



**Sunday, April 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Spokane, WA

Tula Rasi: 13.57      Tithi 16 – 17

268345478

**Gulika** 3:15PM – 4:58PM  
**Yama** 11:49AM – 1:32PM  
**Rahu** 4:58PM – 6:41PM

**Svati Until 3:55PM**  
**Vajra\* Until 10:09AM**  
**Taitila Until 7:16PM**  
**Prathama\* Until 8:33AM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Green  
Chaitra\*Chaitra

**Sunrise:** 4:57AM  
**Sunset:** 6:41PM

Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 3:55PM  
Then Routine Work - Marana Yoga

**1**

**Monday, April 18, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyatiyata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Spokane, WA

Tula Rasi: 28.25      Tithi 18

278345478

**Gulika** 1:32PM – 3:16PM  
**Yama** 10:05AM – 11:49AM  
**Rahu** 6:39AM – 8:22AM

**Vishakha Until 2:07PM**  
**Siddhi Until 6:51AM**  
**Vanija Until 4:32PM**  
**Tritiya Until 3:07AM Tue**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

**Sunrise:** 4:55AM  
**Sunset:** 6:42PM

Sun 1 Sutra 1  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 2:07PM  
Then Creative Work - Siddha Yoga

**2**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Spokane, WA

Virschika Rasi: 12.57      Tithi 19

278345478

**Gulika** 11:49AM – 1:32PM  
**Yama** 8:21AM – 10:05AM  
**Rahu** 3:16PM – 5:00PM

**Anuradha Until 12:06PM**  
**Variyan Until 12:05AM Wed**  
**Bava Until 1:45PM**  
**Chaturthi\* Until 12:21AM Wed**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

**Sunrise:** 4:53AM  
**Sunset:** 6:44PM

Sun 2 Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 2nd Phase

**Bhuloka Day**

Creative Work Siddha Yoga  
Until 12:06PM  
Then Routine Work - Marana Yoga

**3**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Spokane, WA

Virschika Rasi: 27.29      Tithi 20

278345478

**Gulika** 10:04AM – 11:48AM  
**Yama** 6:36AM – 8:20AM  
**Rahu** 11:48AM – 1:33PM

**Jyeshtha\* Until 10:00AM**  
**Parigha\* Until 8:47PM**  
**Kaulava Until 11:01AM**  
**Panchami Until 9:40PM**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

**Sunrise:** 4:52AM  
**Sunset:** 6:45PM

Sun 3 Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 - 3rd Phase

**Bhuloka Day**

Creative Work Siddha Yoga  
Until 10:00AM  
Then Routine Work - Marana Yoga

**4**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Spokane, WA

Dhanus Rasi: 11.56      Tithi 21

289345478

**Gulika** 8:19AM – 10:04AM  
**Yama** 4:50AM – 6:34AM  
**Rahu** 1:33PM – 3:17PM

**Mula\* Until 8:19AM**  
**Shiva Until 5:39PM**  
**Gara Until 8:25AM**  
**Shashthi\* Until 7:11PM**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

**Sunrise:** 4:50AM  
**Sunset:** 6:46PM

Sun 4 Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 - 4th Phase

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Dhanus Rasi: 26.14      Tithi 22 – 23

289345478

**Gulika** 6:33AM – 8:18AM  
**Yama** 3:18PM – 5:03PM  
**Rahu** 10:03AM – 11:48AM

**Purvashadha\* Until 6:43AM**  
**Siddha Until 2:42PM**  
**Visti Until 6:03AM**  
**Saptami Until 4:57PM**

**Ganesha:** Purple  
**Muruga:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

**Sunrise:** 4:48AM  
**Sunset:** 6:48PM

Sun 5 Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 - 5th Phase

**Devaloka Day**

Routine Work Prabalarishta Yoga  
Until 6:43AM  
Then Routine Work - Marana Yoga

**6**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Spokane, WA

Makara Rasi: 10.2      Tithi 23 – 24

299345478

**Gulika** 4:46AM – 6:32AM  
**Yama** 1:33PM – 3:19PM  
**Rahu** 8:17AM – 10:02AM

**Shravana Until 4:24AM Sun**  
**Sadhya Until 12:00PM**  
**Taitila Until 2:12AM Sun**  
**Ashtami\* Until 3:02PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Purple  
Chaitra\*Chaitra

**Sunrise:** 4:46AM  
**Sunset:** 6:49PM

Sun 6 Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 - 6th Phase  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga  
Until 4:24AM Sun  
Then Routine Work - Marana Yoga

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Spokane, WA

Makara Rasi: 24.14      Tithi 24 – 25

299345479

**Gulika** 3:19PM – 5:05PM  
**Yama** 11:48AM – 1:33PM  
**Rahu** 5:05PM – 6:51PM

**Dhanishtha Until 3:45AM Mon**  
**Subha Until 9:35AM**  
**Vanija Until 12:47AM Mon**  
**Navami\* Until 1:26PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** Clear  
Moon – Purple  
Chaitra\*Chaitra

**Sunrise:** 4:44AM  
**Sunset:** 6:51PM

Sun 7 Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 - 7th Phase  
Navami

**Devaloka Day**


Routine Work Marana Yoga  
Until 3:45AM Mon  
Then Creative Work - Siddha Yoga

|                            |  |                                 |  |           |  |  |   |                        |                        |                      |         |
|----------------------------|--|---------------------------------|--|-----------|--|--|---|------------------------|------------------------|----------------------|---------|
| <b>1</b>                   |  | <b>Monday, April 25, 2022</b>   |  |           |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam<br>Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |   |                        |                        | Spokane, WA          |         |
| Kumbha Rasi: 7.56          |  | Tithi 25 – 26                   |  | 299345479 |  | <b>Gulika</b> 1:34PM – 3:20PM  | <b>Shatabhishak</b> <b>Until 3:19AM Tue</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:43AM | Sun 8                | Sutra 8 |
| <b>Family Home Evening</b> |  | Creative Work Siddha Yoga       |  | 299345479 |  | <b>Yama</b> 10:01AM – 11:47AM  | Sukla <b>Until 7:26AM</b>                   | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:52PM  | Moon 4 - Phase 2 - 8 |         |
| Until 3:19AM Tue           |  | Then Routine Work - Marana Yoga |  | 299345479 |  | <b>Rahu</b> 6:29AM – 8:15AM  | Bava <b>Until 11:45PM</b>                   | <b>Nataraja:</b> Clear | Moon – Purple          |                      |         |
|                            |  |                                 |  |           |  |  | <b>Dashami</b> <b>Until 12:12PM</b>         | <b>Chaitra+Chaitra</b> |                        | <b>Devaloka Day</b>  |         |

|                                  |  |                                |  |           |  |  |  |                        |                        |                      |         |
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| <b>2</b>                         |  | <b>Tuesday, April 26, 2022</b> |  |           |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam<br>Purvaproshtapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |                        |                        | Spokane, WA          |         |
| Kumbha Rasi: 21.23               |  | Tithi 26 – 27                  |  | 219345479 |  | <b>Gulika</b> 11:47AM – 1:34PM   | <b>Purvaproshtapada*</b> <b>Until 3:36AM Wed</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:41AM | Sun 9                | Sutra 9 |
| Routine Work Marana Yoga         |  | Until 3:36AM Wed               |  | 219345479 |  | <b>Yama</b> 8:14AM – 10:01AM   | Indra <b>Until 4:07AM Wed</b>                    | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:53PM  | Moon 4 - Phase 2 - 9 |         |
| Then Creative Work - Siddha Yoga |  |                                |  | 219345479 |  | <b>Rahu</b> 3:20PM – 5:07PM  | Kaulava <b>Until 11:07PM</b>                     | <b>Nataraja:</b> Clear | Moon – Clear           |                      |         |
|                                  |  |                                |  |           |  |  | <b>Ekadashi*</b> <b>Until 11:21AM</b>            | <b>Chaitra+Chaitra</b> |                        | <b>Devaloka Day</b>  |         |

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| <b>3</b>                         |  | <b>Wednesday, April 27, 2022</b> |  |           |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam<br>Uttaraproshtapada Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |  |                        |                        | Spokane, WA           |          |
| Meena Rasi: 4.38                 |  | Tithi 27 – 28                    |  | 219345479 |  | <b>Gulika</b> 10:00AM – 11:47AM   | <b>Uttaraproshtapada</b> <b>Until 4:10AM Thu</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:39AM | Sun 10                | Sutra 10 |
| Creative Work Siddha Yoga        |  | Until 4:10AM Thu                 |  | 219345479 |  | <b>Yama</b> 6:26AM – 8:13AM   | Vaidhriti* <b>Until 2:57AM Thu</b>               | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:53PM  | Moon 4 - Phase 2 - 10 |          |
| Then Creative Work - Siddha Yoga |  |                                  |  | 219345479 |  | <b>Rahu</b> 11:47AM – 1:34PM  | Gara <b>Until 10:54PM</b>                        | <b>Nataraja:</b> Clear | Moon – Clear           |                       |          |
|                                  |  |                                  |  |           |  |   | <b>Dvadashi*</b> <b>Until 10:56AM</b>            | <b>Chaitra+Chaitra</b> |                        | <b>Devaloka Day</b>   |          |
|                                  |  |                                  |  |           |  |   | <i>Pradosha Vrata (Fasting)</i>                  |                        |                        |                       |          |

|                                  |  |                                 |  |           |  |  |   |                        |                        |   |          |
|----------------------------------|--|---------------------------------|--|-----------|--|--|---|------------------------|------------------------|---|----------|
| <b>4</b>                         |  | <b>Thursday, April 28, 2022</b> |  |           |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam<br>Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |   |                        |                        | Spokane, WA                                       |          |
| Meena Rasi: 17.38                |  | Tithi 28 – 29                   |  | 219445479 |  | <b>Gulika</b> 8:12AM – 10:00AM   | <b>Revati</b> <b>Until 5:02AM Fri</b>   | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:38AM | Sun 11  | Sutra 11 |
| Creative Work Siddha Yoga        |  | Until 5:02AM Fri                |  | 219445479 |  | <b>Yama</b> 4:38AM – 6:25AM  | Vishkambha* <b>Until 2:11AM Fri</b>     | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:56PM  | Moon 4 - Phase 2 - 11                             |          |
| Then Creative Work - Amrita Yoga |  |                                 |  | 219445479 |  | <b>Rahu</b> 1:34PM – 3:22PM  | Visti <b>Until 11:10PM</b>              | <b>Nataraja:</b> Clear | Moon – Clear           |   |          |
|                                  |  |                                 |  |           |  |  | <b>Trayodashi*</b> <b>Until 10:57AM</b> | <b>Chaitra+Chaitra</b> |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |          |

|   |  |                               |  |               |  |  |  |                               |  |   |                        |
|---|--|-------------------------------|--|---------------|--|--|--|-------------------------------|--|---|------------------------|
|  |  | <b>Friday, April 29, 2022</b> |  |               |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam<br>Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  |                               |  | Spokane, WA                                       |                        |
| <b>Retreat Star</b>   |  | Mesha Rasi: 0.25              |  | Tithi 29 – 30 |  | 221445479  |  | <b>Gulika</b> 6:24AM – 8:11AM | <b>Ashvini</b> <b>Until 6:41AM Sat</b> | <b>Ganesha:</b> Green                             | <i>Sunrise:</i> 4:36AM |
| Creative Work Amrita Yoga   |  | Until 6:41AM Sat              |  | 221445479     |  | <b>Yama</b> 3:22PM – 5:10PM  | Priti <b>Until 1:48AM Sat</b>            | <b>Muruqa:</b> White          | <i>Sunset:</i> 6:58PM                  | Moon 4 - Phase 2 - 12                             |                        |
| Then Creative Work - Siddha Yoga  |  |                               |  | 221445479     |  | <b>Rahu</b> 9:59AM – 11:47AM   | Catuspada <b>Until 11:55PM</b>           | <b>Nataraja:</b> Clear        | Moon – White                           |   |                        |
|   |  |                               |  |               |  |  | <b>Chaturdashi*</b> <b>Until 11:27AM</b> | <b>Chaitra+Chaitra</b>        |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |

|                           |  |                                 |  |           |  |  |                                       |                        |                        |   |          |
|---------------------------|--|---------------------------------|--|-----------|--|--|---------------------------------------|------------------------|------------------------|---|----------|
| <b>Retreat Star</b>       |  | <b>Saturday, April 30, 2022</b> |  |           |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukstayam<br>Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                       |                        |                        | Spokane, WA                                       |          |
| Mesha Rasi: 12.58         |  | Tithi 30 – 1                    |  | 221445479 |  | <b>Gulika</b> 4:34AM – 6:22AM  | <b>Ashvini</b> <b>Until 6:41AM</b>    | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:34AM | Sun 13  | Sutra 13 |
| Creative Work Siddha Yoga |  | Until 6:41AM Sat                |  | 221445479 |  | <b>Yama</b> 1:35PM – 3:23PM  | Ayushman <b>Until 1:46AM Sun</b>      | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:59PM  | Moon 4 - Phase 2 - 13                             |          |
|                           |  |                                 |  | 221445479 |  | <b>Rahu</b> 8:10AM – 9:59AM  | Kintughna <b>Until 1:10AM Sun</b>     | <b>Nataraja:</b> Clear | Moon – White           |   |          |
|                           |  |                                 |  |           |  |  | <b>Amavasya*</b> <b>Until 12:27PM</b> | <b>Vaisaka+Chaitra</b> |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |          |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

|                                  |                    |   |                                   |   |                        |                                   |  |
|----------------------------------|--------------------|---|-----------------------------------|---|------------------------|-----------------------------------|--|
| <b>1</b>                         |                    | <b>Sunday, May 1, 2022</b>                |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Spokane, WA<br>Sun 14<br>Sutra 14 |  |
| Mesha Rasi: 25.18                | Tithi 1 – 2        | <b>Gulika</b><br>3:23PM – 5:12PM          | <b>Bharani</b> Until 8:40AM       | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:33AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>11:46AM – 1:35PM                  | Saubhagya Until 2:07AM Mon        | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:00PM  | Moon 4 - Phase 3 - 14             |  |
|                                  |                    | 221445479 <b>Rahu</b><br>5:12PM – 7:00PM  | Balava Until 2:52AM Mon           | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Routine Work                     | Prabalarishta Yoga |   | <b>Prathama*</b> Until 1:56PM     | Moon – White  |                        | <b>Bhuloka Day</b>                |  |
| Until 8:40AM                     |                    |   |                                   | Vaisaka*Chaitra   |                        | Devaloka Time: 6:PM to 9:PM       |  |
| Then Creative Work - Siddha Yoga |                    |   |                                   |   |                        |                                   |  |
| <b>2</b>                         |                    | <b>Monday, May 2, 2022</b>                |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau  |                        | Spokane, WA<br>Sun 15<br>Sutra 15 |  |
| Vrishabha Rasi: 7.26             | Tithi 2 – 3        | <b>Gulika</b><br>1:35PM – 3:24PM          | <b>Krittika</b> Until 10:55AM     | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:31AM | Subhakrit 5124                    |  |
| <b>Family Home Evening</b>       |                    | Yama<br>9:58AM – 11:46AM                  | Sobhana Until 2:47AM Tue          | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:02PM  | Moon 4 - Phase 3 - 15             |  |
| Routine Work                     | Marana Yoga        | 221445479 <b>Rahu</b><br>6:20AM – 8:09AM  | Taitila Until 4:58AM Tue          | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Until 10:55AM                    |                    |   | <b>Dvitiya</b> Until 3:51PM       | Moon – White  |                        | <b>Bhuloka Day</b>                |  |
| Then Creative Work - Amrita Yoga |                    |   |                                   | Vaisaka*Chaitra   |                        | Devaloka Time: 6:PM to 9:PM       |  |
| <b>3</b>                         |                    | <b>Tuesday, May 3, 2022</b>               |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Athiganda* Yoga Gara Karana Tritiyayam Titau             |                        | Spokane, WA<br>Sun 16<br>Sutra 16 |  |
| Vrishabha Rasi: 19.26            | Tithi 3            | <b>Gulika</b><br>11:46AM – 1:35PM         | <b>Rohini</b> Until 1:50PM        | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:29AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>8:08AM – 9:57AM                   | Athiganda* Until 3:38AM Wed       | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:03PM  | Moon 4 - Phase 3 - 16             |  |
|                                  |                    | 231445479 <b>Rahu</b><br>3:25PM – 5:14PM  | Gara Until 6:06PM                 | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Creative Work                    | Amrita Yoga        |   | <b>Akshaya</b> Tritiya            | Moon – Yellow   |                        | <b>Bhuloka Day</b>                |  |
| Until 1:50PM                     |                    |   | <b>Tritiya</b> Until 6:06PM       | Vaisaka*Chaitra   |                        | Devaloka Time: 6:PM to 9:PM       |  |
| Then Creative Work - Siddha Yoga |                    |   |                                   |   |                        |                                   |  |
| <b>4</b>                         |                    | <b>Wednesday, May 4, 2022</b>             |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Vistii* Karana Chaturthiyam Titau       |                        | Spokane, WA<br>Sun 17<br>Sutra 17 |  |
| Mithuna Rasi: 1.19               | Tithi 4            | <b>Gulika</b><br>9:57AM – 11:46AM         | <b>Mrigashira</b> Until 4:48PM    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:28AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>6:17AM – 8:07AM                   | Sukarma Until 4:37AM Thu          | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:04PM  | Moon 4 - Phase 3 - 17             |  |
|                                  |                    | 231445479 <b>Rahu</b><br>11:46AM – 1:36PM | Vanija Until 7:21AM               | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Creative Work                    | Siddha Yoga        |   | <b>Chaturthi*</b> Until 8:34PM    | Moon – Yellow   |                        | <b>Bhuloka Day</b>                |  |
|                                  |                    |   |                                   | Vaisaka*Chaitra   |                        | Devaloka Time: 6:PM to 9:PM       |  |
| <b>5</b>                         |                    | <b>Thursday, May 5, 2022</b>              |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau                         |                        | Spokane, WA<br>Sun 18<br>Sutra 18 |  |
| Mithuna Rasi: 13.1               | Tithi 5            | <b>Gulika</b><br>8:06AM – 9:56AM          | <b>Ardra</b> Until 7:40PM         | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:26AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>4:26AM – 6:16AM                   | Dhriti Until 5:36AM Fri           | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:06PM  | Moon 4 - Phase 3 - 18             |  |
|                                  |                    | 231445479 <b>Rahu</b><br>1:36PM – 3:26PM  | Bava Until 9:51AM                 | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Routine Work                     | Marana Yoga        |   | <b>Panchami</b> Until 11:04PM     | Moon – Yellow   |                        | <b>Bhuloka Day</b>                |  |
| Until 7:40PM                     |                    |   |                                   | Vaisaka*Chaitra   |                        | Devaloka Time: 6:PM to 9:PM       |  |
| Then Creative Work - Amrita Yoga |                    |   |                                   |   |                        |                                   |  |
| <b>6</b>                         |                    | <b>Friday, May 6, 2022</b>                |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau                |                        | Spokane, WA<br>Sun 19<br>Sutra 19 |  |
| Mithuna Rasi: 25.01              | Tithi 6            | <b>Gulika</b><br>6:15AM – 8:05AM          | <b>Punarvasu</b> Until 10:46PM    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:25AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>3:27PM – 5:17PM                   | Shula* Until 6:26AM Sat           | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:07PM  | Moon 4 - Phase 3 - 19             |  |
|                                  |                    | 241445479 <b>Rahu</b><br>9:56AM – 11:46AM | Kaulava Until 12:18PM             | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Creative Work                    | Siddha Yoga        |   | <b>Shashthi*</b> Until 1:26AM Sat | Moon – Blue   |                        | <b>Devaloka Day</b>               |  |
| Until 10:46PM                    |                    |   |                                   | Vaisaka*Chaitra   |                        |                                   |  |
| Then Routine Work - Marana Yoga  |                    |   |                                   |   |                        |                                   |  |
| <b>Retreat Star</b>              |                    | <b>Saturday, May 7, 2022</b>              |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau                 |                        | Spokane, WA<br>Sun 20<br>Sutra 20 |  |
| Kataka Rasi: 6.55                | Tithi 7            | <b>Gulika</b><br>4:23AM – 6:14AM          | <b>Pushya</b> Until 1:25AM Sun    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:23AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>1:37PM – 3:27PM                   | Shula* Until 6:26AM               | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:08PM  | Moon 4 - Phase 3 - 20             |  |
|                                  |                    | 241445479 <b>Rahu</b><br>8:05AM – 9:55AM  | Gara Until 2:31PM                 | <b>Nataraja:</b> Clear  |                        | 3rd Phase                         |  |
| Creative Work                    | Siddha Yoga        |   | <b>Saptami</b> Until 3:28AM Sun   | Moon – Blue   |                        | <b>Devaloka Day</b>               |  |
|                                  |                    |   |                                   | Vaisaka*Chaitra   |                        |                                   |  |
| <b>Retreat Star</b>              |                    | <b>Sunday, May 8, 2022</b>                |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Ganda*/Vridhii Yoga Visti*/Bava Karana Ashtamyam Titau             |                        | Spokane, WA<br>Sun 21<br>Sutra 21 |  |
| Kataka Rasi: 18.58               | Tithi 8            | <b>Gulika</b><br>3:28PM – 5:19PM          | <b>Ashlesha*</b> Until 3:25AM Mon | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:22AM | Subhakrit 5124                    |  |
|                                  |                    | Yama<br>11:46AM – 1:37PM                  | Ganda* Until 7:00AM               | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:10PM  | Moon 4 - Phase 3 - 21             |  |
|                                  |                    | 241445479 <b>Rahu</b><br>5:19PM – 7:10PM  | Visti Until 4:20PM                | <b>Nataraja:</b> Clear  |                        | Ashtami                           |  |
| Creative Work                    | Siddha Yoga        |   | <b>Ashtami*</b> Until 5:00AM Mon  | Moon – Blue   |                        | <b>Devaloka Day</b>               |  |
| Until 3:25AM Mon                 |                    |   |                                   | Vaisaka*Chaitra   |                        |                                   |  |
| Then Routine Work - Marana Yoga  |                    |   |                                   |   |                        |                                   |  |
| <b>Retreat Star</b>              |                    | <b>Monday, May 9, 2022</b>                |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Vridhii/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau               |                        | Spokane, WA<br>Sun 22<br>Sutra 22 |  |
| Simha Rasi: 1.14                 | Tithi 9            | <b>Gulika</b><br>1:37PM – 3:28PM          | <b>Magha*</b> Until 5:08AM Tue    | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:20AM | Subhakrit 5124                    |  |
| <b>Family Home Evening</b>       |                    | Yama<br>9:54AM – 11:46AM                  | Vridhii Until 7:11AM              | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:11PM  | Moon 4 - Phase 3 - 22             |  |
| Routine Work                     | Marana Yoga        | 251445479 <b>Rahu</b><br>6:12AM – 8:03AM  | Balava Until 5:33PM               | <b>Nataraja:</b> Clear  |                        | Navami                            |  |
| Until 5:08AM Tue                 |                    |   | <b>Navami*</b> Until 5:53AM Tue   | Moon – Red  |                        | <b>Bhuloka Day</b>                |  |
| Then Creative Work - Siddha Yoga |                    |   |                                   | Vaisaka*Chaitra   |                        | Devaloka Time: 6:PM to 9:PM       |  |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

|                                  |             |                                       |                                       |  |                        |                     |                       |   |
|----------------------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|---------------------|-----------------------|---|
| <b>1</b>                         |             | <b>Tuesday, May 10, 2022</b>          |                                       | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Dhruva/Nyaghata* Yoga Taitila Karana Dashmyam Titau |                        |                     |                       | Spokane, WA<br>Sun 23<br>Sutra 23<br>Subhakrit 5124 |
| Simha Rasi: 13.47                | Tithi 10    | <b>Gulika</b> 11:46AM – 1:37PM        | <b>Purvaphalguni Until 5:57AM Wed</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:19AM |                     |                       |   |
|                                  |             | Yama 8:02AM – 9:54AM                  | Dhruva Until 6:49AM                   | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:12PM  |                     | Moon 4 - Phase 4 - 23 |   |
|                                  |             | 252445479 <b>Rahu</b> 3:29PM – 5:21PM | Taitila Until 6:04PM                  | <b>Nataraja:</b> Clear   |                        |                     | 4th Phase             |   |
| Creative Work                    | Siddha Yoga |                                       | <b>Dashami Until 6:01AM Wed</b>       | Moon – Red   |                        | <b>Devaloka Day</b> |                       |   |
| Until 5:57AM Wed                 |             |                                       |                                       | Vaisaka-Chaitra  |                        |                     |                       |   |
| Then Creative Work - Amrita Yoga |             |                                       |                                       |  |                        |                     |                       |   |


|                                 |               |  |  |   |                        |                     |                       |   |
|---------------------------------|---------------|--|--|---|------------------------|---------------------|-----------------------|---|
| <b>2</b>                        |               | <b>Wednesday, May 11, 2022</b>         |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Harshana Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau |                        |                     |                       | Spokane, WA<br>Sun 24<br>Sutra 24<br>Subhakrit 5124 |
| Simha Rasi: 26.41               | Tithi 10 – 11 | <b>Gulika</b> 9:54AM – 11:46AM         | <b>Uttaraphalguni Until 5:51AM Thu</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:18AM |                     |                       |   |
|                                 |               | Yama 6:10AM – 8:02AM                   | Harshana Until 4:21AM Thu              | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:14PM  |                     | Moon 4 - Phase 4 - 24 |   |
|                                 |               | 252445479 <b>Rahu</b> 11:46AM – 1:38PM | Visti Until 5:23AM Thu                 | <b>Nataraja:</b> Clear  |                        |                     | 4th Phase             |   |
| Creative Work                   | Amrita Yoga   |  | <b>Dashami Until 6:01AM</b>            | Moon – Red  |                        | <b>Devaloka Day</b> |                       |   |
| Until 5:51AM Thu                |               |  |  | Vaisaka-Chaitra   |                        |                     |                       |   |
| Then Routine Work - Marana Yoga |               |  |  |   |                        |                     |                       |   |

|                                  |             |                                       |                                  |   |                        |                     |                       |   |
|----------------------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|---------------------|-----------------------|---|
| <b>3</b>                         |             | <b>Thursday, May 12, 2022</b>         |                                  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau |                        |                     |                       | Spokane, WA<br>Sun 25<br>Sutra 25<br>Subhakrit 5124 |
| Kanya Rasi: 9.59                 | Tithi 12    | <b>Gulika</b> 8:01AM – 9:53AM         | <b>Hasta Until 5:19AM Fri</b>    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:16AM |                     |                       |   |
|                                  |             | Yama 4:16AM – 6:09AM                  | Vajra* Until 2:11AM Fri          | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:15PM  |                     | Moon 4 - Phase 4 - 25 |   |
|                                  |             | 252445479 <b>Rahu</b> 1:38PM – 3:30PM | Bava Until 4:47PM                | <b>Nataraja:</b> Clear  |                        |                     | 4th Phase             |   |
| Routine Work                     | Marana Yoga |                                       | <b>Dvadashi Until 3:58AM Fri</b> | Moon – Red  |                        | <b>Devaloka Day</b> |                       |   |
| Until 5:19AM Fri                 |             |                                       |                                  | Vaisaka-Chaitra   |                        |                     |                       |   |
| Then Creative Work - Siddha Yoga |             |                                       |                                  |   |                        |                     |                       |   |

|                   |             |  |                                    |   |                        |                     |                       |   |
|-------------------|-------------|--|------------------------------------|---|------------------------|---------------------|-----------------------|---|
| <b>4</b>          |             | <b>Friday, May 13, 2022</b>            |                                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        |                     |                       | Spokane, WA<br>Sun 26<br>Sutra 26<br>Subhakrit 5124 |
| Kanya Rasi: 23.43 | Tithi 13    | <b>Gulika</b> 6:08AM – 8:00AM          | <b>Chitra Until 3:58AM Sat</b>     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:15AM |                     |                       |   |
|                   |             | Yama 3:31PM – 5:24PM                   | Siddhi Until 11:28PM               | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:16PM  |                     | Moon 4 - Phase 4 - 26 |   |
|                   |             | 262445479 <b>Rahu</b> 9:53AM – 11:46AM | Kaulava Until 3:02PM               | <b>Nataraja:</b> Clear  |                        |                     | 4th Phase             |   |
| Creative Work     | Siddha Yoga |  | <b>Trayodashi Until 1:54AM Sat</b> | Moon – Green  |                        | <b>Sivaloka Day</b> |                       |   |
|                   |             |  |                                    | Vaisaka-Chaitra   |                        |                     |                       |   |
|                   |             |  |                                    |   |                        |                     |                       |   |

*Pradosha Vrata*

|                                 |             |                                       |                                   |   |                        |                     |                       |   |
|---------------------------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|---------------------|-----------------------|---|
| <b>5</b>                        |             | <b>Saturday, May 14, 2022</b>         |                                   | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        |                     |                       | Spokane, WA<br>Sun 27<br>Sutra 27<br>Subhakrit 5124 |
| Tula Rasi: 7.52                 | Tithi 14    | <b>Gulika</b> 4:14AM – 6:07AM         | <b>Svati Until 1:56AM Sun</b>     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:14AM |                     |                       |   |
|                                 |             | Yama 1:39PM – 3:32PM                  | Vyatipata* Until 8:19PM           | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:18PM  |                     | Moon 4 - Phase 4 - 27 |   |
|                                 |             | 262445479 <b>Rahu</b> 8:00AM – 9:53AM | Gara Until 12:40PM                | <b>Nataraja:</b> Clear  |                        |                     | 4th Phase             |   |
| Creative Work                   | Siddha Yoga |                                       | <b>Chaturdashi* Until 11:16PM</b> | Moon – Green  |                        | <b>Sivaloka Day</b> |                       |   |
| Until 1:56AM Sun                |             |                                       |                                   | Vaisaka-Vaikasi   |                        |                     |                       |   |
| Then Routine Work - Marana Yoga |             |                                       |                                   |   |                        |                     |                       |   |

|   |             |                                       |                               |   |                        |                     |                            |   |
|---|-------------|---------------------------------------|-------------------------------|---|------------------------|---------------------|----------------------------|---|
|  |             | <b>Sunday, May 15, 2022</b>           |                               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau |                        |                     |                            | Spokane, WA<br>Sun 28<br>Sutra 28<br>Subhakrit 5124 |
| <b>Copper Retreat Star</b>  |             | <b>Gulika</b> 3:32PM – 5:26PM         | <b>Vishakha Until 11:47PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:12AM |                     |                            |   |
| Tula Rasi: 22.23  | Tithi 15    | Yama 11:46AM – 1:39PM                 | Variyan Until 4:46PM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:19PM  |                     | Moon 4 - Phase 4 - Purnima |   |
|   |             | 272445479 <b>Rahu</b> 5:26PM – 7:19PM | Visti Until 9:49AM            | <b>Nataraja:</b> Clear  |                        |                     |                            |   |
| Routine Work  | Marana Yoga |                                       | <b>Purnima* Until 8:14PM</b>  | Moon – Orange   |                        | <b>Devaloka Day</b> |                            |   |
|   |             |                                       |                               | Vaisaka-Vaikasi   |                        |                     |                            |   |

|                             |               |  |                               |                        |                        |   |                             |  |
|-----------------------------|---------------|--|-------------------------------|------------------------|------------------------|---|-----------------------------|--|
| <b>Monday, May 16, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                               |                        |                        | Spokane, WA<br>Sun 29<br>Sutra 29<br>Subhakrit 5124 |                             |  |
| <b>Silver Retreat Star</b>  |               | <b>Gulika</b> 1:39PM – 3:33PM  | <b>Anuradha Until 9:15PM</b>  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:11AM |   |                             |  |
| Vrischika Rasi: 7.1         | Tithi 16 – 17 | Yama 9:52AM – 11:46AM  | Parigha* Until 1:00PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:20PM  |   | Moon 4 - Phase 4 - Prathama |  |
| <b>Family Home Evening</b>  |               | 272445479 <b>Rahu</b> 6:05AM – 7:58AM  | Balava Until 6:37AM           | <b>Nataraja:</b> Clear |                        |   |                             |  |
| Creative Work               | Siddha Yoga   |  | <b>Prathama* Until 4:56PM</b> | Moon – Orange          |                        | <b>Devaloka Day</b>                                 |                             |  |
|                             |               |  |                               | Vaisaka-Vaikasi        |                        |   |                             |  |



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Spokane, WA  
Sun 1  
Sutra 30

Vrischika Rasi: 22.06 Tithi 17 - 18

272445479

**Gulika** 11:46AM - 1:40PM  
Yama 7:58AM - 9:52AM  
**Rahu** 3:34PM - 5:27PM

**Jyeshtha\* Until 6:31PM**  
Shiva Until 9:07AM  
Vanija Until 11:49PM  
**Dvitiya Until 1:31PM**

**Ganesha:** Yellow *Sunrise: 4:10AM*  
**Muruqa:** White *Sunset: 7:21PM*  
**Nataraja:** Clear  
Moon - Orange  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 1  
1st Phase

Routine Work Marana Yoga  
Until 6:31PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visli\*/Bava Karana Tritiya/Chaturthyam Titau

Spokane, WA  
Sun 2  
Sutra 31

Dhanus Rasi: 7.03 Tithi 18 - 19

282445479

**Gulika** 9:51AM - 11:46AM  
Yama 6:03AM - 7:57AM  
**Rahu** 11:46AM - 1:40PM

**Mula\* Until 4:07PM**  
Sadhya Until 1:27AM Thu  
Bava Until 8:30PM  
**Tritiya Until 10:08AM**

**Ganesha:** Blue *Sunrise: 4:09AM*  
**Muruqa:** White *Sunset: 7:23PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 2  
1st Phase

Routine Work Marana Yoga  
Until 4:07PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Spokane, WA  
Sun 3  
Sutra 32

Dhanus Rasi: 21.53 Tithi 19 - 20

282445479

**Gulika** 7:57AM - 9:51AM  
Yama 4:08AM - 6:02AM  
**Rahu** 1:40PM - 3:35PM

**Purvashadha\* Until 1:47PM**  
Subha Until 9:55PM  
Taitila Until 4:01AM Fri  
**Chaturthi\* Until 6:55AM**

**Ganesha:** Blue *Sunrise: 4:08AM*  
**Muruqa:** White *Sunset: 7:24PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 3  
1st Phase

Creative Work Siddha Yoga  
Until 1:47PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Spokane, WA  
Sun 4  
Sutra 33

Makara Rasi: 6.29 Tithi 21

282445479

**Gulika** 6:01AM - 7:56AM  
Yama 3:35PM - 5:30PM  
**Rahu** 9:51AM - 11:46AM

**Uttarashadha Until 11:40AM**  
Sukla Until 6:41PM  
Gara Until 2:43PM  
**Shashthi\* Until 1:31AM Sat**

**Ganesha:** Blue *Sunrise: 4:07AM*  
**Muruqa:** White *Sunset: 7:25PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 4  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visli\*/Bava Karana Saptamyam Titau

Spokane, WA  
Sun 5  
Sutra 34

Makara Rasi: 20.48 Tithi 22

292445479

**Gulika** 4:06AM - 6:01AM  
Yama 1:41PM - 3:36PM  
**Rahu** 7:56AM - 9:51AM

**Shravana Until 10:17AM**  
Brahma Until 3:51PM  
Visli Until 12:28PM  
**Saptami Until 11:31PM**

**Ganesha:** Red *Sunrise: 4:06AM*  
**Muruqa:** White *Sunset: 7:26PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 5  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Spokane, WA  
Sun 6  
Sutra 35

Kumbha Rasi: 4.46 Tithi 23

292445479

**Gulika** 3:37PM - 5:32PM  
Yama 11:46AM - 1:41PM  
**Rahu** 5:32PM - 7:27PM

**Dhanishtha Until 9:17AM**  
Indra Until 1:29PM  
Balava Until 10:45AM  
**Ashtami\* Until 10:06PM**

**Ganesha:** Red *Sunrise: 4:05AM*  
**Muruqa:** White *Sunset: 7:27PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 6  
Ashtami

Routine Work Marana Yoga  
Until 9:17AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak\*/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Spokane, WA  
Sun 7  
Sutra 36

Kumbha Rasi: 18.23 Tithi 24

293545479

**Gulika** 1:42PM - 3:37PM  
Yama 9:50AM - 11:46AM  
**Rahu** 5:59AM - 7:55AM

**Shatabhishak Until 8:43AM**  
Vaidhriti\* Until 11:34AM  
Taitila Until 9:38AM  
**Navami\* Until 9:16PM**

**Ganesha:** Red *Sunrise: 4:04AM*  
**Muruqa:** White *Sunset: 7:28PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5 - 7  
Navami

Creative Work Siddha Yoga  
Until 8:43AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|                                  |             |                                       |                                       |                        |                        |  |                      |                                  |
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| <b>1</b>                         |             | <b>Tuesday, May 24, 2022</b>          |                                       |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau |                      | Spokane, WA<br>Sun 8<br>Sutra 37 |
| Meena Rasi: 1.4                  | Tithi 25    | <b>Gulika</b> 11:46AM – 1:42PM        | <b>Purvaproshtapada* Until 9:03AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:03AM |  | Subhakrit 5124       |                                  |
|                                  |             | Yama 7:54AM – 9:50AM                  | Vishkambha* Until 10:09AM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:30PM  |  | Moon 5 - Phase 6 - 8 |                                  |
|                                  |             | 213545479 <b>Rahu</b> 3:38PM – 5:34PM | Vanija Until 9:06AM                   | <b>Nataraja:</b> Clear |                        |  | 2nd Phase            |                                  |
| Routine Work                     | Marana Yoga |                                       | <b>Dashami Until 9:02PM</b>           | Moon – Clear           |                        | <b>Devaloka Day</b>  |                      |                                  |
| Until 9:03AM                     |             |                                       |                                       | Vaisaka-Vaikasi        |                        |  |                      |                                  |
| Then Creative Work - Amrita Yoga |             |                                       |                                       |                        |                        |  |                      |                                  |

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| <b>2</b>                        |             | <b>Wednesday, May 25, 2022</b>         |                                       |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau |                      | Spokane, WA<br>Sun 9<br>Sutra 38 |
| Meena Rasi: 14.38               | Tithi 26    | <b>Gulika</b> 9:50AM – 11:46AM         | <b>Uttaraproshtapada Until 9:48AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:02AM |   | Subhakrit 5124       |                                  |
|                                 |             | Yama 5:58AM – 7:54AM                   | Priti Until 9:13AM                    | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:31PM  |   | Moon 5 - Phase 6 - 9 |                                  |
|                                 |             | 313545479 <b>Rahu</b> 11:46AM – 1:42PM | Bava Until 9:10AM                     | <b>Nataraja:</b> Clear |                        |   | 2nd Phase            |                                  |
| Creative Work                   | Siddha Yoga |  | <b>Ekadashi* Until 9:23PM</b>         | Moon – Clear           |                        | <b>Sivaloka Day</b>   |                      |                                  |
| Until 9:48AM                    |             |  |                                       | Vaisaka-Vaikasi        |                        |   |                      |                                  |
| Then Routine Work - Marana Yoga |             |  |                                       |                        |                        |   |                      |                                  |

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| <b>3</b>                         |             | <b>Thursday, May 26, 2022</b>         |                                |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau |                       | Spokane, WA<br>Sun 10<br>Sutra 39 |
| Meena Rasi: 27.19                | Tithi 27    | <b>Gulika</b> 7:54AM – 9:50AM         | <b>Revati Until 10:57AM</b>    | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:01AM |  | Subhakrit 5124        |                                   |
|                                  |             | Yama 4:01AM – 5:57AM                  | Ayushman Until 8:42AM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:32PM  |  | Moon 5 - Phase 6 - 10 |                                   |
|                                  |             | 313545479 <b>Rahu</b> 1:43PM – 3:39PM | Kaulava Until 9:47AM           | <b>Nataraja:</b> Clear |                        |  | 2nd Phase             |                                   |
| Creative Work                    | Siddha Yoga |                                       | <b>Dvadashi* Until 10:17PM</b> | Moon – Clear           |                        | <b>Sivaloka Day</b>  |                       |                                   |
| Until 10:57AM                    |             |                                       |                                | Vaisaka-Vaikasi        |                        |  |                       |                                   |
| Then Creative Work - Amrita Yoga |             |                                       |                                |                        |                        |  |                       |                                   |

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| <b>4</b>                         |             | <b>Friday, May 27, 2022</b>            |                                  |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau |                       | Spokane, WA<br>Sun 11<br>Sutra 40 |
| Mesha Rasi: 9.47                 | Tithi 28    | <b>Gulika</b> 5:57AM – 7:53AM          | <b>Ashvini Until 12:54PM</b>     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:00AM |   | Subhakrit 5124        |                                   |
|                                  |             | Yama 3:40PM – 5:36PM                   | Saubhagya Until 8:35AM           | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:33PM  |   | Moon 5 - Phase 6 - 11 |                                   |
|                                  |             | 323545479 <b>Rahu</b> 9:50AM – 11:46AM | Gara Until 10:55AM               | <b>Nataraja:</b> Clear |                        |   | 2nd Phase             |                                   |
| Creative Work                    | Amrita Yoga |  | <b>Trayodashi* Until 11:39PM</b> | Moon – White           |                        | <b>Devaloka Day</b>   |                       |                                   |
| Until 12:54PM                    |             |  |                                  | Vaisaka-Vaikasi        |                        |   |                       |                                   |
| Then Creative Work - Siddha Yoga |             |  | <i>Pradosha Vrata (Fasting)</i>  |                        |                        |   |                       |                                   |

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| <b>5</b>                         |             | <b>Saturday, May 28, 2022</b>         |                                      |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                       | Spokane, WA<br>Sun 12<br>Sutra 41 |
| Mesha Rasi: 22.02                | Tithi 29    | <b>Gulika</b> 3:59AM – 5:56AM         | <b>Bharani Until 3:08PM</b>          | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 3:59AM |   | Subhakrit 5124        |                                   |
|                                  |             | Yama 1:43PM – 3:40PM                  | Sobhana Until 8:51AM                 | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:34PM  |   | Moon 5 - Phase 6 - 12 |                                   |
|                                  |             | 323545479 <b>Rahu</b> 7:53AM – 9:50AM | Visti Until 12:30PM                  | <b>Nataraja:</b> Clear |                        |   | 2nd Phase             |                                   |
| Creative Work                    | Siddha Yoga |                                       | <b>Chaturdashi* Until 1:25AM Sun</b> | Moon – White           |                        | <b>Devaloka Day</b>   |                       |                                   |
| Until 3:08PM                     |             |                                       |                                      | Vaisaka-Vaikasi        |                        |   |                       |                                   |
| Then Creative Work - Amrita Yoga |             |                                       |                                      |                        |                        |   |                       |                                   |

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| <b>Retreat Star</b>  |             | <b>Sunday, May 29, 2022</b>           |                                   |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                       | Spokane, WA<br>Sun 13<br>Sutra 42 |
| Vrishabha Rasi: 4.08 | Tithi 30    | <b>Gulika</b> 3:41PM – 5:38PM         | <b>Krittika Until 5:32PM</b>      | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 3:58AM |  | Subhakrit 5124        |                                   |
|                      |             | Yama 11:47AM – 1:44PM                 | Athiganda* Until 9:22AM           | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:35PM  |  | Moon 5 - Phase 6 - 13 |                                   |
|                      |             | 323545479 <b>Rahu</b> 5:38PM – 7:35PM | Catuspada Until 2:28PM            | <b>Nataraja:</b> Clear |                        |  | Amavasya              |                                   |
| Creative Work        | Siddha Yoga |                                       | <b>Amavasya* Until 3:32AM Mon</b> | Moon – White           |                        | <b>Devaloka Day</b>  |                       |                                   |
|                      |             |                                       |                                   | Vaisaka-Vaikasi        |                        |  |                       |                                   |

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| <b>Retreat Star</b>        |             | <b>Monday, May 30, 2022</b>           |                                   |                        |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau |                       | Spokane, WA<br>Sun 14<br>Sutra 43 |
| Vrishabha Rasi: 16.07      | Tithi 1     | <b>Gulika</b> 1:44PM – 3:41PM         | <b>Rohini Until 8:33PM</b>        | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 3:58AM |   | Subhakrit 5124        |                                   |
| <b>Family Home Evening</b> |             | Yama 9:49AM – 11:47AM                 | Sukarma Until 10:09AM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:36PM  |   | Moon 5 - Phase 6 - 14 |                                   |
|                            |             | 333545479 <b>Rahu</b> 5:55AM – 7:52AM | Kintughna Until 4:42PM            | <b>Nataraja:</b> Clear |                        |   | Prathama              |                                   |
| Creative Work              | Amrita Yoga |                                       | <b>Prathama* Until 5:52AM Tue</b> | Moon – Yellow          |                        | <b>Devaloka Day</b>   |                       |                                   |
|                            |             |                                       |                                   | Jyeshtha-Vaikasi       |                        |   |                       |                                   |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

|                                 |             |                                |                          |   |                 |                                   |  |
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| <b>1</b>                        |             | Tuesday, May 31, 2022          |                          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Dhriti/Shula* Yoga Balava Karana Dvitiyayam Titau |                 | Spokane, WA<br>Sun 15<br>Sutra 44 |  |
| Vrishabha Rasi: 28              | Tithi 2     | Gulika 11:47AM – 1:44PM        | Mrigashira Until 11:33PM | Ganesha: Orange   | Sunrise: 3:57AM | Subhakrit 5124                    |  |
|                                 |             | Yama 7:52AM – 9:49AM           | Dhriti Until 11:06AM     | Muruqa: White   | Sunset: 7:37PM  | Moon 5 - Phase 7 - 15             |  |
|                                 |             | 333545479 Rahu 3:42PM – 5:39PM | Balava Until 7:07PM      | Nataraja: Clear   |                 | 3rd Phase                         |  |
| Creative Work                   | Siddha Yoga |                                | Dvitiya Until 8:20AM Wed | Moon – Yellow   |                 | Devaloka Day                      |  |
| Until 11:33PM                   |             |                                |                          | Jyeshtha-Vaikasi  |                 |                                   |  |
| Then Routine Work - Marana Yoga |             |                                |                          |   |                 |                                   |  |

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| <b>2</b>                         |             | Wednesday, June 1, 2022         |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                 | Spokane, WA<br>Sun 16<br>Sutra 45 |  |
| Mithuna Rasi: 9.5                | Tithi 2 – 3 | Gulika 9:49AM – 11:47AM         | Ardra Until 2:25AM Thu | Ganesha: Orange   | Sunrise: 3:56AM | Subhakrit 5124                    |  |
|                                  |             | Yama 5:54AM – 7:52AM            | Shula* Until 12:05PM   | Muruqa: White   | Sunset: 7:38PM  | Moon 5 - Phase 7 - 16             |  |
|                                  |             | 333545479 Rahu 11:47AM – 1:45PM | Taitila Until 9:36PM   | Nataraja: Clear   |                 | 3rd Phase                         |  |
| Creative Work                    | Siddha Yoga |                                 | Dvitiya Until 8:20AM   | Moon – Yellow   |                 | Devaloka Day                      |  |
| Until 2:25AM Thu                 |             |                                 |                        | Jyeshtha-Vaikasi  |                 |                                   |  |
| Then Creative Work - Amrita Yoga |             |                                 |                        |   |                 |                                   |  |

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| <b>3</b>                        |             | Thursday, June 2, 2022         |                            | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |                 | Spokane, WA<br>Sun 17<br>Sutra 46 |  |
| Mithuna Rasi: 21.4              | Tithi 3 – 4 | Gulika 7:51AM – 9:49AM         | Punarvasu Until 5:35AM Fri | Ganesha: Clear   | Sunrise: 3:56AM | Subhakrit 5124                    |  |
|                                 |             | Yama 3:56AM – 5:54AM           | Ganda* Until 1:06PM        | Muruqa: Green  | Sunset: 7:39PM  | Moon 5 - Phase 7 - 17             |  |
|                                 |             | 343555479 Rahu 1:45PM – 3:43PM | Vanija Until 12:03AM Fri   | Nataraja: Clear  |                 | 3rd Phase                         |  |
| Creative Work                   | Amrita Yoga |                                | Tritiya Until 10:49AM      | Moon – Blue  |                 | Devaloka Day                      |  |
| Until 5:35AM Fri                |             |                                |                            | Jyeshtha-Vaikasi   |                 |                                   |  |
| Then Routine Work - Marana Yoga |             |                                |                            |  |                 |                                   |  |

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| <b>4</b>          |             | Friday, June 3, 2022            |                         | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                 | Spokane, WA<br>Sun 18<br>Sutra 47 |  |
| Kataka Rasi: 3.32 | Tithi 4 – 5 | Gulika 5:53AM – 7:51AM          | Pushya Until 8:23AM Sat | Ganesha: Clear   | Sunrise: 3:55AM | Subhakrit 5124                    |  |
|                   |             | Yama 3:43PM – 5:41PM            | Vridhi Until 2:03PM     | Muruqa: Green  | Sunset: 7:40PM  | Moon 5 - Phase 7 - 18             |  |
|                   |             | 343555479 Rahu 9:49AM – 11:47AM | Bava Until 2:20AM Sat   | Nataraja: Clear  |                 | 3rd Phase                         |  |
| Routine Work      | Marana Yoga |                                 | Chaturthi* Until 1:12PM | Moon – Blue  |                 | Devaloka Day                      |  |
|                   |             |                                 |                         | Jyeshtha-Vaikasi   |                 |                                   |  |

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| <b>5</b>                        |             | Saturday, June 4, 2022         |                          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                 | Spokane, WA<br>Sun 19<br>Sutra 48 |  |
| Kataka Rasi: 15.28              | Tithi 5 – 6 | Gulika 3:55AM – 5:53AM         | Pushya Until 8:23AM      | Ganesha: Clear  | Sunrise: 3:55AM | Subhakrit 5124                    |  |
|                                 |             | Yama 1:46PM – 3:44PM           | Dhruva Until 2:47PM      | Muruqa: Green   | Sunset: 7:40PM  | Moon 5 - Phase 7 - 19             |  |
|                                 |             | 343555479 Rahu 7:51AM – 9:49AM | Kaulava Until 4:19AM Sun | Nataraja: Clear   |                 | 3rd Phase                         |  |
| Creative Work                   | Siddha Yoga |                                | Panchami Until 3:21PM    | Moon – Blue   |                 | Devaloka Day                      |  |
| Until 8:23AM                    |             |                                |                          | Jyeshtha-Vaikasi  |                 |                                   |  |
| Then Routine Work - Marana Yoga |             |                                |                          |   |                 |                                   |  |

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| <b>6</b>                        |             | Sunday, June 5, 2022           |                         | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                 | Spokane, WA<br>Sun 20<br>Sutra 49 |  |
| Kataka Rasi: 27.31              | Tithi 6 – 7 | Gulika 3:44PM – 5:43PM         | Ashlesha* Until 10:42AM | Ganesha: Clear   | Sunrise: 3:54AM | Subhakrit 5124                    |  |
|                                 |             | Yama 11:48AM – 1:46PM          | Vyaghata* Until 3:15PM  | Muruqa: Green  | Sunset: 7:41PM  | Moon 5 - Phase 7 - 20             |  |
|                                 |             | 343555471 Rahu 5:43PM – 7:41PM | Gara Until 5:51AM Mon   | Nataraja: Yellow   |                 | 3rd Phase                         |  |
| Creative Work                   | Siddha Yoga |                                | Shashthi* Until 5:08PM  | Moon – Blue  |                 | Devaloka Day                      |  |
| Until 10:42AM                   |             |                                |                         | Jyeshtha-Vaikasi   |                 |                                   |  |
| Then Routine Work - Marana Yoga |             |                                |                         |  |                 |                                   |  |

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| <b>Monday, June 6, 2022</b>      |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Vanija Karana Saptamyam Titau |                       | Spokane, WA<br>Sun 21<br>Sutra 50 |                 |                       |  |
| <b>Retreat Star</b>              |             | Gulika 1:46PM – 3:45PM  | Magha* Until 12:53PM  | Ganesha: Clear                    | Sunrise: 3:54AM | Subhakrit 5124        |  |
| Simha Rasi: 9.46                 | Tithi 7     | Yama 9:49AM – 11:48AM   | Harshana Until 3:21PM | Muruqa: Green                     | Sunset: 7:42PM  | Moon 5 - Phase 7 - 21 |  |
| <b>Family Home Evening</b>       |             | 354555471 Rahu 5:52AM – 7:51AM  | Vanija Until 6:23PM   | Nataraja: Yellow                  |                 | 3rd Phase             |  |
| Routine Work                     | Marana Yoga |   | Saptami Until 6:23PM  | Moon – Red                        |                 | Devaloka Day          |  |
| Until 12:53PM                    |             |   |                       | Jyeshtha-Vaikasi                  |                 |                       |  |
| Then Creative Work - Siddha Yoga |             |   |                       |                                   |                 |                       |  |

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| <b>Tuesday, June 7, 2022</b>     |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau |                            | Spokane, WA<br>Sun 22<br>Sutra 51 |                 |                       |  |
| <b>Retreat Star</b>              |             | Gulika 11:48AM – 1:47PM   | Purvaphalguni Until 2:18PM | Ganesha: Clear                    | Sunrise: 3:53AM | Subhakrit 5124        |  |
| Simha Rasi: 22.16                | Tithi 8     | Yama 7:51AM – 9:49AM  | Vajra* Until 2:55PM        | Muruqa: Green                     | Sunset: 7:43PM  | Moon 5 - Phase 7 - 22 |  |
|                                  |             | 354555471 Rahu 3:45PM – 5:44PM  | Visti Until 6:48AM         | Nataraja: Yellow                  |                 | Ashtami               |  |
| Creative Work                    | Siddha Yoga |   | Ashtami* Until 7:00PM      | Moon – Red                        |                 | Devaloka Day          |  |
| Until 2:18PM                     |             |   |                            | Jyeshtha-Vaikasi                  |                 |                       |  |
| Then Creative Work - Amrita Yoga |             |   |                            |                                   |                 |                       |  |

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| <b>Wednesday, June 8, 2022</b>  |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau |                             | Spokane, WA<br>Sun 23<br>Sutra 52 |                 |                       |  |
| <b>Retreat Star</b>             |             | Gulika 9:49AM – 11:48AM  | Uttaraphalguni Until 2:51PM | Ganesha: Clear                    | Sunrise: 3:53AM | Subhakrit 5124        |  |
| Kanya Rasi: 5.05                | Tithi 9     | Yama 5:52AM – 7:51AM   | Siddhi Until 1:55PM         | Muruqa: Green                     | Sunset: 7:43PM  | Moon 5 - Phase 7 - 23 |  |
|                                 |             | 354555471 Rahu 11:48AM – 1:47PM  | Balava Until 7:03AM         | Nataraja: Yellow                  |                 | Navami                |  |
| Creative Work                   | Amrita Yoga |  | Navami* Until 6:51PM        | Moon – Red                        |                 | Devaloka Day          |  |
| Until 2:51PM                    |             |  |                             | Jyeshtha-Vaikasi                  |                 |                       |  |
| Then Routine Work - Marana Yoga |             |  |                             |                                   |                 |                       |  |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

|          |                               |               |  |                                  |                         |   |                                   |
|----------|-------------------------------|---------------|--|----------------------------------|-------------------------|---|-----------------------------------|
| <b>1</b> | <b>Thursday, June 9, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau |                                  |                         |   | Spokane, WA<br>Sun 24<br>Sutra 53 |
|          | Kanya Rasi: 18.18             | Tithi 10 – 11 | <b>Gulika</b> 7:50AM – 9:49AM  | <b>Hasta</b> <b>Until 2:55PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 3:53AM                            | Subhakrit 5124                    |
|          |                               |               | Yama 3:53AM – 5:51AM   | Vyatipata* <b>Until 12:19PM</b>  | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:44PM                             | Moon 5 - Phase 8 - 24             |
|          | Routine Work                  | Marana Yoga   | 364555471 <b>Rahu</b> 1:47PM – 3:46PM  | Taitila <b>Until 6:31AM</b>      | <b>Nataraja:</b> Yellow |   | 4th Phase                         |
|          |                               |               | <b>Dashami</b> <b>Until 5:56PM</b>   | Moon – Green                     |                         |   |                                   |
|          |                               |               |  | <b>Jyeshtha-Vaikasi</b>          |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                   |

|          |                              |               |   |                                   |                         |   |                                   |
|----------|------------------------------|---------------|---|-----------------------------------|-------------------------|---|-----------------------------------|
| <b>2</b> | <b>Friday, June 10, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Variyan/Parigha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau |                                   |                         |   | Spokane, WA<br>Sun 25<br>Sutra 54 |
|          | Tula Rasi: 1.57              | Tithi 11 – 12 | <b>Gulika</b> 5:51AM – 7:50AM   | <b>Chitra</b> <b>Until 2:05PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 3:52AM                            | Subhakrit 5124                    |
|          |                              |               | Yama 3:47PM – 5:46PM  | Variyan <b>Until 10:03AM</b>      | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:45PM                             | Moon 5 - Phase 8 - 25             |
|          | Creative Work                | Siddha Yoga   | 364555471 <b>Rahu</b> 9:49AM – 11:49AM  | Bava <b>Until 3:08AM Sat</b>      | <b>Nataraja:</b> Yellow |   | 4th Phase                         |
|          |                              |               | <b>Ekadashi</b> <b>Until 4:14PM</b>   | Moon – Green                      |                         |   |                                   |
|          |                              |               |   | <b>Jyeshtha-Vaikasi</b>           |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                   |

|          |                                |               |   |                                   |                         |   |                                   |
|----------|--------------------------------|---------------|---|-----------------------------------|-------------------------|---|-----------------------------------|
| <b>3</b> | <b>Saturday, June 11, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                   |                         |   | Spokane, WA<br>Sun 26<br>Sutra 55 |
|          | Tula Rasi: 16.04               | Tithi 12 – 13 | <b>Gulika</b> 3:52AM – 5:51AM   | <b>Svati</b> <b>Until 12:24PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 3:52AM                            | Subhakrit 5124                    |
|          |                                |               | Yama 1:48PM – 3:47PM  | Parigha* <b>Until 7:13AM</b>      | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:45PM                             | Moon 5 - Phase 8 - 26             |
|          | Creative Work                  | Siddha Yoga   | 364555471 <b>Rahu</b> 7:50AM – 9:50AM   | Kaulava <b>Until 12:27AM Sun</b>  | <b>Nataraja:</b> Yellow |   | 4th Phase                         |
|          |                                |               | <b>Dvadashi</b> <b>Until 1:51PM</b>   | Moon – Green                      |                         |   |                                   |
|          |                                |               |   | <b>Jyeshtha-Vaikasi</b>           |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                   |
|          |                                |               |   | <i>Pradosha Vrata</i>             |                         |   |                                   |

|          |                              |               |   |                                      |                         |                        |                                   |
|----------|------------------------------|---------------|---|--------------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>4</b> | <b>Sunday, June 12, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                      |                         |                        | Spokane, WA<br>Sun 27<br>Sutra 56 |
|          | Vrischika Rasi: 0.37         | Tithi 13 – 14 | <b>Gulika</b> 3:47PM – 5:47PM   | <b>Vishakha</b> <b>Until 10:24AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 3:52AM | Subhakrit 5124                    |
|          |                              |               | Yama 11:49AM – 1:48PM   | Siddha <b>Until 12:08AM Mon</b>      | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:46PM  | Moon 5 - Phase 8 - 27             |
|          | Routine Work                 | Marana Yoga   | 374555471 <b>Rahu</b> 5:47PM – 7:46PM   | Gara <b>Until 9:15PM</b>             | <b>Nataraja:</b> Yellow |                        | 4th Phase                         |
|          |                              |               | <b>Trayodashi</b> <b>Until 10:53AM</b>  | Moon – Orange                        |                         |                        |                                   |
|          |                              |               |   | <b>Jyeshtha-Vaikasi</b>              |                         | <b>Devaloka Day</b>    |                                   |

|  |                              |               |  |                                     |                         |                        |                         |
|--|------------------------------|---------------|--|-------------------------------------|-------------------------|------------------------|-------------------------|
|  | <b>Monday, June 13, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                                     |                         |                        | Spokane, WA<br>Sutra 57 |
|  | <b>Copper Retreat Star</b>   |               | <b>Gulika</b> 1:48PM – 3:48PM  | <b>Anuradha</b> <b>Until 7:50AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 3:52AM | Subhakrit 5124          |
|  | Vrischika Rasi: 15.3         | Tithi 14 – 15 | Yama 9:50AM – 11:49AM  | Sadhya <b>Until 8:06PM</b>          | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:47PM  | Moon 5 - Phase 8 -      |
|  | <b>Family Home Evening</b>   |               | 374555471 <b>Rahu</b> 5:51AM – 7:50AM  | Bava <b>Until 3:49AM Tue</b>        | <b>Nataraja:</b> Yellow |                        | Purnima                 |
|  |                              |               | <b>Chaturdashi*</b> <b>Until 7:30AM</b>  | Moon – Orange                       |                         |                        |                         |
|  |                              |               |  | <b>Jyeshtha-Vaikasi</b>             |                         | <b>Devaloka Day</b>    |                         |

|          |                               |             |   |                                      |                         |   |                         |
|----------|-------------------------------|-------------|---|--------------------------------------|-------------------------|---|-------------------------|
| <b>○</b> | <b>Tuesday, June 14, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                         |   | Spokane, WA<br>Sutra 58 |
|          | <b>Silver Retreat Star</b>    |             | <b>Gulika</b> 11:49AM – 1:49PM  | <b>Mula*</b> <b>Until 2:02AM Wed</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 3:52AM                            | Subhakrit 5124          |
|          | Dhanus Rasi: 0.38             | Tithi 16    | Yama 7:50AM – 9:50AM  | Subha <b>Until 3:57PM</b>            | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:47PM                             | Moon 5 - Phase 8 -      |
|          | Creative Work                 | Amrita Yoga | 384555471 <b>Rahu</b> 3:48PM – 5:48PM   | Balava <b>Until 1:57PM</b>           | <b>Nataraja:</b> Yellow |   | Prathama                |
|          |                               |             | <b>Prathama*</b> <b>Until 12:02AM Wed</b>   | Moon – Light Blue                    |                         |   |                         |
|          |                               |             |   | <b>Jyeshtha-Ani</b>                  |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                         |





Wednesday, June 15, 2022

Gold Retreat Star

Dhanus Rasi: 15.5 Tithi 17

384555471

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Spokane, WA

Sun 1 Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

**Gulika** 9:50AM - 11:50AM **Purvashadha\* Until 11:08PM**

**Yama** 5:51AM - 7:51AM **Sukla Until 11:44AM**

**Rahu** 11:50AM - 1:49PM **Taitila Until 10:09AM**

**Dvitiya Until 8:17PM**

**Ganesha:** Blue *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:47PM*

**Nataraja:** Yellow

Moon - Light Blue

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

1

Thursday, June 16, 2022

Makara Rasi: 0.58 Tithi 18 - 19

384555471

Routine Work Marana Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Spokane, WA

Sun 2 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

**Gulika** 7:51AM - 9:50AM **Uttarashadha Until 8:21PM**

**Yama** 3:52AM - 5:51AM **Brahma Until 7:40AM**

**Rahu** 1:49PM - 3:49PM **Vanija Until 6:30AM**

**Tritiya Until 4:45PM**

**Ganesha:** Blue *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:47PM*

**Nataraja:** Yellow

Moon - Light Blue

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

2

Friday, June 17, 2022

Makara Rasi: 15.52 Tithi 19 - 20

394555471

Routine Work Marana Yoga

Until 6:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Spokane, WA

Sun 3 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

**Gulika** 5:51AM - 7:51AM **Shravana Until 6:13PM**

**Yama** 3:49PM - 5:49PM **Vaidhriti\* Until 12:23AM Sat**

**Rahu** 9:50AM - 11:50AM **Kaulava Until 12:11AM Sat**

**Chaturthi\* Until 1:34PM**

**Ganesha:** Red *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:48PM*

**Nataraja:** Yellow

Moon - Purple

**Jyeshtha-Ani**

**Devaloka Day**

3

Saturday, June 18, 2022

Kumbha Rasi: 0.25 Tithi 20 - 21

394655471

Creative Work Siddha Yoga

Until 4:29PM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA

Sun 4 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

**Gulika** 3:52AM - 5:51AM **Dhanishtha Until 4:29PM**

**Yama** 1:50PM - 3:49PM **Vishkambha\* Until 9:24PM**

**Rahu** 7:51AM - 9:50AM **Gara Until 9:49PM**

**Panchami Until 10:54AM**

**Ganesha:** Blue *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:49PM*

**Nataraja:** Yellow

Moon - Purple

**Jyeshtha-Ani**

**Sivaloka Day**

4

Sunday, June 19, 2022

Kumbha Rasi: 14.34 Tithi 21 - 22

395655471

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 5 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

**Gulika** 3:50PM - 5:49PM **Shatabhishak Until 3:16PM**

**Yama** 11:50AM - 1:50PM **Priti Until 7:00PM**

**Rahu** 5:49PM - 7:49PM **Visti Until 8:08PM**

**Shashthi\* Until 8:52AM**

**Ganesha:** Red *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:49PM*

**Nataraja:** Yellow

Moon - Purple

**Jyeshtha-Ani**

**Devaloka Day**

Father's Day

D

Monday, June 20, 2022

Retreat Star

Kumbha Rasi: 28.15 Tithi 22 - 23

Family Home Evening

315655471

Routine Work Marana Yoga

Until 3:05PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Sun 6 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

**Gulika** 1:50PM - 3:50PM **Purvaproshtapada\* Until 3:05PM**

**Yama** 9:51AM - 11:51AM **Ayushman Until 5:10PM**

**Rahu** 5:52AM - 7:51AM **Balava Until 7:12PM**

**Saptami Until 7:33AM**

**Ganesha:** Clear *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:49PM*

**Nataraja:** Yellow

Moon - Clear

**Jyeshtha-Ani**

**Devaloka Day**

Tuesday, June 21, 2022

Retreat Star

Meena Rasi: 11.31 Tithi 23 - 24

315655471

Creative Work Amrita Yoga

Until 3:32PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Spokane, WA

Sun 7 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

**Gulika** 11:51AM - 1:50PM **Uttaraproshtapada Until 3:32PM**

**Yama** 7:51AM - 9:51AM **Saubhagya Until 3:59PM**

**Rahu** 3:50PM - 5:50PM **Taitila Until 7:03PM**

**Ashtami\* Until 7:01AM**

**Ganesha:** Clear *Sunrise: 3:52AM*

**Muruqa:** Green *Sunset: 7:49PM*

**Nataraja:** Yellow

Moon - Clear

**Jyeshtha-Ani**

**Devaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

all times are standard time. Calculated for Spokane, WA on 4/26/21

www.gurudeva.org/panchang

|              |                                 |                              |   |                            |                       |                        |                        |
|--------------|---------------------------------|------------------------------|---|----------------------------|-----------------------|------------------------|------------------------|
| <b>1</b>     | <b>Wednesday, June 22, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                            |                       |                        | Spokane, WA            |
|              | Meena Rasi: 24.22               | Tithi 24 – 25                | <b>Gulika</b> 9:51AM – 11:51AM  | <b>Revati</b> Until 4:32PM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 3:52AM | Sun 8<br>Subhakit 5124 |
|              | 315655471                       |                              | Yama 5:52AM – 7:52AM  | Sobhana Until 3:24PM       | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:50PM  | Moon 6 - Phase 10 - 8  |
| Routine Work | Marana Yoga                     | <b>Rahu</b> 11:51AM – 1:51PM | Vanija Until 7:38PM   | <b>Nataraja:</b> Yellow    |                       | 2nd Phase              |                        |
|              |                                 |                              | <b>Navami*</b> Until 7:14AM   | Moon – Clear               |                       | <b>Devaloka Day</b>    |                        |
|              |                                 |                              |   | Jyeshtha-Ani               |                       |                        |                        |


|                                  |                                |                             |  |                             |                        |                             |                        |
|----------------------------------|--------------------------------|-----------------------------|--|-----------------------------|------------------------|-----------------------------|------------------------|
| <b>2</b>                         | <b>Thursday, June 23, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                             |                        |                             | Spokane, WA            |
|                                  | Mesha Rasi: 6.53               | Tithi 25 – 26               | <b>Gulika</b> 7:52AM – 9:52AM  | <b>Ashvini</b> Until 6:31PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 3:53AM      | Sun 9<br>Subhakit 5124 |
|                                  | 325655471                      |                             | Yama 3:53AM – 5:52AM   | Athiganda* Until 3:19PM     | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 9  |
| Creative Work                    | Amrita Yoga                    | <b>Rahu</b> 1:51PM – 3:50PM | Bava Until 8:53PM  | <b>Nataraja:</b> Yellow     |                        | 2nd Phase                   |                        |
| Until 6:31PM                     |                                |                             | <b>Dashami</b> Until 8:10AM  | Moon – White                |                        | <b>Bhuloka Day</b>          |                        |
| Then Creative Work - Siddha Yoga |                                |                             |  | Jyeshtha-Ani                |                        | Devaloka Time: 6:PM to 9:PM |                        |

|               |                              |                              |   |                             |                        |                             |                         |
|---------------|------------------------------|------------------------------|---|-----------------------------|------------------------|-----------------------------|-------------------------|
| <b>3</b>      | <b>Friday, June 24, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                             |                        |                             | Spokane, WA             |
|               | Mesha Rasi: 19.1             | Tithi 26 – 27                | <b>Gulika</b> 5:53AM – 7:52AM   | <b>Bharani</b> Until 8:52PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 3:53AM      | Sun 10<br>Subhakit 5124 |
|               | 325655471                    |                              | Yama 3:51PM – 5:50PM  | Sukarma Until 3:41PM        | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 10  |
| Creative Work | Siddha Yoga                  | <b>Rahu</b> 9:52AM – 11:51AM | Kaulava Until 10:39PM   | <b>Nataraja:</b> Yellow     |                        | 2nd Phase                   |                         |
|               |                              |                              | <b>Ekadashi*</b> Until 9:41AM   | Moon – White                |                        | <b>Bhuloka Day</b>          |                         |
|               |                              |                              |   | Jyeshtha-Ani                |                        | Devaloka Time: 6:PM to 9:PM |                         |

|               |                                |                             |   |                               |                        |                             |                         |
|---------------|--------------------------------|-----------------------------|---|-------------------------------|------------------------|-----------------------------|-------------------------|
| <b>4</b>      | <b>Saturday, June 25, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Dhriti/Shula* Yoga Tatitla/Gara Karana Dvadashi/Trayodashyam Titau |                               |                        |                             | Spokane, WA             |
|               | Vrisabha Rasi: 1.14            | Tithi 27 – 28               | <b>Gulika</b> 3:53AM – 5:53AM   | <b>Krittika</b> Until 11:25PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 3:53AM      | Sun 11<br>Subhakit 5124 |
|               | 325655471                      |                             | Yama 1:51PM – 3:51PM  | Dhriti Until 4:23PM           | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 11  |
| Creative Work | Amrita Yoga                    | <b>Rahu</b> 7:52AM – 9:52AM | Gara Until 12:48AM Sun  | <b>Nataraja:</b> Yellow       |                        | 2nd Phase                   |                         |
|               |                                |                             | <b>Dvadashi*</b> Until 11:40AM  | Moon – White                  |                        | <b>Bhuloka Day</b>          |                         |
|               |                                |                             |   | Jyeshtha-Ani                  |                        | Devaloka Time: 6:PM to 9:PM |                         |
|               |                                |                             | <i>Pradosha Vrata (Fasting)</i>   |                               |                        |                             |                         |

|                                  |                              |                             |   |                                |                            |                             |                         |
|----------------------------------|------------------------------|-----------------------------|---|--------------------------------|----------------------------|-----------------------------|-------------------------|
| <b>5</b>                         | <b>Sunday, June 26, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                |                            |                             | Spokane, WA             |
|                                  | Vrisabha Rasi: 13.1          | Tithi 28 – 29               | <b>Gulika</b> 3:51PM – 5:50PM   | <b>Rohini</b> Until 2:33AM Mon | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 3:54AM      | Sun 12<br>Subhakit 5124 |
|                                  | 335655471                    |                             | Yama 11:52AM – 1:51PM   | Shula* Until 5:17PM            | <b>Muruqa:</b> Green       | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 12  |
| Creative Work                    | Siddha Yoga                  | <b>Rahu</b> 5:50PM – 7:50PM | Visti Until 3:11AM Mon  | <b>Nataraja:</b> Yellow        |                            | 2nd Phase                   |                         |
| Until 2:33AM Mon                 |                              |                             | <b>Trayodashi*</b> Until 1:57PM   | Moon – Yellow                  |                            | <b>Bhuloka Day</b>          |                         |
| Then Creative Work - Amrita Yoga |                              |                             |   | Jyeshtha-Ani                   |                            | Devaloka Time: 6:PM to 9:PM |                         |

|                                 |                              |                             |   |                                    |                            |                             |                         |
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| <b>6</b>                        | <b>Monday, June 27, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                    |                            |                             | Spokane, WA             |
|                                 | Vrisabha Rasi: 25.01         | Tithi 29 – 30               | <b>Gulika</b> 1:51PM – 3:51PM   | <b>Mrigashira</b> Until 5:37AM Tue | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 3:54AM      | Sun 13<br>Subhakit 5124 |
|                                 | 335655471                    |                             | Yama 9:52AM – 11:52AM   | Ganda* Until 6:18PM                | <b>Muruqa:</b> Green       | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 13  |
| <b>Family Home Evening</b>      |                              | <b>Rahu</b> 5:54AM – 7:53AM | Catuspada Until 5:41AM Tue  | <b>Nataraja:</b> Yellow            |                            | 2nd Phase                   |                         |
| Creative Work                   | Amrita Yoga                  |                             | <b>Chaturdashi*</b> Until 4:25PM  | Moon – Yellow                      |                            | <b>Bhuloka Day</b>          |                         |
| Until 5:37AM Tue                |                              |                             |   | Jyeshtha-Ani                       |                            | Devaloka Time: 6:PM to 9:PM |                         |
| Then Routine Work - Marana Yoga |                              |                             |   |                                    |                            |                             |                         |

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|  | <b>Tuesday, June 28, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Vriddhi Yoga Naga* Karana Amavasyayam Titau |                               |                        |                             | Spokane, WA             |
|   | <b>Retreat Star</b>           |                             | <b>Gulika</b> 11:52AM – 1:52PM  | <b>Ardra</b> Until 8:30AM Wed | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 3:55AM      | Sun 14<br>Subhakit 5124 |
|   | Mithuna Rasi: 6.51            | Tithi 30                    | Yama 7:53AM – 9:53AM  | Vriddhi Until 7:22PM          | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 14  |
| 336655471   |                               | <b>Rahu</b> 3:51PM – 5:50PM | Naga Until 6:55PM   | <b>Nataraja:</b> Yellow       |                        | Amavasya                    |                         |
| Routine Work  | Marana Yoga                   |                             | <b>Amavasya*</b> Until 6:55PM   | Moon – Yellow                 |                        | <b>Bhuloka Day</b>          |                         |
| Until 8:30AM Wed  |                               |                             |   | Jyeshtha-Ani                  |                        | Devaloka Time: 6:PM to 9:PM |                         |
| Then Creative Work - Siddha Yoga  |                               |                             |   |                               |                        |                             |                         |

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| <b>Retreat Star</b> | <b>Wednesday, June 29, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau |                           |                        |                             | Spokane, WA             |
|                     | Mithuna Rasi: 18.4              | Tithi 1                      | <b>Gulika</b> 9:53AM – 11:52AM   | <b>Ardra</b> Until 8:30AM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 3:55AM      | Sun 15<br>Subhakit 5124 |
|                     | 336655471                       |                              | Yama 5:54AM – 7:54AM   | Dhruva Until 8:22PM       | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 10 - 15  |
| Creative Work       | Siddha Yoga                     | <b>Rahu</b> 11:52AM – 1:52PM | Kintughna Until 8:10AM   | <b>Nataraja:</b> Yellow   |                        | Prathama                    |                         |
|                     |                                 |                              | <b>Prathama*</b> Until 9:22PM  | Moon – Yellow             |                        | <b>Bhuloka Day</b>          |                         |
|                     |                                 |                              |  | Ashada-Ani                |                        | Devaloka Time: 6:PM to 9:PM |                         |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

|                   |             |                                       |                                |   |                        |                                   |  |
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| <b>1</b>          |             | <b>Thursday, June 30, 2022</b>        |                                | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        | Spokane, WA<br>Sun 16<br>Sutra 74 |  |
| Kataka Rasi: 0.32 | Tithi 2     | <b>Gulika</b> 7:54AM – 9:53AM         | <b>Punarvasu</b> Until 11:38AM | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 3:56AM | Subhakrit 5124                    |  |
|                   |             | Yama 3:56AM – 5:55AM                  | Vyaghata* Until 9:16PM         | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:50PM  | Moon 6 - Phase 11 - 16            |  |
| Creative Work     | Amrita Yoga | 346655471 <b>Rahu</b> 1:52PM – 3:51PM | Balava Until 10:34AM           | <b>Nataraja:</b> Yellow   |                        | 3rd Phase                         |  |
|                   |             |                                       | <b>Dvitiya</b> Until 11:41PM   | Moon – Blue   |                        | <b>Bhuloka Day</b>                |  |
|                   |             |                                       |                                | Ashada*Ani  |                        | Devaloka Time: 6:PM to 9:PM       |  |

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| <b>2</b>           |             | <b>Friday, July 1, 2022</b>            |                                 | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau |                        | Spokane, WA<br>Sun 17<br>Sutra 75 |  |
| Kataka Rasi: 12.27 | Tithi 3     | <b>Gulika</b> 5:55AM – 7:54AM          | <b>Pushya</b> Until 2:26PM      | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 3:56AM | Subhakrit 5124                    |  |
|                    |             | Yama 3:51PM – 5:50PM                   | Harshana Until 10:02PM          | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:49PM  | Moon 6 - Phase 11 - 17            |  |
| Routine Work       | Marana Yoga | 346655471 <b>Rahu</b> 9:54AM – 11:53AM | Taitila Until 12:47PM           | <b>Nataraja:</b> Yellow   |                        | 3rd Phase                         |  |
|                    |             |  | <b>Tritiya</b> Until 1:47AM Sat | Moon – Blue   |                        | <b>Bhuloka Day</b>                |  |
|                    |             |  |                                 | Ashada*Ani  |                        | Devaloka Time: 6:PM to 9:PM       |  |

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| <b>3</b>                         |             | <b>Saturday, July 2, 2022</b>         |                                    | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau |                        | Spokane, WA<br>Sun 18<br>Sutra 76 |  |
| Kataka Rasi: 24.28               | Tithi 4     | <b>Gulika</b> 3:57AM – 5:56AM         | <b>Ashlesha*</b> Until 4:49PM      | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 3:57AM | Subhakrit 5124                    |  |
|                                  |             | Yama 1:52PM – 3:51PM                  | Vajra* Until 10:34PM               | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:49PM  | Moon 6 - Phase 11 - 18            |  |
| Routine Work                     | Marana Yoga | 346655471 <b>Rahu</b> 7:55AM – 9:54AM | Vanija Until 2:45PM                | <b>Nataraja:</b> Yellow   |                        | 3rd Phase                         |  |
| Until 4:49PM                     |             |                                       | <b>Chaturthi*</b> Until 3:36AM Sun | Moon – Blue   |                        | <b>Bhuloka Day</b>                |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                    | Ashada*Ani  |                        | Devaloka Time: 6:PM to 9:PM       |  |

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| <b>4</b>                         |             | <b>Sunday, July 3, 2022</b>           |                                  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau |                        | Spokane, WA<br>Sun 19<br>Sutra 77 |  |
| Simha Rasi: 6.35                 | Tithi 5     | <b>Gulika</b> 3:51PM – 5:50PM         | <b>Magha*</b> Until 7:12PM       | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 3:57AM | Subhakrit 5124                    |  |
|                                  |             | Yama 11:53AM – 1:52PM                 | Siddhi Until 10:50PM             | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:49PM  | Moon 6 - Phase 11 - 19            |  |
| Routine Work                     | Marana Yoga | 356655471 <b>Rahu</b> 5:50PM – 7:49PM | Bava Until 4:23PM                | <b>Nataraja:</b> Yellow  |                        | 3rd Phase                         |  |
| Until 7:12PM                     |             |                                       | <b>Panchami</b> Until 5:02AM Mon | Moon – Red   |                        | <b>Devaloka Day</b>               |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                  | Ashada*Ani   |                        |                                   |  |

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| <b>5</b>                   |             | <b>Monday, July 4, 2022</b>           |                                   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Spokane, WA<br>Sun 20<br>Sutra 78 |  |
| Simha Rasi: 18.53          | Tithi 6     | <b>Gulika</b> 1:52PM – 3:51PM         | <b>Purvaphalguni</b> Until 8:59PM | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 3:58AM | Subhakrit 5124                    |  |
| <b>Family Home Evening</b> |             | Yama 9:54AM – 11:53AM                 | Vyatipata* Until 10:45PM          | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:48PM  | Moon 6 - Phase 11 - 20            |  |
| Creative Work              | Siddha Yoga | 356655471 <b>Rahu</b> 5:57AM – 7:56AM | Kaulava Until 5:35PM              | <b>Nataraja:</b> Yellow  |                        | 3rd Phase                         |  |
|                            |             |                                       | <b>Shashthi*</b> Until 5:58AM Tue | Moon – Red   |                        | <b>Devaloka Day</b>               |  |
|                            |             |                                       |                                   | Ashada*Ani   |                        |                                   |  |

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| <b>6</b>                         |             | <b>Tuesday, July 5, 2022</b>          |                                     | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Variyan Yoga Gara Karana Saptamyam Titau |                        | Spokane, WA<br>Sun 21<br>Sutra 79 |  |
| Kanya Rasi: 1.23                 | Tithi 7     | <b>Gulika</b> 11:53AM – 1:52PM        | <b>Uttaraphalguni</b> Until 10:04PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 3:59AM | Subhakrit 5124                    |  |
|                                  |             | Yama 7:56AM – 9:55AM                  | Variyan Until 10:12PM               | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:48PM  | Moon 6 - Phase 11 - 21            |  |
| Creative Work                    | Amrita Yoga | 357655471 <b>Rahu</b> 3:51PM – 5:49PM | Gara Until 6:15PM                   | <b>Nataraja:</b> Yellow   |                        | 3rd Phase                         |  |
| Until 10:04PM                    |             |                                       | <b>Saptami</b> Until 6:19AM Wed     | Moon – Red  |                        | <b>Devaloka Day</b>               |  |
| Then Creative Work - Siddha Yoga |             | <b>Chidambaram Abhishekam</b>         |                                     | Ashada*Ani  |                        |                                   |  |

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| <b>Retreat Star</b>              |             | <b>Wednesday, July 6, 2022</b>         |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau |                        | Spokane, WA<br>Sun 22<br>Sutra 80 |  |
| Kanya Rasi: 14.1                 | Tithi 7 – 8 | <b>Gulika</b> 9:55AM – 11:54AM         | <b>Hasta</b> Until 10:50PM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:00AM | Subhakrit 5124                    |  |
|                                  |             | Yama 5:58AM – 7:57AM                   | Parigha* Until 9:08PM       | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:48PM  | Moon 6 - Phase 11 - 22            |  |
| Routine Work                     | Marana Yoga | 467655471 <b>Rahu</b> 11:54AM – 1:52PM | Visti Until 6:16PM          | <b>Nataraja:</b> Yellow   |                        | Ashtami                           |  |
| Until 10:50PM                    |             |  | <b>Saptami</b> Until 6:19AM | Moon – Green  |                        | <b>Devaloka Day</b>               |  |
| Then Creative Work - Siddha Yoga |             |  |                             | Ashada*Ani  |                        |                                   |  |

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| <b>Retreat Star</b>              |             | <b>Thursday, July 7, 2022</b>         |                                 | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau |                        | Spokane, WA<br>Sun 23<br>Sutra 81 |  |
| Kanya Rasi: 27.17                | Tithi 9     | <b>Gulika</b> 7:57AM – 9:55AM         | <b>Chitra</b> Until 10:43PM     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:00AM | Subhakrit 5124                    |  |
|                                  |             | Yama 4:00AM – 5:59AM                  | Shiva Until 7:31PM              | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:47PM  | Moon 6 - Phase 11 - 23            |  |
| Creative Work                    | Siddha Yoga | 467655471 <b>Rahu</b> 1:52PM – 3:50PM | Kaulava Until 5:33PM            | <b>Nataraja:</b> Yellow   |                        | Navami                            |  |
| Until 10:43PM                    |             |                                       | <b>Navami*</b> Until 4:55AM Fri | Moon – Green  |                        | <b>Devaloka Day</b>               |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                 | Ashada*Ani  |                        |                                   |  |


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


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| <b>1</b> | <b>Friday, July 8, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau |                           |                         |                        | Spokane, WA<br>Sun 24<br>Sutra 82 |
|          | Tula Rasi: 10.49            | Tithi 10    | <b>Gulika</b> 5:59AM – 7:57AM  | <b>Svati Until 9:43PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:01AM | Subhakrit 5124                    |
|          |                             |             | Yama 3:50PM – 5:48PM   | Siddha Until 5:16PM       | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:47PM  | Moon 6 - Phase 12 - 24            |
|          | Creative Work               | Siddha Yoga | 467655471 <b>Rahu</b> 9:56AM – 11:54AM   | Taitila Until 4:07PM      | <b>Nataraja:</b> Yellow |                        | 4th Phase                         |
|          |                             |             | <b>Dashami Until 3:07AM Sat</b>  | Moon – Green              | <b>Devaloka Day</b>     |                        |                                   |
|          |                             |             | Ashada*Ani   |                           |                         |                        |                                   |

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| <b>2</b> | <b>Saturday, July 9, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Ekadashyam Titau |                              |                             |                        | Spokane, WA<br>Sun 25<br>Sutra 83 |
|          | Tula Rasi: 24.46              | Tithi 11    | <b>Gulika</b> 4:02AM – 6:00AM   | <b>Vishakha Until 8:20PM</b> | <b>Ganesha:</b> White       | <i>Sunrise:</i> 4:02AM | Subhakrit 5124                    |
|          |                               |             | Yama 1:52PM – 3:50PM  | Sadhya Until 2:27PM          | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:46PM  | Moon 6 - Phase 12 - 25            |
|          | Creative Work                 | Siddha Yoga | 477655471 <b>Rahu</b> 7:58AM – 9:56AM   | Vanija Until 1:58PM          | <b>Nataraja:</b> Yellow     |                        | 4th Phase                         |
|          |                               |             | <b>Ekadashi Until 12:39AM Sun</b>   | Moon – Orange                | <b>Bhuloka Day</b>          |                        |                                   |
|          |                               |             | Ashada*Ani  |                              | Devaloka Time: 6:PM to 9:PM |                        |                                   |

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| <b>3</b> | <b>Sunday, July 10, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau |                              |                             |                        | Spokane, WA<br>Sun 26<br>Sutra 84 |
|          | Vrischika Rasi: 9.1          | Tithi 12    | <b>Gulika</b> 3:50PM – 5:48PM   | <b>Anuradha Until 6:13PM</b> | <b>Ganesha:</b> White       | <i>Sunrise:</i> 4:03AM | Subhakrit 5124                    |
|          |                              |             | Yama 11:54AM – 1:52PM   | Subha Until 11:09AM          | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:46PM  | Moon 6 - Phase 12 - 26            |
|          | Routine Work                 | Marana Yoga | 477655471 <b>Rahu</b> 5:48PM – 7:46PM   | Bava Until 11:13AM           | <b>Nataraja:</b> Yellow     |                        | 4th Phase                         |
|          |                              |             | <b>Dvadashi Until 9:37PM</b>  | Moon – Orange                | <b>Bhuloka Day</b>          |                        |                                   |
|          |                              |             | Ashada*Ani  |                              | Devaloka Time: 6:PM to 9:PM |                        |                                   |

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| <b>4</b> | <b>Monday, July 11, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau |                               |                             |                        | Spokane, WA<br>Sun 27<br>Sutra 85 |
|          | Vrischika Rasi: 23.58        | Tithi 13    | <b>Gulika</b> 1:52PM – 3:50PM  | <b>Jyeshtha* Until 3:31PM</b> | <b>Ganesha:</b> White       | <i>Sunrise:</i> 4:04AM | Subhakrit 5124                    |
|          | <b>Family Home Evening</b>   |             | Yama 9:57AM – 11:54AM  | Sukla Until 7:24AM            | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:45PM  | Moon 6 - Phase 12 - 27            |
|          | Creative Work                | Siddha Yoga | 477655471 <b>Rahu</b> 6:01AM – 7:59AM  | Kaulava Until 7:57AM          | <b>Nataraja:</b> Yellow     |                        | 4th Phase                         |
|          |                              |             | <b>Trayodashi Until 6:10PM</b>   | Moon – Orange                 | <b>Bhuloka Day</b>          |                        |                                   |
|          |                              |             | Ashada*Ani   |                               | Devaloka Time: 6:PM to 9:PM |                        |                                   |
|          |                              |             | <i>Pradosha Vrata</i>  |                               |                             |                        |                                   |

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|  | <b>Tuesday, July 12, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau |                                  |                         |                        | Spokane, WA<br>Sun 28<br>Sutra 86 |
|   | <b>Copper Retreat Star</b>    |               | <b>Gulika</b> 11:54AM – 1:52PM   | <b>Mula* Until 12:46PM</b>       | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:05AM | Subhakrit 5124                    |
|   | Dhanus Rasi: 9.02             | Tithi 14 – 15 | Yama 7:59AM – 9:57AM   | Indra Until 11:11PM              | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:44PM  | Moon 6 - Phase 12 -               |
|   | <b>Family Home Evening</b>    |               | 488655471 <b>Rahu</b> 3:49PM – 5:47PM  | Visti Until 12:32AM Wed          | <b>Nataraja:</b> Yellow |                        | Purnima                           |
|   |                               |               | <b>Satguru Purnima</b>   | <b>Chaturdashi* Until 2:26PM</b> | Moon – Light Blue       | <b>Sivaloka Day</b>    |                                   |
|   |                               |               | Ashada*Ani   |                                  |                         |                        |                                   |

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|---|---------------------------------|---------------|--|----------------------------------|-------------------------|------------------------|-----------------------------------|
|  | <b>Wednesday, July 13, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                         |                        | Spokane, WA<br>Sun 29<br>Sutra 87 |
|   | <b>Silver Retreat Star</b>      |               | <b>Gulika</b> 9:57AM – 11:55AM   | <b>Purvashadha* Until 9:46AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:06AM | Subhakrit 5124                    |
|   | Dhanus Rasi: 24.16              | Tithi 15 – 16 | Yama 6:03AM – 8:00AM   | Vaidhriti* Until 6:55PM          | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 12 -               |
|   | <b>Family Home Evening</b>      |               | 488755471 <b>Rahu</b> 11:55AM – 1:52PM   | Balava Until 8:41PM              | <b>Nataraja:</b> Yellow |                        | Prathama                          |
|   |                                 |               | <b>Purnima* Until 10:35AM</b>  | Moon – Light Blue                | <b>Devaloka Day</b>     |                        |                                   |
|   |                                 |               | Ashada*Ani   |                                  |                         |                        |                                   |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Thursday, July 14, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Spokane, WA  
Sutra 88

Makara Rasi: 9.29    Tithi 16 – 17

488755471

**Gulika** 8:01AM – 9:58AM  
**Yama** 4:06AM – 6:04AM  
**Rahu** 1:52PM – 3:49PM

**Uttarashadha** Until 6:40AM  
Vishkambha\* Until 2:47PM  
Gara Until 3:13AM Fri  
**Prathama\*** Until 6:47AM

**Ganesha:** Yellow  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Light Blue  
**Ashada\*Ani**

*Sunrise:* 4:06AM  
*Sunset:* 7:43PM

Subhakrit 5124  
Moon 7 - Phase 13 -  
1st Phase

Routine Work    Marana Yoga

Until 6:40AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, July 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Spokane, WA  
Sun 1    Sutra 89

Makara Rasi: 24.31    Tithi 18

498755471

**Gulika** 6:04AM – 8:01AM  
**Yama** 3:48PM – 5:45PM  
**Rahu** 9:58AM – 11:55AM

**Dhanishtha** Until 1:44AM Sat  
Priti Until 10:54AM  
Vanija Until 1:35PM  
**Tritiya** Until 12:02AM Sat

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada\*Ani**

*Sunrise:* 4:07AM  
*Sunset:* 7:42PM

Subhakrit 5124  
Moon 7 - Phase 13 - 1  
1st Phase

Creative Work    Siddha Yoga

Until 1:44AM Sat

Then Creative Work - Amrita Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**2**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Spokane, WA  
Sun 2    Sutra 90

Kumbha Rasi: 9.14    Tithi 19

498755471

**Gulika** 4:08AM – 6:05AM  
**Yama** 1:51PM – 3:48PM  
**Rahu** 8:02AM – 9:58AM

**Shatabhishak** Until 11:50PM  
Ayushman Until 7:22AM  
Bava Until 10:40AM  
**Chaturthi\*** Until 9:25PM

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada\*Adi**

*Sunrise:* 4:08AM  
*Sunset:* 7:41PM

Subhakrit 5124  
Moon 7 - Phase 13 - 2  
1st Phase

Creative Work    Amrita Yoga

Until 11:50PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**3**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Spokane, WA  
Sun 3    Sutra 91

Kumbha Rasi: 23.32    Tithi 20

418755472

**Gulika** 3:48PM – 5:44PM  
**Yama** 11:55AM – 1:51PM  
**Rahu** 5:44PM – 7:40PM

**Purvaproshtapada\*** Until 10:56PM  
Sobhana Until 1:58AM Mon  
Kaulava Until 8:22AM  
**Panchami** Until 7:29PM

**Ganesha:** White  
**Muruqa:** Green  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 4:10AM  
*Sunset:* 7:40PM

Subhakrit 5124  
Moon 7 - Phase 13 - 3  
1st Phase

Creative Work    Siddha Yoga

Until 10:56PM

Then Creative Work - Amrita Yoga

**Bhuloka Day**

**4**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Spokane, WA  
Sun 4    Sutra 92

Meena Rasi: 7.2    Tithi 21

419755472

**Gulika** 1:51PM – 3:47PM  
**Yama** 9:59AM – 11:55AM  
**Rahu** 6:07AM – 8:03AM

**Uttaraproshtapada** Until 10:42PM  
Athiganda\* Until 12:13AM Tue  
Gara Until 6:50AM  
**Shashthi\*** Until 6:22PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 4:11AM  
*Sunset:* 7:39PM

Subhakrit 5124  
Moon 7 - Phase 13 - 4  
1st Phase

Creative Work    Siddha Yoga

Family Home Evening

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**5**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Spokane, WA  
Sun 5    Sutra 93

Meena Rasi: 20.39    Tithi 22

419755472

**Gulika** 11:55AM – 1:51PM  
**Yama** 8:03AM – 9:59AM  
**Rahu** 3:47PM – 5:43PM

**Revati** Until 11:10PM  
Sukarma Until 11:11PM  
Visti Until 6:09AM  
**Saptami** Until 6:06PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 4:12AM  
*Sunset:* 7:38PM

Subhakrit 5124  
Moon 7 - Phase 13 - 5  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**D**

**Wednesday, July 20, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Spokane, WA  
Sun 6    Sutra 94

Mesha Rasi: 3.31    Tithi 23

429755472

**Gulika** 9:59AM – 11:55AM  
**Yama** 6:08AM – 8:04AM  
**Rahu** 11:55AM – 1:51PM

**Ashvini** Until 12:46AM Thu  
Dhriti Until 10:49PM  
Balava Until 6:19AM  
**Ashtami\*** Until 6:42PM

**Ganesha:** Purple  
**Muruqa:** Green  
**Nataraja:** White  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 4:13AM  
*Sunset:* 7:37PM

Subhakrit 5124  
Moon 7 - Phase 13 - 6  
Ashtami

Routine Work    Marana Yoga

Until 12:46AM Thu

Then Creative Work - Siddha Yoga

**Devaloka Day**

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Spokane, WA  
Sun 7    Sutra 95

Mesha Rasi: 16.01    Tithi 24

429755472

**Gulika** 8:04AM – 10:00AM  
**Yama** 4:14AM – 6:09AM  
**Rahu** 1:50PM – 3:46PM

**Bharani** Until 2:54AM Fri  
Shula\* Until 10:59PM  
Taitila Until 7:19AM  
**Navami\*** Until 8:03PM

**Ganesha:** Purple  
**Muruqa:** Green  
**Nataraja:** White  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 4:14AM  
*Sunset:* 7:36PM

Subhakrit 5124  
Moon 7 - Phase 13 - 7  
Navami

Creative Work    Siddha Yoga

**Devaloka Day**


|                                  |             |   |   |  |                        |                                  |  |
|----------------------------------|-------------|---|---|--|------------------------|----------------------------------|--|
| <b>1</b>                         |             | <b>Friday, July 22, 2022</b>            |   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 8<br>Sutra 96 |  |
| Mesha Rasi: 28.13                | Tithi 25    | <b>Gulika</b> 6:10AM – 8:05AM           | <b>Krittika</b> <b>Until 5:24AM Sat</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:15AM | Subhakrit 5124                   |  |
|                                  |             | Yama 3:45PM – 5:40PM                    | Ganda* Until 11:37PM                    | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:35PM  | Moon 7 - Phase 14 - 8            |  |
|                                  |             | 429755472 <b>Rahu</b> 10:00AM – 11:55AM | Vanija Until 8:59AM                     | <b>Nataraja:</b> White   |                        | 2nd Phase                        |  |
| Creative Work                    | Siddha Yoga |   | <b>Dashami</b> <b>Until 9:59PM</b>      | Moon – White   |                        | <b>Devaloka Day</b>              |  |
| Until 5:24AM Sat                 |             |   |   | Ashada*Adi   |                        |                                  |  |
| Then Creative Work - Amrita Yoga |             |   |   |  |                        |                                  |  |

|                                  |             |  |   |  |                        |                                  |  |
|----------------------------------|-------------|--|---|--|------------------------|----------------------------------|--|
| <b>2</b>                         |             | <b>Saturday, July 23, 2022</b>         |   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 9<br>Sutra 97 |  |
| Virshabha Rasi: 10.12            | Tithi 26    | <b>Gulika</b> 4:16AM – 6:11AM          | <b>Rohini</b> <b>Until 8:32AM Sun</b>     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:16AM | Subhakrit 5124                   |  |
|                                  |             | Yama 1:50PM – 3:45PM                   | Vriddhi Until 12:32AM Sun                 | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:34PM  | Moon 7 - Phase 14 - 9            |  |
|                                  |             | 439755472 <b>Rahu</b> 8:06AM – 10:00AM | Bava Until 11:08AM                        | <b>Nataraja:</b> White   |                        | 2nd Phase                        |  |
| Creative Work                    | Amrita Yoga |  | <b>Ekadashi*</b> <b>Until 12:18AM Sun</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>               |  |
| Until 8:32AM Sun                 |             |  |   | Ashada*Adi   |                        | Devaloka Time: 9:AM to12:PM      |  |
| Then Creative Work - Siddha Yoga |             |  |   |  |                        |                                  |  |

|                                  |             |                                       |  |  |                        |                                   |  |
|----------------------------------|-------------|---------------------------------------|--|--|------------------------|-----------------------------------|--|
| <b>3</b>                         |             | <b>Sunday, July 24, 2022</b>          |  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Spokane, WA<br>Sun 10<br>Sutra 98 |  |
| Virshabha Rasi: 22.04            | Tithi 27    | <b>Gulika</b> 3:44PM – 5:39PM         | <b>Rohini</b> <b>Until 8:32AM</b>        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:17AM | Subhakrit 5124                    |  |
|                                  |             | Yama 11:55AM – 1:50PM                 | Dhruva Until 1:34AM Mon                  | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:33PM  | Moon 7 - Phase 14 - 10            |  |
|                                  |             | 439755472 <b>Rahu</b> 5:39PM – 7:33PM | Kaulava Until 1:34PM                     | <b>Nataraja:</b> White   |                        | 2nd Phase                         |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Dvadashi*</b> <b>Until 2:49AM Mon</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                |  |
| Until 11:37AM                    |             |                                       |  | Ashada*Adi   |                        | Devaloka Time: 9:AM to12:PM       |  |
| Then Creative Work - Siddha Yoga |             |                                       |  |  |                        |                                   |  |

|                                  |             |                                       |  |   |                        |                                   |  |
|----------------------------------|-------------|---------------------------------------|--|---|------------------------|-----------------------------------|--|
| <b>4</b>                         |             | <b>Monday, July 25, 2022</b>          |  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 11<br>Sutra 99 |  |
| Mithuna Rasi: 3.53               | Tithi 28    | <b>Gulika</b> 1:49PM – 3:44PM         | <b>Mrigashira</b> <b>Until 11:37AM</b>     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:18AM | Subhakrit 5124                    |  |
| <b>Family Home Evening</b>       |             | Yama 10:01AM – 11:55AM                | Vyaghata* Until 2:38AM Tue                 | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:32PM  | Moon 7 - Phase 14 - 11            |  |
| Creative Work                    | Amrita Yoga | 439755472 <b>Rahu</b> 6:13AM – 8:07AM | Gara Until 4:06PM                          | <b>Nataraja:</b> White  |                        | 2nd Phase                         |  |
| Until 11:37AM                    |             |                                       | <b>Trayodashi*</b> <b>Until 5:20AM Tue</b> | Moon – Yellow   |                        | <b>Bhuloka Day</b>                |  |
| Then Creative Work - Siddha Yoga |             |                                       |  | Ashada*Adi  |                        | Devaloka Time: 9:AM to12:PM       |  |
|                                  |             |                                       |  | Pradosha Vrata (Fasting)  |                        |                                   |  |

|                                  |             |                                       |   |  |                        |                                    |  |
|----------------------------------|-------------|---------------------------------------|---|--|------------------------|------------------------------------|--|
| <b>5</b>                         |             | <b>Tuesday, July 26, 2022</b>         |   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Harshana Yoga Visti* Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 12<br>Sutra 100 |  |
| Mithuna Rasi: 15.43              | Tithi 29    | <b>Gulika</b> 11:55AM – 1:49PM        | <b>Ardra</b> <b>Until 2:30PM</b>            | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 4:20AM | Subhakrit 5124                     |  |
|                                  |             | Yama 8:07AM – 10:01AM                 | Harshana Until 3:37AM Wed                   | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:31PM  | Moon 7 - Phase 14 - 12             |  |
|                                  |             | 431755472 <b>Rahu</b> 3:43PM – 5:37PM | Visti Until 6:34PM                          | <b>Nataraja:</b> White   |                        | 2nd Phase                          |  |
| Routine Work                     | Marana Yoga |                                       | <b>Chaturdashi*</b> <b>Until 7:44AM Wed</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                 |  |
| Until 2:30PM                     |             |                                       |   | Ashada*Adi   |                        | Devaloka Time: 9:AM to12:PM        |  |
| Then Creative Work - Siddha Yoga |             |                                       |   |  |                        |                                    |  |

|   |               |  |   |  |                        |                                    |  |
|---|---------------|--|---|--|------------------------|------------------------------------|--|
|  |               | <b>Wednesday, July 27, 2022</b>        |   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Spokane, WA<br>Sun 13<br>Sutra 101 |  |
| <b>Retreat Star</b>   |               | <b>Gulika</b> 10:02AM – 11:55AM        | <b>Punarvasu</b> <b>Until 5:35PM</b>    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:21AM | Subhakrit 5124                     |  |
| Mithuna Rasi: 27.34   | Tithi 29 – 30 | Yama 6:14AM – 8:08AM                   | Vajra* Until 4:26AM Thu                 | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:30PM  | Moon 7 - Phase 14 - 13             |  |
|   |               | 441755472 <b>Rahu</b> 11:55AM – 1:49PM | Catuspada Until 8:52PM                  | <b>Nataraja:</b> White   |                        | Amavasya                           |  |
| Creative Work   | Siddha Yoga   |  | <b>Chaturdashi*</b> <b>Until 7:44AM</b> | Moon – Blue  |                        | <b>Bhuloka Day</b>                 |  |
| Until 8:16PM  |               |  |   | Ashada*Adi   |                        | Devaloka Time: 9:AM to12:PM        |  |
| Then Creative Work - Siddha Yoga  |               |  |   |  |                        |                                    |  |

|                                  |              |                                       |                                      |   |                        |                                    |  |
|----------------------------------|--------------|---------------------------------------|--------------------------------------|---|------------------------|------------------------------------|--|
| <b>Retreat Star</b>              |              | <b>Thursday, July 28, 2022</b>        |                                      | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Spokane, WA<br>Sun 14<br>Sutra 102 |  |
| Kataka Rasi: 9.31                | Tithi 30 – 1 | <b>Gulika</b> 8:09AM – 10:02AM        | <b>Pushya</b> <b>Until 8:16PM</b>    | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:22AM | Subhakrit 5124                     |  |
|                                  |              | Yama 4:22AM – 6:15AM                  | Siddhi Until 5:04AM Fri              | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:28PM  | Moon 7 - Phase 14 - 14             |  |
|                                  |              | 441755472 <b>Rahu</b> 1:48PM – 3:42PM | Kintughna Until 10:57PM              | <b>Nataraja:</b> White  |                        | Prathama                           |  |
| Creative Work                    | Amrita Yoga  |                                       | <b>Amavasya*</b> <b>Until 9:55AM</b> | Moon – Blue   |                        | <b>Bhuloka Day</b>                 |  |
| Until 8:16PM                     |              |                                       |                                      | Sravana*Adi   |                        | Devaloka Time: 9:AM to12:PM        |  |
| Then Creative Work - Siddha Yoga |              |                                       |                                      |   |                        |                                    |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

|          |                              |             |  |   |  |   |   |
|----------|------------------------------|-------------|--|---|--|---|---|
| <b>1</b> | <b>Friday, July 29, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Vyalipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |  |   | Spokane, WA<br>Sun 15<br>Sutra 103<br>Subhakit 5124 |
|          | Kataka Rasi: 21.33           | Tithi 1 – 2 | <b>Gulika</b> 6:16AM – 8:09AM<br>Yama 3:41PM – 5:34PM<br>441755472 <b>Rahu</b> 10:02AM – 11:55AM   | <b>Ashlesha* Until 10:31PM</b><br>Vyatipata* Until 5:30AM Sat<br>Balava Until 12:44AM Sat<br><b>Prathama* Until 11:51AM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> White<br>Moon – Blue<br>Sravana*Adi | <b>Sunrise:</b> 4:23AM<br><b>Sunset:</b> 7:27PM | Moon 7 - Phase 15 - 15<br>3rd Phase                 |
|          | Routine Work                 | Marana Yoga |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM  |   |   |

|          |                                |  |   |  |  |   |   |
|----------|--------------------------------|--|---|--|--|---|---|
| <b>2</b> | <b>Saturday, July 30, 2022</b> |  | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |   | Spokane, WA<br>Sun 16<br>Sutra 104<br>Subhakit 5124 |
|          | Simha Rasi: 3.42               | Tithi 2 – 3  | <b>Gulika</b> 4:24AM – 6:17AM<br>Yama 1:48PM – 3:40PM<br>451755472 <b>Rahu</b> 8:10AM – 10:02AM   | <b>Magha* Until 12:48AM Sun</b><br>Variyan Until 5:39AM Sun<br>Taitila Until 2:12AM Sun<br><b>Dvitiya Until 1:29PM</b> | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> White<br>Moon – Red<br>Sravana*Adi | <b>Sunrise:</b> 4:24AM<br><b>Sunset:</b> 7:26PM | Moon 7 - Phase 15 - 16<br>3rd Phase                 |
|          | Creative Work                  | Amrita Yoga<br>Until 12:48AM Sun<br>Then Creative Work - Siddha Yoga |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM  |   |   |

|          |                              |             |   |  |  |   |   |
|----------|------------------------------|-------------|---|--|--|---|---|
| <b>3</b> | <b>Sunday, July 31, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |  |  |   | Spokane, WA<br>Sun 17<br>Sutra 105<br>Subhakit 5124 |
|          | Simha Rasi: 15.59            | Tithi 3 – 4 | <b>Gulika</b> 3:40PM – 5:32PM<br>Yama 11:55AM – 1:47PM<br>451755472 <b>Rahu</b> 5:32PM – 7:24PM   | <b>Purvaphalguni Until 2:35AM Mon</b><br>Parigha* Until 5:32AM Mon<br>Vanija Until 3:19AM Mon<br><b>Tritiya Until 2:47PM</b> | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> White<br>Moon – Red<br>Sravana*Adi | <b>Sunrise:</b> 4:26AM<br><b>Sunset:</b> 7:24PM | Moon 7 - Phase 15 - 17<br>3rd Phase                 |
|          | Creative Work                | Siddha Yoga |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM  |   |   |

|          |                               |               |  |   |  |   |   |
|----------|-------------------------------|---------------|--|---|--|---|---|
| <b>4</b> | <b>Monday, August 1, 2022</b> |               | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |   |  |   | Spokane, WA<br>Sun 18<br>Sutra 106<br>Subhakit 5124 |
|          | Simha Rasi: 28.26             | Tithi 4 – 5   | <b>Gulika</b> 1:47PM – 3:39PM<br>Yama 10:03AM – 11:55AM<br>451755472 <b>Rahu</b> 6:19AM – 8:11AM   | <b>Uttaraphalguni Until 3:48AM Tue</b><br>Shiva Until 5:06AM Tue<br>Bava Until 4:02AM Tue<br><b>Chaturthi* Until 3:43PM</b> | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> White<br>Moon – Red<br>Sravana*Adi | <b>Sunrise:</b> 4:27AM<br><b>Sunset:</b> 7:23PM   | Moon 7 - Phase 15 - 18<br>3rd Phase                 |
|          | Family Home Evening           | Creative Work | Siddha Yoga  |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |   |

|          |                                |             |   |  |   |   |   |
|----------|--------------------------------|-------------|---|--|---|---|---|
| <b>5</b> | <b>Tuesday, August 2, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |   |   | Spokane, WA<br>Sun 19<br>Sutra 107<br>Subhakit 5124 |
|          | Kanya Rasi: 11.04              | Tithi 5 – 6 | <b>Gulika</b> 11:55AM – 1:47PM<br>Yama 8:12AM – 10:03AM<br>461755472 <b>Rahu</b> 3:38PM – 5:30PM  | <b>Hasta Until 4:53AM Wed</b><br>Siddha Until 4:17AM Wed<br>Kaulava Until 4:17AM Wed<br><b>Panchami Until 4:12PM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> White<br>Moon – Green<br>Sravana*Adi | <b>Sunrise:</b> 4:28AM<br><b>Sunset:</b> 7:22PM | Moon 7 - Phase 15 - 19<br>3rd Phase                 |
|          | Creative Work                  | Siddha Yoga | <b>Nag Panchami</b>   |  | <b>Devaloka Day</b>   |   |   |

|          |                                  |   |   |   |   |   |   |
|----------|----------------------------------|---|---|---|---|---|---|
| <b>6</b> | <b>Wednesday, August 3, 2022</b> |   | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |   |   |   | Spokane, WA<br>Sun 20<br>Sutra 108<br>Subhakit 5124 |
|          | Kanya Rasi: 23.55                | Tithi 6 – 7   | <b>Gulika</b> 10:03AM – 11:55AM<br>Yama 6:21AM – 8:12AM<br>461755472 <b>Rahu</b> 11:55AM – 1:46PM   | <b>Chitra Until 5:17AM Thu</b><br>Sadhya Until 3:03AM Thu<br>Gara Until 4:00AM Thu<br><b>Shashthi* Until 4:11PM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> White<br>Moon – Green<br>Sravana*Adi | <b>Sunrise:</b> 4:29AM<br><b>Sunset:</b> 7:20PM | Moon 7 - Phase 15 - 20<br>3rd Phase                 |
|          | Creative Work                    | Siddha Yoga<br>Until 5:17AM Thu<br>Then Creative Work - Amrita Yoga |   |   | <b>Devaloka Day</b>   |   |   |

|          |                                 |   |  |  |   |   |   |
|----------|---------------------------------|---|--|--|---|---|---|
| <b>7</b> | <b>Thursday, August 4, 2022</b> |   | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |  |   |   | Spokane, WA<br>Sun 21<br>Sutra 109<br>Subhakit 5124 |
|          | Tula Rasi: 7.03                 | Tithi 7 – 8   | <b>Gulika</b> 8:13AM – 10:04AM<br>Yama 4:31AM – 6:22AM<br>461765472 <b>Rahu</b> 1:46PM – 3:37PM  | <b>Svati Until 4:58AM Fri</b><br>Subha Until 1:22AM Fri<br>Visti Until 3:07AM Fri<br><b>Saptami Until 3:37PM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Green<br>Sravana*Adi | <b>Sunrise:</b> 4:31AM<br><b>Sunset:</b> 7:19PM | Moon 7 - Phase 15 - 21<br>3rd Phase                 |
|          | Creative Work                   | Amrita Yoga<br>Until 4:58AM Fri<br>Then Creative Work - Siddha Yoga |  |  | <b>Devaloka Day</b>   |   |   |

|          |                               |             |   |  |  |   |   |
|----------|-------------------------------|-------------|---|--|--|---|---|
| <b>8</b> | <b>Friday, August 5, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  |  |   | Spokane, WA<br>Sun 22<br>Sutra 110<br>Subhakit 5124 |
|          | Tula Rasi: 20.29              | Tithi 8 – 9 | <b>Gulika</b> 6:23AM – 8:13AM<br>Yama 3:36PM – 5:27PM<br>471765472 <b>Rahu</b> 10:04AM – 11:55AM  | <b>Vishakha Until 4:19AM Sat</b><br>Sukla Until 11:09PM<br>Balava Until 1:38AM Sat<br><b>Ashtami* Until 2:26PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Orange<br>Sravana*Adi | <b>Sunrise:</b> 4:32AM<br><b>Sunset:</b> 7:17PM | Moon 7 - Phase 15 - 22<br>Ashtami                   |
|          | Creative Work                 | Siddha Yoga | <b>Varalakshmi Vratam</b>   |  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM  |   |   |

|          |                                 |  |  |  |  |   |   |
|----------|---------------------------------|--|--|--|--|---|---|
| <b>9</b> | <b>Saturday, August 6, 2022</b> |  | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  |  |   | Spokane, WA<br>Sun 23<br>Sutra 111<br>Subhakit 5124 |
|          | Vrischika Rasi: 4.18            | Tithi 9 – 10   | <b>Gulika</b> 4:33AM – 6:24AM<br>Yama 1:45PM – 3:35PM<br>472865472 <b>Rahu</b> 8:14AM – 10:04AM  | <b>Anuradha Until 2:56AM Sun</b><br>Brahma Until 8:28PM<br>Taitila Until 11:32PM<br><b>Navami* Until 12:38PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Orange<br>Sravana*Adi | <b>Sunrise:</b> 4:33AM<br><b>Sunset:</b> 7:16PM | Moon 7 - Phase 15 - 23<br>Navami                    |
|          | Creative Work                   | Siddha Yoga<br>Until 2:56AM Sun<br>Then Routine Work - Marana Yoga |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM  |   |   |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

all times are standard time. Calculated for Spokane, WA on 4/26/21

www.gurudeva.org/panchang

|                                  |               |  |                                    |                        |                        |  |
|----------------------------------|---------------|--|------------------------------------|------------------------|------------------------|--|
| <b>1 Sunday, August 7, 2022</b>  |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                    |                        |                        | Spokane, WA<br>Sun 24<br>Sutra 112<br>Subhakrit 5124 |
| Wrischika Rasi: 18.29            | Tithi 10 - 11 | <b>Gulika</b> 3:34PM - 5:24PM  | <b>Jyeshtha* Until 12:53AM Mon</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:35AM |  |
|                                  |               | Yama 11:54AM - 1:44PM  | Indra Until 5:20PM                 | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:14PM  | Moon 7 - Phase 16 - 24                               |
|                                  |               | 472865472 <b>Rahu</b> 5:24PM - 7:14PM  | Vanija Until 8:55PM                | <b>Nataraja:</b> White |                        | 4th Phase  |
| Routine Work                     | Marana Yoga   |  | <b>Dashami Until 10:16AM</b>       | Moon - Orange          |                        | <b>Bhuloka Day</b>                                   |
| Until 12:53AM Mon                |               |  |                                    | <b>Sravana*Adi</b>     |                        | Devaloka Time: 9:AM to12:PM                          |
| Then Creative Work - Siddha Yoga |               |  |                                    |                        |                        |  |

|                                 |               |  |                              |                        |                        |  |
|---------------------------------|---------------|--|------------------------------|------------------------|------------------------|--|
| <b>2 Monday, August 8, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau |                              |                        |                        | Spokane, WA<br>Sun 25<br>Sutra 113<br>Subhakrit 5124 |
| Dhanus Rasi: 3.02               | Tithi 11 - 12 | <b>Gulika</b> 1:44PM - 3:33PM  | <b>Mula* Until 10:41PM</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:36AM |  |
| <b>Family Home Evening</b>      |               | Yama 10:05AM - 11:54AM   | Vaidhriti* Until 1:48PM      | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:13PM  | Moon 7 - Phase 16 - 25                               |
| Creative Work                   | Siddha Yoga   | 482865472 <b>Rahu</b> 6:25AM - 8:15AM  | Balava Until 4:10AM Tue      | <b>Nataraja:</b> White |                        | 4th Phase  |
| Until 10:41PM                   |               |  | <b>Ekadashi Until 7:25AM</b> | Moon - Light Blue      |                        | <b>Devaloka Day</b>                                  |
| Then Routine Work - Marana Yoga |               |  |                              | <b>Sravana*Adi</b>     |                        |  |

|  |             |  |                                     |                        |                        |  |
|--|-------------|--|-------------------------------------|------------------------|------------------------|--|
| <b>3 Tuesday, August 9, 2022</b>       |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                     |                        |                        | Spokane, WA<br>Sun 26<br>Sutra 114<br>Subhakrit 5124 |
| Dhanus Rasi: 17.52                     | Tithi 13    | <b>Gulika</b> 11:54AM - 1:43PM   | <b>Purvashadha* Until 8:04PM</b>    | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:37AM |  |
|  |             | Yama 8:16AM - 10:05AM  | Vishkambha* Until 9:59AM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:11PM  | Moon 7 - Phase 16 - 26                               |
|  |             | 482865472 <b>Rahu</b> 3:33PM - 5:22PM  | Kaulava Until 2:28PM                | <b>Nataraja:</b> White |                        | 4th Phase  |
| Creative Work                          | Siddha Yoga |  | <b>Trayodashi Until 12:41AM Wed</b> | Moon - Light Blue      |                        | <b>Devaloka Day</b>                                  |
| Until 8:04PM                           |             |  |                                     | <b>Sravana*Adi</b>     |                        |  |
| Then Routine Work - Prabararishta Yoga |             |  | <i>Pradosha Vrata</i>               |                        |                        |  |

|                                     |             |   |                                  |                        |                        |  |
|-------------------------------------|-------------|---|----------------------------------|------------------------|------------------------|--|
| <b>4 Wednesday, August 10, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 27<br>Sutra 115<br>Subhakrit 5124 |
| Makara Rasi: 2.53                   | Tithi 14    | <b>Gulika</b> 10:05AM - 11:54AM   | <b>Uttarashadha Until 5:11PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:39AM |  |
|                                     |             | Yama 6:27AM - 8:16AM  | Priti Until 6:01AM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:09PM  | Moon 7 - Phase 16 - 27                               |
|                                     |             | 482865472 <b>Rahu</b> 11:54AM - 1:43PM  | Gara Until 10:55AM               | <b>Nataraja:</b> White |                        | 4th Phase  |
| Creative Work                       | Amrita Yoga |   | <b>Chaturdashi* Until 9:06PM</b> | Moon - Light Blue      |                        | <b>Devaloka Day</b>                                  |
| Until 5:11PM                        |             |   |                                  | <b>Sravana*Adi</b>     |                        |  |
| Then Creative Work - Siddha Yoga    |             |   |                                  |                        |                        |  |

|                                  |               |   |                              |                        |                        |  |
|----------------------------------|---------------|---|------------------------------|------------------------|------------------------|--|
| <b>Thursday, August 11, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Balava Karana Purnima/Prathamayam Titau |                              |                        |                        | Spokane, WA<br>Sutra 116<br>Subhakrit 5124 |
| <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 8:17AM - 10:05AM  | <b>Shravana Until 2:36PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:40AM |  |
| Makara Rasi: 17.56               | Tithi 15 - 16 | Yama 4:40AM - 6:28AM  | Saubhagya Until 10:02PM      | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:08PM  | Moon 7 - Phase 16 -                        |
|                                  |               | 492865472 <b>Rahu</b> 1:42PM - 3:31PM   | Visti Until 7:20AM           | <b>Nataraja:</b> White |                        | Purnima                                    |
| Creative Work                    | Siddha Yoga   |   | <b>Purnima* Until 5:35PM</b> | Moon - Purple          |                        | <b>Bhuloka Day</b>                         |
|                                  |               | <b>Raksha Bandhan</b>   |                              | <b>Sravana*Adi</b>     |                        | Devaloka Time: 9:AM to12:PM                |

|                                |               |  |                                 |                        |                        |  |
|--------------------------------|---------------|--|---------------------------------|------------------------|------------------------|--|
| <b>Friday, August 12, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                                 |                        |                        | Spokane, WA<br>Sutra 117<br>Subhakrit 5124 |
| <b>Silver Retreat Star</b>     |               | <b>Gulika</b> 6:29AM - 8:17AM  | <b>Dhanishtha Until 12:06PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:41AM |  |
| Kumbha Rasi: 2.53              | Tithi 16 - 17 | Yama 3:30PM - 5:18PM   | Sobhana Until 6:20PM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:06PM  | Moon 7 - Phase 16 -                        |
|                                |               | 492865472 <b>Rahu</b> 10:06AM - 11:54AM  | Taitila Until 12:50AM Sat       | <b>Nataraja:</b> White |                        | Prathama                                   |
| Creative Work                  | Siddha Yoga   |  | <b>Prathama* Until 2:18PM</b>   | Moon - Purple          |                        | <b>Bhuloka Day</b>                         |
|                                |               |  |                                 | <b>Sravana*Adi</b>     |                        | Devaloka Time: 9:AM to12:PM                |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Kumbha Rasi: 17.35 Tithi 17 - 18

492865472

Creative Work Amrita Yoga  
Until 9:51AM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

**Gulika** 4:42AM - 6:30AM  
**Yama** 1:41PM - 3:29PM  
**Rahu** 8:18AM - 10:06AM

**Shatabhishak** Until 9:51AM  
Athiganda\* Until 2:59PM  
Vanija Until 10:13PM  
**Dvitiya** Until 11:26AM

Spokane, WA  
Sun 1 Sutra 118  
Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** White *Sunset: 7:04PM*  
**Nataraja:** White  
Moon - Purple

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Meena Rasi: 1.53 Tithi 18 - 19

412865472

Creative Work Siddha Yoga  
Until 8:27AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Trilaya/Chaturtham Titau

**Gulika** 3:28PM - 5:15PM  
**Yama** 11:53AM - 1:41PM  
**Rahu** 5:15PM - 7:03PM

**Purvaprosarthapada\*** Until 8:27AM  
Sukarma Until 12:08PM  
Bava Until 8:16PM  
**Tritiya** Until 9:08AM

Spokane, WA  
Sun 2 Sutra 119  
Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**Ganesha:** Yellow *Sunrise: 4:44AM*  
**Muruqa:** White *Sunset: 7:03PM*  
**Nataraja:** White  
Moon - Clear

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Meena Rasi: 15.44 Tithi 19 - 20

412865472

**Family Home Evening**  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

**Gulika** 1:40PM - 3:27PM  
**Yama** 10:06AM - 11:53AM  
**Rahu** 6:32AM - 8:19AM

**Uttaraprosarthapada** Until 7:37AM  
Dhriti Until 9:53AM  
Kaulava Until 7:05PM  
**Chaturthi\*** Until 7:33AM

Spokane, WA  
Sun 3 Sutra 120  
Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Ganesha:** Yellow *Sunrise: 4:45AM*  
**Muruqa:** White *Sunset: 7:01PM*  
**Nataraja:** White  
Moon - Clear

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Meena Rasi: 29.07 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taila/Gara Karana Panchami/Shashthiyam Titau

**Gulika** 11:53AM - 1:39PM  
**Yama** 8:20AM - 10:06AM  
**Rahu** 3:26PM - 5:13PM

**Revati** Until 7:27AM  
Shula\* Until 8:18AM  
Gara Until 6:46PM  
**Panchami** Until 6:48AM

Spokane, WA  
Sun 4 Sutra 121  
Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**Ganesha:** Yellow *Sunrise: 4:46AM*  
**Muruqa:** White *Sunset: 6:59PM*  
**Nataraja:** White  
Moon - Clear

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Mesha Rasi: 12.02 Tithi 21 - 22

522865472

Routine Work Marana Yoga  
Until 8:27AM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamam Titau

**Gulika** 10:06AM - 11:53AM  
**Yama** 6:34AM - 8:20AM  
**Rahu** 11:53AM - 1:39PM

**Ashvini** Until 8:27AM  
Ganda\* Until 7:25AM  
Visti Until 7:19PM  
**Shashthi\*** Until 6:55AM

Spokane, WA  
Sun 5 Sutra 122  
Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**Ganesha:** Yellow *Sunrise: 4:48AM*  
**Muruqa:** White *Sunset: 6:58PM*  
**Nataraja:** White  
Moon - White

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**

**Retreat Star**

Mesha Rasi: 24.33 Tithi 22 - 23

522865472

Creative Work Siddha Yoga  
Until 10:06AM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamam Titau

**Gulika** 8:21AM - 10:07AM  
**Yama** 4:49AM - 6:35AM  
**Rahu** 1:38PM - 3:24PM

**Bharani** Until 10:06AM  
Vridhhi Until 7:12AM  
Balava Until 8:40PM  
**Saptami** Until 7:53AM

Spokane, WA  
Sun 6 Sutra 123  
Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

**Ganesha:** Yellow *Sunrise: 4:49AM*  
**Muruqa:** White *Sunset: 6:56PM*  
**Nataraja:** White  
Moon - White

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Friday, August 19, 2022**

**Retreat Star**

Vrishabha Rasi: 6.46 Tithi 23 - 24

523865472

Creative Work Siddha Yoga  
Until 12:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Ashtami/Navamam Titau

**Gulika** 6:36AM - 8:21AM  
**Yama** 3:23PM - 5:09PM  
**Rahu** 10:07AM - 11:52AM

**Krittika** Until 12:16PM  
Dhruva Until 7:30AM  
Taila Until 10:37PM  
**Ashtami\*** Until 9:33AM

Spokane, WA  
Sun 7 Sutra 124  
Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

**Ganesha:** White *Sunrise: 4:50AM*  
**Muruqa:** White *Sunset: 6:54PM*  
**Nataraja:** White  
Moon - White

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

all times are standard time. Calculated for Spokane, WA on 4/26/21

www.gurudeva.org/panchang

|   |               |                                  |   |  |  |  |                                    |
|---|---------------|----------------------------------|---|--|--|--|------------------------------------|
| <b>1</b>  |               | <b>Saturday, August 20, 2022</b> |   | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  | Spokane, WA<br>Sun 8<br>Sutra 125<br>Subhakra 5124 |                                    |
| Wrishabha Rasi: 18.45   | Tithi 24 – 25 | 533865472                        | <b>Gulika</b> 4:52AM – 6:37AM<br>Yama 1:37PM – 3:22PM<br><b>Rahu</b> 8:22AM – 10:07AM | <b>Rohini Until 3:13PM</b><br>Vyaghata* Until 8:13AM<br>Vanija Until 12:57AM Sun<br>Navami* Until 11:44AM  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br>Sravana-Avani | <b>Sunrise:</b> 4:52AM<br><b>Sunset:</b> 6:52PM    | Moon 8 - Phase 18 - 8<br>2nd Phase |
| Creative Work Amrita Yoga<br>Until 3:13PM<br>Then Creative Work - Siddha Yoga |               |                                  |   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM  |                                    |

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| <b>2</b>                  |               | <b>Sunday, August 21, 2022</b> |   | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  | Spokane, WA<br>Sun 9<br>Sutra 126<br>Subhakra 5124 |                                    |
| Mithuna Rasi: 0.38        | Tithi 25 – 26 | 533865472                      | <b>Gulika</b> 3:21PM – 5:06PM<br>Yama 11:52AM – 1:36PM<br><b>Rahu</b> 5:06PM – 6:50PM | <b>Mrigashira Until 6:14PM</b><br>Harshana Until 9:11AM<br>Bava Until 3:27AM Mon<br>Dashami Until 2:10PM  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br>Sravana-Avani | <b>Sunrise:</b> 4:53AM<br><b>Sunset:</b> 6:50PM    | Moon 8 - Phase 18 - 9<br>2nd Phase |
| Creative Work Siddha Yoga |               |                                |   |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM  |                                    |

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| <b>3</b>  |               | <b>Monday, August 22, 2022</b> |  | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  | Spokane, WA<br>Sun 10<br>Sutra 127<br>Subhakra 5124 |                                     |
| Mithuna Rasi: 12.28   | Tithi 26 – 27 | 533865472                      | <b>Gulika</b> 1:36PM – 3:20PM<br>Yama 10:07AM – 11:51AM<br><b>Rahu</b> 6:39AM – 8:23AM | <b>Ardra Until 9:05PM</b><br>Vajra* Until 10:11AM<br>Kaulava Until 5:54AM Tue<br>Ekadashi* Until 4:40PM   | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br>Sravana-Avani | <b>Sunrise:</b> 4:54AM<br><b>Sunset:</b> 6:49PM     | Moon 8 - Phase 18 - 10<br>2nd Phase |
| Creative Work Siddha Yoga<br>Until 9:05PM<br>Then Creative Work - Amrita Yoga |               |                                |  |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM   |                                     |

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| <b>4</b>                  |          | <b>Tuesday, August 23, 2022</b> |  | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Taitila Karana Dvadashyam Titau |  | Spokane, WA<br>Sun 11<br>Sutra 128<br>Subhakra 5124 |                                     |
| Mithuna Rasi: 24.19       | Tithi 27 | 543865472                       | <b>Gulika</b> 11:51AM – 1:35PM<br>Yama 8:23AM – 10:07AM<br><b>Rahu</b> 3:19PM – 5:03PM | <b>Punarvasu Until 12:08AM Wed</b><br>Siddhi Until 11:07AM<br>Taitila Until 7:02PM<br>Dvadashi* Until 7:02PM   | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue<br>Sravana-Avani | <b>Sunrise:</b> 4:56AM<br><b>Sunset:</b> 6:47PM     | Moon 8 - Phase 18 - 11<br>2nd Phase |
| Creative Work Siddha Yoga |          |                                 |  |  |  | <b>Bhuloka Day</b>                                  |                                     |

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| <b>5</b>                  |          | <b>Wednesday, August 24, 2022</b> |   | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau |  | Spokane, WA<br>Sun 12<br>Sutra 129<br>Subhakra 5124 |                                     |
| Kataka Rasi: 6.15         | Tithi 28 | 543865472                         | <b>Gulika</b> 10:07AM – 11:51AM<br>Yama 6:40AM – 8:24AM<br><b>Rahu</b> 11:51AM – 1:34PM | <b>Pushya Until 2:45AM Thu</b><br>Vyatipata* Until 11:54AM<br>Gara Until 8:08AM<br>Trayodashi* Until 9:08PM<br><i>Pradosha Vrata (Fasting)</i>                                     | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue<br>Sravana-Avani | <b>Sunrise:</b> 4:57AM<br><b>Sunset:</b> 6:45PM     | Moon 8 - Phase 18 - 12<br>2nd Phase |
| Creative Work Siddha Yoga |          |                                   |   |  |  | <b>Bhuloka Day</b>                                  |                                     |

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| <b>6</b>   |          | <b>Thursday, August 25, 2022</b> |   | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |  | Spokane, WA<br>Sun 13<br>Sutra 130<br>Subhakra 5124 |                                     |
| Kataka Rasi: 18.18   | Tithi 29 | 543865472                        | <b>Gulika</b> 8:24AM – 10:08AM<br>Yama 4:58AM – 6:41AM<br><b>Rahu</b> 1:34PM – 3:17PM | <b>Ashlesha* Until 4:51AM Fri</b><br>Variyan Until 12:24PM<br>Visti Until 10:04AM<br>Chaturdashi* Until 10:53PM  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue<br>Sravana-Avani | <b>Sunrise:</b> 4:58AM<br><b>Sunset:</b> 6:43PM     | Moon 8 - Phase 18 - 13<br>2nd Phase |
| Creative Work Siddha Yoga<br>Until 4:51AM Fri<br>Then Routine Work - Marana Yoga |          |                                  |   |  |  | <b>Bhuloka Day</b>                                  |                                     |

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| <b>Retreat Star</b>  |          | <b>Friday, August 26, 2022</b> |  | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau |   | Spokane, WA<br>Sun 14<br>Sutra 131<br>Subhakra 5124 |                                    |
| Simha Rasi: 0.3  | Tithi 30 | 553865472                      | <b>Gulika</b> 6:42AM – 8:25AM<br>Yama 3:16PM – 4:58PM<br><b>Rahu</b> 10:08AM – 11:50AM | <b>Magha* Until 6:54AM Sat</b><br>Parigha* Until 12:38PM<br>Catuspada Until 11:38AM<br>Amavasya* Until 12:15AM Sat   | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Red<br>Sravana-Avani | <b>Sunrise:</b> 5:00AM<br><b>Sunset:</b> 6:41PM     | Moon 8 - Phase 18 - 14<br>Amavasya |
| Routine Work Marana Yoga<br>Until 6:54AM Sat<br>Then Creative Work - Siddha Yoga |          |                                |  |  |   | <b>Bhuloka Day</b>                                  |                                    |

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| <b>Retreat Star</b>   |         | <b>Saturday, August 27, 2022</b> |   | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau |  | Spokane, WA<br>Sun 15<br>Sutra 132<br>Subhakra 5124 |                                    |
| Simha Rasi: 12.52   | Tithi 1 | 553865473                        | <b>Gulika</b> 5:01AM – 6:43AM<br>Yama 1:32PM – 3:15PM<br><b>Rahu</b> 8:26AM – 10:08AM | <b>Magha* Until 6:54AM</b><br>Shiva Until 12:35PM<br>Kintughna Until 12:49PM<br>Prathama* Until 1:14AM Sun  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br>Bhadrapada-Avani | <b>Sunrise:</b> 5:01AM<br><b>Sunset:</b> 6:39PM     | Moon 8 - Phase 18 - 15<br>Prathama |
| Creative Work Amrita Yoga<br>Until 6:54AM<br>Then Creative Work - Siddha Yoga |         |                                  |   |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM   |                                    |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

all times are standard time. Calculated for Spokane, WA on 4/26/21

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|---|---------|--------------------------------|--|---|--|---|--------|--|
| <b>1</b>  |         | <b>Sunday, August 28, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau |  |   |        | Spokane, WA  |
| Simha Rasi: 25.23   | Tithi 2 | 553865473                      | <b>Gulika</b> 3:14PM – 4:55PM<br><b>Yama</b> 11:50AM – 1:32PM<br><b>Rahu</b> 4:55PM – 6:37PM | <b>Purvaphalguni Until 8:24AM</b><br>Siddha Until 12:11PM<br>Balava Until 1:36PM<br><b>Dvitiya Until 1:49AM Mon</b>   | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red | <b>Sunrise:</b> 5:02AM<br><b>Sunset:</b> 6:37PM   | Sun 16 | Sutra 133<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 16<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 8:24AM<br>Then Creative Work - Amrita Yoga |         |                                |  |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |        |  |

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| <b>2</b>   |         | <b>Monday, August 29, 2022</b> |   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyayam Titau |  |   |        | Spokane, WA  |
| Kanya Rasi: 8.06                                 | Tithi 3 | 553865473                      | <b>Gulika</b> 1:31PM – 3:12PM<br><b>Yama</b> 10:08AM – 11:49AM<br><b>Rahu</b> 6:45AM – 8:27AM | <b>Uttaraphalguni Until 9:22AM</b><br>Sadhya Until 11:30AM<br>Taitila Until 1:59PM<br><b>Tritiya Until 2:01AM Tue</b>   | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red | <b>Sunrise:</b> 5:04AM<br><b>Sunset:</b> 6:35PM   | Sun 17 | Sutra 134<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 17<br>3rd Phase |
| Family Home Evening<br>Creative Work Siddha Yoga |         |                                |   |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |        |  |

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| <b>3</b>                  |         | <b>Tuesday, August 30, 2022</b> |   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Chaturthiyam Titau |  |   |        | Spokane, WA  |
| Kanya Rasi: 21            | Tithi 4 | 563865473                       | <b>Gulika</b> 11:49AM – 1:30PM<br><b>Yama</b> 8:27AM – 10:08AM<br><b>Rahu</b> 3:11PM – 4:52PM | <b>Hasta Until 10:17AM</b><br>Subha Until 10:32AM<br>Vanija Until 2:00PM<br><b>Chaturthi* Until 1:51AM Wed</b>  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green | <b>Sunrise:</b> 5:05AM<br><b>Sunset:</b> 6:33PM   | Sun 18 | Sutra 135<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 18<br>3rd Phase |
| Creative Work Siddha Yoga |         |                                 |   | <b>Ganesha Chaturthi</b>  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |        |  |

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| <b>4</b>                  |         | <b>Wednesday, August 31, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau |   |   |        | Spokane, WA  |
| Tula Rasi: 4.05           | Tithi 5 | 563965473                         | <b>Gulika</b> 10:08AM – 11:49AM<br><b>Yama</b> 6:47AM – 8:28AM<br><b>Rahu</b> 11:49AM – 1:30PM | <b>Chitra Until 10:39AM</b><br>Sukla Until 9:14AM<br>Bava Until 1:38PM<br><b>Panchami Until 1:17AM Thu</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green | <b>Sunrise:</b> 5:06AM<br><b>Sunset:</b> 6:31PM | Sun 19 | Sutra 136<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 19<br>3rd Phase |
| Creative Work Siddha Yoga |         |                                   |  |   |   | <b>Devaloka Day</b>                             |        |  |

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| <b>5</b>   |         | <b>Thursday, September 1, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthiyam Titau |   |   |        | Spokane, WA  |
| Tula Rasi: 17.23   | Tithi 6 | 563965473                          | <b>Gulika</b> 8:28AM – 10:08AM<br><b>Yama</b> 5:08AM – 6:48AM<br><b>Rahu</b> 1:29PM – 3:09PM | <b>Svati Until 10:30AM</b><br>Brahma Until 7:38AM<br>Kaulava Until 12:52PM<br><b>Shashthi* Until 12:18AM Fri</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green | <b>Sunrise:</b> 5:08AM<br><b>Sunset:</b> 6:29PM | Sun 20 | Sutra 137<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 20<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 10:30AM<br>Then Creative Work - Siddha Yoga |         |                                    |  |   |   | <b>Devaloka Day</b>                             |        |  |

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| <b>6</b>                  |         | <b>Friday, September 2, 2022</b> |   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau |   |   |        | Spokane, WA  |
| Vrischika Rasi: 0.55      | Tithi 7 | 574965473                        | <b>Gulika</b> 6:49AM – 8:29AM<br><b>Yama</b> 3:08PM – 4:48PM<br><b>Rahu</b> 10:08AM – 11:48AM | <b>Vishakha Until 10:14AM</b><br>Vaidhriti* Until 3:26AM Sat<br>Gara Until 11:41AM<br><b>Saptami Until 10:55PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Orange | <b>Sunrise:</b> 5:09AM<br><b>Sunset:</b> 6:28PM | Sun 21 | Sutra 138<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 21<br>3rd Phase |
| Creative Work Siddha Yoga |         |                                  |   |   |   | <b>Devaloka Day</b>                             |        |  |

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| <b>Retreat Star</b>       |         | <b>Saturday, September 3, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Ashtamyam Titau |   |   |        | Spokane, WA  |
| Vrischika Rasi: 14.41     | Tithi 8 | 574965473                          | <b>Gulika</b> 5:10AM – 6:50AM<br><b>Yama</b> 1:27PM – 3:07PM<br><b>Rahu</b> 8:29AM – 10:09AM | <b>Anuradha Until 9:24AM</b><br>Vishkambha* Until 12:49AM Sun<br>Vistil Until 10:05AM<br><b>Ashtami* Until 9:07PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Orange | <b>Sunrise:</b> 5:10AM<br><b>Sunset:</b> 6:26PM | Sun 22 | Sutra 139<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 22<br>Ashtami |
| Creative Work Siddha Yoga |         |                                    |  |  |   | <b>Devaloka Day</b>                             |        |  |

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| <b>Retreat Star</b>  |         | <b>Sunday, September 4, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau |   |   |        | Spokane, WA   |
| Vrischika Rasi: 28.43  | Tithi 9 | 574965473                        | <b>Gulika</b> 3:06PM – 4:45PM<br><b>Yama</b> 11:48AM – 1:27PM<br><b>Rahu</b> 4:45PM – 6:24PM | <b>Jyeshtha* Until 8:01AM</b><br>Priti Until 9:55PM<br>Balava Until 8:05AM<br><b>Navami* Until 6:55PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Orange | <b>Sunrise:</b> 5:12AM<br><b>Sunset:</b> 6:24PM | Sun 23 | Sutra 140<br>Subhakrit 5124<br>Moon 8 - Phase 19 - 23<br>Navami |
| Routine Work Marana Yoga<br>Until 8:01AM<br>Then Creative Work - Amrita Yoga |         |                                  |  |  |   | <b>Devaloka Day</b>                             |        |   |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


|                                 |               |                                  |                   |   |                         |   |                             |
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| <b>1</b>                        |               | <b>Monday, September 5, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau |                         | Spokane, WA<br>Sun 24 Sutra 141<br>Subhakrit 5124 |                             |
| Dhanus Rasi: 13                 | Tithi 10 – 11 | <b>Gulika</b>                    | 1:26PM – 3:04PM   | <b>Mula* Until 6:32AM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:13AM                            |                             |
| <b>Family Home Evening</b>      | 584965473     | <b>Yama</b>                      | 10:09AM – 11:47AM | Ayushman Until 6:42PM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:22PM                             | Moon 8 - Phase 20 - 24      |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b>                      | 6:52AM – 8:30AM   | Vanija Until 3:00AM Tue   | <b>Nataraja:</b> Clear  |   | 4th Phase                   |
| Until 6:32AM                    |               |                                  |                   | <b>Dashami Until 4:22PM</b>   | Moon – Light Blue       |   | <b>Bhuloka Day</b>          |
| Then Routine Work - Marana Yoga |               |                                  |                   |   | <b>Bhadrapada*Avani</b> |   | Devaloka Time: 6:PM to 9:PM |

|                                  |                    |                                   |                  |   |                         |   |                             |
|----------------------------------|--------------------|-----------------------------------|------------------|---|-------------------------|---|-----------------------------|
| <b>2</b>                         |                    | <b>Tuesday, September 6, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                         | Spokane, WA<br>Sun 25 Sutra 142<br>Subhakrit 5124 |                             |
| Dhanus Rasi: 27.3                | Tithi 11 – 12      | <b>Gulika</b>                     | 11:47AM – 1:25PM | <b>Uttarashadha Until 2:20AM Wed</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:14AM                            |                             |
|                                  | 584965473          | <b>Yama</b>                       | 8:31AM – 10:09AM | Saubhagya Until 3:16PM  | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:20PM                             | Moon 8 - Phase 20 - 25      |
| Routine Work                     | Prabalarishta Yoga | <b>Rahu</b>                       | 3:03PM – 4:41PM  | Bava Until 12:05AM Wed  | <b>Nataraja:</b> Clear  |   | 4th Phase                   |
| Until 2:20AM Wed                 |                    |                                   |                  | <b>Ekadashi Until 1:33PM</b>  | Moon – Light Blue       |   | <b>Bhuloka Day</b>          |
| Then Creative Work - Siddha Yoga |                    |                                   |                  |   | <b>Bhadrapada*Avani</b> |   | Devaloka Time: 6:PM to 9:PM |

|                    |               |                                     |                   |   |                         |   |                        |
|--------------------|---------------|-------------------------------------|-------------------|---|-------------------------|---|------------------------|
| <b>3</b>           |               | <b>Wednesday, September 7, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                         | Spokane, WA<br>Sun 26 Sutra 143<br>Subhakrit 5124 |                        |
| Makara Rasi: 12.09 | Tithi 12 – 13 | <b>Gulika</b>                       | 10:09AM – 11:47AM | <b>Shravana Until 12:15AM Thu</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:16AM                            |                        |
|                    | 594965473     | <b>Yama</b>                         | 6:53AM – 8:31AM   | Sobhana Until 11:44AM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:18PM                             | Moon 8 - Phase 20 - 26 |
| Creative Work      | Siddha Yoga   | <b>Rahu</b>                         | 11:47AM – 1:24PM  | Kaulava Until 9:04PM  | <b>Nataraja:</b> Clear  |   | 4th Phase              |
|                    |               |                                     |                   | <b>Dvadashi Until 10:34AM</b>   | Moon – Purple           |   | <b>Devaloka Day</b>    |
|                    |               |                                     |                   |   | <b>Bhadrapada*Avani</b> |   |                        |

*Pradosha Vrata*

|                   |               |                                    |                  |   |                         |   |                        |
|-------------------|---------------|------------------------------------|------------------|---|-------------------------|---|------------------------|
| <b>4</b>          |               | <b>Thursday, September 8, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                         | Spokane, WA<br>Sun 27 Sutra 144<br>Subhakrit 5124 |                        |
| Makara Rasi: 26.5 | Tithi 13 – 14 | <b>Gulika</b>                      | 8:32AM – 10:09AM | <b>Dhanishtha Until 10:04PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:17AM                            |                        |
|                   | 594965473     | <b>Yama</b>                        | 5:17AM – 6:54AM  | Athiganda* Until 8:09AM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:16PM                             | Moon 8 - Phase 20 - 27 |
| Creative Work     | Siddha Yoga   | <b>Rahu</b>                        | 1:24PM – 3:01PM  | Gara Until 6:05PM   | <b>Nataraja:</b> Clear  |   | 4th Phase              |
|                   |               |                                    |                  | <b>Trayodashi Until 7:33AM</b>  | Moon – Purple           |   | <b>Devaloka Day</b>    |
|                   |               | <b>Chidambaram Abhishekam</b>      |                  |   | <b>Bhadrapada*Avani</b> |   |                        |

|   |             |                                  |                   |   |                         |  |                     |
|---|-------------|----------------------------------|-------------------|---|-------------------------|--|---------------------|
|  |             | <b>Friday, September 9, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Dhriti Yoga Visti*/Bava Karana Purnimayam Titau |                         | Spokane, WA<br>Sutra 145<br>Subhakrit 5124 |                     |
| Kumbha Rasi: 11.28  | Tithi 15    | <b>Gulika</b>                    | 6:55AM – 8:32AM   | <b>Shatabhishak Until 7:58PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:18AM                     |                     |
|   | 594965473   | <b>Yama</b>                      | 3:00PM – 4:37PM   | Dhriti Until 1:25AM Sat   | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:14PM                      | Moon 8 - Phase 20 - |
| Creative Work   | Siddha Yoga | <b>Rahu</b>                      | 10:09AM – 11:46AM | Visti Until 3:17PM  | <b>Nataraja:</b> Clear  |  | Purnima             |
|   |             |                                  |                   | <b>Purnima* Until 1:59AM Sat</b>  | Moon – Purple           |  | <b>Devaloka Day</b> |
|   |             |                                  |                   |   | <b>Bhadrapada*Avani</b> |  |                     |

|                                  |             |                                     |                  |  |                         |  |                     |
|----------------------------------|-------------|-------------------------------------|------------------|--|-------------------------|--|---------------------|
| <b>5</b>                         |             | <b>Saturday, September 10, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau |                         | Spokane, WA<br>Sutra 146<br>Subhakrit 5124 |                     |
| Kumbha Rasi: 25.54               | Tithi 16    | <b>Gulika</b>                       | 5:20AM – 6:56AM  | <b>Purvaproshtapada* Until 6:31PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:20AM                     |                     |
|                                  | 514965473   | <b>Yama</b>                         | 1:22PM – 2:59PM  | Shula* Until 10:28PM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:12PM                      | Moon 8 - Phase 20 - |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                         | 8:33AM – 10:09AM | Balava Until 12:49PM   | <b>Nataraja:</b> Clear  |  | Prathama            |
| Until 6:31PM                     |             |                                     |                  | <b>Prathama* Until 11:45PM</b>   | Moon – Clear            |  | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga |             |                                     |                  |  | <b>Bhadrapada*Avani</b> |  |                     |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

all times are standard time. Calculated for Spokane, WA on 4/26/21

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**Sunday, September 11, 2022**  
**Gold Retreat Star**

Meena Rasi: 10.02      Tithi 17  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvilyayam Titau

**Gulika**      2:57PM – 4:33PM      **Uttaraproshtapada** **Until 5:27PM**  
Yama      11:45AM – 1:21PM      Ganda\* **Until 7:59PM**  
514965473 **Rahu**      4:33PM – 6:09PM      Taitila **Until 10:51AM**  
**Grandparent's Day**      **Dvitiya** **Until 10:05PM**

Spokane, WA  
Sun 1      Sutra 147  
Subhakrit 5124  
Moon 9 - Phase 21 - 1  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:21AM  
**Muruqa:** White      *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Clear      **Devaloka Day**  
Bhadrapada-Avani

**1**

**Monday, September 12, 2022**

Meena Rasi: 23.47      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**      1:20PM – 2:56PM      **Revati** **Until 4:55PM**  
Yama      10:09AM – 11:45AM      Vriddhi **Until 6:04PM**  
514965473 **Rahu**      6:58AM – 8:34AM      Vanija **Until 9:31AM**  
**Tritiya** **Until 9:06PM**

Spokane, WA  
Sun 2      Sutra 148  
Subhakrit 5124  
Moon 9 - Phase 21 - 2  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:22AM  
**Muruqa:** White      *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Clear      **Devaloka Day**  
Bhadrapada-Avani

**2**

**Tuesday, September 13, 2022**

Mesha Rasi: 7.07      Tithi 19  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**      11:44AM – 1:20PM      **Ashvini** **Until 5:25PM**  
Yama      8:34AM – 10:09AM      Dhruva **Until 4:44PM**  
524965473 **Rahu**      2:55PM – 4:30PM      Bava **Until 8:56AM**  
**Chaturthi\*** **Until 8:55PM**

Spokane, WA  
Sun 3      Sutra 149  
Subhakrit 5124  
Moon 9 - Phase 21 - 3  
1st Phase

**Ganesha:** White      *Sunrise:* 5:24AM  
**Muruqa:** White      *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – White      **Bhuloka Day**  
Bhadrapada-Avani      **Devaloka Time: 6:PM to 9:PM**

**3**

**Wednesday, September 14, 2022**

Mesha Rasi: 20.02      Tithi 20  
Creative Work      Siddha Yoga  
Until 6:34PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      10:09AM – 11:44AM      **Bharani** **Until 6:34PM**  
Yama      7:00AM – 8:34AM      Vyaghata\* **Until 4:03PM**  
524965473 **Rahu**      11:44AM – 1:19PM      Kaulava **Until 9:09AM**  
**Panchami** **Until 9:32PM**

Spokane, WA  
Sun 4      Sutra 150  
Subhakrit 5124  
Moon 9 - Phase 21 - 4  
1st Phase

**Ganesha:** White      *Sunrise:* 5:25AM  
**Muruqa:** White      *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – White      **Bhuloka Day**  
Bhadrapada-Avani      **Devaloka Time: 6:PM to 9:PM**

**4**

**Thursday, September 15, 2022**

Vrishabha Rasi: 2.35      Tithi 21  
Routine Work      Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**      8:35AM – 10:09AM      **Krittika** **Until 8:17PM**  
Yama      5:26AM – 7:01AM      Harshana **Until 3:59PM**  
525965473 **Rahu**      1:18PM – 2:53PM      Gara **Until 10:08AM**  
**Shashthi\*** **Until 10:53PM**

Spokane, WA  
Sun 5      Sutra 151  
Subhakrit 5124  
Moon 9 - Phase 21 - 5  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:26AM  
**Muruqa:** White      *Sunset:* 6:01PM  
**Nataraja:** Clear  
Moon – White      **Devaloka Day**  
Bhadrapada-Avani

**5**

**Friday, September 16, 2022**

Vrishabha Rasi: 14.5      Tithi 22  
Routine Work      Marana Yoga  
Until 10:55PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**      7:01AM – 8:35AM      **Rohini** **Until 10:55PM**  
Yama      2:51PM – 4:25PM      Vajra\* **Until 4:22PM**  
535965473 **Rahu**      10:09AM – 11:43AM      Visti **Until 11:49AM**  
**Saptami** **Until 12:50AM Sat**

Spokane, WA  
Sun 6      Sutra 152  
Subhakrit 5124  
Moon 9 - Phase 21 - 6  
1st Phase

**Ganesha:** White      *Sunrise:* 5:28AM  
**Muruqa:** White      *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon – Yellow      **Sivaloka Day**  
Bhadrapada-Puratasi

**D**

**Saturday, September 17, 2022**  
**Retreat Star**

Vrishabha Rasi: 26.52      Tithi 23  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      5:29AM – 7:02AM      **Mrigashira** **Until 1:44AM Sun**  
Yama      1:17PM – 2:50PM      Siddhi **Until 5:06PM**  
535965473 **Rahu**      8:36AM – 10:09AM      Balava **Until 1:58PM**  
**Ashtami\*** **Until 3:09AM Sun**

Spokane, WA  
Sun 7      Sutra 153  
Subhakrit 5124  
Moon 9 - Phase 21 - 7  
Ashtami

**Ganesha:** White      *Sunrise:* 5:29AM  
**Muruqa:** White      *Sunset:* 5:57PM  
**Nataraja:** Clear  
Moon – Yellow      **Sivaloka Day**  
Bhadrapada-Puratasi

**Sunday, September 18, 2022**

**Retreat Star**

Mithuna Rasi: 8.46      Tithi 24  
Creative Work      Siddha Yoga  
Until 4:33AM Mon  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      2:49PM – 4:22PM      **Ardra** **Until 4:33AM Mon**  
Yama      11:43AM – 1:16PM      Vyatipata\* **Until 6:01PM**  
535965473 **Rahu**      4:22PM – 5:55PM      Taitila **Until 4:23PM**  
**Navami\*** **Until 5:36AM Mon**

Spokane, WA  
Sun 8      Sutra 154  
Subhakrit 5124  
Moon 9 - Phase 21 - 8  
Navami

**Ganesha:** White      *Sunrise:* 5:30AM  
**Muruqa:** White      *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Yellow      **Sivaloka Day**  
Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|                                  |                                   |                               |   |   |                       |  |
|----------------------------------|-----------------------------------|-------------------------------|---|---|-----------------------|--|
| <b>1</b>                         | <b>Monday, September 19, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam |   | Spokane, WA           |  |
|                                  |                                   |                               | Punarvasu Nakshatra Variyan Yoga Vanija Karana Dashamyam Titau                                    |   | Sun 9 Sutra 155       |  |
| Mithuna Rasi: 20.37              | Tithi 25                          | <b>Gulika</b> 1:15PM – 2:48PM | <b>Punarvasu</b> Until 7:36AM Tue   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:32AM | Subhakrit 5124        |  |
| <b>Family Home Evening</b>       | 545965473                         | Yama 10:10AM – 11:42AM        | Variyan Until 6:54PM  | <b>Muruqa:</b> White <i>Sunset:</i> 5:53PM    | Moon 9 - Phase 22 - 9 |  |
| Creative Work Amrita Yoga        |                                   | <b>Rahu</b> 7:04AM – 8:37AM   | Vanija Until 6:49PM   | <b>Nataraja:</b> Clear                        | 2nd Phase             |  |
| Until 7:36AM Tue                 |                                   |                               | <b>Dashami</b> Until 7:58AM Tue   | Moon – Blue                                   | <b>Devaloka Day</b>   |  |
| Then Creative Work - Siddha Yoga |                                   |                               |   | Bhadrapada-Puratasi                           |                       |  |

|                           |                                    |                                |  |   |                        |  |
|---------------------------|------------------------------------|--------------------------------|--|---|------------------------|--|
| <b>2</b>                  | <b>Tuesday, September 20, 2022</b> |                                | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam |   | Spokane, WA            |  |
|                           |                                    |                                | Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau                 |   | Sun 10 Sutra 156       |  |
| Kataka Rasi: 2.31         | Tithi 25 – 26                      | <b>Gulika</b> 11:42AM – 1:14PM | <b>Punarvasu</b> Until 7:36AM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:33AM | Subhakrit 5124         |  |
|                           | 545965473                          | Yama 8:37AM – 10:10AM          | Parigha* Until 7:40PM  | <b>Muruqa:</b> White <i>Sunset:</i> 5:51PM    | Moon 9 - Phase 22 - 10 |  |
| Creative Work Siddha Yoga |                                    | <b>Rahu</b> 2:47PM – 4:19PM    | Bava Until 9:05PM  | <b>Nataraja:</b> Clear                        | 2nd Phase              |  |
|                           |                                    |                                | <b>Dashami</b> Until 7:58AM  | Moon – Blue                                   | <b>Devaloka Day</b>    |  |
|                           |                                    |                                |  | Bhadrapada-Puratasi                           |                        |  |

|                           |                                      |                                 |  |   |                        |  |
|---------------------------|--------------------------------------|---------------------------------|--|---|------------------------|--|
| <b>3</b>                  | <b>Wednesday, September 21, 2022</b> |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam |   | Spokane, WA            |  |
|                           |                                      |                                 | Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau              |   | Sun 11 Sutra 157       |  |
| Kataka Rasi: 14.31        | Tithi 26 – 27                        | <b>Gulika</b> 10:10AM – 11:42AM | <b>Pushya</b> Until 10:15AM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:34AM | Subhakrit 5124         |  |
|                           | 545965473                            | Yama 7:06AM – 8:38AM            | Shiva Until 8:12PM   | <b>Muruqa:</b> White <i>Sunset:</i> 5:49PM    | Moon 9 - Phase 22 - 11 |  |
| Creative Work Siddha Yoga |                                      | <b>Rahu</b> 11:42AM – 1:13PM    | Kaulava Until 10:59PM  | <b>Nataraja:</b> Clear                        | 2nd Phase              |  |
|                           |                                      |                                 | <b>Ekadashi*</b> Until 10:04AM   | Moon – Blue                                   | <b>Devaloka Day</b>    |  |
|                           |                                      |                                 |  | Bhadrapada-Puratasi                           |                        |  |

|                                  |                                     |                                |   |   |                        |  |
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| <b>4</b>                         | <b>Thursday, September 22, 2022</b> |                                | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam |   | Spokane, WA            |  |
|                                  |                                     |                                | Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau              |   | Sun 12 Sutra 158       |  |
| Kataka Rasi: 26.4                | Tithi 27 – 28                       | <b>Gulika</b> 8:38AM – 10:10AM | <b>Ashlesha*</b> Until 12:20PM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM | Subhakrit 5124         |  |
|                                  | 545965473                           | Yama 5:36AM – 7:07AM           | Siddha Until 8:21PM   | <b>Muruqa:</b> White <i>Sunset:</i> 5:47PM    | Moon 9 - Phase 22 - 12 |  |
| Creative Work Siddha Yoga        |                                     | <b>Rahu</b> 1:13PM – 2:44PM    | Gara Until 12:27AM Fri  | <b>Nataraja:</b> Clear                        | 2nd Phase              |  |
| Until 12:20PM                    |                                     |                                | <b>Dvadashi*</b> Until 11:46AM  | Moon – Blue                                   | <b>Devaloka Day</b>    |  |
| Then Creative Work - Amrita Yoga |                                     |                                |   | Bhadrapada-Puratasi                           |                        |  |
|                                  |                                     |                                | <i>Pradosha Vrata (Fasting)</i>   |   |                        |  |

|                                  |                                   |                               |  |  |                        |  |
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| <b>5</b>                         | <b>Friday, September 23, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam |  | Spokane, WA            |  |
|                                  |                                   |                               | Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau     |  | Sun 13 Sutra 159       |  |
| Simha Rasi: 9                    | Tithi 28 – 29                     | <b>Gulika</b> 7:08AM – 8:39AM | <b>Magha*</b> Until 2:18PM   | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:37AM | Subhakrit 5124         |  |
|                                  | 555965473                         | Yama 2:43PM – 4:14PM          | Sadhya Until 8:09PM  | <b>Muruqa:</b> White <i>Sunset:</i> 5:45PM | Moon 9 - Phase 22 - 13 |  |
| Routine Work Marana Yoga         |                                   | <b>Rahu</b> 10:10AM – 11:41AM | Visti Until 1:26AM Sat   | <b>Nataraja:</b> Clear                     | 2nd Phase              |  |
| Until 2:18PM                     |                                   |                               | <b>Trayodashi*</b> Until 12:59PM   | Moon – Red                                 | <b>Devaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga |                                   |                               |  | Bhadrapada-Puratasi                        |                        |  |

|   |                                     |                                       |   |  |                             |  |
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|  | <b>Saturday, September 24, 2022</b> |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam        |  | Spokane, WA                 |  |
|   | <b>Retreat Star</b>                 |                                       | Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Sun 14 Sutra 160            |  |
| Simha Rasi: 21.34   | Tithi 29 – 30                       | <b>Gulika</b> 5:38AM – 7:09AM         | <b>Purvaphalguni</b> Until 3:36PM   | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:38AM | Subhakrit 5124              |  |
|   | 556965473                           | Yama 1:11PM – 2:42PM                  | Subha Until 7:34PM  | <b>Muruqa:</b> White <i>Sunset:</i> 5:43PM   | Moon 9 - Phase 22 - 14      |  |
| Creative Work Siddha Yoga   |                                     | <b>Rahu</b> 8:39AM – 10:10AM          | Catuspada Until 1:53AM Sun  | <b>Nataraja:</b> Clear                       | Amavasya                    |  |
| Until 3:36PM  |                                     | <b>Mahalaya Amavasai (Tamil Nadu)</b> | <b>Chaturdashi*</b> Until 1:42PM  | Moon – Red                                   | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Marana Yoga   |                                     |                                       |   | Bhadrapada-Puratasi                          | Devaloka Time: 6:PM to 9:PM |  |

|                           |                                   |                               |  |   |                             |  |
|---------------------------|-----------------------------------|-------------------------------|--|---|-----------------------------|--|
| <b>Retreat Star</b>       | <b>Sunday, September 25, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam |   | Spokane, WA                 |  |
|                           |                                   |                               | Uttaraphalguni/Hasta Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau     |   | Sun 15 Sutra 161            |  |
| Kanya Rasi: 4.22          | Tithi 30 – 1                      | <b>Gulika</b> 2:41PM – 4:11PM | <b>Uttaraphalguni</b> Until 4:15PM   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM | Subhakrit 5124              |  |
|                           | 556165473                         | Yama 11:40AM – 1:10PM         | Sukla Until 6:33PM   | <b>Muruqa:</b> White <i>Sunset:</i> 5:41PM  | Moon 9 - Phase 22 - 15      |  |
| Creative Work Amrita Yoga |                                   | <b>Rahu</b> 4:11PM – 5:41PM   | Kintughna Until 1:50AM Mon   | <b>Nataraja:</b> Clear                      | Prathama                    |  |
|                           |                                   | <b>Navaratri Begins</b>       | <b>Amavasya*</b> Until 1:54PM  | Moon – Red                                  | <b>Bhuloka Day</b>          |  |
|                           |                                   |                               |  | Ashvina-Puratasi                            | Devaloka Time: 6:PM to 9:PM |  |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|  |             |                                   |                   |   |                         |   |                                    |
|--|-------------|-----------------------------------|-------------------|---|-------------------------|---|------------------------------------|
| <b>1</b>                               |             | <b>Monday, September 26, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                         | Spokane, WA<br>Sun 16 Sutra 162<br>Subhakrit 5124 |                                    |
| Kanya Rasi: 17.25                      | Tithi 1 – 2 | <b>Gulika</b>                     | 1:10PM – 2:39PM   | <b>Hasta</b> <b>Until 4:45PM</b>  | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:41AM                            |                                    |
| <b>Family Home Evening</b>             | 566165473   | Yama                              | 10:10AM – 11:40AM | Brahma <b>Until 5:11PM</b>  | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:39PM                             | Moon 9 - Phase 23 - 16             |
| Creative Work Siddha Yoga              |             | <b>Rahu</b>                       | 7:11AM – 8:40AM   | Balava <b>Until 1:21AM Tue</b>  | <b>Nataraja:</b> Clear  |   | 3rd Phase                          |
| <b>Until 4:45PM</b>                    |             |                                   |                   | <b>Prathama* Until 1:38PM</b>   | Moon – Green            |   |                                    |
| Then Routine Work - Prabararishta Yoga |             |                                   |                   |   | <b>Ashvina+Puratasi</b> | <b>Bhuloka Day</b>                                | <b>Devaloka Time: 6:PM to 9:PM</b> |

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| <b>2</b>                  |             | <b>Tuesday, September 27, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                         | Spokane, WA<br>Sun 17 Sutra 163<br>Subhakrit 5124 |                                    |
| Tula Rasi: 0.41           | Tithi 2 – 3 | <b>Gulika</b>                      | 11:40AM – 1:09PM | <b>Chitra</b> <b>Until 4:41PM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:42AM                            |                                    |
|                           | 666165473   | Yama                               | 8:41AM – 10:10AM | Indra <b>Until 3:31PM</b>   | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:37PM                             | Moon 9 - Phase 23 - 17             |
| Creative Work Siddha Yoga |             | <b>Rahu</b>                        | 2:38PM – 4:08PM  | Taitila <b>Until 12:29AM Wed</b>  | <b>Nataraja:</b> Clear  |   | 3rd Phase                          |
|                           |             |                                    |                  | <b>Dvitiya Until 12:57PM</b>  | Moon – Green            |   |                                    |
|                           |             |                                    |                  |   | <b>Ashvina+Puratasi</b> | <b>Bhuloka Day</b>                                | <b>Devaloka Time: 6:PM to 9:PM</b> |

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| <b>3</b>                  |             | <b>Wednesday, September 28, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                         | Spokane, WA<br>Sun 18 Sutra 164<br>Subhakrit 5124 |                                    |
| Tula Rasi: 14.09          | Tithi 3 – 4 | <b>Gulika</b>                        | 10:10AM – 11:39AM | <b>Svati</b> <b>Until 4:09PM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:44AM                            |                                    |
|                           | 666165473   | Yama                                 | 7:13AM – 8:41AM   | Vaidhriti* <b>Until 1:32PM</b>   | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:35PM                             | Moon 9 - Phase 23 - 18             |
| Creative Work Siddha Yoga |             | <b>Rahu</b>                          | 11:39AM – 1:08PM  | Vanija <b>Until 11:17PM</b>  | <b>Nataraja:</b> Clear  |   | 3rd Phase                          |
|                           |             |                                      |                   | <b>Tritiya Until 11:54AM</b>   | Moon – Green            |   |                                    |
|                           |             |                                      |                   |  | <b>Ashvina+Puratasi</b> | <b>Bhuloka Day</b>                                | <b>Devaloka Time: 6:PM to 9:PM</b> |

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| <b>4</b>                  |             | <b>Thursday, September 29, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                         | Spokane, WA<br>Sun 19 Sutra 165<br>Subhakrit 5124 |                                    |
| Tula Rasi: 27.49          | Tithi 4 – 5 | <b>Gulika</b>                       | 8:42AM – 10:10AM | <b>Vishakha</b> <b>Until 3:37PM</b>  | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:45AM                            |                                    |
|                           | 676165473   | Yama                                | 5:45AM – 7:13AM  | Vishkambha* <b>Until 11:19AM</b>   | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:33PM                             | Moon 9 - Phase 23 - 19             |
| Creative Work Siddha Yoga |             | <b>Rahu</b>                         | 1:07PM – 2:36PM  | Bava <b>Until 9:49PM</b>   | <b>Nataraja:</b> Clear  |   | 3rd Phase                          |
|                           |             |                                     |                  | <b>Chaturthi* Until 10:34AM</b>  | Moon – Orange           |   |                                    |
|                           |             |                                     |                  |  | <b>Ashvina+Puratasi</b> | <b>Bhuloka Day</b>                                | <b>Devaloka Time: 6:PM to 9:PM</b> |

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| <b>5</b>                        |             | <b>Friday, September 30, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                         | Spokane, WA<br>Sun 20 Sutra 166<br>Subhakrit 5124 |                                    |
| Vrischika Rasi: 11.37           | Tithi 5 – 6 | <b>Gulika</b>                     | 7:14AM – 8:42AM   | <b>Anuradha</b> <b>Until 2:41PM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:46AM                            |                                    |
|                                 | 676165473   | Yama                              | 2:35PM – 4:03PM   | Priti <b>Until 8:56AM</b>   | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:31PM                             | Moon 9 - Phase 23 - 20             |
| Creative Work Siddha Yoga       |             | <b>Rahu</b>                       | 10:10AM – 11:39AM | Kaulava <b>Until 8:07PM</b>   | <b>Nataraja:</b> Clear  |   | 3rd Phase                          |
| <b>Until 2:41PM</b>             |             |                                   |                   | <b>Panchami Until 8:58AM</b>  | Moon – Orange           |   |                                    |
| Then Routine Work - Marana Yoga |             |                                   |                   |   | <b>Ashvina+Puratasi</b> | <b>Bhuloka Day</b>                                | <b>Devaloka Time: 6:PM to 9:PM</b> |

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| <b>6</b>                  |             | <b>Saturday, October 1, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                         | Spokane, WA<br>Sun 21 Sutra 167<br>Subhakrit 5124 |                        |
| Vrischika Rasi: 25.34     | Tithi 6 – 7 | <b>Gulika</b>                    | 5:48AM – 7:15AM  | <b>Jyeshtha*</b> <b>Until 1:26PM</b>   | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:48AM                            |                        |
|                           | 677165473   | Yama                             | 1:06PM – 2:33PM  | Ayushman <b>Until 6:21AM</b>   | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:29PM                             | Moon 9 - Phase 23 - 21 |
| Creative Work Siddha Yoga |             | <b>Rahu</b>                      | 8:43AM – 10:11AM | Gara <b>Until 6:13PM</b>   | <b>Nataraja:</b> Clear  |   | 3rd Phase              |
|                           |             |                                  |                  | <b>Shashthi* Until 7:10AM</b>  | Moon – Orange           |   |                        |
|                           |             |                                  |                  |  | <b>Ashvina+Puratasi</b> | <b>Devaloka Day</b>                               |                        |

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| <b>☾</b>                         |           | <b>Sunday, October 2, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau |                         | Spokane, WA<br>Sun 22 Sutra 168<br>Subhakrit 5124 |                        |
| <b>Retreat Star</b>              |           | <b>Gulika</b>                  | 2:32PM – 4:00PM  | <b>Mula*</b> <b>Until 12:17PM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:49AM                            |                        |
| Dhanus Rasi: 9.37                | Tithi 8   | Yama                           | 11:38AM – 1:05PM | Sobhana <b>Until 12:48AM Mon</b>  | <b>Muruqa:</b> Green    | <i>Sunset:</i> 5:27PM                             | Moon 9 - Phase 23 - 22 |
|                                  | 687166473 | <b>Rahu</b>                    | 4:00PM – 5:27PM  | Visti <b>Until 4:10PM</b>   | <b>Nataraja:</b> Clear  |   | Ashtami                |
| Creative Work Amrita Yoga        |           |                                |                  | <b>Ashtami* Until 3:05AM Mon</b>  | Moon – Light Blue       |   |                        |
| <b>Until 12:17PM</b>             |           | <b>Durga Ashtami</b>           |                  |   | <b>Ashvina+Puratasi</b> | <b>Sivaloka Day</b>                               |                        |
| Then Creative Work - Siddha Yoga |           |                                |                  |   |                         |   |                        |

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| <b>☾</b>                   |           | <b>Monday, October 3, 2022</b>      |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau |                         | Spokane, WA<br>Sun 23 Sutra 169<br>Subhakrit 5124 |                        |
| <b>Retreat Star</b>        |           | <b>Gulika</b>                       | 1:04PM – 2:31PM   | <b>Purvashadha*</b> <b>Until 10:52AM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:50AM                            |                        |
| Dhanus Rasi: 23.47         | Tithi 9   | Yama                                | 10:11AM – 11:38AM | Athiganda* <b>Until 9:51PM</b>   | <b>Muruqa:</b> Green    | <i>Sunset:</i> 5:25PM                             | Moon 9 - Phase 23 - 23 |
| <b>Family Home Evening</b> | 687166473 | <b>Rahu</b>                         | 7:17AM – 8:44AM   | Balava <b>Until 1:59PM</b>   | <b>Nataraja:</b> Clear  |   | Navami                 |
| Routine Work Marana Yoga   |           |                                     |                   | <b>Navami* Until 12:50AM Tue</b>   | Moon – Light Blue       |   |                        |
|                            |           | <b>Saraswathi Puja (Tamil Nadu)</b> |                   |  | <b>Ashvina+Puratasi</b> | <b>Sivaloka Day</b>                               |                        |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Spokane, WA on 4/26/21


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|                                  |                    |                                 |                         |   |                         |                        |                        |  |
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| <b>1</b>                         |                    | <b>Tuesday, October 4, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Tilau |                         |                        |                        | Spokane, WA<br>Sun 24<br>Sutra 170<br>Subhakrit 5124 |
| Makara Rasi: 8                   | Tithi 10           | <b>Gulika</b>                   | <b>11:37AM – 1:04PM</b> | <b>Uttarashadha Until 9:12AM</b>  | <b>Ganesha: Blue</b>    | <i>Sunrise: 5:52AM</i> |                        |  |
|                                  |                    | Yama                            | 8:45AM – 10:11AM        | Sukarma Until 6:50PM  | <b>Muruqa: Green</b>    | <i>Sunset: 5:23PM</i>  | Moon 9 - Phase 24 - 24 |  |
|                                  |                    | 687166473 <b>Rahu</b>           | <b>2:30PM – 3:56PM</b>  | Taitila Until 11:43AM   | <b>Nataraja: Clear</b>  |                        | 4th Phase              |  |
| Routine Work                     | Prabalarishta Yoga |                                 |                         |   | Moon – Light Blue       |                        |                        | <b>Sivaloka Day</b>                                  |
| Until 9:12AM                     |                    | <b>Vijaya Dasami</b>            |                         | <b>Dashami Until 10:32PM</b>  | <b>Ashvina+Puratasi</b> |                        |                        |  |
| Then Creative Work - Siddha Yoga |                    |                                 |                         |   |                         |                        |                        |  |

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| <b>2</b>                               |             | <b>Wednesday, October 5, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Tilau |                        |                        |                        | Spokane, WA<br>Sun 25<br>Sutra 171<br>Subhakrit 5124 |
| Makara Rasi: 22.16                     | Tithi 11    | <b>Gulika</b>                     | <b>10:11AM – 11:37AM</b> | <b>Shravana Until 7:46AM</b>  | <b>Ganesha: Yellow</b> | <i>Sunrise: 5:53AM</i> |                        |  |
|  |             | Yama                              | 7:19AM – 8:45AM          | Dhriti Until 3:50PM   | <b>Muruqa: Green</b>   | <i>Sunset: 5:21PM</i>  | Moon 9 - Phase 24 - 25 |  |
|  |             | 697166473 <b>Rahu</b>             | <b>11:37AM – 1:03PM</b>  | Vanija Until 9:24AM   | <b>Nataraja: Clear</b> |                        | 4th Phase              |  |
| Creative Work                          | Siddha Yoga |                                   |                          |   | Moon – Purple          |                        |                        | <b>Devaloka Day</b>                                  |
| Until 7:46AM                           |             | <b>Ekadashi Until 8:14PM</b>      |                          | <b>Ashvina+Puratasi</b>   |                        |                        |                        |  |
| Then Routine Work - Prabalarishta Yoga |             |                                   |                          |   |                        |                        |                        |  |

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| <b>3</b>          |             | <b>Thursday, October 6, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Tilau |                         |                        |                        | Spokane, WA<br>Sun 26<br>Sutra 172<br>Subhakrit 5124 |
| Kumbha Rasi: 6.31 | Tithi 12    | <b>Gulika</b>                    | <b>8:46AM – 10:11AM</b> | <b>Dhanishtha Until 6:14AM</b>   | <b>Ganesha: Yellow</b>  | <i>Sunrise: 5:55AM</i> |                        |  |
|                   |             | Yama                             | 5:55AM – 7:20AM         | Shula* Until 12:51PM   | <b>Muruqa: Green</b>    | <i>Sunset: 5:19PM</i>  | Moon 9 - Phase 24 - 26 |  |
|                   |             | 697166473 <b>Rahu</b>            | <b>1:02PM – 2:28PM</b>  | Bava Until 7:07AM  | <b>Nataraja: Clear</b>  |                        | 4th Phase              |  |
| Creative Work     | Siddha Yoga |                                  |                         |  | Moon – Purple           |                        |                        | <b>Devaloka Day</b>                                  |
|                   |             | <b>Kadaitswami Mahasamadhi</b>   |                         | <b>Dvadashi Until 6:00PM</b>   | <b>Ashvina+Puratasi</b> |                        |                        |  |

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| <b>4</b>           |               | <b>Friday, October 7, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Tilau |                         |                        |                        | Spokane, WA<br>Sun 27<br>Sutra 173<br>Subhakrit 5124 |
| Kumbha Rasi: 20.41 | Tithi 13 – 14 | <b>Gulika</b>                  | <b>7:21AM – 8:46AM</b>   | <b>Purvaproshtapada* Until 3:39AM Sat</b>   | <b>Ganesha: Clear</b>   | <i>Sunrise: 5:56AM</i> |                        |  |
|                    |               | Yama                           | 2:27PM – 3:52PM          | Ganda* Until 10:01AM  | <b>Muruqa: Green</b>    | <i>Sunset: 5:17PM</i>  | Moon 9 - Phase 24 - 27 |  |
|                    |               | 617166474 <b>Rahu</b>          | <b>10:11AM – 11:36AM</b> | Gara Until 3:04AM Sat   | <b>Nataraja: Purple</b> |                        | 4th Phase              |  |
| Creative Work      | Siddha Yoga   |                                |                          |   | Moon – Clear            |                        |                        | <b>Bhuloka Day</b>                                   |
|                    |               | <b>Chidambaram Abhishekam</b>  |                          | <b>Trayodashi Until 3:58PM</b>  | <b>Ashvina+Puratasi</b> |                        |                        | <b>Devaloka Time: 9:AM to 12:PM</b>                  |
|                    |               |                                |                          |   |                         |                        |                        | <i>Pradosha Vrata</i>                                |

|   |               |                                  |                         |   |                         |                        |                     |  |
|---|---------------|----------------------------------|-------------------------|---|-------------------------|------------------------|---------------------|--|
|  |               | <b>Saturday, October 8, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Tilau |                         |                        |                     | Spokane, WA<br>Sun 28<br>Sutra 174<br>Subhakrit 5124 |
| Meena Rasi: 4.41  | Tithi 14 – 15 | <b>Gulika</b>                    | <b>5:57AM – 7:22AM</b>  | <b>Uttaraproshtapada Until 2:50AM Sun</b>   | <b>Ganesha: White</b>   | <i>Sunrise: 5:57AM</i> |                     |  |
|   |               | Yama                             | 1:01PM – 2:25PM         | Vridhhi Until 7:25AM  | <b>Muruqa: Green</b>    | <i>Sunset: 5:15PM</i>  | Moon 9 - Phase 24 - |  |
|   |               | 618166474 <b>Rahu</b>            | <b>8:47AM – 10:11AM</b> | Visti Until 1:31AM Sun  | <b>Nataraja: Purple</b> |                        | Purnima             |  |
| Creative Work   | Siddha Yoga   |                                  |                         |   | Moon – Clear            |                        |                     | <b>Bhuloka Day</b>                                   |
| Until 2:50AM Sun  |               | <b>Chaturdashi* Until 2:13PM</b> |                         | <b>Ashvina+Puratasi</b>   |                         |                        |                     |  |
| Then Creative Work - Amrita Yoga  |               |                                  |                         |   |                         |                        |                     |  |

|                                  |               |                               |                        |   |                         |                        |                     |  |
|----------------------------------|---------------|-------------------------------|------------------------|---|-------------------------|------------------------|---------------------|--|
| <b>Sunday, October 9, 2022</b>   |               | <b>Silver Retreat Star</b>    |                        | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau |                         |                        |                     | Spokane, WA<br>Sun 29<br>Sutra 175<br>Subhakrit 5124 |
| Meena Rasi: 18.28                | Tithi 15 – 16 | <b>Gulika</b>                 | <b>2:24PM – 3:49PM</b> | <b>Revati Until 2:21AM Mon</b>  | <b>Ganesha: White</b>   | <i>Sunrise: 5:59AM</i> |                     |  |
|                                  |               | Yama                          | 11:36AM – 1:00PM       | Vyaghata* Until 3:10AM Mon  | <b>Muruqa: Green</b>    | <i>Sunset: 5:13PM</i>  | Moon 9 - Phase 24 - |  |
|                                  |               | 618166474 <b>Rahu</b>         | <b>3:49PM – 5:13PM</b> | Balava Until 12:28AM Mon  | <b>Nataraja: Purple</b> |                        | Prathama            |  |
| Creative Work                    | Amrita Yoga   |                               |                        |   | Moon – Clear            |                        |                     | <b>Bhuloka Day</b>                                   |
| Until 2:21AM Mon                 |               | <b>Purnima* Until 12:54PM</b> |                        | <b>Ashvina+Puratasi</b>   |                         |                        |                     |  |
| Then Creative Work - Siddha Yoga |               |                               |                        |   |                         |                        |                     |  |





Monday, October 10, 2022

Gold Retreat Star

Mesha Rasi: 1.56 Tithi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

628176474

Gulika 12:59PM - 2:23PM  
Yama 10:12AM - 11:36AM  
Rahu 7:24AM - 8:48AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 2:45AM Tue  
Harshana Until 1:44AM Tue  
Taitila Until 11:59PM  
Prathama\* Until 12:07PM

Ganesha: Yellow Sunrise: 6:00AM  
Muruga: White Sunset: 5:11PM  
Nataraja: Purple  
Moon - White

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

Spokane, WA  
Sutra 176  
Subhakrit 5124  
Moon 10 - Phase 25 -  
1st Phase

1

Tuesday, October 11, 2022

Mesha Rasi: 15.05 Tithi 17 - 18

Creative Work Siddha Yoga

Until 3:38AM Wed

Then Creative Work - Amrita Yoga

628176474

Gulika 11:35AM - 12:59PM  
Yama 8:48AM - 10:12AM  
Rahu 2:22PM - 3:46PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bharani Until 3:38AM Wed  
Vajra\* Until 12:47AM Wed  
Vanija Until 12:10AM Wed  
Dvitiya Until 11:58AM

Ganesha: Yellow Sunrise: 6:02AM  
Muruga: White Sunset: 5:09PM  
Nataraja: Purple  
Moon - White

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

Spokane, WA  
Sun 1  
Sutra 177  
Subhakrit 5124  
Moon 10 - Phase 25 - 1  
1st Phase

2

Wednesday, October 12, 2022

Mesha Rasi: 27.54 Tithi 18 - 19

Creative Work Amrita Yoga

Until 5:01AM Thu

Then Routine Work - Marana Yoga

628176474

Gulika 10:12AM - 11:35AM  
Yama 7:26AM - 8:49AM  
Rahu 11:35AM - 12:58PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Krittika Until 5:01AM Thu  
Siddhi Until 12:23AM Thu  
Bava Until 1:02AM Thu  
Tritiya Until 12:30PM

Ganesha: Yellow Sunrise: 6:03AM  
Muruga: White Sunset: 5:07PM  
Nataraja: Purple  
Moon - White

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

Spokane, WA  
Sun 2  
Sutra 178  
Subhakrit 5124  
Moon 10 - Phase 25 - 2  
1st Phase

3

Thursday, October 13, 2022

Vrishabha Rasi: 10.25 Tithi 19 - 20

Routine Work Marana Yoga

Until 7:19AM Fri

Then Creative Work - Siddha Yoga

628176474

Gulika 8:50AM - 10:12AM  
Yama 6:04AM - 7:27AM  
Rahu 12:57PM - 2:20PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rohini Until 7:19AM Fri  
Vyatipata\* Until 12:28AM Fri  
Kaulava Until 2:32AM Fri  
Chaturthi\* Until 1:41PM

Ganesha: Blue Sunrise: 6:04AM  
Muruga: White Sunset: 5:05PM  
Nataraja: Purple  
Moon - Yellow

Bhuloka Day

Spokane, WA  
Sun 3  
Sutra 179  
Subhakrit 5124  
Moon 10 - Phase 25 - 3  
1st Phase

4

Friday, October 14, 2022

Vrishabha Rasi: 22.39 Tithi 20 - 21

Routine Work Marana Yoga

Until 7:19AM

Then Creative Work - Siddha Yoga

628176474

Gulika 7:28AM - 8:50AM  
Yama 2:19PM - 3:41PM  
Rahu 10:12AM - 11:35AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rohini Until 7:19AM  
Variyan Until 12:56AM Sat  
Gara Until 4:32AM Sat  
Panchami Until 3:27PM

Ganesha: Red Sunrise: 6:06AM  
Muruga: White Sunset: 5:03PM  
Nataraja: Purple  
Moon - Yellow

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Spokane, WA  
Sun 4  
Sutra 180  
Subhakrit 5124  
Moon 10 - Phase 25 - 4  
1st Phase

5

Saturday, October 15, 2022

Mithuna Rasi: 4.42 Tithi 21 - 22

Creative Work Siddha Yoga

639176474

Gulika 6:07AM - 7:29AM  
Yama 12:56PM - 2:18PM  
Rahu 8:51AM - 10:13AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Mrigashira Until 9:55AM  
Parigha\* Until 1:40AM Sun  
Visti Until 6:52AM Sun  
Shashthi\* Until 5:39PM

Ganesha: Red Sunrise: 6:07AM  
Muruga: White Sunset: 5:01PM  
Nataraja: Purple  
Moon - Yellow

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Spokane, WA  
Sun 5  
Sutra 181  
Subhakrit 5124  
Moon 10 - Phase 25 - 5  
1st Phase

6

Sunday, October 16, 2022

Mithuna Rasi: 16.38 Tithi 22

Creative Work Siddha Yoga

639176474

Gulika 2:17PM - 3:38PM  
Yama 11:34AM - 12:56PM  
Rahu 3:38PM - 5:00PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Ardra Until 12:37PM  
Shiva Until 2:32AM Mon  
Visti Until 6:52AM  
Saptami Until 8:04PM

Ganesha: Red Sunrise: 6:09AM  
Muruga: White Sunset: 5:00PM  
Nataraja: Purple  
Moon - Yellow

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Spokane, WA  
Sun 6  
Sutra 182  
Subhakrit 5124  
Moon 10 - Phase 25 - 6  
1st Phase

D

Monday, October 17, 2022

Retreat Star

Mithuna Rasi: 28.31 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 3:42PM

Then Creative Work - Siddha Yoga

649176474

Gulika 12:55PM - 2:16PM  
Yama 10:13AM - 11:34AM  
Rahu 7:31AM - 8:52AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 3:42PM  
Siddha Until 3:20AM Tue  
Balava Until 9:18AM  
Ashtami\* Until 10:29PM

Ganesha: Green Sunrise: 6:10AM  
Muruga: White Sunset: 4:58PM  
Nataraja: Purple  
Moon - Blue

Devaloka Day

Spokane, WA  
Sun 7  
Sutra 183  
Subhakrit 5124  
Moon 10 - Phase 25 - 7  
Ashtami

Tuesday, October 18, 2022

Retreat Star

Kataka Rasi: 10.25 Tithi 24

Creative Work Siddha Yoga

649176474

Gulika 11:34AM - 12:54PM  
Yama 8:53AM - 10:13AM  
Rahu 2:15PM - 3:35PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Pushya Until 6:29PM  
Sadhya Until 3:58AM Wed  
Taitila Until 11:39AM  
Navami\* Until 12:42AM Wed

Ganesha: Green Sunrise: 6:12AM  
Muruga: White Sunset: 4:56PM  
Nataraja: Purple  
Moon - Blue

Devaloka Day

Spokane, WA  
Sun 8  
Sutra 184  
Subhakrit 5124  
Moon 10 - Phase 25 - 8  
Navami

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

www.gurudeva.org/panchang

|               |                                    |                                 |   |                               |                         |                        |   |
|---------------|------------------------------------|---------------------------------|---|-------------------------------|-------------------------|------------------------|---|
| <b>1</b>      | <b>Wednesday, October 19, 2022</b> |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau |                               |                         |                        | Spokane, WA<br>Sun 9<br>Sutra 185<br>Subhakrit 5124 |
|               | Kataka Rasi: 22.26                 | Tithi 25                        | <b>Gulika</b> 10:13AM – 11:34AM   | <b>Ashlesha* Until 8:47PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:13AM |   |
|               |                                    |                                 | Yama 7:33AM – 8:53AM  | Subha Until 4:19AM Thu        | <b>Muruqa:</b> White    | <i>Sunset:</i> 4:54PM  | Moon 10 - Phase 26 - 9                              |
|               | 649176474                          | <b>Rahu</b> 11:34AM – 12:54PM   | Vanija Until 1:42PM   |                               | <b>Nataraja:</b> Purple |                        | 2nd Phase   |
| Creative Work | Siddha Yoga                        | <b>Dashami Until 2:32AM Thu</b> |   | Moon – Blue                   |                         | <b>Devaloka Day</b>    |   |
|               |                                    |                                 |   | Ashvina•Aipasi                |                         |                        |   |

|                                  |                                   |                                   |  |                             |                         |                        |  |
|----------------------------------|-----------------------------------|-----------------------------------|--|-----------------------------|-------------------------|------------------------|--|
| <b>2</b>                         | <b>Thursday, October 20, 2022</b> |                                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau |                             |                         |                        | Spokane, WA<br>Sun 10<br>Sutra 186<br>Subhakrit 5124 |
|                                  | Simha Rasi: 4.37                  | Tithi 26                          | <b>Gulika</b> 8:54AM – 10:14AM   | <b>Magha* Until 10:55PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:15AM |  |
|                                  |                                   |                                   | Yama 6:15AM – 7:34AM   | Sukla Until 4:13AM Fri      | <b>Muruqa:</b> White    | <i>Sunset:</i> 4:52PM  | Moon 10 - Phase 26 - 10                              |
|                                  | 659276474                         | <b>Rahu</b> 12:53PM – 2:13PM      | Bava Until 3:17PM  |                             | <b>Nataraja:</b> Purple |                        | 2nd Phase  |
| Creative Work                    | Amrita Yoga                       | <b>Ekadashi* Until 3:51AM Fri</b> |  | Moon – Red                  |                         | <b>Bhuloka Day</b>     |  |
| Until 10:55PM                    |                                   |                                   |  | Ashvina•Aipasi              |                         |                        |  |
| Then Creative Work - Siddha Yoga |                                   |                                   |  |                             |                         |                        |  |

|                                 |                                 |                                   |   |  |                         |                        |  |
|---------------------------------|---------------------------------|-----------------------------------|---|--|-------------------------|------------------------|--|
| <b>3</b>                        | <b>Friday, October 21, 2022</b> |                                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau |  |                         |                        | Spokane, WA<br>Sun 11<br>Sutra 187<br>Subhakrit 5124 |
|                                 | Simha Rasi: 17.01               | Tithi 27                          | <b>Gulika</b> 7:35AM – 8:55AM   | <b>Purvaphalguni Until 12:18AM Sat</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:16AM |  |
|                                 |                                 |                                   | Yama 2:12PM – 3:31PM  | Brahma Until 3:39AM Sat                | <b>Muruqa:</b> White    | <i>Sunset:</i> 4:50PM  | Moon 10 - Phase 26 - 11                              |
|                                 | 659276474                       | <b>Rahu</b> 10:14AM – 11:33AM     | Kaulava Until 4:18PM  |  | <b>Nataraja:</b> Purple |                        | 2nd Phase  |
| Creative Work                   | Siddha Yoga                     | <b>Dvadashi* Until 4:33AM Sat</b> |   | Moon – Red                             |                         | <b>Bhuloka Day</b>     |  |
| Until 12:18AM Sat               |                                 |                                   |   | Ashvina•Aipasi                         |                         |                        |  |
| Then Routine Work - Marana Yoga |                                 |                                   |   |  |                         |                        |  |

|                                  |                                   |                                     |   |   |                         |                        |  |
|----------------------------------|-----------------------------------|-------------------------------------|---|---|-------------------------|------------------------|--|
| <b>4</b>                         | <b>Saturday, October 22, 2022</b> |                                     | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau |   |                         |                        | Spokane, WA<br>Sun 12<br>Sutra 188<br>Subhakrit 5124 |
|                                  | Simha Rasi: 29.41                 | Tithi 28                            | <b>Gulika</b> 6:17AM – 7:36AM   | <b>Uttaraphalguni Until 12:55AM Sun</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:17AM |  |
|                                  |                                   |                                     | Yama 12:52PM – 2:11PM   | Indra Until 2:37AM Sun                  | <b>Muruqa:</b> White    | <i>Sunset:</i> 4:49PM  | Moon 10 - Phase 26 - 12                              |
|                                  | 651276474                         | <b>Rahu</b> 8:55AM – 10:14AM        | Gara Until 4:40PM   |   | <b>Nataraja:</b> Purple |                        | 2nd Phase  |
| Routine Work                     | Marana Yoga                       | <b>Trayodashi* Until 4:35AM Sun</b> |   | Moon – Red                              |                         | <b>Bhuloka Day</b>     |  |
| Until 12:55AM Sun                |                                   |                                     |   | Ashvina•Aipasi                          |                         |                        |  |
| Then Creative Work - Amrita Yoga |                                   |                                     |   | <i>Pradosha Vrata (Fasting)</i>         |                         |                        |  |

|  |                                 |                                       |   |                               |                            |                        |  |
|--|---------------------------------|---------------------------------------|---|-------------------------------|----------------------------|------------------------|--|
| <b>5</b>                               | <b>Sunday, October 23, 2022</b> |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                               |                            |                        | Spokane, WA<br>Sun 13<br>Sutra 189<br>Subhakrit 5124 |
|  | Kanya Rasi: 12.41               | Tithi 29                              | <b>Gulika</b> 2:10PM – 3:28PM   | <b>Hasta Until 1:13AM Mon</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:19AM |  |
|  |                                 |                                       | Yama 11:33AM – 12:51PM  | Vaidhriti* Until 1:02AM Mon   | <b>Muruqa:</b> White       | <i>Sunset:</i> 4:47PM  | Moon 10 - Phase 26 - 13                              |
|  | 661276474                       | <b>Rahu</b> 3:28PM – 4:47PM           | Visti Until 4:23PM  |                               | <b>Nataraja:</b> Purple    |                        | 2nd Phase  |
| Creative Work                          | Amrita Yoga                     | <b>Chaturdashi* Until 4:00AM Mon</b>  |   | Moon – Green                  |                            | <b>Bhuloka Day</b>     |  |
| Until 1:13AM Mon                       |                                 | <b>Deepavali Hindu Solidarity Day</b> |   | Ashvina•Aipasi                |                            |                        |  |
| Then Routine Work - Prabalarishta Yoga |                                 |                                       |   |                               |                            |                        |  |

|                                  |                                 |                                     |  |                                 |                            |                        |  |
|----------------------------------|---------------------------------|-------------------------------------|--|---------------------------------|----------------------------|------------------------|--|
| <b>●</b>                         | <b>Monday, October 24, 2022</b> |                                     | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                 |                            |                        | Spokane, WA<br>Sun 14<br>Sutra 190<br>Subhakrit 5124 |
|                                  | <b>Retreat Star</b>             |                                     | <b>Gulika</b> 12:51PM – 2:09PM   | <b>Chitra Until 12:47AM Tue</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:20AM |  |
|                                  | Kanya Rasi: 26                  | Tithi 30                            | Yama 10:15AM – 11:33AM   | Vishkambha* Until 11:01PM       | <b>Muruqa:</b> White       | <i>Sunset:</i> 4:45PM  | Moon 10 - Phase 26 - 14                              |
|                                  | <b>Family Home Evening</b>      |                                     | 661276474 <b>Rahu</b> 7:39AM – 8:57AM  | Catuspada Until 3:30PM          | <b>Nataraja:</b> Purple    |                        | Amavasya   |
| Routine Work                     | Prabalarishta Yoga              | <b>Amavasya* Until 2:50AM Tue</b>   |  | Moon – Green                    |                            | <b>Bhuloka Day</b>     |  |
| Until 12:47AM Tue                |                                 | <b>Subramuniyaswami Mahasamadhi</b> |  | Ashvina•Aipasi                  |                            |                        |  |
| Then Creative Work - Siddha Yoga |                                 |                                     |  |                                 |                            |                        |  |

|                                 |                                       |                                   |   |                            |                            |                        |  |
|---------------------------------|---------------------------------------|-----------------------------------|---|----------------------------|----------------------------|------------------------|--|
| <b>●</b>                        | <b>Tuesday, October 25, 2022</b>      |                                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau |                            |                            |                        | Spokane, WA<br>Sun 15<br>Sutra 191<br>Subhakrit 5124 |
|                                 | <b>Retreat Star</b>                   |                                   | <b>Gulika</b> 11:33AM – 12:50PM   | <b>Svati Until 11:45PM</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:22AM |  |
|                                 | Tula Rasi: 9.38                       | Tithi 1                           | Yama 8:57AM – 10:15AM   | Priti Until 8:37PM         | <b>Muruqa:</b> White       | <i>Sunset:</i> 4:43PM  | Moon 10 - Phase 26 - 15                              |
|                                 | 661276474 <b>Rahu</b> 2:08PM – 3:26PM |                                   | Kintughna Until 2:06PM  |                            | <b>Nataraja:</b> Purple    |                        | Prathama   |
| Creative Work                   | Siddha Yoga                           | <b>Prathama* Until 1:13AM Wed</b> |   | Moon – Green               |                            | <b>Bhuloka Day</b>     |  |
| Until 11:45PM                   |                                       | <b>Skanda Shasthi Begins</b>      |   | Kartika•Aipasi             |                            |                        |  |
| Then Routine Work - Marana Yoga |                                       |                                   |   |                            |                            |                        |  |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

|   |                                    |             |  |                               |                        |   |                                    |
|---|------------------------------------|-------------|--|-------------------------------|------------------------|---|------------------------------------|
| 1 | <b>Wednesday, October 26, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                               |                        |   | Spokane, WA<br>Sun 16<br>Sutra 192 |
|   | Tula Rasi: 23.33                   | Tithi 2     | <b>Gulika</b> 10:15AM – 11:33AM  | <b>Vishakha</b> Until 10:38PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:23AM                            | Subhakit 5124                      |
|   |                                    |             | Yama 7:41AM – 8:58AM   | Ayushman Until 5:54PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:42PM                             | Moon 10 - Phase 27 - 16            |
|   | Creative Work                      | Siddha Yoga | 671276574 <b>Rahu</b> 11:33AM – 12:50PM  | Balava Until 12:16PM          | <b>Nataraja:</b> Clear |   | 3rd Phase                          |
|   |                                    |             | <b>Dvitiya</b> Until 11:13PM   | Moon – Orange                 |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                    |

|   |                                   |             |  |  |                        |   |                                    |
|---|-----------------------------------|-------------|--|--|------------------------|---|------------------------------------|
| 2 | <b>Thursday, October 27, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau |  |                        |   | Spokane, WA<br>Sun 17<br>Sutra 193 |
|   | Vrischika Rasi: 7.41              | Tithi 3     | <b>Gulika</b> 8:59AM – 10:16AM   | <b>Anuradha</b> Until 9:07PM           | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:25AM                            | Subhakit 5124                      |
|   |                                   |             | Yama 6:25AM – 7:42AM   | Saubhagya Until 2:57PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:40PM                             | Moon 10 - Phase 27 - 17            |
|   | Creative Work                     | Siddha Yoga | 671276574 <b>Rahu</b> 12:49PM – 2:06PM   | Taitila Until 10:09AM                  | <b>Nataraja:</b> Clear |   | 3rd Phase                          |
|   |                                   |             | <b>Tritiya</b> Until 9:00PM  | Moon – Orange                          |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                    |
|   |                                   |             |  | Karttika-Aipasi                        |                        |   |                                    |
|   |                                   |             |  | Then Routine Work - Prabararishta Yoga |                        |   |                                    |

|   |                                 |             |  |                                  |                        |   |                                    |
|---|---------------------------------|-------------|--|----------------------------------|------------------------|---|------------------------------------|
| 3 | <b>Friday, October 28, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau |                                  |                        |   | Spokane, WA<br>Sun 18<br>Sutra 194 |
|   | Vrischika Rasi: 21.56           | Tithi 4     | <b>Gulika</b> 7:43AM – 8:59AM  | <b>Jyeshtha*</b> Until 7:21PM    | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:26AM                            | Subhakit 5124                      |
|   |                                 |             | Yama 2:05PM – 3:22PM   | Sobhana Until 11:54AM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:38PM                             | Moon 10 - Phase 27 - 18            |
|   | Routine Work                    | Marana Yoga | 671276574 <b>Rahu</b> 10:16AM – 11:32AM  | Vanija Until 7:50AM              | <b>Nataraja:</b> Clear |   | 3rd Phase                          |
|   |                                 |             | <b>Chaturthi*</b> Until 6:38PM   | Moon – Orange                    |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                    |
|   |                                 |             |  | Karttika-Aipasi                  |                        |   |                                    |
|   |                                 |             |  | Then Creative Work - Amrita Yoga |                        |   |                                    |

|   |                                   |             |  |                           |                        |                        |                                    |
|---|-----------------------------------|-------------|--|---------------------------|------------------------|------------------------|------------------------------------|
| 4 | <b>Saturday, October 29, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                           |                        |                        | Spokane, WA<br>Sun 19<br>Sutra 195 |
|   | Dhanus Rasi: 6.16                 | Tithi 5 – 6 | <b>Gulika</b> 6:28AM – 7:44AM  | <b>Mula*</b> Until 5:49PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:28AM | Subhakit 5124                      |
|   |                                   |             | Yama 12:48PM – 2:05PM  | Athiganda* Until 8:45AM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:37PM  | Moon 10 - Phase 27 - 19            |
|   | Creative Work                     | Siddha Yoga | 671276574 <b>Rahu</b> 9:00AM – 10:16AM   | Kaulava Until 3:03AM Sun  | <b>Nataraja:</b> Clear |                        | 3rd Phase                          |
|   |                                   |             | <b>Panchami</b> Until 4:14PM   | Moon – Light Blue         |                        | <b>Devaloka Day</b>    |                                    |
|   |                                   |             |  | Karttika-Aipasi           |                        |                        |                                    |

|   |                                 |             |   |                                  |                        |                        |                                    |
|---|---------------------------------|-------------|---|----------------------------------|------------------------|------------------------|------------------------------------|
| 5 | <b>Sunday, October 30, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 20<br>Sutra 196 |
|   | Dhanus Rasi: 20.35              | Tithi 6 – 7 | <b>Gulika</b> 2:04PM – 3:20PM   | <b>Purvashadha*</b> Until 4:11PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:29AM | Subhakit 5124                      |
|   |                                 |             | Yama 11:32AM – 12:48PM  | Dhriti Until 2:37AM Mon          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:35PM  | Moon 10 - Phase 27 - 20            |
|   | Creative Work                   | Siddha Yoga | 671276574 <b>Rahu</b> 3:20PM – 4:35PM   | Gara Until 12:45AM Mon           | <b>Nataraja:</b> Clear |                        | 3rd Phase                          |
|   |                                 |             | <b>Shashthi*</b> Until 1:52PM   | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |                                    |
|   |                                 |             |   | Karttika-Aipasi                  |                        |                        |                                    |
|   |                                 |             |   | Then Creative Work - Amrita Yoga |                        |                        |                                    |

|   |                                 |             |  |                                  |                        |                        |                                    |
|---|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|------------------------------------|
| D | <b>Monday, October 31, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 21<br>Sutra 197 |
|   | <b>Retreat Star</b>             |             | <b>Gulika</b> 12:48PM – 2:03PM   | <b>Uttarashadha</b> Until 2:33PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:31AM | Subhakit 5124                      |
|   | Makara Rasi: 4.51               | Tithi 7 – 8 | Yama 10:17AM – 11:32AM   | Shula* Until 11:41PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:34PM  | Moon 10 - Phase 27 - 21            |
|   | <b>Family Home Evening</b>      |             | 671276574 <b>Rahu</b> 7:46AM – 9:02AM  | Visti Until 10:35PM              | <b>Nataraja:</b> Clear |                        | Ashtami                            |
|   |                                 |             | <b>Saptami</b> Until 11:38AM   | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |                                    |
|   |                                 |             |  | Karttika-Aipasi                  |                        |                        |                                    |
|   |                                 |             |  | Then Creative Work - Amrita Yoga |                        |                        |                                    |

|   |                                  |             |  |                              |                        |   |                                    |
|---|----------------------------------|-------------|--|------------------------------|------------------------|---|------------------------------------|
| D | <b>Tuesday, November 1, 2022</b> |             | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |                        |   | Spokane, WA<br>Sun 22<br>Sutra 198 |
|   | <b>Retreat Star</b>              |             | <b>Gulika</b> 11:32AM – 12:47PM  | <b>Shravana</b> Until 1:21PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:32AM                            | Subhakit 5124                      |
|   | Makara Rasi: 19.01               | Tithi 8 – 9 | Yama 9:02AM – 10:17AM  | Ganda* Until 8:55PM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:32PM                             | Moon 10 - Phase 27 - 22            |
|   | Creative Work                    | Siddha Yoga | 671276574 <b>Rahu</b> 2:02PM – 3:17PM  | Balava Until 8:37PM          | <b>Nataraja:</b> Clear |   | Navami                             |
|   |                                  |             | <b>Ashtami*</b> Until 9:33AM   | Moon – Purple                |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                    |
|   |                                  |             |  | Karttika-Aipasi              |                        |   |                                    |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|   |   |   |  |  |                         |                                    |
|---|---|---|--|--|-------------------------|------------------------------------|
| 1 | <b>Wednesday, November 2, 2022</b>  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |  |  |                         | Spokane, WA<br>Sun 23<br>Sutra 199 |
|   | Kumbha Rasi: 3.02    Tithi 9 – 10   | <b>Gulika</b> 10:18AM – 11:32AM   | <b>Dhanishtha</b> <b>Until 12:14PM</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:34AM | Subhakrit 5124          |                                    |
|   | 692276574   | Yama    7:48AM – 9:03AM   | Vriddhi <b>Until 6:20PM</b>            | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:31PM   | Moon 10 - Phase 28 - 23 |                                    |
|   | Routine Work    Prabalarishta Yoga<br>Until 12:14PM<br>Then Creative Work - Siddha Yoga | <b>Rahu</b> 11:32AM – 12:47PM   | Taitila <b>Until 6:51PM</b>            | <b>Nataraja:</b> Clear<br>Moon – Purple      | 4th Phase               |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|   |                                     |   |  |  |                         |                                    |
|---|-------------------------------------|---|--|--|-------------------------|------------------------------------|
| 2 | <b>Thursday, November 3, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau |  |  |                         | Spokane, WA<br>Sun 24<br>Sutra 200 |
|   | Kumbha Rasi: 16.55    Tithi 10 – 11 | <b>Gulika</b> 9:04AM – 10:18AM  | <b>Shatabhishak</b> <b>Until 11:12AM</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:35AM | Subhakrit 5124          |                                    |
|   | 692276574                           | Yama    6:35AM – 7:50AM   | Dhruva <b>Until 3:56PM</b>               | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:29PM   | Moon 10 - Phase 28 - 24 |                                    |
|   | Creative Work    Siddha Yoga        | <b>Rahu</b> 12:46PM – 2:01PM  | Visti <b>Until 4:42AM Fri</b>            | <b>Nataraja:</b> Clear<br>Moon – Purple      | 4th Phase               |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|   |                                 |  |   |   |                         |                                    |
|---|---------------------------------|--|---|---|-------------------------|------------------------------------|
| 3 | <b>Friday, November 4, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashtyam Titau |   |   |                         | Spokane, WA<br>Sun 25<br>Sutra 201 |
|   | Meena Rasi: 0.38    Tithi 12    | <b>Gulika</b> 7:51AM – 9:05AM  | <b>Purvaproshtapada*</b> <b>Until 10:44AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:37AM | Subhakrit 5124          |                                    |
|   | 612276574                       | Yama    2:00PM – 3:14PM  | Vyaghata* <b>Until 1:46PM</b>                 | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:28PM  | Moon 10 - Phase 28 - 25 |                                    |
|   | Creative Work    Siddha Yoga    | <b>Rahu</b> 10:18AM – 11:32AM  | Bava <b>Until 4:10PM</b>                      | <b>Nataraja:</b> Clear<br>Moon – Clear      | 4th Phase               |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|   |   |  |   |   |                         |                                    |
|---|---|--|---|---|-------------------------|------------------------------------|
| 4 | <b>Saturday, November 5, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau |   |   |                         | Spokane, WA<br>Sun 26<br>Sutra 202 |
|   | Meena Rasi: 14.1    Tithi 13  | <b>Gulika</b> 6:38AM – 7:52AM  | <b>Uttaraproshtapada</b> <b>Until 10:28AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:38AM | Subhakrit 5124          |                                    |
|   | 612276574   | Yama    12:46PM – 1:59PM   | Harshana <b>Until 11:54AM</b>                 | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:26PM  | Moon 10 - Phase 28 - 26 |                                    |
|   | Creative Work    Siddha Yoga<br>Until 10:28AM<br>Then Routine Work - Prabalarishta Yoga | <b>Rahu</b> 9:05AM – 10:19AM   | Kaulava <b>Until 3:19PM</b>                   | <b>Nataraja:</b> Clear<br>Moon – Clear      | 4th Phase               |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata*

|   |   |  |                                    |   |                         |                                    |
|---|---|--|------------------------------------|---|-------------------------|------------------------------------|
| 5 | <b>Sunday, November 6, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau |                                    |   |                         | Spokane, WA<br>Sun 27<br>Sutra 203 |
|   | Meena Rasi: 27.29    Tithi 14   | <b>Gulika</b> 1:59PM – 3:12PM  | <b>Revati</b> <b>Until 10:25AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:40AM | Subhakrit 5124          |                                    |
|   | 612276574   | Yama    11:32AM – 12:45PM  | Vajra* <b>Until 10:18AM</b>        | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM  | Moon 10 - Phase 28 - 27 |                                    |
|   | Creative Work    Amrita Yoga<br>Until 10:25AM<br>Then Creative Work - Siddha Yoga | <b>Rahu</b> 3:12PM – 4:25PM  | Gara <b>Until 2:52PM</b>           | <b>Nataraja:</b> Clear<br>Moon – Clear      | 4th Phase               |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|   |   |   |                                     |   |                      |                                    |
|---|---|---|-------------------------------------|---|----------------------|------------------------------------|
| O | <b>Monday, November 7, 2022</b>         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau |                                     |   |                      | Spokane, WA<br>Sun 27<br>Sutra 204 |
|   | <b>Copper Retreat Star</b>              | <b>Gulika</b> 12:45PM – 1:58PM  | <b>Ashvini</b> <b>Until 11:07AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:41AM | Subhakrit 5124       |                                    |
|   | Mesha Rasi: 10.34    Tithi 15           | Yama    10:20AM – 11:32AM   | Siddhi <b>Until 9:05AM</b>          | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM  | Moon 10 - Phase 28 - |                                    |
|   | <b>Family Home Evening</b><br>722276574 | <b>Rahu</b> 7:54AM – 9:07AM   | Visti <b>Until 2:52PM</b>           | <b>Nataraja:</b> Clear<br>Moon – White      | Purnima              |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|   |                                  |   |                                     |   |                      |                                    |
|---|----------------------------------|---|-------------------------------------|---|----------------------|------------------------------------|
| O | <b>Tuesday, November 8, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau |                                     |   |                      | Spokane, WA<br>Sun 27<br>Sutra 205 |
|   | <b>Silver Retreat Star</b>       | <b>Gulika</b> 11:32AM – 12:45PM   | <b>Bharani</b> <b>Until 12:08PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:43AM | Subhakrit 5124       |                                    |
|   | Mesha Rasi: 23.25    Tithi 16    | Yama    9:08AM – 10:20AM  | Vyatipata* <b>Until 8:14AM</b>      | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:22PM  | Moon 10 - Phase 28 - |                                    |
|   | 722276574                        | <b>Rahu</b> 1:57PM – 3:10PM   | Balava <b>Until 3:23PM</b>          | <b>Nataraja:</b> Clear<br>Moon – White      | Prathama             |                                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Varyani/Parigha\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Spokane, WA

Sutra 206

Subhakarit 5124

Vrishabha Rasi: 6.01    Tithi 17

722276574

**Gulika** 10:20AM – 11:33AM  
**Yama** 7:56AM – 9:08AM  
**Rahu** 11:33AM – 12:45PM

**Krittika** Until 1:29PM  
Variyan Until 7:46AM  
Tailila Until 4:25PM

**Ganesha:** Blue    *Sunrise:* 6:44AM  
**Muruqa:** Clear    *Sunset:* 4:21PM  
**Nataraja:** Clear  
Moon – White

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work    Amrita Yoga

Until 1:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Trityayam Titau

Spokane, WA

Sun 1    Sutra 207

Subhakarit 5124

Vrishabha Rasi: 18.24    Tithi 18

732276574

**Gulika** 9:09AM – 10:21AM  
**Yama** 6:46AM – 7:58AM  
**Rahu** 12:44PM – 1:56PM

**Rohini** Until 3:39PM  
Parigha\* Until 7:42AM  
Vanija Until 5:56PM  
Tritya Until 6:51AM Fri

**Ganesha:** Red    *Sunrise:* 6:46AM  
**Muruqa:** Clear    *Sunset:* 4:19PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**

Routine Work    Marana Yoga

2

Friday, November 11, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritya/Chaturtham Titau

Spokane, WA

Sun 2    Sutra 208

Subhakarit 5124

Mithuna Rasi: 0.35    Tithi 18 – 19

732276574

**Gulika** 7:59AM – 9:10AM  
**Yama** 1:55PM – 3:07PM  
**Rahu** 10:21AM – 11:33AM

**Mrigashira** Until 6:05PM  
Shiva Until 8:00AM  
Bava Until 7:55PM  
Tritya Until 6:51AM

**Ganesha:** Red    *Sunrise:* 6:47AM  
**Muruqa:** Clear    *Sunset:* 4:18PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**

Creative Work    Siddha Yoga

3

Saturday, November 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Spokane, WA

Sun 3    Sutra 209

Subhakarit 5124

Mithuna Rasi: 12.37    Tithi 19 – 20

732276574

**Gulika** 6:49AM – 8:00AM  
**Yama** 12:44PM – 1:55PM  
**Rahu** 9:11AM – 10:22AM

**Ardra** Until 8:39PM  
Siddha Until 8:34AM  
Kaulava Until 10:12PM  
Chaturthi\* Until 9:00AM

**Ganesha:** Red    *Sunrise:* 6:49AM  
**Muruqa:** Clear    *Sunset:* 4:17PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**

Creative Work    Siddha Yoga

4

Sunday, November 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA

Sun 4    Sutra 210

Subhakarit 5124

Mithuna Rasi: 24.32    Tithi 20 – 21

742276574

**Gulika** 1:54PM – 3:05PM  
**Yama** 11:33AM – 12:44PM  
**Rahu** 3:05PM – 4:16PM

**Punarvasu** Until 11:45PM  
Sadhya Until 9:19AM  
Gara Until 12:41AM Mon  
Panchami Until 11:24AM

**Ganesha:** Green    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 4:16PM  
**Nataraja:** Clear  
Moon – Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work    Siddha Yoga

5

Monday, November 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 5    Sutra 211

Subhakarit 5124

Kataka Rasi: 6.25    Tithi 21 – 22

742376574

**Gulika** 12:43PM – 1:54PM  
**Yama** 10:23AM – 11:33AM  
**Rahu** 8:02AM – 9:12AM

**Pushya** Until 2:40AM Tue  
Subha Until 10:11AM  
Visti Until 3:09AM Tue  
Shashthi\* Until 1:54PM

**Ganesha:** White    *Sunrise:* 6:52AM  
**Muruqa:** Clear    *Sunset:* 4:14PM  
**Nataraja:** Clear  
Moon – Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Family Home Evening  
Creative Work    Siddha Yoga

6

Tuesday, November 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Sun 6    Sutra 212

Subhakarit 5124

Kataka Rasi: 18.19    Tithi 22 – 23

743376574

**Gulika** 11:33AM – 12:43PM  
**Yama** 9:13AM – 10:23AM  
**Rahu** 1:53PM – 3:03PM

**Ashlesha\*** Until 5:15AM Wed  
Sukla Until 10:57AM  
Balava Until 5:26AM Wed  
Saptami Until 4:18PM

**Ganesha:** Green    *Sunrise:* 6:53AM  
**Muruqa:** Clear    *Sunset:* 4:13PM  
**Nataraja:** Clear  
Moon – Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work    Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Brahma/Indra Yoga Kaulava Karana Ashtamyam Titau

Spokane, WA

Sun 7    Sutra 213

Subhakarit 5124

Simha Rasi: 0.17    Tithi 23

753376575

**Gulika** 10:24AM – 11:33AM  
**Yama** 8:04AM – 9:14AM  
**Rahu** 11:33AM – 12:43PM

**Magha\*** Until 7:47AM Thu  
Brahma Until 11:33AM  
Kaulava Until 6:24PM  
Ashtami\* Until 6:24PM

**Ganesha:** Orange    *Sunrise:* 6:55AM  
**Muruqa:** Clear    *Sunset:* 4:12PM  
**Nataraja:** Purple  
Moon – Red

**Sivaloka Day**

Creative Work    Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Valdhriti\* Yoga Tailila/Gara Karana Navamyam Titau

Spokane, WA

Sun 8    Sutra 214

Subhakarit 5124

Simha Rasi: 12.25    Tithi 24

753376575

**Gulika** 9:15AM – 10:24AM  
**Yama** 6:56AM – 8:06AM  
**Rahu** 12:43PM – 1:52PM

**Magha\*** Until 7:47AM  
Indra Until 11:49AM  
Tailila Until 7:19AM  
Navami\* Until 8:01PM

**Ganesha:** Orange    *Sunrise:* 6:56AM  
**Muruqa:** Clear    *Sunset:* 4:11PM  
**Nataraja:** Purple  
Moon – Red

**Sivaloka Day**

Creative Work    Amrita Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


|                   |             |                                  |                          |  |                         |                        |                        |                |
|-------------------|-------------|----------------------------------|--------------------------|--|-------------------------|------------------------|------------------------|----------------|
| <b>1</b>          |             | <b>Friday, November 18, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau |                         |                        |                        | Spokane, WA    |
| Simha Rasi: 24.47 | Tithi 25    | <b>Gulika</b>                    | <b>8:07AM – 9:16AM</b>   | <b>Purvaphalguni Until 9:35AM</b>  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:58AM | Sun 9                  | Sutra 215      |
|                   |             | Yama                             | 1:52PM – 3:01PM          | Vaidhrili* Until 11:37AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:10PM  |                        | Subhakrit 5124 |
|                   |             | 753376575 <b>Rahu</b>            | <b>10:25AM – 11:34AM</b> | Vanija Until 8:37AM  | <b>Nataraja:</b> Purple |                        | Moon 11 - Phase 30 - 9 | 2nd Phase      |
| Creative Work     | Siddha Yoga |                                  |                          | <b>Dashami Until 9:00PM</b>  | Moon – Red              |                        | <b>Sivaloka Day</b>    |                |
|                   |             |                                  |                          |  | Karttika-Karttikai      |                        |                        |                |

|                  |             |                                    |                         |  |                         |                        |                         |                |
|------------------|-------------|------------------------------------|-------------------------|--|-------------------------|------------------------|-------------------------|----------------|
| <b>2</b>         |             | <b>Saturday, November 19, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau |                         |                        |                         | Spokane, WA    |
| Kanya Rasi: 7.27 | Tithi 26    | <b>Gulika</b>                      | <b>6:59AM – 8:08AM</b>  | <b>Uttaraphalguni Until 10:34AM</b>  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:59AM | Sun 10                  | Sutra 216      |
|                  |             | Yama                               | 12:43PM – 1:52PM        | Vishkambha* Until 10:53AM  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:09PM  |                         | Subhakrit 5124 |
|                  |             | 753376575 <b>Rahu</b>              | <b>9:17AM – 10:25AM</b> | Bava Until 9:13AM  | <b>Nataraja:</b> Purple |                        | Moon 11 - Phase 30 - 10 | 2nd Phase      |
| Routine Work     | Marana Yoga |                                    |                         | <b>Ekadashi* Until 9:13PM</b>  | Moon – Red              |                        | <b>Sivaloka Day</b>     |                |
|                  |             |                                    |                         |  | Karttika-Karttikai      |                        |                         |                |

|                                  |             |                                  |                        |  |                            |                        |                         |                |
|----------------------------------|-------------|----------------------------------|------------------------|--|----------------------------|------------------------|-------------------------|----------------|
| <b>3</b>                         |             | <b>Sunday, November 20, 2022</b> |                        | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau |                            |                        |                         | Spokane, WA    |
| Kanya Rasi: 20.29                | Tithi 27    | <b>Gulika</b>                    | <b>1:51PM – 3:00PM</b> | <b>Hasta Until 11:07AM</b>   | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:01AM | Sun 11                  | Sutra 217      |
|                                  |             | Yama                             | 11:34AM – 12:43PM      | Priti Until 9:33AM   | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 4:08PM  |                         | Subhakrit 5124 |
|                                  |             | 753376575 <b>Rahu</b>            | <b>3:00PM – 4:08PM</b> | Kaulava Until 9:03AM   | <b>Nataraja:</b> Purple    |                        | Moon 11 - Phase 30 - 11 | 2nd Phase      |
| Creative Work                    | Amrita Yoga |                                  |                        | <b>Dvadashti* Until 8:40PM</b>   | Moon – Green               |                        | <b>Devaloka Day</b>     |                |
| Until 11:07AM                    |             |                                  |                        |  | Karttika-Karttikai         |                        |                         |                |
| Then Creative Work - Siddha Yoga |             |                                  |                        |  |                            |                        |                         |                |

|                                  |                    |                                  |                         |  |                                 |                        |                         |                |
|----------------------------------|--------------------|----------------------------------|-------------------------|--|---------------------------------|------------------------|-------------------------|----------------|
| <b>4</b>                         |                    | <b>Monday, November 21, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau |                                 |                        |                         | Spokane, WA    |
| Tula Rasi: 3.56                  | Tithi 28           | <b>Gulika</b>                    | <b>12:43PM – 1:51PM</b> | <b>Chitra Until 10:45AM</b>  | <b>Ganesha:</b> Light Blue      | <i>Sunrise:</i> 7:02AM | Sun 12                  | Sutra 218      |
| <b>Family Home Evening</b>       |                    | Yama                             | 10:26AM – 11:35AM       | Ayushman Until 7:36AM  | <b>Muruqa:</b> Clear            | <i>Sunset:</i> 4:07PM  |                         | Subhakrit 5124 |
| Routine Work                     | Prabalarishta Yoga | 753376575 <b>Rahu</b>            | <b>8:10AM – 9:18AM</b>  | Gara Until 8:07AM  | <b>Nataraja:</b> Purple         |                        | Moon 11 - Phase 30 - 12 | 2nd Phase      |
| Until 10:45AM                    |                    |                                  |                         | <b>Trayodashi* Until 7:22PM</b>  | Moon – Green                    |                        | <b>Devaloka Day</b>     |                |
| Then Creative Work - Amrita Yoga |                    |                                  |                         |  | Karttika-Karttikai              |                        |                         |                |
|                                  |                    |                                  |                         |  | <i>Pradosha Vrata (Fasting)</i> |                        |                         |                |

|                                 |               |                                   |                          |   |                            |                        |                         |                |
|---------------------------------|---------------|-----------------------------------|--------------------------|---|----------------------------|------------------------|-------------------------|----------------|
| <b>5</b>                        |               | <b>Tuesday, November 22, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                            |                        |                         | Spokane, WA    |
| Tula Rasi: 17.49                | Tithi 29 – 30 | <b>Gulika</b>                     | <b>11:35AM – 12:43PM</b> | <b>Svati Until 9:34AM</b>   | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:03AM | Sun 13                  | Sutra 219      |
|                                 |               | Yama                              | 9:19AM – 10:27AM         | Sobhana Until 2:09AM Wed  | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 4:06PM  |                         | Subhakrit 5124 |
|                                 |               | 753376575 <b>Rahu</b>             | <b>1:51PM – 2:59PM</b>   | Visti Until 6:30AM  | <b>Nataraja:</b> Purple    |                        | Moon 11 - Phase 30 - 13 | 2nd Phase      |
| Creative Work                   | Siddha Yoga   |                                   |                          | <b>Chaturdashi* Until 5:26PM</b>  | Moon – Green               |                        | <b>Devaloka Day</b>     |                |
| Until 9:34AM                    |               |                                   |                          |   | Karttika-Karttikai         |                        |                         |                |
| Then Routine Work - Marana Yoga |               |                                   |                          |   |                            |                        |                         |                |

|   |              |                                     |                          |   |                         |                        |                         |                |
|---|--------------|-------------------------------------|--------------------------|---|-------------------------|------------------------|-------------------------|----------------|
|  |              | <b>Wednesday, November 23, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                         |                        |                         | Spokane, WA    |
| <b>Retreat Star</b>   |              | <b>Gulika</b>                       | <b>10:28AM – 11:35AM</b> | <b>Vishakha Until 8:07AM</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:05AM | Sun 14                  | Sutra 220      |
| Vrischika Rasi: 2.03  | Tithi 30 – 1 | Yama                                | 8:12AM – 9:20AM          | Athiganda* Until 10:48PM  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:06PM  |                         | Subhakrit 5124 |
|   |              | 773376575 <b>Rahu</b>               | <b>11:35AM – 12:43PM</b> | Kintughna Until 1:36AM Thu  | <b>Nataraja:</b> Purple |                        | Moon 11 - Phase 30 - 14 | Amavasya       |
| Creative Work   | Siddha Yoga  |                                     |                          | <b>Amavasya* Until 2:58PM</b>   | Moon – Orange           |                        | <b>Devaloka Day</b>     |                |
|   |              |                                     |                          |   | Karttika-Karttikai      |                        |                         |                |

|  |             |                       |                         |  |                         |                        |                         |                |
|--|-------------|-----------------------|-------------------------|--|-------------------------|------------------------|-------------------------|----------------|
| <b>Thursdays, November 24, 2022</b>    |             | <b>Retreat Star</b>   |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                         |                        |                         | Spokane, WA    |
| Vrischika Rasi: 16.35                  | Tithi 1 – 2 | <b>Gulika</b>         | <b>9:21AM – 10:28AM</b> | <b>Anuradha Until 6:06AM</b>   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:06AM | Sun 15                  | Sutra 221      |
|  |             | Yama                  | 7:06AM – 8:13AM         | Sukarma Until 7:11PM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:05PM  |                         | Subhakrit 5124 |
|  |             | 773376575 <b>Rahu</b> | <b>12:43PM – 1:50PM</b> | Balava Until 10:39PM   | <b>Nataraja:</b> Purple |                        | Moon 11 - Phase 30 - 15 | Prathama       |
| Creative Work                          | Siddha Yoga |                       |                         | <b>Prathama* Until 12:08PM</b>   | Moon – Orange           |                        | <b>Devaloka Day</b>     |                |
| Until 6:06AM                           |             |                       |                         |  | Margasira-Karttikai     |                        |                         |                |
| Then Routine Work - Prabalarishta Yoga |             |                       |                         |  |                         |                        |                         |                |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

|                                  |              |                                     |                                  |   |                 |  |              |
|----------------------------------|--------------|-------------------------------------|----------------------------------|---|-----------------|--|--------------|
| <b>1</b>                         |              | <b>Friday, November 25, 2022</b>    |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau                               |                 | Spokane, WA<br>Sun 16<br>Sutra 222<br>Subhakrit 5124 |              |
| Dhanus Rasi: 1.2                 | Tithi 2 - 3  | Gulika 8:15AM - 9:22AM              | Mula* Until 1:26AM Sat           | Ganesha: Light Blue   | Sunrise: 7:08AM | Moon 11 - Phase 31 - 16                              | 3rd Phase    |
|                                  |              | Yama 1:50PM - 2:57PM                | Dhriti Until 3:27PM              | Muruqa: Clear   | Sunset: 4:04PM  |  |              |
|                                  |              | 783376575 Rahu 10:29AM - 11:36AM    | Taitila Until 7:32PM             | Nataraja: Purple  |                 |  |              |
| Creative Work                    | Amrita Yoga  |                                     | Dvitiya Until 9:05AM             | Moon - Light Blue   |                 |  | Devaloka Day |
| Until 1:26AM Sat                 |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| Then Creative Work - Siddha Yoga |              |                                     |                                  |   |                 |  |              |
| <b>2</b>                         |              | <b>Saturday, November 26, 2022</b>  |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Chaturthyam Titau                                 |                 | Spokane, WA<br>Sun 17<br>Sutra 223<br>Subhakrit 5124 |              |
| Dhanus Rasi: 16.08               | Tithi 4      | Gulika 7:09AM - 8:16AM              | Purvashadha* Until 11:06PM       | Ganesha: Light Blue   | Sunrise: 7:09AM | Moon 11 - Phase 31 - 17                              | 3rd Phase    |
|                                  |              | Yama 12:43PM - 1:50PM               | Shula* Until 11:41AM             | Muruqa: Clear   | Sunset: 4:03PM  |  |              |
|                                  |              | 783376575 Rahu 9:22AM - 10:29AM     | Vanija Until 4:26PM              | Nataraja: Purple  |                 |  |              |
| Creative Work                    | Siddha Yoga  |                                     | Chaturthi* Until 2:55AM Sun      | Moon - Light Blue   |                 |  | Devaloka Day |
| Until 11:06PM                    |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| Then Routine Work - Marana Yoga  |              |                                     |                                  |   |                 |  |              |
| <b>3</b>                         |              | <b>Sunday, November 27, 2022</b>    |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Bava/Balava Karana Panchamyam Titau                                   |                 | Spokane, WA<br>Sun 18<br>Sutra 224<br>Subhakrit 5124 |              |
| Makara Rasi: 0.53                | Tithi 5      | Gulika 1:50PM - 2:56PM              | Uttarashadha Until 8:49PM        | Ganesha: Light Blue   | Sunrise: 7:10AM | Moon 11 - Phase 31 - 18                              | 3rd Phase    |
|                                  |              | Yama 11:36AM - 12:43PM              | Ganda* Until 8:00AM              | Muruqa: Clear   | Sunset: 4:03PM  |  |              |
|                                  |              | 783376575 Rahu 2:56PM - 4:03PM      | Bava Until 1:29PM                | Nataraja: Purple  |                 |  |              |
| Creative Work                    | Amrita Yoga  |                                     | Panchami Until 12:04AM Mon       | Moon - Light Blue   |                 |  | Devaloka Day |
| Until 7:06PM                     |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| Then Creative Work - Siddha Yoga |              |                                     |                                  |   |                 |  |              |
| <b>4</b>                         |              | <b>Monday, November 28, 2022</b>    |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau  |                 | Spokane, WA<br>Sun 19<br>Sutra 225<br>Subhakrit 5124 |              |
| Makara Rasi: 15.28               | Tithi 6      | Gulika 12:43PM - 1:49PM             | Shravana Until 7:06PM            | Ganesha: Orange   | Sunrise: 7:11AM | Moon 11 - Phase 31 - 19                              | 3rd Phase    |
| Family Home Evening              |              | Yama 10:30AM - 11:37AM              | Dhruva Until 1:20AM Tue          | Muruqa: Clear   | Sunset: 4:02PM  |  |              |
| Creative Work                    | Amrita Yoga  | 793376575 Rahu 8:18AM - 9:24AM      | Kaulava Until 10:47AM            | Nataraja: Purple  |                 |  |              |
| Until 7:06PM                     |              |                                     | Shashthi* Until 9:34PM           | Moon - Purple   |                 |  | Sivaloka Day |
| Then Creative Work - Siddha Yoga |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| <b>5</b>                         |              | <b>Tuesday, November 29, 2022</b>   |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau                            |                 | Spokane, WA<br>Sun 20<br>Sutra 226<br>Subhakrit 5124 |              |
| Makara Rasi: 29.48               | Tithi 7      | Gulika 11:37AM - 12:43PM            | Dhanishtha Until 5:39PM          | Ganesha: Clear  | Sunrise: 7:13AM | Moon 11 - Phase 31 - 20                              | 3rd Phase    |
|                                  |              | Yama 9:25AM - 10:31AM               | Vyaghata* Until 10:29PM          | Muruqa: Clear   | Sunset: 4:01PM  |  |              |
|                                  |              | 794376575 Rahu 1:49PM - 2:55PM      | Gara Until 8:28AM                | Nataraja: Purple  |                 |  |              |
| Creative Work                    | Siddha Yoga  |                                     | Saptami Until 7:28PM             | Moon - Purple   |                 |  | Sivaloka Day |
| Until 5:39PM                     |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| Then Routine Work - Marana Yoga  |              |                                     |                                  |   |                 |  |              |
| <b>Retreat Star</b>              |              | <b>Wednesday, November 30, 2022</b> |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shalabhishak/Purvaprosarthapada* Nakshatra Harshana Yoga Visti*/Balava Karana Ashtami/Navamyam Titau             |                 | Spokane, WA<br>Sun 21<br>Sutra 227<br>Subhakrit 5124 |              |
| Kumbha Rasi: 13.5                | Tithi 8 - 9  | Gulika 10:32AM - 11:37AM            | Shatabhishak Until 4:32PM        | Ganesha: Clear  | Sunrise: 7:14AM | Moon 11 - Phase 31 - 21                              | Ashtami      |
|                                  |              | Yama 8:20AM - 9:26AM                | Harshana Until 8:02PM            | Muruqa: Clear   | Sunset: 4:01PM  |  |              |
|                                  |              | 794376575 Rahu 11:37AM - 12:43PM    | Visti Until 6:37AM               | Nataraja: Purple  |                 |  |              |
| Creative Work                    | Siddha Yoga  |                                     | Ashtami* Until 5:51PM            | Moon - Purple   |                 |  | Sivaloka Day |
| Until 4:32PM                     |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| Then Creative Work - Amrita Yoga |              |                                     |                                  |   |                 |  |              |
| <b>Retreat Star</b>              |              | <b>Thursday, December 1, 2022</b>   |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprosarthapada*/Uttarproarthapada Nakshatra Vajra*/Siddhi* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                 | Spokane, WA<br>Sun 22<br>Sutra 228<br>Subhakrit 5124 |              |
| Kumbha Rasi: 27.34               | Tithi 9 - 10 | Gulika 9:27AM - 10:32AM             | Purvaprosarthapada* Until 4:12PM | Ganesha: Red  | Sunrise: 7:15AM | Moon 11 - Phase 31 - 22                              | Navami       |
|                                  |              | Yama 7:15AM - 8:21AM                | Vajra* Until 5:57PM              | Muruqa: Clear   | Sunset: 4:00PM  |  |              |
|                                  |              | 714376575 Rahu 12:44PM - 1:49PM     | Taitila Until 4:25AM Fri         | Nataraja: Purple  |                 |  |              |
| Creative Work                    | Siddha Yoga  |                                     | Navami* Until 4:45PM             | Moon - Clear  |                 |  | Sivaloka Day |
| Until 4:32PM                     |              |                                     |                                  | Margasira-Karttikai   |                 |  |              |
| Then Creative Work - Amrita Yoga |              |                                     |                                  |   |                 |  |              |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

|  |                    |                                    |                                       |  |                        |  |  |
|--|--------------------|------------------------------------|---------------------------------------|--|------------------------|--|--|
| <b>1</b>                               |                    | <b>Friday, December 2, 2022</b>    |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 23<br>Sutra 229<br>Subhakrit 5124 |  |
| Meena Rasi: 11.01                      | Tithi 10 – 11      | <b>Gulika</b> 8:22AM – 9:27AM      | <b>Uttaraproshtapada</b> Until 4:14PM | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 7:16AM | Moon 11 - Phase 32 - 23<br>4th Phase                 |  |
|  |                    | Yama 1:49PM – 2:55PM               | Siddhi Until 4:18PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:00PM  | Moon 11 - Phase 32 - 23<br>4th Phase                 |  |
| Creative Work                          | Siddha Yoga        | <b>Rahu</b> 10:33AM – 11:38AM      | Vanija Until 4:05AM Sat               | <b>Nataraja:</b> Purple  |                        | Moon – Clear   |  |
|  |                    |                                    | <b>Dashami</b> Until 4:10PM           | Moon – Clear   |                        | <b>Sivaloka Day</b>                                  |  |
|  |                    |                                    |                                       | Margasira-Karttikai  |                        |  |  |
| <b>2</b>                               |                    | <b>Saturday, December 3, 2022</b>  |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau          |                        | Spokane, WA<br>Sun 24<br>Sutra 230<br>Subhakrit 5124 |  |
| Meena Rasi: 24.1                       | Tithi 11 – 12      | <b>Gulika</b> 7:18AM – 8:23AM      | <b>Revati</b> Until 4:37PM            | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 7:18AM | Moon 11 - Phase 32 - 24<br>4th Phase                 |  |
|  |                    | Yama 12:44PM – 1:49PM              | Vyatipata* Until 3:04PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:00PM  | Moon 11 - Phase 32 - 24<br>4th Phase                 |  |
| Routine Work                           | Prabalarishta Yoga | <b>Rahu</b> 9:28AM – 10:33AM       | Bava Until 4:15AM Sun                 | <b>Nataraja:</b> Purple  |                        | Moon – Clear   |  |
| Until 4:37PM                           |                    |                                    | <b>Ekadashi</b> Until 4:06PM          | Moon – Clear   |                        | <b>Sivaloka Day</b>                                  |  |
| Then Creative Work - Siddha Yoga       |                    | <b>Gita Jayanthi</b>               |                                       | Margasira-Karttikai  |                        |  |  |
| <b>3</b>                               |                    | <b>Sunday, December 4, 2022</b>    |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau      |                        | Spokane, WA<br>Sun 25<br>Sutra 231<br>Subhakrit 5124 |  |
| Mesha Rasi: 7.05                       | Tithi 12 – 13      | <b>Gulika</b> 1:49PM – 2:54PM      | <b>Ashvini</b> Until 5:45PM           | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:19AM | Moon 11 - Phase 32 - 25<br>4th Phase                 |  |
|  |                    | Yama 11:39AM – 12:44PM             | Varyan Until 2:10PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 32 - 25<br>4th Phase                 |  |
| Creative Work                          | Siddha Yoga        | <b>Rahu</b> 2:54PM – 3:59PM        | Kaulava Until 4:53AM Mon              | <b>Nataraja:</b> Purple  |                        | Moon – White   |  |
| Until 5:45PM                           |                    |                                    | <b>Dvadashi</b> Until 4:30PM          | Moon – White   |                        | <b>Devaloka Day</b>                                  |  |
| Then Routine Work - Prabalarishta Yoga |                    |                                    |                                       | Margasira-Karttikai  |                        |  |  |
|  |                    |                                    |                                       | <i>Pradosha Vrata</i>  |                        |  |  |
| <b>4</b>                               |                    | <b>Monday, December 5, 2022</b>    |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau               |                        | Spokane, WA<br>Sun 26<br>Sutra 232<br>Subhakrit 5124 |  |
| Mesha Rasi: 19.47                      | Tithi 13 – 14      | <b>Gulika</b> 12:44PM – 1:49PM     | <b>Bharani</b> Until 7:09PM           | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:20AM | Moon 11 - Phase 32 - 26<br>4th Phase                 |  |
| <b>Family Home Evening</b>             |                    | Yama 10:35AM – 11:39AM             | Parigha* Until 1:37PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 32 - 26<br>4th Phase                 |  |
| Creative Work                          | Siddha Yoga        | <b>Rahu</b> 8:25AM – 9:30AM        | Gara Until 5:56AM Tue                 | <b>Nataraja:</b> Purple  |                        | Moon – White   |  |
| Until 7:09PM                           |                    |                                    | <b>Trayodashi</b> Until 5:20PM        | Moon – White   |                        | <b>Devaloka Day</b>                                  |  |
| Then Routine Work - Marana Yoga        |                    |                                    |                                       | Margasira-Karttikai  |                        |  |  |
| <b>5</b>                               |                    | <b>Tuesday, December 6, 2022</b>   |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturdashyam Titau                              |                        | Spokane, WA<br>Sun 27<br>Sutra 233<br>Subhakrit 5124 |  |
| Shrabha Rasi: 2.17                     | Tithi 14           | <b>Gulika</b> 11:40AM – 12:45PM    | <b>Krittika</b> Until 8:47PM          | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:21AM | Moon 11 - Phase 32 - 27<br>4th Phase                 |  |
|  |                    | Yama 9:31AM – 10:35AM              | Shiva Until 1:23PM                    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 32 - 27<br>4th Phase                 |  |
| Creative Work                          | Siddha Yoga        | <b>Rahu</b> 1:49PM – 2:54PM        | Vanija Until 6:35PM                   | <b>Nataraja:</b> Purple  |                        | Moon – White   |  |
| Until 8:47PM                           |                    |                                    | <b>Chaturdashi*</b> Until 6:35PM      | Moon – White   |                        | <b>Devaloka Day</b>                                  |  |
| Then Creative Work - Amrita Yoga       |                    | <b>Krittika Deepam</b>             |                                       | Margasira-Karttikai  |                        |  |  |
| <b>○</b>                               |                    | <b>Wednesday, December 7, 2022</b> |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau                               |                        | Spokane, WA<br>Sun 28<br>Sutra 234<br>Subhakrit 5124 |  |
| Shrabha Rasi: 14.37                    | Tithi 15           | <b>Gulika</b> 10:36AM – 11:40AM    | <b>Rohini</b> Until 11:05PM           | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:22AM | Moon 11 - Phase 32 -<br>Purnima                      |  |
|  |                    | Yama 8:27AM – 9:31AM               | Siddha Until 1:25PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 32 -<br>Purnima                      |  |
| Creative Work                          | Siddha Yoga        | <b>Rahu</b> 11:40AM – 12:45PM      | Visti Until 7:22AM                    | <b>Nataraja:</b> Purple  |                        | Moon – Yellow  |  |
|  |                    |                                    | <b>Purnima*</b> Until 8:12PM          | Moon – Yellow  |                        | <b>Sivaloka Day</b>                                  |  |
|  |                    |                                    |                                       | Margasira-Karttikai  |                        |  |  |
| <b>Thursday, December 8, 2022</b>      |                    | <b>Silver Retreat Star</b>         |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau                       |                        | Spokane, WA<br>Sun 29<br>Sutra 235<br>Subhakrit 5124 |  |
| Shrabha Rasi: 26.49                    | Tithi 16           | <b>Gulika</b> 9:32AM – 10:36AM     | <b>Mrigashira</b> Until 1:32AM Fri    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:23AM | Moon 11 - Phase 32 -<br>Prathama                     |  |
|  |                    | Yama 7:23AM – 8:28AM               | Sadhya Until 1:43PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 32 -<br>Prathama                     |  |
| Routine Work                           | Marana Yoga        | <b>Rahu</b> 12:45PM – 1:50PM       | Balava Until 9:10AM                   | <b>Nataraja:</b> Purple  |                        | Moon – Yellow  |  |
| Until 1:32AM Fri                       |                    |                                    | <b>Prathama*</b> Until 10:09PM        | Moon – Yellow  |                        | <b>Sivaloka Day</b>                                  |  |
| Then Creative Work - Siddha Yoga       |                    | <b>Vinayaga Viratam Begins</b>     |                                       | Margasira-Karttikai  |                        |  |  |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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Friday, December 9, 2022

Gold Retreat Star

Mithuna Rasi: 8.54 Tithi 17

734476575

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Spokane, WA

Sun 1 Sutra 236

Subhakrit 5124

Moon 12 - Phase 33 - 1

1st Phase

**Gulika** 8:28AM - 9:33AM  
Yama 1:50PM - 2:54PM  
**Rahu** 10:37AM - 11:41AM

**Ardra Until 4:03AM Sat**

Subha Until 2:14PM

Taitila Until 11:15AM

**Dvitiya Until 12:22AM Sat**

**Ganesha:** Red *Sunrise:* 7:24AM

**Muruqa:** Clear *Sunset:* 3:58PM

**Nataraja:** Purple

Moon - Yellow

Margasira-Karttikai

**Sivaloka Day**

1

Saturday, December 10, 2022

Mithuna Rasi: 20.52 Tithi 18

744476575

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Spokane, WA

Sun 2 Sutra 237

Subhakrit 5124

Moon 12 - Phase 33 - 2

1st Phase

**Gulika** 7:25AM - 8:29AM  
Yama 12:46PM - 1:50PM  
**Rahu** 9:33AM - 10:38AM

**Punarvasu Until 7:06AM Sun**

Sukla Until 2:54PM

Vanija Until 1:35PM

**Tritiya Until 2:47AM Sun**

**Ganesha:** Green *Sunrise:* 7:25AM

**Muruqa:** Clear *Sunset:* 3:58PM

**Nataraja:** Purple

Moon - Blue

Margasira-Karttikai

**Devaloka Day**

2

Sunday, December 11, 2022

Kataka Rasi: 2.47 Tithi 19

744476575

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthyam Titau

Spokane, WA

Sun 3 Sutra 238

Subhakrit 5124

Moon 12 - Phase 33 - 3

1st Phase

**Gulika** 1:50PM - 2:54PM  
Yama 11:42AM - 12:46PM  
**Rahu** 2:54PM - 3:58PM

**Punarvasu Until 7:06AM**

Brahma Until 3:42PM

Bava Until 4:04PM

**Chaturthi\* Until 5:19AM Mon**

**Ganesha:** Green *Sunrise:* 7:26AM

**Muruqa:** Clear *Sunset:* 3:58PM

**Nataraja:** Purple

Moon - Blue

Margasira-Karttikai

**Devaloka Day**

3

Monday, December 12, 2022

Kataka Rasi: 14.39 Tithi 20

745476575

Family Home Evening  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava Karana Panchamyam Titau

Spokane, WA

Sun 4 Sutra 239

Subhakrit 5124

Moon 12 - Phase 33 - 4

1st Phase

**Gulika** 12:47PM - 1:50PM  
Yama 10:39AM - 11:43AM  
**Rahu** 8:31AM - 9:35AM

**Pushya Until 10:03AM**

Indra Until 4:33PM

Kaulava Until 6:36PM

**Panchami Until 7:49AM Tue**

**Ganesha:** White *Sunrise:* 7:27AM

**Muruqa:** Clear *Sunset:* 3:58PM

**Nataraja:** Purple

Moon - Blue

Margasira-Karttikai

**Devaloka Day**

4

Tuesday, December 13, 2022

Kataka Rasi: 26.32 Tithi 20 - 21

745476575

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA

Sun 5 Sutra 240

Subhakrit 5124

Moon 12 - Phase 33 - 5

1st Phase

**Gulika** 11:43AM - 12:47PM  
Yama 9:36AM - 10:39AM  
**Rahu** 1:51PM - 2:55PM

**Ashlesha\* Until 12:48PM**

Vaidhriti\* Until 5:19PM

Gara Until 9:03PM

**Panchami Until 7:49AM**

**Ganesha:** White *Sunrise:* 7:28AM

**Muruqa:** Clear *Sunset:* 3:58PM

**Nataraja:** Purple

Moon - Blue

Margasira-Karttikai

**Devaloka Day**

5

Wednesday, December 14, 2022

Simha Rasi: 8.28 Tithi 21 - 22

755476575

Creative Work Siddha Yoga

Until 3:42PM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 6 Sutra 241

Subhakrit 5124

Moon 12 - Phase 33 - 6

1st Phase

**Gulika** 10:40AM - 11:44AM  
Yama 8:32AM - 9:36AM  
**Rahu** 11:44AM - 12:47PM

**Magha\* Until 3:42PM**

Vishkambha\* Until 5:55PM

Visti Until 11:14PM

**Shashthi\* Until 10:10AM**

**Ganesha:** Clear *Sunrise:* 7:29AM

**Muruqa:** Clear *Sunset:* 3:59PM

**Nataraja:** Purple

Moon - Red

Margasira-Karttikai

**Sivaloka Day**

D

Thursday, December 15, 2022

Retreat Star

Simha Rasi: 20.32 Tithi 22 - 23

755476575

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Sun 7 Sutra 242

Subhakrit 5124

Moon 12 - Phase 33 - 7

Ashtami

**Gulika** 9:37AM - 10:40AM  
Yama 7:30AM - 8:33AM  
**Rahu** 12:48PM - 1:51PM

**Purvaphalguni Until 6:02PM**

Priti Until 6:13PM

Balava Until 12:57AM Fri

**Saptami Until 12:08PM**

**Ganesha:** Clear *Sunrise:* 7:30AM

**Muruqa:** Clear *Sunset:* 3:59PM

**Nataraja:** Purple

Moon - Red

Margasira-Markali

**Sivaloka Day**

Friday, December 16, 2022

Retreat Star

Kanya Rasi: 2.49 Tithi 23 - 24

855476575

Creative Work Siddha Yoga

Until 7:38PM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Spokane, WA

Sun 8 Sutra 243

Subhakrit 5124

Moon 12 - Phase 33 - 8

Navami

**Gulika** 8:34AM - 9:37AM  
Yama 1:52PM - 2:55PM  
**Rahu** 10:41AM - 11:45AM

**Uttaraphalguni Until 7:38PM**

Ayushman Until 6:02PM

Taitila Until 2:01AM Sat

**Ashtami\* Until 1:33PM**

**Ganesha:** White *Sunrise:* 7:30AM

**Muruqa:** Clear *Sunset:* 3:59PM

**Nataraja:** Purple

Moon - Red

Margasira-Markali

**Devaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|              |                                    |                       |  |                                  |                       |                        |                        |
|--------------|------------------------------------|-----------------------|--|----------------------------------|-----------------------|------------------------|------------------------|
| <b>1</b>     | <b>Saturday, December 17, 2022</b> |                       | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam |                                  |                       |                        | Spokane, WA            |
|              |                                    |                       | Hasla Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashyam Titau                     |                                  |                       |                        | Sun 9 Sutra 244        |
|              | Kanya Rasi: 15.23                  | Tithi 24 – 25         | <b>Gulika</b> 7:31AM – 8:35AM  | <b>Hasta</b> <b>Until 8:49PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 7:31AM | Subhakrit 5124         |
|              | 865476575                          | Rahu 9:38AM – 10:42AM | Yama 12:49PM – 1:52PM  | Saubhagya Until 5:17PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 3:59PM  | Moon 12 - Phase 34 - 9 |
| Routine Work | Marana Yoga                        |                       | Vanija Until 2:17AM Sun  | <b>Nataraja:</b> Purple          |                       | 2nd Phase              |                        |
|              |                                    |                       | <b>Navami* Until 2:14PM</b>  | Moon – Green                     |                       | <b>Sivaloka Day</b>    |                        |
|              |                                    |                       |  | Margasira*Markali                |                       |                        |                        |

|               |                                  |                      |  |                                   |                       |                        |                         |
|---------------|----------------------------------|----------------------|--|-----------------------------------|-----------------------|------------------------|-------------------------|
| <b>2</b>      | <b>Sunday, December 18, 2022</b> |                      | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                   |                       |                        | Spokane, WA             |
|               |                                  |                      | Chitra Nakshatra Sobhana/Athiganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau                |                                   |                       |                        | Sun 10 Sutra 245        |
|               | Kanya Rasi: 28.19                | Tithi 25 – 26        | <b>Gulika</b> 1:53PM – 2:56PM  | <b>Chitra</b> <b>Until 9:01PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 7:32AM | Subhakrit 5124          |
|               | 865476575                        | Rahu 2:56PM – 4:00PM | Yama 11:46AM – 12:49PM   | Sobhana Until 3:54PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:00PM  | Moon 12 - Phase 34 - 10 |
| Creative Work | Siddha Yoga                      |                      | Bava Until 1:42AM Mon  | <b>Nataraja:</b> Purple           |                       | 2nd Phase              |                         |
|               |                                  |                      | <b>Dashami</b> <b>Until 2:05PM</b>   | Moon – Green                      |                       | <b>Sivaloka Day</b>    |                         |
|               |                                  |                      |  | Margasira*Markali                 |                       |                        |                         |

|                                 |                                  |                      |   |                                  |                       |                        |                         |
|---------------------------------|----------------------------------|----------------------|---|----------------------------------|-----------------------|------------------------|-------------------------|
| <b>3</b>                        | <b>Monday, December 19, 2022</b> |                      | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam |                                  |                       |                        | Spokane, WA             |
|                                 |                                  |                      | Svati Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau            |                                  |                       |                        | Sun 11 Sutra 246        |
|                                 | Tula Rasi: 11.43                 | Tithi 26 – 27        | <b>Gulika</b> 12:50PM – 1:53PM  | <b>Svati</b> <b>Until 8:15PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 7:32AM | Subhakrit 5124          |
|                                 | 865476575                        | Rahu 8:36AM – 9:39AM | Yama 10:43AM – 11:46AM  | Athiganda* Until 1:49PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:00PM  | Moon 12 - Phase 34 - 11 |
| Family Home Evening             | Amrita Yoga                      |                      | Kaulava Until 12:17AM Tue   | <b>Nataraja:</b> Purple          |                       | 2nd Phase              |                         |
| Until 8:15PM                    |                                  |                      | <b>Ekadashi* Until 1:04PM</b>   | Moon – Green                     |                       | <b>Sivaloka Day</b>    |                         |
| Then Routine Work - Marana Yoga |                                  |                      |   | Margasira*Markali                |                       |                        |                         |

|                                  |                                   |                      |  |                                     |                        |                        |                         |
|----------------------------------|-----------------------------------|----------------------|--|-------------------------------------|------------------------|------------------------|-------------------------|
| <b>4</b>                         | <b>Tuesday, December 20, 2022</b> |                      | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam |                                     |                        |                        | Spokane, WA             |
|                                  |                                   |                      | Vishakha Nakshatra Sukarma/Dhriti Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau                |                                     |                        |                        | Sun 12 Sutra 247        |
|                                  | Tula Rasi: 25.36                  | Tithi 27 – 28        | <b>Gulika</b> 11:47AM – 12:50PM  | <b>Vishakha</b> <b>Until 7:01PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:33AM | Subhakrit 5124          |
|                                  | 875476575                         | Rahu 1:53PM – 2:57PM | Yama 9:40AM – 10:43AM  | Sukarma Until 11:07AM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:00PM  | Moon 12 - Phase 34 - 12 |
| Routine Work                     | Marana Yoga                       |                      | Gara Until 10:06PM   | <b>Nataraja:</b> Purple             |                        | 2nd Phase              |                         |
| Until 7:01PM                     |                                   |                      | <b>Dvadashi* Until 11:15AM</b>   | Moon – Orange                       |                        | <b>Devaloka Day</b>    |                         |
| Then Creative Work - Siddha Yoga |                                   |                      |  | Margasira*Markali                   |                        |                        |                         |
|                                  |                                   |                      |  | <i>Pradosha Vrata (Fasting)</i>     |                        |                        |                         |

|               |                                     |                        |   |                                     |                       |                        |                         |
|---------------|-------------------------------------|------------------------|---|-------------------------------------|-----------------------|------------------------|-------------------------|
| <b>5</b>      | <b>Wednesday, December 21, 2022</b> |                        | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  |                                     |                       |                        | Spokane, WA             |
|               |                                     |                        | Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                     |                       |                        | Sun 13 Sutra 248        |
|               | Vrischika Rasi: 9.56                | Tithi 28 – 29          | <b>Gulika</b> 10:44AM – 11:47AM   | <b>Anuradha</b> <b>Until 5:00PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 7:33AM | Subhakrit 5124          |
|               | 876476575                           | Rahu 11:47AM – 12:51PM | Yama 8:37AM – 9:40AM  | Dhriti Until 7:52AM                 | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:01PM  | Moon 12 - Phase 34 - 13 |
| Creative Work | Siddha Yoga                         |                        | Visti Until 7:18PM  | <b>Nataraja:</b> Purple             |                       | 2nd Phase              |                         |
|               |                                     |                        | <b>Day 1 of Pancha Ganapati</b>   | Moon – Orange                       |                       | <b>Sivaloka Day</b>    |                         |
|               |                                     |                        |   | Margasira*Markali                   |                       |                        |                         |

|   |                                    |                       |  |                               |                       |                        |                         |
|---|------------------------------------|-----------------------|--|-------------------------------|-----------------------|------------------------|-------------------------|
|  | <b>Thursday, December 22, 2022</b> |                       | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam |                               |                       |                        | Spokane, WA             |
|   | <b>Retreat Star</b>                |                       | Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau                  |                               |                       |                        | Sun 14 Sutra 249        |
|   | Vrischika Rasi: 24.41              | Tithi 30              | <b>Gulika</b> 9:41AM – 10:44AM   | <b>Jyeshtha* Until 2:22PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 7:34AM | Subhakrit 5124          |
|   | 876476575                          | Rahu 12:51PM – 1:54PM | Yama 7:34AM – 8:37AM   | Ganda* Until 12:08AM Fri      | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:01PM  | Moon 12 - Phase 34 - 14 |
| Routine Work  | Prabalarishta Yoga                 |                       | Catuspada Until 4:02PM   | <b>Nataraja:</b> Purple       |                       | Amavasya               |                         |
| Until 2:22PM  |                                    |                       | <b>Amavasya* Until 2:16AM Fri</b>  | Moon – Orange                 |                       | <b>Sivaloka Day</b>    |                         |
| Then Creative Work - Siddha Yoga  |                                    |                       |  | Margasira*Markali             |                       |                        |                         |

|  |                                  |                        |   |                            |                        |                        |                         |
|--|----------------------------------|------------------------|---|----------------------------|------------------------|------------------------|-------------------------|
|  | <b>Friday, December 23, 2022</b> |                        | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam |                            |                        |                        | Spokane, WA             |
|  | <b>Retreat Star</b>              |                        | Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau              |                            |                        |                        | Sun 15 Sutra 250        |
|  | Dhanus Rasi: 9.43                | Tithi 1                | <b>Gulika</b> 8:38AM – 9:41AM   | <b>Mula* Until 11:42AM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 7:34AM | Subhakrit 5124          |
|  | 886476575                        | Rahu 10:45AM – 11:48AM | Yama 1:55PM – 2:58PM  | Vriddhi Until 7:56PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:02PM  | Moon 12 - Phase 34 - 15 |
| Creative Work                          | Amrita Yoga                      |                        | Kintughna Until 12:29PM   | <b>Nataraja:</b> Purple    |                        | Prathama               |                         |
| Until 11:42AM                          |                                  |                        | <b>Prathama* Until 10:38PM</b>  | Moon – Light Blue          |                        | <b>Sivaloka Day</b>    |                         |
| Then Routine Work - Prabalarishta Yoga |                                  |                        |   | Pausha*Markali             |                        |                        |                         |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|                                  |             |   |  |  |                        |  |                         |
|----------------------------------|-------------|---|--|--|------------------------|--|-------------------------|
| <b>1</b>                         |             | <b>Saturday, December 24, 2022</b>      |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        | Spokane, WA<br>Sun 16<br>Sutra 251<br>Subhakrit 5124 |                         |
| Dhanus Rasi: 24.54               | Tithi 2     | <b>Gulika</b> 7:35AM – 8:38AM           | <b>Purvashadha* Until 8:46AM</b>       | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 7:35AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 16 |
|                                  |             | Yama 12:52PM – 1:56PM                   | Dhruva Until 3:40PM                    | <b>Nataraja:</b> Purple  | <i>Sunset:</i> 4:02PM  | Moon – Light Blue                                    | 3rd Phase               |
|                                  |             | 886486575 <b>Rahu</b> 9:42AM – 10:45AM  | Balava Until 8:49AM                    |  |                        | <b>Subha Sivaloka Day</b>                            |                         |
| Creative Work                    | Siddha Yoga | <b>Day 4 of Pancha Ganapati</b>         |  | Pausha-Markali   |                        |  |                         |
| Until 8:46AM                     |             |   |  |  |                        |  |                         |
| Then Routine Work - Marana Yoga  |             |   |  |  |                        |  |                         |
| <b>2</b>                         |             | <b>Sunday, December 25, 2022</b>        |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau         |                        | Spokane, WA<br>Sun 17<br>Sutra 252<br>Subhakrit 5124 |                         |
| Makara Rasi: 10.03               | Tithi 3 – 4 | <b>Gulika</b> 1:56PM – 3:00PM           | <b>Shravana Until 3:15AM Mon</b>       | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:35AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 17 |
|                                  |             | Yama 11:49AM – 12:53PM                  | Vyaghata* Until 11:30AM                | <b>Nataraja:</b> Purple  | <i>Sunset:</i> 4:02PM  | Moon – Purple  | 3rd Phase               |
|                                  |             | 896486575 <b>Rahu</b> 3:00PM – 4:03PM   | Vanija Until 1:48AM Mon                |  |                        | <b>Subha Sivaloka Day</b>                            |                         |
| Creative Work                    | Amrita Yoga | <b>Day 5 of Pancha Ganapati</b>         |  | Pausha-Markali   |                        |  |                         |
| Until 3:15AM Mon                 |             |   |  |  |                        |  |                         |
| Then Creative Work - Siddha Yoga |             |   |  |  |                        |  |                         |
| <b>3</b>                         |             | <b>Monday, December 26, 2022</b>        |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau           |                        | Spokane, WA<br>Sun 18<br>Sutra 253<br>Subhakrit 5124 |                         |
| Makara Rasi: 25.01               | Tithi 4 – 5 | <b>Gulika</b> 12:53PM – 1:57PM          | <b>Dhanishtha Until 1:00AM Tue</b>     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:36AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 18 |
|                                  |             | Yama 10:46AM – 11:50AM                  | Harshana Until 7:35AM                  | <b>Nataraja:</b> Clear   | <i>Sunset:</i> 4:04PM  | Moon – Purple  | 3rd Phase               |
| <b>Family Home Evening</b>       |             | 896486576 <b>Rahu</b> 8:39AM – 9:43AM   | Bava Until 10:47PM                     |  |                        | <b>Sivaloka Day</b>                                  |                         |
| Creative Work                    | Siddha Yoga | <b>Chaturthi* Until 12:13PM</b>         |  | Pausha-Markali   |                        |  |                         |
| Until 1:00AM Tue                 |             |   |  |  |                        |  |                         |
| Then Routine Work - Marana Yoga  |             |   |  |  |                        |  |                         |
| <b>4</b>                         |             | <b>Tuesday, December 27, 2022</b>       |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau            |                        | Spokane, WA<br>Sun 19<br>Sutra 254<br>Subhakrit 5124 |                         |
| Kumbha Rasi: 9.41                | Tithi 5 – 6 | <b>Gulika</b> 11:50AM – 12:54PM         | <b>Shatabhishak Until 11:08PM</b>      | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:36AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 19 |
|                                  |             | Yama 9:43AM – 10:47AM                   | Siddhi Until 12:50AM Wed               | <b>Nataraja:</b> Clear   | <i>Sunset:</i> 4:05PM  | Moon – Purple  | 3rd Phase               |
|                                  |             | 896486576 <b>Rahu</b> 1:57PM – 3:01PM   | Kaulava Until 8:18PM                   |  |                        | <b>Sivaloka Day</b>                                  |                         |
| Routine Work                     | Marana Yoga | <b>Panchami Until 9:27AM</b>            |  | Pausha-Markali   |                        |  |                         |
|                                  |             |   |  |  |                        |  |                         |
| <b>5</b>                         |             | <b>Wednesday, December 28, 2022</b>     |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vyatipata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau         |                        | Spokane, WA<br>Sun 20<br>Sutra 255<br>Subhakrit 5124 |                         |
| Kumbha Rasi: 23.56               | Tithi 6 – 7 | <b>Gulika</b> 10:47AM – 11:51AM         | <b>Purvaproshtapada* Until 10:12PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:36AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 20 |
|                                  |             | Yama 8:40AM – 9:43AM                    | Vyatipata* Until 10:14PM               | <b>Nataraja:</b> Clear   | <i>Sunset:</i> 4:05PM  | Moon – Clear   | 3rd Phase               |
|                                  |             | 817486576 <b>Rahu</b> 11:51AM – 12:54PM | Gara Until 6:27PM                      |  |                        | <b>Devaloka Day</b>                                  |                         |
| Creative Work                    | Amrita Yoga | <b>Shashthi* Until 7:16AM</b>           |  | Pausha-Markali   |                        |  |                         |
| Until 10:12PM                    |             |   |  |  |                        |  |                         |
| Then Creative Work - Siddha Yoga |             | <b>Vinayaga Viratam Ends</b>            |  |  |                        |  |                         |
| <b>Retreat Star</b>              |             | <b>Thursday, December 29, 2022</b>      |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau                       |                        | Spokane, WA<br>Sun 21<br>Sutra 256<br>Subhakrit 5124 |                         |
| Meena Rasi: 7.46                 | Tithi 8     | <b>Gulika</b> 9:44AM – 10:47AM          | <b>Uttaraproshtapada Until 9:51PM</b>  | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:36AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 21 |
|                                  |             | Yama 7:36AM – 8:40AM                    | Variyan Until 8:11PM                   | <b>Nataraja:</b> Clear   | <i>Sunset:</i> 4:06PM  | Moon – Clear   | Ashtami                 |
|                                  |             | 817486576 <b>Rahu</b> 12:55PM – 1:59PM  | Visti Until 5:20PM                     |  |                        | <b>Devaloka Day</b>                                  |                         |
| Creative Work                    | Siddha Yoga | <b>Ashtami* Until 5:02AM Fri</b>        |  | Pausha-Markali   |                        |  |                         |
|                                  |             |   |  |  |                        |  |                         |
| <b>Retreat Star</b>              |             | <b>Friday, December 30, 2022</b>        |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau                              |                        | Spokane, WA<br>Sun 22<br>Sutra 257<br>Subhakrit 5124 |                         |
| Meena Rasi: 21.1                 | Tithi 9     | <b>Gulika</b> 8:40AM – 9:44AM           | <b>Revati Until 10:04PM</b>            | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:36AM | <b>Muruqa:</b> Purple                                | Moon 12 - Phase 35 - 22 |
|                                  |             | Yama 1:59PM – 3:03PM                    | Parigha* Until 6:44PM                  | <b>Nataraja:</b> Clear   | <i>Sunset:</i> 4:07PM  | Moon – Clear   | Navami                  |
|                                  |             | 817486576 <b>Rahu</b> 10:48AM – 11:52AM | Balava Until 4:57PM                    |  |                        | <b>Devaloka Day</b>                                  |                         |
| Creative Work                    | Siddha Yoga | <b>Navami* Until 5:01AM Sat</b>         |  | Pausha-Markali   |                        |  |                         |
| Until 10:04PM                    |             |   |  |  |                        |  |                         |
| Then Creative Work - Amrita Yoga |             |   |  |  |                        |  |                         |

|               |                                    |                              |   |                              |                        |                        |  |
|---------------|------------------------------------|------------------------------|---|------------------------------|------------------------|------------------------|--|
| 1             | <b>Saturday, December 31, 2022</b> |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Ashvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau |                              |                        |                        | Spokane, WA<br>Sun 23<br>Sutra 258<br>Subhakrit 5124 |
|               | Mesha Rasi: 4.1                    | Tithi 10                     | <b>Gulika</b> 7:36AM – 8:40AM   | <b>Ashvini</b> Until 11:16PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:36AM |  |
|               |                                    |                              | Yama 12:56PM – 2:00PM   | Shiva Until 5:51PM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:08PM  | Moon 12 - Phase 36 - 23                              |
|               | 827486576                          | <b>Rahu</b> 9:44AM – 10:48AM |   | Taitila Until 5:17PM         | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work | Siddha Yoga                        |                              | <b>Dashami</b> Until 5:41AM Sun   | Moon – White                 |                        | <b>Sivaloka Day</b>    |  |
|               |                                    |                              |   | Pausha-Markali               |                        |                        |  |

|                                 |                                |                             |  |                                  |                        |                        |  |
|---------------------------------|--------------------------------|-----------------------------|--|----------------------------------|------------------------|------------------------|--|
| 2                               | <b>Sunday, January 1, 2023</b> |                             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Siddha/Sadhya Yoga Vanija Karana Ekadashyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 24<br>Sutra 259<br>Subhakrit 5124 |
|                                 | Mesha Rasi: 16.52              | Tithi 11                    | <b>Gulika</b> 2:01PM – 3:05PM  | <b>Bharani</b> Until 12:53AM Mon | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:36AM |  |
|                                 |                                |                             | Yama 11:53AM – 12:57PM   | Siddha Until 5:24PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:09PM  | Moon 12 - Phase 36 - 24                              |
|                                 | 827486576                      | <b>Rahu</b> 3:05PM – 4:09PM |  | Vanija Until 6:16PM              | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                    | Prabalarishta Yoga             |                             | <b>Ekadashi</b> Until 6:55AM Mon   | Moon – White                     |                        | <b>Sivaloka Day</b>    |  |
| Until 12:53AM Mon               |                                |                             |  | Pausha-Markali                   |                        |                        |  |
| Then Routine Work - Marana Yoga |                                |                             |  |                                  |                        |                        |  |

|                                  |                                |                             |  |                                  |                        |                        |  |
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| 3                                | <b>Monday, January 2, 2023</b> |                             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 25<br>Sutra 260<br>Subhakrit 5124 |
|                                  | Mesha Rasi: 29.17              | Tithi 11 – 12               | <b>Gulika</b> 12:57PM – 2:01PM   | <b>Krittika</b> Until 2:47AM Tue | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:36AM |  |
|                                  | <b>Family Home Evening</b>     |                             | Yama 10:49AM – 11:53AM   | Sadhya Until 5:22PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:10PM  | Moon 12 - Phase 36 - 25                              |
|                                  | 827486576                      | <b>Rahu</b> 8:41AM – 9:45AM |  | Bava Until 7:44PM                | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga                    |                             | <b>Ekadashi</b> Until 6:55AM   | Moon – White                     |                        | <b>Sivaloka Day</b>    |  |
| Until 2:47AM Tue                 |                                | <b>Vaikuntha Ekadasi</b>    |  | Pausha-Markali                   |                        |                        |  |
| Then Creative Work - Amrita Yoga |                                |                             |  |                                  |                        |                        |  |

|                                  |                                 |                             |  |                                |                        |                        |  |
|----------------------------------|---------------------------------|-----------------------------|--|--------------------------------|------------------------|------------------------|--|
| 4                                | <b>Tuesday, January 3, 2023</b> |                             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                |                        |                        | Spokane, WA<br>Sun 26<br>Sutra 261<br>Subhakrit 5124 |
|                                  | Vrishabha Rasi: 11.32           | Tithi 12 – 13               | <b>Gulika</b> 11:54AM – 12:58PM  | <b>Rohini</b> Until 5:21AM Wed | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:36AM |  |
|                                  |                                 |                             | Yama 9:45AM – 10:49AM  | Subha Until 5:38PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:11PM  | Moon 12 - Phase 36 - 26                              |
|                                  | 837586576                       | <b>Rahu</b> 2:02PM – 3:07PM |  | Kaulava Until 9:35PM           | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                    | Amrita Yoga                     |                             | <b>Dvadashi</b> Until 8:36AM   | Moon – Yellow                  |                        | <b>Sivaloka Day</b>    |  |
| Until 5:21AM Wed                 |                                 |                             |  | Pausha-Markali                 |                        |                        |  |
| Then Creative Work - Siddha Yoga |                                 |                             |  |                                |                        |                        |  |
|                                  |                                 |                             |  | <i>Pradosha Vrata</i>          |                        |                        |  |

|                                 |                                   |                               |   |                                    |                        |                        |  |
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| 5                               | <b>Wednesday, January 4, 2023</b> |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                    |                        |                        | Spokane, WA<br>Sun 27<br>Sutra 262<br>Subhakrit 5124 |
|                                 | Vrishabha Rasi: 23.38             | Tithi 13 – 14                 | <b>Gulika</b> 10:50AM – 11:54AM   | <b>Mrigashira</b> Until 7:59AM Thu | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:36AM |  |
|                                 |                                   |                               | Yama 8:41AM – 9:45AM  | Sukla Until 6:05PM                 | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:12PM  | Moon 12 - Phase 36 - 27                              |
|                                 | 838586576                         | <b>Rahu</b> 11:54AM – 12:59PM |   | Gara Until 11:43PM                 | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                   | Siddha Yoga                       |                               | <b>Trayodashi</b> Until 10:36AM   | Moon – Yellow                      |                        | <b>Devaloka Day</b>    |  |
| Until 7:59AM Thu                |                                   |                               |   | Pausha-Markali                     |                        |                        |  |
| Then Routine Work - Marana Yoga |                                   |                               |   |                                    |                        |                        |  |

|              |                                  |                                 |  |                                |                        |                        |  |
|--------------|----------------------------------|---------------------------------|--|--------------------------------|------------------------|------------------------|--|
| ○            | <b>Thursday, January 5, 2023</b> |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                |                        |                        | Spokane, WA<br>Sutra 263<br>Subhakrit 5124 |
|              | <b>Copper Retreat Star</b>       |                                 | <b>Gulika</b> 9:45AM – 10:50AM   | <b>Mrigashira</b> Until 7:59AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:36AM |  |
|              | Mithuna Rasi: 5.4                | Tithi 14 – 15                   | Yama 7:36AM – 8:41AM   | Brahma Until 6:42PM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:13PM  | Moon 12 - Phase 36 - Purnima               |
|              | 838586576                        | <b>Rahu</b> 12:59PM – 2:04PM    |  | Visti Until 2:01AM Fri         | <b>Nataraja:</b> Clear |                        |  |
| Routine Work | Marana Yoga                      |                                 | <b>Chaturdashi*</b> Until 12:50PM  | Moon – Yellow                  |                        | <b>Devaloka Day</b>    |  |
|              |                                  | <b>Subramuniyaswami Jayanti</b> |  | Pausha-Markali                 |                        |                        |  |
|              |                                  | <b>Ardra Darshanam</b>          |  |                                |                        |                        |  |

|               |                                |                               |  |                            |                        |                        |  |
|---------------|--------------------------------|-------------------------------|--|----------------------------|------------------------|------------------------|--|
| ○             | <b>Friday, January 6, 2023</b> |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                            |                        |                        | Spokane, WA<br>Sutra 264<br>Subhakrit 5124 |
|               | <b>Silver Retreat Star</b>     |                               | <b>Gulika</b> 8:41AM – 9:45AM  | <b>Ardra</b> Until 10:36AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:36AM |  |
|               | Mithuna Rasi: 17.37            | Tithi 15 – 16                 | Yama 2:05PM – 3:09PM   | Indra Until 7:25PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:14PM  | Moon 12 - Phase 36 - Prathama              |
|               | 838586576                      | <b>Rahu</b> 10:50AM – 11:55AM |  | Balava Until 4:26AM Sat    | <b>Nataraja:</b> Clear |                        |  |
| Creative Work | Siddha Yoga                    |                               | <b>Purnima*</b> Until 3:12PM   | Moon – Yellow              |                        | <b>Devaloka Day</b>    |  |
|               |                                |                               |  | Pausha-Markali             |                        |                        |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Mithuna Rasi: 29.32    Tilthi 16 – 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 7:36AM – 8:41AM  
**Yama** 1:00PM – 2:05PM  
**Rahu** 9:46AM – 10:51AM

**Punarvasu** Until 1:38PM  
Vaidhriti\* Until 8:10PM  
Taitila Until 6:55AM Sun  
Prathama\* Until 5:39PM

**Ganesha:** Clear    *Sunrise:* 7:36AM  
**Muruqa:** Purple    *Sunset:* 4:15PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

**Sivaloka Day**

Spokane, WA  
Sutra 265  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

1

Sunday, January 8, 2023

Kataka Rasi: 11.26    Tilthi 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:06PM – 3:11PM  
**Yama** 11:56AM – 1:01PM  
**Rahu** 3:11PM – 4:16PM

**Pushya** Until 4:33PM  
Vishkambha\* Until 8:57PM  
Taitila Until 6:55AM  
Dvitiya Until 8:09PM

**Ganesha:** Clear    *Sunrise:* 7:35AM  
**Muruqa:** Purple    *Sunset:* 4:16PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

**Sivaloka Day**

Spokane, WA  
Sun 1  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

2

Monday, January 9, 2023

Kataka Rasi: 23.19    Tilthi 18

Family Home Evening

848586576

Creative Work    Siddha Yoga

Until 7:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:02PM – 2:07PM  
**Yama** 10:51AM – 11:56AM  
**Rahu** 8:40AM – 9:46AM

**Ashlesha\*** Until 7:17PM  
Priti Until 9:45PM  
Vanija Until 9:25AM  
Tritiya Until 10:37PM

**Ganesha:** Clear    *Sunrise:* 7:35AM  
**Muruqa:** Purple    *Sunset:* 4:18PM  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

**Sivaloka Day**

Spokane, WA  
Sun 2  
Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

3

Tuesday, January 10, 2023

Simha Rasi: 5.14    Tilthi 19

859586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 11:57AM – 1:02PM  
**Yama** 9:46AM – 10:51AM  
**Rahu** 2:08PM – 3:13PM

**Magha\*** Until 10:16PM  
Ayushman Until 10:26PM  
Bava Until 11:51AM  
Chaturthi\* Until 12:59AM Wed

**Ganesha:** Clear    *Sunrise:* 7:35AM  
**Muruqa:** Purple    *Sunset:* 4:19PM  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

**Sivaloka Day**

Spokane, WA  
Sun 3  
Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

4

Wednesday, January 11, 2023

Simha Rasi: 17.11    Tilthi 20

859586576

Creative Work    Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 10:51AM – 11:57AM  
**Yama** 8:40AM – 9:46AM  
**Rahu** 11:57AM – 1:03PM

**Purvaphalguni** Until 12:51AM Thu  
Saubhagya Until 10:58PM  
Kaulava Until 2:07PM  
Panchami Until 3:07AM Thu

**Ganesha:** Clear    *Sunrise:* 7:34AM  
**Muruqa:** Purple    *Sunset:* 4:20PM  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

**Sivaloka Day**

Spokane, WA  
Sun 4  
Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

5

Thursday, January 12, 2023

Simha Rasi: 29.15    Tilthi 21

859586576

Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 9:46AM – 10:52AM  
**Yama** 7:34AM – 8:40AM  
**Rahu** 1:03PM – 2:09PM

**Uttaraphalguni** Until 2:55AM Fri  
Sobhana Until 11:13PM  
Gara Until 4:03PM  
Shashthi\* Until 4:50AM Fri

**Ganesha:** Clear    *Sunrise:* 7:34AM  
**Muruqa:** Purple    *Sunset:* 4:21PM  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

**Sivaloka Day**

Spokane, WA  
Sun 5  
Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

6

Friday, January 13, 2023

Kanya Rasi: 11.29    Tilthi 22

869586576

Creative Work    Amrita Yoga

Until 4:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:39AM – 9:46AM  
**Yama** 2:10PM – 3:16PM  
**Rahu** 10:52AM – 11:58AM

**Hasta** Until 4:46AM Sat  
Athiganda\* Until 11:03PM  
Visti Until 5:30PM  
Saptami Until 5:58AM Sat

**Ganesha:** White    *Sunrise:* 7:33AM  
**Muruqa:** Purple    *Sunset:* 4:23PM  
**Nataraja:** Clear  
Moon – Green  
Pausha-Markali

**Subha Sivaloka Day**

Spokane, WA  
Sun 6  
Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

☾

Saturday, January 14, 2023

Retreat Star

Kanya Rasi: 23.58    Tilthi 23

869586576

Routine Work    Marana Yoga

Until 5:45AM Sun

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Balava Karana Ashtamyam Titau

**Gulika** 7:33AM – 8:39AM  
**Yama** 1:05PM – 2:11PM  
**Rahu** 9:45AM – 10:52AM

**Chitra** Until 5:45AM Sun  
Sukarma Until 10:21PM  
Balava Until 6:17PM  
Ashtami\* Until 6:21AM Sun

**Ganesha:** White    *Sunrise:* 7:33AM  
**Muruqa:** Purple    *Sunset:* 4:24PM  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

**Subha Sivaloka Day**

Spokane, WA  
Sun 7  
Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 6.47    Tilthi 23 – 24

869586576

Creative Work    Siddha Yoga

Until 5:46AM Mon

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:12PM – 3:19PM  
**Yama** 11:59AM – 1:05PM  
**Rahu** 3:19PM – 4:25PM

**Svati** Until 5:46AM Mon  
Dhriti Until 9:03PM  
Taitila Until 6:15PM  
Ashtami\* Until 6:21AM

**Ganesha:** White    *Sunrise:* 7:32AM  
**Muruqa:** Purple    *Sunset:* 4:25PM  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

**Subha Sivaloka Day**

Spokane, WA  
Sun 8  
Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|                                  |           |  |                                  |   |                       |
|----------------------------------|-----------|--|----------------------------------|---|-----------------------|
| <b>Monday, January 16, 2023</b>  |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam |                                  | Spokane, WA                                   |                       |
| 1                                |           | Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau                              |                                  | Sun 9 Sutra 274                               |                       |
| Tula Rasi: 20.02                 | Tithi 25  | <b>Gulika</b> 1:06PM – 2:13PM  | <b>Vishakha</b> Until 5:15AM Tue | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:31AM | Subhakrit 5124        |
| <b>Family Home Evening</b>       | 879586576 | Yama 10:52AM – 11:59AM   | Shula* Until 7:03PM              | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:27PM   | Moon 1 - Phase 38 - 9 |
| Routine Work Marana Yoga         |           | <b>Rahu</b> 8:38AM – 9:45AM  | Vanija Until 5:23PM              | <b>Nataraja:</b> Clear                        | 2nd Phase             |
| Until 5:15AM Tue                 |           |  | <b>Dashami</b> Until 4:36AM Tue  | Moon – Orange                                 | <b>Sivaloka Day</b>   |
| Then Creative Work - Siddha Yoga |           |  |                                  | Pausha*Thai                                   |                       |

|                                  |           |   |                                   |   |                        |
|----------------------------------|-----------|---|-----------------------------------|---|------------------------|
| <b>Tuesday, January 17, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |                                   | Spokane, WA                                   |                        |
| 2                                |           | Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau                           |                                   | Sun 10 Sutra 275                              |                        |
| Vrischika Rasi: 3.46             | Tithi 26  | <b>Gulika</b> 11:59AM – 1:07PM  | <b>Anuradha</b> Until 3:48AM Wed  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:31AM | Subhakrit 5124         |
|                                  | 879586576 | Yama 9:45AM – 10:52AM   | Ganda* Until 4:24PM               | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:27PM   | Moon 1 - Phase 38 - 10 |
| Creative Work Siddha Yoga        |           | <b>Rahu</b> 2:14PM – 3:21PM   | Bava Until 3:40PM                 | <b>Nataraja:</b> Clear                        | 2nd Phase              |
|                                  |           |   | <b>Ekadashi*</b> Until 2:30AM Wed | Moon – Orange                                 | <b>Sivaloka Day</b>    |
|                                  |           |   |                                   | Pausha*Thai                                   |                        |

|                                    |           |   |                                   |   |                        |
|------------------------------------|-----------|---|-----------------------------------|---|------------------------|
| <b>Wednesday, January 18, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam |                                   | Spokane, WA                                   |                        |
| 3                                  |           | Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau                    |                                   | Sun 11 Sutra 276                              |                        |
| Vrischika Rasi: 17.58              | Tithi 27  | <b>Gulika</b> 10:52AM – 12:00PM   | <b>Jyeshtha*</b> Until 1:33AM Thu | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:30AM | Subhakrit 5124         |
|                                    | 871586576 | Yama 8:37AM – 9:45AM  | Vridhi Until 1:11PM               | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM   | Moon 1 - Phase 38 - 11 |
| Creative Work Siddha Yoga          |           | <b>Rahu</b> 12:00PM – 1:07PM  | Kaulava Until 1:13PM              | <b>Nataraja:</b> Clear                        | 2nd Phase              |
|                                    |           |   | <b>Dvadashi*</b> Until 11:44PM    | Moon – Orange                                 | <b>Sivaloka Day</b>    |
|                                    |           |   |                                   | Pausha*Thai                                   |                        |

|                                   |           |  |                                 |   |                        |
|-----------------------------------|-----------|--|---------------------------------|---|------------------------|
| <b>Thursday, January 19, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam |                                 | Spokane, WA                                 |                        |
| 4                                 |           | Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau                      |                                 | Sun 12 Sutra 277                            |                        |
| Dhanus Rasi: 2.39                 | Tithi 28  | <b>Gulika</b> 9:45AM – 10:52AM   | <b>Mula*</b> Until 11:04PM      | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:29AM  | Subhakrit 5124         |
|                                   | 881586576 | Yama 7:29AM – 8:37AM   | Dhruva Until 9:26AM             | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:31PM | Moon 1 - Phase 38 - 12 |
| Creative Work Siddha Yoga         |           | <b>Rahu</b> 1:08PM – 2:15PM  | Gara Until 10:09AM              | <b>Nataraja:</b> Clear                      | 2nd Phase              |
|                                   |           |  | <b>Trayodashi*</b> Until 8:25PM | Moon – Light Blue                           | <b>Sivaloka Day</b>    |
|                                   |           |  |                                 | Pausha*Thai                                 |                        |
|                                   |           |  | <i>Pradosha Vrata (Fasting)</i> |   |                        |

|                                 |               |   |                                  |   |                        |
|---------------------------------|---------------|---|----------------------------------|---|------------------------|
| <b>Friday, January 20, 2023</b> |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam |                                  | Spokane, WA                                 |                        |
| 5                               |               | Purvashadha* Nakshatra Harshana Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau       |                                  | Sun 13 Sutra 278                            |                        |
| Dhanus Rasi: 17.42              | Tithi 29 – 30 | <b>Gulika</b> 8:36AM – 9:44AM   | <b>Purvashadha*</b> Until 8:06PM | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:28AM  | Subhakrit 5124         |
|                                 | 881586576     | Yama 2:16PM – 3:24PM  | Harshana Until 1:01AM Sat        | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:32PM | Moon 1 - Phase 38 - 13 |
| Routine Work Prabalarishta Yoga |               | <b>Rahu</b> 10:52AM – 12:00PM   | Visti Until 6:38AM               | <b>Nataraja:</b> Clear                      | 2nd Phase              |
| Until 8:06PM                    |               |   | <b>Chaturdashi*</b> Until 4:44PM | Moon – Light Blue                           | <b>Sivaloka Day</b>    |
| Then Routine Work - Marana Yoga |               |   |                                  | Pausha*Thai                                 |                        |

|                                   |              |   |                                  |   |                        |
|-----------------------------------|--------------|---|----------------------------------|---|------------------------|
| <b>Saturday, January 21, 2023</b> |              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam |                                  | Spokane, WA                                 |                        |
| ● <b>Retreat Star</b>             |              | Uttarashadha/Shravana Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau  |                                  | Sun 14 Sutra 279                            |                        |
| Makara Rasi: 2.58                 | Tithi 30 – 1 | <b>Gulika</b> 7:28AM – 8:36AM   | <b>Uttarashadha</b> Until 4:51PM | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:28AM  | Subhakrit 5124         |
|                                   | 881586576    | Yama 1:09PM – 2:17PM  | Vajra* Until 8:34PM              | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:34PM | Moon 1 - Phase 38 - 14 |
| Routine Work Marana Yoga          |              | <b>Rahu</b> 9:44AM – 10:52AM  | Kintughna Until 10:57PM          | <b>Nataraja:</b> Clear                      | Amavasya               |
| Until 4:51PM                      |              |   | <b>Amavasya*</b> Until 12:53PM   | Moon – Light Blue                           | <b>Sivaloka Day</b>    |
| Then Creative Work - Siddha Yoga  |              |   |                                  | Pausha*Thai                                 |                        |

|                                 |             |   |                               |   |                        |
|---------------------------------|-------------|---|-------------------------------|---|------------------------|
| <b>Sunday, January 22, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam   |                               | Spokane, WA                                   |                        |
| ● <b>Retreat Star</b>           |             | Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                               | Sun 15 Sutra 280                              |                        |
| Makara Rasi: 18.18              | Tithi 1 – 2 | <b>Gulika</b> 2:18PM – 3:27PM   | <b>Shravana</b> Until 1:53PM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:27AM | Subhakrit 5124         |
|                                 | 891586576   | Yama 12:01PM – 1:09PM   | Siddhi Until 4:11PM           | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:35PM   | Moon 1 - Phase 38 - 15 |
| Creative Work Amrita Yoga       |             | <b>Rahu</b> 3:27PM – 4:35PM   | Balava Until 7:09PM           | <b>Nataraja:</b> Clear                        | Prathama               |
| Until 1:53PM                    |             |   | <b>Prathama*</b> Until 9:01AM | Moon – Purple                                 | <b>Sivaloka Day</b>    |
| Then Routine Work - Marana Yoga |             |   |                               | Magha*Thai                                    |                        |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

|          |                                 |           |  |                                 |                     |                 |                                     |
|----------|---------------------------------|-----------|--|---------------------------------|---------------------|-----------------|-------------------------------------|
| <b>1</b> | <b>Monday, January 23, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Taitila/Gara Karana Tritiyayam Titau |                                 |                     |                 | Spokane, WA                         |
|          | Kumbha Rasi: 3.31               | Tithi 3   | Gulika 1:10PM – 2:19PM   | <b>Dhanishtha Until 11:00AM</b> | Ganesha: Yellow     | Sunrise: 7:26AM | Sun 16 Sutra 281                    |
|          | Family Home Evening             | 891586576 | Yama 10:52AM – 12:01PM   | Vyatipata* Until 12:01PM        | Muruqa: Purple      | Sunset: 4:37PM  | Subhakrit 5124                      |
|          | Creative Work Siddha Yoga       |           | Rahu 8:35AM – 9:43AM   | Taitila Until 3:36PM            | Nataraja: Clear     |                 | Moon 1 - Phase 39 - 16<br>3rd Phase |
|          |                                 |           | <b>Tritiya Until 1:59AM Tue</b>  | Magha*Thai                      | <b>Sivaloka Day</b> |                 |                                     |

|          |                                  |           |   |                                  |                     |                 |                                     |
|----------|----------------------------------|-----------|---|----------------------------------|---------------------|-----------------|-------------------------------------|
| <b>2</b> | <b>Tuesday, January 24, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau |                                  |                     |                 | Spokane, WA                         |
|          | Kumbha Rasi: 18.26               | Tithi 4   | Gulika 12:01PM – 1:11PM   | <b>Shatabhishak Until 8:24AM</b> | Ganesha: Red        | Sunrise: 7:25AM | Sun 17 Sutra 282                    |
|          | Routine Work Marana Yoga         | 991586576 | Yama 9:43AM – 10:52AM   | Varyayan Until 8:09AM            | Muruqa: Purple      | Sunset: 4:37PM  | Subhakrit 5124                      |
|          |                                  |           | Rahu 2:20PM – 3:29PM  | Vanija Until 12:31PM             | Nataraja: Clear     |                 | Moon 1 - Phase 39 - 17<br>3rd Phase |
|          |                                  |           | <b>Chaturthi* Until 11:09PM</b>   | Magha*Thai                       | <b>Sivaloka Day</b> |                 |                                     |

|          |                                    |           |  |                                       |                           |                 |                                     |
|----------|------------------------------------|-----------|--|---------------------------------------|---------------------------|-----------------|-------------------------------------|
| <b>3</b> | <b>Wednesday, January 25, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau |                                       |                           |                 | Spokane, WA                         |
|          | Meena Rasi: 2.57                   | Tithi 5   | Gulika 10:52AM – 12:02PM   | <b>Purvaproshtapada* Until 6:38AM</b> | Ganesha: Blue             | Sunrise: 7:24AM | Sun 18 Sutra 283                    |
|          | Creative Work Amrita Yoga          | 911586576 | Yama 8:33AM – 9:43AM   | Shiva Until 1:59AM Thu                | Muruqa: Purple            | Sunset: 4:40PM  | Subhakrit 5124                      |
|          | Until 6:38AM                       |           | Rahu 12:02PM – 1:11PM  | Bava Until 10:01AM                    | Nataraja: Clear           |                 | Moon 1 - Phase 39 - 18<br>3rd Phase |
|          |                                    |           | <b>Panchami Until 9:01PM</b>   | Magha*Thai                            | <b>Subha Sivaloka Day</b> |                 |                                     |

|          |                                   |           |  |                                |                           |                 |                                     |
|----------|-----------------------------------|-----------|--|--------------------------------|---------------------------|-----------------|-------------------------------------|
| <b>4</b> | <b>Thursday, January 26, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau |                                |                           |                 | Spokane, WA                         |
|          | Meena Rasi: 16.58                 | Tithi 6   | Gulika 9:42AM – 10:52AM  | <b>Revati Until 4:55AM Fri</b> | Ganesha: Blue             | Sunrise: 7:23AM | Sun 19 Sutra 284                    |
|          | Creative Work Siddha Yoga         | 911586576 | Yama 7:23AM – 8:32AM   | Siddha Until 11:48PM           | Muruqa: Purple            | Sunset: 4:41PM  | Subhakrit 5124                      |
|          | Until 4:55AM Fri                  |           | Rahu 1:12PM – 2:21PM   | Kaulava Until 8:15AM           | Nataraja: Clear           |                 | Moon 1 - Phase 39 - 19<br>3rd Phase |
|          |                                   |           | <b>Shashthi* Until 7:40PM</b>  | Magha*Thai                     | <b>Subha Sivaloka Day</b> |                 |                                     |

|          |                                 |           |   |                                 |                     |                 |                                     |
|----------|---------------------------------|-----------|---|---------------------------------|---------------------|-----------------|-------------------------------------|
| <b>5</b> | <b>Friday, January 27, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau |                                 |                     |                 | Spokane, WA                         |
|          | Mesha Rasi: 0.3                 | Tithi 7   | Gulika 8:32AM – 9:42AM  | <b>Ashvini Until 5:32AM Sat</b> | Ganesha: Yellow     | Sunrise: 7:22AM | Sun 20 Sutra 285                    |
|          | Creative Work Amrita Yoga       | 921586576 | Yama 2:22PM – 3:32PM  | Sadhya Until 10:20PM            | Muruqa: Purple      | Sunset: 4:43PM  | Subhakrit 5124                      |
|          | Until 5:32AM Sat                |           | Rahu 10:52AM – 12:02PM  | Gara Until 7:20AM               | Nataraja: Clear     |                 | Moon 1 - Phase 39 - 20<br>3rd Phase |
|          |                                 |           | <b>Saptami Until 7:11PM</b>   | Magha*Thai                      | <b>Sivaloka Day</b> |                 |                                     |

|          |                                   |           |  |                                 |                     |                 |                                   |
|----------|-----------------------------------|-----------|--|---------------------------------|---------------------|-----------------|-----------------------------------|
| <b>☾</b> | <b>Saturday, January 28, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau |                                 |                     |                 | Spokane, WA                       |
|          | <b>Retreat Star</b>               |           | Gulika 7:20AM – 8:31AM   | <b>Bharani Until 6:48AM Sun</b> | Ganesha: White      | Sunrise: 7:20AM | Sun 21 Sutra 286                  |
|          | Mesha Rasi: 13.34                 | Tithi 8   | Yama 1:13PM – 2:23PM   | Subha Until 9:31PM              | Muruqa: Purple      | Sunset: 4:44PM  | Subhakrit 5124                    |
|          | Creative Work Siddha Yoga         | 921686576 | Rahu 9:41AM – 10:52AM  | Visti Until 7:18AM              | Nataraja: Clear     |                 | Moon 1 - Phase 39 - 21<br>Ashtami |
|          |                                   |           | <b>Ashtami* Until 7:34PM</b>   | Magha*Thai                      | <b>Devaloka Day</b> |                 |                                   |

|          |                                 |           |   |                             |                     |                 |                                  |
|----------|---------------------------------|-----------|---|-----------------------------|---------------------|-----------------|----------------------------------|
| <b>☽</b> | <b>Sunday, January 29, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau |                             |                     |                 | Spokane, WA                      |
|          | <b>Retreat Star</b>             |           | Gulika 2:24PM – 3:35PM  | <b>Bharani Until 6:48AM</b> | Ganesha: Yellow     | Sunrise: 7:19AM | Sun 22 Sutra 287                 |
|          | Mesha Rasi: 26.14               | Tithi 9   | Yama 12:02PM – 1:13PM   | Sukla Until 9:16PM          | Muruqa: Purple      | Sunset: 4:46PM  | Subhakrit 5124                   |
|          | Routine Work Prabalarishta Yoga | 922686576 | Rahu 3:35PM – 4:46PM  | Balava Until 8:04AM         | Nataraja: Clear     |                 | Moon 1 - Phase 39 - 22<br>Navami |
|          |                                 |           | <b>Navami* Until 8:42PM</b>   | Magha*Thai                  | <b>Sivaloka Day</b> |                 |                                  |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

|                                 |   |   |  |   |   |  |
|---------------------------------|---|---|--|---|---|--|
| <b>Monday, January 30, 2023</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau |  |   |   | Spokane, WA<br>Sun 23<br>Sutra 288<br>Subhakrit 5124       |
| <b>1</b>                        | Vrishabha Rasi: 8.35<br>Family Home Evening<br>Routine Work Marana Yoga<br>Until 8:35AM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 1:14PM – 2:25PM<br>Yama 10:52AM – 12:03PM<br>Rahu 8:29AM – 9:40AM   | <b>Krittika Until 8:35AM</b><br>Brahma Until 9:28PM<br>Taitila Until 9:32AM<br>Dashami Until 10:27PM | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – White<br>Magha-Thai | <b>Sunrise:</b> 7:18AM<br><b>Sunset:</b> 4:47PM | Moon 1 - Phase 40 - 23<br>4th Phase<br><b>Sivaloka Day</b> |

|                                  |   |   |  |   |   |  |
|----------------------------------|---|---|--|---|---|--|
| <b>Tuesday, January 31, 2023</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau |  |   |   | Spokane, WA<br>Sun 24<br>Sutra 289<br>Subhakrit 5124             |
| <b>2</b>                         | Vrishabha Rasi: 20.43<br>Creative Work Amrita Yoga<br>Until 11:11AM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 12:03PM – 1:14PM<br>Yama 9:40AM – 10:51AM<br>Rahu 2:26PM – 3:37PM   | <b>Rohini Until 11:11AM</b><br>Indra Until 10:01PM<br>Vanija Until 11:31AM<br>Ekadashi Until 12:37AM Wed | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Magha-Thai | <b>Sunrise:</b> 7:17AM<br><b>Sunset:</b> 4:49PM | Moon 1 - Phase 40 - 24<br>4th Phase<br><b>Subha Sivaloka Day</b> |

|                                    |   |   |  |   |   |  |
|------------------------------------|---|---|--|---|---|--|
| <b>Wednesday, February 1, 2023</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau |  |   |   | Spokane, WA<br>Sun 25<br>Sutra 290<br>Subhakrit 5124             |
| <b>3</b>                           | Mithuna Rasi: 2.43<br>Creative Work Siddha Yoga | <b>Gulika</b> 10:51AM – 12:03PM<br>Yama 8:28AM – 9:40AM<br>Rahu 12:03PM – 1:14PM  | <b>Mrigashira Until 1:56PM</b><br>Vaidhriti* Until 10:43PM<br>Bava Until 1:50PM<br>Dvadashi Until 3:02AM Thu | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Magha-Thai | <b>Sunrise:</b> 7:17AM<br><b>Sunset:</b> 4:49PM | Moon 1 - Phase 40 - 25<br>4th Phase<br><b>Subha Sivaloka Day</b> |

|                                   |   |  |  |   |   |  |
|-----------------------------------|---|--|--|---|---|--|
| <b>Thursday, February 2, 2023</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau |  |   |   | Spokane, WA<br>Sun 26<br>Sutra 291<br>Subhakrit 5124             |
| <b>4</b>                          | Mithuna Rasi: 14.37<br>Routine Work Marana Yoga<br>Until 4:40PM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 9:39AM – 10:51AM<br>Yama 7:16AM – 8:27AM<br>Rahu 1:15PM – 2:27PM   | <b>Ardra Until 4:40PM</b><br>Vishkambha* Until 11:32PM<br>Kaulava Until 4:18PM<br>Trayodashi Until 5:32AM Fri<br><i>Pradosha Vrata</i> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Magha-Thai | <b>Sunrise:</b> 7:16AM<br><b>Sunset:</b> 4:50PM | Moon 1 - Phase 40 - 26<br>4th Phase<br><b>Subha Sivaloka Day</b> |

|                                 |  |   |  |  |   |  |
|---------------------------------|--|---|--|--|---|--|
| <b>Friday, February 3, 2023</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Priti Yoga Gara Karana Chaturdashyam Titau |  |  |   | Spokane, WA<br>Sun 27<br>Sutra 292<br>Subhakrit 5124       |
| <b>5</b>                        | Mithuna Rasi: 26.3<br>Creative Work Siddha Yoga<br>Until 7:47PM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 8:26AM – 9:39AM<br>Yama 2:27PM – 3:40PM<br>Rahu 10:51AM – 12:03PM   | <b>Punarvasu Until 7:47PM</b><br>Priti Until 12:22AM Sat<br>Gara Until 6:49PM<br>Chaturdashi* Until 8:02AM Sat | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Magha-Thai | <b>Sunrise:</b> 7:14AM<br><b>Sunset:</b> 4:52PM | Moon 1 - Phase 40 - 27<br>4th Phase<br><b>Sivaloka Day</b> |

|                                   |  |  |   |  |   |   |
|-----------------------------------|--|--|---|--|---|---|
| <b>Saturday, February 4, 2023</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |   |  |   | Spokane, WA<br>Sutra 293<br>Subhakrit 5124            |
| <b>○</b>                          | <b>Copper Retreat Star</b><br>Kataka Rasi: 8.23<br>Creative Work Siddha Yoga<br>Until 10:41PM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 7:13AM – 8:26AM<br>Yama 1:16PM – 2:28PM<br>Rahu 9:38AM – 10:51AM<br>Thai Pusam   | <b>Pushya Until 10:41PM</b><br>Ayushman Until 1:08AM Sun<br>Visti Until 9:17PM<br>Chaturdashi* Until 8:02AM | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Magha-Thai | <b>Sunrise:</b> 7:13AM<br><b>Sunset:</b> 4:53PM | Moon 1 - Phase 40 -<br>Purnima<br><b>Sivaloka Day</b> |

|                                 |  |  |   |  |   |  |
|---------------------------------|--|--|---|--|---|--|
| <b>Sunday, February 5, 2023</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau |   |  |   | Spokane, WA<br>Sutra 294<br>Subhakrit 5124             |
| <b>○</b>                        | <b>Silver Retreat Star</b><br>Kataka Rasi: 20.17<br>Creative Work Siddha Yoga<br>Until 1:19AM Mon<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 2:29PM – 3:42PM<br>Yama 12:03PM – 1:16PM<br>Rahu 3:42PM – 4:55PM   | <b>Ashlesha* Until 1:19AM Mon</b><br>Saubhagya Until 1:50AM Mon<br>Balava Until 11:39PM<br>Purnima* Until 10:27AM | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Magha-Thai | <b>Sunrise:</b> 7:12AM<br><b>Sunset:</b> 4:55PM | Moon 1 - Phase 40 -<br>Prathama<br><b>Sivaloka Day</b> |





**Monday, February 6, 2023**  
**Gold Retreat Star**

Simha Rasi: 2.14      Tithi 16 – 17  
**Family Home Evening**      952686577  
 Routine Work      Marana Yoga  
 Until 4:10AM Tue  
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
 Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**      1:17PM – 2:30PM  
**Yama**      10:50AM – 12:03PM  
**Rahu**      8:24AM – 9:37AM

**Magha\* Until 4:10AM Tue**  
 Sobhana Until 2:27AM Tue  
 Taitila Until 1:54AM Tue  
**Prathama\* Until 12:46PM**

**Ganesha:** Purple      *Sunrise: 7:10AM*  
**Muruqa:** Purple      *Sunset: 4:57PM*  
**Nataraja:** Orange  
 Moon – Red  
**Magha\*Thai**

Spokane, WA  
 Sutra 295  
 Subhakarit 5124  
 Moon 2 - Phase 41 -  
 1st Phase

**Subha Sivaloka Day**

**1**

**Tuesday, February 7, 2023**

Simha Rasi: 14.14      Tithi 17 – 18  
 952686577  
 Creative Work      Siddha Yoga  
 Until 6:40AM Wed  
 Then Creative Work - Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**      12:03PM – 1:17PM  
**Yama**      9:36AM – 10:50AM  
**Rahu**      2:31PM – 3:44PM

**Purvaphalguni Until 6:40AM Wed**  
 Athiganda\* Until 2:54AM Wed  
 Vanija Until 3:57AM Wed  
**Dvitiya Until 2:55PM**

**Ganesha:** Purple      *Sunrise: 7:09AM*  
**Muruqa:** Purple      *Sunset: 4:58PM*  
**Nataraja:** Orange  
 Moon – Red  
**Magha\*Thai**

Spokane, WA  
 Sun 1      Sutra 296  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 1  
 1st Phase

**Subha Sivaloka Day**

**2**

**Wednesday, February 8, 2023**

Simha Rasi: 26.19      Tithi 18 – 19  
 952686577  
 Creative Work      Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Sukarna Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**      10:49AM – 12:04PM  
**Yama**      8:21AM – 9:35AM  
**Rahu**      12:04PM – 1:18PM

**Purvaphalguni Until 6:40AM**  
 Sukarna Until 3:11AM Thu  
 Bava Until 5:44AM Thu  
**Tritiya Until 4:52PM**

**Ganesha:** Purple      *Sunrise: 7:07AM*  
**Muruqa:** Purple      *Sunset: 5:00PM*  
**Nataraja:** Orange  
 Moon – Red  
**Magha\*Thai**

Spokane, WA  
 Sun 2      Sutra 297  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 2  
 1st Phase

**Subha Sivaloka Day**

**3**

**Thursday, February 9, 2023**

Kanya Rasi: 8.3      Tithi 19  
 952686577  
 Amrita Yoga  
 Until 8:45AM  
 Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
 Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Balava Karana Chaturthyam Titau

**Gulika**      9:35AM – 10:49AM  
**Yama**      7:06AM – 8:20AM  
**Rahu**      1:18PM – 2:32PM

**Uttaraphalguni Until 8:45AM**  
 Dhriti Until 3:13AM Fri  
 Balava Until 6:29PM  
**Chaturthi\* Until 6:29PM**

**Ganesha:** Purple      *Sunrise: 7:06AM*  
**Muruqa:** Purple      *Sunset: 5:01PM*  
**Nataraja:** Orange  
 Moon – Red  
**Magha\*Thai**

Spokane, WA  
 Sun 3      Sutra 298  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 3  
 1st Phase

**Subha Sivaloka Day**

**4**

**Friday, February 10, 2023**

Kanya Rasi: 20.5      Tithi 20  
 962686577  
 Creative Work      Amrita Yoga  
 Until 10:48AM  
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      8:19AM – 9:34AM  
**Yama**      2:33PM – 3:48PM  
**Rahu**      10:49AM – 12:04PM

**Hasta Until 10:48AM**  
 Shula\* Until 2:52AM Sat  
 Kaulava Until 7:11AM  
**Panchami Until 7:42PM**

**Ganesha:** Clear      *Sunrise: 7:04AM*  
**Muruqa:** Purple      *Sunset: 5:03PM*  
**Nataraja:** Orange  
 Moon – Green  
**Magha\*Thai**

Spokane, WA  
 Sun 4      Sutra 299  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 4  
 1st Phase

**Sivaloka Day**

**5**

**Saturday, February 11, 2023**

Tula Rasi: 3.22      Tithi 21  
 963686577  
 Routine Work      Marana Yoga  
 Until 12:13PM  
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
 Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**      7:03AM – 8:18AM  
**Yama**      1:19PM – 2:34PM  
**Rahu**      9:33AM – 10:48AM

**Chitra Until 12:13PM**  
 Ganda\* Until 2:06AM Sun  
 Gara Until 8:08AM  
**Shashthi\* Until 8:22PM**

**Ganesha:** Purple      *Sunrise: 7:03AM*  
**Muruqa:** Purple      *Sunset: 5:04PM*  
**Nataraja:** Orange  
 Moon – Green  
**Magha\*Thai**

Spokane, WA  
 Sun 5      Sutra 300  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 5  
 1st Phase

**Devaloka Day**

**6**

**Sunday, February 12, 2023**

Tula Rasi: 16.11      Tithi 22  
 963686577  
 Creative Work      Siddha Yoga  
 Until 12:52PM  
 Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Svati/Vishakha Nakshatra Vridhhi Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**      2:35PM – 3:50PM  
**Yama**      12:04PM – 1:19PM  
**Rahu**      3:50PM – 5:06PM

**Svati Until 12:52PM**  
 Vridhhi Until 12:49AM Mon  
 Visti Until 8:29AM  
**Saptami Until 8:22PM**

**Ganesha:** Purple      *Sunrise: 7:01AM*  
**Muruqa:** Purple      *Sunset: 5:06PM*  
**Nataraja:** Orange  
 Moon – Green  
**Magha-Masi**

Spokane, WA  
 Sun 6      Sutra 301  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 6  
 1st Phase

**Devaloka Day**

**D**

**Monday, February 13, 2023**

**Retreat Star**

Tula Rasi: 29.2      Tithi 23  
 973686577  
**Family Home Evening**  
 Routine Work      Marana Yoga  
 Until 1:08PM  
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      1:20PM – 2:36PM  
**Yama**      10:48AM – 12:04PM  
**Rahu**      8:16AM – 9:32AM

**Vishakha Until 1:08PM**  
 Dhruva Until 10:56PM  
 Balava Until 8:07AM  
**Ashtami\* Until 7:39PM**

**Ganesha:** Clear      *Sunrise: 7:00AM*  
**Muruqa:** Purple      *Sunset: 5:08PM*  
**Nataraja:** Orange  
 Moon – Orange  
**Magha-Masi**

Spokane, WA  
 Sun 7      Sutra 302  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 7  
 Ashtami

**Sivaloka Day**

**Tuesday, February 14, 2023**

**Retreat Star**

Vrischika Rasi: 12.53      Tithi 24  
 973686577  
 Creative Work      Siddha Yoga  
 Until 12:32PM  
 Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      12:04PM – 1:20PM  
**Yama**      9:31AM – 10:47AM  
**Rahu**      2:36PM – 3:53PM

**Anuradha Until 12:32PM**  
 Vyaghata\* Until 8:29PM  
 Taitila Until 7:02AM  
**Navami\* Until 6:11PM**

**Ganesha:** Clear      *Sunrise: 6:58AM*  
**Muruqa:** Purple      *Sunset: 5:09PM*  
**Nataraja:** Orange  
 Moon – Orange  
**Magha-Masi**

Spokane, WA  
 Sun 8      Sutra 303  
 Subhakarit 5124  
 Moon 2 - Phase 41 - 8  
 Navami

**Sivaloka Day**

|          |  |               |   |                        |  |   |  |
|----------|--|---------------|---|------------------------|--|---|--|
| <b>1</b> | <b>Wednesday, February 15, 2023</b>              |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        |  |   | Spokane, WA  |
|          | Vrischika Rasi: 26.53                            | Tithi 25 – 26 | 973686577   | Gulika<br>Yama<br>Rahu | 10:47AM – 12:04PM<br>8:13AM – 9:30AM<br>12:04PM – 1:20PM | Jyeshtha* Until 11:05AM<br>Harshana Until 5:29PM<br>Bava Until 2:44AM Thu<br>Dashami Until 4:02PM | Sun 9<br>Sutra 304<br>Subhakrit 5124<br>Moon 2 - Phase 42 - 9<br>2nd Phase |
|          | Creative Work Siddha Yoga                        |               |   |                        |  | Ganesha: Clear<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Orange                             | Sunrise: 6:57AM<br>Sunset: 5:11PM  |
|          | Until 11:05AM<br>Then Routine Work - Marana Yoga |               |   |                        |  | Magha*Masi  | Sivaloka Day   |

|          |                                    |               |   |                        |  |  |  |
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| <b>2</b> | <b>Thursday, February 16, 2023</b> |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        |  |  | Spokane, WA  |
|          | Dhanus Rasi: 11.18                 | Tithi 26 – 27 | 983686577   | Gulika<br>Yama<br>Rahu | 9:29AM – 10:46AM<br>6:55AM – 8:12AM<br>1:21PM – 2:38PM | Mula* Until 9:18AM<br>Vajra* Until 1:59PM<br>Kaulava Until 11:43PM<br>Ekadashi* Until 1:16PM | Sun 10<br>Sutra 305<br>Subhakrit 5124<br>Moon 2 - Phase 42 - 10<br>2nd Phase |
|          | Creative Work Siddha Yoga          |               |   |                        |  | Ganesha: White<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Light Blue                    | Sunrise: 6:55AM<br>Sunset: 5:12PM  |
|          | Then Routine Work - Marana Yoga    |               |   |                        |  | Magha*Masi   | Devaloka Day   |

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| <b>3</b> | <b>Friday, February 17, 2023</b>                |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                        |   |   | Spokane, WA  |
|          | Dhanus Rasi: 26.06                              | Tithi 27 – 28 | 983686577   | Gulika<br>Yama<br>Rahu | 8:11AM – 9:28AM<br>2:39PM – 3:56PM<br>10:46AM – 12:04PM | Purvashadha* Until 6:53AM<br>Siddhi Until 10:08AM<br>Gara Until 8:19PM<br>Dvadashi* Until 10:02AM | Sun 11<br>Sutra 306<br>Subhakrit 5124<br>Moon 2 - Phase 42 - 11<br>2nd Phase |
|          | Routine Work Prabalarishta Yoga                 |               |   |                        |   | Ganesha: White<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Light Blue                         | Sunrise: 6:53AM<br>Sunset: 5:14PM  |
|          | Until 6:53AM<br>Then Routine Work - Marana Yoga |               |   |                        |   | Magha*Masi  | Devaloka Day<br><i>Pradosha Vrata (Fasting)</i>                              |

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| <b>4</b> | <b>Saturday, February 18, 2023</b>                  |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau |                        |  |   | Spokane, WA  |
|          | Makara Rasi: 11.1                                   | Tithi 28 – 29 | 993686577  | Gulika<br>Yama<br>Rahu | 6:52AM – 8:10AM<br>1:21PM – 2:39PM<br>9:28AM – 10:45AM | Shravana Until 1:11AM Sun<br>Vyatipata* Until 6:01AM<br>Sakuni Until 2:47AM Sun<br>Trayodashi* Until 6:29AM | Sun 12<br>Sutra 307<br>Subhakrit 5124<br>Moon 2 - Phase 42 - 12<br>2nd Phase |
|          | Creative Work Siddha Yoga                           |               |  |                        |  | Ganesha: Green<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Purple                                       | Sunrise: 6:52AM<br>Sunset: 5:15PM  |
|          | Until 1:11AM Sun<br>Then Routine Work - Marana Yoga |               |  |                        |  | Magha*Masi  | Devaloka Day   |

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|  | <b>Sunday, February 19, 2023</b>                  |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                    |          |           | Spokane, WA            |   |   |   |
|  | <b>Retreat Star</b>                               |  |   | Makara Rasi: 26.22 | Tithi 30 | 993686577 | Gulika<br>Yama<br>Rahu | 2:40PM – 3:58PM<br>12:03PM – 1:22PM<br>3:58PM – 5:17PM                | Dhanishtha Until 10:16PM<br>Parigha* Until 9:31PM<br>Catuspada Until 12:57PM<br>Amavasya* Until 11:07PM | Sun 13<br>Sutra 308<br>Subhakrit 5124<br>Moon 2 - Phase 42 - 13<br>Amavasya |
|  | Routine Work Marana Yoga                          |  |   |                    |          |           |                        | Ganesha: Green<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Purple | Sunrise: 6:50AM<br>Sunset: 5:17PM   | Devaloka Day  |
|  | Until 10:16PM<br>Then Creative Work - Siddha Yoga |  |   |                    |          |           |                        | Magha*Masi  |   |   |

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| <b>Monday, February 20, 2023</b> | <b>Retreat Star</b>                             |         | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |   |   | Spokane, WA   |                                   |              |
|                                  | Kumbha Rasi: 11.32                              | Tithi 1 | 993686577   | Gulika<br>Yama<br>Rahu | 1:22PM – 2:41PM<br>10:45AM – 12:03PM<br>8:07AM – 9:26AM | Shatabhishak Until 7:23PM<br>Shiva Until 5:27PM<br>Kintughna Until 9:21AM<br>Prathama* Until 7:38PM | Sun 14<br>Sutra 309<br>Subhakrit 5124<br>Moon 2 - Phase 42 - 14<br>Prathama |                                   |              |
|                                  | Creative Work Siddha Yoga                       |         |   |                        |   |   | Ganesha: Green<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Purple       | Sunrise: 6:48AM<br>Sunset: 5:18PM | Devaloka Day |
|                                  | Until 7:23PM<br>Then Routine Work - Marana Yoga |         |   |                        |   |   | Phalgun*Masi  |                                   |              |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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| <b>1</b>                         | <b>Tuesday, February 21, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaprosarthapada/Uttaraprosarthapada Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Dvilya/Tritiyayam Titau |   |                         |                        | Spokane, WA                         |
|                                  | Kumbha Rasi: 26.29                | Tithi 2 – 3 | <b>Gulika</b> 12:03PM – 1:22PM   | <b>Purvaprosarthapada* Until 5:10PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:46AM | Sun 15 Sutra 310                    |
|                                  |                                   |             | Yama 9:25AM – 10:44AM  | Siddha Until 1:38PM                     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  | Subhakrit 5124                      |
|                                  |                                   | 913686577   | <b>Rahu</b> 2:42PM – 4:01PM  | Balava Until 6:02AM                     | <b>Nataraja:</b> Orange |                        | Moon 2 - Phase 43 - 15<br>3rd Phase |
| Routine Work Marana Yoga         |                                   |             | <b>Dvitiya Until 4:31PM</b>  | Moon – Clear                            |                         | <b>Sivaloka Day</b>    |                                     |
| Until 5:10PM                     |                                   |             |  | Phalguna-Masi                           |                         |                        |                                     |
| Then Creative Work - Amrita Yoga |                                   |             |  |   |                         |                        |                                     |

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| <b>2</b>                        | <b>Wednesday, February 22, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |   |                         |                           | Spokane, WA                         |
|                                 | Meena Rasi: 11.05                   | Tithi 3 – 4 | <b>Gulika</b> 10:43AM – 12:03PM   | <b>Uttaraprosarthapada Until 3:21PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:45AM    | Sun 16 Sutra 311                    |
|                                 |                                     |             | Yama 8:04AM – 9:24AM  | Sadhya Until 10:16AM                    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:21PM     | Subhakrit 5124                      |
|                                 |                                     | 913786577   | <b>Rahu</b> 12:03PM – 1:23PM  | Vanija Until 12:57AM Thu                | <b>Nataraja:</b> Orange |                           | Moon 2 - Phase 43 - 16<br>3rd Phase |
| Creative Work Siddha Yoga       |                                     |             | <b>Tritiya Until 1:57PM</b>   | Moon – Clear                            |                         | <b>Subha Sivaloka Day</b> |                                     |
| Until 3:21PM                    |                                     |             |   | Phalguna-Masi                           |                         |                           |                                     |
| Then Routine Work - Marana Yoga |                                     |             |   |   |                         |                           |                                     |

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| <b>3</b>                         | <b>Thursday, February 23, 2023</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                            |                         |                           | Spokane, WA                         |
|                                  | Meena Rasi: 25.14                  | Tithi 4 – 5                             | <b>Gulika</b> 9:23AM – 10:43AM   | <b>Revati Until 2:05PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:43AM    | Sun 17 Sutra 312                    |
|                                  |                                    |   | Yama 6:43AM – 8:03AM   | Subha Until 7:27AM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:23PM     | Subhakrit 5124                      |
|                                  |                                    | 913786577                               | <b>Rahu</b> 1:23PM – 2:43PM  | Bava Until 11:28PM         | <b>Nataraja:</b> Orange |                           | Moon 2 - Phase 43 - 17<br>3rd Phase |
| Creative Work Siddha Yoga        |                                    |   | <b>Chaturthi* Until 12:05PM</b>  | Moon – Clear               |                         | <b>Subha Sivaloka Day</b> |                                     |
| Until 2:05PM                     |                                    |   |  | Phalguna-Masi              |                         |                           |                                     |
| Then Creative Work - Amrita Yoga |                                    | <b>Subramuniyaswami Siva Vision Day</b> |  |                            |                         |                           |                                     |

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| <b>4</b>                         | <b>Friday, February 24, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                             |                         |                        | Spokane, WA                         |
|                                  | Mesha Rasi: 8.55                 | Tithi 5 – 6 | <b>Gulika</b> 8:02AM – 9:22AM  | <b>Ashvini Until 1:55PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:41AM | Sun 18 Sutra 313                    |
|                                  |                                  |             | Yama 2:44PM – 4:04PM   | Brahma Until 3:44AM Sat     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:24PM  | Subhakrit 5124                      |
|                                  |                                  | 923786577   | <b>Rahu</b> 10:42AM – 12:03PM  | Kaulava Until 10:51PM       | <b>Nataraja:</b> Orange |                        | Moon 2 - Phase 43 - 18<br>3rd Phase |
| Creative Work Amrita Yoga        |                                  |             | <b>Panchami Until 11:02AM</b>  | Moon – White                |                         | <b>Sivaloka Day</b>    |                                     |
| Until 1:55PM                     |                                  |             |  | Phalguna-Masi               |                         |                        |                                     |
| Then Creative Work - Siddha Yoga |                                  |             |  |                             |                         |                        |                                     |

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| <b>5</b>                         | <b>Saturday, February 25, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                             |                         |                        | Spokane, WA                         |
|                                  | Mesha Rasi: 22.07                  | Tithi 6 – 7 | <b>Gulika</b> 6:39AM – 8:00AM   | <b>Bharani Until 2:27PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:39AM | Sun 19 Sutra 314                    |
|                                  |                                    |             | Yama 1:24PM – 2:44PM  | Indra Until 2:55AM Sun      | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:26PM  | Subhakrit 5124                      |
|                                  |                                    | 924786577   | <b>Rahu</b> 9:21AM – 10:42AM  | Gara Until 11:05PM          | <b>Nataraja:</b> Orange |                        | Moon 2 - Phase 43 - 19<br>3rd Phase |
| Creative Work Siddha Yoga        |                                    |             | <b>Shashthi* Until 10:50AM</b>  | Moon – White                |                         | <b>Devaloka Day</b>    |                                     |
| Until 2:27PM                     |                                    |             |   | Phalguna-Masi               |                         |                        |                                     |
| Then Creative Work - Amrita Yoga |                                    |             |   |                             |                         |                        |                                     |

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|---------------------------|----------------------------------|-------------|--|------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>☾</b>                  | <b>Sunday, February 26, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashatamyam Titau |                              |                         |                        | Spokane, WA                       |
|                           | <b>Retreat Star</b>              |             | <b>Gulika</b> 2:45PM – 4:06PM  | <b>Krittika Until 3:39PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:38AM | Sun 20 Sutra 315                  |
|                           | Virshabha Rasi: 4.53             | Tithi 7 – 8 | Yama 12:03PM – 1:24PM  | Vaidhriti* Until 2:41AM Mon  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:28PM  | Subhakrit 5124                    |
|                           |                                  | 924786577   | <b>Rahu</b> 4:06PM – 5:28PM  | Visti Until 12:09AM Mon      | <b>Nataraja:</b> Orange |                        | Moon 2 - Phase 43 - 20<br>Ashtami |
| Creative Work Siddha Yoga |                                  |             | <b>Saptami Until 11:30AM</b>   | Moon – White                 |                         | <b>Devaloka Day</b>    |                                   |
|                           |                                  |             |  | Phalguna-Masi                |                         |                        |                                   |
|                           |                                  |             |  |                              |                         |                        |                                   |

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| <b>☽</b>                  | <b>Monday, February 27, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |                         |                        | Spokane, WA                      |
|                           | <b>Retreat Star</b>              |             | <b>Gulika</b> 1:24PM – 2:46PM  | <b>Rohini Until 5:51PM</b>   | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:36AM | Sun 21 Sutra 316                 |
|                           | Virshabha Rasi: 17.17            | Tithi 8 – 9 | Yama 10:41AM – 12:02PM   | Vishkambha* Until 2:57AM Tue | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:29PM  | Subhakrit 5124                   |
|                           | <b>Family Home Evening</b>       | 934786577   | <b>Rahu</b> 7:57AM – 9:19AM  | Balava Until 1:52AM Tue      | <b>Nataraja:</b> Orange |                        | Moon 2 - Phase 43 - 21<br>Navami |
| Creative Work Amrita Yoga |                                  |             | <b>Ashtami* Until 12:55PM</b>  | Moon – Yellow                |                         | <b>Sivaloka Day</b>    |                                  |
|                           |                                  |             |  | Phalguna-Masi                |                         |                        |                                  |
|                           |                                  |             |  |                              |                         |                        |                                  |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| <b>1</b> | <b>Tuesday, February 28, 2023</b>  |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  |   |                                     | Spokane, WA<br>Sun 22<br>Sutra 317<br>Subhakrit 5124 |
|          | 934786577  | <b>Gulika</b> 12:02PM – 1:24PM<br><b>Yama</b> 9:18AM – 10:40AM<br><b>Rahu</b> 2:46PM – 4:08PM | <b>Mrigashira</b> Until 8:24PM<br>Priti Until 3:34AM Wed<br>Taitila Until 4:04AM Wed<br><b>Navami*</b> Until 2:54PM  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br>Phalguna-Masi | <b>Sunrise:</b> 6:34AM<br><b>Sunset:</b> 5:31PM | Moon 2 - Phase 44 - 22<br>4th Phase |  |
|          | Creative Work Siddha Yoga<br>Until 8:24PM<br>Then Routine Work - Marana Yoga |   | <b>Sivaloka Day</b>  |  |   |                                     |  |


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| <b>2</b> | <b>Wednesday, March 1, 2023</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  |   |                                     | Spokane, WA<br>Sun 23<br>Sutra 318<br>Subhakrit 5124 |
|          | 934786577                       | <b>Gulika</b> 10:39AM – 12:02PM<br><b>Yama</b> 7:53AM – 9:16AM<br><b>Rahu</b> 12:02PM – 1:25PM | <b>Ardra</b> Until 11:06PM<br>Ayushman Until 4:22AM Thu<br>Vanija Until 6:31AM Thu<br><b>Dashami</b> Until 5:15PM  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br>Phalguna-Masi | <b>Sunrise:</b> 6:30AM<br><b>Sunset:</b> 5:34PM | Moon 2 - Phase 44 - 23<br>4th Phase |  |
|          | Creative Work Siddha Yoga       |  | <b>Sivaloka Day</b>  |  |   |                                     |  |


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| <b>3</b> | <b>Thursday, March 2, 2023</b>   |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau |   |   |                                     | Spokane, WA<br>Sun 24<br>Sutra 319<br>Subhakrit 5124 |
|          | 944786577  | <b>Gulika</b> 9:15AM – 10:38AM<br><b>Yama</b> 6:28AM – 7:52AM<br><b>Rahu</b> 1:25PM – 2:48PM | <b>Punarvasu</b> Until 2:14AM Fri<br>Saubhagya Until 5:14AM Fri<br>Vanija Until 6:31AM<br><b>Ekadashi</b> Until 7:45PM   | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Phalguna-Masi | <b>Sunrise:</b> 6:28AM<br><b>Sunset:</b> 5:35PM | Moon 2 - Phase 44 - 24<br>4th Phase |  |
|          | Creative Work Amrita Yoga<br>Until 2:14AM Fri<br>Then Routine Work - Marana Yoga |  | <b>Devaloka Day</b>  |   |   |                                     |  |

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| <b>4</b> | <b>Friday, March 3, 2023</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau |   |   |                                     | Spokane, WA<br>Sun 25<br>Sutra 320<br>Subhakrit 5124 |
|          | 944786577                    | <b>Gulika</b> 7:50AM – 9:14AM<br><b>Yama</b> 2:49PM – 4:13PM<br><b>Rahu</b> 10:38AM – 12:01PM | <b>Pushya</b> Until 5:10AM Sat<br>Sobhana Until 6:05AM Sat<br>Bava Until 9:02AM<br><b>Dvadashi</b> Until 10:15PM   | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Phalguna-Masi | <b>Sunrise:</b> 6:26AM<br><b>Sunset:</b> 5:37PM | Moon 2 - Phase 44 - 25<br>4th Phase |  |
|          | Routine Work Marana Yoga     |   | <b>Devaloka Day</b>  |   |   |                                     |  |

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|----------|--------------------------------|--|--|---|---|-------------------------------------|--|
| <b>5</b> | <b>Saturday, March 4, 2023</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau |   |   |                                     | Spokane, WA<br>Sun 26<br>Sutra 321<br>Subhakrit 5124 |
|          | 944786577                      | <b>Gulika</b> 6:24AM – 7:49AM<br><b>Yama</b> 1:25PM – 2:50PM<br><b>Rahu</b> 9:13AM – 10:37AM | <b>Ashlesha*</b> Until 7:47AM Sun<br>Sobhana Until 6:05AM<br>Kaulava Until 11:28AM<br><b>Trayodashi</b> Until 12:37AM Sun<br><i>Pradosha Vrata</i>                                       | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Phalguna-Masi | <b>Sunrise:</b> 6:24AM<br><b>Sunset:</b> 5:38PM | Moon 2 - Phase 44 - 26<br>4th Phase |  |
|          | Routine Work Marana Yoga       |  | <b>Devaloka Day</b>  |   |   |                                     |  |

|          |  |  |  |  |   |                                     |  |
|----------|--|--|--|--|---|-------------------------------------|--|
| <b>6</b> | <b>Sunday, March 5, 2023</b>   |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau |  |   |                                     | Spokane, WA<br>Sun 27<br>Sutra 322<br>Subhakrit 5124 |
|          | 144786577  | <b>Gulika</b> 2:50PM – 4:15PM<br><b>Yama</b> 12:01PM – 1:26PM<br><b>Rahu</b> 4:15PM – 5:39PM | <b>Ashlesha*</b> Until 7:47AM<br>Athiganda* Until 6:47AM<br>Gara Until 1:44PM<br><b>Chaturdashi*</b> Until 2:45AM Mon  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Blue<br>Phalguna-Masi | <b>Sunrise:</b> 6:22AM<br><b>Sunset:</b> 5:39PM | Moon 2 - Phase 44 - 27<br>4th Phase |  |
|          | Creative Work Siddha Yoga<br>Until 7:47AM<br>Then Routine Work - Marana Yoga |  | <b>Devaloka Day</b>  |  |   |                                     |  |

|   |   |  |  |   |  |   |  |
|---|---|--|--|---|--|---|--|
|  | <b>Monday, March 6, 2023</b>  |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau |   |  |   | Spokane, WA<br>Sun 27<br>Sutra 322<br>Subhakrit 5124 |
|   | <b>Copper Retreat Star</b>  |  | <b>Gulika</b> 1:26PM – 2:51PM<br><b>Yama</b> 10:36AM – 12:01PM<br><b>Rahu</b> 7:46AM – 9:11AM  | <b>Magha*</b> Until 10:31AM<br>Sukarma Until 7:19AM<br>Visti Until 3:45PM<br><b>Purnima*</b> Until 4:38AM Tue | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Red<br>Phalguna-Masi | <b>Sunrise:</b> 6:21AM<br><b>Sunset:</b> 5:41PM | Moon 2 - Phase 44 -<br>Purnima                       |
|   | <b>Family Home Evening</b><br>Routine Work Marana Yoga<br>Until 10:31AM<br>Then Creative Work - Siddha Yoga |  | <b>Sivaloka Day</b>  |   |  |   |  |

|   |  |  |  |   |  |   |  |
|---|--|--|--|---|--|---|--|
|  | <b>Tuesday, March 7, 2023</b>  |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Prathamayam Titau |   |  |   | Spokane, WA<br>Sun 27<br>Sutra 322<br>Subhakrit 5124 |
|   | <b>Silver Retreat Star</b>   |  | <b>Gulika</b> 12:01PM – 1:26PM<br><b>Yama</b> 9:10AM – 10:35AM<br><b>Rahu</b> 2:51PM – 4:17PM  | <b>Purvaphalguni</b> Until 12:48PM<br>Dhriti Until 7:40AM<br>Balava Until 5:28PM<br><b>Prathama*</b> Until 6:11AM Wed | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon – Red<br>Phalguna-Masi | <b>Sunrise:</b> 6:19AM<br><b>Sunset:</b> 5:42PM | Moon 2 - Phase 44 -<br>Prathama                      |
|   | Creative Work Siddha Yoga<br>Until 12:48PM<br>Then Creative Work - Amrita Yoga |  | <b>Sivaloka Day</b>  |   |  |   |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Spokane, WA

Sutra 325

Subhakarit 5124

Kanya Rasi: 5.28 Tithi 16 – 17

154786577

**Gulika** 10:34AM – 12:00PM  
Yama 7:43AM – 9:08AM  
**Rahu** 12:00PM – 1:26PM

**Uttaraphalguni** Until 2:37PM  
Shula\* Until 7:44AM  
Taitila Until 6:52PM  
**Prathama\*** Until 6:11AM

**Ganesha:** Clear *Sunrise: 6:17AM*  
**Muruqa:** Purple *Sunset: 5:44PM*  
**Nataraja:** Orange  
Moon – Red  
**Phalguna-Masi**

Moon 3 - Phase 45 -  
1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 2:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Spokane, WA

Sun 1 Sutra 326

Subhakarit 5124

Kanya Rasi: 17.53 Tithi 17 – 18

164786577

**Gulika** 9:07AM – 10:34AM  
Yama 6:15AM – 7:41AM  
**Rahu** 1:26PM – 2:53PM

**Hasta** Until 4:25PM  
Ganda\* Until 7:34AM  
Vanija Until 7:53PM  
**Dvitiya** Until 7:24AM

**Ganesha:** White *Sunrise: 6:15AM*  
**Muruqa:** Purple *Sunset: 5:45PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 1  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 4:25PM

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Spokane, WA

Sun 2 Sutra 327

Subhakarit 5124

Tula Rasi: 0.28 Tithi 18 – 19

165786577

**Gulika** 7:39AM – 9:06AM  
Yama 2:53PM – 4:20PM  
**Rahu** 10:33AM – 12:00PM

**Chitra** Until 5:40PM  
Vridhhi Until 7:07AM  
Bava Until 8:30PM  
**Tritiya** Until 8:13AM

**Ganesha:** Yellow *Sunrise: 6:13AM*  
**Muruqa:** Purple *Sunset: 5:47PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 2  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Nyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Spokane, WA

Sun 3 Sutra 328

Subhakarit 5124

Tula Rasi: 13.15 Tithi 19 – 20

165786577

**Gulika** 6:11AM – 7:38AM  
Yama 1:27PM – 2:54PM  
**Rahu** 9:05AM – 10:32AM

**Svati** Until 6:21PM  
Dhruva Until 6:19AM  
Kaulava Until 8:41PM  
**Chaturthi\*** Until 8:38AM

**Ganesha:** Yellow *Sunrise: 6:11AM*  
**Muruqa:** Purple *Sunset: 5:48PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 3  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Sunday, March 12, 2023

4

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA

Sun 4 Sutra 329

Subhakarit 5124

Tula Rasi: 26.15 Tithi 20 – 21

175786577

**Gulika** 2:54PM – 4:22PM  
Yama 11:59AM – 1:27PM  
**Rahu** 4:22PM – 5:50PM

**Vishakha** Until 6:52PM  
Harshana Until 3:40AM Mon  
Gara Until 8:23PM  
**Panchami** Until 8:34AM

**Ganesha:** Blue *Sunrise: 6:09AM*  
**Muruqa:** Purple *Sunset: 5:50PM*  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 4  
1st Phase

**Subha Sivaloka Day**

Routine Work Marana Yoga

Monday, March 13, 2023

5

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 5 Sutra 330

Subhakarit 5124

Vrischika Rasi: 9.3 Tithi 21 – 22

175786577

**Gulika** 1:27PM – 2:55PM  
Yama 10:31AM – 11:59AM  
**Rahu** 7:35AM – 9:03AM

**Anuradha** Until 6:44PM  
Vajra\* Until 1:43AM Tue  
Visti Until 7:33PM  
**Shashthi\*** Until 8:01AM

**Ganesha:** Blue *Sunrise: 6:07AM*  
**Muruqa:** Purple *Sunset: 5:51PM*  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 5  
1st Phase

**Subha Sivaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

Tuesday, March 14, 2023

D

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Sun 6 Sutra 331

Subhakarit 5124

Vrischika Rasi: 23.03 Tithi 22 – 23

175786577

**Gulika** 11:59AM – 1:27PM  
Yama 9:02AM – 10:30AM  
**Rahu** 2:56PM – 4:24PM

**Jyeshtha\*** Until 5:56PM  
Siddhi Until 11:22PM  
Balava Until 6:12PM  
**Saptami** Until 6:56AM

**Ganesha:** Blue *Sunrise: 6:05AM*  
**Muruqa:** Purple *Sunset: 5:53PM*  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 6  
Ashtami

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 5:56PM

Then Creative Work - Amrita Yoga

**Karadaiyan Nombu (Tamil Nadu)**

Wednesday, March 15, 2023

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

Spokane, WA

Sun 7 Sutra 332

Subhakarit 5124

Dhanus Rasi: 6.55 Tithi 24

185786578

**Gulika** 10:30AM – 11:58AM  
Yama 7:32AM – 9:01AM  
**Rahu** 11:58AM – 1:27PM

**Mula\*** Until 4:55PM  
Vyatipata\* Until 8:37PM  
Taitila Until 4:20PM  
**Navami\*** Until 3:12AM Thu

**Ganesha:** Red *Sunrise: 6:03AM*  
**Muruqa:** Purple *Sunset: 5:54PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 7  
Navami

**Sivaloka Day**

Routine Work Marana Yoga

Until 4:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|                                 |             |                                       |                                  |   |                        |                                |  |
|---------------------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|--------------------------------|--|
| <b>1</b>                        |             | <b>Thursday, March 16, 2023</b>       |                                  | Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 8 Sutra 333 |  |
| Dhanus Rasi: 21.05              | Tithi 25    | <b>Gulika</b> 8:59AM – 10:29AM        | <b>Purvashadha* Until 3:17PM</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:01AM | Subhakra 5124                  |  |
|                                 |             | Yama 6:01AM – 7:30AM                  | Variyan Until 5:28PM             | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:55PM  | Moon 3 - Phase 46 - 8          |  |
|                                 |             | 185786578 <b>Rahu</b> 1:27PM – 2:57PM | Vanija Until 2:00PM              | <b>Nataraja:</b> Clear  |                        | 2nd Phase                      |  |
| Creative Work                   | Siddha Yoga |                                       | <b>Dashami Until 12:39AM Fri</b> | Moon – Light Blue   |                        | <b>Sivaloka Day</b>            |  |
| Until 3:17PM                    |             |                                       |                                  | Phalgun-Panguni   |                        |                                |  |
| Then Routine Work - Marana Yoga |             |                                       |                                  |   |                        |                                |  |

|                   |             |   |                                  |   |                        |                                |  |
|-------------------|-------------|---|----------------------------------|---|------------------------|--------------------------------|--|
| <b>2</b>          |             | <b>Friday, March 17, 2023</b>           |                                  | Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 9 Sutra 334 |  |
| Makara Rasi: 5.33 | Tithi 26    | <b>Gulika</b> 7:29AM – 8:58AM           | <b>Uttarashadha Until 1:08PM</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 5:59AM | Subhakra 5124                  |  |
|                   |             | Yama 2:57PM – 4:27PM                    | Parigha* Until 2:02PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:57PM  | Moon 3 - Phase 46 - 9          |  |
|                   |             | 185786578 <b>Rahu</b> 10:28AM – 11:58AM | Bava Until 11:16AM               | <b>Nataraja:</b> Clear  |                        | 2nd Phase                      |  |
| Routine Work      | Marana Yoga |   | <b>Ekadashi* Until 9:46PM</b>    | Moon – Light Blue   |                        | <b>Sivaloka Day</b>            |  |
|                   |             |   |                                  | Phalgun-Panguni   |                        |                                |  |

|                    |             |  |                               |   |                        |                                 |  |
|--------------------|-------------|--|-------------------------------|---|------------------------|---------------------------------|--|
| <b>3</b>           |             | <b>Saturday, March 18, 2023</b>        |                               | Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Spokane, WA<br>Sun 10 Sutra 335 |  |
| Makara Rasi: 20.15 | Tithi 27    | <b>Gulika</b> 5:57AM – 7:27AM          | <b>Shravana Until 10:59AM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:57AM | Subhakra 5124                   |  |
|                    |             | Yama 1:28PM – 2:58PM                   | Shiva Until 10:23AM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:58PM  | Moon 3 - Phase 46 - 10          |  |
|                    |             | 195786578 <b>Rahu</b> 8:57AM – 10:27AM | Kaulava Until 8:15AM          | <b>Nataraja:</b> Clear  |                        | 2nd Phase                       |  |
| Creative Work      | Siddha Yoga |  | <b>Dvadashi* Until 6:39PM</b> | Moon – Purple   |                        | <b>Subha Sivaloka Day</b>       |  |
|                    |             |  |                               | Phalgun-Panguni   |                        |                                 |  |

|                                  |               |                                       |                                 |  |                        |                                 |  |
|----------------------------------|---------------|---------------------------------------|---------------------------------|--|------------------------|---------------------------------|--|
| <b>4</b>                         |               | <b>Sunday, March 19, 2023</b>         |                                 | Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        | Spokane, WA<br>Sun 11 Sutra 336 |  |
| Kumbha Rasi: 5.04                | Tithi 28 – 29 | <b>Gulika</b> 2:59PM – 4:29PM         | <b>Dhanishtha Until 8:34AM</b>  | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:55AM | Subhakra 5124                   |  |
|                                  |               | Yama 11:57AM – 1:28PM                 | Siddha Until 6:35AM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:00PM  | Moon 3 - Phase 46 - 11          |  |
|                                  |               | 196896578 <b>Rahu</b> 4:29PM – 6:00PM | Visti Until 1:53AM Mon          | <b>Nataraja:</b> Clear   |                        | 2nd Phase                       |  |
| Routine Work                     | Marana Yoga   |                                       | <b>Trayodashi* Until 3:27PM</b> | Moon – Purple  |                        | <b>Sivaloka Day</b>             |  |
| Until 8:34AM                     |               |                                       |                                 | Phalgun-Panguni  |                        |                                 |  |
| Then Creative Work - Siddha Yoga |               |                                       | <i>Pradosha Vrata (Fasting)</i> |  |                        |                                 |  |

|                                 |               |                                       |                                   |   |                        |                                 |  |
|---------------------------------|---------------|---------------------------------------|-----------------------------------|---|------------------------|---------------------------------|--|
| <b>Retreat Star</b>             |               | <b>Monday, March 20, 2023</b>         |                                   | Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Purvaproshtpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Spokane, WA<br>Sun 12 Sutra 337 |  |
| Kumbha Rasi: 19.53              | Tithi 29 – 30 | <b>Gulika</b> 1:28PM – 2:59PM         | <b>Shatabhishak Until 6:01AM</b>  | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:53AM | Subhakra 5124                   |  |
| <b>Family Home Evening</b>      |               | Yama 10:26AM – 11:57AM                | Subha Until 11:11PM               | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  | Moon 3 - Phase 46 - 12          |  |
| Creative Work                   | Siddha Yoga   | 196896578 <b>Rahu</b> 7:24AM – 8:55AM | Catuspada Until 10:50PM           | <b>Nataraja:</b> Clear  |                        | Amavasya                        |  |
| Until 6:01AM                    |               |                                       | <b>Chaturdashi* Until 12:19PM</b> | Moon – Purple   |                        | <b>Sivaloka Day</b>             |  |
| Then Routine Work - Marana Yoga |               |                                       |                                   | Phalgun-Panguni   |                        |                                 |  |

|                                 |              |                                       |  |  |                        |                                 |  |
|---------------------------------|--------------|---------------------------------------|--|--|------------------------|---------------------------------|--|
| <b>Retreat Star</b>             |              | <b>Tuesday, March 21, 2023</b>        |  | Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Spokane, WA<br>Sun 13 Sutra 338 |  |
| Meena Rasi: 4.35                | Tithi 30 – 1 | <b>Gulika</b> 11:57AM – 1:28PM        | <b>Uttaraproshtpada Until 2:01AM Wed</b> | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 5:51AM | Subhakra 5124                   |  |
|                                 |              | Yama 8:54AM – 10:25AM                 | Sukla Until 7:45PM                       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:03PM  | Moon 3 - Phase 46 - 13          |  |
|                                 |              | 116896578 <b>Rahu</b> 3:00PM – 4:31PM | Kintughna Until 8:06PM                   | <b>Nataraja:</b> Clear   |                        | Prathama                        |  |
| Creative Work                   | Amrita Yoga  |                                       | <b>Amavasya* Until 9:24AM</b>            | Moon – Clear   |                        | <b>Devaloka Day</b>             |  |
| Until 2:01AM Wed                |              | <b>Yugadhi</b>                        |  | Chaitra-Panguni  |                        |                                 |  |
| Then Routine Work - Marana Yoga |              |                                       |  |  |                        |                                 |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|                                  |             |  |                                 |   |                        |                        |   |
|----------------------------------|-------------|--|---------------------------------|---|------------------------|------------------------|---|
| <b>1</b>                         |             | <b>Wednesday, March 22, 2023</b>       |                                 | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau |                        |                        | Spokane, WA<br>Sun 14<br>Sutra 339<br>Subhakit 5124 |
| Meena Rasi: 19.01                | Tithi 1 - 2 | <b>Gulika</b> 10:24AM - 11:56AM        | <b>Revati Until 12:28AM Thu</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:49AM |                        |   |
|                                  |             | Yama 7:21AM - 8:53AM                   | Brahma Until 4:43PM             | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:04PM  | Moon 3 - Phase 47 - 14 |   |
|                                  |             | 116896578 <b>Rahu</b> 11:56AM - 1:28PM | Kaulava Until 4:51AM Thu        | <b>Nataraja:</b> Clear  |                        | 3rd Phase              |   |
| Routine Work                     | Marana Yoga |  | <b>Prathama* Until 6:52AM</b>   | Moon - Clear  |                        | <b>Devaloka Day</b>    |   |
| Until 12:28AM Thu                |             |  |                                 | Chaitra-Panguni   |                        |                        |   |
| Then Creative Work - Amrita Yoga |             |  |                                 |   |                        |                        |   |

|                                  |             |                                       |                                 |  |                        |                        |   |
|----------------------------------|-------------|---------------------------------------|---------------------------------|--|------------------------|------------------------|---|
| <b>2</b>                         |             | <b>Thursday, March 23, 2023</b>       |                                 | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau |                        |                        | Spokane, WA<br>Sun 15<br>Sutra 340<br>Subhakit 5124 |
| Mesha Rasi: 3.07                 | Tithi 3     | <b>Gulika</b> 8:51AM - 10:24AM        | <b>Ashvini Until 11:50PM</b>    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:47AM |                        |   |
|                                  |             | Yama 5:47AM - 7:19AM                  | Indra Until 2:11PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 47 - 15 |   |
|                                  |             | 126896578 <b>Rahu</b> 1:28PM - 3:01PM | Taitila Until 4:06PM            | <b>Nataraja:</b> Clear   |                        | 3rd Phase              |   |
| Creative Work                    | Amrita Yoga |                                       | <b>Tritiya Until 3:30AM Fri</b> | Moon - White   |                        | <b>Devaloka Day</b>    |   |
| Until 11:50PM                    |             | <b>Chellappaswami Mahasamadhi</b>     |                                 | Chaitra-Panguni  |                        |                        |   |
| Then Creative Work - Siddha Yoga |             |                                       |                                 |  |                        |                        |   |

|                   |             |   |                                    |  |                        |                        |   |
|-------------------|-------------|---|------------------------------------|--|------------------------|------------------------|---|
| <b>3</b>          |             | <b>Friday, March 24, 2023</b>           |                                    | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chatrthyam Titau |                        |                        | Spokane, WA<br>Sun 16<br>Sutra 341<br>Subhakit 5124 |
| Mesha Rasi: 16.47 | Tithi 4     | <b>Gulika</b> 7:17AM - 8:50AM           | <b>Bharani Until 11:48PM</b>       | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:45AM |                        |   |
|                   |             | Yama 3:01PM - 4:34PM                    | Vaidhriti* Until 12:10PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:07PM  | Moon 3 - Phase 47 - 16 |   |
|                   |             | 126896578 <b>Rahu</b> 10:23AM - 11:56AM | Vanija Until 3:07PM                | <b>Nataraja:</b> Clear   |                        | 3rd Phase              |   |
| Creative Work     | Siddha Yoga |   | <b>Chaturthi* Until 2:54AM Sat</b> | Moon - White   |                        | <b>Devaloka Day</b>    |   |
|                   |             |   |                                    | Chaitra-Panguni  |                        |                        |   |

|                                  |             |  |                                   |  |                        |                        |   |
|----------------------------------|-------------|--|-----------------------------------|--|------------------------|------------------------|---|
| <b>4</b>                         |             | <b>Saturday, March 25, 2023</b>        |                                   | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau |                        |                        | Spokane, WA<br>Sun 17<br>Sutra 342<br>Subhakit 5124 |
| Vrishabha Rasi: 0.02             | Tithi 5     | <b>Gulika</b> 5:43AM - 7:16AM          | <b>Krittika Until 12:22AM Sun</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:43AM |                        |   |
|                                  |             | Yama 1:29PM - 3:02PM                   | Vishkambha* Until 10:48AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:08PM  | Moon 3 - Phase 47 - 17 |   |
|                                  |             | 126896578 <b>Rahu</b> 8:49AM - 10:22AM | Bava Until 2:55PM                 | <b>Nataraja:</b> Clear   |                        | 3rd Phase              |   |
| Creative Work                    | Amrita Yoga |  | <b>Panchami Until 3:05AM Sun</b>  | Moon - White   |                        | <b>Devaloka Day</b>    |   |
| Until 12:22AM Sun                |             |  |                                   | Chaitra-Panguni  |                        |                        |   |
| Then Creative Work - Siddha Yoga |             |  |                                   |  |                        |                        |   |

|                                  |             |                                       |                                   |   |                        |                        |   |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|------------------------|---|
| <b>5</b>                         |             | <b>Sunday, March 26, 2023</b>         |                                   | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |                        | Spokane, WA<br>Sun 18<br>Sutra 343<br>Subhakit 5124 |
| Vrishabha Rasi: 12.53            | Tithi 6     | <b>Gulika</b> 3:02PM - 4:36PM         | <b>Rohini Until 1:59AM Mon</b>    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:41AM |                        |   |
|                                  |             | Yama 11:55AM - 1:29PM                 | Priti Until 10:03AM               | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:10PM  | Moon 3 - Phase 47 - 18 |   |
|                                  |             | 137896578 <b>Rahu</b> 4:36PM - 6:10PM | Kaulava Until 3:30PM              | <b>Nataraja:</b> Clear  |                        | 3rd Phase              |   |
| Creative Work                    | Siddha Yoga |                                       | <b>Shashthi* Until 4:02AM Mon</b> | Moon - Yellow   |                        | <b>Devaloka Day</b>    |   |
| Until 1:59AM Mon                 |             |                                       |                                   | Chaitra-Panguni   |                        |                        |   |
| Then Creative Work - Amrita Yoga |             |                                       |                                   |   |                        |                        |   |

|                                 |             |                                       |                                    |   |                        |                        |   |
|---------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|------------------------|---|
| <b>6</b>                        |             | <b>Monday, March 27, 2023</b>         |                                    | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau |                        |                        | Spokane, WA<br>Sun 19<br>Sutra 344<br>Subhakit 5124 |
| Vrishabha Rasi: 25.23           | Tithi 7     | <b>Gulika</b> 1:29PM - 3:03PM         | <b>Mrigashira Until 4:05AM Tue</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:39AM |                        |   |
| <b>Family Home Evening</b>      |             | Yama 10:21AM - 11:55AM                | Ayushman Until 9:50AM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:11PM  | Moon 3 - Phase 47 - 19 |   |
|                                 |             | 137896578 <b>Rahu</b> 7:13AM - 8:47AM | Gara Until 4:47PM                  | <b>Nataraja:</b> Clear  |                        | 3rd Phase              |   |
| Creative Work                   | Amrita Yoga |                                       | <b>Saptami Until 5:38AM Tue</b>    | Moon - Yellow   |                        | <b>Devaloka Day</b>    |   |
| Until 4:05AM Tue                |             |                                       |                                    | Chaitra-Panguni   |                        |                        |   |
| Then Routine Work - Marana Yoga |             |                                       |                                    |   |                        |                        |   |

|                                  |             |                                       |                                  |   |                        |                        |   |
|----------------------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|------------------------|---|
| <b>Retreat Star</b>              |             | <b>Tuesday, March 28, 2023</b>        |                                  | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Saubhagya/Sobhana Yoga Visti* Karana Ashtamyam Titau |                        |                        | Spokane, WA<br>Sun 20<br>Sutra 345<br>Subhakit 5124 |
| Mithuna Rasi: 7.37               | Tithi 8     | <b>Gulika</b> 11:55AM - 1:29PM        | <b>Ardra Until 6:30AM Wed</b>    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:37AM |                        |   |
|                                  |             | Yama 8:46AM - 10:20AM                 | Saubhagya Until 10:07AM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:12PM  | Moon 3 - Phase 47 - 20 |   |
|                                  |             | 137896578 <b>Rahu</b> 3:04PM - 4:38PM | Visti Until 6:39PM               | <b>Nataraja:</b> Clear  |                        | Ashtami                |   |
| Routine Work                     | Marana Yoga |                                       | <b>Ashtami* Until 7:42AM Wed</b> | Moon - Yellow   |                        | <b>Devaloka Day</b>    |   |
| Until 6:30AM Wed                 |             |                                       |                                  | Chaitra-Panguni   |                        |                        |   |
| Then Creative Work - Siddha Yoga |             |                                       |                                  |   |                        |                        |   |

|                     |             |  |                              |  |                        |                        |   |
|---------------------|-------------|--|------------------------------|--|------------------------|------------------------|---|
| <b>Retreat Star</b> |             | <b>Wednesday, March 29, 2023</b>       |                              | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |                        | Spokane, WA<br>Sun 21<br>Sutra 346<br>Subhakit 5124 |
| Mithuna Rasi: 19.4  | Tithi 8 - 9 | <b>Gulika</b> 10:19AM - 11:54AM        | <b>Ardra Until 6:30AM</b>    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:35AM |                        |   |
|                     |             | Yama 7:10AM - 8:44AM                   | Sobhana Until 10:45AM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:14PM  | Moon 3 - Phase 47 - 21 |   |
|                     |             | 137896578 <b>Rahu</b> 11:54AM - 1:29PM | Balava Until 8:53PM          | <b>Nataraja:</b> Clear   |                        | Navami                 |   |
| Creative Work       | Siddha Yoga |  | <b>Ashtami* Until 7:42AM</b> | Moon - Yellow  |                        | <b>Devaloka Day</b>    |   |
|                     |             | <b>Sri Rama Navami</b>                 |                              | Chaitra-Panguni  |                        |                        |   |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

all times are standard time. Calculated for Spokane, WA on 4/26/21

www.gurudeva.org/panchang

|                   |              |                                       |                               |   |                        |  |  |
|-------------------|--------------|---------------------------------------|-------------------------------|---|------------------------|--|--|
| <b>1</b>          |              | <b>Thursday, March 30, 2023</b>       |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |                        | Spokane, WA<br>Sun 22<br>Sutra 347<br>Subhakrit 5124 |  |
| Kataka Rasi: 1.35 | Tithi 9 – 10 | <b>Gulika</b> 8:43AM – 10:19AM        | <b>Punarvasu</b> Until 9:30AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:33AM |  |  |
|                   |              | Yama 5:33AM – 7:08AM                  | Athiganda* Until 11:32AM      | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:15PM  | Moon 3 - Phase 48 - 22                               |  |
| Creative Work     | Amrita Yoga  | 147896578 <b>Rahu</b> 1:29PM – 3:05PM | Taitila Until 11:17PM         | <b>Nataraja:</b> Clear  |                        | 4th Phase  |  |
|                   |              |                                       | <b>Navami*</b> Until 10:03AM  | Moon – Blue   |                        | <b>Bhuloka Day</b>                                   |  |
|                   |              |                                       |                               | Chaitra•Panguni   |                        | Devaloka Time: 3:PM to 6:PM                          |  |

|                    |               |   |                              |  |                        |  |  |
|--------------------|---------------|---|------------------------------|--|------------------------|--|--|
| <b>2</b>           |               | <b>Friday, March 31, 2023</b>           |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 23<br>Sutra 348<br>Subhakrit 5124 |  |
| Kataka Rasi: 13.28 | Tithi 10 – 11 | <b>Gulika</b> 7:06AM – 8:42AM           | <b>Pushya</b> Until 12:26PM  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:31AM |  |  |
|                    |               | Yama 3:05PM – 4:41PM                    | Sukarma Until 12:23PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:17PM  | Moon 3 - Phase 48 - 23                               |  |
| Routine Work       | Marana Yoga   | 147896578 <b>Rahu</b> 10:18AM – 11:54AM | Vanija Until 1:41AM Sat      | <b>Nataraja:</b> Clear   |                        | 4th Phase  |  |
|                    |               |   | <b>Yogaswami Mahasamadhi</b> | Moon – Blue  |                        | <b>Bhuloka Day</b>                                   |  |
|                    |               |   | <b>Dashami</b> Until 12:29PM | Chaitra•Panguni  |                        | Devaloka Time: 3:PM to 6:PM                          |  |

|                                  |               |  |                               |  |                        |  |  |
|----------------------------------|---------------|--|-------------------------------|--|------------------------|--|--|
| <b>3</b>                         |               | <b>Saturday, April 1, 2023</b>         |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        | Spokane, WA<br>Sun 24<br>Sutra 349<br>Subhakrit 5124 |  |
| Kataka Rasi: 25.23               | Tithi 11 – 12 | <b>Gulika</b> 5:31AM – 7:06AM          | <b>Ashlesha*</b> Until 3:05PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:31AM |  |  |
|                                  |               | Yama 1:29PM – 3:05PM                   | Dhriti Until 1:11PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:17PM  | Moon 3 - Phase 48 - 24                               |  |
| Routine Work                     | Marana Yoga   | 147896578 <b>Rahu</b> 8:42AM – 10:18AM | Bava Until 3:54AM Sun         | <b>Nataraja:</b> Clear   |                        | 4th Phase  |  |
| Until 3:05PM                     |               |  | <b>Ekadashi</b> Until 2:48PM  | Moon – Blue  |                        | <b>Bhuloka Day</b>                                   |  |
| Then Creative Work - Amrita Yoga |               |  |                               | Chaitra•Panguni  |                        | Devaloka Time: 3:PM to 6:PM                          |  |

|                                  |               |                                       |                              |   |                        |  |  |
|----------------------------------|---------------|---------------------------------------|------------------------------|---|------------------------|--|--|
| <b>4</b>                         |               | <b>Sunday, April 2, 2023</b>          |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 25<br>Sutra 350<br>Subhakrit 5124 |  |
| Simha Rasi: 7.22                 | Tithi 12 – 13 | <b>Gulika</b> 3:06PM – 4:42PM         | <b>Magha*</b> Until 5:50PM   | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 5:29AM |  |  |
|                                  |               | Yama 11:53AM – 1:30PM                 | Shula* Until 1:46PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:18PM  | Moon 3 - Phase 48 - 25                               |  |
| Routine Work                     | Marana Yoga   | 158896578 <b>Rahu</b> 4:42PM – 6:18PM | Kaulava Until 5:48AM Mon     | <b>Nataraja:</b> Clear  |                        | 4th Phase  |  |
| Until 5:50PM                     |               |                                       | <b>Dvadashi</b> Until 4:52PM | Moon – Red  |                        | <b>Devaloka Day</b>                                  |  |
| Then Creative Work - Siddha Yoga |               |                                       |                              | Chaitra•Panguni   |                        |  |  |

*Pradosha Vrata*

|                            |             |                                       |                                   |  |                        |  |  |
|----------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|--|--|
| <b>5</b>                   |             | <b>Monday, April 3, 2023</b>          |                                   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Taitila Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 26<br>Sutra 351<br>Subhakrit 5124 |  |
| Simha Rasi: 19.29          | Tithi 13    | <b>Gulika</b> 1:30PM – 3:06PM         | <b>Purvaphalguni</b> Until 8:04PM | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:27AM |  |  |
| <b>Family Home Evening</b> |             | Yama 10:16AM – 11:53AM                | Ganda* Until 2:06PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:19PM  | Moon 3 - Phase 48 - 26                               |  |
| Creative Work              | Siddha Yoga | 158896578 <b>Rahu</b> 7:03AM – 8:40AM | Taitila Until 6:34PM              | <b>Nataraja:</b> Clear   |                        | 4th Phase  |  |
|                            |             |                                       | <b>Trayodashi</b> Until 6:34PM    | Moon – Red   |                        | <b>Devaloka Day</b>                                  |  |
|                            |             |                                       |                                   | Chaitra•Panguni  |                        |  |  |

|                                  |             |                                       |                                    |   |                        |  |  |
|----------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|--|--|
| <b>6</b>                         |             | <b>Tuesday, April 4, 2023</b>         |                                    | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 27<br>Sutra 352<br>Subhakrit 5124 |  |
| Kanya Rasi: 1.46                 | Tithi 14    | <b>Gulika</b> 11:53AM – 1:30PM        | <b>Uttaraphalguni</b> Until 9:42PM | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 5:25AM |  |  |
|                                  |             | Yama 8:39AM – 10:16AM                 | Vridhhi Until 2:07PM               | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:21PM  | Moon 3 - Phase 48 - 27                               |  |
| Creative Work                    | Amrita Yoga | 158896578 <b>Rahu</b> 3:07PM – 4:44PM | Gara Until 7:17AM                  | <b>Nataraja:</b> Clear  |                        | 4th Phase  |  |
| Until 9:42PM                     |             |                                       | <b>Chaturdashi*</b> Until 7:50PM   | Moon – Red  |                        | <b>Devaloka Day</b>                                  |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                    | Chaitra•Panguni   |                        |  |  |

|                                  |             |  |                              |   |                        |  |  |
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| <b>○</b>                         |             | <b>Wednesday, April 5, 2023</b>        |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau |                        | Spokane, WA<br>Sutra 353<br>Subhakrit 5124 |  |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 10:15AM – 11:52AM        | <b>Hasta</b> Until 11:11PM   | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 5:23AM |  |  |
| Kanya Rasi: 14.14                | Tithi 15    | Yama 7:00AM – 8:38AM                   | Dhruva Until 1:44PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:22PM  | Moon 3 - Phase 48 -                        |  |
|                                  |             | 168896578 <b>Rahu</b> 11:52AM – 1:30PM | Visti Until 8:17AM           | <b>Nataraja:</b> Clear  |                        | Purnima                                    |  |
| Routine Work                     | Marana Yoga |  | <b>Purnima*</b> Until 8:36PM | Moon – Green  |                        | <b>Bhuloka Day</b>                         |  |
| Until 11:11PM                    |             | <b>Panguni Uttiram</b>                 |                              | Chaitra•Panguni   |                        | Devaloka Time: 3:PM to 6:PM                |  |
| Then Creative Work - Siddha Yoga |             | <b>Hanuman Jayanti</b>                 |                              |   |                        |  |  |

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|----------------------------|-------------|---------------------------------------|---------------------------------|---|------------------------|--|--|
| <b>○</b>                   |             | <b>Thursday, April 6, 2023</b>        |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Spokane, WA<br>Sutra 354<br>Subhakrit 5124 |  |
| <b>Silver Retreat Star</b> |             | <b>Gulika</b> 8:36AM – 10:14AM        | <b>Chitra</b> Until 12:03AM Fri | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 5:21AM |  |  |
| Kanya Rasi: 26.57          | Tithi 16    | Yama 5:21AM – 6:59AM                  | Vyaghata* Until 1:00PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:24PM  | Moon 3 - Phase 48 -                        |  |
|                            |             | 168896578 <b>Rahu</b> 1:30PM – 3:08PM | Balava Until 8:49AM             | <b>Nataraja:</b> Clear  |                        | Prathama                                   |  |
| Creative Work              | Siddha Yoga |                                       | <b>Prathama*</b> Until 8:52PM   | Moon – Green  |                        | <b>Bhuloka Day</b>                         |  |
|                            |             |                                       |                                 | Chaitra•Panguni   |                        | Devaloka Time: 3:PM to 6:PM                |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 9.53 Tithi 17  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 6:57AM – 8:35AM  
Yama 3:08PM – 4:47PM  
Rahu 10:14AM – 11:52AM  
Svati Until 12:18AM Sat  
Harshana Until 11:54AM  
Taitila Until 8:51AM  
Dvitiya Until 8:41PM

Spokane, WA  
Sun 1 Sutra 355  
Subhakrit 5124  
Sunrise: 5:19AM  
Sunset: 6:25PM  
Moon 4 - Phase 49 - 1  
1st Phase  
Ganesha: Blue  
Muruqa: Clear  
Nataraja: Clear  
Moon – Green  
Chaitra•Panguni  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Tula Rasi: 23.03 Tithi 18  
Creative Work Siddha Yoga  
Until 12:28AM Sun  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 5:17AM – 6:55AM  
Yama 1:30PM – 3:09PM  
Rahu 8:34AM – 10:13AM  
Vishakha Until 12:28AM Sun  
Vajra\* Until 10:26AM  
Vanija Until 8:27AM  
Tritiya Until 8:05PM

Spokane, WA  
Sun 2 Sutra 356  
Subhakrit 5124  
Sunrise: 5:17AM  
Sunset: 6:26PM  
Moon 4 - Phase 49 - 2  
1st Phase  
Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon – Orange  
Chaitra•Panguni  
Devaloka Day

**2**

**Sunday, April 9, 2023**

Vrischika Rasi: 6.25 Tithi 19  
Routine Work Marana Yoga  
Until 12:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau  
Gulika 3:10PM – 4:49PM  
Yama 11:51AM – 1:30PM  
Rahu 4:49PM – 6:28PM  
Anuradha Until 12:07AM Mon  
Siddhi Until 8:40AM  
Bava Until 7:40AM  
Chaturthi\* Until 7:06PM

Spokane, WA  
Sun 3 Sutra 357  
Subhakrit 5124  
Sunrise: 5:15AM  
Sunset: 6:28PM  
Moon 4 - Phase 49 - 3  
1st Phase  
Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon – Orange  
Chaitra•Panguni  
Devaloka Day

**3**

**Monday, April 10, 2023**

Vrischika Rasi: 20 Tithi 20 – 21  
Family Home Evening  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau  
Gulika 1:31PM – 3:10PM  
Yama 10:11AM – 11:51AM  
Rahu 6:52AM – 8:32AM  
Jyeshtha\* Until 11:17PM  
Vyatipata\* Until 6:38AM  
Kaulava Until 6:30AM  
Panchami Until 5:47PM

Spokane, WA  
Sun 4 Sutra 358  
Subhakrit 5124  
Sunrise: 5:13AM  
Sunset: 6:29PM  
Moon 4 - Phase 49 - 4  
1st Phase  
Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon – Orange  
Chaitra•Panguni  
Devaloka Day

**4**

**Tuesday, April 11, 2023**

Dhanus Rasi: 3.46 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 10:28PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 11:51AM – 1:31PM  
Yama 8:31AM – 10:11AM  
Rahu 3:11PM – 4:51PM  
Mula\* Until 10:28PM  
Parigha\* Until 1:47AM Wed  
Visti Until 3:16AM Wed  
Shashthi\* Until 4:10PM

Spokane, WA  
Sun 5 Sutra 359  
Subhakrit 5124  
Sunrise: 5:11AM  
Sunset: 6:31PM  
Moon 4 - Phase 49 - 5  
1st Phase  
Ganesha: Green  
Muruqa: Clear  
Nataraja: Clear  
Moon – Light Blue  
Chaitra•Panguni  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

**D**

**Wednesday, April 12, 2023**  
**Retreat Star**

Dhanus Rasi: 17.43 Tithi 22 – 23  
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 10:10AM – 11:50AM  
Yama 6:49AM – 8:30AM  
Rahu 11:50AM – 1:31PM  
Purvashadha\* Until 9:14PM  
Shiva Until 11:04PM  
Balava Until 1:15AM Thu  
Saptami Until 2:16PM

Spokane, WA  
Sun 6 Sutra 360  
Subhakrit 5124  
Sunrise: 5:09AM  
Sunset: 6:32PM  
Moon 4 - Phase 49 - 6  
Ashtami  
Ganesha: Green  
Muruqa: Clear  
Nataraja: Clear  
Moon – Light Blue  
Chaitra•Panguni  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

**Thursday, April 13, 2023**  
**Retreat Star**

Makara Rasi: 1.49 Tithi 23 – 24  
Routine Work Marana Yoga  
Until 7:39PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 8:29AM – 10:09AM  
Yama 5:07AM – 6:48AM  
Rahu 1:31PM – 3:12PM  
Uttarashadha Until 7:39PM  
Siddha Until 8:08PM  
Taitila Until 11:01PM  
Ashtami\* Until 12:09PM

Spokane, WA  
Sun 7 Sutra 361  
Subhakrit 5124  
Sunrise: 5:07AM  
Sunset: 6:33PM  
Moon 4 - Phase 49 - 7  
Navami  
Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon – Light Blue  
Chaitra•Panguni  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM


|                                  |               |   |                              |   |                        |  |                       |                                   |
|----------------------------------|---------------|---|------------------------------|---|------------------------|--|-----------------------|-----------------------------------|
| <b>1</b>                         |               | <b>Friday, April 14, 2023</b>           |                              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Spokane, WA<br>Sun 8 Sutra 362<br>Sobhana 5125 |                       |                                   |
| Makara Rasi: 16.04               | Tithi 24 – 25 | <b>Gulika</b> 6:46AM – 8:28AM           | <b>Shravana Until 6:10PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:05AM | <b>Muruqa:</b> Clear                           | <i>Sunset:</i> 6:35PM | Moon 4 - Phase 1 - 8<br>2nd Phase |
| Routine Work                     | Marana Yoga   | Yama 3:12PM – 4:54PM                    | Sadhya Until 5:05PM          | <b>Nataraja:</b> Clear  |                        |  |                       |                                   |
| Until 6:10PM                     |               | 299996578 <b>Rahu</b> 10:09AM – 11:50AM | Vanija Until 8:38PM          | Moon – Purple   |                        | <b>Bhuloka Day</b>                             |                       |                                   |
| Then Creative Work - Siddha Yoga |               |   | <b>Navami* Until 9:49AM</b>  | Chaitra+Chaitra   |                        | Devaloka Time: 3:PM to 6:PM                    |                       |                                   |
|                                  |               | <b>Chidambaram Abhishekam</b>           |                              |   |                        |  |                       |                                   |
|                                  |               | <b>Tamil New Year</b>                   |                              |   |                        |  |                       |                                   |

|                                  |               |  |                                |   |                        |  |                       |                                   |
|----------------------------------|---------------|--|--------------------------------|---|------------------------|--|-----------------------|-----------------------------------|
| <b>2</b>                         |               | <b>Saturday, April 15, 2023</b>        |                                | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 9 Sutra 363<br>Sobhana 5125 |                       |                                   |
| Kumbha Rasi: 0.24                | Tithi 25 – 26 | <b>Gulika</b> 5:03AM – 6:45AM          | <b>Dhanishtha Until 4:26PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:03AM | <b>Muruqa:</b> Clear                           | <i>Sunset:</i> 6:36PM | Moon 4 - Phase 1 - 9<br>2nd Phase |
| Creative Work                    | Siddha Yoga   | Yama 1:31PM – 3:13PM                   | Subha Until 1:57PM             | <b>Nataraja:</b> Clear  |                        |  |                       |                                   |
| Until 4:26PM                     |               | 299996578 <b>Rahu</b> 8:26AM – 10:08AM | Bava Until 6:08PM              | Moon – Purple   |                        | <b>Bhuloka Day</b>                             |                       |                                   |
| Then Creative Work - Amrita Yoga |               |  | <b>Dashami Until 7:22AM</b>    | Chaitra+Chaitra   |                        | Devaloka Time: 3:PM to 6:PM                    |                       |                                   |

|                                  |             |                                       |                                    |   |                        |   |                       |                                    |
|----------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|---|-----------------------|------------------------------------|
| <b>3</b>                         |             | <b>Sunday, April 16, 2023</b>         |                                    | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Dvadashtyam Titau |                        | Spokane, WA<br>Sun 10 Sutra 364<br>Sobhana 5125 |                       |                                    |
| Kumbha Rasi: 14.47               | Tithi 27    | <b>Gulika</b> 3:14PM – 4:56PM         | <b>Shatabhishak Until 2:33PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:01AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 6:38PM | Moon 4 - Phase 1 - 10<br>2nd Phase |
| Creative Work                    | Siddha Yoga | Yama 11:49AM – 1:32PM                 | Sukla Until 10:46AM                | <b>Nataraja:</b> Clear  |                        |   |                       |                                    |
| Until 4:26PM                     |             | 291996578 <b>Rahu</b> 4:56PM – 6:38PM | Kaulava Until 3:37PM               | Moon – Purple   |                        | <b>Devaloka Day</b>                             |                       |                                    |
| Then Creative Work - Siddha Yoga |             |                                       | <b>Dvadashti* Until 2:22AM Mon</b> | Chaitra+Chaitra   |                        |   |                       |                                    |

|                                  |             |                                       |                                       |  |                        |   |                       |                                    |
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| <b>4</b>                         |             | <b>Monday, April 17, 2023</b>         |                                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 11 Sutra 1<br>Sobhana 5125 |                       |                                    |
| Kumbha Rasi: 29.08               | Tithi 28    | <b>Gulika</b> 1:32PM – 3:14PM         | <b>Purvaproshtapada* Until 1:01PM</b> | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 4:59AM | <b>Muruqa:</b> Clear                          | <i>Sunset:</i> 6:39PM | Moon 4 - Phase 1 - 11<br>2nd Phase |
| <b>Family Home Evening</b>       |             | Yama 10:07AM – 11:49AM                | Brahma Until 7:39AM                   | <b>Nataraja:</b> Clear   |                        |   |                       |                                    |
| Routine Work                     | Marana Yoga | 211996578 <b>Rahu</b> 6:42AM – 8:24AM | Gara Until 1:11PM                     | Moon – Clear   |                        | <b>Devaloka Day</b>                           |                       |                                    |
| Until 1:01PM                     |             |                                       | <b>Trayodashi* Until 12:01AM Tue</b>  | Chaitra+Chaitra  |                        |   |                       |                                    |
| Then Creative Work - Siddha Yoga |             |                                       | <i>Pradosha Vrata (Fasting)</i>       |  |                        |   |                       |                                    |

|                                  |             |                                       |  |   |                        |   |                       |                                    |
|----------------------------------|-------------|---------------------------------------|--|---|------------------------|---|-----------------------|------------------------------------|
| <b>5</b>                         |             | <b>Tuesday, April 18, 2023</b>        |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vaidhriti Yoga Vistil/Sakuni Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 12 Sutra 2<br>Sobhana 5125 |                       |                                    |
| Meena Rasi: 13.23                | Tithi 29    | <b>Gulika</b> 11:49AM – 1:32PM        | <b>Uttaraproshtapada Until 11:32AM</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 4:57AM | <b>Muruqa:</b> Clear                          | <i>Sunset:</i> 6:40PM | Moon 4 - Phase 1 - 12<br>2nd Phase |
| Creative Work                    | Amrita Yoga | Yama 8:23AM – 10:06AM                 | Vaidhriti* Until 1:54AM Wed            | <b>Nataraja:</b> Clear  |                        |   |                       |                                    |
| Until 11:32AM                    |             | 211996578 <b>Rahu</b> 3:15PM – 4:58PM | Vistil Until 10:57AM                   | Moon – Clear  |                        | <b>Devaloka Day</b>                           |                       |                                    |
| Then Creative Work - Siddha Yoga |             |                                       | <b>Chaturdashi* Until 9:55PM</b>       | Chaitra+Chaitra   |                        |   |                       |                                    |

|   |             |  |                               |   |                        |   |                       |                                   |
|---|-------------|--|-------------------------------|---|------------------------|---|-----------------------|-----------------------------------|
|  |             | <b>Wednesday, April 19, 2023</b>       |                               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vishkambha Yoga Catuspada/Naga Karana Amavasyayam Titau |                        | Spokane, WA<br>Sun 13 Sutra 3<br>Sobhana 5125 |                       |                                   |
| <b>Retreat Star</b>   |             | <b>Gulika</b> 10:05AM – 11:49AM        | <b>Revati Until 10:14AM</b>   | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 4:56AM | <b>Muruqa:</b> Clear                          | <i>Sunset:</i> 6:42PM | Moon 4 - Phase 1 - 13<br>Amavasya |
| Meena Rasi: 27.27   | Tithi 30    | Yama 6:39AM – 8:22AM                   | Vishkambha* Until 11:28PM     | <b>Nataraja:</b> Clear  |                        |   |                       |                                   |
| Routine Work  | Marana Yoga | 211996578 <b>Rahu</b> 11:49AM – 1:32PM | Catuspada Until 9:02AM        | Moon – Clear  |                        | <b>Devaloka Day</b>                           |                       |                                   |
|   |             |  | <b>Amavasya* Until 8:12PM</b> | Chaitra+Chaitra   |                        |   |                       |                                   |

|                                  |             |                                       |                               |  |                        |   |                       |                                   |
|----------------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|---|-----------------------|-----------------------------------|
| <b>Retreat Star</b>              |             | <b>Thursday, April 20, 2023</b>       |                               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Priti Yoga Kintughna/Bava Karana Prathamayam Titau |                        | Spokane, WA<br>Sun 14 Sutra 4<br>Sobhana 5125 |                       |                                   |
| Mesha Rasi: 11.15                | Tithi 1     | <b>Gulika</b> 8:21AM – 10:05AM        | <b>Ashvini Until 9:39AM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:54AM | <b>Muruqa:</b> Clear                          | <i>Sunset:</i> 6:43PM | Moon 4 - Phase 1 - 14<br>Prathama |
| Creative Work                    | Amrita Yoga | Yama 4:54AM – 6:37AM                  | Priti Until 9:27PM            | <b>Nataraja:</b> Clear   |                        |   |                       |                                   |
| Until 9:39AM                     |             | 221996578 <b>Rahu</b> 1:32PM – 3:16PM | Kintughna Until 7:32AM        | Moon – White   |                        | <b>Devaloka Day</b>                           |                       |                                   |
| Then Creative Work - Siddha Yoga |             |                                       | <b>Prathama* Until 6:58PM</b> | Vaisaka+Chaitra  |                        |   |                       |                                   |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Spokane, WA on 4/26/21

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|          |                               |             |  |                             |                        |                        |  |
|----------|-------------------------------|-------------|--|-----------------------------|------------------------|------------------------|--|
| <b>1</b> | <b>Friday, April 21, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau |                             |                        |                        | Spokane, WA<br>Sun 15<br>Sutra 5<br>Sobhana 5125 |
|          | Mesha Rasi: 24.44             | Tithi 2     | <b>Gulika</b> 6:36AM – 8:20AM  | <b>Bharani Until 9:28AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:52AM |  |
|          |                               |             | Yama 3:16PM – 5:01PM   | Ayushman Until 7:53PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 4 - Phase 2 - 15                            |
|          | Creative Work                 | Siddha Yoga | 221996578 <b>Rahu</b> 10:04AM – 11:48AM  | Balava Until 6:35AM         | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|          |                               |             | <b>Dvitiya Until 6:19PM</b>  | Moon – White                |                        | <b>Devaloka Day</b>    |  |
|          |                               |             |  | Vaisaka-Chaitra             |                        |                        |  |

|          |                                 |             |  |                              |                        |                        |  |
|----------|---------------------------------|-------------|--|------------------------------|------------------------|------------------------|--|
| <b>2</b> | <b>Saturday, April 22, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau |                              |                        |                        | Spokane, WA<br>Sun 16<br>Sutra 6<br>Sobhana 5125 |
|          | Visshabha Rasi: 7.53            | Tithi 3     | <b>Gulika</b> 4:50AM – 6:35AM  | <b>Krittika Until 9:44AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:50AM |  |
|          |                                 |             | Yama 1:33PM – 3:17PM   | Saubhagya Until 6:51PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 4 - Phase 2 - 16                            |
|          | Creative Work                   | Amrita Yoga | 221996578 <b>Rahu</b> 8:19AM – 10:04AM   | Taitila Until 6:15AM         | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|          |                                 |             | <b>Tritiya Until 6:19PM</b>  | Moon – White                 |                        | <b>Devaloka Day</b>    |  |
|          |                                 |             | Akshaya Tritiya  | Vaisaka-Chaitra              |                        |                        |  |

|          |                               |             |  |                             |                        |                        |  |
|----------|-------------------------------|-------------|--|-----------------------------|------------------------|------------------------|--|
| <b>3</b> | <b>Sunday, April 23, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Vishti Karana Chaturthyam Titau |                             |                        |                        | Spokane, WA<br>Sun 17<br>Sutra 7<br>Sobhana 5125 |
|          | Visshabha Rasi: 20.42         | Tithi 4     | <b>Gulika</b> 3:18PM – 5:03PM  | <b>Rohini Until 10:58AM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:48AM |  |
|          |                               |             | Yama 11:48AM – 1:33PM  | Sobhana Until 6:20PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 4 - Phase 2 - 17                            |
|          | Creative Work                 | Siddha Yoga | 231996578 <b>Rahu</b> 5:03PM – 6:47PM  | Vanija Until 6:35AM         | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|          |                               |             | <b>Chaturthi* Until 6:59PM</b>   | Moon – Yellow               |                        | <b>Devaloka Day</b>    |  |
|          |                               |             |  | Vaisaka-Chaitra             |                        |                        |  |

|          |                               |             |  |                                 |                        |                        |  |
|----------|-------------------------------|-------------|--|---------------------------------|------------------------|------------------------|--|
| <b>4</b> | <b>Monday, April 24, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau |                                 |                        |                        | Spokane, WA<br>Sun 18<br>Sutra 8<br>Sobhana 5125 |
|          | Mithuna Rasi: 3.13            | Tithi 5     | <b>Gulika</b> 1:33PM – 3:18PM  | <b>Mrigashira Until 12:40PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:47AM |  |
|          | <b>Family Home Evening</b>    |             | Yama 10:02AM – 11:48AM   | Athiganda* Until 6:17PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:49PM  | Moon 4 - Phase 2 - 18                            |
|          | Creative Work                 | Amrita Yoga | 231996578 <b>Rahu</b> 6:32AM – 8:17AM  | Bava Until 7:34AM               | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|          |                               |             | <b>Panchami Until 8:15PM</b>   | Moon – Yellow                   |                        | <b>Devaloka Day</b>    |  |
|          |                               |             | Adi Sankara Jayanthi   | Vaisaka-Chaitra                 |                        |                        |  |

|          |                                |             |   |                           |                         |                        |  |
|----------|--------------------------------|-------------|---|---------------------------|-------------------------|------------------------|--|
| <b>5</b> | <b>Tuesday, April 25, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau |                           |                         |                        | Spokane, WA<br>Sun 19<br>Sutra 9<br>Sobhana 5125 |
|          | Mithuna Rasi: 15.29            | Tithi 6     | <b>Gulika</b> 11:48AM – 1:33PM  | <b>Ardra Until 2:44PM</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 4:45AM |  |
|          |                                |             | Yama 8:16AM – 10:02AM   | Sukarma Until 6:38PM      | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:50PM  | Moon 4 - Phase 2 - 19                            |
|          | Routine Work                   | Marana Yoga | 231996579 <b>Rahu</b> 3:19PM – 5:05PM   | Kaulava Until 9:07AM      | <b>Nataraja:</b> Purple |                        | 3rd Phase  |
|          |                                |             | <b>Shashthi* Until 10:02PM</b>  | Moon – Yellow             |                         | <b>Sivaloka Day</b>    |  |
|          |                                |             |   | Vaisaka-Chaitra           |                         |                        |  |

|          |                                  |             |  |                               |                         |                        |   |
|----------|----------------------------------|-------------|--|-------------------------------|-------------------------|------------------------|---|
| <b>6</b> | <b>Wednesday, April 26, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhriti Yoga Gara/Vanija Karana Saplamyam Titau |                               |                         |                        | Spokane, WA<br>Sun 20<br>Sutra 10<br>Sobhana 5125 |
|          | Mithuna Rasi: 27.34              | Tithi 7     | <b>Gulika</b> 10:01AM – 11:47AM  | <b>Punarvasu Until 5:31PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 4:43AM |   |
|          |                                  |             | Yama 6:29AM – 8:15AM   | Dhriti Until 7:18PM           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:52PM  | Moon 4 - Phase 2 - 20                             |
|          | Creative Work                    | Siddha Yoga | 242996579 <b>Rahu</b> 11:47AM – 1:33PM   | Gara Until 11:06AM            | <b>Nataraja:</b> Purple |                        | 3rd Phase   |
|          |                                  |             | <b>Saptami Until 12:11AM Thu</b>   | Moon – Blue                   |                         | <b>Sivaloka Day</b>    |   |
|          |                                  |             |  | Vaisaka-Chaitra               |                         |                        |   |

|          |                                 |             |   |                            |                         |                        |   |
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| <b>D</b> | <b>Thursday, April 27, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Shula* Yoga Vishti/Bava Karana Ashtamyam Titau |                            |                         |                        | Spokane, WA<br>Sun 21<br>Sutra 11<br>Sobhana 5125 |
|          | <b>Retreat Star</b>             |             | <b>Gulika</b> 8:14AM – 10:01AM  | <b>Pushya Until 8:21PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 4:41AM |   |
|          | Kataka Rasi: 9.32               | Tithi 8     | Yama 4:41AM – 6:28AM  | Shula* Until 8:06PM        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:53PM  | Moon 4 - Phase 2 - 21                             |
|          | Creative Work                   | Amrita Yoga | 242996579 <b>Rahu</b> 1:34PM – 3:20PM   | Vishti Until 1:21PM        | <b>Nataraja:</b> Purple |                        | Ashtami   |
|          |                                 |             | <b>Ashtami* Until 2:30AM Fri</b>  | Moon – Blue                |                         | <b>Sivaloka Day</b>    |   |
|          |                                 |             |   | Vaisaka-Chaitra            |                         |                        |   |

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| <b>D</b> | <b>Friday, April 28, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau |                                |                         |                        | Spokane, WA<br>Sun 22<br>Sutra 12<br>Sobhana 5125 |
|          | <b>Retreat Star</b>           |             | <b>Gulika</b> 6:26AM – 8:13AM   | <b>Ashlesha* Until 11:03PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 4:40AM |   |
|          | Kataka Rasi: 21.26            | Tithi 9     | Yama 3:21PM – 5:08PM  | Ganda* Until 8:57PM            | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:54PM  | Moon 4 - Phase 2 - 22                             |
|          | Routine Work                  | Marana Yoga | 242996579 <b>Rahu</b> 10:00AM – 11:47AM   | Balava Until 3:42PM            | <b>Nataraja:</b> Purple |                        | Navami  |
|          |                               |             | <b>Navami* Until 4:49AM Sat</b>   | Moon – Blue                    |                         | <b>Sivaloka Day</b>    |   |
|          |                               |             |   | Vaisaka-Chaitra                |                         |                        |   |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

|          |                                 |          |   |                                 |                         |                        |   |
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| <b>1</b> | <b>Saturday, April 29, 2023</b> |          | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau |                                 |                         |                        | Spokane, WA<br>Sun 23<br>Sutra 13<br>Sobhana 5125 |
|          | Simha Rasi: 3.22                | Tithi 10 | <b>Gulika</b> 4:38AM – 6:25AM   | <b>Magha* Until 1:56AM Sun</b>  | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:38AM |   |
|          |                                 |          | Yama 1:34PM – 3:21PM  | Vriddhi Until 9:42PM            | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:56PM  | Moon 4 - Phase 3 - 23                             |
|          |                                 |          | 252996579 <b>Rahu</b> 8:12AM – 10:00AM  | Taitila Until 5:55PM            | <b>Nataraja:</b> Purple |                        | 4th Phase   |
|          | Creative Work Amrita Yoga       |          |   | <b>Dashami Until 6:55AM Sun</b> | Moon – Red              |                        | <b>Devaloka Day</b>                               |
|          |                                 |          |   | Vaisaka-Chaitra                 |                         |                        |   |
|          |                                 |          |   |                                 |                         |                        |   |

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| <b>2</b> | <b>Sunday, April 30, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                       |                         |                        | Spokane, WA<br>Sun 24<br>Sutra 14<br>Sobhana 5125 |
|          | Simha Rasi: 15.22             | Tithi 10 – 11 | <b>Gulika</b> 3:22PM – 5:10PM   | <b>Purvaphalguni Until 4:17AM Mon</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:36AM |   |
|          |                               |               | Yama 11:47AM – 1:34PM   | Dhruva Until 10:10PM                  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:57PM  | Moon 4 - Phase 3 - 24                             |
|          |                               |               | 252996579 <b>Rahu</b> 5:10PM – 6:57PM   | Vanija Until 7:51PM                   | <b>Nataraja:</b> Purple |                        | 4th Phase   |
|          | Creative Work Siddha Yoga     |               |   | <b>Dashami Until 6:55AM</b>           | Moon – Red              |                        | <b>Devaloka Day</b>                               |
|          |                               |               |   | Vaisaka-Chaitra                       |                         |                        |   |

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| <b>3</b> | <b>Monday, May 1, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |  |                         |                        | Spokane, WA<br>Sun 25<br>Sutra 15<br>Sobhana 5125 |
|          | Simha Rasi: 27.32          | Tithi 11 – 12 | <b>Gulika</b> 1:35PM – 3:23PM   | <b>Uttaraphalguni Until 6:00AM Tue</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:33AM |   |
|          |                            |               | Yama 9:58AM – 11:46AM   | Vyaghata* Until 10:17PM                | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:00PM  | Moon 4 - Phase 3 - 25                             |
|          | <b>Family Home Evening</b> |               | 252996579 <b>Rahu</b> 6:21AM – 8:10AM   | Bava Until 9:19PM                      | <b>Nataraja:</b> Purple |                        | 4th Phase   |
|          | Creative Work Siddha Yoga  |               |   | <b>Ekadashi Until 8:38AM</b>           | Moon – Red              |                        | <b>Devaloka Day</b>                               |
|          |                            |               |   | Vaisaka-Chaitra                        |                         |                        |   |

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| <b>4</b> | <b>Tuesday, May 2, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                    |                         |                        | Spokane, WA<br>Sun 26<br>Sutra 16<br>Sobhana 5125 |
|          | Kanya Rasi: 9.54            | Tithi 12 – 13 | <b>Gulika</b> 11:46AM – 1:35PM   | <b>Uttaraphalguni Until 6:00AM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:31AM |   |
|          |                             |               | Yama 8:09AM – 9:58AM   | Harshana Until 9:58PM              | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:01PM  | Moon 4 - Phase 3 - 26                             |
|          |                             |               | 252996579 <b>Rahu</b> 3:24PM – 5:13PM  | Kaulava Until 10:11PM              | <b>Nataraja:</b> Purple |                        | 4th Phase   |
|          | Creative Work Amrita Yoga   |               |  | <b>Dvadashi Until 9:48AM</b>       | Moon – Red              |                        | <b>Devaloka Day</b>                               |
|          |                             |               |  | Vaisaka-Chaitra                    |                         |                        |   |
|          |                             |               |  | <i>Pradosha Vrata</i>              |                         |                        |   |

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| <b>5</b> | <b>Wednesday, May 3, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                 |                         |                        | Spokane, WA<br>Sun 27<br>Sutra 17<br>Sobhana 5125 |
|          | Kanya Rasi: 22.32             | Tithi 13 – 14 | <b>Gulika</b> 9:57AM – 11:46AM  | <b>Hasta Until 7:27AM</b>       | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:30AM |   |
|          |                               |               | Yama 6:19AM – 8:08AM  | Vajra* Until 9:07PM             | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:03PM  | Moon 4 - Phase 3 - 27                             |
|          |                               |               | 252996579 <b>Rahu</b> 11:46AM – 1:35PM  | Gara Until 10:26PM              | <b>Nataraja:</b> Purple |                        | 4th Phase   |
|          | Routine Work Marana Yoga      |               |   | <b>Trayodashi Until 10:22AM</b> | Moon – Green            |                        | <b>Sivaloka Day</b>                               |
|          |                               |               |   | Vaisaka-Chaitra                 |                         |                        |   |

|  |                              |               |   |                                   |                         |                        |   |
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|  | <b>Thursday, May 4, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                   |                         |                        | Spokane, WA<br>Sutra 18<br>Sobhana 5125 |
|  | <b>Copper Retreat Star</b>   |               | <b>Gulika</b> 8:07AM – 9:57AM   | <b>Chitra Until 8:07AM</b>        | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:28AM |   |
|  | Tula Rasi: 5.29              | Tithi 14 – 15 | Yama 4:28AM – 6:18AM  | Siddhi Until 7:48PM               | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:04PM  | Moon 4 - Phase 3 - Purnima              |
|  |                              |               | 252996579 <b>Rahu</b> 1:36PM – 3:25PM   | Visti Until 10:03PM               | <b>Nataraja:</b> Purple |                        |   |
|  | Creative Work Siddha Yoga    |               |   | <b>Chaturdashi* Until 10:18AM</b> | Moon – Green            |                        | <b>Sivaloka Day</b>                     |
|  |                              |               |   | Vaisaka-Chaitra                   |                         |                        |   |
|  |                              |               |   | <b>Budha Purnima (Tamil Nadu)</b> |                         |                        |   |

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|  | <b>Friday, May 5, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |                         |                        | Spokane, WA<br>Sutra 19<br>Sobhana 5125 |
|  | <b>Silver Retreat Star</b> |               | <b>Gulika</b> 6:16AM – 8:06AM   | <b>Svati Until 8:02AM</b>    | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:27AM |   |
|  | Tula Rasi: 18.46           | Tithi 15 – 16 | Yama 3:26PM – 5:16PM  | Vyatipata* Until 6:01PM      | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:05PM  | Moon 4 - Phase 3 - Prathama             |
|  |                            |               | 252996579 <b>Rahu</b> 9:56AM – 11:46AM  | Balava Until 9:05PM          | <b>Nataraja:</b> Purple |                        |   |
|  | Creative Work Siddha Yoga  |               |   | <b>Purnima* Until 9:37AM</b> | Moon – Green            |                        | <b>Sivaloka Day</b>                     |
|  |                            |               |   | Vaisaka-Chaitra              |                         |                        |   |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda