>		<b>Thursday, May 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Taitila Karana Shashthiyam Titau		Sun 19 Sutra 39		Lanham, MD	
Kataka Rasi: 15.59 Tithi 6		244196579		<b>Gulika</b> 8:25AM – 10:14AM Yama 4:47AM – 6:36AM <b>Rahu</b> 1:52PM – 3:41PM	<b>Pushya Until 7:22AM</b> Vridhhi Until 7:37AM Taitila Until 6:48PM <b>Shashthi* Until 6:48PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:47AM Sunset: 7:19PM	Moon 4 - Phase 6 - 19 3rd Phase <b>Sivaloka Day</b>	
Creative Work Amrita Yoga Until 7:22AM Then Creative Work - Siddha Yoga									
<b>Retreat Star</b>		<b>Friday, May 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 40		Lanham, MD	
Kataka Rasi: 27.53 Tithi 7		344196579		<b>Gulika</b> 6:36AM – 8:25AM Yama 3:42PM – 5:31PM <b>Rahu</b> 10:14AM – 12:03PM	<b>Ashlesha* Until 10:05AM</b> Dhruva Until 8:29AM Gara Until 7:59AM <b>Saptami Until 9:08PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:46AM Sunset: 7:20PM	Moon 4 - Phase 6 - 20 3rd Phase <b>Devaloka Day</b>	
Routine Work Marana Yoga									
<b>Retreat Star</b>		<b>Saturday, May 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 41		Lanham, MD	
Simha Rasi: 9.47 Tithi 8		354196579		<b>Gulika</b> 4:46AM – 6:35AM Yama 1:53PM – 3:42PM <b>Rahu</b> 8:25AM – 10:14AM	<b>Magha* Until 1:07PM</b> Vyaghata* Until 9:21AM Visti Until 10:18AM <b>Ashtami* Until 11:21PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:46AM Sunset: 7:21PM	Moon 4 - Phase 6 - 21 Ashtami <b>Sivaloka Day</b>	
Creative Work Amrita Yoga Until 1:07PM Then Creative Work - Siddha Yoga									
<b>Retreat Star</b>		<b>Sunday, May 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana*/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 42		Lanham, MD	
Simha Rasi: 21.46 Tithi 9		354196579		<b>Gulika</b> 3:43PM – 5:32PM Yama 12:03PM – 1:53PM <b>Rahu</b> 5:32PM – 7:22PM	<b>Purvaphalguni Until 3:44PM</b> Harshana Until 10:04AM Balava Until 12:22PM <b>Navami* Until 1:14AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha*Vaikasi</b>	Sunrise: 4:45AM Sunset: 7:22PM	Moon 4 - Phase 6 - 22 Navami <b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 3:44PM Then Creative Work - Amrita Yoga									

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


<b>Monday, May 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 43 Sobhana 5125	
<b>1</b>	Kanya Rasi: 3.53 Tithi 10	<b>Gulika</b> 1:53PM – 3:43PM	<b>Uttaraphalguni</b> Until 5:45PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:45AM	
Family Home Evening	354196579	Yama 10:14AM – 12:04PM	Vajra* Until 10:26AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:22PM	Moon 4 - Phase 7 - 23
Creative Work Siddha Yoga		<b>Rahu</b> 6:35AM – 8:24AM	Taitila Until 2:01PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dashami</b> Until 2:36AM Tue	Moon – Red	<b>Sivaloka Day</b>
				Jyeshtha*Vaikasi	


<b>Tuesday, May 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 44 Sobhana 5125	
<b>2</b>	Kanya Rasi: 16.15 Tithi 11	<b>Gulika</b> 12:04PM – 1:54PM	<b>Hasta</b> Until 7:29PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:44AM	
	364196579	Yama 8:24AM – 10:14AM	Siddhi Until 10:22AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:23PM	Moon 4 - Phase 7 - 24
Creative Work Siddha Yoga		<b>Rahu</b> 3:43PM – 5:33PM	Vanija Until 3:03PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Ekadashi</b> Until 3:16AM Wed	Moon – Green	<b>Devaloka Day</b>
				Jyeshtha*Vaikasi	

<b>Wednesday, May 31, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 45 Sobhana 5125	
<b>3</b>	Kanya Rasi: 28.55 Tithi 12	<b>Gulika</b> 10:14AM – 12:04PM	<b>Chitra</b> Until 8:19PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:44AM	
	364196579	Yama 6:34AM – 8:24AM	Vyatipata* Until 9:45AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:24PM	Moon 4 - Phase 7 - 25
Creative Work Siddha Yoga		<b>Rahu</b> 12:04PM – 1:54PM	Bava Until 3:21PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadashi</b> Until 3:11AM Thu	Moon – Green	<b>Devaloka Day</b>
				Jyeshtha*Vaikasi	

<b>Thursday, June 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Paigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 46 Sobhana 5125	
<b>4</b>	Tula Rasi: 11.58 Tithi 13	<b>Gulika</b> 8:24AM – 10:14AM	<b>Svati</b> Until 8:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM	
	364296579	Yama 4:44AM – 6:34AM	Varyan Until 8:30AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:24PM	Moon 4 - Phase 7 - 26
Creative Work Amrita Yoga		<b>Rahu</b> 1:54PM – 3:44PM	Kaulava Until 2:53PM	<b>Nataraja:</b> Purple	4th Phase
Until 8:15PM			<b>Trayodashi</b> Until 2:21AM Fri	Moon – Green	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Jyeshtha*Vaikasi	

<b>Friday, June 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 47 Sobhana 5125	
<b>5</b>	Tula Rasi: 25.25 Tithi 14	<b>Gulika</b> 6:33AM – 8:24AM	<b>Vishakha</b> Until 7:47PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM	
	374296579	Yama 3:45PM – 5:35PM	Parigha* Until 6:40AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:25PM	Moon 4 - Phase 7 - 27
Creative Work Siddha Yoga		<b>Rahu</b> 10:14AM – 12:04PM	Gara Until 1:41PM	<b>Nataraja:</b> Purple	4th Phase
		<b>Vaikasi Visakam</b>	<b>Chaturdashi*</b> Until 12:49AM Sat	Moon – Orange	<b>Subha Sivaloka Day</b>
				Jyeshtha*Vaikasi	

<b>Saturday, June 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 48 Sobhana 5125	
	<b>Copper Retreat Star</b>	<b>Gulika</b> 4:43AM – 6:33AM	<b>Anuradha</b> Until 6:34PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM	
Vrischika Rasi: 9.16 Tithi 15		Yama 1:55PM – 3:45PM	Siddha Until 1:28AM Sun	<b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM	Moon 4 - Phase 7 -
	374296579	<b>Rahu</b> 8:24AM – 10:14AM	Visti Until 11:51AM	<b>Nataraja:</b> Purple	Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 10:43PM	Moon – Orange	<b>Subha Sivaloka Day</b>
				Jyeshtha*Vaikasi	

<b>Sunday, June 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 49 Sobhana 5125	
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:45PM – 5:36PM	<b>Jyeshtha*</b> Until 4:45PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM	
Vrischika Rasi: 23.28 Tithi 16		Yama 12:04PM – 1:55PM	Sadhya Until 10:18PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM	Moon 4 - Phase 7 -
	374296579	<b>Rahu</b> 5:36PM – 7:26PM	Balava Until 9:30AM	<b>Nataraja:</b> Purple	Prathama
Routine Work Marana Yoga			<b>Prathama*</b> Until 8:10PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 4:45PM				Jyeshtha*Vaikasi	
Then Creative Work - Amrita Yoga					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

**Monday, June 5, 2023**  
**Gold Retreat Star**

Dhanus Rasi: 7.55 Tithi 17 – 18  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 2:53PM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Mula\*/Purvashadha\* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 1:55PM – 3:46PM**  
 Yama 10:14AM – 12:05PM  
**Rahu 6:33AM – 8:23AM**  
**Mula\* Until 2:53PM**  
 Subha Until 6:55PM  
 Taitila Until 6:48AM  
**Dvitiya Until 5:20PM**  
**Ganesha: Yellow** Sunrise: 4:42AM  
**Muruga: Clear** Sunset: 7:27PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 1 Sutra 50  
 Sobhana 5125  
 Moon 5 - Phase 8 - 1  
 1st Phase

**Sivaloka Day**

**1** **Tuesday, June 6, 2023**

Dhanus Rasi: 22.32 Tithi 18 – 19  
 385296571  
 Creative Work Siddha Yoga  
 Until 12:44PM  
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 12:05PM – 1:56PM**  
 Yama 8:23AM – 10:14AM  
**Rahu 3:46PM – 5:37PM**  
**Purvashadha\* Until 12:44PM**  
 Sukla Until 3:24PM  
 Bava Until 12:53AM Wed  
**Tritiya Until 2:22PM**  
**Ganesha: White** Sunrise: 4:42AM  
**Muruga: Clear** Sunset: 7:28PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 2 Sutra 51  
 Sobhana 5125  
 Moon 5 - Phase 8 - 2  
 1st Phase

**Devaloka Day**

**2** **Wednesday, June 7, 2023**

Makara Rasi: 7.12 Tithi 19 – 20  
 385296571  
 Creative Work Amrita Yoga  
 Until 10:26AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 10:14AM – 12:05PM**  
 Yama 6:33AM – 8:23AM  
**Rahu 12:05PM – 1:56PM**  
**Uttarashadha Until 10:26AM**  
 Brahma Until 11:54AM  
 Kaulava Until 9:57PM  
**Chaturthi\* Until 11:23AM**  
**Ganesha: White** Sunrise: 4:42AM  
**Muruga: Clear** Sunset: 7:28PM  
**Nataraja: Blue**  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 3 Sutra 52  
 Sobhana 5125  
 Moon 5 - Phase 8 - 3  
 1st Phase

**Devaloka Day**

**3** **Thursday, June 8, 2023**

Makara Rasi: 21.48 Tithi 20 – 21  
 395296571  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shrivana/Dhanishtha Nakshatra Indra/Vaidhiti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 8:23AM – 10:14AM**  
 Yama 4:42AM – 6:32AM  
**Rahu 1:56PM – 3:47PM**  
**Shravana Until 8:31AM**  
 Indra Until 8:31AM  
 Gara Until 7:13PM  
**Panchami Until 8:32AM**  
**Ganesha: Yellow** Sunrise: 4:42AM  
**Muruga: Clear** Sunset: 7:29PM  
**Nataraja: Blue**  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 4 Sutra 53  
 Sobhana 5125  
 Moon 5 - Phase 8 - 4  
 1st Phase

**Sivaloka Day**

**4** **Friday, June 9, 2023**

Kumbha Rasi: 6.14 Tithi 22  
 395296571  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 6:32AM – 8:23AM**  
 Yama 3:47PM – 5:38PM  
**Rahu 10:14AM – 12:05PM**  
**Dhanishtha Until 6:42AM**  
 Vishkambha\* Until 2:21AM Sat  
 Visti Until 4:44PM  
**Saptami Until 3:36AM Sat**  
**Ganesha: Yellow** Sunrise: 4:41AM  
**Muruga: Clear** Sunset: 7:29PM  
**Nataraja: Blue**  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 5 Sutra 54  
 Sobhana 5125  
 Moon 5 - Phase 8 - 5  
 1st Phase

**Sivaloka Day**

**Retreat Star**  
**Saturday, June 10, 2023**

Kumbha Rasi: 20.28 Tithi 23  
 315296571  
 Routine Work Marana Yoga  
 Until 4:05AM Sun  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Purvaproshtpada\* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 4:41AM – 6:32AM**  
 Yama 1:57PM – 3:48PM  
**Rahu 8:23AM – 10:14AM**  
**Purvaproshtpada\* Until 4:05AM Sun**  
 Priti Until 11:44PM  
 Balava Until 2:37PM  
**Ashtami\* Until 1:40AM Sun**  
**Ganesha: Clear** Sunrise: 4:41AM  
**Muruga: Clear** Sunset: 7:30PM  
**Nataraja: Blue**  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 6 Sutra 55  
 Sobhana 5125  
 Moon 5 - Phase 8 - 6  
 Ashtami

**Sivaloka Day**

**Retreat Star**  
**Sunday, June 11, 2023**

Meena Rasi: 4.26 Tithi 24  
 315296571  
 Creative Work Amrita Yoga  
 Until 3:22AM Mon  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 3:48PM – 5:39PM**  
 Yama 12:06PM – 1:57PM  
**Rahu 5:39PM – 7:30PM**  
**Uttaraproshtpada Until 3:22AM Mon**  
 Ayushman Until 9:24PM  
 Taitila Until 12:53PM  
**Navami\* Until 12:09AM Mon**  
**Ganesha: Clear** Sunrise: 4:41AM  
**Muruga: Clear** Sunset: 7:30PM  
**Nataraja: Blue**  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

Lanham, MD  
 Sun 7 Sutra 56  
 Sobhana 5125  
 Moon 5 - Phase 8 - 7  
 Navami

**Sivaloka Day**

# Monday, June 12, 2023

Meena Rasi: 18.09 Tithi 25  
**Family Home Evening**  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Revati Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Dashamyam Titau

**Gulika 1:57PM – 3:48PM**  
 Yama 10:15AM – 12:06PM  
**Rahu 6:32AM – 8:24AM**

**Revati Until 2:55AM Tue**  
 Saubhagya Until 7:26PM  
 Vanija Until 11:33AM  
**Dashami Until 11:02PM**

Lanham, MD Sun 8 Sutra 57  
 Sobhana 5125  
 Moon 5 - Phase 9 - 8  
 2nd Phase

**Ganesh:** Clear *Sunrise: 4:41AM*  
**Muruga:** Clear *Sunset: 7:31PM*  
**Nataraja:** Blue  
 Moon – Clear

**Sivaloka Day**  
 Jyeshtha\*Vaikasi

# 2 Tuesday, June 13, 2023

Mesha Rasi: 1.37 Tithi 26  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Ekadashyam Titau

**Gulika 12:06PM – 1:57PM**  
 Yama 8:24AM – 10:15AM  
**Rahu 3:49PM – 5:40PM**

**Ashvini Until 3:10AM Wed**  
 Sobhana Until 5:49PM  
 Bava Until 10:39AM  
**Ekadashi\* Until 10:20PM**

Lanham, MD Sun 9 Sutra 58  
 Sobhana 5125  
 Moon 5 - Phase 9 - 9  
 2nd Phase

**Ganesh:** White *Sunrise: 4:41AM*  
**Muruga:** Clear *Sunset: 7:31PM*  
**Nataraja:** Blue  
 Moon – White

**Devaloka Day**  
 Jyeshtha\*Vaikasi

# 3 Wednesday, June 14, 2023

Mesha Rasi: 14.52 Tithi 27  
 Creative Work Siddha Yoga  
 Until 3:41AM Thu  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau

**Gulika 10:15AM – 12:06PM**  
 Yama 6:32AM – 8:24AM  
**Rahu 12:06PM – 1:58PM**

**Bharani Until 3:41AM Thu**  
 Athiganda\* Until 4:30PM  
 Kaulava Until 10:10AM  
**Dvadashi\* Until 10:03PM**

Lanham, MD Sun 10 Sutra 59  
 Sobhana 5125  
 Moon 5 - Phase 9 - 10  
 2nd Phase

**Ganesh:** White *Sunrise: 4:41AM*  
**Muruga:** Clear *Sunset: 7:32PM*  
**Nataraja:** Blue  
 Moon – White

**Devaloka Day**  
 Jyeshtha\*Vaikasi

# 4 Thursday, June 15, 2023

Mesha Rasi: 27.54 Tithi 28  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
 Kritika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau

**Gulika 8:24AM – 10:15AM**  
 Yama 4:41AM – 6:32AM  
**Rahu 1:58PM – 3:49PM**

**Kritika Until 4:27AM Fri**  
 Sukarma Until 3:31PM  
 Gara Until 10:05AM  
**Trayodashi\* Until 10:10PM**

Lanham, MD Sun 11 Sutra 60  
 Sobhana 5125  
 Moon 5 - Phase 9 - 11  
 2nd Phase

**Ganesh:** Yellow *Sunrise: 4:41AM*  
**Muruga:** Clear *Sunset: 7:32PM*  
**Nataraja:** Blue  
 Moon – White

**Sivaloka Day**  
 Jyeshtha\*Ani

Pradosha Vrata (Fasting)

# 5 Friday, June 16, 2023

Vrishabha Rasi: 10.44 Tithi 29  
 Routine Work Marana Yoga  
 Until 5:55AM Sat  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini Nakshatra Dhriti/Shula\* Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau

**Gulika 6:33AM – 8:24AM**  
 Yama 3:50PM – 5:41PM  
**Rahu 10:15AM – 12:07PM**

**Rohini Until 5:55AM Sat**  
 Dhriti Until 2:52PM  
 Visti Until 10:24AM  
**Chaturdashi\* Until 10:42PM**

Lanham, MD Sun 12 Sutra 61  
 Sobhana 5125  
 Moon 5 - Phase 9 - 12  
 2nd Phase

**Ganesh:** Red *Sunrise: 4:41AM*  
**Muruga:** Clear *Sunset: 7:32PM*  
**Nataraja:** Blue  
 Moon – Yellow

**Sivaloka Day**  
 Jyeshtha\*Ani

# ● Saturday, June 17, 2023

**Retreat Star**

Vrishabha Rasi: 23.22 Tithi 30  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira Nakshatra Shula\*/Ganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

**Gulika 4:41AM – 6:33AM**  
 Yama 1:58PM – 3:50PM  
**Rahu 8:24AM – 10:16AM**

**Mrigashira Until 7:36AM Sun**  
 Shula\* Until 2:31PM  
 Catuspada Until 11:08AM  
**Amavasya\* Until 11:38PM**

Lanham, MD Sun 13 Sutra 62  
 Sobhana 5125  
 Moon 5 - Phase 9 - 13  
 Amavasya

**Ganesh:** Red *Sunrise: 4:41AM*  
**Muruga:** Clear *Sunset: 7:33PM*  
**Nataraja:** Blue  
 Moon – Yellow

**Sivaloka Day**  
 Jyeshtha\*Ani

# Sunday, June 18, 2023

**Retreat Star**

Mithuna Rasi: 5.5 Tithi 1  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Ganda\*/Vridhi Yoga Kintughna\*/Bava Karana Prathamayam Titau

**Gulika 3:50PM – 5:42PM**  
 Yama 12:07PM – 1:59PM  
**Rahu 5:42PM – 7:33PM**

**Mrigashira Until 7:36AM**  
 Ganda\* Until 2:29PM  
 Kintughna Until 12:16PM  
**Prathama\* Until 12:57AM Mon**

Lanham, MD Sun 14 Sutra 63  
 Sobhana 5125  
 Moon 5 - Phase 9 - 14  
 Prathama

**Ganesh:** Red *Sunrise: 4:41AM*  
**Muruga:** Yellow *Sunset: 7:33PM*  
**Nataraja:** Blue  
 Moon – Yellow

**Sivaloka Day**  
 Ashada\*Ani

Father's Day

<b>Monday, June 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 64	
<b>1</b>	Mithuna Rasi: 18.07 Tithi 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 9:31AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:59PM – 3:50PM Yama 10:16AM – 12:07PM <b>Rahu</b> 6:33AM – 8:24AM	<b>Ardra Until 9:31AM</b> Vriddhi Until 2:46PM Balava Until 1:47PM <b>Dvitiya Until 2:39AM Tue</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Yellow <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:41AM <b>Sunset:</b> 7:33PM Moon 5 - Phase 10 - 15 3rd Phase <b>Sivaloka Day</b>
<b>Tuesday, June 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 16 Sutra 65	
<b>2</b>	Kataka Rasi: 0.15 Tithi 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:08PM – 1:59PM Yama 8:25AM – 10:16AM <b>Rahu</b> 3:51PM – 5:42PM	<b>Punarvasu Until 12:07PM</b> Dhruva Until 3:17PM Taitila Until 3:38PM <b>Tritiya Until 4:40AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 16 3rd Phase <b>Sivaloka Day</b>
<b>Wednesday, June 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Lanham, MD Sun 17 Sutra 66	
<b>3</b>	Kataka Rasi: 12.16 Tithi 4 Creative Work Siddha Yoga	<b>Gulika</b> 10:16AM – 12:08PM Yama 6:33AM – 8:25AM <b>Rahu</b> 12:08PM – 1:59PM	<b>Pushya Until 2:49PM</b> Vyaghata* Until 4:03PM Vanija Until 5:48PM <b>Chaturthi* Until 6:56AM Thu</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 17 3rd Phase <b>Sivaloka Day</b>
<b>Thursday, June 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 18 Sutra 67	
<b>4</b>	Kataka Rasi: 24.11 Tithi 4 – 5 Creative Work Siddha Yoga Until 5:34PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:25AM – 10:17AM Yama 4:42AM – 6:34AM <b>Rahu</b> 2:00PM – 3:51PM	<b>Ashlesha* Until 5:34PM</b> Harshana Until 4:59PM Bava Until 8:09PM <b>Chaturthi* Until 6:56AM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 18 3rd Phase <b>Devaloka Day</b>
<b>Friday, June 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Lanham, MD Sun 19 Sutra 68	
<b>5</b>	Simha Rasi: 6.03 Tithi 5 – 6 Routine Work Marana Yoga Until 8:43PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:34AM – 8:25AM Yama 3:51PM – 5:43PM <b>Rahu</b> 10:17AM – 12:08PM	<b>Magha* Until 8:43PM</b> Vajra* Until 5:56PM Kaulava Until 10:33PM <b>Panchami Until 9:20AM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 19 3rd Phase <b>Sivaloka Day</b>
<b>Saturday, June 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 20 Sutra 69	
<b>6</b>	Simha Rasi: 17.55 Tithi 6 – 7 Creative Work Siddha Yoga Until 11:35PM Then Routine Work - Marana Yoga	<b>Gulika</b> 4:43AM – 6:34AM Yama 2:00PM – 3:51PM <b>Rahu</b> 8:26AM – 10:17AM	<b>Purvaphalguni Until 11:35PM</b> Siddhi Until 6:50PM Gara Until 12:50AM Sun <b>Shashthi* Until 11:42AM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:43AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 20 3rd Phase <b>Sivaloka Day</b>
<b>Sunday, June 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bharu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 21 Sutra 70	
<b>Retreat Star</b>	Simha Rasi: 29.52 Tithi 7 – 8 Creative Work Amrita Yoga Until 1:59AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:52PM – 5:43PM Yama 12:09PM – 2:00PM <b>Rahu</b> 5:43PM – 7:34PM <b>Chidambaram Abhishekam</b>	<b>Uttaraphalguni Until 1:59AM Mon</b> Vyatipata* Until 7:32PM Visti Until 2:46AM Mon <b>Saptami Until 1:50PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:43AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 21 Ashtami <b>Sivaloka Day</b>
<b>Monday, June 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 22 Sutra 71	
<b>Retreat Star</b>	Kanya Rasi: 11.57 Tithi 8 – 9 <b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Gulika</b> 2:00PM – 3:52PM Yama 10:17AM – 12:09PM <b>Rahu</b> 6:35AM – 8:26AM	<b>Hasta Until 4:10AM Tue</b> Variyan Until 7:49PM Balava Until 4:09AM Tue <b>Ashtami* Until 3:31PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Blue Moon – Green <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:43AM <b>Sunset:</b> 7:34PM Moon 5 - Phase 10 - 22 Navami <b>Sivaloka Day</b>

<b>1 Tuesday, June 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Sun 23 Sutra 72	
Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					
Kanya Rasi: 24.16	Tithi 9 – 10	<b>Gulika</b> 12:09PM – 2:00PM	<b>Chitra</b> Until 5:29AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM
		Yama 8:26AM – 10:18AM	Parigha* Until 7:35PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:35PM
		367316571 <b>Rahu</b> 3:52PM – 5:43PM	Taitila Until 4:48AM Wed	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 23
Creative Work	Siddha Yoga		<b>Navami* Until 4:33PM</b>	Moon – Green	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>2 Wednesday, June 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Sun 24 Sutra 73	
Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau					
Tula Rasi: 6.56	Tithi 10 – 11	<b>Gulika</b> 10:18AM – 12:09PM	<b>Svati</b> Until 5:49AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM
		Yama 6:35AM – 8:27AM	Shiva Until 6:44PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:35PM
		367316571 <b>Rahu</b> 12:09PM – 2:01PM	Vanija Until 4:37AM Thu	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 24
Creative Work	Siddha Yoga		<b>Dashami Until 4:48PM</b>	Moon – Green	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>3 Thursday, June 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		Sun 25 Sutra 74	
Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					
Tula Rasi: 20	Tithi 11 – 12	<b>Gulika</b> 8:27AM – 10:18AM	<b>Vishakha</b> Until 5:38AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM
		Yama 4:44AM – 6:36AM	Siddha Until 5:11PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:35PM
		378316571 <b>Rahu</b> 2:01PM – 3:52PM	Bava Until 3:35AM Fri	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 25
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:11PM</b>	Moon – Orange	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>4 Friday, June 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Sun 26 Sutra 75	
Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					
Vrischika Rasi: 3.32	Tithi 12 – 13	<b>Gulika</b> 6:36AM – 8:27AM	<b>Anuradha</b> Until 4:32AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM
		Yama 3:52PM – 5:43PM	Sadhya Until 2:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:34PM
		378316571 <b>Rahu</b> 10:18AM – 12:10PM	Kaulava Until 1:47AM Sat	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 26
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:45PM</b>	Moon – Orange	4th Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	
				Pradosha Vrata	

<b>5 Saturday, July 1, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Sun 27 Sutra 76	
Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau					
Vrischika Rasi: 17.32	Tithi 13 – 14	<b>Gulika</b> 4:45AM – 6:36AM	<b>Jyeshtha*</b> Until 2:38AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM
		Yama 2:01PM – 3:52PM	Subha Until 12:12PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:34PM
		378316571 <b>Rahu</b> 8:28AM – 10:19AM	Gara Until 11:18PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - 27
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:36PM</b>	Moon – Orange	4th Phase
Until 2:38AM Sun				<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashada*Ani	

<b>○ Sunday, July 2, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Sun 27 Sutra 77	
<b>Copper Retreat Star</b>		Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			
Dhanus Rasi: 1.57	Tithi 14 – 15	<b>Gulika</b> 3:52PM – 5:43PM	<b>Mula*</b> Until 12:31AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM
		Yama 12:10PM – 2:01PM	Sukla Until 8:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:34PM
		388316571 <b>Rahu</b> 5:43PM – 7:34PM	Visti Until 8:18PM	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 9:50AM</b>	Moon – Light Blue	
Until 12:31AM Mon		<b>Satguru Purnima</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Ashada*Ani	

<b>Monday, July 3, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Sun 27 Sutra 78	
<b>Silver Retreat Star</b>		Purvashadha* Nakshatra Indra Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			
Dhanus Rasi: 16.43	Tithi 15 – 16	<b>Gulika</b> 2:01PM – 3:52PM	<b>Purvashadha*</b> Until 9:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM
		Yama 10:19AM – 12:10PM	Indra Until 1:21AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:34PM
<b>Family Home Evening</b>		388316571 <b>Rahu</b> 6:37AM – 8:28AM	Kaulava Until 3:11AM Tue	<b>Nataraja:</b> Blue	Moon 5 - Phase 11 - Prathama
Routine Work	Marana Yoga		<b>Purnima* Until 6:39AM</b>	Moon – Light Blue	
				<b>Devaloka Day</b>	
				Ashada*Ani	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



**Tuesday, July 4, 2023**  
**Gold Retreat Star**

Makara Rasi: 1.42 Tithi 17  
388316571  
Routine Work Prabalarishta Yoga  
Until 7:05PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Uttarahadha Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika 12:10PM – 2:01PM**  
Yama 8:29AM – 10:19AM  
**Rahu 3:52PM – 5:43PM**  
**Uttarahadha Until 7:05PM**  
Vaidhriti\* Until 9:20PM  
Taitila Until 1:25PM  
**Dvitiya Until 11:37PM**

**Ganesha: Purple** Sunrise: 4:47AM  
**Muruga: Yellow** Sunset: 7:34PM  
**Nataraja: Blue**  
Moon – Light Blue  
**Ashada\*Ani**  
**Devaloka Day**  
Sobhana 5125  
Moon 6 - Phase 12 - 1st Phase

**1**  
**Wednesday, July 5, 2023**

Makara Rasi: 16.44 Tithi 18  
399316571  
Creative Work Siddha Yoga  
Until 4:31PM  
Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vishkambha\*Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 10:20AM – 12:11PM**  
Yama 6:38AM – 8:29AM  
**Rahu 12:11PM – 2:01PM**  
**Shravana Until 4:31PM**  
Vishkambha\* Until 5:23PM  
Vanija Until 9:52AM  
**Tritiya Until 8:07PM**

**Ganesha: Purple** Sunrise: 4:47AM  
**Muruga: Yellow** Sunset: 7:34PM  
**Nataraja: Blue**  
Moon – Purple  
**Ashada\*Ani**  
**Subha Sivaloka Day**  
Lanham, MD  
Sun 1  
Sutra 80  
Sobhana 5125  
Moon 6 - Phase 12 - 1st Phase

**2**  
**Thursday, July 6, 2023**

Kumbha Rasi: 1.42 Tithi 19 – 20  
399316571  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika 8:29AM – 10:20AM**  
Yama 4:48AM – 6:39AM  
**Rahu 2:01PM – 3:52PM**  
**Dhanishtha Until 2:01PM**  
Priti Until 1:36PM  
Bava Until 6:27AM  
**Chaturthi\* Until 4:50PM**

**Ganesha: Purple** Sunrise: 4:48AM  
**Muruga: Yellow** Sunset: 7:34PM  
**Nataraja: Blue**  
Moon – Purple  
**Ashada\*Ani**  
**Subha Sivaloka Day**  
Lanham, MD  
Sun 2  
Sutra 81  
Sobhana 5125  
Moon 6 - Phase 12 - 2nd Phase

**3**  
**Friday, July 7, 2023**

Kumbha Rasi: 16.26 Tithi 20 – 21  
499316571  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika 6:39AM – 8:30AM**  
Yama 3:52PM – 5:43PM  
**Rahu 10:20AM – 12:11PM**  
**Shatabhishak Until 11:43AM**  
Ayushman Until 10:04AM  
Gara Until 12:37AM Sat  
**Panchami Until 1:54PM**

**Ganesha: Clear** Sunrise: 4:48AM  
**Muruga: Yellow** Sunset: 7:33PM  
**Nataraja: Blue**  
Moon – Purple  
**Ashada\*Ani**  
**Sivaloka Day**  
Lanham, MD  
Sun 3  
Sutra 82  
Sobhana 5125  
Moon 6 - Phase 12 - 3rd Phase

**4**  
**Saturday, July 8, 2023**

Meena Rasi: 0.52 Tithi 21 – 22  
419316571  
Routine Work Marana Yoga  
Until 10:09AM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika 4:49AM – 6:40AM**  
Yama 2:01PM – 3:52PM  
**Rahu 8:30AM – 10:21AM**  
**Purvaproshtapada\* Until 10:09AM**  
Saubhagya Until 6:56AM  
Visti Until 10:26PM  
**Shashthi\* Until 11:26AM**

**Ganesha: Yellow** Sunrise: 4:49AM  
**Muruga: Yellow** Sunset: 7:33PM  
**Nataraja: Blue**  
Moon – Clear  
**Ashada\*Ani**  
**Sivaloka Day**  
Lanham, MD  
Sun 4  
Sutra 83  
Sobhana 5125  
Moon 6 - Phase 12 - 4th Phase

**Retreat Star**  
**Sunday, July 9, 2023**

Meena Rasi: 14.55 Tithi 22 – 23  
419316571  
Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam Uttaraproshtapada\*/Revati Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika 3:52PM – 5:42PM**  
Yama 12:11PM – 2:02PM  
**Rahu 5:42PM – 7:33PM**  
**Uttaraproshtapada Until 9:01AM**  
Athiganda\* Until 2:02AM Mon  
Balava Until 8:50PM  
**Saptami Until 9:32AM**

**Ganesha: Yellow** Sunrise: 4:50AM  
**Muruga: Yellow** Sunset: 7:33PM  
**Nataraja: Blue**  
Moon – Clear  
**Ashada\*Ani**  
**Sivaloka Day**  
Lanham, MD  
Sun 5  
Sutra 84  
Sobhana 5125  
Moon 6 - Phase 12 - 5th Phase

**Retreat Star**  
**Monday, July 10, 2023**

Meena Rasi: 28.36 Tithi 23 – 24  
419316571  
**Family Home Evening**  
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika 2:02PM – 3:52PM**  
Yama 10:21AM – 12:11PM  
**Rahu 6:41AM – 8:31AM**  
**Revati Until 8:20AM**  
Sukarma Until 12:21AM Tue  
Taitila Until 7:51PM  
**Ashtami\* Until 8:15AM**

**Ganesha: Yellow** Sunrise: 4:50AM  
**Muruga: Yellow** Sunset: 7:32PM  
**Nataraja: Blue**  
Moon – Clear  
**Ashada\*Ani**  
**Sivaloka Day**  
Lanham, MD  
Sun 6  
Sutra 85  
Sobhana 5125  
Moon 6 - Phase 12 - 6th Phase

<b>1 Tuesday, July 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Lanham, MD	
Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7	Sutra 86
Mesha Rasi: 11.55	Tithi 24 – 25	<b>Gulika</b> 12:11PM – 2:02PM	<b>Ashvini Until 8:33AM</b>	<b>Ganesha:</b> Blue	Sunrise: 4:51AM
		Yama 8:31AM – 10:21AM	Dhriti Until 11:08PM	<b>Muruga:</b> Yellow	Sunset: 7:32PM
	429316571	<b>Rahu</b> 3:52PM – 5:42PM	Vanija Until 7:29PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 7
Creative Work	Siddha Yoga		<b>Navami* Until 7:34AM</b>	Moon – White	2nd Phase
				<b>Subha Sivaloka Day</b>	
				Ashada*Ani	

<b>2 Wednesday, July 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Lanham, MD	
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8	Sutra 87
Mesha Rasi: 24.56	Tithi 25 – 26	<b>Gulika</b> 10:22AM – 12:12PM	<b>Bharani Until 9:12AM</b>	<b>Ganesha:</b> Blue	Sunrise: 4:52AM
		Yama 6:42AM – 8:32AM	Shula* Until 10:21PM	<b>Muruga:</b> Yellow	Sunset: 7:31PM
	429316571	<b>Rahu</b> 12:12PM – 2:02PM	Bava Until 7:40PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 8
Creative Work	Siddha Yoga		<b>Dashami Until 7:29AM</b>	Moon – White	2nd Phase
Until 9:12AM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Ashada*Ani	

<b>3 Thursday, July 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Lanham, MD	
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9	Sutra 88
Mrishabha Rasi: 7.42	Tithi 26 – 27	<b>Gulika</b> 8:32AM – 10:22AM	<b>Krittika Until 10:12AM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:52AM
		Yama 4:52AM – 6:42AM	Ganda* Until 9:56PM	<b>Muruga:</b> Yellow	Sunset: 7:31PM
	421316571	<b>Rahu</b> 2:01PM – 3:51PM	Kaulava Until 8:20PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 9
Routine Work	Marana Yoga		<b>Ekadashi* Until 7:55AM</b>	Moon – White	2nd Phase
				<b>Subha Sivaloka Day</b>	
				Ashada*Ani	

<b>4 Friday, July 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Lanham, MD	
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10	Sutra 89
Mrishabha Rasi: 20.14	Tithi 27 – 28	<b>Gulika</b> 6:43AM – 8:32AM	<b>Rohini Until 11:56AM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:53AM
		Yama 3:51PM – 5:41PM	Vriddhi Until 9:51PM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
	431316571	<b>Rahu</b> 10:22AM – 12:12PM	Gara Until 9:24PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 10
Routine Work	Marana Yoga		<b>Dvadashi* Until 8:48AM</b>	Moon – Yellow	2nd Phase
Until 11:56AM				<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Ashada*Ani	
				Pradosha Vrata (Fasting)	

<b>5 Saturday, July 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Lanham, MD	
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11	Sutra 90
Mithuna Rasi: 2.37	Tithi 28 – 29	<b>Gulika</b> 4:54AM – 6:43AM	<b>Mrigashira Until 1:53PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:54AM
		Yama 2:01PM – 3:51PM	Dhruva Until 10:02PM	<b>Muruga:</b> Yellow	Sunset: 7:30PM
	431316571	<b>Rahu</b> 8:33AM – 10:22AM	Visti Until 10:50PM	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 11
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:04AM</b>	Moon – Yellow	2nd Phase
				<b>Sivaloka Day</b>	
				Ashada*Ani	

<b>6 Sunday, July 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Lanham, MD	
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12	Sutra 91
<b>Retreat Star</b>		<b>Gulika</b> 3:51PM – 5:40PM	<b>Ardra Until 3:59PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:54AM
Mithuna Rasi: 14.51	Tithi 29 – 30	Yama 12:12PM – 2:01PM	Vyaghata* Until 10:27PM	<b>Muruga:</b> Yellow	Sunset: 7:29PM
		<b>Rahu</b> 5:40PM – 7:29PM	Catuspada Until 12:35AM Mon	<b>Nataraja:</b> Blue	Moon 6 - Phase 13 - 12
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:39AM</b>	Moon – Yellow	Amavasya
				<b>Sivaloka Day</b>	
				Ashada*Adi	

<b>7 Monday, July 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Lanham, MD	
Punarvasu Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13	Sutra 92
<b>Retreat Star</b>		<b>Gulika</b> 2:01PM – 3:50PM	<b>Punarvasu Until 6:40PM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:55AM
Mithuna Rasi: 26.58	Tithi 30 – 1	Yama 10:23AM – 12:12PM	Harshana Until 11:05PM	<b>Muruga:</b> Yellow	Sunset: 7:29PM
<b>Family Home Evening</b>		<b>Rahu</b> 6:44AM – 8:34AM	Kintughna Until 2:35AM Tue	<b>Nataraja:</b> Yellow	Moon 6 - Phase 13 - 13
Creative Work	Amrita Yoga		<b>Amavasya* Until 1:32PM</b>	Moon – Blue	Prathama
Until 6:40PM				<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Srivana Adhika*Adi	

<b>1</b>		<b>Tuesday, July 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 14 Sutra 93	
Kataka Rasi: 8.59	Tithi 1 – 2	<b>Gulika</b> Yama	<b>12:12PM – 2:01PM</b> 8:34AM – 10:23AM	<b>Pushya Until 9:26PM</b> Vajra* Until 11:53PM	<b>Ganesh:</b> Orange <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 7:28PM	Moon 6 - Phase 14 - 14 3rd Phase
Creative Work	Siddha Yoga	441316572	<b>Rahu</b> 3:50PM – 5:39PM	Balava Until 4:49AM Wed <b>Prathama* Until 3:39PM</b>	<b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sravana Adhika*Adi	
<b>2</b>		<b>Wednesday, July 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 15 Sutra 94	
Kataka Rasi: 20.54	Tithi 2 – 3	<b>Gulika</b> Yama	<b>10:23AM – 12:12PM</b> 6:46AM – 8:34AM	<b>Ashlesha* Until 12:12AM Thu</b> Siddhi Until 12:49AM Thu	<b>Ganesh:</b> Orange <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 7:28PM	Moon 6 - Phase 14 - 15 3rd Phase
Creative Work	Siddha Yoga	441316572	<b>Rahu</b> 12:12PM – 2:01PM	Taitila Until 7:13AM Thu <b>Dvitiya Until 5:59PM</b>	<b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sravana Adhika*Adi	
Until 12:12AM Thu Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Thursday, July 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 16 Sutra 95	
Simha Rasi: 2.46	Tithi 3	<b>Gulika</b> Yama	<b>8:35AM – 10:24AM</b> 4:57AM – 6:46AM	<b>Magha* Until 3:24AM Fri</b> Vyatipata* Until 1:51AM Fri	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 7:27PM	Moon 6 - Phase 14 - 16 3rd Phase
Creative Work	Amrita Yoga	451316572	<b>Rahu</b> 2:01PM – 3:50PM	Taitila Until 7:13AM <b>Tritiya Until 8:25PM</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b> Sravana Adhika*Adi	
Until 3:24AM Fri Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Friday, July 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau		Lanham, MD Sun 17 Sutra 96	
Simha Rasi: 15	Tithi 4	<b>Gulika</b> Yama	<b>6:47AM – 8:35AM</b> 3:49PM – 5:38PM	<b>Purvaphalguni Until 6:24AM Sat</b> Varyan Until 2:50AM Sat	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 7:26PM	Moon 6 - Phase 14 - 17 3rd Phase
Creative Work	Siddha Yoga	451316572	<b>Rahu</b> 10:24AM – 12:12PM	Vanija Until 9:41AM <b>Chaturthi* Until 10:53PM</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b> Sravana Adhika*Adi	
Until 6:24AM Sat Then Routine Work - Marana Yoga							
<b>5</b>		<b>Saturday, July 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 18 Sutra 97	
Simha Rasi: 26.27	Tithi 5	<b>Gulika</b> Yama	<b>4:59AM – 6:47AM</b> 2:01PM – 3:49PM	<b>Purvaphalguni Until 6:24AM</b> Parigha* Until 3:42AM Sun	<b>Ganesh:</b> White <b>Muruga:</b> Yellow	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 7:26PM	Moon 6 - Phase 14 - 18 3rd Phase
Creative Work	Siddha Yoga	451416572	<b>Rahu</b> 8:36AM – 10:24AM	Bava Until 12:05PM <b>Panchami Until 1:12AM Sun</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Bhuloka Day</b> Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	
Until 6:24AM Then Routine Work - Marana Yoga							
<b>6</b>		<b>Sunday, July 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 19 Sutra 98	
Kanya Rasi: 8.23	Tithi 6	<b>Gulika</b> Yama	<b>3:49PM – 5:37PM</b> 12:12PM – 2:00PM	<b>Uttaraphalguni Until 9:03AM</b> Shiva Until 4:19AM Mon	<b>Ganesh:</b> White <b>Muruga:</b> Yellow	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 7:25PM	Moon 6 - Phase 14 - 19 3rd Phase
Creative Work	Amrita Yoga	451416572	<b>Rahu</b> 5:37PM – 7:25PM	Kaulava Until 2:16PM <b>Shashthi* Until 3:11AM Mon</b>	<b>Nataraja:</b> Yellow Moon – Red	<b>Bhuloka Day</b> Sravana Adhika*Adi Devaloka Time: 3:PM to 6:PM	
<b>Monday, July 24, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Lanham, MD Sun 20 Sutra 99	
Kanya Rasi: 20.26	Tithi 7	<b>Gulika</b> Yama	<b>2:00PM – 3:48PM</b> 10:24AM – 12:12PM	<b>Hasta Until 11:40AM</b> Siddha Until 4:30AM Tue	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 7:24PM	Moon 6 - Phase 14 - 20 3rd Phase
<b>Family Home Evening</b>		462416572	<b>Rahu</b> 6:49AM – 8:37AM	Gara Until 4:00PM <b>Saptami Until 4:38AM Tue</b>	<b>Nataraja:</b> Yellow Moon – Green	<b>Sivaloka Day</b> Sravana Adhika*Adi	
Creative Work	Siddha Yoga						
Until 11:40AM Then Routine Work - Prabalarishta Yoga							
<b>Tuesday, July 25, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Lanham, MD Sun 21 Sutra 100	
Tula Rasi: 2.44	Tithi 8	<b>Gulika</b> Yama	<b>12:12PM – 2:00PM</b> 8:37AM – 10:25AM	<b>Chitra Until 1:32PM</b> Sadhya Until 4:07AM Wed	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow	<b>Sunrise:</b> 5:02AM <b>Sunset:</b> 7:23PM	Moon 6 - Phase 14 - 21 Ashtami
Creative Work	Siddha Yoga	462416572	<b>Rahu</b> 3:48PM – 5:35PM	Visti Until 5:07PM <b>Ashtami* Until 5:22AM Wed</b>	<b>Nataraja:</b> Yellow Moon – Green	<b>Sivaloka Day</b> Sravana Adhika*Adi	
<b>Wednesday, July 26, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Lanham, MD Sun 22 Sutra 101	
Tula Rasi: 15.21	Tithi 9	<b>Gulika</b> Yama	<b>10:25AM – 12:12PM</b> 6:50AM – 8:37AM	<b>Svati Until 2:29PM</b> Subha Until 3:07AM Thu	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow	<b>Sunrise:</b> 5:02AM <b>Sunset:</b> 7:22PM	Moon 6 - Phase 14 - 22 Navami
Creative Work	Siddha Yoga	462416572	<b>Rahu</b> 12:12PM – 2:00PM	Balava Until 5:27PM <b>Navami* Until 5:16AM Thu</b>	<b>Nataraja:</b> Yellow Moon – Green	<b>Sivaloka Day</b> Sravana Adhika*Adi	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

www.gurudeva.org/panchang

**1 Thursday, July 27, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Lanham, MD  
 Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 102  
 Tula Rasi: 28.22 Tithi 10 **Gulika 8:38AM – 10:25AM** **Vishakha Until 2:55PM** **Ganesh:** Clear **Sunrise:** 5:03AM **Muruga:** Yellow **Sunset:** 7:21PM **Moon 6 - Phase 15 - 23**  
 472416572 **Rahu 2:00PM – 3:47PM** Sukla Until 1:23AM Fri **Nataraja:** Yellow **4th Phase**  
 Creative Work Siddha Yoga Taitila Until 4:55PM **Moon – Orange** **Devaloka Day**  
**Dashami Until 4:18AM Fri** **Sravana Adhika\*Adi**

**2 Friday, July 28, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Lanham, MD  
 Anuradha/Jyeshtha\* Nakshatra Brahma Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 24 Sutra 103  
 Vrischika Rasi: 11.51 Tithi 11 **Gulika 6:51AM – 8:38AM** **Anuradha Until 2:21PM** **Ganesh:** Clear **Sunrise:** 5:04AM **Muruga:** Yellow **Sunset:** 7:21PM **Moon 6 - Phase 15 - 24**  
 472416572 **Rahu 10:25AM – 12:12PM** Brahma Until 10:59PM **Nataraja:** Yellow **4th Phase**  
 Creative Work Siddha Yoga Vanija Until 3:31PM **Moon – Orange** **Devaloka Day**  
 Until 2:21PM **Ekadashi Until 2:31AM Sat** **Sravana Adhika\*Adi**  
 Then Routine Work - Marana Yoga

**3 Saturday, July 29, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Lanham, MD  
 Jyeshtha\*/Mula\* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 104  
 Vrischika Rasi: 25.5 Tithi 12 **Gulika 5:05AM – 6:52AM** **Jyeshtha\* Until 12:51PM** **Ganesh:** Clear **Sunrise:** 5:05AM **Muruga:** Yellow **Sunset:** 7:20PM **Moon 6 - Phase 15 - 25**  
 472416572 **Rahu 8:39AM – 10:25AM** Indra Until 7:59PM **Nataraja:** Yellow **4th Phase**  
 Creative Work Siddha Yoga Bava Until 1:21PM **Moon – Orange** **Devaloka Day**  
**Dvadashi Until 11:59PM** **Sravana Adhika\*Adi**

**4 Sunday, July 30, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Lanham, MD  
 Mula\*/Purvashadha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 105  
 Dhanus Rasi: 10.17 Tithi 13 **Gulika 3:46PM – 5:32PM** **Mula\* Until 10:58AM** **Ganesh:** White **Sunrise:** 5:06AM **Muruga:** Yellow **Sunset:** 7:19PM **Moon 6 - Phase 15 - 26**  
 482416572 **Rahu 5:32PM – 7:19PM** Vaidhriti\* Until 4:27PM **Nataraja:** Yellow **4th Phase**  
 Creative Work Amrita Yoga Kaulava Until 10:31AM **Moon – Light Blue** **Sivaloka Day**  
 Until 10:58AM **Trayodashi Until 8:53PM** **Sravana Adhika\*Adi**  
 Then Creative Work - Siddha Yoga **Pradosha Vrata**

**5 Monday, July 31, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Lanham, MD  
 Purvashadha\*/Uttarashadha Nakshatra Vishkambha\*/Priti\* Yoga Gara/Visti\* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 106  
 Dhanus Rasi: 25.08 Tithi 14 – 15 **Gulika 1:59PM – 3:45PM** **Purvashadha\* Until 8:25AM** **Ganesh:** White **Sunrise:** 5:07AM **Muruga:** Yellow **Sunset:** 7:18PM **Moon 6 - Phase 15 - 27**  
**Family Home Evening** 482416572 **Rahu 6:53AM – 8:39AM** Vishkambha\* Until 12:32PM **Nataraja:** Yellow **4th Phase**  
 Routine Work Marana Yoga Gara Until 7:11AM **Moon – Light Blue** **Sivaloka Day**  
**Chaturdashi\* Until 5:21PM** **Sravana Adhika\*Adi**

**○ Tuesday, August 1, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Lanham, MD  
**Copper Retreat Star** Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 107  
 Makara Rasi: 10.16 Tithi 15 – 16 **Gulika 12:12PM – 1:58PM** **Shravana Until 2:32AM Wed** **Ganesh:** Yellow **Sunrise:** 5:07AM **Muruga:** Yellow **Sunset:** 7:17PM **Moon 6 - Phase 15 - Purnima**  
 492416572 **Rahu 3:44PM – 5:31PM** Priti Until 8:23AM **Nataraja:** Yellow **4th Phase**  
 Creative Work Siddha Yoga Balava Until 11:39PM **Moon – Purple** **Devaloka Day**  
 Until 2:32AM Wed **Purnima\* Until 1:34PM** **Sravana Adhika\*Adi**  
 Then Routine Work - Prabalarishta Yoga

**Wednesday, August 2, 2023** Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Lanham, MD  
**Silver Retreat Star** Dhanishta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sun 29 Sutra 108  
 Makara Rasi: 25.32 Tithi 16 – 17 **Gulika 10:26AM – 12:12PM** **Dhanishta Until 11:32PM** **Ganesh:** Yellow **Sunrise:** 5:08AM **Muruga:** Yellow **Sunset:** 7:16PM **Moon 6 - Phase 15 - Prathama**  
 492416572 **Rahu 12:12PM – 1:58PM** Saubhagya Until 11:53PM **Nataraja:** Yellow **4th Phase**  
 Routine Work Prabalarishta Yoga Taitila Until 7:48PM **Moon – Purple** **Devaloka Day**  
 Until 11:32PM **Prathama\* Until 9:42AM** **Sravana Adhika\*Adi**  
 Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

**Thursday, August 3, 2023**  
**Gold Retreat Star**

Kumbha Rasi: 10.44 Tithi 18

492416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 8:41AM – 10:26AM**

Yama 5:09AM – 6:55AM

**Rahu 1:58PM – 3:43PM**

**Shatabhishak Until 8:37PM**

Sobhana Until 7:50PM

Vanija Until 4:08PM

**Tritiya Until 2:24AM Fri**

**Ganesha: Yellow** Sunrise: 5:09AM

**Muruga: Yellow** Sunset: 7:15PM

**Nataraja: Yellow**

Moon – Purple

Sravana Adhika\*Adi

**Devaloka Day**

Sun 1 Sutra 109

Sobhana 5125

Moon 7 - Phase 16 - 1

1st Phase

**1 Friday, August 4, 2023**

Kumbha Rasi: 25.44 Tithi 19

412416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika 6:56AM – 8:41AM**

Yama 3:43PM – 5:28PM

**Rahu 10:26AM – 12:12PM**

**Purvaproshtapada\* Until 6:21PM**

Athiganda\* Until 4:04PM

Bava Until 12:48PM

**Chaturthi\* Until 11:17PM**

**Ganesha: Clear** Sunrise: 5:10AM

**Muruga: Yellow** Sunset: 7:14PM

**Nataraja: Yellow**

Moon – Clear

Sravana Adhika\*Adi

**Devaloka Day**

Sun 2 Sutra 110

Sobhana 5125

Moon 7 - Phase 16 - 2

1st Phase

**2 Saturday, August 5, 2023**

Meena Rasi: 10.23 Tithi 20

412416572

Creative Work Siddha Yoga

Until 4:28PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
 Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika 5:11AM – 6:56AM**

Yama 1:57PM – 3:42PM

**Rahu 8:41AM – 10:27AM**

**Uttaraproshtapada Until 4:28PM**

Sukarma Until 12:45PM

Kaulava Until 9:57AM

**Panchami Until 8:44PM**

**Ganesha: Clear** Sunrise: 5:11AM

**Muruga: Yellow** Sunset: 7:13PM

**Nataraja: Yellow**

Moon – Clear

Sravana Adhika\*Adi

**Devaloka Day**

Sun 3 Sutra 111

Sobhana 5125

Moon 7 - Phase 16 - 3

1st Phase

**3 Sunday, August 6, 2023**

Meena Rasi: 24.38 Tithi 21

413416572

Creative Work Amrita Yoga

Until 3:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthayam Titau

**Gulika 3:42PM – 5:27PM**

Yama 12:12PM – 1:57PM

**Rahu 5:27PM – 7:11PM**

**Revati Until 3:05PM**

Dhriti Until 9:58AM

Gara Until 7:44AM

**Shashthi\* Until 6:52PM**

**Ganesha: White** Sunrise: 5:12AM

**Muruga: Yellow** Sunset: 7:11PM

**Nataraja: Yellow**

Moon – Clear

Sravana Adhika\*Adi

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 4 Sutra 112

Sobhana 5125

Moon 7 - Phase 16 - 4

1st Phase

**4 Monday, August 7, 2023**

Mesha Rasi: 8.25 Tithi 22 – 23

**Family Home Evening**

Creative Work Siddha Yoga

423416572

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

**Gulika 1:56PM – 3:41PM**

Yama 10:27AM – 12:12PM

**Rahu 6:57AM – 8:42AM**

**Ashvini Until 2:44PM**

Shula\* Until 7:44AM

Visti Until 6:13AM

**Saptami Until 5:43PM**

**Ganesha: Clear** Sunrise: 5:13AM

**Muruga: Yellow** Sunset: 7:10PM

**Nataraja: Yellow**

Moon – White

Sravana Adhika\*Adi

**Devaloka Day**

Sun 5 Sutra 113

Sobhana 5125

Moon 7 - Phase 16 - 5

1st Phase

**Retreat Star**  
**Tuesday, August 8, 2023**

Mesha Rasi: 21.46 Tithi 23 – 24

423416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika 12:11PM – 1:56PM**

Yama 8:43AM – 10:27AM

**Rahu 3:40PM – 5:25PM**

**Bharani Until 2:59PM**

Ganda\* Until 6:08AM

Taitila Until 5:27AM Wed

**Ashtami\* Until 5:21PM**

**Ganesha: Clear** Sunrise: 5:14AM

**Muruga: Yellow** Sunset: 7:09PM

**Nataraja: Yellow**

Moon – White

Sravana Adhika\*Adi

**Devaloka Day**

Sun 6 Sutra 114

Sobhana 5125

Moon 7 - Phase 16 - 6

Ashtami

**Retreat Star**  
**Wednesday, August 9, 2023**

Vrishabha Rasi: 4.43 Tithi 24 – 25

423416572

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
 Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika 10:27AM – 12:11PM**

Yama 6:59AM – 8:43AM

**Rahu 12:11PM – 1:55PM**

**Krittika Until 3:47PM**

Dhruva Until 4:38AM Thu

Vanija Until 6:06AM Thu

**Navami\* Until 5:40PM**

**Ganesha: Clear** Sunrise: 5:15AM

**Muruga: Yellow** Sunset: 7:08PM

**Nataraja: Yellow**

Moon – White

Sravana Adhika\*Adi

**Devaloka Day**

Sun 7 Sutra 115

Sobhana 5125

Moon 7 - Phase 16 - 7

Navami

<b>1 Thursday, August 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau		Lanham, MD Sun 8 Sutra 116	
Vrishabha Rasi: 17.21	Tithi 25	<b>Gulika</b> 8:43AM – 10:27AM	<b>Rohini Until 5:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:15AM	Sobhana 5125
		Yama 5:15AM – 6:59AM	Vyaghata* Until 4:35AM Fri	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:07PM	Moon 7 - Phase 17 - 8
		433416572 <b>Rahu</b> 1:55PM – 3:39PM	Vanija Until 6:06AM	<b>Nataraja:</b> Yellow	2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 6:37PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

<b>2 Friday, August 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Lanham, MD Sun 9 Sutra 117	
Vrishabha Rasi: 29.45	Tithi 26	<b>Gulika</b> 7:00AM – 8:44AM	<b>Mrigashira Until 7:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:16AM	Sobhana 5125
		Yama 3:38PM – 5:22PM	Harshana Until 4:53AM Sat	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:06PM	Moon 7 - Phase 17 - 9
		433416572 <b>Rahu</b> 10:27AM – 12:11PM	Bava Until 7:18AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 8:03PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

<b>3 Saturday, August 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lanham, MD Sun 10 Sutra 118	
Mithuna Rasi: 11.57	Tithi 27	<b>Gulika</b> 5:17AM – 7:01AM	<b>Ardra Until 9:47PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:17AM	Sobhana 5125
		Yama 1:54PM – 3:38PM	Vajra* Until 5:25AM Sun	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:04PM	Moon 7 - Phase 17 - 10
		433416572 <b>Rahu</b> 8:44AM – 10:27AM	Kaulava Until 8:56AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 9:52PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

<b>4 Sunday, August 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Lanham, MD Sun 11 Sutra 119	
Mithuna Rasi: 24.02	Tithi 28	<b>Gulika</b> 3:37PM – 5:20PM	<b>Punarvasu Until 12:36AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:18AM	Sobhana 5125
		Yama 12:11PM – 1:54PM	Siddhi Until 6:08AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:03PM	Moon 7 - Phase 17 - 11
		433416572 <b>Rahu</b> 5:20PM – 7:03PM	Gara Until 10:53AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:56PM</b>	Moon – Blue	<b>Bhuloka Day</b>
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>	

<b>5 Monday, August 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 120	
Kataka Rasi: 6.01	Tithi 29	<b>Gulika</b> 1:53PM – 3:36PM	<b>Pushya Until 3:26AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:19AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:28AM – 12:10PM	Siddhi Until 6:08AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:02PM	Moon 7 - Phase 17 - 12
		443416572 <b>Rahu</b> 7:02AM – 8:45AM	Visti Until 1:04PM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:12AM Tue</b>	Moon – Blue	<b>Bhuloka Day</b>
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star Tuesday, August 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 13 Sutra 121	
Kataka Rasi: 17.55	Tithi 30	<b>Gulika</b> 12:10PM – 1:53PM	<b>Ashlesha* Until 6:14AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM	Sobhana 5125
		Yama 8:45AM – 10:28AM	Vyatipata* Until 7:01AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:01PM	Moon 7 - Phase 17 - 13
		443416572 <b>Rahu</b> 3:35PM – 5:18PM	Catuspada Until 3:24PM	<b>Nataraja:</b> Yellow	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:35AM Wed</b>	Moon – Blue	<b>Bhuloka Day</b>
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star Wednesday, August 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 14 Sutra 122	
Kataka Rasi: 29.47	Tithi 1	<b>Gulika</b> 10:28AM – 12:10PM	<b>Ashlesha* Until 6:14AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:21AM	Sobhana 5125
		Yama 7:03AM – 8:45AM	Variyan Until 7:56AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:59PM	Moon 7 - Phase 17 - 14
		443516572 <b>Rahu</b> 12:10PM – 1:52PM	Kintughna Until 5:50PM	<b>Nataraja:</b> Yellow	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 7:03AM Thu</b>	Moon – Blue	<b>Devaloka Day</b>
				Sravana*Adi	

<b>1</b>	<b>Thursday, August 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15	Sutra 123
	Simha Rasi: 11.38	Tithi 1 – 2	<b>Gulika</b> 8:46AM – 10:28AM	<b>Magha* Until 9:24AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:22AM	Sobhana 5125	
			Yama 5:22AM – 7:04AM	Parigha* Until 8:55AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 18 - 15	
		553516572 <b>Rahu</b> 1:52PM – 3:34PM	Balava Until 8:17PM	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Prathama* Until 7:03AM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>		
				<b>Sravana*Avani</b>				

<b>2</b>	<b>Friday, August 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16	Sutra 124
	Simha Rasi: 23.29	Tithi 2 – 3	<b>Gulika</b> 7:04AM – 8:46AM	<b>Purvaphalguni Until 12:23PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	Sobhana 5125	
			Yama 3:33PM – 5:15PM	Shiva Until 9:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 18 - 16	
		553516572 <b>Rahu</b> 10:28AM – 12:10PM	Taitila Until 10:41PM	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Dvitiya Until 9:29AM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>		
				<b>Sravana*Avani</b>				

<b>3</b>	<b>Saturday, August 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhyo Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Sun 17	Sutra 125
	Kanya Rasi: 5.23	Tithi 3 – 4	<b>Gulika</b> 5:24AM – 7:05AM	<b>Uttaraphalguni Until 3:05PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM	Sobhana 5125	
			Yama 1:51PM – 3:32PM	Siddha Until 10:45AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18 - 17	
		553516572 <b>Rahu</b> 8:46AM – 10:28AM	Vanija Until 12:54AM Sun	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Tritiya Until 11:48AM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>		
				<b>Sravana*Avani</b>				

<b>4</b>	<b>Sunday, August 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18	Sutra 126
	Kanya Rasi: 17.22	Tithi 4 – 5	<b>Gulika</b> 3:32PM – 5:13PM	<b>Hasta Until 5:51PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	Sobhana 5125	
			Yama 12:09PM – 1:50PM	Sadhya Until 11:26AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 18 - 18	
		564516572 <b>Rahu</b> 5:13PM – 6:54PM	Bava Until 2:47AM Mon	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Chaturthi* Until 1:52PM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
			<b>Nag Panchami</b>	<b>Sravana*Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>5</b>	<b>Monday, August 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19	Sutra 127
	Kanya Rasi: 29.29	Tithi 5 – 6	<b>Gulika</b> 1:50PM – 3:31PM	<b>Chitra Until 8:02PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	Sobhana 5125	
	<b>Family Home Evening</b>		Yama 10:28AM – 12:09PM	Subha Until 11:50AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 18 - 19	
		564516572 <b>Rahu</b> 7:06AM – 8:47AM	Kaulava Until 4:11AM Tue	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Panchami Until 3:31PM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
				<b>Sravana*Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>6</b>	<b>Tuesday, August 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20	Sutra 128
	Tula Rasi: 11.49	Tithi 6 – 7	<b>Gulika</b> 12:09PM – 1:49PM	<b>Svati Until 9:29PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM	Sobhana 5125	
			Yama 8:47AM – 10:28AM	Sukla Until 11:48AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18 - 20	
		564516572 <b>Rahu</b> 3:30PM – 5:11PM	Gara Until 4:57AM Wed	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Shashthi* Until 4:38PM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
				<b>Sravana*Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>7</b>	<b>Wednesday, August 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21	Sutra 129
	<b>Retreat Star</b>		<b>Gulika</b> 10:28AM – 12:08PM	<b>Vishakha Until 10:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Sobhana 5125	
	Tula Rasi: 24.25	Tithi 7 – 8	Yama 7:07AM – 8:48AM	Brahma Until 11:14AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 18 - 21	
		574516572 <b>Rahu</b> 12:08PM – 1:49PM	Visti Until 4:58AM Thu	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Saptami Until 5:02PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>		
				<b>Sravana*Avani</b>				

<b>8</b>	<b>Thursday, August 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22	Sutra 130
	<b>Retreat Star</b>		<b>Gulika</b> 8:48AM – 10:28AM	<b>Anuradha Until 10:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM	Sobhana 5125	
	Vrischika Rasi: 7.23	Tithi 8 – 9	Yama 5:28AM – 7:08AM	Indra Until 10:06AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 18 - 22	
		574516572 <b>Rahu</b> 1:48PM – 3:28PM	Balava Until 4:12AM Fri	<b>Nataraja:</b> Yellow		Ashtami		
			<b>Ashtami* Until 4:40PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>		
				<b>Sravana*Avani</b>				

<b>9</b>	<b>Friday, August 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23	Sutra 131
	<b>Retreat Star</b>		<b>Gulika</b> 7:09AM – 8:48AM	<b>Jyeshtha* Until 9:55PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	Sobhana 5125	
	Vrischika Rasi: 20.46	Tithi 9 – 10	Yama 3:27PM – 5:07PM	Vaidhriti* Until 8:17AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 18 - 23	
		574516572 <b>Rahu</b> 10:28AM – 12:08PM	Taitila Until 2:39AM Sat	<b>Nataraja:</b> Yellow		Navami		
			<b>Navami* Until 3:30PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>		
			<b>Varalakshmi Vratam</b>	<b>Sravana*Avani</b>				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

<b>1 Saturday, August 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 24 Sutra 132	
Dhanus Rasi: 4.37	Tithi 10 – 11	<b>Gulika</b> 5:30AM – 7:09AM	<b>Mula* Until 8:41PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:30AM
		Yama 1:47PM – 3:27PM	Priti Until 2:52AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM
		584516572 <b>Rahu</b> 8:49AM – 10:28AM	Vanija Until 12:22AM Sun	<b>Nataraja:</b> Yellow	Moon 7 - Phase 19 - 24
Creative Work	Siddha Yoga		<b>Dashami Until 1:34PM</b>	Moon – Light Blue	4th Phase
				<b>Sravana*Avani</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>2 Sunday, August 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 25 Sutra 133	
Dhanus Rasi: 18.56	Tithi 11 – 12	<b>Gulika</b> 3:26PM – 5:05PM	<b>Purvashadha* Until 6:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:31AM
		Yama 12:07PM – 1:46PM	Ayushman Until 11:21PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM
		584516572 <b>Rahu</b> 5:05PM – 6:44PM	Bava Until 9:28PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 19 - 25
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:58AM</b>	Moon – Light Blue	4th Phase
Until 6:40PM				<b>Sravana*Avani</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>3 Monday, August 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 26 Sutra 134	
Makara Rasi: 3.39	Tithi 12 – 13	<b>Gulika</b> 1:46PM – 3:25PM	<b>Uttarashadha Until 4:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM
<b>Family Home Evening</b>		Yama 10:28AM – 12:07PM	Saubhagya Until 7:28PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:43PM
		584516573 <b>Rahu</b> 7:10AM – 8:49AM	Kaulava Until 6:07PM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga		<b>Dvadashi Until 7:49AM</b>	Moon – Light Blue	4th Phase
Until 4:02PM				<b>Sravana*Avani</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>4 Tuesday, August 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 135	
Makara Rasi: 18.41	Tithi 14	<b>Gulika</b> 12:07PM – 1:45PM	<b>Shravana Until 1:19PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:32AM
		Yama 8:50AM – 10:28AM	Sobhana Until 3:20PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM
		594516573 <b>Rahu</b> 3:24PM – 5:02PM	Gara Until 2:26PM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - 27
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:30AM Wed</b>	Moon – Purple	4th Phase
		<b>Chidambaram Abhishekam</b>		<b>Sravana*Avani</b>	<b>Sivaloka Day</b>

<b>Wednesday, August 30, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Lanham, MD Sutra 136	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:28AM – 12:06PM	<b>Dhanishtha Until 10:19AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM
Kumbha Rasi: 3.55	Tithi 15	Yama 7:12AM – 8:50AM	Athiganda* Until 11:04AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM
		594516573 <b>Rahu</b> 12:06PM – 1:45PM	Visti Until 10:36AM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - Purnima
Routine Work	Prabalarishta Yoga		<b>Purnima* Until 8:40PM</b>	Moon – Purple	
Until 10:19AM		<b>Raksha Bandhan</b>		<b>Sravana*Avani</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Thursday, August 31, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Lanham, MD Sutra 137	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:50AM – 10:28AM	<b>Shatabhishak Until 7:11AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:34AM
Kumbha Rasi: 19.09	Tithi 16 – 17	Yama 5:34AM – 7:12AM	Sukarma Until 6:49AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:38PM
		594516573 <b>Rahu</b> 1:44PM – 3:22PM	Balava Until 6:47AM	<b>Nataraja:</b> White	Moon 7 - Phase 19 - Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:55PM</b>	Moon – Purple	
				<b>Sravana*Avani</b>	<b>Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 4.15 Tithi 17 - 18

514516573

Gulika

7:13AM - 8:50AM

Yama

3:21PM - 4:59PM

Rahu

10:28AM - 12:06PM

Creative Work Siddha Yoga

Until 2:05AM Sat

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

Ganesh: Yellow Sunrise: 5:35AM

Muruga: Yellow Sunset: 6:37PM

Nataraja: White

Moon - Clear

Sravana\*Avani

Sivaloka Day

Saturday, September 2, 2023

1

Meena Rasi: 19.02 Tithi 18 - 19

515516573

Gulika

5:36AM - 7:13AM

Yama

1:43PM - 3:20PM

Rahu

8:51AM - 10:28AM

Routine Work Prabalarishta Yoga

Until 12:02AM Sun

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

Ganesh: Red Sunrise: 5:36AM

Muruga: Yellow Sunset: 6:35PM

Nataraja: White

Moon - Clear

Sravana\*Avani

Sivaloka Day

Sunday, September 3, 2023

2

Mesha Rasi: 3.26 Tithi 19 - 20

525516573

Gulika

3:19PM - 4:56PM

Yama

12:05PM - 1:42PM

Rahu

4:56PM - 6:33PM

Creative Work Siddha Yoga

Until 10:56PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

Ganesh: Green Sunrise: 5:37AM

Muruga: Yellow Sunset: 6:33PM

Nataraja: White

Moon - White

Sravana\*Avani

Devaloka Day

Monday, September 4, 2023

3

Mesha Rasi: 17.22 Tithi 20 - 21

525516573

Family Home Evening

Creative Work Siddha Yoga

Until 10:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Sun 4

Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

Ganesh: Green Sunrise: 5:38AM

Muruga: Yellow Sunset: 6:32PM

Nataraja: White

Moon - White

Sravana\*Avani

Devaloka Day

Tuesday, September 5, 2023

4

Vrishabha Rasi: 0.5 Tithi 22

525516573

Gulika

12:04PM - 1:41PM

Yama

8:52AM - 10:28AM

Rahu

3:17PM - 4:54PM

Creative Work Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5

Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

Ganesh: Green Sunrise: 5:39AM

Muruga: Yellow Sunset: 6:30PM

Nataraja: White

Moon - White

Sravana\*Avani

Devaloka Day

Wednesday, September 6, 2023

5

Retreat Star

Vrishabha Rasi: 13.52 Tithi 23

535516573

Creative Work Siddha Yoga

Gulika

10:28AM - 12:04PM

Yama

7:16AM - 8:52AM

Rahu

12:04PM - 1:40PM

Krishna Janmashtami

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

Ganesh: Orange Sunrise: 5:39AM

Muruga: Yellow Sunset: 6:29PM

Nataraja: White

Moon - Yellow

Sravana\*Avani

Sivaloka Day

Thursday, September 7, 2023

6

Retreat Star

Vrishabha Rasi: 26.31 Tithi 24

535516573

Routine Work Marana Yoga

Until 1:40AM Fri

Then Creative Work - Siddha Yoga

Gulika

8:52AM - 10:28AM

Yama

5:40AM - 7:16AM

Rahu

1:40PM - 3:16PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila Karana Navamyam Titau

Sun 7

Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

Ganesh: Orange Sunrise: 5:40AM

Muruga: Yellow Sunset: 6:27PM

Nataraja: White

Moon - Yellow

Sravana\*Avani

Sivaloka Day

<b>1</b>	<b>Friday, September 8, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamam Titau							Lanham, MD Sun 8 Sutra 145
	Mithuna Rasi: 8.52	Tithi 24 – 25	<b>Gulika</b> 7:17AM – 8:52AM	<b>Ardra Until 3:47AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:41AM			Sobhana 5125
			Yama 3:15PM – 4:50PM	Siddhi Until 11:37AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:26PM			Moon 8 - Phase 21 - 8
	Creative Work	Siddha Yoga	535516573 <b>Rahu</b> 10:28AM – 12:03PM	Vanija Until 7:55PM	<b>Nataraja:</b> White				2nd Phase
			<b>Navami* Until 7:03AM</b>	Moon – Yellow			<b>Sivaloka Day</b>		
							<b>Sravana*Avani</b>		


<b>2</b>	<b>Saturday, September 9, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau							Lanham, MD Sun 9 Sutra 146
	Mithuna Rasi: 21.01	Tithi 25 – 26	<b>Gulika</b> 5:42AM – 7:17AM	<b>Punarvasu Until 6:37AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:42AM			Sobhana 5125
			Yama 1:38PM – 3:14PM	Vyatipata* Until 12:06PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:24PM			Moon 8 - Phase 21 - 9
	Creative Work	Siddha Yoga	545516573 <b>Rahu</b> 8:53AM – 10:28AM	Bava Until 9:55PM	<b>Nataraja:</b> White				2nd Phase
			<b>Dashami Until 8:51AM</b>	Moon – Blue			<b>Devaloka Day</b>		
							<b>Sravana*Avani</b>		

<b>3</b>	<b>Sunday, September 10, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau							Lanham, MD Sun 10 Sutra 147
	Kataka Rasi: 3.01	Tithi 26 – 27	<b>Gulika</b> 3:13PM – 4:48PM	<b>Punarvasu Until 6:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM			Sobhana 5125
			Yama 12:03PM – 1:38PM	Variyan Until 12:48PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:23PM			Moon 8 - Phase 21 - 10
	Creative Work	Siddha Yoga	545616573 <b>Rahu</b> 4:48PM – 6:23PM	Kaulava Until 12:11AM Mon	<b>Nataraja:</b> White				2nd Phase
			<b>Ekadashi* Until 11:00AM</b>	Moon – Blue			<b>Devaloka Day</b>		
			<b>Grandparent's Day</b>				<b>Sravana*Avani</b>		

<b>4</b>	<b>Monday, September 11, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau							Lanham, MD Sun 11 Sutra 148
	Kataka Rasi: 14.56	Tithi 27 – 28	<b>Gulika</b> 1:37PM – 3:12PM	<b>Pushya Until 9:29AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:44AM			Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:28AM – 12:02PM	Parigha* Until 1:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:21PM			Moon 8 - Phase 21 - 11
	Creative Work	Siddha Yoga	546616573 <b>Rahu</b> 7:18AM – 8:53AM	Gara Until 2:37AM Tue	<b>Nataraja:</b> White				2nd Phase
			<b>Dvadashi* Until 1:22PM</b>	Moon – Blue			<b>Devaloka Day</b>		
							<b>Sravana*Avani</b>		
							<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Tuesday, September 12, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau							Lanham, MD Sun 12 Sutra 149
	Kataka Rasi: 26.47	Tithi 28 – 29	<b>Gulika</b> 12:02PM – 1:36PM	<b>Ashlesha* Until 12:18PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:45AM			Sobhana 5125
			Yama 8:53AM – 10:28AM	Shiva Until 2:38PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:19PM			Moon 8 - Phase 21 - 12
	Creative Work	Siddha Yoga	546616573 <b>Rahu</b> 3:11PM – 4:45PM	Visti Until 5:04AM Wed	<b>Nataraja:</b> White				2nd Phase
			<b>Trayodashi* Until 3:49PM</b>	Moon – Blue			<b>Devaloka Day</b>		
							<b>Sravana*Avani</b>		

<b>6</b>	<b>Wednesday, September 13, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni* Karana Chaturdashyam Titau							Lanham, MD Sun 13 Sutra 150
	Simha Rasi: 8.39	Tithi 29	<b>Gulika</b> 10:28AM – 12:02PM	<b>Magha* Until 3:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:46AM			Sobhana 5125
			Yama 7:20AM – 8:54AM	Siddha Until 3:33PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:18PM			Moon 8 - Phase 21 - 13
	Creative Work	Siddha Yoga	556616573 <b>Rahu</b> 12:02PM – 1:36PM	Sakuni Until 6:16PM	<b>Nataraja:</b> White				2nd Phase
			<b>Chaturdashi* Until 6:16PM</b>	Moon – Red			<b>Devaloka Day</b>		
							<b>Sravana*Avani</b>		

	<b>Thursday, September 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau							Lanham, MD Sun 14 Sutra 151
	<b>Retreat Star</b>		<b>Gulika</b> 8:54AM – 10:28AM	<b>Purvaphalguni Until 6:20PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:46AM			Sobhana 5125
	Simha Rasi: 20.32	Tithi 30	Yama 5:46AM – 7:20AM	Sadhya Until 4:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:16PM			Moon 8 - Phase 21 - 14
	Creative Work	Siddha Yoga	556616573 <b>Rahu</b> 1:35PM – 3:09PM	Catuspada Until 7:28AM	<b>Nataraja:</b> White				Amavasya
			<b>Amavasya* Until 8:36PM</b>	Moon – Red			<b>Devaloka Day</b>		
							<b>Sravana*Avani</b>		

<b>Retreat Star</b>	<b>Friday, September 15, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau							Lanham, MD Sun 15 Sutra 152
	Kanya Rasi: 2.28	Tithi 1	<b>Gulika</b> 7:21AM – 8:54AM	<b>Uttaraphalguni Until 8:53PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:47AM			Sobhana 5125
			Yama 3:08PM – 4:41PM	Subha Until 5:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM			Moon 8 - Phase 21 - 15
	Creative Work	Siddha Yoga	556626573 <b>Rahu</b> 10:28AM – 12:01PM	Kintughna Until 9:44AM	<b>Nataraja:</b> White				Prathama
			<b>Prathama* Until 10:45PM</b>	Moon – Red			<b>Sivaloka Day</b>		
							<b>Bhadrapada*Avani</b>		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Saturday, September 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam		Lanham, MD	
	Kanya Rasi: 14.29      Tithi 2		Hasta Until 11:30PM		Sun 16      Sutra 153	
	566626573		Sukla Until 5:39PM		Sobhana 5125	
	Rahu 8:54AM – 10:28AM		Balava Until 11:46AM		Moon 8 - Phase 22 - 16 3rd Phase	
Routine Work      Marana Yoga		<b>Dvitiya Until 12:38AM Sun</b>		<b>Sivaloka Day</b>		

<b>2</b>	<b>Sunday, September 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam		Lanham, MD	
	Kanya Rasi: 26.37      Tithi 3		Chitra Until 1:37AM Mon		Sun 17      Sutra 154	
	566626573		Brahma Until 5:56PM		Sobhana 5125	
	Rahu 4:39PM – 6:11PM		Taitila Until 1:28PM		Moon 8 - Phase 22 - 17 3rd Phase	
Creative Work      Siddha Yoga		<b>Tritiya Until 2:09AM Mon</b>		<b>Sivaloka Day</b>		
Until 1:37AM Mon				Bhadrapada*Puratasi		
Then Creative Work - Amrita Yoga						

<b>3</b>	<b>Monday, September 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam		Lanham, MD	
	Tula Rasi: 8.55      Tithi 4		Svati Until 3:08AM Tue		Sun 18      Sutra 155	
	567626573		Indra Until 5:53PM		Sobhana 5125	
	Rahu 7:22AM – 8:55AM		Vanija Until 2:47PM		Moon 8 - Phase 22 - 18 3rd Phase	
Creative Work      Amrita Yoga		<b>Chaturthi* Until 3:14AM Tue</b>		<b>Sivaloka Day</b>		
Until 3:08AM Tue				Bhadrapada*Puratasi		
Then Routine Work - Marana Yoga						

<b>4</b>	<b>Tuesday, September 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam		Lanham, MD	
	Tula Rasi: 21.25      Tithi 5		Vishakha Until 4:28AM Wed		Sun 19      Sutra 156	
	577626573		Vaidhriti* Until 5:26PM		Sobhana 5125	
	Rahu 3:04PM – 4:36PM		Bava Until 3:36PM		Moon 8 - Phase 22 - 19 3rd Phase	
Routine Work      Marana Yoga		<b>Panchami Until 3:47AM Wed</b>		<b>Subha Sivaloka Day</b>		
Until 4:28AM Wed				Bhadrapada*Puratasi		
Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Wednesday, September 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam		Lanham, MD	
	Vrischika Rasi: 4.08      Tithi 6		Anuradha Until 5:04AM Thu		Sun 20      Sutra 157	
	577626573		Vishkambha* Until 4:34PM		Sobhana 5125	
	Rahu 11:59AM – 1:31PM		Kaulava Until 3:52PM		Moon 8 - Phase 22 - 20 3rd Phase	
Creative Work      Siddha Yoga		<b>Shashthi* Until 3:45AM Thu</b>		<b>Subha Sivaloka Day</b>		
Until 5:04AM Thu				Bhadrapada*Puratasi		
Then Routine Work - Prabalarishta Yoga						

<b>6</b>	<b>Thursday, September 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam		Lanham, MD	
	Vrischika Rasi: 17.1      Tithi 7		Jyeshtha* Until 4:54AM Fri		Sun 21      Sutra 158	
	577626573		Priti Until 3:13PM		Sobhana 5125	
	Rahu 1:30PM – 3:02PM		Gara Until 3:31PM		Moon 8 - Phase 22 - 21 3rd Phase	
Routine Work      Prabalarishta Yoga		<b>Saptami Until 3:05AM Fri</b>		<b>Subha Sivaloka Day</b>		
Until 4:54AM Fri				Bhadrapada*Puratasi		
Then Creative Work - Amrita Yoga						

<b>☾</b>	<b>Friday, September 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam		Lanham, MD	
	<b>Retreat Star</b>		Mula* Until 4:24AM Sat		Sun 22      Sutra 159	
	Dhanus Rasi: 0.31      Tithi 8		Ayushman Until 1:20PM		Sobhana 5125	
	587626573		Visti Until 2:32PM		Moon 8 - Phase 22 - 22 Ashtami	
Creative Work      Amrita Yoga		<b>Ashtami* Until 1:47AM Sat</b>		<b>Sivaloka Day</b>		
Until 4:24AM Sat				Bhadrapada*Puratasi		
Then Creative Work - Siddha Yoga						

<b>☽</b>	<b>Saturday, September 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam		Lanham, MD	
	<b>Retreat Star</b>		Purvashadha* Until 3:10AM Sun		Sun 23      Sutra 160	
	Dhanus Rasi: 14.14      Tithi 9		Saubhagya Until 10:58AM		Sobhana 5125	
	587626573		Balava Until 12:55PM		Moon 8 - Phase 22 - 23 Navami	
Creative Work      Siddha Yoga		<b>Navami* Until 11:52PM</b>		<b>Sivaloka Day</b>		
Until 3:10AM Sun				Bhadrapada*Puratasi		
Then Creative Work - Amrita Yoga						

**1 Sunday, September 24, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Uttarashadha Nakshatra Sobhana/Atthiganda\* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161  
 Dhanus Rasi: 28.2 Tithi 10 **Gulika** 2:59PM – 4:30PM **Uttarashadha Until 1:15AM Mon** **Ganesha:** White *Sunrise:* 5:55AM Sobhana 5125  
 Creative Work Amrita Yoga Yama 11:58AM – 1:28PM Sobhana Until 8:08AM **Muruga:** White *Sunset:* 6:00PM Moon 8 - Phase 23 - 24  
 587626573 **Rahu** 4:30PM – 6:00PM Taitila Until 10:44AM **Nataraja:** White 4th Phase  
 Moon – Light Blue **Sivaloka Day**  
**Dashami Until 9:25PM** **Bhadrapada\*Puratasi**

**2 Monday, September 25, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Lanham, MD  
 Shravana Nakshatra Sukarma Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 25 Sutra 162  
 Makara Rasi: 12.47 Tithi 11 **Gulika** 1:28PM – 2:58PM **Shravana Until 11:11PM** **Ganesha:** White *Sunrise:* 5:56AM Sobhana 5125  
**Family Home Evening** 598626573 Yama 10:27AM – 11:57AM Sukarma Until 1:15AM Tue **Muruga:** White *Sunset:* 5:59PM Moon 8 - Phase 23 - 25  
 Creative Work Amrita Yoga **Rahu** 7:27AM – 8:57AM Vanija Until 8:02AM **Nataraja:** White 4th Phase  
 Until 11:11PM **Ekadashi Until 6:31PM** Moon – Purple **Subha Subha Sivaloka Day**  
 Then Creative Work - Siddha Yoga **Bhadrapada\*Puratasi**

**3 Tuesday, September 26, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Lanham, MD  
 Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163  
 Makara Rasi: 27.32 Tithi 12 – 13 **Gulika** 11:57AM – 1:27PM **Dhanishtha Until 8:41PM** **Ganesha:** White *Sunrise:* 5:57AM Sobhana 5125  
 Creative Work Siddha Yoga Yama 8:57AM – 10:27AM Dhriti Until 9:24PM **Muruga:** White *Sunset:* 5:57PM Moon 8 - Phase 23 - 26  
 598626573 **Rahu** 2:57PM – 4:27PM Kaulava Until 1:36AM Wed **Nataraja:** White 4th Phase  
 Creative Work Siddha Yoga **Dvadashi Until 3:17PM** Moon – Purple **Subha Subha Sivaloka Day**  
 Until 8:41PM **Bhadrapada\*Puratasi**  
 Then Routine Work - Marana Yoga *Pradosha Vrata*

**4 Wednesday, September 27, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Lanham, MD  
 Shatabhishak/Purvaproshtapada\* Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164  
 Kumbha Rasi: 12.28 Tithi 13 – 14 **Gulika** 10:27AM – 11:57AM **Shatabhishak Until 5:53PM** **Ganesha:** White *Sunrise:* 5:58AM Sobhana 5125  
 Creative Work Siddha Yoga Yama 7:28AM – 8:57AM Shula\* Until 5:25PM **Muruga:** White *Sunset:* 5:56PM Moon 8 - Phase 23 - 27  
 598626573 **Rahu** 11:57AM – 1:26PM Gara Until 10:08PM **Nataraja:** White 4th Phase  
 Creative Work Siddha Yoga **Trayodashi Until 11:51AM** Moon – Purple **Subha Subha Sivaloka Day**  
 Until 5:53PM **Chidambaram Abhishekam** **Bhadrapada\*Puratasi**  
 Then Creative Work - Amrita Yoga **Kadaitswami Mahasamadhi**

**Thursday, September 28, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Lanham, MD  
 Purvaproshtapada\*/Uttarproshthapada Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 165  
 Kumbha Rasi: 27.29 Tithi 14 – 15 **Gulika** 8:58AM – 10:27AM **Purvaproshtapada\* Until 3:21PM** **Ganesha:** Yellow *Sunrise:* 5:59AM Sobhana 5125  
 Creative Work Siddha Yoga Yama 5:59AM – 7:28AM Ganda\* Until 1:26PM **Muruga:** White *Sunset:* 5:54PM Moon 8 - Phase 23 -  
 618626573 **Rahu** 1:26PM – 2:55PM Visti Until 6:42PM **Nataraja:** White Purnima  
 Creative Work Siddha Yoga **Chaturdashi\* Until 8:23AM** Moon – Clear **Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Friday, September 29, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Lanham, MD  
 Uttaraproshtapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166  
 Meena Rasi: 12.26 Tithi 16 **Gulika** 7:29AM – 8:58AM **Uttaraproshtapada Until 12:50PM** **Ganesha:** Yellow *Sunrise:* 6:00AM Sobhana 5125  
 Creative Work Siddha Yoga Yama 2:54PM – 4:23PM Vridhi Until 9:35AM **Muruga:** White *Sunset:* 5:52PM Moon 8 - Phase 23 -  
 618626573 **Rahu** 10:27AM – 11:56AM Balava Until 3:26PM **Nataraja:** White Prathama  
 Creative Work Siddha Yoga **Prathama\* Until 1:55AM Sat** Moon – Clear **Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Lanham, MD on 11/20/21

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**Saturday, September 30, 2023**  
**Gold Retreat Star**

Meena Rasi: 27.1 Tithi 17  
 Routine Work Prabalarishta Yoga  
 Until 10:31AM  
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 6:01AM – 7:29AM**  
 Yama 1:25PM – 2:53PM  
**Rahu 8:58AM – 10:27AM**  
**Revati Until 10:31AM**  
 Vyaghata\* Until 2:43AM Sun  
 Taitila Until 12:32PM  
**Dvitiya Until 11:14PM**

Lanham, MD Sutra 167  
 Sobhana 5125  
 Moon 9 - Phase 24 - 1st Phase  
**Ganesh: Yellow Sunrise: 6:01AM**  
**Muruga: White Sunset: 5:51PM**  
**Nataraja: White**  
 Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**1 Sunday, October 1, 2023**

Mesha Rasi: 11.34 Tithi 18  
 Creative Work Siddha Yoga  
 Until 8:57AM  
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 2:52PM – 4:21PM**  
 Yama 11:55AM – 1:24PM  
**Rahu 4:21PM – 5:49PM**  
**Ashvini Until 8:57AM**  
 Harshana Until 11:58PM  
 Vanija Until 10:07AM  
**Tritiya Until 9:07PM**

Lanham, MD Sutra 168  
 Sobhana 5125  
 Moon 9 - Phase 24 - 1st Phase  
**Ganesh: Clear Sunrise: 6:02AM**  
**Muruga: White Sunset: 5:49PM**  
**Nataraja: White**  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**2 Monday, October 2, 2023**

Mesha Rasi: 25.35 Tithi 19  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 7:53AM  
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Krittika Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika 1:23PM – 2:51PM**  
 Yama 10:27AM – 11:55AM  
**Rahu 7:31AM – 8:59AM**  
**Bharani Until 7:53AM**  
 Vajra\* Until 9:45PM  
 Bava Until 8:20AM  
**Chaturthi\* Until 7:42PM**

Lanham, MD Sutra 169  
 Sobhana 5125  
 Moon 9 - Phase 24 - 2 1st Phase  
**Ganesh: Clear Sunrise: 6:03AM**  
**Muruga: White Sunset: 5:48PM**  
**Nataraja: White**  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**3 Tuesday, October 3, 2023**

Vrishabha Rasi: 9.08 Tithi 20  
 Creative Work Siddha Yoga  
 Until 7:23AM  
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika/Rohini Nakshatra Siddhi\* Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 11:55AM – 1:23PM**  
 Yama 8:59AM – 10:27AM  
**Rahu 2:50PM – 4:18PM**  
**Krittika Until 7:23AM**  
 Siddhi Until 8:10PM  
 Kaulava Until 7:17AM  
**Panchami Until 7:03PM**

Lanham, MD Sutra 170  
 Sobhana 5125  
 Moon 9 - Phase 24 - 3 1st Phase  
**Ganesh: Clear Sunrise: 6:03AM**  
**Muruga: White Sunset: 5:46PM**  
**Nataraja: White**  
 Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**4 Wednesday, October 4, 2023**

Vrishabha Rasi: 22.16 Tithi 21  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 10:27AM – 11:55AM**  
 Yama 7:32AM – 8:59AM  
**Rahu 11:55AM – 1:22PM**  
**Rohini Until 7:58AM**  
 Vyatipata\* Until 7:14PM  
 Gara Until 7:03AM  
**Shashthi\* Until 7:12PM**

Lanham, MD Sutra 171  
 Sobhana 5125  
 Moon 9 - Phase 24 - 4 1st Phase  
**Ganesh: Purple Sunrise: 6:04AM**  
**Muruga: White Sunset: 5:45PM**  
**Nataraja: White**  
 Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada\*Puratasi**

**5 Thursday, October 5, 2023**

Mithuna Rasi: 5 Tithi 22  
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 9:00AM – 10:27AM**  
 Yama 6:05AM – 7:33AM  
**Rahu 1:21PM – 2:49PM**  
**Mrigashira Until 9:10AM**  
 Variyan Until 6:52PM  
 Visti Until 7:36AM  
**Saptami Until 8:07PM**

Lanham, MD Sutra 172  
 Sobhana 5125  
 Moon 9 - Phase 24 - 5 1st Phase  
**Ganesh: Clear Sunrise: 6:05AM**  
**Muruga: White Sunset: 5:43PM**  
**Nataraja: White**  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Friday, October 6, 2023**  
**Retreat Star**

Mithuna Rasi: 17.25 Tithi 23  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 7:33AM – 9:00AM**  
 Yama 2:48PM – 4:15PM  
**Rahu 10:27AM – 11:54AM**  
**Ardra Until 10:53AM**  
 Parigha\* Until 7:00PM  
 Balava Until 8:51AM  
**Ashtami\* Until 9:42PM**

Lanham, MD Sutra 173  
 Sobhana 5125  
 Moon 9 - Phase 24 - 6 Ashtami  
**Ganesh: Clear Sunrise: 6:06AM**  
**Muruga: White Sunset: 5:42PM**  
**Nataraja: White**  
 Moon – Yellow  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Saturday, October 7, 2023**  
**Retreat Star**

Mithuna Rasi: 29.35 Tithi 24  
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 6:07AM – 7:34AM**  
 Yama 1:20PM – 2:47PM  
**Rahu 9:00AM – 10:27AM**  
**Punarvasu Until 1:28PM**  
 Shiva Until 7:33PM  
 Taitila Until 10:42AM  
**Navami\* Until 11:45PM**

Lanham, MD Sutra 174  
 Sobhana 5125  
 Moon 9 - Phase 24 - 7 Navami  
**Ganesh: Purple Sunrise: 6:07AM**  
**Muruga: White Sunset: 5:40PM**  
**Nataraja: White**  
 Moon – Blue  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

<b>1</b>	<b>Sunday, October 8, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Sun 8	Sutra 175
	Kataka Rasi: 11.34	Tithi 25	Gulika 2:46PM – 4:12PM	Pushya Until 4:14PM
	649726574	Rahu 4:12PM – 5:39PM	Siddha Until 8:19PM	Vanija Until 12:56PM
	Creative Work Siddha Yoga			

<b>2</b>	<b>Monday, October 9, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Sun 9	Sutra 176
	Kataka Rasi: 23.28	Tithi 26	Gulika 1:19PM – 2:45PM	Ashlesha* Until 7:02PM
	641726574	Rahu 7:35AM – 9:01AM	Sadhya Until 9:13PM	Bava Until 3:23PM
	Family Home Evening Creative Work Siddha Yoga Until 7:02PM Then Routine Work - Marana Yoga			

<b>3</b>	<b>Tuesday, October 10, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sun 10	Sutra 177
	Simha Rasi: 5.19	Tithi 27	Gulika 11:53AM – 1:18PM	Magha* Until 10:11PM
	651726574	Rahu 2:44PM – 4:10PM	Subha Until 10:08PM	Kaulava Until 5:53PM
	Creative Work Siddha Yoga			

<b>4</b>	<b>Wednesday, October 11, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Sun 11	Sutra 178
	Simha Rasi: 17.12	Tithi 27 – 28	Gulika 10:27AM – 11:53AM	Purvaphalguni Until 1:02AM Thu
	651726574	Rahu 11:53AM – 1:18PM	Sukla Until 10:55PM	Gara Until 8:16PM
	Creative Work Amrita Yoga			

<b>5</b>	<b>Thursday, October 12, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Sun 12	Sutra 179
	Simha Rasi: 29.08	Tithi 28 – 29	Gulika 9:02AM – 10:27AM	Uttaraphalguni Until 3:27AM Fri
	651726574	Rahu 1:17PM – 2:42PM	Brahma Until 11:31PM	Visti Until 10:24PM
	Amrita Yoga			

<b>●</b>	<b>Friday, October 13, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Sun 13	Sutra 180
	<b>Retreat Star</b>	Kanya Rasi: 11.11	Tithi 29 – 30	Gulika 7:38AM – 9:03AM
	661726574	Rahu 10:27AM – 11:52AM	Hasta Until 5:52AM Sat	Indra Until 11:52PM
	Creative Work Amrita Yoga Until 5:52AM Sat Then Routine Work - Marana Yoga			

<b>●</b>	<b>Saturday, October 14, 2023</b>	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sun 14	Sutra 181
	<b>Retreat Star</b>	Kanya Rasi: 23.23	Tithi 30 – 1	Gulika 6:14AM – 7:38AM
	661726574	Rahu 9:03AM – 10:27AM	Chitra Until 7:41AM Sun	Vaidhriti* Until 11:52PM
	Routine Work Marana Yoga Until 7:41AM Sun Then Creative Work - Siddha Yoga			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1 Sunday, October 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 182	
Tula Rasi: 5.47	Tithi 1 – 2	<b>Gulika</b> 2:40PM – 4:04PM	<b>Chitra</b> Until 7:41AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:15AM	Sobhana 5125
		Yama 11:52AM – 1:16PM	Vishkambha* Until 11:31PM	<b>Muruga:</b> White <i>Sunset:</i> 5:28PM	Moon 9 - Phase 26 - 15
Creative Work	Siddha Yoga	<b>Rahu</b> 4:04PM – 5:28PM	Balava Until 2:27AM Mon	<b>Nataraja:</b> Clear	3rd Phase
			<b>Prathama*</b> Until 2:02PM	Moon – Green	<b>Sivaloka Day</b>
				Ashvina*Puratasi	

<b>2 Monday, October 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 16 Sutra 183	
Tula Rasi: 18.22	Tithi 2 – 3	<b>Gulika</b> 1:15PM – 2:39PM	<b>Svati</b> Until 8:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:16AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 10:28AM – 11:51AM	Priti Until 10:50PM	<b>Muruga:</b> White <i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 - 16
Creative Work	Amrita Yoga	<b>Rahu</b> 7:40AM – 9:04AM	Taitila Until 2:53AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 8:54AM			<b>Dvitiya</b> Until 2:43PM	Moon – Green	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Ashvina*Puratasi	

<b>3 Tuesday, October 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Lanham, MD Sun 17 Sutra 184	
Vrischika Rasi: 1.11	Tithi 3 – 4	<b>Gulika</b> 11:51AM – 1:15PM	<b>Vishakha</b> Until 9:58AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:17AM	Sobhana 5125
		Yama 9:04AM – 10:28AM	Ayushman Until 9:45PM	<b>Muruga:</b> White <i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 - 17
Routine Work	Marana Yoga	<b>Rahu</b> 2:38PM – 4:02PM	Vanija Until 2:52AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Until 9:58AM			<b>Tritiya</b> Until 2:55PM	Moon – Orange	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	

<b>4 Wednesday, October 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 18 Sutra 185	
Vrischika Rasi: 14.13	Tithi 4 – 5	<b>Gulika</b> 10:28AM – 11:51AM	<b>Anuradha</b> Until 10:27AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:18AM	Sobhana 5125
		Yama 7:41AM – 9:04AM	Saubhagya Until 8:19PM	<b>Muruga:</b> White <i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 - 18
Creative Work	Siddha Yoga	<b>Rahu</b> 11:51AM – 1:14PM	Bava Until 2:23AM Thu	<b>Nataraja:</b> Clear	3rd Phase
			<b>Chaturthi*</b> Until 2:40PM	Moon – Orange	<b>Sivaloka Day</b>
				Ashvina*Aipasi	

<b>5 Thursday, October 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lanham, MD Sun 19 Sutra 186	
Vrischika Rasi: 27.29	Tithi 5 – 6	<b>Gulika</b> 9:05AM – 10:28AM	<b>Jyeshtha*</b> Until 10:20AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:19AM	Sobhana 5125
		Yama 6:19AM – 7:42AM	Sobhana Until 6:34PM	<b>Muruga:</b> White <i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 - 19
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 1:14PM – 2:37PM	Kaulava Until 1:29AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Until 10:20AM			<b>Panchami</b> Until 1:58PM	Moon – Orange	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	

<b>6 Friday, October 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 20 Sutra 187	
Dhanus Rasi: 10.59	Tithi 6 – 7	<b>Gulika</b> 7:43AM – 9:05AM	<b>Mula*</b> Until 10:07AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:20AM	Sobhana 5125
		Yama 2:36PM – 3:59PM	Athiganda* Until 4:28PM	<b>Muruga:</b> White <i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 - 20
Creative Work	Amrita Yoga	<b>Rahu</b> 10:28AM – 11:51AM	Gara Until 12:11AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Until 10:07AM			<b>Shashthi*</b> Until 12:52PM	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				Ashvina*Aipasi	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 21 Sutra 188	
Dhanus Rasi: 24.43	Tithi 7 – 8	<b>Gulika</b> 6:21AM – 7:43AM	<b>Purvashadha*</b> Until 9:21AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:21AM	Sobhana 5125
		Yama 1:13PM – 2:35PM	Sukarma Until 2:04PM	<b>Muruga:</b> White <i>Sunset:</i> 5:20PM	Moon 9 - Phase 26 - 21
Creative Work	Siddha Yoga	<b>Rahu</b> 9:06AM – 10:28AM	Visti Until 10:30PM	<b>Nataraja:</b> Clear	Ashtami
Until 9:21AM			<b>Saptami</b> Until 11:22AM	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Durga Ashtami</b>		Ashvina*Aipasi	

<b>Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 22 Sutra 189	
Makara Rasi: 8.41	Tithi 8 – 9	<b>Gulika</b> 2:34PM – 3:57PM	<b>Uttarashadha</b> Until 8:05AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:22AM	Sobhana 5125
		Yama 11:50AM – 1:12PM	Dhriti Until 11:22AM	<b>Muruga:</b> White <i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 - 22
Creative Work	Amrita Yoga	<b>Rahu</b> 3:57PM – 5:19PM	Balava Until 8:27PM	<b>Nataraja:</b> Clear	Navami
			<b>Ashtami*</b> Until 9:30AM	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>		Ashvina*Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>Monday, October 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 190	
<b>1</b>	Makara Rasi: 22.52 Tithi 9 – 10	<b>Gulika</b> 1:12PM – 2:34PM	<b>Shravana Until 6:45AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:23AM	Sobhana 5125
<b>Family Home Evening</b>	692726574	Yama 10:28AM – 11:50AM	Shula* Until 8:23AM	<b>Muruga:</b> White <i>Sunset:</i> 5:17PM	Moon 9 - Phase 27 - 23
Creative Work Amrita Yoga		<b>Rahu</b> 7:45AM – 9:07AM	Taitila Until 6:06PM	<b>Nataraja:</b> Clear	4th Phase
Until 6:45AM		<b>Vijaya Dasami</b>	<b>Navami* Until 7:17AM</b>	Moon – Purple	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>	

<b>Tuesday, October 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 191	
<b>2</b>	Kumbha Rasi: 7.15 Tithi 11	<b>Gulika</b> 11:50AM – 1:12PM	<b>Shatabhishak Until 2:55AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM	Sobhana 5125
	692726574	Yama 9:07AM – 10:29AM	Vriddhi Until 1:50AM Wed	<b>Muruga:</b> White <i>Sunset:</i> 5:16PM	Moon 9 - Phase 27 - 24
Routine Work Marana Yoga		<b>Rahu</b> 2:33PM – 3:54PM	Vanija Until 3:30PM	<b>Nataraja:</b> Clear	4th Phase
Until 2:55AM Wed			<b>Ekadashi Until 2:07AM Wed</b>	Moon – Purple	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina•Aipasi</b>	

<b>Wednesday, October 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 192	
<b>3</b>	Kumbha Rasi: 21.46 Tithi 12	<b>Gulika</b> 10:29AM – 11:50AM	<b>Purvaproshtapada* Until 1:00AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM	Sobhana 5125
	612726574	Yama 7:46AM – 9:07AM	Dhruva Until 10:22PM	<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	Moon 9 - Phase 27 - 25
Creative Work Amrita Yoga		<b>Rahu</b> 11:50AM – 1:11PM	Bava Until 12:44PM	<b>Nataraja:</b> Clear	4th Phase
Until 1:00AM Thu			<b>Dvadashi Until 11:19PM</b>	Moon – Clear	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>	

<b>Thursday, October 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 193	
<b>4</b>	Meena Rasi: 6.22 Tithi 13	<b>Gulika</b> 9:08AM – 10:29AM	<b>Uttaraproshtapada Until 10:57PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM	Sobhana 5125
	612726574	Yama 6:26AM – 7:47AM	Vyaghata* Until 6:54PM	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	Moon 9 - Phase 27 - 26
Creative Work Siddha Yoga		<b>Rahu</b> 1:11PM – 2:32PM	Kaulava Until 9:55AM	<b>Nataraja:</b> Clear	4th Phase
			<b>Trayodashi Until 8:31PM</b>	Moon – Clear	<b>Devaloka Day</b>
				<b>Ashvina•Aipasi</b>	

Pradosha Vrata

<b>Friday, October 27, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 194	
<b>5</b>	Meena Rasi: 20.55 Tithi 14 – 15	<b>Gulika</b> 7:48AM – 9:08AM	<b>Revati Until 8:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM	Sobhana 5125
	612726574	Yama 2:31PM – 3:52PM	Harshana Until 3:32PM	<b>Muruga:</b> White <i>Sunset:</i> 5:12PM	Moon 9 - Phase 27 - 27
Creative Work Siddha Yoga		<b>Rahu</b> 10:29AM – 11:50AM	Gara Until 7:10AM	<b>Nataraja:</b> Clear	4th Phase
Until 8:54PM			<b>Chaturdashi* Until 5:50PM</b>	Moon – Clear	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina•Aipasi</b>	

<b>Saturday, October 28, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 195	
<b>○</b>	Mesha Rasi: 5.22 Tithi 15 – 16	<b>Gulika</b> 6:28AM – 7:49AM	<b>Ashvini Until 7:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM	Sobhana 5125
	622726574	Yama 1:10PM – 2:30PM	Vajra* Until 12:21PM	<b>Muruga:</b> White <i>Sunset:</i> 5:11PM	Moon 9 - Phase 27 - Purnima
Creative Work Siddha Yoga		<b>Rahu</b> 9:09AM – 10:29AM	Balava Until 2:21AM Sun	<b>Nataraja:</b> Clear	
			<b>Purnima* Until 3:25PM</b>	Moon – White	<b>Sivaloka Day</b>
				<b>Ashvina•Aipasi</b>	

<b>Sunday, October 29, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 196	
<b>○</b>	Mesha Rasi: 19.34 Tithi 16 – 17	<b>Gulika</b> 2:30PM – 3:50PM	<b>Bharani Until 6:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM	Sobhana 5125
	622726574	Yama 11:50AM – 1:10PM	Siddhi Until 9:28AM	<b>Muruga:</b> White <i>Sunset:</i> 5:10PM	Moon 9 - Phase 27 - Prathama
Routine Work Prabalarishta Yoga		<b>Rahu</b> 3:50PM – 5:10PM	Taitila Until 12:34AM Mon	<b>Nataraja:</b> Clear	
Until 6:10PM			<b>Prathama* Until 1:23PM</b>	Moon – White	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

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Monday, October 30, 2023

Gold Retreat Star

Vrishabha Rasi: 3.28 Tithi 17 – 18

Family Home Evening

Routine Work Marana Yoga

Until 5:20PM

Then Creative Work - Amrita Yoga

Gulika

1:09PM – 2:29PM

Yama 10:30AM – 11:49AM

Rahu

7:50AM – 9:10AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\*Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Krittika Until 5:20PM

Vyatipata\* Until 7:01AM

Vanija Until 11:22PM

Dvitiya Until 11:52AM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – White

Ashvina•Aipasi

Sunrise: 6:30AM

Sunset: 5:09PM

Subha Sivaloka Day

Sun 1

Sutra 197

Sobhana 5125

Moon 10 - Phase 28 - 1

1st Phase

1

Tuesday, October 31, 2023

Vrishabha Rasi: 17 Tithi 18 – 19

Creative Work Amrita Yoga

Until 5:26PM

Then Creative Work - Siddha Yoga

Gulika

11:49AM – 1:09PM

Yama 9:10AM – 10:30AM

Rahu

2:28PM – 3:48PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Rohini Until 5:26PM

Parigha\* Until 3:34AM Wed

Bava Until 10:51PM

Tritiya Until 11:00AM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sunrise: 6:31AM

Sunset: 5:07PM

Sun 2

Sutra 198

Sobhana 5125

Moon 10 - Phase 28 - 2

1st Phase

Sivaloka Day

2

Wednesday, November 1, 2023

Mithuna Rasi: 0.1 Tithi 19 – 20

Creative Work Siddha Yoga

Gulika

10:30AM – 11:49AM

Yama 7:52AM – 9:11AM

Rahu

11:49AM – 1:09PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mrigashira Until 6:06PM

Shiva Until 2:42AM Thu

Kaulava Until 11:03PM

Chaturthi\* Until 10:50AM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sunrise: 6:32AM

Sunset: 5:06PM

Sun 3

Sutra 199

Sobhana 5125

Moon 10 - Phase 28 - 3

1st Phase

Sivaloka Day

3

Thursday, November 2, 2023

Mithuna Rasi: 12.58 Tithi 20 – 21

Routine Work Marana Yoga

Until 7:18PM

Then Creative Work - Amrita Yoga

Gulika

9:11AM – 10:30AM

Yama 6:34AM – 7:53AM

Rahu

1:08PM – 2:27PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Ardra Until 7:18PM

Siddha Until 2:22AM Fri

Gara Until 11:58PM

Panchami Until 11:24AM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sunrise: 6:34AM

Sunset: 5:05PM

Sun 4

Sutra 200

Sobhana 5125

Moon 10 - Phase 28 - 4

1st Phase

Devaloka Day

4

Friday, November 3, 2023

Mithuna Rasi: 25.26 Tithi 21 – 22

Creative Work Siddha Yoga

Until 9:28PM

Then Routine Work - Marana Yoga

Gulika

7:53AM – 9:12AM

Yama 2:27PM – 3:45PM

Rahu

10:31AM – 11:49AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Punarvasu Until 9:28PM

Sadhya Until 2:32AM Sat

Visti Until 1:33AM Sat

Shashthi\* Until 12:40PM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sunrise: 6:35AM

Sunset: 5:04PM

Sun 5

Sutra 201

Sobhana 5125

Moon 10 - Phase 28 - 5

1st Phase

Sivaloka Day

5

Saturday, November 4, 2023

Retreat Star

Kataka Rasi: 7.38 Tithi 22 – 23

Creative Work Siddha Yoga

Until 11:59PM

Then Routine Work - Marana Yoga

Gulika

6:36AM – 7:54AM

Yama 1:08PM – 2:26PM

Rahu

9:13AM – 10:31AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pushya Until 11:59PM

Subha Until 3:05AM Sun

Balava Until 3:39AM Sun

Saptami Until 2:31PM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sunrise: 6:36AM

Sunset: 5:03PM

Sun 6

Sutra 202

Sobhana 5125

Moon 10 - Phase 28 - 6

Ashtami

Sivaloka Day

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 19.4 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:40AM Mon

Then Routine Work - Marana Yoga

Gulika

2:26PM – 3:44PM

Yama 11:49AM – 1:08PM

Rahu

3:44PM – 5:02PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Ashlesha\* Until 2:40AM Mon

Sukla Until 3:52AM Mon

Taitila Until 6:04AM Mon

Ashtami\* Until 4:48PM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sunrise: 6:37AM

Sunset: 5:02PM

Sun 7

Sutra 203

Sobhana 5125

Moon 10 - Phase 28 - 7

Navami

Sivaloka Day

<b>1</b>		<b>Monday, November 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau		Sun 8		Sutra 204	
Simha Rasi: 1.33		Tithi 24		Gulika 1:07PM – 2:25PM		Magha* Until 5:50AM Tue		Ganesha: Blue Sunrise: 6:38AM	
Family Home Evening		653826574		Yama 10:32AM – 11:49AM		Brahma Until 4:45AM Tue		Muruga: White Sunset: 5:01PM	
Routine Work Marana Yoga		Rahu 7:56AM – 9:14AM		Taitila Until 6:04AM		Nataraja: Clear		Moon 10 - Phase 29 - 8	
Until 5:50AM Tue				Navami* Until 7:19PM		Ashvina*Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga									
<b>2</b>		<b>Tuesday, November 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 205	
Simha Rasi: 13.25		Tithi 25		Gulika 11:50AM – 1:07PM		Purvaphalguni Until 8:45AM Wed		Ganesha: Yellow Sunrise: 6:39AM	
753826574				Yama 9:14AM – 10:32AM		Indra Until 5:36AM Wed		Muruga: White Sunset: 5:00PM	
Creative Work Siddha Yoga		Rahu 2:25PM – 3:42PM		Vanija Until 8:37AM		Nataraja: Clear		Moon 10 - Phase 29 - 9	
Until 8:45AM Wed				Dashami Until 9:50PM		Ashvina*Aipasi		Sivaloka Day	
Then Creative Work - Amrita Yoga									
<b>3</b>		<b>Wednesday, November 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 206	
Simha Rasi: 25.17		Tithi 26		Gulika 10:32AM – 11:50AM		Purvaphalguni Until 8:45AM		Ganesha: Yellow Sunrise: 6:40AM	
753826574				Yama 7:57AM – 9:15AM		Vaidhriti* Until 6:13AM Thu		Muruga: White Sunset: 4:59PM	
Creative Work Amrita Yoga		Rahu 11:50AM – 1:07PM		Bava Until 11:03AM		Nataraja: Clear		Moon 10 - Phase 29 - 10	
				Ekadashi* Until 12:09AM Thu		Ashvina*Aipasi		Sivaloka Day	
<b>4</b>		<b>Thursday, November 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 207	
Kanya Rasi: 7.17		Tithi 27		Gulika 9:15AM – 10:33AM		Uttaraphalguni Until 11:13AM		Ganesha: Yellow Sunrise: 6:41AM	
753826574				Yama 6:41AM – 7:58AM		Vaidhriti* Until 6:13AM		Muruga: White Sunset: 4:58PM	
Amrita Yoga		Rahu 1:07PM – 2:24PM		Kaulava Until 1:11PM		Nataraja: Clear		Moon 10 - Phase 29 - 11	
Until 11:13AM				Dvadashi* Until 2:04AM Fri		Ashvina*Aipasi		Sivaloka Day	
Then Routine Work - Marana Yoga									
<b>5</b>		<b>Friday, November 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 208	
Kanya Rasi: 19.26		Tithi 28		Gulika 7:59AM – 9:16AM		Hasta Until 1:36PM		Ganesha: Blue Sunrise: 6:42AM	
763826574				Yama 2:24PM – 3:40PM		Vishkambha* Until 6:32AM		Muruga: White Sunset: 4:57PM	
Creative Work Amrita Yoga		Rahu 10:33AM – 11:50AM		Gara Until 2:52PM		Nataraja: Clear		Moon 10 - Phase 29 - 12	
Until 1:36PM		Subramuniyaswami Mahasamadhi		Trayodashi* Until 3:28AM Sat		Ashvina*Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)					
<b>6</b>		<b>Saturday, November 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 209	
Tula Rasi: 1.49		Tithi 29		Gulika 6:43AM – 8:00AM		Chitra Until 3:16PM		Ganesha: Blue Sunrise: 6:43AM	
763826574				Yama 1:07PM – 2:23PM		Priti Until 6:27AM		Muruga: White Sunset: 4:56PM	
Routine Work Marana Yoga		Rahu 9:17AM – 10:33AM		Visti Until 3:58PM		Nataraja: Clear		Moon 10 - Phase 29 - 13	
Until 3:16PM		Deepavali Hindu Solidarity Day		Chaturdashi* Until 4:16AM Sun		Ashvina*Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga									
<b>7</b>		<b>Sunday, November 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 210	
Tula Rasi: 14.27		Tithi 30		Gulika 2:23PM – 3:39PM		Svati Until 4:12PM		Ganesha: Blue Sunrise: 6:44AM	
763826574				Yama 11:50AM – 1:06PM		Saubhagya Until 4:52AM Mon		Muruga: White Sunset: 4:56PM	
Creative Work Siddha Yoga		Rahu 3:39PM – 4:56PM		Catuspada Until 4:28PM		Nataraja: Clear		Moon 10 - Phase 29 - 14	
Until 4:12PM				Amavasya* Until 4:28AM Mon		Ashvina*Aipasi		Devaloka Day	
Then Routine Work - Marana Yoga									
<b>8</b>		<b>Monday, November 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 211	
Tula Rasi: 27.23		Tithi 1		Gulika 1:06PM – 2:22PM		Vishakha Until 4:52PM		Ganesha: Blue Sunrise: 6:46AM	
773826574				Yama 10:34AM – 11:50AM		Sobhana Until 3:25AM Tue		Muruga: White Sunset: 4:55PM	
Family Home Evening		Rahu 8:02AM – 9:18AM		Kintughna Until 4:22PM		Nataraja: Clear		Moon 10 - Phase 29 - 15	
Routine Work Marana Yoga		Skanda Shasthi Begins		Prathama* Until 4:06AM Tue		Karttika*Aipasi		Devaloka Day	
Until 4:52PM									
Then Creative Work - Siddha Yoga									

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, November 14, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD Sun 16 Sutra 212	
Vrischika Rasi: 10.35	Tithi 2	<b>Gulika</b> 11:50AM – 1:06PM	<b>Anuradha Until 4:52PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:47AM	Sobhana 5125	
		Yama 9:18AM – 10:34AM	Athiganda* Until 1:34AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 30 - 16	
		773826574 <b>Rahu</b> 2:22PM – 3:38PM	Balava Until 3:45PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 3:15AM Wed</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 4:52PM				Karttika*Aipasi			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, November 15, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 17 Sutra 213	
Vrischika Rasi: 24.04	Tithi 3	<b>Gulika</b> 10:35AM – 11:50AM	<b>Jyeshtha* Until 4:18PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:48AM	Sobhana 5125	
		Yama 8:03AM – 9:19AM	Sukarma Until 11:24PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 30 - 17	
		773826574 <b>Rahu</b> 11:50AM – 1:06PM	Taitila Until 2:42PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 2:01AM Thu</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 4:18PM				Karttika*Aipasi			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, November 16, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		Lanham, MD Sun 18 Sutra 214	
Dhanus Rasi: 7.44	Tithi 4	<b>Gulika</b> 9:20AM – 10:35AM	<b>Mula* Until 3:41PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:49AM	Sobhana 5125	
		Yama 6:49AM – 8:04AM	Dhriti Until 9:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 30 - 18	
		784826574 <b>Rahu</b> 1:06PM – 2:22PM	Vanija Until 1:18PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 12:29AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				Karttika*Karttikai			

<b>4</b>		<b>Friday, November 17, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 19 Sutra 215	
Dhanus Rasi: 21.36	Tithi 5	<b>Gulika</b> 8:05AM – 9:20AM	<b>Purvashadha* Until 2:42PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:50AM	Sobhana 5125	
		Yama 2:21PM – 3:36PM	Shula* Until 6:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 30 - 19	
		784826575 <b>Rahu</b> 10:36AM – 11:51AM	Bava Until 11:39AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Panchami Until 10:44PM</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 2:42PM				Karttika*Karttikai			
Then Routine Work - Marana Yoga							


<b>5</b>		<b>Saturday, November 18, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 20 Sutra 216	
Makara Rasi: 5.35	Tithi 6	<b>Gulika</b> 6:51AM – 8:06AM	<b>Uttarashadha Until 1:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:51AM	Sobhana 5125	
		Yama 1:06PM – 2:21PM	Ganda* Until 3:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 30 - 20	
		784826575 <b>Rahu</b> 9:21AM – 10:36AM	Kaulava Until 9:49AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 8:51PM</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 1:24PM		<b>Skanda Shasthi</b>		Karttika*Karttikai			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Sunday, November 19, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Lanham, MD Sun 21 Sutra 217	
Makara Rasi: 19.38	Tithi 7	<b>Gulika</b> 2:21PM – 3:36PM	<b>Shravana Until 12:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:52AM	Sobhana 5125	
		Yama 11:51AM – 1:06PM	Vridhi Until 12:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 30 - 21	
		794826575 <b>Rahu</b> 3:36PM – 4:50PM	Gara Until 7:53AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami Until 6:52PM</b>	Moon – Purple		<b>Subha Subha Sivaloka Day</b>	
Until 12:17PM				Karttika*Karttikai			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Monday, November 20, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 22 Sutra 218	
Kumbha Rasi: 3.45	Tithi 8 – 9	<b>Gulika</b> 1:06PM – 2:21PM	<b>Dhanishtha Until 10:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:37AM – 11:52AM	Dhruva Until 10:05AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 30 - 22	
		794826575 <b>Rahu</b> 8:08AM – 9:22AM	Balava Until 3:48AM Tue	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 4:49PM</b>	Moon – Purple		<b>Subha Subha Sivaloka Day</b>	
				Karttika*Karttikai			

<b>Retreat Star</b>		<b>Tuesday, November 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lanham, MD Sun 23 Sutra 219	
Kumbha Rasi: 17.53	Tithi 9 – 10	<b>Gulika</b> 11:52AM – 1:06PM	<b>Shatabhishak Until 9:25AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:54AM	Sobhana 5125	
		Yama 9:23AM – 10:37AM	Vyaghata* Until 7:12AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 30 - 23	
		794826575 <b>Rahu</b> 2:20PM – 3:35PM	Taitila Until 1:43AM Wed	<b>Nataraja:</b> Purple		Navami	
Routine Work	Marana Yoga		<b>Navami* Until 2:44PM</b>	Moon – Purple		<b>Subha Subha Sivaloka Day</b>	
				Karttika*Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, November 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 24 Sutra 220	
Meena Rasi: 2.02	Tithi 10 – 11	<b>Gulika</b> Yama	<b>10:38AM – 11:52AM</b> 8:10AM – 9:24AM	<b>Purvaproshtapada* Until 8:11AM</b> Vajra* Until 1:26AM Thu Vanija Until 11:39PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 4:49PM	Sobhana 5125 Moon 10 - Phase 31 - 24 4th Phase
Creative Work	Amrita Yoga	714826575	<b>Rahu</b> <b>11:52AM – 1:06PM</b>	<b>Dashami Until 12:40PM</b>	<b>Subha Subha Sivaloka Day</b> <b>Karttika-Karttikai</b>		
Until 8:11AM	Then Creative Work - Siddha Yoga						
<b>2</b>		<b>Thursday, November 23, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 25 Sutra 221	
Meena Rasi: 16.1	Tithi 11 – 12	<b>Gulika</b> Yama	<b>9:24AM – 10:38AM</b> 6:56AM – 8:10AM	<b>Uttaraproshtapada Until 6:50AM</b> Siddhi Until 10:37PM Bava Until 9:39PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 4:48PM	Sobhana 5125 Moon 10 - Phase 31 - 25 4th Phase
Creative Work	Siddha Yoga	714826575	<b>Rahu</b> <b>1:06PM – 2:20PM</b>	<b>Ekadashi Until 10:37AM</b>	<b>Subha Subha Sivaloka Day</b> <b>Karttika-Karttikai</b>		
<b>3</b>		<b>Friday, November 24, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 26 Sutra 222	
Mesha Rasi: 0.14	Tithi 12 – 13	<b>Gulika</b> Yama	<b>8:11AM – 9:25AM</b> 2:20PM – 3:34PM	<b>Ashvini Until 4:27AM Sat</b> Vyatipata* Until 7:56PM Kaulava Until 7:48PM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 4:48PM	Sobhana 5125 Moon 10 - Phase 31 - 26 4th Phase
Creative Work	Amrita Yoga	724926575	<b>Rahu</b> <b>10:39AM – 11:53AM</b>	<b>Dvadashi Until 8:41AM</b>	<b>Sivaloka Day</b> <b>Karttika-Karttikai</b>		
Until 4:27AM Sat	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			
<b>4</b>		<b>Saturday, November 25, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyani/Parigha* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 223	
Mesha Rasi: 14.13	Tithi 13 – 14	<b>Gulika</b> Yama	<b>6:59AM – 8:12AM</b> 1:06PM – 2:20PM	<b>Bharani Until 3:35AM Sun</b> Varyani Until 5:22PM Gara Until 6:09PM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 4:47PM	Sobhana 5125 Moon 10 - Phase 31 - 27 4th Phase
Creative Work	Siddha Yoga	724926575	<b>Rahu</b> <b>9:26AM – 10:39AM</b>	<b>Trayodashi Until 6:55AM</b>	<b>Sivaloka Day</b> <b>Karttika-Karttikai</b>		
		<b>Sunday, November 26, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau		Lanham, MD Sun 28 Sutra 224	
Mesha Rasi: 28.02	Tithi 15	<b>Gulika</b> Yama	<b>2:20PM – 3:33PM</b> 11:53AM – 1:07PM	<b>Krittika Until 2:55AM Mon</b> Parigha* Until 3:05PM Visti Until 4:48PM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 4:47PM	Sobhana 5125 Moon 10 - Phase 31 - Purnima
Creative Work	Siddha Yoga	724926575	<b>Rahu</b> <b>3:33PM – 4:47PM</b>	<b>Purnima* Until 4:16AM Mon</b>	<b>Sivaloka Day</b> <b>Karttika-Karttikai</b>		
Until 2:55AM Mon	Then Creative Work - Amrita Yoga			<b>Krittika Deepam</b>			
<b>Monday, November 27, 2023</b>		<b>Silver Retreat Star</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau		Lanham, MD Sun 29 Sutra 225	
Vrishabha Rasi: 11.38	Tithi 16	<b>Gulika</b> Yama	<b>1:07PM – 2:20PM</b> 10:40AM – 11:54AM	<b>Rohini Until 3:00AM Tue</b> Shiva Until 1:07PM Balava Until 3:53PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 7:01AM <b>Sunset:</b> 4:46PM	Sobhana 5125 Moon 10 - Phase 31 - Prathama
<b>Family Home Evening</b>	Amrita Yoga	734926575	<b>Rahu</b> <b>8:14AM – 9:27AM</b>	<b>Prathama* Until 3:35AM Tue</b>	<b>Subha Sivaloka Day</b> <b>Karttika-Karttikai</b>		
Creative Work	Amrita Yoga			<b>Vinayaga Viratam Begins</b>			
Until 3:00AM Tue	Then Creative Work - Siddha Yoga						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Vrishabha Rasi: 24.58 Tithi 17

734926575

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mridgashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 11:54AM – 1:07PM  
Yama 9:28AM – 10:41AM  
**Rahu** 2:20PM – 3:33PM

Mridgashira Until 3:28AM Wed

Siddha Until 11:31AM  
Taitila Until 3:28PM

Dvitiya Until 3:27AM Wed

**Ganesha:** Clear Sunrise: 7:02AM  
**Muruga:** White Sunset: 4:46PM  
**Nataraja:** Purple  
Moon – Yellow

Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sutra 226  
Sobhana 5125  
Moon 11 - Phase 32 - 1st Phase

1

Wednesday, November 29, 2023

Mithuna Rasi: 8.01 Tithi 18

735926575

Creative Work Siddha Yoga

Until 4:21AM Thu  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 10:41AM – 11:54AM  
Yama 8:16AM – 9:28AM  
**Rahu** 11:54AM – 1:07PM

Ardra Until 4:21AM Thu

Sadhya Until 10:23AM  
Vanija Until 3:38PM

Tritiya Until 3:56AM Thu

**Ganesha:** Purple Sunrise: 7:03AM  
**Muruga:** White Sunset: 4:46PM  
**Nataraja:** Purple  
Moon – Yellow

Subha Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 1  
Sutra 227  
Sobhana 5125  
Moon 11 - Phase 32 - 1st Phase

2

Thursday, November 30, 2023

Mithuna Rasi: 20.46 Tithi 19

745926575

Creative Work Amrita Yoga

Until 6:10AM Fri  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 9:29AM – 10:42AM  
Yama 7:04AM – 8:16AM  
**Rahu** 1:07PM – 2:20PM

Punarvasu Until 6:10AM Fri

Subha Until 9:44AM  
Bava Until 4:26PM

Chaturthi\* Until 5:02AM Fri

**Ganesha:** Clear Sunrise: 7:04AM  
**Muruga:** White Sunset: 4:46PM  
**Nataraja:** Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 2  
Sutra 228  
Sobhana 5125  
Moon 11 - Phase 32 - 2nd Phase

3

Friday, December 1, 2023

Kataka Rasi: 3.14 Tithi 20

745926575

Creative Work Siddha Yoga

Until 6:10AM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:17AM – 9:30AM  
Yama 2:20PM – 3:33PM  
**Rahu** 10:42AM – 11:55AM

Punarvasu Until 6:10AM

Sukla Until 9:31AM  
Kaulava Until 5:51PM

Panchami Until 6:44AM Sat

**Ganesha:** Clear Sunrise: 7:05AM  
**Muruga:** White Sunset: 4:45PM  
**Nataraja:** Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 3  
Sutra 229  
Sobhana 5125  
Moon 11 - Phase 32 - 3rd Phase

4

Saturday, December 2, 2023

Kataka Rasi: 15.28 Tithi 20 – 21

745926575

Creative Work Siddha Yoga

Until 8:23AM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 7:06AM – 8:18AM  
Yama 1:08PM – 2:20PM  
**Rahu** 9:30AM – 10:43AM

Pushya Until 8:23AM

Brahma Until 9:46AM  
Gara Until 7:48PM

Panchami Until 6:44AM

**Ganesha:** Clear Sunrise: 7:06AM  
**Muruga:** White Sunset: 4:45PM  
**Nataraja:** Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 4  
Sutra 230  
Sobhana 5125  
Moon 11 - Phase 32 - 4th Phase

5

Sunday, December 3, 2023

Kataka Rasi: 27.29 Tithi 21 – 22

745926575

Creative Work Siddha Yoga

Until 10:53AM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Shastamyam Titau

**Gulika** 2:20PM – 3:33PM  
Yama 11:56AM – 1:08PM  
**Rahu** 3:33PM – 4:45PM

Ashlesha\* Until 10:53AM

Indra Until 10:23AM  
Visti Until 10:11PM

Shashthi\* Until 8:56AM

**Ganesha:** Clear Sunrise: 7:07AM  
**Muruga:** White Sunset: 4:45PM  
**Nataraja:** Purple  
Moon – Blue

Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 5  
Sutra 231  
Sobhana 5125  
Moon 11 - Phase 32 - 5th Phase

D

Monday, December 4, 2023

Retreat Star

Simha Rasi: 9.22 Tithi 22 – 23

755926575

Family Home Evening

Routine Work Marana Yoga

Until 2:01PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 1:08PM – 2:21PM  
Yama 10:44AM – 11:56AM  
**Rahu** 8:20AM – 9:32AM

Magha\* Until 2:01PM

Vaidhriti\* Until 11:12AM  
Balava Until 12:47AM Tue

Saptami Until 11:27AM

**Ganesha:** White Sunrise: 7:07AM  
**Muruga:** White Sunset: 4:45PM  
**Nataraja:** Purple  
Moon – Red

Subha Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 6  
Sutra 232  
Sobhana 5125  
Moon 11 - Phase 32 - 6th Phase  
Ashtami

Tuesday, December 5, 2023

Retreat Star

Simha Rasi: 21.12 Tithi 23 – 24

755936575

Creative Work Siddha Yoga

Until 5:03PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 11:57AM – 1:09PM  
Yama 9:32AM – 10:45AM  
**Rahu** 2:21PM – 3:33PM

Purvaphalguni Until 5:03PM

Vishkambha\* Until 12:06PM  
Taitila Until 3:21AM Wed

Ashtami\* Until 2:04PM

**Ganesha:** White Sunrise: 7:08AM  
**Muruga:** Clear Sunset: 4:45PM  
**Nataraja:** Purple  
Moon – Red

Subha Sivaloka Day

Karttika-Karttikai

Lanham, MD  
Sun 7  
Sutra 233  
Sobhana 5125  
Moon 11 - Phase 32 - 7th Phase  
Navami

<b>1</b>		<b>Wednesday, December 6, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 8 Sutra 234	
Kanya Rasi: 3.04	Tithi 24 – 25	<b>Gulika</b> 10:45AM – 11:57AM	<b>Uttaraphalguni</b> Until 7:44PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:09AM	Sobhana 5125	
		Yama 8:21AM – 9:33AM	Priti Until 12:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 8	
		755936575 <b>Rahu</b> 11:57AM – 1:09PM	Vanija Until 5:38AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 4:31PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 7:44PM				<b>Karttika*Karttikai</b>			
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Thursday, December 7, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Dashamyam Titau		Lanham, MD Sun 9 Sutra 235	
Kanya Rasi: 15.03	Tithi 25	<b>Gulika</b> 9:34AM – 10:46AM	<b>Hasta</b> Until 10:21PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:10AM	Sobhana 5125	
		Yama 7:10AM – 8:22AM	Ayushman Until 1:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 9	
		765936575 <b>Rahu</b> 1:09PM – 2:21PM	Visti Until 6:35PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 6:35PM	Moon – Green		<b>Sivaloka Day</b>	
Until 10:21PM				<b>Karttika*Karttikai</b>			
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, December 8, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Lanham, MD Sun 10 Sutra 236	
Kanya Rasi: 27.14	Tithi 26	<b>Gulika</b> 8:23AM – 9:34AM	<b>Chitra</b> Until 12:12AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:11AM	Sobhana 5125	
		Yama 2:21PM – 3:33PM	Saubhagya Until 1:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 10	
		766936575 <b>Rahu</b> 10:46AM – 11:58AM	Bava Until 7:25AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:02PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Karttika*Karttikai</b>			
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, December 9, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Lanham, MD Sun 11 Sutra 237	
Tula Rasi: 9.42	Tithi 27	<b>Gulika</b> 7:12AM – 8:23AM	<b>Svati</b> Until 1:11AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:12AM	Sobhana 5125	
		Yama 1:10PM – 2:22PM	Sobhana Until 1:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 11	
		766936575 <b>Rahu</b> 9:35AM – 10:47AM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 8:45PM	Moon – Green		<b>Devaloka Day</b>	
Until 1:11AM Sun				<b>Karttika*Karttikai</b>			
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Sunday, December 10, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Lanham, MD Sun 12 Sutra 238	
Tula Rasi: 22.31	Tithi 28	<b>Gulika</b> 2:22PM – 3:33PM	<b>Vishakha</b> Until 1:44AM Mon	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:13AM	Sobhana 5125	
		Yama 11:59AM – 1:10PM	Athiganda* Until 12:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 12	
		776936575 <b>Rahu</b> 3:33PM – 4:45PM	Gara Until 8:50AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 8:42PM	Moon – Orange		<b>Devaloka Day</b>	
Until 1:44AM Mon				<b>Karttika*Karttikai</b>			
Then Creative Work - Siddha Yoga							
							<i>Pradosha Vrata (Fasting)</i>
<b>6</b>		<b>Monday, December 11, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 13 Sutra 239	
Vrischika Rasi: 5.41	Tithi 29	<b>Gulika</b> 1:11PM – 2:22PM	<b>Anuradha</b> Until 1:27AM Tue	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:13AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:48AM – 11:59AM	Sukarma Until 10:28AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 13	
Creative Work	Siddha Yoga	776936575 <b>Rahu</b> 8:25AM – 9:36AM	Visti Until 8:25AM	<b>Nataraja:</b> Purple		2nd Phase	
Until 1:27AM Tue			<b>Chaturdashi*</b> Until 7:56PM	Moon – Orange		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika*Karttikai</b>			
<b>Retreat Star</b>		<b>Tuesday, December 12, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 14 Sutra 240	
Vrischika Rasi: 19.16	Tithi 30	<b>Gulika</b> 12:00PM – 1:11PM	<b>Jyeshtha*</b> Until 12:26AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:14AM	Sobhana 5125	
		Yama 9:37AM – 10:48AM	Dhriti Until 8:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 14	
		776936575 <b>Rahu</b> 2:22PM – 3:34PM	Catuspada Until 7:19AM	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 6:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Karttika*Karttikai</b>			
<b>Retreat Star</b>		<b>Wednesday, December 13, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 241	
Dhanus Rasi: 3.1	Tithi 1 – 2	<b>Gulika</b> 10:49AM – 12:00PM	<b>Mula*</b> Until 11:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM	Sobhana 5125	
		Yama 8:26AM – 9:38AM	Ganda* Until 2:52AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 - 15	
		786936575 <b>Rahu</b> 12:00PM – 1:12PM	Balava Until 3:35AM Thu	<b>Nataraja:</b> Purple		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 4:39PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:15PM				<b>Margasira*Karttikai</b>			
Then Creative Work - Amrita Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

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**1 Thursday, December 14, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Lanham, MD  
 Purvashadha\* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 242

Dhanus Rasi: 17.19 Tithi 2 – 3  
 786937575 **Gulika** 9:38AM – 10:49AM **Purvashadha\* Until 9:38PM** **Ganesha:** White *Sunrise:* 7:16AM Sobhana 5125  
 Yama 7:16AM – 8:27AM Vriddhi Until 11:45PM **Muruga:** White *Sunset:* 4:46PM Moon 11 - Phase 34 - 16  
**Rahu** 1:12PM – 2:23PM Taitila Until 1:14AM Fri **Nataraja:** Purple 3rd Phase  
 Moon – Light Blue **Sivaloka Day**  
 Creative Work Siddha Yoga **Margasira\* Karttikai**  
 Until 9:38PM  
 Then Routine Work - Marana Yoga

**2 Friday, December 15, 2023** Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Lanham, MD  
 Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 17 Sutra 243

Makara Rasi: 1.4 Tithi 3 – 4  
 787937575 **Gulika** 8:28AM – 9:39AM **Uttarashadha Until 7:44PM** **Ganesha:** Clear *Sunrise:* 7:16AM Sobhana 5125  
 Yama 2:24PM – 3:35PM Dhruva Until 8:30PM **Muruga:** White *Sunset:* 4:46PM Moon 11 - Phase 34 - 17  
**Rahu** 10:50AM – 12:01PM Vanija Until 10:45PM **Nataraja:** Purple 3rd Phase  
 Moon – Light Blue **Subha Sivaloka Day**  
 Routine Work Marana Yoga **Margasira\* Karttikai**

**3 Saturday, December 16, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Lanham, MD  
 Shravana Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 244

Makara Rasi: 16.04 Tithi 4 – 5  
 897937575 **Gulika** 7:17AM – 8:28AM **Shravana Until 6:05PM** **Ganesha:** Clear *Sunrise:* 7:17AM Sobhana 5125  
 Yama 1:13PM – 2:24PM Vyaghata\* Until 5:15PM **Muruga:** White *Sunset:* 4:46PM Moon 11 - Phase 34 - 18  
**Rahu** 9:39AM – 10:51AM Bava Until 8:16PM **Nataraja:** Purple 3rd Phase  
 Moon – Purple **Subha Sivaloka Day**  
 Creative Work Siddha Yoga **Margasira\* Markali**  
**Markali Pillaiyar** **Chaturthi\* Until 9:29AM**

**4 Sunday, December 17, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Lanham, MD  
 Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra\* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau Sun 19 Sutra 245

Kumbha Rasi: 0.28 Tithi 5 – 6  
 897937575 **Gulika** 2:24PM – 3:35PM **Dhanishtha Until 4:23PM** **Ganesha:** Clear *Sunrise:* 7:18AM Sobhana 5125  
 Yama 12:02PM – 1:13PM Harshana Until 2:04PM **Muruga:** White *Sunset:* 4:47PM Moon 11 - Phase 34 - 19  
**Rahu** 3:35PM – 4:47PM Taitila Until 4:44AM Mon **Nataraja:** Purple 3rd Phase  
 Moon – Purple **Subha Sivaloka Day**  
 Routine Work Marana Yoga **Margasira\* Markali**  
 Until 4:23PM **Panchami Until 7:02AM**  
 Then Creative Work - Siddha Yoga **Vinayaga Viratam Ends**

**5 Monday, December 18, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Lanham, MD  
 Shatabhishak/Purvaproshtapada\* Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 246

Kumbha Rasi: 14.45 Tithi 7  
 897137575 **Gulika** 1:14PM – 2:25PM **Shatabhishak Until 2:42PM** **Ganesha:** Red *Sunrise:* 7:18AM Sobhana 5125  
 Yama 10:52AM – 12:03PM Vajra\* Until 11:00AM **Muruga:** White *Sunset:* 4:47PM Moon 11 - Phase 34 - 20  
**Rahu** 8:29AM – 9:41AM Gara Until 3:40PM **Nataraja:** Purple 3rd Phase  
 Moon – Purple **Subha Sivaloka Day**  
 Creative Work Siddha Yoga **Margasira\* Markali**  
 Until 2:42PM **Saptami Until 2:38AM Tue**  
 Then Routine Work - Marana Yoga

**Retreat Star** **6 Tuesday, December 19, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Lanham, MD  
 Purvaproshtapada\*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 21 Sutra 247

Kumbha Rasi: 28.55 Tithi 8  
 817137575 **Gulika** 12:03PM – 1:14PM **Purvaproshtapada\* Until 1:32PM** **Ganesha:** Clear *Sunrise:* 7:19AM Sobhana 5125  
 Yama 9:41AM – 10:52AM Siddhi Until 8:07AM **Muruga:** White *Sunset:* 4:47PM Moon 11 - Phase 34 - 21  
**Rahu** 2:25PM – 3:36PM Visti Until 1:41PM **Nataraja:** Purple Ashtami  
 Moon – Clear **Subha Sivaloka Day**  
 Routine Work Marana Yoga **Margasira\* Markali**  
 Until 1:32PM **Ashtami\* Until 12:46AM Wed**  
 Then Creative Work - Amrita Yoga

**Retreat Star** **7 Wednesday, December 20, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Lanham, MD  
 Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 248

Meena Rasi: 12.54 Tithi 9  
 817137575 **Gulika** 10:53AM – 12:04PM **Uttaraproshtapada Until 12:29PM** **Ganesha:** Clear *Sunrise:* 7:20AM Sobhana 5125  
 Yama 8:31AM – 9:42AM Variyan Until 2:58AM Thu **Muruga:** White *Sunset:* 4:48PM Moon 11 - Phase 34 - 22  
**Rahu** 12:04PM – 1:15PM Balava Until 11:57AM **Nataraja:** Purple Navami  
 Moon – Clear **Subha Sivaloka Day**  
 Creative Work Siddha Yoga **Margasira\* Markali**  
 Until 12:29PM **Navami\* Until 11:10PM**  
 Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

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<b>1</b>		<b>Thursday, December 21, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Pangha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 249	
Meena Rasi: 26.44	Tithi 10	817137575	<b>Gulika</b> 9:42AM – 10:53AM Yama 7:20AM – 8:31AM <b>Rahu</b> 1:15PM – 2:26PM	<b>Revati Until 11:32AM</b> Parigha* Until 12:42AM Fri Taitila Until 10:29AM <b>Dashami Until 9:50PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Clear	<i>Sunrise:</i> 7:20AM <i>Sunset:</i> 4:48PM	Moon 11 - Phase 35 - 23 4th Phase
Creative Work Siddha Yoga Until 11:32AM Then Creative Work - Amrita Yoga		<b>Day 1 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b>		<b>Margasira*Markali</b>	
<b>2</b>		<b>Friday, December 22, 2023</b>		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 250	
Mesha Rasi: 10.25	Tithi 11	828137575	<b>Gulika</b> 8:32AM – 9:43AM Yama 2:27PM – 3:38PM <b>Rahu</b> 10:54AM – 12:05PM	<b>Ashvini Until 11:08AM</b> Shiva Until 10:40PM Vanija Until 9:17AM <b>Ekadashi Until 8:46PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:49PM	Moon 11 - Phase 35 - 24 4th Phase
Creative Work Amrita Yoga Until 11:08AM Then Creative Work - Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b>		<b>Margasira*Markali</b>	
<b>3</b>		<b>Saturday, December 23, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 251	
Mesha Rasi: 23.56	Tithi 12	828137575	<b>Gulika</b> 7:21AM – 8:32AM Yama 1:16PM – 2:27PM <b>Rahu</b> 9:43AM – 10:54AM	<b>Bharani Until 10:51AM</b> Siddha Until 8:48PM Bava Until 8:21AM <b>Dvodashi Until 7:58PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:49PM	Moon 11 - Phase 35 - 25 4th Phase
Creative Work Siddha Yoga Until 10:51AM Then Creative Work - Amrita Yoga		<b>Day 3 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b>		<b>Margasira*Markali</b>	
<b>4</b>		<b>Sunday, December 24, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 252	
Vrishabha Rasi: 7.19	Tithi 13	828137575	<b>Gulika</b> 2:28PM – 3:39PM Yama 12:06PM – 1:17PM <b>Rahu</b> 3:39PM – 4:50PM	<b>Krittika Until 10:42AM</b> Sadhya Until 7:12PM Kaulava Until 7:42AM <b>Trayodashi Until 7:28PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – White	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:50PM	Moon 11 - Phase 35 - 26 4th Phase
Creative Work Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>		<b>Subha Sivaloka Day</b>		<b>Margasira*Markali</b>	
				<i>Pradosha Vrata</i>			
<b>5</b>		<b>Monday, December 25, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 253	
Vrishabha Rasi: 20.3	Tithi 14	838137575	<b>Gulika</b> 1:17PM – 2:28PM Yama 10:55AM – 12:06PM <b>Rahu</b> 8:33AM – 9:44AM	<b>Rohini Until 11:10AM</b> Subha Until 5:53PM Gara Until 7:22AM <b>Chaturdashi* Until 7:19PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Yellow	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:50PM	Moon 11 - Phase 35 - 27 4th Phase
Family Home Evening Creative Work Amrita Yoga		<b>Day 5 of Pancha Ganapati</b>		<b>Sivaloka Day</b>		<b>Margasira*Markali</b>	
		<b>Tuesday, December 26, 2023</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 254	
Mithuna Rasi: 3.31	Tithi 15	838137576	<b>Gulika</b> 12:07PM – 1:18PM Yama 9:44AM – 10:56AM <b>Rahu</b> 2:29PM – 3:40PM	<b>Mrigashira Until 11:52AM</b> Sukla Until 4:51PM Visti Until 7:25AM <b>Purnima* Until 7:35PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:51PM	Moon 11 - Phase 35 - Purnima
Creative Work Siddha Yoga Until 11:52AM Then Routine Work - Marana Yoga		<b>Copper Retreat Star</b>		<b>Devaloka Day</b>		<b>Margasira*Markali</b>	
<b>Wednesday, December 27, 2023</b>		<b>Silver Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 255	
Mithuna Rasi: 16.19	Tithi 16	838137576	<b>Gulika</b> 10:56AM – 12:07PM Yama 8:34AM – 9:45AM <b>Rahu</b> 12:07PM – 1:18PM	<b>Ardra Until 12:49PM</b> Brahma Until 4:10PM Balava Until 7:54AM <b>Prathama* Until 8:18PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<i>Sunrise:</i> 7:23AM <i>Sunset:</i> 4:52PM	Moon 11 - Phase 35 - Prathama
Creative Work Siddha Yoga		<b>Andra Darshanam</b>		<b>Devaloka Day</b>		<b>Margasira*Markali</b>	



**Thursday, December 28, 2023**  
**Gold Retreat Star**

Mithuna Rasi: 28.53 Tithi 17  
849137576  
Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 9:45AM – 10:56AM**  
Yama 7:23AM – 8:34AM  
**Rahu 1:19PM – 2:30PM**  
**Punarvasu Until 2:34PM**  
Indra Until 3:52PM  
Taitila Until 8:51AM  
**Dvitiya Until 9:30PM**  
**Ganesha: Blue** Sunrise: 7:23AM  
**Muruga: White** Sunset: 4:52PM  
**Nataraja: Clear**  
Moon – Blue  
**Subha Sivaloka Day**  
**Margasira\*Markali**

Sun 1  
Sutra 256  
Sobhana 5125  
Moon 12 - Phase 36 - 1  
1st Phase

**Friday, December 29, 2023**

**1**  
Kataka Rasi: 11.15 Tithi 18  
849137576  
Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 8:34AM – 9:46AM**  
Yama 2:31PM – 3:42PM  
**Rahu 10:57AM – 12:08PM**  
**Pushya Until 4:38PM**  
Vaidhriti\* Until 3:56PM  
Vanija Until 10:19AM  
**Tritiya Until 11:13PM**  
**Ganesha: Blue** Sunrise: 7:23AM  
**Muruga: White** Sunset: 4:53PM  
**Nataraja: Clear**  
Moon – Blue  
**Subha Sivaloka Day**  
**Margasira\*Markali**

Sun 2  
Sutra 257  
Sobhana 5125  
Moon 12 - Phase 36 - 2  
1st Phase

**Saturday, December 30, 2023**

**2**  
Kataka Rasi: 23.24 Tithi 19  
849137576  
Routine Work Marana Yoga  
Until 6:59PM  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chatrthyam Titau  
**Gulika 7:23AM – 8:35AM**  
Yama 1:20PM – 2:31PM  
**Rahu 9:46AM – 10:57AM**  
**Ashlesha\* Until 6:59PM**  
Vishkambha\* Until 4:22PM  
Bava Until 12:17PM  
**Chatruthi\* Until 1:24AM Sun**  
**Ganesha: Blue** Sunrise: 7:23AM  
**Muruga: White** Sunset: 4:54PM  
**Nataraja: Clear**  
Moon – Blue  
**Subha Sivaloka Day**  
**Margasira\*Markali**

Sun 3  
Sutra 258  
Sobhana 5125  
Moon 12 - Phase 36 - 3  
1st Phase

**Sunday, December 31, 2023**

**3**  
Simha Rasi: 5.23 Tithi 20  
859137576  
Routine Work Marana Yoga  
Until 10:02PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 2:32PM – 3:43PM**  
Yama 12:09PM – 1:21PM  
**Rahu 3:43PM – 4:55PM**  
**Magha\* Until 10:02PM**  
Priti Until 5:06PM  
Kaulava Until 2:39PM  
**Panchami Until 3:55AM Mon**  
**Ganesha: Red** Sunrise: 7:24AM  
**Muruga: White** Sunset: 4:55PM  
**Nataraja: Clear**  
Moon – Red  
**Sivaloka Day**  
**Margasira\*Markali**

Sun 4  
Sutra 259  
Sobhana 5125  
Moon 12 - Phase 36 - 4  
1st Phase

**Monday, January 1, 2024**

**4**  
Simha Rasi: 17.15 Tithi 21  
**Family Home Evening**  
859137576  
Creative Work Siddha Yoga  
Until 1:07AM Tue  
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 1:22PM – 2:33PM**  
Yama 10:59AM – 12:10PM  
**Rahu 8:36AM – 9:47AM**  
**Purvaphalguni Until 1:07AM Tue**  
Ayushman Until 6:00PM  
Gara Until 5:17PM  
**Shashthi\* Until 6:37AM Tue**  
**Ganesha: Red** Sunrise: 7:24AM  
**Muruga: White** Sunset: 4:56PM  
**Nataraja: Clear**  
Moon – Red  
**Sivaloka Day**  
**Margasira\*Markali**

Sun 5  
Sutra 260  
Sobhana 5125  
Moon 12 - Phase 36 - 5  
1st Phase

**Tuesday, January 2, 2024**

**5**  
Simha Rasi: 29.03 Tithi 21 – 22  
859137576  
Creative Work Amrita Yoga  
Until 4:02AM Wed  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 12:11PM – 1:22PM**  
Yama 9:47AM – 10:59AM  
**Rahu 2:34PM – 3:45PM**  
**Uttaraphalguni Until 4:02AM Wed**  
Saubhagya Until 6:57PM  
Visti Until 7:59PM  
**Shashthi\* Until 6:37AM**  
**Ganesha: Red** Sunrise: 7:24AM  
**Muruga: White** Sunset: 4:57PM  
**Nataraja: Clear**  
Moon – Red  
**Sivaloka Day**  
**Margasira\*Markali**

Sun 6  
Sutra 261  
Sobhana 5125  
Moon 12 - Phase 36 - 6  
1st Phase

**Wednesday, January 3, 2024**

**Retreat Star**  
Kanya Rasi: 10.53 Tithi 22 – 23  
869137576  
Routine Work Marana Yoga  
Until 7:01AM Thu  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 10:59AM – 12:11PM**  
Yama 8:36AM – 9:48AM  
**Rahu 12:11PM – 1:23PM**  
**Hasta Until 7:01AM Thu**  
Sobhana Until 7:47PM  
Balava Until 10:30PM  
**Saptami Until 9:16AM**  
**Ganesha: Green** Sunrise: 7:24AM  
**Muruga: White** Sunset: 4:58PM  
**Nataraja: Clear**  
Moon – Green  
**Subha Sivaloka Day**  
**Margasira\*Markali**

Sun 7  
Sutra 262  
Sobhana 5125  
Moon 12 - Phase 36 - 7  
Ashtami

**Thursday, January 4, 2024**

**Retreat Star**  
Kanya Rasi: 22.49 Tithi 23 – 24  
869137576  
Routine Work Marana Yoga  
Until 7:01AM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 9:48AM – 11:00AM**  
Yama 7:24AM – 8:36AM  
**Rahu 1:23PM – 2:35PM**  
**Hasta Until 7:01AM**  
Athiganda\* Until 8:16PM  
Taitila Until 12:32AM Fri  
**Ashtami\* Until 11:34AM**  
**Ganesha: Green** Sunrise: 7:24AM  
**Muruga: White** Sunset: 4:59PM  
**Nataraja: Clear**  
Moon – Green  
**Subha Sivaloka Day**  
**Margasira\*Markali**

Sun 8  
Sutra 263  
Sobhana 5125  
Moon 12 - Phase 36 - 8  
Navami

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Friday, January 5, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 9 Sutra 264	
Tula Rasi: 4.58	Tithi 24 – 25	<b>Gulika</b> 8:36AM – 9:48AM	<b>Chitra Until 9:18AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:24AM	Sobhana 5125
		Yama 2:36PM – 3:48PM	Sukarma Until 8:16PM	<b>Muruga:</b> White <i>Sunset:</i> 5:00PM	Moon 12 - Phase 37 - 9
Creative Work	Siddha Yoga	861137576 <b>Rahu</b> 11:00AM – 12:12PM	Vanija Until 1:53AM Sat	<b>Nataraja:</b> Clear	2nd Phase
			<b>Navami* Until 1:17PM</b>	Moon – Green	<b>Sivaloka Day</b>
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira*Markali</b>	

<b>2 Saturday, January 6, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 10 Sutra 265	
Tula Rasi: 17.25	Tithi 25 – 26	<b>Gulika</b> 7:24AM – 8:36AM	<b>Svati Until 10:44AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:24AM	Sobhana 5125
		Yama 1:24PM – 2:37PM	Dhriti Until 7:40PM	<b>Muruga:</b> White <i>Sunset:</i> 5:01PM	Moon 12 - Phase 37 - 10
Creative Work	Siddha Yoga	861137576 <b>Rahu</b> 9:48AM – 11:00AM	Bava Until 2:23AM Sun	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dashami Until 2:13PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Margasira*Markali</b>	

<b>3 Sunday, January 7, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 11 Sutra 266	
Vrischika Rasi: 0.14	Tithi 26 – 27	<b>Gulika</b> 2:37PM – 3:49PM	<b>Vishakha Until 11:38AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:24AM	Sobhana 5125
		Yama 12:13PM – 1:25PM	Shula* Until 6:21PM	<b>Muruga:</b> White <i>Sunset:</i> 5:02PM	Moon 12 - Phase 37 - 11
Routine Work	Marana Yoga	871137576 <b>Rahu</b> 3:49PM – 5:02PM	Kaulava Until 2:01AM Mon	<b>Nataraja:</b> Clear	2nd Phase
			<b>Ekadashi* Until 2:17PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	

<b>4 Monday, January 8, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 12 Sutra 267	
Vrischika Rasi: 13.31	Tithi 27 – 28	<b>Gulika</b> 1:26PM – 2:38PM	<b>Anuradha Until 11:32AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:24AM	Sobhana 5125
<b>Family Home Evening</b>		Yama 11:01AM – 12:13PM	Ganda* Until 4:24PM	<b>Muruga:</b> White <i>Sunset:</i> 5:03PM	Moon 12 - Phase 37 - 12
Creative Work	Siddha Yoga	871137576 <b>Rahu</b> 8:36AM – 9:49AM	Gara Until 12:49AM Tue	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dvadashi* Until 1:30PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5 Tuesday, January 9, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 13 Sutra 268	
Vrischika Rasi: 27.16	Tithi 28 – 29	<b>Gulika</b> 12:14PM – 1:26PM	<b>Jyeshtha* Until 10:32AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:24AM	Sobhana 5125
		Yama 9:49AM – 11:01AM	Vridhhi Until 1:51PM	<b>Muruga:</b> White <i>Sunset:</i> 5:04PM	Moon 12 - Phase 37 - 13
Routine Work	Marana Yoga	871137576 <b>Rahu</b> 2:39PM – 3:51PM	Visti Until 10:53PM	<b>Nataraja:</b> Clear	2nd Phase
Until 10:32AM			<b>Trayodashi* Until 11:55AM</b>	Moon – Orange	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	

<b>Wednesday, January 10, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD Sun 14 Sutra 269	
<b>Retreat Star</b>		<b>Gulika</b> 11:01AM – 12:14PM	<b>Mula* Until 9:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:24AM	Sobhana 5125
Dhanus Rasi: 11.26	Tithi 29 – 30	Yama 8:36AM – 9:49AM	Dhruva Until 10:46AM	<b>Muruga:</b> White <i>Sunset:</i> 5:05PM	Moon 12 - Phase 37 - 14
Routine Work	Marana Yoga	881137576 <b>Rahu</b> 12:14PM – 1:27PM	Catuspada Until 8:24PM	<b>Nataraja:</b> Clear	Amavasya
Until 9:09AM		<b>Hanumath Jayanthi (Tamil Nadu)</b>	<b>Chaturdashi* Until 9:41AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	

<b>Thursday, January 11, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Lanham, MD Sun 15 Sutra 270	
<b>Retreat Star</b>		<b>Gulika</b> 9:49AM – 11:02AM	<b>Purvashadha* Until 7:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:23AM	Sobhana 5125
Dhanus Rasi: 25.57	Tithi 30 – 1	Yama 7:23AM – 8:36AM	Vyaghata* Until 7:18AM	<b>Muruga:</b> White <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37 - 15
Creative Work	Siddha Yoga	881137576 <b>Rahu</b> 1:27PM – 2:40PM	Bava Until 3:56AM Fri	<b>Nataraja:</b> Clear	Prathama
Until 7:09AM			<b>Amavasya* Until 6:58AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha*Markali</b>	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Friday, January 12, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 271 Sobhana 5125	
Makara Rasi: 10.43	Tithi 2	<b>Gulika</b> 8:36AM – 9:49AM	<b>Shravana Until 2:21AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:23AM	<b>Muruga:</b> White <i>Sunset:</i> 5:07PM	Moon 12 - Phase 38 - 16 3rd Phase	
Routine Work	Marana Yoga	Yama 2:41PM – 3:54PM	Vajra* Until 11:44PM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Until 2:21AM Sat		891237576 <b>Rahu</b> 11:02AM – 12:15PM	Balava Until 2:21PM	Moon – Purple	<b>Pausha*Markali</b>		
Then Creative Work - Siddha Yoga			<b>Dvitiya Until 12:44AM Sat</b>				
<b>2</b>		<b>Saturday, January 13, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 272 Sobhana 5125	
Makara Rasi: 25.35	Tithi 3	<b>Gulika</b> 7:23AM – 8:36AM	<b>Dhanishtha Until 11:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:23AM	<b>Muruga:</b> White <i>Sunset:</i> 5:08PM	Moon 12 - Phase 38 - 17 3rd Phase	
Creative Work	Siddha Yoga	Yama 1:28PM – 2:41PM	Siddhi Until 7:54PM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Until 11:54PM		891237576 <b>Rahu</b> 9:49AM – 11:02AM	Taitila Until 11:09AM	Moon – Purple	<b>Pausha*Markali</b>		
Then Creative Work - Amrita Yoga			<b>Tritiya Until 9:33PM</b>				
<b>3</b>		<b>Sunday, January 14, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18 Sutra 273 Sobhana 5125	
Kumbha Rasi: 10.25	Tithi 4	<b>Gulika</b> 2:42PM – 3:55PM	<b>Shatabhishak Until 9:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:23AM	<b>Muruga:</b> White <i>Sunset:</i> 5:09PM	Moon 12 - Phase 38 - 18 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:16PM – 1:29PM	Vyatipata* Until 4:11PM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Until 7:40PM		891237576 <b>Rahu</b> 3:55PM – 5:09PM	Vanija Until 8:02AM	Moon – Purple	<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga		<b>Thai Pongal</b>	<b>Chaturthi* Until 6:32PM</b>				
<b>4</b>		<b>Monday, January 15, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Sun 19 Sutra 274 Sobhana 5125	
Kumbha Rasi: 25.04	Tithi 5 – 6	<b>Gulika</b> 1:29PM – 2:43PM	<b>Purvaproshtapada* Until 7:40PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:22AM	<b>Muruga:</b> White <i>Sunset:</i> 5:10PM	Moon 12 - Phase 38 - 19 3rd Phase	
<b>Family Home Evening</b>		Yama 11:03AM – 12:16PM	Variyan Until 12:41PM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Routine Work	Marana Yoga	811237576 <b>Rahu</b> 8:36AM – 9:49AM	Kaulava Until 2:36AM Tue	Moon – Clear	<b>Pausha*Thai</b>		
Until 7:40PM			<b>Panchami Until 3:48PM</b>				
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, January 16, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 275 Sobhana 5125	
Meena Rasi: 9.29	Tithi 6 – 7	<b>Gulika</b> 12:16PM – 1:30PM	<b>Uttaraproshtapada Until 6:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:22AM	<b>Muruga:</b> White <i>Sunset:</i> 5:11PM	Moon 12 - Phase 38 - 20 3rd Phase	
Creative Work	Amrita Yoga	Yama 9:49AM – 11:03AM	Parigha* Until 9:30AM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Until 6:07PM		812237576 <b>Rahu</b> 2:44PM – 3:57PM	Gara Until 12:29AM Wed	Moon – Clear	<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga			<b>Shashthi* Until 1:28PM</b>				
<b>6</b>		<b>Wednesday, January 17, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 276 Sobhana 5125	
Meena Rasi: 23.37	Tithi 7 – 8	<b>Gulika</b> 11:03AM – 12:17PM	<b>Revati Until 4:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:21AM	<b>Muruga:</b> White <i>Sunset:</i> 5:12PM	Moon 12 - Phase 38 - 21 Ashtami	
Routine Work	Marana Yoga	Yama 8:35AM – 9:49AM	Shiva Until 6:41AM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Until 4:26PM		812237576 <b>Rahu</b> 12:17PM – 1:30PM	Visti Until 10:52PM	Moon – Clear	<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga			<b>Saptami Until 11:36AM</b>				
<b>7</b>		<b>Thursday, January 18, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 277 Sobhana 5125	
Mesha Rasi: 7.25	Tithi 8 – 9	<b>Gulika</b> 9:49AM – 11:03AM	<b>Ashvini Until 4:26PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:21AM	<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	Moon 12 - Phase 38 - 22 Navami	
Creative Work	Amrita Yoga	Yama 7:21AM – 8:35AM	Sadhya Until 2:13AM Fri	<b>Nataraja:</b> Clear	<b>Sivaloka Day</b>		
Until 4:26PM		822237576 <b>Rahu</b> 1:31PM – 2:45PM	Balava Until 9:45PM	Moon – White	<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga			<b>Ashtami* Until 10:14AM</b>				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Lanham, MD on 11/20/21

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<b>1</b>	<b>Friday, January 19, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Sun 23	Sutra 278
	Mesha Rasi: 20.56	Tithi 9 – 10	<b>Gulika</b> 8:35AM – 9:49AM	<b>Bharani Until 4:19PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM	Sobhana 5125	
			Yama 2:46PM – 4:00PM	Subha Until 12:35AM Sat	<b>Muruga:</b> White <i>Sunset:</i> 5:14PM	Moon 12 - Phase 39 - 23	
	Creative Work	Siddha Yoga	822237576 <b>Rahu</b> 11:03AM – 12:17PM	Taitila Until 9:08PM	<b>Nataraja:</b> Clear Moon – White	4th Phase	
			<b>Navami* Until 9:22AM</b>	<b>Pausha*Thai</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Saturday, January 20, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Sun 24	Sutra 279
	Vrishabha Rasi: 4.11	Tithi 10 – 11	<b>Gulika</b> 7:20AM – 8:34AM	<b>Krittika Until 4:30PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM	Sobhana 5125	
			Yama 1:32PM – 2:46PM	Sukla Until 11:17PM	<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	Moon 12 - Phase 39 - 24	
	Creative Work	Amrita Yoga	822237576 <b>Rahu</b> 9:49AM – 11:03AM	Vanija Until 8:57PM	<b>Nataraja:</b> Clear Moon – White	4th Phase	
			<b>Dashami Until 8:58AM</b>	<b>Pausha*Thai</b>	<b>Sivaloka Day</b>		

<b>3</b>	<b>Sunday, January 21, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Sun 25	Sutra 280
	Vrishabha Rasi: 17.12	Tithi 11 – 12	<b>Gulika</b> 2:47PM – 4:02PM	<b>Rohini Until 5:24PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:19AM	Sobhana 5125	
			Yama 12:18PM – 1:32PM	Brahma Until 10:17PM	<b>Muruga:</b> White <i>Sunset:</i> 5:16PM	Moon 12 - Phase 39 - 25	
	Creative Work	Siddha Yoga	832237576 <b>Rahu</b> 4:02PM – 5:16PM	Bava Until 9:11PM	<b>Nataraja:</b> Clear Moon – Yellow	4th Phase	
			<b>Ekadashi Until 9:00AM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Monday, January 22, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Sun 26	Sutra 281
	Mithuna Rasi: 0.02	Tithi 12 – 13	<b>Gulika</b> 1:33PM – 2:48PM	<b>Mrigashira Until 6:30PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:19AM	Sobhana 5125	
	<b>Family Home Evening</b>		Yama 11:03AM – 12:18PM	Indra Until 9:36PM	<b>Muruga:</b> White <i>Sunset:</i> 5:17PM	Moon 12 - Phase 39 - 26	
	Creative Work	Amrita Yoga	832237576 <b>Rahu</b> 8:34AM – 9:48AM	Kaulava Until 9:48PM	<b>Nataraja:</b> Clear Moon – Yellow	4th Phase	
Until 6:30PM Then Creative Work - Siddha Yoga			<b>Dvadashi Until 9:25AM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>		
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Tuesday, January 23, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Sun 27	Sutra 282
	Mithuna Rasi: 12.42	Tithi 13 – 14	<b>Gulika</b> 12:18PM – 1:33PM	<b>Ardra Until 7:48PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:18AM	Sobhana 5125	
			Yama 9:48AM – 11:03AM	Vaidhriti* Until 9:10PM	<b>Muruga:</b> White <i>Sunset:</i> 5:19PM	Moon 12 - Phase 39 - 27	
	Routine Work	Marana Yoga	832237576 <b>Rahu</b> 2:48PM – 4:03PM	Gara Until 10:46PM	<b>Nataraja:</b> Clear Moon – Yellow	4th Phase	
Until 7:48PM Then Creative Work - Siddha Yoga			<b>Trayodashi Until 10:13AM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>		

	<b>Wednesday, January 24, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Sun 28	Sutra 283
	Mithuna Rasi: 25.11	Tithi 14 – 15	<b>Gulika</b> 11:03AM – 12:19PM	<b>Punarvasu Until 9:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:18AM	Sobhana 5125	
			Yama 8:33AM – 9:48AM	Vishkambha* Until 9:02PM	<b>Muruga:</b> White <i>Sunset:</i> 5:20PM	Moon 12 - Phase 39 - Purnima	
	Creative Work	Siddha Yoga	842237576 <b>Rahu</b> 12:19PM – 1:34PM	Visti Until 12:07AM Thu	<b>Nataraja:</b> Clear Moon – Blue	4th Phase	
			<b>Chaturdashi* Until 11:23AM</b>	<b>Pausha*Thai</b>	<b>Sivaloka Day</b>		

<b>0</b>	<b>Thursday, January 25, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Sun 28	Sutra 284
	Kataka Rasi: 7.32	Tithi 15 – 16	<b>Gulika</b> 9:48AM – 11:03AM	<b>Pushya Until 11:57PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:17AM	Sobhana 5125	
			Yama 7:17AM – 8:32AM	Priti Until 9:11PM	<b>Muruga:</b> White <i>Sunset:</i> 5:21PM	Moon 12 - Phase 39 - Prathama	
	Creative Work	Amrita Yoga	942237576 <b>Rahu</b> 1:34PM – 2:50PM	Balava Until 1:50AM Fri	<b>Nataraja:</b> Clear Moon – Blue	4th Phase	
Until 11:57PM Then Creative Work - Siddha Yoga			<b>Purnima* Until 12:55PM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>		
			<b>Thai Pusam</b>				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



**Friday, January 26, 2024**  
**Gold Retreat Star**

Kataka Rasi: 19.43 Tithi 16 – 17

942237576

Routine Work Marana Yoga

Until 2:19AM Sat

Then Creative Work - Amrita Yoga

**Gulika 8:32AM – 9:48AM**  
**Yama 2:50PM – 4:06PM**  
**Rahu 11:03AM – 12:19PM**

**Ashlesha\* Until 2:19AM Sat**  
 Ayushman Until 9:35PM  
 Tailila Until 3:56AM Sat  
**Prathama\* Until 2:49PM**

**Ganesha:** Blue *Sunrise: 7:16AM*  
**Muruga:** White *Sunset: 5:22PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Lanham, MD  
 Sutra 285  
 Sobhana 5125  
 Moon 13 - Phase 40 - 1st Phase

**1 Saturday, January 27, 2024**

Simha Rasi: 1.45 Tithi 17 – 18

952237576

Creative Work Amrita Yoga

Until 5:19AM Sun

Then Creative Work - Siddha Yoga

**Gulika 7:15AM – 8:31AM**  
**Yama 1:35PM – 2:51PM**  
**Rahu 9:47AM – 11:03AM**

**Magha\* Until 5:19AM Sun**  
 Saubhagya Until 10:16PM  
 Vanija Until 6:21AM Sun  
**Dvitiya Until 5:05PM**

**Ganesha:** Red *Sunrise: 7:15AM*  
**Muruga:** White *Sunset: 5:23PM*  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Lanham, MD  
 Sun 1  
 Sutra 286  
 Sobhana 5125  
 Moon 13 - Phase 40 - 1st Phase

**2 Sunday, January 28, 2024**

Simha Rasi: 13.4 Tithi 18

952237576

Creative Work Siddha Yoga

**Gulika 2:52PM – 4:08PM**  
**Yama 12:19PM – 1:36PM**  
**Rahu 4:08PM – 5:24PM**

**Purvaphalguni Until 8:23AM Mon**  
 Sobhana Until 11:09PM  
 Vanija Until 6:21AM  
**Tritiya Until 7:38PM**

**Ganesha:** Red *Sunrise: 7:15AM*  
**Muruga:** White *Sunset: 5:24PM*  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Lanham, MD  
 Sun 2  
 Sutra 287  
 Sobhana 5125  
 Moon 13 - Phase 40 - 2nd Phase

**3 Monday, January 29, 2024**

Simha Rasi: 25.29 Tithi 19

953237576

Family Home Evening

Creative Work Siddha Yoga

**Gulika 1:36PM – 2:52PM**  
**Yama 11:03AM – 12:20PM**  
**Rahu 8:30AM – 9:47AM**

**Purvaphalguni Until 8:23AM**  
 Athiganda\* Until 12:08AM Tue  
 Bava Until 9:00AM  
**Chaturthi\* Until 10:22PM**

**Ganesha:** Yellow *Sunrise: 7:14AM*  
**Muruga:** White *Sunset: 5:25PM*  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Lanham, MD  
 Sun 3  
 Sutra 288  
 Sobhana 5125  
 Moon 13 - Phase 40 - 3rd Phase

**4 Tuesday, January 30, 2024**

Kanya Rasi: 7.16 Tithi 20

953237576

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

**Gulika 12:20PM – 1:36PM**  
**Yama 9:46AM – 11:03AM**  
**Rahu 2:53PM – 4:10PM**

**Uttaraphalguni Until 11:22AM**  
 Sukarma Until 1:07AM Wed  
 Kaulava Until 11:45AM  
**Panchami Until 1:05AM Wed**

**Ganesha:** Yellow *Sunrise: 7:13AM*  
**Muruga:** White *Sunset: 5:26PM*  
**Nataraja:** Clear  
 Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Lanham, MD  
 Sun 4  
 Sutra 289  
 Sobhana 5125  
 Moon 13 - Phase 40 - 4th Phase

**5 Wednesday, January 31, 2024**

Kanya Rasi: 19.04 Tithi 21

963237576

Routine Work Marana Yoga

Until 2:36PM

Then Creative Work - Siddha Yoga

**Gulika 11:03AM – 12:20PM**  
**Yama 8:29AM – 9:46AM**  
**Rahu 12:20PM – 1:37PM**

**Hasta Until 2:36PM**  
 Dhriti Until 1:56AM Thu  
 Gara Until 2:24PM  
**Shashthi\* Until 3:34AM Thu**

**Ganesha:** White *Sunrise: 7:12AM*  
**Muruga:** White *Sunset: 5:28PM*  
**Nataraja:** Clear  
 Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Lanham, MD  
 Sun 5  
 Sutra 290  
 Sobhana 5125  
 Moon 13 - Phase 40 - 5th Phase

**6 Thursday, February 1, 2024**

Tula Rasi: 0.59 Tithi 22

963237576

Creative Work Siddha Yoga

Until 5:19PM

Then Creative Work - Amrita Yoga

**Gulika 9:46AM – 11:03AM**  
**Yama 7:12AM – 8:29AM**  
**Rahu 1:37PM – 2:54PM**

**Chitra Until 5:19PM**  
 Shula\* Until 2:24AM Fri  
 Visti Until 4:41PM  
**Saptami Until 5:35AM Fri**

**Ganesha:** White *Sunrise: 7:12AM*  
**Muruga:** White *Sunset: 5:28PM*  
**Nataraja:** Clear  
 Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Lanham, MD  
 Sun 6  
 Sutra 291  
 Sobhana 5125  
 Moon 13 - Phase 40 - 6th Phase

**Friday, February 2, 2024**  
**Retreat Star**

Tula Rasi: 13.05 Tithi 23

963237576

Creative Work Siddha Yoga

**Gulika 8:28AM – 9:46AM**  
**Yama 2:54PM – 4:12PM**  
**Rahu 11:03AM – 12:20PM**

**Svati Until 7:19PM**  
 Ganda\* Until 2:22AM Sat  
 Balava Until 6:22PM  
**Ashtami\* Until 6:55AM Sat**

**Ganesha:** White *Sunrise: 7:11AM*  
**Muruga:** White *Sunset: 5:29PM*  
**Nataraja:** Clear  
 Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Lanham, MD  
 Sun 7  
 Sutra 292  
 Sobhana 5125  
 Moon 13 - Phase 40 - 7th Phase

**Saturday, February 3, 2024**  
**Retreat Star**

Tula Rasi: 25.28 Tithi 23 – 24

973237576

Creative Work Siddha Yoga

**Gulika 7:10AM – 8:28AM**  
**Yama 1:38PM – 2:55PM**  
**Rahu 9:45AM – 11:03AM**

**Vishakha Until 8:52PM**  
 Vriddhi Until 1:43AM Sun  
 Tailila Until 7:17PM  
**Ashtami\* Until 6:55AM**

**Ganesha:** Clear *Sunrise: 7:10AM*  
**Muruga:** White *Sunset: 5:30PM*  
**Nataraja:** Clear  
 Moon – Orange  
**Pausha\*Thai**

**Sivaloka Day**

Lanham, MD  
 Sun 8  
 Sutra 293  
 Sobhana 5125  
 Moon 13 - Phase 40 - 8th Phase


<b>1</b>	<b>Sunday, February 4, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam			Sun 9		Sutra 294	
	Vrischika Rasi: 8.14 Tithi 24 – 25		Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Sunrise: 7:09AM		Sobhana 5125	
Routine Work	Marana Yoga	<b>Gulika</b>	<b>2:56PM – 4:13PM</b>	<b>Anuradha Until 9:24PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:09AM			
		Yama	12:20PM – 1:38PM	Dhruva Until 12:21AM Mon	<b>Muruga:</b> White	<b>Sunset:</b> 5:31PM	Moon 13 - Phase 41 - 9		
		973237577 <b>Rahu</b>	<b>4:13PM – 5:31PM</b>	Vanija Until 7:17PM	<b>Nataraja:</b> Orange	2nd Phase			
				<b>Navami* Until 7:23AM</b>	Moon – Orange	<b>Sivaloka Day</b>			
					<b>Pausha*Thai</b>				

<b>2</b>	<b>Monday, February 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam			Sun 10		Sutra 295	
	Vrischika Rasi: 21.26 Tithi 25 – 26		Jyeshtha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Sunrise: 7:08AM		Sobhana 5125	
Family Home Evening		<b>Gulika</b>	<b>1:38PM – 2:56PM</b>	<b>Jyeshtha* Until 8:55PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:08AM			
Creative Work	Siddha Yoga	Yama	11:02AM – 12:20PM	Vyaghata* Until 10:18PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:32PM	Moon 13 - Phase 41 - 10		
		973237577 <b>Rahu</b>	<b>8:26AM – 9:44AM</b>	Bava Until 6:24PM	<b>Nataraja:</b> Orange	2nd Phase			
				<b>Dashami Until 6:56AM</b>	Moon – Orange	<b>Sivaloka Day</b>			
					<b>Pausha*Thai</b>				

<b>3</b>	<b>Tuesday, February 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam			Sun 11		Sutra 296	
	Dhanus Rasi: 5.09 Tithi 27		Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau			Sunrise: 7:08AM		Sobhana 5125	
Creative Work	Amrita Yoga	<b>Gulika</b>	<b>12:20PM – 1:39PM</b>	<b>Mula* Until 7:55PM</b>	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 7:08AM			
Until 7:55PM		Yama	9:44AM – 11:02AM	Harshana Until 7:36PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:33PM	Moon 13 - Phase 41 - 11		
Then Creative Work - Siddha Yoga		983337577 <b>Rahu</b>	<b>2:57PM – 4:15PM</b>	Kaulava Until 4:40PM	<b>Nataraja:</b> Orange	2nd Phase			
				<b>Dvodashi* Until 3:31AM Wed</b>	Moon – Light Blue	<b>Devaloka Day</b>			
					<b>Pausha*Thai</b>				

<b>4</b>	<b>Wednesday, February 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam			Sun 12		Sutra 297	
	Dhanus Rasi: 19.2 Tithi 28		Purvashadha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau			Sunrise: 7:06AM		Sobhana 5125	
Creative Work	Amrita Yoga	<b>Gulika</b>	<b>11:02AM – 12:21PM</b>	<b>Purvashadha* Until 6:04PM</b>	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 7:06AM			
		Yama	8:25AM – 9:43AM	Vajra* Until 4:19PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:35PM	Moon 13 - Phase 41 - 12		
		983337577 <b>Rahu</b>	<b>12:21PM – 1:39PM</b>	Gara Until 2:13PM	<b>Nataraja:</b> Orange	2nd Phase			
				<b>Trayodashi* Until 12:46AM Thu</b>	Moon – Light Blue	<b>Devaloka Day</b>			
					<b>Pausha*Thai</b>				
					<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Thursday, February 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam			Sun 13		Sutra 298	
	Makara Rasi: 3.58 Tithi 29		Uttarashadha/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Sunrise: 7:05AM		Sobhana 5125	
Routine Work	Marana Yoga	<b>Gulika</b>	<b>9:43AM – 11:02AM</b>	<b>Uttarashadha Until 3:34PM</b>	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 7:05AM			
Until 3:34PM		Yama	7:05AM – 8:24AM	Siddhi Until 12:37PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:36PM	Moon 13 - Phase 41 - 13		
Then Creative Work - Siddha Yoga		983337577 <b>Rahu</b>	<b>1:39PM – 2:58PM</b>	Visti Until 11:13AM	<b>Nataraja:</b> Orange	2nd Phase			
				<b>Chaturdashi* Until 9:32PM</b>	Moon – Light Blue	<b>Devaloka Day</b>			
					<b>Pausha*Thai</b>				

	<b>Friday, February 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam			Sun 14		Sutra 299	
	<b>Retreat Star</b>		Shravana/Dhanishtha Nakshatra Vyatipata*/Vanyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sunrise: 7:04AM		Sobhana 5125	
Makara Rasi: 18.56	Tithi 30	<b>Gulika</b>	<b>8:23AM – 9:42AM</b>	<b>Shravana Until 12:59PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:04AM			
		Yama	2:59PM – 4:18PM	Vyatipata* Until 8:36AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:37PM	Moon 13 - Phase 41 - 14		
		993337577 <b>Rahu</b>	<b>11:02AM – 12:21PM</b>	Catuspada Until 7:49AM	<b>Nataraja:</b> Orange	Amavasya			
				<b>Amavasya* Until 6:00PM</b>	Moon – Purple	<b>Devaloka Day</b>			
					<b>Pausha*Thai</b>				

<b>Retreat Star</b>	<b>Saturday, February 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam			Sun 15		Sutra 300	
	Kumbha Rasi: 4.04 Tithi 1 – 2		Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Sunrise: 7:03AM		Sobhana 5125	
Creative Work	Siddha Yoga	<b>Gulika</b>	<b>7:03AM – 8:23AM</b>	<b>Dhanishtha Until 10:05AM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:03AM			
Until 10:05AM		Yama	1:40PM – 2:59PM	Parigha* Until 12:10AM Sun	<b>Muruga:</b> White	<b>Sunset:</b> 5:38PM	Moon 13 - Phase 41 - 15		
Then Creative Work - Amrita Yoga		993337577 <b>Rahu</b>	<b>9:42AM – 11:01AM</b>	Balava Until 12:32AM Sun	<b>Nataraja:</b> Orange	Prathama			
				<b>Prathama* Until 2:21PM</b>	Moon – Purple	<b>Devaloka Day</b>			
					<b>Magha*Thai</b>				

**1 Sunday, February 11, 2024**

Kumbha Rasi: 19.14    Tithi 2 - 3  
993337577

Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosnthpada\* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau  
**Gulika 3:00PM - 4:19PM**    **Shatabhishak Until 7:04AM**    **Ganesha: Purple**    Sunrise: 7:02AM  
Yama 12:21PM - 1:40PM    Shiva Until 8:03PM    **Muruga: White**    Sunset: 5:39PM  
**Rahu 4:19PM - 5:39PM**    Taitila Until 9:00PM    **Nataraja: Orange**    Moon - Purple  
**Dvitiya Until 10:44AM**    **Magha\*Thai**

Sun 16    Sutra 301  
Sobhana 5125  
Moon 13 - Phase 42 - 16  
3rd Phase  
**Devaloka Day**

**2 Monday, February 12, 2024**

Meena Rasi: 4.16    Tithi 3 - 4  
914337577

Family Home Evening  
Creative Work    Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraprosnthpada Nakshatra Siddha/Sadhya Yoga Gara/Visti\* Karana Tritiya/Chaturthayam Titau  
**Gulika 1:41PM - 3:00PM**    **Uttaraprosnthpada Until 2:07AM Tue**    **Ganesha: Orange**    Sunrise: 7:01AM  
Yama 11:01AM - 12:21PM    Siddha Until 4:08PM    **Muruga: White**    Sunset: 5:40PM  
**Rahu 8:21AM - 9:41AM**    Visti Until 4:15AM Tue    **Nataraja: Orange**    Moon - Clear  
**Tritiya Until 7:19AM**    **Magha\*Thai**

Sun 17    Sutra 302  
Sobhana 5125  
Moon 13 - Phase 42 - 17  
3rd Phase  
**Sivaloka Day**

**3 Tuesday, February 13, 2024**

Meena Rasi: 19.01    Tithi 5  
914337577

Creative Work    Siddha Yoga  
Until 12:04AM Wed  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau  
**Gulika 12:21PM - 1:41PM**    **Revati Until 12:04AM Wed**    **Ganesha: Orange**    Sunrise: 7:00AM  
Yama 9:40AM - 11:00AM    Sadhya Until 12:34PM    **Muruga: White**    Sunset: 5:41PM  
**Rahu 3:01PM - 4:21PM**    Bava Until 2:54PM    **Nataraja: Orange**    Moon - Clear  
**Panchami Until 1:40AM Wed**    **Magha\*Masi**

Sun 18    Sutra 303  
Sobhana 5125  
Moon 13 - Phase 42 - 18  
3rd Phase  
**Sivaloka Day**

**4 Wednesday, February 14, 2024**

Mesha Rasi: 3.26    Tithi 6  
924347577

Routine Work    Marana Yoga  
Until 10:53PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau  
**Gulika 11:00AM - 12:21PM**    **Ashvini Until 10:53PM**    **Ganesha: Green**    Sunrise: 6:59AM  
Yama 8:19AM - 9:40AM    Subha Until 9:27AM    **Muruga: Clear**    Sunset: 5:42PM  
**Rahu 12:21PM - 1:41PM**    Kaulava Until 12:37PM    **Nataraja: Orange**    Moon - White  
**Shashthi\* Until 11:41PM**    **Magha\*Masi**

Sun 19    Sutra 304  
Sobhana 5125  
Moon 13 - Phase 42 - 19  
3rd Phase  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**5 Thursday, February 15, 2024**

Mesha Rasi: 17.26    Tithi 7  
924347577

Creative Work    Siddha Yoga  
Until 10:13PM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau  
**Gulika 9:39AM - 11:00AM**    **Bharani Until 10:13PM**    **Ganesha: Green**    Sunrise: 6:58AM  
Yama 6:58AM - 8:18AM    Sukla Until 6:49AM    **Muruga: Clear**    Sunset: 5:44PM  
**Rahu 1:41PM - 3:02PM**    Gara Until 10:58AM    **Nataraja: Orange**    Moon - White  
**Saptami Until 10:22PM**    **Magha\*Masi**

Sun 20    Sutra 305  
Sobhana 5125  
Moon 13 - Phase 42 - 20  
3rd Phase  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Friday, February 16, 2024**

**Retreat Star**  
Vrishabha Rasi: 1.01    Tithi 8  
924347577

Creative Work    Siddha Yoga  
Until 10:04PM  
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Indra Yoga Visti\*/Bava Karana Ashtamyam Titau  
**Gulika 8:17AM - 9:38AM**    **Krittika Until 10:04PM**    **Ganesha: Green**    Sunrise: 6:56AM  
Yama 3:03PM - 4:24PM    Indra Until 3:11AM Sat    **Muruga: Clear**    Sunset: 5:45PM  
**Rahu 10:59AM - 12:20PM**    Visti Until 9:59AM    **Nataraja: Orange**    Moon - White  
**Ashtami\* Until 9:44PM**    **Magha\*Masi**

Sun 21    Sutra 306  
Sobhana 5125  
Moon 13 - Phase 42 - 21  
Ashtami  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Saturday, February 17, 2024**

**Retreat Star**  
Vrishabha Rasi: 14.14    Tithi 9  
934347577

Creative Work    Amrita Yoga  
Until 10:51PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Navamyam Titau  
**Gulika 6:55AM - 8:16AM**    **Rohini Until 10:51PM**    **Ganesha: Red**    Sunrise: 6:55AM  
Yama 1:42PM - 3:03PM    Vaidhriti\* Until 2:06AM Sun    **Muruga: Clear**    Sunset: 5:46PM  
**Rahu 9:38AM - 10:59AM**    Balava Until 9:41AM    **Nataraja: Orange**    Moon - Yellow  
**Navami\* Until 9:45PM**    **Magha\*Masi**

Sun 22    Sutra 307  
Sobhana 5125  
Moon 13 - Phase 42 - 22  
Navami  
**Devaloka Day**

<b>1 Sunday, February 18, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 308	
Vrishabha Rasi: 27.08	Tithi 10	<b>Gulika</b> 3:04PM – 4:25PM	<b>Mrigashira Until 12:03AM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:54AM
		Yama 12:20PM – 1:42PM	Vishkambha* Until 1:30AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:47PM
		934347577 <b>Rahu</b> 4:25PM – 5:47PM	Taitila Until 10:00AM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - 23
Creative Work	Siddha Yoga		<b>Dashami Until 10:21PM</b>	Moon – Yellow	4th Phase
				<b>Magha*Masi</b>	<b>Devaloka Day</b>

<b>2 Monday, February 19, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 309	
Mithuna Rasi: 9.46	Tithi 11	<b>Gulika</b> 1:42PM – 3:04PM	<b>Ardra Until 1:34AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:53AM
<b>Family Home Evening</b>		Yama 10:58AM – 12:20PM	Priti Until 1:16AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM
		934347577 <b>Rahu</b> 8:15AM – 9:36AM	Vanija Until 10:52AM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - 24
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:28PM</b>	Moon – Yellow	4th Phase
				<b>Magha*Masi</b>	<b>Devaloka Day</b>

<b>3 Tuesday, February 20, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 310	
Mithuna Rasi: 22.11	Tithi 12	<b>Gulika</b> 12:20PM – 1:42PM	<b>Punarvasu Until 3:48AM Wed</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:51AM
<b>Family Home Evening</b>		Yama 9:36AM – 10:58AM	Ayushman Until 1:20AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:49PM
		944347577 <b>Rahu</b> 3:05PM – 4:27PM	Bava Until 12:12PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - 25
Creative Work	Siddha Yoga		<b>Dvadashi Until 1:00AM Wed</b>	Moon – Blue	4th Phase
				<b>Magha*Masi</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4 Wednesday, February 21, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 311	
Kataka Rasi: 4.26	Tithi 13	<b>Gulika</b> 10:58AM – 12:20PM	<b>Pushya Until 6:12AM Thu</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:50AM
		Yama 8:13AM – 9:35AM	Saubhagya Until 1:41AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:50PM
		944347577 <b>Rahu</b> 12:20PM – 1:43PM	Kaulava Until 1:55PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - 26
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:53AM Thu</b>	Moon – Blue	4th Phase
				<b>Magha*Masi</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 3:PM to 6:PM</b>

*Pradosha Vrata*

<b>5 Thursday, February 22, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 312	
Kataka Rasi: 16.33	Tithi 14	<b>Gulika</b> 9:34AM – 10:57AM	<b>Pushya Until 6:12AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:49AM
		Yama 6:49AM – 8:11AM	Sobhana Until 2:16AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:51PM
		944347577 <b>Rahu</b> 1:43PM – 3:06PM	Gara Until 3:57PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - 27
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:03AM Fri</b>	Moon – Blue	4th Phase
Until 6:12AM		<b>Chidambaram Abhishekam</b>		<b>Magha*Masi</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Friday, February 23, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti* Karana Purnimayam Titau		Sun 28 Sutra 313	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:10AM – 9:34AM	<b>Ashlesha* Until 8:43AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:47AM
Kataka Rasi: 28.33	Tithi 15	Yama 3:06PM – 4:29PM	Athiganda* Until 3:00AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:52PM
		944347577 <b>Rahu</b> 10:57AM – 12:20PM	Visti Until 6:15PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 7:28AM Sat</b>	Moon – Blue	
				<b>Magha*Masi</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Saturday, February 24, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 314	
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:46AM – 8:09AM	<b>Magha* Until 11:47AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:46AM
Simha Rasi: 10.28	Tithi 15 – 16	Yama 1:43PM – 3:06PM	Sukarma Until 3:54AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:53PM
		954347577 <b>Rahu</b> 9:33AM – 10:56AM	Balava Until 8:46PM	<b>Nataraja:</b> Orange	Moon 13 - Phase 43 - Prathama
Creative Work	Amrita Yoga		<b>Purnima* Until 7:28AM</b>	Moon – Red	
Until 11:47AM				<b>Magha*Masi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					





Sunday, February 25, 2024

Gold Retreat Star

Simha Rasi: 22.18 Tithi 16 - 17

955347577

Creative Work Siddha Yoga

Until 2:50PM

Then Creative Work - Amrita Yoga

Gulika 3:07PM - 4:31PM

Yama 12:20PM - 1:43PM

Rahu 4:31PM - 5:54PM

Purvaphalguni Until 2:50PM

Dhriti Until 4:53AM Mon

Taitila Until 11:25PM

Prathama\* Until 10:04AM

Ganesh: White

Muruga: Clear

Nataraja: Orange

Moon - Red

Magha\*Masi

Sunrise: 6:45AM

Sunset: 5:54PM

Lanham, MD

Sutra 315

Sobhana 5125

Moon 1 - Phase 44 - 1st Phase

Sivaloka Day

Monday, February 26, 2024

1

Kanya Rasi: 4.07 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

955347577

Gulika 1:43PM - 3:07PM

Yama 10:55AM - 12:19PM

Rahu 8:07AM - 9:31AM

Uttaraphalguni Until 5:47PM

Shula\* Until 5:51AM Tue

Vanija Until 2:05AM Tue

Dvitiya Until 12:44PM

Ganesh: White

Muruga: Clear

Nataraja: Orange

Moon - Red

Magha\*Masi

Sunrise: 6:43AM

Sunset: 5:55PM

Lanham, MD

Sutra 316

Sobhana 5125

Moon 1 - Phase 44 - 1st Phase

Sivaloka Day

Tuesday, February 27, 2024

2

Kanya Rasi: 15.55 Tithi 18 - 19

Creative Work Siddha Yoga

965347577

Gulika 12:19PM - 1:44PM

Yama 9:31AM - 10:55AM

Rahu 3:08PM - 4:32PM

Hasta Until 9:01PM

Ganda\* Until 6:44AM Wed

Bava Until 4:40AM Wed

Tritiya Until 3:23PM

Ganesh: Clear

Muruga: Clear

Nataraja: Orange

Moon - Green

Magha\*Masi

Sunrise: 6:42AM

Sunset: 5:56PM

Lanham, MD

Sutra 317

Sobhana 5125

Moon 1 - Phase 44 - 2nd Phase

Devaloka Day

Wednesday, February 28, 2024

3

Kanya Rasi: 27.46 Tithi 19 - 20

Creative Work Siddha Yoga

965347577

Gulika 10:54AM - 12:19PM

Yama 8:05AM - 9:30AM

Rahu 12:19PM - 1:44PM

Chitra Until 11:52PM

Ganda\* Until 6:44AM

Kaulava Until 6:57AM Thu

Chaturthi\* Until 5:50PM

Ganesh: Clear

Muruga: Clear

Nataraja: Orange

Moon - Green

Magha\*Masi

Sunrise: 6:40AM

Sunset: 5:58PM

Lanham, MD

Sutra 318

Sobhana 5125

Moon 1 - Phase 44 - 3rd Phase

Devaloka Day

Thursday, February 29, 2024

4

Tula Rasi: 9.43 Tithi 20

Creative Work Amrita Yoga

Until 2:11AM Fri

Then Creative Work - Siddha Yoga

965347577

Gulika 9:29AM - 10:54AM

Yama 6:39AM - 8:04AM

Rahu 1:44PM - 3:09PM

Svati Until 2:11AM Fri

Vridhhi Until 7:26AM

Kaulava Until 6:57AM

Panchami Until 7:56PM

Ganesh: Clear

Muruga: Clear

Nataraja: Orange

Moon - Green

Magha\*Masi

Sunrise: 6:39AM

Sunset: 5:59PM

Lanham, MD

Sutra 319

Sobhana 5125

Moon 1 - Phase 44 - 4th Phase

Devaloka Day

Friday, March 1, 2024

5

Tula Rasi: 21.51 Tithi 21

Creative Work Siddha Yoga

975347577

Gulika 8:02AM - 9:27AM

Yama 3:10PM - 4:35PM

Rahu 10:53AM - 12:18PM

Vishakha Until 4:15AM Sat

Dhruva Until 7:45AM

Gara Until 8:48AM

Shashthi\* Until 9:29PM

Ganesh: Purple

Muruga: Clear

Nataraja: Orange

Moon - Orange

Magha\*Masi

Sunrise: 6:36AM

Sunset: 6:01PM

Lanham, MD

Sutra 320

Sobhana 5125

Moon 1 - Phase 44 - 5th Phase

Sivaloka Day

Saturday, March 2, 2024

6

Vrischika Rasi: 4.14 Tithi 22

Creative Work Siddha Yoga

Until 5:28AM Sun

Then Routine Work - Marana Yoga

975447577

Gulika 6:35AM - 8:01AM

Yama 1:44PM - 3:10PM

Rahu 9:26AM - 10:52AM

Anuradha Until 5:28AM Sun

Vyaghata\* Until 7:38AM

Visti Until 10:02AM

Saptami Until 10:21PM

Ganesh: Clear

Muruga: Clear

Nataraja: Orange

Moon - Orange

Magha\*Masi

Sunrise: 6:35AM

Sunset: 6:02PM

Lanham, MD

Sutra 321

Sobhana 5125

Moon 1 - Phase 44 - 6th Phase

Devaloka Day

Sunday, March 3, 2024

Retreat Star

Vrischika Rasi: 16.56 Tithi 23

Routine Work Marana Yoga

Until 5:45AM Mon

Then Creative Work - Siddha Yoga

975447577

Gulika 3:10PM - 4:37PM

Yama 12:18PM - 1:44PM

Rahu 4:37PM - 6:03PM

Jyeshtha\* Until 5:45AM Mon

Harshana Until 6:57AM

Balava Until 10:30AM

Ashtami\* Until 10:24PM

Ganesh: Clear

Muruga: Clear

Nataraja: Orange

Moon - Orange

Magha\*Masi

Sunrise: 6:33AM

Sunset: 6:03PM

Lanham, MD

Sutra 322

Sobhana 5125

Moon 1 - Phase 44 - 7th Phase

Devaloka Day

Monday, March 4, 2024

Retreat Star

Dhanus Rasi: 0.02 Tithi 24

Family Home Evening

Creative Work Siddha Yoga

185447577

Gulika 1:44PM - 3:11PM

Yama 10:51AM - 12:18PM

Rahu 7:58AM - 9:25AM

Mula\* Until 5:30AM Tue

Siddhi Until 3:38AM Tue

Taitila Until 10:08AM

Navami\* Until 9:37PM

Ganesh: Green

Muruga: Clear

Nataraja: Orange

Moon - Light Blue

Magha\*Masi

Sunrise: 6:32AM

Sunset: 6:04PM

Lanham, MD

Sutra 323

Sobhana 5125

Moon 1 - Phase 44 - 8th Phase


Bhuloka Day

Devaloka Time: 3:PM to 6:PM

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, March 5, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Lanham, MD Sun 9 Sutra 324	
Dhanus Rasi: 14	Tithi 25	<b>Gulika</b> Yama	<b>12:18PM – 1:44PM</b> 9:24AM – 10:51AM	<b>Purvashadha* Until 4:21AM Wed</b> Vyatipata* Until 1:02AM Wed Vanija Until 8:57AM	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Light Blue	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:05PM</b>	Sobhana 5125 Moon 1 - Phase 45 - 9 2nd Phase
Creative Work Siddha Yoga Until 4:21AM Wed Then Creative Work - Amrita Yoga		186447577	<b>Rahu</b> <b>3:11PM – 4:38PM</b>	<b>Dashami Until 8:02PM</b>	<b>Magha*Masi</b>	<b>Devaloka Day</b>	
<b>2</b>		<b>Wednesday, March 6, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 10 Sutra 325	
Dhanus Rasi: 27.38	Tithi 26 – 27	<b>Gulika</b> Yama	<b>10:50AM – 12:17PM</b> 7:56AM – 9:23AM	<b>Uttarashadha Until 2:22AM Thu</b> Variyan Until 9:50PM Bava Until 6:59AM	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Light Blue	<b>Sunrise: 6:29AM</b> <b>Sunset: 6:06PM</b>	Sobhana 5125 Moon 1 - Phase 45 - 10 2nd Phase
Creative Work Amrita Yoga Until 2:22AM Thu Then Creative Work - Siddha Yoga		186447577	<b>Rahu</b> <b>12:17PM – 1:44PM</b>	<b>Ekadashi* Until 5:43PM</b>	<b>Magha*Masi</b>	<b>Devaloka Day</b>	
<b>3</b>		<b>Thursday, March 7, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 11 Sutra 326	
Makara Rasi: 12.07	Tithi 27 – 28	<b>Gulika</b> Yama	<b>9:22AM – 10:50AM</b> 6:27AM – 7:55AM	<b>Shravana Until 12:08AM Fri</b> Parigha* Until 6:12PM Gara Until 1:11AM Fri	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:27AM</b> <b>Sunset: 6:07PM</b>	Sobhana 5125 Moon 1 - Phase 45 - 11 2nd Phase
Creative Work Siddha Yoga		196447577	<b>Rahu</b> <b>1:44PM – 3:12PM</b>	<b>Dvadashi* Until 2:48PM</b>	<b>Magha*Masi</b>	<b>Sivaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			
<b>4</b>		<b>Friday, March 8, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 327	
Makara Rasi: 26.59	Tithi 28 – 29	<b>Gulika</b> Yama	<b>7:54AM – 9:21AM</b> 3:12PM – 4:40PM	<b>Dhanishtha Until 9:23PM</b> Shiva Until 2:13PM Visti Until 9:40PM	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:26AM</b> <b>Sunset: 6:08PM</b>	Sobhana 5125 Moon 1 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga		196447577	<b>Rahu</b> <b>10:49AM – 12:17PM</b>	<b>Trayodashi* Until 11:27AM</b>	<b>Magha*Masi</b>	<b>Sivaloka Day</b>	
		<b>Saturday, March 9, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD Sun 13 Sutra 328	
<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>6:24AM – 7:52AM</b> 1:45PM – 3:13PM	<b>Shatabhishak Until 6:17PM</b> Siddha Until 10:00AM Naga Until 4:01AM Sun	<b>Ganesha: Green</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Purple	<b>Sunrise: 6:24AM</b> <b>Sunset: 6:09PM</b>	Sobhana 5125 Moon 1 - Phase 45 - 13 Amavasya
Kumbha Rasi: 12.07 Tithi 29 – 30 Creative Work Amrita Yoga Until 6:17PM Then Routine Work - Marana Yoga		196447577	<b>Rahu</b> <b>9:20AM – 10:48AM</b>	<b>Chaturdashi* Until 7:48AM</b>	<b>Magha*Masi</b>	<b>Sivaloka Day</b>	
<b>Retreat Star</b>		<b>Sunday, March 10, 2024</b>		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshthapada*/Uttaraproshthapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 14 Sutra 329	
Kumbha Rasi: 27.2	Tithi 1	<b>Gulika</b> Yama	<b>3:13PM – 4:41PM</b> 12:16PM – 1:45PM	<b>Purvaproshthapada* Until 3:25PM</b> Subha Until 1:28AM Mon Kintughna Until 2:09PM	<b>Ganesha: Orange</b> <b>Muruga: Clear</b> <b>Nataraja: Orange</b> Moon – Clear	<b>Sunrise: 6:23AM</b> <b>Sunset: 6:10PM</b>	Sobhana 5125 Moon 1 - Phase 45 - 14 Prathama
Creative Work Siddha Yoga Until 3:25PM Then Creative Work - Amrita Yoga		116447577	<b>Rahu</b> <b>4:41PM – 6:10PM</b>	<b>Prathama* Until 12:17AM Mon</b>	<b>Phalgun*Masi</b>	<b>Devaloka Day</b>	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

**1 Monday, March 11, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Lanham, MD  
 Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 330  
 Meena Rasi: 12.32 Tithi 2 **Gulika 1:45PM – 3:13PM** **Uttaraproshtapada Until 12:33PM** **Ganesha:** Orange *Sunrise:* 6:21AM Sobhana 5125  
**Family Home Evening** 116447577 **Yama 10:47AM – 12:16PM** Sukla Until 9:23PM **Muruga:** Clear *Sunset:* 6:11PM Moon 1 - Phase 46 - 15  
**Creative Work Siddha Yoga** **Rahu 7:50AM – 9:19AM** Balava Until 10:30AM **Nataraja:** Orange 3rd Phase  
**Dvitiya Until 8:45PM** Moon – Clear **Devaloka Day**  
**Phalguna\*Mas**

**2 Tuesday, March 12, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Lanham, MD  
 Revati/Ashvini Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau Sun 16 Sutra 331  
 Meena Rasi: 27.31 Tithi 3 – 4 **Gulika 12:16PM – 1:45PM** **Revati Until 9:52AM** **Ganesha:** Green *Sunrise:* 6:20AM Sobhana 5125  
**Creative Work Siddha Yoga** 117447577 **Yama 9:18AM – 10:47AM** Brahma Until 5:37PM **Muruga:** Clear *Sunset:* 6:12PM Moon 1 - Phase 46 - 16  
**Rahu 3:14PM – 4:43PM** Taitila Until 7:08AM **Nataraja:** Orange 3rd Phase  
**Tritiya Until 5:35PM** Moon – Clear **Bhuloka Day**  
**Phalguna\*Mas** **Devaloka Time: 3:PM to 6:PM**

**Subramuniyaswami Siva Vision Day**

**3 Wednesday, March 13, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Lanham, MD  
 Ashvini/Bharani Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 332  
 Mesha Rasi: 12.11 Tithi 4 – 5 **Gulika 10:46AM – 12:15PM** **Ashvini Until 7:54AM** **Ganesha:** White *Sunrise:* 6:18AM Sobhana 5125  
**Routine Work Marana Yoga** 127447577 **Yama 7:47AM – 9:17AM** Indra Until 2:17PM **Muruga:** Clear *Sunset:* 6:13PM Moon 1 - Phase 46 - 17  
**Until 7:54AM** Bava Until 1:52AM Thu **Nataraja:** Orange 3rd Phase  
**Then Creative Work - Siddha Yoga** **Chaturthi\* Until 2:56PM** Moon – White **Bhuloka Day**  
**Phalguna\*Mas** **Devaloka Time: 3:PM to 6:PM**

**4 Thursday, March 14, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Lanham, MD  
 Bharani/Krittika Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau Sun 18 Sutra 333  
 Mesha Rasi: 26.25 Tithi 5 – 6 **Gulika 9:16AM – 10:46AM** **Bharani Until 6:24AM** **Ganesha:** White *Sunrise:* 6:17AM Sobhana 5125  
**Creative Work Siddha Yoga** 127447578 **Yama 6:17AM – 7:46AM** Vaidhriti\* Until 11:27AM **Muruga:** Clear *Sunset:* 6:14PM Moon 1 - Phase 46 - 18  
**Until 6:24AM** Kaulava Until 12:12AM Fri **Nataraja:** Clear 3rd Phase  
**Then Routine Work - Marana Yoga** **Rahu 1:45PM – 3:14PM** Moon – White **Bhuloka Day**  
**Karadayyan Nombu (Tamil Nadu)** **Panchami Until 12:55PM** **Phalguna\*Panguni** **Devaloka Time: 3:PM to 6:PM**

**5 Friday, March 15, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Lanham, MD  
 Rohini Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 334  
 Vishabha Rasi: 10.13 Tithi 6 – 7 **Gulika 7:45AM – 9:15AM** **Rohini Until 5:33AM Sat** **Ganesha:** Clear *Sunrise:* 6:15AM Sobhana 5125  
**Routine Work Marana Yoga** 137447578 **Yama 3:15PM – 4:45PM** Vishkambha\* Until 9:12AM **Muruga:** Clear *Sunset:* 6:15PM Moon 1 - Phase 46 - 19  
**Until 5:33AM Sat** Gara Until 11:18PM **Nataraja:** Clear 3rd Phase  
**Then Creative Work - Siddha Yoga** **Shashthi\* Until 11:38AM** Moon – Yellow **Devaloka Day**  
**Phalguna\*Panguni**

**6 Saturday, March 16, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Lanham, MD  
 Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 335  
 Vishabha Rasi: 23.34 Tithi 7 – 8 **Gulika 6:14AM – 7:44AM** **Mrigashira Until 6:15AM Sun** **Ganesha:** Clear *Sunrise:* 6:14AM Sobhana 5125  
**Creative Work Siddha Yoga** 137447578 **Yama 1:45PM – 3:15PM** Priti Until 7:35AM **Muruga:** Clear *Sunset:* 6:16PM Moon 1 - Phase 46 - 20  
**Rahu 9:14AM – 10:44AM** Visti Until 11:11PM **Nataraja:** Clear Ashtami  
**Saptami Until 11:07AM** Moon – Yellow **Devaloka Day**  
**Phalguna\*Panguni**

**7 Sunday, March 17, 2024** Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Lanham, MD  
 Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 336  
 Mithuna Rasi: 6.31 Tithi 8 – 9 **Gulika 3:15PM – 4:46PM** **Mrigashira Until 6:15AM** **Ganesha:** Clear *Sunrise:* 6:12AM Sobhana 5125  
**Creative Work Siddha Yoga** 137447578 **Yama 12:14PM – 1:45PM** Ayushman Until 6:33AM **Muruga:** Clear *Sunset:* 6:17PM Moon 1 - Phase 46 - 21  
**Rahu 4:46PM – 6:17PM** Balava Until 11:48PM **Nataraja:** Clear Navami  
**Ashtami\* Until 11:23AM** Moon – Yellow **Devaloka Day**  
**Phalguna\*Panguni**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

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Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lanham, MD Sun 22 Sutra 337	
<b>1</b>		<b>Gulika</b> 1:45PM – 3:16PM	<b>Ardra Until 7:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM
Mithuna Rasi: 19.08	Tithi 9 – 10	Yama 10:43AM – 12:14PM	Saubhagya Until 6:05AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM
<b>Family Home Evening</b>	137447578	<b>Rahu</b> 7:41AM – 9:12AM	Taitila Until 1:04AM Tue	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 - 22
Creative Work	Siddha Yoga		<b>Navami* Until 12:20PM</b>	Moon – Yellow	4th Phase
Until 7:30AM				<b>Phalguna•Panguni</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 23 Sutra 338	
<b>2</b>		<b>Gulika</b> 12:14PM – 1:45PM	<b>Punarvasu Until 9:39AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM
Kataka Rasi: 1.28	Tithi 10 – 11	Yama 9:11AM – 10:42AM	Sobhana Until 6:06AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM
	148447578	<b>Rahu</b> 3:16PM – 4:47PM	Vanija Until 2:51AM Wed	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 - 23
Creative Work	Siddha Yoga		<b>Dashami Until 1:53PM</b>	Moon – Blue	4th Phase
				<b>Phalguna•Panguni</b>	<b>Devaloka Day</b>

Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 24 Sutra 339	
<b>3</b>		<b>Gulika</b> 10:42AM – 12:13PM	<b>Pushya Until 12:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM
Kataka Rasi: 13.35	Tithi 11 – 12	Yama 7:39AM – 9:10AM	Athiganda* Until 6:28AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM
	148447578	<b>Rahu</b> 12:13PM – 1:45PM	Bava Until 5:02AM Thu	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 - 24
Creative Work	Siddha Yoga		<b>Ekadashi Until 3:53PM</b>	Moon – Blue	4th Phase
		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna•Panguni</b>	<b>Devaloka Day</b>

Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashyam Titau		Lanham, MD Sun 25 Sutra 340	
<b>4</b>		<b>Gulika</b> 9:09AM – 10:41AM	<b>Ashlesha* Until 2:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM
Kataka Rasi: 25.34	Tithi 12	Yama 6:06AM – 7:38AM	Sukarma Until 7:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM
	148447578	<b>Rahu</b> 1:45PM – 3:17PM	Balava Until 6:13PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 - 25
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:13PM</b>	Moon – Blue	4th Phase
Until 2:44PM				<b>Phalguna•Panguni</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lanham, MD Sun 26 Sutra 341	
<b>5</b>		<b>Gulika</b> 7:36AM – 9:08AM	<b>Magha* Until 5:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:04AM
Simha Rasi: 7.27	Tithi 13	Yama 3:17PM – 4:49PM	Dhriti Until 8:02AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:21PM
	158447578	<b>Rahu</b> 10:41AM – 12:13PM	Kaulava Until 7:30AM	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 - 26
Routine Work	Marana Yoga		<b>Trayodashi Until 8:46PM</b>	Moon – Red	4th Phase
Until 5:54PM				<b>Phalguna•Panguni</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 342	
<b>6</b>		<b>Gulika</b> 6:03AM – 7:35AM	<b>Purvaphalguni Until 9:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:03AM
Simha Rasi: 19.16	Tithi 14	Yama 1:45PM – 3:17PM	Shula* Until 9:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:22PM
	158447578	<b>Rahu</b> 9:08AM – 10:40AM	Gara Until 10:05AM	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 - 27
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:23PM</b>	Moon – Red	4th Phase
Until 9:00PM				<b>Phalguna•Panguni</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhdi Yoga Visti*/Bava Karana Purnimayam Titau		Lanham, MD Sutra 343	
<b>○</b>		<b>Gulika</b> 3:18PM – 4:51PM	<b>Uttaraphalguni Until 11:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:01AM
Kanya Rasi: 1.05	Tithi 15	Yama 12:12PM – 1:45PM	Ganda* Until 10:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:23PM
	158447578	<b>Rahu</b> 4:51PM – 6:23PM	Visti Until 12:43PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 -
Creative Work	Amrita Yoga		<b>Purnima* Until 1:59AM Mon</b>	Moon – Red	Purnima
		<b>Panguni Uttiram</b>		<b>Phalguna•Panguni</b>	<b>Sivaloka Day</b>
		<b>Holi</b>			

Monday, March 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhdi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Lanham, MD Sutra 344	
<b>○</b>		<b>Gulika</b> 1:45PM – 3:18PM	<b>Hasta Until 3:02AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:59AM
Kanya Rasi: 12.55	Tithi 16	Yama 10:39AM – 12:12PM	Vridhdi Until 10:57AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM
	169447578	<b>Rahu</b> 7:33AM – 9:06AM	Balava Until 3:15PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 47 -
Creative Work	Siddha Yoga		<b>Prathama* Until 4:26AM Tue</b>	Moon – Green	Prathama
				<b>Phalguna•Panguni</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 3:PM to 6:PM</b>

o self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Tuesday, March 26, 2024**  
**Gold Retreat Star**

Kanya Rasi: 24.48 Tithi 17  
169447578  
Creative Work Siddha Yoga

**Gulika** 12:12PM – 1:45PM  
**Yama** 9:05AM – 10:38AM  
**Rahu** 3:18PM – 4:52PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Chitra Until 5:45AM Wed**  
Dhruva Until 11:45AM  
Taitila Until 5:35PM  
**Dvitiya Until 6:38AM Wed**

**Ganesha:** Purple *Sunrise:* 5:58AM  
**Muruga:** Clear *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna\*Panguni**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

Lanham, MD  
Sutra 345  
Sobhana 5125  
Moon 2 - Phase 48 - 1st Phase

**1**

**Wednesday, March 27, 2024**

Tula Rasi: 6.47 Tithi 17 – 18  
169447578  
Creative Work Siddha Yoga

**Gulika** 10:38AM – 12:11PM  
**Yama** 7:30AM – 9:04AM  
**Rahu** 12:11PM – 1:45PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Svati Until 7:59AM Thu**  
Vyaghata\* Until 12:22PM  
Vanija Until 7:38PM  
**Dvitiya Until 6:38AM**

**Ganesha:** Purple *Sunrise:* 5:56AM  
**Muruga:** Clear *Sunset:* 6:26PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna\*Panguni**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

Lanham, MD  
Sun 1  
Sutra 346  
Sobhana 5125  
Moon 2 - Phase 48 - 1st Phase

**2**

**Thursday, March 28, 2024**

Tula Rasi: 18.54 Tithi 18 – 19  
169547578  
Creative Work Amrita Yoga  
Until 7:59AM  
Then Creative Work - Siddha Yoga

**Gulika** 9:03AM – 10:37AM  
**Yama** 5:55AM – 7:29AM  
**Rahu** 1:45PM – 3:19PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Svati Until 7:59AM**  
Harshana Until 12:43PM  
Bava Until 9:17PM  
**Tritiya Until 8:29AM**

**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna\*Panguni**

**Devaloka Day**

Lanham, MD  
Sun 2  
Sutra 347  
Sobhana 5125  
Moon 2 - Phase 48 - 2 1st Phase

**3**

**Friday, March 29, 2024**

Vrischika Rasi: 1.11 Tithi 19 – 20  
179547578  
Creative Work Siddha Yoga

**Gulika** 7:28AM – 9:02AM  
**Yama** 3:19PM – 4:54PM  
**Rahu** 10:36AM – 12:11PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Vishakha Until 10:07AM**  
Vajra\* Until 12:42PM  
Kaulava Until 10:27PM  
**Chaturthi\* Until 9:54AM**

**Ganesha:** White *Sunrise:* 5:53AM  
**Muruga:** Clear *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna\*Panguni**

**Sivaloka Day**

Lanham, MD  
Sun 3  
Sutra 348  
Sobhana 5125  
Moon 2 - Phase 48 - 3 1st Phase

**4**

**Saturday, March 30, 2024**

Vrischika Rasi: 13.42 Tithi 20 – 21  
179547578  
Creative Work Siddha Yoga

**Gulika** 5:52AM – 7:26AM  
**Yama** 1:45PM – 3:20PM  
**Rahu** 9:01AM – 10:36AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Anuradha Until 11:36AM**  
Siddhi Until 12:17PM  
Gara Until 11:03PM  
**Panchami Until 10:48AM**

**Ganesha:** White *Sunrise:* 5:52AM  
**Muruga:** Clear *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna\*Panguni**

**Sivaloka Day**

Lanham, MD  
Sun 4  
Sutra 349  
Sobhana 5125  
Moon 2 - Phase 48 - 4 1st Phase

**5**

**Sunday, March 31, 2024**

Vrischika Rasi: 26.29 Tithi 21 – 22  
179547578  
Routine Work Marana Yoga  
Until 12:21PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:20PM – 4:55PM  
**Yama** 12:10PM – 1:45PM  
**Rahu** 4:55PM – 6:30PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Vanyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Jyeshtha\* Until 12:21PM**  
Vyatipata\* Until 11:26AM  
Visti Until 11:02PM  
**Shashthi\* Until 11:06AM**

**Ganesha:** White *Sunrise:* 5:50AM  
**Muruga:** Clear *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna\*Panguni**

**Sivaloka Day**

Lanham, MD  
Sun 5  
Sutra 350  
Sobhana 5125  
Moon 2 - Phase 48 - 5 1st Phase

**D**

**Monday, April 1, 2024**  
**Retreat Star**

Dhanus Rasi: 9.34 Tithi 22 – 23  
**Family Home Evening**  
189547578  
Creative Work Siddha Yoga  
Until 12:46PM  
Then Routine Work - Marana Yoga

**Gulika** 1:45PM – 3:20PM  
**Yama** 10:35AM – 12:10PM  
**Rahu** 7:25AM – 9:00AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyani/Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Mula\* Until 12:46PM**  
Variyan Until 10:02AM  
Balava Until 10:21PM  
**Saptami Until 10:46AM**

**Ganesha:** Yellow *Sunrise:* 5:50AM  
**Muruga:** Clear *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna\*Panguni**

**Devaloka Day**

Lanham, MD  
Sun 6  
Sutra 351  
Sobhana 5125  
Moon 2 - Phase 48 - 6 Ashtami

**Tuesday, April 2, 2024**  
**Retreat Star**

Dhanus Rasi: 23.01 Tithi 23 – 24  
181547578  
Creative Work Siddha Yoga  
Until 12:22PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:10PM – 1:45PM  
**Yama** 8:59AM – 10:34AM  
**Rahu** 3:20PM – 4:56PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Purvashadha\* Until 12:22PM**  
Parigha\* Until 8:07AM  
Taitila Until 9:00PM  
**Ashtami\* Until 9:44AM**

**Ganesha:** Yellow *Sunrise:* 5:49AM  
**Muruga:** Clear *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna\*Panguni**

**Devaloka Day**

Lanham, MD  
Sun 7  
Sutra 352  
Sobhana 5125  
Moon 2 - Phase 48 - 7 Navami

<b>1</b>		<b>Wednesday, April 3, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8	Sutra 353
Makara Rasi: 6.52	Tithi 24 – 25	<b>Gulika</b> 10:34AM – 12:09PM	<b>Uttarashadha</b> Until 11:12AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM		Sobhana 5125
		Yama 7:23AM – 8:58AM	Siddha Until 2:46AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 49 - 8	
		181547578 <b>Rahu</b> 12:09PM – 1:45PM	Vanija Until 7:01PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Until 8:04AM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:12AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, April 4, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9	Sutra 354
Makara Rasi: 21.05	Tithi 26	<b>Gulika</b> 8:57AM – 10:33AM	<b>Shravana</b> Until 9:43AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM		Sobhana 5125
		Yama 5:46AM – 7:21AM	Sadhya Until 11:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 49 - 9	
		191547578 <b>Rahu</b> 1:45PM – 3:21PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 3:01AM Fri	Moon – Purple		<b>Sivaloka Day</b>	
				Phalguna•Panguni			

<b>3</b>		<b>Friday, April 5, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvadashyam Titau		Sun 10	Sutra 355
Kumbha Rasi: 5.4	Tithi 27	<b>Gulika</b> 7:20AM – 8:56AM	<b>Dhanishtha</b> Until 7:37AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:44AM		Sobhana 5125
		Yama 3:21PM – 4:58PM	Subha Until 7:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 49 - 10	
		191547578 <b>Rahu</b> 10:33AM – 12:09PM	Kaulava Until 1:29PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 11:50PM	Moon – Purple		<b>Sivaloka Day</b>	
				Phalguna•Panguni			

<b>4</b>		<b>Saturday, April 6, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11	Sutra 356
Kumbha Rasi: 20.31	Tithi 28	<b>Gulika</b> 5:43AM – 7:19AM	<b>Purvaproshtapada*</b> Until 2:27AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:43AM		Sobhana 5125
		Yama 1:45PM – 3:22PM	Sukla Until 3:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 49 - 11	
		111547578 <b>Rahu</b> 8:56AM – 10:32AM	Gara Until 10:09AM	<b>Nataraja:</b> Clear			2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 8:24PM	Moon – Clear		<b>Devaloka Day</b>	
Until 2:27AM Sun				Phalguna•Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, April 7, 2024</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12	Sutra 357
Meena Rasi: 5.33	Tithi 29 – 30	<b>Gulika</b> 3:22PM – 4:59PM	<b>Uttaraproshtapada</b> Until 11:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:41AM		Sobhana 5125
		Yama 12:08PM – 1:45PM	Brahma Until 11:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 49 - 12	
		111547578 <b>Rahu</b> 4:59PM – 6:36PM	Visti Until 6:38AM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:51PM	Moon – Clear		<b>Devaloka Day</b>	
				Phalguna•Panguni			

<b>Monday, April 8, 2024</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13	Sutra 358
Meena Rasi: 20.37	Tithi 30 – 1	<b>Gulika</b> 1:45PM – 3:22PM	<b>Revati</b> Until 8:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:40AM		Sobhana 5125
<b>Family Home Evening</b>		Yama 10:31AM – 12:08PM	Indra Until 7:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 49 - 13	
		111547578 <b>Rahu</b> 7:17AM – 8:54AM	Kintughna Until 11:39PM	<b>Nataraja:</b> Clear			Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:20PM	Moon – Clear		<b>Devaloka Day</b>	
				Phalguna•Panguni			

<b>Tuesday, April 9, 2024</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14	Sutra 359
Mesha Rasi: 5.34	Tithi 1 – 2	<b>Gulika</b> 12:08PM – 1:45PM	<b>Ashvini</b> Until 6:35PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM		Sobhana 5125
		Yama 8:53AM – 10:30AM	Vishkambha* Until 12:05AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 49 - 14	
		121547578 <b>Rahu</b> 3:23PM – 5:00PM	Balava Until 8:29PM	<b>Nataraja:</b> Clear			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:00AM	Moon – White		<b>Devaloka Day</b>	
		<b>Chellappaswami Mahasamadhi</b>		Chaitra•Panguni			

**1 Wednesday, April 10, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam  
 Bhanani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360  
 Mesha Rasi: 20.17 Tithi 2 - 3 **Gulika 10:30AM - 12:07PM** **Bharani Until 4:34PM** **Ganesha: Yellow** *Sunrise: 5:37AM* Sobhana 5125  
 121547578 **Yama 7:14AM - 8:52AM** Priti Until 8:47PM **Muruga: Clear** *Sunset: 6:38PM* Moon 2 - Phase 50 - 15  
**Rahu 12:07PM - 1:45PM** Gara Until 4:33AM Thu **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Dvitiya Until 7:02AM** **Chaitra•Panguni** **Devaloka Day**  
 Until 4:34PM  
 Then Creative Work - Amrita Yoga

**2 Thursday, April 11, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam  
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Chaturthiyam Titau Sun 16 Sutra 361  
 Vishabha Rasi: 4.38 Tithi 4 **Gulika 8:51AM - 10:29AM** **Krittika Until 2:58PM** **Ganesha: Yellow** *Sunrise: 5:35AM* Sobhana 5125  
 121547578 **Yama 5:35AM - 7:13AM** Ayushman Until 5:57PM **Muruga: Clear** *Sunset: 6:39PM* Moon 2 - Phase 50 - 16  
**Rahu 1:45PM - 3:23PM** Vanija Until 3:34PM **Nataraja: Clear** 3rd Phase  
 Routine Work Marana Yoga **Chaturthi\* Until 2:42AM Fri** **Chaitra•Panguni** **Devaloka Day**

**3 Friday, April 12, 2024** Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362  
 Vishabha Rasi: 18.35 Tithi 5 **Gulika 7:12AM - 8:50AM** **Rohini Until 2:20PM** **Ganesha: Clear** *Sunrise: 5:34AM* Sobhana 5125  
 132547578 **Yama 3:24PM - 5:02PM** Saubhagya Until 3:41PM **Muruga: Clear** *Sunset: 6:40PM* Moon 2 - Phase 50 - 17  
**Rahu 10:29AM - 12:07PM** Bava Until 2:04PM **Nataraja: Clear** 3rd Phase  
 Routine Work Marana Yoga **Panchami Until 1:35AM Sat** **Chaitra•Panguni** **Devaloka Day**  
 Until 2:20PM  
 Then Creative Work - Siddha Yoga

**4 Saturday, April 13, 2024** Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363  
 Mithuna Rasi: 2.05 Tithi 6 **Gulika 5:32AM - 7:11AM** **Mrigashira Until 2:19PM** **Ganesha: Clear** *Sunrise: 5:32AM* Sobhana 5125  
 132547578 **Yama 1:45PM - 3:24PM** Sobhana Until 2:04PM **Muruga: Clear** *Sunset: 6:41PM* Moon 2 - Phase 50 - 18  
**Rahu 8:49AM - 10:28AM** Kaulava Until 1:20PM **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Shashthi\* Until 1:16AM Sun** **Chaitra•Chaitra** **Devaloka Day**

**5 Sunday, April 14, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364  
 Mithuna Rasi: 15.09 Tithi 7 **Gulika 3:24PM - 5:03PM** **Ardra Until 2:56PM** **Ganesha: White** *Sunrise: 5:31AM* Krodhin 5126  
 232547578 **Yama 12:06PM - 1:45PM** Athiganda\* Until 1:02PM **Muruga: Clear** *Sunset: 6:42PM* Moon 2 - Phase 50 - 19  
**Rahu 5:03PM - 6:42PM** Gara Until 1:25PM **Nataraja: Clear** 3rd Phase  
 Creative Work Siddha Yoga **Tamil New Year** **Saptami Until 1:44AM Mon** **Chaitra•Chaitra** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**


**Monday, April 15, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1  
**Retreat Star** **Gulika 1:45PM - 3:25PM** **Punarvasu Until 4:36PM** **Ganesha: Clear** *Sunrise: 5:29AM* Krodhin 5126  
 Mithuna Rasi: 27.5 Tithi 8 **Yama 10:27AM - 12:06PM** Sukarma Until 12:38PM **Muruga: Clear** *Sunset: 6:43PM* Moon 2 - Phase 50 - 20  
**Family Home Evening** 242547578 **Rahu 7:08AM - 8:48AM** Visti Until 2:16PM **Nataraja: Clear** Ashtami  
 Creative Work Amrita Yoga **Ashtami\* Until 2:56AM Tue** **Chaitra•Chaitra** **Devaloka Day**  
 Until 4:36PM  
 Then Creative Work - Siddha Yoga

**Tuesday, April 16, 2024** Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Pushya Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2  
**Retreat Star** **Gulika 12:06PM - 1:46PM** **Pushya Until 6:45PM** **Ganesha: Clear** *Sunrise: 5:28AM* Krodhin 5126  
 Kataka Rasi: 10.11 Tithi 9 **Yama 8:47AM - 10:26AM** Dhriti Until 12:46PM **Muruga: Clear** *Sunset: 6:44PM* Moon 2 - Phase 50 - 21  
 242547578 **Rahu 3:25PM - 5:05PM** Balava Until 3:47PM **Nataraja: Clear** Navami  
 Creative Work Siddha Yoga **Sri Rama Navami** **Navami\* Until 4:45AM Wed** **Chaitra•Chaitra** **Devaloka Day**

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 11/20/21

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, April 17, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau	Lanham, MD Sun 22 Sutra 3
Kataka Rasi: 22.18	Tithi 10	<b>Gulika 10:26AM – 12:06PM</b> Yama 7:06AM – 8:46AM 242547578 <b>Rahu 12:06PM – 1:46PM</b>	<b>Ashlesha* Until 9:15PM</b> Shula* Until 1:18PM Taitila Until 5:51PM <b>Dashami Until 7:01AM Thu</b>
Creative Work	Siddha Yoga		<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:26AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:45PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Chaitra*Chaitra
<b>2</b>	<b>Thursday, April 18, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Lanham, MD Sun 23 Sutra 4
Simha Rasi: 4.14	Tithi 10 – 11	<b>Gulika 8:45AM – 10:25AM</b> Yama 5:25AM – 7:05AM 252547578 <b>Rahu 1:46PM – 3:26PM</b>	<b>Magha* Until 12:24AM Fri</b> Ganda* Until 2:10PM Vanija Until 8:17PM <b>Dashami Until 7:01AM</b>
Creative Work	Amrita Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:25AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:46PM <b>Nataraja:</b> Clear Moon – Red <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 12:24AM Fri	Then Creative Work - Siddha Yoga		
<b>3</b>	<b>Friday, April 19, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Lanham, MD Sun 24 Sutra 5
Simha Rasi: 16.05	Tithi 11 – 12	<b>Gulika 7:04AM – 8:44AM</b> Yama 3:26PM – 5:07PM 252557578 <b>Rahu 10:25AM – 12:05PM</b>	<b>Purvaphalguni Until 3:31AM Sat</b> Vridhhi Until 3:12PM Bava Until 10:53PM <b>Ekadashi Until 9:33AM</b>
Creative Work	Siddha Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:24AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Chaitra*Chaitra
Until 3:31AM Sat	Then Routine Work - Marana Yoga		
<b>4</b>	<b>Saturday, April 20, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Lanham, MD Sun 25 Sutra 6
Simha Rasi: 27.53	Tithi 12 – 13	<b>Gulika 5:22AM – 7:03AM</b> Yama 1:46PM – 3:27PM 252557578 <b>Rahu 8:44AM – 10:24AM</b>	<b>Uttaraphalguni Until 6:26AM Sun</b> Dhruva Until 4:14PM Kaulava Until 1:28AM Sun <b>Dvadashi Until 12:10PM</b>
Routine Work	Marana Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:22AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Chaitra*Chaitra
Until 6:26AM Sun	Then Creative Work - Amrita Yoga		<i>Pradosha Vrata</i>
<b>5</b>	<b>Sunday, April 21, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Lanham, MD Sun 26 Sutra 7
Kanya Rasi: 9.41	Tithi 13 – 14	<b>Gulika 3:27PM – 5:08PM</b> Yama 12:05PM – 1:46PM 252557578 <b>Rahu 5:08PM – 6:49PM</b>	<b>Uttaraphalguni Until 6:26AM</b> Vyaghata* Until 5:11PM Gara Until 3:53AM Mon <b>Trayodashi Until 2:41PM</b>
Creative Work	Amrita Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:21AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Chaitra*Chaitra
<b>6</b>	<b>Monday, April 22, 2024</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Lanham, MD Sun 27 Sutra 8
Kanya Rasi: 21.35	Tithi 14 – 15	<b>Gulika 1:46PM – 3:27PM</b> Yama 10:23AM – 12:05PM 262657578 <b>Rahu 7:01AM – 8:42AM</b>	<b>Hasta Until 9:29AM</b> Harshana Until 5:58PM Visti Until 5:58AM Tue <b>Chaturdashi* Until 4:57PM</b>
Family Home Evening	Siddha Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Clear Moon – Green <b>Subha Sivaloka Day</b> Chaitra*Chaitra
Until 9:29AM	Then Routine Work - Prabalarishta Yoga		
	<b>Tuesday, April 23, 2024</b> <b>Copper Retreat Star</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava Karana Purnimayam Titau	Lanham, MD Sutra 9
Tula Rasi: 3.37	Tithi 15	<b>Gulika 12:05PM – 1:46PM</b> Yama 8:41AM – 10:23AM 262657578 <b>Rahu 3:28PM – 5:09PM</b>	<b>Chitra Until 12:02PM</b> Vajra* Until 6:26PM Bava Until 6:51PM <b>Purnima* Until 6:51PM</b>
Creative Work	Siddha Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:18AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Clear Moon – Green <b>Subha Sivaloka Day</b> Chaitra*Chaitra
		<b>Chitra Purnima (Tamil Nadu)</b> Hanuman Jayanti	
<b>Wednesday, April 24, 2024</b> <b>Silver Retreat Star</b>	Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau	Lanham, MD Sutra 10	
Tula Rasi: 15.47	Tithi 16	<b>Gulika 10:22AM – 12:04PM</b> Yama 6:59AM – 8:41AM 262657579 <b>Rahu 12:04PM – 1:46PM</b>	<b>Svati Until 2:02PM</b> Siddhi Until 6:35PM Balava Until 7:40AM <b>Prathama* Until 8:19PM</b>
Creative Work	Siddha Yoga		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:17AM <b>Muruga:</b> Purple <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Purple Moon – Green <b>Subha Subha Sivaloka Day</b> Chaitra*Chaitra