



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy
Sutra 1

Tula Rasi: 22.58 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 11:07PM
Then Creative Work - Siddha Yoga

Gulika 1:51PM – 3:32PM
Yama 10:30AM – 12:11PM
Rahu 7:08AM – 8:49AM
Vishakha Until 11:07PM
Siddhi Until 3:51PM
Vanija Until 1:32AM Tue
Dvitiya Until 2:54PM

Ganesha: Purple *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 6:54PM
Nataraja: White
Moon – Orange
Bhuloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rome, Italy
Sun 1 Sutra 2

Virschika Rasi: 7.3 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 9:06PM
Then Routine Work - Marana Yoga

Gulika 12:10PM – 1:52PM
Yama 8:48AM – 10:29AM
Rahu 3:33PM – 5:14PM
Anuradha Until 9:06PM
Vyatipata* Until 12:29PM
Bava Until 10:45PM
Tritiya Until 12:07PM

Ganesha: Purple *Sunrise:* 5:26AM
Muruqa: White *Sunset:* 6:55PM
Nataraja: White
Moon – Orange
Bhuloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyan/Parigaha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sun 2 Sutra 3

Virschika Rasi: 22.03 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 7:00PM
Then Routine Work - Marana Yoga

Gulika 10:29AM – 12:10PM
Yama 7:06AM – 8:47AM
Rahu 12:10PM – 1:52PM
Jyeshtha* Until 7:00PM
Variyan Until 9:05AM
Kaulava Until 8:01PM
Chaturthi* Until 9:21AM

Ganesha: Purple *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 6:56PM
Nataraja: White
Moon – Orange
Bhuloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Rome, Italy
Sun 3 Sutra 4

Dhanus Rasi: 6.32 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 8:46AM – 10:28AM
Yama 5:23AM – 7:04AM
Rahu 1:52PM – 3:34PM
Mula* Until 5:19PM
Shiva Until 2:39AM Fri
Vanija Until 4:11AM Fri
Panchami Until 6:40AM

Ganesha: Clear *Sunrise:* 5:23AM
Muruqa: White *Sunset:* 6:57PM
Nataraja: White
Moon – Light Blue
Bhuloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy
Sun 4 Sutra 5

Dhanus Rasi: 20.53 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 3:43PM
Then Routine Work - Marana Yoga

Gulika 7:03AM – 8:45AM
Yama 3:34PM – 5:16PM
Rahu 10:28AM – 12:10PM
Purvashadha* Until 3:43PM
Siddha Until 11:42PM
Visti Until 3:03PM
Saptami Until 1:57AM Sat

Ganesha: Purple *Sunrise:* 5:21AM
Muruqa: White *Sunset:* 6:58PM
Nataraja: White
Moon – Light Blue
Devaloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 5 Sutra 6

Makara Rasi: 5.05 Tithi 23
289345478
Routine Work Marana Yoga
Until 2:15PM
Then Creative Work - Siddha Yoga

Gulika 5:20AM – 7:02AM
Yama 1:52PM – 3:35PM
Rahu 8:45AM – 10:27AM
Uttarashadha Until 2:15PM
Sadhya Until 9:00PM
Balava Until 12:58PM
Ashtami* Until 12:02AM Sun

Ganesha: Purple *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 7:00PM
Nataraja: White
Moon – Light Blue
Devaloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 5 Ashtami

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 6 Sutra 7

Makara Rasi: 19.04 Tithi 24
299345478
Creative Work Amrita Yoga
Until 1:24PM
Then Routine Work - Marana Yoga

Gulika 3:35PM – 5:18PM
Yama 12:09PM – 1:52PM
Rahu 5:18PM – 7:01PM
Shravana Until 1:24PM
Subha Until 6:35PM
Taitila Until 11:12AM
Navami* Until 10:26PM

Ganesha: Clear *Sunrise:* 5:18AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: White
Moon – Purple
Bhuloka Day
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 6 Navami
Devaloka Time: 9:AM to 12:PM

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Rome, Italy Sun 7 Sutra 8
	Kumbha Rasi: 2.49 Family Home Evening Creative Work Siddha Yoga	Tithi 25 299345479	Gulika 1:52PM – 3:35PM Yama 10:26AM – 12:09PM Rahu 7:00AM – 8:43AM	Dhanishtha Until 12:45PM Sukla Until 4:26PM Vanija Until 9:47AM Dashami Until 9:12PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sunrise: 5:17AM Sunset: 7:02PM	Subhakrit 5124 Moon 4 - Phase 2 - 7 2nd Phase Devaloka Day

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy Sun 8 Sutra 9
	Kumbha Rasi: 16.22 Routine Work Marana Yoga	Tithi 26 299345479	Gulika 12:09PM – 1:52PM Yama 8:42AM – 10:26AM Rahu 3:36PM – 5:19PM	Shatabhishak Until 12:19PM Brahma Until 2:36PM Bava Until 8:45AM Ekadashi* Until 8:21PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sunrise: 5:15AM Sunset: 7:03PM	Subhakrit 5124 Moon 4 - Phase 2 - 8 2nd Phase Devaloka Day

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy Sun 9 Sutra 10
	Kumbha Rasi: 29.41 Creative Work Amrita Yoga Until 12:36PM Then Creative Work - Siddha Yoga	Tithi 27 219345479	Gulika 10:25AM – 12:09PM Yama 6:58AM – 8:41AM Rahu 12:09PM – 1:53PM	Purvaproshtapada* Until 12:36PM Indra Until 1:07PM Kaulava Until 8:07AM Dvadashi* Until 7:56PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sunrise: 5:14AM Sunset: 7:04PM	Subhakrit 5124 Moon 4 - Phase 2 - 9 2nd Phase Devaloka Day

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy Sun 10 Sutra 11
	Meena Rasi: 12.47 Creative Work Siddha Yoga	Tithi 28 219445479	Gulika 8:41AM – 10:25AM Yama 5:12AM – 6:57AM Rahu 1:53PM – 3:37PM	Uttaraproshtapada Until 1:10PM Vaidhriti* Until 11:57AM Gara Until 7:54AM Trayodashi* Until 7:57PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sunrise: 5:12AM Sunset: 7:05PM	Subhakrit 5124 Moon 4 - Phase 2 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	<i>Pradosha Vrata (Fasting)</i>						

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy Sun 11 Sutra 12
	Meena Rasi: 25.39 Creative Work Siddha Yoga Until 2:02PM Then Creative Work - Amrita Yoga	Tithi 29 219445479	Gulika 6:55AM – 8:40AM Yama 3:37PM – 5:22PM Rahu 10:24AM – 12:09PM	Revati Until 2:02PM Vishkambha* Until 11:11AM Visti Until 8:10AM Chaturdashi* Until 8:27PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sunrise: 5:11AM Sunset: 7:06PM	Subhakrit 5124 Moon 4 - Phase 2 - 11 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy Sun 12 Sutra 13
	Retreat Star						
	Mesha Rasi: 8.17 Creative Work Siddha Yoga	Tithi 30 221445479	Gulika 5:10AM – 6:54AM Yama 1:53PM – 3:38PM Rahu 8:39AM – 10:24AM	Ashvini Until 3:41PM Priti Until 10:48AM Catuspada Until 8:55AM Amavasya* Until 9:27PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Chaitra*Chaitra	Sunrise: 5:10AM Sunset: 7:07PM	Subhakrit 5124 Moon 4 - Phase 2 - 12 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM

Retreat Star	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 13 Sutra 14
	Retreat Star						
	Mesha Rasi: 20.42 Routine Work Prabalarishta Yoga Until 5:40PM Then Creative Work - Siddha Yoga	Tithi 1 221445479	Gulika 3:38PM – 5:23PM Yama 12:08PM – 1:53PM Rahu 5:23PM – 7:08PM	Bharani Until 5:40PM Ayushman Until 10:46AM Kintughna Until 10:10AM Prathama* Until 10:56PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka*Chaitra	Sunrise: 5:08AM Sunset: 7:08PM	Subhakrit 5124 Moon 4 - Phase 2 - 13 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy Sun 14 Sutra 15 Subhakrit 5124
1	Wrishabha Rasi: 2.55 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 7:55PM Then Creative Work - Amrita Yoga	Gulika 1:53PM – 3:39PM Yama 10:23AM – 12:08PM 221445479 Rahu 6:52AM – 8:38AM	Krittika Until 7:55PM Saubhagya Until 11:07AM Balava Until 11:52AM Dvitiya Until 12:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:07AM Sunset: 7:09PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy Sun 15 Sutra 16 Subhakrit 5124
2	Wrishabha Rasi: 14.57 Tithi 3 Creative Work Amrita Yoga Until 10:50PM Then Creative Work - Siddha Yoga	Gulika 12:08PM – 1:54PM Yama 8:37AM – 10:22AM 231445479 Rahu 3:39PM – 5:25PM	Rohini Until 10:50PM Sobhana Until 11:47AM Taitila Until 1:58PM Tritiya Until 3:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:05AM Sunset: 7:10PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy Sun 16 Sutra 17 Subhakrit 5124
3	Wrishabha Rasi: 26.52 Tithi 4 Creative Work Siddha Yoga Until 1:48AM Thu Then Routine Work - Marana Yoga	Gulika 10:22AM – 12:08PM Yama 6:50AM – 8:36AM 231445479 Rahu 12:08PM – 1:54PM	Mrigashira Until 1:48AM Thu Athiganda* Until 12:38PM Vanija Until 4:21PM Chaturthi* Until 5:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:05AM Sunset: 7:11PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava Karana Panchamyam Titau				Rome, Italy Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 8.43 Tithi 5 Routine Work Marana Yoga Until 4:40AM Fri Then Creative Work - Siddha Yoga	Gulika 8:36AM – 10:22AM Yama 5:03AM – 6:49AM 231445479 Rahu 1:54PM – 3:40PM	Ardra Until 4:40AM Fri Sukarma Until 1:37PM Bava Until 6:51PM Panchami Until 8:04AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:03AM Sunset: 7:12PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 20.34 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika 6:48AM – 8:35AM Yama 3:41PM – 5:27PM 241445479 Rahu 10:21AM – 12:08PM	Punarvasu Until 7:46AM Sat Dhriti Until 2:36PM Kaulava Until 9:18PM Panchami Until 8:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:02AM Sunset: 7:13PM	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 2.26 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 5:01AM – 6:48AM Yama 1:54PM – 3:41PM 241445479 Rahu 8:34AM – 10:21AM	Punarvasu Until 7:46AM Shula* Until 3:26PM Gara Until 11:31PM Shashthi* Until 10:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:01AM Sunset: 7:15PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 14.26 Tithi 7 – 8 Creative Work Siddha Yoga	Gulika 3:42PM – 5:29PM Yama 12:08PM – 1:55PM 241445479 Rahu 5:29PM – 7:16PM	Pushya Until 10:25AM Ganda* Until 4:00PM Visti Until 1:20AM Mon Saptami Until 12:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:00AM Sunset: 7:16PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 26.37 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga Until 12:25PM Then Routine Work - Marana Yoga	Gulika 1:55PM – 3:42PM Yama 10:20AM – 12:08PM 241445479 Rahu 6:46AM – 8:33AM	Ashlesha* Until 12:25PM Vridhhi Until 4:11PM Balava Until 2:33AM Tue Ashtami* Until 2:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:58AM Sunset: 7:17PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rome, Italy
	Simha Rasi: 9.02	Tithi 9 – 10	Sun 22	Sutra 23			
		252445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 23	Sutra 24		
	Creative Work	Siddha Yoga	Sun 24	Sutra 25			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Simha Rasi: 21.48	Tithi 10 – 11	Sun 25	Sutra 26			
		252445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sun 26	Sutra 27		
	Creative Work	Amrita Yoga	Sun 27	Sutra 28			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Kanya Rasi: 4.57	Tithi 11 – 12	Sun 27	Sutra 28			
		252445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 27	Sutra 28		
	Amrita Yoga		Sun 27	Sutra 28			

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy
	Kanya Rasi: 18.31	Tithi 12 – 13	Sun 29	Sutra 29			
		262445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 27	Sutra 28		
	Creative Work	Amrita Yoga	Sun 27	Sutra 28			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy
	Tula Rasi: 2.31	Tithi 13 – 14	Sun 29	Sutra 29			
		262445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau	Sun 29	Sutra 29		
	Routine Work	Marana Yoga	Sun 29	Sutra 29			

6	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy
	Tula Rasi: 16.54	Tithi 14 – 15	Sun 29	Sutra 29			
		262445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau	Sun 29	Sutra 29		
	Creative Work	Siddha Yoga	Sun 29	Sutra 29			

7	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy
	Vrischika Rasi: 2	Tithi 16	Sun 29	Sutra 29			
		272445479	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau	Sun 29	Sutra 29		
	Family Home Evening	Marana Yoga	Sun 29	Sutra 29			



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sutra 30

Vrischika Rasi: 16.29 Tithi 17

272445479

Gulika 12:07PM – 1:57PM
Yama 8:29AM – 10:18AM
Rahu 3:46PM – 5:35PM

Anuradha Until 6:15AM
Shiva Until 6:07PM
Taitila Until 12:14PM
Dvitiya Until 10:31PM

Ganesha: Yellow *Sunrise:* 4:50AM
Muruqa: White *Sunset:* 7:25PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 6:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy
Sun 1 Sutra 31

Dhanus Rasi: 1.27 Tithi 18

282445479

Gulika 10:18AM – 12:07PM
Yama 6:39AM – 8:28AM
Rahu 12:07PM – 1:57PM

Mula* Until 1:07AM Thu
Siddha Until 2:13PM
Vanija Until 8:49AM
Tritiya Until 7:08PM

Ganesha: Blue *Sunrise:* 4:49AM
Muruqa: White *Sunset:* 7:26PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 1:07AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sun 2 Sutra 32

Dhanus Rasi: 16.2 Tithi 19 – 20

282445479

Gulika 8:28AM – 10:18AM
Yama 4:48AM – 6:38AM
Rahu 1:57PM – 3:47PM

Purvashadha* Until 10:47PM
Sadhya Until 10:27AM
Kaulava Until 2:26AM Fri
Chaturthi* Until 3:55PM

Ganesha: Blue *Sunrise:* 4:48AM
Muruqa: White *Sunset:* 7:27PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 10:47PM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rome, Italy
Sun 3 Sutra 33

Makara Rasi: 1.03 Tithi 20 – 21

282445479

Gulika 6:37AM – 8:27AM
Yama 3:48PM – 5:38PM
Rahu 10:18AM – 12:08PM

Uttarashadha Until 8:40PM
Subha Until 6:55AM
Gara Until 11:43PM
Panchami Until 1:01PM

Ganesha: Blue *Sunrise:* 4:47AM
Muruqa: White *Sunset:* 7:28PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy
Sun 4 Sutra 34

Makara Rasi: 15.29 Tithi 21 – 22

292445479

Gulika 4:47AM – 6:37AM
Yama 1:58PM – 3:48PM
Rahu 8:27AM – 10:17AM

Shravana Until 7:17PM
Brahma Until 12:51AM Sun
Visti Until 9:28PM
Shashthi* Until 10:31AM

Ganesha: Red *Sunrise:* 4:47AM
Muruqa: White *Sunset:* 7:29PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy
Sun 5 Sutra 35

Makara Rasi: 29.34 Tithi 22 – 23

292445479

Gulika 3:49PM – 5:39PM
Yama 12:08PM – 1:58PM
Rahu 5:39PM – 7:30PM

Dhanishtha Until 6:17PM
Indra Until 10:29PM
Balava Until 7:45PM
Saptami Until 8:31AM

Ganesha: Red *Sunrise:* 4:46AM
Muruqa: White *Sunset:* 7:30PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy
Sun 6 Sutra 36

Kumbha Rasi: 13.19 Tithi 23 – 24

293445479

Gulika 1:58PM – 3:49PM
Yama 10:17AM – 12:08PM
Rahu 6:36AM – 8:26AM

Shatabhishak Until 5:43PM
Vaidhriti* Until 8:34PM
Taitila Until 6:38PM
Ashtami* Until 7:06AM

Ganesha: Green *Sunrise:* 4:45AM
Muruqa: White *Sunset:* 7:30PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga

Until 5:43PM

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1		Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Rome, Italy Sun 7 Sutra 37
Kumbha Rasi: 26.43	Tithi 24 – 25	Gulika	12:08PM – 1:59PM	Purvaproshtapada* Until 6:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
		Yama	8:26AM – 10:17AM	Vishkambha* Until 7:09PM	Muruqa: White	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 6 - 7
		213545479 Rahu	3:50PM – 5:40PM	Vanija Until 6:06PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 6:16AM	Moon – Clear		Devaloka Day
Until 6:03PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Rome, Italy Sun 8 Sutra 38
Meena Rasi: 9.48	Tithi 25 – 26	Gulika	10:17AM – 12:08PM	Uttaraproshtapada Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
		Yama	6:35AM – 8:26AM	Priti Until 6:13PM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 6 - 8
		213545479 Rahu	12:08PM – 1:59PM	Bava Until 6:10PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 6:02AM	Moon – Clear		Devaloka Day
Until 6:48PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Rome, Italy Sun 9 Sutra 39
Meena Rasi: 22.35	Tithi 26 – 27	Gulika	8:25AM – 10:17AM	Revati Until 7:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
		Yama	4:43AM – 6:34AM	Ayushman Until 5:42PM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 6 - 9
		313545479 Rahu	1:59PM – 3:51PM	Kaulava Until 6:47PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 6:23AM	Moon – Clear		Sivaloka Day
Until 7:57PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau			Rome, Italy Sun 10 Sutra 40
Mesha Rasi: 5.08	Tithi 27 – 28	Gulika	6:34AM – 8:25AM	Ashvini Until 9:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		Yama	3:51PM – 5:43PM	Saubhagya Until 5:35PM	Muruqa: White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 6 - 10
		323545479 Rahu	10:17AM – 12:08PM	Gara Until 7:55PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 7:17AM	Moon – White		Devaloka Day
Until 9:54PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Rome, Italy Sun 11 Sutra 41
Mesha Rasi: 17.28	Tithi 28 – 29	Gulika	4:42AM – 6:33AM	Bharani Until 12:08AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		Yama	2:00PM – 3:52PM	Sobhana Until 5:51PM	Muruqa: White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 6 - 11
		323545479 Rahu	8:25AM – 10:17AM	Visti Until 9:30PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 8:39AM	Moon – White		Devaloka Day
Until 2:32AM Mon					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Rome, Italy Sun 12 Sutra 42
Mesha Rasi: 29.37	Tithi 29 – 30	Gulika	3:52PM – 5:44PM	Krittika Until 2:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
		Yama	12:08PM – 2:00PM	Athiganda* Until 6:22PM	Muruqa: White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 6 - 12
		323545479 Rahu	5:44PM – 7:36PM	Catuspada Until 11:28PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 10:25AM	Moon – White		Devaloka Day
Until 2:32AM Mon					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

Retreat Star		Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Rome, Italy Sun 13 Sutra 43
Vrishabha Rasi: 11.38	Tithi 30 – 1	Gulika	2:00PM – 3:52PM	Rohini Until 5:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
Family Home Evening		Yama	10:16AM – 12:08PM	Sukarma Until 7:09PM	Muruqa: White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 6 - 13
		333545479 Rahu	6:32AM – 8:24AM	Kintughna Until 1:42AM Tue	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 12:32PM	Moon – Yellow		Devaloka Day
Until 5:33AM Tue					Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rome, Italy Sun 14 Sutra 44
	Wrisabha Rasi: 23.33	Tithi 1 – 2	Gulika 12:09PM – 2:01PM	Mrigashira Until 8:33AM Wed	Ganesha: Orange <i>Sunrise:</i> 4:40AM		Subhakit 5124
			Yama 8:24AM – 10:16AM	Dhriti Until 8:06PM	Muruqa: White <i>Sunset:</i> 7:37PM		Moon 5 - Phase 7 - 14
	Creative Work	Siddha Yoga	333545479 Rahu 3:53PM – 5:45PM	Balava Until 4:07AM Wed	Nataraja: Clear		3rd Phase
			Prathama* Until 2:52PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy Sun 15 Sutra 45
	Mithuna Rasi: 5.24	Tithi 2 – 3	Gulika 10:16AM – 12:09PM	Mrigashira Until 8:33AM	Ganesha: Orange <i>Sunrise:</i> 4:39AM		Subhakit 5124
			Yama 6:32AM – 8:24AM	Shula* Until 9:05PM	Muruqa: White <i>Sunset:</i> 7:38PM		Moon 5 - Phase 7 - 15
	Creative Work	Siddha Yoga	333545479 Rahu 12:09PM – 2:01PM	Taitila Until 6:36AM Thu	Nataraja: Clear		3rd Phase
			Dvitiya Until 5:20PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy Sun 16 Sutra 46
	Mithuna Rasi: 17.14	Tithi 3	Gulika 8:24AM – 10:16AM	Ardra Until 11:25AM	Ganesha: Orange <i>Sunrise:</i> 4:39AM		Subhakit 5124
			Yama 4:39AM – 6:31AM	Ganda* Until 10:06PM	Muruqa: Green <i>Sunset:</i> 7:39PM		Moon 5 - Phase 7 - 16
	Routine Work	Marana Yoga	333555479 Rahu 2:01PM – 3:54PM	Taitila Until 6:36AM	Nataraja: Clear		3rd Phase
Until 11:25AM			Tritiya Until 7:49PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy Sun 17 Sutra 47
	Mithuna Rasi: 29.04	Tithi 4	Gulika 6:31AM – 8:24AM	Punarvasu Until 2:35PM	Ganesha: Clear <i>Sunrise:</i> 4:39AM		Subhakit 5124
			Yama 3:54PM – 5:47PM	Vriddhi Until 11:03PM	Muruqa: Green <i>Sunset:</i> 7:40PM		Moon 5 - Phase 7 - 17
	Creative Work	Siddha Yoga	343555479 Rahu 10:16AM – 12:09PM	Vanija Until 9:03AM	Nataraja: Clear		3rd Phase
Until 2:35PM			Chaturthi* Until 10:12PM	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 18 Sutra 48
	Kataka Rasi: 10.59	Tithi 5	Gulika 4:38AM – 6:31AM	Pushya Until 5:23PM	Ganesha: Clear <i>Sunrise:</i> 4:38AM		Subhakit 5124
			Yama 2:02PM – 3:55PM	Dhruva Until 11:47PM	Muruqa: Green <i>Sunset:</i> 7:40PM		Moon 5 - Phase 7 - 18
	Creative Work	Siddha Yoga	343555479 Rahu 8:24AM – 10:16AM	Bava Until 11:20AM	Nataraja: Clear		3rd Phase
Until 5:23PM			Panchami Until 12:21AM Sun	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Rome, Italy Sun 19 Sutra 49
	Kataka Rasi: 22.59	Tithi 6	Gulika 3:55PM – 5:48PM	Ashlesha* Until 7:42PM	Ganesha: Clear <i>Sunrise:</i> 4:38AM		Subhakit 5124
			Yama 12:09PM – 2:02PM	Vyaghata* Until 12:15AM Mon	Muruqa: Green <i>Sunset:</i> 7:41PM		Moon 5 - Phase 7 - 19
	Creative Work	Siddha Yoga	343555471 Rahu 5:48PM – 7:41PM	Kaulava Until 1:19PM	Nataraja: Yellow		3rd Phase
Until 7:42PM			Shashthi* Until 2:08AM Mon	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

Retreat Star	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 20 Sutra 50
	Simha Rasi: 5.09	Tithi 7	Gulika 2:03PM – 3:56PM	Magha* Until 9:53PM	Ganesha: Purple <i>Sunrise:</i> 4:38AM		Subhakit 5124
	Family Home Evening		Yama 10:17AM – 12:10PM	Harshana Until 12:21AM Tue	Muruqa: Green <i>Sunset:</i> 7:42PM		Moon 5 - Phase 7 - 20
	Routine Work	Marana Yoga	353555471 Rahu 6:31AM – 8:24AM	Gara Until 2:51PM	Nataraja: Yellow		3rd Phase
Until 9:53PM			Saptami Until 3:23AM Tue	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

Retreat Star	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti* Bava Karana Ashtamyam Titau				Rome, Italy Sun 21 Sutra 51
	Simha Rasi: 17.32	Tithi 8	Gulika 12:10PM – 2:03PM	Purvaphalguni Until 11:18PM	Ganesha: Clear <i>Sunrise:</i> 4:37AM		Subhakit 5124
			Yama 8:23AM – 10:17AM	Vajra* Until 11:55PM	Muruqa: Green <i>Sunset:</i> 7:42PM		Moon 5 - Phase 7 - 21
	Creative Work	Siddha Yoga	354555471 Rahu 3:56PM – 5:49PM	Visti Until 3:48PM	Nataraja: Yellow		Ashtami
Until 11:18PM			Ashtami* Until 4:00AM Wed	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

Retreat Star	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 22 Sutra 52
	Kanya Rasi: 0.14	Tithi 9	Gulika 10:17AM – 12:10PM	Uttaraphalguni Until 11:51PM	Ganesha: Clear <i>Sunrise:</i> 4:37AM		Subhakit 5124
			Yama 6:30AM – 8:23AM	Siddhi Until 10:55PM	Muruqa: Green <i>Sunset:</i> 7:43PM		Moon 5 - Phase 7 - 22
	Creative Work	Amrita Yoga	354555471 Rahu 12:10PM – 2:03PM	Balava Until 4:03PM	Nataraja: Yellow		Navami
Until 11:51PM			Navami* Until 3:51AM Thu	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy
	Kanya Rasi: 13.17	Tithi 10	Gulika 8:23AM – 10:17AM	Hasta Until 11:55PM	Ganesha: White	Sunrise: 4:37AM	Sun 23
		364555471	Yama 4:37AM – 6:30AM	Vyatipata* Until 9:19PM	Muruqa: Green	Sunset: 7:43PM	Subhakrit 5124
			Rahu 2:03PM – 3:57PM	Taitila Until 3:31PM	Nataraja: Yellow		Moon 5 - Phase 8 - 23
	Routine Work	Marana Yoga		Dashami Until 2:56AM Fri	Moon – Green		4th Phase
	Until 11:55PM				Jyeshtha-Vaikasi	Bhuloka Day	
	Then Creative Work - Siddha Yoga					Devaloka Time: 6:PM to 9:PM	


2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy
	Kanya Rasi: 26.47	Tithi 11	Gulika 6:30AM – 8:23AM	Chitra Until 11:05PM	Ganesha: White	Sunrise: 4:37AM	Sun 24
		364555471	Yama 3:57PM – 5:51PM	Variyan Until 7:03PM	Muruqa: Green	Sunset: 7:44PM	Subhakrit 5124
			Rahu 10:17AM – 12:10PM	Vanija Until 2:12PM	Nataraja: Yellow		Moon 5 - Phase 8 - 24
	Creative Work	Siddha Yoga		Ekadashi Until 1:14AM Sat	Moon – Green		4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashtyam Titau				Rome, Italy
	Tula Rasi: 10.43	Tithi 12	Gulika 4:36AM – 6:30AM	Svati Until 9:24PM	Ganesha: White	Sunrise: 4:36AM	Sun 25
		364555471	Yama 2:04PM – 3:57PM	Parigha* Until 4:13PM	Muruqa: Green	Sunset: 7:44PM	Subhakrit 5124
			Rahu 8:23AM – 10:17AM	Bava Until 12:08PM	Nataraja: Yellow		Moon 5 - Phase 8 - 25
	Creative Work	Siddha Yoga		Dvadashti Until 10:51PM	Moon – Green		4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
	Tula Rasi: 25.07	Tithi 13	Gulika 3:58PM – 5:51PM	Vishakha Until 7:24PM	Ganesha: Yellow	Sunrise: 4:36AM	Sun 26
		374555471	Yama 12:11PM – 2:04PM	Shiva Until 12:53PM	Muruqa: Green	Sunset: 7:45PM	Subhakrit 5124
			Rahu 5:51PM – 7:45PM	Kaulava Until 9:27AM	Nataraja: Yellow		Moon 5 - Phase 8 - 26
	Routine Work	Marana Yoga		Trayodashi Until 7:53PM	Moon – Orange		4th Phase
			Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Day	
				Pradosha Vrata			

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy
	Vrischika Rasi: 9.53	Tithi 14 – 15	Gulika 2:05PM – 3:58PM	Anuradha Until 4:50PM	Ganesha: Yellow	Sunrise: 4:36AM	Sun 27
	Family Home Evening		Yama 10:17AM – 12:11PM	Siddha Until 9:08AM	Muruqa: Green	Sunset: 7:45PM	Subhakrit 5124
		374555471	Rahu 6:30AM – 8:24AM	Gara Until 6:15AM	Nataraja: Yellow		Moon 5 - Phase 8 - 27
	Creative Work	Siddha Yoga		Chaturdashi* Until 4:30PM	Moon – Orange		4th Phase
					Jyeshtha-Vaikasi	Devaloka Day	

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy
	Vrischika Rasi: 24.56	Tithi 15 – 16	Gulika 12:11PM – 2:05PM	Jyeshtha* Until 1:52PM	Ganesha: Yellow	Sunrise: 4:36AM	Sun 28
		374555471	Yama 8:24AM – 10:17AM	Subha Until 12:57AM Wed	Muruqa: Green	Sunset: 7:46PM	Subhakrit 5124
			Rahu 3:58PM – 5:52PM	Balava Until 10:57PM	Nataraja: Yellow		Moon 5 - Phase 8 - Purnima
	Routine Work	Marana Yoga		Purnima* Until 12:49PM	Moon – Orange		
	Until 1:52PM				Jyeshtha-Vaikasi	Devaloka Day	
	Then Creative Work - Amrita Yoga						

	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Rome, Italy
	Dhanus Rasi: 10.08	Tithi 16 – 17	Gulika 10:17AM – 12:11PM	Mula* Until 11:02AM	Ganesha: Blue	Sunrise: 4:36AM	Sun 29
		384555471	Yama 6:30AM – 8:24AM	Sukla Until 8:44PM	Muruqa: Green	Sunset: 7:46PM	Subhakrit 5124
			Rahu 12:11PM – 2:05PM	Taitila Until 7:09PM	Nataraja: Yellow		Moon 5 - Phase 8 - Prathama
	Routine Work	Marana Yoga		Prathama* Until 9:02AM	Moon – Light Blue		
	Until 11:02AM				Jyeshtha-Ani	Bhuloka Day	
	Then Creative Work - Amrita Yoga					Devaloka Time: 6:PM to 9:PM	



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy

Sun 1

Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Dhanus Rasi: 25.19 Tithi 18

384555471

Gulika 8:24AM – 10:18AM
Yama 4:36AM – 6:30AM
Rahu 2:05PM – 3:59PM

Purvashadha* Until 8:08AM
Brahma Until 4:40PM
Vanija Until 3:30PM
Tritiya Until 1:45AM Fri

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:36AM
Sunset: 7:47PM

Creative Work Siddha Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

1 Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthayam Titau

Rome, Italy

Sun 2

Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Devaloka Day

Makara Rasi: 10.19 Tithi 19

394555471

Gulika 6:30AM – 8:24AM
Yama 3:59PM – 5:53PM
Rahu 10:18AM – 12:12PM

Shravana Until 3:13AM Sat
Indra Until 12:51PM
Bava Until 12:07PM
Chaturthi* Until 10:34PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:36AM
Sunset: 7:47PM

Routine Work Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

2 Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sun 3

Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Sivaloka Day

Makara Rasi: 25.01 Tithi 20

394655471

Gulika 4:36AM – 6:30AM
Yama 2:06PM – 4:00PM
Rahu 8:24AM – 10:18AM

Dhanishtha Until 1:29AM Sun
Vaidhriti* Until 9:23AM
Kaulava Until 9:11AM
Panchami Until 7:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:36AM
Sunset: 7:47PM

Creative Work Siddha Yoga

3 Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shalabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sun 4

Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Devaloka Day

Kumbha Rasi: 9.19 Tithi 21 – 22

395655471

Gulika 4:00PM – 5:54PM
Yama 12:12PM – 2:06PM
Rahu 5:54PM – 7:48PM

Shatabhishak Until 12:16AM Mon
Vishkambha* Until 6:24AM
Gara Until 6:49AM
Shashthi* Until 5:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:36AM
Sunset: 7:48PM

Creative Work Siddha Yoga

Until 12:16AM Mon

Then Routine Work - Marana Yoga

Father's Day

4 Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sun 5

Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Devaloka Day

Kumbha Rasi: 23.1 Tithi 22 – 23

315655471

Gulika 2:06PM – 4:00PM
Yama 10:18AM – 12:12PM
Rahu 6:31AM – 8:24AM

Purvaproshtapada* Until 12:05AM Tue
Ayushman Until 2:10AM Tue
Balava Until 4:12AM Tue
Saptami Until 4:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:48PM

Routine Work Marana Yoga

Until 12:05AM Tue

Then Creative Work - Amrita Yoga

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy

Sun 6

Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Devaloka Day

Meena Rasi: 6.35 Tithi 23 – 24

315655471

Gulika 12:13PM – 2:06PM
Yama 8:25AM – 10:19AM
Rahu 4:00PM – 5:54PM

Uttaraproshtapada Until 12:32AM Wed
Saubhagya Until 12:59AM Wed
Taitila Until 4:03AM Wed
Ashtami* Until 4:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:48PM

Creative Work Amrita Yoga

Until 12:32AM Wed

Then Routine Work - Marana Yoga

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rome, Italy

Sun 7

Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Devaloka Day

Meena Rasi: 19.35 Tithi 24 – 25

315655471

Gulika 10:19AM – 12:13PM
Yama 6:31AM – 8:25AM
Rahu 12:13PM – 2:07PM

Revati Until 1:32AM Thu
Sobhana Until 12:24AM Thu
Vanija Until 4:38AM Thu
Navami* Until 4:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:48PM

Routine Work Marana Yoga

Until 1:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rome, Italy Sun 8 Sutra 67 Subhakrit 5124
Mesha Rasi: 2.14	Tithi 25 – 26	325655471	Gulika 8:25AM – 10:19AM Yama 4:37AM – 6:31AM Rahu 2:07PM – 4:01PM	Ashvini Until 3:31AM Fri Athiganda* Until 12:19AM Fri Bava Until 5:53AM Fri Dashami Until 5:10PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 4:37AM Sunset: 7:49PM Moon 6 - Phase 10 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga		Until 3:31AM Fri		Then Creative Work - Siddha Yoga		
2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava Karana Ekadashyam Titau		Rome, Italy Sun 9 Sutra 68 Subhakrit 5124
Mesha Rasi: 14.35	Tithi 26	325655471	Gulika 6:31AM – 8:25AM Yama 4:01PM – 5:55PM Rahu 10:19AM – 12:13PM	Bharani Until 5:52AM Sat Sukarma Until 12:41AM Sat Balava Until 6:41PM Ekadashi* Until 6:41PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 4:38AM Sunset: 7:49PM Moon 6 - Phase 10 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga		Until 5:52AM Sat		Then Creative Work - Amrita Yoga		
3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rome, Italy Sun 10 Sutra 69 Subhakrit 5124
Mesha Rasi: 26.43	Tithi 27	325655471	Gulika 4:38AM – 6:32AM Yama 2:07PM – 4:01PM Rahu 8:26AM – 10:19AM	Krittika Until 8:25AM Sun Dhriti Until 1:23AM Sun Kaulava Until 7:39AM Dvadashi* Until 8:40PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 4:38AM Sunset: 7:49PM Moon 6 - Phase 10 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga		Until 8:25AM Sun		Then Creative Work - Siddha Yoga		
4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy Sun 11 Sutra 70 Subhakrit 5124
Vrishabha Rasi: 8.42	Tithi 28	325655471	Gulika 4:01PM – 5:55PM Yama 12:14PM – 2:07PM Rahu 5:55PM – 7:49PM	Krittika Until 8:25AM Shula* Until 2:17AM Mon Gara Until 9:48AM Trayodashi* Until 10:57PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 4:38AM Sunset: 7:49PM Moon 6 - Phase 10 - 11 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>		
5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rome, Italy Sun 12 Sutra 71 Subhakrit 5124
Vrishabha Rasi: 20.35	Tithi 29	335655471	Gulika 2:08PM – 4:01PM Yama 10:20AM – 12:14PM Rahu 6:32AM – 8:26AM	Rohini Until 11:33AM Ganda* Until 3:18AM Tue Visti Until 12:11PM Chaturdashi* Until 1:25AM Tue	Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 4:39AM Sunset: 7:49PM Moon 6 - Phase 10 - 12 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Family Home Evening		Creative Work Amrita Yoga				
Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rome, Italy Sun 13 Sutra 72 Subhakrit 5124
Mithuna Rasi: 2.25	Tithi 30	336655471	Gulika 12:14PM – 2:08PM Yama 8:26AM – 10:20AM Rahu 4:01PM – 5:55PM	Mrigashira Until 2:37PM Vriddhi Until 4:22AM Wed Catuspada Until 2:41PM Amavasya* Until 3:55AM Wed	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 4:39AM Sunset: 7:49PM Moon 6 - Phase 10 - 13 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga		Until 2:37PM		Then Routine Work - Marana Yoga		
Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Rome, Italy Sun 14 Sutra 73 Subhakrit 5124
Mithuna Rasi: 14.14	Tithi 1	336655471	Gulika 10:20AM – 12:14PM Yama 6:33AM – 8:27AM Rahu 12:14PM – 2:08PM	Ardra Until 5:30PM Dhruva Until 5:22AM Thu Kintughna Until 5:10PM Prathama* Until 6:22AM Thu	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Ashada-Ani	Sunrise: 4:39AM Sunset: 7:49PM Moon 6 - Phase 10 - 14 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rome, Italy Sun 15 Sutra 74 Subhakarit 5124
Mithuna Rasi: 26.05	Tithi 1 – 2	Gulika 8:27AM – 10:21AM	Punarvasu Until 8:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:40AM	
		Yama 4:40AM – 6:33AM	Vyaghata* Until 6:16AM Fri	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 15
346655471		Rahu 2:08PM – 4:02PM	Balava Until 7:34PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Prathama* Until 6:22AM	Moon – Blue		
				Ashada*Ani		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM
2		Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rome, Italy Sun 16 Sutra 75 Subhakarit 5124
Kataka Rasi: 7.58	Tithi 2 – 3	Gulika 6:34AM – 8:27AM	Pushya Until 11:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:40AM	
		Yama 4:02PM – 5:55PM	Vyaghata* Until 6:16AM	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 16
346655471		Rahu 10:21AM – 12:15PM	Taitila Until 9:47PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:41AM	Moon – Blue		
				Ashada*Ani		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM
3		Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Rome, Italy Sun 17 Sutra 76 Subhakarit 5124
Kataka Rasi: 19.56	Tithi 3 – 4	Gulika 4:41AM – 6:34AM	Ashlesha* Until 1:49AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 4:41AM	
		Yama 2:08PM – 4:02PM	Harshana Until 7:02AM	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 17
346655471		Rahu 8:28AM – 10:21AM	Vanija Until 11:45PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 10:47AM	Moon – Blue		
				Ashada*Ani		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM
4		Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rome, Italy Sun 18 Sutra 77 Subhakarit 5124
Simha Rasi: 2.01	Tithi 4 – 5	Gulika 4:02PM – 5:55PM	Magha* Until 4:12AM Mon	Ganesha: Orange	<i>Sunrise:</i> 4:41AM	
		Yama 12:15PM – 2:08PM	Vajra* Until 7:34AM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 11 - 18
356655471		Rahu 5:55PM – 7:48PM	Bava Until 1:23AM Mon	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:36PM	Moon – Red		
Until 4:12AM Mon				Ashada*Ani		Devaloka Day
Then Creative Work - Siddha Yoga						
5		Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rome, Italy Sun 19 Sutra 78 Subhakarit 5124
Simha Rasi: 14.15	Tithi 5 – 6	Gulika 2:08PM – 4:02PM	Purvaphalguni Until 5:59AM Tue	Ganesha: Orange	<i>Sunrise:</i> 4:42AM	
Family Home Evening		Yama 10:22AM – 12:15PM	Siddhi Until 7:50AM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 11 - 19
356655471		Rahu 6:35AM – 8:28AM	Kaulava Until 2:35AM Tue	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:02PM	Moon – Red		
Until 5:59AM Tue				Ashada*Ani		Devaloka Day
Then Creative Work - Amrita Yoga						
6		Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rome, Italy Sun 20 Sutra 79 Subhakarit 5124
Simha Rasi: 26.4	Tithi 6 – 7	Gulika 12:15PM – 2:08PM	Uttaraphalguni Until 7:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:43AM	
		Yama 8:22AM – 10:22AM	Vyatipata* Until 7:45AM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 11 - 20
356655471		Rahu 4:02PM – 5:55PM	Gara Until 3:15AM Wed	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:58PM	Moon – Red		
Until 7:04AM Wed				Ashada*Ani		Devaloka Day
Then Routine Work - Marana Yoga						
Retreat Star		Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Rome, Italy Sun 21 Sutra 80 Subhakarit 5124
Kanya Rasi: 9.2	Tithi 7 – 8	Gulika 10:22AM – 12:15PM	Uttaraphalguni Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 4:43AM	
		Yama 6:36AM – 8:29AM	Variyan Until 7:12AM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 11 - 21
357655471		Rahu 12:15PM – 2:08PM	Visti Until 3:16AM Thu	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 3:19PM	Moon – Red		
Until 7:04AM				Ashada*Ani		Devaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
Retreat Star		Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rome, Italy Sun 22 Sutra 81 Subhakarit 5124
Kanya Rasi: 22.19	Tithi 8 – 9	Gulika 8:30AM – 10:23AM	Hasta Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	
		Yama 4:44AM – 6:37AM	Parigha* Until 6:08AM	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 11 - 22
467655471		Rahu 2:08PM – 4:01PM	Balava Until 2:33AM Fri	Nataraja: Yellow		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 2:59PM	Moon – Green		
Until 7:50AM				Ashada*Ani		Devaloka Day
Then Creative Work - Siddha Yoga						
Retreat Star		Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rome, Italy Sun 23 Sutra 82 Subhakarit 5124
Tula Rasi: 5.41	Tithi 9 – 10	Gulika 6:37AM – 8:30AM	Chitra Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	
		Yama 4:01PM – 5:54PM	Siddha Until 2:16AM Sat	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 11 - 23
467655471		Rahu 10:23AM – 12:16PM	Taitila Until 1:07AM Sat	Nataraja: Yellow		Navami
Creative Work	Siddha Yoga		Navami* Until 1:55PM	Moon – Green		
				Ashada*Ani		Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

www.gurudeva.org/panchang

1	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 19.29	Tithi 10 – 11	Gulika 4:45AM – 6:38AM	Svati Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	
	467655471		Yama 2:09PM – 4:01PM	Sadhya Until 11:27PM	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	Rahu 8:30AM – 10:23AM	Vanija Until 10:58PM	Nataraja: Yellow			
			Dashami Until 12:07PM	Moon – Green		Devaloka Day	
				Ashada*Ani			

2	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 3.43	Tithi 11 – 12	Gulika 4:01PM – 5:54PM	Anuradha Until 3:13AM Mon	Ganesha: White	<i>Sunrise:</i> 4:46AM	
	477655471		Yama 12:16PM – 2:09PM	Subha Until 8:09PM	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12 - 25 4th Phase
Routine Work	Marana Yoga	Rahu 5:54PM – 7:46PM	Bava Until 8:13PM	Nataraja: Yellow			
Until 3:13AM Mon			Ekadashi Until 9:39AM	Moon – Orange		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 18.22	Tithi 12 – 13	Gulika 2:09PM – 4:01PM	Jyeshtha* Until 12:31AM Tue	Ganesha: White	<i>Sunrise:</i> 4:46AM	
	477655471		Yama 10:24AM – 12:16PM	Sukla Until 4:24PM	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12 - 26 4th Phase
Family Home Evening		Rahu 6:39AM – 8:31AM	Taitila Until 3:10AM Tue	Nataraja: Yellow			
Creative Work	Siddha Yoga		Dvadashi Until 6:37AM	Moon – Orange		Bhuloka Day	
Until 12:31AM Tue				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

4	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 3.21	Tithi 14	Gulika 12:16PM – 2:08PM	Mula* Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 4:47AM	
	488655471		Yama 8:32AM – 10:24AM	Brahma Until 12:22PM	Muruqa: Green	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12 - 27 4th Phase
Creative Work	Amrita Yoga	Rahu 4:01PM – 5:53PM	Gara Until 1:20PM	Nataraja: Yellow			
Until 9:46PM			Chaturdashi* Until 11:26PM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

○	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sun 28 Sutra 87 Subhakrit 5124
	Copper Retreat Star		Gulika 10:24AM – 12:16PM	Purvashadha* Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	
	Dhanus Rasi: 18.33	Tithi 15	Yama 6:40AM – 8:32AM	Indra Until 8:11AM	Muruqa: Green	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12 - Purnima
488755471		Rahu 12:16PM – 2:08PM	Visti Until 9:32AM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Purnima* Until 7:35PM	Moon – Light Blue		Devaloka Day	
		Satguru Purnima		Ashada*Ani			

○	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Rome, Italy Sun 29 Sutra 88 Subhakrit 5124
	Silver Retreat Star		Gulika 8:33AM – 10:25AM	Uttarashadha Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	
	Makara Rasi: 3.47	Tithi 16 – 17	Yama 4:49AM – 6:41AM	Vishkambha* Until 11:47PM	Muruqa: Green	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 12 - Prathama
488755471		Rahu 2:08PM – 4:00PM	Taitila Until 1:59AM Fri	Nataraja: Yellow			
Routine Work	Marana Yoga		Prathama* Until 3:47PM	Moon – Light Blue		Devaloka Day	
Until 3:40PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy
Sun 1
Sutra 89

Makara Rasi: 18.55 Tithi 17 - 18

498755471

Gulika 6:41AM - 8:33AM
Yama 4:00PM - 5:52PM
Rahu 10:25AM - 12:17PM

Shravana Until 1:04PM
Priti Until 7:54PM
Vanija Until 10:35PM
Dvitiya Until 12:13PM

Ganesha: Blue *Sunrise: 4:50AM*
Muruqa: Green *Sunset: 7:44PM*
Nataraja: Yellow
Moon - Purple
Ashada-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Rome, Italy
Sun 2
Sutra 90

Kumbha Rasi: 3.46 Tithi 18 - 19

498755471

Gulika 4:50AM - 6:42AM
Yama 2:08PM - 4:00PM
Rahu 8:33AM - 10:25AM

Dhanishtha Until 10:44AM
Ayushman Until 4:22PM
Bava Until 7:40PM
Tritiya Until 9:02AM

Ganesha: Blue *Sunrise: 4:50AM*
Muruqa: Green *Sunset: 7:43PM*
Nataraja: Yellow
Moon - Purple
Ashada-Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 10:44AM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sun 3
Sutra 91

Kumbha Rasi: 18.13 Tithi 19 - 20

498755472

Gulika 4:00PM - 5:51PM
Yama 12:17PM - 2:08PM
Rahu 5:51PM - 7:42PM

Shatabhishak Until 8:50AM
Saubhagya Until 1:22PM
Taitila Until 4:29AM Mon
Chaturthi* Until 6:25AM

Ganesha: Blue *Sunrise: 4:51AM*
Muruqa: Green *Sunset: 7:42PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Rome, Italy
Sun 4
Sutra 92

Meena Rasi: 2.13 Tithi 21

418755472

Gulika 2:08PM - 3:59PM
Yama 10:26AM - 12:17PM
Rahu 6:43AM - 8:34AM

Purvaproshtapada* Until 7:56AM
Sobhana Until 10:58AM
Gara Until 3:50PM
Shashthi* Until 3:22AM Tue

Ganesha: White *Sunrise: 4:52AM*
Muruqa: Green *Sunset: 7:42PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 7:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Rome, Italy
Sun 5
Sutra 93

Meena Rasi: 15.43 Tithi 22

419755472

Gulika 12:17PM - 2:08PM
Yama 8:35AM - 10:26AM
Rahu 3:59PM - 5:50PM

Uttaraproshtapada Until 7:42AM
Athiganda* Until 9:13AM
Visti Until 3:09PM
Saptami Until 3:06AM Wed

Ganesha: Clear *Sunrise: 4:53AM*
Muruqa: Green *Sunset: 7:41PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 7:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 6
Sutra 94

Meena Rasi: 28.45 Tithi 23

419755472

Gulika 10:26AM - 12:17PM
Yama 6:45AM - 8:35AM
Rahu 12:17PM - 2:08PM

Revati Until 8:10AM
Sukarma Until 8:11AM
Balava Until 3:19PM
Ashtami* Until 3:42AM Thu

Ganesha: Clear *Sunrise: 4:54AM*
Muruqa: Green *Sunset: 7:40PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 7
Sutra 95

Mesha Rasi: 11.22 Tithi 24

429755472

Gulika 8:36AM - 10:26AM
Yama 4:55AM - 6:45AM
Rahu 2:08PM - 3:58PM

Ashvini Until 9:46AM
Dhriti Until 7:49AM
Taitila Until 4:19PM
Navami* Until 5:03AM Fri

Ganesha: Purple *Sunrise: 4:55AM*
Muruqa: Green *Sunset: 7:39PM*
Nataraja: White
Moon - White
Ashada-Adi

Devaloka Day

Creative Work Amrita Yoga
Until 9:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda Yoga Vanija/Vistil Karana Dashamyam Titau				Rome, Italy
	Mesha Rasi: 23.4	Tithi 25	Gulika 6:46AM – 8:36AM	Bharani Until 11:54AM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sun 8
			Yama 3:58PM – 5:48PM	Shula* Until 7:59AM	Muruqa: Green	<i>Sunset:</i> 7:39PM	Subhakrit 5124
	429755472	Rahu 10:27AM – 12:17PM		Vanija Until 5:59PM	Nataraja: White		Moon 7 - Phase 14 - 8
Creative Work	Siddha Yoga		Dashami Until 6:59AM Sat	Moon – White		2nd Phase	
				Ashada-Adi		Devaloka Day	


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhi Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy
	Vrishabha Rasi: 5.44	Tithi 25 – 26	Gulika 4:56AM – 6:47AM	Krittika Until 2:24PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sun 9
			Yama 2:07PM – 3:57PM	Ganda* Until 8:37AM	Muruqa: Green	<i>Sunset:</i> 7:39PM	Subhakrit 5124
	429755472	Rahu 8:37AM – 10:27AM		Bava Until 8:08PM	Nataraja: White		Moon 7 - Phase 14 - 9
Creative Work	Amrita Yoga		Dashami Until 6:59AM	Moon – White		2nd Phase	
				Ashada-Adi		Devaloka Day	

3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Vrishabha Rasi: 17.38	Tithi 26 – 27	Gulika 3:57PM – 5:47PM	Rohini Until 5:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sun 10
			Yama 12:17PM – 2:07PM	Vridhi Until 9:32AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Subhakrit 5124
	429755472	Rahu 5:47PM – 7:37PM		Kaulava Until 10:34PM	Nataraja: White		Moon 7 - Phase 14 - 10
Creative Work	Siddha Yoga		Ekadashi* Until 9:18AM	Moon – Yellow		2nd Phase	
				Ashada-Adi		Bhuloka Day	
						Devaloka Time: 9:AM to 12:PM	

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy
	Vrishabha Rasi: 29.28	Tithi 27 – 28	Gulika 2:07PM – 3:57PM	Mrigashira Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sun 11
	Family Home Evening		Yama 10:27AM – 12:17PM	Dhruva Until 10:34AM	Muruqa: Green	<i>Sunset:</i> 7:36PM	Subhakrit 5124
	429755472	Rahu 6:48AM – 8:38AM		Gara Until 1:06AM Tue	Nataraja: White		Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga		Dvadashi* Until 11:49AM	Moon – Yellow		2nd Phase	
Until 8:37PM				Ashada-Adi		Bhuloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			Devaloka Time: 9:AM to 12:PM	

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Vistil Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Mithuna Rasi: 11.16	Tithi 28 – 29	Gulika 12:17PM – 2:07PM	Ardra Until 11:30PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sun 12
			Yama 8:38AM – 10:28AM	Vyaghata* Until 11:38AM	Muruqa: Green	<i>Sunset:</i> 7:35PM	Subhakrit 5124
	429755472	Rahu 3:56PM – 5:46PM		Vistil Until 3:34AM Wed	Nataraja: White		Moon 7 - Phase 14 - 12
Routine Work	Marana Yoga		Trayodashi* Until 2:20PM	Moon – Yellow		2nd Phase	
Until 11:30PM				Ashada-Adi		Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to 12:PM	

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Rome, Italy
	Mithuna Rasi: 23.07	Tithi 29 – 30	Gulika 10:28AM – 12:17PM	Punarvasu Until 2:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	Sun 13
			Yama 6:49AM – 8:39AM	Harshana Until 12:37PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	Subhakrit 5124
	441755472	Rahu 12:17PM – 2:06PM		Catuspada Until 5:52AM Thu	Nataraja: White		Moon 7 - Phase 14 - 13
Creative Work	Siddha Yoga		Chaturdashi* Until 4:44PM	Moon – Blue		2nd Phase	
Until 2:35AM Thu				Ashada-Adi		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to 12:PM	

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Naga Karana Amavasyayam Titau				Rome, Italy
	Retreat Star		Gulika 8:39AM – 10:28AM	Pushya Until 5:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Sun 14
	Kataka Rasi: 5.01	Tithi 30	Yama 5:01AM – 6:50AM	Vajra* Until 1:26PM	Muruqa: Green	<i>Sunset:</i> 7:33PM	Subhakrit 5124
	441755472	Rahu 2:06PM – 3:55PM		Naga Until 6:55PM	Nataraja: White		Moon 7 - Phase 14 - 14
Creative Work	Amrita Yoga		Amavasya* Until 6:55PM	Moon – Blue		Amavasya	
Until 5:16AM Fri				Ashada-Adi		Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to 12:PM	

Retreat Star	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalipata Yoga Kintughna/Bava Karana Prathamayam Titau				Rome, Italy
	Kataka Rasi: 17.01	Tithi 1	Gulika 6:51AM – 8:40AM	Ashlesha* Until 7:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM	Sun 15
			Yama 3:55PM – 5:43PM	Siddhi Until 2:04PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Subhakrit 5124
	441755472	Rahu 10:28AM – 12:17PM		Kintughna Until 7:57AM	Nataraja: White		Moon 7 - Phase 14 - 15
Routine Work	Marana Yoga		Prathama* Until 8:51PM	Moon – Blue		Prathama	
Until 7:31AM Sat				Sravana-Adi		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to 12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Rome, Italy Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 29.08	Tithi 2	Gulika 5:03AM – 6:51AM	Ashlesha* Until 7:31AM	Ganesha: Yellow	Sunrise: 5:03AM	Muruqa: Green	Sunset: 7:31PM	Moon 7 - Phase 15 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:06PM – 3:54PM	Vyatipata* Until 2:30PM	Nataraja: White				
Until 7:31AM		441755472 Rahu 8:40AM – 10:28AM	Balava Until 9:44AM	Moon – Blue				
Then Creative Work - Amrita Yoga			Dvitiya Until 10:29PM	Sravana*Adi				Bhuloka Day Devaloka Time: 9:AM to12:PM

2		Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Rome, Italy Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 11.22	Tithi 3	Gulika 3:53PM – 5:42PM	Magha* Until 9:48AM	Ganesha: Red	Sunrise: 5:04AM	Muruqa: Green	Sunset: 7:30PM	Moon 7 - Phase 15 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 12:17PM – 2:05PM	Varyan Until 2:39PM	Nataraja: White				
Until 9:48AM		451755472 Rahu 5:42PM – 7:30PM	Taitila Until 11:12AM	Moon – Red				
Then Creative Work - Siddha Yoga			Tritiya Until 11:47PM	Sravana*Adi				Bhuloka Day Devaloka Time: 9:AM to12:PM

3		Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 23.45	Tithi 4	Gulika 2:05PM – 3:53PM	Purvaphalguni Until 11:35AM	Ganesha: Red	Sunrise: 5:05AM	Muruqa: Green	Sunset: 7:29PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening		Yama 10:29AM – 12:17PM	Parigha* Until 2:32PM	Nataraja: White				
Creative Work	Siddha Yoga	451755472 Rahu 6:53AM – 8:41AM	Vanija Until 12:19PM	Moon – Red				
			Chaturthi* Until 12:43AM Tue	Sravana*Adi				Bhuloka Day Devaloka Time: 9:AM to12:PM

4		Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 6.19	Tithi 5	Gulika 12:17PM – 2:05PM	Uttaraphalguni Until 12:48PM	Ganesha: Red	Sunrise: 5:06AM	Muruqa: Green	Sunset: 7:28PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work	Amrita Yoga	Yama 8:41AM – 10:29AM	Shiva Until 2:06PM	Nataraja: White				
Until 12:48PM		451755472 Rahu 3:52PM – 5:40PM	Bava Until 1:02PM	Moon – Red				
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 1:12AM Wed	Sravana*Adi				Bhuloka Day Devaloka Time: 9:AM to12:PM

5		Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Rome, Italy Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 19.04	Tithi 6	Gulika 10:29AM – 12:17PM	Hasta Until 1:53PM	Ganesha: Blue	Sunrise: 5:07AM	Muruqa: Green	Sunset: 7:27PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work	Marana Yoga	Yama 6:54AM – 8:42AM	Siddha Until 1:17PM	Nataraja: White				
Until 1:53PM		461755472 Rahu 12:17PM – 2:04PM	Kaulava Until 1:17PM	Moon – Green				
Then Creative Work - Siddha Yoga			Shashthi* Until 1:11AM Thu	Sravana*Adi				Devaloka Day

6		Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 21 Sutra 109 Subhakrit 5124
Tula Rasi: 2.05	Tithi 7	Gulika 8:42AM – 10:29AM	Chitra Until 2:17PM	Ganesha: Blue	Sunrise: 5:08AM	Muruqa: Green	Sunset: 7:25PM	Moon 7 - Phase 15 - 21 3rd Phase
Creative Work	Siddha Yoga	Yama 5:08AM – 6:55AM	Sadhya Until 12:03PM	Nataraja: White				
Until 2:17PM		461755472 Rahu 2:04PM – 3:51PM	Gara Until 1:00PM	Moon – Green				
Then Creative Work - Amrita Yoga			Saptami Until 12:37AM Fri	Sravana*Adi				Devaloka Day

☾		Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 22 Sutra 110 Subhakrit 5124
Tula Rasi: 15.25	Tithi 8	Gulika 6:56AM – 8:43AM	Svati Until 1:58PM	Ganesha: Blue	Sunrise: 5:09AM	Muruqa: White	Sunset: 7:24PM	Moon 7 - Phase 15 - 22 Ashtami
Creative Work	Siddha Yoga	Yama 3:50PM – 5:37PM	Subha Until 10:22AM	Nataraja: White				
		461765472 Rahu 10:30AM – 12:17PM	Visti Until 12:07PM	Moon – Green				
		Varalakshmi Vratam	Ashtami* Until 11:26PM	Sravana*Adi				Devaloka Day

☽		Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 23 Sutra 111 Subhakrit 5124
Tula Rasi: 29.05	Tithi 9	Gulika 5:10AM – 6:57AM	Vishakha Until 1:19PM	Ganesha: White	Sunrise: 5:10AM	Muruqa: White	Sunset: 7:23PM	Moon 7 - Phase 15 - 23 Navami
Creative Work	Siddha Yoga	Yama 2:03PM – 3:50PM	Sukla Until 8:09AM	Nataraja: White				
		472765472 Rahu 8:43AM – 10:30AM	Balava Until 10:38AM	Moon – Orange				
			Navami* Until 9:38PM	Sravana*Adi				Bhuloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 13.08	Tithi 10	Gulika	3:49PM – 5:35PM	Anuradha Until 11:56AM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM
		Yama	12:16PM – 2:03PM	Indra Until 2:20AM Mon	Muruqa: White	<i>Sunset:</i> 7:22PM
472865472	Rahu	5:35PM – 7:22PM	Taitila Until 8:32AM	Nataraja: White	Moon 7 - Phase 16 - 24 4th Phase	
Routine Work	Marana Yoga		Dashami Until 7:16PM	Moon – Orange	Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Sravana*Adi		

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 25 Sutra 113 Subhakrit 5124
Vrischika Rasi: 27.32	Tithi 11 – 12	Gulika	2:02PM – 3:48PM	Jyeshtha* Until 9:53AM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM
		Yama	10:30AM – 12:16PM	Vaidhriti* Until 10:48PM	Muruqa: White	<i>Sunset:</i> 7:21PM
472865472	Rahu	6:58AM – 8:44AM	Bava Until 2:51AM Tue	Nataraja: White	Moon 7 - Phase 16 - 25 4th Phase	
Family Home Evening	Creative Work	Siddha Yoga	Ekadashi Until 4:25PM	Moon – Orange	Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 12.16	Tithi 12 – 13	Gulika	12:16PM – 2:02PM	Mula* Until 7:41AM	Ganesha: White	<i>Sunrise:</i> 5:13AM
		Yama	8:44AM – 10:30AM	Vishkamba* Until 6:59PM	Muruqa: White	<i>Sunset:</i> 7:19PM
482865472	Rahu	3:48PM – 5:33PM	Kaulava Until 11:28PM	Nataraja: White	Moon 7 - Phase 16 - 26 4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 1:10PM	Moon – Light Blue	Devaloka Day	
Until 7:41AM	Then Creative Work - Siddha Yoga			Sravana*Adi		
				Pradosha Vrata		

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 115 Subhakrit 5124
Dhanus Rasi: 27.14	Tithi 13 – 14	Gulika	10:30AM – 12:16PM	Uttarashadha Until 2:11AM Thu	Ganesha: White	<i>Sunrise:</i> 5:14AM
		Yama	6:59AM – 8:45AM	Priti Until 3:01PM	Muruqa: White	<i>Sunset:</i> 7:18PM
482865472	Rahu	12:16PM – 2:01PM	Gara Until 7:55PM	Nataraja: White	Moon 7 - Phase 16 - 27 4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 9:41AM	Moon – Light Blue	Devaloka Day	
Until 2:11AM Thu	Then Creative Work - Siddha Yoga			Sravana*Adi		

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Rome, Italy Sutra 116 Subhakrit 5124
Makara Rasi: 12.18	Tithi 14 – 15	Gulika	8:45AM – 10:31AM	Shravana Until 11:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM
		Yama	5:15AM – 7:00AM	Ayushman Until 10:59AM	Muruqa: White	<i>Sunset:</i> 7:17PM
492865472	Rahu	2:01PM – 3:46PM	Bava Until 2:35AM Fri	Nataraja: White	Moon 7 - Phase 16 - Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:06AM	Moon – Purple	Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Sravana*Adi		
				Raksha Bandhan		

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sutra 117 Subhakrit 5124
Makara Rasi: 27.19	Tithi 16	Gulika	7:01AM – 8:46AM	Dhanishtha Until 9:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM
		Yama	3:45PM – 5:30PM	Saubhagya Until 7:02AM	Muruqa: White	<i>Sunset:</i> 7:15PM
492865472	Rahu	10:31AM – 12:16PM	Balava Until 12:55PM	Nataraja: White	Moon 7 - Phase 16 - Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:18PM	Moon – Purple	Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Sravana*Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sun 1
Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 12.07 Tithi 17
492865472
Creative Work Amrita Yoga
Until 6:51PM
Then Routine Work - Marana Yoga

Gulika 5:17AM – 7:02AM
Yama 2:00PM – 3:45PM
Rahu 8:46AM – 10:31AM

Shatabhishak Until 6:51PM
Athiganda* Until 11:59PM
Taitila Until 9:50AM
Dvitiya Until 8:26PM

Ganesha: Clear *Sunrise:* 5:17AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon – Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy
Sun 2
Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Kumbha Rasi: 26.34 Tithi 18
412865472
Creative Work Siddha Yoga
Until 5:27PM
Then Creative Work - Amrita Yoga

Gulika 3:44PM – 5:28PM
Yama 12:15PM – 2:00PM
Rahu 5:28PM – 7:12PM

Purvaprosarthapada* Until 5:27PM
Sukarma Until 9:08PM
Vanija Until 7:13AM
Tritiya Until 6:08PM

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sun 3
Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 11 Tithi 19 – 20
412865472
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:59PM – 3:43PM
Yama 10:31AM – 12:15PM
Rahu 7:03AM – 8:47AM

Uttaraprosarthapada Until 4:37PM
Dhriti Until 6:53PM
Kaulava Until 4:05AM Tue
Chaturthi* Until 4:33PM

Ganesha: Yellow *Sunrise:* 5:19AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rome, Italy
Sun 4
Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 24.09 Tithi 20 – 21
412865472
Creative Work Siddha Yoga

Gulika 12:15PM – 1:59PM
Yama 8:47AM – 10:31AM
Rahu 3:42PM – 5:26PM

Revati Until 4:27PM
Shula* Until 5:18PM
Gara Until 3:46AM Wed
Panchami Until 3:48PM

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy
Sun 5
Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 7.14 Tithi 21 – 22
522865472
Routine Work Marana Yoga
Until 5:27PM
Then Creative Work - Siddha Yoga

Gulika 10:31AM – 12:15PM
Yama 7:04AM – 8:48AM
Rahu 12:15PM – 1:58PM

Ashvini Until 5:27PM
Ganda* Until 4:25PM
Visti Until 4:19AM Thu
Shashthi* Until 3:55PM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: White *Sunset:* 7:08PM
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy
Sun 6
Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
1st Phase

Mesha Rasi: 19.53 Tithi 22 – 23
522865472
Creative Work Siddha Yoga
Until 7:06PM
Then Routine Work - Marana Yoga

Gulika 8:48AM – 10:31AM
Yama 5:22AM – 7:05AM
Rahu 1:58PM – 3:41PM

Bharani Until 7:06PM
Vridhhi Until 4:12PM
Balava Until 5:40AM Fri
Saptami Until 4:53PM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 7
Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Ashtami

Vrishabha Rasi: 2.13 Tithi 23
523865472
Creative Work Siddha Yoga
Until 9:16PM
Then Routine Work - Marana Yoga

Gulika 7:06AM – 8:49AM
Yama 3:40PM – 5:23PM
Rahu 10:31AM – 12:14PM

Krishna Janmashtami

Krittika Until 9:16PM
Dhruva Until 4:30PM
Kaulava Until 6:33PM
Ashtami* Until 6:33PM

Ganesha: White *Sunrise:* 5:23AM
Muruqa: White *Sunset:* 7:05PM
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 8
Sutra 125
Subhakrit 5124
Moon 8 - Phase 17 - 8
Navami

Vrishabha Rasi: 14.17 Tithi 24
533865472
Creative Work Amrita Yoga
Until 12:13AM Sun
Then Creative Work - Siddha Yoga

Gulika 5:24AM – 7:07AM
Yama 1:56PM – 3:39PM
Rahu 8:49AM – 10:32AM

Rohini Until 12:13AM Sun
Vyaghata* Until 5:13PM
Taitila Until 7:37AM
Navami* Until 8:44PM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 7:04PM
Nataraja: White
Moon – Yellow
Sravana*Avani

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Sunday, August 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Rome, Italy
Wishabha Rasi: 26.11 Tithi 25		Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 126
533865472		Gulika 3:38PM – 5:20PM	Mrigashira Until 3:14AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:25AM	Subhakarit 5124	
Creative Work Siddha Yoga		Yama 12:14PM – 1:56PM	Harshana Until 6:11PM	Muruqa: White <i>Sunset:</i> 7:02PM	Moon 8 - Phase 18 - 9	
		Rahu 5:20PM – 7:02PM	Vanija Until 9:57AM	Nataraja: White	2nd Phase	
			Dashami Until 11:10PM	Moon – Yellow	Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM	

2 Monday, August 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam				Rome, Italy
Mithuna Rasi: 8.01 Tithi 26		Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 127
533865472		Gulika 1:55PM – 3:37PM	Ardra Until 6:05AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:26AM	Subhakarit 5124	
Family Home Evening		Yama 10:32AM – 12:13PM	Vajra* Until 7:11PM	Muruqa: White <i>Sunset:</i> 7:01PM	Moon 8 - Phase 18 - 10	
Creative Work Siddha Yoga		Rahu 7:08AM – 8:50AM	Bava Until 12:27PM	Nataraja: White	2nd Phase	
			Ekadashi* Until 1:40AM Tue	Moon – Yellow	Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM	

3 Tuesday, August 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam				Rome, Italy
Mithuna Rasi: 19.52 Tithi 27		Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 128
533865472		Gulika 12:13PM – 1:55PM	Ardra Until 6:05AM	Ganesha: Yellow <i>Sunrise:</i> 5:27AM	Subhakarit 5124	
Routine Work Marana Yoga		Yama 8:50AM – 10:32AM	Siddhi Until 8:07PM	Muruqa: White <i>Sunset:</i> 6:59PM	Moon 8 - Phase 18 - 11	
Until 6:05AM		Rahu 3:36PM – 5:18PM	Kaulava Until 2:54PM	Nataraja: White	2nd Phase	
Then Creative Work - Siddha Yoga			Dvadashi* Until 4:02AM Wed	Moon – Yellow	Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM	

4 Wednesday, August 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam				Rome, Italy
Kataka Rasi: 1.46 Tithi 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 129
533865472		Gulika 10:32AM – 12:13PM	Punarvasu Until 9:08AM	Ganesha: Blue <i>Sunrise:</i> 5:28AM	Subhakarit 5124	
Creative Work Siddha Yoga		Yama 7:09AM – 8:51AM	Vyatipata* Until 8:54PM	Muruqa: White <i>Sunset:</i> 6:58PM	Moon 8 - Phase 18 - 12	
		Rahu 12:13PM – 1:54PM	Gara Until 5:08PM	Nataraja: White	2nd Phase	
			Trayodashi* Until 6:08AM Thu	Moon – Blue	Bhuloka Day	
				Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>		

5 Thursday, August 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam				Rome, Italy
Kataka Rasi: 13.46 Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 130
533865472		Gulika 8:51AM – 10:32AM	Pushya Until 11:45AM	Ganesha: Blue <i>Sunrise:</i> 5:29AM	Subhakarit 5124	
Creative Work Amrita Yoga		Yama 5:29AM – 7:10AM	Variyan Until 9:24PM	Muruqa: White <i>Sunset:</i> 6:56PM	Moon 8 - Phase 18 - 13	
Until 11:45AM		Rahu 1:54PM – 3:34PM	Visti Until 7:04PM	Nataraja: White	2nd Phase	
Then Creative Work - Siddha Yoga			Trayodashi* Until 6:08AM	Moon – Blue	Bhuloka Day	
				Sravana-Avani		

Friday, August 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam				Rome, Italy
Retreat Star		Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 131
Kataka Rasi: 25.54 Tithi 29 – 30		533865472				Subhakarit 5124
Routine Work Marana Yoga		Gulika 7:11AM – 8:51AM	Ashlesha* Until 1:51PM	Ganesha: Blue <i>Sunrise:</i> 5:30AM	Moon 8 - Phase 18 - 14	
		Yama 3:33PM – 5:14PM	Parigha* Until 9:38PM	Muruqa: White <i>Sunset:</i> 6:55PM	Amavasya	
		Rahu 10:32AM – 12:12PM	Catuspada Until 8:38PM	Nataraja: White		
			Chaturdashi* Until 7:53AM	Moon – Blue	Bhuloka Day	
				Sravana-Avani		

Saturday, August 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam				Rome, Italy
Retreat Star		Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 132
Simha Rasi: 8.12 Tithi 30 – 1		533865472				Subhakarit 5124
Creative Work Amrita Yoga		Gulika 5:31AM – 7:11AM	Magha* Until 3:54PM	Ganesha: Blue <i>Sunrise:</i> 5:31AM	Moon 8 - Phase 18 - 15	
Until 3:54PM		Yama 1:52PM – 3:33PM	Shiva Until 9:35PM	Muruqa: White <i>Sunset:</i> 6:53PM	Prathama	
Then Creative Work - Siddha Yoga		Rahu 8:52AM – 10:32AM	Kintughna Until 9:49PM	Nataraja: White		
			Amavasya* Until 9:15AM	Moon – Red	Bhuloka Day	
				Bhadrapada-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rome, Italy Sun 16 Sutra 133	
Simha Rasi: 20.4	Tithi 1 – 2	Gulika 3:32PM – 5:11PM	Purvaphalguni Until 5:24PM	Ganesha: Blue	Sunrise: 5:32AM	Subhakrit 5124	
		Yama 12:12PM – 1:52PM	Siddha Until 9:11PM	Muruqa: White	Sunset: 6:51PM	Moon 8 - Phase 19 - 16	
		553865473 Rahu 5:11PM – 6:51PM	Balava Until 10:36PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 10:14AM	Moon – Red		Bhuloka Day	
Until 5:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy Sun 17 Sutra 134	
Kanya Rasi: 3.19	Tithi 2 – 3	Gulika 1:51PM – 3:31PM	Uttaraphalguni Until 6:22PM	Ganesha: Blue	Sunrise: 5:33AM	Subhakrit 5124	
Family Home Evening		Yama 10:32AM – 12:12PM	Sadhya Until 8:30PM	Muruqa: White	Sunset: 6:50PM	Moon 8 - Phase 19 - 17	
		553865473 Rahu 7:13AM – 8:52AM	Taitila Until 10:59PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 10:49AM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau				Rome, Italy Sun 18 Sutra 135	
Kanya Rasi: 16.08	Tithi 3 – 4	Gulika 12:11PM – 1:50PM	Hasta Until 7:17PM	Ganesha: Blue	Sunrise: 5:34AM	Subhakrit 5124	
		Yama 8:53AM – 10:32AM	Subha Until 7:32PM	Muruqa: White	Sunset: 6:48PM	Moon 8 - Phase 19 - 18	
		563865473 Rahu 3:30PM – 5:09PM	Vanija Until 11:00PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Ganesha Chaturthi	Moon – Green		Bhuloka Day	
			Tritiya Until 11:01AM	Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy Sun 19 Sutra 136	
Kanya Rasi: 29.1	Tithi 4 – 5	Gulika 10:32AM – 12:11PM	Chitra Until 7:39PM	Ganesha: Blue	Sunrise: 5:35AM	Subhakrit 5124	
		Yama 7:14AM – 8:53AM	Sukla Until 6:14PM	Muruqa: White	Sunset: 6:46PM	Moon 8 - Phase 19 - 19	
		563865473 Rahu 12:11PM – 1:50PM	Bava Until 10:38PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 10:51AM	Moon – Green		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy Sun 20 Sutra 137	
Tula Rasi: 12.23	Tithi 5 – 6	Gulika 8:53AM – 10:32AM	Svati Until 7:30PM	Ganesha: Red	Sunrise: 5:36AM	Subhakrit 5124	
		Yama 5:36AM – 7:15AM	Brahma Until 4:38PM	Muruqa: White	Sunset: 6:45PM	Moon 8 - Phase 19 - 20	
		563965473 Rahu 1:49PM – 3:28PM	Kaulava Until 9:52PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 10:17AM	Moon – Green		Devaloka Day	
Until 7:30PM				Bhadrapada*Avani			
Then Creative Work - Siddha Yoga							

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 21 Sutra 138	
Tula Rasi: 25.49	Tithi 6 – 7	Gulika 7:16AM – 8:54AM	Vishakha Until 7:14PM	Ganesha: Blue	Sunrise: 5:37AM	Subhakrit 5124	
		Yama 3:27PM – 5:05PM	Indra Until 2:43PM	Muruqa: White	Sunset: 6:43PM	Moon 8 - Phase 19 - 21	
		573965473 Rahu 10:32AM – 12:10PM	Gara Until 8:41PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:18AM	Moon – Orange		Sivaloka Day	
				Bhadrapada*Avani			

D Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 22 Sutra 139	
Retreat Star		Gulika 5:38AM – 7:16AM	Anuradha Until 6:24PM	Ganesha: Yellow	Sunrise: 5:38AM	Subhakrit 5124	
Vrischika Rasi: 9.29	Tithi 7 – 8	Yama 1:48PM – 3:26PM	Vaidhriti* Until 12:26PM	Muruqa: White	Sunset: 6:41PM	Moon 8 - Phase 19 - 22	
		574965473 Rahu 8:54AM – 10:32AM	Visti Until 7:05PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:55AM	Moon – Orange		Devaloka Day	
				Bhadrapada*Avani			

Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 23 Sutra 140	
Retreat Star		Gulika 3:25PM – 5:02PM	Jyeshtha* Until 5:01PM	Ganesha: Yellow	Sunrise: 5:39AM	Subhakrit 5124	
Vrischika Rasi: 23.26	Tithi 8 – 9	Yama 12:10PM – 1:47PM	Vishkambha* Until 9:49AM	Muruqa: White	Sunset: 6:40PM	Moon 8 - Phase 19 - 23	
		574965473 Rahu 5:02PM – 6:40PM	Kaulava Until 3:55AM Mon	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Ashtami* Until 6:07AM	Moon – Orange		Devaloka Day	
Until 5:01PM				Bhadrapada*Avani			
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Dashamyam Titau		Rome, Italy Sun 24 Sutra 141 Subhakrit 5124
Dhanus Rasi: 7.37	Tithi 10	Gulika	1:47PM – 3:24PM	Mula* Until 3:32PM	Ganesha: White <i>Sunrise: 5:40AM</i>	
Family Home Evening	584965473	Yama	10:32AM – 12:09PM	Priti Until 6:55AM	Muruqa: White <i>Sunset: 6:38PM</i>	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga		Rahu	7:18AM – 8:55AM	Taitila Until 2:42PM	Nataraja: Clear	4th Phase
Until 3:32PM				Dashami Until 1:22AM Tue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Rome, Italy Sun 25 Sutra 142 Subhakrit 5124
Dhanus Rasi: 22.02	Tithi 11	Gulika	12:09PM – 1:46PM	Purvashadha* Until 1:36PM	Ganesha: White <i>Sunrise: 5:41AM</i>	
	584965473	Yama	8:55AM – 10:32AM	Saubhagya Until 12:16AM Wed	Muruqa: White <i>Sunset: 6:36PM</i>	Moon 8 - Phase 20 - 25
Creative Work Siddha Yoga		Rahu	3:23PM – 5:00PM	Vanija Until 12:00PM	Nataraja: Clear	4th Phase
Until 1:36PM				Ekadashi Until 10:33PM	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Rome, Italy Sun 26 Sutra 143 Subhakrit 5124
Makara Rasi: 6.38	Tithi 12	Gulika	10:32AM – 12:09PM	Uttarashadha Until 11:20AM	Ganesha: White <i>Sunrise: 5:42AM</i>	
	584965473	Yama	7:19AM – 8:56AM	Sobhana Until 8:44PM	Muruqa: White <i>Sunset: 6:35PM</i>	Moon 8 - Phase 20 - 26
Creative Work Amrita Yoga		Rahu	12:09PM – 1:45PM	Bava Until 9:05AM	Nataraja: Clear	4th Phase
Until 11:20AM				Dvadashi Until 7:34PM	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Rome, Italy Sun 27 Sutra 144 Subhakrit 5124
Makara Rasi: 21.2	Tithi 13 – 14	Gulika	8:56AM – 10:32AM	Shravana Until 9:15AM	Ganesha: Clear <i>Sunrise: 5:43AM</i>	
	594965473	Yama	5:43AM – 7:20AM	Athiganda* Until 5:09PM	Muruqa: White <i>Sunset: 6:33PM</i>	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga		Rahu	1:44PM – 3:21PM	Kaulava Until 6:04AM	Nataraja: Clear	4th Phase
				Trayodashi Until 4:33PM	Devaloka Day	
		Chidambaram Abhishekam			Bhadrapada-Avani	
				<i>Pradosha Vrata</i>		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Rome, Italy Sun 28 Sutra 145 Subhakrit 5124
Copper Retreat Star		Gulika	7:20AM – 8:56AM	Dhanishtha Until 7:04AM	Ganesha: Clear <i>Sunrise: 5:44AM</i>	
Kumbha Rasi: 6	Tithi 14 – 15	Yama	3:20PM – 4:56PM	Sukarma Until 1:40PM	Muruqa: White <i>Sunset: 6:31PM</i>	Moon 8 - Phase 20 -
	594965473	Rahu	10:32AM – 12:08PM	Visti Until 12:17AM Sat	Nataraja: Clear	Purnima
Creative Work Siddha Yoga				Chaturdashi* Until 1:38PM	Devaloka Day	
					Bhadrapada-Avani	

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Rome, Italy Sun 29 Sutra 146 Subhakrit 5124
Silver Retreat Star		Gulika	5:45AM – 7:21AM	Purvaproshtapada* Until 3:31AM Sun	Ganesha: Clear <i>Sunrise: 5:45AM</i>	
Kumbha Rasi: 20.31	Tithi 15 – 16	Yama	1:43PM – 3:19PM	Dhriti Until 10:25AM	Muruqa: White <i>Sunset: 6:30PM</i>	Moon 8 - Phase 20 -
	514965473	Rahu	8:57AM – 10:32AM	Balava Until 9:49PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga				Purnima* Until 10:59AM	Devaloka Day	
Until 3:31AM Sun					Bhadrapada-Avani	
Then Creative Work - Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy

Sutra 147

Subhakrit 5124

Meena Rasi: 4.47 Tithi 16 - 17

514965473

Gulika 3:18PM - 4:53PM
Yama 12:07PM - 1:42PM
Rahu 4:53PM - 6:28PM

Uttaraproshtapada Until 2:27AM Mon

Grandparent's Day

Shula* Until 7:28AM

Taitila Until 7:51PM

Prathama* Until 8:45AM

Ganesha: Clear

Sunrise: 5:47AM

Muruqa: White

Sunset: 6:28PM

Nataraja: Clear

Moon - Clear

Bhadrapada*Avani

Devaloka Day

Moon 9 - Phase 21 -

1st Phase

Creative Work Amrita Yoga

Until 2:27AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy

Sun 1

Sutra 148

Subhakrit 5124

Meena Rasi: 18.41 Tithi 17 - 18

514965473

Gulika 1:42PM - 3:17PM
Yama 10:32AM - 12:07PM
Rahu 7:22AM - 8:57AM

Revati Until 1:55AM Tue

Vriddhi Until 3:04AM Tue

Vanija Until 6:31PM

Dvitiya Until 7:05AM

Ganesha: Clear

Sunrise: 5:48AM

Muruqa: White

Sunset: 6:26PM

Nataraja: Clear

Moon - Clear

Bhadrapada*Avani

Devaloka Day

Moon 9 - Phase 21 - 1

1st Phase

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Rome, Italy

Sun 2

Sutra 149

Subhakrit 5124

Mesha Rasi: 2.1 Tithi 18 - 19

524965473

Gulika 12:07PM - 1:41PM
Yama 8:58AM - 10:32AM
Rahu 3:16PM - 4:50PM

Ashvini Until 2:25AM Wed

Dhruva Until 1:44AM Wed

Balava Until 5:55AM Wed

Tritiya Until 6:06AM

Ganesha: White

Sunrise: 5:49AM

Muruqa: White

Sunset: 6:25PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 9 - Phase 21 - 2

1st Phase

Creative Work Siddha Yoga

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Panchamyam Titau

Rome, Italy

Sun 3

Sutra 150

Subhakrit 5124

Mesha Rasi: 15.14 Tithi 20

524965473

Gulika 10:32AM - 12:06PM
Yama 7:24AM - 8:58AM
Rahu 12:06PM - 1:40PM

Bharani Until 3:34AM Thu

Vyaghata* Until 1:03AM Thu

Kaulava Until 6:09PM

Panchami Until 6:32AM Thu

Ganesha: White

Sunrise: 5:50AM

Muruqa: White

Sunset: 6:23PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 9 - Phase 21 - 3

1st Phase

Creative Work Siddha Yoga

Until 3:34AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Rome, Italy

Sun 4

Sutra 151

Subhakrit 5124

Mesha Rasi: 27.55 Tithi 20 - 21

525965473

Gulika 8:58AM - 10:32AM
Yama 5:51AM - 7:24AM
Rahu 1:40PM - 3:13PM

Krittika Until 5:17AM Fri

Harshana Until 12:59AM Fri

Gara Until 7:08PM

Panchami Until 6:32AM

Ganesha: Clear

Sunrise: 5:51AM

Muruqa: White

Sunset: 6:21PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Devaloka Day

Moon 9 - Phase 21 - 4

1st Phase

Routine Work Marana Yoga

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy

Sun 5

Sutra 152

Subhakrit 5124

Vrishabha Rasi: 10.16 Tithi 21 - 22

535965473

Gulika 7:25AM - 8:59AM
Yama 3:12PM - 4:46PM
Rahu 10:32AM - 12:05PM

Rohini Until 7:55AM Sat

Vajra* Until 1:22AM Sat

Visti Until 8:49PM

Shashthi* Until 7:53AM

Ganesha: White

Sunrise: 5:52AM

Muruqa: White

Sunset: 6:19PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Avani

Sivaloka Day

Moon 9 - Phase 21 - 5

1st Phase

Routine Work Marana Yoga

Until 7:55AM Sat

Then Creative Work - Siddha Yoga

6

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy

Sun 6

Sutra 153

Subhakrit 5124

Vrishabha Rasi: 22.22 Tithi 22 - 23

535965473

Gulika 5:53AM - 7:26AM
Yama 1:38PM - 3:11PM
Rahu 8:59AM - 10:32AM

Rohini Until 7:55AM

Siddhi Until 2:06AM Sun

Balava Until 10:58PM

Saptami Until 9:50AM

Ganesha: White

Sunrise: 5:53AM

Muruqa: White

Sunset: 6:18PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Moon 9 - Phase 21 - 6

Ashtami

Creative Work Amrita Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

7

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy

Sun 7

Sutra 154

Subhakrit 5124

Mithuna Rasi: 4.19 Tithi 23 - 24

535965473

Gulika 3:10PM - 4:43PM
Yama 12:05PM - 1:38PM
Rahu 4:43PM - 6:16PM

Mrigashira Until 10:44AM

Vyatipata* Until 3:01AM Mon

Taitila Until 1:23AM Mon

Ashtami* Until 12:09PM

Ganesha: White

Sunrise: 5:54AM

Muruqa: White

Sunset: 6:16PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Moon 9 - Phase 21 - 7

Navami

Creative Work Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1		Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Rome, Italy
Mithuna Rasi: 16.11	Tithi 24 – 25	Gulika	1:37PM – 3:09PM	Ardra Until 1:33PM	Ganesha: White	Sunrise: 5:55AM
Family Home Evening	535965473	Yama	10:32AM – 12:04PM	Variyan Until 3:54AM Tue	Muruqa: White	Sunset: 6:14PM
Creative Work	Siddha Yoga	Rahu	7:27AM – 9:00AM	Vanija Until 3:49AM Tue	Nataraja: Clear	Moon 9 - Phase 22 - 8
Until 1:33PM				Navami* Until 2:36PM	Moon – Yellow	2nd Phase
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Sivaloka Day

2		Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rome, Italy
Mithuna Rasi: 28.03	Tithi 25 – 26	Gulika	12:04PM – 1:36PM	Punarvasu Until 4:36PM	Ganesha: Yellow	Sunrise: 5:56AM
545965473		Yama	9:00AM – 10:32AM	Parigha* Until 4:40AM Wed	Muruqa: White	Sunset: 6:12PM
Creative Work	Siddha Yoga	Rahu	3:08PM – 4:40PM	Bava Until 6:05AM Wed	Nataraja: Clear	Moon 9 - Phase 22 - 9
				Dashami Until 4:58PM	Moon – Blue	2nd Phase
					Bhadrapada-Puratasi	Devaloka Day

3		Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Rome, Italy
Kataka Rasi: 10	Tithi 26	Gulika	10:32AM – 12:04PM	Pushya Until 7:15PM	Ganesha: Yellow	Sunrise: 5:57AM
545965473		Yama	7:28AM – 9:00AM	Shiva Until 5:12AM Thu	Muruqa: White	Sunset: 6:11PM
Creative Work	Siddha Yoga	Rahu	12:04PM – 1:35PM	Bava Until 6:05AM	Nataraja: Clear	Moon 9 - Phase 22 - 10
				Ekadashi* Until 7:04PM	Moon – Blue	2nd Phase
					Bhadrapada-Puratasi	Devaloka Day

4		Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Rome, Italy
Kataka Rasi: 22.05	Tithi 27	Gulika	9:01AM – 10:32AM	Ashlesha* Until 9:20PM	Ganesha: Yellow	Sunrise: 5:58AM
545965473		Yama	5:58AM – 7:29AM	Siddha Until 5:21AM Fri	Muruqa: White	Sunset: 6:09PM
Creative Work	Siddha Yoga	Rahu	1:35PM – 3:06PM	Kaulava Until 7:59AM	Nataraja: Clear	Moon 9 - Phase 22 - 11
Until 9:20PM				Dvadashi* Until 8:46PM	Moon – Blue	2nd Phase
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Devaloka Day

5		Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy
Simha Rasi: 4.21	Tithi 28	Gulika	7:30AM – 9:01AM	Magha* Until 11:18PM	Ganesha: Red	Sunrise: 5:59AM
555965473		Yama	3:05PM – 4:36PM	Sadhya Until 5:09AM Sat	Muruqa: White	Sunset: 6:07PM
Routine Work	Marana Yoga	Rahu	10:32AM – 12:03PM	Gara Until 9:27AM	Nataraja: Clear	Moon 9 - Phase 22 - 12
Until 11:18PM				Trayodashi* Until 9:59PM	Moon – Red	2nd Phase
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi	Devaloka Day
						<i>Pradosha Vrata (Fasting)</i>

6		Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rome, Italy
Simha Rasi: 16.5	Tithi 29	Gulika	6:00AM – 7:30AM	Purvaphalguni Until 12:36AM Sun	Ganesha: Green	Sunrise: 6:00AM
556965473		Yama	1:33PM – 3:04PM	Subha Until 4:34AM Sun	Muruqa: White	Sunset: 6:05PM
Creative Work	Siddha Yoga	Rahu	9:01AM – 10:32AM	Visti Until 10:26AM	Nataraja: Clear	Moon 9 - Phase 22 - 13
Until 12:36AM Sun				Chaturdashi* Until 10:42PM	Moon – Red	2nd Phase
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Retreat Star		Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rome, Italy
Simha Rasi: 29.32	Tithi 30	Gulika	3:03PM – 4:33PM	Uttaraphalguni Until 1:15AM Mon	Ganesha: Blue	Sunrise: 6:01AM
556165473		Yama	12:02PM – 1:33PM	Sukla Until 3:33AM Mon	Muruqa: White	Sunset: 6:04PM
Creative Work	Amrita Yoga	Rahu	4:33PM – 6:04PM	Catuspada Until 10:53AM	Nataraja: Clear	Moon 9 - Phase 22 - 14
Until 1:15AM Mon				Amavasya* Until 10:54PM	Moon – Red	Amavasya
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Retreat Star		Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Rome, Italy
Kanya Rasi: 12.29	Tithi 1	Gulika	1:32PM – 3:02PM	Hasta Until 1:45AM Tue	Ganesha: Blue	Sunrise: 6:02AM
566165473		Yama	10:32AM – 12:02PM	Brahma Until 2:11AM Tue	Muruqa: White	Sunset: 6:02PM
Family Home Evening		Rahu	7:32AM – 9:02AM	Kintughna Until 10:50AM	Nataraja: Clear	Moon 9 - Phase 22 - 15
Creative Work	Siddha Yoga			Prathama* Until 10:38PM	Moon – Green	Prathama
		Navaratri Begins			Ashvina-Puratasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Rome, Italy on 5/1/20

www.gurudeva.org/panchang

1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Rome, Italy Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 25.4	Tithi 2	Gulika 12:02PM – 1:31PM	Chitra Until 1:41AM Wed	Ganesha: Blue <i>Sunrise: 6:03AM</i>	Muruqa: White <i>Sunset: 6:00PM</i>	Moon 9 - Phase 23 - 16
			Yama 9:02AM – 10:32AM	Indra Until 12:31AM Wed	Nataraja: Clear		3rd Phase
	566165473	Rahu 3:01PM – 4:31PM	Balava Until 10:21AM	Dvitiya Until 9:57PM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Rome, Italy Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 9.05	Tithi 3	Gulika 10:32AM – 12:01PM	Svati Until 1:09AM Thu	Ganesha: Blue <i>Sunrise: 6:04AM</i>	Muruqa: White <i>Sunset: 5:59PM</i>	Moon 9 - Phase 23 - 17
			Yama 7:33AM – 9:03AM	Vaidhriti* Until 10:32PM	Nataraja: Clear		3rd Phase
	666165473	Rahu 12:01PM – 1:31PM	Taitila Until 9:29AM	Tritiya Until 8:54PM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Rome, Italy Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 22.4	Tithi 4	Gulika 9:03AM – 10:32AM	Vishakha Until 12:37AM Fri	Ganesha: Blue <i>Sunrise: 6:05AM</i>	Muruqa: White <i>Sunset: 5:57PM</i>	Moon 9 - Phase 23 - 18
			Yama 6:05AM – 7:34AM	Vishkambha* Until 8:19PM	Nataraja: Clear		3rd Phase
	676165473	Rahu 1:30PM – 2:59PM	Vanija Until 8:17AM	Chaturthi* Until 7:34PM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Panchami/Shashtham Titau				Rome, Italy Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 6.25	Tithi 5 – 6	Gulika 7:35AM – 9:03AM	Anuradha Until 11:41PM	Ganesha: Blue <i>Sunrise: 6:06AM</i>	Muruqa: White <i>Sunset: 5:55PM</i>	Moon 9 - Phase 23 - 19
			Yama 2:58PM – 4:27PM	Priti Until 5:56PM	Nataraja: Clear		3rd Phase
	676165473	Rahu 10:32AM – 12:01PM	Bava Until 6:49AM	Panchami Until 5:58PM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			
Until 11:41PM	Then Routine Work - Marana Yoga						

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 20.19	Tithi 6 – 7	Gulika 6:07AM – 7:35AM	Jyeshtha* Until 10:26PM	Ganesha: Blue <i>Sunrise: 6:07AM</i>	Muruqa: White <i>Sunset: 5:53PM</i>	Moon 9 - Phase 23 - 20
			Yama 1:29PM – 2:57PM	Ayushman Until 3:21PM	Nataraja: Clear		3rd Phase
	676165473	Rahu 9:04AM – 10:32AM	Gara Until 3:13AM Sun	Shashthi* Until 4:10PM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:56PM – 4:24PM	Mula* Until 9:17PM	Ganesha: Blue <i>Sunrise: 6:08AM</i>	Muruqa: Green <i>Sunset: 5:52PM</i>	Moon 9 - Phase 23 - 21
	Dhanus Rasi: 4.2	Tithi 7 – 8	Yama 12:00PM – 1:28PM	Saubhagya Until 12:38PM	Nataraja: Clear		Ashtami
	687166473	Rahu 4:24PM – 5:52PM	Visiti Until 1:10AM Mon	Saptami Until 2:12PM	Moon – Light Blue	Sivaloka Day	
Creative Work	Amrita Yoga			Ashvina+Puratasi			
Until 9:17PM	Then Creative Work - Siddha Yoga						

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:27PM – 2:55PM	Purvashadha* Until 7:52PM	Ganesha: Blue <i>Sunrise: 6:09AM</i>	Muruqa: Green <i>Sunset: 5:50PM</i>	Moon 9 - Phase 23 - 22
	Dhanus Rasi: 18.28	Tithi 8 – 9	Yama 10:32AM – 12:00PM	Sobhana Until 9:48AM	Nataraja: Clear		Navami
	687166473	Rahu 7:37AM – 9:04AM	Balava Until 10:59PM	Ashtami* Until 12:05PM	Moon – Light Blue	Sivaloka Day	
Routine Work	Marana Yoga			Ashvina+Puratasi			
		Saraswathi Puja (Tamil Nadu)					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1 Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Rome, Italy
Makara Rasi: 2.4	Tithi 9 – 10	Gulika 11:59AM – 1:27PM	Uttarashadha Until 6:12PM	Ganesha: Blue	Sunrise: 6:10AM
		Yama 9:05AM – 10:32AM	Athiganda* Until 6:51AM	Muruqa: Green	Sunset: 5:48PM
	687166473	Rahu 2:54PM – 4:21PM	Taitila Until 8:43PM	Nataraja: Clear	Moon 9 - Phase 24 - 23
Routine Work	Prabalarishta Yoga		Navami* Until 9:50AM	Moon – Light Blue	4th Phase
Until 6:12PM				Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

2 Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Rome, Italy
Makara Rasi: 16.55	Tithi 10 – 11	Gulika 10:32AM – 11:59AM	Shravana Until 4:46PM	Ganesha: Yellow	Sunrise: 6:11AM
		Yama 7:38AM – 9:05AM	Dhriti Until 12:50AM Thu	Muruqa: Green	Sunset: 5:47PM
	697166473	Rahu 11:59AM – 1:26PM	Vanija Until 6:24PM	Nataraja: Clear	Moon 9 - Phase 24 - 24
Creative Work	Siddha Yoga		Dashami Until 7:32AM	Moon – Purple	4th Phase
Until 4:46PM		Vijaya Dasami		Ashvina+Puratasi	Devaloka Day
Then Routine Work - Prabalarishta Yoga					

3 Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau			Rome, Italy
Kumbha Rasi: 1.11	Tithi 12	Gulika 9:06AM – 10:32AM	Dhanishtha Until 3:14PM	Ganesha: Yellow	Sunrise: 6:12AM
		Yama 6:12AM – 7:39AM	Shula* Until 9:51PM	Muruqa: Green	Sunset: 5:45PM
	697166473	Rahu 1:25PM – 2:52PM	Bava Until 4:07PM	Nataraja: Clear	Moon 9 - Phase 24 - 25
Creative Work	Siddha Yoga		Dvadashi Until 3:00AM Fri	Moon – Purple	4th Phase
				Ashvina+Puratasi	Devaloka Day

4 Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Rome, Italy
Kumbha Rasi: 15.23	Tithi 13	Gulika 7:40AM – 9:06AM	Shatabhishak Until 1:41PM	Ganesha: Yellow	Sunrise: 6:13AM
		Yama 2:51PM – 4:17PM	Ganda* Until 7:01PM	Muruqa: Green	Sunset: 5:43PM
	697166473	Rahu 10:32AM – 11:58AM	Kaulava Until 1:58PM	Nataraja: Clear	Moon 9 - Phase 24 - 26
Creative Work	Siddha Yoga		Trayodashi Until 12:58AM Sat	Moon – Purple	4th Phase
		Kadaitswami Mahasamadhi		Ashvina+Puratasi	Devaloka Day
			Pradosha Vrata		

5 Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Rome, Italy
Kumbha Rasi: 29.28	Tithi 14	Gulika 6:15AM – 7:40AM	Purvaproshtapada* Until 12:39PM	Ganesha: White	Sunrise: 6:15AM
		Yama 1:24PM – 2:50PM	Vriddhi Until 4:25PM	Muruqa: Green	Sunset: 5:42PM
	618166474	Rahu 9:06AM – 10:32AM	Gara Until 12:04PM	Nataraja: Purple	Moon 9 - Phase 24 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 11:13PM	Moon – Clear	4th Phase
Until 12:39PM		Chidambaram Abhishekam		Ashvina+Puratasi	Bhuloka Day
Then Creative Work - Siddha Yoga					

Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Rome, Italy
Meena Rasi: 13.19	Tithi 15	Gulika 2:49PM – 4:15PM	Uttarproshthapada Until 11:50AM	Ganesha: White	Sunrise: 6:16AM
		Yama 11:58AM – 1:23PM	Dhruva Until 2:05PM	Muruqa: Green	Sunset: 5:40PM
	618166474	Rahu 4:15PM – 5:40PM	Visti Until 10:31AM	Nataraja: Purple	Moon 9 - Phase 24 - Purnima
Creative Work	Amrita Yoga		Purnima* Until 9:54PM	Moon – Clear	
				Ashvina+Puratasi	Bhuloka Day

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Rome, Italy
Meena Rasi: 26.55	Tithi 16	Gulika 1:23PM – 2:48PM	Revati Until 11:21AM	Ganesha: White	Sunrise: 6:17AM
Family Home Evening		Yama 10:32AM – 11:58AM	Vyaghata* Until 12:10PM	Muruqa: Green	Sunset: 5:38PM
	618166474	Rahu 7:42AM – 9:07AM	Balava Until 9:28AM	Nataraja: Purple	Moon 9 - Phase 24 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:07PM	Moon – Clear	
				Ashvina+Puratasi	Bhuloka Day



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sun 1
Sutra 177

Mesha Rasi: 10.11 Tithi 17

628176474

Gulika 11:57AM – 1:22PM
Yama 9:08AM – 10:32AM
Rahu 2:47PM – 4:12PM

Ashvini Until 11:45AM
Harshana Until 10:44AM
Taitila Until 8:59AM
Dvitiya Until 8:58PM

Ganesha: Yellow *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 5:37PM
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 1
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy
Sun 2
Sutra 178

Mesha Rasi: 23.08 Tithi 18

628176474

Gulika 10:33AM – 11:57AM
Yama 7:43AM – 9:08AM
Rahu 11:57AM – 1:22PM

Bharani Until 12:38PM
Vajra* Until 9:47AM
Vanija Until 9:10AM
Tritiya Until 9:30PM

Ganesha: Yellow *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 5:35PM
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 12:38PM
Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Rome, Italy
Sun 3
Sutra 179

Vrishabha Rasi: 5.45 Tithi 19

628176474

Gulika 9:08AM – 10:33AM
Yama 6:20AM – 7:44AM
Rahu 1:21PM – 2:45PM

Krittika Until 2:01PM
Siddhi Until 9:23AM
Bava Until 10:02AM
Chaturthi* Until 10:41PM

Ganesha: Yellow *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 5:34PM
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 3
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy
Sun 4
Sutra 180

Vrishabha Rasi: 18.05 Tithi 20

638176474

Gulika 7:45AM – 9:09AM
Yama 2:44PM – 4:08PM
Rahu 10:33AM – 11:57AM

Rohini Until 4:19PM
Vyatipata* Until 9:28AM
Kaulava Until 11:32AM
Panchami Until 12:27AM Sat

Ganesha: Blue *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 4
1st Phase

Routine Work Marana Yoga

Bhuloka Day

Until 4:19PM
Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy
Sun 5
Sutra 181

Mithuna Rasi: 0.12 Tithi 21

639176474

Gulika 6:22AM – 7:46AM
Yama 1:20PM – 2:43PM
Rahu 9:09AM – 10:33AM

Mrigashira Until 6:55PM
Variyan Until 9:56AM
Gara Until 1:32PM
Shashthi* Until 2:39AM Sun

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 5
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy
Sun 6
Sutra 182

Mithuna Rasi: 12.1 Tithi 22

639176474

Gulika 2:43PM – 4:06PM
Yama 11:56AM – 1:19PM
Rahu 4:06PM – 5:29PM

Ardra Until 9:37PM
Parigha* Until 10:40AM
Visti Until 3:52PM
Saptami Until 5:04AM Mon

Ganesha: Red *Sunrise:* 6:23AM
Muruqa: White *Sunset:* 5:29PM
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 6
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Balava Karana Ashtamyam Titau

Rome, Italy
Sun 7
Sutra 183

Mithuna Rasi: 24.04 Tithi 23

649176474

Gulika 1:19PM – 2:42PM
Yama 10:33AM – 11:56AM
Rahu 7:47AM – 9:10AM

Punarvasu Until 12:42AM Tue
Shiva Until 11:32AM
Balava Until 6:18PM
Ashtami* Until 7:29AM Tue

Ganesha: Green *Sunrise:* 6:25AM
Muruqa: White *Sunset:* 5:27PM
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 7
Ashtami

Creative Work Amrita Yoga

Devaloka Day

Until 12:42AM Tue
Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy
Sun 8
Sutra 184

Kataka Rasi: 5.57 Tithi 23 – 24

649176474

Gulika 11:56AM – 1:18PM
Yama 9:11AM – 10:33AM
Rahu 2:41PM – 4:03PM

Pushya Until 3:29AM Wed
Siddha Until 12:20PM
Taitila Until 8:39PM
Ashtami* Until 7:29AM

Ganesha: Green *Sunrise:* 6:26AM
Muruqa: White *Sunset:* 5:26PM
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day
Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Varija Karana Navami/Dashyam Titau				Rome, Italy
	Kataka Rasi: 17.55	Tithi 24 – 25	Gulika 10:33AM – 11:56AM	Ashlesha* Until 5:47AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:27AM	Sun 9 Sutra 185
	649176474		Yama 7:49AM – 9:11AM	Sadhya Until 12:58PM	Muruqa: White	<i>Sunset:</i> 5:24PM	Subhakrit 5124
		Rahu 11:56AM – 1:18PM	Varija Until 10:42PM	Nataraja: Purple		Moon 10 - Phase 26 - 9	
Creative Work	Siddha Yoga		Navami* Until 9:42AM	Moon – Blue		2nd Phase	
Until 5:47AM Thu				Ashvina-Aipasi		Devaloka Day	
Then Creative Work - Amrita Yoga							

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy
	Simha Rasi: 0.01	Tithi 25 – 26	Gulika 9:12AM – 10:34AM	Magha* Until 7:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:28AM	Sun 10 Sutra 186
	659276474		Yama 6:28AM – 7:50AM	Subha Until 1:19PM	Muruqa: White	<i>Sunset:</i> 5:23PM	Subhakrit 5124
		Rahu 1:17PM – 2:39PM	Bava Until 12:17AM Fri	Nataraja: Purple		Moon 10 - Phase 26 - 10	
Creative Work	Amrita Yoga		Dashami Until 11:32AM	Moon – Red		2nd Phase	
Until 7:55AM Fri				Ashvina-Aipasi		Bhuloka Day	
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Simha Rasi: 12.2	Tithi 26 – 27	Gulika 7:51AM – 9:12AM	Magha* Until 7:55AM	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Sun 11 Sutra 187
	659276474		Yama 2:38PM – 4:00PM	Sukla Until 1:13PM	Muruqa: White	<i>Sunset:</i> 5:21PM	Subhakrit 5124
		Rahu 10:34AM – 11:55AM	Kaulava Until 1:18AM Sat	Nataraja: Purple		Moon 10 - Phase 26 - 11	
Routine Work	Marana Yoga		Ekadashi* Until 12:51PM	Moon – Red		2nd Phase	
Until 7:55AM				Ashvina-Aipasi		Bhuloka Day	
Then Creative Work - Siddha Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantla Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy
	Simha Rasi: 24.54	Tithi 27 – 28	Gulika 6:30AM – 7:51AM	Purvaphalguni Until 9:18AM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Sun 12 Sutra 188
	659276474		Yama 1:16PM – 2:37PM	Brahma Until 12:39PM	Muruqa: White	<i>Sunset:</i> 5:20PM	Subhakrit 5124
		Rahu 9:13AM – 10:34AM	Gara Until 1:40AM Sun	Nataraja: Purple		Moon 10 - Phase 26 - 12	
Creative Work	Siddha Yoga		Dvadashi* Until 1:33PM	Moon – Red		2nd Phase	
Until 9:18AM				Ashvina-Aipasi		Bhuloka Day	
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Kanya Rasi: 7.46	Tithi 28 – 29	Gulika 2:37PM – 3:58PM	Uttaraphalguni Until 9:55AM	Ganesha: Purple	<i>Sunrise:</i> 6:31AM	Sun 13 Sutra 189
	651276474		Yama 11:55AM – 1:16PM	Indra Until 11:37AM	Muruqa: White	<i>Sunset:</i> 5:18PM	Subhakrit 5124
		Rahu 3:58PM – 5:18PM	Visti Until 1:23AM Mon	Nataraja: Purple		Moon 10 - Phase 26 - 13	
Creative Work	Amrita Yoga		Trayodashi* Until 1:35PM	Moon – Red		2nd Phase	
Until 10:13AM				Ashvina-Aipasi		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day					

	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy
	Retreat Star		Gulika 1:15PM – 2:36PM	Hasta Until 10:13AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:33AM	Sun 14 Sutra 190
	Kanya Rasi: 20.58	Tithi 29 – 30	Yama 10:34AM – 11:55AM	Vaidhriti* Until 10:02AM	Muruqa: White	<i>Sunset:</i> 5:17PM	Subhakrit 5124
Family Home Evening		Rahu 7:53AM – 9:14AM	Catuspada Until 12:30AM Tue	Nataraja: Purple		Moon 10 - Phase 26 - 14	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:00PM	Moon – Green		Amavasya	
Until 10:13AM		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga							

	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rome, Italy
	Retreat Star		Gulika 11:55AM – 1:15PM	Chitra Until 9:47AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:34AM	Sun 15 Sutra 191
	Tula Rasi: 4.29	Tithi 30 – 1	Yama 9:14AM – 10:34AM	Vishkambha* Until 8:01AM	Muruqa: White	<i>Sunset:</i> 5:16PM	Subhakrit 5124
		Rahu 2:35PM – 3:55PM	Kintughna Until 11:06PM	Nataraja: Purple		Moon 10 - Phase 26 - 15	
Creative Work	Siddha Yoga		Amavasya* Until 11:50AM	Moon – Green		Prathama	
Until 10:13AM		Skanda Shasthi Begins		Kartika-Aipasi		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Rome, Italy
	Tula Rasi: 18.19 Tithi 1 – 2		Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16 Sutra 192
	Creative Work Siddha Yoga	661276574	Gulika 10:35AM – 11:55AM Yama 7:55AM – 9:15AM Rahu 11:55AM – 1:14PM	Svati Until 8:45AM Ayushman Until 2:54AM Thu Balava Until 9:16PM Prathama* Until 10:13AM	Ganesha: Light Blue <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 5:14PM Nataraja: Clear Moon – Green	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 16 3rd Phase

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Rome, Italy
	Vrischika Rasi: 2.22 Tithi 2 – 3		Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 17 Sutra 193
	Creative Work Siddha Yoga	671276574	Gulika 9:15AM – 10:35AM Yama 6:36AM – 7:56AM Rahu 1:14PM – 2:34PM	Vishakha Until 7:38AM Saubhagya Until 11:57PM Taitila Until 7:09PM Dvitiya Until 8:13AM	Ganesha: Purple <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:13PM Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 17 3rd Phase

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Rome, Italy
	Vrischika Rasi: 16.35 Tithi 3 – 4		Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau				Sun 18 Sutra 194
	Creative Work Siddha Yoga	671276574	Gulika 7:57AM – 9:16AM Yama 2:33PM – 3:52PM Rahu 10:35AM – 11:54AM	Anuradha Until 6:07AM Sobhana Until 8:54PM Visti Until 3:38AM Sat Tritiya Until 6:00AM	Ganesha: Purple <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:11PM Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 18 3rd Phase

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Rome, Italy
	Dhanus Rasi: 0.53 Tithi 5		Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 195
	Creative Work Siddha Yoga	681276574	Gulika 6:38AM – 7:57AM Yama 1:13PM – 2:32PM Rahu 9:16AM – 10:35AM	Mula* Until 2:49AM Sun Athiganda* Until 5:45PM Bava Until 2:27PM Panchami Until 1:14AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:10PM Nataraja: Clear Moon – Light Blue	Devaloka Day	Moon 10 - Phase 27 - 19 3rd Phase

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rome, Italy
	Dhanus Rasi: 15.13 Tithi 6		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 196
	Creative Work Siddha Yoga	681276574	Gulika 2:32PM – 3:50PM Yama 11:54AM – 1:13PM Rahu 3:50PM – 5:09PM	Purvashadha* Until 1:11AM Mon Sukarma Until 2:39PM Kaulava Until 12:03PM Shashthi* Until 10:52PM	Ganesha: Clear <i>Sunrise:</i> 6:40AM Muruqa: Clear <i>Sunset:</i> 5:09PM Nataraja: Clear Moon – Light Blue	Devaloka Day	Moon 10 - Phase 27 - 20 3rd Phase

6	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Rome, Italy
	Dhanus Rasi: 29.31 Tithi 7		Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 197
	Family Home Evening Routine Work Marana Yoga Until 11:33PM Then Creative Work - Amrita Yoga	681276574	Gulika 1:13PM – 2:31PM Yama 10:36AM – 11:54AM Rahu 7:59AM – 9:18AM	Uttarashadha Until 11:33PM Dhriti Until 11:37AM Gara Until 9:45AM Saptami Until 8:38PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruqa: Clear <i>Sunset:</i> 5:08PM Nataraja: Clear Moon – Light Blue	Devaloka Day	Moon 10 - Phase 27 - 21 3rd Phase

☾	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Rome, Italy
	Retreat Star Makara Rasi: 13.43 Tithi 8		Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 198
	Creative Work Siddha Yoga	691276574	Gulika 11:54AM – 1:12PM Yama 9:18AM – 10:36AM Rahu 2:30PM – 3:48PM	Shravana Until 10:21PM Shula* Until 8:41AM Visti Until 7:35AM Ashtami* Until 6:33PM	Ganesha: White <i>Sunrise:</i> 6:42AM Muruqa: Clear <i>Sunset:</i> 5:06PM Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 22 Ashtami

☾	Wednesday, November 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Rome, Italy
	Retreat Star Makara Rasi: 27.47 Tithi 9 – 10		Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 199
	Routine Work Prabalarishta Yoga Until 9:14PM Then Creative Work - Siddha Yoga	692276574	Gulika 10:36AM – 11:54AM Yama 8:01AM – 9:19AM Rahu 11:54AM – 1:12PM	Dhanishtha Until 9:14PM Vriddhi Until 3:20AM Thu Taitila Until 3:51AM Thu Navami* Until 4:41PM	Ganesha: Green <i>Sunrise:</i> 6:43AM Muruqa: Clear <i>Sunset:</i> 5:05PM Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 23 Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 11.44	Tithi 10 – 11	Gulika 9:19AM – 10:37AM	Shatabhishak Until 8:12PM	Ganesha: Green	<i>Sunrise:</i> 6:44AM	
			Yama 6:44AM – 8:02AM	Dhruva Until 12:56AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - 24
	Creative Work	Siddha Yoga	692276574 Rahu 1:12PM – 2:29PM	Vanija Until 2:22AM Fri	Nataraja: Clear		4th Phase
			Dashami Until 3:03PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

2	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 25.31	Tithi 11 – 12	Gulika 8:03AM – 9:20AM	Purvaproshtapada* Until 7:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	
			Yama 2:28PM – 3:45PM	Vyaghata* Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 - 25
	Creative Work	Siddha Yoga	612276574 Rahu 10:37AM – 11:54AM	Bava Until 1:10AM Sat	Nataraja: Clear		4th Phase
			Ekadashi Until 1:42PM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 9.07	Tithi 12 – 13	Gulika 6:47AM – 8:04AM	Uttaraproshtapada Until 7:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	
			Yama 1:11PM – 2:28PM	Harshana Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 - 26
	Creative Work	Siddha Yoga	612276574 Rahu 9:21AM – 10:37AM	Kaulava Until 12:19AM Sun	Nataraja: Clear		4th Phase
			Dvadashi Until 12:40PM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			
				<i>Pradosha Vrata</i>			

4	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 22.31	Tithi 13 – 14	Gulika 2:27PM – 3:44PM	Revati Until 7:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	
			Yama 11:54AM – 1:11PM	Vajra* Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28 - 27
	Creative Work	Amrita Yoga	612276574 Rahu 3:44PM – 5:00PM	Gara Until 11:52PM	Nataraja: Clear		4th Phase
			Trayodashi Until 12:01PM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy Sun 28 Sutra 204 Subhakrit 5124
	Mesha Rasi: 5.41	Tithi 14 – 15	Gulika 1:10PM – 2:27PM	Ashvini Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
	Family Home Evening		Yama 10:38AM – 11:54AM	Siddhi Until 6:05PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 28 -
	Creative Work	Siddha Yoga	722276574 Rahu 8:06AM – 9:22AM	Visti Until 11:52PM	Nataraja: Clear		Purnima
			Chaturdashi* Until 11:47AM	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

Silver Retreat Star	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy Sun 29 Sutra 205 Subhakrit 5124
	Mesha Rasi: 18.37	Tithi 15 – 16	Gulika 11:54AM – 1:10PM	Bharani Until 9:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	
			Yama 9:22AM – 10:38AM	Vyatipata* Until 5:14PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 28 -
	Creative Work	Siddha Yoga	722276574 Rahu 2:26PM – 3:42PM	Balava Until 12:23AM Wed	Nataraja: Clear		Prathama
			Purnima* Until 12:02PM	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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Wednesday, November 9, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy
Sutra 206

Wrishabha Rasi: 1.19 Tithi 16 – 17

722276574

Gulika 10:39AM – 11:54AM
Yama 8:07AM – 9:23AM
Rahu 11:54AM – 1:10PM

Krittika **Until 10:29PM**
Varyan **Until 4:46PM**
Taitila **Until 1:25AM Thu**
Prathama* Until 12:49PM

Ganesha: Blue *Sunrise: 6:52AM*
Muruqa: Clear *Sunset: 4:57PM*
Nataraja: Clear
Moon – White
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 10:29PM
Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy
Sun 1 Sutra 207

Wrishabha Rasi: 13.47 Tithi 17 – 18

732276574

Gulika 9:24AM – 10:39AM
Yama 6:53AM – 8:08AM
Rahu 1:10PM – 2:25PM

Rohini **Until 12:39AM Fri**
Parigha* **Until 4:42PM**
Vanija **Until 2:56AM Fri**
Dvitiya Until 2:06PM

Ganesha: Red *Sunrise: 6:53AM*
Muruqa: Clear *Sunset: 4:56PM*
Nataraja: Clear
Moon – Yellow
Karttika-Aipasi

Devaloka Day

Routine Work Marana Yoga
Until 12:39AM Fri
Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Rome, Italy
Sun 2 Sutra 208

Wrishabha Rasi: 26.02 Tithi 18 – 19

732276574

Gulika 8:09AM – 9:24AM
Yama 2:25PM – 3:40PM
Rahu 10:39AM – 11:55AM

Mrigashira **Until 3:05AM Sat**
Shiva **Until 5:00PM**
Bava **Until 4:55AM Sat**
Tritiya Until 3:51PM

Ganesha: Red *Sunrise: 6:54AM*
Muruqa: Clear *Sunset: 4:55PM*
Nataraja: Clear
Moon – Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava Karana Chaturthayam Titau

Rome, Italy
Sun 3 Sutra 209

Mithuna Rasi: 8.07 Tithi 19

732276574

Gulika 6:55AM – 8:10AM
Yama 1:10PM – 2:24PM
Rahu 9:25AM – 10:40AM

Ardra **Until 5:39AM Sun**
Siddha **Until 5:34PM**
Balava **Until 6:00PM**
Chaturthi* Until 6:00PM

Ganesha: Red *Sunrise: 6:55AM*
Muruqa: Clear *Sunset: 4:54PM*
Nataraja: Clear
Moon – Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy
Sun 4 Sutra 210

Mithuna Rasi: 20.04 Tithi 20

742276574

Gulika 2:24PM – 3:39PM
Yama 11:55AM – 1:09PM
Rahu 3:39PM – 4:53PM

Punarvasu **Until 8:45AM Mon**
Sadhya **Until 6:19PM**
Kaulava **Until 7:12AM**
Panchami Until 8:24PM

Ganesha: Green *Sunrise: 6:57AM*
Muruqa: Clear *Sunset: 4:53PM*
Nataraja: Clear
Moon – Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthayam Titau

Rome, Italy
Sun 5 Sutra 211

Kataka Rasi: 1.58 Tithi 21

742376574

Gulika 1:09PM – 2:24PM
Yama 10:41AM – 11:55AM
Rahu 8:12AM – 9:26AM

Punarvasu **Until 8:45AM**
Subha **Until 7:11PM**
Gara **Until 9:41AM**
Shashthi* Until 10:54PM

Ganesha: White *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 4:52PM*
Nataraja: Clear
Moon – Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Family Home Evening
Creative Work Amrita Yoga
Until 8:45AM
Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy
Sun 6 Sutra 212

Kataka Rasi: 13.5 Tithi 22

743376574

Gulika 11:55AM – 1:09PM
Yama 9:27AM – 10:41AM
Rahu 2:23PM – 3:37PM

Pushya **Until 11:40AM**
Sukla **Until 7:57PM**
Visti **Until 12:09PM**
Saptami Until 1:18AM Wed

Ganesha: Green *Sunrise: 6:59AM*
Muruqa: Clear *Sunset: 4:51PM*
Nataraja: Clear
Moon – Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 7 Sutra 213

Kataka Rasi: 25.47 Tithi 23

743376574

Gulika 10:42AM – 11:55AM
Yama 8:14AM – 9:28AM
Rahu 11:55AM – 1:09PM

Ashlesha* Until 2:15PM
Brahma **Until 8:33PM**
Balava **Until 2:26PM**
Ashtami* Until 3:24AM Thu

Ganesha: Green *Sunrise: 7:00AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Clear
Moon – Blue
Karttika-Karttikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 8 Sutra 214

Simha Rasi: 7.5 Tithi 24

753376575

Gulika 9:28AM – 10:42AM
Yama 7:01AM – 8:15AM
Rahu 1:09PM – 2:23PM

Magha* Until 4:47PM
Indra **Until 8:49PM**
Taitila **Until 4:19PM**
Navami* Until 5:01AM Fri

Ganesha: Orange *Sunrise: 7:01AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Purple
Moon – Red
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga
Until 4:47PM
Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

www.gurudeva.org/panchang


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau		Rome, Italy
Simha Rasi: 20.07	Tithi 25	753376575	Gulika 8:16AM – 9:29AM Yama 2:22PM – 3:36PM Rahu 10:42AM – 11:56AM	Purvaphalguni Until 6:35PM Vaidhrili* Until 8:37PM Vanija Until 5:37PM Dashami Until 6:00AM Sat	Ganesha: Orange <i>Sunrise:</i> 7:03AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Purple Moon – Red	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase Sivaloka Day Karttika-Karttikai
Creative Work Siddha Yoga						

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau		Rome, Italy
Kanya Rasi: 2.4	Tithi 25 – 26	753376575	Gulika 7:04AM – 8:17AM Yama 1:09PM – 2:22PM Rahu 9:30AM – 10:43AM	Uttaraphalguni Until 7:34PM Vishkambha* Until 7:53PM Bava Until 6:13PM Dashami Until 6:00AM	Ganesha: Orange <i>Sunrise:</i> 7:04AM Muruqa: Clear <i>Sunset:</i> 4:48PM Nataraja: Purple Moon – Red	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase Sivaloka Day Karttika-Karttikai
Routine Work Marana Yoga						

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Rome, Italy
Kanya Rasi: 15.33	Tithi 26 – 27	763376575	Gulika 2:22PM – 3:35PM Yama 11:56AM – 1:09PM Rahu 3:35PM – 4:47PM	Hasta Until 8:07PM Priti Until 6:33PM Kaulava Until 6:03PM Ekadashi* Until 6:13AM	Ganesha: Light Blue <i>Sunrise:</i> 7:05AM Muruqa: Clear <i>Sunset:</i> 4:47PM Nataraja: Purple Moon – Green	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase Devaloka Day Karttika-Karttikai
Creative Work Amrita Yoga Until 8:07PM Then Creative Work - Siddha Yoga						

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy
Kanya Rasi: 28.51	Tithi 28	763376575	Gulika 1:09PM – 2:22PM Yama 10:44AM – 11:56AM Rahu 8:19AM – 9:31AM	Chitra Until 7:45PM Ayushman Until 4:36PM Gara Until 5:07PM Trayodashi* Until 4:22AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 7:06AM Muruqa: Clear <i>Sunset:</i> 4:47PM Nataraja: Purple Moon – Green	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase Devaloka Day Karttika-Karttikai
Family Home Evening Routine Work Prabalarishta Yoga Until 7:45PM Then Creative Work - Amrita Yoga						

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rome, Italy
Tula Rasi: 12.34	Tithi 29	763376575	Gulika 11:57AM – 1:09PM Yama 9:32AM – 10:44AM Rahu 2:21PM – 3:34PM	Svati Until 6:34PM Saubhagya Until 2:07PM Visti Until 3:30PM Chaturdashi* Until 2:26AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 7:07AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Purple Moon – Green	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase Devaloka Day Karttika-Karttikai
Creative Work Siddha Yoga Until 6:34PM Then Routine Work - Marana Yoga						

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rome, Italy		
Retreat Star		Tula Rasi: 26.4	Tithi 30	773376575	Gulika 10:45AM – 11:57AM Yama 8:21AM – 9:33AM Rahu 11:57AM – 1:09PM	Vishakha Until 5:07PM Sobhana Until 11:09AM Catuspada Until 1:16PM Amavasya* Until 11:58PM	Ganesha: Purple <i>Sunrise:</i> 7:09AM Muruqa: Clear <i>Sunset:</i> 4:45PM Nataraja: Purple Moon – Orange	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya Devaloka Day Karttika-Karttikai
Creative Work Siddha Yoga								

Thursday, November 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Rome, Italy
Vrischika Rasi: 11.07	Tithi 1	773376575	Gulika 9:33AM – 10:45AM Yama 7:10AM – 8:22AM Rahu 1:09PM – 2:21PM	Anuradha Until 3:06PM Athiganda* Until 7:48AM Kintughna Until 10:36AM Prathama* Until 9:08PM	Ganesha: Purple <i>Sunrise:</i> 7:10AM Muruqa: Clear <i>Sunset:</i> 4:45PM Nataraja: Purple Moon – Orange	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama Devaloka Day Margasira-Karttikai
Creative Work Siddha Yoga Until 3:06PM Then Routine Work - Prabalarishta Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Rome, Italy	
Vrischika Rasi: 25.47		Tiithi 2		Jyeshtha* Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 222	
773376575		Gulika 8:23AM – 9:34AM	Jyeshtha* Until 12:41PM	Ganesha: Purple	<i>Sunrise:</i> 7:11AM	Subhakrit 5124	
Routine Work Marana Yoga		Yama 2:21PM – 3:33PM	Dhriti Until 12:27AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 31 - 16	
Until 12:41PM		Rahu 10:46AM – 11:58AM	Balava Until 7:39AM	Nataraja: Purple		3rd Phase	
Then Creative Work - Amrita Yoga			Dvitiya Until 6:05PM	Moon – Orange		Devaloka Day	
				Margasira-Karttikai			

2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Rome, Italy	
Dhanus Rasi: 10.35		Tiithi 3 – 4		Mula* Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 223	
783376575		Gulika 7:12AM – 8:23AM	Mula* Until 10:26AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:12AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 1:09PM – 2:21PM	Shula* Until 8:41PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 31 - 17	
Until 8:06AM		Rahu 9:35AM – 10:46AM	Vanija Until 1:26AM Sun	Nataraja: Purple		3rd Phase	
Then Creative Work - Amrita Yoga			Tritiya Until 2:57PM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Rome, Italy	
Dhanus Rasi: 25.22		Tiithi 4 – 5		Purvashadha* Uttarashadha* Nakshatra Ganda* Vriddhi* Yoga Visli* Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 224	
783376575		Gulika 2:21PM – 3:32PM	Purvashadha* Until 8:06AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:13AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 11:58AM – 1:09PM	Ganda* Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 31 - 18	
Until 8:06AM		Rahu 3:32PM – 4:43PM	Bava Until 10:29PM	Nataraja: Purple		3rd Phase	
Then Creative Work - Amrita Yoga			Chaturthi* Until 11:55AM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		Rome, Italy	
Makara Rasi: 10.01		Tiithi 5 – 6		Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 225	
793376575		Gulika 1:10PM – 2:21PM	Shravana Until 4:06AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:14AM	Subhakrit 5124	
Family Home Evening		Yama 10:47AM – 11:59AM	Vriddhi Until 1:32PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 31 - 19	
Creative Work Amrita Yoga		Rahu 8:25AM – 9:36AM	Kaulava Until 7:47PM	Nataraja: Purple		3rd Phase	
Until 4:06AM Tue			Panchami Until 9:04AM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Rome, Italy	
Makara Rasi: 24.27		Tiithi 6 – 7		Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Vanija Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 226	
793376575		Gulika 11:59AM – 1:10PM	Dhanishtha Until 2:39AM Wed	Ganesha: Orange	<i>Sunrise:</i> 7:15AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 9:37AM – 10:48AM	Dhruva Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 31 - 20	
Until 8:06AM		Rahu 2:21PM – 3:32PM	Vanija Until 4:28AM Wed	Nataraja: Purple		3rd Phase	
Then Creative Work - Siddha Yoga			Shashthi* Until 6:34AM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Rome, Italy	
Kumbha Rasi: 8.37		Tiithi 8		Shatabhishak Nakshatra Vyaghata* Harshana Yoga Visti* Bava Karana Ashtamyam Titau		Sun 21 Sutra 227	
794376575		Gulika 10:49AM – 11:59AM	Shatabhishak Until 1:32AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:16AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 8:27AM – 9:38AM	Vyaghata* Until 7:29AM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 31 - 21	
Until 8:06AM		Rahu 11:59AM – 1:10PM	Visti Until 3:37PM	Nataraja: Purple		Ashtami	
Then Creative Work - Siddha Yoga			Ashtami* Until 2:51AM Thu	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Rome, Italy	
Kumbha Rasi: 22.28		Tiithi 9		Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 228	
714376575		Gulika 9:39AM – 10:49AM	Purvaproshtapada* Until 1:12AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:17AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 7:17AM – 8:28AM	Vajra* Until 2:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 31 - 22	
Until 8:06AM		Rahu 1:10PM – 2:21PM	Balava Until 2:15PM	Nataraja: Purple		Navami	
Then Creative Work - Siddha Yoga			Navami* Until 1:45AM Fri	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Rome, Italy
				Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23
Meena Rasi: 6	Tithi 10	Gulika	8:29AM – 9:39AM	Uttaraproshtapada Until 1:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:18AM	Subhakrit 5124	
		Yama	2:21PM – 3:31PM	Siddhi Until 1:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 32 - 23	
		714376575 Rahu	10:50AM – 12:00PM	Taitila Until 1:25PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga					Moon – Clear	Sivaloka Day	
Until 1:14AM Sat						Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga								


2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Rome, Italy
				Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24
Meena Rasi: 19.16	Tithi 11	Gulika	7:19AM – 8:30AM	Revati Until 1:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:19AM	Subhakrit 5124	
		Yama	1:11PM – 2:21PM	Vyatipata* Until 12:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32 - 24	
		714376575 Rahu	9:40AM – 10:50AM	Vanija Until 1:05PM	Nataraja: Purple		4th Phase	
Routine Work	Prabalarishta Yoga					Moon – Clear	Sivaloka Day	
Until 1:37AM Sun						Margasira-Karttikai		
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rome, Italy
				Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25
Mesha Rasi: 2.16	Tithi 12	Gulika	2:21PM – 3:31PM	Ashvini Until 2:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:20AM	Subhakrit 5124	
		Yama	12:01PM – 1:11PM	Varyan Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32 - 25	
		724376575 Rahu	3:31PM – 4:41PM	Bava Until 1:15PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga					Moon – White	Devaloka Day	
						Margasira-Karttikai		

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Rome, Italy
				Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
Mesha Rasi: 15.02	Tithi 13	Gulika	1:11PM – 2:21PM	Bharani Until 4:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:21AM	Subhakrit 5124	
Family Home Evening		Yama	10:51AM – 12:01PM	Parigha* Until 10:37PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32 - 26	
		724376575 Rahu	8:31AM – 9:41AM	Kaulava Until 1:53PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga					Moon – White	Devaloka Day	
						Margasira-Karttikai		

Pradosha Vrata

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Rome, Italy
				Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
Mesha Rasi: 27.37	Tithi 14	Gulika	12:02PM – 1:11PM	Krittika Until 5:47AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:22AM	Subhakrit 5124	
		Yama	9:42AM – 10:52AM	Shiva Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32 - 27	
		724376575 Rahu	2:21PM – 3:31PM	Gara Until 2:56PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga					Moon – White	Devaloka Day	
		Krittika Deepam	Chaturdashi* Until 3:35AM Wed		Margasira-Karttikai			

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Rome, Italy
				Copper Retreat Star				Sutra 234
Vrishabha Rasi: 10.01	Tithi 15	Gulika	10:52AM – 12:02PM	Rohini Until 8:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM	Subhakrit 5124	
		Yama	8:33AM – 9:43AM	Siddha Until 10:25PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32 - Purnima	
		734376575 Rahu	12:02PM – 1:12PM	Visti Until 4:22PM	Nataraja: Purple			
Creative Work	Siddha Yoga					Moon – Yellow	Sivaloka Day	
Until 8:05AM Thu						Margasira-Karttikai		
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Rome, Italy
				Rohini/Mrigashira Nakshatra Sadhya Yoga Balava Karana Prathamayam Titau				Sutra 235
Vrishabha Rasi: 22.16	Tithi 16	Gulika	9:43AM – 10:53AM	Rohini Until 8:05AM	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	Subhakrit 5124	
		Yama	7:24AM – 8:34AM	Sadhya Until 10:43PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32 - Prathama	
		734376575 Rahu	1:12PM – 2:22PM	Balava Until 6:10PM	Nataraja: Purple			
Routine Work	Marana Yoga					Moon – Yellow	Sivaloka Day	
						Margasira-Karttikai		

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

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Friday, December 9, 2022

Gold Retreat Star

Mithuna Rasi: 4.23 Tithi 16 – 17

Creative Work Siddha Yoga

734476575

Gulika 8:35AM – 9:44AM
 Yama 2:22PM – 3:31PM
 Rahu 10:54AM – 12:03PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Kaulava Karana Prathama/Dvitiyayam Titau

Mrigashira Until 10:32AM
 Subha Until 11:14PM
 Tailila Until 8:15PM
 Prathama* Until 7:09AM

Ganesha: Red Sunrise: 7:25AM
 Muruga: Clear Sunset: 4:41PM
 Nataraja: Purple
 Moon – Yellow
 Margasira-Karttikai

Rome, Italy
 Sutra 236
 Subhakrit 5124
 Moon 12 - Phase 33 -
 1st Phase

Sivaloka Day

1

Saturday, December 10, 2022

Mithuna Rasi: 16.23 Tithi 17 – 18

Creative Work Siddha Yoga

734476575

Gulika 7:26AM – 8:35AM
 Yama 1:13PM – 2:22PM
 Rahu 9:45AM – 10:54AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Ardra Until 1:03PM
 Sukla Until 11:54PM
 Vanija Until 10:35PM
 Dvitiya Until 9:22AM

Ganesha: Red Sunrise: 7:26AM
 Muruga: Clear Sunset: 4:41PM
 Nataraja: Purple
 Moon – Yellow
 Margasira-Karttikai

Rome, Italy
 Sun 1
 Sutra 237
 Subhakrit 5124
 Moon 12 - Phase 33 - 1
 1st Phase

Sivaloka Day

2

Sunday, December 11, 2022

Mithuna Rasi: 28.19 Tithi 18 – 19

Creative Work Siddha Yoga

744476575

Gulika 2:22PM – 3:32PM
 Yama 12:04PM – 1:13PM
 Rahu 3:32PM – 4:41PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Punarvasu Until 4:06PM
 Brahma Until 12:42AM Mon
 Bava Until 1:04AM Mon
 Tritiya Until 11:47AM

Ganesha: Green Sunrise: 7:27AM
 Muruga: Clear Sunset: 4:41PM
 Nataraja: Purple
 Moon – Blue
 Margasira-Karttikai

Rome, Italy
 Sun 2
 Sutra 238
 Subhakrit 5124
 Moon 12 - Phase 33 - 2
 1st Phase

Devaloka Day

3

Monday, December 12, 2022

Kataka Rasi: 10.12 Tithi 19 – 20

Family Home Evening

Creative Work Siddha Yoga

745476575

Gulika 1:14PM – 2:23PM
 Yama 10:55AM – 12:04PM
 Rahu 8:37AM – 9:46AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
 Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Pushya Until 7:03PM
 Indra Until 1:33AM Tue
 Kaulava Until 3:36AM Tue
 Chaturthi* Until 2:19PM

Ganesha: White Sunrise: 7:28AM
 Muruga: Clear Sunset: 4:41PM
 Nataraja: Purple
 Moon – Blue
 Margasira-Karttikai

Rome, Italy
 Sun 3
 Sutra 239
 Subhakrit 5124
 Moon 12 - Phase 33 - 3
 1st Phase

Devaloka Day

4

Tuesday, December 13, 2022

Kataka Rasi: 22.04 Tithi 20 – 21

Creative Work Siddha Yoga

745476575

Gulika 12:05PM – 1:14PM
 Yama 9:47AM – 10:56AM
 Rahu 2:23PM – 3:32PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashlesha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Ashlesha* Until 9:48PM
 Vaidhriti* Until 2:19AM Wed
 Gara Until 6:03AM Wed
 Panchami Until 4:49PM

Ganesha: White Sunrise: 7:29AM
 Muruga: Clear Sunset: 4:41PM
 Nataraja: Purple
 Moon – Blue
 Margasira-Karttikai

Rome, Italy
 Sun 4
 Sutra 240
 Subhakrit 5124
 Moon 12 - Phase 33 - 4
 1st Phase

Devaloka Day

5

Wednesday, December 14, 2022

Simha Rasi: 3.59 Tithi 21

Creative Work Siddha Yoga

755476575

Gulika 10:56AM – 12:05PM
 Yama 8:38AM – 9:47AM
 Rahu 12:05PM – 1:14PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
 Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Magha* Until 12:42AM Thu
 Vishkambha* Until 2:55AM Thu
 Gara Until 6:03AM
 Shashthi* Until 7:10PM

Ganesha: Clear Sunrise: 7:29AM
 Muruga: Clear Sunset: 4:41PM
 Nataraja: Purple
 Moon – Red
 Margasira-Karttikai

Rome, Italy
 Sun 5
 Sutra 241
 Subhakrit 5124
 Moon 12 - Phase 33 - 5
 1st Phase

Sivaloka Day

6

Thursday, December 15, 2022

Simha Rasi: 15.59 Tithi 22

Creative Work Siddha Yoga

755476575

Gulika 9:48AM – 10:57AM
 Yama 7:30AM – 8:39AM
 Rahu 1:15PM – 2:24PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
 Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Purvaphalguni Until 3:02AM Fri
 Priti Until 3:13AM Fri
 Visti Until 8:14AM
 Saptami Until 9:08PM

Ganesha: Clear Sunrise: 7:30AM
 Muruga: Clear Sunset: 4:42PM
 Nataraja: Purple
 Moon – Red
 Margasira-Karttikai

Rome, Italy
 Sun 6
 Sutra 242
 Subhakrit 5124
 Moon 12 - Phase 33 - 6
 1st Phase

Sivaloka Day

D

Friday, December 16, 2022

Retreat Star

Simha Rasi: 28.1 Tithi 23

Creative Work Siddha Yoga

Until 4:38AM Sat

Then Routine Work - Marana Yoga

855476575

Gulika 8:40AM – 9:49AM
 Yama 2:24PM – 3:33PM
 Rahu 10:57AM – 12:06PM

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
 Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Uttaraphalguni Until 4:38AM Sat
 Ayushman Until 3:02AM Sat
 Balava Until 9:57AM
 Ashtami* Until 10:33PM

Ganesha: White Sunrise: 7:31AM
 Muruga: Clear Sunset: 4:42PM
 Nataraja: Purple
 Moon – Red
 Margasira-Markali

Rome, Italy
 Sun 7
 Sutra 243
 Subhakrit 5124
 Moon 12 - Phase 33 - 7
 Ashtami

Devaloka Day

Saturday, December 17, 2022

Retreat Star

Kanya Rasi: 10.37 Tithi 24

Routine Work Marana Yoga

Until 5:49AM Sun

Then Creative Work - Siddha Yoga

865476575

Gulika 7:31AM – 8:40AM
 Yama 1:16PM – 2:24PM
 Rahu 9:49AM – 10:58AM

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Hasta Nakshatra Saubhagya Yoga Tailila/Gara Karana Navamyam Titau

Hasta Until 5:49AM Sun
 Saubhagya Until 2:17AM Sun
 Tailila Until 11:01AM
 Navami* Until 11:14PM

Ganesha: Clear Sunrise: 7:31AM
 Muruga: Clear Sunset: 4:42PM
 Nataraja: Purple
 Moon – Green
 Margasira-Markali

Rome, Italy
 Sun 8
 Sutra 244
 Subhakrit 5124
 Moon 12 - Phase 33 - 8
 Navami

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Rome, Italy Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 23.25	Tithi 25	Gulika 2:25PM – 3:34PM	Chitra Until 6:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:32AM	
		Yama 12:07PM – 1:16PM	Sobhana Until 12:54AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 34 - 9
		865476575 Rahu 3:34PM – 4:43PM	Vanija Until 11:17AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:05PM	Moon – Green		Sivaloka Day
Until 6:01AM Mon				Margasira*Markali		
Then Creative Work - Amrita Yoga						

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Rome, Italy Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 6.38	Tithi 26	Gulika 1:17PM – 2:25PM	Chitra Until 6:01AM	Ganesha: Clear	<i>Sunrise:</i> 7:33AM	
Family Home Evening		Yama 10:59AM – 11:08PM	Athiganda* Until 10:49PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 34 - 10
Routine Work	Prabalarishta Yoga	865476575 Rahu 8:41AM – 9:50AM	Bava Until 10:42AM	Nataraja: Purple		2nd Phase
Until 6:01AM			Ekadashi* Until 10:04PM	Moon – Green		Sivaloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali		

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rome, Italy Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 20.2	Tithi 27	Gulika 12:08PM – 1:17PM	Vishakha Until 4:01AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:33AM	
		Yama 9:51AM – 11:00AM	Sukarma Until 8:07PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 34 - 11
		875476575 Rahu 2:26PM – 3:35PM	Kaulava Until 9:17AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 8:15PM	Moon – Orange		Devaloka Day
Until 4:01AM Wed				Margasira*Markali		
Then Creative Work - Siddha Yoga						

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Rome, Italy Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 4.31	Tithi 28 – 29	Gulika 11:00AM – 12:09PM	Anuradha Until 2:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:34AM	
		Yama 8:43AM – 9:51AM	Dhriti Until 4:52PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 34 - 12
		876476575 Rahu 12:09PM – 1:18PM	Gara Until 7:06AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:45PM	Moon – Orange		Sivaloka Day
Until 2:00AM Thu		Day 1 of Pancha Ganapati		Margasira*Markali		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rome, Italy Sun 13 Sutra 249 Subhakrit 5124
Retreat Star		Gulika 9:52AM – 11:01AM	Jyeshtha* Until 11:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM	
Vrischika Rasi: 19.07	Tithi 29 – 30	Yama 7:34AM – 8:43AM	Shula* Until 1:09PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 34 - 13
		876476575 Rahu 1:18PM – 2:27PM	Catuspada Until 1:02AM Fri	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 2:42PM	Moon – Orange		Sivaloka Day
Until 11:22PM		Day 2 of Pancha Ganapati		Margasira*Markali		
Then Creative Work - Siddha Yoga						

Friday, December 23, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rome, Italy Sun 14 Sutra 250 Subhakrit 5124
Dhanus Rasi: 4.04	Tithi 30 – 1	Gulika 8:44AM – 9:52AM	Mula* Until 8:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:35AM	
		Yama 2:27PM – 3:36PM	Ganda* Until 9:08AM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 34 - 14
		886476575 Rahu 11:01AM – 12:10PM	Kintughna Until 9:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 11:16AM	Moon – Light Blue		Sivaloka Day
Until 8:42PM		Day 3 of Pancha Ganapati		Pausha*Markali		
Then Routine Work - Prabalarishta Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvityayam Titau				Rome, Italy Sun 15
	Dhanus Rasi: 19.12	Tithi 1 – 2	Gulika 7:35AM – 8:44AM	Purvashadha* Until 5:46PM	Ganesha: Orange	<i>Sunrise:</i> 7:35AM	Subhakrit 5124
			Yama 1:19PM – 2:28PM	Dhruva Until 12:40AM Sun	Muruḡa: Purple	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 35 - 15
	886486575	Rahu 9:53AM – 11:02AM		Kaulava Until 3:58AM Sun	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Prathama* Until 7:38AM		Subha Sivaloka Day	
Until 5:46PM				Pausha*Markali			
Then Routine Work - Marana Yoga							

2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy Sun 16
	Makara Rasi: 4.23	Tithi 3	Gulika 2:28PM – 3:37PM	Uttarashadha Until 2:46PM	Ganesha: Orange	<i>Sunrise:</i> 7:36AM	Subhakrit 5124
			Yama 12:11PM – 1:20PM	Vyaghata* Until 8:30PM	Muruḡa: Purple	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 35 - 16
	886486575	Rahu 3:37PM – 4:46PM		Taitila Until 2:11PM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Tritiya Until 12:26AM Mon		Subha Sivaloka Day	
				Pausha*Markali			

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy Sun 17
	Makara Rasi: 19.26	Tithi 4	Gulika 1:20PM – 2:29PM	Shravana Until 12:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM	Subhakrit 5124
	Family Home Evening		Yama 11:03AM – 12:11PM	Harshana Until 4:35PM	Muruḡa: Purple	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 35 - 17
	896486576	Rahu 8:45AM – 9:54AM		Vanija Until 10:48AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga		Chaturthi* Until 9:13PM		Pausha*Markali		Sivaloka Day	
Until 12:15PM							
Then Creative Work - Siddha Yoga							

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 18
	Kumbha Rasi: 4.14	Tithi 5	Gulika 12:12PM – 1:21PM	Dhanishtha Until 10:00AM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM	Subhakrit 5124
			Yama 9:54AM – 11:03AM	Vajra* Until 12:58PM	Muruḡa: Purple	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 35 - 18
	896486576	Rahu 2:30PM – 3:38PM		Bava Until 7:47AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga		Panchami Until 6:27PM		Pausha*Markali		Sivaloka Day	
Until 10:00AM							
Then Routine Work - Marana Yoga							

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 19
	Kumbha Rasi: 18.38	Tithi 6 – 7	Gulika 11:03AM – 12:12PM	Shatabhishak Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM	Subhakrit 5124
			Yama 8:46AM – 9:54AM	Siddhi Until 9:50AM	Muruḡa: Purple	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 35 - 19
	896486576	Rahu 12:12PM – 1:21PM		Gara Until 3:27AM Thu	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 4:16PM		Pausha*Markali		Sivaloka Day	
Until 8:08AM							
Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					

D	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 20
	Retreat Star		Gulika 9:55AM – 11:04AM	Purvaproshtapada* Until 7:12AM	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	Subhakrit 5124
	Meena Rasi: 2.38	Tithi 7 – 8	Yama 7:37AM – 8:46AM	Vyatipata* Until 7:14AM	Muruḡa: Purple	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 35 - 20
	817486576	Rahu 1:22PM – 2:31PM		Visti Until 2:20AM Fri	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga		Saptami Until 2:47PM		Pausha*Markali		Devaloka Day	

D	Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashlami/Navamyam Titau				Rome, Italy Sun 21
	Retreat Star		Gulika 8:46AM – 9:55AM	Uttaraproshtapada Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	Subhakrit 5124
	Meena Rasi: 16.11	Tithi 8 – 9	Yama 2:31PM – 3:40PM	Parigha* Until 3:44AM Sat	Muruḡa: Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 35 - 21
	817486576	Rahu 11:04AM – 12:13PM		Balava Until 1:57AM Sat	Nataraja: Clear		Navami
Creative Work Siddha Yoga		Ashtami* Until 2:02PM		Pausha*Markali		Devaloka Day	

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rome, Italy Sun 22 Sutra 258 Subhakrit 5124
Meena Rasi: 29.2	Tithi 9 – 10	Gulika 7:37AM – 8:46AM	Revati Until 7:04AM	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	
		Yama 1:23PM – 2:32PM	Shiva Until 2:51AM Sun	Muruga: Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 36 - 22
	817486576	Rahu 9:56AM – 11:05AM	Taitila Until 2:17AM Sun	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Navami* Until 2:01PM	Moon – Clear		Devaloka Day
Until 7:04AM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rome, Italy Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 12.08	Tithi 10 – 11	Gulika 2:33PM – 3:42PM	Ashvini Until 8:16AM	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM	
		Yama 12:14PM – 1:24PM	Siddha Until 2:24AM Mon	Muruga: Purple	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 36 - 23
	827486576	Rahu 3:42PM – 4:51PM	Vanija Until 3:16AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:41PM	Moon – White		Sivaloka Day
Until 8:16AM		Vaikuntha Ekadasi		Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Rome, Italy Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 24.39	Tithi 11 – 12	Gulika 1:24PM – 2:33PM	Bharani Until 9:53AM	Ganesha: Yellow	<i>Sunrise:</i> 7:38AM	
Family Home Evening		Yama 11:05AM – 12:15PM	Sadhya Until 2:22AM Tue	Muruga: Purple	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36 - 24
	827486576	Rahu 8:47AM – 9:56AM	Bava Until 4:44AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 3:55PM	Moon – White		Sivaloka Day
Until 9:53AM				Pausha-Markali		
Then Routine Work - Marana Yoga						

4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Rome, Italy Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 6.58	Tithi 12 – 13	Gulika 12:15PM – 1:25PM	Krittika Until 11:47AM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	
		Yama 9:56AM – 11:06AM	Subha Until 2:38AM Wed	Muruga: Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 36 - 25
	827586576	Rahu 2:34PM – 3:43PM	Kaulava Until 6:35AM Wed	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 5:36PM	Moon – White		Subha Sivaloka Day
Until 11:47AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Rome, Italy Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 19.07	Tithi 13	Gulika 11:06AM – 12:16PM	Rohini Until 2:21PM	Ganesha: White	<i>Sunrise:</i> 7:38AM	
		Yama 8:47AM – 9:57AM	Sukla Until 3:05AM Thu	Muruga: Purple	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36 - 26
	838586576	Rahu 12:16PM – 1:25PM	Kaulava Until 6:35AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:36PM	Moon – Yellow		Devaloka Day
				Pausha-Markali		

6		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Rome, Italy Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 1.1	Tithi 14	Gulika 9:57AM – 11:07AM	Mrigashira Until 4:59PM	Ganesha: White	<i>Sunrise:</i> 7:38AM	
		Yama 7:38AM – 8:47AM	Brahma Until 3:42AM Fri	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 - 27
	838586576	Rahu 1:26PM – 2:35PM	Gara Until 8:43AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:50PM	Moon – Yellow		Devaloka Day
		Subramuniyaswami Jayanti		Pausha-Markali		

○		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Rome, Italy Sun 28 Sutra 264 Subhakrit 5124
Copper Retreat Star		Gulika 8:47AM – 9:57AM	Ardra Until 7:36PM	Ganesha: White	<i>Sunrise:</i> 7:38AM	
Mithuna Rasi: 13.08	Tithi 15	Yama 2:36PM – 3:46PM	Indra Until 4:25AM Sat	Muruga: Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36 - Purnima
	838586576	Rahu 11:07AM – 12:17PM	Visti* Until 11:01AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 12:12AM Sat	Moon – Yellow		Devaloka Day
				Pausha-Markali		
		Ardra Darshanam				

○		Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Rome, Italy Sun 29 Sutra 265 Subhakrit 5124
Silver Retreat Star		Gulika 7:38AM – 8:47AM	Punarvasu Until 10:38PM	Ganesha: Clear	<i>Sunrise:</i> 7:38AM	
Mithuna Rasi: 25.04	Tithi 16	Yama 1:27PM – 2:37PM	Vaidhriti* Until 5:10AM Sun	Muruga: Purple	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36 - Prathama
	848586576	Rahu 9:57AM – 11:07AM	Balava Until 1:26PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 2:39AM Sun	Moon – Blue		Sivaloka Day
				Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 6.58 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:38PM – 3:48PM **Pushya Until 1:33AM Mon**
Yama 12:18PM – 1:28PM Vishkambha* Until 5:57AM Mon
Rahu 3:48PM – 4:58PM Taitila Until 3:55PM
Dvitiya Until 5:09AM Mon

Rome, Italy
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sunrise: 7:37AM
Sunset: 4:58PM
Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Blue
Pausha-Markali
Sivaloka Day

1

Monday, January 9, 2023

Kataka Rasi: 18.52 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija Karana Tritiyayam Titau
Gulika 1:28PM – 2:38PM **Ashlesha* Until 4:17AM Tue**
Yama 11:08AM – 12:18PM Priti Until 6:45AM Tue
Rahu 8:47AM – 9:58AM Vanija Until 6:25PM
Tritiya Until 7:37AM Tue

Rome, Italy
Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sunrise: 7:37AM
Sunset: 4:59PM
Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Blue
Pausha-Markali
Sivaloka Day

2

Tuesday, January 10, 2023

Simha Rasi: 0.46 Tithi 18 – 19
Creative Work Siddha Yoga
Until 7:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 12:18PM – 1:29PM **Magha* Until 7:16AM Wed**
Yama 9:58AM – 11:08AM Priti Until 6:45AM
Rahu 2:39PM – 3:49PM Bava Until 8:51PM
Tritiya Until 7:37AM

Rome, Italy
Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2nd Phase
Sunrise: 7:37AM
Sunset: 5:00PM
Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali
Devaloka Day

3

Wednesday, January 11, 2023

Simha Rasi: 12.41 Tithi 19 – 20
Creative Work Siddha Yoga
Until 7:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:08AM – 12:19PM **Magha* Until 7:16AM**
Yama 8:47AM – 9:58AM Ayushman Until 7:26AM
Rahu 12:19PM – 1:29PM Kaulava Until 11:07PM
Chaturthi* Until 9:59AM

Rome, Italy
Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3rd Phase
Sunrise: 7:37AM
Sunset: 5:01PM
Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali
Sivaloka Day

4

Thursday, January 12, 2023

Simha Rasi: 24.43 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:58AM – 11:09AM **Purvaphalguni Until 9:51AM**
Yama 7:37AM – 8:47AM Saubhagya Until 7:58AM
Rahu 1:30PM – 2:40PM Gara Until 1:03AM Fri
Panchami Until 12:07PM

Rome, Italy
Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4th Phase
Sunrise: 7:37AM
Sunset: 5:02PM
Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali
Sivaloka Day

5

Friday, January 13, 2023

Kanya Rasi: 6.52 Tithi 21 – 22
Creative Work Siddha Yoga
Until 11:55AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:47AM – 9:58AM **Uttaraphalguni Until 11:55AM**
Yama 2:41PM – 3:52PM Sobhana Until 8:13AM
Rahu 11:09AM – 12:20PM Visti Until 2:30AM Sat
Shashthi* Until 1:50PM

Rome, Italy
Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5th Phase
Sunrise: 7:36AM
Sunset: 5:03PM
Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali
Sivaloka Day

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 19.15 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 7:36AM – 8:47AM **Hasta Until 1:46PM**
Yama 1:31PM – 2:42PM Athiganda* Until 8:03AM
Rahu 9:58AM – 11:09AM Balava Until 3:17AM Sun
Saptami Until 2:58PM

Rome, Italy
Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6th Phase
Sunrise: 7:36AM
Sunset: 5:04PM
Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Pausha-Thai
Subha Sivaloka Day

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 1.56 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:43PM – 3:54PM **Chitra Until 2:45PM**
Yama 12:20PM – 1:32PM Sukarma Until 7:21AM
Rahu 3:54PM – 5:05PM Taitila Until 3:15AM Mon
Ashtami* Until 3:21PM

Rome, Italy
Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7th Phase
Sunrise: 7:35AM
Sunset: 5:05PM
Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Pausha-Thai
Subha Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Rome, Italy on 5/1/20

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Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Rome, Italy
		Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 274
1		Gulika 1:32PM – 2:43PM	Svati Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 7:35AM	Subhakrit 5124
Tula Rasi: 15.01	Tithi 24 – 25	Yama 11:09AM – 12:21PM	Dhriti Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 38 - 8
Family Home Evening	869586576	Rahu 8:46AM – 9:58AM	Vanija Until 2:23AM Tue	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 2:54PM	Moon – Green		Subha Sivaloka Day
Until 2:46PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Rome, Italy
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 275
2		Gulika 12:21PM – 1:33PM	Vishakha Until 2:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM	Subhakrit 5124
Tula Rasi: 28.33	Tithi 25 – 26	Yama 9:58AM – 11:09AM	Ganda* Until 1:24AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 38 - 9
879586576		Rahu 2:44PM – 3:56PM	Bava Until 12:40AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 1:36PM	Moon – Orange		Sivaloka Day
Until 2:15PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Rome, Italy
		Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 276
3		Gulika 11:10AM – 12:21PM	Anuradha Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 7:34AM	Subhakrit 5124
Virschika Rasi: 12.35	Tithi 26 – 27	Yama 8:46AM – 9:58AM	Vriddhi Until 10:11PM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 1 - Phase 38 - 10
879586576		Rahu 12:21PM – 1:33PM	Kaulava Until 10:13PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:30AM	Moon – Orange		Sivaloka Day
				Pausha*Thai		

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Rome, Italy
		Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 277
4		Gulika 9:58AM – 11:10AM	Jyeshtha* Until 10:33AM	Ganesha: Yellow	<i>Sunrise:</i> 7:34AM	Subhakrit 5124
Virschika Rasi: 27.06	Tithi 27 – 28	Yama 7:34AM – 8:46AM	Dhruva Until 6:26PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 1 - Phase 38 - 11
871586576		Rahu 1:34PM – 2:46PM	Gara Until 7:09PM	Nataraja: Clear		2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 8:44AM	Moon – Orange		Sivaloka Day
Until 10:33AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Rome, Italy
		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 278
5		Gulika 8:45AM – 9:57AM	Mula* Until 8:04AM	Ganesha: Red	<i>Sunrise:</i> 7:33AM	Subhakrit 5124
Dhanus Rasi: 12.01	Tithi 29	Yama 2:46PM – 3:59PM	Vyaghata* Until 2:20PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 38 - 12
881586576		Rahu 11:10AM – 12:22PM	Visti Until 3:38PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 1:44AM Sat	Moon – Light Blue		Sivaloka Day
Until 8:04AM				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Rome, Italy
		Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 279
Retreat Star		Gulika 7:32AM – 8:45AM	Uttarashadha Until 1:51AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:32AM	Subhakrit 5124
Dhanus Rasi: 27.14	Tithi 30	Yama 1:35PM – 2:47PM	Harshana Until 10:01AM	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 38 - 13
881586576		Rahu 9:57AM – 11:10AM	Catuspada Until 11:50AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:53PM	Moon – Light Blue		Sivaloka Day
Until 1:51AM Sun				Pausha*Thai		
Then Creative Work - Amrita Yoga						

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rome, Italy
		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 280
Retreat Star		Gulika 2:48PM – 4:01PM	Shravana Until 10:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:32AM	Subhakrit 5124
Makara Rasi: 12.34	Tithi 1	Yama 12:23PM – 1:35PM	Siddhi Until 1:11AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 38 - 14
891586576		Rahu 4:01PM – 5:13PM	Kintughna Until 7:57AM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:01PM	Moon – Purple		Sivaloka Day
Until 10:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy Sun 15
	Makara Rasi: 27.5	Tithi 2 – 3	Gulika 1:36PM – 2:49PM	Dhanishtha Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:31AM	Subhakrit 5124
	Family Home Evening	891586576	Yama 11:10AM – 12:23PM	Vyatipata* Until 9:01PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		Rahu 8:44AM – 9:57AM	Taitila Until 12:36AM Tue	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:19PM	Magha-Thai	Sivaloka Day		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthayam Titau				Rome, Italy Sun 16
	Kumbha Rasi: 12.53	Tithi 3 – 4	Gulika 12:23PM – 1:36PM	Shatabhishak Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:30AM	Subhakrit 5124
		891586576	Yama 9:57AM – 11:10AM	Variyan Until 5:09PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 39 - 16
	Routine Work Marana Yoga		Rahu 2:49PM – 4:03PM	Vanija Until 9:31PM	Nataraja: Clear		3rd Phase
			Tritiya Until 10:59AM	Magha-Thai	Sivaloka Day		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy Sun 17
	Kumbha Rasi: 27.34	Tithi 4 – 5	Gulika 11:10AM – 12:23PM	Purvaproshtapada* Until 3:38PM	Ganesha: Blue	<i>Sunrise:</i> 7:30AM	Subhakrit 5124
		911586576	Yama 8:43AM – 9:56AM	Parigha* Until 1:46PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39 - 17
	Creative Work Amrita Yoga		Rahu 12:23PM – 1:37PM	Bava Until 7:01PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:09AM	Magha-Thai	Subha Sivaloka Day		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Rome, Italy Sun 18
	Meena Rasi: 11.46	Tithi 5 – 6	Gulika 9:56AM – 11:10AM	Uttaraproshtapada Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM	Subhakrit 5124
		911586576	Yama 7:29AM – 8:42AM	Shiva Until 10:59AM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39 - 18
	Creative Work Siddha Yoga		Rahu 1:37PM – 2:51PM	Taitila Until 4:40AM Fri	Nataraja: Clear		3rd Phase
			Panchami Until 6:01AM	Magha-Thai	Subha Sivaloka Day		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 19
	Meena Rasi: 25.29	Tithi 7	Gulika 8:42AM – 9:56AM	Revati Until 1:55PM	Ganesha: Blue	<i>Sunrise:</i> 7:28AM	Subhakrit 5124
		911586576	Yama 2:52PM – 4:06PM	Siddha Until 8:48AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39 - 19
	Creative Work Siddha Yoga		Rahu 11:10AM – 12:24PM	Gara Until 4:20PM	Nataraja: Clear		3rd Phase
			Saptami Until 4:11AM Sat	Magha-Thai	Subha Sivaloka Day		

D	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 20
	Retreat Star		Gulika 7:27AM – 8:41AM	Ashvini Until 2:32PM	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM	Subhakrit 5124
	Mesha Rasi: 8.43	Tithi 8	Yama 1:38PM – 2:52PM	Sadhya Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39 - 20
		921586576	Rahu 9:56AM – 11:10AM	Visti Until 4:18PM	Nataraja: Clear		Ashtami
			Ashtami* Until 4:34AM Sun	Magha-Thai	Sivaloka Day		

D	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 21
	Retreat Star		Gulika 2:53PM – 4:08PM	Bharani Until 3:48PM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	Subhakrit 5124
	Mesha Rasi: 21.32	Tithi 9	Yama 12:24PM – 1:39PM	Subha Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 39 - 21
		922686576	Rahu 4:08PM – 5:22PM	Balava Until 5:04PM	Nataraja: Clear		Navami
			Navami* Until 5:42AM Mon	Magha-Thai	Sivaloka Day		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Taila Karana Dashamyam Titau				Rome, Italy Sun 22 Sutra 288 Subhakrit 5124
1	Vrishabha Rasi: 3.59 Family Home Evening Routine Work Marana Yoga Until 5:35PM Then Creative Work - Amrita Yoga	Gulika 1:39PM – 2:54PM Yama 11:10AM – 12:24PM 922686576 Rahu 8:40AM – 9:55AM	Krittika Until 5:35PM Sukla Until 6:16AM Taila Until 6:32PM Dashami Until 7:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:25AM Sunset: 5:23PM	Moon 1 - Phase 40 - 22 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Rome, Italy Sun 23 Sutra 289 Subhakrit 5124
2	Vrishabha Rasi: 16.11 Creative Work Amrita Yoga Until 8:11PM Then Creative Work - Siddha Yoga	Gulika 12:25PM – 1:40PM Yama 9:54AM – 11:09AM 932686576 Rahu 2:55PM – 4:10PM	Rohini Until 8:11PM Brahma Until 6:28AM Vanija Until 8:31PM Dashami Until 7:27AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:24AM Sunset: 5:25PM	Moon 1 - Phase 40 - 23 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 24 Sutra 290 Subhakrit 5124
3	Vrishabha Rasi: 28.14 Creative Work Siddha Yoga	Gulika 11:09AM – 12:25PM Yama 8:39AM – 9:54AM 932686576 Rahu 12:25PM – 1:40PM	Mrigashira Until 10:56PM Indra Until 7:01AM Bava Until 10:50PM Ekadashi Until 9:37AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:24AM Sunset: 5:25PM	Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 25 Sutra 291 Subhakrit 5124
4	Mithuna Rasi: 10.1 Routine Work Marana Yoga Until 1:40AM Fri Then Creative Work - Siddha Yoga	Gulika 9:54AM – 11:09AM Yama 7:23AM – 8:39AM 932686576 Rahu 1:40PM – 2:55PM	Ardra Until 1:40AM Fri Vaidhriti* Until 7:43AM Kaulava Until 1:18AM Fri Dvadashi Until 12:02PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:23AM Sunset: 5:26PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day
<i>Pradosha Vrata</i>						

Friday, February 3, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 26 Sutra 292 Subhakrit 5124
5	Mithuna Rasi: 22.03 Creative Work Siddha Yoga	Gulika 8:38AM – 9:54AM Yama 2:56PM – 4:12PM 942686576 Rahu 11:09AM – 12:25PM	Punarvasu Until 4:47AM Sat Vishkambha* Until 8:32AM Gara Until 3:49AM Sat Trayodashi Until 2:32PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 7:22AM Sunset: 5:27PM	Moon 1 - Phase 40 - 26 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy Sun 27 Sutra 293 Subhakrit 5124
6	Kataka Rasi: 3.55 Creative Work Siddha Yoga	Gulika 7:21AM – 8:37AM Yama 1:41PM – 2:57PM 942686577 Rahu 9:53AM – 11:09AM	Pushya Until 7:41AM Sun Priti Until 9:22AM Visti Until 6:17AM Sun Chaturdashi* Until 5:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:21AM Sunset: 5:28PM	Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day
		Thai Pusam				

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sun 28 Sutra 294 Subhakrit 5124
○	Copper Retreat Star Kataka Rasi: 15.49 Creative Work Siddha Yoga	Gulika 2:57PM – 4:14PM Yama 12:25PM – 1:41PM 942686577 Rahu 4:14PM – 5:30PM	Pushya Until 7:41AM Ayushman Until 10:08AM Visti Until 6:17AM Purnima* Until 7:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:20AM Sunset: 5:30PM	Moon 1 - Phase 40 - Purnima Sivaloka Day

Monday, February 6, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sun 29 Sutra 295 Subhakrit 5124
○	Silver Retreat Star Kataka Rasi: 27.45 Family Home Evening Creative Work Siddha Yoga Until 10:19AM Then Routine Work - Marana Yoga	Gulika 1:42PM – 2:58PM Yama 11:09AM – 12:25PM 942686577 Rahu 8:36AM – 9:52AM	Ashlesha* Until 10:19AM Saubhagya Until 10:50AM Balava Until 8:39AM Prathama* Until 9:46PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:19AM Sunset: 5:31PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 9.44 Tithi 17

952686577

Creative Work Siddha Yoga

Gulika 12:25PM – 1:42PM
Yama 9:52AM – 11:08AM
Rahu 2:59PM – 4:15PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Magha* Until 1:10PM
Sobhana Until 11:27AM
Taitila Until 10:54AM
Dvitiya Until 11:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:18AM
Sunset: 5:32PM

Rome, Italy
Sun 1
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 21.47 Tithi 18

952686577

Creative Work Amrita Yoga

Gulika 11:08AM – 12:25PM
Yama 8:34AM – 9:51AM
Rahu 12:25PM – 1:42PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Purvaphalguni Until 3:40PM
Athiganda* Until 11:54AM
Vanija Until 12:57PM
Tritiya Until 1:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:17AM
Sunset: 5:34PM

Rome, Italy
Sun 2
Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 3.55 Tithi 19

952686577

Amrita Yoga

Until 5:45PM

Then Routine Work - Marana Yoga

Gulika 9:51AM – 11:08AM
Yama 7:16AM – 8:33AM
Rahu 1:43PM – 3:00PM

Maha Sankatahara Chaturthi

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Uttaraphalguni Until 5:45PM
Sukarma Until 12:11PM
Bava Until 2:44PM
Chaturthi* Until 3:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:16AM
Sunset: 5:35PM

Rome, Italy
Sun 3
Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 16.11 Tithi 20

962686577

Amrita Yoga

Until 7:48PM

Then Creative Work - Siddha Yoga

Gulika 8:32AM – 9:50AM
Yama 3:01PM – 4:18PM
Rahu 11:08AM – 12:25PM

Hasta Until 7:48PM
Dhriti Until 12:13PM
Kaulava Until 4:11PM
Panchami Until 4:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:15AM
Sunset: 5:36PM

Rome, Italy
Sun 4
Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 28.38 Tithi 21

963686577

Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Gulika 7:13AM – 8:31AM
Yama 1:43PM – 3:01PM
Rahu 9:49AM – 11:07AM

Chitra Until 9:13PM
Shula* Until 11:52AM
Gara Until 5:08PM
Shashthi* Until 5:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:13AM
Sunset: 5:37PM

Rome, Italy
Sun 5
Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 11.2 Tithi 22

963686577

Siddha Yoga

Until 9:52PM

Then Routine Work - Marana Yoga

Gulika 3:02PM – 4:20PM
Yama 12:25PM – 1:44PM
Rahu 4:20PM – 5:39PM

Svati Until 9:52PM
Ganda* Until 11:06AM
Visti Until 5:29PM
Saptami Until 5:22AM Mon

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:12AM
Sunset: 5:39PM

Rome, Italy
Sun 6
Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 24.21 Tithi 23

973686577

Family Home Evening

Marana Yoga

Until 10:08PM

Then Creative Work - Siddha Yoga

Gulika 1:44PM – 3:03PM
Yama 11:07AM – 12:25PM
Rahu 8:30AM – 9:48AM

Vishakha Until 10:08PM
Vridhhi Until 9:49AM
Balava Until 5:07PM
Ashtami* Until 4:39AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 7:11AM
Sunset: 5:40PM

Rome, Italy
Sun 7
Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.45 Tithi 24

973686577

Siddha Yoga

Until 9:32PM

Then Routine Work - Marana Yoga

Gulika 12:25PM – 1:44PM
Yama 9:48AM – 11:06AM
Rahu 3:03PM – 4:22PM

Anuradha Until 9:32PM
Dhruva Until 7:56AM
Taitila Until 4:02PM
Navami* Until 3:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 7:10AM
Sunset: 5:41PM

Rome, Italy
Sun 8
Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Rome, Italy on 5/1/20

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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau				Rome, Italy Sun 9 Sutra 304 Subhakrit 5124
	Vrischika Rasi: 21.35	Tithi 25	973686577	Gulika 11:06AM – 12:25PM Yama 8:28AM – 9:47AM Rahu 12:25PM – 1:45PM	Jyeshtha* Until 8:05PM Harshana Until 2:29AM Thu Vanija Until 2:13PM Dashami Until 1:02AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 7:08AM Sunset: 5:42PM Moon 2 - Phase 42 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						
	Until 8:05PM Then Routine Work - Marana Yoga						

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy Sun 10 Sutra 305 Subhakrit 5124
	Dhanus Rasi: 5.51	Tithi 26	983686577	Gulika 9:46AM – 11:06AM Yama 7:07AM – 8:27AM Rahu 1:45PM – 3:04PM	Mula* Until 6:18PM Vajra* Until 10:59PM Bava Until 11:44AM Ekadashi* Until 10:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:07AM Sunset: 5:44PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy Sun 11 Sutra 306 Subhakrit 5124
	Dhanus Rasi: 20.31	Tithi 27	983686577	Gulika 8:26AM – 9:46AM Yama 3:05PM – 4:25PM Rahu 11:05AM – 12:25PM	Purvashadha* Until 3:53PM Siddhi Until 7:08PM Kaulava Until 8:43AM Dvadashi* Until 7:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:06AM Sunset: 5:45PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga						
	Until 3:53PM Then Routine Work - Marana Yoga						

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 12 Sutra 307 Subhakrit 5124
	Makara Rasi: 5.3	Tithi 28 – 29	983686577	Gulika 7:04AM – 8:25AM Yama 1:45PM – 3:06PM Rahu 9:45AM – 11:05AM	Uttarashadha Until 12:59PM Vyatipata* Until 3:01PM Visti Until 1:40AM Sun Trayodashi* Until 3:29PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:04AM Sunset: 5:46PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Routine Work Marana Yoga						
	Until 12:59PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

●	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy Sun 13 Sutra 308 Subhakrit 5124		
	Retreat Star		Makara Rasi: 20.4	Tithi 29 – 30	993686577	Gulika 3:06PM – 4:27PM Yama 12:25PM – 1:46PM Rahu 4:27PM – 5:47PM	Shravana Until 10:11AM Variyan Until 10:45AM Catuspada Until 9:57PM Chaturdashi* Until 11:47AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:03AM Sunset: 5:47PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Creative Work Amrita Yoga								
	Until 10:11AM Then Routine Work - Marana Yoga								

●	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rome, Italy Sun 14 Sutra 309 Subhakrit 5124		
	Retreat Star		Kumbha Rasi: 5.52	Tithi 30 – 1	993686577	Gulika 1:46PM – 3:07PM Yama 11:04AM – 12:25PM Rahu 8:22AM – 9:43AM	Dhanishtha Until 7:16AM Parigha* Until 6:31AM Kintughna Until 6:21PM Amavasya* Until 8:07AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 7:02AM Sunset: 5:49PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Family Home Evening								
	Creative Work Siddha Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 20.54	Tithi 2	Gulika 12:25PM – 1:46PM	Purvaproshtapada* Until 2:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:00AM	
			Yama 9:43AM – 11:04AM	Siddha Until 10:38PM	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 43 - 15
		913686577	Rahu 3:07PM – 4:29PM	Balava Until 3:02PM	Nataraja: Orange		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 1:31AM Wed	Moon – Clear		Sivaloka Day	
Until 2:10AM Wed				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Rome, Italy Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 5.39	Tithi 3	Gulika 11:03AM – 12:25PM	Uttaraproshtapada Until 12:21AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:59AM	
			Yama 8:20AM – 9:42AM	Sadhya Until 7:16PM	Muruga: Purple	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 43 - 16
		913686577	Rahu 12:25PM – 1:46PM	Taitila Until 12:11PM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 10:57PM	Moon – Clear		Sivaloka Day	
				Phalguna-Masi			

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visi* Karana Chaturthyam Titau				Rome, Italy Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 19.59	Tithi 4	Gulika 9:41AM – 11:03AM	Revati Until 11:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	
			Yama 6:57AM – 8:19AM	Subha Until 4:27PM	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 - 17
		913786577	Rahu 1:47PM – 3:08PM	Vanija Until 9:57AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:05PM	Moon – Clear		Subha Sivaloka Day	
Until 11:05PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 3.51	Tithi 5	Gulika 8:18AM – 9:40AM	Ashvini Until 10:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:56AM	
			Yama 3:09PM – 4:31PM	Sukla Until 2:15PM	Muruga: Purple	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 43 - 18
		923786577	Rahu 11:02AM – 12:25PM	Bava Until 8:28AM	Nataraja: Orange		3rd Phase
Creative Work Amrita Yoga			Panchami Until 8:02PM	Moon – White		Sivaloka Day	
Until 10:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Rome, Italy Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 17.13	Tithi 6	Gulika 6:54AM – 8:17AM	Bharani Until 11:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:54AM	
			Yama 1:47PM – 3:10PM	Brahma Until 12:44PM	Muruga: Purple	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 43 - 19
		923786577	Rahu 9:39AM – 11:02AM	Kaulava Until 7:51AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 7:50PM	Moon – White		Sivaloka Day	
Until 11:27PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Rome, Italy Sun 20 Sutra 315 Subhakrit 5124
	Vrishabha Rasi: 0.08	Tithi 7	Gulika 3:10PM – 4:33PM	Krittika Until 12:39AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	
			Yama 12:24PM – 1:47PM	Indra Until 11:55AM	Muruga: Purple	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 43 - 20
		924786577	Rahu 4:33PM – 5:56PM	Gara Until 8:05AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Saptami Until 8:30PM	Moon – White		Devaloka Day	
Until 12:39AM Mon				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

D	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 21 Sutra 316 Subhakrit 5124
	Retreat Star		Gulika 1:47PM – 3:11PM	Rohini Until 2:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	
	Vrishabha Rasi: 12.4	Tithi 8	Yama 11:01AM – 12:24PM	Vaidhriti* Until 11:41AM	Muruga: Purple	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 43 - 21
	Family Home Evening	934786577	Rahu 8:15AM – 9:38AM	Visti Until 9:09AM	Nataraja: Orange		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 9:55PM	Moon – Yellow		Sivaloka Day	
Until 2:51AM Tue				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

D	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 22 Sutra 317 Subhakrit 5124
	Retreat Star		Gulika 12:24PM – 1:48PM	Mrigashira Until 5:24AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	
	Vrishabha Rasi: 24.55	Tithi 9	Yama 9:37AM – 11:00AM	Vishkambha* Until 11:57AM	Muruga: Purple	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 43 - 22
		934786577	Rahu 3:11PM – 4:35PM	Balava Until 10:52AM	Nataraja: Orange		Navami
Creative Work Siddha Yoga			Navami* Until 11:54PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Rome, Italy Sun 23 Sutra 318 Subhakrit 5124
Mithuna Rasi: 6.57	Tithi 10	Gulika Yama 934786577	10:59AM – 12:24PM 8:11AM – 9:35AM Rahu 12:24PM – 1:48PM	Ardra Until 8:06AM Thu Priti Until 12:34PM Taitila Until 1:04PM Dashami Until 2:15AM Thu	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sivaloka Day	Sunrise: 6:47AM Sunset: 6:01PM Moon 2 - Phase 44 - 23 4th Phase
Creative Work Siddha Yoga Until 8:06AM Thu Then Creative Work - Amrita Yoga						
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Rome, Italy Sun 24 Sutra 319 Subhakrit 5124
Mithuna Rasi: 18.52	Tithi 11	Gulika Yama 934786577	9:34AM – 10:59AM 6:45AM – 8:10AM Rahu 1:48PM – 3:13PM	Ardra Until 8:06AM Ayushman Until 1:22PM Vanija Until 3:31PM Ekadashi Until 4:45AM Fri	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sivaloka Day	Sunrise: 6:45AM Sunset: 6:02PM Moon 2 - Phase 44 - 24 4th Phase
Routine Work Marana Yoga Until 8:06AM Then Creative Work - Amrita Yoga						
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Rome, Italy Sun 25 Sutra 320 Subhakrit 5124
Kataka Rasi: 0.44	Tithi 12	Gulika Yama 944786577	8:09AM – 9:33AM 3:13PM – 4:38PM Rahu 10:58AM – 12:23PM	Punarvasu Until 11:14AM Saubhagya Until 2:14PM Bava Until 6:02PM Dvadashi Until 7:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Devaloka Day	Sunrise: 6:44AM Sunset: 6:03PM Moon 2 - Phase 44 - 25 4th Phase
Creative Work Siddha Yoga Until 11:14AM Then Routine Work - Marana Yoga						
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Rome, Italy Sun 26 Sutra 321 Subhakrit 5124
Kataka Rasi: 13	Tithi 12 – 13	Gulika Yama 944786577	6:42AM – 8:07AM 1:48PM – 3:14PM Rahu 9:33AM – 10:58AM	Pushya Until 2:10PM Sobhana Until 3:05PM Kaulava Until 8:28PM Dvadashi Until 7:15AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Devaloka Day	Sunrise: 6:42AM Sunset: 6:04PM Moon 2 - Phase 44 - 26 4th Phase
Creative Work Siddha Yoga Until 2:10PM Then Routine Work - Marana Yoga						
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Rome, Italy Sun 27 Sutra 322 Subhakrit 5124
Kataka Rasi: 24.31	Tithi 13 – 14	Gulika Yama 144786577	3:14PM – 4:40PM 12:23PM – 1:48PM Rahu 4:40PM – 6:05PM	Ashlesha* Until 4:47PM Athiganda* Until 3:47PM Gara Until 10:44PM Trayodashi Until 9:37AM	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Devaloka Day	Sunrise: 6:40AM Sunset: 6:05PM Moon 2 - Phase 44 - 27 4th Phase
Creative Work Siddha Yoga Until 4:47PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
○		Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Rome, Italy Sun 28 Sutra 323 Subhakrit 5124
Simha Rasi: 6.31	Tithi 14 – 15	Gulika Yama 154786577	1:49PM – 3:15PM 10:57AM – 12:23PM Rahu 8:05AM – 9:31AM	Magha* Until 7:31PM Sukarma Until 4:19PM Visti Until 12:45AM Tue Chaturdashi* Until 11:45AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sivaloka Day	Sunrise: 6:39AM Sunset: 6:06PM Moon 2 - Phase 44 - Purnima
Copper Retreat Star Family Home Evening Routine Work Marana Yoga Until 7:31PM Then Creative Work - Siddha Yoga		Holi				
○		Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Rome, Italy Sun 29 Sutra 324 Subhakrit 5124
Simha Rasi: 18.37	Tithi 15 – 16	Gulika Yama 154786577	12:22PM – 1:49PM 9:30AM – 10:56AM Rahu 3:15PM – 4:41PM	Purvaphalguni Until 9:48PM Dhriti Until 4:40PM Balava Until 2:28AM Wed Purnima* Until 1:38PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sivaloka Day	Sunrise: 6:37AM Sunset: 6:08PM Moon 2 - Phase 44 - Prathama
Silver Retreat Star Creative Work Siddha Yoga Until 9:48PM Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava*/Taitila Karana Prathama*/Dvitiyayam Titau

Rome, Italy

Sutra 325

Subhakrit 5124

Kanya Rasi: 0.5 Tithi 16 – 17

154786577

Gulika 10:55AM – 12:22PM
Yama 8:02AM – 9:29AM
Rahu 12:22PM – 1:49PM

Uttaraphalguni Until 11:37PM
Shula* Until 4:44PM
Taitila Until 3:52AM Thu
Prathama* Until 3:11PM

Ganesha: Clear *Sunrise:* 6:36AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Orange
Moon – Red

Moon 3 - Phase 45 -
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhi Yoga Gara*/Vanija Karana Dvitiya*/Tritiyayam Titau

Sun 1

Rome, Italy

Sutra 326

Subhakrit 5124

Kanya Rasi: 13.13 Tithi 17 – 18

164786577

Gulika 9:28AM – 10:55AM
Yama 6:34AM – 8:01AM
Rahu 1:49PM – 3:16PM

Hasta Until 1:25AM Fri
Ganda* Until 4:34PM
Vanija Until 4:53AM Fri
Dvitiya Until 4:24PM

Ganesha: White *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Orange
Moon – Green

Moon 3 - Phase 45 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 1:25AM Fri

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhi*/Dhruva Yoga Visti*/Bava Karana Tritiya*/Chaturthyam Titau

Sun 2

Rome, Italy

Sutra 327

Subhakrit 5124

Kanya Rasi: 25.44 Tithi 18 – 19

165786577

Gulika 8:00AM – 9:27AM
Yama 3:16PM – 4:44PM
Rahu 10:54AM – 12:22PM

Chitra Until 2:40AM Sat
Vridhi Until 4:07PM
Bava Until 5:30AM Sat
Tritiya Until 5:13PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Orange
Moon – Green

Moon 3 - Phase 45 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva*/Vyaghata* Yoga Balava*/Kaulava Karana Chaturthi*/Panchamyam Titau

Sun 3

Rome, Italy

Sutra 328

Subhakrit 5124

Tula Rasi: 8.26 Tithi 19 – 20

165786577

Gulika 6:31AM – 7:58AM
Yama 1:49PM – 3:17PM
Rahu 9:26AM – 10:54AM

Svati Until 3:21AM Sun
Dhruva Until 3:19PM
Kaulava Until 5:41AM Sun
Chaturthi* Until 5:38PM

Ganesha: Yellow *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 6:12PM
Nataraja: Orange
Moon – Green

Moon 3 - Phase 45 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:21AM Sun

Then Routine Work - Marana Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami*/Shashthyam Titau

Sun 4

Rome, Italy

Sutra 329

Subhakrit 5124

Tula Rasi: 21.2 Tithi 20 – 21

175786577

Gulika 3:17PM – 4:45PM
Yama 12:21PM – 1:49PM
Rahu 4:45PM – 6:13PM

Vishakha Until 3:52AM Mon
Vyaghata* Until 2:11PM
Gara Until 5:23AM Mon
Panchami Until 5:34PM

Ganesha: Blue *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Orange
Moon – Orange

Moon 3 - Phase 45 - 4
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 3:52AM Mon

Then Creative Work - Siddha Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana*/Vajra* Yoga Vanija*/Visti* Karana Shashthi*/Saptamyam Titau

Sun 5

Rome, Italy

Sutra 330

Subhakrit 5124

Vrischika Rasi: 4.3 Tithi 21 – 22

175786577

Gulika 1:49PM – 3:18PM
Yama 10:52AM – 12:21PM
Rahu 7:56AM – 9:24AM

Anuradha Until 3:44AM Tue
Harshana Until 12:40PM
Visti Until 4:33AM Tue
Shashthi* Until 5:01PM

Ganesha: Blue *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:14PM
Nataraja: Orange
Moon – Orange

Moon 3 - Phase 45 - 5
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:44AM Tue

Then Routine Work - Marana Yoga

Tuesday, March 14, 2023

6

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava*/Balava Karana Saptami*/Ashtamyam Titau

Sun 6

Rome, Italy

Sutra 331

Subhakrit 5124

Vrischika Rasi: 17.56 Tithi 22 – 23

175786577

Gulika 12:21PM – 1:49PM
Yama 9:23AM – 10:52AM
Rahu 3:18PM – 4:47PM

Jyeshtha* Until 2:56AM Wed
Vajra* Until 10:43AM
Balava Until 3:12AM Wed
Saptami Until 3:56PM

Ganesha: Blue *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:16PM
Nataraja: Orange
Moon – Orange

Moon 3 - Phase 45 - 6
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Wednesday, March 15, 2023

D

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi*/Vyatipata* Yoga Kaulava*/Taitila Karana Ashtami*/Navamyam Titau

Sun 7

Rome, Italy

Sutra 332

Subhakrit 5124

Dhanus Rasi: 1.41 Tithi 23 – 24

185786578

Gulika 10:51AM – 12:20PM
Yama 7:53AM – 9:22AM
Rahu 12:20PM – 1:49PM

Mula* Until 1:55AM Thu
Siddhi Until 8:22AM
Taitila Until 1:20AM Thu
Ashtami* Until 2:19PM

Ganesha: Red *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 6:17PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 45 - 7
Ashtami

Sivaloka Day

Routine Work Marana Yoga

Until 1:55AM Thu

Then Creative Work - Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara*/Vanija Karana Navami*/Dashamyam Titau

Sun 8

Rome, Italy

Sutra 333

Subhakrit 5124

Dhanus Rasi: 15.44 Tithi 24 – 25

185786578

Gulika 9:21AM – 10:51AM
Yama 6:22AM – 7:52AM
Rahu 1:49PM – 3:19PM

Purvashadha* Until 12:17AM Fri
Variyan Until 2:28AM Fri
Vanija Until 11:00PM
Navami* Until 12:12PM

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 45 - 8
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 12:17AM Fri

Then Routine Work - Marana Yoga

Phalgunya-Panguni

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 9 Sutra 334
	Makara Rasi: 0.06	Tithi 25 – 26	Gulika 7:50AM – 9:20AM	Uttarashadha Until 10:08PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Subhakrit 5124
			Yama 3:19PM – 4:49PM	Parigha* Until 11:02PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 46 - 9
	Routine Work	Marana Yoga	185786578 Rahu 10:50AM – 12:20PM	Bava Until 8:16PM	Nataraja: Clear		2nd Phase
			Dashami Until 9:39AM	Moon – Light Blue		Sivaloka Day	
				Phalgunapanguni			

2	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau				Rome, Italy Sun 10 Sutra 335
	Makara Rasi: 14.43	Tithi 26 – 27	Gulika 6:19AM – 7:49AM	Shravana Until 7:59PM	Ganesha: Green	<i>Sunrise:</i> 6:19AM	Subhakrit 5124
			Yama 1:50PM – 3:20PM	Shiva Until 7:23PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 46 - 10
	Creative Work	Siddha Yoga	195786578 Rahu 9:19AM – 10:49AM	Taitila Until 3:39AM Sun	Nataraja: Clear		2nd Phase
			Ekadashi* Until 6:46AM	Moon – Purple		Subha Sivaloka Day	
				Phalgunapanguni			

3	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy Sun 11 Sutra 336
	Makara Rasi: 29.3	Tithi 28	Gulika 3:20PM – 4:51PM	Dhanishtha Until 5:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:17AM	Subhakrit 5124
			Yama 12:19PM – 1:50PM	Siddha Until 3:35PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 46 - 11
	Routine Work	Marana Yoga	196796578 Rahu 4:51PM – 6:21PM	Gara Until 2:04PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 12:27AM Mon	Moon – Purple		Devaloka Day	
				Phalgunapanguni			
				<i>Pradosha Vrata (Fasting)</i>			

4	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy Sun 12 Sutra 337
	Kumbha Rasi: 14.2	Tithi 29	Gulika 1:50PM – 3:21PM	Shatabhishak Until 3:01PM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Subhakrit 5124
	Family Home Evening		Yama 10:48AM – 12:19PM	Sadhya Until 11:49AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 46 - 12
	Creative Work	Siddha Yoga	196896578 Rahu 7:46AM – 9:17AM	Visti Until 10:53AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 9:19PM	Moon – Purple		Sivaloka Day	
				Phalgunapanguni			

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy Sun 13 Sutra 338
	Retreat Star		Gulika 12:19PM – 1:50PM	Purvaproshtapada* Until 12:55PM	Ganesha: Orange	<i>Sunrise:</i> 6:14AM	Subhakrit 5124
	Kumbha Rasi: 29.06	Tithi 30	Yama 9:16AM – 10:47AM	Subha Until 8:11AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 46 - 13
			116896578 Rahu 3:21PM – 4:52PM	Catuspada Until 7:50AM	Nataraja: Clear		Amavasya
			Amavasya* Until 6:24PM	Moon – Clear		Devaloka Day	
				Phalgunapanguni			

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rome, Italy Sun 14 Sutra 339
	Retreat Star		Gulika 10:47AM – 12:18PM	Uttaraproshtapada Until 11:01AM	Ganesha: Orange	<i>Sunrise:</i> 6:12AM	Subhakrit 5124
	Meena Rasi: 13.39	Tithi 1 – 2	Yama 7:44AM – 9:15AM	Brahma Until 1:43AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 46 - 14
			116896578 Rahu 12:18PM – 1:50PM	Balava Until 2:48AM Thu	Nataraja: Clear		Prathama
			Prathama* Until 3:52PM	Moon – Clear		Devaloka Day	
				Chaitrapanguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rome, Italy Sun 15 Sutra 340
Meena Rasi: 27.53	Tithi 2 - 3	Gulika 9:14AM - 10:46AM	Revati Until 9:28AM	Ganesha: Orange	<i>Sunrise:</i> 6:10AM	Subhakrit 5124
		Yama 6:10AM - 7:42AM	Indra Until 11:11PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 1:50PM - 3:22PM	Taitila Until 1:06AM Fri	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 1:51PM	Moon - Clear		Devaloka Day
Until 9:28AM		Chellappaswami Mahasamadhi		Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Rome, Italy Sun 16 Sutra 341
Mesha Rasi: 11.43	Tithi 3 - 4	Gulika 7:41AM - 9:13AM	Ashvini Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	Subhakrit 5124
		Yama 3:22PM - 4:54PM	Vaidhriti* Until 9:10PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:45AM - 12:18PM	Vanija Until 12:07AM Sat	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 12:30PM	Moon - White		Devaloka Day
Until 8:50AM				Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rome, Italy Sun 17 Sutra 342
Mesha Rasi: 25.07	Tithi 4 - 5	Gulika 6:07AM - 7:40AM	Bharani Until 8:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Subhakrit 5124
		Yama 1:50PM - 3:23PM	Vishkamba* Until 7:48PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:12AM - 10:45AM	Bava Until 11:55PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 11:54AM	Moon - White		Devaloka Day
Until 8:48AM				Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rome, Italy Sun 18 Sutra 343
Vrishabha Rasi: 8.07	Tithi 5 - 6	Gulika 3:23PM - 4:56PM	Krittika Until 9:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	Subhakrit 5124
		Yama 12:17PM - 1:50PM	Priti Until 7:03PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 4:56PM - 6:29PM	Kaulava Until 12:30AM Mon	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 12:05PM	Moon - White		Devaloka Day
				Chaitra-Panguni		

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rome, Italy Sun 19 Sutra 344
Vrishabha Rasi: 20.44	Tithi 6 - 7	Gulika 1:50PM - 3:23PM	Rohini Until 10:59AM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Subhakrit 5124
Family Home Evening		Yama 10:43AM - 12:17PM	Ayushman Until 6:50PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:37AM - 9:10AM	Gara Until 1:47AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 1:02PM	Moon - Yellow		Devaloka Day
				Chaitra-Panguni		

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Rome, Italy Sun 20 Sutra 345
Mithuna Rasi: 3.04	Tithi 7 - 8	Gulika 12:16PM - 1:50PM	Mrigashira Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
		Yama 9:09AM - 10:43AM	Saubhagya Until 7:07PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:24PM - 4:57PM	Visti Until 3:39AM Wed	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 2:38PM	Moon - Yellow		Devaloka Day
Until 1:05PM				Chaitra-Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rome, Italy Sun 21 Sutra 346
Mithuna Rasi: 15.1	Tithi 8 - 9	Gulika 10:42AM - 12:16PM	Ardra Until 3:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Subhakrit 5124
		Yama 7:34AM - 9:08AM	Sobhana Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:16PM - 1:50PM	Balava Until 5:53AM Thu	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Ashtami* Until 4:42PM	Moon - Yellow		Devaloka Day
		Sri Rama Navami		Chaitra-Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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www.gurudeva.org/panchang

1		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Rome, Italy
Mithuna Rasi: 27.07		Tithi 9		Punarvasu Nakshatra Athiganda* Yoga Kaulava Karana Navamyam Titau		Sun 22 Sutra 347
Creative Work		Amrita Yoga		Gulika 9:07AM – 10:41AM	Punarvasu Until 6:30PM	Ganesha: White <i>Sunrise:</i> 5:59AM
		147896578		Yama 5:59AM – 7:33AM	Athiganda* Until 8:32PM	Muruqa: Clear <i>Sunset:</i> 6:33PM
				Rahu 1:50PM – 3:24PM	Kaulava Until 7:03PM	Nataraja: Clear
					Navami* Until 7:03PM	Moon – Blue
						Chaitra•Panguni
						Devaloka Time: 3:PM to 6:PM

2		Friday, March 31, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Rome, Italy
Kataka Rasi: 9.01		Tithi 10		Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 348
Routine Work		Marana Yoga		Gulika 7:31AM – 9:06AM	Pushya Until 9:26PM	Ganesha: White <i>Sunrise:</i> 5:57AM
		147896578		Yama 3:25PM – 5:00PM	Sukarma Until 9:23PM	Muruqa: Clear <i>Sunset:</i> 6:34PM
				Rahu 10:41AM – 12:16PM	Taitila Until 8:17AM	Nataraja: Clear
					Dashami Until 9:29PM	Moon – Blue
						Chaitra•Panguni
						Devaloka Time: 3:PM to 6:PM

3		Saturday, April 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Rome, Italy
Kataka Rasi: 20.55		Tithi 11		Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 349
Routine Work		Marana Yoga		Gulika 5:57AM – 7:31AM	Ashlesha* Until 12:05AM Sun	Ganesha: White <i>Sunrise:</i> 5:57AM
		147896578		Yama 1:50PM – 3:25PM	Dhriti Until 10:11PM	Muruqa: Clear <i>Sunset:</i> 6:34PM
				Rahu 9:06AM – 10:41AM	Vanija Until 10:41AM	Nataraja: Clear
					Ekadashi Until 11:48PM	Moon – Blue
				Yogaswami Mahasamadhi		Chaitra•Panguni
						Devaloka Time: 3:PM to 6:PM

4		Sunday, April 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Rome, Italy
Simha Rasi: 2.52		Tithi 12		Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 350
Routine Work		Marana Yoga		Gulika 3:25PM – 5:00PM	Magha* Until 2:50AM Mon	Ganesha: Red <i>Sunrise:</i> 5:55AM
Until 2:50AM Mon				Yama 12:15PM – 1:50PM	Shula* Until 10:46PM	Muruqa: Clear <i>Sunset:</i> 6:35PM
Then Creative Work - Siddha Yoga				Rahu 5:00PM – 6:35PM	Bava Until 12:54PM	Nataraja: Clear
					Dvadashi Until 1:52AM Mon	Moon – Red
						Chaitra•Panguni
						Devaloka Day

5		Monday, April 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Rome, Italy
Simha Rasi: 14.55		Tithi 13		Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 351
Family Home Evening				Gulika 1:50PM – 3:26PM	Purvaphalguni Until 5:04AM Tue	Ganesha: Red <i>Sunrise:</i> 5:53AM
Creative Work		Siddha Yoga		Yama 10:40AM – 12:15PM	Ganda* Until 11:06PM	Muruqa: Clear <i>Sunset:</i> 6:36PM
Until 5:04AM Tue				Rahu 7:29AM – 9:04AM	Kaulava Until 2:48PM	Nataraja: Clear
Then Creative Work - Amrita Yoga					Trayodashi Until 3:34AM Tue	Moon – Red
						Chaitra•Panguni
						Devaloka Day

6		Tuesday, April 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Rome, Italy
Simha Rasi: 27.08		Tithi 14		Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 352
Creative Work		Amrita Yoga		Gulika 12:15PM – 1:50PM	Uttaraphalguni Until 6:42AM Wed	Ganesha: Red <i>Sunrise:</i> 5:52AM
Until 6:42AM Wed				Yama 9:03AM – 10:39AM	Vriddhi Until 11:07PM	Muruqa: Clear <i>Sunset:</i> 6:37PM
Then Routine Work - Marana Yoga				Rahu 3:26PM – 5:02PM	Gara Until 4:17PM	Nataraja: Clear
					Chaturdashi* Until 4:50AM Wed	Moon – Red
						Chaitra•Panguni
						Devaloka Day

○		Wednesday, April 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Rome, Italy
Copper Retreat Star				Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 353
Kanya Rasi: 9.32		Tithi 15		Gulika 10:38AM – 12:14PM	Uttaraphalguni Until 6:42AM	Ganesha: Red <i>Sunrise:</i> 5:50AM
Creative Work		Amrita Yoga		Yama 7:26AM – 9:02AM	Dhruva Until 10:44PM	Muruqa: Clear <i>Sunset:</i> 6:39PM
Until 6:42AM				Rahu 12:14PM – 1:50PM	Visti Until 5:17PM	Nataraja: Clear
Then Routine Work - Marana Yoga					Purnima* Until 5:36AM Thu	Moon – Red
				Panguni Uttiram		Chaitra•Panguni
				Hanuman Jayanti		Devaloka Day

○		Thursday, April 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Rome, Italy
Silver Retreat Star				Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 354
Kanya Rasi: 22.1		Tithi 16		Gulika 9:01AM – 10:38AM	Hasta Until 8:11AM	Ganesha: Blue <i>Sunrise:</i> 5:48AM
Routine Work		Marana Yoga		Yama 5:48AM – 7:25AM	Vyaghata* Until 10:00PM	Muruqa: Clear <i>Sunset:</i> 6:40PM
Until 8:11AM				Rahu 1:50PM – 3:27PM	Balava Until 5:49PM	Nataraja: Clear
Then Creative Work - Siddha Yoga					Prathama* Until 5:52AM Fri	Moon – Green
						Chaitra•Panguni
						Devaloka Time: 3:PM to 6:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sutra 355

Tula Rasi: 5.01 Tithi 17
168896578 Rahu

Gulika 7:24AM – 9:00AM
Yama 3:27PM – 5:04PM
Rahu 10:37AM – 12:14PM

Chitra Until 9:03AM
Harshana Until 8:54PM
Taitila Until 5:51PM
Dvitiya Until 5:41AM Sat

Ganesha: Blue *Sunrise:* 5:47AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon – Green

Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy
Sun 1 Sutra 356

Tula Rasi: 18.05 Tithi 18
168896578 Rahu

Gulika 5:45AM – 7:22AM
Yama 1:51PM – 3:28PM
Rahu 8:59AM – 10:36AM

Svati Until 9:18AM
Vajra* Until 7:26PM
Vanija Until 5:27PM
Tritiya Until 5:05AM Sun

Ganesha: Blue *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon – Green

Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Rome, Italy
Sun 2 Sutra 357

Vrischika Rasi: 1.23 Tithi 19
179896578 Rahu

Gulika 3:28PM – 5:05PM
Yama 12:13PM – 1:51PM
Rahu 5:05PM – 6:43PM

Vishakha Until 9:28AM
Siddhi Until 5:40PM
Bava Until 4:40PM
Chaturthi* Until 4:06AM Mon

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy
Sun 3 Sutra 358

Vrischika Rasi: 14.53 Tithi 20
179896578 Rahu
Family Home Evening

Gulika 1:51PM – 3:28PM
Yama 10:35AM – 12:13PM
Rahu 7:20AM – 8:57AM

Anuradha Until 9:07AM
Vyatipata* Until 3:38PM
Kaulava Until 3:30PM
Panchami Until 2:47AM Tue

Ganesha: Red *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 6:44PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy
Sun 4 Sutra 359

Vrischika Rasi: 28.35 Tithi 21
179896578 Rahu

Gulika 12:13PM – 1:51PM
Yama 8:56AM – 10:35AM
Rahu 3:29PM – 5:07PM

Jyeshtha* Until 8:17AM
Varyan Until 1:19PM
Gara Until 2:02PM
Shashthi* Until 1:10AM Wed

Ganesha: Red *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 8:17AM

Then Creative Work - Amrita Yoga

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy
Sun 5 Sutra 360

Dhanus Rasi: 12.28 Tithi 22
189896578 Rahu

Gulika 10:34AM – 12:12PM
Yama 7:17AM – 8:55AM
Rahu 12:12PM – 1:51PM

Mula* Until 7:28AM
Parigha* Until 10:47AM
Visti Until 12:16PM
Saptami Until 11:16PM

Ganesha: Green *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Clear
Moon – Light Blue

Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 7:28AM

Then Creative Work - Amrita Yoga

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 6 Sutra 361

Dhanus Rasi: 26.31 Tithi 23
189996578 Rahu

Gulika 8:55AM – 10:33AM
Yama 5:37AM – 7:16AM
Rahu 1:51PM – 3:30PM

Purvashadha* Until 6:14AM
Shiva Until 8:04AM
Balava Until 10:15AM
Ashtami* Until 9:09PM

Ganesha: White *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Clear
Moon – Light Blue

Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 6:14AM

Then Routine Work - Marana Yoga

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 7 Sutra 362

Makara Rasi: 10.43 Tithi 24
199996578 Rahu

Gulika 7:14AM – 8:54AM
Yama 3:30PM – 5:09PM
Rahu 10:33AM – 12:12PM

Shravana Until 3:10AM Sat
Sadhya Until 2:05AM Sat
Taitila Until 8:01AM
Navami* Until 6:49PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Devaloka Day

Routine Work Marana Yoga

Until 3:10AM Sat

Then Creative Work - Siddha Yoga


Chidambaram Abhishekam
Tamil New Year

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy
	Makara Rasi: 25.01	Tithi 25 – 26	Gulika 5:34AM – 7:13AM	Dhanishtha Until 1:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:34AM	Sun 8 Sutra 363
			Yama 1:51PM – 3:30PM	Subha Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 8:53AM – 10:32AM	Bava Until 3:08AM Sun	Nataraja: Clear		Moon 4 - Phase 1 - 8 2nd Phase
			Dashami Until 4:22PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Kumbha Rasi: 9.23	Tithi 26 – 27	Gulika 3:31PM – 5:11PM	Shatabhishak Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Sun 9 Sutra 364
			Yama 12:11PM – 1:51PM	Sukla Until 7:46PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 5:11PM – 6:50PM	Kaulava Until 12:37AM Mon	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
			Ekadashi* Until 1:51PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra*Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy
	Kumbha Rasi: 23.46	Tithi 27 – 28	Gulika 1:51PM – 3:31PM	Purvaproshtapada* Until 10:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM	Sun 10 Sutra 1
	Family Home Evening		Yama 10:31AM – 12:11PM	Brahma Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 7:11AM – 8:51AM	Gara Until 10:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
			Dvadashi* Until 11:22AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
	Meena Rasi: 8.04	Tithi 28 – 29	Gulika 12:11PM – 1:51PM	Uttaraproshtapada Until 8:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	Sun 11 Sutra 2
			Yama 8:50AM – 10:30AM	Indra Until 1:40PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Sobhana 5125
	Creative Work	Amrita Yoga	211996578 Rahu 3:32PM – 5:12PM	Visti Until 7:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
			Trayodashi* Until 9:01AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy
	Retreat Star		Gulika 10:30AM – 12:11PM	Revati Until 7:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	Sun 12 Sutra 3
	Meena Rasi: 22.13	Tithi 29 – 30	Yama 7:08AM – 8:49AM	Vaidhriti* Until 10:54AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 12:11PM – 1:51PM	Catuspada Until 6:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 Amavasya
			Chaturdashi* Until 6:55AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy
	Mesha Rasi: 6.07	Tithi 1	Gulika 8:48AM – 10:29AM	Ashvini Until 6:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sun 13 Sutra 4
			Yama 5:26AM – 7:07AM	Vishkambha* Until 8:28AM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 Rahu 1:51PM – 3:33PM	Kintughna Until 4:32PM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Prathama
			Prathama* Until 3:58AM Fri	Moon – White		Devaloka Day	
				Vaisaka*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Rome, Italy on 5/1/20

www.gurudeva.org/panchang

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy Sun 14
	Mesha Rasi: 19.43	Tithi 2	Gulika 7:06AM – 8:47AM	Bharani Until 6:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Sobhana 5125
			Yama 3:33PM – 5:14PM	Priti Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2 - 14
	221996578	Rahu 10:29AM – 12:10PM	Balava Until 3:35PM	Dvitiya Until 3:19AM Sat	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy Sun 15
	Wrishabha Rasi: 3	Tithi 3	Gulika 5:23AM – 7:05AM	Krittika Until 6:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sobhana 5125
			Yama 1:52PM – 3:33PM	Saubhagya Until 3:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2 - 15
	221996578	Rahu 8:46AM – 10:28AM	Taitila Until 3:15PM	Tritiya Until 3:19AM Sun	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy Sun 16
	Wrishabha Rasi: 15.56	Tithi 4	Gulika 3:34PM – 5:16PM	Rohini Until 7:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Sobhana 5125
			Yama 12:10PM – 1:52PM	Sobhana Until 3:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2 - 16
	231996578	Rahu 5:16PM – 6:58PM	Vanija Until 3:35PM	Chaturthi* Until 3:59AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 17
	Wrishabha Rasi: 28.34	Tithi 5	Gulika 1:52PM – 3:34PM	Mrigashira Until 9:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Sobhana 5125
	Family Home Evening		Yama 10:27AM – 12:10PM	Athiganda* Until 3:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2 - 17
	231996578	Rahu 7:02AM – 8:45AM	Bava Until 4:34PM	Panchami Until 5:15AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon – Yellow		Devaloka Day	
Until 9:40PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava Karana Shashthyam Titau				Rome, Italy Sun 18
	Mithuna Rasi: 10.55	Tithi 6	Gulika 12:09PM – 1:52PM	Ardra Until 11:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Sobhana 5125
			Yama 8:44AM – 10:27AM	Sukarma Until 3:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2 - 18
	231996579	Rahu 3:35PM – 5:18PM	Kaulava Until 6:07PM	Shashthi* Until 7:02AM Wed	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Moon – Yellow		Sivaloka Day	
Until 11:44PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 19
	Mithuna Rasi: 23.04	Tithi 6 – 7	Gulika 10:26AM – 12:09PM	Punarvasu Until 2:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:17AM	Sobhana 5125
			Yama 7:00AM – 8:43AM	Dhriti Until 4:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2 - 19
	241996579	Rahu 12:09PM – 1:52PM	Gara Until 8:06PM	Shashthi* Until 7:02AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Blue		Subha Sivaloka Day	
Until 2:31AM Thu				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

☾	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 20
	Retreat Star		Gulika 8:42AM – 10:26AM	Pushya Until 5:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:16AM	Sobhana 5125
	Kataka Rasi: 5.04	Tithi 7 – 8	Yama 5:16AM – 6:59AM	Shula* Until 5:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 20
	242996579	Rahu 1:52PM – 3:36PM	Visti Until 10:21PM	Saptami Until 9:11AM	Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga			Moon – Blue		Sivaloka Day	
Until 5:21AM Fri				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

☽	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 21
	Retreat Star		Gulika 6:58AM – 8:41AM	Ashlesha* Until 8:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Sobhana 5125
	Kataka Rasi: 16.59	Tithi 8 – 9	Yama 3:36PM – 5:20PM	Ganda* Until 5:57AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2 - 21
	242996579	Rahu 10:25AM – 12:09PM	Balava Until 12:42AM Sat	Ashtami* Until 11:30AM	Nataraja: Purple		Navami
Routine Work	Marana Yoga			Moon – Blue		Sivaloka Day	
Until 8:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rome, Italy Sun 22 Sutra 13
	Kataka Rasi: 28.53	Tithi 9 – 10	Gulika 5:13AM – 6:57AM	Ashlesha* Until 8:03AM	Ganesha: Red	Sunrise: 5:13AM	Sobhana 5125
	242996579	Rahu 8:41AM – 10:25AM	Yama 1:53PM – 3:37PM	Vriddhi Until 6:42AM Sun	Muruqa: Clear	Sunset: 7:05PM	Moon 4 - Phase 3 - 22 4th Phase
Routine Work Marana Yoga Until 8:03AM Then Creative Work - Amrita Yoga		Navami* Until 1:49PM		Moon – Blue		Sivaloka Day	

2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 23 Sutra 14
	Simha Rasi: 10.51	Tithi 10 – 11	Gulika 3:37PM – 5:21PM	Magha* Until 10:56AM	Ganesha: Blue	Sunrise: 5:11AM	Sobhana 5125
	252996579	Rahu 5:21PM – 7:06PM	Yama 12:09PM – 1:53PM	Vriddhi Until 6:42AM	Muruqa: Clear	Sunset: 7:06PM	Moon 4 - Phase 3 - 23 4th Phase
Routine Work Marana Yoga Until 10:56AM Then Creative Work - Siddha Yoga		Vanija Until 4:51AM Mon		Moon – Red		Devaloka Day	
		Dashami Until 3:55PM		Vaisaka*Chaitra			

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 24 Sutra 15
	Simha Rasi: 22.56	Tithi 11 – 12	Gulika 1:53PM – 3:38PM	Purvaphalguni Until 1:17PM	Ganesha: Blue	Sunrise: 5:09AM	Sobhana 5125
	252996579	Rahu 6:54AM – 8:38AM	Yama 10:23AM – 12:08PM	Dhruva Until 7:10AM	Muruqa: Clear	Sunset: 7:08PM	Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening Creative Work Siddha Yoga		Bava Until 6:19AM Tue		Moon – Red		Devaloka Day	
		Ekadashi Until 5:38PM		Vaisaka*Chaitra			

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy Sun 25 Sutra 16
	Kanya Rasi: 5.14	Tithi 12	Gulika 12:08PM – 1:53PM	Uttaraphalguni Until 3:00PM	Ganesha: Blue	Sunrise: 5:07AM	Sobhana 5125
	252996579	Rahu 3:39PM – 5:24PM	Yama 8:38AM – 10:23AM	Vyaghata* Until 7:17AM	Muruqa: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 25 4th Phase
Creative Work Amrita Yoga Until 3:00PM Then Creative Work - Siddha Yoga		Bava Until 6:19AM		Moon – Red		Devaloka Day	
		Dvadashi Until 6:48PM		Vaisaka*Chaitra			

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy Sun 26 Sutra 17
	Kanya Rasi: 17.46	Tithi 13	Gulika 10:23AM – 12:08PM	Hasta Until 4:27PM	Ganesha: Yellow	Sunrise: 5:06AM	Sobhana 5125
	262996579	Rahu 12:08PM – 1:53PM	Yama 6:52AM – 8:37AM	Harshana Until 6:58AM	Muruqa: Clear	Sunset: 7:10PM	Moon 4 - Phase 3 - 26 4th Phase
Routine Work Marana Yoga Until 4:27PM Then Creative Work - Siddha Yoga		Kaulava Until 7:11AM		Moon – Green		Sivaloka Day	
		Trayodashi Until 7:22PM		Vaisaka*Chaitra			
				<i>Pradosha Vrata</i>			

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 18
	Tula Rasi: 1	Tithi 14	Gulika 8:36AM – 10:22AM	Chitra Until 5:07PM	Ganesha: Yellow	Sunrise: 5:05AM	Sobhana 5125
	262996579	Rahu 1:54PM – 3:39PM	Yama 5:05AM – 6:51AM	Vajra* Until 6:07AM	Muruqa: Clear	Sunset: 7:11PM	Moon 4 - Phase 3 - 27 4th Phase
Creative Work Siddha Yoga Until 5:07PM Then Creative Work - Amrita Yoga		Gara Until 7:26AM		Moon – Green		Sivaloka Day	
		Chaturdashi* Until 7:18PM		Vaisaka*Chaitra			

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sun 27 Sutra 19
	Tula Rasi: 13.45	Tithi 15	Gulika 6:50AM – 8:36AM	Svati Until 5:02PM	Ganesha: Yellow	Sunrise: 5:04AM	Sobhana 5125
	262996579	Rahu 10:22AM – 12:08PM	Yama 3:40PM – 5:26PM	Vyatipata* Until 3:01AM Sat	Muruqa: Clear	Sunset: 7:12PM	Moon 4 - Phase 3 - Purnima
Creative Work Siddha Yoga		Visti Until 7:03AM		Moon – Green		Sivaloka Day	
		Purnima* Until 6:37PM		Vaisaka*Chaitra			
		Budha Purnima (Tamil Nadu)					

Silver Retreat Star	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Rome, Italy Sun 28 Sutra 20
	Tula Rasi: 27.13	Tithi 16 – 17	Gulika 5:02AM – 6:49AM	Vishakha Until 4:43PM	Ganesha: White	Sunrise: 5:02AM	Sobhana 5125
	272996579	Rahu 8:35AM – 10:21AM	Yama 1:54PM – 3:40PM	Variyan Until 12:50AM Sun	Muruqa: Clear	Sunset: 7:13PM	Moon 4 - Phase 3 - Prathama
Creative Work Siddha Yoga		Balava Until 6:05AM		Moon – Orange		Devaloka Day	
		Prathama* Until 5:24PM		Vaisaka*Chaitra			