



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Variya Karana Dvitiya/Trityayam Titau

Mosul, Iraq
Sutra 1

Tula Rasi: 21.46 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 1:07AM Tue
Then Creative Work - Siddha Yoga

Gulika 1:46PM – 3:26PM
Yama 10:28AM – 12:07PM
Rahu 7:10AM – 8:49AM

Vishakha Until 1:07AM Tue
Siddhi Until 5:51PM
Taitila Until 6:16AM
Dvitiya Until 4:54PM

Ganesha: Purple *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:44PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau

Mosul, Iraq
Sun 1 Sutra 2

Vrischika Rasi: 6.17 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 11:06PM
Then Routine Work - Marana Yoga

Gulika 12:07PM – 1:47PM
Yama 8:49AM – 10:28AM
Rahu 3:26PM – 5:05PM

Anuradha Until 11:06PM
Vyatipata* Until 2:29PM
Bava Until 12:45AM Wed
Tritya Until 2:07PM

Ganesha: Purple *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 6:44PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 2 Sutra 3

Vrischika Rasi: 20.5 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 9:00PM
Then Routine Work - Marana Yoga

Gulika 10:27AM – 12:07PM
Yama 7:08AM – 8:48AM
Rahu 12:07PM – 1:47PM

Jyeshtha* Until 9:00PM
Variyan Until 11:05AM
Kaulava Until 10:01PM
Chaturthi* Until 11:21AM

Ganesha: Purple *Sunrise:* 5:29AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq
Sun 3 Sutra 4

Dhanus Rasi: 5.2 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 8:47AM – 10:27AM
Yama 5:27AM – 7:07AM
Rahu 1:47PM – 3:26PM

Mula* Until 7:19PM
Parigha* Until 7:47AM
Gara Until 7:25PM
Panchami Until 8:40AM

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 6:46PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Variya/Bava Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 4 Sutra 5

Dhanus Rasi: 19.42 Tithi 21 – 22
289345478
Routine Work Prabalarishta Yoga
Until 5:43PM
Then Routine Work - Marana Yoga

Gulika 7:06AM – 8:46AM
Yama 3:27PM – 5:07PM
Rahu 10:26AM – 12:07PM

Purvashadha* Until 5:43PM
Siddha Until 1:42AM Sat
Bava Until 3:57AM Sat
Shashthi* Until 6:11AM

Ganesha: Purple *Sunrise:* 5:26AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sun 5 Sutra 6

Makara Rasi: 3.54 Tithi 23
289345478
Routine Work Marana Yoga
Until 4:15PM
Then Creative Work - Siddha Yoga

Gulika 5:25AM – 7:05AM
Yama 1:47PM – 3:27PM
Rahu 8:46AM – 10:26AM

Uttarashadha Until 4:15PM
Sadhya Until 11:00PM
Balava Until 2:58PM
Ashtami* Until 2:02AM Sun

Ganesha: Purple *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 6:48PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq
Sun 6 Sutra 7

Makara Rasi: 17.54 Tithi 24
299345478
Creative Work Amrita Yoga
Until 3:24PM
Then Routine Work - Marana Yoga

Gulika 3:27PM – 5:08PM
Yama 12:06PM – 1:47PM
Rahu 5:08PM – 6:49PM

Shravana Until 3:24PM
Subha Until 8:35PM
Taitila Until 1:12PM
Navami* Until 12:26AM Mon

Ganesha: Clear *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 6:49PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 6 Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq Sun 7 Sutra 8
	Kumbha Rasi: 1.41	Tithi 25	Gulika 1:47PM – 3:28PM	Dhanishtha Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:25AM – 12:06PM	Sukla Until 6:26PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 7
	Creative Work Siddha Yoga		Rahu 7:03AM – 8:44AM	Vanija Until 11:47AM	Nataraja: Clear		2nd Phase
			Dashami Until 11:12PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 8 Sutra 9
	Kumbha Rasi: 15.15	Tithi 26	Gulika 12:06PM – 1:47PM	Shatabhishak Until 2:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Subhakrit 5124
		299345479	Yama 8:43AM – 10:25AM	Brahma Until 4:36PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 8
	Routine Work Marana Yoga		Rahu 3:28PM – 5:09PM	Bava Until 10:45AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 10:21PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq Sun 9 Sutra 10
	Kumbha Rasi: 28.35	Tithi 27	Gulika 10:24AM – 12:06PM	Purvaproshtapada* Until 2:36PM	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Subhakrit 5124
		219345479	Yama 7:01AM – 8:43AM	Indra Until 3:07PM	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 9
	Creative Work Amrita Yoga		Rahu 12:06PM – 1:47PM	Kaulava Until 10:07AM	Nataraja: Clear		2nd Phase
Until 2:36PM			Dvadashi* Until 9:56PM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra			

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq Sun 10 Sutra 11
	Meena Rasi: 11.43	Tithi 28	Gulika 8:42AM – 10:24AM	Uttaraproshtapada Until 3:10PM	Ganesha: Blue	<i>Sunrise:</i> 5:19AM	Subhakrit 5124
		219445479	Yama 5:19AM – 7:00AM	Vaidhriti* Until 1:57PM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga		Rahu 1:47PM – 3:29PM	Gara Until 9:54AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 9:57PM	Moon – Clear		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq Sun 11 Sutra 12
	Meena Rasi: 24.35	Tithi 29	Gulika 7:00AM – 8:42AM	Revati Until 4:02PM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM	Subhakrit 5124
		219445479	Yama 3:29PM – 5:11PM	Vishkambha* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga		Rahu 10:23AM – 12:05PM	Visti Until 10:10AM	Nataraja: Clear		2nd Phase
Until 4:02PM			Chaturdashi* Until 10:27PM	Moon – Clear		Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	

●	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq Sun 12 Sutra 13
	Retreat Star		Gulika 5:17AM – 6:59AM	Ashvini Until 5:41PM	Ganesha: Green	<i>Sunrise:</i> 5:17AM	Subhakrit 5124
	Mesha Rasi: 7.14	Tithi 30	Yama 1:47PM – 3:30PM	Priti Until 12:48PM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 2 - 12
		221445479	Rahu 8:41AM – 10:23AM	Catuspada Until 10:55AM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 11:27PM	Moon – White		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	

●	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq Sun 13 Sutra 14
	Retreat Star		Gulika 3:30PM – 5:12PM	Bharani Until 7:40PM	Ganesha: Green	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
	Mesha Rasi: 19.4	Tithi 1	Yama 12:05PM – 1:47PM	Ayushman Until 12:46PM	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 2 - 13
		221445479	Rahu 5:12PM – 6:55PM	Kintughna Until 12:10PM	Nataraja: Clear		Prathama
Routine Work Prabalarishta Yoga			Prathama* Until 12:56AM Mon	Moon – White		Bhuloka Day	
Until 7:40PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq Sun 14 Sutra 15 Subhakrit 5124
1	231445479	Gulika 1:48PM – 3:30PM Yama 10:22AM – 12:05PM Rahu 6:57AM – 8:40AM	Krittika Until 9:55PM Saubhagya Until 1:07PM Balava Until 1:52PM Dvitiya Until 2:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:14AM Sunset: 6:56PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 1.54 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 9:55PM Then Creative Work - Amrita Yoga						

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq Sun 15 Sutra 16 Subhakrit 5124
2	231445479	Gulika 12:05PM – 1:48PM Yama 8:39AM – 10:22AM Rahu 3:31PM – 5:14PM	Rohini Until 12:50AM Wed Sobhana Until 1:47PM Taitila Until 3:58PM Tritiya Until 5:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:13AM Sunset: 6:56PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 13.57 Tithi 3 Creative Work Amrita Yoga Until 12:50AM Wed Then Creative Work - Siddha Yoga						

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija Karana Chaturthyam Titau				Mosul, Iraq Sun 16 Sutra 17 Subhakrit 5124
3	231445479	Gulika 10:22AM – 12:05PM Yama 6:55AM – 8:38AM Rahu 12:05PM – 1:48PM	Mrigashira Until 3:48AM Thu Athiganda* Until 2:38PM Vanija Until 6:21PM Chaturthi* Until 7:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:12AM Sunset: 6:57PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 25.53 Tithi 4 Creative Work Siddha Yoga Until 3:48AM Thu Then Routine Work - Marana Yoga						

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq Sun 17 Sutra 18 Subhakrit 5124
4	231445479	Gulika 8:38AM – 10:21AM Yama 5:11AM – 6:55AM Rahu 1:48PM – 3:31PM	Ardra Until 6:40AM Fri Sukarma Until 3:37PM Bava Until 8:51PM Chaturthi* Until 7:34AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:11AM Sunset: 6:58PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 7.44 Tithi 4 – 5 Routine Work Marana Yoga Until 6:40AM Fri Then Creative Work - Siddha Yoga						

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Mosul, Iraq Sun 18 Sutra 19 Subhakrit 5124
5	231445479	Gulika 6:54AM – 8:37AM Yama 3:32PM – 5:15PM Rahu 10:21AM – 12:05PM	Ardra Until 6:40AM Dhriti Until 4:36PM Kaulava Until 11:18PM Panchami Until 10:04AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:10AM Sunset: 6:59PM	Moon 4 - Phase 3 - 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 19.34 Tithi 5 – 6 Creative Work Siddha Yoga						

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq Sun 19 Sutra 20 Subhakrit 5124
6	241445479	Gulika 5:09AM – 6:53AM Yama 1:48PM – 3:32PM Rahu 8:37AM – 10:21AM	Punarvasu Until 9:46AM Shula* Until 5:26PM Gara Until 1:31AM Sun Shashthi* Until 12:26PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:09AM Sunset: 7:00PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day
Kataka Rasi: 1.27 Tithi 6 – 7 Creative Work Siddha Yoga						

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	241445479	Gulika 3:33PM – 5:17PM Yama 12:04PM – 1:48PM Rahu 5:17PM – 7:01PM	Pushya Until 12:25PM Ganda* Until 6:00PM Visti Until 3:20AM Mon Saptami Until 2:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:08AM Sunset: 7:01PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day
Kataka Rasi: 13.26 Tithi 7 – 8 Creative Work Siddha Yoga		Mother's Day				

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	241445479	Gulika 1:49PM – 3:33PM Yama 10:20AM – 12:04PM Rahu 6:51AM – 8:36AM	Ashlesha* Until 2:25PM Vriddhi Until 6:11PM Balava Until 4:33AM Tue Ashtami* Until 4:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:07AM Sunset: 7:02PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day
Kataka Rasi: 25.35 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga Until 2:25PM Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq
Simha Rasi: 7.59	Tithi 9 – 10	Gulika	12:04PM – 1:49PM	Magha* Until 4:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	Sun 22	Sutra 23
		Yama	8:35AM – 10:20AM	Dhruva Until 5:49PM	Muruqa: White	<i>Sunset:</i> 7:02PM		Subhakrit 5124
		252445479 Rahu	3:33PM – 5:18PM	Taitila Until 5:04AM Wed	Nataraja: Clear		Moon 4 - Phase 4 - 22	4th Phase
Creative Work	Siddha Yoga			Navami* Until 4:53PM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq
Simha Rasi: 20.43	Tithi 10 – 11	Gulika	10:20AM – 12:04PM	Purvaphalguni Until 4:57PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	Sun 23	Sutra 24
		Yama	6:50AM – 8:35AM	Vyaghata* Until 4:53PM	Muruqa: White	<i>Sunset:</i> 7:03PM		Subhakrit 5124
		252445479 Rahu	12:04PM – 1:49PM	Vanija Until 4:49AM Thu	Nataraja: Clear		Moon 4 - Phase 4 - 23	4th Phase
Creative Work	Amrita Yoga			Dashami Until 5:01PM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
Kanya Rasi: 3.5	Tithi 11 – 12	Gulika	8:34AM – 10:19AM	Uttaraphalguni Until 4:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Sun 24	Sutra 25
		Yama	5:04AM – 6:49AM	Harshana Until 3:21PM	Muruqa: White	<i>Sunset:</i> 7:04PM		Subhakrit 5124
		252445479 Rahu	1:49PM – 3:34PM	Bava Until 3:47AM Fri	Nataraja: Clear		Moon 4 - Phase 4 - 24	4th Phase
	Amrita Yoga			Ekadashi Until 4:23PM	Moon – Red			Devaloka Day
Until 4:51PM					Vaisaka-Chaitra			
Then Routine Work - Marana Yoga								

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
Kanya Rasi: 17.22	Tithi 12 – 13	Gulika	6:49AM – 8:34AM	Hasta Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 5:04AM	Sun 25	Sutra 26
		Yama	3:35PM – 5:20PM	Vajra* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 7:05PM		Subhakrit 5124
		252445479 Rahu	10:19AM – 12:04PM	Kaulava Until 2:02AM Sat	Nataraja: Clear		Moon 4 - Phase 4 - 25	4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 2:58PM	Moon – Green			Sivaloka Day
Until 4:19PM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								
								<i>Pradosha Vrata</i>

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
Tula Rasi: 1.2	Tithi 13 – 14	Gulika	5:03AM – 6:48AM	Chitra Until 2:58PM	Ganesha: White	<i>Sunrise:</i> 5:03AM	Sun 26	Sutra 27
		Yama	1:50PM – 3:35PM	Siddhi Until 10:28AM	Muruqa: White	<i>Sunset:</i> 7:06PM		Subhakrit 5124
		252445479 Rahu	8:33AM – 10:19AM	Gara Until 11:40PM	Nataraja: Clear		Moon 4 - Phase 4 - 26	4th Phase
Routine Work	Marana Yoga			Trayodashi Until 12:54PM	Moon – Green			Sivaloka Day
Until 2:58PM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq
Copper Retreat Star		Gulika	3:35PM – 5:21PM	Svati Until 12:56PM	Ganesha: White	<i>Sunrise:</i> 5:02AM	Sun 27	Sutra 28
Tula Rasi: 15.41	Tithi 14 – 15	Yama	12:04PM – 1:50PM	Vyatipata* Until 7:19AM	Muruqa: White	<i>Sunset:</i> 7:07PM		Subhakrit 5124
		252445479 Rahu	5:21PM – 7:07PM	Visti Until 8:49PM	Nataraja: Clear		Moon 4 - Phase 4 - 27	Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 10:16AM	Moon – Green			Sivaloka Day
Until 12:56PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Mosul, Iraq		
Silver Retreat Star		Gulika	1:50PM – 3:36PM	Vishakha Until 10:47AM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Sun 28	Sutra 29
Vrischika Rasi: 0.22	Tithi 15 – 16	Yama	10:18AM – 12:04PM	Parigha* Until 12:00AM Tue	Muruqa: White	<i>Sunset:</i> 7:07PM		Subhakrit 5124
Family Home Evening		272445479 Rahu	6:47AM – 8:33AM	Kaulava Until 3:56AM Tue	Nataraja: Clear		Moon 4 - Phase 4 -	Prathama
Routine Work	Marana Yoga			Purnima* Until 7:14AM	Moon – Orange			Devaloka Day
Until 10:47AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq
Sutra 30

Vrischika Rasi: 15.15 Tithi 17

272445479

Gulika 12:04PM – 1:50PM
Yama 8:32AM – 10:18AM
Rahu 3:36PM – 5:22PM

Anuradha Until 8:15AM

Shiva Until 8:07PM

Taitila Until 2:14PM

Dvitiya Until 12:31AM Wed

Ganesha: Yellow *Sunrise:* 5:00AM

Muruqa: White *Sunset:* 7:08PM

Nataraja: Clear

Moon – Orange
Vaisaka-Vaikasi

Moon 5 - Phase 5 -

1st Phase

Creative Work Siddha Yoga

Until 8:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq
Sun 1 Sutra 31

Dhanus Rasi: 0.13 Tithi 18

282445479

Gulika 10:18AM – 12:04PM
Yama 6:46AM – 8:32AM
Rahu 12:04PM – 1:50PM

Mula* Until 3:07AM Thu

Siddha Until 4:13PM

Vanija Until 10:49AM

Tritiya Until 9:08PM

Ganesha: Blue *Sunrise:* 5:00AM

Muruqa: White *Sunset:* 7:09PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 1

1st Phase

Routine Work Marana Yoga

Until 3:07AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 2 Sutra 32

Dhanus Rasi: 15.07 Tithi 19 – 20

282445479

Gulika 8:32AM – 10:18AM
Yama 4:59AM – 6:45AM
Rahu 1:51PM – 3:37PM

Purvashadha* Until 12:47AM Fri

Sadhya Until 12:27PM

Bava Until 7:30AM

Chaturthi* Until 5:55PM

Ganesha: Blue *Sunrise:* 4:59AM

Muruqa: White *Sunset:* 7:10PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 2

1st Phase

Creative Work Siddha Yoga

Until 12:47AM Fri

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq
Sun 3 Sutra 33

Dhanus Rasi: 29.5 Tithi 20 – 21

282445479

Gulika 6:45AM – 8:31AM
Yama 3:37PM – 5:24PM
Rahu 10:18AM – 12:04PM

Uttarashadha Until 10:40PM

Subha Until 8:55AM

Gara Until 1:43AM Sat

Panchami Until 3:01PM

Ganesha: Blue *Sunrise:* 4:58AM

Muruqa: White *Sunset:* 7:11PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 3

1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 4 Sutra 34

Makara Rasi: 14.17 Tithi 21 – 22

292445479

Gulika 4:57AM – 6:44AM
Yama 1:51PM – 3:38PM
Rahu 8:31AM – 10:18AM

Shravana Until 9:17PM

Brahma Until 2:51AM Sun

Visti Until 11:28PM

Shashthi* Until 12:31PM

Ganesha: Red *Sunrise:* 4:57AM

Muruqa: White *Sunset:* 7:11PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 4

1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sun 5 Sutra 35

Makara Rasi: 28.25 Tithi 22 – 23

292445479

Gulika 3:38PM – 5:25PM
Yama 12:04PM – 1:51PM
Rahu 5:25PM – 7:12PM

Dhanishtha Until 8:17PM

Indra Until 12:29AM Mon

Balava Until 9:45PM

Saptami Until 10:31AM

Ganesha: Red *Sunrise:* 4:57AM

Muruqa: White *Sunset:* 7:12PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 5

Ashtami

Routine Work Marana Yoga

Until 8:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sun 6 Sutra 36

Kumbha Rasi: 12.11 Tithi 23 – 24

293445479

Gulika 1:52PM – 3:39PM
Yama 10:17AM – 12:05PM
Rahu 6:43AM – 8:30AM

Shatabhishak Until 7:43PM

Vaidhriti* Until 10:34PM

Taitila Until 8:38PM

Ashtami* Until 9:06AM

Ganesha: Green *Sunrise:* 4:56AM

Muruqa: White *Sunset:* 7:13PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 6

Navami

Creative Work Siddha Yoga

Until 7:43PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

www.gurudeva.org/panchang

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Mosul, Iraq
Kumbha Rasi: 25.37	Tithi 24 – 25	Gulika	12:05PM – 1:52PM	Purvaproshtapada* Until 8:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sun 7	Sutra 37
		Yama	8:30AM – 10:17AM	Vishkambha* Until 9:09PM	Muruqa: White	<i>Sunset:</i> 7:14PM		Subhakrit 5124
		213545479 Rahu	3:39PM – 5:26PM	Vanija Until 8:06PM	Nataraja: Clear		Moon 5 - Phase 6 - 7	2nd Phase
Routine Work	Marana Yoga			Navami* Until 8:16AM	Moon – Clear		Devaloka Day	
Until 8:03PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Mosul, Iraq
Meena Rasi: 8.43	Tithi 25 – 26	Gulika	10:17AM – 12:05PM	Uttaraproshtapada Until 8:48PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Sun 8	Sutra 38
		Yama	6:42AM – 8:30AM	Priti Until 8:13PM	Muruqa: White	<i>Sunset:</i> 7:14PM		Subhakrit 5124
		213545479 Rahu	12:05PM – 1:52PM	Bava Until 8:10PM	Nataraja: Clear		Moon 5 - Phase 6 - 8	2nd Phase
Creative Work	Siddha Yoga			Dashami Until 8:02AM	Moon – Clear		Devaloka Day	
Until 8:48PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Mosul, Iraq
Meena Rasi: 21.32	Tithi 26 – 27	Gulika	8:30AM – 10:17AM	Revati Until 9:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sun 9	Sutra 39
		Yama	4:55AM – 6:42AM	Ayushman Until 7:42PM	Muruqa: White	<i>Sunset:</i> 7:15PM		Subhakrit 5124
		313545479 Rahu	1:52PM – 3:40PM	Kaulava Until 8:47PM	Nataraja: Clear		Moon 5 - Phase 6 - 9	2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 8:23AM	Moon – Clear		Sivaloka Day	
Until 9:57PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Mosul, Iraq
Mesha Rasi: 4.05	Tithi 27 – 28	Gulika	6:42AM – 8:29AM	Ashvini Until 11:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sun 10	Sutra 40
		Yama	3:40PM – 5:28PM	Saubhagya Until 7:35PM	Muruqa: White	<i>Sunset:</i> 7:16PM		Subhakrit 5124
		323545479 Rahu	10:17AM – 12:05PM	Gara Until 9:55PM	Nataraja: Clear		Moon 5 - Phase 6 - 10	2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 9:17AM	Moon – White		Devaloka Day	
Until 11:54PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Mosul, Iraq
Mesha Rasi: 16.26	Tithi 28 – 29	Gulika	4:54AM – 6:41AM	Bharani Until 2:08AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sun 11	Sutra 41
		Yama	1:53PM – 3:41PM	Sobhana Until 7:51PM	Muruqa: White	<i>Sunset:</i> 7:16PM		Subhakrit 5124
		323545479 Rahu	8:29AM – 10:17AM	Visti Until 11:30PM	Nataraja: Clear		Moon 5 - Phase 6 - 11	2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 10:39AM	Moon – White		Devaloka Day	
					Vaisaka-Vaikasi			

●		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Mosul, Iraq
Retreat Star		Gulika	3:41PM – 5:29PM	Krittika Until 4:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	Sun 12	Sutra 42
Mesha Rasi: 28.37	Tithi 29 – 30	Yama	12:05PM – 1:53PM	Athiganda* Until 8:22PM	Muruqa: White	<i>Sunset:</i> 7:17PM		Subhakrit 5124
		323545479 Rahu	5:29PM – 7:17PM	Catuspada Until 1:28AM Mon	Nataraja: Clear		Moon 5 - Phase 6 - 12	Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 12:25PM	Moon – White		Devaloka Day	
Until 4:32AM Mon					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

Monday, May 30, 2022		Retreat Star				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Mosul, Iraq
Vrshabha Rasi: 10.38	Tithi 30 – 1	Gulika	1:53PM – 3:42PM	Rohini Until 7:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 4:53AM	Sun 13	Sutra 43
Family Home Evening		Yama	10:17AM – 12:05PM	Sukarma Until 9:09PM	Muruqa: White	<i>Sunset:</i> 7:18PM		Subhakrit 5124
		333545479 Rahu	6:41AM – 8:29AM	Kintughna Until 3:42AM Tue	Nataraja: Clear		Moon 5 - Phase 6 - 13	Prathama
Creative Work	Amrita Yoga			Amavasya* Until 2:32PM	Moon – Yellow		Devaloka Day	
Until 7:33AM Tue					Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga								

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Tuesday, May 31, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mosul, Iraq
 Rohini/Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 14 Sutra 44
 333545479 **Gulika** 12:05PM – 1:54PM **Rohini Until 7:33AM** **Ganesha:** Orange **Sunrise:** 4:52AM Subhakit 5124
 Yama 8:29AM – 10:17AM **Muruqa:** White **Sunset:** 7:19PM Moon 5 - Phase 7 - 14
Rahu 3:42PM – 5:30PM **Nataraja:** Clear 3rd Phase
 Creative Work Amrita Yoga **Prathama* Until 4:52PM** **Jyeshtha-Vaikasi** **Devaloka Day**
 Until 7:33AM
 Then Creative Work - Siddha Yoga

2 Wednesday, June 1, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mosul, Iraq
 Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvityayam Titau Sun 15 Sutra 45
 333545479 **Gulika** 10:17AM – 12:06PM **Mrigashira Until 10:33AM** **Ganesha:** Orange **Sunrise:** 4:52AM Subhakit 5124
 Yama 6:40AM – 8:29AM **Shula* Until 11:05PM** **Muruqa:** White **Sunset:** 7:19PM Moon 5 - Phase 7 - 15
Rahu 12:06PM – 1:54PM **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Balava Until 6:07AM** **Moon – Yellow** **Devaloka Day**
Dvitiya Until 7:20PM **Jyeshtha-Vaikasi**

3 Thursday, June 2, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mosul, Iraq
 Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau Sun 16 Sutra 46
 333555479 **Gulika** 8:29AM – 10:17AM **Ardra Until 1:25PM** **Ganesha:** Orange **Sunrise:** 4:52AM Subhakit 5124
 Yama 4:52AM – 6:40AM **Ganda* Until 12:06AM Fri** **Muruqa:** Green **Sunset:** 7:20PM Moon 5 - Phase 7 - 16
Rahu 1:54PM – 3:43PM **Taitila Until 8:36AM** **Nataraja:** Clear 3rd Phase
 Routine Work Marana Yoga **Tritiya Until 9:49PM** **Moon – Yellow** **Devaloka Day**
 Until 1:25PM **Jyeshtha-Vaikasi**
 Then Creative Work - Amrita Yoga

4 Friday, June 3, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mosul, Iraq
 Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 17 Sutra 47
 343555479 **Gulika** 6:40AM – 8:29AM **Punarvasu Until 4:35PM** **Ganesha:** Clear **Sunrise:** 4:51AM Subhakit 5124
 Yama 3:43PM – 5:32PM **Vriddhi Until 1:03AM Sat** **Muruqa:** Green **Sunset:** 7:20PM Moon 5 - Phase 7 - 17
Rahu 10:17AM – 12:06PM **Vanija Until 11:03AM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Chaturthi* Until 12:12AM Sat** **Moon – Blue** **Devaloka Day**
 Until 4:35PM **Jyeshtha-Vaikasi**
 Then Routine Work - Marana Yoga

5 Saturday, June 4, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mosul, Iraq
 Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 48
 343555479 **Gulika** 4:51AM – 6:40AM **Pushya Until 7:23PM** **Ganesha:** Clear **Sunrise:** 4:51AM Subhakit 5124
 Yama 1:55PM – 3:44PM **Dhruva Until 1:47AM Sun** **Muruqa:** Green **Sunset:** 7:21PM Moon 5 - Phase 7 - 18
Rahu 8:28AM – 10:17AM **Bava Until 1:20PM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Panchami Until 2:21AM Sun** **Moon – Blue** **Devaloka Day**
 Until 7:23PM **Jyeshtha-Vaikasi**
 Then Routine Work - Marana Yoga

6 Sunday, June 5, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mosul, Iraq
 Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 19 Sutra 49
 343555471 **Gulika** 3:44PM – 5:33PM **Ashlesha* Until 9:42PM** **Ganesha:** Clear **Sunrise:** 4:51AM Subhakit 5124
 Yama 12:06PM – 1:55PM **Vyaghata* Until 2:15AM Mon** **Muruqa:** Green **Sunset:** 7:22PM Moon 5 - Phase 7 - 19
Rahu 5:33PM – 7:22PM **Kaulava Until 3:19PM** **Nataraja:** Yellow 3rd Phase
 Creative Work Siddha Yoga **Shashthi* Until 4:08AM Mon** **Moon – Blue** **Devaloka Day**
 Until 9:42PM **Jyeshtha-Vaikasi**
 Then Routine Work - Marana Yoga

Monday, June 6, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mosul, Iraq
 Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 50
 353555471 **Gulika** 1:55PM – 3:44PM **Magha* Until 11:53PM** **Ganesha:** Purple **Sunrise:** 4:50AM Subhakit 5124
 Yama 10:17AM – 12:06PM **Harshana Until 2:21AM Tue** **Muruqa:** Green **Sunset:** 7:22PM Moon 5 - Phase 7 - 20
Rahu 6:39AM – 8:28AM **Gara Until 4:51PM** **Nataraja:** Yellow 3rd Phase
 Routine Work Marana Yoga **Saptami Until 5:23AM Tue** **Moon – Red** **Sivaloka Day**
 Until 11:53PM **Jyeshtha-Vaikasi**
 Then Creative Work - Siddha Yoga

Tuesday, June 7, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mosul, Iraq
 Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 51
 354555471 **Gulika** 12:07PM – 1:56PM **Purvaphalguni Until 1:18AM Wed** **Ganesha:** Clear **Sunrise:** 4:50AM Subhakit 5124
 Yama 8:28AM – 10:17AM **Vajra* Until 1:55AM Wed** **Muruqa:** Green **Sunset:** 7:23PM Moon 5 - Phase 7 - 21
Rahu 3:45PM – 5:34PM **Visti Until 5:48PM** **Nataraja:** Yellow Ashtami
 Creative Work Siddha Yoga **Ashtami* Until 6:00AM Wed** **Moon – Red** **Devaloka Day**
 Until 1:18AM Wed **Jyeshtha-Vaikasi**
 Then Creative Work - Amrita Yoga

Wednesday, June 8, 2022 Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mosul, Iraq
 Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 52
 354555471 **Gulika** 10:18AM – 12:07PM **Uttaraphalguni Until 1:51AM Thu** **Ganesha:** Clear **Sunrise:** 4:50AM Subhakit 5124
 Yama 6:39AM – 8:28AM **Siddhi Until 12:55AM Thu** **Muruqa:** Green **Sunset:** 7:23PM Moon 5 - Phase 7 - 22
Rahu 12:07PM – 1:56PM **Balava Until 6:03PM** **Nataraja:** Yellow Navami
 Creative Work Amrita Yoga **Ashtami* Until 6:00AM** **Moon – Red** **Devaloka Day**
 Until 1:51AM Thu **Jyeshtha-Vaikasi**
 Then Routine Work - Marana Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 53 Subhakarit 5124
	Kanya Rasi: 12.11	Tithi 10	Gulika 8:28AM – 10:18AM	Hasta Until 1:55AM Fri	Ganesha: White	<i>Sunrise:</i> 4:50AM	
			Yama 4:50AM – 6:39AM	Vyatipata* Until 11:19PM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8 - 23
	364555471		Rahu 1:56PM – 3:45PM	Taitila Until 5:31PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dashami Until 4:56AM Fri	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
	Until 1:55AM Fri			Jyeshtha-Vaikasi			
	Then Creative Work - Siddha Yoga						

2	Friday, June 10, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 54 Subhakarit 5124
	Kanya Rasi: 25.38	Tithi 11	Gulika 6:39AM – 8:28AM	Chitra Until 1:05AM Sat	Ganesha: White	<i>Sunrise:</i> 4:50AM	
			Yama 3:46PM – 5:35PM	Variyan Until 9:03PM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8 - 24
	364555471		Rahu 10:18AM – 12:07PM	Vanija Until 4:12PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 3:14AM Sat	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Jyeshtha-Vaikasi			

3	Saturday, June 11, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 55 Subhakarit 5124
	Tula Rasi: 9.32	Tithi 12	Gulika 4:50AM – 6:39AM	Svati Until 11:24PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
			Yama 1:57PM – 3:46PM	Parigha* Until 6:13PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 - 25
	364555471		Rahu 8:29AM – 10:18AM	Bava Until 2:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:51AM Sun	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Jyeshtha-Vaikasi			

4	Sunday, June 12, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 56 Subhakarit 5124
	Tula Rasi: 23.53	Tithi 13	Gulika 3:46PM – 5:36PM	Vishakha Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	
			Yama 12:07PM – 1:57PM	Shiva Until 2:53PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 - 26
	374555471		Rahu 5:36PM – 7:25PM	Kaulava Until 11:27AM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 9:53PM	Moon – Orange	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

5	Monday, June 13, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 57 Subhakarit 5124
	Vrischika Rasi: 8.38	Tithi 14	Gulika 1:57PM – 3:47PM	Anuradha Until 6:50PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	
			Yama 10:18AM – 12:08PM	Siddha Until 11:08AM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8 - 27
	374555471		Rahu 6:39AM – 8:29AM	Gara Until 8:15AM	Nataraja: Yellow		4th Phase
Family Home Evening			Chaturdashi* Until 6:30PM	Moon – Orange	Devaloka Day		
Creative Work	Siddha Yoga			Jyeshtha-Vaikasi			

	Tuesday, June 14, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sun 27 Sutra 58 Subhakarit 5124
	Vrischika Rasi: 23.4	Tithi 15 – 16	Gulika 12:08PM – 1:57PM	Jyeshtha* Until 3:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	
			Yama 8:29AM – 10:18AM	Sadhya Until 7:06AM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8 - Purnima
	374555471		Rahu 3:47PM – 5:36PM	Balava Until 12:57AM Wed	Nataraja: Yellow		
Routine Work	Marana Yoga		Purnima* Until 2:49PM	Moon – Orange	Devaloka Day		
	Until 3:52PM			Jyeshtha-Vaikasi			
	Then Creative Work - Amrita Yoga						

○	Wednesday, June 15, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Mosul, Iraq Sun 28 Sutra 59 Subhakarit 5124
	Dhanus Rasi: 8.52	Tithi 16 – 17	Gulika 10:18AM – 12:08PM	Mula* Until 1:02PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	
			Yama 6:39AM – 8:29AM	Sukla Until 10:44PM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8 - Prathama
	384555471		Rahu 12:08PM – 1:58PM	Taitila Until 9:09PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Prathama* Until 11:02AM	Moon – Light Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
	Until 1:02PM			Jyeshtha-Ani			
	Then Creative Work - Amrita Yoga						



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Visti* Karana Dviliya/Tritiyayam Titau

Mosul, Iraq Sun 1 Sutra 60 Subhakrit 5124

Dhanus Rasi: 24.03 Tithi 17 - 18

384555471

Gulika 8:29AM - 10:19AM
Yama 4:50AM - 6:39AM
Rahu 1:58PM - 3:48PM

Purvashadha* Until 10:08AM
Brahma Until 6:40PM
Visti Until 3:45AM Fri
Dvitiya Until 7:17AM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:27PM

Moon 6 - Phase 9 - 1
1st Phase

Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Mosul, Iraq Sun 2 Sutra 61 Subhakrit 5124

Makara Rasi: 9.04 Tithi 19

384555471

Gulika 6:40AM - 8:29AM
Yama 3:48PM - 5:37PM
Rahu 10:19AM - 12:08PM

Uttarashadha Until 7:21AM
Indra Until 2:51PM
Bava Until 2:07PM
Chaturthi* Until 12:34AM Sat

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:27PM

Moon 6 - Phase 9 - 2
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq Sun 3 Sutra 62 Subhakrit 5124

Makara Rasi: 23.48 Tithi 20

394655471

Gulika 4:50AM - 6:40AM
Yama 1:58PM - 3:48PM
Rahu 8:29AM - 10:19AM

Dhanishtha Until 3:29AM Sun
Vaidhriti* Until 11:23AM
Kaulava Until 11:11AM
Panchami Until 9:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:27PM

Moon 6 - Phase 9 - 3
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq Sun 4 Sutra 63 Subhakrit 5124

Kumbha Rasi: 8.08 Tithi 21

395655471

Gulika 3:48PM - 5:38PM
Yama 12:09PM - 1:59PM
Rahu 5:38PM - 7:28PM

Shatabhishak Until 2:16AM Mon
Vishkambha* Until 8:24AM
Gara Until 8:49AM
Shashthi* Until 7:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:28PM

Moon 6 - Phase 9 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Until 2:16AM Mon
Then Routine Work - Marana Yoga

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyani/Ayushman Yoga Visti*/Bava Karana Saplamyam Titau

Mosul, Iraq Sun 5 Sutra 64 Subhakrit 5124

Kumbha Rasi: 22.02 Tithi 22

315655471

Gulika 1:59PM - 3:49PM
Yama 10:19AM - 12:09PM
Rahu 6:40AM - 8:30AM

Purvaproshtapada* Until 2:05AM Tue
Variyan Until 6:00AM
Visti Until 7:08AM
Saptami Until 6:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:28PM

Moon 6 - Phase 9 - 5
1st Phase

Routine Work Marana Yoga

Devaloka Day

Until 2:05AM Tue
Then Creative Work - Amrita Yoga

●

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq Sun 6 Sutra 65 Subhakrit 5124

Meena Rasi: 5.29 Tithi 23

315655471

Gulika 12:09PM - 1:59PM
Yama 8:30AM - 10:20AM
Rahu 3:49PM - 5:38PM

Uttaraproshtapada Until 2:32AM Wed
Saubhagya Until 2:59AM Wed
Balava Until 6:12AM
Ashtami* Until 6:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:28PM

Moon 6 - Phase 9 - 6
Ashtami

Creative Work Amrita Yoga

Devaloka Day

Until 2:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq Sun 7 Sutra 66 Subhakrit 5124

Meena Rasi: 18.31 Tithi 24

315655471

Gulika 10:20AM - 12:10PM
Yama 6:40AM - 8:30AM
Rahu 12:10PM - 1:59PM

Revati Until 3:32AM Thu
Sobhana Until 2:24AM Thu
Taitila Until 6:03AM
Navami* Until 6:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:28PM

Moon 6 - Phase 9 - 7
Navami

Routine Work Marana Yoga

Devaloka Day

Until 3:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

www.gurudeva.org/panchang

1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Mosul, Iraq Sun 8 Sutra 67 Subhakrit 5124
Mesha Rasi: 1.11	Tithi 25	Gulika 8:30AM – 10:20AM	Ashvini Until 5:31AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	
		Yama 4:51AM – 6:41AM	Athiganda* Until 2:19AM Fri	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 8
	325655471	Rahu 1:59PM – 3:49PM	Vanija Until 6:38AM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 7:10PM	Moon – White		
Until 5:31AM Fri				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						


2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Mosul, Iraq Sun 9 Sutra 68 Subhakrit 5124
Mesha Rasi: 13.34	Tithi 26	Gulika 6:41AM – 8:31AM	Bharani Until 7:52AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	
		Yama 3:49PM – 5:39PM	Sukarma Until 2:41AM Sat	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 9
	325655471	Rahu 10:20AM – 12:10PM	Bava Until 7:53AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:41PM	Moon – White		
Until 7:52AM Sat				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Mosul, Iraq Sun 10 Sutra 69 Subhakrit 5124
Mesha Rasi: 25.43	Tithi 27	Gulika 4:52AM – 6:41AM	Bharani Until 7:52AM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	
		Yama 2:00PM – 3:49PM	Dhriti Until 3:23AM Sun	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 10
	325655471	Rahu 8:31AM – 10:21AM	Kaulava Until 9:39AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:40PM	Moon – White		
Until 7:52AM				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Mosul, Iraq Sun 11 Sutra 70 Subhakrit 5124
Vrishabha Rasi: 7.43	Tithi 28	Gulika 3:50PM – 5:39PM	Krittika Until 10:25AM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	
		Yama 12:10PM – 2:00PM	Shula* Until 4:17AM Mon	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 11
	325655471	Rahu 5:39PM – 7:29PM	Gara Until 11:48AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:57AM Mon	Moon – White		
				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Pradosha Vrata (Fasting)

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Mosul, Iraq Sun 12 Sutra 71 Subhakrit 5124
Vrishabha Rasi: 19.35	Tithi 29	Gulika 2:00PM – 3:50PM	Rohini Until 1:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:52AM	
Family Home Evening		Yama 10:21AM – 12:11PM	Ganda* Until 5:18AM Tue	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 12
	335655471	Rahu 6:42AM – 8:31AM	Visti Until 2:11PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:25AM Tue	Moon – Yellow		
				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Mosul, Iraq Sun 13 Sutra 72 Subhakrit 5124
Retreat Star		Gulika 12:11PM – 2:00PM	Mrigashira Until 4:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	
Mithuna Rasi: 1.26	Tithi 30	Yama 8:32AM – 10:21AM	Vriddhi Until 6:22AM Wed	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 13
	335655471	Rahu 3:50PM – 5:39PM	Catuspada Until 4:41PM	Nataraja: Yellow		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:55AM Wed	Moon – Yellow		
Until 4:37PM				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga						

Wednesday, June 29, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vriddhi/Dhruva Yoga Kintughna* Karana Prathamayam Titau		Mosul, Iraq Sun 14 Sutra 73 Subhakrit 5124
Mithuna Rasi: 13.15	Tithi 1	Gulika 10:21AM – 12:11PM	Ardra Until 7:30PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	
		Yama 6:42AM – 8:32AM	Vriddhi Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 14
	336655471	Rahu 12:11PM – 2:00PM	Kintughna Until 7:10PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:22AM Thu	Moon – Yellow		
				Ashada •Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

1		Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Mosul, Iraq Sun 15 Sutra 74 Subhakarit 5124
Mithuna Rasi: 25.05	Tithi 1 – 2	Gulika 8:32AM – 10:22AM	Punarvasu Until 10:38PM	Ganesha: Light Blue	Sunrise: 4:53AM	
		Yama 4:53AM – 6:43AM	Dhruva Until 7:22AM	Muruqa: Green	Sunset: 7:29PM	Moon 6 - Phase 11 - 15
		346655471 Rahu 2:01PM – 3:50PM	Balava Until 9:34PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Prathama* Until 8:22AM	Moon – Blue		
				Ashada*Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM
2		Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Mosul, Iraq Sun 16 Sutra 75 Subhakarit 5124
Kataka Rasi: 6.59	Tithi 2 – 3	Gulika 6:43AM – 8:33AM	Pushya Until 1:26AM Sat	Ganesha: Light Blue	Sunrise: 4:54AM	
		Yama 3:50PM – 5:40PM	Vyaghata* Until 8:16AM	Muruqa: Green	Sunset: 7:29PM	Moon 6 - Phase 11 - 16
		346655471 Rahu 10:22AM – 12:11PM	Taitila Until 11:47PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:41AM	Moon – Blue		
				Ashada*Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM
3		Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Mosul, Iraq Sun 17 Sutra 76 Subhakarit 5124
Kataka Rasi: 18.56	Tithi 3 – 4	Gulika 4:54AM – 6:44AM	Ashlesha* Until 3:49AM Sun	Ganesha: Light Blue	Sunrise: 4:54AM	
		Yama 2:01PM – 3:50PM	Harshana Until 9:02AM	Muruqa: Green	Sunset: 7:29PM	Moon 6 - Phase 11 - 17
		346655471 Rahu 8:33AM – 10:22AM	Vanija Until 1:45AM Sun	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 12:47PM	Moon – Blue		
				Ashada*Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM
4		Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Mosul, Iraq Sun 18 Sutra 77 Subhakarit 5124
Simha Rasi: 1.01	Tithi 4 – 5	Gulika 3:50PM – 5:40PM	Magha* Until 6:12AM Mon	Ganesha: Orange	Sunrise: 4:55AM	
		Yama 12:12PM – 2:01PM	Vajra* Until 9:34AM	Muruqa: Green	Sunset: 7:29PM	Moon 6 - Phase 11 - 18
		356655471 Rahu 5:40PM – 7:29PM	Bava Until 3:23AM Mon	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 2:36PM	Moon – Red		
Until 6:12AM Mon				Ashada*Ani		Devaloka Day
Then Creative Work - Siddha Yoga						
5		Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Mosul, Iraq Sun 19 Sutra 78 Subhakarit 5124
Simha Rasi: 13.13	Tithi 5 – 6	Gulika 2:01PM – 3:50PM	Magha* Until 6:12AM	Ganesha: Orange	Sunrise: 4:55AM	
Family Home Evening		Yama 10:23AM – 12:12PM	Siddhi Until 9:50AM	Muruqa: Green	Sunset: 7:29PM	Moon 6 - Phase 11 - 19
		356655471 Rahu 6:44AM – 8:34AM	Kaulava Until 4:35AM Tue	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Panchami Until 4:02PM	Moon – Red		
Until 6:12AM				Ashada*Ani		Devaloka Day
Then Creative Work - Siddha Yoga						
6		Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Mosul, Iraq Sun 20 Sutra 79 Subhakarit 5124
Simha Rasi: 25.37	Tithi 6 – 7	Gulika 12:12PM – 2:01PM	Purvaphalguni Until 7:59AM	Ganesha: Orange	Sunrise: 4:56AM	
		Yama 8:34AM – 10:23AM	Vyalipata* Until 9:45AM	Muruqa: Green	Sunset: 7:29PM	Moon 6 - Phase 11 - 20
		356655471 Rahu 3:50PM – 5:39PM	Gara Until 5:15AM Wed	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 4:58PM	Moon – Red		
Until 7:59AM		Chidambaram Abhishekam		Ashada*Ani		Devaloka Day
Then Creative Work - Amrita Yoga						
Retreat Star		Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Mosul, Iraq Sun 21 Sutra 80 Subhakarit 5124
Kanya Rasi: 8.16	Tithi 7 – 8	Gulika 10:23AM – 12:12PM	Uttaraphalguni Until 9:04AM	Ganesha: Clear	Sunrise: 4:56AM	
		Yama 6:45AM – 8:34AM	Variyan Until 9:12AM	Muruqa: Green	Sunset: 7:28PM	Moon 6 - Phase 11 - 21
		357655471 Rahu 12:12PM – 2:01PM	Visti Until 5:16AM Thu	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 5:19PM	Moon – Red		
Until 9:04AM				Ashada*Ani		Devaloka Day
Then Routine Work - Marana Yoga						
Retreat Star		Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Mosul, Iraq Sun 22 Sutra 81 Subhakarit 5124
Kanya Rasi: 21.13	Tithi 8 – 9	Gulika 8:35AM – 10:23AM	Hasta Until 9:50AM	Ganesha: Clear	Sunrise: 4:57AM	
		Yama 4:57AM – 6:46AM	Parigha* Until 8:08AM	Muruqa: Green	Sunset: 7:28PM	Moon 6 - Phase 11 - 22
		467655471 Rahu 2:01PM – 3:50PM	Balava Until 4:33AM Fri	Nataraja: Yellow		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 4:59PM	Moon – Green		
Until 9:50AM				Ashada*Ani		Devaloka Day
Then Creative Work - Siddha Yoga						
Retreat Star		Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Mosul, Iraq Sun 23 Sutra 82 Subhakarit 5124
Tula Rasi: 4.34	Tithi 9 – 10	Gulika 6:46AM – 8:35AM	Chitra Until 9:43AM	Ganesha: Clear	Sunrise: 4:57AM	
		Yama 3:50PM – 5:39PM	Shiva Until 6:31AM	Muruqa: Green	Sunset: 7:28PM	Moon 6 - Phase 11 - 23
		467655471 Rahu 10:24AM – 12:13PM	Taitila Until 3:07AM Sat	Nataraja: Yellow		Navami
Creative Work	Siddha Yoga		Navami* Until 3:55PM	Moon – Green		
				Ashada*Ani		Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20


www.gurudeva.org/panchang

1		Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 18.19	Tithi 10 - 11	Gulika	4:58AM - 6:47AM	Svati Until 8:43AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM		
		Yama	2:01PM - 3:50PM	Sadhya Until 1:27AM Sun	Muruqa: Green	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12 - 24	
467655471		Rahu	8:35AM - 10:24AM	Vanija Until 12:58AM Sun	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 2:07PM	Moon - Green			Devaloka Day
					Ashada*Ani			

2		Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 2.31	Tithi 11 - 12	Gulika	3:50PM - 5:39PM	Vishakha Until 7:20AM	Ganesha: White	<i>Sunrise:</i> 4:58AM		
		Yama	12:13PM - 2:01PM	Subha Until 10:09PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12 - 25	
477655471		Rahu	5:39PM - 7:27PM	Bava Until 10:13PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 11:39AM	Moon - Orange			Bhuloka Day
					Ashada*Ani			Devaloka Time: 6:PM to 9:PM

3		Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 17.08	Tithi 12 - 13	Gulika	2:01PM - 3:50PM	Jyeshtha* Until 2:31AM Tue	Ganesha: White	<i>Sunrise:</i> 4:59AM		
Family Home Evening		Yama	10:24AM - 12:13PM	Sukla Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12 - 26	
477655471		Rahu	6:47AM - 8:36AM	Kaulava Until 6:57PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 8:37AM	Moon - Orange			Bhuloka Day
Until 2:31AM Tue					Ashada*Ani			Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga								

4		Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 2.06	Tithi 14	Gulika	12:13PM - 2:01PM	Mula* Until 11:46PM	Ganesha: White	<i>Sunrise:</i> 5:00AM		
		Yama	8:36AM - 10:25AM	Brahma Until 2:22PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12 - 27	
488655471		Rahu	3:50PM - 5:38PM	Gara Until 3:20PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 1:26AM Wed	Moon - Light Blue			Sivaloka Day
Until 11:46PM					Ashada*Ani			
Then Creative Work - Siddha Yoga								

		Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi/Bava Karana Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 87 Subhakrit 5124
Dhanus Rasi: 17.16	Tithi 15	Gulika	10:25AM - 12:13PM	Purvashadha* Until 8:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM		
		Yama	6:48AM - 8:37AM	Indra Until 10:11AM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 -	
488755471		Rahu	12:13PM - 2:01PM	Visti Until 11:32AM	Nataraja: Yellow		Purnima	
Creative Work	Amrita Yoga			Purnima* Until 9:35PM	Moon - Light Blue			Devaloka Day
					Ashada*Ani			

Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Mosul, Iraq Sun 29 Sutra 88 Subhakrit 5124		
Silver Retreat Star		Gulika	8:37AM - 10:25AM	Uttarashadha Until 5:40PM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM		
Makara Rasi: 2.31	Tithi 16 - 17	Yama	5:01AM - 6:49AM	Vishkambha* Until 1:47AM Fri	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 -	
488755471		Rahu	2:01PM - 3:50PM	Balava Until 7:41AM	Nataraja: Yellow		Prathama	
Routine Work	Marana Yoga			Prathama* Until 5:47PM	Moon - Light Blue			Devaloka Day
Until 5:40PM					Ashada*Ani			
Then Creative Work - Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Mosul, Iraq
Sun 1
Sutra 89

Makara Rasi: 17.4 Tithi 17 - 18

Gulika 6:50AM - 8:37AM
Yama 3:49PM - 5:37PM
498755471 **Rahu** 10:25AM - 12:13PM

Shravana Until 3:04PM
Priti Until 9:54PM
Vanija Until 12:35AM Sat
Dvitiya Until 2:13PM

Ganesha: Blue *Sunrise: 5:02AM*
Muruqa: Green *Sunset: 7:25PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 3:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Mosul, Iraq
Sun 2
Sutra 90

Kumbha Rasi: 2.32 Tithi 18 - 19

Gulika 5:02AM - 6:50AM
Yama 2:01PM - 3:49PM
498755471 **Rahu** 8:38AM - 10:26AM

Dhanishtha Until 12:44PM
Ayushman Until 6:22PM
Bava Until 9:40PM
Tritiya Until 11:02AM

Ganesha: Blue *Sunrise: 5:02AM*
Muruqa: Green *Sunset: 7:25PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 12:44PM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 3
Sutra 91

Kumbha Rasi: 17.02 Tithi 19 - 20

Gulika 3:49PM - 5:37PM
Yama 12:14PM - 2:01PM
498755472 **Rahu** 5:37PM - 7:24PM

Shatabhishak Until 10:50AM
Saubhagya Until 3:22PM
Kaulava Until 7:22PM
Chaturthi* Until 8:25AM

Ganesha: Blue *Sunrise: 5:03AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: White
Moon - Purple
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Vanija Karana Panchami/Shashtyam Titau

Mosul, Iraq
Sun 4
Sutra 92

Meena Rasi: 1.04 Tithi 20 - 21

Gulika 2:01PM - 3:49PM
Yama 10:26AM - 12:14PM
418755472 **Rahu** 6:51AM - 8:39AM

Purvaproshtapada* Until 9:56AM
Sobhana Until 12:58PM
Vanija Until 5:22AM Tue
Panchami Until 6:29AM

Ganesha: White *Sunrise: 5:04AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening

Routine Work Marana Yoga
Until 9:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Mosul, Iraq
Sun 5
Sutra 93

Meena Rasi: 14.37 Tithi 22

Gulika 12:14PM - 2:01PM
Yama 8:39AM - 10:26AM
419755472 **Rahu** 3:48PM - 5:36PM

Uttaraproshtapada Until 9:42AM
Athiganda* Until 11:13AM
Visti Until 5:09PM
Saptami Until 5:06AM Wed

Ganesha: Clear *Sunrise: 5:04AM*
Muruqa: Green *Sunset: 7:23PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sun 6
Sutra 94

Meena Rasi: 27.41 Tithi 23

Gulika 10:27AM - 12:14PM
Yama 6:52AM - 8:39AM
419755472 **Rahu** 12:14PM - 2:01PM

Revati Until 10:10AM
Sukarma Until 10:11AM
Balava Until 5:19PM
Ashtami* Until 5:42AM Thu

Ganesha: Clear *Sunrise: 5:05AM*
Muruqa: Green *Sunset: 7:23PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila Karana Navamyam Titau

Mosul, Iraq
Sun 7
Sutra 95

Mesha Rasi: 10.2 Tithi 24

Gulika 8:40AM - 10:27AM
Yama 5:06AM - 6:53AM
429755472 **Rahu** 2:01PM - 3:48PM

Ashvini Until 11:46AM
Dhriti Until 9:49AM
Taitila Until 6:19PM
Navami* Until 7:03AM Fri

Ganesha: Purple *Sunrise: 5:06AM*
Muruqa: Green *Sunset: 7:22PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Amrita Yoga

Until 11:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq
	Mesha Rasi: 22.39	Tithi 24 – 25	Gulika 6:53AM – 8:40AM	Bharani Until 1:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Sun 8 Sutra 96
	429755472	Rahu 10:27AM – 12:14PM	Yama 3:48PM – 5:35PM	Shula* Until 9:59AM	Muruqa: Green	<i>Sunset:</i> 7:21PM	Subhakrit 5124
	Creative Work	Siddha Yoga		Vanija Until 7:59PM	Nataraja: White		Moon 7 - Phase 14 - 8 2nd Phase
			Navami* Until 7:03AM	Moon – White		Devaloka Day	
				Ashada*Adi			


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhhi Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Vrishabha Rasi: 4.44	Tithi 25 – 26	Gulika 5:07AM – 6:54AM	Krittika Until 4:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	Sun 9 Sutra 97
	429755472	Rahu 8:41AM – 10:27AM	Yama 2:01PM – 3:47PM	Ganda* Until 10:37AM	Muruqa: Green	<i>Sunset:</i> 7:21PM	Subhakrit 5124
	Creative Work	Amrita Yoga		Bava Until 10:08PM	Nataraja: White		Moon 7 - Phase 14 - 9 2nd Phase
			Dashami Until 8:59AM	Moon – White		Devaloka Day	
				Ashada*Adi			

3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Vrishabha Rasi: 16.38	Tithi 26 – 27	Gulika 3:47PM – 5:33PM	Rohini Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	Sun 10 Sutra 98
	429755472	Rahu 5:33PM – 7:20PM	Yama 12:14PM – 2:00PM	Vridhhi Until 11:32AM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Subhakrit 5124
	Creative Work	Siddha Yoga		Kaulava Until 12:34AM Mon	Nataraja: White		Moon 7 - Phase 14 - 10 2nd Phase
			Ekadashi* Until 11:18AM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Vrishabha Rasi: 28.29	Tithi 27 – 28	Gulika 2:00PM – 3:47PM	Mrigashira Until 10:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Sun 11 Sutra 99
	429755472	Rahu 6:55AM – 8:41AM	Yama 10:28AM – 12:14PM	Dhruva Until 12:34PM	Muruqa: Green	<i>Sunset:</i> 7:19PM	Subhakrit 5124
	Family Home Evening	Creative Work	Amrita Yoga	Gara Until 3:06AM Tue	Nataraja: White		Moon 7 - Phase 14 - 11 2nd Phase
			Dvadashi* Until 1:49PM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Mithuna Rasi: 10.17	Tithi 28 – 29	Gulika 12:14PM – 2:00PM	Ardra Until 1:30AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Sun 12 Sutra 100
	429755472	Rahu 3:46PM – 5:32PM	Yama 8:42AM – 10:28AM	Vyaghata* Until 1:38PM	Muruqa: Green	<i>Sunset:</i> 7:19PM	Subhakrit 5124
	Routine Work	Marana Yoga		Vistil Until 5:34AM Wed	Nataraja: White		Moon 7 - Phase 14 - 12 2nd Phase
			Trayodashi* Until 4:20PM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq
	Mithuna Rasi: 22.07	Tithi 29	Gulika 10:28AM – 12:14PM	Punarvasu Until 4:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Sun 13 Sutra 101
	441755472	Rahu 12:14PM – 2:00PM	Yama 6:56AM – 8:42AM	Harshana Until 2:37PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Subhakrit 5124
	Creative Work	Siddha Yoga		Sakuni Until 6:44PM	Nataraja: White		Moon 7 - Phase 14 - 13 2nd Phase
			Chaturdashi* Until 6:44PM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika 8:42AM – 10:28AM	Pushya Until 7:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Sun 14 Sutra 102
	Kataka Rasi: 4.02	Tithi 30	Yama 5:11AM – 6:57AM	Vajra* Until 3:26PM	Muruqa: Green	<i>Sunset:</i> 7:17PM	Subhakrit 5124
	441755472	Rahu 2:00PM – 3:45PM		Catuspada Until 7:52AM	Nataraja: White		Moon 7 - Phase 14 - 14 Amavasya
			Amavasya* Until 8:55PM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

Retreat Star	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq
	Retreat Star		Gulika 6:57AM – 8:43AM	Pushya Until 7:16AM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Sun 15 Sutra 103
	Kataka Rasi: 16.01	Tithi 1	Yama 3:45PM – 5:31PM	Siddhi Until 4:04PM	Muruqa: Green	<i>Sunset:</i> 7:16PM	Subhakrit 5124
	441755472	Rahu 10:28AM – 12:14PM		Kintughna Until 9:57AM	Nataraja: White		Moon 7 - Phase 14 - 15 Prathama
			Prathama* Until 10:51PM	Moon – Blue		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to 12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Mosul, Iraq Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 28.07	Tithi 2	Gulika 5:13AM – 6:58AM	Ashlesha* Until 9:31AM	Ganesha: Yellow	Sunrise: 5:13AM	
		Yama 1:59PM – 3:45PM	Vyatipata* Until 4:30PM	Muruqa: Green	Sunset: 7:15PM	Moon 7 - Phase 15 - 16
		441755472 Rahu 8:43AM – 10:29AM	Balava Until 11:44AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:29AM Sun	Moon – Blue		Bhuloka Day
Until 9:31AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Mosul, Iraq Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 10.2	Tithi 3	Gulika 3:44PM – 5:29PM	Magha* Until 11:48AM	Ganesha: Red	Sunrise: 5:13AM	
		Yama 12:14PM – 1:59PM	Varyan Until 4:39PM	Muruqa: Green	Sunset: 7:14PM	Moon 7 - Phase 15 - 17
		451755472 Rahu 5:29PM – 7:14PM	Taitila Until 1:12PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:47AM Mon	Moon – Red		Bhuloka Day
Until 11:48AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Mosul, Iraq Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 22.43	Tithi 4	Gulika 1:59PM – 3:44PM	Purvaphalguni Until 1:35PM	Ganesha: Red	Sunrise: 5:14AM	
Family Home Evening		Yama 10:29AM – 12:14PM	Parigha* Until 4:32PM	Muruqa: Green	Sunset: 7:13PM	Moon 7 - Phase 15 - 18
		451755472 Rahu 6:59AM – 8:44AM	Vanija Until 2:19PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:43AM Tue	Moon – Red		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

4 Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 5.15	Tithi 5	Gulika 12:14PM – 1:58PM	Uttaraphalguni Until 2:48PM	Ganesha: Red	Sunrise: 5:15AM	
		Yama 8:44AM – 10:29AM	Shiva Until 4:06PM	Muruqa: Green	Sunset: 7:13PM	Moon 7 - Phase 15 - 19
		451755472 Rahu 3:43PM – 5:28PM	Bava Until 3:02PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 3:12AM Wed	Moon – Red		Bhuloka Day
Until 2:48PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

5 Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 18	Tithi 6	Gulika 10:29AM – 12:14PM	Hasta Until 3:53PM	Ganesha: Blue	Sunrise: 5:16AM	
		Yama 7:00AM – 8:45AM	Siddha Until 3:17PM	Muruqa: Green	Sunset: 7:12PM	Moon 7 - Phase 15 - 20
		461755472 Rahu 12:14PM – 1:58PM	Kaulava Until 3:17PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 3:11AM Thu	Moon – Green		Devaloka Day
Until 3:53PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

6 Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq Sun 21 Sutra 109 Subhakrit 5124
Tula Rasi: 0.59	Tithi 7	Gulika 8:45AM – 10:29AM	Chitra Until 4:17PM	Ganesha: Blue	Sunrise: 5:16AM	
		Yama 5:16AM – 7:01AM	Sadhya Until 2:03PM	Muruqa: Green	Sunset: 7:11PM	Moon 7 - Phase 15 - 21
		461755472 Rahu 1:58PM – 3:42PM	Gara Until 3:00PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:37AM Fri	Moon – Green		Devaloka Day
Until 4:17PM				Sravana*Adi		
Then Creative Work - Amrita Yoga						

Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq Sun 22 Sutra 110 Subhakrit 5124
Retreat Star		Gulika 7:01AM – 8:45AM	Svati Until 3:58PM	Ganesha: Blue	Sunrise: 5:17AM	
Tula Rasi: 14.17	Tithi 8	Yama 3:42PM – 5:26PM	Subha Until 12:22PM	Muruqa: White	Sunset: 7:10PM	Moon 7 - Phase 15 - 22
		461765472 Rahu 10:29AM – 12:13PM	Visti Until 2:07PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:26AM Sat	Moon – Green		Devaloka Day
				Sravana*Adi		
		Varalakshmi Vratam				

Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq Sun 23 Sutra 111 Subhakrit 5124
Retreat Star		Gulika 5:18AM – 7:02AM	Vishakha Until 3:19PM	Ganesha: White	Sunrise: 5:18AM	
Tula Rasi: 27.56	Tithi 9	Yama 1:57PM – 3:41PM	Sukla Until 10:09AM	Muruqa: White	Sunset: 7:09PM	Moon 7 - Phase 15 - 23
		472765472 Rahu 8:46AM – 10:30AM	Balava Until 12:38PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 11:38PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 11.56	Tithi 10	Gulika 3:40PM – 5:24PM	Anuradha Until 1:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	
		Yama 12:13PM – 1:57PM	Brahma Until 7:28AM	Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 16 - 24
472865472	Rahu 5:24PM – 7:08PM		Taitila Until 10:32AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 9:16PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 25 Sutra 113 Subhakrit 5124
Vrischika Rasi: 26.2	Tithi 11	Gulika 1:56PM – 3:40PM	Jyeshtha* Until 11:53AM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	
Family Home Evening		Yama 10:30AM – 12:13PM	Vaidhriti* Until 12:48AM Tue	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 16 - 25
472865472	Rahu 7:03AM – 8:46AM		Vanija Until 7:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:25PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 11.02	Tithi 12 – 13	Gulika 12:13PM – 1:56PM	Mula* Until 9:41AM	Ganesha: White	<i>Sunrise:</i> 5:20AM	
		Yama 8:47AM – 10:30AM	Vishkambha* Until 8:59PM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 16 - 26
482865472	Rahu 3:39PM – 5:22PM		Kaulava Until 1:28AM Wed	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 3:10PM	Moon – Light Blue		Devaloka Day
Until 9:41AM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 115 Subhakrit 5124
Dhanus Rasi: 25.59	Tithi 13 – 14	Gulika 10:30AM – 12:13PM	Purvashadha* Until 7:04AM	Ganesha: White	<i>Sunrise:</i> 5:21AM	
		Yama 7:04AM – 8:47AM	Priti Until 5:01PM	Muruqa: White	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16 - 27
482865472	Rahu 12:13PM – 1:56PM		Gara Until 9:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:41AM	Moon – Light Blue		Devaloka Day
				Sravana*Adi		

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 116 Subhakrit 5124
Makara Rasi: 11.02	Tithi 14 – 15	Gulika 8:47AM – 10:30AM	Shravana Until 1:36AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	
		Yama 5:22AM – 7:05AM	Ayushman Until 12:59PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16 -
492865472	Rahu 1:55PM – 3:38PM		Visti Until 6:20PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:06AM	Moon – Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 117 Subhakrit 5124
Makara Rasi: 26.04	Tithi 16	Gulika 7:05AM – 8:48AM	Dhanishtha Until 11:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	
		Yama 3:37PM – 5:20PM	Saubhagya Until 9:02AM	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16 -
492865472	Rahu 10:30AM – 12:13PM		Balava Until 2:55PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:18AM Sat	Moon – Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvityayam Titau

Mosul, Iraq
Sutra 118

Kumbha Rasi: 10.53 Tithi 17

Gulika 5:24AM – 7:06AM
Yama 1:55PM – 3:37PM
492865472 **Rahu** 8:48AM – 10:30AM

Shatabhishak **Until 8:51PM**
Athiganda* **Until 1:59AM** Sun
Taitila **Until 11:50AM**
Dvitiya **Until 10:26PM**

Ganesha: Clear *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: White
Moon – Purple

Subhakrit 5124
Moon 8 - Phase 17 -
1st Phase

Creative Work Amrita Yoga
Until 8:51PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Mosul, Iraq
Sun 1 Sutra 119

Kumbha Rasi: 25.23 Tithi 18

Gulika 3:36PM – 5:18PM
Yama 12:12PM – 1:54PM
412865472 **Rahu** 5:18PM – 7:00PM

Purvaproshtapada* **Until 7:27PM**
Sukarma **Until 11:08PM**
Vanija **Until 9:13AM**
Tritiya **Until 8:08PM**

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 7:00PM
Nataraja: White
Moon – Clear

Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Creative Work Siddha Yoga
Until 7:27PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Mosul, Iraq
Sun 2 Sutra 120

Meena Rasi: 9.27 Tithi 19

Family Home Evening 412865472

Gulika 1:54PM – 3:35PM
Yama 10:30AM – 12:12PM
Rahu 7:07AM – 8:49AM

Uttaraproshtapada **Until 6:37PM**
Dhriti **Until 8:53PM**
Bava **Until 7:16AM**
Chaturthi* **Until 6:33PM**

Ganesha: Yellow *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 6:59PM
Nataraja: White
Moon – Clear

Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Mosul, Iraq
Sun 3 Sutra 121

Meena Rasi: 23.02 Tithi 20 – 21

Gulika 12:12PM – 1:53PM
Yama 8:49AM – 10:30AM
412865472 **Rahu** 3:35PM – 5:16PM

Revati **Until 6:27PM**
Shula* **Until 7:18PM**
Kaulava **Until 6:05AM**
Panchami **Until 5:48PM**

Ganesha: Yellow *Sunrise:* 5:26AM
Muruqa: White *Sunset:* 6:57PM
Nataraja: White
Moon – Clear

Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 4 Sutra 122

Mesha Rasi: 6.1 Tithi 21 – 22

Gulika 10:30AM – 12:12PM
Yama 7:08AM – 8:49AM
522865472 **Rahu** 12:12PM – 1:53PM

Ashvini **Until 7:27PM**
Ganda* **Until 6:25PM**
Visti **Until 6:19AM** Thu
Shashthi* **Until 5:55PM**

Ganesha: Yellow *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 6:56PM
Nataraja: White
Moon – White

Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Routine Work Marana Yoga
Until 7:27PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq
Sun 5 Sutra 123

Mesha Rasi: 18.51 Tithi 22

Gulika 8:50AM – 10:30AM
Yama 5:28AM – 7:09AM
522865472 **Rahu** 1:52PM – 3:33PM

Bharani **Until 9:06PM**
Vriddhi **Until 6:12PM**
Visti **Until 6:19AM**
Saptami **Until 6:53PM**

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 6:55PM
Nataraja: White
Moon – White

Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Creative Work Siddha Yoga
Until 9:06PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sun 6 Sutra 124

Vrishabha Rasi: 1.12 Tithi 23

Gulika 7:09AM – 8:50AM
Yama 3:32PM – 5:13PM
523865472 **Rahu** 10:30AM – 12:11PM

Krittika **Until 11:16PM**
Dhruva **Until 6:30PM**
Balava **Until 7:40AM**
Ashtami* **Until 8:33PM**

Ganesha: White *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 6:54PM
Nataraja: White
Moon – White

Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Creative Work Siddha Yoga
Until 11:16PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq
Sun 7 Sutra 125

Vrishabha Rasi: 13.17 Tithi 24

Gulika 5:29AM – 7:10AM
Yama 1:51PM – 3:32PM
533865472 **Rahu** 8:50AM – 10:30AM

Rohini **Until 2:13AM** Sun
Vyaghata* **Until 7:13PM**
Taitila **Until 9:37AM**
Navami* **Until 10:44PM**

Ganesha: Yellow *Sunrise:* 5:29AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: White
Moon – Yellow

Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Creative Work Amrita Yoga
Until 2:13AM Sun
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1		Sunday, August 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq Sun 8 Sutra 126 Subhakarit 5124
Wishabha Rasi: 25.11	Tithi 25	Gulika 3:31PM – 5:11PM	Mrigashira Until 5:14AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM			
		Yama 12:11PM – 1:51PM	Harshana Until 8:11PM	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 18 - 8		
533865472	Rahu 5:11PM – 6:51PM		Vanija Until 11:57AM	Nataraja: White		2nd Phase		
Creative Work	Siddha Yoga		Dashami Until 1:10AM Mon	Moon – Yellow			Bhuloka Day	Devaloka Time: 6:AM to 9:AM
				Sravana-Avani				

2		Monday, August 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 9 Sutra 127 Subhakarit 5124
Mithuna Rasi: 7.02	Tithi 26	Gulika 1:50PM – 3:30PM	Ardra Until 8:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM			
Family Home Evening		Yama 10:31AM – 12:10PM	Vajra* Until 9:11PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 18 - 9		
533865472	Rahu 7:11AM – 8:51AM		Bava Until 2:27PM	Nataraja: White		2nd Phase		
Creative Work	Siddha Yoga		Ekadashi* Until 3:40AM Tue	Moon – Yellow			Bhuloka Day	Devaloka Time: 6:AM to 9:AM
				Sravana-Avani				

3		Tuesday, August 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq Sun 10 Sutra 128 Subhakarit 5124
Mithuna Rasi: 18.52	Tithi 27	Gulika 12:10PM – 1:50PM	Ardra Until 8:05AM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM			
		Yama 8:51AM – 10:31AM	Siddhi Until 10:07PM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 18 - 10		
533865472	Rahu 3:29PM – 5:09PM		Kaulava Until 4:54PM	Nataraja: White		2nd Phase		
Routine Work	Marana Yoga		Dvadashi* Until 6:02AM Wed	Moon – Yellow			Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Until 8:05AM				Sravana-Avani				
Then Creative Work - Siddha Yoga								

4		Wednesday, August 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 11 Sutra 129 Subhakarit 5124
Kataka Rasi: 0.46	Tithi 27 – 28	Gulika 10:31AM – 12:10PM	Punarvasu Until 11:08AM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM			
		Yama 7:12AM – 8:51AM	Vyatipata* Until 10:54PM	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 18 - 11		
533865472	Rahu 12:10PM – 1:49PM		Gara Until 7:08PM	Nataraja: White		2nd Phase		
Creative Work	Siddha Yoga		Dvadashi* Until 6:02AM	Moon – Blue			Bhuloka Day	
				Sravana-Avani				
				<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, August 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 12 Sutra 130 Subhakarit 5124
Kataka Rasi: 12.46	Tithi 28 – 29	Gulika 8:51AM – 10:31AM	Pushya Until 1:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM			
		Yama 5:33AM – 7:12AM	Variyan Until 11:24PM	Muruqa: White	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 18 - 12		
533865472	Rahu 1:49PM – 3:28PM		Visti Until 9:04PM	Nataraja: White		2nd Phase		
Creative Work	Amrita Yoga		Trayodashi* Until 8:08AM	Moon – Blue			Bhuloka Day	
Until 1:45PM				Sravana-Avani				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, August 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq Sun 13 Sutra 131 Subhakarit 5124
Kataka Rasi: 24.53	Tithi 29 – 30	Gulika 7:13AM – 8:52AM	Ashlesha* Until 3:51PM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM			
		Yama 3:27PM – 5:06PM	Parigha* Until 11:38PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 18 - 13		
533865472	Rahu 10:30AM – 12:09PM		Catuspada Until 10:38PM	Nataraja: White		Amavasya		
Routine Work	Marana Yoga		Chaturdashi* Until 9:53AM	Moon – Blue			Bhuloka Day	
				Sravana-Avani				

Retreat Star		Saturday, August 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq Sun 14 Sutra 132 Subhakarit 5124
Simha Rasi: 7.1	Tithi 30 – 1	Gulika 5:35AM – 7:13AM	Magha* Until 5:54PM	Ganesha: Blue	<i>Sunrise:</i> 5:35AM			
		Yama 1:48PM – 3:26PM	Shiva Until 11:35PM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 18 - 14		
533865472	Rahu 8:52AM – 10:30AM		Kintughna Until 11:49PM	Nataraja: White		Prathama		
Creative Work	Amrita Yoga		Amavasya* Until 11:15AM	Moon – Red			Bhuloka Day	
Until 5:54PM				Bhadrapada-Avani				
Then Creative Work - Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1 Sunday, August 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 15 Sutra 133 Subhakit 5124
Simha Rasi: 19.37	Tithi 1 – 2	Gulika 3:25PM – 5:04PM	Purvaphalguni Until 7:24PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	
		Yama 12:09PM – 1:47PM	Siddha Until 11:11PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 19 - 15
	553865473	Rahu 5:04PM – 6:42PM	Balava Until 12:36AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 12:14PM	Moon – Red		Bhuloka Day
Until 7:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq Sun 16 Sutra 134 Subhakit 5124
Kanya Rasi: 2.15	Tithi 2 – 3	Gulika 1:46PM – 3:24PM	Uttaraphalguni Until 8:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	
Family Home Evening		Yama 10:30AM – 12:08PM	Sadhya Until 10:30PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 19 - 16
	553865473	Rahu 7:14AM – 8:52AM	Taitila Until 12:59AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:49PM	Moon – Red		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtayam Titau				Mosul, Iraq Sun 17 Sutra 135 Subhakit 5124
Kanya Rasi: 15.04	Tithi 3 – 4	Gulika 12:08PM – 1:46PM	Hasta Until 9:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:37AM	
		Yama 8:53AM – 10:30AM	Subha Until 9:32PM	Muruqa: White	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19 - 17
	563865473	Rahu 3:24PM – 5:01PM	Vanija Until 1:00AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:01PM	Moon – Green		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq Sun 18 Sutra 136 Subhakit 5124
Kanya Rasi: 28.04	Tithi 4 – 5	Gulika 10:30AM – 12:08PM	Chitra Until 9:39PM	Ganesha: Blue	<i>Sunrise:</i> 5:38AM	
		Yama 7:15AM – 8:53AM	Sukla Until 8:14PM	Muruqa: White	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19 - 18
	563865473	Rahu 12:08PM – 1:45PM	Bava Until 12:38AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:51PM	Moon – Green		Bhuloka Day
		Ganesha Chaturthi		Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

5 Thursday, September 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq Sun 19 Sutra 137 Subhakit 5124
Tula Rasi: 11.16	Tithi 5 – 6	Gulika 8:53AM – 10:30AM	Svati Until 9:30PM	Ganesha: Red	<i>Sunrise:</i> 5:39AM	
		Yama 5:39AM – 7:16AM	Brahma Until 6:38PM	Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19 - 19
	563965473	Rahu 1:45PM – 3:22PM	Kaulava Until 11:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 12:17PM	Moon – Green		Devaloka Day
Until 9:30PM				Bhadrapada*Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq Sun 20 Sutra 138 Subhakit 5124
Tula Rasi: 24.41	Tithi 6 – 7	Gulika 7:16AM – 8:53AM	Vishakha Until 9:14PM	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	
		Yama 3:21PM – 4:58PM	Indra Until 4:43PM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19 - 20
	573965473	Rahu 10:30AM – 12:07PM	Gara Until 10:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:18AM	Moon – Orange		Sivaloka Day
				Bhadrapada*Avani		

Retreat Star 7 Saturday, September 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 21 Sutra 139 Subhakit 5124
Vrischika Rasi: 8.2	Tithi 7 – 8	Gulika 5:40AM – 7:17AM	Anuradha Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	
		Yama 1:44PM – 3:20PM	Vaidhriti* Until 2:26PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19 - 21
	574965473	Rahu 8:54AM – 10:30AM	Visti Until 9:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 9:55AM	Moon – Orange		Devaloka Day
				Bhadrapada*Avani		

Retreat Star 8 Sunday, September 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 22 Sutra 140 Subhakit 5124
Vrischika Rasi: 22.15	Tithi 8 – 9	Gulika 3:19PM – 4:56PM	Jyeshtha* Until 7:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM	
		Yama 12:07PM – 1:43PM	Vishkambha* Until 11:49AM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 19 - 22
	574965473	Rahu 4:56PM – 6:32PM	Balava Until 7:05PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 8:07AM	Moon – Orange		Devaloka Day
Until 7:01PM				Bhadrapada*Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1		Monday, September 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 141 Subhakarit 5124
Dhanus Rasi: 6.25	Tithi 10	Gulika	1:42PM – 3:18PM	Mula* Until 5:32PM	Ganesha: White	<i>Sunrise:</i> 5:42AM		
Family Home Evening	584965473	Yama	10:30AM – 12:06PM	Priti Until 8:55AM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20 - 23	
Creative Work	Siddha Yoga	Rahu	7:18AM – 8:54AM	Taitila Until 4:42PM	Nataraja: Clear		4th Phase	
Until 5:32PM				Dashami Until 3:22AM Tue	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 142 Subhakarit 5124
Dhanus Rasi: 20.5	Tithi 11	Gulika	12:06PM – 1:42PM	Purvashadha* Until 3:36PM	Ganesha: White	<i>Sunrise:</i> 5:43AM		
	584965473	Yama	8:54AM – 10:30AM	Saubhagya Until 2:16AM Wed	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20 - 24	
Creative Work	Siddha Yoga	Rahu	3:17PM – 4:53PM	Vanija Until 2:00PM	Nataraja: Clear		4th Phase	
Until 3:36PM				Ekadashi Until 12:33AM Wed	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabararishta Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 143 Subhakarit 5124
Makara Rasi: 5.25	Tithi 12	Gulika	10:30AM – 12:06PM	Uttarashadha Until 1:20PM	Ganesha: White	<i>Sunrise:</i> 5:43AM		
	584965473	Yama	7:19AM – 8:54AM	Sobhana Until 10:44PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20 - 25	
Creative Work	Amrita Yoga	Rahu	12:06PM – 1:41PM	Bava Until 11:05AM	Nataraja: Clear		4th Phase	
Until 1:20PM				Dvadashi Until 9:34PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4		Thursday, September 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 144 Subhakarit 5124
Makara Rasi: 20.07	Tithi 13	Gulika	8:55AM – 10:30AM	Shravana Until 11:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		
	594965473	Yama	5:44AM – 7:19AM	Athiganda* Until 7:09PM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20 - 26	
Creative Work	Siddha Yoga	Rahu	1:40PM – 3:16PM	Kaulava Until 8:04AM	Nataraja: Clear		4th Phase	
				Trayodashi Until 6:33PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam			Bhadrapada*Avani			
				<i>Pradosha Vrata</i>				

5		Friday, September 9, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarna/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sun 27 Sutra 145 Subhakarit 5124
Kumbha Rasi: 4.47	Tithi 14 – 15	Gulika	7:20AM – 8:55AM	Dhanishtha Until 9:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		
	594965473	Yama	3:15PM – 4:50PM	Sukarna Until 3:40PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20 - 27	
Creative Work	Siddha Yoga	Rahu	10:30AM – 12:05PM	Visti Until 2:17AM Sat	Nataraja: Clear		4th Phase	
				Chaturdashi* Until 3:38PM	Moon – Purple		Devaloka Day	
					Bhadrapada*Avani			

		Saturday, September 10, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sun 28 Sutra 146 Subhakarit 5124
Kumbha Rasi: 19.19	Tithi 15 – 16	Gulika	5:46AM – 7:20AM	Shatabhishak Until 6:58AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
	594965473	Yama	1:39PM – 3:14PM	Dhriti Until 12:25PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20 - Purnima	
Creative Work	Amrita Yoga	Rahu	8:55AM – 10:30AM	Balava Until 11:49PM	Nataraja: Clear			
Until 6:58AM				Purnima* Until 12:59PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani			

Sunday, September 11, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 29 Sutra 147 Subhakarit 5124		
Silver Retreat Star		Gulika	3:13PM – 4:47PM	Uttaraproshtapada Until 4:27AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:47AM		
Meena Rasi: 4	Tithi 16 – 17	Yama	12:04PM – 1:39PM	Shula* Until 9:28AM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20 - Prathama	
	514965473	Rahu	4:47PM – 6:22PM	Taitila Until 9:51PM	Nataraja: Clear			
Creative Work	Amrita Yoga			Prathama* Until 10:45AM	Moon – Clear		Devaloka Day	
Until 4:27AM Mon		Grandparent's Day			Bhadrapada*Avani			
Then Creative Work - Siddha Yoga								

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Ganda*Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq
Sun 1
Sutra 148

Meena Rasi: 17.32 Tithi 17 - 18

Family Home Evening

514965473

Gulika

1:38PM - 3:12PM

Yama

10:30AM - 12:04PM

Rahu

7:21AM - 8:56AM

Revati Until 3:55AM Tue

Ganda* Until 6:59AM

Vanija Until 8:31PM

Dvitiya Until 9:05AM

Ganesha: Clear

Sunrise: 5:47AM

Muruqa: White

Sunset: 6:20PM

Nataraja: Clear

Moon - Clear

Devaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Tuesday, September 13, 2022

1

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Mosul, Iraq
Sun 2
Sutra 149

Mesha Rasi: 1.04 Tithi 18 - 19

Creative Work Siddha Yoga

524965473

Gulika

12:03PM - 1:37PM

Yama

8:56AM - 10:30AM

Rahu

3:11PM - 4:45PM

Ashvini Until 4:25AM Wed

Dhruva Until 3:44AM Wed

Bava Until 7:56PM

Tritiya Until 8:06AM

Ganesha: White

Sunrise: 5:48AM

Muruqa: White

Sunset: 6:19PM

Nataraja: Clear

Moon - White

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

Wednesday, September 14, 2022

2

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 3
Sutra 150

Mesha Rasi: 14.1 Tithi 19 - 20

Creative Work Siddha Yoga

Until 5:34AM Thu

Then Routine Work - Marana Yoga

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Gulika

10:30AM - 12:03PM

Yama

7:22AM - 8:56AM

Rahu

12:03PM - 1:37PM

Bharani Until 5:34AM Thu

Vyaghata* Until 3:03AM Thu

Kaulava Until 8:09PM

Chaturthi* Until 7:55AM

Ganesha: White

Sunrise: 5:49AM

Muruqa: White

Sunset: 6:17PM

Nataraja: Clear

Moon - White

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

Thursday, September 15, 2022

3

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Mosul, Iraq
Sun 4
Sutra 151

Mesha Rasi: 26.53 Tithi 20 - 21

Routine Work Marana Yoga

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Gulika

8:56AM - 10:29AM

Yama

5:50AM - 7:23AM

Rahu

1:36PM - 3:09PM

Krittika Until 7:17AM Fri

Harshana Until 2:59AM Fri

Gara Until 9:08PM

Panchami Until 8:32AM

Ganesha: Clear

Sunrise: 5:50AM

Muruqa: White

Sunset: 6:16PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Avani

Friday, September 16, 2022

4

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 5
Sutra 152

Vrishabha Rasi: 9.15 Tithi 21 - 22

Creative Work Siddha Yoga

Until 7:17AM

Then Routine Work - Marana Yoga

525965473

Gulika

7:23AM - 8:56AM

Yama

3:08PM - 4:41PM

Rahu

10:29AM - 12:02PM

Krittika Until 7:17AM

Vajra* Until 3:22AM Sat

Visti Until 10:49PM

Shashthi* Until 9:53AM

Ganesha: Clear

Sunrise: 5:50AM

Muruqa: White

Sunset: 6:14PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Avani

Saturday, September 17, 2022

5

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sun 6
Sutra 153

Vrishabha Rasi: 21.22 Tithi 22 - 23

Creative Work Amrita Yoga

Until 9:55AM

Then Creative Work - Siddha Yoga

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Gulika

5:51AM - 7:24AM

Yama

1:35PM - 3:07PM

Rahu

8:57AM - 10:29AM

Rohini Until 9:55AM

Siddhi Until 4:06AM Sun

Balava Until 12:58AM Sun

Saptami Until 11:50AM

Ganesha: White

Sunrise: 5:51AM

Muruqa: White

Sunset: 6:13PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Sunday, September 18, 2022

6

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sun 7
Sutra 154

Mithuna Rasi: 3.19 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Gulika

3:07PM - 4:39PM

Yama

12:02PM - 1:34PM

Rahu

4:39PM - 6:11PM

Mrigashira Until 12:44PM

Vyatipata* Until 5:01AM Mon

Taitila Until 3:23AM Mon

Ashtami* Until 2:09PM

Ganesha: White

Sunrise: 5:52AM

Muruqa: White

Sunset: 6:11PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1	Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 8 Sutra 155
	Mithuna Rasi: 15.11	Tithi 24 – 25	Gulika 1:33PM – 3:06PM	Ardra Until 3:33PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	Subhakit 5124
	Family Home Evening	535965473	Yama 10:29AM – 12:01PM	Variyan Until 5:54AM Tue	Muruqa: White	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		Rahu 7:25AM – 8:57AM	Vanija Until 5:49AM Tue	Nataraja: Clear		2nd Phase
Until 3:33PM			Navami* Until 4:36PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Amrita Yoga						Bhadrapada-Puratasi	

2	Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu Nakshatra Parigha* Yoga Visti* Karana Dashamyam Titau				Mosul, Iraq Sun 9 Sutra 156
	Mithuna Rasi: 27.04	Tithi 25	Gulika 12:01PM – 1:33PM	Punarvasu Until 6:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Subhakit 5124
		545965473	Yama 8:57AM – 10:29AM	Parigha* Until 6:40AM Wed	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 3:05PM – 4:37PM	Visti Until 6:58PM	Nataraja: Clear		2nd Phase
			Dashami Until 6:58PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

3	Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 10 Sutra 157
	Kataka Rasi: 9	Tithi 26	Gulika 10:29AM – 12:01PM	Pushya Until 9:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Subhakit 5124
		545965473	Yama 7:26AM – 8:57AM	Parigha* Until 6:40AM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 12:01PM – 1:32PM	Bava Until 8:05AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 9:04PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

4	Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvodashyam Titau				Mosul, Iraq Sun 11 Sutra 158
	Kataka Rasi: 21.05	Tithi 27	Gulika 8:58AM – 10:29AM	Ashlesha* Until 11:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	Subhakit 5124
		545965473	Yama 5:55AM – 7:26AM	Shiva Until 7:12AM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:32PM – 3:03PM	Kaulava Until 9:59AM	Nataraja: Clear		2nd Phase
Until 11:20PM			Dvadashi* Until 10:46PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga						Bhadrapada-Puratasi	

5	Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq Sun 12 Sutra 159
	Simha Rasi: 3.19	Tithi 28	Gulika 7:27AM – 8:58AM	Magha* Until 1:18AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:56AM	Subhakit 5124
		555965473	Yama 3:02PM – 4:33PM	Siddha Until 7:21AM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:29AM – 12:00PM	Gara Until 11:27AM	Nataraja: Clear		2nd Phase
Until 1:18AM Sat			Trayodashi* Until 11:59PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga						Bhadrapada-Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

6	Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq Sun 13 Sutra 160
	Simha Rasi: 15.47	Tithi 29	Gulika 5:57AM – 7:27AM	Purvaphalguni Until 2:36AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:57AM	Subhakit 5124
		556965473	Yama 1:30PM – 3:01PM	Sadhya Until 7:09AM	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 8:58AM – 10:29AM	Visti Until 12:26PM	Nataraja: Clear		2nd Phase
Until 2:36AM Sun			Chaturdashi* Until 12:42AM Sun	Moon – Red		Bhuloka Day	
Then Creative Work - Amrita Yoga						Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM	

●	Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq Sun 14 Sutra 161
	Retreat Star		Gulika 3:00PM – 4:31PM	Uttaraphalguni Until 3:15AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Subhakit 5124
	Simha Rasi: 28.28	Tithi 30	Yama 11:59AM – 1:30PM	Subha Until 6:34AM	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 22 - 14
		556165473	Rahu 4:31PM – 6:01PM	Catuspada Until 12:53PM	Nataraja: Clear		Amavasya
Creative Work Amrita Yoga			Amavasya* Until 12:54AM Mon	Moon – Red		Bhuloka Day	
Until 3:15AM Mon		Mahalaya Amavasai (Tamil Nadu)				Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

●	Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq Sun 15 Sutra 162
	Retreat Star		Gulika 1:29PM – 2:59PM	Hasta Until 3:45AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Subhakit 5124
	Kanya Rasi: 11.24	Tithi 1	Yama 10:29AM – 11:59AM	Brahma Until 4:11AM Tue	Muruqa: White	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 22 - 15
		566165473	Rahu 7:28AM – 8:59AM	Kintughna Until 12:50PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 12:38AM Tue	Moon – Green		Bhuloka Day	
		Navaratri Begins				Ashvina-Puratasi Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Mosul, Iraq Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 24.34	Tithi 2	Gulika 11:59AM – 1:28PM	Chitra Until 3:41AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:59AM	Muruqa: White <i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 16
			Yama 8:59AM – 10:29AM	Indra Until 2:31AM Wed	Nataraja: Clear		3rd Phase
	566165473	Rahu 2:58PM – 4:28PM	Balava Until 12:21PM	Dvitiya Until 11:57PM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Mosul, Iraq Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 7.57	Tithi 3	Gulika 10:29AM – 11:58AM	Svati Until 3:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:00AM	Muruqa: White <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23 - 17
			Yama 7:29AM – 8:59AM	Vaidhriti* Until 12:32AM Thu	Nataraja: Clear		3rd Phase
	666165473	Rahu 11:58AM – 1:28PM	Taitila Until 11:29AM	Tritiya Until 10:54PM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthayam Titau				Mosul, Iraq Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 21.32	Tithi 4	Gulika 8:59AM – 10:29AM	Vishakha Until 2:37AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:01AM	Muruqa: White <i>Sunset:</i> 5:55PM	Moon 9 - Phase 23 - 18
			Yama 6:01AM – 7:30AM	Vishkambha* Until 10:19PM	Nataraja: Clear		3rd Phase
	676165473	Rahu 1:27PM – 2:56PM	Vanija Until 10:17AM	Chaturthi* Until 9:34PM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 5.16	Tithi 5	Gulika 7:30AM – 8:59AM	Anuradha Until 1:41AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:01AM	Muruqa: White <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23 - 19
			Yama 2:56PM – 4:25PM	Priti Until 7:56PM	Nataraja: Clear		3rd Phase
	676165473	Rahu 10:28AM – 11:58AM	Bava Until 8:49AM	Panchami Until 7:58PM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthiyam Titau				Mosul, Iraq Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 19.1	Tithi 6	Gulika 6:02AM – 7:31AM	Jyeshtha* Until 12:26AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:02AM	Muruqa: White <i>Sunset:</i> 5:52PM	Moon 9 - Phase 23 - 20
			Yama 1:26PM – 2:55PM	Ayushman Until 5:21PM	Nataraja: Clear		3rd Phase
	676165473	Rahu 9:00AM – 10:28AM	Kaulava Until 7:07AM	Shashthi* Until 6:10PM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga			Ashvina+Puratasi			
Until 12:26AM Sun							
Then Creative Work - Amrita Yoga							

6	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 3.1	Tithi 7 – 8	Gulika 2:54PM – 4:22PM	Mula* Until 11:17PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM	Muruqa: Green <i>Sunset:</i> 5:51PM	Moon 9 - Phase 23 - 21
			Yama 11:57AM – 1:25PM	Saubhagya Until 2:38PM	Nataraja: Clear		3rd Phase
	687166473	Rahu 4:22PM – 5:51PM	Visiti Until 3:10AM Mon	Saptami Until 4:12PM	Moon – Light Blue	Sivaloka Day	
Creative Work	Amrita Yoga			Ashvina+Puratasi			
Until 11:17PM							
Then Creative Work - Siddha Yoga							

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:25PM – 2:53PM	Purvashadha* Until 9:52PM	Ganesha: Blue <i>Sunrise:</i> 6:04AM	Muruqa: Green <i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 - 22
	Dhanus Rasi: 17.17	Tithi 8 – 9	Yama 10:28AM – 11:57AM	Sobhana Until 11:48AM	Nataraja: Clear		Ashtami
	Family Home Evening	687166473	Rahu 7:32AM – 9:00AM	Balava Until 12:59AM Tue	Moon – Light Blue	Sivaloka Day	
Routine Work	Marana Yoga		Ashtami* Until 2:05PM	Ashvina+Puratasi			
		Durga Ashtami					

D	Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 170 Subhakrit 5124
	Retreat Star		Gulika 11:56AM – 1:24PM	Uttarashadha Until 8:12PM	Ganesha: Blue <i>Sunrise:</i> 6:05AM	Muruqa: Green <i>Sunset:</i> 5:48PM	Moon 9 - Phase 23 - 23
	Makara Rasi: 1.28	Tithi 9 – 10	Yama 9:00AM – 10:28AM	Athiganda* Until 8:51AM	Nataraja: Clear		Navami
	687166473	Rahu 2:52PM – 4:20PM	Taitila Until 10:43PM	Navami* Until 11:50AM	Moon – Light Blue	Sivaloka Day	
Routine Work	Prabalarishta Yoga			Ashvina+Puratasi			
Until 8:12PM		Saraswathi Puja (Tamil Nadu)					
Then Creative Work - Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Mosul, Iraq on 5/1/20


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1	Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Makara Rasi: 15.44	Tithi 10 - 11	Gulika 10:28AM - 11:56AM	Shravana Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	Sun 24 Sutra 171
			Yama 7:33AM - 9:01AM	Dhriti Until 2:50AM Thu	Muruqa: Green	<i>Sunset:</i> 5:46PM	Subhakrit 5124
		697166473	Rahu 11:56AM - 1:24PM	Vanija Until 8:24PM	Nataraja: Clear		Moon 9 - Phase 24 - 24 4th Phase
Creative Work	Siddha Yoga		Vijaya Dasami	Dashami Until 9:32AM	Ashvina+Puratasi	Devaloka Day	
Until 6:46PM							
Then Routine Work - Prabalarishta Yoga							

2	Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Makara Rasi: 29.59	Tithi 11 - 12	Gulika 9:01AM - 10:28AM	Dhanishtha Until 5:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	Sun 25 Sutra 172
			Yama 6:06AM - 7:34AM	Shula* Until 11:51PM	Muruqa: Green	<i>Sunset:</i> 5:45PM	Subhakrit 5124
		697166473	Rahu 1:23PM - 2:50PM	Bava Until 6:07PM	Nataraja: Clear		Moon 9 - Phase 24 - 25 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Ashvina+Puratasi		Devaloka Day	

3	Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Mosul, Iraq
	Kumbha Rasi: 14.12	Tithi 13	Gulika 7:34AM - 9:01AM	Shatabhishak Until 3:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	Sun 26 Sutra 173
			Yama 2:49PM - 4:16PM	Ganda* Until 9:01PM	Muruqa: Green	<i>Sunset:</i> 5:43PM	Subhakrit 5124
		697166473	Rahu 10:28AM - 11:55AM	Kaulava Until 3:58PM	Nataraja: Clear		Moon 9 - Phase 24 - 26 4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:58AM Sat	Ashvina+Puratasi		Devaloka Day	
			<i>Pradosha Vrata</i>				

4	Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq
	Kumbha Rasi: 28.17	Tithi 14	Gulika 6:08AM - 7:35AM	Purvaproshtapada* Until 2:39PM	Ganesha: White	<i>Sunrise:</i> 6:08AM	Sun 27 Sutra 174
			Yama 1:22PM - 2:49PM	Vriddhi Until 6:25PM	Muruqa: Green	<i>Sunset:</i> 5:42PM	Subhakrit 5124
		618166474	Rahu 9:02AM - 10:28AM	Gara Until 2:04PM	Nataraja: Purple		Moon 9 - Phase 24 - 27 4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:13AM Sun	Ashvina+Puratasi		Bhuloka Day	
Until 2:39PM							
Then Creative Work - Siddha Yoga							

	Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq
	Copper Retreat Star		Gulika 2:48PM - 4:14PM	Uttaraproshtapada Until 1:50PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Sutra 175
	Meena Rasi: 12.11	Tithi 15	Yama 11:55AM - 1:21PM	Dhruva Until 4:05PM	Muruqa: Green	<i>Sunset:</i> 5:41PM	Subhakrit 5124
		618166474	Rahu 4:14PM - 5:41PM	Visti Until 12:31PM	Nataraja: Purple		Moon 9 - Phase 24 - Purnima
Creative Work	Amrita Yoga		Purnima* Until 11:54PM	Ashvina+Puratasi		Bhuloka Day	

Monday, October 10, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq
	Family Home Evening		Gulika 1:21PM - 2:47PM	Revati Until 1:21PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Sutra 176
	Meena Rasi: 25.48	Tithi 16	Yama 10:28AM - 11:55AM	Vyaghata* Until 2:10PM	Muruqa: Green	<i>Sunset:</i> 5:39PM	Subhakrit 5124
		618166474	Rahu 7:36AM - 9:02AM	Balava Until 11:28AM	Nataraja: Purple		Moon 9 - Phase 24 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:07PM	Ashvina+Puratasi		Bhuloka Day	



Tuesday, October 11, 2022
Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq
Sun 1
Sutra 177

Mesha Rasi: 9.06
Tithi 17
628176474

Gulika 11:54AM – 1:20PM
Yama 9:02AM – 10:28AM
Rahu 2:46PM – 4:12PM

Ashvini Until 1:45PM
Harshana Until 12:44PM
Taitila Until 10:59AM
Dvitiya Until 10:58PM

Ganesha: Yellow *Sunrise: 6:11AM*
Muruqa: White *Sunset: 5:38PM*
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 1
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq
Sun 2
Sutra 178

Mesha Rasi: 22.04
Tithi 18
628176474

Gulika 10:28AM – 11:54AM
Yama 7:37AM – 9:03AM
Rahu 11:54AM – 1:20PM

Bharani Until 2:38PM
Vajra* Until 11:47AM
Vanija Until 11:10AM
Tritiya Until 11:30PM

Ganesha: Yellow *Sunrise: 6:11AM*
Muruqa: White *Sunset: 5:38PM*
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 2:38PM
Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Mosul, Iraq
Sun 3
Sutra 179

Vrishabha Rasi: 4.43
Tithi 19
628176474

Gulika 9:03AM – 10:28AM
Yama 6:12AM – 7:38AM
Rahu 1:19PM – 2:44PM

Krittika Until 4:01PM
Siddhi Until 11:23AM
Bava Until 12:02PM
Chaturthi* Until 12:41AM Fri

Ganesha: Yellow *Sunrise: 6:12AM*
Muruqa: White *Sunset: 5:35PM*
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 3
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq
Sun 4
Sutra 180

Vrishabha Rasi: 17.04
Tithi 20
638176474

Gulika 7:38AM – 9:03AM
Yama 2:44PM – 4:09PM
Rahu 10:28AM – 11:54AM

Rohini Until 6:19PM
Vyatipata* Until 11:28AM
Kaulava Until 1:32PM
Panchami Until 2:27AM Sat

Ganesha: Blue *Sunrise: 6:13AM*
Muruqa: White *Sunset: 5:34PM*
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 4
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 6:19PM
Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq
Sun 5
Sutra 181

Vrishabha Rasi: 29.12
Tithi 21
639176474

Gulika 6:14AM – 7:39AM
Yama 1:18PM – 2:43PM
Rahu 9:04AM – 10:28AM

Mrigashira Until 8:55PM
Variyan Until 11:56AM
Gara Until 3:32PM
Shashthi* Until 4:39AM Sun

Ganesha: Red *Sunrise: 6:14AM*
Muruqa: White *Sunset: 5:32PM*
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 5
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq
Sun 6
Sutra 182

Mithuna Rasi: 11.1
Tithi 22
639176474

Gulika 2:42PM – 4:07PM
Yama 11:53AM – 1:18PM
Rahu 4:07PM – 5:31PM

Ardra Until 11:37PM
Parigha* Until 12:40PM
Visti Until 5:52PM
Saptami Until 7:04AM Mon

Ganesha: Red *Sunrise: 6:15AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sun 7
Sutra 183

Mithuna Rasi: 23.04
Tithi 22 – 23
Family Home Evening
649176474

Gulika 1:17PM – 2:41PM
Yama 10:29AM – 11:53AM
Rahu 7:40AM – 9:04AM

Punarvasu Until 2:42AM Tue
Shiva Until 1:32PM
Balava Until 8:18PM
Saptami Until 7:04AM

Ganesha: Green *Sunrise: 6:16AM*
Muruqa: White *Sunset: 5:30PM*
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 7
Ashtami

Devaloka Day

Creative Work Amrita Yoga
Until 2:42AM Tue
Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sun 8
Sutra 184

Kataka Rasi: 4.57
Tithi 23 – 24
649176474

Gulika 11:53AM – 1:17PM
Yama 9:05AM – 10:29AM
Rahu 2:41PM – 4:05PM

Pushya Until 5:29AM Wed
Siddha Until 2:20PM
Taitila Until 10:39PM
Ashtami* Until 9:29AM

Ganesha: Green *Sunrise: 6:17AM*
Muruqa: White *Sunset: 5:29PM*
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 8
Navami

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1		Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Mosul, Iraq Sun 9 Sutra 185 Subhakrit 5124
Kataka Rasi: 16.55	Tithi 24 – 25	649176474	Gulika 10:29AM – 11:52AM Yama 7:41AM – 9:05AM Rahu 11:52AM – 1:16PM	Ashlesha* Until 7:47AM Thu Sadhya Until 2:58PM Vanija Until 12:42AM Thu Navami* Until 11:42AM	Ganesha: Green <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 5:27PM Nataraja: Purple Moon – Blue	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga Until 7:47AM Thu Then Creative Work - Amrita Yoga				Devaloka Day		

2		Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Mosul, Iraq Sun 10 Sutra 186 Subhakrit 5124
Kataka Rasi: 29	Tithi 25 – 26	649276474	Gulika 9:05AM – 10:29AM Yama 6:19AM – 7:42AM Rahu 1:16PM – 2:39PM	Ashlesha* Until 7:47AM Subha Until 3:19PM Bava Until 2:17AM Fri Dashami Until 1:32PM	Ganesha: Red <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 5:26PM Nataraja: Purple Moon – Blue	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 7:47AM Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 6:AM to 9:AM		

3		Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Mosul, Iraq Sun 11 Sutra 187 Subhakrit 5124
Simha Rasi: 11.17	Tithi 26 – 27	659276474	Gulika 7:43AM – 9:06AM Yama 2:38PM – 4:02PM Rahu 10:29AM – 11:52AM	Magha* Until 9:55AM Sukla Until 3:13PM Kaulava Until 3:18AM Sat Ekadashi* Until 2:51PM	Ganesha: Green <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 5:25PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 9:55AM Then Creative Work - Siddha Yoga				Bhuloka Day		

4		Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantla Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Mosul, Iraq Sun 12 Sutra 188 Subhakrit 5124
Simha Rasi: 23.5	Tithi 27 – 28	659276474	Gulika 6:20AM – 7:43AM Yama 1:15PM – 2:38PM Rahu 9:06AM – 10:29AM	Purvaphalguni Until 11:18AM Brahma Until 2:39PM Gara Until 3:40AM Sun Dvadashi* Until 3:33PM	Ganesha: Green <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 5:23PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga Until 11:18AM Then Routine Work - Marana Yoga				Bhuloka Day <i>Pradosha Vrata (Fasting)</i>		

5		Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Sakuni*/Catuspada* Karana Trayodashi/Chaturdashyam Titau		Mosul, Iraq Sun 13 Sutra 189 Subhakrit 5124
Kanya Rasi: 6.41	Tithi 28 – 29	651276474	Gulika 2:37PM – 4:00PM Yama 11:52AM – 1:14PM Rahu 4:00PM – 5:22PM	Uttaraphalguni Until 11:55AM Indra Until 1:37PM Visti Until 3:23AM Mon Trayodashi* Until 3:35PM	Ganesha: Purple <i>Sunrise:</i> 6:21AM Muruqa: White <i>Sunset:</i> 5:22PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 12:13PM Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day		Bhuloka Day		

6		Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Mosul, Iraq Sun 14 Sutra 190 Subhakrit 5124
Kanya Rasi: 19.52	Tithi 29 – 30	661276474	Gulika 1:14PM – 2:36PM Yama 10:29AM – 11:52AM Rahu 7:45AM – 9:07AM	Hasta Until 12:13PM Vaidhriti* Until 12:02PM Catuspada Until 2:30AM Tue Chaturdashi* Until 3:00PM	Ganesha: Light Blue <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 5:21PM Nataraja: Purple Moon – Green	Moon 10 - Phase 26 - 14 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 12:13PM Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi		Bhuloka Day		

Retreat Star		Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Mosul, Iraq Sun 15 Sutra 191 Subhakrit 5124
Tula Rasi: 3.21	Tithi 30 – 1	661276474	Gulika 11:52AM – 1:14PM Yama 9:07AM – 10:29AM Rahu 2:36PM – 3:58PM	Chitra Until 11:47AM Vishkambha* Until 10:01AM Kintughna Until 1:06AM Wed Amavasya* Until 1:50PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM Muruqa: White <i>Sunset:</i> 5:20PM Nataraja: Purple Moon – Green	Moon 10 - Phase 26 - 15 Amavasya
Creative Work Siddha Yoga				Bhuloka Day		

Retreat Star		Wednesday, October 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yukhtayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Mosul, Iraq Sun 16 Sutra 192 Subhakrit 5124
Tula Rasi: 17.08	Tithi 1 – 2	661276574	Gulika 10:30AM – 11:51AM Yama 7:46AM – 9:08AM Rahu 11:51AM – 1:13PM	Svati Until 10:45AM Priti Until 7:37AM Balava Until 11:16PM Prathama* Until 12:13PM	Ganesha: Light Blue <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 5:19PM Nataraja: Clear Moon – Green	Moon 10 - Phase 26 - 16 Prathama
Creative Work Siddha Yoga		Skanda Shasthi Begins		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Thursday, October 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq
	Wrischika Rasi: 1.11	Tithi 2 - 3	Gulika 9:08AM - 10:30AM	Vishakha Until 9:38AM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 17 Sutra 193
			Yama 6:25AM - 7:47AM	Saubhagya Until 1:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Subhakrit 5124
	671276574	Rahu 1:13PM - 2:34PM		Taitila Until 9:09PM	Nataraja: Clear		Moon 10 - Phase 27 - 17 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 10:13AM	Moon - Orange		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Friday, October 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Mosul, Iraq
	Wrischika Rasi: 15.23	Tithi 3 - 4	Gulika 7:47AM - 9:09AM	Anuradha Until 8:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Sun 18 Sutra 194
			Yama 2:34PM - 3:55PM	Sobhana Until 10:54PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Subhakrit 5124
	671276574	Rahu 10:30AM - 11:51AM		Vanija Until 6:50PM	Nataraja: Clear		Moon 10 - Phase 27 - 18 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:00AM	Moon - Orange		Bhuloka Day	
Until 8:07AM				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3	Saturday, October 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq
	Wrischika Rasi: 29.42	Tithi 5	Gulika 6:27AM - 7:48AM	Jyeshtha* Until 6:21AM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Sun 19 Sutra 195
			Yama 1:12PM - 2:33PM	Athiganda* Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Subhakrit 5124
	671276574	Rahu 9:09AM - 10:30AM		Bava Until 4:27PM	Nataraja: Clear		Moon 10 - Phase 27 - 19 3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:14AM Sun	Moon - Orange		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

4	Sunday, October 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq
	Dhanus Rasi: 14.02	Tithi 6	Gulika 2:33PM - 3:53PM	Purvashadha* Until 3:11AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sun 20 Sutra 196
			Yama 11:51AM - 1:12PM	Sukarma Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Subhakrit 5124
	671276574	Rahu 3:53PM - 5:14PM		Kaulava Until 2:03PM	Nataraja: Clear		Moon 10 - Phase 27 - 20 3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:52AM Mon	Moon - Light Blue		Devaloka Day	
Until 3:11AM Mon		Skanda Shasthi		Karttika-Aipasi			
Then Routine Work - Marana Yoga							

5	Monday, October 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Mosul, Iraq
	Dhanus Rasi: 28.19	Tithi 7	Gulika 1:12PM - 2:32PM	Uttarashadha Until 1:33AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sun 21 Sutra 197
			Yama 10:31AM - 11:51AM	Dhriti Until 1:37PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Subhakrit 5124
	671276574	Rahu 7:50AM - 9:10AM		Gara Until 11:45AM	Nataraja: Clear		Moon 10 - Phase 27 - 21 3rd Phase
Family Home Evening			Saptami Until 10:38PM	Moon - Light Blue		Devaloka Day	
Routine Work	Marana Yoga			Karttika-Aipasi			
Until 1:33AM Tue							
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, November 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq
	Makara Rasi: 12.32	Tithi 8	Gulika 11:51AM - 1:11PM	Shravana Until 12:21AM Wed	Ganesha: White	<i>Sunrise:</i> 6:30AM	Sun 22 Sutra 198
			Yama 9:11AM - 10:31AM	Shula* Until 10:41AM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Subhakrit 5124
	671276574	Rahu 2:32PM - 3:52PM		Visti Until 9:35AM	Nataraja: Clear		Moon 10 - Phase 27 - 22 Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:33PM	Moon - Purple		Bhuloka Day	
Until 12:21AM Wed				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga							

Retreat Star	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq
	Makara Rasi: 26.37	Tithi 9	Gulika 10:31AM - 11:51AM	Dhanishtha Until 11:14PM	Ganesha: Green	<i>Sunrise:</i> 6:31AM	Sun 23 Sutra 199
			Yama 7:51AM - 9:11AM	Ganda* Until 7:55AM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Subhakrit 5124
	671276574	Rahu 11:51AM - 1:11PM		Balava Until 7:37AM	Nataraja: Clear		Moon 10 - Phase 27 - 23 Navami
Routine Work	Prabalarishta Yoga		Navami* Until 6:41PM	Moon - Purple		Bhuloka Day	
Until 11:14PM				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1	Thursday, November 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Mosul, Iraq Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 10.35 Tithi 10 – 11	Gulika 9:11AM – 10:31AM	Shatabhishak Until 10:12PM	Ganesha: Green <i>Sunrise:</i> 6:32AM	Moon 10 - Phase 28 - 24
	692276574	Yama 6:32AM – 7:52AM	Dhruva Until 2:56AM Fri	Muruqa: Clear <i>Sunset:</i> 5:10PM	4th Phase
	Creative Work Siddha Yoga	Rahu 1:11PM – 2:31PM	Vanija Until 4:22AM Fri	Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Dashami Until 5:03PM	Karttika•Aipasi		

2	Friday, November 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Mosul, Iraq Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 24.22 Tithi 11 – 12	Gulika 7:52AM – 9:12AM	Purvaproshtapada* Until 9:44PM	Ganesha: Blue <i>Sunrise:</i> 6:33AM	Moon 10 - Phase 28 - 25
	612276574	Yama 2:30PM – 3:50PM	Vyaghata* Until 12:46AM Sat	Muruqa: Clear <i>Sunset:</i> 5:09PM	4th Phase
	Creative Work Siddha Yoga	Rahu 10:32AM – 11:51AM	Bava Until 3:10AM Sat	Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ekadashi Until 3:42PM	Karttika•Aipasi		

3	Saturday, November 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Mosul, Iraq Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 7.59 Tithi 12 – 13	Gulika 6:34AM – 7:53AM	Uttaraproshtapada Until 9:28PM	Ganesha: Blue <i>Sunrise:</i> 6:34AM	Moon 10 - Phase 28 - 26
	612276574	Yama 1:10PM – 2:30PM	Harshana Until 10:54PM	Muruqa: Clear <i>Sunset:</i> 5:08PM	4th Phase
	Creative Work Siddha Yoga	Rahu 9:12AM – 10:32AM	Kaulava Until 2:19AM Sun	Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Dvadashi Until 2:40PM	Karttika•Aipasi		
<i>Pradosha Vrata</i>					

4	Sunday, November 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Mosul, Iraq Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 21.24 Tithi 13 – 14	Gulika 2:29PM – 3:48PM	Revati Until 9:25PM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	Moon 10 - Phase 28 - 27
	612276574	Yama 11:51AM – 1:10PM	Vajra* Until 9:18PM	Muruqa: Clear <i>Sunset:</i> 5:07PM	4th Phase
	Creative Work Amrita Yoga	Rahu 3:48PM – 5:07PM	Gara Until 1:52AM Mon	Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Trayodashi Until 2:01PM	Karttika•Aipasi		

○	Monday, November 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Mosul, Iraq Sun 28 Sutra 204 Subhakrit 5124
	Copper Retreat Star	Gulika 1:10PM – 2:29PM	Ashvini Until 10:07PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Moon 10 - Phase 28 -
	Mesha Rasi: 4.35 Tithi 14 – 15	Yama 10:32AM – 11:51AM	Siddhi Until 8:05PM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Purnima
	Family Home Evening	Rahu 7:55AM – 9:14AM	Visti Until 1:52AM Tue	Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Chaturdashi* Until 1:47PM	Karttika•Aipasi		

○	Tuesday, November 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Mosul, Iraq Sun 29 Sutra 205 Subhakrit 5124
	Silver Retreat Star	Gulika 11:51AM – 1:10PM	Bharani Until 11:08PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM	Moon 10 - Phase 28 -
	Mesha Rasi: 17.33 Tithi 15 – 16	Yama 9:14AM – 10:33AM	Vyatipata* Until 7:14PM	Muruqa: Clear <i>Sunset:</i> 5:05PM	Prathama
	722276574	Rahu 2:28PM – 3:47PM	Balava Until 2:23AM Wed	Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Purnima* Until 2:02PM	Karttika•Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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Wednesday, November 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam
Krittika Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq
Sutra 206

Vrishabha Rasi: 0.16 Tithi 16 - 17

722276574

Gulika 10:33AM - 11:51AM
Yama 7:56AM - 9:15AM
Rahu 11:51AM - 1:10PM

Krittika Until 12:29AM Thu
Varyan Until 6:46PM
Taitila Until 3:25AM Thu
Prathama* Until 2:49PM

Ganesha: Blue *Sunrise:* 6:38AM
Muruqa: Clear *Sunset:* 5:05PM
Nataraja: Clear
Moon - White
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 12:29AM Thu

Then Routine Work - Marana Yoga

1

Thursday, November 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam
Rohini Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq
Sun 1 Sutra 207

Vrishabha Rasi: 12.45 Tithi 17 - 18

732276574

Gulika 9:15AM - 10:33AM
Yama 6:39AM - 7:57AM
Rahu 1:09PM - 2:28PM

Rohini Until 2:39AM Fri
Parigha* Until 6:42PM
Vanija Until 4:56AM Fri
Dvitiya Until 4:06PM

Ganesha: Red *Sunrise:* 6:39AM
Muruqa: Clear *Sunset:* 5:04PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 2:39AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam
Mrigashira Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq
Sun 2 Sutra 208

Vrishabha Rasi: 25.01 Tithi 18 - 19

732276574

Gulika 7:58AM - 9:16AM
Yama 2:27PM - 3:45PM
Rahu 10:34AM - 11:51AM

Mrigashira Until 5:05AM Sat
Shiva Until 7:00PM
Bava Until 6:55AM Sat
Tritiya Until 5:51PM

Ganesha: Red *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 5:03PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Mosul, Iraq
Sun 3 Sutra 209

Mithuna Rasi: 7.07 Tithi 19

732276574

Gulika 6:41AM - 7:59AM
Yama 1:09PM - 2:27PM
Rahu 9:16AM - 10:34AM

Ardra Until 7:39AM Sun
Siddha Until 7:34PM
Bava Until 6:55AM
Chaturthi* Until 8:00PM

Ganesha: Red *Sunrise:* 6:41AM
Muruqa: Clear *Sunset:* 5:02PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq
Sun 4 Sutra 210

Mithuna Rasi: 19.05 Tithi 20

732276574

Gulika 2:27PM - 3:44PM
Yama 11:52AM - 1:09PM
Rahu 3:44PM - 5:01PM

Ardra Until 7:39AM
Sadhya Until 8:19PM
Kaulava Until 9:12AM
Panchami Until 10:24PM

Ganesha: Red *Sunrise:* 6:42AM
Muruqa: Clear *Sunset:* 5:01PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq
Sun 5 Sutra 211

Kataka Rasi: 0.58 Tithi 21

742376574

Gulika 1:09PM - 2:26PM
Yama 10:35AM - 11:52AM
Rahu 8:00AM - 9:17AM

Punarvasu Until 10:45AM
Subha Until 9:11PM
Gara Until 11:41AM
Shashthi* Until 12:54AM Tue

Ganesha: White *Sunrise:* 6:43AM
Muruqa: Clear *Sunset:* 5:01PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 5th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 10:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq
Sun 6 Sutra 212

Kataka Rasi: 12.51 Tithi 22

743376574

Gulika 11:52AM - 1:09PM
Yama 9:18AM - 10:35AM
Rahu 2:26PM - 3:43PM

Pushya Until 1:40PM
Sukla Until 9:57PM
Visti Until 2:09PM
Saptami Until 3:18AM Wed

Ganesha: Green *Sunrise:* 6:44AM
Muruqa: Clear *Sunset:* 5:00PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 6th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

7

Wednesday, November 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sun 7 Sutra 213

Kataka Rasi: 24.47 Tithi 23

743376574

Gulika 10:35AM - 11:52AM
Yama 8:02AM - 9:19AM
Rahu 11:52AM - 1:09PM

Ashlesha* Until 4:15PM
Brahma Until 10:33PM
Balava Until 4:26PM
Ashtami* Until 5:24AM Thu

Ganesha: Green *Sunrise:* 6:45AM
Muruqa: Clear *Sunset:* 4:59PM
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Subhakarit 5124
Moon 11 - Phase 29 - 7th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha* Nakshatra Indra Yoga Taitila Karana Navamyam Titau

Mosul, Iraq
Sun 8 Sutra 214

Simha Rasi: 6.5 Tithi 24

753376575

Gulika 9:19AM - 10:36AM
Yama 6:46AM - 8:03AM
Rahu 1:09PM - 2:26PM

Magha* Until 6:47PM
Indra Until 10:49PM
Taitila Until 6:19PM
Navami* Until 7:01AM Fri

Ganesha: Orange *Sunrise:* 6:46AM
Muruqa: Clear *Sunset:* 4:59PM
Nataraja: Purple
Moon - Red
Karttika-Karttikai

Subhakarit 5124
Moon 11 - Phase 29 - 8th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 6:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Mosul, Iraq
	Simha Rasi: 19.05	Tithi 24 – 25	753376575	Gulika 8:03AM – 9:20AM Yama 2:25PM – 3:42PM Rahu 10:36AM – 11:53AM	Purvaphalguni Until 8:35PM Vaidhriti* Until 10:37PM Vanija Until 7:37PM Navami* Until 7:01AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga				Karttika-Karttikai	


2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Kanya Rasi: 2	Tithi 25 – 26	753376575	Gulika 6:48AM – 8:04AM Yama 1:09PM – 2:25PM Rahu 9:20AM – 10:37AM	Uttaraphalguni Until 9:34PM Vishkambha* Until 9:53PM Bava Until 8:13PM Dashami Until 8:00AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga				Karttika-Karttikai	

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Kanya Rasi: 14.28	Tithi 26 – 27	763376575	Gulika 2:25PM – 3:41PM Yama 11:53AM – 1:09PM Rahu 3:41PM – 4:57PM	Hasta Until 10:07PM Priti Until 8:33PM Kaulava Until 8:03PM Ekadashi* Until 8:13AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga				Karttika-Karttikai	
	Until 10:07PM	Then Creative Work - Siddha Yoga					

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Kanya Rasi: 27.44	Tithi 27 – 28	763376575	Gulika 1:09PM – 2:25PM Yama 10:37AM – 11:53AM Rahu 8:06AM – 9:22AM	Chitra Until 9:45PM Ayushman Until 6:36PM Gara Until 7:07PM Dvadashi* Until 7:40AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase Devaloka Day
	Family Home Evening	Prabalarishta Yoga				Karttika-Karttikai	
	Until 9:45PM	Then Creative Work - Amrita Yoga				Pradosha Vrata (Fasting)	

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Tula Rasi: 11.24	Tithi 28 – 29	763376575	Gulika 11:54AM – 1:09PM Yama 9:22AM – 10:38AM Rahu 2:25PM – 3:40PM	Svati Until 8:34PM Saubhagya Until 4:07PM Sakuni Until 4:26AM Wed Trayodashi* Until 6:22AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga				Karttika-Karttikai	
	Until 8:34PM	Then Routine Work - Marana Yoga					

	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq
	Retreat Star			Gulika 10:38AM – 11:54AM Yama 8:07AM – 9:23AM Rahu 11:54AM – 1:09PM	Vishakha Until 7:07PM Sobhana Until 1:09PM Catuspada Until 3:16PM Amavasya* Until 1:58AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya Devaloka Day
	Tula Rasi: 25.29	Tithi 30	773376575			Karttika-Karttikai	
	Creative Work	Siddha Yoga					

	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq
	Retreat Star			Gulika 9:24AM – 10:39AM Yama 6:53AM – 8:08AM Rahu 1:09PM – 2:25PM	Anuradha Until 5:06PM Athiganda* Until 9:48AM Kintughna Until 12:36PM Prathama* Until 11:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama Devaloka Day
	Vrischika Rasi: 9.53	Tithi 1	773376575			Margasira-Karttikai	
	Creative Work	Siddha Yoga					
Until 5:06PM	Then Routine Work - Prabalarishta Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq
Vrishchika Rasi: 24.34	Tithi 2	Gulika	8:09AM – 9:24AM	Jyeshtha* Until 2:41PM	Ganesha: Purple	<i>Sunrise: 6:54AM</i>	Sun 16	Sutra 222
		Yama	2:25PM – 3:40PM	Sukarma Until 6:11AM	Muruqa: Clear	<i>Sunset: 4:55PM</i>	Moon 11 - Phase 31 - 16	Subhakrit 5124
		773376575 Rahu	10:39AM – 11:54AM	Balava Until 9:39AM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 8:05PM	Moon – Orange		Devaloka Day	
Until 2:41PM					Margasira-Karttikai			
Then Creative Work - Amrita Yoga								

2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau				Mosul, Iraq
Dhanus Rasi: 9.21	Tithi 3 – 4	Gulika	6:55AM – 8:10AM	Mula* Until 12:26PM	Ganesha: Light Blue	<i>Sunrise: 6:55AM</i>	Sun 17	Sutra 223
		Yama	1:10PM – 2:25PM	Shula* Until 10:41PM	Muruqa: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31 - 17	Subhakrit 5124
		783376575 Rahu	9:25AM – 10:40AM	Taitila Until 6:32AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:57PM	Moon – Light Blue		Devaloka Day	
					Margasira-Karttikai			

3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq
Dhanus Rasi: 24.08	Tithi 4 – 5	Gulika	2:25PM – 3:39PM	Purvashadha* Until 10:06AM	Ganesha: Light Blue	<i>Sunrise: 6:56AM</i>	Sun 18	Sutra 224
		Yama	11:55AM – 1:10PM	Ganda* Until 7:00PM	Muruqa: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31 - 18	Subhakrit 5124
		783376575 Rahu	3:39PM – 4:54PM	Bava Until 12:29AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 1:55PM	Moon – Light Blue		Devaloka Day	
Until 10:06AM					Margasira-Karttikai			
Then Creative Work - Amrita Yoga								

4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq
Makara Rasi: 8.48	Tithi 5 – 6	Gulika	1:10PM – 2:25PM	Uttarashadha Until 7:49AM	Ganesha: Light Blue	<i>Sunrise: 6:57AM</i>	Sun 19	Sutra 225
Family Home Evening		Yama	10:41AM – 11:55AM	Vriddhi Until 3:32PM	Muruqa: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31 - 19	Subhakrit 5124
Routine Work	Marana Yoga	783376575 Rahu	8:12AM – 9:26AM	Kaulava Until 9:47PM	Nataraja: Purple			3rd Phase
Until 7:49AM				Panchami Until 11:04AM	Moon – Light Blue		Devaloka Day	
Then Creative Work - Amrita Yoga					Margasira-Karttikai			

5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq
Makara Rasi: 23.16	Tithi 6 – 7	Gulika	11:56AM – 1:10PM	Shravana Until 6:06AM	Ganesha: Orange	<i>Sunrise: 6:58AM</i>	Sun 20	Sutra 226
		Yama	9:27AM – 10:41AM	Dhruva Until 12:20PM	Muruqa: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31 - 20	Subhakrit 5124
		793376575 Rahu	2:25PM – 3:39PM	Gara Until 7:28PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 8:34AM	Moon – Purple		Sivaloka Day	
					Margasira-Karttikai			

Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Mosul, Iraq
Kumbha Rasi: 7.26	Tithi 7 – 8	Gulika	10:42AM – 11:56AM	Shatabhishak Until 3:32AM Thu	Ganesha: Clear	<i>Sunrise: 6:59AM</i>	Sun 21	Sutra 227
		Yama	8:13AM – 9:27AM	Vyaghata* Until 9:29AM	Muruqa: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 31 - 21	Subhakrit 5124
		794376575 Rahu	11:56AM – 1:10PM	Bava Until 4:51AM Thu	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga			Saptami Until 6:28AM	Moon – Purple		Sivaloka Day	
					Margasira-Karttikai			

Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq
Kumbha Rasi: 21.19	Tithi 9	Gulika	9:28AM – 10:42AM	Purvaproshtapada* Until 3:12AM Fri	Ganesha: Red	<i>Sunrise: 7:00AM</i>	Sun 22	Sutra 228
		Yama	7:00AM – 8:14AM	Harshana Until 7:02AM	Muruqa: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 31 - 22	Subhakrit 5124
		714376575 Rahu	1:11PM – 2:25PM	Balava Until 4:15PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga			Navami* Until 3:45AM Fri	Moon – Clear		Sivaloka Day	
					Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 4.53	Tithi 10	Gulika 8:15AM – 9:29AM	Uttaraproshtapada Until 3:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:01AM			
		Yama 2:25PM – 3:39PM	Siddhi Until 3:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:43AM – 11:57AM	Taitila Until 3:25PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 3:10AM Sat	Moon – Clear			Sivaloka Day	
Until 3:14AM Sat				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 18.1	Tithi 11	Gulika 7:02AM – 8:15AM	Revati Until 3:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:02AM			
		Yama 1:11PM – 2:25PM	Vyatipata* Until 2:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:29AM – 10:43AM	Vanija Until 3:05PM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 3:06AM Sun	Moon – Clear			Sivaloka Day	
Until 3:37AM Sun				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvodashyam Titau				Mosul, Iraq Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 1.11	Tithi 12	Gulika 2:25PM – 3:39PM	Ashvini Until 4:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:02AM			
		Yama 11:58AM – 1:11PM	Variyan Until 1:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 3:39PM – 4:53PM	Bava Until 3:15PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 3:30AM Mon	Moon – White			Devaloka Day	
				Margasira-Karttikai				

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 13.59	Tithi 13	Gulika 1:12PM – 2:25PM	Bharani Until 6:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:03AM			
Family Home Evening		Yama 10:44AM – 11:58AM	Parigha* Until 12:37AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 26		
		724376575 Rahu 8:17AM – 9:31AM	Kaulava Until 3:53PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 4:20AM Tue	Moon – White			Devaloka Day	
				Margasira-Karttikai				

Pradosha Vrata

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 233 Subhakrit 5124
Mesha Rasi: 26.34	Tithi 14	Gulika 11:58AM – 1:12PM	Bharani Until 6:09AM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM			
		Yama 9:31AM – 10:45AM	Shiva Until 12:23AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 2:26PM – 3:39PM	Gara Until 4:56PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 5:35AM Wed	Moon – White			Devaloka Day	
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Visti* Karana Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 234 Subhakrit 5124
Copper Retreat Star		Gulika 10:45AM – 11:59AM	Krittika Until 7:47AM	Ganesha: Blue	<i>Sunrise:</i> 7:05AM			
Vrishabha Rasi: 8.59	Tithi 15	Yama 8:18AM – 9:32AM	Siddha Until 12:25AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - Purnima		
		724376575 Rahu 11:59AM – 1:12PM	Visti Until 6:22PM	Nataraja: Purple				
Creative Work	Amrita Yoga		Purnima* Until 7:12AM Thu	Moon – White			Devaloka Day	
Until 7:47AM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

○		Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 235 Subhakrit 5124
Silver Retreat Star		Gulika 9:33AM – 10:46AM	Rohini Until 10:05AM	Ganesha: Yellow	<i>Sunrise:</i> 7:06AM			
Vrishabha Rasi: 21.15	Tithi 15 – 16	Yama 7:06AM – 8:19AM	Sadhya Until 12:43AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 1:13PM – 2:26PM	Balava Until 8:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Purnima* Until 7:12AM	Moon – Yellow			Sivaloka Day	
				Margasira-Karttikai				
		Vinayaga Viratam Begins						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq

Sutra 236

Subhakrit 5124

Mithuna Rasi: 3.23 Tithi 16 – 17

734476575

Gulika 8:20AM – 9:33AM
Yama 2:26PM – 3:40PM
Rahu 10:47AM – 12:00PM

Mrigashira Until 12:32PM

Subha Until 1:14AM Sat

Taitila Until 10:15PM

Prathama* Until 9:09AM

Ganesha: Red

Sunrise: 7:07AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sutra 237

Subhakrit 5124

Mithuna Rasi: 15.23 Tithi 17 – 18

734476575

Gulika 7:07AM – 8:21AM
Yama 1:13PM – 2:27PM
Rahu 9:34AM – 10:47AM

Ardra Until 3:03PM

Sukla Until 1:54AM Sun

Vanija Until 12:35AM Sun

Dvitiya Until 11:22AM

Ganesha: Red

Sunrise: 7:07AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq

Sutra 238

Subhakrit 5124

Mithuna Rasi: 27.2 Tithi 18 – 19

744476575

Gulika 2:27PM – 3:40PM
Yama 12:01PM – 1:14PM
Rahu 3:40PM – 4:53PM

Punarvasu Until 6:06PM

Brahma Until 2:42AM Mon

Bava Until 3:04AM Mon

Tritiya Until 1:47PM

Ganesha: Green

Sunrise: 7:08AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Purple

Moon – Blue

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sutra 239

Subhakrit 5124

Kataka Rasi: 9.13 Tithi 19 – 20

745476575

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:14PM – 2:27PM
Yama 10:48AM – 12:01PM
Rahu 8:22AM – 9:35AM

Pushya Until 9:03PM

Indra Until 3:33AM Tue

Kaulava Until 5:36AM Tue

Chaturthi* Until 4:19PM

Ganesha: White

Sunrise: 7:09AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Purple

Moon – Blue

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila Karana Panchamyam Titau

Mosul, Iraq

Sutra 240

Subhakrit 5124

Kataka Rasi: 21.05 Tithi 20

745476575

Gulika 12:02PM – 1:15PM
Yama 9:36AM – 10:49AM
Rahu 2:28PM – 3:41PM

Ashlesha* Until 11:48PM

Vaidhriti* Until 4:19AM Wed

Taitila Until 6:49PM

Panchami Until 6:49PM

Ganesha: White

Sunrise: 7:10AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Purple

Moon – Blue

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq

Sutra 241

Subhakrit 5124

Simha Rasi: 2.59 Tithi 21

755476575

Gulika 10:49AM – 12:02PM
Yama 8:23AM – 9:36AM
Rahu 12:02PM – 1:15PM

Magha* Until 2:42AM Thu

Vishkambha* Until 4:55AM Thu

Gara Until 8:03AM

Shashthi* Until 9:10PM

Ganesha: Clear

Sunrise: 7:10AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Purple

Moon – Red

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq

Sutra 242

Subhakrit 5124

Simha Rasi: 14.59 Tithi 22

755476575

Gulika 9:37AM – 10:50AM
Yama 7:11AM – 8:24AM
Rahu 1:15PM – 2:28PM

Purvaphalguni Until 5:02AM Fri

Priti Until 5:13AM Fri

Visti Until 10:14AM

Saptami Until 11:08PM

Ganesha: Clear

Sunrise: 7:11AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Purple

Moon – Red

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq

Sutra 243

Subhakrit 5124

Simha Rasi: 27.09 Tithi 23

755476575

Gulika 8:25AM – 9:37AM
Yama 2:29PM – 3:42PM
Rahu 10:50AM – 12:03PM

Uttaraphalguni Until 6:38AM Sat

Ayushman Until 5:02AM Sat

Balava Until 11:57AM

Ashtami* Until 12:33AM Sat

Ganesha: Clear

Sunrise: 7:12AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Purple

Moon – Red

Sivaloka Day

Creative Work Siddha Yoga

Until 6:38AM Sat

Then Routine Work - Marana Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq

Sutra 244

Subhakrit 5124

Kanya Rasi: 9.34 Tithi 24

855476575

Gulika 7:12AM – 8:25AM
Yama 1:16PM – 2:29PM
Rahu 9:38AM – 10:51AM

Uttaraphalguni Until 6:38AM

Saubhagya Until 4:17AM Sun

Taitila Until 1:01PM

Navami* Until 1:14AM Sun

Ganesha: White

Sunrise: 7:12AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Purple

Moon – Red

Devaloka Day

Routine Work Marana Yoga

Margasira-Markali

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau			Mosul, Iraq Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 22.2	Tithi 25	Gulika 2:30PM – 3:42PM	Hasta Until 7:49AM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM		
		Yama 12:04PM – 1:17PM	Sobhana Until 2:54AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 34 - 9	
	865476575	Rahu 3:42PM – 4:55PM	Vanija Until 1:17PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 1:05AM Mon	Moon – Green		Sivaloka Day	
Until 7:49AM				Margasira*Markali			
Then Creative Work - Siddha Yoga							

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau			Mosul, Iraq Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 5.31	Tithi 26	Gulika 1:17PM – 2:30PM	Chitra Until 8:01AM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM		
Family Home Evening		Yama 10:52AM – 12:05PM	Athiganda* Until 12:49AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 34 - 10	
Routine Work	Prabalarishta Yoga	Rahu 8:26AM – 9:39AM	Bava Until 12:42PM	Nataraja: Purple		2nd Phase	
Until 8:01AM			Ekadashi* Until 12:04AM Tue	Moon – Green		Sivaloka Day	
Then Creative Work - Amrita Yoga				Margasira*Markali			

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau			Mosul, Iraq Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 19.11	Tithi 27	Gulika 12:05PM – 1:18PM	Svati Until 7:15AM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM		
		Yama 9:40AM – 10:52AM	Sukarma Until 10:07PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 34 - 11	
	865476575	Rahu 2:31PM – 3:43PM	Kaulava Until 11:17AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 10:15PM	Moon – Green		Sivaloka Day	
Until 7:15AM				Margasira*Markali			
Then Routine Work - Marana Yoga							

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau			Mosul, Iraq Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 3.19	Tithi 28	Gulika 10:53AM – 12:06PM	Vishakha Until 6:01AM	Ganesha: Clear	<i>Sunrise:</i> 7:15AM		
		Yama 8:27AM – 9:40AM	Dhriti Until 6:52PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 34 - 12	
	876476575	Rahu 12:06PM – 1:18PM	Gara Until 9:06AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 7:45PM	Moon – Orange		Sivaloka Day	
		Day 1 of Pancha Ganapati		Margasira*Markali			
			<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Mosul, Iraq Sun 13 Sutra 249 Subhakrit 5124
Vrischika Rasi: 17.53	Tithi 29 – 30	Gulika 9:41AM – 10:53AM	Jyeshtha* Until 1:22AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:15AM		
		Yama 7:15AM – 8:28AM	Shula* Until 3:09PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 34 - 13	
	876476575	Rahu 1:19PM – 2:32PM	Visti Until 6:18AM	Nataraja: Purple		2nd Phase	
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 4:42PM	Moon – Orange		Sivaloka Day	
Until 1:22AM Fri		Day 2 of Pancha Ganapati		Margasira*Markali			
Then Creative Work - Amrita Yoga							

Retreat Star		Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Mosul, Iraq Sun 14 Sutra 250 Subhakrit 5124
Dhanus Rasi: 2.49	Tithi 30 – 1	Gulika 8:28AM – 9:41AM	Mula* Until 10:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM		
		Yama 2:32PM – 3:45PM	Ganda* Until 11:08AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 34 - 14	
	886476575	Rahu 10:54AM – 12:07PM	Kintughna Until 11:29PM	Nataraja: Purple		Amavasya	
Creative Work	Amrita Yoga		Amavasya* Until 1:16PM	Moon – Light Blue		Sivaloka Day	
Until 10:42PM		Day 3 of Pancha Ganapati		Margasira*Markali			
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Mosul, Iraq Sun 15 Sutra 251 Subhakrit 5124
Dhanus Rasi: 17.56	Tithi 1 – 2	Gulika 7:16AM – 8:29AM	Purvashadha* Until 7:46PM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM		
		Yama 1:20PM – 2:33PM	Vridhhi Until 6:56AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 34 - 15	
	886476575	Rahu 9:42AM – 10:54AM	Balava Until 7:49PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:38AM	Moon – Light Blue		Sivaloka Day	
Until 7:46PM		Day 4 of Pancha Ganapati		Pausha*Markali			
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Mosul, Iraq Sun 16 Sutra 252 Subhakrit 5124
Makara Rasi: 3.07	Tithi 3	Gulika 2:33PM – 3:46PM	Uttarashadha Until 4:46PM	Ganesha: Orange	<i>Sunrise:</i> 7:17AM	
		Yama 12:08PM – 1:20PM	Vyaghata* Until 10:30PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 35 - 16
		886486575 Rahu 3:46PM – 4:59PM	Taitila Until 4:11PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Moon – Light Blue		
		Day 5 of Pancha Ganapati	Tritiya Until 2:26AM Mon	Pausha-Markali		Subha Sivaloka Day

2		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visiti* Karana Chaturthyam Titau		Mosul, Iraq Sun 17 Sutra 253 Subhakrit 5124
Makara Rasi: 18.11	Tithi 4	Gulika 1:21PM – 2:34PM	Shravana Until 2:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	
Family Home Evening		Yama 10:55AM – 12:08PM	Harshana Until 6:35PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 35 - 17
Creative Work	Amrita Yoga	896486576 Rahu 8:30AM – 9:43AM	Vanija Until 12:48PM	Nataraja: Clear		3rd Phase
Until 2:15PM			Chaturthi* Until 11:13PM	Moon – Purple		
Then Creative Work - Siddha Yoga				Pausha-Markali		Sivaloka Day

3		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Mosul, Iraq Sun 18 Sutra 254 Subhakrit 5124
Kumbha Rasi: 3.01	Tithi 5	Gulika 12:09PM – 1:21PM	Dhanishtha Until 12:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	
		Yama 9:43AM – 10:56AM	Vajra* Until 2:58PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 35 - 18
		896486576 Rahu 2:34PM – 3:47PM	Bava Until 9:47AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:27PM	Moon – Purple		
Until 12:00PM				Pausha-Markali		Sivaloka Day
Then Routine Work - Marana Yoga						

4		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Mosul, Iraq Sun 19 Sutra 255 Subhakrit 5124
Kumbha Rasi: 17.28	Tithi 6	Gulika 10:56AM – 12:09PM	Shatabhishak Until 10:08AM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	
		Yama 8:31AM – 9:43AM	Siddhi Until 11:50AM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 35 - 19
		896486576 Rahu 12:09PM – 1:22PM	Kaulava Until 7:18AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:16PM	Moon – Purple		
Until 10:08AM				Pausha-Markali		Sivaloka Day
Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends				

5		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau		Mosul, Iraq Sun 20 Sutra 256 Subhakrit 5124
Meena Rasi: 1.29	Tithi 7 – 8	Gulika 9:44AM – 10:57AM	Purvaproshtapada* Until 9:12AM	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	
		Yama 7:18AM – 8:31AM	Vyatipata* Until 9:14AM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 35 - 20
		817486576 Rahu 1:23PM – 2:35PM	Visti Until 4:20AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:47PM	Moon – Clear		
				Pausha-Markali		Devaloka Day

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Mosul, Iraq Sun 21 Sutra 257 Subhakrit 5124
Meena Rasi: 15.04	Tithi 8 – 9	Gulika 8:31AM – 9:44AM	Uttaraproshtapada Until 8:51AM	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	
		Yama 2:36PM – 3:49PM	Variyan Until 7:11AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35 - 21
		817486576 Rahu 10:57AM – 12:10PM	Balava Until 3:57AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:02PM	Moon – Clear		
				Pausha-Markali		Devaloka Day

Retreat Star		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Mosul, Iraq Sun 22 Sutra 258 Subhakrit 5124
Meena Rasi: 28.15	Tithi 9 – 10	Gulika 7:19AM – 8:32AM	Revati Until 9:04AM	Ganesha: Blue	<i>Sunrise:</i> 7:19AM	
		Yama 1:24PM – 2:37PM	Shiva Until 4:51AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 35 - 22
		817486576 Rahu 9:45AM – 10:58AM	Taitila Until 4:17AM Sun	Nataraja: Clear		Navami
Routine Work	Prabalarishta Yoga		Navami* Until 4:01PM	Moon – Clear		
Until 9:04AM				Pausha-Markali		Devaloka Day
Then Creative Work - Siddha Yoga						

1 Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Mosul, Iraq Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 11.05	Tithi 10 - 11	Gulika 2:37PM - 3:50PM	Ashvini Until 10:16AM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM	
		Yama 12:11PM - 1:24PM	Siddha Until 4:24AM Mon	Muruqa: Purple <i>Sunset:</i> 5:03PM	Moon 12 - Phase 36 - 23
	827486576	Rahu 3:50PM - 5:03PM	Vanija Until 5:16AM Mon	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:41PM	Moon - White	Sivaloka Day
Until 10:16AM				Pausha-Markali	
Then Routine Work - Prabararishta Yoga					

2 Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Mosul, Iraq Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 23.37	Tithi 11 - 12	Gulika 1:25PM - 2:38PM	Bharani Until 11:53AM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM	
Family Home Evening		Yama 10:58AM - 12:12PM	Sadhya Until 4:22AM Tue	Muruqa: Purple <i>Sunset:</i> 5:04PM	Moon 12 - Phase 36 - 24
	827486576	Rahu 8:32AM - 9:45AM	Bava Until 6:44AM Tue	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:55PM	Moon - White	Sivaloka Day
Until 11:53AM		Vaikuntha Ekadasi		Pausha-Markali	
Then Routine Work - Marana Yoga					

3 Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Mosul, Iraq Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 12	Gulika 12:12PM - 1:25PM	Krittika Until 1:47PM	Ganesha: Blue <i>Sunrise:</i> 7:19AM	
		Yama 9:46AM - 10:59AM	Subha Until 4:38AM Wed	Muruqa: Purple <i>Sunset:</i> 5:05PM	Moon 12 - Phase 36 - 25
	827586576	Rahu 2:38PM - 3:52PM	Bava Until 6:44AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:36PM	Moon - White	Subha Sivaloka Day
Until 1:47PM				Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Mosul, Iraq Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 18.07	Tithi 13	Gulika 10:59AM - 12:12PM	Rohini Until 4:21PM	Ganesha: White <i>Sunrise:</i> 7:19AM	
		Yama 8:33AM - 9:46AM	Sukla Until 5:05AM Thu	Muruqa: Purple <i>Sunset:</i> 5:06PM	Moon 12 - Phase 36 - 26
	838586576	Rahu 12:12PM - 1:26PM	Kaulava Until 8:35AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:36PM	Moon - Yellow	Devaloka Day
				Pausha-Markali	
<i>Pradosha Vrata</i>					

5 Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Mosul, Iraq Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 0.1	Tithi 14	Gulika 9:46AM - 11:00AM	Mrigashira Until 6:59PM	Ganesha: White <i>Sunrise:</i> 7:19AM	
		Yama 7:19AM - 8:33AM	Brahma Until 5:42AM Fri	Muruqa: Purple <i>Sunset:</i> 5:07PM	Moon 12 - Phase 36 - 27
	838586576	Rahu 1:26PM - 2:40PM	Gara Until 10:43AM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 11:50PM	Moon - Yellow	Devaloka Day
		Subramuniyaswami Jayanti		Pausha-Markali	

○ Friday, January 6, 2023 Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti/Bava Karana Purnimayam Titau			Mosul, Iraq Sun 28 Sutra 264 Subhakrit 5124
Mithuna Rasi: 12.09	Tithi 15	Gulika 8:33AM - 9:46AM	Ardra Until 9:36PM	Ganesha: White <i>Sunrise:</i> 7:19AM	
		Yama 2:40PM - 3:54PM	Indra Until 6:25AM Sat	Muruqa: Purple <i>Sunset:</i> 5:07PM	Moon 12 - Phase 36 - Purnima
	838586576	Rahu 11:00AM - 12:13PM	Visti Until 1:01PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Purnima* Until 2:12AM Sat	Moon - Yellow	Devaloka Day
				Pausha-Markali	
Ardra Darshanam					

Saturday, January 7, 2023 Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau			Mosul, Iraq Sun 29 Sutra 265 Subhakrit 5124
Mithuna Rasi: 24.05	Tithi 16	Gulika 7:19AM - 8:33AM	Punarvasu Until 12:38AM Sun	Ganesha: Clear <i>Sunrise:</i> 7:19AM	
		Yama 1:27PM - 2:41PM	Indra Until 6:25AM	Muruqa: Purple <i>Sunset:</i> 5:08PM	Moon 12 - Phase 36 - Prathama
	848586576	Rahu 9:47AM - 11:00AM	Balava Until 3:26PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 4:39AM Sun	Moon - Blue	Sivaloka Day
				Pausha-Markali	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 5.59 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkamba* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:42PM – 3:55PM **Pushya Until 3:33AM Mon**
Yama 12:14PM – 1:28PM **Vaidhriti* Until 7:10AM**
Rahu 3:55PM – 5:09PM **Taitila Until 5:55PM**
Dvitiya Until 7:09AM Mon

Ganesha: Clear **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:09PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Mosul, Iraq
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

1

Monday, January 9, 2023

Kataka Rasi: 17.52 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vishkamba*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:29PM – 2:42PM **Ashlesha* Until 6:17AM Tue**
Yama 11:01AM – 12:15PM **Vishkamba* Until 7:57AM**
Rahu 8:33AM – 9:47AM **Vanija Until 8:25PM**
Dvitiya Until 7:09AM

Ganesha: Clear **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:10PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Mosul, Iraq
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

2

Tuesday, January 10, 2023

Kataka Rasi: 29.46 Tithi 18 – 19
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:15PM – 1:29PM **Ashlesha* Until 6:17AM**
Yama 9:47AM – 11:01AM **Priti Until 8:45AM**
Rahu 2:43PM – 3:57PM **Bava Until 10:51PM**
Tritiya Until 9:37AM

Ganesha: Clear **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:11PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Mosul, Iraq
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

3

Wednesday, January 11, 2023

Simha Rasi: 11.42 Tithi 19 – 20
Creative Work Siddha Yoga
Until 9:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:01AM – 12:16PM **Magha* Until 9:16AM**
Yama 8:33AM – 9:47AM **Ayushman Until 9:26AM**
Rahu 12:16PM – 1:30PM **Kaulava Until 1:07AM Thu**
Chaturthi* Until 11:59AM

Ganesha: Clear **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:12PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Mosul, Iraq
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

4

Thursday, January 12, 2023

Simha Rasi: 23.43 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:47AM – 11:02AM **Purvaphalguni Until 11:51AM**
Yama 7:19AM – 8:33AM **Saubhagya Until 9:58AM**
Rahu 1:30PM – 2:44PM **Gara Until 3:03AM Fri**
Panchami Until 2:07PM

Ganesha: Clear **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:13PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Mosul, Iraq
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

5

Friday, January 13, 2023

Kanya Rasi: 5.51 Tithi 21 – 22
Creative Work Siddha Yoga
Until 1:55PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:33AM – 9:48AM **Uttaraphalguni Until 1:55PM**
Yama 2:45PM – 3:59PM **Sobhana Until 10:13AM**
Rahu 11:02AM – 12:16PM **Visti Until 4:30AM Sat**
Shashthi* Until 3:50PM

Ganesha: Clear **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:14PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Mosul, Iraq
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

6

Saturday, January 14, 2023

Kanya Rasi: 18.13 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:19AM – 8:33AM **Hasta Until 3:46PM**
Yama 1:31PM – 2:46PM **Athiganda* Until 10:03AM**
Rahu 9:48AM – 11:02AM **Balava Until 5:17AM Sun**
Saptami Until 4:58PM

Ganesha: White **Sunrise:** 7:19AM
Muruqa: Purple **Sunset:** 5:15PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Thai Pongal

Mosul, Iraq
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

D

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 0.52 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:46PM – 4:01PM **Chitra Until 4:45PM**
Yama 12:17PM – 1:32PM **Sukarma Until 9:21AM**
Rahu 4:01PM – 5:16PM **Taitila Until 5:15AM Mon**
Ashtami* Until 5:21PM

Ganesha: White **Sunrise:** 7:18AM
Muruqa: Purple **Sunset:** 5:16PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Mosul, Iraq
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Monday, January 16, 2023

Retreat Star

Tula Rasi: 13.55 Tithi 24 – 25
Family Home Evening
Creative Work Amrita Yoga
Until 4:46PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 1:32PM – 2:47PM **Svati Until 4:46PM**
Yama 11:03AM – 12:17PM **Dhriti Until 8:03AM**
Rahu 8:33AM – 9:48AM **Vanija Until 4:23AM Tue**
Navami* Until 4:54PM

Ganesha: White **Sunrise:** 7:18AM
Muruqa: Purple **Sunset:** 5:17PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Mosul, Iraq
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

www.gurudeva.org/panchang

1	Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 9 Sutra 275 Subhakrit 5124	
	Tula Rasi: 27.25	Tithi 25 – 26	879586576	Gulika Yama Rahu	12:18PM – 1:33PM 9:48AM – 11:03AM 2:48PM – 4:03PM	Vishakha Until 4:15PM Shula* Until 6:03AM Bava Until 2:40AM Wed Dashami Until 3:36PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:18AM Sunset: 5:18PM Moon 1 - Phase 38 - 9 2nd Phase Sivaloka Day
	Routine Work Marana Yoga							
	Until 4:15PM							
Then Creative Work - Siddha Yoga								

2	Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Mosul, Iraq Sun 10 Sutra 276 Subhakrit 5124	
	Vrischika Rasi: 11.24	Tithi 26 – 27	879586576	Gulika Yama Rahu	11:03AM – 12:18PM 8:33AM – 9:48AM 12:18PM – 1:33PM	Anuradha Until 2:48PM Vriddhi Until 12:11AM Thu Kaulava Until 12:13AM Thu Ekadashi* Until 1:30PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:17AM Sunset: 5:19PM Moon 1 - Phase 38 - 10 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga							

3	Thursday, January 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashtil/Trayodashyam Titau				Mosul, Iraq Sun 11 Sutra 277 Subhakrit 5124	
	Vrischika Rasi: 25.52	Tithi 27 – 28	871586576	Gulika Yama Rahu	9:48AM – 11:03AM 7:17AM – 8:32AM 1:34PM – 2:49PM	Jyeshtha* Until 12:33PM Dhruva Until 8:26PM Gara Until 9:09PM Dvadashtil* Until 10:44AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:17AM Sunset: 5:20PM Moon 1 - Phase 38 - 11 2nd Phase Sivaloka Day
	Routine Work Prabalarishta Yoga							
	Until 12:33PM							
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>		

4	Friday, January 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Sakuni* Karana Trayodashil/Chaturdashyam Titau				Mosul, Iraq Sun 12 Sutra 278 Subhakrit 5124	
	Dhanus Rasi: 10.46	Tithi 28 – 29	881586576	Gulika Yama Rahu	8:32AM – 9:48AM 2:50PM – 4:05PM 11:03AM – 12:19PM	Mula* Until 10:04AM Vyaghata* Until 4:20PM Sakuni Until 3:44AM Sat Trayodashil* Until 7:25AM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:17AM Sunset: 5:21PM Moon 1 - Phase 38 - 12 2nd Phase Sivaloka Day
	Creative Work Amrita Yoga							
	Until 10:04AM							
Then Routine Work - Prabalarishta Yoga								

●	Saturday, January 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq Sun 13 Sutra 279 Subhakrit 5124	
	Retreat Star							
	Dhanus Rasi: 25.57	Tithi 30	881586576	Gulika Yama Rahu	7:16AM – 8:32AM 1:35PM – 2:50PM 9:48AM – 11:03AM	Purvashadha* Until 7:06AM Harshana Until 12:01PM Catuspada Until 1:50PM Amavasya* Until 11:53PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:16AM Sunset: 5:22PM Moon 1 - Phase 38 - 13 Amavasya Sivaloka Day
	Creative Work Siddha Yoga							
Until 7:06AM								
Then Routine Work - Marana Yoga								

●	Sunday, January 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq Sun 14 Sutra 280 Subhakrit 5124	
	Retreat Star							
	Makara Rasi: 11.17	Tithi 1	891586576	Gulika Yama Rahu	2:51PM – 4:07PM 12:19PM – 1:35PM 4:07PM – 5:23PM	Shravana Until 12:53AM Mon Vajra* Until 7:34AM Kintughna Until 9:57AM Prathama* Until 8:01PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Magha*Thai	Sunrise: 7:16AM Sunset: 5:23PM Moon 1 - Phase 38 - 14 Prathama Sivaloka Day
	Creative Work Amrita Yoga							
Until 12:53AM Mon								
Then Creative Work - Siddha Yoga								

1	Monday, January 23, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq
	Makara Rasi: 26.34 Tithi 2 – 3 Family Home Evening Creative Work Siddha Yoga	891586576	Gulika 1:36PM – 2:52PM Yama 11:04AM – 12:20PM Rahu 8:31AM – 9:47AM	Dhanishtha Until 10:00PM Vyatipata* Until 11:01PM Balava Until 6:09AM Dvitiya Until 4:19PM	Ganesha: Yellow <i>Sunrise:</i> 7:15AM Muruqa: Purple <i>Sunset:</i> 5:24PM Nataraja: Clear Moon – Purple Magha*Thai	Sun 15 Sutra 281 Subhakrit 5124 Moon 1 - Phase 39 - 15 3rd Phase Sivaloka Day

2	Tuesday, January 24, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Mosul, Iraq
	Kumbha Rasi: 11.38 Tithi 3 – 4 Routine Work Marana Yoga	891586576	Gulika 12:20PM – 1:36PM Yama 9:47AM – 11:04AM Rahu 2:52PM – 4:09PM	Shatabhishak Until 7:24PM Variyan Until 7:09PM Vanija Until 11:31PM Tritiya Until 12:59PM	Ganesha: Yellow <i>Sunrise:</i> 7:15AM Muruqa: Purple <i>Sunset:</i> 5:25PM Nataraja: Clear Moon – Purple Magha*Thai	Sun 16 Sutra 282 Subhakrit 5124 Moon 1 - Phase 39 - 16 3rd Phase Sivaloka Day

3	Wednesday, January 25, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha*Shiva Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq
	Kumbha Rasi: 26.21 Tithi 4 – 5 Creative Work Amrita Yoga Until 5:38PM Then Creative Work - Siddha Yoga	911586576	Gulika 11:04AM – 12:20PM Yama 8:31AM – 9:47AM Rahu 12:20PM – 1:37PM	Purvaproshtapada* Until 5:38PM Parigha* Until 3:46PM Bava Until 9:01PM Chaturthi* Until 10:09AM	Ganesha: Blue <i>Sunrise:</i> 7:14AM Muruqa: Purple <i>Sunset:</i> 5:26PM Nataraja: Clear Moon – Clear Magha*Thai	Sun 17 Sutra 283 Subhakrit 5124 Moon 1 - Phase 39 - 17 3rd Phase Subha Sivaloka Day

4	Thursday, January 26, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq
	Meena Rasi: 10.37 Tithi 5 – 6 Creative Work Siddha Yoga	911586576	Gulika 9:47AM – 11:04AM Yama 7:14AM – 8:30AM Rahu 1:37PM – 2:54PM	Uttaraproshtapada Until 4:26PM Shiva Until 12:59PM Kaulava Until 7:15PM Panchami Until 8:01AM	Ganesha: Blue <i>Sunrise:</i> 7:14AM Muruqa: Purple <i>Sunset:</i> 5:27PM Nataraja: Clear Moon – Clear Magha*Thai	Sun 18 Sutra 284 Subhakrit 5124 Moon 1 - Phase 39 - 18 3rd Phase Subha Sivaloka Day

5	Friday, January 27, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Mosul, Iraq
	Meena Rasi: 24.22 Tithi 6 – 7 Creative Work Siddha Yoga Until 3:55PM Then Creative Work - Amrita Yoga	911586576	Gulika 8:30AM – 9:47AM Yama 2:54PM – 4:11PM Rahu 11:04AM – 12:21PM	Revati Until 3:55PM Siddha Until 10:48AM Gara Until 6:20PM Shashthi* Until 6:40AM	Ganesha: Blue <i>Sunrise:</i> 7:13AM Muruqa: Purple <i>Sunset:</i> 5:28PM Nataraja: Clear Moon – Clear Magha*Thai	Sun 19 Sutra 285 Subhakrit 5124 Moon 1 - Phase 39 - 19 3rd Phase Subha Sivaloka Day

6	Saturday, January 28, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq
	Mesha Rasi: 7.38 Tithi 7 – 8 Retreat Star Creative Work Siddha Yoga	921586576	Gulika 7:12AM – 8:29AM Yama 1:38PM – 2:55PM Rahu 9:47AM – 11:04AM	Ashvini Until 4:32PM Sadhya Until 9:20AM Visti Until 6:18PM Saptami Until 6:11AM	Ganesha: Yellow <i>Sunrise:</i> 7:12AM Muruqa: Purple <i>Sunset:</i> 5:29PM Nataraja: Clear Moon – White Magha*Thai	Sun 20 Sutra 286 Subhakrit 5124 Moon 1 - Phase 39 - 20 Ashtami Sivaloka Day

7	Sunday, January 29, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq
	Mesha Rasi: 20.28 Tithi 8 – 9 Retreat Star Routine Work Prabalarishta Yoga Until 5:48PM Then Creative Work - Siddha Yoga	922686576	Gulika 2:56PM – 4:13PM Yama 12:21PM – 1:38PM Rahu 4:13PM – 5:30PM	Bharani Until 5:48PM Subha Until 8:31AM Balava Until 7:04PM Ashtami* Until 6:34AM	Ganesha: Yellow <i>Sunrise:</i> 7:12AM Muruqa: Purple <i>Sunset:</i> 5:30PM Nataraja: Clear Moon – White Magha*Thai	Sun 21 Sutra 287 Subhakrit 5124 Moon 1 - Phase 39 - 21 Navami Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 22 Sutra 288 Subhakrit 5124
1		Gulika 1:39PM – 2:56PM	Krittika Until 7:35PM	Ganesha: Yellow	Sunrise: 7:11AM	
Wrishabha Rasi: 2.58	Tithi 9 – 10	Yama 11:04AM – 12:21PM	Sukla Until 8:16AM	Muruqa: Purple	Sunset: 5:31PM	Moon 1 - Phase 40 - 22
Family Home Evening	922686576	Rahu 8:28AM – 9:46AM	Taitila Until 8:32PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 7:42AM	Moon – White		Sivaloka Day
Until 7:35PM				Magha-Thai		
Then Creative Work - Amrita Yoga						

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 23 Sutra 289 Subhakrit 5124
2		Gulika 12:21PM – 1:39PM	Rohini Until 10:11PM	Ganesha: White	Sunrise: 7:10AM	
Wrishabha Rasi: 15.11	Tithi 10 – 11	Yama 9:46AM – 11:04AM	Brahma Until 8:28AM	Muruqa: Purple	Sunset: 5:32PM	Moon 1 - Phase 40 - 23
932686576		Rahu 2:57PM – 4:15PM	Vanija Until 10:31PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:27AM	Moon – Yellow		Subha Sivaloka Day
Until 10:11PM				Magha-Thai		
Then Creative Work - Siddha Yoga						

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sun 24 Sutra 290 Subhakrit 5124
3		Gulika 11:04AM – 12:21PM	Mrigashira Until 12:56AM Thu	Ganesha: White	Sunrise: 7:10AM	
Wrishabha Rasi: 27.14	Tithi 11 – 12	Yama 8:28AM – 9:46AM	Indra Until 9:01AM	Muruqa: Purple	Sunset: 5:32PM	Moon 1 - Phase 40 - 24
932686576		Rahu 12:21PM – 1:39PM	Bava Until 12:50AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:37AM	Moon – Yellow		Subha Sivaloka Day
Until 12:56AM Thu				Magha-Thai		
Then Routine Work - Marana Yoga						

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 25 Sutra 291 Subhakrit 5124
4		Gulika 9:45AM – 11:03AM	Ardra Until 3:40AM Fri	Ganesha: White	Sunrise: 7:09AM	
Mithuna Rasi: 9.1	Tithi 12 – 13	Yama 7:09AM – 8:27AM	Vaidhriti* Until 9:43AM	Muruqa: Purple	Sunset: 5:33PM	Moon 1 - Phase 40 - 25
932686576		Rahu 1:39PM – 2:57PM	Kaulava Until 3:18AM Fri	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 2:02PM	Moon – Yellow		Subha Sivaloka Day
Until 3:40AM Fri				Magha-Thai		
Then Creative Work - Siddha Yoga						

Pradosha Vrata

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 26 Sutra 292 Subhakrit 5124
5		Gulika 8:27AM – 9:45AM	Punarvasu Until 6:47AM Sat	Ganesha: Clear	Sunrise: 7:09AM	
Mithuna Rasi: 21.04	Tithi 13 – 14	Yama 2:58PM – 4:16PM	Vishkambha* Until 10:32AM	Muruqa: Purple	Sunset: 5:35PM	Moon 1 - Phase 40 - 26
942686576		Rahu 11:03AM – 12:22PM	Gara Until 5:49AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 4:32PM	Moon – Blue		Sivaloka Day
				Magha-Thai		

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 293 Subhakrit 5124
6		Gulika 7:08AM – 8:26AM	Punarvasu Until 6:47AM	Ganesha: Clear	Sunrise: 7:08AM	
Kataka Rasi: 2.56	Tithi 14	Yama 1:40PM – 2:59PM	Priti Until 11:22AM	Muruqa: Purple	Sunset: 5:36PM	Moon 1 - Phase 40 - 27
942686577		Rahu 9:45AM – 11:03AM	Vanija Until 7:02PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:02PM	Moon – Blue		Sivaloka Day
		Thai Pusam		Magha-Thai		

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 294 Subhakrit 5124
○		Gulika 2:59PM – 4:18PM	Pushya Until 9:41AM	Ganesha: Clear	Sunrise: 7:07AM	
Kataka Rasi: 14.5	Tithi 15	Yama 12:22PM – 1:41PM	Ayushman Until 12:08PM	Muruqa: Purple	Sunset: 5:37PM	Moon 1 - Phase 40 -
942686577		Rahu 4:18PM – 5:37PM	Visti Until 8:17AM	Nataraja: Orange		Purnima
Creative Work	Siddha Yoga		Purnima* Until 9:27PM	Moon – Blue		Sivaloka Day
				Magha-Thai		

Monday, February 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 295 Subhakrit 5124
○		Gulika 1:41PM – 3:00PM	Ashlesha* Until 12:19PM	Ganesha: Clear	Sunrise: 7:06AM	
Kataka Rasi: 26.45	Tithi 16	Yama 11:03AM – 12:22PM	Saubhagya Until 12:50PM	Muruqa: Purple	Sunset: 5:38PM	Moon 1 - Phase 40 -
942686577		Rahu 8:25AM – 9:44AM	Balava Until 10:39AM	Nataraja: Orange		Prathama
Family Home Evening			Prathama* Until 11:46PM	Moon – Blue		Sivaloka Day
Creative Work	Siddha Yoga			Magha-Thai		
Until 12:19PM						
Then Routine Work - Marana Yoga						



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 8.44 Tithi 17

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:22PM - 1:41PM
Yama 9:44AM - 11:03AM
Rahu 3:00PM - 4:20PM

Magha* Until 3:10PM

Sobhana Until 1:27PM

Taitila Until 12:54PM

Dvitiya Until 1:55AM Wed

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha-Thai

Sunrise: 7:05AM

Sunset: 5:39PM

Subha Sivaloka Day

Mosul, Iraq

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

1

Wednesday, February 8, 2023

Simha Rasi: 20.46 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Gulika 11:03AM - 12:22PM
Yama 8:24AM - 9:43AM
Rahu 12:22PM - 1:41PM

Purvaphalguni Until 5:40PM

Athiganda* Until 1:54PM

Vanija Until 2:57PM

Tritiya Until 3:52AM Thu

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha-Thai

Sunrise: 7:04AM

Sunset: 5:40PM

Subha Sivaloka Day

Mosul, Iraq

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

2

Thursday, February 9, 2023

Kanya Rasi: 2.54 Tithi 19

952686577

Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:43AM - 11:02AM
Yama 7:03AM - 8:23AM
Rahu 1:42PM - 3:01PM

Uttaraphalguni Until 7:45PM

Sukarma Until 2:11PM

Bava Until 4:44PM

Chaturthi* Until 5:29AM Fri

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha-Thai

Sunrise: 7:03AM

Sunset: 5:41PM

Subha Sivaloka Day

Mosul, Iraq

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

3

Friday, February 10, 2023

Kanya Rasi: 15.1 Tithi 20

962686577

Amrita Yoga

Until 9:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Kaulava Karana Panchamyam Titau

Gulika 8:22AM - 9:42AM
Yama 3:02PM - 4:22PM
Rahu 11:02AM - 12:22PM

Hasta Until 9:48PM

Dhriti Until 2:13PM

Kaulava Until 6:11PM

Panchami Until 6:42AM Sat

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Green
Magha-Thai

Sunrise: 7:02AM

Sunset: 5:42PM

Sivaloka Day

Mosul, Iraq

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

4

Saturday, February 11, 2023

Kanya Rasi: 27.35 Tithi 20 - 21

963686577

Marana Yoga

Until 11:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:01AM - 8:22AM
Yama 1:42PM - 3:03PM
Rahu 9:42AM - 11:02AM

Chitra Until 11:13PM

Shula* Until 1:52PM

Gara Until 7:08PM

Panchami Until 6:42AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green
Magha-Thai

Sunrise: 7:01AM

Sunset: 5:43PM

Devaloka Day

Mosul, Iraq

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

5

Sunday, February 12, 2023

Tula Rasi: 10.16 Tithi 21 - 22

963686577

Siddha Yoga

Until 11:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Gulika 3:03PM - 4:24PM
Yama 12:22PM - 1:43PM
Rahu 4:24PM - 5:44PM

Svati Until 11:52PM

Ganda* Until 1:06PM

Visiti Until 7:29PM

Shashthi* Until 7:22AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green
Magha-Thai

Sunrise: 7:00AM

Sunset: 5:44PM

Devaloka Day

Mosul, Iraq

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Retreat Star

Monday, February 13, 2023

Tula Rasi: 23.16 Tithi 22 - 23

973686577

Family Home Evening

Marana Yoga

Until 12:08AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:43PM - 3:04PM
Yama 11:01AM - 12:22PM
Rahu 8:20AM - 9:41AM

Vishakha Until 12:08AM Tue

Vridhhi Until 11:49AM

Balava Until 7:07PM

Saptami Until 7:22AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Magha-Masi

Sunrise: 6:59AM

Sunset: 5:45PM

Sivaloka Day

Mosul, Iraq

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Retreat Star

Tuesday, February 14, 2023

Vrischika Rasi: 6.37 Tithi 23 - 24

973686577

Siddha Yoga

Until 11:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:22PM - 1:43PM
Yama 9:40AM - 11:01AM
Rahu 3:04PM - 4:25PM

Anuradha Until 11:32PM

Dhruva Until 9:56AM

Taitila Until 6:02PM

Ashtami* Until 6:39AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Magha-Masi

Sunrise: 6:58AM

Sunset: 5:46PM

Sivaloka Day

Mosul, Iraq

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

1	Wednesday, February 15, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq Sun 9 Sutra 304
	Vrischika Rasi: 20.25	Tithi 25	973686577	Gulika 11:01AM – 12:22PM Yama 8:18AM – 9:40AM Rahu 12:22PM – 1:43PM	Jyeshtha* Until 10:05PM Vyaghata* Until 7:29AM Vanija Until 4:13PM Dashami Until 3:02AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 6:57AM Sunset: 5:47PM Moon 2 - Phase 42 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						
	Until 10:05PM						
Then Routine Work - Marana Yoga							

2	Thursday, February 16, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 10 Sutra 305
	Dhanus Rasi: 4.38	Tithi 26	983686577	Gulika 9:39AM – 11:01AM Yama 6:56AM – 8:18AM Rahu 1:44PM – 3:05PM	Mula* Until 8:18PM Vajra* Until 12:59AM Fri Bava Until 1:44PM Ekadashi* Until 12:16AM Fri	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:56AM Sunset: 5:48PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

3	Friday, February 17, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq Sun 11 Sutra 306
	Dhanus Rasi: 19.17	Tithi 27	983686577	Gulika 8:17AM – 9:39AM Yama 3:06PM – 4:27PM Rahu 11:00AM – 12:22PM	Purvashadha* Until 5:53PM Siddhi Until 9:08PM Kaulava Until 10:43AM Dvadashi* Until 9:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:55AM Sunset: 5:49PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga						
	Until 5:53PM						
Then Routine Work - Marana Yoga							

4	Saturday, February 18, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 12 Sutra 307
	Makara Rasi: 4.14	Tithi 28 – 29	983686577	Gulika 6:54AM – 8:16AM Yama 1:44PM – 3:06PM Rahu 9:38AM – 11:00AM	Uttarashadha Until 2:59PM Vyatipata* Until 5:01PM Gara Until 7:19AM Trayodashi* Until 5:29PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:54AM Sunset: 5:50PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Routine Work Marana Yoga						
	Until 2:59PM						
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

●	Sunday, February 19, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq Sun 13 Sutra 308
	Retreat Star		993686577	Gulika 3:07PM – 4:29PM Yama 12:22PM – 1:44PM Rahu 4:29PM – 5:51PM	Shravana Until 12:11PM Variyan Until 12:45PM Catuspada Until 11:57PM Chaturdashi* Until 1:47PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:53AM Sunset: 5:51PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Makara Rasi: 19.24		Tithi 29 – 30				
	Creative Work Amrita Yoga						
Until 12:11PM							
Then Routine Work - Marana Yoga							

●	Monday, February 20, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq Sun 14 Sutra 309
	Retreat Star		993686577	Gulika 1:44PM – 3:07PM Yama 10:59AM – 12:22PM Rahu 8:14AM – 9:37AM	Dhanishtha Until 9:16AM Parigha* Until 8:31AM Kintughna Until 8:21PM Amavasya* Until 10:07AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 6:52AM Sunset: 5:52PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Kumbha Rasi: 5		Tithi 30 – 1				
	Family Home Evening						
Creative Work Siddha Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq
	Kumbha Rasi: 19.4	Tithi 1 - 2	Gulika 12:22PM - 1:45PM	Shatabhishak Until 6:23AM	Ganesha: Green	<i>Sunrise:</i> 6:50AM	Sun 15 Sutra 310
			Yama 9:36AM - 10:59AM	Siddha Until 12:38AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Subhakrit 5124
	Routine Work	Marana Yoga	993686577 Rahu 3:07PM - 4:30PM	Kaulava Until 3:31AM Wed	Nataraja: Orange		Moon 2 - Phase 43 - 15 3rd Phase
			Prathama* Until 6:38AM	Moon - Purple		Devaloka Day	
				Phalguna-Masi			

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Mosul, Iraq
	Meena Rasi: 4.26	Tithi 3	Gulika 10:59AM - 12:22PM	Uttaraproshtapada Until 2:21AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:49AM	Sun 16 Sutra 311
			Yama 8:12AM - 9:35AM	Sadhya Until 9:16PM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Subhakrit 5124
	Creative Work	Siddha Yoga	913686577 Rahu 12:22PM - 1:45PM	Taitila Until 2:11PM	Nataraja: Orange		Moon 2 - Phase 43 - 16 3rd Phase
			Tritiya Until 12:57AM Thu	Moon - Clear		Sivaloka Day	
				Phalguna-Masi			

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Mosul, Iraq
	Meena Rasi: 18.49	Tithi 4	Gulika 9:35AM - 10:58AM	Revati Until 1:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	Sun 17 Sutra 312
			Yama 6:48AM - 8:11AM	Subha Until 6:27PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Subhakrit 5124
	Creative Work	Siddha Yoga	913786577 Rahu 1:45PM - 3:08PM	Vanija Until 11:57AM	Nataraja: Orange		Moon 2 - Phase 43 - 17 3rd Phase
			Chaturthi* Until 11:05PM	Moon - Clear		Subha Sivaloka Day	
				Phalguna-Masi			

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq
	Mesha Rasi: 2.43	Tithi 5	Gulika 8:10AM - 9:34AM	Ashvini Until 12:55AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Sun 18 Sutra 313
			Yama 3:09PM - 4:32PM	Sukla Until 4:15PM	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Subhakrit 5124
	Creative Work	Amrita Yoga	923786577 Rahu 10:58AM - 12:21PM	Bava Until 10:28AM	Nataraja: Orange		Moon 2 - Phase 43 - 18 3rd Phase
			Panchami Until 10:02PM	Moon - White		Sivaloka Day	
				Phalguna-Masi			

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq
	Mesha Rasi: 16.07	Tithi 6	Gulika 6:46AM - 8:10AM	Bharani Until 1:27AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM	Sun 19 Sutra 314
			Yama 1:45PM - 3:09PM	Brahma Until 2:44PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Subhakrit 5124
	Creative Work	Siddha Yoga	923786577 Rahu 9:33AM - 10:57AM	Kaulava Until 9:51AM	Nataraja: Orange		Moon 2 - Phase 43 - 19 3rd Phase
			Shashthi* Until 9:50PM	Moon - White		Sivaloka Day	
				Phalguna-Masi			

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Mosul, Iraq
	Mesha Rasi: 29.05	Tithi 7	Gulika 3:10PM - 4:34PM	Krittika Until 2:39AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Sun 20 Sutra 315
			Yama 12:21PM - 1:45PM	Indra Until 1:55PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Subhakrit 5124
	Creative Work	Siddha Yoga	924786577 Rahu 4:34PM - 5:58PM	Gara Until 10:05AM	Nataraja: Orange		Moon 2 - Phase 43 - 20 3rd Phase
			Saptami Until 10:30PM	Moon - White		Devaloka Day	
				Phalguna-Masi			

☾	Monday, February 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 1:45PM - 3:10PM	Rohini Until 4:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	Sun 21 Sutra 316
	Vrishabha Rasi: 11.38	Tithi 8	Yama 10:56AM - 12:21PM	Vaidhriti* Until 1:41PM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Subhakrit 5124
	Family Home Evening		934786577 Rahu 8:08AM - 9:32AM	Visti Until 11:09AM	Nataraja: Orange		Moon 2 - Phase 43 - 21 Ashtami
			Ashtami* Until 11:55PM	Moon - Yellow		Sivaloka Day	
				Phalguna-Masi			

☽	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq
	Retreat Star		Gulika 12:21PM - 1:46PM	Mrigashira Until 7:24AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Sun 22 Sutra 317
	Vrishabha Rasi: 23.54	Tithi 9	Yama 9:31AM - 10:56AM	Vishkambha* Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Subhakrit 5124
	Creative Work	Siddha Yoga	934786577 Rahu 3:10PM - 4:35PM	Balava Until 12:52PM	Nataraja: Orange		Moon 2 - Phase 43 - 22 Navami
			Navami* Until 1:54AM Wed	Moon - Yellow		Sivaloka Day	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq
	Mithuna Rasi: 5.57	Tithi 10	Gulika 10:55AM – 12:20PM	Mrigashira Until 7:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Sun 23 Sutra 318
			Yama 8:04AM – 9:30AM	Priti Until 2:34PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Subhakrit 5124
	Creative Work	Siddha Yoga	934786577 Rahu 12:20PM – 1:46PM	Taitila Until 3:04PM	Nataraja: Orange		Moon 2 - Phase 44 - 23 4th Phase
			Dashami Until 4:15AM Thu	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

2	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq
	Mithuna Rasi: 17.53	Tithi 11	Gulika 9:29AM – 10:55AM	Ardra Until 10:06AM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Sun 24 Sutra 319
			Yama 6:38AM – 8:03AM	Ayushman Until 3:22PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Subhakrit 5124
	Routine Work	Marana Yoga	934786577 Rahu 1:46PM – 3:11PM	Vanija Until 5:31PM	Nataraja: Orange		Moon 2 - Phase 44 - 24 4th Phase
			Ekadashi Until 6:45AM Fri	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

3	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Mithuna Rasi: 29.44	Tithi 11 – 12	Gulika 8:02AM – 9:28AM	Punarvasu Until 1:14PM	Ganesha: White	<i>Sunrise:</i> 6:36AM	Sun 25 Sutra 320
			Yama 3:12PM – 4:38PM	Saubhagya Until 4:14PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Subhakrit 5124
	Creative Work	Siddha Yoga	944786577 Rahu 10:54AM – 12:20PM	Bava Until 8:02PM	Nataraja: Orange		Moon 2 - Phase 44 - 25 4th Phase
			Ekadashi Until 6:45AM	Moon – Blue		Devaloka Day	
				Phalguna-Masi			

4	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Kataka Rasi: 11.37	Tithi 12 – 13	Gulika 6:35AM – 8:01AM	Pushya Until 4:10PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Sun 26 Sutra 321
			Yama 1:46PM – 3:12PM	Sobhana Until 5:05PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Subhakrit 5124
	Creative Work	Siddha Yoga	944786577 Rahu 9:27AM – 10:54AM	Kaulava Until 10:28PM	Nataraja: Orange		Moon 2 - Phase 44 - 26 4th Phase
			Dvadashi Until 9:15AM	Moon – Blue		Devaloka Day	
				Phalguna-Masi			
				<i>Pradosha Vrata</i>			

5	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Kataka Rasi: 23.32	Tithi 13 – 14	Gulika 3:13PM – 4:39PM	Ashlesha* Until 6:47PM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Sun 27 Sutra 322
			Yama 12:20PM – 1:46PM	Athiganda* Until 5:47PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Subhakrit 5124
	Creative Work	Siddha Yoga	144786577 Rahu 4:39PM – 6:05PM	Gara Until 12:44AM Mon	Nataraja: Orange		Moon 2 - Phase 44 - 27 4th Phase
			Trayodashi Until 11:37AM	Moon – Blue		Devaloka Day	
				Phalguna-Masi			
			Chidambaram Abhishekam				

	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq
	Simha Rasi: 5.31	Tithi 14 – 15	Gulika 1:46PM – 3:13PM	Magha* Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Sun 28 Sutra 323
	Family Home Evening		Yama 10:53AM – 12:19PM	Sukarma Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Subhakrit 5124
	Routine Work	Marana Yoga	154786577 Rahu 7:59AM – 9:26AM	Visti Until 2:45AM Tue	Nataraja: Orange		Moon 2 - Phase 44 - Purnima
			Chaturdashi* Until 1:45PM	Moon – Red		Sivaloka Day	
				Phalguna-Masi			
			Holi				

6	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq
	Simha Rasi: 17.37	Tithi 15 – 16	Gulika 12:19PM – 1:46PM	Purvaphalguni Until 11:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Sun 29 Sutra 324
			Yama 9:25AM – 10:52AM	Dhriti Until 6:40PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Subhakrit 5124
	Creative Work	Siddha Yoga	154786577 Rahu 3:13PM – 4:40PM	Balava Until 4:28AM Wed	Nataraja: Orange		Moon 2 - Phase 44 - Prathama
			Purnima* Until 3:38PM	Moon – Red		Sivaloka Day	
				Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq

Sutra 325

Simha Rasi: 29.49 Tithi 16 - 17

Gulika 10:52AM - 12:19PM
Yama 7:57AM - 9:24AM
154786577 Rahu 12:19PM - 1:46PM

Uttaraphalguni Until 1:37AM Thu
Shula* Until 6:44PM
Taitila Until 5:52AM Thu
Prathama* Until 5:11PM

Ganesha: Clear Sunrise: 6:30AM
Muruga: Purple Sunset: 6:08PM
Nataraja: Orange
Moon - Red
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 -
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 1:37AM Thu

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Gara Karana Dvitiyayam Titau

Mosul, Iraq

Sutra 326

Kanya Rasi: 12.1 Tithi 17

Gulika 9:23AM - 10:51AM
Yama 6:28AM - 7:56AM
164786577 Rahu 1:46PM - 3:14PM

Hasta Until 3:25AM Fri
Ganda* Until 6:34PM
Gara Until 6:24PM
Dvitiya Until 6:24PM

Ganesha: White Sunrise: 6:28AM
Muruga: Purple Sunset: 6:09PM
Nataraja: Orange
Moon - Green
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 3:25AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Vanija/Visiti* Karana Tritiyayam Titau

Mosul, Iraq

Sutra 327

Kanya Rasi: 24.41 Tithi 18

Gulika 7:55AM - 9:23AM
Yama 3:14PM - 4:42PM
165786577 Rahu 10:51AM - 12:18PM

Chitra Until 4:40AM Sat
Vriddhi Until 6:07PM
Vanija Until 6:53AM
Tritiya Until 7:13PM

Ganesha: Yellow Sunrise: 6:27AM
Muruga: Purple Sunset: 6:10PM
Nataraja: Orange
Moon - Green
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Mosul, Iraq

Sutra 328

Tula Rasi: 7.22 Tithi 19

Gulika 6:25AM - 7:54AM
Yama 1:46PM - 3:15PM
165786577 Rahu 9:22AM - 10:50AM

Svati Until 5:21AM Sun
Dhruva Until 5:19PM
Bava Until 7:30AM
Chaturthi* Until 7:38PM

Ganesha: Yellow Sunrise: 6:25AM
Muruga: Purple Sunset: 6:11PM
Nataraja: Orange
Moon - Green
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 5:21AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 12, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq

Sutra 329

Tula Rasi: 20.16 Tithi 20

Gulika 3:15PM - 4:43PM
Yama 12:18PM - 1:46PM
175786577 Rahu 4:43PM - 6:12PM

Vishakha Until 5:52AM Mon
Vyaghata* Until 4:11PM
Kaulava Until 7:41AM
Panchami Until 7:34PM

Ganesha: Blue Sunrise: 6:24AM
Muruga: Purple Sunset: 6:12PM
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 4
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 5:52AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 13, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq

Sutra 330

Vrischika Rasi: 3.23 Tithi 21

Gulika 1:46PM - 3:15PM
Yama 10:49AM - 12:18PM
175786577 Rahu 7:51AM - 9:20AM

Anuradha Until 5:44AM Tue
Harshana Until 2:40PM
Gara Until 7:23AM
Shashthi* Until 7:01PM

Ganesha: Blue Sunrise: 6:23AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 5
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:44AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, March 14, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq

Sutra 331

Vrischika Rasi: 16.48 Tithi 22 - 23

Gulika 12:17PM - 1:46PM
Yama 9:19AM - 10:48AM
175786577 Rahu 3:15PM - 4:44PM

Jyeshtha* Until 4:56AM Wed
Vajra* Until 12:43PM
Visti Until 6:33AM
Saptami Until 5:56PM

Ganesha: Blue Sunrise: 6:21AM
Muruga: Purple Sunset: 6:14PM
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 6
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

D

Wednesday, March 15, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq

Sutra 332

Dhanus Rasi: 0.31 Tithi 23 - 24

Gulika 10:48AM - 12:17PM
Yama 7:49AM - 9:18AM
185786578 Rahu 12:17PM - 1:46PM

Mula* Until 3:55AM Thu
Siddhi Until 10:22AM
Taitila Until 3:20AM Thu
Ashtami* Until 4:19PM

Ganesha: Red Sunrise: 6:20AM
Muruga: Purple Sunset: 6:14PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Subhakit 5124
Moon 3 - Phase 45 - 7
Ashtami

Sivaloka Day

Routine Work Marana Yoga

Until 3:55AM Thu

Then Creative Work - Siddha Yoga

Thursday, March 16, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mosul, Iraq

Sutra 333

Dhanus Rasi: 14.33 Tithi 24 - 25

Gulika 9:18AM - 10:47AM
Yama 6:18AM - 7:48AM
185786578 Rahu 1:46PM - 3:16PM

Purvashadha* Until 2:17AM Fri
Vyatipata* Until 7:37AM
Vanija Until 1:00AM Fri
Navami* Until 2:12PM

Ganesha: Red Sunrise: 6:18AM
Muruga: Purple Sunset: 6:15PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Subhakit 5124
Moon 3 - Phase 45 - 8
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 2:17AM Fri

Then Routine Work - Marana Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Mosul, Iraq on 5/1/20


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1	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Dhanus Rasi: 28.53	Tithi 25 – 26	Gulika 7:47AM – 9:17AM	Uttarashadha Until 12:08AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:17AM	Sun 9 Sutra 334
			Yama 3:16PM – 4:46PM	Parigha* Until 1:02AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Subhakrit 5124
			185786578 Rahu 10:47AM – 12:17PM	Bava Until 10:16PM	Nataraja: Clear		Moon 3 - Phase 46 - 9 2nd Phase
Routine Work Marana Yoga		Dashami Until 11:39AM		Moon – Light Blue		Sivaloka Day	
Until 12:08AM Sat				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

2	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Mosul, Iraq
	Makara Rasi: 13.29	Tithi 26 – 27	Gulika 6:15AM – 7:46AM	Shravana Until 9:59PM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Sun 10 Sutra 335
			Yama 1:46PM – 3:17PM	Shiva Until 9:23PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Subhakrit 5124
			195786578 Rahu 9:16AM – 10:46AM	Kaulava Until 7:15PM	Nataraja: Clear		Moon 3 - Phase 46 - 10 2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 8:46AM		Moon – Purple		Subha Sivaloka Day	
				Phalguna•Panguni			

3	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq
	Makara Rasi: 28.16	Tithi 28	Gulika 3:17PM – 4:47PM	Dhanishtha Until 7:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:14AM	Sun 11 Sutra 336
			Yama 12:16PM – 1:46PM	Siddha Until 5:35PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Subhakrit 5124
			196796578 Rahu 4:47PM – 6:18PM	Gara Until 4:04PM	Nataraja: Clear		Moon 3 - Phase 46 - 11 2nd Phase
Routine Work Marana Yoga		Trayodashi* Until 2:27AM Mon		Moon – Purple		Devaloka Day	
Until 7:34PM		Pradosha Vrata (Fasting)		Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

4	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq
	Kumbha Rasi: 13.06	Tithi 29	Gulika 1:46PM – 3:17PM	Shatabhishak Until 5:01PM	Ganesha: Green	<i>Sunrise:</i> 6:13AM	Sun 12 Sutra 337
	Family Home Evening		Yama 10:45AM – 12:16PM	Sadhya Until 1:49PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Subhakrit 5124
			196896578 Rahu 7:43AM – 9:14AM	Visti Until 12:53PM	Nataraja: Clear		Moon 3 - Phase 46 - 12 2nd Phase
Creative Work Siddha Yoga		Chaturdashi* Until 11:19PM		Moon – Purple		Sivaloka Day	
Until 5:01PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika 12:15PM – 1:46PM	Purvaproshtapada* Until 2:55PM	Ganesha: Orange	<i>Sunrise:</i> 6:11AM	Sun 13 Sutra 338
	Kumbha Rasi: 27.52	Tithi 30	Yama 9:13AM – 10:44AM	Subha Until 10:11AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Subhakrit 5124
			116896578 Rahu 3:17PM – 4:49PM	Catuspada Until 9:50AM	Nataraja: Clear		Moon 3 - Phase 46 - 13 Amavasya
Routine Work Marana Yoga		Amavasya* Until 8:24PM		Moon – Clear		Devaloka Day	
Until 2:55PM				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Mosul, Iraq
	Retreat Star		Gulika 10:44AM – 12:15PM	Uttaraproshtapada Until 1:01PM	Ganesha: Orange	<i>Sunrise:</i> 6:10AM	Sun 14 Sutra 339
	Meena Rasi: 12.26	Tithi 1 – 2	Yama 7:41AM – 9:12AM	Sukla Until 6:45AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Subhakrit 5124
			116896578 Rahu 12:15PM – 1:46PM	Kintughna Until 7:06AM	Nataraja: Clear		Moon 3 - Phase 46 - 14 Prathama
Creative Work Siddha Yoga		Prathama* Until 5:52PM		Moon – Clear		Devaloka Day	
Until 1:01PM		Yugadhi		Chaitra•Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Mosul, Iraq on 5/1/20

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1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Mosul, Iraq Sun 15 Sutra 340 Subhakit 5124
Meena Rasi: 26.42	Tithi 2 – 3	Gulika 9:11AM – 10:43AM	Revati Until 11:28AM	Ganesha: Orange	<i>Sunrise:</i> 6:08AM	
		Yama 6:08AM – 7:40AM	Indra Until 1:11AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 1:46PM – 3:18PM	Taitila Until 3:06AM Fri	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 3:51PM	Moon – Clear		Devaloka Day
Until 11:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Mosul, Iraq Sun 16 Sutra 341 Subhakit 5124
Mesha Rasi: 10.34	Tithi 3 – 4	Gulika 7:39AM – 9:11AM	Ashvini Until 10:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
		Yama 3:18PM – 4:50PM	Vaidhriti* Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:43AM – 12:14PM	Vanija Until 2:07AM Sat	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 2:30PM	Moon – White		Devaloka Day
Until 10:50AM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Mosul, Iraq Sun 17 Sutra 342 Subhakit 5124
Mesha Rasi: 24.01	Tithi 4 – 5	Gulika 6:05AM – 7:37AM	Bharani Until 10:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	
		Yama 1:46PM – 3:19PM	Vishkamba* Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:10AM – 10:42AM	Bava Until 1:55AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 1:54PM	Moon – White		Devaloka Day
Until 10:48AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Mosul, Iraq Sun 18 Sutra 343 Subhakit 5124
Vrishabha Rasi: 7.03	Tithi 5 – 6	Gulika 3:19PM – 4:51PM	Krittika Until 11:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	
		Yama 12:14PM – 1:46PM	Priti Until 9:03PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 4:51PM – 6:24PM	Kaulava Until 2:30AM Mon	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 2:05PM	Moon – White		Devaloka Day
				Chaitra•Panguni		

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Mosul, Iraq Sun 19 Sutra 344 Subhakit 5124
Vrishabha Rasi: 19.42	Tithi 6 – 7	Gulika 1:46PM – 3:19PM	Rohini Until 12:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	
Family Home Evening		Yama 10:41AM – 12:14PM	Ayushman Until 8:50PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:35AM – 9:08AM	Gara Until 3:47AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 3:02PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Mosul, Iraq Sun 20 Sutra 345 Subhakit 5124
Mithuna Rasi: 2.02	Tithi 7 – 8	Gulika 12:13PM – 1:46PM	Mrigashira Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	
		Yama 9:07AM – 10:40AM	Saubhagya Until 9:07PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:19PM – 4:52PM	Visti Until 5:39AM Wed	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 4:38PM	Moon – Yellow		Devaloka Day
Until 3:05PM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava Karana Ashtamyam Titau		Mosul, Iraq Sun 21 Sutra 346 Subhakit 5124
Mithuna Rasi: 14.1	Tithi 8	Gulika 10:40AM – 12:13PM	Ardra Until 5:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	
		Yama 7:33AM – 9:06AM	Sobhana Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:13PM – 1:46PM	Bava Until 6:42PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 6:42PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Mosul, Iraq Sun 22 Sutra 347 Subhakit 5124
Mithuna Rasi: 26.08	Tithi 9	Gulika 9:05AM – 10:39AM	Punarvasu Until 8:30PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	
		Yama 5:58AM – 7:32AM	Athiganda* Until 10:32PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 22
		147896578 Rahu 1:46PM – 3:20PM	Balava Until 7:53AM	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Navami* Until 9:03PM	Moon – Blue		Bhuloka Day
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq
	Kataka Rasi: 8.01	Tithi 10	Gulika 7:30AM – 9:04AM	Pushya Until 11:26PM	Ganesha: White	Sunrise: 5:57AM	Sun 23 Sutra 348
			Yama 3:20PM – 4:54PM	Sukarma Until 11:23PM	Muruqa: Clear	Sunset: 6:28PM	Subhakrit 5124
	147896578	Rahu 10:38AM – 12:12PM	Taitila Until 10:17AM	Dashami Until 11:29PM	Nataraja: Clear		Moon 3 - Phase 48 - 23 4th Phase
Routine Work	Marana Yoga			Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			


2	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq
	Kataka Rasi: 19.55	Tithi 11	Gulika 5:57AM – 7:30AM	Ashlesha* Until 2:05AM Sun	Ganesha: White	Sunrise: 5:57AM	Sun 24 Sutra 349
			Yama 1:46PM – 3:20PM	Dhriti Until 12:11AM Sun	Muruqa: Clear	Sunset: 6:28PM	Subhakrit 5124
	147896578	Rahu 9:04AM – 10:38AM	Vanija Until 12:41PM	Ekadashi Until 1:48AM Sun	Nataraja: Clear		Moon 3 - Phase 48 - 24 4th Phase
Routine Work	Marana Yoga	Yogaswami Mahasamadhi		Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

3	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq
	Simha Rasi: 1.52	Tithi 12	Gulika 3:20PM – 4:55PM	Magha* Until 4:50AM Mon	Ganesha: Red	Sunrise: 5:55AM	Sun 25 Sutra 350
			Yama 12:12PM – 1:46PM	Shula* Until 12:46AM Mon	Muruqa: Clear	Sunset: 6:29PM	Subhakrit 5124
	158896578	Rahu 4:55PM – 6:29PM	Bava Until 2:54PM	Dvadashi Until 3:52AM Mon	Nataraja: Clear		Moon 3 - Phase 48 - 25 4th Phase
Routine Work	Marana Yoga			Moon – Red		Devaloka Day	
Until 4:50AM Mon				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq
	Simha Rasi: 13.55	Tithi 13	Gulika 1:46PM – 3:21PM	Purvaphalguni Until 7:04AM Tue	Ganesha: Red	Sunrise: 5:54AM	Sun 26 Sutra 351
			Yama 10:37AM – 12:12PM	Ganda* Until 1:06AM Tue	Muruqa: Clear	Sunset: 6:30PM	Subhakrit 5124
	158896578	Rahu 7:28AM – 9:03AM	Kaulava Until 4:48PM	Trayodashi Until 5:34AM Tue	Nataraja: Clear		Moon 3 - Phase 48 - 26 4th Phase
Family Home Evening				Moon – Red		Devaloka Day	
Creative Work	Siddha Yoga			Chaitra•Panguni			
Until 7:04AM Tue							
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

5	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Gara Karana Chaturdashyam Titau				Mosul, Iraq
	Simha Rasi: 26.07	Tithi 14	Gulika 12:11PM – 1:46PM	Purvaphalguni Until 7:04AM	Ganesha: Red	Sunrise: 5:52AM	Sun 27 Sutra 352
			Yama 9:02AM – 10:37AM	Vriddhi Until 1:07AM Wed	Muruqa: Clear	Sunset: 6:31PM	Subhakrit 5124
	158896578	Rahu 3:21PM – 4:56PM	Gara Until 6:17PM	Chaturdashi* Until 6:50AM Wed	Nataraja: Clear		Moon 3 - Phase 48 - 27 4th Phase
Creative Work	Siddha Yoga			Moon – Red		Devaloka Day	
Until 7:04AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq
	Kanya Rasi: 8.3	Tithi 14 – 15	Gulika 10:36AM – 12:11PM	Uttaraphalguni Until 8:42AM	Ganesha: Red	Sunrise: 5:51AM	Sutra 353
			Yama 7:26AM – 9:01AM	Dhruva Until 12:44AM Thu	Muruqa: Clear	Sunset: 6:31PM	Subhakrit 5124
	158896578	Rahu 12:11PM – 1:46PM	Visti Until 7:17PM	Chaturdashi* Until 6:50AM	Nataraja: Clear		Moon 3 - Phase 48 - Purnima
Creative Work	Amrita Yoga			Moon – Red		Devaloka Day	
Until 8:42AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq
	Kanya Rasi: 21.06	Tithi 15 – 16	Gulika 9:00AM – 10:35AM	Hasta Until 10:11AM	Ganesha: Blue	Sunrise: 5:49AM	Sutra 354
			Yama 5:49AM – 7:25AM	Vyaghata* Until 12:00AM Fri	Muruqa: Clear	Sunset: 6:32PM	Subhakrit 5124
	168896578	Rahu 1:46PM – 3:22PM	Balava Until 7:49PM	Purnima* Until 7:36AM	Nataraja: Clear		Moon 3 - Phase 48 - Prathama
Routine Work	Marana Yoga			Moon – Green		Bhuloka Day	
Until 10:11AM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							



Friday, April 7, 2023
Gold Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq
Sutra 355

Tula Rasi: 3.56 Tithi 16 - 17

Gulika 7:24AM - 8:59AM
Yama 3:22PM - 4:58PM
168896578 **Rahu** 10:35AM - 12:11PM

Chitra Until 11:03AM
Harshana Until 10:54PM
Taitila Until 7:51PM
Prathama* Until 7:52AM

Ganesha: Blue *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 6:33PM
Nataraja: Clear
Moon - Green
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq
Sun 1 Sutra 356

Tula Rasi: 16.59 Tithi 17 - 18

Gulika 5:47AM - 7:22AM
Yama 1:46PM - 3:22PM
168896578 **Rahu** 8:58AM - 10:34AM

Svati Until 11:18AM
Vajra* Until 9:26PM
Vanija Until 7:27PM
Dvitiya Until 7:41AM

Ganesha: Blue *Sunrise:* 5:47AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: Clear
Moon - Green
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, April 9, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq
Sun 2 Sutra 357

Vrischika Rasi: 0.16 Tithi 18 - 19

Gulika 3:22PM - 4:59PM
Yama 12:10PM - 1:46PM
179896578 **Rahu** 4:59PM - 6:35PM

Vishakha Until 11:28AM
Siddhi Until 7:40PM
Bava Until 6:40PM
Tritiya Until 7:05AM

Ganesha: Red *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Clear
Moon - Orange
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Monday, April 10, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 3 Sutra 358

Vrischika Rasi: 13.46 Tithi 19 - 20

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:46PM - 3:23PM
Yama 10:33AM - 12:10PM
179896578 **Rahu** 7:20AM - 8:57AM

Anuradha Until 11:07AM
Vyatipata* Until 5:38PM
Taitila Until 4:47AM Tue
Chaturthi* Until 6:06AM

Ganesha: Red *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon - Orange
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

4

Tuesday, April 11, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq
Sun 4 Sutra 359

Vrischika Rasi: 27.26 Tithi 21

Routine Work Marana Yoga
Until 10:17AM
Then Creative Work - Amrita Yoga

Gulika 12:09PM - 1:46PM
Yama 8:56AM - 10:33AM
179896578 **Rahu** 3:23PM - 5:00PM

Jyeshtha* Until 10:17AM
Variyan Until 3:19PM
Gara Until 4:02PM
Shashthi* Until 3:10AM Wed

Ganesha: Red *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon - Orange
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq
Sun 5 Sutra 360

Dhanus Rasi: 11.19 Tithi 22

Routine Work Marana Yoga
Until 9:28AM
Then Creative Work - Amrita Yoga

Gulika 10:32AM - 12:09PM
Yama 7:18AM - 8:55AM
189896578 **Rahu** 12:09PM - 1:46PM

Mula* Until 9:28AM
Parigha* Until 12:47PM
Visti* Until 2:16PM
Saptami Until 1:16AM Thu

Ganesha: Green *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq
Sun 6 Sutra 361

Dhanus Rasi: 25.2 Tithi 23

Creative Work Siddha Yoga
Until 8:14AM
Then Routine Work - Marana Yoga

Gulika 8:54AM - 10:32AM
Yama 5:40AM - 7:17AM
189996578 **Rahu** 1:46PM - 3:24PM

Purvashadha* Until 8:14AM
Shiva Until 10:04AM
Balava Until 12:15PM
Ashtami* Until 11:09PM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Panguni

Subhakit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq
Sun 7 Sutra 362

Makara Rasi: 9.31 Tithi 24

Routine Work Marana Yoga

Gulika 7:16AM - 8:53AM
Yama 3:24PM - 5:01PM
189996578 **Rahu** 10:31AM - 12:09PM

Chidambaram Abhishekam
Tamil New Year

Uttarashadha Until 6:39AM
Siddha Until 7:08AM
Taitila Until 10:01AM
Navami* Until 8:49PM

Ganesha: White *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami


Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq
	Makara Rasi: 23.49	Tithi 25	Gulika 5:37AM – 7:15AM	Dhanishtha Until 3:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:37AM	Sun 8
			Yama 1:46PM – 3:24PM	Subha Until 12:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 8:53AM – 10:30AM	Vanija Until 7:38AM	Nataraja: Clear		Moon 4 - Phase 1 - 8
			Dashami Until 6:22PM	Moon – Purple		2nd Phase	
				Chaitra•Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Kumbha Rasi: 8.11	Tithi 26 – 27	Gulika 3:24PM – 5:03PM	Shatabhishak Until 1:33AM Mon	Ganesha: White	<i>Sunrise:</i> 5:35AM	Sun 9
			Yama 12:08PM – 1:46PM	Sukla Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 5:03PM – 6:41PM	Kaulava Until 2:37AM Mon	Nataraja: Clear		Moon 4 - Phase 1 - 9
			Ekadashi* Until 3:51PM	Moon – Purple		2nd Phase	
				Chaitra•Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Kumbha Rasi: 22.34	Tithi 27 – 28	Gulika 1:46PM – 3:25PM	Purvaproshtapada* Until 12:01AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:34AM	Sun 10
	Family Home Evening		Yama 10:29AM – 12:08PM	Brahma Until 6:39PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 7:13AM – 8:51AM	Gara Until 12:11AM Tue	Nataraja: Clear		Moon 4 - Phase 1 - 10
			Dvadashi* Until 1:22PM	Moon – Clear		2nd Phase	
				Chaitra•Chaitra		Devaloka Day	
						Pradosha Vrata (Fasting)	

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Meena Rasi: 6.53	Tithi 28 – 29	Gulika 12:08PM – 1:46PM	Uttaraproshtapada Until 10:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	Sun 11
			Yama 8:50AM – 10:29AM	Indra Until 3:40PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Sobhana 5125
	Creative Work	Amrita Yoga	211996578 Rahu 3:25PM – 5:04PM	Visti Until 9:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 11
			Trayodashi* Until 11:01AM	Moon – Clear		2nd Phase	
				Chaitra•Chaitra		Devaloka Day	

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika 10:28AM – 12:07PM	Revati Until 9:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM	Sun 12
	Meena Rasi: 21.02	Tithi 29 – 30	Yama 7:10AM – 8:49AM	Vaidhriti* Until 12:54PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 12:07PM – 1:46PM	Catuspada Until 8:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 12
			Chaturdashi* Until 8:55AM	Moon – Clear		Amavasya	
				Chaitra•Chaitra		Devaloka Day	

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq
	Mesha Rasi: 4.58	Tithi 30 – 1	Gulika 8:49AM – 10:28AM	Ashvini Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Sun 13
			Yama 5:30AM – 7:09AM	Vishkambha* Until 10:28AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 Rahu 1:46PM – 3:26PM	Kintughna Until 6:32PM	Nataraja: Clear		Moon 4 - Phase 1 - 13
			Amavasya* Until 7:12AM	Moon – White		Prathama	
				Vaisaka•Chaitra		Devaloka Day	

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq Sun 14 Sutra 5
	Mesha Rasi: 18.36	Tithi 2	Gulika 7:08AM – 8:48AM	Bharani Until 8:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sobhana 5125
			Yama 3:26PM – 5:06PM	Priti Until 8:27AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:27AM – 12:07PM	Balava Until 5:35PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 5:19AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq Sun 15 Sutra 6
	Wrishabha Rasi: 1.54	Tithi 3	Gulika 5:28AM – 7:07AM	Krittika Until 8:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sobhana 5125
			Yama 1:47PM – 3:26PM	Ayushman Until 6:53AM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 8:47AM – 10:27AM	Taitila Until 5:15PM	Nataraja: Clear		3rd Phase
			Tritiya Until 5:19AM Sun	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Mosul, Iraq Sun 16 Sutra 7
	Wrishabha Rasi: 14.52	Tithi 4	Gulika 3:27PM – 5:07PM	Rohini Until 9:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	Sobhana 5125
			Yama 12:07PM – 1:47PM	Sobhana Until 5:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:07PM – 6:47PM	Vanija Until 5:35PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 5:59AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava Karana Panchamyam Titau				Mosul, Iraq Sun 17 Sutra 8
	Wrishabha Rasi: 27.31	Tithi 5	Gulika 1:47PM – 3:27PM	Mrigashira Until 11:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Sobhana 5125
	Family Home Evening		Yama 10:26AM – 12:06PM	Athiganda* Until 5:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 7:05AM – 8:46AM	Bava Until 6:34PM	Nataraja: Clear		3rd Phase
			Panchami Until 7:15AM Tue	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq Sun 18 Sutra 9
	Mithuna Rasi: 9.53	Tithi 5 – 6	Gulika 12:06PM – 1:47PM	Ardra Until 1:44AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:24AM	Sobhana 5125
			Yama 8:45AM – 10:26AM	Sukarma Until 5:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:27PM – 5:08PM	Kaulava Until 8:07PM	Nataraja: Purple		3rd Phase
			Panchami Until 7:15AM	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq Sun 19 Sutra 10
	Mithuna Rasi: 22.03	Tithi 6 – 7	Gulika 10:25AM – 12:06PM	Punarvasu Until 4:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:23AM	Sobhana 5125
			Yama 7:03AM – 8:44AM	Dhriti Until 6:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:06PM – 1:47PM	Gara Until 10:06PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 9:02AM	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 20 Sutra 11
	Kataka Rasi: 4.04	Tithi 7 – 8	Gulika 8:44AM – 10:25AM	Pushya Until 7:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:21AM	Sobhana 5125
			Yama 5:21AM – 7:03AM	Dhriti Until 6:18AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 1:47PM – 3:28PM	Visti Until 12:21AM Fri	Nataraja: Purple		Ashtami
			Saptami Until 11:11AM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 21 Sutra 12
	Kataka Rasi: 15.59	Tithi 8 – 9	Gulika 7:02AM – 8:43AM	Pushya Until 7:21AM	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Sobhana 5125
			Yama 3:28PM – 5:10PM	Shula* Until 7:06AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:24AM – 12:06PM	Balava Until 2:42AM Sat	Nataraja: Purple		Navami
			Ashtami* Until 1:30PM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 22 Sutra 13
	Kataka Rasi: 27.53	Tithi 9 – 10	Gulika 5:19AM – 7:01AM Yama 1:47PM – 3:29PM Rahu 8:42AM – 10:24AM	Ashlesha* Until 10:03AM Ganda* Until 7:57AM Taitila Until 4:55AM Sun Navami* Until 3:49PM	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Blue	Sunrise: 5:19AM Sunset: 6:52PM	Sobhana 5125 Moon 4 - Phase 3 - 22 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 10:03AM					
		Then Creative Work - Amrita Yoga					


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 23 Sutra 14
	Simha Rasi: 9.51	Tithi 10 – 11	Gulika 3:29PM – 5:11PM Yama 12:05PM – 1:47PM Rahu 5:11PM – 6:53PM	Magha* Until 12:56PM Vridhhi Until 8:42AM Vanija Until 6:51AM Mon Dashami Until 5:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:18AM Sunset: 6:53PM	Sobhana 5125 Moon 4 - Phase 3 - 23 4th Phase
	Routine Work	Marana Yoga					Devaloka Day
		Until 12:56PM					
		Then Creative Work - Siddha Yoga					

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 15
	Simha Rasi: 21.56	Tithi 11	Gulika 1:47PM – 3:30PM Yama 10:23AM – 12:05PM Rahu 6:58AM – 8:40AM	Purvaphalguni Until 3:17PM Dhruva Until 9:10AM Vanija Until 6:51AM Ekadashi Until 7:38PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:16AM Sunset: 6:54PM	Sobhana 5125 Moon 4 - Phase 3 - 24 4th Phase
	Family Home Evening						Devaloka Day
		Creative Work Siddha Yoga					

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 16
	Kanya Rasi: 4.12	Tithi 12	Gulika 12:05PM – 1:48PM Yama 8:40AM – 10:22AM Rahu 3:30PM – 5:13PM	Uttaraphalguni Until 5:00PM Vyaghata* Until 9:17AM Bava Until 8:19AM Dvadashi Until 8:48PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:15AM Sunset: 6:55PM	Sobhana 5125 Moon 4 - Phase 3 - 25 4th Phase
	Creative Work	Amrita Yoga					Devaloka Day
		Until 5:00PM					
		Then Creative Work - Siddha Yoga					

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yukhtayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 17
	Kanya Rasi: 16.43	Tithi 13	Gulika 10:22AM – 12:05PM Yama 6:56AM – 8:39AM Rahu 12:05PM – 1:48PM	Hasta Until 6:27PM Harshana Until 8:58AM Kaulava Until 9:11AM Trayodashi Until 9:22PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:13AM Sunset: 6:56PM	Sobhana 5125 Moon 4 - Phase 3 - 26 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 6:27PM					
		Then Creative Work - Siddha Yoga					
						<i>Pradosha Vrata</i>	

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yukhtayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 18
	Kanya Rasi: 29.31	Tithi 14	Gulika 8:39AM – 10:22AM Yama 5:12AM – 6:55AM Rahu 1:48PM – 3:31PM	Chitra Until 7:07PM Vajra* Until 8:07AM Gara Until 9:26AM Chaturdashi* Until 9:18PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:12AM Sunset: 6:57PM	Sobhana 5125 Moon 4 - Phase 3 - 27 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day
		Until 7:07PM					
		Then Creative Work - Amrita Yoga					

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yukhtayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 19
	Tula Rasi: 12.38	Tithi 15	Gulika 6:55AM – 8:38AM Yama 3:31PM – 5:15PM Rahu 10:21AM – 12:05PM	Svati Until 7:02PM Siddhi Until 6:48AM Visti Until 9:03AM Purnima* Until 8:37PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:11AM Sunset: 6:58PM	Sobhana 5125 Moon 4 - Phase 3 - Purnima
	Creative Work	Siddha Yoga					Sivaloka Day
		Budha Purnima (Tamil Nadu)					

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 20
	Tula Rasi: 26.05	Tithi 16	Gulika 5:10AM – 6:54AM Yama 1:48PM – 3:32PM Rahu 8:37AM – 10:21AM	Vishakha Until 6:43PM Variyan Until 2:50AM Sun Balava Until 8:05AM Prathama* Until 7:24PM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 5:10AM Sunset: 6:59PM	Sobhana 5125 Moon 4 - Phase 3 - Prathama
	Creative Work	Siddha Yoga					Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda