



**Monday, April 18, 2022**  
**Gold Retreat Star**

Tula Rasi: 22.58 Tithi 17 – 18  
**Family Home Evening** 278345478  
Routine Work Marana Yoga  
Until 11:07PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:09PM – 3:53PM  
**Yama** 10:43AM – 12:26PM  
**Rahu** 7:17AM – 9:00AM  
**Vishakha** Until 11:07PM  
Siddhi Until 3:51PM  
Vanija Until 1:32AM Tue  
**Dvitiya** Until 2:54PM

**Ganesha:** Purple *Sunrise:* 5:33AM  
**Muruqa:** White *Sunset:* 7:19PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sutra 1  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Virschika Rasi: 7.3 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga  
Until 9:06PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:26PM – 2:10PM  
**Yama** 8:59AM – 10:42AM  
**Rahu** 3:53PM – 5:37PM  
**Anuradha** Until 9:06PM  
Vyatipata\* Until 12:29PM  
Bava Until 10:45PM  
**Tritiya** Until 12:07PM

**Ganesha:** Purple *Sunrise:* 5:31AM  
**Muruqa:** White *Sunset:* 7:20PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sun 1 Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Virschika Rasi: 22.03 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 7:00PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyan/Parigaha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:42AM – 12:26PM  
**Yama** 7:14AM – 8:58AM  
**Rahu** 12:26PM – 2:10PM  
**Jyeshtha\*** Until 7:00PM  
Variyan Until 9:05AM  
Kaulava Until 8:01PM  
**Chaturthi\*** Until 9:21AM

**Ganesha:** Purple *Sunrise:* 5:30AM  
**Muruqa:** White *Sunset:* 7:22PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sun 2 Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 - 2 1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Dhanus Rasi: 6.32 Tithi 20 – 21  
288345478  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

**Gulika** 8:57AM – 10:41AM  
**Yama** 5:28AM – 7:12AM  
**Rahu** 2:10PM – 3:54PM  
**Mula\*** Until 5:19PM  
Shiva Until 2:39AM Fri  
Vanija Until 4:11AM Fri  
**Panchami** Until 6:40AM

**Ganesha:** Clear *Sunrise:* 5:28AM  
**Muruqa:** White *Sunset:* 7:23PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sun 3 Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 - 3 1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Dhanus Rasi: 20.53 Tithi 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 3:43PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 7:11AM – 8:56AM  
**Yama** 3:55PM – 5:40PM  
**Rahu** 10:40AM – 12:25PM  
**Purvashadha\*** Until 3:43PM  
Siddha Until 11:42PM  
Visti Until 3:03PM  
**Saptami** Until 1:57AM Sat

**Ganesha:** Purple *Sunrise:* 5:26AM  
**Muruqa:** White *Sunset:* 7:24PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sun 4 Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 - 4 1st Phase

**Devaloka Day**

**Retreat Star**

**Saturday, April 23, 2022**

Makara Rasi: 5.05 Tithi 23  
289345478  
Routine Work Marana Yoga  
Until 2:15PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 5:24AM – 7:09AM  
**Yama** 2:10PM – 3:55PM  
**Rahu** 8:55AM – 10:40AM  
**Uttarashadha** Until 2:15PM  
Sadhya Until 9:00PM  
Balava Until 12:58PM  
**Ashtami\*** Until 12:02AM Sun

**Ganesha:** Purple *Sunrise:* 5:24AM  
**Muruqa:** White *Sunset:* 7:26PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sun 5 Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 - 5 Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**

**Retreat Star**

Makara Rasi: 19.04 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 1:24PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 3:56PM – 5:42PM  
**Yama** 12:25PM – 2:10PM  
**Rahu** 5:42PM – 7:27PM  
**Shravana** Until 1:24PM  
Subha Until 6:35PM  
Taitila Until 11:12AM  
**Navami\*** Until 10:26PM

**Ganesha:** Clear *Sunrise:* 5:23AM  
**Muruqa:** White *Sunset:* 7:27PM  
**Nataraja:** White  
Moon – Purple  
Chaitra\*Chaitra

Winterthur, Switzerland  
Sun 6 Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 - 6 Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Winterthur, Switzerland Sun 7 Sutra 8
	Kumbha Rasi: 2.49	Tithi 25	Gulika 2:11PM – 3:57PM	Dhanishtha Until 12:45PM	Ganesha: Clear	Sunrise: 5:21AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:39AM – 12:25PM	Sukla Until 4:26PM	Muruga: White	Sunset: 7:29PM	Moon 4 - Phase 2 - 7
	Creative Work	Siddha Yoga	Rahu 7:07AM – 8:53AM	Vanija Until 9:47AM	Nataraja: Clear		2nd Phase
			Dashami Until 9:12PM	Chaitra*Chaitra	<b>Devaloka Day</b>		

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 8 Sutra 9
	Kumbha Rasi: 16.22	Tithi 26	Gulika 12:25PM – 2:11PM	Shatabhishak Until 12:19PM	Ganesha: Clear	Sunrise: 5:19AM	Subhakrit 5124
	Routine Work	Marana Yoga	Yama 8:52AM – 10:38AM	Brahma Until 2:36PM	Muruga: White	Sunset: 7:30PM	Moon 4 - Phase 2 - 8
			299345479	Rahu 3:57PM – 5:44PM	Bava Until 8:45AM	Nataraja: Clear	2nd Phase
			Ekadashi* Until 8:21PM	Chaitra*Chaitra	<b>Devaloka Day</b>		

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 10
	Kumbha Rasi: 29.41	Tithi 27	Gulika 10:38AM – 12:24PM	Purvaproshtapada* Until 12:36PM	Ganesha: Red	Sunrise: 5:17AM	Subhakrit 5124
	Creative Work	Amrita Yoga	Yama 7:04AM – 8:51AM	Indra Until 1:07PM	Muruga: White	Sunset: 7:31PM	Moon 4 - Phase 2 - 9
	Until 12:36PM			219345479	Rahu 12:24PM – 2:11PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 7:56PM	Chaitra*Chaitra	<b>Devaloka Day</b>		

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 10 Sutra 11
	Meena Rasi: 12.47	Tithi 28	Gulika 8:50AM – 10:37AM	Uttaraproshtapada Until 1:10PM	Ganesha: Blue	Sunrise: 5:16AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 5:16AM – 7:03AM	Vaidhriti* Until 11:57AM	Muruga: White	Sunset: 7:33PM	Moon 4 - Phase 2 - 10
			219445479	Rahu 2:11PM – 3:59PM	Gara Until 7:54AM	Nataraja: Clear	2nd Phase
			Trayodashi* Until 7:57PM	Chaitra*Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 11 Sutra 12
	Meena Rasi: 25.39	Tithi 29	Gulika 7:01AM – 8:49AM	Revati Until 2:02PM	Ganesha: Blue	Sunrise: 5:14AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 3:59PM – 5:47PM	Vishkambha* Until 11:11AM	Muruga: White	Sunset: 7:34PM	Moon 4 - Phase 2 - 11
	Until 2:02PM			219445479	Rahu 10:37AM – 12:24PM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 8:27PM	Chaitra*Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM

	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 12 Sutra 13	
	<b>Retreat Star</b>		Mesha Rasi: 8.17	Tithi 30	Gulika 5:12AM – 7:00AM	Ashvini Until 3:41PM	Ganesha: Green	Sunrise: 5:12AM
	Creative Work	Siddha Yoga			Yama 2:12PM – 4:00PM	Priti Until 10:48AM	Muruga: White	Sunset: 7:36PM
			221445479	Rahu 8:48AM – 10:36AM	Catuspada Until 8:55AM	Nataraja: Clear	Moon - White	Amavasya
			Amavasya* Until 9:27PM	Chaitra*Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>	<b>Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 13 Sutra 14
	Mesha Rasi: 20.42	Tithi 1	Gulika 4:00PM – 5:49PM	Bharani Until 5:40PM	Ganesha: Green	Sunrise: 5:11AM	Subhakrit 5124
	Routine Work	Prabalarishta Yoga	Yama 12:24PM – 2:12PM	Ayushman Until 10:46AM	Muruga: White	Sunset: 7:37PM	Moon 4 - Phase 2 - 13
	Until 5:40PM			221445479	Rahu 5:49PM – 7:37PM	Nataraja: Clear	Prathama
			Prathama* Until 10:56PM	Vaisaka*Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 15 Subhakrit 5124
<b>1</b>	Vrishabha Rasi: 2.55 Tithi 2 <b>Family Home Evening</b> Routine Work Marana Yoga Until 7:55PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:12PM – 4:01PM Yama 10:35AM – 12:24PM 221445479 <b>Rahu</b> 6:58AM – 8:46AM	<b>Krittika Until 7:55PM</b> Saubhagya Until 11:07AM Balava Until 11:52AM <b>Dvitiya Until 12:51AM Tue</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White Vaisaka-Chaitra	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 7:38PM	Moon 4 - Phase 3 - 14 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 16 Subhakrit 5124
<b>2</b>	Vrishabha Rasi: 14.57 Tithi 3 Creative Work Amrita Yoga Until 10:50PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:24PM – 2:13PM Yama 8:46AM – 10:35AM 231445479 <b>Rahu</b> 4:02PM – 5:51PM	<b>Rohini Until 10:50PM</b> Sobhana Until 11:47AM Taitila Until 1:58PM <b>Tritiya Until 3:06AM Wed</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow Vaisaka-Chaitra	<b>Sunrise:</b> 5:07AM <b>Sunset:</b> 7:40PM	Moon 4 - Phase 3 - 15 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 16 Sutra 17 Subhakrit 5124
<b>3</b>	Vrishabha Rasi: 26.52 Tithi 4 Creative Work Siddha Yoga Until 1:48AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 10:34AM – 12:23PM Yama 6:55AM – 8:45AM 231445479 <b>Rahu</b> 12:23PM – 2:13PM	<b>Mrigashira Until 1:48AM Thu</b> Athiganda* Until 12:38PM Vanija Until 4:21PM <b>Chaturthi* Until 5:34AM Thu</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow Vaisaka-Chaitra	<b>Sunrise:</b> 5:06AM <b>Sunset:</b> 7:41PM	Moon 4 - Phase 3 - 16 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava Karana Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 18 Subhakrit 5124
<b>4</b>	Mithuna Rasi: 8.43 Tithi 5 Routine Work Marana Yoga Until 4:40AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:44AM – 10:34AM Yama 5:04AM – 6:54AM 231445479 <b>Rahu</b> 2:13PM – 4:03PM	<b>Ardra Until 4:40AM Fri</b> Sukarma Until 1:37PM Bava Until 6:51PM <b>Panchami Until 8:04AM Fri</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow Vaisaka-Chaitra	<b>Sunrise:</b> 5:04AM <b>Sunset:</b> 7:42PM	Moon 4 - Phase 3 - 17 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 19 Subhakrit 5124
<b>5</b>	Mithuna Rasi: 20.34 Tithi 5 – 6 Creative Work Siddha Yoga	<b>Gulika</b> 6:53AM – 8:43AM Yama 4:03PM – 5:54PM 241445479 <b>Rahu</b> 10:33AM – 12:23PM	<b>Punarvasu Until 7:46AM Sat</b> Dhriti Until 2:36PM Kaulava Until 9:18PM <b>Panchami Until 8:04AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue Vaisaka-Chaitra	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 7:44PM	Moon 4 - Phase 3 - 18 3rd Phase <b>Devaloka Day</b>

<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 20 Subhakrit 5124
<b>6</b>	Kataka Rasi: 2.26 Tithi 6 – 7 Creative Work Siddha Yoga	<b>Gulika</b> 5:01AM – 6:52AM Yama 2:14PM – 4:04PM 241445479 <b>Rahu</b> 8:42AM – 10:33AM	<b>Punarvasu Until 7:46AM</b> Shula* Until 3:26PM Gara Until 11:31PM <b>Shashthi* Until 10:26AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue Vaisaka-Chaitra	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 7:45PM	Moon 4 - Phase 3 - 19 3rd Phase <b>Devaloka Day</b>

<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 21 Subhakrit 5124
<b>Retreat Star</b>	Kataka Rasi: 14.26 Tithi 7 – 8 Creative Work Siddha Yoga	<b>Gulika</b> 4:05PM – 5:56PM Yama 12:23PM – 2:14PM 241445479 <b>Rahu</b> 5:56PM – 7:46PM	<b>Pushya Until 10:25AM</b> Ganda* Until 4:00PM Visti Until 1:20AM Mon <b>Saptami Until 12:28PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue Vaisaka-Chaitra	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 7:46PM	Moon 4 - Phase 3 - 20 Ashtami <b>Devaloka Day</b>

<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 22 Subhakrit 5124
<b>Retreat Star</b>	Kataka Rasi: 26.37 Tithi 8 – 9 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 12:25PM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:14PM – 4:05PM Yama 10:32AM – 12:23PM 241445479 <b>Rahu</b> 6:50AM – 8:41AM	<b>Ashlesha* Until 12:25PM</b> Vridhi Until 4:11PM Balava Until 2:33AM Tue <b>Ashtami* Until 2:00PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue Vaisaka-Chaitra	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 7:48PM	Moon 4 - Phase 3 - 21 Navami <b>Devaloka Day</b>

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


<b>1</b>		<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 23	
Simha Rasi: 9.02	Tithi 9 – 10	<b>Gulika</b>	12:23PM – 2:15PM	<b>Magha* Until 2:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:57AM		Subhakrit 5124	
		Yama	8:40AM – 10:32AM	Dhruva Until 3:49PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:49PM		Moon 4 - Phase 4 - 22	4th Phase
		252445479 <b>Rahu</b>	4:06PM – 5:57PM	Taitila Until 3:04AM Wed	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Navami* Until 2:53PM</b>	Moon – Red			<b>Devaloka Day</b>	
					Vaisaka-Chaitra				

<b>2</b>		<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 23 Sutra 24	
Simha Rasi: 21.48	Tithi 10 – 11	<b>Gulika</b>	10:31AM – 12:23PM	<b>Purvaphalguni Until 2:57PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:56AM		Subhakrit 5124	
		Yama	6:48AM – 8:39AM	Vyaghata* Until 2:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:50PM		Moon 4 - Phase 4 - 23	4th Phase
		252445479 <b>Rahu</b>	12:23PM – 2:15PM	Vanija Until 2:49AM Thu	<b>Nataraja:</b> Clear				
Creative Work	Amrita Yoga			<b>Dashami Until 3:01PM</b>	Moon – Red			<b>Devaloka Day</b>	
					Vaisaka-Chaitra				

<b>3</b>		<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 25	
Kanya Rasi: 4.57	Tithi 11 – 12	<b>Gulika</b>	8:39AM – 10:31AM	<b>Uttaraphalguni Until 2:51PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:54AM		Subhakrit 5124	
		Yama	4:54AM – 6:46AM	Harshana Until 1:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:52PM		Moon 4 - Phase 4 - 24	4th Phase
		252445479 <b>Rahu</b>	2:15PM – 4:07PM	Bava Until 1:47AM Fri	<b>Nataraja:</b> Clear				
	Amrita Yoga			<b>Ekadashi Until 2:23PM</b>	Moon – Red			<b>Devaloka Day</b>	
Until 2:51PM					Vaisaka-Chaitra				
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 25 Sutra 26	
Kanya Rasi: 18.31	Tithi 12 – 13	<b>Gulika</b>	6:45AM – 8:38AM	<b>Hasta Until 2:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM		Subhakrit 5124	
		Yama	4:08PM – 6:00PM	Vajra* Until 11:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:53PM		Moon 4 - Phase 4 - 25	4th Phase
		262445479 <b>Rahu</b>	10:30AM – 12:23PM	Kaulava Until 12:02AM Sat	<b>Nataraja:</b> Clear				
Creative Work	Amrita Yoga			<b>Dvadashi Until 12:58PM</b>	Moon – Green			<b>Sivaloka Day</b>	
Until 2:19PM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 26 Sutra 27	
Tula Rasi: 2.31	Tithi 13 – 14	<b>Gulika</b>	4:52AM – 6:45AM	<b>Chitra Until 12:58PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM		Subhakrit 5124	
		Yama	2:16PM – 4:09PM	Siddhi Until 8:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:54PM		Moon 4 - Phase 4 - 26	4th Phase
		262445479 <b>Rahu</b>	8:37AM – 10:30AM	Gara Until 9:40PM	<b>Nataraja:</b> Clear				
Routine Work	Marana Yoga			<b>Trayodashi Until 10:54AM</b>	Moon – Green			<b>Sivaloka Day</b>	
Until 12:58PM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

		<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 27 Sutra 28	
<b>Copper Retreat Star</b>		<b>Gulika</b>	4:09PM – 6:02PM	<b>Svati Until 10:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM		Subhakrit 5124	
Tula Rasi: 16.54	Tithi 14 – 15	Yama	12:23PM – 2:16PM	Variyan Until 1:46AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:55PM		Moon 4 - Phase 4 - 27	Purnima
		262445479 <b>Rahu</b>	6:02PM – 7:55PM	Visti Until 6:49PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:16AM</b>	Moon – Green			<b>Sivaloka Day</b>	
Until 10:56AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

<b>Monday, May 16, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sun 29 Sutra 29	
Vrischika Rasi: 2	Tithi 16	<b>Gulika</b>	2:16PM – 4:10PM	<b>Vishakha Until 8:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM		Subhakrit 5124	
<b>Family Home Evening</b>		Yama	10:29AM – 12:23PM	Parigha* Until 10:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:57PM		Moon 4 - Phase 4 -	Prathama
		272445479 <b>Rahu</b>	6:43AM – 8:36AM	Balava Until 3:37PM	<b>Nataraja:</b> Clear				
Routine Work	Marana Yoga			<b>Prathama* Until 1:56AM Tue</b>	Moon – Orange			<b>Devaloka Day</b>	
Until 8:47AM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 30

Vrischika Rasi: 16.29 Tithi 17

272445479

**Gulika** 12:23PM – 2:17PM  
Yama 8:35AM – 10:29AM  
**Rahu** 4:10PM – 6:04PM

**Anuradha** Until 6:15AM  
Shiva Until 6:07PM  
Taitila Until 12:14PM  
**Dvitiya** Until 10:31PM

**Ganesha:** Yellow *Sunrise:* 4:48AM  
**Muruqa:** White *Sunset:* 7:58PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 6:15AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 31

Dhanus Rasi: 1.27 Tithi 18

282445479

**Gulika** 10:29AM – 12:23PM  
Yama 6:41AM – 8:35AM  
**Rahu** 12:23PM – 2:17PM

**Mula\*** Until 1:07AM Thu  
Siddha Until 2:13PM  
Vanija Until 8:49AM  
**Tritiya** Until 7:08PM

**Ganesha:** Blue *Sunrise:* 4:47AM  
**Muruqa:** White *Sunset:* 7:59PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga  
Until 1:07AM Thu  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 2 Sutra 32

Dhanus Rasi: 16.2 Tithi 19 – 20

282445479

**Gulika** 8:34AM – 10:29AM  
Yama 4:46AM – 6:40AM  
**Rahu** 2:17PM – 4:12PM

**Purvashadha\*** Until 10:47PM  
Sadhya Until 10:27AM  
Kaulava Until 2:26AM Fri  
**Chaturthi\*** Until 3:55PM

**Ganesha:** Blue *Sunrise:* 4:46AM  
**Muruqa:** White *Sunset:* 8:00PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 10:47PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 33

Makara Rasi: 1.03 Tithi 20 – 21

282445479

**Gulika** 6:39AM – 8:34AM  
Yama 4:12PM – 6:07PM  
**Rahu** 10:28AM – 12:23PM

**Uttarashadha** Until 8:40PM  
Subha Until 6:55AM  
Gara Until 11:43PM  
**Panchami** Until 1:01PM

**Ganesha:** Blue *Sunrise:* 4:45AM  
**Muruqa:** White *Sunset:* 8:02PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 34

Makara Rasi: 15.29 Tithi 21 – 22

292445479

**Gulika** 4:44AM – 6:38AM  
Yama 2:18PM – 4:13PM  
**Rahu** 8:33AM – 10:28AM

**Shravana** Until 7:17PM  
Brahma Until 12:51AM Sun  
Visti Until 9:28PM  
**Shashthi\*** Until 10:31AM

**Ganesha:** Red *Sunrise:* 4:44AM  
**Muruqa:** White *Sunset:* 8:03PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 35

Makara Rasi: 29.34 Tithi 22 – 23

292445479

**Gulika** 4:14PM – 6:09PM  
Yama 12:23PM – 2:18PM  
**Rahu** 6:09PM – 8:04PM

**Dhanishtha** Until 6:17PM  
Indra Until 10:29PM  
Balava Until 7:45PM  
**Saptami** Until 8:31AM

**Ganesha:** Red *Sunrise:* 4:42AM  
**Muruqa:** White *Sunset:* 8:04PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Ashtami

Routine Work Marana Yoga  
Until 6:17PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 36

Kumbha Rasi: 13.19 Tithi 23 – 24

293445479

**Gulika** 2:19PM – 4:14PM  
Yama 10:28AM – 12:23PM  
**Rahu** 6:37AM – 8:32AM

**Shatabhishak** Until 5:43PM  
Vaidhriti\* Until 8:34PM  
Taitila Until 6:38PM  
**Ashtami\*** Until 7:06AM

**Ganesha:** Green *Sunrise:* 4:41AM  
**Muruqa:** White *Sunset:* 8:05PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Navami

Creative Work Siddha Yoga  
Until 5:43PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

nes are standard time. Calculated for Winterthur, Switzerland on 5

www.gurudeva.org/panchang


<b>1</b>	<b>Tuesday, May 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 7 Sutra 37
	Kumbha Rasi: 26.43	Tithi 24 – 25	<b>Gulika</b> 12:23PM – 2:19PM Yama 8:32AM – 10:28AM Rahu 4:15PM – 6:10PM	<b>Purvaproshtapada* Until 6:03PM</b> Vishkambha* Until 7:09PM Vanija Until 6:06PM Navami* Until 6:16AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear Vaisaka-Vaikasi	<b>Sunrise:</b> 4:41AM <b>Sunset:</b> 8:06PM	Subhakrit 5124 Moon 5 - Phase 6 - 7 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 6:03PM Then Creative Work - Amrita Yoga		213545479					

<b>2</b>	<b>Wednesday, May 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 8 Sutra 38
	Meena Rasi: 9.48	Tithi 25 – 26	<b>Gulika</b> 10:27AM – 12:23PM Yama 6:36AM – 8:31AM Rahu 12:23PM – 2:19PM	<b>Uttaraproshtapada Until 6:48PM</b> Priti Until 6:13PM Bava Until 6:10PM Dashami Until 6:02AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear Vaisaka-Vaikasi	<b>Sunrise:</b> 4:40AM <b>Sunset:</b> 8:07PM	Subhakrit 5124 Moon 5 - Phase 6 - 8 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:48PM Then Routine Work - Marana Yoga		213545479					

<b>3</b>	<b>Thursday, May 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 39
	Meena Rasi: 22.35	Tithi 26 – 27	<b>Gulika</b> 8:31AM – 10:27AM Yama 4:39AM – 6:35AM Rahu 2:20PM – 4:16PM	<b>Revati Until 7:57PM</b> Ayushman Until 5:42PM Kaulava Until 6:47PM Ekadashi* Until 6:23AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear Vaisaka-Vaikasi	<b>Sunrise:</b> 4:39AM <b>Sunset:</b> 8:08PM	Subhakrit 5124 Moon 5 - Phase 6 - 9 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 7:57PM Then Creative Work - Amrita Yoga		313545479					

<b>4</b>	<b>Friday, May 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 10 Sutra 40
	Mesha Rasi: 5.08	Tithi 27 – 28	<b>Gulika</b> 6:34AM – 8:31AM Yama 4:16PM – 6:13PM Rahu 10:27AM – 12:24PM	<b>Ashvini Until 9:54PM</b> Saubhagya Until 5:35PM Gara Until 7:55PM Dvadashi* Until 7:17AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White Vaisaka-Vaikasi	<b>Sunrise:</b> 4:38AM <b>Sunset:</b> 8:09PM	Subhakrit 5124 Moon 5 - Phase 6 - 10 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 9:54PM Then Creative Work - Siddha Yoga		323545479					

<b>5</b>	<b>Saturday, May 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 11 Sutra 41
	Mesha Rasi: 17.28	Tithi 28 – 29	<b>Gulika</b> 4:37AM – 6:34AM Yama 2:20PM – 4:17PM Rahu 8:30AM – 10:27AM	<b>Bharani Until 12:08AM Sun</b> Sobhana Until 5:51PM Visti Until 9:30PM Trayodashi* Until 8:39AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White Vaisaka-Vaikasi	<b>Sunrise:</b> 4:37AM <b>Sunset:</b> 8:10PM	Subhakrit 5124 Moon 5 - Phase 6 - 11 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		323545479					

	<b>Sunday, May 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 12 Sutra 42
	<b>Retreat Star</b>		<b>Gulika</b> 4:18PM – 6:15PM Yama 12:24PM – 2:21PM Rahu 6:15PM – 8:11PM	<b>Krittika Until 2:32AM Mon</b> Athiganda* Until 6:22PM Catuspada Until 11:28PM Chaturdashi* Until 10:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White Vaisaka-Vaikasi	<b>Sunrise:</b> 4:36AM <b>Sunset:</b> 8:11PM	Subhakrit 5124 Moon 5 - Phase 6 - 12 Amavasya <b>Devaloka Day</b>
Mesha Rasi: 29.37 Tithi 29 – 30 Creative Work Siddha Yoga Until 2:32AM Mon Then Creative Work - Amrita Yoga		323545479					

<b>Monday, May 30, 2022</b>	<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Winterthur, Switzerland Sun 13 Sutra 43
	Vrishabha Rasi: 11.38	Tithi 30 – 1	<b>Gulika</b> 2:21PM – 4:18PM Yama 10:27AM – 12:24PM Rahu 6:33AM – 8:30AM	<b>Rohini Until 5:33AM Tue</b> Sukarma Until 7:09PM Kintughna Until 1:42AM Tue Amavasya* Until 12:32PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow Jyeshtha-Vaikasi	<b>Sunrise:</b> 4:35AM <b>Sunset:</b> 8:12PM	Subhakrit 5124 Moon 5 - Phase 6 - 13 Prathama <b>Devaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 5:33AM Tue Then Creative Work - Siddha Yoga		333545479					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>		<b>Tuesday, May 31, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 14 Sutra 44	
Vrshabha Rasi: 23.33	Tithi 1 – 2	333545479	<b>Gulika</b> 12:24PM – 2:21PM Yama 8:29AM – 10:27AM <b>Rahu</b> 4:19PM – 6:16PM	<b>Mrigashira Until 8:33AM Wed</b> Dhriti Until 8:06PM Balava Until 4:07AM Wed Prathama* Until 2:52PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:35AM <b>Muruqa:</b> White <i>Sunset:</i> 8:13PM <b>Nataraja:</b> Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 14 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
<b>2</b>		<b>Wednesday, June 1, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 45	
Mithuna Rasi: 5.24	Tithi 2 – 3	333545479	<b>Gulika</b> 10:27AM – 12:24PM Yama 6:32AM – 8:29AM <b>Rahu</b> 12:24PM – 2:22PM	<b>Mrigashira Until 8:33AM</b> Shula* Until 9:05PM Taitila Until 6:36AM Thu Dvitiya Until 5:20PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:34AM <b>Muruqa:</b> White <i>Sunset:</i> 8:14PM <b>Nataraja:</b> Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 15 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
<b>3</b>		<b>Thursday, June 2, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 46	
Mithuna Rasi: 17.14	Tithi 3	333555479	<b>Gulika</b> 8:29AM – 10:27AM Yama 4:34AM – 6:31AM <b>Rahu</b> 2:22PM – 4:20PM	<b>Ardra Until 11:25AM</b> Ganda* Until 10:06PM Taitila Until 6:36AM Tritiya Until 7:49PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:34AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:15PM <b>Nataraja:</b> Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 16 3rd Phase <b>Devaloka Day</b>	
Routine Work	Marana Yoga						
Until 11:25AM							
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Friday, June 3, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 47	
Mithuna Rasi: 29.04	Tithi 4	343555479	<b>Gulika</b> 6:31AM – 8:29AM Yama 4:20PM – 6:18PM <b>Rahu</b> 10:27AM – 12:25PM	<b>Punarvasu Until 2:35PM</b> Vriddhi Until 11:03PM Vanija Until 9:03AM Chaturthi* Until 10:12PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:16PM <b>Nataraja:</b> Clear Moon – Blue Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 17 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
Until 2:35PM							
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Saturday, June 4, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 48	
Kataka Rasi: 10.59	Tithi 5	343555479	<b>Gulika</b> 4:32AM – 6:30AM Yama 2:23PM – 4:21PM <b>Rahu</b> 8:29AM – 10:27AM	<b>Pushya Until 5:23PM</b> Dhruva Until 11:47PM Bava Until 11:20AM Panchami Until 12:21AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:32AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:17PM <b>Nataraja:</b> Clear Moon – Blue Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 18 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
Until 5:23PM							
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Sunday, June 5, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 49	
Kataka Rasi: 22.59	Tithi 6	343555471	<b>Gulika</b> 4:21PM – 6:20PM Yama 12:25PM – 2:23PM <b>Rahu</b> 6:20PM – 8:18PM	<b>Ashlesha* Until 7:42PM</b> Vyaghata* Until 12:15AM Mon Kaulava Until 1:19PM Shashthi* Until 2:08AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:32AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:18PM <b>Nataraja:</b> Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 19 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
Until 7:42PM							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Monday, June 6, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 50	
Simha Rasi: 5.09	Tithi 7	353555471	<b>Gulika</b> 2:23PM – 4:22PM Yama 10:27AM – 12:25PM <b>Rahu</b> 6:30AM – 8:28AM	<b>Magha* Until 9:53PM</b> Harshana Until 12:21AM Tue Gara Until 2:51PM Saptami Until 3:23AM Tue	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:19PM <b>Nataraja:</b> Yellow Moon – Red Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 20 3rd Phase <b>Sivaloka Day</b>	
Family Home Evening							
Routine Work	Marana Yoga						
Until 9:53PM							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Tuesday, June 7, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 21 Sutra 51	
Simha Rasi: 17.32	Tithi 8	354555471	<b>Gulika</b> 12:25PM – 2:24PM Yama 8:28AM – 10:27AM <b>Rahu</b> 4:22PM – 6:21PM	<b>Purvaphalguni Until 11:18PM</b> Vajra* Until 11:55PM Visti Until 3:48PM Ashtami* Until 4:00AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:19PM <b>Nataraja:</b> Yellow Moon – Red Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 21 Ashtami <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
Until 11:18PM							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 8, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 52	
Kanya Rasi: 0.14	Tithi 9	354555471	<b>Gulika</b> 10:27AM – 12:25PM Yama 6:29AM – 8:28AM <b>Rahu</b> 12:25PM – 2:24PM	<b>Uttaraphalguni Until 11:51PM</b> Siddhi Until 10:55PM Balava Until 4:03PM Navami* Until 3:51AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:20PM <b>Nataraja:</b> Yellow Moon – Red Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 22 Navami <b>Devaloka Day</b>	
Creative Work	Amrita Yoga						
Until 11:51PM							
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

nes are standard time. Calculated for Winterthur, Switzerland on 5

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<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 53
	Kanya Rasi: 13.17	Tithi 10	<b>Gulika</b> 8:28AM – 10:27AM <b>Yama</b> 4:30AM – 6:29AM <b>Rahu</b> 2:24PM – 4:23PM	<b>Hasta</b> <b>Until 11:55PM</b> Vyatipata* Until 9:19PM Taitila Until 3:31PM <b>Dashami</b> <b>Until 2:56AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 4:30AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:21PM</i> <b>Nataraja:</b> Yellow Moon – Green
Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga		364555471	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		Subhakrit 5124 Moon 5 - Phase 8 - 23 4th Phase


<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 54
	Kanya Rasi: 26.47	Tithi 11	<b>Gulika</b> 6:29AM – 8:28AM <b>Yama</b> 4:24PM – 6:23PM <b>Rahu</b> 10:27AM – 12:26PM	<b>Chitra</b> <b>Until 11:05PM</b> Variyan Until 7:03PM Vanija Until 2:12PM <b>Ekadashi</b> <b>Until 1:14AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 4:30AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:21PM</i> <b>Nataraja:</b> Yellow Moon – Green
Creative Work Siddha Yoga		364555471	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		Subhakrit 5124 Moon 5 - Phase 8 - 24 4th Phase

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 55
	Tula Rasi: 10.43	Tithi 12	<b>Gulika</b> 4:30AM – 6:29AM <b>Yama</b> 2:25PM – 4:24PM <b>Rahu</b> 8:28AM – 10:27AM	<b>Svati</b> <b>Until 9:24PM</b> Parigha* Until 4:13PM Bava Until 12:08PM <b>Dvadashi</b> <b>Until 10:51PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:30AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:22PM</i> <b>Nataraja:</b> Yellow Moon – Green
Creative Work Siddha Yoga		364555471	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		Subhakrit 5124 Moon 5 - Phase 8 - 25 4th Phase

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 56
	Tula Rasi: 25.07	Tithi 13	<b>Gulika</b> 4:24PM – 6:24PM <b>Yama</b> 12:26PM – 2:25PM <b>Rahu</b> 6:24PM – 8:23PM	<b>Vishakha</b> <b>Until 7:24PM</b> Shiva Until 12:53PM Kaulava Until 9:27AM <b>Trayodashi</b> <b>Until 7:53PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:30AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:23PM</i> <b>Nataraja:</b> Yellow Moon – Orange
Routine Work Marana Yoga		374555471	<b>Devaloka Day</b> Jyeshtha-Vaikasi		Subhakrit 5124 Moon 5 - Phase 8 - 26 4th Phase
<i>Pradosha Vrata</i>					

<b>5</b>	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sun 27 Sutra 57
	Vrischika Rasi: 9.53	Tithi 14 – 15	<b>Gulika</b> 2:26PM – 4:25PM <b>Yama</b> 10:27AM – 12:26PM <b>Rahu</b> 6:29AM – 8:28AM	<b>Anuradha</b> <b>Until 4:50PM</b> Siddha Until 9:08AM Gara Until 6:15AM <b>Chaturdashi*</b> <b>Until 4:30PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:29AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:23PM</i> <b>Nataraja:</b> Yellow Moon – Orange
Family Home Evening Creative Work Siddha Yoga		374555471	<b>Devaloka Day</b> Jyeshtha-Vaikasi		Subhakrit 5124 Moon 5 - Phase 8 - 27 4th Phase

	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sun 28 Sutra 58
	Vrischika Rasi: 24.56	Tithi 15 – 16	<b>Gulika</b> 12:27PM – 2:26PM <b>Yama</b> 8:28AM – 10:27AM <b>Rahu</b> 4:25PM – 6:24PM	<b>Jyeshtha*</b> <b>Until 1:52PM</b> Subha Until 12:57AM Wed Balava Until 10:57PM <b>Purnima*</b> <b>Until 12:49PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:29AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:24PM</i> <b>Nataraja:</b> Yellow Moon – Orange
Routine Work Marana Yoga Until 1:52PM Then Creative Work - Amrita Yoga		374555471	<b>Devaloka Day</b> Jyeshtha-Vaikasi		Subhakrit 5124 Moon 5 - Phase 8 - Purnima

	<b>Wednesday, June 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Winterthur, Switzerland Sun 29 Sutra 59
	Dhanus Rasi: 10.08	Tithi 16 – 17	<b>Gulika</b> 10:27AM – 12:27PM <b>Yama</b> 6:29AM – 8:28AM <b>Rahu</b> 12:27PM – 2:26PM	<b>Mula*</b> <b>Until 11:02AM</b> Sukla Until 8:44PM Taitila Until 7:09PM <b>Prathama*</b> <b>Until 9:02AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 4:29AM</i> <b>Muruqa:</b> Green <i>Sunset: 8:24PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue
Routine Work Marana Yoga Until 11:02AM Then Creative Work - Amrita Yoga		384555471	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		Subhakrit 5124 Moon 5 - Phase 8 - Prathama





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.19 Tithi 18

384555471

**Gulika** 8:28AM – 10:27AM  
**Yama** 4:29AM – 6:29AM  
**Rahu** 2:26PM – 4:26PM

**Purvashadha\* Until 8:08AM**  
Brahma Until 4:40PM  
Vanija Until 3:30PM  
Tritiya Until 1:45AM Fri

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Light Blue

**Sunrise:** 4:29AM  
**Sunset:** 8:25PM

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthayam Titau

Winterthur, Switzerland

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 10.19 Tithi 19

394555471

**Gulika** 6:29AM – 8:28AM  
**Yama** 4:26PM – 6:26PM  
**Rahu** 10:28AM – 12:27PM

**Shravana Until 3:13AM Sat**  
Indra Until 12:51PM  
Bava Until 12:07PM  
Chaturthi\* Until 10:34PM

**Ganesha:** Red  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple

**Sunrise:** 4:29AM  
**Sunset:** 8:25PM

**Devaloka Day**

Routine Work Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 25.01 Tithi 20

394555471

**Gulika** 4:29AM – 6:29AM  
**Yama** 2:27PM – 4:26PM  
**Rahu** 8:28AM – 10:28AM

**Dhanishtha Until 1:29AM Sun**  
Vaidhriti\* Until 9:23AM  
Kaulava Until 9:11AM  
Panchami Until 7:54PM

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple

**Sunrise:** 4:29AM  
**Sunset:** 8:25PM

**Sivaloka Day**

Creative Work Siddha Yoga

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shalabhisak Nakshatra Vishkambha\*/Priti Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

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Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 9.19 Tithi 21 – 22

395655471

**Gulika** 4:27PM – 6:26PM  
**Yama** 12:28PM – 2:27PM  
**Rahu** 6:26PM – 8:26PM

**Shatabhisak Until 12:16AM Mon**  
Vishkambha\* Until 6:24AM  
Gara Until 6:49AM  
Shashthi\* Until 5:52PM

**Ganesha:** Red  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple

**Sunrise:** 4:29AM  
**Sunset:** 8:26PM

**Devaloka Day**

Creative Work Siddha Yoga

Until 12:16AM Mon

Then Routine Work - Marana Yoga

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

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Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 23.1 Tithi 22 – 23

315655471

**Gulika** 2:27PM – 4:27PM  
**Yama** 10:28AM – 12:28PM  
**Rahu** 6:29AM – 8:29AM

**Purvaprosarthapada\* Until 12:05AM Tue**  
Ayushman Until 2:10AM Tue  
Balava Until 4:12AM Tue  
Saptami Until 4:33PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Clear

**Sunrise:** 4:29AM  
**Sunset:** 8:26PM

**Devaloka Day**

Routine Work Marana Yoga

Until 12:05AM Tue

Then Creative Work - Amrita Yoga

●

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

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Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 6.35 Tithi 23 – 24

315655471

**Gulika** 12:28PM – 2:28PM  
**Yama** 8:29AM – 10:28AM  
**Rahu** 4:27PM – 6:27PM

**Uttaraprosarthapada Until 12:32AM Wed**  
Saubhagya Until 12:59AM Wed  
Taitila Until 4:03AM Wed  
Ashtami\* Until 4:01PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Clear

**Sunrise:** 4:30AM  
**Sunset:** 8:26PM

**Devaloka Day**

Creative Work Amrita Yoga

Until 12:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 19.35 Tithi 24 – 25

315655471

**Gulika** 10:29AM – 12:28PM  
**Yama** 6:29AM – 8:29AM  
**Rahu** 12:28PM – 2:28PM

**Revati Until 1:32AM Thu**  
Sobhana Until 12:24AM Thu  
Vanija Until 4:38AM Thu  
Navami\* Until 4:14PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Clear

**Sunrise:** 4:30AM  
**Sunset:** 8:26PM

**Devaloka Day**

Routine Work Marana Yoga

Until 1:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

nes are standard time. Calculated for Winterthur, Switzerland on 5

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<b>1</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 2.14	Tithi 25 – 26	<b>Gulika</b> 8:29AM – 10:29AM	<b>Ashvini</b> Until 3:31AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:30AM		
		Yama 4:30AM – 6:30AM	Athiganda* Until 12:19AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 8	
	325655471	<b>Rahu</b> 2:28PM – 4:27PM	Bava Until 5:53AM Fri	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:10PM	Moon – White		<b>Bhuloka Day</b>	
Until 3:31AM Fri				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 14.35	Tithi 26	<b>Gulika</b> 6:30AM – 8:30AM	<b>Bharani</b> Until 5:52AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:30AM		
		Yama 4:28PM – 6:27PM	Sukarma Until 12:41AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 9	
	325655471	<b>Rahu</b> 10:29AM – 12:29PM	Balava Until 6:41PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:41PM	Moon – White		<b>Bhuloka Day</b>	
Until 5:52AM Sat				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 26.43	Tithi 27	<b>Gulika</b> 4:31AM – 6:30AM	<b>Krittika</b> Until 8:25AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:31AM		
		Yama 2:28PM – 4:28PM	Dhriti Until 1:23AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 10	
	325655471	<b>Rahu</b> 8:30AM – 10:29AM	Kaulava Until 7:39AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 8:40PM	Moon – White		<b>Bhuloka Day</b>	
Until 8:25AM Sun				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 8.42	Tithi 28	<b>Gulika</b> 4:28PM – 6:27PM	<b>Krittika</b> Until 8:25AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:31AM		
		Yama 12:29PM – 2:28PM	Shula* Until 2:17AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 11	
	325655471	<b>Rahu</b> 6:27PM – 8:27PM	Gara Until 9:48AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:57PM	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata (Fasting)</i>	
<b>5</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 20.35	Tithi 29	<b>Gulika</b> 2:29PM – 4:28PM	<b>Rohini</b> Until 11:33AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:32AM		
<b>Family Home Evening</b>		Yama 10:30AM – 12:29PM	Ganda* Until 3:18AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 12	
	335655471	<b>Rahu</b> 6:31AM – 8:30AM	Visti Until 12:11PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:25AM Tue	Moon – Yellow		<b>Bhuloka Day</b>	
Until 2:37PM				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 2.25	Tithi 30	<b>Gulika</b> 12:29PM – 2:29PM	<b>Mrigashira</b> Until 2:37PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:32AM		
		Yama 8:31AM – 10:30AM	Vriddhi Until 4:22AM Wed	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 13	
	336655471	<b>Rahu</b> 4:28PM – 6:27PM	Catuspada Until 2:41PM	<b>Nataraja:</b> Yellow		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 3:55AM Wed	Moon – Yellow		<b>Bhuloka Day</b>	
Until 2:37PM				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 14.14	Tithi 1	<b>Gulika</b> 10:30AM – 12:30PM	<b>Ardra</b> Until 5:30PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:33AM		
		Yama 6:32AM – 8:31AM	Dhruva Until 5:22AM Thu	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 10 - 14	
	336655471	<b>Rahu</b> 12:30PM – 2:29PM	Kintughna Until 5:10PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:22AM Thu	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

times are standard time. Calculated for Winterthur, Switzerland on 5

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<b>1</b>		<b>Thursday, June 30, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 74 Subhakarit 5124		
Mithuna Rasi: 26.05	Tithi 1 – 2	<b>Gulika</b> 8:31AM – 10:31AM	<b>Punarvasu</b> Until 8:38PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:33AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 11 - 15 3rd Phase
346655471	Rahu	Yama 4:33AM – 6:32AM	Vyaghata* Until 6:16AM Fri	<b>Nataraja:</b> Yellow				
Creative Work	Amrita Yoga	Rahu 2:29PM – 4:28PM	Balava Until 7:34PM	Moon – Blue				
			<b>Prathama* Until 6:22AM</b>	<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	
<b>2</b>		<b>Friday, July 1, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 75 Subhakarit 5124		
Kataka Rasi: 7.58	Tithi 2 – 3	<b>Gulika</b> 6:33AM – 8:32AM	<b>Pushya</b> Until 11:26PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:34AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 11 - 16 3rd Phase
346655471	Rahu	Yama 4:28PM – 6:27PM	Vyaghata* Until 6:16AM	<b>Nataraja:</b> Yellow				
Routine Work	Marana Yoga	Rahu 10:31AM – 12:30PM	Taitila Until 9:47PM	Moon – Blue				
			<b>Dvitiya Until 8:41AM</b>	<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	
<b>3</b>		<b>Saturday, July 2, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 76 Subhakarit 5124		
Kataka Rasi: 19.56	Tithi 3 – 4	<b>Gulika</b> 4:34AM – 6:33AM	<b>Ashlesha*</b> Until 1:49AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:34AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 11 - 17 3rd Phase
346655471	Rahu	Yama 2:29PM – 4:28PM	Harshana Until 7:02AM	<b>Nataraja:</b> Yellow				
Routine Work	Marana Yoga	Rahu 8:32AM – 10:31AM	Vanija Until 11:45PM	Moon – Blue				
			<b>Tritiya Until 10:47AM</b>	<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	
<b>4</b>		<b>Sunday, July 3, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 77 Subhakarit 5124		
Simha Rasi: 2.01	Tithi 4 – 5	<b>Gulika</b> 4:28PM – 6:27PM	<b>Magha*</b> Until 4:12AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:35AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 11 - 18 3rd Phase
356655471	Rahu	Yama 12:30PM – 2:29PM	Vajra* Until 7:34AM	<b>Nataraja:</b> Yellow				
Routine Work	Marana Yoga	Rahu 6:27PM – 8:26PM	Bava Until 1:23AM Mon	Moon – Red				
Until 4:12AM Mon			<b>Chaturthi* Until 12:36PM</b>	<b>Ashada*Ani</b>		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Monday, July 4, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 78 Subhakarit 5124		
Simha Rasi: 14.15	Tithi 5 – 6	<b>Gulika</b> 2:29PM – 4:28PM	<b>Purvaphalguni</b> Until 5:59AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:35AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 11 - 19 3rd Phase
356655471	Rahu	Yama 10:32AM – 12:30PM	Siddhi Until 7:50AM	<b>Nataraja:</b> Yellow				
Family Home Evening		Rahu 6:34AM – 8:33AM	Kaulava Until 2:35AM Tue	Moon – Red				
Creative Work	Siddha Yoga		<b>Panchami Until 2:02PM</b>	<b>Ashada*Ani</b>		<b>Devaloka Day</b>		
Until 5:59AM Tue								
Then Creative Work - Amrita Yoga								
<b>6</b>		<b>Tuesday, July 5, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 79 Subhakarit 5124		
Simha Rasi: 26.4	Tithi 6 – 7	<b>Gulika</b> 12:31PM – 2:29PM	<b>Uttaraphalguni</b> Until 7:04AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:36AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 11 - 20 3rd Phase
356655471	Rahu	Yama 8:33AM – 10:32AM	Vyatipata* Until 7:45AM	<b>Nataraja:</b> Yellow				
Creative Work	Amrita Yoga	Rahu 4:28PM – 6:26PM	Gara Until 3:15AM Wed	Moon – Red				
Until 7:04AM Wed			<b>Shashthi* Until 2:58PM</b>	<b>Ashada*Ani</b>		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Wednesday, July 6, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Winterthur, Switzerland Sun 21 Sutra 80 Subhakarit 5124		
Kanya Rasi: 9.2	Tithi 7 – 8	<b>Gulika</b> 10:32AM – 12:31PM	<b>Uttaraphalguni</b> Until 7:04AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 11 - 21 3rd Phase
357655471	Rahu	Yama 6:35AM – 8:34AM	Variyan Until 7:12AM	<b>Nataraja:</b> Yellow				
Creative Work	Amrita Yoga	Rahu 12:31PM – 2:29PM	Visti Until 3:16AM Thu	Moon – Red				
Until 7:04AM			<b>Saptami Until 3:19PM</b>	<b>Ashada*Ani</b>		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>						
<b>Retreat Star</b>		<b>Thursday, July 7, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 81 Subhakarit 5124		
Kanya Rasi: 22.19	Tithi 8 – 9	<b>Gulika</b> 8:34AM – 10:33AM	<b>Hasta</b> Until 7:50AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 11 - 22 Ashtami
467655471	Rahu	Yama 4:38AM – 6:36AM	Parigha* Until 6:08AM	<b>Nataraja:</b> Yellow				
Routine Work	Marana Yoga	Rahu 2:29PM – 4:28PM	Balava Until 2:33AM Fri	Moon – Green				
Until 7:50AM			<b>Ashtami* Until 2:59PM</b>	<b>Ashada*Ani</b>		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga								
<b>Retreat Star</b>		<b>Friday, July 8, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 82 Subhakarit 5124		
Tula Rasi: 5.41	Tithi 9 – 10	<b>Gulika</b> 6:37AM – 8:35AM	<b>Chitra</b> Until 7:43AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 11 - 23 Navami
467655471	Rahu	Yama 4:27PM – 6:26PM	Siddha Until 2:16AM Sat	<b>Nataraja:</b> Yellow				
Creative Work	Siddha Yoga	Rahu 10:33AM – 12:31PM	Taitila Until 1:07AM Sat	Moon – Green				
			<b>Navami* Until 1:55PM</b>	<b>Ashada*Ani</b>		<b>Devaloka Day</b>		


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 24      Sutra 83	
	Tula Rasi: 19.29	Tithi 10 – 11	<b>Gulika</b> 4:39AM – 6:37AM	<b>Svati Until 6:43AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Subhakrit 5124	
			Yama 2:29PM – 4:27PM	Sadhya Until 11:27PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12 - 24	
	Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 8:35AM – 10:33AM	Vanija Until 10:58PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Dashami Until 12:07PM</b>		Moon – Green		<b>Devaloka Day</b>	
			Ashada*Ani					

<b>2</b>	<b>Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 25      Sutra 84	
	Vrischika Rasi: 3.43	Tithi 11 – 12	<b>Gulika</b> 4:27PM – 6:25PM	<b>Anuradha Until 3:13AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM	Subhakrit 5124	
			Yama 12:31PM – 2:29PM	Subha Until 8:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12 - 25	
	Routine Work	Marana Yoga	477655471 <b>Rahu</b> 6:25PM – 8:23PM	Bava Until 8:13PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Ekadashi Until 9:39AM</b>		Moon – Orange		<b>Bhuloka Day</b>	
			Ashada*Ani		Devaloka Time: 6:PM to 9:PM			

<b>3</b>	<b>Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 26      Sutra 85	
	Vrischika Rasi: 18.22	Tithi 12 – 13	<b>Gulika</b> 2:29PM – 4:27PM	<b>Jyeshtha* Until 12:31AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Subhakrit 5124	
	<b>Family Home Evening</b>		Yama 10:34AM – 12:32PM	Sukla Until 4:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12 - 26	
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 6:39AM – 8:36AM	Taitila Until 3:10AM Tue	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Dvadashi Until 6:37AM</b>		Moon – Orange		<b>Bhuloka Day</b>	
			Pradosha Vrata		Devaloka Time: 6:PM to 9:PM			

<b>4</b>	<b>Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27      Sutra 86	
	Dhanus Rasi: 3.21	Tithi 14	<b>Gulika</b> 12:32PM – 2:29PM	<b>Mula* Until 9:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Subhakrit 5124	
			Yama 8:37AM – 10:34AM	Brahma Until 12:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:21PM	Moon 6 - Phase 12 - 27	
	Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 4:27PM – 6:24PM	Gara Until 1:20PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Chaturdashi* Until 11:26PM</b>		Moon – Light Blue		<b>Sivaloka Day</b>	
			Ashada*Ani					

	<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sun 28      Sutra 87	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:35AM – 12:32PM	<b>Purvashadha* Until 6:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
	Dhanus Rasi: 18.33	Tithi 15	Yama 6:40AM – 8:37AM	Indra Until 8:11AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:21PM	Moon 6 - Phase 12 -	
	Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 12:32PM – 2:29PM	Visti Until 9:32AM	<b>Nataraja:</b> Yellow		Purnima	
			<b>Purnima* Until 7:35PM</b>		Moon – Light Blue		<b>Devaloka Day</b>	
			Satguru Purnima		Ashada*Ani			

<b>5</b>	<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Winterthur, Switzerland Sun 29      Sutra 88	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:38AM – 10:35AM	<b>Uttarashadha Until 3:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
	Makara Rasi: 3.47	Tithi 16 – 17	Yama 4:44AM – 6:41AM	Vishkambha* Until 11:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:20PM	Moon 6 - Phase 12 -	
	Routine Work	Marana Yoga	488755471 <b>Rahu</b> 2:29PM – 4:26PM	Taitila Until 1:59AM Fri	<b>Nataraja:</b> Yellow		Prathama	
			<b>Prathama* Until 3:47PM</b>		Moon – Light Blue		<b>Devaloka Day</b>	
			Ashada*Ani					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.

Krishna Yajur Veda

nes are standard time. Calculated for Winterthur, Switzerland on 5

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**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 89

Makara Rasi: 18.55 Tithi 17 - 18

498755471

**Gulika** 6:42AM - 8:38AM  
Yama 4:26PM - 6:22PM  
**Rahu** 10:35AM - 12:32PM

**Shravana Until 1:04PM**  
Priti Until 7:54PM  
Vanija Until 10:35PM  
**Dvitiya Until 12:13PM**

**Ganesha:** Blue *Sunrise: 4:45AM*  
**Muruqa:** Green *Sunset: 8:19PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada-Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 1:04PM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Winterthur, Switzerland  
Sun 2 Sutra 90

Kumbha Rasi: 3.46 Tithi 18 - 19

498755471

**Gulika** 4:46AM - 6:42AM  
Yama 2:29PM - 4:25PM  
**Rahu** 8:39AM - 10:35AM

**Dhanishtha Until 10:44AM**  
Ayushman Until 4:22PM  
Bava Until 7:40PM  
**Tritiya Until 9:02AM**

**Ganesha:** Blue *Sunrise: 4:46AM*  
**Muruqa:** Green *Sunset: 8:18PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 10:44AM  
Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 91

Kumbha Rasi: 18.13 Tithi 19 - 20

498755472

**Gulika** 4:25PM - 6:21PM  
Yama 12:32PM - 2:28PM  
**Rahu** 6:21PM - 8:17PM

**Shatabhishak Until 8:50AM**  
Saubhagya Until 1:22PM  
Taitila Until 4:29AM Mon  
**Chaturthi\* Until 6:25AM**

**Ganesha:** Blue *Sunrise: 4:47AM*  
**Muruqa:** Green *Sunset: 8:17PM*  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 92

Meena Rasi: 2.13 Tithi 21

418755472

**Gulika** 2:28PM - 4:24PM  
Yama 10:36AM - 12:32PM  
**Rahu** 6:44AM - 8:40AM

**Purvaproshtapada\* Until 7:56AM**  
Sobhana Until 10:58AM  
Gara Until 3:50PM  
**Shashthi\* Until 3:22AM Tue**

**Ganesha:** White *Sunrise: 4:48AM*  
**Muruqa:** Green *Sunset: 8:17PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 7:56AM  
Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Uttaraproshtapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 93

Meena Rasi: 15.43 Tithi 22

419755472

**Gulika** 12:32PM - 2:28PM  
Yama 8:41AM - 10:36AM  
**Rahu** 4:24PM - 6:20PM

**Uttaraproshtapada Until 7:42AM**  
Athiganda\* Until 9:13AM  
Visti Until 3:09PM  
**Saptami Until 3:06AM Wed**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Green *Sunset: 8:16PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 7:42AM  
Then Creative Work - Siddha Yoga

**Retreat Star**

**Wednesday, July 20, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 94

Meena Rasi: 28.45 Tithi 23

419755472

**Gulika** 10:37AM - 12:32PM  
Yama 6:46AM - 8:41AM  
**Rahu** 12:32PM - 2:28PM

**Revati Until 8:10AM**  
Sukarma Until 8:11AM  
Balava Until 3:19PM  
**Ashtami\* Until 3:42AM Thu**

**Ganesha:** Clear *Sunrise: 4:50AM*  
**Muruqa:** Green *Sunset: 8:15PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 95

Mesha Rasi: 11.22 Tithi 24

429755472

**Gulika** 8:42AM - 10:37AM  
Yama 4:51AM - 6:46AM  
**Rahu** 2:28PM - 4:23PM

**Ashvini Until 9:46AM**  
Dhriti Until 7:49AM  
Taitila Until 4:19PM  
**Navami\* Until 5:03AM Fri**

**Ganesha:** Purple *Sunrise: 4:51AM*  
**Muruqa:** Green *Sunset: 8:14PM*  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 9:46AM  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda Yoga Vanija/Vistil Karana Dashamyam Titau				Winterthur, Switzerland Sun 8 Sutra 96
	Mesha Rasi: 23.4	Tithi 25	<b>Gulika</b> 6:47AM – 8:42AM	<b>Bharani</b> Until 11:54AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Subhakrit 5124
			Yama 4:23PM – 6:18PM	Shula* Until 7:59AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:13PM	Moon 7 - Phase 14 - 8
	Creative Work	Siddha Yoga	429755472 <b>Rahu</b> 10:37AM – 12:32PM	Vanija Until 5:59PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 6:59AM Sat	Moon – White		<b>Devaloka Day</b>	
				Ashada*Adi			


<b>2</b>	<b>Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhhi Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 97
	Vrishabha Rasi: 5.44	Tithi 25 – 26	<b>Gulika</b> 4:53AM – 6:48AM	<b>Krittika</b> Until 2:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Subhakrit 5124
			Yama 2:27PM – 4:22PM	Ganda* Until 8:37AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:12PM	Moon 7 - Phase 14 - 9
	Creative Work	Amrita Yoga	429755472 <b>Rahu</b> 8:43AM – 10:38AM	Bava Until 8:08PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 6:59AM	Moon – White		<b>Devaloka Day</b>	
				Ashada*Adi			


<b>3</b>	<b>Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 98
	Vrishabha Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 4:21PM – 6:16PM	<b>Rohini</b> Until 5:32PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
			Yama 12:32PM – 2:27PM	Vridhhi Until 9:32AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 7 - Phase 14 - 10
	Creative Work	Siddha Yoga	439755472 <b>Rahu</b> 6:16PM – 8:10PM	Kaulava Until 10:34PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi*</b> Until 9:18AM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 99
	Vrishabha Rasi: 29.28	Tithi 27 – 28	<b>Gulika</b> 2:27PM – 4:21PM	<b>Mrigashira</b> Until 8:37PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:38AM – 12:32PM	Dhruva Until 10:34AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:09PM	Moon 7 - Phase 14 - 11
	Creative Work	Amrita Yoga	439755472 <b>Rahu</b> 6:50AM – 8:44AM	Gara Until 1:06AM Tue	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi*</b> Until 11:49AM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Vistil Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 100
	Mithuna Rasi: 11.16	Tithi 28 – 29	<b>Gulika</b> 12:32PM – 2:26PM	<b>Ardra</b> Until 11:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
			Yama 8:45AM – 10:39AM	Vyaghata* Until 11:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:08PM	Moon 7 - Phase 14 - 12
	Routine Work	Marana Yoga	439755472 <b>Rahu</b> 4:20PM – 6:14PM	Vistil Until 3:34AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi*</b> Until 2:20PM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

<b>6</b>	<b>Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 101
	Mithuna Rasi: 23.07	Tithi 29 – 30	<b>Gulika</b> 10:39AM – 12:32PM	<b>Punarvasu</b> Until 2:35AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Subhakrit 5124
			Yama 6:52AM – 8:45AM	Harshana Until 12:37PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:07PM	Moon 7 - Phase 14 - 13
	Creative Work	Siddha Yoga	441755472 <b>Rahu</b> 12:32PM – 2:26PM	Catuspada Until 5:52AM Thu	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi*</b> Until 4:44PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	<b>Thursday, July 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Naga Karana Amavasyayam Titau				Winterthur, Switzerland Sun 14 Sutra 102
	<b>Retreat Star</b>		<b>Gulika</b> 8:46AM – 10:39AM	<b>Pushya</b> Until 5:16AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Subhakrit 5124
	Kataka Rasi: 5.01	Tithi 30	Yama 4:59AM – 6:52AM	Vajra* Until 1:26PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:06PM	Moon 7 - Phase 14 - 14
	Creative Work	Amrita Yoga	441755472 <b>Rahu</b> 2:26PM – 4:19PM	Naga Until 6:55PM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya*</b> Until 6:55PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	<b>Friday, July 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalipata Yoga Kintughna/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 15 Sutra 103
	<b>Retreat Star</b>		<b>Gulika</b> 6:53AM – 8:46AM	<b>Ashlesha*</b> Until 7:31AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Subhakrit 5124
	Kataka Rasi: 17.01	Tithi 1	Yama 4:18PM – 6:11PM	Siddhi Until 2:04PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:04PM	Moon 7 - Phase 14 - 15
	Routine Work	Marana Yoga	441755472 <b>Rahu</b> 10:39AM – 12:32PM	Kintughna Until 7:57AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 8:51PM	Moon – Blue		<b>Bhuloka Day</b>	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau		Winterthur, Switzerland Sun 16 Sutra 104 Subhakrit 5124	
Kataka Rasi: 29.08	Tithi 2	Gulika 5:02AM – 6:54AM	Ashlesha* Until 7:31AM	Ganesha: Yellow	Sunrise: 5:02AM	Moon 7 - Phase 15 - 16	3rd Phase
		Yama 2:25PM – 4:18PM	Vyatipata* Until 2:30PM	Muruqa: Green	Sunset: 8:03PM		
		441755472 Rahu 8:47AM – 10:40AM	Balava Until 9:44AM	Nataraja: White			
Routine Work	Marana Yoga		Dvitiya Until 10:29PM	Moon – Blue		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 7:31AM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau		Winterthur, Switzerland Sun 17 Sutra 105 Subhakrit 5124	
Simha Rasi: 11.22	Tithi 3	Gulika 4:17PM – 6:09PM	Magha* Until 9:48AM	Ganesha: Red	Sunrise: 5:03AM	Moon 7 - Phase 15 - 17	3rd Phase
		Yama 12:32PM – 2:25PM	Varyan Until 2:39PM	Muruqa: Green	Sunset: 8:02PM		
		451755472 Rahu 6:09PM – 8:02PM	Taitila Until 11:12AM	Nataraja: White			
Routine Work	Marana Yoga		Tritiya Until 11:47PM	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 9:48AM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Winterthur, Switzerland Sun 18 Sutra 106 Subhakrit 5124	
Simha Rasi: 23.45	Tithi 4	Gulika 2:24PM – 4:16PM	Purvaphalguni Until 11:35AM	Ganesha: Red	Sunrise: 5:04AM	Moon 7 - Phase 15 - 18	3rd Phase
Family Home Evening		Yama 10:40AM – 12:32PM	Parigha* Until 2:32PM	Muruqa: Green	Sunset: 8:00PM		
		451755472 Rahu 6:56AM – 8:48AM	Vanija Until 12:19PM	Nataraja: White			
Creative Work	Siddha Yoga		Chaturthi* Until 12:43AM Tue	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
				Sravana*Adi			

<b>4</b>		<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 19 Sutra 107 Subhakrit 5124	
Kanya Rasi: 6.19	Tithi 5	Gulika 12:32PM – 2:24PM	Uttaraphalguni Until 12:48PM	Ganesha: Red	Sunrise: 5:05AM	Moon 7 - Phase 15 - 19	3rd Phase
		Yama 8:49AM – 10:40AM	Shiva Until 2:06PM	Muruqa: Green	Sunset: 7:59PM		
		451755472 Rahu 4:16PM – 6:07PM	Bava Until 1:02PM	Nataraja: White			
Creative Work	Amrita Yoga		Panchami Until 1:12AM Wed	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 12:48PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 20 Sutra 108 Subhakrit 5124	
Kanya Rasi: 19.04	Tithi 6	Gulika 10:41AM – 12:32PM	Hasta Until 1:53PM	Ganesha: Blue	Sunrise: 5:07AM	Moon 7 - Phase 15 - 20	3rd Phase
		Yama 6:58AM – 8:49AM	Siddha Until 1:17PM	Muruqa: Green	Sunset: 7:58PM		
		461755472 Rahu 12:32PM – 2:24PM	Kaulava Until 1:17PM	Nataraja: White			
Routine Work	Marana Yoga		Shashthi* Until 1:11AM Thu	Moon – Green		<b>Devaloka Day</b>	
Until 1:53PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 21 Sutra 109 Subhakrit 5124	
Tula Rasi: 2.05	Tithi 7	Gulika 8:50AM – 10:41AM	Chitra Until 2:17PM	Ganesha: Blue	Sunrise: 5:08AM	Moon 7 - Phase 15 - 21	3rd Phase
		Yama 5:08AM – 6:59AM	Sadhya Until 12:03PM	Muruqa: Green	Sunset: 7:56PM		
		461755472 Rahu 2:23PM – 4:14PM	Gara Until 1:00PM	Nataraja: White			
Creative Work	Siddha Yoga		Saptami Until 12:37AM Fri	Moon – Green		<b>Devaloka Day</b>	
Until 2:17PM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Friday, August 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 22 Sutra 110 Subhakrit 5124	
Tula Rasi: 15.25	Tithi 8	Gulika 7:00AM – 8:51AM	Svati Until 1:58PM	Ganesha: Blue	Sunrise: 5:09AM	Moon 7 - Phase 15 - 22	Ashtami
		Yama 4:13PM – 6:04PM	Subha Until 10:22AM	Muruqa: White	Sunset: 7:55PM		
		461765472 Rahu 10:41AM – 12:32PM	Visti Until 12:07PM	Nataraja: White			
Creative Work	Siddha Yoga		Ashtami* Until 11:26PM	Moon – Green		<b>Devaloka Day</b>	
				Sravana*Adi			

<b>Retreat Star</b>		<b>Saturday, August 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 23 Sutra 111 Subhakrit 5124	
Tula Rasi: 29.05	Tithi 9	Gulika 5:10AM – 7:01AM	Vishakha Until 1:19PM	Ganesha: White	Sunrise: 5:10AM	Moon 7 - Phase 15 - 23	Navami
		Yama 2:22PM – 4:13PM	Sukla Until 8:09AM	Muruqa: White	Sunset: 7:53PM		
		472765472 Rahu 8:51AM – 10:41AM	Balava Until 10:38AM	Nataraja: White			
Creative Work	Siddha Yoga		Navami* Until 9:38PM	Moon – Orange		<b>Bhuloka Day</b>	
				Sravana*Adi			


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<h1>1</h1>	<b>Sunday, August 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Winterthur, Switzerland
		Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 112
	Virschika Rasi: 13.08 Tithi 10	<b>Gulika</b> 4:12PM – 6:02PM	<b>Anuradha</b> Until 11:56AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:12AM
	472865472	<b>Yama</b> 12:32PM – 2:22PM	Indra Until 2:20AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 7:52PM
Routine Work Marana Yoga	<b>Rahu</b> 6:02PM – 7:52PM	Taitila Until 8:32AM	<b>Nataraja:</b> White	Moon 7 - Phase 16 - 24
		<b>Dashami</b> Until 7:16PM	Moon – Orange	4th Phase
			<b>Sravana*Adi</b>	<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to12:PM

<h1>2</h1>	<b>Monday, August 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Winterthur, Switzerland
		Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 113
	Virschika Rasi: 27.32 Tithi 11 – 12	<b>Gulika</b> 2:21PM – 4:11PM	<b>Jyeshtha*</b> Until 9:53AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:13AM
	472865472	<b>Yama</b> 10:42AM – 12:32PM	Vaidhriti* Until 10:48PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:50PM
Family Home Evening	<b>Rahu</b> 7:03AM – 8:52AM	Bava Until 2:51AM Tue	<b>Nataraja:</b> White	Moon 7 - Phase 16 - 25
Creative Work Siddha Yoga		<b>Ekadashi</b> Until 4:25PM	Moon – Orange	4th Phase
			<b>Sravana*Adi</b>	<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to12:PM

<h1>3</h1>	<b>Tuesday, August 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Winterthur, Switzerland
		Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 114
	Dhanus Rasi: 12.16 Tithi 12 – 13	<b>Gulika</b> 12:31PM – 2:21PM	<b>Mula*</b> Until 7:41AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:14AM
	482865472	<b>Yama</b> 8:53AM – 10:42AM	Vishkambha* Until 6:59PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:49PM
Creative Work Amrita Yoga	<b>Rahu</b> 4:10PM – 5:59PM	Kaulava Until 11:28PM	<b>Nataraja:</b> White	Moon 7 - Phase 16 - 26
Until 7:41AM		<b>Dvadashi</b> Until 1:10PM	Moon – Light Blue	4th Phase
Then Creative Work - Siddha Yoga			<b>Sravana*Adi</b>	<b>Devaloka Day</b>

<h1>4</h1>	<b>Wednesday, August 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Winterthur, Switzerland
		Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 115
	Dhanus Rasi: 27.14 Tithi 13 – 14	<b>Gulika</b> 10:42AM – 12:31PM	<b>Uttarashadha</b> Until 2:11AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 5:16AM
	482865472	<b>Yama</b> 7:04AM – 8:53AM	Priti Until 3:01PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:47PM
Creative Work Amrita Yoga	<b>Rahu</b> 12:31PM – 2:20PM	Gara Until 7:55PM	<b>Nataraja:</b> White	Moon 7 - Phase 16 - 27
Until 2:11AM Thu		<b>Trayodashi</b> Until 9:41AM	Moon – Light Blue	4th Phase
Then Creative Work - Siddha Yoga			<b>Sravana*Adi</b>	<b>Devaloka Day</b>

	<b>Thursday, August 11, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Winterthur, Switzerland
	<b>Copper Retreat Star</b>	Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sutra 116
	Makara Rasi: 12.18 Tithi 14 – 15	<b>Gulika</b> 8:54AM – 10:43AM	<b>Shravana</b> Until 11:36PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:17AM
	492865472	<b>Yama</b> 5:17AM – 7:05AM	Ayushman Until 10:59AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:45PM
Creative Work Siddha Yoga	<b>Rahu</b> 2:20PM – 4:08PM	Bava Until 2:35AM Fri	<b>Nataraja:</b> White	Moon 7 - Phase 16 - Purnima
	<b>Raksha Bandhan</b>	<b>Chaturdashi*</b> Until 6:06AM	Moon – Purple	
			<b>Sravana*Adi</b>	<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to12:PM

<h1>5</h1>	<b>Friday, August 12, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Winterthur, Switzerland
	<b>Silver Retreat Star</b>	Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 117
	Makara Rasi: 27.19 Tithi 16	<b>Gulika</b> 7:06AM – 8:55AM	<b>Dhanishtha</b> Until 9:06PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:18AM
	492865472	<b>Yama</b> 4:07PM – 5:56PM	Saubhagya Until 7:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:44PM
Creative Work Siddha Yoga	<b>Rahu</b> 10:43AM – 12:31PM	Balava Until 12:55PM	<b>Nataraja:</b> White	Moon 7 - Phase 16 - Prathama
		<b>Prathama*</b> Until 11:18PM	Moon – Purple	
			<b>Sravana*Adi</b>	<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Kumbha Rasi: 12.07      Tithi 17  
492865472  
Creative Work      Amrita Yoga  
Until 6:51PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvityayam Titau  
**Gulika**      5:19AM – 7:07AM  
Yama      2:19PM – 4:06PM  
**Rahu**      8:55AM – 10:43AM

**Shatabhishak** **Until 6:51PM**  
Athiganda\* Until 11:59PM  
Taitila Until 9:50AM  
**Dvitiya** **Until 8:26PM**

**Ganesha:** Clear      *Sunrise:* 5:19AM  
**Muruqa:** White      *Sunset:* 7:42PM  
**Nataraja:** White  
Moon – Purple  
**Sravana**•**Adi**

Winterthur, Switzerland  
Sun 1      Sutra 118  
Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Kumbha Rasi: 26.34      Tithi 18  
412865472  
Creative Work      Siddha Yoga  
Until 5:27PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*Uttaraprosarthapada Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**      4:06PM – 5:53PM  
Yama      12:31PM – 2:18PM  
**Rahu**      5:53PM – 7:40PM

**Purvaprosarthapada\*** **Until 5:27PM**  
Sukarma Until 9:08PM  
Vanija Until 7:13AM  
**Tritiya** **Until 6:08PM**

**Ganesha:** Yellow      *Sunrise:* 5:21AM  
**Muruqa:** White      *Sunset:* 7:40PM  
**Nataraja:** White  
Moon – Clear  
**Sravana**•**Adi**

Winterthur, Switzerland  
Sun 2      Sutra 119  
Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Meena Rasi: 11      Tithi 19 – 20  
412865472  
Family Home Evening  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika**      2:17PM – 4:05PM  
Yama      10:43AM – 12:30PM  
**Rahu**      7:09AM – 8:56AM

**Uttaraprosarthapada** **Until 4:37PM**  
Dhriti Until 6:53PM  
Kaulava Until 4:05AM Tue  
**Chaturthi\*** **Until 4:33PM**

**Ganesha:** Yellow      *Sunrise:* 5:22AM  
**Muruqa:** White      *Sunset:* 7:39PM  
**Nataraja:** White  
Moon – Clear  
**Sravana**•**Adi**

Winterthur, Switzerland  
Sun 3      Sutra 120  
Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Meena Rasi: 24.09      Tithi 20 – 21  
412865472  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika**      12:30PM – 2:17PM  
Yama      8:57AM – 10:44AM  
**Rahu**      4:04PM – 5:50PM

**Revati** **Until 4:27PM**  
Shula\* Until 5:18PM  
Gara Until 3:46AM Wed  
**Panchami** **Until 3:48PM**

**Ganesha:** Yellow      *Sunrise:* 5:23AM  
**Muruqa:** White      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Clear  
**Sravana**•**Adi**

Winterthur, Switzerland  
Sun 4      Sutra 121  
Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Mesha Rasi: 7.14      Tithi 21 – 22  
522865472  
Routine Work      Marana Yoga  
Until 5:27PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**      10:44AM – 12:30PM  
Yama      7:11AM – 8:57AM  
**Rahu**      12:30PM – 2:16PM

**Ashvini** **Until 5:27PM**  
Ganda\* Until 4:25PM  
Visti Until 4:19AM Thu  
**Shashthi\*** **Until 3:55PM**

**Ganesha:** Yellow      *Sunrise:* 5:25AM  
**Muruqa:** White      *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – White  
**Sravana**•**Avani**

Winterthur, Switzerland  
Sun 5      Sutra 122  
Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**

Mesha Rasi: 19.53      Tithi 22 – 23  
522865472  
Creative Work      Siddha Yoga  
Until 7:06PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**      8:58AM – 10:44AM  
Yama      5:26AM – 7:12AM  
**Rahu**      2:16PM – 4:02PM

**Bharani** **Until 7:06PM**  
Vridhhi Until 4:12PM  
Balava Until 5:40AM Fri  
**Saptami** **Until 4:53PM**

**Ganesha:** Yellow      *Sunrise:* 5:26AM  
**Muruqa:** White      *Sunset:* 7:34PM  
**Nataraja:** White  
Moon – White  
**Sravana**•**Avani**

Winterthur, Switzerland  
Sun 6      Sutra 123  
Subhakrit 5124  
Moon 8 - Phase 17 - 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Friday, August 19, 2022**  
**Retreat Star**

Vrishabha Rasi: 2.13      Tithi 23  
523865472  
Creative Work      Siddha Yoga  
Until 9:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Kaulava Karana Ashtamyam Titau  
**Gulika**      7:13AM – 8:58AM  
Yama      4:01PM – 5:46PM  
**Rahu**      10:44AM – 12:30PM

**Krishna Janmashtami**

**Krittika** **Until 9:16PM**  
Dhruva Until 4:30PM  
Kaulava Until 6:33PM  
**Ashtami\*** **Until 6:33PM**

**Ganesha:** White      *Sunrise:* 5:27AM  
**Muruqa:** White      *Sunset:* 7:32PM  
**Nataraja:** White  
Moon – White  
**Sravana**•**Avani**

Winterthur, Switzerland  
Sun 7      Sutra 124  
Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Ashtami

**Bhuloka Day**

**Saturday, August 20, 2022**

**Retreat Star**

Vrishabha Rasi: 14.17      Tithi 24  
533865472  
Creative Work      Amrita Yoga  
Until 12:13AM Sun  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika**      5:29AM – 7:14AM  
Yama      2:14PM – 4:00PM  
**Rahu**      8:59AM – 10:44AM

**Rohini** **Until 12:13AM Sun**  
Vyaghata\* Until 5:13PM  
Taitila Until 7:37AM  
**Navami\*** **Until 8:44PM**

**Ganesha:** Yellow      *Sunrise:* 5:29AM  
**Muruqa:** White      *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Yellow  
**Sravana**•**Avani**

Winterthur, Switzerland  
Sun 8      Sutra 125  
Subhakrit 5124  
Moon 8 - Phase 17 - 8  
Navami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1 Sunday, August 21, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 126 Subhakarit 5124	
Wishabha Rasi: 26.11	Tithi 25	<b>Gulika</b> 3:59PM – 5:43PM	<b>Mrigashira</b> Until 3:14AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:30AM
		Yama 12:29PM – 2:14PM	Harshana Until 6:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:28PM
533865472	<b>Rahu</b> 5:43PM – 7:28PM		Vanija Until 9:57AM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 9
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:10PM	Moon – Yellow	2nd Phase
				<b>Bhuloka Day</b>	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, August 22, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 127 Subhakarit 5124	
Mithuna Rasi: 8.01	Tithi 26	<b>Gulika</b> 2:13PM – 3:58PM	<b>Ardra</b> Until 6:05AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:31AM
Family Home Evening		Yama 10:44AM – 12:29PM	Vajra* Until 7:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM
533865472	<b>Rahu</b> 7:16AM – 9:00AM		Bava Until 12:27PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 10
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:40AM Tue	Moon – Yellow	2nd Phase
				<b>Bhuloka Day</b>	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

<b>3 Tuesday, August 23, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 11 Sutra 128 Subhakarit 5124	
Mithuna Rasi: 19.52	Tithi 27	<b>Gulika</b> 12:29PM – 2:13PM	<b>Ardra</b> Until 6:05AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM
		Yama 9:01AM – 10:45AM	Siddhi Until 8:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM
533865472	<b>Rahu</b> 3:57PM – 5:40PM		Kaulava Until 2:54PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 11
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 4:02AM Wed	Moon – Yellow	2nd Phase
Until 6:05AM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, August 24, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 129 Subhakarit 5124	
Kataka Rasi: 1.46	Tithi 28	<b>Gulika</b> 10:45AM – 12:28PM	<b>Punarvasu</b> Until 9:08AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM
		Yama 7:18AM – 9:01AM	Vyatipata* Until 8:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM
533865472	<b>Rahu</b> 12:28PM – 2:12PM		Gara Until 5:08PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 12
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:08AM Thu	Moon – Blue	2nd Phase
				<b>Bhuloka Day</b>	
				Sravana-Avani	
				<i>Pradosha Vrata (Fasting)</i>	

<b>5 Thursday, August 25, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 13 Sutra 130 Subhakarit 5124	
Kataka Rasi: 13.46	Tithi 28 – 29	<b>Gulika</b> 9:02AM – 10:45AM	<b>Pushya</b> Until 11:45AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:35AM
		Yama 5:35AM – 7:18AM	Variyan Until 9:24PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM
533865472	<b>Rahu</b> 2:11PM – 3:54PM		Visti Until 7:04PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 13
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 6:08AM	Moon – Blue	2nd Phase
Until 11:45AM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Sravana-Avani	

<b>Friday, August 26, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 14 Sutra 131 Subhakarit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 9:02AM	<b>Ashlesha*</b> Until 1:51PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:37AM
Kataka Rasi: 25.54	Tithi 29 – 30	Yama 3:53PM – 5:36PM	Parigha* Until 9:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:19PM
533865472	<b>Rahu</b> 10:45AM – 12:28PM		Catuspada Until 8:38PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 14
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 7:53AM	Moon – Blue	Amavasya
				<b>Bhuloka Day</b>	
				Sravana-Avani	

<b>Saturday, August 27, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 15 Sutra 132 Subhakarit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 5:38AM – 7:20AM	<b>Magha*</b> Until 3:54PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM
Simha Rasi: 8.12	Tithi 30 – 1	Yama 2:10PM – 3:52PM	Shiva Until 9:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:17PM
533865472	<b>Rahu</b> 9:03AM – 10:45AM		Kintughna Until 9:49PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 15
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 9:15AM	Moon – Red	Prathama
Until 3:54PM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

<b>1 Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 20.4	Tithi 1 – 2	<b>Gulika</b> 3:51PM – 5:33PM	<b>Purvaphalguni Until 5:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM		
		Yama 12:27PM – 2:09PM	Siddha Until 9:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Moon 8 - Phase 19 - 16	
		553865473 <b>Rahu</b> 5:33PM – 7:15PM	Balava Until 10:36PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 10:14AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 5:24PM				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>2 Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 3.19	Tithi 2 – 3	<b>Gulika</b> 2:08PM – 3:50PM	<b>Uttaraphalguni Until 6:22PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:41AM		
Family Home Evening		Yama 10:45AM – 12:27PM	Sadhya Until 8:30PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 8 - Phase 19 - 17	
		553865473 <b>Rahu</b> 7:22AM – 9:04AM	Taitila Until 10:59PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:49AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>3 Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau				Winterthur, Switzerland Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 16.08	Tithi 3 – 4	<b>Gulika</b> 12:27PM – 2:08PM	<b>Hasta Until 7:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:42AM		
		Yama 9:04AM – 10:45AM	Subha Until 7:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 19 - 18	
		563865473 <b>Rahu</b> 3:49PM – 5:30PM	Vanija Until 11:00PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 11:01AM</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>4 Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 19 Sutra 136 Subhakrit 5124	
Kanya Rasi: 29.1	Tithi 4 – 5	<b>Gulika</b> 10:46AM – 12:26PM	<b>Chitra Until 7:39PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:43AM		
		Yama 7:24AM – 9:05AM	Sukla Until 6:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 8 - Phase 19 - 19	
		563865473 <b>Rahu</b> 12:26PM – 2:07PM	Bava Until 10:38PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:51AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>5 Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 12.23	Tithi 5 – 6	<b>Gulika</b> 9:05AM – 10:46AM	<b>Svati Until 7:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM		
		Yama 5:45AM – 7:25AM	Brahma Until 4:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 19 - 20	
		563965473 <b>Rahu</b> 2:06PM – 3:47PM	Kaulava Until 9:52PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami Until 10:17AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 7:30PM				<b>Bhadrapada*Avani</b>			
Then Creative Work - Siddha Yoga							

<b>6 Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 25.49	Tithi 6 – 7	<b>Gulika</b> 7:26AM – 9:06AM	<b>Vishakha Until 7:14PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM		
		Yama 3:46PM – 5:25PM	Indra Until 2:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 19 - 21	
		573965473 <b>Rahu</b> 10:46AM – 12:26PM	Gara Until 8:41PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:18AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 9.29	Tithi 7 – 8	<b>Gulika</b> 5:47AM – 7:27AM	<b>Anuradha Until 6:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM		
		Yama 2:05PM – 3:44PM	Vaidhriti* Until 12:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 19 - 22	
		574965473 <b>Rahu</b> 9:06AM – 10:46AM	Visti Until 7:05PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami Until 7:55AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 23.26	Tithi 8 – 9	<b>Gulika</b> 3:43PM – 5:22PM	<b>Jyeshtha* Until 5:01PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM		
		Yama 12:25PM – 2:04PM	Vishkambha* Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 19 - 23	
		574965473 <b>Rahu</b> 5:22PM – 7:01PM	Kaulava Until 3:55AM Mon	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga		<b>Ashtami* Until 6:07AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 5:01PM				<b>Bhadrapada*Avani</b>			
Then Creative Work - Amrita Yoga							


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 24 Sutra 141
	Dhanus Rasi: 7.37	Tithi 10	<b>Gulika</b> 2:03PM – 3:42PM	<b>Mula* Until 3:32PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	Subhakrit 5124
<b>Family Home Evening</b>	584965473	<b>Rahu</b> 7:29AM – 9:07AM	Yama 10:46AM – 12:25PM	Priti Until 6:55AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga				Taitila Until 2:42PM	<b>Nataraja:</b> Clear		4th Phase
Until 3:32PM				<b>Dashami Until 1:22AM Tue</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Bhadrapada*Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>2</b>	<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 142
	Dhanus Rasi: 22.02	Tithi 11	<b>Gulika</b> 12:24PM – 2:03PM	<b>Purvashadha* Until 1:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
584965473		<b>Rahu</b> 3:41PM – 5:19PM	Yama 9:08AM – 10:46AM	Saubhagya Until 12:16AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20 - 25
Creative Work Siddha Yoga				Vanija Until 12:00PM	<b>Nataraja:</b> Clear		4th Phase
Until 1:36PM				<b>Ekadashi Until 10:33PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Prabararishta Yoga					<b>Bhadrapada*Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>3</b>	<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 26 Sutra 143
	Makara Rasi: 6.38	Tithi 12	<b>Gulika</b> 10:46AM – 12:24PM	<b>Uttarashadha Until 11:20AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Subhakrit 5124
584965473		<b>Rahu</b> 12:24PM – 2:02PM	Yama 7:30AM – 9:08AM	Sobhana Until 8:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20 - 26
Creative Work Amrita Yoga				Bava Until 9:05AM	<b>Nataraja:</b> Clear		4th Phase
Until 11:20AM				<b>Dvadashi Until 7:34PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>4</b>	<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 144
	Makara Rasi: 21.2	Tithi 13 – 14	<b>Gulika</b> 9:09AM – 10:46AM	<b>Shravana Until 9:15AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
594965473		<b>Rahu</b> 2:01PM – 3:39PM	Yama 5:54AM – 7:31AM	Athiganda* Until 5:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga				Kaulava Until 6:04AM	<b>Nataraja:</b> Clear		4th Phase
				<b>Chidambaram Abhishekam</b>	Moon – Purple	<b>Devaloka Day</b>	
				<b>Trayodashi Until 4:33PM</b>	<b>Bhadrapada*Avani</b>		
				<i>Pradosha Vrata</i>			

	<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 28 Sutra 145
	Kumbha Rasi: 6	Tithi 14 – 15	<b>Gulika</b> 7:32AM – 9:09AM	<b>Dhanishtha Until 7:04AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
594965473		<b>Rahu</b> 10:46AM – 12:23PM	Yama 3:37PM – 5:14PM	Sukarma Until 1:40PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 20 -
Creative Work Siddha Yoga				Visti Until 12:17AM Sat	<b>Nataraja:</b> Clear		Purnima
				<b>Chaturdashi* Until 1:38PM</b>	Moon – Purple	<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>		

<b>Silver Retreat Star</b>	<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sun 29 Sutra 146
	Kumbha Rasi: 20.31	Tithi 15 – 16	<b>Gulika</b> 5:56AM – 7:33AM	<b>Purvaproshtapada* Until 3:31AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Subhakrit 5124
514965473		<b>Rahu</b> 9:10AM – 10:46AM	Yama 2:00PM – 3:36PM	Dhriti Until 10:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 20 -
Routine Work Marana Yoga				Balava Until 9:49PM	<b>Nataraja:</b> Clear		Prathama
Until 3:31AM Sun				<b>Purnima* Until 10:59AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Bhadrapada*Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Uttaraproshtapada Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland

Sutra 147

Subhakrit 5124

Meena Rasi: 4.47 Tithi 16 - 17

514965473

**Gulika** 3:35PM - 5:11PM  
Yama 12:23PM - 1:59PM  
**Rahu** 5:11PM - 6:47PM

**Uttaraproshtapada** Until 2:27AM Mon

Shula\* Until 7:28AM

Taitila Until 7:51PM

**Prathama\*** Until 8:45AM

**Ganesha:** Clear *Sunrise: 5:58AM*

**Muruqa:** White *Sunset: 6:47PM*

**Nataraja:** Clear

Moon - Clear

**Bhadrapada\*Avani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:27AM Mon

Then Creative Work - Siddha Yoga

**Grandparent's Day**

**Monday, September 12, 2022**

1

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 18.41 Tithi 17 - 18

514965473

**Gulika** 1:58PM - 3:34PM  
Yama 10:46AM - 12:22PM  
**Rahu** 7:35AM - 9:11AM

**Revati** Until 1:55AM Tue

Vriddhi Until 3:04AM Tue

Vanija Until 6:31PM

**Dvitiya** Until 7:05AM

**Ganesha:** Clear *Sunrise: 5:59AM*

**Muruqa:** White *Sunset: 6:45PM*

**Nataraja:** Clear

Moon - Clear

**Bhadrapada\*Avani**

**Devaloka Day**

**Family Home Evening**

Creative Work Siddha Yoga

**Tuesday, September 13, 2022**

2

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashvini Nakshatra Dhruva Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland

Sun 2 Sutra 149

Subhakrit 5124

Mesha Rasi: 2.1 Tithi 18 - 19

524965473

**Gulika** 12:22PM - 1:57PM  
Yama 9:11AM - 10:47AM  
**Rahu** 3:33PM - 5:08PM

**Ashvini** Until 2:25AM Wed

Dhruva Until 1:44AM Wed

Balava Until 5:55AM Wed

**Tritiya** Until 6:06AM

**Ganesha:** White *Sunrise: 6:00AM*

**Muruqa:** White *Sunset: 6:43PM*

**Nataraja:** Clear

Moon - White

**Bhadrapada\*Avani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

**Wednesday, September 14, 2022**

3

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Bharani Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 15.14 Tithi 20

524965473

**Gulika** 10:47AM - 12:22PM  
Yama 7:37AM - 9:12AM  
**Rahu** 12:22PM - 1:56PM

**Bharani** Until 3:34AM Thu

Vyaghata\* Until 1:03AM Thu

Kaulava Until 6:09PM

**Panchami** Until 6:32AM Thu

**Ganesha:** White *Sunrise: 6:02AM*

**Muruqa:** White *Sunset: 6:41PM*

**Nataraja:** Clear

Moon - White

**Bhadrapada\*Avani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:34AM Thu

Then Routine Work - Marana Yoga

**Thursday, September 15, 2022**

4

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Winterthur, Switzerland

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 27.55 Tithi 20 - 21

525965473

**Gulika** 9:12AM - 10:47AM  
Yama 6:03AM - 7:38AM  
**Rahu** 1:56PM - 3:30PM

**Krittika** Until 5:17AM Fri

Harshana Until 12:59AM Fri

Gara Until 7:08PM

**Panchami** Until 6:32AM

**Ganesha:** Clear *Sunrise: 6:03AM*

**Muruqa:** White *Sunset: 6:39PM*

**Nataraja:** Clear

Moon - White

**Bhadrapada\*Avani**

**Devaloka Day**

Routine Work Marana Yoga

**Friday, September 16, 2022**

5

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 10.16 Tithi 21 - 22

535965473

**Gulika** 7:38AM - 9:13AM  
Yama 3:29PM - 5:03PM  
**Rahu** 10:47AM - 12:21PM

**Rohini** Until 7:55AM Sat

Vajra\* Until 1:22AM Sat

Visti Until 8:49PM

**Shashthi\*** Until 7:53AM

**Ganesha:** White *Sunrise: 6:04AM*

**Muruqa:** White *Sunset: 6:37PM*

**Nataraja:** Clear

Moon - Yellow

**Bhadrapada\*Avani**

**Sivaloka Day**

Routine Work Marana Yoga

Until 7:55AM Sat

Then Creative Work - Siddha Yoga

**Saturday, September 17, 2022**

D

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 22.22 Tithi 22 - 23

535965473

**Gulika** 6:06AM - 7:39AM  
Yama 1:54PM - 3:28PM  
**Rahu** 9:13AM - 10:47AM

**Rohini** Until 7:55AM

Siddhi Until 2:06AM Sun

Balava Until 10:58PM

**Saptami** Until 9:50AM

**Ganesha:** White *Sunrise: 6:06AM*

**Muruqa:** White *Sunset: 6:35PM*

**Nataraja:** Clear

Moon - Yellow

**Bhadrapada\*Puratasi**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

**Sunday, September 18, 2022**

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 4.19 Tithi 23 - 24

535965473

**Gulika** 3:27PM - 5:00PM  
Yama 12:20PM - 1:53PM  
**Rahu** 5:00PM - 6:33PM

**Mrigashira** Until 10:44AM

Vyatipata\* Until 3:01AM Mon

Taitila Until 1:23AM Mon

**Ashtami\*** Until 12:09PM

**Ganesha:** White *Sunrise: 6:07AM*

**Muruqa:** White *Sunset: 6:33PM*

**Nataraja:** Clear

Moon - Yellow

**Bhadrapada\*Puratasi**

**Sivaloka Day**

Creative Work Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

nes are standard time. Calculated for Winterthur, Switzerland on 5

www.gurudeva.org/panchang

1	<b>Monday, September 19, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Winterthur, Switzerland Sun 8 Sutra 155 Subhakit 5124
	Mithuna Rasi: 16.11	Tithi 24 – 25	<b>Gulika</b> 1:53PM – 3:25PM	<b>Ardra</b> Until 1:33PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM	
	<b>Family Home Evening</b>	535965473	Yama 10:47AM – 12:20PM	Variyan Until 3:54AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:31PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		<b>Rahu</b> 7:41AM – 9:14AM	Vanija Until 3:49AM Tue	<b>Nataraja:</b> Clear	2nd Phase
		<b>Navami* Until 2:36PM</b>			<b>Sivaloka Day</b>	
Until 1:33PM					<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga						

2	<b>Tuesday, September 20, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Winterthur, Switzerland Sun 9 Sutra 156 Subhakit 5124
	Mithuna Rasi: 28.03	Tithi 25 – 26	<b>Gulika</b> 12:19PM – 1:52PM	<b>Punarvasu</b> Until 4:36PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM	
		545965473	Yama 9:15AM – 10:47AM	Parigha* Until 4:40AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		<b>Rahu</b> 3:24PM – 4:57PM	Bava Until 6:05AM Wed	<b>Nataraja:</b> Clear	2nd Phase
		<b>Dashami Until 4:58PM</b>			<b>Devaloka Day</b>	
Until 1:33PM					<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga						

3	<b>Wednesday, September 21, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau			Winterthur, Switzerland Sun 10 Sutra 157 Subhakit 5124
	Kataka Rasi: 10	Tithi 26	<b>Gulika</b> 10:47AM – 12:19PM	<b>Pushya</b> Until 7:15PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:11AM	
		545965473	Yama 7:43AM – 9:15AM	Shiva Until 5:12AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 6:27PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		<b>Rahu</b> 12:19PM – 1:51PM	Bava Until 6:05AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Ekadashi* Until 7:04PM</b>			<b>Devaloka Day</b>	
Until 1:33PM					<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga						

4	<b>Thursday, September 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taila Karana Dvadashyam Titau			Winterthur, Switzerland Sun 11 Sutra 158 Subhakit 5124
	Kataka Rasi: 22.05	Tithi 27	<b>Gulika</b> 9:16AM – 10:47AM	<b>Ashlesha*</b> Until 9:20PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:12AM	
		545965473	Yama 6:12AM – 7:44AM	Siddha Until 5:21AM Fri	<b>Muruqa:</b> White <i>Sunset:</i> 6:25PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		<b>Rahu</b> 1:50PM – 3:22PM	Kaulava Until 7:59AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Dvadashi* Until 8:46PM</b>			<b>Devaloka Day</b>	
Until 9:20PM					<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga						

5	<b>Friday, September 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau			Winterthur, Switzerland Sun 12 Sutra 159 Subhakit 5124
	Simha Rasi: 4.21	Tithi 28	<b>Gulika</b> 7:45AM – 9:16AM	<b>Magha*</b> Until 11:18PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:14AM	
		555965473	Yama 3:21PM – 4:52PM	Sadhya Until 5:09AM Sat	<b>Muruqa:</b> White <i>Sunset:</i> 6:23PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		<b>Rahu</b> 10:47AM – 12:18PM	Gara Until 9:27AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Trayodashi* Until 9:59PM</b>			<b>Devaloka Day</b>	
Until 11:18PM					<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga						

6	<b>Saturday, September 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Winterthur, Switzerland Sun 13 Sutra 160 Subhakit 5124
	Simha Rasi: 16.5	Tithi 29	<b>Gulika</b> 6:15AM – 7:46AM	<b>Purvaphalguni</b> Until 12:36AM Sun	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:15AM	
		556965473	Yama 1:49PM – 3:19PM	Subha Until 4:34AM Sun	<b>Muruqa:</b> White <i>Sunset:</i> 6:21PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		<b>Rahu</b> 9:17AM – 10:47AM	Visti* Until 10:26AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Chaturdashi* Until 10:42PM</b>			<b>Bhuloka Day</b>	
Until 12:36AM Sun					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

●	<b>Sunday, September 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Winterthur, Switzerland Sun 14 Sutra 161 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:18PM – 4:49PM	<b>Uttaraphalguni</b> Until 1:15AM Mon	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:16AM	
	Simha Rasi: 29.32	Tithi 30	Yama 12:18PM – 1:48PM	Sukla Until 3:33AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 9 - Phase 22 - 14
		556165473	<b>Rahu</b> 4:49PM – 6:19PM	Catuspada Until 10:53AM	<b>Nataraja:</b> Clear	Amavasya
		<b>Amavasya* Until 10:54PM</b>			<b>Bhuloka Day</b>	
Until 1:15AM Mon					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

●	<b>Monday, September 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau			Winterthur, Switzerland Sun 15 Sutra 162 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:47PM – 3:17PM	<b>Hasta</b> Until 1:45AM Tue	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:18AM	
	Kanya Rasi: 12.29	Tithi 1	Yama 10:47AM – 12:17PM	Brahma Until 2:11AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:17PM	Moon 9 - Phase 22 - 15
		566165473	<b>Rahu</b> 7:48AM – 9:17AM	Kintughna Until 10:50AM	<b>Nataraja:</b> Clear	Prathama
		<b>Prathama* Until 10:38PM</b>			<b>Bhuloka Day</b>	
Until 1:15AM Mon					<b>Ashvina-Puratasi</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Winterthur, Switzerland Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 25.4	Tithi 2	<b>Gulika</b> 12:17PM – 1:46PM	<b>Chitra</b> Until 1:41AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:19AM	<i>Sunset:</i> 6:15PM	Moon 9 - Phase 23 - 16
			Yama 9:18AM – 10:47AM	Indra Until 12:31AM Wed	<b>Muruqa:</b> White		3rd Phase
	Creative Work	Siddha Yoga	566165473 <b>Rahu</b> 3:16PM – 4:45PM	Balava Until 10:21AM	<b>Nataraja:</b> Clear		
			<b>Dvitiya</b> Until 9:57PM	Moon – Green		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

2	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Winterthur, Switzerland Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 9.05	Tithi 3	<b>Gulika</b> 10:48AM – 12:17PM	<b>Svati</b> Until 1:09AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:20AM	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 23 - 17
			Yama 7:49AM – 9:19AM	Vaidhriti* Until 10:32PM	<b>Muruqa:</b> White		3rd Phase
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 12:17PM – 1:46PM	Taitila Until 9:29AM	<b>Nataraja:</b> Clear		
			<b>Tritiya</b> Until 8:54PM	Moon – Green		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Winterthur, Switzerland Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 22.4	Tithi 4	<b>Gulika</b> 9:19AM – 10:48AM	<b>Vishakha</b> Until 12:37AM Fri	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:22AM	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 23 - 18
			Yama 6:22AM – 7:50AM	Vishkambha* Until 8:19PM	<b>Muruqa:</b> White		3rd Phase
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 1:45PM – 3:14PM	Vanija Until 8:17AM	<b>Nataraja:</b> Clear		
			<b>Chaturthi</b> Until 7:34PM	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Panchami/Shashtham Titau				Winterthur, Switzerland Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 6.25	Tithi 5 – 6	<b>Gulika</b> 7:51AM – 9:20AM	<b>Anuradha</b> Until 11:41PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:23AM	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 23 - 19
			Yama 3:12PM – 4:41PM	Priti Until 5:56PM	<b>Muruqa:</b> White		3rd Phase
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 10:48AM – 12:16PM	Bava Until 6:49AM	<b>Nataraja:</b> Clear		
			<b>Panchami</b> Until 5:58PM	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 20.19	Tithi 6 – 7	<b>Gulika</b> 6:24AM – 7:52AM	<b>Jyeshtha*</b> Until 10:26PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:24AM	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 23 - 20
			Yama 1:43PM – 3:11PM	Ayushman Until 3:21PM	<b>Muruqa:</b> White		3rd Phase
	Creative Work	Siddha Yoga	687166473 <b>Rahu</b> 9:20AM – 10:48AM	Gara Until 3:13AM Sun	<b>Nataraja:</b> Clear		
			<b>Shashthi*</b> Until 4:10PM	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

D	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 168 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:10PM – 4:37PM	<b>Mula*</b> Until 9:17PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 21
	Dhanu Rasi: 4.2	Tithi 7 – 8	Yama 12:15PM – 1:43PM	Saubhagya Until 12:38PM	<b>Muruqa:</b> Green		Ashtami
	Creative Work	Amrita Yoga	687166473 <b>Rahu</b> 4:37PM – 6:05PM	Visiti Until 1:10AM Mon	<b>Nataraja:</b> Clear		
			<b>Saptami</b> Until 2:12PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				Ashvina+Puratasi			

D	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:42PM – 3:09PM	<b>Purvashadha*</b> Until 7:52PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 23 - 22
	Dhanu Rasi: 18.28	Tithi 8 – 9	Yama 10:48AM – 12:15PM	Sobhana Until 9:48AM	<b>Muruqa:</b> Green		Navami
	<b>Family Home Evening</b>		687166473 <b>Rahu</b> 7:54AM – 9:21AM	Balava Until 10:59PM	<b>Nataraja:</b> Clear		
			<b>Ashtami*</b> Until 12:05PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

nes are standard time. Calculated for Winterthur, Switzerland on 5

www.gurudeva.org/panchang

1	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 170 Subhakrit 5124
	Makara Rasi: 2.4	Tithi 9 – 10	687166473	Gulika 12:15PM – 1:41PM Yama 9:22AM – 10:48AM Rahu 3:08PM – 4:34PM	<b>Uttarashadha Until 6:12PM</b> Athiganda* Until 6:51AM Taitila Until 8:43PM Navami* Until 9:50AM	Ganesha: Blue Sunrise: 6:29AM Muruga: Green Sunset: 6:01PM Nataraja: Clear Moon – Light Blue Ashvina+Puratasi	Moon 9 - Phase 24 - 23 4th Phase <b>Sivaloka Day</b>
	Routine Work Prabalarishta Yoga						
	Until 6:12PM						
Then Creative Work - Siddha Yoga							

2	<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Winterthur, Switzerland Sun 24 Sutra 171 Subhakrit 5124
	Makara Rasi: 16.55	Tithi 10 – 11	697166473	Gulika 10:48AM – 12:14PM Yama 7:56AM – 9:22AM Rahu 12:14PM – 1:40PM	<b>Shravana Until 4:46PM</b> Dhriti Until 12:50AM Thu Vanija Until 6:24PM Dashami Until 7:32AM	Ganesha: Yellow Sunrise: 6:30AM Muruga: Green Sunset: 5:59PM Nataraja: Clear Moon – Purple Ashvina+Puratasi	Moon 9 - Phase 24 - 24 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 4:46PM						
Then Routine Work - Prabalarishta Yoga							

3	<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 172 Subhakrit 5124
	Kumbha Rasi: 1.11	Tithi 12	697166473	Gulika 9:23AM – 10:48AM Yama 6:31AM – 7:57AM Rahu 1:40PM – 3:05PM	<b>Dhanishtha Until 3:14PM</b> Shula* Until 9:51PM Bava Until 4:07PM Dvadashi Until 3:00AM Fri	Ganesha: Yellow Sunrise: 6:31AM Muruga: Green Sunset: 5:57PM Nataraja: Clear Moon – Purple Ashvina+Puratasi	Moon 9 - Phase 24 - 25 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

4	<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 173 Subhakrit 5124
	Kumbha Rasi: 15.23	Tithi 13	697166473	Gulika 7:58AM – 9:23AM Yama 3:04PM – 4:30PM Rahu 10:49AM – 12:14PM	<b>Shatabhishak Until 1:41PM</b> Ganda* Until 7:01PM Kaulava Until 1:58PM Trayodashi Until 12:58AM Sat	Ganesha: Yellow Sunrise: 6:33AM Muruga: Green Sunset: 5:55PM Nataraja: Clear Moon – Purple Ashvina+Puratasi	Moon 9 - Phase 24 - 26 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
			<i>Pradosha Vrata</i>				

5	<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 174 Subhakrit 5124
	Kumbha Rasi: 29.28	Tithi 14	618166474	Gulika 6:34AM – 7:59AM Yama 1:38PM – 3:03PM Rahu 9:24AM – 10:49AM	<b>Purvaproshtapada* Until 12:39PM</b> Vriddhi Until 4:25PM Gara Until 12:04PM Chaturdashi* Until 11:13PM	Ganesha: White Sunrise: 6:34AM Muruga: Green Sunset: 5:53PM Nataraja: Purple Moon – Clear Ashvina+Puratasi	Moon 9 - Phase 24 - 27 4th Phase <b>Bhuloka Day</b>
	Routine Work Marana Yoga						
	Until 12:39PM						
Then Creative Work - Siddha Yoga							

○	<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 175 Subhakrit 5124		
	<b>Copper Retreat Star</b>		Meena Rasi: 13.19	Tithi 15	618166474	Gulika 3:02PM – 4:27PM Yama 12:13PM – 1:38PM Rahu 4:27PM – 5:51PM	<b>Uttarproshthapada Until 11:50AM</b> Dhruva Until 2:05PM Visti Until 10:31AM Purnima* Until 9:54PM	Ganesha: White Sunrise: 6:36AM Muruga: Green Sunset: 5:51PM Nataraja: Purple Moon – Clear Ashvina+Puratasi	Moon 9 - Phase 24 - Purnima <b>Bhuloka Day</b>
	Creative Work Amrita Yoga								

○	<b>Monday, October 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sutra 176 Subhakrit 5124		
	<b>Silver Retreat Star</b>		Meena Rasi: 26.55	Tithi 16	618166474	Gulika 1:37PM – 3:01PM Yama 10:49AM – 12:13PM Rahu 8:01AM – 9:25AM	<b>Revati Until 11:21AM</b> Vyaghata* Until 12:10PM Balava Until 9:28AM Prathama* Until 9:07PM	Ganesha: White Sunrise: 6:37AM Muruga: Green Sunset: 5:49PM Nataraja: Purple Moon – Clear Ashvina+Puratasi	Moon 9 - Phase 24 - Prathama <b>Bhuloka Day</b>
	Family Home Evening								
	Creative Work Siddha Yoga								





**Tuesday, October 11, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
 Sun 1 Sutra 177

Mesha Rasi: 10.11 Tithi 17

628176474

**Gulika** 12:13PM – 1:36PM  
**Yama** 9:26AM – 10:49AM  
**Rahu** 3:00PM – 4:23PM

**Ashvini Until 11:45AM**  
 Harshana Until 10:44AM  
 Taitila Until 8:59AM  
**Dvitiya Until 8:58PM**

**Ganesha:** Yellow *Sunrise: 6:38AM*  
**Muruqa:** White *Sunset: 5:47PM*  
**Nataraja:** Purple  
 Moon – White

Subhakrit 5124  
 Moon 10 - Phase 25 - 1  
 1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**1**

**Wednesday, October 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Trityayam Titau

Winterthur, Switzerland  
 Sun 2 Sutra 178

Mesha Rasi: 23.08 Tithi 18

628176474

**Gulika** 10:49AM – 12:12PM  
**Yama** 8:03AM – 9:26AM  
**Rahu** 12:12PM – 1:36PM

**Bharani Until 12:38PM**  
 Vajra\* Until 9:47AM  
 Vanija Until 9:10AM  
**Tritiya Until 9:30PM**

**Ganesha:** Yellow *Sunrise: 6:40AM*  
**Muruqa:** White *Sunset: 5:45PM*  
**Nataraja:** Purple  
 Moon – White

Subhakrit 5124  
 Moon 10 - Phase 25 - 2  
 1st Phase

Creative Work Siddha Yoga

Until 12:38PM

Then Creative Work - Amrita Yoga

**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**2**

**Thursday, October 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
 Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Winterthur, Switzerland  
 Sun 3 Sutra 179

Vrishabha Rasi: 5.45 Tithi 19

628176474

**Gulika** 9:27AM – 10:49AM  
**Yama** 6:41AM – 8:04AM  
**Rahu** 1:35PM – 2:58PM

**Krittika Until 2:01PM**  
 Siddhi Until 9:23AM  
 Bava Until 10:02AM  
**Chaturthi\* Until 10:41PM**

**Ganesha:** Yellow *Sunrise: 6:41AM*  
**Muruqa:** White *Sunset: 5:43PM*  
**Nataraja:** Purple  
 Moon – White

Subhakrit 5124  
 Moon 10 - Phase 25 - 3  
 1st Phase

Routine Work Marana Yoga

**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**3**

**Friday, October 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland  
 Sun 4 Sutra 180

Vrishabha Rasi: 18.05 Tithi 20

638176474

**Gulika** 8:05AM – 9:27AM  
**Yama** 2:57PM – 4:19PM  
**Rahu** 10:50AM – 12:12PM

**Rohini Until 4:19PM**  
 Vyatipata\* Until 9:28AM  
 Kaulava Until 11:32AM  
**Panchami Until 12:27AM Sat**

**Ganesha:** Blue *Sunrise: 6:43AM*  
**Muruqa:** White *Sunset: 5:41PM*  
**Nataraja:** Purple  
 Moon – Yellow

Subhakrit 5124  
 Moon 10 - Phase 25 - 4  
 1st Phase

Routine Work Marana Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

**4**

**Saturday, October 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
 Sun 5 Sutra 181

Mithuna Rasi: 0.12 Tithi 21

639176474

**Gulika** 6:44AM – 8:06AM  
**Yama** 1:34PM – 2:56PM  
**Rahu** 9:28AM – 10:50AM

**Mrigashira Until 6:55PM**  
 Variyan Until 9:56AM  
 Gara Until 1:32PM  
**Shashthi\* Until 2:39AM Sun**

**Ganesha:** Red *Sunrise: 6:44AM*  
**Muruqa:** White *Sunset: 5:39PM*  
**Nataraja:** Purple  
 Moon – Yellow

Subhakrit 5124  
 Moon 10 - Phase 25 - 5  
 1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

**5**

**Sunday, October 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ardra Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
 Sun 6 Sutra 182

Mithuna Rasi: 12.1 Tithi 22

639176474

**Gulika** 2:55PM – 4:16PM  
**Yama** 12:12PM – 1:33PM  
**Rahu** 4:16PM – 5:38PM

**Ardra Until 9:37PM**  
 Parigha\* Until 10:40AM  
 Visti Until 3:52PM  
**Saptami Until 5:04AM Mon**

**Ganesha:** Red *Sunrise: 6:45AM*  
**Muruqa:** White *Sunset: 5:38PM*  
**Nataraja:** Purple  
 Moon – Yellow

Subhakrit 5124  
 Moon 10 - Phase 25 - 6  
 1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

**D**

**Monday, October 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Punarvasu Nakshatra Shiva/Siddha Yoga Balava Karana Ashtamyam Titau

Winterthur, Switzerland  
 Sun 7 Sutra 183

Mithuna Rasi: 24.04 Tithi 23

649176474

**Gulika** 1:32PM – 2:54PM  
**Yama** 10:50AM – 12:11PM  
**Rahu** 8:08AM – 9:29AM

**Punarvasu Until 12:42AM Tue**  
 Shiva Until 11:32AM  
 Balava Until 6:18PM  
**Ashtami\* Until 7:29AM Tue**

**Ganesha:** Green *Sunrise: 6:47AM*  
**Muruqa:** White *Sunset: 5:36PM*  
**Nataraja:** Purple  
 Moon – Blue

Subhakrit 5124  
 Moon 10 - Phase 25 - 7  
 Ashtami

Creative Work Amrita Yoga

Until 12:42AM Tue

Then Creative Work - Siddha Yoga

**Devaloka Day**

**Tuesday, October 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
 Sun 8 Sutra 184

Kataka Rasi: 5.57 Tithi 23 – 24

649176474

**Gulika** 12:11PM – 1:32PM  
**Yama** 9:30AM – 10:50AM  
**Rahu** 2:53PM – 4:13PM

**Pushya Until 3:29AM Wed**  
 Siddha Until 12:20PM  
 Taitila Until 8:39PM  
**Ashtami\* Until 7:29AM**

**Ganesha:** Green *Sunrise: 6:48AM*  
**Muruqa:** White *Sunset: 5:34PM*  
**Nataraja:** Purple  
 Moon – Blue

Subhakrit 5124  
 Moon 10 - Phase 25 - 8  
 Navami

Creative Work Siddha Yoga

**Devaloka Day**  
 Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Winterthur, Switzerland Sun 9 Sutra 185
	Kataka Rasi: 17.55	Tithi 24 – 25	<b>Gulika</b> 10:51AM – 12:11PM Yama 8:10AM – 9:30AM Rahu 12:11PM – 1:31PM	<b>Ashlesha* Until 5:47AM Thu</b> Sadhya Until 12:58PM Vanija Until 10:42PM Navami* Until 9:42AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Purple Moon – Blue	Subhakrit 5124 Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga Until 5:47AM Thu Then Creative Work - Amrita Yoga		649176474				<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Winterthur, Switzerland Sun 10 Sutra 186
	Simha Rasi: 0.01	Tithi 25 – 26	<b>Gulika</b> 9:31AM – 10:51AM Yama 6:51AM – 8:11AM Rahu 1:31PM – 2:51PM	<b>Magha* Until 7:55AM Fri</b> Subha Until 1:19PM Bava Until 12:17AM Fri Dashami Until 11:32AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:51AM <b>Muruqa:</b> White <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Purple Moon – Red	Subhakrit 5124 Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga Until 7:55AM Fri Then Creative Work - Siddha Yoga		659276474				<b>Bhuloka Day</b>

<b>3</b>	<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Winterthur, Switzerland Sun 11 Sutra 187
	Simha Rasi: 12.2	Tithi 26 – 27	<b>Gulika</b> 8:12AM – 9:32AM Yama 2:50PM – 4:09PM Rahu 10:51AM – 12:11PM	<b>Magha* Until 7:55AM</b> Sukla Until 1:13PM Kaulava Until 1:18AM Sat Ekadashi* Until 12:51PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Purple Moon – Red	Subhakrit 5124 Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:55AM Then Creative Work - Siddha Yoga		659276474				<b>Bhuloka Day</b>

<b>4</b>	<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau			Winterthur, Switzerland Sun 12 Sutra 188
	Simha Rasi: 24.54	Tithi 27 – 28	<b>Gulika</b> 6:54AM – 8:13AM Yama 1:29PM – 2:49PM Rahu 9:32AM – 10:51AM	<b>Purvaphalguni Until 9:18AM</b> Brahma Until 12:39PM Gara Until 1:40AM Sun Dvadashi* Until 1:33PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:54AM <b>Muruqa:</b> White <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Purple Moon – Red	Subhakrit 5124 Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga Until 9:18AM Then Routine Work - Marana Yoga		659276474				<b>Bhuloka Day</b>
<i>Pradosha Vrata (Fasting)</i>						

<b>5</b>	<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Winterthur, Switzerland Sun 13 Sutra 189
	Kanya Rasi: 7.46	Tithi 28 – 29	<b>Gulika</b> 2:48PM – 4:06PM Yama 12:10PM – 1:29PM Rahu 4:06PM – 5:25PM	<b>Uttaraphalguni Until 9:55AM</b> Indra Until 11:37AM Visti Until 1:23AM Mon Trayodashi* Until 1:35PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM <b>Nataraja:</b> Purple Moon – Red	Subhakrit 5124 Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga		651276474	<b>Deepavali Hindu Solidarity Day</b>			<b>Bhuloka Day</b>

	<b>Monday, October 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Winterthur, Switzerland Sun 14 Sutra 190
	Kanya Rasi: 20.58	Tithi 29 – 30	<b>Gulika</b> 1:28PM – 2:47PM Yama 10:52AM – 12:10PM Rahu 8:15AM – 9:34AM	<b>Hasta Until 10:13AM</b> Vaidhriti* Until 10:02AM Catuspada Until 12:30AM Tue Chaturdashi* Until 1:00PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Purple Moon – Green	Subhakrit 5124 Moon 10 - Phase 26 - 14 Amavasya
Creative Work Siddha Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga		661276474	<b>Subramuniyaswami Mahasamadhi</b>			<b>Bhuloka Day</b>

<b>Retreat Star</b>	<b>Tuesday, October 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Winterthur, Switzerland Sun 15 Sutra 191
	Tula Rasi: 4.29	Tithi 30 – 1	<b>Gulika</b> 12:10PM – 1:28PM Yama 9:34AM – 10:52AM Rahu 2:46PM – 4:04PM	<b>Chitra Until 9:47AM</b> Vishkambha* Until 8:01AM Kintughna Until 11:06PM Amavasya* Until 11:50AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:59AM <b>Muruqa:</b> White <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Purple Moon – Green	Subhakrit 5124 Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga		661276474	<b>Skanda Shasthi Begins</b>			<b>Bhuloka Day</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	<b>Wednesday, October 26, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 18.19      Tithi 1 – 2	<b>Gulika</b> 10:52AM – 12:10PM	<b>Svati</b> Until 8:45AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:00AM
	Creative Work      Siddha Yoga	Yama      8:17AM – 9:35AM	Ayushman Until 2:54AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM
	661276574 <b>Rahu</b> 12:10PM – 1:27PM	Balava Until 9:16PM	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 16 3rd Phase
		<b>Prathama*</b> Until 10:13AM	<b>Moon – Green</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

2	<b>Thursday, October 27, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 2.22      Tithi 2 – 3	<b>Gulika</b> 9:36AM – 10:53AM	<b>Vishakha</b> Until 7:38AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:01AM
	Creative Work      Siddha Yoga	Yama      7:01AM – 8:19AM	Saubhagya Until 11:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:18PM
	671276574 <b>Rahu</b> 1:27PM – 2:44PM	Taitila Until 7:09PM	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 17 3rd Phase
		<b>Dvitiya</b> Until 8:13AM	<b>Moon – Orange</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Karttika•Aipasi</b>	

3	<b>Friday, October 28, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau		Winterthur, Switzerland Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 16.35      Tithi 3 – 4	<b>Gulika</b> 8:20AM – 9:36AM	<b>Anuradha</b> Until 6:07AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:03AM
	Creative Work      Siddha Yoga	Yama      2:43PM – 4:00PM	Sobhana Until 8:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:17PM
	671276574 <b>Rahu</b> 10:53AM – 12:10PM	Visti Until 3:38AM Sat	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 18 3rd Phase
		<b>Tritiya</b> Until 6:00AM	<b>Moon – Orange</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Karttika•Aipasi</b>	

4	<b>Saturday, October 29, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 0.53      Tithi 5	<b>Gulika</b> 7:04AM – 8:21AM	<b>Mula*</b> Until 2:49AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:04AM
	Creative Work      Siddha Yoga	Yama      1:26PM – 2:42PM	Athiganda* Until 5:45PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:15PM
	681276574 <b>Rahu</b> 9:37AM – 10:53AM	Bava Until 2:27PM	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 19 3rd Phase
		<b>Panchami</b> Until 1:14AM Sun	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
			<b>Karttika•Aipasi</b>	

5	<b>Sunday, October 30, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 15.13      Tithi 6	<b>Gulika</b> 2:41PM – 3:57PM	<b>Purvashadha*</b> Until 1:11AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:06AM
	Creative Work      Siddha Yoga	Yama      12:10PM – 1:26PM	Sukarma Until 2:39PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:13PM
	681276574 <b>Rahu</b> 3:57PM – 5:13PM	Kaulava Until 12:03PM	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 20 3rd Phase
		<b>Skanda Shasthi</b>	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
			<b>Karttika•Aipasi</b>	

6	<b>Monday, October 31, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 21 Sutra 197 Subhakit 5124
	Dhanus Rasi: 29.31      Tithi 7	<b>Gulika</b> 1:25PM – 2:41PM	<b>Uttarashadha</b> Until 11:33PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:07AM
	Family Home Evening	Yama      10:54AM – 12:10PM	Dhriti Until 11:37AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:12PM
	681276574 <b>Rahu</b> 8:23AM – 9:38AM	Gara Until 9:45AM	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 21 3rd Phase
		<b>Saptami</b> Until 8:38PM	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
			<b>Karttika•Aipasi</b>	

D	<b>Tuesday, November 1, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 22 Sutra 198 Subhakit 5124
	<b>Retreat Star</b>	<b>Gulika</b> 12:10PM – 1:25PM	<b>Shravana</b> Until 10:21PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:09AM
	Makara Rasi: 13.43      Tithi 8	Yama      9:39AM – 10:54AM	Shula* Until 8:41AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:10PM
	691276574 <b>Rahu</b> 2:40PM – 3:55PM	Visti Until 7:35AM	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 22 Ashtami
		<b>Ashtami*</b> Until 6:33PM	<b>Moon – Purple</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Karttika•Aipasi</b>	

D	<b>Wednesday, November 2, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 199 Subhakit 5124
	<b>Retreat Star</b>	<b>Gulika</b> 10:55AM – 12:09PM	<b>Dhanishtha</b> Until 9:14PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:10AM
	Makara Rasi: 27.47      Tithi 9 – 10	Yama      8:25AM – 9:40AM	Vriddhi Until 3:20AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:09PM
	692276574 <b>Rahu</b> 12:09PM – 1:24PM	Taitila Until 3:51AM Thu	<b>Nataraja:</b> Clear	Moon 10 - Phase 27 - 23 Navami
		<b>Navami*</b> Until 4:41PM	<b>Moon – Purple</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Karttika•Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	<b>Thursday, November 3, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 11.44 Tithi 10 – 11	<b>Gulika</b> 9:41AM – 10:55AM	<b>Shatabhishak</b> Until 8:12PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:12AM
	692276574	<b>Yama</b> 7:12AM – 8:26AM	Dhruva Until 12:56AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM
	Creative Work Siddha Yoga	<b>Rahu</b> 1:24PM – 2:38PM	Vanija Until 2:22AM Fri	<b>Nataraja:</b> Clear Moon – Purple
			<b>Dashami</b> Until 3:03PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

2	<b>Friday, November 4, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 25.31 Tithi 11 – 12	<b>Gulika</b> 8:27AM – 9:41AM	<b>Purvaproshtapada*</b> Until 7:44PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:13AM
	612276574	<b>Yama</b> 2:38PM – 3:52PM	Vyaghata* Until 10:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM
	Creative Work Siddha Yoga	<b>Rahu</b> 10:55AM – 12:10PM	Bava Until 1:10AM Sat	<b>Nataraja:</b> Clear Moon – Clear
			<b>Ekadashi</b> Until 1:42PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

3	<b>Saturday, November 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 9.07 Tithi 12 – 13	<b>Gulika</b> 7:15AM – 8:29AM	<b>Uttaraproshtapada</b> Until 7:28PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:15AM
	612276574	<b>Yama</b> 1:23PM – 2:37PM	Harshana Until 8:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:04PM
	Creative Work Siddha Yoga Until 7:28PM Then Routine Work - Prabararishta Yoga	<b>Rahu</b> 9:42AM – 10:56AM	Kaulava Until 12:19AM Sun	<b>Nataraja:</b> Clear Moon – Clear
			<b>Dvadashi</b> Until 12:40PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

4	<b>Sunday, November 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 22.31 Tithi 13 – 14	<b>Gulika</b> 2:36PM – 3:49PM	<b>Revati</b> Until 7:25PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:16AM
	612276574	<b>Yama</b> 12:10PM – 1:23PM	Vajra* Until 7:18PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM
	Creative Work Amrita Yoga Until 7:25PM Then Creative Work - Siddha Yoga	<b>Rahu</b> 3:49PM – 5:03PM	Gara Until 11:52PM	<b>Nataraja:</b> Clear Moon – Clear
			<b>Trayodashi</b> Until 12:01PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

○	<b>Monday, November 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sutra 204 Subhakrit 5124
	<b>Copper Retreat Star</b>	<b>Gulika</b> 1:23PM – 2:35PM	<b>Ashvini</b> Until 8:07PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:18AM
	Mesha Rasi: 5.41 Tithi 14 – 15	<b>Yama</b> 10:57AM – 12:10PM	Siddhi Until 6:05PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM
	<b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Rahu</b> 8:31AM – 9:44AM	Visti Until 11:52PM	<b>Nataraja:</b> Clear Moon – White
			<b>Chaturdashi*</b> Until 11:47AM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

○	<b>Tuesday, November 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sutra 205 Subhakrit 5124
	<b>Silver Retreat Star</b>	<b>Gulika</b> 12:10PM – 1:22PM	<b>Bharani</b> Until 9:08PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:19AM
	Mesha Rasi: 18.37 Tithi 15 – 16	<b>Yama</b> 9:45AM – 10:57AM	Vyatipata* Until 5:14PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM
	722276574 Creative Work Siddha Yoga	<b>Rahu</b> 2:35PM – 3:47PM	Balava Until 12:23AM Wed	<b>Nataraja:</b> Clear Moon – White
			<b>Purnima*</b> Until 12:02PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam  
Krittika Nakshatra Varyan/Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 206

Vrishabha Rasi: 1.19 Tithi 16 - 17

722276574

**Gulika** 10:58AM - 12:10PM  
**Yama** 8:33AM - 9:45AM  
**Rahu** 12:10PM - 1:22PM

**Krittika** **Until 10:29PM**  
Varyan **Until 4:46PM**  
Taitila **Until 1:25AM Thu**  
**Prathama\* Until 12:49PM**

**Ganesha:** Blue **Sunrise:** 7:21AM  
**Muruqa:** Clear **Sunset:** 4:59PM  
**Nataraja:** Clear  
Moon - White

Subhakit 5124  
Moon 11 - Phase 29 - 1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga  
Until 10:29PM  
Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 207

Vrishabha Rasi: 13.47 Tithi 17 - 18

732276574

**Gulika** 9:46AM - 10:58AM  
**Yama** 7:22AM - 8:34AM  
**Rahu** 1:22PM - 2:34PM

**Rohini** **Until 12:39AM Fri**  
Parigha\* **Until 4:42PM**  
Vanija **Until 2:56AM Fri**  
**Dvitiya Until 2:06PM**

**Ganesha:** Red **Sunrise:** 7:22AM  
**Muruqa:** Clear **Sunset:** 4:57PM  
**Nataraja:** Clear  
Moon - Yellow

Subhakit 5124  
Moon 11 - Phase 29 - 1st Phase

**Devaloka Day**

Routine Work Marana Yoga  
Until 12:39AM Fri  
Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Winterthur, Switzerland  
Sun 2 Sutra 208

Vrishabha Rasi: 26.02 Tithi 18 - 19

732276574

**Gulika** 8:35AM - 9:47AM  
**Yama** 2:33PM - 3:45PM  
**Rahu** 10:58AM - 12:10PM

**Mrigashira** **Until 3:05AM Sat**  
Shiva **Until 5:00PM**  
Bava **Until 4:55AM Sat**  
**Tritiya Until 3:51PM**

**Ganesha:** Red **Sunrise:** 7:24AM  
**Muruqa:** Clear **Sunset:** 4:56PM  
**Nataraja:** Clear  
Moon - Yellow

Subhakit 5124  
Moon 11 - Phase 29 - 2 1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava Karana Chaturthayam Titau

Winterthur, Switzerland  
Sun 3 Sutra 209

Mithuna Rasi: 8.07 Tithi 19

732276574

**Gulika** 7:25AM - 8:37AM  
**Yama** 1:21PM - 2:32PM  
**Rahu** 9:48AM - 10:59AM

**Ardra** **Until 5:39AM Sun**  
Siddha **Until 5:34PM**  
Balava **Until 6:00PM**  
**Chaturthi\* Until 6:00PM**

**Ganesha:** Red **Sunrise:** 7:25AM  
**Muruqa:** Clear **Sunset:** 4:55PM  
**Nataraja:** Clear  
Moon - Yellow

Subhakit 5124  
Moon 11 - Phase 29 - 3 1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 210

Mithuna Rasi: 20.04 Tithi 20

742276574

**Gulika** 2:32PM - 3:43PM  
**Yama** 12:10PM - 1:21PM  
**Rahu** 3:43PM - 4:54PM

**Punarvasu** **Until 8:45AM Mon**  
Sadhya **Until 6:19PM**  
Kaulava **Until 7:12AM**  
**Panchami Until 8:24PM**

**Ganesha:** Green **Sunrise:** 7:27AM  
**Muruqa:** Clear **Sunset:** 4:54PM  
**Nataraja:** Clear  
Moon - Blue

Subhakit 5124  
Moon 11 - Phase 29 - 4 1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthayam Titau

Winterthur, Switzerland  
Sun 5 Sutra 211

Kataka Rasi: 1.58 Tithi 21

742376574

**Gulika** 1:21PM - 2:31PM  
**Yama** 11:00AM - 12:10PM  
**Rahu** 8:39AM - 9:49AM

**Punarvasu** **Until 8:45AM**  
Subha **Until 7:11PM**  
Gara **Until 9:41AM**  
**Shashthi\* Until 10:54PM**

**Ganesha:** White **Sunrise:** 7:28AM  
**Muruqa:** Clear **Sunset:** 4:52PM  
**Nataraja:** Clear  
Moon - Blue

Subhakit 5124  
Moon 11 - Phase 29 - 5 1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga  
Until 8:45AM  
Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 212

Kataka Rasi: 13.5 Tithi 22

743376574

**Gulika** 12:11PM - 1:21PM  
**Yama** 9:50AM - 11:00AM  
**Rahu** 2:31PM - 3:41PM

**Pushya** **Until 11:40AM**  
Sukla **Until 7:57PM**  
Visti **Until 12:09PM**  
**Saptami Until 1:18AM Wed**

**Ganesha:** Green **Sunrise:** 7:30AM  
**Muruqa:** Clear **Sunset:** 4:51PM  
**Nataraja:** Clear  
Moon - Blue

Subhakit 5124  
Moon 11 - Phase 29 - 6 1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 213

Kataka Rasi: 25.47 Tithi 23

743376574

**Gulika** 11:01AM - 12:11PM  
**Yama** 8:41AM - 9:51AM  
**Rahu** 12:11PM - 1:21PM

**Ashlesha\* Until 2:15PM**  
Brahma **Until 8:33PM**  
Balava **Until 2:26PM**  
**Ashtami\* Until 3:24AM Thu**

**Ganesha:** Green **Sunrise:** 7:31AM  
**Muruqa:** Clear **Sunset:** 4:50PM  
**Nataraja:** Clear  
Moon - Blue

Subhakit 5124  
Moon 11 - Phase 29 - 7 Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 8 Sutra 214

Simha Rasi: 7.5 Tithi 24

753376575

**Gulika** 9:52AM - 11:01AM  
**Yama** 7:33AM - 8:42AM  
**Rahu** 1:20PM - 2:30PM

**Magha\* Until 4:47PM**  
Indra **Until 8:49PM**  
Taitila **Until 4:19PM**  
**Navami\* Until 5:01AM Fri**

**Ganesha:** Orange **Sunrise:** 7:33AM  
**Muruqa:** Clear **Sunset:** 4:49PM  
**Nataraja:** Purple  
Moon - Red

Subhakit 5124  
Moon 11 - Phase 29 - 8 Navami

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 4:47PM  
Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 215 Subhakarit 5124	
Simha Rasi: 20.07	Tithi 25	<b>Gulika</b> 8:43AM – 9:53AM	<b>Purvaphalguni</b> Until 6:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:34AM		
		Yama 2:30PM – 3:39PM	Vaidhrili* Until 8:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 30 - 9	
		753376575 <b>Rahu</b> 11:02AM – 12:11PM	Vanija Until 5:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:00AM Sat	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau		Winterthur, Switzerland Sun 10 Sutra 216 Subhakarit 5124	
Kanya Rasi: 2.4	Tithi 25 – 26	<b>Gulika</b> 7:36AM – 8:45AM	<b>Uttaraphalguni</b> Until 7:34PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:36AM		
		Yama 1:20PM – 2:29PM	Vishkambha* Until 7:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 30 - 10	
		753376575 <b>Rahu</b> 9:53AM – 11:02AM	Bava Until 6:13PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 6:00AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Winterthur, Switzerland Sun 11 Sutra 217 Subhakarit 5124	
Kanya Rasi: 15.33	Tithi 26 – 27	<b>Gulika</b> 2:29PM – 3:37PM	<b>Hasta</b> Until 8:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:37AM		
		Yama 12:12PM – 1:20PM	Priti Until 6:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 30 - 11	
		753376575 <b>Rahu</b> 3:37PM – 4:46PM	Kaulava Until 6:03PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 6:13AM	Moon – Green		<b>Devaloka Day</b>	
Until 8:07PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 218 Subhakarit 5124	
Kanya Rasi: 28.51	Tithi 28	<b>Gulika</b> 1:20PM – 2:28PM	<b>Chitra</b> Until 7:45PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:38AM		
<b>Family Home Evening</b>		Yama 11:03AM – 12:12PM	Ayushman Until 4:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 30 - 12	
Routine Work	Prabalarishta Yoga	753376575 <b>Rahu</b> 8:47AM – 9:55AM	Gara Until 5:07PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 7:45PM			<b>Trayodashi*</b> Until 4:22AM Tue	Moon – Green		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai			

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 13 Sutra 219 Subhakarit 5124	
Tula Rasi: 12.34	Tithi 29	<b>Gulika</b> 12:12PM – 1:20PM	<b>Svati</b> Until 6:34PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:40AM		
		Yama 9:56AM – 11:04AM	Saubhagya Until 2:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 30 - 13	
		753376575 <b>Rahu</b> 2:28PM – 3:36PM	Visti Until 3:30PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:26AM Wed	Moon – Green		<b>Devaloka Day</b>	
Until 6:34PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

		<b>Wednesday, November 23, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Winterthur, Switzerland Sun 14 Sutra 220 Subhakarit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 11:05AM – 12:12PM	<b>Vishakha</b> Until 5:07PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:41AM		
Tula Rasi: 26.4	Tithi 30	Yama 8:49AM – 9:57AM	Sobhana Until 11:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 30 - 14	
		773376575 <b>Rahu</b> 12:12PM – 1:20PM	Catuspada Until 1:16PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 11:58PM	Moon – Orange		<b>Devaloka Day</b>	
				Karttika-Karttikai			

<b>Thursday, November 24, 2022</b>		<b>Retreat Star</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 15 Sutra 221 Subhakarit 5124	
Vrischika Rasi: 11.07	Tithi 1	<b>Gulika</b> 9:58AM – 11:05AM	<b>Anuradha</b> Until 3:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:43AM		
		Yama 7:43AM – 8:50AM	Athiganda* Until 7:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 30 - 15	
		773376575 <b>Rahu</b> 1:20PM – 2:28PM	Kintughna Until 10:36AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 9:08PM	Moon – Orange		<b>Devaloka Day</b>	
Until 3:06PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 222 Subhakrit 5124
	Vrischika Rasi: 25.47	Tiithi 2	773376575	Gulika Yama Rahu	8:51AM – 9:58AM 2:27PM – 3:35PM 11:06AM – 12:13PM	Jyeshtha* Dhriti Balava Dvitiya	Until 12:41PM Until 12:41PM Until 6:05PM
	Routine Work Marana Yoga						Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange
	Then Creative Work - Amrita Yoga						Sunrise: 7:44AM Sunset: 4:42PM Moon 11 - Phase 31 - 16 3rd Phase <b>Devaloka Day</b>

2	<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 17 Sutra 223 Subhakrit 5124
	Dhanus Rasi: 10.35	Tiithi 3 – 4	783376575	Gulika Yama Rahu	7:45AM – 8:52AM 1:20PM – 2:27PM 9:59AM – 11:06AM	Mula* Shula* Vanija Tritiya	Until 10:26AM Until 8:41PM Until 1:26AM Sun Until 2:57PM
	Creative Work Siddha Yoga						Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue
							Sunrise: 7:45AM Sunset: 4:41PM Moon 11 - Phase 31 - 17 3rd Phase <b>Devaloka Day</b>

3	<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 224 Subhakrit 5124
	Dhanus Rasi: 25.22	Tiithi 4 – 5	783376575	Gulika Yama Rahu	2:27PM – 3:34PM 12:14PM – 1:20PM 3:34PM – 4:40PM	Purvashadha* Ganda* Bava Chaturthi	Until 8:06AM Until 5:00PM Until 10:29PM Until 11:55AM
	Creative Work Siddha Yoga						Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue
	Then Creative Work - Amrita Yoga						Sunrise: 7:47AM Sunset: 4:40PM Moon 11 - Phase 31 - 18 3rd Phase <b>Devaloka Day</b>

4	<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 225 Subhakrit 5124
	Makara Rasi: 10.01	Tiithi 5 – 6	793376575	Gulika Yama Rahu	1:20PM – 2:27PM 11:07AM – 12:14PM 8:54AM – 10:01AM	Shravana Vridhi Kaulava Panchami	Until 4:06AM Tue Until 1:32PM Until 7:47PM Until 9:04AM
	Family Home Evening						Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Purple
	Creative Work Amrita Yoga						Sunrise: 7:48AM Sunset: 4:40PM Moon 11 - Phase 31 - 19 3rd Phase <b>Sivaloka Day</b>

5	<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Vanija Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 226 Subhakrit 5124
	Makara Rasi: 24.27	Tiithi 6 – 7	793376575	Gulika Yama Rahu	12:14PM – 1:21PM 10:02AM – 11:08AM 2:27PM – 3:33PM	Dhanishtha Dhruva Vanija Shashthi	Until 2:39AM Wed Until 10:20AM Until 4:28AM Wed Until 6:34AM
	Creative Work Siddha Yoga						Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Purple
							Sunrise: 7:49AM Sunset: 4:39PM Moon 11 - Phase 31 - 20 3rd Phase <b>Sivaloka Day</b>

D	<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 227 Subhakrit 5124
	<b>Retreat Star</b>						Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Purple
	Kumbha Rasi: 8.37	Tiithi 8	794376575	Gulika Yama Rahu	11:09AM – 12:15PM 8:57AM – 10:03AM 12:15PM – 1:21PM	Shatabhishak Vyaghata* Visti Ashtami	Until 1:32AM Thu Until 7:29AM Until 3:37PM Until 2:51AM Thu
	Creative Work Siddha Yoga						Sunrise: 7:51AM Sunset: 4:39PM Moon 11 - Phase 31 - 21 Ashtami <b>Sivaloka Day</b>

D	<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 228 Subhakrit 5124
	<b>Retreat Star</b>						Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Clear
	Kumbha Rasi: 22.28	Tiithi 9	714376575	Gulika Yama Rahu	10:03AM – 11:09AM 7:52AM – 8:58AM 1:21PM – 2:27PM	Purvaproshtapada* Vajra* Balava Navami	Until 1:12AM Fri Until 2:57AM Fri Until 2:15PM Until 1:45AM Fri
	Creative Work Siddha Yoga						Sunrise: 7:52AM Sunset: 4:38PM Moon 11 - Phase 31 - 22 Navami <b>Sivaloka Day</b>

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Winterthur, Switzerland Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 6	Tithi 10	<b>Gulika</b> 8:59AM – 10:04AM	<b>Uttaraproshtapada</b> Until 1:14AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:53AM		
		Yama 2:27PM – 3:32PM	Siddhi Until 1:18AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 32 - 23	
	714376575	<b>Rahu</b> 11:10AM – 12:15PM	Taitila Until 1:25PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:10AM Sat	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:14AM Sat				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Winterthur, Switzerland Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 19.16	Tithi 11	<b>Gulika</b> 7:54AM – 9:00AM	<b>Revati</b> Until 1:37AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:54AM		
		Yama 1:21PM – 2:27PM	Vyatipata* Until 12:04AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 32 - 24	
	714376575	<b>Rahu</b> 10:05AM – 11:10AM	Vanija Until 1:05PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 1:06AM Sun	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:37AM Sun				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau			Winterthur, Switzerland Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 2.16	Tithi 12	<b>Gulika</b> 2:27PM – 3:32PM	<b>Ashvini</b> Until 2:45AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:55AM		
		Yama 12:16PM – 1:21PM	Varyan Until 11:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 32 - 25	
	724376575	<b>Rahu</b> 3:32PM – 4:37PM	Bava Until 1:15PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvodashi</b> Until 1:30AM Mon	Moon – White		<b>Devaloka Day</b>	
				Margasira-Karttikai			

<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Winterthur, Switzerland Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 15.02	Tithi 13	<b>Gulika</b> 1:22PM – 2:27PM	<b>Bharani</b> Until 4:09AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:57AM		
Family Home Evening		Yama 11:12AM – 12:17PM	Parigha* Until 10:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 32 - 26	
	724376575	<b>Rahu</b> 9:02AM – 10:07AM	Kaulava Until 1:53PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:20AM Tue	Moon – White		<b>Devaloka Day</b>	
				Margasira-Karttikai			

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			Winterthur, Switzerland Sun 27 Sutra 233 Subhakrit 5124
Mesha Rasi: 27.37	Tithi 14	<b>Gulika</b> 12:17PM – 1:22PM	<b>Krittika</b> Until 5:47AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:58AM		
		Yama 10:07AM – 11:12AM	Shiva Until 10:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 32 - 27	
	724376575	<b>Rahu</b> 2:27PM – 3:32PM	Gara Until 2:56PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:35AM Wed	Moon – White		<b>Devaloka Day</b>	
		<b>Krittika Deepam</b>		Margasira-Karttikai			

<b>○</b>		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau			Winterthur, Switzerland Sutra 234 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:13AM – 12:17PM	<b>Rohini</b> Until 8:05AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:59AM		
Vrishabha Rasi: 10.01	Tithi 15	Yama 9:03AM – 10:08AM	Siddha Until 10:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 32 -	
	734376575	<b>Rahu</b> 12:17PM – 1:22PM	Visti Until 4:22PM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 5:12AM Thu	Moon – Yellow		<b>Sivaloka Day</b>	
Until 8:05AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava Karana Prathamayam Titau			Winterthur, Switzerland Sutra 235 Subhakrit 5124	
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:09AM – 11:13AM	<b>Rohini</b> Until 8:05AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:00AM	
Vrishabha Rasi: 22.16	Tithi 16	Yama 8:00AM – 9:04AM	Sadhya Until 10:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 32 -
	734376575	<b>Rahu</b> 1:22PM – 2:27PM	Balava Until 6:10PM	<b>Nataraja:</b> Purple		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 7:09AM Fri	Moon – Yellow		<b>Sivaloka Day</b>
				Margasira-Karttikai		
		<b>Vinayaga Viratam Begins</b>				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland

Sutra 236

Mithuna Rasi: 4.23 Tithi 16 – 17

734476575

Gulika 9:05AM – 10:10AM  
Yama 2:27PM – 3:32PM  
Rahu 11:14AM – 12:18PMMrigashira Until 10:32AM  
Subha Until 11:14PM  
Taitila Until 8:15PM  
Prathama\* Until 7:09AMGanesha: Red Sunrise: 8:01AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Yellow  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 -  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 237

Mithuna Rasi: 16.23 Tithi 17 – 18

734476575

Gulika 8:02AM – 9:06AM  
Yama 1:23PM – 2:27PM  
Rahu 10:10AM – 11:15AMArdra Until 1:03PM  
Sukla Until 11:54PM  
Vanija Until 10:35PM  
Dvitiya Until 9:22AMGanesha: Red Sunrise: 8:02AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Yellow  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 - 1  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Winterthur, Switzerland

Sun 2 Sutra 238

Mithuna Rasi: 28.19 Tithi 18 – 19

744476575

Gulika 2:28PM – 3:32PM  
Yama 12:19PM – 1:23PM  
Rahu 3:32PM – 4:36PMPunarvasu Until 4:06PM  
Brahma Until 12:42AM Mon  
Bava Until 1:04AM Mon  
Tritiya Until 11:47AMGanesha: Green Sunrise: 8:03AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Blue  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 - 2  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 239

Kataka Rasi: 10.12 Tithi 19 – 20

745476575

Gulika 1:24PM – 2:28PM  
Yama 11:16AM – 12:20PM  
Rahu 9:08AM – 10:12AMPushya Until 7:03PM  
Indra Until 1:33AM Tue  
Kaulava Until 3:36AM Tue  
Chaturthi\* Until 2:19PMGanesha: White Sunrise: 8:04AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Blue  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 - 3  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland

Sun 4 Sutra 240

Kataka Rasi: 22.04 Tithi 20 – 21

745476575

Gulika 12:20PM – 1:24PM  
Yama 10:12AM – 11:16AM  
Rahu 2:28PM – 3:32PMAshlesha\* Until 9:48PM  
Vaidhriti\* Until 2:19AM Wed  
Gara Until 6:03AM Wed  
Panchami Until 4:49PMGanesha: White Sunrise: 8:05AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Blue  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 - 4  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland

Sun 5 Sutra 241

Simha Rasi: 3.59 Tithi 21

755476575

Gulika 11:17AM – 12:21PM  
Yama 9:09AM – 10:13AM  
Rahu 12:21PM – 1:25PMMagha\* Until 12:42AM Thu  
Vishkambha\* Until 2:55AM Thu  
Gara Until 6:03AM  
Shashthi\* Until 7:10PMGanesha: Clear Sunrise: 8:05AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Red  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 - 5  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 242

Simha Rasi: 15.59 Tithi 22

755476575

Gulika 10:14AM – 11:17AM  
Yama 8:06AM – 9:10AM  
Rahu 1:25PM – 2:29PMPurvaphalguni Until 3:02AM Fri  
Priti Until 3:13AM Fri  
Visti Until 8:14AM  
Saptami Until 9:08PMGanesha: Clear Sunrise: 8:06AM  
Muruqa: Clear Sunset: 4:36PM  
Nataraja: Purple  
Moon – Red  
Margasira-KarttikaiSubhakrit 5124  
Moon 12 - Phase 33 - 6  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 243

Simha Rasi: 28.1 Tithi 23

855476575

Gulika 9:11AM – 10:14AM  
Yama 2:29PM – 3:33PM  
Rahu 11:18AM – 12:22PMUttaraphalguni Until 4:38AM Sat  
Ayushman Until 3:02AM Sat  
Balava Until 9:57AM  
Ashtami\* Until 10:33PMGanesha: White Sunrise: 8:07AM  
Muruqa: Clear Sunset: 4:37PM  
Nataraja: Purple  
Moon – Red  
Margasira-MarkaliSubhakrit 5124  
Moon 12 - Phase 33 - 7  
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 4:38AM Sat  
Then Routine Work - Marana Yoga

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 8 Sutra 244

Kanya Rasi: 10.37 Tithi 24

865476575

Gulika 8:08AM – 9:11AM  
Yama 1:26PM – 2:29PM  
Rahu 10:15AM – 11:19AMHasta Until 5:49AM Sun  
Saubhagya Until 2:17AM Sun  
Taitila Until 11:01AM  
Navami\* Until 11:14PMGanesha: Clear Sunrise: 8:08AM  
Muruqa: Clear Sunset: 4:37PM  
Nataraja: Purple  
Moon – Green  
Margasira-MarkaliSubhakrit 5124  
Moon 12 - Phase 33 - 8  
Navami

Sivaloka Day

Routine Work Marana Yoga

Until 5:49AM Sun  
Then Creative Work - Siddha Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

nes are standard time. Calculated for Winterthur, Switzerland on 5

www.gurudeva.org/panchang

<b>1 Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 23.25	Tithi 25	<b>Gulika</b> 2:30PM – 3:33PM	<b>Chitra</b> <b>Until 6:01AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 8:08AM</i>
		Yama 12:23PM – 1:26PM	Sobhana Until 12:54AM Mon	<b>Muruqa:</b> Clear <i>Sunset: 4:37PM</i> Moon 12 - Phase 34 - 9
	865476575	<b>Rahu</b> 3:33PM – 4:37PM	Vanija Until 11:17AM	<b>Nataraja:</b> Purple Moon – Green <b>Sivaloka Day</b>
Creative Work Siddha Yoga			<b>Dashami</b> <b>Until 11:05PM</b>	<b>Margasira*Markali</b>
Until 6:01AM Mon				
Then Creative Work - Amrita Yoga				

<b>2 Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 6.38	Tithi 26	<b>Gulika</b> 1:27PM – 2:30PM	<b>Chitra</b> <b>Until 6:01AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 8:09AM</i>
<b>Family Home Evening</b>		Yama 11:20AM – 12:23PM	Athiganda* Until 10:49PM	<b>Muruqa:</b> Clear <i>Sunset: 4:37PM</i> Moon 12 - Phase 34 - 10
Routine Work Prabalarishta Yoga	865476575	<b>Rahu</b> 9:13AM – 10:16AM	Bava Until 10:42AM	<b>Nataraja:</b> Purple Moon – Green <b>Sivaloka Day</b>
Until 6:01AM			<b>Ekadashi*</b> <b>Until 10:04PM</b>	<b>Margasira*Markali</b>
Then Creative Work - Amrita Yoga				

<b>3 Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 20.2	Tithi 27	<b>Gulika</b> 12:24PM – 1:27PM	<b>Vishakha</b> <b>Until 4:01AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 8:10AM</i>
		Yama 10:17AM – 11:20AM	Sukarma Until 8:07PM	<b>Muruqa:</b> Clear <i>Sunset: 4:38PM</i> Moon 12 - Phase 34 - 11
Routine Work Marana Yoga	875476575	<b>Rahu</b> 2:31PM – 3:34PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b>
Until 4:01AM Wed			<b>Dvodashi*</b> <b>Until 8:15PM</b>	<b>Margasira*Markali</b>
Then Creative Work - Siddha Yoga				

<b>4 Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 4.31	Tithi 28 – 29	<b>Gulika</b> 11:21AM – 12:24PM	<b>Anuradha</b> <b>Until 2:00AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 8:10AM</i>
		Yama 9:14AM – 10:17AM	Dhriti Until 4:52PM	<b>Muruqa:</b> Clear <i>Sunset: 4:38PM</i> Moon 12 - Phase 34 - 12
Creative Work Siddha Yoga	876476575	<b>Rahu</b> 12:24PM – 1:28PM	Gara Until 7:06AM	<b>Nataraja:</b> Purple Moon – Orange <b>Sivaloka Day</b>
Until 2:00AM Thu		<b>Day 1 of Pancha Ganapati</b>	<b>Trayodashi*</b> <b>Until 5:45PM</b>	<b>Margasira*Markali</b>
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>	

<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 249 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 10:18AM – 11:21AM	<b>Jyeshtha*</b> <b>Until 11:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 8:11AM</i>
Vrischika Rasi: 19.07	Tithi 29 – 30	Yama 8:11AM – 9:14AM	Shula* Until 1:09PM	<b>Muruqa:</b> Clear <i>Sunset: 4:39PM</i> Moon 12 - Phase 34 - 13
Routine Work Prabalarishta Yoga	876476575	<b>Rahu</b> 1:28PM – 2:32PM	Catuspada Until 1:02AM Fri	<b>Nataraja:</b> Purple Moon – Orange <b>Sivaloka Day</b>
Until 11:22PM		<b>Day 2 of Pancha Ganapati</b>	<b>Chaturdashi*</b> <b>Until 2:42PM</b>	<b>Margasira*Markali</b>
Then Creative Work - Siddha Yoga				

<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhdhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 250 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 9:15AM – 10:18AM	<b>Mula*</b> <b>Until 8:42PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 8:11AM</i>
Dhanus Rasi: 4.04	Tithi 30 – 1	Yama 2:32PM – 3:36PM	Ganda* Until 9:08AM	<b>Muruqa:</b> Clear <i>Sunset: 4:39PM</i> Moon 12 - Phase 34 - 14
Creative Work Amrita Yoga	886476575	<b>Rahu</b> 11:22AM – 12:25PM	Kintughna Until 9:29PM	<b>Nataraja:</b> Purple Moon – Light Blue <b>Sivaloka Day</b>
Until 8:42PM		<b>Day 3 of Pancha Ganapati</b>	<b>Amavasya*</b> <b>Until 11:16AM</b>	<b>Pausha*Markali</b>
Then Routine Work - Prabalarishta Yoga				

<b>1</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 19.12	Tithi 1 – 2	886486575	<b>Gulika</b> 8:12AM – 9:15AM <b>Yama</b> 1:29PM – 2:33PM <b>Rahu</b> 10:19AM – 11:22AM	<b>Purvashadha* Until 5:46PM</b> Dhruva Until 12:40AM Sun Kaulava Until 3:58AM Sun <b>Prathama* Until 7:38AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 4:40PM	Moon 12 - Phase 35 - 15 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 5:46PM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
<b>2</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 4.23	Tithi 3	886486575	<b>Gulika</b> 2:33PM – 3:37PM <b>Yama</b> 12:26PM – 1:30PM <b>Rahu</b> 3:37PM – 4:41PM	<b>Uttarashadha Until 2:46PM</b> Vyaghata* Until 8:30PM Taitila Until 2:11PM <b>Tritiya Until 12:26AM Mon</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 4:41PM	Moon 12 - Phase 35 - 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati					
<b>3</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 19.26	Tithi 4	896486576	<b>Gulika</b> 1:30PM – 2:34PM <b>Yama</b> 11:23AM – 12:27PM <b>Rahu</b> 9:16AM – 10:20AM	<b>Shravana Until 12:15PM</b> Harshana Until 4:35PM Vanija Until 10:48AM <b>Chaturthi* Until 9:13PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 4:41PM	Moon 12 - Phase 35 - 17 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 12:15PM Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 4.14	Tithi 5	896486576	<b>Gulika</b> 12:27PM – 1:31PM <b>Yama</b> 10:20AM – 11:24AM <b>Rahu</b> 2:35PM – 3:38PM	<b>Dhanishtha Until 10:00AM</b> Vajra* Until 12:58PM Bava Until 7:47AM <b>Panchami Until 6:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:13AM <b>Sunset:</b> 4:42PM	Moon 12 - Phase 35 - 18 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 10:00AM Then Routine Work - Marana Yoga							
<b>5</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 18.38	Tithi 6 – 7	896486576	<b>Gulika</b> 11:24AM – 12:28PM <b>Yama</b> 9:17AM – 10:20AM <b>Rahu</b> 12:28PM – 1:32PM	<b>Shatabhishak Until 8:08AM</b> Siddhi Until 9:50AM Gara Until 3:27AM Thu <b>Shashthi* Until 4:16PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:13AM <b>Sunset:</b> 4:43PM	Moon 12 - Phase 35 - 19 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:08AM Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					
<b>Retreat Star</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 2.38	Tithi 7 – 8	817486576	<b>Gulika</b> 10:21AM – 11:24AM <b>Yama</b> 8:13AM – 9:17AM <b>Rahu</b> 1:32PM – 2:36PM	<b>Purvaproshtapada* Until 7:12AM</b> Vyatipata* Until 7:14AM Visti Until 2:20AM Fri <b>Saptami Until 2:47PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:13AM <b>Sunset:</b> 4:44PM	Moon 12 - Phase 35 - 20 Ashtami <b>Devaloka Day</b>
Creative Work Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashlami/Navamyam Titau		Winterthur, Switzerland Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 16.11	Tithi 8 – 9	817486576	<b>Gulika</b> 9:17AM – 10:21AM <b>Yama</b> 2:37PM – 3:40PM <b>Rahu</b> 11:25AM – 12:29PM	<b>Uttaraproshtapada Until 6:51AM</b> Parigha* Until 3:44AM Sat Balava Until 1:57AM Sat <b>Ashtami* Until 2:02PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:13AM <b>Sunset:</b> 4:44PM	Moon 12 - Phase 35 - 21 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>1</b>		<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manla Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 22 Sutra 258 Subhakrit 5124		
Meena Rasi: 29.2	Tithi 9 – 10	<b>Gulika</b> 8:13AM – 9:17AM	<b>Revati Until 7:04AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 36 - 22 4th Phase
Routine Work	Prabalarishta Yoga	Yama 1:33PM – 2:37PM	Shiva Until 2:51AM Sun	<b>Nataraja:</b> Clear		Moon – Clear		<b>Devaloka Day</b>
Until 7:04AM		817486576 <b>Rahu</b> 10:21AM – 11:25AM	Taitila Until 2:17AM Sun	Moon – Clear				
Then Creative Work - Siddha Yoga			<b>Navami* Until 2:01PM</b>			<b>Pausha-Markali</b>		

<b>2</b>		<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 23 Sutra 259 Subhakrit 5124		
Mesha Rasi: 12.08	Tithi 10 – 11	<b>Gulika</b> 2:38PM – 3:42PM	<b>Ashvini Until 8:16AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 36 - 23 4th Phase
Creative Work	Siddha Yoga	Yama 12:30PM – 1:34PM	Siddha Until 2:24AM Mon	<b>Nataraja:</b> Clear		Moon – White		<b>Sivaloka Day</b>
Until 8:16AM		827486576 <b>Rahu</b> 3:42PM – 4:46PM	Vanija Until 3:16AM Mon	Moon – White				
Then Routine Work - Prabalarishta Yoga		<b>Vaikuntha Ekadasi</b>	<b>Dashami Until 2:41PM</b>			<b>Pausha-Markali</b>		

<b>3</b>		<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 260 Subhakrit 5124		
Mesha Rasi: 24.39	Tithi 11 – 12	<b>Gulika</b> 1:34PM – 2:39PM	<b>Bharani Until 9:53AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 36 - 24 4th Phase
<b>Family Home Evening</b>		Yama 11:26AM – 12:30PM	Sadhya Until 2:22AM Tue	<b>Nataraja:</b> Clear		Moon – White		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga	827486576 <b>Rahu</b> 9:18AM – 10:22AM	Bava Until 4:44AM Tue	Moon – White				
Until 9:53AM			<b>Ekadashi Until 3:55PM</b>			<b>Pausha-Markali</b>		
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 25 Sutra 261 Subhakrit 5124		
Vrishabha Rasi: 6.58	Tithi 12 – 13	<b>Gulika</b> 12:31PM – 1:35PM	<b>Krittika Until 11:47AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 36 - 25 4th Phase
Creative Work	Siddha Yoga	Yama 10:22AM – 11:26AM	Subha Until 2:38AM Wed	<b>Nataraja:</b> Clear		Moon – White		<b>Subha Sivaloka Day</b>
Until 11:47AM		827586576 <b>Rahu</b> 2:39PM – 3:44PM	Kaulava Until 6:35AM Wed	Moon – White				
Then Creative Work - Amrita Yoga			<b>Dvadashi Until 5:36PM</b>			<b>Pausha-Markali</b>		
			<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 262 Subhakrit 5124		
Vrishabha Rasi: 19.07	Tithi 13	<b>Gulika</b> 11:27AM – 12:31PM	<b>Rohini Until 2:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 36 - 26 4th Phase
Creative Work	Siddha Yoga	Yama 9:18AM – 10:22AM	Sukla Until 3:05AM Thu	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Devaloka Day</b>
		838586576 <b>Rahu</b> 12:31PM – 1:36PM	Kaulava Until 6:35AM	Moon – Yellow				
			<b>Trayodashi Until 7:36PM</b>			<b>Pausha-Markali</b>		

<b>6</b>		<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 263 Subhakrit 5124		
Mithuna Rasi: 1.1	Tithi 14	<b>Gulika</b> 10:22AM – 11:27AM	<b>Mrigashira Until 4:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 36 - 27 4th Phase
Routine Work	Marana Yoga	Yama 8:13AM – 9:18AM	Brahma Until 3:42AM Fri	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Devaloka Day</b>
		838586576 <b>Rahu</b> 1:36PM – 2:41PM	Gara Until 8:43AM	Moon – Yellow				
		<b>Subramuniyaswami Jayanti</b>	<b>Chaturdashi* Until 9:50PM</b>			<b>Pausha-Markali</b>		

<b>○</b>		<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Winterthur, Switzerland Sutra 264 Subhakrit 5124		
Mithuna Rasi: 13.08	Tithi 15	<b>Gulika</b> 9:18AM – 10:23AM	<b>Ardra Until 7:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 36 - Purnima
Creative Work	Siddha Yoga	Yama 2:42PM – 3:46PM	Indra Until 4:25AM Sat	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Devaloka Day</b>
		838586576 <b>Rahu</b> 11:27AM – 12:32PM	Visti Until 11:01AM	Moon – Yellow				
		<b>Ardra Darshanam</b>	<b>Purnima* Until 12:12AM Sat</b>			<b>Pausha-Markali</b>		

<b>○</b>		<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Winterthur, Switzerland Sutra 265 Subhakrit 5124		
Mithuna Rasi: 25.04	Tithi 16	<b>Gulika</b> 8:13AM – 9:18AM	<b>Punarvasu Until 10:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:13AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36 - Prathama
Creative Work	Siddha Yoga	Yama 1:38PM – 2:42PM	Vaidhriti* Until 5:10AM Sun	<b>Nataraja:</b> Clear		Moon – Blue		<b>Sivaloka Day</b>
		848586576 <b>Rahu</b> 10:23AM – 11:28AM	Balava Until 1:26PM	Moon – Blue				
			<b>Prathama* Until 2:39AM Sun</b>			<b>Pausha-Markali</b>		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 6.58      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      2:43PM – 3:48PM  
Yama      12:33PM – 1:38PM  
848586576 **Rahu**      3:48PM – 4:54PM

**Pushya** **Until 1:33AM Mon**  
Vishkambha\* **Until 5:57AM Mon**  
Taitila **Until 3:55PM**  
**Dvitiya** **Until 5:09AM Mon**

**Ganesha:** Clear      *Sunrise:* 8:12AM  
**Muruqa:** Purple      *Sunset:* 4:54PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Winterthur, Switzerland  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**Sivaloka Day**

**1**

**Monday, January 9, 2023**

Kataka Rasi: 18.52      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija Karana Tritiyayam Titau

**Gulika**      1:39PM – 2:44PM  
Yama      11:28AM – 12:33PM  
848586576 **Rahu**      9:17AM – 10:23AM

**Ashlesha\*** **Until 4:17AM Tue**  
Priti **Until 6:45AM Tue**  
Vanija **Until 6:25PM**  
**Tritiya** **Until 7:37AM Tue**

**Ganesha:** Clear      *Sunrise:* 8:12AM  
**Muruqa:** Purple      *Sunset:* 4:55PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Winterthur, Switzerland  
Sun 1      Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 0.46      Tithi 18 – 19  
Creative Work      Siddha Yoga  
Until 7:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**      12:34PM – 1:39PM  
Yama      10:23AM – 11:28AM  
858586576 **Rahu**      2:45PM – 3:50PM

**Magha\*** **Until 7:16AM Wed**  
Priti **Until 6:45AM**  
Bava **Until 8:51PM**  
**Tritiya** **Until 7:37AM**

**Ganesha:** Purple      *Sunrise:* 8:12AM  
**Muruqa:** Purple      *Sunset:* 4:56PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Winterthur, Switzerland  
Sun 2      Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 12.41      Tithi 19 – 20  
Creative Work      Siddha Yoga  
Until 7:16AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**      11:29AM – 12:34PM  
Yama      9:17AM – 10:23AM  
859586576 **Rahu**      12:34PM – 1:40PM

**Magha\*** **Until 7:16AM**  
Ayushman **Until 7:26AM**  
Kaulava **Until 11:07PM**  
**Chaturthi\*** **Until 9:59AM**

**Ganesha:** Clear      *Sunrise:* 8:11AM  
**Muruqa:** Purple      *Sunset:* 4:57PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Winterthur, Switzerland  
Sun 3      Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Sivaloka Day**

**4**

**Thursday, January 12, 2023**

Simha Rasi: 24.43      Tithi 20 – 21  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**      10:23AM – 11:29AM  
Yama      8:11AM – 9:17AM  
859586576 **Rahu**      1:41PM – 2:47PM

**Purvaphalguni** **Until 9:51AM**  
Saubhagya **Until 7:58AM**  
Gara **Until 1:03AM Fri**  
**Panchami** **Until 12:07PM**

**Ganesha:** Clear      *Sunrise:* 8:11AM  
**Muruqa:** Purple      *Sunset:* 4:58PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Winterthur, Switzerland  
Sun 4      Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Sivaloka Day**

**5**

**Friday, January 13, 2023**

Kanya Rasi: 6.52      Tithi 21 – 22  
Creative Work      Siddha Yoga  
Until 11:55AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**      9:17AM – 10:23AM  
Yama      2:47PM – 3:54PM  
859586576 **Rahu**      11:29AM – 12:35PM

**Uttaraphalguni** **Until 11:55AM**  
Sobhana **Until 8:13AM**  
Visti **Until 2:30AM Sat**  
**Shashthi\*** **Until 1:50PM**

**Ganesha:** Clear      *Sunrise:* 8:10AM  
**Muruqa:** Purple      *Sunset:* 5:00PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Winterthur, Switzerland  
Sun 5      Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Sivaloka Day**

**D**

**Saturday, January 14, 2023**  
**Retreat Star**

Kanya Rasi: 19.15      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**      8:10AM – 9:16AM  
Yama      1:42PM – 2:48PM  
869586576 **Rahu**      10:23AM – 11:29AM

**Hasta** **Until 1:46PM**  
Athiganda\* **Until 8:03AM**  
Balava **Until 3:17AM Sun**  
**Saptami** **Until 2:58PM**

**Ganesha:** White      *Sunrise:* 8:10AM  
**Muruqa:** Purple      *Sunset:* 5:01PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Winterthur, Switzerland  
Sun 6      Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
Ashtami

**Subha Sivaloka Day**

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 1.56      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**      2:49PM – 3:56PM  
Yama      12:36PM – 1:42PM  
869586576 **Rahu**      3:56PM – 5:02PM

**Chitra** **Until 2:45PM**  
Sukarma **Until 7:21AM**  
Taitila **Until 3:15AM Mon**  
**Ashtami\*** **Until 3:21PM**

**Ganesha:** White      *Sunrise:* 8:09AM  
**Muruqa:** Purple      *Sunset:* 5:02PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Winterthur, Switzerland  
Sun 7      Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Navami

**Subha Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 8 Sutra 274 Subhakrit 5124
<b>1</b>	Tula Rasi: 15.01 Tithi 24 – 25	<b>Gulika</b> 1:43PM – 2:50PM	<b>Svati</b> Until 2:46PM	<b>Ganesha:</b> White	<b>Sunrise:</b> 8:09AM	
Family Home Evening	869586576	Yama 11:29AM – 12:36PM	Dhriti Until 6:03AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:04PM	Moon 1 - Phase 38 - 8
Creative Work Amrita Yoga		<b>Rahu</b> 9:16AM – 10:22AM	Vanija Until 2:23AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 2:46PM			<b>Navami*</b> Until 2:54PM	Moon – Green		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				Pausha*Thai		

<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 275 Subhakrit 5124
<b>2</b>	Tula Rasi: 28.33 Tithi 25 – 26	<b>Gulika</b> 12:37PM – 1:44PM	<b>Vishakha</b> Until 2:15PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 8:08AM	
	879586576	Yama 10:22AM – 11:29AM	Ganda* Until 1:24AM Wed	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:05PM	Moon 1 - Phase 38 - 9
Routine Work Marana Yoga		<b>Rahu</b> 2:51PM – 3:58PM	Bava Until 12:40AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Until 2:15PM			<b>Dashami</b> Until 1:36PM	Moon – Orange		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Pausha*Thai		

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 276 Subhakrit 5124
<b>3</b>	Virschika Rasi: 12.35 Tithi 26 – 27	<b>Gulika</b> 11:29AM – 12:37PM	<b>Anuradha</b> Until 12:48PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 8:07AM	
	879586576	Yama 9:15AM – 10:22AM	Vriddhi Until 10:11PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:06PM	Moon 1 - Phase 38 - 10
Creative Work Siddha Yoga		<b>Rahu</b> 12:37PM – 1:44PM	Kaulava Until 10:13PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 11:30AM	Moon – Orange		<b>Sivaloka Day</b>
				Pausha*Thai		

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 277 Subhakrit 5124
<b>4</b>	Virschika Rasi: 27.06 Tithi 27 – 28	<b>Gulika</b> 10:22AM – 11:29AM	<b>Jyeshtha*</b> Until 10:33AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 8:06AM	
	871586576	Yama 8:06AM – 9:14AM	Dhruva Until 6:26PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:08PM	Moon 1 - Phase 38 - 11
Routine Work Prabalarishta Yoga		<b>Rahu</b> 1:45PM – 2:53PM	Gara Until 7:09PM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:33AM			<b>Dvadashi*</b> Until 8:44AM	Moon – Orange		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Pausha*Thai		
				<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 278 Subhakrit 5124
<b>5</b>	Dhanus Rasi: 12.01 Tithi 29	<b>Gulika</b> 9:14AM – 10:22AM	<b>Mula*</b> Until 8:04AM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 8:06AM	
	881586576	Yama 2:53PM – 4:01PM	Vyaghata* Until 2:20PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:09PM	Moon 1 - Phase 38 - 12
Creative Work Amrita Yoga		<b>Rahu</b> 11:30AM – 12:37PM	Visti Until 3:38PM	<b>Nataraja:</b> Clear		2nd Phase
Until 8:04AM			<b>Chaturdashi*</b> Until 1:44AM Sat	Moon – Light Blue		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				Pausha*Thai		

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 279 Subhakrit 5124
<b>Retreat Star</b>	Dhanus Rasi: 27.14 Tithi 30	<b>Gulika</b> 8:05AM – 9:13AM	<b>Uttarashadha</b> Until 1:51AM Sun	<b>Ganesha:</b> Red	<b>Sunrise:</b> 8:05AM	
	881586576	Yama 1:46PM – 2:54PM	Harshana Until 10:01AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:11PM	Moon 1 - Phase 38 - 13
Routine Work Marana Yoga		<b>Rahu</b> 10:21AM – 11:30AM	Catuspada Until 11:50AM	<b>Nataraja:</b> Clear		Amavasya
Until 1:51AM Sun			<b>Amavasya*</b> Until 9:53PM	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				Pausha*Thai		

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 280 Subhakrit 5124
<b>Retreat Star</b>	Makara Rasi: 12.34 Tithi 1	<b>Gulika</b> 2:55PM – 4:04PM	<b>Shravana</b> Until 10:53PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 8:04AM	
	891586576	Yama 12:38PM – 1:47PM	Siddhi Until 1:11AM Mon	<b>Muruqa:</b> Purple	<b>Sunset:</b> 5:12PM	Moon 1 - Phase 38 - 14
Creative Work Amrita Yoga		<b>Rahu</b> 4:04PM – 5:12PM	Kintughna Until 7:57AM	<b>Nataraja:</b> Clear		Prathama
Until 10:53PM			<b>Prathama*</b> Until 6:01PM	Moon – Purple		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Magha*Thai		

<b>1</b>	<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 27.5	Tithi 2 – 3	<b>Gulika</b> 1:47PM – 2:56PM	<b>Dhanishtha</b> Until 8:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:03AM	
	<b>Family Home Evening</b>	891586576	<b>Yama</b> 11:30AM – 12:38PM	Vyatipata* Until 9:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		<b>Rahu</b> 9:12AM – 10:21AM	Taitila Until 12:36AM Tue	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 2:19PM		<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturtham Titau				Winterthur, Switzerland Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 12.53	Tithi 3 – 4	<b>Gulika</b> 12:39PM – 1:48PM	<b>Shatabhishak</b> Until 5:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:02AM	
		891586576	<b>Yama</b> 10:20AM – 11:29AM	Variyan Until 5:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 39 - 16
	Routine Work Marana Yoga		<b>Rahu</b> 2:57PM – 4:06PM	Vanija Until 9:31PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 10:59AM		<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 27.34	Tithi 4 – 5	<b>Gulika</b> 11:29AM – 12:39PM	<b>Purvaproshtapada*</b> Until 3:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:01AM	
		911586576	<b>Yama</b> 9:10AM – 10:20AM	Parigha* Until 1:46PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39 - 17
	Creative Work Amrita Yoga		<b>Rahu</b> 12:39PM – 1:48PM	Bava Until 7:01PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 8:09AM		<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>
Until 3:38PM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 11.46	Tithi 5 – 6	<b>Gulika</b> 10:20AM – 11:29AM	<b>Uttaraproshtapada</b> Until 2:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:00AM	
		911586576	<b>Yama</b> 8:00AM – 9:10AM	Shiva Until 10:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39 - 18
	Creative Work Siddha Yoga		<b>Rahu</b> 1:49PM – 2:59PM	Taitila Until 4:40AM Fri	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 6:01AM		<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 25.29	Tithi 7	<b>Gulika</b> 9:09AM – 10:19AM	<b>Revati</b> Until 1:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM	
		911586576	<b>Yama</b> 2:59PM – 4:10PM	Siddha Until 8:48AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39 - 19
	Creative Work Siddha Yoga		<b>Rahu</b> 11:29AM – 12:39PM	Gara Until 4:20PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 4:11AM Sat		<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>
Until 1:55PM Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 286 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 7:58AM – 9:08AM	<b>Ashvini</b> Until 2:32PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:58AM	
	Mesha Rasi: 8.43	Tithi 8	<b>Yama</b> 1:50PM – 3:00PM	Sadhya Until 7:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39 - 20
		921586576	<b>Rahu</b> 10:19AM – 11:29AM	Visti Until 4:18PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> Until 4:34AM Sun		<b>Magha-Thai</b>		<b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>7</b>	<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 287 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:01PM – 4:12PM	<b>Bharani</b> Until 3:48PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:57AM	
	Mesha Rasi: 21.32	Tithi 9	<b>Yama</b> 12:40PM – 1:50PM	Subha Until 6:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39 - 21
		922686576	<b>Rahu</b> 4:12PM – 5:23PM	Balava Until 5:04PM	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 5:42AM Mon		<b>Magha-Thai</b>		<b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 3:48PM Then Creative Work - Siddha Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>Monday, January 30, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Taila Karana Dashamyam Titau		Winterthur, Switzerland Sun 22 Sutra 288 Subhakrit 5124	
<b>1</b>	Vrishabha Rasi: 3.59 Family Home Evening Routine Work Marana Yoga Until 5:35PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:51PM – 3:02PM Yama 11:29AM – 12:40PM Rahu 9:07AM – 10:18AM	<b>Krittika Until 5:35PM</b> Sukla Until 6:16AM Taitila Until 6:32PM Dashami Until 7:27AM Tue	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 7:56AM <b>Sunset:</b> 5:24PM Moon 1 - Phase 40 - 22 4th Phase <b>Sivaloka Day</b>

<b>Tuesday, January 31, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Winterthur, Switzerland Sun 23 Sutra 289 Subhakrit 5124	
<b>2</b>	Vrishabha Rasi: 16.11 Creative Work Amrita Yoga Until 8:11PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:40PM – 1:51PM Yama 10:17AM – 11:29AM Rahu 3:03PM – 4:14PM	<b>Rohini Until 8:11PM</b> Brahma Until 6:28AM Vanija Until 8:31PM Dashami Until 7:27AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:54AM <b>Sunset:</b> 5:26PM Moon 1 - Phase 40 - 23 4th Phase <b>Subha Sivaloka Day</b>

<b>Wednesday, February 1, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvashyam Titau		Winterthur, Switzerland Sun 24 Sutra 290 Subhakrit 5124	
<b>3</b>	Vrishabha Rasi: 28.14 Creative Work Siddha Yoga	<b>Gulika</b> 11:29AM – 12:40PM Yama 9:06AM – 10:17AM Rahu 12:40PM – 1:51PM	<b>Mrigashira Until 10:56PM</b> Indra Until 7:01AM Bava Until 10:50PM Ekadashi Until 9:37AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:54AM <b>Sunset:</b> 5:26PM Moon 1 - Phase 40 - 24 4th Phase <b>Subha Sivaloka Day</b>

<b>Thursday, February 2, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvashadi/Trayodashyam Titau		Winterthur, Switzerland Sun 25 Sutra 291 Subhakrit 5124	
<b>4</b>	Mithuna Rasi: 10.1 Routine Work Marana Yoga Until 1:40AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:17AM – 11:28AM Yama 7:53AM – 9:05AM Rahu 1:52PM – 3:04PM	<b>Ardra Until 1:40AM Fri</b> Vaidhriti* Until 7:43AM Kaulava Until 1:18AM Fri Dvashadi Until 12:02PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:53AM <b>Sunset:</b> 5:27PM Moon 1 - Phase 40 - 25 4th Phase <b>Subha Sivaloka Day</b>

<b>Friday, February 3, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 26 Sutra 292 Subhakrit 5124	
<b>5</b>	Mithuna Rasi: 22.03 Creative Work Siddha Yoga	<b>Gulika</b> 9:04AM – 10:16AM Yama 3:05PM – 4:17PM Rahu 11:28AM – 12:40PM	<b>Punarvasu Until 4:47AM Sat</b> Vishkambha* Until 8:32AM Gara Until 3:49AM Sat Trayodashi Until 2:32PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:52AM <b>Sunset:</b> 5:29PM Moon 1 - Phase 40 - 26 4th Phase <b>Sivaloka Day</b>

<b>Saturday, February 4, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sun 27 Sutra 293 Subhakrit 5124	
<b>6</b>	Kataka Rasi: 3.55 Creative Work Siddha Yoga	<b>Gulika</b> 7:50AM – 9:03AM Yama 1:53PM – 3:05PM Rahu 10:15AM – 11:28AM Thai Pusam	<b>Pushya Until 7:41AM Sun</b> Priti Until 9:22AM Visti Until 6:17AM Sun Chaturdashi* Until 5:02PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:50AM <b>Sunset:</b> 5:30PM Moon 1 - Phase 40 - 27 4th Phase <b>Sivaloka Day</b>

<b>Sunday, February 5, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Winterthur, Switzerland Sutra 294 Subhakrit 5124	
<b>○</b>	<b>Copper Retreat Star</b> Kataka Rasi: 15.49 Creative Work Siddha Yoga	<b>Gulika</b> 3:06PM – 4:19PM Yama 12:41PM – 1:53PM Rahu 4:19PM – 5:32PM	<b>Pushya Until 7:41AM</b> Ayushman Until 10:08AM Visti Until 6:17AM Purnima* Until 7:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:49AM <b>Sunset:</b> 5:32PM Moon 1 - Phase 40 - Purnima <b>Sivaloka Day</b>

<b>Monday, February 6, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Winterthur, Switzerland Sutra 295 Subhakrit 5124	
<b>○</b>	<b>Silver Retreat Star</b> Kataka Rasi: 27.45 Family Home Evening Creative Work Siddha Yoga Until 10:19AM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:54PM – 3:07PM Yama 11:27AM – 12:41PM Rahu 9:01AM – 10:14AM	<b>Ashlesha* Until 10:19AM</b> Saubhagya Until 10:50AM Balava Until 8:39AM Prathama* Until 9:46PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:48AM <b>Sunset:</b> 5:34PM Moon 1 - Phase 40 - Prathama <b>Sivaloka Day</b>





Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 9.44      Tithi 17

952686577

Creative Work      Siddha Yoga

**Gulika** 12:41PM – 1:54PM  
**Yama** 10:14AM – 11:27AM  
**Rahu** 3:08PM – 4:21PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Magha\* Until 1:10PM**  
Sobhana Until 11:27AM  
Taitila Until 10:54AM  
Dvitiya Until 11:55PM

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
Magha\*Thai

**Sunrise:** 7:46AM  
**Sunset:** 5:35PM

Winterthur, Switzerland  
Sun 1      Sutra 296  
Subhakrit 5124  
Moon 2 - Phase 41 - 1  
1st Phase

**Subha Sivaloka Day**

1

Wednesday, February 8, 2023

Simha Rasi: 21.47      Tithi 18

952686577

Creative Work      Amrita Yoga

**Gulika** 11:27AM – 12:41PM  
**Yama** 8:59AM – 10:13AM  
**Rahu** 12:41PM – 1:55PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Purvaphalguni Until 3:40PM**  
Athiganda\* Until 11:54AM  
Vanija Until 12:57PM  
Tritiya Until 1:52AM Thu

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
Magha\*Thai

**Sunrise:** 7:45AM  
**Sunset:** 5:37PM

Winterthur, Switzerland  
Sun 2      Sutra 297  
Subhakrit 5124  
Moon 2 - Phase 41 - 2  
1st Phase

**Subha Sivaloka Day**

2

Thursday, February 9, 2023

Kanya Rasi: 3.55      Tithi 19

952686577

Amrita Yoga

Until 5:45PM  
Then Routine Work - Marana Yoga

**Gulika** 10:12AM – 11:27AM  
**Yama** 7:43AM – 8:58AM  
**Rahu** 1:55PM – 3:10PM

**Maha Sankatahara Chaturthi**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

**Uttaraphalguni Until 5:45PM**  
Sukarma Until 12:11PM  
Bava Until 2:44PM  
Chaturthi\* Until 3:29AM Fri

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
Magha\*Thai

**Sunrise:** 7:43AM  
**Sunset:** 5:38PM

Winterthur, Switzerland  
Sun 3      Sutra 298  
Subhakrit 5124  
Moon 2 - Phase 41 - 3  
1st Phase

**Subha Sivaloka Day**

3

Friday, February 10, 2023

Kanya Rasi: 16.11      Tithi 20

962686577

Amrita Yoga

Until 7:48PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:57AM – 10:11AM  
**Yama** 3:10PM – 4:25PM  
**Rahu** 11:26AM – 12:41PM

**Hasta Until 7:48PM**  
Dhriti Until 12:13PM  
Kaulava Until 4:11PM  
Panchami Until 4:42AM Sat

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
Magha\*Thai

**Sunrise:** 7:42AM  
**Sunset:** 5:40PM

Winterthur, Switzerland  
Sun 4      Sutra 299  
Subhakrit 5124  
Moon 2 - Phase 41 - 4  
1st Phase

**Sivaloka Day**

4

Saturday, February 11, 2023

Kanya Rasi: 28.38      Tithi 21

963686577

Marana Yoga

Until 9:13PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:41AM – 8:56AM  
**Yama** 1:56PM – 3:11PM  
**Rahu** 10:11AM – 11:26AM

**Chitra Until 9:13PM**  
Shula\* Until 11:52AM  
Gara Until 5:08PM  
Shashthi\* Until 5:22AM Sun

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
Magha\*Thai

**Sunrise:** 7:41AM  
**Sunset:** 5:41PM

Winterthur, Switzerland  
Sun 5      Sutra 300  
Subhakrit 5124  
Moon 2 - Phase 41 - 5  
1st Phase

**Devaloka Day**

5

Sunday, February 12, 2023

Tula Rasi: 11.2      Tithi 22

963686577

Siddha Yoga

Until 9:52PM  
Then Routine Work - Marana Yoga

**Gulika** 3:12PM – 4:27PM  
**Yama** 12:41PM – 1:56PM  
**Rahu** 4:27PM – 5:43PM

**Svati Until 9:52PM**  
Ganda\* Until 11:06AM  
Visti Until 5:29PM  
Saptami Until 5:22AM Mon

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
Magha\*Thai

**Sunrise:** 7:39AM  
**Sunset:** 5:43PM

Winterthur, Switzerland  
Sun 6      Sutra 301  
Subhakrit 5124  
Moon 2 - Phase 41 - 6  
1st Phase

**Devaloka Day**

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 24.21      Tithi 23

973686577

Family Home Evening

Marana Yoga

Until 10:08PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:57PM – 3:13PM  
**Yama** 11:25AM – 12:41PM  
**Rahu** 8:53AM – 10:09AM

**Vishakha Until 10:08PM**  
Vridhhi Until 9:49AM  
Balava Until 5:07PM  
Ashtami\* Until 4:39AM Tue

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
Magha\*Masi

**Sunrise:** 7:37AM  
**Sunset:** 5:44PM

Winterthur, Switzerland  
Sun 7      Sutra 302  
Subhakrit 5124  
Moon 2 - Phase 41 - 7  
Ashtami

**Sivaloka Day**

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.45      Tithi 24

973686577

Siddha Yoga

Until 9:32PM  
Then Routine Work - Marana Yoga

**Gulika** 12:41PM – 1:57PM  
**Yama** 10:08AM – 11:25AM  
**Rahu** 3:13PM – 4:30PM

**Anuradha Until 9:32PM**  
Dhruva Until 7:56AM  
Taitila Until 4:02PM  
Navami\* Until 3:11AM Wed

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
Magha\*Masi

**Sunrise:** 7:36AM  
**Sunset:** 5:46PM

Winterthur, Switzerland  
Sun 8      Sutra 303  
Subhakrit 5124  
Moon 2 - Phase 41 - 8  
Navami

**Sivaloka Day**

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

nes are standard time. Calculated for Winterthur, Switzerland on 5


www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, February 15, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Winterthur, Switzerland
		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9 Sutra 304
Vrischika Rasi: 21.35	Tithi 25	<b>Gulika</b> 11:24AM – 12:41PM	<b>Jyeshtha* Until 8:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:34AM
		Yama 8:51AM – 10:08AM	Harshana Until 2:29AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:48PM
	973686577	<b>Rahu</b> 12:41PM – 1:58PM	Vanija Until 2:13PM	<b>Nataraja:</b> Orange
Creative Work Siddha Yoga			Dashami Until 1:02AM Thu	Moon – Orange
Until 8:05PM				<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Magha-Masi

<b>2</b>	<b>Thursday, February 16, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Winterthur, Switzerland
		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 305
Dhanus Rasi: 5.51	Tithi 26	<b>Gulika</b> 10:07AM – 11:24AM	<b>Mula* Until 6:18PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:33AM
		Yama 7:33AM – 8:50AM	Vajra* Until 10:59PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM
	983686577	<b>Rahu</b> 1:58PM – 3:15PM	Bava Until 11:44AM	<b>Nataraja:</b> Orange
Creative Work Siddha Yoga			Ekadashi* Until 10:16PM	Moon – Light Blue
				<b>Devaloka Day</b>
				Magha-Masi

<b>3</b>	<b>Friday, February 17, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Winterthur, Switzerland
		Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 306
Dhanus Rasi: 20.31	Tithi 27	<b>Gulika</b> 8:48AM – 10:06AM	<b>Purvashadha* Until 3:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM
		Yama 3:16PM – 4:33PM	Siddhi Until 7:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM
	983686577	<b>Rahu</b> 11:23AM – 12:41PM	Kaulava Until 8:43AM	<b>Nataraja:</b> Orange
Routine Work Prabalarishta Yoga			Dvadashi* Until 7:02PM	Moon – Light Blue
Until 3:53PM				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				Magha-Masi

<b>4</b>	<b>Saturday, February 18, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Winterthur, Switzerland
		Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 307
Makara Rasi: 5.3	Tithi 28 – 29	<b>Gulika</b> 7:29AM – 8:47AM	<b>Uttarashadha Until 12:59PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:29AM
		Yama 1:59PM – 3:16PM	Vyatipata* Until 3:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM
	983686577	<b>Rahu</b> 10:05AM – 11:23AM	Visti Until 1:40AM Sun	<b>Nataraja:</b> Orange
Routine Work Marana Yoga			Trayodashi* Until 3:29PM	Moon – Light Blue
Until 12:59PM				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Magha-Masi
				<i>Pradosha Vrata (Fasting)</i>

	<b>Sunday, February 19, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Winterthur, Switzerland
	<b>Retreat Star</b>	Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 308
Makara Rasi: 20.4	Tithi 29 – 30	<b>Gulika</b> 3:17PM – 4:35PM	<b>Shravana Until 10:11AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:28AM
		Yama 12:41PM – 1:59PM	Variyan Until 10:45AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM
	993686577	<b>Rahu</b> 4:35PM – 5:54PM	Catuspada Until 9:57PM	<b>Nataraja:</b> Orange
Creative Work Amrita Yoga			Chaturdashi* Until 11:47AM	Moon – Purple
Until 10:11AM				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				Magha-Masi

<b>Monday, February 20, 2023</b>	<b>Retreat Star</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Winterthur, Switzerland
		Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 309
Kumbha Rasi: 5.52	Tithi 30 – 1	<b>Gulika</b> 1:59PM – 3:18PM	<b>Dhanishtha Until 7:16AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:26AM
<b>Family Home Evening</b>		Yama 11:22AM – 12:41PM	Parigha* Until 6:31AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:55PM
	993686577	<b>Rahu</b> 8:45AM – 10:03AM	Kintughna Until 6:21PM	<b>Nataraja:</b> Orange
Creative Work Siddha Yoga			Amavasya* Until 8:07AM	Moon – Purple
				<b>Devaloka Day</b>
				Phalgun-Masi

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 20.54	Tithi 2	<b>Gulika</b> 12:40PM – 2:00PM	<b>Purvaproshtapada* Until 2:10AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:24AM	
			Yama 10:02AM – 11:21AM	Siddha Until 10:38PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 43 - 15 3rd Phase
		913686577 <b>Rahu</b> 3:19PM – 4:38PM	Balava Until 3:02PM	<b>Nataraja:</b> Orange			
	Routine Work	Marana Yoga		<b>Dvitiya Until 1:31AM Wed</b>	Moon – Clear	<b>Sivaloka Day</b>	
	Until 2:10AM Wed				Phalguna-Masi		
	Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Winterthur, Switzerland Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 5.39	Tithi 3	<b>Gulika</b> 11:21AM – 12:40PM	<b>Uttaraproshtapada Until 12:21AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:22AM	
			Yama 8:42AM – 10:01AM	Sadhya Until 7:16PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 43 - 16 3rd Phase
		913686577 <b>Rahu</b> 12:40PM – 2:00PM	Taitila Until 12:11PM	<b>Nataraja:</b> Orange			
	Creative Work	Siddha Yoga		<b>Tritiya Until 10:57PM</b>	Moon – Clear	<b>Sivaloka Day</b>	
					Phalguna-Masi		

<b>3</b>	<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 19.59	Tithi 4	<b>Gulika</b> 10:00AM – 11:20AM	<b>Revati Until 11:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:21AM	
			Yama 7:21AM – 8:41AM	Subha Until 4:27PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 43 - 17 3rd Phase
		913786577 <b>Rahu</b> 2:00PM – 3:20PM	Vanija Until 9:57AM	<b>Nataraja:</b> Orange			
	Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:05PM</b>	Moon – Clear	<b>Subha Sivaloka Day</b>	
	Until 11:05PM				Phalguna-Masi		
	Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day					

<b>4</b>	<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 3.51	Tithi 5	<b>Gulika</b> 8:39AM – 10:00AM	<b>Ashvini Until 10:55PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:19AM	
			Yama 3:21PM – 4:41PM	Sukla Until 2:15PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 43 - 18 3rd Phase
		923786577 <b>Rahu</b> 11:20AM – 12:40PM	Bava Until 8:28AM	<b>Nataraja:</b> Orange			
	Creative Work	Amrita Yoga		<b>Panchami Until 8:02PM</b>	Moon – White	<b>Sivaloka Day</b>	
	Until 10:55PM				Phalguna-Masi		
	Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 17.13	Tithi 6	<b>Gulika</b> 7:17AM – 8:38AM	<b>Bharani Until 11:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:17AM	
			Yama 2:01PM – 3:21PM	Brahma Until 12:44PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 43 - 19 3rd Phase
		923786577 <b>Rahu</b> 9:59AM – 11:19AM	Kaulava Until 7:51AM	<b>Nataraja:</b> Orange			
	Creative Work	Siddha Yoga		<b>Shashthi* Until 7:50PM</b>	Moon – White	<b>Sivaloka Day</b>	
	Until 11:27PM				Phalguna-Masi		
	Then Creative Work - Amrita Yoga						

<b>6</b>	<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Winterthur, Switzerland Sun 20 Sutra 315 Subhakrit 5124
	Vrishabha Rasi: 0.08	Tithi 7	<b>Gulika</b> 3:22PM – 4:43PM	<b>Krittika Until 12:39AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:15AM	
			Yama 12:40PM – 2:01PM	Indra Until 11:55AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 43 - 20 3rd Phase
		924786577 <b>Rahu</b> 4:43PM – 6:04PM	Gara Until 8:05AM	<b>Nataraja:</b> Orange			
	Creative Work	Siddha Yoga		<b>Saptami Until 8:30PM</b>	Moon – White	<b>Devaloka Day</b>	
	Until 12:39AM Mon				Phalguna-Masi		
	Then Creative Work - Amrita Yoga						

<b>☾</b>	<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 316 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 2:01PM – 3:23PM	<b>Rohini Until 2:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:13AM	
	Vrishabha Rasi: 12.4	Tithi 8	Yama 11:18AM – 12:40PM	Vaidhriti* Until 11:41AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 43 - 21 Ashtami
	<b>Family Home Evening</b>	934786577 <b>Rahu</b> 8:35AM – 9:57AM	Visti Until 9:09AM	<b>Nataraja:</b> Orange			
	Creative Work	Amrita Yoga		<b>Ashtami* Until 9:55PM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
	Until 2:51AM Tue				Phalguna-Masi		
	Then Creative Work - Siddha Yoga						

<b>☽</b>	<b>Tuesday, February 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 317 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:40PM – 2:01PM	<b>Mrigashira Until 5:24AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:12AM	
	Vrishabha Rasi: 24.55	Tithi 9	Yama 9:56AM – 11:18AM	Vishkambha* Until 11:57AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 43 - 22 Navami
		934786577 <b>Rahu</b> 3:23PM – 4:45PM	Balava Until 10:52AM	<b>Nataraja:</b> Orange			
	Creative Work	Siddha Yoga		<b>Navami* Until 11:54PM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 6.57	Tithi 10	<b>Gulika</b> 11:16AM – 12:39PM	<b>Ardra Until 8:06AM Thu</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:08AM	Moon 2 - Phase 44 - 23 4th Phase	
Creative Work	Siddha Yoga	Yama 8:31AM – 9:54AM	Priti Until 12:34PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:10PM	<b>Sivaloka Day</b>	
Until 8:06AM Thu		934786577 <b>Rahu</b> 12:39PM – 2:02PM	Taitila Until 1:04PM	<b>Nataraja:</b> Orange		Phalguna-Masi	
Then Creative Work - Amrita Yoga			<b>Dashami Until 2:15AM Thu</b>	Moon – Yellow			
<b>2</b>		<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 18.52	Tithi 11	<b>Gulika</b> 9:53AM – 11:16AM	<b>Ardra Until 8:06AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:06AM	Moon 2 - Phase 44 - 24 4th Phase	
Routine Work	Marana Yoga	Yama 7:06AM – 8:29AM	Ayushman Until 1:22PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:12PM	<b>Sivaloka Day</b>	
Until 8:06AM		934786577 <b>Rahu</b> 2:02PM – 3:25PM	Vanija Until 3:31PM	<b>Nataraja:</b> Orange		Phalguna-Masi	
Then Creative Work - Amrita Yoga			<b>Ekadashi Until 4:45AM Fri</b>	Moon – Yellow			
<b>3</b>		<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 0.44	Tithi 12	<b>Gulika</b> 8:28AM – 9:51AM	<b>Punarvasu Until 11:14AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 7:04AM	Moon 2 - Phase 44 - 25 4th Phase	
Creative Work	Siddha Yoga	Yama 3:26PM – 4:50PM	Saubhagya Until 2:14PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:13PM	<b>Devaloka Day</b>	
Until 11:14AM		944786577 <b>Rahu</b> 11:15AM – 12:39PM	Bava Until 6:02PM	<b>Nataraja:</b> Orange		Phalguna-Masi	
Then Routine Work - Marana Yoga			<b>Dvadashi Until 7:15AM Sat</b>	Moon – Blue			
<b>4</b>		<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 13	Tithi 12 – 13	<b>Gulika</b> 7:02AM – 8:26AM	<b>Pushya Until 2:10PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 7:02AM	Moon 2 - Phase 44 - 26 4th Phase	
Creative Work	Siddha Yoga	Yama 2:03PM – 3:27PM	Sobhana Until 3:05PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:15PM	<b>Devaloka Day</b>	
Until 2:10PM		944786577 <b>Rahu</b> 9:50AM – 11:14AM	Kaulava Until 8:28PM	<b>Nataraja:</b> Orange		Phalguna-Masi	
Then Routine Work - Marana Yoga			<b>Dvadashi Until 7:15AM</b>	Moon – Blue			
				<i>Pradosha Vrata</i>			
<b>5</b>		<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 24.31	Tithi 13 – 14	<b>Gulika</b> 3:27PM – 4:52PM	<b>Ashlesha* Until 4:47PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:00AM	Moon 2 - Phase 44 - 27 4th Phase	
Creative Work	Siddha Yoga	Yama 12:38PM – 2:03PM	Athiganda* Until 3:47PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:16PM	<b>Devaloka Day</b>	
Until 4:47PM		144786577 <b>Rahu</b> 4:52PM – 6:16PM	Gara Until 10:44PM	<b>Nataraja:</b> Orange		Phalguna-Masi	
Then Routine Work - Marana Yoga			<b>Trayodashi Until 9:37AM</b>	Moon – Blue			
		<b>Chidambaram Abhishekam</b>					
<b>Monday, March 6, 2023</b>		<b>Copper Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sun 28 Sutra 323 Subhakrit 5124	
Simha Rasi: 6.31	Tithi 14 – 15	<b>Gulika</b> 2:03PM – 3:28PM	<b>Magha* Until 7:31PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:58AM	Moon 2 - Phase 44 - Purnima	
<b>Family Home Evening</b>		Yama 11:13AM – 12:38PM	Sukarma Until 4:19PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:18PM	<b>Sivaloka Day</b>	
Routine Work	Marana Yoga	154786577 <b>Rahu</b> 8:23AM – 9:48AM	Visti Until 12:45AM Tue	<b>Nataraja:</b> Orange		Phalguna-Masi	
Until 7:31PM			<b>Chaturdashi* Until 11:45AM</b>	Moon – Red			
Then Creative Work - Siddha Yoga							
<b>Tuesday, March 7, 2023</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sun 29 Sutra 324 Subhakrit 5124	
Simha Rasi: 18.37	Tithi 15 – 16	<b>Gulika</b> 12:38PM – 2:03PM	<b>Purvaphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:56AM	Moon 2 - Phase 44 - Prathama	
Creative Work	Siddha Yoga	Yama 9:47AM – 11:13AM	Dhriti Until 4:40PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:19PM	<b>Sivaloka Day</b>	
Until 9:48PM		154786577 <b>Rahu</b> 3:29PM – 4:54PM	Balava Until 2:28AM Wed	<b>Nataraja:</b> Orange		Phalguna-Masi	
Then Creative Work - Amrita Yoga			<b>Purnima* Until 1:38PM</b>	Moon – Red			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Kanya Rasi: 0.5 Tithi 16 – 17

154786577

Gulika 11:12AM – 12:38PM  
Yama 8:20AM – 9:46AM  
Rahu 12:38PM – 2:03PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula/Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Uttaraphalguni Until 11:37PM**  
Shula\* Until 4:44PM  
Taitila Until 3:52AM Thu  
Prathama\* Until 3:11PM

Ganesha: Clear  
Muruqa: Purple  
Nataraja: Orange  
Moon – Red  
Phalguna-Masi

Sunrise: 6:55AM  
Sunset: 6:21PM

Winterthur, Switzerland  
Sutra 325  
Subhakrit 5124  
Moon 3 - Phase 45 - 1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Kanya Rasi: 13.13 Tithi 17 – 18

164786577

Gulika 9:45AM – 11:11AM  
Yama 6:53AM – 8:19AM  
Rahu 2:04PM – 3:30PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda/Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Hasta Until 1:25AM Fri**  
Ganda\* Until 4:34PM  
Vanija Until 4:53AM Fri  
Dvitiya Until 4:24PM

Ganesha: White  
Muruqa: Purple  
Nataraja: Orange  
Moon – Green  
Phalguna-Masi

Sunrise: 6:53AM  
Sunset: 6:22PM

Winterthur, Switzerland  
Sun 1 Sutra 326  
Subhakrit 5124  
Moon 3 - Phase 45 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 1:25AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Kanya Rasi: 25.44 Tithi 18 – 19

165786577

Gulika 8:17AM – 9:44AM  
Yama 3:30PM – 4:57PM  
Rahu 11:11AM – 12:37PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Chitra Until 2:40AM Sat**  
Vridhi Until 4:07PM  
Bava Until 5:30AM Sat  
Tritiya Until 5:13PM

Ganesha: Yellow  
Muruqa: Purple  
Nataraja: Orange  
Moon – Green  
Phalguna-Masi

Sunrise: 6:51AM  
Sunset: 6:24PM

Winterthur, Switzerland  
Sun 2 Sutra 327  
Subhakrit 5124  
Moon 3 - Phase 45 - 2 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Tula Rasi: 8.26 Tithi 19 – 20

165786577

Gulika 6:49AM – 8:16AM  
Yama 2:04PM – 3:31PM  
Rahu 9:43AM – 11:10AM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Svati Until 3:21AM Sun**  
Dhruva Until 3:19PM  
Kaulava Until 5:41AM Sun  
Chaturthi\* Until 5:38PM

Ganesha: Yellow  
Muruqa: Purple  
Nataraja: Orange  
Moon – Green  
Phalguna-Masi

Sunrise: 6:49AM  
Sunset: 6:25PM

Winterthur, Switzerland  
Sun 3 Sutra 328  
Subhakrit 5124  
Moon 3 - Phase 45 - 3 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:21AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 12, 2023

Tula Rasi: 21.2 Tithi 20 – 21

175786577

Gulika 3:32PM – 4:59PM  
Yama 12:37PM – 2:04PM  
Rahu 4:59PM – 6:27PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Vishakha Until 3:52AM Mon**  
Vyaghata\* Until 2:11PM  
Gara Until 5:23AM Mon  
Panchami Until 5:34PM

Ganesha: Blue  
Muruqa: Purple  
Nataraja: Orange  
Moon – Orange  
Phalguna-Masi

Sunrise: 6:47AM  
Sunset: 6:27PM

Winterthur, Switzerland  
Sun 4 Sutra 329  
Subhakrit 5124  
Moon 3 - Phase 45 - 4 1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 3:52AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 13, 2023

Vrischika Rasi: 4.3 Tithi 21 – 22

175786577

Gulika 2:04PM – 3:32PM  
Yama 11:08AM – 12:36PM  
Rahu 8:13AM – 9:41AM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Anuradha Until 3:44AM Tue**  
Harshana Until 12:40PM  
Visti Until 4:33AM Tue  
Shashthi\* Until 5:01PM

Ganesha: Blue  
Muruqa: Purple  
Nataraja: Orange  
Moon – Orange  
Phalguna-Masi

Sunrise: 6:45AM  
Sunset: 6:28PM

Winterthur, Switzerland  
Sun 5 Sutra 330  
Subhakrit 5124  
Moon 3 - Phase 45 - 5 1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:44AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, March 14, 2023

Vrischika Rasi: 17.56 Tithi 22 – 23

175786577

Gulika 12:36PM – 2:04PM  
Yama 9:39AM – 11:08AM  
Rahu 3:33PM – 5:01PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Jyeshtha\* Until 2:56AM Wed**  
Vajra\* Until 10:43AM  
Balava Until 3:12AM Wed  
Saptami Until 3:56PM

Ganesha: Blue  
Muruqa: Purple  
Nataraja: Orange  
Moon – Orange  
Phalguna-Masi

Sunrise: 6:43AM  
Sunset: 6:29PM

Winterthur, Switzerland  
Sun 6 Sutra 331  
Subhakrit 5124  
Moon 3 - Phase 45 - 6 1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

D

Wednesday, March 15, 2023

Retreat Star

Dhanus Rasi: 1.41 Tithi 23 – 24

185786578

Gulika 11:07AM – 12:36PM  
Yama 8:10AM – 9:38AM  
Rahu 12:36PM – 2:05PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Mula\* Until 1:55AM Thu**  
Siddhi Until 8:22AM  
Taitila Until 1:20AM Thu  
Ashtami\* Until 2:19PM

Ganesha: Red  
Muruqa: Purple  
Nataraja: Clear  
Moon – Light Blue  
Phalguna-Panguni

Sunrise: 6:41AM  
Sunset: 6:31PM

Winterthur, Switzerland  
Sun 7 Sutra 332  
Subhakrit 5124  
Moon 3 - Phase 45 - 7 Ashtami

Sivaloka Day

Routine Work Marana Yoga

Until 1:55AM Thu

Then Creative Work - Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Dhanus Rasi: 15.44 Tithi 24 – 25

185786578

Gulika 9:37AM – 11:06AM  
Yama 6:39AM – 8:08AM  
Rahu 2:05PM – 3:34PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Purvashadha\* Until 12:17AM Fri**  
Variyan Until 2:28AM Fri  
Vanija Until 11:00PM  
Navami\* Until 12:12PM

Ganesha: Red  
Muruqa: Purple  
Nataraja: Clear  
Moon – Light Blue  
Phalguna-Panguni

Sunrise: 6:39AM  
Sunset: 6:32PM

Winterthur, Switzerland  
Sun 8 Sutra 333  
Subhakrit 5124  
Moon 3 - Phase 45 - 8 Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 12:17AM Fri

Then Routine Work - Marana Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

nes are standard time. Calculated for Winterthur, Switzerland on 5


www.gurudeva.org/panchang

<b>1</b>		<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 334	
Makara Rasi: 0.06	Tithi 25 – 26	<b>Gulika</b>	<b>8:06AM – 9:36AM</b>	<b>Uttarashadha</b> Until 10:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM		Subhakrit 5124	
		Yama	3:34PM – 5:04PM	Parigha* Until 11:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:34PM		Moon 3 - Phase 46 - 9	
Routine Work	Marana Yoga	185786578 <b>Rahu</b>	<b>11:06AM – 12:35PM</b>	Bava Until 8:16PM	<b>Nataraja:</b> Clear			2nd Phase	
				<b>Dashami</b> Until 9:39AM	Moon – Light Blue		<b>Sivaloka Day</b>		
					Phalguna•Panguni				

<b>2</b>		<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau				Winterthur, Switzerland Sun 10 Sutra 335	
Makara Rasi: 14.43	Tithi 26 – 27	<b>Gulika</b>	<b>6:35AM – 8:05AM</b>	<b>Shravana</b> Until 7:59PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:35AM		Subhakrit 5124	
		Yama	2:05PM – 3:35PM	Shiva Until 7:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:35PM		Moon 3 - Phase 46 - 10	
Creative Work	Siddha Yoga	195786578 <b>Rahu</b>	<b>9:35AM – 11:05AM</b>	Taitila Until 3:39AM Sun	<b>Nataraja:</b> Clear			2nd Phase	
				<b>Ekadashi*</b> Until 6:46AM	Moon – Purple		<b>Subha Sivaloka Day</b>		
					Phalguna•Panguni				

<b>3</b>		<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 336	
Makara Rasi: 29.3	Tithi 28	<b>Gulika</b>	<b>3:36PM – 5:06PM</b>	<b>Dhanishtha</b> Until 5:34PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:33AM		Subhakrit 5124	
		Yama	12:35PM – 2:05PM	Siddha Until 3:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM		Moon 3 - Phase 46 - 11	
Routine Work	Marana Yoga	196796578 <b>Rahu</b>	<b>5:06PM – 6:37PM</b>	Gara Until 2:04PM	<b>Nataraja:</b> Clear			2nd Phase	
Until 5:34PM				<b>Trayodashi*</b> Until 12:27AM Mon	Moon – Purple		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)	Phalguna•Panguni				

<b>4</b>		<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 337	
Kumbha Rasi: 14.2	Tithi 29	<b>Gulika</b>	<b>2:05PM – 3:36PM</b>	<b>Shatabhishak</b> Until 3:01PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:31AM		Subhakrit 5124	
<b>Family Home Evening</b>		Yama	11:03AM – 12:34PM	Sadhya Until 11:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM		Moon 3 - Phase 46 - 12	
Creative Work	Siddha Yoga	196896578 <b>Rahu</b>	<b>8:02AM – 9:33AM</b>	Visti Until 10:53AM	<b>Nataraja:</b> Clear			2nd Phase	
Until 3:01PM				<b>Chaturdashi*</b> Until 9:19PM	Moon – Purple		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga					Phalguna•Panguni				

		<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtpada*/Uttaraproshtpada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 338	
<b>Retreat Star</b>		<b>Gulika</b>	<b>12:34PM – 2:05PM</b>	<b>Purvaproshtpada*</b> Until 12:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:29AM		Subhakrit 5124	
Kumbha Rasi: 29.06	Tithi 30	Yama	9:31AM – 11:03AM	Subha Until 8:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 46 - 13	
Routine Work	Marana Yoga	116896578 <b>Rahu</b>	<b>3:37PM – 5:08PM</b>	Catuspada Until 7:50AM	<b>Nataraja:</b> Clear			Amavasya	
Until 12:55PM				<b>Amavasya*</b> Until 6:24PM	Moon – Clear		<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga					Phalguna•Panguni				

<b>Retreat Star</b>		<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada*/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 339	
<b>Retreat Star</b>		<b>Gulika</b>	<b>11:02AM – 12:34PM</b>	<b>Uttaraproshtpada</b> Until 11:01AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:27AM		Subhakrit 5124	
Meena Rasi: 13.39	Tithi 1 – 2	Yama	7:58AM – 9:30AM	Brahma Until 1:43AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM		Moon 3 - Phase 46 - 14	
Creative Work	Siddha Yoga	116896578 <b>Rahu</b>	<b>12:34PM – 2:06PM</b>	Balava Until 2:48AM Thu	<b>Nataraja:</b> Clear			Prathama	
Until 11:01AM				<b>Prathama*</b> Until 3:52PM	Moon – Clear		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga		Yugadhi			Chaitra•Panguni				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 340	
Meena Rasi: 27.53	Tithi 2 – 3	<b>Gulika</b> 9:29AM – 11:01AM	<b>Revati Until 9:28AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:25AM	Subhakrit 5124	
		Yama 6:25AM – 7:57AM	Indra Until 11:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 47 - 15	
		116896578 <b>Rahu</b> 2:06PM – 3:38PM	Taitila Until 1:06AM Fri	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Dvitiya Until 1:51PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 9:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 16 Sutra 341	
Mesha Rasi: 11.43	Tithi 3 – 4	<b>Gulika</b> 7:55AM – 9:28AM	<b>Ashvini Until 8:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Subhakrit 5124	
		Yama 3:38PM – 5:11PM	Vaidhriti* Until 9:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 47 - 16	
		126896578 <b>Rahu</b> 11:01AM – 12:33PM	Vanija Until 12:07AM Sat	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Amrita Yoga			<b>Tritiya Until 12:30PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 8:50AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 342	
Mesha Rasi: 25.07	Tithi 4 – 5	<b>Gulika</b> 6:21AM – 7:54AM	<b>Bharani Until 8:48AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Subhakrit 5124	
		Yama 2:06PM – 3:39PM	Vishkamba* Until 7:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 47 - 17	
		126896578 <b>Rahu</b> 9:27AM – 11:00AM	Bava Until 11:55PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Chaturthi* Until 11:54AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 8:48AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Winterthur, Switzerland Sun 18 Sutra 343	
Vrishabha Rasi: 8.07	Tithi 5 – 6	<b>Gulika</b> 3:39PM – 5:13PM	<b>Krittika Until 9:22AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM	Subhakrit 5124	
		Yama 12:33PM – 2:06PM	Priti Until 7:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 47 - 18	
		126896578 <b>Rahu</b> 5:13PM – 6:46PM	Kaulava Until 12:30AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Panchami Until 12:05PM</b>	Moon – White		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 344	
Vrishabha Rasi: 20.44	Tithi 6 – 7	<b>Gulika</b> 2:06PM – 3:40PM	<b>Rohini Until 10:59AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:58AM – 12:32PM	Ayushman Until 6:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 47 - 19	
		137896578 <b>Rahu</b> 7:51AM – 9:24AM	Gara Until 1:47AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Amrita Yoga			<b>Shashthi* Until 1:02PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>Retreat Star</b>		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 20 Sutra 345	
Mithuna Rasi: 3.04	Tithi 7 – 8	<b>Gulika</b> 12:32PM – 2:06PM	<b>Mrigashira Until 1:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	Subhakrit 5124	
		Yama 9:23AM – 10:58AM	Saubhagya Until 7:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 20	
		137896578 <b>Rahu</b> 3:41PM – 5:15PM	Visti Until 3:39AM Wed	<b>Nataraja:</b> Clear		Ashtami	
Creative Work Siddha Yoga			<b>Saptami Until 2:38PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 1:05PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 21 Sutra 346	
Mithuna Rasi: 15.1	Tithi 8 – 9	<b>Gulika</b> 10:57AM – 12:32PM	<b>Ardra Until 3:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Subhakrit 5124	
		Yama 7:47AM – 9:22AM	Sobhana Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47 - 21	
		137896578 <b>Rahu</b> 12:32PM – 2:06PM	Balava Until 5:53AM Thu	<b>Nataraja:</b> Clear		Navami	
Creative Work Siddha Yoga			<b>Ashtami* Until 4:42PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

1	<b>Thursday, March 30, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Winterthur, Switzerland
	Mithuna Rasi: 27.07	Tithi 9	Punarvasu Nakshatra Athiganda* Yoga Kaulava Karana Navamyam Titau	Sun 22 Sutra 347
	147896578	<b>Gulika</b> 9:21AM – 10:56AM	<b>Punarvasu</b> Until 6:30PM	Subhakit 5124
	Creative Work Amrita Yoga	Yama 6:11AM – 7:46AM	Athiganda* Until 8:32PM	Moon 3 - Phase 48 - 22
		Rahu 2:07PM – 3:42PM	Kaulava Until 7:03PM	4th Phase
			Navami* Until 7:03PM	<b>Bhuloka Day</b>
			Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM

2	<b>Friday, March 31, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Winterthur, Switzerland
	Kataka Rasi: 9.01	Tithi 10	Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau	Sun 23 Sutra 348
	147896578	<b>Gulika</b> 7:44AM – 9:20AM	<b>Pushya</b> Until 9:26PM	Subhakit 5124
	Routine Work Marana Yoga	Yama 3:42PM – 5:18PM	Sukarma Until 9:23PM	Moon 3 - Phase 48 - 23
		Rahu 10:55AM – 12:31PM	Taitila Until 8:17AM	4th Phase
			Dashami Until 9:29PM	<b>Bhuloka Day</b>
			Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM

3	<b>Saturday, April 1, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Winterthur, Switzerland
	Kataka Rasi: 20.55	Tithi 11	Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau	Sun 24 Sutra 349
	147896578	<b>Gulika</b> 6:09AM – 7:44AM	<b>Ashlesha*</b> Until 12:05AM Sun	Subhakit 5124
	Routine Work Marana Yoga	Yama 2:07PM – 3:42PM	Dhriti Until 10:11PM	Moon 3 - Phase 48 - 24
		Rahu 9:20AM – 10:55AM	Vanija Until 10:41AM	4th Phase
			Ekadashi Until 11:48PM	<b>Bhuloka Day</b>
		Yogaswami Mahasamadhi	Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM

4	<b>Sunday, April 2, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Winterthur, Switzerland
	Simha Rasi: 2.52	Tithi 12	Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau	Sun 25 Sutra 350
	158896578	<b>Gulika</b> 3:43PM – 5:19PM	<b>Magha*</b> Until 2:50AM Mon	Subhakit 5124
	Routine Work Marana Yoga	Yama 12:31PM – 2:07PM	Shula* Until 10:46PM	Moon 3 - Phase 48 - 25
Until 2:50AM Mon		Rahu 5:19PM – 6:55PM	Bava Until 12:54PM	4th Phase
Then Creative Work - Siddha Yoga			Dvadashi Until 1:52AM Mon	<b>Devaloka Day</b>
			Chaitra•Panguni	

5	<b>Monday, April 3, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Winterthur, Switzerland
	Simha Rasi: 14.55	Tithi 13	Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 351
	158896578	<b>Gulika</b> 2:07PM – 3:43PM	<b>Purvaphalguni</b> Until 5:04AM Tue	Subhakit 5124
	Family Home Evening	Yama 10:54AM – 12:30PM	Ganda* Until 11:06PM	Moon 3 - Phase 48 - 26
Creative Work Siddha Yoga		Rahu 7:41AM – 9:18AM	Kaulava Until 2:48PM	4th Phase
Until 5:04AM Tue			Trayodashi Until 3:34AM Tue	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			Pradosha Vrata	

6	<b>Tuesday, April 4, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Winterthur, Switzerland
	Simha Rasi: 27.08	Tithi 14	Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27 Sutra 352
	158896578	<b>Gulika</b> 12:30PM – 2:07PM	<b>Uttaraphalguni</b> Until 6:42AM Wed	Subhakit 5124
	Creative Work Amrita Yoga	Yama 9:16AM – 10:53AM	Vriddhi Until 11:07PM	Moon 3 - Phase 48 - 27
Until 6:42AM Wed		Rahu 3:44PM – 5:21PM	Gara Until 4:17PM	4th Phase
Then Routine Work - Marana Yoga			Chaturdashi* Until 4:50AM Wed	<b>Devaloka Day</b>
			Chaitra•Panguni	

○	<b>Wednesday, April 5, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Winterthur, Switzerland	
	<b>Copper Retreat Star</b>	Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 353	
	Kanya Rasi: 9.32	Tithi 15	<b>Gulika</b> 10:53AM – 12:30PM	<b>Uttaraphalguni</b> Until 6:42AM	Subhakit 5124
	158896578	Yama 7:38AM – 9:15AM	Dhruva Until 10:44PM	Moon 3 - Phase 48 -	
Creative Work Amrita Yoga		Rahu 12:30PM – 2:07PM	Visti Until 5:17PM	Purnima	
Until 6:42AM			Purnima* Until 5:36AM Thu	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		Panguni Uttiram	Chaitra•Panguni		
		Hanuman Jayanti			

○	<b>Thursday, April 6, 2023</b>	Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Winterthur, Switzerland	
	<b>Silver Retreat Star</b>	Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 354	
	Kanya Rasi: 22.1	Tithi 16	<b>Gulika</b> 9:14AM – 10:52AM	<b>Hasta</b> Until 8:11AM	Subhakit 5124
	168896578	Yama 5:59AM – 7:36AM	Vyaghata* Until 10:00PM	Moon 3 - Phase 48 -	
Routine Work Marana Yoga		Rahu 2:07PM – 3:45PM	Balava Until 5:49PM	Prathama	
Until 8:11AM			Prathama* Until 5:52AM Fri	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga			Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 355

Tula Rasi: 5.01      Tithi 17  
168896578 Rahu

**Gulika** 7:35AM – 9:13AM  
Yama 3:46PM – 5:24PM  
**Rahu** 10:51AM – 12:29PM

**Chitra Until 9:03AM**  
Harshana Until 8:54PM  
Taitila Until 5:51PM  
**Dvitiya Until 5:41AM Sat**

**Ganesha:** Blue      *Sunrise:* 5:57AM  
**Muruqa:** Clear      *Sunset:* 7:02PM  
**Nataraja:** Clear  
Moon – Green

Subhakrit 5124  
Moon 4 - Phase 49 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**1**

**Saturday, April 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 1      Sutra 356

Tula Rasi: 18.05      Tithi 18  
168896578 Rahu

**Gulika** 5:55AM – 7:33AM  
Yama 2:08PM – 3:46PM  
**Rahu** 9:12AM – 10:50AM

**Svati Until 9:18AM**  
Vajra\* Until 7:26PM  
Vanija Until 5:27PM  
**Tritiya Until 5:05AM Sun**

**Ganesha:** Blue      *Sunrise:* 5:55AM  
**Muruqa:** Clear      *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon – Green

Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**2**

**Sunday, April 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

Winterthur, Switzerland  
Sun 2      Sutra 357

Vrischika Rasi: 1.23      Tithi 19  
179896578 Rahu

**Gulika** 3:47PM – 5:26PM  
Yama 12:29PM – 2:08PM  
**Rahu** 5:26PM – 7:05PM

**Vishakha Until 9:28AM**  
Siddhi Until 5:40PM  
Bava Until 4:40PM  
**Chaturthi\* Until 4:06AM Mon**

**Ganesha:** Red      *Sunrise:* 5:53AM  
**Muruqa:** Clear      *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Orange

Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

**3**

**Monday, April 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Varyayan Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 3      Sutra 358

Vrischika Rasi: 14.53      Tithi 20  
179896578 Rahu

**Gulika** 2:08PM – 3:47PM  
Yama 10:49AM – 12:28PM  
**Rahu** 7:30AM – 9:10AM

**Anuradha Until 9:07AM**  
Vyatipata\* Until 3:38PM  
Kaulava Until 3:30PM  
**Panchami Until 2:47AM Tue**

**Ganesha:** Red      *Sunrise:* 5:51AM  
**Muruqa:** Clear      *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon – Orange

Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

**4**

**Tuesday, April 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyayan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
Sun 4      Sutra 359

Vrischika Rasi: 28.35      Tithi 21  
179896578 Rahu

**Gulika** 12:28PM – 2:08PM  
Yama 9:09AM – 10:48AM  
**Rahu** 3:48PM – 5:28PM

**Jyeshtha\* Until 8:17AM**  
Varyayan Until 1:19PM  
Gara Until 2:02PM  
**Shashthi\* Until 1:10AM Wed**

**Ganesha:** Red      *Sunrise:* 5:49AM  
**Muruqa:** Clear      *Sunset:* 7:07PM  
**Nataraja:** Clear  
Moon – Orange

Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

Until 8:17AM

Then Creative Work - Amrita Yoga

**5**

**Wednesday, April 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 5      Sutra 360

Dhanus Rasi: 12.28      Tithi 22  
189896578 Rahu

**Gulika** 10:48AM – 12:28PM  
Yama 7:27AM – 9:07AM  
**Rahu** 12:28PM – 2:08PM

**Mula\* Until 7:28AM**  
Parigha\* Until 10:47AM  
Visti Until 12:16PM  
**Saptami Until 11:16PM**

**Ganesha:** Green      *Sunrise:* 5:47AM  
**Muruqa:** Clear      *Sunset:* 7:09PM  
**Nataraja:** Clear  
Moon – Light Blue

Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Routine Work      Marana Yoga

Until 7:28AM

Then Creative Work - Amrita Yoga

**D**

**Thursday, April 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 6      Sutra 361

Dhanus Rasi: 26.31      Tithi 23  
189996578 Rahu

**Gulika** 9:06AM – 10:47AM  
Yama 5:45AM – 7:26AM  
**Rahu** 2:08PM – 3:49PM

**Purvashadha\* Until 6:14AM**  
Shiva Until 8:04AM  
Balava Until 10:15AM  
**Ashtami\* Until 9:09PM**

**Ganesha:** White      *Sunrise:* 5:45AM  
**Muruqa:** Clear      *Sunset:* 7:10PM  
**Nataraja:** Clear  
Moon – Light Blue

Subhakrit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

Until 6:14AM

Then Routine Work - Marana Yoga

**Friday, April 14, 2023**

**Retreat Star**

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 7      Sutra 362

Makara Rasi: 10.43      Tithi 24  
199996578 Rahu

**Gulika** 7:24AM – 9:05AM  
Yama 3:49PM – 5:30PM  
**Rahu** 10:46AM – 12:27PM

**Shravana Until 3:10AM Sat**  
Sadhya Until 2:05AM Sat  
Taitila Until 8:01AM  
**Navami\* Until 6:49PM**

**Ganesha:** Clear      *Sunrise:* 5:43AM  
**Muruqa:** Clear      *Sunset:* 7:12PM  
**Nataraja:** Clear  
Moon – Purple

Sobhana 5125  
Moon 4 - Phase 49 - 7  
Navami

**Devaloka Day**

Routine Work      Marana Yoga

Until 3:10AM Sat

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam  
Tamil New Year


Chaitra\*Chaitra

<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 8 Sutra 363
	Makara Rasi: 25.01	Tithi 25 – 26	<b>Gulika</b> 5:41AM – 7:23AM	<b>Dhanishtha</b> Until 1:26AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	Sobhana 5125
			Yama 2:09PM – 3:50PM	Subha Until 10:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 1 - 8
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 9:04AM – 10:46AM	Bava Until 3:08AM Sun	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 4:22PM	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 364
	Kumbha Rasi: 9.23	Tithi 26 – 27	<b>Gulika</b> 3:51PM – 5:32PM	<b>Shatabhishak</b> Until 11:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Sobhana 5125
			Yama 12:27PM – 2:09PM	Sukla Until 7:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 1 - 9
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 5:32PM – 7:14PM	Kaulava Until 12:37AM Mon	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 1:51PM	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 10 Sutra 1
	Kumbha Rasi: 23.46	Tithi 27 – 28	<b>Gulika</b> 2:09PM – 3:51PM	<b>Purvaproshtapada*</b> Until 10:01PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:44AM – 12:27PM	Brahma Until 4:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 1 - 10
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 7:20AM – 9:02AM	Gara Until 10:11PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 11:22AM	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 11 Sutra 2
	Meena Rasi: 8.04	Tithi 28 – 29	<b>Gulika</b> 12:26PM – 2:09PM	<b>Uttaraproshtapada</b> Until 8:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM	Sobhana 5125
			Yama 9:01AM – 10:44AM	Indra Until 1:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 1 - 11
	Creative Work	Amrita Yoga	211996578 <b>Rahu</b> 3:52PM – 5:34PM	Visti Until 7:57PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 9:01AM	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 12 Sutra 3
	<b>Retreat Star</b>		<b>Gulika</b> 10:43AM – 12:26PM	<b>Revati</b> Until 7:14PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:34AM	Sobhana 5125
	Meena Rasi: 22.13	Tithi 29 – 30	Yama 7:17AM – 9:00AM	Vaidhriti* Until 10:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 1 - 12
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 12:26PM – 2:09PM	Catuspada Until 6:02PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Chaturdashi*</b> Until 6:55AM	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 13 Sutra 4
	<b>Retreat Star</b>		<b>Gulika</b> 8:59AM – 10:42AM	<b>Ashvini</b> Until 6:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Sobhana 5125
	Mesha Rasi: 6.07	Tithi 1	Yama 5:32AM – 7:15AM	Vishkambha* Until 8:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 1 - 13
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 2:09PM – 3:53PM	Kintughna Until 4:32PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 3:58AM Fri	Moon – White		<b>Devaloka Day</b>	
				Vaisaka*Chaitra			
				Then Creative Work - Siddha Yoga			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 5
	Mesha Rasi: 19.43	Tithi 2	<b>Gulika</b> 7:14AM – 8:58AM	<b>Bharani Until 6:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	Sobhana 5125
			Yama 3:53PM – 5:37PM	Priti Until 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:42AM – 12:26PM	Balava Until 3:35PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 3:19AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 6
	Wrishabha Rasi: 3	Tithi 3	<b>Gulika</b> 5:28AM – 7:13AM	<b>Krittika Until 6:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM	Sobhana 5125
			Yama 2:10PM – 3:54PM	Saubhagya Until 3:51AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 8:57AM – 10:41AM	Taitila Until 3:15PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya Until 3:19AM Sun</b>	Moon – White		<b>Devaloka Day</b>	
			Akshaya Tritiya	Vaisaka-Chaitra			

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 16 Sutra 7
	Wrishabha Rasi: 15.56	Tithi 4	<b>Gulika</b> 3:55PM – 5:39PM	<b>Rohini Until 7:58PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:26AM	Sobhana 5125
			Yama 12:25PM – 2:10PM	Sobhana Until 3:20AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:39PM – 7:24PM	Vanija Until 3:35PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi* Until 3:59AM Mon</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 8
	Wrishabha Rasi: 28.34	Tithi 5	<b>Gulika</b> 2:10PM – 3:55PM	<b>Mrigashira Until 9:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:25AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:40AM – 12:25PM	Athiganda* Until 3:17AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:10AM – 8:55AM	Bava Until 4:34PM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:40PM			<b>Panchami Until 5:15AM Tue</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava Karana Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 9
	Mithuna Rasi: 10.55	Tithi 6	<b>Gulika</b> 12:25PM – 2:10PM	<b>Ardra Until 11:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	Sobhana 5125
			Yama 8:54AM – 10:39AM	Sukarma Until 3:38AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:56PM – 5:41PM	Kaulava Until 6:07PM	<b>Nataraja:</b> Purple		3rd Phase
Until 11:44PM			<b>Shashthi* Until 7:02AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 10
	Mithuna Rasi: 23.04	Tithi 6 – 7	<b>Gulika</b> 10:39AM – 12:25PM	<b>Punarvasu Until 2:31AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:21AM	Sobhana 5125
			Yama 7:07AM – 8:53AM	Dhriti Until 4:18AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:25PM – 2:11PM	Gara Until 8:06PM	<b>Nataraja:</b> Purple		3rd Phase
Until 2:31AM Thu			<b>Shashthi* Until 7:02AM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

<b>D</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 8:52AM – 10:38AM	<b>Pushya Until 5:21AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:19AM	Sobhana 5125
	Kataka Rasi: 5.04	Tithi 7 – 8	Yama 5:19AM – 7:06AM	Shula* Until 5:06AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 2:11PM – 3:57PM	Visti Until 10:21PM	<b>Nataraja:</b> Purple		Ashtami
Until 5:21AM Fri			<b>Saptami Until 9:11AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

<b>D</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 12
	<b>Retreat Star</b>		<b>Gulika</b> 7:04AM – 8:51AM	<b>Ashlesha* Until 8:03AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:18AM	Sobhana 5125
	Kataka Rasi: 16.59	Tithi 8 – 9	Yama 3:58PM – 5:44PM	Ganda* Until 5:57AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:38AM – 12:24PM	Balava Until 12:42AM Sat	<b>Nataraja:</b> Purple		Navami
Until 8:03AM Sat			<b>Ashtami* Until 11:30AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukstayam Ashlesha*/Magha* Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22
	Kataka Rasi: 28.53	Tithi 9 – 10	<b>Gulika</b> 5:16AM – 7:03AM	<b>Ashlesha* Until 8:03AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM	Sobhana 5125
			Yama 2:11PM – 3:58PM	Vridhhi Until 6:42AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 3 - 22
	Routine Work Marana Yoga Until 8:03AM Then Creative Work - Amrita Yoga	242996579	<b>Rahu</b> 8:50AM – 10:37AM	Taitila Until 2:55AM Sun	<b>Nataraja:</b> Purple		4th Phase
			<b>Navami* Until 1:49PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka*Chaitra			


<b>2</b>	<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukstayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 23
	Simha Rasi: 10.51	Tithi 10 – 11	<b>Gulika</b> 3:59PM – 5:46PM	<b>Magha* Until 10:56AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	Sobhana 5125
			Yama 12:24PM – 2:11PM	Vridhhi Until 6:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 3 - 23
	Routine Work Marana Yoga Until 10:56AM Then Creative Work - Siddha Yoga	252996579	<b>Rahu</b> 5:46PM – 7:34PM	Vanija Until 4:51AM Mon	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami Until 3:55PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka*Chaitra			

<b>3</b>	<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yukstayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 24
	Simha Rasi: 22.56	Tithi 11 – 12	<b>Gulika</b> 2:12PM – 4:00PM	<b>Purvaphalguni Until 1:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:11AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:36AM – 12:24PM	Dhruva Until 7:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 3 - 24
	Creative Work Siddha Yoga	252996579	<b>Rahu</b> 6:59AM – 8:47AM	Bava Until 6:19AM Tue	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi Until 5:38PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka*Chaitra			

<b>4</b>	<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yukstayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25
	Kanya Rasi: 5.14	Tithi 12	<b>Gulika</b> 12:24PM – 2:12PM	<b>Uttaraphalguni Until 3:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:09AM	Sobhana 5125
			Yama 8:47AM – 10:35AM	Vyaghata* Until 7:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 3 - 25
	Creative Work Amrita Yoga Until 3:00PM Then Creative Work - Siddha Yoga	252996579	<b>Rahu</b> 4:01PM – 5:49PM	Bava Until 6:19AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi Until 6:48PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka*Chaitra			

<b>5</b>	<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yukstayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26
	Kanya Rasi: 17.46	Tithi 13	<b>Gulika</b> 10:35AM – 12:24PM	<b>Hasta Until 4:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Sobhana 5125
			Yama 6:57AM – 8:46AM	Harshana Until 6:58AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 3 - 26
	Routine Work Marana Yoga Until 4:27PM Then Creative Work - Siddha Yoga	262996579	<b>Rahu</b> 12:24PM – 2:12PM	Kaulava Until 7:11AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi Until 7:22PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka*Chaitra			
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yukstayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27
	Tula Rasi: 1	Tithi 14	<b>Gulika</b> 8:45AM – 10:34AM	<b>Chitra Until 5:07PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:06AM	Sobhana 5125
			Yama 5:06AM – 6:56AM	Vajra* Until 6:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 3 - 27
	Creative Work Siddha Yoga Until 5:07PM Then Creative Work - Amrita Yoga	262996579	<b>Rahu</b> 2:13PM – 4:02PM	Gara Until 7:26AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Chaturdashi* Until 7:18PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka*Chaitra			

	<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yukstayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sun 19
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:54AM – 8:44AM	<b>Svati Until 5:02PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:05AM	Sobhana 5125
	Tula Rasi: 13.45	Tithi 15	Yama 4:03PM – 5:52PM	Vyatipata* Until 3:01AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 3 -
	Creative Work Siddha Yoga	262996579	<b>Rahu</b> 10:34AM – 12:23PM	Visti Until 7:03AM	<b>Nataraja:</b> Purple		Purnima
			<b>Purnima* Until 6:37PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka*Chaitra			
				Budha Purnima (Tamil Nadu)			

<b>Saturday, May 6, 2023</b>	<b>Silver Retreat Star</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam Vishakha/Anuradha Nakshatra Variyan Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Winterthur, Switzerland Sun 20
	Tula Rasi: 27.13	Tithi 16 – 17	<b>Gulika</b> 5:03AM – 6:53AM	<b>Vishakha Until 4:43PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:03AM	Sobhana 5125
			Yama 2:13PM – 4:03PM	Variyan Until 12:50AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 3 -
	Creative Work Siddha Yoga	272996579	<b>Rahu</b> 8:43AM – 10:33AM	Balava Until 6:05AM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama* Until 5:24PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				Vaisaka*Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda