



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY

Tula Rasi: 12.09 Tithi 17 - 17

268345478

Gulika 3:32PM - 5:13PM
Yama 12:09PM - 1:51PM
Rahu 5:13PM - 6:54PM

Svati Until 6:55PM
Vajra* Until 1:09PM
Taitila Until 10:16PM
Prathama* Until 11:33AM

Ganesha: Clear *Sunrise: 5:25AM*
Muruqa: White *Sunset: 6:54PM*
Nataraja: White
Moon - Green
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Tula Rasi: 26.35 Tithi 17 - 18

278345478

Gulika 1:51PM - 3:32PM
Yama 10:28AM - 12:09PM
Rahu 7:05AM - 8:46AM

Vishakha Until 5:07PM
Siddhi Until 9:51AM
Vanija Until 7:32PM
Dvitiya Until 8:54AM

Ganesha: Purple *Sunrise: 5:23AM*
Muruqa: White *Sunset: 6:55PM*
Nataraja: White
Moon - Orange
Chaitra*Chaitra

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatlipala* Varyana Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Rochester, NY

Vischika Rasi: 11.08 Tithi 18 - 19

278345478

Gulika 12:09PM - 1:51PM
Yama 8:45AM - 10:27AM
Rahu 3:33PM - 5:15PM

Anuradha Until 3:06PM
Vyatlipala* Until 6:29AM
Balava Until 3:21AM Wed
Tritiya Until 6:07AM

Ganesha: Purple *Sunrise: 5:21AM*
Muruqa: White *Sunset: 6:57PM*
Nataraja: White
Moon - Orange
Chaitra*Chaitra

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Vischika Rasi: 25.41 Tithi 20

278345478

Gulika 10:27AM - 12:09PM
Yama 7:02AM - 8:44AM
Rahu 12:09PM - 1:51PM

Jyeshtha* Until 1:00PM
Parigha* Until 11:47PM
Kaulava Until 2:01PM
Panchami Until 12:40AM Thu

Ganesha: Purple *Sunrise: 5:20AM*
Muruqa: White *Sunset: 6:58PM*
Nataraja: White
Moon - Orange
Chaitra*Chaitra

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 1:00PM
Then Routine Work - Marana Yoga

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY

Dhanus Rasi: 10.08 Tithi 21

288345478

Gulika 8:43AM - 10:26AM
Yama 5:18AM - 7:01AM
Rahu 1:51PM - 3:34PM

Mula* Until 11:19AM
Shiva Until 8:39PM
Gara Until 11:25AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise: 5:18AM*
Muruqa: White *Sunset: 6:59PM*
Nataraja: White
Moon - Light Blue
Chaitra*Chaitra

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY

Dhanus Rasi: 24.28 Tithi 22

289345478

Gulika 7:00AM - 8:43AM
Yama 3:34PM - 5:17PM
Rahu 10:25AM - 12:08PM

Purvashadha* Until 9:43AM
Siddha Until 5:42PM
Visti Until 9:03AM
Saptami Until 7:57PM

Ganesha: Purple *Sunrise: 5:17AM*
Muruqa: White *Sunset: 7:00PM*
Nataraja: White
Moon - Light Blue
Chaitra*Chaitra

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5 1st Phase

Devaloka Day

Routine Work Prabalarishta Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

D

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY

Makara Rasi: 8.35 Tithi 23

289345478

Gulika 5:15AM - 6:58AM
Yama 1:51PM - 3:35PM
Rahu 8:42AM - 10:25AM

Uttarashadha Until 8:15AM
Sadhya Until 3:00PM
Balava Until 6:58AM
Ashtami* Until 6:02PM

Ganesha: Purple *Sunrise: 5:15AM*
Muruqa: White *Sunset: 7:01PM*
Nataraja: White
Moon - Light Blue
Chaitra*Chaitra

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6 Ashtami

Devaloka Day

Routine Work Marana Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rochester, NY

Makara Rasi: 22.31 Tithi 24 - 25

299345479

Gulika 3:35PM - 5:19PM
Yama 12:08PM - 1:52PM
Rahu 5:19PM - 7:02PM

Shravana Until 7:24AM
Subha Until 12:35PM
Vanija Until 3:47AM Mon
Navami* Until 4:26PM

Ganesha: Clear *Sunrise: 5:14AM*
Muruqa: White *Sunset: 7:02PM*
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7 Navami

Devaloka Day

Creative Work Amrita Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika 1:52PM – 3:36PM	Dhanishtha Until 6:45AM	Ganesha: Clear	Sunrise: 5:12AM	Sun 8
	Family Home Evening	299345479	Yama 10:24AM – 12:08PM	Sukla Until 10:26AM	Muruqa: White	Sunset: 7:03PM	Subhakrit 5124
	Creative Work	Siddha Yoga	Rahu 6:56AM – 8:40AM	Bava Until 2:45AM Tue	Nataraja: Clear		Moon 4 - Phase 2 - 8
			Dashami Until 3:12PM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika 12:08PM – 1:52PM	Shatabhishak Until 6:19AM	Ganesha: Clear	Sunrise: 5:11AM	Sun 9
	Routine Work	Marana Yoga	Yama 8:39AM – 10:23AM	Brahma Until 8:36AM	Muruqa: White	Sunset: 7:05PM	Subhakrit 5124
			299345479	Rahu 3:36PM – 5:20PM	Nataraja: Clear		Moon 4 - Phase 2 - 9
			Kaulava Until 2:07AM Wed	Moon – Purple		2nd Phase	
			Ekadashi* Until 2:21PM	Chaitra*Chaitra		Devaloka Day	

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Meena Rasi: 2.59	Tithi 27 – 28	Gulika 10:23AM – 12:07PM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	Sunrise: 5:09AM	Sun 10
	Creative Work	Amrita Yoga	Yama 6:54AM – 8:38AM	Indra Until 7:07AM	Muruqa: White	Sunset: 7:06PM	Subhakrit 5124
	Until 6:36AM	Then Creative Work - Siddha Yoga	299345479	Rahu 12:07PM – 1:52PM	Nataraja: Clear		Moon 4 - Phase 2 - 10
			Gara Until 1:54AM Thu	Moon – Clear		2nd Phase	
			Dvadashi* Until 1:56PM	Chaitra*Chaitra		Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>				

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Meena Rasi: 16.02	Tithi 28 – 29	Gulika 8:38AM – 10:22AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	Sunrise: 5:08AM	Sun 11
	Creative Work	Siddha Yoga	Yama 5:08AM – 6:53AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	Sunset: 7:07PM	Subhakrit 5124
			299345479	Rahu 1:52PM – 3:37PM	Nataraja: Clear		Moon 4 - Phase 2 - 11
			Visti Until 2:10AM Fri	Moon – Clear		2nd Phase	
			Trayodashi* Until 1:57PM	Chaitra*Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

	Friday, April 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY	
	Retreat Star		Meena Rasi: 28.5	Tithi 29 – 30	Gulika 6:51AM – 8:37AM	Revati Until 8:02AM	Ganesha: White	Sunrise: 5:06AM
	Creative Work	Siddha Yoga	Yama 3:38PM – 5:23PM	Priti Until 4:48AM Sat	Muruqa: White	Sunset: 7:08PM	Subhakrit 5124	
	Until 8:02AM	Then Creative Work - Amrita Yoga	299345479	Rahu 10:22AM – 12:07PM	Nataraja: Clear		Moon 4 - Phase 2 - 12	
			Catuspada Until 2:55AM Sat	Moon – Clear		Amavasya		
			Chaturdashi* Until 2:27PM	Chaitra*Chaitra		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		

5	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY	
	Retreat Star		Mesha Rasi: 11.25	Tithi 30 – 1	Gulika 5:05AM – 6:50AM	Ashvini Until 9:41AM	Ganesha: Green	Sunrise: 5:05AM
	Creative Work	Siddha Yoga	Yama 1:53PM – 3:38PM	Ayushman Until 4:46AM Sun	Muruqa: White	Sunset: 7:09PM	Subhakrit 5124	
			221445479	Rahu 8:36AM – 10:21AM	Nataraja: Clear		Moon 4 - Phase 2 - 13	
			Kintughna Until 4:10AM Sun	Moon – White		Prathama		
			Amavasya* Until 3:27PM	Vaisaka*Chaitra		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	Gulika 3:39PM – 5:25PM	Bharani Until 11:40AM	Ganesha: Green <i>Sunrise: 5:03AM</i>	Muruqa: White <i>Sunset: 7:10PM</i>	Moon 4 - Phase 3 - 14 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 12:07PM – 1:53PM	Saubhagya Until 5:07AM Mon	Nataraja: Clear		
Until 11:40AM		221445479 Rahu 5:25PM – 7:10PM	Balava Until 5:52AM Mon	Moon – White	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga			Prathama* Until 4:56PM	Vaisaka*Chaitra		

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Rochester, NY Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 2	Gulika 1:53PM – 3:39PM	Krittika Until 1:55PM	Ganesha: Green <i>Sunrise: 5:02AM</i>	Muruqa: White <i>Sunset: 7:12PM</i>	Moon 4 - Phase 3 - 15 3rd Phase
Family Home Evening		Yama 10:21AM – 12:07PM	Sobhana Until 5:47AM Tue	Nataraja: Clear		
Routine Work	Marana Yoga	221445479 Rahu 6:48AM – 8:34AM	Kaulava Until 6:51PM	Moon – White	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 1:55PM			Dvitiya Until 6:51PM	Vaisaka*Chaitra		
Then Creative Work - Amrita Yoga						

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Rochester, NY Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 17.56	Tithi 3	Gulika 12:07PM – 1:53PM	Rohini Until 4:50PM	Ganesha: White <i>Sunrise: 5:01AM</i>	Muruqa: White <i>Sunset: 7:13PM</i>	Moon 4 - Phase 3 - 16 3rd Phase
Creative Work	Amrita Yoga	Yama 8:34AM – 10:20AM	Athiganda* Until 6:38AM Wed	Nataraja: Clear		
Until 4:50PM		231445479 Rahu 3:40PM – 5:26PM	Taitila Until 7:58AM	Moon – Yellow	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga		Akshaya Tritiya	Tritiya Until 9:06PM	Vaisaka*Chaitra		

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau				Rochester, NY Sun 17 Sutra 17 Subhakrit 5124
Vrishabha Rasi: 29.5	Tithi 4	Gulika 10:20AM – 12:07PM	Mrigashira Until 7:48PM	Ganesha: White <i>Sunrise: 4:59AM</i>	Muruqa: White <i>Sunset: 7:14PM</i>	Moon 4 - Phase 3 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 6:46AM – 8:33AM	Athiganda* Until 6:38AM	Nataraja: Clear		
		231445479 Rahu 12:07PM – 1:53PM	Vanija Until 10:21AM	Moon – Yellow	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Chaturthi* Until 11:34PM	Vaisaka*Chaitra		

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	Gulika 8:32AM – 10:19AM	Ardra Until 10:40PM	Ganesha: White <i>Sunrise: 4:58AM</i>	Muruqa: White <i>Sunset: 7:15PM</i>	Moon 4 - Phase 3 - 18 3rd Phase
Routine Work	Marana Yoga	Yama 4:58AM – 6:45AM	Sukarma Until 7:37AM	Nataraja: Clear		
Until 10:40PM		231445479 Rahu 1:54PM – 3:41PM	Bava Until 12:51PM	Moon – Yellow	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga			Panchami Until 2:04AM Fri	Vaisaka*Chaitra		

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	Gulika 6:44AM – 8:32AM	Punarvasu Until 1:46AM Sat	Ganesha: Clear <i>Sunrise: 4:57AM</i>	Muruqa: White <i>Sunset: 7:16PM</i>	Moon 4 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	Yama 3:41PM – 5:29PM	Dhriti Until 8:36AM	Nataraja: Clear		
		241445479 Rahu 10:19AM – 12:06PM	Kaulava Until 3:18PM	Moon – Blue	Devaloka Day	
			Shashthi* Until 4:26AM Sat	Vaisaka*Chaitra		

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY Sun 20 Sutra 20 Subhakrit 5124
Retreat Star		Gulika 4:55AM – 6:43AM	Pushya Until 4:25AM Sun	Ganesha: Clear <i>Sunrise: 4:55AM</i>	Muruqa: White <i>Sunset: 7:17PM</i>	Moon 4 - Phase 3 - 20 3rd Phase
Kataka Rasi: 5.26	Tithi 7	Yama 1:54PM – 3:42PM	Shula* Until 9:26AM	Nataraja: Clear		
Creative Work	Siddha Yoga	241445479 Rahu 8:31AM – 10:19AM	Gara Until 5:31PM	Moon – Blue	Devaloka Day	
			Saptami Until 6:28AM Sun	Vaisaka*Chaitra		

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY Sun 21 Sutra 21 Subhakrit 5124
Retreat Star		Gulika 3:42PM – 5:30PM	Ashlesha* Until 6:25AM Mon	Ganesha: Clear <i>Sunrise: 4:54AM</i>	Muruqa: White <i>Sunset: 7:18PM</i>	Moon 4 - Phase 3 - 21 Ashtami
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 12:06PM – 1:54PM	Ganda* Until 10:00AM	Nataraja: Clear		
Creative Work	Siddha Yoga	241445479 Rahu 5:30PM – 7:18PM	Visti Until 7:20PM	Moon – Blue	Devaloka Day	
Until 6:25AM Mon		Mother's Day	Saptami Until 6:28AM	Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY Sun 22 Sutra 22 Subhakrit 5124
Retreat Star		Gulika 1:55PM – 3:43PM	Ashlesha* Until 6:25AM	Ganesha: Clear <i>Sunrise: 4:53AM</i>	Muruqa: White <i>Sunset: 7:19PM</i>	Moon 4 - Phase 3 - 22 Navami
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 10:18AM – 12:06PM	Vridhhi Until 10:11AM	Nataraja: Clear		
Family Home Evening		241445479 Rahu 6:41AM – 8:30AM	Balava Until 8:33PM	Moon – Blue	Devaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 8:00AM	Vaisaka*Chaitra		
Until 6:25AM						
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 23
Simha Rasi: 12.12	Tithi 9 – 10	Gulika 12:06PM – 1:55PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Subhakrit 5124
		Yama 8:29AM – 10:18AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 4 - 23
252445479	Rahu 3:43PM – 5:32PM		Taitila Until 9:04PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:53AM	Moon – Red		Devaloka Day
				Vaisaka-Chaitra		

2 Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 24 Sutra 24
Simha Rasi: 25.03	Tithi 10 – 11	Gulika 10:17AM – 12:06PM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124
		Yama 6:40AM – 8:28AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 4 - 24
252445479	Rahu 12:06PM – 1:55PM		Vanija Until 8:49PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:01AM	Moon – Red		Devaloka Day
				Vaisaka-Chaitra		

3 Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 25
Kanya Rasi: 8.18	Tithi 11 – 12	Gulika 8:28AM – 10:17AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	Subhakrit 5124
		Yama 4:49AM – 6:39AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 4 - 25
252445479	Rahu 1:55PM – 3:44PM		Bava Until 7:47PM	Nataraja: Clear		4th Phase
	Amrita Yoga		Ekadashi Until 8:23AM	Moon – Red		Devaloka Day
Until 8:51AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

4 Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 26
Kanya Rasi: 21.59	Tithi 12 – 13	Gulika 6:38AM – 8:27AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
		Yama 3:45PM – 5:34PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 4 - 26
262445479	Rahu 10:17AM – 12:06PM		Kaulava Until 6:02PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 6:58AM	Moon – Green		Sivaloka Day
Until 8:19AM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

5 Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 27
Tula Rasi: 6.05	Tithi 14	Gulika 4:47AM – 6:37AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Subhakrit 5124
		Yama 1:56PM – 3:45PM	Vyatipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 4 - 27
262445479	Rahu 8:27AM – 10:16AM		Gara Until 3:40PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 2:16AM Sun	Moon – Green		Sivaloka Day
Until 6:58AM				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga						

○ Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY Sun 28 Sutra 28
Copper Retreat Star		Gulika 3:46PM – 5:36PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Subhakrit 5124
Tula Rasi: 20.33	Tithi 15	Yama 12:06PM – 1:56PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 4 - Purnima
272445479	Rahu 5:36PM – 7:26PM		Visti Until 12:49PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 11:14PM	Moon – Orange		Devaloka Day
Until 2:47AM Mon				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga						

Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY Sun 29 Sutra 29
Silver Retreat Star		Gulika 1:56PM – 3:47PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Subhakrit 5124
Vrischika Rasi: 5.19	Tithi 16	Yama 10:16AM – 12:06PM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 4 - Prathama
Family Home Evening	272445479	Rahu 6:35AM – 8:26AM	Balava Until 9:37AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 7:56PM	Moon – Orange		Devaloka Day
Until 12:15AM Tue				Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga						

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1
Sutra 30
Subhakrit 5124

Vrischika Rasi: 20.14 Tithi 17 – 18

282445479

Gulika 12:06PM – 1:57PM
Yama 8:25AM – 10:16AM
Rahu 3:47PM – 5:38PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 4:44AM
Muruqa: White *Sunset:* 7:28PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2
Sutra 31
Subhakrit 5124

Dhanus Rasi: 5.11 Tithi 18 – 19

282445479

Gulika 10:15AM – 12:06PM
Yama 6:34AM – 8:25AM
Rahu 12:06PM – 1:57PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 4:43AM
Muruqa: White *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3
Sutra 32
Subhakrit 5124

Dhanus Rasi: 20.02 Tithi 19 – 20

282445479

Gulika 8:24AM – 10:15AM
Yama 4:42AM – 6:33AM
Rahu 1:57PM – 3:48PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 4:42AM
Muruqa: White *Sunset:* 7:30PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4
Sutra 33
Subhakrit 5124

Makara Rasi: 4.41 Tithi 20 – 21

282445479

Gulika 6:33AM – 8:24AM
Yama 3:49PM – 5:40PM
Rahu 10:15AM – 12:06PM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 4:41AM
Muruqa: White *Sunset:* 7:31PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Rochester, NY

Sun 5
Sutra 34
Subhakrit 5124

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 4:40AM – 6:32AM
Yama 1:58PM – 3:49PM
Rahu 8:23AM – 10:15AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 4:40AM
Muruqa: White *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Retreat Star

Sunday, May 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY

Sun 6
Sutra 35
Subhakrit 5124

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 3:50PM – 5:41PM
Yama 12:06PM – 1:58PM
Rahu 5:41PM – 7:33PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 4:40AM
Muruqa: White *Sunset:* 7:33PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY

Sun 7
Sutra 36
Subhakrit 5124

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 1:58PM – 3:50PM
Yama 10:15AM – 12:06PM
Rahu 6:31AM – 8:23AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 4:39AM
Muruqa: White *Sunset:* 7:34PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 11:43AM
Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1		Tuesday, May 24, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yukstayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti Karana Dashamyam Titau				Rochester, NY
Meena Rasi: 0.01	Tithi 25	Gulika	12:06PM – 1:59PM	Purvaproshtapada* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:38AM	Sun 8	Sutra 37
		Yama	8:22AM – 10:14AM	Vishkambha* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:35PM		Subhakra 5124
		213545479 Rahu	3:51PM – 5:43PM	Vanija Until 12:06PM	Nataraja: Clear			Moon 5 - Phase 6 - 8
Routine Work	Marana Yoga			Dashami Until 12:02AM Wed	Moon – Clear			2nd Phase
Until 12:03PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								
2		Wednesday, May 25, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yukstayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
Meena Rasi: 13.01	Tithi 26	Gulika	10:14AM – 12:07PM	Uttaraproshtapada Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 4:37AM	Sun 9	Sutra 38
		Yama	6:30AM – 8:22AM	Priti Until 12:13PM	Muruqa: White	<i>Sunset:</i> 7:36PM		Subhakra 5124
		313545479 Rahu	12:07PM – 1:59PM	Bava Until 12:10PM	Nataraja: Clear			Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga			Ekadashi* Until 12:23AM Thu	Moon – Clear			2nd Phase
Until 12:48PM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								
3		Thursday, May 26, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yukstayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau				Rochester, NY
Meena Rasi: 25.45	Tithi 27	Gulika	8:22AM – 10:14AM	Revati Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:36AM	Sun 10	Sutra 39
		Yama	4:36AM – 6:29AM	Ayushman Until 11:42AM	Muruqa: White	<i>Sunset:</i> 7:37PM		Subhakra 5124
		313545479 Rahu	1:59PM – 3:52PM	Kaulava Until 12:47PM	Nataraja: Clear			Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga			Dvadashi* Until 1:17AM Fri	Moon – Clear			2nd Phase
Until 1:57PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								
4		Friday, May 27, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yukstayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
Mesha Rasi: 8.14	Tithi 28	Gulika	6:29AM – 8:21AM	Ashvini Until 3:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	Sun 11	Sutra 40
		Yama	3:52PM – 5:45PM	Saubhagya Until 11:35AM	Muruqa: White	<i>Sunset:</i> 7:38PM		Subhakra 5124
		323545479 Rahu	10:14AM – 12:07PM	Gara Until 1:55PM	Nataraja: Clear			Moon 5 - Phase 6 - 11
Creative Work	Amrita Yoga			Trayodashi* Until 2:39AM Sat	Moon – White			2nd Phase
Until 3:54PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				
5		Saturday, May 28, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yukstayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
Mesha Rasi: 20.31	Tithi 29	Gulika	4:35AM – 6:28AM	Bharani Until 6:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:35AM	Sun 12	Sutra 41
		Yama	2:00PM – 3:53PM	Sobhana Until 11:51AM	Muruqa: White	<i>Sunset:</i> 7:39PM		Subhakra 5124
		323545479 Rahu	8:21AM – 10:14AM	Visti Until 3:30PM	Nataraja: Clear			Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga			Chaturdashi* Until 4:25AM Sun	Moon – White			2nd Phase
Until 6:08PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								
Retreat Star		Sunday, May 29, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yukstayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY
Vrishabha Rasi: 2.38	Tithi 30	Gulika	3:53PM – 5:46PM	Krittika Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:35AM	Sun 13	Sutra 42
		Yama	12:07PM – 2:00PM	Athiganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 7:40PM		Subhakra 5124
		323545479 Rahu	5:46PM – 7:40PM	Catuspada Until 5:28PM	Nataraja: Clear			Moon 5 - Phase 6 - 13
Creative Work	Siddha Yoga			Amavasya* Until 6:32AM Mon	Moon – White			Amavasya
					Vaisaka-Vaikasi			Devaloka Day
Retreat Star		Monday, May 30, 2022		Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yukstayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
Vrishabha Rasi: 14.37	Tithi 30 – 1	Gulika	2:00PM – 3:54PM	Rohini Until 11:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:34AM	Sun 14	Sutra 43
Family Home Evening		Yama	10:14AM – 12:07PM	Sukarma Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:40PM		Subhakra 5124
		333545479 Rahu	6:27AM – 8:21AM	Kintughna Until 7:42PM	Nataraja: Clear			Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga			Amavasya* Until 6:32AM	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 15 Sutra 44
	Vrishabha Rasi: 26.31	Tithi 1 – 2	333545479	Gulika 12:07PM – 2:01PM Yama 8:20AM – 10:14AM Rahu 3:54PM – 5:48PM	Mrigashira Until 2:33AM Wed Dhriti Until 2:06PM Balava Until 10:07PM Prathama* Until 8:52AM	Ganesha: Orange <i>Sunrise:</i> 4:33AM Muruqa: White <i>Sunset:</i> 7:41PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 5:25AM Thu Then Creative Work - Amrita Yoga						

2	Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY Sun 16 Sutra 45
	Mithuna Rasi: 8.22	Tithi 2 – 3	333545479	Gulika 10:14AM – 12:07PM Yama 6:26AM – 8:20AM Rahu 12:07PM – 2:01PM	Ardra Until 5:25AM Thu Shula* Until 3:05PM Taitila Until 12:36AM Thu Dvitiya Until 11:20AM	Ganesha: Orange <i>Sunrise:</i> 4:33AM Muruqa: White <i>Sunset:</i> 7:42PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 5:25AM Thu Then Creative Work - Amrita Yoga						

3	Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Rochester, NY Sun 17 Sutra 46
	Mithuna Rasi: 20.11	Tithi 3 – 4	343555479	Gulika 8:20AM – 10:14AM Yama 4:32AM – 6:26AM Rahu 2:01PM – 3:55PM	Punarvasu Until 8:35AM Fri Ganda* Until 4:06PM Vanija Until 3:03AM Fri Tritiya Until 1:49PM	Ganesha: Clear <i>Sunrise:</i> 4:32AM Muruqa: Green <i>Sunset:</i> 7:43PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day
	Creative Work Amrita Yoga						
	Until 8:35AM Fri Then Routine Work - Marana Yoga						

4	Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY Sun 18 Sutra 47
	Kataka Rasi: 2.02	Tithi 4 – 5	343555479	Gulika 6:26AM – 8:20AM Yama 3:56PM – 5:50PM Rahu 10:14AM – 12:08PM	Punarvasu Until 8:35AM Vridhi Until 5:03PM Bava Until 5:20AM Sat Chaturthi* Until 4:12PM	Ganesha: Clear <i>Sunrise:</i> 4:32AM Muruqa: Green <i>Sunset:</i> 7:44PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 8:35AM Then Routine Work - Marana Yoga						

5	Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau				Rochester, NY Sun 19 Sutra 48
	Kataka Rasi: 13.58	Tithi 5	343555479	Gulika 4:31AM – 6:26AM Yama 2:02PM – 3:56PM Rahu 8:20AM – 10:14AM	Pushya Until 11:23AM Dhruva Until 5:47PM Balava Until 6:21PM Panchami Until 6:21PM	Ganesha: Clear <i>Sunrise:</i> 4:31AM Muruqa: Green <i>Sunset:</i> 7:44PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 11:23AM Then Routine Work - Marana Yoga						

6	Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY Sun 20 Sutra 49
	Kataka Rasi: 26.01	Tithi 6	343555471	Gulika 3:57PM – 5:51PM Yama 12:08PM – 2:02PM Rahu 5:51PM – 7:45PM	Ashlesha* Until 1:42PM Vyaghata* Until 6:15PM Kaulava Until 7:19AM Shashthi* Until 8:08PM	Ganesha: Clear <i>Sunrise:</i> 4:31AM Muruqa: Green <i>Sunset:</i> 7:45PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 1:42PM Then Routine Work - Marana Yoga						

☾	Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY Sun 21 Sutra 50
	Retreat Star		354555471	Gulika 2:03PM – 3:57PM Yama 10:14AM – 12:08PM Rahu 6:25AM – 8:20AM	Magha* Until 3:53PM Harshana Until 6:21PM Gara Until 8:51AM Saptami Until 9:23PM	Ganesha: Clear <i>Sunrise:</i> 4:31AM Muruqa: Green <i>Sunset:</i> 7:46PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase Devaloka Day
	Simha Rasi: 8.13	Tithi 7					
	Family Home Evening Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga						

☽	Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY Sun 22 Sutra 51
	Retreat Star		354555471	Gulika 12:08PM – 2:03PM Yama 8:19AM – 10:14AM Rahu 3:57PM – 5:52PM	Purvaphalguni Until 5:18PM Vajra* Until 5:55PM Visti Until 9:48AM Ashtami* Until 10:00PM	Ganesha: Clear <i>Sunrise:</i> 4:30AM Muruqa: Green <i>Sunset:</i> 7:46PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami Devaloka Day
	Simha Rasi: 20.41	Tithi 8					
	Creative Work Siddha Yoga Until 5:18PM Then Creative Work - Amrita Yoga						

☽	Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY Sun 23 Sutra 52
	Retreat Star		354555471	Gulika 10:14AM – 12:09PM Yama 6:25AM – 8:19AM Rahu 12:09PM – 2:03PM	Uttaraphalguni Until 5:51PM Siddhi Until 4:55PM Balava Until 10:03AM Navami* Until 9:51PM	Ganesha: Clear <i>Sunrise:</i> 4:30AM Muruqa: Green <i>Sunset:</i> 7:47PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami Devaloka Day
	Kanya Rasi: 3.28	Tithi 9					
	Creative Work Amrita Yoga Until 5:51PM Then Routine Work - Marana Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
	Kanya Rasi: 16.37	Tithi 10	Gulika 8:19AM – 10:14AM	Hasta Until 5:55PM	Ganesha: White <i>Sunrise: 4:30AM</i>	Sun 24	Sutra 53
		364555471	Yama 4:30AM – 6:25AM	Vyatipata* Until 3:19PM	Muruqa: Green <i>Sunset: 7:48PM</i>		Subhakrit 5124
			Rahu 2:03PM – 3:58PM	Taitila Until 9:31AM	Nataraja: Yellow		Moon 5 - Phase 8 - 24
Routine Work	Marana Yoga			Dashami Until 8:56PM	Moon – Green		4th Phase
Until 5:55PM					Jyeshtha-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 6:PM to 9:PM	

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
	Tula Rasi: 0.13	Tithi 11	Gulika 6:25AM – 8:19AM	Chitra Until 5:05PM	Ganesha: White <i>Sunrise: 4:30AM</i>	Sun 25	Sutra 54
		364555471	Yama 3:59PM – 5:53PM	Variyan Until 1:03PM	Muruqa: Green <i>Sunset: 7:48PM</i>		Subhakrit 5124
			Rahu 10:14AM – 12:09PM	Vanija Until 8:12AM	Nataraja: Yellow		Moon 5 - Phase 8 - 25
Creative Work	Siddha Yoga			Ekadashi Until 7:14PM	Moon – Green		4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Tula Rasi: 14.17	Tithi 12 – 13	Gulika 4:30AM – 6:24AM	Svati Until 3:24PM	Ganesha: White <i>Sunrise: 4:30AM</i>	Sun 26	Sutra 55
		364555471	Yama 2:04PM – 3:59PM	Parigha* Until 10:13AM	Muruqa: Green <i>Sunset: 7:49PM</i>		Subhakrit 5124
			Rahu 8:19AM – 10:14AM	Bava Until 6:08AM	Nataraja: Yellow		Moon 5 - Phase 8 - 26
Creative Work	Siddha Yoga			Dvadashi Until 4:51PM	Moon – Green		4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Tula Rasi: 28.46	Tithi 13 – 14	Gulika 3:59PM – 5:54PM	Vishakha Until 1:24PM	Ganesha: Yellow <i>Sunrise: 4:29AM</i>	Sun 27	Sutra 56
		374555471	Yama 12:09PM – 2:04PM	Shiva Until 6:53AM	Muruqa: Green <i>Sunset: 7:49PM</i>		Subhakrit 5124
			Rahu 5:54PM – 7:49PM	Gara Until 12:15AM Mon	Nataraja: Yellow		Moon 5 - Phase 8 - 27
Routine Work	Marana Yoga			Trayodashi Until 1:53PM	Moon – Orange		4th Phase
			Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Day	

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY
	Copper Retreat Star		Gulika 2:05PM – 4:00PM	Anuradha Until 10:50AM	Ganesha: Yellow <i>Sunrise: 4:29AM</i>	Sun 28	Sutra 57
Vrischika Rasi: 13.37	Tithi 14 – 15		Yama 10:15AM – 12:10PM	Sadhya Until 11:06PM	Muruqa: Green <i>Sunset: 7:50PM</i>		Subhakrit 5124
Family Home Evening		374555471	Rahu 6:24AM – 8:19AM	Visti Until 8:42PM	Nataraja: Yellow		Moon 5 - Phase 8 -
Creative Work	Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange		Purnima
					Jyeshtha-Vaikasi	Devaloka Day	

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Rochester, NY
	Silver Retreat Star		Gulika 12:10PM – 2:05PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow <i>Sunrise: 4:29AM</i>	Sun 29	Sutra 58
Vrischika Rasi: 28.44	Tithi 15 – 16		Yama 8:20AM – 10:15AM	Subha Until 6:57PM	Muruqa: Green <i>Sunset: 7:50PM</i>		Subhakrit 5124
		374555471	Rahu 4:00PM – 5:55PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow		Moon 5 - Phase 8 -
Routine Work	Marana Yoga			Purnima* Until 6:49AM	Moon – Orange		Prathama
Until 7:52AM					Jyeshtha-Vaikasi	Devaloka Day	
Then Creative Work - Amrita Yoga							



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

Gulika 10:15AM – 12:10PM
Yama 6:24AM – 8:20AM
Rahu 12:10PM – 2:05PM

Purvashadha* Until 2:08AM Thu
Sukla Until 2:44PM
Taitila Until 1:09PM
Dvitiya Until 11:17PM

Ganesha: Blue *Sunrise: 4:29AM*
Muruqa: Green *Sunset: 7:51PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Rochester, NY

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

Gulika 8:20AM – 10:15AM
Yama 4:29AM – 6:25AM
Rahu 2:05PM – 4:01PM

Uttarashadha Until 11:21PM
Brahma Until 10:40AM
Vanija Until 9:30AM
Tritiya Until 7:45PM

Ganesha: Blue *Sunrise: 4:29AM*
Muruqa: Green *Sunset: 7:51PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

Gulika 6:25AM – 8:20AM
Yama 4:01PM – 5:56PM
Rahu 10:15AM – 12:10PM

Shravana Until 9:13PM
Indra Until 6:51AM
Bava Until 6:07AM
Chaturthi* Until 4:34PM

Ganesha: Red *Sunrise: 4:29AM*
Muruqa: Green *Sunset: 7:51PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

Gulika 4:29AM – 6:25AM
Yama 2:06PM – 4:01PM
Rahu 8:20AM – 10:15AM

Dhanishtha Until 7:29PM
Vishkambha* Until 12:24AM Sun
Gara Until 12:49AM Sun
Panchami Until 1:54PM

Ganesha: Blue *Sunrise: 4:29AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

Gulika 4:01PM – 5:57PM
Yama 12:11PM – 2:06PM
Rahu 5:57PM – 7:52PM

Shatabhishak Until 6:16PM
Priti Until 10:00PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Red *Sunrise: 4:30AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

Gulika 2:06PM – 4:02PM
Yama 10:16AM – 12:11PM
Rahu 6:25AM – 8:20AM

Purvaproshtapada* Until 6:05PM
Ayushman Until 8:10PM
Balava Until 10:12PM
Saptami Until 10:33AM

Ganesha: Clear *Sunrise: 4:30AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

Gulika 12:11PM – 2:07PM
Yama 8:21AM – 10:16AM
Rahu 4:02PM – 5:57PM

Uttaraproshtapada Until 6:32PM
Saubhagya Until 6:59PM
Taitila Until 10:03PM
Ashtami* Until 10:01AM

Ganesha: Clear *Sunrise: 4:30AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Rochester, NY Sun 7 Sutra 66	
Meena Rasi: 22.47	Tithi 24 – 25	Gulika 10:16AM – 12:11PM	Revati Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	Subhakit 5124	
		Yama 6:25AM – 8:21AM	Sobhana Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 7	
		315655471 Rahu 12:11PM – 2:07PM	Vanija Until 10:38PM	Nataraja: Yellow		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 10:14AM	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			

2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 8 Sutra 67	
Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 8:21AM – 10:16AM	Ashvini Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Subhakit 5124	
		Yama 4:30AM – 6:26AM	Athiganda* Until 6:19PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 8	
		325655471 Rahu 2:07PM – 4:02PM	Bava Until 11:53PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 11:10AM	Moon – White		Bhuloka Day	
Until 9:31PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							


3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 9 Sutra 68	
Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 6:26AM – 8:21AM	Bharani Until 11:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Subhakit 5124	
		Yama 4:02PM – 5:58PM	Sukarma Until 6:41PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 9	
		325655471 Rahu 10:17AM – 12:12PM	Kaulava Until 1:39AM Sat	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:41PM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Rochester, NY Sun 10 Sutra 69	
Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 4:31AM – 6:26AM	Krittika Until 2:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Subhakit 5124	
		Yama 2:07PM – 4:03PM	Dhriti Until 7:23PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 10	
		325655471 Rahu 8:22AM – 10:17AM	Gara Until 3:48AM Sun	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 2:40PM	Moon – White		Bhuloka Day	
Until 2:25AM Sun				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Pradosha Vrata (Fasting)

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 11 Sutra 70	
Virshabha Rasi: 11.41	Tithi 28 – 29	Gulika 4:03PM – 5:58PM	Rohini Until 5:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:31AM	Subhakit 5124	
		Yama 12:12PM – 2:07PM	Shula* Until 8:17PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 11	
		335655471 Rahu 5:58PM – 7:53PM	Visti Until 6:11AM Mon	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:57PM	Moon – Yellow		Bhuloka Day	
Until 5:33AM Mon				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 12 Sutra 71	
Virshabha Rasi: 23.32	Tithi 29	Gulika 2:08PM – 4:03PM	Mrigashira Until 8:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:32AM	Subhakit 5124	
Family Home Evening		Yama 10:17AM – 12:12PM	Ganda* Until 9:18PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 12	
		335655471 Rahu 6:27AM – 8:22AM	Visti Until 6:11AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:25PM	Moon – Yellow		Bhuloka Day	
Until 8:37AM Tue				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 13 Sutra 72	
Retreat Star		Gulika 12:13PM – 2:08PM	Mrigashira Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Subhakit 5124	
Mithuna Rasi: 5.22	Tithi 30	Yama 8:22AM – 10:18AM	Vriddhi Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 13	
		336655471 Rahu 4:03PM – 5:58PM	Catuspada Until 8:41AM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:55PM	Moon – Yellow		Bhuloka Day	
Until 8:37AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 14 Sutra 73	
Retreat Star		Gulika 10:18AM – 12:13PM	Ardra Until 11:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:33AM	Subhakit 5124	
Mithuna Rasi: 17.11	Tithi 1	Yama 6:28AM – 8:23AM	Dhruva Until 11:22PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 14	
		336655471 Rahu 12:13PM – 2:08PM	Kintughna Until 11:10AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Thu	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Rochester, NY Sun 15 Sutra 74 Subhakrit 5124
Mithuna Rasi: 29.03	Tithi 2	Gulika 8:23AM – 10:18AM	Punarvasu Until 2:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:33AM	
		Yama 4:33AM – 6:28AM	Vyaghata* Until 12:16AM Fri	Muruga: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 15
Creative Work	Amrita Yoga	346655471 Rahu 2:08PM – 4:03PM	Balava Until 1:34PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 2:41AM Fri	Moon – Blue		
				Ashada*Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Rochester, NY Sun 16 Sutra 75 Subhakrit 5124
Kataka Rasi: 10.58	Tithi 3	Gulika 6:29AM – 8:23AM	Pushya Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:34AM	
		Yama 4:03PM – 5:58PM	Harshana Until 1:02AM Sat	Muruga: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 16
Routine Work	Marana Yoga	346655471 Rahu 10:18AM – 12:13PM	Taitila Until 3:47PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 4:47AM Sat	Moon – Blue		
				Ashada*Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visli* Karana Chaturthyam Titau		Rochester, NY Sun 17 Sutra 76 Subhakrit 5124
Kataka Rasi: 22.57	Tithi 4	Gulika 4:34AM – 6:29AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:34AM	
		Yama 2:08PM – 4:03PM	Vajra* Until 1:34AM Sun	Muruga: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 17
Routine Work	Marana Yoga	346655471 Rahu 8:24AM – 10:19AM	Vanija Until 3:45PM	Nataraja: Yellow		3rd Phase
Until 7:49PM			Chaturthi* Until 6:36AM Sun	Moon – Blue		
Then Creative Work - Amrita Yoga				Ashada*Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rochester, NY Sun 18 Sutra 77 Subhakrit 5124
Simha Rasi: 5.04	Tithi 4 – 5	Gulika 4:03PM – 5:58PM	Magha* Until 10:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:35AM	
		Yama 12:14PM – 2:08PM	Siddhi Until 1:50AM Mon	Muruga: Green	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 11 - 18
Routine Work	Marana Yoga	356655471 Rahu 5:58PM – 7:52PM	Bava Until 7:23PM	Nataraja: Yellow		3rd Phase
Until 10:12PM			Chaturthi* Until 6:36AM	Moon – Red		
Then Creative Work - Siddha Yoga				Ashada*Ani	Devaloka Day	

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rochester, NY Sun 19 Sutra 78 Subhakrit 5124
Simha Rasi: 17.2	Tithi 5 – 6	Gulika 2:08PM – 4:03PM	Purvaphalguni Until 11:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:35AM	
Family Home Evening		Yama 10:19AM – 12:14PM	Vyatipata* Until 1:45AM Tue	Muruga: Green	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 11 - 19
Creative Work	Siddha Yoga	356655471 Rahu 6:30AM – 8:25AM	Kaulava Until 8:35PM	Nataraja: Yellow		3rd Phase
			Panchami Until 8:02AM	Moon – Red		
				Ashada*Ani	Devaloka Day	

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau		Rochester, NY Sun 20 Sutra 79 Subhakrit 5124
Simha Rasi: 29.48	Tithi 6 – 7	Gulika 12:14PM – 2:08PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:36AM	
		Yama 8:25AM – 10:19AM	Variyan Until 1:12AM Wed	Muruga: Green	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 11 - 20
Creative Work	Amrita Yoga	356655471 Rahu 4:03PM – 5:57PM	Gara Until 9:15PM	Nataraja: Yellow		3rd Phase
Until 1:04AM Wed			Shashthi* Until 8:58AM	Moon – Red		
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani	Devaloka Day	

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visli* Karana Saplam/Ashtamyam Titau		Rochester, NY Sun 21 Sutra 80 Subhakrit 5124
Kanya Rasi: 12.32	Tithi 7 – 8	Gulika 10:20AM – 12:14PM	Hasta Until 1:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:37AM	
		Yama 6:31AM – 8:25AM	Parigha* Until 12:08AM Thu	Muruga: Green	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 11 - 21
Routine Work	Marana Yoga	467655471 Rahu 12:14PM – 2:08PM	Visli Until 9:16PM	Nataraja: Yellow		Ashtami
Until 1:50AM Thu			Saptami Until 9:19AM	Moon – Green		
Then Creative Work - Siddha Yoga				Ashada*Ani	Devaloka Day	

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rochester, NY Sun 22 Sutra 81 Subhakrit 5124
Kanya Rasi: 25.37	Tithi 8 – 9	Gulika 8:26AM – 10:20AM	Chitra Until 1:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:37AM	
		Yama 4:37AM – 6:32AM	Shiva Until 10:31PM	Muruga: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 11 - 22
Creative Work	Siddha Yoga	467655471 Rahu 2:08PM – 4:03PM	Balava Until 8:33PM	Nataraja: Yellow		Navami
			Ashtami* Until 8:59AM	Moon – Green		
				Ashada*Ani	Devaloka Day	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1		Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 82 Subhakrit 5124
Tula Rasi: 9.05	Tithi 9 – 10	Gulika 6:32AM – 8:26AM	Svati Until 12:43AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:38AM			
		Yama 4:03PM – 5:57PM	Siddha Until 8:16PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 12 - 23		
467655471		Rahu 10:20AM – 12:14PM	Taitila Until 7:07PM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Navami* Until 7:55AM	Moon – Green			Devaloka Day	
				Ashada*Ani				

2		Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 23	Tithi 10 – 11	Gulika 4:39AM – 6:33AM	Vishakha Until 11:20PM	Ganesha: White	<i>Sunrise:</i> 4:39AM			
		Yama 2:08PM – 4:02PM	Sadhya Until 5:27PM	Muruqa: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 24		
477655471		Rahu 8:27AM – 10:21AM	Visti Until 3:39AM Sun	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 6:07AM	Moon – Orange			Bhuloka Day	
				Ashada*Ani			Devaloka Time: 6:PM to 9:PM	

3		Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 7.21	Tithi 12	Gulika 4:02PM – 5:56PM	Anuradha Until 9:13PM	Ganesha: White	<i>Sunrise:</i> 4:39AM			
		Yama 12:15PM – 2:08PM	Subha Until 2:09PM	Muruqa: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 25		
477655471		Rahu 5:56PM – 7:50PM	Bava Until 2:13PM	Nataraja: Yellow		4th Phase		
Routine Work	Marana Yoga		Dvadashi Until 12:37AM Mon	Moon – Orange			Bhuloka Day	
				Ashada*Ani			Devaloka Time: 6:PM to 9:PM	

4		Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 22.05	Tithi 13	Gulika 2:08PM – 4:02PM	Jyeshtha* Until 6:31PM	Ganesha: White	<i>Sunrise:</i> 4:40AM			
Family Home Evening		Yama 10:21AM – 12:15PM	Sukla Until 10:24AM	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12 - 26		
477655471		Rahu 6:34AM – 8:27AM	Kaulava Until 10:57AM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 9:10PM	Moon – Orange			Bhuloka Day	
				Ashada*Ani			Devaloka Time: 6:PM to 9:PM	
								<i>Pradosha Vrata</i>

5		Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashy/Purnimayam Titau				Rochester, NY Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 7.08	Tithi 14 – 15	Gulika 12:15PM – 2:08PM	Mula* Until 3:46PM	Ganesha: White	<i>Sunrise:</i> 4:41AM			
		Yama 8:28AM – 10:21AM	Brahma Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12 - 27		
488655471		Rahu 4:02PM – 5:55PM	Gara Until 7:20AM	Nataraja: Yellow		4th Phase		
Creative Work	Amrita Yoga		Chaturdashi* Until 5:26PM	Moon – Light Blue			Sivaloka Day	
Until 3:46PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

		Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 28 Sutra 87 Subhakrit 5124
Dhanus Rasi: 22.22	Tithi 15 – 16	Gulika 10:22AM – 12:15PM	Purvashadha* Until 12:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM			
		Yama 6:35AM – 8:28AM	Vaidhriti* Until 9:55PM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12 - Purnima		
488755471		Rahu 12:15PM – 2:08PM	Balava Until 11:41PM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Purnima* Until 1:35PM	Moon – Light Blue			Devaloka Day	
				Ashada*Ani				
								Satguru Purnima

Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 29 Sutra 88 Subhakrit 5124		
Silver Retreat Star		Gulika 8:29AM – 10:22AM	Uttarashadha Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM			
Makara Rasi: 7.35	Tithi 16 – 17	Yama 4:43AM – 6:36AM	Vishkambha* Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12 - Prathama		
488755471		Rahu 2:08PM – 4:01PM	Taitila Until 7:59PM	Nataraja: Yellow				
Routine Work	Marana Yoga		Prathama* Until 9:47AM	Moon – Light Blue			Devaloka Day	
Until 9:40AM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 89

Subhakrit 5124

Makara Rasi: 22.4 Tithi 17 - 18

498755471

Gulika 6:36AM - 8:29AM
Yama 4:01PM - 5:54PM
Rahu 10:22AM - 12:15PM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue *Sunrise: 4:43AM*
Muruqa: Green *Sunset: 7:47PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 90

Subhakrit 5124

Kumbha Rasi: 7.25 Tithi 19

498755471

Gulika 4:44AM - 6:37AM
Yama 2:08PM - 4:01PM
Rahu 8:30AM - 10:23AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue *Sunrise: 4:44AM*
Muruqa: Green *Sunset: 7:46PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproskthapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Sun 3 Sutra 91

Subhakrit 5124

Kumbha Rasi: 21.46 Tithi 20

418755472

Gulika 4:01PM - 5:53PM
Yama 12:15PM - 2:08PM
Rahu 5:53PM - 7:46PM

Purvaproskthapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White *Sunrise: 4:45AM*
Muruqa: Green *Sunset: 7:46PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproskthapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY

Sun 4 Sutra 92

Subhakrit 5124

Meena Rasi: 5.38 Tithi 21

418755472

Gulika 2:08PM - 4:00PM
Yama 10:23AM - 12:15PM
Rahu 6:38AM - 8:31AM

Uttaraproskthapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White *Sunrise: 4:46AM*
Muruqa: Green *Sunset: 7:45PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Rochester, NY

Sun 5 Sutra 93

Subhakrit 5124

Meena Rasi: 19.01 Tithi 22

419755472

Gulika 12:16PM - 2:08PM
Yama 8:31AM - 10:23AM
Rahu 4:00PM - 5:52PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear *Sunrise: 4:47AM*
Muruqa: Green *Sunset: 7:44PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 94

Subhakrit 5124

Mesha Rasi: 1.56 Tithi 23

429755472

Gulika 10:24AM - 12:16PM
Yama 6:40AM - 8:32AM
Rahu 12:16PM - 2:08PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple *Sunrise: 4:48AM*
Muruqa: Green *Sunset: 7:43PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY

Sun 7 Sutra 95

Subhakrit 5124

Mesha Rasi: 14.28 Tithi 24

429755472

Gulika 8:32AM - 10:24AM
Yama 4:49AM - 6:40AM
Rahu 2:07PM - 3:59PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple *Sunrise: 4:49AM*
Muruqa: Green *Sunset: 7:42PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Rochester, NY Sun 8
Mesha Rasi: 26.42	Tithi 25	Gulika 6:41AM – 8:33AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	Subhakrit 5124
		Yama 3:59PM – 5:50PM	Ganda* Until 2:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 14 - 8
		429755472 Rahu 10:24AM – 12:16PM	Vanija Until 11:59AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat	Moon – White		Devaloka Day
Until 8:24AM Sat				Ashada*Adi		
Then Creative Work - Amrita Yoga						

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Rochester, NY Sun 9
Virshabha Rasi: 8.43	Tithi 26	Gulika 4:51AM – 6:42AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Subhakrit 5124
		Yama 2:07PM – 3:58PM	Vriddhi Until 3:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 14 - 9
		429755472 Rahu 8:33AM – 10:24AM	Bava Until 2:08PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun	Moon – White		Devaloka Day
				Ashada*Adi		

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rochester, NY Sun 10
Virshabha Rasi: 20.35	Tithi 27	Gulika 3:58PM – 5:49PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Subhakrit 5124
		Yama 12:16PM – 2:07PM	Dhruva Until 4:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 14 - 10
		439755472 Rahu 5:49PM – 7:40PM	Kaulava Until 4:34PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon	Moon – Yellow		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Rochester, NY Sun 11
Mithuna Rasi: 2.25	Tithi 28	Gulika 2:06PM – 3:57PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	Subhakrit 5124
Family Home Evening		Yama 10:25AM – 12:16PM	Vyaghata* Until 5:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga	439755472 Rahu 6:43AM – 8:34AM	Gara Until 7:06PM	Nataraja: White		2nd Phase
Until 2:37PM			Trayodashi* Until 8:20AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi		Devaloka Time: 9:AM to12:PM

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 12
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 12:16PM – 2:06PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
		Yama 8:35AM – 10:25AM	Harshana Until 6:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 14 - 12
		431755472 Rahu 3:57PM – 5:47PM	Visti Until 9:34PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM	Moon – Yellow		Bhuloka Day
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rochester, NY Sun 13
Retreat Star		Gulika 10:25AM – 12:16PM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 6:45AM – 8:35AM	Harshana Until 6:37AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 14 - 13
		441755472 Rahu 12:16PM – 2:06PM	Catuspada Until 11:52PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM	Moon – Blue		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rochester, NY Sun 14
Kataka Rasi: 8.01	Tithi 30 – 1	Gulika 8:36AM – 10:26AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
		Yama 4:56AM – 6:46AM	Vajra* Until 7:26AM	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 14 - 14
		441755472 Rahu 2:06PM – 3:56PM	Kintughna Until 1:57AM Fri	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM	Moon – Blue		Bhuloka Day
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 15 Sutra 103 Subhakarit 5124
Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 6:46AM – 8:36AM	Ashlesha* Until 1:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Muruqa: Green	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15 - 15 3rd Phase
Routine Work	Marana Yoga	Yama 3:55PM – 5:45PM	Siddhi Until 8:04AM	Nataraja: White		Moon – Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 1:31AM Sat		441755472 Rahu 10:26AM – 12:16PM	Balava Until 3:44AM Sat			Sravana*Adi		
Then Creative Work - Amrita Yoga			Prathama* Until 2:51PM					

2		Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY Sun 16 Sutra 104 Subhakarit 5124
Simha Rasi: 2.11	Tithi 2 – 3	Gulika 4:58AM – 6:47AM	Magha* Until 3:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 4:58AM	Muruqa: Green	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15 - 16 3rd Phase
Creative Work	Amrita Yoga	Yama 2:05PM – 3:55PM	Vyatipata* Until 8:30AM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 3:48AM Sun		451755472 Rahu 8:37AM – 10:26AM	Taitila Until 5:12AM Sun			Sravana*Adi		
Then Creative Work - Siddha Yoga			Dvitiya Until 4:29PM					

3		Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Rochester, NY Sun 17 Sutra 105 Subhakarit 5124
Simha Rasi: 14.27	Tithi 3 – 4	Gulika 3:54PM – 5:43PM	Purvaphalguni Until 5:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 12:16PM – 2:05PM	Variyan Until 8:39AM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 3:48AM Sun		451755472 Rahu 5:43PM – 7:32PM	Vanija Until 6:19AM Mon			Sravana*Adi		
Then Creative Work - Siddha Yoga			Tritiya Until 5:47PM					

4		Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Rochester, NY Sun 18 Sutra 106 Subhakarit 5124
Simha Rasi: 26.52	Tithi 4	Gulika 2:04PM – 3:53PM	Uttaraphalguni Until 6:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:00AM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening		Yama 10:27AM – 12:16PM	Parigha* Until 8:32AM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work	Siddha Yoga	451755472 Rahu 6:49AM – 8:38AM	Vanija Until 6:19AM			Sravana*Adi		
Then Creative Work - Siddha Yoga			Chaturthi* Until 6:43PM					

5		Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY Sun 19 Sutra 107 Subhakarit 5124
Kanya Rasi: 9.29	Tithi 5	Gulika 12:15PM – 2:04PM	Uttaraphalguni Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work	Amrita Yoga	Yama 8:38AM – 10:27AM	Shiva Until 8:06AM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 6:48AM		451755472 Rahu 3:53PM – 5:41PM	Bava Until 7:02AM			Sravana*Adi		
Then Creative Work - Siddha Yoga			Panchami Until 7:12PM					

6		Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY Sun 20 Sutra 108 Subhakarit 5124
Kanya Rasi: 22.18	Tithi 6	Gulika 10:27AM – 12:15PM	Hasta Until 7:53AM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work	Marana Yoga	Yama 6:50AM – 8:39AM	Siddha Until 7:17AM	Nataraja: White		Moon – Green		Devaloka Day
Until 7:53AM		461755472 Rahu 12:15PM – 2:04PM	Kaulava Until 7:17AM			Sravana*Adi		
Then Creative Work - Siddha Yoga			Shashthi* Until 7:11PM					

Retreat Star		Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY Sun 21 Sutra 109 Subhakarit 5124
Tula Rasi: 5.23	Tithi 7	Gulika 8:39AM – 10:27AM	Chitra Until 8:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15 - 21 3rd Phase
Creative Work	Siddha Yoga	Yama 5:03AM – 6:51AM	Sadhya Until 6:03AM	Nataraja: White		Moon – Green		Devaloka Day
Until 8:17AM		461765472 Rahu 2:03PM – 3:51PM	Gara Until 7:00AM			Sravana*Adi		
Then Creative Work - Amrita Yoga			Saptami Until 6:37PM					

Retreat Star		Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Rochester, NY Sun 22 Sutra 110 Subhakarit 5124
Tula Rasi: 18.47	Tithi 8 – 9	Gulika 6:52AM – 8:40AM	Svati Until 7:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 15 - 22 Ashtami
Creative Work	Siddha Yoga	Yama 3:51PM – 5:39PM	Sukla Until 2:09AM Sat	Nataraja: White		Moon – Green		Devaloka Day
Until 8:17AM		461765472 Rahu 10:27AM – 12:15PM	Visti Until 6:07AM			Sravana*Adi		
Then Creative Work - Amrita Yoga			Ashtami* Until 5:26PM					

Retreat Star		Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 111 Subhakarit 5124
Vrischika Rasi: 2.34	Tithi 9 – 10	Gulika 5:05AM – 6:53AM	Vishakha Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 5:05AM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 15 - 23 Navami
Creative Work	Siddha Yoga	Yama 2:03PM – 3:50PM	Brahma Until 11:28PM	Nataraja: White		Moon – Orange		Bhuloka Day
Until 8:17AM		472765472 Rahu 8:40AM – 10:28AM	Taitila Until 2:32AM Sun			Sravana*Adi		
Then Creative Work - Amrita Yoga			Navami* Until 3:38PM					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Rochester, NY Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	Gulika 3:49PM - 5:36PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	
		Yama 12:15PM - 2:02PM	Indra Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 - 24
		472865472 Rahu 5:36PM - 7:24PM	Vanija Until 11:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange		
Until 3:53AM Mon				Sravana*Adi		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 2:02PM - 3:49PM	Mula* Until 1:41AM Tue	Ganesha: White	<i>Sunrise:</i> 5:07AM	
Family Home Evening		Yama 10:28AM - 12:15PM	Vaidhriti* Until 4:48PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 25
		482865472 Rahu 6:54AM - 8:41AM	Bava Until 8:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue		
				Sravana*Adi		Devaloka Day

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 12:15PM - 2:01PM	Purvashadha* Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 5:08AM	
		Yama 8:41AM - 10:28AM	Vishkambha* Until 12:59PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 26
		482865472 Rahu 3:48PM - 5:34PM	Taitila Until 3:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue		
Until 11:04PM				Sravana*Adi		Devaloka Day
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 10:28AM - 12:15PM	Uttarashadha Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 5:09AM	
		Yama 6:56AM - 8:42AM	Priti Until 9:01AM	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16 - 27
		482865472 Rahu 12:15PM - 2:01PM	Gara Until 1:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue		
Until 8:11PM				Sravana*Adi		Devaloka Day
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY Sutra 116 Subhakrit 5124
Makara Rasi: 16.04	Tithi 15	Gulika 8:42AM - 10:28AM	Shravana Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	
		Yama 5:10AM - 6:56AM	Saubhagya Until 1:02AM Fri	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 16 -
		492865472 Rahu 2:00PM - 3:46PM	Visti Until 10:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple		
		Raksha Bandhan		Sravana*Adi		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.02	Tithi 16 - 17	Gulika 6:57AM - 8:43AM	Dhanishtha Until 3:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:12AM	
		Yama 3:45PM - 5:31PM	Sobhana Until 9:20PM	Muruqa: White	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16 -
		492865472 Rahu 10:29AM - 12:14PM	Balava Until 6:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple		
				Sravana*Adi		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472

Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Gulika 5:13AM - 6:58AM
Yama 1:59PM - 3:45PM
Rahu 8:43AM - 10:29AM
Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Rochester, NY
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase
Ganesha: Clear *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: White
Moon - Purple
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Meena Rasi: 0.07 Tithi 18 - 19

412865472

Creative Work Siddha Yoga
Until 11:27AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Gulika 3:44PM - 5:29PM
Yama 12:14PM - 1:59PM
Rahu 5:29PM - 7:14PM
Purvaprosarthapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Rochester, NY
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase
Ganesha: Yellow *Sunrise:* 5:14AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon - Clear
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Meena Rasi: 14.02 Tithi 19 - 20

412865472

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:58PM - 3:43PM
Yama 10:29AM - 12:14PM
Rahu 7:00AM - 8:44AM
Uttaraprosarthapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Rochester, NY
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase
Ganesha: Yellow *Sunrise:* 5:15AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon - Clear
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Meena Rasi: 27.28 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:13PM - 1:58PM
Yama 8:45AM - 10:29AM
Rahu 3:42PM - 5:27PM
Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Rochester, NY
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase
Ganesha: Yellow *Sunrise:* 5:16AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: White
Moon - Clear
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Mesha Rasi: 10.26 Tithi 21 - 22

522865472

Routine Work Marana Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:29AM - 12:13PM
Yama 7:01AM - 8:45AM
Rahu 12:13PM - 1:57PM
Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Rochester, NY
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase
Ganesha: Yellow *Sunrise:* 5:17AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: White
Moon - White
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Retreat Star

Mesha Rasi: 23 Tithi 22 - 23

522865472

Creative Work Siddha Yoga
Until 1:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:46AM - 10:29AM
Yama 5:18AM - 7:02AM
Rahu 1:57PM - 3:40PM
Bharani Until 1:06PM
Vridhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Rochester, NY
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami
Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: White *Sunset:* 7:08PM
Nataraja: White
Moon - White
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Friday, August 19, 2022

Retreat Star

Vrishabha Rasi: 5.15 Tithi 23 - 24

523865472

Creative Work Siddha Yoga
Until 3:16PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Gulika 7:03AM - 8:46AM
Yama 3:40PM - 5:23PM
Rahu 10:29AM - 12:13PM
Krittika Until 3:16PM
Dhruva Until 10:30AM
Taila Until 1:37AM Sat
Ashtami* Until 12:33PM

Rochester, NY
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami
Ganesha: White *Sunrise:* 5:19AM
Muruqa: White *Sunset:* 7:06PM
Nataraja: White
Moon - White
Bhuloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Rochester, NY
	Wrishabha Rasi: 17.16	Tithi 24 – 25	533865472	Gulika 5:20AM – 7:03AM Yama 1:56PM – 3:39PM Rahu 8:46AM – 10:29AM	Rohini Until 6:13PM Vyaghata* Until 11:13AM Vanija Until 3:57AM Sun Navami* Until 2:44PM	Sunrise: 5:20AM Sunset: 7:05PM	Sun 8 Sutra 125 Subhakit 5124 Moon 8 - Phase 18 - 8 2nd Phase
	Creative Work	Amrita Yoga					Bhuloka Day
	Until 6:13PM	Then Creative Work - Siddha Yoga					Devaloka Time: 6:AM to 9:AM


2	Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Wrishabha Rasi: 29.09	Tithi 25 – 26	533865472	Gulika 3:38PM – 5:20PM Yama 12:12PM – 1:55PM Rahu 5:20PM – 7:03PM	Mrigashira Until 9:14PM Harshana Until 12:11PM Bava Until 6:27AM Mon Dashami Until 5:10PM	Sunrise: 5:21AM Sunset: 7:03PM	Sun 9 Sutra 126 Subhakit 5124 Moon 8 - Phase 18 - 9 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
							Devaloka Time: 6:AM to 9:AM


3	Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Mithuna Rasi: 10.59	Tithi 26	533865472	Gulika 1:54PM – 3:37PM Yama 10:30AM – 12:12PM Rahu 7:05AM – 8:47AM	Ardra Until 12:05AM Tue Vajra* Until 1:11PM Bava Until 6:27AM Ekadashi* Until 7:40PM	Sunrise: 5:23AM Sunset: 7:02PM	Sun 10 Sutra 127 Subhakit 5124 Moon 8 - Phase 18 - 10 2nd Phase
	Family Home Evening						Bhuloka Day
	Creative Work	Siddha Yoga					Devaloka Time: 6:AM to 9:AM

4	Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rochester, NY
	Mithuna Rasi: 22.5	Tithi 27	543865472	Gulika 12:12PM – 1:54PM Yama 8:48AM – 10:30AM Rahu 3:36PM – 5:18PM	Punarvasu Until 3:08AM Wed Siddhi Until 2:07PM Kaulava Until 8:54AM Dvadashi* Until 10:02PM	Sunrise: 5:24AM Sunset: 7:00PM	Sun 11 Sutra 128 Subhakit 5124 Moon 8 - Phase 18 - 11 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day

5	Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Kataka Rasi: 4.45	Tithi 28	543865472	Gulika 10:30AM – 12:11PM Yama 7:06AM – 8:48AM Rahu 12:11PM – 1:53PM	Pushya Until 5:45AM Thu Vyatipata* Until 2:54PM Gara Until 11:08AM Trayodashi* Until 12:08AM Thu <i>Pradosha Vrata (Fasting)</i>	Sunrise: 5:25AM Sunset: 6:58PM	Sun 12 Sutra 129 Subhakit 5124 Moon 8 - Phase 18 - 12 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day

6	Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
	Kataka Rasi: 16.47	Tithi 29	543865472	Gulika 8:49AM – 10:30AM Yama 5:26AM – 7:07AM Rahu 1:53PM – 3:34PM	Ashlesha* Until 7:51AM Fri Variyan Until 3:24PM Visti Until 1:04PM Chaturdashi* Until 1:53AM Fri	Sunrise: 5:26AM Sunset: 6:57PM	Sun 13 Sutra 130 Subhakit 5124 Moon 8 - Phase 18 - 13 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 7:51AM Fri	Then Routine Work - Marana Yoga					

	Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY
	Retreat Star		543865472	Gulika 7:08AM – 8:49AM Yama 3:33PM – 5:14PM Rahu 10:30AM – 12:11PM	Ashlesha* Until 7:51AM Parigha* Until 3:38PM Catuspada Until 2:38PM Amavasya* Until 3:15AM Sat	Sunrise: 5:27AM Sunset: 6:55PM	Sun 14 Sutra 131 Subhakit 5124 Moon 8 - Phase 18 - 14 Amavasya
	Routine Work	Marana Yoga					Bhuloka Day

	Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
	Retreat Star		533865473	Gulika 5:28AM – 7:09AM Yama 1:51PM – 3:32PM Rahu 8:49AM – 10:30AM	Magha* Until 9:54AM Shiva Until 3:35PM Kintughna Until 3:49PM Prathama* Until 4:14AM Sun	Sunrise: 5:28AM Sunset: 6:53PM	Sun 15 Sutra 132 Subhakit 5124 Moon 8 - Phase 18 - 15 Prathama
	Creative Work	Amrita Yoga					Bhuloka Day
	Until 9:54AM	Then Creative Work - Siddha Yoga					Devaloka Time: 6:PM to 9:PM

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1 Sunday, August 28, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY
Simha Rasi: 23.49	Tithi 2	Gulika 3:31PM – 5:11PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	Sunrise: 5:29AM	Sun 16 Sutra 133
		Yama 12:10PM – 1:51PM	Siddha Until 3:11PM	Muruqa: White	Sunset: 6:52PM	Subhakra 5124
		553865473 Rahu 5:11PM – 6:52PM	Balava Until 4:36PM	Nataraja: Clear		Moon 8 - Phase 19 - 16
Creative Work	Siddha Yoga		Dvitiya Until 4:49AM Mon	Moon – Red		3rd Phase
Until 11:24AM				Bhadrapada-Avani	Bhuloka Day	
Then Creative Work - Amrita Yoga					Devaloka Time: 6:PM to 9:PM	

2 Monday, August 29, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Rochester, NY
Kanya Rasi: 6.3	Tithi 3	Gulika 1:50PM – 3:30PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	Sunrise: 5:30AM	Sun 17 Sutra 134
Family Home Evening		Yama 10:30AM – 12:10PM	Sadhya Until 2:30PM	Muruqa: White	Sunset: 6:50PM	Subhakra 5124
		553865473 Rahu 7:10AM – 8:50AM	Taitila Until 4:59PM	Nataraja: Clear		Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga		Tritiya Until 5:01AM Tue	Moon – Red		3rd Phase
				Bhadrapada-Avani	Bhuloka Day	
					Devaloka Time: 6:PM to 9:PM	

3 Tuesday, August 30, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Rochester, NY
Kanya Rasi: 19.23	Tithi 4	Gulika 12:10PM – 1:49PM	Hasta Until 1:17PM	Ganesha: Blue	Sunrise: 5:31AM	Sun 18 Sutra 135
		Yama 8:51AM – 10:30AM	Subha Until 1:32PM	Muruqa: White	Sunset: 6:48PM	Subhakra 5124
		563865473 Rahu 3:29PM – 5:09PM	Vanija Until 5:00PM	Nataraja: Clear		Moon 8 - Phase 19 - 18
Creative Work	Siddha Yoga		Chaturthi* Until 4:51AM Wed	Moon – Green		3rd Phase
		Ganesha Chaturthi		Bhadrapada-Avani	Bhuloka Day	
					Devaloka Time: 6:PM to 9:PM	

4 Wednesday, August 31, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
Tula Rasi: 2.26	Tithi 5	Gulika 10:30AM – 12:09PM	Chitra Until 1:39PM	Ganesha: Red	Sunrise: 5:32AM	Sun 19 Sutra 136
		Yama 7:12AM – 8:51AM	Sukla Until 12:14PM	Muruqa: White	Sunset: 6:47PM	Subhakra 5124
		563965473 Rahu 12:09PM – 1:49PM	Bava Until 4:38PM	Nataraja: Clear		Moon 8 - Phase 19 - 19
Creative Work	Siddha Yoga		Panchami Until 4:17AM Thu	Moon – Green		3rd Phase
				Bhadrapada-Avani	Devaloka Day	

5 Thursday, September 1, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
Tula Rasi: 15.43	Tithi 6	Gulika 8:51AM – 10:30AM	Svati Until 1:30PM	Ganesha: Red	Sunrise: 5:33AM	Sun 20 Sutra 137
		Yama 5:33AM – 7:12AM	Brahma Until 10:38AM	Muruqa: White	Sunset: 6:45PM	Subhakra 5124
		563965473 Rahu 1:48PM – 3:27PM	Kaulava Until 3:52PM	Nataraja: Clear		Moon 8 - Phase 19 - 20
Creative Work	Amrita Yoga		Shashthi* Until 3:18AM Fri	Moon – Green		3rd Phase
Until 1:30PM				Bhadrapada-Avani	Devaloka Day	
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
Tula Rasi: 29.13	Tithi 7	Gulika 7:13AM – 8:52AM	Vishakha Until 1:14PM	Ganesha: Yellow	Sunrise: 5:35AM	Sun 21 Sutra 138
		Yama 3:26PM – 5:04PM	Indra Until 8:43AM	Muruqa: White	Sunset: 6:43PM	Subhakra 5124
		574965473 Rahu 10:30AM – 12:09PM	Gara Until 2:41PM	Nataraja: Clear		Moon 8 - Phase 19 - 21
Creative Work	Siddha Yoga		Saptami Until 1:55AM Sat	Moon – Orange		3rd Phase
				Bhadrapada-Avani	Devaloka Day	

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
Vrischika Rasi: 12.57	Tithi 8	Gulika 5:36AM – 7:14AM	Anuradha Until 12:24PM	Ganesha: Yellow	Sunrise: 5:36AM	Sun 22 Sutra 139
		Yama 1:47PM – 3:25PM	Vaidhriti* Until 6:26AM	Muruqa: White	Sunset: 6:41PM	Subhakra 5124
		574965473 Rahu 8:52AM – 10:30AM	Visti Until 1:05PM	Nataraja: Clear		Moon 8 - Phase 19 - 22
Creative Work	Siddha Yoga		Ashtami* Until 12:07AM Sun	Moon – Orange		Ashtami
				Bhadrapada-Avani	Devaloka Day	

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
Vrischika Rasi: 26.57	Tithi 9	Gulika 3:24PM – 5:02PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	Sunrise: 5:37AM	Sun 23 Sutra 140
		Yama 12:08PM – 1:46PM	Priti Until 12:55AM Mon	Muruqa: White	Sunset: 6:40PM	Subhakra 5124
		574965473 Rahu 5:02PM – 6:40PM	Balava Until 11:05AM	Nataraja: Clear		Moon 8 - Phase 19 - 23
Routine Work	Marana Yoga		Navami* Until 9:55PM	Moon – Orange		Navami
Until 11:01AM				Bhadrapada-Avani	Devaloka Day	
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Rochester, NY
Dhanus Rasi: 11.12	Tithi 10	Gulika	1:45PM – 3:23PM	Mula* Until 9:32AM	Ganesha: White	Sunrise: 5:38AM
Family Home Evening	584965473	Yama	10:30AM – 12:08PM	Ayushman Until 9:42PM	Muruqa: White	Sunset: 6:38PM
Creative Work	Siddha Yoga	Rahu	7:15AM – 8:53AM	Taitila Until 8:42AM	Nataraja: Clear	Moon 8 - Phase 20 - 24
Until 9:32AM				Dashami Until 7:22PM	Moon – Light Blue	4th Phase
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Rochester, NY
Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika	12:07PM – 1:45PM	Purvashadha* Until 7:36AM	Ganesha: White	Sunrise: 5:39AM
	584965473	Yama	8:53AM – 10:30AM	Saubhagya Until 6:16PM	Muruqa: White	Sunset: 6:38PM
Creative Work	Siddha Yoga	Rahu	3:22PM – 4:59PM	Vanija Until 6:00AM	Nataraja: Clear	Moon 8 - Phase 20 - 25
Until 7:36AM				Ekadashi Until 4:33PM	Moon – Light Blue	4th Phase
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Rochester, NY
Makara Rasi: 10.19	Tithi 12 – 13	Gulika	10:30AM – 12:07PM	Shravana Until 3:15AM Thu	Ganesha: Clear	Sunrise: 5:40AM
	594965473	Yama	7:17AM – 8:54AM	Sobhana Until 2:44PM	Muruqa: White	Sunset: 6:34PM
Creative Work	Siddha Yoga	Rahu	12:07PM – 1:44PM	Kaulava Until 12:04AM Thu	Nataraja: Clear	Moon 8 - Phase 20 - 26
				Dvadashi Until 1:34PM	Moon – Purple	4th Phase
					Bhadrapada*Avani	Devaloka Day

Pradosha Vrata

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Rochester, NY
Makara Rasi: 25.01	Tithi 13 – 14	Gulika	8:54AM – 10:30AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear	Sunrise: 5:41AM
	594965473	Yama	5:41AM – 7:18AM	Athiganda* Until 11:09AM	Muruqa: White	Sunset: 6:33PM
Creative Work	Siddha Yoga	Rahu	1:43PM – 3:20PM	Gara Until 9:05PM	Nataraja: Clear	Moon 8 - Phase 20 - 27
					Moon – Purple	4th Phase
		Chidambaram Abhishekam		Trayodashi Until 10:33AM	Bhadrapada*Avani	Devaloka Day

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Rochester, NY
Copper Retreat Star		Gulika	7:18AM – 8:54AM	Shatabhishak Until 10:58PM	Ganesha: Clear	Sunrise: 5:42AM
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	3:19PM – 4:55PM	Sukarma Until 7:40AM	Muruqa: White	Sunset: 6:31PM
	594965473	Rahu	10:30AM – 12:06PM	Visti Until 6:17PM	Nataraja: Clear	Moon 8 - Phase 20 - Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:38AM	Moon – Purple	
					Bhadrapada*Avani	Devaloka Day

Silver Retreat Star		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Rochester, NY
Silver Retreat Star		Gulika	5:43AM – 7:19AM	Purvaproshtapada* Until 9:31PM	Ganesha: Clear	Sunrise: 5:43AM
Kumbha Rasi: 24.07	Tithi 16	Yama	1:42PM – 3:18PM	Shula* Until 1:28AM Sun	Muruqa: White	Sunset: 6:29PM
	514965473	Rahu	8:55AM – 10:30AM	Balava Until 3:49PM	Nataraja: Clear	Moon 8 - Phase 20 - Prathama
Routine Work	Marana Yoga			Prathama* Until 2:45AM Sun	Moon – Clear	
Until 9:31PM					Bhadrapada*Avani	Devaloka Day
Then Creative Work - Siddha Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Sunday, September 11, 2022
Gold Retreat Star

Meena Rasi: 8.17 Tithi 17
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Gulika 3:16PM – 4:52PM **Uttaraproshtapada** Until 8:27PM
Yama 12:06PM – 1:41PM **Ganda*** Until 10:59PM
Rahu 4:52PM – 6:27PM **Taitila** Until 1:51PM

Grandparent's Day **Dvitiya** Until 1:05AM Mon **Bhadrapada-Avani**

Rochester, NY
Sutra 147
Subhakrit 5124
Moon 9 - Phase 21 -
1st Phase

Ganesha: Clear *Sunrise:* 5:44AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – Clear

Devaloka Day

1

Monday, September 12, 2022

Meena Rasi: 22.05 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Gulika 1:40PM – 3:15PM **Revati** Until 7:55PM
Yama 10:30AM – 12:05PM **Vriddhi** Until 9:04PM
Rahu 7:20AM – 8:55AM **Vanija** Until 12:31PM

Tritiya Until 12:06AM Tue **Bhadrapada-Avani**

Rochester, NY
Sun 1 Sutra 148
Subhakrit 5124
Moon 9 - Phase 21 - 1
1st Phase

Ganesha: Clear *Sunrise:* 5:45AM
Muruqa: White *Sunset:* 6:25PM
Nataraja: Clear
Moon – Clear

Devaloka Day

2

Tuesday, September 13, 2022

Mesha Rasi: 5.29 Tithi 19
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 12:05PM – 1:40PM **Ashvini** Until 8:25PM
Yama 8:56AM – 10:30AM **Dhruva** Until 7:44PM
Rahu 3:14PM – 4:49PM **Balava** Until 11:56AM

Chaturthi* Until 11:55PM **Bhadrapada-Avani**

Rochester, NY
Sun 2 Sutra 149
Subhakrit 5124
Moon 9 - Phase 21 - 2
1st Phase

Ganesha: White *Sunrise:* 5:47AM
Muruqa: White *Sunset:* 6:24PM
Nataraja: Clear
Moon – White

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Mesha Rasi: 18.27 Tithi 20
Creative Work Siddha Yoga
Until 9:34PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:30AM – 12:05PM **Bharani** Until 9:34PM
Yama 7:22AM – 8:56AM **Vyaghata*** Until 7:03PM
Rahu 12:05PM – 1:39PM **Kaulava** Until 12:09PM

Panchami Until 12:32AM Thu **Bhadrapada-Avani**

Rochester, NY
Sun 3 Sutra 150
Subhakrit 5124
Moon 9 - Phase 21 - 3
1st Phase

Ganesha: White *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – White

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Vrishabha Rasi: 1.02 Tithi 21
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:57AM – 10:30AM **Krittika** Until 11:17PM
Yama 5:49AM – 7:23AM **Harshana** Until 6:59PM
Rahu 1:38PM – 3:12PM **Gara** Until 1:08PM

Shashthi* Until 1:53AM Fri **Bhadrapada-Avani**

Rochester, NY
Sun 4 Sutra 151
Subhakrit 5124
Moon 9 - Phase 21 - 4
1st Phase

Ganesha: Clear *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – White

Devaloka Day

5

Friday, September 16, 2022

Vrishabha Rasi: 13.19 Tithi 22
Routine Work Marana Yoga
Until 1:55AM Sat
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:23AM – 8:57AM **Rohini** Until 1:55AM Sat
Yama 3:11PM – 4:45PM **Vajra*** Until 7:22PM
Rahu 10:30AM – 12:04PM **Visti** Until 2:49PM

Saptami Until 3:50AM Sat **Bhadrapada-Puratasi**

Rochester, NY
Sun 5 Sutra 152
Subhakrit 5124
Moon 9 - Phase 21 - 5
1st Phase

Ganesha: White *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

D

Saturday, September 17, 2022
Retreat Star

Vrishabha Rasi: 25.22 Tithi 23
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 5:51AM – 7:24AM **Mrigashira** Until 4:44AM Sun
Yama 1:37PM – 3:10PM **Siddhi** Until 8:06PM
Rahu 8:57AM – 10:30AM **Balava** Until 4:58PM

Ashtami* Until 6:09AM Sun **Bhadrapada-Puratasi**

Rochester, NY
Sun 6 Sutra 153
Subhakrit 5124
Moon 9 - Phase 21 - 6
Ashtami

Ganesha: White *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Mithuna Rasi: 7.17 Tithi 23 – 24
Creative Work Siddha Yoga
Until 7:33AM Mon
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:09PM – 4:42PM **Ardra** Until 7:33AM Mon
Yama 12:03PM – 1:36PM **Vyatipata*** Until 9:01PM
Rahu 4:42PM – 6:15PM **Taitila** Until 7:23PM

Ashtami* Until 6:09AM **Bhadrapada-Puratasi**

Rochester, NY
Sun 7 Sutra 154
Subhakrit 5124
Moon 9 - Phase 21 - 7
Navami

Ganesha: White *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:15PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau				Rochester, NY Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika 1:35PM – 3:08PM	Ardra Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
	Family Home Evening	535965473	Yama 10:30AM – 12:03PM	Variyan Until 9:54PM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		Rahu 7:26AM – 8:58AM	Vanjia Until 9:49PM	Nataraja: Clear		2nd Phase
				Navami* Until 8:36AM	Bhadrapada-Puratasi	Sivaloka Day	
Until 7:33AM							
Then Creative Work - Amrita Yoga							

2	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 9 Sutra 156 Subhakrit 5124
	Kataka Rasi: 1.02	Tithi 25 – 26	Gulika 12:03PM – 1:35PM	Punarvasu Until 10:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	
		545965473	Yama 8:58AM – 10:30AM	Parigha* Until 10:40PM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 3:07PM – 4:39PM	Bava Until 12:05AM Wed	Nataraja: Clear		2nd Phase
				Dashami Until 10:58AM	Bhadrapada-Puratasi	Devaloka Day	

3	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 13.01	Tithi 26 – 27	Gulika 10:30AM – 12:02PM	Pushya Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	
		545965473	Yama 7:27AM – 8:59AM	Shiva Until 11:12PM	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 12:02PM – 1:34PM	Kaulava Until 1:59AM Thu	Nataraja: Clear		2nd Phase
				Ekadashi* Until 1:04PM	Bhadrapada-Puratasi	Devaloka Day	

4	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 25.08	Tithi 27 – 28	Gulika 8:59AM – 10:30AM	Ashlesha* Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM	
		545965473	Yama 5:56AM – 7:28AM	Siddha Until 11:21PM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:33PM – 3:05PM	Gara Until 3:27AM Fri	Nataraja: Clear		2nd Phase
Until 3:20PM				Dvadashi* Until 2:46PM	Bhadrapada-Puratasi	Devaloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 7.27	Tithi 28 – 29	Gulika 7:29AM – 9:00AM	Magha* Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:58AM	
		555965473	Yama 3:03PM – 4:34PM	Sadhya Until 11:09PM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:31AM – 12:02PM	Visti Until 4:26AM Sat	Nataraja: Clear		2nd Phase
Until 5:18PM				Trayodashi* Until 3:59PM	Bhadrapada-Puratasi	Devaloka Day	
Then Creative Work - Siddha Yoga							

6	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 19.59	Tithi 29 – 30	Gulika 5:59AM – 7:29AM	Purvaphalguni Until 6:36PM	Ganesha: Green	<i>Sunrise:</i> 5:59AM	
		556965473	Yama 1:32PM – 3:02PM	Subha Until 10:34PM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 9:00AM – 10:31AM	Catuspada Until 4:53AM Sun	Nataraja: Clear		2nd Phase
Until 6:36PM				Chaturdashi* Until 4:42PM	Bhadrapada-Puratasi	Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 6:PM to 9:PM	

●	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY Sun 14 Sutra 161 Subhakrit 5124
	Retreat Star		Gulika 3:01PM – 4:32PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	
	Kanya Rasi: 2.45	Tithi 30 – 1	Yama 12:01PM – 1:31PM	Sukla Until 9:33PM	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 22 - 14
		556165473	Rahu 4:32PM – 6:02PM	Kintughna Until 4:50AM Mon	Nataraja: Clear		Amavasya
Creative Work Amrita Yoga		Mahalaya Amavasai (Tamil Nadu)		Amavasya* Until 4:54PM	Bhadrapada-Puratasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

●	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Rochester, NY Sun 15 Sutra 162 Subhakrit 5124
	Retreat Star		Gulika 1:30PM – 3:00PM	Hasta Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	
	Kanya Rasi: 15.46	Tithi 1 – 2	Yama 10:31AM – 12:00PM	Brahma Until 8:11PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 15
		566165473	Rahu 7:31AM – 9:01AM	Balava Until 4:21AM Tue	Nataraja: Clear		Prathama
Creative Work Siddha Yoga		Navaratri Begins		Prathama* Until 4:38PM	Ashvina-Puratasi	Bhuloka Day	
Until 7:45PM						Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Prabalarishta Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

..ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29	Tithi 2 – 3	Gulika Yama	12:00PM – 1:30PM 9:01AM – 10:31AM	Chitra Until 7:41PM Indra Until 6:31PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:58PM Moon 9 - Phase 23 - 16 3rd Phase
	Creative Work	Siddha Yoga	666165473	Rahu 2:59PM – 4:29PM	Taitila Until 3:29AM Wed Dvitiya Until 3:57PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Rochester, NY Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 12.28	Tithi 3 – 4	Gulika Yama	10:31AM – 12:00PM 7:32AM – 9:01AM	Svati Until 7:09PM Vaidhriti* Until 4:32PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 5:56PM Moon 9 - Phase 23 - 17 3rd Phase
	Creative Work	Siddha Yoga	666165473	Rahu 12:00PM – 1:29PM	Vanija Until 2:17AM Thu Tritiya Until 2:54PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.05	Tithi 4 – 5	Gulika Yama	9:02AM – 10:31AM 6:04AM – 7:33AM	Vishakha Until 6:37PM Vishkambha* Until 2:19PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 5:55PM Moon 9 - Phase 23 - 18 3rd Phase
	Creative Work	Siddha Yoga	676165473	Rahu 1:28PM – 2:57PM	Bava Until 12:49AM Fri Chaturthi* Until 1:34PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.53	Tithi 5 – 6	Gulika Yama	7:34AM – 9:02AM 2:56PM – 4:24PM	Anuradha Until 5:41PM Priti Until 11:56AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 6:05AM <i>Sunset:</i> 5:53PM Moon 9 - Phase 23 - 19 3rd Phase
	Creative Work	Siddha Yoga	676165473	Rahu 10:31AM – 11:59AM	Kaulava Until 11:07PM Panchami Until 11:58AM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 5:41PM Then Routine Work - Marana Yoga						

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.49	Tithi 6 – 7	Gulika Yama	6:06AM – 7:35AM 1:27PM – 2:55PM	Jyeshtha* Until 4:26PM Ayushman Until 9:21AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 5:51PM Moon 9 - Phase 23 - 20 3rd Phase
	Creative Work	Siddha Yoga	687166473	Rahu 9:03AM – 10:31AM	Gara Until 9:13PM Shashthi* Until 10:10AM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika Yama	2:54PM – 4:22PM 11:58AM – 1:26PM	Mula* Until 3:17PM Saubhagya Until 6:38AM	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 6:08AM <i>Sunset:</i> 5:49PM Moon 9 - Phase 23 - 21 Ashtami
	Dhanus Rasi: 7.52	Tithi 7 – 8	687166473	Rahu 4:22PM – 5:49PM	Visti Until 7:10PM Saptami Until 8:12AM	Ashvina+Puratasi	Sivaloka Day
	Creative Work Amrita Yoga Until 3:17PM Then Creative Work - Siddha Yoga						

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Rochester, NY Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika Yama	1:26PM – 2:53PM 10:31AM – 11:58AM	Purvashadha* Until 1:52PM Athiganda* Until 12:51AM Tue	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 6:09AM <i>Sunset:</i> 5:48PM Moon 9 - Phase 23 - 22 Navami
	Dhanus Rasi: 22	Tithi 8 – 9	687166473	Rahu 7:36AM – 9:03AM	Kaulava Until 3:50AM Tue Ashtami* Until 6:05AM	Ashvina+Puratasi	Sivaloka Day
	Family Home Evening Routine Work Marana Yoga Saraswathi Puja (Tamil Nadu)						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

.All times are standard time. Calculated for Rochester, NY on 4/26/2

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
Makara Rasi: 6.13	Tithi 10	687166473	Gulika 11:58AM – 1:25PM Yama 9:04AM – 10:31AM Rahu 2:52PM – 4:19PM	Uttarashadha Until 12:12PM Sukarna Until 9:50PM Taitila Until 2:43PM Dashami Until 1:32AM Wed	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sunrise: 6:10AM Sunset: 5:46PM	Sun 23 Sutra 170 Subhakrit 5124 Moon 9 - Phase 24 - 23 4th Phase	Sivaloka Day
Routine Work Prabalarishta Yoga Until 12:12PM Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
Makara Rasi: 20.29	Tithi 11	697166473	Gulika 10:31AM – 11:58AM Yama 7:38AM – 9:04AM Rahu 11:58AM – 1:24PM	Shravana Until 10:46AM Dhriti Until 6:50PM Vanija Until 12:24PM Ekadashi Until 11:14PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:11AM Sunset: 5:44PM	Sun 24 Sutra 171 Subhakrit 5124 Moon 9 - Phase 24 - 24 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 10:46AM Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY
Kumbha Rasi: 4.44	Tithi 12	697166473	Gulika 9:05AM – 10:31AM Yama 6:12AM – 7:38AM Rahu 1:24PM – 2:50PM	Dhanishtha Until 9:14AM Shula* Until 3:51PM Bava Until 10:07AM Dvadashi Until 9:00PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:12AM Sunset: 5:42PM	Sun 25 Sutra 172 Subhakrit 5124 Moon 9 - Phase 24 - 25 4th Phase	Devaloka Day
Creative Work Siddha Yoga		Kadaitswami Mahasamadhi						
		<i>Pradosha Vrata</i>						

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY
Kumbha Rasi: 18.55	Tithi 13	697166473	Gulika 7:39AM – 9:05AM Yama 2:49PM – 4:15PM Rahu 10:31AM – 11:57AM	Shatabhishak Until 7:41AM Ganda* Until 1:01PM Kaulava Until 7:58AM Trayodashi Until 6:58PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:13AM Sunset: 5:41PM	Sun 26 Sutra 173 Subhakrit 5124 Moon 9 - Phase 24 - 26 4th Phase	Devaloka Day
Creative Work Siddha Yoga		Chidambaram Abhishekam						
		<i>Pradosha Vrata</i>						

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Chaturdashih/Purnimayam Titau				Rochester, NY
Meena Rasi: 2.56	Tithi 14 – 15	618166474	Gulika 6:15AM – 7:40AM Yama 1:22PM – 2:48PM Rahu 9:06AM – 10:31AM	Purvaproshtapada* Until 6:39AM Vridhi Until 10:25AM Gara Until 6:04AM Chaturdashih* Until 5:13PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:15AM Sunset: 5:39PM	Sun 27 Sutra 174 Subhakrit 5124 Moon 9 - Phase 24 - 27 4th Phase	Bhuloka Day
Routine Work Marana Yoga Until 6:39AM Then Creative Work - Siddha Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY
Copper Retreat Star								
Meena Rasi: 16.45	Tithi 15 – 16	618166474	Gulika 2:47PM – 4:12PM Yama 11:56AM – 1:22PM Rahu 4:12PM – 5:37PM	Revati Until 5:21AM Mon Dhruva Until 8:05AM Balava Until 3:28AM Mon Purnima* Until 3:54PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:16AM Sunset: 5:37PM	Sun 28 Sutra 175 Subhakrit 5124 Moon 9 - Phase 24 - Purnima	Bhuloka Day
Creative Work Amrita Yoga Until 5:21AM Mon Then Creative Work - Siddha Yoga								

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY
Mesha Rasi: 0.16	Tithi 16 – 17	628176474	Gulika 1:21PM – 2:46PM Yama 10:31AM – 11:56AM Rahu 7:42AM – 9:06AM	Ashvini Until 5:45AM Tue Vyaghata* Until 6:10AM Taitila Until 2:59AM Tue Prathama* Until 3:07PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – White	Sunrise: 6:17AM Sunset: 5:35PM	Sun 29 Sutra 176 Subhakrit 5124 Moon 9 - Phase 24 - Prathama	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Family Home Evening Creative Work Siddha Yoga								



Tuesday, October 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
 Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY
 Sun 1 Sutra 177
 Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 11:56AM - 1:20PM
 Yama 9:07AM - 10:31AM
Rahu 2:45PM - 4:09PM

Bharani Until 6:38AM Wed
 Vajra* Until 3:47AM Wed
 Vanija Until 3:10AM Wed
Dvitiya Until 2:58PM

Ganesha: Yellow Sunrise: 6:18AM
Muruqa: White Sunset: 5:34PM
Nataraja: Purple
 Moon - White

Moon 10 - Phase 25 - 1
 1st Phase

Creative Work Siddha Yoga
 Until 6:38AM Wed
 Then Creative Work - Amrita Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY
 Sun 2 Sutra 178
 Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:32AM - 11:56AM
 Yama 7:43AM - 9:07AM
Rahu 11:56AM - 1:20PM

Bharani Until 6:38AM
 Siddhi Until 3:23AM Thu
 Bava Until 4:02AM Thu
Tritiya Until 3:30PM

Ganesha: Yellow Sunrise: 6:19AM
Muruqa: White Sunset: 5:32PM
Nataraja: Purple
 Moon - White

Moon 10 - Phase 25 - 2
 1st Phase

Creative Work Siddha Yoga
 Until 6:38AM
 Then Creative Work - Amrita Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
 Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY
 Sun 3 Sutra 179
 Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 9:08AM - 10:32AM
 Yama 6:20AM - 7:44AM
Rahu 1:19PM - 2:43PM

Krittika Until 8:01AM
 Vyatipata* Until 3:28AM Fri
 Kaulava Until 5:32AM Fri
Chaturthi* Until 4:41PM

Ganesha: Yellow Sunrise: 6:20AM
Muruqa: White Sunset: 5:30PM
Nataraja: Purple
 Moon - White

Moon 10 - Phase 25 - 3
 1st Phase

Routine Work Marana Yoga
 Then Creative Work - Siddha Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Rochester, NY
 Sun 4 Sutra 180
 Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

Gulika 7:45AM - 9:08AM
 Yama 2:42PM - 4:05PM
Rahu 10:32AM - 11:55AM

Rohini Until 10:19AM
 Varyan Until 3:56AM Sat
 Taitila Until 6:27PM
Panchami Until 6:27PM

Ganesha: Blue Sunrise: 6:22AM
Muruqa: White Sunset: 5:29PM
Nataraja: Purple
 Moon - Yellow

Moon 10 - Phase 25 - 4
 1st Phase

Routine Work Marana Yoga
 Until 10:19AM
 Then Creative Work - Siddha Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY
 Sun 5 Sutra 181
 Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

Gulika 6:23AM - 7:46AM
 Yama 1:18PM - 2:41PM
Rahu 9:09AM - 10:32AM

Mrigashira Until 12:55PM
 Parigha* Until 4:40AM Sun
 Gara Until 7:32AM
Shashthi* Until 8:39PM

Ganesha: Red Sunrise: 6:23AM
Muruqa: White Sunset: 5:27PM
Nataraja: Purple
 Moon - Yellow

Moon 10 - Phase 25 - 5
 1st Phase

Creative Work Siddha Yoga
 Then Creative Work - Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Rochester, NY
 Sun 6 Sutra 182
 Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

Gulika 2:40PM - 4:03PM
 Yama 11:55AM - 1:17PM
Rahu 4:03PM - 5:25PM

Ardra Until 3:37PM
 Shiva Until 5:32AM Mon
 Visti* Until 9:52AM
Saptami Until 11:04PM

Ganesha: Red Sunrise: 6:24AM
Muruqa: White Sunset: 5:25PM
Nataraja: Purple
 Moon - Yellow

Moon 10 - Phase 25 - 6
 1st Phase

Creative Work Siddha Yoga
 Then Creative Work - Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY
 Sun 7 Sutra 183
 Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 1:17PM - 2:39PM
 Yama 10:32AM - 11:55AM
Rahu 7:48AM - 9:10AM

Punarvasu Until 6:42PM
 Siddha Until 6:20AM Tue
 Balava Until 12:18PM
Ashtami* Until 1:29AM Tue

Ganesha: Green Sunrise: 6:25AM
Muruqa: White Sunset: 5:24PM
Nataraja: Purple
 Moon - Blue

Moon 10 - Phase 25 - 7
 Ashtami

Creative Work Amrita Yoga
 Until 6:42PM
 Then Creative Work - Siddha Yoga

Devaloka Day

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY
 Sun 8 Sutra 184
 Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 11:54AM - 1:16PM
 Yama 9:10AM - 10:32AM
Rahu 2:38PM - 4:00PM

Pushya Until 9:29PM
 Siddha Until 6:20AM
 Taitila Until 2:39PM
Navami* Until 3:42AM Wed

Ganesha: Green Sunrise: 6:26AM
Muruqa: White Sunset: 5:22PM
Nataraja: Purple
 Moon - Blue

Moon 10 - Phase 25 - 8
 Navami

Creative Work Siddha Yoga
 Then Creative Work - Siddha Yoga

Devaloka Day
 Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	Gulika Yama	10:32AM – 11:54AM 7:49AM – 9:11AM	Ashlesha* Until 11:47PM Sadhya Until 6:58AM Vanija Until 4:42PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 6:28AM Sunset: 5:21PM Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649176474	Rahu 11:54AM – 1:16PM	Dashami Until 5:32AM Thu	Ashvina-Aipasi	Devaloka Day

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Rochester, NY Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	Gulika Yama	9:11AM – 10:33AM 6:29AM – 7:50AM	Magha* Until 1:55AM Fri Subha Until 7:19AM Bava Until 6:17PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:29AM Sunset: 5:19PM Moon 10 - Phase 26 - 10 2nd Phase
	Creative Work	Amrita Yoga	659276474	Rahu 1:15PM – 2:37PM	Ekadashi* Until 6:51AM Fri	Ashvina-Aipasi	Bhuloka Day
	Until 1:55AM Fri Then Creative Work - Siddha Yoga						

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	Gulika Yama	7:51AM – 9:12AM 2:36PM – 3:57PM	Purvaphalguni Until 3:18AM Sat Sukla Until 7:13AM Kaulava Until 7:18PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:30AM Sunset: 5:18PM Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474	Rahu 10:33AM – 11:54AM	Ekadashi* Until 6:51AM	Ashvina-Aipasi	Bhuloka Day
	Until 3:18AM Sat Then Routine Work - Marana Yoga						

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	Gulika Yama	6:31AM – 7:52AM 1:14PM – 2:35PM	Uttaraphalguni Until 3:55AM Sun Brahma Until 6:39AM Gara Until 7:40PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:31AM Sunset: 5:16PM Moon 10 - Phase 26 - 12 2nd Phase
	Routine Work	Marana Yoga	651276474	Rahu 9:12AM – 10:33AM	Dvadashi* Until 7:33AM	Ashvina-Aipasi	Bhuloka Day
	Until 3:55AM Sun Then Creative Work - Amrita Yoga <i>Pradosha Vrata (Fasting)</i>						

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	Gulika Yama	2:34PM – 3:54PM 11:53AM – 1:14PM	Hasta Until 4:13AM Mon Vaidhriti* Until 4:02AM Mon Visti Until 7:23PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:33AM Sunset: 5:14PM Moon 10 - Phase 26 - 13 2nd Phase
	Creative Work	Amrita Yoga	661276474	Rahu 3:54PM – 5:14PM	Trayodashi* Until 7:35AM	Ashvina-Aipasi	Bhuloka Day
	Until 4:13AM Mon Then Routine Work - Prabalarishta Yoga Deepavali Hindu Solidarity Day						

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY Sun 14 Sutra 190 Subhakrit 5124
	Kanya Rasi: 24.19	Tithi 29 – 30	Gulika Yama	1:13PM – 2:33PM 10:33AM – 11:53AM	Chitra Until 3:47AM Tue Vishkambha* Until 2:01AM Tue Catuspada Until 6:30PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:34AM Sunset: 5:13PM Moon 10 - Phase 26 - 14 Amavasya
	Family Home Evening		661276474	Rahu 7:54AM – 9:14AM	Chaturdashi* Until 7:00AM	Ashvina-Aipasi	Bhuloka Day
	Routine Work Prabalarishta Yoga Until 3:47AM Tue Then Creative Work - Siddha Yoga Subramuniyaswami Mahasamadhi						

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY Sun 15 Sutra 191 Subhakrit 5124
	Tula Rasi: 7.55	Tithi 1	Gulika Yama	11:53AM – 1:13PM 9:14AM – 10:34AM	Svati Until 2:45AM Wed Priti Until 11:37PM Kintughna Until 5:06PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:35AM Sunset: 5:11PM Moon 10 - Phase 26 - 15 Prathama
	Creative Work	Siddha Yoga	661276474	Rahu 2:32PM – 3:52PM	Prathama* Until 4:13AM Wed	Kartika-Aipasi	Bhuloka Day
	Then Creative Work - Siddha Yoga Skanda Shasthi Begins						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	Gulika 10:34AM – 11:53AM	Vishakha Until 1:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	
			Yama 7:55AM – 9:15AM	Ayushman Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:53AM – 1:12PM	Balava Until 3:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:13AM Thu	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	Gulika 9:15AM – 10:34AM	Anuradha Until 12:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	
			Yama 6:38AM – 7:56AM	Saubhagya Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 1:12PM – 2:31PM	Taitila Until 1:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:00AM Fri	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Rochester, NY Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	Gulika 7:57AM – 9:16AM	Jyeshtha* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
			Yama 2:30PM – 3:49PM	Sobhana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:34AM – 11:53AM	Vanija Until 10:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:38PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:40AM – 7:58AM	Mula* Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
			Yama 1:11PM – 2:29PM	Athiganda* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 9:16AM – 10:35AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:14PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhrili Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 2:29PM – 3:46PM	Purvashadha* Until 7:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
			Yama 11:53AM – 1:11PM	Sukarma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 3:46PM – 5:04PM	Kaulava Until 6:03AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:52PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY Sun 21 Sutra 197 Subhakit 5124
	Makara Rasi: 3.04	Tithi 7 – 8	Gulika 1:10PM – 2:28PM	Uttarashadha Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	
	Family Home Evening		Yama 10:35AM – 11:53AM	Shula* Until 2:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27 - 21
	Routine Work	Marana Yoga	681276574 Rahu 8:00AM – 9:18AM	Visti Until 1:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 2:38PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY Sun 22 Sutra 198 Subhakit 5124
	Makara Rasi: 17.14	Tithi 8 – 9	Gulika 11:53AM – 1:10PM	Shravana Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 6:44AM	
			Yama 9:18AM – 10:36AM	Ganda* Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 2:27PM – 3:44PM	Balava Until 11:37PM	Nataraja: Clear		Navami
			Ashtami* Until 12:33PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 199 Subhakrit 5124
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:36AM – 11:53AM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:45AM	
			Yama 8:02AM – 9:19AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:53AM – 1:10PM	Taitila Until 9:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga Until 3:14PM Then Creative Work - Siddha Yoga		Navami* Until 10:41AM		Moon – Purple Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 9:20AM – 10:36AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:46AM	
			Yama 6:46AM – 8:03AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 1:09PM – 2:26PM	Vanija Until 8:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Dashami Until 9:03AM		Moon – Purple Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 8:04AM – 9:20AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	
			Yama 2:25PM – 3:42PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:36AM – 11:53AM	Bava Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Ekadashi Until 7:42AM		Moon – Clear Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 6:49AM – 8:05AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
			Yama 1:09PM – 2:25PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 9:21AM – 10:37AM	Kaulava Until 6:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 1:28PM Then Routine Work - Prabalarishta Yoga		Dvadashi Until 6:40AM		Moon – Clear Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
<i>Pradosha Vrata</i>							

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 2:24PM – 3:40PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
			Yama 11:53AM – 1:08PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 3:40PM – 4:55PM	Vanija Until 5:47AM Mon	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga Until 1:25PM Then Creative Work - Siddha Yoga		Trayodashi Until 6:01AM		Moon – Clear Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

O	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Rochester, NY Sun 28 Sutra 204 Subhakrit 5124
	Copper Retreat Star		Gulika 1:08PM – 2:24PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	
	Mesha Rasi: 8.56	Tithi 15	Yama 10:38AM – 11:53AM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 28 -
	Family Home Evening	722276574	Rahu 8:07AM – 9:22AM	Vistil Until 5:52PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga		Purnima* Until 6:02AM Tue		Moon – White Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

O	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 29 Sutra 205 Subhakrit 5124
	Silver Retreat Star		Gulika 11:53AM – 1:08PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 9:23AM – 10:38AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 28 -
		722276574	Rahu 2:23PM – 3:38PM	Balava Until 6:23PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga		Purnima* Until 6:02AM		Moon – White Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022
Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vairyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY
Sutra 206

Wrishabha Rasi: 4.27 Tithi 16 – 17

722276574

Gulika 10:38AM – 11:53AM
Yama 8:09AM – 9:24AM
Rahu 11:53AM – 1:08PM

Krittika Until 4:29PM

Vairyan Until 10:46AM

Taitila Until 7:25PM

Prathama* Until 6:49AM

Ganesha: Blue

Muruqa: Clear

Nataraja: Clear

Moon – White

Kartika•Aipasi

Sunrise: 6:54AM

Sunset: 4:52PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1 Thursday, November 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY
Sun 1 Sutra 207

Wrishabha Rasi: 16.52 Tithi 17 – 18

732276574

Gulika 9:24AM – 10:39AM
Yama 6:55AM – 8:10AM
Rahu 1:08PM – 2:22PM

Rohini Until 6:39PM

Parigha* Until 10:42AM

Vanija Until 8:56PM

Dvitiya Until 8:06AM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Sunrise: 6:55AM

Sunset: 4:51PM

Subhakarit 5124

Moon 11 - Phase 29 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

2 Friday, November 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Rochester, NY
Sun 2 Sutra 208

Wrishabha Rasi: 29.04 Tithi 18 – 19

732276574

Gulika 8:11AM – 9:25AM
Yama 2:22PM – 3:36PM
Rahu 10:39AM – 11:53AM

Mrigashira Until 9:05PM

Shiva Until 11:00AM

Bava Until 10:55PM

Tritiya Until 9:51AM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Sunrise: 6:57AM

Sunset: 4:50PM

Subhakarit 5124

Moon 11 - Phase 29 - 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3 Saturday, November 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY
Sun 3 Sutra 209

Mithuna Rasi: 11.07 Tithi 19 – 20

732276574

Gulika 6:58AM – 8:12AM
Yama 1:07PM – 2:21PM
Rahu 9:26AM – 10:40AM

Ardra Until 11:39PM

Siddha Until 11:34AM

Kaulava Until 1:12AM Sun

Chaturthi* Until 12:00PM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Sunrise: 6:58AM

Sunset: 4:49PM

Subhakarit 5124

Moon 11 - Phase 29 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

4 Sunday, November 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY
Sun 4 Sutra 210

Mithuna Rasi: 23.03 Tithi 20 – 21

742276574

Gulika 2:21PM – 3:34PM
Yama 11:53AM – 1:07PM
Rahu 3:34PM – 4:48PM

Punarvasu Until 2:45AM Mon

Sadhya Until 12:19PM

Gara Until 3:41AM Mon

Panchami Until 2:24PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Sunrise: 6:59AM

Sunset: 4:48PM

Subhakarit 5124

Moon 11 - Phase 29 - 4

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5 Monday, November 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY
Sun 5 Sutra 211

Kataka Rasi: 4.56 Tithi 21 – 22

742376574

Gulika 1:07PM – 2:20PM
Yama 10:40AM – 11:54AM
Rahu 8:14AM – 9:27AM

Pushya Until 5:40AM Tue

Subha Until 1:11PM

Visti Until 6:09AM Tue

Shashthi* Until 4:54PM

Ganesha: White

Muruqa: Clear

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Sunrise: 7:01AM

Sunset: 4:47PM

Subhakarit 5124

Moon 11 - Phase 29 - 5

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6 Tuesday, November 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY
Sun 6 Sutra 212

Kataka Rasi: 16.49 Tithi 22

743376574

Gulika 11:54AM – 1:07PM
Yama 9:28AM – 10:41AM
Rahu 2:20PM – 3:33PM

Ashlesha* Until 8:15AM Wed

Sukla Until 1:57PM

Visti Until 6:09AM

Saptami Until 7:18PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Sunrise: 7:02AM

Sunset: 4:46PM

Subhakarit 5124

Moon 11 - Phase 29 - 6

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Wednesday, November 16, 2022
Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY
Sun 7 Sutra 213

Kataka Rasi: 28.47 Tithi 23

743376574

Gulika 10:41AM – 11:54AM
Yama 8:16AM – 9:29AM
Rahu 11:54AM – 1:07PM

Ashlesha* Until 8:15AM

Brahma Until 2:33PM

Balava Until 8:26AM

Ashtami* Until 9:24PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon – Blue

Kartika•Kartikai

Sunrise: 7:03AM

Sunset: 4:45PM

Subhakarit 5124

Moon 11 - Phase 29 - 7

Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY
Sun 8 Sutra 214

Simha Rasi: 10.53 Tithi 24

753376575

Gulika 9:29AM – 10:42AM
Yama 7:04AM – 8:17AM
Rahu 1:07PM – 2:19PM

Magha* Until 10:47AM

Indra Until 2:49PM

Taitila Until 10:19AM

Navami* Until 11:01PM

Ganesha: Orange

Muruqa: Clear

Nataraja: Purple

Moon – Red

Kartika•Kartikai

Sunrise: 7:04AM

Sunset: 4:44PM

Subhakarit 5124

Moon 11 - Phase 29 - 8

Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
Simha Rasi: 23.13	Tithi 25	753376575	Gulika 8:18AM – 9:30AM Yama 2:19PM – 3:31PM Rahu 10:42AM – 11:54AM	Purvaphalguni Until 12:35PM Vaidhriti* Until 2:37PM Vanija Until 11:37AM Dashami Until 12:00AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 7:06AM Sunset: 4:43PM	Sun 9	Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase
Creative Work	Siddha Yoga						Sivaloka Day	
								Karttika-Karttikai

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
Kanya Rasi: 5.51	Tithi 26	753376575	Gulika 7:07AM – 8:19AM Yama 1:07PM – 2:19PM Rahu 9:31AM – 10:43AM	Uttaraphalguni Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM Ekadashi* Until 12:13AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 7:07AM Sunset: 4:42PM	Sun 10	Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase
Routine Work	Marana Yoga						Sivaloka Day	
								Karttika-Karttikai

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Rochester, NY
Kanya Rasi: 18.5	Tithi 27	763376575	Gulika 2:18PM – 3:30PM Yama 11:55AM – 1:07PM Rahu 3:30PM – 4:42PM	Hasta Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM Dvadashti* Until 11:40PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 7:08AM Sunset: 4:42PM	Sun 11	Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase
Creative Work	Amrita Yoga						Devaloka Day	
Until 2:07PM								Karttika-Karttikai
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
Tula Rasi: 2.14	Tithi 28	763376575	Gulika 1:07PM – 2:18PM Yama 10:44AM – 11:55AM Rahu 8:21AM – 9:32AM	Chitra Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM Trayodashi* Until 10:22PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 7:09AM Sunset: 4:41PM	Sun 12	Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase
Family Home Evening	Prabalarishta Yoga						Devaloka Day	
Routine Work								Karttika-Karttikai
Until 1:45PM								Pradosha Vrata (Fasting)
Then Creative Work - Amrita Yoga								

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
Tula Rasi: 16.03	Tithi 29	763376575	Gulika 11:55AM – 1:07PM Yama 9:33AM – 10:44AM Rahu 2:18PM – 3:29PM	Svati Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM Chaturdashi* Until 8:26PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 7:11AM Sunset: 4:40PM	Sun 13	Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase
Creative Work	Siddha Yoga						Devaloka Day	
Until 12:34PM								Karttika-Karttikai
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY		
Retreat Star		Vrishchika Rasi: 0.15	Tithi 30 – 1	773376575	Gulika 10:45AM – 11:56AM Yama 8:23AM – 9:34AM Rahu 11:56AM – 1:07PM	Vishakha Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM Amavasya* Until 5:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 7:12AM Sunset: 4:40PM	Sun 14	Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya
Creative Work	Siddha Yoga						Devaloka Day			
										Karttika-Karttikai

Thurs		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY		
Retreat Star		Vrishchika Rasi: 14.46	Tithi 1 – 2	773376575	Gulika 9:34AM – 10:45AM Yama 7:13AM – 8:24AM Rahu 1:07PM – 2:17PM	Anuradha Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri Prathama* Until 3:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 7:13AM Sunset: 4:39PM	Sun 15	Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama
Creative Work	Siddha Yoga						Devaloka Day			
Until 9:06AM										Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga										

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rochester, NY Sun 16 Sutra 222 Subhakrit 5124		
Vrischika Rasi: 29.29	Tithi 2 – 3	Gulika 8:25AM – 9:35AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:17PM – 3:28PM	Dhriti Until 6:27PM	Nataraja: Purple		Moon – Orange		Devaloka Day
Until 6:41AM		773376575 Rahu 10:46AM – 11:56AM	Taitila Until 10:32PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Dvitiya Until 12:05PM						
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Rochester, NY Sun 17 Sutra 223 Subhakrit 5124		
Dhanus Rasi: 14.17	Tithi 3 – 4	Gulika 7:15AM – 8:26AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:15AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 1:07PM – 2:17PM	Shula* Until 2:41PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 2:06AM Sun		783376575 Rahu 9:36AM – 10:46AM	Vanija Until 7:26PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Tritiya Until 8:57AM						
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Rochester, NY Sun 18 Sutra 224 Subhakrit 5124		
Dhanus Rasi: 29.02	Tithi 5	Gulika 2:17PM – 3:27PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:16AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 11:57AM – 1:07PM	Ganda* Until 11:00AM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 10:06PM		783376575 Rahu 3:27PM – 4:37PM	Bava Until 4:29PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Panchami Until 3:04AM Mon						
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Rochester, NY Sun 19 Sutra 225 Subhakrit 5124		
Makara Rasi: 13.39	Tithi 6	Gulika 1:07PM – 2:17PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 7:18AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 31 - 19 3rd Phase
Family Home Evening		Yama 10:47AM – 11:57AM	Vridhi Until 7:32AM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Creative Work	Amrita Yoga	793376575 Rahu 8:28AM – 9:37AM	Kaulava Until 1:47PM	Margasira-Karttikai				
Until 10:06PM			Shashthi* Until 12:34AM Tue					
Then Creative Work - Siddha Yoga								
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Rochester, NY Sun 20 Sutra 226 Subhakrit 5124		
Makara Rasi: 28.01	Tithi 7	Gulika 11:58AM – 1:07PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:38AM – 10:48AM	Vyaghata* Until 1:29AM Wed	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 8:39PM		794376575 Rahu 2:17PM – 3:27PM	Gara Until 11:28AM	Margasira-Karttikai				
Then Routine Work - Marana Yoga		Saptami Until 10:28PM						
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Rochester, NY Sun 21 Sutra 227 Subhakrit 5124		
Kumbha Rasi: 12.06	Tithi 8	Gulika 10:48AM – 11:58AM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 8:29AM – 9:39AM	Harshana Until 11:02PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 7:32PM		794376575 Rahu 11:58AM – 1:07PM	Visti Until 9:37AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Ashtami* Until 8:51PM						
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Rochester, NY Sun 22 Sutra 228 Subhakrit 5124		
Kumbha Rasi: 25.52	Tithi 9	Gulika 9:40AM – 10:49AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 7:21AM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 7:21AM – 8:30AM	Vajra* Until 8:57PM	Nataraja: Purple		Moon – Clear		Sivaloka Day
Until 7:32PM		714376575 Rahu 1:08PM – 2:17PM	Balava Until 8:15AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Navami* Until 7:45PM						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 9.2	Tithi 10	Gulika 8:31AM – 9:40AM	Uttaraproshtapada Until 7:14PM	Ganesha: Red	<i>Sunrise:</i> 7:22AM			
		Yama 2:17PM – 3:26PM	Siddhi Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:50AM – 11:59AM	Taitila Until 7:25AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 7:10PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 22.32	Tithi 11	Gulika 7:23AM – 8:32AM	Revati Until 7:37PM	Ganesha: Red	<i>Sunrise:</i> 7:23AM			
		Yama 1:08PM – 2:17PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:41AM – 10:50AM	Vanija Until 7:05AM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:06PM	Moon – Clear			Sivaloka Day	
Until 7:37PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Rochester, NY Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 5.29	Tithi 12	Gulika 2:17PM – 3:26PM	Ashvini Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:24AM			
		Yama 12:00PM – 1:08PM	Varyan Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 3:26PM – 4:35PM	Bava Until 7:15AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 7:30PM	Moon – White			Devaloka Day	
Until 8:45PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 18.12	Tithi 13	Gulika 1:09PM – 2:17PM	Bharani Until 10:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:25AM			
Family Home Evening		Yama 10:51AM – 12:00PM	Parigha* Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 32 - 26		
Creative Work	Siddha Yoga	724376575 Rahu 8:34AM – 9:43AM	Kaulava Until 7:53AM	Nataraja: Purple		4th Phase		
Until 10:09PM			Trayodashi Until 8:20PM	Moon – White			Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai				
			<i>Pradosha Vrata</i>					

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 233 Subhakrit 5124
Vrishabha Rasi: 0.44	Tithi 14	Gulika 12:00PM – 1:09PM	Krittika Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM			
		Yama 9:43AM – 10:52AM	Shiva Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 2:17PM – 3:26PM	Gara Until 8:56AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:35PM	Moon – White			Devaloka Day	
Until 11:47PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY Sutra 234 Subhakrit 5124
Vrishabha Rasi: 13.05	Tithi 15	Gulika 10:52AM – 12:01PM	Rohini Until 2:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM			
		Yama 8:36AM – 9:44AM	Siddha Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 32 - Purnima		
		734376575 Rahu 12:01PM – 1:09PM	Visti Until 10:22AM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow			Sivaloka Day	
Until 2:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY Sutra 235 Subhakrit 5124	
Silver Retreat Star		Gulika 9:45AM – 10:53AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:28AM		
Vrishabha Rasi: 25.18	Tithi 16	Yama 7:28AM – 8:36AM	Sadhya Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 32 - Prathama	
		734376575 Rahu 1:10PM – 2:18PM	Balava Until 12:10PM	Nataraja: Purple			
Routine Work	Marana Yoga		Prathama* Until 1:09AM Fri	Moon – Yellow			Sivaloka Day
Until 4:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sutra 236

Subhakrit 5124

Mithuna Rasi: 7.23 Tithi 17

734476575

Gulika 8:37AM – 9:45AM
Yama 2:18PM – 3:26PM
Rahu 10:54AM – 12:02PM

Ardra Until 7:03AM Sat
Subha Until 5:14PM
Tailila Until 2:15PM

Dvitiya Until 3:22AM Sat

Ganesha: Red **Sunrise:** 7:29AM

Muruqa: Clear **Sunset:** 4:34PM

Nataraja: Purple
Moon – Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 19.23 Tithi 18

734476575

Gulika 7:30AM – 8:38AM
Yama 1:10PM – 2:18PM
Rahu 9:46AM – 10:54AM

Ardra Until 7:03AM
Sukla Until 5:54PM
Vanija Until 4:35PM

Tritiya Until 5:47AM Sun

Ganesha: Red **Sunrise:** 7:30AM

Muruqa: Clear **Sunset:** 4:34PM

Nataraja: Purple
Moon – Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Rochester, NY

Sun 2 Sutra 238

Subhakrit 5124

Kataka Rasi: 1.17 Tithi 19

744476575

Gulika 2:19PM – 3:27PM
Yama 12:03PM – 1:11PM
Rahu 3:27PM – 4:34PM

Punarvasu Until 10:06AM
Brahma Until 6:42PM
Bava Until 7:04PM

Chaturthi* Until 8:19AM Mon

Ganesha: Green **Sunrise:** 7:31AM

Muruqa: Clear **Sunset:** 4:34PM

Nataraja: Purple
Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 13.1 Tithi 19 – 20

745476575

Gulika 1:11PM – 2:19PM
Yama 10:55AM – 12:03PM
Rahu 8:40AM – 9:47AM

Pushya Until 1:03PM
Indra Until 7:33PM
Kaulava Until 9:36PM

Chaturthi* Until 8:19AM

Ganesha: White **Sunrise:** 7:32AM

Muruqa: Clear **Sunset:** 4:35PM

Nataraja: Purple
Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Family Home Evening

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 25.02 Tithi 20 – 21

745476575

Gulika 12:04PM – 1:11PM
Yama 9:48AM – 10:56AM
Rahu 2:19PM – 3:27PM

Ashlesha* Until 3:48PM
Vaidhrili* Until 8:19PM
Gara Until 12:03AM Wed

Panchami Until 10:49AM

Ganesha: White **Sunrise:** 7:32AM

Muruqa: Clear **Sunset:** 4:35PM

Nataraja: Purple
Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 6.58 Tithi 21 – 22

755476575

Gulika 10:56AM – 12:04PM
Yama 8:41AM – 9:49AM
Rahu 12:04PM – 1:12PM

Magha* Until 6:42PM
Vishkambha* Until 8:55PM
Visli Until 2:14AM Thu

Shashthi* Until 1:10PM

Ganesha: Clear **Sunrise:** 7:33AM

Muruqa: Clear **Sunset:** 4:35PM

Nataraja: Purple
Moon – Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Until 6:42PM
Then Creative Work - Amrita Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 19.01 Tithi 22 – 23

755476575

Gulika 9:49AM – 10:57AM
Yama 7:34AM – 8:42AM
Rahu 1:12PM – 2:20PM

Purvaphalguni Until 9:02PM
Priti Until 9:13PM
Balava Until 3:57AM Fri

Saptami Until 3:08PM

Ganesha: Clear **Sunrise:** 7:34AM

Muruqa: Clear **Sunset:** 4:35PM

Nataraja: Purple
Moon – Red

Margasira-Markali

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 7 Sutra 243

Subhakrit 5124

Kanya Rasi: 1.16 Tithi 23 – 24

855476575

Gulika 8:42AM – 9:50AM
Yama 2:20PM – 3:28PM
Rahu 10:57AM – 12:05PM

Uttaraphalguni Until 10:38PM
Ayushman Until 9:02PM
Tailila Until 5:01AM Sat

Ashtami* Until 4:33PM

Ganesha: White **Sunrise:** 7:35AM

Muruqa: Clear **Sunset:** 4:35PM

Nataraja: Purple
Moon – Red

Margasira-Markali

Devaloka Day

Creative Work Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rochester, NY

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 13.47 Tithi 24 – 25

865476575

Gulika 7:35AM – 8:43AM
Yama 1:13PM – 2:21PM
Rahu 9:50AM – 10:58AM

Hasta Until 11:49PM
Saubhagya Until 8:17PM
Vanija Until 5:17AM Sun

Navami* Until 5:14PM

Ganesha: Clear **Sunrise:** 7:35AM

Muruqa: Clear **Sunset:** 4:36PM

Nataraja: Purple
Moon – Green

Margasira-Markali

Sivaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

.All times are standard time. Calculated for Rochester, NY on 4/26/2


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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 9 Sutra 245 Subhakrit 5124	
Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 2:21PM – 3:29PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:36AM		
		Yama 12:06PM – 1:14PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 34 - 9	
		865476575 Rahu 3:29PM – 4:36PM	Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 5:05PM	Moon – Green		Sivaloka Day	
Until 12:01AM Mon				Margasira*Markali			
Then Creative Work - Amrita Yoga							

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Rochester, NY Sun 10 Sutra 246 Subhakrit 5124	
Tula Rasi: 10.01	Tithi 26 – 27	Gulika 1:14PM – 2:22PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM		
Family Home Evening		Yama 10:59AM – 12:07PM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 34 - 10	
Creative Work	Amrita Yoga	865476575 Rahu 8:44AM – 9:52AM	Kaulava Until 3:17AM Tue	Nataraja: Purple		2nd Phase	
Until 11:15PM			Ekadashi* Until 4:04PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga				Margasira*Markali			

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau		Rochester, NY Sun 11 Sutra 247 Subhakrit 5124	
Tula Rasi: 23.5	Tithi 27 – 28	Gulika 12:07PM – 1:15PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:37AM		
		Yama 9:52AM – 11:00AM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 34 - 11	
		875476575 Rahu 2:22PM – 3:29PM	Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dvadashti* Until 2:15PM	Moon – Orange		Devaloka Day	
Until 10:01PM				Margasira*Markali			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 12 Sutra 248 Subhakrit 5124	
Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 11:00AM – 12:08PM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:38AM		
		Yama 8:45AM – 9:53AM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 34 - 12	
		876476575 Rahu 12:08PM – 1:15PM	Visti Until 10:18PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day	
		Day 1 of Pancha Ganapati		Margasira*Markali			

		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rochester, NY Sun 13 Sutra 249 Subhakrit 5124	
Retreat Star		Gulika 9:53AM – 11:01AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:38AM		
Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:38AM – 8:46AM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 34 - 13	
		876476575 Rahu 1:16PM – 2:23PM	Catuspada Until 7:02PM	Nataraja: Purple		Amavasya	
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day	
Until 5:22PM		Day 2 of Pancha Ganapati		Margasira*Markali			
Then Creative Work - Siddha Yoga							

Friday, December 23, 2022		Retreat Star		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 14 Sutra 250 Subhakrit 5124	
Dhanus Rasi: 7.5	Tithi 1	Gulika 8:46AM – 9:54AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:39AM		
		Yama 2:24PM – 3:31PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 34 - 14	
		886476575 Rahu 11:01AM – 12:09PM	Kintughna Until 3:29PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day	
Until 2:42PM		Day 3 of Pancha Ganapati		Pausha*Markali			
Then Routine Work - Prabalarishta Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Rochester, NY
Dhanus Rasi: 23	Tithi 2					Sun 15 Sutra 251 Subhakrit 5124
		886486575	Gulika 7:39AM – 8:47AM Yama 1:17PM – 2:24PM Rahu 9:54AM – 11:02AM	Purvashadha* Until 11:46AM Dhruva Until 6:40PM Balava Until 11:49AM Dvitiya Until 9:58PM	Ganesha: Orange Muruḡa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	Sunrise: 7:39AM Sunset: 4:39PM Moon 12 - Phase 35 - 15 3rd Phase
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati			Subha Sivaloka Day
Until 11:46AM						
Then Routine Work - Marana Yoga						

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Rochester, NY
Makara Rasi: 8.1	Tithi 3					Sun 16 Sutra 252 Subhakrit 5124
		886486575	Gulika 2:25PM – 3:32PM Yama 12:10PM – 1:17PM Rahu 3:32PM – 4:40PM	Uttarashadha Until 8:46AM Vyaghata* Until 2:30PM Taitila Until 8:11AM Tritiya Until 6:26PM	Ganesha: Orange Muruḡa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	Sunrise: 7:40AM Sunset: 4:40PM Moon 12 - Phase 35 - 16 3rd Phase
Creative Work	Amrita Yoga		Day 5 of Pancha Ganapati			Subha Sivaloka Day

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Rochester, NY
Makara Rasi: 23.1	Tithi 4 – 5					Sun 17 Sutra 253 Subhakrit 5124
Family Home Evening		896486576	Gulika 1:18PM – 2:25PM Yama 11:03AM – 12:10PM Rahu 8:47AM – 9:55AM	Shravana Until 6:15AM Harshana Until 10:35AM Bava Until 1:47AM Tue Chaturthi* Until 3:13PM	Ganesha: Clear Muruḡa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	Sunrise: 7:40AM Sunset: 4:40PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work	Amrita Yoga					Sivaloka Day
Until 6:15AM						
Then Creative Work - Siddha Yoga						

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rochester, NY
Kumbha Rasi: 7.52	Tithi 5 – 6					Sun 18 Sutra 254 Subhakrit 5124
		896486576	Gulika 12:11PM – 1:18PM Yama 9:55AM – 11:03AM Rahu 2:26PM – 3:33PM	Shatabhishak Until 2:08AM Wed Vajra* Until 6:58AM Kaulava Until 11:18PM Panchami Until 12:27PM	Ganesha: Clear Muruḡa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	Sunrise: 7:40AM Sunset: 4:41PM Moon 12 - Phase 35 - 18 3rd Phase
Routine Work	Marana Yoga					Sivaloka Day
Until 2:08AM Wed						
Then Creative Work - Amrita Yoga						

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rochester, NY
Kumbha Rasi: 22.11	Tithi 6 – 7					Sun 19 Sutra 255 Subhakrit 5124
		817486576	Gulika 11:03AM – 12:11PM Yama 8:48AM – 9:56AM Rahu 12:11PM – 1:19PM	Purvaproshtapada* Until 1:12AM Thu Vyatipata* Until 1:14AM Thu Gara Until 9:27PM Shashthi* Until 10:16AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sunrise: 7:40AM Sunset: 4:42PM Moon 12 - Phase 35 - 19 3rd Phase
Creative Work	Amrita Yoga		Vinayaga Viratam Ends			Devaloka Day
Until 1:12AM Thu						
Then Creative Work - Siddha Yoga						

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		Rochester, NY
Meena Rasi: 6.04	Tithi 7 – 8					Sun 20 Sutra 256 Subhakrit 5124
		817486576	Gulika 9:56AM – 11:04AM Yama 7:41AM – 8:48AM Rahu 1:19PM – 2:27PM	Uttaraproshtapada Until 12:51AM Fri Variyan Until 11:11PM Visiti Until 8:20PM Saptami Until 8:47AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sunrise: 7:41AM Sunset: 4:42PM Moon 12 - Phase 35 - 20 Ashtami
Creative Work	Siddha Yoga					Devaloka Day

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rochester, NY
Meena Rasi: 19.31	Tithi 8 – 9					Sun 21 Sutra 257 Subhakrit 5124
		817486576	Gulika 8:49AM – 9:57AM Yama 2:28PM – 3:35PM Rahu 11:04AM – 12:12PM	Revati Until 1:04AM Sat Parigha* Until 9:44PM Balava Until 7:57PM Ashtami* Until 8:02AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sunrise: 7:41AM Sunset: 4:43PM Moon 12 - Phase 35 - 21 Navami
Creative Work	Siddha Yoga					Devaloka Day

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rochester, NY Sun 22 Sutra 258 Subhakrit 5124
Mesha Rasi: 2.34	Tithi 9 – 10	827486576	Gulika 7:41AM – 8:49AM Yama 1:20PM – 2:28PM Rahu 9:57AM – 11:05AM	Ashvini Until 2:16AM Sun Shiva Until 8:51PM Taitila Until 8:17PM Navami* Until 8:01AM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 7:41AM Sunset: 4:44PM Moon 12 - Phase 36 - 22 4th Phase Sivaloka Day
Creative Work Siddha Yoga		Until 2:16AM Sun		Then Routine Work - Prabalarishta Yoga		
2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 15.17	Tithi 10 – 11	827486576	Gulika 2:29PM – 3:37PM Yama 12:13PM – 1:21PM Rahu 3:37PM – 4:45PM	Bharani Until 3:53AM Mon Siddha Until 8:24PM Vanija Until 9:16PM Dashami Until 8:41AM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 7:41AM Sunset: 4:45PM Moon 12 - Phase 36 - 23 4th Phase Sivaloka Day
Routine Work Prabalarishta Yoga		Until 3:53AM Mon		Then Routine Work - Marana Yoga		
3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 27.45	Tithi 11 – 12	827486576	Gulika 1:22PM – 2:30PM Yama 11:05AM – 12:14PM Rahu 8:49AM – 9:57AM	Krittika Until 5:47AM Tue Sadhya Until 8:22PM Bava Until 10:44PM Ekadashi Until 9:55AM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 7:41AM Sunset: 4:46PM Moon 12 - Phase 36 - 24 4th Phase Sivaloka Day
Family Home Evening		Routine Work Marana Yoga		Until 5:47AM Tue		Then Creative Work - Amrita Yoga
4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Rochester, NY Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	Gulika 12:14PM – 1:22PM Yama 9:58AM – 11:06AM Rahu 2:30PM – 3:39PM	Rohini Until 8:21AM Wed Subha Until 8:38PM Kaulava Until 12:35AM Wed Dvadashi Until 11:36AM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 7:41AM Sunset: 4:47PM Moon 12 - Phase 36 - 25 4th Phase Sivaloka Day
Creative Work Amrita Yoga		Until 8:21AM Wed		Then Creative Work - Siddha Yoga		Pradosha Vrata
5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	Gulika 11:06AM – 12:14PM Yama 8:50AM – 9:58AM Rahu 12:14PM – 1:23PM	Rohini Until 8:21AM Sukla Until 9:05PM Gara Until 2:43AM Thu Trayodashi Until 1:36PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 7:41AM Sunset: 4:48PM Moon 12 - Phase 36 - 26 4th Phase Devaloka Day
Creative Work Siddha Yoga						
6		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Rochester, NY Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	Gulika 9:58AM – 11:07AM Yama 7:41AM – 8:50AM Rahu 1:23PM – 2:32PM	Mrigashira Until 10:59AM Brahma Until 9:42PM Visti Until 5:01AM Fri Chaturdashi* Until 3:50PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 7:41AM Sunset: 4:49PM Moon 12 - Phase 36 - 27 4th Phase Devaloka Day
Routine Work Marana Yoga		Subramuniyaswami Jayanti				
7		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Rochester, NY Sun 28 Sutra 264 Subhakrit 5124
Mithuna Rasi: 16.08	Tithi 15	838586576	Gulika 8:50AM – 9:58AM Yama 2:33PM – 3:41PM Rahu 11:07AM – 12:15PM	Ardra Until 1:36PM Indra Until 10:25PM Bava Until 6:12PM Purnima* Until 6:12PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 7:41AM Sunset: 4:50PM Moon 12 - Phase 36 - Purnima Devaloka Day
Creative Work Siddha Yoga		Ardra Darshanam				
8		Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Rochester, NY Sun 29 Sutra 265 Subhakrit 5124
Mithuna Rasi: 28.03	Tithi 16	848586576	Gulika 7:41AM – 8:50AM Yama 1:25PM – 2:33PM Rahu 9:58AM – 11:07AM	Punarvasu Until 4:38PM Vaidhriti* Until 11:10PM Balava Until 7:26AM Prathama* Until 8:39PM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Blue Pausha-Markali	Sunrise: 7:41AM Sunset: 4:51PM Moon 12 - Phase 36 - Prathama Sivaloka Day
Creative Work Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:34PM – 3:43PM **Pushya Until 7:33PM**
Yama 12:16PM – 1:25PM Vishkambha* Until 11:57PM
Rahu 3:43PM – 4:52PM Taitila Until 9:55AM
Dvitiya Until 11:09PM

Rochester, NY
Sun 1 Sutra 266
Subhakit 5124
Moon 1 - Phase 37 - 1
1st Phase
Ganesha: Clear *Sunrise:* 7:41AM
Muruqa: Purple *Sunset:* 4:52PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 1:26PM – 2:35PM **Ashlesha* Until 10:17PM**
Yama 11:08AM – 12:17PM Priti Until 12:45AM Tue
Rahu 8:50AM – 9:59AM Vanija Until 12:25PM
Tritiya Until 1:37AM Tue

Rochester, NY
Sun 2 Sutra 267
Subhakit 5124
Moon 1 - Phase 37 - 2
1st Phase
Ganesha: Clear *Sunrise:* 7:41AM
Muruqa: Purple *Sunset:* 4:53PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 12:17PM – 1:26PM **Magha* Until 1:16AM Wed**
Yama 9:59AM – 11:08AM Ayushman Until 1:26AM Wed
Rahu 2:35PM – 3:45PM Bava Until 2:51PM
Chaturthi* Until 3:59AM Wed

Rochester, NY
Sun 3 Sutra 268
Subhakit 5124
Moon 1 - Phase 37 - 3
1st Phase
Ganesha: Clear *Sunrise:* 7:40AM
Muruqa: Purple *Sunset:* 4:54PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 11:08AM – 12:18PM **Purvaphalguni Until 3:51AM Thu**
Yama 8:49AM – 9:59AM Saubhagya Until 1:58AM Thu
Rahu 12:18PM – 1:27PM Kaulava Until 5:07PM
Panchami Until 6:07AM Thu

Rochester, NY
Sun 4 Sutra 269
Subhakit 5124
Moon 1 - Phase 37 - 4
1st Phase
Ganesha: Clear *Sunrise:* 7:40AM
Muruqa: Purple *Sunset:* 4:55PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:59AM – 11:08AM **Uttaraphalguni Until 5:55AM Fri**
Yama 7:40AM – 8:49AM Sobhana Until 2:13AM Fri
Rahu 1:27PM – 2:37PM Gara Until 7:03PM
Panchami Until 6:07AM

Rochester, NY
Sun 5 Sutra 270
Subhakit 5124
Moon 1 - Phase 37 - 5
1st Phase
Ganesha: Clear *Sunrise:* 7:40AM
Muruqa: Purple *Sunset:* 4:56PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:49AM – 9:59AM **Hasta Until 7:46AM Sat**
Yama 2:38PM – 3:47PM Athiganda* Until 2:03AM Sat
Rahu 11:09AM – 12:18PM Visti Until 8:30PM
Shashthi* Until 7:50AM

Rochester, NY
Sun 6 Sutra 271
Subhakit 5124
Moon 1 - Phase 37 - 6
1st Phase
Ganesha: Clear *Sunrise:* 7:39AM
Muruqa: Purple *Sunset:* 4:57PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 7:39AM – 8:49AM **Hasta Until 7:46AM**
Yama 1:29PM – 2:39PM Sukarma Until 1:21AM Sun
Rahu 9:59AM – 11:09AM Balava Until 9:17PM
Saptami Until 8:58AM

Rochester, NY
Sun 7 Sutra 272
Subhakit 5124
Moon 1 - Phase 37 - 7
Ashtami
Ganesha: White *Sunrise:* 7:39AM
Muruqa: Purple *Sunset:* 4:58PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:39PM – 3:49PM **Chitra Until 8:45AM**
Yama 12:19PM – 1:29PM Dhriti Until 12:03AM Mon
Rahu 3:49PM – 5:00PM Taitila Until 9:15PM
Ashtami* Until 9:21AM

Rochester, NY
Sun 8 Sutra 273
Subhakit 5124
Moon 1 - Phase 37 - 8
Navami
Ganesha: White *Sunrise:* 7:39AM
Muruqa: Purple *Sunset:* 5:00PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Rochester, NY
		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274
1		Gulika 1:30PM – 2:40PM	Svati Until 8:46AM	Ganesha: White	<i>Sunrise:</i> 7:38AM	Subhakrit 5124
Tula Rasi: 18.22	Tithi 24 – 25	Yama 11:09AM – 12:19PM	Shula* Until 10:03PM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 38 - 9
Family Home Evening	869586576	Rahu 8:48AM – 9:59AM	Vanija Until 8:23PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 8:54AM	Moon – Green	Subha Sivaloka Day	
Until 8:46AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Rochester, NY
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275
2		Gulika 12:20PM – 1:30PM	Vishakha Until 8:15AM	Ganesha: Yellow	<i>Sunrise:</i> 7:38AM	Subhakrit 5124
Vrischika Rasi: 2.01	Tithi 25 – 26	Yama 9:59AM – 11:09AM	Ganda* Until 7:24PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 38 - 10
879586576		Rahu 2:41PM – 3:51PM	Bava Until 6:40PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 7:36AM	Moon – Orange	Sivaloka Day	
Until 8:15AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Rochester, NY
		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 276
3		Gulika 11:09AM – 12:20PM	Anuradha Until 6:48AM	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM	Subhakrit 5124
Vrischika Rasi: 16.1	Tithi 27	Yama 8:48AM – 9:59AM	Vriddhi Until 4:11PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 38 - 11
871586576		Rahu 12:20PM – 1:31PM	Kaulava Until 4:13PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:44AM Thu	Moon – Orange	Sivaloka Day	
				Pausha*Thai		

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Rochester, NY
		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277
4		Gulika 9:58AM – 11:09AM	Mula* Until 2:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:36AM	Subhakrit 5124
Dhanus Rasi: 0.47	Tithi 28	Yama 7:36AM – 8:47AM	Dhruva Until 12:26PM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 38 - 12
881586576		Rahu 1:31PM – 2:42PM	Gara Until 1:09PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:25PM	Moon – Light Blue	Sivaloka Day	
Until 2:04AM Fri				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Rochester, NY
		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278
5		Gulika 8:47AM – 9:58AM	Purvashadha* Until 11:06PM	Ganesha: Red	<i>Sunrise:</i> 7:36AM	Subhakrit 5124
Dhanus Rasi: 15.48	Tithi 29	Yama 2:43PM – 3:54PM	Vyaghata* Until 8:20AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 38 - 13
881586576		Rahu 11:09AM – 12:21PM	Visti Until 9:38AM	Nataraja: Clear		2nd Phase
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 7:44PM	Moon – Light Blue	Sivaloka Day	
Until 11:06PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Rochester, NY
		Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 279
Retreat Star		Gulika 7:35AM – 8:47AM	Uttarashadha Until 7:51PM	Ganesha: Red	<i>Sunrise:</i> 7:35AM	Subhakrit 5124
Makara Rasi: 1.04	Tithi 30 – 1	Yama 1:32PM – 2:44PM	Vajra* Until 11:34PM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 38 - 14
881586576		Rahu 9:58AM – 11:10AM	Kintughna Until 1:57AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 3:53PM	Moon – Light Blue	Sivaloka Day	
Until 7:51PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rochester, NY
		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280
Retreat Star		Gulika 2:45PM – 3:56PM	Shravana Until 4:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:34AM	Subhakrit 5124
Makara Rasi: 16.23	Tithi 1 – 2	Yama 12:21PM – 1:33PM	Siddhi Until 7:11PM	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Moon 1 - Phase 38 - 15
891586576		Rahu 3:56PM – 5:08PM	Balava Until 10:09PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:01PM	Moon – Purple	Sivaloka Day	
Until 4:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
	Kumbha Rasi: 1.37	Tithi 2 - 3	Gulika	1:34PM - 2:46PM	Dhanishtha	Until 2:00PM	Sun 16
	Family Home Evening	891586576	Yama	11:10AM - 12:22PM	Ganesha: Yellow	Sunrise: 7:34AM	Sutra 281
	Creative Work	Siddha Yoga	Rahu	8:46AM - 9:58AM	Muruga: Purple	Sunset: 5:10PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 16	
					Moon - Purple	3rd Phase	
					Magha-Thai	Sivaloka Day	

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Rochester, NY
	Kumbha Rasi: 16.35	Tithi 4	Gulika	12:22PM - 1:34PM	Shatabhishak	Until 11:24AM	Sun 17
		991586576	Yama	9:57AM - 11:10AM	Ganesha: Red	Sunrise: 7:33AM	Sutra 282
	Routine Work	Marana Yoga	Rahu	2:46PM - 3:59PM	Muruga: Purple	Sunset: 5:11PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 17	
					Moon - Purple	3rd Phase	
					Magha-Thai	Sivaloka Day	

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
	Meena Rasi: 1.1	Tithi 5	Gulika	11:10AM - 12:22PM	Purvaproshtapada*	Until 9:38AM	Sun 18
		911586576	Yama	8:45AM - 9:57AM	Ganesha: Blue	Sunrise: 7:32AM	Sutra 283
	Creative Work	Amrita Yoga	Rahu	12:22PM - 1:35PM	Muruga: Purple	Sunset: 5:12PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 18	
					Moon - Clear	3rd Phase	
					Magha-Thai	Subha Sivaloka Day	

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
	Meena Rasi: 15.15	Tithi 6	Gulika	9:57AM - 11:09AM	Uttaraproshtapada	Until 8:26AM	Sun 19
		911586576	Yama	7:31AM - 8:44AM	Ganesha: Blue	Sunrise: 7:31AM	Sutra 284
	Creative Work	Siddha Yoga	Rahu	1:35PM - 2:48PM	Muruga: Purple	Sunset: 5:13PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 19	
					Moon - Clear	3rd Phase	
					Magha-Thai	Subha Sivaloka Day	

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
	Meena Rasi: 28.5	Tithi 7	Gulika	8:43AM - 9:56AM	Revati	Until 7:55AM	Sun 20
		911586576	Yama	2:49PM - 4:02PM	Ganesha: Blue	Sunrise: 7:30AM	Sutra 285
	Creative Work	Siddha Yoga	Rahu	11:09AM - 12:22PM	Muruga: Purple	Sunset: 5:15PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 20	
					Moon - Clear	3rd Phase	
					Magha-Thai	Subha Sivaloka Day	

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Rochester, NY
	Retreat Star		Gulika	7:29AM - 8:43AM	Ashvini	Until 8:32AM	Sun 21
	Mesha Rasi: 11.58	Tithi 8	Yama	1:36PM - 2:49PM	Ganesha: White	Sunrise: 7:29AM	Sutra 286
		921686576	Rahu	9:56AM - 11:09AM	Muruga: Purple	Sunset: 5:16PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 21	
					Moon - White	Ashtami	
					Magha-Thai	Devaloka Day	

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
	Retreat Star		Gulika	2:50PM - 4:04PM	Bharani	Until 9:48AM	Sun 22
	Mesha Rasi: 24.4	Tithi 9	Yama	12:23PM - 1:37PM	Ganesha: Yellow	Sunrise: 7:28AM	Sutra 287
		922686576	Rahu	4:04PM - 5:17PM	Muruga: Purple	Sunset: 5:17PM	Subhakrit 5124
					Nataraja: Clear	Moon 1 - Phase 39 - 22	
					Moon - White	Navami	
					Magha-Thai	Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Monday, January 30, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau	Rochester, NY Sun 23 Sutra 288 Subhakrit 5124
	Vrishabha Rasi: 7.04 Tithi 10 Family Home Evening Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	Gulika 1:37PM – 2:51PM Yama 11:09AM – 12:23PM Rahu 8:41AM – 9:55AM	Krittika Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue


2	Tuesday, January 31, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau	Rochester, NY Sun 24 Sutra 289 Subhakrit 5124
	Vrishabha Rasi: 19.13 Tithi 11 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	Gulika 12:23PM – 1:37PM Yama 9:55AM – 11:09AM Rahu 2:52PM – 4:06PM	Rohini Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed

3	Wednesday, February 1, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau	Rochester, NY Sun 25 Sutra 290 Subhakrit 5124
	Mithuna Rasi: 1.13 Tithi 12 Creative Work Siddha Yoga	Gulika 11:09AM – 12:23PM Yama 8:41AM – 9:55AM Rahu 12:23PM – 1:37PM	Mrigashira Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu


4	Thursday, February 2, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Rochester, NY Sun 26 Sutra 291 Subhakrit 5124
	Mithuna Rasi: 13.08 Tithi 12 – 13 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	Gulika 9:54AM – 11:09AM Yama 7:25AM – 8:40AM Rahu 1:38PM – 2:52PM	Ardra Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM

Pradosha Vrata

5	Friday, February 3, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Rochester, NY Sun 27 Sutra 292 Subhakrit 5124
	Mithuna Rasi: 25.01 Tithi 13 – 14 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	Gulika 8:39AM – 9:54AM Yama 2:53PM – 4:08PM Rahu 11:09AM – 12:23PM	Punarvasu Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM

	Saturday, February 4, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Rochester, NY Sun 28 Sutra 293 Subhakrit 5124
	Kataka Rasi: 6.54 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 7:23AM – 8:38AM Yama 1:39PM – 2:54PM Rahu 9:53AM – 11:09AM	Pushya Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM

Thai Pusam

	Sunday, February 5, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Rochester, NY Sun 29 Sutra 294 Subhakrit 5124
	Kataka Rasi: 18.48 Tithi 15 – 16 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	Gulika 2:55PM – 4:10PM Yama 12:24PM – 1:39PM Rahu 4:10PM – 5:25PM	Ashlesha* Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 7:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:40PM - 2:55PM

Yama 11:08AM - 12:24PM

Rahu 8:37AM - 9:52AM

Magha* Until 7:10AM Tue

Sobhana Until 5:27AM Tue

Taitila Until 4:54AM Tue

Prathama* Until 3:46PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 7:21AM

Sunset: 5:27PM

Subha Sivaloka Day

Rochester, NY

Sutra 295

Subhakrit 5124

Moon 2 - Phase 41 -

1st Phase

1

Tuesday, February 7, 2023

Simha Rasi: 12.44 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:24PM - 1:40PM

Yama 9:52AM - 11:08AM

Rahu 2:56PM - 4:12PM

Magha* Until 7:10AM

Athiganda* Until 5:54AM Wed

Vanija Until 6:57AM Wed

Dvitiya Until 5:55PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 7:20AM

Sunset: 5:29PM

Subha Sivaloka Day

Rochester, NY

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

2

Wednesday, February 8, 2023

Simha Rasi: 24.48 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:08AM - 12:24PM

Yama 8:35AM - 9:51AM

Rahu 12:24PM - 1:40PM

Purvaphalguni Until 9:40AM

Sukarma Until 6:11AM Thu

Vanija Until 6:57AM

Tritiya Until 7:52PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 7:18AM

Sunset: 5:29PM

Subha Sivaloka Day

Rochester, NY

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

3

Thursday, February 9, 2023

Kanya Rasi: 6.58 Tithi 19

952686577

Amrita Yoga

Until 11:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:51AM - 11:07AM

Yama 7:17AM - 8:34AM

Rahu 1:41PM - 2:57PM

Uttaraphalguni Until 11:45AM

Sukarma Until 6:11AM

Bava Until 8:44AM

Chaturthi* Until 9:29PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 7:17AM

Sunset: 5:31PM

Subha Sivaloka Day

Rochester, NY

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

4

Friday, February 10, 2023

Kanya Rasi: 19.17 Tithi 20

962686577

Creative Work Amrita Yoga

Until 1:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:33AM - 9:50AM

Yama 2:58PM - 4:15PM

Rahu 11:07AM - 12:24PM

Hasta Until 1:48PM

Dhriti Until 6:13AM

Kaulava Until 10:11AM

Panchami Until 10:42PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Green

Magha*Thai

Sunrise: 7:16AM

Sunset: 5:32PM

Sivaloka Day

Rochester, NY

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

5

Saturday, February 11, 2023

Tula Rasi: 1.47 Tithi 21

963686577

Routine Work Marana Yoga

Until 3:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 7:15AM - 8:32AM

Yama 1:41PM - 2:59PM

Rahu 9:49AM - 11:07AM

Chitra Until 3:13PM

Ganda* Until 5:06AM Sun

Gara Until 11:08AM

Shashthi* Until 11:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green

Magha*Thai

Sunrise: 7:15AM

Sunset: 5:33PM

Devaloka Day

Rochester, NY

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

6

Sunday, February 12, 2023

Tula Rasi: 14.34 Tithi 22

963686577

Creative Work Siddha Yoga

Until 3:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:59PM - 4:17PM

Yama 12:24PM - 1:42PM

Rahu 4:17PM - 5:35PM

Svati Until 3:52PM

Vridhhi Until 3:49AM Mon

Visti Until 11:29AM

Saptami Until 11:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green

Magha-Masi

Sunrise: 7:13AM

Sunset: 5:35PM

Devaloka Day

Rochester, NY

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:42PM - 3:00PM

Yama 11:06AM - 12:24PM

Rahu 8:30AM - 9:48AM

Vishakha Until 4:08PM

Dhruva Until 1:56AM Tue

Balava Until 11:07AM

Ashtami* Until 10:39PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange

Magha-Masi

Sunrise: 7:12AM

Sunset: 5:36PM

Sivaloka Day

Rochester, NY

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24

973686577

Creative Work Siddha Yoga

Until 3:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:24PM - 1:42PM

Yama 9:47AM - 11:06AM

Rahu 3:01PM - 4:19PM

Anuradha Until 3:32PM

Vyaghata* Until 11:29PM

Taitila Until 10:02AM

Navami* Until 9:11PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange

Magha-Masi

Sunrise: 7:11AM

Sunset: 5:37PM

Sivaloka Day

Rochester, NY

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
	Vrischika Rasi: 25.07	Tithi 25	Gulika 11:05AM – 12:24PM	Jyeshtha* Until 2:05PM	Ganesha: Clear	Sunrise: 7:09AM	Sun 9 Sutra 304
	Creative Work	Siddha Yoga	Yama 8:28AM – 9:47AM	Harshana Until 8:29PM	Muruqa: Purple	Sunset: 5:39PM	Subhakrit 5124
	Until 2:05PM	Then Routine Work - Marana Yoga	983686577 Rahu 12:24PM – 1:43PM	Vanija Until 8:13AM	Nataraja: Orange		Moon 2 - Phase 42 - 9
			Dashami Until 7:02PM	Moon – Orange		2nd Phase	
				Magha-Masi		Sivaloka Day	

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Dhanus Rasi: 9.29	Tithi 26 – 27	Gulika 9:46AM – 11:05AM	Mula* Until 12:18PM	Ganesha: White	Sunrise: 7:08AM	Sun 10 Sutra 305
	Creative Work	Siddha Yoga	Yama 7:08AM – 8:27AM	Vajra* Until 4:59PM	Muruqa: Purple	Sunset: 5:40PM	Subhakrit 5124
	Until 2:05PM	Then Routine Work - Marana Yoga	983686577 Rahu 1:43PM – 3:02PM	Kaulava Until 2:43AM Fri	Nataraja: Orange		Moon 2 - Phase 42 - 10
			Ekadashi* Until 4:16PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Devaloka Day	

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Dhanus Rasi: 24.14	Tithi 27 – 28	Gulika 8:26AM – 9:45AM	Purvashadha* Until 9:53AM	Ganesha: White	Sunrise: 7:06AM	Sun 11 Sutra 306
	Routine Work	Prabalarishta Yoga	Yama 3:03PM – 4:22PM	Siddhi Until 1:08PM	Muruqa: Purple	Sunset: 5:41PM	Subhakrit 5124
	Until 9:53AM	Then Routine Work - Marana Yoga	983686577 Rahu 11:05AM – 12:24PM	Gara Until 11:19PM	Nataraja: Orange		Moon 2 - Phase 42 - 11
			Dvadashi* Until 1:02PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Uttarashadha*/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Makara Rasi: 9.17	Tithi 28 – 29	Gulika 7:05AM – 8:25AM	Uttarashadha Until 6:59AM	Ganesha: White	Sunrise: 7:05AM	Sun 12 Sutra 307
	Routine Work	Marana Yoga	Yama 1:44PM – 3:03PM	Vyatlipata* Until 9:01AM	Muruqa: Purple	Sunset: 5:43PM	Subhakrit 5124
	Until 6:59AM	Then Creative Work - Siddha Yoga	983686577 Rahu 9:44AM – 11:04AM	Visti Until 7:40PM	Nataraja: Orange		Moon 2 - Phase 42 - 12
			Trayodashi* Until 9:29AM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Devaloka Day	

●	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY	
	Retreat Star		Makara Rasi: 24.28	Tithi 30	Gulika 3:04PM – 4:24PM	Dhanishtha Until 1:16AM Mon	Ganesha: Green	Sunrise: 7:04AM
	Routine Work	Marana Yoga	Yama 12:24PM – 1:44PM	Parigha* Until 12:31AM Mon	Muruqa: Purple	Sunset: 5:44PM	Subhakrit 5124	
	Until 1:16AM Mon	Then Creative Work - Siddha Yoga	983686577 Rahu 4:24PM – 5:44PM	Catuspada Until 3:57PM	Nataraja: Orange		Moon 2 - Phase 42 - 13	
			Amavasya* Until 2:07AM Mon	Moon – Purple		Amavasya		
				Magha-Masi		Devaloka Day		

●	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY	
	Retreat Star		Kumbha Rasi: 9.38	Tithi 1	Gulika 1:44PM – 3:05PM	Shatabhishak Until 10:23PM	Ganesha: Green	Sunrise: 7:02AM
	Family Home Evening	Siddha Yoga	Yama 11:03AM – 12:24PM	Shiva Until 8:27PM	Muruqa: Purple	Sunset: 5:45PM	Subhakrit 5124	
	Until 10:23PM	Then Routine Work - Marana Yoga	983686577 Rahu 8:23AM – 9:43AM	Kintughna Until 12:21PM	Nataraja: Orange		Moon 2 - Phase 42 - 14	
			Prathama* Until 10:38PM	Moon – Purple		Prathama		
				Phalgun-Masi		Devaloka Day		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1 Tuesday, February 21, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rochester, NY
 Purvaprashthapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 310
 Subhakrit 5124
Gulika 12:24PM – 1:44PM Purvaprashthapada* Until 8:10PM Ganesha: Red Sunrise: 7:01AM
 Yama 9:42AM – 11:03AM Siddha Until 4:38PM **Muruqa: Purple Sunset: 5:47PM** Moon 2 - Phase 43 - 15
 913686577 **Rahu 3:05PM – 4:26PM Balava Until 9:02AM Nataraja: Orange**
 Moon – Clear **Sivaloka Day**
 Routine Work Marana Yoga
 Until 8:10PM Phalgun-Masi
 Then Creative Work - Amrita Yoga

2 Wednesday, February 22, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rochester, NY
 Uttaraprashthapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau Sun 16 Sutra 311
 Subhakrit 5124
Gulika 11:02AM – 12:24PM Uttaraprashthapada Until 6:21PM Ganesha: Blue Sunrise: 6:59AM
 Yama 8:20AM – 9:41AM Sadhya Until 1:16PM **Muruqa: Purple Sunset: 5:48PM** Moon 2 - Phase 43 - 16
 913786577 **Rahu 12:24PM – 1:45PM Taitila Until 6:11AM Nataraja: Orange**
 Moon – Clear **Subha Sivaloka Day**
 Creative Work Siddha Yoga
 Until 6:21PM Phalgun-Masi
 Then Routine Work - Marana Yoga

3 Thursday, February 23, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rochester, NY
 Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 312
 Subhakrit 5124
Gulika 9:40AM – 11:02AM Revati Until 5:05PM Ganesha: Blue Sunrise: 6:58AM
 Yama 6:58AM – 8:19AM Subha Until 10:27AM **Muruqa: Purple Sunset: 5:49PM** Moon 2 - Phase 43 - 17
 913786577 **Rahu 1:45PM – 3:06PM Bava Until 2:28AM Fri Nataraja: Orange**
 Moon – Clear **Subha Sivaloka Day**
 Creative Work Siddha Yoga
 Until 5:05PM Phalgun-Masi
 Then Creative Work - Amrita Yoga **Subramuniyaswami Siva Vision Day**

4 Friday, February 24, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Rochester, NY
 Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 313
 Subhakrit 5124
Gulika 8:18AM – 9:40AM Ashvini Until 4:55PM Ganesha: Yellow Sunrise: 6:56AM
 Yama 3:07PM – 4:29PM Sukla Until 8:15AM **Muruqa: Purple Sunset: 5:50PM** Moon 2 - Phase 43 - 18
 923786577 **Rahu 11:01AM – 12:23PM Kaulava Until 1:51AM Sat Nataraja: Orange**
 Moon – White **Sivaloka Day**
 Creative Work Amrita Yoga
 Until 4:55PM Phalgun-Masi
 Then Creative Work - Siddha Yoga

5 Saturday, February 25, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rochester, NY
 Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 314
 Subhakrit 5124
Gulika 6:54AM – 8:17AM Bharani Until 5:27PM Ganesha: Blue Sunrise: 6:54AM
 Yama 1:45PM – 3:07PM Brahma Until 6:44AM **Muruqa: Purple Sunset: 5:52PM** Moon 2 - Phase 43 - 19
 924786577 **Rahu 9:39AM – 11:01AM Gara Until 2:05AM Sun Nataraja: Orange**
 Moon – White **Devaloka Day**
 Creative Work Siddha Yoga
 Until 5:27PM Phalgun-Masi
 Then Creative Work - Amrita Yoga

Sunday, February 26, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rochester, NY
Retreat Star Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 315
 Subhakrit 5124
 Vrishabha Rasi: 3.18 Tihti 7 – 8 **Gulika 3:08PM – 4:31PM Krittika Until 6:39PM Ganesha: Blue Sunrise: 6:53AM**
 Yama 12:23PM – 1:45PM Vaidhriti* Until 5:41AM Mon **Muruqa: Purple Sunset: 5:53PM** Moon 2 - Phase 43 - 20
 924786577 **Rahu 4:31PM – 5:53PM Visti Until 3:09AM Mon Nataraja: Orange**
 Moon – White **Devaloka Day**
 Creative Work Siddha Yoga **Saptami Until 2:30PM** Phalgun-Masi

Monday, February 27, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rochester, NY
Retreat Star Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 316
 Subhakrit 5124
 Vrishabha Rasi: 15.46 Tihti 8 – 9 **Gulika 1:46PM – 3:09PM Rohini Until 8:51PM Ganesha: Yellow Sunrise: 6:51AM**
 Yama 11:00AM – 12:23PM Vishkambha* Until 5:57AM Tue **Muruqa: Purple Sunset: 5:54PM** Moon 2 - Phase 43 - 21
 934786577 **Rahu 8:14AM – 9:37AM Balava Until 4:52AM Tue Nataraja: Orange**
 Moon – Yellow **Sivaloka Day**
 Family Home Evening
 Creative Work Amrita Yoga **Ashtami* Until 3:55PM** Phalgun-Masi

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

..All times are standard time. Calculated for Rochester, NY on 4/26/2

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1	Tuesday, February 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 22 Sutra 317 Subhakit 5124
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	Gulika Yama Rahu	12:23PM – 1:46PM 9:36AM – 10:59AM 3:09PM – 4:32PM	Mrigashira Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed Navami* Until 5:54PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow Sivaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						Sunrise: 6:50AM Sunset: 5:56PM Moon 2 - Phase 44 - 22 4th Phase
	Until 11:24PM						
Then Routine Work - Marana Yoga							

2	Wednesday, March 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY Sun 23 Sutra 318 Subhakit 5124
	Mithuna Rasi: 9.56	Tithi 10	934786577	Gulika Yama Rahu	10:58AM – 12:22PM 8:10AM – 9:34AM 12:22PM – 1:46PM	Ardra Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM Dashami Until 8:15PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow Sivaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						Sunrise: 6:46AM Sunset: 5:59PM Moon 2 - Phase 44 - 23 4th Phase
	Until 2:06AM Thu						
Then Creative Work - Amrita Yoga							

3	Thursday, March 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY Sun 24 Sutra 319 Subhakit 5124
	Mithuna Rasi: 21.5	Tithi 11	944786577	Gulika Yama Rahu	9:33AM – 10:58AM 6:45AM – 8:09AM 1:46PM – 3:11PM	Punarvasu Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM Ekadashi Until 10:45PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Devaloka Day Phalguna-Masi
	Creative Work Amrita Yoga						Sunrise: 6:45AM Sunset: 5:59PM Moon 2 - Phase 44 - 24 4th Phase
	Until 5:14AM Fri						
Then Routine Work - Marana Yoga							

4	Friday, March 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY Sun 25 Sutra 320 Subhakit 5124
	Kataka Rasi: 3.42	Tithi 12	944786577	Gulika Yama Rahu	8:08AM – 9:32AM 3:11PM – 4:36PM 10:57AM – 12:22PM	Pushya Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM Dvadashi Until 1:15AM Sat	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Devaloka Day Phalguna-Masi
	Routine Work Marana Yoga						Sunrise: 6:43AM Sunset: 6:01PM Moon 2 - Phase 44 - 25 4th Phase

5	Saturday, March 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY Sun 26 Sutra 321 Subhakit 5124
	Kataka Rasi: 15.35	Tithi 13	944786577	Gulika Yama Rahu	6:41AM – 8:06AM 1:47PM – 3:12PM 9:32AM – 10:57AM	Pushya Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM Trayodashi Until 3:37AM Sun Pradosha Vrata	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Devaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						Sunrise: 6:41AM Sunset: 6:02PM Moon 2 - Phase 44 - 26 4th Phase
	Until 8:10AM						
Then Routine Work - Marana Yoga							

6	Sunday, March 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 322 Subhakit 5124
	Kataka Rasi: 27.31	Tithi 14	144786577	Gulika Yama Rahu	3:12PM – 4:38PM 12:21PM – 1:47PM 4:38PM – 6:03PM	Ashlesha* Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM Chaturdashi* Until 5:45AM Mon	Ganesha: Purple Muruga: Purple Nataraja: Orange Moon – Blue Devaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						Sunrise: 6:40AM Sunset: 6:03PM Moon 2 - Phase 44 - 27 4th Phase
	Until 10:47AM						
Then Routine Work - Marana Yoga							

O	Monday, March 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Rochester, NY Sun 28 Sutra 323 Subhakit 5124
	Copper Retreat Star						Sunrise: 6:38AM Sunset: 6:04PM Moon 2 - Phase 44 - Purnima
	Simha Rasi: 9.32	Tithi 15	154786577	Gulika Yama Rahu	1:47PM – 3:13PM 10:55AM – 12:21PM 8:04AM – 9:30AM	Magha* Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM Purnima* Until 7:38AM Tue	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red Sivaloka Day Phalguna-Masi
	Family Home Evening						
Routine Work Marana Yoga							
Until 1:31PM							
Then Creative Work - Siddha Yoga							

O	Tuesday, March 7, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 29 Sutra 324 Subhakit 5124
	Silver Retreat Star						Sunrise: 6:36AM Sunset: 6:06PM Moon 2 - Phase 44 - Prathama
	Simha Rasi: 21.4	Tithi 15 – 16	154786577	Gulika Yama Rahu	12:21PM – 1:47PM 9:29AM – 10:55AM 3:13PM – 4:39PM	Purvaphalguni Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM Purnima* Until 7:38AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red Sivaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						
Until 3:48PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

Gulika 10:54AM - 12:21PM
Yama 8:01AM - 9:28AM
Rahu 12:21PM - 1:47PM

Uttaraphalguni Until 5:37PM

Shula* Until 10:44AM

Taitila Until 9:52PM

Prathama* Until 9:11AM

Ganesha: Clear *Sunrise: 6:35AM*

Muruqa: Purple *Sunset: 6:07PM*

Nataraja: Orange

Moon - Red

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 -
1st Phase

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

Gulika 9:27AM - 10:54AM
Yama 6:33AM - 8:00AM
Rahu 1:47PM - 3:14PM

Hasta Until 7:25PM

Ganda* Until 10:34AM

Vanija Until 10:53PM

Dvitiya Until 10:24AM

Ganesha: White *Sunrise: 6:33AM*

Muruqa: Purple *Sunset: 6:08PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Devaloka Day

Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

Gulika 7:58AM - 9:26AM
Yama 3:15PM - 4:42PM
Rahu 10:53AM - 12:20PM

Chitra Until 8:40PM

Vridhhi Until 10:07AM

Bava Until 11:30PM

Tritiya Until 11:13AM

Ganesha: Yellow *Sunrise: 6:31AM*

Muruqa: Purple *Sunset: 6:09PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 2
1st Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

Gulika 6:29AM - 7:57AM
Yama 1:48PM - 3:15PM
Rahu 9:25AM - 10:52AM

Svati Until 9:21PM

Dhruva Until 9:19AM

Kaulava Until 11:41PM

Chaturthi* Until 11:38AM

Ganesha: Yellow *Sunrise: 6:29AM*

Muruqa: Purple *Sunset: 6:10PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 3
1st Phase

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

Gulika 3:16PM - 4:44PM
Yama 12:20PM - 1:48PM
Rahu 4:44PM - 6:12PM

Vishakha Until 9:52PM

Vyaghata* Until 8:11AM

Gara Until 11:23PM

Panchami Until 11:34AM

Ganesha: Blue *Sunrise: 6:28AM*

Muruqa: Purple *Sunset: 6:12PM*

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 4
1st Phase

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

Gulika 1:48PM - 3:16PM
Yama 10:51AM - 12:19PM
Rahu 7:54AM - 9:23AM

Anuradha Until 9:44PM

Harshana Until 6:40AM

Visti Until 10:33PM

Shashthi* Until 11:01AM

Ganesha: Blue *Sunrise: 6:26AM*

Muruqa: Purple *Sunset: 6:13PM*

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 5
1st Phase

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

Gulika 12:19PM - 1:48PM
Yama 9:22AM - 10:50AM
Rahu 3:17PM - 4:45PM

Jyeshtha* Until 8:56PM

Siddhi Until 2:22AM Wed

Balava Until 9:12PM

Saptami Until 9:56AM

Ganesha: Blue *Sunrise: 6:24AM*

Muruqa: Purple *Sunset: 6:14PM*

Nataraja: Orange

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Moon 3 - Phase 45 - 6
Ashtami

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

Gulika 10:50AM - 12:19PM
Yama 7:52AM - 9:21AM
Rahu 12:19PM - 1:48PM

Mula* Until 7:55PM

Vyatipata* Until 11:37PM

Taitila Until 7:20PM

Ashtami* Until 8:19AM

Ganesha: Red *Sunrise: 6:22AM*

Muruqa: Purple *Sunset: 6:15PM*

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sivaloka Day

Moon 3 - Phase 45 - 7
Navami

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Rochester, NY
	Dhanus Rasi: 19.18	Tithi 24 – 25	185786578	Gulika 9:20AM – 10:49AM Yama 6:21AM – 7:50AM Rahu 1:48PM – 3:18PM	Purvashadha* Until 6:17PM Varyan Until 8:28PM Visti Until 3:39AM Fri Navami* Until 6:12AM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Phalguna•Panguni	Sun 8 Sutra 333 Subhakrit 5124 Moon 3 - Phase 46 - 8 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						
	Until 6:17PM Then Routine Work - Marana Yoga						

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Makara Rasi: 3.44	Tithi 26	185786578	Gulika 7:49AM – 9:19AM Yama 3:18PM – 4:48PM Rahu 10:48AM – 12:18PM	Uttarashadha Until 4:08PM Parigha* Until 5:02PM Bava Until 2:16PM Ekadashi* Until 12:46AM Sat	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Phalguna•Panguni	Sun 9 Sutra 334 Subhakrit 5124 Moon 3 - Phase 46 - 9 2nd Phase Sivaloka Day
	Routine Work Marana Yoga						

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rochester, NY
	Makara Rasi: 18.24	Tithi 27	195786578	Gulika 6:17AM – 7:47AM Yama 1:48PM – 3:18PM Rahu 9:18AM – 10:48AM	Shravana Until 1:59PM Shiva Until 1:23PM Kaulava Until 11:15AM Dvadashi* Until 9:39PM	Ganesha: Green Muruqa: Purple Nataraja: Clear Moon – Purple Phalguna•Panguni	Sun 10 Sutra 335 Subhakrit 5124 Moon 3 - Phase 46 - 10 2nd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga						

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Kumbha Rasi: 3.13	Tithi 28	196896578	Gulika 3:19PM – 4:49PM Yama 12:18PM – 1:48PM Rahu 4:49PM – 6:20PM	Dhanishtha Until 11:34AM Siddha Until 9:35AM Gara Until 8:04AM Trayodashi* Until 6:27PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple Phalguna•Panguni	Sun 11 Sutra 336 Subhakrit 5124 Moon 3 - Phase 46 - 11 2nd Phase Sivaloka Day
	Routine Work Marana Yoga						
	Until 11:34AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY
	Kumbha Rasi: 18.02	Tithi 29 – 30	196896578	Gulika 1:48PM – 3:19PM Yama 10:46AM – 12:17PM Rahu 7:45AM – 9:16AM	Shatabhishak Until 9:01AM Subha Until 2:11AM Tue Catuspada Until 1:50AM Tue Chaturdashi* Until 3:19PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple Phalguna•Panguni	Sun 12 Sutra 337 Subhakrit 5124 Moon 3 - Phase 46 - 12 2nd Phase Sivaloka Day
	Family Home Evening						
	Creative Work Siddha Yoga						

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*Uttaraprosarthapada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
	Retreat Star		116896578	Gulika 12:17PM – 1:48PM Yama 9:15AM – 10:46AM Rahu 3:20PM – 4:51PM	Purvaprosarthapada* Until 6:55AM Sukla Until 10:45PM Kintughna Until 11:06PM Amavasya* Until 12:24PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna•Panguni	Sun 13 Sutra 338 Subhakrit 5124 Moon 3 - Phase 46 - 13 Amavasya Devaloka Day
	Meena Rasi: 2.46						
	Tithi 30 – 1						

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
	Retreat Star		116896578	Gulika 10:45AM – 12:17PM Yama 7:42AM – 9:13AM Rahu 12:17PM – 1:49PM	Revati Until 3:28AM Thu Brahma Until 7:43PM Balava Until 8:48PM Prathama* Until 9:52AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Chaitra•Panguni	Sun 14 Sutra 339 Subhakrit 5124 Moon 3 - Phase 46 - 14 Prathama Devaloka Day
	Meena Rasi: 17.14						
	Tithi 1 – 2		Yugadhi				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rochester, NY Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.22	Tithi 2 - 3	Gulika 9:12AM - 10:44AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	Sunrise: 6:08AM	
		Yama 6:08AM - 7:40AM	Indra Until 5:11PM	Muruqa: Clear	Sunset: 6:25PM	Moon 3 - Phase 47 - 15
		126896578 Rahu 1:49PM - 3:21PM	Taitila Until 7:06PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - White		Devaloka Day
Until 2:50AM Fri		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						
2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Rochester, NY Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.06	Tithi 3 - 4	Gulika 7:39AM - 9:11AM	Bharani Until 2:48AM Sat	Ganesha: Clear	Sunrise: 6:07AM	
		Yama 3:21PM - 4:53PM	Vaidhriti* Until 3:10PM	Muruqa: Clear	Sunset: 6:26PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:44AM - 12:16PM	Vanija Until 6:07PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon - White		Devaloka Day
Until 2:48AM Sat			Tritiya Until 6:30AM	Chaitra-Panguni		
Then Creative Work - Amrita Yoga						
3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Rochester, NY Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.25	Tithi 5	Gulika 6:05AM - 7:38AM	Krittika Until 3:22AM Sun	Ganesha: Clear	Sunrise: 6:05AM	
		Yama 1:49PM - 3:21PM	Vishkambha* Until 1:48PM	Muruqa: Clear	Sunset: 6:27PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:10AM - 10:43AM	Bava Until 5:55PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - White		Devaloka Day
Until 3:22AM Sun			Panchami Until 6:05AM Sun	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						
4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rochester, NY Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 11.18	Tithi 5 - 6	Gulika 3:22PM - 4:55PM	Rohini Until 4:59AM Mon	Ganesha: Clear	Sunrise: 6:03AM	
		Yama 12:16PM - 1:49PM	Priti Until 1:03PM	Muruqa: Clear	Sunset: 6:28PM	Moon 3 - Phase 47 - 18
		137896578 Rahu 4:55PM - 6:28PM	Kaulava Until 6:30PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
Until 4:59AM Mon			Panchami Until 6:05AM	Chaitra-Panguni		
Then Creative Work - Amrita Yoga						
5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rochester, NY Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 23.5	Tithi 6 - 7	Gulika 1:49PM - 3:22PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	Sunrise: 6:01AM	
Family Home Evening		Yama 10:42AM - 12:15PM	Ayushman Until 12:50PM	Muruqa: Clear	Sunset: 6:29PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:35AM - 9:08AM	Gara Until 7:47PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - Yellow		Devaloka Day
Until 7:05AM Tue			Shashthi* Until 7:02AM	Chaitra-Panguni		
Then Routine Work - Marana Yoga						
Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau		Rochester, NY Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 6.06	Tithi 7 - 8	Gulika 12:15PM - 1:49PM	Mrigashira Until 7:05AM	Ganesha: Clear	Sunrise: 5:59AM	
		Yama 9:07AM - 10:41AM	Saubhagya Until 1:07PM	Muruqa: Clear	Sunset: 6:31PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:23PM - 4:57PM	Vishti Until 9:39PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
Until 7:05AM			Saptami Until 8:38AM	Chaitra-Panguni		
Then Routine Work - Marana Yoga						
Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rochester, NY Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 18.1	Tithi 8 - 9	Gulika 10:40AM - 12:15PM	Ardra Until 9:30AM	Ganesha: Clear	Sunrise: 5:58AM	
		Yama 7:32AM - 9:06AM	Sobhana Until 1:45PM	Muruqa: Clear	Sunset: 6:32PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:15PM - 1:49PM	Balava Until 11:53PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
		Sri Rama Navami	Ashtami* Until 10:42AM	Chaitra-Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

.ll times are standard time. Calculated for Rochester, NY on 4/26/2

www.gurudeva.org/panchang

1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rochester, NY Sun 22 Sutra 347 Subhakrit 5124	
Kataka Rasi: 0.06	Tithi 9 – 10	Gulika 9:05AM – 10:40AM	Punarvasu Until 12:30PM	Ganesha: White	<i>Sunrise:</i> 5:56AM	Moon 3 - Phase 48 - 22	
		Yama 5:56AM – 7:31AM	Athiganda* Until 2:32PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	4th Phase	
147896578	Rahu 1:49PM – 3:24PM		Taitila Until 2:17AM Fri	Nataraja: Clear		Bhuloka Day	
Creative Work	Amrita Yoga		Navami* Until 1:03PM	Moon – Blue		Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 23 Sutra 348 Subhakrit 5124	
Kataka Rasi: 11.59	Tithi 10 – 11	Gulika 7:29AM – 9:04AM	Pushya Until 3:26PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Moon 3 - Phase 48 - 23	
		Yama 3:24PM – 4:59PM	Sukarma Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	4th Phase	
147896578	Rahu 10:39AM – 12:14PM		Vanija Until 4:41AM Sat	Nataraja: Clear		Bhuloka Day	
Routine Work	Marana Yoga		Dashami Until 3:29PM	Moon – Blue		Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 24 Sutra 349 Subhakrit 5124	
Kataka Rasi: 23.53	Tithi 11 – 12	Gulika 5:54AM – 7:29AM	Ashlesha* Until 6:05PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Moon 3 - Phase 48 - 24	
		Yama 1:49PM – 3:24PM	Dhriti Until 4:11PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	4th Phase	
147896578	Rahu 9:04AM – 10:39AM		Bava Until 6:54AM Sun	Nataraja: Clear		Bhuloka Day	
Routine Work	Marana Yoga		Ekadashi Until 5:48PM	Moon – Blue		Devaloka Time: 3:PM to 6:PM	
Until 6:05PM		Yogaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Rochester, NY Sun 25 Sutra 350 Subhakrit 5124	
Simha Rasi: 5.52	Tithi 12	Gulika 3:25PM – 5:00PM	Magha* Until 8:50PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Moon 3 - Phase 48 - 25	
		Yama 12:14PM – 1:49PM	Shula* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	4th Phase	
158896578	Rahu 5:00PM – 6:35PM		Bava Until 6:54AM	Nataraja: Clear		Devaloka Day	
Routine Work	Marana Yoga		Dvadashi Until 7:52PM	Moon – Red		Chaitra•Panguni	
Until 8:50PM							
Then Creative Work - Siddha Yoga							

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Rochester, NY Sun 26 Sutra 351 Subhakrit 5124	
Simha Rasi: 17.58	Tithi 13	Gulika 1:49PM – 3:25PM	Purvaphalguni Until 11:04PM	Ganesha: Red	<i>Sunrise:</i> 5:51AM	Moon 3 - Phase 48 - 26	
Family Home Evening		Yama 10:38AM – 12:14PM	Ganda* Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	4th Phase	
158896578	Rahu 7:26AM – 9:02AM		Kaulava Until 8:48AM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Trayodashi Until 9:34PM	Moon – Red		Chaitra•Panguni	

Pradosha Vrata

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Rochester, NY Sun 27 Sutra 352 Subhakrit 5124	
Kanya Rasi: 0.13	Tithi 14	Gulika 12:13PM – 1:49PM	Uttaraphalguni Until 12:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Moon 3 - Phase 48 - 27	
		Yama 9:01AM – 10:37AM	Vridhhi Until 5:07PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	4th Phase	
158896578	Rahu 3:25PM – 5:01PM		Gara Until 10:17AM	Nataraja: Clear		Devaloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:50PM	Moon – Red		Chaitra•Panguni	
Until 12:42AM Wed							
Then Routine Work - Marana Yoga							

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Rochester, NY Sutra 353 Subhakrit 5124	
Copper Retreat Star		Gulika 10:36AM – 12:13PM	Hasta Until 2:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Moon 3 - Phase 48 -	
Kanya Rasi: 12.4	Tithi 15	Yama 7:24AM – 9:00AM	Dhruva Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Purnima	
168896578	Rahu 12:13PM – 1:49PM		Visti Until 11:17AM	Nataraja: Clear		Bhuloka Day	
Routine Work	Marana Yoga		Purnima* Until 11:36PM	Moon – Green		Devaloka Time: 3:PM to 6:PM	
Until 2:11AM Thu		Panguni Uttiram		Chaitra•Panguni			
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Rochester, NY Sutra 354 Subhakrit 5124	
Silver Retreat Star		Gulika 8:59AM – 10:36AM	Chitra Until 3:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Moon 3 - Phase 48 -	
Kanya Rasi: 25.21	Tithi 16	Yama 5:45AM – 7:22AM	Vyaghata* Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Prathama	
168896578	Rahu 1:49PM – 3:26PM		Balava Until 11:49AM	Nataraja: Clear		Bhuloka Day	
Creative Work	Siddha Yoga		Prathama* Until 11:52PM	Moon – Green		Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:21AM – 8:58AM
Yama 3:27PM – 5:04PM
168896578 **Rahu** 10:35AM – 12:12PM

Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Ganesha: Blue *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 1 Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:42AM – 7:19AM
Yama 1:50PM – 3:27PM
179896578 **Rahu** 8:57AM – 10:35AM

Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Ganesha: Red *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Rochester, NY
Sun 2 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:28PM – 5:05PM
Yama 12:12PM – 1:50PM
179896578 **Rahu** 5:05PM – 6:43PM

Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Ganesha: Red *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Rochester, NY
Sun 3 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:50PM – 3:28PM
Yama 10:33AM – 12:11PM
179896578 **Rahu** 7:17AM – 8:55AM

Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Ganesha: Red *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Rochester, NY
Sun 4 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:11PM – 1:50PM
Yama 8:54AM – 10:33AM
189896578 **Rahu** 3:28PM – 5:07PM

Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Ganesha: Green *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 5 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:32AM – 12:11PM
Yama 7:14AM – 8:53AM
189896578 **Rahu** 12:11PM – 1:50PM

Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Ganesha: Green *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 6 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 6
1st Phase

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:52AM – 10:31AM
Yama 5:33AM – 7:13AM
189996578 **Rahu** 1:50PM – 3:29PM

Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 7 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 7
Ashtami

Friday, April 14, 2023
Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:11AM – 8:51AM
Yama 3:30PM – 5:09PM
299996578 **Rahu** 10:31AM – 12:10PM

Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Ganesha: White *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:49PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 8 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 8
Navami

Tamil New Year


Chaitra*Chaitra

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 5:30AM – 7:10AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sun 9 Sutra 363
		299996578 Rahu 8:50AM – 10:30AM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Sobhana 5125	
			Bava Until 9:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9	
			Dashami Until 10:22AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:31PM – 5:11PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sun 10 Sutra 364
		291996578 Rahu 5:11PM – 6:51PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Sobhana 5125	
			Kaulava Until 6:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10	
			Ekadashi* Until 7:51AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Kumbha Rasi: 27.21	Tithi 28	Gulika 1:50PM – 3:31PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	Sun 11 Sutra 1
Family Home Evening		211996578 Rahu 7:07AM – 8:48AM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Sobhana 5125	
			Gara Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11	
			Trayodashi* Until 3:01AM Tue	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
	Meena Rasi: 11.37	Tithi 29	Gulika 12:09PM – 1:51PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Sun 12 Sutra 2
		211996578 Rahu 3:32PM – 5:13PM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Sobhana 5125	
			Visti Until 1:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12	
			Chaturdashi* Until 12:55AM Wed	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY
	Retreat Star		Gulika 10:28AM – 12:09PM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	Sun 13 Sutra 3
Meena Rasi: 25.43	Tithi 30	211996578 Rahu 12:09PM – 1:51PM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Sobhana 5125	
			Catuspada Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13	
			Amavasya* Until 11:12PM	Moon – Clear		Amavasya	
				Chaitra+Chaitra		Devaloka Day	

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
	Mesha Rasi: 9.32	Tithi 1	Gulika 8:45AM – 10:27AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Sun 14 Sutra 4
		221996578 Rahu 1:51PM – 3:33PM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Sobhana 5125	
			Kintughna Until 10:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14	
			Prathama* Until 9:58PM	Moon – White		Prathama	
				Vaisaka+Chaitra		Devaloka Day	

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY
	Mesha Rasi: 23.04	Tithi 2	Gulika 7:02AM – 8:44AM	Bharani Until 12:28PM	Ganesha: Clear	Sunrise: 5:20AM	Sun 15 Sutra 5
	221996578	Rahu 10:27AM – 12:09PM	Yama 3:33PM – 5:15PM	Ayushman Until 10:53PM	Muruqa: Clear	Sunset: 6:57PM	Sobhana 5125
	Creative Work Siddha Yoga			Balava Until 9:35AM	Nataraja: Clear		Moon 4 - Phase 2 - 15 3rd Phase
			Dvitiya Until 9:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY
	Wrishabha Rasi: 6.16	Tithi 3	Gulika 5:19AM – 7:01AM	Krittika Until 12:44PM	Ganesha: Clear	Sunrise: 5:19AM	Sun 16 Sutra 6
	221996578	Rahu 8:44AM – 10:26AM	Yama 1:51PM – 3:34PM	Saubhagya Until 9:51PM	Muruqa: Clear	Sunset: 6:58PM	Sobhana 5125
	Creative Work Amrita Yoga			Taitila Until 9:15AM	Nataraja: Clear		Moon 4 - Phase 2 - 16 3rd Phase
			Tritiya Until 9:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Rochester, NY
	Wrishabha Rasi: 19.07	Tithi 4	Gulika 3:34PM – 5:17PM	Rohini Until 1:58PM	Ganesha: Orange	Sunrise: 5:17AM	Sun 17 Sutra 7
	231996578	Rahu 5:17PM – 7:00PM	Yama 12:08PM – 1:51PM	Sobhana Until 9:20PM	Muruqa: Clear	Sunset: 7:00PM	Sobhana 5125
	Creative Work Siddha Yoga			Vanija Until 9:35AM	Nataraja: Clear		Moon 4 - Phase 2 - 17 3rd Phase
			Chaturthi* Until 9:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
	Mithuna Rasi: 1.4	Tithi 5	Gulika 1:51PM – 3:34PM	Mrigashira Until 3:40PM	Ganesha: Orange	Sunrise: 5:16AM	Sun 18 Sutra 8
	231996578	Rahu 6:59AM – 8:42AM	Yama 10:25AM – 12:08PM	Athiganda* Until 9:17PM	Muruqa: Clear	Sunset: 7:01PM	Sobhana 5125
	Creative Work Amrita Yoga			Bava Until 10:34AM	Nataraja: Clear		Moon 4 - Phase 2 - 18 3rd Phase
Until 3:40PM			Panchami Until 11:15PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
	Mithuna Rasi: 13.58	Tithi 6	Gulika 12:08PM – 1:51PM	Ardra Until 5:44PM	Ganesha: Orange	Sunrise: 5:14AM	Sun 19 Sutra 9
	231996579	Rahu 3:35PM – 5:18PM	Yama 8:41AM – 10:24AM	Sukarma Until 9:38PM	Muruqa: Clear	Sunset: 7:02PM	Sobhana 5125
	Routine Work Marana Yoga			Kaulava Until 12:07PM	Nataraja: Purple		Moon 4 - Phase 2 - 19 3rd Phase
Until 5:44PM			Shashthi* Until 1:02AM Wed	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
	Mithuna Rasi: 26.04	Tithi 7	Gulika 10:24AM – 12:08PM	Punarvasu Until 8:31PM	Ganesha: Green	Sunrise: 5:12AM	Sun 20 Sutra 10
	241996579	Rahu 12:08PM – 1:52PM	Yama 6:56AM – 8:40AM	Dhriti Until 10:18PM	Muruqa: Clear	Sunset: 7:03PM	Sobhana 5125
	Creative Work Siddha Yoga			Gara Until 2:06PM	Nataraja: Purple		Moon 4 - Phase 2 - 20 3rd Phase
			Saptami Until 3:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Rochester, NY
	Retreat Star		Gulika 8:39AM – 10:23AM	Pushya Until 11:21PM	Ganesha: Red	Sunrise: 5:11AM	Sun 21 Sutra 11
	Kataka Rasi: 8.02	Tithi 8	Yama 5:11AM – 6:55AM	Shula* Until 11:06PM	Muruqa: Clear	Sunset: 7:04PM	Sobhana 5125
	242996579	Rahu 1:52PM – 3:36PM		Visiti Until 4:21PM	Nataraja: Purple		Moon 4 - Phase 2 - 21 Ashtami
Creative Work Amrita Yoga			Ashtami* Until 5:30AM Fri	Moon – Blue		Sivaloka Day	
Until 11:21PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Rochester, NY
	Retreat Star		Gulika 6:54AM – 8:38AM	Ashlesha* Until 2:03AM Sat	Ganesha: Red	Sunrise: 5:09AM	Sun 22 Sutra 12
	Kataka Rasi: 19.57	Tithi 9	Yama 3:36PM – 5:21PM	Ganda* Until 11:57PM	Muruqa: Clear	Sunset: 7:05PM	Sobhana 5125
	242996579	Rahu 10:23AM – 12:07PM		Balava Until 6:42PM	Nataraja: Purple		Moon 4 - Phase 2 - 22 Navami
Routine Work Marana Yoga			Navami* Until 7:49AM Sat	Moon – Blue		Sivaloka Day	
Until 2:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 13 Sobhana 5125
Simha Rasi: 1.52	Tithi 9 – 10	Gulika 5:08AM – 6:53AM	Magha* Until 4:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:08AM			
		Yama 1:52PM – 3:37PM	Vriddhi Until 12:42AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 23		4th Phase
		252996579 Rahu 8:38AM – 10:22AM	Taitila Until 8:55PM	Nataraja: Purple				
Creative Work	Amrita Yoga	Navami* Until 7:49AM		Moon – Red		Devaloka Day		
Until 4:56AM Sun				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

2		Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 24 Sutra 14 Sobhana 5125
Simha Rasi: 13.52	Tithi 10 – 11	Gulika 3:37PM – 5:23PM	Purvaphalguni Until 7:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:07AM			
		Yama 12:07PM – 1:52PM	Dhruva Until 1:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 24		4th Phase
		252996579 Rahu 5:23PM – 7:08PM	Vanija Until 10:51PM	Nataraja: Purple				
Creative Work	Siddha Yoga	Dashami Until 9:55AM		Moon – Red		Devaloka Day		
				Vaisaka-Chaitra				

3		Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 15 Sobhana 5125
Simha Rasi: 26	Tithi 11 – 12	Gulika 1:53PM – 3:38PM	Purvaphalguni Until 7:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM			
Family Home Evening		Yama 10:21AM – 12:07PM	Vyaghata* Until 1:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3 - 25		4th Phase
		252996579 Rahu 6:50AM – 8:35AM	Bava Until 12:19AM Tue	Nataraja: Purple				
Creative Work	Siddha Yoga	Ekadashi Until 11:38AM		Moon – Red		Devaloka Day		
				Vaisaka-Chaitra				

4		Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 16 Sobhana 5125
Kanya Rasi: 8.2	Tithi 12 – 13	Gulika 12:07PM – 1:53PM	Uttaraphalguni Until 9:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM			
		Yama 8:35AM – 10:21AM	Harshana Until 12:58AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3 - 26		4th Phase
		252996579 Rahu 3:39PM – 5:25PM	Kaulava Until 1:11AM Wed	Nataraja: Purple				
Creative Work	Amrita Yoga	Dvadashi Until 12:48PM		Moon – Red		Devaloka Day		
Until 9:00AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga	<i>Pradosha Vrata</i>							

5		Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 17 Sobhana 5125
Kanya Rasi: 20.57	Tithi 13 – 14	Gulika 10:20AM – 12:07PM	Hasta Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM			
		Yama 6:47AM – 8:34AM	Vajra* Until 12:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3 - 27		4th Phase
		262996579 Rahu 12:07PM – 1:53PM	Gara Until 1:26AM Thu	Nataraja: Purple				
Routine Work	Marana Yoga	Trayodashi Until 1:22PM		Moon – Green		Sivaloka Day		
Until 10:27AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

		Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 28 Sutra 18 Sobhana 5125
Tula Rasi: 3.52	Tithi 14 – 15	Gulika 8:33AM – 10:20AM	Chitra Until 11:07AM	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM			
		Yama 5:00AM – 6:46AM	Siddhi Until 10:48PM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3 -		Purnima
		262996579 Rahu 1:53PM – 3:40PM	Vistil Until 1:03AM Fri	Nataraja: Purple				
Creative Work	Siddha Yoga	Chaturdashi* Until 1:18PM		Moon – Green		Sivaloka Day		
Until 11:07AM				Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga	Budha Purnima (Tamil Nadu)							

Friday, May 5, 2023		Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 29 Sutra 19 Sobhana 5125
Tula Rasi: 17.05	Tithi 15 – 16	Gulika 6:45AM – 8:32AM	Svati Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM			
		Yama 3:41PM – 5:28PM	Vyatipata* Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3 -		Prathama
		262996579 Rahu 10:19AM – 12:06PM	Balava Until 12:05AM Sat	Nataraja: Purple				
Creative Work	Siddha Yoga	Purnima* Until 12:37PM		Moon – Green		Sivaloka Day		
				Vaisaka-Chaitra				