



**Sunday, April 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

St. Helena, CA

Tula Rasi: 13.57      Tithi 16 – 17

268345478

**Gulika**    3:28PM – 5:08PM  
Yama        12:09PM – 1:49PM  
**Rahu**        5:08PM – 6:47PM

**Svati Until 3:55PM**  
Vajra\* Until 10:09AM  
Taitila Until 7:16PM  
**Prathama\* Until 8:33AM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Green  
Chaitra\*Chaitra

*Sunrise:* 5:31AM  
*Sunset:* 6:47PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

Creative Work    Siddha Yoga  
Until 3:55PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**1**

**Monday, April 18, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatiyata\* Yoga Vanija/Visti\* Karana Trityayam Titau

St. Helena, CA

Tula Rasi: 28.25      Tithi 18

278345478

**Gulika**    1:49PM – 3:28PM  
Yama        10:29AM – 12:09PM  
**Rahu**        7:09AM – 8:49AM

**Vishakha Until 2:07PM**  
Siddhi Until 6:51AM  
Vanija Until 4:32PM  
**Tritiya Until 3:07AM Tue**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

*Sunrise:* 5:29AM  
*Sunset:* 6:48PM

Sun 1      Sutra 1  
Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Family Home Evening**  
Routine Work    Marana Yoga  
Until 2:07PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**2**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Virschika Rasi: 12.57      Tithi 19

278345478

**Gulika**    12:09PM – 1:49PM  
Yama        8:48AM – 10:28AM  
**Rahu**        3:29PM – 5:09PM

**Anuradha Until 12:06PM**  
Variyan Until 12:05AM Wed  
Bava Until 1:45PM  
**Chaturthi\* Until 12:21AM Wed**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

*Sunrise:* 5:28AM  
*Sunset:* 6:49PM

Sun 2      Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 -  
2nd Phase

Creative Work    Siddha Yoga  
Until 12:06PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**

**3**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Virschika Rasi: 27.29      Tithi 20

278345478

**Gulika**    10:28AM – 12:08PM  
Yama        7:07AM – 8:47AM  
**Rahu**        12:08PM – 1:49PM

**Jyeshtha\* Until 10:00AM**  
Parigha\* Until 8:47PM  
Kaulava Until 11:01AM  
**Panchami Until 9:40PM**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

*Sunrise:* 5:27AM  
*Sunset:* 6:50PM

Sun 3      Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 -  
3rd Phase

Creative Work    Siddha Yoga  
Until 10:00AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**

**4**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Dhanus Rasi: 11.56      Tithi 21

289345478

**Gulika**    8:47AM – 10:27AM  
Yama        5:25AM – 7:06AM  
**Rahu**        1:49PM – 3:30PM

**Mula\* Until 8:19AM**  
Shiva Until 5:39PM  
Gara Until 8:25AM  
**Shashthi\* Until 7:11PM**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

*Sunrise:* 5:25AM  
*Sunset:* 6:51PM

Sun 4      Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 -  
4th Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**5**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Dhanus Rasi: 26.14      Tithi 22 – 23

289345478

**Gulika**    7:05AM – 8:46AM  
Yama        3:30PM – 5:11PM  
**Rahu**        10:27AM – 12:08PM

**Purvashadha\* Until 6:43AM**  
Siddha Until 2:42PM  
Visti Until 6:03AM  
**Saptami Until 4:57PM**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

*Sunrise:* 5:24AM  
*Sunset:* 6:52PM

Sun 5      Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 -  
5th Phase

Routine Work    Prabalarishta Yoga  
Until 6:43AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**6**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Makara Rasi: 10.2      Tithi 23 – 24

299345478

**Gulika**    5:23AM – 7:04AM  
Yama        1:49PM – 3:30PM  
**Rahu**        8:45AM – 10:26AM

**Shravana Until 4:24AM Sun**  
Sadhya Until 12:00PM  
Taitila Until 2:12AM Sun  
**Ashtami\* Until 3:02PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Purple  
Chaitra\*Chaitra

*Sunrise:* 5:23AM  
*Sunset:* 6:53PM

Sun 6      Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 -  
6th Phase

Creative Work    Siddha Yoga  
Until 4:24AM Sun  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Makara Rasi: 24.14      Tithi 24 – 25

299345479

**Gulika**    3:31PM – 5:12PM  
Yama        12:08PM – 1:49PM  
**Rahu**        5:12PM – 6:54PM

**Dhanishtha Until 3:45AM Mon**  
Subha Until 9:35AM  
Vanija Until 12:47AM Mon  
**Navami\* Until 1:26PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** Clear  
Moon – Purple  
Chaitra\*Chaitra

*Sunrise:* 5:21AM  
*Sunset:* 6:54PM

Sun 7      Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 -  
7th Phase

Routine Work    Marana Yoga  
Until 3:45AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

Monday, April 25, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau

St. Helena, CA

1

Kumbha Rasi: 7.56 Tithi 25 – 26

Family Home Evening

Creative Work Siddha Yoga

Until 3:19AM Tue

Then Routine Work - Marana Yoga

299345479

Gulika

1:49PM – 3:31PM

Yama

10:26AM – 12:07PM

Rahu

7:02AM – 8:44AM

Shatabhishak Until 3:19AM Tue

Sukla Until 7:26AM

Bava Until 11:45PM

Dashami Until 12:12PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon – Purple

Chaitra+Chaitra

Sunrise: 5:20AM

Sunset: 6:55PM

Devaloka Day

Sun 8

Sutra 8

Subhakrit 5124

Moon 4 - Phase 2 - 8

2nd Phase

Tuesday, April 26, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

St. Helena, CA

2

Kumbha Rasi: 21.23 Tithi 26 – 27

Routine Work Marana Yoga

Until 3:36AM Wed

Then Creative Work - Siddha Yoga

219345479

Gulika

12:07PM – 1:49PM

Yama

8:43AM – 10:25AM

Rahu

3:31PM – 5:14PM

Purvaproshtapada\* Until 3:36AM Wed

Indra Until 4:07AM Wed

Kaulava Until 11:07PM

Ekadashi\* Until 11:21AM

Ganesha: Red

Muruqa: White

Nataraja: Clear

Moon – Clear

Chaitra+Chaitra

Sunrise: 5:19AM

Sunset: 6:56PM

Devaloka Day

Sun 9

Sutra 9

Subhakrit 5124

Moon 4 - Phase 2 - 9

2nd Phase

Wednesday, April 27, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

St. Helena, CA

3

Meena Rasi: 4.38 Tithi 27 – 28

Creative Work Siddha Yoga

219345479

Gulika

10:25AM – 12:07PM

Yama

7:00AM – 8:42AM

Rahu

12:07PM – 1:49PM

Uttaraproshtapada Until 4:10AM Thu

Vaidhriti\* Until 2:57AM Thu

Gara Until 10:54PM

Dvadashi\* Until 10:56AM

Pradosha Vrata (Fasting)

Ganesha: Red

Muruqa: White

Nataraja: Clear

Moon – Clear

Chaitra+Chaitra

Sunrise: 5:17AM

Sunset: 6:57PM

Devaloka Day

Sun 10

Sutra 10

Subhakrit 5124

Moon 4 - Phase 2 - 10

2nd Phase

Thursday, April 28, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam Titau

St. Helena, CA

4

Meena Rasi: 17.38 Tithi 28 – 29

Creative Work Siddha Yoga

Until 5:02AM Fri

Then Creative Work - Amrita Yoga

219445479

Gulika

8:42AM – 10:24AM

Yama

5:16AM – 6:59AM

Rahu

1:50PM – 3:32PM

Revati Until 5:02AM Fri

Vishkambha\* Until 2:11AM Fri

Visti Until 11:10PM

Trayodashi\* Until 10:57AM

Ganesha: Blue

Muruqa: White

Nataraja: Clear

Moon – Clear

Chaitra+Chaitra

Sunrise: 5:16AM

Sunset: 6:58PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Sun 11

Sutra 11

Subhakrit 5124

Moon 4 - Phase 2 - 11

2nd Phase

Friday, April 29, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Priti Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam Titau

St. Helena, CA

●

Retreat Star

Mesha Rasi: 0.25 Tithi 29 – 30

Creative Work Amrita Yoga

Until 6:41AM Sat

Then Creative Work - Siddha Yoga

221445479

Gulika

6:58AM – 8:41AM

Yama

3:33PM – 5:16PM

Rahu

10:24AM – 12:07PM

Ashvini Until 6:41AM Sat

Priti Until 1:48AM Sat

Catuspada Until 11:55PM

Chaturdashi\* Until 11:27AM

Ganesha: Green

Muruqa: White

Nataraja: Clear

Moon – White

Chaitra+Chaitra

Sunrise: 5:15AM

Sunset: 6:59PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Sun 12

Sutra 12

Subhakrit 5124

Moon 4 - Phase 2 - 12

Amavasya

Saturday, April 30, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ayushman Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau

St. Helena, CA

●

Retreat Star

Mesha Rasi: 12.58 Tithi 30 – 1

Creative Work Siddha Yoga

221445479

Gulika

5:14AM – 6:57AM

Yama

1:50PM – 3:33PM

Rahu

8:40AM – 10:23AM

Ashvini Until 6:41AM

Ayushman Until 1:46AM Sun

Kintughna Until 1:10AM Sun

Amavasya\* Until 12:27PM

Ganesha: Green

Muruqa: White

Nataraja: Clear

Moon – White

Vaisaka+Chaitra

Sunrise: 5:14AM

Sunset: 6:59PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Sun 13

Sutra 13

Subhakrit 5124

Moon 4 - Phase 2 - 13

Prathama

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang

<b>1 Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 14 Sutra 14
Mesha Rasi: 25.18	Tithi 1 – 2	<b>Gulika</b> 3:33PM – 5:17PM	<b>Bharani</b> <b>Until 8:40AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:13AM	Subhakrit 5124
		Yama 12:06PM – 1:50PM	Saubhagya Until 2:07AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3 - 14
		221445479 <b>Rahu</b> 5:17PM – 7:00PM	Balava Until 2:52AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> <b>Until 1:56PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 8:40AM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						
<b>2 Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 15
Wrishabha Rasi: 7.26	Tithi 2 – 3	<b>Gulika</b> 1:50PM – 3:34PM	<b>Krittika</b> <b>Until 10:55AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:11AM	Subhakrit 5124
<b>Family Home Evening</b>		Yama 10:23AM – 12:06PM	Sobhana Until 2:47AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 15
		221445479 <b>Rahu</b> 6:55AM – 8:39AM	Taitila Until 4:58AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> <b>Until 3:51PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 10:55AM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						
<b>3 Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Gara Karana Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 16
Wrishabha Rasi: 19.26	Tithi 3	<b>Gulika</b> 12:06PM – 1:50PM	<b>Rohini</b> <b>Until 1:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	Subhakrit 5124
		Yama 8:38AM – 10:22AM	Athiganda* Until 3:38AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3 - 16
		231445479 <b>Rahu</b> 3:34PM – 5:18PM	Gara Until 6:06PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> <b>Until 6:06PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 1:50PM		<b>Akshaya Tritiya</b>		Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						
<b>4 Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Vistii* Karana Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 17
Mithuna Rasi: 1.19	Tithi 4	<b>Gulika</b> 10:22AM – 12:06PM	<b>Mrigashira</b> <b>Until 4:48PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:09AM	Subhakrit 5124
		Yama 6:53AM – 8:38AM	Sukarma Until 4:37AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3 - 17
		231445479 <b>Rahu</b> 12:06PM – 1:50PM	Vanija Until 7:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> <b>Until 8:34PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
<b>5 Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 18
Mithuna Rasi: 13.1	Tithi 5	<b>Gulika</b> 8:37AM – 10:22AM	<b>Ardra</b> <b>Until 7:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM	Subhakrit 5124
		Yama 5:08AM – 6:53AM	Dhriti Until 5:36AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3 - 18
		231445479 <b>Rahu</b> 1:51PM – 3:35PM	Bava Until 9:51AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami</b> <b>Until 11:04PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 7:40PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						
<b>6 Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA Sun 19 Sutra 19
Mithuna Rasi: 25.01	Tithi 6	<b>Gulika</b> 6:52AM – 8:36AM	<b>Punarvasu</b> <b>Until 10:46PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Subhakrit 5124
		Yama 3:36PM – 5:20PM	Shula* Until 6:26AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3 - 19
		241445479 <b>Rahu</b> 10:21AM – 12:06PM	Kaulava Until 12:18PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 1:26AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>
Until 10:46PM				Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						
<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 20 Sutra 20
<b>Retreat Star</b>		<b>Gulika</b> 5:06AM – 6:51AM	<b>Pushya</b> <b>Until 1:25AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM	Subhakrit 5124
Kataka Rasi: 6.55	Tithi 7	Yama 1:51PM – 3:36PM	Shula* Until 6:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3 - 20
		241445479 <b>Rahu</b> 8:36AM – 10:21AM	Gara Until 2:31PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 3:28AM Sun</b>	Moon – Blue		<b>Devaloka Day</b>
				Vaisaka*Chaitra		
<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhii Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 21
<b>Retreat Star</b>		<b>Gulika</b> 3:36PM – 5:22PM	<b>Ashlesha*</b> <b>Until 3:25AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Subhakrit 5124
Kataka Rasi: 18.58	Tithi 8	Yama 12:06PM – 1:51PM	Ganda* Until 7:00AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 21
		241445479 <b>Rahu</b> 5:22PM – 7:07PM	Visti Until 4:20PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 5:00AM Mon</b>	Moon – Blue		<b>Devaloka Day</b>
Until 3:25AM Mon		<b>Mother's Day</b>		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						
<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vridhii/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22 Sutra 22
<b>Retreat Star</b>		<b>Gulika</b> 1:51PM – 3:37PM	<b>Magha*</b> <b>Until 5:08AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	Subhakrit 5124
Simha Rasi: 1.14	Tithi 9	Yama 10:20AM – 12:06PM	Vridhii Until 7:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3 - 22
<b>Family Home Evening</b>		251445479 <b>Rahu</b> 6:49AM – 8:35AM	Balava Until 5:33PM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami*</b> <b>Until 5:53AM Tue</b>	Moon – Red		<b>Bhuloka Day</b>
Until 5:08AM Tue				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Nyaghata* Yoga Taitila Karana Dashamyam Titau				St. Helena, CA Sun 23
Simha Rasi: 13.47	Tithi 10	<b>Gulika</b>	12:06PM – 1:52PM	<b>Purvaphalguni Until 5:57AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
		Yama	8:34AM – 10:20AM	Dhruva Until 6:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 4 - 23	
		252445479 <b>Rahu</b>	3:37PM – 5:23PM	Taitila Until 6:04PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 6:01AM Wed</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:57AM Wed					Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga								


<b>2</b>		<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				St. Helena, CA Sun 24
Simha Rasi: 26.41	Tithi 10 – 11	<b>Gulika</b>	10:20AM – 12:06PM	<b>Uttaraphalguni Until 5:51AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
		Yama	6:48AM – 8:34AM	Harshana Until 4:21AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 4 - 24	
		252445479 <b>Rahu</b>	12:06PM – 1:52PM	Visti Until 5:23AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 6:01AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:51AM Thu					Vaisaka-Chaitra			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25
Kanya Rasi: 9.59	Tithi 12	<b>Gulika</b>	8:33AM – 10:19AM	<b>Hasta Until 5:19AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Subhakrit 5124	
		Yama	5:01AM – 6:47AM	Vajra* Until 2:11AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4 - 25	
		252445479 <b>Rahu</b>	1:52PM – 3:38PM	Bava Until 4:47PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga			<b>Dvadashi Until 3:58AM Fri</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:19AM Fri					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA Sun 26
Kanya Rasi: 23.43	Tithi 13	<b>Gulika</b>	6:46AM – 8:33AM	<b>Chitra Until 3:58AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama	3:39PM – 5:25PM	Siddhi Until 11:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4 - 26	
		262445479 <b>Rahu</b>	10:19AM – 12:06PM	Kaulava Until 3:02PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 1:54AM Sat</b>	Moon – Green		<b>Sivaloka Day</b>	
					Vaisaka-Chaitra			

*Pradosha Vrata*

<b>5</b>		<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27
Tula Rasi: 7.52	Tithi 14	<b>Gulika</b>	4:59AM – 6:46AM	<b>Svati Until 1:56AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM	Subhakrit 5124	
		Yama	1:52PM – 3:39PM	Vyatipata* Until 8:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 4 - 27	
		262445479 <b>Rahu</b>	8:32AM – 10:19AM	Gara Until 12:40PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 11:16PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 1:56AM Sun					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

		<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA Sun 28
<b>Copper Retreat Star</b>		<b>Gulika</b>	3:39PM – 5:26PM	<b>Vishakha Until 11:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Subhakrit 5124	
Tula Rasi: 22.23	Tithi 15	Yama	12:06PM – 1:53PM	Variyan Until 4:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 4 - Purnima	
		272445479 <b>Rahu</b>	5:26PM – 7:13PM	Visti Until 9:49AM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga			<b>Purnima* Until 8:14PM</b>	Moon – Orange		<b>Devaloka Day</b>	
					Vaisaka-Vaikasi			

<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 29	
<b>Silver Retreat Star</b>		<b>Gulika</b>	1:53PM – 3:40PM	<b>Anuradha Until 9:15PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
Vrischika Rasi: 7.1	Tithi 16 – 17	Yama	10:19AM – 12:06PM	Parigha* Until 1:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 4 - Prathama
<b>Family Home Evening</b>		272445479 <b>Rahu</b>	6:44AM – 8:31AM	Balava Until 6:37AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga			<b>Prathama* Until 4:56PM</b>	Moon – Orange		<b>Devaloka Day</b>
					Vaisaka-Vaikasi		



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

St. Helena, CA  
Sun 1 Sutra 30

Vrischika Rasi: 22.06 Tithi 17 - 18

272445479

**Gulika** 12:06PM - 1:53PM  
Yama 8:31AM - 10:18AM  
**Rahu** 3:40PM - 5:28PM

**Jyeshtha\* Until 6:31PM**  
Shiva Until 9:07AM  
Vanija Until 11:49PM  
**Dvitiya Until 1:31PM**

**Ganesha:** Yellow *Sunrise: 4:56AM*  
**Muruqa:** White *Sunset: 7:15PM*  
**Nataraja:** Clear  
Moon - Orange  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 1  
1st Phase

Routine Work Marana Yoga  
Until 6:31PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Vistil\*/Bava Karana Tritiya/Chaturthiyam Titau

St. Helena, CA  
Sun 2 Sutra 31

Dhanus Rasi: 7.03 Tithi 18 - 19

282445479

**Gulika** 10:18AM - 12:06PM  
Yama 6:43AM - 8:31AM  
**Rahu** 12:06PM - 1:53PM

**Mula\* Until 4:07PM**  
Sadhya Until 1:27AM Thu  
Bava Until 8:30PM  
**Tritiya Until 10:08AM**

**Ganesha:** Blue *Sunrise: 4:56AM*  
**Muruqa:** White *Sunset: 7:16PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 2  
1st Phase

Routine Work Marana Yoga  
Until 4:07PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

St. Helena, CA  
Sun 3 Sutra 32

Dhanus Rasi: 21.53 Tithi 19 - 20

282445479

**Gulika** 8:30AM - 10:18AM  
Yama 4:55AM - 6:43AM  
**Rahu** 1:54PM - 3:41PM

**Purvashadha\* Until 1:47PM**  
Subha Until 9:55PM  
Taitila Until 4:01AM Fri  
**Chaturthi\* Until 6:55AM**

**Ganesha:** Blue *Sunrise: 4:55AM*  
**Muruqa:** White *Sunset: 7:17PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 3  
1st Phase

Creative Work Siddha Yoga  
Until 1:47PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA  
Sun 4 Sutra 33

Makara Rasi: 6.29 Tithi 21

282445479

**Gulika** 6:42AM - 8:30AM  
Yama 3:42PM - 5:30PM  
**Rahu** 10:18AM - 12:06PM

**Uttarashadha Until 11:40AM**  
Sukla Until 6:41PM  
Gara Until 2:43PM  
**Shashthi\* Until 1:31AM Sat**

**Ganesha:** Blue *Sunrise: 4:54AM*  
**Muruqa:** White *Sunset: 7:18PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 4  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vistil\*/Bava Karana Saptamyam Titau

St. Helena, CA  
Sun 5 Sutra 34

Makara Rasi: 20.48 Tithi 22

292445479

**Gulika** 4:53AM - 6:42AM  
Yama 1:54PM - 3:42PM  
**Rahu** 8:30AM - 10:18AM

**Shravana Until 10:17AM**  
Brahma Until 3:51PM  
Vistil Until 12:28PM  
**Saptami Until 11:31PM**

**Ganesha:** Red *Sunrise: 4:53AM*  
**Muruqa:** White *Sunset: 7:19PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 5  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA  
Sun 6 Sutra 35

Kumbha Rasi: 4.46 Tithi 23

292445479

**Gulika** 3:43PM - 5:31PM  
Yama 12:06PM - 1:54PM  
**Rahu** 5:31PM - 7:19PM

**Dhanishtha Until 9:17AM**  
Indra Until 1:29PM  
Balava Until 10:45AM  
**Ashtami\* Until 10:06PM**

**Ganesha:** Red *Sunrise: 4:53AM*  
**Muruqa:** White *Sunset: 7:19PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 6  
Ashtami

Routine Work Marana Yoga  
Until 9:17AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak\*/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA  
Sun 7 Sutra 36

Kumbha Rasi: 18.23 Tithi 24

293545479

**Gulika** 1:55PM - 3:43PM  
Yama 10:18AM - 12:06PM  
**Rahu** 6:41AM - 8:29AM

**Shatabhishak Until 8:43AM**  
Vaidhriti\* Until 11:34AM  
Taitila Until 9:38AM  
**Navami\* Until 9:16PM**

**Ganesha:** Red *Sunrise: 4:52AM*  
**Muruqa:** White *Sunset: 7:20PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 7  
Navami

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 8:43AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, May 24, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		St. Helena, CA Sun 8 Sutra 37	
Meena Rasi: 1.4	Tithi 25	<b>Gulika</b>	<b>12:06PM – 1:55PM</b>	<b>Purvaproshtapada* Until 9:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124		
		Yama	8:29AM – 10:17AM	Vishkambha* Until 10:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 6 - 8		
		213545479 <b>Rahu</b>	<b>3:43PM – 5:32PM</b>	Vanija Until 9:06AM	<b>Nataraja:</b> Clear		2nd Phase		
Routine Work	Marana Yoga			<b>Dashami Until 9:02PM</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 9:03AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, May 25, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 38	
Meena Rasi: 14.38	Tithi 26	<b>Gulika</b>	<b>10:17AM – 12:06PM</b>	<b>Uttaraproshtapada Until 9:48AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Subhakrit 5124		
		Yama	6:40AM – 8:28AM	Priti Until 9:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 6 - 9		
		313545479 <b>Rahu</b>	<b>12:06PM – 1:55PM</b>	Bava Until 9:10AM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga			<b>Ekadashi* Until 9:23PM</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 9:48AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, May 26, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 39	
Meena Rasi: 27.19	Tithi 27	<b>Gulika</b>	<b>8:28AM – 10:17AM</b>	<b>Revati Until 10:57AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:50AM	Subhakrit 5124		
		Yama	4:50AM – 6:39AM	Ayushman Until 8:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 6 - 10		
		313545479 <b>Rahu</b>	<b>1:55PM – 3:44PM</b>	Kaulava Until 9:47AM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga			<b>Dvadashi* Until 10:17PM</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 10:57AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Friday, May 27, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 40	
Mesha Rasi: 9.47	Tithi 28	<b>Gulika</b>	<b>6:39AM – 8:28AM</b>	<b>Ashvini Until 12:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Subhakrit 5124		
		Yama	3:45PM – 5:34PM	Saubhagya Until 8:35AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 6 - 11		
		323545479 <b>Rahu</b>	<b>10:17AM – 12:06PM</b>	Gara Until 10:55AM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Amrita Yoga			<b>Trayodashi* Until 11:39PM</b>	Moon – White		<b>Devaloka Day</b>		
Until 12:54PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Saturday, May 28, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 41	
Mesha Rasi: 22.02	Tithi 29	<b>Gulika</b>	<b>4:49AM – 6:38AM</b>	<b>Bharani Until 3:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Subhakrit 5124		
		Yama	1:56PM – 3:45PM	Sobhana Until 8:51AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 6 - 12		
		323545479 <b>Rahu</b>	<b>8:28AM – 10:17AM</b>	Visti Until 12:30PM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 1:25AM Sun</b>	Moon – White		<b>Devaloka Day</b>		
Until 3:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

<b>●</b>		<b>Sunday, May 29, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 42	
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:46PM – 5:35PM</b>	<b>Krittika Until 5:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Subhakrit 5124		
Vrishabha Rasi: 4.08	Tithi 30	Yama	12:07PM – 1:56PM	Athiganda* Until 9:22AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 6 - 13		
		323545479 <b>Rahu</b>	<b>5:35PM – 7:25PM</b>	Catuspada Until 2:28PM	<b>Nataraja:</b> Clear		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya* Until 3:32AM Mon</b>	Moon – White		<b>Devaloka Day</b>		
					Vaisaka-Vaikasi				

<b>Monday, May 30, 2022</b>		<b>Retreat Star</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 14 Sutra 43	
Vrishabha Rasi: 16.07	Tithi 1	<b>Gulika</b>	<b>1:56PM – 3:46PM</b>	<b>Rohini Until 8:33PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:48AM	Subhakrit 5124		
<b>Family Home Evening</b>		Yama	10:17AM – 12:07PM	Sukarma Until 10:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 6 - 14		
		333545479 <b>Rahu</b>	<b>6:38AM – 8:27AM</b>	Kintughna Until 4:42PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Amrita Yoga			<b>Prathama* Until 5:52AM Tue</b>	Moon – Yellow		<b>Devaloka Day</b>		
					Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>		<b>Tuesday, May 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Vrishabha Rasi: 28		Tithi 2		Mrigashira Nakshatra Dhriti/Shula* Yoga Balava Karana Dvitiyayam Titau		Sun 15 Sutra 44	
Creative Work		Siddha Yoga		Gulika 12:07PM – 1:57PM		Mrigashira Until 11:33PM	
Until 11:33PM		Then Routine Work - Marana Yoga		Yama 8:27AM – 10:17AM		Ganesha: Orange Sunrise: 4:48AM	
		34355479 Rahu 3:46PM – 5:36PM		Dhriti Until 11:06AM		Muruqa: White Sunset: 7:26PM	
				Balava Until 7:07PM		Nataraja: Clear	
				Dvitiya Until 8:20AM Wed		Moon – Yellow	
						Devaloka Day	
						Jyeshtha-Vaikasi	

<b>2</b>		<b>Wednesday, June 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Mithuna Rasi: 9.5		Tithi 2 – 3		Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 45	
Creative Work		Siddha Yoga		Gulika 10:17AM – 12:07PM		Ardra Until 2:25AM Thu	
Until 2:25AM Thu		Then Creative Work - Amrita Yoga		Yama 6:37AM – 8:27AM		Muruqa: White Sunset: 7:27PM	
		34355479 Rahu 12:07PM – 1:57PM		Shula* Until 12:05PM		Nataraja: Clear	
				Taitila Until 9:36PM		Moon – Yellow	
				Dvitiya Until 8:20AM		Devaloka Day	
						Jyeshtha-Vaikasi	

<b>3</b>		<b>Thursday, June 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Mithuna Rasi: 21.4		Tithi 3 – 4		Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Sun 17 Sutra 46	
Creative Work		Amrita Yoga		Gulika 8:27AM – 10:17AM		Punarvasu Until 5:35AM Fri	
Until 5:35AM Fri		Then Routine Work - Marana Yoga		Yama 4:47AM – 6:37AM		Ganesha: Clear Sunrise: 4:47AM	
		34355479 Rahu 1:57PM – 3:47PM		Ganda* Until 1:06PM		Muruqa: Green Sunset: 7:27PM	
				Vanija Until 12:03AM Fri		Nataraja: Clear	
				Tritiya Until 10:49AM		Moon – Blue	
						Devaloka Day	
						Jyeshtha-Vaikasi	

<b>4</b>		<b>Friday, June 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Kataka Rasi: 3.32		Tithi 4 – 5		Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 47	
Routine Work		Marana Yoga		Gulika 6:37AM – 8:27AM		Pushya Until 8:23AM Sat	
				Yama 3:48PM – 5:38PM		Muruqa: Green Sunset: 7:28PM	
		34355479 Rahu 10:17AM – 12:07PM		Vridhi Until 2:03PM		Nataraja: Clear	
				Bava Until 2:20AM Sat		Moon – Blue	
				Chaturthi* Until 1:12PM		Devaloka Day	
						Jyeshtha-Vaikasi	

<b>5</b>		<b>Saturday, June 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Kataka Rasi: 15.28		Tithi 5 – 6		Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 19 Sutra 48	
Creative Work		Siddha Yoga		Gulika 4:46AM – 6:37AM		Pushya Until 8:23AM	
Until 8:23AM		Then Routine Work - Marana Yoga		Yama 1:58PM – 3:48PM		Ganesha: Clear Sunrise: 4:46AM	
		34355479 Rahu 8:27AM – 10:17AM		Dhruva Until 2:47PM		Muruqa: Green Sunset: 7:29PM	
				Kaulava Until 4:19AM Sun		Nataraja: Clear	
				Panchami Until 3:21PM		Moon – Blue	
						Devaloka Day	
						Jyeshtha-Vaikasi	

<b>6</b>		<b>Sunday, June 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Kataka Rasi: 27.31		Tithi 6 – 7		Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 49	
Creative Work		Siddha Yoga		Gulika 3:49PM – 5:39PM		Ashlesha* Until 10:42AM	
Until 10:42AM		Then Routine Work - Marana Yoga		Yama 12:08PM – 1:58PM		Muruqa: Green Sunset: 7:29PM	
		34355471 Rahu 5:39PM – 7:29PM		Vyaghata* Until 3:15PM		Nataraja: Yellow	
				Gara Until 5:51AM Mon		Moon – Blue	
				Shashthi* Until 5:08PM		Devaloka Day	
						Jyeshtha-Vaikasi	

<b>Monday, June 6, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Simha Rasi: 9.46		Tithi 7		Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Vanija Karana Saptamyam Titau		Sun 21 Sutra 50	
Family Home Evening		Routine Work		Gulika 1:58PM – 3:49PM		Magha* Until 12:53PM	
Until 12:53PM		Then Creative Work - Siddha Yoga		Yama 10:17AM – 12:08PM		Ganesha: Clear Sunrise: 4:46AM	
		35455471 Rahu 6:36AM – 8:27AM		Harshana Until 3:21PM		Muruqa: Green Sunset: 7:30PM	
				Vanija Until 6:23PM		Nataraja: Yellow	
				Saptami Until 6:23PM		Moon – Red	
						Devaloka Day	
						Jyeshtha-Vaikasi	

<b>Tuesday, June 7, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Simha Rasi: 22.16		Tithi 8		Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22 Sutra 51	
Creative Work		Siddha Yoga		Gulika 12:08PM – 1:59PM		Purvaphalguni Until 2:18PM	
Until 2:18PM		Then Creative Work - Amrita Yoga		Yama 8:27AM – 10:17AM		Muruqa: Green Sunset: 7:30PM	
		35455471 Rahu 3:49PM – 5:40PM		Vajra* Until 2:55PM		Nataraja: Yellow	
				Visti Until 6:48AM		Moon – Red	
				Ashtami* Until 7:00PM		Devaloka Day	
						Jyeshtha-Vaikasi	

<b>Wednesday, June 8, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Kanya Rasi: 5.05		Tithi 9		Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23 Sutra 52	
Creative Work		Amrita Yoga		Gulika 10:18AM – 12:08PM		Uttaraphalguni Until 2:51PM	
Until 2:51PM		Then Routine Work - Marana Yoga		Yama 6:36AM – 8:27AM		Ganesha: Clear Sunrise: 4:45AM	
		35455471 Rahu 12:08PM – 1:59PM		Siddhi Until 1:55PM		Muruqa: Green Sunset: 7:31PM	
				Balava Until 7:03AM		Nataraja: Yellow	
				Navami* Until 6:51PM		Moon – Red	
						Devaloka Day	
						Jyeshtha-Vaikasi	


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Varyan Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Kanya Rasi: 18.18	Tithi 10 – 11	<b>Gulika</b> 8:27AM – 10:18AM	<b>Hasta</b> <b>Until 2:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:45AM	Sun 24 Sutra 53
			Yama 4:45AM – 6:36AM	Vyatipata* <b>Until 12:19PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:32PM	Subhakrit 5124
			364555471 <b>Rahu</b> 1:59PM – 3:50PM	Taitila <b>Until 6:31AM</b>	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 24 4th Phase
Routine Work Marana Yoga			<b>Dashami</b> <b>Until 5:56PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 2:55PM				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Varyan/Parigha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Tula Rasi: 1.57	Tithi 11 – 12	<b>Gulika</b> 6:36AM – 8:27AM	<b>Chitra</b> <b>Until 2:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:45AM	Sun 25 Sutra 54
			Yama 3:50PM – 5:41PM	Variyan <b>Until 10:03AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:32PM	Subhakrit 5124
			364555471 <b>Rahu</b> 10:18AM – 12:09PM	Bava <b>Until 3:08AM Sat</b>	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 25 4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> <b>Until 4:14PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Tula Rasi: 16.04	Tithi 12 – 13	<b>Gulika</b> 4:45AM – 6:36AM	<b>Svati</b> <b>Until 12:24PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:45AM	Sun 26 Sutra 55
			Yama 2:00PM – 3:51PM	Parigha* <b>Until 7:13AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:32PM	Subhakrit 5124
			364555471 <b>Rahu</b> 8:27AM – 10:18AM	Kaulava <b>Until 12:27AM Sun</b>	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 26 4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> <b>Until 1:51PM</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata</i>	

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Vrischika Rasi: 0.37	Tithi 13 – 14	<b>Gulika</b> 3:51PM – 5:42PM	<b>Vishakha</b> <b>Until 10:24AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:45AM	Sun 27 Sutra 56
			Yama 12:09PM – 2:00PM	Siddha <b>Until 12:08AM Mon</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Subhakrit 5124
			374555471 <b>Rahu</b> 5:42PM – 7:33PM	Gara <b>Until 9:15PM</b>	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 27 4th Phase
Routine Work Marana Yoga			<b>Trayodashi</b> <b>Until 10:53AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				St. Helena, CA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:00PM – 3:51PM	<b>Anuradha</b> <b>Until 7:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:45AM	Sutra 57
	Vrischika Rasi: 15.3	Tithi 14 – 15	Yama 10:18AM – 12:09PM	Sadhya <b>Until 8:06PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Subhakrit 5124
	<b>Family Home Evening</b>		374555471 <b>Rahu</b> 6:36AM – 8:27AM	Bava <b>Until 3:49AM Tue</b>	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> <b>Until 7:30AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>5</b>	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:09PM – 2:01PM	<b>Mula*</b> <b>Until 2:02AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:45AM	Sutra 58
	Dhanus Rasi: 0.38	Tithi 16	Yama 8:27AM – 10:18AM	Subha <b>Until 3:57PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Subhakrit 5124
			384555471 <b>Rahu</b> 3:52PM – 5:43PM	Balava <b>Until 1:57PM</b>	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - Prathama
Creative Work Amrita Yoga			<b>Prathama*</b> <b>Until 12:02AM Wed</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	





Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 59

Subhakrit 5124

Dhanus Rasi: 15.5 Tithi 17

384555471

**Gulika** 10:18AM – 12:10PM  
Yama 6:36AM – 8:27AM  
**Rahu** 12:10PM – 2:01PM

**Purvashadha\* Until 11:08PM**

Sukla Until 11:44AM

Taitila Until 10:09AM

**Dvitiya Until 8:17PM**

**Ganesha:** Blue *Sunrise: 4:45AM*

**Muruqa:** Green *Sunset: 7:34PM*

**Nataraja:** Yellow

Moon – Light Blue

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 60

Subhakrit 5124

Makara Rasi: 0.58 Tithi 18 – 19

384555471

**Gulika** 8:27AM – 10:19AM  
Yama 4:45AM – 6:36AM  
**Rahu** 2:01PM – 3:52PM

**Uttarashadha Until 8:21PM**

Brahma Until 7:40AM

Vanija Until 6:30AM

**Tritiya Until 4:45PM**

**Ganesha:** Blue *Sunrise: 4:45AM*

**Muruqa:** Green *Sunset: 7:35PM*

**Nataraja:** Yellow

Moon – Light Blue

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 61

Subhakrit 5124

Makara Rasi: 15.52 Tithi 19 – 20

394555471

**Gulika** 6:36AM – 8:28AM  
Yama 3:52PM – 5:44PM  
**Rahu** 10:19AM – 12:10PM

**Shravana Until 6:13PM**

Vaidhriti\* Until 12:23AM Sat

Kaulava Until 12:11AM Sat

**Chaturthi\* Until 1:34PM**

**Ganesha:** Red *Sunrise: 4:45AM*

**Muruqa:** Green *Sunset: 7:35PM*

**Nataraja:** Yellow

Moon – Purple

**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 6:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 62

Subhakrit 5124

Kumbha Rasi: 0.25 Tithi 20 – 21

394555471

**Gulika** 4:45AM – 6:36AM  
Yama 2:01PM – 3:53PM  
**Rahu** 8:28AM – 10:19AM

**Dhanishtha Until 4:29PM**

Vishkambha\* Until 9:24PM

Gara Until 9:49PM

**Panchami Until 10:54AM**

**Ganesha:** Blue *Sunrise: 4:45AM*

**Muruqa:** Green *Sunset: 7:35PM*

**Nataraja:** Yellow

Moon – Purple

**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 63

Subhakrit 5124

Kumbha Rasi: 14.34 Tithi 21 – 22

395655471

**Gulika** 3:53PM – 5:44PM  
Yama 12:10PM – 2:02PM  
**Rahu** 5:44PM – 7:36PM

**Shatabhishak Until 3:16PM**

Priti Until 7:00PM

Visti Until 8:08PM

**Shashthi\* Until 8:52AM**

**Ganesha:** Red *Sunrise: 4:45AM*

**Muruqa:** Green *Sunset: 7:36PM*

**Nataraja:** Yellow

Moon – Purple

**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 64

Subhakrit 5124

Kumbha Rasi: 28.15 Tithi 22 – 23

315655471

**Gulika** 2:02PM – 3:53PM  
Yama 10:19AM – 12:11PM  
**Rahu** 6:37AM – 8:28AM

**Purvaproshtapada\* Until 3:05PM**

Ayushman Until 5:10PM

Balava Until 7:12PM

**Saptami Until 7:33AM**

**Ganesha:** Clear *Sunrise: 4:46AM*

**Muruqa:** Green *Sunset: 7:36PM*

**Nataraja:** Yellow

Moon – Clear

**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 3:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 65

Subhakrit 5124

Meena Rasi: 11.31 Tithi 23 – 24

315655471

**Gulika** 12:11PM – 2:02PM  
Yama 8:28AM – 10:20AM  
**Rahu** 3:53PM – 5:45PM

**Uttaraproshtapada Until 3:32PM**

Saubhagya Until 3:59PM

Taitila Until 7:03PM

**Ashtami\* Until 7:01AM**

**Ganesha:** Clear *Sunrise: 4:46AM*

**Muruqa:** Green *Sunset: 7:36PM*

**Nataraja:** Yellow

Moon – Clear

**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, June 22, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Meena Rasi: 24.22	Tithi 24 – 25	<b>Gulika</b> 10:20AM – 12:11PM	<b>Revati</b> Until 4:32PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:46AM	Sun 8    Sutra 66
			Yama 6:37AM – 8:29AM	Sobhana Until 3:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Subhakra 5124
	315655471	Rahu 12:11PM – 2:02PM		Vanija Until 7:38PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 8 2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 7:14AM	Moon – Clear		<b>Devaloka Day</b>	
				Jyeshtha-Ani			

<b>2</b>	<b>Thursday, June 23, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Mesha Rasi: 6.53	Tithi 25 – 26	<b>Gulika</b> 8:29AM – 10:20AM	<b>Ashvini</b> Until 6:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM	Sun 9    Sutra 67
			Yama 4:46AM – 6:38AM	Athiganda* Until 3:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Subhakra 5124
	325655471	Rahu 2:03PM – 3:54PM		Bava Until 8:53PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 9 2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:10AM	Moon – White		<b>Bhuloka Day</b>	
Until 6:31PM				Jyeshtha-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, June 24, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Mesha Rasi: 19.1	Tithi 26 – 27	<b>Gulika</b> 6:38AM – 8:29AM	<b>Bharani</b> Until 8:52PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:47AM	Sun 10    Sutra 68
			Yama 3:54PM – 5:45PM	Sukarma Until 3:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Subhakra 5124
	325655471	Rahu 10:20AM – 12:11PM		Kaulava Until 10:39PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 10 2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 9:41AM	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>4</b>	<b>Saturday, June 25, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tatitla/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Vrisabha Rasi: 1.14	Tithi 27 – 28	<b>Gulika</b> 4:47AM – 6:38AM	<b>Krittika</b> Until 11:25PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:47AM	Sun 11    Sutra 69
			Yama 2:03PM – 3:54PM	Dhriti Until 4:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Subhakra 5124
	325655471	Rahu 8:29AM – 10:20AM		Gara Until 12:48AM Sun	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 11 2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 11:40AM	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>	<b>Sunday, June 26, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Vrisabha Rasi: 13.1	Tithi 28 – 29	<b>Gulika</b> 3:54PM – 5:45PM	<b>Rohini</b> Until 2:33AM Mon	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:47AM	Sun 12    Sutra 70
			Yama 12:12PM – 2:03PM	Shula* Until 5:17PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Subhakra 5124
	335655471	Rahu 5:45PM – 7:37PM		Visti Until 3:11AM Mon	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 12 2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:57PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 2:33AM Mon				Jyeshtha-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Monday, June 27, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				St. Helena, CA
	Vrisabha Rasi: 25.01	Tithi 29 – 30	<b>Gulika</b> 2:03PM – 3:54PM	<b>Mrigashira</b> Until 5:37AM Tue	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:48AM	Sun 13    Sutra 71
	<b>Family Home Evening</b>		Yama 10:21AM – 12:12PM	Ganda* Until 6:18PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Subhakra 5124
	335655471	Rahu 6:39AM – 8:30AM		Catuspada Until 5:41AM Tue	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 13 2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashy*</b> Until 4:25PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:37AM Tue				Jyeshtha-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Routine Work - Marana Yoga							

	<b>Tuesday, June 28, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Naga* Karana Amavasyayam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 12:12PM – 2:03PM	<b>Ardra</b> Until 8:30AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Sun 14    Sutra 72
	Mithuna Rasi: 6.51	Tithi 30	Yama 8:30AM – 10:21AM	Vriddhi Until 7:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Subhakra 5124
	336655471	Rahu 3:54PM – 5:46PM		Naga Until 6:55PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 14 Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 6:55PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 8:30AM Wed				Jyeshtha-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Wednesday, June 29, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
	Mithuna Rasi: 18.4	Tithi 1	<b>Gulika</b> 10:21AM – 12:12PM	<b>Ardra</b> Until 8:30AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Sun 15    Sutra 73
			Yama 6:39AM – 8:30AM	Dhruva Until 8:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Subhakra 5124
	336655471	Rahu 12:12PM – 2:04PM		Kintughna Until 8:10AM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 15 Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 9:22PM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada-Ani		<b>Devaloka Time: 6:PM to 9:PM</b>	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
	Kataka Rasi: 0.32	Tithi 2	<b>Gulika</b> 8:31AM – 10:22AM	<b>Punarvasu</b> Until 11:38AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:49AM	Sun 16	Sutra 74
			Yama 4:49AM – 6:40AM	Vyaghata* Until 9:16PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:37PM		Subhakrit 5124
	Creative Work	Amrita Yoga	346655471 <b>Rahu</b> 2:04PM – 3:55PM	Balava Until 10:34AM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 16 3rd Phase
			<b>Dvitiya</b> Until 11:41PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, July 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
	Kataka Rasi: 12.27	Tithi 3	<b>Gulika</b> 6:40AM – 8:31AM	<b>Pushya</b> Until 2:26PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:49AM	Sun 17	Sutra 75
			Yama 3:55PM – 5:46PM	Harshana Until 10:02PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:37PM		Subhakrit 5124
	Routine Work	Marana Yoga	346655471 <b>Rahu</b> 10:22AM – 12:13PM	Taitila Until 12:47PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 17 3rd Phase
			<b>Tritiya</b> Until 1:47AM Sat	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, July 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA
	Kataka Rasi: 24.28	Tithi 4	<b>Gulika</b> 4:50AM – 6:41AM	<b>Ashlesha*</b> Until 4:49PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:50AM	Sun 18	Sutra 76
			Yama 2:04PM – 3:55PM	Vajra* Until 10:34PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:36PM		Subhakrit 5124
	Routine Work	Marana Yoga	346655471 <b>Rahu</b> 8:31AM – 10:22AM	Vanija Until 2:45PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 18 3rd Phase
			<b>Chaturthi*</b> Until 3:36AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, July 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
	Simha Rasi: 6.35	Tithi 5	<b>Gulika</b> 3:55PM – 5:46PM	<b>Magha*</b> Until 7:12PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:50AM	Sun 19	Sutra 77
			Yama 12:13PM – 2:04PM	Siddhi Until 10:50PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:36PM		Subhakrit 5124
	Routine Work	Marana Yoga	356655471 <b>Rahu</b> 5:46PM – 7:36PM	Bava Until 4:23PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 19 3rd Phase
			<b>Panchami</b> Until 5:02AM Mon	Moon – Red		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>5</b>	<b>Monday, July 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
	Simha Rasi: 18.53	Tithi 6	<b>Gulika</b> 2:04PM – 3:55PM	<b>Purvaphalguni</b> Until 8:59PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:51AM	Sun 20	Sutra 78
	Family Home Evening		Yama 10:23AM – 12:13PM	Vyatipata* Until 10:45PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:36PM		Subhakrit 5124
	Creative Work	Siddha Yoga	356655471 <b>Rahu</b> 6:41AM – 8:32AM	Kaulava Until 5:35PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 20 3rd Phase
			<b>Shashthi*</b> Until 5:58AM Tue	Moon – Red		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>6</b>	<b>Tuesday, July 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan Yoga Gara Karana Saptamyam Titau				St. Helena, CA
	Kanya Rasi: 1.23	Tithi 7	<b>Gulika</b> 12:14PM – 2:04PM	<b>Uttaraphalguni</b> Until 10:04PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:51AM	Sun 21	Sutra 79
			Yama 8:32AM – 10:23AM	Varyan Until 10:12PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:36PM		Subhakrit 5124
	Creative Work	Amrita Yoga	357655471 <b>Rahu</b> 3:55PM – 5:45PM	Gara Until 6:15PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 21 3rd Phase
			<b>Saptami</b> Until 6:19AM Wed	Moon – Red		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>☾</b>	<b>Wednesday, July 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 10:23AM – 12:14PM	<b>Hasta</b> Until 10:50PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:52AM	Sun 22	Sutra 80
	Kanya Rasi: 14.1	Tithi 7 – 8	Yama 6:42AM – 8:33AM	Parigha* Until 9:08PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:36PM		Subhakrit 5124
			467655471 <b>Rahu</b> 12:14PM – 2:04PM	Visti Until 6:16PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 22 Ashtami
			<b>Saptami</b> Until 6:19AM	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>☽</b>	<b>Thursday, July 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 8:33AM – 10:24AM	<b>Chitra</b> Until 10:43PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:52AM	Sun 23	Sutra 81
	Kanya Rasi: 27.17	Tithi 9	Yama 4:52AM – 6:43AM	Shiva Until 7:31PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:35PM		Subhakrit 5124
			467655471 <b>Rahu</b> 2:04PM – 3:55PM	Kaulava Until 5:33PM	<b>Nataraja:</b> Yellow		Moon 6 - Phase 11 - 23 Navami
			<b>Navami*</b> Until 4:55AM Fri	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	<b>Friday, July 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 24 Sutra 82
	Tula Rasi: 10.49	Tithi 10	<b>Gulika</b> 6:43AM – 8:34AM	<b>Svati Until 9:43PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:53AM	Subhakrit 5124
			Yama 3:55PM – 5:45PM	Siddha Until 5:16PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 10:24AM – 12:14PM	Taitila Until 4:07PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami Until 3:07AM Sat</b>	Ashada*Ani	<b>Devaloka Day</b>		

2	<b>Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Ekadashyam Titau				St. Helena, CA Sun 25 Sutra 83
	Tula Rasi: 24.46	Tithi 11	<b>Gulika</b> 4:54AM – 6:44AM	<b>Vishakha Until 8:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
			Yama 2:04PM – 3:54PM	Sadhya Until 2:27PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 12 - 25
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 8:34AM – 10:24AM	Vanija Until 1:58PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi Until 12:39AM Sun</b>	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

3	<b>Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 26 Sutra 84
	Vrischika Rasi: 9.1	Tithi 12	<b>Gulika</b> 3:54PM – 5:44PM	<b>Anuradha Until 6:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
			Yama 12:14PM – 2:04PM	Subha Until 11:09AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12 - 26
	Routine Work	Marana Yoga	477655471 <b>Rahu</b> 5:44PM – 7:34PM	Bava Until 11:13AM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi Until 9:37PM</b>	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

4	<b>Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA Sun 27 Sutra 85
	Vrischika Rasi: 23.58	Tithi 13	<b>Gulika</b> 2:04PM – 3:54PM	<b>Jyeshtha* Until 3:31PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:25AM – 12:14PM	Sukla Until 7:24AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12 - 27
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 6:45AM – 8:35AM	Kaulava Until 7:57AM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi Until 6:10PM</b>	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

*Pradosha Vrata*

○	<b>Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sun 28 Sutra 86
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:15PM – 2:04PM	<b>Mula* Until 12:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
	Dhanus Rasi: 9.02	Tithi 14 – 15	Yama 8:35AM – 10:25AM	Indra Until 11:11PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12 -
	Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 3:54PM – 5:44PM	Visti Until 12:32AM Wed	<b>Nataraja:</b> Yellow		Purnima
			<b>Satguru Purnima</b>	<b>Chaturdashi* Until 2:26PM</b>	Ashada*Ani	<b>Sivaloka Day</b>	

○	<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sun 29 Sutra 87
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:25AM – 12:15PM	<b>Purvashadha* Until 9:46AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
	Dhanus Rasi: 24.16	Tithi 15 – 16	Yama 6:46AM – 8:35AM	Vaidhriti* Until 6:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12 -
	Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 12:15PM – 2:04PM	Balava Until 8:41PM	<b>Nataraja:</b> Yellow		Prathama
			<b>Purnima* Until 10:35AM</b>	Ashada*Ani	<b>Devaloka Day</b>		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang



**Thursday, July 14, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

St. Helena, CA  
Sutra 88

Makara Rasi: 9.29      Tithi 16 – 17

488755471

**Gulika** 8:36AM – 10:25AM  
Yama 4:57AM – 6:46AM  
**Rahu** 2:04PM – 3:54PM

**Uttarashadha Until 6:40AM**  
Vishkambha\* Until 2:47PM  
Gara Until 3:13AM Fri  
**Prathama\* Until 6:47AM**

**Ganesha:** Yellow  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Light Blue  
**Ashada\*Ani**

*Sunrise:* 4:57AM  
*Sunset:* 7:33PM

Subhakrit 5124  
Moon 7 - Phase 13 -  
1st Phase

Routine Work      Marana Yoga

Until 6:40AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, July 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

St. Helena, CA  
Sun 1      Sutra 89

Makara Rasi: 24.31      Tithi 18

498755471

**Gulika** 6:47AM – 8:36AM  
Yama 3:54PM – 5:43PM  
**Rahu** 10:26AM – 12:15PM

**Dhanishtha Until 1:44AM Sat**  
Priti Until 10:54AM  
Vanija Until 1:35PM  
**Tritiya Until 12:02AM Sat**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada\*Ani**

*Sunrise:* 4:58AM  
*Sunset:* 7:32PM

Subhakrit 5124  
Moon 7 - Phase 13 - 1  
1st Phase

Creative Work      Siddha Yoga

Until 1:44AM Sat

Then Creative Work - Amrita Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**2**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA  
Sun 2      Sutra 90

Kumbha Rasi: 9.14      Tithi 19

498755471

**Gulika** 4:58AM – 6:48AM  
Yama 2:04PM – 3:53PM  
**Rahu** 8:37AM – 10:26AM

**Shatabhishak Until 11:50PM**  
Ayushman Until 7:22AM  
Bava Until 10:40AM  
**Chaturthi\* Until 9:25PM**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada\*Adi**

*Sunrise:* 4:58AM  
*Sunset:* 7:32PM

Subhakrit 5124  
Moon 7 - Phase 13 - 2  
1st Phase

Creative Work      Amrita Yoga

Until 11:50PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**3**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA  
Sun 3      Sutra 91

Kumbha Rasi: 23.32      Tithi 20

418755472

**Gulika** 3:53PM – 5:42PM  
Yama 12:15PM – 2:04PM  
**Rahu** 5:42PM – 7:31PM

**Purvaproshtapada\* Until 10:56PM**  
Sobhana Until 1:58AM Mon  
Kaulava Until 8:22AM  
**Panchami Until 7:29PM**

**Ganesha:** White  
**Muruqa:** Green  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 4:59AM  
*Sunset:* 7:31PM

Subhakrit 5124  
Moon 7 - Phase 13 - 3  
1st Phase

Creative Work      Siddha Yoga

Until 10:56PM

Then Creative Work - Amrita Yoga

**Bhuloka Day**

**4**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA  
Sun 4      Sutra 92

Meena Rasi: 7.2      Tithi 21

419755472

**Gulika** 2:04PM – 3:53PM  
Yama 10:26AM – 12:15PM  
**Rahu** 6:49AM – 8:37AM

**Uttaraproshtapada Until 10:42PM**  
Athiganda\* Until 12:13AM Tue  
Gara Until 6:50AM  
**Shashthi\* Until 6:22PM**

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 5:00AM  
*Sunset:* 7:30PM

Subhakrit 5124  
Moon 7 - Phase 13 - 4  
1st Phase

Creative Work      Siddha Yoga

**Family Home Evening**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**5**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

St. Helena, CA  
Sun 5      Sutra 93

Meena Rasi: 20.39      Tithi 22

419755472

**Gulika** 12:15PM – 2:04PM  
Yama 8:38AM – 10:27AM  
**Rahu** 3:53PM – 5:41PM

**Revati Until 11:10PM**  
Sukarma Until 11:11PM  
Visti Until 6:09AM  
**Saptami Until 6:06PM**

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 5:01AM  
*Sunset:* 7:30PM

Subhakrit 5124  
Moon 7 - Phase 13 - 5  
1st Phase

Creative Work      Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA  
Sun 6      Sutra 94

Mesha Rasi: 3.31      Tithi 23

429755472

**Gulika** 10:27AM – 12:15PM  
Yama 6:50AM – 8:38AM  
**Rahu** 12:15PM – 2:04PM

**Ashvini Until 12:46AM Thu**  
Dhriti Until 10:49PM  
Balava Until 6:19AM  
**Ashtami\* Until 6:42PM**

**Ganesha:** Purple  
**Muruqa:** Green  
**Nataraja:** White  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 5:01AM  
*Sunset:* 7:29PM

Subhakrit 5124  
Moon 7 - Phase 13 - 6  
Ashtami

Routine Work      Marana Yoga

Until 12:46AM Thu

Then Creative Work - Siddha Yoga

**Devaloka Day**

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA  
Sun 7      Sutra 95

Mesha Rasi: 16.01      Tithi 24

429755472

**Gulika** 8:39AM – 10:27AM  
Yama 5:02AM – 6:50AM  
**Rahu** 2:04PM – 3:52PM

**Bharani Until 2:54AM Fri**  
Shula\* Until 10:59PM  
Taitila Until 7:19AM  
**Navami\* Until 8:03PM**

**Ganesha:** Purple  
**Muruqa:** Green  
**Nataraja:** White  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 5:02AM  
*Sunset:* 7:28PM

Subhakrit 5124  
Moon 7 - Phase 13 - 7  
Navami

Creative Work      Siddha Yoga

**Devaloka Day**

**1 Friday, July 22, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam St. Helena, CA  
Krittika Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Dashamyam Titau Sun 8 Sutra 96

Mesha Rasi: 28.13 Tithi 25  
429755472 **Rahu** 10:27AM – 12:15PM

Creative Work Siddha Yoga  
Until 5:24AM Sat  
Then Creative Work - Amrita Yoga

**Gulika** 6:51AM – 8:39AM **Krittika Until 5:24AM Sat**  
Yama 3:52PM – 5:40PM Ganda\* Until 11:37PM  
Vanija Until 8:59AM  
Dashami Until 9:59PM

**Ganesha:** Purple *Sunrise:* 5:03AM  
**Muruqa:** Green *Sunset:* 7:28PM  
**Nataraja:** White  
Moon – White

**Devaloka Day**  
Ashada\*Adi

Moon 7 - Phase 14 - 8  
2nd Phase

**2 Saturday, July 23, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam St. Helena, CA  
Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 97

Virshabha Rasi: 10.12 Tithi 26  
439755472 **Rahu** 8:40AM – 10:27AM

Creative Work Amrita Yoga  
Until 8:32AM Sun  
Then Creative Work - Siddha Yoga

**Gulika** 5:04AM – 6:52AM **Rohini Until 8:32AM Sun**  
Yama 2:03PM – 3:51PM Vriddhi Until 12:32AM Sun  
Bava Until 11:08AM  
Ekadashi\* Until 12:18AM Sun

**Ganesha:** Clear *Sunrise:* 5:04AM  
**Muruqa:** Green *Sunset:* 7:27PM  
**Nataraja:** White  
Moon – Yellow

**Bhuloka Day**  
Ashada\*Adi

Moon 7 - Phase 14 - 9  
2nd Phase

**Devaloka Time: 9:AM to 12:PM**

**3 Sunday, July 24, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam St. Helena, CA  
Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 98

Virshabha Rasi: 22.04 Tithi 27  
439755472 **Rahu** 5:39PM – 7:26PM

Creative Work Siddha Yoga

**Gulika** 3:51PM – 5:39PM **Rohini Until 8:32AM**  
Yama 12:15PM – 2:03PM Dhruva Until 1:34AM Mon  
Kaulava Until 1:34PM  
Dvadashi\* Until 2:49AM Mon

**Ganesha:** Clear *Sunrise:* 5:05AM  
**Muruqa:** Green *Sunset:* 7:26PM  
**Nataraja:** White  
Moon – Yellow

**Bhuloka Day**  
Ashada\*Adi

Moon 7 - Phase 14 - 10  
2nd Phase

**Devaloka Time: 9:AM to 12:PM**

**4 Monday, July 25, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam St. Helena, CA  
Mrigashira/Ardra Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 99

Mithuna Rasi: 3.53 Tithi 28  
439755472 **Rahu** 6:53AM – 8:40AM

Creative Work Amrita Yoga  
Until 11:37AM  
Then Creative Work - Siddha Yoga

**Gulika** 2:03PM – 3:50PM **Mrigashira Until 11:37AM**  
Yama 10:28AM – 12:15PM Vyaghata\* Until 2:38AM Tue  
Gara Until 4:06PM  
Trayodashi\* Until 5:20AM Tue

**Ganesha:** Clear *Sunrise:* 5:05AM  
**Muruqa:** Green *Sunset:* 7:25PM  
**Nataraja:** White  
Moon – Yellow

**Bhuloka Day**  
Ashada\*Adi

Moon 7 - Phase 14 - 11  
2nd Phase

**Devaloka Time: 9:AM to 12:PM**  
*Pradosha Vrata (Fasting)*

**5 Tuesday, July 26, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam St. Helena, CA  
Ardra/Punarvasu Nakshatra Harshana Yoga Visti\* Karana Chaturdashyam Titau Sun 12 Sutra 100

Mithuna Rasi: 15.43 Tithi 29  
431755472 **Rahu** 3:50PM – 5:37PM

Routine Work Marana Yoga  
Until 2:30PM  
Then Creative Work - Siddha Yoga

**Gulika** 12:15PM – 2:03PM **Ardra Until 2:30PM**  
Yama 8:41AM – 10:28AM Harshana Until 3:37AM Wed  
Visti Until 6:34PM  
Chaturdashi\* Until 7:44AM Wed

**Ganesha:** Red *Sunrise:* 5:06AM  
**Muruqa:** Green *Sunset:* 7:25PM  
**Nataraja:** White  
Moon – Yellow

**Bhuloka Day**  
Ashada\*Adi

Moon 7 - Phase 14 - 12  
2nd Phase

**Devaloka Time: 9:AM to 12:PM**

**Wednesday, July 27, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam St. Helena, CA  
Punarvasu/Pushya Nakshatra Vajra\* Yoga Sakuni/Catuspada\* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 101

Mithuna Rasi: 27.34 Tithi 29 – 30  
441755472 **Rahu** 12:15PM – 2:02PM

Creative Work Siddha Yoga

**Gulika** 10:28AM – 12:15PM **Punarvasu Until 5:35PM**  
Yama 6:54AM – 8:41AM Vajra\* Until 4:26AM Thu  
Catuspada Until 8:52PM  
Chaturdashi\* Until 7:44AM

**Ganesha:** Yellow *Sunrise:* 5:07AM  
**Muruqa:** Green *Sunset:* 7:24PM  
**Nataraja:** White  
Moon – Blue

**Bhuloka Day**  
Ashada\*Adi

Moon 7 - Phase 14 - 13  
Amavasya

**Devaloka Time: 9:AM to 12:PM**

**Thursday, July 28, 2022** Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam St. Helena, CA  
Pushya Nakshatra Siddhi Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 102

Kataka Rasi: 9.31 Tithi 30 – 1  
441755472 **Rahu** 2:02PM – 3:49PM

Creative Work Amrita Yoga  
Until 8:16PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:42AM – 10:28AM **Pushya Until 8:16PM**  
Yama 5:08AM – 6:55AM Siddhi Until 5:04AM Fri  
Kintughna Until 10:57PM  
Amavasya\* Until 9:55AM

**Ganesha:** Yellow *Sunrise:* 5:08AM  
**Muruqa:** Green *Sunset:* 7:23PM  
**Nataraja:** White  
Moon – Blue

**Bhuloka Day**  
Sravana\*Adi

Moon 7 - Phase 14 - 14  
Prathama

**Devaloka Time: 9:AM to 12:PM**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Friday, July 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vyalipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 103 Subhakit 5124
	Kataka Rasi: 21.33	Tithi 1 – 2	<b>Gulika</b> 6:55AM – 8:42AM	<b>Ashlesha* Until 10:31PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	
			Yama 3:49PM – 5:35PM	Vyatipata* Until 5:30AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 15 - 15
	Routine Work	Marana Yoga	441755472 <b>Rahu</b> 10:29AM – 12:15PM	Balava Until 12:44AM Sat	<b>Nataraja:</b> White		3rd Phase
			<b>Prathama* Until 11:51AM</b>	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Saturday, July 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 104 Subhakit 5124
	Simha Rasi: 3.42	Tithi 2 – 3	<b>Gulika</b> 5:10AM – 6:56AM	<b>Magha* Until 12:48AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:10AM	
			Yama 2:02PM – 3:48PM	Variyan Until 5:39AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15 - 16
	Creative Work	Amrita Yoga	451755472 <b>Rahu</b> 8:42AM – 10:29AM	Taitila Until 2:12AM Sun	<b>Nataraja:</b> White		3rd Phase
			<b>Dvitiya Until 1:29PM</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Sunday, July 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				St. Helena, CA Sun 17 Sutra 105 Subhakit 5124
	Simha Rasi: 15.59	Tithi 3 – 4	<b>Gulika</b> 3:48PM – 5:34PM	<b>Purvaphalguni Until 2:35AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:10AM	
			Yama 12:15PM – 2:01PM	Parigha* Until 5:32AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 15 - 17
	Creative Work	Siddha Yoga	451755472 <b>Rahu</b> 5:34PM – 7:20PM	Vanija Until 3:19AM Mon	<b>Nataraja:</b> White		3rd Phase
			<b>Tritiya Until 2:47PM</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Monday, August 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 18 Sutra 106 Subhakit 5124
	Simha Rasi: 28.26	Tithi 4 – 5	<b>Gulika</b> 2:01PM – 3:47PM	<b>Uttaraphalguni Until 3:48AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:11AM	
	Family Home Evening		Yama 10:29AM – 12:15PM	Shiva Until 5:06AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 15 - 18
	Creative Work	Siddha Yoga	451755472 <b>Rahu</b> 6:57AM – 8:43AM	Bava Until 4:02AM Tue	<b>Nataraja:</b> White		3rd Phase
			<b>Chaturthi* Until 3:43PM</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

<b>5</b>	<b>Tuesday, August 2, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 19 Sutra 107 Subhakit 5124
	Kanya Rasi: 11.04	Tithi 5 – 6	<b>Gulika</b> 12:15PM – 2:01PM	<b>Hasta Until 4:53AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:12AM	
			Yama 8:44AM – 10:29AM	Siddha Until 4:17AM Wed	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 15 - 19
	Creative Work	Siddha Yoga	461755472 <b>Rahu</b> 3:47PM – 5:32PM	Kaulava Until 4:17AM Wed	<b>Nataraja:</b> White		3rd Phase
			<b>Panchami Until 4:12PM</b>	Moon – Green		<b>Devaloka Day</b>	

<b>6</b>	<b>Wednesday, August 3, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 108 Subhakit 5124
	Kanya Rasi: 23.55	Tithi 6 – 7	<b>Gulika</b> 10:30AM – 12:15PM	<b>Chitra Until 5:17AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:13AM	
			Yama 6:59AM – 8:44AM	Sadhya Until 3:03AM Thu	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 15 - 20
	Creative Work	Siddha Yoga	461755472 <b>Rahu</b> 12:15PM – 2:01PM	Gara Until 4:00AM Thu	<b>Nataraja:</b> White		3rd Phase
			<b>Shashthi* Until 4:11PM</b>	Moon – Green		<b>Devaloka Day</b>	

<b>7</b>	<b>Thursday, August 4, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 109 Subhakit 5124
	Tula Rasi: 7.03	Tithi 7 – 8	<b>Gulika</b> 8:44AM – 10:30AM	<b>Svati Until 4:58AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	
			Yama 5:14AM – 6:59AM	Subha Until 1:22AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 15 - 21
	Creative Work	Amrita Yoga	461765472 <b>Rahu</b> 2:00PM – 3:45PM	Visti Until 3:07AM Fri	<b>Nataraja:</b> White		3rd Phase
			<b>Saptami Until 3:37PM</b>	Moon – Green		<b>Devaloka Day</b>	

<b>8</b>	<b>Friday, August 5, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 110 Subhakit 5124
	Tula Rasi: 20.29	Tithi 8 – 9	<b>Gulika</b> 7:00AM – 8:45AM	<b>Vishakha Until 4:19AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	
			Yama 3:45PM – 5:30PM	Sukla Until 11:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 15 - 22
	Creative Work	Siddha Yoga	471765472 <b>Rahu</b> 10:30AM – 12:15PM	Balava Until 1:38AM Sat	<b>Nataraja:</b> White		Ashtami
			<b>Ashtami* Until 2:26PM</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

<b>9</b>	<b>Saturday, August 6, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA Sun 23 Sutra 111 Subhakit 5124
	Vrischika Rasi: 4.18	Tithi 9 – 10	<b>Gulika</b> 5:16AM – 7:00AM	<b>Anuradha Until 2:56AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	
			Yama 1:59PM – 3:44PM	Brahma Until 8:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 15 - 23
	Creative Work	Siddha Yoga	472865472 <b>Rahu</b> 8:45AM – 10:30AM	Taitila Until 11:32PM	<b>Nataraja:</b> White		Navami
			<b>Navami* Until 12:38PM</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

ll times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 18.29	Tithi 10 - 11	<b>Gulika</b> 3:44PM - 5:28PM	<b>Jyeshtha* Until 12:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:17AM	
		Yama 12:15PM - 1:59PM	Indra Until 5:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 16 - 24
		472865472 <b>Rahu</b> 5:28PM - 7:13PM	Vanija Until 8:55PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 10:16AM</b>	Moon - Orange		<b>Bhuloka Day</b>
Until 12:53AM Mon				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau				St. Helena, CA Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 3.02	Tithi 11 - 12	<b>Gulika</b> 1:59PM - 3:43PM	<b>Mula* Until 10:41PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	
<b>Family Home Evening</b>		Yama 10:30AM - 12:14PM	Vaidhriti* Until 1:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 16 - 25
Creative Work	Siddha Yoga	482865472 <b>Rahu</b> 7:02AM - 8:46AM	Balava Until 4:10AM Tue	<b>Nataraja:</b> White		4th Phase
Until 10:41PM			<b>Ekadashi Until 7:25AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Sravana*Adi</b>		

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 17.52	Tithi 13	<b>Gulika</b> 12:14PM - 1:58PM	<b>Purvashadha* Until 8:04PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:18AM	
		Yama 8:46AM - 10:30AM	Vishkambha* Until 9:59AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 16 - 26
		482865472 <b>Rahu</b> 3:42PM - 5:26PM	Kaulava Until 2:28PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:41AM Wed</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 8:04PM			<i>Pradosha Vrata</i>	<b>Sravana*Adi</b>		
Then Routine Work - Prabararishta Yoga						

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 2.53	Tithi 14	<b>Gulika</b> 10:30AM - 12:14PM	<b>Uttarashadha Until 5:11PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM	
		Yama 7:03AM - 8:47AM	Priti Until 6:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16 - 27
		482865472 <b>Rahu</b> 12:14PM - 1:58PM	Gara Until 10:55AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 9:06PM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 5:11PM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sun 28 Sutra 116 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:47AM - 10:31AM	<b>Shravana Until 2:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	
Makara Rasi: 17.56	Tithi 15 - 16	Yama 5:20AM - 7:04AM	Saubhagya Until 10:02PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 1:58PM - 3:41PM	Visti Until 7:20AM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 5:35PM</b>	Moon - Purple		<b>Bhuloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 29 Sutra 117 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:04AM - 8:47AM	<b>Dhanishtha Until 12:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
Kumbha Rasi: 2.53	Tithi 16 - 17	Yama 3:40PM - 5:24PM	Sobhana Until 6:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 10:31AM - 12:14PM	Taitila Until 12:50AM Sat	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 2:18PM</b>	Moon - Purple		<b>Bhuloka Day</b>
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
 Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\* Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

St. Helena, CA

Sun 1 Sutra 118

Subhakrit 5124

Kumbha Rasi: 17.35 Tithi 17 - 18

**Gulika** 5:22AM - 7:05AM  
 Yama 1:57PM - 3:40PM  
**Rahu** 8:48AM - 10:31AM

**Shatabhishak** Until 9:51AM  
 Athiganda\* Until 2:59PM  
 Vanija Until 10:13PM  
**Dvitiya** Until 11:26AM

**Ganesha:** Clear *Sunrise: 5:22AM*  
**Muruqa:** White *Sunset: 7:06PM*  
**Nataraja:** White  
 Moon - Purple

Moon 8 - Phase 17 - 1  
 1st Phase

Creative Work Amrita Yoga

Until 9:51AM

Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti/Bava Karana Trilaya/Chaturthiyam Titau

St. Helena, CA

Sun 2 Sutra 119

Subhakrit 5124

Meena Rasi: 1.53 Tithi 18 - 19

412865472 **Rahu** 5:22PM - 7:04PM

**Gulika** 3:39PM - 5:22PM  
 Yama 12:13PM - 1:56PM

**Purvaprosarthapada\*** Until 8:27AM  
 Sukarma Until 12:08PM  
 Bava Until 8:16PM  
**Tritiya** Until 9:08AM

**Ganesha:** Yellow *Sunrise: 5:23AM*  
**Muruqa:** White *Sunset: 7:04PM*  
**Nataraja:** White  
 Moon - Clear

Moon 8 - Phase 17 - 2  
 1st Phase

Creative Work Siddha Yoga

Until 8:27AM

Then Creative Work - Amrita Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
 Uttaraprosarthapada/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 120

Subhakrit 5124

Meena Rasi: 15.44 Tithi 19 - 20

412865472 **Rahu** 7:06AM - 8:48AM

**Gulika** 1:56PM - 3:38PM  
 Yama 10:31AM - 12:13PM

**Uttaraprosarthapada** Until 7:37AM  
 Dhriti Until 9:53AM  
 Kaulava Until 7:05PM  
**Chaturthi\*** Until 7:33AM

**Ganesha:** Yellow *Sunrise: 5:24AM*  
**Muruqa:** White *Sunset: 7:03PM*  
**Nataraja:** White  
 Moon - Clear

Moon 8 - Phase 17 - 3  
 1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 121

Subhakrit 5124

Meena Rasi: 29.07 Tithi 20 - 21

412865472 **Rahu** 3:37PM - 5:20PM

**Gulika** 12:13PM - 1:55PM  
 Yama 8:49AM - 10:31AM

**Revati** Until 7:27AM  
 Shula\* Until 8:18AM  
 Gara Until 6:46PM  
**Panchami** Until 6:48AM

**Ganesha:** Yellow *Sunrise: 5:24AM*  
**Muruqa:** White *Sunset: 7:02PM*  
**Nataraja:** White  
 Moon - Clear

Moon 8 - Phase 17 - 4  
 1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 122

Subhakrit 5124

Mesha Rasi: 12.02 Tithi 21 - 22

522865472 **Rahu** 12:13PM - 1:55PM

**Gulika** 10:31AM - 12:13PM  
 Yama 7:07AM - 8:49AM

**Ashvini** Until 8:27AM  
 Ganda\* Until 7:25AM  
 Visti Until 7:19PM  
**Shashthi\*** Until 6:55AM

**Ganesha:** Yellow *Sunrise: 5:25AM*  
**Muruqa:** White *Sunset: 7:00PM*  
**Nataraja:** White  
 Moon - White

Moon 8 - Phase 17 - 5  
 1st Phase

Routine Work Marana Yoga

Until 8:27AM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 123

Subhakrit 5124

Mesha Rasi: 24.33 Tithi 22 - 23

522865472 **Rahu** 1:54PM - 3:36PM

**Gulika** 8:49AM - 10:31AM  
 Yama 5:26AM - 7:08AM

**Bharani** Until 10:06AM  
 Vridhhi Until 7:12AM  
 Balava Until 8:40PM  
**Saptami** Until 7:53AM

**Ganesha:** Yellow *Sunrise: 5:26AM*  
**Muruqa:** White *Sunset: 6:59PM*  
**Nataraja:** White  
 Moon - White

Moon 8 - Phase 17 - 6  
 Ashtami

Creative Work Siddha Yoga

Until 10:06AM

Then Routine Work - Marana Yoga

**Krishna Janmashtami**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**Friday, August 19, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 124

Subhakrit 5124

Vrishabha Rasi: 6.46 Tithi 23 - 24

523865472 **Rahu** 10:31AM - 12:12PM

**Gulika** 7:08AM - 8:50AM  
 Yama 3:35PM - 5:16PM

**Krittika** Until 12:16PM  
 Dhruva Until 7:30AM  
 Taila Until 10:37PM  
**Ashtami\*** Until 9:33AM

**Ganesha:** White *Sunrise: 5:27AM*  
**Muruqa:** White *Sunset: 6:58PM*  
**Nataraja:** White  
 Moon - White

Moon 8 - Phase 17 - 7  
 Navami

Creative Work Siddha Yoga

Until 12:16PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

Sravana-Avani

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>	<b>Saturday, August 20, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Vishabha Rasi: 18.45    Tithi 24 – 25  Creative Work    Amrita Yoga Until 3:13PM Then Creative Work - Siddha Yoga	533865472  <b>Gulika</b> 5:28AM – 7:09AM Yama        1:53PM – 3:34PM <b>Rahu</b> 8:50AM – 10:31AM	<b>Rohini</b> Until 3:13PM Vyaghata* Until 8:13AM Vanija Until 12:57AM Sun <b>Navami*</b> Until 11:44AM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Yellow Sravana-Avani	Sunrise: 5:28AM Sunset: 6:56PM	Sun 8    Sutra 125 Subhakra 5124 Moon 8 - Phase 18 - 8 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM


<b>2</b>	<b>Sunday, August 21, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Mithuna Rasi: 0.38    Tithi 25 – 26  Creative Work    Siddha Yoga	533865472  <b>Gulika</b> 3:33PM – 5:14PM Yama        12:12PM – 1:53PM <b>Rahu</b> 5:14PM – 6:55PM	<b>Mrigashira</b> Until 6:14PM Harshana Until 9:11AM Bava Until 3:27AM Mon <b>Dashami</b> Until 2:10PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Yellow Sravana-Avani	Sunrise: 5:29AM Sunset: 6:55PM	Sun 9    Sutra 126 Subhakra 5124 Moon 8 - Phase 18 - 9 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM


<b>3</b>	<b>Monday, August 22, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Mithuna Rasi: 12.28    Tithi 26 – 27 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 9:05PM Then Creative Work - Amrita Yoga	533865472  <b>Gulika</b> 1:52PM – 3:33PM Yama        10:31AM – 12:12PM <b>Rahu</b> 7:10AM – 8:51AM	<b>Ardra</b> Until 9:05PM Vajra* Until 10:11AM Kaulava Until 5:54AM Tue <b>Ekadashi*</b> Until 4:40PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Yellow Sravana-Avani	Sunrise: 5:30AM Sunset: 6:54PM	Sun 10    Sutra 127 Subhakra 5124 Moon 8 - Phase 18 - 10 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Tuesday, August 23, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Taitila Karana Dvadashyam Titau				St. Helena, CA
	Mithuna Rasi: 24.19    Tithi 27  Creative Work    Siddha Yoga	543865472  <b>Gulika</b> 12:11PM – 1:52PM Yama        8:51AM – 10:31AM <b>Rahu</b> 3:32PM – 5:12PM	<b>Punarvasu</b> Until 12:08AM Wed Siddhi Until 11:07AM Taitila Until 7:02PM <b>Dvadashi*</b> Until 7:02PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Blue Sravana-Avani	Sunrise: 5:31AM Sunset: 6:52PM	Sun 11    Sutra 128 Subhakra 5124 Moon 8 - Phase 18 - 11 2nd Phase	<b>Bhuloka Day</b>

<b>5</b>	<b>Wednesday, August 24, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Kataka Rasi: 6.15    Tithi 28  Creative Work    Siddha Yoga	543865472  <b>Gulika</b> 10:31AM – 12:11PM Yama        7:11AM – 8:51AM <b>Rahu</b> 12:11PM – 1:51PM	<b>Pushya</b> Until 2:45AM Thu Vyatipata* Until 11:54AM Gara Until 8:08AM <b>Trayodashi*</b> Until 9:08PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Blue Sravana-Avani	Sunrise: 5:31AM Sunset: 6:51PM	Sun 12    Sutra 129 Subhakra 5124 Moon 8 - Phase 18 - 12 2nd Phase	<b>Bhuloka Day</b>

<b>6</b>	<b>Thursday, August 25, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
	Kataka Rasi: 18.18    Tithi 29  Creative Work    Siddha Yoga Until 4:51AM Fri Then Routine Work - Marana Yoga	543865472  <b>Gulika</b> 8:52AM – 10:31AM Yama        5:32AM – 7:12AM <b>Rahu</b> 1:51PM – 3:30PM	<b>Ashlesha*</b> Until 4:51AM Fri Variyan Until 12:24PM Visti Until 10:04AM <b>Chaturdashi*</b> Until 10:53PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Blue Sravana-Avani	Sunrise: 5:32AM Sunset: 6:49PM	Sun 13    Sutra 130 Subhakra 5124 Moon 8 - Phase 18 - 13 2nd Phase	<b>Bhuloka Day</b>

	<b>Friday, August 26, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
	<b>Retreat Star</b> Simha Rasi: 0.3    Tithi 30  Routine Work    Marana Yoga Until 6:54AM Sat Then Creative Work - Siddha Yoga	553865472  <b>Gulika</b> 7:13AM – 8:52AM Yama        3:29PM – 5:09PM <b>Rahu</b> 10:31AM – 12:11PM	<b>Magha*</b> Until 6:54AM Sat Parigha* Until 12:38PM Catuspada Until 11:38AM <b>Amavasya*</b> Until 12:15AM Sat	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Red Sravana-Avani	Sunrise: 5:33AM Sunset: 6:48PM	Sun 14    Sutra 131 Subhakra 5124 Moon 8 - Phase 18 - 14 Amavasya	<b>Bhuloka Day</b>

	<b>Saturday, August 27, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
	<b>Retreat Star</b> Simha Rasi: 12.52    Tithi 1  Creative Work    Amrita Yoga Until 6:54AM Then Creative Work - Siddha Yoga	553865473  <b>Gulika</b> 5:34AM – 7:13AM Yama        1:49PM – 3:28PM <b>Rahu</b> 8:52AM – 10:31AM	<b>Magha*</b> Until 6:54AM Shiva Until 12:35PM Kintughna Until 12:49PM <b>Prathama*</b> Until 1:14AM Sun	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red Bhadrpada-Avani	Sunrise: 5:34AM Sunset: 6:47PM	Sun 15    Sutra 132 Subhakra 5124 Moon 8 - Phase 18 - 15 Prathama	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

ll times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>		<b>Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
Simha Rasi: 25.23	Tithi 2	Gulika 3:28PM – 5:06PM	Purvaphalguni Until 8:24AM	Ganesha: Blue	Sunrise: 5:35AM	Sun 16	Sutra 133	Subhakrit 5124
		Yama 12:10PM – 1:49PM	Siddha Until 12:11PM	Muruqa: White	Sunset: 6:45PM	Moon 8 - Phase 19 - 16		
		553865473 Rahu 5:06PM – 6:45PM	Balava Until 1:36PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Dvitiya Until 1:49AM Mon	Moon – Red		<b>Bhuloka Day</b>		
Until 8:24AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				St. Helena, CA
Kanya Rasi: 8.06	Tithi 3	Gulika 1:48PM – 3:27PM	Uttaraphalguni Until 9:22AM	Ganesha: Blue	Sunrise: 5:36AM	Sun 17	Sutra 134	Subhakrit 5124
Family Home Evening		Yama 10:31AM – 12:10PM	Sadhya Until 11:30AM	Muruqa: White	Sunset: 6:44PM	Moon 8 - Phase 19 - 17		
		553865473 Rahu 7:14AM – 8:53AM	Taitila Until 1:59PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 2:01AM Tue	Moon – Red		<b>Bhuloka Day</b>		
				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM		

<b>3</b>		<b>Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Chaturthayam Titau				St. Helena, CA
Kanya Rasi: 21	Tithi 4	Gulika 12:09PM – 1:48PM	Hasta Until 10:17AM	Ganesha: Blue	Sunrise: 5:37AM	Sun 18	Sutra 135	Subhakrit 5124
		Yama 8:53AM – 10:31AM	Subha Until 10:32AM	Muruqa: White	Sunset: 6:42PM	Moon 8 - Phase 19 - 18		
		563865473 Rahu 3:26PM – 5:04PM	Vanija Until 2:00PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 1:51AM Wed	Moon – Green		<b>Bhuloka Day</b>		
				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM		

<b>4</b>		<b>Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Tula Rasi: 4.05	Tithi 5	Gulika 10:31AM – 12:09PM	Chitra Until 10:39AM	Ganesha: Red	Sunrise: 5:38AM	Sun 19	Sutra 136	Subhakrit 5124
		Yama 7:15AM – 8:53AM	Sukla Until 9:14AM	Muruqa: White	Sunset: 6:41PM	Moon 8 - Phase 19 - 19		
		563965473 Rahu 12:09PM – 1:47PM	Bava Until 1:38PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Panchami Until 1:17AM Thu	Moon – Green		<b>Devaloka Day</b>		
				Bhadrapada-Avani				

<b>5</b>		<b>Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
Tula Rasi: 17.23	Tithi 6	Gulika 8:54AM – 10:31AM	Svati Until 10:30AM	Ganesha: Red	Sunrise: 5:38AM	Sun 20	Sutra 137	Subhakrit 5124
		Yama 5:38AM – 7:16AM	Brahma Until 7:38AM	Muruqa: White	Sunset: 6:39PM	Moon 8 - Phase 19 - 20		
		563965473 Rahu 1:46PM – 3:24PM	Kaulava Until 12:52PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga		Shashthi* Until 12:18AM Fri	Moon – Green		<b>Devaloka Day</b>		
Until 10:30AM				Bhadrapada-Avani				
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA
Vrischika Rasi: 0.55	Tithi 7	Gulika 7:17AM – 8:54AM	Vishakha Until 10:14AM	Ganesha: Yellow	Sunrise: 5:39AM	Sun 21	Sutra 138	Subhakrit 5124
		Yama 3:23PM – 5:00PM	Vaidhriti* Until 3:26AM Sat	Muruqa: White	Sunset: 6:38PM	Moon 8 - Phase 19 - 21		
		574965473 Rahu 10:31AM – 12:08PM	Gara Until 11:41AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Saptami Until 10:55PM	Moon – Orange		<b>Devaloka Day</b>		
				Bhadrapada-Avani				

<b>Retreat Star</b>		<b>Saturday, September 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Ashtamyam Titau				St. Helena, CA
Vrischika Rasi: 14.41	Tithi 8	Gulika 5:40AM – 7:17AM	Anuradha Until 9:24AM	Ganesha: Yellow	Sunrise: 5:40AM	Sun 22	Sutra 139	Subhakrit 5124
		Yama 1:45PM – 3:22PM	Vishkambha* Until 12:49AM Sun	Muruqa: White	Sunset: 6:36PM	Moon 8 - Phase 19 - 22		
		574965473 Rahu 8:54AM – 10:31AM	Vistil Until 10:05AM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga		Ashtami* Until 9:07PM	Moon – Orange		<b>Devaloka Day</b>		
				Bhadrapada-Avani				

<b>Retreat Star</b>		<b>Sunday, September 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
Vrischika Rasi: 28.43	Tithi 9	Gulika 3:21PM – 4:58PM	Jyeshtha* Until 8:01AM	Ganesha: Yellow	Sunrise: 5:41AM	Sun 23	Sutra 140	Subhakrit 5124
		Yama 12:08PM – 1:44PM	Priti Until 9:55PM	Muruqa: White	Sunset: 6:35PM	Moon 8 - Phase 19 - 23		
		574965473 Rahu 4:58PM – 6:35PM	Balava Until 8:05AM	Nataraja: Clear		Navami		
Routine Work	Marana Yoga		Navami* Until 6:55PM	Moon – Orange		<b>Devaloka Day</b>		
Until 8:01AM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


<b>1</b>		<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		St. Helena, CA Sun 24 Sutra 141	
Dhanus Rasi: 13	Tithi 10 – 11	<b>Gulika</b>	1:44PM – 3:20PM	<b>Mula* Until 6:32AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM	Subhakrit 5124
<b>Family Home Evening</b>	584965473	<b>Yama</b>	10:31AM – 12:07PM	Ayushman Until 6:42PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga		<b>Rahu</b>	7:18AM – 8:55AM	Vanija Until 3:00AM Tue	<b>Nataraja:</b> Clear		4th Phase
Until 6:32AM				<b>Dashami Until 4:22PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Bhadrapada*Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>2</b>		<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 142	
Dhanus Rasi: 27.3	Tithi 11 – 12	<b>Gulika</b>	12:07PM – 1:43PM	<b>Uttarashadha Until 2:20AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	Subhakrit 5124
	584965473	<b>Yama</b>	8:55AM – 10:31AM	Saubhagya Until 3:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20 - 25
Routine Work Prabalarishta Yoga		<b>Rahu</b>	3:19PM – 4:55PM	Bava Until 12:05AM Wed	<b>Nataraja:</b> Clear		4th Phase
Until 2:20AM Wed				<b>Ekadashi Until 1:33PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>3</b>		<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 143	
Makara Rasi: 12.09	Tithi 12 – 13	<b>Gulika</b>	10:31AM – 12:07PM	<b>Shravana Until 12:15AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:44AM	Subhakrit 5124
	594965473	<b>Yama</b>	7:19AM – 8:55AM	Sobhana Until 11:44AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20 - 26
Creative Work Siddha Yoga		<b>Rahu</b>	12:07PM – 1:43PM	Kaulava Until 9:04PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Dvadashi Until 10:34AM</b>	Moon – Purple	<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>		

*Pradosha Vrata*

<b>4</b>		<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 144	
Makara Rasi: 26.5	Tithi 13 – 14	<b>Gulika</b>	8:55AM – 10:31AM	<b>Dhanishtha Until 10:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM	Subhakrit 5124
	594965473	<b>Yama</b>	5:45AM – 7:20AM	Athiganda* Until 8:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga		<b>Rahu</b>	1:42PM – 3:17PM	Gara Until 6:05PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Trayodashi Until 7:33AM</b>	Moon – Purple	<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>			<b>Bhadrapada*Avani</b>		

		<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Visti*/Bava Karana Purnimayam Titau		St. Helena, CA Sutra 145	
<b>Copper Retreat Star</b>		<b>Gulika</b>	7:21AM – 8:56AM	<b>Shatabhishak Until 7:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM	Subhakrit 5124
Kumbha Rasi: 11.28	Tithi 15	<b>Yama</b>	3:16PM – 4:52PM	Dhriti Until 1:25AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20 -
	594965473	<b>Rahu</b>	10:31AM – 12:06PM	Visti Until 3:17PM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga				<b>Purnima* Until 1:59AM Sat</b>	Moon – Purple	<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>		

<b>5</b>		<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		St. Helena, CA Sutra 146	
<b>Silver Retreat Star</b>		<b>Gulika</b>	5:46AM – 7:21AM	<b>Purvaproshtapada* Until 6:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:46AM	Subhakrit 5124
Kumbha Rasi: 25.54	Tithi 16	<b>Yama</b>	1:41PM – 3:16PM	Shula* Until 10:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20 -
	514965473	<b>Rahu</b>	8:56AM – 10:31AM	Balava Until 12:49PM	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga				<b>Prathama* Until 11:45PM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 6:31PM					<b>Bhadrapada*Avani</b>		
Then Creative Work - Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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**Sunday, September 11, 2022**  
**Gold Retreat Star**

Meena Rasi: 10.02      Tithi 17  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvilyayam Titau  
**Gulika**      3:15PM – 4:49PM      **Uttaraproshtapada** Until 5:27PM  
Yama      12:05PM – 1:40PM      Ganda\* Until 7:59PM  
514965473 **Rahu**      4:49PM – 6:24PM      Taitila Until 10:51AM  
**Grandparent's Day**      **Dvitiya** Until 10:05PM

St. Helena, CA  
Sun 1      Sutra 147  
Subhakrit 5124  
Moon 9 - Phase 21 - 1  
1st Phase  
**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 5:47AM  
**Muruqa:** White      *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Clear      **Bhadrapada-Avani**

**1**

**Monday, September 12, 2022**

Meena Rasi: 23.47      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Trityayam Titau  
**Gulika**      1:39PM – 3:14PM      **Revati** Until 4:55PM  
Yama      10:31AM – 12:05PM      Vriddhi Until 6:04PM  
514965473 **Rahu**      7:22AM – 8:57AM      Vanija Until 9:31AM  
**Tritiya** Until 9:06PM

St. Helena, CA  
Sun 2      Sutra 148  
Subhakrit 5124  
Moon 9 - Phase 21 - 2  
1st Phase  
**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 5:48AM  
**Muruqa:** White      *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Clear      **Bhadrapada-Avani**

**2**

**Tuesday, September 13, 2022**

Mesha Rasi: 7.07      Tithi 19  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturtham Titau  
**Gulika**      12:05PM – 1:39PM      **Ashvini** Until 5:25PM  
Yama      8:57AM – 10:31AM      Dhruva Until 4:44PM  
524965473 **Rahu**      3:13PM – 4:47PM      Bava Until 8:56AM  
**Chaturthi\*** Until 8:55PM

St. Helena, CA  
Sun 3      Sutra 149  
Subhakrit 5124  
Moon 9 - Phase 21 - 3  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Ganesha:** White      *Sunrise:* 5:49AM  
**Muruqa:** White      *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – White      **Bhadrapada-Avani**

**3**

**Wednesday, September 14, 2022**

Mesha Rasi: 20.02      Tithi 20  
Creative Work      Siddha Yoga  
Until 6:34PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**      10:31AM – 12:04PM      **Bharani** Until 6:34PM  
Yama      7:23AM – 8:57AM      Vyaghata\* Until 4:03PM  
524965473 **Rahu**      12:04PM – 1:38PM      Kaulava Until 9:09AM  
**Panchami** Until 9:32PM

St. Helena, CA  
Sun 4      Sutra 150  
Subhakrit 5124  
Moon 9 - Phase 21 - 4  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Ganesha:** White      *Sunrise:* 5:50AM  
**Muruqa:** White      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – White      **Bhadrapada-Avani**

**4**

**Thursday, September 15, 2022**

Vrishabha Rasi: 2.35      Tithi 21  
Routine Work      Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashtham Titau  
**Gulika**      8:57AM – 10:31AM      **Krittika** Until 8:17PM  
Yama      5:51AM – 7:24AM      Harshana Until 3:59PM  
525965473 **Rahu**      1:37PM – 3:11PM      Gara Until 10:08AM  
**Shashthi\*** Until 10:53PM

St. Helena, CA  
Sun 5      Sutra 151  
Subhakrit 5124  
Moon 9 - Phase 21 - 5  
1st Phase  
**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 5:51AM  
**Muruqa:** White      *Sunset:* 6:17PM  
**Nataraja:** Clear  
Moon – White      **Bhadrapada-Avani**

**5**

**Friday, September 16, 2022**

Vrishabha Rasi: 14.5      Tithi 22  
Routine Work      Marana Yoga  
Until 10:55PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika**      7:25AM – 8:58AM      **Rohini** Until 10:55PM  
Yama      3:10PM – 4:43PM      Vajra\* Until 4:22PM  
535965473 **Rahu**      10:31AM – 12:04PM      Visti Until 11:49AM  
**Saptami** Until 12:50AM Sat

St. Helena, CA  
Sun 6      Sutra 152  
Subhakrit 5124  
Moon 9 - Phase 21 - 6  
1st Phase  
**Sivaloka Day**

**Ganesha:** White      *Sunrise:* 5:51AM  
**Muruqa:** White      *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Yellow      **Bhadrapada-Puratasi**

**D**

**Saturday, September 17, 2022**  
**Retreat Star**

Vrishabha Rasi: 26.52      Tithi 23  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika**      5:52AM – 7:25AM      **Mrigashira** Until 1:44AM Sun  
Yama      1:36PM – 3:09PM      Siddhi Until 5:06PM  
535965473 **Rahu**      8:58AM – 10:31AM      Balava Until 1:58PM  
**Ashtami\*** Until 3:09AM Sun

St. Helena, CA  
Sun 7      Sutra 153  
Subhakrit 5124  
Moon 9 - Phase 21 - 7  
Ashtami  
**Sivaloka Day**

**Ganesha:** White      *Sunrise:* 5:52AM  
**Muruqa:** White      *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Yellow      **Bhadrapada-Puratasi**

**Sunday, September 18, 2022**

**Retreat Star**

Mithuna Rasi: 8.46      Tithi 24  
Creative Work      Siddha Yoga  
Until 4:33AM Mon  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika**      3:08PM – 4:40PM      **Ardra** Until 4:33AM Mon  
Yama      12:03PM – 1:35PM      Vyatipata\* Until 6:01PM  
535965473 **Rahu**      4:40PM – 6:13PM      Taitila Until 4:23PM  
**Navami\*** Until 5:36AM Mon

St. Helena, CA  
Sun 8      Sutra 154  
Subhakrit 5124  
Moon 9 - Phase 21 - 8  
Navami  
**Sivaloka Day**

**Ganesha:** White      *Sunrise:* 5:53AM  
**Muruqa:** White      *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Yellow      **Bhadrapada-Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda


<b>1</b>	<b>Monday, September 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam				St. Helena, CA
			Punarvasu Nakshatra Varyayan Yoga Vanija Karana Dashamyam Titau				Sun 9 Sutra 155
	Mithuna Rasi: 20.37	Tithi 25	<b>Gulika</b> 1:35PM – 3:07PM	<b>Punarvasu</b> Until 7:36AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
	<b>Family Home Evening</b>	545965473	Yama 10:30AM – 12:03PM	Variyan Until 6:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 22 - 9
Creative Work	Amrita Yoga	<b>Rahu</b> 7:26AM – 8:58AM	Vanija Until 6:49PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 7:36AM Tue			<b>Dashami</b> Until 7:58AM Tue	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

<b>2</b>	<b>Tuesday, September 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam				St. Helena, CA
			Pushya/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 156
	Kataka Rasi: 2.31	Tithi 25 – 26	<b>Gulika</b> 12:02PM – 1:34PM	<b>Punarvasu</b> Until 7:36AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
		545965473	Yama 8:59AM – 10:30AM	Parigha* Until 7:40PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 22 - 10
Creative Work	Siddha Yoga	<b>Rahu</b> 3:06PM – 4:38PM	Bava Until 9:05PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami</b> Until 7:58AM	Moon – Blue		<b>Devaloka Day</b>	
				Bhadrapada-Puratasi			

<b>3</b>	<b>Wednesday, September 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam				St. Helena, CA
			Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 157
	Kataka Rasi: 14.31	Tithi 26 – 27	<b>Gulika</b> 10:30AM – 12:02PM	<b>Pushya</b> Until 10:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	Subhakrit 5124
		545965473	Yama 7:27AM – 8:59AM	Shiva Until 8:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 22 - 11
Creative Work	Siddha Yoga	<b>Rahu</b> 12:02PM – 1:33PM	Kaulava Until 10:59PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Ekadashi*</b> Until 10:04AM	Moon – Blue		<b>Devaloka Day</b>	
				Bhadrapada-Puratasi			

<b>4</b>	<b>Thursday, September 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam				St. Helena, CA
			Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 158
	Kataka Rasi: 26.4	Tithi 27 – 28	<b>Gulika</b> 8:59AM – 10:30AM	<b>Ashlesha*</b> Until 12:20PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:57AM	Subhakrit 5124
		545965473	Yama 5:57AM – 7:28AM	Siddha Until 8:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 22 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 1:33PM – 3:04PM	Gara Until 12:27AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Until 12:20PM			<b>Dvadashi*</b> Until 11:46AM	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Friday, September 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam				St. Helena, CA
			Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 159
	Simha Rasi: 9	Tithi 28 – 29	<b>Gulika</b> 7:28AM – 8:59AM	<b>Magha*</b> Until 2:18PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:58AM	Subhakrit 5124
		555965473	Yama 3:03PM – 4:34PM	Sadhya Until 8:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 13
Routine Work	Marana Yoga	<b>Rahu</b> 10:30AM – 12:01PM	Visti Until 1:26AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Until 2:18PM			<b>Trayodashi*</b> Until 12:59PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

	<b>Saturday, September 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam				St. Helena, CA
	<b>Retreat Star</b>		Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 160
	Simha Rasi: 21.34	Tithi 29 – 30	<b>Gulika</b> 5:58AM – 7:29AM	<b>Purvaphalguni</b> Until 3:36PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:58AM	Subhakrit 5124
		556965473	Yama 1:31PM – 3:02PM	Subha Until 7:34PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 14
Creative Work	Siddha Yoga	<b>Rahu</b> 9:00AM – 10:30AM	Catuspada Until 1:53AM Sun	<b>Nataraja:</b> Clear		Amavasya	
Until 3:36PM			<b>Chaturdashi*</b> Until 1:42PM	Moon – Red		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>	<b>Sunday, September 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam				St. Helena, CA
			Uttaraphalguni/Hasta Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 161
	Kanya Rasi: 4.22	Tithi 30 – 1	<b>Gulika</b> 3:01PM – 4:31PM	<b>Uttaraphalguni</b> Until 4:15PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	Subhakrit 5124
		556165473	Yama 12:00PM – 1:31PM	Sukla Until 6:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 22 - 15
Creative Work	Amrita Yoga	<b>Rahu</b> 4:31PM – 6:02PM	Kintughna Until 1:50AM Mon	<b>Nataraja:</b> Clear		Prathama	
			<b>Amavasya*</b> Until 1:54PM	Moon – Red		<b>Bhuloka Day</b>	
		<b>Navaratri Begins</b>		Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

11 times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>		<b>Monday, September 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 16 Sutra 162 Subhakrit 5124	
Kanya Rasi: 17.25	Tithi 1 – 2	<b>Gulika</b>	1:30PM – 3:00PM	<b>Hasta</b> <b>Until 4:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:00AM	
<b>Family Home Evening</b>	566165473	Yama	10:30AM – 12:00PM	Brahma <b>Until 5:11PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 16
Creative Work Siddha Yoga		<b>Rahu</b>	7:30AM – 9:00AM	Balava <b>Until 1:21AM Tue</b>	<b>Nataraja:</b> Clear		3rd Phase
Until 4:45PM				<b>Prathama* Until 1:38PM</b>	Moon – Green		<b>Bhuloka Day</b>
Then Routine Work - Prabararishta Yoga					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>2</b>		<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 17 Sutra 163 Subhakrit 5124	
Tula Rasi: 0.41	Tithi 2 – 3	<b>Gulika</b>	12:00PM – 1:29PM	<b>Chitra</b> <b>Until 4:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM	
	666165473	Yama	9:00AM – 10:30AM	Indra <b>Until 3:31PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 17
Creative Work Siddha Yoga		<b>Rahu</b>	2:59PM – 4:29PM	Taitila <b>Until 12:29AM Wed</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Dvitiya</b> <b>Until 12:57PM</b>	Moon – Green		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 18 Sutra 164 Subhakrit 5124	
Tula Rasi: 14.09	Tithi 3 – 4	<b>Gulika</b>	10:30AM – 11:59AM	<b>Svati</b> <b>Until 4:09PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:02AM	
	666165473	Yama	7:31AM – 9:01AM	Vaidhriti* <b>Until 1:32PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23 - 18
Creative Work Siddha Yoga		<b>Rahu</b>	11:59AM – 1:29PM	Vanija <b>Until 11:17PM</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Tritiya</b> <b>Until 11:54AM</b>	Moon – Green		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 19 Sutra 165 Subhakrit 5124	
Tula Rasi: 27.49	Tithi 4 – 5	<b>Gulika</b>	9:01AM – 10:30AM	<b>Vishakha</b> <b>Until 3:37PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:03AM	
	676165473	Yama	6:03AM – 7:32AM	Vishkambha* <b>Until 11:19AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23 - 19
Creative Work Siddha Yoga		<b>Rahu</b>	1:28PM – 2:57PM	Bava <b>Until 9:49PM</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Until 10:34AM</b>	Moon – Orange		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 20 Sutra 166 Subhakrit 5124	
Vrischika Rasi: 11.37	Tithi 5 – 6	<b>Gulika</b>	7:33AM – 9:01AM	<b>Anuradha</b> <b>Until 2:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:04AM	
	676165473	Yama	2:56PM – 4:25PM	Priti <b>Until 8:56AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 23 - 20
Creative Work Siddha Yoga		<b>Rahu</b>	10:30AM – 11:59AM	Kaulava <b>Until 8:07PM</b>	<b>Nataraja:</b> Clear		3rd Phase
Until 2:41PM				<b>Panchami</b> <b>Until 8:58AM</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>6</b>		<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 21 Sutra 167 Subhakrit 5124	
Vrischika Rasi: 25.34	Tithi 6 – 7	<b>Gulika</b>	6:05AM – 7:33AM	<b>Jyeshtha*</b> <b>Until 1:26PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:05AM	
	677165473	Yama	1:27PM – 2:55PM	Ayushman <b>Until 6:21AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 23 - 21
Creative Work Siddha Yoga		<b>Rahu</b>	9:02AM – 10:30AM	Gara <b>Until 6:13PM</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Shashthi* Until 7:10AM</b>	Moon – Orange		<b>Devaloka Day</b>
					Ashvina+Puratasi		

<b>☾</b>		<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		St. Helena, CA Sun 22 Sutra 168 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b>	2:54PM – 4:23PM	<b>Mula*</b> <b>Until 12:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	
Dhanus Rasi: 9.37	Tithi 8	Yama	11:58AM – 1:26PM	Sobhana <b>Until 12:48AM Mon</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 23 - 22
	687166473	<b>Rahu</b>	4:23PM – 5:51PM	Visti <b>Until 4:10PM</b>	<b>Nataraja:</b> Clear		Ashtami
Creative Work Amrita Yoga				<b>Ashtami* Until 3:05AM Mon</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 12:17PM		<b>Durga Ashtami</b>			Ashvina+Puratasi		
Then Creative Work - Siddha Yoga							

<b>☾</b>		<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 23 Sutra 169 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b>	1:26PM – 2:53PM	<b>Purvashadha*</b> <b>Until 10:52AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM	
Dhanus Rasi: 23.47	Tithi 9	Yama	10:30AM – 11:58AM	Athiganda* <b>Until 9:51PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 - 23
<b>Family Home Evening</b>	687166473	<b>Rahu</b>	7:34AM – 9:02AM	Balava <b>Until 1:59PM</b>	<b>Nataraja:</b> Clear		Navami
Routine Work Marana Yoga				<b>Navami* Until 12:50AM Tue</b>	Moon – Light Blue		<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>			Ashvina+Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

ll times are standard time. Calculated for St. Helena, CA on 4/26/2


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<b>1</b>	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Tilau				St. Helena, CA
	Makara Rasi: 8	Tithi 10	<b>Gulika</b> 11:58AM – 1:25PM	<b>Uttarashadha</b> Until 9:12AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM	Sun 24 Sutra 170
		687166473	Yama 9:02AM – 10:30AM	Sukarma Until 6:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:48PM	Subhakrit 5124
		<b>Rahu</b> 2:53PM – 4:20PM	Taitila Until 11:43AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24 - 24	
Routine Work	Prabalarishta Yoga			Moon – Light Blue		4th Phase	
Until 9:12AM		<b>Vijaya Dasami</b>	<b>Dashami</b> Until 10:32PM	<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Tilau				St. Helena, CA
	Makara Rasi: 22.16	Tithi 11	<b>Gulika</b> 10:30AM – 11:57AM	<b>Shravana</b> Until 7:46AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:08AM	Sun 25 Sutra 171
		697166473	Yama 7:36AM – 9:03AM	Dhriti Until 3:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:46PM	Subhakrit 5124
		<b>Rahu</b> 11:57AM – 1:24PM	Vanija Until 9:24AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24 - 25	
Creative Work	Siddha Yoga			Moon – Purple		4th Phase	
Until 7:46AM			<b>Ekadashi</b> Until 8:14PM	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>3</b>	<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Tilau				St. Helena, CA
	Kumbha Rasi: 6.31	Tithi 12	<b>Gulika</b> 9:03AM – 10:30AM	<b>Dhanishtha</b> Until 6:14AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Sun 26 Sutra 172
		697166473	Yama 6:09AM – 7:36AM	Shula* Until 12:51PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:45PM	Subhakrit 5124
		<b>Rahu</b> 1:24PM – 2:51PM	Bava Until 7:07AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24 - 26	
Creative Work	Siddha Yoga			Moon – Purple		4th Phase	
		<b>Kadaitswami Mahasamadhi</b>	<b>Dvadashi</b> Until 6:00PM	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Tilau				St. Helena, CA
	Kumbha Rasi: 20.41	Tithi 13 – 14	<b>Gulika</b> 7:37AM – 9:03AM	<b>Purvaproshtapada*</b> Until 3:39AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM	Sun 27 Sutra 173
		617166474	Yama 2:50PM – 4:16PM	Ganda* Until 10:01AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:43PM	Subhakrit 5124
		<b>Rahu</b> 10:30AM – 11:57AM	Gara Until 3:04AM Sat	<b>Nataraja:</b> Purple		Moon 9 - Phase 24 - 27	
Creative Work	Siddha Yoga			Moon – Clear		4th Phase	
		<b>Chidambaram Abhishekam</b>	<b>Trayodashi</b> Until 3:58PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>	
						<b>Devaloka Time: 9:AM to 12:PM</b>	
						<i>Pradosha Vrata</i>	

	<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau				St. Helena, CA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:11AM – 7:37AM	<b>Uttaraproshtapada</b> Until 2:50AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM	Sun 28 Sutra 174
	Meena Rasi: 4.41	Tithi 14 – 15	Yama 1:23PM – 2:49PM	Vridhhi Until 7:25AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:42PM	Subhakrit 5124
	618166474	<b>Rahu</b> 9:04AM – 10:30AM	Visti Until 1:31AM Sun	<b>Nataraja:</b> Purple		Moon 9 - Phase 24 -	
Creative Work	Siddha Yoga			Moon – Clear		Purnima	
Until 2:50AM Sun			<b>Chaturdashi*</b> Until 2:13PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				St. Helena, CA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:48PM – 4:14PM	<b>Revati</b> Until 2:21AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	Sun 29 Sutra 175
	Meena Rasi: 18.28	Tithi 15 – 16	Yama 11:56AM – 1:22PM	Vyaghata* Until 3:10AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:40PM	Subhakrit 5124
	618166474	<b>Rahu</b> 4:14PM – 5:40PM	Balava Until 12:28AM Mon	<b>Nataraja:</b> Purple		Moon 9 - Phase 24 -	
Creative Work	Amrita Yoga			Moon – Clear		Prathama	
Until 2:21AM Mon			<b>Purnima*</b> Until 12:54PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga							





Monday, October 10, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 176

Subhakit 5124

Mesha Rasi: 1.56 Tithi 16 - 17

Family Home Evening

628176474

Gulika 1:22PM - 2:47PM

Yama 10:30AM - 11:56AM

Rahu 7:39AM - 9:04AM

Ashvini Until 2:45AM Tue

Harshana Until 1:44AM Tue

Taitila Until 11:59PM

Prathama\* Until 12:07PM

Ganesha: Yellow Sunrise: 6:13AM

Muruqa: White Sunset: 5:39PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Tuesday, October 11, 2022

1

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 177

Subhakit 5124

Mesha Rasi: 15.05 Tithi 17 - 18

Creative Work Siddha Yoga

Until 3:38AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:56AM - 1:21PM

Yama 9:05AM - 10:30AM

Rahu 2:46PM - 4:12PM

Bharani Until 3:38AM Wed

Vajra\* Until 12:47AM Wed

Vanija Until 12:10AM Wed

Dvitiya Until 11:58AM

Ganesha: Yellow Sunrise: 6:14AM

Muruqa: White Sunset: 5:37PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, October 12, 2022

2

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 178

Subhakit 5124

Mesha Rasi: 27.54 Tithi 18 - 19

Creative Work Amrita Yoga

Until 5:01AM Thu

Then Routine Work - Marana Yoga

Gulika 10:30AM - 11:55AM

Yama 7:40AM - 9:05AM

Rahu 11:55AM - 1:20PM

Krittika Until 5:01AM Thu

Siddhi Until 12:23AM Thu

Bava Until 1:02AM Thu

Tritiya Until 12:30PM

Ganesha: Yellow Sunrise: 6:15AM

Muruqa: White Sunset: 5:36PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, October 13, 2022

3

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 179

Subhakit 5124

Vrishabha Rasi: 10.25 Tithi 19 - 20

Routine Work Marana Yoga

Until 7:19AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:05AM - 10:30AM

Yama 6:16AM - 7:41AM

Rahu 1:20PM - 2:45PM

Rohini Until 7:19AM Fri

Vyatipata\* Until 12:28AM Fri

Kaulava Until 2:32AM Fri

Chaturthi\* Until 1:41PM

Ganesha: Blue Sunrise: 6:16AM

Muruqa: White Sunset: 5:34PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Friday, October 14, 2022

4

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 180

Subhakit 5124

Vrishabha Rasi: 22.39 Tithi 20 - 21

Routine Work Marana Yoga

Until 7:19AM

Then Creative Work - Siddha Yoga

Gulika 7:41AM - 9:06AM

Yama 2:44PM - 4:08PM

Rahu 10:30AM - 11:55AM

Rohini Until 7:19AM

Variyan Until 12:56AM Sat

Gara Until 4:32AM Sat

Panchami Until 3:27PM

Ganesha: Red Sunrise: 6:17AM

Muruqa: White Sunset: 5:33PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Saturday, October 15, 2022

5

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 181

Subhakit 5124

Mithuna Rasi: 4.42 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 6:18AM - 7:42AM

Yama 1:19PM - 2:43PM

Rahu 9:06AM - 10:30AM

Mrigashira Until 9:55AM

Parigha\* Until 1:40AM Sun

Visti Until 6:52AM Sun

Shashthi\* Until 5:39PM

Ganesha: Red Sunrise: 6:18AM

Muruqa: White Sunset: 5:31PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Sunday, October 16, 2022

6

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 6 Sutra 182

Subhakit 5124

Mithuna Rasi: 16.38 Tithi 22

Creative Work Siddha Yoga

Gulika 2:42PM - 4:06PM

Yama 11:54AM - 1:18PM

Rahu 4:06PM - 5:30PM

Ardra Until 12:37PM

Shiva Until 2:32AM Mon

Visti Until 6:52AM

Saptami Until 8:04PM

Ganesha: Red Sunrise: 6:19AM

Muruqa: White Sunset: 5:30PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Monday, October 17, 2022

D

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 183

Subhakit 5124

Mithuna Rasi: 28.31 Tithi 23

Family Home Evening

649176474

Gulika 1:18PM - 2:41PM

Yama 10:31AM - 11:54AM

Rahu 7:43AM - 9:07AM

Punarvasu Until 3:42PM

Siddha Until 3:20AM Tue

Balava Until 9:18AM

Ashtami\* Until 10:29PM

Ganesha: Green Sunrise: 6:20AM

Muruqa: White Sunset: 5:29PM

Nataraja: Purple

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 8 Sutra 184

Subhakit 5124

Kataka Rasi: 10.25 Tithi 24

Creative Work Siddha Yoga

Gulika 11:54AM - 1:17PM

Yama 9:07AM - 10:31AM

Rahu 2:41PM - 4:04PM

Pushya Until 6:29PM

Sadhya Until 3:58AM Wed

Taitila Until 11:39AM

Navami\* Until 12:42AM Wed

Ganesha: Green Sunrise: 6:21AM

Muruqa: White Sunset: 5:27PM

Nataraja: Purple

Moon - Blue

Ashvina+Puratasi

Devaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

ll times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang

1	<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 22.26	Tithi 25	<b>Gulika</b> Yama	<b>10:31AM – 11:54AM</b> 7:45AM – 9:08AM	<b>Ashlesha* Until 8:47PM</b> Subha Until 4:19AM Thu Vanija Until 1:42PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Blue	Sunrise: 6:22AM Sunset: 5:26PM Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649176474	<b>Rahu</b> 11:54AM – 1:17PM	<b>Dashami Until 2:32AM Thu</b>	<b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>

2	<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 4.37	Tithi 26	<b>Gulika</b> Yama	<b>9:08AM – 10:31AM</b> 6:23AM – 7:45AM	<b>Magha* Until 10:55PM</b> Sukla Until 4:13AM Fri Bava Until 3:17PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:23AM Sunset: 5:24PM Moon 10 - Phase 26 - 10 2nd Phase
	Creative Work	Amrita Yoga	659276474	<b>Rahu</b> 1:16PM – 2:39PM	<b>Ekadashi* Until 3:51AM Fri</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>
	Until 10:55PM Then Creative Work - Siddha Yoga						

3	<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 17.01	Tithi 27	<b>Gulika</b> Yama	<b>7:46AM – 9:09AM</b> 2:38PM – 4:01PM	<b>Purvaphalguni Until 12:18AM Sat</b> Brahma Until 3:39AM Sat Kaulava Until 4:18PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:24AM Sunset: 5:23PM Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474	<b>Rahu</b> 10:31AM – 11:53AM	<b>Dvadashi* Until 4:33AM Sat</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>
	Until 12:18AM Sat Then Routine Work - Marana Yoga						

4	<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 29.41	Tithi 28	<b>Gulika</b> Yama	<b>6:25AM – 7:47AM</b> 1:15PM – 2:38PM	<b>Uttaraphalguni Until 12:55AM Sun</b> Indra Until 2:37AM Sun Gara Until 4:40PM	<b>Ganesha: Purple</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:25AM Sunset: 5:22PM Moon 10 - Phase 26 - 12 2nd Phase
	Routine Work	Marana Yoga	651276474	<b>Rahu</b> 9:09AM – 10:31AM	<b>Trayodashi* Until 4:35AM Sun</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>
	Until 12:55AM Sun Then Creative Work - Amrita Yoga <i>Pradosha Vrata (Fasting)</i>						

5	<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 12.41	Tithi 29	<b>Gulika</b> Yama	<b>2:37PM – 3:59PM</b> 11:53AM – 1:15PM	<b>Hasta Until 1:13AM Mon</b> Vaidhriti* Until 1:02AM Mon Visti Until 4:23PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:26AM Sunset: 5:21PM Moon 10 - Phase 26 - 13 2nd Phase
	Creative Work	Amrita Yoga	661276474	<b>Rahu</b> 3:59PM – 5:21PM	<b>Chaturdashi* Until 4:00AM Mon</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>
	Until 1:13AM Mon Then Routine Work - Prabalarishta Yoga <b>Deepavali Hindu Solidarity Day</b>						

●	<b>Monday, October 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA Sun 14 Sutra 190 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>1:15PM – 2:36PM</b> 10:31AM – 11:53AM	<b>Chitra Until 12:47AM Tue</b> Vishkambha* Until 11:01PM Catuspada Until 3:30PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:27AM Sunset: 5:19PM Moon 10 - Phase 26 - 14 Amavasya
	Kanya Rasi: 26	Tithi 30	661276474	<b>Rahu</b> 7:48AM – 9:10AM	<b>Amavasya* Until 2:50AM Tue</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>
	Routine Work Prabalarishta Yoga Until 12:47AM Tue Then Creative Work - Siddha Yoga <b>Subramuniyaswami Mahasamadhi</b>						

●	<b>Tuesday, October 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA Sun 15 Sutra 191 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>11:53AM – 1:14PM</b> 9:10AM – 10:32AM	<b>Svati Until 11:45PM</b> Priti Until 8:37PM Kintughna Until 2:06PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:28AM Sunset: 5:18PM Moon 10 - Phase 26 - 15 Prathama
	Tula Rasi: 9.38	Tithi 1	661276474	<b>Rahu</b> 2:35PM – 3:57PM	<b>Prathama* Until 1:13AM Wed</b>	<b>Kartika•Aipasi</b>	<b>Bhuloka Day</b>
	Creative Work Siddha Yoga Until 11:45PM Then Routine Work - Marana Yoga <b>Skanda Shasthi Begins</b>						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 23.33	Tithi 2	<b>Gulika</b> 10:32AM – 11:53AM	<b>Vishakha</b> Until 10:38PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM	
			Yama 7:50AM – 9:11AM	Ayushman Until 5:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27 - 16
	671276574	Rahu	11:53AM – 1:14PM	Balava Until 12:16PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 11:13PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

2	<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 7.41	Tithi 3	<b>Gulika</b> 9:11AM – 10:32AM	<b>Anuradha</b> Until 9:07PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	
			Yama 6:30AM – 7:51AM	Saubhagya Until 2:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 27 - 17
	671276574	Rahu	1:13PM – 2:34PM	Taitila Until 10:09AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 9:00PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 9:07PM				Karttika-Aipasi			
Then Routine Work - Prabararishta Yoga							

3	<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 21.56	Tithi 4	<b>Gulika</b> 7:51AM – 9:12AM	<b>Jyeshtha*</b> Until 7:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	
			Yama 2:33PM – 3:54PM	Sobhana Until 11:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27 - 18
	671276574	Rahu	10:32AM – 11:53AM	Vanija Until 7:50AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 6:38PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 7:21PM				Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

4	<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 6.16	Tithi 5 – 6	<b>Gulika</b> 6:32AM – 7:52AM	<b>Mula*</b> Until 5:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	
			Yama 1:13PM – 2:33PM	Athiganda* Until 8:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27 - 19
	671276574	Rahu	9:12AM – 10:32AM	Kaulava Until 3:03AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 4:14PM	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

5	<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 20.35	Tithi 6 – 7	<b>Gulika</b> 2:32PM – 3:52PM	<b>Purvashadha*</b> Until 4:11PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	
			Yama 11:53AM – 1:12PM	Dhriti Until 2:37AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27 - 20
	671276574	Rahu	3:52PM – 5:12PM	Gara Until 12:45AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:52PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:11PM				Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

D	<b>Monday, October 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 197 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:12PM – 2:32PM	<b>Uttarashadha</b> Until 2:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	
	Makara Rasi: 4.51	Tithi 7 – 8	Yama 10:33AM – 11:52AM	Shula* Until 11:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27 - 21
	671276574	Rahu	7:54AM – 9:13AM	Visti Until 10:35PM	<b>Nataraja:</b> Clear		Ashtami
Family Home Evening	Marana Yoga		<b>Saptami</b> Until 11:38AM	Moon – Light Blue		<b>Devaloka Day</b>	
Routine Work				Karttika-Aipasi			
Until 2:33PM							
Then Creative Work - Amrita Yoga							

D	<b>Tuesday, November 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 198 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:52AM – 1:12PM	<b>Shravana</b> Until 1:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	
	Makara Rasi: 19.01	Tithi 8 – 9	Yama 9:14AM – 10:33AM	Ganda* Until 8:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 22
	671276574	Rahu	2:31PM – 3:50PM	Balava Until 8:37PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:33AM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, November 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA
	Kumbha Rasi: 3.02	Tithi 9 – 10	<b>Gulika</b> 10:33AM – 11:52AM	<b>Dhanishtha</b> Until 12:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:36AM	Sun 23 Sutra 199
			Yama 7:55AM – 9:14AM	Vriddhi Until 6:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM	Subhakrit 5124
		692276574	<b>Rahu</b> 11:52AM – 1:11PM	Taitila Until 6:51PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - 23 4th Phase
Routine Work Prabalarishta Yoga Until 12:14PM Then Creative Work - Siddha Yoga			<b>Navami*</b> Until 7:41AM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, November 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Kumbha Rasi: 16.55	Tithi 10 – 11	<b>Gulika</b> 9:15AM – 10:34AM	<b>Shatabhishak</b> Until 11:12AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:37AM	Sun 24 Sutra 200
			Yama 6:37AM – 7:56AM	Dhruva Until 3:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Subhakrit 5124
		692276574	<b>Rahu</b> 1:11PM – 2:30PM	Visti Until 4:42AM Fri	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - 24 4th Phase
Creative Work Siddha Yoga			<b>Dashami</b> Until 6:03AM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

<b>3</b>	<b>Friday, November 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashtyam Titau				St. Helena, CA
	Meena Rasi: 0.38	Tithi 12	<b>Gulika</b> 7:57AM – 9:15AM	<b>Purvaproshtapada*</b> Until 10:44AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	Sun 25 Sutra 201
			Yama 2:29PM – 3:48PM	Vyaghata* Until 1:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Subhakrit 5124
		612276574	<b>Rahu</b> 10:34AM – 11:52AM	Bava Until 4:10PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - 25 4th Phase
Creative Work Siddha Yoga			<b>Dvadashti</b> Until 3:40AM Sat	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

<b>4</b>	<b>Saturday, November 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA
	Meena Rasi: 14.1	Tithi 13	<b>Gulika</b> 6:39AM – 7:58AM	<b>Uttaraproshtapada</b> Until 10:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM	Sun 26 Sutra 202
			Yama 1:11PM – 2:29PM	Harshana Until 11:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Subhakrit 5124
		612276574	<b>Rahu</b> 9:16AM – 10:34AM	Kaulava Until 3:19PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - 26 4th Phase
Creative Work Siddha Yoga Until 10:28AM Then Routine Work - Prabalarishta Yoga			<b>Trayodashi</b> Until 3:01AM Sun	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Sunday, November 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
	Meena Rasi: 27.29	Tithi 14	<b>Gulika</b> 2:28PM – 3:46PM	<b>Revati</b> Until 10:25AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:41AM	Sun 27 Sutra 203
			Yama 11:53AM – 1:11PM	Vajra* Until 10:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Subhakrit 5124
		612276574	<b>Rahu</b> 3:46PM – 5:04PM	Gara Until 2:52PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - 27 4th Phase
Creative Work Amrita Yoga Until 10:25AM Then Creative Work - Siddha Yoga			<b>Chaturdashi*</b> Until 2:47AM Mon	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

<b>○</b>	<b>Monday, November 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:10PM – 2:28PM	<b>Ashvini</b> Until 11:07AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:42AM	Sutra 204
	Mesha Rasi: 10.34	Tithi 15	Yama 10:35AM – 11:53AM	Siddhi Until 9:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Subhakrit 5124
	<b>Family Home Evening</b>	722276574	<b>Rahu</b> 7:59AM – 9:17AM	Visti Until 2:52PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 3:02AM Tue	Moon – White		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

<b>○</b>	<b>Tuesday, November 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:10PM	<b>Bharani</b> Until 12:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM	Sutra 205
	Mesha Rasi: 23.25	Tithi 16	Yama 9:18AM – 10:35AM	Vyatipata* Until 8:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Subhakrit 5124
		722276574	<b>Rahu</b> 2:28PM – 3:45PM	Balava Until 3:23PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28 - Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 3:49AM Wed	Moon – White		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Vrishabha Rasi: 6.01    Tithi 17

722276574

Creative Work    Amrita Yoga

Until 1:29PM

Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Varyani/Parigha\* Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 206

Subhakarit 5124

**Gulika**    10:36AM – 11:53AM

**Yama**    8:01AM – 9:18AM

**Rahu**    11:53AM – 1:10PM

**Krittika** **Until 1:29PM**

Variyan Until 7:46AM

Taitila Until 4:25PM

**Dvitiya** **Until 5:06AM Thu**

**Ganesha:** Blue

**Sunrise:** 6:44AM

**Muruqa:** Clear

**Sunset:** 5:02PM

**Nataraja:** Clear

Moon – White

**Kartika•Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

1

Thursday, November 10, 2022

Vrishabha Rasi: 18.24    Tithi 18

732276574

Routine Work    Marana Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Trityayam Titau

St. Helena, CA

Sun 1    Sutra 207

Subhakarit 5124

**Gulika**    9:19AM – 10:36AM

**Yama**    6:45AM – 8:02AM

**Rahu**    1:10PM – 2:27PM

**Rohini** **Until 3:39PM**

Parigha\* Until 7:42AM

Vanija Until 5:56PM

**Tritya** **Until 6:51AM Fri**

**Ganesha:** Red

**Sunrise:** 6:45AM

**Muruqa:** Clear

**Sunset:** 5:01PM

**Nataraja:** Clear

Moon – Yellow

**Kartika•Aipasi**

**Devaloka Day**

2

Friday, November 11, 2022

Mithuna Rasi: 0.35    Tithi 18 – 19

732276574

Creative Work    Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritya/Chaturthayam Titau

St. Helena, CA

Sun 2    Sutra 208

Subhakarit 5124

**Gulika**    8:03AM – 9:19AM

**Yama**    2:26PM – 3:43PM

**Rahu**    10:36AM – 11:53AM

**Mrigashira** **Until 6:05PM**

Shiva Until 8:00AM

Bava Until 7:55PM

**Tritya** **Until 6:51AM**

**Ganesha:** Red

**Sunrise:** 6:46AM

**Muruqa:** Clear

**Sunset:** 5:00PM

**Nataraja:** Clear

Moon – Yellow

**Kartika•Aipasi**

**Devaloka Day**

3

Saturday, November 12, 2022

Mithuna Rasi: 12.37    Tithi 19 – 20

732276574

Creative Work    Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3    Sutra 209

Subhakarit 5124

**Gulika**    6:47AM – 8:04AM

**Yama**    1:10PM – 2:26PM

**Rahu**    9:20AM – 10:37AM

**Ardra** **Until 8:39PM**

Siddha Until 8:34AM

Kaulava Until 10:12PM

**Chaturthi\*** **Until 9:00AM**

**Ganesha:** Red

**Sunrise:** 6:47AM

**Muruqa:** Clear

**Sunset:** 4:59PM

**Nataraja:** Clear

Moon – Yellow

**Kartika•Aipasi**

**Devaloka Day**

4

Sunday, November 13, 2022

Mithuna Rasi: 24.32    Tithi 20 – 21

742276574

Creative Work    Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4    Sutra 210

Subhakarit 5124

**Gulika**    2:26PM – 3:42PM

**Yama**    11:53AM – 1:09PM

**Rahu**    3:42PM – 4:58PM

**Punarvasu** **Until 11:45PM**

Sadhya Until 9:19AM

Gara Until 12:41AM Mon

**Panchami** **Until 11:24AM**

**Ganesha:** Green

**Sunrise:** 6:48AM

**Muruqa:** Clear

**Sunset:** 4:58PM

**Nataraja:** Clear

Moon – Blue

**Kartika•Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

5

Monday, November 14, 2022

Kataka Rasi: 6.25    Tithi 21 – 22

Family Home Evening

742376574

Creative Work    Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5    Sutra 211

Subhakarit 5124

**Gulika**    1:09PM – 2:25PM

**Yama**    10:37AM – 11:53AM

**Rahu**    8:05AM – 9:21AM

**Pushya** **Until 2:40AM Tue**

Subha Until 10:11AM

Visti Until 3:09AM Tue

**Shashthi\*** **Until 1:54PM**

**Ganesha:** White

**Sunrise:** 6:49AM

**Muruqa:** Clear

**Sunset:** 4:57PM

**Nataraja:** Clear

Moon – Blue

**Kartika•Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

6

Tuesday, November 15, 2022

Kataka Rasi: 18.19    Tithi 22 – 23

743376574

Creative Work    Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6    Sutra 212

Subhakarit 5124

**Gulika**    11:54AM – 1:09PM

**Yama**    9:22AM – 10:38AM

**Rahu**    2:25PM – 3:41PM

**Ashlesha\*** **Until 5:15AM Wed**

Sukla Until 10:57AM

Balava Until 5:26AM Wed

**Saptami** **Until 4:18PM**

**Ganesha:** Green

**Sunrise:** 6:50AM

**Muruqa:** Clear

**Sunset:** 4:57PM

**Nataraja:** Clear

Moon – Blue

**Kartika•Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

D

Wednesday, November 16, 2022

Retreat Star

Simha Rasi: 0.17    Tithi 23

753376575

Creative Work    Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Brahma/Indra Yoga Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 7    Sutra 213

Subhakarit 5124

**Gulika**    10:38AM – 11:54AM

**Yama**    8:07AM – 9:23AM

**Rahu**    11:54AM – 1:09PM

**Magha\*** **Until 7:47AM Thu**

Brahma Until 11:33AM

Kaulava Until 6:24PM

**Ashtami\*** **Until 6:24PM**

**Ganesha:** Orange

**Sunrise:** 6:51AM

**Muruqa:** Clear

**Sunset:** 4:56PM

**Nataraja:** Purple

Moon – Red

**Kartika•Karttikai**

**Sivaloka Day**

Thursday, November 17, 2022

Retreat Star

Simha Rasi: 12.25    Tithi 24

753376575

Creative Work    Amrita Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 8    Sutra 214

Subhakarit 5124

**Gulika**    9:23AM – 10:39AM

**Yama**    6:53AM – 8:08AM

**Rahu**    1:09PM – 2:25PM

**Magha\*** **Until 7:47AM**

Indra Until 11:49AM

Taitila Until 7:19AM

**Navami\*** **Until 8:01PM**

**Ganesha:** Orange

**Sunrise:** 6:53AM

**Muruqa:** Clear

**Sunset:** 4:55PM

**Nataraja:** Purple

Moon – Red

**Kartika•Karttikai**

**Sivaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
Simha Rasi: 24.47	Tithi 25	753376575	<b>Gulika</b> 8:09AM – 9:24AM <b>Yama</b> 2:24PM – 3:40PM <b>Rahu</b> 10:39AM – 11:54AM	<b>Purvaphalguni Until 9:35AM</b> Vaidhrili* Until 11:37AM Vanija Until 8:37AM Dashami Until 9:00PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 4:55PM	Sun 9	Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase
Creative Work	Siddha Yoga							Sivaloka Day Karttika-Karttikai

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
Kanya Rasi: 7.27	Tithi 26	753376575	<b>Gulika</b> 6:55AM – 8:10AM <b>Yama</b> 1:09PM – 2:24PM <b>Rahu</b> 9:25AM – 10:39AM	<b>Uttaraphalguni Until 10:34AM</b> Vishkambha* Until 10:53AM Bava Until 9:13AM Ekadashi* Until 9:13PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 4:54PM	Sun 10	Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase
Routine Work	Marana Yoga							Sivaloka Day Karttika-Karttikai

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				St. Helena, CA
Kanya Rasi: 20.29	Tithi 27	763376575	<b>Gulika</b> 2:24PM – 3:39PM <b>Yama</b> 11:55AM – 1:09PM <b>Rahu</b> 3:39PM – 4:53PM	<b>Hasta Until 11:07AM</b> Priti Until 9:33AM Kaulava Until 9:03AM Dvadashti* Until 8:40PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 4:53PM	Sun 11	Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase
Creative Work	Amrita Yoga							Devaloka Day Karttika-Karttikai
Until 11:07AM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
Tula Rasi: 3.56	Tithi 28	763376575	<b>Gulika</b> 1:09PM – 2:24PM <b>Yama</b> 10:40AM – 11:55AM <b>Rahu</b> 8:11AM – 9:26AM	<b>Chitra Until 10:45AM</b> Ayushman Until 7:36AM Gara Until 8:07AM Trayodashi* Until 7:22PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 4:53PM	Sun 12	Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase
Family Home Evening	Prabalarishta Yoga							Devaloka Day Karttika-Karttikai
Routine Work								
Until 10:45AM								
Then Creative Work - Amrita Yoga								Pradosha Vrata (Fasting)

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
Tula Rasi: 17.49	Tithi 29 – 30	763376575	<b>Gulika</b> 11:55AM – 1:09PM <b>Yama</b> 9:26AM – 10:41AM <b>Rahu</b> 2:24PM – 3:38PM	<b>Svati Until 9:34AM</b> Sobhana Until 2:09AM Wed Visti Until 6:30AM Chaturdashi* Until 5:26PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 4:52PM	Sun 13	Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase
Creative Work	Siddha Yoga							Devaloka Day Karttika-Karttikai
Until 9:34AM								
Then Routine Work - Marana Yoga								

		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
<b>Retreat Star</b>			<b>Gulika</b> 10:41AM – 11:55AM <b>Yama</b> 8:13AM – 9:27AM <b>Rahu</b> 11:55AM – 1:09PM	<b>Vishakha Until 8:07AM</b> Athiganda* Until 10:48PM Kintughna Until 1:36AM Thu Amavasya* Until 2:58PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 4:52PM	Sun 14	Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya
Vrischika Rasi: 2.03	Tithi 30 – 1	773376575						Devaloka Day Karttika-Karttikai
Creative Work	Siddha Yoga							

<b>Thurs</b>		<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
<b>Retreat Star</b>			<b>Gulika</b> 9:28AM – 10:42AM <b>Yama</b> 7:00AM – 8:14AM <b>Rahu</b> 1:10PM – 2:24PM	<b>Anuradha Until 6:06AM</b> Sukarma Until 7:11PM Balava Until 10:39PM Prathama* Until 12:08PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 4:51PM	Sun 15	Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama
Vrischika Rasi: 16.35	Tithi 1 – 2	773376575						Devaloka Day Margasira-Karttikai
Creative Work	Siddha Yoga							
Until 6:06AM								
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 222 Subhakrit 5124
Dhanus Rasi: 1.2	Tithi 2 - 3	783376575	<b>Gulika</b> 8:15AM - 9:28AM <b>Yama</b> 2:23PM - 3:37PM <b>Rahu</b> 10:42AM - 11:56AM	<b>Mula* Until 1:26AM Sat</b> Dhriti Until 3:27PM Taitila Until 7:32PM <b>Dvitiya Until 9:05AM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Light Blue Margasira-Karttikai	<b>Sunrise:</b> 7:01AM <b>Sunset:</b> 4:51PM	Moon 11 - Phase 31 - 16 3rd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga Until 1:26AM Sat Then Creative Work - Siddha Yoga								
<b>2</b>		<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 223 Subhakrit 5124
Dhanus Rasi: 16.08	Tithi 4	783376575	<b>Gulika</b> 7:02AM - 8:16AM <b>Yama</b> 1:10PM - 2:23PM <b>Rahu</b> 9:29AM - 10:43AM	<b>Purvashadha* Until 11:06PM</b> Shula* Until 11:41AM Vanija Until 4:26PM <b>Chaturthi* Until 2:55AM Sun</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Light Blue Margasira-Karttikai	<b>Sunrise:</b> 7:02AM <b>Sunset:</b> 4:51PM	Moon 11 - Phase 31 - 17 3rd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 11:06PM Then Routine Work - Marana Yoga								
<b>3</b>		<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi* Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 224 Subhakrit 5124
Makara Rasi: 0.53	Tithi 5	783376575	<b>Gulika</b> 2:23PM - 3:37PM <b>Yama</b> 11:57AM - 1:10PM <b>Rahu</b> 3:37PM - 4:50PM	<b>Uttarashadha Until 8:49PM</b> Ganda* Until 8:00AM Bava Until 1:29PM <b>Panchami Until 12:04AM Mon</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Light Blue Margasira-Karttikai	<b>Sunrise:</b> 7:03AM <b>Sunset:</b> 4:50PM	Moon 11 - Phase 31 - 18 3rd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga								
<b>4</b>		<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashtyayam Titau				St. Helena, CA Sun 19 Sutra 225 Subhakrit 5124
Makara Rasi: 15.28	Tithi 6	793376575	<b>Gulika</b> 1:10PM - 2:23PM <b>Yama</b> 10:44AM - 11:57AM <b>Rahu</b> 8:17AM - 9:31AM	<b>Shravana Until 7:06PM</b> Dhruva Until 1:20AM Tue Kaulava Until 10:47AM <b>Shashthi* Until 9:34PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Purple Margasira-Karttikai	<b>Sunrise:</b> 7:04AM <b>Sunset:</b> 4:50PM	Moon 11 - Phase 31 - 19 3rd Phase	<b>Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 7:06PM Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 20 Sutra 226 Subhakrit 5124
Makara Rasi: 29.48	Tithi 7	794376575	<b>Gulika</b> 11:57AM - 1:10PM <b>Yama</b> 9:31AM - 10:44AM <b>Rahu</b> 2:23PM - 3:37PM	<b>Dhanishtha Until 5:39PM</b> Vyaghata* Until 10:29PM Gara Until 8:28AM <b>Saptami Until 7:28PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Purple Margasira-Karttikai	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 4:50PM	Moon 11 - Phase 31 - 20 3rd Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 5:39PM Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 21 Sutra 227 Subhakrit 5124
Kumbha Rasi: 13.5	Tithi 8 - 9	794376575	<b>Gulika</b> 10:45AM - 11:58AM <b>Yama</b> 8:19AM - 9:32AM <b>Rahu</b> 11:58AM - 1:11PM	<b>Shatabhishak Until 4:32PM</b> Harshana Until 8:02PM Visti Until 6:37AM <b>Ashtami* Until 5:51PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Purple Margasira-Karttikai	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 4:49PM	Moon 11 - Phase 31 - 21 Ashtami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:32PM Then Creative Work - Amrita Yoga								
<b>Retreat Star</b>		<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA Sun 22 Sutra 228 Subhakrit 5124
Kumbha Rasi: 27.34	Tithi 9 - 10	714376575	<b>Gulika</b> 9:33AM - 10:45AM <b>Yama</b> 7:07AM - 8:20AM <b>Rahu</b> 1:11PM - 2:24PM	<b>Purvaproshtapada* Until 4:12PM</b> Vajra* Until 5:57PM Taitila Until 4:25AM Fri <b>Navami* Until 4:45PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon - Clear Margasira-Karttikai	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 4:49PM	Moon 11 - Phase 31 - 22 Navami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


<b>1</b>	<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Meena Rasi: 11.01	Tithi 10 – 11	<b>Gulika</b> 8:21AM – 9:33AM	<b>Uttaraproshtapada</b> Until 4:14PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:08AM	Sun 23 Sutra 229
			Yama 2:24PM – 3:36PM	Siddhi Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	714376575	<b>Rahu</b> 10:46AM – 11:58AM		Vanija Until 4:05AM Sat	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - 23
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:10PM	Moon – Clear		4th Phase	
				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Meena Rasi: 24.1	Tithi 11 – 12	<b>Gulika</b> 7:09AM – 8:21AM	<b>Revati</b> Until 4:37PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:09AM	Sun 24 Sutra 230
			Yama 1:11PM – 2:24PM	Vyatipata* Until 3:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	714376575	<b>Rahu</b> 9:34AM – 10:46AM		Bava Until 4:15AM Sun	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - 24
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 4:06PM	Moon – Clear		4th Phase	
Until 4:37PM		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Mesha Rasi: 7.05	Tithi 12 – 13	<b>Gulika</b> 2:24PM – 3:36PM	<b>Ashvini</b> Until 5:45PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:10AM	Sun 25 Sutra 231
			Yama 11:59AM – 1:12PM	Varyan Until 2:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	724376575	<b>Rahu</b> 3:36PM – 4:49PM		Kaulava Until 4:53AM Mon	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - 25
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:30PM	Moon – White		4th Phase	
Until 5:45PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Mesha Rasi: 19.47	Tithi 13 – 14	<b>Gulika</b> 1:12PM – 2:24PM	<b>Bharani</b> Until 7:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:11AM	Sun 26 Sutra 232
			Yama 10:47AM – 12:00PM	Parigha* Until 1:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	724376575	<b>Rahu</b> 8:23AM – 9:35AM		Gara Until 5:56AM Tue	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - 26
<b>Family Home Evening</b>	Siddha Yoga		<b>Trayodashi</b> Until 5:20PM	Moon – White		4th Phase	
Creative Work				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Until 7:09PM							
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturdashyam Titau				St. Helena, CA
	Wrishabha Rasi: 2.17	Tithi 14	<b>Gulika</b> 12:00PM – 1:12PM	<b>Krittika</b> Until 8:47PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM	Sun 27 Sutra 233
			Yama 9:36AM – 10:48AM	Shiva Until 1:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	724376575	<b>Rahu</b> 2:24PM – 3:36PM		Vanija Until 6:35PM	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - 27
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:35PM	Moon – White		4th Phase	
Until 8:47PM		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

	<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:49AM – 12:01PM	<b>Rohini</b> Until 11:05PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:13AM	Sun 28 Sutra 234
	Wrishabha Rasi: 14.37	Tithi 15	Yama 8:25AM – 9:37AM	Siddha Until 1:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	734376575	<b>Rahu</b> 12:01PM – 1:13PM		Visti Until 7:22AM	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:12PM	Moon – Yellow			
				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:37AM – 10:49AM	<b>Mrigashira</b> Until 1:32AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:13AM	Sun 29 Sutra 235
	Wrishabha Rasi: 26.49	Tithi 16	Yama 7:13AM – 8:25AM	Sadhya Until 1:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
	734376575	<b>Rahu</b> 1:13PM – 2:25PM		Balava Until 9:10AM	<b>Nataraja:</b> Purple		Moon 11 - Phase 32 - Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 10:09PM	Moon – Yellow			
Until 1:32AM Fri		<b>Vinayaga Viratam Begins</b>		<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 236

Subhakrit 5124

Mithuna Rasi: 8.54 Tithi 17

Gulika 8:26AM – 9:38AM

Yama 2:25PM – 3:37PM

734476575 Rahu 10:50AM – 12:01PM

Ardra Until 4:03AM Sat

Subha Until 2:14PM

Taitila Until 11:15AM

Dvitiya Until 12:22AM Sat

Ganesha: Red Sunrise: 7:14AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Creative Work Siddha Yoga

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Vistil\* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 237

Subhakrit 5124

Mithuna Rasi: 20.52 Tithi 18

Gulika 7:15AM – 8:27AM

Yama 1:14PM – 2:25PM

744476575 Rahu 9:38AM – 10:50AM

Punarvasu Until 7:06AM Sun

Sukla Until 2:54PM

Vanija Until 1:35PM

Tritiya Until 2:47AM Sun

Ganesha: Green Sunrise: 7:15AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 3 Sutra 238

Subhakrit 5124

Kataka Rasi: 2.47 Tithi 19

Gulika 2:26PM – 3:37PM

Yama 12:02PM – 1:14PM

744476575 Rahu 3:37PM – 4:49PM

Punarvasu Until 7:06AM

Brahma Until 3:42PM

Bava Until 4:04PM

Chaturthi\* Until 5:19AM Mon

Ganesha: Green Sunrise: 7:16AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava Karana Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 239

Subhakrit 5124

Kataka Rasi: 14.39 Tithi 20

Gulika 1:14PM – 2:26PM

Yama 10:51AM – 12:03PM

745476575 Rahu 8:28AM – 9:40AM

Pushya Until 10:03AM

Indra Until 4:33PM

Kaulava Until 6:36PM

Panchami Until 7:49AM Tue

Ganesha: White Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 5 Sutra 240

Subhakrit 5124

Kataka Rasi: 26.32 Tithi 20 – 21

Gulika 12:03PM – 1:15PM

Yama 9:40AM – 10:52AM

745476575 Rahu 2:26PM – 3:38PM

Ashlesha\* Until 12:48PM

Vaidhriti\* Until 5:19PM

Gara Until 9:03PM

Panchami Until 7:49AM

Ganesha: White Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Creative Work Siddha Yoga

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Vistil\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 6 Sutra 241

Subhakrit 5124

Simha Rasi: 8.28 Tithi 21 – 22

Gulika 10:52AM – 12:04PM

Yama 8:29AM – 9:41AM

755476575 Rahu 12:04PM – 1:15PM

Magha\* Until 3:42PM

Vishkambha\* Until 5:55PM

Vistil Until 11:14PM

Shashthi\* Until 10:10AM

Ganesha: Clear Sunrise: 7:18AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Creative Work Siddha Yoga

Sivaloka Day

Until 3:42PM

Then Creative Work - Amrita Yoga

D

Thursday, December 15, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 242

Subhakrit 5124

Simha Rasi: 20.32 Tithi 22 – 23

Gulika 9:42AM – 10:53AM

Yama 7:19AM – 8:30AM

755476575 Rahu 1:16PM – 2:27PM

Purvaphalguni Until 6:02PM

Priti Until 6:13PM

Balava Until 12:57AM Fri

Saptami Until 12:08PM

Ganesha: Clear Sunrise: 7:19AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Creative Work Siddha Yoga

Sivaloka Day

Markali Pillaiyar

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 8 Sutra 243

Subhakrit 5124

Kanya Rasi: 2.49 Tithi 23 – 24

Gulika 8:31AM – 9:42AM

Yama 2:27PM – 3:39PM

855476575 Rahu 10:53AM – 12:05PM

Uttaraphalguni Until 7:38PM

Ayushman Until 6:02PM

Taitila Until 2:01AM Sat

Ashtami\* Until 1:33PM

Ganesha: White Sunrise: 7:19AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Creative Work Siddha Yoga

Devaloka Day

Until 7:38PM

Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

ll times are standard time. Calculated for St. Helena, CA on 4/26/2

www.gurudeva.org/panchang

1	<b>Saturday, December 17, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hasla Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashyam Titau				St. Helena, CA Sun 9 Sutra 244 Subhakrit 5124
	Kanya Rasi: 15.23	Tithi 24 – 25	<b>Gulika</b>	7:20AM – 8:31AM	<b>Hasta</b> Until 8:49PM	<b>Ganesha:</b> Clear	Sunrise: 7:20AM
			Yama	1:17PM – 2:28PM	Saubhagya Until 5:17PM	<b>Muruqa:</b> Clear	Sunset: 4:50PM
	Routine Work	Marana Yoga	865476575 <b>Rahu</b>	9:43AM – 10:54AM	Vanija Until 2:17AM Sun	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 9 2nd Phase
			<b>Navami* Until 2:14PM</b>			Moon – Green	<b>Sivaloka Day</b> Margasira*Markali

2	<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA Sun 10 Sutra 245 Subhakrit 5124
	Kanya Rasi: 28.19	Tithi 25 – 26	<b>Gulika</b>	2:28PM – 3:40PM	<b>Chitra</b> Until 9:01PM	<b>Ganesha:</b> Clear	Sunrise: 7:21AM
			Yama	12:06PM – 1:17PM	Sobhana Until 3:54PM	<b>Muruqa:</b> Clear	Sunset: 4:51PM
	Creative Work	Siddha Yoga	865476575 <b>Rahu</b>	3:40PM – 4:51PM	Bava Until 1:42AM Mon	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 10 2nd Phase
			<b>Dashami Until 2:05PM</b>			Moon – Green	<b>Sivaloka Day</b> Margasira*Markali

3	<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				St. Helena, CA Sun 11 Sutra 246 Subhakrit 5124
	Tula Rasi: 11.43	Tithi 26 – 27	<b>Gulika</b>	1:18PM – 2:29PM	<b>Svati</b> Until 8:15PM	<b>Ganesha:</b> Clear	Sunrise: 7:21AM
	<b>Family Home Evening</b>		Yama	10:55AM – 12:06PM	Athiganda* Until 1:49PM	<b>Muruqa:</b> Clear	Sunset: 4:51PM
	Creative Work	Amrita Yoga	865476575 <b>Rahu</b>	8:33AM – 9:44AM	Kaulava Until 12:17AM Tue	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 11 2nd Phase
Until 8:15PM Then Routine Work - Marana Yoga			<b>Ekadashi* Until 1:04PM</b>			Moon – Green	<b>Sivaloka Day</b> Margasira*Markali

4	<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Talita/Gara Karana Dvodashi/Trayodashyam Titau				St. Helena, CA Sun 12 Sutra 247 Subhakrit 5124
	Tula Rasi: 25.36	Tithi 27 – 28	<b>Gulika</b>	12:07PM – 1:18PM	<b>Vishakha</b> Until 7:01PM	<b>Ganesha:</b> Purple	Sunrise: 7:22AM
			Yama	9:44AM – 10:56AM	Sukarma Until 11:07AM	<b>Muruqa:</b> Clear	Sunset: 4:52PM
	Routine Work	Marana Yoga	875476575 <b>Rahu</b>	2:29PM – 3:40PM	Gara Until 10:06PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 12 2nd Phase
Until 7:01PM Then Creative Work - Siddha Yoga			<b>Dvodashi* Until 11:15AM</b>			Moon – Orange	<b>Devaloka Day</b> Margasira*Markali
<i>Pradosha Vrata (Fasting)</i>							

5	<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 13 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 9.56	Tithi 28 – 29	<b>Gulika</b>	10:56AM – 12:07PM	<b>Anuradha</b> Until 5:00PM	<b>Ganesha:</b> Clear	Sunrise: 7:22AM
			Yama	8:34AM – 9:45AM	Dhriti Until 7:52AM	<b>Muruqa:</b> Clear	Sunset: 4:52PM
	Creative Work	Siddha Yoga	876476575 <b>Rahu</b>	12:07PM – 1:19PM	Visti Until 7:18PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 13 2nd Phase
Day 1 of Pancha Ganapati			<b>Trayodashi* Until 8:45AM</b>			Moon – Orange	<b>Sivaloka Day</b> Margasira*Markali

●	<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA Sun 14 Sutra 249 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b>	9:45AM – 10:57AM	<b>Jyeshtha* Until 2:22PM</b>	<b>Ganesha:</b> Clear	Sunrise: 7:23AM
	Vrischika Rasi: 24.41	Tithi 30	Yama	7:23AM – 8:34AM	Ganda* Until 12:08AM Fri	<b>Muruqa:</b> Clear	Sunset: 4:53PM
	Routine Work	Prabalarishta Yoga	876476575 <b>Rahu</b>	1:19PM – 2:30PM	Catuspada Until 4:02PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 14 Amavasya
Until 2:22PM Then Creative Work - Siddha Yoga			<b>Amavasya* Until 2:16AM Fri</b>			Moon – Orange	<b>Sivaloka Day</b> Margasira*Markali

●	<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA Sun 15 Sutra 250 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b>	8:35AM – 9:46AM	<b>Mula* Until 11:42AM</b>	<b>Ganesha:</b> Orange	Sunrise: 7:23AM
	Dhanus Rasi: 9.43	Tithi 1	Yama	2:31PM – 3:42PM	Vriddhi Until 7:56PM	<b>Muruqa:</b> Clear	Sunset: 4:53PM
	Creative Work	Amrita Yoga	886476575 <b>Rahu</b>	10:57AM – 12:08PM	Kintughna Until 12:29PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 15 Prathama
Until 11:42AM Then Routine Work - Prabalarishta Yoga			<b>Prathama* Until 10:38PM</b>			Moon – Light Blue	<b>Sivaloka Day</b> Pausha*Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>	<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
	Dhanus Rasi: 24.54	Tithi 2	<b>Gulika</b> 7:24AM – 8:35AM	<b>Purvashadha* Until 8:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:24AM	Sun 16 Sutra 251
			Yama 1:20PM – 2:31PM	Dhruva Until 3:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM	Subhakrit 5124
	886486575		<b>Rahu</b> 9:46AM – 10:58AM	Balava Until 8:49AM	<b>Nataraja:</b> Purple		Moon 12 - Phase 35 - 16 3rd Phase
Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>		Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 8:46AM				Pausha-Markali			
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				St. Helena, CA
	Makara Rasi: 10.03	Tithi 3 – 4	<b>Gulika</b> 2:32PM – 3:43PM	<b>Shravana Until 3:15AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:24AM	Sun 17 Sutra 252
			Yama 12:09PM – 1:21PM	Vyaghata* Until 11:30AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM	Subhakrit 5124
	896486575		<b>Rahu</b> 3:43PM – 4:54PM	Vanija Until 1:48AM Mon	<b>Nataraja:</b> Purple		Moon 12 - Phase 35 - 17 3rd Phase
Creative Work	Amrita Yoga	<b>Day 5 of Pancha Ganapati</b>		Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 3:15AM Mon				Pausha-Markali			
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Makara Rasi: 25.01	Tithi 4 – 5	<b>Gulika</b> 1:21PM – 2:32PM	<b>Dhanishtha Until 1:00AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	Sun 18 Sutra 253
			Yama 10:58AM – 12:10PM	Harshana Until 7:35AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Subhakrit 5124
	896486576		<b>Rahu</b> 8:36AM – 9:47AM	Bava Until 10:47PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 35 - 18 3rd Phase
Creative Work	Siddha Yoga	<b>Chaturthi* Until 12:13PM</b>		Moon – Purple		<b>Sivaloka Day</b>	
Until 1:00AM Tue				Pausha-Markali			
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				St. Helena, CA
	Kumbha Rasi: 9.41	Tithi 5 – 6	<b>Gulika</b> 12:10PM – 1:22PM	<b>Shatabhishak Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	Sun 19 Sutra 254
			Yama 9:48AM – 10:59AM	Siddhi Until 12:50AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Subhakrit 5124
	896486576		<b>Rahu</b> 2:33PM – 3:44PM	Kaulava Until 8:18PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 35 - 19 3rd Phase
Routine Work	Marana Yoga	<b>Panchami Until 9:27AM</b>		Moon – Purple		<b>Sivaloka Day</b>	
				Pausha-Markali			

<b>5</b>	<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Kumbha Rasi: 23.56	Tithi 6 – 7	<b>Gulika</b> 10:59AM – 12:11PM	<b>Purvaproshtapada* Until 10:12PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:25AM	Sun 20 Sutra 255
			Yama 8:37AM – 9:48AM	Vyatipata* Until 10:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Subhakrit 5124
	817486576		<b>Rahu</b> 12:11PM – 1:22PM	Gara Until 6:27PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 35 - 20 3rd Phase
Creative Work	Amrita Yoga	<b>Shashthi* Until 7:16AM</b>		Moon – Clear		<b>Devaloka Day</b>	
Until 10:12PM				Pausha-Markali			
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>					

<b>☾</b>	<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 9:48AM – 11:00AM	<b>Uttaraproshtapada Until 9:51PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:25AM	Sun 21 Sutra 256
	Meena Rasi: 7.46	Tithi 8	Yama 7:25AM – 8:37AM	Variyan Until 8:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Subhakrit 5124
			817486576	<b>Rahu</b> 1:23PM – 2:34PM	Visti Until 5:20PM		Moon 12 - Phase 35 - 21 Ashtami
Creative Work	Siddha Yoga	<b>Ashtami* Until 5:02AM Fri</b>		Moon – Clear		<b>Devaloka Day</b>	
				Pausha-Markali			

<b>☽</b>	<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 8:37AM – 9:49AM	<b>Revati Until 10:04PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:26AM	Sun 22 Sutra 257
	Meena Rasi: 21.1	Tithi 9	Yama 2:35PM – 3:46PM	Parigha* Until 6:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Subhakrit 5124
			817486576	<b>Rahu</b> 11:00AM – 12:12PM	Balava Until 4:57PM		Moon 12 - Phase 35 - 22 Navami
Creative Work	Siddha Yoga	<b>Navami* Until 5:01AM Sat</b>		Moon – Clear		<b>Devaloka Day</b>	
Until 10:04PM				Pausha-Markali			
Then Creative Work - Amrita Yoga							

1	<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 258 Subhakrit 5124
	Mesha Rasi: 4.1	Tithi 10	<b>Gulika</b> 7:26AM – 8:38AM	<b>Ashvini</b> Until 11:16PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
			Yama 1:24PM – 2:35PM	Shiva Until 5:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36 - 23
	Creative Work	Siddha Yoga	827486576 <b>Rahu</b> 9:49AM – 11:01AM	Taitila Until 5:17PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 5:41AM Sun	Pausha-Markali	<b>Sivaloka Day</b>		

2	<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 259 Subhakrit 5124
	Mesha Rasi: 16.52	Tithi 11	<b>Gulika</b> 2:36PM – 3:48PM	<b>Bharani</b> Until 12:53AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
			Yama 12:13PM – 1:24PM	Siddha Until 5:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36 - 24
	Routine Work	Prabalarishta Yoga	827486576 <b>Rahu</b> 3:48PM – 4:59PM	Vanija Until 6:16PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 6:55AM Mon	Pausha-Markali	<b>Sivaloka Day</b>		
Until 12:53AM Mon Then Routine Work - Marana Yoga							

3	<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 260 Subhakrit 5124
	Mesha Rasi: 29.17	Tithi 11 – 12	<b>Gulika</b> 1:25PM – 2:37PM	<b>Krittika</b> Until 2:47AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
	<b>Family Home Evening</b>		Yama 11:01AM – 12:13PM	Sadhya Until 5:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36 - 25
	Routine Work	Marana Yoga	827486576 <b>Rahu</b> 8:38AM – 9:50AM	Bava Until 7:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 6:55AM	Pausha-Markali	<b>Sivaloka Day</b>	
Until 2:47AM Tue Then Creative Work - Amrita Yoga							

4	<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 261 Subhakrit 5124
	Vrishabha Rasi: 11.32	Tithi 12 – 13	<b>Gulika</b> 12:14PM – 1:26PM	<b>Rohini</b> Until 5:21AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
			Yama 9:50AM – 11:02AM	Subha Until 5:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 - 26
	Creative Work	Amrita Yoga	837586576 <b>Rahu</b> 2:37PM – 3:49PM	Kaulava Until 9:35PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 8:36AM	Pausha-Markali	<b>Sivaloka Day</b>		
Until 5:21AM Wed Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5	<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 262 Subhakrit 5124
	Vrishabha Rasi: 23.38	Tithi 13 – 14	<b>Gulika</b> 11:02AM – 12:14PM	<b>Mrigashira</b> Until 7:59AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
			Yama 8:38AM – 9:50AM	Sukla Until 6:05PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36 - 27
	Creative Work	Siddha Yoga	838586576 <b>Rahu</b> 12:14PM – 1:26PM	Gara Until 11:43PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 10:36AM	Pausha-Markali	<b>Devaloka Day</b>		
Until 7:59AM Thu Then Routine Work - Marana Yoga							

○	<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 263 Subhakrit 5124
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:51AM – 11:03AM	<b>Mrigashira</b> Until 7:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
	Mithuna Rasi: 5.4	Tithi 14 – 15	Yama 7:26AM – 8:38AM	Brahma Until 6:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 36 - Purnima
	Routine Work	Marana Yoga	838586576 <b>Rahu</b> 1:27PM – 2:39PM	Visti Until 2:01AM Fri	<b>Nataraja:</b> Clear		
			<b>Subramuniyaswami Jayanti</b> <b>Ardra Darshanam</b>	<b>Chaturdashi*</b> Until 12:50PM	Pausha-Markali	<b>Devaloka Day</b>	

○	<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 264 Subhakrit 5124
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:39AM – 9:51AM	<b>Ardra</b> Until 10:36AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
	Mithuna Rasi: 17.37	Tithi 15 – 16	Yama 2:39PM – 3:52PM	Indra Until 7:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36 - Prathama
	Creative Work	Siddha Yoga	838586576 <b>Rahu</b> 11:03AM – 12:15PM	Balava Until 4:26AM Sat	<b>Nataraja:</b> Clear		
			<b>Purnima*</b> Until 3:12PM	Pausha-Markali	<b>Devaloka Day</b>		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Mithuna Rasi: 29.32    Tithi 16 – 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 7:26AM – 8:39AM  
**Yama** 1:28PM – 2:40PM  
**Rahu** 9:51AM – 11:03AM  
**Punarvasu** Until 1:38PM  
Vaidhriti\* Until 8:10PM  
Taitila Until 6:55AM Sun  
Prathama\* Until 5:39PM

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Purple    *Sunset:* 5:05PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

Sivaloka Day

St. Helena, CA  
Sutra 265  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

1

Sunday, January 8, 2023

Kataka Rasi: 11.26    Tithi 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:41PM – 3:53PM  
**Yama** 12:16PM – 1:28PM  
**Rahu** 3:53PM – 5:06PM  
**Pushya** Until 4:33PM  
Vishkambha\* Until 8:57PM  
Taitila Until 6:55AM  
Dvitiya Until 8:09PM

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Purple    *Sunset:* 5:06PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

Sivaloka Day

St. Helena, CA  
Sun 1    Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

2

Monday, January 9, 2023

Kataka Rasi: 23.19    Tithi 18

848586576

Creative Work    Siddha Yoga

Until 7:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:29PM – 2:41PM  
**Yama** 11:04AM – 12:16PM  
**Rahu** 8:39AM – 9:51AM  
**Ashlesha\*** Until 7:17PM  
Priti Until 9:45PM  
Vanija Until 9:25AM  
Tritiya Until 10:37PM

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Purple    *Sunset:* 5:06PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

Sivaloka Day

St. Helena, CA  
Sun 2    Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

3

Tuesday, January 10, 2023

Simha Rasi: 5.14    Tithi 19

859586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 12:17PM – 1:29PM  
**Yama** 9:51AM – 11:04AM  
**Rahu** 2:42PM – 3:55PM  
**Magha\*** Until 10:16PM  
Ayushman Until 10:26PM  
Bava Until 11:51AM  
Chaturthi\* Until 12:59AM Wed

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Purple    *Sunset:* 5:07PM  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

Sivaloka Day

St. Helena, CA  
Sun 3    Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

4

Wednesday, January 11, 2023

Simha Rasi: 17.11    Tithi 20

859586576

Creative Work    Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:04AM – 12:17PM  
**Yama** 8:39AM – 9:52AM  
**Rahu** 12:17PM – 1:30PM  
**Purvaphalguni** Until 12:51AM Thu  
Saubhagya Until 10:58PM  
Kaulava Until 2:07PM  
Panchami Until 3:07AM Thu

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Purple    *Sunset:* 5:08PM  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

Sivaloka Day

St. Helena, CA  
Sun 4    Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

5

Thursday, January 12, 2023

Simha Rasi: 29.15    Tithi 21

859586576

Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 9:52AM – 11:05AM  
**Yama** 7:26AM – 8:39AM  
**Rahu** 1:31PM – 2:44PM  
**Uttaraphalguni** Until 2:55AM Fri  
Sobhana Until 11:13PM  
Gara Until 4:03PM  
Shashthi\* Until 4:50AM Fri

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Purple    *Sunset:* 5:09PM  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

Sivaloka Day

St. Helena, CA  
Sun 5    Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

6

Friday, January 13, 2023

Kanya Rasi: 11.29    Tithi 22

869586576

Creative Work    Amrita Yoga

Until 4:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:39AM – 9:52AM  
**Yama** 2:44PM – 3:57PM  
**Rahu** 11:05AM – 12:18PM  
**Hasta** Until 4:46AM Sat  
Athiganda\* Until 11:03PM  
Visti Until 5:30PM  
Saptami Until 5:58AM Sat

**Ganesha:** White    *Sunrise:* 7:25AM  
**Muruqa:** Purple    *Sunset:* 5:10PM  
**Nataraja:** Clear  
Moon – Green  
Pausha-Markali

Subha Sivaloka Day

St. Helena, CA  
Sun 6    Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

☾

Saturday, January 14, 2023

Retreat Star

Kanya Rasi: 23.58    Tithi 23

869586576

Routine Work    Marana Yoga

Until 5:45AM Sun

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Balava Karana Ashtamyam Titau

**Gulika** 7:25AM – 8:38AM  
**Yama** 1:32PM – 2:45PM  
**Rahu** 9:52AM – 11:05AM  
**Chitra** Until 5:45AM Sun  
Sukarma Until 10:21PM  
Balava Until 6:17PM  
Ashtami\* Until 6:21AM Sun

**Ganesha:** White    *Sunrise:* 7:25AM  
**Muruqa:** Purple    *Sunset:* 5:13PM  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

Subha Sivaloka Day

St. Helena, CA  
Sun 7    Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 6.47    Tithi 23 – 24

869586576

Creative Work    Siddha Yoga

Until 5:46AM Mon

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:46PM – 3:59PM  
**Yama** 12:19PM – 1:32PM  
**Rahu** 3:59PM – 5:13PM  
**Svati** Until 5:46AM Mon  
Dhriti Until 9:03PM  
Taitila Until 6:15PM  
Ashtami\* Until 6:21AM

**Ganesha:** White    *Sunrise:* 7:25AM  
**Muruqa:** Purple    *Sunset:* 5:13PM  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

Subha Sivaloka Day

St. Helena, CA  
Sun 8    Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		St. Helena, CA
<b>1</b>		Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 274
Tula Rasi: 20.02	Tithi 25	<b>Gulika</b> 1:33PM – 2:46PM	<b>Vishakha</b> Until 5:15AM Tue	Subhakrit 5124
<b>Family Home Evening</b>	879586576	Yama 11:05AM – 12:19PM	Shula* Until 7:03PM	Moon 1 - Phase 38 - 9
Routine Work Marana Yoga		<b>Rahu</b> 8:38AM – 9:52AM	Vanija Until 5:23PM	2nd Phase
Until 5:15AM Tue			<b>Dashami</b> Until 4:36AM Tue	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				


<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA
<b>2</b>		Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 275
Vrischika Rasi: 3.46	Tithi 26	<b>Gulika</b> 12:19PM – 1:33PM	<b>Anuradha</b> Until 3:48AM Wed	Subhakrit 5124
	879586576	Yama 9:52AM – 11:06AM	Ganda* Until 4:24PM	Moon 1 - Phase 38 - 10
Creative Work Siddha Yoga		<b>Rahu</b> 2:47PM – 4:01PM	Bava Until 3:40PM	2nd Phase
			<b>Ekadashi*</b> Until 2:30AM Wed	<b>Sivaloka Day</b>

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		St. Helena, CA
<b>3</b>		Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 276
Vrischika Rasi: 17.58	Tithi 27	<b>Gulika</b> 11:06AM – 12:20PM	<b>Jyeshtha*</b> Until 1:33AM Thu	Subhakrit 5124
	871586576	Yama 8:38AM – 9:52AM	Vridhi Until 1:11PM	Moon 1 - Phase 38 - 11
Creative Work Siddha Yoga		<b>Rahu</b> 12:20PM – 1:34PM	Kaulava Until 1:13PM	2nd Phase
			<b>Dvadashi*</b> Until 11:44PM	<b>Sivaloka Day</b>

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		St. Helena, CA
<b>4</b>		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 277
Dhanus Rasi: 2.39	Tithi 28	<b>Gulika</b> 9:52AM – 11:06AM	<b>Mula*</b> Until 11:04PM	Subhakrit 5124
	881586576	Yama 7:23AM – 8:37AM	Dhruva Until 9:26AM	Moon 1 - Phase 38 - 12
Creative Work Siddha Yoga		<b>Rahu</b> 1:34PM – 2:48PM	Gara Until 10:09AM	2nd Phase
			<b>Trayodashi*</b> Until 8:25PM	<b>Sivaloka Day</b>

*Pradosha Vrata (Fasting)*

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Helena, CA
<b>5</b>		Purvashadha* Nakshatra Harshana Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 278
Dhanus Rasi: 17.42	Tithi 29 – 30	<b>Gulika</b> 8:37AM – 9:52AM	<b>Purvashadha*</b> Until 8:06PM	Subhakrit 5124
	881586576	Yama 2:49PM – 4:04PM	Harshana Until 1:01AM Sat	Moon 1 - Phase 38 - 13
Routine Work Prabalarishta Yoga		<b>Rahu</b> 11:06AM – 12:20PM	Visti Until 6:38AM	2nd Phase
Until 8:06PM			<b>Chaturdashi*</b> Until 4:44PM	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA
	<b>Retreat Star</b>	Uttarashadha/Shravana Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 279
Makara Rasi: 2.58	Tithi 30 – 1	<b>Gulika</b> 7:22AM – 8:37AM	<b>Uttarashadha</b> Until 4:51PM	Subhakrit 5124
	881586576	Yama 1:35PM – 2:50PM	Vajra* Until 8:34PM	Moon 1 - Phase 38 - 14
Routine Work Marana Yoga		<b>Rahu</b> 9:51AM – 11:06AM	Kintughna Until 10:57PM	Amavasya
Until 4:51PM			<b>Amavasya*</b> Until 12:53PM	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA
<b>Retreat Star</b>		Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 280
Makara Rasi: 18.18	Tithi 1 – 2	<b>Gulika</b> 2:51PM – 4:05PM	<b>Shravana</b> Until 1:53PM	Subhakrit 5124
	891586576	Yama 12:21PM – 1:36PM	Siddhi Until 4:11PM	Moon 1 - Phase 38 - 15
Creative Work Amrita Yoga		<b>Rahu</b> 4:05PM – 5:20PM	Balava Until 7:09PM	Prathama
Until 1:53PM			<b>Prathama*</b> Until 9:01AM	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

11 times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>	<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
	Kumbha Rasi: 3.31	Tithi 3	Gulika 1:36PM – 2:51PM	Dhanishtha Until 11:00AM	Ganesha: Yellow	Sunrise: 7:21AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Yama 11:06AM – 12:21PM	Vyatipata* Until 12:01PM	Muruqa: Purple	Sunset: 5:21PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 8:36AM – 9:51AM	Taitila Until 3:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16 3rd Phase
			Tritiya Until 1:59AM Tue	Magha*Thai	<b>Sivaloka Day</b>		

<b>2</b>	<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				St. Helena, CA
	Kumbha Rasi: 18.26	Tithi 4	Gulika 12:21PM – 1:37PM	Shatabhishak Until 8:24AM	Ganesha: Red	Sunrise: 7:21AM	Sun 17 Sutra 282
	Routine Work Marana Yoga	991586576	Yama 9:51AM – 11:06AM	Varyayan Until 8:09AM	Muruqa: Purple	Sunset: 5:22PM	Subhakrit 5124
			Rahu 2:52PM – 4:07PM	Vanija Until 12:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			Chaturthi* Until 11:09PM	Magha*Thai	<b>Sivaloka Day</b>		

<b>3</b>	<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
	Meena Rasi: 2.57	Tithi 5	Gulika 11:06AM – 12:22PM	Purvaproshtapada* Until 6:38AM	Ganesha: Blue	Sunrise: 7:20AM	Sun 18 Sutra 283
	Creative Work Amrita Yoga	911586576	Yama 8:35AM – 9:51AM	Shiva Until 1:59AM Thu	Muruqa: Purple	Sunset: 5:23PM	Subhakrit 5124
	Until 6:38AM		Rahu 12:22PM – 1:37PM	Bava Until 10:01AM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			Panchami Until 9:01PM	Magha*Thai	<b>Subha Sivaloka Day</b>		

<b>4</b>	<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
	Meena Rasi: 16.58	Tithi 6	Gulika 9:51AM – 11:06AM	Revati Until 4:55AM Fri	Ganesha: Blue	Sunrise: 7:19AM	Sun 19 Sutra 284
	Creative Work Siddha Yoga	911586576	Yama 7:19AM – 8:35AM	Siddha Until 11:48PM	Muruqa: Purple	Sunset: 5:25PM	Subhakrit 5124
	Until 4:55AM Fri		Rahu 1:38PM – 2:53PM	Kaulava Until 8:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			Shashthi* Until 7:40PM	Magha*Thai	<b>Subha Sivaloka Day</b>		

<b>5</b>	<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA
	Mesha Rasi: 0.3	Tithi 7	Gulika 8:34AM – 9:50AM	Ashvini Until 5:32AM Sat	Ganesha: Yellow	Sunrise: 7:19AM	Sun 20 Sutra 285
	Creative Work Amrita Yoga	921586576	Yama 2:54PM – 4:10PM	Sadhya Until 10:20PM	Muruqa: Purple	Sunset: 5:26PM	Subhakrit 5124
	Until 5:32AM Sat		Rahu 11:06AM – 12:22PM	Gara Until 7:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			Saptami Until 7:11PM	Magha*Thai	<b>Sivaloka Day</b>		

<b>☾</b>	<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				St. Helena, CA		
	<b>Retreat Star</b>		Mesha Rasi: 13.34	Tithi 8	Gulika 7:18AM – 8:34AM	Bharani Until 6:48AM Sun	Ganesha: White	Sunrise: 7:18AM	Sun 21 Sutra 286
	Creative Work Siddha Yoga	921686576	Yama 1:38PM – 2:55PM	Subha Until 9:31PM	Muruqa: Purple	Sunset: 5:27PM	Subhakrit 5124		
			Rahu 9:50AM – 11:06AM	Visti Until 7:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 Ashtami		
			Ashtami* Until 7:34PM	Magha*Thai	<b>Devaloka Day</b>				

<b>☽</b>	<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA		
	<b>Retreat Star</b>		Mesha Rasi: 26.14	Tithi 9	Gulika 2:55PM – 4:12PM	Bharani Until 6:48AM	Ganesha: Yellow	Sunrise: 7:17AM	Sun 22 Sutra 287
	Routine Work Prabalarishta Yoga	922686576	Yama 12:22PM – 1:39PM	Sukla Until 9:16PM	Muruqa: Purple	Sunset: 5:28PM	Subhakrit 5124		
	Until 6:48AM		Rahu 4:12PM – 5:28PM	Balava Until 8:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Navami		
			Navami* Until 8:42PM	Magha*Thai	<b>Sivaloka Day</b>				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda


<b>1</b>	<b>Monday, January 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
			Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 288
Vrishabha Rasi: 8.35	Tithi 10	<b>Gulika</b> 1:39PM – 2:56PM	<b>Krittika</b> <b>Until 8:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:16AM	Subhakrit 5124	
<b>Family Home Evening</b>	922686576	Yama 11:06AM – 12:23PM	Brahma <b>Until 9:28PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40 - 23	
Routine Work Marana Yoga		<b>Rahu</b> 8:33AM – 9:49AM	Taitila <b>Until 9:32AM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 8:35AM			<b>Dashami</b> <b>Until 10:27PM</b>	Moon – White		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Magha-Thai			


<b>2</b>	<b>Tuesday, January 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
			Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 289
Vrishabha Rasi: 20.43	Tithi 11	<b>Gulika</b> 12:23PM – 1:40PM	<b>Rohini</b> <b>Until 11:11AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM	Subhakrit 5124	
	932686576	Yama 9:49AM – 11:06AM	Indra <b>Until 10:01PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40 - 24	
Creative Work Amrita Yoga		<b>Rahu</b> 2:57PM – 4:13PM	Vanija <b>Until 11:31AM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 11:11AM			<b>Ekadashi</b> <b>Until 12:37AM Wed</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Magha-Thai			

<b>3</b>	<b>Wednesday, February 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
			Mrigashira/Ardra Nakshatra Vaidhrili* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 290
Mithuna Rasi: 2.43	Tithi 12	<b>Gulika</b> 11:06AM – 12:23PM	<b>Mrigashira</b> <b>Until 1:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM	Subhakrit 5124	
	932686576	Yama 8:32AM – 9:49AM	Vaidhrili* <b>Until 10:43PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40 - 25	
Creative Work Siddha Yoga		<b>Rahu</b> 12:23PM – 1:40PM	Bava <b>Until 1:50PM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dvadashi</b> <b>Until 3:02AM Thu</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				Magha-Thai			

<b>4</b>	<b>Thursday, February 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
			Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 291
Mithuna Rasi: 14.37	Tithi 13	<b>Gulika</b> 9:49AM – 11:06AM	<b>Ardra</b> <b>Until 4:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM	Subhakrit 5124	
	932686576	Yama 7:15AM – 8:32AM	Vishkambha* <b>Until 11:32PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 40 - 26	
Routine Work Marana Yoga		<b>Rahu</b> 1:40PM – 2:57PM	Kaulava <b>Until 4:18PM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 4:40PM			<b>Trayodashi</b> <b>Until 5:32AM Fri</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Magha-Thai			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, February 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
			Punarvasu Nakshatra Priti Yoga Gara Karana Chaturdashyam Titau				Sun 27 Sutra 292
Mithuna Rasi: 26.3	Tithi 14	<b>Gulika</b> 8:31AM – 9:48AM	<b>Punarvasu</b> <b>Until 7:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:14AM	Subhakrit 5124	
	942686577	Yama 2:58PM – 4:15PM	Priti <b>Until 12:22AM Sat</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40 - 27	
Creative Work Siddha Yoga		<b>Rahu</b> 11:06AM – 12:23PM	Gara <b>Until 6:49PM</b>	<b>Nataraja:</b> Orange		4th Phase	
Until 7:47PM			<b>Chaturdashi*</b> <b>Until 8:02AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				Magha-Thai			

	<b>Saturday, February 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				St. Helena, CA
	<b>Copper Retreat Star</b>		Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 293
Kataka Rasi: 8.23	Tithi 14 – 15	<b>Gulika</b> 7:13AM – 8:30AM	<b>Pushya</b> <b>Until 10:41PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:13AM	Subhakrit 5124	
	942686577	Yama 1:41PM – 2:58PM	Ayushman <b>Until 1:08AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 40 - Purnima	
Creative Work Siddha Yoga		<b>Rahu</b> 9:48AM – 11:06AM	Visti <b>Until 9:17PM</b>	<b>Nataraja:</b> Orange			
Until 10:41PM			<b>Chaturdashi*</b> <b>Until 8:02AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Thai Pusam</b>		Magha-Thai			

	<b>Sunday, February 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
	<b>Silver Retreat Star</b>		Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 294
Kataka Rasi: 20.17	Tithi 15 – 16	<b>Gulika</b> 2:59PM – 4:17PM	<b>Ashlesha*</b> <b>Until 1:19AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:12AM	Subhakrit 5124	
	942686577	Yama 12:23PM – 1:41PM	Saubhagya <b>Until 1:50AM Mon</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 40 - Prathama	
Creative Work Siddha Yoga		<b>Rahu</b> 4:17PM – 5:35PM	Balava <b>Until 11:39PM</b>	<b>Nataraja:</b> Orange			
Until 1:19AM Mon			<b>Purnima*</b> <b>Until 10:27AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				Magha-Thai			





Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 2.14 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 4:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:42PM - 3:00PM

Yama 11:05AM - 12:23PM

Rahu 8:29AM - 9:47AM

Magha\* Until 4:10AM Tue

Sobhana Until 2:27AM Tue

Taitila Until 1:54AM Tue

Prathama\* Until 12:46PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red  
Magha\*Thai

Sunrise: 7:11AM

Sunset: 5:36PM

St. Helena, CA

Sutra 295

Subhakrit 5124

Moon 2 - Phase 41 -

1st Phase

Subha Sivaloka Day

1

Tuesday, February 7, 2023

Simha Rasi: 14.14 Tithi 17 - 18

Creative Work Siddha Yoga

Until 6:40AM Wed

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:23PM - 1:42PM

Yama 9:47AM - 11:05AM

Rahu 3:00PM - 4:19PM

Purvaphalguni Until 6:40AM Wed

Athiganda\* Until 2:54AM Wed

Vanija Until 3:57AM Wed

Dvitiya Until 2:55PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red  
Magha\*Thai

Sunrise: 7:10AM

Sunset: 5:37PM

St. Helena, CA

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

Subha Sivaloka Day

2

Wednesday, February 8, 2023

Simha Rasi: 26.19 Tithi 18 - 19

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarna Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:05AM - 12:24PM

Yama 8:28AM - 9:46AM

Rahu 12:24PM - 1:42PM

Purvaphalguni Until 6:40AM

Sukarna Until 3:11AM Thu

Bava Until 5:44AM Thu

Tritiya Until 4:52PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red  
Magha\*Thai

Sunrise: 7:09AM

Sunset: 5:38PM

St. Helena, CA

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

Subha Sivaloka Day

3

Thursday, February 9, 2023

Kanya Rasi: 8.3 Tithi 19

Amrita Yoga

Until 8:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Balava Karana Chaturthyam Titau

Gulika 9:46AM - 11:05AM

Yama 7:08AM - 8:27AM

Rahu 1:43PM - 3:01PM

Uttaraphalguni Until 8:45AM

Dhriti Until 3:13AM Fri

Balava Until 6:29PM

Chaturthi\* Until 6:29PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red  
Magha\*Thai

Sunrise: 7:08AM

Sunset: 5:39PM

St. Helena, CA

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

Subha Sivaloka Day

4

Friday, February 10, 2023

Kanya Rasi: 20.5 Tithi 20

Creative Work Amrita Yoga

Until 10:48AM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:26AM - 9:45AM

Yama 3:02PM - 4:21PM

Rahu 11:04AM - 12:24PM

Hasta Until 10:48AM

Shula\* Until 2:52AM Sat

Kaulava Until 7:11AM

Panchami Until 7:42PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Green  
Magha\*Thai

Sunrise: 7:07AM

Sunset: 5:40PM

St. Helena, CA

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

Sivaloka Day

5

Saturday, February 11, 2023

Tula Rasi: 3.22 Tithi 21

Routine Work Marana Yoga

Until 12:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:06AM - 8:25AM

Yama 1:43PM - 3:03PM

Rahu 9:45AM - 11:04AM

Chitra Until 12:13PM

Ganda\* Until 2:06AM Sun

Gara Until 8:08AM

Shashthi\* Until 8:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green  
Magha\*Thai

Sunrise: 7:06AM

Sunset: 5:42PM

St. Helena, CA

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

Devaloka Day

6

Sunday, February 12, 2023

Tula Rasi: 16.11 Tithi 22

Creative Work Siddha Yoga

Until 12:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 3:03PM - 4:23PM

Yama 12:24PM - 1:43PM

Rahu 4:23PM - 5:43PM

Svati Until 12:52PM

Vridhhi Until 12:49AM Mon

Visti Until 8:29AM

Saptami Until 8:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green  
Magha-Masi

Sunrise: 7:05AM

Sunset: 5:43PM

St. Helena, CA

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 29.2 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 1:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:44PM - 3:04PM

Yama 11:04AM - 12:24PM

Rahu 8:24AM - 9:44AM

Vishakha Until 1:08PM

Dhruva Until 10:56PM

Balava Until 8:07AM

Ashtami\* Until 7:39PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange  
Magha-Masi

Sunrise: 7:04AM

Sunset: 5:44PM

St. Helena, CA

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 12.53 Tithi 24

Creative Work Siddha Yoga

Until 12:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:24PM - 1:44PM

Yama 9:43AM - 11:03AM

Rahu 3:04PM - 4:25PM

Anuradha Until 12:32PM

Vyaghata\* Until 8:29PM

Taitila Until 7:02AM

Navami\* Until 6:11PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange  
Magha-Masi

Sunrise: 7:02AM

Sunset: 5:45PM

St. Helena, CA

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

all times are standard time. Calculated for St. Helena, CA on 4/26/2

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1	<b>Wednesday, February 15, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Vrischika Rasi: 26.53	Tithi 25 – 26	973686577	Gulika 11:03AM – 12:24PM Yama 8:22AM – 9:42AM Rahu 12:24PM – 1:44PM	Jyeshtha* Until 11:05AM Harshana Until 5:29PM Bava Until 2:44AM Thu Dashami Until 4:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha*Masi	Sun 9 Sutra 304 Subhakrit 5124 Moon 2 - Phase 42 - 9 2nd Phase
	Creative Work Siddha Yoga						Sunrise: 7:01AM Sunset: 5:46PM
	Until 11:05AM Then Routine Work - Marana Yoga						Sivaloka Day

2	<b>Thursday, February 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Dhanus Rasi: 11.18	Tithi 26 – 27	983686577	Gulika 9:42AM – 11:03AM Yama 7:00AM – 8:21AM Rahu 1:44PM – 3:05PM	Mula* Until 9:18AM Vajra* Until 1:59PM Kaulava Until 11:43PM Ekadashi* Until 1:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha*Masi	Sun 10 Sutra 305 Subhakrit 5124 Moon 2 - Phase 42 - 10 2nd Phase
	Creative Work Siddha Yoga						Sunrise: 7:00AM Sunset: 5:47PM
	Until 11:05AM Then Routine Work - Marana Yoga						Devaloka Day

3	<b>Friday, February 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Dhanus Rasi: 26.06	Tithi 27 – 28	983686577	Gulika 8:20AM – 9:41AM Yama 3:06PM – 4:27PM Rahu 11:02AM – 12:24PM	Purvashadha* Until 6:53AM Siddhi Until 10:08AM Gara Until 8:19PM Dvadashi* Until 10:02AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha*Masi	Sun 11 Sutra 306 Subhakrit 5124 Moon 2 - Phase 42 - 11 2nd Phase
	Routine Work Prabalarishta Yoga						Sunrise: 6:59AM Sunset: 5:48PM
	Until 6:53AM Then Routine Work - Marana Yoga						Devaloka Day <i>Pradosha Vrata (Fasting)</i>

4	<b>Saturday, February 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Makara Rasi: 11.1	Tithi 28 – 29	993686577	Gulika 6:58AM – 8:19AM Yama 1:45PM – 3:06PM Rahu 9:41AM – 11:02AM	Shravana Until 1:11AM Sun Vyatipata* Until 6:01AM Sakuni Until 2:47AM Sun Trayodashi* Until 6:29AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha*Masi	Sun 12 Sutra 307 Subhakrit 5124 Moon 2 - Phase 42 - 12 2nd Phase
	Creative Work Siddha Yoga						Sunrise: 6:58AM Sunset: 5:49PM
	Until 1:11AM Sun Then Routine Work - Marana Yoga						Devaloka Day

●	<b>Sunday, February 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA		
	<b>Retreat Star</b>		Makara Rasi: 26.22	Tithi 30	993686577	Gulika 3:07PM – 4:29PM Yama 12:23PM – 1:45PM Rahu 4:29PM – 5:50PM	Dhanishtha Until 10:16PM Parigha* Until 9:31PM Catuspada Until 12:57PM Amavasya* Until 11:07PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha*Masi	Sun 13 Sutra 308 Subhakrit 5124 Moon 2 - Phase 42 - 13 Amavasya
	Routine Work Marana Yoga						Sunrise: 6:56AM Sunset: 5:50PM		
	Until 10:16PM Then Creative Work - Siddha Yoga						Devaloka Day		

●	<b>Monday, February 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA		
	<b>Retreat Star</b>		Kumbha Rasi: 11.32	Tithi 1	993686577	Gulika 1:45PM – 3:07PM Yama 11:01AM – 12:23PM Rahu 8:17AM – 9:39AM	Shatabhishak Until 7:23PM Shiva Until 5:27PM Kintughna Until 9:21AM Prathama* Until 7:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sun 14 Sutra 309 Subhakrit 5124 Moon 2 - Phase 42 - 14 Prathama
	Creative Work Siddha Yoga						Sunrise: 6:55AM Sunset: 5:51PM		
	Until 7:23PM Then Routine Work - Marana Yoga						Devaloka Day		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>	<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Dvilya/Tritiyayam Titau				St. Helena, CA
	Kumbha Rasi: 26.29	Tithi 2 – 3	<b>Gulika</b> 12:23PM – 1:46PM	<b>Purvaprosarthapada* Until 5:10PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM	Sun 15 Sutra 310
			Yama 9:39AM – 11:01AM	Siddha Until 1:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Subhakrit 5124
		913686577	<b>Rahu</b> 3:08PM – 4:30PM	Balava Until 6:02AM	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 15 3rd Phase
Routine Work Marana Yoga				Moon – Clear		<b>Sivaloka Day</b>	
Until 5:10PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				St. Helena, CA
	Meena Rasi: 11.05	Tithi 3 – 4	<b>Gulika</b> 11:00AM – 12:23PM	<b>Uttaraprosarthapada Until 3:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM	Sun 16 Sutra 311
			Yama 8:15AM – 9:38AM	Sadhya Until 10:16AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Subhakrit 5124
		913786577	<b>Rahu</b> 12:23PM – 1:46PM	Vanija Until 12:57AM Thu	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 16 3rd Phase
Creative Work Siddha Yoga				Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 3:21PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Meena Rasi: 25.14	Tithi 4 – 5	<b>Gulika</b> 9:37AM – 11:00AM	<b>Revati Until 2:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:51AM	Sun 17 Sutra 312
			Yama 6:51AM – 8:14AM	Subha Until 7:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Subhakrit 5124
		913786577	<b>Rahu</b> 1:46PM – 3:09PM	Bava Until 11:28PM	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 17 3rd Phase
Creative Work Siddha Yoga				Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 2:05PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

<b>4</b>	<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA
	Mesha Rasi: 8.55	Tithi 5 – 6	<b>Gulika</b> 8:13AM – 9:36AM	<b>Ashvini Until 1:55PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:50AM	Sun 18 Sutra 313
			Yama 3:09PM – 4:33PM	Brahma Until 3:44AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Subhakrit 5124
		923786577	<b>Rahu</b> 11:00AM – 12:23PM	Kaulava Until 10:51PM	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 18 3rd Phase
Creative Work Amrita Yoga				Moon – White		<b>Sivaloka Day</b>	
Until 1:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Mesha Rasi: 22.07	Tithi 6 – 7	<b>Gulika</b> 6:49AM – 8:12AM	<b>Bharani Until 2:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:49AM	Sun 19 Sutra 314
			Yama 1:46PM – 3:10PM	Indra Until 2:55AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Subhakrit 5124
		924786577	<b>Rahu</b> 9:36AM – 10:59AM	Gara Until 11:05PM	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 19 3rd Phase
Creative Work Siddha Yoga				Moon – White		<b>Devaloka Day</b>	
Until 2:27PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

<b>☾</b>	<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashatamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 3:10PM – 4:34PM	<b>Krittika Until 3:39PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:47AM	Sun 20 Sutra 315
	Vrishabha Rasi: 4.53	Tithi 7 – 8	Yama 12:23PM – 1:46PM	Vaidhriti* Until 2:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Subhakrit 5124
		924786577	<b>Rahu</b> 4:34PM – 5:58PM	Visti Until 12:09AM Mon	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 20 Ashtami
Creative Work Siddha Yoga				Moon – White		<b>Devaloka Day</b>	
				Phalguna-Masi			

<b>☽</b>	<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b> 1:46PM – 3:11PM	<b>Rohini Until 5:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:46AM	Sun 21 Sutra 316
	Vrishabha Rasi: 17.17	Tithi 8 – 9	Yama 10:58AM – 12:22PM	Vishkambha* Until 2:57AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Subhakrit 5124
	<b>Family Home Evening</b>	934786577	<b>Rahu</b> 8:10AM – 9:34AM	Balava Until 1:52AM Tue	<b>Nataraja:</b> Orange		Moon 2 - Phase 43 - 21 Navami
Creative Work Amrita Yoga				Moon – Yellow		<b>Sivaloka Day</b>	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>	<b>Tuesday, February 28, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
	Mithuna Rasi: 29.27    Tithi 9 – 10		Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22    Sutra 317
	934786577	<b>Gulika</b>	12:22PM – 1:47PM	<b>Mrigashira Until 8:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:44AM	Subhakit 5124
		<b>Yama</b>	9:33AM – 10:58AM	Priti Until 3:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44 - 22
Creative Work    Siddha Yoga		<b>Rahu</b>	3:11PM – 4:35PM	Taitila Until 4:04AM Wed	<b>Nataraja:</b> Orange	4th Phase	
Until 8:24PM		<b>Navami* Until 2:54PM</b>				<b>Phalguna-Masi</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Wednesday, March 1, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
	Mithuna Rasi: 11.26    Tithi 10 – 11		Ardra Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23    Sutra 318
	934786577	<b>Gulika</b>	10:57AM – 12:22PM	<b>Ardra Until 11:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM	Subhakit 5124
		<b>Yama</b>	8:07AM – 9:32AM	Ayushman Until 4:22AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44 - 23
Creative Work    Siddha Yoga		<b>Rahu</b>	12:22PM – 1:47PM	Vanija Until 6:31AM Thu	<b>Nataraja:</b> Orange	4th Phase	
		<b>Dashami Until 5:15PM</b>				<b>Phalguna-Masi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, March 2, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
	Mithuna Rasi: 23.19    Tithi 11		Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24    Sutra 319
	944786577	<b>Gulika</b>	9:31AM – 10:56AM	<b>Punarvasu Until 2:14AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	Subhakit 5124
		<b>Yama</b>	6:40AM – 8:06AM	Saubhagya Until 5:14AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 44 - 24
Creative Work    Amrita Yoga		<b>Rahu</b>	1:47PM – 3:12PM	Vanija Until 6:31AM	<b>Nataraja:</b> Orange	4th Phase	
Until 2:14AM Fri		<b>Ekadashi Until 7:45PM</b>				<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Friday, March 3, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Kataka Rasi: 5.11    Tithi 12		Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25    Sutra 320
	944786577	<b>Gulika</b>	8:04AM – 9:30AM	<b>Pushya Until 5:10AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Subhakit 5124
		<b>Yama</b>	3:13PM – 4:38PM	Sobhana Until 6:05AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44 - 25
Routine Work    Marana Yoga		<b>Rahu</b>	10:56AM – 12:21PM	Bava Until 9:02AM	<b>Nataraja:</b> Orange	4th Phase	
		<b>Dvadashi Until 10:15PM</b>				<b>Phalguna-Masi</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, March 4, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
	Kataka Rasi: 17.04    Tithi 13		Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26    Sutra 321
	944786577	<b>Gulika</b>	6:37AM – 8:03AM	<b>Ashlesha* Until 7:47AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Subhakit 5124
		<b>Yama</b>	1:47PM – 3:13PM	Sobhana Until 6:05AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44 - 26
Routine Work    Marana Yoga		<b>Rahu</b>	9:29AM – 10:55AM	Kaulava Until 11:28AM	<b>Nataraja:</b> Orange	4th Phase	
		<b>Trayodashi Until 12:37AM Sun</b>				<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
		<i>Pradosha Vrata</i>					

<b>6</b>	<b>Sunday, March 5, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
	Kataka Rasi: 29.01    Tithi 14		Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27    Sutra 322
	144786577	<b>Gulika</b>	3:14PM – 4:40PM	<b>Ashlesha* Until 7:47AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM	Subhakit 5124
		<b>Yama</b>	12:21PM – 1:47PM	Athiganda* Until 6:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44 - 27
Creative Work    Siddha Yoga		<b>Rahu</b>	4:40PM – 6:06PM	Gara Until 1:44PM	<b>Nataraja:</b> Orange	4th Phase	
Until 7:47AM		<b>Chaturdashi* Until 2:45AM Mon</b>				<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>					

<b>○</b>	<b>Monday, March 6, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
	<b>Copper Retreat Star</b>		Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 323
	Simha Rasi: 11.02    Tithi 15		Magha* Until 10:31AM				Subhakit 5124
	154786577	<b>Gulika</b>	1:47PM – 3:14PM	Sukarma Until 7:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	Subhakit 5124
<b>Yama</b>		10:54AM – 12:21PM	Visti Until 3:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44 - Purnima	
Family Home Evening		<b>Rahu</b>	8:01AM – 9:28AM		<b>Nataraja:</b> Orange		
Routine Work    Marana Yoga		<b>Purnima* Until 4:38AM Tue</b>				<b>Phalguna-Masi</b>	<b>Sivaloka Day</b>
Until 10:31AM		<b>Holi</b>					
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Tuesday, March 7, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				St. Helena, CA
	<b>Silver Retreat Star</b>		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 324
	Simha Rasi: 23.11    Tithi 16		Purvaphalguni Until 12:48PM				Subhakit 5124
	154786577	<b>Gulika</b>	12:21PM – 1:47PM	Dhriti Until 7:40AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	Subhakit 5124
<b>Yama</b>		9:27AM – 10:54AM	Balava Until 5:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 44 - Prathama	
Creative Work    Siddha Yoga		<b>Rahu</b>	3:14PM – 4:41PM		<b>Nataraja:</b> Orange		
Until 12:48PM		<b>Prathama* Until 6:11AM Wed</b>				<b>Phalguna-Masi</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 325

Subhakrit 5124

Kanya Rasi: 5.28 Tithi 16 - 17

154786577

**Gulika** 10:53AM - 12:20PM  
Yama 7:59AM - 9:26AM  
**Rahu** 12:20PM - 1:47PM

**Uttaraphalguni** Until 2:37PM

Shula\* Until 7:44AM

Taitila Until 6:52PM

Prathama\* Until 6:11AM

**Ganesha:** Clear

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Red

Phalguna-Masi

Sunrise: 6:31AM

Sunset: 6:09PM

**Sivaloka Day**

Moon 3 - Phase 45 -

1st Phase

Creative Work Amrita Yoga

Until 2:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 17.53 Tithi 17 - 18

164786577

**Gulika** 9:25AM - 10:53AM  
Yama 6:30AM - 7:58AM  
**Rahu** 1:48PM - 3:15PM

**Hasta** Until 4:25PM

Ganda\* Until 7:34AM

Vanija Until 7:53PM

Dvitiya Until 7:24AM

**Ganesha:** White

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

Sunrise: 6:30AM

Sunset: 6:10PM

**Devaloka Day**

Moon 3 - Phase 45 - 1

1st Phase

Routine Work Marana Yoga

Until 4:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

St. Helena, CA

Sun 2 Sutra 327

Subhakrit 5124

Tula Rasi: 0.28 Tithi 18 - 19

165786577

**Gulika** 7:56AM - 9:24AM  
Yama 3:15PM - 4:43PM  
**Rahu** 10:52AM - 12:20PM

**Chitra** Until 5:40PM

Vridhhi Until 7:07AM

Bava Until 8:30PM

Tritiya Until 8:13AM

**Ganesha:** Yellow

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

Sunrise: 6:29AM

Sunset: 6:11PM

**Sivaloka Day**

Moon 3 - Phase 45 - 2

1st Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Nyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 13.15 Tithi 19 - 20

165786577

**Gulika** 6:27AM - 7:55AM  
Yama 1:48PM - 3:16PM  
**Rahu** 9:23AM - 10:51AM

**Svati** Until 6:21PM

Dhruva Until 6:19AM

Kaulava Until 8:41PM

Chaturthi\* Until 8:38AM

**Ganesha:** Yellow

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

Sunrise: 6:27AM

Sunset: 6:12PM

**Sivaloka Day**

Moon 3 - Phase 45 - 3

1st Phase

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 26.15 Tithi 20 - 21

175786577

**Gulika** 3:16PM - 4:45PM  
Yama 12:19PM - 1:48PM  
**Rahu** 4:45PM - 6:13PM

**Vishakha** Until 6:52PM

Harshana Until 3:40AM Mon

Gara Until 8:23PM

Panchami Until 8:34AM

**Ganesha:** Blue

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Orange

Phalguna-Masi

Sunrise: 6:25AM

Sunset: 6:13PM

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 4

1st Phase

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 9.3 Tithi 21 - 22

175786577

**Gulika** 1:48PM - 3:16PM  
Yama 10:50AM - 12:19PM  
**Rahu** 7:53AM - 9:21AM

**Anuradha** Until 6:44PM

Vajra\* Until 1:43AM Tue

Visti Until 7:33PM

Shashthi\* Until 8:01AM

**Ganesha:** Blue

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Orange

Phalguna-Masi

Sunrise: 6:24AM

Sunset: 6:14PM

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 5

1st Phase

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 23.03 Tithi 22 - 23

175786577

**Gulika** 12:19PM - 1:48PM  
Yama 9:21AM - 10:50AM  
**Rahu** 3:17PM - 4:46PM

**Jyeshtha\*** Until 5:56PM

Siddhi Until 11:22PM

Balava Until 6:12PM

Saptami Until 6:56AM

**Ganesha:** Blue

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Orange

Phalguna-Panguni

Sunrise: 6:22AM

Sunset: 6:15PM

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 6

Ashtami

Routine Work Marana Yoga

Until 5:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 6.55 Tithi 24

185786578

**Gulika** 10:49AM - 12:18PM  
Yama 7:50AM - 9:20AM  
**Rahu** 12:18PM - 1:48PM

**Mula\*** Until 4:55PM

Vyatipata\* Until 8:37PM

Taitila Until 4:20PM

Navami\* Until 3:12AM Thu

**Ganesha:** Red

**Muruqa:** Purple

**Nataraja:** Clear

Moon - Light Blue

Phalguna-Panguni

Sunrise: 6:21AM

Sunset: 6:16PM

**Sivaloka Day**

Moon 3 - Phase 45 - 7

Navami

Routine Work Marana Yoga

Until 4:55PM

Then Creative Work - Amrita Yoga

1	<b>Thursday, March 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
	Dhanus Rasi: 21.05	Tithi 25	185786578	Sun 8	Sutra 333	Subhakrit 5124	
	Creative Work	Siddha Yoga	Gulika 9:19AM – 10:48AM	Purvashadha* Until 3:17PM	Ganesha: Red	Sunrise: 6:19AM	Moon 3 - Phase 46 - 8
	Until 3:17PM	Then Routine Work - Marana Yoga	Yama 6:19AM – 7:49AM	Variyan Until 5:28PM	Muruqa: Purple	Sunset: 6:17PM	2nd Phase
		185786578	Rahu 1:48PM – 3:17PM	Nataraja: Clear	Moon – Light Blue	Sivaloka Day	
			Dashami Until 12:39AM Fri	Phalguna•Panguni			

2	<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
	Makara Rasi: 5.33	Tithi 26	185786578	Sun 9	Sutra 334	Subhakrit 5124	
	Routine Work	Marana Yoga	Gulika 7:48AM – 9:18AM	Uttarashadha Until 1:08PM	Ganesha: Red	Sunrise: 6:18AM	Moon 3 - Phase 46 - 9
			Yama 3:18PM – 4:48PM	Parigha* Until 2:02PM	Muruqa: Purple	Sunset: 6:18PM	2nd Phase
		185786578	Rahu 10:48AM – 12:18PM	Nataraja: Clear	Moon – Light Blue	Sivaloka Day	
			Bava Until 11:16AM	Phalguna•Panguni			
			Ekadashi* Until 9:46PM				

3	<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA
	Makara Rasi: 20.15	Tithi 27	195786578	Sun 10	Sutra 335	Subhakrit 5124	
	Creative Work	Siddha Yoga	Gulika 6:16AM – 7:47AM	Shravana Until 10:59AM	Ganesha: Green	Sunrise: 6:16AM	Moon 3 - Phase 46 - 10
			Yama 1:48PM – 3:18PM	Shiva Until 10:23AM	Muruqa: Purple	Sunset: 6:19PM	2nd Phase
		195786578	Rahu 9:17AM – 10:47AM	Nataraja: Clear	Moon – Purple	Subha Sivaloka Day	
			Kaulava Until 8:15AM	Phalguna•Panguni			
			Dvadashi* Until 6:39PM				

4	<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Kumbha Rasi: 5.04	Tithi 28 – 29	196896578	Sun 11	Sutra 336	Subhakrit 5124	
	Routine Work	Marana Yoga	Gulika 3:19PM – 4:49PM	Dhanishtha Until 8:34AM	Ganesha: Green	Sunrise: 6:15AM	Moon 3 - Phase 46 - 11
	Until 8:34AM	Then Creative Work - Siddha Yoga	Yama 12:17PM – 1:48PM	Siddha Until 6:35AM	Muruqa: Clear	Sunset: 6:20PM	2nd Phase
		196896578	Rahu 4:49PM – 6:20PM	Nataraja: Clear	Moon – Purple	Sivaloka Day	
			Visti Until 1:53AM Mon	Phalguna•Panguni			
			Trayodashi* Until 3:27PM				
			<i>Pradosha Vrata (Fasting)</i>				

●	<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	<b>Retreat Star</b>		196896578	Sun 12	Sutra 337	Subhakrit 5124	
	Kumbha Rasi: 19.53	Tithi 29 – 30	Gulika 1:48PM – 3:19PM	Shatabhishak Until 6:01AM	Ganesha: Green	Sunrise: 6:13AM	Moon 3 - Phase 46 - 12
	<b>Family Home Evening</b>	Creative Work	Yama 10:46AM – 12:17PM	Subha Until 11:11PM	Muruqa: Clear	Sunset: 6:21PM	Amavasya
Until 6:01AM	Then Routine Work - Marana Yoga	196896578	Rahu 7:44AM – 9:15AM	Nataraja: Clear	Moon – Purple	Sivaloka Day	
			Catuspada Until 10:50PM	Phalguna•Panguni			
			Chaturdashi* Until 12:19PM				

●	<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	<b>Retreat Star</b>		116896578	Sun 13	Sutra 338	Subhakrit 5124	
	Meena Rasi: 4.35	Tithi 30 – 1	Gulika 12:17PM – 1:48PM	Uttaraproshtpada Until 2:01AM Wed	Ganesha: Orange	Sunrise: 6:12AM	Moon 3 - Phase 46 - 13
	Creative Work	Amrita Yoga	Yama 9:14AM – 10:45AM	Sukla Until 7:45PM	Muruqa: Clear	Sunset: 6:22PM	Prathama
Until 2:01AM Wed	Then Routine Work - Marana Yoga	116896578	Rahu 3:19PM – 4:50PM	Nataraja: Clear	Moon – Clear	Devaloka Day	
		Yugadhi	Kintughna Until 8:06PM	Chaitra•Panguni			
			Amavasya* Until 9:24AM				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>		<b>Wednesday, March 22, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 14 Sutra 339 Subhakit 5124
Meena Rasi: 19.01	Tithi 1 - 2	<b>Gulika</b> 10:45AM - 12:16PM	<b>Revati Until 12:28AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:10AM			
		Yama 7:42AM - 9:13AM	Brahma Until 4:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 47 - 14	
		116896578 <b>Rahu</b> 12:16PM - 1:48PM	Kaulava Until 4:51AM Thu	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Prathama* Until 6:52AM</b>	Moon - Clear			<b>Devaloka Day</b>	
Until 12:28AM Thu				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Thursday, March 23, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau		St. Helena, CA Sun 15 Sutra 340 Subhakit 5124
Mesha Rasi: 3.07	Tithi 3	<b>Gulika</b> 9:12AM - 10:44AM	<b>Ashvini Until 11:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM			
		Yama 6:09AM - 7:40AM	Indra Until 2:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM		Moon 3 - Phase 47 - 15	
		126896578 <b>Rahu</b> 1:48PM - 3:20PM	Taitila Until 4:06PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 3:30AM Fri</b>	Moon - White			<b>Devaloka Day</b>	
Until 11:50PM		<b>Chellappaswami Mahasamadhi</b>		Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Friday, March 24, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau		St. Helena, CA Sun 16 Sutra 341 Subhakit 5124
Mesha Rasi: 16.47	Tithi 4	<b>Gulika</b> 7:39AM - 9:11AM	<b>Bharani Until 11:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM			
		Yama 3:20PM - 4:52PM	Vaidhriti* Until 12:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM		Moon 3 - Phase 47 - 16	
		126896578 <b>Rahu</b> 10:44AM - 12:16PM	Vanija Until 3:07PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 2:54AM Sat</b>	Moon - White			<b>Devaloka Day</b>	
				Chaitra-Panguni				

<b>4</b>		<b>Saturday, March 25, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		St. Helena, CA Sun 17 Sutra 342 Subhakit 5124
Vrishabha Rasi: 0.02	Tithi 5	<b>Gulika</b> 6:06AM - 7:38AM	<b>Krittika Until 12:22AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM			
		Yama 1:48PM - 3:20PM	Vishkambha* Until 10:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM		Moon 3 - Phase 47 - 17	
		126896578 <b>Rahu</b> 9:10AM - 10:43AM	Bava Until 2:55PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami Until 3:05AM Sun</b>	Moon - White			<b>Devaloka Day</b>	
Until 12:22AM Sun				Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Sunday, March 26, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		St. Helena, CA Sun 18 Sutra 343 Subhakit 5124
Vrishabha Rasi: 12.53	Tithi 6	<b>Gulika</b> 3:21PM - 4:54PM	<b>Rohini Until 1:59AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM			
		Yama 12:15PM - 1:48PM	Priti Until 10:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM		Moon 3 - Phase 47 - 18	
		137896578 <b>Rahu</b> 4:54PM - 6:26PM	Kaulava Until 3:30PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 4:02AM Mon</b>	Moon - Yellow			<b>Devaloka Day</b>	
Until 1:59AM Mon				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Monday, March 27, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		St. Helena, CA Sun 19 Sutra 344 Subhakit 5124
Vrishabha Rasi: 25.23	Tithi 7	<b>Gulika</b> 1:48PM - 3:21PM	<b>Mrigashira Until 4:05AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM			
<b>Family Home Evening</b>		Yama 10:42AM - 12:15PM	Ayushman Until 9:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 47 - 19	
		137896578 <b>Rahu</b> 7:36AM - 9:09AM	Gara Until 4:47PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami Until 5:38AM Tue</b>	Moon - Yellow			<b>Devaloka Day</b>	
Until 4:05AM Tue				Chaitra-Panguni				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Tuesday, March 28, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Visti* Karana Ashtamyam Titau		St. Helena, CA Sun 20 Sutra 345 Subhakit 5124
Mithuna Rasi: 7.37	Tithi 8	<b>Gulika</b> 12:15PM - 1:48PM	<b>Ardra Until 6:30AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM			
		Yama 9:08AM - 10:41AM	Saubhagya Until 10:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM		Moon 3 - Phase 47 - 20	
		137896578 <b>Rahu</b> 3:21PM - 4:55PM	Visti Until 6:39PM	<b>Nataraja:</b> Clear			Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 7:42AM Wed</b>	Moon - Yellow			<b>Devaloka Day</b>	
Until 6:30AM Wed				Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>				Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 21 Sutra 346 Subhakit 5124
Mithuna Rasi: 19.4	Tithi 8 - 9	<b>Gulika</b> 10:41AM - 12:14PM	<b>Ardra Until 6:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM			
		Yama 7:33AM - 9:07AM	Sobhana Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 47 - 21	
		137896578 <b>Rahu</b> 12:14PM - 1:48PM	Balava Until 8:53PM	<b>Nataraja:</b> Clear			Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 7:42AM</b>	Moon - Yellow			<b>Devaloka Day</b>	
		<b>Sri Rama Navami</b>		Chaitra-Panguni				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for St. Helena, CA on 4/26/2

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1	<b>Thursday, March 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				St. Helena, CA
	Kataka Rasi: 1.35	Tithi 9 – 10	147896578	<b>Gulika</b> 9:06AM – 10:40AM <b>Yama</b> 5:58AM – 7:32AM <b>Rahu</b> 1:48PM – 3:22PM	<b>Punarvasu Until 9:30AM</b> <b>Athiganda* Until 11:32AM</b> Taitila Until 11:17PM <b>Navami* Until 10:03AM</b>	<b>Ganesha: White</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Blue Chaitra•Panguni	Sun 22 Sutra 347 Subhakrit 5124 Moon 3 - Phase 48 - 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					

2	<b>Friday, March 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Kataka Rasi: 13.28	Tithi 10 – 11	147896578	<b>Gulika</b> 7:31AM – 9:05AM <b>Yama</b> 3:22PM – 4:57PM <b>Rahu</b> 10:39AM – 12:14PM	<b>Pushya Until 12:26PM</b> Sukarma Until 12:23PM Vanija Until 1:41AM Sat <b>Dashami Until 12:29PM</b>	<b>Ganesha: White</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Blue Chaitra•Panguni	Sun 23 Sutra 348 Subhakrit 5124 Moon 3 - Phase 48 - 23 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga		<b>Yogaswami Mahasamadhi</b>			

3	<b>Saturday, April 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Kataka Rasi: 25.23	Tithi 11 – 12	147896578	<b>Gulika</b> 5:56AM – 7:31AM <b>Yama</b> 1:48PM – 3:22PM <b>Rahu</b> 9:05AM – 10:39AM	<b>Ashlesha* Until 3:05PM</b> Dhriti Until 1:11PM Bava Until 3:54AM Sun <b>Ekadashi Until 2:48PM</b>	<b>Ganesha: White</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Blue Chaitra•Panguni	Sun 24 Sutra 349 Subhakrit 5124 Moon 3 - Phase 48 - 24 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					
	Until 3:05PM	Then Creative Work - Amrita Yoga					

4	<b>Sunday, April 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Simha Rasi: 7.22	Tithi 12 – 13	158896578	<b>Gulika</b> 3:23PM – 4:57PM <b>Yama</b> 12:13PM – 1:48PM <b>Rahu</b> 4:57PM – 6:32PM	<b>Magha* Until 5:50PM</b> Shula* Until 1:46PM Kaulava Until 5:48AM Mon <b>Dvadashi Until 4:52PM</b>	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Red Chaitra•Panguni	Sun 25 Sutra 350 Subhakrit 5124 Moon 3 - Phase 48 - 25 4th Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					
	Until 5:50PM	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5	<b>Monday, April 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Taitila Karana Trayodashyam Titau				St. Helena, CA
	Simha Rasi: 19.29	Tithi 13	158896578	<b>Gulika</b> 1:48PM – 3:23PM <b>Yama</b> 10:38AM – 12:13PM <b>Rahu</b> 7:28AM – 9:03AM	<b>Purvaphalguni Until 8:04PM</b> Ganda* Until 2:06PM Taitila Until 6:34PM <b>Trayodashi Until 6:34PM</b>	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Red Chaitra•Panguni	Sun 26 Sutra 351 Subhakrit 5124 Moon 3 - Phase 48 - 26 4th Phase <b>Devaloka Day</b>
	Family Home Evening	Creative Work	Siddha Yoga				

6	<b>Tuesday, April 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
	Kanya Rasi: 1.46	Tithi 14	158896578	<b>Gulika</b> 12:13PM – 1:48PM <b>Yama</b> 9:02AM – 10:37AM <b>Rahu</b> 3:23PM – 4:59PM	<b>Uttaraphalguni Until 9:42PM</b> Vridhhi Until 2:07PM Gara Until 7:17AM <b>Chaturdashi* Until 7:50PM</b>	<b>Ganesha: Red</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Red Chaitra•Panguni	Sun 27 Sutra 352 Subhakrit 5124 Moon 3 - Phase 48 - 27 4th Phase <b>Devaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 9:42PM	Then Creative Work - Siddha Yoga					

○	<b>Wednesday, April 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
	<b>Copper Retreat Star</b>		168896578	<b>Gulika</b> 10:37AM – 12:12PM <b>Yama</b> 7:26AM – 9:01AM <b>Rahu</b> 12:12PM – 1:48PM	<b>Hasta Until 11:11PM</b> Dhruva Until 1:44PM Visti Until 8:17AM <b>Purnima* Until 8:36PM</b>	<b>Ganesha: Blue</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Green Chaitra•Panguni	Sun 28 Sutra 353 Subhakrit 5124 Moon 3 - Phase 48 - Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga		<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>			
	Until 11:11PM	Then Creative Work - Siddha Yoga					

○	<b>Thursday, April 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
	<b>Silver Retreat Star</b>		168896578	<b>Gulika</b> 9:00AM – 10:36AM <b>Yama</b> 5:49AM – 7:25AM <b>Rahu</b> 1:48PM – 3:24PM	<b>Chitra Until 12:03AM Fri</b> Vyaghata* Until 1:00PM Balava Until 8:49AM <b>Prathama* Until 8:52PM</b>	<b>Ganesha: Blue</b> <b>Muruga: Clear</b> <b>Nataraja: Clear</b> Moon – Green Chaitra•Panguni	Sun 29 Sutra 354 Subhakrit 5124 Moon 3 - Phase 48 - Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 9.53 Tithi 17  
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 7:23AM – 8:59AM  
Yama 3:24PM – 5:00PM  
Rahu 10:36AM – 12:12PM

**Svati Until 12:18AM Sat**  
Harshana Until 11:54AM  
Taitila Until 8:51AM  
Dvitiya Until 8:41PM

Ganesha: Blue Sunrise: 5:47AM  
Muruga: Clear Sunset: 6:37PM  
Nataraja: Clear  
Moon – Green  
Chaitra•Panguni

St. Helena, CA  
Sun 1 Sutra 355  
Subhakit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Tula Rasi: 23.03 Tithi 18  
Creative Work Siddha Yoga  
Until 12:28AM Sun  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 5:46AM – 7:22AM  
Yama 1:48PM – 3:25PM  
Rahu 8:59AM – 10:35AM

**Vishakha Until 12:28AM Sun**  
Vajra\* Until 10:26AM  
Vanija Until 8:27AM  
Tritiya Until 8:05PM

Ganesha: Red Sunrise: 5:46AM  
Muruga: Clear Sunset: 6:38PM  
Nataraja: Clear  
Moon – Orange  
Chaitra•Panguni

St. Helena, CA  
Sun 2 Sutra 356  
Subhakit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

**2**

**Sunday, April 9, 2023**

Vrischika Rasi: 6.25 Tithi 19  
Routine Work Marana Yoga  
Until 12:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau  
Gulika 3:25PM – 5:02PM  
Yama 12:11PM – 1:48PM  
Rahu 5:02PM – 6:39PM

**Anuradha Until 12:07AM Mon**  
Siddhi Until 8:40AM  
Bava Until 7:40AM  
Chaturthi\* Until 7:06PM

Ganesha: Red Sunrise: 5:44AM  
Muruga: Clear Sunset: 6:39PM  
Nataraja: Clear  
Moon – Orange  
Chaitra•Panguni

St. Helena, CA  
Sun 3 Sutra 357  
Subhakit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

**3**

**Monday, April 10, 2023**

Vrischika Rasi: 20 Tithi 20 – 21  
**Family Home Evening**  
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau  
Gulika 1:48PM – 3:25PM  
Yama 10:34AM – 12:11PM  
Rahu 7:20AM – 8:57AM

**Jyeshtha\* Until 11:17PM**  
Vyatipata\* Until 6:38AM  
Kaulava Until 6:30AM  
Panchami Until 5:47PM

Ganesha: Red Sunrise: 5:43AM  
Muruga: Clear Sunset: 6:39PM  
Nataraja: Clear  
Moon – Orange  
Chaitra•Panguni

St. Helena, CA  
Sun 4 Sutra 358  
Subhakit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

**4**

**Tuesday, April 11, 2023**

Dhanus Rasi: 3.46 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 10:28PM  
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 12:11PM – 1:48PM  
Yama 8:56AM – 10:33AM  
Rahu 3:26PM – 5:03PM

**Mula\* Until 10:28PM**  
Parigha\* Until 1:47AM Wed  
Visti Until 3:16AM Wed  
Shashthi\* Until 4:10PM

Ganesha: Green Sunrise: 5:41AM  
Muruga: Clear Sunset: 6:40PM  
Nataraja: Clear  
Moon – Light Blue  
Chaitra•Panguni

St. Helena, CA  
Sun 5 Sutra 359  
Subhakit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Wednesday, April 12, 2023**  
**Retreat Star**

Dhanus Rasi: 17.43 Tithi 22 – 23  
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 10:33AM – 12:10PM  
Yama 7:17AM – 8:55AM  
Rahu 12:10PM – 1:48PM

**Purvashadha\* Until 9:14PM**  
Shiva Until 11:04PM  
Balava Until 1:15AM Thu  
Saptami Until 2:16PM

Ganesha: Green Sunrise: 5:40AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear  
Moon – Light Blue  
Chaitra•Panguni

St. Helena, CA  
Sun 6 Sutra 360  
Subhakit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Thursday, April 13, 2023**  
**Retreat Star**

Makara Rasi: 1.49 Tithi 23 – 24  
Routine Work Marana Yoga  
Until 7:39PM  
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 8:54AM – 10:32AM  
Yama 5:38AM – 7:16AM  
Rahu 1:48PM – 3:26PM

**Uttarashadha Until 7:39PM**  
Siddha Until 8:08PM  
Taitila Until 11:01PM  
Ashtami\* Until 12:09PM

Ganesha: White Sunrise: 5:38AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: Clear  
Moon – Light Blue  
Chaitra•Panguni

St. Helena, CA  
Sun 7 Sutra 361  
Subhakit 5124  
Moon 4 - Phase 49 - 7  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM


<b>1</b>	<b>Friday, April 14, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Makara Rasi: 16.04    Tithi 24 – 25		Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8    Sutra 362
	299996578		<b>Gulika</b> 7:15AM – 8:53AM	<b>Shravana Until 6:10PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:37AM		Sobhana 5125
	Routine Work    Marana Yoga		Yama 3:27PM – 5:05PM	Sadhya Until 5:05PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:43PM		Moon 4 - Phase 1 - 8
Until 6:10PM		<b>Rahu</b> 10:32AM – 12:10PM	Vanija Until 8:38PM	<b>Nataraja:</b> Clear		2nd Phase	
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		Moon – Purple	<b>Bhuloka Day</b>		
		Tamil New Year		Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM		

<b>2</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				St. Helena, CA
	Kumbha Rasi: 0.24    Tithi 25 – 26		Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Sun 9    Sutra 363
	299996578		<b>Gulika</b> 5:35AM – 7:14AM	<b>Dhanishtha Until 4:26PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:35AM		Sobhana 5125
	Creative Work    Siddha Yoga		Yama 1:48PM – 3:27PM	Subha Until 1:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:44PM		Moon 4 - Phase 1 - 9
Until 4:26PM		<b>Rahu</b> 8:53AM – 10:31AM	Bava Until 6:08PM	<b>Nataraja:</b> Clear		2nd Phase	
Then Creative Work - Amrita Yoga		<b>Dashami Until 7:22AM</b>		Moon – Purple	<b>Bhuloka Day</b>		
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
	Kumbha Rasi: 14.47    Tithi 27		Shatabhishak/Purvaproshtapada Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Dvadashtyam Titau				Sun 10    Sutra 364
	291996578		<b>Gulika</b> 3:27PM – 5:06PM	<b>Shatabhishak Until 2:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:34AM		Sobhana 5125
	Creative Work    Siddha Yoga		Yama 12:09PM – 1:48PM	Sukla Until 10:46AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:45PM		Moon 4 - Phase 1 - 10
Until 4:26PM		<b>Rahu</b> 5:06PM – 6:45PM	Kaulava Until 3:37PM	<b>Nataraja:</b> Clear		2nd Phase	
Then Creative Work - Amrita Yoga		<b>Dvadashti* Until 2:22AM Mon</b>		Moon – Purple	<b>Devaloka Day</b>		
				Chaitra+Chaitra			

<b>4</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				St. Helena, CA
	Kumbha Rasi: 29.08    Tithi 28		Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11    Sutra 1
	211996578		<b>Gulika</b> 1:48PM – 3:28PM	<b>Purvaproshtapada* Until 1:01PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:32AM		Sobhana 5125
	Family Home Evening		Yama 10:30AM – 12:09PM	Brahma Until 7:39AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:46PM		Moon 4 - Phase 1 - 11
Routine Work    Marana Yoga		<b>Rahu</b> 7:12AM – 8:51AM	Gara Until 1:11PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 1:01PM		<b>Trayodashi* Until 12:01AM Tue</b>		Moon – Clear	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)		Chaitra+Chaitra			

<b>5</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				St. Helena, CA
	Meena Rasi: 13.23    Tithi 29		Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Vistil/Sakuni* Karana Chaturdashyam Titau				Sun 12    Sutra 2
	211996578		<b>Gulika</b> 12:09PM – 1:48PM	<b>Uttaraproshtapada Until 11:32AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM		Sobhana 5125
	Creative Work    Amrita Yoga		Yama 8:50AM – 10:30AM	Vaidhriti* Until 1:54AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:47PM		Moon 4 - Phase 1 - 12
Until 11:32AM		<b>Rahu</b> 3:28PM – 5:07PM	Vistil Until 10:57AM	<b>Nataraja:</b> Clear		2nd Phase	
Then Creative Work - Siddha Yoga		<b>Chaturdashi* Until 9:55PM</b>		Moon – Clear	<b>Devaloka Day</b>		
				Chaitra+Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				St. Helena, CA
	<b>Retreat Star</b>		Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13    Sutra 3
	Meena Rasi: 27.27    Tithi 30		211996578				
	Routine Work    Marana Yoga		<b>Gulika</b> 10:29AM – 12:09PM	<b>Revati Until 10:14AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM		Sobhana 5125
Until 9:39AM		Yama 7:09AM – 8:49AM	Vishkambha* Until 11:28PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:48PM		Moon 4 - Phase 1 - 13	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 12:09PM – 1:49PM	Catuspada Until 9:02AM	<b>Nataraja:</b> Clear		Amavasya	
		<b>Amavasya* Until 8:12PM</b>		Moon – Clear	<b>Devaloka Day</b>		
				Chaitra+Chaitra			

<b>Retreat Star</b>	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
	Mesha Rasi: 11.15    Tithi 1		Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14    Sutra 4
	221996578						
	Creative Work    Amrita Yoga		<b>Gulika</b> 8:48AM – 10:28AM	<b>Ashvini Until 9:39AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM		Sobhana 5125
Until 9:39AM		Yama 5:28AM – 7:08AM	Priti Until 9:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:49PM		Moon 4 - Phase 1 - 14	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:49PM – 3:29PM	Kintughna Until 7:32AM	<b>Nataraja:</b> Clear		Prathama	
		<b>Prathama* Until 6:58PM</b>		Moon – White	<b>Devaloka Day</b>		
				Vaisaka+Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

Il times are standard time. Calculated for St. Helena, CA on 4/26/2

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<b>1</b>		<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15	Sutra 5 Sobhana 5125
Mesha Rasi: 24.44	Tithi 2	<b>Gulika</b> 7:07AM – 8:48AM	<b>Bharani</b> Until 9:28AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM				
		Yama 3:29PM – 5:09PM	Ayushman Until 7:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 4 - Phase 2 - 15		
Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:28AM – 12:08PM	Balava Until 6:35AM	<b>Nataraja:</b> Clear			3rd Phase		
			<b>Dvitiya</b> Until 6:19PM	Moon – White		<b>Devaloka Day</b>			
				Vaisaka-Chaitra					

<b>2</b>		<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 16	Sutra 6 Sobhana 5125
Shrabha Rasi: 7.53	Tithi 3	<b>Gulika</b> 5:26AM – 7:06AM	<b>Krittika</b> Until 9:44AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM				
		Yama 1:49PM – 3:29PM	Saubhagya Until 6:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 4 - Phase 2 - 16		
Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 8:47AM – 10:27AM	Taitila Until 6:15AM	<b>Nataraja:</b> Clear			3rd Phase		
			<b>Tritiya</b> Until 6:19PM	Moon – White		<b>Devaloka Day</b>			
		<b>Akshaya Tritiya</b>		Vaisaka-Chaitra					

<b>3</b>		<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				St. Helena, CA Sun 17	Sutra 7 Sobhana 5125
Shrabha Rasi: 20.42	Tithi 4	<b>Gulika</b> 3:30PM – 5:11PM	<b>Rohini</b> Until 10:58AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM				
		Yama 12:08PM – 1:49PM	Sobhana Until 6:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 2 - 17		
Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:11PM – 6:52PM	Vanija Until 6:35AM	<b>Nataraja:</b> Clear			3rd Phase		
			<b>Chaturthi*</b> Until 6:59PM	Moon – Yellow		<b>Devaloka Day</b>			
				Vaisaka-Chaitra					

<b>4</b>		<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18	Sutra 8 Sobhana 5125
Mithuna Rasi: 3.13	Tithi 5	<b>Gulika</b> 1:49PM – 3:30PM	<b>Mrigashira</b> Until 12:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM				
<b>Family Home Evening</b>		Yama 10:26AM – 12:08PM	Athiganda* Until 6:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM		Moon 4 - Phase 2 - 18		
Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:04AM – 8:45AM	Bava Until 7:34AM	<b>Nataraja:</b> Clear			3rd Phase		
Until 12:40PM			<b>Panchami</b> Until 8:15PM	Moon – Yellow		<b>Devaloka Day</b>			
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		Vaisaka-Chaitra					

<b>5</b>		<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA Sun 19	Sutra 9 Sobhana 5125
Mithuna Rasi: 15.29	Tithi 6	<b>Gulika</b> 12:08PM – 1:49PM	<b>Ardra</b> Until 2:44PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:22AM				
		Yama 8:45AM – 10:26AM	Sukarma Until 6:38PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 2 - 19		
Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:31PM – 5:12PM	Kaulava Until 9:07AM	<b>Nataraja:</b> Purple			3rd Phase		
Until 2:44PM			<b>Shashthi*</b> Until 10:02PM	Moon – Yellow		<b>Sivaloka Day</b>			
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra					

<b>6</b>		<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Gara/Vanija Karana Saplamyam Titau				St. Helena, CA Sun 20	Sutra 10 Sobhana 5125
Mithuna Rasi: 27.34	Tithi 7	<b>Gulika</b> 10:26AM – 12:07PM	<b>Punarvasu</b> Until 5:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:20AM				
		Yama 7:02AM – 8:44AM	Dhriti Until 7:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 2 - 20		
Creative Work	Siddha Yoga	242996579 <b>Rahu</b> 12:07PM – 1:49PM	Gara Until 11:06AM	<b>Nataraja:</b> Purple			3rd Phase		
			<b>Saptami</b> Until 12:11AM Thu	Moon – Blue		<b>Sivaloka Day</b>			
				Vaisaka-Chaitra					

<b>Retreat Star</b>		<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 21	Sutra 11 Sobhana 5125
Kataka Rasi: 9.32	Tithi 8	<b>Gulika</b> 8:43AM – 10:25AM	<b>Pushya</b> Until 8:21PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:19AM				
		Yama 5:19AM – 7:01AM	Shula* Until 8:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM		Moon 4 - Phase 2 - 21		
Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 1:49PM – 3:31PM	Visiti Until 1:21PM	<b>Nataraja:</b> Purple			Ashtami		
Until 8:21PM			<b>Ashtami*</b> Until 2:30AM Fri	Moon – Blue		<b>Sivaloka Day</b>			
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra					

<b>Retreat Star</b>		<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22	Sutra 12 Sobhana 5125
Kataka Rasi: 21.26	Tithi 9	<b>Gulika</b> 7:00AM – 8:42AM	<b>Ashlesha*</b> Until 11:03PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:18AM				
		Yama 3:32PM – 5:14PM	Ganda* Until 8:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM		Moon 4 - Phase 2 - 22		
Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:25AM – 12:07PM	Balava Until 3:42PM	<b>Nataraja:</b> Purple			Navami		
			<b>Navami*</b> Until 4:49AM Sat	Moon – Blue		<b>Sivaloka Day</b>			
				Vaisaka-Chaitra					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, April 29, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA
Simha Rasi: 3.22	Tithi 10	<b>Gulika</b>	<b>5:16AM – 6:59AM</b>	<b>Magha* Until 1:56AM Sun</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:16AM</i>	Sun 23	Sutra 13	Sobhana 5125	
		Yama	1:49PM – 3:32PM	Vriddhi Until 9:42PM	<b>Muruqa: Clear</b>	<i>Sunset: 6:57PM</i>	Moon 4 - Phase 3 - 23			
		252996579 <b>Rahu</b>	<b>8:42AM – 10:24AM</b>	Taitila Until 5:55PM	<b>Nataraja: Purple</b>		4th Phase			
Creative Work	Amrita Yoga			<b>Dashami Until 6:55AM Sun</b>	Moon – Red					<b>Devaloka Day</b>
Until 1:56AM Sun					Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga										

<b>2</b>		<b>Sunday, April 30, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
Simha Rasi: 15.22	Tithi 10 – 11	<b>Gulika</b>	<b>3:32PM – 5:15PM</b>	<b>Purvaphalguni Until 4:17AM Mon</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:15AM</i>	Sun 24	Sutra 14	Sobhana 5125	
		Yama	12:07PM – 1:50PM	Dhruva Until 10:10PM	<b>Muruqa: Clear</b>	<i>Sunset: 6:58PM</i>	Moon 4 - Phase 3 - 24			
		252996579 <b>Rahu</b>	<b>5:15PM – 6:58PM</b>	Vanija Until 7:51PM	<b>Nataraja: Purple</b>		4th Phase			
Creative Work	Siddha Yoga			<b>Dashami Until 6:55AM</b>	Moon – Red					<b>Devaloka Day</b>
					Vaisaka-Chaitra					

<b>3</b>		<b>Monday, May 1, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
Simha Rasi: 27.32	Tithi 11 – 12	<b>Gulika</b>	<b>1:50PM – 3:33PM</b>	<b>Uttaraphalguni Until 6:00AM Tue</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:13AM</i>	Sun 25	Sutra 15	Sobhana 5125	
<b>Family Home Evening</b>		Yama	10:23AM – 12:06PM	Vyaghata* Until 10:17PM	<b>Muruqa: Clear</b>	<i>Sunset: 7:00PM</i>	Moon 4 - Phase 3 - 25			
		252996579 <b>Rahu</b>	<b>6:56AM – 8:40AM</b>	Bava Until 9:19PM	<b>Nataraja: Purple</b>		4th Phase			
Creative Work	Siddha Yoga			<b>Ekadashi Until 8:38AM</b>	Moon – Red					<b>Devaloka Day</b>
					Vaisaka-Chaitra					

<b>4</b>		<b>Tuesday, May 2, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
Kanya Rasi: 9.54	Tithi 12 – 13	<b>Gulika</b>	<b>12:06PM – 1:50PM</b>	<b>Uttaraphalguni Until 6:00AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:12AM</i>	Sun 26	Sutra 16	Sobhana 5125	
		Yama	8:39AM – 10:23AM	Harshana Until 9:58PM	<b>Muruqa: Clear</b>	<i>Sunset: 7:01PM</i>	Moon 4 - Phase 3 - 26			
		252996579 <b>Rahu</b>	<b>3:34PM – 5:17PM</b>	Kaulava Until 10:11PM	<b>Nataraja: Purple</b>		4th Phase			
Creative Work	Amrita Yoga			<b>Dvadashi Until 9:48AM</b>	Moon – Red					<b>Devaloka Day</b>
Until 6:00AM					Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga										<i>Pradosha Vrata</i>

<b>5</b>		<b>Wednesday, May 3, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
Kanya Rasi: 22.32	Tithi 13 – 14	<b>Gulika</b>	<b>10:22AM – 12:06PM</b>	<b>Hasta Until 7:27AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:10AM</i>	Sun 27	Sutra 17	Sobhana 5125	
		Yama	6:54AM – 8:38AM	Vajra* Until 9:07PM	<b>Muruqa: Clear</b>	<i>Sunset: 7:02PM</i>	Moon 4 - Phase 3 - 27			
		262996579 <b>Rahu</b>	<b>12:06PM – 1:50PM</b>	Gara Until 10:26PM	<b>Nataraja: Purple</b>		4th Phase			
Routine Work	Marana Yoga			<b>Trayodashi Until 10:22AM</b>	Moon – Green					<b>Sivaloka Day</b>
Until 7:27AM					Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga										

		<b>Thursday, May 4, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA
Tula Rasi: 5.29	Tithi 14 – 15	<b>Gulika</b>	<b>8:38AM – 10:22AM</b>	<b>Chitra Until 8:07AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:09AM</i>	Sun 28	Sutra 18	Sobhana 5125	
		Yama	5:09AM – 6:54AM	Siddhi Until 7:48PM	<b>Muruqa: Clear</b>	<i>Sunset: 7:03PM</i>	Moon 4 - Phase 3 - Purnima			
		262996579 <b>Rahu</b>	<b>1:50PM – 3:35PM</b>	Visti Until 10:03PM	<b>Nataraja: Purple</b>					
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 10:18AM</b>	Moon – Green					<b>Sivaloka Day</b>
Until 8:07AM					Vaisaka-Chaitra					
Then Creative Work - Amrita Yoga										

<b>Friday, May 5, 2023</b>		<b>Silver Retreat Star</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA
Tula Rasi: 18.46	Tithi 15 – 16	<b>Gulika</b>	<b>6:53AM – 8:37AM</b>	<b>Svati Until 8:02AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:08AM</i>	Sun 29	Sutra 19	Sobhana 5125	
		Yama	3:35PM – 5:19PM	Vyatipata* Until 6:01PM	<b>Muruqa: Clear</b>	<i>Sunset: 7:04PM</i>	Moon 4 - Phase 3 - Prathama			
		262996579 <b>Rahu</b>	<b>10:22AM – 12:06PM</b>	Balava Until 9:05PM	<b>Nataraja: Purple</b>					
Creative Work	Siddha Yoga			<b>Purnima* Until 9:37AM</b>	Moon – Green					<b>Sivaloka Day</b>
					Vaisaka-Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda