



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Monroe, NJ

Tula Rasi: 12.09 Tithi 16 – 17

268345478 **Gulika** 3:18PM – 4:59PM
Yama 11:57AM – 1:38PM
Rahu 4:59PM – 6:39PM

Svati Until 6:55PM
Vajra* Until 1:09PM
Taitila Until 10:16PM
Prathama* Until 11:33AM

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: White
Moon – Green
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ

Tula Rasi: 26.35 Tithi 17 – 18

278345478 **Gulika** 1:38PM – 3:19PM
Yama 10:16AM – 11:57AM
Rahu 6:55AM – 8:36AM

Vishakha Until 5:07PM
Siddhi Until 9:51AM
Vanija Until 7:32PM
Dvitiya Until 8:54AM

Ganesha: Purple *Sunrise:* 5:14AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatlipala* Varyaya Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Monroe, NJ

Virschika Rasi: 11.08 Tithi 18 – 19

278345478 **Gulika** 11:57AM – 1:38PM
Yama 8:35AM – 10:16AM
Rahu 3:19PM – 5:00PM

Anuradha Until 3:06PM
Vyatlipala* Until 6:29AM
Balava Until 3:21AM Wed
Tritiya Until 6:07AM

Ganesha: Purple *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ

Virschika Rasi: 25.41 Tithi 20

278345478 **Gulika** 10:15AM – 11:57AM
Yama 6:53AM – 8:34AM
Rahu 11:57AM – 1:38PM

Jyeshtha* Until 1:00PM
Parigha* Until 11:47PM
Kaulava Until 2:01PM
Panchami Until 12:40AM Thu

Ganesha: Purple *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

Creative Work Siddha Yoga
Until 1:00PM
Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

Monroe, NJ

Dhanus Rasi: 10.08 Tithi 21

288345478 **Gulika** 8:33AM – 10:15AM
Yama 5:10AM – 6:51AM
Rahu 1:38PM – 3:20PM

Mula* Until 11:19AM
Shiva Until 8:39PM
Gara Until 11:25AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 6:44PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Monroe, NJ

Dhanus Rasi: 24.28 Tithi 22

289345478 **Gulika** 6:50AM – 8:32AM
Yama 3:20PM – 5:03PM
Rahu 10:14AM – 11:56AM

Purvashadha* Until 9:43AM
Siddha Until 5:42PM
Visti Until 9:03AM
Saptami Until 7:57PM

Ganesha: Purple *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5 1st Phase

Routine Work Prabalarishta Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ

Makara Rasi: 8.35 Tithi 23

289345478 **Gulika** 5:07AM – 6:49AM
Yama 1:39PM – 3:21PM
Rahu 8:31AM – 10:14AM

Uttarashadha Until 8:15AM
Sadhya Until 3:00PM
Balava Until 6:58AM
Ashtami* Until 6:02PM

Ganesha: Purple *Sunrise:* 5:07AM
Muruqa: White *Sunset:* 6:46PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6 Ashtami

Routine Work Marana Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ

Makara Rasi: 22.31 Tithi 24 – 25

299345479 **Gulika** 3:21PM – 5:04PM
Yama 11:56AM – 1:39PM
Rahu 5:04PM – 6:47PM

Shravana Until 7:24AM
Subha Until 12:35PM
Vanija Until 3:47AM Mon
Navami* Until 4:26PM

Ganesha: Clear *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7 Navami

Creative Work Amrita Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

Devaloka Day

Monday, April 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ
1					Sun 8	Sutra 8
Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika 1:39PM – 3:22PM	Dhanishtha Until 6:45AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Subhakrit 5124
Family Home Evening	299345479	Yama 10:13AM – 11:56AM	Sukla Until 10:26AM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 8
Creative Work	Siddha Yoga	Rahu 6:47AM – 8:30AM	Bava Until 2:45AM Tue	Nataraja: Clear		2nd Phase
			Dashami Until 3:12PM	Moon – Purple		Devaloka Day
				Chaitra*Chaitra		

Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
2					Sun 9	Sutra 9
Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika 11:56AM – 1:39PM	Shatabhishak Until 6:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124
	299345479	Yama 8:29AM – 10:12AM	Brahma Until 8:36AM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2 - 9
Routine Work	Marana Yoga	Rahu 3:22PM – 5:06PM	Kaulava Until 2:07AM Wed	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:21PM	Moon – Purple		Devaloka Day
				Chaitra*Chaitra		

Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
3					Sun 10	Sutra 10
Meena Rasi: 2.59	Tithi 27 – 28	Gulika 10:12AM – 11:55AM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Subhakrit 5124
	219345479	Yama 6:45AM – 8:28AM	Indra Until 7:07AM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 10
Creative Work	Amrita Yoga	Rahu 11:55AM – 1:39PM	Gara Until 1:54AM Thu	Nataraja: Clear		2nd Phase
Until 6:36AM			Dvadashi* Until 1:56PM	Moon – Clear		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		
				<i>Pradosha Vrata (Fasting)</i>		

Thursday, April 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
4					Sun 11	Sutra 11
Meena Rasi: 16.02	Tithi 28 – 29	Gulika 8:28AM – 10:11AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Subhakrit 5124
	219445479	Yama 5:00AM – 6:44AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 11
Creative Work	Siddha Yoga	Rahu 1:39PM – 3:23PM	Vistii Until 2:10AM Fri	Nataraja: Clear		2nd Phase
			Trayodashi* Until 1:57PM	Moon – Clear		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM

Friday, April 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ
Retreat Star					Sun 12	Sutra 12
Meena Rasi: 28.5	Tithi 29 – 30	Gulika 6:43AM – 8:27AM	Revati Until 8:02AM	Ganesha: White	<i>Sunrise:</i> 4:58AM	Subhakrit 5124
	211445479	Yama 3:24PM – 5:08PM	Priti Until 4:48AM Sat	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2 - 12
Creative Work	Siddha Yoga	Rahu 10:11AM – 11:55AM	Catuspada Until 2:55AM Sat	Nataraja: Clear		Amavasya
Until 8:02AM			Chaturdashi* Until 2:27PM	Moon – Clear		Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM

Saturday, April 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ
Retreat Star					Sun 13	Sutra 13
Mesha Rasi: 11.25	Tithi 30 – 1	Gulika 4:57AM – 6:42AM	Ashvini Until 9:41AM	Ganesha: Green	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
	221445479	Yama 1:40PM – 3:24PM	Ayushman Until 4:46AM Sun	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2 - 13
Creative Work	Siddha Yoga	Rahu 8:26AM – 10:11AM	Kintughna Until 4:10AM Sun	Nataraja: Clear		Prathama
			Amavasya* Until 3:27PM	Moon – White		Bhuloka Day
				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	Gulika 3:25PM – 5:09PM	Bharani Until 11:40AM	Ganesha: Green	<i>Sunrise:</i> 4:56AM	
		Yama 11:55AM – 1:40PM	Saubhagya Until 5:07AM Mon	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3 - 14
		221445479 Rahu 5:09PM – 6:54PM	Balava Until 5:52AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 4:56PM	Moon – White		
Until 11:40AM				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Monroe, NJ Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 2	Gulika 1:40PM – 3:25PM	Krittika Until 1:55PM	Ganesha: Green	<i>Sunrise:</i> 4:54AM	
Family Home Evening		Yama 10:10AM – 11:55AM	Sobhana Until 5:47AM Tue	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 15
		221445479 Rahu 6:40AM – 8:25AM	Kaulava Until 6:51PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:51PM	Moon – White		
Until 1:55PM				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 17.56	Tithi 3	Gulika 11:55AM – 1:40PM	Rohini Until 4:50PM	Ganesha: White	<i>Sunrise:</i> 4:53AM	
		Yama 8:24AM – 10:09AM	Athiganda* Until 6:38AM Wed	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3 - 16
		231445479 Rahu 3:25PM – 5:11PM	Taitila Until 7:58AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 9:06PM	Moon – Yellow		
Until 4:50PM		Akshaya Tritiya		Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau				Monroe, NJ Sun 17 Sutra 17 Subhakrit 5124
Vrishabha Rasi: 29.5	Tithi 4	Gulika 10:09AM – 11:55AM	Mrigashira Until 7:48PM	Ganesha: White	<i>Sunrise:</i> 4:52AM	
		Yama 6:38AM – 8:23AM	Athiganda* Until 6:38AM	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 - 17
		231445479 Rahu 11:55AM – 1:40PM	Vanija Until 10:21AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:34PM	Moon – Yellow		
				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	Gulika 8:23AM – 10:09AM	Ardra Until 10:40PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	
		Yama 4:51AM – 6:37AM	Sukarma Until 7:37AM	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3 - 18
		231445479 Rahu 1:40PM – 3:26PM	Bava Until 12:51PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 2:04AM Fri	Moon – Yellow		
Until 10:40PM				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	Gulika 6:36AM – 8:22AM	Punarvasu Until 1:46AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	
		Yama 3:27PM – 5:13PM	Dhriti Until 8:36AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3 - 19
		241445479 Rahu 10:08AM – 11:54AM	Kaulava Until 3:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 4:26AM Sat	Moon – Blue		
				Vaisaka*Chaitra	Devaloka Day	

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ Sun 20 Sutra 20 Subhakrit 5124
Retreat Star		Gulika 4:48AM – 6:35AM	Pushya Until 4:25AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	
Kataka Rasi: 5.26	Tithi 7	Yama 1:41PM – 3:27PM	Shula* Until 9:26AM	Muruqa: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3 - 20
		241445479 Rahu 8:21AM – 10:08AM	Gara Until 5:31PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:28AM Sun	Moon – Blue		
				Vaisaka*Chaitra	Devaloka Day	

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 21 Subhakrit 5124
Retreat Star		Gulika 3:28PM – 5:15PM	Ashlesha* Until 6:25AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 11:54AM – 1:41PM	Ganda* Until 10:00AM	Muruqa: White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3 - 21
		241445479 Rahu 5:15PM – 7:01PM	Visti Until 7:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 6:28AM	Moon – Blue		
Until 6:25AM Mon		Mother's Day		Vaisaka*Chaitra	Devaloka Day	
Then Routine Work - Marana Yoga						

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 22 Sutra 22 Subhakrit 5124
Retreat Star		Gulika 1:41PM – 3:28PM	Ashlesha* Until 6:25AM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 10:07AM – 11:54AM	Vridhhi Until 10:11AM	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3 - 22
Family Home Evening		241445479 Rahu 6:33AM – 8:20AM	Balava Until 8:33PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:00AM	Moon – Blue		
Until 6:25AM				Vaisaka*Chaitra	Devaloka Day	
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ Sun 23 Sutra 23
Simha Rasi: 12.12	Tithi 9 – 10	Gulika 11:54AM – 1:42PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM		Subhakrit 5124	
		Yama 8:20AM – 10:07AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 7:03PM		Moon 4 - Phase 4 - 23	
252445479	Rahu 3:29PM – 5:16PM		Taitila Until 9:04PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:53AM	Moon – Red			Devaloka Day	
				Vaisaka-Chaitra				

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 24
Simha Rasi: 25.03	Tithi 10 – 11	Gulika 10:07AM – 11:54AM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM		Subhakrit 5124	
		Yama 6:31AM – 8:19AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 7:04PM		Moon 4 - Phase 4 - 24	
252445479	Rahu 11:54AM – 1:42PM		Vanija Until 8:49PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:01AM	Moon – Red			Devaloka Day	
				Vaisaka-Chaitra				

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 25
Kanya Rasi: 8.18	Tithi 11 – 12	Gulika 8:18AM – 10:06AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:43AM		Subhakrit 5124	
		Yama 4:43AM – 6:31AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 7:05PM		Moon 4 - Phase 4 - 25	
252445479	Rahu 1:42PM – 3:30PM		Bava Until 7:47PM	Nataraja: Clear			4th Phase	
	Amrita Yoga		Ekadashi Until 8:23AM	Moon – Red			Devaloka Day	
Until 8:51AM				Vaisaka-Chaitra				
Then Routine Work - Marana Yoga								

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 26
Kanya Rasi: 21.59	Tithi 12 – 13	Gulika 6:30AM – 8:18AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 4:42AM		Subhakrit 5124	
		Yama 3:30PM – 5:18PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:06PM		Moon 4 - Phase 4 - 26	
252445479	Rahu 10:06AM – 11:54AM		Kaulava Until 6:02PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 6:58AM	Moon – Green			Sivaloka Day	
Until 8:19AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				Pradosha Vrata				

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyalipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 27
Tula Rasi: 6.05	Tithi 14	Gulika 4:41AM – 6:29AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 4:41AM		Subhakrit 5124	
		Yama 1:42PM – 3:31PM	Vyalipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 7:07PM		Moon 4 - Phase 4 - 27	
262445479	Rahu 8:17AM – 10:06AM		Gara Until 3:40PM	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 2:16AM Sun	Moon – Green			Sivaloka Day	
Until 6:58AM				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ Sutra 28
Copper Retreat Star		Gulika 3:31PM – 5:20PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM		Subhakrit 5124	
Tula Rasi: 20.33	Tithi 15	Yama 11:54AM – 1:43PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 7:08PM		Moon 4 - Phase 4 - Purnima	
272445479	Rahu 5:20PM – 7:08PM		Visti Until 12:49PM	Nataraja: Clear				
Routine Work	Marana Yoga		Purnima* Until 11:14PM	Moon – Orange			Devaloka Day	
Until 2:47AM Mon				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ Sutra 29		
Silver Retreat Star		Gulika 1:43PM – 3:32PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:39AM		Subhakrit 5124	
Vrischika Rasi: 5.19	Tithi 16	Yama 10:05AM – 11:54AM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 7:09PM		Moon 4 - Phase 4 - Prathama	
Family Home Evening	272445479	Rahu 6:28AM – 8:16AM	Balava Until 9:37AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Prathama* Until 7:56PM	Moon – Orange			Devaloka Day	
Until 12:15AM Tue				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ
Sun 1
Sutra 30
Subhakrit 5124
Moon 5 - Phase 5 - 1
1st Phase

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

Gulika 11:54AM - 1:43PM
Yama 8:16AM - 10:05AM
Rahu 3:32PM - 5:21PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 4:38AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ
Sun 2
Sutra 31
Subhakrit 5124
Moon 5 - Phase 5 - 2
1st Phase

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

Gulika 10:05AM - 11:54AM
Yama 6:26AM - 8:16AM
Rahu 11:54AM - 1:43PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 4:37AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ
Sun 3
Sutra 32
Subhakrit 5124
Moon 5 - Phase 5 - 3
1st Phase

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

Gulika 8:15AM - 10:05AM
Yama 4:36AM - 6:26AM
Rahu 1:44PM - 3:33PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 4:36AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Monroe, NJ
Sun 4
Sutra 33
Subhakrit 5124
Moon 5 - Phase 5 - 4
1st Phase

Makara Rasi: 4.41 Tithi 20 - 21

282445479

Gulika 6:25AM - 8:15AM
Yama 3:34PM - 5:24PM
Rahu 10:04AM - 11:54AM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 4:35AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Monroe, NJ
Sun 5
Sutra 34
Subhakrit 5124
Moon 5 - Phase 5 - 5
1st Phase

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 4:34AM - 6:24AM
Yama 1:44PM - 3:34PM
Rahu 8:14AM - 10:04AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 4:34AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Retreat Star

Sunday, May 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ
Sun 6
Sutra 35
Subhakrit 5124
Moon 5 - Phase 5 - 6
Ashtami

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 3:35PM - 5:25PM
Yama 11:54AM - 1:45PM
Rahu 5:25PM - 7:15PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 4:34AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ
Sun 7
Sutra 36
Subhakrit 5124
Moon 5 - Phase 5 - 7
Navami

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 1:45PM - 3:35PM
Yama 10:04AM - 11:54AM
Rahu 6:23AM - 8:14AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 4:33AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 11:43AM
Then Routine Work - Marana Yoga

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Monroe, NJ
Meena Rasi: 0.01	Tithi 25	Gulika	11:55AM – 1:45PM	Purvaproshtapada* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:32AM	Sun 8	Sutra 37
		Yama	8:13AM – 10:04AM	Vishkambha* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:17PM		Subhakrit 5124
		213545479 Rahu	3:36PM – 5:26PM	Vanija Until 12:06PM	Nataraja: Clear			Moon 5 - Phase 6 - 8
Routine Work	Marana Yoga			Dashami Until 12:02AM Wed	Moon – Clear			2nd Phase
Until 12:03PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Monroe, NJ
Meena Rasi: 13.01	Tithi 26	Gulika	10:04AM – 11:55AM	Uttaraproshtapada Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Sun 9	Sutra 38
		Yama	6:22AM – 8:13AM	Priti Until 12:13PM	Muruqa: White	<i>Sunset:</i> 7:18PM		Subhakrit 5124
		313545479 Rahu	11:55AM – 1:45PM	Bava Until 12:10PM	Nataraja: Clear			Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga			Ekadashi* Until 12:23AM Thu	Moon – Clear			2nd Phase
Until 12:48PM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Monroe, NJ
Meena Rasi: 25.45	Tithi 27	Gulika	8:13AM – 10:04AM	Revati Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Sun 10	Sutra 39
		Yama	4:31AM – 6:22AM	Ayushman Until 11:42AM	Muruqa: White	<i>Sunset:</i> 7:19PM		Subhakrit 5124
		313545479 Rahu	1:46PM – 3:37PM	Kaulava Until 12:47PM	Nataraja: Clear			Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga			Dvadashi* Until 1:17AM Fri	Moon – Clear			2nd Phase
Until 1:57PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Monroe, NJ
Mesha Rasi: 8.14	Tithi 28	Gulika	6:21AM – 8:12AM	Ashvini Until 3:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	Sun 11	Sutra 40
		Yama	3:37PM – 5:28PM	Saubhagya Until 11:35AM	Muruqa: White	<i>Sunset:</i> 7:19PM		Subhakrit 5124
		323545479 Rahu	10:04AM – 11:55AM	Gara Until 1:55PM	Nataraja: Clear			Moon 5 - Phase 6 - 11
Creative Work	Amrita Yoga			Trayodashi* Until 2:39AM Sat	Moon – White			2nd Phase
Until 3:54PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ
Mesha Rasi: 20.31	Tithi 29	Gulika	4:30AM – 6:21AM	Bharani Until 6:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	Sun 12	Sutra 41
		Yama	1:46PM – 3:38PM	Sobhana Until 11:51AM	Muruqa: White	<i>Sunset:</i> 7:20PM		Subhakrit 5124
		323545479 Rahu	8:12AM – 10:04AM	Visti Until 3:30PM	Nataraja: Clear			Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga			Chaturdashi* Until 4:25AM Sun	Moon – White			2nd Phase
Until 6:08PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ
Vrishabha Rasi: 2.38	Tithi 30	Gulika	3:38PM – 5:30PM	Krittika Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Sun 13	Sutra 42
		Yama	11:55AM – 1:47PM	Athiganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 7:21PM		Subhakrit 5124
		323545479 Rahu	5:30PM – 7:21PM	Catuspada Until 5:28PM	Nataraja: Clear			Moon 5 - Phase 6 - 13
Creative Work	Siddha Yoga			Amavasya* Until 6:32AM Mon	Moon – White			Amavasya
					Vaisaka-Vaikasi			Devaloka Day

Retreat Star		Monday, May 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Monroe, NJ
Vrishabha Rasi: 14.37	Tithi 30 – 1	Gulika	1:47PM – 3:39PM	Rohini Until 11:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:28AM	Sun 14	Sutra 43
Family Home Evening		Yama	10:03AM – 11:55AM	Sukarma Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:22PM		Subhakrit 5124
		333545479 Rahu	6:20AM – 8:12AM	Kintughna Until 7:42PM	Nataraja: Clear			Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga			Amavasya* Until 6:32AM	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 15 Sutra 44	
	Vrishabha Rasi: 26.31	Tithi 1 – 2	333545479	Gulika Yama Rahu	11:55AM – 1:47PM 8:12AM – 10:03AM 3:39PM – 5:31PM	Mrigashira Until 2:33AM Wed Dhriti Until 2:06PM Balava Until 10:07PM Prathama* Until 8:52AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Sunrise: 4:28AM Sunset: 7:23PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase
	Creative Work Siddha Yoga							

2	Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 45	
	Mithuna Rasi: 8.22	Tithi 2 – 3	333545479	Gulika Yama Rahu	10:03AM – 11:55AM 6:19AM – 8:11AM 11:55AM – 1:47PM	Ardra Until 5:25AM Thu Shula* Until 3:05PM Taitila Until 12:36AM Thu Dvitiya Until 11:20AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Sunrise: 4:28AM Sunset: 7:23PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase
	Creative Work Siddha Yoga Until 5:25AM Thu Then Creative Work - Amrita Yoga							

3	Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Monroe, NJ Sun 17 Sutra 46	
	Mithuna Rasi: 20.11	Tithi 3 – 4	343555479	Gulika Yama Rahu	8:11AM – 10:03AM 4:27AM – 6:19AM 1:48PM – 3:40PM	Punarvasu Until 8:35AM Fri Ganda* Until 4:06PM Vanija Until 3:03AM Fri Tritiya Until 1:49PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 4:27AM Sunset: 7:24PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase
	Creative Work Amrita Yoga Until 8:35AM Fri Then Routine Work - Marana Yoga							

4	Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ Sun 18 Sutra 47	
	Kataka Rasi: 2.02	Tithi 4 – 5	343555479	Gulika Yama Rahu	6:19AM – 8:11AM 3:40PM – 5:33PM 10:03AM – 11:56AM	Punarvasu Until 8:35AM Vridhi Until 5:03PM Bava Until 5:20AM Sat Chaturthi* Until 4:12PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 4:27AM Sunset: 7:25PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase
	Creative Work Siddha Yoga Until 8:35AM Then Routine Work - Marana Yoga							

5	Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau				Monroe, NJ Sun 19 Sutra 48	
	Kataka Rasi: 13.58	Tithi 5	343555479	Gulika Yama Rahu	4:26AM – 6:19AM 1:48PM – 3:41PM 8:11AM – 10:04AM	Pushya Until 11:23AM Dhruva Until 5:47PM Balava Until 6:21PM Panchami Until 6:21PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 4:26AM Sunset: 7:26PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase
	Creative Work Siddha Yoga Until 11:23AM Then Routine Work - Marana Yoga							

6	Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ Sun 20 Sutra 49	
	Kataka Rasi: 26.01	Tithi 6	343555471	Gulika Yama Rahu	3:41PM – 5:34PM 11:56AM – 1:49PM 5:34PM – 7:26PM	Ashlesha* Until 1:42PM Vyaghata* Until 6:15PM Kaulava Until 7:19AM Shashthi* Until 8:08PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Blue Sunrise: 4:26AM Sunset: 7:26PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase
	Creative Work Siddha Yoga Until 1:42PM Then Routine Work - Marana Yoga							

Retreat Star	Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ Sun 21 Sutra 50	
	Simha Rasi: 8.13	Tithi 7	354555471	Gulika Yama Rahu	1:49PM – 3:42PM 10:04AM – 11:56AM 6:18AM – 8:11AM	Magha* Until 3:53PM Harshana Until 6:21PM Gara Until 8:51AM Saptami Until 9:23PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 4:26AM Sunset: 7:27PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase
	Family Home Evening Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Monroe, NJ Sun 22 Sutra 51	
	Simha Rasi: 20.41	Tithi 8	354555471	Gulika Yama Rahu	11:56AM – 1:49PM 8:11AM – 10:04AM 3:42PM – 5:35PM	Purvaphalguni Until 5:18PM Vajra* Until 5:55PM Visti Until 9:48AM Ashtami* Until 10:00PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 4:25AM Sunset: 7:27PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami
	Creative Work Siddha Yoga Until 5:18PM Then Creative Work - Amrita Yoga							

Retreat Star	Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ Sun 23 Sutra 52	
	Kanya Rasi: 3.28	Tithi 9	354555471	Gulika Yama Rahu	10:04AM – 11:57AM 6:18AM – 8:11AM 11:57AM – 1:49PM	Uttaraphalguni Until 5:51PM Siddhi Until 4:55PM Balava Until 10:03AM Navami* Until 9:51PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 4:25AM Sunset: 7:28PM Devaloka Day Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami
	Creative Work Amrita Yoga Until 5:51PM Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 24 Sutra 53
	Kanya Rasi: 16.37	Tithi 10	Gulika 8:11AM – 10:04AM	Hasta Until 5:55PM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Subhakrit 5124
		364555471	Yama 4:25AM – 6:18AM	Vyatipata* Until 3:19PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 8 - 24
			Rahu 1:50PM – 3:43PM	Taitila Until 9:31AM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga			Dashami Until 8:56PM	Moon – Green		
Until 5:55PM					Jyeshtha-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 6:PM to 9:PM

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 25 Sutra 54
	Tula Rasi: 0.13	Tithi 11	Gulika 6:18AM – 8:11AM	Chitra Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Subhakrit 5124
		364555471	Yama 3:43PM – 5:36PM	Variyan Until 1:03PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 8 - 25
			Rahu 10:04AM – 11:57AM	Vanija Until 8:12AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 7:14PM	Moon – Green		
					Jyeshtha-Vaikasi		Bhuloka Day
							Devaloka Time: 6:PM to 9:PM

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 55
	Tula Rasi: 14.17	Tithi 12 – 13	Gulika 4:25AM – 6:18AM	Svati Until 3:24PM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Subhakrit 5124
		364555471	Yama 1:50PM – 3:43PM	Parigha* Until 10:13AM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 8 - 26
			Rahu 8:11AM – 10:04AM	Bava Until 6:08AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 4:51PM	Moon – Green		
					Jyeshtha-Vaikasi		Bhuloka Day
							Devaloka Time: 6:PM to 9:PM

Pradosha Vrata

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 56
	Tula Rasi: 28.46	Tithi 13 – 14	Gulika 3:44PM – 5:37PM	Vishakha Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:25AM	Subhakrit 5124
		374555471	Yama 11:57AM – 1:51PM	Shiva Until 6:53AM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 8 - 27
			Rahu 5:37PM – 7:30PM	Gara Until 12:15AM Mon	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga			Trayodashi Until 1:53PM	Moon – Orange		
			Vaikasi Visakam		Jyeshtha-Vaikasi		Devaloka Day

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 28 Sutra 57
	Copper Retreat Star		Gulika 1:51PM – 3:44PM	Anuradha Until 10:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	Subhakrit 5124
Vrischika Rasi: 13.37	Tithi 14 – 15	374555471	Yama 10:04AM – 11:58AM	Sadhya Until 11:06PM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 8 -
Family Home Evening			Rahu 6:18AM – 8:11AM	Visti Until 8:42PM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange		
					Jyeshtha-Vaikasi		Devaloka Day

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Monroe, NJ Sun 29 Sutra 58
	Silver Retreat Star		Gulika 11:58AM – 1:51PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	Subhakrit 5124
Vrischika Rasi: 28.44	Tithi 15 – 16	374555471	Yama 8:11AM – 10:04AM	Subha Until 6:57PM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 8 -
			Rahu 3:44PM – 5:38PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow		Prathama
Routine Work	Marana Yoga			Purnima* Until 6:49AM	Moon – Orange		
Until 7:52AM					Jyeshtha-Vaikasi		Devaloka Day
Then Creative Work - Amrita Yoga							



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Monroe, NJ

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

Gulika 10:05AM – 11:58AM
Yama 6:18AM – 8:11AM
Rahu 11:58AM – 1:51PM

Purvashadha* Until 2:08AM Thu
Sukla Until 2:44PM
Taitila Until 1:09PM
Dvitiya Until 11:17PM

Ganesha: Blue *Sunrise: 4:24AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Trityayam Titau

Monroe, NJ

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

Gulika 8:11AM – 10:05AM
Yama 4:25AM – 6:18AM
Rahu 1:52PM – 3:45PM

Uttarashadha Until 11:21PM
Brahma Until 10:40AM
Vanija Until 9:30AM
Tritiya Until 7:45PM

Ganesha: Blue *Sunrise: 4:25AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

Gulika 6:18AM – 8:11AM
Yama 3:45PM – 5:39PM
Rahu 10:05AM – 11:58AM

Shravana Until 9:13PM
Indra Until 6:51AM
Bava Until 6:07AM
Chaturthi* Until 4:34PM

Ganesha: Red *Sunrise: 4:25AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Monroe, NJ

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

Gulika 4:25AM – 6:18AM
Yama 1:52PM – 3:46PM
Rahu 8:12AM – 10:05AM

Dhanishtha Until 7:29PM
Vishkambha* Until 12:24AM Sun
Gara Until 12:49AM Sun
Panchami Until 1:54PM

Ganesha: Blue *Sunrise: 4:25AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau

Monroe, NJ

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

Gulika 3:46PM – 5:39PM
Yama 11:59AM – 1:52PM
Rahu 5:39PM – 7:33PM

Shatabhishak Until 6:16PM
Priti Until 10:00PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Red *Sunrise: 4:25AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

Gulika 1:53PM – 3:46PM
Yama 10:06AM – 11:59AM
Rahu 6:18AM – 8:12AM

Purvaproshtapada* Until 6:05PM
Ayushman Until 8:10PM
Balava Until 10:12PM
Saptami Until 10:33AM

Ganesha: Clear *Sunrise: 4:25AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

Gulika 11:59AM – 1:53PM
Yama 8:12AM – 10:06AM
Rahu 3:46PM – 5:40PM

Uttaraproshtapada Until 6:32PM
Saubhagya Until 6:59PM
Taitila Until 10:03PM
Ashtami* Until 10:01AM

Ganesha: Clear *Sunrise: 4:25AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Monroe, NJ on 4/26/20

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Monroe, NJ Sun 7 Sutra 66 Subhakit 5124	
Meena Rasi: 22.47	Tithi 24 – 25	Gulika 10:06AM – 11:59AM	Revati Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM	Moon 6 - Phase 10 - 7	
		Yama 6:19AM – 8:12AM	Sobhana Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
	315655471	Rahu 11:59AM – 1:53PM	Vanija Until 10:38PM	Nataraja: Yellow		Devaloka Day	
Routine Work	Marana Yoga		Navami* Until 10:14AM	Moon – Clear		Jyeshtha-Ani	


2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 8 Sutra 67 Subhakit 5124	
Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 8:13AM – 10:06AM	Ashvini Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 10 - 8	
		Yama 4:26AM – 6:19AM	Athiganda* Until 6:19PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
	325655471	Rahu 1:53PM – 3:47PM	Bava Until 11:53PM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Amrita Yoga		Dashami Until 11:10AM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 9:31PM						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Monroe, NJ Sun 9 Sutra 68 Subhakit 5124	
Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 6:19AM – 8:13AM	Bharani Until 11:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 10 - 9	
		Yama 3:47PM – 5:40PM	Sukarma Until 6:41PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
	325655471	Rahu 10:06AM – 12:00PM	Kaulava Until 1:39AM Sat	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 12:41PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
						Jyeshtha-Ani	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau		Monroe, NJ Sun 10 Sutra 69 Subhakit 5124	
Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 4:26AM – 6:20AM	Krittika Until 2:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 10 - 10	
		Yama 1:54PM – 3:47PM	Dhriti Until 7:23PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
	325655471	Rahu 8:13AM – 10:07AM	Gara Until 3:48AM Sun	Nataraja: Yellow		Bhuloka Day	
Creative Work	Amrita Yoga		Dvodashi* Until 2:40PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 2:25AM Sun						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Monroe, NJ Sun 11 Sutra 70 Subhakit 5124	
Vrishabha Rasi: 11.41	Tithi 28 – 29	Gulika 3:47PM – 5:41PM	Rohini Until 5:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:27AM	Moon 6 - Phase 10 - 11	
		Yama 12:00PM – 1:54PM	Shula* Until 8:17PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
	335655471	Rahu 5:41PM – 7:34PM	Visti Until 6:11AM Mon	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 4:57PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 5:33AM Mon						Jyeshtha-Ani	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 12 Sutra 71 Subhakit 5124	
Vrishabha Rasi: 23.32	Tithi 29	Gulika 1:54PM – 3:47PM	Mrigashira Until 8:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:27AM	Moon 6 - Phase 10 - 12	
Family Home Evening		Yama 10:07AM – 12:00PM	Ganda* Until 9:18PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
	335655471	Rahu 6:20AM – 8:14AM	Visti Until 6:11AM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:25PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM Tue						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 13 Sutra 72 Subhakit 5124	
Retreat Star		Gulika 12:01PM – 1:54PM	Mrigashira Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:27AM	Moon 6 - Phase 10 - 13	
Mithuna Rasi: 5.22	Tithi 30	Yama 8:14AM – 10:07AM	Vriddhi Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	Amavasya	
		Rahu 3:47PM – 5:41PM	Catuspada Until 8:41AM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Amavasya* Until 9:55PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 14 Sutra 73 Subhakit 5124	
Mithuna Rasi: 17.11	Tithi 1	Gulika 10:08AM – 12:01PM	Ardra Until 11:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:28AM	Moon 6 - Phase 10 - 14	
		Yama 6:21AM – 8:14AM	Dhruva Until 11:22PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	Prathama	
	336655471	Rahu 12:01PM – 1:54PM	Kintughna Until 11:10AM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Thu	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
						Ashada-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Monroe, NJ Sun 15 Sutra 74 Subhakrit 5124	
Mithuna Rasi: 29.03	Tithi 2	Gulika 8:15AM – 10:08AM	Punarvasu Until 2:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:28AM	Moon 6 - Phase 11 - 15	
		Yama 4:28AM – 6:21AM	Vyaghata* Until 12:16AM Fri	Muruga: Green	<i>Sunset:</i> 7:34PM	3rd Phase	
Creative Work	Amrita Yoga	346655471 Rahu 1:54PM – 3:47PM	Balava Until 1:34PM	Nataraja: Yellow		Bhuloka Day	
			Dvitiya Until 2:41AM Fri	Moon – Blue		Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Monroe, NJ Sun 16 Sutra 75 Subhakrit 5124	
Kataka Rasi: 10.58	Tithi 3	Gulika 6:22AM – 8:15AM	Pushya Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:29AM	Moon 6 - Phase 11 - 16	
		Yama 3:48PM – 5:41PM	Harshana Until 1:02AM Sat	Muruga: Green	<i>Sunset:</i> 7:34PM	3rd Phase	
Routine Work	Marana Yoga	346655471 Rahu 10:08AM – 12:01PM	Taitila Until 3:47PM	Nataraja: Yellow		Bhuloka Day	
			Tritiya Until 4:47AM Sat	Moon – Blue		Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Monroe, NJ Sun 17 Sutra 76 Subhakrit 5124	
Kataka Rasi: 22.57	Tithi 4	Gulika 4:29AM – 6:22AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:29AM	Moon 6 - Phase 11 - 17	
		Yama 1:54PM – 3:48PM	Vajra* Until 1:34AM Sun	Muruga: Green	<i>Sunset:</i> 7:34PM	3rd Phase	
Routine Work	Marana Yoga	346655471 Rahu 8:15AM – 10:08AM	Vanija Until 5:45PM	Nataraja: Yellow		Bhuloka Day	
Until 7:49PM			Chaturthi* Until 6:36AM Sun	Moon – Blue		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga				Ashada*Ani			

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Monroe, NJ Sun 18 Sutra 77 Subhakrit 5124	
Simha Rasi: 5.04	Tithi 4 – 5	Gulika 3:48PM – 5:40PM	Magha* Until 10:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:30AM	Moon 6 - Phase 11 - 18	
		Yama 12:02PM – 1:55PM	Siddhi Until 1:50AM Mon	Muruga: Green	<i>Sunset:</i> 7:33PM	3rd Phase	
Routine Work	Marana Yoga	356655471 Rahu 5:40PM – 7:33PM	Bava Until 7:23PM	Nataraja: Yellow		Devaloka Day	
Until 10:12PM			Chaturthi* Until 6:36AM	Moon – Red			
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Monroe, NJ Sun 19 Sutra 78 Subhakrit 5124	
Simha Rasi: 17.2	Tithi 5 – 6	Gulika 1:55PM – 3:48PM	Purvaphalguni Until 11:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:30AM	Moon 6 - Phase 11 - 19	
Family Home Evening		Yama 10:09AM – 12:02PM	Vyatipata* Until 1:45AM Tue	Muruga: Green	<i>Sunset:</i> 7:33PM	3rd Phase	
Creative Work	Siddha Yoga	356655471 Rahu 6:23AM – 8:16AM	Kaulava Until 8:35PM	Nataraja: Yellow		Devaloka Day	
			Panchami Until 8:02AM	Moon – Red			
				Ashada*Ani			

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau		Monroe, NJ Sun 20 Sutra 79 Subhakrit 5124	
Simha Rasi: 29.48	Tithi 6 – 7	Gulika 12:02PM – 1:55PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:31AM	Moon 6 - Phase 11 - 20	
		Yama 8:16AM – 10:09AM	Variyan Until 1:12AM Wed	Muruga: Green	<i>Sunset:</i> 7:33PM	3rd Phase	
Creative Work	Amrita Yoga	356655471 Rahu 3:47PM – 5:40PM	Gara Until 9:15PM	Nataraja: Yellow		Devaloka Day	
Until 1:04AM Wed			Shashthi* Until 8:58AM	Moon – Red			
Then Routine Work - Marana Yoga				Ashada*Ani			

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 80 Subhakrit 5124	
Kanya Rasi: 12.32	Tithi 7 – 8	Gulika 10:09AM – 12:02PM	Hasta Until 1:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Moon 6 - Phase 11 - 21	
		Yama 6:24AM – 8:17AM	Parigha* Until 12:08AM Thu	Muruga: Green	<i>Sunset:</i> 7:33PM	Ashtami	
Routine Work	Marana Yoga	467655471 Rahu 12:02PM – 1:55PM	Visti Until 9:16PM	Nataraja: Yellow		Devaloka Day	
Until 1:50AM Thu			Saptami Until 9:19AM	Moon – Green			
Then Creative Work - Siddha Yoga				Ashada*Ani			

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Monroe, NJ Sun 22 Sutra 81 Subhakrit 5124	
Kanya Rasi: 25.37	Tithi 8 – 9	Gulika 8:17AM – 10:10AM	Chitra Until 1:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:32AM	Moon 6 - Phase 11 - 22	
		Yama 4:32AM – 6:25AM	Shiva Until 10:31PM	Muruga: Green	<i>Sunset:</i> 7:32PM	Navami	
Creative Work	Siddha Yoga	467655471 Rahu 1:55PM – 3:47PM	Balava Until 8:33PM	Nataraja: Yellow		Devaloka Day	
			Ashtami* Until 8:59AM	Moon – Green			
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ Sun 23 Sutra 82 Subhakrit 5124
Tula Rasi: 9.05	Tithi 9 – 10	Gulika 6:25AM – 8:18AM	Svati Until 12:43AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:33AM	
		Yama 3:47PM – 5:40PM	Siddha Until 8:16PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12 - 23
467655471		Rahu 10:10AM – 12:02PM	Taitila Until 7:07PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:55AM	Moon – Green		Devaloka Day
				Ashada*Ani		

2 Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 23	Tithi 10 – 11	Gulika 4:33AM – 6:26AM	Vishakha Until 11:20PM	Ganesha: White	<i>Sunrise:</i> 4:33AM	
		Yama 1:55PM – 3:47PM	Sadhya Until 5:27PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12 - 24
477655471		Rahu 8:18AM – 10:10AM	Visti Until 3:39AM Sun	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:07AM	Moon – Orange		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

3 Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 7.21	Tithi 12	Gulika 3:47PM – 5:39PM	Anuradha Until 9:13PM	Ganesha: White	<i>Sunrise:</i> 4:34AM	
		Yama 12:03PM – 1:55PM	Subha Until 2:09PM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 12 - 25
477655471		Rahu 5:39PM – 7:31PM	Bava Until 2:13PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:37AM Mon	Moon – Orange		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

4 Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 22.05	Tithi 13	Gulika 1:55PM – 3:47PM	Jyeshtha* Until 6:31PM	Ganesha: White	<i>Sunrise:</i> 4:35AM	
Family Home Evening		Yama 10:11AM – 12:03PM	Sukla Until 10:24AM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 12 - 26
477655471		Rahu 6:27AM – 8:19AM	Kaulava Until 10:57AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:10PM	Moon – Orange		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM
						<i>Pradosha Vrata</i>

5 Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 7.08	Tithi 14 – 15	Gulika 12:03PM – 1:55PM	Mula* Until 3:46PM	Ganesha: White	<i>Sunrise:</i> 4:36AM	
		Yama 8:19AM – 10:11AM	Brahma Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12 - 27
488655471		Rahu 3:47PM – 5:38PM	Gara Until 7:20AM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:26PM	Moon – Light Blue		Sivaloka Day
Until 3:46PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

○ Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ Sun 28 Sutra 87 Subhakrit 5124
Copper Retreat Star		Gulika 10:11AM – 12:03PM	Purvashadha* Until 12:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	
Dhanus Rasi: 22.22	Tithi 15 – 16	Yama 6:28AM – 8:20AM	Vaidhriti* Until 9:55PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12 - Purnima
488755471		Rahu 12:03PM – 1:55PM	Balava Until 11:41PM	Nataraja: Yellow		
Creative Work	Amrita Yoga		Purnima* Until 1:35PM	Moon – Light Blue		Devaloka Day
		Satguru Purnima		Ashada*Ani		

Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 29 Sutra 88 Subhakrit 5124
Silver Retreat Star		Gulika 8:20AM – 10:12AM	Uttarashadha Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	
Makara Rasi: 7.35	Tithi 16 – 17	Yama 4:37AM – 6:29AM	Vishkambha* Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 12 - Prathama
488755471		Rahu 1:55PM – 3:46PM	Taitila Until 7:59PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Prathama* Until 9:47AM	Moon – Light Blue		Devaloka Day
Until 9:40AM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Monroe, NJ
Sun 1
Sutra 89

Makara Rasi: 22.4 Tilthi 17 - 18

498755471

Gulika 6:29AM - 8:21AM
Yama 3:46PM - 5:37PM
Rahu 10:12AM - 12:03PM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue *Sunrise:* 4:38AM
Muruqa: Green *Sunset:* 7:29PM
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Monroe, NJ
Sun 2
Sutra 90

Kumbha Rasi: 7.25 Tilthi 19

498755471

Gulika 4:39AM - 6:30AM
Yama 1:55PM - 3:46PM
Rahu 8:21AM - 10:12AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue *Sunrise:* 4:39AM
Muruqa: Green *Sunset:* 7:29PM
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ
Sun 3
Sutra 91

Kumbha Rasi: 21.46 Tilthi 20

418755472

Gulika 3:45PM - 5:36PM
Yama 12:03PM - 1:54PM
Rahu 5:36PM - 7:27PM

Purvaproshtapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White *Sunrise:* 4:39AM
Muruqa: Green *Sunset:* 7:27PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ
Sun 4
Sutra 92

Meena Rasi: 5.38 Tilthi 21

418755472

Gulika 1:54PM - 3:45PM
Yama 10:13AM - 12:04PM
Rahu 6:31AM - 8:22AM

Uttaraproshtapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White *Sunrise:* 4:40AM
Muruqa: Green *Sunset:* 7:27PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Monroe, NJ
Sun 5
Sutra 93

Meena Rasi: 19.01 Tilthi 22

419755472

Gulika 12:04PM - 1:54PM
Yama 8:22AM - 10:13AM
Rahu 3:45PM - 5:35PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear *Sunrise:* 4:41AM
Muruqa: Green *Sunset:* 7:26PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ
Sun 6
Sutra 94

Mesha Rasi: 1.56 Tilthi 23

429755472

Gulika 10:13AM - 12:04PM
Yama 6:32AM - 8:23AM
Rahu 12:04PM - 1:54PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple *Sunrise:* 4:42AM
Muruqa: Green *Sunset:* 7:25PM
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ
Sun 7
Sutra 95

Mesha Rasi: 14.28 Tilthi 24

429755472

Gulika 8:23AM - 10:13AM
Yama 4:43AM - 6:33AM
Rahu 1:54PM - 3:44PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple *Sunrise:* 4:43AM
Muruqa: Green *Sunset:* 7:25PM
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Monroe, NJ Sun 8 Sutra 96	
Mesha Rasi: 26.42	Tithi 25	Gulika 6:34AM – 8:24AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 3:44PM – 5:34PM	Ganda* Until 2:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:14AM – 12:04PM	Vanija Until 11:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat	Moon – White		Devaloka Day	
Until 8:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Monroe, NJ Sun 9 Sutra 97	
Virshabha Rasi: 8.43	Tithi 26	Gulika 4:45AM – 6:34AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:45AM	Subhakrit 5124	
		Yama 1:54PM – 3:43PM	Vriddhi Until 3:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:24AM – 10:14AM	Bava Until 2:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Monroe, NJ Sun 10 Sutra 98	
Virshabha Rasi: 20.35	Tithi 27	Gulika 3:43PM – 5:32PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Subhakrit 5124	
		Yama 12:04PM – 1:53PM	Dhruva Until 4:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:32PM – 7:22PM	Kaulava Until 4:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Monroe, NJ Sun 11 Sutra 99	
Mithuna Rasi: 2.25	Tithi 28	Gulika 1:53PM – 3:42PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Subhakrit 5124	
Family Home Evening		Yama 10:14AM – 12:04PM	Vyaghata* Until 5:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:36AM – 8:25AM	Gara Until 7:06PM	Nataraja: White		2nd Phase	
Until 2:37PM			Trayodashi* Until 8:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Monroe, NJ Sun 12 Sutra 100	
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 12:04PM – 1:53PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Subhakrit 5124	
		Yama 8:26AM – 10:15AM	Harshana Until 6:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:42PM – 5:31PM	Visti Until 9:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM	Moon – Yellow		Bhuloka Day	
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Monroe, NJ Sun 13 Sutra 101	
Retreat Star		Gulika 10:15AM – 12:04PM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Subhakrit 5124	
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 6:37AM – 8:26AM	Harshana Until 6:37AM	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 12:04PM – 1:53PM	Catuspada Until 11:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Thursdays, July 28, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Monroe, NJ Sun 14 Sutra 102	
Kataka Rasi: 8.01	Tithi 30 – 1	Gulika 8:26AM – 10:15AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Subhakrit 5124	
		Yama 4:49AM – 6:38AM	Vajra* Until 7:26AM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 1:52PM – 3:41PM	Kintughna Until 1:57AM Fri	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM	Moon – Blue		Bhuloka Day	
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ
Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 6:39AM – 8:27AM	Ashlesha* Until 1:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sun 15	Sutra 103	Subhakrit 5124
		Yama 3:41PM – 5:29PM	Siddhi Until 8:04AM	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 15 - 15 3rd Phase		
		441755472 Rahu 10:15AM – 12:04PM	Balava Until 3:44AM Sat	Nataraja: White		Bhuloka Day		
Routine Work	Marana Yoga		Prathama* Until 2:51PM	Moon – Blue		Devaloka Time: 9:AM to12:PM		
Until 1:31AM Sat				Sravana*Adi				
Then Creative Work - Amrita Yoga								

2		Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ
Simha Rasi: 2.11	Tithi 2 – 3	Gulika 4:51AM – 6:39AM	Magha* Until 3:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 4:51AM	Sun 16	Sutra 104	Subhakrit 5124
		Yama 1:52PM – 3:40PM	Vyatipata* Until 8:30AM	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 15 - 16 3rd Phase		
		451755472 Rahu 8:27AM – 10:16AM	Taitila Until 5:12AM Sun	Nataraja: White		Bhuloka Day		
Creative Work	Amrita Yoga		Dvitiya Until 4:29PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
Until 3:48AM Sun				Sravana*Adi				
Then Creative Work - Siddha Yoga								

3		Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Monroe, NJ
Simha Rasi: 14.27	Tithi 3 – 4	Gulika 3:39PM – 5:27PM	Purvaphalguni Until 5:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:52AM	Sun 17	Sutra 105	Subhakrit 5124
		Yama 12:04PM – 1:52PM	Variyan Until 8:39AM	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 15 - 17 3rd Phase		
		451755472 Rahu 5:27PM – 7:15PM	Vanija Until 6:19AM Mon	Nataraja: White		Bhuloka Day		
Creative Work	Siddha Yoga		Tritiya Until 5:47PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
				Sravana*Adi				

4		Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Monroe, NJ
Simha Rasi: 26.52	Tithi 4	Gulika 1:51PM – 3:39PM	Uttaraphalguni Until 6:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:53AM	Sun 18	Sutra 106	Subhakrit 5124
Family Home Evening		Yama 10:16AM – 12:04PM	Parigha* Until 8:32AM	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 15 - 18 3rd Phase		
		451755472 Rahu 6:41AM – 8:28AM	Vanija Until 6:19AM	Nataraja: White		Bhuloka Day		
Creative Work	Siddha Yoga		Chaturthi* Until 6:43PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
				Sravana*Adi				

5		Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
Kanya Rasi: 9.29	Tithi 5	Gulika 12:03PM – 1:51PM	Uttaraphalguni Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 4:54AM	Sun 19	Sutra 107	Subhakrit 5124
		Yama 8:29AM – 10:16AM	Shiva Until 8:06AM	Muruqa: Green	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15 - 19 3rd Phase		
		451755472 Rahu 3:38PM – 5:26PM	Bava Until 7:02AM	Nataraja: White		Bhuloka Day		
Creative Work	Amrita Yoga		Panchami Until 7:12PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
Until 6:48AM		Nag Panchami		Sravana*Adi				
Then Creative Work - Siddha Yoga								

6		Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ
Kanya Rasi: 22.18	Tithi 6	Gulika 10:16AM – 12:03PM	Hasta Until 7:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:55AM	Sun 20	Sutra 108	Subhakrit 5124
		Yama 6:42AM – 8:29AM	Siddha Until 7:17AM	Muruqa: Green	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 15 - 20 3rd Phase		
		461755472 Rahu 12:03PM – 1:51PM	Kaulava Until 7:17AM	Nataraja: White		Devaloka Day		
Routine Work	Marana Yoga		Shashthi* Until 7:11PM	Moon – Green		Devaloka Time: 9:AM to12:PM		
Until 7:53AM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ
Tula Rasi: 5.23	Tithi 7	Gulika 8:30AM – 10:16AM	Chitra Until 8:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sun 21	Sutra 109	Subhakrit 5124
		Yama 4:56AM – 6:43AM	Sadhya Until 6:03AM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15 - 21 3rd Phase		
		461765472 Rahu 1:50PM – 3:37PM	Gara Until 7:00AM	Nataraja: White		Devaloka Day		
Creative Work	Siddha Yoga		Saptami Until 6:37PM	Moon – Green		Devaloka Time: 9:AM to12:PM		
Until 8:17AM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ
Tula Rasi: 18.47	Tithi 8 – 9	Gulika 6:43AM – 8:30AM	Svati Until 7:58AM	Ganesha: Blue	<i>Sunrise:</i> 4:57AM	Sun 22	Sutra 110	Subhakrit 5124
		Yama 3:36PM – 5:23PM	Sukla Until 2:09AM Sat	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15 - 22 Ashtami		
		461765472 Rahu 10:17AM – 12:03PM	Visti Until 6:07AM	Nataraja: White		Devaloka Day		
Creative Work	Siddha Yoga		Ashtami* Until 5:26PM	Moon – Green		Devaloka Time: 9:AM to12:PM		
		Varalakshmi Vratam		Sravana*Adi				

Retreat Star		Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
Vrischika Rasi: 2.34	Tithi 9 – 10	Gulika 4:58AM – 6:44AM	Vishakha Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:58AM	Sun 23	Sutra 111	Subhakrit 5124
		Yama 1:49PM – 3:36PM	Brahma Until 11:28PM	Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 15 - 23 Navami		
		472765472 Rahu 8:30AM – 10:17AM	Taitila Until 2:32AM Sun	Nataraja: White		Bhuloka Day		
Creative Work	Siddha Yoga		Navami* Until 3:38PM	Moon – Orange		Devaloka Time: 9:AM to12:PM		
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Monroe, NJ Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	Gulika 3:35PM - 5:21PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	
		Yama 12:03PM - 1:49PM	Indra Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 16 - 24
		472865472 Rahu 5:21PM - 7:07PM	Vanija Until 11:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange		Bhuloka Day
Until 3:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 1:49PM - 3:34PM	Mula* Until 1:41AM Tue	Ganesha: White	<i>Sunrise:</i> 5:00AM	
		Yama 10:17AM - 12:03PM	Vaidhriti* Until 4:48PM	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 16 - 25
Family Home Evening		482865472 Rahu 6:46AM - 8:31AM	Bava Until 8:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 12:03PM - 1:48PM	Purvashadha* Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 5:01AM	
		Yama 8:32AM - 10:17AM	Vishkambha* Until 12:59PM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 16 - 26
		482865472 Rahu 3:34PM - 5:19PM	Taitila Until 3:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue		Devaloka Day
Until 11:04PM				Sravana*Adi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 10:17AM - 12:03PM	Uttarashadha Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 5:02AM	
		Yama 6:47AM - 8:32AM	Priti Until 9:01AM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16 - 27
		482865472 Rahu 12:03PM - 1:48PM	Gara Until 1:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue		Devaloka Day
Until 8:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ Sutra 116 Subhakrit 5124
Copper Retreat Star		Gulika 8:33AM - 10:18AM	Shravana Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	
Makara Rasi: 16.04	Tithi 15	Yama 5:03AM - 6:48AM	Saubhagya Until 1:02AM Fri	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16 -
		492865472 Rahu 1:47PM - 3:32PM	Visti Until 10:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sutra 117 Subhakrit 5124
Silver Retreat Star		Gulika 6:48AM - 8:33AM	Dhanishtha Until 3:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	
Kumbha Rasi: 1.02	Tithi 16 - 17	Yama 3:31PM - 5:16PM	Sobhana Until 9:20PM	Muruqa: White	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16 -
		492865472 Rahu 10:18AM - 12:02PM	Balava Until 6:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Monroe, NJ
Sun 1
Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 15.46 Tithi 17 - 18

Gulika 5:05AM - 6:49AM
Yama 1:46PM - 3:31PM
492865472 Rahu 8:33AM - 10:18AM

Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Ganesha: Clear Sunrise: 5:05AM
Muruga: White Sunset: 6:59PM
Nataraja: White
Moon - Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Monroe, NJ
Sun 2
Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Meena Rasi: 0.07 Tithi 18 - 19

Gulika 3:30PM - 5:14PM
Yama 12:02PM - 1:46PM
412865472 Rahu 5:14PM - 6:58PM

Purvaproshtapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Ganesha: Yellow Sunrise: 5:06AM
Muruga: White Sunset: 6:59PM
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 11:27AM
Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ
Sun 3
Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 14.02 Tithi 19 - 20

Gulika 1:45PM - 3:29PM
Yama 10:18AM - 12:02PM
412865472 Rahu 6:51AM - 8:34AM

Uttaraproshtapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Ganesha: Yellow Sunrise: 5:07AM
Muruga: White Sunset: 6:57PM
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Family Home Evening
Then Creative Work - Siddha Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ
Sun 4
Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 27.28 Tithi 20 - 21

Gulika 12:01PM - 1:45PM
Yama 8:35AM - 10:18AM
412865472 Rahu 3:28PM - 5:12PM

Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Ganesha: Yellow Sunrise: 5:08AM
Muruga: White Sunset: 6:55PM
Nataraja: White
Moon - Clear
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Monroe, NJ
Sun 5
Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 10.26 Tithi 21 - 22

Gulika 10:18AM - 12:01PM
Yama 6:52AM - 8:35AM
522865472 Rahu 12:01PM - 1:44PM

Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Ganesha: Yellow Sunrise: 5:09AM
Muruga: White Sunset: 6:54PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ
Sun 6
Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Mesha Rasi: 23 Tithi 22 - 23

Gulika 8:35AM - 10:18AM
Yama 5:10AM - 6:53AM
522865472 Rahu 1:44PM - 3:27PM

Bharani Until 1:06PM
Vridhhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Ganesha: Yellow Sunrise: 5:10AM
Muruga: White Sunset: 6:52PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 1:06PM
Then Routine Work - Marana Yoga

Krishna Janmashtami

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Dyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Monroe, NJ
Sun 7
Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Vrishabha Rasi: 5.15 Tithi 23 - 24

Gulika 6:53AM - 8:36AM
Yama 3:26PM - 5:08PM
523865472 Rahu 10:18AM - 12:01PM

Krittika Until 3:16PM
Dhruva Until 10:30AM
Taila Until 1:37AM Sat
Ashtami* Until 12:33PM

Ganesha: White Sunrise: 5:11AM
Muruga: White Sunset: 6:51PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day

Creative Work Siddha Yoga
Until 3:16PM
Then Routine Work - Marana Yoga

1		Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau		Monroe, NJ Sun 8 Sutra 125 Subhakit 5124	
Wrishabha Rasi: 17.16	Tithi 24 – 25	Gulika 5:12AM – 6:54AM	Rohini Until 6:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM		
		Yama 1:43PM – 3:25PM	Vyaghata* Until 11:13AM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 18 - 8	
	533865472	Rahu 8:36AM – 10:18AM	Vanija Until 3:57AM Sun	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Navami* Until 2:44PM	Moon – Yellow		Bhuloka Day	
Until 6:13PM				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 9 Sutra 126 Subhakit 5124	
Wrishabha Rasi: 29.09	Tithi 25 – 26	Gulika 3:24PM – 5:06PM	Mrigashira Until 9:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM		
		Yama 12:00PM – 1:42PM	Harshana Until 12:11PM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 18 - 9	
	533865472	Rahu 5:06PM – 6:48PM	Bava Until 6:27AM Mon	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 5:10PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

3		Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Monroe, NJ Sun 10 Sutra 127 Subhakit 5124	
Mithuna Rasi: 10.59	Tithi 26	Gulika 1:42PM – 3:23PM	Ardra Until 12:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM		
Family Home Evening		Yama 10:19AM – 12:00PM	Vajra* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 18 - 10	
	533865472	Rahu 6:55AM – 8:37AM	Bava Until 6:27AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 7:40PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

4		Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Monroe, NJ Sun 11 Sutra 128 Subhakit 5124	
Mithuna Rasi: 22.5	Tithi 27	Gulika 12:00PM – 1:41PM	Punarvasu Until 3:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:15AM		
		Yama 8:37AM – 10:19AM	Siddhi Until 2:07PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 18 - 11	
	543865472	Rahu 3:22PM – 5:04PM	Kaulava Until 8:54AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 10:02PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

5		Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Monroe, NJ Sun 12 Sutra 129 Subhakit 5124	
Kataka Rasi: 4.45	Tithi 28	Gulika 10:19AM – 12:00PM	Pushya Until 5:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:16AM		
		Yama 6:57AM – 8:38AM	Vyatipata* Until 2:54PM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 18 - 12	
	543865472	Rahu 12:00PM – 1:40PM	Gara Until 11:08AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:08AM Thu	Moon – Blue		Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani			

6		Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 13 Sutra 130 Subhakit 5124	
Kataka Rasi: 16.47	Tithi 29	Gulika 8:38AM – 10:19AM	Ashlesha* Until 7:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:17AM		
		Yama 5:17AM – 6:57AM	Variyan Until 3:24PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 18 - 13	
	543865472	Rahu 1:40PM – 3:21PM	Visti Until 1:04PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:53AM Fri	Moon – Blue		Bhuloka Day	
Until 7:51AM Fri				Sravana-Avani			
Then Routine Work - Marana Yoga							

Retreat Star		Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 14 Sutra 131 Subhakit 5124	
Kataka Rasi: 28.58	Tithi 30	Gulika 6:58AM – 8:38AM	Ashlesha* Until 7:51AM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM		
		Yama 3:20PM – 5:00PM	Parigha* Until 3:38PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 18 - 14	
	543865472	Rahu 10:19AM – 11:59AM	Catuspada Until 2:38PM	Nataraja: White		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 3:15AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

Retreat Star		Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 15 Sutra 132 Subhakit 5124	
Simha Rasi: 11.18	Tithi 1	Gulika 5:19AM – 6:59AM	Magha* Until 9:54AM	Ganesha: Blue	<i>Sunrise:</i> 5:19AM		
		Yama 1:39PM – 3:19PM	Shiva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 18 - 15	
	553865473	Rahu 8:39AM – 10:19AM	Kintughna Until 3:49PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 4:14AM Sun	Moon – Red		Bhuloka Day	
Until 9:54AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

www.gurudeva.org/panchang

1		Sunday, August 28, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Monroe, NJ Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 23.49	Tithi 2	Gulika	3:18PM – 4:57PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM			
		Yama	11:58AM – 1:38PM	Siddha Until 3:11PM	Muruqa: White	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19 - 16		
		553865473 Rahu	4:57PM – 6:37PM	Balava Until 4:36PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 4:49AM Mon	Moon – Red		Bhuloka Day		
Until 11:24AM					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga									

2		Monday, August 29, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau		Monroe, NJ Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 6.3	Tithi 3	Gulika	1:37PM – 3:17PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM			
Family Home Evening		Yama	10:19AM – 11:58AM	Sadhya Until 2:30PM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19 - 17		
		553865473 Rahu	7:00AM – 8:39AM	Taitila Until 4:59PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 5:01AM Tue	Moon – Red		Bhuloka Day		
					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

3		Tuesday, August 30, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau		Monroe, NJ Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 19.23	Tithi 4	Gulika	11:58AM – 1:37PM	Hasta Until 1:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM			
		Yama	8:40AM – 10:19AM	Subha Until 1:32PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19 - 18		
		563865473 Rahu	3:16PM – 4:55PM	Vanija Until 5:00PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Chaturthi* Until 4:51AM Wed	Moon – Green		Bhuloka Day		
		Ganesha Chaturthi			Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

4		Wednesday, August 31, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Monroe, NJ Sun 19 Sutra 136 Subhakrit 5124	
Tula Rasi: 2.26	Tithi 5	Gulika	10:19AM – 11:58AM	Chitra Until 1:39PM	Ganesha: Red	<i>Sunrise:</i> 5:23AM			
		Yama	7:01AM – 8:40AM	Sukla Until 12:14PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 19 - 19		
		563965473 Rahu	11:58AM – 1:36PM	Bava Until 4:38PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 4:17AM Thu	Moon – Green		Devaloka Day		
					Bhadrapada*Avani				

5		Thursday, September 1, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau		Monroe, NJ Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 15.43	Tithi 6	Gulika	8:41AM – 10:19AM	Svati Until 1:30PM	Ganesha: Red	<i>Sunrise:</i> 5:24AM			
		Yama	5:24AM – 7:02AM	Brahma Until 10:38AM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 20		
		563965473 Rahu	1:36PM – 3:14PM	Kaulava Until 3:52PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 3:18AM Fri	Moon – Green		Devaloka Day		
Until 1:30PM					Bhadrapada*Avani				
Then Creative Work - Siddha Yoga									

6		Friday, September 2, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Monroe, NJ Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 29.13	Tithi 7	Gulika	7:03AM – 8:41AM	Vishakha Until 1:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM			
		Yama	3:13PM – 4:51PM	Indra Until 8:43AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 21		
		574965473 Rahu	10:19AM – 11:57AM	Gara Until 2:41PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Saptami Until 1:55AM Sat	Moon – Orange		Devaloka Day		
					Bhadrapada*Avani				

Retreat Star		Saturday, September 3, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Visti*/Bava Karana Ashtamyam Titau		Monroe, NJ Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 12.57	Tithi 8	Gulika	5:26AM – 7:03AM	Anuradha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM			
		Yama	1:34PM – 3:12PM	Vaidhriti* Until 6:26AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 22		
		574965473 Rahu	8:41AM – 10:19AM	Visti Until 1:05PM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga			Ashtami* Until 12:07AM Sun	Moon – Orange		Devaloka Day		
					Bhadrapada*Avani				

Retreat Star		Sunday, September 4, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		Monroe, NJ Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 26.57	Tithi 9	Gulika	3:11PM – 4:48PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM			
		Yama	11:56AM – 1:34PM	Priti Until 12:55AM Mon	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 19 - 23		
		574965473 Rahu	4:48PM – 6:26PM	Balava Until 11:05AM	Nataraja: Clear		Navami		
Routine Work	Marana Yoga			Navami* Until 9:55PM	Moon – Orange		Devaloka Day		
Until 11:01AM					Bhadrapada*Avani				
Then Creative Work - Amrita Yoga									

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Monroe, NJ Sun 24 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 11.12	Tithi 10	Gulika	1:33PM – 3:10PM	Mula* Until 9:32AM	Ganesha: White	<i>Sunrise: 5:28AM</i>	
Family Home Evening	584965473	Yama	10:19AM – 11:56AM	Ayushman Until 9:42PM	Muruqa: White	<i>Sunset: 6:24PM</i>	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	7:05AM – 8:42AM	Taitila Until 8:42AM	Nataraja: Clear		4th Phase
Until 9:32AM				Dashami Until 7:22PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika	11:56AM – 1:32PM	Purvashadha* Until 7:36AM	Ganesha: White	<i>Sunrise: 5:29AM</i>	
	584965473	Yama	8:42AM – 10:19AM	Saubhagya Until 6:16PM	Muruqa: White	<i>Sunset: 6:22PM</i>	Moon 8 - Phase 20 - 25
Creative Work	Siddha Yoga	Rahu	3:09PM – 4:46PM	Vanija Until 6:00AM	Nataraja: Clear		4th Phase
Until 7:36AM				Ekadashi Until 4:33PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabararishta Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 143 Subhakrit 5124	
Makara Rasi: 10.19	Tithi 12 – 13	Gulika	10:19AM – 11:55AM	Shravana Until 3:15AM Thu	Ganesha: Clear	<i>Sunrise: 5:30AM</i>	
	594965473	Yama	7:06AM – 8:42AM	Sobhana Until 2:44PM	Muruqa: White	<i>Sunset: 6:21PM</i>	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga	Rahu	11:55AM – 1:32PM	Kaulava Until 12:04AM Thu	Nataraja: Clear		4th Phase
				Dvadashi Until 1:34PM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

Pradosha Vrata

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 144 Subhakrit 5124	
Makara Rasi: 25.01	Tithi 13 – 14	Gulika	8:43AM – 10:19AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear	<i>Sunrise: 5:31AM</i>	
	594965473	Yama	5:31AM – 7:07AM	Athiganda* Until 11:09AM	Muruqa: White	<i>Sunset: 6:19PM</i>	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	1:31PM – 3:07PM	Gara Until 9:05PM	Nataraja: Clear		4th Phase
				Chidambaram Abhishekam	Moon – Purple	Devaloka Day	
				Trayodashi Until 10:33AM	Bhadrapada*Avani		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Monroe, NJ Sun 28 Sutra 145 Subhakrit 5124	
Copper Retreat Star		Gulika	7:07AM – 8:43AM	Shatabhishak Until 10:58PM	Ganesha: Clear	<i>Sunrise: 5:32AM</i>	
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	3:06PM – 4:42PM	Sukarma Until 7:40AM	Muruqa: White	<i>Sunset: 6:17PM</i>	Moon 8 - Phase 20 -
	594965473	Rahu	10:19AM – 11:55AM	Visti Until 6:17PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:38AM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Monroe, NJ Sun 29 Sutra 146 Subhakrit 5124	
Silver Retreat Star		Gulika	5:33AM – 7:08AM	Purvaproshtapada* Until 9:31PM	Ganesha: Clear	<i>Sunrise: 5:33AM</i>	
Kumbha Rasi: 24.07	Tithi 16	Yama	1:30PM – 3:05PM	Shula* Until 1:28AM Sun	Muruqa: White	<i>Sunset: 6:16PM</i>	Moon 8 - Phase 20 -
	514965473	Rahu	8:43AM – 10:19AM	Balava Until 3:49PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Prathama* Until 2:45AM Sun	Moon – Clear	Devaloka Day	
Until 9:31PM					Bhadrapada*Avani		
Then Creative Work - Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Monroe, NJ
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

Gulika 3:04PM – 4:39PM
Yama 11:54AM – 1:29PM
Rahu 4:39PM – 6:14PM

Uttaraproshtapada Until 8:27PM
Ganda* Until 10:59PM
Taitila Until 1:51PM

Ganesha: Clear *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:14PM

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Monroe, NJ
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

Gulika 1:28PM – 3:03PM
Yama 10:19AM – 11:53AM
Rahu 7:09AM – 8:44AM

Revati Until 7:55PM
Vriddhi Until 9:04PM
Vanija Until 12:31PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:12PM

Moon 9 - Phase 21 - 1
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Monroe, NJ
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

Gulika 11:53AM – 1:27PM
Yama 8:44AM – 10:19AM
Rahu 3:02PM – 4:36PM

Ashvini Until 8:25PM
Dhruva Until 7:44PM
Balava Until 11:56AM

Ganesha: White *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:11PM

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:55PM

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

Gulika 10:19AM – 11:53AM
Yama 7:11AM – 8:45AM
Rahu 11:53AM – 1:27PM

Bharani Until 9:34PM
Vyaghata* Until 7:03PM
Kaulava Until 12:09PM

Ganesha: White *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:09PM

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 9:34PM

Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

Gulika 8:45AM – 10:19AM
Yama 5:38AM – 7:11AM
Rahu 1:26PM – 3:00PM

Krittika Until 11:17PM
Harshana Until 6:59PM
Gara Until 1:08PM

Ganesha: Clear *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 6:07PM

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:53AM Fri

Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Monroe, NJ
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

Gulika 7:12AM – 8:45AM
Yama 2:59PM – 4:32PM
Rahu 10:19AM – 11:52AM

Rohini Until 1:55AM Sat
Vajra* Until 7:22PM
Visti Until 2:49PM

Ganesha: White *Sunrise:* 5:39AM
Muruqa: White *Sunset:* 6:05PM

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

Gulika 5:40AM – 7:13AM
Yama 1:25PM – 2:58PM
Rahu 8:46AM – 10:19AM

Mrigashira Until 4:44AM Sun
Siddhi Until 8:06PM
Balava Until 4:58PM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: White *Sunset:* 6:04PM

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

Gulika 2:57PM – 4:29PM
Yama 11:51AM – 1:24PM
Rahu 4:29PM – 6:02PM

Ardra Until 7:33AM Mon
Vyatipata* Until 9:01PM
Taitila Until 7:23PM

Ganesha: White *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 6:02PM

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM

Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		Monroe, NJ Sun 8 Sutra 155 Subhakrit 5124	
Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika	1:23PM – 2:56PM	Ardra Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 5:42AM	
Family Home Evening	535965473	Yama	10:19AM – 11:51AM	Variyan Until 9:54PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 8
Creative Work	Siddha Yoga	Rahu	7:14AM – 8:46AM	Vanjia Until 9:49PM	Nataraja: Clear		2nd Phase
Until 7:33AM				Navami* Until 8:36AM	Moon – Yellow		Sivaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi		

2		Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 9 Sutra 156 Subhakrit 5124	
Kataka Rasi: 1.02	Tithi 25 – 26	Gulika	11:51AM – 1:23PM	Punarvasu Until 10:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	
	545965473	Yama	8:47AM – 10:19AM	Parigha* Until 10:40PM	Muruqa: White	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 22 - 9
Creative Work	Siddha Yoga	Rahu	2:55PM – 4:27PM	Bava Until 12:05AM Wed	Nataraja: Clear		2nd Phase
				Dashami Until 10:58AM	Moon – Blue		Devaloka Day
					Bhadrapada-Puratasi		

3		Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 10 Sutra 157 Subhakrit 5124	
Kataka Rasi: 13.01	Tithi 26 – 27	Gulika	10:19AM – 11:50AM	Pushya Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	
	545965473	Yama	7:15AM – 8:47AM	Shiva Until 11:12PM	Muruqa: White	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 22 - 10
Creative Work	Siddha Yoga	Rahu	11:50AM – 1:22PM	Kaulava Until 1:59AM Thu	Nataraja: Clear		2nd Phase
				Ekadashi* Until 1:04PM	Moon – Blue		Devaloka Day
					Bhadrapada-Puratasi		

4		Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Monroe, NJ Sun 11 Sutra 158 Subhakrit 5124	
Kataka Rasi: 25.08	Tithi 27 – 28	Gulika	8:47AM – 10:19AM	Ashlesha* Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	
	545965473	Yama	5:45AM – 7:16AM	Siddha Until 11:21PM	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 22 - 11
Creative Work	Siddha Yoga	Rahu	1:21PM – 2:53PM	Gara Until 3:27AM Fri	Nataraja: Clear		2nd Phase
Until 3:20PM				Dvadashi* Until 2:46PM	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi		
					<i>Pradosha Vrata (Fasting)</i>		

5		Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Monroe, NJ Sun 12 Sutra 159 Subhakrit 5124	
Simha Rasi: 7.27	Tithi 28 – 29	Gulika	7:17AM – 8:48AM	Magha* Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:46AM	
	555965473	Yama	2:52PM – 4:22PM	Sadhya Until 11:09PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 22 - 12
Routine Work	Marana Yoga	Rahu	10:19AM – 11:50AM	Visti Until 4:26AM Sat	Nataraja: Clear		2nd Phase
Until 5:18PM				Trayodashi* Until 3:59PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi		

6		Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Monroe, NJ Sun 13 Sutra 160 Subhakrit 5124	
Simha Rasi: 19.59	Tithi 29 – 30	Gulika	5:47AM – 7:17AM	Purvaphalguni Until 6:36PM	Ganesha: Green	<i>Sunrise:</i> 5:47AM	
	556965473	Yama	1:20PM – 2:50PM	Subha Until 10:34PM	Muruqa: White	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 22 - 13
Creative Work	Siddha Yoga	Rahu	8:48AM – 10:19AM	Catuspada Until 4:53AM Sun	Nataraja: Clear		2nd Phase
Until 6:36PM				Chaturdashi* Until 4:42PM	Moon – Red		Bhuloka Day
Then Routine Work - Marana Yoga					Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

●		Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Monroe, NJ Sun 14 Sutra 161 Subhakrit 5124	
Retreat Star		Gulika	2:49PM – 4:20PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	
Kanya Rasi: 2.45	Tithi 30 – 1	Yama	11:49AM – 1:19PM	Sukla Until 9:33PM	Muruqa: White	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 22 - 14
	556165473	Rahu	4:20PM – 5:50PM	Kintughna Until 4:50AM Mon	Nataraja: Clear		Amavasya
Creative Work	Amrita Yoga			Amavasya* Until 4:54PM	Moon – Red		Bhuloka Day
					Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM
					Mahalaya Amavasai (Tamil Nadu)		

Monday, September 26, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Monroe, NJ Sun 15 Sutra 162 Subhakrit 5124	
Kanya Rasi: 15.46	Tithi 1 – 2	Gulika	1:18PM – 2:48PM	Hasta Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	
Family Home Evening	566165473	Yama	10:19AM – 11:49AM	Brahma Until 8:11PM	Muruqa: White	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 22 - 15
Creative Work	Siddha Yoga	Rahu	7:19AM – 8:49AM	Balava Until 4:21AM Tue	Nataraja: Clear		Prathama
Until 7:45PM				Prathama* Until 4:38PM	Moon – Green		Bhuloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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1 Tuesday, September 27, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Monroe, NJ
Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 163

Gulika 11:48AM – 1:18PM Chitra Until 7:41PM Ganesha: Blue Sunrise: 5:50AM
Yama 8:49AM – 10:19AM **Muruqa: White Sunset: 5:47PM** Moon 9 - Phase 23 - 16
666165473 **Rahu 2:47PM – 4:17PM** **Nataraja: Clear** 3rd Phase
Creative Work Siddha Yoga **Dvitiya Until 3:57PM** **Moon – Green** **Bhuloka Day**
Ashvina+Puratasi Devaloka Time: 6:PM to 9:PM

2 Wednesday, September 28, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Monroe, NJ
Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 164

Gulika 10:19AM – 11:48AM Svati Until 7:09PM Ganesha: Blue Sunrise: 5:51AM
Yama 7:20AM – 8:49AM **Vaidhriti* Until 4:32PM** **Muruqa: White Sunset: 5:45PM** Moon 9 - Phase 23 - 17
666165473 **Rahu 11:48AM – 1:17PM** **Nataraja: Clear** 3rd Phase
Creative Work Siddha Yoga **Vanija Until 2:17AM Thu** **Moon – Green** **Bhuloka Day**
Tritiya Until 2:54PM **Ashvina+Puratasi Devaloka Time: 6:PM to 9:PM**

3 Thursday, September 29, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Monroe, NJ
Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 165

Gulika 8:50AM – 10:19AM Vishakha Until 6:37PM Ganesha: Blue Sunrise: 5:52AM
Yama 5:52AM – 7:21AM **Vishkambha* Until 2:19PM** **Muruqa: White Sunset: 5:43PM** Moon 9 - Phase 23 - 18
676165473 **Rahu 1:16PM – 2:45PM** **Nataraja: Clear** 3rd Phase
Creative Work Siddha Yoga **Bava Until 12:49AM Fri** **Moon – Orange** **Bhuloka Day**
Chaturthi* Until 1:34PM **Ashvina+Puratasi Devaloka Time: 6:PM to 9:PM**

4 Friday, September 30, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Monroe, NJ
Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 166

Gulika 7:21AM – 8:50AM Anuradha Until 5:41PM Ganesha: Blue Sunrise: 5:53AM
Yama 2:44PM – 4:13PM **Priti Until 11:56AM** **Muruqa: White Sunset: 5:42PM** Moon 9 - Phase 23 - 19
676165473 **Rahu 10:19AM – 11:47AM** **Nataraja: Clear** 3rd Phase
Creative Work Siddha Yoga **Kaulava Until 11:07PM** **Moon – Orange** **Bhuloka Day**
Panchami Until 11:58AM **Ashvina+Puratasi Devaloka Time: 6:PM to 9:PM**
Until 5:41PM
Then Routine Work - Marana Yoga

5 Saturday, October 1, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Monroe, NJ
Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 167

Gulika 5:54AM – 7:22AM Jyeshtha* Until 4:26PM Ganesha: Blue Sunrise: 5:54AM
Yama 1:15PM – 2:43PM **Ayushman Until 9:21AM** **Muruqa: White Sunset: 5:40PM** Moon 9 - Phase 23 - 20
676165473 **Rahu 8:50AM – 10:19AM** **Gara Until 9:13PM** **Nataraja: Clear** 3rd Phase
Creative Work Siddha Yoga **Shashthi* Until 10:10AM** **Moon – Orange** **Bhuloka Day**
Ashvina+Puratasi Devaloka Time: 6:PM to 9:PM

Sunday, October 2, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Monroe, NJ
Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 168

Gulika 2:42PM – 4:10PM Mula* Until 3:17PM Ganesha: Blue Sunrise: 5:55AM
Yama 11:47AM – 1:14PM **Saubhagya Until 6:38AM** **Muruqa: Green Sunset: 5:38PM** Moon 9 - Phase 23 - 21
687166473 **Rahu 4:10PM – 5:38PM** **Visti Until 7:10PM** **Nataraja: Clear** Ashtami
Creative Work Amrita Yoga **Durga Ashtami** **Saptami Until 8:12AM** **Moon – Light Blue** **Sivaloka Day**
Until 3:17PM **Ashvina+Puratasi**

Monday, October 3, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Monroe, NJ
Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau Sun 22 Sutra 169

Gulika 1:14PM – 2:41PM Purvashadha* Until 1:52PM Ganesha: Blue Sunrise: 5:56AM
Yama 10:19AM – 11:46AM **Athiganda* Until 12:51AM Tue** **Muruqa: Green Sunset: 5:37PM** Moon 9 - Phase 23 - 22
687166473 **Rahu 7:23AM – 8:51AM** **Nataraja: Clear** Navami
Family Home Evening **Kaulava Until 3:50AM Tue** **Moon – Light Blue** **Sivaloka Day**
Routine Work Marana Yoga **Ashtami* Until 6:05AM** **Ashvina+Puratasi**
Saraswathi Puja (Tamil Nadu)

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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1 Tuesday, October 4, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Monroe, NJ
 Uttarahadha/Shravana Nakshatra Sukarna Yoga Tailila/Gara Karana Dashamyam Titau Sun 23 Sutra 170
 Subhakrit 5124
Gulika 11:46AM – 1:13PM **Uttarahadha Until 12:12PM** **Ganesha: Blue** *Sunrise: 5:57AM*
 Yama 8:51AM – 10:19AM **Muruqa: Green** *Sunset: 5:35PM* Moon 9 - Phase 24 - 23
 687166473 **Rahu 2:40PM – 4:08PM** Sukarna Until 9:50PM **Nataraja: Clear** 4th Phase
 Routine Work Prabalarishta Yoga Taitila Until 2:43PM Moon – Light Blue **Sivaloka Day**
 Until 12:12PM **Dashami Until 1:32AM Wed** **Ashvina+Puratasi**
 Then Creative Work - Siddha Yoga

2 Wednesday, October 5, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Monroe, NJ
 Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Sutra 171
 Subhakrit 5124
Gulika 10:19AM – 11:46AM **Shravana Until 10:46AM** **Ganesha: Yellow** *Sunrise: 5:58AM*
 Yama 7:25AM – 8:52AM **Muruqa: Green** *Sunset: 5:33PM* Moon 9 - Phase 24 - 24
 697166473 **Rahu 11:46AM – 1:13PM** Dhriti Until 6:50PM **Nataraja: Clear** 4th Phase
 Creative Work Siddha Yoga Vanija Until 12:24PM Moon – Purple **Devaloka Day**
 Until 10:46AM **Vijaya Dasami** **Ekadashi Until 11:14PM** **Ashvina+Puratasi**
 Then Routine Work - Prabalarishta Yoga

3 Thursday, October 6, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Monroe, NJ
 Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 172
 Subhakrit 5124
Gulika 8:52AM – 10:19AM **Dhanishtha Until 9:14AM** **Ganesha: Yellow** *Sunrise: 5:59AM*
 Yama 5:59AM – 7:26AM **Muruqa: Green** *Sunset: 5:32PM* Moon 9 - Phase 24 - 25
 697166473 **Rahu 1:12PM – 2:38PM** Shula* Until 3:51PM **Nataraja: Clear** 4th Phase
 Creative Work Siddha Yoga Bava Until 10:07AM Moon – Purple **Devaloka Day**
Kadaitswami Mahasamadhi **Dvadashi Until 9:00PM** **Ashvina+Puratasi**

4 Friday, October 7, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Monroe, NJ
 Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 173
 Subhakrit 5124
Gulika 7:26AM – 8:53AM **Shatabhishak Until 7:41AM** **Ganesha: Yellow** *Sunrise: 6:00AM*
 Yama 2:37PM – 4:04PM **Muruqa: Green** *Sunset: 5:30PM* Moon 9 - Phase 24 - 26
 697166473 **Rahu 10:19AM – 11:45AM** Ganda* Until 1:01PM **Nataraja: Clear** 4th Phase
 Creative Work Siddha Yoga Kaulava Until 7:58AM Moon – Purple **Devaloka Day**
Chidambaram Abhishekam **Trayodashi Until 6:58PM** **Ashvina+Puratasi**
Pradosha Vrata

5 Saturday, October 8, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Monroe, NJ
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau Sun 27 Sutra 174
 Subhakrit 5124
Gulika 6:01AM – 7:27AM **Purvaproshtapada* Until 6:39AM** **Ganesha: White** *Sunrise: 6:01AM*
 Yama 1:11PM – 2:37PM **Muruqa: Green** *Sunset: 5:28PM* Moon 9 - Phase 24 - 27
 618166474 **Rahu 8:53AM – 10:19AM** Vridhni Until 10:25AM **Nataraja: Purple** 4th Phase
 Routine Work Marana Yoga Gara Until 6:04AM Moon – Clear **Bhuloka Day**
 Until 6:39AM **Chaturdashni* Until 5:13PM** **Ashvina+Puratasi**
 Then Creative Work - Siddha Yoga

○ Sunday, October 9, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Monroe, NJ
 Copper Retreat Star Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 175
 Subhakrit 5124
Gulika 2:36PM – 4:01PM **Revati Until 5:21AM Mon** **Ganesha: White** *Sunrise: 6:02AM*
 Yama 11:44AM – 1:10PM **Muruqa: Green** *Sunset: 5:27PM* Moon 9 - Phase 24 -
 618166474 **Rahu 4:01PM – 5:27PM** Dhruva Until 8:05AM **Nataraja: Purple** Purnima
 Creative Work Amrita Yoga Balava Until 3:28AM Mon Moon – Clear **Bhuloka Day**
 Until 5:21AM Mon **Purnima* Until 3:54PM** **Ashvina+Puratasi**
 Then Creative Work - Siddha Yoga

Monday, October 10, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Monroe, NJ
 Silver Retreat Star Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sun 29 Sutra 176
 Subhakrit 5124
Gulika 1:09PM – 2:35PM **Ashvini Until 5:45AM Tue** **Ganesha: Yellow** *Sunrise: 6:03AM*
 Yama 10:19AM – 11:44AM **Muruqa: White** *Sunset: 5:25PM* Moon 9 - Phase 24 -
 628176474 **Rahu 7:29AM – 8:54AM** Vyaghata* Until 6:10AM **Nataraja: Purple** Prathama
 Mesha Rasi: 0.16 Tithi 16 – 17 Taitila Until 2:59AM Tue Moon – White **Bhuloka Day**
Family Home Evening **Prathama* Until 3:07PM** **Ashvina+Puratasi** **Devaloka Time: 6:AM to 9:AM**
 Creative Work Siddha Yoga



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 11:44AM - 1:09PM
Yama 8:54AM - 10:19AM
Rahu 2:34PM - 3:59PM

Bharani Until 6:38AM Wed
Vajra* Until 3:47AM Wed
Vanija Until 3:10AM Wed
Dvitiya Until 2:58PM

Ganesha: Yellow *Sunrise:* 6:04AM

Muruqa: White *Sunset:* 5:24PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 1

1st Phase

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:19AM - 11:44AM
Yama 7:30AM - 8:55AM
Rahu 11:44AM - 1:08PM

Bharani Until 6:38AM
Siddhi Until 3:23AM Thu
Bava Until 4:02AM Thu
Tritiya Until 3:30PM

Ganesha: Yellow *Sunrise:* 6:05AM

Muruqa: White *Sunset:* 5:22PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 2

1st Phase

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 8:55AM - 10:19AM
Yama 6:07AM - 7:31AM
Rahu 1:08PM - 2:32PM

Krittika Until 8:01AM
Vyatipata* Until 3:28AM Fri
Kaulava Until 5:32AM Fri
Chaturthi* Until 4:41PM

Ganesha: Yellow *Sunrise:* 6:07AM

Muruqa: White *Sunset:* 5:20PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 3

1st Phase

Routine Work Marana Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Monroe, NJ

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

Gulika 7:32AM - 8:55AM
Yama 2:31PM - 3:55PM
Rahu 10:19AM - 11:43AM

Rohini Until 10:19AM
Variyan Until 3:56AM Sat
Taitila Until 6:27PM
Panchami Until 6:27PM

Ganesha: Blue *Sunrise:* 6:08AM

Muruqa: White *Sunset:* 5:19PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 4

1st Phase

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

Gulika 6:09AM - 7:32AM
Yama 1:07PM - 2:30PM
Rahu 8:56AM - 10:19AM

Mrigashira Until 12:55PM
Parigha* Until 4:40AM Sun
Gara Until 7:32AM
Shashthi* Until 8:39PM

Ganesha: Red *Sunrise:* 6:09AM

Muruqa: White *Sunset:* 5:17PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 5

1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Monroe, NJ

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

Gulika 2:29PM - 3:52PM
Yama 11:43AM - 1:06PM
Rahu 3:52PM - 5:16PM

Ardra Until 3:37PM
Shiva Until 5:32AM Mon
Visti* Until 9:52AM
Saptami Until 11:04PM

Ganesha: Red *Sunrise:* 6:10AM

Muruqa: White *Sunset:* 5:16PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 6

1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 1:05PM - 2:28PM
Yama 10:20AM - 11:43AM
Rahu 7:34AM - 8:57AM

Punarvasu Until 6:42PM
Siddha Until 6:20AM Tue
Balava Until 12:18PM
Ashtami* Until 1:29AM Tue

Ganesha: Green *Sunrise:* 6:11AM

Muruqa: White *Sunset:* 5:14PM

Nataraja: Purple Moon - Blue Moon 10 - Phase 25 - 7

Ashtami

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 11:42AM - 1:05PM
Yama 8:57AM - 10:20AM
Rahu 2:28PM - 3:50PM

Pushya Until 9:29PM
Siddha Until 6:20AM
Taitila Until 2:39PM
Navami* Until 3:42AM Wed

Ganesha: Green *Sunrise:* 6:12AM

Muruqa: White *Sunset:* 5:13PM

Nataraja: Purple Moon - Blue Moon 10 - Phase 25 - 8

Navami

Creative Work Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

www.gurudeva.org/panchang


1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	Gulika 10:20AM – 11:42AM	Ashlesha* Until 11:47PM	Ganesha: Green	<i>Sunrise:</i> 6:13AM	
			Yama 7:35AM – 8:58AM	Sadhya Until 6:58AM	Muruqa: White	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 11:42AM – 1:04PM	Vanija Until 4:42PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina•Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Monroe, NJ Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	Gulika 8:58AM – 10:20AM	Magha* Until 1:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:14AM	
			Yama 6:14AM – 7:36AM	Subha Until 7:19AM	Muruqa: White	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 1:04PM – 2:26PM	Bava Until 6:17PM		Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 6:51AM Fri	Moon – Red		Bhuloka Day	
Until 1:55AM Fri				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	Gulika 7:37AM – 8:59AM	Purvaphalguni Until 3:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:15AM	
			Yama 2:25PM – 3:47PM	Sukla Until 7:13AM	Muruqa: White	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:20AM – 11:42AM	Kaulava Until 7:18PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:51AM	Moon – Red		Bhuloka Day	
Until 3:18AM Sat				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	Gulika 6:17AM – 7:38AM	Uttaraphalguni Until 3:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	
			Yama 1:03PM – 2:24PM	Brahma Until 6:39AM	Muruqa: White	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 8:59AM – 10:20AM	Gara Until 7:40PM		Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 7:33AM	Moon – Red		Bhuloka Day	
Until 3:55AM Sun				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	Gulika 2:23PM – 3:44PM	Hasta Until 4:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:18AM	
			Yama 11:42AM – 1:03PM	Vaidhriti* Until 4:02AM Mon	Muruqa: White	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 3:44PM – 5:05PM	Visti Until 7:23PM		Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 7:35AM	Moon – Green		Bhuloka Day	
Until 4:13AM Mon		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga							

	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 1:02PM – 2:23PM	Chitra Until 3:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:19AM	
	Kanya Rasi: 24.19	Tithi 29 – 30	Yama 10:21AM – 11:41AM	Vishkambha* Until 2:01AM Tue	Muruqa: White	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 26 - 14
	661276474	Rahu 7:39AM – 9:00AM	Catuspada Until 6:30PM		Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 7:00AM	Moon – Green		Bhuloka Day	
Until 3:47AM Tue		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sun 15 Sutra 191 Subhakrit 5124
	Tula Rasi: 7.55	Tithi 1	Gulika 11:41AM – 1:02PM	Svati Until 2:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:20AM	
			Yama 9:01AM – 10:21AM	Priti Until 11:37PM	Muruqa: White	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:22PM – 3:42PM	Kintughna Until 5:06PM		Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:13AM Wed	Moon – Green		Bhuloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Monroe, NJ Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	Gulika 10:21AM – 11:41AM	Vishakha Until 1:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	
			Yama 7:41AM – 9:01AM	Ayushman Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:41AM – 1:01PM	Balava Until 3:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:13AM Thu	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	Gulika 9:02AM – 10:21AM	Anuradha Until 12:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	
			Yama 6:22AM – 7:42AM	Saubhagya Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 1:01PM – 2:21PM	Taitila Until 1:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:00AM Fri	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
				Kartika · Aipasi			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Monroe, NJ Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	Gulika 7:43AM – 9:02AM	Jyeshtha* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	
			Yama 2:20PM – 3:39PM	Sobhana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:22AM – 11:41AM	Vanija Until 10:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:38PM	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
				Kartika · Aipasi			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:25AM – 7:44AM	Mula* Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
			Yama 1:00PM – 2:19PM	Athiganda* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 9:03AM – 10:22AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:14PM	Moon – Light Blue	Devaloka Day		
				Kartika · Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 2:18PM – 3:37PM	Purvashadha* Until 7:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	
			Yama 11:41AM – 1:00PM	Sukarma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 3:37PM – 4:56PM	Kaulava Until 6:03AM	Nataraja: Clear		3rd Phase
			Skanda Shasthi	Shashthi* Until 4:52PM	Moon – Light Blue	Devaloka Day	
				Kartika · Aipasi			

D	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 197 Subhakit 5124
	Retreat Star		Gulika 12:59PM – 2:18PM	Uttarashadha Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
	Makara Rasi: 3.04	Tithi 7 – 8	Yama 10:22AM – 11:41AM	Shula* Until 2:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 27 - 21
	Family Home Evening		681276574 Rahu 7:45AM – 9:04AM	Visti Until 1:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 2:38PM	Moon – Light Blue	Devaloka Day		
				Kartika · Aipasi			

D	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 22 Sutra 198 Subhakit 5124
	Retreat Star		Gulika 11:41AM – 12:59PM	Shravana Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	
	Makara Rasi: 17.14	Tithi 8 – 9	Yama 9:05AM – 10:23AM	Ganda* Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 2:17PM – 3:35PM	Balava Until 11:37PM	Nataraja: Clear		Navami
			Ashtami* Until 12:33PM	Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
				Kartika · Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda


1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:23AM – 11:41AM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Sun 23 Sutra 199
			Yama 7:47AM – 9:05AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Subhakrit 5124
		692276574	Rahu 11:41AM – 12:59PM	Taitila Until 9:51PM	Nataraja: Clear		Moon 10 - Phase 28 - 23 4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	Bhuloka Day		
Until 3:14PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							


2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 9:06AM – 10:23AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:31AM	Sun 24 Sutra 200
			Yama 6:31AM – 7:48AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Subhakrit 5124
		692276574	Rahu 12:58PM – 2:16PM	Vanija Until 8:22PM	Nataraja: Clear		Moon 10 - Phase 28 - 24 4th Phase
Creative Work Siddha Yoga				Moon – Purple	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 7:49AM – 9:06AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Sun 25 Sutra 201
			Yama 2:15PM – 3:33PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Subhakrit 5124
		612276574	Rahu 10:24AM – 11:41AM	Bava Until 7:10PM	Nataraja: Clear		Moon 10 - Phase 28 - 25 4th Phase
Creative Work Siddha Yoga				Moon – Clear	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 6:33AM – 7:50AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Sun 26 Sutra 202
			Yama 12:58PM – 2:15PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Subhakrit 5124
		612276574	Rahu 9:07AM – 10:24AM	Kaulava Until 6:19PM	Nataraja: Clear		Moon 10 - Phase 28 - 26 4th Phase
Creative Work Siddha Yoga				Moon – Clear	Bhuloka Day		
Until 1:28PM					Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Prabalarishta Yoga							
					<i>Pradosha Vrata</i>		

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 2:14PM – 3:31PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Sun 27 Sutra 203
			Yama 11:41AM – 12:58PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Subhakrit 5124
		612276574	Rahu 3:31PM – 4:48PM	Vanija Until 5:47AM Mon	Nataraja: Clear		Moon 10 - Phase 28 - 27 4th Phase
Creative Work Amrita Yoga				Moon – Clear	Bhuloka Day		
Until 1:25PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Monroe, NJ
	Copper Retreat Star		Gulika 12:57PM – 2:14PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Sun 28 Sutra 204
	Mesha Rasi: 8.56	Tithi 15	Yama 10:25AM – 11:41AM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Subhakrit 5124
	Family Home Evening	722276574	Rahu 7:52AM – 9:08AM	Vistil Until 5:52PM	Nataraja: Clear		Moon 10 - Phase 28 - Purnima
Creative Work Siddha Yoga				Moon – White	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ
	Silver Retreat Star		Gulika 11:41AM – 12:57PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Sun 29 Sutra 205
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 9:09AM – 10:25AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Subhakrit 5124
		722276574	Rahu 2:13PM – 3:29PM	Balava Until 6:23PM	Nataraja: Clear		Moon 10 - Phase 28 - Prathama
Creative Work Siddha Yoga				Moon – White	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ
Simha Rasi: 23.13	Tithi 25			Gulika 8:02AM – 9:15AM	Purvaphalguni Until 12:35PM	Ganesha: Orange	Sunrise: 6:48AM	Sun 9
		753376575		Yama 2:09PM – 3:23PM	Vaidhriti* Until 2:37PM	Muruqa: Clear	Sunset: 4:36PM	Moon 11 - Phase 30 - 9
Creative Work	Siddha Yoga			Rahu 10:29AM – 11:42AM	Vanija Until 11:37AM	Nataraja: Purple		2nd Phase
					Dashami Until 12:00AM Sat	Moon – Red		Sivaloka Day
						Karttika-Karttikai		

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ
Kanya Rasi: 5.51	Tithi 26			Gulika 6:50AM – 8:03AM	Uttaraphalguni Until 1:34PM	Ganesha: Orange	Sunrise: 6:50AM	Sun 10
		753376575		Yama 12:56PM – 2:09PM	Vishkambha* Until 1:53PM	Muruqa: Clear	Sunset: 4:36PM	Moon 11 - Phase 30 - 10
Routine Work	Marana Yoga			Rahu 9:16AM – 10:29AM	Bava Until 12:13PM	Nataraja: Purple		2nd Phase
					Ekadashi* Until 12:13AM Sun	Moon – Red		Sivaloka Day
						Karttika-Karttikai		

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Monroe, NJ
Kanya Rasi: 18.5	Tithi 27			Gulika 2:09PM – 3:22PM	Hasta Until 2:07PM	Ganesha: Light Blue	Sunrise: 6:51AM	Sun 11
		763376575		Yama 11:43AM – 12:56PM	Priti Until 12:33PM	Muruqa: Clear	Sunset: 4:35PM	Moon 11 - Phase 30 - 11
Creative Work	Amrita Yoga			Rahu 3:22PM – 4:35PM	Kaulava Until 12:03PM	Nataraja: Purple		2nd Phase
Until 2:07PM					Dvadashti* Until 11:40PM	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga						Karttika-Karttikai		

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Monroe, NJ
Tula Rasi: 2.14	Tithi 28			Gulika 12:56PM – 2:09PM	Chitra Until 1:45PM	Ganesha: Light Blue	Sunrise: 6:52AM	Sun 12
Family Home Evening		763376575		Yama 10:30AM – 11:43AM	Ayushman Until 10:36AM	Muruqa: Clear	Sunset: 4:34PM	Moon 11 - Phase 30 - 12
Routine Work	Prabalarishta Yoga			Rahu 8:05AM – 9:18AM	Gara Until 11:07AM	Nataraja: Purple		2nd Phase
Until 1:45PM					Trayodashi* Until 10:22PM	Moon – Green		Devaloka Day
Then Creative Work - Amrita Yoga						Karttika-Karttikai		
						<i>Pradosha Vrata (Fasting)</i>		

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Monroe, NJ
Tula Rasi: 16.03	Tithi 29			Gulika 11:43AM – 12:56PM	Svati Until 12:34PM	Ganesha: Light Blue	Sunrise: 6:53AM	Sun 13
		763376575		Yama 9:18AM – 10:31AM	Saubhagya Until 8:07AM	Muruqa: Clear	Sunset: 4:34PM	Moon 11 - Phase 30 - 13
Creative Work	Siddha Yoga			Rahu 2:09PM – 3:21PM	Visti Until 9:30AM	Nataraja: Purple		2nd Phase
Until 12:34PM					Chaturdashi* Until 8:26PM	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga						Karttika-Karttikai		

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ
Retreat Star				Gulika 10:31AM – 11:44AM	Vishakha Until 11:07AM	Ganesha: Purple	Sunrise: 6:54AM	Sun 14
Vrischika Rasi: 0.15	Tithi 30 – 1			Yama 8:07AM – 9:19AM	Athiganda* Until 1:48AM Thu	Muruqa: Clear	Sunset: 4:33PM	Moon 11 - Phase 30 - 14
		773376575		Rahu 11:44AM – 12:56PM	Catuspada Until 7:16AM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga				Amavasya* Until 5:58PM	Moon – Orange		Devaloka Day
						Karttika-Karttikai		

Thurs		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ
Retreat Star				Gulika 9:20AM – 10:32AM	Anuradha Until 9:06AM	Ganesha: Purple	Sunrise: 6:55AM	Sun 15
Vrischika Rasi: 14.46	Tithi 1 – 2			Yama 6:55AM – 8:08AM	Sukarma Until 10:11PM	Muruqa: Clear	Sunset: 4:33PM	Moon 11 - Phase 30 - 15
		773376575		Rahu 12:56PM – 2:08PM	Balava Until 1:39AM Fri	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga				Prathama* Until 3:08PM	Moon – Orange		Devaloka Day
Until 9:06AM						Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 16 Sutra 222 Subhakrit 5124	
Vrischika Rasi: 29.29	Tithi 2 – 3	Gulika 8:08AM – 9:20AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 6:56AM	Muruqa: Clear	<i>Sunset:</i> 4:32PM
		Yama 2:08PM – 3:20PM	Dhriti Until 6:27PM	Moon – Orange			Moon 11 - Phase 31 - 16
		773376575 Rahu 10:32AM – 11:44AM	Taitila Until 10:32PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:05PM	Margasira-Karttikai		Devaloka Day	
Until 6:41AM							
Then Creative Work - Amrita Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Monroe, NJ Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 14.17	Tithi 3 – 4	Gulika 6:58AM – 8:09AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:58AM	Muruqa: Clear	<i>Sunset:</i> 4:32PM
		Yama 12:56PM – 2:08PM	Shula* Until 2:41PM	Moon – Light Blue			Moon 11 - Phase 31 - 17
		783376575 Rahu 9:21AM – 10:33AM	Vanija Until 7:26PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:57AM	Margasira-Karttikai		Devaloka Day	
Until 2:06AM Sun							
Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Monroe, NJ Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 29.02	Tithi 5	Gulika 2:08PM – 3:20PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:59AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM
		Yama 11:45AM – 12:57PM	Ganda* Until 11:00AM	Moon – Light Blue			Moon 11 - Phase 31 - 18
		783376575 Rahu 3:20PM – 4:31PM	Bava Until 4:29PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 3:04AM Mon	Margasira-Karttikai		Devaloka Day	
Until 10:06PM							
Then Creative Work - Siddha Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Monroe, NJ Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 13.39	Tithi 6	Gulika 12:57PM – 2:08PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 7:00AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM
Family Home Evening		Yama 10:34AM – 11:45AM	Vridhi Until 7:32AM	Moon – Purple			Moon 11 - Phase 31 - 19
Creative Work	Amrita Yoga	793376575 Rahu 8:11AM – 9:23AM	Kaulava Until 1:47PM	Nataraja: Purple			3rd Phase
Until 10:06PM			Shashthi* Until 12:34AM Tue	Margasira-Karttikai		Sivaloka Day	
Then Creative Work - Siddha Yoga							
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Monroe, NJ Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 28.01	Tithi 7	Gulika 11:46AM – 12:57PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 7:01AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM
		Yama 9:23AM – 10:34AM	Vyaghata* Until 1:29AM Wed	Moon – Purple			Moon 11 - Phase 31 - 20
		794376575 Rahu 2:08PM – 3:19PM	Gara Until 11:28AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 10:28PM	Margasira-Karttikai		Sivaloka Day	
Until 8:39PM							
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 12.06	Tithi 8	Gulika 10:35AM – 11:46AM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 7:02AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM
		Yama 8:13AM – 9:24AM	Harshana Until 11:02PM	Moon – Purple			Moon 11 - Phase 31 - 21
		794376575 Rahu 11:46AM – 12:57PM	Visti Until 9:37AM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:51PM	Margasira-Karttikai		Sivaloka Day	
Until 7:32PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Monroe, NJ Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 25.52	Tithi 9	Gulika 9:25AM – 10:36AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 7:03AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM
		Yama 7:03AM – 8:14AM	Vajra* Until 8:57PM	Moon – Clear			Moon 11 - Phase 31 - 22
		714376575 Rahu 12:57PM – 2:08PM	Balava Until 8:15AM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 7:45PM	Margasira-Karttikai		Sivaloka Day	
Until 7:32PM							
Then Creative Work - Amrita Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Monroe, NJ
Meena Rasi: 9.2		Tithi 10		Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23
Creative Work		Siddha Yoga		Gulika 8:15AM – 9:25AM	Uttaraproshtapada Until 7:14PM	Ganesha: Red	<i>Sunrise:</i> 7:04AM	Subhakrit 5124
		714376575		Yama 2:08PM – 3:19PM	Siddhi Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 32 - 23
				Rahu 10:36AM – 11:47AM	Taitila Until 7:25AM	Nataraja: Purple		4th Phase
					Dashami Until 7:10PM	Moon – Clear		Sivaloka Day
						Margasira-Karttikai		

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Monroe, NJ
Meena Rasi: 22.32		Tithi 11		Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24
Routine Work		Prabalarishta Yoga		Gulika 7:05AM – 8:16AM	Revati Until 7:37PM	Ganesha: Red	<i>Sunrise:</i> 7:06AM	Subhakrit 5124
Until 7:37PM		714376575		Yama 12:58PM – 2:08PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - 24
Then Creative Work - Siddha Yoga				Rahu 9:26AM – 10:37AM	Vanija Until 7:05AM	Nataraja: Purple		4th Phase
				Gita Jayanthi	Ekadashi Until 7:06PM	Moon – Clear		Sivaloka Day
						Margasira-Karttikai		

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Monroe, NJ
Mesha Rasi: 5.29		Tithi 12		Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25
Creative Work		Siddha Yoga		Gulika 2:08PM – 3:19PM	Ashvini Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM	Subhakrit 5124
Until 8:45PM		724376575		Yama 11:48AM – 12:58PM	Varyan Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - 25
Then Routine Work - Prabalarishta Yoga				Rahu 3:19PM – 4:29PM	Bava Until 7:15AM	Nataraja: Purple		4th Phase
					Dvodashi Until 7:30PM	Moon – White		Devaloka Day
						Margasira-Karttikai		

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Monroe, NJ
Mesha Rasi: 18.12		Tithi 13		Bharani Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
Family Home Evening		724376575		Gulika 12:58PM – 2:09PM	Bharani Until 10:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:07AM	Subhakrit 5124
Creative Work		Siddha Yoga		Yama 10:38AM – 11:48AM	Parigha* Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - 26
Until 10:09PM				Rahu 8:17AM – 9:27AM	Kaulava Until 7:53AM	Nataraja: Purple		4th Phase
Then Routine Work - Marana Yoga					Trayodashi Until 8:20PM	Moon – White		Devaloka Day
						Margasira-Karttikai		
								<i>Pradosha Vrata</i>

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Monroe, NJ
Vrishabha Rasi: 0.44		Tithi 14		Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
Creative Work		Siddha Yoga		Gulika 11:48AM – 12:59PM	Krittika Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
Until 11:47PM		724376575		Yama 9:28AM – 10:38AM	Shiva Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - 27
Then Creative Work - Amrita Yoga				Rahu 2:09PM – 3:19PM	Gara Until 8:56AM	Nataraja: Purple		4th Phase
				Krittika Deepam	Chaturdashi* Until 9:35PM	Moon – White		Devaloka Day
						Margasira-Karttikai		

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Monroe, NJ
Vrishabha Rasi: 13.05		Tithi 15		Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 234
Copper Retreat Star		734376575		Gulika 10:39AM – 11:49AM	Rohini Until 2:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
Creative Work		Siddha Yoga		Yama 8:19AM – 9:29AM	Siddha Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - Purnima
Until 2:05AM Thu				Rahu 11:49AM – 12:59PM	Visti Until 10:22AM	Nataraja: Purple		
Then Routine Work - Marana Yoga					Purnima* Until 11:12PM	Moon – Yellow		Sivaloka Day
						Margasira-Karttikai		

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Monroe, NJ		
Silver Retreat Star		Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 235		
Vrishabha Rasi: 25.18		Tithi 16		Gulika 9:30AM – 10:39AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
Routine Work		Marana Yoga		Yama 7:10AM – 8:20AM	Sadhya Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - Prathama
Until 4:32AM Fri		734376575		Rahu 12:59PM – 2:09PM	Balava Until 12:10PM	Nataraja: Purple		
Then Creative Work - Siddha Yoga					Prathama* Until 1:09AM Fri	Moon – Yellow		Sivaloka Day
				Vinayaga Viratam Begins		Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Monroe, NJ
Sutra 236

Mithuna Rasi: 7.23 Tithi 17
734476575
Creative Work Siddha Yoga

Gulika 8:20AM – 9:30AM
Yama 2:09PM – 3:19PM
Rahu 10:40AM – 11:50AM

Ardra Until 7:03AM Sat
Subha Until 5:14PM
Tailila Until 2:15PM
Dvitiya Until 3:22AM Sat

Ganesha: Red *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Margasira-Karttikai

Subhakarit 5124
Moon 12 - Phase 33 -
1st Phase

1

Saturday, December 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Monroe, NJ
Sun 1 Sutra 237

Mithuna Rasi: 19.23 Tithi 18
734476575
Creative Work Siddha Yoga

Gulika 7:11AM – 8:21AM
Yama 1:00PM – 2:10PM
Rahu 9:31AM – 10:41AM

Ardra Until 7:03AM
Sukla Until 5:54PM
Vanija Until 4:35PM
Tritiya Until 5:47AM Sun

Ganesha: Red *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Margasira-Karttikai

Subhakarit 5124
Moon 12 - Phase 33 - 1
1st Phase

2

Sunday, December 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Monroe, NJ
Sun 2 Sutra 238

Kataka Rasi: 1.17 Tithi 19
744476575
Creative Work Siddha Yoga

Gulika 2:10PM – 3:19PM
Yama 11:51AM – 1:00PM
Rahu 3:19PM – 4:29PM

Punarvasu Until 10:06AM
Brahma Until 6:42PM
Bava Until 7:04PM
Chaturthi* Until 8:19AM Mon

Ganesha: Green *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

Subhakarit 5124
Moon 12 - Phase 33 - 2
1st Phase

3

Monday, December 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ
Sun 3 Sutra 239

Kataka Rasi: 13.1 Tithi 19 – 20
745476575
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:01PM – 2:10PM
Yama 10:42AM – 11:51AM
Rahu 8:23AM – 9:32AM

Pushya Until 1:03PM
Indra Until 7:33PM
Kaulava Until 9:36PM
Chaturthi* Until 8:19AM

Ganesha: White *Sunrise:* 7:13AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

Subhakarit 5124
Moon 12 - Phase 33 - 3
1st Phase

4

Tuesday, December 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ
Sun 4 Sutra 240

Kataka Rasi: 25.02 Tithi 20 – 21
745476575
Creative Work Siddha Yoga

Gulika 11:52AM – 1:01PM
Yama 9:33AM – 10:42AM
Rahu 2:10PM – 3:20PM

Ashlesha* Until 3:48PM
Vaidhrili* Until 8:19PM
Gara Until 12:03AM Wed
Panchami Until 10:49AM

Ganesha: White *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

Subhakarit 5124
Moon 12 - Phase 33 - 4
1st Phase

5

Wednesday, December 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Monroe, NJ
Sun 5 Sutra 241

Simha Rasi: 6.58 Tithi 21 – 22
755476575
Creative Work Siddha Yoga
Until 6:42PM
Then Creative Work - Amrita Yoga

Gulika 10:43AM – 11:52AM
Yama 8:24AM – 9:33AM
Rahu 11:52AM – 1:01PM

Magha* Until 6:42PM
Vishkambha* Until 8:55PM
Visli Until 2:14AM Thu
Shashthi* Until 1:10PM

Ganesha: Clear *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Purple
Moon – Red
Sivaloka Day
Margasira-Karttikai

Subhakarit 5124
Moon 12 - Phase 33 - 5
1st Phase

6

Thursday, December 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ
Sun 6 Sutra 242

Simha Rasi: 19.01 Tithi 22 – 23
755476575
Creative Work Siddha Yoga

Gulika 9:34AM – 10:43AM
Yama 7:15AM – 8:25AM
Rahu 1:02PM – 2:11PM

Purvaphalguni Until 9:02PM
Priti Until 9:13PM
Balava Until 3:57AM Fri
Saptami Until 3:08PM

Ganesha: Clear *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Purple
Moon – Red
Sivaloka Day
Margasira-Markali

Subhakarit 5124
Moon 12 - Phase 33 - 6
1st Phase

7

Friday, December 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Monroe, NJ
Sun 7 Sutra 243

Kanya Rasi: 1.16 Tithi 23 – 24
855476575
Creative Work Siddha Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Gulika 8:25AM – 9:35AM
Yama 2:12PM – 3:21PM
Rahu 10:44AM – 11:53AM

Uttaraphalguni Until 10:38PM
Ayushman Until 9:02PM
Tailila Until 5:01AM Sat
Ashtami* Until 4:33PM

Ganesha: White *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Purple
Moon – Red
Devaloka Day
Margasira-Markali

Subhakarit 5124
Moon 12 - Phase 33 - 7
Ashtami

Saturday, December 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ
Sun 8 Sutra 244

Kanya Rasi: 13.47 Tithi 24 – 25
865476575
Routine Work Marana Yoga

Gulika 7:17AM – 8:26AM
Yama 1:03PM – 2:12PM
Rahu 9:35AM – 10:44AM

Hasta Until 11:49PM
Saubhagya Until 8:17PM
Vanija Until 5:17AM Sun
Navami* Until 5:14PM

Ganesha: Clear *Sunrise:* 7:17AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Purple
Moon – Green
Sivaloka Day
Margasira-Markali

Subhakarit 5124
Moon 12 - Phase 33 - 8
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 2:12PM – 3:22PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	
		Yama 11:54AM – 1:03PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 34 - 9
	865476575	Rahu 3:22PM – 4:31PM	Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:05PM	Moon – Green		Sivaloka Day
Until 12:01AM Mon				Margasira*Markali		
Then Creative Work - Amrita Yoga						

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 10.01	Tithi 26 – 27	Gulika 1:04PM – 2:13PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	
Family Home Evening		Yama 10:45AM – 11:55AM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 34 - 10
Creative Work	Amrita Yoga	865476575	Rahu 8:27AM – 9:36AM	Nataraja: Purple		2nd Phase
Until 11:15PM			Kaulava Until 3:17AM Tue	Moon – Green		Sivaloka Day
Then Routine Work - Marana Yoga			Ekadashi* Until 4:04PM	Margasira*Markali		

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 23.5	Tithi 27 – 28	Gulika 11:55AM – 1:04PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:19AM	
		Yama 9:37AM – 10:46AM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 34 - 11
	875476575	Rahu 2:13PM – 3:23PM	Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:15PM	Moon – Orange		Devaloka Day
Until 10:01PM				Margasira*Markali		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 10:46AM – 11:56AM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM	
		Yama 8:28AM – 9:37AM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 34 - 12
	876476575	Rahu 11:56AM – 1:05PM	Visti Until 10:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day
		Day 1 of Pancha Ganapati		Margasira*Markali		

Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ Sun 13 Sutra 249 Subhakrit 5124
Retreat Star		Gulika 9:38AM – 10:47AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	
Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:20AM – 8:29AM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 34 - 13
	876476575	Rahu 1:05PM – 2:14PM	Catuspada Until 7:02PM	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day
Until 5:22PM		Day 2 of Pancha Ganapati		Margasira*Markali		
Then Creative Work - Siddha Yoga						

Friday, December 23, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sun 14 Sutra 250 Subhakrit 5124
Retreat Star		Gulika 8:29AM – 9:38AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:20AM	
Dhanus Rasi: 7.5	Tithi 1	Yama 2:15PM – 3:24PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 34 - 14
	886476575	Rahu 10:47AM – 11:57AM	Kintughna Until 3:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day
Until 2:42PM		Day 3 of Pancha Ganapati		Pausha*Markali		
Then Routine Work - Prabalarishta Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Monroe, NJ
Dhanus Rasi: 23	Tithi 2	886486575	Gulika 7:21AM – 8:30AM Yama 1:06PM – 2:15PM Rahu 9:39AM – 10:48AM	Purvashadha* Until 11:46AM Dhruva Until 6:40PM Balava Until 11:49AM Dvitiya Until 9:58PM	Ganesha: Orange Muruḡa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:34PM	Sun 15	Sutra 251 Subhakrit 5124 Moon 12 - Phase 35 - 15 3rd Phase
Creative Work Siddha Yoga Until 11:46AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati		Subha Sivaloka Day				

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ
Makara Rasi: 8.1	Tithi 3	886486575	Gulika 2:16PM – 3:25PM Yama 11:58AM – 1:07PM Rahu 3:25PM – 4:34PM	Uttarashadha Until 8:46AM Vyaghata* Until 2:30PM Taitila Until 8:11AM Tritiya Until 6:26PM	Ganesha: Orange Muruḡa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:34PM	Sun 16	Sutra 252 Subhakrit 5124 Moon 12 - Phase 35 - 16 3rd Phase
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Subha Sivaloka Day				

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ
Makara Rasi: 23.1	Tithi 4 – 5	896486576	Gulika 1:07PM – 2:17PM Yama 10:49AM – 11:58AM Rahu 8:30AM – 9:40AM	Shravana Until 6:15AM Harshana Until 10:35AM Bava Until 1:47AM Tue Chaturthi* Until 3:13PM	Ganesha: Clear Muruḡa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	<i>Sunrise:</i> 7:21AM <i>Sunset:</i> 4:35PM	Sun 17	Sutra 253 Subhakrit 5124 Moon 12 - Phase 35 - 17 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 6:15AM Then Creative Work - Siddha Yoga				Sivaloka Day				

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Monroe, NJ
Kumbha Rasi: 7.52	Tithi 5 – 6	896486576	Gulika 11:59AM – 1:08PM Yama 9:40AM – 10:49AM Rahu 2:17PM – 3:26PM	Shatabhishak Until 2:08AM Wed Vajra* Until 6:58AM Kaulava Until 11:18PM Panchami Until 12:27PM	Ganesha: Clear Muruḡa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:36PM	Sun 18	Sutra 254 Subhakrit 5124 Moon 12 - Phase 35 - 18 3rd Phase
Routine Work Marana Yoga Until 2:08AM Wed Then Creative Work - Amrita Yoga				Sivaloka Day				

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ
Kumbha Rasi: 22.11	Tithi 6 – 7	817486576	Gulika 10:50AM – 11:59AM Yama 8:31AM – 9:41AM Rahu 11:59AM – 1:08PM	Purvaproshtapada* Until 1:12AM Thu Vyatipata* Until 1:14AM Thu Gara Until 9:27PM Shashthi* Until 10:16AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:36PM	Sun 19	Sutra 255 Subhakrit 5124 Moon 12 - Phase 35 - 19 3rd Phase
Creative Work Amrita Yoga Until 1:12AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Devaloka Day				

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau				Monroe, NJ
Meena Rasi: 6.04	Tithi 7 – 8	817486576	Gulika 9:41AM – 10:50AM Yama 7:22AM – 8:32AM Rahu 1:09PM – 2:18PM	Uttaraproshtapada Until 12:51AM Fri Variyan Until 11:11PM Visiti Until 8:20PM Saptami Until 8:47AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:37PM	Sun 20	Sutra 256 Subhakrit 5124 Moon 12 - Phase 35 - 20 Ashtami
Creative Work Siddha Yoga				Devaloka Day				

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ
Meena Rasi: 19.31	Tithi 8 – 9	817486576	Gulika 8:32AM – 9:41AM Yama 2:19PM – 3:28PM Rahu 10:51AM – 12:00PM	Revati Until 1:04AM Sat Parigha* Until 9:44PM Balava Until 7:57PM Ashtami* Until 8:02AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	<i>Sunrise:</i> 7:22AM <i>Sunset:</i> 4:38PM	Sun 21	Sutra 257 Subhakrit 5124 Moon 12 - Phase 35 - 21 Navami
Creative Work Siddha Yoga				Devaloka Day				

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
	Mesha Rasi: 2.34	Tithi 9 – 10	827486576	Gulika 7:23AM – 8:32AM Yama 1:10PM – 2:20PM Rahu 9:42AM – 10:51AM	Ashvini Until 2:16AM Sun Shiva Until 8:51PM Taitila Until 8:17PM Navami* Until 8:01AM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:39PM Nataraja: Clear Moon – White	Sun 22 Sutra 258 Subhakrit 5124 Moon 12 - Phase 36 - 22 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 2:16AM Sun Then Routine Work - Prabalarishta Yoga							

2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Mesha Rasi: 15.17	Tithi 10 – 11	827486576	Gulika 2:20PM – 3:30PM Yama 12:01PM – 1:11PM Rahu 3:30PM – 4:39PM	Bharani Until 3:53AM Mon Siddha Until 8:24PM Vanija Until 9:16PM Dashami Until 8:41AM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:39PM Nataraja: Clear Moon – White	Sun 23 Sutra 259 Subhakrit 5124 Moon 12 - Phase 36 - 23 4th Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 3:53AM Mon Then Routine Work - Marana Yoga							

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
	Mesha Rasi: 27.45	Tithi 11 – 12	827486576	Gulika 1:11PM – 2:21PM Yama 10:52AM – 12:02PM Rahu 8:33AM – 9:42AM	Krittika Until 5:47AM Tue Sadhya Until 8:22PM Bava Until 10:44PM Ekadashi Until 9:55AM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:40PM Nataraja: Clear Moon – White	Sun 24 Sutra 260 Subhakrit 5124 Moon 12 - Phase 36 - 24 4th Phase Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 5:47AM Tue Then Creative Work - Amrita Yoga							

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
	Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	Gulika 12:02PM – 1:12PM Yama 9:42AM – 10:52AM Rahu 2:22PM – 3:31PM	Rohini Until 8:21AM Wed Subha Until 8:38PM Kaulava Until 12:35AM Wed Dvadashi Until 11:36AM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:41PM Nataraja: Clear Moon – Yellow	Sun 25 Sutra 261 Subhakrit 5124 Moon 12 - Phase 36 - 25 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 8:21AM Wed Then Creative Work - Siddha Yoga <i>Pradosha Vrata</i>							

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
	Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	Gulika 10:53AM – 12:03PM Yama 8:33AM – 9:43AM Rahu 12:03PM – 1:12PM	Rohini Until 8:21AM Sukla Until 9:05PM Gara Until 2:43AM Thu Trayodashi Until 1:36PM	Ganesha: White <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Yellow	Sun 26 Sutra 262 Subhakrit 5124 Moon 12 - Phase 36 - 26 4th Phase Devaloka Day
Creative Work Siddha Yoga							

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ
	Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	Gulika 9:43AM – 10:53AM Yama 7:23AM – 8:33AM Rahu 1:13PM – 2:23PM	Mrigashira Until 10:59AM Brahma Until 9:42PM Visti Until 5:01AM Fri Chaturdashi* Until 3:50PM	Ganesha: White <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Yellow	Sun 27 Sutra 263 Subhakrit 5124 Moon 12 - Phase 36 - 27 4th Phase Devaloka Day
Routine Work Marana Yoga Subramuniyaswami Jayanti Pausha-Markali							

○	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau				Monroe, NJ	
	Copper Retreat Star		Mithuna Rasi: 16.08	Tithi 15	838586576	Gulika 8:33AM – 9:43AM Yama 2:24PM – 3:34PM Rahu 10:53AM – 12:03PM	Ardra Until 1:36PM Indra Until 10:25PM Bava Until 6:12PM Purnima* Until 6:12PM	Ganesha: White <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:44PM Nataraja: Clear Moon – Yellow
Creative Work Siddha Yoga Ardra Darshanam Pausha-Markali								

○	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ	
	Silver Retreat Star		Mithuna Rasi: 28.03	Tithi 16	848586576	Gulika 7:23AM – 8:33AM Yama 1:14PM – 2:24PM Rahu 9:43AM – 10:54AM	Punarvasu Until 4:38PM Vaidhriti* Until 11:10PM Balava Until 7:26AM Prathama* Until 8:39PM	Ganesha: Clear <i>Sunrise:</i> 7:23AM Muruqa: Purple <i>Sunset:</i> 4:45PM Nataraja: Clear Moon – Blue
Creative Work Siddha Yoga Pausha-Markali								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:25PM – 3:36PM **Pushya Until 7:33PM**
Yama 12:04PM – 1:15PM Vishkambha* Until 11:57PM
Rahu 3:36PM – 4:46PM Taitila Until 9:55AM
Dvitiya Until 11:09PM

Ganesha: Clear *Sunrise:* 7:23AM
Muruqa: Purple *Sunset:* 4:46PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 1 Sutra 266
Subhakit 5124
Moon 1 - Phase 37 - 1
1st Phase

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:15PM – 2:26PM **Ashlesha* Until 10:17PM**
Yama 10:54AM – 12:05PM Priti Until 12:45AM Tue
Rahu 8:33AM – 9:44AM Vanija Until 12:25PM
Tritiya Until 1:37AM Tue

Ganesha: Clear *Sunrise:* 7:22AM
Muruqa: Purple *Sunset:* 4:47PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 2 Sutra 267
Subhakit 5124
Moon 1 - Phase 37 - 2
1st Phase

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:05PM – 1:16PM **Magha* Until 1:16AM Wed**
Yama 9:44AM – 10:54AM Ayushman Until 1:26AM Wed
Rahu 2:27PM – 3:37PM Bava Until 2:51PM
Chaturthi* Until 3:59AM Wed

Ganesha: Clear *Sunrise:* 7:22AM
Muruqa: Purple *Sunset:* 4:48PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 3 Sutra 268
Subhakit 5124
Moon 1 - Phase 37 - 3
1st Phase

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:55AM – 12:06PM **Purvaphalguni Until 3:51AM Thu**
Yama 8:33AM – 9:44AM Saubhagya Until 1:58AM Thu
Rahu 12:06PM – 1:16PM Kaulava Until 5:07PM
Panchami Until 6:07AM Thu

Ganesha: Clear *Sunrise:* 7:22AM
Muruqa: Purple *Sunset:* 4:49PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 4 Sutra 269
Subhakit 5124
Moon 1 - Phase 37 - 4
1st Phase

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:44AM – 10:55AM **Uttaraphalguni Until 5:55AM Fri**
Yama 7:22AM – 8:33AM Sobhana Until 2:13AM Fri
Rahu 1:17PM – 2:28PM Gara Until 7:03PM
Panchami Until 6:07AM

Ganesha: Clear *Sunrise:* 7:22AM
Muruqa: Purple *Sunset:* 4:50PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 5 Sutra 270
Subhakit 5124
Moon 1 - Phase 37 - 5
1st Phase

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:33AM – 9:44AM **Hasta Until 7:46AM Sat**
Yama 2:29PM – 3:40PM Athiganda* Until 2:03AM Sat
Rahu 10:55AM – 12:06PM Visti Until 8:30PM
Shashthi* Until 7:50AM

Ganesha: Clear *Sunrise:* 7:21AM
Muruqa: Purple *Sunset:* 4:51PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 6 Sutra 271
Subhakit 5124
Moon 1 - Phase 37 - 6
1st Phase

Retreat Star

Saturday, January 14, 2023

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:21AM – 8:33AM **Hasta Until 7:46AM**
Yama 1:18PM – 2:30PM Sukarma Until 1:21AM Sun
Rahu 9:44AM – 10:55AM Balava Until 9:17PM
Saptami Until 8:58AM

Ganesha: White *Sunrise:* 7:21AM
Muruqa: Purple *Sunset:* 4:52PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Monroe, NJ
Sun 7 Sutra 272
Subhakit 5124
Moon 1 - Phase 37 - 7
Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:30PM – 3:42PM **Chitra Until 8:45AM**
Yama 12:07PM – 1:19PM Dhriti Until 12:03AM Mon
Rahu 3:42PM – 4:53PM Taitila Until 9:15PM
Ashtami* Until 9:21AM

Ganesha: White *Sunrise:* 7:21AM
Muruqa: Purple *Sunset:* 4:53PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Monroe, NJ
Sun 8 Sutra 273
Subhakit 5124
Moon 1 - Phase 37 - 8
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


1		Monday, January 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Monroe, NJ Sun 9 Sutra 274 Subhakrit 5124
Tula Rasi: 18.22	Tithi 24 – 25	Gulika	1:19PM – 2:31PM	Svati Until 8:46AM	Ganesha: White	<i>Sunrise:</i> 7:20AM	
Family Home Evening	869586576	Yama	10:56AM – 12:07PM	Shula* Until 10:03PM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 1 - Phase 38 - 9
Creative Work	Amrita Yoga	Rahu	8:32AM – 9:44AM	Vanija Until 8:23PM	Nataraja: Clear		2nd Phase
Until 8:46AM				Navami* Until 8:54AM	Moon – Green		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		

2		Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Monroe, NJ Sun 10 Sutra 275 Subhakrit 5124
Vrischika Rasi: 2.01	Tithi 25 – 26	Gulika	12:08PM – 1:20PM	Vishakha Until 8:15AM	Ganesha: Yellow	<i>Sunrise:</i> 7:20AM	
	879586576	Yama	9:44AM – 10:56AM	Ganda* Until 7:24PM	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 38 - 10
Routine Work	Marana Yoga	Rahu	2:32PM – 3:44PM	Bava Until 6:40PM	Nataraja: Clear		2nd Phase
Until 8:15AM				Dashami Until 7:36AM	Moon – Orange		Sivaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai		

3		Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau			Monroe, NJ Sun 11 Sutra 276 Subhakrit 5124
Vrischika Rasi: 16.1	Tithi 27	Gulika	10:56AM – 12:08PM	Anuradha Until 6:48AM	Ganesha: Yellow	<i>Sunrise:</i> 7:19AM	
	871586576	Yama	8:32AM – 9:44AM	Vriddhi Until 4:11PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Moon 1 - Phase 38 - 11
Creative Work	Siddha Yoga	Rahu	12:08PM – 1:20PM	Kaulava Until 4:13PM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 2:44AM Thu	Moon – Orange		Sivaloka Day
					Pausha*Thai		

4		Thursday, January 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Monroe, NJ Sun 12 Sutra 277 Subhakrit 5124
Dhanus Rasi: 0.47	Tithi 28	Gulika	9:44AM – 10:56AM	Mula* Until 2:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:19AM	
	881586576	Yama	7:19AM – 8:31AM	Dhruva Until 12:26PM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 38 - 12
Creative Work	Siddha Yoga	Rahu	1:21PM – 2:33PM	Gara Until 1:09PM	Nataraja: Clear		2nd Phase
Until 2:04AM Fri				Trayodashi* Until 11:25PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga					Pausha*Thai		
					<i>Pradosha Vrata (Fasting)</i>		

5		Friday, January 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Monroe, NJ Sun 13 Sutra 278 Subhakrit 5124
Dhanus Rasi: 15.48	Tithi 29	Gulika	8:31AM – 9:43AM	Purvashadha* Until 11:06PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM	
	881586576	Yama	2:34PM – 3:47PM	Vyaghata* Until 8:20AM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 38 - 13
Routine Work	Prabalarishta Yoga	Rahu	10:56AM – 12:09PM	Visti Until 9:38AM	Nataraja: Clear		2nd Phase
Until 11:06PM				Chaturdashi* Until 7:44PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		

		Saturday, January 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Monroe, NJ Sun 14 Sutra 279 Subhakrit 5124
Retreat Star		Gulika	7:18AM – 8:30AM	Uttarashadha Until 7:51PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM	
Makara Rasi: 1.04	Tithi 30 – 1	Yama	1:22PM – 2:35PM	Vajra* Until 11:34PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 38 - 14
	881586576	Rahu	9:43AM – 10:56AM	Kintughna Until 1:57AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 3:53PM	Moon – Light Blue		Sivaloka Day
Until 7:51PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

Sunday, January 22, 2023		Retreat Star			Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Monroe, NJ Sun 15 Sutra 280 Subhakrit 5124
Makara Rasi: 16.23	Tithi 1 – 2	Gulika	2:35PM – 3:49PM	Shravana Until 4:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM		
	891586576	Yama	12:09PM – 1:22PM	Siddhi Until 7:11PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 38 - 15	
Creative Work	Amrita Yoga	Rahu	3:49PM – 5:02PM	Balava Until 10:09PM	Nataraja: Clear		Prathama	
Until 4:53PM				Prathama* Until 12:01PM	Moon – Purple		Sivaloka Day	
Then Routine Work - Marana Yoga					Magha*Thai			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ	
	Kumbha Rasi: 1.37	Tithi 2 - 3	891586576	Sun 16	Sutra 281	Subhakrit 5124	Moon 1 - Phase 39 - 16	
	Family Home Evening		Creative Work	Siddha Yoga	Sunrise: 7:16AM	Sunset: 5:03PM	Sivaloka Day	
	Gulika 1:23PM - 2:36PM	Yama 10:56AM - 12:10PM	Rahu 8:30AM - 9:43AM	Dhanishtha Until 2:00PM	Vyatipata* Until 3:01PM	Taitila Until 6:36PM	Dvitiya Until 8:19AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - Purple Magha-Thai

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Monroe, NJ
	Kumbha Rasi: 16.35	Tithi 4	991586576	Sun 17	Sutra 282	Subhakrit 5124	Moon 1 - Phase 39 - 17
	Routine Work		Marana Yoga	Sunrise: 7:16AM	Sunset: 5:04PM	Sivaloka Day	
	Gulika 12:10PM - 1:23PM	Yama 9:43AM - 10:56AM	Rahu 2:37PM - 3:50PM	Shatabhishak Until 11:24AM	Varyan Until 11:09AM	Vanija Until 3:31PM	Chaturthi* Until 2:09AM Wed

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ	
	Meena Rasi: 1.1	Tithi 5	911586576	Sun 18	Sutra 283	Subhakrit 5124	Moon 1 - Phase 39 - 18	
	Creative Work		Amrita Yoga	Until 9:38AM	Sunrise: 7:15AM	Sunset: 5:05PM	Subha Sivaloka Day	
	Gulika 10:56AM - 12:10PM	Yama 8:29AM - 9:42AM	Rahu 12:10PM - 1:24PM	Purvaproshtapada* Until 9:38AM	Parigha* Until 7:46AM	Bava Until 1:01PM	Panchami Until 12:01AM Thu	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ
	Meena Rasi: 15.15	Tithi 6	911586576	Sun 19	Sutra 284	Subhakrit 5124	Moon 1 - Phase 39 - 19
	Creative Work		Siddha Yoga	Sunrise: 7:14AM	Sunset: 5:06PM	Subha Sivaloka Day	
	Gulika 9:42AM - 10:56AM	Yama 7:14AM - 8:28AM	Rahu 1:24PM - 2:38PM	Uttaraproshtapada Until 8:26AM	Siddha Until 2:48AM Fri	Kaulava Until 11:15AM	Shashthi* Until 10:40PM

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ	
	Meena Rasi: 28.5	Tithi 7	911586576	Sun 20	Sutra 285	Subhakrit 5124	Moon 1 - Phase 39 - 20	
	Creative Work		Siddha Yoga	Until 7:55AM	Sunrise: 7:13AM	Sunset: 5:08PM	Subha Sivaloka Day	
	Gulika 8:28AM - 9:42AM	Yama 2:39PM - 3:53PM	Rahu 10:56AM - 12:11PM	Revati Until 7:55AM	Sadhya Until 1:20AM Sat	Gara Until 10:20AM	Saptami Until 10:11PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Monroe, NJ		
	Retreat Star		Mesha Rasi: 11.58	Tithi 8	921686576	Sun 21	Sutra 286	Subhakrit 5124	Moon 1 - Phase 39 - 21
	Creative Work		Siddha Yoga	Sunrise: 7:12AM	Sunset: 5:09PM	Devaloka Day			
	Gulika 7:12AM - 8:27AM	Yama 1:25PM - 2:40PM	Rahu 9:42AM - 10:56AM	Ashvini Until 8:32AM	Subha Until 12:31AM Sun	Visti Until 10:18AM	Ashtami* Until 10:34PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai	

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ		
	Retreat Star		Mesha Rasi: 24.4	Tithi 9	922686576	Sun 22	Sutra 287	Subhakrit 5124	Moon 1 - Phase 39 - 22
	Routine Work		Prabalarishta Yoga	Until 9:48AM	Sunrise: 7:12AM	Sunset: 5:10PM	Sivaloka Day		
	Gulika 2:41PM - 3:55PM	Yama 12:11PM - 1:26PM	Rahu 3:55PM - 5:10PM	Bharani Until 9:48AM	Sukla Until 12:16AM Mon	Balava Until 11:04AM	Navami* Until 11:42PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 23 Sutra 288 Subhakrit 5124
1	Vrishabha Rasi: 7.04 Family Home Evening Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	Gulika 1:26PM – 2:41PM Yama 10:56AM – 12:11PM Rahu 8:26AM – 9:41AM	Krittika Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:11AM Sunset: 5:11PM	Moon 1 - Phase 40 - 23 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 289 Subhakrit 5124
2	Vrishabha Rasi: 19.13 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	Gulika 12:11PM – 1:27PM Yama 9:41AM – 10:56AM Rahu 2:42PM – 3:57PM	Rohini Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:10AM Sunset: 5:13PM	Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 290 Subhakrit 5124
3	Mithuna Rasi: 1.13 Creative Work Siddha Yoga	Gulika 10:56AM – 12:11PM Yama 8:25AM – 9:41AM Rahu 12:11PM – 1:27PM	Mrigashira Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:10AM Sunset: 5:13PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 291 Subhakrit 5124
4	Mithuna Rasi: 13.08 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	Gulika 9:40AM – 10:56AM Yama 7:09AM – 8:24AM Rahu 1:27PM – 2:43PM	Ardra Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:09AM Sunset: 5:14PM	Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day

Pradosha Vrata

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 292 Subhakrit 5124
5	Mithuna Rasi: 25.01 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	Gulika 8:24AM – 9:40AM Yama 2:43PM – 3:59PM Rahu 10:56AM – 12:12PM	Punarvasu Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:08AM Sunset: 5:15PM	Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 28 Sutra 293 Subhakrit 5124
○	Copper Retreat Star Kataka Rasi: 6.54 Creative Work Siddha Yoga	Gulika 7:07AM – 8:23AM Yama 1:28PM – 2:44PM Rahu 9:39AM – 10:55AM	Pushya Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:07AM Sunset: 5:16PM	Moon 1 - Phase 40 - Purnima Sivaloka Day

Thai Pusam

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ Sun 29 Sutra 294 Subhakrit 5124
○	Silver Retreat Star Kataka Rasi: 18.48 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	Gulika 2:45PM – 4:01PM Yama 12:12PM – 1:28PM Rahu 4:01PM – 5:18PM	Ashlesha* Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:06AM Sunset: 5:18PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023
Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 – 17
Family Home Evening 952686577
 Routine Work Marana Yoga
 Until 7:10AM Tue
 Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:29PM – 2:45PM
 Yama 10:55AM – 12:12PM
Rahu 8:22AM – 9:38AM

Magha* Until 7:10AM Tue
 Sobhana Until 5:27AM Tue
 Taitila Until 4:54AM Tue
Prathama* Until 3:46PM

Ganesha: Purple *Sunrise:* 7:05AM
Muruqa: Purple *Sunset:* 5:19PM
Nataraja: Orange
 Moon – Red
Magha-Thai

Monroe, NJ
 Sutra 295
 Subhakrit 5124
 Moon 2 - Phase 41 -
 1st Phase

Subha Sivaloka Day

1

Tuesday, February 7, 2023

Simha Rasi: 12.44 Tithi 17 – 18
 952686577
 Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:12PM – 1:29PM
 Yama 9:38AM – 10:55AM
Rahu 2:46PM – 4:03PM

Magha* Until 7:10AM
 Athiganda* Until 5:54AM Wed
 Vanija Until 6:57AM Wed
Dvitiya Until 5:55PM

Ganesha: Purple *Sunrise:* 7:04AM
Muruqa: Purple *Sunset:* 5:20PM
Nataraja: Orange
 Moon – Red
Magha-Thai

Monroe, NJ
 Sun 1
 Sutra 296
 Subhakrit 5124
 Moon 2 - Phase 41 - 1
 1st Phase

Subha Sivaloka Day

2

Wednesday, February 8, 2023

Simha Rasi: 24.48 Tithi 18
 952686577
 Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Gulika 10:55AM – 12:12PM
 Yama 8:20AM – 9:37AM
Rahu 12:12PM – 1:29PM

Purvaphalguni Until 9:40AM
 Sukarma Until 6:11AM Thu
 Vanija Until 6:57AM
Tritiya Until 7:52PM

Ganesha: Purple *Sunrise:* 7:03AM
Muruqa: Purple *Sunset:* 5:21PM
Nataraja: Orange
 Moon – Red
Magha-Thai

Monroe, NJ
 Sun 2
 Sutra 297
 Subhakrit 5124
 Moon 2 - Phase 41 - 2
 1st Phase

Subha Sivaloka Day

3

Thursday, February 9, 2023

Kanya Rasi: 6.58 Tithi 19
 952686577
 Amrita Yoga
 Until 11:45AM
 Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:37AM – 10:54AM
 Yama 7:01AM – 8:19AM
Rahu 1:30PM – 2:47PM

Uttaraphalguni Until 11:45AM
 Sukarma Until 6:11AM
 Bava Until 8:44AM
Chaturthi* Until 9:29PM

Ganesha: Purple *Sunrise:* 7:01AM
Muruqa: Purple *Sunset:* 5:23PM
Nataraja: Orange
 Moon – Red
Magha-Thai

Maha Sankatahara Chaturthi

Monroe, NJ
 Sun 3
 Sutra 298
 Subhakrit 5124
 Moon 2 - Phase 41 - 3
 1st Phase

Subha Sivaloka Day

4

Friday, February 10, 2023

Kanya Rasi: 19.17 Tithi 20
 962686577
 Creative Work Amrita Yoga
 Until 1:48PM
 Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:18AM – 9:36AM
 Yama 2:48PM – 4:06PM
Rahu 10:54AM – 12:12PM

Hasta Until 1:48PM
 Dhriti Until 6:13AM
 Kaulava Until 10:11AM
Panchami Until 10:42PM

Ganesha: Clear *Sunrise:* 7:00AM
Muruqa: Purple *Sunset:* 5:24PM
Nataraja: Orange
 Moon – Green
Magha-Thai

Monroe, NJ
 Sun 4
 Sutra 299
 Subhakrit 5124
 Moon 2 - Phase 41 - 4
 1st Phase

Sivaloka Day

5

Saturday, February 11, 2023

Tula Rasi: 1.47 Tithi 21
 963686577
 Routine Work Marana Yoga
 Until 3:13PM
 Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:59AM – 8:17AM
 Yama 1:30PM – 2:49PM
Rahu 9:36AM – 10:54AM

Chitra Until 3:13PM
 Ganda* Until 5:06AM Sun
 Gara Until 11:08AM
Shashthi* Until 11:22PM

Ganesha: Purple *Sunrise:* 6:59AM
Muruqa: Purple *Sunset:* 5:25PM
Nataraja: Orange
 Moon – Green
Magha-Thai

Monroe, NJ
 Sun 5
 Sutra 300
 Subhakrit 5124
 Moon 2 - Phase 41 - 5
 1st Phase

Devaloka Day

6

Sunday, February 12, 2023

Tula Rasi: 14.34 Tithi 22
 963686577
 Creative Work Siddha Yoga
 Until 3:52PM
 Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Svati/Vishakha Nakshatra Vridhdhi Yoga Visiti*/Bava Karana Saptamyam Titau

Gulika 2:49PM – 4:08PM
 Yama 12:12PM – 1:31PM
Rahu 4:08PM – 5:26PM

Svati Until 3:52PM
 Vridhdhi Until 3:49AM Mon
 Visiti Until 11:29AM
Saptami Until 11:22PM

Ganesha: Purple *Sunrise:* 6:58AM
Muruqa: Purple *Sunset:* 5:26PM
Nataraja: Orange
 Moon – Green
Magha-Masi

Monroe, NJ
 Sun 6
 Sutra 301
 Subhakrit 5124
 Moon 2 - Phase 41 - 6
 1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23
 973686577
Family Home Evening
 Routine Work Marana Yoga
 Until 4:08PM
 Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:31PM – 2:50PM
 Yama 10:53AM – 12:12PM
Rahu 8:15AM – 9:34AM

Vishakha Until 4:08PM
 Dhruva Until 1:56AM Tue
 Balava Until 11:07AM
Ashtami* Until 10:39PM

Ganesha: Clear *Sunrise:* 6:57AM
Muruqa: Purple *Sunset:* 5:28PM
Nataraja: Orange
 Moon – Orange
Magha-Masi

Monroe, NJ
 Sun 7
 Sutra 302
 Subhakrit 5124
 Moon 2 - Phase 41 - 7
 Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24
 973686577
 Creative Work Siddha Yoga
 Until 3:32PM
 Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:12PM – 1:31PM
 Yama 9:34AM – 10:53AM
Rahu 2:50PM – 4:10PM

Anuradha Until 3:32PM
 Vyaghata* Until 11:29PM
 Taitila Until 10:02AM
Navami* Until 9:11PM

Ganesha: Clear *Sunrise:* 6:55AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: Orange
 Moon – Orange
Magha-Masi

Monroe, NJ
 Sun 8
 Sutra 303
 Subhakrit 5124
 Moon 2 - Phase 41 - 8
 Navami

Sivaloka Day

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ Sun 9 Sutra 304	
	Vrischika Rasi: 25.07	Tithi 25	973686577	Gulika Yama Rahu	10:53AM – 12:12PM 8:14AM – 9:33AM 12:12PM – 1:32PM	Jyeshtha* Until 2:05PM Harshana Until 8:29PM Vanija Until 8:13AM Dashami Until 7:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha•Masi	Sunrise: 6:54AM Sunset: 5:30PM Moon 2 - Phase 42 - 9 2nd Phase
	Creative Work Siddha Yoga						Sivaloka Day	
	Until 2:05PM							
Then Routine Work - Marana Yoga								

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 10 Sutra 305	
	Dhanus Rasi: 9.29	Tithi 26 – 27	983686577	Gulika Yama Rahu	9:32AM – 10:52AM 6:53AM – 8:13AM 1:32PM – 2:52PM	Mula* Until 12:18PM Vajra* Until 4:59PM Kaulava Until 2:43AM Fri Ekadashi* Until 4:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha•Masi	Sunrise: 6:53AM Sunset: 5:31PM Moon 2 - Phase 42 - 10 2nd Phase
	Creative Work Siddha Yoga						Devaloka Day	
	Until 2:05PM							
Then Routine Work - Marana Yoga								

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 11 Sutra 306	
	Dhanus Rasi: 24.14	Tithi 27 – 28	983686577	Gulika Yama Rahu	8:12AM – 9:32AM 2:52PM – 4:12PM 10:52AM – 12:12PM	Purvashadha* Until 9:53AM Siddhi Until 1:08PM Gara Until 11:19PM Dvadashi* Until 1:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha•Masi	Sunrise: 6:51AM Sunset: 5:33PM Moon 2 - Phase 42 - 11 2nd Phase
	Routine Work Prabalarishta Yoga						Devaloka Day	
	Until 9:53AM							
Then Routine Work - Marana Yoga								
<i>Pradosha Vrata (Fasting)</i>								

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 12 Sutra 307	
	Makara Rasi: 9.17	Tithi 28 – 29	983686577	Gulika Yama Rahu	6:50AM – 8:11AM 1:32PM – 2:53PM 9:31AM – 10:51AM	Uttarashadha Until 6:59AM Vyatlipata* Until 9:01AM Visti Until 7:40PM Trayodashi* Until 9:29AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha•Masi	Sunrise: 6:50AM Sunset: 5:34PM Moon 2 - Phase 42 - 12 2nd Phase
	Routine Work Marana Yoga						Devaloka Day	
	Until 6:59AM							
Then Creative Work - Siddha Yoga								

●	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Monroe, NJ Sun 13 Sutra 308			
	Retreat Star		Makara Rasi: 24.28	Tithi 30	993686577	Gulika Yama Rahu	2:53PM – 4:14PM 12:12PM – 1:33PM 4:14PM – 5:35PM	Dhanishtha Until 1:16AM Mon Parigha* Until 12:31AM Mon Catuspada Until 3:57PM Amavasya* Until 2:07AM Mon	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha•Masi	Sunrise: 6:49AM Sunset: 5:35PM Moon 2 - Phase 42 - 13 Amavasya
	Routine Work Marana Yoga						Devaloka Day			
	Until 1:16AM Mon									
Then Creative Work - Siddha Yoga										

●	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sun 14 Sutra 309			
	Retreat Star		Kumbha Rasi: 9.38	Tithi 1	993686577	Gulika Yama Rahu	1:33PM – 2:54PM 10:51AM – 12:12PM 8:08AM – 9:30AM	Shatabhishak Until 10:23PM Shiva Until 8:27PM Kintughna Until 12:21PM Prathama* Until 10:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun•Masi	Sunrise: 6:47AM Sunset: 5:36PM Moon 2 - Phase 42 - 14 Prathama
	Family Home Evening						Devaloka Day			
	Creative Work Siddha Yoga									
Then Routine Work - Marana Yoga										

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

www.gurudeva.org/panchang

1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Monroe, NJ Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	Gulika	12:12PM – 1:33PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	<i>Sunrise:</i> 6:46AM	
		Yama	9:29AM – 10:50AM	Siddha Until 4:38PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43 - 15
		913686577 Rahu	2:54PM – 4:16PM	Balava Until 9:02AM	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 7:31PM	Moon – Clear		Sivaloka Day
Until 8:10PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Monroe, NJ Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	Gulika	10:50AM – 12:12PM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:45AM	
		Yama	8:06AM – 9:28AM	Sadhya Until 1:16PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43 - 16
		913786577 Rahu	12:12PM – 1:33PM	Taitila Until 6:11AM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:57PM	Moon – Clear		Subha Sivaloka Day
Until 6:21PM					Phalguna-Masi		
Then Routine Work - Marana Yoga							

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Monroe, NJ Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	Gulika	9:27AM – 10:49AM	Revati Until 5:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:43AM	
		Yama	6:43AM – 8:05AM	Subha Until 10:27AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43 - 17
		913786577 Rahu	1:33PM – 2:56PM	Bava Until 2:28AM Fri	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 3:05PM	Moon – Clear		Subha Sivaloka Day
Until 5:05PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Monroe, NJ Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika	8:04AM – 9:26AM	Ashvini Until 4:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	
		Yama	2:56PM – 4:19PM	Sukla Until 8:15AM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 43 - 18
		923786577 Rahu	10:49AM – 12:11PM	Kaulava Until 1:51AM Sat	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:02PM	Moon – White		Sivaloka Day
Until 4:55PM					Phalguna-Masi		
Then Creative Work - Siddha Yoga							

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Monroe, NJ Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika	6:40AM – 8:03AM	Bharani Until 5:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	
		Yama	1:34PM – 2:57PM	Brahma Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 43 - 19
		924786577 Rahu	9:26AM – 10:48AM	Gara Until 2:05AM Sun	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:50PM	Moon – White		Devaloka Day
Until 5:27PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

☾		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Monroe, NJ Sun 20 Sutra 315 Subhakrit 5124
Retreat Star		Gulika	2:57PM – 4:20PM	Krittika Until 6:39PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	
Vrishabha Rasi: 3.18	Tithi 7 – 8	Yama	12:11PM – 1:34PM	Vaidhriti* Until 5:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 43 - 20
		924786577 Rahu	4:20PM – 5:43PM	Visti Until 3:09AM Mon	Nataraja: Orange		Ashtami
Creative Work	Siddha Yoga			Saptami Until 2:30PM	Moon – White		Devaloka Day
					Phalguna-Masi		

☽		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Monroe, NJ Sun 21 Sutra 316 Subhakrit 5124
Retreat Star		Gulika	1:34PM – 2:58PM	Rohini Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	
Vrishabha Rasi: 15.46	Tithi 8 – 9	Yama	10:47AM – 12:11PM	Vishkambha* Until 5:57AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 43 - 21
Family Home Evening		934786577 Rahu	8:01AM – 9:24AM	Balava Until 4:52AM Tue	Nataraja: Orange		Navami
Creative Work	Amrita Yoga			Ashtami* Until 3:55PM	Moon – Yellow		Sivaloka Day
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Monroe, NJ Sun 22 Sutra 317 Subhakrit 5124	
Wrishabha Rasi: 27.56	Tithi 9 – 10	934786577	Gulika 12:11PM – 1:34PM Yama 9:23AM – 10:47AM Rahu 2:58PM – 4:22PM	Mrigashira Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed Navami* Until 5:54PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:36AM Sunset: 5:46PM	Moon 2 - Phase 44 - 22 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 11:24PM Then Routine Work - Marana Yoga							

2		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Monroe, NJ Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 9.56	Tithi 10	934786577	Gulika 10:46AM – 12:10PM Yama 7:57AM – 9:21AM Rahu 12:10PM – 1:35PM	Ardra Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM Dashami Until 8:15PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:33AM Sunset: 5:48PM	Moon 2 - Phase 44 - 23 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 2:06AM Thu Then Creative Work - Amrita Yoga							

3		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Monroe, NJ Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 21.5	Tithi 11	944786577	Gulika 9:21AM – 10:45AM Yama 6:31AM – 7:56AM Rahu 1:35PM – 3:00PM	Punarvasu Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM Ekadashi Until 10:45PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:31AM Sunset: 5:49PM	Moon 2 - Phase 44 - 24 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 5:14AM Fri Then Routine Work - Marana Yoga							

4		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 3.42	Tithi 12	944786577	Gulika 7:55AM – 9:20AM Yama 3:00PM – 4:25PM Rahu 10:45AM – 12:10PM	Pushya Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM Dvadashi Until 1:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:30AM Sunset: 5:50PM	Moon 2 - Phase 44 - 25 4th Phase Devaloka Day
Routine Work Marana Yoga							

5		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 15.35	Tithi 13	944786577	Gulika 6:28AM – 7:53AM Yama 1:35PM – 3:01PM Rahu 9:19AM – 10:44AM	Pushya Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM Trayodashi Until 3:37AM Sun <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:28AM Sunset: 5:51PM	Moon 2 - Phase 44 - 26 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 8:10AM Then Routine Work - Marana Yoga							

6		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 27.31	Tithi 14	144786577	Gulika 3:01PM – 4:27PM Yama 12:09PM – 1:35PM Rahu 4:27PM – 5:53PM	Ashlesha* Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM Chaturdashi* Until 5:45AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:26AM Sunset: 5:53PM	Moon 2 - Phase 44 - 27 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 10:47AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam					

○		Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau		Monroe, NJ Sun 28 Sutra 323 Subhakrit 5124	
Copper Retreat Star		Simha Rasi: 9.32 Tithi 15		154786577			
Family Home Evening		Gulika 1:35PM – 3:01PM Yama 10:43AM – 12:09PM Rahu 7:51AM – 9:17AM		Magha* Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM Purnima* Until 7:38AM Tue		Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalguna-Masi	
Routine Work Marana Yoga Until 1:31PM Then Creative Work - Siddha Yoga		Holi		Sivaloka Day			

○		Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Monroe, NJ Sun 29 Sutra 324 Subhakrit 5124	
Silver Retreat Star		Simha Rasi: 21.4 Tithi 15 – 16		154786577			
Family Home Evening		Gulika 12:09PM – 1:35PM Yama 9:16AM – 10:43AM Rahu 3:02PM – 4:28PM		Purvaphalguni Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM Purnima* Until 7:38AM		Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalguna-Masi	
Creative Work Siddha Yoga Until 3:48PM Then Creative Work - Amrita Yoga		Sivaloka Day					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Kanya Rasi: 3.55 Tithi 16 - 17
Creative Work Amrita Yoga
Until 5:37PM
Then Routine Work - Marana Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:42AM - 12:09PM
Yama 7:48AM - 9:15AM
Rahu 12:09PM - 1:36PM
Uttaraphalguni Until 5:37PM
Shula* Until 10:44AM
Taitila Until 9:52PM
Prathama* Until 9:11AM

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Red
Sunrise: 6:22AM
Sunset: 5:56PM
Phalguna-Masi
Sivaloka Day

Monroe, NJ
Sutra 325
Subhakra 5124
Moon 3 - Phase 45 - 1st Phase

1

Thursday, March 9, 2023

Kanya Rasi: 16.19 Tithi 17 - 18
Routine Work Marana Yoga
Until 7:25PM
Then Creative Work - Siddha Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:14AM - 10:41AM
Yama 6:20AM - 7:47AM
Rahu 1:36PM - 3:03PM
Hasta Until 7:25PM
Ganda* Until 10:34AM
Vanija Until 10:53PM
Dvitiya Until 10:24AM

Ganesha: White
Muruga: Purple
Nataraja: Orange
Moon - Green
Sunrise: 6:20AM
Sunset: 5:57PM
Phalguna-Masi
Devaloka Day

Monroe, NJ
Sutra 326
Subhakra 5124
Moon 3 - Phase 45 - 1st Phase

2

Friday, March 10, 2023

Kanya Rasi: 28.53 Tithi 18 - 19
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 7:46AM - 9:13AM
Yama 3:03PM - 4:31PM
Rahu 10:41AM - 12:08PM
Chitra Until 8:40PM
Vridhhi Until 10:07AM
Bava Until 11:30PM
Tritiya Until 11:13AM

Ganesha: Yellow
Muruga: Purple
Nataraja: Orange
Moon - Green
Sunrise: 6:18AM
Sunset: 5:58PM
Phalguna-Masi
Sivaloka Day

Monroe, NJ
Sutra 327
Subhakra 5124
Moon 3 - Phase 45 - 2nd Phase

3

Saturday, March 11, 2023

Tula Rasi: 11.38 Tithi 19 - 20
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:17AM - 7:45AM
Yama 1:36PM - 3:04PM
Rahu 9:12AM - 10:40AM
Svati Until 9:21PM
Dhruva Until 9:19AM
Kaulava Until 11:41PM
Chaturthi* Until 11:38AM

Ganesha: Yellow
Muruga: Purple
Nataraja: Orange
Moon - Green
Sunrise: 6:17AM
Sunset: 5:59PM
Phalguna-Masi
Sivaloka Day

Monroe, NJ
Sutra 328
Subhakra 5124
Moon 3 - Phase 45 - 3rd Phase

4

Sunday, March 12, 2023

Tula Rasi: 24.37 Tithi 20 - 21
Routine Work Marana Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Gulika 3:04PM - 4:32PM
Yama 12:08PM - 1:36PM
Rahu 4:32PM - 6:00PM
Vishakha Until 9:52PM
Vyaghata* Until 8:11AM
Gara Until 11:23PM
Panchami Until 11:34AM

Ganesha: Blue
Muruga: Purple
Nataraja: Orange
Moon - Orange
Sunrise: 6:15AM
Sunset: 6:00PM
Phalguna-Masi
Subha Sivaloka Day

Monroe, NJ
Sutra 329
Subhakra 5124
Moon 3 - Phase 45 - 4th Phase

5

Monday, March 13, 2023

Vrischika Rasi: 7.5 Tithi 21 - 22
Family Home Evening
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:36PM - 3:04PM
Yama 10:39AM - 12:07PM
Rahu 7:42AM - 9:10AM
Anuradha Until 9:44PM
Harshana Until 6:40AM
Visti Until 10:33PM
Shashthi* Until 11:01AM

Ganesha: Blue
Muruga: Purple
Nataraja: Orange
Moon - Orange
Sunrise: 6:13AM
Sunset: 6:01PM
Phalguna-Masi
Subha Sivaloka Day

Monroe, NJ
Sutra 330
Subhakra 5124
Moon 3 - Phase 45 - 5th Phase

D

Tuesday, March 14, 2023

Retreat Star

Vrischika Rasi: 21.2 Tithi 22 - 23
Routine Work Marana Yoga
Until 8:56PM
Then Creative Work - Amrita Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 12:07PM - 1:36PM
Yama 9:09AM - 10:38AM
Rahu 3:05PM - 4:34PM
Jyeshtha* Until 8:56PM
Siddhi Until 2:22AM Wed
Balava Until 9:12PM
Saptami Until 9:56AM

Ganesha: Blue
Muruga: Purple
Nataraja: Orange
Moon - Orange
Sunrise: 6:12AM
Sunset: 6:03PM
Phalguna-Panguni
Subha Sivaloka Day

Monroe, NJ
Sutra 331
Subhakra 5124
Moon 3 - Phase 45 - 6th Phase
Ashtami

Wednesday, March 15, 2023

Retreat Star

Dhanu Rasi: 5.1 Tithi 23 - 24
Routine Work Marana Yoga
Until 7:55PM
Then Creative Work - Amrita Yoga

Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:38AM - 12:07PM
Yama 7:39AM - 9:08AM
Rahu 12:07PM - 1:36PM
Mula* Until 7:55PM
Vyatipata* Until 11:37PM
Taitila Until 7:20PM
Ashtami* Until 8:19AM

Ganesha: Red
Muruga: Purple
Nataraja: Clear
Moon - Light Blue
Sunrise: 6:10AM
Sunset: 6:04PM
Phalguna-Panguni
Sivaloka Day

Monroe, NJ
Sutra 332
Subhakra 5124
Moon 3 - Phase 45 - 7th Phase
Navami

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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1		Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashmyam Titau		Monroe, NJ Sun 8 Sutra 333 Subhakrit 5124	
Dhanus Rasi: 19.18	Tithi 24 – 25	Gulika 9:08AM – 10:37AM	Purvashadha* Until 6:17PM	Ganesha: Red	<i>Sunrise:</i> 6:08AM		
		Yama 6:08AM – 7:38AM	Variyan Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 46 - 8	
		185786578 Rahu 1:36PM – 3:06PM	Visti Until 3:39AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 6:12AM	Moon – Light Blue		Sivaloka Day	
Until 6:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

2		Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Monroe, NJ Sun 9 Sutra 334 Subhakrit 5124	
Makara Rasi: 3.44	Tithi 26	Gulika 7:37AM – 9:07AM	Uttarashadha Until 4:08PM	Ganesha: Red	<i>Sunrise:</i> 6:07AM		
		Yama 3:06PM – 4:36PM	Parigha* Until 5:02PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 46 - 9	
		185786578 Rahu 10:36AM – 12:06PM	Bava Until 2:16PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 12:46AM Sat	Moon – Light Blue		Sivaloka Day	
				Phalguna•Panguni			

3		Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Monroe, NJ Sun 10 Sutra 335 Subhakrit 5124	
Makara Rasi: 18.24	Tithi 27	Gulika 6:05AM – 7:35AM	Shravana Until 1:59PM	Ganesha: Green	<i>Sunrise:</i> 6:05AM		
		Yama 1:36PM – 3:06PM	Shiva Until 1:23PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 46 - 10	
		195786578 Rahu 9:06AM – 10:36AM	Kaulava Until 11:15AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 9:39PM	Moon – Purple		Subha Sivaloka Day	
				Phalguna•Panguni			

4		Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Monroe, NJ Sun 11 Sutra 336 Subhakrit 5124	
Kumbha Rasi: 3.13	Tithi 28	Gulika 3:07PM – 4:37PM	Dhanishtha Until 11:34AM	Ganesha: Green	<i>Sunrise:</i> 6:03AM		
		Yama 12:06PM – 1:36PM	Siddha Until 9:35AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 46 - 11	
		196896578 Rahu 4:37PM – 6:08PM	Gara Until 8:04AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 6:27PM	Moon – Purple		Sivaloka Day	
Until 11:34AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Monroe, NJ Sun 12 Sutra 337 Subhakrit 5124	
Kumbha Rasi: 18.02	Tithi 29 – 30	Gulika 1:36PM – 3:07PM	Shatabhishak Until 9:01AM	Ganesha: Green	<i>Sunrise:</i> 6:02AM		
Family Home Evening		Yama 10:35AM – 12:05PM	Subha Until 2:11AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 46 - 12	
		196896578 Rahu 7:33AM – 9:04AM	Catuspada Until 1:50AM Tue	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:19PM	Moon – Purple		Sivaloka Day	
Until 9:01AM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

		Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Monroe, NJ Sun 13 Sutra 338 Subhakrit 5124	
Retreat Star		Gulika 12:05PM – 1:36PM	Purvaprosarthpada* Until 6:55AM	Ganesha: Orange	<i>Sunrise:</i> 6:00AM		
Meena Rasi: 2.46	Tithi 30 – 1	Yama 9:03AM – 10:34AM	Sukla Until 10:45PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 46 - 13	
		116896578 Rahu 3:08PM – 4:39PM	Kintughna Until 11:06PM	Nataraja: Clear		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 12:24PM	Moon – Clear		Devaloka Day	
Until 6:55AM				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Monroe, NJ Sun 14 Sutra 339 Subhakrit 5124	
Meena Rasi: 17.14	Tithi 1 – 2	Gulika 10:33AM – 12:05PM	Revati Until 3:28AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:58AM		
		Yama 7:30AM – 9:02AM	Brahma Until 7:43PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 46 - 14	
		116896578 Rahu 12:05PM – 1:36PM	Balava Until 8:48PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 9:52AM	Moon – Clear		Devaloka Day	
Until 3:28AM Thu		Yugadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 15 Sutra 340 Subhakrit 5124	
Mesha Rasi: 1.22	Tithi 2 – 3	Gulika 9:01AM – 10:33AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:57AM		
		Yama 5:57AM – 7:29AM	Indra Until 5:11PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 15	
		126896578 Rahu 1:36PM – 3:08PM	Taitila Until 7:06PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		Devaloka Day	
Until 2:50AM Fri		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Monroe, NJ Sun 16 Sutra 341 Subhakrit 5124	
Mesha Rasi: 15.06	Tithi 3 – 4	Gulika 7:27AM – 9:00AM	Bharani Until 2:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
		Yama 3:09PM – 4:41PM	Vaidhriti* Until 3:10PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:32AM – 12:04PM	Vanija Until 6:07PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 2:48AM Sat			Tritiya Until 6:30AM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Monroe, NJ Sun 17 Sutra 342 Subhakrit 5124	
Mesha Rasi: 28.25	Tithi 5	Gulika 5:53AM – 7:26AM	Krittika Until 3:22AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:53AM		
		Yama 1:37PM – 3:09PM	Vishkambha* Until 1:48PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 8:59AM – 10:31AM	Bava Until 5:55PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		Devaloka Day	
Until 3:22AM Sun			Panchami Until 6:05AM Sun	Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Monroe, NJ Sun 18 Sutra 343 Subhakrit 5124	
Vrishabha Rasi: 11.18	Tithi 5 – 6	Gulika 3:10PM – 4:43PM	Rohini Until 4:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:52AM		
		Yama 12:04PM – 1:37PM	Priti Until 1:03PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 47 - 18	
		137896578 Rahu 4:43PM – 6:16PM	Kaulava Until 6:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
Until 4:59AM Mon			Panchami Until 6:05AM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Monroe, NJ Sun 19 Sutra 344 Subhakrit 5124	
Vrishabha Rasi: 23.5	Tithi 6 – 7	Gulika 1:37PM – 3:10PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:50AM		
Family Home Evening		Yama 10:30AM – 12:03PM	Ayushman Until 12:50PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:23AM – 8:57AM	Gara Until 7:47PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		Devaloka Day	
Until 7:05AM Tue			Shashthi* Until 7:02AM	Chaitra•Panguni			
Then Routine Work - Marana Yoga							

		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Monroe, NJ Sun 20 Sutra 345 Subhakrit 5124	
Retreat Star		Gulika 12:03PM – 1:37PM	Mrigashira Until 7:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM		
Mithuna Rasi: 6.06	Tithi 7 – 8	Yama 8:56AM – 10:29AM	Saubhagya Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:10PM – 4:44PM	Visti Until 9:39PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
Until 7:05AM			Saptami Until 8:38AM	Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Monroe, NJ Sun 21 Sutra 346 Subhakrit 5124	
Mithuna Rasi: 18.1	Tithi 8 – 9	Gulika 10:29AM – 12:03PM	Ardra Until 9:30AM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM		
		Yama 7:21AM – 8:55AM	Sobhana Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:03PM – 1:37PM	Balava Until 11:53PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
		Sri Rama Navami	Ashtami* Until 10:42AM	Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Monroe, NJ on 4/26/20

www.gurudeva.org/panchang

1	Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Monroe, NJ	
	Kataka Rasi: 0.06	Tithi 9 – 10	Sun 22				Sutra 347	
			147896578	Gulika 8:54AM – 10:28AM Yama 5:45AM – 7:19AM Rahu 1:37PM – 3:11PM	Punarvasu Until 12:30PM Athiganda* Until 2:32PM Taitila Until 2:17AM Fri Navami* Until 1:03PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:45AM Sunset: 6:20PM	Moon 3 - Phase 48 - 22 4th Phase
	Creative Work	Amrita Yoga			Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

2	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ	
	Kataka Rasi: 11.59	Tithi 10 – 11	Sun 23				Sutra 348	
			147896578	Gulika 7:18AM – 8:53AM Yama 3:11PM – 4:46PM Rahu 10:27AM – 12:02PM	Pushya Until 3:26PM Sukarma Until 3:23PM Vanija Until 4:41AM Sat Dashami Until 3:29PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:43AM Sunset: 6:21PM	Moon 3 - Phase 48 - 23 4th Phase
	Routine Work	Marana Yoga			Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

3	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ	
	Kataka Rasi: 23.53	Tithi 11 – 12	Sun 24				Sutra 349	
			147896578	Gulika 5:43AM – 7:18AM Yama 1:37PM – 3:11PM Rahu 8:53AM – 10:27AM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:43AM Sunset: 6:21PM	Moon 3 - Phase 48 - 24 4th Phase
	Routine Work	Marana Yoga		Yogaswami Mahasamadhi	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

4	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Monroe, NJ	
	Simha Rasi: 5.52	Tithi 12	Sun 25				Sutra 350	
			158896578	Gulika 3:12PM – 4:47PM Yama 12:02PM – 1:37PM Rahu 4:47PM – 6:22PM	Magha* Until 8:50PM Shula* Until 4:46PM Bava Until 6:54AM Dvadashi Until 7:52PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 5:42AM Sunset: 6:22PM	Moon 3 - Phase 48 - 25 4th Phase
	Routine Work	Marana Yoga			Chaitra•Panguni	Devaloka Day		

5	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ	
	Simha Rasi: 17.58	Tithi 13	Sun 26				Sutra 351	
	Family Home Evening		158896578	Gulika 1:37PM – 3:12PM Yama 10:26AM – 12:02PM Rahu 7:15AM – 8:51AM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM Kaulava Until 8:48AM Trayodashi Until 9:34PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 5:40AM Sunset: 6:23PM	Moon 3 - Phase 48 - 26 4th Phase
	Creative Work	Siddha Yoga			Chaitra•Panguni	Devaloka Day		

Pradosha Vrata

6	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ	
	Kanya Rasi: 0.13	Tithi 14	Sun 27				Sutra 352	
			158896578	Gulika 12:01PM – 1:37PM Yama 8:50AM – 10:26AM Rahu 3:13PM – 4:48PM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM Gara Until 10:17AM Chaturdashi* Until 10:50PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 5:38AM Sunset: 6:24PM	Moon 3 - Phase 48 - 27 4th Phase
	Creative Work	Amrita Yoga			Chaitra•Panguni	Devaloka Day		

	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ	
	Copper Retreat Star		Sun 28				Sutra 353	
	Kanya Rasi: 12.4	Tithi 15	Sun 28	Gulika 10:25AM – 12:01PM Yama 7:13AM – 8:49AM Rahu 12:01PM – 1:37PM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM Visti Until 11:17AM Purnima* Until 11:36PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 5:37AM Sunset: 6:25PM	Moon 3 - Phase 48 - Purnima
	Routine Work	Marana Yoga		Panguni Uttiram Hanuman Jayanti	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

7	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ	
	Silver Retreat Star		Sun 29				Sutra 354	
	Kanya Rasi: 25.21	Tithi 16	Sun 29	Gulika 8:48AM – 10:24AM Yama 5:35AM – 7:11AM Rahu 1:37PM – 3:13PM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM Balava Until 11:49AM Prathama* Until 11:52PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 5:35AM Sunset: 6:26PM	Moon 3 - Phase 48 - Prathama
	Creative Work	Siddha Yoga			Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 7:10AM – 8:47AM
Yama 3:14PM – 4:51PM
168896578 **Rahu** 10:24AM – 12:00PM
Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Monroe, NJ
Sun 1 Sutra 355
Subhakrit 5124
Sunrise: 5:33AM
Sunset: 6:27PM
Moon 4 - Phase 49 - 1
1st Phase
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 5:32AM – 7:09AM
Yama 1:37PM – 3:14PM
179896578 **Rahu** 8:46AM – 10:23AM
Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Monroe, NJ
Sun 2 Sutra 356
Subhakrit 5124
Sunrise: 5:32AM
Sunset: 6:28PM
Moon 4 - Phase 49 - 2
1st Phase
Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 3:15PM – 4:52PM
Yama 12:00PM – 1:37PM
179896578 **Rahu** 4:52PM – 6:29PM
Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Monroe, NJ
Sun 3 Sutra 357
Subhakrit 5124
Sunrise: 5:30AM
Sunset: 6:29PM
Moon 4 - Phase 49 - 3
1st Phase
Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 1:37PM – 3:15PM
Yama 10:22AM – 12:00PM
179896578 **Rahu** 7:06AM – 8:44AM
Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Monroe, NJ
Sun 4 Sutra 358
Subhakrit 5124
Sunrise: 5:29AM
Sunset: 6:30PM
Moon 4 - Phase 49 - 4
1st Phase
Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 11:59AM – 1:37PM
Yama 8:43AM – 10:21AM
189896578 **Rahu** 3:15PM – 4:53PM
Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Monroe, NJ
Sun 5 Sutra 359
Subhakrit 5124
Sunrise: 5:27AM
Sunset: 6:31PM
Moon 4 - Phase 49 - 5
1st Phase
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:21AM – 11:59AM
Yama 7:04AM – 8:42AM
189896578 **Rahu** 11:59AM – 1:37PM
Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Monroe, NJ
Sun 6 Sutra 360
Subhakrit 5124
Sunrise: 5:25AM
Sunset: 6:33PM
Moon 4 - Phase 49 - 6
1st Phase
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:41AM – 10:20AM
Yama 5:24AM – 7:03AM
189996578 **Rahu** 1:37PM – 3:16PM
Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Monroe, NJ
Sun 7 Sutra 361
Subhakrit 5124
Sunrise: 5:24AM
Sunset: 6:34PM
Moon 4 - Phase 49 - 7
Ashtami
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 7:01AM – 8:40AM
Yama 3:17PM – 4:56PM
299996578 **Rahu** 10:19AM – 11:58AM
Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Monroe, NJ
Sun 8 Sutra 362
Sobhana 5125
Sunrise: 5:22AM
Sunset: 6:35PM
Moon 4 - Phase 49 - 8
Navami
Bhuloka Day
Chaitra•Chaitra Devaloka Time: 3:PM to 6:PM


Tamil New Year

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 5:21AM – 7:00AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 5:21AM	Sun 9 Sutra 363
			Yama 1:38PM – 3:17PM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Sobhana 5125
		299996578	Rahu 8:39AM – 10:19AM	Bava Until 9:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
Creative Work Siddha Yoga		Dahami Until 10:22AM		Chaitra+Chaitra		Bhuloka Day	
Until 7:26PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Monroe, NJ
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:17PM – 4:57PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	Sun 10 Sutra 364
			Yama 11:58AM – 1:38PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Sobhana 5125
		291996578	Rahu 4:57PM – 6:37PM	Kaulava Until 6:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 7:51AM		Chaitra+Chaitra		Devaloka Day	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Monroe, NJ
	Kumbha Rasi: 27.21	Tithi 28	Gulika 1:38PM – 3:18PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Sun 11 Sutra 1
	Family Home Evening		Yama 10:18AM – 11:58AM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Sobhana 5125
		211996578	Rahu 6:58AM – 8:38AM	Gara Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
Routine Work Marana Yoga		Trayodashi* Until 3:01AM Tue		Moon – Clear		Devaloka Day	
Until 4:01PM		Pradosha Vrata (Fasting)		Chaitra+Chaitra			
Then Creative Work - Siddha Yoga							

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Monroe, NJ
	Meena Rasi: 11.37	Tithi 29	Gulika 11:57AM – 1:38PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:16AM	Sun 12 Sutra 2
			Yama 8:37AM – 10:17AM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Sobhana 5125
		211996578	Rahu 3:18PM – 4:59PM	Visti Until 1:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 2nd Phase
Creative Work Amrita Yoga		Chaturdashi* Until 12:55AM Wed		Moon – Clear		Devaloka Day	
Until 2:32PM				Chaitra+Chaitra			
Then Creative Work - Siddha Yoga							

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Monroe, NJ
	Retreat Star		Gulika 10:17AM – 11:57AM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:14AM	Sun 13 Sutra 3
	Meena Rasi: 25.43	Tithi 30	Yama 6:55AM – 8:36AM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Sobhana 5125
		211996578	Rahu 11:57AM – 1:38PM	Catuspada Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Amavasya
Routine Work Marana Yoga		Amavasya* Until 11:12PM		Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ
	Retreat Star		Gulika 8:35AM – 10:16AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Sun 14 Sutra 4
	Mesha Rasi: 9.32	Tithi 1	Yama 5:13AM – 6:54AM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Sobhana 5125
		221996578	Rahu 1:38PM – 3:19PM	Kintughna Until 10:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14 Prathama
Creative Work Amrita Yoga		Prathama* Until 9:58PM		Moon – White		Devaloka Day	
Until 12:39PM				Vaisaka+Chaitra			
Then Creative Work - Siddha Yoga							

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Monroe, NJ
	Mesha Rasi: 23.04	Tithi 2	Gulika 6:53AM – 8:34AM	Bharani Until 12:28PM	Ganesha: Clear	Sunrise: 5:11AM	Sun 15 Sutra 5
	221996578	Rahu 10:15AM – 11:57AM	Yama 3:19PM – 5:01PM	Ayushman Until 10:53PM	Muruqa: Clear	Sunset: 6:42PM	Sobhana 5125
	Creative Work Siddha Yoga			Balava Until 9:35AM	Nataraja: Clear		Moon 4 - Phase 2 - 15 3rd Phase
			Dvitiya Until 9:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ
	Wrishabha Rasi: 6.16	Tithi 3	Gulika 5:10AM – 6:52AM	Krittika Until 12:44PM	Ganesha: Clear	Sunrise: 5:10AM	Sun 16 Sutra 6
	221996578	Rahu 8:33AM – 10:15AM	Yama 1:38PM – 3:20PM	Saubhagya Until 9:51PM	Muruqa: Clear	Sunset: 6:43PM	Sobhana 5125
	Creative Work Amrita Yoga			Taitila Until 9:15AM	Nataraja: Clear		Moon 4 - Phase 2 - 16 3rd Phase
			Tritiya Until 9:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Monroe, NJ
	Wrishabha Rasi: 19.07	Tithi 4	Gulika 3:20PM – 5:02PM	Rohini Until 1:58PM	Ganesha: Orange	Sunrise: 5:08AM	Sun 17 Sutra 7
	231996578	Rahu 5:02PM – 6:44PM	Yama 11:56AM – 1:38PM	Sobhana Until 9:20PM	Muruqa: Clear	Sunset: 6:44PM	Sobhana 5125
	Creative Work Siddha Yoga			Vanija Until 9:35AM	Nataraja: Clear		Moon 4 - Phase 2 - 17 3rd Phase
			Chaturthi* Until 9:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
	Mithuna Rasi: 1.4	Tithi 5	Gulika 1:38PM – 3:21PM	Mrigashira Until 3:40PM	Ganesha: Orange	Sunrise: 5:07AM	Sun 18 Sutra 8
	231996578	Rahu 6:49AM – 8:32AM	Yama 10:14AM – 11:56AM	Athiganda* Until 9:17PM	Muruqa: Clear	Sunset: 6:45PM	Sobhana 5125
	Family Home Evening Creative Work Amrita Yoga Until 3:40PM Then Creative Work - Siddha Yoga			Bava Until 10:34AM	Nataraja: Clear		Moon 4 - Phase 2 - 18 3rd Phase
			Panchami Until 11:15PM	Moon – Yellow		Devaloka Day	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ
	Mithuna Rasi: 13.58	Tithi 6	Gulika 11:56AM – 1:39PM	Ardra Until 5:44PM	Ganesha: Orange	Sunrise: 5:06AM	Sun 19 Sutra 9
	231996579	Rahu 3:21PM – 5:04PM	Yama 8:31AM – 10:13AM	Sukarma Until 9:38PM	Muruqa: Clear	Sunset: 6:46PM	Sobhana 5125
	Routine Work Marana Yoga Until 5:44PM Then Creative Work - Siddha Yoga			Kaulava Until 12:07PM	Nataraja: Purple		Moon 4 - Phase 2 - 19 3rd Phase
			Shashthi* Until 1:02AM Wed	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ
	Mithuna Rasi: 26.04	Tithi 7	Gulika 10:13AM – 11:56AM	Punarvasu Until 8:31PM	Ganesha: Green	Sunrise: 5:04AM	Sun 20 Sutra 10
	241996579	Rahu 11:56AM – 1:39PM	Yama 6:47AM – 8:30AM	Dhriti Until 10:18PM	Muruqa: Clear	Sunset: 6:47PM	Sobhana 5125
	Creative Work Siddha Yoga			Gara Until 2:06PM	Nataraja: Purple		Moon 4 - Phase 2 - 20 3rd Phase
			Saptami Until 3:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Monroe, NJ
	Retreat Star		Gulika 8:29AM – 10:12AM	Pushya Until 11:21PM	Ganesha: Red	Sunrise: 5:03AM	Sun 21 Sutra 11
	Kataka Rasi: 8.02	Tithi 8	Yama 5:03AM – 6:46AM	Shula* Until 11:06PM	Muruqa: Clear	Sunset: 6:48PM	Sobhana 5125
	242996579	Rahu 1:39PM – 3:22PM		Visiti Until 4:21PM	Nataraja: Purple		Moon 4 - Phase 2 - 21 Ashtami
Creative Work Amrita Yoga Until 11:21PM Then Creative Work - Siddha Yoga			Ashtami* Until 5:30AM Fri	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Monroe, NJ
	Retreat Star		Gulika 6:45AM – 8:28AM	Ashlesha* Until 2:03AM Sat	Ganesha: Red	Sunrise: 5:01AM	Sun 22 Sutra 12
	Kataka Rasi: 19.57	Tithi 9	Yama 3:23PM – 5:06PM	Ganda* Until 11:57PM	Muruqa: Clear	Sunset: 6:50PM	Sobhana 5125
	242996579	Rahu 10:12AM – 11:55AM		Balava Until 6:42PM	Nataraja: Purple		Moon 4 - Phase 2 - 22 Navami
Routine Work Marana Yoga Until 2:03AM Sat Then Creative Work - Amrita Yoga			Navami* Until 7:49AM Sat	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Monroe, NJ Sun 23 Sutra 13 Sobhana 5125
Simha Rasi: 1.52	Tithi 9 – 10	Gulika 5:00AM – 6:44AM	Magha* Until 4:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:00AM			
		Yama 1:39PM – 3:23PM	Vriddhi Until 12:42AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3 - 23		4th Phase
		252996579 Rahu 8:28AM – 10:11AM	Taitila Until 8:55PM	Nataraja: Purple				
Creative Work	Amrita Yoga		Navami* Until 7:49AM	Moon – Red				Devaloka Day
Until 4:56AM Sun				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

2		Sunday, April 30, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 24 Sutra 14 Sobhana 5125
Simha Rasi: 13.52	Tithi 10 – 11	Gulika 3:23PM – 5:08PM	Purvaphalguni Until 7:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:59AM			
		Yama 11:55AM – 1:39PM	Dhruva Until 1:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3 - 24		4th Phase
		252996579 Rahu 5:08PM – 6:52PM	Vanija Until 10:51PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Dashami Until 9:55AM	Moon – Red				Devaloka Day
				Vaisaka-Chaitra				

3		Monday, May 1, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 15 Sobhana 5125
Simha Rasi: 26	Tithi 11 – 12	Gulika 1:40PM – 3:24PM	Purvaphalguni Until 7:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM			
Family Home Evening		Yama 10:10AM – 11:55AM	Vyaghata* Until 1:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3 - 25		4th Phase
		252996579 Rahu 6:41AM – 8:25AM	Bava Until 12:19AM Tue	Nataraja: Purple				
Creative Work	Siddha Yoga		Ekadashi Until 11:38AM	Moon – Red				Devaloka Day
				Vaisaka-Chaitra				

4		Tuesday, May 2, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 16 Sobhana 5125
Kanya Rasi: 8.2	Tithi 12 – 13	Gulika 11:55AM – 1:40PM	Uttaraphalguni Until 9:00AM	Ganesha: Blue	<i>Sunrise:</i> 4:55AM			
		Yama 8:25AM – 10:10AM	Harshana Until 12:58AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 26		4th Phase
		252996579 Rahu 3:25PM – 5:10PM	Kaulava Until 1:11AM Wed	Nataraja: Purple				
Creative Work	Amrita Yoga		Dvadashi Until 12:48PM	Moon – Red				Devaloka Day
Until 9:00AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

5		Wednesday, May 3, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 17 Sobhana 5125
Kanya Rasi: 20.57	Tithi 13 – 14	Gulika 10:09AM – 11:55AM	Hasta Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM			
		Yama 6:39AM – 8:24AM	Vajra* Until 12:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3 - 27		4th Phase
		252996579 Rahu 11:55AM – 1:40PM	Gara Until 1:26AM Thu	Nataraja: Purple				
Routine Work	Marana Yoga		Trayodashi Until 1:22PM	Moon – Green				Sivaloka Day
Until 10:27AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

		Thursday, May 4, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Monroe, NJ Sun 28 Sutra 18 Sobhana 5125
Tula Rasi: 3.52	Tithi 14 – 15	Gulika 8:23AM – 10:09AM	Chitra Until 11:07AM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM			
		Yama 4:52AM – 6:38AM	Siddhi Until 10:48PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 -		Purnima
		252996579 Rahu 1:40PM – 3:26PM	Vistil Until 1:03AM Fri	Nataraja: Purple				
Creative Work	Siddha Yoga		Chaturdashi* Until 1:18PM	Moon – Green				Sivaloka Day
Until 11:07AM				Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga								

0		Friday, May 5, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Monroe, NJ Sun 29 Sutra 19 Sobhana 5125
Tula Rasi: 17.05	Tithi 15 – 16	Gulika 6:37AM – 8:23AM	Svati Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM			
		Yama 3:26PM – 5:12PM	Vyatipata* Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3 -		Prathama
		252996579 Rahu 10:09AM – 11:54AM	Balava Until 12:05AM Sat	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 12:37PM	Moon – Green				Sivaloka Day
				Vaisaka-Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda