



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India
Sutra 1

Tula Rasi: 20.15 Tithi 17
Family Home Evening 278345478
Routine Work Marana Yoga
Until 3:37AM Tue
Then Creative Work - Siddha Yoga

Gulika 2:06PM – 3:44PM
Yama 10:51AM – 12:28PM
Rahu 7:36AM – 9:13AM

Vishakha Until 3:37AM Tue
Siddhi Until 8:21PM
Taitila Until 8:46AM
Dvitiya Until 7:24PM

Ganesha: Purple *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 6:59PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India
Sun 1 Sutra 2

Vischika Rasi: 4.46 Tithi 18 – 19
278345478
Creative Work Siddha Yoga

Gulika 12:28PM – 2:06PM
Yama 9:13AM – 10:50AM
Rahu 3:44PM – 5:22PM

Anuradha Until 1:36AM Wed
Vyatipata* Until 4:59PM
Vanija Until 6:02AM
Tritiya Until 4:37PM

Ganesha: Purple *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 6:59PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India
Sun 2 Sutra 3

Vischika Rasi: 19.19 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 11:30PM
Then Routine Work - Marana Yoga

Gulika 10:50AM – 12:28PM
Yama 7:34AM – 9:12AM
Rahu 12:28PM – 2:06PM

Jyeshtha* Until 11:30PM
Variyan Until 1:35PM
Kaulava Until 12:31AM Thu
Chaturthi* Until 1:51PM

Ganesha: Purple *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 7:00PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India
Sun 3 Sutra 4

Dhanus Rasi: 3.5 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 9:11AM – 10:49AM
Yama 5:55AM – 7:33AM
Rahu 2:06PM – 3:44PM

Mula* Until 9:49PM
Parigha* Until 10:17AM
Gara Until 9:55PM
Panchami Until 11:10AM

Ganesha: Clear *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Jalandhar, India
Sun 4 Sutra 5

Dhanus Rasi: 18.13 Tithi 21 – 22
289345478
Routine Work Prabalarishta Yoga
Until 8:13PM
Then Routine Work - Marana Yoga

Gulika 7:32AM – 9:11AM
Yama 3:44PM – 5:23PM
Rahu 10:49AM – 12:27PM

Purvashadha* Until 8:13PM
Shiva Until 7:09AM
Visiti Until 7:33PM
Shashthi* Until 8:41AM

Ganesha: Purple *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Devaloka Day

●

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Jalandhar, India
Sun 5 Sutra 6

Makara Rasi: 2.26 Tithi 22 – 23
289345478
Routine Work Marana Yoga
Until 6:45PM
Then Creative Work - Siddha Yoga

Gulika 5:53AM – 7:31AM
Yama 2:06PM – 3:45PM
Rahu 9:10AM – 10:49AM

Uttarashadha Until 6:45PM
Sadhya Until 1:30AM Sun
Kaulava Until 4:32AM Sun
Saptami Until 6:27AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 7:02PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India
Sun 6 Sutra 7

Makara Rasi: 16.27 Tithi 24
299345478
Creative Work Amrita Yoga
Until 5:54PM
Then Routine Work - Marana Yoga

Gulika 3:45PM – 5:24PM
Yama 12:27PM – 2:06PM
Rahu 5:24PM – 7:03PM

Shravana Until 5:54PM
Subha Until 11:05PM
Taitila Until 3:42PM
Navami* Until 2:56AM Mon

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 7:03PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India Sun 7 Sutra 8
	Kumbha Rasi: 0.16 Family Home Evening Creative Work Siddha Yoga	Tithi 25 299345479	Gulika Yama Rahu	2:06PM – 3:45PM 10:48AM – 12:27PM 7:30AM – 9:09AM	Dhanishtha Until 5:15PM Sukla Until 8:56PM Vanija Until 2:17PM Dashami Until 1:42AM Tue	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra•Chaitra	Sunrise: 5:51AM Sunset: 7:03PM Moon 4 - Phase 2 - 7 2nd Phase Devaloka Day

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 8 Sutra 9
	Kumbha Rasi: 13.51 Routine Work Marana Yoga	Tithi 26 299345479	Gulika Yama Rahu	12:27PM – 2:06PM 9:08AM – 10:47AM 3:45PM – 5:25PM	Shatabhishak Until 4:49PM Brahma Until 7:06PM Bava Until 1:15PM Ekadashi* Until 12:51AM Wed	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra•Chaitra	Sunrise: 5:49AM Sunset: 7:04PM Moon 4 - Phase 2 - 8 2nd Phase Devaloka Day

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 9 Sutra 10
	Kumbha Rasi: 27.13 Creative Work Amrita Yoga Until 5:06PM Then Creative Work - Siddha Yoga	Tithi 27 219345479	Gulika Yama Rahu	10:47AM – 12:27PM 7:28AM – 9:08AM 12:27PM – 2:06PM	Purvaproshtapada* Until 5:06PM Indra Until 5:37PM Kaulava Until 12:37PM Dvadashi* Until 12:26AM Thu	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Chaitra•Chaitra	Sunrise: 5:48AM Sunset: 7:05PM Moon 4 - Phase 2 - 9 2nd Phase Devaloka Day

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 10 Sutra 11
	Meena Rasi: 10.21 Creative Work Siddha Yoga	Tithi 28 219345479	Gulika Yama Rahu	9:07AM – 10:47AM 5:47AM – 7:27AM 2:06PM – 3:46PM	Uttaraproshtapada Until 5:40PM Vaidhriti* Until 4:27PM Gara Until 12:24PM Trayodashi* Until 12:27AM Fri <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Chaitra•Chaitra	Sunrise: 5:47AM Sunset: 7:05PM Moon 4 - Phase 2 - 10 2nd Phase Devaloka Day

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 11 Sutra 12
	Meena Rasi: 23.16 Creative Work Siddha Yoga Until 6:32PM Then Creative Work - Amrita Yoga	Tithi 29 219445479	Gulika Yama Rahu	7:26AM – 9:06AM 3:46PM – 5:26PM 10:46AM – 12:26PM	Revati Until 6:32PM Vishkambha* Until 3:41PM Visti Until 12:40PM Chaturdashi* Until 12:57AM Sat	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear Chaitra•Chaitra	Sunrise: 5:47AM Sunset: 7:06PM Moon 4 - Phase 2 - 11 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India Sun 12 Sutra 13		
	Retreat Star		Mesha Rasi: 5.56 Creative Work Siddha Yoga	Tithi 30 221445479	Gulika Yama Rahu	5:46AM – 7:26AM 2:06PM – 3:46PM 9:06AM – 10:46AM	Ashvini Until 8:11PM Priti Until 3:18PM Catuspada Until 1:25PM Amavasya* Until 1:57AM Sun	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Chaitra•Chaitra	Sunrise: 5:46AM Sunset: 7:07PM Moon 4 - Phase 2 - 12 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM

6	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India Sun 13 Sutra 14		
	Retreat Star		Mesha Rasi: 18.23 Routine Work Prabalarishta Yoga Until 10:10PM Then Creative Work - Siddha Yoga	Tithi 1 221445479	Gulika Yama Rahu	3:47PM – 5:27PM 12:26PM – 2:06PM 5:27PM – 7:07PM	Bharani Until 10:10PM Ayushman Until 3:16PM Kintughna Until 2:40PM Prathama* Until 3:26AM Mon	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka•Chaitra	Sunrise: 5:45AM Sunset: 7:07PM Moon 4 - Phase 2 - 13 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 14 Sutra 15 Subhakrit 5124
1	231445479	Gulika Yama Rahu	2:06PM – 3:47PM 10:45AM – 12:26PM 7:24AM – 9:05AM	Krittika Until 12:25AM Tue Saubhagya Until 3:37PM Balava Until 4:22PM Dvitiya Until 5:21AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:44AM Sunset: 7:08PM Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 0.38 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 12:25AM Tue Then Creative Work - Amrita Yoga						

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau				Jalandhar, India Sun 15 Sutra 16 Subhakrit 5124
2	231445479	Gulika Yama Rahu	12:26PM – 2:07PM 9:04AM – 10:45AM 3:47PM – 5:28PM	Rohini Until 3:20AM Wed Sobhana Until 4:17PM Taitila Until 6:28PM Tritiya Until 7:36AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:43AM Sunset: 7:09PM Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 12.42 Tithi 3 Creative Work Amrita Yoga Until 3:20AM Wed Then Creative Work - Siddha Yoga						

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 17 Subhakrit 5124
3	231445479	Gulika Yama Rahu	10:45AM – 12:26PM 7:23AM – 9:04AM 12:26PM – 2:07PM	Mrigashira Until 6:18AM Thu Athiganda* Until 5:08PM Vanija Until 8:51PM Tritiya Until 7:36AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:42AM Sunset: 7:09PM Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 24.38 Tithi 3 – 4 Creative Work Siddha Yoga Until 6:18AM Thu Then Routine Work - Marana Yoga						

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 17 Sutra 18 Subhakrit 5124
4	231445479	Gulika Yama Rahu	9:03AM – 10:44AM 5:41AM – 7:22AM 2:07PM – 3:48PM	Mrigashira Until 6:18AM Sukarma Until 6:07PM Bava Until 11:21PM Chaturthi* Until 10:04AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:41AM Sunset: 7:10PM Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 6.3 Tithi 4 – 5 Routine Work Marana Yoga						

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 18 Sutra 19 Subhakrit 5124
5	231445479	Gulika Yama Rahu	7:21AM – 9:03AM 3:48PM – 5:29PM 10:44AM – 12:25PM	Ardra Until 9:10AM Dhriti Until 7:06PM Kaulava Until 1:48AM Sat Panchami Until 12:34PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:40AM Sunset: 7:11PM Moon 4 - Phase 3 - 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 18.2 Tithi 5 – 6 Creative Work Siddha Yoga						

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 19 Sutra 20 Subhakrit 5124
6	241445479	Gulika Yama Rahu	5:39AM – 7:21AM 2:07PM – 3:48PM 9:02AM – 10:44AM	Punarvasu Until 12:16PM Shula* Until 7:56PM Gara Until 4:01AM Sun Shashthi* Until 2:56PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:39AM Sunset: 7:12PM Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day
Kataka Rasi: 0.13 Tithi 6 – 7 Creative Work Siddha Yoga						

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 20 Sutra 21 Subhakrit 5124
Retreat Star		Gulika Yama Rahu	3:49PM – 5:30PM 12:25PM – 2:07PM 5:30PM – 7:12PM	Pushya Until 2:55PM Ganda* Until 8:30PM Visti Until 5:50AM Mon Saptami Until 4:58PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:38AM Sunset: 7:12PM Moon 4 - Phase 3 - 20 3rd Phase Devaloka Day
Kataka Rasi: 12.1 Tithi 7 – 8 Creative Work Siddha Yoga						

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava Karana Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 22 Subhakrit 5124
Retreat Star		Gulika Yama Rahu	2:07PM – 3:49PM 10:43AM – 12:25PM 7:20AM – 9:01AM	Ashlesha* Until 4:55PM Vriddhi Until 8:41PM Bava Until 6:30PM Ashtami* Until 6:30PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:38AM Sunset: 7:13PM Moon 4 - Phase 3 - 21 Ashtami Devaloka Day
Kataka Rasi: 24.19 Tithi 8 Family Home Evening Creative Work Siddha Yoga Until 4:55PM Then Routine Work - Marana Yoga						

Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22 Sutra 23 Subhakrit 5124
Retreat Star		Gulika Yama Rahu	12:25PM – 2:07PM 9:01AM – 10:43AM 3:49PM – 5:31PM	Magha* Until 6:38PM Dhruva Until 8:19PM Balava Until 7:03AM Navami* Until 7:23PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sunrise: 5:37AM Sunset: 7:14PM Moon 4 - Phase 3 - 22 Navami Devaloka Day
Simha Rasi: 6.41 Tithi 9 Creative Work Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 24 Subhakrit 5124
	Simha Rasi: 19.23	Tithi 10	Gulika 10:43AM – 12:25PM	Purvaphalguni Until 7:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
			Yama 7:18AM – 9:01AM	Vyaghata* Until 7:23PM	Muruqa: White	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 Rahu 12:25PM – 2:07PM	Taitila Until 7:34AM	Nataraja: Clear		4th Phase
			Dashami Until 7:31PM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 25 Subhakrit 5124
	Kanya Rasi: 2.27	Tithi 11	Gulika 9:00AM – 10:43AM	Uttaraphalguni Until 7:21PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	
			Yama 5:35AM – 7:18AM	Harshana Until 5:51PM	Muruqa: White	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 4 - 24
			252445479 Rahu 2:08PM – 3:50PM	Vanija Until 7:19AM	Nataraja: Clear		4th Phase
Until 7:21PM	Amrita Yoga		Ekadashi Until 6:53PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

3	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 25 Sutra 26 Subhakrit 5124
	Kanya Rasi: 15.56	Tithi 12 – 13	Gulika 7:17AM – 9:00AM	Hasta Until 6:49PM	Ganesha: White	<i>Sunrise:</i> 5:35AM	
			Yama 3:50PM – 5:33PM	Vajra* Until 3:41PM	Muruqa: White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 4 - 25
			262445479 Rahu 10:43AM – 12:25PM	Bava Until 6:17AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 5:28PM	Moon – Green		Sivaloka Day	
Until 6:49PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

4	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 26 Sutra 27 Subhakrit 5124
	Kanya Rasi: 29.52	Tithi 13 – 14	Gulika 5:34AM – 7:17AM	Chitra Until 5:28PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	
			Yama 2:08PM – 3:51PM	Siddhi Until 12:58PM	Muruqa: White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 4 - 26
			262445479 Rahu 9:00AM – 10:42AM	Gara Until 2:10AM Sun	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 3:24PM	Moon – Green		Sivaloka Day	
Until 5:28PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sun 27 Sutra 28 Subhakrit 5124
	Copper Retreat Star		Gulika 3:51PM – 5:34PM	Svati Until 3:26PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	
	Tula Rasi: 14.11	Tithi 14 – 15	Yama 12:25PM – 2:08PM	Vyatipata* Until 9:49AM	Muruqa: White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 4 - 27
			262445479 Rahu 5:34PM – 7:17PM	Visti Until 11:19PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:46PM	Moon – Green		Sivaloka Day	
Until 3:26PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, May 16, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 29 Subhakrit 5124
	Tula Rasi: 28.5	Tithi 15 – 16	Gulika 2:08PM – 3:51PM	Vishakha Until 1:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	
			Yama 10:42AM – 12:25PM	Variyan Until 6:16AM	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 4 - Prathama
			272445479 Rahu 7:16AM – 8:59AM	Balava Until 8:07PM	Nataraja: Clear		
Family Home Evening	Marana Yoga		Purnima* Until 9:44AM	Moon – Orange		Devaloka Day	
Routine Work				Vaisaka-Vaikasi			
Until 1:17PM							
Then Creative Work - Siddha Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

Il times are standard time. Calculated for Jalandhar, India on 5/1/2

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Jalandhar, India
Sutra 30

Vrischika Rasi: 13.41 Tithi 16 – 17

272445479

Gulika 12:25PM – 2:08PM
Yama 8:59AM – 10:42AM
Rahu 3:52PM – 5:35PM

Anuradha Until 10:45AM
Shiva Until 10:37PM
Gara Until 3:01AM Wed
Prathama* Until 6:26AM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 7:18PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 10:45AM
Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanija/Visi* Karana Tritiyayam Titau

Jalandhar, India
Sun 1 Sutra 31

Vrischika Rasi: 28.39 Tithi 18

272445479

Gulika 10:42AM – 12:25PM
Yama 7:15AM – 8:58AM
Rahu 12:25PM – 2:09PM

Jyeshtha* Until 8:01AM
Siddha Until 6:43PM
Vanija Until 1:19PM
Tritiya Until 11:38PM

Ganesha: Yellow *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 7:19PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 8:01AM
Then Routine Work - Marana Yoga

Devaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturtham Titau

Jalandhar, India
Sun 2 Sutra 32

Dhanus Rasi: 13.34 Tithi 19

282445479

Gulika 8:58AM – 10:42AM
Yama 5:31AM – 7:14AM
Rahu 2:09PM – 3:52PM

Purvashadha* Until 3:17AM Fri
Sadhya Until 2:57PM
Bava Until 10:00AM
Chaturthi* Until 8:25PM

Ganesha: Blue *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 7:20PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 3:17AM Fri
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Jalandhar, India
Sun 3 Sutra 33

Dhanus Rasi: 28.19 Tithi 20 – 21

282445479

Gulika 7:14AM – 8:58AM
Yama 3:53PM – 5:37PM
Rahu 10:42AM – 12:25PM

Uttarashadha Until 1:10AM Sat
Subha Until 11:25AM
Kaulava Until 6:56AM
Panchami Until 5:31PM

Ganesha: Blue *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 7:20PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga
Until 1:10AM Sat
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Jalandhar, India
Sun 4 Sutra 34

Makara Rasi: 12.47 Tithi 21 – 22

292445479

Gulika 5:30AM – 7:14AM
Yama 2:09PM – 3:53PM
Rahu 8:58AM – 10:41AM

Shravana Until 11:47PM
Sukla Until 8:11AM
Visti Until 1:58AM Sun
Shashthi* Until 3:01PM

Ganesha: Red *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 7:21PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India
Sun 5 Sutra 35

Makara Rasi: 26.58 Tithi 22 – 23

292445479

Gulika 3:53PM – 5:38PM
Yama 12:25PM – 2:09PM
Rahu 5:38PM – 7:22PM

Dhanishtha Until 10:47PM
Indra Until 2:59AM Mon
Balava Until 12:15AM Mon
Saptami Until 1:01PM

Ganesha: Red *Sunrise:* 5:29AM
Muruqa: White *Sunset:* 7:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India
Sun 6 Sutra 36

Kumbha Rasi: 10.46 Tithi 23 – 24

292445479

Gulika 2:10PM – 3:54PM
Yama 10:41AM – 12:25PM
Rahu 7:13AM – 8:57AM

Shatabhishak Until 10:13PM
Vaidhriti* Until 1:04AM Tue
Taitila Until 11:08PM
Ashtami* Until 11:36AM

Ganesha: Red *Sunrise:* 5:29AM
Muruqa: White *Sunset:* 7:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga
Until 10:13PM
Then Routine Work - Marana Yoga

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Jalandhar, India on 5/1/2

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1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Jalandhar, India Sun 7 Sutra 37	
Kumbha Rasi: 24.14	Tithi 24 – 25	Gulika	12:26PM – 2:10PM	Purvaproshtapada* Until 10:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM		Subhakrit 5124		
		Yama	8:57AM – 10:41AM	Vishkambha* Until 11:39PM	Muruqa: White	<i>Sunset:</i> 7:23PM		Moon 5 - Phase 6 - 7		
		213545479 Rahu	3:54PM – 5:38PM	Vanija Until 10:36PM	Nataraja: Clear			2nd Phase		
Routine Work	Marana Yoga			Navami* Until 10:46AM	Moon – Clear			Devaloka Day		
Until 10:33PM										
Then Creative Work - Amrita Yoga										

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 8 Sutra 38	
Meena Rasi: 7.22	Tithi 25 – 26	Gulika	10:41AM – 12:26PM	Uttaraproshtapada Until 11:18PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM		Subhakrit 5124		
		Yama	7:12AM – 8:57AM	Priti Until 10:43PM	Muruqa: White	<i>Sunset:</i> 7:23PM		Moon 5 - Phase 6 - 8		
		213545479 Rahu	12:26PM – 2:10PM	Bava Until 10:40PM	Nataraja: Clear			2nd Phase		
Creative Work	Siddha Yoga			Dashami Until 10:32AM	Moon – Clear			Devaloka Day		
Until 11:18PM										
Then Routine Work - Marana Yoga										

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 9 Sutra 39	
Meena Rasi: 20.13	Tithi 26 – 27	Gulika	8:57AM – 10:41AM	Revati Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:27AM		Subhakrit 5124		
		Yama	5:27AM – 7:12AM	Ayushman Until 10:12PM	Muruqa: White	<i>Sunset:</i> 7:24PM		Moon 5 - Phase 6 - 9		
		313545479 Rahu	2:10PM – 3:55PM	Kaulava Until 11:17PM	Nataraja: Clear			2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 10:53AM	Moon – Clear			Sivaloka Day		
Until 12:27AM Fri										
Then Creative Work - Amrita Yoga										

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 10 Sutra 40	
Mesha Rasi: 2.48	Tithi 27 – 28	Gulika	7:12AM – 8:56AM	Ashvini Until 2:24AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:27AM		Subhakrit 5124		
		Yama	3:55PM – 5:40PM	Saubhagya Until 10:05PM	Muruqa: White	<i>Sunset:</i> 7:25PM		Moon 5 - Phase 6 - 10		
		323545479 Rahu	10:41AM – 12:26PM	Gara Until 12:25AM Sat	Nataraja: Clear			2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 11:47AM	Moon – White			Devaloka Day		
Until 2:24AM Sat										
Then Creative Work - Siddha Yoga										

Pradosha Vrata (Fasting)

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 11 Sutra 41	
Mesha Rasi: 15.1	Tithi 28 – 29	Gulika	5:27AM – 7:11AM	Bharani Until 4:38AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:27AM		Subhakrit 5124		
		Yama	2:11PM – 3:56PM	Sobhana Until 10:21PM	Muruqa: White	<i>Sunset:</i> 7:25PM		Moon 5 - Phase 6 - 11		
		323545479 Rahu	8:56AM – 10:41AM	Visti Until 2:00AM Sun	Nataraja: Clear			2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 1:09PM	Moon – White			Devaloka Day		
Until 7:02AM Mon										
Then Creative Work - Amrita Yoga										

6		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Jalandhar, India Sun 12 Sutra 42	
Mesha Rasi: 27.21	Tithi 29 – 30	Gulika	3:56PM – 5:41PM	Krittika Until 7:02AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:26AM		Subhakrit 5124		
		Yama	12:26PM – 2:11PM	Athiganda* Until 10:52PM	Muruqa: White	<i>Sunset:</i> 7:26PM		Moon 5 - Phase 6 - 12		
		323545479 Rahu	5:41PM – 7:26PM	Catuspada Until 3:58AM Mon	Nataraja: Clear			2nd Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 2:55PM	Moon – White			Devaloka Day		
Until 7:02AM Mon										
Then Creative Work - Amrita Yoga										

●		Monday, May 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Jalandhar, India Sun 13 Sutra 43	
Retreat Star		Gulika	2:11PM – 3:56PM	Krittika Until 7:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM		Subhakrit 5124		
Vrishabha Rasi: 9.23	Tithi 30 – 1	Yama	10:41AM – 12:26PM	Sukarma Until 11:39PM	Muruqa: White	<i>Sunset:</i> 7:26PM		Moon 5 - Phase 6 - 13		
Family Home Evening		323545479 Rahu	7:11AM – 8:56AM	Kintughna Until 6:12AM Tue	Nataraja: Clear			Amavasya		
Routine Work	Marana Yoga			Amavasya* Until 5:02PM	Moon – White			Devaloka Day		
Until 7:02AM										
Then Creative Work - Amrita Yoga										

●		Tuesday, May 31, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau			Jalandhar, India Sun 14 Sutra 44	
Retreat Star		Gulika	12:26PM – 2:11PM	Rohini Until 10:03AM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM		Subhakrit 5124		
Vrishabha Rasi: 21.19	Tithi 1	Yama	8:56AM – 10:41AM	Dhriti Until 12:36AM Wed	Muruqa: White	<i>Sunset:</i> 7:27PM		Moon 5 - Phase 6 - 14		
		333545479 Rahu	3:57PM – 5:42PM	Kintughna Until 6:12AM	Nataraja: Clear			Prathama		
Creative Work	Amrita Yoga			Prathama* Until 7:22PM	Moon – Yellow			Devaloka Day		
Until 10:03AM										
Then Creative Work - Siddha Yoga										

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

11 times are standard time. Calculated for Jalandhar, India on 5/1/2

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1	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 45 Subhakit 5124
	Mithuna Rasi: 3.11	Tithi 2	Gulika 10:41AM – 12:26PM	Mrigashira Until 1:03PM	Ganesha: Orange <i>Sunrise:</i> 5:25AM		
			Yama 7:11AM – 8:56AM	Shula* Until 1:35AM Thu	Muruqa: White <i>Sunset:</i> 7:28PM		Moon 5 - Phase 7 - 15
	333545479	Rahu 12:26PM – 2:12PM	Balava Until 8:37AM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:50PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Jalandhar, India Sun 16 Sutra 46 Subhakit 5124
	Mithuna Rasi: 15.01	Tithi 3	Gulika 8:56AM – 10:41AM	Ardra Until 3:55PM	Ganesha: Orange <i>Sunrise:</i> 5:25AM		
			Yama 5:25AM – 7:11AM	Ganda* Until 2:36AM Fri	Muruqa: White <i>Sunset:</i> 7:28PM		Moon 5 - Phase 7 - 16
	333545479	Rahu 2:12PM – 3:57PM	Taitila Until 11:06AM		Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 12:19AM Fri	Moon – Yellow		Devaloka Day	
Until 3:55PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

3	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Jalandhar, India Sun 17 Sutra 47 Subhakit 5124
	Mithuna Rasi: 26.51	Tithi 4	Gulika 7:10AM – 8:56AM	Punarvasu Until 7:05PM	Ganesha: Clear <i>Sunrise:</i> 5:25AM		
			Yama 3:58PM – 5:43PM	Vriddhi Until 3:33AM Sat	Muruqa: Green <i>Sunset:</i> 7:29PM		Moon 5 - Phase 7 - 17
	343555479	Rahu 10:41AM – 12:27PM	Vanija Until 1:33PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:42AM Sat	Moon – Blue		Devaloka Day	
Until 7:05PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

4	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 18 Sutra 48 Subhakit 5124
	Kataka Rasi: 8.44	Tithi 5	Gulika 5:25AM – 7:10AM	Pushya Until 9:53PM	Ganesha: Clear <i>Sunrise:</i> 5:25AM		
			Yama 2:12PM – 3:58PM	Dhruva Until 4:17AM Sun	Muruqa: Green <i>Sunset:</i> 7:29PM		Moon 5 - Phase 7 - 18
	343555479	Rahu 8:56AM – 10:41AM	Bava Until 3:50PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:51AM Sun	Moon – Blue		Devaloka Day	
Until 9:53PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

5	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 19 Sutra 49 Subhakit 5124
	Kataka Rasi: 20.43	Tithi 6	Gulika 3:58PM – 5:44PM	Ashlesha* Until 12:12AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:25AM		
			Yama 12:27PM – 2:13PM	Vyaghata* Until 4:45AM Mon	Muruqa: Green <i>Sunset:</i> 7:30PM		Moon 5 - Phase 7 - 19
	343555471	Rahu 5:44PM – 7:30PM	Kaulava Until 5:49PM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:38AM Mon	Moon – Blue		Devaloka Day	
Until 12:12AM Mon				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

6	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Jalandhar, India Sun 20 Sutra 50 Subhakit 5124
	Simha Rasi: 2.51	Tithi 6 – 7	Gulika 2:13PM – 3:59PM	Magha* Until 2:23AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:24AM		
	Family Home Evening		Yama 10:42AM – 12:27PM	Harshana Until 4:51AM Tue	Muruqa: Green <i>Sunset:</i> 7:30PM		Moon 5 - Phase 7 - 20
	353555471	Rahu 7:10AM – 8:56AM	Gara Until 7:21PM		Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 6:38AM	Moon – Red		Sivaloka Day	
Until 2:23AM Tue				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

☾	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 51 Subhakit 5124
	Retreat Star		Gulika 12:27PM – 2:13PM	Purvaphalguni Until 3:48AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:24AM		
	Simha Rasi: 15.12	Tithi 7 – 8	Yama 8:56AM – 10:42AM	Vajra* Until 4:25AM Wed	Muruqa: Green <i>Sunset:</i> 7:31PM		Moon 5 - Phase 7 - 21
	354555471	Rahu 3:59PM – 5:45PM	Visti Until 8:18PM		Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:53AM	Moon – Red		Devaloka Day	
Until 3:48AM Wed				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

☽	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 22 Sutra 52 Subhakit 5124
	Retreat Star		Gulika 10:42AM – 12:28PM	Uttaraphalguni Until 4:21AM Thu	Ganesha: Clear <i>Sunrise:</i> 5:24AM		
	Simha Rasi: 27.5	Tithi 8 – 9	Yama 7:10AM – 8:56AM	Siddhi Until 3:25AM Thu	Muruqa: Green <i>Sunset:</i> 7:31PM		Moon 5 - Phase 7 - 22
	354555471	Rahu 12:28PM – 2:13PM	Balava Until 8:33PM		Nataraja: Yellow		Navami
Creative Work	Amrita Yoga		Ashtami* Until 8:30AM	Moon – Red		Devaloka Day	
Until 4:21AM Thu				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 23 Sutra 53
	Kanya Rasi: 10.49	Tithi 9 – 10	Gulika 8:56AM – 10:42AM	Hasta Until 4:25AM Fri	Ganesha: White	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
			Yama 5:24AM – 7:10AM	Vyatipata* Until 1:49AM Fri	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8 - 23
	364555471		Rahu 2:14PM – 4:00PM	Taitila Until 8:01PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Navami* Until 8:21AM	Moon – Green	Bhuloka Day		
Until 4:25AM Fri				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyian Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 54
	Kanya Rasi: 24.13	Tithi 10 – 11	Gulika 7:10AM – 8:56AM	Chitra Until 3:35AM Sat	Ganesha: White	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
			Yama 4:00PM – 5:46PM	Variyan Until 11:33PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8 - 24
	364555471		Rahu 10:42AM – 12:28PM	Vanija Until 6:42PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dashami Until 7:26AM	Moon – Green	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 55
	Tula Rasi: 8.04	Tithi 12	Gulika 5:24AM – 7:10AM	Svati Until 1:54AM Sun	Ganesha: White	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
			Yama 2:14PM – 4:00PM	Parigha* Until 8:43PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8 - 25
	364555471		Rahu 8:56AM – 10:42AM	Bava Until 4:38PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:21AM Sun	Moon – Green	Bhuloka Day		
Until 1:54AM Sun				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga							

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 56
	Tula Rasi: 22.23	Tithi 13	Gulika 4:01PM – 5:47PM	Vishakha Until 11:54PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
			Yama 12:28PM – 2:14PM	Shiva Until 5:23PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8 - 26
	374555471		Rahu 5:47PM – 7:33PM	Kaulava Until 1:57PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 12:23AM Mon	Moon – Orange	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 57
	Vrischika Rasi: 7.05	Tithi 14	Gulika 2:15PM – 4:01PM	Anuradha Until 9:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
			Yama 10:42AM – 12:29PM	Siddha Until 1:38PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8 - 27
	374555471		Rahu 7:10AM – 8:56AM	Gara Until 10:45AM	Nataraja: Yellow		4th Phase
Family Home Evening			Chaturdashi* Until 9:00PM	Moon – Orange	Devaloka Day		
Creative Work Siddha Yoga				Jyeshtha-Vaikasi			

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti/7/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sun 28 Sutra 58
	Copper Retreat Star		Gulika 12:29PM – 2:15PM	Jyeshtha* Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
	Vrischika Rasi: 22.06	Tithi 15 – 16	Yama 8:56AM – 10:43AM	Sadhya Until 9:36AM	Muruqa: Green	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8 - Purnima
	374555471		Rahu 4:01PM – 5:47PM	Visti Until 7:12AM	Nataraja: Yellow		
Routine Work Marana Yoga			Purnima* Until 5:19PM	Moon – Orange	Devaloka Day		
Until 6:22PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Jalandhar, India Sun 29 Sutra 59
	Silver Retreat Star		Gulika 10:43AM – 12:29PM	Mula* Until 3:32PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
	Dhanus Rasi: 7.17	Tithi 16 – 17	Yama 7:10AM – 8:57AM	Sukla Until 1:14AM Thu	Muruqa: Green	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8 - Prathama
	384555471		Rahu 12:29PM – 2:15PM	Taitila Until 11:39PM	Nataraja: Yellow		
Routine Work Marana Yoga			Prathama* Until 1:32PM	Moon – Light Blue	Bhuloka Day		
Until 3:32PM				Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga							



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dviliya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 22.28 Tithi 17 - 18

384555471

Gulika 8:57AM - 10:43AM
Yama 5:24AM - 7:10AM
Rahu 2:15PM - 4:02PM

Purvashadha* Until 12:38PM
Brahma Until 9:10PM
Vanija Until 8:00PM
Dvitiya Until 9:47AM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 7:34PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 12:38PM
Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Jalandhar, India

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 7.31 Tithi 18 - 19

384555471

Gulika 7:11AM - 8:57AM
Yama 4:02PM - 5:48PM
Rahu 10:43AM - 12:29PM

Uttarashadha Until 9:51AM
Indra Until 5:21PM
Balava Until 3:04AM Sat
Tritiya Until 6:15AM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 7:35PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 22.17 Tithi 20

394655471

Gulika 5:24AM - 7:11AM
Yama 2:16PM - 4:02PM
Rahu 8:57AM - 10:43AM

Shravana Until 7:43AM
Vaidhrili* Until 1:53PM
Kaulava Until 1:41PM
Panchami Until 12:24AM Sun

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 7:35PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Jalandhar, India

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 6.4 Tithi 21

395655471

Gulika 4:02PM - 5:49PM
Yama 12:30PM - 2:16PM
Rahu 5:49PM - 7:35PM

Shatabhishak Until 4:46AM Mon
Vishkambha* Until 10:54AM
Gara Until 11:19AM
Shashthi* Until 10:22PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:35PM

Devaloka Day

Creative Work Siddha Yoga

Until 4:46AM Mon
Then Routine Work - Marana Yoga

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 20.37 Tithi 22

315655471

Gulika 2:16PM - 4:03PM
Yama 10:44AM - 12:30PM
Rahu 7:11AM - 8:57AM

Purvaproshtapada* Until 4:35AM Tue
Priti Until 8:30AM
Visti Until 9:38AM
Saptami Until 9:03PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:36PM

Devaloka Day

Routine Work Marana Yoga

Until 4:35AM Tue
Then Creative Work - Amrita Yoga

Tuesday, June 21, 2022

●

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 4.06 Tithi 23

315655471

Gulika 12:30PM - 2:17PM
Yama 8:58AM - 10:44AM
Rahu 4:03PM - 5:49PM

Uttaraproshtapada Until 5:02AM Wed
Ayushman Until 6:40AM
Balava Until 8:42AM
Ashtami* Until 8:31PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:36PM

Devaloka Day

Creative Work Amrita Yoga

Until 5:02AM Wed
Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 17.11 Tithi 24

315655471

Gulika 10:44AM - 12:30PM
Yama 7:11AM - 8:58AM
Rahu 12:30PM - 2:17PM

Revati Until 6:02AM Thu
Sobhana Until 4:54AM Thu
Taitila Until 8:33AM
Navami* Until 8:44PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:36PM

Devaloka Day

Routine Work Marana Yoga

Until 6:02AM Thu
Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

www.gurudeva.org/panchang

1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India Sun 8 Sutra 67
Meena Rasi: 29.53	Tithi 25	Gulika 8:58AM – 10:44AM	Revati Until 6:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM		Subhakrit 5124	
		Yama 5:25AM – 7:12AM	Athiganda* Until 4:49AM Fri	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 10 - 8		
		315655471 Rahu 2:17PM – 4:03PM	Vanija Until 9:08AM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga		Dashami Until 9:40PM	Moon – Clear		Devaloka Day		
Until 6:02AM				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								

2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 68
Mesha Rasi: 12.17	Tithi 26	Gulika 7:12AM – 8:58AM	Ashvini Until 8:01AM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM		Subhakrit 5124	
		Yama 4:04PM – 5:50PM	Sukarma Until 5:11AM Sat	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 10 - 9		
		325655471 Rahu 10:45AM – 12:31PM	Bava Until 10:23AM	Nataraja: Yellow		2nd Phase		
Creative Work	Amrita Yoga		Ekadashi* Until 11:11PM	Moon – White		Bhuloka Day		
Until 8:01AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga								

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 69
Mesha Rasi: 24.28	Tithi 27	Gulika 5:26AM – 7:12AM	Bharani Until 10:22AM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM		Subhakrit 5124	
		Yama 2:17PM – 4:04PM	Dhriti Until 5:53AM Sun	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 10 - 10		
		325655471 Rahu 8:59AM – 10:45AM	Kaulava Until 12:09PM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga		Dvadashi* Until 1:10AM Sun	Moon – White		Bhuloka Day		
Until 10:22AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 70
Vrishabha Rasi: 6.28	Tithi 28	Gulika 4:04PM – 5:50PM	Krittika Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM		Subhakrit 5124	
		Yama 12:31PM – 2:18PM	Shula* Until 6:47AM Mon	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 10 - 11		
		325655471 Rahu 5:50PM – 7:36PM	Gara Until 2:18PM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga		Trayodashi* Until 3:27AM Mon	Moon – White		Bhuloka Day		
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM		
			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 71
Vrishabha Rasi: 18.22	Tithi 29	Gulika 2:18PM – 4:04PM	Rohini Until 4:03PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:27AM		Subhakrit 5124	
Family Home Evening		Yama 10:45AM – 12:32PM	Shula* Until 6:47AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 10 - 12		
		335655471 Rahu 7:13AM – 8:59AM	Visti Until 4:41PM	Nataraja: Yellow		2nd Phase		
Creative Work	Amrita Yoga		Chaturdashi* Until 5:55AM Tue	Moon – Yellow		Bhuloka Day		
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM		

Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Catuspada* Karana Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 72
Mithuna Rasi: 0.12	Tithi 30	Gulika 12:32PM – 2:18PM	Mrigashira Until 7:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:27AM		Subhakrit 5124	
		Yama 8:59AM – 10:46AM	Ganda* Until 7:48AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 10 - 13		
		335655471 Rahu 4:04PM – 5:50PM	Catuspada Until 7:11PM	Nataraja: Yellow		Amavasya		
Creative Work	Siddha Yoga		Amavasya* Until 8:25AM Wed	Moon – Yellow		Bhuloka Day		
Until 7:07PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 14 Sutra 73
Mithuna Rasi: 12.01	Tithi 30 – 1	Gulika 10:46AM – 12:32PM	Ardra Until 10:00PM	Ganesha: Purple	<i>Sunrise:</i> 5:27AM		Subhakrit 5124	
		Yama 7:13AM – 9:00AM	Vridhhi Until 8:52AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 10 - 14		
		336655471 Rahu 12:32PM – 2:18PM	Kintughna Until 9:40PM	Nataraja: Yellow		Prathama		
Creative Work	Siddha Yoga		Amavasya* Until 8:25AM	Moon – Yellow		Bhuloka Day		
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM		

1		Thursday, June 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Jalandhar, India Sun 15 Sutra 74 Subhakit 5124
Mithuna Rasi: 23.51	Tithi 1 – 2	Gulika 9:00AM – 10:46AM	Punarvasu Until 1:08AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 5:28AM		
		Yama 5:28AM – 7:14AM	Dhruva Until 9:52AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11 - 15	3rd Phase
		346655471 Rahu 2:18PM – 4:04PM	Balava Until 12:04AM Fri	Nataraja: Yellow			
Creative Work	Amrita Yoga		Prathama* Until 10:52AM	Moon – Blue		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 1:08AM Fri				Ashada* Ani			
Then Routine Work - Marana Yoga							
2		Friday, July 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Jalandhar, India Sun 16 Sutra 75 Subhakit 5124
Kataka Rasi: 5.44	Tithi 2 – 3	Gulika 7:14AM – 9:00AM	Pushya Until 3:56AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 5:28AM		
		Yama 4:05PM – 5:51PM	Vyaghata* Until 10:46AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11 - 16	3rd Phase
		346655471 Rahu 10:46AM – 12:32PM	Taitila Until 2:17AM Sat	Nataraja: Yellow			
Routine Work	Marana Yoga		Dvitiya Until 1:11PM	Moon – Blue		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
				Ashada* Ani			
3		Saturday, July 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Jalandhar, India Sun 17 Sutra 76 Subhakit 5124
Kataka Rasi: 17.41	Tithi 3 – 4	Gulika 5:28AM – 7:14AM	Ashlesha* Until 6:19AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:28AM		
		Yama 2:19PM – 4:05PM	Harshana Until 11:32AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11 - 17	3rd Phase
		346655471 Rahu 9:00AM – 10:46AM	Vanija Until 4:15AM Sun	Nataraja: Yellow			
Routine Work	Marana Yoga		Tritiya Until 3:17PM	Moon – Blue		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
				Ashada* Ani			
4		Sunday, July 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Jalandhar, India Sun 18 Sutra 77 Subhakit 5124
Kataka Rasi: 29.45	Tithi 4 – 5	Gulika 4:05PM – 5:51PM	Ashlesha* Until 6:19AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:29AM		
		Yama 12:33PM – 2:19PM	Vajra* Until 12:04PM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11 - 18	3rd Phase
		346655471 Rahu 5:51PM – 7:37PM	Bava Until 5:53AM Mon	Nataraja: Yellow			
Creative Work	Siddha Yoga		Chaturthi* Until 5:06PM	Moon – Blue		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 6:19AM				Ashada* Ani			
Then Routine Work - Marana Yoga							
5		Monday, July 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava Karana Panchamyam Titau			Jalandhar, India Sun 19 Sutra 78 Subhakit 5124
Simha Rasi: 11.56	Tithi 5	Gulika 2:19PM – 4:05PM	Magha* Until 8:42AM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM		
Family Home Evening		Yama 10:47AM – 12:33PM	Siddhi Until 12:20PM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11 - 19	3rd Phase
		356655471 Rahu 7:15AM – 9:01AM	Balava Until 6:32PM	Nataraja: Yellow			
Routine Work	Marana Yoga		Panchami Until 6:32PM	Moon – Red		Devaloka Day	
Until 8:42AM				Ashada* Ani			
Then Creative Work - Siddha Yoga							
6		Tuesday, July 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Jalandhar, India Sun 20 Sutra 79 Subhakit 5124
Simha Rasi: 24.19	Tithi 6	Gulika 12:33PM – 2:19PM	Purvaphalguni Until 10:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM		
		Yama 9:01AM – 10:47AM	Vyatipata* Until 12:15PM	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 11 - 20	3rd Phase
		356655471 Rahu 4:05PM – 5:51PM	Kaulava Until 7:05AM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Shashthi* Until 7:28PM	Moon – Red		Devaloka Day	
Until 10:29AM		Chidambaram Abhishekam		Ashada* Ani			
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, July 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Jalandhar, India Sun 21 Sutra 80 Subhakit 5124
Kanya Rasi: 6.56	Tithi 7	Gulika 10:47AM – 12:33PM	Uttaraphalguni Until 11:34AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		
		Yama 7:16AM – 9:02AM	Variyan Until 11:42AM	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 11 - 21	3rd Phase
		357655471 Rahu 12:33PM – 2:19PM	Gara Until 7:45AM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Saptami Until 7:49PM	Moon – Red		Devaloka Day	
Until 11:34AM				Ashada* Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Thursday, July 7, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 22 Sutra 81 Subhakit 5124
Kanya Rasi: 19.51	Tithi 8	Gulika 9:02AM – 10:48AM	Hasta Until 12:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		
		Yama 5:31AM – 7:16AM	Parigha* Until 10:38AM	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 11 - 22	Ashtami
		467655471 Rahu 2:19PM – 4:05PM	Visti Until 7:46AM	Nataraja: Yellow			
Routine Work	Marana Yoga		Ashtami* Until 7:29PM	Moon – Green		Devaloka Day	
Until 12:20PM				Ashada* Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Friday, July 8, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Jalandhar, India Sun 23 Sutra 82 Subhakit 5124
Tula Rasi: 3.09	Tithi 9	Gulika 7:17AM – 9:02AM	Chitra Until 12:13PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		
		Yama 4:05PM – 5:50PM	Shiva Until 9:01AM	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 11 - 23	Navami
		467655471 Rahu 10:48AM – 12:34PM	Balava Until 7:03AM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Navami* Until 6:25PM	Moon – Green		Devaloka Day	
				Ashada* Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<h1>1</h1>	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 16.52	Tithi 10 - 11	Gulika 5:31AM - 7:17AM	Svati Until 11:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM
			Yama 2:19PM - 4:05PM	Siddha Until 6:46AM	Muruqa: Green	<i>Sunset:</i> 7:36PM
	Creative Work	Siddha Yoga	467655471 Rahu 9:03AM - 10:48AM	Vanija Until 3:28AM Sun	Nataraja: Yellow	Moon 6 - Phase 12 - 24 4th Phase
			Dashami Until 4:37PM	Ashada*Ani	Devaloka Day	

<h1>2</h1>	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 1.01	Tithi 11 - 12	Gulika 4:05PM - 5:50PM	Vishakha Until 9:50AM	Ganesha: White	<i>Sunrise:</i> 5:32AM
			Yama 12:34PM - 2:19PM	Subha Until 12:39AM Mon	Muruqa: Green	<i>Sunset:</i> 7:36PM
	Routine Work	Marana Yoga	477655471 Rahu 5:50PM - 7:36PM	Bava Until 12:43AM Mon	Nataraja: Yellow	Moon 6 - Phase 12 - 25 4th Phase
			Ekadashi Until 2:09PM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

<h1>3</h1>	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 16	Tithi 12 - 13	Gulika 2:19PM - 4:05PM	Anuradha Until 7:43AM	Ganesha: White	<i>Sunrise:</i> 5:33AM
	Family Home Evening		Yama 10:49AM - 12:34PM	Sukla Until 8:54PM	Muruqa: Green	<i>Sunset:</i> 7:35PM
	Creative Work	Siddha Yoga	477655471 Rahu 7:18AM - 9:03AM	Kaulava Until 9:27PM	Nataraja: Yellow	Moon 6 - Phase 12 - 26 4th Phase
			Dvadashi Until 11:07AM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
<i>Pradosha Vrata</i>						

<h1>4</h1>	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 0.32	Tithi 13 - 14	Gulika 12:34PM - 2:19PM	Mula* Until 2:16AM Wed	Ganesha: White	<i>Sunrise:</i> 5:33AM
			Yama 9:04AM - 10:49AM	Brahma Until 4:52PM	Muruqa: Green	<i>Sunset:</i> 7:35PM
	Creative Work	Amrita Yoga	488655471 Rahu 4:05PM - 5:50PM	Vanija Until 3:56AM Wed	Nataraja: Yellow	Moon 6 - Phase 12 - 27 4th Phase
			Trayodashi Until 7:40AM	Moon - Light Blue Ashada*Ani	Sivaloka Day	

	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 87 Subhakrit 5124
	Dhanus Rasi: 15.41	Tithi 15	Gulika 10:49AM - 12:34PM	Purvashadha* Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM
			Yama 7:19AM - 9:04AM	Indra Until 12:41PM	Muruqa: Green	<i>Sunset:</i> 7:35PM
	Creative Work	Amrita Yoga	488755471 Rahu 12:34PM - 2:19PM	Visti Until 2:02PM	Nataraja: Yellow	Moon 6 - Phase 12 - Purnima
			Satguru Purnima	Purnima* Until 12:05AM Thu	Ashada*Ani	Devaloka Day

<h1>5</h1>	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 88 Subhakrit 5124
	Makara Rasi: 0.56	Tithi 16	Gulika 9:04AM - 10:49AM	Uttarashadha Until 8:10PM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM
			Yama 5:34AM - 7:19AM	Vaidhriti* Until 8:25AM	Muruqa: Green	<i>Sunset:</i> 7:34PM
	Routine Work	Marana Yoga	488755471 Rahu 2:19PM - 4:04PM	Balava Until 10:11AM	Nataraja: Yellow	Moon 6 - Phase 12 - Prathama
			Prathama* Until 8:17PM	Moon - Light Blue Ashada*Ani	Devaloka Day	
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India
Sun 1 Sutra 89

Makara Rasi: 16.05 Tithi 17 - 18

Gulika 7:20AM - 9:05AM
Yama 4:04PM - 5:49PM
498755471 **Rahu** 10:49AM - 12:34PM

Shravana Until 5:34PM
Priti Until 12:24AM Sat
Taitila Until 6:29AM
Dvitiya Until 4:43PM

Ganesha: Blue *Sunrise: 5:35AM*
Muruqa: Green *Sunset: 7:34PM*
Nataraja: Yellow
Moon - Purple
Ashada-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 5:34PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India
Sun 2 Sutra 90

Kumbha Rasi: 1.01 Tithi 18 - 19

Gulika 5:35AM - 7:20AM
Yama 2:19PM - 4:04PM
498755471 **Rahu** 9:05AM - 10:50AM

Dhanishtha Until 3:14PM
Ayushman Until 8:52PM
Bava Until 12:10AM Sun
Tritiya Until 1:32PM

Ganesha: Blue *Sunrise: 5:35AM*
Muruqa: Green *Sunset: 7:34PM*
Nataraja: Yellow
Moon - Purple
Ashada-Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 3:14PM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India
Sun 3 Sutra 91

Kumbha Rasi: 15.33 Tithi 19 - 20

Gulika 4:04PM - 5:49PM
Yama 12:35PM - 2:19PM
498755472 **Rahu** 5:49PM - 7:33PM

Shatabhishak Until 1:20PM
Saubhagya Until 5:52PM
Kaulava Until 9:52PM
Chaturthi* Until 10:55AM

Ganesha: Blue *Sunrise: 5:36AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India
Sun 4 Sutra 92

Kumbha Rasi: 29.38 Tithi 20 - 21

Gulika 2:19PM - 4:04PM
Yama 10:50AM - 12:35PM
418755472 **Rahu** 7:21AM - 9:06AM

Purvaprosarthapada* Until 12:26PM
Sobhana Until 3:28PM
Gara Until 8:20PM
Panchami Until 8:59AM

Ganesha: White *Sunrise: 5:36AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 12:26PM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jalandhar, India
Sun 5 Sutra 93

Meena Rasi: 13.13 Tithi 21 - 22

Gulika 12:35PM - 2:19PM
Yama 9:06AM - 10:50AM
419755472 **Rahu** 4:04PM - 5:48PM

Uttaraprosarthapada Until 12:12PM
Athiganda* Until 1:43PM
Visti Until 7:39PM
Shashthi* Until 7:52AM

Ganesha: Clear *Sunrise: 5:37AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 12:12PM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India
Sun 6 Sutra 94

Meena Rasi: 26.2 Tithi 22 - 23

Gulika 10:50AM - 12:35PM
Yama 7:22AM - 9:06AM
419755472 **Rahu** 12:35PM - 2:19PM

Revati Until 12:40PM
Sukarma Until 12:41PM
Balava Until 7:49PM
Saptami Until 7:36AM

Ganesha: Clear *Sunrise: 5:38AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India
Sun 7 Sutra 95

Mesha Rasi: 9.02 Tithi 23 - 24

Gulika 9:07AM - 10:51AM
Yama 5:38AM - 7:22AM
429755472 **Rahu** 2:19PM - 4:03PM

Ashvini Until 2:16PM
Dhriti Until 12:19PM
Taitila Until 8:49PM
Ashtami* Until 8:12AM

Ganesha: Purple *Sunrise: 5:38AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: White
Moon - White
Ashada-Adi

Devaloka Day

Creative Work Amrita Yoga
Until 2:16PM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Jalandhar, India Sun 8 Sutra 96
	Mesha Rasi: 21.23 Tithi 24 – 25	Gulika 7:23AM – 9:07AM	Bharani Until 4:24PM	Ganesha: Purple <i>Sunrise:</i> 5:39AM	Subhakit 5124
	429755472	Yama 4:03PM – 5:47PM	Shula* Until 12:29PM	Muruqa: Green <i>Sunset:</i> 7:31PM	Moon 7 - Phase 14 - 8
	Rahu 10:51AM – 12:35PM	Vanija Until 10:29PM	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga		Navami* Until 9:33AM	Moon – White	Devaloka Day	

2	Saturday, July 23, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 9 Sutra 97
	Vrishabha Rasi: 3.29 Tithi 25 – 26	Gulika 5:39AM – 7:23AM	Krittika Until 6:54PM	Ganesha: Purple <i>Sunrise:</i> 5:39AM	Subhakit 5124
	429755472	Yama 2:19PM – 4:03PM	Ganda* Until 1:07PM	Muruqa: Green <i>Sunset:</i> 7:30PM	Moon 7 - Phase 14 - 9
	Rahu 9:07AM – 10:51AM	Bava Until 12:38AM Sun	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga		Dashami Until 11:29AM	Moon – White	Devaloka Day	

3	Sunday, July 24, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau			Jalandhar, India Sun 10 Sutra 98
	Vrishabha Rasi: 15.25 Tithi 26 – 27	Gulika 4:02PM – 5:46PM	Rohini Until 10:02PM	Ganesha: Clear <i>Sunrise:</i> 5:40AM	Subhakit 5124
	439755472	Yama 12:35PM – 2:19PM	Vriddhi Until 2:02PM	Muruqa: Green <i>Sunset:</i> 7:30PM	Moon 7 - Phase 14 - 10
	Rahu 5:46PM – 7:30PM	Kaulava Until 3:04AM Mon	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga		Ekadashi* Until 1:48PM	Moon – Yellow	Bhuloka Day	

4	Monday, July 25, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 11 Sutra 99
	Vrishabha Rasi: 27.15 Tithi 27 – 28	Gulika 2:19PM – 4:02PM	Mrigashira Until 1:07AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:41AM	Subhakit 5124
	439755472	Yama 10:51AM – 12:35PM	Dhruva Until 3:04PM	Muruqa: Green <i>Sunset:</i> 7:29PM	Moon 7 - Phase 14 - 11
	Rahu 7:24AM – 9:08AM	Gara Until 5:36AM Tue	Nataraja: White	2nd Phase	
Family Home Evening Creative Work Amrita Yoga Until 1:07AM Tue Then Routine Work - Marana Yoga		Dvadashi* Until 4:19PM	Moon – Yellow	Bhuloka Day	

5	Tuesday, July 26, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Trayodashyam Titau			Jalandhar, India Sun 12 Sutra 100
	Mithuna Rasi: 9.04 Tithi 28	Gulika 12:35PM – 2:18PM	Ardra Until 4:00AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:41AM	Subhakit 5124
	439755472	Yama 9:08AM – 10:52AM	Vyaghata* Until 4:08PM	Muruqa: Green <i>Sunset:</i> 7:29PM	Moon 7 - Phase 14 - 12
	Rahu 4:02PM – 5:45PM	Vanija Until 6:50PM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga Until 4:00AM Wed Then Creative Work - Siddha Yoga		Trayodashi* Until 6:50PM	Moon – Yellow	Bhuloka Day	

6	Wednesday, July 27, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Jalandhar, India Sun 13 Sutra 101
	Mithuna Rasi: 20.53 Tithi 29	Gulika 10:52AM – 12:35PM	Punarvasu Until 7:05AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:42AM	Subhakit 5124
	441755472	Yama 7:25AM – 9:08AM	Harshana Until 5:07PM	Muruqa: Green <i>Sunset:</i> 7:28PM	Moon 7 - Phase 14 - 13
	Rahu 12:35PM – 2:18PM	Visti Until 8:04AM	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga Until 7:05AM Thu Then Creative Work - Amrita Yoga		Chaturdashi* Until 9:14PM	Moon – Blue	Bhuloka Day	

	Thursday, July 28, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Jalandhar, India Sun 14 Sutra 102
	Retreat Star	Gulika 9:09AM – 10:52AM	Punarvasu Until 7:05AM	Ganesha: Yellow <i>Sunrise:</i> 5:42AM	Subhakit 5124
	Kataka Rasi: 2.47 Tithi 30	Yama 5:42AM – 7:26AM	Vajra* Until 5:56PM	Muruqa: Green <i>Sunset:</i> 7:27PM	Moon 7 - Phase 14 - 14
	441755472	Rahu 2:18PM – 4:01PM	Catuspada Until 10:22AM	Nataraja: White	Amavasya
Creative Work Amrita Yoga		Amavasya* Until 11:25PM	Moon – Blue	Bhuloka Day	

Retreat Star	Friday, July 29, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Jalandhar, India Sun 15 Sutra 103
	Kataka Rasi: 14.46 Tithi 1	Gulika 7:26AM – 9:09AM	Pushya Until 9:46AM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Subhakit 5124
	441755472	Yama 4:01PM – 5:44PM	Siddhi Until 6:34PM	Muruqa: Green <i>Sunset:</i> 7:27PM	Moon 7 - Phase 14 - 15
	Rahu 10:52AM – 12:35PM	Kintughna Until 12:27PM	Nataraja: White	Prathama	
Routine Work Marana Yoga		Prathama* Until 1:21AM Sat	Moon – Blue	Bhuloka Day	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 16 Sutra 104 Subhakarit 5124	
Kataka Rasi: 26.51	Tithi 2	Gulika 5:44AM – 7:27AM	Ashlesha* Until 12:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 15 - 16		3rd Phase	
Routine Work	Marana Yoga	441755472 Rahu 9:09AM – 10:52AM	Balava Until 2:14PM	Nataraja: White		Moon – Blue		Bhuloka Day		Devaloka Time: 9:AM to12:PM	
Until 12:01PM			Dvitiya Until 2:59AM Sun	Sravana*Adi							
Then Creative Work - Amrita Yoga											

2		Sunday, July 31, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Jalandhar, India Sun 17 Sutra 105 Subhakarit 5124	
Simha Rasi: 9.04	Tithi 3	Gulika 4:00PM – 5:43PM	Magha* Until 2:18PM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 15 - 17		3rd Phase	
Routine Work	Marana Yoga	451755472 Rahu 5:43PM – 7:25PM	Variyan Until 7:09PM	Nataraja: White		Moon – Red		Bhuloka Day		Devaloka Time: 9:AM to12:PM	
Until 2:18PM			Taitila Until 3:42PM	Sravana*Adi							
Then Creative Work - Siddha Yoga											

3		Monday, August 1, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Jalandhar, India Sun 18 Sutra 106 Subhakarit 5124	
Simha Rasi: 21.25	Tithi 4	Gulika 2:17PM – 4:00PM	Purvaphalguni Until 4:05PM	Ganesha: Red	<i>Sunrise:</i> 5:45AM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 15 - 18		3rd Phase	
Family Home Evening		451755472 Rahu 7:27AM – 9:10AM	Parigha* Until 7:02PM	Nataraja: White		Moon – Red		Bhuloka Day		Devaloka Time: 9:AM to12:PM	
Creative Work	Siddha Yoga		Vanija Until 4:49PM	Sravana*Adi							
			Chaturthi* Until 5:13AM Tue								

4		Tuesday, August 2, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 19 Sutra 107 Subhakarit 5124	
Kanya Rasi: 3.56	Tithi 5	Gulika 12:35PM – 2:17PM	Uttaraphalguni Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:46AM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 15 - 19		3rd Phase	
Creative Work	Amrita Yoga	451755472 Rahu 3:59PM – 5:42PM	Shiva Until 6:36PM	Nataraja: White		Moon – Red		Bhuloka Day		Devaloka Time: 9:AM to12:PM	
Until 5:18PM			Bava Until 5:32PM	Sravana*Adi							
Then Creative Work - Siddha Yoga											

5		Wednesday, August 3, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 20 Sutra 108 Subhakarit 5124	
Kanya Rasi: 16.4	Tithi 6	Gulika 10:53AM – 12:35PM	Hasta Until 6:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 15 - 20		3rd Phase	
Routine Work	Marana Yoga	461755472 Rahu 12:35PM – 2:17PM	Siddha Until 5:47PM	Nataraja: White		Moon – Green		Devaloka Day			
Until 6:23PM			Kaulava Until 5:47PM	Sravana*Adi							
Then Creative Work - Siddha Yoga											

6		Thursday, August 4, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 21 Sutra 109 Subhakarit 5124	
Kanya Rasi: 29.38	Tithi 7	Gulika 9:11AM – 10:53AM	Chitra Until 6:47PM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 15 - 21		3rd Phase	
Creative Work	Siddha Yoga	461755472 Rahu 2:16PM – 3:58PM	Sadhya Until 4:33PM	Nataraja: White		Moon – Green		Devaloka Day			
Until 6:47PM			Gara Until 5:30PM	Sravana*Adi							
Then Creative Work - Amrita Yoga											

☾		Friday, August 5, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 22 Sutra 110 Subhakarit 5124	
Retreat Star		Gulika 7:29AM – 9:11AM	Svati Until 6:28PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15 - 22		Ashtami	
Tula Rasi: 12.53	Tithi 8	461765472 Rahu 10:53AM – 12:34PM	Subha Until 2:52PM	Nataraja: White		Moon – Green		Devaloka Day			
Creative Work	Siddha Yoga		Visti Until 4:37PM	Sravana*Adi							
			Ashtami* Until 3:56AM Sat								
Then Creative Work - Amrita Yoga											

☽		Saturday, August 6, 2022				Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 23 Sutra 111 Subhakarit 5124	
Retreat Star		Gulika 5:48AM – 7:30AM	Vishakha Until 5:49PM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15 - 23		Navami	
Tula Rasi: 26.29	Tithi 9	472765472 Rahu 9:11AM – 10:53AM	Sukla Until 12:39PM	Nataraja: White		Moon – Orange		Bhuloka Day			
Creative Work	Siddha Yoga		Balava Until 3:08PM	Sravana*Adi							
			Navami* Until 2:08AM Sun								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2


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1	Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India
	Vrischika Rasi: 10.28	Tithi 10	Gulika 3:57PM – 5:38PM	Anuradha Until 4:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	Sun 24 Sutra 112
			Yama 12:34PM – 2:16PM	Brahma Until 9:58AM	Muruqa: White	<i>Sunset:</i> 7:20PM	Subhakrit 5124
	Routine Work	Marana Yoga	472865472 Rahu 5:38PM – 7:20PM	Taitila Until 1:02PM	Nataraja: White		Moon 7 - Phase 16 - 24 4th Phase
			Dashami Until 11:46PM	Moon – Orange		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	

2	Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India
	Vrischika Rasi: 24.49	Tithi 11	Gulika 2:15PM – 3:56PM	Jyeshtha* Until 2:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	Sun 25 Sutra 113
	Family Home Evening		Yama 10:53AM – 12:34PM	Indra Until 6:50AM	Muruqa: White	<i>Sunset:</i> 7:19PM	Subhakrit 5124
	Creative Work	Siddha Yoga	472865472 Rahu 7:31AM – 9:12AM	Vanija Until 10:25AM	Nataraja: White		Moon 7 - Phase 16 - 25 4th Phase
			Ekadashi Until 8:55PM	Moon – Orange		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	

3	Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Dhanus Rasi: 9.29	Tithi 12 – 13	Gulika 12:34PM – 2:15PM	Mula* Until 12:11PM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Sun 26 Sutra 114
			Yama 9:12AM – 10:53AM	Vishkambha* Until 11:29PM	Muruqa: White	<i>Sunset:</i> 7:18PM	Subhakrit 5124
	Creative Work	Amrita Yoga	482865472 Rahu 3:56PM – 5:37PM	Bava Until 7:21AM	Nataraja: White		Moon 7 - Phase 16 - 26 4th Phase
			Dvadashi Until 5:40PM	Moon – Light Blue		Devaloka Day	
				Sravana*Adi			
				<i>Pradosha Vrata</i>			

4	Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	Dhanus Rasi: 24.25	Tithi 13 – 14	Gulika 10:53AM – 12:34PM	Purvashadha* Until 9:34AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Sun 27 Sutra 115
			Yama 7:32AM – 9:12AM	Priti Until 7:31PM	Muruqa: White	<i>Sunset:</i> 7:17PM	Subhakrit 5124
	Creative Work	Amrita Yoga	482865472 Rahu 12:34PM – 2:15PM	Gara Until 12:25AM Thu	Nataraja: White		Moon 7 - Phase 16 - 27 4th Phase
			Trayodashi Until 2:11PM	Moon – Light Blue		Devaloka Day	
				Sravana*Adi			

	Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India
	Copper Retreat Star		Gulika 9:13AM – 10:53AM	Uttarashadha Until 6:41AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Sutra 116
	Makara Rasi: 9.28	Tithi 14 – 15	Yama 5:51AM – 7:32AM	Ayushman Until 3:29PM	Muruqa: White	<i>Sunset:</i> 7:16PM	Subhakrit 5124
	Routine Work	Marana Yoga	482865472 Rahu 2:14PM – 3:55PM	Visti Until 8:50PM	Nataraja: White		Moon 7 - Phase 16 - Purnima
			Raksha Bandhan	Moon – Light Blue		Devaloka Day	
			Chaturdashi* Until 10:36AM	Sravana*Adi			

5	Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Jalandhar, India
	Silver Retreat Star		Gulika 7:32AM – 9:13AM	Dhanishtha Until 1:36AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sutra 117
	Makara Rasi: 24.3	Tithi 15 – 16	Yama 3:54PM – 5:35PM	Saubhagya Until 11:32AM	Muruqa: White	<i>Sunset:</i> 7:15PM	Subhakrit 5124
	Creative Work	Siddha Yoga	492865472 Rahu 10:53AM – 12:34PM	Kaulava Until 3:48AM Sat	Nataraja: White		Moon 7 - Phase 16 - Prathama
			Purnima* Until 7:05AM	Moon – Purple		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India
Sutra 118

Kumbha Rasi: 9.21 Tithi 17

Gulika 5:53AM – 7:33AM
Yama 2:14PM – 3:54PM
Rahu 9:13AM – 10:53AM

Shatabhishak Until 11:21PM

Ganesha: Clear *Sunrise:* 5:53AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:14PM

Moon 8 - Phase 17 -

Nataraja: White

1st Phase

Moon – Purple

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 11:21PM

Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Jalandhar, India
Sun 1 Sutra 119

Kumbha Rasi: 23.53 Tithi 18

Gulika 3:53PM – 5:33PM
Yama 12:33PM – 2:13PM
Rahu 5:33PM – 7:13PM

Purvaproshtapada* Until 9:57PM

Ganesha: Yellow *Sunrise:* 5:53AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:13PM

Moon 8 - Phase 17 - 1

Nataraja: White

1st Phase

Moon – Clear

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 9:57PM

Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India
Sun 2 Sutra 120

Meena Rasi: 8.01 Tithi 19

Gulika 2:13PM – 3:53PM
Yama 10:53AM – 12:33PM
Rahu 7:34AM – 9:13AM

Uttaraproshtapada Until 9:07PM

Ganesha: Yellow *Sunrise:* 5:54AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:12PM

Moon 8 - Phase 17 - 2

Nataraja: White

1st Phase

Moon – Clear

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Bava Until 9:46AM

Chaturthi* Until 9:03PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India
Sun 3 Sutra 121

Meena Rasi: 21.39 Tithi 20

Gulika 12:33PM – 2:12PM
Yama 9:14AM – 10:53AM
Rahu 3:52PM – 5:31PM

Revati Until 8:57PM

Ganesha: Yellow *Sunrise:* 5:55AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:11PM

Moon 8 - Phase 17 - 3

Nataraja: White

1st Phase

Moon – Clear

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Kaulava Until 8:35AM

Panchami Until 8:18PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India
Sun 4 Sutra 122

Mesha Rasi: 4.49 Tithi 21

Gulika 10:53AM – 12:33PM
Yama 7:34AM – 9:14AM
Rahu 12:33PM – 2:12PM

Ashvini Until 9:57PM

Ganesha: Blue *Sunrise:* 5:55AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:10PM

Moon 8 - Phase 17 - 4

Nataraja: White

1st Phase

Moon – White

Devaloka Day

Routine Work Marana Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

Gara Until 8:16AM

Shashthi* Until 8:25PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vriddhi* Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India
Sun 5 Sutra 123

Mesha Rasi: 17.33 Tithi 22

Gulika 9:14AM – 10:53AM
Yama 5:56AM – 7:35AM
Rahu 2:12PM – 3:51PM

Bharani Until 11:36PM

Ganesha: Yellow *Sunrise:* 5:56AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:09PM

Moon 8 - Phase 17 - 5

Nataraja: White

1st Phase

Moon – White

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 11:36PM

Then Routine Work - Marana Yoga

Visti Until 8:49AM

Saptami Until 9:23PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India
Sun 6 Sutra 124

Mesha Rasi: 29.55 Tithi 23

Gulika 7:35AM – 9:14AM
Yama 3:50PM – 5:29PM
Rahu 10:53AM – 12:32PM

Krittika Until 1:46AM Sat

Ganesha: White *Sunrise:* 5:56AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:08PM

Moon 8 - Phase 17 - 6

Nataraja: White

Ashtami

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Until 1:46AM Sat

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Ashtami* Until 11:03PM

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India
Sun 7 Sutra 125

Vrishabha Rasi: 12.02 Tithi 24

Gulika 5:57AM – 7:36AM
Yama 2:11PM – 3:49PM
Rahu 9:14AM – 10:53AM

Rohini Until 4:43AM Sun

Ganesha: Yellow *Sunrise:* 5:57AM

Subhakrit 5124

Muruqa: White *Sunset:* 7:07PM

Moon 8 - Phase 17 - 7

Nataraja: White

Navami

Moon – Yellow

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 4:43AM Sun

Then Creative Work - Siddha Yoga

Navami* Until 1:14AM Sun

Sravana-Avani

1 Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam			Jalandhar, India	
Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 126		Subhakrit 5124		
Wishabha Rasi: 23.58	Tithi 25	Gulika 3:49PM – 5:27PM	Mrigashira Until 7:44AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM	
		Yama 12:32PM – 2:10PM	Harshana Until 10:41PM	Muruqa: White	<i>Sunset:</i> 7:06PM	
533865472	Rahu 5:27PM – 7:06PM		Vanija Until 2:27PM	Nataraja: White	Moon 8 - Phase 18 - 8	
Creative Work	Siddha Yoga		Dashami Until 3:40AM Mon	Moon – Yellow	2nd Phase	
				Bhuloka Day		
				Devaloka Time: 6:AM to 9:AM		

2 Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam			Jalandhar, India	
Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 127		Subhakrit 5124		
Mithuna Rasi: 5.48	Tithi 26	Gulika 2:10PM – 3:48PM	Mrigashira Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM	
Family Home Evening		Yama 10:53AM – 12:31PM	Vajra* Until 11:41PM	Muruqa: White	<i>Sunset:</i> 7:05PM	
Creative Work	Amrita Yoga	533865472 Rahu 7:37AM – 9:15AM	Bava Until 4:57PM	Nataraja: White	Moon 8 - Phase 18 - 9	
Until 7:44AM			Ekadashi* Until 6:10AM Tue	Moon – Yellow	2nd Phase	
Then Creative Work - Siddha Yoga				Bhuloka Day		
				Devaloka Time: 6:AM to 9:AM		

3 Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam			Jalandhar, India	
Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 128		Subhakrit 5124		
Mithuna Rasi: 17.38	Tithi 26 – 27	Gulika 12:31PM – 2:09PM	Ardra Until 10:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:59AM	
		Yama 9:15AM – 10:53AM	Siddhi Until 12:37AM Wed	Muruqa: White	<i>Sunset:</i> 7:03PM	
533865472	Rahu 3:47PM – 5:25PM		Kaulava Until 7:24PM	Nataraja: White	Moon 8 - Phase 18 - 10	
Routine Work	Marana Yoga		Ekadashi* Until 6:10AM	Moon – Yellow	2nd Phase	
Until 10:35AM				Bhuloka Day		
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM		

4 Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam			Jalandhar, India	
Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 129		Subhakrit 5124		
Mithuna Rasi: 29.31	Tithi 27 – 28	Gulika 10:53AM – 12:31PM	Punarvasu Until 1:38PM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
		Yama 7:37AM – 9:15AM	Vyatipata* Until 1:24AM Thu	Muruqa: White	<i>Sunset:</i> 7:02PM	
533865472	Rahu 12:31PM – 2:09PM		Gara Until 9:38PM	Nataraja: White	Moon 8 - Phase 18 - 11	
Creative Work	Siddha Yoga		Dvadashi* Until 8:32AM	Moon – Blue	2nd Phase	
				Bhuloka Day		
				Devaloka Time: 6:AM to 9:AM		
				<i>Pradosha Vrata (Fasting)</i>		

5 Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam			Jalandhar, India	
Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 130		Subhakrit 5124		
Kataka Rasi: 11.3	Tithi 28 – 29	Gulika 9:15AM – 10:53AM	Pushya Until 4:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	
		Yama 6:00AM – 7:38AM	Variyan Until 1:54AM Fri	Muruqa: White	<i>Sunset:</i> 7:01PM	
533865472	Rahu 2:08PM – 3:46PM		Visti Until 11:34PM	Nataraja: White	Moon 8 - Phase 18 - 12	
Creative Work	Amrita Yoga		Trayodashi* Until 10:38AM	Moon – Blue	2nd Phase	
Until 4:15PM				Bhuloka Day		
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM		

Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam			Jalandhar, India	
Retreat Star		Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 131		
Kataka Rasi: 23.37	Tithi 29 – 30	Gulika 7:38AM – 9:15AM	Ashlesha* Until 6:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	
		Yama 3:45PM – 5:23PM	Parigha* Until 2:08AM Sat	Muruqa: White	<i>Sunset:</i> 7:00PM	
533865472	Rahu 10:53AM – 12:30PM		Catuspada Until 1:08AM Sat	Nataraja: White	Moon 8 - Phase 18 - 13	
Routine Work	Marana Yoga		Chaturdashi* Until 12:23PM	Moon – Blue	Amavasya	
				Bhuloka Day		
				Devaloka Time: 6:AM to 9:AM		

Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam			Jalandhar, India	
Retreat Star		Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 132		
Simha Rasi: 5.53	Tithi 30 – 1	Gulika 6:01AM – 7:38AM	Magha* Until 8:24PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	
		Yama 2:07PM – 3:44PM	Shiva Until 2:05AM Sun	Muruqa: White	<i>Sunset:</i> 6:59PM	
533865472	Rahu 9:16AM – 10:53AM		Kintughna Until 2:19AM Sun	Nataraja: White	Moon 8 - Phase 18 - 14	
Creative Work	Amrita Yoga		Amavasya* Until 1:45PM	Moon – Red	Prathama	
Until 8:24PM				Bhuloka Day		
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

www.gurudeva.org/panchang

1	Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 133 Subhakrit 5124
	Simha Rasi: 18.19	Tithi 1 – 2	Gulika 3:44PM – 5:21PM	Purvaphalguni Until 9:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM	
			Yama 12:30PM – 2:07PM	Siddha Until 1:41AM Mon	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 8 - Phase 19 - 15
		553865473	Rahu 5:21PM – 6:58PM	Balava Until 3:06AM Mon	Nataraja: Clear		3rd Phase
			Prathama* Until 2:44PM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2	Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 16 Sutra 134 Subhakrit 5124
	Kanya Rasi: 0.56	Tithi 2 – 3	Gulika 2:06PM – 3:43PM	Uttaraphalguni Until 10:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM	
			Yama 10:53AM – 12:29PM	Sadhya Until 1:00AM Tue	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 19 - 16
		553865473	Rahu 7:39AM – 9:16AM	Taitila Until 3:29AM Tue	Nataraja: Clear		3rd Phase
			Dvitiya Until 3:19PM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3	Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau				Jalandhar, India Sun 17 Sutra 135 Subhakrit 5124
	Kanya Rasi: 13.43	Tithi 3 – 4	Gulika 12:29PM – 2:06PM	Hasta Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:03AM	
			Yama 9:16AM – 10:53AM	Subha Until 12:02AM Wed	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 19 - 17
		563865473	Rahu 3:42PM – 5:19PM	Vanija Until 3:30AM Wed	Nataraja: Clear		3rd Phase
			Tritiya Until 3:31PM	Moon – Green		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4	Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 18 Sutra 136 Subhakrit 5124
	Kanya Rasi: 26.42	Tithi 4 – 5	Gulika 10:53AM – 12:29PM	Chitra Until 12:09AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:04AM	
			Yama 7:40AM – 9:16AM	Sukla Until 10:44PM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 19 - 18
		563865473	Rahu 12:29PM – 2:05PM	Bava Until 3:08AM Thu	Nataraja: Clear		3rd Phase
			Chaturthi* Until 3:21PM	Moon – Green		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

5	Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 19 Sutra 137 Subhakrit 5124
	Tula Rasi: 9.53	Tithi 5 – 6	Gulika 9:16AM – 10:52AM	Svati Until 12:00AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:04AM	
			Yama 6:04AM – 7:40AM	Brahma Until 9:08PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 19 - 19
		563965473	Rahu 2:05PM – 3:41PM	Kaulava Until 2:22AM Fri	Nataraja: Clear		3rd Phase
			Panchami Until 2:47PM	Moon – Green		Devaloka Day	
				Bhadrapada*Avani			

6	Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 20 Sutra 138 Subhakrit 5124
	Tula Rasi: 23.17	Tithi 6 – 7	Gulika 7:41AM – 9:17AM	Vishakha Until 11:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	
			Yama 3:40PM – 5:16PM	Indra Until 7:13PM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 19 - 20
		573965473	Rahu 10:52AM – 12:28PM	Gara Until 1:11AM Sat	Nataraja: Clear		3rd Phase
			Shashthi* Until 1:48PM	Moon – Orange		Sivaloka Day	
				Bhadrapada*Avani			

Retreat Star	Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 139 Subhakrit 5124
	Vrischika Rasi: 6.55	Tithi 7 – 8	Gulika 6:05AM – 7:41AM	Anuradha Until 10:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM	
			Yama 2:04PM – 3:39PM	Vaidhriti* Until 4:56PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 19 - 21
		574965473	Rahu 9:17AM – 10:52AM	Visti Until 11:35PM	Nataraja: Clear		Ashtami
			Saptami Until 12:25PM	Moon – Orange		Devaloka Day	
				Bhadrapada*Avani			

Retreat Star	Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 22 Sutra 140 Subhakrit 5124
	Vrischika Rasi: 20.47	Tithi 8 – 9	Gulika 3:38PM – 5:14PM	Jyeshtha* Until 9:31PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	
			Yama 12:28PM – 2:03PM	Vishkambha* Until 2:19PM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 19 - 22
		574965473	Rahu 5:14PM – 6:49PM	Balava Until 9:35PM	Nataraja: Clear		Navami
			Ashtami* Until 10:37AM	Moon – Orange		Devaloka Day	
				Bhadrapada*Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 23 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 4.56	Tithi 9 – 10	Gulika	2:02PM – 3:38PM	Mula* Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 6:07AM			
Family Home Evening	584965473	Yama	10:52AM – 12:27PM	Priti Until 11:25AM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 20 - 23		
Creative Work	Siddha Yoga	Rahu	7:42AM – 9:17AM	Taitila Until 7:12PM	Nataraja: Clear		4th Phase		
Until 8:02PM				Navami* Until 8:25AM	Moon – Light Blue		Bhuloka Day		
Then Routine Work - Marana Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 19.19	Tithi 11	Gulika	12:27PM – 2:02PM	Purvashadha* Until 6:06PM	Ganesha: White	<i>Sunrise:</i> 6:07AM			
	584965473	Yama	9:17AM – 10:52AM	Ayushman Until 8:12AM	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20 - 24		
Creative Work	Siddha Yoga	Rahu	3:37PM – 5:12PM	Vanija Until 4:30PM	Nataraja: Clear		4th Phase		
Until 6:06PM				Ekadashi Until 3:03AM Wed	Moon – Light Blue		Bhuloka Day		
Then Routine Work - Prabararishta Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 143 Subhakrit 5124	
Makara Rasi: 3.53	Tithi 12	Gulika	10:52AM – 12:27PM	Uttarashadha Until 3:50PM	Ganesha: White	<i>Sunrise:</i> 6:08AM			
	584965473	Yama	7:42AM – 9:17AM	Sobhana Until 1:14AM Thu	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20 - 25		
Creative Work	Amrita Yoga	Rahu	12:27PM – 2:01PM	Bava Until 1:35PM	Nataraja: Clear		4th Phase		
Until 3:50PM				Dvadashi Until 12:04AM Thu	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 144 Subhakrit 5124	
Makara Rasi: 18.35	Tithi 13	Gulika	9:17AM – 10:52AM	Shravana Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM			
	594965473	Yama	6:08AM – 7:43AM	Athiganda* Until 9:39PM	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 20 - 26		
Creative Work	Siddha Yoga	Rahu	2:01PM – 3:35PM	Kaulava Until 10:34AM	Nataraja: Clear		4th Phase		
				Trayodashi Until 9:03PM	Moon – Purple		Devaloka Day		
		Avani Avittam			Bhadrapada*Avani				
				<i>Pradosha Vrata</i>					

5		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 145 Subhakrit 5124	
Kumbha Rasi: 3.16	Tithi 14	Gulika	7:43AM – 9:17AM	Dhanishtha Until 11:34AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM			
	594965473	Yama	3:34PM – 5:09PM	Sukarma Until 6:10PM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 20 - 27		
Creative Work	Siddha Yoga	Rahu	10:52AM – 12:26PM	Gara Until 7:35AM	Nataraja: Clear		4th Phase		
				Chaturdashi* Until 6:08PM	Moon – Purple		Devaloka Day		
		Chidambaram Abhishekam			Bhadrapada*Avani				

		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sun 28 Sutra 146 Subhakrit 5124	
Kumbha Rasi: 17.49	Tithi 15 – 16	Gulika	6:09AM – 7:43AM	Shatabhishak Until 9:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM			
	594965473	Yama	2:00PM – 3:34PM	Dhriti Until 2:55PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 20 - Purnima		
Creative Work	Amrita Yoga	Rahu	9:18AM – 10:52AM	Balava Until 2:19AM Sun	Nataraja: Clear				
Until 9:28AM				Purnima* Until 3:29PM	Moon – Purple		Devaloka Day		
Then Routine Work - Marana Yoga					Bhadrapada*Avani				

Sunday, September 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Jalandhar, India Sun 29 Sutra 147 Subhakrit 5124			
Silver Retreat Star		Gulika	3:33PM – 5:07PM	Purvaprosarthapada* Until 8:01AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM			
Meena Rasi: 2.08	Tithi 16 – 17	Yama	12:25PM – 1:59PM	Shula* Until 11:58AM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 20 - Prathama		
	514965473	Rahu	5:07PM – 6:40PM	Taitila Until 12:21AM Mon	Nataraja: Clear				
Creative Work	Siddha Yoga			Prathama* Until 1:15PM	Moon – Clear		Devaloka Day		
Until 8:01AM		Grandparent's Day			Bhadrapada*Avani				
Then Creative Work - Amrita Yoga									

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 148

Subhakrit 5124

Moon 9 - Phase 21 - 1

1st Phase

Devaloka Day

Bhadrapada-Avani

Meena Rasi: 16.06 Tithi 17 - 18

Family Home Evening 514965473

Creative Work Siddha Yoga

Gulika 1:58PM - 3:32PM

Yama 10:51AM - 12:25PM

Rahu 7:44AM - 9:18AM

Uttaraproshtapada Until 6:57AM

Ganda* Until 9:29AM

Vanija Until 11:01PM

Dvitiya Until 11:35AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Sunrise: 6:11AM

Sunset: 6:39PM

1

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Jalandhar, India

Sun 2 Sutra 149

Subhakrit 5124

Moon 9 - Phase 21 - 2

1st Phase

Devaloka Day

Bhadrapada-Avani

Meena Rasi: 29.41 Tithi 18 - 19

514965473

Creative Work Siddha Yoga

Gulika 12:24PM - 1:58PM

Yama 9:18AM - 10:51AM

Rahu 3:31PM - 5:04PM

Revati Until 6:25AM

Vridhhi Until 7:34AM

Bava Until 10:26PM

Tritiya Until 10:36AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

1	Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam		Jalandhar, India	
			Ardra Nakshatra Vyalipata/Variyan Yoga Gara Karana Navamyam Titau		Sun 8 Sutra 155	
Mithuna Rasi: 13.57	Tithi 24	Gulika 1:54PM – 3:26PM	Ardra Until 6:03PM	Ganesha: White	Sunrise: 6:15AM	Subhakrit 5124
Family Home Evening	535965473	Yama 10:50AM – 12:22PM	Vyatipata* Until 7:31AM	Muruqa: White	Sunset: 6:30PM	Moon 9 - Phase 22 - 8
Creative Work Siddha Yoga		Rahu 7:47AM – 9:19AM	Gara Until 7:06PM	Nataraja: Clear		2nd Phase
Until 6:03PM			Navami* Until 7:06PM	Moon – Yellow		Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		


2	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam		Jalandhar, India	
			Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 156	
Mithuna Rasi: 25.49	Tithi 25	Gulika 12:22PM – 1:54PM	Punarvasu Until 9:06PM	Ganesha: Yellow	Sunrise: 6:15AM	Subhakrit 5124
	545965473	Yama 9:19AM – 10:50AM	Variyan Until 8:24AM	Muruqa: White	Sunset: 6:29PM	Moon 9 - Phase 22 - 9
Creative Work Siddha Yoga		Rahu 3:25PM – 4:57PM	Vanija Until 8:19AM	Nataraja: Clear		2nd Phase
			Dashami Until 9:28PM	Moon – Blue		Devaloka Day
				Bhadrapada-Puratasi		

3	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam		Jalandhar, India	
			Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 157	
Kataka Rasi: 7.45	Tithi 26	Gulika 10:50AM – 12:22PM	Pushya Until 11:45PM	Ganesha: Yellow	Sunrise: 6:16AM	Subhakrit 5124
	545965473	Yama 7:47AM – 9:19AM	Parigha* Until 9:10AM	Muruqa: White	Sunset: 6:27PM	Moon 9 - Phase 22 - 10
Creative Work Siddha Yoga		Rahu 12:22PM – 1:53PM	Bava Until 10:35AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 11:34PM	Moon – Blue		Devaloka Day
				Bhadrapada-Puratasi		

4	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam		Jalandhar, India	
			Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 158	
Kataka Rasi: 19.49	Tithi 27	Gulika 9:19AM – 10:50AM	Ashlesha* Until 1:50AM Fri	Ganesha: Yellow	Sunrise: 6:16AM	Subhakrit 5124
	545965473	Yama 6:16AM – 7:48AM	Shiva Until 9:42AM	Muruqa: White	Sunset: 6:26PM	Moon 9 - Phase 22 - 11
Creative Work Siddha Yoga		Rahu 1:52PM – 3:24PM	Kaulava Until 12:29PM	Nataraja: Clear		2nd Phase
Until 1:50AM Fri			Dvadashi* Until 1:16AM Fri	Moon – Blue		Devaloka Day
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi		

5	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam		Jalandhar, India	
			Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 159	
Simha Rasi: 2.02	Tithi 28	Gulika 7:48AM – 9:19AM	Magha* Until 3:48AM Sat	Ganesha: Red	Sunrise: 6:17AM	Subhakrit 5124
	555965473	Yama 3:23PM – 4:54PM	Siddha Until 9:51AM	Muruqa: White	Sunset: 6:25PM	Moon 9 - Phase 22 - 12
Routine Work Marana Yoga		Rahu 10:50AM – 12:21PM	Gara Until 1:57PM	Nataraja: Clear		2nd Phase
Until 3:48AM Sat			Trayodashi* Until 2:29AM Sat	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi		

6	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam		Jalandhar, India	
			Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 160	
Simha Rasi: 14.28	Tithi 29	Gulika 6:18AM – 7:48AM	Purvaphalguni Until 5:06AM Sun	Ganesha: Red	Sunrise: 6:18AM	Subhakrit 5124
	555965473	Yama 1:51PM – 3:22PM	Sadhya Until 9:39AM	Muruqa: White	Sunset: 6:24PM	Moon 9 - Phase 22 - 13
Creative Work Siddha Yoga		Rahu 9:19AM – 10:50AM	Visti* Until 2:56PM	Nataraja: Clear		2nd Phase
Until 5:06AM Sun			Chaturdashi* Until 3:12AM Sun	Moon – Red		Devaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		

	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Jalandhar, India	
	Retreat Star		Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 161	
Simha Rasi: 27.08	Tithi 30	Gulika 3:21PM – 4:52PM	Uttaraphalguni Until 5:45AM Mon	Ganesha: Blue	Sunrise: 6:18AM	Subhakrit 5124
	556165473	Yama 12:20PM – 1:51PM	Subha Until 9:04AM	Muruqa: White	Sunset: 6:22PM	Moon 9 - Phase 22 - 14
Creative Work Amrita Yoga		Rahu 4:52PM – 6:22PM	Catuspada Until 3:23PM	Nataraja: Clear		Amavasya
Until 5:45AM Mon			Amavasya* Until 3:24AM Mon	Moon – Red		Bhuloka Day
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

Retreat Star	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam		Jalandhar, India	
			Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 162	
Kanya Rasi: 10.02	Tithi 1	Gulika 1:50PM – 3:20PM	Hasta Until 6:15AM Tue	Ganesha: Blue	Sunrise: 6:19AM	Subhakrit 5124
Family Home Evening	566165473	Yama 10:50AM – 12:20PM	Sukla Until 8:03AM	Muruqa: White	Sunset: 6:21PM	Moon 9 - Phase 22 - 15
Creative Work Siddha Yoga		Rahu 7:49AM – 9:19AM	Kintughna Until 3:20PM	Nataraja: Clear		Prathama
			Prathama* Until 3:08AM Tue	Moon – Green		Bhuloka Day
		Navaratri Begins		Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 23.11	Tithi 2	Gulika 12:20PM – 1:50PM	Hasta Until 6:15AM	Ganesha: Blue	<i>Sunrise:</i> 6:19AM	
			Yama 9:19AM – 10:50AM	Brahma Until 6:41AM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	566165473 Rahu 3:20PM – 4:50PM	Balava Until 2:51PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:27AM Wed	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Jalandhar, India Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 6.33	Tithi 3	Gulika 10:49AM – 12:19PM	Chitra Until 6:11AM	Ganesha: Blue	<i>Sunrise:</i> 6:20AM	
			Yama 7:50AM – 9:20AM	Vaidhriti* Until 3:02AM Thu	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 12:19PM – 1:49PM	Taitila Until 1:59PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:24AM Thu	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Jalandhar, India Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 20.07	Tithi 4	Gulika 9:20AM – 10:49AM	Vishakha Until 5:07AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:21AM	
			Yama 6:21AM – 7:50AM	Vishkambha* Until 12:49AM Fri	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 Rahu 1:48PM – 3:18PM	Vanija Until 12:47PM	Nataraja: Clear		3rd Phase
			Chaturthi Until 12:04AM Fri	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 3.5	Tithi 5	Gulika 7:51AM – 9:20AM	Anuradha Until 4:11AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:21AM	
			Yama 3:17PM – 4:47PM	Priti Until 10:26PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 Rahu 10:49AM – 12:19PM	Bava Until 11:19AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:28PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 17.42	Tithi 6	Gulika 6:22AM – 7:51AM	Jyeshtha* Until 2:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	
			Yama 1:47PM – 3:16PM	Ayushman Until 7:51PM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	676165473 Rahu 9:20AM – 10:49AM	Kaulava Until 9:37AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 8:40PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

6	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 1.42	Tithi 7	Gulika 3:16PM – 4:44PM	Mula* Until 1:47AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	
			Yama 12:18PM – 1:47PM	Saubhagya Until 5:08PM	Muruqa: Green	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:44PM – 6:13PM	Gara Until 7:43AM	Nataraja: Clear		3rd Phase
			Saptami Until 6:42PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:46PM – 3:15PM	Purvashadha* Until 12:22AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	
	Dhanus Rasi: 15.48	Tithi 8 – 9	Yama 10:49AM – 12:18PM	Sobhana Until 2:18PM	Muruqa: Green	<i>Sunset:</i> 6:12PM	Moon 9 - Phase 23 - 22
	Family Home Evening	687166473 Rahu 7:52AM – 9:20AM		Balava Until 3:29AM Tue	Nataraja: Clear		Ashtami
			Ashtami* Until 4:35PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 23 Sutra 170 Subhakrit 5124
	Retreat Star		Gulika 12:17PM – 1:46PM	Uttarashadha Until 10:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	
	Dhanus Rasi: 29.59	Tithi 9 – 10	Yama 9:21AM – 10:49AM	Athiganda* Until 11:21AM	Muruqa: Green	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 23 - 23
	Routine Work	Prabalarishta Yoga	687166473 Rahu 3:14PM – 4:42PM	Taitila Until 1:13AM Wed	Nataraja: Clear		Navami
			Navami* Until 2:20PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

Then Routine Work - Prabalarishta Yoga

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

ll times are standard time. Calculated for Jalandhar, India on 5/1/2


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1	Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 171 Subhakrit 5124
	Makara Rasi: 14.14	Tithi 10 - 11	Gulika 10:49AM - 12:17PM	Shravana Until 9:16PM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	Muruqa: Green <i>Sunset:</i> 6:10PM	Moon 9 - Phase 24 - 24 4th Phase
Creative Work Siddha Yoga Until 9:16PM Then Routine Work - Prabalarishta Yoga		697166473	Rahu 12:17PM - 1:45PM	Vanija Until 10:54PM	Nataraja: Clear Moon - Purple	Devaloka Day	
			Vijaya Dasami	Dashami Until 12:02PM	Ashvina+Puratasi		

2	Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 172 Subhakrit 5124
	Makara Rasi: 28.31	Tithi 11 - 12	Gulika 9:21AM - 10:49AM	Dhanishtha Until 7:44PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM	Muruqa: Green <i>Sunset:</i> 6:08PM	Moon 9 - Phase 24 - 25 4th Phase
Creative Work Siddha Yoga		697166473	Rahu 1:45PM - 3:13PM	Bava Until 8:37PM	Nataraja: Clear Moon - Purple	Devaloka Day	
				Ekadashi Until 9:44AM	Ashvina+Puratasi		

3	Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 173 Subhakrit 5124
	Kumbha Rasi: 12.44	Tithi 12 - 13	Gulika 7:53AM - 9:21AM	Shatabhishak Until 6:11PM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Muruqa: Green <i>Sunset:</i> 6:07PM	Moon 9 - Phase 24 - 26 4th Phase
Creative Work Siddha Yoga		697166473	Rahu 10:49AM - 12:16PM	Ganda* Until 11:31PM	Nataraja: Clear Moon - Purple	Devaloka Day	
			Kadaitswami Mahasamadhi	Dvadashi Until 7:30AM	Ashvina+Puratasi		
				<i>Pradosha Vrata</i>			

4	Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 174 Subhakrit 5124
	Kumbha Rasi: 26.5	Tithi 14	Gulika 6:26AM - 7:54AM	Purvaproshtapada* Until 5:09PM	Ganesha: White <i>Sunrise:</i> 6:26AM	Muruqa: Green <i>Sunset:</i> 6:06PM	Moon 9 - Phase 24 - 27 4th Phase
Routine Work Marana Yoga Until 5:09PM Then Creative Work - Siddha Yoga		618166474	Rahu 9:21AM - 10:49AM	Vriddhi Until 8:55PM	Nataraja: Purple Moon - Clear	Bhuloka Day	
			Chidambaram Abhishekam	Chaturdashi* Until 3:43AM Sun	Ashvina+Puratasi		

	Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 175 Subhakrit 5124
	Meena Rasi: 10.44	Tithi 15	Gulika 3:10PM - 4:37PM	Uttaraproshtapada Until 4:20PM	Ganesha: White <i>Sunrise:</i> 6:27AM	Muruqa: Green <i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 - Purnima
Creative Work Amrita Yoga		618166474	Rahu 4:37PM - 6:05PM	Dhruva Until 6:35PM	Nataraja: Purple Moon - Clear	Bhuloka Day	
				Purnima* Until 2:24AM Mon	Ashvina+Puratasi		

Monday, October 10, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 176 Subhakrit 5124
	Meena Rasi: 24.23	Tithi 16	Gulika 1:43PM - 3:10PM	Revati Until 3:51PM	Ganesha: White <i>Sunrise:</i> 6:28AM	Muruqa: Green <i>Sunset:</i> 6:03PM	Moon 9 - Phase 24 - Prathama
Family Home Evening Creative Work Siddha Yoga		618166474	Rahu 7:55AM - 9:22AM	Vyaghata* Until 4:40PM	Nataraja: Purple Moon - Clear	Bhuloka Day	
				Balava Until 1:58PM	Ashvina+Puratasi		
				Prathama* Until 1:37AM Tue			



Tuesday, October 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India
Sutra 177

Mesha Rasi: 7.44 Tithi 17

628176474

Gulika 12:15PM – 1:42PM
Yama 9:22AM – 10:49AM
Rahu 3:09PM – 4:36PM

Ashvini Until 4:15PM

Harshana Until 3:14PM

Taitila Until 1:29PM

Dvitiya Until 1:28AM Wed

Ganesha: Yellow *Sunrise:* 6:28AM

Muruqa: White *Sunset:* 6:02PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Jalandhar, India
Sun 1 Sutra 178

Mesha Rasi: 20.44 Tithi 18

628176474

Gulika 10:49AM – 12:15PM
Yama 7:55AM – 9:22AM
Rahu 12:15PM – 1:42PM

Bharani Until 5:08PM

Vajra* Until 2:17PM

Vanija Until 1:40PM

Tritiya Until 2:00AM Thu

Ganesha: Yellow *Sunrise:* 6:29AM

Muruqa: White *Sunset:* 6:01PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 5:08PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Jalandhar, India
Sun 2 Sutra 179

Vrishabha Rasi: 3.25 Tithi 19

628176474

Gulika 9:22AM – 10:48AM
Yama 6:30AM – 7:56AM
Rahu 1:41PM – 3:07PM

Krittika Until 6:31PM

Siddhi Until 1:53PM

Bava Until 2:32PM

Chaturthi* Until 3:11AM Fri

Ganesha: Yellow *Sunrise:* 6:30AM

Muruqa: White *Sunset:* 6:00PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India
Sun 3 Sutra 180

Vrishabha Rasi: 15.47 Tithi 20

638176474

Gulika 7:56AM – 9:22AM
Yama 3:07PM – 4:33PM
Rahu 10:48AM – 12:15PM

Rohini Until 8:49PM

Vyatipata* Until 1:58PM

Kaulava Until 4:02PM

Panchami Until 4:57AM Sat

Ganesha: Blue *Sunrise:* 6:30AM

Muruqa: White *Sunset:* 5:59PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 8:49PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara Karana Shashthayam Titau

Jalandhar, India
Sun 4 Sutra 181

Vrishabha Rasi: 27.57 Tithi 21

639176474

Gulika 6:31AM – 7:57AM
Yama 1:40PM – 3:06PM
Rahu 9:23AM – 10:48AM

Mrigashira Until 11:25PM

Variyan Until 2:26PM

Gara Until 6:02PM

Shashthi* Until 7:09AM Sun

Ganesha: Red *Sunrise:* 6:31AM

Muruqa: White *Sunset:* 5:59PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jalandhar, India
Sun 5 Sutra 182

Mithuna Rasi: 9.56 Tithi 21 – 22

639176474

Gulika 3:05PM – 4:31PM
Yama 12:14PM – 1:40PM
Rahu 4:31PM – 5:57PM

Ardra Until 2:07AM Mon

Parigha* Until 3:10PM

Visti Until 8:22PM

Shashthi* Until 7:09AM

Ganesha: Red *Sunrise:* 6:32AM

Muruqa: White *Sunset:* 5:57PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 2:07AM Mon

Then Creative Work - Amrita Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India
Sun 6 Sutra 183

Mithuna Rasi: 21.5 Tithi 22 – 23

649176474

Gulika 1:39PM – 3:05PM
Yama 10:49AM – 12:14PM
Rahu 7:58AM – 9:23AM

Punarvasu Until 5:12AM Tue

Shiva Until 4:02PM

Balava Until 10:48PM

Saptami Until 9:34AM

Ganesha: Green *Sunrise:* 6:32AM

Muruqa: White *Sunset:* 5:55PM

Nataraja: Purple

Moon – Blue

Ashvina+Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 5:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India
Sun 7 Sutra 184

Kataka Rasi: 3.43 Tithi 23 – 24

649176474

Gulika 12:14PM – 1:39PM
Yama 9:23AM – 10:49AM
Rahu 3:04PM – 4:29PM

Pushya Until 7:59AM Wed

Siddha Until 4:50PM

Taitila Until 1:09AM Wed

Ashtami* Until 11:59AM

Ganesha: Green *Sunrise:* 6:33AM

Muruqa: White *Sunset:* 5:54PM

Nataraja: Purple

Moon – Blue

Ashvina+Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Jalandhar, India on 5/1/2

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1	Wednesday, October 19, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Jalandhar, India Sun 8 Sutra 185 Subhakarit 5124
	Kataka Rasi: 15.4	Tithi 24 – 25	Gulika 10:49AM – 12:13PM Yama 7:59AM – 9:24AM Rahu 12:13PM – 1:38PM	Pushya Until 7:59AM Sadhya Until 5:28PM Vanija Until 3:12AM Thu Navami* Until 2:12PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 5:53PM	Moon 10 - Phase 26 - 8 2nd Phase
	Creative Work	Siddha Yoga	649176474		Ashvina•Aipasi	Devaloka Day	

2	Thursday, October 20, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 186 Subhakarit 5124
	Kataka Rasi: 27.44	Tithi 25 – 26	Gulika 9:24AM – 10:49AM Yama 6:35AM – 7:59AM Rahu 1:38PM – 3:03PM	Ashlesha* Until 10:17AM Subha Until 5:49PM Bava Until 4:47AM Fri Dashami Until 4:02PM	Ganesha: Red Muruqa: White Nataraja: Purple Moon – Blue	<i>Sunrise:</i> 6:35AM <i>Sunset:</i> 5:52PM	Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649276474		Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

3	Friday, October 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 187 Subhakarit 5124
	Simha Rasi: 10	Tithi 26 – 27	Gulika 8:00AM – 9:24AM Yama 3:02PM – 4:27PM Rahu 10:49AM – 12:13PM	Magha* Until 12:25PM Sukla Until 5:43PM Kaulava Until 5:48AM Sat Ekadashi* Until 5:21PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:35AM <i>Sunset:</i> 5:51PM	Moon 10 - Phase 26 - 10 2nd Phase
	Routine Work	Marana Yoga	659276474		Ashvina•Aipasi	Bhuloka Day	


4	Saturday, October 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 11 Sutra 188 Subhakarit 5124
	Simha Rasi: 22.31	Tithi 27	Gulika 6:36AM – 8:00AM Yama 1:37PM – 3:01PM Rahu 9:24AM – 10:49AM	Purvaphalguni Until 1:48PM Brahma Until 5:09PM Taitila Until 6:03PM Dvadashi* Until 6:03PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:36AM <i>Sunset:</i> 5:50PM	Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474		Ashvina•Aipasi	Bhuloka Day	

5	Sunday, October 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 12 Sutra 189 Subhakarit 5124
	Kanya Rasi: 5.2	Tithi 28	Gulika 3:01PM – 4:25PM Yama 12:13PM – 1:37PM Rahu 4:25PM – 5:49PM	Uttaraphalguni Until 2:25PM Indra Until 4:07PM Gara Until 6:10AM Trayodashi* Until 6:05PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:37AM <i>Sunset:</i> 5:49PM	Moon 10 - Phase 26 - 12 2nd Phase
	Creative Work	Amrita Yoga	651276474		Ashvina•Aipasi	Bhuloka Day	

Pradosha Vrata (Fasting)

6	Monday, October 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 190 Subhakarit 5124
	Kanya Rasi: 18.28	Tithi 29 – 30	Gulika 1:37PM – 3:00PM Yama 10:49AM – 12:13PM Rahu 8:01AM – 9:25AM	Hasta Until 2:43PM Vaidhriti* Until 2:32PM Catuspada Until 5:00AM Tue Chaturdashi* Until 5:30PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:37AM <i>Sunset:</i> 5:48PM	Moon 10 - Phase 26 - 13 2nd Phase
	Family Home Evening	Siddha Yoga	661276474		Ashvina•Aipasi	Bhuloka Day	

Subramuniyaswami Mahasamadhi
Deepavali Hindu Solidarity Day

	Tuesday, October 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 14 Sutra 191 Subhakarit 5124
	Tula Rasi: 1.56	Tithi 30 – 1	Gulika 12:13PM – 1:36PM Yama 9:25AM – 10:49AM Rahu 3:00PM – 4:23PM	Chitra Until 2:17PM Vishkambha* Until 12:31PM Kintughna Until 3:36AM Wed Amavasya* Until 4:20PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:38AM <i>Sunset:</i> 5:47PM	Moon 10 - Phase 26 - 14 Amavasya
	Creative Work	Siddha Yoga	661276474		Ashvina•Aipasi	Bhuloka Day	

Retreat Star	Wednesday, October 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 192 Subhakarit 5124
	Tula Rasi: 15.42	Tithi 1 – 2	Gulika 10:49AM – 12:12PM Yama 8:02AM – 9:26AM Rahu 12:12PM – 1:36PM	Svati Until 1:15PM Priti Until 10:07AM Balava Until 1:46AM Thu Prathama* Until 2:43PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:39AM <i>Sunset:</i> 5:46PM	Moon 10 - Phase 26 - 15 Prathama
	Creative Work	Siddha Yoga	661276574		Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Skanda Shasthi Begins

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Thursday, November 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau			Jalandhar, India Sun 23 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 9.08	Tithi 10	Gulika 9:29AM – 10:50AM	Shatabhishak Until 12:42AM Fri	Ganesha: Green <i>Sunrise:</i> 6:45AM
			Yama 6:45AM – 8:07AM	Vriddhi Until 7:50AM	Muruqa: Clear <i>Sunset:</i> 5:39PM
	692276574	Rahu 1:34PM – 2:55PM		Taitila Until 8:21AM	Nataraja: Clear Moon – Purple
Creative Work	Siddha Yoga		Dashami Until 7:33PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Jalandhar, India Sun 24 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 22.56	Tithi 11	Gulika 8:08AM – 9:29AM	Purvaproshtapada* Until 12:14AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:46AM
			Yama 2:55PM – 4:17PM	Vyaghata* Until 3:16AM Sat	Muruqa: Clear <i>Sunset:</i> 5:38PM
	612276574	Rahu 10:51AM – 12:12PM		Vanija Until 6:52AM	Nataraja: Clear Moon – Clear
Creative Work	Siddha Yoga		Ekadashi Until 6:12PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 25 Sutra 202 Subhakrit 5124
	Meena Rasi: 6.34	Tithi 12 – 13	Gulika 6:47AM – 8:08AM	Uttaraproshtapada Until 11:58PM	Ganesha: Blue <i>Sunrise:</i> 6:47AM
			Yama 1:33PM – 2:55PM	Harshana Until 1:24AM Sun	Muruqa: Clear <i>Sunset:</i> 5:37PM
	612276574	Rahu 9:29AM – 10:51AM		Kaulava Until 4:49AM Sun	Nataraja: Clear Moon – Clear
Creative Work	Siddha Yoga		Dvadashi Until 5:10PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 11:58PM	Then Routine Work - Prabararishta Yoga		<i>Pradosha Vrata</i>		

4	Sunday, November 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 26 Sutra 203 Subhakrit 5124
	Meena Rasi: 20.01	Tithi 13 – 14	Gulika 2:54PM – 4:15PM	Revati Until 11:55PM	Ganesha: Blue <i>Sunrise:</i> 6:48AM
			Yama 12:12PM – 1:33PM	Vajra* Until 11:48PM	Muruqa: Clear <i>Sunset:</i> 5:36PM
	612276574	Rahu 4:15PM – 5:36PM		Gara Until 4:22AM Mon	Nataraja: Clear Moon – Clear
Creative Work	Amrita Yoga		Trayodashi Until 4:31PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 11:55PM	Then Creative Work - Siddha Yoga				

5	Monday, November 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Jalandhar, India Sun 27 Sutra 204 Subhakrit 5124
	Mesha Rasi: 3.14	Tithi 14 – 15	Gulika 1:33PM – 2:54PM	Ashvini Until 12:37AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:49AM
			Yama 10:51AM – 12:12PM	Siddhi Until 10:35PM	Muruqa: Clear <i>Sunset:</i> 5:36PM
	722276574	Rahu 8:09AM – 9:30AM		Visti Until 4:22AM Tue	Nataraja: Clear Moon – White
Family Home Evening	Creative Work	Siddha Yoga	Chaturdashi* Until 4:17PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Tuesday, November 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Jalandhar, India Sutra 205 Subhakrit 5124
	Copper Retreat Star		Gulika 12:12PM – 1:33PM	Bharani Until 1:38AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:49AM
	Mesha Rasi: 16.13	Tithi 15 – 16	Yama 9:31AM – 10:51AM	Vyatipata* Until 9:44PM	Muruqa: Clear <i>Sunset:</i> 5:35PM
	722276574	Rahu 2:54PM – 4:14PM		Balava Until 4:53AM Wed	Nataraja: Clear Moon – White
Creative Work	Siddha Yoga		Purnima* Until 4:32PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 1:38AM Wed	Then Creative Work - Amrita Yoga				

○	Wednesday, November 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Jalandhar, India Sutra 206 Subhakrit 5124
	Silver Retreat Star		Gulika 10:52AM – 12:12PM	Krittika Until 2:59AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:50AM
	Mesha Rasi: 28.57	Tithi 16 – 17	Yama 8:11AM – 9:31AM	Variyan Until 9:16PM	Muruqa: Clear <i>Sunset:</i> 5:34PM
	722276574	Rahu 12:12PM – 1:33PM		Taitila Until 5:55AM Thu	Nataraja: Clear Moon – White
Creative Work	Amrita Yoga		Prathama* Until 5:19PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 2:59AM Thu	Then Routine Work - Marana Yoga				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 207

Subhakrit 5124

Virshabha Rasi: 11.28 Tithi 17

732276574

Gulika 9:32AM – 10:52AM
Yama 6:51AM – 8:11AM
Rahu 1:33PM – 2:53PM
Rohini Until 5:09AM Fri
Parigha* Until 9:12PM
Gara Until 6:36PM
Dvitiya Until 6:36PM

Ganesha: Red *Sunrise:* 6:51AM
Muruqa: Clear *Sunset:* 5:34PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 5:09AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Jalandhar, India

Sun 2 Sutra 208

Subhakrit 5124

Virshabha Rasi: 23.45 Tithi 18

732276574

Gulika 8:12AM – 9:32AM
Yama 2:53PM – 4:13PM
Rahu 10:52AM – 12:12PM
Mrigashira Until 7:35AM Sat
Shiva Until 9:30PM
Vanija Until 7:26AM
Tritiya Until 8:21PM

Ganesha: Red *Sunrise:* 6:52AM
Muruqa: Clear *Sunset:* 5:33PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 5.52 Tithi 19

732276574

Gulika 6:53AM – 8:13AM
Yama 1:33PM – 2:52PM
Rahu 9:33AM – 10:53AM
Mrigashira Until 7:35AM
Siddha Until 10:04PM
Bava Until 9:25AM
Chaturthi* Until 10:30PM

Ganesha: Red *Sunrise:* 6:53AM
Muruqa: Clear *Sunset:* 5:32PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 17.5 Tithi 20

732276574

Gulika 2:52PM – 4:12PM
Yama 12:13PM – 1:32PM
Rahu 4:12PM – 5:32PM
Ardra Until 10:09AM
Sadhya Until 10:49PM
Kaulava Until 11:42AM
Panchami Until 12:54AM Mon

Ganesha: Red *Sunrise:* 6:54AM
Muruqa: Clear *Sunset:* 5:32PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 5 Sutra 211

Subhakrit 5124

Mithuna Rasi: 29.44 Tithi 21

742376574

Family Home Evening

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

Gulika 1:32PM – 2:52PM
Yama 10:53AM – 12:13PM
Rahu 8:14AM – 9:34AM
Punarvasu Until 1:15PM
Subha Until 11:41PM
Gara Until 2:11PM
Shashthi* Until 3:24AM Tue

Ganesha: White *Sunrise:* 6:54AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 5
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 11.37 Tithi 22

743376574

Gulika 12:13PM – 1:32PM
Yama 9:34AM – 10:54AM
Rahu 2:52PM – 4:11PM
Pushya Until 4:10PM
Sukla Until 12:27AM Wed
Visti Until 4:39PM
Saptami Until 5:48AM Wed

Ganesha: Green *Sunrise:* 6:55AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Balava Karana Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 23.32 Tithi 23

743376574

Gulika 10:54AM – 12:13PM
Yama 8:15AM – 9:35AM
Rahu 12:13PM – 1:32PM
Ashlesha* Until 6:45PM
Brahma Until 1:03AM Thu
Balava Until 6:56PM
Ashtami* Until 7:54AM Thu

Ganesha: Green *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 5:30PM
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Moon 11 - Phase 29 - 7
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 5.34 Tithi 23 – 24

753376575

Gulika 9:35AM – 10:54AM
Yama 6:57AM – 8:16AM
Rahu 1:32PM – 2:52PM
Magha* Until 9:17PM
Indra Until 1:19AM Fri
Taitila Until 8:49PM
Ashtami* Until 7:54AM

Ganesha: Orange *Sunrise:* 6:57AM
Muruqa: Clear *Sunset:* 5:30PM
Nataraja: Purple
Moon – Red
Kartika-Kartikai

Moon 11 - Phase 29 - 8
Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 9:17PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

11 times are standard time. Calculated for Jalandhar, India on 5/1/2

www.gurudeva.org/panchang


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Jalandhar, India	
Simha Rasi: 17.47		Tithi 24 – 25		Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9 Sutra 215	
753376575		Gulika 8:17AM – 9:36AM	Purvaphalguni Until 11:05PM	Ganesha: Orange	<i>Sunrise:</i> 6:58AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 2:51PM – 4:10PM	Vaidhrili* Until 1:07AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 30 - 9	
		Rahu 10:55AM – 12:14PM	Vanija Until 10:07PM	Nataraja: Purple		2nd Phase	
			Navami* Until 9:31AM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Jalandhar, India	
Kanya Rasi: 0.17		Tithi 25 – 26		Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 216	
753376575		Gulika 6:59AM – 8:18AM	Uttaraphalguni Until 12:04AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:59AM	Subhakrit 5124	
Routine Work Marana Yoga		Yama 1:33PM – 2:51PM	Vishkambha* Until 12:23AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 30 - 10	
Until 12:04AM Sun		Rahu 9:36AM – 10:55AM	Bava Until 10:43PM	Nataraja: Purple		2nd Phase	
Then Creative Work - Amrita Yoga			Dashami Until 10:30AM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Jalandhar, India	
Kanya Rasi: 13.07		Tithi 26 – 27		Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 217	
763376575		Gulika 2:51PM – 4:10PM	Hasta Until 12:37AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 7:00AM	Subhakrit 5124	
Creative Work Amrita Yoga		Yama 12:14PM – 1:33PM	Priti Until 11:03PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 30 - 11	
Until 12:37AM Mon		Rahu 4:10PM – 5:28PM	Kaulava Until 10:33PM	Nataraja: Purple		2nd Phase	
Then Routine Work - Prabalarishta Yoga			Ekadashi* Until 10:43AM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Jalandhar, India	
Kanya Rasi: 26.19		Tithi 27 – 28		Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 218	
763376575		Gulika 1:33PM – 2:51PM	Chitra Until 12:15AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 7:00AM	Subhakrit 5124	
Family Home Evening		Yama 10:56AM – 12:14PM	Ayushman Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 30 - 12	
Routine Work Prabalarishta Yoga		Rahu 8:19AM – 9:37AM	Gara Until 9:37PM	Nataraja: Purple		2nd Phase	
Until 12:15AM Tue			Dvadashi* Until 10:10AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Jalandhar, India	
Tula Rasi: 9.58		Tithi 28 – 29		Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 219	
763376575		Gulika 12:15PM – 1:33PM	Svati Until 11:04PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:01AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 9:38AM – 10:56AM	Saubhagya Until 6:37PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 30 - 13	
Until 11:04PM		Rahu 2:51PM – 4:09PM	Visti Until 8:00PM	Nataraja: Purple		2nd Phase	
Then Routine Work - Marana Yoga			Trayodashi* Until 8:52AM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Jalandhar, India	
Retreat Star		Tithi 29 – 30		Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 220	
773376575		Gulika 10:57AM – 12:15PM	Vishakha Until 9:37PM	Ganesha: Purple	<i>Sunrise:</i> 7:02AM	Subhakrit 5124	
Tula Rasi: 23.59		Yama 8:20AM – 9:38AM	Sobhana Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 30 - 14	
Creative Work Siddha Yoga		Rahu 12:15PM – 1:33PM	Naga Until 4:28AM Thu	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 6:56AM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Jalandhar, India			
Retreat Star		Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 221			
773376575		Gulika 9:39AM – 10:57AM	Anuradha Until 7:36PM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM	Subhakrit 5124	
Vrischika Rasi: 8.23		Yama 7:03AM – 8:21AM	Athiganda* Until 12:18PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 30 - 15	
Creative Work Siddha Yoga		Rahu 1:33PM – 2:51PM	Kintughna Until 3:06PM	Nataraja: Purple		Prathama	
Until 7:36PM			Prathama* Until 1:38AM Fri	Moon – Orange		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India
	Vrischika Rasi: 23.01	Tithi 2	Gulika 8:22AM – 9:40AM	Jyeshtha* Until 5:11PM	Ganesha: Purple	<i>Sunrise:</i> 7:04AM	Sun 16 Sutra 222
			773376575 Rahu 10:58AM – 12:15PM	Sukarma Until 8:41AM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Subhakrit 5124
Routine Work Marana Yoga			Balava Until 12:09PM	Nataraja: Purple		Moon 11 - Phase 31 - 16	
Until 5:11PM			Dvitiya Until 10:35PM	Moon – Orange		3rd Phase	
Then Creative Work - Amrita Yoga				Margasira-Karttikai		Devaloka Day	

2	Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Jalandhar, India
	Dhanus Rasi: 7.48	Tithi 3	Gulika 7:05AM – 8:22AM	Mula* Until 2:56PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:05AM	Sun 17 Sutra 223
			783376575 Rahu 9:40AM – 10:58AM	Shula* Until 1:11AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Subhakrit 5124
Creative Work Siddha Yoga			Taitila Until 9:02AM	Nataraja: Purple		Moon 11 - Phase 31 - 17	
			Tritiya Until 7:27PM	Moon – Light Blue		3rd Phase	
				Margasira-Karttikai		Devaloka Day	

3	Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India
	Dhanus Rasi: 22.36	Tithi 4 – 5	Gulika 2:51PM – 4:09PM	Purvashadha* Until 12:36PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:06AM	Sun 18 Sutra 224
			783376575 Rahu 4:09PM – 5:26PM	Ganda* Until 9:30PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Subhakrit 5124
Creative Work Siddha Yoga			Bava Until 2:59AM Mon	Nataraja: Purple		Moon 11 - Phase 31 - 18	
Until 12:36PM			Chaturthi* Until 4:25PM	Moon – Light Blue		3rd Phase	
Then Creative Work - Amrita Yoga				Margasira-Karttikai		Devaloka Day	

4	Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Jalandhar, India
	Makara Rasi: 7.17	Tithi 5 – 6	Gulika 1:34PM – 2:51PM	Uttarashadha Until 10:19AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:06AM	Sun 19 Sutra 225
	Family Home Evening		783376575 Rahu 8:24AM – 9:41AM	Vriddhi Until 6:02PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Subhakrit 5124
Routine Work Marana Yoga			Kaulava Until 12:17AM Tue	Nataraja: Purple		Moon 11 - Phase 31 - 19	
Until 10:19AM			Panchami Until 1:34PM	Moon – Light Blue		3rd Phase	
Then Creative Work - Amrita Yoga				Margasira-Karttikai		Devaloka Day	

5	Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India
	Makara Rasi: 21.46	Tithi 6 – 7	Gulika 12:17PM – 1:34PM	Shravana Until 8:36AM	Ganesha: Orange	<i>Sunrise:</i> 7:07AM	Sun 20 Sutra 226
			793376575 Rahu 2:51PM – 4:09PM	Dhruva Until 2:50PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Subhakrit 5124
Creative Work Siddha Yoga			Gara Until 9:58PM	Nataraja: Purple		Moon 11 - Phase 31 - 20	
			Shashthi* Until 11:04AM	Moon – Purple		3rd Phase	
				Margasira-Karttikai		Sivaloka Day	

Retreat Star	Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Jalandhar, India
	Kumbha Rasi: 5.59	Tithi 7 – 8	Gulika 11:00AM – 12:17PM	Dhanishtha Until 7:09AM	Ganesha: Clear	<i>Sunrise:</i> 7:08AM	Sun 21 Sutra 227
			794376575 Rahu 12:17PM – 1:34PM	Vyaghata* Until 11:59AM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Subhakrit 5124
Routine Work Prabalarishta Yoga			Vistil Until 8:07PM	Nataraja: Purple		Moon 11 - Phase 31 - 21	
Until 7:09AM			Saptami Until 8:58AM	Moon – Purple		Ashtami	
Then Creative Work - Siddha Yoga				Margasira-Karttikai		Sivaloka Day	

Retreat Star	Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India
	Kumbha Rasi: 19.53	Tithi 8 – 9	Gulika 9:43AM – 11:00AM	Shatabhishak Until 6:02AM	Ganesha: Clear	<i>Sunrise:</i> 7:09AM	Sun 22 Sutra 228
			794376575 Rahu 1:35PM – 2:52PM	Harshana Until 9:32AM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Subhakrit 5124
Creative Work Siddha Yoga			Balava Until 6:45PM	Nataraja: Purple		Moon 11 - Phase 31 - 22	
			Ashtami* Until 7:21AM	Moon – Purple		Navami	
				Margasira-Karttikai		Sivaloka Day	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Siddhi Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Jalandhar, India Sun 23 Sutra 229	
Meena Rasi: 3.29	Tithi 9 – 10	Gulika 8:27AM – 9:44AM	Uttaraproshtapada Until 5:44AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:10AM				Subhakrit 5124
		Yama 2:52PM – 4:09PM	Vajra* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - 23
		714376575 Rahu 11:01AM – 12:18PM	Gara Until 5:40AM Sat	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:15AM	Moon – Clear				Sivaloka Day	
Until 5:44AM Sat				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									

2		Saturday, December 3, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Jalandhar, India Sun 24 Sutra 230	
Meena Rasi: 16.48	Tithi 11	Gulika 7:11AM – 8:27AM	Revati Until 6:07AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:11AM				Subhakrit 5124
		Yama 1:35PM – 2:52PM	Vyatipata* Until 4:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - 24
		714376575 Rahu 9:44AM – 11:01AM	Vanija Until 5:35PM	Nataraja: Purple					4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:36AM Sun	Moon – Clear				Sivaloka Day	
Until 6:07AM Sun				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

3		Sunday, December 4, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvadashyam Titau		Jalandhar, India Sun 25 Sutra 231	
Meena Rasi: 29.5	Tithi 12	Gulika 2:52PM – 4:09PM	Revati Until 6:07AM	Ganesha: Red	<i>Sunrise:</i> 7:11AM				Subhakrit 5124
		Yama 12:19PM – 1:35PM	Variyan Until 3:40AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - 25
		714376575 Rahu 4:09PM – 5:26PM	Bava Until 5:45PM	Nataraja: Purple					4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 6:00AM Mon	Moon – Clear				Sivaloka Day	
Until 6:07AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

4		Monday, December 5, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 26 Sutra 232	
Mesha Rasi: 12.4	Tithi 12 – 13	Gulika 1:36PM – 2:52PM	Ashvini Until 7:15AM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM				Subhakrit 5124
Family Home Evening		Yama 11:02AM – 12:19PM	Parigha* Until 3:07AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - 26
		724376575 Rahu 8:29AM – 9:46AM	Kaulava Until 6:23PM	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:00AM	Moon – White				Devaloka Day	
				Margasira-Karttikai					

Pradosha Vrata

5		Tuesday, December 6, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 27 Sutra 233	
Mesha Rasi: 25.16	Tithi 13 – 14	Gulika 12:19PM – 1:36PM	Bharani Until 8:39AM	Ganesha: Blue	<i>Sunrise:</i> 7:13AM				Subhakrit 5124
		Yama 9:46AM – 11:03AM	Shiva Until 2:53AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - 27
		724376575 Rahu 2:53PM – 4:09PM	Gara Until 7:26PM	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:50AM	Moon – White				Devaloka Day	
		Krittika Deepam		Margasira-Karttikai					

○		Wednesday, December 7, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Jalandhar, India Sutra 234	
Copper Retreat Star		Gulika 11:03AM – 12:20PM	Krittika Until 10:17AM	Ganesha: Blue	<i>Sunrise:</i> 7:14AM				Subhakrit 5124
Vrishabha Rasi: 7.42	Tithi 14 – 15	Yama 8:30AM – 9:47AM	Siddha Until 2:55AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - Purnima
		724376575 Rahu 12:20PM – 1:36PM	Visti Until 8:52PM	Nataraja: Purple					
Creative Work	Amrita Yoga		Chaturdashi* Until 8:05AM	Moon – White				Devaloka Day	
Until 10:17AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

○		Thursday, December 8, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Jalandhar, India Sutra 235	
Silver Retreat Star		Gulika 9:47AM – 11:04AM	Rohini Until 12:35PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM				Subhakrit 5124
Vrishabha Rasi: 19.59	Tithi 15 – 16	Yama 7:14AM – 8:31AM	Sadhya Until 3:13AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:26PM				Moon 11 - Phase 32 - Prathama
		734376575 Rahu 1:37PM – 2:53PM	Balava Until 10:40PM	Nataraja: Purple					
Routine Work	Marana Yoga		Purnima* Until 9:42AM	Moon – Yellow				Sivaloka Day	
				Margasira-Karttikai					

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

Il times are standard time. Calculated for Jalandhar, India on 5/1/2

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 236

Mithuna Rasi: 2.07 Tithi 16 - 17

Gulika 8:32AM - 9:48AM
Yama 2:53PM - 4:10PM
Rahu 11:04AM - 12:21PM

Mrigashira Until 3:02PM
Subha Until 3:44AM Sat
Taitila Until 12:45AM Sat
Prathama* Until 11:39AM

Ganesha: Red Sunrise: 7:15AM
Muruqa: Clear Sunset: 5:26PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 237

Mithuna Rasi: 14.09 Tithi 17 - 18

Gulika 7:16AM - 8:32AM
Yama 1:37PM - 2:54PM
Rahu 9:49AM - 11:05AM

Ardra Until 5:33PM
Sukla Until 4:24AM Sun
Vanija Until 3:05AM Sun
Dvitiya Until 1:52PM

Ganesha: Red Sunrise: 7:16AM
Muruqa: Clear Sunset: 5:26PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 238

Mithuna Rasi: 26.05 Tithi 18 - 19

Gulika 2:54PM - 4:10PM
Yama 12:22PM - 1:38PM
Rahu 4:10PM - 5:27PM

Punarvasu Until 8:36PM
Brahma Until 5:12AM Mon
Bava Until 5:34AM Mon
Tritiya Until 4:17PM

Ganesha: Green Sunrise: 7:17AM
Muruqa: Clear Sunset: 5:27PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 239

Kataka Rasi: 7.58 Tithi 19

Family Home Evening

745476575

Gulika 1:38PM - 2:54PM
Yama 11:06AM - 12:22PM
Rahu 8:34AM - 9:50AM

Pushya Until 11:33PM
Indra Until 6:03AM Tue
Balava Until 6:49PM
Chaturthi* Until 6:49PM

Ganesha: White Sunrise: 7:17AM
Muruqa: Clear Sunset: 5:27PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 240

Kataka Rasi: 19.5 Tithi 20

745476575

Gulika 12:23PM - 1:39PM
Yama 9:50AM - 11:06AM
Rahu 2:55PM - 4:11PM

Ashlesha* Until 2:18AM Wed
Indra Until 6:03AM
Kaulava Until 8:06AM
Panchami Until 9:19PM

Ganesha: White Sunrise: 7:18AM
Muruqa: Clear Sunset: 5:27PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 5 Sutra 241

Simha Rasi: 1.44 Tithi 21

755476575

Gulika 11:07AM - 12:23PM
Yama 8:35AM - 9:51AM
Rahu 12:23PM - 1:39PM

Magha* Until 5:12AM Thu
Vaidhriti* Until 6:49AM
Gara Until 10:33AM
Shashthi* Until 11:40PM

Ganesha: Clear Sunrise: 7:19AM
Muruqa: Clear Sunset: 5:27PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saplamyam Titau

Jalandhar, India

Sun 6 Sutra 242

Simha Rasi: 13.43 Tithi 22

755476575

Gulika 9:51AM - 11:07AM
Yama 7:19AM - 8:35AM
Rahu 1:40PM - 2:56PM

Purvaphalguni Until 7:32AM Fri
Vishkambha* Until 7:25AM
Visti Until 12:44PM
Saptami Until 1:38AM Fri

Ganesha: Clear Sunrise: 7:19AM
Muruqa: Clear Sunset: 5:28PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 243

Simha Rasi: 25.52 Tithi 23

755476575

Gulika 8:36AM - 9:52AM
Yama 2:56PM - 4:12PM
Rahu 11:08AM - 12:24PM

Purvaphalguni Until 7:32AM
Priti Until 7:43AM
Balava Until 2:27PM
Ashtami* Until 3:03AM Sat

Ganesha: Clear Sunrise: 7:20AM
Muruqa: Clear Sunset: 5:28PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 8 Sutra 244

Kanya Rasi: 8.16 Tithi 24

855476575

Gulika 7:21AM - 8:37AM
Yama 1:41PM - 2:56PM
Rahu 9:53AM - 11:09AM

Uttaraphalguni Until 9:08AM
Ayushman Until 7:32AM
Taitila Until 3:31PM
Navami* Until 3:44AM Sun

Ganesha: White Sunrise: 7:21AM
Muruqa: Clear Sunset: 5:28PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Devaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistli* Karana Dashamyam Titau				Jalandhar, India Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 20.59	Tithi 25	Gulika 2:57PM – 4:13PM	Hasta Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	
		Yama 12:25PM – 1:41PM	Saubhagya Until 6:47AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 12 - Phase 34 - 9
		865476575 Rahu 4:13PM – 5:29PM	Vanija Until 3:47PM	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga			Dashami Until 3:35AM Mon	Moon – Green		Sivaloka Day
Until 10:19AM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 4.08	Tithi 26	Gulika 1:41PM – 2:57PM	Chitra Until 10:31AM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	
Family Home Evening		Yama 11:10AM – 12:26PM	Athiganda* Until 3:19AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 12 - Phase 34 - 10
Routine Work Prabalarishta Yoga		865476575 Rahu 8:38AM – 9:54AM	Bava Until 3:12PM	Nataraja: Purple		2nd Phase
Until 10:31AM			Ekadashi* Until 2:34AM Tue	Moon – Green		Sivaloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali		

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau				Jalandhar, India Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 17.44	Tithi 27	Gulika 12:26PM – 1:42PM	Svati Until 9:45AM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	
		Yama 9:54AM – 11:10AM	Sukarma Until 12:37AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 34 - 11
		865476575 Rahu 2:58PM – 4:14PM	Kaulava Until 1:47PM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 12:45AM Wed	Moon – Green		Sivaloka Day
Until 9:45AM				Margasira*Markali		
Then Routine Work - Marana Yoga						

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 1.49	Tithi 28	Gulika 11:11AM – 12:27PM	Vishakha Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 7:23AM	
		Yama 8:39AM – 9:55AM	Dhriti Until 9:22PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 34 - 12
		875476575 Rahu 12:27PM – 1:42PM	Gara Until 11:36AM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 10:15PM	Moon – Orange		Devaloka Day
		Day 1 of Pancha Ganapati		Margasira*Markali		
			<i>Pradosha Vrata (Fasting)</i>			

5 Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 13 Sutra 249 Subhakrit 5124
Vrischika Rasi: 16.21	Tithi 29	Gulika 9:55AM – 11:11AM	Anuradha Until 6:30AM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
		Yama 7:23AM – 8:39AM	Shula* Until 5:39PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 34 - 13
		876476575 Rahu 1:43PM – 2:59PM	Visti Until 8:48AM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 7:12PM	Moon – Orange		Sivaloka Day
Until 6:30AM		Day 2 of Pancha Ganapati		Margasira*Markali		
Then Routine Work - Prabalarishta Yoga						

Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 14 Sutra 250 Subhakrit 5124
Retreat Star		Gulika 8:40AM – 9:56AM	Mula* Until 1:12AM Sat	Ganesha: Orange	<i>Sunrise:</i> 7:24AM	
Dhanus Rasi: 1.14	Tithi 30 – 1	Yama 2:59PM – 4:15PM	Ganda* Until 1:38PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 34 - 14
		886476575 Rahu 11:12AM – 12:28PM	Kintughna Until 1:59AM Sat	Nataraja: Purple		Amavasya
Creative Work Amrita Yoga			Amavasya* Until 3:46PM	Moon – Light Blue		Sivaloka Day
Until 1:12AM Sat		Day 3 of Pancha Ganapati		Margasira*Markali		
Then Creative Work - Siddha Yoga						

Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 251 Subhakrit 5124
Retreat Star		Gulika 7:24AM – 8:40AM	Purvashadha* Until 10:16PM	Ganesha: Orange	<i>Sunrise:</i> 7:24AM	
Dhanus Rasi: 16.22	Tithi 1 – 2	Yama 1:44PM – 3:00PM	Vridhhi Until 9:26AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 12 - Phase 34 - 15
		886476575 Rahu 9:56AM – 11:12AM	Balava Until 10:19PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 12:08PM	Moon – Light Blue		Sivaloka Day
Until 10:16PM		Day 4 of Pancha Ganapati		Pausha*Markali		
Then Routine Work - Marana Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

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1 Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Jalandhar, India Sun 16 Sutra 252 Subhakrit 5124
Makara Rasi: 1.32	Tithi 2 - 3	Gulika 3:00PM - 4:16PM	Uttarashadha Until 7:16PM	Ganesha: Orange <i>Sunrise:</i> 7:25AM	
		Yama 12:29PM - 1:44PM	Vyaghata* Until 1:00AM Mon	Muruqa: Purple <i>Sunset:</i> 5:32PM	Moon 12 - Phase 35 - 16
	886486575	Rahu 4:16PM - 5:32PM	Taitila Until 6:41PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga			Moon - Light Blue	
		Day 5 of Pancha Ganapati	Dvitiya Until 8:28AM	Pausha-Markali	Subha Sivaloka Day

2 Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visli* Karana Chaturthyam Titau			Jalandhar, India Sun 17 Sutra 253 Subhakrit 5124
Makara Rasi: 16.38	Tithi 4	Gulika 1:45PM - 3:01PM	Shravana Until 4:45PM	Ganesha: Clear <i>Sunrise:</i> 7:25AM	
Family Home Evening		Yama 11:13AM - 12:29PM	Harshana Until 9:05PM	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 12 - Phase 35 - 17
Creative Work	Amrita Yoga	Rahu 8:41AM - 9:57AM	Vanija Until 3:18PM	Nataraja: Clear	3rd Phase
Until 4:45PM			Chaturthi* Until 1:43AM Tue	Moon - Purple	
Then Creative Work - Siddha Yoga				Pausha-Markali	Sivaloka Day

3 Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau			Jalandhar, India Sun 18 Sutra 254 Subhakrit 5124
Kumbha Rasi: 1.29	Tithi 5	Gulika 12:30PM - 1:46PM	Dhanishtha Until 2:30PM	Ganesha: Clear <i>Sunrise:</i> 7:26AM	
		Yama 9:58AM - 11:14AM	Vajra* Until 5:28PM	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 12 - Phase 35 - 18
	896486576	Rahu 3:02PM - 4:17PM	Bava Until 12:17PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:57PM	Moon - Purple	
Until 2:30PM				Pausha-Markali	Sivaloka Day
Then Routine Work - Marana Yoga					

4 Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau			Jalandhar, India Sun 19 Sutra 255 Subhakrit 5124
Kumbha Rasi: 15.58	Tithi 6	Gulika 11:14AM - 12:30PM	Shatabhishak Until 12:38PM	Ganesha: Clear <i>Sunrise:</i> 7:26AM	
		Yama 8:42AM - 9:58AM	Siddhi Until 2:20PM	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 12 - Phase 35 - 19
	896486576	Rahu 12:30PM - 1:46PM	Kaulava Until 9:48AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:46PM	Moon - Purple	
Until 12:38PM				Pausha-Markali	Sivaloka Day
Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends			

5 Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau			Jalandhar, India Sun 20 Sutra 256 Subhakrit 5124
Meena Rasi: 0.02	Tithi 7	Gulika 9:58AM - 11:14AM	Purvaproshtapada* Until 11:42AM	Ganesha: Blue <i>Sunrise:</i> 7:26AM	
		Yama 7:26AM - 8:42AM	Vyatipata* Until 11:44AM	Muruqa: Purple <i>Sunset:</i> 5:35PM	Moon 12 - Phase 35 - 20
	817486576	Rahu 1:47PM - 3:03PM	Gara Until 7:57AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:17PM	Moon - Clear	
				Pausha-Markali	Devaloka Day

Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 21 Sutra 257 Subhakrit 5124
Retreat Star		Gulika 8:43AM - 9:59AM	Uttaraproshtapada Until 11:21AM	Ganesha: Blue <i>Sunrise:</i> 7:27AM	
Meena Rasi: 13.4	Tithi 8	Yama 3:03PM - 4:19PM	Variyan Until 9:41AM	Muruqa: Purple <i>Sunset:</i> 5:35PM	Moon 12 - Phase 35 - 21
		Rahu 11:15AM - 12:31PM	Visli Until 6:50AM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:32PM	Moon - Clear	
				Pausha-Markali	Devaloka Day

Saturday, December 31, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau			Jalandhar, India Sun 22 Sutra 258 Subhakrit 5124
Retreat Star		Gulika 7:27AM - 8:43AM	Revati Until 11:34AM	Ganesha: Blue <i>Sunrise:</i> 7:27AM	
Meena Rasi: 26.53	Tithi 9	Yama 1:48PM - 3:04PM	Parigha* Until 8:14AM	Muruqa: Purple <i>Sunset:</i> 5:36PM	Moon 12 - Phase 35 - 22
		Rahu 9:59AM - 11:15AM	Balava Until 6:27AM	Nataraja: Clear	Navami
Routine Work	Prabalarishta Yoga		Navami* Until 6:31PM	Moon - Clear	
Until 11:34AM				Pausha-Markali	Devaloka Day
Then Creative Work - Siddha Yoga					

1 Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam			Jalandhar, India	
		Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Sun 23 Sutra 259	
Mesha Rasi: 9.45	Tithi 10	Gulika 3:04PM – 4:21PM	Ashvini Until 12:46PM	Ganesha: Yellow <i>Sunrise:</i> 7:27AM	Subhakrit 5124	
		Yama 12:32PM – 1:48PM	Shiva Until 7:21AM	Muruqa: Purple <i>Sunset:</i> 5:37PM	Moon 12 - Phase 36 - 23	
	827486576	Rahu 4:21PM – 5:37PM	Taitila Until 6:47AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:11PM	Moon – White	Sivaloka Day	
Until 12:46PM				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

2 Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam			Jalandhar, India	
		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Sun 24 Sutra 260	
Mesha Rasi: 22.19	Tithi 11	Gulika 1:49PM – 3:05PM	Bharani Until 2:23PM	Ganesha: Yellow <i>Sunrise:</i> 7:27AM	Subhakrit 5124	
Family Home Evening		Yama 11:16AM – 12:32PM	Siddha Until 6:54AM	Muruqa: Purple <i>Sunset:</i> 5:38PM	Moon 12 - Phase 36 - 24	
	827486576	Rahu 8:44AM – 10:00AM	Vanija Until 7:46AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:25PM	Moon – White	Sivaloka Day	
Until 2:23PM		Vaikuntha Ekadasi		Pausha-Markali		
Then Routine Work - Marana Yoga						

3 Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam			Jalandhar, India	
		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau			Sun 25 Sutra 261	
Vrishabha Rasi: 4.4	Tithi 12	Gulika 12:33PM – 1:49PM	Krittika Until 4:17PM	Ganesha: Yellow <i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 10:00AM – 11:17AM	Sadhya Until 6:52AM	Muruqa: Purple <i>Sunset:</i> 5:38PM	Moon 12 - Phase 36 - 25	
	827486576	Rahu 3:06PM – 4:22PM	Bava Until 9:14AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:06PM	Moon – White	Sivaloka Day	
Until 4:17PM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

4 Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam			Jalandhar, India	
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Sun 26 Sutra 262	
Vrishabha Rasi: 16.51	Tithi 13	Gulika 11:17AM – 12:33PM	Rohini Until 6:51PM	Ganesha: White <i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 8:44AM – 10:01AM	Subha Until 7:08AM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 12 - Phase 36 - 26	
	838586576	Rahu 12:33PM – 1:50PM	Kaulava Until 11:05AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 12:06AM Thu	Moon – Yellow	Devaloka Day	
				Pausha-Markali		
<i>Pradosha Vrata</i>						

5 Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Jalandhar, India	
		Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Sun 27 Sutra 263	
Vrishabha Rasi: 28.55	Tithi 14	Gulika 10:01AM – 11:17AM	Mrigashira Until 9:29PM	Ganesha: White <i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 7:28AM – 8:44AM	Sukla Until 7:35AM	Muruqa: Purple <i>Sunset:</i> 5:40PM	Moon 12 - Phase 36 - 27	
	838586576	Rahu 1:50PM – 3:07PM	Gara Until 1:13PM	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 2:20AM Fri	Moon – Yellow	Devaloka Day	
		Subramuniyaswami Jayanti		Pausha-Markali		

Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam			Jalandhar, India	
Copper Retreat Star		Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau			Sutra 264	
Mithuna Rasi: 10.54	Tithi 15	Gulika 8:45AM – 10:01AM	Ardra Until 12:06AM Sat	Ganesha: White <i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 3:07PM – 4:24PM	Brahma Until 8:12AM	Muruqa: Purple <i>Sunset:</i> 5:41PM	Moon 12 - Phase 36 - Purnima	
	838586576	Rahu 11:18AM – 12:34PM	Visti Until 3:31PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 4:42AM Sat	Moon – Yellow	Devaloka Day	
				Pausha-Markali		
Ardra Darshanam						

Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam			Jalandhar, India	
Silver Retreat Star		Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau			Sutra 265	
Mithuna Rasi: 22.5	Tithi 16	Gulika 7:28AM – 8:45AM	Punarvasu Until 3:08AM Sun	Ganesha: Clear <i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 1:51PM – 3:08PM	Indra Until 8:55AM	Muruqa: Purple <i>Sunset:</i> 5:41PM	Moon 12 - Phase 36 - Prathama	
	848586576	Rahu 10:01AM – 11:18AM	Balava Until 5:56PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 7:09AM Sun	Moon – Blue	Sivaloka Day	
				Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 4.44 Tithi 16 – 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 3:09PM – 4:25PM
Yama 12:35PM – 1:52PM
Rahu 4:25PM – 5:42PM

Pushya Until 6:03AM Mon
Vaidhriti* Until 9:40AM
Taitila Until 8:25PM
Prathama* Until 7:09AM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:42PM*
Nataraja: Clear
Moon – Blue
Pausha-Markali

Jalandhar, India
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

Sivaloka Day

1

Monday, January 9, 2023

Kataka Rasi: 16.38 Tithi 17 – 18

848586576

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:52PM – 3:09PM
Yama 11:19AM – 12:36PM
Rahu 8:45AM – 10:02AM

Pushya Until 6:03AM
Vishkambha* Until 10:27AM
Vanija Until 10:55PM
Dvitiya Until 9:39AM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:43PM*
Nataraja: Clear
Moon – Blue
Pausha-Markali

Jalandhar, India
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

Sivaloka Day

2

Tuesday, January 10, 2023

Kataka Rasi: 28.31 Tithi 18 – 19

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:36PM – 1:53PM
Yama 10:02AM – 11:19AM
Rahu 3:10PM – 4:27PM

Ashlesha* Until 8:47AM
Priti Until 11:15AM
Bava Until 1:21AM Wed
Tritiya Until 12:07PM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:44PM*
Nataraja: Clear
Moon – Blue
Pausha-Markali

Jalandhar, India
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

Sivaloka Day

3

Wednesday, January 11, 2023

Simha Rasi: 10.27 Tithi 19 – 20

859586576

Creative Work Siddha Yoga
Until 11:46AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:19AM – 12:36PM
Yama 8:45AM – 10:02AM
Rahu 12:36PM – 1:53PM

Magha* Until 11:46AM
Ayushman Until 11:56AM
Kaulava Until 3:37AM Thu
Chaturthi* Until 2:29PM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:45PM*
Nataraja: Clear
Moon – Red
Pausha-Markali

Jalandhar, India
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

Sivaloka Day

4

Thursday, January 12, 2023

Simha Rasi: 22.27 Tithi 20 – 21

859586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:03AM – 11:20AM
Yama 7:28AM – 8:45AM
Rahu 1:54PM – 3:11PM

Purvaphalguni Until 2:21PM
Saubhagya Until 12:28PM
Gara Until 5:33AM Fri
Panchami Until 4:37PM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:45PM*
Nataraja: Clear
Moon – Red
Pausha-Markali

Jalandhar, India
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

Sivaloka Day

5

Friday, January 13, 2023

Kanya Rasi: 4.35 Tithi 21

859586576

Creative Work Siddha Yoga
Until 4:25PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija Karana Shashthyam Titau

Gulika 8:45AM – 10:03AM
Yama 3:12PM – 4:29PM
Rahu 11:20AM – 12:37PM

Uttaraphalguni Until 4:25PM
Sobhana Until 12:43PM
Vanija Until 6:20PM
Shashthi* Until 6:20PM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:46PM*
Nataraja: Clear
Moon – Red
Pausha-Markali

Jalandhar, India
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

Sivaloka Day

6

Saturday, January 14, 2023

Kanya Rasi: 16.55 Tithi 22

869586576

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:28AM – 8:45AM
Yama 1:55PM – 3:12PM
Rahu 10:03AM – 11:20AM

Hasta Until 6:16PM
Athiganda* Until 12:33PM
Visti Until 7:00AM
Saptami Until 7:28PM

Ganesha: White *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:47PM*
Nataraja: Clear
Moon – Green
Pausha-Thai

Jalandhar, India
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

Subha Sivaloka Day

Thai Pongal

D

Sunday, January 15, 2023

Retreat Star

Kanya Rasi: 29.32 Tithi 23

869586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:13PM – 4:30PM
Yama 12:38PM – 1:55PM
Rahu 4:30PM – 5:48PM

Chitra Until 7:15PM
Sukarma Until 11:51AM
Balava Until 7:47AM
Ashtami* Until 7:51PM

Ganesha: White *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:48PM*
Nataraja: Clear
Moon – Green
Pausha-Thai

Jalandhar, India
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Subha Sivaloka Day

Monday, January 16, 2023

Retreat Star

Tula Rasi: 12.32 Tithi 24

869586576

Family Home Evening
Creative Work Amrita Yoga
Until 7:16PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:56PM – 3:14PM
Yama 11:21AM – 12:38PM
Rahu 8:45AM – 10:03AM

Svati Until 7:16PM
Dhriti Until 10:33AM
Taitila Until 7:45AM
Navami* Until 7:24PM

Ganesha: White *Sunrise: 7:28AM*
Muruqa: Purple *Sunset: 5:49PM*
Nataraja: Clear
Moon – Green
Pausha-Thai

Jalandhar, India
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

Subha Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Jalandhar, India on 5/1/2

www.gurudeva.org/panchang


1	Tuesday, January 17, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Jalandhar, India
			Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 275
	Tula Rasi: 25.59	Tithi 25	Gulika 12:39PM – 1:56PM	Vishakha Until 6:45PM	Ganesha: Yellow	<i>Sunrise:</i> 7:28AM	Subhakra 5124
			Yama 10:03AM – 11:21AM	Shula* Until 8:33AM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 38 - 9
		879586576 Rahu 3:14PM – 4:32PM	Shulja Until 6:53AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 6:06PM	Moon – Orange		Sivaloka Day	
Until 6:45PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

2	Wednesday, January 18, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Jalandhar, India
			Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 10 Sutra 276
	Vrischika Rasi: 9.55	Tithi 26 – 27	Gulika 11:21AM – 12:39PM	Anuradha Until 5:18PM	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM	Subhakra 5124
			Yama 8:45AM – 10:03AM	Vriddhi Until 2:41AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 38 - 10
		879586576 Rahu 12:39PM – 1:57PM	Kaulava Until 2:43AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 4:00PM	Moon – Orange		Sivaloka Day	
				Pausha*Thai			

3	Thursday, January 19, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Jalandhar, India
			Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadasht/Trayodashyam Titau				Sun 11 Sutra 277
	Vrischika Rasi: 24.2	Tithi 27 – 28	Gulika 10:03AM – 11:21AM	Jyeshtha* Until 3:03PM	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM	Subhakra 5124
			Yama 7:27AM – 8:45AM	Dhruva Until 10:56PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 38 - 11
		871586576 Rahu 1:57PM – 3:15PM	Gara Until 11:39PM	Nataraja: Clear		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadasht* Until 1:14PM	Moon – Orange		Sivaloka Day	
Until 3:03PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

Pradosha Vrata (Fasting)

4	Friday, January 20, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Jalandhar, India
			Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 278
	Dhanus Rasi: 9.12	Tithi 28 – 29	Gulika 8:45AM – 10:03AM	Mula* Until 12:34PM	Ganesha: Red	<i>Sunrise:</i> 7:27AM	Subhakra 5124
			Yama 3:16PM – 4:34PM	Vyaghata* Until 6:50PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 38 - 12
		881586576 Rahu 11:21AM – 12:40PM	Visti Until 8:08PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 9:55AM	Moon – Light Blue		Sivaloka Day	
Until 12:34PM				Pausha*Thai			
Then Routine Work - Prabalarishta Yoga							

	Saturday, January 21, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Jalandhar, India
	Retreat Star		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 279
	Dhanus Rasi: 24.22	Tithi 29 – 30	Gulika 7:27AM – 8:45AM	Purvashadha* Until 9:36AM	Ganesha: Red	<i>Sunrise:</i> 7:27AM	Subhakra 5124
			Yama 1:58PM – 3:17PM	Harshana Until 2:31PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 38 - 13
		881586576 Rahu 10:03AM – 11:22AM	Naga Until 2:23AM Sun	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:14AM	Moon – Light Blue		Sivaloka Day	
Until 9:36AM				Pausha*Thai			
Then Routine Work - Marana Yoga							

Retreat Star	Sunday, January 22, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Jalandhar, India
			Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 280
	Makara Rasi: 9.41	Tithi 1	Gulika 3:17PM – 4:36PM	Uttarashadha Until 6:21AM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	Subhakra 5124
			Yama 12:40PM – 1:59PM	Vajra* Until 10:04AM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 1 - Phase 38 - 14
		881586576 Rahu 4:36PM – 5:54PM	Kintughna Until 12:27PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 10:31PM	Moon – Light Blue		Sivaloka Day	
				Magha*Thai			


1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 24.59	Tithi 2	Gulika 1:59PM – 3:18PM	Dhanishtha Until 12:30AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	
Family Home Evening	891586576	Rahu 8:45AM – 10:03AM	Vyatipata* Until 1:31AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 39 - 15	
Creative Work Siddha Yoga			Balava Until 8:39AM	Nataraja: Clear		3rd Phase	
Until 12:30AM Tue			Dvitiya Until 6:49PM	Moon – Purple		Sivaloka Day	
Then Routine Work - Marana Yoga				Magha*Thai			


2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 10.05	Tithi 3 – 4	Gulika 12:41PM – 2:00PM	Shatabhishak Until 9:54PM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	
	891586576	Rahu 3:18PM – 4:37PM	Variyan Until 9:39PM	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 39 - 16	
Routine Work Marana Yoga			Vanija Until 2:01AM Wed	Nataraja: Clear		3rd Phase	
			Tritiya Until 3:29PM	Moon – Purple		Sivaloka Day	
				Magha*Thai			

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau				Jalandhar, India Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 24.5	Tithi 4 – 5	Gulika 11:22AM – 12:41PM	Purvaproshtapada* Until 8:08PM	Ganesha: Blue	<i>Sunrise:</i> 7:25AM	
	911586576	Rahu 12:41PM – 2:00PM	Parigha* Until 6:16PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 39 - 17	
Creative Work Amrita Yoga			Bava Until 11:31PM	Nataraja: Clear		3rd Phase	
Until 8:08PM			Chaturthi* Until 12:39PM	Moon – Clear		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha*Thai			

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 9.09	Tithi 5 – 6	Gulika 10:03AM – 11:22AM	Uttaraproshtapada Until 6:56PM	Ganesha: Blue	<i>Sunrise:</i> 7:25AM	
	911586576	Rahu 2:00PM – 3:20PM	Shiva Until 3:29PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 39 - 18	
Creative Work Siddha Yoga			Kaulava Until 9:45PM	Nataraja: Clear		3rd Phase	
			Panchami Until 10:31AM	Moon – Clear		Subha Sivaloka Day	
				Magha*Thai			

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 22.57	Tithi 6 – 7	Gulika 8:44AM – 10:03AM	Revati Until 6:25PM	Ganesha: Blue	<i>Sunrise:</i> 7:24AM	
	911586576	Rahu 11:22AM – 12:41PM	Siddha Until 1:18PM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 39 - 19	
Creative Work Siddha Yoga			Gara Until 8:50PM	Nataraja: Clear		3rd Phase	
Until 6:25PM			Shashthi* Until 9:10AM	Moon – Clear		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Magha*Thai			

	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 20 Sutra 286 Subhakrit 5124
	Mesha Rasi: 6.16	Tithi 7 – 8	Gulika 7:24AM – 8:43AM	Ashvini Until 7:02PM	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
	921586576	Rahu 10:03AM – 11:22AM	Sadhya Until 11:50AM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 39 - 20	
Creative Work Siddha Yoga			Visti Until 8:48PM	Nataraja: Clear		Ashtami	
			Saptami Until 8:41AM	Moon – White		Sivaloka Day	
				Magha*Thai			

	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 21 Sutra 287 Subhakrit 5124
	Mesha Rasi: 19.09	Tithi 8 – 9	Gulika 3:21PM – 4:41PM	Bharani Until 8:18PM	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM	
	922686576	Rahu 4:41PM – 6:01PM	Subha Until 11:01AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 39 - 21	
Routine Work Prabalarishta Yoga			Balava Until 9:34PM	Nataraja: Clear		Navami	
Until 8:18PM			Ashtami* Until 9:04AM	Moon – White		Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha*Thai			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Jalandhar, India Sun 22 Sutra 288 Subhakarit 5124	
1		Gulika 2:02PM – 3:22PM	Krittika Until 10:05PM	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM
Virshabha Rasi: 1.4	Tithi 9 – 10	Yama 11:22AM – 12:42PM	Sukla Until 10:46AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
Family Home Evening	922686576	Rahu 8:42AM – 10:02AM	Taitila Until 11:02PM	Nataraja: Clear	Moon 1 - Phase 40 - 22 4th Phase
Routine Work	Marana Yoga		Navami* Until 10:12AM	Moon – White	Sivaloka Day
Until 10:05PM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Tuesday, January 31, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 23 Sutra 289 Subhakarit 5124	
2		Gulika 12:42PM – 2:02PM	Rohini Until 12:41AM Wed	Ganesha: White	<i>Sunrise:</i> 7:22AM
Virshabha Rasi: 13.55	Tithi 10 – 11	Yama 10:02AM – 11:22AM	Brahma Until 10:58AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM
Creative Work	932686576	Rahu 3:22PM – 4:42PM	Vanija Until 1:01AM Wed	Nataraja: Clear	Moon 1 - Phase 40 - 23 4th Phase
Amrita Yoga			Dashami Until 11:57AM	Moon – Yellow	Subha Sivaloka Day
Until 12:41AM Wed				Magha-Thai	
Then Creative Work - Siddha Yoga					

Wednesday, February 1, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 24 Sutra 290 Subhakarit 5124	
3		Gulika 11:22AM – 12:42PM	Mrigashira Until 3:26AM Thu	Ganesha: White	<i>Sunrise:</i> 7:22AM
Virshabha Rasi: 25.59	Tithi 11 – 12	Yama 8:42AM – 10:02AM	Indra Until 11:31AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM
Creative Work	932686576	Rahu 12:42PM – 2:02PM	Bava Until 3:20AM Thu	Nataraja: Clear	Moon 1 - Phase 40 - 24 4th Phase
Siddha Yoga			Ekadashi Until 2:07PM	Moon – Yellow	Subha Sivaloka Day
Until 3:26AM Thu				Magha-Thai	
Then Routine Work - Marana Yoga					

Thursday, February 2, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 25 Sutra 291 Subhakarit 5124	
4		Gulika 10:02AM – 11:22AM	Ardra Until 6:10AM Fri	Ganesha: White	<i>Sunrise:</i> 7:21AM
Mithuna Rasi: 7.56	Tithi 12 – 13	Yama 7:21AM – 8:42AM	Vaidhriti* Until 12:13PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM
Routine Work	932686576	Rahu 2:03PM – 3:23PM	Kaulava Until 5:48AM Fri	Nataraja: Clear	Moon 1 - Phase 40 - 25 4th Phase
Marana Yoga			Dvadashi Until 4:32PM	Moon – Yellow	Subha Sivaloka Day
Until 6:10AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					
			<i>Pradosha Vrata</i>		

Friday, February 3, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau		Jalandhar, India Sun 26 Sutra 292 Subhakarit 5124	
5		Gulika 8:41AM – 10:02AM	Ardra Until 6:10AM	Ganesha: White	<i>Sunrise:</i> 7:21AM
Mithuna Rasi: 19.49	Tithi 13	Yama 3:23PM – 4:44PM	Vishkambha* Until 1:02PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM
Creative Work	932686576	Rahu 11:22AM – 12:42PM	Taitila Until 7:02PM	Nataraja: Clear	Moon 1 - Phase 40 - 26 4th Phase
Siddha Yoga			Trayodashi Until 7:02PM	Moon – Yellow	Subha Sivaloka Day
				Magha-Thai	

Saturday, February 4, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Jalandhar, India Sun 27 Sutra 293 Subhakarit 5124	
6		Gulika 7:20AM – 8:41AM	Punarvasu Until 9:17AM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM
Kataka Rasi: 1.42	Tithi 14	Yama 2:03PM – 3:24PM	Priti Until 1:52PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM
Creative Work	942686577	Rahu 10:01AM – 11:22AM	Gara Until 8:19AM	Nataraja: Orange	Moon 1 - Phase 40 - 27 4th Phase
Siddha Yoga			Chaturdashi* Until 9:32PM	Moon – Blue	Sivaloka Day
		Thai Pusam		Magha-Thai	

Sunday, February 5, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Jalandhar, India Sutra 294 Subhakarit 5124	
○		Gulika 3:24PM – 4:45PM	Pushya Until 12:11PM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM
Kataka Rasi: 13.35	Tithi 15	Yama 12:43PM – 2:04PM	Ayushman Until 2:38PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM
Copper Retreat Star	942686577	Rahu 4:45PM – 6:06PM	Visti Until 10:47AM	Nataraja: Orange	Moon 1 - Phase 40 - Purnima
Siddha Yoga			Purnima* Until 11:57PM	Moon – Blue	Sivaloka Day
				Magha-Thai	

Monday, February 6, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Jalandhar, India Sutra 295 Subhakarit 5124	
○		Gulika 2:04PM – 3:25PM	Ashlesha* Until 2:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM
Kataka Rasi: 25.31	Tithi 16	Yama 11:22AM – 12:43PM	Saubhagya Until 3:20PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM
Family Home Evening	942686577	Rahu 8:40AM – 10:01AM	Balava Until 1:09PM	Nataraja: Orange	Moon 1 - Phase 40 - Prathama
Siddha Yoga			Prathama* Until 2:16AM Tue	Moon – Blue	Sivaloka Day
Until 2:49PM				Magha-Thai	
Then Routine Work - Marana Yoga					



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 7.29 Tithi 17

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:43PM - 2:04PM
Yama 10:01AM - 11:22AM
Rahu 3:25PM - 4:46PM

Magha* Until 5:40PM
Sobhana Until 3:57PM
Taitila Until 3:24PM
Dvitiya Until 4:25AM Wed

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:18AM
Sunset: 6:08PM

Jalandhar, India
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 19.31 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:22AM - 12:43PM
Yama 8:39AM - 10:00AM
Rahu 12:43PM - 2:04PM

Purvaphalguni Until 8:10PM
Athiganda* Until 4:24PM
Vanija Until 5:27PM
Tritiya Until 6:22AM Thu

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:17AM
Sunset: 6:09PM

Jalandhar, India
Sun 1 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 1.38 Tithi 18 - 19

952686577

Amrita Yoga

Until 10:15PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:00AM - 11:21AM
Yama 7:17AM - 8:38AM
Rahu 2:05PM - 3:26PM

Uttaraphalguni Until 10:15PM
Sukarma Until 4:41PM
Bava Until 7:14PM
Tritiya Until 6:22AM

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:17AM
Sunset: 6:09PM

Jalandhar, India
Sun 2 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 13.52 Tithi 19 - 20

962686577

Amrita Yoga

Until 12:18AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:38AM - 9:59AM
Yama 3:27PM - 4:48PM
Rahu 11:21AM - 12:43PM

Hasta Until 12:18AM Sat
Dhriti Until 4:43PM
Kaulava Until 8:41PM
Chaturthi* Until 7:59AM

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:16AM
Sunset: 6:10PM

Jalandhar, India
Sun 3 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 26.17 Tithi 20 - 21

963686577

Marana Yoga

Until 1:43AM Sun

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:15AM - 8:37AM
Yama 2:05PM - 3:27PM
Rahu 9:59AM - 11:21AM

Chitra Until 1:43AM Sun
Shula* Until 4:22PM
Gara Until 9:38PM
Panchami Until 9:12AM

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:15AM
Sunset: 6:11PM

Jalandhar, India
Sun 4 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 8.56 Tithi 21 - 22

963686577

Siddha Yoga

Until 2:22AM Mon

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:28PM - 4:50PM
Yama 12:43PM - 2:05PM
Rahu 4:50PM - 6:12PM

Svati Until 2:22AM Mon
Ganda* Until 3:36PM
Visti Until 9:59PM
Shashthi* Until 9:52AM

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:14AM
Sunset: 6:12PM

Jalandhar, India
Sun 5 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 21.53 Tithi 22 - 23

973686577

Family Home Evening

Marana Yoga

Until 2:38AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:06PM - 3:28PM
Yama 11:21AM - 12:43PM
Rahu 8:36AM - 9:58AM

Vishakha Until 2:38AM Tue
Vridhhi Until 2:19PM
Balava Until 9:37PM
Saptami Until 9:52AM

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Orange
Magha-Masi

Sunrise: 7:13AM
Sunset: 6:13PM

Jalandhar, India
Sun 6 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 6
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 5.13 Tithi 23 - 24

973686577

Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:43PM - 2:06PM
Yama 9:58AM - 11:20AM
Rahu 3:28PM - 4:51PM

Anuradha Until 2:02AM Wed
Dhruva Until 12:26PM
Taitila Until 8:32PM
Ashtami* Until 9:09AM

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Orange
Magha-Masi

Sunrise: 7:13AM
Sunset: 6:14PM

Jalandhar, India
Sun 7 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 7
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

all times are standard time. Calculated for Jalandhar, India on 5/1/2

www.gurudeva.org/panchang

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Jalandhar, India Sun 8 Sutra 304 Subhakrit 5124	
	Wrischika Rasi: 18.57	Tithi 24 – 25	Gulika Yama	11:20AM – 12:43PM 8:35AM – 9:57AM	Jyeshtha* Vyaghata* Vanija	Until 12:35AM Thu Until 9:59AM Until 6:43PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange	Sunrise: 7:12AM Sunset: 6:14PM Moon 2 - Phase 42 - 8 2nd Phase
	Creative Work Siddha Yoga		973686577	Rahu	12:43PM – 2:06PM		Navami* Magha-Masi	Sivaloka Day

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 305 Subhakrit 5124	
	Dhanus Rasi: 3.08	Tithi 26	Gulika Yama	9:57AM – 11:20AM 7:11AM – 8:34AM	Mula* Harshana Bava	Until 10:48PM Until 6:59AM Until 4:14PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue	Sunrise: 7:11AM Sunset: 6:15PM Moon 2 - Phase 42 - 9 2nd Phase
	Creative Work Siddha Yoga		983686577	Rahu	2:06PM – 3:29PM		Ekadashi* Magha-Masi	Devaloka Day

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 306 Subhakrit 5124	
	Dhanus Rasi: 17.44	Tithi 27	Gulika Yama	8:33AM – 9:56AM 3:30PM – 4:53PM	Purvashadha* Siddhi Kaulava	Until 8:23PM Until 11:38PM Until 1:13PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue	Sunrise: 7:10AM Sunset: 6:16PM Moon 2 - Phase 42 - 10 2nd Phase
	Routine Work Prabalarishta Yoga Until 8:23PM Then Routine Work - Marana Yoga		983686577	Rahu	11:20AM – 12:43PM		Dvadashi* Magha-Masi	Devaloka Day

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 307 Subhakrit 5124	
	Makara Rasi: 2.4	Tithi 28	Gulika Yama	7:09AM – 8:32AM 2:06PM – 3:30PM	Uttarashadha* Vyatipata* Gara	Until 5:29PM Until 7:31PM Until 9:49AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue	Sunrise: 7:09AM Sunset: 6:17PM Moon 2 - Phase 42 - 11 2nd Phase
	Routine Work Marana Yoga Until 5:29PM Then Creative Work - Siddha Yoga		983686577	Rahu	9:56AM – 11:19AM		Trayodashi* Magha-Masi	Devaloka Day
	<i>Pradosha Vrata (Fasting)</i>							

5	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigtha* Yoga Visti/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Jalandhar, India Sun 12 Sutra 308 Subhakrit 5124	
	Makara Rasi: 17.49	Tithi 29 – 30	Gulika Yama	3:30PM – 4:54PM 12:43PM – 2:07PM	Shravana Variyan Visti	Until 2:41PM Until 3:15PM Until 6:10AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple	Sunrise: 7:08AM Sunset: 6:18PM Moon 2 - Phase 42 - 12 2nd Phase
	Creative Work Amrita Yoga Until 2:41PM Then Routine Work - Marana Yoga		993686577	Rahu	4:54PM – 6:18PM		Chaturdashi* Magha-Masi	Devaloka Day

●	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigtha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 13 Sutra 309 Subhakrit 5124			
	Retreat Star		Kumbha Rasi: 3.01	Tithi 30 – 1	Gulika Yama	2:07PM – 3:31PM 11:19AM – 12:43PM	Dhanishtha Parigtha* Kintughna	Until 11:46AM Until 11:01AM Until 10:51PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple	Sunrise: 7:07AM Sunset: 6:19PM Moon 2 - Phase 42 - 13 Amavasya
	Family Home Evening Creative Work Siddha Yoga		993686577	Rahu	8:31AM – 9:55AM		Amavasya* Magha-Masi	Devaloka Day		

●	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithpada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Jalandhar, India Sun 14 Sutra 310 Subhakrit 5124			
	Retreat Star		Kumbha Rasi: 18.06	Tithi 1 – 2	Gulika Yama	12:43PM – 2:07PM 9:54AM – 11:19AM	Shatabhishak Shiva Balava	Until 8:53AM Until 6:57AM Until 7:32PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple	Sunrise: 7:06AM Sunset: 6:19PM Moon 2 - Phase 42 - 14 Prathama
	Routine Work Marana Yoga		993686577	Rahu	3:31PM – 4:55PM		Prathama* Phalgun-Masi	Devaloka Day		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

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1		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau			Jalandhar, India Sun 15 Sutra 311 Subhakrit 5124	
Meena Rasi: 2.55	Tithi 2 - 3	913686577	Gulika 11:18AM - 12:43PM Yama 8:29AM - 9:54AM Rahu 12:43PM - 2:07PM	Purvaproshtapada* Until 6:40AM Sadhya Until 11:46PM Gara Until 3:27AM Thu Dvitiya Until 6:01AM	Ganesha: Red Muruqa: Purple Nataraja: Orange Moon - Clear Phalguna-Masi	Sunrise: 7:05AM Sunset: 6:20PM	Moon 2 - Phase 43 - 15 3rd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga								
2		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau			Jalandhar, India Sun 16 Sutra 312 Subhakrit 5124	
Meena Rasi: 17.2	Tithi 4	913786577	Gulika 9:53AM - 11:18AM Yama 7:04AM - 8:29AM Rahu 2:07PM - 3:32PM	Revati Until 3:35AM Fri Subha Until 8:57PM Vanija Until 2:27PM Chaturthi* Until 1:35AM Fri	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - Clear Phalguna-Masi	Sunrise: 7:04AM Sunset: 6:21PM	Moon 2 - Phase 43 - 16 3rd Phase	Subha Sivaloka Day
Creative Work Siddha Yoga Until 3:35AM Fri Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day						
3		Friday, February 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau			Jalandhar, India Sun 17 Sutra 313 Subhakrit 5124	
Mesha Rasi: 1.17	Tithi 5	923786577	Gulika 8:28AM - 9:53AM Yama 3:32PM - 4:57PM Rahu 11:17AM - 12:42PM	Ashvini Until 3:25AM Sat Sukla Until 6:45PM Bava Until 12:58PM Panchami Until 12:32AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White Phalguna-Masi	Sunrise: 7:03AM Sunset: 6:22PM	Moon 2 - Phase 43 - 17 3rd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 3:25AM Sat Then Creative Work - Siddha Yoga								
4		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau			Jalandhar, India Sun 18 Sutra 314 Subhakrit 5124	
Mesha Rasi: 14.45	Tithi 6	923786577	Gulika 7:02AM - 8:27AM Yama 2:07PM - 3:32PM Rahu 9:52AM - 11:17AM	Bharani Until 3:57AM Sun Brahma Until 5:14PM Kaulava Until 12:21PM Shashthi* Until 12:20AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White Phalguna-Masi	Sunrise: 7:02AM Sunset: 6:23PM	Moon 2 - Phase 43 - 18 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								
5		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau			Jalandhar, India Sun 19 Sutra 315 Subhakrit 5124	
Mesha Rasi: 27.45	Tithi 7	924786577	Gulika 3:33PM - 4:58PM Yama 12:42PM - 2:07PM Rahu 4:58PM - 6:23PM	Krittika Until 5:09AM Mon Indra Until 4:25PM Gara Until 12:35PM Saptami Until 1:00AM Mon	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - White Phalguna-Masi	Sunrise: 7:01AM Sunset: 6:23PM	Moon 2 - Phase 43 - 19 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 5:09AM Mon Then Creative Work - Amrita Yoga								
Monday, February 27, 2023		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 20 Sutra 316 Subhakrit 5124	
Vrishabha Rasi: 10.21	Tithi 8	934786577	Gulika 2:07PM - 3:33PM Yama 11:16AM - 12:42PM Rahu 8:25AM - 9:51AM	Rohini Until 7:21AM Tue Vaidhriti* Until 4:11PM Visti Until 1:39PM Ashtami* Until 2:25AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow Phalguna-Masi	Sunrise: 7:00AM Sunset: 6:24PM	Moon 2 - Phase 43 - 20 Ashtami	Sivaloka Day
Creative Work Amrita Yoga Until 7:21AM Tue Then Creative Work - Siddha Yoga								
Tuesday, February 28, 2023		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau			Jalandhar, India Sun 21 Sutra 317 Subhakrit 5124	
Vrishabha Rasi: 22.38	Tithi 9	934786577	Gulika 12:42PM - 2:08PM Yama 9:50AM - 11:16AM Rahu 3:33PM - 4:59PM	Rohini Until 7:21AM Vishkambha* Until 4:27PM Balava Until 3:22PM Navami* Until 4:24AM Wed	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow Phalguna-Masi	Sunrise: 6:59AM Sunset: 6:25PM	Moon 2 - Phase 43 - 21 Navami	Sivaloka Day
Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga								

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

all times are standard time. Calculated for Jalandhar, India on 5/1/2

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1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Jalandhar, India Sun 22 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 4.42	Tithi 10	Gulika 11:15AM – 12:41PM	Mrigashira Until 9:54AM	Ganesha: Yellow	Sunrise: 6:56AM	Moon 2 - Phase 44 - 22	4th Phase
934786577	Rahu 12:41PM – 2:08PM	Yama 8:23AM – 9:49AM	Priti Until 5:04PM	Muruqa: Purple	Sunset: 6:26PM		
Creative Work	Siddha Yoga		Taitila Until 5:34PM	Nataraja: Orange			
			Dashami Until 6:45AM Thu	Moon – Yellow			Sivaloka Day
				Phalguna-Masi			
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 23 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 16.38	Tithi 10 – 11	Gulika 9:48AM – 11:15AM	Ardra Until 12:36PM	Ganesha: Yellow	Sunrise: 6:55AM	Moon 2 - Phase 44 - 23	4th Phase
934786577	Rahu 2:08PM – 3:34PM	Yama 6:55AM – 8:22AM	Ayushman Until 5:52PM	Muruqa: Purple	Sunset: 6:27PM		
Routine Work	Marana Yoga		Vanija Until 8:01PM	Nataraja: Orange			
Until 12:36PM			Dashami Until 6:45AM	Moon – Yellow			Sivaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi			
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 24 Sutra 320 Subhakrit 5124	
Mithuna Rasi: 28.31	Tithi 11 – 12	Gulika 8:21AM – 9:48AM	Punarvasu Until 3:44PM	Ganesha: White	Sunrise: 6:54AM	Moon 2 - Phase 44 - 24	4th Phase
944786577	Rahu 11:14AM – 12:41PM	Yama 3:34PM – 5:01PM	Saubhagya Until 6:44PM	Muruqa: Purple	Sunset: 6:28PM		
Creative Work	Siddha Yoga		Bava Until 10:32PM	Nataraja: Orange			
Until 3:44PM			Ekadashi Until 9:15AM	Moon – Blue			Devaloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi			
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 25 Sutra 321 Subhakrit 5124	
Kataka Rasi: 10.23	Tithi 12 – 13	Gulika 6:53AM – 8:20AM	Pushya Until 6:40PM	Ganesha: White	Sunrise: 6:53AM	Moon 2 - Phase 44 - 25	4th Phase
944786577	Rahu 9:47AM – 11:14AM	Yama 2:08PM – 3:35PM	Sobhana Until 7:35PM	Muruqa: Purple	Sunset: 6:29PM		
Creative Work	Siddha Yoga		Kaulava Until 12:58AM Sun	Nataraja: Orange			
Until 6:40PM			Dvadashi Until 11:45AM	Moon – Blue			Devaloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi			
							Pradosha Vrata
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 26 Sutra 322 Subhakrit 5124	
Kataka Rasi: 22.17	Tithi 13 – 14	Gulika 3:35PM – 5:02PM	Ashlesha* Until 9:17PM	Ganesha: White	Sunrise: 6:52AM	Moon 2 - Phase 44 - 26	4th Phase
944786577	Rahu 5:02PM – 6:29PM	Yama 12:41PM – 2:08PM	Athiganda* Until 8:17PM	Muruqa: Purple	Sunset: 6:29PM		
Creative Work	Siddha Yoga		Gara Until 3:14AM Mon	Nataraja: Orange			
Until 9:17PM			Trayodashi Until 2:07PM	Moon – Blue			Devaloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi			
6		Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Jalandhar, India Sun 27 Sutra 323 Subhakrit 5124	
Simha Rasi: 4.16	Tithi 14 – 15	Gulika 2:08PM – 3:35PM	Magha* Until 12:01AM Tue	Ganesha: Clear	Sunrise: 6:51AM	Moon 2 - Phase 44 - 27	4th Phase
154786577	Rahu 8:18AM – 9:46AM	Yama 11:13AM – 12:40PM	Sukarma Until 8:49PM	Muruqa: Purple	Sunset: 6:30PM		
Family Home Evening			Visti Until 5:15AM Tue	Nataraja: Orange			
Routine Work	Marana Yoga		Chaturdashi* Until 4:15PM	Moon – Red			Sivaloka Day
Until 12:01AM Tue				Phalguna-Masi			
Then Creative Work - Siddha Yoga							
○		Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava Karana Purnimayam Titau		Jalandhar, India Sutra 324 Subhakrit 5124	
Simha Rasi: 16.2	Tithi 15	Gulika 12:40PM – 2:08PM	Purvaphalguni Until 2:18AM Wed	Ganesha: Clear	Sunrise: 6:50AM	Moon 2 - Phase 44 -	Purnima
154786577	Rahu 3:35PM – 5:03PM	Yama 9:45AM – 11:12AM	Dhriti Until 9:10PM	Muruqa: Purple	Sunset: 6:31PM		
Creative Work	Siddha Yoga		Bava Until 6:08PM	Nataraja: Orange			
Until 2:18AM Wed			Purnima* Until 6:08PM	Moon – Red			Sivaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi			
○		Wednesday, March 8, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Jalandhar, India Sutra 325 Subhakrit 5124	
Simha Rasi: 28.32	Tithi 16	Gulika 11:12AM – 12:40PM	Uttaraphalguni Until 4:07AM Thu	Ganesha: Clear	Sunrise: 6:48AM	Moon 2 - Phase 44 -	Prathama
154786577	Rahu 12:40PM – 2:08PM	Yama 8:16AM – 9:44AM	Shula* Until 9:14PM	Muruqa: Purple	Sunset: 6:31PM		
Creative Work	Amrita Yoga		Balava Until 6:58AM	Nataraja: Orange			
Until 4:07AM Thu			Prathama* Until 7:41PM	Moon – Red			Sivaloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Thursday, March 9, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India
Sun 1 Sutra 326

Kanya Rasi: 10.53 Tithi 17

Gulika 9:43AM – 11:11AM
Yama 6:47AM – 8:15AM
164786577 **Rahu** 2:08PM – 3:36PM

Hasta **Until 5:55AM Fri**
Ganda* Until 9:04PM
Taitila Until 8:22AM
Dvitiya **Until 8:54PM**

Ganesha: White *Sunrise: 6:47AM*
Muruqa: Purple *Sunset: 6:32PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga
Until 5:55AM Fri
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Jalandhar, India
Sun 2 Sutra 327

Kanya Rasi: 23.22 Tithi 18

Gulika 8:14AM – 9:43AM
Yama 3:36PM – 5:04PM
165786577 **Rahu** 11:11AM – 12:39PM

Chitra **Until 7:10AM Sat**
Vriddhi Until 8:37PM
Vanija Until 9:23AM
Tritiya **Until 9:43PM**

Ganesha: Yellow *Sunrise: 6:46AM*
Muruqa: Purple *Sunset: 6:33PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 2
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India
Sun 3 Sutra 328

Tula Rasi: 6.02 Tithi 19

Gulika 6:45AM – 8:13AM
Yama 2:08PM – 3:36PM
165786577 **Rahu** 9:42AM – 11:11AM

Chitra **Until 7:10AM**
Dhruva Until 7:49PM
Bava Until 10:00AM
Chaturthi* **Until 10:08PM**

Ganesha: Yellow *Sunrise: 6:45AM*
Muruqa: Purple *Sunset: 6:33PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 3
1st Phase

Routine Work Marana Yoga
Until 7:10AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India
Sun 4 Sutra 329

Tula Rasi: 18.54 Tithi 20

Gulika 3:36PM – 5:05PM
Yama 12:39PM – 2:08PM
165786577 **Rahu** 5:05PM – 6:34PM

Svati **Until 7:51AM**
Vyaghata* Until 6:41PM
Kaulava Until 10:11AM
Panchami **Until 10:04PM**

Ganesha: Yellow *Sunrise: 6:44AM*
Muruqa: Purple *Sunset: 6:34PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 4
1st Phase

Creative Work Siddha Yoga
Until 7:51AM
Then Routine Work - Marana Yoga

Sivaloka Day

4

Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India
Sun 5 Sutra 330

Vrischika Rasi: 2.01 Tithi 21

Gulika 2:08PM – 3:37PM
Yama 11:10AM – 12:39PM
175786577 **Rahu** 8:11AM – 9:40AM

Vishakha **Until 8:22AM**
Harshana Until 5:10PM
Gara Until 9:53AM
Shashthi* **Until 9:31PM**

Ganesha: Blue *Sunrise: 6:42AM*
Muruqa: Purple *Sunset: 6:35PM*
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 5
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 8:22AM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

5

Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India
Sun 6 Sutra 331

Vrischika Rasi: 15.23 Tithi 22

Gulika 12:38PM – 2:08PM
Yama 9:40AM – 11:09AM
175786577 **Rahu** 3:37PM – 5:06PM

Anuradha **Until 8:14AM**
Vajra* Until 3:13PM
Visti Until 9:03AM
Saptami **Until 8:26PM**

Ganesha: Blue *Sunrise: 6:41AM*
Muruqa: Purple *Sunset: 6:36PM*
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 6
1st Phase

Creative Work Siddha Yoga
Until 8:14AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

D

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India
Sun 7 Sutra 332

Vrischika Rasi: 29.04 Tithi 23

Gulika 11:08AM – 12:38PM
Yama 8:09AM – 9:39AM
175786577 **Rahu** 12:38PM – 2:08PM

Jyeshtha* **Until 7:26AM**
Siddhi Until 12:52PM
Balava Until 7:42AM
Ashtami* **Until 6:49PM**

Ganesha: Blue *Sunrise: 6:40AM*
Muruqa: Purple *Sunset: 6:36PM*
Nataraja: Orange
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 45 - 7
Ashtami

Creative Work Siddha Yoga
Until 7:26AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India
Sun 8 Sutra 333

Dhanus Rasi: 13.04 Tithi 24 – 25

Gulika 9:38AM – 11:08AM
Yama 6:39AM – 8:08AM
185786578 **Rahu** 2:08PM – 3:37PM

Mula* **Until 6:25AM**
Vyatipata* Until 10:07AM
Vanija Until 3:30AM Fri
Navami* **Until 4:42PM**

Ganesha: Red *Sunrise: 6:39AM*
Muruqa: Purple *Sunset: 6:37PM*
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 45 - 8
Navami

Creative Work Siddha Yoga


Sivaloka Day

1	Friday, March 17, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Dhanus Rasi: 27.23	Tithi 25 – 26	Gulika 8:07AM – 9:37AM	Uttarashadha Until 2:38AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:37AM	Sun 9 Sutra 334
	185786578	Rahu 11:07AM – 12:37PM	Yama 3:37PM – 5:08PM	Variyan Until 6:58AM	Muruqa: Purple	<i>Sunset:</i> 6:38PM	Subhakarit 5124
	Routine Work Marana Yoga			Bava Until 12:46AM Sat	Nataraja: Clear		Moon 3 - Phase 46 - 9
			Dashami Until 2:09PM	Moon – Light Blue		2nd Phase	
				Phalgun-Panguni		Sivaloka Day	

2	Saturday, March 18, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India
	Makara Rasi: 11.58	Tithi 26 – 27	Gulika 6:36AM – 8:06AM	Shravana Until 12:29AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:36AM	Sun 10 Sutra 335
	195786578	Rahu 9:37AM – 11:07AM	Yama 2:07PM – 3:38PM	Shiva Until 11:53PM	Muruqa: Purple	<i>Sunset:</i> 6:38PM	Subhakarit 5124
	Creative Work Siddha Yoga			Kaulava Until 9:45PM	Nataraja: Clear		Moon 3 - Phase 46 - 10
			Ekadashi* Until 11:16AM	Moon – Purple		2nd Phase	
				Phalgun-Panguni		Subha Sivaloka Day	

3	Sunday, March 19, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Makara Rasi: 26.43	Tithi 27 – 28	Gulika 3:38PM – 5:08PM	Dhanishtha Until 10:04PM	Ganesha: Green	<i>Sunrise:</i> 6:35AM	Sun 11 Sutra 336
	195796578	Rahu 5:08PM – 6:39PM	Yama 12:37PM – 2:07PM	Siddha Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Subhakarit 5124
	Routine Work Marana Yoga			Gara Until 6:34PM	Nataraja: Clear		Moon 3 - Phase 46 - 11
			Dvadashi* Until 8:09AM	Moon – Purple		2nd Phase	
				Phalgun-Panguni		Sivaloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

4	Monday, March 20, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India
	Kumbha Rasi: 11.34	Tithi 29	Gulika 2:07PM – 3:38PM	Shatabhishak Until 7:31PM	Ganesha: Green	<i>Sunrise:</i> 6:34AM	Sun 12 Sutra 337
	196896578	Rahu 8:04AM – 9:35AM	Yama 11:06AM – 12:37PM	Sadhya Until 4:19PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Subhakarit 5124
	Family Home Evening			Visti Until 3:23PM	Nataraja: Clear		Moon 3 - Phase 46 - 12
			Chaturdashi* Until 1:49AM Tue	Moon – Purple		2nd Phase	
				Phalgun-Panguni		Sivaloka Day	

	Tuesday, March 21, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India
	Retreat Star		Gulika 12:36PM – 2:07PM	Purvaproshtapada* Until 5:25PM	Ganesha: Orange	<i>Sunrise:</i> 6:32AM	Sun 13 Sutra 338
	Kumbha Rasi: 26.2	Tithi 30	Yama 9:34AM – 11:05AM	Subha Until 12:41PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Subhakarit 5124
	116896578	Rahu 3:38PM – 5:09PM		Catuspada Until 12:20PM	Nataraja: Clear		Moon 3 - Phase 46 - 13
			Amavasya* Until 10:54PM	Moon – Clear		Amavasya	
				Phalgun-Panguni		Devaloka Day	

Retreat Star	Wednesday, March 22, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India
	Meena Rasi: 10.56	Tithi 1	Gulika 11:05AM – 12:36PM	Uttaraproshtapada Until 3:31PM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Sun 14 Sutra 339
	116896578	Rahu 12:36PM – 2:07PM	Yama 8:02AM – 9:34AM	Sukla Until 9:15AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Subhakarit 5124
	Creative Work Siddha Yoga			Kintughna Until 9:36AM	Nataraja: Clear		Moon 3 - Phase 46 - 14
			Prathama* Until 8:22PM	Moon – Clear		Prathama	
				Chaitra-Panguni		Devaloka Day	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

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1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 340 Subhakit 5124
Meena Rasi: 25.14	Tithi 2	Gulika 9:33AM – 11:04AM	Revati Until 1:58PM	Ganesha: Orange	Sunrise: 6:30AM			
		Yama 6:30AM – 8:01AM	Brahma Until 6:13AM	Muruqa: Clear	Sunset: 6:42PM		Moon 3 - Phase 47 - 15	
		116896578 Rahu 2:07PM – 3:39PM	Balava Until 7:18AM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Moon – Clear			Devaloka Day	
Until 1:58PM		Chellappaswami Mahasamadhi	Dvitiya Until 6:21PM	Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 341 Subhakit 5124
Mesha Rasi: 9.09	Tithi 3 – 4	Gulika 8:00AM – 9:32AM	Ashvini Until 1:20PM	Ganesha: Clear	Sunrise: 6:29AM			
		Yama 3:39PM – 5:10PM	Vaidhriti* Until 1:40AM Sat	Muruqa: Clear	Sunset: 6:42PM		Moon 3 - Phase 47 - 16	
		126896578 Rahu 11:04AM – 12:35PM	Vanija Until 4:37AM Sat	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga			Moon – White			Devaloka Day	
Until 1:20PM			Tritiya Until 5:00PM	Chaitra•Panguni				
Then Creative Work - Siddha Yoga								

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 17 Sutra 342 Subhakit 5124
Mesha Rasi: 22.38	Tithi 4 – 5	Gulika 6:27AM – 7:59AM	Bharani Until 1:18PM	Ganesha: Clear	Sunrise: 6:27AM			
		Yama 2:07PM – 3:39PM	Vishkamba* Until 12:18AM Sun	Muruqa: Clear	Sunset: 6:43PM		Moon 3 - Phase 47 - 17	
		126896578 Rahu 9:31AM – 11:03AM	Bava Until 4:25AM Sun	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
Until 1:18PM			Chaturthi* Until 4:24PM	Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Jalandhar, India Sun 18 Sutra 343 Subhakit 5124
Vrishabha Rasi: 5.43	Tithi 5 – 6	Gulika 3:39PM – 5:11PM	Krittika Until 1:52PM	Ganesha: Clear	Sunrise: 6:26AM			
		Yama 12:35PM – 2:07PM	Priti Until 11:33PM	Muruqa: Clear	Sunset: 6:43PM		Moon 3 - Phase 47 - 18	
		126896578 Rahu 5:11PM – 6:43PM	Kaulava Until 5:00AM Mon	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
			Panchami Until 4:35PM	Chaitra•Panguni				

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 19 Sutra 344 Subhakit 5124
Vrishabha Rasi: 18.23	Tithi 6 – 7	Gulika 2:07PM – 3:39PM	Rohini Until 3:29PM	Ganesha: Clear	Sunrise: 6:25AM			
Family Home Evening		Yama 11:02AM – 12:34PM	Ayushman Until 11:20PM	Muruqa: Clear	Sunset: 6:44PM		Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:57AM – 9:30AM	Gara Until 6:17AM Tue	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow			Devaloka Day	
			Shashthi* Until 5:32PM	Chaitra•Panguni				

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 20 Sutra 345 Subhakit 5124
Mithuna Rasi: 0.46	Tithi 7	Gulika 12:34PM – 2:07PM	Mrigashira Until 5:35PM	Ganesha: Clear	Sunrise: 6:24AM			
		Yama 9:29AM – 11:02AM	Saubhagya Until 11:37PM	Muruqa: Clear	Sunset: 6:45PM		Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:39PM – 5:12PM	Gara Until 6:17AM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow			Devaloka Day	
Until 5:35PM			Saptami Until 7:08PM	Chaitra•Panguni				
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 346 Subhakit 5124
Mithuna Rasi: 12.54	Tithi 8	Gulika 11:01AM – 12:34PM	Ardra Until 8:00PM	Ganesha: Clear	Sunrise: 6:22AM			
		Yama 7:55AM – 9:28AM	Sobhana Until 12:15AM Thu	Muruqa: Clear	Sunset: 6:45PM		Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:34PM – 2:07PM	Visti Until 8:09AM	Nataraja: Clear			Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow			Devaloka Day	
			Ashtami* Until 9:12PM	Chaitra•Panguni				

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22 Sutra 347 Subhakit 5124
Mithuna Rasi: 24.53	Tithi 9	Gulika 9:27AM – 11:00AM	Punarvasu Until 11:00PM	Ganesha: White	Sunrise: 6:21AM			
		Yama 6:21AM – 7:54AM	Athiganda* Until 1:02AM Fri	Muruqa: Clear	Sunset: 6:46PM		Moon 3 - Phase 47 - 22	
		147896578 Rahu 2:07PM – 3:40PM	Balava Until 10:23AM	Nataraja: Clear			Navami	
Creative Work	Amrita Yoga			Moon – Blue			Bhuloka Day	
		Sri Rama Navami	Navami* Until 11:33PM	Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for Jalandhar, India on 5/1/2

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1	Friday, March 31, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau			Jalandhar, India Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 6.47	Tithi 10	Gulika 7:53AM – 9:27AM Yama 3:40PM – 5:13PM 147896578 Rahu 11:00AM – 12:33PM	Pushya Until 1:56AM Sat Sukarma Until 1:53AM Sat Taitila Until 12:47PM Dashami Until 1:59AM Sat	Ganesha: White <i>Sunrise:</i> 6:20AM Muruqa: Clear <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Blue Chaitra•Panguni
	Routine Work	Marana Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Saturday, April 1, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau			Jalandhar, India Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 18.4	Tithi 11	Gulika 6:20AM – 7:53AM Yama 2:07PM – 3:40PM 147896578 Rahu 9:27AM – 11:00AM	Ashlesha* Until 4:35AM Sun Dhriti Until 2:41AM Sun Vanija Until 3:11PM Ekadashi Until 4:18AM Sun	Ganesha: White <i>Sunrise:</i> 6:20AM Muruqa: Clear <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Blue Chaitra•Panguni
	Routine Work	Marana Yoga	Yogaswami Mahasamadhi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Sunday, April 2, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau			Jalandhar, India Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 0.37	Tithi 12	Gulika 3:40PM – 5:14PM Yama 12:33PM – 2:07PM 158896578 Rahu 5:14PM – 6:47PM	Magha* Until 7:20AM Mon Shula* Until 3:16AM Mon Bava Until 5:24PM Dvadashi Until 6:22AM Mon	Ganesha: Red <i>Sunrise:</i> 6:19AM Muruqa: Clear <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Red Chaitra•Panguni
	Routine Work	Marana Yoga			Devaloka Day
	Until 7:20AM Mon	Then Creative Work - Siddha Yoga			

4	Monday, April 3, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 12.39	Tithi 12 – 13	Gulika 2:06PM – 3:40PM Yama 10:59AM – 12:33PM 158896578 Rahu 7:51AM – 9:25AM	Magha* Until 7:20AM Ganda* Until 3:36AM Tue Kaulava Until 7:18PM Dvadashi Until 6:22AM	Ganesha: Red <i>Sunrise:</i> 6:17AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Red Chaitra•Panguni
	Family Home Evening	Marana Yoga			Devaloka Day
	Until 7:20AM	Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>	

5	Tuesday, April 4, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 24.5	Tithi 13 – 14	Gulika 12:32PM – 2:06PM Yama 9:24AM – 10:58AM 158896578 Rahu 3:40PM – 5:15PM	Purvaphalguni Until 9:34AM Vriddhi Until 3:37AM Wed Gara Until 8:47PM Trayodashi Until 8:04AM	Ganesha: Red <i>Sunrise:</i> 6:16AM Muruqa: Clear <i>Sunset:</i> 6:49PM Nataraja: Clear Moon – Red Chaitra•Panguni
	Creative Work	Siddha Yoga			Devaloka Day
	Until 9:34AM	Then Creative Work - Amrita Yoga			

○	Wednesday, April 5, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Jalandhar, India Sutra 353 Subhakrit 5124
	Copper Retreat Star	Kanya Rasi: 7.12	Tithi 14 – 15	Gulika 10:58AM – 12:32PM Yama 7:49AM – 9:23AM 158896578 Rahu 12:32PM – 2:06PM	Uttaraphalguni Until 11:12AM Dhruva Until 3:14AM Thu Visti Until 9:47PM Chaturdashi* Until 9:20AM
	Creative Work	Amrita Yoga			Devaloka Day
	Until 11:12AM	Then Routine Work - Marana Yoga	Panguni Uttiram Hanuman Jayanti	Chaitra•Panguni	

○	Thursday, April 6, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Jalandhar, India Sutra 354 Subhakrit 5124
	Silver Retreat Star	Kanya Rasi: 19.47	Tithi 15 – 16	Gulika 9:23AM – 10:57AM Yama 6:14AM – 7:48AM 168896578 Rahu 2:06PM – 3:41PM	Hasta Until 12:41PM Vyaghata* Until 2:30AM Fri Balava Until 10:19PM Purnima* Until 10:06AM
	Routine Work	Marana Yoga			Ganesha: Blue <i>Sunrise:</i> 6:14AM Muruqa: Clear <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Green Chaitra•Panguni
	Until 12:41PM	Then Creative Work - Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 2.35 Tithi 16 – 17

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:47AM – 9:22AM
Yama 3:41PM – 5:16PM
168896578 **Rahu** 10:57AM – 12:31PM

Chitra **Until 1:33PM**
Harshana **Until 1:24AM Sat**
Taitila **Until 10:21PM**
Prathama* **Until 10:22AM**

Ganesha: Blue *Sunrise: 6:12AM*
Muruqa: Clear *Sunset: 6:51PM*
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Jalandhar, India
Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 15.37 Tithi 17 – 18

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 6:11AM – 7:46AM
Yama 2:06PM – 3:41PM
168896578 **Rahu** 9:21AM – 10:56AM

Svati **Until 1:48PM**
Vajra* **Until 11:56PM**
Vanija **Until 9:57PM**
Dvitiya **Until 10:11AM**

Ganesha: Blue *Sunrise: 6:11AM*
Muruqa: Clear *Sunset: 6:51PM*
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Jalandhar, India
Sun 1 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Tula Rasi: 28.52 Tithi 18 – 19

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:41PM – 5:17PM
Yama 12:31PM – 2:06PM
179896578 **Rahu** 5:17PM – 6:52PM

Vishakha **Until 1:58PM**
Siddhi **Until 10:10PM**
Bava **Until 9:10PM**
Tritiya **Until 9:35AM**

Ganesha: Red *Sunrise: 6:10AM*
Muruqa: Clear *Sunset: 6:52PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Jalandhar, India
Sun 2 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day
Devaloka Time: 3:PM to 6:PM

3

Monday, April 10, 2023

Vrischika Rasi: 12.2 Tithi 19 – 20

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 2:06PM – 3:42PM
Yama 10:55AM – 12:31PM
179896578 **Rahu** 7:44AM – 9:20AM

Anuradha **Until 1:37PM**
Vyatipata* **Until 8:08PM**
Kaulava **Until 8:00PM**
Chaturthi* **Until 8:36AM**

Ganesha: Red *Sunrise: 6:09AM*
Muruqa: Clear *Sunset: 6:53PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Jalandhar, India
Sun 3 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day
Devaloka Time: 3:PM to 6:PM

4

Tuesday, April 11, 2023

Vrischika Rasi: 26.01 Tithi 20 – 21

Routine Work Marana Yoga
Until 12:47PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:30PM – 2:06PM
Yama 9:19AM – 10:55AM
179896578 **Rahu** 3:42PM – 5:17PM

Jyeshtha* **Until 12:47PM**
Varyani **Until 5:49PM**
Gara **Until 6:32PM**
Panchami **Until 7:17AM**

Ganesha: Red *Sunrise: 6:08AM*
Muruqa: Clear *Sunset: 6:53PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Jalandhar, India
Sun 4 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day
Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 9.51 Tithi 22

Routine Work Marana Yoga
Until 11:58AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:54AM – 12:30PM
Yama 7:42AM – 9:18AM
189896578 **Rahu** 12:30PM – 2:06PM

Mula* **Until 11:58AM**
Parigha* **Until 3:17PM**
Visti **Until 4:46PM**
Saptami **Until 3:46AM Thu**

Ganesha: Green *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 6:54PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Jalandhar, India
Sun 5 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Dhanus Rasi: 23.52 Tithi 23

Creative Work Siddha Yoga
Until 10:44AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:17AM – 10:54AM
Yama 6:05AM – 7:41AM
189996578 **Rahu** 2:06PM – 3:42PM

Purvashadha* **Until 10:44AM**
Shiva **Until 12:34PM**
Balava **Until 2:45PM**
Ashtami* **Until 1:39AM Fri**

Ganesha: White *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 6:54PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Jalandhar, India
Sun 6 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 8.02 Tithi 24

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:40AM – 9:17AM
Yama 3:42PM – 5:19PM
189996578 **Rahu** 10:53AM – 12:30PM

Chidambaram Abhishekam
Tamil New Year

Uttarashadha **Until 9:09AM**
Siddha **Until 9:38AM**
Taitila **Until 12:31PM**
Navami* **Until 11:19PM**

Ganesha: White *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 6:55PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Jalandhar, India
Sun 7 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India
	Makara Rasi: 22.19	Tithi 25	299996578	Gulika 6:03AM – 7:39AM Yama 2:06PM – 3:43PM Rahu 9:16AM – 10:53AM	Shravana Until 7:40AM Sadhya Until 6:35AM Vanija Until 10:08AM Dashami Until 8:52PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sun 8 Sutra 363 Sobhana 5125 Moon 4 - Phase 1 - 8 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India
	Kumbha Rasi: 6.41	Tithi 26	299996578	Gulika 3:43PM – 5:20PM Yama 12:29PM – 2:06PM Rahu 5:20PM – 6:56PM	Shatabhishak Until 4:03AM Mon Sukla Until 12:16AM Mon Bava Until 7:38AM Ekadashi* Until 6:21PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sun 9 Sutra 364 Sobhana 5125 Moon 4 - Phase 1 - 9 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					
	Until 4:03AM Mon	Then Routine Work - Marana Yoga					

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Kumbha Rasi: 21.04	Tithi 27 – 28	211996578	Gulika 2:06PM – 3:43PM Yama 10:52AM – 12:29PM Rahu 7:38AM – 9:15AM	Purvaproshtapada* Until 2:31AM Tue Brahma Until 9:09PM Gara Until 2:41AM Tue Dvadashi* Until 3:52PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sun 10 Sutra 1 Sobhana 5125 Moon 4 - Phase 1 - 10 2nd Phase Devaloka Day
	Family Home Evening	Routine Work	Marana Yoga				
	Until 2:31AM Tue	Then Creative Work - Amrita Yoga					

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	Meena Rasi: 5.23	Tithi 28 – 29	211996578	Gulika 12:29PM – 2:06PM Yama 9:14AM – 10:51AM Rahu 3:43PM – 5:20PM	Uttaraproshtapada Until 1:02AM Wed Indra Until 6:10PM Visti Until 12:27AM Wed Trayodashi* Until 1:31PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sun 11 Sutra 2 Sobhana 5125 Moon 4 - Phase 1 - 11 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 1:02AM Wed	Then Routine Work - Marana Yoga					

●	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Jalandhar, India
	Retreat Star		211996578	Gulika 10:51AM – 12:28PM Yama 7:36AM – 9:13AM Rahu 12:28PM – 2:06PM	Revati Until 11:44PM Vaidhriti* Until 3:24PM Catuspada Until 10:32PM Chaturdashi* Until 11:25AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sun 12 Sutra 3 Sobhana 5125 Moon 4 - Phase 1 - 12 Amavasya Devaloka Day
	Meena Rasi: 19.34	Tithi 29 – 30					
	Routine Work	Marana Yoga					

●	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India
	Retreat Star		221996578	Gulika 9:13AM – 10:50AM Yama 5:57AM – 7:35AM Rahu 2:06PM – 3:44PM	Ashvini Until 11:09PM Vishkambha* Until 12:58PM Kintughna Until 9:02PM Amavasya* Until 9:42AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Vaisaka*Chaitra	Sun 13 Sutra 4 Sobhana 5125 Moon 4 - Phase 1 - 13 Prathama Devaloka Day
	Mesha Rasi: 3.32	Tithi 30 – 1					
	Creative Work	Amrita Yoga					
Until 11:09PM	Then Creative Work - Siddha Yoga						

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 17.11	Tithi 1 – 2	Gulika 7:34AM – 9:12AM	Bharani Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	
			Yama 3:44PM – 5:22PM	Priti Until 10:57AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:50AM – 12:28PM	Balava Until 8:05PM	Nataraja: Clear		3rd Phase
			Prathama* Until 8:28AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 15 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 0.32	Tithi 2 – 3	Gulika 5:55AM – 7:33AM	Krittika Until 11:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	
			Yama 2:06PM – 3:44PM	Ayushman Until 9:23AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 9:11AM – 10:49AM	Taitila Until 7:45PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 7:49AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 13.32	Tithi 3 – 4	Gulika 3:44PM – 5:23PM	Rohini Until 12:28AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	
			Yama 12:27PM – 2:06PM	Saubhagya Until 8:21AM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:23PM – 7:01PM	Vanija Until 8:05PM	Nataraja: Clear		3rd Phase
Until 12:28AM Mon			Tritiya Until 7:49AM	Moon – Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga		Akshaya Tritiya		Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 17 Sutra 8 Sobhana 5125
	Vrishabha Rasi: 26.13	Tithi 4 – 5	Gulika 2:06PM – 3:45PM	Mrigashira Until 2:10AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:53AM	
	Family Home Evening		Yama 10:49AM – 12:27PM	Sobhana Until 7:50AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 7:31AM – 9:10AM	Bava Until 9:04PM	Nataraja: Clear		3rd Phase
Until 2:10AM Tue			Chaturthi* Until 8:29AM	Moon – Yellow		Devaloka Day	
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 8.37	Tithi 5 – 6	Gulika 12:27PM – 2:06PM	Ardra Until 4:14AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	
			Yama 9:09AM – 10:48AM	Athiganda* Until 7:47AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:45PM – 5:24PM	Kaulava Until 10:37PM	Nataraja: Purple		3rd Phase
Until 4:14AM Wed			Panchami Until 9:45AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 20.48	Tithi 6 – 7	Gulika 10:48AM – 12:27PM	Punarvasu Until 7:01AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:51AM	
			Yama 7:30AM – 9:09AM	Sukarma Until 8:08AM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:27PM – 2:06PM	Gara Until 12:36AM Thu	Nataraja: Purple		3rd Phase
Until 7:01AM Thu			Shashthi* Until 11:32AM	Moon – Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

☾	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 20 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 9:08AM – 10:47AM	Punarvasu Until 7:01AM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	
	Kataka Rasi: 2.49	Tithi 7 – 8	Yama 5:50AM – 7:29AM	Dhriti Until 8:48AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 2:06PM – 3:45PM	Visti Until 2:51AM Fri	Nataraja: Purple		Ashtami
			Saptami Until 1:41PM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

☾	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 21 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 7:28AM – 9:08AM	Pushya Until 9:51AM	Ganesha: Red	<i>Sunrise:</i> 5:49AM	
	Kataka Rasi: 14.44	Tithi 8 – 9	Yama 3:46PM – 5:25PM	Shula* Until 9:36AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:47AM – 12:27PM	Balava Until 5:12AM Sat	Nataraja: Purple		Navami
			Ashtami* Until 4:00PM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22	Sutra 13
	Kataka Rasi: 26.39	Tithi 9	Gulika 5:48AM – 7:27AM	Ashlesha* Until 12:33PM	Ganesha: Red	Sunrise: 5:48AM	Sobhana 5125	
	242996579	Rahu 9:07AM – 10:47AM	Yama 2:06PM – 3:46PM	Ganda* Until 10:27AM	Muruqa: Clear	Sunset: 7:05PM	Moon 4 - Phase 3 - 22	
Routine Work	Marana Yoga		Kaulava Until 6:19PM	Nataraja: Purple		4th Phase		
Until 12:33PM			Navami* Until 6:19PM	Moon – Blue			Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra				


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23	Sutra 14
	Simha Rasi: 9	Tithi 10	Gulika 3:46PM – 5:26PM	Magha* Until 3:26PM	Ganesha: Blue	Sunrise: 5:47AM	Sobhana 5125	
	252996579	Rahu 5:26PM – 7:06PM	Yama 12:26PM – 2:06PM	Vridhhi Until 11:12AM	Muruqa: Clear	Sunset: 7:06PM	Moon 4 - Phase 3 - 23	
Routine Work	Marana Yoga		Taitila Until 7:25AM	Nataraja: Purple		4th Phase		
Until 3:26PM			Dashami Until 8:25PM	Moon – Red			Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra				

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau				Jalandhar, India Sun 24	Sutra 15
	Simha Rasi: 20.4	Tithi 11	Gulika 2:06PM – 3:47PM	Purvaphalguni Until 5:47PM	Ganesha: Blue	Sunrise: 5:45AM	Sobhana 5125	
	252996579	Rahu 7:25AM – 9:05AM	Yama 10:46AM – 12:26PM	Dhruva Until 11:40AM	Muruqa: Clear	Sunset: 7:07PM	Moon 4 - Phase 3 - 24	
Family Home Evening			Vanija Until 9:21AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 10:08PM	Moon – Red			Devaloka Day	
				Vaisaka*Chaitra				

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25	Sutra 16
	Kanya Rasi: 2.55	Tithi 12	Gulika 12:26PM – 2:06PM	Uttaraphalguni Until 7:30PM	Ganesha: Blue	Sunrise: 5:44AM	Sobhana 5125	
	252996579	Rahu 3:47PM – 5:27PM	Yama 9:05AM – 10:45AM	Vyaghata* Until 11:47AM	Muruqa: Clear	Sunset: 7:08PM	Moon 4 - Phase 3 - 25	
Creative Work	Amrita Yoga		Bava Until 10:49AM	Nataraja: Purple		4th Phase		
Until 7:30PM			Dvadashi Until 11:18PM	Moon – Red			Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra				

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26	Sutra 17
	Kanya Rasi: 15.24	Tithi 13	Gulika 10:45AM – 12:26PM	Hasta Until 8:57PM	Ganesha: Yellow	Sunrise: 5:43AM	Sobhana 5125	
	262996579	Rahu 12:26PM – 2:06PM	Yama 7:24AM – 9:04AM	Harshana Until 11:28AM	Muruqa: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 26	
Routine Work	Marana Yoga		Kaulava Until 11:41AM	Nataraja: Purple		4th Phase		
Until 8:57PM			Trayodashi Until 11:52PM	Moon – Green			Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra				
				Pradosha Vrata				

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27	Sutra 18
	Kanya Rasi: 28.1	Tithi 14	Gulika 9:04AM – 10:45AM	Chitra Until 9:37PM	Ganesha: Yellow	Sunrise: 5:42AM	Sobhana 5125	
	262996579	Rahu 2:07PM – 3:47PM	Yama 5:42AM – 7:23AM	Vajra* Until 10:37AM	Muruqa: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 27	
Creative Work	Siddha Yoga		Gara Until 11:56AM	Nataraja: Purple		4th Phase		
Until 9:37PM			Chaturdashi* Until 11:48PM	Moon – Green			Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra				

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sun 28	Sutra 19
	Tula Rasi: 11.16	Tithi 15	Gulika 7:22AM – 9:03AM	Svati Until 9:32PM	Ganesha: Yellow	Sunrise: 5:41AM	Sobhana 5125	
	262996579	Rahu 10:44AM – 12:26PM	Yama 3:48PM – 5:29PM	Siddhi Until 9:18AM	Muruqa: Clear	Sunset: 7:10PM	Moon 4 - Phase 3 - Purnima	
Creative Work	Siddha Yoga		Visti Until 11:33AM	Nataraja: Purple				
			Purnima* Until 11:07PM	Moon – Green			Sivaloka Day	
				Vaisaka*Chaitra				
				Budha Purnima (Tamil Nadu)				

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sun 29	Sutra 20
	Tula Rasi: 24.4	Tithi 16	Gulika 5:40AM – 7:22AM	Vishakha Until 9:13PM	Ganesha: White	Sunrise: 5:40AM	Sobhana 5125	
	272996579	Rahu 9:03AM – 10:44AM	Yama 2:07PM – 3:48PM	Vyalipata* Until 7:31AM	Muruqa: Clear	Sunset: 7:11PM	Moon 4 - Phase 3 - Prathama	
Creative Work	Siddha Yoga		Balava Until 10:35AM	Nataraja: Purple				
			Prathama* Until 9:54PM	Moon – Orange			Devaloka Day	
				Vaisaka*Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda