

Saturday, May 6, 2023
Gold Retreat Star

Vrischika Rasi: 0.37 Tithi 16 – 17

272996579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 4:43AM – 6:30AM
 Yama 1:38PM – 3:25PM
Rahu 8:17AM – 10:04AM

Vishakha Until 10:43AM
 Varyan Until 6:50PM
 Taitila Until 10:39PM
Prathama* Until 11:24AM

Ganesha: White *Sunrise:* 4:43AM
Muruga: Clear *Sunset:* 6:59PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Albany, NY
 Sutra 20
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

1 Sunday, May 7, 2023

Vrischika Rasi: 14.26 Tithi 17 – 18

272996579

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:25PM – 5:13PM
 Yama 11:51AM – 1:38PM
Rahu 5:13PM – 7:00PM

Anuradha Until 9:50AM
 Parigha* Until 4:20PM
 Vanija Until 8:49PM
Dvitiya Until 9:45AM

Ganesha: White *Sunrise:* 4:42AM
Muruga: Clear *Sunset:* 7:00PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Albany, NY
 Sun 1
 Sutra 21
 Sobhana 5125
 Moon 4 - Phase 4 - 1st Phase

2 Monday, May 8, 2023

Vrischika Rasi: 28.27 Tithi 18 – 19

Family Home Evening

272196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 1:38PM – 3:26PM
 Yama 10:03AM – 11:51AM
Rahu 6:28AM – 8:15AM

Jyeshtha* Until 8:29AM
 Shiva Until 1:36PM
 Bava Until 6:44PM
Tritiya Until 7:47AM

Ganesha: Blue *Sunrise:* 4:40AM
Muruga: Clear *Sunset:* 7:01PM
Nataraja: Purple
 Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Albany, NY
 Sun 2
 Sutra 22
 Sobhana 5125
 Moon 4 - Phase 4 - 2nd Phase

3 Tuesday, May 9, 2023

Dhanus Rasi: 12.37 Tithi 20

282196579

Creative Work Amrita Yoga

Until 7:12AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:51AM – 1:38PM
 Yama 8:15AM – 10:03AM
Rahu 3:26PM – 5:14PM

Mula* Until 7:12AM
 Siddha Until 10:42AM
 Kaulava Until 4:29PM
Panchami Until 3:19AM Wed

Ganesha: Red *Sunrise:* 4:39AM
Muruga: Clear *Sunset:* 7:02PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Albany, NY
 Sun 3
 Sutra 23
 Sobhana 5125
 Moon 4 - Phase 4 - 3rd Phase

4 Wednesday, May 10, 2023

Dhanus Rasi: 26.51 Tithi 21

283196579

Creative Work Amrita Yoga

Until 3:58AM Thu

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarahadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:02AM – 11:50AM
 Yama 6:26AM – 8:14AM
Rahu 11:50AM – 1:39PM

Uttarahadha Until 3:58AM Thu
 Sadhya Until 7:44AM
 Gara Until 2:10PM
Shashthi* Until 12:59AM Thu

Ganesha: Blue *Sunrise:* 4:38AM
Muruga: Clear *Sunset:* 7:03PM
Nataraja: Purple
 Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Albany, NY
 Sun 4
 Sutra 24
 Sobhana 5125
 Moon 4 - Phase 4 - 4th Phase

5 Thursday, May 11, 2023

Makara Rasi: 11.07 Tithi 22

293196579

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shrivana Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:14AM – 10:02AM
 Yama 4:37AM – 6:25AM
Rahu 1:39PM – 3:27PM

Shrivana Until 2:35AM Fri
 Sukla Until 1:48AM Fri
 Visti Until 11:50AM
Saptami Until 10:40PM

Ganesha: Red *Sunrise:* 4:37AM
Muruga: Clear *Sunset:* 7:04PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Albany, NY
 Sun 5
 Sutra 25
 Sobhana 5125
 Moon 4 - Phase 4 - 5th Phase

Chidambaram Abhishekam

Friday, May 12, 2023
Retreat Star

Makara Rasi: 25.2 Tithi 23

293196579

Creative Work Siddha Yoga

Until 1:09AM Sat

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:24AM – 8:13AM
 Yama 3:28PM – 5:16PM
Rahu 10:02AM – 11:50AM

Dhanishtha Until 1:09AM Sat
 Brahma Until 10:55PM
 Balava Until 9:34AM
Ashtami* Until 8:26PM

Ganesha: Red *Sunrise:* 4:36AM
Muruga: Clear *Sunset:* 7:05PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Albany, NY
 Sun 6
 Sutra 26
 Sobhana 5125
 Moon 4 - Phase 4 - 6th Phase

Saturday, May 13, 2023
Retreat Star

Kumbha Rasi: 9.31 Tithi 24

293196579

Creative Work Amrita Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Gulika 4:35AM – 6:24AM
 Yama 1:39PM – 3:28PM
Rahu 8:12AM – 10:01AM

Shatabhishak Until 11:43PM
 Indra Until 8:10PM
 Taitila Until 7:23AM
Navami* Until 6:20PM

Ganesha: Red *Sunrise:* 4:35AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Purple
 Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Albany, NY
 Sun 7
 Sutra 27
 Sobhana 5125
 Moon 4 - Phase 4 - 7th Phase

Navami

1 Sunday, May 14, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 8 Sutra 28	
Kumbha Rasi: 23.35	Tithi 25 – 26	Gulika 3:29PM – 5:18PM	Purvaproshtapada* Until 10:43PM	Ganesha: Clear	Sunrise: 4:34AM
		Yama 11:50AM – 1:40PM	Vaidhriti* Until 5:31PM	Muruga: Clear	Sunset: 7:07PM
		213196579 Rahu 5:18PM – 7:07PM	Bava Until 3:31AM Mon	Nataraja: Purple	Moon 4 - Phase 5 - 8
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
Until 10:43PM		Mother's Day	Dashami Until 4:23PM	Vaisaka*Chaitra	Sivaloka Day
Then Creative Work - Amrita Yoga					

2 Monday, May 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada* Nakshatra Vishkambha*/Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 9 Sutra 29	
Meena Rasi: 7.32	Tithi 26 – 27	Gulika 1:40PM – 3:29PM	Uttaraproshtapada Until 9:49PM	Ganesha: Clear	Sunrise: 4:32AM
		Yama 10:01AM – 11:50AM	Vishkambha* Until 3:03PM	Muruga: Clear	Sunset: 7:08PM
Family Home Evening		213196579 Rahu 6:22AM – 8:11AM	Kaulava Until 1:54AM Tue	Nataraja: Purple	Moon 4 - Phase 5 - 9
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
			Ekadashi* Until 2:39PM	Vaisaka*Vaikasi	Sivaloka Day

3 Tuesday, May 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 10 Sutra 30	
Meena Rasi: 21.21	Tithi 27 – 28	Gulika 11:50AM – 1:40PM	Revati Until 9:02PM	Ganesha: Clear	Sunrise: 4:31AM
		Yama 8:11AM – 10:01AM	Priti Until 12:48PM	Muruga: Clear	Sunset: 7:09PM
		213196579 Rahu 3:30PM – 5:20PM	Gara Until 12:34AM Wed	Nataraja: Purple	Moon 4 - Phase 5 - 10
Creative Work	Siddha Yoga			Moon – Clear	2nd Phase
			Dvadashi* Until 1:10PM	Vaisaka*Vaikasi	Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, May 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 11 Sutra 31	
Mesha Rasi: 4.59	Tithi 28 – 29	Gulika 10:00AM – 11:50AM	Ashvini Until 8:52PM	Ganesha: Orange	Sunrise: 4:30AM
		Yama 6:20AM – 8:10AM	Ayushman Until 10:47AM	Muruga: Clear	Sunset: 7:10PM
		223196579 Rahu 11:50AM – 1:40PM	Visti Until 11:35PM	Nataraja: Purple	Moon 4 - Phase 5 - 11
Routine Work	Marana Yoga			Moon – White	2nd Phase
Until 8:52PM			Trayodashi* Until 12:00PM	Vaisaka*Vaikasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, May 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sun 12 Sutra 32	
Mesha Rasi: 18.24	Tithi 29 – 30	Gulika 8:10AM – 10:00AM	Bharani Until 8:58PM	Ganesha: Orange	Sunrise: 4:30AM
		Yama 4:30AM – 6:20AM	Saubhagya Until 9:05AM	Muruga: Clear	Sunset: 7:11PM
		223196579 Rahu 1:41PM – 3:31PM	Catuspada Until 11:00PM	Nataraja: Purple	Moon 4 - Phase 5 - 12
Creative Work	Siddha Yoga			Moon – White	Amavasya
Until 8:58PM			Chaturdashi* Until 11:13AM	Vaisaka*Vaikasi	Sivaloka Day
Then Routine Work - Marana Yoga					

Friday, May 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Albany, NY Sun 13 Sutra 33	
Vishabha Rasi: 1.35	Tithi 30 – 1	Gulika 6:19AM – 8:10AM	Krittika Until 9:22PM	Ganesha: Orange	Sunrise: 4:29AM
		Yama 3:31PM – 5:22PM	Sobhana Until 7:45AM	Muruga: Clear	Sunset: 7:12PM
		223196579 Rahu 10:00AM – 11:50AM	Kintughna Until 10:54PM	Nataraja: Purple	Moon 4 - Phase 5 - 13
Creative Work	Siddha Yoga			Moon – White	Prathama
Until 9:22PM			Amavasya* Until 10:52AM	Jyeshtha*Vaikasi	Sivaloka Day
Then Routine Work - Marana Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Albany, NY on 11/20/21

www.gurudeva.org/panchang

1 Saturday, May 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 14 Sutra 34	
Vrishabha Rasi: 14.32	Tithi 1 – 2	Gulika 4:28AM – 6:18AM	Rohini Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM
		Yama 1:41PM – 3:32PM	Athiganda* Until 6:46AM	Muruga: Clear	<i>Sunset:</i> 7:13PM
		233196579 Rahu 8:09AM – 10:00AM	Balava Until 11:19PM	Nataraja: Purple	Moon 4 - Phase 6 - 14
Creative Work	Amrita Yoga		Prathama* Until 11:01AM	Moon – Yellow	3rd Phase
Until 10:35PM				Jyeshtha*Vaikasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

2 Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 15 Sutra 35	
Vrishabha Rasi: 27.13	Tithi 2 – 3	Gulika 3:32PM – 5:23PM	Mrigashira Until 12:08AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:27AM
		Yama 11:51AM – 1:42PM	Sukarma Until 6:13AM	Muruga: Clear	<i>Sunset:</i> 7:14PM
		233196579 Rahu 5:23PM – 7:14PM	Taitila Until 12:14AM Mon	Nataraja: Purple	Moon 4 - Phase 6 - 15
Creative Work	Siddha Yoga		Dvitiya Until 11:42AM	Moon – Yellow	3rd Phase
				Jyeshtha*Vaikasi	Sivaloka Day

3 Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Albany, NY Sun 16 Sutra 36	
Mithuna Rasi: 9.41	Tithi 3 – 4	Gulika 1:42PM – 3:33PM	Ardra Until 2:01AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:26AM
Family Home Evening		Yama 10:00AM – 11:51AM	Dhriti Until 6:05AM	Muruga: Clear	<i>Sunset:</i> 7:15PM
		233196579 Rahu 6:17AM – 8:08AM	Vanija Until 1:40AM Tue	Nataraja: Purple	Moon 4 - Phase 6 - 16
Creative Work	Siddha Yoga		Tritiya Until 12:52PM	Moon – Yellow	3rd Phase
				Jyeshtha*Vaikasi	Sivaloka Day

4 Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 17 Sutra 37	
Mithuna Rasi: 21.56	Tithi 4 – 5	Gulika 11:51AM – 1:42PM	Punarvasu Until 4:37AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:25AM
		Yama 8:08AM – 9:59AM	Shula* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 7:16PM
		243196579 Rahu 3:33PM – 5:25PM	Bava Until 3:30AM Wed	Nataraja: Purple	Moon 4 - Phase 6 - 17
Creative Work	Siddha Yoga		Chaturthi* Until 2:31PM	Moon – Blue	3rd Phase
				Jyeshtha*Vaikasi	Subha Sivaloka Day

5 Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Albany, NY Sun 18 Sutra 38	
Kataka Rasi: 4.01	Tithi 5 – 6	Gulika 9:59AM – 11:51AM	Pushya Until 7:22AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:24AM
		Yama 6:16AM – 8:08AM	Ganda* Until 6:50AM	Muruga: Clear	<i>Sunset:</i> 7:17PM
		244196579 Rahu 11:51AM – 1:42PM	Kaulava Until 5:40AM Thu	Nataraja: Purple	Moon 4 - Phase 6 - 18
Creative Work	Siddha Yoga		Panchami Until 4:32PM	Moon – Blue	3rd Phase
				Jyeshtha*Vaikasi	Sivaloka Day

6 Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Taitila Karana Shashthiyam Titau		Albany, NY Sun 19 Sutra 39	
Kataka Rasi: 15.59	Tithi 6	Gulika 8:07AM – 9:59AM	Pushya Until 7:22AM	Ganesha: Clear	<i>Sunrise:</i> 4:24AM
		Yama 4:24AM – 6:16AM	Vridhhi Until 7:37AM	Muruga: Clear	<i>Sunset:</i> 7:18PM
		244196579 Rahu 1:43PM – 3:34PM	Taitila Until 6:48PM	Nataraja: Purple	Moon 4 - Phase 6 - 19
Creative Work	Amrita Yoga		Shashthi* Until 6:48PM	Moon – Blue	3rd Phase
Until 7:22AM				Jyeshtha*Vaikasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 40	
Retreat Star		Gulika 6:15AM – 8:07AM	Ashlesha* Until 10:05AM	Ganesha: White	<i>Sunrise:</i> 4:23AM
Kataka Rasi: 27.53	Tithi 7	Yama 3:35PM – 5:27PM	Dhruva Until 8:29AM	Muruga: Clear	<i>Sunset:</i> 7:19PM
		344196579 Rahu 9:59AM – 11:51AM	Gara Until 7:59AM	Nataraja: Purple	Moon 4 - Phase 6 - 20
Routine Work	Marana Yoga		Saptami Until 9:08PM	Moon – Blue	3rd Phase
				Jyeshtha*Vaikasi	Devaloka Day

Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 41	
Retreat Star		Gulika 4:22AM – 6:15AM	Magha* Until 1:07PM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM
Simha Rasi: 9.47	Tithi 8	Yama 1:43PM – 3:35PM	Vyaghata* Until 9:21AM	Muruga: Clear	<i>Sunset:</i> 7:20PM
		354196579 Rahu 8:07AM – 9:59AM	Visti Until 10:18AM	Nataraja: Purple	Moon 4 - Phase 6 - 21
Creative Work	Amrita Yoga		Ashtami* Until 11:21PM	Moon – Red	Ashtami
Until 1:07PM				Jyeshtha*Vaikasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 42	
Retreat Star		Gulika 3:36PM – 5:28PM	Purvaphalguni Until 3:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM
Simha Rasi: 21.46	Tithi 9	Yama 11:51AM – 1:44PM	Harshana Until 10:04AM	Muruga: Clear	<i>Sunset:</i> 7:21PM
		354196579 Rahu 5:28PM – 7:21PM	Balava Until 12:22PM	Nataraja: Purple	Moon 4 - Phase 6 - 22
Creative Work	Siddha Yoga		Navami* Until 1:14AM Mon	Moon – Red	Navami
Until 3:44PM				Jyeshtha*Vaikasi	Sivaloka Day
Then Creative Work - Amrita Yoga					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Albany, NY Sun 23 Sutra 43	
Kanya Rasi: 3.53	Tithi 10	Gulika 1:44PM – 3:36PM	Uttaraphalguni Until 5:45PM	Ganesha: Clear	Sunrise: 4:21AM
Family Home Evening	354196579	Yama 9:59AM – 11:51AM	Vajra* Until 10:26AM	Muruga: Clear	Sunset: 7:22PM
Creative Work Siddha Yoga		Rahu 6:14AM – 8:06AM	Taitila Until 2:01PM	Nataraja: Purple	Moon 4 - Phase 7 - 23
			Dashami Until 2:36AM Tue	Moon – Red	4th Phase
				Jyeshtha *Vaikasi	Sivaloka Day

2 Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Albany, NY Sun 24 Sutra 44	
Kanya Rasi: 16.15	Tithi 11	Gulika 11:51AM – 1:44PM	Hasta Until 7:29PM	Ganesha: Purple	Sunrise: 4:21AM
	364196579	Yama 8:06AM – 9:59AM	Siddhi Until 10:22AM	Muruga: Clear	Sunset: 7:22PM
Creative Work Siddha Yoga		Rahu 3:37PM – 5:30PM	Vanija Until 3:03PM	Nataraja: Purple	Moon 4 - Phase 7 - 24
			Ekadashi Until 3:16AM Wed	Moon – Green	4th Phase
				Jyeshtha *Vaikasi	Devaloka Day

3 Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Dvodashyam Titau		Albany, NY Sun 25 Sutra 45	
Kanya Rasi: 28.55	Tithi 12	Gulika 9:59AM – 11:52AM	Chitra Until 8:19PM	Ganesha: Purple	Sunrise: 4:20AM
	364196579	Yama 6:13AM – 8:06AM	Vyatipata* Until 9:45AM	Muruga: Clear	Sunset: 7:23PM
Creative Work Siddha Yoga		Rahu 11:52AM – 1:44PM	Bava Until 3:21PM	Nataraja: Purple	Moon 4 - Phase 7 - 25
			Dvadashi Until 3:11AM Thu	Moon – Green	4th Phase
				Jyeshtha *Vaikasi	Devaloka Day

4 Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Varyan/Paigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sun 26 Sutra 46	
Tula Rasi: 11.58	Tithi 13	Gulika 8:06AM – 9:59AM	Svati Until 8:15PM	Ganesha: Clear	Sunrise: 4:20AM
	364296579	Yama 4:20AM – 6:13AM	Varyan Until 8:30AM	Muruga: Clear	Sunset: 7:24PM
Creative Work Amrita Yoga		Rahu 1:45PM – 3:38PM	Kaulava Until 2:53PM	Nataraja: Purple	Moon 4 - Phase 7 - 26
Until 8:15PM			Trayodashi Until 2:21AM Fri	Moon – Green	4th Phase
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Jyeshtha *Vaikasi	Sivaloka Day

5 Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sun 27 Sutra 47	
Tula Rasi: 25.25	Tithi 14	Gulika 6:12AM – 8:05AM	Vishakha Until 7:47PM	Ganesha: White	Sunrise: 4:19AM
	374296579	Yama 3:38PM – 5:32PM	Parigha* Until 6:40AM	Muruga: Clear	Sunset: 7:25PM
Creative Work Siddha Yoga		Rahu 9:59AM – 11:52AM	Gara Until 1:41PM	Nataraja: Purple	Moon 4 - Phase 7 - 27
		Vaikasi Visakam	Chaturdashi* Until 12:49AM Sat	Moon – Orange	4th Phase
				Jyeshtha *Vaikasi	Subha Sivaloka Day

6 Saturday, June 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Albany, NY Sun 28 Sutra 48	
Copper Retreat Star		Gulika 4:19AM – 6:12AM	Anuradha Until 6:34PM	Ganesha: White	Sunrise: 4:19AM
Vrischika Rasi: 9.16	Tithi 15	Yama 1:45PM – 3:39PM	Siddha Until 1:28AM Sun	Muruga: Clear	Sunset: 7:25PM
	374296579	Rahu 8:05AM – 9:59AM	Visti Until 11:51AM	Nataraja: Purple	Moon 4 - Phase 7 -
Creative Work Siddha Yoga			Purnima* Until 10:43PM	Moon – Orange	Purnima
				Jyeshtha *Vaikasi	Subha Sivaloka Day

7 Sunday, June 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sun 29 Sutra 49	
Silver Retreat Star		Gulika 3:39PM – 5:33PM	Jyeshtha* Until 4:45PM	Ganesha: White	Sunrise: 4:18AM
Vrischika Rasi: 23.28	Tithi 16	Yama 11:52AM – 1:46PM	Sadhya Until 10:18PM	Muruga: Clear	Sunset: 7:26PM
	374296579	Rahu 5:33PM – 7:26PM	Balava Until 9:30AM	Nataraja: Purple	Moon 4 - Phase 7 -
Routine Work Marana Yoga			Prathama* Until 8:10PM	Moon – Orange	Prathama
Until 4:45PM				Jyeshtha *Vaikasi	Subha Sivaloka Day
Then Creative Work - Amrita Yoga					

Monday, June 5, 2023
Gold Retreat Star

Dhanus Rasi: 7.55 Tithi 17 – 18
Family Home Evening
 Creative Work Siddha Yoga
 Until 2:53PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 1:46PM – 3:40PM
 Yama 9:59AM – 11:52AM
Rahu 6:11AM – 8:05AM
Mula* Until 2:53PM
 Subha Until 6:55PM
 Taitila Until 6:48AM
Dvitiya Until 5:20PM
Ganesha: Yellow Sunrise: 4:18AM
Muruga: Clear Sunset: 7:27PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Sun 1
 Sutra 50
 Sobhana 5125
 Moon 5 - Phase 8 - 1
 1st Phase

Sivaloka Day

1
Tuesday, June 6, 2023

Dhanus Rasi: 22.32 Tithi 18 – 19
 385296571
 Creative Work Siddha Yoga
 Until 12:44PM
 Then Routine Work - Prabararishta Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 11:53AM – 1:46PM
 Yama 8:05AM – 9:59AM
Rahu 3:40PM – 5:34PM
Purvashadha* Until 12:44PM
 Sukla Until 3:24PM
 Bava Until 12:53AM Wed
Tritiya Until 2:22PM
Ganesha: White Sunrise: 4:18AM
Muruga: Clear Sunset: 7:28PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Sun 2
 Sutra 51
 Sobhana 5125
 Moon 5 - Phase 8 - 2
 1st Phase

Devaloka Day

2
Wednesday, June 7, 2023

Makara Rasi: 7.12 Tithi 19 – 20
 385296571
 Creative Work Amrita Yoga
 Until 10:26AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 9:59AM – 11:53AM
 Yama 6:11AM – 8:05AM
Rahu 11:53AM – 1:47PM
Uttarashadha Until 10:26AM
 Brahma Until 11:54AM
 Kaulava Until 9:57PM
Chaturthi* Until 11:23AM
Ganesha: White Sunrise: 4:17AM
Muruga: Clear Sunset: 7:28PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Sun 3
 Sutra 52
 Sobhana 5125
 Moon 5 - Phase 8 - 3
 1st Phase

Devaloka Day

3
Thursday, June 8, 2023

Makara Rasi: 21.48 Tithi 20 – 21
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Indra/Vaidhiti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 8:05AM – 9:59AM
 Yama 4:17AM – 6:11AM
Rahu 1:47PM – 3:41PM
Shravana Until 8:31AM
 Indra Until 8:31AM
 Gara Until 7:13PM
Panchami Until 8:32AM
Ganesha: Yellow Sunrise: 4:17AM
Muruga: Clear Sunset: 7:29PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sun 4
 Sutra 53
 Sobhana 5125
 Moon 5 - Phase 8 - 4
 1st Phase

Sivaloka Day

4
Friday, June 9, 2023

Kumbha Rasi: 6.14 Tithi 22
 395296571
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha/Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 6:11AM – 8:05AM
 Yama 3:41PM – 5:35PM
Rahu 9:59AM – 11:53AM
Dhanishtha Until 6:42AM
 Vishkambha* Until 2:21AM Sat
 Visti Until 4:44PM
Saptami Until 3:36AM Sat
Ganesha: Yellow Sunrise: 4:17AM
Muruga: Clear Sunset: 7:29PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sun 5
 Sutra 54
 Sobhana 5125
 Moon 5 - Phase 8 - 5
 1st Phase

Sivaloka Day

Retreat Star
Saturday, June 10, 2023

Kumbha Rasi: 20.28 Tithi 23
 315296571
 Routine Work Marana Yoga
 Until 4:05AM Sun
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Purvaproshtpada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 4:17AM – 6:11AM
 Yama 1:47PM – 3:42PM
Rahu 8:05AM – 9:59AM
Purvaproshtpada* Until 4:05AM Sun
 Priti Until 11:44PM
 Balava Until 2:37PM
Ashtami* Until 1:40AM Sun
Ganesha: Clear Sunrise: 4:17AM
Muruga: Clear Sunset: 7:30PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Sun 6
 Sutra 55
 Sobhana 5125
 Moon 5 - Phase 8 - 6
 Ashtami

Sivaloka Day

Retreat Star
Sunday, June 11, 2023

Meena Rasi: 4.26 Tithi 24
 315296571
 Creative Work Amrita Yoga
 Until 3:22AM Mon
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Uttaraproshtpada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau
Gulika 3:42PM – 5:36PM
 Yama 11:53AM – 1:48PM
Rahu 5:36PM – 7:31PM
Uttaraproshtpada Until 3:22AM Mon
 Ayushman Until 9:24PM
 Taitila Until 12:53PM
Navami* Until 12:09AM Mon
Ganesha: Clear Sunrise: 4:16AM
Muruga: Clear Sunset: 7:31PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Sun 7
 Sutra 56
 Sobhana 5125
 Moon 5 - Phase 8 - 7
 Navami

Sivaloka Day

Monday, June 12, 2023

1
 Meena Rasi: 18.09 Tithi 25
Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau
Gulika 1:48PM – 3:42PM
 Yama 9:59AM – 11:54AM
Rahu 6:11AM – 8:05AM
Revati Until 2:55AM Tue
 Saubhagya Until 7:26PM
 Vanija Until 11:33AM
Dashami Until 11:02PM

Albany, NY Sutra 57
 Sobhana 5125
 Moon 5 - Phase 9 - 8
 2nd Phase
Sivaloka Day
Ganesh: Clear *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 7:31PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Tuesday, June 13, 2023

2
 Mesha Rasi: 1.37 Tithi 26
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau
Gulika 11:54AM – 1:48PM
 Yama 8:05AM – 9:59AM
Rahu 3:43PM – 5:37PM
Ashvini Until 3:10AM Wed
 Sobhana Until 5:49PM
 Bava Until 10:39AM
Ekadashi* Until 10:20PM

Albany, NY Sutra 58
 Sobhana 5125
 Moon 5 - Phase 9 - 9
 2nd Phase
Devaloka Day
Ganesh: White *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 7:32PM
Nataraja: Blue
 Moon – White
Jyeshtha*Vaikasi

Wednesday, June 14, 2023

3
 Mesha Rasi: 14.52 Tithi 27
 Creative Work Siddha Yoga
 Until 3:41AM Thu
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau
Gulika 10:00AM – 11:54AM
 Yama 6:11AM – 8:05AM
Rahu 11:54AM – 1:49PM
Bharani Until 3:41AM Thu
 Athiganda* Until 4:30PM
 Kaulava Until 10:10AM
Dvadashi* Until 10:03PM

Albany, NY Sutra 59
 Sobhana 5125
 Moon 5 - Phase 9 - 10
 2nd Phase
Devaloka Day
Ganesh: White *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 7:32PM
Nataraja: Blue
 Moon – White
Jyeshtha*Vaikasi

Thursday, June 15, 2023

4
 Mesha Rasi: 27.54 Tithi 28
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
 Kritika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau
Gulika 8:05AM – 10:00AM
 Yama 4:16AM – 6:11AM
Rahu 1:49PM – 3:43PM
Kritika Until 4:27AM Fri
 Sukarma Until 3:31PM
 Gara Until 10:05AM
Trayodashi* Until 10:10PM

Albany, NY Sutra 60
 Sobhana 5125
 Moon 5 - Phase 9 - 11
 2nd Phase
Sivaloka Day
Ganesh: Yellow *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 7:32PM
Nataraja: Blue
 Moon – White
Jyeshtha*Ani
Pradosha Vrata (Fasting)

Friday, June 16, 2023

5
 Vrishabha Rasi: 10.44 Tithi 29
 Routine Work Marana Yoga
 Until 5:55AM Sat
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau
Gulika 6:11AM – 8:05AM
 Yama 3:44PM – 5:38PM
Rahu 10:00AM – 11:54AM
Rohini Until 5:55AM Sat
 Dhriti Until 2:52PM
 Visti Until 10:24AM
Chaturdashi* Until 10:42PM

Albany, NY Sutra 61
 Sobhana 5125
 Moon 5 - Phase 9 - 12
 2nd Phase
Sivaloka Day
Ganesh: Red *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 7:33PM
Nataraja: Blue
 Moon – Yellow
Jyeshtha*Ani

Saturday, June 17, 2023

Retreat Star
 Vrishabha Rasi: 23.22 Tithi 30
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau
Gulika 4:16AM – 6:11AM
 Yama 1:49PM – 3:44PM
Rahu 8:05AM – 10:00AM
Mrigashira Until 7:36AM Sun
 Shula* Until 2:31PM
 Catuspada Until 11:08AM
Amavasya* Until 11:38PM

Albany, NY Sutra 62
 Sobhana 5125
 Moon 5 - Phase 9 - 13
 Amavasya
Sivaloka Day
Ganesh: Red *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 7:33PM
Nataraja: Blue
 Moon – Yellow
Jyeshtha*Ani

Sunday, June 18, 2023

Retreat Star
 Mithuna Rasi: 5.5 Tithi 1
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Kintughna*/Bava Karana Prathamayam Titau
Gulika 3:44PM – 5:39PM
 Yama 11:55AM – 1:50PM
Rahu 5:39PM – 7:33PM
Mrigashira Until 7:36AM
 Ganda* Until 2:29PM
 Kintughna Until 12:16PM
Prathama* Until 12:57AM Mon

Albany, NY Sutra 63
 Sobhana 5125
 Moon 5 - Phase 9 - 14
 Prathama
Sivaloka Day
Ganesh: Red *Sunrise:* 4:16AM
Muruga: Yellow *Sunset:* 7:33PM
Nataraja: Blue
 Moon – Yellow
Ashada*Ani

Father's Day

Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 15 Sutra 64		
1	Mithuna Rasi: 18.07 Tithi 2 Family Home Evening Creative Work Siddha Yoga Until 9:31AM Then Creative Work - Amrita Yoga	336216571	Gulika 1:50PM – 3:44PM Yama 10:00AM – 11:55AM Rahu 6:11AM – 8:06AM	Ardra Until 9:31AM Vridhi Until 2:46PM Balava Until 1:47PM Dvitiya Until 2:39AM Tue	Ganesha: Red Muruga: Yellow Nataraja: Blue Moon – Yellow Ashada*Ani	Sunrise: 4:16AM Sunset: 7:34PM Moon 5 - Phase 10 - 15 3rd Phase Sivaloka Day
Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sun 16 Sutra 65		
2	Kataka Rasi: 0.15 Tithi 3 Creative Work Siddha Yoga	346216571	Gulika 11:55AM – 1:50PM Yama 8:06AM – 10:01AM Rahu 3:45PM – 5:39PM	Punarvasu Until 12:07PM Dhruva Until 3:17PM Taitila Until 3:38PM Tritiya Until 4:40AM Wed	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Ashada*Ani	Sunrise: 4:17AM Sunset: 7:34PM Moon 5 - Phase 10 - 16 3rd Phase Sivaloka Day
Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Albany, NY Sun 17 Sutra 66		
3	Kataka Rasi: 12.16 Tithi 4 Creative Work Siddha Yoga	346216571	Gulika 10:01AM – 11:56AM Yama 6:11AM – 8:06AM Rahu 11:56AM – 1:50PM	Pushya Until 2:49PM Vyaghata* Until 4:03PM Vanija Until 5:48PM Chaturthi* Until 6:56AM Thu	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Blue Ashada*Ani	Sunrise: 4:17AM Sunset: 7:34PM Moon 5 - Phase 10 - 17 3rd Phase Sivaloka Day
Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18 Sutra 67		
4	Kataka Rasi: 24.11 Tithi 4 – 5 Creative Work Siddha Yoga Until 5:34PM Then Creative Work - Amrita Yoga	347216571	Gulika 8:06AM – 10:01AM Yama 4:17AM – 6:12AM Rahu 1:50PM – 3:45PM	Ashlesha* Until 5:34PM Harshana Until 4:59PM Bava Until 8:09PM Chaturthi* Until 6:56AM	Ganesha: Blue Muruga: Yellow Nataraja: Blue Moon – Blue Ashada*Ani	Sunrise: 4:17AM Sunset: 7:34PM Moon 5 - Phase 10 - 18 3rd Phase Devaloka Day
Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Albany, NY Sun 19 Sutra 68		
5	Simha Rasi: 6.03 Tithi 5 – 6 Routine Work Marana Yoga Until 8:43PM Then Creative Work - Siddha Yoga	357216571	Gulika 6:12AM – 8:07AM Yama 3:45PM – 5:40PM Rahu 10:01AM – 11:56AM	Magha* Until 8:43PM Vajra* Until 5:56PM Kaulava Until 10:33PM Panchami Until 9:20AM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sunrise: 4:17AM Sunset: 7:35PM Moon 5 - Phase 10 - 19 3rd Phase Sivaloka Day
Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 20 Sutra 69		
6	Simha Rasi: 17.55 Tithi 6 – 7 Creative Work Siddha Yoga Until 11:35PM Then Routine Work - Marana Yoga	357216571	Gulika 4:18AM – 6:12AM Yama 1:51PM – 3:45PM Rahu 8:07AM – 10:02AM	Purvaphalguni Until 11:35PM Siddhi Until 6:50PM Gara Until 12:50AM Sun Shashthi* Until 11:42AM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sunrise: 4:18AM Sunset: 7:35PM Moon 5 - Phase 10 - 20 3rd Phase Sivaloka Day
Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 21 Sutra 70		
Retreat Star	Simha Rasi: 29.52 Tithi 7 – 8 Creative Work Amrita Yoga Until 1:59AM Mon Then Creative Work - Siddha Yoga	357216571	Gulika 3:46PM – 5:40PM Yama 11:56AM – 1:51PM Rahu 5:40PM – 7:35PM	Uttaraphalguni Until 1:59AM Mon Vyatipata* Until 7:32PM Visti Until 2:46AM Mon Saptami Until 1:50PM	Ganesha: Yellow Muruga: Yellow Nataraja: Blue Moon – Red Ashada*Ani	Sunrise: 4:18AM Sunset: 7:35PM Moon 5 - Phase 10 - 21 Ashtami Sivaloka Day
Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 22 Sutra 71		
Retreat Star	Kanya Rasi: 11.57 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga	367316571	Gulika 1:51PM – 3:46PM Yama 10:02AM – 11:57AM Rahu 6:13AM – 8:07AM	Hasta Until 4:10AM Tue Variyan Until 7:49PM Balava Until 4:09AM Tue Ashtami* Until 3:31PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Green Ashada*Ani	Sunrise: 4:18AM Sunset: 7:35PM Moon 5 - Phase 10 - 22 Navami Sivaloka Day

1 Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pakshe Vasara Yuktayam		Albany, NY
Kanya Rasi: 24.16	Tithi 9 – 10	Gulika 11:57AM – 1:51PM	Chitra Until 5:29AM Wed	Ganesha: Clear	Sunrise: 4:19AM	Sun 23 Sutra 72
		Yama 8:08AM – 10:02AM	Parigha* Until 7:35PM	Muruga: Yellow	Sunset: 7:35PM	Sobhana 5125
		Rahu 3:46PM – 5:40PM	Taitila Until 4:48AM Wed	Nataraja: Blue		Moon 5 - Phase 11 - 23
Creative Work	Siddha Yoga		Navami* Until 4:33PM	Moon – Green		4th Phase
				Sivaloka Day		
				Ashada*Ani		

2 Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pakshe Budha Vasara Yuktayam		Albany, NY
Tula Rasi: 6.56	Tithi 10 – 11	Gulika 10:02AM – 11:57AM	Svati Until 5:49AM Thu	Ganesha: Clear	Sunrise: 4:19AM	Sun 24 Sutra 73
		Yama 6:14AM – 8:08AM	Shiva Until 6:44PM	Muruga: Yellow	Sunset: 7:35PM	Sobhana 5125
		Rahu 11:57AM – 1:51PM	Vanija Until 4:37AM Thu	Nataraja: Blue		Moon 5 - Phase 11 - 24
Creative Work	Siddha Yoga		Dashami Until 4:48PM	Moon – Green		4th Phase
				Sivaloka Day		
				Ashada*Ani		

3 Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Pakshe Guru Vasara Yuktayam		Albany, NY
Tula Rasi: 20	Tithi 11 – 12	Gulika 8:08AM – 10:03AM	Vishakha Until 5:38AM Fri	Ganesha: Clear	Sunrise: 4:19AM	Sun 25 Sutra 74
		Yama 4:19AM – 6:14AM	Siddha Until 5:11PM	Muruga: Yellow	Sunset: 7:35PM	Sobhana 5125
		Rahu 1:52PM – 3:46PM	Bava Until 3:35AM Fri	Nataraja: Blue		Moon 5 - Phase 11 - 25
Creative Work	Siddha Yoga		Ekadashi Until 4:11PM	Moon – Orange		4th Phase
				Sivaloka Day		
				Ashada*Ani		

4 Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pakshe Sukra Vasara Yuktayam		Albany, NY
Vrischika Rasi: 3.32	Tithi 12 – 13	Gulika 6:14AM – 8:09AM	Anuradha Until 4:32AM Sat	Ganesha: Clear	Sunrise: 4:20AM	Sun 26 Sutra 75
		Yama 3:46PM – 5:40PM	Sadhya Until 2:59PM	Muruga: Yellow	Sunset: 7:35PM	Sobhana 5125
		Rahu 10:03AM – 11:57AM	Kaulava Until 1:47AM Sat	Nataraja: Blue		Moon 5 - Phase 11 - 26
Creative Work	Siddha Yoga		Dvadashi Until 2:45PM	Moon – Orange		4th Phase
				Sivaloka Day		
				Ashada*Ani		
				Pradosha Vrata		

5 Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Pakshe Manta Vasara Yuktayam		Albany, NY
Vrischika Rasi: 17.32	Tithi 13 – 14	Gulika 4:20AM – 6:15AM	Jyeshtha* Until 2:38AM Sun	Ganesha: Clear	Sunrise: 4:20AM	Sun 27 Sutra 76
		Yama 1:52PM – 3:46PM	Subha Until 12:12PM	Muruga: Yellow	Sunset: 7:35PM	Sobhana 5125
		Rahu 8:09AM – 10:03AM	Gara Until 11:18PM	Nataraja: Blue		Moon 5 - Phase 11 - 27
Creative Work	Siddha Yoga		Trayodashi Until 12:36PM	Moon – Orange		4th Phase
Until 2:38AM Sun				Sivaloka Day		
Then Creative Work - Amrita Yoga				Ashada*Ani		

○ Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pakshe Bhanu Vasara Yuktayam		Albany, NY
Copper Retreat Star		Gulika 3:46PM – 5:40PM	Mula* Until 12:31AM Mon	Ganesha: Purple	Sunrise: 4:21AM	Sun 27 Sutra 77
Dhanus Rasi: 1.57	Tithi 14 – 15	Yama 11:58AM – 1:52PM	Sukla Until 8:54AM	Muruga: Yellow	Sunset: 7:34PM	Sobhana 5125
		Rahu 5:40PM – 7:34PM	Visti Until 8:18PM	Nataraja: Blue		Moon 5 - Phase 11 - Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 9:50AM	Moon – Light Blue		
Until 12:31AM Mon				Devaloka Day		
Then Routine Work - Marana Yoga		Satguru Purnima		Ashada*Ani		

Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Purvashadha* Nakshatra Indra Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Pakshe Indu Vasara Yuktayam		Albany, NY
Silver Retreat Star		Gulika 1:52PM – 3:46PM	Purvashadha* Until 9:56PM	Ganesha: Purple	Sunrise: 4:22AM	Sun 28 Sutra 78
Dhanus Rasi: 16.43	Tithi 15 – 16	Yama 10:04AM – 11:58AM	Indra Until 1:21AM Tue	Muruga: Yellow	Sunset: 7:34PM	Sobhana 5125
Family Home Evening		Rahu 6:16AM – 8:10AM	Kaulava Until 3:11AM Tue	Nataraja: Blue		Moon 5 - Phase 11 - Prathama
Routine Work	Marana Yoga		Purnima* Until 6:39AM	Moon – Light Blue		
				Devaloka Day		
				Ashada*Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Tuesday, July 4, 2023

Gold Retreat Star

Makara Rasi: 1.42 Tithi 17

388316571

Routine Work Prabalarishta Yoga

Until 7:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:58AM – 1:52PM **Uttarashadha Until 7:05PM**

Yama 8:10AM – 10:04AM

Rahu 3:46PM – 5:40PM

Vaidhriti* Until 9:20PM

Taitila Until 1:25PM

Dvitiya Until 11:37PM

Ganesha: Purple *Sunrise: 4:22AM*

Muruga: Yellow *Sunset: 7:34PM*

Nataraja: Blue

Moon – Light Blue

Ashada*Ani

Devaloka Day

Albany, NY

Sutra 79

Sobhana 5125

Moon 6 - Phase 12 -

1st Phase

1 Wednesday, July 5, 2023

Makara Rasi: 16.44 Tithi 18

399316571

Creative Work Siddha Yoga

Until 4:31PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:04AM – 11:58AM **Shravana Until 4:31PM**

Yama 6:17AM – 8:10AM

Rahu 11:58AM – 1:52PM

Vishkambha* Until 5:23PM

Vanija Until 9:52AM

Tritiya Until 8:07PM

Ganesha: Purple *Sunrise: 4:23AM*

Muruga: Yellow *Sunset: 7:34PM*

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Albany, NY

Sun 1 Sutra 80

Sobhana 5125

Moon 6 - Phase 12 - 1

1st Phase

2 Thursday, July 6, 2023

Kumbha Rasi: 1.42 Tithi 19 – 20

399316571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:11AM – 10:05AM **Dhanishtha Until 2:01PM**

Yama 4:23AM – 6:17AM

Rahu 1:52PM – 3:46PM

Priti Until 1:36PM

Bava Until 6:27AM

Chaturthi* Until 4:50PM

Ganesha: Purple *Sunrise: 4:23AM*

Muruga: Yellow *Sunset: 7:33PM*

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Albany, NY

Sun 2 Sutra 81

Sobhana 5125

Moon 6 - Phase 12 - 2

1st Phase

3 Friday, July 7, 2023

Kumbha Rasi: 16.26 Tithi 20 – 21

499316571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:18AM – 8:11AM **Shatabhishak Until 11:43AM**

Yama 3:46PM – 5:39PM

Rahu 10:05AM – 11:59AM

Ayushman Until 10:04AM

Gara Until 12:37AM Sat

Panchami Until 1:54PM

Ganesha: Clear *Sunrise: 4:24AM*

Muruga: Yellow *Sunset: 7:33PM*

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Albany, NY

Sun 3 Sutra 82

Sobhana 5125

Moon 6 - Phase 12 - 3

1st Phase

4 Saturday, July 8, 2023

Meena Rasi: 0.52 Tithi 21 – 22

419316571

Routine Work Marana Yoga

Until 10:09AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 4:25AM – 6:18AM **Purvaproshtapada* Until 10:09AM**

Yama 1:52PM – 3:46PM

Rahu 8:12AM – 10:05AM

Saubhagya Until 6:56AM

Visti Until 10:26PM

Shashthi* Until 11:26AM

Ganesha: Yellow *Sunrise: 4:25AM*

Muruga: Yellow *Sunset: 7:33PM*

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Albany, NY

Sun 4 Sutra 83

Sobhana 5125

Moon 6 - Phase 12 - 4

1st Phase

5 Sunday, July 9, 2023

Retreat Star

Meena Rasi: 14.55 Tithi 22 – 23

419316571

Creative Work Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:46PM – 5:39PM **Uttaraproshtapada Until 9:01AM**

Yama 11:59AM – 1:52PM

Rahu 5:39PM – 7:32PM

Athiganda* Until 2:02AM Mon

Balava Until 8:50PM

Saptami Until 9:32AM

Ganesha: Yellow *Sunrise: 4:25AM*

Muruga: Yellow *Sunset: 7:32PM*

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Albany, NY

Sun 5 Sutra 84

Sobhana 5125

Moon 6 - Phase 12 - 5

Ashtami

6 Monday, July 10, 2023

Retreat Star

Meena Rasi: 28.36 Tithi 23 – 24

419316571

Family Home Evening

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:52PM – 3:45PM **Revati Until 8:20AM**

Yama 10:06AM – 11:59AM

Rahu 6:19AM – 8:13AM

Sukarma Until 12:21AM Tue

Taitila Until 7:51PM

Ashtami* Until 8:15AM

Ganesha: Yellow *Sunrise: 4:26AM*

Muruga: Yellow *Sunset: 7:32PM*

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Albany, NY

Sun 6 Sutra 85

Sobhana 5125

Moon 6 - Phase 12 - 6

Navami

1 Tuesday, July 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 86	
Mesha Rasi: 11.55	Tithi 24 – 25	Gulika 11:59AM – 1:52PM	Ashvini Until 8:33AM	Ganesha: Blue	Sunrise: 4:27AM
		Yama 8:13AM – 10:06AM	Dhriti Until 11:08PM	Muruga: Yellow	Sunset: 7:31PM
	429316571	Rahu 3:45PM – 5:38PM	Vanija Until 7:29PM	Nataraja: Blue	Moon 6 - Phase 13 - 7
Creative Work	Siddha Yoga		Navami* Until 7:34AM	Moon – White	2nd Phase
				Subha Sivaloka Day	
				Ashada*Ani	

2 Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 87	
Mesha Rasi: 24.56	Tithi 25 – 26	Gulika 10:06AM – 11:59AM	Bharani Until 9:12AM	Ganesha: Blue	Sunrise: 4:28AM
		Yama 6:21AM – 8:13AM	Shula* Until 10:21PM	Muruga: Yellow	Sunset: 7:31PM
	429316571	Rahu 11:59AM – 1:52PM	Bava Until 7:40PM	Nataraja: Blue	Moon 6 - Phase 13 - 8
Creative Work	Siddha Yoga		Dashami Until 7:29AM	Moon – White	2nd Phase
Until 9:12AM				Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani	

3 Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 88	
Vrishabha Rasi: 7.42	Tithi 26 – 27	Gulika 8:14AM – 10:07AM	Krittika Until 10:12AM	Ganesha: Purple	Sunrise: 4:28AM
		Yama 4:28AM – 6:21AM	Ganda* Until 9:56PM	Muruga: Yellow	Sunset: 7:30PM
	421316571	Rahu 1:52PM – 3:45PM	Kaulava Until 8:20PM	Nataraja: Blue	Moon 6 - Phase 13 - 9
Routine Work	Marana Yoga		Ekadashi* Until 7:55AM	Moon – White	2nd Phase
				Subha Sivaloka Day	
				Ashada*Ani	

4 Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 89	
Vrishabha Rasi: 20.14	Tithi 27 – 28	Gulika 6:22AM – 8:14AM	Rohini Until 11:56AM	Ganesha: Clear	Sunrise: 4:29AM
		Yama 3:45PM – 5:37PM	Vriddhi Until 9:51PM	Muruga: Yellow	Sunset: 7:30PM
	431316571	Rahu 10:07AM – 11:59AM	Gara Until 9:24PM	Nataraja: Blue	Moon 6 - Phase 13 - 10
Routine Work	Marana Yoga		Dvadashi* Until 8:48AM	Moon – Yellow	2nd Phase
Until 11:56AM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani	
				Pradosha Vrata (Fasting)	

5 Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 90	
Mithuna Rasi: 2.37	Tithi 28 – 29	Gulika 4:30AM – 6:22AM	Mrigashira Until 1:53PM	Ganesha: Clear	Sunrise: 4:30AM
		Yama 1:52PM – 3:44PM	Dhruva Until 10:02PM	Muruga: Yellow	Sunset: 7:29PM
	431316571	Rahu 8:15AM – 10:07AM	Visti Until 10:50PM	Nataraja: Blue	Moon 6 - Phase 13 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 10:04AM	Moon – Yellow	2nd Phase
				Sivaloka Day	
				Ashada*Ani	

6 Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 91	
Mithuna Rasi: 14.51	Tithi 29 – 30	Gulika 3:44PM – 5:36PM	Ardra Until 3:59PM	Ganesha: Clear	Sunrise: 4:31AM
		Yama 12:00PM – 1:52PM	Vyaghata* Until 10:27PM	Muruga: Yellow	Sunset: 7:28PM
	431316571	Rahu 5:36PM – 7:28PM	Catuspada Until 12:35AM Mon	Nataraja: Blue	Moon 6 - Phase 13 - 12
Creative Work	Siddha Yoga		Chaturdashi* Until 11:39AM	Moon – Yellow	Amavasya
				Sivaloka Day	
				Ashada*Adi	

7 Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Albany, NY	
Punarvasu Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 92	
Mithuna Rasi: 26.58	Tithi 30 – 1	Gulika 1:52PM – 3:44PM	Punarvasu Until 6:40PM	Ganesha: Orange	Sunrise: 4:32AM
		Yama 10:08AM – 12:00PM	Harshana Until 11:05PM	Muruga: Yellow	Sunset: 7:28PM
	441316572	Rahu 6:24AM – 8:16AM	Kintughna Until 2:35AM Tue	Nataraja: Yellow	Moon 6 - Phase 13 - 13
Creative Work	Amrita Yoga		Amavasya* Until 1:32PM	Moon – Blue	Prathama
Until 6:40PM				Devaloka Day	
Then Creative Work - Siddha Yoga				Srivana Adhika*Adi	

1 Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sutra 93	
Kataka Rasi: 8.59	Tithi 1 – 2	Gulika 12:00PM – 1:52PM	Pushya Until 9:26PM	Ganesha: Orange <i>Sunrise:</i> 4:33AM	Sun 14 Sobhana 5125
		Yama 8:16AM – 10:08AM	Vajra* Until 11:53PM	Muruga: Yellow <i>Sunset:</i> 7:27PM	Moon 6 - Phase 14 - 14
441316572	Rahu 3:43PM – 5:35PM		Balava Until 4:49AM Wed	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 3:39PM	Moon – Blue	Devaloka Day
				Sravana Adhika*Adi	
2 Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sutra 94	
Kataka Rasi: 20.54	Tithi 2 – 3	Gulika 10:08AM – 12:00PM	Ashlesha* Until 12:12AM Thu	Ganesha: Orange <i>Sunrise:</i> 4:33AM	Sun 15 Sobhana 5125
		Yama 6:25AM – 8:17AM	Siddhi Until 12:49AM Thu	Muruga: Yellow <i>Sunset:</i> 7:26PM	Moon 6 - Phase 14 - 15
441316572	Rahu 12:00PM – 1:51PM		Taitila Until 7:13AM Thu	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 5:59PM	Moon – Blue	Devaloka Day
Until 12:12AM Thu				Sravana Adhika*Adi	
Then Creative Work - Amrita Yoga					
3 Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sutra 95	
Simha Rasi: 2.46	Tithi 3	Gulika 8:17AM – 10:09AM	Magha* Until 3:24AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:34AM	Sun 16 Sobhana 5125
		Yama 4:34AM – 6:26AM	Vyatipata* Until 1:51AM Fri	Muruga: Yellow <i>Sunset:</i> 7:25PM	Moon 6 - Phase 14 - 16
451316572	Rahu 1:51PM – 3:43PM		Taitila Until 7:13AM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:25PM	Moon – Red	Devaloka Day
Until 3:24AM Fri				Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga					
4 Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau		Albany, NY Sutra 96	
Simha Rasi: 15	Tithi 4	Gulika 6:26AM – 8:18AM	Purvaphalguni Until 6:24AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:35AM	Sun 17 Sobhana 5125
		Yama 3:42PM – 5:33PM	Variyan Until 2:50AM Sat	Muruga: Yellow <i>Sunset:</i> 7:25PM	Moon 6 - Phase 14 - 17
451316572	Rahu 10:09AM – 12:00PM		Vanija Until 9:41AM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:53PM	Moon – Red	Devaloka Day
Until 6:24AM Sat				Sravana Adhika*Adi	
Then Routine Work - Marana Yoga					
5 Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sutra 97	
Simha Rasi: 26.27	Tithi 5	Gulika 4:36AM – 6:27AM	Purvaphalguni Until 6:24AM	Ganesha: White <i>Sunrise:</i> 4:36AM	Sun 18 Sobhana 5125
		Yama 1:51PM – 3:42PM	Parigha* Until 3:42AM Sun	Muruga: Yellow <i>Sunset:</i> 7:24PM	Moon 6 - Phase 14 - 18
451416572	Rahu 8:18AM – 10:09AM		Bava Until 12:05PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:12AM Sun	Moon – Red	Bhuloka Day
Until 6:24AM				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
6 Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sutra 98	
Kanya Rasi: 8.23	Tithi 6	Gulika 3:41PM – 5:32PM	Uttaraphalguni Until 9:03AM	Ganesha: White <i>Sunrise:</i> 4:37AM	Sun 19 Sobhana 5125
		Yama 12:00PM – 1:51PM	Shiva Until 4:19AM Mon	Muruga: Yellow <i>Sunset:</i> 7:23PM	Moon 6 - Phase 14 - 19
451416572	Rahu 5:32PM – 7:23PM		Kaulava Until 2:16PM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:11AM Mon	Moon – Red	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sutra 99	
Retreat Star		Gulika 1:51PM – 3:41PM	Hasta Until 11:40AM	Ganesha: Purple <i>Sunrise:</i> 4:38AM	Sun 20 Sobhana 5125
Kanya Rasi: 20.26	Tithi 7	Yama 10:10AM – 12:00PM	Siddha Until 4:30AM Tue	Muruga: Yellow <i>Sunset:</i> 7:22PM	Moon 6 - Phase 14 - 20
Family Home Evening	462416572	Rahu 6:29AM – 8:19AM	Gara Until 4:00PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:38AM Tue	Moon – Green	Sivaloka Day
Until 11:40AM				Sravana Adhika*Adi	
Then Routine Work - Prabalarishta Yoga					
Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sutra 100	
Retreat Star		Gulika 12:00PM – 1:50PM	Chitra Until 1:32PM	Ganesha: Purple <i>Sunrise:</i> 4:39AM	Sun 21 Sobhana 5125
Tula Rasi: 2.44	Tithi 8	Yama 8:20AM – 10:10AM	Sadhya Until 4:07AM Wed	Muruga: Yellow <i>Sunset:</i> 7:21PM	Moon 6 - Phase 14 - 21
462416572	Rahu 3:41PM – 5:31PM		Visti Until 5:07PM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:22AM Wed	Moon – Green	Sivaloka Day
				Sravana Adhika*Adi	
Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sutra 101	
Retreat Star		Gulika 10:10AM – 12:00PM	Svati Until 2:29PM	Ganesha: Purple <i>Sunrise:</i> 4:40AM	Sun 22 Sobhana 5125
Tula Rasi: 15.21	Tithi 9	Yama 6:30AM – 8:20AM	Subha Until 3:07AM Thu	Muruga: Yellow <i>Sunset:</i> 7:20PM	Moon 6 - Phase 14 - 22
462416572	Rahu 12:00PM – 1:50PM		Balava Until 5:27PM	Nataraja: Yellow	Navami
Creative Work	Siddha Yoga		Navami* Until 5:16AM Thu	Moon – Green	Sivaloka Day
				Sravana Adhika*Adi	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Albany, NY Sun 23 Sutra 102	
Tula Rasi: 28.22	Tithi 10	Gulika 8:20AM – 10:10AM	Vishakha Until 2:55PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM
		Yama 4:41AM – 6:31AM	Sukla Until 1:23AM Fri	Muruga: Yellow	<i>Sunset:</i> 7:19PM
		472416572 Rahu 1:50PM – 3:40PM	Taitila Until 4:55PM	Nataraja: Yellow	Moon 6 - Phase 15 - 23
Creative Work	Siddha Yoga		Dashami Until 4:18AM Fri	Moon – Orange	4th Phase
				Devaloka Day Sravana Adhika*Adi	

2 Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		Albany, NY Sun 24 Sutra 103	
Vrischika Rasi: 11.51	Tithi 11	Gulika 6:31AM – 8:21AM	Anuradha Until 2:21PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM
		Yama 3:39PM – 5:29PM	Brahma Until 10:59PM	Muruga: Yellow	<i>Sunset:</i> 7:17PM
		472416572 Rahu 10:10AM – 12:00PM	Vanija Until 3:31PM	Nataraja: Yellow	Moon 6 - Phase 15 - 24
Creative Work	Siddha Yoga		Ekadashi Until 2:31AM Sat	Moon – Orange	4th Phase
Until 2:21PM				Devaloka Day Sravana Adhika*Adi	
Then Routine Work - Marana Yoga					

3 Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Albany, NY Sun 25 Sutra 104	
Vrischika Rasi: 25.5	Tithi 12	Gulika 4:43AM – 6:32AM	Jyeshtha* Until 12:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:43AM
		Yama 1:49PM – 3:39PM	Indra Until 7:59PM	Muruga: Yellow	<i>Sunset:</i> 7:17PM
		472416572 Rahu 8:21AM – 10:11AM	Bava Until 1:21PM	Nataraja: Yellow	Moon 6 - Phase 15 - 25
Creative Work	Siddha Yoga		Dvadashi Until 11:59PM	Moon – Orange	4th Phase
				Devaloka Day Sravana Adhika*Adi	

4 Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sun 26 Sutra 105	
Dhanus Rasi: 10.17	Tithi 13	Gulika 3:38PM – 5:27PM	Mula* Until 10:58AM	Ganesha: White	<i>Sunrise:</i> 4:44AM
		Yama 12:00PM – 1:49PM	Vaidhriti* Until 4:27PM	Muruga: Yellow	<i>Sunset:</i> 7:16PM
		482416572 Rahu 5:27PM – 7:16PM	Kaulava Until 10:31AM	Nataraja: Yellow	Moon 6 - Phase 15 - 26
Creative Work	Amrita Yoga		Trayodashi Until 8:53PM	Moon – Light Blue	4th Phase
Until 10:58AM				Sivaloka Day Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5 Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sun 27 Sutra 106	
Dhanus Rasi: 25.08	Tithi 14 – 15	Gulika 1:49PM – 3:37PM	Purvashadha* Until 8:25AM	Ganesha: White	<i>Sunrise:</i> 4:45AM
Family Home Evening		Yama 10:11AM – 12:00PM	Vishkambha* Until 12:32PM	Muruga: Yellow	<i>Sunset:</i> 7:15PM
		482416572 Rahu 6:34AM – 8:22AM	Gara Until 7:11AM	Nataraja: Yellow	Moon 6 - Phase 15 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 5:21PM	Moon – Light Blue	4th Phase
				Sivaloka Day Sravana Adhika*Adi	

○ Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Albany, NY Sun 27 Sutra 107	
Copper Retreat Star		Gulika 12:00PM – 1:48PM	Shravana Until 2:32AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM
Makara Rasi: 10.16	Tithi 15 – 16	Yama 8:23AM – 10:11AM	Priti Until 8:23AM	Muruga: Yellow	<i>Sunset:</i> 7:14PM
		492416572 Rahu 3:37PM – 5:25PM	Balava Until 11:39PM	Nataraja: Yellow	Moon 6 - Phase 15 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:34PM	Moon – Purple	
Until 2:32AM Wed				Devaloka Day Sravana Adhika*Adi	
Then Routine Work - Prabalarishta Yoga					

Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 28 Sutra 108	
Silver Retreat Star		Gulika 10:12AM – 12:00PM	Dhanishtha Until 11:32PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM
Makara Rasi: 25.32	Tithi 16 – 17	Yama 6:35AM – 8:23AM	Saubhagya Until 11:53PM	Muruga: Yellow	<i>Sunset:</i> 7:13PM
		492416572 Rahu 12:00PM – 1:48PM	Taitila Until 7:48PM	Nataraja: Yellow	Moon 6 - Phase 15 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 9:42AM	Moon – Purple	
Until 11:32PM				Devaloka Day Sravana Adhika*Adi	
Then Creative Work - Siddha Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 10.44 Tithi 18

492416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:24AM – 10:12AM Shatabhishak Until 8:37PM

Yama 4:48AM – 6:36AM Sobhana Until 7:50PM

Rahu 1:48PM – 3:36PM Vanija Until 4:08PM

Tritiya Until 2:24AM Fri

Ganesha: Yellow *Sunrise:* 4:48AM

Muruga: Yellow *Sunset:* 7:11PM

Nataraja: Yellow

Moon – Purple
Sravana Adhika*Adi

Sun 1

Sutra 109

Sobhana 5125

Moon 7 - Phase 16 - 1

1st Phase

Devaloka Day

1 Friday, August 4, 2023

Kumbha Rasi: 25.44 Tithi 19

412416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 6:37AM – 8:24AM Purvaproshtapada* Until 6:21PM

Yama 3:35PM – 5:23PM Athiganda* Until 4:04PM

Rahu 10:12AM – 12:00PM Bava Until 12:48PM

Chaturthi* Until 11:17PM

Ganesha: Clear *Sunrise:* 4:49AM

Muruga: Yellow *Sunset:* 7:10PM

Nataraja: Yellow

Moon – Clear
Sravana Adhika*Adi

Sun 2

Sutra 110

Sobhana 5125

Moon 7 - Phase 16 - 2

1st Phase

Devaloka Day

2 Saturday, August 5, 2023

Meena Rasi: 10.23 Tithi 20

412416572

Creative Work Siddha Yoga

Until 4:28PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 4:50AM – 6:37AM Uttaraproshtapada Until 4:28PM

Yama 1:47PM – 3:34PM Sukarma Until 12:45PM

Rahu 8:25AM – 10:12AM Kaulava Until 9:57AM

Panchami Until 8:44PM

Ganesha: Clear *Sunrise:* 4:50AM

Muruga: Yellow *Sunset:* 7:09PM

Nataraja: Yellow

Moon – Clear
Sravana Adhika*Adi

Sun 3

Sutra 111

Sobhana 5125

Moon 7 - Phase 16 - 3

1st Phase

Devaloka Day

3 Sunday, August 6, 2023

Meena Rasi: 24.38 Tithi 21

413416572

Creative Work Amrita Yoga

Until 3:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthayam Titau

Gulika 3:34PM – 5:21PM Revati Until 3:05PM

Yama 11:59AM – 1:46PM Dhriti Until 9:58AM

Rahu 5:21PM – 7:08PM Gara Until 7:44AM

Shashthi* Until 6:52PM

Ganesha: White *Sunrise:* 4:51AM

Muruga: Yellow *Sunset:* 7:08PM

Nataraja: Yellow

Moon – Clear
Sravana Adhika*Adi

Sun 4

Sutra 112

Sobhana 5125

Moon 7 - Phase 16 - 4

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4 Monday, August 7, 2023

Mesha Rasi: 8.25 Tithi 22 – 23

Family Home Evening

423416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:46PM – 3:33PM Ashvini Until 2:44PM

Yama 10:12AM – 11:59AM Shula* Until 7:44AM

Rahu 6:39AM – 8:26AM Visti Until 6:13AM

Saptami Until 5:43PM

Ganesha: Clear *Sunrise:* 4:52AM

Muruga: Yellow *Sunset:* 7:06PM

Nataraja: Yellow

Moon – White
Sravana Adhika*Adi

Sun 5

Sutra 113

Sobhana 5125

Moon 7 - Phase 16 - 5

1st Phase

Devaloka Day

Tour Day

Retreat Star

Mesha Rasi: 21.46 Tithi 23 – 24

423416572

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:59AM – 1:46PM Bharani Until 2:59PM

Yama 8:26AM – 10:13AM Ganda* Until 6:08AM

Rahu 3:32PM – 5:19PM Taitila Until 5:27AM Wed

Ashtami* Until 5:21PM

Ganesha: Clear *Sunrise:* 4:53AM

Muruga: Yellow *Sunset:* 7:05PM

Nataraja: Yellow

Moon – White
Sravana Adhika*Adi

Sun 6

Sutra 114

Sobhana 5125

Moon 7 - Phase 16 - 6

Ashtami

Devaloka Day

Retreat Star

Vrishabha Rasi: 4.43 Tithi 24 – 25

423416572

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 10:13AM – 11:59AM Krittika Until 3:47PM

Yama 6:40AM – 8:27AM Dhruva Until 4:38AM Thu

Rahu 11:59AM – 1:45PM Vanija Until 6:06AM Thu

Navami* Until 5:40PM

Ganesha: Clear *Sunrise:* 4:54AM

Muruga: Yellow *Sunset:* 7:04PM

Nataraja: Yellow

Moon – White
Sravana Adhika*Adi

Sun 7

Sutra 115

Sobhana 5125

Moon 7 - Phase 16 - 7

Navami

Devaloka Day

1 Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Rohini/Mrigashira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 116	
Vrishabha Rasi: 17.21	Tithi 25	Gulika 8:27AM – 10:13AM	Rohini Until 5:30PM	Ganesha: Purple <i>Sunrise:</i> 4:55AM	Sobhana 5125
		Yama 4:55AM – 6:41AM	Vyaghata* Until 4:35AM Fri	Muruga: Yellow <i>Sunset:</i> 7:02PM	Moon 7 - Phase 17 - 8
433416572	Rahu 1:45PM – 3:31PM		Vanija Until 6:06AM	Nataraja: Yellow	2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:37PM	Moon – Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

2 Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 117	
Vrishabha Rasi: 29.45	Tithi 26	Gulika 6:42AM – 8:28AM	Mrigashira Until 7:33PM	Ganesha: Purple <i>Sunrise:</i> 4:56AM	Sobhana 5125
		Yama 3:30PM – 5:15PM	Harshana Until 4:53AM Sat	Muruga: Yellow <i>Sunset:</i> 7:01PM	Moon 7 - Phase 17 - 9
433416572	Rahu 10:13AM – 11:59AM		Bava Until 7:18AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:03PM	Moon – Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

3 Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 118	
Mithuna Rasi: 11.57	Tithi 27	Gulika 4:57AM – 6:43AM	Ardra Until 9:47PM	Ganesha: Purple <i>Sunrise:</i> 4:57AM	Sobhana 5125
		Yama 1:44PM – 3:29PM	Vajra* Until 5:25AM Sun	Muruga: Yellow <i>Sunset:</i> 7:00PM	Moon 7 - Phase 17 - 10
433416572	Rahu 8:28AM – 10:13AM		Kaulava Until 8:56AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:52PM	Moon – Yellow	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

4 Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 119	
Mithuna Rasi: 24.02	Tithi 28	Gulika 3:28PM – 5:13PM	Punarvasu Until 12:36AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 4:58AM	Sobhana 5125
		Yama 11:58AM – 1:43PM	Siddhi Until 6:08AM Mon	Muruga: Yellow <i>Sunset:</i> 6:58PM	Moon 7 - Phase 17 - 11
443416572	Rahu 5:13PM – 6:58PM		Gara Until 10:53AM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:56PM	Moon – Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>	

5 Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 120	
Kataka Rasi: 6.01	Tithi 29	Gulika 1:43PM – 3:27PM	Pushya Until 3:26AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:00AM	Sobhana 5125
Family Home Evening		Yama 10:13AM – 11:58AM	Siddhi Until 6:08AM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 7 - Phase 17 - 12
443416572	Rahu 6:44AM – 8:29AM		Visti Until 1:04PM	Nataraja: Yellow	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:12AM Tue	Moon – Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

6 Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
Retreat Star		Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 121	
Kataka Rasi: 17.55	Tithi 30	Gulika 11:58AM – 1:42PM	Ashlesha* Until 6:14AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:01AM	Sobhana 5125
		Yama 8:29AM – 10:14AM	Vyatipata* Until 7:01AM	Muruga: Yellow <i>Sunset:</i> 6:55PM	Moon 7 - Phase 17 - 13
443416572	Rahu 3:27PM – 5:11PM		Catuspada Until 3:24PM	Nataraja: Yellow	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:35AM Wed	Moon – Blue	Bhuloka Day
				Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM

7 Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Albany, NY	
Retreat Star		Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 122	
Kataka Rasi: 29.47	Tithi 1	Gulika 10:14AM – 11:58AM	Ashlesha* Until 6:14AM	Ganesha: Orange <i>Sunrise:</i> 5:02AM	Sobhana 5125
		Yama 6:46AM – 8:30AM	Variyan Until 7:56AM	Muruga: Yellow <i>Sunset:</i> 6:54PM	Moon 7 - Phase 17 - 14
443516572	Rahu 11:58AM – 1:42PM		Kintughna Until 5:50PM	Nataraja: Yellow	Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:03AM Thu	Moon – Blue	Devaloka Day
				Sravana*Adi	

1		Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 123	
Simha Rasi: 11.38		Tithi 1 – 2		553516572		Gulika 8:30AM – 10:14AM		Magha* Until 9:24AM	
Creative Work		Amrita Yoga		Yama 5:03AM – 6:46AM		Sunrise: 5:03AM		Sobhana 5125	
Until 9:24AM		Then Creative Work - Siddha Yoga		Rahu 1:41PM – 3:25PM		Sunset: 6:52PM		Moon 7 - Phase 18 - 15	
				Balava Until 8:17PM		Nataraja: Yellow		3rd Phase	
				Prathama* Until 7:03AM		Moon – Red		Devaloka Day	
						Sravana*Avani			
2		Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 124	
Simha Rasi: 23.29		Tithi 2 – 3		553516572		Gulika 6:47AM – 8:31AM		Purvaphalguni Until 12:23PM	
Creative Work		Siddha Yoga		Yama 3:24PM – 5:07PM		Sunrise: 5:04AM		Sobhana 5125	
				Rahu 10:14AM – 11:57AM		Sunset: 6:51PM		Moon 7 - Phase 18 - 16	
				Taitila Until 10:41PM		Nataraja: Yellow		3rd Phase	
				Dvitiya Until 9:29AM		Moon – Red		Devaloka Day	
						Sravana*Avani			
3		Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhyo Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Sun 17		Sutra 125	
Kanya Rasi: 5.23		Tithi 3 – 4		553516572		Gulika 5:05AM – 6:48AM		Uttaraphalguni Until 3:05PM	
Routine Work		Marana Yoga		Yama 1:40PM – 3:23PM		Sunrise: 5:05AM		Sobhana 5125	
				Rahu 8:31AM – 10:14AM		Sunset: 6:49PM		Moon 7 - Phase 18 - 17	
				Siddha Until 10:45AM		Nataraja: Yellow		3rd Phase	
				Vanija Until 12:54AM Sun		Moon – Red		Devaloka Day	
				Tritiya Until 11:48AM		Sravana*Avani			
4		Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 126	
Kanya Rasi: 17.22		Tithi 4 – 5		564516572		Gulika 3:22PM – 5:05PM		Hasta Until 5:51PM	
Creative Work		Amrita Yoga		Yama 11:57AM – 1:40PM		Sunrise: 5:06AM		Sobhana 5125	
Until 5:51PM		Then Creative Work - Siddha Yoga		Rahu 5:05PM – 6:48PM		Sunset: 6:49PM		Moon 7 - Phase 18 - 18	
				Bava Until 2:47AM Mon		Nataraja: Yellow		3rd Phase	
				Nag Panchami		Moon – Green		Bhuloka Day	
				Chaturthi* Until 1:52PM		Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
5		Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19		Sutra 127	
Kanya Rasi: 29.29		Tithi 5 – 6		564516572		Gulika 1:39PM – 3:21PM		Chitra Until 8:02PM	
Family Home Evening		Routine Work		Yama 10:14AM – 11:57AM		Sunrise: 5:07AM		Sobhana 5125	
Until 8:02PM		Prabalarishta Yoga		Rahu 6:49AM – 8:32AM		Sunset: 6:46PM		Moon 7 - Phase 18 - 19	
Then Creative Work - Amrita Yoga				Kaulava Until 4:11AM Tue		Nataraja: Yellow		3rd Phase	
				Panchami Until 3:31PM		Moon – Green		Bhuloka Day	
						Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
6		Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 128	
Tula Rasi: 11.49		Tithi 6 – 7		564516572		Gulika 11:56AM – 1:38PM		Svati Until 9:29PM	
Creative Work		Siddha Yoga		Yama 8:32AM – 10:14AM		Sunrise: 5:08AM		Sobhana 5125	
Until 9:29PM		Then Routine Work - Marana Yoga		Rahu 3:21PM – 5:03PM		Sunset: 6:45PM		Moon 7 - Phase 18 - 20	
				Gara Until 4:57AM Wed		Nataraja: Yellow		3rd Phase	
				Shashthi* Until 4:38PM		Moon – Green		Bhuloka Day	
						Sravana*Avani		Tour Day	
								Devaloka Time: 3:PM to 6:PM	
7		Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 129	
Tula Rasi: 24.25		Tithi 7 – 8		574516572		Gulika 10:14AM – 11:56AM		Vishakha Until 10:34PM	
Creative Work		Siddha Yoga		Yama 6:51AM – 8:33AM		Sunrise: 5:09AM		Sobhana 5125	
				Rahu 11:56AM – 1:38PM		Sunset: 6:43PM		Moon 7 - Phase 18 - 21	
				Brahma Until 11:14AM		Nataraja: Yellow		3rd Phase	
				Visti Until 4:58AM Thu		Moon – Orange		Devaloka Day	
				Saptami Until 5:02PM		Sravana*Avani			
8		Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 130	
Vrischika Rasi: 7.23		Tithi 8 – 9		574516572		Gulika 8:33AM – 10:14AM		Anuradha Until 10:42PM	
Creative Work		Siddha Yoga		Yama 5:10AM – 6:52AM		Sunrise: 5:10AM		Sobhana 5125	
Until 10:42PM		Then Routine Work - Prabalarishta Yoga		Rahu 1:37PM – 3:19PM		Sunset: 6:42PM		Moon 7 - Phase 18 - 22	
				Indra Until 10:06AM		Nataraja: Yellow		Ashtami	
				Balava Until 4:12AM Fri		Moon – Orange		Devaloka Day	
				Ashtami* Until 4:40PM		Sravana*Avani			
9		Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 131	
Vrischika Rasi: 20.46		Tithi 9 – 10		574516572		Gulika 6:52AM – 8:33AM		Jyeshtha* Until 9:55PM	
Routine Work		Marana Yoga		Yama 3:18PM – 4:59PM		Sunrise: 5:11AM		Sobhana 5125	
Until 9:55PM		Then Creative Work - Amrita Yoga		Rahu 10:14AM – 11:56AM		Sunset: 6:40PM		Moon 7 - Phase 18 - 23	
				Taitila Until 2:39AM Sat		Nataraja: Yellow		Navami	
				Varalakshmi Vratnam		Moon – Orange		Devaloka Day	
				Navami* Until 3:30PM		Sravana*Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 11/20/21

www.gurudeva.org/panchang

1 Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sun 24 Sutra 132	
Dhanus Rasi: 4.37	Tithi 10 – 11	Gulika 5:12AM – 6:53AM	Mula* Until 8:41PM	Ganesha: White	<i>Sunrise:</i> 5:12AM
		Yama 1:36PM – 3:17PM	Priti Until 2:52AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:38PM
		584516572 Rahu 8:34AM – 10:15AM	Vanija Until 12:22AM Sun	Nataraja: Yellow	Moon 7 - Phase 19 - 24
Creative Work	Siddha Yoga		Dashami Until 1:34PM	Moon – Light Blue	4th Phase
				Sravana*Avani	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

2 Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 25 Sutra 133	
Dhanus Rasi: 18.56	Tithi 11 – 12	Gulika 3:16PM – 4:56PM	Purvashadha* Until 6:40PM	Ganesha: White	<i>Sunrise:</i> 5:13AM
		Yama 11:55AM – 1:35PM	Ayushman Until 11:21PM	Muruga: Yellow	<i>Sunset:</i> 6:37PM
		584516572 Rahu 4:56PM – 6:37PM	Bava Until 9:28PM	Nataraja: Yellow	Moon 7 - Phase 19 - 25
Creative Work	Siddha Yoga		Ekadashi Until 10:58AM	Moon – Light Blue	4th Phase
Until 6:40PM				Sravana*Avani	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

3 Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 26 Sutra 134	
Makara Rasi: 3.39	Tithi 12 – 13	Gulika 1:35PM – 3:15PM	Uttarashadha Until 4:02PM	Ganesha: White	<i>Sunrise:</i> 5:14AM
Family Home Evening		Yama 10:15AM – 11:55AM	Saubhagya Until 7:28PM	Muruga: Yellow	<i>Sunset:</i> 6:35PM
		584516573 Rahu 6:54AM – 8:35AM	Kaulava Until 6:07PM	Nataraja: White	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga		Dvadashi Until 7:49AM	Moon – Light Blue	4th Phase
Until 4:02PM				Sravana*Avani	Devaloka Day
Then Creative Work - Amrita Yoga					

4 Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sun 27 Sutra 135	
Makara Rasi: 18.41	Tithi 14	Gulika 11:54AM – 1:34PM	Shravana Until 1:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM
		Yama 8:35AM – 10:15AM	Sobhana Until 3:20PM	Muruga: Yellow	<i>Sunset:</i> 6:33PM
		594516573 Rahu 3:14PM – 4:54PM	Gara Until 2:26PM	Nataraja: White	Moon 7 - Phase 19 - 27
Creative Work	Siddha Yoga		Chaturdashi* Until 12:30AM Wed	Moon – Purple	4th Phase
		Chidambaram Abhishekam		Sravana*Avani	Sivaloka Day

Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Albany, NY Sutra 136	
Copper Retreat Star		Gulika 10:15AM – 11:54AM	Dhanishtha Until 10:19AM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM
Kumbha Rasi: 3.55	Tithi 15	Yama 6:56AM – 8:35AM	Athiganda* Until 11:04AM	Muruga: Yellow	<i>Sunset:</i> 6:32PM
		594516573 Rahu 11:54AM – 1:33PM	Visti Until 10:36AM	Nataraja: White	Moon 7 - Phase 19 - Purnima
Routine Work	Prabalarishta Yoga		Purnima* Until 8:40PM	Moon – Purple	
Until 10:19AM		Raksha Bandhan		Sravana*Avani	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Albany, NY Sutra 137	
Silver Retreat Star		Gulika 8:36AM – 10:15AM	Shatabhishak Until 7:11AM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM
Kumbha Rasi: 19.09	Tithi 16 – 17	Yama 5:18AM – 6:57AM	Sukarma Until 6:49AM	Muruga: Yellow	<i>Sunset:</i> 6:30PM
		594516573 Rahu 1:33PM – 3:12PM	Balava Until 6:47AM	Nataraja: White	Moon 7 - Phase 19 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:55PM	Moon – Purple	
				Sravana*Avani	Sivaloka Day

Friday, September 1, 2023
Gold Retreat Star

Meena Rasi: 4.15 Tithi 17 – 18

514516573

Creative Work Siddha Yoga
 Until 2:05AM Sat
 Then Routine Work - Prabalarishta Yoga

Gulika 6:57AM – 8:36AM
Yama 3:11PM – 4:50PM
Rahu 10:15AM – 11:53AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Uttaraaproshtapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttaraaproshtapada Until 2:05AM Sat
Shula* Until 10:55PM
 Vanija Until 11:53PM
Dvitiya Until 1:27PM

Ganesha: Yellow *Sunrise:* 5:19AM
Muruga: Yellow *Sunset:* 6:28PM
Nataraja: White
 Moon – Clear
Sravana*Avani

Sun 1 Sutra 138
 Sobhana 5125
 Moon 8 - Phase 20 - 1
 1st Phase

Sivaloka Day

1 Saturday, September 2, 2023

Meena Rasi: 19.02 Tithi 18 – 19

515516573

Routine Work Prabalarishta Yoga
 Until 12:02AM Sun
 Then Creative Work - Siddha Yoga

Gulika 5:20AM – 6:58AM
Yama 1:32PM – 3:10PM
Rahu 8:36AM – 10:15AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
 Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Revati Until 12:02AM Sun
Ganda* Until 7:33PM
 Bava Until 9:07PM
Tritiya Until 10:25AM

Ganesha: Red *Sunrise:* 5:20AM
Muruga: Yellow *Sunset:* 6:27PM
Nataraja: White
 Moon – Clear
Sravana*Avani

Sun 2 Sutra 139
 Sobhana 5125
 Moon 8 - Phase 20 - 2
 1st Phase

Sivaloka Day

2 Sunday, September 3, 2023

Mesha Rasi: 3.26 Tithi 19 – 20

525516573

Creative Work Siddha Yoga
 Until 10:56PM
 Then Routine Work - Prabalarishta Yoga

Gulika 3:09PM – 4:47PM
Yama 11:53AM – 1:31PM
Rahu 4:47PM – 6:25PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashvini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ashvini Until 10:56PM
Vriddhi Until 4:42PM
 Kaulava Until 7:00PM
Chaturthi* Until 7:57AM

Ganesha: Green *Sunrise:* 5:21AM
Muruga: Yellow *Sunset:* 6:25PM
Nataraja: White
 Moon – White
Sravana*Avani

Sun 3 Sutra 140
 Sobhana 5125
 Moon 8 - Phase 20 - 3
 1st Phase

Devaloka Day

3 Monday, September 4, 2023

Mesha Rasi: 17.22 Tithi 20 – 21

525516573

Family Home Evening
 Creative Work Siddha Yoga
 Until 10:28PM
 Then Routine Work - Marana Yoga

Gulika 1:30PM – 3:08PM
Yama 10:15AM – 11:52AM
Rahu 6:59AM – 8:37AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
 Bharani Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Bharani Until 10:28PM
Dhruva Until 2:26PM
 Vanija Until 5:15AM Tue
Panchami Until 6:12AM

Ganesha: Green *Sunrise:* 5:22AM
Muruga: Yellow *Sunset:* 6:23PM
Nataraja: White
 Moon – White
Sravana*Avani

Sun 4 Sutra 141
 Sobhana 5125
 Moon 8 - Phase 20 - 4
 1st Phase

Devaloka Day

4 Tuesday, September 5, 2023

Vrishabha Rasi: 0.5 Tithi 22

525516573

Creative Work Siddha Yoga
 Until 10:38PM
 Then Creative Work - Amrita Yoga

Gulika 11:52AM – 1:29PM
Yama 8:37AM – 10:15AM
Rahu 3:07PM – 4:44PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Kritika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Kritika Until 10:38PM
Vyaghata* Until 12:50PM
 Visti Until 5:06PM
Saptami Until 5:07AM Wed

Ganesha: Green *Sunrise:* 5:23AM
Muruga: Yellow *Sunset:* 6:21PM
Nataraja: White
 Moon – White
Sravana*Avani

Sun 5 Sutra 142
 Sobhana 5125
 Moon 8 - Phase 20 - 5
 1st Phase

Devaloka Day

Tour Day

Wednesday, September 6, 2023
Retreat Star

Vrishabha Rasi: 13.52 Tithi 23

535516573

Creative Work Siddha Yoga

Gulika 10:15AM – 11:52AM
Yama 7:01AM – 8:38AM
Rahu 11:52AM – 1:29PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
 Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rohini Until 11:54PM
Harshana Until 11:54AM
 Balava Until 5:22PM
Ashtami* Until 5:45AM Thu

Ganesha: Orange *Sunrise:* 5:24AM
Muruga: Yellow *Sunset:* 6:20PM
Nataraja: White
 Moon – Yellow
Sravana*Avani

Sun 6 Sutra 143
 Sobhana 5125
 Moon 8 - Phase 20 - 6
 Ashtami

Sivaloka Day

Krishna Janmashtami

Thursday, September 7, 2023
Retreat Star

Vrishabha Rasi: 26.31 Tithi 24

535516573

Routine Work Marana Yoga
 Until 1:40AM Fri
 Then Creative Work - Siddha Yoga

Gulika 8:38AM – 10:15AM
Yama 5:25AM – 7:02AM
Rahu 1:28PM – 3:05PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
 Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila Karana Navamyam Titau

Mrigashira Until 1:40AM Fri
Vajra* Until 11:30AM
 Taitila Until 6:21PM
Navami* Until 7:03AM Fri

Ganesha: Orange *Sunrise:* 5:25AM
Muruga: Yellow *Sunset:* 6:18PM
Nataraja: White
 Moon – Yellow
Sravana*Avani

Sun 7 Sutra 144
 Sobhana 5125
 Moon 8 - Phase 20 - 7
 Navami

Sivaloka Day

1 Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamam Titau		Albany, NY Sun 8 Sutra 145	
Mithuna Rasi: 8.52	Tithi 24 – 25	Gulika 7:02AM – 8:39AM	Ardra Until 3:47AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:26AM	Sobhana 5125
		Yama 3:04PM – 4:40PM	Siddhi Until 11:37AM	Muruga: Yellow <i>Sunset:</i> 6:16PM	Moon 8 - Phase 21 - 8
Creative Work	Siddha Yoga	Rahu 10:15AM – 11:51AM	Vanija Until 7:55PM	Nataraja: White	2nd Phase
			Navami* Until 7:03AM	Moon – Yellow	Sivaloka Day
				Sravana*Avani	

2 Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 146	
Mithuna Rasi: 21.01	Tithi 25 – 26	Gulika 5:27AM – 7:03AM	Punarvasu Until 6:37AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:27AM	Sobhana 5125
		Yama 1:27PM – 3:03PM	Vyatipata* Until 12:06PM	Muruga: Yellow <i>Sunset:</i> 6:15PM	Moon 8 - Phase 21 - 9
Creative Work	Siddha Yoga	Rahu 8:39AM – 10:15AM	Bava Until 9:55PM	Nataraja: White	2nd Phase
			Dashami Until 8:51AM	Moon – Blue	Devaloka Day
				Sravana*Avani	

3 Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 10 Sutra 147	
Kataka Rasi: 3.01	Tithi 26 – 27	Gulika 3:02PM – 4:37PM	Punarvasu Until 6:37AM	Ganesha: Purple <i>Sunrise:</i> 5:28AM	Sobhana 5125
		Yama 11:50AM – 1:26PM	Variyan Until 12:48PM	Muruga: Yellow <i>Sunset:</i> 6:13PM	Moon 8 - Phase 21 - 10
Creative Work	Siddha Yoga	Rahu 4:37PM – 6:13PM	Kaulava Until 12:11AM Mon	Nataraja: White	2nd Phase
		Grandparent's Day	Ekadashi* Until 11:00AM	Moon – Blue	Devaloka Day
				Sravana*Avani	

4 Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 11 Sutra 148	
Kataka Rasi: 14.56	Tithi 27 – 28	Gulika 1:25PM – 3:01PM	Pushya Until 9:29AM	Ganesha: Light Blue <i>Sunrise:</i> 5:29AM	Sobhana 5125
Family Home Evening		Yama 10:15AM – 11:50AM	Parigha* Until 1:41PM	Muruga: Yellow <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21 - 11
Creative Work	Siddha Yoga	Rahu 7:04AM – 8:40AM	Gara Until 2:37AM Tue	Nataraja: White	2nd Phase
			Dvadashi* Until 1:22PM	Moon – Blue	Devaloka Day
				Sravana*Avani	
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 12 Sutra 149	
Kataka Rasi: 26.47	Tithi 28 – 29	Gulika 11:50AM – 1:25PM	Ashlesha* Until 12:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:30AM	Sobhana 5125
		Yama 8:40AM – 10:15AM	Shiva Until 2:38PM	Muruga: Yellow <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 - 12
Creative Work	Siddha Yoga	Rahu 3:00PM – 4:34PM	Visti Until 5:04AM Wed	Nataraja: White	2nd Phase
			Trayodashi* Until 3:49PM	Moon – Blue	Devaloka Day
				Sravana*Avani	Tour Day

6 Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 13 Sutra 150	
Simha Rasi: 8.39	Tithi 29	Gulika 10:15AM – 11:49AM	Magha* Until 3:26PM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Sobhana 5125
		Yama 7:06AM – 8:40AM	Siddha Until 3:33PM	Muruga: Yellow <i>Sunset:</i> 6:08PM	Moon 8 - Phase 21 - 13
Creative Work	Siddha Yoga	Rahu 11:49AM – 1:24PM	Sakuni Until 6:16PM	Nataraja: White	2nd Phase
Until 3:26PM			Chaturdashi* Until 6:16PM	Moon – Red	Devaloka Day
Then Creative Work - Amrita Yoga				Sravana*Avani	

Retreat Star Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 14 Sutra 151	
Simha Rasi: 20.32	Tithi 30	Gulika 8:41AM – 10:15AM	Purvaphalguni Until 6:20PM	Ganesha: Purple <i>Sunrise:</i> 5:32AM	Sobhana 5125
		Yama 5:32AM – 7:06AM	Sadhya Until 4:24PM	Muruga: Yellow <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21 - 14
Creative Work	Siddha Yoga	Rahu 1:23PM – 2:57PM	Catuspada Until 7:28AM	Nataraja: White	Amavasya
			Amavasya* Until 8:36PM	Moon – Red	Devaloka Day
				Sravana*Avani	

Retreat Star Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 15 Sutra 152	
Kanya Rasi: 2.28	Tithi 1	Gulika 7:07AM – 8:41AM	Uttaraphalguni Until 8:53PM	Ganesha: Purple <i>Sunrise:</i> 5:33AM	Sobhana 5125
		Yama 2:56PM – 4:30PM	Subha Until 5:09PM	Muruga: White <i>Sunset:</i> 6:04PM	Moon 8 - Phase 21 - 15
Creative Work	Siddha Yoga	Rahu 10:15AM – 11:49AM	Kintughna Until 9:44AM	Nataraja: White	Prathama
Until 8:53PM			Prathama* Until 10:45PM	Moon – Red	Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada*Avani	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Saturday, September 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY
 Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 153
 Kanya Rasi: 14.29 Tithi 2 **Gulika** 5:34AM – 7:08AM **Hasta Until 11:30PM** **Ganesha:** Light Blue *Sunrise:* 5:34AM Sobhana 5125
 566626573 **Rahu** 8:41AM – 10:15AM **Sukla Until 5:39PM** **Muruga:** White *Sunset:* 6:02PM Moon 8 - Phase 22 - 16
 Routine Work Marana Yoga **Balava Until 11:46AM** **Nataraja:** White 3rd Phase
Dvitiya Until 12:38AM Sun **Moon – Green** **Sivaloka Day**
Bhadrapada*Avani

2 Sunday, September 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY
 Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 154
 Kanya Rasi: 26.37 Tithi 3 **Gulika** 2:54PM – 4:27PM **Chitra Until 1:37AM Mon** **Ganesha:** Light Blue *Sunrise:* 5:35AM Sobhana 5125
 566626573 **Rahu** 4:27PM – 6:00PM **Brahma Until 5:56PM** **Muruga:** White *Sunset:* 6:00PM Moon 8 - Phase 22 - 17
 Creative Work Siddha Yoga **Taitila Until 1:28PM** **Nataraja:** White 3rd Phase
 Until 1:37AM Mon **Tritiya Until 2:09AM Mon** **Moon – Green** **Sivaloka Day**
 Then Creative Work - Amrita Yoga **Bhadrapada*Puratasi**

3 Monday, September 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY
 Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 155
 Tula Rasi: 8.55 Tithi 4 **Gulika** 1:20PM – 2:53PM **Svati Until 3:08AM Tue** **Ganesha:** Purple *Sunrise:* 5:37AM Sobhana 5125
 567626573 **Rahu** 7:09AM – 8:42AM **Indra Until 5:53PM** **Muruga:** White *Sunset:* 5:59PM Moon 8 - Phase 22 - 18
Family Home Evening **Vanija Until 2:47PM** **Nataraja:** White 3rd Phase
 Creative Work Amrita Yoga **Ganesha Chaturthi** **Chaturthi* Until 3:14AM Tue** **Moon – Green** **Sivaloka Day**
 Until 3:08AM Tue **Bhadrapada*Puratasi**
 Then Routine Work - Marana Yoga

4 Tuesday, September 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY
 Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 156
 Tula Rasi: 21.25 Tithi 5 **Gulika** 11:47AM – 1:20PM **Vishakha Until 4:28AM Wed** **Ganesha:** Clear *Sunrise:* 5:38AM Sobhana 5125
 577626573 **Rahu** 2:52PM – 4:24PM **Vaidhriti* Until 5:26PM** **Muruga:** White *Sunset:* 5:57PM Moon 8 - Phase 22 - 19
 Routine Work Marana Yoga **Bava Until 3:36PM** **Nataraja:** White 3rd Phase
 Until 4:28AM Wed **Panchami Until 3:47AM Wed** **Moon – Orange** **Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Bhadrapada*Puratasi**

5 Wednesday, September 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY
 Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 157
 Vrishchika Rasi: 4.08 Tithi 6 **Gulika** 10:15AM – 11:47AM **Anuradha Until 5:04AM Thu** **Ganesha:** Clear *Sunrise:* 5:39AM Sobhana 5125
 577626573 **Rahu** 11:47AM – 1:19PM **Vishkambha* Until 4:34PM** **Muruga:** White *Sunset:* 5:55PM Moon 8 - Phase 22 - 20
 Creative Work Siddha Yoga **Kaulava Until 3:52PM** **Nataraja:** White 3rd Phase
 Until 5:04AM Thu **Shashthi* Until 3:45AM Thu** **Moon – Orange** **Subha Sivaloka Day**
 Then Routine Work - Prabalarishta Yoga **Bhadrapada*Puratasi**

6 Thursday, September 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY
 Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 158
 Vrishchika Rasi: 17.1 Tithi 7 **Gulika** 8:43AM – 10:15AM **Jyeshtha* Until 4:54AM Fri** **Ganesha:** Clear *Sunrise:* 5:40AM Sobhana 5125
 577626573 **Rahu** 1:18PM – 2:50PM **Priti Until 3:13PM** **Muruga:** White *Sunset:* 5:53PM Moon 8 - Phase 22 - 21
 Routine Work Prabalarishta Yoga **Gara Until 3:31PM** **Nataraja:** White 3rd Phase
 Until 4:54AM Fri **Saptami Until 3:05AM Fri** **Moon – Orange** **Subha Sivaloka Day**
 Then Creative Work - Amrita Yoga **Bhadrapada*Puratasi**

Friday, September 22, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY
Retreat Star Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau Sun 22 Sutra 159
 Dhanus Rasi: 0.31 Tithi 8 **Gulika** 7:12AM – 8:44AM **Mula* Until 4:24AM Sat** **Ganesha:** White *Sunrise:* 5:41AM Sobhana 5125
 587626573 **Rahu** 10:15AM – 11:46AM **Ayushman Until 1:20PM** **Muruga:** White *Sunset:* 5:52PM Moon 8 - Phase 22 - 22
 Creative Work Amrita Yoga **Visti Until 2:32PM** **Nataraja:** White Ashtami
 Until 4:24AM Sat **Ashtami* Until 1:47AM Sat** **Moon – Light Blue** **Sivaloka Day**
 Then Creative Work - Siddha Yoga **Bhadrapada*Puratasi**

Saturday, September 23, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY
Retreat Star Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 160
 Dhanus Rasi: 14.14 Tithi 9 **Gulika** 5:42AM – 7:13AM **Purvashadha* Until 3:10AM Sun** **Ganesha:** White *Sunrise:* 5:42AM Sobhana 5125
 587626573 **Rahu** 8:44AM – 10:15AM **Saubhagya Until 10:58AM** **Muruga:** White *Sunset:* 5:50PM Moon 8 - Phase 22 - 23
 Creative Work Siddha Yoga **Balava Until 12:55PM** **Nataraja:** White Navami
 Until 3:10AM Sun **Navami* Until 11:52PM** **Moon – Light Blue** **Sivaloka Day**
 Then Creative Work - Amrita Yoga **Bhadrapada*Puratasi**

1 Sunday, September 24, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY
 Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau Sun 24 Sutra 161
 Dhanus Rasi: 28.2 Tithi 10 **Gulika 2:47PM – 4:17PM** **Uttarashadha Until 1:15AM Mon** **Ganesha: White** Sunrise: 5:43AM Sobhana 5125
 Creative Work Amrita Yoga Yama 11:45AM – 1:16PM Sobhana Until 8:08AM **Muruga: White** Sunset: 5:48PM Moon 8 - Phase 23 - 24
 587626573 **Rahu 4:17PM – 5:48PM** Taitila Until 10:44AM **Nataraja: White** 4th Phase
Dashami Until 9:25PM Moon – Light Blue **Sivaloka Day**
Bhadrapada*Puratasi

2 Monday, September 25, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY
 Shravana Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 25 Sutra 162
 Makara Rasi: 12.47 Tithi 11 **Gulika 1:15PM – 2:46PM** **Shravana Until 11:11PM** **Ganesha: White** Sunrise: 5:44AM Sobhana 5125
Family Home Evening 598626573 Yama 10:15AM – 11:45AM Sukarma Until 1:15AM Tue **Muruga: White** Sunset: 5:46PM Moon 8 - Phase 23 - 25
 Creative Work Amrita Yoga **Rahu 7:14AM – 8:45AM** Vanija Until 8:02AM **Nataraja: White** 4th Phase
 Until 11:11PM **Ekadashi Until 6:31PM** Moon – Purple **Subha Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Bhadrapada*Puratasi**

3 Tuesday, September 26, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY
 Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 163
 Makara Rasi: 27.32 Tithi 12 – 13 **Gulika 11:45AM – 1:15PM** **Dhanishtha Until 8:41PM** **Ganesha: White** Sunrise: 5:45AM Sobhana 5125
 Creative Work Siddha Yoga Yama 8:45AM – 10:15AM Dhriti Until 9:24PM **Muruga: White** Sunset: 5:44PM Moon 8 - Phase 23 - 26
 Until 8:41PM Kaulava Until 1:36AM Wed **Nataraja: White** 4th Phase
 Then Routine Work - Marana Yoga **Dvadashi Until 3:17PM** Moon – Purple **Subha Subha Sivaloka Day**
Pradosha Vrata **Bhadrapada*Puratasi**

4 Wednesday, September 27, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY
 Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 164
 Kumbha Rasi: 12.28 Tithi 13 – 14 **Gulika 10:15AM – 11:44AM** **Shatabhishak Until 5:53PM** **Ganesha: White** Sunrise: 5:46AM Sobhana 5125
 Creative Work Siddha Yoga Yama 7:16AM – 8:45AM Shula* Until 5:25PM **Muruga: White** Sunset: 5:43PM Moon 8 - Phase 23 - 27
 Until 5:53PM **Rahu 11:44AM – 1:14PM** Gara Until 10:08PM **Nataraja: White** 4th Phase
 Then Creative Work - Amrita Yoga **Chidambaram Abhishekam** **Trayodashi Until 11:51AM** Moon – Purple **Subha Subha Sivaloka Day**
Kadaitswami Mahasamadhi **Bhadrapada*Puratasi**

Thursday, September 28, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturdashii/Purnimayam Titau Sun 28 Sutra 165
 Kumbha Rasi: 27.29 Tithi 14 – 15 **Gulika 8:46AM – 10:15AM** **Purvaproshtapada* Until 3:21PM** **Ganesha: Yellow** Sunrise: 5:47AM Sobhana 5125
 Creative Work Siddha Yoga Yama 5:47AM – 7:16AM Ganda* Until 1:26PM **Muruga: White** Sunset: 5:41PM Moon 8 - Phase 23 -
 618626573 **Rahu 1:13PM – 2:43PM** Visti Until 6:42PM **Nataraja: White** Purnima
 Moon – Clear **Subha Sivaloka Day**
Chaturdashii* Until 8:23AM **Bhadrapada*Puratasi**

Friday, September 29, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Albany, NY
 Uttaraproshtapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 166
 Meena Rasi: 12.26 Tithi 16 **Gulika 7:17AM – 8:46AM** **Uttaraproshtapada Until 12:50PM** **Ganesha: Yellow** Sunrise: 5:48AM Sobhana 5125
 Creative Work Siddha Yoga Yama 2:41PM – 4:10PM Vridhi Until 9:35AM **Muruga: White** Sunset: 5:39PM Moon 8 - Phase 23 -
 618626573 **Rahu 10:15AM – 11:44AM** Balava Until 3:26PM **Nataraja: White** Prathama
 Moon – Clear **Subha Sivaloka Day**
Prathama* Until 1:55AM Sat **Bhadrapada*Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Saturday, September 30, 2023
Gold Retreat Star

Meena Rasi: 27.1 Tithi 17
 Routine Work Prabalarishta Yoga
 Until 10:31AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 5:49AM – 7:18AM
 Yama 1:12PM – 2:40PM
Rahu 8:46AM – 10:15AM
Revati Until 10:31AM
 Vyaghata* Until 2:43AM Sun
 Taitila Until 12:32PM
Dvitiya Until 11:14PM

Ganesh: Yellow Sunrise: 5:49AM
 Muruga: White Sunset: 5:37PM
 Nataraja: White
 Moon – Clear
Subha Sivaloka Day
 Bhadrpada*Puratasi

1 Sunday, October 1, 2023

Mesha Rasi: 11.34 Tithi 18
 Creative Work Siddha Yoga
 Until 8:57AM
 Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 2:39PM – 4:08PM
 Yama 11:43AM – 1:11PM
Rahu 4:08PM – 5:36PM
Ashvini Until 8:57AM
 Harshana Until 11:58PM
 Vanija Until 10:07AM
Tritiya Until 9:07PM

Albany, NY Sutra 168
 Sun 1
 Sobhana 5125
 Moon 9 - Phase 24 - 1
 1st Phase
Subha Sivaloka Day
 Bhadrpada*Puratasi

2 Monday, October 2, 2023

Mesha Rasi: 25.35 Tithi 19
Family Home Evening
 Creative Work Siddha Yoga
 Until 7:53AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 1:11PM – 2:38PM
 Yama 10:15AM – 11:43AM
Rahu 7:19AM – 8:47AM
Bharani Until 7:53AM
 Vajra* Until 9:45PM
 Bava Until 8:20AM
Chaturthi* Until 7:42PM

Albany, NY Sutra 169
 Sun 2
 Sobhana 5125
 Moon 9 - Phase 24 - 2
 1st Phase
Subha Sivaloka Day
 Bhadrpada*Puratasi

3 Tuesday, October 3, 2023

Vrishabha Rasi: 9.08 Tithi 20
 Creative Work Siddha Yoga
 Until 7:23AM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika/Rohini Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 11:42AM – 1:10PM
 Yama 8:48AM – 10:15AM
Rahu 2:37PM – 4:05PM
Krittika Until 7:23AM
 Siddhi Until 8:10PM
 Kaulava Until 7:17AM
Panchami Until 7:03PM

Albany, NY Sutra 170
 Sun 3
 Sobhana 5125
 Moon 9 - Phase 24 - 3
 1st Phase
Subha Sivaloka Day
 Bhadrpada*Puratasi

4 Wednesday, October 4, 2023

Vrishabha Rasi: 22.16 Tithi 21
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 10:15AM – 11:42AM
 Yama 7:21AM – 8:48AM
Rahu 11:42AM – 1:09PM
Rohini Until 7:58AM
 Vyatipata* Until 7:14PM
 Gara Until 7:03AM
Shashthi* Until 7:12PM

Albany, NY Sutra 171
 Sun 4
 Sobhana 5125
 Moon 9 - Phase 24 - 4
 1st Phase
Sivaloka Day
 Bhadrpada*Puratasi

5 Thursday, October 5, 2023

Mithuna Rasi: 5 Tithi 22
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 8:48AM – 10:15AM
 Yama 5:55AM – 7:22AM
Rahu 1:09PM – 2:35PM
Mrigashira Until 9:10AM
 Variyan Until 6:52PM
 Visti Until 7:36AM
Saptami Until 8:07PM

Albany, NY Sutra 172
 Sun 5
 Sobhana 5125
 Moon 9 - Phase 24 - 5
 1st Phase
Subha Sivaloka Day
 Bhadrpada*Puratasi

Friday, October 6, 2023
Retreat Star

Mithuna Rasi: 17.25 Tithi 23
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 7:22AM – 8:49AM
 Yama 2:34PM – 4:01PM
Rahu 10:15AM – 11:42AM
Ardra Until 10:53AM
 Parigha* Until 7:00PM
 Balava Until 8:51AM
Ashtami* Until 9:42PM

Albany, NY Sutra 173
 Sun 6
 Sobhana 5125
 Moon 9 - Phase 24 - 6
 Ashtami
Subha Sivaloka Day
 Bhadrpada*Puratasi

Saturday, October 7, 2023
Retreat Star

Mithuna Rasi: 29.35 Tithi 24
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau
Gulika 5:57AM – 7:23AM
 Yama 1:07PM – 2:33PM
Rahu 8:49AM – 10:15AM
Punarvasu Until 1:28PM
 Shiva Until 7:33PM
 Taitila Until 10:42AM
Navami* Until 11:45PM

Albany, NY Sutra 174
 Sun 7
 Sobhana 5125
 Moon 9 - Phase 24 - 7
 Navami
Subha Subha Sivaloka Day
 Bhadrpada*Puratasi

1	Sunday, October 8, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau							Albany, NY Sutra 175
	Kataka Rasi: 11.34	Tithi 25	Gulika 2:32PM – 3:58PM Yama 11:41AM – 1:07PM Rahu 3:58PM – 5:24PM	Pushya Until 4:14PM Siddha Until 8:19PM Vanija Until 12:56PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 5:58AM <i>Sunset:</i> 5:24PM	Sun 8	Sobhana 5125 Moon 9 - Phase 25 - 8 2nd Phase	
	Creative Work	Siddha Yoga	Dashami Until 2:07AM Mon		Subha Sivaloka Day Bhadrapada*Puratasi				


2	Monday, October 9, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau							Albany, NY Sutra 176
	Kataka Rasi: 23.28	Tithi 26	Gulika 1:06PM – 2:31PM Yama 10:15AM – 11:41AM Rahu 7:25AM – 8:50AM	Ashlesha* Until 7:02PM Sadhya Until 9:13PM Bava Until 3:23PM	Ganesh: Blue Muruga: White Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 5:59AM <i>Sunset:</i> 5:22PM	Sun 9	Sobhana 5125 Moon 9 - Phase 25 - 9 2nd Phase	
	Family Home Evening	Siddha Yoga	Ekadashi* Until 4:37AM Tue		Subha Sivaloka Day Bhadrapada*Puratasi				

3	Tuesday, October 10, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau							Albany, NY Sutra 177
	Simha Rasi: 5.19	Tithi 27	Gulika 11:40AM – 1:05PM Yama 8:51AM – 10:16AM Rahu 2:30PM – 3:55PM	Magha* Until 10:11PM Subha Until 10:08PM Kaulava Until 5:53PM	Ganesh: Red Muruga: White Nataraja: Clear Moon – Red	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:20PM	Sun 10	Sobhana 5125 Moon 9 - Phase 25 - 10 2nd Phase	
	Creative Work	Siddha Yoga	Dvadashi* Until 7:04AM Wed		Sivaloka Day Bhadrapada*Puratasi				

4	Wednesday, October 11, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau							Albany, NY Sutra 178
	Simha Rasi: 17.12	Tithi 27 – 28	Gulika 10:16AM – 11:40AM Yama 7:26AM – 8:51AM Rahu 11:40AM – 1:05PM	Purvaphalguni Until 1:02AM Thu Sukla Until 10:55PM Gara Until 8:16PM	Ganesh: Red Muruga: White Nataraja: Clear Moon – Red	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:19PM	Sun 11	Sobhana 5125 Moon 9 - Phase 25 - 11 2nd Phase	
	Creative Work	Amrita Yoga	Dvadashi* Until 7:04AM		Sivaloka Day Bhadrapada*Puratasi				

Pradosha Vrata (Fasting)

5	Thursday, October 12, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau							Albany, NY Sutra 179
	Simha Rasi: 29.08	Tithi 28 – 29	Gulika 8:51AM – 10:16AM Yama 6:03AM – 7:27AM Rahu 1:04PM – 2:29PM	Uttaraphalguni Until 3:27AM Fri Brahma Until 11:31PM Visti Until 10:24PM	Ganesh: Red Muruga: White Nataraja: Clear Moon – Red	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 5:17PM	Sun 12	Sobhana 5125 Moon 9 - Phase 25 - 12 2nd Phase	
	Amrita Yoga		Trayodashi* Until 9:21AM		Sivaloka Day Bhadrapada*Puratasi				

	Friday, October 13, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau							Albany, NY Sutra 180
	Retreat Star	Kanya Rasi: 11.11	Tithi 29 – 30	Gulika 7:28AM – 8:52AM Yama 2:28PM – 3:51PM Rahu 10:16AM – 11:40AM	Hasta Until 5:52AM Sat Indra Until 11:52PM Catuspada Until 12:11AM Sat	Ganesh: Yellow Muruga: White Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 5:15PM	Sun 13	Sobhana 5125 Moon 9 - Phase 25 - 13 Amavasya
	Creative Work	Amrita Yoga	Mahalaya Amavasai (Tamil Nadu)		Chaturdashi* Until 11:19AM		Sivaloka Day Bhadrapada*Puratasi		

6	Saturday, October 14, 2023	Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau							Albany, NY Sutra 181
	Retreat Star	Kanya Rasi: 23.23	Tithi 30 – 1	Gulika 6:05AM – 7:29AM Yama 1:03PM – 2:27PM Rahu 8:52AM – 10:16AM	Chitra Until 7:41AM Sun Vaidhriti* Until 11:52PM Kintughna Until 1:33AM Sun	Ganesh: Yellow Muruga: White Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:05AM <i>Sunset:</i> 5:14PM	Sun 14	Sobhana 5125 Moon 9 - Phase 25 - 14 Prathama
	Routine Work	Marana Yoga	Navaratri Begins		Amavasya* Until 12:54PM		Sivaloka Day Ashvina*Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 15 Sutra 182	
Tula Rasi: 5.47	Tithi 1 – 2	Gulika 2:26PM – 3:49PM	Chitra Until 7:41AM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	Sobhana 5125
		Yama 11:39AM – 1:02PM	Vishkambha* Until 11:31PM	Muruga: White <i>Sunset:</i> 5:12PM	Moon 9 - Phase 26 - 15
Creative Work	Siddha Yoga	Rahu 3:49PM – 5:12PM	Balava Until 2:27AM Mon	Nataraja: Clear	3rd Phase
			Prathama* Until 2:02PM	Moon – Green	
				Ashvina*Puratasi	Sivaloka Day

2 Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 16 Sutra 183	
Tula Rasi: 18.22	Tithi 2 – 3	Gulika 1:02PM – 2:25PM	Svati Until 8:54AM	Ganesha: Yellow <i>Sunrise:</i> 6:08AM	Sobhana 5125
Family Home Evening		Yama 10:16AM – 11:39AM	Priti Until 10:50PM	Muruga: White <i>Sunset:</i> 5:11PM	Moon 9 - Phase 26 - 16
Creative Work	Amrita Yoga	Rahu 7:30AM – 8:53AM	Taitila Until 2:53AM Tue	Nataraja: Clear	3rd Phase
Until 8:54AM			Dvitiya Until 2:43PM	Moon – Green	
Then Routine Work - Marana Yoga				Ashvina*Puratasi	Sivaloka Day

3 Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Albany, NY Sun 17 Sutra 184	
Vrischika Rasi: 1.11	Tithi 3 – 4	Gulika 11:39AM – 1:01PM	Vishakha Until 9:58AM	Ganesha: Red <i>Sunrise:</i> 6:09AM	Sobhana 5125
		Yama 8:54AM – 10:16AM	Ayushman Until 9:45PM	Muruga: White <i>Sunset:</i> 5:09PM	Moon 9 - Phase 26 - 17
Routine Work	Marana Yoga	Rahu 2:24PM – 3:46PM	Vanija Until 2:52AM Wed	Nataraja: Clear	3rd Phase
Until 9:58AM			Tritiya Until 2:55PM	Moon – Orange	
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	Sivaloka Day

4 Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18 Sutra 185	
Vrischika Rasi: 14.13	Tithi 4 – 5	Gulika 10:16AM – 11:39AM	Anuradha Until 10:27AM	Ganesha: Red <i>Sunrise:</i> 6:10AM	Sobhana 5125
		Yama 7:32AM – 8:54AM	Saubhagya Until 8:19PM	Muruga: White <i>Sunset:</i> 5:07PM	Moon 9 - Phase 26 - 18
Creative Work	Siddha Yoga	Rahu 11:39AM – 1:01PM	Bava Until 2:23AM Thu	Nataraja: Clear	3rd Phase
			Chaturthi* Until 2:40PM	Moon – Orange	
				Ashvina*Aipasi	Sivaloka Day

5 Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Albany, NY Sun 19 Sutra 186	
Vrischika Rasi: 27.29	Tithi 5 – 6	Gulika 8:55AM – 10:17AM	Jyeshtha* Until 10:20AM	Ganesha: Red <i>Sunrise:</i> 6:11AM	Sobhana 5125
		Yama 6:11AM – 7:33AM	Sobhana Until 6:34PM	Muruga: White <i>Sunset:</i> 5:06PM	Moon 9 - Phase 26 - 19
Routine Work	Prabalarishta Yoga	Rahu 1:00PM – 2:22PM	Kaulava Until 1:29AM Fri	Nataraja: Clear	3rd Phase
Until 10:20AM			Panchami Until 1:58PM	Moon – Orange	
Then Creative Work - Siddha Yoga				Ashvina*Aipasi	Sivaloka Day

6 Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 20 Sutra 187	
Dhanus Rasi: 10.59	Tithi 6 – 7	Gulika 7:34AM – 8:55AM	Mula* Until 10:07AM	Ganesha: Yellow <i>Sunrise:</i> 6:12AM	Sobhana 5125
		Yama 2:21PM – 3:43PM	Athiganda* Until 4:28PM	Muruga: White <i>Sunset:</i> 5:04PM	Moon 9 - Phase 26 - 20
Creative Work	Amrita Yoga	Rahu 10:17AM – 11:38AM	Gara Until 12:11AM Sat	Nataraja: Clear	3rd Phase
Until 10:07AM			Shashthi* Until 12:52PM	Moon – Light Blue	
Then Routine Work - Prabalarishta Yoga				Ashvina*Aipasi	Sivaloka Day

Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 21 Sutra 188	
Dhanus Rasi: 24.43	Tithi 7 – 8	Gulika 6:13AM – 7:35AM	Purvashadha* Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM	Sobhana 5125
		Yama 12:59PM – 2:20PM	Sukarma Until 2:04PM	Muruga: White <i>Sunset:</i> 5:03PM	Moon 9 - Phase 26 - 21
Creative Work	Siddha Yoga	Rahu 8:56AM – 10:17AM	Visti Until 10:30PM	Nataraja: Clear	Ashtami
Until 9:21AM			Saptami Until 11:22AM	Moon – Light Blue	
Then Routine Work - Marana Yoga		Durga Ashtami		Ashvina*Aipasi	Sivaloka Day

Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 22 Sutra 189	
Makara Rasi: 8.41	Tithi 8 – 9	Gulika 2:20PM – 3:40PM	Uttarashadha Until 8:05AM	Ganesha: Yellow <i>Sunrise:</i> 6:15AM	Sobhana 5125
		Yama 11:38AM – 12:59PM	Dhriti Until 11:22AM	Muruga: White <i>Sunset:</i> 5:01PM	Moon 9 - Phase 26 - 22
Creative Work	Amrita Yoga	Rahu 3:40PM – 5:01PM	Balava Until 8:27PM	Nataraja: Clear	Navami
			Ashtami* Until 9:30AM	Moon – Light Blue	
		Saraswathi Puja (Tamil Nadu)		Ashvina*Aipasi	Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Albany, NY Sutra 190	
1	Makara Rasi: 22.52 Tithi 9 – 10	Gulika 12:58PM – 2:19PM Yama 10:17AM – 11:38AM Rahu 7:36AM – 8:57AM	Shravana Until 6:45AM Shula* Until 8:23AM Taitila Until 6:06PM	Ganesha: White <i>Sunrise:</i> 6:16AM Muruga: White <i>Sunset:</i> 5:00PM	Sun 23 Sobhana 5125 Moon 9 - Phase 27 - 23 4th Phase
Family Home Evening Creative Work Amrita Yoga Until 6:45AM Then Creative Work - Siddha Yoga		Vijaya Dasami Navami* Until 7:17AM		Devaloka Day Ashvina*Aipasi	

Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Albany, NY Sutra 191	
2	Kumbha Rasi: 7.15 Tithi 11	Gulika 11:38AM – 12:58PM Yama 8:57AM – 10:18AM Rahu 2:18PM – 3:38PM	Shatabhishak Until 2:55AM Wed Vriddhi Until 1:50AM Wed Vanija Until 3:30PM	Ganesha: White <i>Sunrise:</i> 6:17AM Muruga: White <i>Sunset:</i> 4:58PM	Sun 24 Sobhana 5125 Moon 9 - Phase 27 - 24 4th Phase
Routine Work Marana Yoga Until 2:55AM Wed Then Creative Work - Amrita Yoga		Ekadashi Until 2:07AM Wed		Devaloka Day Ashvina*Aipasi	

Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Albany, NY Sutra 192	
3	Kumbha Rasi: 21.46 Tithi 12	Gulika 10:18AM – 11:38AM Yama 7:38AM – 8:58AM Rahu 11:38AM – 12:57PM	Purvaproshtapada* Until 1:00AM Thu Dhruva Until 10:22PM Bava Until 12:44PM	Ganesha: Purple <i>Sunrise:</i> 6:18AM Muruga: White <i>Sunset:</i> 4:57PM	Sun 25 Sobhana 5125 Moon 9 - Phase 27 - 25 4th Phase
Creative Work Amrita Yoga Until 1:00AM Thu Then Creative Work - Siddha Yoga		Dvadashi Until 11:19PM		Devaloka Day Ashvina*Aipasi	

Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sutra 193	
4	Meena Rasi: 6.22 Tithi 13	Gulika 8:58AM – 10:18AM Yama 6:19AM – 7:39AM Rahu 12:57PM – 2:16PM	Uttaraproshtapada Until 10:57PM Vyaghata* Until 6:54PM Kaulava Until 9:55AM	Ganesha: Purple <i>Sunrise:</i> 6:19AM Muruga: White <i>Sunset:</i> 4:55PM	Sun 26 Sobhana 5125 Moon 9 - Phase 27 - 26 4th Phase
Creative Work Siddha Yoga		Trayodashi Until 8:31PM		Devaloka Day Ashvina*Aipasi	
<i>Pradosha Vrata</i>					

Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sutra 194	
5	Meena Rasi: 20.55 Tithi 14 – 15	Gulika 7:40AM – 8:59AM Yama 2:16PM – 3:35PM Rahu 10:18AM – 11:37AM	Revati Until 8:54PM Harshana Until 3:32PM Gara Until 7:10AM	Ganesha: Purple <i>Sunrise:</i> 6:21AM Muruga: White <i>Sunset:</i> 4:54PM	Sun 27 Sobhana 5125 Moon 9 - Phase 27 - 27 4th Phase
Creative Work Siddha Yoga Until 8:54PM Then Creative Work - Amrita Yoga		Chaturdashi* Until 5:50PM		Devaloka Day Ashvina*Aipasi	

Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Albany, NY Sutra 195	
○	Mesha Rasi: 5.22 Tithi 15 – 16	Gulika 6:22AM – 7:41AM Yama 12:56PM – 2:15PM Rahu 9:00AM – 10:18AM	Ashvini Until 7:24PM Vajra* Until 12:21PM Balava Until 2:21AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:22AM Muruga: White <i>Sunset:</i> 4:53PM	Sun 28 Sobhana 5125 Moon 9 - Phase 27 - Purnima
Creative Work Siddha Yoga		Purnima* Until 3:25PM		Sivaloka Day Ashvina*Aipasi	

Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Albany, NY Sutra 196	
○	Mesha Rasi: 19.34 Tithi 16 – 17	Gulika 2:14PM – 3:33PM Yama 11:37AM – 12:56PM Rahu 3:33PM – 4:51PM	Bharani Until 6:10PM Siddhi Until 9:28AM Taitila Until 12:34AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:23AM Muruga: White <i>Sunset:</i> 4:51PM	Sun 29 Sobhana 5125 Moon 9 - Phase 27 - Prathama
Routine Work Prabalarishta Yoga Until 6:10PM Then Creative Work - Siddha Yoga		Prathama* Until 1:23PM		Sivaloka Day Ashvina*Aipasi	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

Monday, October 30, 2023
Gold Retreat Star

Vrishabha Rasi: 3.28 Tithi 17 – 18
Family Home Evening
 Routine Work Marana Yoga
 Until 5:20PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Krittika/Rohini Nakshatra Vyatipata*Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 12:55PM – 2:14PM
 Yama 10:19AM – 11:37AM
Rahu 7:43AM – 9:01AM
Krittika Until 5:20PM
 Vyatipata* Until 7:01AM
 Vanija Until 11:22PM
Dvitiya Until 11:52AM

Albany, NY Sutra 197
 Sobhana 5125
 Moon 10 - Phase 28 - 1
 1st Phase
Ganesh: White *Sunrise:* 6:24AM
Muruga: White *Sunset:* 4:50PM
Nataraja: Clear
 Moon – White
Subha Sivaloka Day
 Ashvina•Aipasi

1
Tuesday, October 31, 2023

Vrishabha Rasi: 17 Tithi 18 – 19
 632826574
 Creative Work Amrita Yoga
 Until 5:26PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau
Gulika 11:37AM – 12:55PM
 Yama 9:01AM – 10:19AM
Rahu 2:13PM – 3:31PM
Rohini Until 5:26PM
 Parigha* Until 3:34AM Wed
 Bava Until 10:51PM
Tritiya Until 11:00AM

Albany, NY Sutra 198
 Sobhana 5125
 Moon 10 - Phase 28 - 2
 1st Phase
Ganesh: Yellow *Sunrise:* 6:26AM
Muruga: White *Sunset:* 4:49PM
Nataraja: Clear
 Moon – Yellow
Sivaloka Day
 Ashvina•Aipasi

2
Wednesday, November 1, 2023

Mithuna Rasi: 0.1 Tithi 19 – 20
 632826574
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 10:20AM – 11:37AM
 Yama 7:44AM – 9:02AM
Rahu 11:37AM – 12:55PM
Mrigashira Until 6:06PM
 Shiva Until 2:42AM Thu
 Kaulava Until 11:03PM
Chaturthi* Until 10:50AM

Albany, NY Sutra 199
 Sobhana 5125
 Moon 10 - Phase 28 - 3
 1st Phase
Ganesh: Yellow *Sunrise:* 6:27AM
Muruga: White *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Yellow
Sivaloka Day
 Ashvina•Aipasi

3
Thursday, November 2, 2023

Mithuna Rasi: 12.58 Tithi 20 – 21
 632826574
 Routine Work Marana Yoga
 Until 7:18PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau
Gulika 9:03AM – 10:20AM
 Yama 6:28AM – 7:45AM
Rahu 12:54PM – 2:12PM
Ardra Until 7:18PM
 Siddha Until 2:22AM Fri
 Gara Until 11:58PM
Panchami Until 11:24AM

Albany, NY Sutra 200
 Sobhana 5125
 Moon 10 - Phase 28 - 4
 1st Phase
Ganesh: White *Sunrise:* 6:28AM
Muruga: White *Sunset:* 4:46PM
Nataraja: Clear
 Moon – Yellow
Devaloka Day
 Ashvina•Aipasi

4
Friday, November 3, 2023

Mithuna Rasi: 25.26 Tithi 21 – 22
 643826574
 Creative Work Siddha Yoga
 Until 9:28PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 7:46AM – 9:03AM
 Yama 2:11PM – 3:28PM
Rahu 10:20AM – 11:37AM
Punarvasu Until 9:28PM
 Sadhya Until 2:32AM Sat
 Visti Until 1:33AM Sat
Shashthi* Until 12:40PM

Albany, NY Sutra 201
 Sobhana 5125
 Moon 10 - Phase 28 - 5
 1st Phase
Ganesh: Yellow *Sunrise:* 6:29AM
Muruga: White *Sunset:* 4:45PM
Nataraja: Clear
 Moon – Blue
Sivaloka Day
 Ashvina•Aipasi

Retreat Star
Saturday, November 4, 2023

Kataka Rasi: 7.38 Tithi 22 – 23
 643826574
 Creative Work Siddha Yoga
 Until 11:59PM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 6:31AM – 7:47AM
 Yama 12:54PM – 2:10PM
Rahu 9:04AM – 10:20AM
Pushya Until 11:59PM
 Subha Until 3:05AM Sun
 Balava Until 3:39AM Sun
Saptami Until 2:31PM

Albany, NY Sutra 202
 Sobhana 5125
 Moon 10 - Phase 28 - 6
 Ashtami
Ganesh: Yellow *Sunrise:* 6:31AM
Muruga: White *Sunset:* 4:44PM
Nataraja: Clear
 Moon – Blue
Sivaloka Day
 Ashvina•Aipasi

Retreat Star
Sunday, November 5, 2023

Kataka Rasi: 19.4 Tithi 23 – 24
 643826574
 Creative Work Siddha Yoga
 Until 2:40AM Mon
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:10PM – 3:26PM
 Yama 11:37AM – 12:53PM
Rahu 3:26PM – 4:42PM
Ashlesha* Until 2:40AM Mon
 Sukla Until 3:52AM Mon
 Taitila Until 6:04AM Mon
Ashtami* Until 4:48PM

Albany, NY Sutra 203
 Sobhana 5125
 Moon 10 - Phase 28 - 7
 Navami
Ganesh: Yellow *Sunrise:* 6:32AM
Muruga: White *Sunset:* 4:42PM
Nataraja: Clear
 Moon – Blue
Sivaloka Day
 Ashvina•Aipasi

Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau		Sun 8 Sutra 204 Sobhana 5125		
1	Simha Rasi: 1.33 Tithi 24 Family Home Evening Routine Work Marana Yoga Until 5:50AM Tue Then Creative Work - Siddha Yoga	Gulika 12:53PM – 2:09PM Yama 10:21AM – 11:37AM Rahu 7:49AM – 9:05AM	Magha* Until 5:50AM Tue Brahma Until 4:45AM Tue Taitila Until 6:04AM Navami* Until 7:19PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Red Ashvina•Aipasi	Sunrise: 6:33AM Sunset: 4:41PM Moon 10 - Phase 29 - 8 2nd Phase	Devaloka Day
Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 205 Sobhana 5125		
2	Simha Rasi: 13.25 Tithi 25 753826574 Creative Work Siddha Yoga Until 8:45AM Wed Then Creative Work - Amrita Yoga	Gulika 11:37AM – 12:53PM Yama 9:06AM – 10:21AM Rahu 2:09PM – 3:24PM	Purvaphalguni Until 8:45AM Wed Indra Until 5:36AM Wed Vanija Until 8:37AM Dashami Until 9:50PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red Ashvina•Aipasi	Sunrise: 6:34AM Sunset: 4:40PM Moon 10 - Phase 29 - 9 2nd Phase	Sivaloka Day Tour Day
Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 206 Sobhana 5125		
3	Simha Rasi: 25.17 Tithi 26 753826574 Creative Work Amrita Yoga	Gulika 10:22AM – 11:37AM Yama 7:51AM – 9:06AM Rahu 11:37AM – 12:53PM	Purvaphalguni Until 8:45AM Vaidhriti* Until 6:13AM Thu Bava Until 11:03AM Ekadashi* Until 12:09AM Thu	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red Ashvina•Aipasi	Sunrise: 6:36AM Sunset: 4:39PM Moon 10 - Phase 29 - 10 2nd Phase	Sivaloka Day
Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 11 Sutra 207 Sobhana 5125		
4	Kanya Rasi: 7.17 Tithi 27 753826574 Amrita Yoga Until 11:13AM Then Routine Work - Marana Yoga	Gulika 9:07AM – 10:22AM Yama 6:37AM – 7:52AM Rahu 12:52PM – 2:08PM	Uttaraphalguni Until 11:13AM Vaidhriti* Until 6:13AM Kaulava Until 1:11PM Dvadashi* Until 2:04AM Fri	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red Ashvina•Aipasi	Sunrise: 6:37AM Sunset: 4:38PM Moon 10 - Phase 29 - 11 2nd Phase	Sivaloka Day
Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 208 Sobhana 5125		
5	Kanya Rasi: 19.26 Tithi 28 763826574 Creative Work Amrita Yoga Until 1:36PM Then Creative Work - Siddha Yoga	Gulika 7:53AM – 9:08AM Yama 2:07PM – 3:22PM Rahu 10:23AM – 11:37AM	Hasta Until 1:36PM Vishkambha* Until 6:32AM Gara Until 2:52PM Trayodashi* Until 3:28AM Sat <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green Ashvina•Aipasi	Sunrise: 6:38AM Sunset: 4:37PM Moon 10 - Phase 29 - 12 2nd Phase	Devaloka Day
Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 209 Sobhana 5125		
6	Tula Rasi: 1.49 Tithi 29 763826574 Routine Work Marana Yoga Until 3:16PM Then Creative Work - Siddha Yoga	Gulika 6:39AM – 7:54AM Yama 12:52PM – 2:07PM Rahu 9:08AM – 10:23AM	Chitra Until 3:16PM Priti Until 6:27AM Visti Until 3:58PM Chaturdashi* Until 4:16AM Sun	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green Ashvina•Aipasi	Sunrise: 6:39AM Sunset: 4:36PM Moon 10 - Phase 29 - 13 2nd Phase	Devaloka Day
Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 210 Sobhana 5125		
Retreat Star	Tula Rasi: 14.27 Tithi 30 763826574 Creative Work Siddha Yoga Until 4:12PM Then Routine Work - Marana Yoga	Gulika 2:06PM – 3:20PM Yama 11:38AM – 12:52PM Rahu 3:20PM – 4:35PM	Svati Until 4:12PM Saubhagya Until 4:52AM Mon Catuspada Until 4:28PM Amavasya* Until 4:28AM Mon	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green Ashvina•Aipasi	Sunrise: 6:41AM Sunset: 4:35PM Moon 10 - Phase 29 - 14 Amavasya	Devaloka Day
Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 211 Sobhana 5125		
Retreat Star	Tula Rasi: 27.23 Tithi 1 773826574 Family Home Evening Routine Work Marana Yoga Until 4:52PM Then Creative Work - Siddha Yoga	Gulika 12:52PM – 2:06PM Yama 10:24AM – 11:38AM Rahu 7:56AM – 9:10AM	Vishakha Until 4:52PM Sobhana Until 3:25AM Tue Kintughna Until 4:22PM Prathama* Until 4:06AM Tue	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange Karttika•Aipasi	Sunrise: 6:42AM Sunset: 4:34PM Moon 10 - Phase 29 - 15 Prathama	Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1 Tuesday, November 14, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY
Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 212

Vrischika Rasi: 10.35	Tithi 2	Gulika 11:38AM – 12:52PM	Anuradha Until 4:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:43AM	Sobhana 5125
		Yama 9:11AM – 10:24AM	Athiganda* Until 1:34AM Wed	Muruga: White	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 30 - 16
		773826574 Rahu 2:05PM – 3:19PM	Balava Until 3:45PM	Nataraja: Clear		3rd Phase

Creative Work Siddha Yoga
Until 4:52PM
Then Routine Work - Marana Yoga

Devaloka Day
Kartika*Aipasi

2 Wednesday, November 15, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY
Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 213

Vrischika Rasi: 24.04	Tithi 3	Gulika 10:25AM – 11:38AM	Jyeshtha* Until 4:18PM	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Sobhana 5125
		Yama 7:58AM – 9:11AM	Sukarma Until 11:24PM	Muruga: White	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 30 - 17
		773826574 Rahu 11:38AM – 12:52PM	Taitila Until 2:42PM	Nataraja: Clear		3rd Phase

Creative Work Siddha Yoga
Until 4:18PM
Then Routine Work - Marana Yoga

Devaloka Day
Kartika*Aipasi

3 Thursday, November 16, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY
Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau Sun 18 Sutra 214

Dhanus Rasi: 7.44	Tithi 4	Gulika 9:12AM – 10:25AM	Mula* Until 3:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM	Sobhana 5125
		Yama 6:46AM – 7:59AM	Dhriti Until 9:01PM	Muruga: White	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 30 - 18
		784826574 Rahu 12:52PM – 2:05PM	Vanija Until 1:18PM	Nataraja: Clear		3rd Phase

Creative Work Siddha Yoga

Sivaloka Day
Kartika*Kartikai

4 Friday, November 17, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY
Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 215

Dhanus Rasi: 21.36	Tithi 5	Gulika 8:00AM – 9:13AM	Purvashadha* Until 2:42PM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Sobhana 5125
		Yama 2:04PM – 3:17PM	Shula* Until 6:25PM	Muruga: White	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 30 - 19
		784826575 Rahu 10:26AM – 11:39AM	Bava Until 11:39AM	Nataraja: Purple		3rd Phase

Routine Work Prabalarishta Yoga
Until 2:42PM
Then Routine Work - Marana Yoga

Subha Sivaloka Day
Kartika*Kartikai

5 Saturday, November 18, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY
Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 216

Makara Rasi: 5.35	Tithi 6	Gulika 6:48AM – 8:01AM	Uttarashadha Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	Sobhana 5125
		Yama 12:51PM – 2:04PM	Ganda* Until 3:43PM	Muruga: White	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 30 - 20
		784826575 Rahu 9:13AM – 10:26AM	Kaulava Until 9:49AM	Nataraja: Purple		3rd Phase

Routine Work Marana Yoga
Until 1:24PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day
Kartika*Kartikai

6 Sunday, November 19, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY
Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 217

Makara Rasi: 19.38	Tithi 7	Gulika 2:04PM – 3:16PM	Shravana Until 12:17PM	Ganesha: White	<i>Sunrise:</i> 6:49AM	Sobhana 5125
		Yama 11:39AM – 12:51PM	Vridhi Until 12:56PM	Muruga: White	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 30 - 21
		794826575 Rahu 3:16PM – 4:29PM	Gara Until 7:53AM	Nataraja: Purple		3rd Phase

Creative Work Amrita Yoga
Until 12:17PM
Then Routine Work - Marana Yoga

Subha Subha Sivaloka Day
Kartika*Kartikai

Monday, November 20, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY
Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 218

Retreat Star

Kumbha Rasi: 3.45	Tithi 8 – 9	Gulika 12:51PM – 2:04PM	Dhanishtha Until 10:56AM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Sobhana 5125
		Yama 10:27AM – 11:39AM	Dhruva Until 10:05AM	Muruga: White	<i>Sunset:</i> 4:28PM	Moon 10 - Phase 30 - 22
		794826575 Rahu 8:03AM – 9:15AM	Balava Until 3:48AM Tue	Nataraja: Purple		Ashtami

Family Home Evening
Creative Work Siddha Yoga

Subha Subha Sivaloka Day
Kartika*Kartikai

Tuesday, November 21, 2023 Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY
Shatabhishak*/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 219


Retreat Star

Kumbha Rasi: 17.53	Tithi 9 – 10	Gulika 11:39AM – 12:51PM	Shatabhishak Until 9:25AM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Sobhana 5125
		Yama 9:16AM – 10:28AM	Vyaghata* Until 7:12AM	Muruga: White	<i>Sunset:</i> 4:27PM	Moon 10 - Phase 30 - 23
		794826575 Rahu 2:03PM – 3:15PM	Taitila Until 1:43AM Wed	Nataraja: Purple		Navami

Routine Work Marana Yoga

Subha Subha Sivaloka Day
Kartika*Kartikai

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Albany, NY Sutra 220	
Meena Rasi: 2.02		Tithi 10 – 11		714826575		Gulika 10:28AM – 11:40AM		Purvaproshtapada* Until 8:11AM	
Creative Work		Amrita Yoga		Yama 8:05AM – 9:16AM		Sunrise: 6:53AM		Ganesha: White	
Until 8:11AM		Then Creative Work - Siddha Yoga		Rahu 11:40AM – 12:51PM		Sunset: 4:27PM		Muruga: White	
				Vajra* Until 1:26AM Thu		Moon 10 - Phase 31 - 24		Nataraja: Purple	
				Vanija Until 11:39PM		Moon - Clear		Subha Subha Sivaloka Day	
				Dashami Until 12:40PM		Karttika*Karttikai			
2		Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Albany, NY Sutra 221	
Meena Rasi: 16.1		Tithi 11 – 12		714826575		Gulika 9:17AM – 10:29AM		Uttaraproshtapada Until 6:50AM	
Creative Work		Siddha Yoga		Yama 6:54AM – 8:06AM		Sunrise: 6:54AM		Ganesha: White	
				Rahu 12:51PM – 2:03PM		Sunset: 4:26PM		Muruga: White	
				Siddhi Until 10:37PM		Moon 10 - Phase 31 - 25		Nataraja: Purple	
				Bava Until 9:39PM		Moon - Clear		Subha Subha Sivaloka Day	
				Ekadashi Until 10:37AM		Karttika*Karttikai			
3		Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Albany, NY Sutra 222	
Mesha Rasi: 0.14		Tithi 12 – 13		724926575		Gulika 8:07AM – 9:18AM		Ashvini Until 4:27AM Sat	
Creative Work		Amrita Yoga		Yama 2:03PM – 3:14PM		Sunrise: 6:55AM		Ganesha: Purple	
Until 4:27AM Sat		Then Creative Work - Siddha Yoga		Rahu 10:29AM – 11:40AM		Sunset: 4:25PM		Muruga: White	
				Vyatipata* Until 7:56PM		Moon 10 - Phase 31 - 26		Nataraja: Purple	
				Kaulava Until 7:48PM		Moon - White		Sivaloka Day	
				Dvadashi Until 8:41AM		Karttika*Karttikai			
				Pradosha Vrata					
4		Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyani/Parigha* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Albany, NY Sutra 223	
Mesha Rasi: 14.13		Tithi 13 – 14		724926575		Gulika 6:56AM – 8:07AM		Bharani Until 3:35AM Sun	
Creative Work		Siddha Yoga		Yama 12:52PM – 2:03PM		Sunrise: 6:56AM		Ganesha: Purple	
				Rahu 9:19AM – 10:30AM		Sunset: 4:25PM		Muruga: White	
				Varyani Until 5:22PM		Moon 10 - Phase 31 - 27		Nataraja: Purple	
				Gara Until 6:09PM		Moon - White		Sivaloka Day	
				Trayodashi Until 6:55AM		Karttika*Karttikai			
		Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Albany, NY Sutra 224	
Mesha Rasi: 28.02		Tithi 15		724926575		Gulika 2:03PM – 3:13PM		Krittika Until 2:55AM Mon	
Creative Work		Siddha Yoga		Yama 11:41AM – 12:52PM		Sunrise: 6:58AM		Ganesha: Purple	
Until 2:55AM Mon		Then Creative Work - Amrita Yoga		Rahu 3:13PM – 4:24PM		Sunset: 4:24PM		Muruga: White	
				Krittika Deepam		Moon 10 - Phase 31 - Purnima		Nataraja: Purple	
				Purnima* Until 4:16AM Mon		Moon - White		Sivaloka Day	
						Karttika*Karttikai			
Monday, November 27, 2023		Silver Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Albany, NY Sutra 225	
Vrishabha Rasi: 11.38		Tithi 16		734926575		Gulika 12:52PM – 2:02PM		Rohini Until 3:00AM Tue	
Creative Work		Amrita Yoga		Yama 10:31AM – 11:41AM		Sunrise: 6:59AM		Ganesha: Clear	
Until 3:00AM Tue		Then Creative Work - Siddha Yoga		Rahu 8:09AM – 9:20AM		Sunset: 4:24PM		Muruga: White	
				Balava Until 3:53PM		Moon 10 - Phase 31 - Prathama		Nataraja: Purple	
				Prathama* Until 3:35AM Tue		Moon - Yellow		Subha Sivaloka Day	
				Vinayaga Viratam Begins		Karttika*Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Vrishabha Rasi: 24.58 Tithi 17
734926575
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:42AM – 12:52PM
Yama 9:21AM – 10:31AM
734926575 Rahu 2:02PM – 3:13PM

Mrigashira Until 3:28AM Wed
Siddha Until 11:31AM
Taitila Until 3:28PM
Dvitiya Until 3:27AM Wed

Ganesha: Clear Sunrise: 7:00AM
Muruga: White Sunset: 4:23PM Moon 11 - Phase 32 - 1st Phase
Nataraja: Purple
Moon – Yellow
Subha Sivaloka Day
Karttika•Karttikai

1

Wednesday, November 29, 2023

Mithuna Rasi: 8.01 Tithi 18
735926575
Creative Work Siddha Yoga
Until 4:21AM Thu
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:32AM – 11:42AM
Yama 8:11AM – 9:21AM
735926575 Rahu 11:42AM – 12:52PM

Ardra Until 4:21AM Thu
Sadhya Until 10:23AM
Vanija Until 3:38PM
Tritiya Until 3:56AM Thu

Albany, NY Sutra 227
Sobhana 5125
Sun 1 Moon 11 - Phase 32 - 1st Phase
Ganesha: Purple Sunrise: 7:01AM
Muruga: White Sunset: 4:23PM
Nataraja: Purple
Moon – Yellow
Subha Subha Sivaloka Day
Karttika•Karttikai

2

Thursday, November 30, 2023

Mithuna Rasi: 20.46 Tithi 19
745926575
Creative Work Amrita Yoga
Until 6:10AM Fri
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:22AM – 10:32AM
Yama 7:02AM – 8:12AM
745926575 Rahu 12:52PM – 2:02PM

Punarvasu Until 6:10AM Fri
Subha Until 9:44AM
Bava Until 4:26PM
Chaturthi* Until 5:02AM Fri

Albany, NY Sutra 228
Sobhana 5125
Sun 2 Moon 11 - Phase 32 - 2nd Phase
Ganesha: Clear Sunrise: 7:02AM
Muruga: White Sunset: 4:23PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

3

Friday, December 1, 2023

Kataka Rasi: 3.14 Tithi 20
745926575
Creative Work Siddha Yoga
Until 6:10AM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:13AM – 9:23AM
Yama 2:02PM – 3:12PM
745926575 Rahu 10:33AM – 11:43AM

Punarvasu Until 6:10AM
Sukla Until 9:31AM
Kaulava Until 5:51PM
Panchami Until 6:44AM Sat

Albany, NY Sutra 229
Sobhana 5125
Sun 3 Moon 11 - Phase 32 - 3rd Phase
Ganesha: Clear Sunrise: 7:03AM
Muruga: White Sunset: 4:22PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

4

Saturday, December 2, 2023

Kataka Rasi: 15.28 Tithi 20 – 21
745926575
Creative Work Siddha Yoga
Until 8:23AM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:04AM – 8:14AM
Yama 12:53PM – 2:02PM
745926575 Rahu 9:24AM – 10:33AM

Pushya Until 8:23AM
Brahma Until 9:46AM
Gara Until 7:48PM
Panchami Until 6:44AM

Albany, NY Sutra 230
Sobhana 5125
Sun 4 Moon 11 - Phase 32 - 4th Phase
Ganesha: Clear Sunrise: 7:04AM
Muruga: White Sunset: 4:22PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

5

Sunday, December 3, 2023

Kataka Rasi: 27.29 Tithi 21 – 22
745926575
Creative Work Siddha Yoga
Until 10:53AM
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Shastamyam Titau

Gulika 2:03PM – 3:12PM
Yama 11:43AM – 12:53PM
745926575 Rahu 3:12PM – 4:22PM

Ashlesha* Until 10:53AM
Indra Until 10:23AM
Visti Until 10:11PM
Shashthi* Until 8:56AM

Albany, NY Sutra 231
Sobhana 5125
Sun 5 Moon 11 - Phase 32 - 5th Phase
Ganesha: Clear Sunrise: 7:05AM
Muruga: White Sunset: 4:22PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Karttika•Karttikai

D

Monday, December 4, 2023
Retreat Star

Simha Rasi: 9.22 Tithi 22 – 23
755926575
Family Home Evening
Routine Work Marana Yoga
Until 2:01PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 12:53PM – 2:03PM
Yama 10:34AM – 11:44AM
755926575 Rahu 8:16AM – 9:25AM

Magha* Until 2:01PM
Vaidhriti* Until 11:12AM
Balava Until 12:47AM Tue
Saptami Until 11:27AM

Albany, NY Sutra 232
Sobhana 5125
Sun 6 Moon 11 - Phase 32 - 6th Phase
Ganesha: White Sunrise: 7:06AM
Muruga: White Sunset: 4:21PM
Nataraja: Purple
Moon – Red
Subha Subha Sivaloka Day
Karttika•Karttikai

T

Tuesday, December 5, 2023
Retreat Star

Simha Rasi: 21.12 Tithi 23 – 24
755936575
Creative Work Siddha Yoga
Until 5:03PM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:44AM – 12:54PM
Yama 9:26AM – 10:35AM
755936575 Rahu 2:03PM – 3:12PM

Purvaphalguni Until 5:03PM
Vishkambha* Until 12:06PM
Taitila Until 3:21AM Wed
Ashtami* Until 2:04PM

Albany, NY Sutra 233
Sobhana 5125
Sun 7 Moon 11 - Phase 32 - 7th Phase
Ganesha: White Sunrise: 7:07AM
Muruga: Clear Sunset: 4:21PM
Nataraja: Purple
Moon – Red
Subha Sivaloka Day
Karttika•Karttikai


1 Wednesday, December 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Albany, NY Sun 8 Sutra 234
Kanya Rasi: 3.04	Tithi 24 – 25	Gulika 10:36AM – 11:45AM	Uttaraphalguni Until 7:44PM	Ganesha: White <i>Sunrise:</i> 7:08AM Muruga: Clear <i>Sunset:</i> 4:21PM
	755936575	Yama 8:17AM – 9:26AM	Priti Until 12:55PM	Moon 11 - Phase 33 - 8
		Rahu 11:45AM – 12:54PM	Vanija Until 5:38AM Thu	2nd Phase
Creative Work	Amrita Yoga		Navami* Until 4:31PM	Subha Sivaloka Day
Until 7:44PM				Karttika*Karttikai
Then Routine Work - Marana Yoga				
2 Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Dashamyam Titau		Albany, NY Sun 9 Sutra 235
Kanya Rasi: 15.03	Tithi 25	Gulika 9:27AM – 10:36AM	Hasta Until 10:21PM	Ganesha: Yellow <i>Sunrise:</i> 7:09AM Muruga: Clear <i>Sunset:</i> 4:21PM
	765936575	Yama 7:09AM – 8:18AM	Ayushman Until 1:26PM	Moon 11 - Phase 33 - 9
		Rahu 12:54PM – 2:03PM	Visti Until 6:35PM	2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:35PM	Sivaloka Day
Until 10:21PM				Karttika*Karttikai
Then Creative Work - Siddha Yoga				
3 Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 10 Sutra 236
Kanya Rasi: 27.14	Tithi 26	Gulika 8:19AM – 9:28AM	Chitra Until 12:12AM Sat	Ganesha: White <i>Sunrise:</i> 7:10AM Muruga: Clear <i>Sunset:</i> 4:21PM
	766936575	Yama 2:03PM – 3:12PM	Saubhagya Until 1:32PM	Moon 11 - Phase 33 - 10
		Rahu 10:37AM – 11:46AM	Bava Until 7:25AM	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:02PM	Devaloka Day
				Karttika*Karttikai
4 Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Albany, NY Sun 11 Sutra 237
Tula Rasi: 9.42	Tithi 27	Gulika 7:11AM – 8:20AM	Svati Until 1:11AM Sun	Ganesha: White <i>Sunrise:</i> 7:11AM Muruga: Clear <i>Sunset:</i> 4:21PM
	766936575	Yama 12:55PM – 2:04PM	Sobhana Until 1:06PM	Moon 11 - Phase 33 - 11
		Rahu 9:29AM – 10:37AM	Kaulava Until 8:30AM	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:45PM	Devaloka Day
Until 1:11AM Sun				Karttika*Karttikai
Then Routine Work - Marana Yoga				
5 Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 12 Sutra 238
Tula Rasi: 22.31	Tithi 28	Gulika 2:04PM – 3:12PM	Vishakha Until 1:44AM Mon	Ganesha: Green <i>Sunrise:</i> 7:12AM Muruga: Clear <i>Sunset:</i> 4:21PM
	776936575	Yama 11:46AM – 12:55PM	Athiganda* Until 12:04PM	Moon 11 - Phase 33 - 12
		Rahu 3:12PM – 4:21PM	Gara Until 8:50AM	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:42PM	Devaloka Day
Until 1:44AM Mon				Karttika*Karttikai
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	
6 Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 13 Sutra 239
Vrischika Rasi: 5.41	Tithi 29	Gulika 12:55PM – 2:04PM	Anuradha Until 1:27AM Tue	Ganesha: Green <i>Sunrise:</i> 7:13AM Muruga: Clear <i>Sunset:</i> 4:21PM
Family Home Evening	776936575	Yama 10:38AM – 11:47AM	Sukarma Until 10:28AM	Moon 11 - Phase 33 - 13
Creative Work	Siddha Yoga	Rahu 8:21AM – 9:30AM	Visti Until 8:25AM	2nd Phase
Until 1:27AM Tue			Chaturdashi* Until 7:56PM	Devaloka Day
Then Routine Work - Marana Yoga				Tour Day
Retreat Star				
7 Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 14 Sutra 240
Vrischika Rasi: 19.16	Tithi 30	Gulika 11:47AM – 12:56PM	Jyeshtha* Until 12:26AM Wed	Ganesha: Green <i>Sunrise:</i> 7:14AM Muruga: Clear <i>Sunset:</i> 4:21PM
	776936575	Yama 9:31AM – 10:39AM	Dhriti Until 8:21AM	Moon 11 - Phase 33 - 14
		Rahu 2:04PM – 3:13PM	Catuspada Until 7:19AM	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 6:32PM	Devaloka Day
				Karttika*Karttikai
8 Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 15 Sutra 241
Dhanus Rasi: 3.1	Tithi 1 – 2	Gulika 10:40AM – 11:48AM	Mula* Until 11:15PM	Ganesha: White <i>Sunrise:</i> 7:14AM Muruga: Clear <i>Sunset:</i> 4:21PM
	786936575	Yama 8:23AM – 9:31AM	Ganda* Until 2:52AM Thu	Moon 11 - Phase 33 - 15
		Rahu 11:48AM – 12:56PM	Balava Until 3:35AM Thu	Prathama
Routine Work	Marana Yoga		Prathama* Until 4:39PM	Devaloka Day
Until 11:15PM				Margasira*Karttikai
Then Creative Work - Amrita Yoga				

Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 242	
1	Dhanus Rasi: 17.19	Tithi 2 – 3	Gulika 9:32AM – 10:40AM	Purvashadha* Until 9:38PM	Ganesha: White	Sunrise: 7:15AM			Sobhana 5125
			Yama 7:15AM – 8:23AM	Vriddhi Until 11:45PM	Muruga: White	Sunset: 4:22PM	Moon 11 - Phase 34 - 16		3rd Phase
		786937575	Rahu 12:57PM – 2:05PM	Taitila Until 1:14AM Fri	Nataraja: Purple				
				Dvitiya Until 2:25PM	Moon – Light Blue				
					Margasira*Karttikai				Sivaloka Day
Creative Work		Siddha Yoga							
Until 9:38PM									
Then Routine Work - Marana Yoga									
Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau		Sun 17		Sutra 243	
2	Makara Rasi: 1.4	Tithi 3 – 4	Gulika 8:24AM – 9:32AM	Uttarashadha Until 7:44PM	Ganesha: Clear	Sunrise: 7:16AM			Sobhana 5125
			Yama 2:05PM – 3:14PM	Dhruva Until 8:30PM	Muruga: White	Sunset: 4:22PM	Moon 11 - Phase 34 - 17		3rd Phase
		787937575	Rahu 10:41AM – 11:49AM	Vanija Until 10:45PM	Nataraja: Purple				
				Tritiya Until 11:59AM	Moon – Light Blue				
					Margasira*Karttikai				Subha Sivaloka Day
Routine Work		Marana Yoga							
Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 244	
3	Makara Rasi: 16.04	Tithi 4 – 5	Gulika 7:17AM – 8:25AM	Shravana Until 6:05PM	Ganesha: Clear	Sunrise: 7:17AM			Sobhana 5125
			Yama 12:58PM – 2:06PM	Vyaghata* Until 5:15PM	Muruga: White	Sunset: 4:22PM	Moon 11 - Phase 34 - 18		3rd Phase
		897937575	Rahu 9:33AM – 10:41AM	Bava Until 8:16PM	Nataraja: Purple				
				Chaturthi* Until 9:29AM	Moon – Purple				
			Markali Pillaiyar		Margasira*Markali				Subha Sivaloka Day
Creative Work		Siddha Yoga							
Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Sun 19		Sutra 245	
4	Kumbha Rasi: 0.28	Tithi 5 – 6	Gulika 2:06PM – 3:14PM	Dhanishtha Until 4:23PM	Ganesha: Clear	Sunrise: 7:17AM			Sobhana 5125
			Yama 11:50AM – 12:58PM	Harshana Until 2:04PM	Muruga: White	Sunset: 4:22PM	Moon 11 - Phase 34 - 19		3rd Phase
		897937575	Rahu 3:14PM – 4:22PM	Taitila Until 4:44AM Mon	Nataraja: Purple				
				Panchami Until 7:02AM	Moon – Purple				
					Margasira*Markali				Subha Sivaloka Day
Routine Work		Marana Yoga							
Until 4:23PM									
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends							
Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 246	
5	Kumbha Rasi: 14.45	Tithi 7	Gulika 12:58PM – 2:07PM	Shatabhishak Until 2:42PM	Ganesha: Red	Sunrise: 7:18AM			Sobhana 5125
			Yama 10:42AM – 11:50AM	Vajra* Until 11:00AM	Muruga: White	Sunset: 4:23PM	Moon 11 - Phase 34 - 20		3rd Phase
		897137575	Rahu 8:26AM – 9:34AM	Gara Until 3:40PM	Nataraja: Purple				
				Saptami Until 2:38AM Tue	Moon – Purple				
					Margasira*Markali				Subha Sivaloka Day
Creative Work		Siddha Yoga							
Until 2:42PM									
Then Routine Work - Marana Yoga									
Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 247	
D	Retreat Star		Gulika 11:51AM – 12:59PM	Purvaproshtapada* Until 1:32PM	Ganesha: Clear	Sunrise: 7:19AM			Sobhana 5125
	Kumbha Rasi: 28.55	Tithi 8	Yama 9:35AM – 10:43AM	Siddhi Until 8:07AM	Muruga: White	Sunset: 4:23PM	Moon 11 - Phase 34 - 21		Ashtami
		817137575	Rahu 2:07PM – 3:15PM	Visti Until 1:41PM	Nataraja: Purple				
				Ashtami* Until 12:46AM Wed	Moon – Clear				
					Margasira*Markali				Subha Sivaloka Day
Routine Work		Marana Yoga							
Until 1:32PM									
Then Creative Work - Amrita Yoga									
Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 248	
D	Retreat Star		Gulika 10:43AM – 11:51AM	Uttaraproshtapada Until 12:29PM	Ganesha: Clear	Sunrise: 7:19AM			Sobhana 5125
	Meena Rasi: 12.54	Tithi 9	Yama 8:27AM – 9:35AM	Variyan Until 2:58AM Thu	Muruga: White	Sunset: 4:24PM	Moon 11 - Phase 34 - 22		Navami
		817137575	Rahu 11:51AM – 12:59PM	Balava Until 11:57AM	Nataraja: Purple				
				Navami* Until 11:10PM	Moon – Clear				
					Margasira*Markali				Subha Sivaloka Day
Creative Work		Siddha Yoga							
Until 12:29PM									
Then Routine Work - Marana Yoga									

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 11/20/21

www.gurudeva.org/panchang

1		Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Pangha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 249	
Meena Rasi: 26.44	Tithi 10	817137575	Gulika 9:36AM – 10:44AM Yama 7:20AM – 8:28AM Rahu 1:00PM – 2:08PM	Revati Until 11:32AM Parigha* Until 12:42AM Fri Taitila Until 10:29AM Dashami Until 9:50PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 7:20AM <i>Sunset:</i> 4:24PM	Moon 11 - Phase 35 - 23 4th Phase
Creative Work Siddha Yoga Until 11:32AM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati		Subha Sivaloka Day		Margasira*Markali	
2		Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 250	
Mesha Rasi: 10.25	Tithi 11	828137575	Gulika 8:28AM – 9:36AM Yama 2:08PM – 3:17PM Rahu 10:44AM – 11:52AM	Ashvini Until 11:08AM Shiva Until 10:40PM Vanija Until 9:17AM Ekadashi Until 8:46PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	<i>Sunrise:</i> 7:20AM <i>Sunset:</i> 4:25PM	Moon 11 - Phase 35 - 24 4th Phase
Creative Work Amrita Yoga Until 11:08AM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Subha Sivaloka Day		Margasira*Markali	
3		Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 251	
Mesha Rasi: 23.56	Tithi 12	828137575	Gulika 7:21AM – 8:29AM Yama 1:01PM – 2:09PM Rahu 9:37AM – 10:45AM	Bharani Until 10:51AM Siddha Until 8:48PM Bava Until 8:21AM Dvadashi Until 7:58PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:25PM	Moon 11 - Phase 35 - 25 4th Phase
Creative Work Siddha Yoga Until 10:51AM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati		Subha Sivaloka Day		Margasira*Markali	
4		Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 252	
Vrishabha Rasi: 7.19	Tithi 13	828137575	Gulika 2:10PM – 3:18PM Yama 11:53AM – 1:01PM Rahu 3:18PM – 4:26PM	Krittika Until 10:42AM Sadhya Until 7:12PM Kaulava Until 7:42AM Trayodashi Until 7:28PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:26PM	Moon 11 - Phase 35 - 26 4th Phase
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Subha Sivaloka Day		Margasira*Markali	
				<i>Pradosha Vrata</i>			
5		Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 253	
Vrishabha Rasi: 20.3	Tithi 14	838137575	Gulika 1:02PM – 2:10PM Yama 10:46AM – 11:54AM Rahu 8:30AM – 9:38AM	Rohini Until 11:10AM Subha Until 5:53PM Gara Until 7:22AM Chaturdashi* Until 7:19PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:26PM	Moon 11 - Phase 35 - 27 4th Phase
Family Home Evening Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Sivaloka Day		Margasira*Markali	
		Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 254	
Mithuna Rasi: 3.31	Tithi 15	838137576	Gulika 11:54AM – 1:03PM Yama 9:38AM – 10:46AM Rahu 2:11PM – 3:19PM	Mrigashira Until 11:52AM Sukla Until 4:51PM Visti Until 7:25AM Purnima* Until 7:35PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:27PM	Moon 11 - Phase 35 - Purnima
Creative Work Siddha Yoga Until 11:52AM Then Routine Work - Marana Yoga		Copper Retreat Star		Devaloka Day		Margasira*Markali	
6		Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 255	
Mithuna Rasi: 16.19	Tithi 16	838137576	Gulika 10:47AM – 11:55AM Yama 8:30AM – 9:39AM Rahu 11:55AM – 1:03PM	Ardra Until 12:49PM Brahma Until 4:10PM Balava Until 7:54AM Prathama* Until 8:18PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:28PM	Moon 11 - Phase 35 - Prathama
Creative Work Siddha Yoga		Silver Retreat Star		Devaloka Day		Margasira*Markali	
		Ardra Darshanam					

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

Thursday, December 28, 2023
Gold Retreat Star

Mithuna Rasi: 28.53 Tithi 17
 Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 9:39AM – 10:47AM
 Yama 7:22AM – 8:31AM
Rahu 1:04PM – 2:12PM
Punarvasu Until 2:34PM
 Indra Until 3:52PM
 Taitila Until 8:51AM
Dvitiya Until 9:30PM

Sun 1 Sutra 256
 Sobhana 5125
 Moon 12 - Phase 36 - 1
 1st Phase
Subha Sivaloka Day
Margasira*Markali
Ganesha: Blue Sunrise: 7:23AM
Muruga: White Sunset: 4:28PM
Nataraja: Clear
 Moon – Blue

Friday, December 29, 2023

1
 Kataka Rasi: 11.15 Tithi 18
 Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 8:31AM – 9:39AM
 Yama 2:13PM – 3:21PM
Rahu 10:48AM – 11:56AM
Pushya Until 4:38PM
 Vaidhriti* Until 3:56PM
 Vanija Until 10:19AM
Tritiya Until 11:13PM

Sun 2 Sutra 257
 Sobhana 5125
 Moon 12 - Phase 36 - 2
 1st Phase
Subha Sivaloka Day
Margasira*Markali
Ganesha: Blue Sunrise: 7:23AM
Muruga: White Sunset: 4:29PM
Nataraja: Clear
 Moon – Blue

Saturday, December 30, 2023

2
 Kataka Rasi: 23.24 Tithi 19
 Routine Work Marana Yoga
 Until 6:59PM
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Ashlesha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 7:23AM – 8:31AM
 Yama 1:05PM – 2:13PM
Rahu 9:40AM – 10:48AM
Ashlesha* Until 6:59PM
 Vishkambha* Until 4:22PM
 Bava Until 12:17PM
Chaturthi* Until 1:24AM Sun

Sun 3 Sutra 258
 Sobhana 5125
 Moon 12 - Phase 36 - 3
 1st Phase
Subha Sivaloka Day
Margasira*Markali
Ganesha: Blue Sunrise: 7:23AM
Muruga: White Sunset: 4:30PM
Nataraja: Clear
 Moon – Blue

Sunday, December 31, 2023

3
 Simha Rasi: 5.23 Tithi 20
 Routine Work Marana Yoga
 Until 10:02PM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 2:14PM – 3:22PM
 Yama 11:57AM – 1:05PM
Rahu 3:22PM – 4:31PM
Magha* Until 10:02PM
 Priti Until 5:06PM
 Kaulava Until 2:39PM
Panchami Until 3:55AM Mon

Sun 4 Sutra 259
 Sobhana 5125
 Moon 12 - Phase 36 - 4
 1st Phase
Sivaloka Day
Margasira*Markali
Ganesha: Red Sunrise: 7:23AM
Muruga: White Sunset: 4:31PM
Nataraja: Clear
 Moon – Red

Monday, January 1, 2024

4
 Simha Rasi: 17.15 Tithi 21
Family Home Evening
 Creative Work Siddha Yoga
 Until 1:07AM Tue
 Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:06PM – 2:15PM
 Yama 10:49AM – 11:58AM
Rahu 8:32AM – 9:41AM
Purvaphalguni Until 1:07AM Tue
 Ayushman Until 6:00PM
 Gara Until 5:17PM
Shashthi* Until 6:37AM Tue

Sun 5 Sutra 260
 Sobhana 5125
 Moon 12 - Phase 36 - 5
 1st Phase
Sivaloka Day
Margasira*Markali
Ganesha: Red Sunrise: 7:23AM
Muruga: White Sunset: 4:32PM
Nataraja: Clear
 Moon – Red

Tuesday, January 2, 2024

5
 Simha Rasi: 29.03 Tithi 21 – 22
 Creative Work Amrita Yoga
 Until 4:02AM Wed
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 11:58AM – 1:07PM
 Yama 9:41AM – 10:50AM
Rahu 2:16PM – 3:25PM
Uttaraphalguni Until 4:02AM Wed
 Saubhagya Until 6:57PM
 Visti Until 7:59PM
Shashthi* Until 6:37AM

Sun 6 Sutra 261
 Sobhana 5125
 Moon 12 - Phase 36 - 6
 1st Phase
Sivaloka Day
Margasira*Markali
Ganesha: Red Sunrise: 7:23AM
Muruga: White Sunset: 4:33PM
Nataraja: Clear
 Moon – Red

Wednesday, January 3, 2024

Retreat Star
 Kanya Rasi: 10.53 Tithi 22 – 23
 Routine Work Marana Yoga
 Until 7:01AM Thu
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:50AM – 11:59AM
 Yama 8:32AM – 9:41AM
Rahu 11:59AM – 1:08PM
Hasta Until 7:01AM Thu
 Sobhana Until 7:47PM
 Balava Until 10:30PM
Saptami Until 9:16AM

Sun 7 Sutra 262
 Sobhana 5125
 Moon 12 - Phase 36 - 7
 Ashtami
Subha Sivaloka Day
Margasira*Markali
Ganesha: Green Sunrise: 7:23AM
Muruga: White Sunset: 4:34PM
Nataraja: Clear
 Moon – Green

Thursday, January 4, 2024

Retreat Star
 Kanya Rasi: 22.49 Tithi 23 – 24
 Routine Work Marana Yoga
 Until 7:01AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 9:41AM – 10:50AM
 Yama 7:23AM – 8:32AM
Rahu 1:08PM – 2:17PM
Hasta Until 7:01AM
 Athiganda* Until 8:16PM
 Taitila Until 12:32AM Fri
Ashtami* Until 11:34AM

Sun 8 Sutra 263
 Sobhana 5125
 Moon 12 - Phase 36 - 8
 Navami
Subha Sivaloka Day
Margasira*Markali
Ganesha: Green Sunrise: 7:23AM
Muruga: White Sunset: 4:35PM
Nataraja: Clear
 Moon – Green

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 264	
Tula Rasi: 4.58	Tithi 24 – 25	Gulika 8:32AM – 9:41AM	Chitra Until 9:18AM	Ganesha: Orange <i>Sunrise:</i> 7:23AM	Sobhana 5125
		Yama 2:18PM – 3:27PM	Sukarma Until 8:16PM	Muruga: White <i>Sunset:</i> 4:36PM	Moon 12 - Phase 37 - 9
Creative Work	Siddha Yoga	861137576 Rahu 10:51AM – 12:00PM	Vanija Until 1:53AM Sat	Nataraja: Clear	2nd Phase
		Subramuniyaswami Jayanti	Navami* Until 1:17PM	Moon – Green	Sivaloka Day
				Margasira*Markali	

2 Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 265	
Tula Rasi: 17.25	Tithi 25 – 26	Gulika 7:23AM – 8:32AM	Svati Until 10:44AM	Ganesha: Orange <i>Sunrise:</i> 7:23AM	Sobhana 5125
		Yama 1:09PM – 2:19PM	Dhriti Until 7:40PM	Muruga: White <i>Sunset:</i> 4:37PM	Moon 12 - Phase 37 - 10
Creative Work	Siddha Yoga	861137576 Rahu 9:42AM – 10:51AM	Bava Until 2:23AM Sun	Nataraja: Clear	2nd Phase
			Dashami Until 2:13PM	Moon – Green	Sivaloka Day
				Margasira*Markali	

3 Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 266	
Vrischika Rasi: 0.14	Tithi 26 – 27	Gulika 2:19PM – 3:29PM	Vishakha Until 11:38AM	Ganesha: Light Blue <i>Sunrise:</i> 7:23AM	Sobhana 5125
		Yama 12:01PM – 1:10PM	Shula* Until 6:21PM	Muruga: White <i>Sunset:</i> 4:38PM	Moon 12 - Phase 37 - 11
Routine Work	Marana Yoga	871137576 Rahu 3:29PM – 4:38PM	Kaulava Until 2:01AM Mon	Nataraja: Clear	2nd Phase
			Ekadashi* Until 2:17PM	Moon – Orange	Devaloka Day
				Margasira*Markali	

4 Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 267	
Vrischika Rasi: 13.31	Tithi 27 – 28	Gulika 1:11PM – 2:20PM	Anuradha Until 11:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:23AM	Sobhana 5125
Family Home Evening		Yama 10:51AM – 12:01PM	Ganda* Until 4:24PM	Muruga: White <i>Sunset:</i> 4:39PM	Moon 12 - Phase 37 - 12
Creative Work	Siddha Yoga	871137576 Rahu 8:32AM – 9:42AM	Gara Until 12:49AM Tue	Nataraja: Clear	2nd Phase
			Dvadashi* Until 1:30PM	Moon – Orange	Devaloka Day
				Margasira*Markali	
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 268	
Vrischika Rasi: 27.16	Tithi 28 – 29	Gulika 12:01PM – 1:11PM	Jyeshtha* Until 10:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:23AM	Sobhana 5125
		Yama 9:42AM – 10:52AM	Vridhhi Until 1:51PM	Muruga: White <i>Sunset:</i> 4:40PM	Moon 12 - Phase 37 - 13
Routine Work	Marana Yoga	871137576 Rahu 2:21PM – 3:31PM	Visti Until 10:53PM	Nataraja: Clear	2nd Phase
Until 10:32AM			Trayodashi* Until 11:55AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali	

Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 269	
Retreat Star		Gulika 10:52AM – 12:02PM	Mula* Until 9:09AM	Ganesha: Purple <i>Sunrise:</i> 7:22AM	Sobhana 5125
Dhanus Rasi: 11.26	Tithi 29 – 30	Yama 8:32AM – 9:42AM	Dhruva Until 10:46AM	Muruga: White <i>Sunset:</i> 4:41PM	Moon 12 - Phase 37 - 14
		881137576 Rahu 12:02PM – 1:12PM	Catuspada Until 8:24PM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 9:41AM	Moon – Light Blue	Devaloka Day
Until 9:09AM		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali	
Then Creative Work - Amrita Yoga					

Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 15 Sutra 270	
Retreat Star		Gulika 9:42AM – 10:52AM	Purvashadha* Until 7:09AM	Ganesha: Purple <i>Sunrise:</i> 7:22AM	Sobhana 5125
Dhanus Rasi: 25.57	Tithi 30 – 1	Yama 7:22AM – 8:32AM	Vyaghata* Until 7:18AM	Muruga: White <i>Sunset:</i> 4:43PM	Moon 12 - Phase 37 - 15
		881137576 Rahu 1:12PM – 2:22PM	Bava Until 3:56AM Fri	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 6:58AM	Moon – Light Blue	Devaloka Day
Until 7:09AM				Pausha*Markali	
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16	Sutra 271	Albany, NY
Makara Rasi: 10.43	Tithi 2	Gulika 8:32AM – 9:42AM	Shravana Until 2:21AM Sat	Ganesha: Purple	Sunrise: 7:22AM	Sobhana 5125		
		Yama 2:23PM – 3:33PM	Vajra* Until 11:44PM	Muruga: White	Sunset: 4:44PM	Moon 12 - Phase 38 - 16		
		891237576 Rahu 10:52AM – 12:03PM	Balava Until 2:21PM	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga		Dvitiya Until 12:44AM Sat	Moon – Purple			Devaloka Day	
Until 2:21AM Sat				Pausha*Markali				
Then Creative Work - Siddha Yoga								
2		Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17	Sutra 272	Albany, NY
Makara Rasi: 25.35	Tithi 3	Gulika 7:21AM – 8:32AM	Dhanishtha Until 11:54PM	Ganesha: Purple	Sunrise: 7:21AM	Sobhana 5125		
		Yama 1:13PM – 2:24PM	Siddhi Until 7:54PM	Muruga: White	Sunset: 4:45PM	Moon 12 - Phase 38 - 17		
		891237576 Rahu 9:42AM – 10:53AM	Taitila Until 11:09AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Purple			Devaloka Day	
Until 11:54PM				Pausha*Markali				
Then Creative Work - Amrita Yoga								
3		Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18	Sutra 273	Albany, NY
Kumbha Rasi: 10.25	Tithi 4	Gulika 2:25PM – 3:35PM	Shatabhishak Until 9:30PM	Ganesha: Purple	Sunrise: 7:21AM	Sobhana 5125		
		Yama 12:03PM – 1:14PM	Vyatipata* Until 4:11PM	Muruga: White	Sunset: 4:46PM	Moon 12 - Phase 38 - 18		
		891237576 Rahu 3:35PM – 4:46PM	Vanija Until 8:02AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 6:32PM	Moon – Purple			Devaloka Day	
		Thai Pongal		Pausha*Thai				
4		Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Sun 19	Sutra 274	Albany, NY
Kumbha Rasi: 25.04	Tithi 5 – 6	Gulika 1:15PM – 2:25PM	Purvaproshtapada* Until 7:40PM	Ganesha: Green	Sunrise: 7:20AM	Sobhana 5125		
Family Home Evening		Yama 10:53AM – 12:04PM	Variyan Until 12:41PM	Muruga: White	Sunset: 4:47PM	Moon 12 - Phase 38 - 19		
Routine Work	Marana Yoga	811237576 Rahu 8:31AM – 9:42AM	Kaulava Until 2:36AM Tue	Nataraja: Clear		3rd Phase		
Until 7:40PM			Panchami Until 3:48PM	Moon – Clear			Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai				
5		Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20	Sutra 275	Albany, NY
Meena Rasi: 9.29	Tithi 6 – 7	Gulika 12:04PM – 1:15PM	Uttaraproshtapada Until 6:07PM	Ganesha: White	Sunrise: 7:20AM	Sobhana 5125		
		Yama 9:42AM – 10:53AM	Parigha* Until 9:30AM	Muruga: White	Sunset: 4:48PM	Moon 12 - Phase 38 - 20		
		812237576 Rahu 2:26PM – 3:37PM	Gara Until 12:29AM Wed	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga		Shashthi* Until 1:28PM	Moon – Clear			Devaloka Day	
Until 6:07PM				Pausha*Thai				
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21	Sutra 276	Albany, NY
Meena Rasi: 23.37	Tithi 7 – 8	Gulika 10:53AM – 12:04PM	Revati Until 4:53PM	Ganesha: White	Sunrise: 7:19AM	Sobhana 5125		
		Yama 8:31AM – 9:42AM	Shiva Until 6:41AM	Muruga: White	Sunset: 4:50PM	Moon 12 - Phase 38 - 21		
		812237576 Rahu 12:04PM – 1:16PM	Visti Until 10:52PM	Nataraja: Clear		Ashtami		
Routine Work	Marana Yoga		Saptami Until 11:36AM	Moon – Clear			Devaloka Day	
				Pausha*Thai				
Retreat Star		Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22	Sutra 277	Albany, NY
Mesha Rasi: 7.25	Tithi 8 – 9	Gulika 9:42AM – 10:53AM	Ashvini Until 4:26PM	Ganesha: Yellow	Sunrise: 7:19AM	Sobhana 5125		
		Yama 7:19AM – 8:30AM	Sadhya Until 2:13AM Fri	Muruga: White	Sunset: 4:51PM	Moon 12 - Phase 38 - 22		
		822237576 Rahu 1:16PM – 2:28PM	Balava Until 9:45PM	Nataraja: Clear		Navami		
Creative Work	Amrita Yoga		Ashtami* Until 10:14AM	Moon – White			Sivaloka Day	
Until 4:26PM				Pausha*Thai				
Then Creative Work - Siddha Yoga								


1	Friday, January 19, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Sun 23	Sutra 278
	Mesha Rasi: 20.56	Tithi 9 – 10	Gulika 8:30AM – 9:42AM	Bharani Until 4:19PM	Ganesha: Yellow	<i>Sunrise:</i> 7:18AM		Sobhana 5125
			Yama 2:28PM – 3:40PM	Subha Until 12:35AM Sat	Muruga: White	<i>Sunset:</i> 4:52PM		Moon 12 - Phase 39 - 23
	Creative Work	Siddha Yoga	822237576 Rahu 10:53AM – 12:05PM	Taitila Until 9:08PM	Nataraja: Clear			4th Phase
			Navami* Until 9:22AM	Moon – White			Sivaloka Day	
				Pausha*Thai				

2	Saturday, January 20, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau					Sun 24	Sutra 279
	Vrishabha Rasi: 14.11	Tithi 10 – 11	Gulika 7:17AM – 8:29AM	Krittika Until 4:30PM	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM		Sobhana 5125
			Yama 1:17PM – 2:29PM	Sukla Until 11:17PM	Muruga: White	<i>Sunset:</i> 4:53PM		Moon 12 - Phase 39 - 24
	Creative Work	Amrita Yoga	822237576 Rahu 9:41AM – 10:53AM	Vanija Until 8:57PM	Nataraja: Clear			4th Phase
			Dashami Until 8:58AM	Moon – White			Sivaloka Day	
				Pausha*Thai				

3	Sunday, January 21, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					Sun 25	Sutra 280
	Vrishabha Rasi: 17.12	Tithi 11 – 12	Gulika 2:30PM – 3:42PM	Rohini Until 5:24PM	Ganesha: Blue	<i>Sunrise:</i> 7:17AM		Sobhana 5125
			Yama 12:06PM – 1:18PM	Brahma Until 10:17PM	Muruga: White	<i>Sunset:</i> 4:54PM		Moon 12 - Phase 39 - 25
	Creative Work	Siddha Yoga	832237576 Rahu 3:42PM – 4:54PM	Bava Until 9:11PM	Nataraja: Clear			4th Phase
			Ekadashi Until 9:00AM	Moon – Yellow			Devaloka Day	
				Pausha*Thai				

4	Monday, January 22, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					Sun 26	Sutra 281
	Mithuna Rasi: 0.02	Tithi 12 – 13	Gulika 1:18PM – 2:31PM	Mrigashira Until 6:30PM	Ganesha: Blue	<i>Sunrise:</i> 7:16AM		Sobhana 5125
	Family Home Evening		Yama 10:53AM – 12:06PM	Indra Until 9:36PM	Muruga: White	<i>Sunset:</i> 4:56PM		Moon 12 - Phase 39 - 26
	Creative Work	Amrita Yoga	832237576 Rahu 8:28AM – 9:41AM	Kaulava Until 9:48PM	Nataraja: Clear			4th Phase
Until 6:30PM			Dvadashi Until 9:25AM	Moon – Yellow			Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai				
				Pradosha Vrata				

5	Tuesday, January 23, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau					Sun 27	Sutra 282
	Mithuna Rasi: 12.42	Tithi 13 – 14	Gulika 12:06PM – 1:19PM	Ardra Until 7:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:15AM		Sobhana 5125
			Yama 9:41AM – 10:53AM	Vaidhriti* Until 9:10PM	Muruga: White	<i>Sunset:</i> 4:57PM		Moon 12 - Phase 39 - 27
	Routine Work	Marana Yoga	832237576 Rahu 2:32PM – 3:44PM	Gara Until 10:46PM	Nataraja: Clear			4th Phase
Until 7:48PM			Trayodashi Until 10:13AM	Moon – Yellow			Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai				

	Wednesday, January 24, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau					Sun 28	Sutra 283
	Mithuna Rasi: 25.11	Tithi 14 – 15	Gulika 10:53AM – 12:06PM	Punarvasu Until 9:47PM	Ganesha: Red	<i>Sunrise:</i> 7:14AM		Sobhana 5125
			Yama 8:27AM – 9:40AM	Vishkambha* Until 9:02PM	Muruga: White	<i>Sunset:</i> 4:58PM		Moon 12 - Phase 39 - Purnima
	Creative Work	Siddha Yoga	842237576 Rahu 12:06PM – 1:19PM	Visti Until 12:07AM Thu	Nataraja: Clear			
			Chaturdashi* Until 11:23AM	Moon – Blue			Sivaloka Day	
				Pausha*Thai				

○	Thursday, January 25, 2024	Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau					Sun 28	Sutra 284
	Kataka Rasi: 7.32	Tithi 15 – 16	Gulika 9:40AM – 10:53AM	Pushya Until 11:57PM	Ganesha: Blue	<i>Sunrise:</i> 7:14AM		Sobhana 5125
			Yama 7:14AM – 8:27AM	Priti Until 9:11PM	Muruga: White	<i>Sunset:</i> 5:00PM		Moon 12 - Phase 39 - Prathama
	Creative Work	Amrita Yoga	942237576 Rahu 1:20PM – 2:33PM	Balava Until 1:50AM Fri	Nataraja: Clear			
Until 11:57PM			Purnima* Until 12:55PM	Moon – Blue			Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai				
			Thai Pusam					

Friday, January 26, 2024
Gold Retreat Star

Kataka Rasi: 19.43 Tithi 16 – 17

942237576

Routine Work Marana Yoga

Until 2:19AM Sat

Then Creative Work - Amrita Yoga

Gulika 8:26AM – 9:40AM
 Yama 2:34PM – 3:47PM
 Rahu 10:53AM – 12:07PM

Ashlesha* Until 2:19AM Sat
 Ayushman Until 9:35PM
 Tailila Until 3:56AM Sat
Prathama* Until 2:49PM

Ganesha: Blue Sunrise: 7:13AM
 Muruga: White Sunset: 5:01PM
 Nataraja: Clear
 Moon – Blue
Pausha*Thai

Devaloka Day

Albany, NY
 Sutra 285
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

1 Saturday, January 27, 2024

Simha Rasi: 1.45 Tithi 17 – 18

952237576

Creative Work Amrita Yoga

Until 5:19AM Sun

Then Creative Work - Siddha Yoga

Gulika 7:12AM – 8:26AM
 Yama 1:21PM – 2:35PM
 Rahu 9:39AM – 10:53AM

Magha* Until 5:19AM Sun
 Saubhagya Until 10:16PM
 Vanija Until 6:21AM Sun
Dvitiya Until 5:05PM

Ganesha: Red Sunrise: 7:12AM
 Muruga: White Sunset: 5:02PM
 Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Albany, NY
 Sutra 286
 Sobhana 5125
 Moon 13 - Phase 40 - 1st Phase

2 Sunday, January 28, 2024

Simha Rasi: 13.4 Tithi 18

952237576

Creative Work Siddha Yoga

Gulika 2:35PM – 3:49PM
 Yama 12:07PM – 1:21PM
 Rahu 3:49PM – 5:03PM

Purvaphalguni Until 8:23AM Mon
 Sobhana Until 11:09PM
 Vanija Until 6:21AM
Tritiya Until 7:38PM

Ganesha: Red Sunrise: 7:11AM
 Muruga: White Sunset: 5:03PM
 Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Albany, NY
 Sutra 287
 Sobhana 5125
 Moon 13 - Phase 40 - 2nd Phase

3 Monday, January 29, 2024

Simha Rasi: 25.29 Tithi 19

953237576

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:22PM – 2:36PM
 Yama 10:53AM – 12:07PM
 Rahu 8:24AM – 9:39AM

Purvaphalguni Until 8:23AM
 Athiganda* Until 12:08AM Tue
 Bava Until 9:00AM
Chaturthi* Until 10:22PM

Ganesha: Yellow Sunrise: 7:10AM
 Muruga: White Sunset: 5:05PM
 Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Albany, NY
 Sutra 288
 Sobhana 5125
 Moon 13 - Phase 40 - 3rd Phase

4 Tuesday, January 30, 2024

Kanya Rasi: 7.16 Tithi 20

953237576

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

Gulika 12:08PM – 1:22PM
 Yama 9:38AM – 10:53AM
 Rahu 2:37PM – 3:51PM

Uttaraphalguni Until 11:22AM
 Sukarma Until 1:07AM Wed
 Kaulava Until 11:45AM
Panchami Until 1:05AM Wed

Ganesha: Yellow Sunrise: 7:09AM
 Muruga: White Sunset: 5:06PM
 Nataraja: Clear
 Moon – Red
Pausha*Thai

Sivaloka Day

Albany, NY
 Sutra 289
 Sobhana 5125
 Moon 13 - Phase 40 - 4th Phase

5 Wednesday, January 31, 2024

Kanya Rasi: 19.04 Tithi 21

963237576

Routine Work Marana Yoga

Until 2:36PM

Then Creative Work - Siddha Yoga

Gulika 10:53AM – 12:08PM
 Yama 8:23AM – 9:38AM
 Rahu 12:08PM – 1:23PM

Hasta Until 2:36PM
 Dhriti Until 1:56AM Thu
 Gara Until 2:24PM
Shashthi* Until 3:34AM Thu

Ganesha: White Sunrise: 7:08AM
 Muruga: White Sunset: 5:07PM
 Nataraja: Clear
 Moon – Green
Pausha*Thai

Devaloka Day

Albany, NY
 Sutra 290
 Sobhana 5125
 Moon 13 - Phase 40 - 5th Phase

6 Thursday, February 1, 2024

Tula Rasi: 0.59 Tithi 22

963237576

Creative Work Siddha Yoga

Until 5:19PM

Then Creative Work - Amrita Yoga

Gulika 9:38AM – 10:53AM
 Yama 7:08AM – 8:23AM
 Rahu 1:23PM – 2:37PM

Chitra Until 5:19PM
 Shula* Until 2:24AM Fri
 Visti Until 4:41PM
Saptami Until 5:35AM Fri

Ganesha: White Sunrise: 7:08AM
 Muruga: White Sunset: 5:07PM
 Nataraja: Clear
 Moon – Green
Pausha*Thai

Devaloka Day

Albany, NY
 Sutra 291
 Sobhana 5125
 Moon 13 - Phase 40 - 6th Phase

Friday, February 2, 2024
Retreat Star

Tula Rasi: 13.05 Tithi 23

963237576

Creative Work Siddha Yoga

Gulika 8:22AM – 9:37AM
 Yama 2:38PM – 3:53PM
 Rahu 10:53AM – 12:08PM

Svati Until 7:19PM
 Ganda* Until 2:22AM Sat
 Balava Until 6:22PM
Ashtami* Until 6:55AM Sat

Ganesha: White Sunrise: 7:07AM
 Muruga: White Sunset: 5:09PM
 Nataraja: Clear
 Moon – Green
Pausha*Thai

Devaloka Day

Albany, NY
 Sutra 292
 Sobhana 5125
 Moon 13 - Phase 40 - 7th Phase

Saturday, February 3, 2024
Retreat Star

Tula Rasi: 25.28 Tithi 23 – 24

973237576

Creative Work Siddha Yoga

Gulika 7:06AM – 8:21AM
 Yama 1:23PM – 2:39PM
 Rahu 9:37AM – 10:52AM

Vishakha Until 8:52PM
 Vriddhi Until 1:43AM Sun
 Tailila Until 7:17PM
Ashtami* Until 6:55AM

Ganesha: Clear Sunrise: 7:06AM
 Muruga: White Sunset: 5:10PM
 Nataraja: Clear
 Moon – Orange
Pausha*Thai

Sivaloka Day

Albany, NY
 Sutra 293
 Sobhana 5125
 Moon 13 - Phase 40 - 8th Phase

1 Sunday, February 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Anuradha Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 294	
Vrischika Rasi: 8.14	Tithi 24 – 25	Gulika	2:40PM – 3:55PM	Anuradha Until 9:24PM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	Sobhana 5125		
		Yama	12:08PM – 1:24PM	Dhruva Until 12:21AM Mon	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 13 - Phase 41 - 9		
Routine Work	Marana Yoga	973237577 Rahu	3:55PM – 5:11PM	Vanija Until 7:17PM	Nataraja: Orange		2nd Phase		
				Navami* Until 7:23AM	Moon – Orange		Sivaloka Day		
					Pausha*Thai				

2 Monday, February 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Jyeshtha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 295	
Vrischika Rasi: 21.26	Tithi 25 – 26	Gulika	1:24PM – 2:40PM	Jyeshtha* Until 8:55PM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Sobhana 5125		
Family Home Evening		Yama	10:52AM – 12:08PM	Vyaghata* Until 10:18PM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 13 - Phase 41 - 10		
Creative Work	Siddha Yoga	973237577 Rahu	8:20AM – 9:36AM	Bava Until 6:24PM	Nataraja: Orange		2nd Phase		
				Dashami Until 6:56AM	Moon – Orange		Sivaloka Day		
					Pausha*Thai				

3 Tuesday, February 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 11		Sutra 296	
Dhanus Rasi: 5.09	Tithi 27	Gulika	12:08PM – 1:25PM	Mula* Until 7:55PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:03AM	Sobhana 5125		
		Yama	9:35AM – 10:52AM	Harshana Until 7:36PM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 13 - Phase 41 - 11		
Creative Work	Amrita Yoga	983337577 Rahu	2:41PM – 3:57PM	Kaulava Until 4:40PM	Nataraja: Orange		2nd Phase		
Until 7:55PM				Dvodashi* Until 3:31AM Wed	Moon – Light Blue		Devaloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai				

4 Wednesday, February 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Purvashadha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 297	
Dhanus Rasi: 19.2	Tithi 28	Gulika	10:52AM – 12:08PM	Purvashadha* Until 6:04PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:01AM	Sobhana 5125		
		Yama	8:18AM – 9:35AM	Vajra* Until 4:19PM	Muruga: White	<i>Sunset:</i> 5:15PM	Moon 13 - Phase 41 - 12		
Creative Work	Amrita Yoga	983337577 Rahu	12:08PM – 1:25PM	Gara Until 2:13PM	Nataraja: Orange		2nd Phase		
				Trayodashi* Until 12:46AM Thu	Moon – Light Blue		Devaloka Day		
					Pausha*Thai				
					Pradosha Vrata (Fasting)				

5 Thursday, February 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Uttarashadha/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 298	
Makara Rasi: 3.58	Tithi 29	Gulika	9:34AM – 10:51AM	Uttarashadha Until 3:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:00AM	Sobhana 5125		
		Yama	7:00AM – 8:17AM	Siddhi Until 12:37PM	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 13 - Phase 41 - 13		
Routine Work	Marana Yoga	983337577 Rahu	1:25PM – 2:42PM	Visti Until 11:13AM	Nataraja: Orange		2nd Phase		
Until 3:34PM				Chaturdashi* Until 9:32PM	Moon – Light Blue		Devaloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai				

Retreat Star Friday, February 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Shravana/Dhanishtha Nakshatra Vyatipata*/Vanyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 299	
Makara Rasi: 18.56	Tithi 30	Gulika	8:16AM – 9:34AM	Shravana Until 12:59PM	Ganesha: Purple	<i>Sunrise:</i> 6:59AM	Sobhana 5125		
		Yama	2:43PM – 4:00PM	Vyatipata* Until 8:36AM	Muruga: White	<i>Sunset:</i> 5:18PM	Moon 13 - Phase 41 - 14		
Routine Work	Marana Yoga	993337577 Rahu	10:51AM – 12:08PM	Catuspada Until 7:49AM	Nataraja: Orange		Amavasya		
Until 12:59PM				Amavasya* Until 6:00PM	Moon – Purple		Devaloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai				

Retreat Star Saturday, February 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 300	
Kumbha Rasi: 4.04	Tithi 1 – 2	Gulika	6:58AM – 8:15AM	Dhanishtha Until 10:05AM	Ganesha: Purple	<i>Sunrise:</i> 6:58AM	Sobhana 5125		
		Yama	1:26PM – 2:44PM	Parigha* Until 12:10AM Sun	Muruga: White	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 41 - 15		
Creative Work	Siddha Yoga	993337577 Rahu	9:33AM – 10:51AM	Balava Until 12:32AM Sun	Nataraja: Orange		Prathama		
Until 10:05AM				Prathama* Until 2:21PM	Moon – Purple		Devaloka Day		
Then Creative Work - Amrita Yoga					Magha*Thai				

1 Sunday, February 11, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Shatabhishak/Purvaprosnthpada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Albany, NY
 Sun 16 Sutra 301
 Kumbha Rasi: 19.14 Tithi 2 – 3 **Gulika** 2:44PM – 4:02PM **Shatabhishak Until 7:04AM** **Ganesha:** Purple *Sunrise:* 6:56AM Sobhana 5125
 993337577 **Yama** 12:08PM – 1:26PM **Shiva Until 8:03PM** **Muruga:** White *Sunset:* 5:20PM Moon 13 - Phase 42 - 16
Rahu 4:02PM – 5:20PM **Taitila Until 9:00PM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 10:44AM** **Moon – Purple** **Devaloka Day**
Magha*Thai

2 Monday, February 12, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY
 Uttaraprosnthpada Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 302
 Meena Rasi: 4.16 Tithi 3 – 4 **Gulika** 1:27PM – 2:45PM **Uttaraprosnthpada Until 2:07AM Tue** **Ganesha:** Orange *Sunrise:* 6:55AM Sobhana 5125
 914337577 **Yama** 10:50AM – 12:08PM **Siddha Until 4:08PM** **Muruga:** White *Sunset:* 5:22PM Moon 13 - Phase 42 - 17
Family Home Evening **Rahu** 8:13AM – 9:32AM **Visti Until 4:15AM Tue** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Tritiya Until 7:19AM** **Moon – Clear** **Sivaloka Day**
Magha*Thai

3 Tuesday, February 13, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY
 Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 303
 Meena Rasi: 19.01 Tithi 5 **Gulika** 12:08PM – 1:27PM **Revati Until 12:04AM Wed** **Ganesha:** Orange *Sunrise:* 6:54AM Sobhana 5125
 914337577 **Yama** 9:31AM – 10:50AM **Sadhya Until 12:34PM** **Muruga:** White *Sunset:* 5:23PM Moon 13 - Phase 42 - 18
Rahu 2:46PM – 4:04PM **Bava Until 2:54PM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Panchami Until 1:40AM Wed** **Moon – Clear** **Sivaloka Day**
 Until 12:04AM Wed **Magha*Masi**
 Then Routine Work - Marana Yoga

4 Wednesday, February 14, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY
 Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau Sun 19 Sutra 304
 Mesha Rasi: 3.26 Tithi 6 **Gulika** 10:49AM – 12:08PM **Ashvini Until 10:53PM** **Ganesha:** Green *Sunrise:* 6:52AM Sobhana 5125
 924347577 **Yama** 8:11AM – 9:30AM **Subha Until 9:27AM** **Muruga:** Clear *Sunset:* 5:24PM Moon 13 - Phase 42 - 19
Rahu 12:08PM – 1:27PM **Kaulava Until 12:37PM** **Nataraja:** Orange 3rd Phase
 Routine Work Marana Yoga **Shashthi* Until 11:41PM** **Moon – White** **Bhuloka Day**
 Until 10:53PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Creative Work - Siddha Yoga

5 Thursday, February 15, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY
 Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 305
 Mesha Rasi: 17.26 Tithi 7 **Gulika** 9:30AM – 10:49AM **Bharani Until 10:13PM** **Ganesha:** Green *Sunrise:* 6:51AM Sobhana 5125
 924347577 **Yama** 6:51AM – 8:10AM **Sukla Until 6:49AM** **Muruga:** Clear *Sunset:* 5:26PM Moon 13 - Phase 42 - 20
Rahu 1:28PM – 2:47PM **Gara Until 10:58AM** **Nataraja:** Orange 3rd Phase
 Creative Work Siddha Yoga **Saptami Until 10:22PM** **Moon – White** **Bhuloka Day**
 Until 10:13PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga

Friday, February 16, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY
 Kritika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 306
Retreat Star **Gulika** 8:09AM – 9:29AM **Krittika Until 10:04PM** **Ganesha:** Green *Sunrise:* 6:50AM Sobhana 5125
 Vrishabha Rasi: 1.01 Tithi 8 **Yama** 2:48PM – 4:07PM **Indra Until 3:11AM Sat** **Muruga:** Clear *Sunset:* 5:27PM Moon 13 - Phase 42 - 21
 924347577 **Rahu** 10:49AM – 12:08PM **Visti Until 9:59AM** **Nataraja:** Orange Ashtami
 Creative Work Siddha Yoga **Ashtami* Until 9:44PM** **Moon – White** **Bhuloka Day**
 Until 10:04PM **Magha*Masi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Marana Yoga

Saturday, February 17, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY
 Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 307
Retreat Star **Gulika** 6:48AM – 8:08AM **Rohini Until 10:51PM** **Ganesha:** Red *Sunrise:* 6:48AM Sobhana 5125
 Vrishabha Rasi: 14.14 Tithi 9 **Yama** 1:28PM – 2:48PM **Vaidhriti* Until 2:06AM Sun** **Muruga:** Clear *Sunset:* 5:28PM Moon 13 - Phase 42 - 22
 934347577 **Rahu** 9:28AM – 10:48AM **Balava Until 9:41AM** **Nataraja:** Orange Navami
 Creative Work Amrita Yoga **Navami* Until 9:45PM** **Moon – Yellow** **Devaloka Day**
 Until 10:51PM **Magha*Masi**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 11/20/21

www.gurudeva.org/panchang

1 Sunday, February 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 308	
Vrishabha Rasi: 27.08 Tithi 10		Gulika 2:49PM – 4:09PM	Mrigashira Until 12:03AM Mon	Ganesha: Red <i>Sunrise:</i> 6:47AM	Sobhana 5125
934347577		Yama 12:08PM – 1:28PM	Vishkambha* Until 1:30AM Mon	Muruga: Clear <i>Sunset:</i> 5:29PM	Moon 13 - Phase 43 - 23
Creative Work Siddha Yoga		Rahu 4:09PM – 5:29PM	Taitila Until 10:00AM	Nataraja: Orange	4th Phase
			Dashami Until 10:21PM	Devaloka Day	
				Moon – Yellow	
				Magha*Masi	

2 Monday, February 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Albany, NY	
Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 309	
Mithuna Rasi: 9.46 Tithi 11		Gulika 1:29PM – 2:49PM	Ardra Until 1:34AM Tue	Ganesha: Red <i>Sunrise:</i> 6:45AM	Sobhana 5125
934347577		Yama 10:47AM – 12:08PM	Priti Until 1:16AM Tue	Muruga: Clear <i>Sunset:</i> 5:31PM	Moon 13 - Phase 43 - 24
Family Home Evening		Rahu 8:06AM – 9:27AM	Vanija Until 10:52AM	Nataraja: Orange	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:28PM	Devaloka Day	
				Moon – Yellow	
				Magha*Masi	

3 Tuesday, February 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Albany, NY	
Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 310	
Mithuna Rasi: 22.11 Tithi 12		Gulika 12:08PM – 1:29PM	Punarvasu Until 3:48AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:44AM	Sobhana 5125
944347577		Yama 9:26AM – 10:47AM	Ayushman Until 1:20AM Wed	Muruga: Clear <i>Sunset:</i> 5:32PM	Moon 13 - Phase 43 - 25
Creative Work Siddha Yoga		Rahu 2:50PM – 4:11PM	Bava Until 12:12PM	Nataraja: Orange	4th Phase
			Dvadashi Until 1:00AM Wed	Bhuloka Day	
				Moon – Blue	
				Magha*Masi	
				Devaloka Time: 3:PM to 6:PM	

4 Wednesday, February 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Albany, NY	
Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 311	
Kataka Rasi: 4.26 Tithi 13		Gulika 10:46AM – 12:08PM	Pushya Until 6:12AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:42AM	Sobhana 5125
944347577		Yama 8:04AM – 9:25AM	Saubhagya Until 1:41AM Thu	Muruga: Clear <i>Sunset:</i> 5:33PM	Moon 13 - Phase 43 - 26
Creative Work Siddha Yoga		Rahu 12:08PM – 1:29PM	Kaulava Until 1:55PM	Nataraja: Orange	4th Phase
			Trayodashi Until 2:53AM Thu	Bhuloka Day	
				Moon – Blue	
				Magha*Masi	
				Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>	

5 Thursday, February 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Albany, NY	
Pushya/Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 312	
Kataka Rasi: 16.33 Tithi 14		Gulika 9:24AM – 10:46AM	Pushya Until 6:12AM	Ganesha: Blue <i>Sunrise:</i> 6:41AM	Sobhana 5125
944347577		Yama 6:41AM – 8:03AM	Sobhana Until 2:16AM Fri	Muruga: Clear <i>Sunset:</i> 5:34PM	Moon 13 - Phase 43 - 27
Creative Work Amrita Yoga		Rahu 1:29PM – 2:51PM	Gara Until 3:57PM	Nataraja: Orange	4th Phase
Until 6:12AM		Chidambaram Abhishekam	Chaturdashi* Until 5:03AM Fri	Bhuloka Day	
Then Creative Work - Siddha Yoga				Moon – Blue	
				Magha*Masi	
				Devaloka Time: 3:PM to 6:PM	

Friday, February 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Albany, NY	
Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti* Karana Purnimayam Titau				Sun 28 Sutra 313	
Kataka Rasi: 28.33 Tithi 15		Gulika 8:02AM – 9:24AM	Ashlesha* Until 8:43AM	Ganesha: Blue <i>Sunrise:</i> 6:39AM	Sobhana 5125
944347577		Yama 2:52PM – 4:14PM	Athiganda* Until 3:00AM Sat	Muruga: Clear <i>Sunset:</i> 5:36PM	Moon 13 - Phase 43 - Purnima
Routine Work Marana Yoga		Rahu 10:46AM – 12:08PM	Visti Until 6:15PM	Nataraja: Orange	
			Purnima* Until 7:28AM Sat	Bhuloka Day	
				Moon – Blue	
				Magha*Masi	
				Devaloka Time: 3:PM to 6:PM	

Saturday, February 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29 Sutra 314	
Simha Rasi: 10.28 Tithi 15 – 16		Gulika 6:38AM – 8:00AM	Magha* Until 11:47AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM	Sobhana 5125
954347577		Yama 1:30PM – 2:52PM	Sukarma Until 3:54AM Sun	Muruga: Clear <i>Sunset:</i> 5:37PM	Moon 13 - Phase 43 - Prathama
Creative Work Amrita Yoga		Rahu 9:23AM – 10:45AM	Balava Until 8:46PM	Nataraja: Orange	
Until 11:47AM			Purnima* Until 7:28AM	Devaloka Day	
Then Creative Work - Siddha Yoga				Moon – Red	
				Magha*Masi	



Sunday, February 25, 2024

Gold Retreat Star

Simha Rasi: 22.18 Tithi 16 - 17

955347577

Gulika 2:53PM - 4:15PM
Yama 12:07PM - 1:30PM
Rahu 4:15PM - 5:38PM

Creative Work Siddha Yoga
Until 2:50PM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Purvaphalguni Until 2:50PM

Dhriti Until 4:53AM Mon
Taitila Until 11:25PM

Prathama* Until 10:04AM

Ganesha: White Sunrise: 6:36AM
Muruga: Clear Sunset: 5:38PM
Nataraja: Orange
Moon - Red Magha*Masi

Sivaloka Day

Albany, NY
Sutra 315
Sobhana 5125
Moon 1 - Phase 44 - 1st Phase

Monday, February 26, 2024

Kanya Rasi: 4.07 Tithi 17 - 18

955347577

Gulika 1:30PM - 2:53PM
Yama 10:44AM - 12:07PM
Rahu 7:58AM - 9:21AM

Family Home Evening
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttaraphalguni Until 5:47PM

Shula* Until 5:51AM Tue
Vanija Until 2:05AM Tue

Dvitiya Until 12:44PM

Ganesha: White Sunrise: 6:35AM
Muruga: Clear Sunset: 5:39PM
Nataraja: Orange
Moon - Red Magha*Masi

Sivaloka Day

Albany, NY
Sutra 316
Sobhana 5125
Moon 1 - Phase 44 - 1st Phase

Tuesday, February 27, 2024

Kanya Rasi: 15.55 Tithi 18 - 19

965347577

Gulika 12:07PM - 1:30PM
Yama 9:20AM - 10:44AM
Rahu 2:54PM - 4:17PM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhi Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Hasta Until 9:01PM

Ganda* Until 6:44AM Wed
Bava Until 4:40AM Wed

Tritiya Until 3:23PM

Ganesha: Clear Sunrise: 6:33AM
Muruga: Clear Sunset: 5:41PM
Nataraja: Orange
Moon - Green Magha*Masi

Devaloka Day

Albany, NY
Sutra 317
Sobhana 5125
Moon 1 - Phase 44 - 2nd Phase

Wednesday, February 28, 2024

Kanya Rasi: 27.46 Tithi 19 - 20

965347577

Gulika 10:43AM - 12:07PM
Yama 7:55AM - 9:19AM
Rahu 12:07PM - 1:31PM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chitra Until 11:52PM

Ganda* Until 6:44AM
Kaulava Until 6:57AM Thu

Chaturthi* Until 5:50PM

Ganesha: Clear Sunrise: 6:32AM
Muruga: Clear Sunset: 5:42PM
Nataraja: Orange
Moon - Green Magha*Masi

Devaloka Day

Albany, NY
Sutra 318
Sobhana 5125
Moon 1 - Phase 44 - 3rd Phase

Thursday, February 29, 2024

Tula Rasi: 9.43 Tithi 20

965347577

Gulika 9:18AM - 10:42AM
Yama 6:30AM - 7:54AM
Rahu 1:31PM - 2:55PM

Creative Work Amrita Yoga
Until 2:11AM Fri
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Svati Until 2:11AM Fri

Vridhi Until 7:26AM
Kaulava Until 6:57AM

Panchami Until 7:56PM

Ganesha: Clear Sunrise: 6:30AM
Muruga: Clear Sunset: 5:43PM
Nataraja: Orange
Moon - Green Magha*Masi

Devaloka Day

Albany, NY
Sutra 319
Sobhana 5125
Moon 1 - Phase 44 - 4th Phase

Friday, March 1, 2024

Tula Rasi: 21.51 Tithi 21

975347577

Gulika 7:52AM - 9:17AM
Yama 2:56PM - 4:21PM
Rahu 10:41AM - 12:06PM

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Vishakha Until 4:15AM Sat

Dhruva Until 7:45AM
Gara Until 8:48AM

Shashthi* Until 9:29PM

Ganesha: Purple Sunrise: 6:27AM
Muruga: Clear Sunset: 5:45PM
Nataraja: Orange
Moon - Orange Magha*Masi

Sivaloka Day

Albany, NY
Sutra 320
Sobhana 5125
Moon 1 - Phase 44 - 5th Phase

Saturday, March 2, 2024

Vrischika Rasi: 4.14 Tithi 22

975447577

Gulika 6:25AM - 7:50AM
Yama 1:31PM - 2:56PM
Rahu 9:16AM - 10:41AM

Creative Work Siddha Yoga
Until 5:28AM Sun
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Anuradha Until 5:28AM Sun

Vyaghata* Until 7:38AM
Visti Until 10:02AM

Saptami Until 10:21PM

Ganesha: Clear Sunrise: 6:25AM
Muruga: Clear Sunset: 5:47PM
Nataraja: Orange
Moon - Orange Magha*Masi

Devaloka Day

Albany, NY
Sutra 321
Sobhana 5125
Moon 1 - Phase 44 - 6th Phase

Sunday, March 3, 2024

Vrischika Rasi: 16.56 Tithi 23

975447577

Gulika 2:57PM - 4:22PM
Yama 12:06PM - 1:31PM
Rahu 4:22PM - 5:48PM

Routine Work Marana Yoga
Until 5:45AM Mon
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jyeshtha* Until 5:45AM Mon

Harshana Until 6:57AM
Balava Until 10:30AM

Ashtami* Until 10:24PM

Ganesha: Clear Sunrise: 6:24AM
Muruga: Clear Sunset: 5:48PM
Nataraja: Orange
Moon - Orange Magha*Masi

Devaloka Day

Albany, NY
Sutra 322
Sobhana 5125
Moon 1 - Phase 44 - 7th Phase

Monday, March 4, 2024

Dhanus Rasi: 0.02 Tithi 24

185447577

Gulika 1:31PM - 2:57PM
Yama 10:40AM - 12:06PM
Rahu 7:48AM - 9:14AM

Family Home Evening
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Mula* Until 5:30AM Tue

Siddhi Until 3:38AM Tue
Taitila Until 10:08AM

Navami* Until 9:37PM

Ganesha: Green Sunrise: 6:22AM
Muruga: Clear Sunset: 5:49PM
Nataraja: Orange
Moon - Light Blue Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Albany, NY
Sutra 323
Sobhana 5125
Moon 1 - Phase 44 - 8th Phase

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1 Monday, March 11, 2024
 Meena Rasi: 12.32 Tithi 2
Family Home Evening
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
 Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau

Gulika 1:32PM – 3:01PM
 Yama 10:35AM – 12:04PM
 Rahu 7:39AM – 9:07AM

Uttaraproshtapada Until 12:33PM
 Sukla Until 9:23PM
 Balava Until 10:30AM
Dvitiya Until 8:45PM

Ganesha: Orange Sunrise: 6:10AM
Muruga: Clear Sunset: 5:57PM
Nataraja: Orange
 Moon – Clear

Sun 15 Sutra 330
 Sobhana 5125
 Moon 1 - Phase 46 - 15
 3rd Phase

Devaloka Day
 Phalguna*Masi

2 Tuesday, March 12, 2024
 Meena Rasi: 27.31 Tithi 3 – 4
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
 Revati/Ashvini Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau

Gulika 12:03PM – 1:32PM
 Yama 9:06AM – 10:35AM
 Rahu 3:01PM – 4:30PM

Revati Until 9:52AM
 Brahma Until 5:37PM
 Taitila Until 7:08AM
Tritiya Until 5:35PM

Ganesha: Green Sunrise: 6:08AM
Muruga: Clear Sunset: 5:59PM
Nataraja: Orange
 Moon – Clear

Sun 16 Sutra 331
 Sobhana 5125
 Moon 1 - Phase 46 - 16
 3rd Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
 Phalguna*Masi

Subramuniyaswami Siva Vision Day

3 Wednesday, March 13, 2024
 Mesha Rasi: 12.11 Tithi 4 – 5
 Routine Work Marana Yoga
 Until 7:54AM
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
 Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Gulika 10:34AM – 12:03PM
 Yama 7:36AM – 9:05AM
 Rahu 12:03PM – 1:32PM

Ashvini Until 7:54AM
 Indra Until 2:17PM
 Bava Until 1:52AM Thu
Chaturthi* Until 2:56PM

Ganesha: White Sunrise: 6:07AM
Muruga: Clear Sunset: 6:00PM
Nataraja: Orange
 Moon – White

Sun 17 Sutra 332
 Sobhana 5125
 Moon 1 - Phase 46 - 17
 3rd Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
 Phalguna*Masi

4 Thursday, March 14, 2024
 Mesha Rasi: 26.25 Tithi 5 – 6
 Creative Work Siddha Yoga
 Until 6:24AM
 Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
 Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau

Gulika 9:04AM – 10:33AM
 Yama 6:05AM – 7:34AM
 Rahu 1:32PM – 3:02PM

Bharani Until 6:24AM
 Vaidhriti* Until 11:27AM
 Kaulava Until 12:12AM Fri
Panchami Until 12:55PM

Ganesha: White Sunrise: 6:05AM
Muruga: Clear Sunset: 6:01PM
Nataraja: Clear
 Moon – White

Sun 18 Sutra 333
 Sobhana 5125
 Moon 1 - Phase 46 - 18
 3rd Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
 Phalguna*Panguni

5 Friday, March 15, 2024
 Vishabha Rasi: 10.13 Tithi 6 – 7
 Routine Work Marana Yoga
 Until 5:33AM Sat
 Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
 Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Gulika 7:33AM – 9:03AM
 Yama 3:02PM – 4:32PM
 Rahu 10:33AM – 12:03PM

Rohini Until 5:33AM Sat
 Vishkambha* Until 9:12AM
 Gara Until 11:18PM
Shashthi* Until 11:38AM

Ganesha: Clear Sunrise: 6:03AM
Muruga: Clear Sunset: 6:02PM
Nataraja: Clear
 Moon – Yellow

Sun 19 Sutra 334
 Sobhana 5125
 Moon 1 - Phase 46 - 19
 3rd Phase

Devaloka Day
 Phalguna*Panguni

6 Saturday, March 16, 2024
Retreat Star
 Vishabha Rasi: 23.34 Tithi 7 – 8
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Gulika 6:01AM – 7:32AM
 Yama 1:33PM – 3:03PM
 Rahu 9:02AM – 10:32AM

Mrigashira Until 6:15AM Sun
 Priti Until 7:35AM
 Visti Until 11:11PM
Saptami Until 11:07AM

Ganesha: Clear Sunrise: 6:01AM
Muruga: Clear Sunset: 6:03PM
Nataraja: Clear
 Moon – Yellow

Sun 20 Sutra 335
 Sobhana 5125
 Moon 1 - Phase 46 - 20
 Ashtami

Devaloka Day
 Phalguna*Panguni

7 Sunday, March 17, 2024
Retreat Star
 Mithuna Rasi: 6.31 Tithi 8 – 9
 Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Gulika 3:03PM – 4:34PM
 Yama 12:02PM – 1:33PM
 Rahu 4:34PM – 6:04PM

Mrigashira Until 6:15AM
 Ayushman Until 6:33AM
 Balava Until 11:48PM
Ashtami* Until 11:23AM

Ganesha: Clear Sunrise: 6:00AM
Muruga: Clear Sunset: 6:04PM
Nataraja: Clear
 Moon – Yellow

Sun 21 Sutra 336
 Sobhana 5125
 Moon 1 - Phase 46 - 21
 Navami

Devaloka Day
 Phalguna*Panguni

Monday, March 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22		Albany, NY Sutra 337
1	Mithuna Rasi: 19.08 Tithi 9 – 10	Gulika 1:33PM – 3:04PM	Ardra Until 7:30AM	Ganesha: Clear <i>Sunrise:</i> 5:58AM		Sobhana 5125
Family Home Evening	137447578	Yama 10:31AM – 12:02PM	Saubhagya Until 6:05AM	Muruga: Clear <i>Sunset:</i> 6:05PM	Moon 1 - Phase 47 - 22	
Creative Work Siddha Yoga		Rahu 7:29AM – 9:00AM	Taitila Until 1:04AM Tue	Nataraja: Clear		4th Phase
Until 7:30AM			Navami* Until 12:20PM	Moon – Yellow		
Then Creative Work - Amrita Yoga				Phalguna*Panguni		Devaloka Day

Tuesday, March 19, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Albany, NY Sutra 338
2	Kataka Rasi: 1.28 Tithi 10 – 11	Gulika 12:01PM – 1:33PM	Punarvasu Until 9:39AM	Ganesha: Clear <i>Sunrise:</i> 5:56AM		Sobhana 5125
	148447578	Yama 8:59AM – 10:30AM	Sobhana Until 6:06AM	Muruga: Clear <i>Sunset:</i> 6:07PM	Moon 1 - Phase 47 - 23	
Creative Work Siddha Yoga		Rahu 3:04PM – 4:35PM	Vanija Until 2:51AM Wed	Nataraja: Clear		4th Phase
			Dashami Until 1:53PM	Moon – Blue		
				Phalguna*Panguni		Devaloka Day

Wednesday, March 20, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Albany, NY Sutra 339
3	Kataka Rasi: 13.35 Tithi 11 – 12	Gulika 10:29AM – 12:01PM	Pushya Until 12:07PM	Ganesha: Clear <i>Sunrise:</i> 5:55AM		Sobhana 5125
	148447578	Yama 7:26AM – 8:58AM	Athiganda* Until 6:28AM	Muruga: Clear <i>Sunset:</i> 6:08PM	Moon 1 - Phase 47 - 24	
Creative Work Siddha Yoga		Rahu 12:01PM – 1:33PM	Bava Until 5:02AM Thu	Nataraja: Clear		4th Phase
			Ekadashi Until 3:53PM	Moon – Blue		
		Yogaswami Mahasamadhi		Phalguna*Panguni		Devaloka Day

Thursday, March 21, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashyam Titau		Sun 25		Albany, NY Sutra 340
4	Kataka Rasi: 25.34 Tithi 12	Gulika 8:57AM – 10:29AM	Ashlesha* Until 2:44PM	Ganesha: Clear <i>Sunrise:</i> 5:53AM		Sobhana 5125
	148447578	Yama 5:53AM – 7:25AM	Sukarma Until 7:09AM	Muruga: Clear <i>Sunset:</i> 6:09PM	Moon 1 - Phase 47 - 25	
Creative Work Siddha Yoga		Rahu 1:33PM – 3:05PM	Balava Until 6:13PM	Nataraja: Clear		4th Phase
Until 2:44PM			Dvadashi Until 6:13PM	Moon – Blue		
Then Creative Work - Amrita Yoga				Phalguna*Panguni		Devaloka Day

Friday, March 22, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Albany, NY Sutra 341
5	Simha Rasi: 7.27 Tithi 13	Gulika 7:23AM – 8:56AM	Magha* Until 5:54PM	Ganesha: Purple <i>Sunrise:</i> 5:51AM		Sobhana 5125
	158447578	Yama 3:05PM – 4:38PM	Dhriti Until 8:02AM	Muruga: Clear <i>Sunset:</i> 6:10PM	Moon 1 - Phase 47 - 26	
Routine Work Marana Yoga		Rahu 10:28AM – 12:01PM	Kaulava Until 7:30AM	Nataraja: Clear		4th Phase
Until 5:54PM			Trayodashi Until 8:46PM	Moon – Red		
Then Creative Work - Siddha Yoga				Phalguna*Panguni		Sivaloka Day
			<i>Pradosha Vrata</i>			

Saturday, March 23, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Albany, NY Sutra 342
6	Simha Rasi: 19.16 Tithi 14	Gulika 5:49AM – 7:22AM	Purvaphalguni Until 9:00PM	Ganesha: Purple <i>Sunrise:</i> 5:49AM		Sobhana 5125
	158447578	Yama 1:33PM – 3:06PM	Shula* Until 9:00AM	Muruga: Clear <i>Sunset:</i> 6:11PM	Moon 1 - Phase 47 - 27	
Creative Work Siddha Yoga		Rahu 8:55AM – 10:28AM	Gara Until 10:05AM	Nataraja: Clear		4th Phase
Until 9:00PM			Chaturdashi* Until 11:23PM	Moon – Red		
Then Routine Work - Marana Yoga				Phalguna*Panguni		Sivaloka Day


Sunday, March 24, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhdi Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Albany, NY Sutra 343
0	Kanya Rasi: 1.05 Tithi 15	Gulika 3:06PM – 4:39PM	Uttaraphalguni Until 11:55PM	Ganesha: Purple <i>Sunrise:</i> 5:48AM		Sobhana 5125
	158447578	Yama 12:00PM – 1:33PM	Ganda* Until 10:00AM	Muruga: Clear <i>Sunset:</i> 6:12PM	Moon 1 - Phase 47 -	
Creative Work Amrita Yoga		Rahu 4:39PM – 6:12PM	Visti Until 12:43PM	Nataraja: Clear		Purnima
			Purnima* Until 1:59AM Mon	Moon – Red		
		Panguni Uttiram		Phalguna*Panguni		Sivaloka Day
		Holi				

Monday, March 25, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vridhdi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Albany, NY Sutra 344
1	Kanya Rasi: 12.55 Tithi 16	Gulika 1:33PM – 3:07PM	Hasta Until 3:02AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:46AM		Sobhana 5125
	169447578	Yama 10:26AM – 12:00PM	Vridhdi Until 10:57AM	Muruga: Clear <i>Sunset:</i> 6:13PM	Moon 1 - Phase 47 -	
Family Home Evening		Rahu 7:19AM – 8:53AM	Balava Until 3:15PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 4:26AM Tue	Moon – Green		
				Phalguna*Panguni		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Albany, NY on 11/20/21

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	Tuesday, March 26, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
	Gold Retreat Star	Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau		Sutra 345	
Kanya Rasi: 24.48	Tithi 17	Gulika 11:59AM – 1:33PM	Chitra Until 5:45AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:44AM	Sobhana 5125
		Yama 8:52AM – 10:26AM	Dhruva Until 11:45AM	Muruga: Clear <i>Sunset:</i> 6:15PM	Moon 2 - Phase 48 -
	169447578	Rahu 3:07PM – 4:41PM	Taitila Until 5:35PM	Nataraja: Clear	1st Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:38AM Wed	Moon – Green	Bhuloka Day
				Phalguna•Panguni	Devaloka Time: 3:PM to 6:PM

1	Wednesday, March 27, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
		Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Sutra 346	
Tula Rasi: 6.47	Tithi 17 – 18	Gulika 10:25AM – 11:59AM	Svati Until 7:59AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:42AM	Sobhana 5125
		Yama 7:17AM – 8:51AM	Vyaghata* Until 12:22PM	Muruga: Clear <i>Sunset:</i> 6:16PM	Moon 2 - Phase 48 - 1
	169447578	Rahu 11:59AM – 1:33PM	Vanija Until 7:38PM	Nataraja: Clear	1st Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:38AM	Moon – Green	Bhuloka Day
				Phalguna•Panguni	Devaloka Time: 3:PM to 6:PM

2	Thursday, March 28, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
		Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau		Sutra 347	
Tula Rasi: 18.54	Tithi 18 – 19	Gulika 8:50AM – 10:24AM	Svati Until 7:59AM	Ganesha: Clear <i>Sunrise:</i> 5:41AM	Sobhana 5125
		Yama 5:41AM – 7:15AM	Harshana Until 12:43PM	Muruga: Clear <i>Sunset:</i> 6:17PM	Moon 2 - Phase 48 - 2
	169547578	Rahu 1:33PM – 3:08PM	Bava Until 9:17PM	Nataraja: Clear	1st Phase
Creative Work	Amrita Yoga		Tritiya Until 8:29AM	Moon – Green	Devaloka Day
Until 7:59AM				Phalguna•Panguni	
Then Creative Work - Siddha Yoga					

3	Friday, March 29, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
		Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Sutra 348	
Vrischika Rasi: 1.11	Tithi 19 – 20	Gulika 7:14AM – 8:49AM	Vishakha Until 10:07AM	Ganesha: White <i>Sunrise:</i> 5:39AM	Sobhana 5125
		Yama 3:08PM – 4:43PM	Vajra* Until 12:42PM	Muruga: Clear <i>Sunset:</i> 6:18PM	Moon 2 - Phase 48 - 3
	179547578	Rahu 10:24AM – 11:58AM	Kaulava Until 10:27PM	Nataraja: Clear	1st Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:54AM	Moon – Orange	Sivaloka Day
				Phalguna•Panguni	

4	Saturday, March 30, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
		Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau		Sutra 349	
Vrischika Rasi: 13.42	Tithi 20 – 21	Gulika 5:37AM – 7:12AM	Anuradha Until 11:36AM	Ganesha: White <i>Sunrise:</i> 5:37AM	Sobhana 5125
		Yama 1:33PM – 3:09PM	Siddhi Until 12:17PM	Muruga: Clear <i>Sunset:</i> 6:19PM	Moon 2 - Phase 48 - 4
	179547578	Rahu 8:48AM – 10:23AM	Gara Until 11:03PM	Nataraja: Clear	1st Phase
Creative Work	Siddha Yoga		Panchami Until 10:48AM	Moon – Orange	Sivaloka Day
				Phalguna•Panguni	

5	Sunday, March 31, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
		Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Sutra 350	
Vrischika Rasi: 26.29	Tithi 21 – 22	Gulika 3:09PM – 4:45PM	Jyeshtha* Until 12:21PM	Ganesha: White <i>Sunrise:</i> 5:35AM	Sobhana 5125
		Yama 11:58AM – 1:33PM	Vyatipata* Until 11:26AM	Muruga: Clear <i>Sunset:</i> 6:20PM	Moon 2 - Phase 48 - 5
	179547578	Rahu 4:45PM – 6:20PM	Visti Until 11:02PM	Nataraja: Clear	1st Phase
Routine Work	Marana Yoga		Shashthi* Until 11:06AM	Moon – Orange	Sivaloka Day
Until 12:21PM				Phalguna•Panguni	
Then Creative Work - Amrita Yoga					

D	Monday, April 1, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
	Retreat Star	Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Sutra 351	
Dhanu Rasi: 9.34	Tithi 22 – 23	Gulika 1:33PM – 3:09PM	Mula* Until 12:46PM	Ganesha: Yellow <i>Sunrise:</i> 5:35AM	Sobhana 5125
Family Home Evening		Yama 10:22AM – 11:58AM	Variyan Until 10:02AM	Muruga: Clear <i>Sunset:</i> 6:20PM	Moon 2 - Phase 48 - 6
	189547578	Rahu 7:11AM – 8:47AM	Balava Until 10:21PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:46AM	Moon – Light Blue	Devaloka Day
Until 12:46PM				Phalguna•Panguni	
Then Routine Work - Marana Yoga					

D	Tuesday, April 2, 2024	Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
	Retreat Star	Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Sutra 352	
Dhanu Rasi: 23.01	Tithi 23 – 24	Gulika 11:58AM – 1:33PM	Purvashadha* Until 12:22PM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM	Sobhana 5125
		Yama 8:46AM – 10:22AM	Parigha* Until 8:07AM	Muruga: Clear <i>Sunset:</i> 6:21PM	Moon 2 - Phase 48 - 7
	181547578	Rahu 3:09PM – 4:45PM	Taitila Until 9:00PM	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:44AM	Moon – Light Blue	Devaloka Day
Until 12:22PM				Phalguna•Panguni	
Then Routine Work - Prabalarishta Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Wednesday, April 3, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Albany, NY Sutra 353	
Makara Rasi: 6.52	Tithi 24 – 25	Gulika	10:21AM – 11:57AM	Uttarashadha Until 11:12AM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM		Sobhana 5125	
		Yama	7:08AM – 8:45AM	Siddha Until 2:46AM Thu	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 49 - 8		
		181547578 Rahu	11:57AM – 1:34PM	Vanija Until 7:01PM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga			Navami* Until 8:04AM	Moon – Light Blue		Devaloka Day		
Until 11:12AM					Phalguna•Panguni				
Then Creative Work - Siddha Yoga									

2		Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Albany, NY Sutra 354	
Makara Rasi: 21.05	Tithi 26	Gulika	8:44AM – 10:20AM	Shravana Until 9:43AM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM		Sobhana 5125	
		Yama	5:30AM – 7:07AM	Sadhya Until 11:25PM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 49 - 9		
		191547578 Rahu	1:34PM – 3:10PM	Bava Until 4:29PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 3:01AM Fri	Moon – Purple		Sivaloka Day		
					Phalguna•Panguni				

3		Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitilia Karana Dvodashyam Titau		Sun 10		Albany, NY Sutra 355	
Kumbha Rasi: 5.4	Tithi 27	Gulika	7:06AM – 8:43AM	Dhanishtha Until 7:37AM	Ganesha: Blue	<i>Sunrise:</i> 5:29AM		Sobhana 5125	
		Yama	3:11PM – 4:48PM	Subha Until 7:44PM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 49 - 10		
		191547578 Rahu	10:20AM – 11:57AM	Kaulava Until 1:29PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga			Dvodashi* Until 11:50PM	Moon – Purple		Sivaloka Day		
					Phalguna•Panguni				

4		Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Albany, NY Sutra 356	
Kumbha Rasi: 20.31	Tithi 28	Gulika	5:27AM – 7:04AM	Purvaproshtapada* Until 2:27AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:27AM		Sobhana 5125	
		Yama	1:34PM – 3:11PM	Sukla Until 3:47PM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 49 - 11		
		111547578 Rahu	8:42AM – 10:19AM	Gara Until 10:09AM	Nataraja: Clear		2nd Phase		
Routine Work	Marana Yoga			Trayodashi* Until 8:24PM	Moon – Clear		Devaloka Day		
Until 2:27AM Sun					Phalguna•Panguni				
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Albany, NY Sutra 357	
Meena Rasi: 5.33	Tithi 29 – 30	Gulika	3:12PM – 4:49PM	Uttaraproshtapada Until 11:41PM	Ganesha: Red	<i>Sunrise:</i> 5:25AM		Sobhana 5125	
		Yama	11:56AM – 1:34PM	Brahma Until 11:44AM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 49 - 12		
		111547578 Rahu	4:49PM – 6:27PM	Visti Until 6:38AM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga			Chaturdashi* Until 4:51PM	Moon – Clear		Devaloka Day		
					Phalguna•Panguni				

Monday, April 8, 2024		Retreat Star		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Albany, NY Sutra 358	
Meena Rasi: 20.37	Tithi 30 – 1	Gulika	1:34PM – 3:12PM	Revati Until 8:52PM	Ganesha: Red	<i>Sunrise:</i> 5:24AM		Sobhana 5125	
Family Home Evening		Yama	10:18AM – 11:56AM	Indra Until 7:42AM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 49 - 13		
		111547578 Rahu	7:02AM – 8:40AM	Kintughna Until 11:39PM	Nataraja: Clear		Amavasya		
Creative Work	Siddha Yoga			Amavasya* Until 1:20PM	Moon – Clear		Devaloka Day		
					Phalguna•Panguni				

Tuesday, April 9, 2024		Retreat Star		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Albany, NY Sutra 359	
Mesha Rasi: 5.34	Tithi 1 – 2	Gulika	11:56AM – 1:34PM	Ashvini Until 6:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM		Sobhana 5125	
		Yama	8:39AM – 10:17AM	Vishkambha* Until 12:05AM Wed	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 49 - 14		
		121547578 Rahu	3:12PM – 4:51PM	Balava Until 8:29PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 10:00AM	Moon – White		Devaloka Day		
		Chellappaswami Mahasamadhi			Chaitra•Panguni				

1 Wednesday, April 10, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
 Bharani/Krittika Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 360
 Mesha Rasi: 20.17 Tithi 2 – 3 **Gulika 10:16AM – 11:55AM** **Bharani Until 4:34PM** **Ganesha: Yellow** Sunrise: 5:20AM Sobhana 5125
 Yama 6:59AM – 8:38AM Priti Until 8:47PM **Muruga: Clear** Sunset: 6:30PM Moon 2 - Phase 50 - 15
 121547578 **Rahu 11:55AM – 1:34PM** Gara Until 4:33AM Thu **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 7:02AM** **Chaitra•Panguni** **Devaloka Day**
 Until 4:34PM
 Then Creative Work - Amrita Yoga

2 Thursday, April 11, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
 Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthiyam Titau Sun 16 Sutra 361
 Vrishabha Rasi: 4.38 Tithi 4 **Gulika 8:37AM – 10:16AM** **Krittika Until 2:58PM** **Ganesha: Yellow** Sunrise: 5:19AM Sobhana 5125
 Yama 5:19AM – 6:58AM Ayushman Until 5:57PM **Muruga: Clear** Sunset: 6:31PM Moon 2 - Phase 50 - 16
 121547578 **Rahu 1:34PM – 3:13PM** Vanija Until 3:34PM **Nataraja: Clear** 3rd Phase
 Routine Work Marana Yoga **Chaturthi* Until 2:42AM Fri** **Chaitra•Panguni** **Devaloka Day**

3 Friday, April 12, 2024 Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 362
 Vishabha Rasi: 18.35 Tithi 5 **Gulika 6:56AM – 8:36AM** **Rohini Until 2:20PM** **Ganesha: Clear** Sunrise: 5:17AM Sobhana 5125
 Yama 3:14PM – 4:53PM Saubhagya Until 3:41PM **Muruga: Clear** Sunset: 6:33PM Moon 2 - Phase 50 - 17
 132547578 **Rahu 10:15AM – 11:55AM** Bava Until 2:04PM **Nataraja: Clear** 3rd Phase
 Routine Work Marana Yoga **Panchami Until 1:35AM Sat** **Chaitra•Panguni** **Devaloka Day**
 Until 2:20PM
 Then Creative Work - Siddha Yoga

4 Saturday, April 13, 2024 Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 18 Sutra 363
 Mithuna Rasi: 2.05 Tithi 6 **Gulika 5:15AM – 6:55AM** **Mrigashira Until 2:19PM** **Ganesha: Clear** Sunrise: 5:15AM Sobhana 5125
 Yama 1:34PM – 3:14PM Sobhana Until 2:04PM **Muruga: Clear** Sunset: 6:34PM Moon 2 - Phase 50 - 18
 132547578 **Rahu 8:35AM – 10:15AM** Kaulava Until 1:20PM **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Shashthi* Until 1:16AM Sun** **Chaitra•Chaitra** **Devaloka Day**

5 Sunday, April 14, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 364
 Mithuna Rasi: 15.09 Tithi 7 **Gulika 3:15PM – 4:55PM** **Ardra Until 2:56PM** **Ganesha: White** Sunrise: 5:14AM Krodhin 5126
 Yama 11:54AM – 1:34PM Athiganda* Until 1:02PM **Muruga: Clear** Sunset: 6:35PM Moon 2 - Phase 50 - 19
 232547578 **Rahu 4:55PM – 6:35PM** Gara Until 1:25PM **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Tamil New Year** **Saptami Until 1:44AM Mon** **Chaitra•Chaitra** **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

Monday, April 15, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau Sun 20 Sutra 1
Retreat Star **Gulika 1:34PM – 3:15PM** **Punarvasu Until 4:36PM** **Ganesha: Clear** Sunrise: 5:12AM Krodhin 5126
 Mithuna Rasi: 27.5 Tithi 8 Yama 10:13AM – 11:54AM Sukarma Until 12:38PM **Muruga: Clear** Sunset: 6:36PM Moon 2 - Phase 50 - 20
Family Home Evening 242547578 **Rahu 6:52AM – 8:33AM** Visti Until 2:16PM **Nataraja: Clear** Ashtami
 Creative Work Amrita Yoga **Ashtami* Until 2:56AM Tue** **Chaitra•Chaitra** **Devaloka Day**
 Until 4:36PM
 Then Creative Work - Siddha Yoga

Tuesday, April 16, 2024 Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
 Pushya Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 2
Retreat Star **Gulika 11:54AM – 1:35PM** **Pushya Until 6:45PM** **Ganesha: Clear** Sunrise: 5:10AM Krodhin 5126
 Kataka Rasi: 10.11 Tithi 9 Yama 8:32AM – 10:13AM Dhriti Until 12:46PM **Muruga: Clear** Sunset: 6:37PM Moon 2 - Phase 50 - 21
 242547578 **Rahu 3:15PM – 4:56PM** Balava Until 3:47PM **Nataraja: Clear** Navami
 Creative Work Siddha Yoga **Sri Rama Navami** **Navami* Until 4:45AM Wed** **Chaitra•Chaitra** **Devaloka Day**

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 11/20/21

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1		Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Albany, NY Sun 22 Sutra 3	
Kataka Rasi: 22.18	Tithi 10	Gulika 10:12AM – 11:54AM	Ashlesha* Until 9:15PM	Ganesh: Clear	<i>Sunrise:</i> 5:09AM	Krodhin 5126	
		Yama 6:50AM – 8:31AM	Shula* Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 1 - 22	
	242547578	Rahu 11:54AM – 1:35PM	Taitila Until 5:51PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga	Dashami Until 7:01AM Thu		Moon – Blue	Devaloka Day		
				Chaitra*Chaitra			
2		Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sun 23 Sutra 4	
Simha Rasi: 4.14	Tithi 10 – 11	Gulika 8:30AM – 10:12AM	Magha* Until 12:24AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:07AM	Krodhin 5126	
		Yama 5:07AM – 6:49AM	Ganda* Until 2:10PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 1 - 23	
	252547578	Rahu 1:35PM – 3:16PM	Vanija Until 8:17PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga	Dashami Until 7:01AM		Moon – Red	Bhuloka Day		
Until 12:24AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
3		Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 24 Sutra 5	
Simha Rasi: 16.05	Tithi 11 – 12	Gulika 6:48AM – 8:29AM	Purvaphalguni Until 3:31AM Sat	Ganesh: Purple	<i>Sunrise:</i> 5:06AM	Krodhin 5126	
		Yama 3:17PM – 4:59PM	Vridhhi Until 3:12PM	Muruga: Purple	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 1 - 24	
	252557578	Rahu 10:11AM – 11:53AM	Bava Until 10:53PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga	Ekadashi Until 9:33AM		Moon – Red	Devaloka Day		
Until 3:31AM Sat				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							
4		Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 25 Sutra 6	
Simha Rasi: 27.53	Tithi 12 – 13	Gulika 5:04AM – 6:46AM	Uttaraphalguni Until 6:26AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:04AM	Krodhin 5126	
		Yama 1:35PM – 3:17PM	Dhruva Until 4:14PM	Muruga: Purple	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 1 - 25	
	252557578	Rahu 8:28AM – 10:11AM	Kaulava Until 1:28AM Sun	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga	Dvadashi Until 12:10PM		Moon – Red	Devaloka Day		
Until 6:26AM Sun				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata</i>			
5		Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 26 Sutra 7	
Kanya Rasi: 9.41	Tithi 13 – 14	Gulika 3:18PM – 5:00PM	Uttaraphalguni Until 6:26AM	Ganesh: Purple	<i>Sunrise:</i> 5:03AM	Krodhin 5126	
		Yama 11:53AM – 1:35PM	Vyaghata* Until 5:11PM	Muruga: Purple	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 1 - 26	
	252557578	Rahu 5:00PM – 6:43PM	Gara Until 3:53AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga	Trayodashi Until 2:41PM		Moon – Red	Devaloka Day		
				Chaitra*Chaitra			
6		Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sun 27 Sutra 8	
Kanya Rasi: 21.35	Tithi 14 – 15	Gulika 1:35PM – 3:18PM	Hasta Until 9:29AM	Ganesh: Purple	<i>Sunrise:</i> 5:01AM	Krodhin 5126	
Family Home Evening		Yama 10:10AM – 11:52AM	Harshana Until 5:58PM	Muruga: Purple	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 1 - 27	
Creative Work	Siddha Yoga	Rahu 6:44AM – 8:27AM	Visti Until 5:58AM Tue	Nataraja: Clear		4th Phase	
Until 9:29AM		Chaturdashi* Until 4:57PM		Moon – Green	Subha Sivaloka Day		
Then Routine Work - Prabalarishta Yoga				Chaitra*Chaitra			
○		Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava Karana Purnimayam Titau		Albany, NY Sutra 9	
Tula Rasi: 3.37	Tithi 15	Gulika 11:52AM – 1:35PM	Chitra Until 12:02PM	Ganesh: Purple	<i>Sunrise:</i> 5:00AM	Krodhin 5126	
		Yama 8:26AM – 10:09AM	Vajra* Until 6:26PM	Muruga: Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 1 -	
	262657578	Rahu 3:19PM – 5:02PM	Bava Until 6:51PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga	Purnima* Until 6:51PM		Moon – Green	Subha Sivaloka Day		
				Chaitra*Chaitra			
		Chitra Purnima (Tamil Nadu)					
		Hanuman Jayanti					
Wednesday, April 24, 2024		Silver Retreat Star		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sutra 10	
Tula Rasi: 15.47	Tithi 16	Gulika 10:09AM – 11:52AM	Svati Until 2:02PM	Ganesh: Purple	<i>Sunrise:</i> 4:58AM	Krodhin 5126	
		Yama 6:42AM – 8:25AM	Siddhi Until 6:35PM	Muruga: Purple	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 1 -	
	262657579	Rahu 11:52AM – 1:36PM	Balava Until 7:40AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga	Prathama* Until 8:19PM		Moon – Green	Subha Subha Sivaloka Day		
				Chaitra*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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