



Monday, April 18, 2022
Gold Retreat Star

Tula Rasi: 23.34 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 10:07PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yukhtayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:52PM – 3:37PM
Yama 10:20AM – 12:06PM
Rahu 6:49AM – 8:34AM
Vishakha Until 10:07PM
Siddhi Until 2:51PM
Vanija Until 12:32AM Tue
Dvitiya Until 1:54PM

Ganesha: Purple *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Birming., UK
Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Virschika Rasi: 8.06 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 8:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yukhtayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:06PM – 1:52PM
Yama 8:33AM – 10:19AM
Rahu 3:38PM – 5:24PM
Anuradha Until 8:06PM
Vyatipata* Until 11:29AM
Bava Until 9:45PM
Tritiya Until 11:07AM

Ganesha: Purple *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Birming., UK
Sun 1
Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Virschika Rasi: 22.39 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 6:00PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yukhtayam
Jyeshtha* Nakshatra Varyan/Parigaha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:19AM – 12:05PM
Yama 6:45AM – 8:32AM
Rahu 12:05PM – 1:52PM
Jyeshtha* Until 6:00PM
Variyan Until 8:05AM
Kaulava Until 7:01PM
Chaturthi* Until 8:21AM

Ganesha: Purple *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Birming., UK
Sun 2
Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 -
2nd Phase

Bhuloka Day

3

Thursday, April 21, 2022

Dhanus Rasi: 7.08 Tithi 21
288345478
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:31AM – 10:18AM
Yama 4:57AM – 6:44AM
Rahu 1:52PM – 3:40PM
Mula* Until 4:19PM
Shiva Until 1:39AM Fri
Gara Until 4:25PM
Shashthi* Until 3:11AM Fri

Ganesha: Clear *Sunrise:* 4:57AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Birming., UK
Sun 3
Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 -
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Dhanus Rasi: 21.29 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 2:43PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:42AM – 8:30AM
Yama 3:40PM – 5:28PM
Rahu 10:17AM – 12:05PM
Purvashadha* Until 2:43PM
Siddha Until 10:42PM
Visti Until 2:03PM
Saptami Until 12:57AM Sat

Ganesha: Purple *Sunrise:* 4:54AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Birming., UK
Sun 4
Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 -
4th Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Makara Rasi: 5.4 Tithi 23
289345478
Routine Work Marana Yoga
Until 1:15PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:52AM – 6:40AM
Yama 1:53PM – 3:41PM
Rahu 8:29AM – 10:17AM
Uttarashadha Until 1:15PM
Sadhya Until 8:00PM
Balava Until 11:58AM
Ashtami* Until 11:02PM

Ganesha: Purple *Sunrise:* 4:52AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Birming., UK
Sun 5
Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 -
5th Phase

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Makara Rasi: 19.38 Tithi 24
299345478
Creative Work Amrita Yoga
Until 12:24PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:42PM – 5:31PM
Yama 12:05PM – 1:53PM
Rahu 5:31PM – 7:19PM
Shravana Until 12:24PM
Subha Until 5:35PM
Taitila Until 10:12AM
Navami* Until 9:26PM

Ganesha: Clear *Sunrise:* 4:50AM
Muruqa: White *Sunset:* 7:19PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Birming., UK
Sun 6
Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 -
6th Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Birming., UK Sun 7
	Kumbha Rasi: 3.23	Tithi 25	Gulika 1:54PM – 3:43PM	Dhanishtha Until 11:45AM	Ganesha: Clear	Sunrise: 4:48AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:15AM – 12:05PM	Sukla Until 3:26PM	Muruga: White	Sunset: 7:21PM	Moon 4 - Phase 2 - 7
	Creative Work	Siddha Yoga	Rahu 6:37AM – 8:26AM	Vanija Until 8:47AM	Nataraja: Clear		2nd Phase
			Dashami Until 8:12PM	Chaitra*Chaitra	Devaloka Day		

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Birming., UK Sun 8
	Kumbha Rasi: 16.56	Tithi 26	Gulika 12:04PM – 1:54PM	Shatabhishak Until 11:19AM	Ganesha: Clear	Sunrise: 4:46AM	Subhakrit 5124
	Routine Work	Marana Yoga	Yama 8:25AM – 10:15AM	Brahma Until 1:36PM	Muruga: White	Sunset: 7:23PM	Moon 4 - Phase 2 - 8
	299345479		Rahu 3:43PM – 5:33PM	Bava Until 7:45AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 7:21PM	Chaitra*Chaitra	Devaloka Day		

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Birming., UK Sun 9
	Meena Rasi: 0.14	Tithi 27	Gulika 10:14AM – 12:04PM	Purvaproshtapada* Until 11:36AM	Ganesha: Red	Sunrise: 4:44AM	Subhakrit 5124
	Creative Work	Amrita Yoga	Yama 6:34AM – 8:24AM	Indra Until 12:07PM	Muruga: White	Sunset: 7:24PM	Moon 4 - Phase 2 - 9
	219345479		Rahu 12:04PM – 1:54PM	Kaulava Until 7:07AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 6:56PM	Chaitra*Chaitra	Devaloka Day		

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Birming., UK Sun 10
	Meena Rasi: 13.2	Tithi 28	Gulika 8:23AM – 10:14AM	Uttaraproshtapada Until 12:10PM	Ganesha: Blue	Sunrise: 4:42AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 4:42AM – 6:32AM	Vaidhriti* Until 10:57AM	Muruga: White	Sunset: 7:26PM	Moon 4 - Phase 2 - 10
	219445479		Rahu 1:55PM – 3:45PM	Gara Until 6:54AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 6:57PM	Chaitra*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM
<i>Pradosha Vrata (Fasting)</i>							

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Birming., UK Sun 11
	Meena Rasi: 26.11	Tithi 29	Gulika 6:31AM – 8:22AM	Revati Until 1:02PM	Ganesha: Blue	Sunrise: 4:40AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 3:46PM – 5:37PM	Vishkambha* Until 10:11AM	Muruga: White	Sunset: 7:28PM	Moon 4 - Phase 2 - 11
	219445479		Rahu 10:13AM – 12:04PM	Visti Until 7:10AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 7:27PM	Chaitra*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Birming., UK Sun 12	
	Retreat Star		Mesha Rasi: 8.49	Tithi 30	Gulika 4:38AM – 6:29AM	Ashvini Until 2:41PM	Ganesha: Green	Sunrise: 4:38AM
	Creative Work	Siddha Yoga	Yama 1:55PM – 3:47PM	Priti Until 9:48AM	Muruga: White	Sunset: 7:29PM	Moon 4 - Phase 2 - 12	
	221445479		Rahu 8:21AM – 10:12AM	Catuspada Until 7:55AM	Nataraja: Clear		Amavasya	
			Amavasya* Until 8:27PM	Chaitra*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	

Retreat Star	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Birming., UK Sun 13
	Mesha Rasi: 21.13	Tithi 1	Gulika 3:47PM – 5:39PM	Bharani Until 4:40PM	Ganesha: Green	Sunrise: 4:36AM	Subhakrit 5124
	Routine Work	Prabalarishta Yoga	Yama 12:04PM – 1:55PM	Ayushman Until 9:46AM	Muruga: White	Sunset: 7:31PM	Moon 4 - Phase 2 - 13
	221445479		Rahu 5:39PM – 7:31PM	Kintughna Until 9:10AM	Nataraja: Clear		Prathama
			Prathama* Until 9:56PM	Vaisaka*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Birming., UK Sun 14 Sutra 15 Subhakrit 5124
1	Vrishabha Rasi: 3.25 Family Home Evening Routine Work Marana Yoga Until 6:55PM Then Creative Work - Amrita Yoga	Gulika 1:56PM – 3:48PM Yama 10:11AM – 12:03PM 221445479 Rahu 6:26AM – 8:19AM	Krittika Until 6:55PM Saubhagya Until 10:07AM Balava Until 10:52AM Dvitiya Until 11:51PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 4:34AM Sunset: 7:33PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Birming., UK Sun 15 Sutra 16 Subhakrit 5124
2	Vrishabha Rasi: 15.27 Creative Work Amrita Yoga Until 9:50PM Then Creative Work - Siddha Yoga	Gulika 12:03PM – 1:56PM Yama 8:18AM – 10:11AM 231445479 Rahu 3:49PM – 5:42PM	Rohini Until 9:50PM Sobhana Until 10:47AM Taitila Until 12:58PM Tritiya Until 2:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:32AM Sunset: 7:35PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Birming., UK Sun 16 Sutra 17 Subhakrit 5124
3	Vrishabha Rasi: 27.22 Creative Work Siddha Yoga Until 12:48AM Thu Then Routine Work - Marana Yoga	Gulika 10:10AM – 12:03PM Yama 6:24AM – 8:17AM 231445479 Rahu 12:03PM – 1:56PM	Mrigashira Until 12:48AM Thu Athiganda* Until 11:38AM Vanija Until 3:21PM Chaturthi* Until 4:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:30AM Sunset: 7:36PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Birming., UK Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 9.13 Routine Work Marana Yoga Until 3:40AM Fri Then Creative Work - Siddha Yoga	Gulika 8:16AM – 10:09AM Yama 4:28AM – 6:22AM 231445479 Rahu 1:57PM – 3:51PM	Ardra Until 3:40AM Fri Sukarma Until 12:37PM Bava Until 5:51PM Panchami Until 7:04AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:28AM Sunset: 7:38PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Birming., UK Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 21.03 Creative Work Siddha Yoga	Gulika 6:21AM – 8:15AM Yama 3:51PM – 5:45PM 241445479 Rahu 10:09AM – 12:03PM	Punarvasu Until 6:46AM Sat Dhriti Until 1:36PM Kaulava Until 8:18PM Panchami Until 7:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:27AM Sunset: 7:40PM	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 2.56 Creative Work Siddha Yoga	Gulika 4:25AM – 6:19AM Yama 1:58PM – 3:52PM 241445479 Rahu 8:14AM – 10:08AM	Punarvasu Until 6:46AM Shula* Until 2:26PM Gara Until 10:31PM Shashthi* Until 9:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:25AM Sunset: 7:41PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 14.56 Creative Work Siddha Yoga	Gulika 3:53PM – 5:48PM Yama 12:03PM – 1:58PM 241445479 Rahu 5:48PM – 7:43PM	Pushya Until 9:25AM Ganda* Until 3:00PM Visti Until 12:20AM Mon Saptami Until 11:28AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:23AM Sunset: 7:43PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 27.07 Family Home Evening Creative Work Siddha Yoga Until 11:25AM Then Routine Work - Marana Yoga	Gulika 1:58PM – 3:54PM Yama 10:07AM – 12:03PM 241445479 Rahu 6:17AM – 8:12AM	Ashlesha* Until 11:25AM Vridhi Until 3:11PM Balava Until 1:33AM Tue Ashtami* Until 1:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:21AM Sunset: 7:44PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Birming., UK Sun 22
	Simha Rasi: 9.34	Tithi 9 – 10	Gulika 12:03PM – 1:59PM	Magha* Until 1:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:20AM	Subhakrit 5124
			Yama 8:11AM – 10:07AM	Dhruva Until 2:49PM	Muruqa: White	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 4 - 22
	252445479	Rahu 3:54PM – 5:50PM	Taitila Until 2:04AM Wed	Navami* Until 1:53PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Birming., UK Sun 23
	Simha Rasi: 22.2	Tithi 10 – 11	Gulika 10:07AM – 12:03PM	Purvaphalguni Until 1:57PM	Ganesha: Clear	<i>Sunrise:</i> 4:18AM	Subhakrit 5124
			Yama 6:14AM – 8:10AM	Vyaghata* Until 1:53PM	Muruqa: White	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 4 - 23
	252445479	Rahu 12:03PM – 1:59PM	Vanija Until 1:49AM Thu	Dashami Until 2:01PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 24
	Kanya Rasi: 5.3	Tithi 11 – 12	Gulika 8:09AM – 10:06AM	Uttaraphalguni Until 1:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:16AM	Subhakrit 5124
			Yama 4:16AM – 6:13AM	Harshana Until 12:21PM	Muruqa: White	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 4 - 24
	252445479	Rahu 1:59PM – 3:56PM	Bava Until 12:47AM Fri	Ekadashi Until 1:23PM	Nataraja: Clear		4th Phase
Amrita Yoga				Moon – Red		Devaloka Day	
Until 1:51PM				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 25
	Kanya Rasi: 19.05	Tithi 12 – 13	Gulika 6:12AM – 8:09AM	Hasta Until 1:19PM	Ganesha: White	<i>Sunrise:</i> 4:15AM	Subhakrit 5124
			Yama 3:57PM – 5:54PM	Vajra* Until 10:11AM	Muruqa: White	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 4 - 25
	262445479	Rahu 10:06AM – 12:03PM	Kaulava Until 11:02PM	Dvadashi Until 11:58AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Green		Sivaloka Day	
Until 1:19PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 26
	Tula Rasi: 3.07	Tithi 13 – 14	Gulika 4:13AM – 6:10AM	Chitra Until 11:58AM	Ganesha: White	<i>Sunrise:</i> 4:13AM	Subhakrit 5124
			Yama 2:00PM – 3:58PM	Siddhi Until 7:28AM	Muruqa: White	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 4 - 26
	262445479	Rahu 8:08AM – 10:05AM	Gara Until 8:40PM	Trayodashi Until 9:54AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Green		Sivaloka Day	
Until 11:58AM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

○	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Birming., UK Sun 27
	Copper Retreat Star		Gulika 3:58PM – 5:56PM	Svati Until 9:56AM	Ganesha: White	<i>Sunrise:</i> 4:11AM	Subhakrit 5124
	Tula Rasi: 17.31	Tithi 14 – 15	Yama 12:03PM – 2:01PM	Variyan Until 12:46AM Mon	Muruqa: White	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 4 - 27
	262445479	Rahu 5:56PM – 7:54PM	Bava Until 4:14AM Mon	Chaturdashi* Until 7:16AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Green		Sivaloka Day	
Until 9:56AM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

○	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sun 28
	Silver Retreat Star		Gulika 2:01PM – 3:59PM	Vishakha Until 7:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:10AM	Subhakrit 5124
	Vrischika Rasi: 2.13	Tithi 16	Yama 10:04AM – 12:03PM	Parigha* Until 9:00PM	Muruqa: White	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 4 -
	272445479	Rahu 6:08AM – 8:06AM	Balava Until 2:37PM	Prathama* Until 12:56AM Tue	Nataraja: Clear		Prathama
Family Home Evening	Marana Yoga			Moon – Orange		Devaloka Day	
Routine Work				Vaisaka-Vaikasi			
Until 7:47AM							
Then Creative Work - Siddha Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Birming., UK on 5/1/20

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Birming., UK
Sutra 30
Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Vrischika Rasi: 17.07 Tithi 17

272445479

Gulika 12:03PM – 2:01PM
Yama 8:06AM – 10:04AM
Rahu 4:00PM – 5:59PM

Jyeshtha* Until 2:31AM Wed
Shiva Until 5:07PM
Tailila Until 11:14AM
Dvitiya Until 9:31PM

Ganesha: Yellow *Sunrise:* 4:08AM
Muruqa: White *Sunset:* 7:57PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Birming., UK
Sun 1 Sutra 31
Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Dhanus Rasi: 2.04 Tithi 18

282445479

Gulika 10:04AM – 12:03PM
Yama 6:06AM – 8:05AM
Rahu 12:03PM – 2:02PM

Mula* Until 12:07AM Thu
Siddha Until 1:13PM
Vanija Until 7:49AM
Tritiya Until 6:08PM

Ganesha: Blue *Sunrise:* 4:07AM
Muruqa: White *Sunset:* 7:57PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 12:07AM Thu
Then Creative Work - Siddha Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK
Sun 2 Sutra 32
Subhakrit 5124
Moon 5 - Phase 5 -
2 1st Phase

Dhanus Rasi: 16.58 Tithi 19 – 20

282445479

Gulika 8:04AM – 10:03AM
Yama 4:05AM – 6:05AM
Rahu 2:02PM – 4:01PM

Purvashadha* Until 9:47PM
Sadhya Until 9:27AM
Kaulava Until 1:26AM Fri
Chaturthi* Until 2:55PM

Ganesha: Blue *Sunrise:* 4:05AM
Muruqa: White *Sunset:* 8:00PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 9:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Birming., UK
Sun 3 Sutra 33
Subhakrit 5124
Moon 5 - Phase 5 -
3 1st Phase

Makara Rasi: 1.39 Tithi 20 – 21

282445479

Gulika 6:04AM – 8:03AM
Yama 4:02PM – 6:02PM
Rahu 10:03AM – 12:03PM

Uttarashadha Until 7:40PM
Sukla Until 2:41AM Sat
Gara Until 10:43PM
Panchami Until 12:01PM

Ganesha: Blue *Sunrise:* 4:04AM
Muruqa: White *Sunset:* 8:02PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Birming., UK
Sun 4 Sutra 34
Subhakrit 5124
Moon 5 - Phase 5 -
4 1st Phase

Makara Rasi: 16.04 Tithi 21 – 22

292445479

Gulika 4:03AM – 6:03AM
Yama 2:03PM – 4:03PM
Rahu 8:03AM – 10:03AM

Shravana Until 6:17PM
Brahma Until 11:51PM
Visti Until 8:28PM
Shashthi* Until 9:31AM

Ganesha: Red *Sunrise:* 4:03AM
Muruqa: White *Sunset:* 8:03PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK
Sun 5 Sutra 35
Subhakrit 5124
Moon 5 - Phase 5 -
5 Ashtami

Kumbha Rasi: 0.09 Tithi 22 – 23

292445479

Gulika 4:04PM – 6:04PM
Yama 12:03PM – 2:03PM
Rahu 6:04PM – 8:05PM

Dhanishtha Until 5:17PM
Indra Until 9:29PM
Balava Until 6:45PM
Saptami Until 7:31AM

Ganesha: Red *Sunrise:* 4:01AM
Muruqa: White *Sunset:* 8:05PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 5:17PM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Birming., UK
Sun 6 Sutra 36
Subhakrit 5124
Moon 5 - Phase 5 -
6 Navami

Kumbha Rasi: 13.53 Tithi 23 – 24

293445479

Gulika 2:04PM – 4:04PM
Yama 10:02AM – 12:03PM
Rahu 6:01AM – 8:02AM

Shatabhishak Until 4:43PM
Vaidhriti* Until 7:34PM
Gara Until 5:16AM Tue
Ashtami* Until 6:06AM

Ganesha: Green *Sunrise:* 4:00AM
Muruqa: White *Sunset:* 8:06PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Family Home Evening
Creative Work Siddha Yoga
Until 4:43PM
Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1		Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Birming., UK Sun 7 Sutra 37 Subhakrit 5124
Kumbha Rasi: 27.16	Tithi 25	Gulika	12:03PM – 2:04PM	Purvaproshtapada* Until 5:03PM	Ganesha: Clear	<i>Sunrise:</i> 3:59AM		
		Yama	8:01AM – 10:02AM	Vishkambha* Until 6:09PM	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 6 - 7	2nd Phase
		213545479 Rahu	4:05PM – 6:06PM	Vanija Until 5:06PM	Nataraja: Clear			
Routine Work	Marana Yoga			Dashami Until 5:02AM Wed	Moon – Clear		Devaloka Day	
Until 5:03PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Birming., UK Sun 8 Sutra 38 Subhakrit 5124
Meena Rasi: 10.2	Tithi 26	Gulika	10:02AM – 12:03PM	Uttaraproshtapada Until 5:48PM	Ganesha: Clear	<i>Sunrise:</i> 3:58AM		
		Yama	5:59AM – 8:00AM	Priti Until 5:13PM	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 6 - 8	2nd Phase
		213545479 Rahu	12:03PM – 2:05PM	Bava Until 5:10PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Ekadashi* Until 5:23AM Thu	Moon – Clear		Devaloka Day	
Until 5:48PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Birming., UK Sun 9 Sutra 39 Subhakrit 5124
Meena Rasi: 23.07	Tithi 27	Gulika	8:00AM – 10:02AM	Revati Until 6:57PM	Ganesha: Purple	<i>Sunrise:</i> 3:57AM		
		Yama	3:57AM – 5:58AM	Ayushman Until 4:42PM	Muruqa: White	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 6 - 9	2nd Phase
		313545479 Rahu	2:05PM – 4:07PM	Kaulava Until 5:47PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Dvadashi* Until 6:17AM Fri	Moon – Clear		Sivaloka Day	
Until 6:57PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 10 Sutra 40 Subhakrit 5124
Mesha Rasi: 5.39	Tithi 27 – 28	Gulika	5:57AM – 7:59AM	Ashvini Until 8:54PM	Ganesha: Clear	<i>Sunrise:</i> 3:55AM		
		Yama	4:07PM – 6:09PM	Saubhagya Until 4:35PM	Muruqa: White	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 6 - 10	2nd Phase
		323545479 Rahu	10:01AM – 12:03PM	Gara Until 6:55PM	Nataraja: Clear			
Creative Work	Amrita Yoga			Dvadashi* Until 6:17AM	Moon – White		Devaloka Day	
Until 8:54PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 11 Sutra 41 Subhakrit 5124
Mesha Rasi: 17.58	Tithi 28 – 29	Gulika	3:54AM – 5:57AM	Bharani Until 11:08PM	Ganesha: Clear	<i>Sunrise:</i> 3:54AM		
		Yama	2:06PM – 4:08PM	Sobhana Until 4:51PM	Muruqa: White	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 6 - 11	2nd Phase
		323545479 Rahu	7:59AM – 10:01AM	Visti Until 8:30PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Trayodashi* Until 7:39AM	Moon – White		Devaloka Day	
Until 11:08PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Birming., UK Sun 12 Sutra 42 Subhakrit 5124
Vrshabha Rasi: 0.07	Tithi 29 – 30	Gulika	4:09PM – 6:11PM	Krittika Until 1:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 3:53AM		
		Yama	12:04PM – 2:06PM	Athiganda* Until 5:22PM	Muruqa: White	<i>Sunset:</i> 8:14PM	Moon 5 - Phase 6 - 12	Amavasya
		323545479 Rahu	6:11PM – 8:14PM	Catuspada Until 10:28PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Chaturdashi* Until 9:25AM	Moon – White		Devaloka Day	
Until 1:32AM Mon					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

Retreat Star		Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Birming., UK Sun 13 Sutra 43 Subhakrit 5124
Vrshabha Rasi: 12.08	Tithi 30 – 1	Gulika	2:07PM – 4:09PM	Rohini Until 4:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 3:52AM		
Family Home Evening		Yama	10:01AM – 12:04PM	Sukarma Until 6:09PM	Muruqa: White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 6 - 13	Prathama
		333545479 Rahu	5:55AM – 7:58AM	Kintughna Until 12:42AM Tue	Nataraja: Clear			
Creative Work	Amrita Yoga			Amavasya* Until 11:32AM	Moon – Yellow		Devaloka Day	
Until 4:33AM Tue					Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga								

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Birming., UK Sun 14 Sutra 44
	Vrishabha Rasi: 24.02	Tithi 1 – 2	Gulika 12:04PM – 2:07PM	Mrigashira Until 7:33AM Wed	Ganesha: Orange <i>Sunrise:</i> 3:51AM		Subhakrit 5124
			Yama 7:58AM – 10:01AM	Dhriti Until 7:06PM	Muruqa: White <i>Sunset:</i> 8:16PM		Moon 5 - Phase 7 - 14
	Creative Work	Siddha Yoga	333545479 Rahu 4:10PM – 6:13PM	Balava Until 3:07AM Wed Prathama* Until 1:52PM	Nataraja: Clear Moon – Yellow	Devaloka Day	3rd Phase

2	Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Birming., UK Sun 15 Sutra 45
	Mithuna Rasi: 5.53	Tithi 2 – 3	Gulika 10:01AM – 12:04PM	Mrigashira Until 7:33AM	Ganesha: Orange <i>Sunrise:</i> 3:51AM		Subhakrit 5124
			Yama 5:54AM – 7:57AM	Shula* Until 8:05PM	Muruqa: White <i>Sunset:</i> 8:17PM		Moon 5 - Phase 7 - 15
	Creative Work	Siddha Yoga	333545479 Rahu 12:04PM – 2:07PM	Taitila Until 5:36AM Thu Dvitiya Until 4:20PM	Nataraja: Clear Moon – Yellow	Devaloka Day	3rd Phase

3	Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Gara Karana Tritiyayam Titau				Birming., UK Sun 16 Sutra 46
	Mithuna Rasi: 17.43	Tithi 3	Gulika 7:57AM – 10:01AM	Ardra Until 10:25AM	Ganesha: Orange <i>Sunrise:</i> 3:50AM		Subhakrit 5124
			Yama 3:50AM – 5:53AM	Ganda* Until 9:06PM	Muruqa: Green <i>Sunset:</i> 8:19PM		Moon 5 - Phase 7 - 16
	Routine Work	Marana Yoga	333555479 Rahu 2:08PM – 4:11PM	Gara Until 6:49PM Tritiya Until 6:49PM	Nataraja: Clear Moon – Yellow	Devaloka Day	3rd Phase

4	Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Birming., UK Sun 17 Sutra 47
	Mithuna Rasi: 29.34	Tithi 4	Gulika 5:53AM – 7:57AM	Punarvasu Until 1:35PM	Ganesha: Clear <i>Sunrise:</i> 3:49AM		Subhakrit 5124
			Yama 4:12PM – 6:16PM	Vriddhi Until 10:03PM	Muruqa: Green <i>Sunset:</i> 8:20PM		Moon 5 - Phase 7 - 17
	Creative Work	Siddha Yoga	343555479 Rahu 10:00AM – 12:04PM	Vanija Until 8:03AM Chaturthi* Until 9:12PM	Nataraja: Clear Moon – Blue	Devaloka Day	3rd Phase

5	Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Birming., UK Sun 18 Sutra 48
	Kataka Rasi: 11.28	Tithi 5	Gulika 3:48AM – 5:52AM	Pushya Until 4:23PM	Ganesha: Clear <i>Sunrise:</i> 3:48AM		Subhakrit 5124
			Yama 2:09PM – 4:13PM	Dhruva Until 10:47PM	Muruqa: Green <i>Sunset:</i> 8:21PM		Moon 5 - Phase 7 - 18
	Creative Work	Siddha Yoga	343555479 Rahu 7:56AM – 10:00AM	Bava Until 10:20AM Panchami Until 11:21PM	Nataraja: Clear Moon – Blue	Devaloka Day	3rd Phase

6	Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Birming., UK Sun 19 Sutra 49
	Kataka Rasi: 23.29	Tithi 6	Gulika 4:13PM – 6:17PM	Ashlesha* Until 6:42PM	Ganesha: Clear <i>Sunrise:</i> 3:48AM		Subhakrit 5124
			Yama 12:05PM – 2:09PM	Vyaghata* Until 11:15PM	Muruqa: Green <i>Sunset:</i> 8:22PM		Moon 5 - Phase 7 - 19
	Creative Work	Siddha Yoga	343555471 Rahu 6:17PM – 8:22PM	Kaulava Until 12:19PM Shashthi* Until 1:08AM Mon	Nataraja: Yellow Moon – Blue	Devaloka Day	3rd Phase

Retreat Star	Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Birming., UK Sun 20 Sutra 50
	Simha Rasi: 5.4	Tithi 7	Gulika 2:09PM – 4:14PM	Magha* Until 8:53PM	Ganesha: Purple <i>Sunrise:</i> 3:47AM		Subhakrit 5124
	Family Home Evening		Yama 10:00AM – 12:05PM	Harshana Until 11:21PM	Muruqa: Green <i>Sunset:</i> 8:23PM		Moon 5 - Phase 7 - 20
	Routine Work	Marana Yoga	353555471 Rahu 5:51AM – 7:56AM	Gara Until 1:51PM Saptami Until 2:23AM Tue	Nataraja: Yellow Moon – Red	Sivaloka Day	3rd Phase

Retreat Star	Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Birming., UK Sun 21 Sutra 51
	Simha Rasi: 18.04	Tithi 8	Gulika 12:05PM – 2:10PM	Purvaphalguni Until 10:18PM	Ganesha: Clear <i>Sunrise:</i> 3:46AM		Subhakrit 5124
			Yama 7:56AM – 10:00AM	Vajra* Until 10:55PM	Muruqa: Green <i>Sunset:</i> 8:24PM		Moon 5 - Phase 7 - 21
	Creative Work	Siddha Yoga	354555471 Rahu 4:14PM – 6:19PM	Visti Until 2:48PM Ashtami* Until 3:00AM Wed	Nataraja: Yellow Moon – Red	Devaloka Day	Ashtami

Retreat Star	Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Birming., UK Sun 22 Sutra 52
	Kanya Rasi: 0.46	Tithi 9	Gulika 10:00AM – 12:05PM	Uttaraphalguni Until 10:51PM	Ganesha: Clear <i>Sunrise:</i> 3:46AM		Subhakrit 5124
			Yama 5:51AM – 7:55AM	Siddhi Until 9:55PM	Muruqa: Green <i>Sunset:</i> 8:24PM		Moon 5 - Phase 7 - 22
	Creative Work	Amrita Yoga	354555471 Rahu 12:05PM – 2:10PM	Balava Until 3:03PM Navami* Until 2:51AM Thu	Nataraja: Yellow Moon – Red	Devaloka Day	Navami

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
			Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 53
Kanya Rasi: 13.51	Tithi 10		Gulika 7:55AM – 10:00AM	Hasta Until 10:55PM	Ganesha: White <i>Sunrise: 3:45AM</i>	Subhakrit 5124	
		364555471	Yama 3:45AM – 5:50AM	Vyatipata* Until 8:19PM	Muruqa: Green <i>Sunset: 8:25PM</i>	Moon 5 - Phase 8 - 23	
Routine Work	Marana Yoga		Rahu 2:10PM – 4:15PM	Taitila Until 2:31PM	Nataraja: Yellow	4th Phase	
Until 10:55PM				Dashami Until 1:56AM Fri	Moon – Green		
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Birming., UK
			Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 54
Kanya Rasi: 27.21	Tithi 11		Gulika 5:50AM – 7:55AM	Chitra Until 10:05PM	Ganesha: White <i>Sunrise: 3:45AM</i>	Subhakrit 5124	
		364555471	Yama 4:16PM – 6:21PM	Variyan Until 6:03PM	Muruqa: Green <i>Sunset: 8:26PM</i>	Moon 5 - Phase 8 - 24	
Creative Work	Siddha Yoga		Rahu 10:00AM – 12:05PM	Vanija Until 1:12PM	Nataraja: Yellow	4th Phase	
				Ekadashi Until 12:14AM Sat	Moon – Green		
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Birming., UK
			Svati Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Dvadashtyam Titau				Sun 25 Sutra 55
Tula Rasi: 11.19	Tithi 12		Gulika 3:45AM – 5:50AM	Svati Until 8:24PM	Ganesha: White <i>Sunrise: 3:45AM</i>	Subhakrit 5124	
		364555471	Yama 2:11PM – 4:16PM	Parigha* Until 3:13PM	Muruqa: Green <i>Sunset: 8:27PM</i>	Moon 5 - Phase 8 - 25	
Creative Work	Siddha Yoga		Rahu 7:55AM – 10:00AM	Bava Until 11:08AM	Nataraja: Yellow	4th Phase	
				Dvadashti Until 9:51PM	Moon – Green		
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
			Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 56
Tula Rasi: 25.43	Tithi 13		Gulika 4:17PM – 6:22PM	Vishakha Until 6:24PM	Ganesha: Yellow <i>Sunrise: 3:44AM</i>	Subhakrit 5124	
		374555471	Yama 12:06PM – 2:11PM	Shiva Until 11:53AM	Muruqa: Green <i>Sunset: 8:27PM</i>	Moon 5 - Phase 8 - 26	
Routine Work	Marana Yoga		Rahu 6:22PM – 8:27PM	Kaulava Until 8:27AM	Nataraja: Yellow	4th Phase	
				Trayodashi Until 6:53PM	Moon – Orange		
			Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Day	
						<i>Pradosha Vrata</i>	

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Birming., UK
			Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 57
Vrischika Rasi: 10.3	Tithi 14 – 15		Gulika 2:12PM – 4:17PM	Anuradha Until 3:50PM	Ganesha: Yellow <i>Sunrise: 3:44AM</i>	Subhakrit 5124	
Family Home Evening		374555471	Yama 10:01AM – 12:06PM	Siddha Until 8:08AM	Muruqa: Green <i>Sunset: 8:28PM</i>	Moon 5 - Phase 8 - 27	
Creative Work	Siddha Yoga		Rahu 5:50AM – 7:55AM	Visti Until 1:42AM Tue	Nataraja: Yellow	4th Phase	
				Chaturdashi* Until 3:30PM	Moon – Orange		
					Jyeshtha-Vaikasi	Devaloka Day	

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Birming., UK
	Copper Retreat Star		Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 58
Vrischika Rasi: 25.34	Tithi 15 – 16		Gulika 12:06PM – 2:12PM	Jyeshtha* Until 12:52PM	Ganesha: Yellow <i>Sunrise: 3:44AM</i>	Subhakrit 5124	
		374555471	Yama 7:55AM – 10:01AM	Subha Until 11:57PM	Muruqa: Green <i>Sunset: 8:29PM</i>	Moon 5 - Phase 8 - Purnima	
Routine Work	Marana Yoga		Rahu 4:17PM – 6:23PM	Balava Until 9:57PM	Nataraja: Yellow		
Until 12:52PM				Purnima* Until 11:49AM	Moon – Orange		
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi	Devaloka Day	

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Birming., UK
	Silver Retreat Star		Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 59
Dhanus Rasi: 10.46	Tithi 16 – 17		Gulika 10:01AM – 12:06PM	Mula* Until 10:02AM	Ganesha: Blue <i>Sunrise: 3:44AM</i>	Subhakrit 5124	
		384555471	Yama 5:49AM – 7:55AM	Sukla Until 7:44PM	Muruqa: Green <i>Sunset: 8:29PM</i>	Moon 5 - Phase 8 - Prathama	
Routine Work	Marana Yoga		Rahu 12:06PM – 2:12PM	Taitila Until 6:09PM	Nataraja: Yellow		
Until 10:02AM				Prathama* Until 8:02AM	Moon – Light Blue		
Then Creative Work - Amrita Yoga					Jyeshtha-Ani	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Birming., UK

Sun 1

Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.56 Tithi 18

384555471

Gulika 7:55AM – 10:01AM
Yama 3:44AM – 5:49AM
Rahu 2:12PM – 4:18PM

Purvashadha* Until 7:08AM
Brahma Until 3:40PM
Vanija Until 2:30PM
Tritiya Until 12:45AM Fri

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:30PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthayam Titau

Birming., UK

Sun 2

Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 10.56 Tithi 19

394555471

Gulika 5:49AM – 7:55AM
Yama 4:19PM – 6:24PM
Rahu 10:01AM – 12:07PM

Shravana Until 2:13AM Sat
Indra Until 11:51AM
Bava Until 11:07AM
Chaturthi* Until 9:34PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:30PM

Devaloka Day

Routine Work Marana Yoga

Until 2:13AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK

Sun 3

Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 25.37 Tithi 20

394655471

Gulika 3:44AM – 5:49AM
Yama 2:13PM – 4:19PM
Rahu 7:55AM – 10:01AM

Dhanishtha Until 12:29AM Sun
Vaidhriti* Until 8:23AM
Kaulava Until 8:11AM
Panchami Until 6:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:31PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Birming., UK

Sun 4

Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 9.54 Tithi 21 – 22

395655471

Gulika 4:19PM – 6:25PM
Yama 12:07PM – 2:13PM
Rahu 6:25PM – 8:31PM

Shatabhishak Until 11:16PM
Priti Until 3:00AM Mon
Visti Until 4:08AM Mon
Shashthi* Until 4:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:31PM

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthpada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK

Sun 5

Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 23.44 Tithi 22 – 23

315655471

Family Home Evening

Gulika 2:13PM – 4:19PM
Yama 10:02AM – 12:07PM
Rahu 5:50AM – 7:56AM

Purvaprosarthpada* Until 11:05PM
Ayushman Until 1:10AM Tue
Balava Until 3:12AM Tue
Saptami Until 3:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:31PM

Devaloka Day

Routine Work Marana Yoga

Until 11:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

●

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthpada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK

Sun 6

Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 7.08 Tithi 23 – 24

315655471

Gulika 12:08PM – 2:14PM
Yama 7:56AM – 10:02AM
Rahu 4:20PM – 6:26PM

Uttaraprosarthpada Until 11:32PM
Saubhagya Until 11:59PM
Taitila Until 3:03AM Wed
Ashtami* Until 3:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:31PM

Devaloka Day

Creative Work Amrita Yoga

Until 11:32PM

Then Creative Work - Siddha Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Birming., UK

Sun 7

Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 20.07 Tithi 24 – 25

315655471

Gulika 10:02AM – 12:08PM
Yama 5:50AM – 7:56AM
Rahu 12:08PM – 2:14PM

Revati Until 12:32AM Thu
Sobhana Until 11:24PM
Vanija Until 3:38AM Thu
Navami* Until 3:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:44AM
Sunset: 8:32PM

Devaloka Day

Routine Work Marana Yoga

Until 12:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Birming., UK on 5/1/20

www.gurudeva.org/panchang


1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Birming., UK Sun 8 Sutra 67 Subhakrit 5124
Mesha Rasi: 2.45	Tithi 25 – 26	325655471	Gulika 7:56AM – 10:02AM Yama 3:44AM – 5:50AM Rahu 2:14PM – 4:20PM	Ashvini Until 2:31AM Fri Athiganda* Until 11:19PM Bava Until 4:53AM Fri Dashami Until 4:10PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:44AM Sunset: 8:32PM	Moon 6 - Phase 10 - 8 2nd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga								
Until 2:31AM Fri								
Then Creative Work - Siddha Yoga								

2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 9 Sutra 68 Subhakrit 5124
Mesha Rasi: 15.05	Tithi 26 – 27	325655471	Gulika 5:51AM – 7:56AM Yama 4:20PM – 6:26PM Rahu 10:02AM – 12:08PM	Bharani Until 4:52AM Sat Sukarma Until 11:41PM Kaulava Until 6:39AM Sat Ekadashi* Until 5:41PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:45AM Sunset: 8:32PM	Moon 6 - Phase 10 - 9 2nd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga								
Until 4:52AM Sat								
Then Creative Work - Amrita Yoga								

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Birming., UK Sun 10 Sutra 69 Subhakrit 5124
Mesha Rasi: 27.13	Tithi 27	325655471	Gulika 3:45AM – 5:51AM Yama 2:14PM – 4:20PM Rahu 7:57AM – 10:03AM	Krittika Until 7:25AM Sun Dhriti Until 12:23AM Sun Kaulava Until 6:39AM Dvadashi* Until 7:40PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:45AM Sunset: 8:32PM	Moon 6 - Phase 10 - 10 2nd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga								
Until 7:25AM Sun								
Then Creative Work - Siddha Yoga								

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Birming., UK Sun 11 Sutra 70 Subhakrit 5124
Vrishabha Rasi: 9.12	Tithi 28	325655471	Gulika 4:20PM – 6:26PM Yama 12:09PM – 2:14PM Rahu 6:26PM – 8:32PM	Krittika Until 7:25AM Shula* Until 1:17AM Mon Gara Until 8:48AM Trayodashi* Until 9:57PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:45AM Sunset: 8:32PM	Moon 6 - Phase 10 - 11 2nd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Birming., UK Sun 12 Sutra 71 Subhakrit 5124
Vrishabha Rasi: 21.05	Tithi 29	335655471	Gulika 2:15PM – 4:20PM Yama 10:03AM – 12:09PM Rahu 5:52AM – 7:57AM	Rohini Until 10:33AM Ganda* Until 2:18AM Tue Visti Until 11:11AM Chaturdashi* Until 12:25AM Tue	Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 3:46AM Sunset: 8:32PM	Moon 6 - Phase 10 - 12 2nd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga								
Family Home Evening								
Until 1:37PM								
Then Routine Work - Marana Yoga								

		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Birming., UK Sun 13 Sutra 72 Subhakrit 5124
Mithuna Rasi: 2.55	Tithi 30	336655471	Gulika 12:09PM – 2:15PM Yama 7:58AM – 10:03AM Rahu 4:20PM – 6:26PM	Mrigashira Until 1:37PM Vriddhi Until 3:22AM Wed Catuspada Until 1:41PM Amavasya* Until 2:55AM Wed	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 3:46AM Sunset: 8:32PM	Moon 6 - Phase 10 - 13 Amavasya	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga								
Until 1:37PM								
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Birming., UK Sun 14 Sutra 73 Subhakrit 5124
Mithuna Rasi: 14.44	Tithi 1	336655471	Gulika 10:04AM – 12:09PM Yama 5:53AM – 7:58AM Rahu 12:09PM – 2:15PM	Ardra Until 4:30PM Dhruva Until 4:22AM Thu Kintughna Until 4:10PM Prathama* Until 5:22AM Thu	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Ashada-Ani	Sunrise: 3:47AM Sunset: 8:31PM	Moon 6 - Phase 10 - 14 Prathama	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga								

1	Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Balava Karana Dvitiyayam Titau				Birming., UK Sun 15 Sutra 74 Subhakrit 5124
	Mithuna Rasi: 26.34	Tithi 2	Gulika 7:59AM – 10:04AM	Punarvasu Until 7:38PM	Ganesha: Light Blue <i>Sunrise:</i> 3:48AM	Muruqa: Green <i>Sunset:</i> 8:31PM	Moon 6 - Phase 11 - 15 3rd Phase
			Yama 3:48AM – 5:53AM	Vyaghata* Until 5:16AM Fri	Nataraja: Yellow		
	Creative Work	Amrita Yoga	346655471 Rahu 2:15PM – 4:20PM	Balava Until 6:34PM	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

2	Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Birming., UK Sun 16 Sutra 75 Subhakrit 5124
	Kataka Rasi: 8.28	Tithi 2 – 3	Gulika 5:54AM – 7:59AM	Pushya Until 10:26PM	Ganesha: Light Blue <i>Sunrise:</i> 3:48AM	Muruqa: Green <i>Sunset:</i> 8:31PM	Moon 6 - Phase 11 - 16 3rd Phase
			Yama 4:20PM – 6:26PM	Harshana Until 6:02AM Sat	Nataraja: Yellow		
	Routine Work	Marana Yoga	346655471 Rahu 10:04AM – 12:10PM	Taitila Until 8:47PM	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

3	Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Birming., UK Sun 17 Sutra 76 Subhakrit 5124
	Kataka Rasi: 20.26	Tithi 3 – 4	Gulika 3:49AM – 5:54AM	Ashlesha* Until 12:49AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 3:49AM	Muruqa: Green <i>Sunset:</i> 8:31PM	Moon 6 - Phase 11 - 17 3rd Phase
			Yama 2:15PM – 4:20PM	Harshana Until 6:02AM	Nataraja: Yellow		
	Routine Work	Marana Yoga	346655471 Rahu 7:59AM – 10:05AM	Vanija Until 10:45PM	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

4	Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Birming., UK Sun 18 Sutra 77 Subhakrit 5124
	Simha Rasi: 2.32	Tithi 4 – 5	Gulika 4:20PM – 6:25PM	Magha* Until 3:12AM Mon	Ganesha: Orange <i>Sunrise:</i> 3:50AM	Muruqa: Green <i>Sunset:</i> 8:30PM	Moon 6 - Phase 11 - 18 3rd Phase
			Yama 12:10PM – 2:15PM	Vajra* Until 6:34AM	Nataraja: Yellow		
	Routine Work	Marana Yoga	356655471 Rahu 6:25PM – 8:30PM	Bava Until 12:23AM Mon	Moon – Red	Devaloka Day	

5	Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Birming., UK Sun 19 Sutra 78 Subhakrit 5124
	Simha Rasi: 14.46	Tithi 5 – 6	Gulika 2:15PM – 4:20PM	Purvaphalguni Until 4:59AM Tue	Ganesha: Orange <i>Sunrise:</i> 3:51AM	Muruqa: Green <i>Sunset:</i> 8:30PM	Moon 6 - Phase 11 - 19 3rd Phase
	Family Home Evening		Yama 10:05AM – 12:10PM	Siddhi Until 6:50AM	Nataraja: Yellow		
	Creative Work	Siddha Yoga	356655471 Rahu 5:55AM – 8:00AM	Kaulava Until 1:35AM Tue	Moon – Red	Devaloka Day	

6	Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 20 Sutra 79 Subhakrit 5124
	Simha Rasi: 27.11	Tithi 6 – 7	Gulika 12:10PM – 2:15PM	Uttaraphalguni Until 6:04AM Wed	Ganesha: Orange <i>Sunrise:</i> 3:51AM	Muruqa: Green <i>Sunset:</i> 8:29PM	Moon 6 - Phase 11 - 20 3rd Phase
			Yama 8:01AM – 10:06AM	Vyatipata* Until 6:45AM	Nataraja: Yellow		
	Creative Work	Amrita Yoga	356655471 Rahu 4:20PM – 6:24PM	Gara Until 2:15AM Wed	Moon – Red	Devaloka Day	

Retreat Star	Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Birming., UK Sun 21 Sutra 80 Subhakrit 5124
	Kanya Rasi: 9.52	Tithi 7 – 8	Gulika 10:06AM – 12:10PM	Uttaraphalguni Until 6:04AM	Ganesha: Purple <i>Sunrise:</i> 3:52AM	Muruqa: Green <i>Sunset:</i> 8:29PM	Moon 6 - Phase 11 - 21 Ashtami
			Yama 5:57AM – 8:01AM	Variyan Until 6:12AM	Nataraja: Yellow		
	Creative Work	Amrita Yoga	457655471 Rahu 12:10PM – 2:15PM	Visti Until 2:16AM Thu	Moon – Red	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Retreat Star	Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 22 Sutra 81 Subhakrit 5124
	Kanya Rasi: 22.52	Tithi 8 – 9	Gulika 8:02AM – 10:06AM	Hasta Until 6:50AM	Ganesha: Clear <i>Sunrise:</i> 3:53AM	Muruqa: Green <i>Sunset:</i> 8:28PM	Moon 6 - Phase 11 - 22 Navami
			Yama 3:53AM – 5:58AM	Shiva Until 3:31AM Fri	Nataraja: Yellow		
	Routine Work	Marana Yoga	467655471 Rahu 2:15PM – 4:19PM	Balava Until 1:33AM Fri	Moon – Green	Devaloka Day	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Birming., UK Sun 23 Sutra 82 Subhakrit 5124
	Tula Rasi: 6.15	Tithi 9 – 10	Gulika 5:58AM – 8:02AM Yama 4:19PM – 6:23PM Rahu 10:07AM – 12:11PM	Chitra Until 6:43AM Siddha Until 1:16AM Sat Taitila Until 12:07AM Sat Navami* Until 12:55PM	Ganesha: Clear Muruga: Green Nataraja: Yellow Moon – Green	Sunrise: 3:54AM Sunset: 8:27PM Moon 6 - Phase 12 - 23 4th Phase
	Creative Work	Siddha Yoga	467655471		Ashada*Ani	Devaloka Day

2	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Birming., UK Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 20.04	Tithi 10 – 11	Gulika 3:55AM – 5:59AM Yama 2:15PM – 4:19PM Rahu 8:03AM – 10:07AM	Vishakha Until 4:20AM Sun Sadhya Until 10:27PM Vanija Until 9:58PM Dashami Until 11:07AM	Ganesha: White Muruga: Green Nataraja: Yellow Moon – Orange	Sunrise: 3:55AM Sunset: 8:27PM Moon 6 - Phase 12 - 24 4th Phase
	Creative Work	Siddha Yoga	477655471		Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 4:20AM Sun Then Routine Work - Marana Yoga					

3	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 4.19	Tithi 11 – 12	Gulika 4:18PM – 6:22PM Yama 12:11PM – 2:15PM Rahu 6:22PM – 8:26PM	Anuradha Until 2:13AM Mon Subha Until 7:09PM Bava Until 7:13PM Ekadashi Until 8:39AM	Ganesha: White Muruga: Green Nataraja: Yellow Moon – Orange	Sunrise: 3:56AM Sunset: 8:26PM Moon 6 - Phase 12 - 25 4th Phase
	Routine Work	Marana Yoga	477655471		Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 2:13AM Mon Then Creative Work - Siddha Yoga					

4	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 18.59	Tithi 13	Gulika 2:15PM – 4:18PM Yama 10:08AM – 12:11PM Rahu 6:01AM – 8:04AM	Jyeshtha* Until 11:31PM Sukla Until 3:24PM Kaulava Until 3:57PM Trayodashi Until 2:10AM Tue	Ganesha: White Muruga: Green Nataraja: Yellow Moon – Orange	Sunrise: 3:57AM Sunset: 8:25PM Moon 6 - Phase 12 - 26 4th Phase
	Family Home Evening		477655471		Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work	Siddha Yoga				<i>Pradosha Vrata</i>

5	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 3.59	Tithi 14	Gulika 12:11PM – 2:15PM Yama 8:05AM – 10:08AM Rahu 4:18PM – 6:21PM	Mula* Until 8:46PM Brahma Until 11:22AM Gara Until 12:20PM Chaturdashi* Until 10:26PM	Ganesha: White Muruga: Green Nataraja: Yellow Moon – Light Blue	Sunrise: 3:58AM Sunset: 8:24PM Moon 6 - Phase 12 - 27 4th Phase
	Creative Work	Amrita Yoga	488655471		Ashada*Ani	Sivaloka Day
	Until 8:46PM Then Creative Work - Siddha Yoga					

○	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK Sun 28 Sutra 87 Subhakrit 5124	
	Copper Retreat Star	Dhanus Rasi: 19.11	Tithi 15	Gulika 10:08AM – 12:11PM Yama 6:03AM – 8:05AM Rahu 12:11PM – 2:14PM	Purvashadha* Until 5:46PM Indra Until 7:11AM Visti Until 8:32AM Purnima* Until 6:35PM	Ganesha: Yellow Muruga: Green Nataraja: Yellow Moon – Light Blue	Sunrise: 4:00AM Sunset: 8:23PM Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471		Ashada*Ani	Devaloka Day	

○	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Birming., UK Sun 29 Sutra 88 Subhakrit 5124	
	Silver Retreat Star	Makara Rasi: 4.25	Tithi 16 – 17	Gulika 8:06AM – 10:09AM Yama 4:01AM – 6:03AM Rahu 2:14PM – 4:17PM	Uttarashadha Until 2:40PM Vishkambha* Until 10:47PM Taitila Until 12:59AM Fri Prathama* Until 2:47PM	Ganesha: Yellow Muruga: Green Nataraja: Yellow Moon – Light Blue	Sunrise: 4:01AM Sunset: 8:22PM Moon 6 - Phase 12 - Prathama
	Routine Work	Marana Yoga	488755471		Ashada*Ani	Devaloka Day	
	Until 2:40PM Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK
Sun 1
Sutra 89

Makara Rasi: 19.32 Tilthi 17 – 18

498755471

Gulika 6:04AM – 8:07AM
Yama 4:16PM – 6:19PM
Rahu 10:09AM – 12:12PM

Shravana Until 12:04PM

Priti Until 6:54PM

Vanija Until 9:35PM

Dvitiya Until 11:13AM

Ganesha: Blue

Sunrise: 4:02AM

Muruqa: Green

Sunset: 8:21PM

Nataraja: Yellow

Moon – Purple

Ashada•Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 12:04PM

Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Birming., UK
Sun 2
Sutra 90

Kumbha Rasi: 4.23 Tilthi 18 – 19

498755471

Gulika 4:03AM – 6:05AM
Yama 2:14PM – 4:16PM
Rahu 8:07AM – 10:10AM

Dhanishtha Until 9:44AM

Ayushman Until 3:22PM

Bava Until 6:40PM

Tritiya Until 8:02AM

Ganesha: Blue

Sunrise: 4:03AM

Muruqa: Green

Sunset: 8:20PM

Nataraja: Yellow

Moon – Purple

Ashada•Adi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 9:44AM

Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK
Sun 3
Sutra 91

Kumbha Rasi: 18.49 Tilthi 20

498755472

Gulika 4:15PM – 6:17PM
Yama 12:12PM – 2:14PM
Rahu 6:17PM – 8:19PM

Shatabhishak Until 7:50AM

Saubhagya Until 12:22PM

Kaulava Until 4:22PM

Panchami Until 3:29AM Mon

Ganesha: Blue

Sunrise: 4:04AM

Muruqa: Green

Sunset: 8:19PM

Nataraja: White

Moon – Purple

Ashada•Adi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK
Sun 4
Sutra 92

Meena Rasi: 2.47 Tilthi 21

418755472

Gulika 2:13PM – 4:15PM
Yama 10:10AM – 12:12PM
Rahu 6:07AM – 8:09AM

Purvaproshtapada* Until 6:56AM

Sobhana Until 9:58AM

Gara Until 2:50PM

Shashthi* Until 2:22AM Tue

Ganesha: White

Sunrise: 4:06AM

Muruqa: Green

Sunset: 8:18PM

Nataraja: White

Moon – Clear

Ashada•Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Family Home Evening

Routine Work Marana Yoga

Until 6:56AM

Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Birming., UK
Sun 5
Sutra 93

Meena Rasi: 16.16 Tilthi 22

419755472

Gulika 12:12PM – 2:13PM
Yama 8:09AM – 10:11AM
Rahu 4:14PM – 6:16PM

Uttaraproshtapada Until 6:42AM

Athiganda* Until 8:13AM

Visti Until 2:09PM

Saptami Until 2:06AM Wed

Ganesha: Clear

Sunrise: 4:07AM

Muruqa: Green

Sunset: 8:17PM

Nataraja: White

Moon – Clear

Ashada•Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 6:42AM

Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK
Sun 6
Sutra 94

Meena Rasi: 29.17 Tilthi 23

419755472

Gulika 10:11AM – 12:12PM
Yama 6:09AM – 8:10AM
Rahu 12:12PM – 2:13PM

Revati Until 7:10AM

Sukarma Until 7:11AM

Balava Until 2:19PM

Ashtami* Until 2:42AM Thu

Ganesha: Clear

Sunrise: 4:08AM

Muruqa: Green

Sunset: 8:16PM

Nataraja: White

Moon – Clear

Ashada•Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK
Sun 7
Sutra 95

Mesha Rasi: 11.53 Tilthi 24

429755472

Gulika 8:11AM – 10:11AM
Yama 4:10AM – 6:10AM
Rahu 2:13PM – 4:13PM

Ashvini Until 8:46AM

Dhriti Until 6:49AM

Taitila Until 3:19PM

Navami* Until 4:03AM Fri

Ganesha: Purple

Sunrise: 4:10AM

Muruqa: Green

Sunset: 8:14PM

Nataraja: White

Moon – White

Ashada•Adi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 8:46AM

Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda Yoga Vanija/Visti Karana Dashamyam Titau				Birming., UK Sun 8
	Mesha Rasi: 24.1	Tithi 25	Gulika 6:11AM – 8:12AM Yama 4:13PM – 6:13PM 429755472 Rahu 10:12AM – 12:12PM	Bharani Until 10:54AM Shula* Until 6:59AM Vanija Until 4:59PM Dashami Until 5:59AM Sat	Ganesha: Purple Muruqa: Green Nataraja: White Moon – White Ashada-Adi	Sunrise: 4:11AM Sunset: 8:13PM	Subhakra 5124 Moon 7 - Phase 14 - 8 2nd Phase
	Creative Work	Siddha Yoga	Devaloka Day				


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhi Yoga Bava Karana Ekadashyam Titau				Birming., UK Sun 9
	Vrishabha Rasi: 6.13	Tithi 26	Gulika 4:13AM – 6:12AM Yama 2:12PM – 4:12PM 429755472 Rahu 8:12AM – 10:12AM	Krittika Until 1:24PM Ganda* Until 7:37AM Bava Until 7:08PM Ekadashi* Until 8:18AM Sun	Ganesha: Purple Muruqa: Green Nataraja: White Moon – White Ashada-Adi	Sunrise: 4:13AM Sunset: 8:12PM	Subhakra 5124 Moon 7 - Phase 14 - 9 2nd Phase
	Creative Work	Amrita Yoga	Devaloka Day				


3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 10
	Vrishabha Rasi: 18.08	Tithi 26 – 27	Gulika 4:11PM – 6:11PM Yama 12:12PM – 2:12PM 439755472 Rahu 6:11PM – 8:10PM	Rohini Until 4:32PM Vridhi Until 8:32AM Kaulava Until 9:34PM Ekadashi* Until 8:18AM	Ganesha: Clear Muruqa: Green Nataraja: White Moon – Yellow Ashada-Adi	Sunrise: 4:14AM Sunset: 8:10PM	Subhakra 5124 Moon 7 - Phase 14 - 10 2nd Phase
	Creative Work	Siddha Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 11
	Vrishabha Rasi: 29.57	Tithi 27 – 28	Gulika 2:11PM – 4:10PM Yama 10:13AM – 12:12PM 439755472 Rahu 6:15AM – 8:14AM	Mrigashira Until 7:37PM Dhruva Until 9:34AM Gara Until 12:06AM Tue Dvadashi* Until 10:49AM	Ganesha: Clear Muruqa: Green Nataraja: White Moon – Yellow Ashada-Adi	Sunrise: 4:15AM Sunset: 8:09PM	Subhakra 5124 Moon 7 - Phase 14 - 11 2nd Phase
	Family Home Evening Creative Work Until 7:37PM Then Creative Work - Siddha Yoga	Amrita Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM <i>Pradosha Vrata (Fasting)</i>				

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Visti Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 12
	Mithuna Rasi: 11.46	Tithi 28 – 29	Gulika 12:12PM – 2:11PM Yama 8:14AM – 10:13AM 439755472 Rahu 4:10PM – 6:09PM	Ardra Until 10:30PM Vyaghata* Until 10:38AM Visti Until 2:34AM Wed Trayodashi* Until 1:20PM	Ganesha: Clear Muruqa: Green Nataraja: White Moon – Yellow Ashada-Adi	Sunrise: 4:17AM Sunset: 8:07PM	Subhakra 5124 Moon 7 - Phase 14 - 12 2nd Phase
	Routine Work Until 10:30PM Then Creative Work - Siddha Yoga	Marana Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Birming., UK Sun 13
	Mithuna Rasi: 23.37	Tithi 29 – 30	Gulika 10:14AM – 12:12PM Yama 6:17AM – 8:15AM 441755472 Rahu 12:12PM – 2:11PM	Punarvasu Until 1:35AM Thu Harshana Until 11:37AM Catuspada Until 4:52AM Thu Chaturdashi* Until 3:44PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Ashada-Adi	Sunrise: 4:18AM Sunset: 8:06PM	Subhakra 5124 Moon 7 - Phase 14 - 13 2nd Phase
	Creative Work Until 1:35AM Thu Then Creative Work - Amrita Yoga	Siddha Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau				Birming., UK Sun 14
	Retreat Star		Gulika 8:16AM – 10:14AM Yama 4:20AM – 6:18AM 441755472 Rahu 2:10PM – 4:08PM	Pushya Until 4:16AM Fri Vajra* Until 12:26PM Kintughna Until 6:57AM Fri Amavasya* Until 5:55PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Ashada-Adi	Sunrise: 4:20AM Sunset: 8:04PM	Subhakra 5124 Moon 7 - Phase 14 - 14 Amavasya
	Creative Work Until 4:16AM Fri Then Routine Work - Marana Yoga	Amrita Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalipata Yoga Kintughna/Bava Karana Prathamayam Titau				Birming., UK Sun 15
	Retreat Star		Gulika 6:19AM – 8:17AM Yama 4:07PM – 6:05PM 441755472 Rahu 10:14AM – 12:12PM	Ashlesha* Until 6:31AM Sat Siddhi Until 1:04PM Kintughna Until 6:57AM Prathama* Until 7:51PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Sravana-Adi	Sunrise: 4:21AM Sunset: 8:03PM	Subhakra 5124 Moon 7 - Phase 14 - 15 Prathama
	Routine Work Until 6:31AM Sat Then Creative Work - Amrita Yoga	Marana Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Birming., UK Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 29.38	Tithi 2	Gulika 4:23AM – 6:20AM	Ashlesha* Until 6:31AM	Ganesha: Yellow	Sunrise: 4:23AM			
		Yama 2:09PM – 4:07PM	Vyatipata* Until 1:30PM	Muruqa: Green	Sunset: 8:01PM	Moon 7 - Phase 15 - 16		
		441755472 Rahu 8:17AM – 10:15AM	Balava Until 8:44AM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Dvitiya Until 9:29PM	Moon – Blue			Bhuloka Day	
Until 6:31AM				Sravana*Adi			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga								

2		Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Birming., UK Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 11.53	Tithi 3	Gulika 4:06PM – 6:03PM	Magha* Until 8:48AM	Ganesha: Red	Sunrise: 4:24AM			
		Yama 12:12PM – 2:09PM	Varyan Until 1:39PM	Muruqa: Green	Sunset: 8:00PM	Moon 7 - Phase 15 - 17		
		451755472 Rahu 6:03PM – 8:00PM	Taitila Until 10:12AM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Tritiya Until 10:47PM	Moon – Red			Bhuloka Day	
Until 8:48AM				Sravana*Adi			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga								

3		Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Birming., UK Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 24.16	Tithi 4	Gulika 2:08PM – 4:05PM	Purvaphalguni Until 10:35AM	Ganesha: Red	Sunrise: 4:26AM			
Family Home Evening		Yama 10:15AM – 12:12PM	Parigha* Until 1:32PM	Muruqa: Green	Sunset: 7:58PM	Moon 7 - Phase 15 - 18		
		451755472 Rahu 6:22AM – 8:19AM	Vanija Until 11:19AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 11:43PM	Moon – Red			Bhuloka Day	
				Sravana*Adi			Devaloka Time: 9:AM to12:PM	

4		Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Birming., UK Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 6.5	Tithi 5	Gulika 12:12PM – 2:08PM	Uttaraphalguni Until 11:48AM	Ganesha: Red	Sunrise: 4:27AM			
		Yama 8:20AM – 10:16AM	Shiva Until 1:06PM	Muruqa: Green	Sunset: 7:56PM	Moon 7 - Phase 15 - 19		
		451755472 Rahu 4:04PM – 6:00PM	Bava Until 12:02PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga		Panchami Until 12:12AM Wed	Moon – Red			Bhuloka Day	
Until 11:48AM				Sravana*Adi			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga								

5		Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Birming., UK Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 19.37	Tithi 6	Gulika 10:16AM – 12:12PM	Hasta Until 12:53PM	Ganesha: Blue	Sunrise: 4:29AM			
		Yama 6:25AM – 8:20AM	Siddha Until 12:17PM	Muruqa: Green	Sunset: 7:54PM	Moon 7 - Phase 15 - 20		
		461755472 Rahu 12:12PM – 2:07PM	Kaulava Until 12:17PM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Shashthi* Until 12:11AM Thu	Moon – Green			Devaloka Day	
Until 12:53PM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

6		Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Birming., UK Sun 21 Sutra 109 Subhakrit 5124
Tula Rasi: 2.38	Tithi 7	Gulika 8:21AM – 10:16AM	Chitra Until 1:17PM	Ganesha: Blue	Sunrise: 4:31AM			
		Yama 4:31AM – 6:26AM	Sadhya Until 11:03AM	Muruqa: Green	Sunset: 7:53PM	Moon 7 - Phase 15 - 21		
		461755472 Rahu 2:07PM – 4:02PM	Gara Until 12:00PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Saptami Until 11:37PM	Moon – Green			Devaloka Day	
Until 1:17PM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

Friday, August 5, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Birming., UK Sun 22 Sutra 110 Subhakrit 5124
Tula Rasi: 15.58	Tithi 8	Gulika 6:27AM – 8:22AM	Svati Until 12:58PM	Ganesha: Blue	Sunrise: 4:32AM			
		Yama 4:01PM – 5:56PM	Subha Until 9:22AM	Muruqa: White	Sunset: 7:51PM	Moon 7 - Phase 15 - 22		
		461765472 Rahu 10:17AM – 12:12PM	Visti Until 11:07AM	Nataraja: White		Ashtami		
Creative Work	Siddha Yoga		Ashtami* Until 10:26PM	Moon – Green			Devaloka Day	
				Sravana*Adi				

Saturday, August 6, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Birming., UK Sun 23 Sutra 111 Subhakrit 5124
Tula Rasi: 29.4	Tithi 9	Gulika 4:34AM – 6:28AM	Vishakha Until 12:19PM	Ganesha: White	Sunrise: 4:34AM			
		Yama 2:06PM – 4:00PM	Sukla Until 7:09AM	Muruqa: White	Sunset: 7:49PM	Moon 7 - Phase 15 - 23		
		472765472 Rahu 8:23AM – 10:17AM	Balava Until 9:38AM	Nataraja: White		Navami		
Creative Work	Siddha Yoga		Navami* Until 8:38PM	Moon – Orange			Bhuloka Day	
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
Vrischika Rasi: 13.43 Tithi 10		Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 112
472865472		Gulika 3:59PM – 5:53PM	Anuradha Until 10:56AM	Ganesha: Yellow <i>Sunrise:</i> 4:35AM	Subhakrit 5124	
Routine Work Marana Yoga		Yama 12:11PM – 2:05PM	Indra Until 1:20AM Mon	Muruqa: White <i>Sunset:</i> 7:47PM	Moon 7 - Phase 16 - 24	
		Rahu 5:53PM – 7:47PM	Taitila Until 7:32AM	Nataraja: White	4th Phase	
			Dashami Until 6:16PM	Moon – Orange	Bhuloka Day	
				Sravana*Adi	Devaloka Time: 9:AM to12:PM	

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Birming., UK
Vrischika Rasi: 28.09 Tithi 11 – 12		Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 113
472865472		Gulika 2:05PM – 3:58PM	Jyeshtha* Until 8:53AM	Ganesha: Yellow <i>Sunrise:</i> 4:37AM	Subhakrit 5124	
Family Home Evening		Yama 10:18AM – 12:11PM	Vaidhriti* Until 9:48PM	Muruqa: White <i>Sunset:</i> 7:45PM	Moon 7 - Phase 16 - 25	
Creative Work Siddha Yoga		Rahu 6:31AM – 8:24AM	Bava Until 1:51AM Tue	Nataraja: White	4th Phase	
			Ekadashi Until 3:25PM	Moon – Orange	Bhuloka Day	
				Sravana*Adi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Birming., UK
Dhanus Rasi: 12.53 Tithi 12 – 13		Mula*/Purvashadha* Nakshatra Vishkamba*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 114
482865472		Gulika 12:11PM – 2:04PM	Mula* Until 6:41AM	Ganesha: White <i>Sunrise:</i> 4:39AM	Subhakrit 5124	
Creative Work Amrita Yoga		Yama 8:25AM – 10:18AM	Vishkamba* Until 5:59PM	Muruqa: White <i>Sunset:</i> 7:43PM	Moon 7 - Phase 16 - 26	
Until 6:41AM		Rahu 3:57PM – 5:50PM	Kaulava Until 10:28PM	Nataraja: White	4th Phase	
Then Creative Work - Siddha Yoga			Dvadashi Until 12:10PM	Moon – Light Blue	Devaloka Day	
				Sravana*Adi		
			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
Dhanus Rasi: 27.52 Tithi 13 – 14		Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 115
482865472		Gulika 10:18AM – 12:11PM	Uttarashadha Until 1:11AM Thu	Ganesha: White <i>Sunrise:</i> 4:40AM	Subhakrit 5124	
Creative Work Amrita Yoga		Yama 6:33AM – 8:26AM	Priti Until 2:01PM	Muruqa: White <i>Sunset:</i> 7:42PM	Moon 7 - Phase 16 - 27	
Until 1:11AM Thu		Rahu 12:11PM – 2:04PM	Gara Until 6:55PM	Nataraja: White	4th Phase	
Then Creative Work - Siddha Yoga			Trayodashi Until 8:41AM	Moon – Light Blue	Devaloka Day	
				Sravana*Adi		

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
Copper Retreat Star		Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 116
Makara Rasi: 12.56 Tithi 15						Subhakrit 5124
492865472		Gulika 8:26AM – 10:19AM	Shravana Until 10:36PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM	Moon 7 - Phase 16 -	
Creative Work Siddha Yoga		Yama 4:42AM – 6:34AM	Ayushman Until 9:59AM	Muruqa: White <i>Sunset:</i> 7:40PM	Purnima	
		Rahu 2:03PM – 3:55PM	Visti Until 3:20PM	Nataraja: White		
		Raksha Bandhan	Purnima* Until 1:35AM Fri	Moon – Purple	Bhuloka Day	
				Sravana*Adi	Devaloka Time: 9:AM to12:PM	

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Birming., UK
Silver Retreat Star		Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 117
Makara Rasi: 27.56 Tithi 16						Subhakrit 5124
492865472		Gulika 6:35AM – 8:27AM	Dhanishtha Until 8:06PM	Ganesha: Clear <i>Sunrise:</i> 4:44AM	Moon 7 - Phase 16 -	
Creative Work Siddha Yoga		Yama 3:54PM – 5:46PM	Saubhagya Until 6:02AM	Muruqa: White <i>Sunset:</i> 7:38PM	Prathama	
		Rahu 10:19AM – 12:11PM	Balava Until 11:55AM	Nataraja: White		
			Prathama* Until 10:18PM	Moon – Purple	Bhuloka Day	
				Sravana*Adi	Devaloka Time: 9:AM to12:PM	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Birming., UK
Sun 1
Sutra 118

Kumbha Rasi: 12.43 Tithi 17

492865472

Gulika 4:45AM – 6:36AM
Yama 2:02PM – 3:53PM
Rahu 8:28AM – 10:19AM

Shatabhishak Until 5:51PM
Athiganda* Until 10:59PM
Taitila Until 8:50AM
Dvitiya Until 7:26PM

Ganesha: Clear
Muruqa: White
Nataraja: White
Moon – Purple
Sravana*Adi

Sunrise: 4:45AM
Sunset: 7:36PM

Moon 8 - Phase 17 - 1
1st Phase

Creative Work Amrita Yoga
Until 5:51PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Birming., UK
Sun 2
Sutra 119

Kumbha Rasi: 27.1 Tithi 18 – 19

412865472

Gulika 3:52PM – 5:43PM
Yama 12:10PM – 2:01PM
Rahu 5:43PM – 7:34PM

Purvaproshtapada* Until 4:27PM
Sukarma Until 8:08PM
Vanija Until 6:13AM
Tritiya Until 5:08PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sravana*Adi

Sunrise: 4:47AM
Sunset: 7:34PM

Moon 8 - Phase 17 - 2
1st Phase

Creative Work Siddha Yoga
Until 4:27PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK
Sun 3
Sutra 120

Meena Rasi: 11.1 Tithi 19 – 20

412865472

Gulika 2:00PM – 3:51PM
Yama 10:20AM – 12:10PM
Rahu 6:39AM – 8:29AM

Uttaraproshtapada Until 3:37PM
Dhriti Until 5:53PM
Kaulava Until 3:05AM Tue
Chaturthi* Until 3:33PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sravana*Adi

Sunrise: 4:48AM
Sunset: 7:32PM

Moon 8 - Phase 17 - 3
1st Phase

Creative Work Siddha Yoga
Until 4:27PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK
Sun 4
Sutra 121

Meena Rasi: 24.43 Tithi 20 – 21

412865472

Gulika 12:10PM – 2:00PM
Yama 8:30AM – 10:20AM
Rahu 3:50PM – 5:40PM

Revati Until 3:27PM
Shula* Until 4:18PM
Gara Until 2:46AM Wed
Panchami Until 2:48PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sravana*Adi

Sunrise: 4:50AM
Sunset: 7:30PM

Moon 8 - Phase 17 - 4
1st Phase

Creative Work Siddha Yoga
Until 4:27PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Birming., UK
Sun 5
Sutra 122

Mesha Rasi: 7.46 Tithi 21 – 22

522865472

Gulika 10:20AM – 12:10PM
Yama 6:41AM – 8:31AM
Rahu 12:10PM – 1:59PM

Ashvini Until 4:27PM
Ganda* Until 3:25PM
Visti Until 3:19AM Thu
Shashthi* Until 2:55PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – White
Sravana*Avani

Sunrise: 4:52AM
Sunset: 7:28PM

Moon 8 - Phase 17 - 5
1st Phase

Routine Work Marana Yoga
Until 4:27PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK
Sun 6
Sutra 123

Mesha Rasi: 20.25 Tithi 22 – 23

522865472

Gulika 8:31AM – 10:20AM
Yama 4:53AM – 6:42AM
Rahu 1:58PM – 3:47PM

Bharani Until 6:06PM
Vridhhi Until 3:12PM
Balava Until 4:40AM Fri
Saptami Until 3:53PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – White
Sravana*Avani

Sunrise: 4:53AM
Sunset: 7:25PM

Moon 8 - Phase 17 - 6
1st Phase

Creative Work Siddha Yoga
Until 6:06PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK
Sun 7
Sutra 124

Vrishabha Rasi: 2.43 Tithi 23 – 24

523865472

Gulika 6:44AM – 8:32AM
Yama 3:46PM – 5:35PM
Rahu 10:21AM – 12:09PM

Krittika Until 8:16PM
Dhruva Until 3:30PM
Taitila Until 6:37AM Sat
Ashtami* Until 5:33PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – White
Sravana*Avani

Sunrise: 4:55AM
Sunset: 7:23PM

Moon 8 - Phase 17 - 7
Ashtami

Creative Work Siddha Yoga
Until 8:16PM
Then Routine Work - Marana Yoga

Bhuloka Day

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK
Sun 8
Sutra 125

Vrishabha Rasi: 14.46 Tithi 24

533865472

Gulika 4:57AM – 6:45AM
Yama 1:57PM – 3:45PM
Rahu 8:33AM – 10:21AM

Rohini Until 11:13PM
Vyaghata* Until 4:13PM
Taitila Until 6:37AM
Navami* Until 7:44PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Yellow
Sravana*Avani

Sunrise: 4:57AM
Sunset: 7:21PM

Moon 8 - Phase 17 - 8
Navami

Creative Work Amrita Yoga
Until 11:13PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1		Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Birming., UK Sun 9
533865472	Gulika 3:44PM – 5:31PM Yama 12:09PM – 1:56PM Rahu 5:31PM – 7:19PM	Mrigashira Until 2:14AM Mon Harshana Until 5:11PM Vanija Until 8:57AM Dashami Until 10:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 4:58AM Sunset: 7:19PM	Moon 8 - Phase 18 - 9 2nd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Subhakrit 5124	
Vrishabha Rasi: 26.41 Tithi 25 Creative Work Siddha Yoga								

2		Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Birming., UK Sun 10
533865472	Gulika 1:56PM – 3:43PM Yama 10:21AM – 12:08PM Rahu 6:47AM – 8:34AM	Ardra Until 5:05AM Tue Vajra* Until 6:11PM Bava Until 11:27AM Ekadashi* Until 12:40AM Tue	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:00AM Sunset: 7:17PM	Moon 8 - Phase 18 - 10 2nd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Subhakrit 5124	
Mithuna Rasi: 8.31 Tithi 26 Family Home Evening Creative Work Siddha Yoga								

3		Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Kaulava/Tailita Karana Dvadashyam Titau				Birming., UK Sun 11
543865472	Gulika 12:08PM – 1:55PM Yama 8:35AM – 10:22AM Rahu 3:41PM – 5:28PM	Punarvasu Until 8:08AM Wed Siddhi Until 7:07PM Kaulava Until 1:54PM Dvadashi* Until 3:02AM Wed	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:02AM Sunset: 7:17PM	Moon 8 - Phase 18 - 11 2nd Phase	Bhuloka Day	Subhakrit 5124	
Mithuna Rasi: 20.21 Tithi 27 Creative Work Siddha Yoga								

4		Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Birming., UK Sun 12
543865472	Gulika 10:22AM – 12:08PM Yama 6:49AM – 8:36AM Rahu 12:08PM – 1:54PM	Punarvasu Until 8:08AM Vyatipata* Until 7:54PM Gara Until 4:08PM Trayodashi* Until 5:08AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:03AM Sunset: 7:13PM	Moon 8 - Phase 18 - 12 2nd Phase	Bhuloka Day	Subhakrit 5124	
Kataka Rasi: 2.16 Tithi 28 Creative Work Siddha Yoga								

5		Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau				Birming., UK Sun 13
543865472	Gulika 8:36AM – 10:22AM Yama 5:05AM – 6:51AM Rahu 1:53PM – 3:39PM	Pushya Until 10:45AM Variyan Until 8:24PM Visti Until 6:04PM Chaturdashi* Until 6:53AM Fri	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:05AM Sunset: 7:10PM	Moon 8 - Phase 18 - 13 2nd Phase	Bhuloka Day	Subhakrit 5124	
Kataka Rasi: 14.16 Tithi 29 Creative Work Amrita Yoga Until 10:45AM Then Creative Work - Siddha Yoga								

Retreat Star		Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Birming., UK Sun 14
543865472	Gulika 6:52AM – 8:37AM Yama 3:38PM – 5:23PM Rahu 10:22AM – 12:07PM	Ashlesha* Until 12:51PM Parigha* Until 8:38PM Catuspada Until 7:38PM Chaturdashi* Until 6:53AM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:07AM Sunset: 7:08PM	Moon 8 - Phase 18 - 14 Amavasya	Bhuloka Day	Subhakrit 5124	
Kataka Rasi: 26.25 Tithi 29 – 30 Routine Work Marana Yoga								

Retreat Star		Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Birming., UK Sun 15
543865472	Gulika 5:08AM – 6:53AM Yama 1:52PM – 3:37PM Rahu 8:38AM – 10:22AM	Magha* Until 2:54PM Shiva Until 8:35PM Kintughna Until 8:49PM Amavasya* Until 8:15AM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Red Bhadrapada-Avani	Sunrise: 5:08AM Sunset: 7:06PM	Moon 8 - Phase 18 - 15 Prathama	Bhuloka Day	Subhakrit 5124	
Simha Rasi: 8.43 Tithi 30 – 1 Creative Work Amrita Yoga Until 2:54PM Then Creative Work - Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

www.gurudeva.org/panchang

1		Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Birming., UK Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 21.11	Tithi 1 – 2	Gulika 3:35PM – 5:19PM	Purvaphalguni Until 4:24PM	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	Moon 8 - Phase 19 - 16	3rd Phase
	553865473	Yama 12:07PM – 1:51PM	Siddha Until 8:11PM	Muruqa: White	<i>Sunset:</i> 7:04PM		
		Rahu 5:19PM – 7:04PM	Balava Until 9:36PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 9:14AM	Moon – Red		Bhuloka Day	
Until 4:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

2		Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Birming., UK Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 3.51	Tithi 2 – 3	Gulika 1:50PM – 3:34PM	Uttaraphalguni Until 5:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:12AM	Moon 8 - Phase 19 - 17	3rd Phase
Family Home Evening	553865473	Yama 10:23AM – 12:07PM	Sadhya Until 7:30PM	Muruqa: White	<i>Sunset:</i> 7:07PM		
		Rahu 6:55AM – 8:39AM	Taitila Until 9:59PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvitiya Until 9:49AM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3		Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Birming., UK Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 16.41	Tithi 3 – 4	Gulika 12:06PM – 1:49PM	Hasta Until 6:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Moon 8 - Phase 19 - 18	3rd Phase
	563865473	Yama 8:40AM – 10:23AM	Subha Until 6:32PM	Muruqa: White	<i>Sunset:</i> 6:59PM		
		Rahu 3:33PM – 5:16PM	Vanija Until 10:00PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 10:01AM	Moon – Green		Bhuloka Day	
		Ganesha Chaturthi		Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4		Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Birming., UK Sun 19 Sutra 136 Subhakrit 5124	
Kanya Rasi: 29.43	Tithi 4 – 5	Gulika 10:23AM – 12:06PM	Chitra Until 6:39PM	Ganesha: Red	<i>Sunrise:</i> 5:15AM	Moon 8 - Phase 19 - 19	3rd Phase
	563965473	Yama 6:58AM – 8:40AM	Sukla Until 5:14PM	Muruqa: White	<i>Sunset:</i> 6:57PM		
		Rahu 12:06PM – 1:49PM	Bava Until 9:38PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturthi* Until 9:51AM	Moon – Green		Devaloka Day	
				Bhadrapada*Avani			

5		Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Birming., UK Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 12.56	Tithi 5 – 6	Gulika 8:41AM – 10:23AM	Svati Until 6:30PM	Ganesha: Red	<i>Sunrise:</i> 5:17AM	Moon 8 - Phase 19 - 20	3rd Phase
	563965473	Yama 5:17AM – 6:59AM	Brahma Until 3:38PM	Muruqa: White	<i>Sunset:</i> 6:52PM		
		Rahu 1:48PM – 3:30PM	Kaulava Until 8:52PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Panchami Until 9:17AM	Moon – Green		Devaloka Day	
Until 6:30PM				Bhadrapada*Avani			
Then Creative Work - Siddha Yoga							

6		Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Birming., UK Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 26.23	Tithi 6 – 7	Gulika 7:00AM – 8:42AM	Vishakha Until 6:14PM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM	Moon 8 - Phase 19 - 21	3rd Phase
	573965473	Yama 3:29PM – 5:11PM	Indra Until 1:43PM	Muruqa: White	<i>Sunset:</i> 6:52PM		
		Rahu 10:23AM – 12:05PM	Gara Until 7:41PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Shashthi* Until 8:18AM	Moon – Orange		Sivaloka Day	
				Bhadrapada*Avani			

Retreat Star		Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Birming., UK Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 10.04	Tithi 7 – 8	Gulika 5:20AM – 7:01AM	Anuradha Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Moon 8 - Phase 19 - 22	Ashtami
	574965473	Yama 1:46PM – 3:27PM	Vaidhriti* Until 11:26AM	Muruqa: White	<i>Sunset:</i> 6:50PM		
		Rahu 8:42AM – 10:24AM	Visti Until 6:05PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 6:55AM	Moon – Orange		Devaloka Day	
				Bhadrapada*Avani			

Retreat Star		Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 24.01	Tithi 9	Gulika 3:26PM – 5:07PM	Jyeshtha* Until 4:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Moon 8 - Phase 19 - 23	Navami
	574965473	Yama 12:05PM – 1:45PM	Vishkambha* Until 8:49AM	Muruqa: White	<i>Sunset:</i> 6:48PM		
		Rahu 5:07PM – 6:48PM	Balava Until 4:05PM	Nataraja: Clear			
Routine Work	Marana Yoga		Navami* Until 2:55AM Mon	Moon – Orange		Devaloka Day	
Until 4:01PM				Bhadrapada*Avani			
Then Creative Work - Amrita Yoga							


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Birming., UK Sun 24 Sutra 141 Subhakrit 5124
Dhanus Rasi: 8.13	Tithi 10	Gulika	1:45PM – 3:25PM	Mula* Until 2:32PM	Ganesha: White	<i>Sunrise:</i> 5:23AM
Family Home Evening	584965473	Yama	10:24AM – 12:04PM	Ayushman Until 2:42AM Tue	Muruqa: White	<i>Sunset:</i> 6:45PM
Creative Work	Siddha Yoga	Rahu	7:03AM – 8:44AM	Taitila Until 1:42PM	Nataraja: Clear	Moon 8 - Phase 20 - 24 4th Phase
Until 2:32PM				Dashami Until 12:22AM Tue	Moon – Light Blue	Bhuloka Day
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Birming., UK Sun 25 Sutra 142 Subhakrit 5124
Dhanus Rasi: 22.39	Tithi 11	Gulika	12:04PM – 1:44PM	Purvashadha* Until 12:36PM	Ganesha: White	<i>Sunrise:</i> 5:25AM
	584965473	Yama	8:44AM – 10:24AM	Saubhagya Until 11:16PM	Muruqa: White	<i>Sunset:</i> 6:43PM
Creative Work	Siddha Yoga	Rahu	3:24PM – 5:03PM	Vanija Until 11:00AM	Nataraja: Clear	Moon 8 - Phase 20 - 25 4th Phase
Until 12:36PM				Ekadashi Until 9:33PM	Moon – Light Blue	Bhuloka Day
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Birming., UK Sun 26 Sutra 143 Subhakrit 5124
Makara Rasi: 7.15	Tithi 12	Gulika	10:24AM – 12:04PM	Uttarashadha Until 10:20AM	Ganesha: White	<i>Sunrise:</i> 5:26AM
	584965473	Yama	7:06AM – 8:45AM	Sobhana Until 7:44PM	Muruqa: White	<i>Sunset:</i> 6:41PM
Creative Work	Amrita Yoga	Rahu	12:04PM – 1:43PM	Bava Until 8:05AM	Nataraja: Clear	Moon 8 - Phase 20 - 26 4th Phase
Until 10:20AM				Dvadashi Until 6:34PM	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Birming., UK Sun 27 Sutra 144 Subhakrit 5124
Makara Rasi: 21.57	Tithi 13 – 14	Gulika	8:46AM – 10:24AM	Shravana Until 8:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM
	594965473	Yama	5:28AM – 7:07AM	Athiganda* Until 4:09PM	Muruqa: White	<i>Sunset:</i> 6:38PM
Creative Work	Siddha Yoga	Rahu	1:42PM – 3:21PM	Gara Until 2:05AM Fri	Nataraja: Clear	Moon 8 - Phase 20 - 27 4th Phase
				Chidambaram Abhishekam	Moon – Purple	Devaloka Day
				Trayodashi Until 3:33PM	Bhadrapada*Avani	
				<i>Pradosha Vrata</i>		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Birming., UK Sun 28 Sutra 145 Subhakrit 5124
Kumbha Rasi: 6.37	Tithi 14 – 15	Gulika	7:08AM – 8:46AM	Dhanishtha Until 6:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM
	594965473	Yama	3:20PM – 4:58PM	Sukarma Until 12:40PM	Muruqa: White	<i>Sunset:</i> 6:36PM
Creative Work	Siddha Yoga	Rahu	10:25AM – 12:03PM	Visti Until 11:17PM	Nataraja: Clear	Moon 8 - Phase 20 - Purnima
				Chaturdashi* Until 12:38PM	Moon – Purple	Devaloka Day
					Bhadrapada*Avani	

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Birming., UK Sun 29 Sutra 146 Subhakrit 5124
Kumbha Rasi: 21.07	Tithi 15 – 16	Gulika	5:31AM – 7:09AM	Purvaproshtapada* Until 2:31AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:31AM
	514965473	Yama	1:40PM – 3:18PM	Dhriti Until 9:25AM	Muruqa: White	<i>Sunset:</i> 6:34PM
Routine Work	Marana Yoga	Rahu	8:47AM – 10:25AM	Balava Until 8:49PM	Nataraja: Clear	Moon 8 - Phase 20 - Prathama
Until 2:31AM Sun				Purnima* Until 9:59AM	Moon – Clear	Devaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada*Avani	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK
Sutra 147

Meena Rasi: 5.22 Tithi 16 – 17

514965473

Gulika 3:17PM – 4:54PM
Yama 12:02PM – 1:40PM
Rahu 4:54PM – 6:31PM

Uttaraproshtapada Until 1:27AM Mon
Shula* Until 6:28AM
Taitila Until 6:51PM
Prathama* Until 7:45AM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:31PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Until 1:27AM Mon

Then Creative Work - Siddha Yoga

Grandparent's Day

Devaloka Day

Bhadrapada*Avani

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Birming., UK
Sun 1 Sutra 148

Meena Rasi: 19.15 Tithi 17 – 18

514965473

Gulika 1:39PM – 3:15PM
Yama 10:25AM – 12:02PM
Rahu 7:11AM – 8:48AM

Revati Until 12:55AM Tue
Vriddhi Until 2:04AM Tue
Visli Until 5:06AM Tue
Dvitiya Until 6:05AM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada*Avani

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Birming., UK
Sun 2 Sutra 149

Mesha Rasi: 2.44 Tithi 19

524965473

Gulika 12:02PM – 1:38PM
Yama 8:49AM – 10:25AM
Rahu 3:14PM – 4:50PM

Ashvini Until 1:25AM Wed
Dhruva Until 12:44AM Wed
Bava Until 4:56PM
Chaturthi* Until 4:55AM Wed

Ganesha: White *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada*Avani

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK
Sun 3 Sutra 150

Mesha Rasi: 15.47 Tithi 20

524965473

Gulika 10:25AM – 12:01PM
Yama 7:14AM – 8:50AM
Rahu 12:01PM – 1:37PM

Bharani Until 2:34AM Thu
Vyaghata* Until 12:03AM Thu
Kaulava Until 5:09PM
Panchami Until 5:32AM Thu

Ganesha: White *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 6:24PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Until 2:34AM Thu

Then Routine Work - Marana Yoga

Bhuloka Day

Bhadrapada*Avani

Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara Karana Shashthyam Titau

Birming., UK
Sun 4 Sutra 151

Mesha Rasi: 28.26 Tithi 21

525965473

Gulika 8:50AM – 10:25AM
Yama 5:40AM – 7:15AM
Rahu 1:36PM – 3:11PM

Krittika Until 4:17AM Fri
Harshana Until 11:59PM
Gara Until 6:08PM
Shashthi* Until 6:53AM Fri

Ganesha: Clear *Sunrise:* 5:40AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada*Avani

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Birming., UK
Sun 5 Sutra 152

Vrishabha Rasi: 10.47 Tithi 21 – 22

535965473

Gulika 7:16AM – 8:51AM
Yama 3:10PM – 4:45PM
Rahu 10:26AM – 12:00PM

Rohini Until 6:55AM Sat
Vajra* Until 12:22AM Sat
Visli Until 7:49PM
Shashthi* Until 6:53AM

Ganesha: White *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Until 6:55AM Sat

Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Avani

6

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK
Sun 6 Sutra 153

Vrishabha Rasi: 22.52 Tithi 22 – 23

535965473

Gulika 5:43AM – 7:17AM
Yama 1:34PM – 3:09PM
Rahu 8:51AM – 10:26AM

Rohini Until 6:55AM
Siddhi Until 1:06AM Sun
Balava Until 9:58PM
Saptami Until 8:50AM

Ganesha: White *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Amrita Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK
Sun 7 Sutra 154

Mithuna Rasi: 4.48 Tithi 23 – 24

535965473

Gulika 3:07PM – 4:41PM
Yama 12:00PM – 1:34PM
Rahu 4:41PM – 6:15PM

Mrigashira Until 9:44AM
Vyatipata* Until 2:01AM Mon
Taitila Until 12:23AM Mon
Ashtami* Until 11:09AM

Ganesha: White *Sunrise:* 5:45AM
Muruqa: White *Sunset:* 6:15PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

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1		Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Birming., UK Sun 8	Sutra 155 Subhakit 5124
Mithuna Rasi: 16.4	Tithi 24 – 25	Gulika 1:33PM – 3:06PM	Ardra Until 12:33PM	Ganesha: White	<i>Sunrise:</i> 5:46AM		
Family Home Evening	535965473	Yama 10:26AM – 11:59AM	Variyan Until 2:54AM Tue	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 22 - 8	2nd Phase
Creative Work	Siddha Yoga	Rahu 7:20AM – 8:53AM	Vanija Until 2:49AM Tue	Nataraja: Clear			
Until 12:33PM			Navami* Until 1:36PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			

2		Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Birming., UK Sun 9	Sutra 156 Subhakit 5124
Mithuna Rasi: 28.33	Tithi 25 – 26	Gulika 11:59AM – 1:32PM	Punarvasu Until 3:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM		
	545965473	Yama 8:53AM – 10:26AM	Parigha* Until 3:40AM Wed	Muruqa: White	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 22 - 9	2nd Phase
Creative Work	Siddha Yoga	Rahu 3:05PM – 4:37PM	Bava Until 5:05AM Wed	Nataraja: Clear			
			Dashami Until 3:58PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3		Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau		Birming., UK Sun 10	Sutra 157 Subhakit 5124
Kataka Rasi: 10.3	Tithi 26	Gulika 10:26AM – 11:59AM	Pushya Until 6:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM		
	545965473	Yama 7:22AM – 8:54AM	Shiva Until 4:12AM Thu	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 22 - 10	2nd Phase
Creative Work	Siddha Yoga	Rahu 11:59AM – 1:31PM	Balava Until 6:04PM	Nataraja: Clear			
			Ekadashi* Until 6:04PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

4		Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Birming., UK Sun 11	Sutra 158 Subhakit 5124
Kataka Rasi: 22.36	Tithi 27	Gulika 8:55AM – 10:27AM	Ashlesha* Until 8:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM		
	545965473	Yama 5:51AM – 7:23AM	Siddha Until 4:21AM Fri	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 11	2nd Phase
Creative Work	Siddha Yoga	Rahu 1:30PM – 3:02PM	Kaulava Until 6:59AM	Nataraja: Clear			
Until 8:20PM			Dvadashi* Until 7:46PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			

5		Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Birming., UK Sun 12	Sutra 159 Subhakit 5124
Simha Rasi: 4.52	Tithi 28	Gulika 7:24AM – 8:55AM	Magha* Until 10:18PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM		
	555965473	Yama 3:00PM – 4:32PM	Sadhya Until 4:09AM Sat	Muruqa: White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 12	2nd Phase
Routine Work	Marana Yoga	Rahu 10:27AM – 11:58AM	Gara Until 8:27AM	Nataraja: Clear			
Until 10:18PM			Trayodashi* Until 8:59PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi			

6		Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Birming., UK Sun 13	Sutra 160 Subhakit 5124
Simha Rasi: 17.21	Tithi 29	Gulika 5:55AM – 7:25AM	Purvaphalguni Until 11:36PM	Ganesha: Green	<i>Sunrise:</i> 5:55AM		
	556965473	Yama 1:28PM – 2:59PM	Subha Until 3:34AM Sun	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 22 - 13	2nd Phase
Creative Work	Siddha Yoga	Rahu 8:56AM – 10:27AM	Visti* Until 9:26AM	Nataraja: Clear			
Until 11:36PM			Chaturdashi* Until 9:42PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Birming., UK Sun 14	Sutra 161 Subhakit 5124
Kanya Rasi: 0.04	Tithi 30	Gulika 2:58PM – 4:28PM	Uttaraphalguni Until 12:15AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:56AM		
	556165473	Yama 11:57AM – 1:28PM	Sukla Until 2:33AM Mon	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 22 - 14	Amavasya
Creative Work	Amrita Yoga	Rahu 4:28PM – 5:58PM	Catuspada Until 9:53AM	Nataraja: Clear			
Until 12:15AM Mon			Amavasya* Until 9:54PM	Moon – Red		Bhuloka Day	
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Birming., UK Sun 15	Sutra 162 Subhakit 5124
Kanya Rasi: 13.02	Tithi 1	Gulika 1:27PM – 2:56PM	Hasta Until 12:45AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:58AM		
Family Home Evening	566165473	Yama 10:27AM – 11:57AM	Brahma Until 1:11AM Tue	Muruqa: White	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 22 - 15	Prathama
Creative Work	Siddha Yoga	Rahu 7:28AM – 8:57AM	Kintughna Until 9:50AM	Nataraja: Clear			
			Prathama* Until 9:38PM	Moon – Green		Bhuloka Day	
		Navaratri Begins		Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Birming., UK on 5/1/20

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Birming., UK Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 26.14	Tithi 2	Gulika 11:57AM – 1:26PM	Chitra Until 12:41AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:00AM	Muruqa: White <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23 - 16
			Yama 8:58AM – 10:27AM	Indra Until 11:31PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	566165473 Rahu 2:55PM – 4:24PM	Balava Until 9:21AM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dvitiya Until 8:57PM	Ashvina+Puratasi			

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Birming., UK Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 9.38	Tithi 3	Gulika 10:27AM – 11:56AM	Svati Until 12:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:01AM	Muruqa: White <i>Sunset:</i> 5:51PM	Moon 9 - Phase 23 - 17
			Yama 7:30AM – 8:59AM	Vaidhriti* Until 9:32PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	666165473 Rahu 11:56AM – 1:25PM	Taitila Until 8:29AM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Tritiya Until 7:54PM	Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Birming., UK Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 23.14	Tithi 4	Gulika 8:59AM – 10:28AM	Vishakha Until 11:37PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM	Muruqa: White <i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 - 18
			Yama 6:03AM – 7:31AM	Vishkambha* Until 7:19PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	676165473 Rahu 1:24PM – 2:52PM	Vanija Until 7:17AM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Chaturthi Until 6:34PM	Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Birming., UK Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 7	Tithi 5 – 6	Gulika 7:32AM – 9:00AM	Anuradha Until 10:41PM	Ganesha: Blue <i>Sunrise:</i> 6:05AM	Muruqa: White <i>Sunset:</i> 5:47PM	Moon 9 - Phase 23 - 19
			Yama 2:51PM – 4:19PM	Priti Until 4:56PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	676165473 Rahu 10:28AM – 11:56AM	Kaulava Until 4:07AM Sat	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Panchami Until 4:58PM	Ashvina+Puratasi			
						Then Routine Work - Marana Yoga	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 20.54	Tithi 6 – 7	Gulika 6:06AM – 7:34AM	Jyeshtha* Until 9:26PM	Ganesha: Blue <i>Sunrise:</i> 6:06AM	Muruqa: White <i>Sunset:</i> 5:44PM	Moon 9 - Phase 23 - 20
			Yama 1:22PM – 2:50PM	Ayushman Until 2:21PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	687166473 Rahu 9:01AM – 10:28AM	Gara Until 2:13AM Sun	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Shashthi* Until 3:10PM	Ashvina+Puratasi			

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:48PM – 4:15PM	Mula* Until 8:17PM	Ganesha: Blue <i>Sunrise:</i> 6:08AM	Muruqa: Green <i>Sunset:</i> 5:42PM	Moon 9 - Phase 23 - 21
	Dhanus Rasi: 4.55	Tithi 7 – 8	Yama 11:55AM – 1:22PM	Saubhagya Until 11:38AM	Nataraja: Clear		Ashtami
	Creative Work	Amrita Yoga	687166473 Rahu 4:15PM – 5:42PM	Visiti Until 12:10AM Mon	Moon – Light Blue	Sivaloka Day	
			Saptami Until 1:12PM	Ashvina+Puratasi			
						Then Creative Work - Siddha Yoga	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:21PM – 2:47PM	Purvashadha* Until 6:52PM	Ganesha: Blue <i>Sunrise:</i> 6:10AM	Muruqa: Green <i>Sunset:</i> 5:40PM	Moon 9 - Phase 23 - 22
	Dhanus Rasi: 19.03	Tithi 8 – 9	Yama 10:28AM – 11:55AM	Sobhana Until 8:48AM	Nataraja: Clear		Navami
	Family Home Evening		687166473 Rahu 7:36AM – 9:02AM	Balava Until 9:59PM	Moon – Light Blue	Sivaloka Day	
			Ashtami* Until 11:05AM	Ashvina+Puratasi			
						Routine Work Marana Yoga	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Birming., UK on 5/1/20

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Birming., UK Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 3.15	Tithi 9 – 10	Gulika	11:54AM – 1:20PM	Uttarashadha Until 5:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:11AM		
		Yama	9:03AM – 10:29AM	Sukarma Until 2:50AM Wed	Muruqa: Green	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - 23	4th Phase
		687166473 Rahu	2:46PM – 4:11PM	Taitila Until 7:43PM	Nataraja: Clear			
Routine Work	Prabalarishta Yoga			Navami* Until 8:50AM	Moon – Light Blue		Sivaloka Day	
Until 5:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Birming., UK Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 17.31	Tithi 10 – 11	Gulika	10:29AM – 11:54AM	Shravana Until 3:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM		
		Yama	7:38AM – 9:04AM	Dhriti Until 11:50PM	Muruqa: Green	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24 - 24	4th Phase
		697166473 Rahu	11:54AM – 1:19PM	Visti Until 4:14AM Thu	Nataraja: Clear			
Creative Work	Siddha Yoga			Dashami Until 6:32AM	Moon – Purple		Devaloka Day	
Until 3:46PM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Birming., UK Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 1.46	Tithi 12	Gulika	9:04AM – 10:29AM	Dhanishtha Until 2:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM		
		Yama	6:15AM – 7:40AM	Shula* Until 8:51PM	Muruqa: Green	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 24 - 25	4th Phase
		697166473 Rahu	1:18PM – 2:43PM	Bava Until 3:07PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Dvadashi Until 2:00AM Fri	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 15.58	Tithi 13	Gulika	7:41AM – 9:05AM	Shatabhishak Until 12:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM		
		Yama	2:42PM – 4:06PM	Ganda* Until 6:01PM	Muruqa: Green	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 24 - 26	4th Phase
		697166473 Rahu	10:29AM – 11:53AM	Kaulava Until 12:58PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Trayodashi Until 11:58PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam			Ashvina+Puratasi			
				<i>Pradosha Vrata</i>				

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 0.02	Tithi 14	Gulika	6:18AM – 7:42AM	Purvaproshtapada* Until 11:39AM	Ganesha: White	<i>Sunrise:</i> 6:18AM		
		Yama	1:17PM – 2:41PM	Vriddhi Until 3:25PM	Muruqa: Green	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 24 - 27	4th Phase
		618166474 Rahu	9:06AM – 10:29AM	Gara Until 11:04AM	Nataraja: Purple			
Routine Work	Marana Yoga			Chaturdashi* Until 10:13PM	Moon – Clear		Bhuloka Day	
Until 11:39AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK Sutra 175 Subhakrit 5124
Copper Retreat Star		Gulika	2:39PM – 4:03PM	Uttaraproshtapada Until 10:50AM	Ganesha: White	<i>Sunrise:</i> 6:20AM		
Meena Rasi: 13.54	Tithi 15	Yama	11:53AM – 1:16PM	Dhruva Until 1:05PM	Muruqa: Green	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 24 - Purnima	
		618166474 Rahu	4:03PM – 5:26PM	Visti Until 9:31AM	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 8:54PM	Moon – Clear		Bhuloka Day	
					Ashvina+Puratasi			

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sutra 176 Subhakrit 5124		
Silver Retreat Star		Gulika	1:15PM – 2:38PM	Revati Until 10:21AM	Ganesha: White	<i>Sunrise:</i> 6:22AM		
Meena Rasi: 27.29	Tithi 16	Yama	10:30AM – 11:53AM	Vyaghata* Until 11:10AM	Muruqa: White	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 24 - Prathama	
Family Home Evening		618176474 Rahu	7:44AM – 9:07AM	Balava Until 8:28AM	Nataraja: Purple			
Creative Work	Siddha Yoga			Prathama* Until 8:07PM	Moon – Clear		Bhuloka Day	
					Ashvina+Puratasi			



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK

Sun 1 Sutra 177

Subhakrit 5124

Moon 10 - Phase 25 - 1

1st Phase

Mesha Rasi: 10.44 Tithi 17

628176474

Gulika 11:52AM – 1:15PM
Yama 9:08AM – 10:30AM
Rahu 2:37PM – 3:59PM

Ashvini Until 10:45AM
Harshana Until 9:44AM
Taitila Until 7:59AM
Dvitiya Until 7:58PM

Ganesha: Yellow *Sunrise:* 6:23AM

Muruqa: White *Sunset:* 5:21PM

Nataraja: Purple
Moon – White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Birming., UK

Sun 2 Sutra 178

Subhakrit 5124

Moon 10 - Phase 25 - 2

1st Phase

Mesha Rasi: 23.4 Tithi 18

628176474

Gulika 10:30AM – 11:52AM
Yama 7:47AM – 9:09AM
Rahu 11:52AM – 1:14PM

Bharani Until 11:38AM
Vajra* Until 8:47AM
Vanija Until 8:10AM
Tritiya Until 8:30PM

Ganesha: Yellow *Sunrise:* 6:25AM

Muruqa: White *Sunset:* 5:19PM

Nataraja: Purple
Moon – White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Birming., UK

Sun 3 Sutra 179

Subhakrit 5124

Moon 10 - Phase 25 - 3

1st Phase

Vrishabha Rasi: 6.16 Tithi 19

628176474

Gulika 9:09AM – 10:31AM
Yama 6:27AM – 7:48AM
Rahu 1:13PM – 2:34PM

Krittika Until 1:01PM
Siddhi Until 8:23AM
Bava Until 9:02AM
Chaturthi* Until 9:41PM

Ganesha: Yellow *Sunrise:* 6:27AM

Muruqa: White *Sunset:* 5:17PM

Nataraja: Purple
Moon – White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK

Sun 4 Sutra 180

Subhakrit 5124

Moon 10 - Phase 25 - 4

1st Phase

Vrishabha Rasi: 18.36 Tithi 20

638176474

Gulika 7:49AM – 9:10AM
Yama 2:33PM – 3:54PM
Rahu 10:31AM – 11:52AM

Rohini Until 3:19PM
Vyatipata* Until 8:28AM
Kaulava Until 10:32AM
Panchami Until 11:27PM

Ganesha: Blue *Sunrise:* 6:29AM

Muruqa: White *Sunset:* 5:15PM

Nataraja: Purple
Moon – Yellow

Bhuloka Day

Ashvina+Puratasi

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 3:19PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK

Sun 5 Sutra 181

Subhakrit 5124

Moon 10 - Phase 25 - 5

1st Phase

Mithuna Rasi: 0.42 Tithi 21

639176474

Gulika 6:30AM – 7:51AM
Yama 1:12PM – 2:32PM
Rahu 9:11AM – 10:31AM

Mrigashira Until 5:55PM
Varyan Until 8:56AM
Gara Until 12:32PM
Shashthi* Until 1:39AM Sun

Ganesha: Red *Sunrise:* 6:30AM

Muruqa: White *Sunset:* 5:12PM

Nataraja: Purple
Moon – Yellow

Bhuloka Day

Ashvina+Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Birming., UK

Sun 6 Sutra 182

Subhakrit 5124

Moon 10 - Phase 25 - 6

1st Phase

Mithuna Rasi: 12.4 Tithi 22

639176474

Gulika 2:31PM – 3:50PM
Yama 11:51AM – 1:11PM
Rahu 3:50PM – 5:10PM

Ardra Until 8:37PM
Parigha* Until 9:40AM
Visti Until 2:52PM
Saptami Until 4:04AM Mon

Ganesha: Red *Sunrise:* 6:32AM

Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple
Moon – Yellow

Bhuloka Day

Ashvina+Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK

Sun 7 Sutra 183

Subhakrit 5124

Moon 10 - Phase 25 - 7

Ashtami

Mithuna Rasi: 24.33 Tithi 23

649176474

Gulika 1:10PM – 2:29PM
Yama 10:32AM – 11:51AM
Rahu 7:53AM – 9:12AM

Punarvasu Until 11:42PM
Shiva Until 10:32AM
Balava Until 5:18PM
Ashtami* Until 6:29AM Tue

Ganesha: Green *Sunrise:* 6:34AM

Muruqa: White *Sunset:* 5:08PM

Nataraja: Purple
Moon – Blue

Devaloka Day

Ashvina+Apasi

Creative Work Amrita Yoga

Until 11:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK

Sun 8 Sutra 184

Subhakrit 5124

Moon 10 - Phase 25 - 8

Navami

Kataka Rasi: 6.26 Tithi 23 – 24

649176474

Gulika 11:51AM – 1:09PM
Yama 9:13AM – 10:32AM
Rahu 2:28PM – 3:47PM

Pushya Until 2:29AM Wed
Siddha Until 11:20AM
Taitila Until 7:39PM
Ashtami* Until 6:29AM

Ganesha: Green *Sunrise:* 6:36AM

Muruqa: White *Sunset:* 5:06PM

Nataraja: Purple
Moon – Blue

Devaloka Day

Ashvina+Apasi

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

www.gurudeva.org/panchang

1 **Wednesday, October 19, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Birmingham, UK
 Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 9 Sutra 185
 Subhakrit 5124
 Kataka Rasi: 18.25 Tithi 24 – 25 649176474 **Gulika** 10:32AM – 11:51AM **Ashlesha* Until 4:47AM Thu** **Ganesha:** Green *Sunrise:* 6:37AM
Yama 7:56AM – 9:14AM **Sadhya Until 11:58AM** **Muruqa:** White *Sunset:* 5:04PM Moon 10 - Phase 26 - 9
Rahu 11:51AM – 1:09PM **Vanija Until 9:42PM** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Moon – Blue** **Devaloka Day**
 Until 4:47AM Thu
 Then Creative Work - Amrita Yoga **Ashvina-Aipasi**

2 **Thursday, October 20, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Birmingham, UK
 Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 186
 Subhakrit 5124
 Simha Rasi: 0.32 Tithi 25 – 26 659276474 **Gulika** 9:15AM – 10:33AM **Magha* Until 6:55AM Fri** **Ganesha:** Green *Sunrise:* 6:39AM
Yama 6:39AM – 7:57AM **Subha Until 12:19PM** **Muruqa:** White *Sunset:* 5:07PM Moon 10 - Phase 26 - 10
Rahu 1:08PM – 2:26PM **Bava Until 11:17PM** **Nataraja:** Purple 2nd Phase
 Creative Work Amrita Yoga **Moon – Red** **Bhuloka Day**
 Until 6:55AM Fri **Dashami Until 10:32AM** **Ashvina-Aipasi**
 Then Creative Work - Siddha Yoga

3 **Friday, October 21, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Birmingham, UK
 Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 11 Sutra 187
 Subhakrit 5124
 Simha Rasi: 12.51 Tithi 26 – 27 659276474 **Gulika** 7:58AM – 9:16AM **Magha* Until 6:55AM** **Ganesha:** Green *Sunrise:* 6:41AM
Yama 2:25PM – 3:42PM **Sukla Until 12:13PM** **Muruqa:** White *Sunset:* 4:59PM Moon 10 - Phase 26 - 11
Rahu 10:33AM – 11:50AM **Kaulava Until 12:18AM Sat** **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga **Moon – Red** **Bhuloka Day**
 Until 6:55AM **Ekadashi* Until 11:51AM** **Ashvina-Aipasi**
 Then Creative Work - Siddha Yoga

4 **Saturday, October 22, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Birmingham, UK
 Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 188
 Subhakrit 5124
 Simha Rasi: 25.26 Tithi 27 – 28 659276474 **Gulika** 6:43AM – 8:00AM **Purvaphalguni Until 8:18AM** **Ganesha:** Green *Sunrise:* 6:43AM
Yama 1:07PM – 2:24PM **Brahma Until 11:39AM** **Muruqa:** White *Sunset:* 4:57PM Moon 10 - Phase 26 - 12
Rahu 9:16AM – 10:33AM **Gara Until 12:40AM Sun** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Moon – Red** **Bhuloka Day**
 Until 8:18AM **Dvadashi* Until 12:33PM** **Ashvina-Aipasi**
 Then Routine Work - Marana Yoga **Pradosha Vrata (Fasting)**

5 **Sunday, October 23, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Birmingham, UK
 Uttaraaphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 189
 Subhakrit 5124
 Kanya Rasi: 8.19 Tithi 28 – 29 651276474 **Gulika** 2:23PM – 3:39PM **Uttaraaphalguni Until 8:55AM** **Ganesha:** Purple *Sunrise:* 6:45AM
Yama 11:50AM – 1:06PM **Indra Until 10:37AM** **Muruqa:** White *Sunset:* 4:53PM Moon 10 - Phase 26 - 13
Rahu 3:39PM – 4:55PM **Visti Until 12:23AM Mon** **Nataraja:** Purple 2nd Phase
 Creative Work Amrita Yoga **Moon – Red** **Bhuloka Day**
Deepavali Hindu Solidarity Day **Trayodashi* Until 12:35PM** **Ashvina-Aipasi**

Monday, October 24, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Birmingham, UK
 Hasla/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 190
 Subhakrit 5124
 Kanya Rasi: 21.32 Tithi 29 – 30 661276474 **Gulika** 1:06PM – 2:21PM **Hasta Until 9:13AM** **Ganesha:** Light Blue *Sunrise:* 6:46AM
Yama 10:34AM – 11:50AM **Vaidhriti* Until 9:02AM** **Muruqa:** White *Sunset:* 4:53PM Moon 10 - Phase 26 - 14
Rahu 8:02AM – 9:18AM **Catuspada Until 11:30PM** **Nataraja:** Purple Amavasya
 Creative Work Siddha Yoga **Moon – Green** **Bhuloka Day**
 Until 9:13AM **Subramuniyaswami Mahasamadhi** **Chaturdashi* Until 12:00PM** **Ashvina-Aipasi**
 Then Routine Work - Prabalarishta Yoga

Tuesday, October 25, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Birmingham, UK
 Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 15 Sutra 191
 Subhakrit 5124
 Tula Rasi: 5.04 Tithi 30 – 1 661276474 **Gulika** 11:50AM – 1:05PM **Chitra Until 8:47AM** **Ganesha:** Light Blue *Sunrise:* 6:48AM
Yama 9:19AM – 10:34AM **Vishkambha* Until 7:01AM** **Muruqa:** White *Sunset:* 4:51PM Moon 10 - Phase 26 - 15
Rahu 2:20PM – 3:36PM **Kintughna Until 10:06PM** **Nataraja:** Purple Prathama
 Creative Work Siddha Yoga **Moon – Green** **Bhuloka Day**
Skanda Shasthi Begins **Amavasya* Until 10:50AM** **Kartika-Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
	Tula Rasi: 18.53 Tithi 1 – 2		Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16 Sutra 192
	Creative Work Siddha Yoga	661276574	Gulika 10:35AM – 11:50AM Yama 8:05AM – 9:20AM Rahu 11:50AM – 1:04PM	Svati Until 7:45AM Ayushman Until 1:54AM Thu Balava Until 8:16PM Prathama* Until 9:13AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:50AM Sunset: 4:49PM	Moon 10 - Phase 27 - 16 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
	Vrischika Rasi: 2.57 Tithi 2 – 3		Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 17 Sutra 193
	Creative Work Siddha Yoga	671276574	Gulika 9:21AM – 10:35AM Yama 6:52AM – 8:06AM Rahu 1:04PM – 2:18PM	Vishakha Until 6:38AM Saubhagya Until 10:57PM Taitila Until 6:09PM Dvitiya Until 7:13AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:52AM Sunset: 4:47PM	Moon 10 - Phase 27 - 17 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Birming., UK
	Vrischika Rasi: 17.1 Tithi 4		Jyeshtha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 194
	Routine Work Marana Yoga Until 3:21AM Sat Then Creative Work - Siddha Yoga	671276574	Gulika 8:08AM – 9:22AM Yama 2:17PM – 3:31PM Rahu 10:35AM – 11:49AM	Jyeshtha* Until 3:21AM Sat Sobhana Until 7:54PM Vanija Until 3:50PM Chaturthi* Until 2:38AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:54AM Sunset: 4:45PM	Moon 10 - Phase 27 - 18 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Birming., UK
	Dhanus Rasi: 1.29 Tithi 5		Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 195
	Creative Work Siddha Yoga	681276574	Gulika 6:55AM – 8:09AM Yama 1:03PM – 2:16PM Rahu 9:22AM – 10:36AM	Mula* Until 1:49AM Sun Athiganda* Until 4:45PM Bava Until 1:27PM Panchami Until 12:14AM Sun	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:55AM Sunset: 4:43PM	Moon 10 - Phase 27 - 19 3rd Phase Devaloka Day

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
	Dhanus Rasi: 15.49 Tithi 6		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 196
	Creative Work Siddha Yoga Until 12:11AM Mon Then Routine Work - Marana Yoga	681276574	Gulika 2:15PM – 3:28PM Yama 11:49AM – 1:02PM Rahu 3:28PM – 4:41PM	Purvashadha* Until 12:11AM Mon Sukarma Until 1:39PM Kaulava Until 11:03AM Shashthi* Until 9:52PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:57AM Sunset: 4:41PM	Moon 10 - Phase 27 - 20 3rd Phase Devaloka Day

6	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Birming., UK
	Makara Rasi: 0.07 Tithi 7		Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 197
	Family Home Evening Routine Work Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga	681276574	Gulika 1:02PM – 2:14PM Yama 10:37AM – 11:49AM Rahu 8:12AM – 9:24AM	Uttarashadha Until 10:33PM Dhriti Until 10:37AM Gara Until 8:45AM Saptami Until 7:38PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:59AM Sunset: 4:39PM	Moon 10 - Phase 27 - 21 3rd Phase Devaloka Day

☾	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Birming., UK
	Retreat Star		Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 198
	Makara Rasi: 14.18 Tithi 8 – 9	691276574	Gulika 11:49AM – 1:01PM Yama 9:25AM – 10:37AM Rahu 2:13PM – 3:25PM	Shravana Until 9:21PM Shula* Until 7:41AM Visti Until 6:35AM Ashtami* Until 5:33PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:01AM Sunset: 4:37PM	Moon 10 - Phase 27 - 22 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM

☽	Wednesday, November 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
	Retreat Star		Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 199
	Makara Rasi: 28.23 Tithi 9 – 10	692276574	Gulika 10:38AM – 11:49AM Yama 8:14AM – 9:26AM Rahu 11:49AM – 1:01PM	Dhanishtha Until 8:14PM Vriddhi Until 2:20AM Thu Taitila Until 2:51AM Thu Navami* Until 3:41PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:03AM Sunset: 4:36PM	Moon 10 - Phase 27 - 23 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Thursday, November 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Birming., UK Sun 24 Sutra 200 Subhakit 5124
	Kumbha Rasi: 12.19	Tithi 10 – 11	Gulika 9:27AM – 10:38AM	Shatabhishak Until 7:12PM	Ganesha: Green	<i>Sunrise:</i> 7:05AM	
			Yama 7:05AM – 8:16AM	Dhruva Until 11:56PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 28 - 24
	Creative Work	Siddha Yoga	692276574 Rahu 1:00PM – 2:11PM	Vanija Until 1:22AM Fri	Nataraja: Clear		4th Phase
			Dashami Until 2:03PM	Moon – Purple		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 25 Sutra 201 Subhakit 5124
	Kumbha Rasi: 26.05	Tithi 11 – 12	Gulika 8:17AM – 9:28AM	Purvaproshtapada* Until 6:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM	
			Yama 2:11PM – 3:21PM	Vyaghata* Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 28 - 25
	Creative Work	Siddha Yoga	612276574 Rahu 10:38AM – 11:49AM	Bava Until 12:10AM Sat	Nataraja: Clear		4th Phase
			Ekadashi Until 12:42PM	Moon – Clear		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 26 Sutra 202 Subhakit 5124
	Meena Rasi: 9.4	Tithi 12 – 13	Gulika 7:08AM – 8:18AM	Uttaraproshtapada Until 6:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:08AM	
			Yama 12:59PM – 2:10PM	Harshana Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 - 26
	Creative Work	Siddha Yoga	612276574 Rahu 9:29AM – 10:39AM	Kaulava Until 11:19PM	Nataraja: Clear		4th Phase
			Dvadashi Until 11:40AM	Moon – Clear		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

4	Sunday, November 6, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 27 Sutra 203 Subhakit 5124
	Meena Rasi: 23.04	Tithi 13 – 14	Gulika 2:09PM – 3:19PM	Revati Until 6:25PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	
			Yama 11:49AM – 12:59PM	Vajra* Until 6:18PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 10 - Phase 28 - 27
	Creative Work	Amrita Yoga	612276574 Rahu 3:19PM – 4:28PM	Gara Until 10:52PM	Nataraja: Clear		4th Phase
			Trayodashi Until 11:01AM	Moon – Clear		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

○	Monday, November 7, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Birming., UK Sutra 204 Subhakit 5124
	Copper Retreat Star		Gulika 12:59PM – 2:08PM	Ashvini Until 7:07PM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM	
	Mesha Rasi: 6.14	Tithi 14 – 15	Yama 10:40AM – 11:49AM	Siddhi Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 10 - Phase 28 -
	Family Home Evening		722276574 Rahu 8:21AM – 9:31AM	Visti Until 10:52PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:47AM	Moon – White		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

○	Tuesday, November 8, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Birming., UK Sutra 205 Subhakit 5124
	Silver Retreat Star		Gulika 11:49AM – 12:58PM	Bharani Until 8:08PM	Ganesha: Blue	<i>Sunrise:</i> 7:14AM	
	Mesha Rasi: 19.09	Tithi 15 – 16	Yama 9:31AM – 10:40AM	Vyatipata* Until 4:14PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 28 -
	Creative Work	Siddha Yoga	722276574 Rahu 2:07PM – 3:16PM	Balava Until 11:23PM	Nataraja: Clear		Prathama
			Purnima* Until 11:02AM	Moon – White		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK

Sutra 206

Subhakit 5124

Vrishabha Rasi: 1.5 Tithi 16 - 17

722276574

Gulika 10:41AM - 11:49AM
Yama 8:24AM - 9:32AM
Rahu 11:49AM - 12:58PM

Krittika **Until 9:29PM**
Varyan **Until 3:46PM**
Taitila **Until 12:25AM Thu**
Prathama* Until 11:49AM

Ganesha: Blue *Sunrise: 7:15AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Clear
Moon - White
Kartika-Aipasi

Moon 11 - Phase 29 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 9:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 14.17 Tithi 17 - 18

732276574

Gulika 9:33AM - 10:41AM
Yama 7:17AM - 8:25AM
Rahu 12:58PM - 2:06PM

Rohini **Until 11:39PM**
Parigha* **Until 3:42PM**
Vanija **Until 1:56AM Fri**
Dvitiya Until 1:06PM

Ganesha: Red *Sunrise: 7:17AM*
Muruqa: Clear *Sunset: 4:22PM*
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Birming., UK

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 26.32 Tithi 18 - 19

732276574

Gulika 8:27AM - 9:34AM
Yama 2:05PM - 3:12PM
Rahu 10:42AM - 11:50AM

Mrigashira **Until 2:05AM Sat**
Shiva **Until 4:00PM**
Bava **Until 3:55AM Sat**
Tritiya Until 2:51PM

Ganesha: Red *Sunrise: 7:19AM*
Muruqa: Clear *Sunset: 4:20PM*
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 2 1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 8.37 Tithi 19 - 20

732276574

Gulika 7:21AM - 8:28AM
Yama 12:57PM - 2:04PM
Rahu 9:35AM - 10:43AM

Ardra **Until 4:39AM Sun**
Siddha **Until 4:34PM**
Kaulava **Until 6:12AM Sun**
Chaturthi* Until 5:00PM

Ganesha: Red *Sunrise: 7:21AM*
Muruqa: Clear *Sunset: 4:19PM*
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 3 1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 20.34 Tithi 20

742276574

Gulika 2:03PM - 3:10PM
Yama 11:50AM - 12:57PM
Rahu 3:10PM - 4:17PM

Punarvasu **Until 7:45AM Mon**
Sadhya **Until 5:19PM**
Kaulava **Until 6:12AM**
Panchami Until 7:24PM

Ganesha: Green *Sunrise: 7:23AM*
Muruqa: Clear *Sunset: 4:17PM*
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 4 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK

Sun 5 Sutra 211

Subhakit 5124

Kataka Rasi: 2.28 Tithi 21

742376574

Gulika 12:56PM - 2:03PM
Yama 10:44AM - 11:50AM
Rahu 8:31AM - 9:37AM

Punarvasu **Until 7:45AM**
Subha **Until 6:11PM**
Gara **Until 8:41AM**
Shashthi* Until 9:54PM

Ganesha: White *Sunrise: 7:24AM*
Muruqa: Clear *Sunset: 4:16PM*
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 5 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 7:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Birming., UK

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 14.2 Tithi 22

743376574

Gulika 11:50AM - 12:56PM
Yama 9:38AM - 10:44AM
Rahu 2:02PM - 3:08PM

Pushya **Until 10:40AM**
Sukla **Until 6:57PM**
Visti **Until 11:09AM**
Saptami Until 12:18AM Wed

Ganesha: Green *Sunrise: 7:26AM*
Muruqa: Clear *Sunset: 4:14PM*
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 6 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 26.17 Tithi 23

743376574

Gulika 10:45AM - 11:50AM
Yama 8:34AM - 9:39AM
Rahu 11:50AM - 12:56PM

Ashlesha* **Until 1:15PM**
Brahma **Until 7:33PM**
Balava **Until 1:26PM**
Ashtami* Until 2:24AM Thu

Ganesha: Green *Sunrise: 7:28AM*
Muruqa: Clear *Sunset: 4:13PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Moon 11 - Phase 29 - 7 Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 8.21 Tithi 24

753376575

Gulika 9:40AM - 10:45AM
Yama 7:30AM - 8:35AM
Rahu 12:56PM - 2:01PM

Magha* **Until 3:47PM**
Indra **Until 7:49PM**
Taitila **Until 3:19PM**
Navami* Until 4:01AM Fri

Ganesha: Orange *Sunrise: 7:30AM*
Muruqa: Clear *Sunset: 4:11PM*
Nataraja: Purple
Moon - Red
Kartika-Kartikai

Moon 11 - Phase 29 - 8 Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Birming., UK Sun 9 Sutra 215 Subhakrit 5124
Simha Rasi: 20.38	Tithi 25	Gulika 8:36AM – 9:41AM	Purvaphalguni Until 5:35PM	Ganesha: Orange	<i>Sunrise:</i> 7:32AM			
		Yama 2:00PM – 3:05PM	Vaidhriti* Until 7:37PM	Muruqa: Clear	<i>Sunset:</i> 4:10PM	Moon 11 - Phase 30 - 9		
753376575		Rahu 10:46AM – 11:51AM	Vanija Until 4:37PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:00AM Sat	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Birming., UK Sun 10 Sutra 216 Subhakrit 5124
Kanya Rasi: 3.11	Tithi 26	Gulika 7:33AM – 8:38AM	Uttaraphalguni Until 6:34PM	Ganesha: Orange	<i>Sunrise:</i> 7:33AM			
		Yama 12:55PM – 2:00PM	Vishkambha* Until 6:53PM	Muruqa: Clear	<i>Sunset:</i> 4:09PM	Moon 11 - Phase 30 - 10		
753376575		Rahu 9:42AM – 10:47AM	Bava Until 5:13PM	Nataraja: Purple				2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 5:13AM Sun	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Birming., UK Sun 11 Sutra 217 Subhakrit 5124
Kanya Rasi: 16.06	Tithi 27	Gulika 1:59PM – 3:03PM	Hasta Until 7:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:35AM			
		Yama 11:51AM – 12:55PM	Priti Until 5:33PM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 11 - Phase 30 - 11		
763376575		Rahu 3:03PM – 4:08PM	Kaulava Until 5:03PM	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 4:40AM Mon	Moon – Green		Devaloka Day		
Until 7:07PM				Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Birming., UK Sun 12 Sutra 218 Subhakrit 5124
Kanya Rasi: 29.25	Tithi 28	Gulika 12:55PM – 1:59PM	Chitra Until 6:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:37AM			
		Yama 10:48AM – 11:51AM	Ayushman Until 3:36PM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 30 - 12		
763376575		Rahu 8:40AM – 9:44AM	Gara Until 4:07PM	Nataraja: Purple				2nd Phase
Family Home Evening	Prabalarishta Yoga		Trayodashi* Until 3:22AM Tue	Moon – Green		Devaloka Day		
Routine Work				Karttika-Karttikai				
Until 6:45PM								
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Birming., UK Sun 13 Sutra 219 Subhakrit 5124
Tula Rasi: 13.08	Tithi 29	Gulika 11:52AM – 12:55PM	Svati Until 5:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:38AM			
		Yama 9:45AM – 10:48AM	Saubhagya Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 30 - 13		
763376575		Rahu 1:58PM – 3:02PM	Visti Until 2:30PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:26AM Wed	Moon – Green		Devaloka Day		
Until 5:34PM				Karttika-Karttikai				
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Birming., UK Sun 14 Sutra 220 Subhakrit 5124
Retreat Star		Gulika 10:49AM – 11:52AM	Vishakha Until 4:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:40AM			
Tula Rasi: 27.16	Tithi 30	Yama 8:43AM – 9:46AM	Sobhana Until 10:09AM	Muruqa: Clear	<i>Sunset:</i> 4:04PM	Moon 11 - Phase 30 - 14		
773376575		Rahu 11:52AM – 12:55PM	Catuspada Until 12:16PM	Nataraja: Purple				Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:58PM	Moon – Orange		Devaloka Day		
				Karttika-Karttikai				

Thursdays, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Birming., UK Sun 15 Sutra 221 Subhakrit 5124		
Retreat Star		Gulika 9:47AM – 10:50AM	Anuradha Until 2:06PM	Ganesha: Purple	<i>Sunrise:</i> 7:42AM			
Vrischika Rasi: 11.43	Tithi 1	Yama 7:42AM – 8:44AM	Athiganda* Until 6:48AM	Muruqa: Clear	<i>Sunset:</i> 4:03PM	Moon 11 - Phase 30 - 15		
773376575		Rahu 12:55PM – 1:58PM	Kintughna Until 9:36AM	Nataraja: Purple				Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:08PM	Moon – Orange		Devaloka Day		
Until 2:06PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Birming., UK	
Vrischika Rasi: 26.24		Tithi 2 – 3		Jyeshtha* Mula* Nakshatra Dhriti Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 222	
773376575		Gulika 8:46AM – 9:48AM	Jyeshtha* Until 11:41AM	Ganesha: Purple	<i>Sunrise:</i> 7:43AM	Subhakrit 5124	
Routine Work Marana Yoga		Yama 1:57PM – 3:00PM	Dhriti Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 4:02PM	Moon 11 - Phase 31 - 16	
Until 11:41AM		Rahu 10:50AM – 11:53AM	Balava Until 6:39AM	Nataraja: Purple		3rd Phase	
Then Creative Work - Amrita Yoga			Dvitiya Until 5:05PM	Moon – Orange		Devaloka Day	
				Margasira-Karttikai			

2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Birming., UK	
Dhanus Rasi: 11.12		Tithi 3 – 4		Mula*Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 223	
783376575		Gulika 7:45AM – 8:47AM	Mula* Until 9:26AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:45AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 12:55PM – 1:57PM	Shula* Until 7:41PM	Muruqa: Clear	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 31 - 17	
		Rahu 9:49AM – 10:51AM	Vanija Until 12:26AM Sun	Nataraja: Purple		3rd Phase	
			Tritiya Until 1:57PM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Birming., UK	
Dhanus Rasi: 25.59		Tithi 4 – 5		Purvashadha* Uttarashadha Nakshatra Ganda* Vriddhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 224	
783376575		Gulika 1:57PM – 2:58PM	Purvashadha* Until 7:06AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:46AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 11:53AM – 12:55PM	Ganda* Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 4:00PM	Moon 11 - Phase 31 - 18	
Until 7:06AM		Rahu 2:58PM – 4:00PM	Bava Until 9:29PM	Nataraja: Purple		3rd Phase	
Then Creative Work - Amrita Yoga			Chaturthi* Until 10:55AM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		Birming., UK	
Makara Rasi: 10.38		Tithi 5 – 6		Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 225	
793376575		Gulika 12:55PM – 1:56PM	Shravana Until 3:06AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:48AM	Subhakrit 5124	
Family Home Evening		Yama 10:52AM – 11:54AM	Vriddhi Until 12:32PM	Muruqa: Clear	<i>Sunset:</i> 3:59PM	Moon 11 - Phase 31 - 19	
Creative Work Amrita Yoga		Rahu 8:49AM – 9:51AM	Kaulava Until 6:47PM	Nataraja: Purple		3rd Phase	
Until 3:06AM Tue			Panchami Until 8:04AM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Birming., UK	
Makara Rasi: 25.03		Tithi 7		Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 226	
793376575		Gulika 11:54AM – 12:55PM	Dhanishtha Until 1:39AM Wed	Ganesha: Orange	<i>Sunrise:</i> 7:49AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 9:52AM – 10:53AM	Dhruva Until 9:20AM	Muruqa: Clear	<i>Sunset:</i> 3:58PM	Moon 11 - Phase 31 - 20	
		Rahu 1:56PM – 2:57PM	Gara Until 4:28PM	Nataraja: Purple		3rd Phase	
			Saptami Until 3:28AM Wed	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Birming., UK	
Kumbha Rasi: 9.11		Tithi 8		Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 227	
794376575		Gulika 10:53AM – 11:54AM	Shatabhishak Until 12:32AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:51AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 8:52AM – 9:53AM	Vyaghata* Until 6:29AM	Muruqa: Clear	<i>Sunset:</i> 3:58PM	Moon 11 - Phase 31 - 21	
		Rahu 11:54AM – 12:55PM	Visti Until 2:37PM	Nataraja: Purple		Ashtami	
			Ashtami* Until 1:51AM Thu	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Birming., UK	
Kumbha Rasi: 23.02		Tithi 9		Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 228	
714376575		Gulika 9:54AM – 10:54AM	Purvaproshtapada* Until 12:12AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:52AM	Subhakrit 5124	
Creative Work Siddha Yoga		Yama 7:52AM – 8:53AM	Vajra* Until 1:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 3:57PM	Moon 11 - Phase 31 - 22	
		Rahu 12:55PM – 1:56PM	Balava Until 1:15PM	Nataraja: Purple		Navami	
			Navami* Until 12:45AM Fri	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Birming., UK
				Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23
Meena Rasi: 6.34	Tithi 10	Gulika 8:54AM – 9:54AM	Uttaraproshtapada Until 12:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:54AM		Subhakrit 5124	
		Yama 1:56PM – 2:56PM	Siddhi Until 12:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:55AM – 11:55AM	Taitila Until 12:25PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 12:10AM Sat	Moon – Clear		Sivaloka Day		
Until 12:14AM Sat				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Birming., UK
				Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24
Meena Rasi: 19.49	Tithi 11	Gulika 7:55AM – 8:55AM	Revati Until 12:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:55AM		Subhakrit 5124	
		Yama 12:56PM – 1:56PM	Vyatipata* Until 11:04PM	Muruqa: Clear	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:55AM – 10:55AM	Vanija Until 12:05PM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 12:06AM Sun	Moon – Clear		Sivaloka Day		
Until 12:37AM Sun				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
				Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25
Mesha Rasi: 2.48	Tithi 12	Gulika 1:56PM – 2:55PM	Ashvini Until 1:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:57AM		Subhakrit 5124	
		Yama 11:56AM – 12:56PM	Variyan Until 10:10PM	Muruqa: Clear	<i>Sunset:</i> 3:55PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 2:55PM – 3:55PM	Bava Until 12:15PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 12:30AM Mon	Moon – White		Devaloka Day		
				Margasira-Karttikai				

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Birming., UK
				Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
Mesha Rasi: 15.34	Tithi 13	Gulika 12:56PM – 1:55PM	Bharani Until 3:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:58AM		Subhakrit 5124	
Family Home Evening		Yama 10:57AM – 11:56AM	Parigha* Until 9:37PM	Muruqa: Clear	<i>Sunset:</i> 3:55PM	Moon 11 - Phase 32 - 26		
		724376575 Rahu 8:58AM – 9:57AM	Kaulava Until 12:53PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 1:20AM Tue	Moon – White		Devaloka Day		
				Margasira-Karttikai				
<i>Pradosha Vrata</i>								

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Birming., UK
				Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
Mesha Rasi: 28.08	Tithi 14	Gulika 11:57AM – 12:56PM	Krittika Until 4:47AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:59AM		Subhakrit 5124	
		Yama 9:58AM – 10:57AM	Shiva Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 3:54PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 1:55PM – 2:55PM	Gara Until 1:56PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 2:35AM Wed	Moon – White		Devaloka Day		
		Krittika Deepam		Margasira-Karttikai				

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
				Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 234
Vrishabha Rasi: 10.32	Tithi 15	Gulika 10:58AM – 11:57AM	Rohini Until 7:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 8:01AM		Subhakrit 5124	
		Yama 9:00AM – 9:59AM	Siddha Until 9:25PM	Muruqa: Clear	<i>Sunset:</i> 3:54PM	Moon 11 - Phase 32 - Purnima		
		734376575 Rahu 11:57AM – 12:56PM	Visti Until 3:22PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 4:12AM Thu	Moon – Yellow		Sivaloka Day		
Until 7:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Birming., UK
				Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 235
Vrishabha Rasi: 22.46	Tithi 16	Gulika 10:00AM – 10:59AM	Rohini Until 7:05AM	Ganesha: Yellow	<i>Sunrise:</i> 8:02AM		Subhakrit 5124	
		Yama 8:02AM – 9:01AM	Sadhya Until 9:43PM	Muruqa: Clear	<i>Sunset:</i> 3:54PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 12:57PM – 1:56PM	Balava Until 5:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Prathama* Until 6:09AM Fri	Moon – Yellow		Sivaloka Day		
				Margasira-Karttikai				
Vinayaga Viratam Begins								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK

Sutra 236

Subhakrit 5124

Mithuna Rasi: 4.53 Tithi 16 – 17

734476575

Gulika 9:02AM – 10:00AM
Yama 1:56PM – 2:54PM
Rahu 10:59AM – 11:58AM

Mrigashira Until 9:32AM

Subha Until 10:14PM

Taitila Until 7:15PM

Prathama* Until 6:09AM

Ganesha: Red

Sunrise: 8:03AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Creative Work Siddha Yoga

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 16.53 Tithi 17 – 18

734476575

Gulika 8:04AM – 9:03AM
Yama 12:57PM – 1:56PM
Rahu 10:01AM – 11:00AM

Ardra Until 12:03PM

Sukla Until 10:54PM

Vanija Until 9:35PM

Dvitiya Until 8:22AM

Ganesha: Red

Sunrise: 8:04AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Creative Work Siddha Yoga

Sivaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Birming., UK

Sun 2 Sutra 238

Subhakrit 5124

Mithuna Rasi: 28.49 Tithi 18 – 19

744476575

Gulika 1:56PM – 2:54PM
Yama 11:59AM – 12:57PM
Rahu 2:54PM – 3:53PM

Punarvasu Until 3:06PM

Brahma Until 11:42PM

Bava Until 12:04AM Mon

Tritiya Until 10:47AM

Ganesha: Green

Sunrise: 8:05AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 10.41 Tithi 19 – 20

745476575

Gulika 12:58PM – 1:56PM
Yama 11:01AM – 11:59AM
Rahu 9:04AM – 10:03AM

Pushya Until 6:03PM

Indra Until 12:33AM Tue

Kaulava Until 2:36AM Tue

Chaturthi* Until 1:19PM

Ganesha: White

Sunrise: 8:06AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 22.34 Tithi 20 – 21

745476575

Gulika 12:00PM – 12:58PM
Yama 10:04AM – 11:02AM
Rahu 1:56PM – 2:55PM

Ashlesha* Until 8:48PM

Vaidhriti* Until 1:19AM Wed

Gara Until 5:03AM Wed

Panchami Until 3:49PM

Ganesha: White

Sunrise: 8:07AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija Karana Shashthyam Titau

Birming., UK

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 4.29 Tithi 21

755476575

Gulika 11:02AM – 12:00PM
Yama 9:06AM – 10:04AM
Rahu 12:00PM – 12:59PM

Magha* Until 11:42PM

Vishkambha* Until 1:55AM Thu

Vanija Until 6:10PM

Shashthi* Until 6:10PM

Ganesha: Clear

Sunrise: 8:08AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Creative Work Siddha Yoga

Sivaloka Day

Until 11:42PM

Then Creative Work - Amrita Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Birming., UK

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 16.29 Tithi 22

755476575

Gulika 10:05AM – 11:03AM
Yama 8:09AM – 9:07AM
Rahu 12:59PM – 1:57PM

Purvaphalguni Until 2:02AM Fri

Priti Until 2:13AM Fri

Visti Until 7:14AM

Saptami Until 8:08PM

Ganesha: Clear

Sunrise: 8:09AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Creative Work Siddha Yoga

Sivaloka Day

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK

Sun 7 Sutra 243

Subhakrit 5124

Simha Rasi: 28.41 Tithi 23

855476575

Gulika 9:08AM – 10:06AM
Yama 1:57PM – 2:55PM
Rahu 11:04AM – 12:01PM

Uttaraphalguni Until 3:38AM Sat

Ayushman Until 2:02AM Sat

Balava Until 8:57AM

Ashtami* Until 9:33PM

Ganesha: White

Sunrise: 8:10AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Creative Work Siddha Yoga

Devaloka Day

Until 3:38AM Sat

Then Routine Work - Marana Yoga

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 11.09 Tithi 24

865476575

Gulika 8:11AM – 9:08AM
Yama 1:00PM – 1:58PM
Rahu 10:06AM – 11:04AM

Hasta Until 4:49AM Sun

Saubhagya Until 1:17AM Sun

Taitila Until 10:01AM

Navami* Until 10:14PM

Ganesha: Clear

Sunrise: 8:11AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Purple

Moon – Green

Margasira-Markali

Routine Work Marana Yoga

Sivaloka Day

Until 4:49AM Sun

Then Creative Work - Siddha Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20


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1	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Birming., UK
			Chitra Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9 Sutra 245
	Kanya Rasi: 23.58	Tithi 25	Gulika 1:58PM – 2:56PM	Chitra Until 5:01AM Mon	Subhakrit 5124
			Yama 12:02PM – 1:00PM	Sobhana Until 11:54PM	Moon 12 - Phase 34 - 9
		865476575 Rahu 2:56PM – 3:54PM	Vanija Until 10:17AM	2nd Phase	
Creative Work Siddha Yoga				Ganesha: Clear <i>Sunrise:</i> 8:11AM	
Until 5:01AM Mon				Muruqa: Clear <i>Sunset:</i> 3:54PM	Sivaloka Day
Then Creative Work - Amrita Yoga				Nataraja: Purple	
				Moon – Green	
				Margasira*Markali	

2	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Birming., UK
			Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 246
	Tula Rasi: 7.12	Tithi 26	Gulika 1:01PM – 1:58PM	Svati Until 4:15AM Tue	Subhakrit 5124
			Yama 11:05AM – 12:03PM	Athiganda* Until 9:49PM	Moon 12 - Phase 34 - 10
Family Home Evening		865476575 Rahu 9:10AM – 10:07AM	Bava Until 9:42AM	2nd Phase	
Creative Work Amrita Yoga				Nataraja: Purple	
Until 4:15AM Tue				Moon – Green	Sivaloka Day
Then Routine Work - Marana Yoga				Margasira*Markali	

3	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Birming., UK
			Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 247
	Tula Rasi: 20.55	Tithi 27	Gulika 12:03PM – 1:01PM	Vishakha Until 3:01AM Wed	Subhakrit 5124
			Yama 10:08AM – 11:06AM	Sukarma Until 7:07PM	Moon 12 - Phase 34 - 11
		875476575 Rahu 1:59PM – 2:57PM	Kaulava Until 8:17AM	2nd Phase	
Routine Work Marana Yoga				Ganesha: Purple <i>Sunrise:</i> 8:13AM	
Until 3:01AM Wed				Muruqa: Clear <i>Sunset:</i> 3:54PM	Devaloka Day
Then Creative Work - Siddha Yoga				Nataraja: Purple	
				Moon – Orange	
				Margasira*Markali	

4	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Birming., UK
			Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 248
	Vrischika Rasi: 5.07	Tithi 28 – 29	Gulika 11:06AM – 12:04PM	Anuradha Until 1:00AM Thu	Subhakrit 5124
			Yama 9:11AM – 10:09AM	Dhriti Until 3:52PM	Moon 12 - Phase 34 - 12
		876476575 Rahu 12:04PM – 1:02PM	Gara Until 6:06AM	2nd Phase	
Creative Work Siddha Yoga				Nataraja: Purple	
Until 1:00AM Thu				Moon – Orange	Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Day 1 of Pancha Ganapati		Margasira*Markali	
				<i>Pradosha Vrata (Fasting)</i>	

	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Birming., UK
	Retreat Star		Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 249
	Vrischika Rasi: 19.44	Tithi 29 – 30	Gulika 10:09AM – 11:07AM	Jyeshtha* Until 10:22PM	Subhakrit 5124
			Yama 8:14AM – 9:11AM	Shula* Until 12:09PM	Moon 12 - Phase 34 - 13
		876476575 Rahu 1:02PM – 2:00PM	Catuspada Until 12:02AM Fri	Amavasya	
Routine Work Prabalarishta Yoga				Ganesha: Clear <i>Sunrise:</i> 8:14AM	
Until 10:22PM				Muruqa: Clear <i>Sunset:</i> 3:55PM	Sivaloka Day
Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Nataraja: Purple	
				Moon – Orange	
				Margasira*Markali	

Retreat Star	Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Birming., UK
			Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 250
	Dhanus Rasi: 4.41	Tithi 30 – 1	Gulika 9:12AM – 10:10AM	Mula* Until 7:42PM	Subhakrit 5124
			Yama 2:00PM – 2:58PM	Ganda* Until 8:08AM	Moon 12 - Phase 34 - 14
		886476575 Rahu 11:07AM – 12:05PM	Kintughna Until 8:29PM	Prathama	
Creative Work Amrita Yoga				Nataraja: Purple	
Until 7:42PM				Moon – Light Blue	Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Day 3 of Pancha Ganapati		Pausha*Markali	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Birming., UK Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 19.5	Tithi 1 – 2	886486575	Gulika 8:15AM – 9:12AM Yama 1:03PM – 2:01PM Rahu 10:10AM – 11:08AM	Purvashadha* Until 4:46PM Dhruva Until 11:40PM Kaulava Until 2:58AM Sun Prathama* Until 6:38AM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	<i>Sunrise:</i> 8:15AM <i>Sunset:</i> 3:56PM	Moon 12 - Phase 35 - 15 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 4:46PM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Birming., UK Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 5.01	Tithi 3	886486575	Gulika 2:02PM – 2:59PM Yama 12:06PM – 1:04PM Rahu 2:59PM – 3:57PM	Uttarashadha Until 1:46PM Vyaghata* Until 7:30PM Taitila Until 1:11PM Tritiya Until 11:26PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	<i>Sunrise:</i> 8:15AM <i>Sunset:</i> 3:57PM	Moon 12 - Phase 35 - 16 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati					

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Birming., UK Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 20.04	Tithi 4	896486576	Gulika 1:04PM – 2:02PM Yama 11:09AM – 12:07PM Rahu 9:13AM – 10:11AM	Shravana Until 11:15AM Harshana Until 3:35PM Vanija Until 9:48AM Chaturthi* Until 8:13PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	<i>Sunrise:</i> 8:15AM <i>Sunset:</i> 3:58PM	Moon 12 - Phase 35 - 17 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 11:15AM Then Creative Work - Siddha Yoga							

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau		Birming., UK Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 4.5	Tithi 5 – 6	896486576	Gulika 12:07PM – 1:05PM Yama 10:11AM – 11:09AM Rahu 2:03PM – 3:01PM	Dhanishtha Until 9:00AM Vajra* Until 11:58AM Bava Until 6:47AM Panchami Until 5:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	<i>Sunrise:</i> 8:16AM <i>Sunset:</i> 3:59PM	Moon 12 - Phase 35 - 18 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:00AM Then Routine Work - Marana Yoga							

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Birming., UK Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 19.14	Tithi 6 – 7	896486576	Gulika 11:10AM – 12:08PM Yama 9:14AM – 10:12AM Rahu 12:08PM – 1:06PM	Shatabhishak Until 7:08AM Siddhi Until 8:50AM Gara Until 2:27AM Thu Shashthi* Until 3:16PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	<i>Sunrise:</i> 8:16AM <i>Sunset:</i> 3:59PM	Moon 12 - Phase 35 - 19 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:08AM Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Nariyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Birming., UK Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 3.12	Tithi 7 – 8	817486576	Gulika 10:12AM – 11:10AM Yama 8:16AM – 9:14AM Rahu 1:06PM – 2:04PM	Purvaprosarthapada* Until 6:12AM Vyatipata* Until 6:14AM Visti Until 1:20AM Fri Saptami Until 1:47PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	<i>Sunrise:</i> 8:16AM <i>Sunset:</i> 4:00PM	Moon 12 - Phase 35 - 20 Ashtami Devaloka Day
Creative Work Siddha Yoga							

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Birming., UK Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 16.44	Tithi 8 – 9	817486576	Gulika 9:14AM – 10:12AM Yama 2:05PM – 3:03PM Rahu 11:10AM – 12:09PM	Revati Until 6:04AM Sat Parigha* Until 2:44AM Sat Balava Until 12:57AM Sat Ashtami* Until 1:02PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	<i>Sunrise:</i> 8:16AM <i>Sunset:</i> 4:01PM	Moon 12 - Phase 35 - 21 Navami Devaloka Day
Creative Work Siddha Yoga							

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantla Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Birming., UK Sun 22	Sutra 258 Subhakrit 5124
Meena Rasi: 29.52	Tithi 9 – 10	Gulika 8:16AM – 9:14AM	Revati Until 6:04AM	Ganesha: Blue	<i>Sunrise:</i> 8:16AM		
		Yama 1:07PM – 2:06PM	Shiva Until 1:51AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:02PM	Moon 12 - Phase 36 - 22	4th Phase
	817486576	Rahu 10:12AM – 11:11AM	Taitila Until 1:17AM Sun	Nataraja: Clear			
Routine Work	Prabalarishta Yoga		Navami* Until 1:01PM	Moon – Clear		Devaloka Day	
Until 6:04AM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Birming., UK Sun 23	Sutra 259 Subhakrit 5124
Mesha Rasi: 12.4	Tithi 10 – 11	Gulika 2:06PM – 3:05PM	Ashvini Until 7:16AM	Ganesha: Yellow	<i>Sunrise:</i> 8:16AM		
		Yama 12:10PM – 1:08PM	Siddha Until 1:24AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:03PM	Moon 12 - Phase 36 - 23	4th Phase
	827486576	Rahu 3:05PM – 4:03PM	Vanija Until 2:16AM Mon	Nataraja: Clear			
Creative Work	Siddha Yoga		Dashami Until 1:41PM	Moon – White		Sivaloka Day	
Until 7:16AM		Vaikuntha Ekadasi		Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							

3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Birming., UK Sun 24	Sutra 260 Subhakrit 5124
Mesha Rasi: 25.1	Tithi 11 – 12	Gulika 1:09PM – 2:07PM	Bharani Until 8:53AM	Ganesha: Yellow	<i>Sunrise:</i> 8:16AM		
Family Home Evening		Yama 11:11AM – 12:10PM	Sadhya Until 1:22AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 36 - 24	4th Phase
	827486576	Rahu 9:14AM – 10:13AM	Bava Until 3:44AM Tue	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi Until 2:55PM	Moon – White		Sivaloka Day	
Until 8:53AM				Pausha-Markali			
Then Routine Work - Marana Yoga							

4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Birming., UK Sun 25	Sutra 261 Subhakrit 5124
Vrishabha Rasi: 7.28	Tithi 12 – 13	Gulika 12:10PM – 1:09PM	Krittika Until 10:47AM	Ganesha: Blue	<i>Sunrise:</i> 8:16AM		
		Yama 10:13AM – 11:12AM	Subha Until 1:38AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:05PM	Moon 12 - Phase 36 - 25	4th Phase
	827586576	Rahu 2:08PM – 3:07PM	Kaulava Until 5:35AM Wed	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvadashi Until 4:36PM	Moon – White		Subha Sivaloka Day	
Until 10:47AM				Pausha-Markali			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata</i>			

5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila Karana Trayodashyam Titau		Birming., UK Sun 26	Sutra 262 Subhakrit 5124
Vrishabha Rasi: 19.37	Tithi 13	Gulika 11:12AM – 12:11PM	Rohini Until 1:21PM	Ganesha: White	<i>Sunrise:</i> 8:15AM		
		Yama 9:14AM – 10:13AM	Sukla Until 2:05AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 36 - 26	4th Phase
	838586576	Rahu 12:11PM – 1:10PM	Taitila Until 6:36PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Trayodashi Until 6:36PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			

6		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Birming., UK Sun 27	Sutra 263 Subhakrit 5124
Mithuna Rasi: 1.4	Tithi 14	Gulika 10:13AM – 11:12AM	Mrigashira Until 3:59PM	Ganesha: White	<i>Sunrise:</i> 8:15AM		
		Yama 8:15AM – 9:14AM	Brahma Until 2:42AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 36 - 27	4th Phase
	838586576	Rahu 1:11PM – 2:10PM	Gara Until 7:43AM	Nataraja: Clear			
Routine Work	Marana Yoga		Chaturdashi* Until 8:50PM	Moon – Yellow		Devaloka Day	
		Subramuniyaswami Jayanti		Pausha-Markali			

○		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Birming., UK Sun 28	Sutra 264 Subhakrit 5124
Mithuna Rasi: 13.38	Tithi 15	Gulika 9:14AM – 10:13AM	Ardra Until 6:36PM	Ganesha: White	<i>Sunrise:</i> 8:15AM		
		Yama 2:10PM – 3:10PM	Indra Until 3:25AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 36 - Purnima	
	838586576	Rahu 11:13AM – 12:12PM	Visti Until 10:01AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			
		Ardra Darshanam					

○		Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Birming., UK Sun 29	Sutra 265 Subhakrit 5124
Mithuna Rasi: 25.34	Tithi 16	Gulika 8:14AM – 9:14AM	Punarvasu Until 9:38PM	Ganesha: Clear	<i>Sunrise:</i> 8:14AM		
		Yama 1:12PM – 2:11PM	Vaidhriti* Until 4:10AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 36 - Prathama	
	848586576	Rahu 10:13AM – 11:13AM	Balava Until 12:26PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 1:39AM Sun	Moon – Blue		Sivaloka Day	
				Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 7.28 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:12PM – 3:12PM **Pushya Until 12:33AM Mon**
Yama 12:13PM – 1:13PM Vishkambha* Until 4:57AM Mon
Rahu 3:12PM – 4:12PM Taitila Until 2:55PM
Dvitiya Until 4:09AM Mon

Birming., UK
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:14AM
Muruqa: Purple Sunset: 4:12PM
Nataraja: Clear
Moon – Blue Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 19.22 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 1:13PM – 2:13PM **Ashlesha* Until 3:17AM Tue**
Yama 11:13AM – 12:13PM Priti Until 5:45AM Tue
Rahu 9:13AM – 10:13AM Vanija Until 5:25PM
Tritiya Until 6:37AM Tue

Birming., UK
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:13AM
Muruqa: Purple Sunset: 4:13PM
Nataraja: Clear
Moon – Blue Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 1.15 Tithi 18 – 19
Creative Work Siddha Yoga
Until 6:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 12:14PM – 1:14PM **Magha* Until 6:16AM Wed**
Yama 10:13AM – 11:13AM Ayushman Until 6:26AM Wed
Rahu 2:14PM – 3:14PM Bava Until 7:51PM
Tritiya Until 6:37AM

Birming., UK
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2nd Phase
Devaloka Day
Ganesha: Purple Sunrise: 8:13AM
Muruqa: Purple Sunset: 4:15PM
Nataraja: Clear
Moon – Red Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 13.11 Tithi 19 – 20
Creative Work Siddha Yoga
Until 6:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:14AM – 12:14PM **Magha* Until 6:16AM**
Yama 9:13AM – 10:13AM Ayushman Until 6:26AM
Rahu 12:14PM – 1:15PM Kaulava Until 10:07PM
Chaturthi* Until 8:59AM

Birming., UK
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3rd Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:12AM
Muruqa: Purple Sunset: 4:16PM
Nataraja: Clear
Moon – Red Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 25.13 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 10:13AM – 11:14AM **Purvaphalguni Until 8:51AM**
Yama 8:11AM – 9:12AM Saubhagya Until 6:58AM
Rahu 1:15PM – 2:16PM Gara Until 12:03AM Fri
Panchami Until 11:07AM

Birming., UK
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4th Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:11AM
Muruqa: Purple Sunset: 4:17PM
Nataraja: Clear
Moon – Red Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 7.23 Tithi 21 – 22
Creative Work Siddha Yoga
Until 10:55AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 9:12AM – 10:13AM **Uttaraphalguni Until 10:55AM**
Yama 2:17PM – 3:18PM Sobhana Until 7:13AM
Rahu 11:14AM – 12:15PM Visti Until 1:30AM Sat
Shashthi* Until 12:50PM

Birming., UK
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5th Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:11AM
Muruqa: Purple Sunset: 4:19PM
Nataraja: Clear
Moon – Red Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 19.46 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 8:10AM – 9:11AM **Hasta Until 12:46PM**
Yama 1:17PM – 2:18PM Athiganda* Until 7:03AM
Rahu 10:13AM – 11:14AM Balava Until 2:17AM Sun
Saptami Until 1:58PM

Birming., UK
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6th Phase
Ashtami
Subha Sivaloka Day
Ganesha: White Sunrise: 8:10AM
Muruqa: Purple Sunset: 4:20PM
Nataraja: Clear
Moon – Green Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 2.28 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:19PM – 3:20PM **Chitra Until 1:45PM**
Yama 12:16PM – 1:17PM Sukarma Until 6:21AM
Rahu 3:20PM – 4:22PM Taitila Until 2:15AM Mon
Ashtami* Until 2:21PM

Birming., UK
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7th Phase
Navami
Subha Sivaloka Day
Ganesha: White Sunrise: 8:09AM
Muruqa: Purple Sunset: 4:22PM
Nataraja: Clear
Moon – Green Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Birming., UK
		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 274
1		Gulika 1:18PM – 2:20PM	Svati Until 1:46PM	Ganesha: White	<i>Sunrise:</i> 8:08AM	Subhakrit 5124
Tula Rasi: 15.34	Tithi 24 – 25	Yama 11:14AM – 12:16PM	Shula* Until 3:03AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:24PM	Moon 1 - Phase 38 - 8
Family Home Evening	869586576	Rahu 9:10AM – 10:12AM	Vanija Until 1:23AM Tue	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 1:54PM	Moon – Green	Subha Sivaloka Day	
Until 1:46PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Birming., UK
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 275
2		Gulika 12:16PM – 1:19PM	Vishakha Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 8:07AM	Subhakrit 5124
Tula Rasi: 29.08	Tithi 25 – 26	Yama 10:12AM – 11:14AM	Ganda* Until 12:24AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:25PM	Moon 1 - Phase 38 - 9
879586576		Rahu 2:21PM – 3:23PM	Bava Until 11:40PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 12:36PM	Moon – Orange	Sivaloka Day	
Until 1:15PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Birming., UK
		Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 276
3		Gulika 11:14AM – 12:17PM	Anuradha Until 11:48AM	Ganesha: Yellow	<i>Sunrise:</i> 8:06AM	Subhakrit 5124
Vischika Rasi: 13.11	Tithi 26 – 27	Yama 9:09AM – 10:11AM	Vriddhi Until 9:11PM	Muruqa: Purple	<i>Sunset:</i> 4:27PM	Moon 1 - Phase 38 - 10
879586576		Rahu 12:17PM – 1:19PM	Kaulava Until 9:13PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:30AM	Moon – Orange	Sivaloka Day	
				Pausha*Thai		

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Birming., UK
		Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 277
4		Gulika 10:11AM – 11:14AM	Jyeshtha* Until 9:33AM	Ganesha: Yellow	<i>Sunrise:</i> 8:05AM	Subhakrit 5124
Vischika Rasi: 27.43	Tithi 27 – 28	Yama 8:05AM – 9:08AM	Dhruva Until 5:26PM	Muruqa: Purple	<i>Sunset:</i> 4:29PM	Moon 1 - Phase 38 - 11
871586576		Rahu 1:20PM – 2:23PM	Gara Until 6:09PM	Nataraja: Clear		2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 7:44AM	Moon – Orange	Sivaloka Day	
Until 9:33AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>						

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Birming., UK
		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 278
5		Gulika 9:08AM – 10:11AM	Mula* Until 7:04AM	Ganesha: Red	<i>Sunrise:</i> 8:04AM	Subhakrit 5124
Dhanus Rasi: 12.39	Tithi 29	Yama 2:24PM – 3:27PM	Vyaghata* Until 1:20PM	Muruqa: Purple	<i>Sunset:</i> 4:30PM	Moon 1 - Phase 38 - 12
881586576		Rahu 11:14AM – 12:17PM	Visti Until 2:38PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:44AM Sat	Moon – Light Blue	Sivaloka Day	
Until 7:04AM				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Birming., UK
		Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 279
	Retreat Star	Gulika 8:03AM – 9:07AM	Uttarashadha Until 12:51AM Sun	Ganesha: Red	<i>Sunrise:</i> 8:03AM	Subhakrit 5124
Dhanus Rasi: 27.52	Tithi 30	Yama 1:21PM – 2:25PM	Harshana Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Moon 1 - Phase 38 - 13
881586576		Rahu 10:10AM – 11:14AM	Catuspada Until 10:50AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:53PM	Moon – Light Blue	Sivaloka Day	
Until 12:51AM Sun				Pausha*Thai		
Then Creative Work - Amrita Yoga						

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
		Shravana Nakshatra Siddhi Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 280
Retreat Star		Gulika 2:26PM – 3:30PM	Shravana Until 9:53PM	Ganesha: Yellow	<i>Sunrise:</i> 8:02AM	Subhakrit 5124
Makara Rasi: 13.12	Tithi 1 – 2	Yama 12:18PM – 1:22PM	Siddhi Until 12:11AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Moon 1 - Phase 38 - 14
891586576		Rahu 3:30PM – 4:34PM	Kintughna Until 6:57AM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 5:01PM	Moon – Purple	Sivaloka Day	
Until 9:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Birming., UK Sun 15
	Makara Rasi: 28.28	Tithi 2 – 3	Gulika 1:22PM – 2:27PM	Dhanishtha Until 7:00PM	Ganesha: Yellow	<i>Sunrise:</i> 8:01AM	Subhakit 5124
	Family Home Evening	891586576	Yama 11:14AM – 12:18PM	Vyatipata* Until 8:01PM	Muruqa: Purple	<i>Sunset:</i> 4:36PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		Rahu 9:05AM – 10:09AM	Taitila Until 11:36PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 1:19PM	Magha*Thai	Sivaloka Day		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthiyam Titau				Birming., UK Sun 16
	Kumbha Rasi: 13.3	Tithi 3 – 4	Gulika 12:18PM – 1:23PM	Shatabhishak Until 4:24PM	Ganesha: Yellow	<i>Sunrise:</i> 8:00AM	Subhakit 5124
	Routine Work	891586576	Yama 10:09AM – 11:14AM	Variyan Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM	Moon 1 - Phase 39 - 16
	Marana Yoga		Rahu 2:28PM – 3:33PM	Vanija Until 8:31PM	Nataraja: Clear		3rd Phase
			Tritiya Until 9:59AM	Magha*Thai	Sivaloka Day		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Birming., UK Sun 17
	Kumbha Rasi: 28.1	Tithi 4 – 5	Gulika 11:14AM – 12:19PM	Purvaproshtapada* Until 2:38PM	Ganesha: Blue	<i>Sunrise:</i> 7:58AM	Subhakit 5124
	Creative Work	911586576	Yama 9:03AM – 10:08AM	Parigha* Until 12:46PM	Muruqa: Purple	<i>Sunset:</i> 4:39PM	Moon 1 - Phase 39 - 17
	Amrita Yoga		Rahu 12:19PM – 1:24PM	Bava Until 6:01PM	Nataraja: Clear		3rd Phase
Until 2:38PM Then Creative Work - Siddha Yoga			Chaturthi* Until 7:09AM	Magha*Thai	Subha Sivaloka Day		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Shashthyam Titau				Birming., UK Sun 18
	Meena Rasi: 12.21	Tithi 6	Gulika 10:08AM – 11:13AM	Uttaraproshtapada Until 1:26PM	Ganesha: Blue	<i>Sunrise:</i> 7:57AM	Subhakit 5124
	Creative Work	911586576	Yama 7:57AM – 9:02AM	Shiva Until 9:59AM	Muruqa: Purple	<i>Sunset:</i> 4:41PM	Moon 1 - Phase 39 - 18
	Siddha Yoga		Rahu 1:24PM – 2:30PM	Kaulava Until 4:15PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 3:40AM Fri	Magha*Thai	Subha Sivaloka Day		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Birming., UK Sun 19
	Meena Rasi: 26.03	Tithi 7	Gulika 9:01AM – 10:07AM	Revati Until 12:55PM	Ganesha: Blue	<i>Sunrise:</i> 7:56AM	Subhakit 5124
	Creative Work	911586576	Yama 2:31PM – 3:37PM	Siddha Until 7:48AM	Muruqa: Purple	<i>Sunset:</i> 4:43PM	Moon 1 - Phase 39 - 19
	Siddha Yoga		Rahu 11:13AM – 12:19PM	Gara Until 3:20PM	Nataraja: Clear		3rd Phase
Until 12:55PM Then Creative Work - Amrita Yoga			Saptami Until 3:11AM Sat	Magha*Thai	Subha Sivaloka Day		

☾	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Birming., UK Sun 20
	Retreat Star		Gulika 7:54AM – 9:00AM	Ashvini Until 1:32PM	Ganesha: Yellow	<i>Sunrise:</i> 7:54AM	Subhakit 5124
	Mesha Rasi: 9.16	Tithi 8	Yama 1:26PM – 2:32PM	Sadhya Until 6:20AM	Muruqa: Purple	<i>Sunset:</i> 4:45PM	Moon 1 - Phase 39 - 20
	Creative Work	921586576	Rahu 10:07AM – 11:13AM	Visti Until 3:18PM	Nataraja: Clear		Ashtami
Siddha Yoga			Ashtami* Until 3:34AM Sun	Magha*Thai	Sivaloka Day		

☽	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Birming., UK Sun 21
	Retreat Star		Gulika 2:33PM – 3:40PM	Bharani Until 2:48PM	Ganesha: Yellow	<i>Sunrise:</i> 7:53AM	Subhakit 5124
	Mesha Rasi: 22.03	Tithi 9	Yama 12:19PM – 1:26PM	Sukla Until 5:16AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 1 - Phase 39 - 21
	Routine Work	922686576	Rahu 3:40PM – 4:46PM	Balava Until 4:04PM	Nataraja: Clear		Navami
Prabalarishta Yoga Until 2:48PM Then Creative Work - Siddha Yoga			Navami* Until 4:42AM Mon	Magha*Thai	Sivaloka Day		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Birming., UK
1		Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Sun 22
Vrishabha Rasi: 4.3	Tithi 10	Gulika 1:27PM – 2:34PM	Krittika Until 4:35PM	Ganesha: Yellow	<i>Sunrise:</i> 7:51AM	Subhakarit 5124
Family Home Evening	922686576	Yama 11:13AM – 12:20PM	Brahma Until 5:28AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 1 - Phase 40 - 22
Routine Work Marana Yoga		Rahu 8:58AM – 10:05AM	Taitila Until 5:32PM	Nataraja: Clear		4th Phase
Until 4:35PM			Dashami Until 6:27AM Tue	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga				Magha-Thai		

Tuesday, January 31, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Birming., UK
2		Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Sun 23
Vrishabha Rasi: 16.42	Tithi 10 – 11	Gulika 12:20PM – 1:27PM	Rohini Until 7:11PM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Subhakarit 5124
	932686576	Yama 10:05AM – 11:12AM	Indra Until 6:01AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40 - 23
Creative Work Amrita Yoga		Rahu 2:35PM – 3:42PM	Vanija Until 7:31PM	Nataraja: Clear		4th Phase
Until 7:11PM			Dashami Until 6:27AM	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

Wednesday, February 1, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
3		Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24
Vrishabha Rasi: 28.43	Tithi 11 – 12	Gulika 11:12AM – 12:20PM	Mrigashira Until 9:56PM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Subhakarit 5124
	932686576	Yama 8:57AM – 10:05AM	Indra Until 6:01AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40 - 24
Creative Work Siddha Yoga		Rahu 12:20PM – 1:27PM	Bava Until 9:50PM	Nataraja: Clear		4th Phase
			Ekadashi Until 8:37AM	Moon – Yellow		Subha Sivaloka Day
				Magha-Thai		

Thursday, February 2, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
4		Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25
Mithuna Rasi: 10.39	Tithi 12 – 13	Gulika 10:04AM – 11:12AM	Ardra Until 12:40AM Fri	Ganesha: White	<i>Sunrise:</i> 7:48AM	Subhakarit 5124
	932686576	Yama 7:48AM – 8:56AM	Vaidhriti* Until 6:43AM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40 - 25
Routine Work Marana Yoga		Rahu 1:28PM – 2:36PM	Kaulava Until 12:18AM Fri	Nataraja: Clear		4th Phase
Until 12:40AM Fri			Dvadashi Until 11:02AM	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		
				<i>Pradosha Vrata</i>		

Friday, February 3, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Birming., UK
5		Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26
Mithuna Rasi: 22.32	Tithi 13 – 14	Gulika 8:55AM – 10:03AM	Punarvasu Until 3:47AM Sat	Ganesha: Clear	<i>Sunrise:</i> 7:46AM	Subhakarit 5124
	942686576	Yama 2:37PM – 3:45PM	Vishkambha* Until 7:32AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40 - 26
Creative Work Siddha Yoga		Rahu 11:12AM – 12:20PM	Gara Until 2:49AM Sat	Nataraja: Clear		4th Phase
			Trayodashi Until 1:32PM	Moon – Blue		Sivaloka Day
				Magha-Thai		

Saturday, February 4, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Birming., UK
6		Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27
Kataka Rasi: 4.25	Tithi 14 – 15	Gulika 7:45AM – 8:54AM	Pushya Until 6:41AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:45AM	Subhakarit 5124
	942686577	Yama 1:29PM – 2:38PM	Priti Until 8:22AM	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 40 - 27
Creative Work Siddha Yoga		Rahu 10:03AM – 11:11AM	Visti Until 5:17AM Sun	Nataraja: Orange		4th Phase
			Chaturdashi* Until 4:02PM	Moon – Blue		Sivaloka Day
		Thai Pusam		Magha-Thai		

Sunday, February 5, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
O		Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Bava Karana Purnimayam Titau				Sun 29
Copper Retreat Star		Gulika 2:39PM – 3:48PM	Pushya Until 6:41AM	Ganesha: Clear	<i>Sunrise:</i> 7:43AM	Subhakarit 5124
Kataka Rasi: 16.19	Tithi 15	Yama 12:20PM – 1:30PM	Ayushman Until 9:08AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 40 -
	942686577	Rahu 3:48PM – 4:58PM	Bava Until 6:27PM	Nataraja: Orange		Purnima
Creative Work Siddha Yoga			Purnima* Until 6:27PM	Moon – Blue		Sivaloka Day
				Magha-Thai		

Monday, February 6, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Birming., UK
Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 29
Kataka Rasi: 28.15	Tithi 16	Gulika 1:30PM – 2:40PM	Ashlesha* Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 7:42AM	Subhakarit 5124
Family Home Evening	942686577	Yama 11:11AM – 12:20PM	Saubhagya Until 9:50AM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 40 -
Creative Work Siddha Yoga		Rahu 8:51AM – 10:01AM	Balava Until 7:39AM	Nataraja: Orange		Prathama
Until 9:19AM			Prathama* Until 8:46PM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Magha-Thai		



Tuesday, February 7, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

Simha Rasi: 10.14 Tithi 17

952686577

Gulika 12:21PM - 1:31PM
Yama 10:00AM - 11:10AM
Rahu 2:41PM - 3:51PM

Magha* Until 12:10PM
Sobhana Until 10:27AM
Taitila Until 9:54AM
Dvitiya Until 10:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:40AM
Sunset: 5:01PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, February 8, 2023

1

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Birming., UK

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

Simha Rasi: 22.17 Tithi 18

952686577

Gulika 11:10AM - 12:21PM
Yama 8:49AM - 9:59AM
Rahu 12:21PM - 1:31PM

Purvaphalguni Until 2:40PM
Athiganda* Until 10:54AM
Vanija Until 11:57AM
Tritiya Until 12:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:38AM
Sunset: 5:03PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Thursday, February 9, 2023

2

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Birming., UK

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

Kanya Rasi: 4.25 Tithi 19

952686577

Gulika 9:58AM - 11:10AM
Yama 7:36AM - 8:47AM
Rahu 1:32PM - 2:43PM

Uttaraphalguni Until 4:45PM
Sukarma Until 11:11AM
Bava Until 1:44PM
Chaturthi* Until 2:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:36AM
Sunset: 5:05PM

Subha Sivaloka Day

Until 4:45PM
Then Routine Work - Marana Yoga

Friday, February 10, 2023

3

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

Kanya Rasi: 16.42 Tithi 20

962686577

Gulika 8:46AM - 9:58AM
Yama 2:44PM - 3:55PM
Rahu 11:09AM - 12:21PM

Hasta Until 6:48PM
Dhriti Until 11:13AM
Kaulava Until 3:11PM
Panchami Until 3:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:34AM
Sunset: 5:07PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:48PM

Then Creative Work - Siddha Yoga

Saturday, February 11, 2023

4

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

Kanya Rasi: 29.1 Tithi 21

963686577

Gulika 7:33AM - 8:45AM
Yama 1:33PM - 2:45PM
Rahu 9:57AM - 11:09AM

Chitra Until 8:13PM
Shula* Until 10:52AM
Gara Until 4:08PM
Shashthi* Until 4:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:33AM
Sunset: 5:09PM

Devaloka Day

Routine Work Marana Yoga

Until 8:13PM

Then Creative Work - Siddha Yoga

Sunday, February 12, 2023

5

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Saplamyam Titau

Birming., UK

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Tula Rasi: 11.52 Tithi 22

963686577

Gulika 2:46PM - 3:58PM
Yama 12:21PM - 1:33PM
Rahu 3:58PM - 5:11PM

Svati Until 8:52PM
Ganda* Until 10:06AM
Visti Until 4:29PM
Saptami Until 4:22AM Mon

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:31AM
Sunset: 5:11PM

Devaloka Day

Creative Work Siddha Yoga

Until 8:52PM

Then Routine Work - Marana Yoga

Monday, February 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Tula Rasi: 24.54 Tithi 23

973686577

Gulika 1:34PM - 2:47PM
Yama 11:08AM - 12:21PM
Rahu 8:42AM - 9:55AM

Vishakha Until 9:08PM
Vridhhi Until 8:49AM
Balava Until 4:07PM
Ashtami* Until 3:39AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon - Orange
Magha*Masi

Sunrise: 7:29AM
Sunset: 5:13PM

Sivaloka Day

Routine Work Marana Yoga

Until 9:08PM

Then Creative Work - Siddha Yoga

Tuesday, February 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

Vrischika Rasi: 8.19 Tithi 24

973686577

Gulika 12:21PM - 1:34PM
Yama 9:54AM - 11:07AM
Rahu 2:48PM - 4:01PM

Anuradha Until 8:32PM
Dhruva Until 6:56AM
Taitila Until 3:02PM
Navami* Until 2:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon - Orange
Magha*Masi

Sunrise: 7:27AM
Sunset: 5:14PM

Sivaloka Day

Creative Work Siddha Yoga

Until 8:32PM

Then Routine Work - Marana Yoga

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Birming., UK on 5/1/20


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1	Wednesday, February 15, 2023	Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam			Birming., UK
		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau			Sun 9 Sutra 304
Wrischika Rasi: 22.1	Tithi 25	Gulika 11:07AM – 12:21PM	Jyeshtha* Until 7:05PM	Ganesha: Clear <i>Sunrise:</i> 7:25AM	Subhakarit 5124
		Yama 8:39AM – 9:53AM	Harshana Until 1:29AM Thu	Muruqa: Purple <i>Sunset:</i> 5:16PM	Moon 2 - Phase 42 - 9
	973686577	Rahu 12:21PM – 1:35PM	Vanija Until 1:13PM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:02AM Thu	Moon – Orange	Sivaloka Day
Until 7:05PM				Magha-Masi	
Then Routine Work - Marana Yoga					

2	Thursday, February 16, 2023	Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam			Birming., UK
		Mula*Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau			Sun 10 Sutra 305
Dhanus Rasi: 6.27	Tithi 26	Gulika 9:52AM – 11:06AM	Mula* Until 5:18PM	Ganesha: White <i>Sunrise:</i> 7:23AM	Subhakarit 5124
		Yama 7:23AM – 8:37AM	Vajra* Until 9:59PM	Muruqa: Purple <i>Sunset:</i> 5:18PM	Moon 2 - Phase 42 - 10
	983686577	Rahu 1:35PM – 2:49PM	Bava Until 10:44AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:16PM	Moon – Light Blue	Devaloka Day
				Magha-Masi	

3	Friday, February 17, 2023	Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Birming., UK
		Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 11 Sutra 306
Dhanus Rasi: 21.08	Tithi 27	Gulika 8:36AM – 9:51AM	Purvashadha* Until 2:53PM	Ganesha: White <i>Sunrise:</i> 7:21AM	Subhakarit 5124
		Yama 2:50PM – 4:05PM	Siddhi Until 6:08PM	Muruqa: Purple <i>Sunset:</i> 5:20PM	Moon 2 - Phase 42 - 11
	983686577	Rahu 11:06AM – 12:21PM	Kaulava Until 7:43AM	Nataraja: Orange	2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 6:02PM	Moon – Light Blue	Devaloka Day
Until 2:53PM				Magha-Masi	
Then Routine Work - Marana Yoga					

4	Saturday, February 18, 2023	Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam			Birming., UK
		Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Sun 12 Sutra 307
Makara Rasi: 6.08	Tithi 28 – 29	Gulika 7:19AM – 8:34AM	Uttarashadha Until 11:59AM	Ganesha: White <i>Sunrise:</i> 7:19AM	Subhakarit 5124
		Yama 1:36PM – 2:51PM	Vyatipata* Until 2:01PM	Muruqa: Purple <i>Sunset:</i> 5:22PM	Moon 2 - Phase 42 - 12
	983686577	Rahu 9:50AM – 11:05AM	Visti Until 12:40AM Sun	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 2:29PM	Moon – Light Blue	Devaloka Day
Until 11:59AM				Magha-Masi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

	Sunday, February 19, 2023	Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Birming., UK
	Retreat Star	Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau			Sun 13 Sutra 308
Makara Rasi: 21.18	Tithi 29 – 30	Gulika 2:52PM – 4:08PM	Shravana Until 9:11AM	Ganesha: Green <i>Sunrise:</i> 7:17AM	Subhakarit 5124
		Yama 12:20PM – 1:36PM	Variyan Until 9:45AM	Muruqa: Purple <i>Sunset:</i> 5:24PM	Moon 2 - Phase 42 - 13
	993686577	Rahu 4:08PM – 5:24PM	Catuspada Until 8:57PM	Nataraja: Orange	Amavasya
Creative Work	Amrita Yoga		Chaturdashy* Until 10:47AM	Moon – Purple	Devaloka Day
Until 9:11AM				Magha-Masi	
Then Routine Work - Marana Yoga					

Monday, February 20, 2023	Retreat Star	Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam			Birming., UK
		Dhanishtha/Shalabhishak Nakshatra Shiva Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 309
Kumbha Rasi: 6.29	Tithi 30 – 1	Gulika 1:37PM – 2:53PM	Dhanishtha Until 6:16AM	Ganesha: Green <i>Sunrise:</i> 7:15AM	Subhakarit 5124
Family Home Evening		Yama 11:04AM – 12:20PM	Shiva Until 1:27AM Tue	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 2 - Phase 42 - 14
	993686577	Rahu 8:31AM – 9:48AM	Bava Until 3:38AM Tue	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:07AM	Moon – Purple	Devaloka Day
				Phalgun-Masi	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

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1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Birming., UK Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 21.32	Tithi 2	913686577	Gulika 12:20PM – 1:37PM Yama 9:47AM – 11:03AM Rahu 2:54PM – 4:11PM	Purvaproshtapada* Until 1:10AM Wed Siddha Until 9:38PM Balava Until 2:02PM Dvitiya Until 12:31AM Wed	Ganesha: Red Sunrise: 7:13AM Muruqa: Purple Sunset: 5:28PM Nataraja: Orange Moon – Clear Phalguna-Masi	Moon 2 - Phase 43 - 15 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 1:10AM Wed Then Creative Work - Siddha Yoga						

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau		Birming., UK Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 6.16	Tithi 3	913686577	Gulika 11:03AM – 12:20PM Yama 8:28AM – 9:46AM Rahu 12:20PM – 1:38PM	Uttaraproshtapada Until 11:21PM Sadhya Until 6:16PM Taitila Until 11:11AM Tritiya Until 9:57PM	Ganesha: Red Sunrise: 7:11AM Muruqa: Purple Sunset: 5:29PM Nataraja: Orange Moon – Clear Phalguna-Masi	Moon 2 - Phase 43 - 16 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 11:21PM Then Routine Work - Marana Yoga						

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau		Birming., UK Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 20.35	Tithi 4	913786577	Gulika 9:44AM – 11:02AM Yama 7:09AM – 8:27AM Rahu 1:38PM – 2:56PM	Revati Until 10:05PM Subha Until 3:27PM Vanija Until 8:57AM Chaturthi* Until 8:05PM	Ganesha: Blue Sunrise: 7:09AM Muruqa: Purple Sunset: 5:31PM Nataraja: Orange Moon – Clear Phalguna-Masi	Moon 2 - Phase 43 - 17 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day				

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Birming., UK Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 4.25	Tithi 5	923786577	Gulika 8:25AM – 9:43AM Yama 2:57PM – 4:15PM Rahu 11:02AM – 12:20PM	Ashvini Until 9:55PM Sukla Until 1:15PM Bava Until 7:28AM Panchami Until 7:02PM	Ganesha: Yellow Sunrise: 7:07AM Muruqa: Purple Sunset: 5:33PM Nataraja: Orange Moon – White Phalguna-Masi	Moon 2 - Phase 43 - 18 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 9:55PM Then Creative Work - Siddha Yoga						

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau		Birming., UK Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 17.46	Tithi 6	923786577	Gulika 7:05AM – 8:23AM Yama 1:39PM – 2:57PM Rahu 9:42AM – 11:01AM	Bharani Until 10:27PM Brahma Until 11:44AM Kaulava Until 6:51AM Shashthi* Until 6:50PM	Ganesha: Yellow Sunrise: 7:05AM Muruqa: Purple Sunset: 5:35PM Nataraja: Orange Moon – White Phalguna-Masi	Moon 2 - Phase 43 - 19 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 10:27PM Then Creative Work - Amrita Yoga						

6		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Birming., UK Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 0.4	Tithi 7	924786577	Gulika 2:58PM – 4:18PM Yama 12:20PM – 1:39PM Rahu 4:18PM – 5:37PM	Krittika Until 11:39PM Indra Until 10:55AM Gara Until 7:05AM Saptami Until 7:30PM	Ganesha: Blue Sunrise: 7:02AM Muruqa: Purple Sunset: 5:37PM Nataraja: Orange Moon – White Phalguna-Masi	Moon 2 - Phase 43 - 20 3rd Phase Devaloka Day
Creative Work Siddha Yoga						

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Birming., UK Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 13.11	Tithi 8	934786577	Gulika 1:39PM – 2:59PM Yama 11:00AM – 12:19PM Rahu 8:20AM – 9:40AM	Rohini Until 1:51AM Tue Vaidhriti* Until 10:41AM Visti Until 8:09AM Ashtami* Until 8:55PM	Ganesha: Yellow Sunrise: 7:00AM Muruqa: Purple Sunset: 5:39PM Nataraja: Orange Moon – Yellow Phalguna-Masi	Moon 2 - Phase 43 - 21 Ashtami Sivaloka Day
Family Home Evening Creative Work Amrita Yoga Until 1:51AM Tue Then Creative Work - Siddha Yoga						

Retreat Star		Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 22 Sutra 317 Subhakrit 5124
Vrishabha Rasi: 25.25	Tithi 9	934786577	Gulika 12:19PM – 1:40PM Yama 9:39AM – 10:59AM Rahu 3:00PM – 4:20PM	Mrigashira Until 4:24AM Wed Vishkambha* Until 10:57AM Balava Until 9:52AM Navami* Until 10:54PM	Ganesha: Yellow Sunrise: 6:58AM Muruqa: Purple Sunset: 5:41PM Nataraja: Orange Moon – Yellow Phalguna-Masi	Moon 2 - Phase 43 - 22 Navami Sivaloka Day
Creative Work Siddha Yoga						

1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Birming., UK Sun 23 Sutra 318 Subhakrit 5124
Mithuna Rasi: 7.27	Tithi 10	Gulika Yama 934786577	10:58AM – 12:19PM 8:15AM – 9:36AM Rahu 12:19PM – 1:40PM	Ardra Until 7:06AM Thu Priti Until 11:34AM Taitila Until 12:04PM Dashami Until 1:15AM Thu	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sivaloka Day	Sunrise: 6:54AM Sunset: 5:44PM Moon 2 - Phase 44 - 23 4th Phase
Creative Work Siddha Yoga Until 7:06AM Thu Then Creative Work - Amrita Yoga						
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Birming., UK Sun 24 Sutra 319 Subhakrit 5124
Mithuna Rasi: 19.22	Tithi 11	Gulika Yama 934786577	9:35AM – 10:57AM 6:51AM – 8:13AM Rahu 1:41PM – 3:02PM	Ardra Until 7:06AM Ayushman Until 12:22PM Vanija Until 2:31PM Ekadashi Until 3:45AM Fri	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sivaloka Day	Sunrise: 6:51AM Sunset: 5:46PM Moon 2 - Phase 44 - 24 4th Phase
Routine Work Marana Yoga Until 7:06AM Then Creative Work - Amrita Yoga						
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Birming., UK Sun 25 Sutra 320 Subhakrit 5124
Kataka Rasi: 1.14	Tithi 12	Gulika Yama 944786577	8:12AM – 9:34AM 3:03PM – 4:26PM Rahu 10:56AM – 12:19PM	Punarvasu Until 10:14AM Saubhagya Until 1:14PM Bava Until 5:02PM Dvadashi Until 6:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Devaloka Day	Sunrise: 6:49AM Sunset: 5:48PM Moon 2 - Phase 44 - 25 4th Phase
Creative Work Siddha Yoga Until 10:14AM Then Routine Work - Marana Yoga						
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Birming., UK Sun 26 Sutra 321 Subhakrit 5124
Kataka Rasi: 13.06	Tithi 12 – 13	Gulika Yama 944786577	6:47AM – 8:10AM 1:41PM – 3:04PM Rahu 9:33AM – 10:56AM	Pushya Until 1:10PM Sobhana Until 2:05PM Kaulava Until 7:28PM Dvadashi Until 6:15AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Devaloka Day	Sunrise: 6:47AM Sunset: 5:50PM Moon 2 - Phase 44 - 26 4th Phase
Creative Work Siddha Yoga Until 1:10PM Then Routine Work - Marana Yoga						
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Birming., UK Sun 27 Sutra 322 Subhakrit 5124
Kataka Rasi: 25.01	Tithi 13 – 14	Gulika Yama 144786577	3:05PM – 4:28PM 12:18PM – 1:41PM Rahu 4:28PM – 5:51PM	Ashlesha* Until 3:47PM Athiganda* Until 2:47PM Gara Until 9:44PM Trayodashi Until 8:37AM	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Devaloka Day	Sunrise: 6:45AM Sunset: 5:51PM Moon 2 - Phase 44 - 27 4th Phase
Creative Work Siddha Yoga Until 3:47PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
Monday, March 6, 2023		Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Birming., UK Sun 28 Sutra 323 Subhakrit 5124
Simha Rasi: 7.01	Tithi 14 – 15	Gulika Yama 154786577	1:42PM – 3:06PM 10:54AM – 12:18PM Rahu 8:06AM – 9:30AM	Magha* Until 6:31PM Sukarma Until 3:19PM Visti Until 11:45PM Chaturdashi* Until 10:45AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sivaloka Day	Sunrise: 6:43AM Sunset: 5:53PM Moon 2 - Phase 44 - Purnima
Family Home Evening Routine Work Marana Yoga Until 6:31PM Then Creative Work - Siddha Yoga		Holi				
Tuesday, March 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Birming., UK Sun 29 Sutra 324 Subhakrit 5124
Simha Rasi: 19.08	Tithi 15 – 16	Gulika Yama 154786577	12:18PM – 1:42PM 9:29AM – 10:53AM Rahu 3:06PM – 4:31PM	Purvaphalguni Until 8:48PM Dhriti Until 3:40PM Balava Until 1:28AM Wed Purnima* Until 12:38PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sivaloka Day	Sunrise: 6:40AM Sunset: 5:55PM Moon 2 - Phase 44 - Prathama
Creative Work Siddha Yoga Until 8:48PM Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK

Sutra 325

Subhakti 5124

Kanya Rasi: 1.21 Tithi 16 – 17

154786577

Gulika

10:53AM – 12:17PM

Yama

8:03AM – 9:28AM

Rahu

12:17PM – 1:42PM

Uttaraphalguni Until 10:37PM

Shula* Until 3:44PM

Taitila Until 2:52AM Thu

Prathama* Until 2:11PM

Ganesha: Clear

Sunrise: 6:38AM

Muruqa: Purple

Sunset: 5:57PM

Nataraja: Orange

Moon – Red

Phalguna-Masi

Sivaloka Day

Creative Work Amrita Yoga

Until 10:37PM

Then Routine Work - Marana Yoga

1 Thursday, March 9, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK

Sutra 326

Subhakti 5124

Kanya Rasi: 13.43 Tithi 17 – 18

164786577

Gulika

9:26AM – 10:52AM

Yama

6:36AM – 8:01AM

Rahu

1:43PM – 3:08PM

Hasta Until 12:25AM Fri

Ganda* Until 3:34PM

Vanija Until 3:53AM Fri

Dvitiya Until 3:24PM

Ganesha: White

Sunrise: 6:36AM

Muruqa: Purple

Sunset: 5:59PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 12:25AM Fri

Then Creative Work - Siddha Yoga

2 Friday, March 10, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Birming., UK

Sutra 327

Subhakti 5124

Kanya Rasi: 26.15 Tithi 18 – 19

165786577

Gulika

7:59AM – 9:25AM

Yama

3:09PM – 4:35PM

Rahu

10:51AM – 12:17PM

Chitra Until 1:40AM Sat

Vridhhi Until 3:07PM

Bava Until 4:30AM Sat

Tritiya Until 4:13PM

Ganesha: Yellow

Sunrise: 6:33AM

Muruqa: Purple

Sunset: 6:00PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, March 11, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK

Sutra 328

Subhakti 5124

Tula Rasi: 8.58 Tithi 19 – 20

165786577

Gulika

6:31AM – 7:58AM

Yama

1:43PM – 3:09PM

Rahu

9:24AM – 10:50AM

Svati Until 2:21AM Sun

Dhruva Until 2:19PM

Kaulava Until 4:41AM Sun

Chaturthi* Until 4:38PM

Ganesha: Yellow

Sunrise: 6:31AM

Muruqa: Purple

Sunset: 6:02PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:21AM Sun

Then Routine Work - Marana Yoga

4 Sunday, March 12, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Birming., UK

Sutra 329

Subhakti 5124

Tula Rasi: 21.53 Tithi 20 – 21

175786577

Gulika

3:10PM – 4:37PM

Yama

12:16PM – 1:43PM

Rahu

4:37PM – 6:04PM

Vishakha Until 2:52AM Mon

Vyaghata* Until 1:11PM

Gara Until 4:23AM Mon

Panchami Until 4:34PM

Ganesha: Blue

Sunrise: 6:29AM

Muruqa: Purple

Sunset: 6:04PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

Until 2:52AM Mon

Then Creative Work - Siddha Yoga

5 Monday, March 13, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Birming., UK

Sutra 330

Subhakti 5124

Vrischika Rasi: 5.03 Tithi 21 – 22

175786577

Gulika

1:44PM – 3:11PM

Yama

10:49AM – 12:16PM

Rahu

7:54AM – 9:21AM

Anuradha Until 2:44AM Tue

Harshana Until 11:40AM

Visti Until 3:33AM Tue

Shashthi* Until 4:01PM

Ganesha: Blue

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:06PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:44AM Tue

Then Routine Work - Marana Yoga

Retreat Star Tuesday, March 14, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK

Sutra 331

Subhakti 5124

Vrischika Rasi: 18.3 Tithi 22 – 23

175786577

Gulika

12:16PM – 1:44PM

Yama

9:20AM – 10:48AM

Rahu

3:12PM – 4:40PM

Jyeshtha* Until 1:56AM Wed

Vajra* Until 9:43AM

Balava Until 2:12AM Wed

Saptami Until 2:56PM

Ganesha: Blue

Sunrise: 6:24AM

Muruqa: Purple

Sunset: 6:08PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

Retreat Star Wednesday, March 15, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK

Sutra 332

Subhakti 5124

Dhanus Rasi: 2.15 Tithi 23 – 24

185786578

Gulika

10:47AM – 12:16PM

Yama

7:50AM – 9:19AM

Rahu

12:16PM – 1:44PM

Mula* Until 12:55AM Thu

Siddhi Until 7:22AM

Taitila Until 12:20AM Thu

Ashtami* Until 1:19PM

Ganesha: Red

Sunrise: 6:22AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Clear

Moon – Light Blue

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:55AM Thu

Then Creative Work - Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Birming., UK Sun 8 Sutra 333 Subhakrit 5124
	Dhanus Rasi: 16.2	Tithi 24 – 25	Gulika 9:17AM – 10:46AM Yama 6:20AM – 7:48AM 185786578 Rahu 1:44PM – 3:13PM	Purvashadha* Until 11:17PM Varyan Until 1:28AM Fri Vanija Until 10:00PM Navami* Until 11:12AM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Phalguna•Panguni	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 6:11PM	Moon 3 - Phase 46 - 8 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 11:17PM Then Routine Work - Marana Yoga							

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Birming., UK Sun 9 Sutra 334 Subhakrit 5124
	Makara Rasi: 0.42	Tithi 25 – 26	Gulika 7:47AM – 9:16AM Yama 3:14PM – 4:43PM 185786578 Rahu 10:46AM – 12:15PM	Uttarashadha Until 9:08PM Parigha* Until 10:02PM Bava Until 7:16PM Dashami Until 8:39AM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Phalguna•Panguni	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 6:13PM	Moon 3 - Phase 46 - 9 2nd Phase Sivaloka Day
Routine Work Marana Yoga							

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Birming., UK Sun 10 Sutra 335 Subhakrit 5124
	Makara Rasi: 15.2	Tithi 27	Gulika 6:15AM – 7:45AM Yama 1:45PM – 3:15PM 195786578 Rahu 9:15AM – 10:45AM	Shravana Until 6:59PM Shiva Until 6:23PM Kaulava Until 4:15PM Dvadashi* Until 2:39AM Sun	Ganesha: Green Muruqa: Purple Nataraja: Clear Moon – Purple Phalguna•Panguni	<i>Sunrise:</i> 6:15AM <i>Sunset:</i> 6:15PM	Moon 3 - Phase 46 - 10 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Birming., UK Sun 11 Sutra 336 Subhakrit 5124
	Kumbha Rasi: 0.07	Tithi 28	Gulika 3:15PM – 4:46PM Yama 12:14PM – 1:45PM 196896578 Rahu 4:46PM – 6:16PM	Dhanishtha Until 4:34PM Siddha Until 2:35PM Gara Until 1:04PM Trayodashi* Until 11:27PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple Phalguna•Panguni	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:16PM	Moon 3 - Phase 46 - 11 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 4:34PM Then Creative Work - Siddha Yoga <i>Pradosha Vrata (Fasting)</i>							

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Birming., UK Sun 12 Sutra 337 Subhakrit 5124
	Kumbha Rasi: 14.58	Tithi 29	Gulika 1:45PM – 3:16PM Yama 10:43AM – 12:14PM 196896578 Rahu 7:41AM – 9:12AM	Shatabhishak Until 2:01PM Sadhya Until 10:49AM Visti Until 9:53AM Chaturdashi* Until 8:19PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple Phalguna•Panguni	<i>Sunrise:</i> 6:10AM <i>Sunset:</i> 6:18PM	Moon 3 - Phase 46 - 12 2nd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 2:01PM Then Routine Work - Marana Yoga							

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Birming., UK Sun 13 Sutra 338 Subhakrit 5124
	Retreat Star		Gulika 12:14PM – 1:45PM Yama 9:11AM – 10:42AM 116896578 Rahu 3:17PM – 4:48PM	Purvaproshtapada* Until 11:55AM Subha Until 7:11AM Catuspada Until 6:50AM Amavasya* Until 5:24PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna•Panguni	<i>Sunrise:</i> 6:08AM <i>Sunset:</i> 6:20PM	Moon 3 - Phase 46 - 13 Amavasya Devaloka Day
Routine Work Marana Yoga Until 11:55AM Then Creative Work - Amrita Yoga							

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Birming., UK Sun 14 Sutra 339 Subhakrit 5124
	Retreat Star		Gulika 10:42AM – 12:14PM Yama 7:38AM – 9:10AM 116896578 Rahu 12:14PM – 1:46PM	Uttaraproshtapada Until 10:01AM Brahma Until 12:43AM Thu Balava Until 1:48AM Thu Prathama* Until 2:52PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Chaitra•Panguni	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 6:22PM	Moon 3 - Phase 46 - 14 Prathama Devaloka Day
Creative Work Siddha Yoga Until 10:01AM Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Birming., UK on 5/1/20

www.gurudeva.org/panchang

1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Birming., UK Sun 15 Sutra 340 Subhakrit 5124
Meena Rasi: 28.28	Tithi 2 – 3	Gulika 9:08AM – 10:41AM	Revati Until 8:28AM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	
		Yama 6:03AM – 7:36AM	Indra Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 1:46PM – 3:18PM	Taitila Until 12:06AM Fri	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 12:51PM	Moon – Clear		Devaloka Day
Until 8:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Birming., UK Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 12.17	Tithi 3 – 4	Gulika 7:34AM – 9:07AM	Ashvini Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	
		Yama 3:19PM – 4:52PM	Vaidhriti* Until 8:10PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:40AM – 12:13PM	Vanija Until 11:07PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 11:30AM	Moon – White		Devaloka Day
Until 7:50AM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Birming., UK Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 25.4	Tithi 4 – 5	Gulika 5:58AM – 7:32AM	Bharani Until 7:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	
		Yama 1:46PM – 3:20PM	Vishkambha* Until 6:48PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:06AM – 10:39AM	Bava Until 10:55PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 10:54AM	Moon – White		Devaloka Day
Until 7:48AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Birming., UK Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 8.39	Tithi 5 – 6	Gulika 3:20PM – 4:55PM	Krittika Until 8:22AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	
		Yama 12:12PM – 1:46PM	Priti Until 6:03PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 4:55PM – 6:29PM	Kaulava Until 11:30PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 11:05AM	Moon – White		Devaloka Day
				Chaitra•Panguni		

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Birming., UK Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 21.16	Tithi 6 – 7	Gulika 1:47PM – 3:21PM	Rohini Until 9:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
Family Home Evening		Yama 10:37AM – 12:12PM	Ayushman Until 5:50PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:28AM – 9:03AM	Gara Until 12:47AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 12:02PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Birming., UK Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 3.34	Tithi 7 – 8	Gulika 12:12PM – 1:47PM	Mrigashira Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
		Yama 9:02AM – 10:37AM	Saubhagya Until 6:07PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:22PM – 4:57PM	Visti Until 2:39AM Wed	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 1:38PM	Moon – Yellow		Devaloka Day
Until 12:05PM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Birming., UK Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 15.4	Tithi 8 – 9	Gulika 10:36AM – 12:11PM	Ardra Until 2:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
		Yama 7:25AM – 9:00AM	Sobhana Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:11PM – 1:47PM	Balava Until 4:53AM Thu	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Ashtami* Until 3:42PM	Moon – Yellow		Devaloka Day
		Sri Rama Navami		Chaitra•Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Kaulava Karana Navanyam Titau				Birming., UK Sun 22 Sutra 347 Subhakit 5124
	Mithuna Rasi: 27.37	Tithi 9	Gulika 8:59AM – 10:35AM	Punarvasu Until 5:30PM	Ganesha: White	<i>Sunrise:</i> 5:47AM	
			Yama 5:47AM – 7:23AM	Athiganda* Until 7:32PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 48 - 22
	147896578	Rahu 1:47PM – 3:23PM		Kaulava Until 6:03PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Navami* Until 6:03PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	


2	Friday, March 31, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Birming., UK Sun 23 Sutra 348 Subhakit 5124
	Kataka Rasi: 9.31	Tithi 10	Gulika 7:21AM – 8:58AM	Pushya Until 8:26PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	
			Yama 3:24PM – 5:01PM	Sukarma Until 8:23PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48 - 23
	147896578	Rahu 10:34AM – 12:11PM		Taitila Until 7:17AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dashami Until 8:29PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	


3	Saturday, April 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Birming., UK Sun 24 Sutra 349 Subhakit 5124
	Kataka Rasi: 21.24	Tithi 11	Gulika 5:44AM – 7:21AM	Ashlesha* Until 11:05PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	
			Yama 1:47PM – 3:24PM	Dhriti Until 9:11PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48 - 24
	147896578	Rahu 8:58AM – 10:34AM		Vanija Until 9:41AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:48PM	Moon – Blue		Bhuloka Day	
Until 11:05PM		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4	Sunday, April 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Birming., UK Sun 25 Sutra 350 Subhakit 5124
	Simha Rasi: 3.22	Tithi 12	Gulika 3:25PM – 5:02PM	Magha* Until 1:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
			Yama 12:11PM – 1:48PM	Shula* Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 48 - 25
	158896578	Rahu 5:02PM – 6:39PM		Bava Until 11:54AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:52AM Mon	Moon – Red		Devaloka Day	
Until 1:50AM Mon				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5	Monday, April 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK Sun 26 Sutra 351 Subhakit 5124
	Simha Rasi: 15.25	Tithi 13	Gulika 1:48PM – 3:25PM	Purvaphalguni Until 4:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:40AM	
			Yama 10:33AM – 12:10PM	Ganda* Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48 - 26
	158896578	Rahu 7:17AM – 8:55AM		Kaulava Until 1:48PM	Nataraja: Clear		4th Phase
Family Home Evening	Siddha Yoga		Trayodashi Until 2:34AM Tue	Moon – Red		Devaloka Day	
Until 4:04AM Tue				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6	Tuesday, April 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 27 Sutra 352 Subhakit 5124
	Simha Rasi: 27.39	Tithi 14	Gulika 12:10PM – 1:48PM	Uttaraphalguni Until 5:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:37AM	
			Yama 8:54AM – 10:32AM	Vriddhi Until 10:07PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48 - 27
	158896578	Rahu 3:26PM – 5:04PM		Gara Until 3:17PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:50AM Wed	Moon – Red		Devaloka Day	
Until 5:42AM Wed				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

	Wednesday, April 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK Sun 28 Sutra 353 Subhakit 5124
	Copper Retreat Star		Gulika 10:31AM – 12:10PM	Hasta Until 7:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:35AM	
	Kanya Rasi: 10.04	Tithi 15	Yama 7:14AM – 8:52AM	Dhruva Until 9:44PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 48 -
	168896578	Rahu 12:10PM – 1:48PM		Visti Until 4:17PM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 4:36AM Thu	Moon – Green		Bhuloka Day	
Until 7:11AM Thu		Panguni Uttiram		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

	Thursday, April 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sun 29 Sutra 354 Subhakit 5124
	Silver Retreat Star		Gulika 8:51AM – 10:30AM	Hasta Until 7:11AM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	
	Kanya Rasi: 22.41	Tithi 16	Yama 5:33AM – 7:12AM	Vyaghata* Until 9:00PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 48 -
	168896578	Rahu 1:48PM – 3:28PM		Balava Until 4:49PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 4:52AM Fri	Moon – Green		Bhuloka Day	
Until 7:11AM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK
Sutra 355

Tula Rasi: 5.33 Tithi 17

Gulika 7:10AM – 8:50AM
Yama 3:28PM – 5:08PM
168896578 **Rahu** 10:29AM – 12:09PM

Chitra Until 8:03AM
Harshana Until 7:54PM
Taitila Until 4:51PM
Dvitiya Until 4:41AM Sat

Ganesha: Blue *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Green

Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Birming., UK
Sun 1 Sutra 356

Tula Rasi: 18.38 Tithi 18

Gulika 5:28AM – 7:08AM
Yama 1:49PM – 3:29PM
168896578 **Rahu** 8:48AM – 10:29AM

Svati Until 8:18AM
Vajra* Until 6:26PM
Vanija Until 4:27PM
Tritiya Until 4:05AM Sun

Ganesha: Blue *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:49PM
Nataraja: Clear
Moon – Green

Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Birming., UK
Sun 2 Sutra 357

Vrischika Rasi: 1.56 Tithi 19

Gulika 3:30PM – 5:10PM
Yama 12:08PM – 1:49PM
179896578 **Rahu** 5:10PM – 6:51PM

Vishakha Until 8:28AM
Siddhi Until 4:40PM
Bava Until 3:40PM
Chaturthi* Until 3:06AM Mon

Ganesha: Red *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:51PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyayan Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK
Sun 3 Sutra 358

Vrischika Rasi: 15.28 Tithi 20

Family Home Evening

Gulika 1:49PM – 3:30PM
Yama 10:27AM – 12:08PM
179896578 **Rahu** 7:05AM – 8:46AM

Anuradha Until 8:07AM
Vyatipata* Until 2:38PM
Kaulava Until 2:30PM
Panchami Until 1:47AM Tue

Ganesha: Red *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyayan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK
Sun 4 Sutra 359

Vrischika Rasi: 29.1 Tithi 21

Until 7:17AM

Then Creative Work - Amrita Yoga

Gulika 12:08PM – 1:50PM
Yama 8:45AM – 10:26AM
179896578 **Rahu** 3:31PM – 5:13PM

Jyeshtha* Until 7:17AM
Varyayan Until 12:19PM
Gara Until 1:02PM
Shashthi* Until 12:10AM Wed

Ganesha: Red *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Birming., UK
Sun 5 Sutra 360

Dhanus Rasi: 13.03 Tithi 22

Until 6:28AM

Then Creative Work - Amrita Yoga

Gulika 10:26AM – 12:08PM
Yama 7:01AM – 8:43AM
189896578 **Rahu** 12:08PM – 1:50PM

Mula* Until 6:28AM
Parigha* Until 9:47AM
Visti Until 11:16AM
Saptami Until 10:16PM

Ganesha: Green *Sunrise:* 5:19AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Clear
Moon – Light Blue

Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK
Sun 6 Sutra 361

Dhanus Rasi: 27.06 Tithi 23

Until 2:10AM Sat

Then Creative Work - Siddha Yoga

Gulika 8:42AM – 10:25AM
Yama 5:17AM – 6:59AM
189996578 **Rahu** 1:50PM – 3:33PM

Uttarashadha Until 3:39AM Fri
Shiva Until 7:04AM
Balava Until 9:15AM
Ashtami* Until 8:09PM

Ganesha: White *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:58PM
Nataraja: Clear
Moon – Light Blue

Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Birming., UK
Sun 7 Sutra 362

Makara Rasi: 11.18 Tithi 24 – 25

Until 2:10AM Sat

Then Creative Work - Siddha Yoga

Gulika 6:58AM – 8:41AM
Yama 3:33PM – 5:17PM
199996578 **Rahu** 10:24AM – 12:07PM

Shravana Until 2:10AM Sat
Sadhya Until 1:05AM Sat
Taitila Until 7:01AM
Navami* Until 5:49PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 7:00PM
Nataraja: Clear
Moon – Purple

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Chidambaram Abhishekam
Tamil New Year

Devaloka Day


Chaitra*Chaitra


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Birming., UK
			Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 363
	Makara Rasi: 25.37	Tithi 25 – 26	Gulika 5:12AM – 6:56AM	Dhanishtha Until 12:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:12AM	Sobhana 5125
	299996578	Rahu	Yama 1:51PM – 3:34PM	Subha Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 1 - 8
Creative Work	Siddha Yoga	8:40AM – 10:23AM	Bava Until 2:08AM Sun	Nataraja: Clear		2nd Phase	
			Dashami Until 3:22PM	Moon – Purple			
				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Birming., UK
			Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 364
	Kumbha Rasi: 9.59	Tithi 26 – 27	Gulika 3:35PM – 5:19PM	Shatabhishak Until 10:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Sobhana 5125
	291996578	Rahu	Yama 12:07PM – 1:51PM	Sukla Until 6:46PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 1 - 9
Creative Work	Siddha Yoga	5:19PM – 7:03PM	Kaulava Until 11:37PM	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 12:51PM	Moon – Purple			
				Chaitra*Chaitra	Devaloka Day		

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Birming., UK
			Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 1
	Kumbha Rasi: 24.22	Tithi 27 – 28	Gulika 1:51PM – 3:36PM	Purvaproshtapada* Until 9:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:08AM	Sobhana 5125
	211996578	Rahu	Yama 10:22AM – 12:06PM	Brahma Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 1 - 10
Family Home Evening	Marana Yoga	6:53AM – 8:37AM	Gara Until 9:11PM	Nataraja: Clear		2nd Phase	
Routine Work			Dvadashi* Until 10:22AM	Moon – Clear			
Until 9:01PM				Chaitra*Chaitra	Devaloka Day		
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Birming., UK
			Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 2
	Meena Rasi: 8.4	Tithi 28 – 29	Gulika 12:06PM – 1:51PM	Uttaraproshtapada Until 7:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:06AM	Sobhana 5125
	211996578	Rahu	Yama 8:36AM – 10:21AM	Indra Until 12:40PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 1 - 11
Creative Work	Amrita Yoga	3:36PM – 5:21PM	Visti Until 6:57PM	Nataraja: Clear		2nd Phase	
Until 7:32PM			Trayodashi* Until 8:01AM	Moon – Clear			
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Day		

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Birming., UK
	Retreat Star		Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 12 Sutra 3
	Meena Rasi: 22.47	Tithi 30	Gulika 10:20AM – 12:06PM	Revati Until 6:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:03AM	Sobhana 5125
	211996578	Rahu	Yama 6:49AM – 8:35AM	Vaidhriti* Until 9:54AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 1 - 12
Routine Work	Marana Yoga	12:06PM – 1:52PM	Catuspada Until 5:02PM	Nataraja: Clear		Amavasya	
			Amavasya* Until 4:12AM Thu	Moon – Clear			
				Chaitra*Chaitra	Devaloka Day		

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
	Retreat Star		Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 13 Sutra 4
	Mesha Rasi: 6.41	Tithi 1	Gulika 8:34AM – 10:20AM	Ashvini Until 5:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sobhana 5125
	221996578	Rahu	Yama 5:01AM – 6:47AM	Vishkambha* Until 7:28AM	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 1 - 13
Creative Work	Amrita Yoga	1:52PM – 3:38PM	Kintughna Until 3:32PM	Nataraja: Clear		Prathama	
Until 5:39PM			Prathama* Until 2:58AM Fri	Moon – White			
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra	Devaloka Day		

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Birming., UK Sun 14 Sutra 5
	Mesha Rasi: 20.17	Tithi 2	Gulika 6:46AM – 8:32AM	Bharani Until 5:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sobhana 5125
			Yama 3:39PM – 5:25PM	Ayushman Until 3:53AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:19AM – 12:05PM	Balava Until 2:35PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:19AM Sat	Moon – White	Devaloka Day		
			Vaisaka-Chaitra				

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Birming., UK Sun 15 Sutra 6
	Wrishabha Rasi: 3.32	Tithi 3	Gulika 4:57AM – 6:44AM	Krittika Until 5:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sobhana 5125
			Yama 1:52PM – 3:39PM	Saubhagya Until 2:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 8:31AM – 10:18AM	Taitila Until 2:15PM	Nataraja: Clear		3rd Phase
			Akshaya Tritiya	Tritiya Until 2:19AM Sun	Moon – White	Devaloka Day	
			Vaisaka-Chaitra				

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthiyam Titau				Birming., UK Sun 16 Sutra 7
	Wrishabha Rasi: 16.28	Tithi 4	Gulika 3:40PM – 5:28PM	Rohini Until 6:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:55AM	Sobhana 5125
			Yama 12:05PM – 1:53PM	Sobhana Until 2:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:28PM – 7:15PM	Vanija Until 2:35PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 2:59AM Mon	Moon – Yellow	Devaloka Day		
			Vaisaka-Chaitra				

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Birming., UK Sun 17 Sutra 8
	Wrishabha Rasi: 29.05	Tithi 5	Gulika 1:53PM – 3:41PM	Mrigashira Until 8:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:53AM	Sobhana 5125
	Family Home Evening		Yama 10:17AM – 12:05PM	Athiganda* Until 2:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 6:41AM – 8:29AM	Bava Until 3:34PM	Nataraja: Clear		3rd Phase
			Panchami Until 4:15AM Tue	Moon – Yellow	Devaloka Day		
			Vaisaka-Chaitra				

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Birming., UK Sun 18 Sutra 9
	Mithuna Rasi: 11.25	Tithi 6	Gulika 12:05PM – 1:53PM	Ardra Until 10:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	Sobhana 5125
			Yama 8:28AM – 10:16AM	Sukarma Until 2:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:42PM – 5:30PM	Kaulava Until 5:07PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 6:02AM Wed	Moon – Yellow	Sivaloka Day		
			Vaisaka-Chaitra				

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 19 Sutra 10
	Mithuna Rasi: 23.34	Tithi 6 – 7	Gulika 10:16AM – 12:04PM	Punarvasu Until 1:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Sobhana 5125
			Yama 6:38AM – 8:27AM	Dhriti Until 3:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:04PM – 1:53PM	Gara Until 7:06PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 6:02AM	Moon – Blue	Subha Sivaloka Day		
			Vaisaka-Chaitra				

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 20 Sutra 11
	Kataka Rasi: 5.34	Tithi 7 – 8	Gulika 8:25AM – 10:15AM	Pushya Until 4:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sobhana 5125
			Yama 4:47AM – 6:36AM	Shula* Until 4:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 1:54PM – 3:43PM	Visti Until 9:21PM	Nataraja: Purple		Ashtami
			Saptami Until 8:11AM	Moon – Blue	Sivaloka Day		
			Vaisaka-Chaitra				

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 21 Sutra 12
	Kataka Rasi: 17.28	Tithi 8 – 9	Gulika 6:34AM – 8:24AM	Ashlesha* Until 7:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:44AM	Sobhana 5125
			Yama 3:44PM – 5:34PM	Ganda* Until 4:57AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:14AM – 12:04PM	Balava Until 11:42PM	Nataraja: Purple		Navami
			Ashtami* Until 10:30AM	Moon – Blue	Sivaloka Day		
			Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Birming., UK Sun 22
Kataka Rasi: 29.23	Tithi 9 – 10	Gulika	4:42AM – 6:33AM	Ashlesha* Until 7:03AM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Sobhana 5125	
		Yama	1:54PM – 3:45PM	Vriddhi Until 5:42AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 3 - 22	4th Phase
		242996579 Rahu	8:23AM – 10:14AM	Taitila Until 1:55AM Sun	Nataraja: Purple			
Routine Work	Marana Yoga			Navami* Until 12:49PM	Moon – Blue		Sivaloka Day	
Until 7:03AM					Vaisaka*Chaitra			
Then Creative Work - Amrita Yoga								

2		Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Birming., UK Sun 23
Simha Rasi: 11.21	Tithi 10 – 11	Gulika	3:46PM – 5:36PM	Magha* Until 9:56AM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Sobhana 5125	
		Yama	12:04PM – 1:55PM	Dhruva Until 6:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 3 - 23	4th Phase
		252996579 Rahu	5:36PM – 7:27PM	Vanija Until 3:51AM Mon	Nataraja: Purple			
Routine Work	Marana Yoga			Dashami Until 2:55PM	Moon – Red		Devaloka Day	
Until 9:56AM					Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga								

3		Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 24
Simha Rasi: 23.27	Tithi 11 – 12	Gulika	1:55PM – 3:47PM	Purvaphalguni Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 4:36AM	Sobhana 5125	
Family Home Evening		Yama	10:12AM – 12:04PM	Dhruva Until 6:10AM	Muruqa: Clear	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 3 - 24	4th Phase
		252996579 Rahu	6:28AM – 8:20AM	Bava Until 5:19AM Tue	Nataraja: Purple			
Creative Work	Siddha Yoga			Ekadashi Until 4:38PM	Moon – Red		Devaloka Day	
					Vaisaka*Chaitra			

4		Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 25
Kanya Rasi: 5.45	Tithi 12 – 13	Gulika	12:03PM – 1:56PM	Uttaraphalguni Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:35AM	Sobhana 5125	
		Yama	8:19AM – 10:11AM	Vyaghata* Until 6:17AM	Muruqa: Clear	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 3 - 25	4th Phase
		252996579 Rahu	3:48PM – 5:40PM	Kaulava Until 6:11AM Wed	Nataraja: Purple			
Creative Work	Amrita Yoga			Dvadashi Until 5:48PM	Moon – Red		Devaloka Day	
Until 2:00PM					Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga								

5		Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK Sun 26
Kanya Rasi: 18.18	Tithi 13	Gulika	10:11AM – 12:03PM	Hasta Until 3:27PM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sobhana 5125	
		Yama	6:25AM – 8:18AM	Vajra* Until 5:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 3 - 26	4th Phase
		262996579 Rahu	12:03PM – 1:56PM	Kaulava Until 6:11AM	Nataraja: Purple			
Routine Work	Marana Yoga			Trayodashi Until 6:22PM	Moon – Green		Sivaloka Day	
Until 3:27PM					Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga								

6		Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 27
Tula Rasi: 1.08	Tithi 14	Gulika	8:17AM – 10:10AM	Chitra Until 4:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Sobhana 5125	
		Yama	4:31AM – 6:24AM	Siddhi Until 3:48AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 3 - 27	4th Phase
		262996579 Rahu	1:56PM – 3:49PM	Gara Until 6:26AM	Nataraja: Purple			
Creative Work	Siddha Yoga			Chaturdashi* Until 6:18PM	Moon – Green		Sivaloka Day	
Until 4:07PM					Vaisaka*Chaitra			
Then Creative Work - Amrita Yoga								

○		Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Birming., UK Sun 28
Copper Retreat Star		Gulika	6:22AM – 8:16AM	Svati Until 4:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	Sobhana 5125	
Tula Rasi: 14.19	Tithi 15 – 16	Yama	3:50PM – 5:44PM	Vyatipata* Until 2:01AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 3 -	Purnima
		262996579 Rahu	10:10AM – 12:03PM	Visti Until 6:03AM	Nataraja: Purple			
Creative Work	Siddha Yoga			Purnima* Until 5:37PM	Moon – Green		Sivaloka Day	
					Vaisaka*Chaitra			
		Budha Purnima (Tamil Nadu)						

○		Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Birming., UK Sun 29
Silver Retreat Star		Gulika	4:27AM – 6:21AM	Vishakha Until 3:43PM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Sobhana 5125	
Tula Rasi: 27.47	Tithi 16 – 17	Yama	1:57PM – 3:51PM	Variyan Until 11:50PM	Muruqa: Clear	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 3 -	Prathama
		272996579 Rahu	8:15AM – 10:09AM	Taitila Until 3:39AM Sun	Nataraja: Purple			
Creative Work	Siddha Yoga			Prathama* Until 4:24PM	Moon – Orange		Devaloka Day	
					Vaisaka*Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda