



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Memphis, TN

Tula Rasi: 12.45 Tithi 16 – 17

Gulika 3:17PM – 4:56PM
 Yama 12:00PM – 1:39PM
 268345478 **Rahu** 4:56PM – 6:34PM

Svati Until 5:55PM
 Vajra* Until 12:09PM
 Taitila Until 9:16PM
Prathama* Until 10:33AM

Ganesha: Clear *Sunrise:* 5:26AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: White
 Moon – Green
Chaitra+Chaitra

Subhakrit 5124
 Moon 4 - Phase 1 -
 1st Phase

Creative Work Siddha Yoga
 Until 5:55PM
 Then Routine Work - Marana Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Memphis, TN

Tula Rasi: 27.12 Tithi 17 – 18

Gulika 1:39PM – 3:17PM
 Yama 10:21AM – 12:00PM
 278345478 **Rahu** 7:03AM – 8:42AM

Vishakha Until 4:07PM
 Siddhi Until 8:51AM
 Vanija Until 6:32PM
Dvitiya Until 7:54AM

Ganesha: Purple *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: White
 Moon – Orange
Chaitra+Chaitra

Sun 1 Sutra 1
 Subhakrit 5124
 Moon 4 - Phase 1 -
 1st Phase

Family Home Evening
 Routine Work Marana Yoga
 Until 4:07PM
 Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthiyam Titau

Memphis, TN

Virschika Rasi: 11.44 Tithi 19

Gulika 12:00PM – 1:39PM
 Yama 8:41AM – 10:20AM
 278345478 **Rahu** 3:18PM – 4:57PM

Anuradha Until 2:06PM
 Variyan Until 2:05AM Wed
 Bava Until 3:45PM
Chaturthi* Until 2:21AM Wed

Ganesha: Purple *Sunrise:* 5:23AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
 Moon – Orange
Chaitra+Chaitra

Sun 2 Sutra 2
 Subhakrit 5124
 Moon 4 - Phase 1 -
 2nd Phase

Creative Work Siddha Yoga
 Until 2:06PM
 Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Memphis, TN

Virschika Rasi: 26.17 Tithi 20

Gulika 10:20AM – 11:59AM
 Yama 7:01AM – 8:41AM
 278345478 **Rahu** 11:59AM – 1:39PM

Jyeshtha* Until 12:00PM
 Parigha* Until 10:47PM
 Kaulava Until 1:01PM
Panchami Until 11:40PM

Ganesha: Purple *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
 Moon – Orange
Chaitra+Chaitra

Sun 3 Sutra 3
 Subhakrit 5124
 Moon 4 - Phase 1 -
 3rd Phase

Creative Work Siddha Yoga
 Until 12:00PM
 Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Memphis, TN

Dhanus Rasi: 10.44 Tithi 21

Gulika 8:40AM – 10:20AM
 Yama 5:21AM – 7:00AM
 288345478 **Rahu** 1:39PM – 3:18PM

Mula* Until 10:19AM
 Shiva Until 7:39PM
 Gara Until 10:25AM
Shashthi* Until 9:11PM

Ganesha: Clear *Sunrise:* 5:21AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
 Moon – Light Blue
Chaitra+Chaitra

Sun 4 Sutra 4
 Subhakrit 5124
 Moon 4 - Phase 1 -
 4th Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Memphis, TN

Dhanus Rasi: 25.03 Tithi 22

Gulika 6:59AM – 8:39AM
 Yama 3:19PM – 4:58PM
 289345478 **Rahu** 10:19AM – 11:59AM

Purvashadha* Until 8:43AM
 Siddha Until 4:42PM
 Visti Until 8:03AM
Saptami Until 6:57PM

Ganesha: Purple *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: White
 Moon – Light Blue
Chaitra+Chaitra

Sun 5 Sutra 5
 Subhakrit 5124
 Moon 4 - Phase 1 -
 5th Phase

Routine Work Prabalarishta Yoga
 Until 8:43AM
 Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Memphis, TN

Makara Rasi: 9.1 Tithi 23 – 24

Gulika 5:18AM – 6:58AM
 Yama 1:39PM – 3:19PM
 289345478 **Rahu** 8:39AM – 10:19AM

Uttarashadha Until 7:15AM
 Sadhya Until 2:00PM
 Taitila Until 4:12AM Sun
Ashtami* Until 5:02PM

Ganesha: Purple *Sunrise:* 5:18AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: White
 Moon – Light Blue
Chaitra+Chaitra

Sun 6 Sutra 6
 Subhakrit 5124
 Moon 4 - Phase 1 -
 6th Phase
 Ashtami

Routine Work Marana Yoga
 Until 7:15AM
 Then Creative Work - Siddha Yoga

Devaloka Day

Chidambaram Abhishekam

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Memphis, TN

Makara Rasi: 23.05 Tithi 24 – 25

Gulika 3:19PM – 5:00PM
 Yama 11:59AM – 1:39PM
 299345479 **Rahu** 5:00PM – 6:40PM

Shravana Until 6:24AM
 Subha Until 11:35AM
 Vanija Until 2:47AM Mon
Navami* Until 3:26PM

Ganesha: Clear *Sunrise:* 5:17AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: Clear
 Moon – Purple
Chaitra+Chaitra

Sun 7 Sutra 7
 Subhakrit 5124
 Moon 4 - Phase 1 -
 7th Phase
 Navami

Creative Work Amrita Yoga
 Until 6:24AM
 Then Routine Work - Marana Yoga

Devaloka Day


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 8 Sutra 8
	Kumbha Rasi: 6.48	Tithi 25 – 26	Gulika 1:39PM – 3:20PM	Shatabhishak Until 5:19AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:18AM – 11:58AM	Sukla Until 9:26AM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2 - 8
	Creative Work Siddha Yoga		Rahu 6:57AM – 8:37AM	Bava Until 1:45AM Tue	Nataraja: Clear		2nd Phase
			Dashami Until 2:12PM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 9 Sutra 9
	Kumbha Rasi: 20.17	Tithi 26 – 27	Gulika 11:58AM – 1:39PM	Purvaproshtapada* Until 5:36AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
		219345479	Yama 8:37AM – 10:17AM	Brahma Until 7:36AM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2 - 9
	Routine Work Marana Yoga		Rahu 3:20PM – 5:01PM	Kaulava Until 1:07AM Wed	Nataraja: Clear		2nd Phase
			Ekadashi* Until 1:21PM	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 10 Sutra 10
	Meena Rasi: 3.32	Tithi 27 – 28	Gulika 10:17AM – 11:58AM	Uttaraproshtapada Until 6:10AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Subhakrit 5124
		219345479	Yama 6:55AM – 8:36AM	Indra Until 6:07AM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga		Rahu 11:58AM – 1:39PM	Gara Until 12:54AM Thu	Nataraja: Clear		2nd Phase
			Dvadashi* Until 12:56PM	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

Pradosha Vrata (Fasting)

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 11 Sutra 11
	Meena Rasi: 16.34	Tithi 28 – 29	Gulika 8:35AM – 10:17AM	Uttaraproshtapada Until 6:10AM	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Subhakrit 5124
		219445479	Yama 5:13AM – 6:54AM	Vishkambha* Until 4:11AM Fri	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga		Rahu 1:39PM – 3:20PM	Visti Until 1:10AM Fri	Nataraja: Clear		2nd Phase
			Trayodashi* Until 12:57PM	Moon – Clear		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM	

	Friday, April 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN Sun 12 Sutra 12
	Retreat Star		Gulika 6:53AM – 8:35AM	Revati Until 7:02AM	Ganesha: White	<i>Sunrise:</i> 5:12AM	Subhakrit 5124
	Meena Rasi: 29.22	Tithi 29 – 30	Yama 3:21PM – 5:02PM	Priti Until 3:48AM Sat	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 2 - 12
		211445479	Rahu 10:16AM – 11:58AM	Catuspada Until 1:55AM Sat	Nataraja: Clear		Amavasya
			Chaturdashi* Until 1:27PM	Moon – Clear		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM	

Retreat Star	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Memphis, TN Sun 13 Sutra 13
	Mesha Rasi: 11.56	Tithi 30 – 1	Gulika 5:10AM – 6:52AM	Ashvini Until 8:41AM	Ganesha: Green	<i>Sunrise:</i> 5:10AM	Subhakrit 5124
		221445479	Yama 1:39PM – 3:21PM	Ayushman Until 3:46AM Sun	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 13
	Creative Work Siddha Yoga		Rahu 8:34AM – 10:16AM	Kintughna Until 3:10AM Sun	Nataraja: Clear		Prathama
			Amavasya* Until 2:27PM	Moon – White		Bhuloka Day	
				Vaisaka+Chaitra		Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 14 Sutra 14 Subhakit 5124			
Mesha Rasi: 24.17	Tithi 1 – 2	221445479	Gulika 3:22PM – 5:04PM Yama 11:57AM – 1:39PM Rahu 5:04PM – 6:46PM	Bharani Until 10:40AM Saubhagya Until 4:07AM Mon Balava Until 4:52AM Mon Prathama* Until 3:56PM	Ganesha: Green <i>Sunrise:</i> 5:09AM Muruqa: White <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – White Vaisaka*Chaitra	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM			
Routine Work Prabalarishta Yoga Until 10:40AM Then Creative Work - Siddha Yoga									
2 Monday, May 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 15 Sutra 15 Subhakit 5124			
Vrishabha Rasi: 6.26	Tithi 2 – 3	221445479	Gulika 1:40PM – 3:22PM Yama 10:15AM – 11:57AM Rahu 6:51AM – 8:33AM	Krittika Until 12:55PM Sobhana Until 4:47AM Tue Taitila Until 6:58AM Tue Dvitiya Until 5:51PM	Ganesha: Green <i>Sunrise:</i> 5:08AM Muruqa: White <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – White Vaisaka*Chaitra	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM			
Family Home Evening Routine Work Marana Yoga Until 12:55PM Then Creative Work - Amrita Yoga									
3 Tuesday, May 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Memphis, TN Sun 16 Sutra 16 Subhakit 5124			
Vrishabha Rasi: 18.26	Tithi 3	231445479	Gulika 11:57AM – 1:40PM Yama 8:32AM – 10:15AM Rahu 3:22PM – 5:05PM	Rohini Until 3:50PM Athiganda* Until 5:38AM Wed Taitila Until 6:58AM Tritiya Until 8:06PM	Ganesha: White <i>Sunrise:</i> 5:07AM Muruqa: White <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM			
Creative Work Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga									
4 Wednesday, May 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Vanija/Vishti* Karana Chaturthyam Titau				Memphis, TN Sun 17 Sutra 17 Subhakit 5124			
Mithuna Rasi: 0.2	Tithi 4	231445479	Gulika 10:14AM – 11:57AM Yama 6:49AM – 8:32AM Rahu 11:57AM – 1:40PM	Mrigashira Until 6:48PM Sukarma Until 6:37AM Thu Vanija Until 9:21AM Chaturthi* Until 10:34PM	Ganesha: White <i>Sunrise:</i> 5:06AM Muruqa: White <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM			
Creative Work Siddha Yoga									
5 Thursday, May 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 18 Sutra 18 Subhakit 5124			
Mithuna Rasi: 12.1	Tithi 5	231445479	Gulika 8:31AM – 10:14AM Yama 5:05AM – 6:48AM Rahu 1:40PM – 3:23PM	Ardra Until 9:40PM Sukarma Until 6:37AM Bava Until 11:51AM Panchami Until 1:04AM Fri	Ganesha: White <i>Sunrise:</i> 5:05AM Muruqa: White <i>Sunset:</i> 6:49PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM			
Routine Work Marana Yoga Until 9:40PM Then Creative Work - Amrita Yoga									
6 Friday, May 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN Sun 19 Sutra 19 Subhakit 5124			
Mithuna Rasi: 24.01	Tithi 6	241445479	Gulika 6:47AM – 8:31AM Yama 3:23PM – 5:06PM Rahu 10:14AM – 11:57AM	Punarvasu Until 12:46AM Sat Dhriti Until 7:36AM Kaulava Until 2:18PM Shashthi* Until 3:26AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:04AM Muruqa: White <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day			
Creative Work Siddha Yoga									
Saturday, May 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN Sun 20 Sutra 20 Subhakit 5124			
Retreat Star		Kataka Rasi: 5.55		Tithi 7	241445479	Gulika 5:03AM – 6:47AM Yama 1:40PM – 3:24PM Rahu 8:30AM – 10:13AM	Pushya Until 3:25AM Sun Shula* Until 8:26AM Gara Until 4:31PM Saptami Until 5:28AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:03AM Muruqa: White <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 20 3rd Phase Devaloka Day
Creative Work Siddha Yoga									
Sunday, May 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Ashtamyam Titau				Memphis, TN Sun 21 Sutra 21 Subhakit 5124			
Retreat Star		Kataka Rasi: 17.58		Tithi 8	241445479	Gulika 3:24PM – 5:08PM Yama 11:57AM – 1:40PM Rahu 5:08PM – 6:51PM	Ashlesha* Until 5:25AM Mon Ganda* Until 9:00AM Visti Until 6:20PM Ashtami* Until 7:00AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:02AM Muruqa: White <i>Sunset:</i> 6:51PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 21 Ashtami Devaloka Day
Creative Work Siddha Yoga Until 5:25AM Mon Then Routine Work - Marana Yoga									
Monday, May 9, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 22 Sutra 22 Subhakit 5124			
Retreat Star		Simha Rasi: 0.12		Tithi 8 – 9	251445479	Gulika 1:41PM – 3:24PM Yama 10:13AM – 11:57AM Rahu 6:45AM – 8:29AM	Magha* Until 7:08AM Tue Vridhhi Until 9:11AM Balava Until 7:33PM Ashtami* Until 7:00AM	Ganesha: Purple <i>Sunrise:</i> 5:01AM Muruqa: White <i>Sunset:</i> 6:52PM Nataraja: Clear Moon – Red Vaisaka*Chaitra	Moon 4 - Phase 3 - 22 Navami Bhuloka Day Devaloka Time: 6:PM to 9:PM
Family Home Evening Routine Work Marana Yoga Until 7:08AM Tue Then Creative Work - Siddha Yoga									

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN
	Simha Rasi: 12.44	Tithi 9 – 10	Gulika 11:57AM – 1:41PM	Magha* Until 7:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sun 23
			Yama 8:29AM – 10:13AM	Dhruva Until 8:49AM	Muruqa: White	<i>Sunset:</i> 6:53PM	Subhakrit 5124
	252445479	Rahu 3:25PM – 5:09PM	Taitila Until 8:04PM	Navami* Until 7:53AM	Nataraja: Clear		Moon 4 - Phase 4 - 23
Creative Work	Siddha Yoga			Moon – Red		4th Phase	
				Vaisaka-Chaitra		Devaloka Day	


2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Memphis, TN
	Simha Rasi: 25.35	Tithi 10 – 11	Gulika 10:12AM – 11:57AM	Purvaphalguni Until 7:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sun 24
			Yama 6:44AM – 8:28AM	Vyaghata* Until 7:53AM	Muruqa: White	<i>Sunset:</i> 6:54PM	Subhakrit 5124
	252445479	Rahu 11:57AM – 1:41PM	Vanija Until 7:49PM	Dashami Until 8:01AM	Nataraja: Clear		Moon 4 - Phase 4 - 24
Creative Work	Amrita Yoga			Moon – Red		4th Phase	
				Vaisaka-Chaitra		Devaloka Day	

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Memphis, TN
	Kanya Rasi: 8.52	Tithi 11 – 12	Gulika 8:28AM – 10:12AM	Uttaraphalguni Until 7:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sun 25
			Yama 4:59AM – 6:43AM	Harshana Until 6:21AM	Muruqa: White	<i>Sunset:</i> 6:54PM	Subhakrit 5124
	252445479	Rahu 1:41PM – 3:26PM	Bava Until 6:47PM	Ekadashi Until 7:23AM	Nataraja: Clear		Moon 4 - Phase 4 - 25
	Amrita Yoga			Moon – Red		4th Phase	
Until 7:51AM				Vaisaka-Chaitra		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN
	Kanya Rasi: 22.34	Tithi 13	Gulika 6:43AM – 8:27AM	Hasta Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:58AM	Sun 26
			Yama 3:26PM – 5:11PM	Siddhi Until 1:28AM Sat	Muruqa: White	<i>Sunset:</i> 6:55PM	Subhakrit 5124
	262445479	Rahu 10:12AM – 11:57AM	Kaulava Until 5:02PM	Trayodashi Until 3:54AM Sat	Nataraja: Clear		Moon 4 - Phase 4 - 26
Creative Work	Amrita Yoga			Moon – Green		4th Phase	
Until 7:19AM				Vaisaka-Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN
	Tula Rasi: 6.41	Tithi 14	Gulika 4:57AM – 6:42AM	Svati Until 3:56AM Sun	Ganesha: White	<i>Sunrise:</i> 4:57AM	Sun 27
			Yama 1:41PM – 3:26PM	Vyatipata* Until 10:19PM	Muruqa: White	<i>Sunset:</i> 6:56PM	Subhakrit 5124
	262445479	Rahu 8:27AM – 10:12AM	Gara Until 2:40PM	Chaturdashi* Until 1:16AM Sun	Nataraja: Clear		Moon 4 - Phase 4 - 27
Creative Work	Siddha Yoga			Moon – Green		4th Phase	
Until 3:56AM Sun				Vaisaka-Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga							

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN
	Tula Rasi: 21.1	Tithi 15	Gulika 3:27PM – 5:12PM	Vishakha Until 1:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sun 28
			Yama 11:57AM – 1:42PM	Variyan Until 6:46PM	Muruqa: White	<i>Sunset:</i> 6:57PM	Subhakrit 5124
	272445479	Rahu 5:12PM – 6:57PM	Visti Until 11:49AM	Purnima* Until 10:14PM	Nataraja: Clear		Moon 4 - Phase 4 - Purnima
Routine Work	Marana Yoga			Moon – Orange			
Until 1:47AM Mon				Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN
	Vrischika Rasi: 5.56	Tithi 16	Gulika 1:42PM – 3:27PM	Anuradha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sun 29
			Yama 10:11AM – 11:57AM	Parigha* Until 3:00PM	Muruqa: White	<i>Sunset:</i> 6:58PM	Subhakrit 5124
	272445479	Rahu 6:41AM – 8:26AM	Balava Until 8:37AM	Prathama* Until 6:56PM	Nataraja: Clear		Moon 4 - Phase 4 - Prathama
Family Home Evening	Siddha Yoga			Moon – Orange			
Until 1:47AM Mon				Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga							



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN
Sun 1
Sutra 30
Subhakrit 5124

Vrischika Rasi: 20.52 Tithi 17 - 18

272445479

Gulika 11:57AM - 1:42PM
Yama 8:26AM - 10:11AM
Rahu 3:28PM - 5:13PM

Jyeshtha* Until 8:31PM
Shiva Until 11:07AM
Vanija Until 1:49AM Wed
Dvitiya Until 3:31PM

Ganesha: Yellow *Sunrise: 4:55AM*
Muruqa: White *Sunset: 6:58PM*
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 8:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Memphis, TN
Sun 2
Sutra 31
Subhakrit 5124

Dhanus Rasi: 5.49 Tithi 18 - 19

282445479

Gulika 10:11AM - 11:57AM
Yama 6:40AM - 8:25AM
Rahu 11:57AM - 1:42PM

Mula* Until 6:07PM
Siddha Until 7:13AM
Bava Until 10:30PM
Tritiya Until 12:08PM

Ganesha: Blue *Sunrise: 4:54AM*
Muruqa: White *Sunset: 6:59PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 6:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN
Sun 3
Sutra 32
Subhakrit 5124

Dhanus Rasi: 20.39 Tithi 19 - 20

282445479

Gulika 8:25AM - 10:11AM
Yama 4:54AM - 6:39AM
Rahu 1:43PM - 3:28PM

Purvashadha* Until 3:47PM
Subha Until 11:55PM
Kaulava Until 7:26PM
Chaturthi* Until 8:55AM

Ganesha: Blue *Sunrise: 4:54AM*
Muruqa: White *Sunset: 7:00PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 3:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Memphis, TN
Sun 4
Sutra 33
Subhakrit 5124

Makara Rasi: 5.17 Tithi 20 - 21

282445479

Gulika 6:39AM - 8:25AM
Yama 3:29PM - 5:15PM
Rahu 10:11AM - 11:57AM

Uttarashadha Until 1:40PM
Sukla Until 8:41PM
Vanija Until 3:31AM Sat
Panchami Until 6:01AM

Ganesha: Blue *Sunrise: 4:53AM*
Muruqa: White *Sunset: 7:01PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Memphis, TN
Sun 5
Sutra 34
Subhakrit 5124

Makara Rasi: 19.37 Tithi 22

292445479

Gulika 4:52AM - 6:38AM
Yama 1:43PM - 3:29PM
Rahu 8:25AM - 10:11AM

Shravana Until 12:17PM
Brahma Until 5:51PM
Visti Until 2:28PM
Saptami Until 1:31AM Sun

Ganesha: Red *Sunrise: 4:52AM*
Muruqa: White *Sunset: 7:01PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN
Sun 6
Sutra 35
Subhakrit 5124

Kumbha Rasi: 3.37 Tithi 23

292445479

Gulika 3:30PM - 5:16PM
Yama 11:57AM - 1:43PM
Rahu 5:16PM - 7:02PM

Dhanishtha Until 11:17AM
Indra Until 3:29PM
Balava Until 12:45PM
Ashtami* Until 12:06AM Mon

Ganesha: Red *Sunrise: 4:52AM*
Muruqa: White *Sunset: 7:02PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 11:17AM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Memphis, TN
Sun 7
Sutra 36
Subhakrit 5124

Kumbha Rasi: 17.16 Tithi 24

293545479

Gulika 1:43PM - 3:30PM
Yama 10:11AM - 11:57AM
Rahu 6:38AM - 8:24AM

Shatabhishak Until 10:43AM
Vaidhriti* Until 1:34PM
Taitila Until 11:38AM
Navami* Until 11:16PM

Ganesha: Red *Sunrise: 4:51AM*
Muruqa: White *Sunset: 7:03PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 10:43AM
Then Routine Work - Marana Yoga

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Memphis, TN Sun 8 Sutra 37 Subhakrit 5124
Meena Rasi: 0.34	Tithi 25	Gulika 11:57AM – 1:44PM	Purvaproshtapada* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM			
		Yama 8:24AM – 10:10AM	Vishkambha* Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:04PM		Moon 5 - Phase 6 - 8	2nd Phase
		213545479 Rahu 3:30PM – 5:17PM	Vanija Until 11:06AM	Nataraja: Clear				
Routine Work	Marana Yoga		Dashami Until 11:02PM	Moon – Clear			Devaloka Day	
Until 11:03AM				Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Memphis, TN Sun 9 Sutra 38 Subhakrit 5124
Meena Rasi: 13.34	Tithi 26	Gulika 10:10AM – 11:57AM	Uttaraproshtapada Until 11:48AM	Ganesha: Purple	<i>Sunrise:</i> 4:50AM			
		Yama 6:37AM – 8:24AM	Priti Until 11:13AM	Muruqa: White	<i>Sunset:</i> 7:04PM		Moon 5 - Phase 6 - 9	2nd Phase
		313545479 Rahu 11:57AM – 1:44PM	Bava Until 11:10AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Ekadashi* Until 11:23PM	Moon – Clear			Sivaloka Day	
Until 11:48AM				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Fatila Karana Dvadashyam Titau		Memphis, TN Sun 10 Sutra 39 Subhakrit 5124
Meena Rasi: 26.16	Tithi 27	Gulika 8:23AM – 10:10AM	Revati Until 12:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:50AM			
		Yama 4:50AM – 6:36AM	Ayushman Until 10:42AM	Muruqa: White	<i>Sunset:</i> 7:05PM		Moon 5 - Phase 6 - 10	2nd Phase
		313545479 Rahu 1:44PM – 3:31PM	Kaulava Until 11:47AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Dvadashi* Until 12:17AM Fri	Moon – Clear			Sivaloka Day	
Until 12:57PM				Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Memphis, TN Sun 11 Sutra 40 Subhakrit 5124
Mesha Rasi: 8.45	Tithi 28	Gulika 6:36AM – 8:23AM	Ashvini Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM			
		Yama 3:32PM – 5:19PM	Saubhagya Until 10:35AM	Muruqa: White	<i>Sunset:</i> 7:06PM		Moon 5 - Phase 6 - 11	2nd Phase
		323545479 Rahu 10:10AM – 11:57AM	Gara Until 12:55PM	Nataraja: Clear				
Creative Work	Amrita Yoga		Trayodashi* Until 1:39AM Sat	Moon – White			Devaloka Day	
Until 2:54PM				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Memphis, TN Sun 12 Sutra 41 Subhakrit 5124
Mesha Rasi: 21.01	Tithi 29	Gulika 4:49AM – 6:36AM	Bharani Until 5:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM			
		Yama 1:45PM – 3:32PM	Sobhana Until 10:51AM	Muruqa: White	<i>Sunset:</i> 7:06PM		Moon 5 - Phase 6 - 12	2nd Phase
		323545479 Rahu 8:23AM – 10:10AM	Visti Until 2:30PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Chaturdashi* Until 3:25AM Sun	Moon – White			Devaloka Day	
Until 5:08PM				Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga								

●		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Memphis, TN Sun 13 Sutra 42 Subhakrit 5124
Retreat Star		Gulika 3:32PM – 5:20PM	Krittika Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM			
Vrishabha Rasi: 3.08	Tithi 30	Yama 11:58AM – 1:45PM	Athiganda* Until 11:22AM	Muruqa: White	<i>Sunset:</i> 7:07PM		Moon 5 - Phase 6 - 13	Amavasya
		323545479 Rahu 5:20PM – 7:07PM	Catuspada Until 4:28PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Amavasya* Until 5:32AM Mon	Moon – White			Devaloka Day	
				Vaisaka-Vaikasi				

Monday, May 30, 2022		Retreat Star				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna* Karana Prathamayam Titau		Memphis, TN Sun 14 Sutra 43 Subhakrit 5124
Vrishabha Rasi: 15.07	Tithi 1	Gulika 1:45PM – 3:33PM	Rohini Until 10:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:48AM			
Family Home Evening		Yama 10:10AM – 11:58AM	Sukarma Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:08PM		Moon 5 - Phase 6 - 14	Prathama
		333545479 Rahu 6:35AM – 8:23AM	Kintughna Until 6:42PM	Nataraja: Clear				
Creative Work	Amrita Yoga		Prathama* Until 7:52AM Tue	Moon – Yellow			Devaloka Day	
				Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 15 Sutra 44	
	Vrishabha Rasi: 27.01	Tithi 1 – 2	333545479	Gulika Yama Rahu	11:58AM – 1:45PM 8:23AM – 10:10AM 3:33PM – 5:21PM	Mrigashira Until 1:33AM Wed Dhriti Until 1:06PM Balava Until 9:07PM Prathama* Until 7:52AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:47AM Sunset: 7:08PM Moon 5 - Phase 7 - 15 3rd Phase
	Creative Work Siddha Yoga							Devaloka Day

2	Wednesday, June 1, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 16 Sutra 45	
	Mithuna Rasi: 8.51	Tithi 2 – 3	333545479	Gulika Yama Rahu	10:10AM – 11:58AM 6:35AM – 8:23AM 11:58AM – 1:46PM	Ardra Until 4:25AM Thu Shula* Until 2:05PM Taitila Until 11:36PM Dvitiya Until 10:20AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:47AM Sunset: 7:09PM Moon 5 - Phase 7 - 16 3rd Phase
	Creative Work Siddha Yoga Until 4:25AM Thu Then Creative Work - Amrita Yoga							Devaloka Day

3	Thursday, June 2, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Memphis, TN Sun 17 Sutra 46	
	Mithuna Rasi: 20.41	Tithi 3 – 4	343555479	Gulika Yama Rahu	8:23AM – 10:10AM 4:47AM – 6:35AM 1:46PM – 3:34PM	Punarvasu Until 7:35AM Fri Ganda* Until 3:06PM Vanija Until 2:03AM Fri Tritiya Until 12:49PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Sunrise: 4:47AM Sunset: 7:10PM Moon 5 - Phase 7 - 17 3rd Phase
	Creative Work Amrita Yoga Until 7:35AM Fri Then Routine Work - Marana Yoga							Devaloka Day

4	Friday, June 3, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Memphis, TN Sun 18 Sutra 47	
	Kataka Rasi: 2.32	Tithi 4 – 5	343555479	Gulika Yama Rahu	6:35AM – 8:22AM 3:34PM – 5:22PM 10:10AM – 11:58AM	Punarvasu Until 7:35AM Vridhi Until 4:03PM Bava Until 4:20AM Sat Chaturthi* Until 3:12PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Sunrise: 4:47AM Sunset: 7:10PM Moon 5 - Phase 7 - 18 3rd Phase
	Creative Work Siddha Yoga Until 7:35AM Then Routine Work - Marana Yoga							Devaloka Day

5	Saturday, June 4, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Memphis, TN Sun 19 Sutra 48	
	Kataka Rasi: 14.28	Tithi 5 – 6	343555479	Gulika Yama Rahu	4:46AM – 6:34AM 1:47PM – 3:35PM 8:22AM – 10:10AM	Pushya Until 10:23AM Dhruva Until 4:47PM Kaulava Until 6:19AM Sun Panchami Until 5:21PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Sunrise: 4:46AM Sunset: 7:11PM Moon 5 - Phase 7 - 19 3rd Phase
	Creative Work Siddha Yoga Until 10:23AM Then Routine Work - Marana Yoga							Devaloka Day

6	Sunday, June 5, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN Sun 20 Sutra 49	
	Kataka Rasi: 26.31	Tithi 6	343555471	Gulika Yama Rahu	3:35PM – 5:23PM 11:59AM – 1:47PM 5:23PM – 7:11PM	Ashlesha* Until 12:42PM Vyaghata* Until 5:15PM Kaulava Until 6:19AM Shashthi* Until 7:08PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Sunrise: 4:46AM Sunset: 7:11PM Moon 5 - Phase 7 - 20 3rd Phase
	Creative Work Siddha Yoga Until 12:42PM Then Routine Work - Marana Yoga							Devaloka Day

☽	Monday, June 6, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN Sun 21 Sutra 50	
	Simha Rasi: 8.44	Tithi 7	354555471	Gulika Yama Rahu	1:47PM – 3:35PM 10:11AM – 11:59AM 6:34AM – 8:22AM	Magha* Until 2:53PM Harshana Until 5:21PM Gara Until 7:51AM Saptami Until 8:23PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Sunrise: 4:46AM Sunset: 7:12PM Moon 5 - Phase 7 - 21 3rd Phase
	Family Home Evening Routine Work Marana Yoga Until 2:53PM Then Creative Work - Siddha Yoga							Devaloka Day

☾	Tuesday, June 7, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Memphis, TN Sun 22 Sutra 51	
	Simha Rasi: 21.13	Tithi 8	354555471	Gulika Yama Rahu	11:59AM – 1:47PM 8:22AM – 10:11AM 3:36PM – 5:24PM	Purvaphalguni Until 4:18PM Vajra* Until 4:55PM Visti Until 8:48AM Ashtami* Until 9:00PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Sunrise: 4:46AM Sunset: 7:12PM Moon 5 - Phase 7 - 22 Ashtami
	Creative Work Siddha Yoga Until 4:18PM Then Creative Work - Amrita Yoga							Devaloka Day

☽	Wednesday, June 8, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 23 Sutra 52	
	Kanya Rasi: 4	Tithi 9	354555471	Gulika Yama Rahu	10:11AM – 11:59AM 6:34AM – 8:22AM 11:59AM – 1:48PM	Uttaraphalguni Until 4:51PM Siddhi Until 3:55PM Balava Until 9:03AM Navami* Until 8:51PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Sunrise: 4:46AM Sunset: 7:13PM Moon 5 - Phase 7 - 23 Navami
	Creative Work Amrita Yoga Until 4:51PM Then Routine Work - Marana Yoga							Devaloka Day


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Memphis, TN Sun 24 Sutra 53 Subhakrit 5124
Kanya Rasi: 17.11	Tithi 10	Gulika 8:22AM – 10:11AM	Hasta Until 4:55PM	Ganesha: White	<i>Sunrise:</i> 4:45AM	
		Yama 4:45AM – 6:34AM	Vyatipata* Until 2:19PM	Muruqa: Green	<i>Sunset:</i> 7:13PM	Moon 5 - Phase 8 - 24
		364555471 Rahu 1:48PM – 3:36PM	Taitila Until 8:31AM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dashami Until 7:56PM	Moon – Green		Bhuloka Day
Until 4:55PM				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

2		Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Memphis, TN Sun 25 Sutra 54 Subhakrit 5124
Tula Rasi: 0.48	Tithi 11	Gulika 6:34AM – 8:22AM	Chitra Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 4:45AM	
		Yama 3:37PM – 5:25PM	Variyan Until 12:03PM	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 8 - 25
		364555471 Rahu 10:11AM – 12:00PM	Vanija Until 7:12AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:14PM	Moon – Green		Bhuloka Day
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM

3		Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Memphis, TN Sun 26 Sutra 55 Subhakrit 5124
Tula Rasi: 14.52	Tithi 12 – 13	Gulika 4:45AM – 6:34AM	Svati Until 2:24PM	Ganesha: White	<i>Sunrise:</i> 4:45AM	
		Yama 1:48PM – 3:37PM	Parigha* Until 9:13AM	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 8 - 26
		364555471 Rahu 8:23AM – 10:11AM	Kaulava Until 2:27AM Sun	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:51PM	Moon – Green		Bhuloka Day
		Vaikasi Visakam		Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM
						<i>Pradosha Vrata</i>

4		Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Memphis, TN Sun 27 Sutra 56 Subhakrit 5124
Tula Rasi: 29.23	Tithi 13 – 14	Gulika 3:37PM – 5:26PM	Vishakha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	
		Yama 12:00PM – 1:49PM	Siddha Until 2:08AM Mon	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 8 - 27
		364555471 Rahu 5:26PM – 7:15PM	Gara Until 11:15PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 12:53PM	Moon – Orange		Devaloka Day
				Jyeshtha-Vaikasi		

		Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Memphis, TN Sun 28 Sutra 57 Subhakrit 5124
Copper Retreat Star		Gulika 1:49PM – 3:38PM	Anuradha Until 9:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	
Vrischika Rasi: 14.15	Tithi 14 – 15	Yama 10:11AM – 12:00PM	Sadhya Until 10:06PM	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 8 -
Family Home Evening		364555471 Rahu 6:34AM – 8:23AM	Visti Until 7:42PM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 9:30AM	Moon – Orange		Devaloka Day
				Jyeshtha-Vaikasi		

5		Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Memphis, TN Sun 29 Sutra 58 Subhakrit 5124
Silver Retreat Star		Gulika 12:00PM – 1:49PM	Jyeshtha* Until 6:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	
Vrischika Rasi: 29.22	Tithi 16	Yama 8:23AM – 10:12AM	Subha Until 5:57PM	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 8 -
		364555471 Rahu 3:38PM – 5:27PM	Balava Until 3:57PM	Nataraja: Yellow		Prathama
Routine Work	Marana Yoga		Prathama* Until 2:02AM Wed	Moon – Orange		Devaloka Day
Until 6:52AM				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						



Wednesday, June 15, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Memphis, TN

Sutra 59

Subhakarit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 14.34 Tithi 17

384555471

Gulika 10:12AM – 12:01PM
Yama 6:34AM – 8:23AM
Rahu 12:01PM – 1:49PM

Purvashadha* Until 1:08AM Thu
Sukla Until 1:44PM
Taitila Until 12:09PM
Dvitiya Until 10:17PM

Ganesha: Blue *Sunrise: 4:45AM*
Muruqa: Green *Sunset: 7:16PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Trityayam Titau

Memphis, TN

Sun 1

Sutra 60

Subhakarit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.43 Tithi 18

384555471

Gulika 8:23AM – 10:12AM
Yama 4:45AM – 6:34AM
Rahu 1:50PM – 3:38PM

Uttarashadha Until 10:21PM
Brahma Until 9:40AM
Vanija Until 8:30AM
Tritiya Until 6:45PM

Ganesha: Blue *Sunrise: 4:45AM*
Muruqa: Green *Sunset: 7:16PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhritil* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN

Sun 2

Sutra 61

Subhakarit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.38 Tithi 19 – 20

394555471

Gulika 6:34AM – 8:23AM
Yama 3:39PM – 5:28PM
Rahu 10:12AM – 12:01PM

Shravana Until 8:13PM
Vaidhritil* Until 2:23AM Sat
Kaulava Until 2:11AM Sat
Chaturthi* Until 3:34PM

Ganesha: Red *Sunrise: 4:46AM*
Muruqa: Green *Sunset: 7:16PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 8:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Memphis, TN

Sun 3

Sutra 62

Subhakarit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 29.13 Tithi 20 – 21

394555471

Gulika 4:46AM – 6:35AM
Yama 1:50PM – 3:39PM
Rahu 8:23AM – 10:12AM

Dhanishtha Until 6:29PM
Vishkambha* Until 11:24PM
Gara Until 11:49PM
Panchami Until 12:54PM

Ganesha: Blue *Sunrise: 4:46AM*
Muruqa: Green *Sunset: 7:17PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 6:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvproshthapada* Nakshatra Priti Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau

Memphis, TN

Sun 4

Sutra 63

Subhakarit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 13.24 Tithi 21 – 22

395655471

Gulika 3:39PM – 5:28PM
Yama 12:01PM – 1:50PM
Rahu 5:28PM – 7:17PM

Shatabhishak Until 5:16PM
Priti Until 9:00PM
Vistil Until 10:08PM
Shashthi* Until 10:52AM

Ganesha: Red *Sunrise: 4:46AM*
Muruqa: Green *Sunset: 7:17PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Father's Day

5

Monday, June 20, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvproshthapada*/Uttarproshthapada Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Memphis, TN

Sun 5

Sutra 64

Subhakarit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 27.08 Tithi 22 – 23

315655471

Gulika 1:51PM – 3:39PM
Yama 10:13AM – 12:02PM
Rahu 6:35AM – 8:24AM

Purvproshthapada* Until 5:05PM
Ayushman Until 7:10PM
Balava Until 9:12PM
Saptami Until 9:33AM

Ganesha: Clear *Sunrise: 4:46AM*
Muruqa: Green *Sunset: 7:17PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarproshthapada/Revatil Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Memphis, TN

Sun 6

Sutra 65

Subhakarit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 10.25 Tithi 23 – 24

315655471

Gulika 12:02PM – 1:51PM
Yama 8:24AM – 10:13AM
Rahu 3:40PM – 5:29PM

Uttarproshthapada Until 5:32PM
Saubhagya Until 5:59PM
Taitila Until 9:03PM
Ashtami* Until 9:01AM

Ganesha: Clear *Sunrise: 4:46AM*
Muruqa: Green *Sunset: 7:18PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Memphis, TN on 4/26/2

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Memphis, TN	
Meena Rasi: 23.19		Tithi 24 – 25		Revati Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7	
315655471		Gulika 10:13AM – 12:02PM	Revati Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Subhakit 5124	
Routine Work		Yama 6:35AM – 8:24AM	Sobhana Until 5:24PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 7	
Marana Yoga		Rahu 12:02PM – 1:51PM	Vanija Until 9:38PM	Nataraja: Yellow	2nd Phase		
		Navami* Until 9:14AM		Moon – Clear	Devaloka Day		
				Jyeshtha-Ani			


2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Memphis, TN	
Mesha Rasi: 5.52		Tithi 25 – 26		Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8	
325655471		Gulika 8:24AM – 10:13AM	Ashvini Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Subhakit 5124	
Creative Work		Yama 4:47AM – 6:36AM	Athiganda* Until 5:19PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 8	
Amrita Yoga		Rahu 1:51PM – 3:40PM	Bava Until 10:53PM	Nataraja: Yellow	2nd Phase		
Until 8:31PM		Dashami Until 10:10AM		Moon – White	Bhuloka Day		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			
				Devaloka Time: 6:PM to 9:PM			

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Memphis, TN	
Mesha Rasi: 18.08		Tithi 26 – 27		Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9	
325655471		Gulika 6:36AM – 8:25AM	Bharani Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Subhakit 5124	
Creative Work		Yama 3:40PM – 5:29PM	Sukarma Until 5:41PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 9	
Siddha Yoga		Rahu 10:14AM – 12:02PM	Kaulava Until 12:39AM Sat	Nataraja: Yellow	2nd Phase		
		Ekadashi* Until 11:41AM		Moon – White	Bhuloka Day		
				Jyeshtha-Ani			
				Devaloka Time: 6:PM to 9:PM			

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Memphis, TN	
Vrishabha Rasi: 0.14		Tithi 27 – 28		Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10	
325655471		Gulika 4:47AM – 6:36AM	Krittika Until 1:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Subhakit 5124	
Creative Work		Yama 1:52PM – 3:40PM	Dhriti Until 6:23PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 10	
Amrita Yoga		Rahu 8:25AM – 10:14AM	Gara Until 2:48AM Sun	Nataraja: Yellow	2nd Phase		
Until 1:25AM Sun		Dvadashi* Until 1:40PM		Moon – White	Bhuloka Day		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			
				Devaloka Time: 6:PM to 9:PM			
				<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Memphis, TN	
Vrishabha Rasi: 12.1		Tithi 28 – 29		Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11	
335655471		Gulika 3:41PM – 5:29PM	Rohini Until 4:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:48AM	Subhakit 5124	
Creative Work		Yama 12:03PM – 1:52PM	Shula* Until 7:17PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 11	
Siddha Yoga		Rahu 5:29PM – 7:18PM	Visti Until 5:11AM Mon	Nataraja: Yellow	2nd Phase		
Until 4:33AM Mon		Trayodashi* Until 3:57PM		Moon – Yellow	Bhuloka Day		
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			
				Devaloka Time: 6:PM to 9:PM			

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Memphis, TN	
Vrishabha Rasi: 24.02		Tithi 29		Mrigashira Nakshatra Ganda* Yoga Sakuni* Karana Chaturdashyam Titau		Sun 12	
335655471		Gulika 1:52PM – 3:41PM	Mrigashira Until 7:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:48AM	Subhakit 5124	
Family Home Evening		Yama 10:14AM – 12:03PM	Ganda* Until 8:18PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 12	
Creative Work		Rahu 6:37AM – 8:25AM	Sakuni Until 6:25PM	Nataraja: Yellow	2nd Phase		
Amrita Yoga		Chaturdashi* Until 6:25PM		Moon – Yellow	Bhuloka Day		
Until 7:37AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga				Devaloka Time: 6:PM to 9:PM			

		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Memphis, TN	
Mithuna Rasi: 5.52		Tithi 30		Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	
336655471		Gulika 12:03PM – 1:52PM	Mrigashira Until 7:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	Subhakit 5124	
Creative Work		Yama 8:26AM – 10:15AM	Vriddhi Until 9:22PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 13	
Siddha Yoga		Rahu 3:41PM – 5:30PM	Catuspada Until 7:41AM	Nataraja: Yellow	Amavasya		
Until 7:37AM		Amavasya* Until 8:55PM		Moon – Yellow	Bhuloka Day		
Then Routine Work - Marana Yoga				Jyeshtha-Ani			
				Devaloka Time: 6:PM to 9:PM			

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Memphis, TN	
Mithuna Rasi: 17.41		Tithi 1		Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14	
336655471		Gulika 10:15AM – 12:03PM	Ardra Until 10:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	Subhakit 5124	
Creative Work		Yama 6:37AM – 8:26AM	Dhruva Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 10 - 14	
Siddha Yoga		Rahu 12:03PM – 1:52PM	Kintughna Until 10:10AM	Nataraja: Yellow	Prathama		
		Prathama* Until 11:22PM		Moon – Yellow	Bhuloka Day		
				Ashada-Ani			
				Devaloka Time: 6:PM to 9:PM			

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Memphis, TN Sun 15 Sutra 74 Subhakrit 5124
Mithuna Rasi: 29.32	Tithi 2	Gulika 8:26AM – 10:15AM	Punarvasu Until 1:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:49AM	
		Yama 4:49AM – 6:38AM	Vyaghata* Until 11:16PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 15
346655471	Rahu 1:52PM – 3:41PM		Balava Until 12:34PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 1:41AM Fri	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Memphis, TN Sun 16 Sutra 75 Subhakrit 5124
Kataka Rasi: 11.27	Tithi 3	Gulika 6:38AM – 8:27AM	Pushya Until 4:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:49AM	
		Yama 3:41PM – 5:30PM	Harshana Until 12:02AM Sat	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 16
346655471	Rahu 10:15AM – 12:04PM		Taitila Until 2:47PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 3:47AM Sat	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Vistii* Karana Chaturthyam Titau		Memphis, TN Sun 17 Sutra 76 Subhakrit 5124
Kataka Rasi: 23.27	Tithi 4	Gulika 4:50AM – 6:38AM	Ashlesha* Until 6:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:50AM	
		Yama 1:53PM – 3:41PM	Vajra* Until 12:34AM Sun	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 17
346655471	Rahu 8:27AM – 10:16AM		Vanija Until 4:45PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 5:36AM Sun	Moon – Blue		Bhuloka Day
Until 6:49PM				Ashada*Ani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava Karana Panchamyam Titau		Memphis, TN Sun 18 Sutra 77 Subhakrit 5124
Simha Rasi: 5.34	Tithi 5	Gulika 3:41PM – 5:30PM	Magha* Until 9:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:50AM	
		Yama 12:04PM – 1:53PM	Siddhi Until 12:50AM Mon	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 18
356655471	Rahu 5:30PM – 7:18PM		Bava Until 6:23PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Panchami Until 7:02AM Mon	Moon – Red		Devaloka Day
Until 9:12PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Memphis, TN Sun 19 Sutra 78 Subhakrit 5124
Simha Rasi: 17.5	Tithi 5 – 6	Gulika 1:53PM – 3:41PM	Purvaphalguni Until 10:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	
Family Home Evening		Yama 10:16AM – 12:04PM	Vyatipata* Until 12:45AM Tue	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 19
356655471	Rahu 6:39AM – 8:28AM		Kaulava Until 7:35PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:02AM	Moon – Red		Devaloka Day
				Ashada*Ani		

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau		Memphis, TN Sun 20 Sutra 79 Subhakrit 5124
Kanya Rasi: 0.2	Tithi 6 – 7	Gulika 12:05PM – 1:53PM	Uttaraphalguni Until 12:04AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	
		Yama 8:28AM – 10:16AM	Variyan Until 12:12AM Wed	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 20
357655471	Rahu 3:41PM – 5:30PM		Gara Until 8:15PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 7:58AM	Moon – Red		Devaloka Day
Until 12:04AM Wed				Ashada*Ani		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Vistii* Karana Saplam/Ashtamyam Titau		Memphis, TN Sun 21 Sutra 80 Subhakrit 5124
Kanya Rasi: 13.05	Tithi 7 – 8	Gulika 10:17AM – 12:05PM	Hasta Until 12:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	
		Yama 6:40AM – 8:28AM	Parigha* Until 11:08PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 11 - 21
467655471	Rahu 12:05PM – 1:53PM		Visti Until 8:16PM	Nataraja: Yellow		Ashtami
Routine Work	Marana Yoga		Saptami Until 8:19AM	Moon – Green		Devaloka Day
Until 12:50AM Thu				Ashada*Ani		
Then Creative Work - Siddha Yoga						

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Memphis, TN Sun 22 Sutra 81 Subhakrit 5124
Kanya Rasi: 26.1	Tithi 8 – 9	Gulika 8:29AM – 10:17AM	Chitra Until 12:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	
		Yama 4:52AM – 6:40AM	Shiva Until 9:31PM	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 11 - 22
467655471	Rahu 1:53PM – 3:41PM		Balava Until 7:33PM	Nataraja: Yellow		Navami
Creative Work	Siddha Yoga		Ashtami* Until 7:59AM	Moon – Green		Devaloka Day
				Ashada*Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1		Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN Sun 23 Sutra 82 Subhakrit 5124
Tula Rasi: 9.4	Tithi 9 – 10	Gulika 6:41AM – 8:29AM	Svati Until 11:43PM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM			
		Yama 3:41PM – 5:29PM	Siddha Until 7:16PM	Muruqa: Green	<i>Sunset:</i> 7:17PM		Moon 6 - Phase 12 - 23	
467655471		Rahu 10:17AM – 12:05PM	Taitila Until 6:07PM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Navami* Until 6:55AM	Moon – Green			Devaloka Day	
								Ashada*Ani

2		Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Memphis, TN Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 23.35	Tithi 11	Gulika 4:53AM – 6:41AM	Vishakha Until 10:20PM	Ganesha: White	<i>Sunrise:</i> 4:53AM			
		Yama 1:53PM – 3:41PM	Sadhya Until 4:27PM	Muruqa: Green	<i>Sunset:</i> 7:17PM		Moon 6 - Phase 12 - 24	
477655471		Rahu 8:29AM – 10:17AM	Vanija Until 3:58PM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 2:39AM Sun	Moon – Orange			Bhuloka Day	
							Devaloka Time: 6:PM to 9:PM	Ashada*Ani

3		Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Memphis, TN Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 7.57	Tithi 12	Gulika 3:41PM – 5:29PM	Anuradha Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 4:54AM			
		Yama 12:05PM – 1:53PM	Subha Until 1:09PM	Muruqa: Green	<i>Sunset:</i> 7:17PM		Moon 6 - Phase 12 - 25	
477655471		Rahu 5:29PM – 7:17PM	Bava Until 1:13PM	Nataraja: Yellow			4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 11:37PM	Moon – Orange			Bhuloka Day	
							Devaloka Time: 6:PM to 9:PM	Ashada*Ani

4		Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 22.43	Tithi 13	Gulika 1:53PM – 3:41PM	Jyeshtha* Until 5:31PM	Ganesha: White	<i>Sunrise:</i> 4:55AM			
		Yama 10:18AM – 12:05PM	Sukla Until 9:24AM	Muruqa: Green	<i>Sunset:</i> 7:16PM		Moon 6 - Phase 12 - 26	
477655471		Rahu 6:42AM – 8:30AM	Kaulava Until 9:57AM	Nataraja: Yellow			4th Phase	
Family Home Evening			Trayodashi Until 8:10PM	Moon – Orange			Bhuloka Day	
Creative Work	Siddha Yoga						Devaloka Time: 6:PM to 9:PM	Ashada*Ani
								Pradosha Vrata

5		Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Memphis, TN Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 7.46	Tithi 14 – 15	Gulika 12:06PM – 1:53PM	Mula* Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 4:55AM			
		Yama 8:30AM – 10:18AM	Indra Until 1:11AM Wed	Muruqa: Green	<i>Sunset:</i> 7:16PM		Moon 6 - Phase 12 - 27	
488655471		Rahu 3:41PM – 5:28PM	Gara Until 6:20AM	Nataraja: Yellow			4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:26PM	Moon – Light Blue			Sivaloka Day	
Until 2:46PM								Ashada*Ani
Then Creative Work - Siddha Yoga								

		Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Memphis, TN Sun 28 Sutra 87 Subhakrit 5124
Dhanus Rasi: 22.59	Tithi 15 – 16	Gulika 10:18AM – 12:06PM	Purvashadha* Until 11:46AM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM			
		Yama 6:43AM – 8:31AM	Vaidhriti* Until 8:55PM	Muruqa: Green	<i>Sunset:</i> 7:16PM		Moon 6 - Phase 12 - Purnima	
488755471		Rahu 12:06PM – 1:53PM	Balava Until 10:41PM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Purnima* Until 12:35PM	Moon – Light Blue			Devaloka Day	
								Ashada*Ani
								Satguru Purnima

Thursday, July 14, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 29 Sutra 88 Subhakrit 5124
Makara Rasi: 8.13	Tithi 16 – 17	Gulika 8:31AM – 10:18AM	Uttarashadha Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM			
		Yama 4:56AM – 6:44AM	Vishkambha* Until 4:47PM	Muruqa: Green	<i>Sunset:</i> 7:15PM		Moon 6 - Phase 12 - Prathama	
488755471		Rahu 1:53PM – 3:41PM	Taitila Until 6:59PM	Nataraja: Yellow				
Routine Work	Marana Yoga		Prathama* Until 8:47AM	Moon – Light Blue			Devaloka Day	
Until 8:40AM								Ashada*Ani
Then Creative Work - Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Trilyayam Titau

Memphis, TN

Sun 1 Sutra 89

Subhakrit 5124

Moon 7 - Phase 13 - 1

1st Phase

Makara Rasi: 23.17 Tithi 18

Gulika 6:44AM - 8:31AM

Yama 3:40PM - 5:28PM

498755471 **Rahu** 10:19AM - 12:06PM

Shravana Until 6:04AM

Priti Until 12:54PM

Vanija Until 3:35PM

Tritiya Until 2:02AM Sat

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Purple

Ashada*Ani

Sunrise: 4:57AM

Sunset: 7:15PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Memphis, TN

Sun 2 Sutra 90

Subhakrit 5124

Moon 7 - Phase 13 - 2

1st Phase

Kumbha Rasi: 8.02 Tithi 19

Gulika 4:58AM - 6:45AM

Yama 1:53PM - 3:40PM

498755471 **Rahu** 8:32AM - 10:19AM

Shatabhishak Until 1:50AM Sun

Ayushman Until 9:22AM

Bava Until 12:40PM

Chaturthi* Until 11:25PM

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Purple

Ashada*Adi

Sunrise: 4:58AM

Sunset: 7:14PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Memphis, TN

Sun 3 Sutra 91

Subhakrit 5124

Moon 7 - Phase 13 - 3

1st Phase

Kumbha Rasi: 22.22 Tithi 20

Gulika 3:40PM - 5:27PM

Yama 12:06PM - 1:53PM

418755472 **Rahu** 5:27PM - 7:14PM

Purvaproshtapada* Until 12:56AM Mo

Saubhagya Until 6:22AM

Kaulava Until 10:22AM

Panchami Until 9:29PM

Ganesha: White

Muruqa: Green

Nataraja: White

Moon - Clear

Ashada*Adi

Sunrise: 4:58AM

Sunset: 7:14PM

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Memphis, TN

Sun 4 Sutra 92

Subhakrit 5124

Moon 7 - Phase 13 - 4

1st Phase

Meena Rasi: 6.12 Tithi 21

Gulika 1:53PM - 3:40PM

Yama 10:19AM - 12:06PM

418755472 **Rahu** 6:46AM - 8:33AM

Uttaraproshtapada Until 12:42AM Tue

Athiganda* Until 2:13AM Tue

Gara Until 8:50AM

Shashthi* Until 8:22PM

Ganesha: White

Muruqa: Green

Nataraja: White

Moon - Clear

Ashada*Adi

Sunrise: 4:59AM

Sunset: 7:13PM

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Memphis, TN

Sun 5 Sutra 93

Subhakrit 5124

Moon 7 - Phase 13 - 5

1st Phase

Meena Rasi: 19.34 Tithi 22

Gulika 12:06PM - 1:53PM

Yama 8:33AM - 10:20AM

419755472 **Rahu** 3:39PM - 5:26PM

Revati Until 1:10AM Wed

Sukarma Until 1:11AM Wed

Visti Until 8:09AM

Saptami Until 8:06PM

Ganesha: Clear

Muruqa: Green

Nataraja: White

Moon - Clear

Ashada*Adi

Sunrise: 5:00AM

Sunset: 7:13PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 1:10AM Wed

Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN

Sun 6 Sutra 94

Subhakrit 5124

Moon 7 - Phase 13 - 6

Ashtami

Mesha Rasi: 2.28 Tithi 23

Gulika 10:20AM - 12:06PM

Yama 6:47AM - 8:33AM

429755472 **Rahu** 12:06PM - 1:53PM

Ashvini Until 2:46AM Thu

Dhriti Until 12:49AM Thu

Balava Until 8:19AM

Ashtami* Until 8:42PM

Ganesha: Purple

Muruqa: Green

Nataraja: White

Moon - White

Ashada*Adi

Sunrise: 5:00AM

Sunset: 7:12PM

Devaloka Day

Routine Work Marana Yoga

Until 2:46AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Memphis, TN

Sun 7 Sutra 95

Subhakrit 5124

Moon 7 - Phase 13 - 7

Navami

Mesha Rasi: 14.59 Tithi 24

Gulika 8:34AM - 10:20AM

Yama 5:01AM - 6:47AM

429755472 **Rahu** 1:53PM - 3:39PM

Bharani Until 4:54AM Fri

Shula* Until 12:59AM Fri

Taitila Until 9:19AM

Navami* Until 10:03PM

Ganesha: Purple

Muruqa: Green

Nataraja: White

Moon - White

Ashada*Adi

Sunrise: 5:01AM

Sunset: 7:12PM

Devaloka Day

Creative Work Siddha Yoga

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Memphis, TN Sun 8 Sutra 96 Subhakrit 5124
Mesha Rasi: 27.12	Tithi 25	Gulika 6:48AM – 8:34AM	Krittika Until 7:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:02AM	
		Yama 3:39PM – 5:25PM	Ganda* Until 1:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 14 - 8
		429755472 Rahu 10:20AM – 12:06PM	Vanija Until 10:59AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:59PM	Moon – White		Devaloka Day
Until 7:24AM Sat				Ashada*Adi		
Then Creative Work - Amrita Yoga						

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Memphis, TN Sun 9 Sutra 97 Subhakrit 5124
Virshabha Rasi: 9.13	Tithi 26	Gulika 5:03AM – 6:48AM	Krittika Until 7:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	
		Yama 1:52PM – 3:38PM	Vriddhi Until 2:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 14 - 9
		429755472 Rahu 8:34AM – 10:20AM	Bava Until 1:08PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 2:18AM Sun	Moon – White		Devaloka Day
				Ashada*Adi		

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Memphis, TN Sun 10 Sutra 98 Subhakrit 5124
Virshabha Rasi: 21.05	Tithi 27	Gulika 3:38PM – 5:24PM	Rohini Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	
		Yama 12:06PM – 1:52PM	Dhruva Until 3:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 14 - 10
		439755472 Rahu 5:24PM – 7:10PM	Kaulava Until 3:34PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 4:49AM Mon	Moon – Yellow		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Memphis, TN Sun 11 Sutra 99 Subhakrit 5124
Mithuna Rasi: 2.54	Tithi 28	Gulika 1:52PM – 3:38PM	Mrigashira Until 1:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	
Family Home Evening		Yama 10:21AM – 12:06PM	Vyaghata* Until 4:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga	439755472 Rahu 6:50AM – 8:35AM	Gara Until 6:06PM	Nataraja: White		2nd Phase
Until 1:37PM			Trayodashi* Until 7:20AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM
			<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Memphis, TN Sun 12 Sutra 100 Subhakrit 5124
Mithuna Rasi: 14.43	Tithi 28 – 29	Gulika 12:06PM – 1:52PM	Ardra Until 4:30PM	Ganesha: Red	<i>Sunrise:</i> 5:05AM	
		Yama 8:36AM – 10:21AM	Harshana Until 5:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 14 - 12
		431755472 Rahu 3:37PM – 5:23PM	Visti Until 8:34PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 7:20AM	Moon – Yellow		Bhuloka Day
Until 4:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Memphis, TN Sun 13 Sutra 101 Subhakrit 5124
Mithuna Rasi: 26.35	Tithi 29 – 30	Gulika 10:21AM – 12:06PM	Punarvasu Until 7:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	
		Yama 6:51AM – 8:36AM	Vajra* Until 6:26AM Thu	Muruqa: Green	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 14 - 13
		441755472 Rahu 12:06PM – 1:52PM	Catuspada Until 10:52PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 9:44AM	Moon – Blue		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Memphis, TN Sun 14 Sutra 102 Subhakrit 5124
Kataka Rasi: 8.31	Tithi 30 – 1	Gulika 8:36AM – 10:21AM	Pushya Until 10:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	
		Yama 5:06AM – 6:51AM	Vajra* Until 6:26AM	Muruqa: Green	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 14 - 14
		441755472 Rahu 1:51PM – 3:37PM	Kintughna Until 12:57AM Fri	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 11:55AM	Moon – Blue		Bhuloka Day
Until 10:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 15 Sutra 103 Subhakit 5124
Kataka Rasi: 20.32	Tithi 1 – 2	Gulika Yama 441755472	6:52AM – 8:37AM 3:36PM – 5:21PM Rahu 10:21AM – 12:06PM	Ashlesha* Until 12:31AM Sat Siddhi Until 7:04AM Balava Until 2:44AM Sat Prathama* Until 1:51PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue	Sunrise: 5:07AM Sunset: 7:06PM	Moon 7 - Phase 15 - 15 3rd Phase	Bhuloka Day Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 12:31AM Sat Then Creative Work - Amrita Yoga								

2		Saturday, July 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 16 Sutra 104 Subhakit 5124
Simha Rasi: 2.41	Tithi 2 – 3	Gulika Yama 451755472	5:08AM – 6:52AM 1:51PM – 3:36PM Rahu 8:37AM – 10:22AM	Magha* Until 2:48AM Sun Vyatipata* Until 7:30AM Taitila Until 4:12AM Sun Dvitiya Until 3:29PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:08AM Sunset: 7:05PM	Moon 7 - Phase 15 - 16 3rd Phase	Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 2:48AM Sun Then Creative Work - Siddha Yoga								

3		Sunday, July 31, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Memphis, TN Sun 17 Sutra 105 Subhakit 5124
Simha Rasi: 14.58	Tithi 3 – 4	Gulika Yama 451755472	3:35PM – 5:20PM 12:06PM – 1:51PM Rahu 5:20PM – 7:04PM	Purvaphalguni Until 4:35AM Mon Variyan Until 7:39AM Vanija Until 5:19AM Mon Tritiya Until 4:47PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:08AM Sunset: 7:04PM	Moon 7 - Phase 15 - 17 3rd Phase	Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga								

4		Monday, August 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Memphis, TN Sun 18 Sutra 106 Subhakit 5124
Simha Rasi: 27.24	Tithi 4 – 5	Gulika Yama 451755472	1:50PM – 3:35PM 10:22AM – 12:06PM Rahu 6:53AM – 8:38AM	Uttaraphalguni Until 5:48AM Tue Parigha* Until 7:32AM Bava Until 6:02AM Tue Chaturthi* Until 5:43PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:09AM Sunset: 7:03PM	Moon 7 - Phase 15 - 18 3rd Phase	Bhuloka Day Devaloka Time: 9:AM to12:PM
Family Home Evening Creative Work Siddha Yoga								

5		Tuesday, August 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 19 Sutra 107 Subhakit 5124
Kanya Rasi: 10.01	Tithi 5	Gulika Yama 461755472	12:06PM – 1:50PM 8:38AM – 10:22AM Rahu 3:34PM – 5:18PM	Hasta Until 6:53AM Wed Shiva Until 7:06AM Bava Until 6:02AM Panchami Until 6:12PM	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green	Sunrise: 5:10AM Sunset: 7:02PM	Moon 7 - Phase 15 - 19 3rd Phase	Devaloka Day Srivana*Adi
Creative Work Siddha Yoga		Nag Panchami						

6		Wednesday, August 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN Sun 20 Sutra 108 Subhakit 5124
Kanya Rasi: 22.5	Tithi 6	Gulika Yama 461755472	10:22AM – 12:06PM 6:55AM – 8:38AM Rahu 12:06PM – 1:50PM	Hasta Until 6:53AM Siddha Until 6:17AM Kaulava Until 6:17AM Shashthi* Until 6:11PM	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green	Sunrise: 5:11AM Sunset: 7:01PM	Moon 7 - Phase 15 - 20 3rd Phase	Devaloka Day Srivana*Adi
Routine Work Marana Yoga Until 6:53AM Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, August 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 21 Sutra 109 Subhakit 5124
Tula Rasi: 5.56	Tithi 7 – 8	Gulika Yama 461765472	8:39AM – 10:22AM 5:11AM – 6:55AM Rahu 1:50PM – 3:33PM	Chitra Until 7:17AM Subha Until 3:22AM Fri Visti Until 6:00AM Saptami Until 5:37PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:11AM Sunset: 7:01PM	Moon 7 - Phase 15 - 21 3rd Phase	Devaloka Day Srivana*Adi
Creative Work Siddha Yoga Until 7:17AM Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 22 Sutra 110 Subhakit 5124
Tula Rasi: 19.22	Tithi 8 – 9	Gulika Yama 461765472	6:56AM – 8:39AM 3:33PM – 5:16PM Rahu 10:22AM – 12:06PM	Svati Until 6:58AM Sukla Until 1:09AM Sat Balava Until 3:38AM Sat Ashtami* Until 4:26PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:12AM Sunset: 7:00PM	Moon 7 - Phase 15 - 22 Ashtami	Devaloka Day Srivana*Adi
Creative Work Siddha Yoga		Varalakshmi Vratam						

Retreat Star		Saturday, August 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN Sun 23 Sutra 111 Subhakit 5124
Vrischika Rasi: 3.08	Tithi 9 – 10	Gulika Yama 472765472	5:13AM – 6:56AM 1:49PM – 3:32PM Rahu 8:39AM – 10:23AM	Vishakha Until 6:19AM Brahma Until 10:28PM Taitila Until 1:32AM Sun Navami* Until 2:38PM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:13AM Sunset: 6:59PM	Moon 7 - Phase 15 - 23 Navami	Bhuloka Day Srivana*Adi
Creative Work Siddha Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

all times are standard time. Calculated for Memphis, TN on 4/26/2

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Memphis, TN Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 17.17	Tithi 10 - 11	Gulika 3:32PM - 5:15PM	Jyeshtha* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM	
		Yama 12:06PM - 1:49PM	Indra Until 7:20PM	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:15PM - 6:58PM	Vanija Until 10:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 12:16PM	Moon - Orange		Bhuloka Day
Until 2:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.49	Tithi 11 - 12	Gulika 1:48PM - 3:31PM	Mula* Until 12:41AM Tue	Ganesha: White	<i>Sunrise:</i> 5:14AM	
Family Home Evening		Yama 10:23AM - 12:06PM	Vaidhriti* Until 3:48PM	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16 - 25
	482865472	Rahu 6:57AM - 8:40AM	Bava Until 7:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:25AM	Moon - Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16.37	Tithi 12 - 13	Gulika 12:05PM - 1:48PM	Purvashadha* Until 10:04PM	Ganesha: White	<i>Sunrise:</i> 5:15AM	
		Yama 8:40AM - 10:23AM	Vishkambha* Until 11:59AM	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:30PM - 5:13PM	Taitila Until 2:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:10AM	Moon - Light Blue		Devaloka Day
Until 10:04PM				Sravana*Adi		
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1.38	Tithi 14	Gulika 10:23AM - 12:05PM	Uttarashadha Until 7:11PM	Ganesha: White	<i>Sunrise:</i> 5:16AM	
		Yama 6:58AM - 8:41AM	Priti Until 8:01AM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 12:05PM - 1:48PM	Gara Until 12:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 11:06PM	Moon - Light Blue		Devaloka Day
Until 7:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN Sutra 116 Subhakrit 5124
Makara Rasi: 16.41	Tithi 15	Gulika 8:41AM - 10:23AM	Shravana Until 4:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	
		Yama 5:17AM - 6:59AM	Saubhagya Until 12:02AM Fri	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 16 -
	492865472	Rahu 1:47PM - 3:29PM	Visti Until 9:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:35PM	Moon - Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Memphis, TN Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.39	Tithi 16 - 17	Gulika 6:59AM - 8:41AM	Dhanishtha Until 2:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	
		Yama 3:29PM - 5:10PM	Sobhana Until 8:20PM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 16 -
	492865472	Rahu 10:23AM - 12:05PM	Taitila Until 2:50AM Sat	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:18PM	Moon - Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

Memphis, TN
Sun 1
Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 16.22 Tithi 17 - 18

Gulika 5:18AM - 7:00AM
Yama 1:46PM - 3:28PM
492865472 Rahu 8:41AM - 10:23AM

Shatabhishak Until 11:51AM
Athiganda* Until 4:59PM
Vanija Until 12:13AM Sun
Dvitiya Until 1:26PM

Ganesha: Clear Sunrise: 5:18AM
Muruga: White Sunset: 6:51PM
Nataraja: White
Moon - Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 11:51AM

Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilaya/Chaturthiyam Titau

Memphis, TN
Sun 2
Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Meena Rasi: 0.43 Tithi 18 - 19

Gulika 3:27PM - 5:09PM
Yama 12:05PM - 1:46PM
412865472 Rahu 5:09PM - 6:50PM

Purvaprosarthapada* Until 10:27AM
Sukarma Until 2:08PM
Bava Until 10:16PM
Tritiya Until 11:08AM

Ganesha: Yellow Sunrise: 5:19AM
Muruga: White Sunset: 6:50PM
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 10:27AM

Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN
Sun 3
Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 15 Tithi 19 - 20

Family Home Evening

Gulika 1:45PM - 3:27PM
Yama 10:23AM - 12:04PM
412865472 Rahu 7:01AM - 8:42AM

Uttaraprosarthapada Until 9:37AM
Dhriti Until 11:53AM
Kaulava Until 9:05PM
Chaturthi* Until 9:33AM

Ganesha: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:49PM
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN
Sun 4
Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 28.01 Tithi 20 - 21

Gulika 12:04PM - 1:45PM
Yama 8:42AM - 10:23AM
412865472 Rahu 3:26PM - 5:07PM

Revati Until 9:27AM
Shula* Until 10:18AM
Gara Until 8:46PM
Panchami Until 8:48AM

Ganesha: Yellow Sunrise: 5:21AM
Muruga: White Sunset: 6:48PM
Nataraja: White
Moon - Clear
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Memphis, TN
Sun 5
Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 10.58 Tithi 21 - 22

Gulika 10:23AM - 12:04PM
Yama 7:02AM - 8:43AM
522865472 Rahu 12:04PM - 1:45PM

Ashvini Until 10:27AM
Ganda* Until 9:25AM
Visti Until 9:19PM
Shashthi* Until 8:55AM

Ganesha: Yellow Sunrise: 5:21AM
Muruga: White Sunset: 6:47PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 10:27AM

Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Memphis, TN
Sun 6
Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Mesha Rasi: 23.31 Tithi 22 - 23

Gulika 8:43AM - 10:23AM
Yama 5:22AM - 7:02AM
522865472 Rahu 1:44PM - 3:25PM

Bharani Until 12:06PM
Vridhhi Until 9:12AM
Balava Until 10:40PM
Saptami Until 9:53AM

Ganesha: Yellow Sunrise: 5:22AM
Muruga: White Sunset: 6:45PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 12:06PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Dhyagghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Memphis, TN
Sun 7
Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Vrishabha Rasi: 5.45 Tithi 23 - 24

Gulika 7:03AM - 8:43AM
Yama 3:24PM - 5:04PM
523865472 Rahu 10:23AM - 12:03PM

Krittika Until 2:16PM
Dhruva Until 9:30AM
Taila Until 12:37AM Sat
Ashtami* Until 11:33AM

Ganesha: White Sunrise: 5:23AM
Muruga: White Sunset: 6:44PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 2:16PM

Then Routine Work - Marana Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

..ll times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Saturday, August 20, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Memphis, TN
	Wishabha Rasi: 17.46	Tithi 24 – 25	533865472	Gulika 5:24AM – 7:03AM Yama 1:43PM – 3:23PM Rahu 8:43AM – 10:23AM	Rohini Until 5:13PM Vyaghata* Until 10:13AM Vanija Until 2:57AM Sun Navami* Until 1:44PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 8 Sutra 125 Subhakra 5124 Moon 8 - Phase 18 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Amrita Yoga							
Until 5:13PM							
Then Creative Work - Siddha Yoga							


2	Sunday, August 21, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN
	Wishabha Rasi: 29.38	Tithi 25 – 26	533865472	Gulika 3:22PM – 5:02PM Yama 12:03PM – 1:43PM Rahu 5:02PM – 6:42PM	Mrigashira Until 8:14PM Harshana Until 11:11AM Bava Until 5:27AM Mon Dashami Until 4:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 9 Sutra 126 Subhakra 5124 Moon 8 - Phase 18 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga							


3	Monday, August 22, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava Karana Ekadashyam Titau				Memphis, TN
	Mithuna Rasi: 11.28	Tithi 26	533865472	Gulika 1:42PM – 3:22PM Yama 10:23AM – 12:03PM Rahu 7:04AM – 8:44AM	Ardra Until 11:05PM Vajra* Until 12:11PM Balava Until 6:40PM Ekadashi* Until 6:40PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 10 Sutra 127 Subhakra 5124 Moon 8 - Phase 18 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Family Home Evening							
Creative Work Siddha Yoga							
Until 11:05PM							
Then Creative Work - Amrita Yoga							

4	Tuesday, August 23, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Memphis, TN
	Mithuna Rasi: 23.19	Tithi 27	543865472	Gulika 12:02PM – 1:42PM Yama 8:44AM – 10:23AM Rahu 3:21PM – 5:00PM	Punarvasu Until 2:08AM Wed Siddhi Until 1:07PM Kaulava Until 7:54AM Dvadashi* Until 9:02PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 11 Sutra 128 Subhakra 5124 Moon 8 - Phase 18 - 11 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							

5	Wednesday, August 24, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Memphis, TN
	Kataka Rasi: 5.15	Tithi 28	543865472	Gulika 10:23AM – 12:02PM Yama 7:05AM – 8:44AM Rahu 12:02PM – 1:41PM	Pushya Until 4:45AM Thu Vyatipata* Until 1:54PM Gara Until 10:08AM Trayodashi* Until 11:08PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 12 Sutra 129 Subhakra 5124 Moon 8 - Phase 18 - 12 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							
		<i>Pradosha Vrata (Fasting)</i>					

6	Thursday, August 25, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Memphis, TN
	Kataka Rasi: 17.17	Tithi 29	543865472	Gulika 8:45AM – 10:23AM Yama 5:27AM – 7:06AM Rahu 1:41PM – 3:19PM	Ashlesha* Until 6:51AM Fri Variyan Until 2:24PM Visti Until 12:04PM Chaturdashi* Until 12:53AM Fri	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 13 Sutra 130 Subhakra 5124 Moon 8 - Phase 18 - 13 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							
Until 6:51AM Fri							
Then Routine Work - Marana Yoga							

	Friday, August 26, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Memphis, TN	
	Retreat Star		Kataka Rasi: 29.28	Tithi 30	543865472	Gulika 7:06AM – 8:45AM Yama 3:18PM – 4:57PM Rahu 10:23AM – 12:02PM	Ashlesha* Until 6:51AM Parigha* Until 2:38PM Catuspada Until 1:38PM Amavasya* Until 2:15AM Sat	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani
Routine Work Marana Yoga								

	Saturday, August 27, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Memphis, TN	
	Retreat Star		Simha Rasi: 11.49	Tithi 1	553865473	Gulika 5:29AM – 7:07AM Yama 1:40PM – 3:18PM Rahu 8:45AM – 10:23AM	Magha* Until 8:54AM Shiva Until 2:35PM Kintughna Until 2:49PM Prathama* Until 3:14AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhadrapada-Avani
Creative Work Amrita Yoga								
Until 8:54AM								
Then Creative Work - Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

|| times are standard time. Calculated for Memphis, TN on 4/26/2

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Memphis, TN Sun 16 Sutra 133 Subhakrit 5124
Simha Rasi: 24.2	Tithi 2	Gulika 3:17PM – 4:55PM	Purvaphalguni Until 10:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	
		Yama 12:01PM – 1:39PM	Siddha Until 2:11PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 4:55PM – 6:33PM	Balava Until 3:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:49AM Mon	Moon – Red		Bhuloka Day
Until 10:24AM				Bhadrapada •Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau				Memphis, TN Sun 17 Sutra 134 Subhakrit 5124
Kanya Rasi: 7.02	Tithi 3	Gulika 1:38PM – 3:16PM	Uttaraphalguni Until 11:22AM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	
Family Home Evening		Yama 10:23AM – 12:01PM	Sadhya Until 1:30PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 17
		553865473 Rahu 7:08AM – 8:46AM	Tailila Until 3:59PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:01AM Tue	Moon – Red		Bhuloka Day
				Bhadrapada •Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Memphis, TN Sun 18 Sutra 135 Subhakrit 5124
Kanya Rasi: 19.55	Tithi 4	Gulika 12:00PM – 1:38PM	Hasta Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	
		Yama 8:46AM – 10:23AM	Subha Until 12:32PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 3:15PM – 4:53PM	Vanija Until 4:00PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:51AM Wed	Moon – Green		Bhuloka Day
		Ganesha Chaturthi		Bhadrapada •Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 19 Sutra 136 Subhakrit 5124
Tula Rasi: 2.59	Tithi 5	Gulika 10:23AM – 12:00PM	Chitra Until 12:39PM	Ganesha: Red	<i>Sunrise:</i> 5:32AM	
		Yama 7:09AM – 8:46AM	Sukla Until 11:14AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 12:00PM – 1:37PM	Bava Until 3:38PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:17AM Thu	Moon – Green		Devaloka Day
				Bhadrapada •Avani		

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthiyam Titau				Memphis, TN Sun 20 Sutra 137 Subhakrit 5124
Tula Rasi: 16.16	Tithi 6	Gulika 8:46AM – 10:23AM	Svati Until 12:30PM	Ganesha: Red	<i>Sunrise:</i> 5:33AM	
		Yama 5:33AM – 7:09AM	Brahma Until 9:38AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 20
		563965473 Rahu 1:37PM – 3:14PM	Kaulava Until 2:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:18AM Fri	Moon – Green		Devaloka Day
Until 12:30PM				Bhadrapada •Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN Sun 21 Sutra 138 Subhakrit 5124
Tula Rasi: 29.47	Tithi 7	Gulika 7:10AM – 8:46AM	Vishakha Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	
		Yama 3:13PM – 4:49PM	Indra Until 7:43AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 10:23AM – 12:00PM	Gara Until 1:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:55AM Sat	Moon – Orange		Devaloka Day
				Bhadrapada •Avani		

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Memphis, TN Sun 22 Sutra 139 Subhakrit 5124
Vrischika Rasi: 13.32	Tithi 8	Gulika 5:34AM – 7:10AM	Anuradha Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	
		Yama 1:36PM – 3:12PM	Vishkambha* Until 2:49AM Sun	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 8:47AM – 10:23AM	Visti Until 12:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:07PM	Moon – Orange		Devaloka Day
				Bhadrapada •Avani		

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 23 Sutra 140 Subhakrit 5124
Vrischika Rasi: 27.32	Tithi 9	Gulika 3:11PM – 4:47PM	Jyeshtha* Until 10:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	
		Yama 11:59AM – 1:35PM	Priti Until 11:55PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 23
		574965473 Rahu 4:47PM – 6:23PM	Balava Until 10:05AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 8:55PM	Moon – Orange		Devaloka Day
Until 10:01AM				Bhadrapada •Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Memphis, TN Sun 24
	Dhanus Rasi: 11.48	Tithi 10	Gulika 1:34PM – 3:10PM	Mula* Until 8:32AM	Ganesha: White	<i>Sunrise:</i> 5:35AM	Subhakit 5124
Family Home Evening	584965473	Rahu 7:11AM – 8:47AM	Ayushman Until 8:42PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 7:42AM	Nataraja: Clear		4th Phase	
Until 8:32AM			Dashami Until 6:22PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vistil*/Bava Karana Ekadashi/Dvadashtyam Titau				Memphis, TN Sun 25
	Dhanus Rasi: 26.17	Tithi 11 – 12	Gulika 11:58AM – 1:34PM	Purvashadha* Until 6:36AM	Ganesha: White	<i>Sunrise:</i> 5:36AM	Subhakit 5124
	584965473	Rahu 3:09PM – 4:45PM	Saubhagya Until 5:16PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Bava Until 2:05AM Wed	Nataraja: Clear		4th Phase	
Until 6:36AM			Ekadashi Until 3:33PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabarashita Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Memphis, TN Sun 26
	Makara Rasi: 10.55	Tithi 12 – 13	Gulika 10:23AM – 11:58AM	Shravana Until 2:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Subhakit 5124
	594965473	Rahu 11:58AM – 1:33PM	Sobhana Until 1:44PM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 11:04PM	Nataraja: Clear		4th Phase	
			Dvadashti Until 12:34PM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

Pradosha Vrata

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 27
	Makara Rasi: 25.37	Tithi 13 – 14	Gulika 8:48AM – 10:23AM	Dhanishtha Until 12:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Subhakit 5124
	594965473	Rahu 1:32PM – 3:07PM	Athiganda* Until 10:09AM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 8:05PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 9:33AM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Bhadrapada*Avani			

	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Memphis, TN Sun 28
	Kumbha Rasi: 10.16	Tithi 14 – 15	Gulika 7:13AM – 8:48AM	Shatabhishak Until 9:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Subhakit 5124
	594965473	Rahu 10:22AM – 11:57AM	Sukarma Until 6:40AM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20 - Purnima	
Creative Work Siddha Yoga			Bava Until 3:59AM Sat	Nataraja: Clear			
			Chaturdashi* Until 6:38AM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

5	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN Sun 29
	Kumbha Rasi: 24.43	Tithi 16	Gulika 5:39AM – 7:14AM	Purvaproshtapada* Until 8:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Subhakit 5124
	514965473	Rahu 8:48AM – 10:22AM	Shula* Until 12:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20 - Prathama	
Routine Work Marana Yoga			Balava Until 2:49PM	Nataraja: Clear			
Until 8:31PM			Prathama* Until 1:45AM Sun	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Memphis, TN
Sutra 147

Meena Rasi: 8.52 Tithi 17

514965473

Gulika 3:05PM – 4:39PM
Yama 11:56AM – 1:31PM
Rahu 4:39PM – 6:13PM

Uttaraproshtapada Until 7:27PM
Ganda* Until 9:59PM
Taitila Until 12:51PM

Ganesha: Clear *Sunrise:* 5:40AM
Muruqa: White *Sunset:* 6:13PM

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 12:05AM Mon

Moon – Clear
Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Memphis, TN
Sun 1 Sutra 148

Meena Rasi: 22.4 Tithi 18

514965473

Gulika 1:30PM – 3:04PM
Yama 10:22AM – 11:56AM
Rahu 7:14AM – 8:48AM

Revati Until 6:55PM
Vriddhi Until 8:04PM
Vanija Until 11:31AM
Tritiya Until 11:06PM

Ganesha: Clear *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 6:12PM

Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Moon – Clear
Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Memphis, TN
Sun 2 Sutra 149

Mesha Rasi: 6.02 Tithi 19

524965473

Gulika 11:56AM – 1:29PM
Yama 8:49AM – 10:22AM
Rahu 3:03PM – 4:37PM

Ashvini Until 7:25PM
Dhruva Until 6:44PM
Bava Until 10:56AM
Chaturthi* Until 10:55PM

Ganesha: White *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 6:10PM

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Moon – White
Bhadrapada-Avani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Memphis, TN
Sun 3 Sutra 150

Mesha Rasi: 18.59 Tithi 20

524965473

Gulika 10:22AM – 11:55AM
Yama 7:15AM – 8:49AM
Rahu 11:55AM – 1:29PM

Bharani Until 8:34PM
Vyaghata* Until 6:03PM
Kaulava Until 11:09AM
Panchami Until 11:32PM

Ganesha: White *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 6:09PM

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga
Until 8:34PM
Then Creative Work - Amrita Yoga

Moon – White
Bhadrapada-Avani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Memphis, TN
Sun 4 Sutra 151

Vrishabha Rasi: 1.33 Tithi 21

525965473

Gulika 8:49AM – 10:22AM
Yama 5:43AM – 7:16AM
Rahu 1:28PM – 3:01PM

Krittika Until 10:17PM
Harshana Until 5:59PM
Gara Until 12:08PM
Shashthi* Until 12:53AM Fri

Ganesha: Clear *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:07PM

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Moon – White
Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Memphis, TN
Sun 5 Sutra 152

Vrishabha Rasi: 13.49 Tithi 22

535965473

Gulika 7:16AM – 8:49AM
Yama 3:00PM – 4:33PM
Rahu 10:22AM – 11:55AM

Rohini Until 12:55AM Sat
Vajra* Until 6:22PM
Visti Until 1:49PM
Saptami Until 2:50AM Sat

Ganesha: White *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:06PM

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga
Until 12:55AM Sat
Then Creative Work - Siddha Yoga

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

D

Saturday, September 17, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN
Sun 6 Sutra 153

Vrishabha Rasi: 25.52 Tithi 23

535965473

Gulika 5:44AM – 7:17AM
Yama 1:27PM – 2:59PM
Rahu 8:49AM – 10:22AM

Mrigashira Until 3:44AM Sun
Siddhi Until 7:06PM
Balava Until 3:58PM
Ashtami* Until 5:09AM Sun

Ganesha: White *Sunrise:* 5:44AM
Muruqa: White *Sunset:* 6:04PM

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra Nakshatra Vyatipata* Yoga Taitila Karana Navamyam Titau

Memphis, TN
Sun 7 Sutra 154

Mithuna Rasi: 7.46 Tithi 24

535965473

Gulika 2:59PM – 4:31PM
Yama 11:54AM – 1:26PM
Rahu 4:31PM – 6:03PM

Ardra Until 6:33AM Mon
Vyatipata* Until 8:01PM
Taitila Until 6:23PM
Navami* Until 7:36AM Mon

Ganesha: White *Sunrise:* 5:45AM
Muruqa: White *Sunset:* 6:03PM

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga
Until 6:33AM Mon
Then Creative Work - Amrita Yoga

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

all times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Memphis, TN Sun 8 Sutra 155 Subhakit 5124
	Mithuna Rasi: 19.38	Tithi 24 – 25	Gulika 1:26PM – 2:58PM	Ardra Until 6:33AM	Ganesha: White <i>Sunrise:</i> 5:46AM	
	Family Home Evening	535965473	Rahu 7:18AM – 8:50AM	Variyan Until 8:54PM	Muruqa: White <i>Sunset:</i> 6:02PM	Moon 9 - Phase 22 - 8 2nd Phase
	Creative Work Siddha Yoga			Navami* Until 7:36AM	Nataraja: Clear	Sivaloka Day
Until 6:33AM				Moon – Yellow		
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		

2	Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Memphis, TN Sun 9 Sutra 156 Subhakit 5124
	Kataka Rasi: 1.32	Tithi 25 – 26	Gulika 11:53AM – 1:25PM	Punarvasu Until 9:36AM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM	
	Family Home Evening	545965473	Rahu 2:57PM – 4:28PM	Parigha* Until 9:40PM	Muruqa: White <i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 9 2nd Phase
	Creative Work Siddha Yoga			Bava Until 11:05PM	Nataraja: Clear	Devaloka Day
Until 6:33AM				Moon – Blue		
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		

3	Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Memphis, TN Sun 10 Sutra 157 Subhakit 5124
	Kataka Rasi: 13.31	Tithi 26 – 27	Gulika 10:21AM – 11:53AM	Pushya Until 12:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:47AM	
	Family Home Evening	545965473	Rahu 11:53AM – 1:24PM	Shiva Until 10:12PM	Muruqa: White <i>Sunset:</i> 5:59PM	Moon 9 - Phase 22 - 10 2nd Phase
	Creative Work Siddha Yoga			Kaulava Until 12:59AM Thu	Nataraja: Clear	Devaloka Day
Until 6:33AM				Moon – Blue		
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		

4	Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau			Memphis, TN Sun 11 Sutra 158 Subhakit 5124
	Kataka Rasi: 25.38	Tithi 27 – 28	Gulika 8:50AM – 10:21AM	Ashlesha* Until 2:20PM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	
	Family Home Evening	545965473	Rahu 1:24PM – 2:55PM	Siddha Until 10:21PM	Muruqa: White <i>Sunset:</i> 5:57PM	Moon 9 - Phase 22 - 11 2nd Phase
	Creative Work Siddha Yoga			Gara Until 2:27AM Fri	Nataraja: Clear	Devaloka Day
Until 2:20PM				Moon – Blue		
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		
<i>Pradosha Vrata (Fasting)</i>						

5	Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Memphis, TN Sun 12 Sutra 159 Subhakit 5124
	Simha Rasi: 7.58	Tithi 28 – 29	Gulika 7:20AM – 8:50AM	Magha* Until 4:18PM	Ganesha: Red <i>Sunrise:</i> 5:49AM	
	Family Home Evening	555965473	Rahu 10:21AM – 11:52AM	Sadhya Until 10:09PM	Muruqa: White <i>Sunset:</i> 5:56PM	Moon 9 - Phase 22 - 12 2nd Phase
	Routine Work Marana Yoga			Visti Until 3:26AM Sat	Nataraja: Clear	Devaloka Day
Until 4:18PM				Moon – Red		
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi		

6	Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Memphis, TN Sun 13 Sutra 160 Subhakit 5124
	Simha Rasi: 20.31	Tithi 29 – 30	Gulika 5:49AM – 7:20AM	Purvaphalguni Until 5:36PM	Ganesha: Green <i>Sunrise:</i> 5:49AM	
	Family Home Evening	556965473	Rahu 8:51AM – 10:21AM	Subha Until 9:34PM	Muruqa: White <i>Sunset:</i> 5:54PM	Moon 9 - Phase 22 - 13 2nd Phase
	Creative Work Siddha Yoga			Catuspada Until 3:53AM Sun	Nataraja: Clear	Bhuloka Day
Until 5:36PM				Moon – Red		
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	

	Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Memphis, TN Sun 14 Sutra 161 Subhakit 5124
	Retreat Star		Gulika 2:52PM – 4:23PM	Uttaraphalguni Until 6:15PM	Ganesha: Blue <i>Sunrise:</i> 5:50AM	
	Kanya Rasi: 3.17	Tithi 30 – 1	Rahu 4:23PM – 5:53PM	Sukla Until 8:33PM	Muruqa: White <i>Sunset:</i> 5:53PM	Moon 9 - Phase 22 - 14 Amavasya
	Creative Work Amrita Yoga			Kintughna Until 3:50AM Mon	Nataraja: Clear	Bhuloka Day
Until 6:33AM				Moon – Red		
Then Routine Work - Amrita Yoga				Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	
Mahalaya Amavasai (Tamil Nadu)			Amavasya* Until 3:54PM			

Retreat Star	Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Memphis, TN Sun 15 Sutra 162 Subhakit 5124
	Kanya Rasi: 16.19	Tithi 1 – 2	Gulika 1:21PM – 2:51PM	Hasta Until 6:45PM	Ganesha: Blue <i>Sunrise:</i> 5:51AM	
	Family Home Evening	566165473	Rahu 7:21AM – 8:51AM	Brahma Until 7:11PM	Muruqa: White <i>Sunset:</i> 5:51PM	Moon 9 - Phase 22 - 15 Prathama
	Creative Work Siddha Yoga			Balava Until 3:21AM Tue	Nataraja: Clear	Bhuloka Day
Until 6:45PM				Moon – Green		
Then Routine Work - Prabalarishta Yoga				Ashvina-Puratasi	Devaloka Time: 6:PM to 9:PM	
Navaratri Begins			Prathama* Until 3:38PM			

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

all times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29.34	Tithi 2 – 3	Gulika 11:51AM – 1:21PM	Chitra Until 6:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	
			Yama 8:51AM – 10:21AM	Indra Until 5:31PM	Muruqa: White	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 Rahu 2:50PM – 4:20PM	Taitila Until 2:29AM Wed	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:57PM	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Memphis, TN Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 13.01	Tithi 3 – 4	Gulika 10:21AM – 11:51AM	Svati Until 6:09PM	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	
			Yama 7:22AM – 8:51AM	Vaidhriti* Until 3:32PM	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 11:51AM – 1:20PM	Vanija Until 1:17AM Thu	Nataraja: Clear		3rd Phase
			Tritiya Until 1:54PM	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Prithi Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau				Memphis, TN Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.4	Tithi 4 – 5	Gulika 8:52AM – 10:21AM	Vishakha Until 5:37PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	
			Yama 5:53AM – 7:22AM	Vishkambha* Until 1:19PM	Muruqa: White	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 Rahu 1:19PM – 2:49PM	Bava Until 11:49PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 12:34PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Prithi/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Memphis, TN Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 10.28	Tithi 5 – 6	Gulika 7:23AM – 8:52AM	Anuradha Until 4:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	
			Yama 2:48PM – 4:17PM	Prithi Until 10:56AM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 Rahu 10:21AM – 11:50AM	Kaulava Until 10:07PM	Nataraja: Clear		3rd Phase
			Panchami Until 10:58AM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Memphis, TN Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 24.24	Tithi 6 – 7	Gulika 5:55AM – 7:23AM	Jyeshtha* Until 3:26PM	Ganesha: Red	<i>Sunrise:</i> 5:55AM	
			Yama 1:18PM – 2:47PM	Ayushman Until 8:21AM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	677166473 Rahu 8:52AM – 10:21AM	Gara Until 8:13PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 9:10AM	Moon – Orange		Devaloka Day Ashvina+Puratasi	

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:46PM – 4:14PM	Mula* Until 2:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM	
	Dhanu Rasi: 8.27	Tithi 7 – 8	Yama 11:49AM – 1:18PM	Sobhana Until 2:48AM Mon	Muruqa: Green	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:14PM – 5:43PM	Visiti Until 6:10PM	Nataraja: Clear		Ashtami
			Saptami Until 7:12AM	Moon – Light Blue		Sivaloka Day Ashvina+Puratasi	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:17PM – 2:45PM	Purvashadha* Until 12:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
	Dhanu Rasi: 22.35	Tithi 9	Yama 10:21AM – 11:49AM	Athiganda* Until 11:51PM	Muruqa: Green	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23 - 22
	Family Home Evening		687166473 Rahu 7:24AM – 8:53AM	Balava Until 3:59PM	Nataraja: Clear		Navami
			Navami* Until 2:50AM Tue	Moon – Light Blue		Sivaloka Day Ashvina+Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

all times are standard time. Calculated for Memphis, TN on 4/26/2

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Tailila/Gara Karana Dashamyam Titau				Memphis, TN Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.49	Tithi 10	687166473	Gulika 11:49AM – 1:16PM Yama 8:53AM – 10:21AM Rahu 2:44PM – 4:12PM	Uttarashadha Until 11:12AM Sukarma Until 8:50PM Taitila Until 1:43PM Dashami Until 12:32AM Wed	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sunrise: 5:57AM Sunset: 5:40PM	Moon 9 - Phase 24 - 23 4th Phase	Sivaloka Day
Routine Work Prabalarishta Yoga Until 11:12AM Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Memphis, TN Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 21.05	Tithi 11	697166473	Gulika 10:21AM – 11:48AM Yama 7:25AM – 8:53AM Rahu 11:48AM – 1:16PM	Shravana Until 9:46AM Dhriti Until 5:50PM Vanija Until 11:24AM Ekadashi Until 10:14PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:58AM Sunset: 5:39PM	Moon 9 - Phase 24 - 24 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 9:46AM Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Memphis, TN Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 5.2	Tithi 12	697166473	Gulika 8:53AM – 10:21AM Yama 5:59AM – 7:26AM Rahu 1:15PM – 2:43PM	Dhanishtha Until 8:14AM Shula* Until 2:51PM Bava Until 9:07AM Dvadashi Until 8:00PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:59AM Sunset: 5:37PM	Moon 9 - Phase 24 - 25 4th Phase	Devaloka Day
Creative Work Siddha Yoga		Kadaitswami Mahasamadhi						
		<i>Pradosha Vrata</i>						

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 19.3	Tithi 13 – 14	697166474	Gulika 7:26AM – 8:54AM Yama 2:42PM – 4:09PM Rahu 10:21AM – 11:48AM	Shatabhishak Until 6:41AM Ganda* Until 12:01PM Kaulava Until 6:58AM Trayodashi Until 5:58PM	Ganesha: Yellow Muruqa: Green Nataraja: Purple Moon – Purple	Sunrise: 5:59AM Sunset: 5:36PM	Moon 9 - Phase 24 - 26 4th Phase	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Siddha Yoga		Chidambaram Abhishekam						
		<i>Pradosha Vrata</i>						

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Memphis, TN Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 3.31	Tithi 14 – 15	618166474	Gulika 6:00AM – 7:27AM Yama 1:14PM – 2:41PM Rahu 8:54AM – 10:21AM	Uttaraproshtapada Until 4:50AM Sun Vridhi Until 9:25AM Visti Until 3:31AM Sun Chaturdashi* Until 4:13PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:00AM Sunset: 5:35PM	Moon 9 - Phase 24 - 27 4th Phase	Bhuloka Day
Creative Work Siddha Yoga Until 4:50AM Sun Then Creative Work - Amrita Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Memphis, TN Sutra 175 Subhakrit 5124			
Copper Retreat Star		Meena Rasi: 17.19		Tithi 15 – 16	618166474	Gulika 2:40PM – 4:07PM Yama 11:47AM – 1:14PM Rahu 4:07PM – 5:33PM	Revati Until 4:21AM Mon Dhruva Until 7:05AM Balava Until 2:28AM Mon Purnima* Until 2:54PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:01AM Sunset: 5:33PM	Moon 9 - Phase 24 - Purnima	Bhuloka Day
Creative Work Amrita Yoga Until 4:21AM Mon Then Creative Work - Siddha Yoga											

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Memphis, TN Sutra 176 Subhakrit 5124
Mesha Rasi: 0.49	Tithi 16 – 17	628176474	Gulika 1:13PM – 2:39PM Yama 10:21AM – 11:47AM Rahu 7:28AM – 8:54AM	Ashvini Until 4:45AM Tue Harshana Until 3:44AM Tue Taitila Until 1:59AM Tue Prathama* Until 2:07PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – White	Sunrise: 6:02AM Sunset: 5:32PM	Moon 9 - Phase 24 - Prathama	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Family Home Evening Creative Work Siddha Yoga								



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 14 Tithi 17 - 18

628176474

Gulika 11:47AM - 1:13PM
Yama 8:55AM - 10:21AM
Rahu 2:39PM - 4:05PM

Bharani Until 5:38AM Wed
Vajra* Until 2:47AM Wed
Vanija Until 2:10AM Wed
Dvitiya Until 1:58PM

Ganesha: Yellow *Sunrise:* 6:03AM

Muruqa: White *Sunset:* 5:31PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 1 1st Phase

Creative Work Siddha Yoga

Until 5:38AM Wed

Then Creative Work - Amrita Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Memphis, TN

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.51 Tithi 18 - 19

628176474

Gulika 10:21AM - 11:46AM
Yama 7:29AM - 8:55AM
Rahu 11:46AM - 1:12PM

Krittika Until 7:01AM Thu
Siddhi Until 2:23AM Thu
Bava Until 3:02AM Thu
Tritiya Until 2:30PM

Ganesha: Yellow *Sunrise:* 6:03AM

Muruqa: White *Sunset:* 5:29PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 2 1st Phase

Creative Work Amrita Yoga

Until 7:01AM Thu

Then Routine Work - Marana Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 9.23 Tithi 19 - 20

628176474

Gulika 8:55AM - 10:21AM
Yama 6:04AM - 7:30AM
Rahu 1:12PM - 2:37PM

Krittika Until 7:01AM
Vyatipata* Until 2:28AM Fri
Kaulava Until 4:32AM Fri
Chaturthi* Until 3:41PM

Ganesha: Yellow *Sunrise:* 6:04AM

Muruqa: White *Sunset:* 5:28PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 3 1st Phase

Routine Work Marana Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.38 Tithi 20 - 21

639176474

Gulika 7:30AM - 8:55AM
Yama 2:36PM - 4:01PM
Rahu 10:21AM - 11:46AM

Rohini Until 9:19AM
Variyan Until 2:56AM Sat
Gara Until 6:32AM Sat
Panchami Until 5:27PM

Ganesha: Red *Sunrise:* 6:05AM

Muruqa: White *Sunset:* 5:27PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 4 1st Phase

Routine Work Marana Yoga

Until 9:19AM

Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Memphis, TN

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.42 Tithi 21

639176474

Gulika 6:06AM - 7:31AM
Yama 1:11PM - 2:36PM
Rahu 8:56AM - 10:21AM

Mrigashira Until 11:55AM
Parigha* Until 3:40AM Sun
Gara Until 6:32AM
Shashthi* Until 7:39PM

Ganesha: Red *Sunrise:* 6:06AM

Muruqa: White *Sunset:* 5:25PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 5 1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Memphis, TN

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.38 Tithi 22

639176474

Gulika 2:35PM - 3:59PM
Yama 11:45AM - 1:10PM
Rahu 3:59PM - 5:24PM

Ardra Until 2:37PM
Shiva Until 4:32AM Mon
Visti Until 8:52AM
Saptami Until 10:04PM

Ganesha: Red *Sunrise:* 6:07AM

Muruqa: White *Sunset:* 5:24PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 6 1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.31 Tithi 23

649176474

Gulika 1:10PM - 2:34PM
Yama 10:21AM - 11:45AM
Rahu 7:32AM - 8:56AM

Punarvasu Until 5:42PM
Siddha Until 5:20AM Tue
Balava Until 11:18AM
Ashtami* Until 12:29AM Tue

Ganesha: Green *Sunrise:* 6:08AM

Muruqa: White *Sunset:* 5:23PM

Nataraja: Purple Moon - Blue Moon 10 - Phase 25 - 7 Ashtami

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Taaila/Gara Karana Navamyam Titau

Memphis, TN

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 9.26 Tithi 24

649176474

Gulika 11:45AM - 1:09PM
Yama 8:57AM - 10:21AM
Rahu 2:33PM - 3:57PM

Pushya Until 8:29PM
Sadhya Until 5:58AM Wed
Taaila Until 1:39PM
Navami* Until 2:42AM Wed

Ganesha: Green *Sunrise:* 6:08AM

Muruqa: White *Sunset:* 5:22PM

Nataraja: Purple Moon - Blue Moon 10 - Phase 25 - 8 Navami

Creative Work Siddha Yoga

Ashvina+Puratasi

Devaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Vanija/Visli* Karana Dashamyam Titau				Memphis, TN Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 21.25	Tithi 25	Gulika 10:21AM – 11:45AM	Ashlesha* Until 10:47PM	Ganesha: Green	<i>Sunrise:</i> 6:09AM	
			Yama 7:33AM – 8:57AM	Subha Until 6:19AM Thu	Muruqa: White	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 11:45AM – 1:09PM		Vanija Until 3:42PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina-Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Memphis, TN Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.35	Tithi 26	Gulika 8:57AM – 10:21AM	Magha* Until 12:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:10AM	
			Yama 6:10AM – 7:34AM	Subha Until 6:19AM	Muruqa: White	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 1:08PM – 2:32PM		Bava Until 5:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 5:51AM Fri	Moon – Red		Bhuloka Day	
Until 12:55AM Fri				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvadashyam Titau				Memphis, TN Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.58	Tithi 27	Gulika 7:34AM – 8:58AM	Purvaphalguni Until 2:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:11AM	
			Yama 2:31PM – 3:55PM	Sukla Until 6:13AM	Muruqa: White	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:21AM – 11:45AM		Kaulava Until 6:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:33AM Sat	Moon – Red		Bhuloka Day	
Until 2:18AM Sat				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitle/Gara Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.37	Tithi 27 – 28	Gulika 6:12AM – 7:35AM	Uttaraphalguni Until 2:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	
			Yama 1:07PM – 2:31PM	Indra Until 4:37AM Sun	Muruqa: White	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 8:58AM – 10:21AM		Gara Until 6:40PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:33AM	Moon – Red		Bhuloka Day	
Until 2:55AM Sun				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.35	Tithi 28 – 29	Gulika 2:30PM – 3:53PM	Hasta Until 3:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:13AM	
			Yama 11:44AM – 1:07PM	Vaidhriti* Until 3:02AM Mon	Muruqa: White	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 3:53PM – 5:16PM		Visti Until 6:23PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 6:35AM	Moon – Green		Bhuloka Day	
Until 3:13AM Mon				Ashvina-Aipasi			
Then Routine Work - Prabalarishta Yoga							

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 1:07PM – 2:29PM	Chitra Until 2:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:14AM	
	Kanya Rasi: 24.53	Tithi 29 – 30	Yama 10:21AM – 11:44AM	Vishkambha* Until 1:01AM Tue	Muruqa: White	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 26 - 14
	661276474	Rahu 7:36AM – 8:59AM		Naga Until 4:50AM Tue	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 6:00AM	Moon – Green		Bhuloka Day	
Until 2:47AM Tue				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Memphis, TN Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 11:44AM – 1:06PM	Svati Until 1:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:15AM	
	Tula Rasi: 8.29	Tithi 1	Yama 8:59AM – 10:22AM	Priti Until 10:37PM	Muruqa: White	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:29PM – 3:51PM		Kintughna Until 4:06PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:13AM Wed	Moon – Green		Bhuloka Day	
				Kartika-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Memphis, TN
	Tula Rasi: 22.23		Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 192
	Tithi 2	Gulika 10:22AM – 11:44AM	Vishakha Until 12:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Subhakit 5124	
	671276574	Rahu 11:44AM – 1:06PM	Ayushman Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27 - 16	
Creative Work Siddha Yoga		Balava Until 2:16PM	Nataraja: Clear		3rd Phase		
		Dvitiya Until 1:13AM Thu	Bhuloka Day				
			Karttika-Aipasi	Devaloka Time: 3:PM to 6:PM			

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Memphis, TN
	Vrischika Rasi: 6.29		Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 193
	Tithi 3	Gulika 9:00AM – 10:22AM	Anuradha Until 11:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Subhakit 5124	
	671276574	Rahu 1:06PM – 2:27PM	Saubhagya Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27 - 17	
Creative Work Siddha Yoga		Taitila Until 12:09PM	Nataraja: Clear		3rd Phase		
Until 11:07PM		Tritiya Until 11:00PM	Bhuloka Day				
Then Routine Work - Prabararishta Yoga			Karttika-Aipasi	Devaloka Time: 3:PM to 6:PM			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Memphis, TN
	Vrischika Rasi: 20.45		Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 194
	Tithi 4	Gulika 7:39AM – 9:01AM	Jyeshtha* Until 9:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Subhakit 5124	
	671276574	Rahu 10:22AM – 11:44AM	Sobhana Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 18	
Routine Work Marana Yoga		Vanija Until 9:50AM	Nataraja: Clear		3rd Phase		
Until 9:21PM		Chaturthi* Until 8:38PM	Bhuloka Day				
Then Creative Work - Amrita Yoga			Karttika-Aipasi	Devaloka Time: 3:PM to 6:PM			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Memphis, TN
	Dhanus Rasi: 5.04		Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 195
	Tithi 5	Gulika 6:18AM – 7:40AM	Mula* Until 7:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Subhakit 5124	
	681276574	Rahu 9:01AM – 10:22AM	Athiganda* Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27 - 19	
Creative Work Siddha Yoga		Bava Until 7:27AM	Nataraja: Clear		3rd Phase		
		Panchami Until 6:14PM	Devaloka Day				
			Moon – Light Blue	Karttika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Memphis, TN
	Dhanus Rasi: 19.24		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Sun 20 Sutra 196
	Tithi 6 – 7	Gulika 2:26PM – 3:47PM	Purvashadha* Until 6:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Subhakit 5124	
	681276574	Rahu 3:47PM – 5:08PM	Sukarma Until 7:39AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 27 - 20	
Creative Work Siddha Yoga		Gara Until 2:45AM Mon	Nataraja: Clear		3rd Phase		
Until 6:11PM		Shashthi* Until 3:52PM	Devaloka Day				
Then Creative Work - Amrita Yoga		Skanda Shasthi	Karttika-Aipasi				

Retreat Star	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Memphis, TN
	Makara Rasi: 3.4		Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 197
	Tithi 7 – 8	Gulika 1:04PM – 2:25PM	Uttarashadha Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Subhakit 5124	
	681276574	Rahu 7:41AM – 9:02AM	Shula* Until 1:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27 - 21	
Family Home Evening		Visti Until 12:35AM Tue	Nataraja: Clear		Ashtami		
Routine Work Marana Yoga		Saptami Until 1:38PM	Devaloka Day				
Until 4:33PM			Moon – Light Blue	Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

Retreat Star	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Memphis, TN
	Makara Rasi: 17.5		Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 198
	Tithi 8 – 9	Gulika 11:43AM – 1:04PM	Shravana Until 3:21PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Subhakit 5124	
	691276574	Rahu 2:25PM – 3:45PM	Ganda* Until 10:55PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 27 - 22	
Creative Work Siddha Yoga		Balava Until 10:37PM	Nataraja: Clear		Navami		
		Ashtami* Until 11:33AM	Bhuloka Day				
			Karttika-Aipasi	Devaloka Time: 3:PM to 6:PM			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

..All times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Memphis, TN
			Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 199
	Kumbha Rasi: 1.52	Tithi 9 – 10	Gulika 10:23AM – 11:43AM	Dhanishtha Until 2:14PM	Ganesha: Green	<i>Sunrise:</i> 6:22AM	Subhakrit 5124
			Yama 7:42AM – 9:03AM	Vriddhi Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 - 23
	692276574	Rahu 11:43AM – 1:04PM	Taitila Until 8:51PM	Nataraja: Clear		4th Phase	
Routine Work Prabalarishta Yoga		Navami* Until 9:41AM		Moon – Purple	Bhuloka Day		
Until 2:14PM				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							


2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Memphis, TN
			Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 200
	Kumbha Rasi: 15.46	Tithi 10 – 11	Gulika 9:03AM – 10:23AM	Shatabhishak Until 1:12PM	Ganesha: Green	<i>Sunrise:</i> 6:23AM	Subhakrit 5124
			Yama 6:23AM – 7:43AM	Dhruva Until 5:56PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - 24
	692276574	Rahu 1:04PM – 2:24PM	Vanija Until 7:22PM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Dashami Until 8:03AM		Moon – Purple	Bhuloka Day		
				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Memphis, TN
			Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 201
	Kumbha Rasi: 29.3	Tithi 11 – 12	Gulika 7:44AM – 9:04AM	Purvaproshtapada* Until 12:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Subhakrit 5124
			Yama 2:23PM – 3:43PM	Vyaghata* Until 3:46PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 - 25
	612276574	Rahu 10:24AM – 11:43AM	Bava Until 6:10PM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Ekadashi Until 6:42AM		Moon – Clear	Bhuloka Day		
				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Memphis, TN
			Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 202
	Meena Rasi: 13.02	Tithi 13	Gulika 6:25AM – 7:45AM	Uttaraproshtapada Until 12:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Subhakrit 5124
			Yama 1:03PM – 2:23PM	Harshana Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28 - 26
	612276574	Rahu 9:04AM – 10:24AM	Kaulava Until 5:19PM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Trayodashi Until 5:01AM Sun		Moon – Clear	Bhuloka Day		
Until 12:28PM				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata</i>					

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Memphis, TN
			Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 203
	Meena Rasi: 26.22	Tithi 14	Gulika 2:22PM – 3:42PM	Revati Until 12:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	Subhakrit 5124
			Yama 11:44AM – 1:03PM	Vajra* Until 12:18PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 - 27
	612276574	Rahu 3:42PM – 5:01PM	Gara Until 4:52PM	Nataraja: Clear		4th Phase	
Creative Work Amrita Yoga		Chaturdashi* Until 4:47AM Mon		Moon – Clear	Bhuloka Day		
Until 12:25PM				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Memphis, TN
			Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistii*/Bava Karana Purnimayam Titau				Sutra 204
	Mesha Rasi: 9.29	Tithi 15	Gulika 1:03PM – 2:22PM	Ashvini Until 1:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Subhakrit 5124
	Family Home Evening		Yama 10:24AM – 11:44AM	Siddhi Until 11:05AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28 - Purnima
	722276574	Rahu 7:46AM – 9:05AM	Vistii Until 4:52PM	Nataraja: Clear			
Creative Work Siddha Yoga		Purnima* Until 5:02AM Tue		Moon – White	Bhuloka Day		
				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Memphis, TN
			Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 205
	Mesha Rasi: 22.21	Tithi 16	Gulika 11:44AM – 1:03PM	Bharani Until 2:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 9:06AM – 10:25AM	Vyatipata* Until 10:14AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28 - Prathama
	722276574	Rahu 2:22PM – 3:41PM	Balava Until 5:23PM	Nataraja: Clear			
Creative Work Siddha Yoga		Prathama* Until 5:49AM Wed		Moon – White	Bhuloka Day		
				Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Wrishabha Rasi: 4.58 Tithi 17

722276574

Creative Work Amrita Yoga

Until 3:29PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Varyani/Parigha* Yoga Tailila Karana Dvitiyayam Titau

Memphis, TN

Sutra 206

Subhakrit 5124

Gulika 10:25AM - 11:44AM
Yama 7:47AM - 9:06AM
Rahu 11:44AM - 1:03PM

Krittika Until 3:29PM

Variyan Until 9:46AM

Taitila Until 6:25PM

Dvitiya Until 7:06AM Thu

Ganesha: Blue Sunrise: 6:29AM
Muruqa: Clear Sunset: 4:59PM
Nataraja: Clear
Moon - White

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Thursday, November 10, 2022

Wrishabha Rasi: 17.22 Tithi 17 - 18

732276574

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN

Sun 1 Sutra 207

Subhakrit 5124

Gulika 9:07AM - 10:25AM
Yama 6:30AM - 7:48AM
Rahu 1:02PM - 2:21PM

Rohini Until 5:39PM

Parigha* Until 9:42AM

Vanija Until 7:56PM

Dvitiya Until 7:06AM

Ganesha: Red Sunrise: 6:30AM
Muruqa: Clear Sunset: 4:58PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Kartika-Aipasi

2

Friday, November 11, 2022

Wrishabha Rasi: 29.34 Tithi 18 - 19

732276574

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturchayam Titau

Memphis, TN

Sun 2 Sutra 208

Subhakrit 5124

Gulika 7:49AM - 9:07AM
Yama 2:21PM - 3:39PM
Rahu 10:26AM - 11:44AM

Mrigashira Until 8:05PM

Shiva Until 10:00AM

Bava Until 9:55PM

Tritiya Until 8:51AM

Ganesha: Red Sunrise: 6:31AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Kartika-Aipasi

3

Saturday, November 12, 2022

Mithuna Rasi: 11.37 Tithi 19 - 20

732276574

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN

Sun 3 Sutra 209

Subhakrit 5124

Gulika 6:32AM - 7:50AM
Yama 1:02PM - 2:20PM
Rahu 9:08AM - 10:26AM

Ardra Until 10:39PM

Siddha Until 10:34AM

Kaulava Until 12:12AM Sun

Chaturthi* Until 11:00AM

Ganesha: Red Sunrise: 6:32AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Kartika-Aipasi

4

Sunday, November 13, 2022

Mithuna Rasi: 23.33 Tithi 20 - 21

742276574

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN

Sun 4 Sutra 210

Subhakrit 5124

Gulika 2:20PM - 3:38PM
Yama 11:44AM - 1:02PM
Rahu 3:38PM - 4:56PM

Punarvasu Until 1:45AM Mon

Sadhya Until 11:19AM

Gara Until 2:41AM Mon

Panchami Until 1:24PM

Ganesha: Green Sunrise: 6:33AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Clear
Moon - Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Kartika-Aipasi

5

Monday, November 14, 2022

Kataka Rasi: 5.26 Tithi 21 - 22

742376574

Family Home Evening

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Memphis, TN

Sun 5 Sutra 211

Subhakrit 5124

Gulika 1:02PM - 2:20PM
Yama 10:27AM - 11:44AM
Rahu 7:51AM - 9:09AM

Pushya Until 4:40AM Tue

Subha Until 12:11PM

Visti Until 5:09AM Tue

Shashthi* Until 3:54PM

Ganesha: White Sunrise: 6:34AM
Muruqa: Clear Sunset: 4:55PM
Nataraja: Clear
Moon - Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Kartika-Aipasi

6

Tuesday, November 15, 2022

Kataka Rasi: 17.19 Tithi 22

743376574

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Bava Karana Saptamyam Titau

Memphis, TN

Sun 6 Sutra 212

Subhakrit 5124

Gulika 11:45AM - 1:02PM
Yama 9:10AM - 10:27AM
Rahu 2:20PM - 3:37PM

Ashlesha* Until 7:15AM Wed

Sukla Until 12:57PM

Bava Until 6:18PM

Saptami Until 6:18PM

Ganesha: Green Sunrise: 6:35AM
Muruqa: Clear Sunset: 4:54PM
Nataraja: Clear
Moon - Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Kartika-Aipasi

D

Wednesday, November 16, 2022

Retreat Star

Kataka Rasi: 29.17 Tithi 23

743376574

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN

Sun 7 Sutra 213

Subhakrit 5124

Gulika 10:27AM - 11:45AM
Yama 7:53AM - 9:10AM
Rahu 11:45AM - 1:02PM

Ashlesha* Until 7:15AM

Brahma Until 1:33PM

Balava Until 7:26AM

Ashtami* Until 8:24PM

Ganesha: Green Sunrise: 6:36AM
Muruqa: Clear Sunset: 4:54PM
Nataraja: Clear
Moon - Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Kartika-Karttikai

Thursday, November 17, 2022

Retreat Star

Simha Rasi: 11.24 Tithi 24

753376575

Creative Work Amrita Yoga

Until 9:47AM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Tailila/Gara Karana Navamyam Titau

Memphis, TN

Sun 8 Sutra 214

Subhakrit 5124

Gulika 9:11AM - 10:28AM
Yama 6:37AM - 7:54AM
Rahu 1:02PM - 2:19PM

Magha* Until 9:47AM

Indra Until 1:49PM

Taitila Until 9:19AM

Navami* Until 10:01PM

Ganesha: Orange Sunrise: 6:37AM
Muruqa: Clear Sunset: 4:53PM
Nataraja: Purple
Moon - Red

Sivaloka Day

Kartika-Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Memphis, TN
Simha Rasi: 23.44	Tithi 25							Sun 9 Sutra 215
		753376575	Gulika 7:54AM – 9:11AM Yama 2:19PM – 3:36PM Rahu 10:28AM – 11:45AM	Purvaphalguni Until 11:35AM Vaidhrili* Until 1:37PM Vanija Until 10:37AM Dashami Until 11:00PM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 6:38AM Sunset: 4:53PM		Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase
Creative Work	Siddha Yoga							Sivaloka Day Karttika-Karttikai

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Memphis, TN
Kanya Rasi: 6.23	Tithi 26							Sun 10 Sutra 216
		753376575	Gulika 6:38AM – 7:55AM Yama 1:02PM – 2:19PM Rahu 9:12AM – 10:29AM	Uttaraphalguni Until 12:34PM Vishkambha* Until 12:53PM Bava Until 11:13AM Ekadashi* Until 11:13PM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 6:38AM Sunset: 4:52PM		Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase
Routine Work	Marana Yoga							Sivaloka Day Karttika-Karttikai

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Memphis, TN
Kanya Rasi: 19.23	Tithi 27							Sun 11 Sutra 217
		763376575	Gulika 2:19PM – 3:35PM Yama 11:46AM – 1:02PM Rahu 3:35PM – 4:52PM	Hasta Until 1:07PM Priti Until 11:33AM Kaulava Until 11:03AM Dvadashti* Until 10:40PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:39AM Sunset: 4:52PM		Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase
Creative Work	Amrita Yoga							Devaloka Day Karttika-Karttikai
Until 1:07PM								
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Memphis, TN
Tula Rasi: 2.48	Tithi 28							Sun 12 Sutra 218
Family Home Evening		763376575	Gulika 1:02PM – 2:19PM Yama 10:29AM – 11:46AM Rahu 7:57AM – 9:13AM	Chitra Until 12:45PM Ayushman Until 9:36AM Gara Until 10:07AM Trayodashi* Until 9:22PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:40AM Sunset: 4:51PM		Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase
Routine Work	Prabalarishta Yoga							Devaloka Day Karttika-Karttikai
Until 12:45PM								
Then Creative Work - Amrita Yoga								Pradosha Vrata (Fasting)

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Memphis, TN
Tula Rasi: 16.38	Tithi 29							Sun 13 Sutra 219
		763376575	Gulika 11:46AM – 1:02PM Yama 9:14AM – 10:30AM Rahu 2:18PM – 3:35PM	Svati Until 11:34AM Saubhagya Until 7:07AM Visti Until 8:30AM Chaturdashi* Until 7:26PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:41AM Sunset: 4:51PM		Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase
Creative Work	Siddha Yoga							Devaloka Day Karttika-Karttikai
Until 11:34AM								
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Memphis, TN
Retreat Star								Sun 14 Sutra 220
Vrischika Rasi: 0.51	Tithi 30 – 1							Subhakrit 5124
		773376575	Gulika 10:30AM – 11:46AM Yama 7:58AM – 9:14AM Rahu 11:46AM – 1:02PM	Vishakha Until 10:07AM Athiganda* Until 12:48AM Thu Catuspada Until 6:16AM Amavasya* Until 4:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 6:42AM Sunset: 4:50PM		Amavasya
Creative Work	Siddha Yoga							Devaloka Day Karttika-Karttikai

Thursdays		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN
Retreat Star								Sun 15 Sutra 221
Vrischika Rasi: 15.22	Tithi 1 – 2							Subhakrit 5124
		773376575	Gulika 9:15AM – 10:31AM Yama 6:43AM – 7:59AM Rahu 1:03PM – 2:18PM	Anuradha Until 8:06AM Sukarma Until 9:11PM Balava Until 12:39AM Fri Prathama* Until 2:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 6:43AM Sunset: 4:50PM		Prathama
Creative Work	Siddha Yoga							Devaloka Day Margasira-Karttikai
Until 8:06AM								
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Memphis, TN Sun 16 Sutra 222 Subhakrit 5124
Dhanus Rasi: 0.05	Tithi 2 - 3	783376575	Gulika 8:00AM - 9:16AM Yama 2:18PM - 3:34PM Rahu 10:31AM - 11:47AM	Mula* Until 3:26AM Sat Dhriti Until 5:27PM Taitila Until 9:32PM Dvitiya Until 11:05AM	Ganesha: Light Blue <i>Sunrise:</i> 6:44AM Muruqa: Clear <i>Sunset:</i> 4:50PM Nataraja: Purple Moon - Light Blue Margasira-Karttikai	Moon 11 - Phase 31 - 16 3rd Phase Devaloka Day
Creative Work Amrita Yoga		Until 3:26AM Sat		Then Creative Work - Siddha Yoga		
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Memphis, TN Sun 17 Sutra 223 Subhakrit 5124
Dhanus Rasi: 14.54	Tithi 3 - 4	783376575	Gulika 6:45AM - 8:01AM Yama 1:03PM - 2:18PM Rahu 9:16AM - 10:32AM	Purvashadha* Until 1:06AM Sun Shula* Until 1:41PM Vanija Until 6:26PM Tritiya Until 7:57AM	Ganesha: Light Blue <i>Sunrise:</i> 6:45AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Purple Moon - Light Blue Margasira-Karttikai	Moon 11 - Phase 31 - 17 3rd Phase Devaloka Day
Creative Work Siddha Yoga		Until 1:06AM Sun		Then Creative Work - Amrita Yoga		
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau		Memphis, TN Sun 18 Sutra 224 Subhakrit 5124
Dhanus Rasi: 29.4	Tithi 5	783376575	Gulika 2:18PM - 3:34PM Yama 11:48AM - 1:03PM Rahu 3:34PM - 4:49PM	Uttarashadha Until 10:49PM Ganda* Until 10:00AM Bava Until 3:29PM Panchami Until 2:04AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:46AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Purple Moon - Light Blue Margasira-Karttikai	Moon 11 - Phase 31 - 18 3rd Phase Devaloka Day
Creative Work Amrita Yoga		Until 9:06PM		Then Creative Work - Siddha Yoga		
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Memphis, TN Sun 19 Sutra 225 Subhakrit 5124
Makara Rasi: 14.16	Tithi 6	793376575	Gulika 1:03PM - 2:18PM Yama 10:33AM - 11:48AM Rahu 8:02AM - 9:18AM	Shravana Until 9:06PM Vridhhi Until 6:32AM Kaulava Until 12:47PM Shashthi* Until 11:34PM	Ganesha: Orange <i>Sunrise:</i> 6:47AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Purple Moon - Purple Margasira-Karttikai	Moon 11 - Phase 31 - 19 3rd Phase Sivaloka Day
Family Home Evening		Creative Work Amrita Yoga		Until 9:06PM		Then Creative Work - Siddha Yoga
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Memphis, TN Sun 20 Sutra 226 Subhakrit 5124
Makara Rasi: 28.37	Tithi 7	794376575	Gulika 11:48AM - 1:03PM Yama 9:18AM - 10:33AM Rahu 2:18PM - 3:34PM	Dhanishtha Until 7:39PM Vyaghata* Until 12:29AM Wed Gara Until 10:28AM Saptami Until 9:28PM	Ganesha: Clear <i>Sunrise:</i> 6:48AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Purple Moon - Purple Margasira-Karttikai	Moon 11 - Phase 31 - 20 3rd Phase Sivaloka Day
Creative Work Siddha Yoga		Until 7:39PM		Then Routine Work - Marana Yoga		
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Memphis, TN Sun 21 Sutra 227 Subhakrit 5124
Kumbha Rasi: 12.41	Tithi 8	794376575	Gulika 10:34AM - 11:49AM Yama 8:04AM - 9:19AM Rahu 11:49AM - 1:04PM	Shatabhishak Until 6:32PM Harshana Until 10:02PM Visti Until 8:37AM Ashtami* Until 7:51PM	Ganesha: Clear <i>Sunrise:</i> 6:49AM Muruqa: Clear <i>Sunset:</i> 4:48PM Nataraja: Purple Moon - Purple Margasira-Karttikai	Moon 11 - Phase 31 - 21 Ashtami Sivaloka Day
Creative Work Siddha Yoga		Until 6:32PM		Then Creative Work - Amrita Yoga		
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Memphis, TN Sun 22 Sutra 228 Subhakrit 5124
Kumbha Rasi: 26.26	Tithi 9	714376575	Gulika 9:19AM - 10:34AM Yama 6:50AM - 8:05AM Rahu 1:04PM - 2:19PM	Purvaproshtapada* Until 6:12PM Vajra* Until 7:57PM Balava Until 7:15AM Navami* Until 6:45PM	Ganesha: Red <i>Sunrise:</i> 6:50AM Muruqa: Clear <i>Sunset:</i> 4:48PM Nataraja: Purple Moon - Clear Margasira-Karttikai	Moon 11 - Phase 31 - 22 Navami Sivaloka Day
Creative Work Siddha Yoga		Until 6:45PM		Then Creative Work - Siddha Yoga		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Memphis, TN Sun 23 Sutra 229 Subhakrit 5124
	Meena Rasi: 9.54	Tithi 10	Gulika 8:05AM – 9:20AM	Uttaraproshtapada Until 6:14PM	Ganesha: Red	<i>Sunrise:</i> 6:51AM	
			Yama 2:19PM – 3:33PM	Siddhi Until 6:18PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 23
	714376575	Rahu 10:35AM – 11:49AM	Taitila Until 6:25AM		Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:10PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2	Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Memphis, TN Sun 24 Sutra 230 Subhakrit 5124
	Meena Rasi: 23.05	Tithi 11	Gulika 6:52AM – 8:06AM	Revati Until 6:37PM	Ganesha: Red	<i>Sunrise:</i> 6:52AM	
			Yama 1:04PM – 2:19PM	Vyatipata* Until 5:04PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 24
	714376575	Rahu 9:21AM – 10:35AM	Vanija Until 6:05AM		Nataraja: Purple		4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 6:06PM	Moon – Clear		Sivaloka Day	
Until 6:37PM		Gita Jayanthi		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3	Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Memphis, TN Sun 25 Sutra 231 Subhakrit 5124
	Mesha Rasi: 6.01	Tithi 12	Gulika 2:19PM – 3:34PM	Ashvini Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	
			Yama 11:50AM – 1:05PM	Variyan Until 4:10PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 25
	724376575	Rahu 3:34PM – 4:48PM	Bava Until 6:15AM		Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvodashi Until 6:30PM	Moon – White		Devaloka Day	
Until 7:45PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4	Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN Sun 26 Sutra 232 Subhakrit 5124
	Mesha Rasi: 18.44	Tithi 13	Gulika 1:05PM – 2:19PM	Bharani Until 9:09PM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	
			Yama 10:36AM – 11:51AM	Parigha* Until 3:37PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 26
	724376575	Rahu 8:08AM – 9:22AM	Kaulava Until 6:53AM		Nataraja: Purple		4th Phase
Family Home Evening	Siddha Yoga		Trayodashi Until 7:20PM	Moon – White		Devaloka Day	
Until 9:09PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

5	Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN Sun 27 Sutra 233 Subhakrit 5124
	Vrishabha Rasi: 1.15	Tithi 14	Gulika 11:51AM – 1:05PM	Krittika Until 10:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	
			Yama 9:23AM – 10:37AM	Shiva Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 27
	724376575	Rahu 2:20PM – 3:34PM	Gara Until 7:56AM		Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:35PM	Moon – White		Devaloka Day	
Until 10:47PM		Krittika Deepam		Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

○	Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN Sun 28 Sutra 234 Subhakrit 5124
	Copper Retreat Star		Gulika 10:37AM – 11:52AM	Rohini Until 1:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:55AM	
	Vrishabha Rasi: 14	Tithi 15	Yama 8:09AM – 9:23AM	Siddha Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - Purnima
	734376575	Rahu 11:52AM – 1:06PM	Visti Until 9:22AM		Nataraja: Purple		
Creative Work	Siddha Yoga		Purnima* Until 10:12PM	Moon – Yellow		Sivaloka Day	
Until 1:05AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

○	Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN Sun 29 Sutra 235 Subhakrit 5124
	Silver Retreat Star		Gulika 9:24AM – 10:38AM	Mrigashira Until 3:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:56AM	
	Vrishabha Rasi: 25.49	Tithi 16	Yama 6:56AM – 8:10AM	Sadhya Until 3:43PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - Prathama
	734376575	Rahu 1:06PM – 2:20PM	Balava Until 11:10AM		Nataraja: Purple		
Routine Work	Marana Yoga		Prathama* Until 12:09AM Fri	Moon – Yellow		Sivaloka Day	
Until 3:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Mithuna Rasi: 7.53 Tithi 17

Creative Work Siddha Yoga

734476575

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 8:10AM - 9:24AM
Yama 2:20PM - 3:34PM
Rahu 10:38AM - 11:52AM

Ardra Until 6:03AM Sat
Subha Until 4:14PM
Taitila Until 1:15PM
Dvitiya Until 2:22AM Sat

Ganesha: Red *Sunrise: 6:57AM*
Muruqa: Clear *Sunset: 4:48PM*
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Sivaloka Day

Memphis, TN
Sun 1
Sutra 236
Subhakit 5124
Moon 12 - Phase 33 - 1
1st Phase

1

Saturday, December 10, 2022

Mithuna Rasi: 19.53 Tithi 18

Creative Work Siddha Yoga

734476575

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 6:57AM - 8:11AM
Yama 1:07PM - 2:21PM
Rahu 9:25AM - 10:39AM

Ardra Until 6:03AM
Sukla Until 4:54PM
Vanija Until 3:35PM
Tritiya Until 4:47AM Sun

Ganesha: Red *Sunrise: 6:57AM*
Muruqa: Clear *Sunset: 4:48PM*
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Sivaloka Day

Memphis, TN
Sun 2
Sutra 237
Subhakit 5124
Moon 12 - Phase 33 - 2
1st Phase

2

Sunday, December 11, 2022

Kataka Rasi: 1.47 Tithi 19

Creative Work Siddha Yoga

744476575

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava Karana Chaturthyam Titau

Gulika 2:21PM - 3:35PM
Yama 11:53AM - 1:07PM
Rahu 3:35PM - 4:49PM

Punarvasu Until 9:06AM
Brahma Until 5:42PM
Bava Until 6:04PM
Chaturthi* Until 7:19AM Mon

Ganesha: Green *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Sivaloka Day

Memphis, TN
Sun 3
Sutra 238
Subhakit 5124
Moon 12 - Phase 33 - 3
1st Phase

3

Monday, December 12, 2022

Kataka Rasi: 13.4 Tithi 19 - 20

Family Home Evening
Creative Work Siddha Yoga

745476575

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:08PM - 2:21PM
Yama 10:40AM - 11:54AM
Rahu 8:13AM - 9:26AM

Pushya Until 12:03PM
Indra Until 6:33PM
Kaulava Until 8:36PM
Chaturthi* Until 7:19AM

Ganesha: White *Sunrise: 6:59AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Devaloka Day

Memphis, TN
Sun 4
Sutra 239
Subhakit 5124
Moon 12 - Phase 33 - 4
1st Phase

4

Tuesday, December 13, 2022

Kataka Rasi: 25.32 Tithi 20 - 21

Creative Work Siddha Yoga

745476575

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:54AM - 1:08PM
Yama 9:27AM - 10:41AM
Rahu 2:22PM - 3:35PM

Ashlesha* Until 2:48PM
Vaidhriti* Until 7:19PM
Gara Until 11:03PM
Panchami Until 9:49AM

Ganesha: White *Sunrise: 6:59AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Devaloka Day

Memphis, TN
Sun 5
Sutra 240
Subhakit 5124
Moon 12 - Phase 33 - 5
1st Phase

5

Wednesday, December 14, 2022

Simha Rasi: 7.28 Tithi 21 - 22

Creative Work Siddha Yoga
Until 5:42PM
Then Creative Work - Amrita Yoga

755476575

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Gulika 10:41AM - 11:55AM
Yama 8:14AM - 9:27AM
Rahu 11:55AM - 1:08PM

Magha* Until 5:42PM
Vishkambha* Until 7:55PM
Visli* Until 1:14AM Thu
Shashthi* Until 12:10PM

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Sivaloka Day

Memphis, TN
Sun 6
Sutra 241
Subhakit 5124
Moon 12 - Phase 33 - 6
1st Phase

D

Thursday, December 15, 2022

Retreat Star

Simha Rasi: 19.31 Tithi 22 - 23

Creative Work Siddha Yoga

755476575

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:28AM - 10:42AM
Yama 7:01AM - 8:14AM
Rahu 1:09PM - 2:22PM

Markali Pillaiyar

Purvaphalguni Until 8:02PM
Priti Until 8:13PM
Balava Until 2:57AM Fri
Saptami Until 2:08PM

Ganesha: Clear *Sunrise: 7:01AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Purple
Moon - Red
Margasira-Markali

Sivaloka Day

Memphis, TN
Sun 7
Sutra 242
Subhakit 5124
Moon 12 - Phase 33 - 7
Ashtami

Friday, December 16, 2022

Retreat Star

Kanya Rasi: 1.46 Tithi 23 - 24

Creative Work Siddha Yoga
Until 9:38PM
Then Creative Work - Amrita Yoga

855476575

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:15AM - 9:29AM
Yama 2:23PM - 3:36PM
Rahu 10:42AM - 11:56AM

Uttaraphalguni Until 9:38PM
Ayushman Until 8:02PM
Taitila Until 4:01AM Sat
Ashtami* Until 3:33PM

Ganesha: White *Sunrise: 7:02AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Purple
Moon - Red
Margasira-Markali

Devaloka Day

Memphis, TN
Sun 8
Sutra 243
Subhakit 5124
Moon 12 - Phase 33 - 8
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Saturday, December 17, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hasla Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Memphis, TN Sun 9 Sutra 244 Subhakrit 5124
	Kanya Rasi: 14.19	Tithi 24 – 25	Gulika 7:02AM – 8:16AM	Hasta Until 10:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:02AM	
			Yama 1:10PM – 2:23PM	Saubhagya Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 34 - 9
	Routine Work	Marana Yoga	865476575 Rahu 9:29AM – 10:43AM	Vanija Until 4:17AM Sun	Nataraja: Purple		2nd Phase
			Navami* Until 4:14PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 10 Sutra 245 Subhakrit 5124
	Kanya Rasi: 27.14	Tithi 25 – 26	Gulika 2:24PM – 3:37PM	Chitra Until 11:01PM	Ganesha: Clear	<i>Sunrise:</i> 7:03AM	
			Yama 11:57AM – 1:10PM	Sobhana Until 5:54PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 34 - 10
	Creative Work	Siddha Yoga	865476575 Rahu 3:37PM – 4:51PM	Bava Until 3:42AM Mon	Nataraja: Purple		2nd Phase
			Dashami Until 4:05PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

3	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 11 Sutra 246 Subhakrit 5124
	Tula Rasi: 10.35	Tithi 26 – 27	Gulika 1:11PM – 2:24PM	Svati Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:03AM	
	Family Home Evening		Yama 10:44AM – 11:57AM	Athiganda* Until 3:49PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 34 - 11
	Creative Work	Amrita Yoga	865476575 Rahu 8:17AM – 9:30AM	Kaulava Until 2:17AM Tue	Nataraja: Purple		2nd Phase
			Ekadashi* Until 3:04PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

4	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 12 Sutra 247 Subhakrit 5124
	Tula Rasi: 24.25	Tithi 27 – 28	Gulika 11:58AM – 1:11PM	Vishakha Until 9:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:04AM	
			Yama 9:31AM – 10:44AM	Sukarma Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 34 - 12
	Routine Work	Marana Yoga	875476575 Rahu 2:25PM – 3:38PM	Gara Until 12:06AM Wed	Nataraja: Purple		2nd Phase
			Dvadashi* Until 1:15PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 13 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 8.44	Tithi 28 – 29	Gulika 10:45AM – 11:58AM	Anuradha Until 7:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	
			Yama 8:18AM – 9:31AM	Dhriti Until 9:52AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 34 - 13
	Creative Work	Siddha Yoga	876476575 Rahu 11:58AM – 1:12PM	Visti Until 9:18PM	Nataraja: Purple		2nd Phase
			Day 1 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
			Trayodashi* Until 10:45AM	Margasira*Markali			

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN Sun 14 Sutra 249 Subhakrit 5124
	Retreat Star		Gulika 9:32AM – 10:45AM	Jyeshtha* Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	
	Vrischika Rasi: 23.27	Tithi 29 – 30	Yama 7:05AM – 8:18AM	Shula* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 34 - 14
			876476575 Rahu 1:12PM – 2:26PM	Catuspada Until 6:02PM	Nataraja: Purple		Amavasya
			Day 2 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
			Chaturdashi* Until 7:42AM	Margasira*Markali			

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Memphis, TN Sun 15 Sutra 250 Subhakrit 5124
	Retreat Star		Gulika 8:19AM – 9:32AM	Mula* Until 1:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:05AM	
	Dhanus Rasi: 8.28	Tithi 1	Yama 2:26PM – 3:40PM	Vriddhi Until 9:56PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 34 - 15
			886476575 Rahu 10:46AM – 11:59AM	Kintughna Until 2:29PM	Nataraja: Purple		Prathama
			Day 3 of Pancha Ganapati	Moon – Light Blue		Sivaloka Day	
			Prathama* Until 12:38AM Sat	Pausha*Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

all times are standard time. Calculated for Memphis, TN on 4/26/2

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Memphis, TN Sun 16 Sutra 251 Subhakrit 5124
Dhanus Rasi: 23.38	Tithi 2	886486575	Gulika 7:06AM – 8:19AM Yama 1:13PM – 2:27PM Rahu 9:33AM – 10:46AM	Purvashadha* Until 10:46AM Dhruva Until 5:40PM Balava Until 10:49AM Dvitiya Until 8:58PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	Sunrise: 7:06AM Sunset: 4:54PM Moon 12 - Phase 35 - 16 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 10:46AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati				
2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Triliya/Chaturthayam Titau		Memphis, TN Sun 17 Sutra 252 Subhakrit 5124
Makara Rasi: 8.48	Tithi 3 – 4	886486575	Gulika 2:27PM – 3:41PM Yama 12:00PM – 1:14PM Rahu 3:41PM – 4:54PM	Uttarashadha Until 7:46AM Vyaghata* Until 1:30PM Taitila Until 7:11AM Tritiya Until 5:26PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	Sunrise: 7:06AM Sunset: 4:54PM Moon 12 - Phase 35 - 17 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati				
3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Memphis, TN Sun 18 Sutra 253 Subhakrit 5124
Makara Rasi: 23.47	Tithi 4 – 5	896486576	Gulika 1:14PM – 2:28PM Yama 10:47AM – 12:01PM Rahu 8:20AM – 9:34AM	Dhanishtha Until 3:00AM Tue Harshana Until 9:35AM Bava Until 12:47AM Tue Chaturthi* Until 2:13PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	Sunrise: 7:07AM Sunset: 4:55PM Moon 12 - Phase 35 - 18 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 3:00AM Tue Then Routine Work - Marana Yoga						
4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Memphis, TN Sun 19 Sutra 254 Subhakrit 5124
Kumbha Rasi: 8.28	Tithi 5 – 6	896486576	Gulika 12:01PM – 1:15PM Yama 9:34AM – 10:48AM Rahu 2:28PM – 3:42PM	Shatabhishak Until 1:08AM Wed Siddhi Until 2:50AM Wed Kaulava Until 10:18PM Panchami Until 11:27AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	Sunrise: 7:07AM Sunset: 4:55PM Moon 12 - Phase 35 - 19 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 1:08AM Wed Then Creative Work - Amrita Yoga						
5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Memphis, TN Sun 20 Sutra 255 Subhakrit 5124
Kumbha Rasi: 22.46	Tithi 6 – 7	817486576	Gulika 10:48AM – 12:02PM Yama 8:21AM – 9:35AM Rahu 12:02PM – 1:15PM	Purvaproshtapada* Until 12:12AM Thu Vyatipata* Until 12:14AM Thu Gara Until 8:27PM Shashthi* Until 9:16AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sunrise: 7:07AM Sunset: 4:56PM Moon 12 - Phase 35 - 20 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 12:12AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends				
Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Memphis, TN Sun 21 Sutra 256 Subhakrit 5124
Meena Rasi: 6.38	Tithi 7 – 8	817486576	Gulika 9:35AM – 10:49AM Yama 7:08AM – 8:21AM Rahu 1:16PM – 2:30PM	Uttaraproshtapada Until 11:51PM Variyan Until 10:11PM Visti Until 7:20PM Saptami Until 7:47AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sunrise: 7:08AM Sunset: 4:57PM Moon 12 - Phase 35 - 21 Ashtami Devaloka Day
Creative Work Siddha Yoga						
Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Memphis, TN Sun 22 Sutra 257 Subhakrit 5124
Meena Rasi: 20.04	Tithi 8 – 9	817486576	Gulika 8:22AM – 9:35AM Yama 2:30PM – 3:44PM Rahu 10:49AM – 12:03PM	Revati Until 12:04AM Sat Parigha* Until 8:44PM Balava Until 6:57PM Ashtami* Until 7:02AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sunrise: 7:08AM Sunset: 4:58PM Moon 12 - Phase 35 - 22 Navami Devaloka Day
Creative Work Siddha Yoga						

1	Saturday, December 31, 2022	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Memphis, TN Sun 23 Sutra 258 Subhakrit 5124
	Mesha Rasi: 3.06 Tithi 9 – 10 827486576	Gulika 7:08AM – 8:22AM Yama 1:17PM – 2:31PM Rahu 9:36AM – 10:49AM	Ashvini Until 1:16AM Sun Shiva Until 7:51PM Taitila Until 7:17PM Navami* Until 7:01AM

Creative Work Siddha Yoga
Until 1:16AM Sun
Then Routine Work - Prabalarishta Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:08AM	Muruqa: Purple <i>Sunset:</i> 4:58PM	Moon 12 - Phase 36 - 23 4th Phase
Nataraja: Clear Moon – White	Sivaloka Day	
Pausha-Markali		

2	Sunday, January 1, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Memphis, TN Sun 24 Sutra 259 Subhakrit 5124
	Mesha Rasi: 15.49 Tithi 10 – 11 827486576	Gulika 2:31PM – 3:45PM Yama 12:04PM – 1:18PM Rahu 3:45PM – 4:59PM	Bharani Until 2:53AM Mon Siddha Until 7:24PM Vanija Until 8:16PM Dashami Until 7:41AM

Routine Work Prabalarishta Yoga
Until 2:53AM Mon
Then Routine Work - Marana Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:08AM	Muruqa: Purple <i>Sunset:</i> 4:59PM	Moon 12 - Phase 36 - 24 4th Phase
Nataraja: Clear Moon – White	Sivaloka Day	
Pausha-Markali		

3	Monday, January 2, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Memphis, TN Sun 25 Sutra 260 Subhakrit 5124
	Mesha Rasi: 28.16 Tithi 11 – 12 827486576	Gulika 1:18PM – 2:32PM Yama 10:50AM – 12:04PM Rahu 8:22AM – 9:36AM	Krittika Until 4:47AM Tue Sadhya Until 7:22PM Bava Until 9:44PM Ekadashi Until 8:55AM

Family Home Evening
Routine Work Marana Yoga
Until 4:47AM Tue
Then Creative Work - Amrita Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:09AM	Muruqa: Purple <i>Sunset:</i> 5:00PM	Moon 12 - Phase 36 - 25 4th Phase
Nataraja: Clear Moon – White	Sivaloka Day	
Pausha-Markali		

4	Tuesday, January 3, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Memphis, TN Sun 26 Sutra 261 Subhakrit 5124
	Vrishabha Rasi: 10.31 Tithi 12 – 13 837586576	Gulika 12:05PM – 1:19PM Yama 9:37AM – 10:51AM Rahu 2:33PM – 3:47PM	Rohini Until 7:21AM Wed Subha Until 7:38PM Kaulava Until 11:35PM Dvadashi Until 10:36AM

Creative Work Amrita Yoga
Until 7:21AM Wed
Then Creative Work - Siddha Yoga


Ganesha: Yellow <i>Sunrise:</i> 7:09AM	Muruqa: Purple <i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 - 26 4th Phase
Nataraja: Clear Moon – Yellow	Sivaloka Day	
Pausha-Markali		

Pradosha Vrata

5	Wednesday, January 4, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Memphis, TN Sun 27 Sutra 262 Subhakrit 5124
	Vrishabha Rasi: 22.38 Tithi 13 – 14 838586576	Gulika 10:51AM – 12:05PM Yama 8:23AM – 9:37AM Rahu 12:05PM – 1:19PM	Rohini Until 7:21AM Sukla Until 8:05PM Gara Until 1:43AM Thu Trayodashi Until 12:36PM

Creative Work Siddha Yoga


Ganesha: White <i>Sunrise:</i> 7:09AM	Muruqa: Purple <i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 - 27 4th Phase
Nataraja: Clear Moon – Yellow	Devaloka Day	
Pausha-Markali		

	Thursday, January 5, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Memphis, TN Sun 28 Sutra 263 Subhakrit 5124
	Mithuna Rasi: 4.4 Tithi 14 – 15 838586576	Gulika 9:37AM – 10:51AM Yama 7:09AM – 8:23AM Rahu 1:20PM – 2:34PM	Mrigashira Until 9:59AM Brahma Until 8:42PM Visti Until 4:01AM Fri Chaturdashi* Until 2:50PM

Routine Work Marana Yoga

Ganesha: White <i>Sunrise:</i> 7:09AM	Muruqa: Purple <i>Sunset:</i> 5:02PM	Moon 12 - Phase 36 - Purnima
Nataraja: Clear Moon – Yellow	Devaloka Day	
Pausha-Markali		

Subramuniyaswami Jayanti

	Friday, January 6, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Memphis, TN Sun 29 Sutra 264 Subhakrit 5124
	Mithuna Rasi: 16.37 Tithi 15 – 16 838586576	Gulika 8:23AM – 9:37AM Yama 2:35PM – 3:49PM Rahu 10:52AM – 12:06PM	Ardra Until 12:36PM Indra Until 9:25PM Balava Until 6:26AM Sat Purnima* Until 5:12PM

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise:</i> 7:09AM	Muruqa: Purple <i>Sunset:</i> 5:03PM	Moon 12 - Phase 36 - Prathama
Nataraja: Clear Moon – Yellow	Devaloka Day	
Pausha-Markali		

Ardra Darshanam

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023
Gold Retreat Star

Mithuna Rasi: 28.32 Tithi 16
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau
Gulika 7:09AM – 8:23AM **Punarvasu** **Until 3:38PM**
Yama 1:21PM – 2:35PM Vaidhriti* **Until 10:10PM**
848586576 **Rahu** 9:38AM – 10:52AM Balava **Until 6:26AM**
Prathama* **Until 7:39PM**

Memphis, TN Sun 1 Sutra 265 Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase
Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 5:04PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

1

Sunday, January 8, 2023

Kataka Rasi: 10.26 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:36PM – 3:50PM **Pushya** **Until 6:33PM**
Yama 12:07PM – 1:21PM Vishkambha* **Until 10:57PM**
848586576 **Rahu** 3:50PM – 5:05PM Taitila **Until 8:55AM**
Dvitiya **Until 10:09PM**

Memphis, TN Sun 2 Sutra 266 Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase
Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 5:05PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

2

Monday, January 9, 2023

Kataka Rasi: 22.2 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 9:17PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 1:22PM – 2:36PM **Ashlesha*** **Until 9:17PM**
Yama 10:53AM – 12:07PM Priti **Until 11:45PM**
848586576 **Rahu** 8:24AM – 9:38AM Vanija **Until 11:25AM**
Tritiya **Until 12:37AM Tue**

Memphis, TN Sun 3 Sutra 267 Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase
Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 5:06PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

3

Tuesday, January 10, 2023

Simha Rasi: 4.14 Tithi 19
Creative Work Siddha Yoga
Until 12:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 12:08PM – 1:22PM **Magha*** **Until 12:16AM Wed**
Yama 9:38AM – 10:53AM Ayushman **Until 12:26AM Wed**
859586576 **Rahu** 2:37PM – 3:52PM Bava **Until 1:51PM**
Chaturthi* **Until 2:59AM Wed**

Memphis, TN Sun 4 Sutra 268 Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase
Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 5:07PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

4

Wednesday, January 11, 2023

Simha Rasi: 16.11 Tithi 20
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 10:53AM – 12:08PM **Purvaphalguni** **Until 2:51AM Thu**
Yama 8:24AM – 9:38AM Saubhagya **Until 12:58AM Thu**
859586576 **Rahu** 12:08PM – 1:23PM Kaulava **Until 4:07PM**
Panchami **Until 5:07AM Thu**

Memphis, TN Sun 5 Sutra 269 Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase
Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 5:07PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

5

Thursday, January 12, 2023

Simha Rasi: 28.14 Tithi 21
Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara Karana Shashthyam Titau
Gulika 9:39AM – 10:54AM **Uttaraphalguni** **Until 4:55AM Fri**
Yama 7:09AM – 8:24AM Sobhana **Until 1:13AM Fri**
859586576 **Rahu** 1:23PM – 2:38PM Gara **Until 6:03PM**
Shashthi* **Until 6:50AM Fri**

Memphis, TN Sun 6 Sutra 270 Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase
Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 5:08PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

6

Friday, January 13, 2023

Kanya Rasi: 10.28 Tithi 21 – 22
Creative Work Amrita Yoga
Until 6:46AM Sat
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:24AM – 9:39AM **Hasta** **Until 6:46AM Sat**
Yama 2:39PM – 3:54PM Athiganda* **Until 1:03AM Sat**
869586576 **Rahu** 10:54AM – 12:09PM Visti **Until 7:30PM**
Shashthi* **Until 6:50AM**

Memphis, TN Sun 7 Sutra 271 Subhakrit 5124
Moon 1 - Phase 37 - 7
1st Phase
Ganesha: White *Sunrise:* 7:08AM
Muruqa: Purple *Sunset:* 5:09PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.55 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 7:08AM – 8:24AM **Hasta** **Until 6:46AM**
Yama 1:25PM – 2:40PM Sukarma **Until 12:21AM Sun**
869586576 **Rahu** 9:39AM – 10:54AM Balava **Until 8:17PM**
Saptami **Until 7:58AM**

Memphis, TN Sun 8 Sutra 272 Subhakrit 5124
Moon 1 - Phase 37 - 8
Ashtami
Ganesha: White *Sunrise:* 7:08AM
Muruqa: Purple *Sunset:* 5:10PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.43 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:40PM – 3:56PM **Chitra** **Until 7:45AM**
Yama 12:10PM – 1:25PM Dhriti **Until 11:03PM**
869586576 **Rahu** 3:56PM – 5:11PM Taitila **Until 8:15PM**
Ashtami* **Until 8:21AM**

Memphis, TN Sun 9 Sutra 273 Subhakrit 5124
Moon 1 - Phase 37 - 9
Navami
Ganesha: White *Sunrise:* 7:08AM
Muruqa: Purple *Sunset:* 5:11PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

..ll times are standard time. Calculated for Memphis, TN on 4/26/2

www.gurudeva.org/panchang


Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Memphis, TN
1		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 10 Sutra 274
Tula Rasi: 18.55	Tithi 24 – 25	Gulika	1:26PM – 2:41PM	Svati Until 7:46AM	Ganesha: White	Sunrise: 7:08AM
Family Home Evening	869586576	Yama	10:54AM – 12:10PM	Shula* Until 9:03PM	Muruqa: Purple	Sunset: 5:12PM
Creative Work	Amrita Yoga	Rahu	8:23AM – 9:39AM	Vanija Until 7:23PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
Until 7:46AM				Navami* Until 7:54AM	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Memphis, TN
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Balava Karana Dashami/Ekadashyam Titau				Sun 11 Sutra 275
Vrischika Rasi: 3	Tithi 25 – 26	Gulika	12:10PM – 1:26PM	Vishakha Until 7:15AM	Ganesha: Yellow	Sunrise: 7:08AM
	879586576	Yama	9:39AM – 10:55AM	Ganda* Until 6:24PM	Muruqa: Purple	Sunset: 5:13PM
Routine Work	Marana Yoga	Rahu	2:42PM – 3:57PM	Balava Until 4:30AM Wed	Nataraja: Clear	Moon 1 - Phase 38 - 11
Until 7:15AM				Dashami Until 6:36AM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Memphis, TN
3		Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 12 Sutra 276
Vrischika Rasi: 16.46	Tithi 27	Gulika	10:55AM – 12:11PM	Jyeshtha* Until 3:33AM Thu	Ganesha: Yellow	Sunrise: 7:07AM
	871586576	Yama	8:23AM – 9:39AM	Vriddhi Until 3:11PM	Muruqa: Purple	Sunset: 5:14PM
Creative Work	Siddha Yoga	Rahu	12:11PM – 1:27PM	Kaulava Until 3:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Until 7:15AM				Dvadashi* Until 1:44AM Thu	Moon – Orange	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Memphis, TN
4		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 13 Sutra 277
Dhanus Rasi: 1.25	Tithi 28	Gulika	9:39AM – 10:55AM	Mula* Until 1:04AM Fri	Ganesha: Red	Sunrise: 7:07AM
	881586576	Yama	7:07AM – 8:23AM	Dhruva Until 11:26AM	Muruqa: Purple	Sunset: 5:15PM
Creative Work	Siddha Yoga	Rahu	1:27PM – 2:43PM	Gara Until 12:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Until 1:04AM Fri				Trayodashi* Until 10:25PM	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	Sivaloka Day
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Memphis, TN
5		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 14 Sutra 278
Dhanus Rasi: 16.26	Tithi 29	Gulika	8:23AM – 9:39AM	Purvashadha* Until 10:06PM	Ganesha: Red	Sunrise: 7:06AM
	881586576	Yama	2:44PM – 4:00PM	Vyaghata* Until 7:20AM	Muruqa: Purple	Sunset: 5:16PM
Routine Work	Prabalarishta Yoga	Rahu	10:55AM – 12:11PM	Visti Until 8:38AM	Nataraja: Clear	Moon 1 - Phase 38 - 14
Until 10:06PM				Chaturdashi* Until 6:44PM	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Memphis, TN
	Retreat Star	Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 279
Makara Rasi: 1.42	Tithi 30 – 1	Gulika	7:06AM – 8:22AM	Uttarashadha Until 6:51PM	Ganesha: Red	Sunrise: 7:06AM
	881586576	Yama	1:28PM – 2:44PM	Vajra* Until 10:34PM	Muruqa: Purple	Sunset: 5:17PM
Routine Work	Marana Yoga	Rahu	9:39AM – 10:55AM	Kintughna Until 12:57AM Sun	Nataraja: Clear	Moon 1 - Phase 38 - 15
Until 6:51PM				Amavasya* Until 2:53PM	Moon – Light Blue	Amavasya
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Memphis, TN
Retreat Star		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16 Sutra 280
Makara Rasi: 17.02	Tithi 1 – 2	Gulika	2:45PM – 4:02PM	Shravana Until 3:53PM	Ganesha: Yellow	Sunrise: 7:06AM
	891586576	Yama	12:12PM – 1:28PM	Siddhi Until 6:11PM	Muruqa: Purple	Sunset: 5:18PM
Creative Work	Amrita Yoga	Rahu	4:02PM – 5:18PM	Balava Until 9:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 16
Until 3:53PM				Prathama* Until 11:01AM	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Gara Karana Dvitiya/Trilyayam Titau				Memphis, TN
	Kumbha Rasi: 2.15	Tithi 2 - 3	Gulika	1:29PM - 2:46PM	Dhanishtha Until 1:00PM	Ganesha: Yellow	Sun 17
	Family Home Evening	891586576	Yama	10:55AM - 12:12PM	Vyatipata* Until 2:01PM	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	8:22AM - 9:39AM	Gara Until 3:59AM Tue	Nataraja: Clear	Moon 1 - Phase 39 - 17 3rd Phase
			Dvitiya Until 7:19AM				Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturtham Titau				Memphis, TN
	Kumbha Rasi: 17.13	Tithi 4	Gulika	12:12PM - 1:29PM	Shatabhishak Until 10:24AM	Ganesha: Red	Sun 18
		991586576	Yama	9:38AM - 10:55AM	Variyan Until 10:09AM	Muruqa: Purple	Subhakrit 5124
	Routine Work Marana Yoga		Rahu	2:46PM - 4:03PM	Vanija Until 2:31PM	Nataraja: Clear	Moon 1 - Phase 39 - 18 3rd Phase
			Chaturthi* Until 1:09AM Wed				Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN
	Meena Rasi: 1.45	Tithi 5	Gulika	10:55AM - 12:13PM	Purvaproshtapada* Until 8:38AM	Ganesha: Blue	Sun 19
		911586576	Yama	8:21AM - 9:38AM	Parigha* Until 6:46AM	Muruqa: Purple	Subhakrit 5124
	Creative Work Amrita Yoga		Rahu	12:13PM - 1:30PM	Bava Until 12:01PM	Nataraja: Clear	Moon 1 - Phase 39 - 19 3rd Phase
			Panchami Until 11:01PM				Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Tailita Karana Shashthyam Titau				Memphis, TN
	Meena Rasi: 15.49	Tithi 6	Gulika	9:38AM - 10:56AM	Uttaraproshtapada Until 7:26AM	Ganesha: Blue	Sun 20
		911586576	Yama	7:03AM - 8:21AM	Siddha Until 1:48AM Fri	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	1:30PM - 2:48PM	Kaulava Until 10:15AM	Nataraja: Clear	Moon 1 - Phase 39 - 20 3rd Phase
			Shashthi* Until 9:40PM				Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN
	Meena Rasi: 29.24	Tithi 7	Gulika	8:20AM - 9:38AM	Revati Until 6:55AM	Ganesha: Blue	Sun 21
		911586576	Yama	2:48PM - 4:06PM	Sadhya Until 12:20AM Sat	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	10:56AM - 12:13PM	Gara Until 9:20AM	Nataraja: Clear	Moon 1 - Phase 39 - 21 3rd Phase
			Saptami Until 9:11PM				Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Memphis, TN
	Retreat Star		Gulika	7:02AM - 8:20AM	Ashvini Until 7:32AM	Ganesha: White	Sun 22
	Mesha Rasi: 12.3	Tithi 8	Yama	1:31PM - 2:49PM	Subha Until 11:31PM	Muruqa: Purple	Subhakrit 5124
		921686576	Rahu	9:38AM - 10:56AM	Visti Until 9:18AM	Nataraja: Clear	Moon 1 - Phase 39 - 22 Ashtami
			Ashtami* Until 9:34PM				Devaloka Day

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN
	Retreat Star		Gulika	2:49PM - 4:07PM	Bharani Until 8:48AM	Ganesha: Yellow	Sun 23
	Mesha Rasi: 25.11	Tithi 9	Yama	12:13PM - 1:31PM	Sukla Until 11:16PM	Muruqa: Purple	Subhakrit 5124
		922686576	Rahu	4:07PM - 5:25PM	Balava Until 10:04AM	Nataraja: Clear	Moon 1 - Phase 39 - 23 Navami
			Navami* Until 10:42PM				Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Monday, January 30, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Memphis, TN Sun 24 Sutra 288 Subhakrit 5124
	Vrishabha Rasi: 7.34 Tithi 10 Family Home Evening Routine Work Marana Yoga Until 10:35AM Then Creative Work - Amrita Yoga	922686576	Gulika 1:32PM – 2:50PM Yama 10:55AM – 12:14PM Rahu 8:19AM – 9:37AM	Krittika Until 10:35AM Brahma Until 11:28PM Taitila Until 11:32AM Dashami Until 12:27AM Tue


2	Tuesday, January 31, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Memphis, TN Sun 25 Sutra 289 Subhakrit 5124
	Vrishabha Rasi: 19.43 Tithi 11 Creative Work Amrita Yoga Until 1:11PM Then Creative Work - Siddha Yoga	932686576	Gulika 12:14PM – 1:32PM Yama 9:37AM – 10:55AM Rahu 2:51PM – 4:09PM	Rohini Until 1:11PM Indra Until 12:01AM Wed Vanija Until 1:31PM Ekadashi Until 2:37AM Wed

3	Wednesday, February 1, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Memphis, TN Sun 26 Sutra 290 Subhakrit 5124
	Mithuna Rasi: 1.43 Tithi 12 Creative Work Siddha Yoga	932686576	Gulika 10:55AM – 12:14PM Yama 8:19AM – 9:37AM Rahu 12:14PM – 1:32PM	Mrigashira Until 3:56PM Vaidhriti* Until 12:43AM Thu Bava Until 3:50PM Dvadashi Until 5:02AM Thu


4	Thursday, February 2, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Kaulava Karana Trayodashyam Titau		Memphis, TN Sun 27 Sutra 291 Subhakrit 5124
	Mithuna Rasi: 13.38 Tithi 13 Routine Work Marana Yoga Until 6:40PM Then Creative Work - Amrita Yoga	932686576	Gulika 9:37AM – 10:55AM Yama 6:59AM – 8:18AM Rahu 1:33PM – 2:51PM	Ardra Until 6:40PM Vishkambha* Until 1:32AM Fri Kaulava Until 6:18PM Trayodashi Until 7:32AM Fri

Pradosha Vrata

5	Friday, February 3, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Memphis, TN Sun 28 Sutra 292 Subhakrit 5124
	Mithuna Rasi: 25.31 Tithi 13 – 14 Creative Work Siddha Yoga Until 9:47PM Then Routine Work - Marana Yoga	942686577	Gulika 8:18AM – 9:36AM Yama 2:52PM – 4:11PM Rahu 10:55AM – 12:14PM	Punarvasu Until 9:47PM Priti Until 2:22AM Sat Gara Until 8:49PM Trayodashi Until 7:32AM

	Saturday, February 4, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Memphis, TN Sun 29 Sutra 293 Subhakrit 5124
	Copper Retreat Star Kataka Rasi: 7.23 Tithi 14 – 15 Creative Work Siddha Yoga	942686577	Gulika 6:58AM – 8:17AM Yama 1:33PM – 2:52PM Rahu 9:36AM – 10:55AM	Pushya Until 12:41AM Sun Ayushman Until 3:08AM Sun Visti Until 11:17PM Chaturdashi* Until 10:02AM

Thai Pusam

	Sunday, February 5, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Memphis, TN Sun 30 Sutra 294 Subhakrit 5124
	Silver Retreat Star Kataka Rasi: 19.18 Tithi 15 – 16 Creative Work Siddha Yoga Until 3:19AM Mon Then Routine Work - Marana Yoga	942686577	Gulika 2:53PM – 4:12PM Yama 12:14PM – 1:34PM Rahu 4:12PM – 5:31PM	Ashlesha* Until 3:19AM Mon Saubhagya Until 3:50AM Mon Balava Until 1:39AM Mon Purnima* Until 12:27PM



Monday, February 6, 2023
Gold Retreat Star

Simha Rasi: 1.14 Tithi 16 – 17
Family Home Evening 952686577
Routine Work Marana Yoga
Until 6:10AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:34PM – 2:53PM
Yama 10:55AM – 12:14PM
Rahu 8:16AM – 9:35AM

Magha* Until 6:10AM Tue
Sobhana Until 4:27AM Tue
Taitila Until 3:54AM Tue
Prathama* Until 2:46PM

Ganesha: Purple *Sunrise: 6:56AM*
Muruqa: Purple *Sunset: 5:32PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Memphis, TN
Sutra 295
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Subha Sivaloka Day

1

Tuesday, February 7, 2023

Simha Rasi: 13.14 Tithi 17 – 18
952686577
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:14PM – 1:34PM
Yama 9:35AM – 10:55AM
Rahu 2:54PM – 4:14PM

Magha* Until 6:10AM
Athiganda* Until 4:54AM Wed
Vanija Until 5:57AM Wed
Dvitiya Until 4:55PM

Ganesha: Purple *Sunrise: 6:55AM*
Muruqa: Purple *Sunset: 5:33PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Memphis, TN
Sun 1
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

2

Wednesday, February 8, 2023

Simha Rasi: 25.19 Tithi 18
952686577
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Visti* Karana Tritiyayam Titau

Gulika 10:55AM – 12:15PM
Yama 8:15AM – 9:35AM
Rahu 12:15PM – 1:34PM

Purvaphalguni Until 8:40AM
Sukarma Until 5:11AM Thu
Visti Until 6:52PM
Tritiya Until 6:52PM

Ganesha: Purple *Sunrise: 6:55AM*
Muruqa: Purple *Sunset: 5:34PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Memphis, TN
Sun 2
Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

3

Thursday, February 9, 2023

Kanya Rasi: 7.29 Tithi 19
952686577
Amrita Yoga
Until 10:45AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:34AM – 10:54AM
Yama 6:54AM – 8:14AM
Rahu 1:35PM – 2:55PM

Uttaraphalguni Until 10:45AM
Dhriti Until 5:13AM Fri
Bava Until 7:44AM
Chaturthi* Until 8:29PM

Ganesha: Purple *Sunrise: 6:54AM*
Muruqa: Purple *Sunset: 5:35PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Memphis, TN
Sun 3
Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

4

Friday, February 10, 2023

Kanya Rasi: 19.48 Tithi 20
962686577
Creative Work Amrita Yoga
Until 12:48PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:13AM – 9:34AM
Yama 2:56PM – 4:16PM
Rahu 10:54AM – 12:15PM

Hasta Until 12:48PM
Shula* Until 4:52AM Sat
Kaulava Until 9:11AM
Panchami Until 9:42PM

Ganesha: Clear *Sunrise: 6:53AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Orange
Moon – Green
Magha*Thai

Memphis, TN
Sun 4
Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

5

Saturday, February 11, 2023

Tula Rasi: 2.19 Tithi 21
963686577
Routine Work Marana Yoga
Until 2:13PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:52AM – 8:13AM
Yama 1:35PM – 2:56PM
Rahu 9:33AM – 10:54AM

Chitra Until 2:13PM
Ganda* Until 4:06AM Sun
Gara Until 10:08AM
Shashthi* Until 10:22PM

Ganesha: Purple *Sunrise: 6:52AM*
Muruqa: Purple *Sunset: 5:37PM*
Nataraja: Orange
Moon – Green
Magha*Thai

Memphis, TN
Sun 5
Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

6

Sunday, February 12, 2023

Tula Rasi: 15.06 Tithi 22
963686577
Creative Work Siddha Yoga
Until 2:52PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:57PM – 4:17PM
Yama 12:15PM – 1:36PM
Rahu 4:17PM – 5:38PM

Svati Until 2:52PM
Vridhhi Until 2:49AM Mon
Visti Until 10:29AM
Saptami Until 10:22PM

Ganesha: Purple *Sunrise: 6:51AM*
Muruqa: Purple *Sunset: 5:38PM*
Nataraja: Orange
Moon – Green
Magha*Mas

Memphis, TN
Sun 6
Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 28.13 Tithi 23
973686577
Family Home Evening
Routine Work Marana Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:36PM – 2:57PM
Yama 10:53AM – 12:15PM
Rahu 8:11AM – 9:32AM

Vishakha Until 3:08PM
Dhruva Until 12:56AM Tue
Balava Until 10:07AM
Ashtami* Until 9:39PM

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: Purple *Sunset: 5:39PM*
Nataraja: Orange
Moon – Orange
Magha*Mas

Memphis, TN
Sun 7
Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.44 Tithi 24
973686577
Creative Work Siddha Yoga
Until 2:32PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:15PM – 1:36PM
Yama 9:32AM – 10:53AM
Rahu 2:58PM – 4:19PM

Anuradha Until 2:32PM
Vyaghata* Until 10:29PM
Taitila Until 9:02AM
Navami* Until 8:11PM

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Purple *Sunset: 5:40PM*
Nataraja: Orange
Moon – Orange
Magha*Mas

Memphis, TN
Sun 8
Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Memphis, TN on 4/26/2

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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Memphis, TN
			Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 304
	Vrischika Rasi: 25.42	Tithi 25	Gulika 10:53AM – 12:15PM	Jyeshtha* Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Subhakrit 5124
		Yama 8:09AM – 9:31AM	Harshana Until 7:29PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 42 - 9	
	973686577	Rahu 12:15PM – 1:36PM	Vanija Until 7:13AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 6:02PM	Moon – Orange		Sivaloka Day	
Until 1:05PM				Magha-Masi			
Then Routine Work - Marana Yoga							

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Memphis, TN
			Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 305
	Dhanus Rasi: 10.05	Tithi 26 – 27	Gulika 9:31AM – 10:53AM	Mula* Until 11:18AM	Ganesha: White	<i>Sunrise:</i> 6:47AM	Subhakrit 5124
		Yama 6:47AM – 8:09AM	Vajra* Until 3:59PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 42 - 10	
	983686577	Rahu 1:36PM – 2:58PM	Kaulava Until 1:43AM Fri	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 3:16PM	Moon – Light Blue		Devaloka Day	
Until 3:11AM Sun				Magha-Masi			
Then Routine Work - Marana Yoga							

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Memphis, TN
			Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 306
	Dhanus Rasi: 24.52	Tithi 27 – 28	Gulika 8:08AM – 9:30AM	Purvashadha* Until 8:53AM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Subhakrit 5124
		Yama 2:59PM – 4:21PM	Siddhi Until 12:08PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 42 - 11	
	983686577	Rahu 10:52AM – 12:14PM	Gara Until 10:19PM	Nataraja: Orange		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 12:02PM	Moon – Light Blue		Devaloka Day	
Until 8:53AM				Magha-Masi			
Then Routine Work - Marana Yoga							

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Memphis, TN
			Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 307
	Makara Rasi: 9.55	Tithi 28 – 29	Gulika 6:45AM – 8:07AM	Shravana Until 3:11AM Sun	Ganesha: White	<i>Sunrise:</i> 6:45AM	Subhakrit 5124
		Yama 1:37PM – 2:59PM	Vyatipata* Until 8:01AM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 42 - 12	
	983686577	Rahu 9:30AM – 10:52AM	Visti Until 6:40PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 8:29AM	Moon – Light Blue		Devaloka Day	
Until 3:11AM Sun				Magha-Masi			
Then Routine Work - Marana Yoga							

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Memphis, TN
	Retreat Star		Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 308
	Makara Rasi: 25.06	Tithi 30	Gulika 3:00PM – 4:23PM	Dhanishtha Until 12:16AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:43AM	Subhakrit 5124
		Yama 12:14PM – 1:37PM	Parigha* Until 11:31PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 42 - 13	
	993686577	Rahu 4:23PM – 5:45PM	Catuspada Until 2:57PM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 1:07AM Mon	Moon – Purple		Devaloka Day	
Until 12:16AM Mon				Magha-Masi			
Then Creative Work - Siddha Yoga							

Retreat Star	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Memphis, TN
			Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 309
	Kumbha Rasi: 10.16	Tithi 1	Gulika 1:37PM – 3:00PM	Shatabhishak Until 9:23PM	Ganesha: Green	<i>Sunrise:</i> 6:42AM	Subhakrit 5124
		Yama 10:51AM – 12:14PM	Shiva Until 7:27PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 42 - 14	
	993686577	Rahu 8:05AM – 9:28AM	Kintughna Until 11:21AM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:38PM	Moon – Purple		Devaloka Day	
Until 9:23PM				Phalgun-Masi			
Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

..All times are standard time. Calculated for Memphis, TN on 4/26/2

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1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Memphis, TN
Kumbha Rasi: 25.14		Tithi 2		Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 310
913686577		Gulika	12:14PM – 1:37PM	Purvaproshtapada* Until 7:10PM	Ganesha: Red	<i>Sunrise:</i> 6:41AM
Routine Work Marana Yoga		Yama	9:28AM – 10:51AM	Siddha Until 3:38PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM
Until 7:10PM		Rahu	3:01PM – 4:24PM	Balava Until 8:02AM	Nataraja: Orange	Moon 2 - Phase 43 - 15
Then Creative Work - Amrita Yoga				Dvitiya Until 6:31PM	Moon – Clear	3rd Phase
					Phalguna-Masi	Sivaloka Day

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Memphis, TN
Meena Rasi: 9.53		Tithi 3 – 4		Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 16 Sutra 311
913786577		Gulika	10:51AM – 12:14PM	Uttaraproshtapada Until 5:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM
Creative Work Siddha Yoga		Yama	8:04AM – 9:27AM	Sadhya Until 12:16PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM
Until 5:21PM		Rahu	12:14PM – 1:38PM	Vanija Until 2:57AM Thu	Nataraja: Orange	Moon 2 - Phase 43 - 16
Then Routine Work - Marana Yoga				Tritiya Until 3:57PM	Moon – Clear	3rd Phase
					Phalguna-Masi	Subha Sivaloka Day

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Memphis, TN
Meena Rasi: 24.05		Tithi 4 – 5		Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17 Sutra 312
913786577		Gulika	9:26AM – 10:50AM	Revati Until 4:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM
Creative Work Siddha Yoga		Yama	6:39AM – 8:03AM	Subha Until 9:27AM	Muruqa: Purple	<i>Sunset:</i> 5:49PM
Until 4:05PM		Rahu	1:38PM – 3:01PM	Bava Until 1:28AM Fri	Nataraja: Orange	Moon 2 - Phase 43 - 17
Then Creative Work - Amrita Yoga				Chaturthi* Until 2:05PM	Moon – Clear	3rd Phase
					Phalguna-Masi	Subha Sivaloka Day
						Subramuniyaswami Siva Vision Day

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Memphis, TN
Mesha Rasi: 7.48		Tithi 5 – 6		Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Sun 18 Sutra 313
923786577		Gulika	8:02AM – 9:26AM	Ashvini Until 3:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM
Creative Work Amrita Yoga		Yama	3:02PM – 4:26PM	Sukla Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 5:50PM
Until 3:55PM		Rahu	10:50AM – 12:14PM	Kaulava Until 12:51AM Sat	Nataraja: Orange	Moon 2 - Phase 43 - 18
Then Creative Work - Siddha Yoga				Panchami Until 1:02PM	Moon – White	3rd Phase
					Phalguna-Masi	Sivaloka Day

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Memphis, TN
Mesha Rasi: 21.02		Tithi 6 – 7		Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19 Sutra 314
924786577		Gulika	6:36AM – 8:01AM	Bharani Until 4:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM
Creative Work Siddha Yoga		Yama	1:38PM – 3:02PM	Indra Until 4:55AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:51PM
Until 4:27PM		Rahu	9:25AM – 10:49AM	Gara Until 1:05AM Sun	Nataraja: Orange	Moon 2 - Phase 43 - 19
Then Creative Work - Amrita Yoga				Shashthi* Until 12:50PM	Moon – White	3rd Phase
					Phalguna-Masi	Devaloka Day

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Memphis, TN
Vrishabha Rasi: 3.5		Tithi 7 – 8		Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20 Sutra 315
924786577		Gulika	3:03PM – 4:27PM	Krittika Until 5:39PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM
Creative Work Siddha Yoga		Yama	12:14PM – 1:38PM	Vaidhriti* Until 4:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:52PM
		Rahu	4:27PM – 5:52PM	Visti Until 2:09AM Mon	Nataraja: Orange	Moon 2 - Phase 43 - 20
				Saptami Until 1:30PM	Moon – White	Ashtami
					Phalguna-Masi	Devaloka Day

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Memphis, TN
Vrishabha Rasi: 16.16		Tithi 8 – 9		Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21 Sutra 316
934786577		Gulika	1:38PM – 3:03PM	Rohini Until 7:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM
Family Home Evening		Yama	10:49AM – 12:13PM	Vishkambha* Until 4:57AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:53PM
Creative Work Amrita Yoga		Rahu	7:59AM – 9:24AM	Balava Until 3:52AM Tue	Nataraja: Orange	Moon 2 - Phase 43 - 21
				Ashtami* Until 2:55PM	Moon – Yellow	Navami
					Phalguna-Masi	Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Memphis, TN Sun 22 Sutra 317 Subhakrit 5124
Wrishabha Rasi: 28.26	Tithi 9 – 10	934786577	Gulika 12:13PM – 1:38PM Yama 9:23AM – 10:48AM Rahu 3:03PM – 4:28PM	Mrigashira Until 10:24PM Priti Until 5:34AM Wed Taitila Until 6:04AM Wed Navami* Until 4:54PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:33AM Sunset: 5:54PM Moon 2 - Phase 44 - 22 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 10:24PM Then Routine Work - Marana Yoga						

2		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Memphis, TN Sun 23 Sutra 318 Subhakrit 5124
Mithuna Rasi: 10.26	Tithi 10	934786577	Gulika 10:47AM – 12:13PM Yama 7:56AM – 9:22AM Rahu 12:13PM – 1:38PM	Ardra Until 1:06AM Thu Ayushman Until 6:22AM Thu Taitila Until 6:04AM Dashami Until 7:15PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:30AM Sunset: 5:55PM Moon 2 - Phase 44 - 23 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 1:06AM Thu Then Creative Work - Amrita Yoga						

3		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Memphis, TN Sun 24 Sutra 319 Subhakrit 5124
Mithuna Rasi: 22.2	Tithi 11	944786577	Gulika 9:21AM – 10:47AM Yama 6:29AM – 7:55AM Rahu 1:39PM – 3:04PM	Punarvasu Until 4:14AM Fri Ayushman Until 6:22AM Vanija Until 8:31AM Ekadashi Until 9:45PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:29AM Sunset: 5:56PM Moon 2 - Phase 44 - 24 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 4:14AM Fri Then Routine Work - Marana Yoga						

4		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Memphis, TN Sun 25 Sutra 320 Subhakrit 5124
Kataka Rasi: 4.11	Tithi 12	944786577	Gulika 7:54AM – 9:20AM Yama 3:05PM – 4:31PM Rahu 10:46AM – 12:12PM	Pushya Until 7:10AM Sat Saubhagya Until 7:14AM Bava Until 11:02AM Dvadashi Until 12:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:28AM Sunset: 5:57PM Moon 2 - Phase 44 - 25 4th Phase Devaloka Day
Routine Work Marana Yoga						

5		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Memphis, TN Sun 26 Sutra 321 Subhakrit 5124
Kataka Rasi: 16.04	Tithi 13	944786577	Gulika 6:26AM – 7:53AM Yama 1:39PM – 3:05PM Rahu 9:19AM – 10:46AM	Pushya Until 7:10AM Sobhana Until 8:05AM Kaulava Until 1:28PM Trayodashi Until 2:37AM Sun <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:26AM Sunset: 5:58PM Moon 2 - Phase 44 - 26 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 7:10AM Then Routine Work - Marana Yoga						

6		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Memphis, TN Sun 27 Sutra 322 Subhakrit 5124
Kataka Rasi: 28.01	Tithi 14	144786577	Gulika 3:05PM – 4:32PM Yama 12:12PM – 1:39PM Rahu 4:32PM – 5:59PM	Ashlesha* Until 9:47AM Athiganda* Until 8:47AM Gara Until 3:44PM Chaturdashi* Until 4:45AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:25AM Sunset: 5:59PM Moon 2 - Phase 44 - 27 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 9:47AM Then Routine Work - Marana Yoga				Chidambaram Abhishekam		

○		Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau		Memphis, TN Sun 28 Sutra 323 Subhakrit 5124
Copper Retreat Star		Simha Rasi: 10.02 Tithi 15		154786577		
Family Home Evening		Gulika 1:39PM – 3:06PM Yama 10:45AM – 12:12PM Rahu 7:51AM – 9:18AM		Magha* Until 12:31PM Sukarma Until 9:19AM Visti Until 5:45PM Purnima* Until 6:38AM Tue		Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalguna-Masi
Routine Work Marana Yoga Until 12:31PM Then Creative Work - Siddha Yoga				Holi		Sunrise: 6:24AM Sunset: 6:00PM Moon 2 - Phase 44 - Purnima Sivaloka Day

○		Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Memphis, TN Sun 29 Sutra 324 Subhakrit 5124
Silver Retreat Star		Simha Rasi: 22.1 Tithi 15 – 16		154786577		
Family Home Evening		Gulika 12:12PM – 1:39PM Yama 9:17AM – 10:44AM Rahu 3:06PM – 4:33PM		Purvaphalguni Until 2:48PM Dhriti Until 9:40AM Balava Until 7:28PM Purnima* Until 6:38AM		Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalguna-Masi
Creative Work Siddha Yoga Until 2:48PM Then Creative Work - Amrita Yoga						Sunrise: 6:22AM Sunset: 6:01PM Moon 2 - Phase 44 - Prathama Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Memphis, TN

Sutra 325

Subhakrit 5124

Kanya Rasi: 4.26 Tithi 16 - 17

154786577

Gulika 10:44AM - 12:11PM
Yama 7:49AM - 9:16AM
Rahu 12:11PM - 1:39PM

Uttaraphalguni Until 4:37PM

Shula* Until 9:44AM

Taitila Until 8:52PM

Prathama* Until 8:11AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Red
Phalguna-Masi

Sunrise: 6:21AM

Sunset: 6:01PM

Moon 3 - Phase 45 -
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 4:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.5 Tithi 17 - 18

164786577

Gulika 9:15AM - 10:43AM
Yama 6:20AM - 7:48AM
Rahu 1:39PM - 3:07PM

Hasta Until 6:25PM

Ganda* Until 9:34AM

Vanija Until 9:53PM

Dvitiya Until 9:24AM

Ganesha: White

Muruqa: Purple

Nataraja: Orange

Moon - Green
Phalguna-Masi

Sunrise: 6:20AM

Sunset: 6:02PM

Moon 3 - Phase 45 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:25PM

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Memphis, TN

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 29.25 Tithi 18 - 19

165786577

Gulika 7:46AM - 9:15AM
Yama 3:07PM - 4:35PM
Rahu 10:43AM - 12:11PM

Chitra Until 7:40PM

Vridhhi Until 9:07AM

Bava Until 10:30PM

Tritiya Until 10:13AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Orange

Moon - Green
Phalguna-Masi

Sunrise: 6:18AM

Sunset: 6:03PM

Moon 3 - Phase 45 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 12.1 Tithi 19 - 20

165786577

Gulika 6:17AM - 7:45AM
Yama 1:39PM - 3:07PM
Rahu 9:14AM - 10:42AM

Svati Until 8:21PM

Dhruva Until 8:19AM

Kaulava Until 10:41PM

Chaturthi* Until 10:38AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Orange

Moon - Green
Phalguna-Masi

Sunrise: 6:17AM

Sunset: 6:04PM

Moon 3 - Phase 45 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 25.09 Tithi 20 - 21

175786577

Gulika 3:08PM - 4:36PM
Yama 12:10PM - 1:39PM
Rahu 4:36PM - 6:05PM

Vishakha Until 8:52PM

Vyaghata* Until 7:11AM

Gara Until 10:23PM

Panchami Until 10:34AM

Ganesha: Blue

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Phalguna-Masi

Sunrise: 6:16AM

Sunset: 6:05PM

Moon 3 - Phase 45 - 4
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Memphis, TN

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 8.23 Tithi 21 - 22

175786577

Gulika 1:39PM - 3:08PM
Yama 10:41AM - 12:10PM
Rahu 7:43AM - 9:12AM

Anuradha Until 8:44PM

Vajra* Until 3:43AM Tue

Visti Until 9:33PM

Shashthi* Until 10:01AM

Ganesha: Blue

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Phalguna-Masi

Sunrise: 6:14AM

Sunset: 6:06PM

Moon 3 - Phase 45 - 5
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Memphis, TN

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.55 Tithi 22 - 23

175786577

Gulika 12:10PM - 1:39PM
Yama 9:11AM - 10:40AM
Rahu 3:08PM - 4:37PM

Jyeshtha* Until 7:56PM

Siddhi Until 1:22AM Wed

Balava Until 8:12PM

Saptami Until 8:56AM

Ganesha: Blue

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Phalguna-Panguni

Sunrise: 6:13AM

Sunset: 6:07PM

Moon 3 - Phase 45 - 6
Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 7:56PM

Then Creative Work - Amrita Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Memphis, TN

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.44 Tithi 23 - 24

185786578

Gulika 10:40AM - 12:09PM
Yama 7:41AM - 9:10AM
Rahu 12:09PM - 1:39PM

Mula* Until 6:55PM

Vyatipata* Until 10:37PM

Taitila Until 6:20PM

Ashtami* Until 7:19AM

Ganesha: Red

Muruqa: Purple

Nataraja: Clear

Moon - Light Blue
Phalguna-Panguni

Sunrise: 6:11AM

Sunset: 6:07PM

Moon 3 - Phase 45 - 7
Navami

Sivaloka Day

Routine Work Marana Yoga

Until 6:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Memphis, TN on 4/26/2

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1 Thursday, March 16, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Memphis, TN
Purvashadha/Uttarashadha Nakshatra Varyan Yoga Vanija/Visli* Karana Dashamyam Titau Sun 8 Sutra 333
Dhanus Rasi: 19.53 Tithi 25 **Gulika 9:10AM – 10:39AM** **Purvashadha* Until 5:17PM** **Ganesha: Red Sunrise: 6:10AM** Subhakrit 5124
185786578 **Yama 6:10AM – 7:40AM** **Variyan Until 7:28PM** **Muruqa: Purple Sunset: 6:08PM** Moon 3 - Phase 46 - 8
Rahu 1:39PM – 3:09PM **Nataraja: Clear** 2nd Phase
Creative Work Siddha Yoga **Vanija Until 4:00PM** **Moon – Light Blue** **Sivaloka Day**
Until 5:17PM **Dashami Until 2:39AM Fri** **Phalguna-Panguni**
Then Routine Work - Marana Yoga

2 Friday, March 17, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Memphis, TN
Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 334
Makara Rasi: 4.2 Tithi 26 **Gulika 7:39AM – 9:09AM** **Uttarashadha Until 3:08PM** **Ganesha: Red Sunrise: 6:09AM** Subhakrit 5124
185786578 **Yama 3:09PM – 4:39PM** **Parigha* Until 4:02PM** **Muruqa: Purple Sunset: 6:09PM** Moon 3 - Phase 46 - 9
Rahu 10:39AM – 12:09PM **Bava Until 1:16PM** **Nataraja: Clear** 2nd Phase
Routine Work Marana Yoga **Bava Until 1:16PM** **Moon – Light Blue** **Sivaloka Day**
Ekadashi* Until 11:46PM **Phalguna-Panguni**

3 Saturday, March 18, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Memphis, TN
Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 335
Makara Rasi: 19.01 Tithi 27 **Gulika 6:07AM – 7:38AM** **Shravana Until 12:59PM** **Ganesha: Green Sunrise: 6:07AM** Subhakrit 5124
195786578 **Yama 1:39PM – 3:09PM** **Shiva Until 12:23PM** **Muruqa: Purple Sunset: 6:10PM** Moon 3 - Phase 46 - 10
Rahu 9:08AM – 10:38AM **Kaulava Until 10:15AM** **Nataraja: Clear** 2nd Phase
Creative Work Siddha Yoga **Dvadashi* Until 8:39PM** **Moon – Purple** **Subha Sivaloka Day**
Phalguna-Panguni

4 Sunday, March 19, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Memphis, TN
Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 11 Sutra 336
Kumbha Rasi: 3.5 Tithi 28 – 29 **Gulika 3:09PM – 4:40PM** **Dhanishtha Until 10:34AM** **Ganesha: Green Sunrise: 6:06AM** Subhakrit 5124
196896578 **Yama 12:08PM – 1:39PM** **Siddha Until 8:35AM** **Muruqa: Clear Sunset: 6:11PM** Moon 3 - Phase 46 - 11
Rahu 4:40PM – 6:11PM **Gara Until 7:04AM** **Nataraja: Clear** 2nd Phase
Routine Work Marana Yoga **Trayodashi* Until 5:27PM** **Moon – Purple** **Sivaloka Day**
Until 10:34AM **Pradosha Vrata (Fasting)** **Phalguna-Panguni**
Then Creative Work - Siddha Yoga

Monday, March 20, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Memphis, TN
Shatabhishak/Purvaproshtpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdash/Amavasyayam Titau Sun 12 Sutra 337
Kumbha Rasi: 18.4 Tithi 29 – 30 **Gulika 1:39PM – 3:10PM** **Shatabhishak Until 8:01AM** **Ganesha: Green Sunrise: 6:04AM** Subhakrit 5124
196896578 **Yama 10:37AM – 12:08PM** **Subha Until 1:11AM Tue** **Muruqa: Clear Sunset: 6:11PM** Moon 3 - Phase 46 - 12
Rahu 7:35AM – 9:06AM **Catuspada Until 12:50AM Tue** **Nataraja: Clear** Amavasya
Creative Work Siddha Yoga **Chaturdashi* Until 2:19PM** **Moon – Purple** **Sivaloka Day**
Until 8:01AM **Phalguna-Panguni**
Then Routine Work - Marana Yoga

Tuesday, March 21, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Memphis, TN
Uttaraproshtpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 13 Sutra 338
Meena Rasi: 3.22 Tithi 30 – 1 **Gulika 12:08PM – 1:39PM** **Uttaraproshtpada Until 4:01AM Wed** **Ganesha: Orange Sunrise: 6:03AM** Subhakrit 5124
116896578 **Yama 9:05AM – 10:37AM** **Sukla Until 9:45PM** **Muruqa: Clear Sunset: 6:12PM** Moon 3 - Phase 46 - 13
Rahu 3:10PM – 4:41PM **Kintughna Until 10:06PM** **Nataraja: Clear** Prathama
Creative Work Amrita Yoga **Amavasya* Until 11:24AM** **Moon – Clear** **Devaloka Day**
Until 4:01AM Wed **Yugadhi** **Chaitra-Panguni**
Then Routine Work - Marana Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

|| times are standard time. Calculated for Memphis, TN on 4/26/2

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1		Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 14 Sutra 339 Subhakrit 5124
Meena Rasi: 17.5	Tithi 1 – 2	Gulika 10:36AM – 12:07PM	Revati Until 2:28AM Thu	Ganesha: Orange	Sunrise: 6:02AM			
		Yama 7:33AM – 9:05AM	Brahma Until 6:43PM	Muruqa: Clear	Sunset: 6:13PM	Moon 3 - Phase 47 - 14		
		116896578 Rahu 12:07PM – 1:39PM	Balava Until 7:48PM	Nataraja: Clear			3rd Phase	
Routine Work	Marana Yoga	Prathama* Until 8:52AM		Moon – Clear	Chaitra•Panguni		Devaloka Day	
Until 2:28AM Thu								
Then Creative Work - Amrita Yoga								

2		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.57	Tithi 2 – 3	Gulika 9:04AM – 10:35AM	Ashvini Until 1:50AM Fri	Ganesha: Clear	Sunrise: 6:00AM			
		Yama 6:00AM – 7:32AM	Indra Until 4:11PM	Muruqa: Clear	Sunset: 6:14PM	Moon 3 - Phase 47 - 15		
		126896578 Rahu 1:39PM – 3:10PM	Taitila Until 6:06PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi	Dvitiya Until 6:51AM	Moon – White	Chaitra•Panguni		Devaloka Day	
Until 1:50AM Fri								
Then Creative Work - Siddha Yoga								

3		Friday, March 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Chaturthayam Titau				Memphis, TN Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.4	Tithi 4	Gulika 7:31AM – 9:03AM	Bharani Until 1:48AM Sat	Ganesha: Clear	Sunrise: 5:59AM			
		Yama 3:11PM – 4:43PM	Vaidhriti* Until 2:10PM	Muruqa: Clear	Sunset: 6:15PM	Moon 3 - Phase 47 - 16		
		126896578 Rahu 10:35AM – 12:07PM	Vanija Until 5:07PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga	Chaturthi* Until 4:54AM Sat		Moon – White	Chaitra•Panguni		Devaloka Day	
Until 1:48AM Sat								
Then Creative Work - Amrita Yoga								

4		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.57	Tithi 5	Gulika 5:57AM – 7:30AM	Krittika Until 2:22AM Sun	Ganesha: Clear	Sunrise: 5:57AM			
		Yama 1:39PM – 3:11PM	Vishkambha* Until 12:48PM	Muruqa: Clear	Sunset: 6:16PM	Moon 3 - Phase 47 - 17		
		126896578 Rahu 9:02AM – 10:34AM	Bava Until 4:55PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga	Panchami Until 5:05AM Sun		Moon – White	Chaitra•Panguni		Devaloka Day	
Until 2:22AM Sun								
Then Creative Work - Siddha Yoga								

5		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN Sun 18 Sutra 343 Subhakrit 5124
Virshabha Rasi: 11.5	Tithi 6	Gulika 3:11PM – 4:44PM	Rohini Until 3:59AM Mon	Ganesha: Clear	Sunrise: 5:56AM			
		Yama 12:06PM – 1:39PM	Priti Until 12:03PM	Muruqa: Clear	Sunset: 6:16PM	Moon 3 - Phase 47 - 18		
		137896578 Rahu 4:44PM – 6:16PM	Kaulava Until 5:30PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga	Shashthi* Until 6:02AM Mon		Moon – Yellow	Chaitra•Panguni		Devaloka Day	
Until 3:59AM Mon								
Then Creative Work - Amrita Yoga								

6		Monday, March 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Memphis, TN Sun 19 Sutra 344 Subhakrit 5124
Virshabha Rasi: 24.22	Tithi 6 – 7	Gulika 1:39PM – 3:11PM	Mrigashira Until 6:05AM Tue	Ganesha: Clear	Sunrise: 5:55AM			
Family Home Evening		Yama 10:33AM – 12:06PM	Ayushman Until 11:50AM	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 47 - 19		
		137896578 Rahu 7:27AM – 9:00AM	Gara Until 6:47PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga	Shashthi* Until 6:02AM		Moon – Yellow	Chaitra•Panguni		Devaloka Day	
Until 6:05AM Tue								
Then Routine Work - Marana Yoga								

☾		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 20 Sutra 345 Subhakrit 5124
Retreat Star		Gulika 12:06PM – 1:39PM	Mrigashira Until 6:05AM	Ganesha: Clear	Sunrise: 5:53AM			
Mithuna Rasi: 6.37	Tithi 7 – 8	Yama 8:59AM – 10:32AM	Saubhagya Until 12:07PM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 20		
		137896578 Rahu 3:12PM – 4:45PM	Visiti Until 8:39PM	Nataraja: Clear			Ashtami	
Creative Work	Siddha Yoga	Saptami Until 7:38AM		Moon – Yellow	Chaitra•Panguni		Devaloka Day	
Until 6:05AM								
Then Routine Work - Marana Yoga								

☽		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 21 Sutra 346 Subhakrit 5124
Retreat Star		Gulika 10:32AM – 12:05PM	Ardra Until 8:30AM	Ganesha: Clear	Sunrise: 5:52AM			
Mithuna Rasi: 18.4	Tithi 8 – 9	Yama 7:25AM – 8:59AM	Sobhana Until 12:45PM	Muruqa: Clear	Sunset: 6:19PM	Moon 3 - Phase 47 - 21		
		137896578 Rahu 12:05PM – 1:39PM	Balava Until 10:53PM	Nataraja: Clear			Navami	
Creative Work	Siddha Yoga	Sri Rama Navami	Ashtami* Until 9:42AM	Moon – Yellow	Chaitra•Panguni		Devaloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

|| times are standard time. Calculated for Memphis, TN on 4/26/2

www.gurudeva.org/panchang

1 Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN Sun 22 Sutra 347 Subhakrit 5124
Kataka Rasi: 0.35	Tithi 9 – 10	Gulika 8:58AM – 10:31AM	Punarvasu Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 5:50AM	
		Yama 5:50AM – 7:24AM	Athiganda* Until 1:32PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 48 - 22
		147896578 Rahu 1:39PM – 3:12PM	Taitila Until 1:17AM Fri	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Navami* Until 12:03PM	Moon – Blue		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM

2 Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 23 Sutra 348 Subhakrit 5124
Kataka Rasi: 12.29	Tithi 10 – 11	Gulika 7:23AM – 8:57AM	Pushya Until 2:26PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	
		Yama 3:12PM – 4:46PM	Sukarma Until 2:23PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 48 - 23
		147896578 Rahu 10:31AM – 12:05PM	Vanija Until 3:41AM Sat	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Yogaswami Mahasamadhi	Moon – Blue		Bhuloka Day
			Dashami Until 2:29PM	Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM

3 Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 24 Sutra 349 Subhakrit 5124
Kataka Rasi: 24.23	Tithi 11 – 12	Gulika 5:49AM – 7:23AM	Ashlesha* Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	
		Yama 1:39PM – 3:12PM	Dhriti Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 48 - 24
		147896578 Rahu 8:57AM – 10:31AM	Bava Until 5:54AM Sun	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:48PM	Moon – Blue		Bhuloka Day
Until 5:05PM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvadashyam Titau				Memphis, TN Sun 25 Sutra 350 Subhakrit 5124
Simha Rasi: 6.22	Tithi 12	Gulika 3:13PM – 4:47PM	Magha* Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 5:48AM	
		Yama 12:04PM – 1:39PM	Shula* Until 3:46PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - 25
		158896578 Rahu 4:47PM – 6:21PM	Balava Until 6:52PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:52PM	Moon – Red		Devaloka Day
Until 7:50PM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

5 Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN Sun 26 Sutra 351 Subhakrit 5124
Simha Rasi: 18.28	Tithi 13	Gulika 1:39PM – 3:13PM	Purvaphalguni Until 10:04PM	Ganesha: Red	<i>Sunrise:</i> 5:46AM	
Family Home Evening		Yama 10:30AM – 12:04PM	Ganda* Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 48 - 26
		158896578 Rahu 7:21AM – 8:55AM	Kaulava Until 7:48AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:34PM	Moon – Red		Devaloka Day
				Chaitra•Panguni		

Pradosha Vrata

6 Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN Sun 27 Sutra 352 Subhakrit 5124
Kanya Rasi: 0.44	Tithi 14	Gulika 12:04PM – 1:38PM	Uttaraphalguni Until 11:42PM	Ganesha: Red	<i>Sunrise:</i> 5:45AM	
		Yama 8:54AM – 10:29AM	Vridhhi Until 4:07PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 48 - 27
		158896578 Rahu 3:13PM – 4:48PM	Gara Until 9:17AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 9:50PM	Moon – Red		Devaloka Day
Until 11:42PM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

○ Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN Sutra 353 Subhakrit 5124
Copper Retreat Star		Gulika 10:28AM – 12:03PM	Hasta Until 1:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:43AM	
Kanya Rasi: 13.12	Tithi 15	Yama 7:18AM – 8:53AM	Dhruva Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 48 -
		168896578 Rahu 12:03PM – 1:38PM	Visti Until 10:17AM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 10:36PM	Moon – Green		Bhuloka Day
Until 1:11AM Thu		Panguni Uttiram		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN Sutra 354 Subhakrit 5124
Silver Retreat Star		Gulika 8:53AM – 10:28AM	Chitra Until 2:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	
Kanya Rasi: 25.53	Tithi 16	Yama 5:42AM – 7:17AM	Vyaghata* Until 3:00PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 48 -
		168896578 Rahu 1:38PM – 3:14PM	Balava Until 10:49AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:52PM	Moon – Green		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.48 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:16AM – 8:52AM
Yama 3:14PM – 4:50PM
168896578 **Rahu** 10:27AM – 12:03PM

Svati Until 2:18AM Sat
Harshana Until 1:54PM
Taitila Until 10:51AM
Dvitiya Until 10:41PM

Memphis, TN
Sun 1 Sutra 355
Subhakrit 5124

Ganesha: Blue *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 6:25PM

Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.56 Tithi 18
Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 5:39AM – 7:15AM
Yama 1:38PM – 3:14PM
179896578 **Rahu** 8:51AM – 10:27AM

Vishakha Until 2:28AM Sun
Vajra* Until 12:26PM
Vanija Until 10:27AM
Tritiya Until 10:05PM

Memphis, TN
Sun 2 Sutra 356
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:26PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 5.18 Tithi 19
Routine Work Marana Yoga
Until 2:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:14PM – 4:51PM
Yama 12:02PM – 1:38PM
179896578 **Rahu** 4:51PM – 6:27PM

Anuradha Until 2:07AM Mon
Siddhi Until 10:40AM
Bava Until 9:40AM
Chaturthi* Until 9:06PM

Memphis, TN
Sun 3 Sutra 357
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:27PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 18.52 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 1:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:38PM – 3:15PM
Yama 10:26AM – 12:02PM
179896578 **Rahu** 7:13AM – 8:49AM

Jyeshtha* Until 1:17AM Tue
Vyatipata* Until 8:38AM
Kaulava Until 8:30AM
Panchami Until 7:47PM

Memphis, TN
Sun 4 Sutra 358
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:27PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.37 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:02PM – 1:38PM
Yama 8:48AM – 10:25AM
189896578 **Rahu** 3:15PM – 4:52PM

Mula* Until 12:28AM Wed
Variyan Until 6:19AM
Gara Until 7:02AM
Shashthi* Until 6:10PM

Memphis, TN
Sun 5 Sutra 359
Subhakrit 5124

Ganesha: Green *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:28PM

Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 16.33 Tithi 22 – 23
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:25AM – 12:01PM
Yama 7:11AM – 8:48AM
189896578 **Rahu** 12:01PM – 1:38PM

Purvashadha* Until 11:14PM
Shiva Until 1:04AM Thu
Balava Until 3:15AM Thu
Saptami Until 4:16PM

Memphis, TN
Sun 6 Sutra 360
Subhakrit 5124

Ganesha: Green *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:29PM

Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.38 Tithi 23 – 24
Routine Work Marana Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:47AM – 10:24AM
Yama 5:33AM – 7:10AM
189996578 **Rahu** 1:38PM – 3:16PM

Uttarashadha Until 9:39PM
Siddha Until 10:08PM
Taitila Until 1:01AM Fri
Ashtami* Until 2:09PM

Memphis, TN
Sun 7 Sutra 361
Subhakrit 5124

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:30PM

Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023
Retreat Star

Makara Rasi: 14.52 Tithi 24 – 25
Routine Work Marana Yoga
Until 8:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:09AM – 8:46AM
Yama 3:16PM – 4:53PM
299996578 **Rahu** 10:24AM – 12:01PM

Shravana Until 8:10PM
Sadhya Until 7:05PM
Vanija Until 10:38PM
Navami* Until 11:49AM

Memphis, TN
Sun 8 Sutra 362
Sobhana 5125

Ganesha: White *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:31PM

Nataraja: Clear
Moon – Purple


Bhuloka Day
Chaitra•Chaitra
Devaloka Time: 3:PM to 6:PM


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN
	Makara Rasi: 29.12	Tithi 25 - 26	Gulika 5:30AM - 7:08AM	Dhanishtha Until 6:26PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sun 9 Sutra 363
			Yama 1:38PM - 3:16PM	Subha Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Sobhana 5125
		299996578	Rahu 8:45AM - 10:23AM	Bava Until 8:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
		Creative Work Siddha Yoga	Dashami Until 9:22AM	Moon - Purple		Bhuloka Day	
		Until 6:26PM		Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
		Then Creative Work - Amrita Yoga					

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Memphis, TN
	Kumbha Rasi: 13.35	Tithi 26 - 27	Gulika 3:16PM - 4:54PM	Shatabhishak Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sun 10 Sutra 364
			Yama 12:00PM - 1:38PM	Sukla Until 12:46PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Sobhana 5125
		291996578	Rahu 4:54PM - 6:32PM	Taitila Until 4:22AM Mon	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
		Creative Work Siddha Yoga	Ekadashi* Until 6:51AM	Moon - Purple		Devaloka Day	
				Chaitra+Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Memphis, TN
	Kumbha Rasi: 27.57	Tithi 28	Gulika 1:38PM - 3:17PM	Purvaproshtapada* Until 3:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	Sun 11 Sutra 1
	Family Home Evening		Yama 10:22AM - 12:00PM	Brahma Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Sobhana 5125
		211996578	Rahu 7:06AM - 8:44AM	Gara Until 3:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
		Routine Work Marana Yoga	Trayodashi* Until 2:01AM Tue	Moon - Clear		Devaloka Day	
		Until 3:01PM		Chaitra+Chaitra			
		Then Creative Work - Siddha Yoga	<i>Pradosha Vrata (Fasting)</i>				

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Memphis, TN
	Meena Rasi: 12.13	Tithi 29	Gulika 12:00PM - 1:38PM	Uttaraproshtapada Until 1:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	Sun 12 Sutra 2
			Yama 8:43AM - 10:21AM	Indra Until 6:40AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Sobhana 5125
		211996578	Rahu 3:17PM - 4:55PM	Visti Until 12:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 2nd Phase
		Creative Work Amrita Yoga	Chaturdashi* Until 11:55PM	Moon - Clear		Devaloka Day	
		Until 1:32PM		Chaitra+Chaitra			
		Then Creative Work - Siddha Yoga					

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Memphis, TN
	Retreat Star		Gulika 10:21AM - 12:00PM	Revati Until 12:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Sun 13 Sutra 3
	Meena Rasi: 26.17	Tithi 30	Yama 7:04AM - 8:42AM	Vishkambha* Until 1:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Sobhana 5125
		211996578	Rahu 12:00PM - 1:38PM	Catuspada Until 11:02AM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Amavasya
		Routine Work Marana Yoga	Amavasya* Until 10:12PM	Moon - Clear		Devaloka Day	
				Chaitra+Chaitra			

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Memphis, TN
	Retreat Star		Gulika 8:42AM - 10:21AM	Ashvini Until 11:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Sun 14 Sutra 4
	Mesha Rasi: 10.07	Tithi 1	Yama 5:24AM - 7:03AM	Priti Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Sobhana 5125
		221996578	Rahu 1:39PM - 3:18PM	Kintughna Until 9:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14 Prathama
		Creative Work Amrita Yoga	Prathama* Until 8:58PM	Moon - White		Devaloka Day	
		Until 11:39AM		Vaisaka+Chaitra			
		Then Creative Work - Siddha Yoga					

1		Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Memphis, TN Sun 15 Sutra 5 Sobhana 5125
Mesha Rasi: 23.38	Tithi 2	Gulika 7:02AM – 8:41AM	Bharani Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM			
		Yama 3:18PM – 4:57PM	Ayushman Until 9:53PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 2 - 15	
221996578		Rahu 10:20AM – 11:59AM	Balava Until 8:35AM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 8:19PM	Moon – White			Devaloka Day	
				Vaisaka-Chaitra				

2		Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Memphis, TN Sun 16 Sutra 6 Sobhana 5125
Vrishabha Rasi: 6.48	Tithi 3	Gulika 5:21AM – 7:01AM	Krittika Until 11:44AM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM			
		Yama 1:39PM – 3:18PM	Saubhagya Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM		Moon 4 - Phase 2 - 16	
221996578		Rahu 8:40AM – 10:20AM	Taitila Until 8:15AM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 8:19PM	Moon – White			Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra				

3		Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Memphis, TN Sun 17 Sutra 7 Sobhana 5125
Vrishabha Rasi: 19.39	Tithi 4	Gulika 3:18PM – 4:58PM	Rohini Until 12:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM			
		Yama 11:59AM – 1:39PM	Sobhana Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM		Moon 4 - Phase 2 - 17	
231996578		Rahu 4:58PM – 6:38PM	Vanija Until 8:35AM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 8:59PM	Moon – Yellow			Devaloka Day	
				Vaisaka-Chaitra				

4		Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 18 Sutra 8 Sobhana 5125
Mithuna Rasi: 2.11	Tithi 5	Gulika 1:39PM – 3:19PM	Mrigashira Until 2:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:19AM			
Family Home Evening		Yama 10:19AM – 11:59AM	Athiganda* Until 8:17PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM		Moon 4 - Phase 2 - 18	
231996578		Rahu 6:59AM – 8:39AM	Bava Until 9:34AM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 10:15PM	Moon – Yellow			Devaloka Day	
Until 2:40PM		Adi Sankara Jayanthi		Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

5		Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN Sun 19 Sutra 9 Sobhana 5125
Mithuna Rasi: 14.29	Tithi 6	Gulika 11:59AM – 1:39PM	Ardra Until 4:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM			
		Yama 8:38AM – 10:18AM	Sukarma Until 8:38PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM		Moon 4 - Phase 2 - 19	
231996579		Rahu 3:19PM – 4:59PM	Kaulava Until 11:07AM	Nataraja: Purple			3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 12:02AM Wed	Moon – Yellow			Sivaloka Day	
Until 4:44PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

6		Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN Sun 20 Sutra 10 Sobhana 5125
Mithuna Rasi: 26.34	Tithi 7	Gulika 10:18AM – 11:58AM	Punarvasu Until 7:31PM	Ganesha: Green	<i>Sunrise:</i> 5:16AM			
		Yama 6:57AM – 8:37AM	Dhriti Until 9:18PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM		Moon 4 - Phase 2 - 20	
241996579		Rahu 11:58AM – 1:39PM	Gara Until 1:06PM	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 2:11AM Thu	Moon – Blue			Subha Sivaloka Day	
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Memphis, TN Sun 21 Sutra 11 Sobhana 5125
Kataka Rasi: 8.32	Tithi 8	Gulika 8:37AM – 10:17AM	Pushya Until 10:21PM	Ganesha: Red	<i>Sunrise:</i> 5:15AM			
		Yama 5:15AM – 6:56AM	Shula* Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM		Moon 4 - Phase 2 - 21	
242996579		Rahu 1:39PM – 3:20PM	Visiti Until 3:21PM	Nataraja: Purple			Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 4:30AM Fri	Moon – Blue			Sivaloka Day	
Until 10:21PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 22 Sutra 12 Sobhana 5125
Kataka Rasi: 20.27	Tithi 9	Gulika 6:55AM – 8:36AM	Ashlesha* Until 1:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:14AM			
		Yama 3:20PM – 5:01PM	Ganda* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM		Moon 4 - Phase 2 - 22	
242996579		Rahu 10:17AM – 11:58AM	Balava Until 5:42PM	Nataraja: Purple			Navami	
Routine Work	Marana Yoga		Navami* Until 6:49AM Sat	Moon – Blue			Sivaloka Day	
Until 1:03AM Sat				Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga								

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Memphis, TN Sun 23 Sutra 13
Simha Rasi: 2.22	Tithi 9 – 10	Gulika 5:13AM – 6:54AM	Magha* Until 3:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Sobhana 5125		
		Yama 1:39PM – 3:20PM	Vriddhi Until 11:42PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 3 - 23		
	252996579	Rahu 8:35AM – 10:17AM	Taitila Until 7:55PM	Nataraja: Purple		4th Phase		
Creative Work	Amrita Yoga		Navami* Until 6:49AM	Moon – Red		Devaloka Day		
Until 3:56AM Sun				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

2		Sunday, April 30, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Memphis, TN Sun 24 Sutra 14
Simha Rasi: 14.22	Tithi 10 – 11	Gulika 3:21PM – 5:02PM	Purvaphalguni Until 6:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:12AM	Sobhana 5125		
		Yama 11:58AM – 1:39PM	Dhruva Until 12:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 3 - 24		
	252996579	Rahu 5:02PM – 6:44PM	Vanija Until 9:51PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 8:55AM	Moon – Red		Devaloka Day		
				Vaisaka-Chaitra				

3		Monday, May 1, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Memphis, TN Sun 25 Sutra 15
Simha Rasi: 26.31	Tithi 11 – 12	Gulika 1:39PM – 3:21PM	Purvaphalguni Until 6:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	Sobhana 5125		
Family Home Evening		Yama 10:15AM – 11:57AM	Vyaghata* Until 12:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 3 - 25		
	252996579	Rahu 6:52AM – 8:33AM	Bava Until 11:19PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 10:38AM	Moon – Red		Devaloka Day		
				Vaisaka-Chaitra				

4		Tuesday, May 2, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Memphis, TN Sun 26 Sutra 16
Kanya Rasi: 8.52	Tithi 12 – 13	Gulika 11:57AM – 1:40PM	Uttaraphalguni Until 8:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:09AM	Sobhana 5125		
		Yama 8:35AM – 10:15AM	Harshana Until 11:58PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3 - 26		
	252996579	Rahu 3:22PM – 5:04PM	Kaulava Until 12:11AM Wed	Nataraja: Purple		4th Phase		
Creative Work	Amrita Yoga		Dvadashi Until 11:48AM	Moon – Red		Devaloka Day		
Until 8:00AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								
						<i>Pradosha Vrata</i>		

5		Wednesday, May 3, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Memphis, TN Sun 27 Sutra 17
Kanya Rasi: 21.29	Tithi 13 – 14	Gulika 10:15AM – 11:57AM	Hasta Until 9:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	Sobhana 5125		
		Yama 6:50AM – 8:32AM	Vajra* Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3 - 27		
	262996579	Rahu 11:57AM – 1:40PM	Gara Until 12:26AM Thu	Nataraja: Purple		4th Phase		
Routine Work	Marana Yoga		Trayodashi Until 12:22PM	Moon – Green		Sivaloka Day		
Until 9:27AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

		Thursday, May 4, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Memphis, TN Sun 28 Sutra 18
Tula Rasi: 4.24	Tithi 14 – 15	Gulika 8:32AM – 10:14AM	Chitra Until 10:07AM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	Sobhana 5125		
		Yama 5:06AM – 6:49AM	Siddhi Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 3 - Purnima		
	262996579	Rahu 1:40PM – 3:22PM	Vistil Until 12:03AM Fri	Nataraja: Purple				
Creative Work	Siddha Yoga		Chaturdashi* Until 12:18PM	Moon – Green		Sivaloka Day		
Until 10:07AM				Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga								
						Budha Purnima (Tamil Nadu)		

Friday, May 5, 2023		Silver Retreat Star				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Memphis, TN Sun 29 Sutra 19
Tula Rasi: 17.39	Tithi 15 – 16	Gulika 6:48AM – 8:31AM	Svati Until 10:02AM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Sobhana 5125		
		Yama 3:23PM – 5:06PM	Vyatipata* Until 8:01PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3 - Prathama		
	262996579	Rahu 10:14AM – 11:57AM	Balava Until 11:05PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 11:37AM	Moon – Green		Sivaloka Day		
				Vaisaka-Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda