

Saturday, May 6, 2023
Gold Retreat Star

Vrischika Rasi: 0.37 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 5:05AM – 6:50AM

Yama 1:51PM – 3:36PM

Rahu 8:35AM – 10:21AM

Vishakha Until 10:43AM

Variyan Until 6:50PM

Taitila Until 10:39PM

Prathama* Until 11:24AM

Ganesha: White Sunrise: 5:05AM

Muruga: Clear Sunset: 7:07PM

Nataraja: Purple

Moon – Orange

Vaisaka*Chaitra

Devaloka Day

Frederick, MD

Sutra 20

Sobhana 5125

Moon 4 - Phase 4 -

1st Phase

1 Sunday, May 7, 2023

Vrischika Rasi: 14.26 Tithi 17 – 18

272996579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:37PM – 5:22PM

Yama 12:06PM – 1:51PM

Rahu 5:22PM – 7:08PM

Anuradha Until 9:50AM

Parigha* Until 4:20PM

Vanija Until 8:49PM

Dvitiya Until 9:45AM

Ganesha: White Sunrise: 5:04AM

Muruga: Clear Sunset: 7:08PM

Nataraja: Purple

Moon – Orange

Vaisaka*Chaitra

Devaloka Day

Frederick, MD

Sun 1 Sutra 21

Sobhana 5125

Moon 4 - Phase 4 -

1st Phase

2 Monday, May 8, 2023

Vrischika Rasi: 28.27 Tithi 18 – 19

Family Home Evening

272196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 1:51PM – 3:37PM

Yama 10:20AM – 12:06PM

Rahu 6:48AM – 8:34AM

Jyeshtha* Until 8:29AM

Shiva Until 1:36PM

Bava Until 6:44PM

Tritiya Until 7:47AM

Ganesha: Blue Sunrise: 5:03AM

Muruga: Clear Sunset: 7:09PM

Nataraja: Purple

Moon – Orange

Vaisaka*Chaitra

Devaloka Day

Frederick, MD

Sun 2 Sutra 22

Sobhana 5125

Moon 4 - Phase 4 -

2 1st Phase

3 Tuesday, May 9, 2023

Dhanus Rasi: 12.37 Tithi 20

282196579

Creative Work Amrita Yoga

Until 7:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:06PM – 1:52PM

Yama 8:34AM – 10:20AM

Rahu 3:38PM – 5:24PM

Mula* Until 7:12AM

Siddha Until 10:42AM

Kaulava Until 4:29PM

Panchami Until 3:19AM Wed

Ganesha: Red Sunrise: 5:02AM

Muruga: Clear Sunset: 7:10PM

Nataraja: Purple

Moon – Light Blue

Vaisaka*Chaitra

Sivaloka Day

Frederick, MD

Sun 3 Sutra 23

Sobhana 5125

Moon 4 - Phase 4 -

3 1st Phase

4 Wednesday, May 10, 2023

Dhanus Rasi: 26.51 Tithi 21

283196579

Creative Work Amrita Yoga

Until 3:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarahadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:19AM – 12:06PM

Yama 6:47AM – 8:33AM

Rahu 12:06PM – 1:52PM

Uttarahadha Until 3:58AM Thu

Sadhya Until 7:44AM

Gara Until 2:10PM

Shashthi* Until 12:59AM Thu

Ganesha: Blue Sunrise: 5:01AM

Muruga: Clear Sunset: 7:11PM

Nataraja: Purple

Moon – Light Blue

Vaisaka*Chaitra

Subha Sivaloka Day

Frederick, MD

Sun 4 Sutra 24

Sobhana 5125

Moon 4 - Phase 4 -

4 1st Phase

5 Thursday, May 11, 2023

Makara Rasi: 11.07 Tithi 22

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shrivana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:33AM – 10:19AM

Yama 5:00AM – 6:46AM

Rahu 1:52PM – 3:39PM

Shrivana Until 2:35AM Fri

Sukla Until 1:48AM Fri

Visti Until 11:50AM

Saptami Until 10:40PM

Ganesha: Red Sunrise: 5:00AM

Muruga: Clear Sunset: 7:12PM

Nataraja: Purple

Moon – Purple

Vaisaka*Chaitra

Sivaloka Day

Frederick, MD

Sun 5 Sutra 25

Sobhana 5125

Moon 4 - Phase 4 -

5 1st Phase

Chidambaram Abhishekam

Friday, May 12, 2023

Retreat Star

Makara Rasi: 25.2 Tithi 23

293196579

Creative Work Siddha Yoga

Until 1:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:45AM – 8:32AM

Yama 3:39PM – 5:26PM

Rahu 10:19AM – 12:06PM

Dhanishtha Until 1:09AM Sat

Brahma Until 10:55PM

Balava Until 9:34AM

Ashtami* Until 8:26PM

Ganesha: Red Sunrise: 4:59AM

Muruga: Clear Sunset: 7:13PM

Nataraja: Purple

Moon – Purple

Vaisaka*Chaitra

Sivaloka Day

Frederick, MD

Sun 6 Sutra 26

Sobhana 5125

Moon 4 - Phase 4 -

6 Ashtami

Saturday, May 13, 2023

Retreat Star

Kumbha Rasi: 9.31 Tithi 24

293196579

Creative Work Amrita Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Gulika 4:58AM – 6:45AM

Yama 1:53PM – 3:40PM

Rahu 8:32AM – 10:19AM

Shatabhishak Until 11:43PM

Indra Until 8:10PM

Taitila Until 7:23AM

Navami* Until 6:20PM

Ganesha: Red Sunrise: 4:58AM

Muruga: Clear Sunset: 7:13PM

Nataraja: Purple

Moon – Purple

Vaisaka*Chaitra

Sivaloka Day

Frederick, MD

Sun 7 Sutra 27

Sobhana 5125

Moon 4 - Phase 4 -

7 Navami

Sunday, May 14, 2023**1**

Kumbha Rasi: 23.35 Tithi 25 – 26

Creative Work Siddha Yoga
Until 10:43PM
Then Creative Work - Amrita Yoga213196579 **Gulika** 3:40PM – 5:27PM
Yama 12:06PM – 1:53PM
Rahu 5:27PM – 7:14PM**Mother's Day**

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Purvaproshtapada* Until 10:43PM

Vaidhriti* Until 5:31PM

Bava Until 3:31AM Mon

Dashami Until 4:23PM**Ganesha:** Clear *Sunrise:* 4:57AM**Muruga:** Clear *Sunset:* 7:14PM**Nataraja:** Purple

Moon – Clear

Vaisaka*Chaitra**Sivaloka Day**

Frederick, MD Sun 8 Sutra 28

Sobhana 5125

Moon 4 - Phase 5 - 8

2nd Phase

Monday, May 15, 2023**2**

Meena Rasi: 7.32 Tithi 26 – 27

Family Home Evening

Creative Work Siddha Yoga

213196579 **Gulika** 1:53PM – 3:40PM

Yama 10:18AM – 12:06PM

Rahu 6:43AM – 8:31AM**Mother's Day**

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarproshtapada* Nakshatra Vishkambha* Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Uttarproshtapada Until 9:49PM

Vishkambha* Until 3:03PM

Kaulava Until 1:54AM Tue

Ekadashi* Until 2:39PM**Ganesha:** Clear *Sunrise:* 4:56AM**Muruga:** Clear *Sunset:* 7:15PM**Nataraja:** Purple

Moon – Clear

Vaisaka*Vaikasi**Sivaloka Day**

Frederick, MD Sun 9 Sutra 29

Sobhana 5125

Moon 4 - Phase 5 - 9

2nd Phase

Tuesday, May 16, 2023**3**

Meena Rasi: 21.21 Tithi 27 – 28

Creative Work Siddha Yoga

213196579 **Gulika** 12:06PM – 1:53PM

Yama 8:30AM – 10:18AM

Rahu 3:41PM – 5:29PM**Mother's Day**

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Revati Until 9:02PM

Priti Until 12:48PM

Gara Until 12:34AM Wed

Dvadashi* Until 1:10PM*Pradosha Vrata (Fasting)***Ganesha:** Clear *Sunrise:* 4:55AM**Muruga:** Clear *Sunset:* 7:16PM**Nataraja:** Purple

Moon – Clear

Vaisaka*Vaikasi**Sivaloka Day**

Frederick, MD Sun 10 Sutra 30

Sobhana 5125

Moon 4 - Phase 5 - 10

2nd Phase

Wednesday, May 17, 2023**4**

Mesha Rasi: 4.59 Tithi 28 – 29

Routine Work Marana Yoga

Until 8:52PM

Then Creative Work - Siddha Yoga

223196579 **Gulika** 10:18AM – 12:06PM

Yama 6:42AM – 8:30AM

Rahu 12:06PM – 1:53PM**Mother's Day**

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Ashvini Until 8:52PM

Ayushman Until 10:47AM

Visti Until 11:35PM

Trayodashi* Until 12:00PM**Ganesha:** Orange *Sunrise:* 4:54AM**Muruga:** Clear *Sunset:* 7:17PM**Nataraja:** Purple

Moon – White

Vaisaka*Vaikasi**Sivaloka Day**

Frederick, MD Sun 11 Sutra 31

Sobhana 5125

Moon 4 - Phase 5 - 11

2nd Phase

Thursday, May 18, 2023**●****Retreat Star**

Mesha Rasi: 18.24 Tithi 29 – 30

Creative Work Siddha Yoga

Until 8:58PM

Then Routine Work - Marana Yoga

223196579 **Gulika** 8:29AM – 10:18AM

Yama 4:53AM – 6:41AM

Rahu 1:54PM – 3:42PM**Mother's Day**

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Bharani Until 8:58PM

Saubhagya Until 9:05AM

Catuspada Until 11:00PM

Chaturdashi* Until 11:13AM**Ganesha:** Orange *Sunrise:* 4:53AM**Muruga:** Clear *Sunset:* 7:18PM**Nataraja:** Purple

Moon – White

Vaisaka*Vaikasi**Sivaloka Day**

Frederick, MD Sun 12 Sutra 32

Sobhana 5125

Moon 4 - Phase 5 - 12

Amavasya

Friday, May 19, 2023**Retreat Star**

Vishabha Rasi: 1.35 Tithi 30 – 1

Creative Work Siddha Yoga

Until 9:22PM

Then Routine Work - Marana Yoga

223196579 **Gulika** 6:41AM – 8:29AM

Yama 3:42PM – 5:31PM

Rahu 10:17AM – 12:06PM**Mother's Day**

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Kritika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Kritika Until 9:22PM

Sobhana Until 7:45AM

Kintughna Until 10:54PM

Amavasya* Until 10:52AM**Ganesha:** Orange *Sunrise:* 4:52AM**Muruga:** Clear *Sunset:* 7:19PM**Nataraja:** Purple

Moon – White

Jyeshtha*Vaikasi**Sivaloka Day**

Frederick, MD Sun 13 Sutra 33

Sobhana 5125

Moon 4 - Phase 5 - 13

Prathama

1 Saturday, May 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 14 Sutra 34	
Vrishabha Rasi: 14.32	Tithi 1 – 2	Gulika 4:52AM – 6:40AM	Rohini Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM
		Yama 1:54PM – 3:43PM	Athiganda* Until 6:46AM	Muruga: Clear	<i>Sunset:</i> 7:20PM
		233196579 Rahu 8:29AM – 10:17AM	Balava Until 11:19PM	Nataraja: Purple	Moon 4 - Phase 6 - 14
Creative Work	Amrita Yoga		Prathama* Until 11:01AM	Moon – Yellow	3rd Phase
Until 10:35PM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi	

2 Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 15 Sutra 35	
Vrishabha Rasi: 27.13	Tithi 2 – 3	Gulika 3:43PM – 5:32PM	Mrigashira Until 12:08AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:51AM
		Yama 12:06PM – 1:54PM	Sukarma Until 6:13AM	Muruga: Clear	<i>Sunset:</i> 7:21PM
		233196579 Rahu 5:32PM – 7:21PM	Taitila Until 12:14AM Mon	Nataraja: Purple	Moon 4 - Phase 6 - 15
Creative Work	Siddha Yoga		Dvitiya Until 11:42AM	Moon – Yellow	3rd Phase
				Sivaloka Day	
				Jyeshtha*Vaikasi	

3 Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Frederick, MD Sun 16 Sutra 36	
Mithuna Rasi: 9.41	Tithi 3 – 4	Gulika 1:55PM – 3:44PM	Ardra Until 2:01AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:50AM
Family Home Evening		Yama 10:17AM – 12:06PM	Dhriti Until 6:05AM	Muruga: Clear	<i>Sunset:</i> 7:22PM
		233196579 Rahu 6:39AM – 8:28AM	Vanija Until 1:40AM Tue	Nataraja: Purple	Moon 4 - Phase 6 - 16
Creative Work	Siddha Yoga		Tritiya Until 12:52PM	Moon – Yellow	3rd Phase
				Sivaloka Day	
				Jyeshtha*Vaikasi	

4 Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 17 Sutra 37	
Mithuna Rasi: 21.56	Tithi 4 – 5	Gulika 12:06PM – 1:55PM	Punarvasu Until 4:37AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:49AM
		Yama 8:28AM – 10:17AM	Shula* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 7:22PM
		243196579 Rahu 3:44PM – 5:33PM	Bava Until 3:30AM Wed	Nataraja: Purple	Moon 4 - Phase 6 - 17
Creative Work	Siddha Yoga		Chaturthi* Until 2:31PM	Moon – Blue	3rd Phase
				Subha Sivaloka Day	
				Jyeshtha*Vaikasi	

5 Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Frederick, MD Sun 18 Sutra 38	
Kataka Rasi: 4.01	Tithi 5 – 6	Gulika 10:17AM – 12:06PM	Pushya Until 7:22AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:49AM
		Yama 6:38AM – 8:27AM	Ganda* Until 6:50AM	Muruga: Clear	<i>Sunset:</i> 7:23PM
		244196579 Rahu 12:06PM – 1:55PM	Kaulava Until 5:40AM Thu	Nataraja: Purple	Moon 4 - Phase 6 - 18
Creative Work	Siddha Yoga		Panchami Until 4:32PM	Moon – Blue	3rd Phase
				Sivaloka Day	
				Jyeshtha*Vaikasi	

6 Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhi/Dhruva Yoga Taitila Karana Shashthiyam Titau		Frederick, MD Sun 19 Sutra 39	
Kataka Rasi: 15.59	Tithi 6	Gulika 8:27AM – 10:17AM	Pushya Until 7:22AM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM
		Yama 4:48AM – 6:38AM	Vridhi Until 7:37AM	Muruga: Clear	<i>Sunset:</i> 7:24PM
		244196579 Rahu 1:56PM – 3:45PM	Taitila Until 6:48PM	Nataraja: Purple	Moon 4 - Phase 6 - 19
Creative Work	Amrita Yoga		Shashthi* Until 6:48PM	Moon – Blue	3rd Phase
Until 7:22AM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi	

Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD Sun 20 Sutra 40	
Retreat Star		Gulika 6:37AM – 8:27AM	Ashlesha* Until 10:05AM	Ganesha: White	<i>Sunrise:</i> 4:48AM
Kataka Rasi: 27.53	Tithi 7	Yama 3:45PM – 5:35PM	Dhruva Until 8:29AM	Muruga: Clear	<i>Sunset:</i> 7:25PM
		344196579 Rahu 10:17AM – 12:06PM	Gara Until 7:59AM	Nataraja: Purple	Moon 4 - Phase 6 - 20
Routine Work	Marana Yoga		Saptami Until 9:08PM	Moon – Blue	3rd Phase
				Devaloka Day	
				Jyeshtha*Vaikasi	

Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Frederick, MD Sun 21 Sutra 41	
Retreat Star		Gulika 4:47AM – 6:37AM	Magha* Until 1:07PM	Ganesha: Clear	<i>Sunrise:</i> 4:47AM
Simha Rasi: 9.47	Tithi 8	Yama 1:56PM – 3:46PM	Vyaghata* Until 9:21AM	Muruga: Clear	<i>Sunset:</i> 7:26PM
		354196579 Rahu 8:27AM – 10:16AM	Visti Until 10:18AM	Nataraja: Purple	Moon 4 - Phase 6 - 21
Creative Work	Amrita Yoga		Ashtami* Until 11:21PM	Moon – Red	Ashtami
Until 1:07PM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi	

Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 22 Sutra 42	
Retreat Star		Gulika 3:46PM – 5:36PM	Purvaphalguni Until 3:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM
Simha Rasi: 21.46	Tithi 9	Yama 12:06PM – 1:56PM	Harshana Until 10:04AM	Muruga: Clear	<i>Sunset:</i> 7:26PM
		354196579 Rahu 5:36PM – 7:26PM	Balava Until 12:22PM	Nataraja: Purple	Moon 4 - Phase 6 - 22
Creative Work	Siddha Yoga		Navami* Until 1:14AM Mon	Moon – Red	Navami
Until 3:44PM				Sivaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha*Vaikasi	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Monday, May 29, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Uttarahphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 43
 Kanya Rasi: 3.53 Tithi 10 **Gulika** 1:57PM – 3:47PM **Uttarahphalguni Until 5:45PM** **Ganesh:** Clear *Sunrise:* 4:46AM Sobhana 5125
 Family Home Evening 354196579 **Yama** 10:16AM – 12:07PM **Vajra* Until 10:26AM** **Muruga:** Clear *Sunset:* 7:27PM Moon 4 - Phase 7 - 23
 Creative Work Siddha Yoga **Rahu** 6:36AM – 8:26AM **Taitila Until 2:01PM** **Nataraja:** Purple 4th Phase
Dashami Until 2:36AM Tue **Moon – Red** **Sivaloka Day**
Jyeshtha*Vaikasi

2 Tuesday, May 30, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Hasta Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Sutra 44
 Kanya Rasi: 16.15 Tithi 11 **Gulika** 12:07PM – 1:57PM **Hasta Until 7:29PM** **Ganesh:** Purple *Sunrise:* 4:45AM Sobhana 5125
 Creative Work Siddha Yoga 364196579 **Yama** 8:26AM – 10:16AM **Siddhi Until 10:22AM** **Muruga:** Clear *Sunset:* 7:28PM Moon 4 - Phase 7 - 24
Rahu 3:47PM – 5:38PM **Vanija Until 3:03PM** **Nataraja:** Purple 4th Phase
Ekadashi Until 3:16AM Wed **Moon – Green** **Devaloka Day**
Jyeshtha*Vaikasi

3 Wednesday, May 31, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau Sun 25 Sutra 45
 Kanya Rasi: 28.55 Tithi 12 **Gulika** 10:16AM – 12:07PM **Chitra Until 8:19PM** **Ganesh:** Purple *Sunrise:* 4:45AM Sobhana 5125
 Creative Work Siddha Yoga 364196579 **Yama** 6:35AM – 8:26AM **Vyatipata* Until 9:45AM** **Muruga:** Clear *Sunset:* 7:29PM Moon 4 - Phase 7 - 25
Rahu 12:07PM – 1:57PM **Bava Until 3:21PM** **Nataraja:** Purple 4th Phase
Dvadashi Until 3:11AM Thu **Moon – Green** **Devaloka Day**
Jyeshtha*Vaikasi

4 Thursday, June 1, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Svati Nakshatra Varyan/Paigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 46
 Tula Rasi: 11.58 Tithi 13 **Gulika** 8:26AM – 10:16AM **Svati Until 8:15PM** **Ganesh:** Clear *Sunrise:* 4:45AM Sobhana 5125
 Creative Work Amrita Yoga 364296579 **Yama** 4:45AM – 6:35AM **Varyan Until 8:30AM** **Muruga:** Clear *Sunset:* 7:29PM Moon 4 - Phase 7 - 26
Rahu 1:58PM – 3:48PM **Kaulava Until 2:53PM** **Nataraja:** Purple 4th Phase
Trayodashi Until 2:21AM Fri **Moon – Green** **Sivaloka Day**
Jyeshtha*Vaikasi
Pradosha Vrata

5 Friday, June 2, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
 Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 47
 Tula Rasi: 25.25 Tithi 14 **Gulika** 6:35AM – 8:26AM **Vishakha Until 7:47PM** **Ganesh:** White *Sunrise:* 4:44AM Sobhana 5125
 Creative Work Siddha Yoga 374296579 **Yama** 3:49PM – 5:39PM **Parigha* Until 6:40AM** **Muruga:** Clear *Sunset:* 7:30PM Moon 4 - Phase 7 - 27
Rahu 10:16AM – 12:07PM **Gara Until 1:41PM** **Nataraja:** Purple 4th Phase
Vaikasi Visakam **Chaturdashi* Until 12:49AM Sat** **Moon – Orange** **Subha Sivaloka Day**
Jyeshtha*Vaikasi

6 Saturday, June 3, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
 Anuradha Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau Sun 28 Sutra 48
 Vrischika Rasi: 9.16 Tithi 15 **Gulika** 4:44AM – 6:35AM **Anuradha Until 6:34PM** **Ganesh:** White *Sunrise:* 4:44AM Sobhana 5125
 Creative Work Siddha Yoga 374296579 **Yama** 1:58PM – 3:49PM **Siddha Until 1:28AM Sun** **Muruga:** Clear *Sunset:* 7:31PM Moon 4 - Phase 7 -
Rahu 8:26AM – 10:16AM **Visti Until 11:51AM** **Nataraja:** Purple Purnima
Purnima* Until 10:43PM **Moon – Orange** **Subha Sivaloka Day**
Jyeshtha*Vaikasi

7 Sunday, June 4, 2023 Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 49
 Vrischika Rasi: 23.28 Tithi 16 **Gulika** 3:49PM – 5:40PM **Jyeshtha* Until 4:45PM** **Ganesh:** White *Sunrise:* 4:43AM Sobhana 5125
 Routine Work Marana Yoga 374296579 **Yama** 12:07PM – 1:58PM **Sadhya Until 10:18PM** **Muruga:** Clear *Sunset:* 7:31PM Moon 4 - Phase 7 -
Rahu 5:40PM – 7:31PM **Balava Until 9:30AM** **Nataraja:** Purple Prathama
Prathama* Until 8:10PM **Moon – Orange** **Subha Sivaloka Day**
Jyeshtha*Vaikasi

Monday, June 5, 2023
Gold Retreat Star

Dhanus Rasi: 7.55 Tithi 17 – 18
Family Home Evening
 Creative Work Siddha Yoga
 Until 2:53PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 1:59PM – 3:50PM
 Yama 10:16AM – 12:08PM
Rahu 6:34AM – 8:25AM
Mula* Until 2:53PM
 Subha Until 6:55PM
 Taitila Until 6:48AM
Dvitiya Until 5:20PM
Ganesha: Yellow Sunrise: 4:43AM
Muruga: Clear Sunset: 7:32PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Frederick, MD
 Sun 1 Sutra 50
 Sobhana 5125
 Moon 5 - Phase 8 - 1
 1st Phase

Sivaloka Day

1
Tuesday, June 6, 2023

Dhanus Rasi: 22.32 Tithi 18 – 19
 385296571
 Creative Work Siddha Yoga
 Until 12:44PM
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau
Gulika 12:08PM – 1:59PM
 Yama 8:25AM – 10:17AM
Rahu 3:50PM – 5:41PM
Purvashadha* Until 12:44PM
 Sukla Until 3:24PM
 Bava Until 12:53AM Wed
Tritiya Until 2:22PM
Ganesha: White Sunrise: 4:43AM
Muruga: Clear Sunset: 7:32PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Frederick, MD
 Sun 2 Sutra 51
 Sobhana 5125
 Moon 5 - Phase 8 - 2
 1st Phase

Devaloka Day

2
Wednesday, June 7, 2023

Makara Rasi: 7.12 Tithi 19 – 20
 385296571
 Creative Work Amrita Yoga
 Until 10:26AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 10:17AM – 12:08PM
 Yama 6:34AM – 8:25AM
Rahu 12:08PM – 1:59PM
Uttarashadha Until 10:26AM
 Brahma Until 11:54AM
 Kaulava Until 9:57PM
Chaturthi* Until 11:23AM
Ganesha: White Sunrise: 4:43AM
Muruga: Clear Sunset: 7:32PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Frederick, MD
 Sun 3 Sutra 52
 Sobhana 5125
 Moon 5 - Phase 8 - 3
 1st Phase

Devaloka Day

3
Thursday, June 8, 2023

Makara Rasi: 21.48 Tithi 20 – 21
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shrivana*/Dhanishtha Nakshatra Indra/Vaidhiti* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau
Gulika 8:25AM – 10:17AM
 Yama 4:42AM – 6:34AM
Rahu 2:00PM – 3:51PM
Shravana Until 8:31AM
 Indra Until 8:31AM
 Gara Until 7:13PM
Panchami Until 8:32AM
Ganesha: Yellow Sunrise: 4:42AM
Muruga: Clear Sunset: 7:34PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Frederick, MD
 Sun 4 Sutra 53
 Sobhana 5125
 Moon 5 - Phase 8 - 4
 1st Phase

Sivaloka Day

4
Friday, June 9, 2023

Kumbha Rasi: 6.14 Tithi 22
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha*/Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 6:34AM – 8:25AM
 Yama 3:51PM – 5:43PM
Rahu 10:17AM – 12:08PM
Dhanishtha Until 6:42AM
 Vishkambha* Until 2:21AM Sat
 Visti Until 4:44PM
Saptami Until 3:36AM Sat
Ganesha: Yellow Sunrise: 4:42AM
Muruga: Clear Sunset: 7:34PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Frederick, MD
 Sun 5 Sutra 54
 Sobhana 5125
 Moon 5 - Phase 8 - 5
 1st Phase

Sivaloka Day

Retreat Star
Saturday, June 10, 2023

Kumbha Rasi: 20.28 Tithi 23
 315296571
 Routine Work Marana Yoga
 Until 4:05AM Sun
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Purvaproshtpada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 4:42AM – 6:34AM
 Yama 2:00PM – 3:52PM
Rahu 8:25AM – 10:17AM
Purvaproshtpada* Until 4:05AM Sun
 Priti Until 11:44PM
 Balava Until 2:37PM
Ashtami* Until 1:40AM Sun
Ganesha: Clear Sunrise: 4:42AM
Muruga: Clear Sunset: 7:35PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Frederick, MD
 Sun 6 Sutra 55
 Sobhana 5125
 Moon 5 - Phase 8 - 6
 Ashtami

Sivaloka Day

Retreat Star
Sunday, June 11, 2023

Meena Rasi: 4.26 Tithi 24
 315296571
 Creative Work Amrita Yoga
 Until 3:22AM Mon
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau
Gulika 3:52PM – 5:44PM
 Yama 12:09PM – 2:00PM
Rahu 5:44PM – 7:35PM
Uttaraproshtpada Until 3:22AM Mon
 Ayushman Until 9:24PM
 Taitila Until 12:53PM
Navami* Until 12:09AM Mon
Ganesha: Clear Sunrise: 4:42AM
Muruga: Clear Sunset: 7:35PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Frederick, MD
 Sun 7 Sutra 56
 Sobhana 5125
 Moon 5 - Phase 8 - 7
 Navami

Sivaloka Day

Monday, June 12, 2023

1
 Meena Rasi: 18.09 Tithi 25
Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau
Gulika 2:01PM – 3:52PM
 Yama 10:17AM – 12:09PM
Rahu 6:34AM – 8:25AM
Revati Until 2:55AM Tue
 Saubhagya Until 7:26PM
 Vanija Until 11:33AM
Dashami Until 11:02PM

Frederick, MD Sun 8 Sutra 57
 Sobhana 5125
Ganesh: Clear *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 7:36PM*
Nataraja: Blue
 Moon – Clear
Sivaloka Day
 Jyeshtha*Vaikasi

Tuesday, June 13, 2023

2
 Mesha Rasi: 1.37 Tithi 26
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau
Gulika 12:09PM – 2:01PM
 Yama 8:25AM – 10:17AM
Rahu 3:53PM – 5:44PM
Ashvini Until 3:10AM Wed
 Sobhana Until 5:49PM
 Bava Until 10:39AM
Ekadashi* Until 10:20PM

Frederick, MD Sun 9 Sutra 58
 Sobhana 5125
Ganesh: White *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 7:36PM*
Nataraja: Blue
 Moon – White
Devaloka Day
 Jyeshtha*Vaikasi

Wednesday, June 14, 2023

3
 Mesha Rasi: 14.52 Tithi 27
 Creative Work Siddha Yoga
 Until 3:41AM Thu
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau
Gulika 10:17AM – 12:09PM
 Yama 6:34AM – 8:26AM
Rahu 12:09PM – 2:01PM
Bharani Until 3:41AM Thu
 Athiganda* Until 4:30PM
 Kaulava Until 10:10AM
Dvadashi* Until 10:03PM

Frederick, MD Sun 10 Sutra 59
 Sobhana 5125
Ganesh: White *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: Blue
 Moon – White
Devaloka Day
 Jyeshtha*Vaikasi

Thursday, June 15, 2023

4
 Mesha Rasi: 27.54 Tithi 28
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
 Kritika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau
Gulika 8:26AM – 10:18AM
 Yama 4:42AM – 6:34AM
Rahu 2:01PM – 3:53PM
Kritika Until 4:27AM Fri
 Sukarma Until 3:31PM
 Gara Until 10:05AM
Trayodashi* Until 10:10PM
Pradosha Vrata (Fasting)

Frederick, MD Sun 11 Sutra 60
 Sobhana 5125
Ganesh: Yellow *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: Blue
 Moon – White
Sivaloka Day
 Jyeshtha*Ani

Friday, June 16, 2023

5
 Vrishabha Rasi: 10.44 Tithi 29
 Routine Work Marana Yoga
 Until 5:55AM Sat
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau
Gulika 6:34AM – 8:26AM
 Yama 3:54PM – 5:45PM
Rahu 10:18AM – 12:10PM
Rohini Until 5:55AM Sat
 Dhriti Until 2:52PM
 Visti Until 10:24AM
Chaturdashi* Until 10:42PM

Frederick, MD Sun 12 Sutra 61
 Sobhana 5125
Ganesh: Red *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: Blue
 Moon – Yellow
Sivaloka Day
 Jyeshtha*Ani

Saturday, June 17, 2023

Retreat Star
 Vrishabha Rasi: 23.22 Tithi 30
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau
Gulika 4:42AM – 6:34AM
 Yama 2:02PM – 3:54PM
Rahu 8:26AM – 10:18AM
Mrigashira Until 7:36AM Sun
 Shula* Until 2:31PM
 Catuspada Until 11:08AM
Amavasya* Until 11:38PM

Frederick, MD Sun 13 Sutra 62
 Sobhana 5125
Ganesh: Red *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 7:38PM*
Nataraja: Blue
 Moon – Yellow
Sivaloka Day
 Jyeshtha*Ani

Sunday, June 18, 2023

Retreat Star
 Mithuna Rasi: 5.5 Tithi 1
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Kintughna*/Bava Karana Prathamayam Titau
Gulika 3:54PM – 5:46PM
 Yama 12:10PM – 2:02PM
Rahu 5:46PM – 7:38PM
Mrigashira Until 7:36AM
 Ganda* Until 2:29PM
 Kintughna Until 12:16PM
Prathama* Until 12:57AM Mon
Father's Day

Frederick, MD Sun 14 Sutra 63
 Sobhana 5125
Ganesh: Red *Sunrise: 4:42AM*
Muruga: Yellow *Sunset: 7:38PM*
Nataraja: Blue
 Moon – Yellow
Sivaloka Day
 Ashada*Ani

1 Monday, June 19, 2023
 Mithuna Rasi: 18.07 Tithi 2
Family Home Evening 336216571
 Creative Work Siddha Yoga
 Until 9:31AM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau Frederick, MD Sun 15 Sutra 64

Gulika 2:02PM – 3:54PM	Ardra Until 9:31AM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Sobhana 5125
Yama 10:18AM – 12:10PM	Vriddhi Until 2:46PM	Muruga: Yellow	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 10 - 15
Rahu 6:34AM – 8:26AM	Balava Until 1:47PM	Nataraja: Blue		3rd Phase

Dvitiya Until 2:39AM Tue
Sivaloka Day
 Ashada*Ani

2 Tuesday, June 20, 2023
 Kataka Rasi: 0.15 Tithi 3
 346216571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau Frederick, MD Sun 16 Sutra 65

Gulika 12:11PM – 2:03PM	Punarvasu Until 12:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM	Sobhana 5125
Yama 8:26AM – 10:18AM	Dhruva Until 3:17PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 16
Rahu 3:55PM – 5:47PM	Taitila Until 3:38PM	Nataraja: Blue		3rd Phase

Tritiya Until 4:40AM Wed
Sivaloka Day
 Ashada*Ani

3 Wednesday, June 21, 2023
 Kataka Rasi: 12.16 Tithi 4
 346216571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau Frederick, MD Sun 17 Sutra 66

Gulika 10:19AM – 12:11PM	Pushya Until 2:49PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Sobhana 5125
Yama 6:35AM – 8:27AM	Vyaghata* Until 4:03PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 17
Rahu 12:11PM – 2:03PM	Vanija Until 5:48PM	Nataraja: Blue		3rd Phase

Chaturthi* Until 6:56AM Thu
Sivaloka Day
 Ashada*Ani

4 Thursday, June 22, 2023
 Kataka Rasi: 24.11 Tithi 4 – 5
 347216571
 Creative Work Siddha Yoga
 Until 5:34PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Frederick, MD Sun 18 Sutra 67

Gulika 8:27AM – 10:19AM	Ashlesha* Until 5:34PM	Ganesha: Blue	<i>Sunrise:</i> 4:43AM	Sobhana 5125
Yama 4:43AM – 6:35AM	Harshana Until 4:59PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 18
Rahu 2:03PM – 3:55PM	Bava Until 8:09PM	Nataraja: Blue		3rd Phase

Chaturthi* Until 6:56AM
Devaloka Day
 Ashada*Ani

5 Friday, June 23, 2023
 Simha Rasi: 6.03 Tithi 5 – 6
 357216571
 Routine Work Marana Yoga
 Until 8:43PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
 Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Frederick, MD Sun 19 Sutra 68

Gulika 6:35AM – 8:27AM	Magha* Until 8:43PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Sobhana 5125
Yama 3:55PM – 5:47PM	Vajra* Until 5:56PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 19
Rahu 10:19AM – 12:11PM	Kaulava Until 10:33PM	Nataraja: Blue		3rd Phase

Panchami Until 9:20AM
Sivaloka Day
 Ashada*Ani

6 Saturday, June 24, 2023
 Simha Rasi: 17.55 Tithi 6 – 7
 357216571
 Creative Work Siddha Yoga
 Until 11:35PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
 Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Frederick, MD Sun 20 Sutra 69

Gulika 4:43AM – 6:35AM	Purvaphalguni Until 11:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Sobhana 5125
Yama 2:03PM – 3:55PM	Siddhi Until 6:50PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 20
Rahu 8:27AM – 10:19AM	Gara Until 12:50AM Sun	Nataraja: Blue		3rd Phase

Shashthi* Until 11:42AM
Sivaloka Day
 Ashada*Ani

Sunday, June 25, 2023
Retreat Star
 Simha Rasi: 29.52 Tithi 7 – 8
 357216571
 Creative Work Amrita Yoga
 Until 1:59AM Mon
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Uttarahalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Frederick, MD Sun 21 Sutra 70

Gulika 3:55PM – 5:47PM	Uttarahalguni Until 1:59AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Sobhana 5125
Yama 12:12PM – 2:04PM	Vyatipata* Until 7:32PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 21
Rahu 5:47PM – 7:39PM	Visti Until 2:46AM Mon	Nataraja: Blue		Ashtami

Chidambaram Abhishekam
Saptami Until 1:50PM
Sivaloka Day
 Ashada*Ani

Monday, June 26, 2023
Retreat Star
 Kanya Rasi: 11.57 Tithi 8 – 9
Family Home Evening 367316571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
 Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau Frederick, MD Sun 22 Sutra 71

Gulika 2:04PM – 3:56PM	Hasta Until 4:10AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Sobhana 5125
Yama 10:20AM – 12:12PM	Variyan Until 7:49PM	Muruga: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 10 - 22
Rahu 6:36AM – 8:28AM	Balava Until 4:09AM Tue	Nataraja: Blue		Navami

Ashtami* Until 3:31PM
Sivaloka Day
 Ashada*Ani

1	Tuesday, June 27, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Frederick, MD Sun 23 Sutra 72
	Kanya Rasi: 24.16 Tithi 9 – 10	Gulika 12:12PM – 2:04PM Yama 8:28AM – 10:20AM Rahu 3:56PM – 5:48PM	Chitra Until 5:29AM Wed Parigha* Until 7:35PM Taitila Until 4:48AM Wed Navami* Until 4:33PM
	367316571	Ganesh: Clear <i>Sunrise:</i> 4:44AM Muruga: Yellow <i>Sunset:</i> 7:40PM Nataraja: Blue Moon – Green	Sobhana 5125 Moon 5 - Phase 11 - 23 4th Phase
	Creative Work Siddha Yoga		Sivaloka Day Ashada*Ani


2	Wednesday, June 28, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 24 Sutra 73
	Tula Rasi: 6.56 Tithi 10 – 11	Gulika 10:20AM – 12:12PM Yama 6:37AM – 8:28AM Rahu 12:12PM – 2:04PM	Svati Until 5:49AM Thu Shiva Until 6:44PM Vanija Until 4:37AM Thu Dashami Until 4:48PM
	367316571	Ganesh: Clear <i>Sunrise:</i> 4:45AM Muruga: Yellow <i>Sunset:</i> 7:40PM Nataraja: Blue Moon – Green	Sobhana 5125 Moon 5 - Phase 11 - 24 4th Phase
	Creative Work Siddha Yoga		Sivaloka Day Ashada*Ani

3	Thursday, June 29, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 25 Sutra 74
	Tula Rasi: 20 Tithi 11 – 12	Gulika 8:29AM – 10:21AM Yama 4:45AM – 6:37AM Rahu 2:04PM – 3:56PM	Vishakha Until 5:38AM Fri Siddha Until 5:11PM Bava Until 3:35AM Fri Ekadashi Until 4:11PM
	378316571	Ganesh: Clear <i>Sunrise:</i> 4:45AM Muruga: Yellow <i>Sunset:</i> 7:40PM Nataraja: Blue Moon – Orange	Sobhana 5125 Moon 5 - Phase 11 - 25 4th Phase
	Creative Work Siddha Yoga		Sivaloka Day Ashada*Ani

4	Friday, June 30, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 26 Sutra 75
	Vrischika Rasi: 3.32 Tithi 12 – 13	Gulika 6:37AM – 8:29AM Yama 3:56PM – 5:48PM Rahu 10:21AM – 12:13PM	Anuradha Until 4:32AM Sat Sadhya Until 2:59PM Kaulava Until 1:47AM Sat Dvadashi Until 2:45PM
	378316571	Ganesh: Clear <i>Sunrise:</i> 4:46AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Blue Moon – Orange	Sobhana 5125 Moon 5 - Phase 11 - 26 4th Phase
	Creative Work Siddha Yoga		Sivaloka Day Ashada*Ani

Pradosha Vrata

5	Saturday, July 1, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 27 Sutra 76
	Vrischika Rasi: 17.32 Tithi 13 – 14	Gulika 4:46AM – 6:38AM Yama 2:04PM – 3:56PM Rahu 8:29AM – 10:21AM	Jyeshtha* Until 2:38AM Sun Subha Until 12:12PM Gara Until 11:18PM Trayodashi Until 12:36PM
	378316571	Ganesh: Clear <i>Sunrise:</i> 4:46AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Blue Moon – Orange	Sobhana 5125 Moon 5 - Phase 11 - 27 4th Phase
	Creative Work Siddha Yoga Until 2:38AM Sun Then Creative Work - Amrita Yoga		Sivaloka Day Ashada*Ani

	Sunday, July 2, 2023	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Frederick, MD Sun 27 Sutra 77
	Copper Retreat Star	Gulika 3:56PM – 5:48PM Yama 12:13PM – 2:04PM Rahu 5:48PM – 7:39PM	Mula* Until 12:31AM Mon Sukla Until 8:54AM Visti Until 8:18PM Chaturdashi* Until 9:50AM
	Dhanus Rasi: 1.57 Tithi 14 – 15	Satguru Purnima	Ganesh: Purple <i>Sunrise:</i> 4:47AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Blue Moon – Light Blue
	388316571		Sobhana 5125 Moon 5 - Phase 11 - Purnima

Monday, July 3, 2023	Silver Retreat Star	Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Frederick, MD Sun 28 Sutra 78
	Family Home Evening	Gulika 2:05PM – 3:56PM Yama 10:22AM – 12:13PM Rahu 6:39AM – 8:30AM	Purvashadha* Until 9:56PM Indra Until 1:21AM Tue Kaulava Until 3:11AM Tue Purnima* Until 6:39AM
	Dhanus Rasi: 16.43 Tithi 15 – 16		Ganesh: Purple <i>Sunrise:</i> 4:47AM Muruga: Yellow <i>Sunset:</i> 7:39PM Nataraja: Blue Moon – Light Blue
	388316571		Sobhana 5125 Moon 5 - Phase 11 - Prathama

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Tuesday, July 4, 2023

Gold Retreat Star

Makara Rasi: 1.42 Tithi 17

388316571

Routine Work Prabalarishta Yoga

Until 7:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:13PM – 2:05PM **Uttarashadha Until 7:05PM**

Yama 8:30AM – 10:22AM Vaidhriti* Until 9:20PM

Rahu 3:56PM – 5:48PM Taitila Until 1:25PM

Dvitiya Until 11:37PM

Ganesha: Purple Sunrise: 4:48AM

Muruga: Yellow Sunset: 7:39PM

Nataraja: Blue

Moon – Light Blue

Ashada*Ani

Devaloka Day

Frederick, MD

Sutra 79

Sobhana 5125

Moon 6 - Phase 12 -

1st Phase

1 Wednesday, July 5, 2023

Makara Rasi: 16.44 Tithi 18

399316571

Creative Work Siddha Yoga

Until 4:31PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:22AM – 12:13PM **Shravana Until 4:31PM**

Yama 6:39AM – 8:31AM Vishkambha* Until 5:23PM

Rahu 12:13PM – 2:05PM Vanija Until 9:52AM

Tritiya Until 8:07PM

Ganesha: Purple Sunrise: 4:48AM

Muruga: Yellow Sunset: 7:39PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Frederick, MD

Sun 1 Sutra 80

Sobhana 5125

Moon 6 - Phase 12 - 1

1st Phase

2 Thursday, July 6, 2023

Kumbha Rasi: 1.42 Tithi 19 – 20

399316571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:31AM – 10:22AM **Dhanishtha Until 2:01PM**

Yama 4:49AM – 6:40AM Priti Until 1:36PM

Rahu 2:05PM – 3:56PM Bava Until 6:27AM

Chaturthi* Until 4:50PM

Ganesha: Purple Sunrise: 4:49AM

Muruga: Yellow Sunset: 7:38PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Frederick, MD

Sun 2 Sutra 81

Sobhana 5125

Moon 6 - Phase 12 - 2

1st Phase

3 Friday, July 7, 2023

Kumbha Rasi: 16.26 Tithi 20 – 21

499316571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:40AM – 8:32AM **Shatabhishak Until 11:43AM**

Yama 3:56PM – 5:47PM Ayushman Until 10:04AM

Rahu 10:23AM – 12:14PM Gara Until 12:37AM Sat

Panchami Until 1:54PM

Ganesha: Clear Sunrise: 4:49AM

Muruga: Yellow Sunset: 7:38PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Frederick, MD

Sun 3 Sutra 82

Sobhana 5125

Moon 6 - Phase 12 - 3

1st Phase

4 Saturday, July 8, 2023

Meena Rasi: 0.52 Tithi 21 – 22

419316571

Routine Work Marana Yoga

Until 10:09AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 4:50AM – 6:41AM **Purvaproshtapada* Until 10:09AM**

Yama 2:05PM – 3:56PM Saubhagya Until 6:56AM

Rahu 8:32AM – 10:23AM Visti Until 10:26PM

Shashthi* Until 11:26AM

Ganesha: Yellow Sunrise: 4:50AM

Muruga: Yellow Sunset: 7:38PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Frederick, MD

Sun 4 Sutra 83

Sobhana 5125

Moon 6 - Phase 12 - 4

1st Phase

5 Sunday, July 9, 2023

Retreat Star

Meena Rasi: 14.55 Tithi 22 – 23

419316571

Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:56PM – 5:47PM **Uttaraproshtapada Until 9:01AM**

Yama 12:14PM – 2:05PM Athiganda* Until 2:02AM Mon

Rahu 5:47PM – 7:38PM Balava Until 8:50PM

Saptami Until 9:32AM

Ganesha: Yellow Sunrise: 4:51AM

Muruga: Yellow Sunset: 7:38PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Frederick, MD

Sun 5 Sutra 84

Sobhana 5125

Moon 6 - Phase 12 - 5

Ashtami

6 Monday, July 10, 2023

Retreat Star

Meena Rasi: 28.36 Tithi 23 – 24

419316571

Family Home Evening

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:05PM – 3:56PM **Revati Until 8:20AM**

Yama 10:23AM – 12:14PM Sukarma Until 12:21AM Tue

Rahu 6:42AM – 8:33AM Taitila Until 7:51PM

Ashtami* Until 8:15AM

Ganesha: Yellow Sunrise: 4:51AM

Muruga: Yellow Sunset: 7:37PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Frederick, MD

Sun 6 Sutra 85

Sobhana 5125

Moon 6 - Phase 12 - 6

Navami

1 Tuesday, July 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 86	
Mesha Rasi: 11.55	Tithi 24 – 25	Gulika 12:14PM – 2:05PM	Ashvini Until 8:33AM	Ganesha: Blue	Sunrise: 4:52AM
		Yama 8:33AM – 10:24AM	Dhriti Until 11:08PM	Muruga: Yellow	Sunset: 7:37PM
	429316571	Rahu 3:56PM – 5:46PM	Vanija Until 7:29PM	Nataraja: Blue	Moon 6 - Phase 13 - 7
Creative Work	Siddha Yoga		Navami* Until 7:34AM	Moon – White	2nd Phase
				Subha Sivaloka Day	
				Ashada*Ani	

2 Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Frederick, MD	
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 87	
Mesha Rasi: 24.56	Tithi 25 – 26	Gulika 10:24AM – 12:14PM	Bharani Until 9:12AM	Ganesha: Blue	Sunrise: 4:53AM
		Yama 6:43AM – 8:34AM	Shula* Until 10:21PM	Muruga: Yellow	Sunset: 7:36PM
	429316571	Rahu 12:14PM – 2:05PM	Bava Until 7:40PM	Nataraja: Blue	Moon 6 - Phase 13 - 8
Creative Work	Siddha Yoga		Dashami Until 7:29AM	Moon – White	2nd Phase
Until 9:12AM				Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani	

3 Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Frederick, MD	
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 88	
Vrishabha Rasi: 7.42	Tithi 26 – 27	Gulika 8:34AM – 10:24AM	Krittika Until 10:12AM	Ganesha: Purple	Sunrise: 4:53AM
		Yama 4:53AM – 6:44AM	Ganda* Until 9:56PM	Muruga: Yellow	Sunset: 7:36PM
	421316571	Rahu 2:05PM – 3:55PM	Kaulava Until 8:20PM	Nataraja: Blue	Moon 6 - Phase 13 - 9
Routine Work	Marana Yoga		Ekadashi* Until 7:55AM	Moon – White	2nd Phase
				Subha Sivaloka Day	
				Ashada*Ani	

4 Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Frederick, MD	
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 89	
Vrishabha Rasi: 20.14	Tithi 27 – 28	Gulika 6:44AM – 8:34AM	Rohini Until 11:56AM	Ganesha: Clear	Sunrise: 4:54AM
		Yama 3:55PM – 5:45PM	Vriddhi Until 9:51PM	Muruga: Yellow	Sunset: 7:35PM
	431316571	Rahu 10:24AM – 12:15PM	Gara Until 9:24PM	Nataraja: Blue	Moon 6 - Phase 13 - 10
Routine Work	Marana Yoga		Dvadashi* Until 8:48AM	Moon – Yellow	2nd Phase
Until 11:56AM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani	
				Pradosha Vrata (Fasting)	

5 Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Frederick, MD	
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 90	
Mithuna Rasi: 2.37	Tithi 28 – 29	Gulika 4:55AM – 6:45AM	Mrigashira Until 1:53PM	Ganesha: Clear	Sunrise: 4:55AM
		Yama 2:05PM – 3:55PM	Dhruva Until 10:02PM	Muruga: Yellow	Sunset: 7:35PM
	431316571	Rahu 8:35AM – 10:25AM	Visti Until 10:50PM	Nataraja: Blue	Moon 6 - Phase 13 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 10:04AM	Moon – Yellow	2nd Phase
				Sivaloka Day	
				Ashada*Ani	

6 Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 91	
Mithuna Rasi: 14.51	Tithi 29 – 30	Gulika 3:55PM – 5:44PM	Ardra Until 3:59PM	Ganesha: Clear	Sunrise: 4:55AM
		Yama 12:15PM – 2:05PM	Vyaghata* Until 10:27PM	Muruga: Yellow	Sunset: 7:34PM
	431316571	Rahu 5:44PM – 7:34PM	Catuspada Until 12:35AM Mon	Nataraja: Blue	Moon 6 - Phase 13 - 12
Creative Work	Siddha Yoga		Chaturdashi* Until 11:39AM	Moon – Yellow	Amavasya
				Sivaloka Day	
				Ashada*Adi	

7 Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Frederick, MD	
Punarvasu Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 92	
Mithuna Rasi: 26.58	Tithi 30 – 1	Gulika 2:05PM – 3:54PM	Punarvasu Until 6:40PM	Ganesha: Orange	Sunrise: 4:56AM
		Yama 10:25AM – 12:15PM	Harshana Until 11:05PM	Muruga: Yellow	Sunset: 7:34PM
	441316572	Rahu 6:46AM – 8:36AM	Kintughna Until 2:35AM Tue	Nataraja: Yellow	Moon 6 - Phase 13 - 13
Family Home Evening	Amrita Yoga		Amavasya* Until 1:32PM	Moon – Blue	Prathama
Creative Work	Amrita Yoga			Devaloka Day	
Until 6:40PM				Srivana Adhika*Adi	
Then Creative Work - Siddha Yoga					

1		Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 14 Sutra 93	
Kataka Rasi: 8.59	Tithi 1 – 2	Gulika 12:15PM – 2:05PM	Pushya Until 9:26PM	Ganesha: Orange	Sunrise: 4:57AM	Moon 6 - Phase 14 - 14	Sobhana 5125
		Yama 8:36AM – 10:26AM	Vajra* Until 11:53PM	Muruga: Yellow	Sunset: 7:33PM		
		441316572 Rahu 3:54PM – 5:44PM	Balava Until 4:49AM Wed	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 3:39PM	Moon – Blue		Devaloka Day	
				Sravana Adhika*Adi			
2		Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 15 Sutra 94	
Kataka Rasi: 20.54	Tithi 2 – 3	Gulika 10:26AM – 12:15PM	Ashlesha* Until 12:12AM Thu	Ganesha: Orange	Sunrise: 4:58AM	Moon 6 - Phase 14 - 15	Sobhana 5125
		Yama 6:47AM – 8:36AM	Siddhi Until 12:49AM Thu	Muruga: Yellow	Sunset: 7:32PM		
		441316572 Rahu 12:15PM – 2:04PM	Taitila Until 7:13AM Thu	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 5:59PM	Moon – Blue		Devaloka Day	
Until 12:12AM Thu				Sravana Adhika*Adi			
Then Creative Work - Amrita Yoga							
3		Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 16 Sutra 95	
Simha Rasi: 2.46	Tithi 3	Gulika 8:37AM – 10:26AM	Magha* Until 3:24AM Fri	Ganesha: Clear	Sunrise: 4:59AM	Moon 6 - Phase 14 - 16	Sobhana 5125
		Yama 4:59AM – 6:48AM	Vyatipata* Until 1:51AM Fri	Muruga: Yellow	Sunset: 7:32PM		
		451316572 Rahu 2:04PM – 3:53PM	Taitila Until 7:13AM	Nataraja: Yellow			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:25PM	Moon – Red		Devaloka Day	
Until 3:24AM Fri				Sravana Adhika*Adi			
Then Creative Work - Siddha Yoga							
4		Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau		Frederick, MD Sun 17 Sutra 96	
Simha Rasi: 15	Tithi 4	Gulika 6:48AM – 8:37AM	Purvaphalguni Until 6:24AM Sat	Ganesha: Clear	Sunrise: 4:59AM	Moon 6 - Phase 14 - 17	Sobhana 5125
		Yama 3:53PM – 5:42PM	Variyan Until 2:50AM Sat	Muruga: Yellow	Sunset: 7:31PM		
		451316572 Rahu 10:26AM – 12:15PM	Vanija Until 9:41AM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:53PM	Moon – Red		Devaloka Day	
Until 6:24AM Sat				Sravana Adhika*Adi			
Then Routine Work - Marana Yoga							
5		Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 18 Sutra 97	
Simha Rasi: 26.27	Tithi 5	Gulika 5:00AM – 6:49AM	Purvaphalguni Until 6:24AM	Ganesha: White	Sunrise: 5:00AM	Moon 6 - Phase 14 - 18	Sobhana 5125
		Yama 2:04PM – 3:53PM	Parigha* Until 3:42AM Sun	Muruga: Yellow	Sunset: 7:30PM		
		451416572 Rahu 8:38AM – 10:26AM	Bava Until 12:05PM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:12AM Sun	Moon – Red		Bhuloka Day	
Until 6:24AM				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
6		Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD Sun 19 Sutra 98	
Kanya Rasi: 8.23	Tithi 6	Gulika 3:52PM – 5:41PM	Uttaraphalguni Until 9:03AM	Ganesha: White	Sunrise: 5:01AM	Moon 6 - Phase 14 - 19	Sobhana 5125
		Yama 12:15PM – 2:04PM	Shiva Until 4:19AM Mon	Muruga: Yellow	Sunset: 7:29PM		
		451416572 Rahu 5:41PM – 7:29PM	Kaulava Until 2:16PM	Nataraja: Yellow			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:11AM Mon	Moon – Red		Bhuloka Day	
				Sravana Adhika*Adi		Devaloka Time: 3:PM to 6:PM	
Monday, July 24, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD Sun 20 Sutra 99	
Kanya Rasi: 20.26	Tithi 7	Gulika 2:04PM – 3:52PM	Hasta Until 11:40AM	Ganesha: Purple	Sunrise: 5:02AM	Moon 6 - Phase 14 - 20	Sobhana 5125
Family Home Evening		Yama 10:27AM – 12:15PM	Siddha Until 4:30AM Tue	Muruga: Yellow	Sunset: 7:29PM		
		462416572 Rahu 6:50AM – 8:39AM	Gara Until 4:00PM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:38AM Tue	Moon – Green		Sivaloka Day	
Until 11:40AM				Sravana Adhika*Adi			
Then Routine Work - Prabalarishta Yoga							
Tuesday, July 25, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Frederick, MD Sun 21 Sutra 100	
Tula Rasi: 2.44	Tithi 8	Gulika 12:15PM – 2:03PM	Chitra Until 1:32PM	Ganesha: Purple	Sunrise: 5:03AM	Moon 6 - Phase 14 - 21	Sobhana 5125
		Yama 8:39AM – 10:27AM	Sadhya Until 4:07AM Wed	Muruga: Yellow	Sunset: 7:28PM		
		462416572 Rahu 3:52PM – 5:40PM	Visti Until 5:07PM	Nataraja: Yellow			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:22AM Wed	Moon – Green		Sivaloka Day	
				Sravana Adhika*Adi			
Wednesday, July 26, 2023		Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 22 Sutra 101	
Tula Rasi: 15.21	Tithi 9	Gulika 10:27AM – 12:15PM	Svati Until 2:29PM	Ganesha: Purple	Sunrise: 5:04AM	Moon 6 - Phase 14 - 22	Sobhana 5125
		Yama 6:52AM – 8:39AM	Subha Until 3:07AM Thu	Muruga: Yellow	Sunset: 7:27PM		
		462416572 Rahu 12:15PM – 2:03PM	Balava Until 5:27PM	Nataraja: Yellow			Navami
Creative Work	Siddha Yoga		Navami* Until 5:16AM Thu	Moon – Green		Sivaloka Day	
				Sravana Adhika*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Frederick, MD on 11/20/21

www.gurudeva.org/panchang

1 Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 23 Sutra 102
Tula Rasi: 28.22	Tithi 10	Gulika 8:40AM – 10:28AM	Vishakha Until 2:55PM	Ganesha: Clear Sunrise: 5:04AM
		Yama 5:04AM – 6:52AM	Sukla Until 1:23AM Fri	Muruga: Yellow Sunset: 7:26PM
		472416572 Rahu 2:03PM – 3:51PM	Taitila Until 4:55PM	Nataraja: Yellow
Creative Work	Siddha Yoga		Dashami Until 4:18AM Fri	Moon – Orange
				Devaloka Day
				Sravana Adhika*Adi

2 Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 103
Vrischika Rasi: 11.51	Tithi 11	Gulika 6:53AM – 8:40AM	Anuradha Until 2:21PM	Ganesha: Clear Sunrise: 5:05AM
		Yama 3:50PM – 5:38PM	Brahma Until 10:59PM	Muruga: Yellow Sunset: 7:25PM
		472416572 Rahu 10:28AM – 12:15PM	Vanija Until 3:31PM	Nataraja: Yellow
Creative Work	Siddha Yoga		Ekadashi Until 2:31AM Sat	Moon – Orange
Until 2:21PM				Devaloka Day
Then Routine Work - Marana Yoga				Sravana Adhika*Adi

3 Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Frederick, MD Sun 25 Sutra 104
Vrischika Rasi: 25.5	Tithi 12	Gulika 5:06AM – 6:53AM	Jyeshtha* Until 12:51PM	Ganesha: Clear Sunrise: 5:06AM
		Yama 2:02PM – 3:50PM	Indra Until 7:59PM	Muruga: Yellow Sunset: 7:24PM
		472416572 Rahu 8:41AM – 10:28AM	Bava Until 1:21PM	Nataraja: Yellow
Creative Work	Siddha Yoga		Dvadashi Until 11:59PM	Moon – Orange
				Devaloka Day
				Sravana Adhika*Adi

4 Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 105
Dhanus Rasi: 10.17	Tithi 13	Gulika 3:49PM – 5:36PM	Mula* Until 10:58AM	Ganesha: White Sunrise: 5:07AM
		Yama 12:15PM – 2:02PM	Vaidhriti* Until 4:27PM	Muruga: Yellow Sunset: 7:23PM
		482416572 Rahu 5:36PM – 7:23PM	Kaulava Until 10:31AM	Nataraja: Yellow
Creative Work	Amrita Yoga		Trayodashi Until 8:53PM	Moon – Light Blue
Until 10:58AM				Sivaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Sravana Adhika*Adi

5 Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 27 Sutra 106
Dhanus Rasi: 25.08	Tithi 14 – 15	Gulika 2:02PM – 3:49PM	Purvashadha* Until 8:25AM	Ganesha: White Sunrise: 5:08AM
Family Home Evening		Yama 10:28AM – 12:15PM	Vishkambha* Until 12:32PM	Muruga: Yellow Sunset: 7:22PM
		482416572 Rahu 6:55AM – 8:42AM	Gara Until 7:11AM	Nataraja: Yellow
Routine Work	Marana Yoga		Chaturdashi* Until 5:21PM	Moon – Light Blue
				Sivaloka Day
				Sravana Adhika*Adi

○ Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sutra 107
Copper Retreat Star		Gulika 12:15PM – 2:02PM	Shravana Until 2:32AM Wed	Ganesha: Yellow Sunrise: 5:09AM
Makara Rasi: 10.16	Tithi 15 – 16	Yama 8:42AM – 10:29AM	Priti Until 8:23AM	Muruga: Yellow Sunset: 7:21PM
		492416572 Rahu 3:48PM – 5:35PM	Balava Until 11:39PM	Nataraja: Yellow
Creative Work	Siddha Yoga		Purnima* Until 1:34PM	Moon – Purple
Until 2:32AM Wed				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Sravana Adhika*Adi

Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Frederick, MD Sutra 108
Silver Retreat Star		Gulika 10:29AM – 12:15PM	Dhanishtha Until 11:32PM	Ganesha: Yellow Sunrise: 5:10AM
Makara Rasi: 25.32	Tithi 16 – 17	Yama 6:56AM – 8:42AM	Saubhagya Until 11:53PM	Muruga: Yellow Sunset: 7:20PM
		492416572 Rahu 12:15PM – 2:01PM	Taitila Until 7:48PM	Nataraja: Yellow
Routine Work	Prabalarishta Yoga		Prathama* Until 9:42AM	Moon – Purple
Until 11:32PM				Devaloka Day
Then Creative Work - Siddha Yoga				Sravana Adhika*Adi

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 10.44 Tithi 18

492416572

Creative Work Siddha Yoga

Gulika 8:43AM - 10:29AM
Yama 5:11AM - 6:57AM
Rahu 2:01PM - 3:47PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau
Shatabhishak Until 8:37PM
Sobhana Until 7:50PM
Vanija Until 4:08PM
Tritiya Until 2:24AM Fri

Ganesha: Yellow Sunrise: 5:11AM
Muruga: Yellow Sunset: 7:19PM
Nataraja: Yellow
Moon - Purple
Sravana Adhika*Adi

Frederick, MD Sun 1 Sutra 109
Sobhana 5125
Moon 7 - Phase 16 - 1
1st Phase

Devaloka Day

1 Friday, August 4, 2023

Kumbha Rasi: 25.44 Tithi 19

412416572

Creative Work Siddha Yoga

Gulika 6:57AM - 8:43AM
Yama 3:46PM - 5:32PM
Rahu 10:29AM - 12:15PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau
Purvaproshtapada* Until 6:21PM
Athiganda* Until 4:04PM
Bava Until 12:48PM
Chaturthi* Until 11:17PM

Ganesha: Clear Sunrise: 5:12AM
Muruga: Yellow Sunset: 7:17PM
Nataraja: Yellow
Moon - Clear
Sravana Adhika*Adi

Frederick, MD Sun 2 Sutra 110
Sobhana 5125
Moon 7 - Phase 16 - 2
1st Phase

Devaloka Day

2 Saturday, August 5, 2023

Meena Rasi: 10.23 Tithi 20

412416572

Creative Work Siddha Yoga

Until 4:28PM

Then Routine Work - Prabalarishta Yoga

Gulika 5:12AM - 6:58AM
Yama 2:00PM - 3:46PM
Rahu 8:44AM - 10:29AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau
Uttaraproshtapada Until 4:28PM
Sukarma Until 12:45PM
Kaulava Until 9:57AM
Panchami Until 8:44PM

Ganesha: Clear Sunrise: 5:12AM
Muruga: Yellow Sunset: 7:17PM
Nataraja: Yellow
Moon - Clear
Sravana Adhika*Adi

Frederick, MD Sun 3 Sutra 111
Sobhana 5125
Moon 7 - Phase 16 - 3
1st Phase

Devaloka Day

3 Sunday, August 6, 2023

Meena Rasi: 24.38 Tithi 21

413416572

Creative Work Amrita Yoga

Until 3:05PM

Then Creative Work - Siddha Yoga

Gulika 3:45PM - 5:31PM
Yama 12:15PM - 2:00PM
Rahu 5:31PM - 7:16PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthayam Titau
Revati Until 3:05PM
Dhriti Until 9:58AM
Gara Until 7:44AM
Shashthi* Until 6:52PM

Ganesha: White Sunrise: 5:13AM
Muruga: Yellow Sunset: 7:17PM
Nataraja: Yellow
Moon - Clear
Sravana Adhika*Adi

Frederick, MD Sun 4 Sutra 112
Sobhana 5125
Moon 7 - Phase 16 - 4
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4 Monday, August 7, 2023

Mesha Rasi: 8.25 Tithi 22 - 23

Family Home Evening

423416572

Creative Work Siddha Yoga

Gulika 2:00PM - 3:45PM
Yama 10:29AM - 12:14PM
Rahu 6:59AM - 8:44AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau
Ashvini Until 2:44PM
Shula* Until 7:44AM
Visti Until 6:13AM
Saptami Until 5:43PM

Ganesha: Clear Sunrise: 5:14AM
Muruga: Yellow Sunset: 7:15PM
Nataraja: Yellow
Moon - White
Sravana Adhika*Adi

Frederick, MD Sun 5 Sutra 113
Sobhana 5125
Moon 7 - Phase 16 - 5
1st Phase

Devaloka Day
Tour Day

5 Tuesday, August 8, 2023

Retreat Star

Mesha Rasi: 21.46 Tithi 23 - 24

423416572

Creative Work Siddha Yoga

Gulika 12:14PM - 1:59PM
Yama 8:45AM - 10:30AM
Rahu 3:44PM - 5:29PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Bharani Until 2:59PM
Ganda* Until 6:08AM
Taitila Until 5:27AM Wed
Ashtami* Until 5:21PM

Ganesha: Clear Sunrise: 5:15AM
Muruga: Yellow Sunset: 7:13PM
Nataraja: Yellow
Moon - White
Sravana Adhika*Adi

Frederick, MD Sun 6 Sutra 114
Sobhana 5125
Moon 7 - Phase 16 - 6
Ashtami

Devaloka Day

6 Wednesday, August 9, 2023

Retreat Star

Vrishabha Rasi: 4.43 Tithi 24 - 25

423416572

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Gulika 10:30AM - 12:14PM
Yama 7:01AM - 8:45AM
Rahu 12:14PM - 1:59PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Krittika Until 3:47PM
Dhruva Until 4:38AM Thu
Vanija Until 6:06AM Thu
Navami* Until 5:40PM

Ganesha: Clear Sunrise: 5:16AM
Muruga: Yellow Sunset: 7:12PM
Nataraja: Yellow
Moon - White
Sravana Adhika*Adi

Frederick, MD Sun 7 Sutra 115
Sobhana 5125
Moon 7 - Phase 16 - 7
Navami

Devaloka Day

1 Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD Sun 8 Sutra 116	
Vrishabha Rasi: 17.21	Tithi 25	Gulika 8:46AM – 10:30AM	Rohini Until 5:30PM	Ganesha: Purple <i>Sunrise:</i> 5:17AM	Sobhana 5125
		Yama 5:17AM – 7:01AM	Vyaghata* Until 4:35AM Fri	Muruga: Yellow <i>Sunset:</i> 7:11PM	Moon 7 - Phase 17 - 8
		433416572 Rahu 1:58PM – 3:43PM	Vanija Until 6:06AM	Nataraja: Yellow	2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:37PM	Moon – Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

2 Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 117	
Vrishabha Rasi: 29.45	Tithi 26	Gulika 7:02AM – 8:46AM	Mrigashira Until 7:33PM	Ganesha: Purple <i>Sunrise:</i> 5:18AM	Sobhana 5125
		Yama 3:42PM – 5:26PM	Harshana Until 4:53AM Sat	Muruga: Yellow <i>Sunset:</i> 7:10PM	Moon 7 - Phase 17 - 9
		433416572 Rahu 10:30AM – 12:14PM	Bava Until 7:18AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:03PM	Moon – Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

3 Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 10 Sutra 118	
Mithuna Rasi: 11.57	Tithi 27	Gulika 5:19AM – 7:03AM	Ardra Until 9:47PM	Ganesha: Purple <i>Sunrise:</i> 5:19AM	Sobhana 5125
		Yama 1:57PM – 3:41PM	Vajra* Until 5:25AM Sun	Muruga: Yellow <i>Sunset:</i> 7:09PM	Moon 7 - Phase 17 - 10
		433416572 Rahu 8:46AM – 10:30AM	Kaulava Until 8:56AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:52PM	Moon – Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

4 Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 119	
Mithuna Rasi: 24.02	Tithi 28	Gulika 3:40PM – 5:24PM	Punarvasu Until 12:36AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:20AM	Sobhana 5125
		Yama 12:14PM – 1:57PM	Siddhi Until 6:08AM Mon	Muruga: Yellow <i>Sunset:</i> 7:07PM	Moon 7 - Phase 17 - 11
		433416572 Rahu 5:24PM – 7:07PM	Gara Until 10:53AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:56PM	Moon – Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>		

5 Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 120	
Kataka Rasi: 6.01	Tithi 29	Gulika 1:57PM – 3:40PM	Pushya Until 3:26AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:21AM	Sobhana 5125
Family Home Evening		Yama 10:30AM – 12:13PM	Siddhi Until 6:08AM	Muruga: Yellow <i>Sunset:</i> 7:06PM	Moon 7 - Phase 17 - 12
		443416572 Rahu 7:04AM – 8:47AM	Visti Until 1:04PM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:12AM Tue	Moon – Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
					Four Day

6 Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 13 Sutra 121	
Retreat Star		Gulika 12:13PM – 1:56PM	Ashlesha* Until 6:14AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:22AM	Sobhana 5125
Kataka Rasi: 17.55	Tithi 30	Yama 8:47AM – 10:30AM	Vyatipata* Until 7:01AM	Muruga: Yellow <i>Sunset:</i> 7:05PM	Moon 7 - Phase 17 - 13
		443416572 Rahu 3:39PM – 5:22PM	Catuspada Until 3:24PM	Nataraja: Yellow	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:35AM Wed	Moon – Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

7 Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 122	
Retreat Star		Gulika 10:30AM – 12:13PM	Ashlesha* Until 6:14AM	Ganesha: Orange <i>Sunrise:</i> 5:23AM	Sobhana 5125
Kataka Rasi: 29.47	Tithi 1	Yama 7:05AM – 8:48AM	Variyan Until 7:56AM	Muruga: Yellow <i>Sunset:</i> 7:03PM	Moon 7 - Phase 17 - 14
		443516572 Rahu 12:13PM – 1:56PM	Kintughna Until 5:50PM	Nataraja: Yellow	Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:03AM Thu	Moon – Blue	Devaloka Day
				Sravana*Adi	

1 Thursday, August 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyaam Titau Sun 15 Sutra 123
 Simha Rasi: 11.38 Tithi 1 – 2 **Gulika 8:48AM – 10:30AM** **Magha* Until 9:24AM** **Ganesha: Orange** Sunrise: 5:24AM Sobhana 5125
 Yama 5:24AM – 7:06AM Parigha* Until 8:55AM **Muruga: Yellow** Sunset: 7:02PM Moon 7 - Phase 18 - 15
 553516572 **Rahu 1:55PM – 3:37PM** Balava Until 8:17PM **Nataraja: Yellow** 3rd Phase
 Creative Work Amrita Yoga **Prathama* Until 7:03AM** **Moon – Red** **Devaloka Day**
 Until 9:24AM **Sravana*Avani**
 Then Creative Work - Siddha Yoga

2 Friday, August 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
 Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 124
 Simha Rasi: 23.29 Tithi 2 – 3 **Gulika 7:06AM – 8:48AM** **Purvaphalguni Until 12:23PM** **Ganesha: Orange** Sunrise: 5:24AM Sobhana 5125
 Yama 3:37PM – 5:19PM Shiva Until 9:54AM **Muruga: Yellow** Sunset: 7:01PM Moon 7 - Phase 18 - 16
 553516572 **Rahu 10:31AM – 12:13PM** Taitila Until 10:41PM **Nataraja: Yellow** 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 9:29AM** **Moon – Red** **Devaloka Day**
Sravana*Avani

3 Saturday, August 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
 Uttaraaphalguni/Hasta Nakshatra Siddha/Sadnya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 17 Sutra 125
 Kanya Rasi: 5.23 Tithi 3 – 4 **Gulika 5:25AM – 7:07AM** **Uttaraaphalguni Until 3:05PM** **Ganesha: Orange** Sunrise: 5:25AM Sobhana 5125
 Yama 1:54PM – 3:36PM Siddha Until 10:45AM **Muruga: Yellow** Sunset: 6:59PM Moon 7 - Phase 18 - 17
 553516572 **Rahu 8:49AM – 10:31AM** Vanija Until 12:54AM Sun **Nataraja: Yellow** 3rd Phase
 Routine Work Marana Yoga **Tritiya Until 11:48AM** **Moon – Red** **Devaloka Day**
Sravana*Avani

4 Sunday, August 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 126
 Kanya Rasi: 17.22 Tithi 4 – 5 **Gulika 3:35PM – 5:16PM** **Hasta Until 5:51PM** **Ganesha: Purple** Sunrise: 5:26AM Sobhana 5125
 Yama 12:12PM – 1:54PM Sadhya Until 11:26AM **Muruga: Yellow** Sunset: 6:58PM Moon 7 - Phase 18 - 18
 564516572 **Rahu 5:16PM – 6:58PM** Bava Until 2:47AM Mon **Nataraja: Yellow** 3rd Phase
 Creative Work Amrita Yoga **Nag Panchami** **Chaturthi* Until 1:52PM** **Moon – Green** **Bhuloka Day**
 Until 5:51PM **Sravana*Avani** **Devaloka Time: 3:PM to 6:PM**
 Then Creative Work - Siddha Yoga

5 Monday, August 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 127
 Kanya Rasi: 29.29 Tithi 5 – 6 **Gulika 1:53PM – 3:34PM** **Chitra Until 8:02PM** **Ganesha: Purple** Sunrise: 5:27AM Sobhana 5125
Family Home Evening 564516572 **Rahu 7:08AM – 8:50AM** Subha Until 11:50AM **Muruga: Yellow** Sunset: 6:56PM Moon 7 - Phase 18 - 19
 Routine Work Prabalarishta Yoga Kaulava Until 4:11AM Tue **Nataraja: Yellow** 3rd Phase
 Until 8:02PM **Panchami Until 3:31PM** **Moon – Green** **Bhuloka Day**
 Then Creative Work - Amrita Yoga **Sravana*Avani** **Devaloka Time: 3:PM to 6:PM**

6 Tuesday, August 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 128
 Tula Rasi: 11.49 Tithi 6 – 7 **Gulika 12:12PM – 1:52PM** **Svati Until 9:29PM** **Ganesha: Purple** Sunrise: 5:28AM Sobhana 5125
 Yama 8:50AM – 10:31AM Sukla Until 11:48AM **Muruga: Yellow** Sunset: 6:55PM Moon 7 - Phase 18 - 20
 564516572 **Rahu 3:33PM – 5:14PM** Gara Until 4:57AM Wed **Nataraja: Yellow** 3rd Phase
 Creative Work Siddha Yoga **Shashthi* Until 4:38PM** **Moon – Green** **Bhuloka Day**
 Until 9:29PM **Sravana*Avani** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga **Tour Day**

Wednesday, August 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 129
Retreat Star **Gulika 10:31AM – 12:11PM** **Vishakha Until 10:34PM** **Ganesha: Clear** Sunrise: 5:29AM Sobhana 5125
 Tula Rasi: 24.25 Tithi 7 – 8 Yama 7:10AM – 8:50AM Brahma Until 11:14AM **Muruga: Yellow** Sunset: 6:54PM Moon 7 - Phase 18 - 21
 574516572 **Rahu 12:11PM – 1:52PM** Visti Until 4:58AM Thu **Nataraja: Yellow** 3rd Phase
 Creative Work Siddha Yoga **Saptami Until 5:02PM** **Moon – Orange** **Devaloka Day**
Sravana*Avani

Thursday, August 24, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 130
Retreat Star **Gulika 8:51AM – 10:31AM** **Anuradha Until 10:42PM** **Ganesha: Clear** Sunrise: 5:30AM Sobhana 5125
 Vrishchika Rasi: 7.23 Tithi 8 – 9 Yama 5:30AM – 7:10AM Indra Until 10:06AM **Muruga: Yellow** Sunset: 6:52PM Moon 7 - Phase 18 - 22
 574516572 **Rahu 1:51PM – 3:32PM** Balava Until 4:12AM Fri **Nataraja: Yellow** Ashtami
 Creative Work Siddha Yoga **Ashtami* Until 4:40PM** **Moon – Orange** **Devaloka Day**
 Until 10:42PM **Sravana*Avani**

Friday, August 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
 Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 131
Retreat Star **Gulika 7:11AM – 8:51AM** **Jyeshtha* Until 9:55PM** **Ganesha: Clear** Sunrise: 5:31AM Sobhana 5125
 Vrishchika Rasi: 20.46 Tithi 9 – 10 Yama 3:31PM – 5:11PM Vaidhriti* Until 8:17AM **Muruga: Yellow** Sunset: 6:51PM Moon 7 - Phase 18 - 23
 574516572 **Rahu 10:31AM – 12:11PM** Taitila Until 2:39AM Sat **Nataraja: Yellow** Navami
 Routine Work Marana Yoga **Navami* Until 3:30PM** **Moon – Orange** **Devaloka Day**
 Until 9:55PM **Varalakshmi Vratam** **Sravana*Avani**
 Then Creative Work - Amrita Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 24 Sutra 132	
Dhanus Rasi: 4.37	Tithi 10 – 11	Gulika 5:32AM – 7:11AM	Mula* Until 8:41PM	Ganesha: White	<i>Sunrise:</i> 5:32AM
		Yama 1:50PM – 3:30PM	Priti Until 2:52AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:49PM
		584516572 Rahu 8:51AM – 10:31AM	Vanija Until 12:22AM Sun	Nataraja: Yellow	Moon 7 - Phase 19 - 24
Creative Work	Siddha Yoga		Dashami Until 1:34PM	Moon – Light Blue	4th Phase
				Sravana*Avani	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

2 Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 25 Sutra 133	
Dhanus Rasi: 18.56	Tithi 11 – 12	Gulika 3:29PM – 5:08PM	Purvashadha* Until 6:40PM	Ganesha: White	<i>Sunrise:</i> 5:33AM
		Yama 12:10PM – 1:50PM	Ayushman Until 11:21PM	Muruga: Yellow	<i>Sunset:</i> 6:48PM
		584516572 Rahu 5:08PM – 6:48PM	Bava Until 9:28PM	Nataraja: Yellow	Moon 7 - Phase 19 - 25
Creative Work	Siddha Yoga		Ekadashi Until 10:58AM	Moon – Light Blue	4th Phase
Until 6:40PM				Sravana*Avani	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

3 Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 134	
Makara Rasi: 3.39	Tithi 12 – 13	Gulika 1:49PM – 3:28PM	Uttarashadha Until 4:02PM	Ganesha: White	<i>Sunrise:</i> 5:34AM
Family Home Evening		Yama 10:31AM – 12:10PM	Saubhagya Until 7:28PM	Muruga: Yellow	<i>Sunset:</i> 6:46PM
		584516573 Rahu 7:13AM – 8:52AM	Kaulava Until 6:07PM	Nataraja: White	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga		Dvadashi Until 7:49AM	Moon – Light Blue	4th Phase
Until 4:02PM				Sravana*Avani	Devaloka Day
Then Creative Work - Amrita Yoga					

4 Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 135	
Makara Rasi: 18.41	Tithi 14	Gulika 12:10PM – 1:48PM	Shravana Until 1:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM
		Yama 8:52AM – 10:31AM	Sobhana Until 3:20PM	Muruga: Yellow	<i>Sunset:</i> 6:45PM
		594516573 Rahu 3:27PM – 5:06PM	Gara Until 2:26PM	Nataraja: White	Moon 7 - Phase 19 - 27
Creative Work	Siddha Yoga		Chaturdashi* Until 12:30AM Wed	Moon – Purple	4th Phase
		Chidambaram Abhishekam		Sravana*Avani	Sivaloka Day

Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Frederick, MD Sutra 136	
Copper Retreat Star		Gulika 10:31AM – 12:09PM	Dhanishtha Until 10:19AM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM
Kumbha Rasi: 3.55	Tithi 15	Yama 7:14AM – 8:52AM	Athiganda* Until 11:04AM	Muruga: Yellow	<i>Sunset:</i> 6:43PM
		594516573 Rahu 12:09PM – 1:48PM	Visti Until 10:36AM	Nataraja: White	Moon 7 - Phase 19 - Purnima
Routine Work	Prabalarishta Yoga		Purnima* Until 8:40PM	Moon – Purple	
Until 10:19AM		Raksha Bandhan		Sravana*Avani	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Frederick, MD Sutra 137	
Silver Retreat Star		Gulika 8:53AM – 10:31AM	Shatabhishak Until 7:11AM	Ganesha: Yellow	<i>Sunrise:</i> 5:36AM
Kumbha Rasi: 19.09	Tithi 16 – 17	Yama 5:36AM – 7:15AM	Sukarma Until 6:49AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM
		594516573 Rahu 1:47PM – 3:25PM	Balava Until 6:47AM	Nataraja: White	Moon 7 - Phase 19 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:55PM	Moon – Purple	
				Sravana*Avani	Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 4.15 Tithi 17 - 18

Gulika 7:15AM - 8:53AM
Yama 3:24PM - 5:02PM
Rahu 10:31AM - 12:09PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttaraproshtapada Until 2:05AM Sat

Shula* Until 10:55PM

Vanija Until 11:53PM

Dvitiya Until 1:27PM

Ganesha: Yellow Sunrise: 5:37AM

Muruga: Yellow Sunset: 6:40PM

Nataraja: White

Moon - Clear

Sravana*Avani

Sun 1 Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 2:05AM Sat

Then Routine Work - Prabalarishta Yoga

1 Saturday, September 2, 2023

Meena Rasi: 19.02 Tithi 18 - 19

Gulika 5:38AM - 7:16AM
Yama 1:46PM - 3:23PM
Rahu 8:53AM - 10:31AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Revati Until 12:02AM Sun

Ganda* Until 7:33PM

Bava Until 9:07PM

Tritiya Until 10:25AM

Ganesha: Red Sunrise: 5:38AM

Muruga: Yellow Sunset: 6:39PM

Nataraja: White

Moon - Clear

Sravana*Avani

Sun 2 Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 12:02AM Sun

Then Creative Work - Siddha Yoga

2 Sunday, September 3, 2023

Mesha Rasi: 3.26 Tithi 19 - 20

Gulika 3:23PM - 5:00PM
Yama 12:08PM - 1:45PM
Rahu 5:00PM - 6:37PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ashvini Until 10:56PM

Vriddhi Until 4:42PM

Kaulava Until 7:00PM

Chaturthi* Until 7:57AM

Ganesha: Green Sunrise: 5:39AM

Muruga: Yellow Sunset: 6:37PM

Nataraja: White

Moon - White

Sravana*Avani

Frederick, MD Sun 3 Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 10:56PM

Then Routine Work - Prabalarishta Yoga

3 Monday, September 4, 2023

Mesha Rasi: 17.22 Tithi 20 - 21

Gulika 1:45PM - 3:22PM
Yama 10:31AM - 12:08PM
Rahu 7:17AM - 8:54AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Bharani Until 10:28PM

Dhruva Until 2:26PM

Vanija Until 5:15AM Tue

Panchami Until 6:12AM

Ganesha: Green Sunrise: 5:40AM

Muruga: Yellow Sunset: 6:35PM

Nataraja: White

Moon - White

Sravana*Avani

Frederick, MD Sun 4 Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

Devaloka Day

Family Home Evening Creative Work Siddha Yoga

Until 10:28PM

Then Routine Work - Marana Yoga

4 Tuesday, September 5, 2023

Vrishabha Rasi: 0.5 Tithi 22

Gulika 12:07PM - 1:44PM
Yama 8:54AM - 10:31AM
Rahu 3:21PM - 4:57PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Krittika Until 10:38PM

Vyaghata* Until 12:50PM

Visti Until 5:06PM

Saptami Until 5:07AM Wed

Ganesha: Green Sunrise: 5:41AM

Muruga: Yellow Sunset: 6:34PM

Nataraja: White

Moon - White

Sravana*Avani

Frederick, MD Sun 5 Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

Devaloka Day

Tour Day

Creative Work Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Wednesday, September 6, 2023

Retreat Star

Vrishabha Rasi: 13.52 Tithi 23

Gulika 10:31AM - 12:07PM
Yama 7:18AM - 8:54AM
Rahu 12:07PM - 1:43PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rohini Until 11:54PM

Harshana Until 11:54AM

Balava Until 5:22PM

Ashtami* Until 5:45AM Thu

Ganesha: Orange Sunrise: 5:42AM

Muruga: Yellow Sunset: 6:32PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Frederick, MD Sun 6 Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Krishna Janmashtami

Thursday, September 7, 2023

Retreat Star

Vrishabha Rasi: 26.31 Tithi 24

Gulika 8:55AM - 10:31AM
Yama 5:43AM - 7:19AM
Rahu 1:43PM - 3:19PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila Karana Navamyam Titau

Mrigashira Until 1:40AM Fri

Vajra* Until 11:30AM

Taitila Until 6:21PM

Navami* Until 7:03AM Fri

Ganesha: Orange Sunrise: 5:43AM

Muruga: Yellow Sunset: 6:31PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Frederick, MD Sun 7 Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 1:40AM Fri

Then Creative Work - Siddha Yoga

1 Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamam Titau		Frederick, MD Sun 8 Sutra 145	
Mithuna Rasi: 8.52	Tithi 24 – 25	Gulika 7:19AM – 8:55AM	Ardra Until 3:47AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:44AM	Sobhana 5125
		Yama 3:18PM – 4:53PM	Siddhi Until 11:37AM	Muruga: Yellow <i>Sunset:</i> 6:29PM	Moon 8 - Phase 21 - 8
Creative Work	Siddha Yoga	Rahu 10:31AM – 12:06PM	Vanija Until 7:55PM	Nataraja: White	2nd Phase
			Navami* Until 7:03AM	Moon – Yellow	Sivaloka Day
				Sravana*Avani	

2 Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 9 Sutra 146	
Mithuna Rasi: 21.01	Tithi 25 – 26	Gulika 5:45AM – 7:20AM	Punarvasu Until 6:37AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM	Sobhana 5125
		Yama 1:41PM – 3:17PM	Vyatipata* Until 12:06PM	Muruga: Yellow <i>Sunset:</i> 6:28PM	Moon 8 - Phase 21 - 9
Creative Work	Siddha Yoga	Rahu 8:55AM – 10:31AM	Bava Until 9:55PM	Nataraja: White	2nd Phase
			Dashami Until 8:51AM	Moon – Blue	Devaloka Day
				Sravana*Avani	

3 Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 10 Sutra 147	
Kataka Rasi: 3.01	Tithi 26 – 27	Gulika 3:16PM – 4:51PM	Punarvasu Until 6:37AM	Ganesha: Purple <i>Sunrise:</i> 5:45AM	Sobhana 5125
		Yama 12:06PM – 1:41PM	Variyan Until 12:48PM	Muruga: Yellow <i>Sunset:</i> 6:26PM	Moon 8 - Phase 21 - 10
Creative Work	Siddha Yoga	Rahu 4:51PM – 6:26PM	Kaulava Until 12:11AM Mon	Nataraja: White	2nd Phase
		Grandparent's Day	Ekadashi* Until 11:00AM	Moon – Blue	Devaloka Day
				Sravana*Avani	

4 Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 148	
Kataka Rasi: 14.56	Tithi 27 – 28	Gulika 1:40PM – 3:15PM	Pushya Until 9:29AM	Ganesha: Light Blue <i>Sunrise:</i> 5:46AM	Sobhana 5125
Family Home Evening		Yama 10:31AM – 12:05PM	Parigha* Until 1:41PM	Muruga: Yellow <i>Sunset:</i> 6:24PM	Moon 8 - Phase 21 - 11
Creative Work	Siddha Yoga	Rahu 7:21AM – 8:56AM	Gara Until 2:37AM Tue	Nataraja: White	2nd Phase
			Dvadashi* Until 1:22PM	Moon – Blue	Devaloka Day
				Sravana*Avani	
				<i>Pradosha Vrata (Fasting)</i>	

5 Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 149	
Kataka Rasi: 26.47	Tithi 28 – 29	Gulika 12:05PM – 1:39PM	Ashlesha* Until 12:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:47AM	Sobhana 5125
		Yama 8:56AM – 10:31AM	Shiva Until 2:38PM	Muruga: Yellow <i>Sunset:</i> 6:23PM	Moon 8 - Phase 21 - 12
Creative Work	Siddha Yoga	Rahu 3:14PM – 4:48PM	Visti Until 5:04AM Wed	Nataraja: White	2nd Phase
			Trayodashi* Until 3:49PM	Moon – Blue	Devaloka Day
				Sravana*Avani	Tour Day

6 Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 150	
Simha Rasi: 8.39	Tithi 29	Gulika 10:31AM – 12:05PM	Magha* Until 3:26PM	Ganesha: Purple <i>Sunrise:</i> 5:48AM	Sobhana 5125
		Yama 7:22AM – 8:56AM	Siddha Until 3:33PM	Muruga: Yellow <i>Sunset:</i> 6:21PM	Moon 8 - Phase 21 - 13
Creative Work	Siddha Yoga	Rahu 12:05PM – 1:39PM	Sakuni Until 6:16PM	Nataraja: White	2nd Phase
Until 3:26PM			Chaturdashi* Until 6:16PM	Moon – Red	Devaloka Day
Then Creative Work - Amrita Yoga				Sravana*Avani	

Retreat Star Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 14 Sutra 151	
Simha Rasi: 20.32	Tithi 30	Gulika 8:57AM – 10:30AM	Purvaphalguni Until 6:20PM	Ganesha: Purple <i>Sunrise:</i> 5:49AM	Sobhana 5125
		Yama 5:49AM – 7:23AM	Sadhya Until 4:24PM	Muruga: Yellow <i>Sunset:</i> 6:19PM	Moon 8 - Phase 21 - 14
Creative Work	Siddha Yoga	Rahu 1:38PM – 3:12PM	Catuspada Until 7:28AM	Nataraja: White	Amavasya
			Amavasya* Until 8:36PM	Moon – Red	Devaloka Day
				Sravana*Avani	

Retreat Star Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 15 Sutra 152	
Kanya Rasi: 2.28	Tithi 1	Gulika 7:23AM – 8:57AM	Uttaraphalguni Until 8:53PM	Ganesha: Purple <i>Sunrise:</i> 5:50AM	Sobhana 5125
		Yama 3:11PM – 4:44PM	Subha Until 5:09PM	Muruga: White <i>Sunset:</i> 6:18PM	Moon 8 - Phase 21 - 15
Creative Work	Siddha Yoga	Rahu 10:30AM – 12:04PM	Kintughna Until 9:44AM	Nataraja: White	Prathama
Until 8:53PM			Prathama* Until 10:45PM	Moon – Red	Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada*Avani	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Saturday, September 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153
 Kanya Rasi: 14.29 Tithi 2 **Gulika 5:51AM – 7:24AM** **Hasta Until 11:30PM** **Ganesha: Light Blue Sunrise: 5:51AM** Sobhana 5125
 566626573 **Yama 1:37PM – 3:10PM** **Sukla Until 5:39PM** **Muruga: White Sunset: 6:16PM** Moon 8 - Phase 22 - 16
Rahu 8:57AM – 10:30AM **Balava Until 11:46AM** **Nataraja: White** 3rd Phase
 Routine Work Marana Yoga **Moon – Green** **Sivaloka Day**
Dvitiya Until 12:38AM Sun **Bhadrapada*Avani**

2 Sunday, September 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154
 Kanya Rasi: 26.37 Tithi 3 **Gulika 3:09PM – 4:42PM** **Chitra Until 1:37AM Mon** **Ganesha: Light Blue Sunrise: 5:52AM** Sobhana 5125
 566626573 **Yama 12:03PM – 1:36PM** **Brahma Until 5:56PM** **Muruga: White Sunset: 6:15PM** Moon 8 - Phase 22 - 17
Rahu 4:42PM – 6:15PM **Taitila Until 1:28PM** **Nataraja: White** 3rd Phase
 Creative Work Siddha Yoga **Moon – Green** **Sivaloka Day**
 Until 1:37AM Mon **Bhadrapada*Puratasi**
 Then Creative Work - Amrita Yoga

3 Monday, September 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 155
 Tula Rasi: 8.55 Tithi 4 **Gulika 1:35PM – 3:08PM** **Svati Until 3:08AM Tue** **Ganesha: Purple Sunrise: 5:53AM** Sobhana 5125
Family Home Evening 567626573 **Yama 10:30AM – 12:03PM** **Indra Until 5:53PM** **Muruga: White Sunset: 6:13PM** Moon 8 - Phase 22 - 18
Rahu 7:25AM – 8:58AM **Vanija Until 2:47PM** **Nataraja: White** 3rd Phase
 Creative Work Amrita Yoga **Moon – Green** **Sivaloka Day**
 Until 3:08AM Tue **Ganesha Chaturthi** **Chaturthi* Until 3:14AM Tue** **Bhadrapada*Puratasi**
 Then Routine Work - Marana Yoga

4 Tuesday, September 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156
 Tula Rasi: 21.25 Tithi 5 **Gulika 12:02PM – 1:35PM** **Vishakha Until 4:28AM Wed** **Ganesha: Clear Sunrise: 5:54AM** Sobhana 5125
 577626573 **Yama 8:58AM – 10:30AM** **Vaidhriti* Until 5:26PM** **Muruga: White Sunset: 6:11PM** Moon 8 - Phase 22 - 19
Rahu 3:07PM – 4:39PM **Bava Until 3:36PM** **Nataraja: White** 3rd Phase
 Routine Work Marana Yoga **Moon – Orange** **Subha Sivaloka Day**
 Until 4:28AM Wed **Panchami Until 3:47AM Wed** **Bhadrapada*Puratasi**
 Then Creative Work - Siddha Yoga

5 Wednesday, September 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157
 Vrishchika Rasi: 4.08 Tithi 6 **Gulika 10:30AM – 12:02PM** **Anuradha Until 5:04AM Thu** **Ganesha: Clear Sunrise: 5:55AM** Sobhana 5125
 577626573 **Yama 7:26AM – 8:58AM** **Vishkambha* Until 4:34PM** **Muruga: White Sunset: 6:10PM** Moon 8 - Phase 22 - 20
Rahu 12:02PM – 1:34PM **Kaulava Until 3:52PM** **Nataraja: White** 3rd Phase
 Creative Work Siddha Yoga **Moon – Orange** **Subha Sivaloka Day**
 Until 5:04AM Thu **Shashthi* Until 3:45AM Thu** **Bhadrapada*Puratasi**
 Then Routine Work - Prabalarishta Yoga

6 Thursday, September 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158
 Vrishchika Rasi: 17.1 Tithi 7 **Gulika 8:59AM – 10:30AM** **Jyeshtha* Until 4:54AM Fri** **Ganesha: Clear Sunrise: 5:55AM** Sobhana 5125
 577626573 **Yama 5:55AM – 7:27AM** **Priti Until 3:13PM** **Muruga: White Sunset: 6:08PM** Moon 8 - Phase 22 - 21
Rahu 1:33PM – 3:05PM **Gara Until 3:31PM** **Nataraja: White** 3rd Phase
 Routine Work Prabalarishta Yoga **Moon – Orange** **Subha Sivaloka Day**
 Until 4:54AM Fri **Saptami Until 3:05AM Fri** **Bhadrapada*Puratasi**
 Then Creative Work - Amrita Yoga

Friday, September 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
Retreat Star Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159
 Dhanus Rasi: 0.31 Tithi 8 **Gulika 7:28AM – 8:59AM** **Mula* Until 4:24AM Sat** **Ganesha: White Sunrise: 5:56AM** Sobhana 5125
 587626573 **Yama 3:04PM – 4:35PM** **Ayushman Until 1:20PM** **Muruga: White Sunset: 6:06PM** Moon 8 - Phase 22 - 22
Rahu 10:30AM – 12:01PM **Visti Until 2:32PM** **Nataraja: White** Ashtami
 Creative Work Amrita Yoga **Moon – Light Blue** **Sivaloka Day**
 Until 4:24AM Sat **Ashtami* Until 1:47AM Sat** **Bhadrapada*Puratasi**
 Then Creative Work - Siddha Yoga

Saturday, September 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
Retreat Star Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160
 Dhanus Rasi: 14.14 Tithi 9 **Gulika 5:57AM – 7:28AM** **Purvashadha* Until 3:10AM Sun** **Ganesha: White Sunrise: 5:57AM** Sobhana 5125
 587626573 **Yama 1:32PM – 3:03PM** **Saubhagya Until 10:58AM** **Muruga: White Sunset: 6:05PM** Moon 8 - Phase 22 - 23
Rahu 8:59AM – 10:30AM **Balava Until 12:55PM** **Nataraja: White** Navami
 Creative Work Siddha Yoga **Moon – Light Blue** **Sivaloka Day**
 Until 3:10AM Sun **Navami* Until 11:52PM** **Bhadrapada*Puratasi**
 Then Creative Work - Amrita Yoga

1 Sunday, September 24, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Uttarahadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161
 Dhanus Rasi: 28.2 Tithi 10 **Gulika** 3:02PM – 4:33PM **Uttarahadha Until 1:15AM Mon** **Ganesha:** White *Sunrise:* 5:58AM Sobhana 5125
 Creative Work Amrita Yoga Yama 12:01PM – 1:31PM Sobhana Until 8:08AM **Muruga:** White *Sunset:* 6:03PM Moon 8 - Phase 23 - 24
 587626573 **Rahu** 4:33PM – 6:03PM Taitila Until 10:44AM **Nataraja:** White 4th Phase
Dashami Until 9:25PM Moon – Light Blue **Sivaloka Day**
Bhadrapada*Puratasi

2 Monday, September 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Shravana Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 25 Sutra 162
 Makara Rasi: 12.47 Tithi 11 **Gulika** 1:31PM – 3:01PM **Shravana Until 11:11PM** **Ganesha:** White *Sunrise:* 5:59AM Sobhana 5125
Family Home Evening 598626573 Yama 10:30AM – 12:00PM Sukarma Until 1:15AM Tue **Muruga:** White *Sunset:* 6:02PM Moon 8 - Phase 23 - 25
 Creative Work Amrita Yoga **Rahu** 7:29AM – 9:00AM Vanija Until 8:02AM **Nataraja:** White 4th Phase
 Until 11:11PM **Ekadashi Until 6:31PM** Moon – Purple **Subha Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Bhadrapada*Puratasi**

3 Tuesday, September 26, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163
 Makara Rasi: 27.32 Tithi 12 – 13 **Gulika** 12:00PM – 1:30PM **Dhanishtha Until 8:41PM** **Ganesha:** White *Sunrise:* 6:00AM Sobhana 5125
 Creative Work Siddha Yoga Yama 9:00AM – 10:30AM Dhriti Until 9:24PM **Muruga:** White *Sunset:* 6:00PM Moon 8 - Phase 23 - 26
 Until 8:41PM Kaulava Until 1:36AM Wed **Nataraja:** White 4th Phase
 Then Routine Work - Marana Yoga **Dvadashi Until 3:17PM** Moon – Purple **Subha Subha Sivaloka Day**
Pradosha Vrata **Bhadrapada*Puratasi**

4 Wednesday, September 27, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164
 Kumbha Rasi: 12.28 Tithi 13 – 14 **Gulika** 10:30AM – 12:00PM **Shatabhishak Until 5:53PM** **Ganesha:** White *Sunrise:* 6:01AM Sobhana 5125
 Creative Work Siddha Yoga Yama 7:31AM – 9:00AM Shula* Until 5:25PM **Muruga:** White *Sunset:* 5:58PM Moon 8 - Phase 23 - 27
 Until 5:53PM **Rahu** 12:00PM – 1:29PM Gara Until 10:08PM **Nataraja:** White 4th Phase
 Then Creative Work - Amrita Yoga **Chidambaram Abhishekam** **Trayodashi Until 11:51AM** Moon – Purple **Subha Subha Sivaloka Day**
Kadaitswami Mahasamadhi **Bhadrapada*Puratasi**

Thursday, September 28, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Purvaproshtapada*/Uttarproshthapada Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturdashii/Purnimayam Titau Sun 28 Sutra 165
 Kumbha Rasi: 27.29 Tithi 14 – 15 **Gulika** 9:01AM – 10:30AM **Purvaproshtapada* Until 3:21PM** **Ganesha:** Yellow *Sunrise:* 6:02AM Sobhana 5125
 Creative Work Siddha Yoga Yama 6:02AM – 7:31AM Ganda* Until 1:26PM **Muruga:** White *Sunset:* 5:57PM Moon 8 - Phase 23 -
 618626573 **Rahu** 1:29PM – 2:58PM Visti Until 6:42PM **Nataraja:** White Purnima
 Moon – Clear **Subha Sivaloka Day**
Chaturdashii* Until 8:23AM **Bhadrapada*Puratasi**

Friday, September 29, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Frederick, MD
 Uttarproshthapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166
 Meena Rasi: 12.26 Tithi 16 **Gulika** 7:32AM – 9:01AM **Uttarproshthapada Until 12:50PM** **Ganesha:** Yellow *Sunrise:* 6:03AM Sobhana 5125
 Creative Work Siddha Yoga Yama 2:57PM – 4:26PM Vridhi Until 9:35AM **Muruga:** White *Sunset:* 5:55PM Moon 8 - Phase 23 -
 618626573 **Rahu** 10:30AM – 11:59AM Balava Until 3:26PM **Nataraja:** White Prathama
 Moon – Clear **Subha Sivaloka Day**
Prathama* Until 1:55AM Sat **Bhadrapada*Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Frederick, MD on 11/20/21

www.gurudeva.org/panchang

Saturday, September 30, 2023
Gold Retreat Star

Meena Rasi: 27.1 Tithi 17
 Routine Work Prabalarishta Yoga
 Until 10:31AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 6:04AM – 7:33AM
 Yama 1:27PM – 2:56PM
Rahu 9:01AM – 10:30AM
Revati Until 10:31AM
 Vyaghata* Until 2:43AM Sun
 Taitila Until 12:32PM
Dvitiya Until 11:14PM

Frederick, MD Sutra 167
 Sobhana 5125
 Moon 9 - Phase 24 - 1st Phase
Ganesh: Yellow Sunrise: 6:04AM
Muruga: White Sunset: 5:54PM
Nataraja: White
 Moon – Clear
Subha Sivaloka Day
Bhadrapada*Puratasi

1 Sunday, October 1, 2023

Mesha Rasi: 11.34 Tithi 18
 Creative Work Siddha Yoga
 Until 8:57AM
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 2:55PM – 4:24PM
 Yama 11:58AM – 1:27PM
Rahu 4:24PM – 5:52PM
Ashvini Until 8:57AM
 Harshana Until 11:58PM
 Vanija Until 10:07AM
Tritiya Until 9:07PM

Frederick, MD Sutra 168
 Sobhana 5125
 Moon 9 - Phase 24 - 1st Phase
Ganesh: Clear Sunrise: 6:05AM
Muruga: White Sunset: 5:52PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

2 Monday, October 2, 2023

Mesha Rasi: 25.35 Tithi 19
Family Home Evening
 Creative Work Siddha Yoga
 Until 7:53AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 1:26PM – 2:54PM
 Yama 10:30AM – 11:58AM
Rahu 7:34AM – 9:02AM
Bharani Until 7:53AM
 Vajra* Until 9:45PM
 Bava Until 8:20AM
Chaturthi* Until 7:42PM

Frederick, MD Sutra 169
 Sobhana 5125
 Moon 9 - Phase 24 - 2 1st Phase
Ganesh: Clear Sunrise: 6:06AM
Muruga: White Sunset: 5:50PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

3 Tuesday, October 3, 2023

Vrishabha Rasi: 9.08 Tithi 20
 Creative Work Siddha Yoga
 Until 7:23AM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika/Rohini Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 11:58AM – 1:25PM
 Yama 9:02AM – 10:30AM
Rahu 2:53PM – 4:21PM
Krittika Until 7:23AM
 Siddhi Until 8:10PM
 Kaulava Until 7:17AM
Panchami Until 7:03PM

Frederick, MD Sutra 170
 Sobhana 5125
 Moon 9 - Phase 24 - 3 1st Phase
Ganesh: Clear Sunrise: 6:07AM
Muruga: White Sunset: 5:49PM
Nataraja: White
 Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

4 Wednesday, October 4, 2023

Vrishabha Rasi: 22.16 Tithi 21
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 10:30AM – 11:57AM
 Yama 7:35AM – 9:03AM
Rahu 11:57AM – 1:25PM
Rohini Until 7:58AM
 Vyatipata* Until 7:14PM
 Gara Until 7:03AM
Shashthi* Until 7:12PM

Frederick, MD Sutra 171
 Sobhana 5125
 Moon 9 - Phase 24 - 4 1st Phase
Ganesh: Purple Sunrise: 6:08AM
Muruga: White Sunset: 5:47PM
Nataraja: White
 Moon – Yellow
Sivaloka Day
Bhadrapada*Puratasi

5 Thursday, October 5, 2023

Mithuna Rasi: 5 Tithi 22
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 9:03AM – 10:30AM
 Yama 6:09AM – 7:36AM
Rahu 1:24PM – 2:51PM
Mrigashira Until 9:10AM
 Variyan Until 6:52PM
 Visti Until 7:36AM
Saptami Until 8:07PM

Frederick, MD Sutra 172
 Sobhana 5125
 Moon 9 - Phase 24 - 5 1st Phase
Ganesh: Clear Sunrise: 6:09AM
Muruga: White Sunset: 5:46PM
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Friday, October 6, 2023
Retreat Star

Mithuna Rasi: 17.25 Tithi 23
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 7:36AM – 9:03AM
 Yama 2:50PM – 4:17PM
Rahu 10:30AM – 11:57AM
Ardra Until 10:53AM
 Parigha* Until 7:00PM
 Balava Until 8:51AM
Ashtami* Until 9:42PM

Frederick, MD Sutra 173
 Sobhana 5125
 Moon 9 - Phase 24 - 6 Ashtami
Ganesh: Clear Sunrise: 6:10AM
Muruga: White Sunset: 5:44PM
Nataraja: White
 Moon – Yellow
Subha Sivaloka Day
Bhadrapada*Puratasi

Saturday, October 7, 2023
Retreat Star

Mithuna Rasi: 29.35 Tithi 24
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau
Gulika 6:11AM – 7:37AM
 Yama 1:23PM – 2:50PM
Rahu 9:04AM – 10:30AM
Punarvasu Until 1:28PM
 Shiva Until 7:33PM
 Taitila Until 10:42AM
Navami* Until 11:45PM

Frederick, MD Sutra 174
 Sobhana 5125
 Navami
Ganesh: Purple Sunrise: 6:11AM
Muruga: White Sunset: 5:43PM
Nataraja: White
 Moon – Blue
Subha Subha Sivaloka Day
Bhadrapada*Puratasi


1	Sunday, October 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Frederick, MD Sun 8 Sutra 175
	Kataka Rasi: 11.34 Tithi 25	Gulika 2:49PM – 4:15PM Yama 11:56AM – 1:22PM Rahu 4:15PM – 5:41PM	Pushya Until 4:14PM Siddha Until 8:19PM Vanija Until 12:56PM
	Creative Work Siddha Yoga	Ganesh: Purple <i>Sunrise: 6:12AM</i> Muruga: White <i>Sunset: 5:41PM</i> Nataraja: Clear Moon – Blue	Sobhana 5125 Moon 9 - Phase 25 - 8 2nd Phase
		Dashami Until 2:07AM Mon	Subha Sivaloka Day Bhadrapada*Puratasi

2	Monday, October 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Frederick, MD Sun 9 Sutra 176
	Kataka Rasi: 23.28 Tithi 26	Gulika 1:22PM – 2:48PM Yama 10:30AM – 11:56AM Rahu 7:38AM – 9:04AM	Ashlesha* Until 7:02PM Sadhya Until 9:13PM Bava Until 3:23PM
	Family Home Evening Creative Work Siddha Yoga Until 7:02PM Then Routine Work - Marana Yoga	Ganesh: Blue <i>Sunrise: 6:12AM</i> Muruga: White <i>Sunset: 5:39PM</i> Nataraja: Clear Moon – Blue	Sobhana 5125 Moon 9 - Phase 25 - 9 2nd Phase
		Ekadashi* Until 4:37AM Tue	Subha Sivaloka Day Bhadrapada*Puratasi

3	Tuesday, October 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Frederick, MD Sun 10 Sutra 177
	Simha Rasi: 5.19 Tithi 27	Gulika 11:56AM – 1:21PM Yama 9:05AM – 10:30AM Rahu 2:47PM – 4:12PM	Magha* Until 10:11PM Subha Until 10:08PM Kaulava Until 5:53PM
	Creative Work Siddha Yoga	Ganesh: Red <i>Sunrise: 6:13AM</i> Muruga: White <i>Sunset: 5:38PM</i> Nataraja: Clear Moon – Red	Sobhana 5125 Moon 9 - Phase 25 - 10 2nd Phase
		Dvadashi* Until 7:04AM Wed	Sivaloka Day Bhadrapada*Puratasi

4	Wednesday, October 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 11 Sutra 178
	Simha Rasi: 17.12 Tithi 27 – 28	Gulika 10:30AM – 11:55AM Yama 7:40AM – 9:05AM Rahu 11:55AM – 1:21PM	Purvaphalguni Until 1:02AM Thu Sukla Until 10:55PM Gara Until 8:16PM
	Creative Work Amrita Yoga	Ganesh: Red <i>Sunrise: 6:14AM</i> Muruga: White <i>Sunset: 5:36PM</i> Nataraja: Clear Moon – Red	Sobhana 5125 Moon 9 - Phase 25 - 11 2nd Phase
		Dvadashi* Until 7:04AM <i>Pradosha Vrata (Fasting)</i>	Sivaloka Day Bhadrapada*Puratasi

5	Thursday, October 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 12 Sutra 179
	Simha Rasi: 29.08 Tithi 28 – 29	Gulika 9:05AM – 10:30AM Yama 6:15AM – 7:40AM Rahu 1:20PM – 2:45PM	Uttaraphalguni Until 3:27AM Fri Brahma Until 11:31PM Visti Until 10:24PM
	Amrita Yoga	Ganesh: Red <i>Sunrise: 6:15AM</i> Muruga: White <i>Sunset: 5:35PM</i> Nataraja: Clear Moon – Red	Sobhana 5125 Moon 9 - Phase 25 - 12 2nd Phase
		Trayodashi* Until 9:21AM	Sivaloka Day Bhadrapada*Puratasi

	Friday, October 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Frederick, MD Sun 13 Sutra 180
	Retreat Star	Gulika 7:41AM – 9:06AM Yama 2:44PM – 4:09PM Rahu 10:30AM – 11:55AM	Hasta Until 5:52AM Sat Indra Until 11:52PM Catuspada Until 12:11AM Sat
	Kanya Rasi: 11.11 Tithi 29 – 30	Ganesh: Yellow <i>Sunrise: 6:16AM</i> Muruga: White <i>Sunset: 5:33PM</i> Nataraja: Clear Moon – Green	Sobhana 5125 Moon 9 - Phase 25 - 13 Amavasya
	Creative Work Amrita Yoga Until 5:52AM Sat Then Routine Work - Marana Yoga	Mahalaya Amavasai (Tamil Nadu) Chaturdashi* Until 11:19AM	Sivaloka Day Bhadrapada*Puratasi

	Saturday, October 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Frederick, MD Sun 14 Sutra 181
	Retreat Star	Gulika 6:17AM – 7:42AM Yama 1:19PM – 2:43PM Rahu 9:06AM – 10:30AM	Chitra Until 7:41AM Sun Vaidhriti* Until 11:52PM Kintughna Until 1:33AM Sun
	Kanya Rasi: 23.23 Tithi 30 – 1	Ganesh: Yellow <i>Sunrise: 6:17AM</i> Muruga: White <i>Sunset: 5:32PM</i> Nataraja: Clear Moon – Green	Sobhana 5125 Moon 9 - Phase 25 - 14 Prathama
	Routine Work Marana Yoga Until 7:41AM Sun Then Creative Work - Siddha Yoga	Navaratri Begins Amavasya* Until 12:54PM	Sivaloka Day Ashvina*Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 15 Sutra 182	
Tula Rasi: 5.47	Tithi 1 – 2	Gulika 2:43PM – 4:07PM	Chitra Until 7:41AM	Ganesha: Yellow <i>Sunrise:</i> 6:18AM	Sobhana 5125
		Yama 11:54AM – 1:19PM	Vishkambha* Until 11:31PM	Muruga: White <i>Sunset:</i> 5:31PM	Moon 9 - Phase 26 - 15
661726574		Rahu 4:07PM – 5:31PM	Balava Until 2:27AM Mon	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 2:02PM	Moon – Green	Sivaloka Day
				Ashvina*Puratasi	

2 Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 16 Sutra 183	
Tula Rasi: 18.22	Tithi 2 – 3	Gulika 1:18PM – 2:42PM	Svati Until 8:54AM	Ganesha: Yellow <i>Sunrise:</i> 6:20AM	Sobhana 5125
Family Home Evening		Yama 10:31AM – 11:54AM	Priti Until 10:50PM	Muruga: White <i>Sunset:</i> 5:29PM	Moon 9 - Phase 26 - 16
661726574		Rahu 7:43AM – 9:07AM	Taitila Until 2:53AM Tue	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 2:43PM	Moon – Green	Sivaloka Day
Until 8:54AM				Ashvina*Puratasi	
Then Routine Work - Marana Yoga					

3 Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Frederick, MD Sun 17 Sutra 184	
Vrischika Rasi: 1.11	Tithi 3 – 4	Gulika 11:54AM – 1:17PM	Vishakha Until 9:58AM	Ganesha: Red <i>Sunrise:</i> 6:21AM	Sobhana 5125
		Yama 9:07AM – 10:31AM	Ayushman Until 9:45PM	Muruga: White <i>Sunset:</i> 5:28PM	Moon 9 - Phase 26 - 17
671726574		Rahu 2:41PM – 4:04PM	Vanija Until 2:52AM Wed	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Tritiya Until 2:55PM	Moon – Orange	Sivaloka Day
Until 9:58AM				Ashvina*Aipasi	
Then Creative Work - Siddha Yoga					

4 Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 18 Sutra 185	
Vrischika Rasi: 14.13	Tithi 4 – 5	Gulika 10:31AM – 11:54AM	Anuradha Until 10:27AM	Ganesha: Red <i>Sunrise:</i> 6:22AM	Sobhana 5125
		Yama 7:45AM – 9:08AM	Saubhagya Until 8:19PM	Muruga: White <i>Sunset:</i> 5:26PM	Moon 9 - Phase 26 - 18
671726574		Rahu 11:54AM – 1:17PM	Bava Until 2:23AM Thu	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:40PM	Moon – Orange	Sivaloka Day
				Ashvina*Aipasi	

5 Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Frederick, MD Sun 19 Sutra 186	
Vrischika Rasi: 27.29	Tithi 5 – 6	Gulika 9:08AM – 10:31AM	Jyeshtha* Until 10:20AM	Ganesha: Red <i>Sunrise:</i> 6:23AM	Sobhana 5125
		Yama 6:23AM – 7:45AM	Sobhana Until 6:34PM	Muruga: White <i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 - 19
671726574		Rahu 1:16PM – 2:39PM	Kaulava Until 1:29AM Fri	Nataraja: Clear	3rd Phase
Routine Work	Prabalarishta Yoga		Panchami Until 1:58PM	Moon – Orange	Sivaloka Day
Until 10:20AM				Ashvina*Aipasi	
Then Creative Work - Siddha Yoga					

6 Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 20 Sutra 187	
Dhanus Rasi: 10.59	Tithi 6 – 7	Gulika 7:46AM – 9:09AM	Mula* Until 10:07AM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	Sobhana 5125
		Yama 2:38PM – 4:01PM	Athiganda* Until 4:28PM	Muruga: White <i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 - 20
682726574		Rahu 10:31AM – 11:54AM	Gara Until 12:11AM Sat	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:52PM	Moon – Light Blue	Sivaloka Day
Until 10:07AM				Ashvina*Aipasi	
Then Routine Work - Prabalarishta Yoga					

Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 21 Sutra 188	
Dhanus Rasi: 24.43	Tithi 7 – 8	Gulika 6:25AM – 7:47AM	Purvashadha* Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM	Sobhana 5125
		Yama 1:16PM – 2:38PM	Sukarma Until 2:04PM	Muruga: White <i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 - 21
682726574		Rahu 9:09AM – 10:31AM	Visti Until 10:30PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:22AM	Moon – Light Blue	Sivaloka Day
Until 9:21AM		Durga Ashtami		Ashvina*Aipasi	
Then Routine Work - Marana Yoga					

Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 22 Sutra 189	
Makara Rasi: 8.41	Tithi 8 – 9	Gulika 2:37PM – 3:59PM	Uttarashadha Until 8:05AM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Sobhana 5125
		Yama 11:53AM – 1:15PM	Dhriti Until 11:22AM	Muruga: White <i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 - 22
682726574		Rahu 3:59PM – 5:21PM	Balava Until 8:27PM	Nataraja: Clear	Navami
Creative Work	Amrita Yoga		Ashtami* Until 9:30AM	Moon – Light Blue	Sivaloka Day
		Saraswathi Puja (Tamil Nadu)		Ashvina*Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 23 Sutra 190	
1	Makara Rasi: 22.52 Tithi 9 – 10	Gulika 1:15PM – 2:36PM Yama 10:31AM – 11:53AM Rahu 7:48AM – 9:10AM	Shravana Until 6:45AM Shula* Until 8:23AM Taitila Until 6:06PM Navami* Until 7:17AM	Ganesha: White <i>Sunrise:</i> 6:27AM Muruga: White <i>Sunset:</i> 5:19PM Nataraja: Clear Moon – Purple	Sobhana 5125 Moon 9 - Phase 27 - 23 4th Phase
Family Home Evening Creative Work Amrita Yoga Until 6:45AM Then Creative Work - Siddha Yoga		Vijaya Dasami		Devaloka Day Ashvina•Aipasi	


Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 191	
2	Kumbha Rasi: 7.15 Tithi 11	Gulika 11:53AM – 1:14PM Yama 9:10AM – 10:32AM Rahu 2:35PM – 3:57PM	Shatabhishak Until 2:55AM Wed Vriddhi Until 1:50AM Wed Vanija Until 3:30PM Ekadashi Until 2:07AM Wed	Ganesha: White <i>Sunrise:</i> 6:28AM Muruga: White <i>Sunset:</i> 5:17PM Nataraja: Clear Moon – Purple	Sobhana 5125 Moon 9 - Phase 27 - 24 4th Phase
Routine Work Marana Yoga Until 2:55AM Wed Then Creative Work - Amrita Yoga				Devaloka Day Ashvina•Aipasi	

Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Frederick, MD Sun 25 Sutra 192	
3	Kumbha Rasi: 21.46 Tithi 12	Gulika 10:32AM – 11:53AM Yama 7:50AM – 9:11AM Rahu 11:53AM – 1:14PM	Purvaproshtapada* Until 1:00AM Thu Dhruva Until 10:22PM Bava Until 12:44PM Dvadashi Until 11:19PM	Ganesha: Purple <i>Sunrise:</i> 6:29AM Muruga: White <i>Sunset:</i> 5:17PM Nataraja: Clear Moon – Clear	Sobhana 5125 Moon 9 - Phase 27 - 25 4th Phase
Creative Work Amrita Yoga Until 1:00AM Thu Then Creative Work - Siddha Yoga				Devaloka Day Ashvina•Aipasi	

Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 193	
4	Meena Rasi: 6.22 Tithi 13	Gulika 9:11AM – 10:32AM Yama 6:30AM – 7:51AM Rahu 1:13PM – 2:34PM	Uttaraproshtapada Until 10:57PM Vyaghata* Until 6:54PM Kaulava Until 9:55AM Trayodashi Until 8:31PM	Ganesha: Purple <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 5:15PM Nataraja: Clear Moon – Clear	Sobhana 5125 Moon 9 - Phase 27 - 26 4th Phase
Creative Work Siddha Yoga				Devaloka Day Ashvina•Aipasi	
<i>Pradosha Vrata</i>					

Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 27 Sutra 194	
5	Meena Rasi: 20.55 Tithi 14 – 15	Gulika 7:51AM – 9:12AM Yama 2:33PM – 3:54PM Rahu 10:32AM – 11:53AM	Revati Until 8:54PM Harshana Until 3:32PM Gara Until 7:10AM Chaturdashi* Until 5:50PM	Ganesha: Purple <i>Sunrise:</i> 6:31AM Muruga: White <i>Sunset:</i> 5:14PM Nataraja: Clear Moon – Clear	Sobhana 5125 Moon 9 - Phase 27 - 27 4th Phase
Creative Work Siddha Yoga Until 8:54PM Then Creative Work - Amrita Yoga				Devaloka Day Ashvina•Aipasi	

Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sutra 195	
	Mesha Rasi: 5.22 Tithi 15 – 16	Gulika 6:32AM – 7:52AM Yama 1:13PM – 2:33PM Rahu 9:12AM – 10:32AM	Ashvini Until 7:24PM Vajra* Until 12:21PM Balava Until 2:21AM Sun Purnima* Until 3:25PM	Ganesha: Clear <i>Sunrise:</i> 6:32AM Muruga: White <i>Sunset:</i> 5:13PM Nataraja: Clear Moon – White	Sobhana 5125 Moon 9 - Phase 27 - Purnima
Creative Work Siddha Yoga				Sivaloka Day Ashvina•Aipasi	

Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Frederick, MD Sutra 196	
	Mesha Rasi: 19.34 Tithi 16 – 17	Gulika 2:32PM – 3:52PM Yama 11:52AM – 1:12PM Rahu 3:52PM – 5:12PM	Bharani Until 6:10PM Siddhi Until 9:28AM Taitila Until 12:34AM Mon Prathama* Until 1:23PM	Ganesha: Clear <i>Sunrise:</i> 6:33AM Muruga: White <i>Sunset:</i> 5:12PM Nataraja: Clear Moon – White	Sobhana 5125 Moon 9 - Phase 27 - Prathama
Routine Work Prabalarishta Yoga Until 6:10PM Then Creative Work - Siddha Yoga				Sivaloka Day Ashvina•Aipasi	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Monday, October 30, 2023

Gold Retreat Star

Vrishabha Rasi: 3.28 Tithi 17 – 18

Family Home Evening

Routine Work Marana Yoga

Until 5:20PM

Then Creative Work - Amrita Yoga

Gulika

1:12PM – 2:31PM

Yama

10:33AM – 11:52AM

Rahu

7:54AM – 9:13AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Krittika/Rohini Nakshatra Vyatipata*Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 197

Krittika Until 5:20PM

Ganesha: White Sunrise: 6:34AM

Muruga: White Sunset: 5:10PM

Nataraja: Clear

Moon – White

Ashvina•Aipasi

Subha Sivaloka Day

Sobhana 5125

Moon 10 - Phase 28 - 1

1st Phase

Tuesday, October 31, 2023

1

Vrishabha Rasi: 17 Tithi 18 – 19

Creative Work Amrita Yoga

Until 5:26PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Sun 2 Sutra 198

Gulika

11:52AM – 1:12PM

Yama

9:14AM – 10:33AM

Rahu

2:31PM – 3:50PM

Rohini Until 5:26PM

Ganesha: Yellow Sunrise: 6:35AM

Muruga: White Sunset: 5:09PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sivaloka Day

Sobhana 5125

Moon 10 - Phase 28 - 2

1st Phase

Wednesday, November 1, 2023

2

Mithuna Rasi: 0.1 Tithi 19 – 20

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Mrigashira Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 199

Gulika

10:33AM – 11:52AM

Yama

7:55AM – 9:14AM

Rahu

11:52AM – 1:11PM

Mrigashira Until 6:06PM

Ganesha: Yellow Sunrise: 6:37AM

Muruga: White Sunset: 5:08PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sivaloka Day

Moon 10 - Phase 28 - 3

1st Phase

Thursday, November 2, 2023

3

Mithuna Rasi: 12.58 Tithi 20 – 21

Routine Work Marana Yoga

Until 7:18PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Frederick, MD

Sun 4 Sutra 200

Gulika

9:15AM – 10:34AM

Yama

6:38AM – 7:56AM

Rahu

1:11PM – 2:30PM

Ardra Until 7:18PM

Ganesha: White Sunrise: 6:38AM

Muruga: White Sunset: 5:07PM

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Devaloka Day

Moon 10 - Phase 28 - 4

1st Phase

Friday, November 3, 2023

4

Mithuna Rasi: 25.26 Tithi 21 – 22

Creative Work Siddha Yoga

Until 9:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 5 Sutra 201

Gulika

7:57AM – 9:16AM

Yama

2:29PM – 3:47PM

Rahu

10:34AM – 11:52AM

Punarvasu Until 9:28PM

Ganesha: Yellow Sunrise: 6:39AM

Muruga: White Sunset: 5:06PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Moon 10 - Phase 28 - 5

1st Phase

Saturday, November 4, 2023

5

Retreat Star

Kataka Rasi: 7.38 Tithi 22 – 23

Creative Work Siddha Yoga

Until 11:59PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 202

Gulika

6:40AM – 7:58AM

Yama

1:10PM – 2:29PM

Rahu

9:16AM – 10:34AM

Pushya Until 11:59PM

Ganesha: Yellow Sunrise: 6:40AM

Muruga: White Sunset: 5:05PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Moon 10 - Phase 28 - 6

Ashtami

Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 19.4 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:40AM Mon

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 7 Sutra 203

Gulika

2:28PM – 3:46PM

Yama

11:52AM – 1:10PM

Rahu

3:46PM – 5:04PM

Ashlesha* Until 2:40AM Mon

Ganesha: Yellow Sunrise: 6:41AM

Muruga: White Sunset: 5:04PM

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sivaloka Day

Moon 10 - Phase 28 - 7

Navami

1		Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau		Frederick, MD Sun 8 Sutra 204	
Simha Rasi: 1.33	Tithi 24	Gulika	1:10PM – 2:28PM	Magha* Until 5:50AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:42AM	Sobhana 5125
Family Home Evening	653826574	Yama	10:35AM – 11:52AM	Brahma Until 4:45AM Tue	Muruga: White	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 29 - 8
Routine Work	Marana Yoga	Rahu	8:00AM – 9:17AM	Taitila Until 6:04AM	Nataraja: Clear		2nd Phase
Until 5:50AM Tue				Navami* Until 7:19PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga					Ashvina•Aipasi		
2		Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD Sun 9 Sutra 205	
Simha Rasi: 13.25	Tithi 25	Gulika	11:52AM – 1:10PM	Purvaphalguni Until 8:45AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	Sobhana 5125
	753826574	Yama	9:18AM – 10:35AM	Indra Until 5:36AM Wed	Muruga: White	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 29 - 9
Creative Work	Siddha Yoga	Rahu	2:27PM – 3:44PM	Vanija Until 8:37AM	Nataraja: Clear		2nd Phase
Until 8:45AM Wed				Dashami Until 9:50PM	Moon – Red		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashvina•Aipasi		Tour Day
3		Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 10 Sutra 206	
Simha Rasi: 25.17	Tithi 26	Gulika	10:35AM – 11:53AM	Purvaphalguni Until 8:45AM	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Sobhana 5125
	753826574	Yama	8:01AM – 9:18AM	Vaidhriti* Until 6:13AM Thu	Muruga: White	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29 - 10
Creative Work	Amrita Yoga	Rahu	11:53AM – 1:10PM	Bava Until 11:03AM	Nataraja: Clear		2nd Phase
Until 11:13AM				Ekadashi* Until 12:09AM Thu	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		
4		Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Frederick, MD Sun 11 Sutra 207	
Kanya Rasi: 7.17	Tithi 27	Gulika	9:19AM – 10:36AM	Uttaraphalguni Until 11:13AM	Ganesha: Yellow	<i>Sunrise:</i> 6:45AM	Sobhana 5125
	753826574	Yama	6:45AM – 8:02AM	Vaidhriti* Until 6:13AM	Muruga: White	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29 - 11
Amrita Yoga		Rahu	1:09PM – 2:26PM	Kaulava Until 1:11PM	Nataraja: Clear		2nd Phase
Until 11:13AM				Dvadashi* Until 2:04AM Fri	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		
5		Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 12 Sutra 208	
Kanya Rasi: 19.26	Tithi 28	Gulika	8:03AM – 9:20AM	Hasta Until 1:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Sobhana 5125
	763826574	Yama	2:26PM – 3:42PM	Vishkambha* Until 6:32AM	Muruga: White	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29 - 12
Creative Work	Amrita Yoga	Rahu	10:36AM – 11:53AM	Gara Until 2:52PM	Nataraja: Clear		2nd Phase
Until 1:36PM				Trayodashi* Until 3:28AM Sat	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi		<i>Pradosha Vrata (Fasting)</i>	Ashvina•Aipasi		
6		Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 209	
Tula Rasi: 1.49	Tithi 29	Gulika	6:48AM – 8:04AM	Chitra Until 3:16PM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	Sobhana 5125
	763826574	Yama	1:09PM – 2:25PM	Priti Until 6:27AM	Muruga: White	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29 - 13
Routine Work	Marana Yoga	Rahu	9:20AM – 10:37AM	Visti Until 3:58PM	Nataraja: Clear		2nd Phase
Until 3:16PM				Chaturdashi* Until 4:16AM Sun	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day			Ashvina•Aipasi		
7		Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 14 Sutra 210	
Tula Rasi: 14.27	Tithi 30	Gulika	2:25PM – 3:41PM	Svati Until 4:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	Sobhana 5125
	763826574	Yama	11:53AM – 1:09PM	Saubhagya Until 4:52AM Mon	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29 - 14
Creative Work	Siddha Yoga	Rahu	3:41PM – 4:57PM	Catuspada Until 4:28PM	Nataraja: Clear		Amavasya
Until 4:12PM				Amavasya* Until 4:28AM Mon	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		
8		Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 15 Sutra 211	
Tula Rasi: 27.23	Tithi 1	Gulika	1:09PM – 2:25PM	Vishakha Until 4:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	Sobhana 5125
Family Home Evening	773826574	Yama	10:37AM – 11:53AM	Sobhana Until 3:25AM Tue	Muruga: White	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 29 - 15
Routine Work	Marana Yoga	Rahu	8:06AM – 9:22AM	Kintughna Until 4:22PM	Nataraja: Clear		Prathama
Until 4:52PM				Prathama* Until 4:06AM Tue	Moon – Orange		Devaloka Day
Then Creative Work - Siddha Yoga		Skanda Shasthi Begins			Karttika•Aipasi		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD
Vrischika Rasi: 10.35	Tithi 2	Gulika 11:53AM – 1:09PM	Anuradha Until 4:52PM	Ganesha: Blue	Sunrise: 6:51AM	Sun 16 Sutra 212
		Yama 9:22AM – 10:38AM	Athiganda* Until 1:34AM Wed	Muruga: White	Sunset: 4:55PM	Sobhana 5125
		773826574 Rahu 2:24PM – 3:40PM	Balava Until 3:45PM	Nataraja: Clear		Moon 10 - Phase 30 - 16
Creative Work	Siddha Yoga		Dvitiya Until 3:15AM Wed	Moon – Orange		3rd Phase
Until 4:52PM				Karttika*Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

2		Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD
Vrischika Rasi: 24.04	Tithi 3	Gulika 10:38AM – 11:53AM	Jyeshtha* Until 4:18PM	Ganesha: Blue	Sunrise: 6:52AM	Sun 17 Sutra 213
		Yama 8:07AM – 9:23AM	Sukarma Until 11:24PM	Muruga: White	Sunset: 4:55PM	Sobhana 5125
		773826574 Rahu 11:53AM – 1:09PM	Taitila Until 2:42PM	Nataraja: Clear		Moon 10 - Phase 30 - 17
Creative Work	Siddha Yoga		Tritiya Until 2:01AM Thu	Moon – Orange		3rd Phase
Until 4:18PM				Karttika*Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

3		Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau		Frederick, MD
Dhanus Rasi: 7.44	Tithi 4	Gulika 9:23AM – 10:38AM	Mula* Until 3:41PM	Ganesha: Yellow	Sunrise: 6:53AM	Sun 18 Sutra 214
		Yama 6:53AM – 8:08AM	Dhriti Until 9:01PM	Muruga: White	Sunset: 4:54PM	Sobhana 5125
		784826574 Rahu 1:09PM – 2:24PM	Vanija Until 1:18PM	Nataraja: Clear		Moon 10 - Phase 30 - 18
Creative Work	Siddha Yoga		Chaturthi* Until 12:29AM Fri	Moon – Light Blue		3rd Phase
				Karttika*Kartikai		Sivaloka Day

4		Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD
Dhanus Rasi: 21.36	Tithi 5	Gulika 8:09AM – 9:24AM	Purvashadha* Until 2:42PM	Ganesha: Yellow	Sunrise: 6:54AM	Sun 19 Sutra 215
		Yama 2:23PM – 3:38PM	Shula* Until 6:25PM	Muruga: White	Sunset: 4:53PM	Sobhana 5125
		784826575 Rahu 10:39AM – 11:54AM	Bava Until 11:39AM	Nataraja: Purple		Moon 10 - Phase 30 - 19
Routine Work	Prabalarishta Yoga		Panchami Until 10:44PM	Moon – Light Blue		3rd Phase
Until 2:42PM				Karttika*Kartikai		Subha Sivaloka Day
Then Routine Work - Marana Yoga						


5		Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD
Makara Rasi: 5.35	Tithi 6	Gulika 6:56AM – 8:10AM	Uttarashadha Until 1:24PM	Ganesha: Yellow	Sunrise: 6:56AM	Sun 20 Sutra 216
		Yama 1:09PM – 2:23PM	Ganda* Until 3:43PM	Muruga: White	Sunset: 4:52PM	Sobhana 5125
		784826575 Rahu 9:25AM – 10:39AM	Kaulava Until 9:49AM	Nataraja: Purple		Moon 10 - Phase 30 - 20
Routine Work	Marana Yoga		Shashthi* Until 8:51PM	Moon – Light Blue		3rd Phase
Until 1:24PM		Skanda Shasthi		Karttika*Kartikai		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

6		Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD
Makara Rasi: 19.38	Tithi 7	Gulika 2:23PM – 3:37PM	Shravana Until 12:17PM	Ganesha: White	Sunrise: 6:57AM	Sun 21 Sutra 217
		Yama 11:54AM – 1:09PM	Vridhi Until 12:56PM	Muruga: White	Sunset: 4:52PM	Sobhana 5125
		794826575 Rahu 3:37PM – 4:52PM	Gara Until 7:53AM	Nataraja: Purple		Moon 10 - Phase 30 - 21
Creative Work	Amrita Yoga		Saptami Until 6:52PM	Moon – Purple		3rd Phase
Until 12:17PM				Karttika*Kartikai		Subha Subha Sivaloka Day
Then Routine Work - Marana Yoga						

Retreat Star		Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD
Kumbha Rasi: 3.45	Tithi 8 – 9	Gulika 1:09PM – 2:23PM	Dhanishtha Until 10:56AM	Ganesha: White	Sunrise: 6:58AM	Sun 22 Sutra 218
Family Home Evening		Yama 10:40AM – 11:54AM	Dhruva Until 10:05AM	Muruga: White	Sunset: 4:51PM	Sobhana 5125
		794826575 Rahu 8:12AM – 9:26AM	Balava Until 3:48AM Tue	Nataraja: Purple		Moon 10 - Phase 30 - 22
Creative Work	Siddha Yoga		Ashtami* Until 4:49PM	Moon – Purple		Ashtami
				Karttika*Kartikai		Subha Subha Sivaloka Day

Retreat Star		Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD
Kumbha Rasi: 17.53	Tithi 9 – 10	Gulika 11:55AM – 1:09PM	Shatabhishak Until 9:25AM	Ganesha: White	Sunrise: 6:59AM	Sun 23 Sutra 219
		Yama 9:27AM – 10:41AM	Vyaghata* Until 7:12AM	Muruga: White	Sunset: 4:51PM	Sobhana 5125
		794826575 Rahu 2:23PM – 3:37PM	Taitila Until 1:43AM Wed	Nataraja: Purple		Moon 10 - Phase 30 - 23
Routine Work	Marana Yoga		Navami* Until 2:44PM	Moon – Purple		Navami
				Karttika*Kartikai		Subha Subha Sivaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 24 Sutra 220
	Meena Rasi: 2.02 Tithi 10 – 11 714826575	Gulika 10:41AM – 11:55AM Yama 8:14AM – 9:27AM Rahu 11:55AM – 1:09PM	Purvaproshtapada* Until 8:11AM Vajra* Until 1:26AM Thu Vanija Until 11:39PM Dashami Until 12:40PM
	Creative Work Amrita Yoga Until 8:11AM Then Creative Work - Siddha Yoga	Ganesha: White Sunrise: 7:00AM Muruga: White Sunset: 4:50PM Nataraja: Purple Moon – Clear Subha Subha Sivaloka Day Karttika*Karttikai	Sobhana 5125 Moon 10 - Phase 31 - 24 4th Phase
2	Thursday, November 23, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 25 Sutra 221
	Meena Rasi: 16.1 Tithi 11 – 12 714826575	Gulika 9:28AM – 10:42AM Yama 7:01AM – 8:15AM Rahu 1:09PM – 2:22PM	Uttaraproshtapada Until 6:50AM Siddhi Until 10:37PM Bava Until 9:39PM Ekadashi Until 10:37AM
	Creative Work Siddha Yoga	Ganesha: White Sunrise: 7:01AM Muruga: White Sunset: 4:49PM Nataraja: Purple Moon – Clear Subha Subha Sivaloka Day Karttika*Karttikai	Sobhana 5125 Moon 10 - Phase 31 - 25 4th Phase
3	Friday, November 24, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 26 Sutra 222
	Mesha Rasi: 0.14 Tithi 12 – 13 724926575	Gulika 8:15AM – 9:29AM Yama 2:22PM – 3:36PM Rahu 10:42AM – 11:56AM	Ashvini Until 4:27AM Sat Vyatipata* Until 7:56PM Kaulava Until 7:48PM Dvadashi Until 8:41AM <i>Pradosha Vrata</i>
	Creative Work Amrita Yoga Until 4:27AM Sat Then Creative Work - Siddha Yoga	Ganesha: Purple Sunrise: 7:02AM Muruga: White Sunset: 4:49PM Nataraja: Purple Moon – White Sivaloka Day Karttika*Karttikai	Sobhana 5125 Moon 10 - Phase 31 - 26 4th Phase
4	Saturday, November 25, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyani/Parigha* Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 27 Sutra 223
	Mesha Rasi: 14.13 Tithi 13 – 14 724926575	Gulika 7:03AM – 8:16AM Yama 1:09PM – 2:22PM Rahu 9:29AM – 10:43AM	Bharani Until 3:35AM Sun Variyan Until 5:22PM Gara Until 6:09PM Trayodashi Until 6:55AM
	Creative Work Siddha Yoga	Ganesha: Purple Sunrise: 7:03AM Muruga: White Sunset: 4:48PM Nataraja: Purple Moon – White Sivaloka Day Karttika*Karttikai	Sobhana 5125 Moon 10 - Phase 31 - 27 4th Phase
	Sunday, November 26, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau	Frederick, MD Sun 28 Sutra 224
	Mesha Rasi: 28.02 Tithi 15 724926575	Gulika 2:22PM – 3:35PM Yama 11:56AM – 1:09PM Rahu 3:35PM – 4:48PM	Krittika Until 2:55AM Mon Parigha* Until 3:05PM Visti Until 4:48PM Purnima* Until 4:16AM Mon
	Creative Work Siddha Yoga Until 2:55AM Mon Then Creative Work - Amrita Yoga	Ganesha: Purple Sunrise: 7:04AM Muruga: White Sunset: 4:48PM Nataraja: Purple Moon – White Sivaloka Day Karttika*Karttikai	Sobhana 5125 Moon 10 - Phase 31 - Purnima
5	Monday, November 27, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau	Frederick, MD Sun 29 Sutra 225
	Vrishabha Rasi: 11.38 Tithi 16 734926575	Gulika 1:09PM – 2:22PM Yama 10:44AM – 11:56AM Rahu 8:18AM – 9:31AM	Rohini Until 3:00AM Tue Shiva Until 1:07PM Balava Until 3:53PM Prathama* Until 3:35AM Tue
	Creative Work Amrita Yoga Until 3:00AM Tue Then Creative Work - Siddha Yoga	Ganesha: Clear Sunrise: 7:05AM Muruga: White Sunset: 4:48PM Nataraja: Purple Moon – Yellow Subha Sivaloka Day Karttika*Karttikai	Sobhana 5125 Moon 10 - Phase 31 - Prathama
	Silver Retreat Star Family Home Evening Then Creative Work - Siddha Yoga	Vinayaga Viratam Begins	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Vrishabha Rasi: 24.58 Tithi 17
Creative Work Siddha Yoga

734926575
Gulika 11:57AM - 1:09PM
Yama 9:32AM - 10:44AM
Rahu 2:22PM - 3:35PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Mrigashira Until 3:28AM Wed
Siddha Until 11:31AM
Taitila Until 3:28PM
Dvitiya Until 3:27AM Wed

Ganesha: Clear Sunrise: 7:06AM
Muruga: White Sunset: 4:47PM Moon 11 - Phase 32 - 1st Phase
Nataraja: Purple
Moon - Yellow
Subha Sivaloka Day
Karttika-Karttikai

1 Wednesday, November 29, 2023

Mithuna Rasi: 8.01 Tithi 18
Creative Work Siddha Yoga
Until 4:21AM Thu
Then Creative Work - Amrita Yoga

735926575
Gulika 10:45AM - 11:57AM
Yama 8:20AM - 9:32AM
Rahu 11:57AM - 1:10PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Ardra Until 4:21AM Thu
Sadhya Until 10:23AM
Vanija Until 3:38PM
Tritiya Until 3:56AM Thu

Frederick, MD Sutra 227
Sun 1
Sobhana 5125
Moon 11 - Phase 32 - 1st Phase
Ganesha: Purple Sunrise: 7:07AM
Muruga: White Sunset: 4:47PM
Nataraja: Purple
Moon - Yellow
Subha Subha Sivaloka Day
Karttika-Karttikai

2 Thursday, November 30, 2023

Mithuna Rasi: 20.46 Tithi 19
Creative Work Amrita Yoga
Until 6:10AM Fri
Then Routine Work - Marana Yoga

745926575
Gulika 9:33AM - 10:45AM
Yama 7:08AM - 8:21AM
Rahu 1:10PM - 2:22PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Punarvasu Until 6:10AM Fri
Subha Until 9:44AM
Bava Until 4:26PM
Chaturthi* Until 5:02AM Fri

Frederick, MD Sutra 228
Sun 2
Sobhana 5125
Moon 11 - Phase 32 - 2nd Phase
Ganesha: Clear Sunrise: 7:08AM
Muruga: White Sunset: 4:47PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

3 Friday, December 1, 2023

Kataka Rasi: 3.14 Tithi 20
Creative Work Siddha Yoga
Until 6:10AM
Then Routine Work - Marana Yoga

745926575
Gulika 8:21AM - 9:34AM
Yama 2:22PM - 3:34PM
Rahu 10:46AM - 11:58AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Punarvasu Until 6:10AM
Sukla Until 9:31AM
Kaulava Until 5:51PM
Panchami Until 6:44AM Sat

Frederick, MD Sutra 229
Sun 3
Sobhana 5125
Moon 11 - Phase 32 - 3rd Phase
Ganesha: Clear Sunrise: 7:09AM
Muruga: White Sunset: 4:46PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

4 Saturday, December 2, 2023

Kataka Rasi: 15.28 Tithi 20 - 21
Creative Work Siddha Yoga
Until 8:23AM
Then Routine Work - Marana Yoga

745926575
Gulika 7:10AM - 8:22AM
Yama 1:10PM - 2:22PM
Rahu 9:34AM - 10:46AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pushya Until 8:23AM
Brahma Until 9:46AM
Gara Until 7:48PM
Panchami Until 6:44AM

Frederick, MD Sutra 230
Sun 4
Sobhana 5125
Moon 11 - Phase 32 - 4th Phase
Ganesha: Clear Sunrise: 7:10AM
Muruga: White Sunset: 4:46PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

5 Sunday, December 3, 2023

Kataka Rasi: 27.29 Tithi 21 - 22
Creative Work Siddha Yoga
Until 10:53AM
Then Routine Work - Marana Yoga

745926575
Gulika 2:22PM - 3:34PM
Yama 11:59AM - 1:11PM
Rahu 3:34PM - 4:46PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Shastamyam Titau

Ashlesha* Until 10:53AM
Indra Until 10:23AM
Visti Until 10:11PM
Shashthi* Until 8:56AM

Frederick, MD Sutra 231
Sun 5
Sobhana 5125
Moon 11 - Phase 32 - 5th Phase
Ganesha: Clear Sunrise: 7:11AM
Muruga: White Sunset: 4:46PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Karttika-Karttikai

Retreat Star Monday, December 4, 2023

Simha Rasi: 9.22 Tithi 22 - 23
Family Home Evening
Routine Work Marana Yoga
Until 2:01PM
Then Creative Work - Siddha Yoga

755926575
Gulika 1:11PM - 2:23PM
Yama 10:47AM - 11:59AM
Rahu 8:24AM - 9:36AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Magha* Until 2:01PM
Vaidhriti* Until 11:12AM
Balava Until 12:47AM Tue
Saptami Until 11:27AM

Frederick, MD Sutra 232
Sun 6
Sobhana 5125
Moon 11 - Phase 32 - 6th Phase
Ganesha: White Sunrise: 7:12AM
Muruga: White Sunset: 4:46PM
Nataraja: Purple
Moon - Red
Subha Subha Sivaloka Day
Karttika-Karttikai

Retreat Star Tuesday, December 5, 2023

Simha Rasi: 21.12 Tithi 23 - 24
Creative Work Siddha Yoga
Until 5:03PM
Then Creative Work - Amrita Yoga

755936575
Gulika 11:59AM - 1:11PM
Yama 9:36AM - 10:48AM
Rahu 2:23PM - 3:34PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Purvaphalguni Until 5:03PM
Vishkambha* Until 12:06PM
Taitila Until 3:21AM Wed
Ashtami* Until 2:04PM

Frederick, MD Sutra 233
Sun 7
Sobhana 5125
Moon 11 - Phase 32 - 7th Phase
Ganesha: White Sunrise: 7:13AM
Muruga: Clear Sunset: 4:46PM
Nataraja: Purple
Moon - Red
Subha Sivaloka Day
Karttika-Karttikai

1		Wednesday, December 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 8 Sutra 234	
Kanya Rasi: 3.04	Tithi 24 – 25	Gulika 10:48AM – 12:00PM	Uttaraphalguni Until 7:44PM	Ganesha: White	Sunrise: 7:14AM	Sobhana 5125	
		Yama 8:26AM – 9:37AM	Priti Until 12:55PM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 8	
		755936575 Rahu 12:00PM – 1:11PM	Vanija Until 5:38AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Navami* Until 4:31PM	Moon – Red		Subha Sivaloka Day	
Until 7:44PM						Karttika*Karttikai	
Then Routine Work - Marana Yoga							
2		Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Dashamyam Titau		Frederick, MD Sun 9 Sutra 235	
Kanya Rasi: 15.03	Tithi 25	Gulika 9:38AM – 10:49AM	Hasta Until 10:21PM	Ganesha: Yellow	Sunrise: 7:15AM	Sobhana 5125	
		Yama 7:15AM – 8:26AM	Ayushman Until 1:26PM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 9	
		765936575 Rahu 1:12PM – 2:23PM	Visti Until 6:35PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 6:35PM	Moon – Green		Sivaloka Day	
Until 10:21PM						Karttika*Karttikai	
Then Creative Work - Siddha Yoga							
3		Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 10 Sutra 236	
Kanya Rasi: 27.14	Tithi 26	Gulika 8:27AM – 9:38AM	Chitra Until 12:12AM Sat	Ganesha: White	Sunrise: 7:16AM	Sobhana 5125	
		Yama 2:23PM – 3:35PM	Saubhagya Until 1:32PM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 10	
		766936575 Rahu 10:50AM – 12:01PM	Bava Until 7:25AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:02PM	Moon – Green		Devaloka Day	
						Karttika*Karttikai	
4		Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 11 Sutra 237	
Tula Rasi: 9.42	Tithi 27	Gulika 7:17AM – 8:28AM	Svati Until 1:11AM Sun	Ganesha: White	Sunrise: 7:17AM	Sobhana 5125	
		Yama 1:12PM – 2:24PM	Sobhana Until 1:06PM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 11	
		766936575 Rahu 9:39AM – 10:50AM	Kaulava Until 8:30AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:45PM	Moon – Green		Devaloka Day	
Until 1:11AM Sun						Karttika*Karttikai	
Then Routine Work - Marana Yoga							
5		Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 12 Sutra 238	
Tula Rasi: 22.31	Tithi 28	Gulika 2:24PM – 3:35PM	Vishakha Until 1:44AM Mon	Ganesha: Green	Sunrise: 7:18AM	Sobhana 5125	
		Yama 12:02PM – 1:13PM	Athiganda* Until 12:04PM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 12	
		776936575 Rahu 3:35PM – 4:46PM	Gara Until 8:50AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 8:42PM	Moon – Orange		Devaloka Day	
Until 1:44AM Mon						Karttika*Karttikai	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	
6		Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 239	
Vrischika Rasi: 5.41	Tithi 29	Gulika 1:13PM – 2:24PM	Anuradha Until 1:27AM Tue	Ganesha: Green	Sunrise: 7:18AM	Sobhana 5125	
Family Home Evening		Yama 10:51AM – 12:02PM	Sukarma Until 10:28AM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 13	
Creative Work	Siddha Yoga	776936575 Rahu 8:29AM – 9:40AM	Visti Until 8:25AM	Nataraja: Purple		2nd Phase	
Until 1:27AM Tue			Chaturdashi* Until 7:56PM	Moon – Orange		Devaloka Day	
Then Routine Work - Marana Yoga						Karttika*Karttikai	
						Tour Day	
Retreat Star		Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 14 Sutra 240	
Vrischika Rasi: 19.16	Tithi 30	Gulika 12:03PM – 1:14PM	Jyeshtha* Until 12:26AM Wed	Ganesha: Green	Sunrise: 7:19AM	Sobhana 5125	
		Yama 9:41AM – 10:52AM	Dhriti Until 8:21AM	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 14	
		776936575 Rahu 2:24PM – 3:35PM	Catuspada Until 7:19AM	Nataraja: Purple		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 6:32PM	Moon – Orange		Devaloka Day	
						Karttika*Karttikai	
Retreat Star		Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 15 Sutra 241	
Dhanus Rasi: 3.1	Tithi 1 – 2	Gulika 10:52AM – 12:03PM	Mula* Until 11:15PM	Ganesha: White	Sunrise: 7:20AM	Sobhana 5125	
		Yama 8:31AM – 9:41AM	Ganda* Until 2:52AM Thu	Muruga: Clear	Sunset: 4:46PM	Moon 11 - Phase 33 - 15	
		786936575 Rahu 12:03PM – 1:14PM	Balava Until 3:35AM Thu	Nataraja: Purple		Prathama	
Routine Work	Marana Yoga		Prathama* Until 4:39PM	Moon – Light Blue		Devaloka Day	
Until 11:15PM						Margasira*Karttikai	
Then Creative Work - Amrita Yoga							

1 Thursday, December 14, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 242
 Dhanus Rasi: 17.19 Tithi 2 - 3 **Gulika 9:42AM - 10:53AM** **Purvashadha* Until 9:38PM** **Ganesha: White** Sunrise: 7:21AM Sobhana 5125
 Yama 7:21AM - 8:31AM Vriddhi Until 11:45PM **Muruga: White** Sunset: 4:47PM Moon 11 - Phase 34 - 16
 786937575 **Rahu 1:14PM - 2:25PM** Taitila Until 1:14AM Fri **Nataraja: Purple** 3rd Phase
 Creative Work Siddha Yoga **Moon - Light Blue** **Sivaloka Day**
 Until 9:38PM **Margasira*Karttikai**
 Then Routine Work - Marana Yoga

2 Friday, December 15, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
 Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 17 Sutra 243
 Makara Rasi: 1.4 Tithi 3 - 4 **Gulika 8:32AM - 9:43AM** **Uttarashadha Until 7:44PM** **Ganesha: Clear** Sunrise: 7:21AM Sobhana 5125
 Yama 2:25PM - 3:36PM Dhruva Until 8:30PM **Muruga: White** Sunset: 4:47PM Moon 11 - Phase 34 - 17
 787937575 **Rahu 10:53AM - 12:04PM** Vanija Until 10:45PM **Nataraja: Purple** 3rd Phase
 Routine Work Marana Yoga **Moon - Light Blue** **Subha Sivaloka Day**
Tritiya Until 11:59AM **Margasira*Karttikai**

3 Saturday, December 16, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
 Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 244
 Makara Rasi: 16.04 Tithi 4 - 5 **Gulika 7:22AM - 8:33AM** **Shravana Until 6:05PM** **Ganesha: Clear** Sunrise: 7:22AM Sobhana 5125
 Yama 1:15PM - 2:26PM Vyaghata* Until 5:15PM **Muruga: White** Sunset: 4:47PM Moon 11 - Phase 34 - 18
 897937575 **Rahu 9:43AM - 10:54AM** Bava Until 8:16PM **Nataraja: Purple** 3rd Phase
 Creative Work Siddha Yoga **Moon - Purple** **Subha Sivaloka Day**
Markali Pillaiyar **Chaturthi* Until 9:29AM** **Margasira*Markali**

4 Sunday, December 17, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau Sun 19 Sutra 245
 Kumbha Rasi: 0.28 Tithi 5 - 6 **Gulika 2:26PM - 3:37PM** **Dhanishtha Until 4:23PM** **Ganesha: Clear** Sunrise: 7:23AM Sobhana 5125
 Yama 12:05PM - 1:16PM Harshana Until 2:04PM **Muruga: White** Sunset: 4:48PM Moon 11 - Phase 34 - 19
 897937575 **Rahu 3:37PM - 4:48PM** Taitila Until 4:44AM Mon **Nataraja: Purple** 3rd Phase
 Routine Work Marana Yoga **Moon - Purple** **Subha Sivaloka Day**
 Until 4:23PM **Panchami Until 7:02AM** **Margasira*Markali**
 Then Creative Work - Siddha Yoga **Vinayaga Viratam Ends**

5 Monday, December 18, 2023 Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 246
 Kumbha Rasi: 14.45 Tithi 7 **Gulika 1:16PM - 2:27PM** **Shatabhishak Until 2:42PM** **Ganesha: Red** Sunrise: 7:23AM Sobhana 5125
 Yama 10:55AM - 12:06PM Vajra* Until 11:00AM **Muruga: White** Sunset: 4:48PM Moon 11 - Phase 34 - 20
 897137575 **Rahu 8:34AM - 9:44AM** Gara Until 3:40PM **Nataraja: Purple** 3rd Phase
 Creative Work Siddha Yoga **Moon - Purple** **Subha Sivaloka Day** **Tour Day**
 Until 2:42PM **Saptami Until 2:38AM Tue** **Margasira*Markali**
 Then Routine Work - Marana Yoga

Retreat Star **6 Tuesday, December 19, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 247
 Kumbha Rasi: 28.55 Tithi 8 **Gulika 12:06PM - 1:17PM** **Purvaproshtapada* Until 1:32PM** **Ganesha: Clear** Sunrise: 7:24AM Sobhana 5125
 Yama 9:45AM - 10:56AM Siddhi Until 8:07AM **Muruga: White** Sunset: 4:48PM Moon 11 - Phase 34 - 21
 817137575 **Rahu 2:27PM - 3:38PM** Visti Until 1:41PM **Nataraja: Purple** Ashtami
 Routine Work Marana Yoga **Moon - Clear** **Subha Sivaloka Day**
 Until 1:32PM **Ashtami* Until 12:46AM Wed** **Margasira*Markali**
 Then Creative Work - Amrita Yoga

Retreat Star **7 Wednesday, December 20, 2023** Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 248
 Meena Rasi: 12.54 Tithi 9 **Gulika 10:56AM - 12:07PM** **Uttaraproshtapada Until 12:29PM** **Ganesha: Clear** Sunrise: 7:24AM Sobhana 5125
 Yama 8:35AM - 9:46AM Variyan Until 2:58AM Thu **Muruga: White** Sunset: 4:49PM Moon 11 - Phase 34 - 22
 817137575 **Rahu 12:07PM - 1:17PM** Balava Until 11:57AM **Nataraja: Purple** Navami
 Creative Work Siddha Yoga **Moon - Clear** **Subha Sivaloka Day**
 Until 12:29PM **Navami* Until 11:10PM** **Margasira*Markali**
 Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Frederick, MD on 11/20/21

www.gurudeva.org/panchang

1 Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Panigha* Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 23 Sutra 249
Meena Rasi: 26.44	Tithi 10	Gulika 9:46AM – 10:57AM Yama 7:25AM – 8:35AM 817137575 Rahu 1:18PM – 2:28PM	Revati Until 11:32AM Parigha* Until 12:42AM Fri Taitila Until 10:29AM Dashami Until 9:50PM	Ganesha: Clear <i>Sunrise:</i> 7:25AM Muruga: White <i>Sunset:</i> 4:49PM Nataraja: Purple Moon – Clear Subha Sivaloka Day Margasira*Markali
Creative Work Siddha Yoga Until 11:32AM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati		
2 Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 250
Mesha Rasi: 10.25	Tithi 11	Gulika 8:36AM – 9:47AM Yama 2:29PM – 3:39PM 828137575 Rahu 10:57AM – 12:08PM	Ashvini Until 11:08AM Shiva Until 10:40PM Vanija Until 9:17AM Ekadashi Until 8:46PM	Ganesha: Clear <i>Sunrise:</i> 7:25AM Muruga: White <i>Sunset:</i> 4:50PM Nataraja: Purple Moon – White Subha Sivaloka Day Margasira*Markali
Creative Work Amrita Yoga Until 11:08AM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		
3 Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau		Frederick, MD Sun 25 Sutra 251
Mesha Rasi: 23.56	Tithi 12	Gulika 7:26AM – 8:36AM Yama 1:19PM – 2:29PM 828137575 Rahu 9:47AM – 10:58AM	Bharani Until 10:51AM Siddha Until 8:48PM Bava Until 8:21AM Dvodashi Until 7:58PM	Ganesha: Clear <i>Sunrise:</i> 7:26AM Muruga: White <i>Sunset:</i> 4:50PM Nataraja: Purple Moon – White Subha Sivaloka Day Margasira*Markali
Creative Work Siddha Yoga Until 10:51AM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati		
4 Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 252
Vrishabha Rasi: 7.19	Tithi 13	Gulika 2:30PM – 3:40PM Yama 12:09PM – 1:19PM 828137575 Rahu 3:40PM – 4:51PM	Krittika Until 10:42AM Sadhya Until 7:12PM Kaulava Until 7:42AM Trayodashi Until 7:28PM	Ganesha: Clear <i>Sunrise:</i> 7:26AM Muruga: White <i>Sunset:</i> 4:51PM Nataraja: Purple Moon – White Subha Sivaloka Day Margasira*Markali
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		
<i>Pradosha Vrata</i>				
5 Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 253
Vrishabha Rasi: 20.3	Tithi 14	Gulika 1:20PM – 2:30PM Yama 10:59AM – 12:09PM 838137575 Rahu 8:37AM – 9:48AM	Rohini Until 11:10AM Subha Until 5:53PM Gara Until 7:22AM Chaturdashi* Until 7:19PM	Ganesha: White <i>Sunrise:</i> 7:27AM Muruga: White <i>Sunset:</i> 4:51PM Nataraja: Purple Moon – Yellow Sivaloka Day Margasira*Markali
Family Home Evening Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		
6 Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Frederick, MD Sun 28 Sutra 254
Mithuna Rasi: 3.31	Tithi 15	Gulika 12:10PM – 1:20PM Yama 9:48AM – 10:59AM 838137576 Rahu 2:31PM – 3:41PM	Mrigashira Until 11:52AM Sukla Until 4:51PM Visti Until 7:25AM Purnima* Until 7:35PM	Ganesha: White <i>Sunrise:</i> 7:27AM Muruga: White <i>Sunset:</i> 4:52PM Nataraja: Clear Moon – Yellow Devaloka Day Margasira*Markali
Creative Work Siddha Yoga Until 11:52AM Then Routine Work - Marana Yoga		Day 6 of Pancha Ganapati		
7 Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sun 29 Sutra 255
Mithuna Rasi: 16.19	Tithi 16	Gulika 10:59AM – 12:10PM Yama 8:38AM – 9:49AM 838137576 Rahu 12:10PM – 1:21PM	Ardra Until 12:49PM Brahma Until 4:10PM Balava Until 7:54AM Prathama* Until 8:18PM	Ganesha: White <i>Sunrise:</i> 7:28AM Muruga: White <i>Sunset:</i> 4:53PM Nataraja: Clear Moon – Yellow Devaloka Day Margasira*Markali
Creative Work Siddha Yoga		Day 7 of Pancha Ganapati		
Ardra Darshanam				

Thursday, December 28, 2023
Gold Retreat Star

Mithuna Rasi: 28.53 Tithi 17
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 9:49AM – 11:00AM
 Yama 7:28AM – 8:39AM
 Rahu 1:21PM – 2:32PM
Punarvasu Until 2:34PM
 Indra Until 3:52PM
 Taitila Until 8:51AM
Dvitiya Until 9:30PM
Ganesha: Blue Sunrise: 7:28AM
Muruga: White Sunset: 4:53PM
Nataraja: Clear
 Moon – Blue
Subha Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 1 Sutra 256
 Sobhana 5125
 Moon 12 - Phase 36 - 1
 1st Phase

1 Friday, December 29, 2023

Kataka Rasi: 11.15 Tithi 18
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 8:39AM – 9:50AM
 Yama 2:33PM – 3:43PM
 Rahu 11:00AM – 12:11PM
Pushya Until 4:38PM
 Vaidhriti* Until 3:56PM
 Vanija Until 10:19AM
Tritiya Until 11:13PM
Ganesha: Blue Sunrise: 7:28AM
Muruga: White Sunset: 4:54PM
Nataraja: Clear
 Moon – Blue
Subha Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 2 Sutra 257
 Sobhana 5125
 Moon 12 - Phase 36 - 2
 1st Phase

2 Saturday, December 30, 2023

Kataka Rasi: 23.24 Tithi 19
 Routine Work Marana Yoga
 Until 6:59PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Ashlesha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chatrthyam Titau
Gulika 7:28AM – 8:39AM
 Yama 1:22PM – 2:33PM
 Rahu 9:50AM – 11:01AM
Ashlesha* Until 6:59PM
 Vishkambha* Until 4:22PM
 Bava Until 12:17PM
Chatruthi* Until 1:24AM Sun
Ganesha: Blue Sunrise: 7:28AM
Muruga: White Sunset: 4:55PM
Nataraja: Clear
 Moon – Blue
Subha Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 3 Sutra 258
 Sobhana 5125
 Moon 12 - Phase 36 - 3
 1st Phase

3 Sunday, December 31, 2023

Simha Rasi: 5.23 Tithi 20
 Routine Work Marana Yoga
 Until 10:02PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 2:34PM – 3:45PM
 Yama 12:12PM – 1:23PM
 Rahu 3:45PM – 4:56PM
Magha* Until 10:02PM
 Priti Until 5:06PM
 Kaulava Until 2:39PM
Panchami Until 3:55AM Mon
Ganesha: Red Sunrise: 7:29AM
Muruga: White Sunset: 4:56PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 4 Sutra 259
 Sobhana 5125
 Moon 12 - Phase 36 - 4
 1st Phase

4 Monday, January 1, 2024

Simha Rasi: 17.15 Tithi 21
Family Home Evening
 Creative Work Siddha Yoga
 Until 1:07AM Tue
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:24PM – 2:35PM
 Yama 11:02AM – 12:13PM
 Rahu 8:40AM – 9:51AM
Purvaphalguni Until 1:07AM Tue
 Ayushman Until 6:00PM
 Gara Until 5:17PM
Shashthi* Until 6:37AM Tue
Ganesha: Red Sunrise: 7:29AM
Muruga: White Sunset: 4:57PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 5 Sutra 260
 Sobhana 5125
 Moon 12 - Phase 36 - 5
 1st Phase

5 Tuesday, January 2, 2024

Simha Rasi: 29.03 Tithi 21 – 22
 Creative Work Amrita Yoga
 Until 4:02AM Wed
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 12:14PM – 1:25PM
 Yama 9:51AM – 11:02AM
 Rahu 2:36PM – 3:47PM
Uttaraphalguni Until 4:02AM Wed
 Saubhagya Until 6:57PM
 Visti Until 7:59PM
Shashthi* Until 6:37AM
Ganesha: Red Sunrise: 7:29AM
Muruga: White Sunset: 4:58PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 6 Sutra 261
 Sobhana 5125
 Moon 12 - Phase 36 - 6
 1st Phase

Wednesday, January 3, 2024
Retreat Star

Kanya Rasi: 10.53 Tithi 22 – 23
 Routine Work Marana Yoga
 Until 7:01AM Thu
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 11:03AM – 12:14PM
 Yama 8:40AM – 9:51AM
 Rahu 12:14PM – 1:25PM
Hasta Until 7:01AM Thu
 Sobhana Until 7:47PM
 Balava Until 10:30PM
Saptami Until 9:16AM
Ganesha: Green Sunrise: 7:29AM
Muruga: White Sunset: 4:59PM
Nataraja: Clear
 Moon – Green
Subha Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 7 Sutra 262
 Sobhana 5125
 Moon 12 - Phase 36 - 7
 Ashtami

Thursday, January 4, 2024
Retreat Star

Kanya Rasi: 22.49 Tithi 23 – 24
 Routine Work Marana Yoga
 Until 7:01AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 9:52AM – 11:03AM
 Yama 7:29AM – 8:40AM
 Rahu 1:26PM – 2:37PM
Hasta Until 7:01AM
 Athiganda* Until 8:16PM
 Taitila Until 12:32AM Fri
Ashtami* Until 11:34AM
Ganesha: Green Sunrise: 7:29AM
Muruga: White Sunset: 5:00PM
Nataraja: Clear
 Moon – Green
Subha Sivaloka Day
Margasira*Markali

Frederick, MD
 Sun 8 Sutra 263
 Sobhana 5125
 Moon 12 - Phase 36 - 8
 Navami

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 9 Sutra 264	
Tula Rasi: 4.58	Tithi 24 – 25	Gulika 8:40AM – 9:52AM	Chitra Until 9:18AM	Ganesha: Orange <i>Sunrise:</i> 7:29AM	Sobhana 5125
		Yama 2:38PM – 3:49PM	Sukarma Until 8:16PM	Muruga: White <i>Sunset:</i> 5:01PM	Moon 12 - Phase 37 - 9
Creative Work	Siddha Yoga	861137576 Rahu 11:03AM – 12:15PM	Vanija Until 1:53AM Sat	Nataraja: Clear	2nd Phase
			Navami* Until 1:17PM	Moon – Green	Sivaloka Day
		Subramuniyaswami Jayanti		Margasira*Markali	

2 Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 10 Sutra 265	
Tula Rasi: 17.25	Tithi 25 – 26	Gulika 7:29AM – 8:41AM	Svati Until 10:44AM	Ganesha: Orange <i>Sunrise:</i> 7:29AM	Sobhana 5125
		Yama 1:27PM – 2:39PM	Dhriti Until 7:40PM	Muruga: White <i>Sunset:</i> 5:02PM	Moon 12 - Phase 37 - 10
Creative Work	Siddha Yoga	861137576 Rahu 9:52AM – 11:04AM	Bava Until 2:23AM Sun	Nataraja: Clear	2nd Phase
			Dashami Until 2:13PM	Moon – Green	Sivaloka Day
				Margasira*Markali	

3 Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 11 Sutra 266	
Vrischika Rasi: 0.14	Tithi 26 – 27	Gulika 2:39PM – 3:51PM	Vishakha Until 11:38AM	Ganesha: Light Blue <i>Sunrise:</i> 7:29AM	Sobhana 5125
		Yama 12:16PM – 1:27PM	Shula* Until 6:21PM	Muruga: White <i>Sunset:</i> 5:03PM	Moon 12 - Phase 37 - 11
Routine Work	Marana Yoga	871137576 Rahu 3:51PM – 5:03PM	Kaulava Until 2:01AM Mon	Nataraja: Clear	2nd Phase
			Ekadashi* Until 2:17PM	Moon – Orange	Devaloka Day
				Margasira*Markali	

4 Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 12 Sutra 267	
Vrischika Rasi: 13.31	Tithi 27 – 28	Gulika 1:28PM – 2:40PM	Anuradha Until 11:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:29AM	Sobhana 5125
Family Home Evening		Yama 11:04AM – 12:16PM	Ganda* Until 4:24PM	Muruga: White <i>Sunset:</i> 5:04PM	Moon 12 - Phase 37 - 12
Creative Work	Siddha Yoga	871137576 Rahu 8:41AM – 9:52AM	Gara Until 12:49AM Tue	Nataraja: Clear	2nd Phase
			Dvadashi* Until 1:30PM	Moon – Orange	Devaloka Day
				Margasira*Markali	
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 268	
Vrischika Rasi: 27.16	Tithi 28 – 29	Gulika 12:17PM – 1:29PM	Jyeshtha* Until 10:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:29AM	Sobhana 5125
		Yama 9:54AM – 11:05AM	Vridhhi Until 1:51PM	Muruga: White <i>Sunset:</i> 5:05PM	Moon 12 - Phase 37 - 13
Routine Work	Marana Yoga	871137576 Rahu 2:41PM – 3:53PM	Visti Until 10:53PM	Nataraja: Clear	2nd Phase
Until 10:32AM			Trayodashi* Until 11:55AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali	

Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 14 Sutra 269	
Retreat Star		Gulika 11:05AM – 12:17PM	Mula* Until 9:09AM	Ganesha: Purple <i>Sunrise:</i> 7:28AM	Sobhana 5125
Dhanus Rasi: 11.26	Tithi 29 – 30	Yama 8:41AM – 9:53AM	Dhruva Until 10:46AM	Muruga: White <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37 - 14
Routine Work	Marana Yoga	881137576 Rahu 12:17PM – 1:29PM	Catuspada Until 8:24PM	Nataraja: Clear	Amavasya
Until 9:09AM		Hanumath Jayanthi (Tamil Nadu)	Chaturdashi* Until 9:41AM	Moon – Light Blue	Devaloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali	

Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 15 Sutra 270	
Retreat Star		Gulika 9:53AM – 11:05AM	Purvashadha* Until 7:09AM	Ganesha: Purple <i>Sunrise:</i> 7:28AM	Sobhana 5125
Dhanus Rasi: 25.57	Tithi 30 – 1	Yama 7:28AM – 8:40AM	Vyaghata* Until 7:18AM	Muruga: White <i>Sunset:</i> 5:07PM	Moon 12 - Phase 37 - 15
Creative Work	Siddha Yoga	881137576 Rahu 1:30PM – 2:42PM	Bava Until 3:56AM Fri	Nataraja: Clear	Prathama
Until 7:09AM			Amavasya* Until 6:58AM	Moon – Light Blue	Devaloka Day
Then Routine Work - Marana Yoga				Pausha*Markali	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD Sun 16 Sutra 271	
Makara Rasi: 10.43	Tithi 2	Gulika 8:40AM – 9:53AM	Shravana Until 2:21AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:28AM	Sobhana 5125	
		Yama 2:43PM – 3:55PM	Vajra* Until 11:44PM	Muruga: White	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 38 - 16	
		891237576 Rahu 11:05AM – 12:18PM	Balava Until 2:21PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:44AM Sat	Moon – Purple		Devaloka Day	
Until 2:21AM Sat				Pausha*Markali			
Then Creative Work - Siddha Yoga							
2		Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 17 Sutra 272	
Makara Rasi: 25.35	Tithi 3	Gulika 7:28AM – 8:40AM	Dhanishtha Until 11:54PM	Ganesha: Purple	<i>Sunrise:</i> 7:28AM	Sobhana 5125	
		Yama 1:31PM – 2:43PM	Siddhi Until 7:54PM	Muruga: White	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 38 - 17	
		891237576 Rahu 9:53AM – 11:06AM	Taitila Until 11:09AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Purple		Devaloka Day	
Until 11:54PM				Pausha*Markali			
Then Creative Work - Amrita Yoga							
3		Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau		Frederick, MD Sun 18 Sutra 273	
Kumbha Rasi: 10.25	Tithi 4	Gulika 2:44PM – 3:57PM	Shatabhishak Until 9:30PM	Ganesha: Purple	<i>Sunrise:</i> 7:27AM	Sobhana 5125	
		Yama 12:19PM – 1:31PM	Vyatipata* Until 4:11PM	Muruga: White	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 38 - 18	
		891237576 Rahu 3:57PM – 5:10PM	Vanija Until 8:02AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:32PM	Moon – Purple		Devaloka Day	
		Thai Pongal		Pausha*Thai			
4		Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Frederick, MD Sun 19 Sutra 274	
Kumbha Rasi: 25.04	Tithi 5 – 6	Gulika 1:32PM – 2:45PM	Purvaproshtapada* Until 7:40PM	Ganesha: Green	<i>Sunrise:</i> 7:27AM	Sobhana 5125	
Family Home Evening		Yama 11:06AM – 12:19PM	Variyan Until 12:41PM	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 38 - 19	
Routine Work	Marana Yoga	811237576 Rahu 8:40AM – 9:53AM	Kaulava Until 2:36AM Tue	Nataraja: Clear		3rd Phase	
Until 7:40PM			Panchami Until 3:48PM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai			
5		Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 20 Sutra 275	
Meena Rasi: 9.29	Tithi 6 – 7	Gulika 12:19PM – 1:32PM	Uttaraproshtapada Until 6:07PM	Ganesha: White	<i>Sunrise:</i> 7:26AM	Sobhana 5125	
		Yama 9:53AM – 11:06AM	Parigha* Until 9:30AM	Muruga: White	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 38 - 20	
		812237576 Rahu 2:46PM – 3:59PM	Gara Until 12:29AM Wed	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 1:28PM	Moon – Clear		Devaloka Day	
Until 6:07PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
6		Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 21 Sutra 276	
		Gulika 11:06AM – 12:20PM	Revati Until 4:53PM	Ganesha: White	<i>Sunrise:</i> 7:26AM	Sobhana 5125	
Retreat Star		Yama 8:39AM – 9:53AM	Shiva Until 6:41AM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 38 - 21	
Meena Rasi: 23.37	Tithi 7 – 8	812237576 Rahu 12:20PM – 1:33PM	Visti Until 10:52PM	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 11:36AM	Moon – Clear		Devaloka Day	
				Pausha*Thai			
7		Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 22 Sutra 277	
		Gulika 9:53AM – 11:06AM	Ashvini Until 4:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	Sobhana 5125	
Retreat Star		Yama 7:26AM – 8:39AM	Sadhya Until 2:13AM Fri	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 38 - 22	
Mesha Rasi: 7.25	Tithi 8 – 9	822237576 Rahu 1:33PM – 2:47PM	Balava Until 9:45PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 10:14AM	Moon – White		Sivaloka Day	
Until 4:26PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

1 Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukra Paksha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 23 Sutra 278	
Mesha Rasi: 20.56	Tithi 9 – 10	Gulika 8:39AM – 9:53AM	Bharani Until 4:19PM	Ganesha: Yellow <i>Sunrise:</i> 7:25AM	Sobhana 5125
		Yama 2:48PM – 4:02PM	Subha Until 12:35AM Sat	Muruga: White <i>Sunset:</i> 5:15PM	Moon 12 - Phase 39 - 23
		822237576 Rahu 11:06AM – 12:20PM	Taitila Until 9:08PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:22AM	Moon – White	Sivaloka Day
				Pausha*Thai	

2 Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 24 Sutra 279	
Vrishabha Rasi: 4.11	Tithi 10 – 11	Gulika 7:25AM – 8:39AM	Krittika Until 4:30PM	Ganesha: Yellow <i>Sunrise:</i> 7:25AM	Sobhana 5125
		Yama 1:34PM – 2:48PM	Sukla Until 11:17PM	Muruga: White <i>Sunset:</i> 5:16PM	Moon 12 - Phase 39 - 24
		822237576 Rahu 9:53AM – 11:06AM	Vanija Until 8:57PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga		Dashami Until 8:58AM	Moon – White	Sivaloka Day
				Pausha*Thai	

3 Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 25 Sutra 280	
Vrishabha Rasi: 17.12	Tithi 11 – 12	Gulika 2:49PM – 4:03PM	Rohini Until 5:24PM	Ganesha: Blue <i>Sunrise:</i> 7:24AM	Sobhana 5125
		Yama 12:21PM – 1:35PM	Brahma Until 10:17PM	Muruga: White <i>Sunset:</i> 5:18PM	Moon 12 - Phase 39 - 25
		832237576 Rahu 4:03PM – 5:18PM	Bava Until 9:11PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:00AM	Moon – Yellow	Devaloka Day
				Pausha*Thai	

4 Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 281	
Mithuna Rasi: 0.02	Tithi 12 – 13	Gulika 1:35PM – 2:50PM	Mrigashira Until 6:30PM	Ganesha: Blue <i>Sunrise:</i> 7:23AM	Sobhana 5125
Family Home Evening		Yama 11:07AM – 12:21PM	Indra Until 9:36PM	Muruga: White <i>Sunset:</i> 5:19PM	Moon 12 - Phase 39 - 26
Creative Work	Amrita Yoga	832237576 Rahu 8:38AM – 9:52AM	Kaulava Until 9:48PM	Nataraja: Clear	4th Phase
Until 6:30PM			Dvadashi Until 9:25AM	Moon – Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Pausha*Thai	
				Pradosha Vrata	

5 Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 282	
Mithuna Rasi: 12.42	Tithi 13 – 14	Gulika 12:21PM – 1:36PM	Ardra Until 7:48PM	Ganesha: Blue <i>Sunrise:</i> 7:23AM	Sobhana 5125
		Yama 9:52AM – 11:07AM	Vaidhriti* Until 9:10PM	Muruga: White <i>Sunset:</i> 5:20PM	Moon 12 - Phase 39 - 27
		832237576 Rahu 2:51PM – 4:05PM	Gara Until 10:46PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Trayodashi Until 10:13AM	Moon – Yellow	Devaloka Day
Until 7:48PM				Pausha*Thai	
Then Creative Work - Siddha Yoga					

Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sutra 283	
Copper Retreat Star		Gulika 11:07AM – 12:22PM	Punarvasu Until 9:47PM	Ganesha: Red <i>Sunrise:</i> 7:22AM	Sobhana 5125
Mithuna Rasi: 25.11	Tithi 14 – 15	Yama 8:37AM – 9:52AM	Vishkambha* Until 9:02PM	Muruga: White <i>Sunset:</i> 5:21PM	Moon 12 - Phase 39 - Purnima
		842237576 Rahu 12:22PM – 1:36PM	Visti Until 12:07AM Thu	Nataraja: Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:23AM	Moon – Blue	Sivaloka Day
				Pausha*Thai	

Thursday, January 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sutra 284	
Silver Retreat Star		Gulika 9:52AM – 11:07AM	Pushya Until 11:57PM	Ganesha: Blue <i>Sunrise:</i> 7:21AM	Sobhana 5125
Kataka Rasi: 7.32	Tithi 15 – 16	Yama 7:21AM – 8:36AM	Priti Until 9:11PM	Muruga: White <i>Sunset:</i> 5:22PM	Moon 12 - Phase 39 - Prathama
		942237576 Rahu 1:37PM – 2:52PM	Balava Until 1:50AM Fri	Nataraja: Clear	
Creative Work	Amrita Yoga		Purnima* Until 12:55PM	Moon – Blue	Devaloka Day
Until 11:57PM		Thai Pusam		Pausha*Thai	
Then Creative Work - Siddha Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Friday, January 26, 2024
Gold Retreat Star

Kataka Rasi: 19.43 Tithi 16 – 17

942237576

Routine Work Marana Yoga
 Until 2:19AM Sat
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Ashlesha* Nakshatra Ayushman Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau
Gulika 8:36AM – 9:51AM
 Yama 2:53PM – 4:08PM
Rahu 11:07AM – 12:22PM
Ashlesha* Until 2:19AM Sat
 Ayushman Until 9:35PM
 Tailila Until 3:56AM Sat
Prathama* Until 2:49PM

Ganesha: Blue *Sunrise:* 7:21AM
Muruga: White *Sunset:* 5:23PM
Nataraja: Clear
 Moon – Blue
Devaloka Day
 Pausha*Thai

Frederick, MD
 Sutra 285
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

1 Saturday, January 27, 2024

Simha Rasi: 1.45 Tithi 17 – 18

952237576

Creative Work Amrita Yoga
 Until 5:19AM Sun
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 7:20AM – 8:35AM
 Yama 1:38PM – 2:53PM
Rahu 9:51AM – 11:07AM
Magha* Until 5:19AM Sun
 Saubhagya Until 10:16PM
 Vanija Until 6:21AM Sun
Dvitiya Until 5:05PM

Ganesha: Red *Sunrise:* 7:20AM
Muruga: White *Sunset:* 5:25PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Frederick, MD
 Sun 1
 Sutra 286
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

2 Sunday, January 28, 2024

Simha Rasi: 13.4 Tithi 18

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 2:54PM – 4:10PM
 Yama 12:22PM – 1:38PM
Rahu 4:10PM – 5:26PM
Purvaphalguni Until 8:23AM Mon
 Sobhana Until 11:09PM
 Vanija Until 6:21AM
Tritiya Until 7:38PM

Ganesha: Red *Sunrise:* 7:19AM
Muruga: White *Sunset:* 5:26PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Frederick, MD
 Sun 2
 Sutra 287
 Sobhana 5125
 Moon 13 - Phase 40 - 2nd Phase

3 Monday, January 29, 2024

Simha Rasi: 25.29 Tithi 19

953237576

Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau
Gulika 1:39PM – 2:55PM
 Yama 11:06AM – 12:23PM
Rahu 8:34AM – 9:50AM
Purvaphalguni Until 8:23AM
 Athiganda* Until 12:08AM Tue
 Bava Until 9:00AM
Chaturthi* Until 10:22PM

Ganesha: Yellow *Sunrise:* 7:18AM
Muruga: White *Sunset:* 5:27PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Frederick, MD
 Sun 3
 Sutra 288
 Sobhana 5125
 Moon 13 - Phase 40 - 3rd Phase

4 Tuesday, January 30, 2024

Kanya Rasi: 7.16 Tithi 20

953237576

Creative Work Amrita Yoga
 Until 11:22AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraaphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 12:23PM – 1:39PM
 Yama 9:50AM – 11:06AM
Rahu 2:55PM – 4:12PM
Uttaraaphalguni Until 11:22AM
 Sukarma Until 1:07AM Wed
 Kaulava Until 11:45AM
Panchami Until 1:05AM Wed

Ganesha: Yellow *Sunrise:* 7:17AM
Muruga: White *Sunset:* 5:28PM
Nataraja: Clear
 Moon – Red
Sivaloka Day
 Pausha*Thai

Frederick, MD
 Sun 4
 Sutra 289
 Sobhana 5125
 Moon 13 - Phase 40 - 4th Phase

5 Wednesday, January 31, 2024

Kanya Rasi: 19.04 Tithi 21

963237576

Routine Work Marana Yoga
 Until 2:36PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 11:06AM – 12:23PM
 Yama 8:33AM – 9:50AM
Rahu 12:23PM – 1:39PM
Hasta Until 2:36PM
 Dhriti Until 1:56AM Thu
 Gara Until 2:24PM
Shashthi* Until 3:34AM Thu

Ganesha: White *Sunrise:* 7:16AM
Muruga: White *Sunset:* 5:29PM
Nataraja: Clear
 Moon – Green
Devaloka Day
 Pausha*Thai

Frederick, MD
 Sun 5
 Sutra 290
 Sobhana 5125
 Moon 13 - Phase 40 - 5th Phase

6 Thursday, February 1, 2024

Tula Rasi: 0.59 Tithi 22

963237576

Creative Work Siddha Yoga
 Until 5:19PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 9:50AM – 11:06AM
 Yama 7:16AM – 8:33AM
Rahu 1:39PM – 2:56PM
Chitra Until 5:19PM
 Shula* Until 2:24AM Fri
 Visti Until 4:41PM
Saptami Until 5:35AM Fri

Ganesha: White *Sunrise:* 7:16AM
Muruga: White *Sunset:* 5:29PM
Nataraja: Clear
 Moon – Green
Devaloka Day
 Pausha*Thai

Frederick, MD
 Sun 6
 Sutra 291
 Sobhana 5125
 Moon 13 - Phase 40 - 6th Phase

Friday, February 2, 2024
Retreat Star

Tula Rasi: 13.05 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati Nakshatra Ganda* Yoga Balava Karana Ashtamyam Titau
Gulika 8:32AM – 9:49AM
 Yama 2:57PM – 4:14PM
Rahu 11:06AM – 12:23PM
Svati Until 7:19PM
 Ganda* Until 2:22AM Sat
 Balava Until 6:22PM
Ashtami* Until 6:55AM Sat

Ganesha: White *Sunrise:* 7:16AM
Muruga: White *Sunset:* 5:30PM
Nataraja: Clear
 Moon – Green
Devaloka Day
 Pausha*Thai

Frederick, MD
 Sun 7
 Sutra 292
 Sobhana 5125
 Moon 13 - Phase 40 - 7th Phase

Saturday, February 3, 2024
Retreat Star

Tula Rasi: 25.28 Tithi 23 – 24

973237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 7:15AM – 8:32AM
 Yama 1:40PM – 2:57PM
Rahu 9:49AM – 11:06AM
Vishakha Until 8:52PM
 Vriddhi Until 1:43AM Sun
 Taitila Until 7:17PM
Ashtami* Until 6:55AM

Ganesha: Clear *Sunrise:* 7:15AM
Muruga: White *Sunset:* 5:32PM
Nataraja: Clear
 Moon – Orange
Sivaloka Day
 Pausha*Thai

Frederick, MD
 Sun 8
 Sutra 293
 Sobhana 5125
 Moon 13 - Phase 40 - 8th Phase

1	Sunday, February 4, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Frederick, MD Sun 9 Sutra 294
	Vrischika Rasi: 8.14 Tithi 24 – 25	Gulika 2:58PM – 4:15PM Anuradha Until 9:24PM	Ganesha: Clear Sunrise: 7:14AM Muruga: White Sunset: 5:33PM
	973237577	Rahu 4:15PM – 5:33PM	Nataraja: Orange Moon – Orange
	Routine Work Marana Yoga	Navami* Until 7:23AM	Sivaloka Day Pausha*Thai


2	Monday, February 5, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 10 Sutra 295
	Vrischika Rasi: 21.26 Tithi 25 – 26	Gulika 1:41PM – 2:59PM Jyeshtha* Until 8:55PM	Ganesha: Clear Sunrise: 7:13AM Muruga: White Sunset: 5:33PM
	973237577	Rahu 8:30AM – 9:48AM	Nataraja: Orange Moon – Orange
	Family Home Evening Creative Work Siddha Yoga	Dashami Until 6:56AM	Sivaloka Day Pausha*Thai

3	Tuesday, February 6, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau	Frederick, MD Sun 11 Sutra 296
	Dhanus Rasi: 5.09 Tithi 27	Gulika 12:23PM – 1:41PM Mula* Until 7:55PM	Ganesha: Light Blue Sunrise: 7:12AM Muruga: White Sunset: 5:35PM
	983337577	Rahu 2:59PM – 4:17PM	Nataraja: Orange Moon – Light Blue
	Creative Work Amrita Yoga Until 7:55PM Then Creative Work - Siddha Yoga	Dvadashi* Until 3:31AM Wed	Devaloka Day Pausha*Thai

4	Wednesday, February 7, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Frederick, MD Sun 12 Sutra 297
	Dhanus Rasi: 19.2 Tithi 28	Gulika 11:05AM – 12:23PM Purvashadha* Until 6:04PM	Ganesha: Light Blue Sunrise: 7:11AM Muruga: White Sunset: 5:36PM
	983337577	Rahu 12:23PM – 1:42PM	Nataraja: Orange Moon – Light Blue
	Creative Work Amrita Yoga	Trayodashi* Until 12:46AM Thu	Devaloka Day Pausha*Thai

Pradosha Vrata (Fasting)

5	Thursday, February 8, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Frederick, MD Sun 13 Sutra 298
	Makara Rasi: 3.58 Tithi 29	Gulika 9:47AM – 11:05AM Uttarashadha Until 3:34PM	Ganesha: Light Blue Sunrise: 7:10AM Muruga: White Sunset: 5:37PM
	983337577	Rahu 1:42PM – 3:00PM	Nataraja: Orange Moon – Light Blue
	Routine Work Marana Yoga Until 3:34PM Then Creative Work - Siddha Yoga	Chaturdashi* Until 9:32PM	Devaloka Day Pausha*Thai

	Friday, February 9, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Vanyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Frederick, MD Sun 14 Sutra 299
	Retreat Star	Gulika 8:27AM – 9:46AM Shravana Until 12:59PM	Ganesha: Purple Sunrise: 7:08AM Muruga: White Sunset: 5:39PM
	Makara Rasi: 18.56 Tithi 30	Rahu 11:05AM – 12:24PM	Nataraja: Orange Moon – Purple
	Routine Work Marana Yoga Until 12:59PM Then Creative Work - Siddha Yoga	Amavasya* Until 6:00PM	Devaloka Day Pausha*Thai

6	Saturday, February 10, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Frederick, MD Sun 15 Sutra 300
	Retreat Star	Gulika 7:07AM – 8:26AM Dhanishtha Until 10:05AM	Ganesha: Purple Sunrise: 7:07AM Muruga: White Sunset: 5:40PM
	Kumbha Rasi: 4.04 Tithi 1 – 2	Rahu 9:45AM – 11:04AM	Nataraja: Orange Moon – Purple
	Creative Work Siddha Yoga Until 10:05AM Then Creative Work - Amrita Yoga	Prathama* Until 2:21PM	Devaloka Day Magha*Thai

1 Sunday, February 11, 2024
 Kumbha Rasi: 19.14 Tithi 2 - 3
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Shatabhishak/Purvaprosnthpada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Gulika 3:02PM - 4:22PM
 Yama 12:24PM - 1:43PM
 Rahu 4:22PM - 5:41PM

Shatabhishak Until 7:04AM
 Shiva Until 8:03PM
 Taitila Until 9:00PM
Dvitiya Until 10:44AM

Ganesha: Purple Sunrise: 7:06AM
Muruga: White Sunset: 5:41PM
Nataraja: Orange
 Moon - Purple
Magha*Thai

Sun 16 Sutra 301
 Sobhana 5125
 Moon 13 - Phase 42 - 16
 3rd Phase
Devaloka Day

2 Monday, February 12, 2024
 Meena Rasi: 4.16 Tithi 3 - 4
 Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
 Uttaraprosnthpada Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau

Gulika 1:43PM - 3:03PM
 Yama 11:04AM - 12:24PM
 Rahu 8:25AM - 9:44AM

Uttaraprosnthpada Until 2:07AM Tue
 Siddha Until 4:08PM
 Visti Until 4:15AM Tue
Tritiya Until 7:19AM

Ganesha: Orange Sunrise: 7:05AM
Muruga: White Sunset: 5:42PM
Nataraja: Orange
 Moon - Clear
Magha*Thai

Sun 17 Sutra 302
 Sobhana 5125
 Moon 13 - Phase 42 - 17
 3rd Phase
Sivaloka Day

3 Tuesday, February 13, 2024
 Meena Rasi: 19.01 Tithi 5
 Creative Work Siddha Yoga
 Until 12:04AM Wed
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
 Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau

Gulika 12:24PM - 1:43PM
 Yama 9:44AM - 11:04AM
 Rahu 3:03PM - 4:23PM

Revati Until 12:04AM Wed
 Sadhya Until 12:34PM
 Bava Until 2:54PM
Panchami Until 1:40AM Wed

Ganesha: Orange Sunrise: 7:04AM
Muruga: White Sunset: 5:43PM
Nataraja: Orange
 Moon - Clear
Magha*Masi

Sun 18 Sutra 303
 Sobhana 5125
 Moon 13 - Phase 42 - 18
 3rd Phase
Sivaloka Day

4 Wednesday, February 14, 2024
 Mesha Rasi: 3.26 Tithi 6
 Routine Work Marana Yoga
 Until 10:53PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
 Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau

Gulika 11:03AM - 12:24PM
 Yama 8:23AM - 9:43AM
 Rahu 12:24PM - 1:44PM

Ashvini Until 10:53PM
 Subha Until 9:27AM
 Kaulava Until 12:37PM
Shashthi* Until 11:41PM

Ganesha: Green Sunrise: 7:03AM
Muruga: Clear Sunset: 5:44PM
Nataraja: Orange
 Moon - White
Magha*Masi

Sun 19 Sutra 304
 Sobhana 5125
 Moon 13 - Phase 42 - 19
 3rd Phase
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

5 Thursday, February 15, 2024
 Mesha Rasi: 17.26 Tithi 7
 Creative Work Siddha Yoga
 Until 10:13PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
 Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau

Gulika 9:42AM - 11:03AM
 Yama 7:01AM - 8:21AM
 Rahu 1:44PM - 3:04PM

Bharani Until 10:13PM
 Sukla Until 6:49AM
 Gara Until 10:58AM
Saptami Until 10:22PM

Ganesha: Green Sunrise: 7:01AM
Muruga: Clear Sunset: 5:45PM
Nataraja: Orange
 Moon - White
Magha*Masi

Sun 20 Sutra 305
 Sobhana 5125
 Moon 13 - Phase 42 - 20
 3rd Phase
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Friday, February 16, 2024
Retreat Star
 Vrishabha Rasi: 1.01 Tithi 8
 Creative Work Siddha Yoga
 Until 10:04PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
 Krittika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau

Gulika 8:21AM - 9:42AM
 Yama 3:05PM - 4:26PM
 Rahu 11:03AM - 12:23PM

Krittika Until 10:04PM
 Indra Until 3:11AM Sat
 Visti Until 9:59AM
Ashtami* Until 9:44PM

Ganesha: Green Sunrise: 7:00AM
Muruga: Clear Sunset: 5:47PM
Nataraja: Orange
 Moon - White
Magha*Masi

Sun 21 Sutra 306
 Sobhana 5125
 Moon 13 - Phase 42 - 21
 Ashtami
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Saturday, February 17, 2024
Retreat Star
 Vrishabha Rasi: 14.14 Tithi 9
 Creative Work Amrita Yoga
 Until 10:51PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
 Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau

Gulika 6:59AM - 8:20AM
 Yama 1:44PM - 3:06PM
 Rahu 9:41AM - 11:02AM

Rohini Until 10:51PM
 Vaidhriti* Until 2:06AM Sun
 Balava Until 9:41AM
Navami* Until 9:45PM

Ganesha: Red Sunrise: 6:59AM
Muruga: Clear Sunset: 5:48PM
Nataraja: Orange
 Moon - Yellow
Magha*Masi

Sun 22 Sutra 307
 Sobhana 5125
 Moon 13 - Phase 42 - 22
 Navami
Devaloka Day


1	Sunday, February 18, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Frederick, MD Sun 23 Sutra 308
	Vrishabha Rasi: 27.08 Tithi 10	Gulika 3:06PM – 4:27PM Yama 12:23PM – 1:45PM Rahu 4:27PM – 5:49PM	Mrigashira Until 12:03AM Mon Vishkambha* Until 1:30AM Mon Taitila Until 10:00AM Dashami Until 10:21PM
	934347577	Ganesh: Red <i>Sunrise: 6:58AM</i> Muruga: Clear <i>Sunset: 5:49PM</i> Nataraja: Orange Moon – Yellow	Sobhana 5125 Moon 13 - Phase 43 - 23 4th Phase
	Creative Work Siddha Yoga		Devaloka Day Magha*Masi

2	Monday, February 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Frederick, MD Sun 24 Sutra 309
	Mithuna Rasi: 9.46 Tithi 11	Gulika 1:45PM – 3:07PM Yama 11:01AM – 12:23PM Rahu 8:18AM – 9:40AM	Ardra Until 1:34AM Tue Priti Until 1:16AM Tue Vanija Until 10:52AM Ekadashi Until 11:28PM
	934347577	Ganesh: Red <i>Sunrise: 6:56AM</i> Muruga: Clear <i>Sunset: 5:50PM</i> Nataraja: Orange Moon – Yellow	Sobhana 5125 Moon 13 - Phase 43 - 24 4th Phase
	Creative Work Siddha Yoga		Devaloka Day Magha*Masi

3	Tuesday, February 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Frederick, MD Sun 25 Sutra 310
	Mithuna Rasi: 22.11 Tithi 12	Gulika 12:23PM – 1:45PM Yama 9:39AM – 11:01AM Rahu 3:07PM – 4:29PM	Punarvasu Until 3:48AM Wed Ayushman Until 1:20AM Wed Bava Until 12:12PM Dvadashi Until 1:00AM Wed
	944347577	Ganesh: Blue <i>Sunrise: 6:55AM</i> Muruga: Clear <i>Sunset: 5:51PM</i> Nataraja: Orange Moon – Blue	Sobhana 5125 Moon 13 - Phase 43 - 25 4th Phase
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM Magha*Masi

4	Wednesday, February 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Frederick, MD Sun 26 Sutra 311
	Kataka Rasi: 4.26 Tithi 13	Gulika 11:01AM – 12:23PM Yama 8:16AM – 9:38AM Rahu 12:23PM – 1:45PM	Pushya Until 6:12AM Thu Saubhagya Until 1:41AM Thu Kaulava Until 1:55PM Trayodashi Until 2:53AM Thu
	944347577	Ganesh: Blue <i>Sunrise: 6:54AM</i> Muruga: Clear <i>Sunset: 5:52PM</i> Nataraja: Orange Moon – Blue	Sobhana 5125 Moon 13 - Phase 43 - 26 4th Phase
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM Magha*Masi <i>Pradosha Vrata</i>

5	Thursday, February 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Frederick, MD Sun 27 Sutra 312
	Kataka Rasi: 16.33 Tithi 14	Gulika 9:38AM – 11:00AM Yama 6:52AM – 8:15AM Rahu 1:45PM – 3:08PM	Pushya Until 6:12AM Sobhana Until 2:16AM Fri Gara Until 3:57PM Chaturdashi* Until 5:03AM Fri
	944347577	Ganesh: Blue <i>Sunrise: 6:52AM</i> Muruga: Clear <i>Sunset: 5:53PM</i> Nataraja: Orange Moon – Blue	Sobhana 5125 Moon 13 - Phase 43 - 27 4th Phase
	Creative Work Amrita Yoga Until 6:12AM Then Creative Work - Siddha Yoga	Chidambaram Abhishekam	Bhuloka Day Devaloka Time: 3:PM to 6:PM Magha*Masi

	Friday, February 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti* Karana Purnimayam Titau	Frederick, MD Sutra 313
	Kataka Rasi: 28.33 Tithi 15	Gulika 8:14AM – 9:37AM Yama 3:09PM – 4:32PM Rahu 11:00AM – 12:23PM	Ashlesha* Until 8:43AM Athiganda* Until 3:00AM Sat Visti Until 6:15PM Purnima* Until 7:28AM Sat
	944347577	Ganesh: Blue <i>Sunrise: 6:51AM</i> Muruga: Clear <i>Sunset: 5:54PM</i> Nataraja: Orange Moon – Blue	Sobhana 5125 Moon 13 - Phase 43 - Purnima
	Routine Work Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM Magha*Masi

Saturday, February 24, 2024	Silver Retreat Star	Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Frederick, MD Sutra 314
	Simha Rasi: 10.28 Tithi 15 – 16	Gulika 6:50AM – 8:13AM Yama 1:46PM – 3:09PM Rahu 9:36AM – 10:59AM	Magha* Until 11:47AM Sukarma Until 3:54AM Sun Balava Until 8:46PM Purnima* Until 7:28AM
	954347577	Ganesh: Yellow <i>Sunrise: 6:50AM</i> Muruga: Clear <i>Sunset: 5:56PM</i> Nataraja: Orange Moon – Red	Sobhana 5125 Moon 13 - Phase 43 - Prathama
	Creative Work Amrita Yoga Until 11:47AM Then Creative Work - Siddha Yoga		Devaloka Day Magha*Masi

**Sunday, February 25, 2024****Gold Retreat Star**

Simha Rasi: 22.18 Tithi 16 – 17

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Creative Work Siddha Yoga

Until 2:50PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau**Gulika** 3:10PM – 4:33PM

Yama 12:22PM – 1:46PM

Rahu 4:33PM – 5:57PM

Purvaphalguni Until 2:50PM

Dhriti Until 4:53AM Mon

Taitila Until 11:25PM

Prathama* Until 10:04AM**Ganesha:** White

Sunrise: 6:48AM

Muruga: Clear

Sunset: 5:57PM

Nataraja: Orange

Moon – Red

Magha*Mas**Sivaloka Day**

Frederick, MD

Sutra 315

Sobhana 5125

Moon 1 - Phase 44 -

1st Phase

Monday, February 26, 2024

Kanya Rasi: 4.07 Tithi 17 – 18

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Family Home Evening

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau**Gulika** 1:46PM – 3:10PM

Yama 10:58AM – 12:22PM

Rahu 8:11AM – 9:35AM

Uttaraphalguni Until 5:47PM

Shula* Until 5:51AM Tue

Vanija Until 2:05AM Tue

Dvitiya Until 12:44PM**Ganesha:** White

Sunrise: 6:47AM

Muruga: Clear

Sunset: 5:58PM

Nataraja: Orange

Moon – Red

Magha*Mas**Sivaloka Day**

Frederick, MD

Sun 1 Sutra 316

Sobhana 5125

Moon 1 - Phase 44 - 1

1st Phase

Tuesday, February 27, 2024

Kanya Rasi: 15.55 Tithi 18 – 19

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Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhi Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau**Gulika** 12:22PM – 1:46PM

Yama 9:34AM – 10:58AM

Rahu 3:10PM – 4:35PM

Hasta Until 9:01PM

Ganda* Until 6:44AM Wed

Bava Until 4:40AM Wed

Tritiya Until 3:23PM**Ganesha:** Clear

Sunrise: 6:45AM

Muruga: Clear

Sunset: 5:59PM

Nataraja: Orange

Moon – Green

Magha*Mas**Devaloka Day**

Frederick, MD

Sun 2 Sutra 317

Sobhana 5125

Moon 1 - Phase 44 - 2

1st Phase

Wednesday, February 28, 2024

Kanya Rasi: 27.46 Tithi 19 – 20

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Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau**Gulika** 10:57AM – 12:22PM

Yama 8:08AM – 9:33AM

Rahu 12:22PM – 1:46PM

Chitra Until 11:52PM

Ganda* Until 6:44AM

Kaulava Until 6:57AM Thu

Chaturthi* Until 5:50PM**Ganesha:** Clear

Sunrise: 6:44AM

Muruga: Clear

Sunset: 6:00PM

Nataraja: Orange

Moon – Green

Magha*Mas**Devaloka Day**

Frederick, MD

Sun 3 Sutra 318

Sobhana 5125

Moon 1 - Phase 44 - 3

1st Phase

Thursday, February 29, 2024

Tula Rasi: 9.43 Tithi 20

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Creative Work Amrita Yoga

Until 2:11AM Fri

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau**Gulika** 9:32AM – 10:57AM

Yama 6:43AM – 8:07AM

Rahu 1:47PM – 3:11PM

Svati Until 2:11AM Fri

Vridhi Until 7:26AM

Kaulava Until 6:57AM

Panchami Until 7:56PM**Ganesha:** Clear

Sunrise: 6:43AM

Muruga: Clear

Sunset: 6:01PM

Nataraja: Orange

Moon – Green

Magha*Mas**Devaloka Day**

Frederick, MD

Sun 4 Sutra 319

Sobhana 5125

Moon 1 - Phase 44 - 4

1st Phase

Friday, March 1, 2024

Tula Rasi: 21.51 Tithi 21

975347577

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau**Gulika** 8:05AM – 9:30AM

Yama 3:12PM – 4:38PM

Rahu 10:56AM – 12:21PM

Vishakha Until 4:15AM Sat

Dhruva Until 7:45AM

Gara Until 8:48AM

Shashthi* Until 9:29PM**Ganesha:** Purple

Sunrise: 6:40AM

Muruga: Clear

Sunset: 6:03PM

Nataraja: Orange

Moon – Orange

Magha*Mas**Sivaloka Day**

Frederick, MD

Sun 5 Sutra 320

Sobhana 5125

Moon 1 - Phase 44 - 5

1st Phase

Saturday, March 2, 2024

Vrischika Rasi: 4.14 Tithi 22

975447577

Creative Work Siddha Yoga

Until 5:28AM Sun

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau**Gulika** 6:38AM – 8:04AM

Yama 1:47PM – 3:13PM

Rahu 9:30AM – 10:55AM

Anuradha Until 5:28AM Sun

Vyaghata* Until 7:38AM

Visti Until 10:02AM

Saptami Until 10:21PM**Ganesha:** Clear

Sunrise: 6:38AM

Muruga: Clear

Sunset: 6:04PM

Nataraja: Orange

Moon – Orange

Magha*Mas**Devaloka Day**

Frederick, MD

Sun 6 Sutra 321

Sobhana 5125

Moon 1 - Phase 44 - 6

1st Phase

Sunday, March 3, 2024

Vrischika Rasi: 16.56 Tithi 23

975447577

Routine Work Marana Yoga

Until 5:45AM Mon

Then Creative Work - Siddha Yoga

Retreat StarSobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau**Gulika** 3:13PM – 4:39PM

Yama 12:21PM – 1:47PM

Rahu 4:39PM – 6:05PM

Jyeshtha* Until 5:45AM Mon

Harshana Until 6:57AM

Balava Until 10:30AM

Ashtami* Until 10:24PM**Ganesha:** Clear

Sunrise: 6:37AM

Muruga: Clear

Sunset: 6:05PM

Nataraja: Orange

Moon – Orange

Magha*Mas**Devaloka Day**

Frederick, MD

Sun 7 Sutra 322

Sobhana 5125

Moon 1 - Phase 44 - 7

Ashtami

Monday, March 4, 2024

Dhanus Rasi: 0.02 Tithi 24

185447577

Family Home Evening

Creative Work Siddha Yoga

Retreat StarSobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau**Gulika** 1:47PM – 3:13PM

Yama 10:54AM – 12:21PM

Rahu 8:01AM – 9:28AM

Mula* Until 5:30AM Tue

Siddhi Until 3:38AM Tue

Taitila Until 10:08AM

Navami* Until 9:37PM**Ganesha:** Green

Sunrise: 6:35AM

Muruga: Clear

Sunset: 6:06PM

Nataraja: Orange

Moon – Light Blue

Magha*Mas**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM


Frederick, MD

Sun 8 Sutra 323

Sobhana 5125

Moon 1 - Phase 44 - 8

Navami

1		Tuesday, March 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD Sun 9 Sutra 324	
Dhanus Rasi: 14	Tithi 25	Gulika Yama	12:20PM – 1:47PM 9:27AM – 10:54AM	Purvashadha* Until 4:21AM Wed Vyatipata* Until 1:02AM Wed Vanija Until 8:57AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 6:34AM Sunset: 6:07PM	Sobhana 5125 Moon 1 - Phase 45 - 9 2nd Phase
Creative Work Siddha Yoga Until 4:21AM Wed Then Creative Work - Amrita Yoga		186447577	Rahu 3:14PM – 4:41PM	Dashami Until 8:02PM	Magha*Masi	Devaloka Day	
2		Wednesday, March 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 10 Sutra 325	
Dhanus Rasi: 27.38	Tithi 26 – 27	Gulika Yama	10:53AM – 12:20PM 7:59AM – 9:26AM	Uttarashadha Until 2:22AM Thu Variyan Until 9:50PM Bava Until 6:59AM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 6:32AM Sunset: 6:08PM	Sobhana 5125 Moon 1 - Phase 45 - 10 2nd Phase
Creative Work Amrita Yoga Until 2:22AM Thu Then Creative Work - Siddha Yoga		186447577	Rahu 12:20PM – 1:47PM	Ekadashi* Until 5:43PM	Magha*Masi	Devaloka Day	
3		Thursday, March 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 326	
Makara Rasi: 12.07	Tithi 27 – 28	Gulika Yama	9:25AM – 10:53AM 6:31AM – 7:58AM	Shravana Until 12:08AM Fri Parigha* Until 6:12PM Gara Until 1:11AM Fri	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple	Sunrise: 6:31AM Sunset: 6:09PM	Sobhana 5125 Moon 1 - Phase 45 - 11 2nd Phase
Creative Work Siddha Yoga		196447577	Rahu 1:47PM – 3:15PM	Dvadashi* Until 2:48PM	Magha*Masi	Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			
4		Friday, March 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 327	
Makara Rasi: 26.59	Tithi 28 – 29	Gulika Yama	7:57AM – 9:24AM 3:15PM – 4:43PM	Dhanishtha Until 9:23PM Shiva Until 2:13PM Visti Until 9:40PM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple	Sunrise: 6:29AM Sunset: 6:10PM	Sobhana 5125 Moon 1 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga		196447577	Rahu 10:52AM – 12:20PM	Trayodashi* Until 11:27AM	Magha*Masi	Sivaloka Day	
		Saturday, March 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 13 Sutra 328	
Retreat Star		Gulika Yama	6:27AM – 7:55AM 1:47PM – 3:15PM	Shatabhishak Until 6:17PM Siddha Until 10:00AM Naga Until 4:01AM Sun	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple	Sunrise: 6:27AM Sunset: 6:11PM	Sobhana 5125 Moon 1 - Phase 45 - 13 Amavasya
Kumbha Rasi: 12.07 Tithi 29 – 30 Creative Work Amrita Yoga Until 6:17PM Then Routine Work - Marana Yoga		196447577	Rahu 9:23AM – 10:51AM	Chaturdashi* Until 7:48AM	Magha*Masi	Sivaloka Day	
Retreat Star		Sunday, March 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 329	
Kumbha Rasi: 27.2	Tithi 1	Gulika Yama	3:16PM – 4:44PM 12:19PM – 1:47PM	Purvaproshtapada* Until 3:25PM Subha Until 1:28AM Mon Kintughna Until 2:09PM	Ganesha: Orange Muruga: Clear Nataraja: Orange Moon – Clear	Sunrise: 6:26AM Sunset: 6:12PM	Sobhana 5125 Moon 1 - Phase 45 - 14 Prathama
Creative Work Siddha Yoga Until 3:25PM Then Creative Work - Amrita Yoga		116447577	Rahu 4:44PM – 6:12PM	Prathama* Until 12:17AM Mon	Phalgun*Masi	Devaloka Day	

1 Monday, March 11, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 330
 Meena Rasi: 12.32 Tithi 2 **Gulika 1:48PM – 3:16PM** **Uttaraproshtapada Until 12:33PM** **Ganesha: Orange** Sunrise: 6:24AM Sobhana 5125
Family Home Evening 116447577 **Yama 10:50AM – 12:19PM** Sukla Until 9:23PM **Muruga: Clear** Sunset: 6:13PM Moon 1 - Phase 46 - 15
Creative Work Siddha Yoga **Rahu 7:53AM – 9:22AM** Balava Until 10:30AM **Nataraja: Orange** 3rd Phase
Dvitiya Until 8:45PM Moon – Clear **Devaloka Day**
Phalguna*Masi

2 Tuesday, March 12, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Revati/Ashvini Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau Sun 16 Sutra 331
 Meena Rasi: 27.31 Tithi 3 – 4 **Gulika 12:19PM – 1:48PM** **Revati Until 9:52AM** **Ganesha: Green** Sunrise: 6:23AM Sobhana 5125
Creative Work Siddha Yoga 117447577 **Yama 9:21AM – 10:50AM** Brahma Until 5:37PM **Muruga: Clear** Sunset: 6:14PM Moon 1 - Phase 46 - 16
Rahu 3:17PM – 4:46PM Taitila Until 7:08AM **Nataraja: Orange** 3rd Phase
Tritiya Until 5:35PM Moon – Clear **Bhuloka Day**
Phalguna*Masi **Devaloka Time: 3:PM to 6:PM**

Subramuniyaswami Siva Vision Day

3 Wednesday, March 13, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 332
 Mesha Rasi: 12.11 Tithi 4 – 5 **Gulika 10:49AM – 12:18PM** **Ashvini Until 7:54AM** **Ganesha: White** Sunrise: 6:21AM Sobhana 5125
Routine Work Marana Yoga 127447577 **Yama 7:50AM – 9:20AM** Indra Until 2:17PM **Muruga: Clear** Sunset: 6:15PM Moon 1 - Phase 46 - 17
Until 7:54AM Bava Until 1:52AM Thu **Nataraja: Orange** 3rd Phase
Then Creative Work - Siddha Yoga **Chaturthi* Until 2:56PM** Moon – White **Bhuloka Day**
Phalguna*Masi **Devaloka Time: 3:PM to 6:PM**

4 Thursday, March 14, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau Sun 18 Sutra 333
 Mesha Rasi: 26.25 Tithi 5 – 6 **Gulika 9:19AM – 10:48AM** **Bharani Until 6:24AM** **Ganesha: White** Sunrise: 6:20AM Sobhana 5125
Creative Work Siddha Yoga 127447578 **Yama 6:20AM – 7:49AM** Vaidhriti* Until 11:27AM **Muruga: Clear** Sunset: 6:16PM Moon 1 - Phase 46 - 18
Until 6:24AM Kaulava Until 12:12AM Fri **Nataraja: Clear** 3rd Phase
Then Routine Work - Marana Yoga **Karadaiyan Nombu (Tamil Nadu)** **Panchami Until 12:55PM** Moon – White **Bhuloka Day**
Phalguna*Panguni **Devaloka Time: 3:PM to 6:PM**

5 Friday, March 15, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
 Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 334
 Vishabha Rasi: 10.13 Tithi 6 – 7 **Gulika 7:48AM – 9:18AM** **Rohini Until 5:33AM Sat** **Ganesha: Clear** Sunrise: 6:18AM Sobhana 5125
Routine Work Marana Yoga 137447578 **Yama 3:18PM – 4:48PM** Vishkambha* Until 9:12AM **Muruga: Clear** Sunset: 6:18PM Moon 1 - Phase 46 - 19
Until 5:33AM Sat Gara Until 11:18PM **Nataraja: Clear** 3rd Phase
Then Creative Work - Siddha Yoga **Shashthi* Until 11:38AM** Moon – Yellow **Devaloka Day**
Phalguna*Panguni

6 Saturday, March 16, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
 Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 335
 Vishabha Rasi: 23.34 Tithi 7 – 8 **Gulika 6:16AM – 7:47AM** **Mrigashira Until 6:15AM Sun** **Ganesha: Clear** Sunrise: 6:16AM Sobhana 5125
Creative Work Siddha Yoga 137447578 **Yama 1:48PM – 3:18PM** Priti Until 7:35AM **Muruga: Clear** Sunset: 6:19PM Moon 1 - Phase 46 - 20
Rahu 9:17AM – 10:47AM Visti Until 11:11PM **Nataraja: Clear** Ashtami
Saptami Until 11:07AM Moon – Yellow **Devaloka Day**
Phalguna*Panguni

7 Sunday, March 17, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 336
 Mithuna Rasi: 6.31 Tithi 8 – 9 **Gulika 3:18PM – 4:49PM** **Mrigashira Until 6:15AM** **Ganesha: Clear** Sunrise: 6:15AM Sobhana 5125
Creative Work Siddha Yoga 137447578 **Yama 12:17PM – 1:48PM** Ayushman Until 6:33AM **Muruga: Clear** Sunset: 6:20PM Moon 1 - Phase 46 - 21
Rahu 4:49PM – 6:20PM Balava Until 11:48PM **Nataraja: Clear** Navami
Ashtami* Until 11:23AM Moon – Yellow **Devaloka Day**
Phalguna*Panguni

1 Monday, March 18, 2024
 Mithuna Rasi: 19.08 Tithi 9 – 10
Family Home Evening 137447578
 Creative Work Siddha Yoga
 Until 7:30AM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Gulika 1:48PM – 3:19PM
Yama 10:46AM – 12:17PM
Rahu 7:44AM – 9:15AM

Ardra Until 7:30AM
 Saubhagya Until 6:05AM
 Taitila Until 1:04AM Tue
Navami* Until 12:20PM

Ganesha: Clear *Sunrise:* 6:13AM
Muruga: Clear *Sunset:* 6:20PM
Nataraja: Clear
 Moon – Yellow
Phalguna*Panguni

Sun 22 Sutra 337
 Sobhana 5125
 Moon 1 - Phase 47 - 22
 4th Phase
Devaloka Day

2 Tuesday, March 19, 2024
 Kataka Rasi: 1.28 Tithi 10 – 11
 148447578
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Gulika 12:17PM – 1:48PM
Yama 9:14AM – 10:45AM
Rahu 3:19PM – 4:50PM

Punarvasu Until 9:39AM
 Sobhana Until 6:06AM
 Vanija Until 2:51AM Wed
Dashami Until 1:53PM

Ganesha: Clear *Sunrise:* 6:12AM
Muruga: Clear *Sunset:* 6:21PM
Nataraja: Clear
 Moon – Blue
Phalguna*Panguni

Sun 23 Sutra 338
 Sobhana 5125
 Moon 1 - Phase 47 - 23
 4th Phase
Devaloka Day

3 Wednesday, March 20, 2024
 Kataka Rasi: 13.35 Tithi 11 – 12
 148447578
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Gulika 10:45AM – 12:16PM
Yama 7:42AM – 9:13AM
Rahu 12:16PM – 1:48PM

Pushya Until 12:07PM
 Athiganda* Until 6:28AM
 Bava Until 5:02AM Thu
Ekadashi Until 3:53PM

Ganesha: Clear *Sunrise:* 6:10AM
Muruga: Clear *Sunset:* 6:22PM
Nataraja: Clear
 Moon – Blue
Phalguna*Panguni

Sun 24 Sutra 339
 Sobhana 5125
 Moon 1 - Phase 47 - 24
 4th Phase
Devaloka Day

Yogaswami Mahasamadhi

4 Thursday, March 21, 2024
 Kataka Rasi: 25.34 Tithi 12
 148447578
 Creative Work Siddha Yoga
 Until 2:44PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Sukarma/Dhriti* Yoga Balava Karana Dvadashyam Titau

Gulika 9:12AM – 10:44AM
Yama 6:09AM – 7:40AM
Rahu 1:48PM – 3:20PM

Ashlesha* Until 2:44PM
 Sukarma Until 7:09AM
 Balava Until 6:13PM
Dvadashi Until 6:13PM

Ganesha: Clear *Sunrise:* 6:09AM
Muruga: Clear *Sunset:* 6:23PM
Nataraja: Clear
 Moon – Blue
Phalguna*Panguni

Sun 25 Sutra 340
 Sobhana 5125
 Moon 1 - Phase 47 - 25
 4th Phase
Devaloka Day

5 Friday, March 22, 2024
 Simha Rasi: 7.27 Tithi 13
 158447578
 Routine Work Marana Yoga
 Until 5:54PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Gulika 7:39AM – 9:11AM
Yama 3:20PM – 4:52PM
Rahu 10:44AM – 12:16PM

Magha* Until 5:54PM
 Dhriti Until 8:02AM
 Kaulava Until 7:30AM
Trayodashi Until 8:46PM

Ganesha: Purple *Sunrise:* 6:07AM
Muruga: Clear *Sunset:* 6:24PM
Nataraja: Clear
 Moon – Red
Phalguna*Panguni

Sun 26 Sutra 341
 Sobhana 5125
 Moon 1 - Phase 47 - 26
 4th Phase
Sivaloka Day

Pradosha Vrata

6 Saturday, March 23, 2024
 Simha Rasi: 19.16 Tithi 14
 158447578
 Creative Work Siddha Yoga
 Until 9:00PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
 Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau

Gulika 6:05AM – 7:38AM
Yama 1:48PM – 3:20PM
Rahu 9:10AM – 10:43AM

Purvaphalguni Until 9:00PM
 Shula* Until 9:00AM
 Gara Until 10:05AM
Chaturdashi* Until 11:23PM

Ganesha: Purple *Sunrise:* 6:05AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Clear
 Moon – Red
Phalguna*Panguni

Sun 27 Sutra 342
 Sobhana 5125
 Moon 1 - Phase 47 - 27
 4th Phase
Sivaloka Day

7 Sunday, March 24, 2024
Copper Retreat Star
 Kanya Rasi: 1.05 Tithi 15
 158447578
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Uttaraaphalguni Nakshatra Ganda*/Vridhdi* Yoga Visti*/Bava Karana Purnimayam Titau

Gulika 3:21PM – 4:54PM
Yama 12:15PM – 1:48PM
Rahu 4:54PM – 6:26PM

Uttaraaphalguni Until 11:55PM
 Ganda* Until 10:00AM
 Visti Until 12:43PM
Purnima* Until 1:59AM Mon

Ganesha: Purple *Sunrise:* 6:04AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
 Moon – Red
Phalguna*Panguni

Sun 28 Sutra 343
 Sobhana 5125
 Moon 1 - Phase 47 -
 Purnima
Sivaloka Day

Panguni Uttiram
Holi

8 Monday, March 25, 2024
Silver Retreat Star
 Kanya Rasi: 12.55 Tithi 16
Family Home Evening 169447578
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
 Hasta Nakshatra Vridhdi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau

Gulika 1:48PM – 3:21PM
Yama 10:42AM – 12:15PM
Rahu 7:35AM – 9:08AM

Hasta Until 3:02AM Tue
 Vridhdi Until 10:57AM
 Balava Until 3:15PM
Prathama* Until 4:26AM Tue

Ganesha: Purple *Sunrise:* 6:02AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Clear
 Moon – Green
Phalguna*Panguni

Sun 29 Sutra 344
 Sobhana 5125
 Moon 1 - Phase 47 -
 Prathama
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

o self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Frederick, MD on 11/20/21

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Tuesday, March 26, 2024
Gold Retreat Star

Kanya Rasi: 24.48 Tithi 17
169447578 Rahu

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:14PM – 1:48PM
Yama 9:08AM – 10:41AM
Rahu 3:21PM – 4:55PM

Chitra Until 5:45AM Wed
Dhruva Until 11:45AM
Taitila Until 5:35PM
Dvitiya Until 6:38AM Wed

Ganesha: Purple Sunrise: 6:01AM
Muruga: Clear Sunset: 6:28PM
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Frederick, MD
Sutra 345
Sobhana 5125
Moon 2 - Phase 48 - 1st Phase

1 **Wednesday, March 27, 2024**

Tula Rasi: 6.47 Tithi 17 – 18
169447578 Rahu

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:40AM – 12:14PM
Yama 7:33AM – 9:07AM
Rahu 12:14PM – 1:48PM

Svati Until 7:59AM Thu
Vyaghata* Until 12:22PM
Vanija Until 7:38PM
Dvitiya Until 6:38AM

Ganesha: Purple Sunrise: 5:59AM
Muruga: Clear Sunset: 6:29PM
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Frederick, MD
Sun 1 Sutra 346
Sobhana 5125
Moon 2 - Phase 48 - 1st Phase

2 **Thursday, March 28, 2024**

Tula Rasi: 18.54 Tithi 18 – 19
169547578 Rahu

Creative Work Amrita Yoga
Until 7:59AM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 9:06AM – 10:40AM
Yama 5:57AM – 7:32AM
Rahu 1:48PM – 3:22PM

Svati Until 7:59AM
Harshana Until 12:43PM
Bava Until 9:17PM
Tritiya Until 8:29AM

Ganesha: Clear Sunrise: 5:57AM
Muruga: Clear Sunset: 6:30PM
Nataraja: Clear
Moon – Green

Devaloka Day

Frederick, MD
Sun 2 Sutra 347
Sobhana 5125
Moon 2 - Phase 48 - 2 1st Phase

3 **Friday, March 29, 2024**

Vrischika Rasi: 1.11 Tithi 19 – 20
179547578 Rahu

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:30AM – 9:05AM
Yama 3:22PM – 4:57PM
Rahu 10:39AM – 12:14PM

Vishakha Until 10:07AM
Vajra* Until 12:42PM
Kaulava Until 10:27PM
Chaturthi* Until 9:54AM

Ganesha: White Sunrise: 5:56AM
Muruga: Clear Sunset: 6:31PM
Nataraja: Clear
Moon – Orange

Sivaloka Day

Frederick, MD
Sun 3 Sutra 348
Sobhana 5125
Moon 2 - Phase 48 - 3 1st Phase

4 **Saturday, March 30, 2024**

Vrischika Rasi: 13.42 Tithi 20 – 21
179547578 Rahu

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:54AM – 7:29AM
Yama 1:48PM – 3:23PM
Rahu 9:04AM – 10:39AM

Anuradha Until 11:36AM
Siddhi Until 12:17PM
Gara Until 11:03PM
Panchami Until 10:48AM

Ganesha: White Sunrise: 5:54AM
Muruga: Clear Sunset: 6:32PM
Nataraja: Clear
Moon – Orange

Sivaloka Day

Frederick, MD
Sun 4 Sutra 349
Sobhana 5125
Moon 2 - Phase 48 - 4 1st Phase

5 **Sunday, March 31, 2024**

Vrischika Rasi: 26.29 Tithi 21 – 22
179547578 Rahu

Routine Work Marana Yoga
Until 12:21PM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:23PM – 4:58PM
Yama 12:13PM – 1:48PM
Rahu 4:58PM – 6:33PM

Jyeshtha* Until 12:21PM
Vyatipata* Until 11:26AM
Visti Until 11:02PM
Shashthi* Until 11:06AM

Ganesha: White Sunrise: 5:53AM
Muruga: Clear Sunset: 6:33PM
Nataraja: Clear
Moon – Orange

Sivaloka Day

Frederick, MD
Sun 5 Sutra 350
Sobhana 5125
Moon 2 - Phase 48 - 5 1st Phase

Monday, April 1, 2024
Retreat Star

Dhanus Rasi: 9.34 Tithi 22 – 23
Family Home Evening
189547578 Rahu

Creative Work Siddha Yoga
Until 12:46PM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:48PM – 3:23PM
Yama 10:38AM – 12:13PM
Rahu 7:28AM – 9:03AM

Mula* Until 12:46PM
Variyan Until 10:02AM
Balava Until 10:21PM
Saptami Until 10:46AM

Ganesha: Yellow Sunrise: 5:53AM
Muruga: Clear Sunset: 6:33PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day

Frederick, MD
Sun 6 Sutra 351
Sobhana 5125
Moon 2 - Phase 48 - 6 Ashtami

Tuesday, April 2, 2024
Retreat Star

Dhanus Rasi: 23.01 Tithi 23 – 24
181547578 Rahu

Creative Work Siddha Yoga
Until 12:22PM
Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:13PM – 1:48PM
Yama 9:02AM – 10:37AM
Rahu 3:23PM – 4:59PM

Purvashadha* Until 12:22PM
Parigha* Until 8:07AM
Taitila Until 9:00PM
Ashtami* Until 9:44AM

Ganesha: Yellow Sunrise: 5:51AM
Muruga: Clear Sunset: 6:34PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day

Frederick, MD
Sun 7 Sutra 352
Sobhana 5125
Moon 2 - Phase 48 - 7 Navami


1	Wednesday, April 3, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD
	Makara Rasi: 6.52	Tithi 24 – 25	Gulika 10:37AM – 12:12PM	Uttarashadha Until 11:12AM	Ganesha: Yellow	Sunrise: 5:50AM	Sun 8 Sutra 353
			Yama 7:25AM – 9:01AM	Siddha Until 2:46AM Thu	Muruga: Clear	Sunset: 6:35PM	Sobhana 5125
			181547578 Rahu 12:12PM – 1:48PM	Vanija Until 7:01PM	Nataraja: Clear		Moon 2 - Phase 49 - 8
			Navami* Until 8:04AM	Moon – Light Blue		2nd Phase	
				Phalguna* Panguni		Devaloka Day	

2	Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD
	Makara Rasi: 21.05	Tithi 26	Gulika 9:00AM – 10:36AM	Shravana Until 9:43AM	Ganesha: Blue	Sunrise: 5:48AM	Sun 9 Sutra 354
			Yama 5:48AM – 7:24AM	Sadhya Until 11:25PM	Muruga: Clear	Sunset: 6:36PM	Sobhana 5125
			191547578 Rahu 1:48PM – 3:24PM	Bava Until 4:29PM	Nataraja: Clear		Moon 2 - Phase 49 - 9
			Ekadashi* Until 3:01AM Fri	Moon – Purple		2nd Phase	
				Phalguna* Panguni		Sivaloka Day	

3	Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvadashyam Titau				Frederick, MD
	Kumbha Rasi: 5.4	Tithi 27	Gulika 7:23AM – 8:59AM	Dhanishtha Until 7:37AM	Ganesha: Blue	Sunrise: 5:46AM	Sun 10 Sutra 355
			Yama 3:24PM – 5:01PM	Subha Until 7:44PM	Muruga: Clear	Sunset: 6:37PM	Sobhana 5125
			191547578 Rahu 10:35AM – 12:12PM	Kaulava Until 1:29PM	Nataraja: Clear		Moon 2 - Phase 49 - 10
			Dvadashi* Until 11:50PM	Moon – Purple		2nd Phase	
				Phalguna* Panguni		Sivaloka Day	

4	Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
	Kumbha Rasi: 20.31	Tithi 28	Gulika 5:45AM – 7:22AM	Purvaproshtapada* Until 2:27AM Sun	Ganesha: Red	Sunrise: 5:45AM	Sun 11 Sutra 356
			Yama 1:48PM – 3:25PM	Sukla Until 3:47PM	Muruga: Clear	Sunset: 6:38PM	Sobhana 5125
			111547578 Rahu 8:58AM – 10:35AM	Gara Until 10:09AM	Nataraja: Clear		Moon 2 - Phase 49 - 11
			Trayodashi* Until 8:24PM	Moon – Clear		2nd Phase	
				Phalguna* Panguni		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD
	Meena Rasi: 5.33	Tithi 29 – 30	Gulika 3:25PM – 5:02PM	Uttaraproshtapada Until 11:41PM	Ganesha: Red	Sunrise: 5:43AM	Sun 12 Sutra 357
			Yama 12:11PM – 1:48PM	Brahma Until 11:44AM	Muruga: Clear	Sunset: 6:39PM	Sobhana 5125
			111547578 Rahu 5:02PM – 6:39PM	Visti Until 6:38AM	Nataraja: Clear		Moon 2 - Phase 49 - 12
			Chaturdashi* Until 4:51PM	Moon – Clear		2nd Phase	
				Phalguna* Panguni		Devaloka Day	

	Monday, April 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
	Retreat Star		Gulika 1:48PM – 3:26PM	Revati Until 8:52PM	Ganesha: Red	Sunrise: 5:42AM	Sun 13 Sutra 358
	Meena Rasi: 20.37	Tithi 30 – 1	Yama 10:34AM – 12:11PM	Indra Until 7:42AM	Muruga: Clear	Sunset: 6:40PM	Sobhana 5125
	Family Home Evening		111547578 Rahu 7:19AM – 8:56AM	Kintughna Until 11:39PM	Nataraja: Clear		Moon 2 - Phase 49 - 13
			Amavasya* Until 1:20PM	Moon – Clear		Amavasya	
				Phalguna* Panguni		Devaloka Day	

6	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD
	Retreat Star		Gulika 12:11PM – 1:48PM	Ashvini Until 6:35PM	Ganesha: Yellow	Sunrise: 5:40AM	Sun 14 Sutra 359
	Mesha Rasi: 5.34	Tithi 1 – 2	Yama 8:55AM – 10:33AM	Vishkambha* Until 12:05AM Wed	Muruga: Clear	Sunset: 6:41PM	Sobhana 5125
			121547578 Rahu 3:26PM – 5:03PM	Balava Until 8:29PM	Nataraja: Clear		Moon 2 - Phase 49 - 14
			Prathama* Until 10:00AM	Moon – White		Prathama	
		Chellappaswami Mahasamadhi		Chaitra* Panguni		Devaloka Day	

1 Wednesday, April 10, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
 Bharani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360
 Mesha Rasi: 20.17 Tithi 2 – 3 **Gulika 10:33AM – 12:10PM** **Bharani Until 4:34PM** **Ganesha: Yellow** *Sunrise: 5:39AM* Sobhana 5125
 121547578 **Yama 7:17AM – 8:55AM** Priti Until 8:47PM **Muruga: Clear** *Sunset: 6:42PM* Moon 2 - Phase 50 - 15
Rahu 12:10PM – 1:48PM Gara Until 4:33AM Thu **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 7:02AM** **Chaitra•Panguni** **Devaloka Day**
 Until 4:34PM
 Then Creative Work - Amrita Yoga

2 Thursday, April 11, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthiyam Titau Sun 16 Sutra 361
 Vishabha Rasi: 4.38 Tithi 4 **Gulika 8:54AM – 10:32AM** **Krittika Until 2:58PM** **Ganesha: Yellow** *Sunrise: 5:37AM* Sobhana 5125
 121547578 **Yama 5:37AM – 7:15AM** Ayushman Until 5:57PM **Muruga: Clear** *Sunset: 6:43PM* Moon 2 - Phase 50 - 16
Rahu 1:48PM – 3:27PM Vanija Until 3:34PM **Nataraja: Clear** 3rd Phase
 Routine Work Marana Yoga **Chaturthi* Until 2:42AM Fri** **Chaitra•Panguni** **Devaloka Day**

3 Friday, April 12, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362
 Vishabha Rasi: 18.35 Tithi 5 **Gulika 7:14AM – 8:53AM** **Rohini Until 2:20PM** **Ganesha: Clear** *Sunrise: 5:36AM* Sobhana 5125
 132547578 **Yama 3:27PM – 5:05PM** Saubhagya Until 3:41PM **Muruga: Clear** *Sunset: 6:44PM* Moon 2 - Phase 50 - 17
Rahu 10:31AM – 12:10PM Bava Until 2:04PM **Nataraja: Clear** 3rd Phase
 Routine Work Marana Yoga **Panchami Until 1:35AM Sat** **Chaitra•Panguni** **Devaloka Day**
 Until 2:20PM
 Then Creative Work - Siddha Yoga

4 Saturday, April 13, 2024 Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363
 Mithuna Rasi: 2.05 Tithi 6 **Gulika 5:34AM – 7:13AM** **Mrigashira Until 2:19PM** **Ganesha: Clear** *Sunrise: 5:34AM* Sobhana 5125
 132547578 **Yama 1:48PM – 3:27PM** Sobhana Until 2:04PM **Muruga: Clear** *Sunset: 6:45PM* Moon 2 - Phase 50 - 18
Rahu 8:52AM – 10:31AM Kaulava Until 1:20PM **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Shashthi* Until 1:16AM Sun** **Chaitra•Chaitra** **Devaloka Day**

5 Sunday, April 14, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
 Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364
 Mithuna Rasi: 15.09 Tithi 7 **Gulika 3:28PM – 5:07PM** **Ardra Until 2:56PM** **Ganesha: White** *Sunrise: 5:33AM* Krodhin 5126
 232547578 **Yama 12:09PM – 1:49PM** Athiganda* Until 1:02PM **Muruga: Clear** *Sunset: 6:46PM* Moon 2 - Phase 50 - 19
Rahu 5:07PM – 6:46PM Gara Until 1:25PM **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Tamil New Year** **Saptami Until 1:44AM Mon** **Chaitra•Chaitra** **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

Monday, April 15, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
 Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1
Retreat Star **Gulika 1:49PM – 3:28PM** **Punarvasu Until 4:36PM** **Ganesha: Clear** *Sunrise: 5:31AM* Krodhin 5126
 Mithuna Rasi: 27.5 Tithi 8 **Yama 10:30AM – 12:09PM** Sukarma Until 12:38PM **Muruga: Clear** *Sunset: 6:47PM* Moon 2 - Phase 50 - 20
Family Home Evening 242547578 **Rahu 7:11AM – 8:50AM** Visti Until 2:16PM **Nataraja: Clear** Ashtami
 Creative Work Amrita Yoga **Ashtami* Until 2:56AM Tue** **Chaitra•Chaitra** **Devaloka Day**
 Until 4:36PM
 Then Creative Work - Siddha Yoga

Tuesday, April 16, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
 Pushya Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2
Retreat Star **Gulika 12:09PM – 1:49PM** **Pushya Until 6:45PM** **Ganesha: Clear** *Sunrise: 5:30AM* Krodhin 5126
 Kataka Rasi: 10.11 Tithi 9 **Yama 8:49AM – 10:29AM** Dhriti Until 12:46PM **Muruga: Clear** *Sunset: 6:48PM* Moon 2 - Phase 50 - 21
 242547578 **Rahu 3:28PM – 5:08PM** Balava Until 3:47PM **Nataraja: Clear** Navami
 Creative Work Siddha Yoga **Sri Rama Navami** **Navami* Until 4:45AM Wed** **Chaitra•Chaitra** **Devaloka Day**

1		Wednesday, April 17, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 22 Sutra 3	
Kataka Rasi: 22.18	Tithi 10	Gulika 10:29AM – 12:09PM	Ashlesha* Until 9:15PM	Ganesh: Clear	<i>Sunrise:</i> 5:28AM	Krodhin 5126	
		Yama 7:08AM – 8:49AM	Shula* Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 2 - Phase 1 - 22	
		242547578 Rahu 12:09PM – 1:49PM	Taitila Until 5:51PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:01AM Thu	Moon – Blue		Devaloka Day	
				Chaitra*Chaitra			
2		Thursday, April 18, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 23 Sutra 4	
Simha Rasi: 4.14	Tithi 10 – 11	Gulika 8:48AM – 10:28AM	Magha* Until 12:24AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:27AM	Krodhin 5126	
		Yama 5:27AM – 7:07AM	Ganda* Until 2:10PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 2 - Phase 1 - 23	
		252547578 Rahu 1:49PM – 3:29PM	Vanija Until 8:17PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 7:01AM	Moon – Red		Bhuloka Day	
Until 12:24AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
3		Friday, April 19, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 24 Sutra 5	
Simha Rasi: 16.05	Tithi 11 – 12	Gulika 7:06AM – 8:47AM	Purvaphalguni Until 3:31AM Sat	Ganesh: Purple	<i>Sunrise:</i> 5:26AM	Krodhin 5126	
		Yama 3:30PM – 5:10PM	Vridhhi Until 3:12PM	Muruga: Purple	<i>Sunset:</i> 6:51PM	Moon 2 - Phase 1 - 24	
		252557578 Rahu 10:28AM – 12:08PM	Bava Until 10:53PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:33AM	Moon – Red		Devaloka Day	
Until 3:31AM Sat				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							
4		Saturday, April 20, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 25 Sutra 6	
Simha Rasi: 27.53	Tithi 12 – 13	Gulika 5:24AM – 7:05AM	Uttaraphalguni Until 6:26AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:24AM	Krodhin 5126	
		Yama 1:49PM – 3:30PM	Dhruva Until 4:14PM	Muruga: Purple	<i>Sunset:</i> 6:52PM	Moon 2 - Phase 1 - 25	
		252557578 Rahu 8:46AM – 10:27AM	Kaulava Until 1:28AM Sun	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 12:10PM	Moon – Red		Devaloka Day	
Until 6:26AM Sun				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
				Pradosha Vrata			
5		Sunday, April 21, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 26 Sutra 7	
Kanya Rasi: 9.41	Tithi 13 – 14	Gulika 3:30PM – 5:12PM	Uttaraphalguni Until 6:26AM	Ganesh: Purple	<i>Sunrise:</i> 5:23AM	Krodhin 5126	
		Yama 12:08PM – 1:49PM	Vyaghata* Until 5:11PM	Muruga: Purple	<i>Sunset:</i> 6:53PM	Moon 2 - Phase 1 - 26	
		252557578 Rahu 5:12PM – 6:53PM	Gara Until 3:53AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 2:41PM	Moon – Red		Devaloka Day	
				Chaitra*Chaitra			
6		Monday, April 22, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 27 Sutra 8	
Kanya Rasi: 21.35	Tithi 14 – 15	Gulika 1:49PM – 3:31PM	Hasta Until 9:29AM	Ganesh: Purple	<i>Sunrise:</i> 5:21AM	Krodhin 5126	
Family Home Evening		Yama 10:26AM – 12:08PM	Harshana Until 5:58PM	Muruga: Purple	<i>Sunset:</i> 6:54PM	Moon 2 - Phase 1 - 27	
		262657578 Rahu 7:03AM – 8:45AM	Visti Until 5:58AM Tue	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:57PM	Moon – Green		Subha Sivaloka Day	
Until 9:29AM				Chaitra*Chaitra			
Then Routine Work - Prabalarishta Yoga							
○		Tuesday, April 23, 2024		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava Karana Purnimayam Titau		Frederick, MD Sutra 9	
Copper Retreat Star		Gulika 12:07PM – 1:49PM	Chitra Until 12:02PM	Ganesh: Purple	<i>Sunrise:</i> 5:20AM	Krodhin 5126	
Tula Rasi: 3.37	Tithi 15	Yama 8:44AM – 10:26AM	Vajra* Until 6:26PM	Muruga: Purple	<i>Sunset:</i> 6:55PM	Moon 2 - Phase 1 -	
		262657578 Rahu 3:31PM – 5:13PM	Bava Until 6:51PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:51PM	Moon – Green		Subha Sivaloka Day	
				Chaitra*Chaitra			
Wednesday, April 24, 2024		Silver Retreat Star		Krodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sutra 10	
Tula Rasi: 15.47	Tithi 16	Gulika 10:25AM – 12:07PM	Svati Until 2:02PM	Ganesh: Purple	<i>Sunrise:</i> 5:19AM	Krodhin 5126	
		Yama 7:01AM – 8:43AM	Siddhi Until 6:35PM	Muruga: Purple	<i>Sunset:</i> 6:56PM	Moon 2 - Phase 1 -	
		262657579 Rahu 12:07PM – 1:49PM	Balava Until 7:40AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:19PM	Moon – Green		Subha Subha Sivaloka Day	
				Chaitra*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for on 11/20/21

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