



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lanham, MD

Tula Rasi: 12.09 Tithi 16 - 17

268345478

Gulika 3:25PM - 5:05PM
Yama 12:06PM - 1:46PM
Rahu 5:05PM - 6:44PM

Svati Until 6:55PM
Vajra* Until 1:09PM
Taitila Until 10:16PM
Prathama* Until 11:33AM

Ganesha: Clear *Sunrise: 5:28AM*
Muruqa: White *Sunset: 6:44PM*
Nataraja: White
Moon - Green
Chaitra*Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyati/pata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD

Tula Rasi: 26.35 Tithi 17 - 18

278345478

Gulika 1:46PM - 3:26PM
Yama 10:26AM - 12:06PM
Rahu 7:06AM - 8:46AM

Vishakha Until 5:07PM
Siddhi Until 9:51AM
Vanija Until 7:32PM
Dvitiya Until 8:54AM

Ganesha: Purple *Sunrise: 5:26AM*
Muruqa: White *Sunset: 6:45PM*
Nataraja: White
Moon - Orange
Chaitra*Chaitra

Bhuloka Day

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyati/pata* Varyiya Yoga Visti*/Balava Karana Tritiya/Chaturtham Titau

Lanham, MD

Virschika Rasi: 11.08 Tithi 18 - 19

278345478

Gulika 12:06PM - 1:46PM
Yama 8:45AM - 10:25AM
Rahu 3:26PM - 5:06PM

Anuradha Until 3:06PM
Vyati/pata* Until 6:29AM
Balava Until 3:21AM Wed
Tritiya Until 6:07AM

Ganesha: Purple *Sunrise: 5:25AM*
Muruqa: White *Sunset: 6:46PM*
Nataraja: White
Moon - Orange
Chaitra*Chaitra

Bhuloka Day

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2nd Phase

Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lanham, MD

Virschika Rasi: 25.41 Tithi 20

278345478

Gulika 10:25AM - 12:05PM
Yama 7:04AM - 8:44AM
Rahu 12:05PM - 1:46PM

Jyeshtha* Until 1:00PM
Parigha* Until 11:47PM
Kaulava Until 2:01PM
Panchami Until 12:40AM Thu

Ganesha: Purple *Sunrise: 5:23AM*
Muruqa: White *Sunset: 6:47PM*
Nataraja: White
Moon - Orange
Chaitra*Chaitra

Bhuloka Day

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3rd Phase

Creative Work Siddha Yoga
Until 1:00PM
Then Routine Work - Marana Yoga

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Lanham, MD

Dhanus Rasi: 10.08 Tithi 21

288345478

Gulika 8:44AM - 10:24AM
Yama 5:22AM - 7:03AM
Rahu 1:46PM - 3:27PM

Mula* Until 11:19AM
Shiva Until 8:39PM
Gara Until 11:25AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise: 5:22AM*
Muruqa: White *Sunset: 6:48PM*
Nataraja: White
Moon - Light Blue
Chaitra*Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4th Phase

Creative Work Siddha Yoga

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Lanham, MD

Dhanus Rasi: 24.28 Tithi 22

289345478

Gulika 7:02AM - 8:43AM
Yama 3:27PM - 5:08PM
Rahu 10:24AM - 12:05PM

Purvashadha* Until 9:43AM
Siddha Until 5:42PM
Visti Until 9:03AM
Saptami Until 7:57PM

Ganesha: Purple *Sunrise: 5:21AM*
Muruqa: White *Sunset: 6:49PM*
Nataraja: White
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5th Phase

Routine Work Prabalarishta Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD

Makara Rasi: 8.35 Tithi 23

289345478

Gulika 5:19AM - 7:01AM
Yama 1:46PM - 3:27PM
Rahu 8:42AM - 10:23AM

Uttarashadha Until 8:15AM
Sadhya Until 3:00PM
Balava Until 6:58AM
Ashtami* Until 6:02PM

Ganesha: Purple *Sunrise: 5:19AM*
Muruqa: White *Sunset: 6:50PM*
Nataraja: White
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6th Phase
Ashtami

Routine Work Marana Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lanham, MD

Makara Rasi: 22.31 Tithi 24 - 25

299345479

Gulika 3:28PM - 5:09PM
Yama 12:05PM - 1:46PM
Rahu 5:09PM - 6:51PM

Shravana Until 7:24AM
Subha Until 12:35PM
Vanija Until 3:47AM Mon
Navami* Until 4:26PM

Ganesha: Clear *Sunrise: 5:18AM*
Muruqa: White *Sunset: 6:51PM*
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Devaloka Day

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7th Phase
Navami


Creative Work Amrita Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

1		Monday, April 25, 2022				Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD
Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika	1:46PM – 3:28PM	Dhanishtha Until 6:45AM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Sun 8	Sutra 8
Family Home Evening	299345479	Yama	10:22AM – 12:04PM	Sukla Until 10:26AM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2 - 8	
Creative Work	Siddha Yoga	Rahu	6:59AM – 8:40AM	Bava Until 2:45AM Tue	Nataraja: Clear		2nd Phase	
				Dashami Until 3:12PM	Chaitra+Chaitra	Devaloka Day		

2		Tuesday, April 26, 2022				Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD
Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika	12:04PM – 1:46PM	Shatabhishak Until 6:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Sun 9	Sutra 9
	299345479	Yama	8:40AM – 10:22AM	Brahma Until 8:36AM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2 - 9	
Routine Work	Marana Yoga	Rahu	3:29PM – 5:11PM	Kaulava Until 2:07AM Wed	Nataraja: Clear		2nd Phase	
				Ekadashi* Until 2:21PM	Chaitra+Chaitra	Devaloka Day		

3		Wednesday, April 27, 2022				Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD
Meena Rasi: 2.59	Tithi 27 – 28	Gulika	10:22AM – 12:04PM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Sun 10	Sutra 10
	219345479	Yama	6:57AM – 8:39AM	Indra Until 7:07AM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 2 - 10	
Creative Work	Amrita Yoga	Rahu	12:04PM – 1:47PM	Gara Until 1:54AM Thu	Nataraja: Clear		2nd Phase	
Until 6:36AM						Chaitra+Chaitra	Devaloka Day	
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>		

4		Thursday, April 28, 2022				Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD	
Meena Rasi: 16.02	Tithi 28 – 29	Gulika	8:38AM – 10:21AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Sun 11	Sutra 11	
	219445479	Yama	5:13AM – 6:56AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 2 - 11		
Creative Work	Siddha Yoga	Rahu	1:47PM – 3:29PM	Visti Until 2:10AM Fri	Nataraja: Clear		2nd Phase		
				Trayodashi* Until 1:57PM	Chaitra+Chaitra	Bhuloka Day			
								Devaloka Time: 6:PM to 9:PM	

		Friday, April 29, 2022				Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD
Retreat Star		Gulika	6:55AM – 8:38AM	Revati Until 8:02AM	Ganesha: White	<i>Sunrise:</i> 5:12AM	Sun 12	Sutra 12
Meena Rasi: 28.5	Tithi 29 – 30	Yama	3:30PM – 5:13PM	Priti Until 4:48AM Sat	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2 - 12	
	211445479	Rahu	10:21AM – 12:04PM	Catuspada Until 2:55AM Sat	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga					Chaitra+Chaitra	Bhuloka Day	
Until 8:02AM						Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, April 30, 2022				Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD	
Mesha Rasi: 11.25	Tithi 30 – 1	Gulika	5:10AM – 6:54AM	Ashvini Until 9:41AM	Ganesha: Green	<i>Sunrise:</i> 5:10AM	Sun 13	Sutra 13	
	221445479	Yama	1:47PM – 3:30PM	Ayushman Until 4:46AM Sun	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2 - 13		
Creative Work	Siddha Yoga	Rahu	8:37AM – 10:20AM	Kintughna Until 4:10AM Sun	Nataraja: Clear		Prathama		
				Amavasya* Until 3:27PM	Chaitra+Chaitra	Bhuloka Day			
								Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lanham, MD
Mesha Rasi: 23.46 Tithi 1 – 2		Bharani/ Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 14
221445479		Gulika 3:31PM – 5:14PM	Bharani Until 11:40AM	Ganesha: Green <i>Sunrise:</i> 5:09AM	Subhakit 5124	
Routine Work Prabalarishta Yoga		Yama 12:03PM – 1:47PM	Saubhagya Until 5:07AM Mon	Muruqa: White <i>Sunset:</i> 6:58PM	Moon 4 - Phase 3 - 14	
Until 11:40AM		Rahu 5:14PM – 6:58PM	Balava Until 5:52AM Mon	Nataraja: Clear	3rd Phase	
Then Creative Work - Siddha Yoga		Prathama* Until 4:56PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
					Vaisaka*Chaitra	

2 Monday, May 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Lanham, MD
Vrishabha Rasi: 5.56 Tithi 2		Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 15
221445479		Gulika 1:47PM – 3:31PM	Krittika Until 1:55PM	Ganesha: Green <i>Sunrise:</i> 5:08AM	Subhakit 5124	
Family Home Evening		Yama 10:19AM – 12:03PM	Sobhana Until 5:47AM Tue	Muruqa: White <i>Sunset:</i> 6:59PM	Moon 4 - Phase 3 - 15	
Routine Work Marana Yoga		Rahu 6:52AM – 8:36AM	Kaulava Until 6:51PM	Nataraja: Clear	3rd Phase	
Until 1:55PM		Dvitiya Until 6:51PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					Vaisaka*Chaitra	

3 Tuesday, May 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Lanham, MD
Vrishabha Rasi: 17.56 Tithi 3		Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 16
231445479		Gulika 12:03PM – 1:47PM	Rohini Until 4:50PM	Ganesha: White <i>Sunrise:</i> 5:07AM	Subhakit 5124	
Creative Work Amrita Yoga		Yama 8:35AM – 10:19AM	Athiganda* Until 6:38AM Wed	Muruqa: White <i>Sunset:</i> 7:00PM	Moon 4 - Phase 3 - 16	
Until 4:50PM		Rahu 3:31PM – 5:16PM	Taitila Until 7:58AM	Nataraja: Clear	3rd Phase	
Then Creative Work - Siddha Yoga		Akshaya Tritiya	Tritiya Until 9:06PM	Moon – Yellow	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
					Vaisaka*Chaitra	

4 Wednesday, May 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Lanham, MD
Vrishabha Rasi: 29.5 Tithi 4		Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 17 Sutra 17
231445479		Gulika 10:19AM – 12:03PM	Mrigashira Until 7:48PM	Ganesha: White <i>Sunrise:</i> 5:06AM	Subhakit 5124	
Creative Work Siddha Yoga		Yama 6:50AM – 8:34AM	Athiganda* Until 6:38AM	Muruqa: White <i>Sunset:</i> 7:01PM	Moon 4 - Phase 3 - 17	
		Rahu 12:03PM – 1:48PM	Vanija Until 10:21AM	Nataraja: Clear	3rd Phase	
		Chaturthi* Until 11:34PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
					Vaisaka*Chaitra	

5 Thursday, May 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Lanham, MD
Mithuna Rasi: 11.41 Tithi 5		Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 18
231445479		Gulika 8:34AM – 10:18AM	Ardra Until 10:40PM	Ganesha: White <i>Sunrise:</i> 5:05AM	Subhakit 5124	
Routine Work Marana Yoga		Yama 5:05AM – 6:49AM	Sukarma Until 7:37AM	Muruqa: White <i>Sunset:</i> 7:02PM	Moon 4 - Phase 3 - 18	
Until 10:40PM		Rahu 1:48PM – 3:32PM	Bava Until 12:51PM	Nataraja: Clear	3rd Phase	
Then Creative Work - Amrita Yoga		Panchami Until 2:04AM Fri			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
					Vaisaka*Chaitra	

6 Friday, May 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Lanham, MD
Mithuna Rasi: 23.31 Tithi 6		Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 19
241445479		Gulika 6:48AM – 8:33AM	Punarvasu Until 1:46AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:03AM	Subhakit 5124	
Creative Work Siddha Yoga		Yama 3:33PM – 5:18PM	Dhriti Until 8:36AM	Muruqa: White <i>Sunset:</i> 7:03PM	Moon 4 - Phase 3 - 19	
		Rahu 10:18AM – 12:03PM	Kaulava Until 3:18PM	Nataraja: Clear	3rd Phase	
		Shashthi* Until 4:26AM Sat			Devaloka Day	
					Vaisaka*Chaitra	

Saturday, May 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Lanham, MD
Retreat Star		Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 20
Kataka Rasi: 5.26 Tithi 7		Gulika 5:02AM – 6:47AM	Pushya Until 4:25AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:02AM	Subhakit 5124	
241445479		Yama 1:48PM – 3:33PM	Shula* Until 9:26AM	Muruqa: White <i>Sunset:</i> 7:03PM	Moon 4 - Phase 3 - 20	
Creative Work Siddha Yoga		Rahu 8:33AM – 10:18AM	Gara Until 5:31PM	Nataraja: Clear	3rd Phase	
		Saptami Until 6:28AM Sun			Devaloka Day	
					Vaisaka*Chaitra	

Sunday, May 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lanham, MD
Retreat Star		Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 21
Kataka Rasi: 17.28 Tithi 7 – 8		Gulika 3:34PM – 5:19PM	Ashlesha* Until 6:25AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:01AM	Subhakit 5124	
241445479		Yama 12:03PM – 1:48PM	Ganda* Until 10:00AM	Muruqa: White <i>Sunset:</i> 7:04PM	Moon 4 - Phase 3 - 21	
Creative Work Siddha Yoga		Rahu 5:19PM – 7:04PM	Visti Until 7:20PM	Nataraja: Clear	Ashtami	
Until 6:25AM Mon		Mother's Day	Saptami Until 6:28AM	Moon – Blue	Devaloka Day	
Then Routine Work - Marana Yoga					Vaisaka*Chaitra	

Monday, May 9, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Lanham, MD
Retreat Star		Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 22
Kataka Rasi: 29.41 Tithi 8 – 9		Gulika 1:48PM – 3:34PM	Ashlesha* Until 6:25AM	Ganesha: Clear <i>Sunrise:</i> 5:00AM	Subhakit 5124	
241445479		Yama 10:17AM – 12:03PM	Vridhhi Until 10:11AM	Muruqa: White <i>Sunset:</i> 7:05PM	Moon 4 - Phase 3 - 22	
Family Home Evening		Rahu 6:46AM – 8:31AM	Balava Until 8:33PM	Nataraja: Clear	Navami	
Creative Work Siddha Yoga		Ashtami* Until 8:00AM			Devaloka Day	
Until 6:25AM					Vaisaka*Chaitra	
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lanham, MD Sun 23 Sutra 23	
Simha Rasi: 12.12	Tithi 9 – 10	Gulika	12:03PM – 1:49PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Subhakrit 5124
		Yama	8:31AM – 10:17AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 4 - 23
252445479		Rahu	3:34PM – 5:20PM	Taitila Until 9:04PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Navami* Until 8:53AM	Moon – Red		Devaloka Day
					Vaisaka-Chaitra		

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 24 Sutra 24	
Simha Rasi: 25.03	Tithi 10 – 11	Gulika	10:17AM – 12:03PM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Subhakrit 5124
		Yama	6:44AM – 8:30AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 4 - 24
252445479		Rahu	12:03PM – 1:49PM	Vanija Until 8:49PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Dashami Until 9:01AM	Moon – Red		Devaloka Day
					Vaisaka-Chaitra		

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 25 Sutra 25	
Kanya Rasi: 8.18	Tithi 11 – 12	Gulika	8:30AM – 10:16AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
		Yama	4:57AM – 6:44AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 4 - 25
252445479		Rahu	1:49PM – 3:35PM	Bava Until 7:47PM	Nataraja: Clear		4th Phase
	Amrita Yoga			Ekadashi Until 8:23AM	Moon – Red		Devaloka Day
Until 8:51AM					Vaisaka-Chaitra		
Then Routine Work - Marana Yoga							

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 26 Sutra 26	
Kanya Rasi: 21.59	Tithi 12 – 13	Gulika	6:43AM – 8:29AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
		Yama	3:36PM – 5:22PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 4 - 26
262445479		Rahu	10:16AM – 12:03PM	Kaulava Until 6:02PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 6:58AM	Moon – Green		Sivaloka Day
Until 8:19AM					Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga							
					<i>Pradosha Vrata</i>		

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyalipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 27	
Tula Rasi: 6.05	Tithi 14	Gulika	4:55AM – 6:42AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
		Yama	1:49PM – 3:36PM	Vyalipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 4 - 27
262445479		Rahu	8:29AM – 10:16AM	Gara Until 3:40PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 2:16AM Sun	Moon – Green		Sivaloka Day
Until 6:58AM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau		Lanham, MD Sutra 28	
Copper Retreat Star		Gulika	3:37PM – 5:24PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
Tula Rasi: 20.33	Tithi 15	Yama	12:03PM – 1:50PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4 - Purnima
272445479		Rahu	5:24PM – 7:11PM	Visti Until 12:49PM	Nataraja: Clear		
Routine Work	Marana Yoga			Purnima* Until 11:14PM	Moon – Orange		Devaloka Day
Until 2:47AM Mon					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							

Monday, May 16, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Lanham, MD Sutra 29	
Vrischika Rasi: 5.19	Tithi 16	Gulika	1:50PM – 3:37PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
Family Home Evening		Yama	10:15AM – 12:03PM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 4 - Prathama
272445479		Rahu	6:41AM – 8:28AM	Balava Until 9:37AM	Nataraja: Clear		
Creative Work	Siddha Yoga			Prathama* Until 7:56PM	Moon – Orange		Devaloka Day
Until 12:15AM Tue					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Lanham, MD on 4/26/21

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD
Sun 1
Sutra 30

Vrischika Rasi: 20.14 Tithi 17 – 18

272445479

Gulika 12:03PM – 1:50PM
Yama 8:28AM – 10:15AM
Rahu 3:38PM – 5:25PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 4:53AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 1
1st Phase

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD
Sun 2
Sutra 31

Dhanus Rasi: 5.11 Tithi 18 – 19

282445479

Gulika 10:15AM – 12:03PM
Yama 6:40AM – 8:27AM
Rahu 12:03PM – 1:50PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 4:52AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 2
1st Phase

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Amrita Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD
Sun 3
Sutra 32

Dhanus Rasi: 20.02 Tithi 19 – 20

282445479

Gulika 8:27AM – 10:15AM
Yama 4:51AM – 6:39AM
Rahu 1:51PM – 3:39PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 4:51AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 3
1st Phase

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Lanham, MD
Sun 4
Sutra 33

Makara Rasi: 4.41 Tithi 20 – 21

282445479

Gulika 6:39AM – 8:27AM
Yama 3:39PM – 5:27PM
Rahu 10:15AM – 12:03PM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 4:50AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 4
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Lanham, MD
Sun 5
Sutra 34

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 4:50AM – 6:38AM
Yama 1:51PM – 3:39PM
Rahu 8:26AM – 10:15AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 4:50AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD
Sun 6
Sutra 35

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 3:40PM – 5:28PM
Yama 12:03PM – 1:51PM
Rahu 5:28PM – 7:17PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 6
Ashtami

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD
Sun 7
Sutra 36

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 1:52PM – 3:40PM
Yama 10:14AM – 12:03PM
Rahu 6:37AM – 8:26AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 4:48AM
Muruqa: White *Sunset:* 7:18PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 7
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 11:43AM
Then Routine Work - Marana Yoga

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Lanham, MD
Meena Rasi: 0.01	Tithi 25	Gulika	12:03PM – 1:52PM	Purvaproshtapada* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	Sun 8	Sutra 37
		Yama	8:25AM – 10:14AM	Vishkambha* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:18PM		Subhakrit 5124
		213545479 Rahu	3:41PM – 5:30PM	Vanija Until 12:06PM	Nataraja: Clear			Moon 5 - Phase 6 - 8
Routine Work	Marana Yoga			Dashami Until 12:02AM Wed	Moon – Clear			2nd Phase
Until 12:03PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Lanham, MD
Meena Rasi: 13.01	Tithi 26	Gulika	10:14AM – 12:03PM	Uttaraproshtapada Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Sun 9	Sutra 38
		Yama	6:36AM – 8:25AM	Priti Until 12:13PM	Muruqa: White	<i>Sunset:</i> 7:19PM		Subhakrit 5124
		313545479 Rahu	12:03PM – 1:52PM	Bava Until 12:10PM	Nataraja: Clear			Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga			Ekadashi* Until 12:23AM Thu	Moon – Clear			2nd Phase
Until 12:48PM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Lanham, MD
Meena Rasi: 25.45	Tithi 27	Gulika	8:25AM – 10:14AM	Revati Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Sun 10	Sutra 39
		Yama	4:46AM – 6:36AM	Ayushman Until 11:42AM	Muruqa: White	<i>Sunset:</i> 7:20PM		Subhakrit 5124
		313545479 Rahu	1:52PM – 3:42PM	Kaulava Until 12:47PM	Nataraja: Clear			Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga			Dvadashi* Until 1:17AM Fri	Moon – Clear			2nd Phase
Until 1:57PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Lanham, MD
Mesha Rasi: 8.14	Tithi 28	Gulika	6:35AM – 8:25AM	Ashvini Until 3:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Sun 11	Sutra 40
		Yama	3:42PM – 5:31PM	Saubhagya Until 11:35AM	Muruqa: White	<i>Sunset:</i> 7:21PM		Subhakrit 5124
		323545479 Rahu	10:14AM – 12:03PM	Gara Until 1:55PM	Nataraja: Clear			Moon 5 - Phase 6 - 11
Creative Work	Amrita Yoga			Trayodashi* Until 2:39AM Sat	Moon – White			2nd Phase
Until 3:54PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD
Mesha Rasi: 20.31	Tithi 29	Gulika	4:45AM – 6:35AM	Bharani Until 6:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sun 12	Sutra 41
		Yama	1:53PM – 3:43PM	Sobhana Until 11:51AM	Muruqa: White	<i>Sunset:</i> 7:22PM		Subhakrit 5124
		323545479 Rahu	8:24AM – 10:14AM	Visti Until 3:30PM	Nataraja: Clear			Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga			Chaturdashi* Until 4:25AM Sun	Moon – White			2nd Phase
Until 6:08PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								

●		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD
Retreat Star		Gulika	3:43PM – 5:33PM	Krittika Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sun 13	Sutra 42
Vrishabha Rasi: 2.38	Tithi 30	Yama	12:04PM – 1:53PM	Athiganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 7:22PM		Subhakrit 5124
		323545479 Rahu	5:33PM – 7:22PM	Catuspada Until 5:28PM	Nataraja: Clear			Moon 5 - Phase 6 - 13
Creative Work	Siddha Yoga			Amavasya* Until 6:32AM Mon	Moon – White			Amavasya
					Vaisaka-Vaikasi			Devaloka Day

Monday, May 30, 2022		Retreat Star				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD
Vrishabha Rasi: 14.37	Tithi 30 – 1	Gulika	1:54PM – 3:43PM	Rohini Until 11:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:44AM	Sun 14	Sutra 43
Family Home Evening		Yama	10:14AM – 12:04PM	Sukarma Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:23PM		Subhakrit 5124
		333545479 Rahu	6:34AM – 8:24AM	Kintughna Until 7:42PM	Nataraja: Clear			Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga			Amavasya* Until 6:32AM	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lanham, MD Sun 15 Sutra 44
	Wrishabha Rasi: 26.31	Tithi 1 – 2	333545479	Gulika 12:04PM – 1:54PM Yama 8:24AM – 10:14AM Rahu 3:44PM – 5:34PM	Mrigashira Until 2:33AM Wed Dhriti Until 2:06PM Balava Until 10:07PM Prathama* Until 8:52AM	Ganesha: Orange <i>Sunrise:</i> 4:44AM Muruqa: White <i>Sunset:</i> 7:24PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 5:25AM Thu Then Creative Work - Amrita Yoga						

2	Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lanham, MD Sun 16 Sutra 45
	Mithuna Rasi: 8.22	Tithi 2 – 3	333545479	Gulika 10:14AM – 12:04PM Yama 6:34AM – 8:24AM Rahu 12:04PM – 1:54PM	Ardra Until 5:25AM Thu Shula* Until 3:05PM Taitila Until 12:36AM Thu Dvitiya Until 11:20AM	Ganesha: Orange <i>Sunrise:</i> 4:44AM Muruqa: White <i>Sunset:</i> 7:24PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 5:25AM Thu Then Creative Work - Amrita Yoga						

3	Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Lanham, MD Sun 17 Sutra 46
	Mithuna Rasi: 20.11	Tithi 3 – 4	343555479	Gulika 8:24AM – 10:14AM Yama 4:43AM – 6:33AM Rahu 1:54PM – 3:45PM	Punarvasu Until 8:35AM Fri Ganda* Until 4:06PM Vanija Until 3:03AM Fri Tritiya Until 1:49PM	Ganesha: Clear <i>Sunrise:</i> 4:43AM Muruqa: Green <i>Sunset:</i> 7:25PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day
	Creative Work Amrita Yoga						
	Until 8:35AM Fri Then Routine Work - Marana Yoga						

4	Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lanham, MD Sun 18 Sutra 47
	Kataka Rasi: 2.02	Tithi 4 – 5	343555479	Gulika 6:33AM – 8:24AM Yama 3:45PM – 5:35PM Rahu 10:14AM – 12:04PM	Punarvasu Until 8:35AM Vridhi Until 5:03PM Bava Until 5:20AM Sat Chaturthi* Until 4:12PM	Ganesha: Clear <i>Sunrise:</i> 4:43AM Muruqa: Green <i>Sunset:</i> 7:26PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 8:35AM Then Routine Work - Marana Yoga						

5	Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau				Lanham, MD Sun 19 Sutra 48
	Kataka Rasi: 13.58	Tithi 5	343555479	Gulika 4:43AM – 6:33AM Yama 1:55PM – 3:45PM Rahu 8:23AM – 10:14AM	Pushya Until 11:23AM Dhruva Until 5:47PM Balava Until 6:21PM Panchami Until 6:21PM	Ganesha: Clear <i>Sunrise:</i> 4:43AM Muruqa: Green <i>Sunset:</i> 7:26PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 11:23AM Then Routine Work - Marana Yoga						

6	Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lanham, MD Sun 20 Sutra 49
	Kataka Rasi: 26.01	Tithi 6	343555471	Gulika 3:46PM – 5:36PM Yama 12:05PM – 1:55PM Rahu 5:36PM – 7:27PM	Ashlesha* Until 1:42PM Vyaghata* Until 6:15PM Kaulava Until 7:19AM Shashthi* Until 8:08PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM Muruqa: Green <i>Sunset:</i> 7:27PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 1:42PM Then Routine Work - Marana Yoga						

Retreat Star	Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Lanham, MD Sun 21 Sutra 50
	Simha Rasi: 8.13	Tithi 7	354555471	Gulika 1:56PM – 3:46PM Yama 10:14AM – 12:05PM Rahu 6:33AM – 8:23AM	Magha* Until 3:53PM Harshana Until 6:21PM Gara Until 8:51AM Saptami Until 9:23PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM Muruqa: Green <i>Sunset:</i> 7:28PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase Devaloka Day
	Family Home Evening Routine Work Marana Yoga						
	Until 3:53PM Then Creative Work - Siddha Yoga						

Retreat Star	Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Lanham, MD Sun 22 Sutra 51
	Simha Rasi: 20.41	Tithi 8	354555471	Gulika 12:05PM – 1:56PM Yama 8:23AM – 10:14AM Rahu 3:47PM – 5:37PM	Purvaphalguni Until 5:18PM Vajra* Until 5:55PM Visti Until 9:48AM Ashtami* Until 10:00PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM Muruqa: Green <i>Sunset:</i> 7:28PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami Devaloka Day
	Creative Work Siddha Yoga						
	Until 5:18PM Then Creative Work - Amrita Yoga						

Retreat Star	Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatlipata* Yoga Balava/Kaulava Karana Navamyam Titau				Lanham, MD Sun 23 Sutra 52
	Kanya Rasi: 3.28	Tithi 9	354555471	Gulika 10:14AM – 12:05PM Yama 6:32AM – 8:23AM Rahu 12:05PM – 1:56PM	Uttaraphalguni Until 5:51PM Siddhi Until 4:55PM Balava Until 10:03AM Navami* Until 9:51PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM Muruqa: Green <i>Sunset:</i> 7:29PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami Devaloka Day
	Creative Work Amrita Yoga						
	Until 5:51PM Then Routine Work - Marana Yoga						


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Lanham, MD
			Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 53
Kanya Rasi: 16.37	Tithi 10		Gulika 8:23AM – 10:14AM	Hasta Until 5:55PM	Ganesha: White <i>Sunrise:</i> 4:41AM	Subhakrit 5124	
			Yama 4:41AM – 6:32AM	Vyatipata* Until 3:19PM	Muruqa: Green <i>Sunset:</i> 7:29PM	Moon 5 - Phase 8 - 24	
		364555471	Rahu 1:56PM – 3:47PM	Taitila Until 9:31AM	Nataraja: Yellow	4th Phase	
Routine Work	Marana Yoga			Dashami Until 8:56PM	Moon – Green	Bhuloka Day	
Until 5:55PM					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Lanham, MD
			Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 54
Tula Rasi: 0.13	Tithi 11		Gulika 6:32AM – 8:23AM	Chitra Until 5:05PM	Ganesha: White <i>Sunrise:</i> 4:41AM	Subhakrit 5124	
			Yama 3:48PM – 5:39PM	Variyan Until 1:03PM	Muruqa: Green <i>Sunset:</i> 7:30PM	Moon 5 - Phase 8 - 25	
		364555471	Rahu 10:14AM – 12:06PM	Vanija Until 8:12AM	Nataraja: Yellow	4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 7:14PM	Moon – Green	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Lanham, MD
			Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 55
Tula Rasi: 14.17	Tithi 12 – 13		Gulika 4:41AM – 6:32AM	Svati Until 3:24PM	Ganesha: White <i>Sunrise:</i> 4:41AM	Subhakrit 5124	
			Yama 1:57PM – 3:48PM	Parigha* Until 10:13AM	Muruqa: Green <i>Sunset:</i> 7:30PM	Moon 5 - Phase 8 - 26	
		364555471	Rahu 8:23AM – 10:15AM	Bava Until 6:08AM	Nataraja: Yellow	4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 4:51PM	Moon – Green	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata</i>	

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lanham, MD
			Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 56
Tula Rasi: 28.46	Tithi 13 – 14		Gulika 3:48PM – 5:40PM	Vishakha Until 1:24PM	Ganesha: Yellow <i>Sunrise:</i> 4:41AM	Subhakrit 5124	
			Yama 12:06PM – 1:57PM	Shiva Until 6:53AM	Muruqa: Green <i>Sunset:</i> 7:31PM	Moon 5 - Phase 8 - 27	
		374555471	Rahu 5:40PM – 7:31PM	Gara Until 12:15AM Mon	Nataraja: Yellow	4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 1:53PM	Moon – Orange	Devaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi		

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Lanham, MD
	Copper Retreat Star		Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 57
Vrischika Rasi: 13.37	Tithi 14 – 15		Gulika 1:57PM – 3:49PM	Anuradha Until 10:50AM	Ganesha: Yellow <i>Sunrise:</i> 4:41AM	Subhakrit 5124	
Family Home Evening			Yama 10:15AM – 12:06PM	Sadhya Until 11:06PM	Muruqa: Green <i>Sunset:</i> 7:31PM	Moon 5 - Phase 8 -	
		374555471	Rahu 6:32AM – 8:24AM	Visti Until 8:42PM	Nataraja: Yellow	Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange	Devaloka Day	
					Jyeshtha-Vaikasi		

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Lanham, MD
	Silver Retreat Star		Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Sutra 58
Vrischika Rasi: 28.44	Tithi 15 – 16		Gulika 12:06PM – 1:58PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow <i>Sunrise:</i> 4:41AM	Subhakrit 5124	
			Yama 8:24AM – 10:15AM	Subha Until 6:57PM	Muruqa: Green <i>Sunset:</i> 7:32PM	Moon 5 - Phase 8 -	
		374555471	Rahu 3:49PM – 5:40PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow	Prathama	
Routine Work	Marana Yoga			Purnima* Until 6:49AM	Moon – Orange	Devaloka Day	
Until 7:52AM					Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga							



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Lanham, MD

Sutra 59

Subhakrit 5124

Dhanus Rasi: 13.56 Tithi 17

384555471

Gulika 10:15AM – 12:07PM
Yama 6:32AM – 8:24AM
Rahu 12:07PM – 1:58PM

Purvashadha* Until 2:08AM Thu
Sukla Until 2:44PM
Taitila Until 1:09PM
Dvitiya Until 11:17PM

Ganesha: Blue *Sunrise: 4:41AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Lanham, MD

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 29.05 Tithi 18

384555471

Gulika 8:24AM – 10:15AM
Yama 4:41AM – 6:33AM
Rahu 1:58PM – 3:50PM

Uttarashadha Until 11:21PM
Brahma Until 10:40AM
Vanija Until 9:30AM
Tritiya Until 7:45PM

Ganesha: Blue *Sunrise: 4:41AM*
Muruqa: Green *Sunset: 7:32PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 14.01 Tithi 19 – 20

394555471

Gulika 6:33AM – 8:24AM
Yama 3:50PM – 5:41PM
Rahu 10:16AM – 12:07PM

Shravana Until 9:13PM
Indra Until 6:51AM
Bava Until 6:07AM
Chaturthi* Until 4:34PM

Ganesha: Red *Sunrise: 4:41AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Lanham, MD

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 28.37 Tithi 20 – 21

394655471

Gulika 4:41AM – 6:33AM
Yama 1:59PM – 3:50PM
Rahu 8:24AM – 10:16AM

Dhanishtha Until 7:29PM
Vishkambha* Until 12:24AM Sun
Gara Until 12:49AM Sun
Panchami Until 1:54PM

Ganesha: Blue *Sunrise: 4:41AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lanham, MD

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

Gulika 3:50PM – 5:42PM
Yama 12:07PM – 1:59PM
Rahu 5:42PM – 7:33PM

Shatabhishak Until 6:16PM
Priti Until 10:00PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Red *Sunrise: 4:41AM*
Muruqa: Green *Sunset: 7:33PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

Gulika 1:59PM – 3:51PM
Yama 10:16AM – 12:08PM
Rahu 6:33AM – 8:25AM

Purvaproshtapada* Until 6:05PM
Ayushman Until 8:10PM
Balava Until 10:12PM
Saptami Until 10:33AM

Ganesha: Clear *Sunrise: 4:42AM*
Muruqa: Green *Sunset: 7:34PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 -
5 Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lanham, MD

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 9.52 Tithi 23 – 24

315655471

Gulika 12:08PM – 1:59PM
Yama 8:25AM – 10:16AM
Rahu 3:51PM – 5:42PM

Uttaraproshtapada Until 6:32PM
Saubhagya Until 6:59PM
Taitila Until 10:03PM
Ashtami* Until 10:01AM

Ganesha: Clear *Sunrise: 4:42AM*
Muruqa: Green *Sunset: 7:34PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 -
6 Navami

Devaloka Day

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Lanham, MD on 4/26/21

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 7 Sutra 66 Subhakit 5124	
Meena Rasi: 22.47	Tithi 24 – 25	Gulika 10:17AM – 12:08PM	Revati Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Moon 6 - Phase 10 - 7	
		Yama 6:34AM – 8:25AM	Sobhana Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
		315655471 Rahu 12:08PM – 2:00PM	Vanija Until 10:38PM	Nataraja: Yellow		Devaloka Day	
Routine Work	Marana Yoga		Navami* Until 10:14AM	Moon – Clear		Jyeshtha-Ani	

2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 8 Sutra 67 Subhakit 5124	
Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 8:25AM – 10:17AM	Ashvini Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:42AM	Moon 6 - Phase 10 - 8	
		Yama 4:42AM – 6:34AM	Athiganda* Until 6:19PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
		325655471 Rahu 2:00PM – 3:51PM	Bava Until 11:53PM	Nataraja: Yellow		Devaloka Day	
Creative Work	Amrita Yoga		Dashami Until 11:10AM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 9:31PM						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 9 Sutra 68 Subhakit 5124	
Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 6:34AM – 8:26AM	Bharani Until 11:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	Moon 6 - Phase 10 - 9	
		Yama 3:51PM – 5:43PM	Sukarma Until 6:41PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
		325655471 Rahu 10:17AM – 12:08PM	Kaulava Until 1:39AM Sat	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 12:41PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
						Jyeshtha-Ani	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 10 Sutra 69 Subhakit 5124	
Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 4:43AM – 6:34AM	Krittika Until 2:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	Moon 6 - Phase 10 - 10	
		Yama 2:00PM – 3:52PM	Dhriti Until 7:23PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
		325655471 Rahu 8:26AM – 10:17AM	Gara Until 3:48AM Sun	Nataraja: Yellow		Devaloka Day	
Creative Work	Amrita Yoga		Dvadashi* Until 2:40PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 2:25AM Sun						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 11 Sutra 70 Subhakit 5124	
Virshabha Rasi: 11.41	Tithi 28 – 29	Gulika 3:52PM – 5:43PM	Rohini Until 5:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:43AM	Moon 6 - Phase 10 - 11	
		Yama 12:09PM – 2:00PM	Shula* Until 8:17PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	2nd Phase	
		335655471 Rahu 5:43PM – 7:34PM	Visti Until 6:11AM Mon	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 4:57PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 5:33AM Mon						Jyeshtha-Ani	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 71 Subhakit 5124	
Virshabha Rasi: 23.32	Tithi 29	Gulika 2:00PM – 3:52PM	Mrigashira Until 8:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:44AM	Moon 6 - Phase 10 - 12	
Family Home Evening		Yama 10:18AM – 12:09PM	Ganda* Until 9:18PM	Muruqa: Green	<i>Sunset:</i> 7:35PM	2nd Phase	
		335655471 Rahu 6:35AM – 8:26AM	Visti Until 6:11AM	Nataraja: Yellow		Devaloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:25PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM Tue						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 13 Sutra 72 Subhakit 5124	
Mithuna Rasi: 5.22	Tithi 30	Gulika 12:09PM – 2:01PM	Mrigashira Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	Moon 6 - Phase 10 - 13	
		Yama 8:27AM – 10:18AM	Vriddhi Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:35PM	Amavasya	
		336655471 Rahu 3:52PM – 5:43PM	Catuspada Until 8:41AM	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Amavasya* Until 9:55PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 14 Sutra 73 Subhakit 5124	
Mithuna Rasi: 17.11	Tithi 1	Gulika 10:18AM – 12:09PM	Ardra Until 11:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	Moon 6 - Phase 10 - 14	
		Yama 6:36AM – 8:27AM	Dhruva Until 11:22PM	Muruqa: Green	<i>Sunset:</i> 7:35PM	Prathama	
		336655471 Rahu 12:09PM – 2:01PM	Kintughna Until 11:10AM	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Thu	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
						Ashada-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1	Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lanham, MD Sun 15 Sutra 74 Subhakrit 5124
	Mithuna Rasi: 29.03	Tithi 2	Gulika 8:27AM – 10:18AM	Punarvasu Until 2:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:45AM	
			Yama 4:45AM – 6:36AM	Vyaghata* Until 12:16AM Fri	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 15
	Creative Work	Amrita Yoga	346655471 Rahu 2:01PM – 3:52PM	Balava Until 1:34PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 2:41AM Fri	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Lanham, MD Sun 16 Sutra 75 Subhakrit 5124
	Kataka Rasi: 10.58	Tithi 3	Gulika 6:36AM – 8:28AM	Pushya Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:45AM	
			Yama 3:52PM – 5:43PM	Harshana Until 1:02AM Sat	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 16
	Routine Work	Marana Yoga	346655471 Rahu 10:19AM – 12:10PM	Taitila Until 3:47PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 4:47AM Sat	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

3	Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Lanham, MD Sun 17 Sutra 76 Subhakrit 5124
	Kataka Rasi: 22.57	Tithi 4	Gulika 4:46AM – 6:37AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:46AM	
			Yama 2:01PM – 3:52PM	Vajra* Until 1:34AM Sun	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 17
	Routine Work	Marana Yoga	346655471 Rahu 8:28AM – 10:19AM	Vanija Until 3:45PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 6:36AM Sun	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

4	Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lanham, MD Sun 18 Sutra 77 Subhakrit 5124
	Simha Rasi: 5.04	Tithi 4 – 5	Gulika 3:52PM – 5:43PM	Magha* Until 10:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:46AM	
			Yama 12:10PM – 2:01PM	Siddhi Until 1:50AM Mon	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 18
	Routine Work	Marana Yoga	356655471 Rahu 5:43PM – 7:34PM	Bava Until 7:23PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 6:36AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

5	Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lanham, MD Sun 19 Sutra 78 Subhakrit 5124
	Simha Rasi: 17.2	Tithi 5 – 6	Gulika 2:01PM – 3:52PM	Purvaphalguni Until 11:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:47AM	
	Family Home Evening		Yama 10:19AM – 12:10PM	Vyatipata* Until 1:45AM Tue	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 19
	Creative Work	Siddha Yoga	356655471 Rahu 6:38AM – 8:29AM	Kaulava Until 8:35PM	Nataraja: Yellow		3rd Phase
			Panchami Until 8:02AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6	Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Lanham, MD Sun 20 Sutra 79 Subhakrit 5124
	Simha Rasi: 29.48	Tithi 6 – 7	Gulika 12:11PM – 2:01PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:47AM	
			Yama 8:29AM – 10:20AM	Variyan Until 1:12AM Wed	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 20
	Creative Work	Amrita Yoga	356655471 Rahu 3:52PM – 5:43PM	Gara Until 9:15PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 8:58AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

☾	Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Lanham, MD Sun 21 Sutra 80 Subhakrit 5124
	Retreat Star		Gulika 10:20AM – 12:11PM	Hasta Until 1:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	
	Kanya Rasi: 12.32	Tithi 7 – 8	Yama 6:39AM – 8:29AM	Parigha* Until 12:08AM Thu	Muruga: Green	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11 - 21
			467655471 Rahu 12:11PM – 2:01PM	Visti Until 9:16PM	Nataraja: Yellow		Ashtami
			Saptami Until 9:19AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

☽	Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lanham, MD Sun 22 Sutra 81 Subhakrit 5124
	Retreat Star		Gulika 8:30AM – 10:20AM	Chitra Until 1:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	
	Kanya Rasi: 25.37	Tithi 8 – 9	Yama 4:48AM – 6:39AM	Shiva Until 10:31PM	Muruga: Green	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 11 - 22
			467655471 Rahu 2:01PM – 3:52PM	Balava Until 8:33PM	Nataraja: Yellow		Navami
			Ashtami* Until 8:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1		Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD Sun 23 Sutra 82 Subhakrit 5124
Tula Rasi: 9.05	Tithi 9 – 10	Gulika 6:40AM – 8:30AM	Svati Until 12:43AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:49AM			
		Yama 3:52PM – 5:42PM	Siddha Until 8:16PM	Muruqa: Green	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12 - 23		
467655471		Rahu 10:21AM – 12:11PM	Taitila Until 7:07PM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Navami* Until 7:55AM	Moon – Green			Devaloka Day	
				Ashada*Ani				


2		Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 23	Tithi 10 – 11	Gulika 4:50AM – 6:40AM	Vishakha Until 11:20PM	Ganesha: White	<i>Sunrise:</i> 4:50AM			
		Yama 2:02PM – 3:52PM	Sadhya Until 5:27PM	Muruqa: Green	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12 - 24		
477655471		Rahu 8:30AM – 10:21AM	Visti Until 3:39AM Sun	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 6:07AM	Moon – Orange			Bhuloka Day	
				Ashada*Ani			Devaloka Time: 6:PM to 9:PM	

3		Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Lanham, MD Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 7.21	Tithi 12	Gulika 3:52PM – 5:42PM	Anuradha Until 9:13PM	Ganesha: White	<i>Sunrise:</i> 4:50AM			
		Yama 12:11PM – 2:02PM	Subha Until 2:09PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12 - 25		
477655471		Rahu 5:42PM – 7:32PM	Bava Until 2:13PM	Nataraja: Yellow		4th Phase		
Routine Work	Marana Yoga		Dvadashi Until 12:37AM Mon	Moon – Orange			Bhuloka Day	
				Ashada*Ani			Devaloka Time: 6:PM to 9:PM	

4		Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lanham, MD Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 22.05	Tithi 13	Gulika 2:02PM – 3:52PM	Jyeshtha* Until 6:31PM	Ganesha: White	<i>Sunrise:</i> 4:51AM			
Family Home Evening		Yama 10:21AM – 12:11PM	Sukla Until 10:24AM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12 - 26		
477655471		Rahu 6:41AM – 8:31AM	Kaulava Until 10:57AM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 9:10PM	Moon – Orange			Bhuloka Day	
				Ashada*Ani			Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata</i>				

5		Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashy/Purnimayam Titau				Lanham, MD Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 7.08	Tithi 14 – 15	Gulika 12:12PM – 2:02PM	Mula* Until 3:46PM	Ganesha: White	<i>Sunrise:</i> 4:52AM			
		Yama 8:32AM – 10:22AM	Brahma Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 12 - 27		
488655471		Rahu 3:51PM – 5:41PM	Gara Until 7:20AM	Nataraja: Yellow		4th Phase		
Creative Work	Amrita Yoga		Chaturdashi* Until 5:26PM	Moon – Light Blue			Sivaloka Day	
Until 3:46PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

		Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lanham, MD Sun 28 Sutra 87 Subhakrit 5124
Dhanus Rasi: 22.22	Tithi 15 – 16	Gulika 10:22AM – 12:12PM	Purvashadha* Until 12:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM			
		Yama 6:42AM – 8:32AM	Vaidhriti* Until 9:55PM	Muruqa: Green	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 12 - Purnima		
488755471		Rahu 12:12PM – 2:01PM	Balava Until 11:41PM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Purnima* Until 1:35PM	Moon – Light Blue			Devaloka Day	
		Satguru Purnima		Ashada*Ani				

		Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Lanham, MD Sun 29 Sutra 88 Subhakrit 5124
Makara Rasi: 7.35	Tithi 16 – 17	Gulika 8:32AM – 10:22AM	Uttarashadha Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM			
		Yama 4:53AM – 6:43AM	Vishkambha* Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12 - Prathama		
488755471		Rahu 2:01PM – 3:51PM	Taitila Until 7:59PM	Nataraja: Yellow				
Routine Work	Marana Yoga		Prathama* Until 9:47AM	Moon – Light Blue			Devaloka Day	
Until 9:40AM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Lanham, MD
Sun 1
Sutra 89

Makara Rasi: 22.4 Tithi 17 - 18

498755471

Gulika 6:43AM - 8:33AM
Yama 3:51PM - 5:40PM
Rahu 10:22AM - 12:12PM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue *Sunrise: 4:54AM*
Muruqa: Green *Sunset: 7:30PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Lanham, MD
Sun 2
Sutra 90

Kumbha Rasi: 7.25 Tithi 19

498755471

Gulika 4:54AM - 6:44AM
Yama 2:01PM - 3:51PM
Rahu 8:33AM - 10:23AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue *Sunrise: 4:54AM*
Muruqa: Green *Sunset: 7:29PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Lanham, MD
Sun 3
Sutra 91

Kumbha Rasi: 21.46 Tithi 20

418755472

Gulika 3:50PM - 5:40PM
Yama 12:12PM - 2:01PM
Rahu 5:40PM - 7:29PM

Purvaproshtapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White *Sunrise: 4:55AM*
Muruqa: Green *Sunset: 7:29PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Lanham, MD
Sun 4
Sutra 92

Meena Rasi: 5.38 Tithi 21

418755472

Gulika 2:01PM - 3:50PM
Yama 10:23AM - 12:12PM
Rahu 6:45AM - 8:34AM

Uttaraproshtapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White *Sunrise: 4:56AM*
Muruqa: Green *Sunset: 7:28PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Lanham, MD
Sun 5
Sutra 93

Meena Rasi: 19.01 Tithi 22

419755472

Gulika 12:12PM - 2:01PM
Yama 8:34AM - 10:23AM
Rahu 3:50PM - 5:39PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear *Sunrise: 4:57AM*
Muruqa: Green *Sunset: 7:28PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD
Sun 6
Sutra 94

Mesha Rasi: 1.56 Tithi 23

429755472

Gulika 10:24AM - 12:12PM
Yama 6:46AM - 8:35AM
Rahu 12:12PM - 2:01PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple *Sunrise: 4:57AM*
Muruqa: Green *Sunset: 7:27PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD
Sun 7
Sutra 95

Mesha Rasi: 14.28 Tithi 24

429755472

Gulika 8:35AM - 10:24AM
Yama 4:58AM - 6:47AM
Rahu 2:01PM - 3:49PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple *Sunrise: 4:58AM*
Muruqa: Green *Sunset: 7:26PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Lanham, MD Sun 8 Sutra 96 Subhakrit 5124	
Mesha Rasi: 26.42	Tithi 25	Gulika 6:47AM – 8:36AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:59AM	Muruqa: Green	<i>Sunset:</i> 7:26PM
		Yama 3:49PM – 5:37PM	Ganda* Until 2:37AM Sat	Nataraja: White		Moon – White	Moon 7 - Phase 14 - 8 2nd Phase
		429755472 Rahu 10:24AM – 12:12PM	Vanija Until 11:59AM	Ashada-Adi			Devaloka Day
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat				
Until 8:24AM Sat							
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Lanham, MD Sun 9 Sutra 97 Subhakrit 5124	
Virshabha Rasi: 8.43	Tithi 26	Gulika 5:00AM – 6:48AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	Muruqa: Green	<i>Sunset:</i> 7:25PM
		Yama 2:00PM – 3:49PM	Vriddhi Until 3:32AM Sun	Nataraja: White		Moon – White	Moon 7 - Phase 14 - 9 2nd Phase
		429755472 Rahu 8:36AM – 10:24AM	Bava Until 2:08PM	Ashada-Adi			Devaloka Day
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun				

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lanham, MD Sun 10 Sutra 98 Subhakrit 5124	
Virshabha Rasi: 20.35	Tithi 27	Gulika 3:48PM – 5:36PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Muruqa: Green	<i>Sunset:</i> 7:24PM
		Yama 12:12PM – 2:00PM	Dhruva Until 4:34AM Mon	Nataraja: White		Moon – Yellow	Moon 7 - Phase 14 - 10 2nd Phase
		439755472 Rahu 5:36PM – 7:24PM	Kaulava Until 4:34PM	Ashada-Adi			Bhuloka Day
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon				Devaloka Time: 9:AM to12:PM

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Lanham, MD Sun 11 Sutra 99 Subhakrit 5124	
Mithuna Rasi: 2.25	Tithi 28	Gulika 2:00PM – 3:48PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Muruqa: Green	<i>Sunset:</i> 7:23PM
Family Home Evening		Yama 10:25AM – 12:12PM	Vyaghata* Until 5:38AM Tue	Nataraja: White		Moon – Yellow	Moon 7 - Phase 14 - 11 2nd Phase
Creative Work	Amrita Yoga	439755472 Rahu 6:49AM – 8:37AM	Gara Until 7:06PM	Ashada-Adi			Bhuloka Day
Until 2:37PM			Trayodashi* Until 8:20AM Tue				Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 100 Subhakrit 5124	
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 12:12PM – 2:00PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 5:02AM	Muruqa: Green	<i>Sunset:</i> 7:22PM
		Yama 8:37AM – 10:25AM	Harshana Until 6:37AM Wed	Nataraja: White		Moon – Yellow	Moon 7 - Phase 14 - 12 2nd Phase
		431755472 Rahu 3:47PM – 5:35PM	Visti Until 9:34PM	Ashada-Adi			Bhuloka Day
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM				Devaloka Time: 9:AM to12:PM
Until 5:30PM							
Then Creative Work - Siddha Yoga							

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD Sun 13 Sutra 101 Subhakrit 5124	
Retreat Star		Gulika 10:25AM – 12:12PM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	Muruqa: Green	<i>Sunset:</i> 7:21PM
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 6:50AM – 8:38AM	Harshana Until 6:37AM	Nataraja: White		Moon – Blue	Moon 7 - Phase 14 - 13 Amavasya
		441755472 Rahu 12:12PM – 2:00PM	Catuspada Until 11:52PM	Ashada-Adi			Bhuloka Day
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM				Devaloka Time: 9:AM to12:PM

Thursdays, July 28, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD Sun 14 Sutra 102 Subhakrit 5124	
Kataka Rasi: 8.01	Tithi 30 – 1	Gulika 8:38AM – 10:25AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Muruqa: Green	<i>Sunset:</i> 7:21PM
		Yama 5:04AM – 6:51AM	Vajra* Until 7:26AM	Nataraja: White		Moon – Blue	Moon 7 - Phase 14 - 14 Prathama
		441755472 Rahu 1:59PM – 3:46PM	Kintughna Until 1:57AM Fri	Sravana-Adi			Bhuloka Day
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM				Devaloka Time: 9:AM to12:PM
Until 11:16PM							
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lanham, MD
Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 6:52AM – 8:39AM	Ashlesha* Until 1:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Sun 15	Sutra 103	Subhakarit 5124
		Yama 3:46PM – 5:33PM	Siddhi Until 8:04AM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 15 - 15 3rd Phase		
		441755472 Rahu 10:25AM – 12:12PM	Balava Until 3:44AM Sat	Nataraja: White				
Routine Work	Marana Yoga		Prathama* Until 2:51PM	Moon – Blue		Bhuloka Day		
Until 1:31AM Sat				Sravana*Adi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga								

2		Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lanham, MD
Simha Rasi: 2.11	Tithi 2 – 3	Gulika 5:06AM – 6:52AM	Magha* Until 3:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:06AM	Sun 16	Sutra 104	Subhakarit 5124
		Yama 1:59PM – 3:46PM	Vyatipata* Until 8:30AM	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 15 - 16 3rd Phase		
		451755472 Rahu 8:39AM – 10:26AM	Taitila Until 5:12AM Sun	Nataraja: White				
Creative Work	Amrita Yoga		Dvitiya Until 4:29PM	Moon – Red		Bhuloka Day		
Until 3:48AM Sun				Sravana*Adi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

3		Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Lanham, MD
Simha Rasi: 14.27	Tithi 3 – 4	Gulika 3:45PM – 5:31PM	Purvaphalguni Until 5:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:07AM	Sun 17	Sutra 105	Subhakarit 5124
		Yama 12:12PM – 1:59PM	Variyan Until 8:39AM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 15 - 17 3rd Phase		
		451755472 Rahu 5:31PM – 7:18PM	Vanija Until 6:19AM Mon	Nataraja: White				
Creative Work	Siddha Yoga		Tritiya Until 5:47PM	Moon – Red		Bhuloka Day		
				Sravana*Adi		Devaloka Time: 9:AM to12:PM		

4		Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Lanham, MD
Simha Rasi: 26.52	Tithi 4	Gulika 1:58PM – 3:44PM	Uttaraphalguni Until 6:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:07AM	Sun 18	Sutra 106	Subhakarit 5124
Family Home Evening		Yama 10:26AM – 12:12PM	Parigha* Until 8:32AM	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 15 - 18 3rd Phase		
		451755472 Rahu 6:54AM – 8:40AM	Vanija Until 6:19AM	Nataraja: White				
Creative Work	Siddha Yoga		Chaturthi* Until 6:43PM	Moon – Red		Bhuloka Day		
				Sravana*Adi		Devaloka Time: 9:AM to12:PM		

5		Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD
Kanya Rasi: 9.29	Tithi 5	Gulika 12:12PM – 1:58PM	Uttaraphalguni Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 5:08AM	Sun 19	Sutra 107	Subhakarit 5124
		Yama 8:40AM – 10:26AM	Shiva Until 8:06AM	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 15 - 19 3rd Phase		
		451755472 Rahu 3:44PM – 5:30PM	Bava Until 7:02AM	Nataraja: White				
Creative Work	Amrita Yoga		Panchami Until 7:12PM	Moon – Red		Bhuloka Day		
Until 6:48AM		Nag Panchami		Sravana*Adi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

6		Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Lanham, MD
Kanya Rasi: 22.18	Tithi 6	Gulika 10:26AM – 12:12PM	Hasta Until 7:53AM	Ganesha: Blue	<i>Sunrise:</i> 5:09AM	Sun 20	Sutra 108	Subhakarit 5124
		Yama 6:55AM – 8:41AM	Siddha Until 7:17AM	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 15 - 20 3rd Phase		
		461755472 Rahu 12:12PM – 1:58PM	Kaulava Until 7:17AM	Nataraja: White				
Routine Work	Marana Yoga		Shashthi* Until 7:11PM	Moon – Green		Devaloka Day		
Until 7:53AM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Lanham, MD
Tula Rasi: 5.23	Tithi 7	Gulika 8:41AM – 10:26AM	Chitra Until 8:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	Sun 21	Sutra 109	Subhakarit 5124
		Yama 5:10AM – 6:56AM	Sadhya Until 6:03AM	Muruqa: White	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 15 - 21 3rd Phase		
		461765472 Rahu 1:57PM – 3:43PM	Gara Until 7:00AM	Nataraja: White				
Creative Work	Siddha Yoga		Saptami Until 6:37PM	Moon – Green		Devaloka Day		
Until 8:17AM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Lanham, MD
Tula Rasi: 18.47	Tithi 8 – 9	Gulika 6:56AM – 8:41AM	Svati Until 7:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:11AM	Sun 22	Sutra 110	Subhakarit 5124
		Yama 3:42PM – 5:27PM	Sukla Until 2:09AM Sat	Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15 - 22 Ashtami		
		461765472 Rahu 10:27AM – 12:12PM	Visti Until 6:07AM	Nataraja: White				
Creative Work	Siddha Yoga		Ashtami* Until 5:26PM	Moon – Green		Devaloka Day		
		Varalakshmi Vratam		Sravana*Adi				

Retreat Star		Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD
Vrischika Rasi: 2.34	Tithi 9 – 10	Gulika 5:12AM – 6:57AM	Vishakha Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 5:12AM	Sun 23	Sutra 111	Subhakarit 5124
		Yama 1:57PM – 3:42PM	Brahma Until 11:28PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15 - 23 Navami		
		472765472 Rahu 8:42AM – 10:27AM	Taitila Until 2:32AM Sun	Nataraja: White				
Creative Work	Siddha Yoga		Navami* Until 3:38PM	Moon – Orange		Bhuloka Day		
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 24 Sutra 112 Subhakrit 5124
Wrischika Rasi: 16.42	Tithi 10 - 11	Gulika 3:41PM - 5:26PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM	
		Yama 12:12PM - 1:56PM	Indra Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 16 - 24
		472865472 Rahu 5:26PM - 7:10PM	Vanija Until 11:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange		Bhuloka Day
Until 3:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lanham, MD Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 1:56PM - 3:40PM	Mula* Until 1:41AM Tue	Ganesha: White	<i>Sunrise:</i> 5:14AM	
Family Home Evening		Yama 10:27AM - 12:11PM	Vaidhriti* Until 4:48PM	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16 - 25
		482865472 Rahu 6:58AM - 8:43AM	Bava Until 8:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Lanham, MD Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 12:11PM - 1:55PM	Purvashadha* Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 5:15AM	
		Yama 8:43AM - 10:27AM	Vishkambha* Until 12:59PM	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16 - 26
		482865472 Rahu 3:40PM - 5:24PM	Taitila Until 3:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue		Devaloka Day
Until 11:04PM				Sravana*Adi		
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Lanham, MD Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 10:27AM - 12:11PM	Uttarashadha Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 5:15AM	
		Yama 6:59AM - 8:43AM	Priti Until 9:01AM	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 16 - 27
		482865472 Rahu 12:11PM - 1:55PM	Gara Until 1:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue		Devaloka Day
Until 8:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Lanham, MD Sutra 116 Subhakrit 5124
Copper Retreat Star		Gulika 8:44AM - 10:27AM	Shravana Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	
Makara Rasi: 16.04	Tithi 15	Yama 5:16AM - 7:00AM	Saubhagya Until 1:02AM Fri	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 16 -
		492865472 Rahu 1:55PM - 3:38PM	Visti Until 10:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Lanham, MD Sutra 117 Subhakrit 5124
Silver Retreat Star		Gulika 7:01AM - 8:44AM	Dhanishtha Until 3:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	
Kumbha Rasi: 1.02	Tithi 16 - 17	Yama 3:38PM - 5:21PM	Sobhana Until 9:20PM	Muruqa: White	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16 -
		492865472 Rahu 10:27AM - 12:11PM	Balava Until 6:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

Lanham, MD
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472 **Gulika** 5:18AM - 7:01AM
Yama 1:54PM - 3:37PM
Rahu 8:44AM - 10:28AM

Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Ganesha: Clear *Sunrise: 5:18AM*
Muruqa: White *Sunset: 7:03PM*
Nataraja: White
Moon - Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 12:51PM

Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilaya/Chaturthiyam Titau

Lanham, MD
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Meena Rasi: 0.07 Tithi 18 - 19

412865472 **Gulika** 3:36PM - 5:19PM
Yama 12:10PM - 1:53PM
Rahu 5:19PM - 7:02PM

Purvaprosarthapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Ganesha: Yellow *Sunrise: 5:19AM*
Muruqa: White *Sunset: 7:02PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 11:27AM

Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 14.02 Tithi 19 - 20

Family Home Evening

412865472 **Gulika** 1:53PM - 3:35PM
Yama 10:28AM - 12:10PM
Rahu 7:03AM - 8:45AM

Uttaraprosarthapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Ganesha: Yellow *Sunrise: 5:20AM*
Muruqa: White *Sunset: 7:01PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 27.28 Tithi 20 - 21

Creative Work Siddha Yoga

412865472 **Gulika** 12:10PM - 1:52PM
Yama 8:45AM - 10:28AM
Rahu 3:35PM - 5:17PM

Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Ganesha: Yellow *Sunrise: 5:21AM*
Muruqa: White *Sunset: 6:59PM*
Nataraja: White
Moon - Clear
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lanham, MD
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 10.26 Tithi 21 - 22

Routine Work Marana Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

522865472 **Gulika** 10:28AM - 12:10PM
Yama 7:04AM - 8:46AM
Rahu 12:10PM - 1:52PM

Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:22AM*
Muruqa: White *Sunset: 6:58PM*
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Mesha Rasi: 23 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:06PM

Then Routine Work - Marana Yoga

522865472 **Gulika** 8:46AM - 10:28AM
Yama 5:23AM - 7:04AM
Rahu 1:51PM - 3:33PM

Krishna Janmashtami

Bharani Until 1:06PM
Vridhhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Ganesha: Yellow *Sunrise: 5:23AM*
Muruqa: White *Sunset: 6:57PM*
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Lanham, MD
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Vrishabha Rasi: 5.15 Tithi 23 - 24

Creative Work Siddha Yoga

Until 3:16PM

Then Routine Work - Marana Yoga

523865472 **Gulika** 7:05AM - 8:46AM
Yama 3:32PM - 5:14PM
Rahu 10:28AM - 12:09PM

Krittika Until 3:16PM
Dhruva Until 10:30AM
Taila Until 1:37AM Sat
Ashtami* Until 12:33PM

Ganesha: White *Sunrise: 5:24AM*
Muruqa: White *Sunset: 6:55PM*
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1	Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Lanham, MD Sun 8 Sutra 125 Subhakit 5124
	Wrishabha Rasi: 17.16	Tithi 24 – 25	Gulika 5:24AM – 7:06AM	Rohini Until 6:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	
			Yama 1:50PM – 3:32PM	Vyaghata* Until 11:13AM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 18 - 8
		533865472	Rahu 8:47AM – 10:28AM	Vanija Until 3:57AM Sun	Nataraja: White		2nd Phase
Creative Work Amrita Yoga			Navami* Until 2:44PM	Moon – Yellow		Bhuloka Day	
Until 6:13PM				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							


2	Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 9 Sutra 126 Subhakit 5124
	Wrishabha Rasi: 29.09	Tithi 25 – 26	Gulika 3:31PM – 5:12PM	Mrigashira Until 9:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	
			Yama 12:09PM – 1:50PM	Harshana Until 12:11PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 18 - 9
		533865472	Rahu 5:12PM – 6:53PM	Bava Until 6:27AM Mon	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Dashami Until 5:10PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	


3	Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Lanham, MD Sun 10 Sutra 127 Subhakit 5124
	Mithuna Rasi: 10.59	Tithi 26	Gulika 1:49PM – 3:30PM	Ardra Until 12:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	
	Family Home Evening		Yama 10:28AM – 12:09PM	Vajra* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 18 - 10
		533865472	Rahu 7:07AM – 8:47AM	Bava Until 6:27AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 7:40PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

4	Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lanham, MD Sun 11 Sutra 128 Subhakit 5124
	Mithuna Rasi: 22.5	Tithi 27	Gulika 12:08PM – 1:49PM	Punarvasu Until 3:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	
			Yama 8:48AM – 10:28AM	Siddhi Until 2:07PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 18 - 11
		543865472	Rahu 3:29PM – 5:09PM	Kaulava Until 8:54AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 10:02PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

5	Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Lanham, MD Sun 12 Sutra 129 Subhakit 5124
	Kataka Rasi: 4.45	Tithi 28	Gulika 10:28AM – 12:08PM	Pushya Until 5:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	
			Yama 7:08AM – 8:48AM	Vyatipata* Until 2:54PM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 18 - 12
		543865472	Rahu 12:08PM – 1:48PM	Gara Until 11:08AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 12:08AM Thu	Moon – Blue		Bhuloka Day	
				Sravana-Avani			
						<i>Pradosha Vrata (Fasting)</i>	

6	Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lanham, MD Sun 13 Sutra 130 Subhakit 5124
	Kataka Rasi: 16.47	Tithi 29	Gulika 8:48AM – 10:28AM	Ashlesha* Until 7:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	
			Yama 5:29AM – 7:09AM	Variyan Until 3:24PM	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 18 - 13
		543865472	Rahu 1:48PM – 3:27PM	Visti Until 1:04PM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 1:53AM Fri	Moon – Blue		Bhuloka Day	
Until 7:51AM Fri				Sravana-Avani			
Then Routine Work - Marana Yoga							

	Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lanham, MD Sun 14 Sutra 131 Subhakit 5124
	Retreat Star		Gulika 7:09AM – 8:49AM	Ashlesha* Until 7:51AM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	
	Kataka Rasi: 28.58	Tithi 30	Yama 3:27PM – 5:06PM	Parigha* Until 3:38PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 18 - 14
		543865472	Rahu 10:28AM – 12:08PM	Catuspada Until 2:38PM	Nataraja: White		Amavasya
Routine Work Marana Yoga			Amavasya* Until 3:15AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

	Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Lanham, MD Sun 15 Sutra 132 Subhakit 5124
	Retreat Star		Gulika 5:31AM – 7:10AM	Magha* Until 9:54AM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	
	Simha Rasi: 11.18	Tithi 1	Yama 1:46PM – 3:26PM	Shiva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 18 - 15
		533865473	Rahu 8:49AM – 10:28AM	Kintughna Until 3:49PM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Prathama* Until 4:14AM Sun	Moon – Red		Bhuloka Day	
Until 9:54AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1		Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lanham, MD
Simha Rasi: 23.49	Tithi 2	Gulika 3:25PM – 5:04PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	Sunrise: 5:32AM	Sun 16	Sutra 133	Subhakrit 5124
		Yama 12:07PM – 1:46PM	Siddha Until 3:11PM	Muruqa: White	Sunset: 6:43PM			Moon 8 - Phase 19 - 16
		553865473 Rahu 5:04PM – 6:43PM	Balava Until 4:36PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:49AM Mon	Moon – Red			Bhuloka Day	
Until 11:24AM				Bhadrapada-Avani			Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga								

2		Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Lanham, MD
Kanya Rasi: 6.3	Tithi 3	Gulika 1:45PM – 3:24PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	Sunrise: 5:32AM	Sun 17	Sutra 134	Subhakrit 5124
Family Home Evening		Yama 10:28AM – 12:07PM	Sadhya Until 2:30PM	Muruqa: White	Sunset: 6:41PM			Moon 8 - Phase 19 - 17
		553865473 Rahu 7:11AM – 8:50AM	Taitila Until 4:59PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:01AM Tue	Moon – Red			Bhuloka Day	
				Bhadrapada-Avani			Devaloka Time: 6:PM to 9:PM	

3		Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Lanham, MD
Kanya Rasi: 19.23	Tithi 4	Gulika 12:06PM – 1:45PM	Hasta Until 1:17PM	Ganesha: Blue	Sunrise: 5:33AM	Sun 18	Sutra 135	Subhakrit 5124
		Yama 8:50AM – 10:28AM	Subha Until 1:32PM	Muruqa: White	Sunset: 6:40PM			Moon 8 - Phase 19 - 18
		563865473 Rahu 3:23PM – 5:01PM	Vanija Until 5:00PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:51AM Wed	Moon – Green			Bhuloka Day	
		Ganesha Chaturthi		Bhadrapada-Avani			Devaloka Time: 6:PM to 9:PM	

4		Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD
Tula Rasi: 2.26	Tithi 5	Gulika 10:28AM – 12:06PM	Chitra Until 1:39PM	Ganesha: Red	Sunrise: 5:34AM	Sun 19	Sutra 136	Subhakrit 5124
		Yama 7:12AM – 8:50AM	Sukla Until 12:14PM	Muruqa: White	Sunset: 6:38PM			Moon 8 - Phase 19 - 19
		563965473 Rahu 12:06PM – 1:44PM	Bava Until 4:38PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:17AM Thu	Moon – Green			Devaloka Day	
				Bhadrapada-Avani				

5		Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Lanham, MD
Tula Rasi: 15.43	Tithi 6	Gulika 8:50AM – 10:28AM	Svati Until 1:30PM	Ganesha: Red	Sunrise: 5:35AM	Sun 20	Sutra 137	Subhakrit 5124
		Yama 5:35AM – 7:13AM	Brahma Until 10:38AM	Muruqa: White	Sunset: 6:37PM			Moon 8 - Phase 19 - 20
		563965473 Rahu 1:43PM – 3:21PM	Kaulava Until 3:52PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:18AM Fri	Moon – Green			Devaloka Day	
Until 1:30PM				Bhadrapada-Avani				
Then Creative Work - Siddha Yoga								

6		Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Lanham, MD
Tula Rasi: 29.13	Tithi 7	Gulika 7:13AM – 8:51AM	Vishakha Until 1:14PM	Ganesha: Yellow	Sunrise: 5:36AM	Sun 21	Sutra 138	Subhakrit 5124
		Yama 3:20PM – 4:58PM	Indra Until 8:43AM	Muruqa: White	Sunset: 6:35PM			Moon 8 - Phase 19 - 21
		574965473 Rahu 10:28AM – 12:05PM	Gara Until 2:41PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:55AM Sat	Moon – Orange			Devaloka Day	
				Bhadrapada-Avani				

Retreat Star		Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Visti*/Bava Karana Ashtamyam Titau				Lanham, MD
Vrischika Rasi: 12.57	Tithi 8	Gulika 5:37AM – 7:14AM	Anuradha Until 12:24PM	Ganesha: Yellow	Sunrise: 5:37AM	Sun 22	Sutra 139	Subhakrit 5124
		Yama 1:42PM – 3:19PM	Vaidhriti* Until 6:26AM	Muruqa: White	Sunset: 6:33PM			Moon 8 - Phase 19 - 22
		574965473 Rahu 8:51AM – 10:28AM	Visti Until 1:05PM	Nataraja: Clear				Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:07AM Sun	Moon – Orange			Devaloka Day	
				Bhadrapada-Avani				

Retreat Star		Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Lanham, MD
Vrischika Rasi: 26.57	Tithi 9	Gulika 3:18PM – 4:55PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	Sunrise: 5:38AM	Sun 23	Sutra 140	Subhakrit 5124
		Yama 12:05PM – 1:42PM	Priti Until 12:55AM Mon	Muruqa: White	Sunset: 6:32PM			Moon 8 - Phase 19 - 23
		574965473 Rahu 4:55PM – 6:32PM	Balava Until 11:05AM	Nataraja: Clear				Navami
Routine Work	Marana Yoga		Navami* Until 9:55PM	Moon – Orange			Devaloka Day	
Until 11:01AM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Lanham, MD Sun 24 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 11.12	Tithi 10	Gulika	1:41PM – 3:17PM	Mula* Until 9:32AM	Ganesha: White	<i>Sunrise:</i> 5:39AM	
Family Home Evening	584965473	Yama	10:28AM – 12:04PM	Ayushman Until 9:42PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	7:15AM – 8:52AM	Taitila Until 8:42AM	Nataraja: Clear		4th Phase
Until 9:32AM				Dashami Until 7:22PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 25 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika	12:04PM – 1:40PM	Purvashadha* Until 7:36AM	Ganesha: White	<i>Sunrise:</i> 5:39AM	
	584965473	Yama	8:52AM – 10:28AM	Saubhagya Until 6:16PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20 - 25
Creative Work	Siddha Yoga	Rahu	3:16PM – 4:53PM	Vanija Until 6:00AM	Nataraja: Clear		4th Phase
Until 7:36AM				Ekadashi Until 4:33PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 26 Sutra 143 Subhakrit 5124	
Makara Rasi: 10.19	Tithi 12 – 13	Gulika	10:28AM – 12:04PM	Shravana Until 3:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	
	594965473	Yama	7:16AM – 8:52AM	Sobhana Until 2:44PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga	Rahu	12:04PM – 1:40PM	Kaulava Until 12:04AM Thu	Nataraja: Clear		4th Phase
				Dvadashi Until 1:34PM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

Pradosha Vrata

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 144 Subhakrit 5124	
Makara Rasi: 25.01	Tithi 13 – 14	Gulika	8:52AM – 10:28AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:41AM	
	594965473	Yama	5:41AM – 7:17AM	Athiganda* Until 11:09AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	1:39PM – 3:15PM	Gara Until 9:05PM	Nataraja: Clear		4th Phase
				Trayodashi Until 10:33AM	Moon – Purple	Devaloka Day	
		Chidambaram Abhishekam			Bhadrapada*Avani		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Lanham, MD Sun 28 Sutra 145 Subhakrit 5124	
Copper Retreat Star		Gulika	7:17AM – 8:53AM	Shatabhishak Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	3:14PM – 4:49PM	Sukarma Until 7:40AM	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20 -
	594965473	Rahu	10:28AM – 12:03PM	Vistil Until 6:17PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:38AM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Lanham, MD Sun 29 Sutra 146 Subhakrit 5124	
Silver Retreat Star		Gulika	5:43AM – 7:18AM	Purvaproshtapada* Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	
Kumbha Rasi: 24.07	Tithi 16	Yama	1:38PM – 3:13PM	Shula* Until 1:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20 -
	514965473	Rahu	8:53AM – 10:28AM	Balava Until 3:49PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Prathama* Until 2:45AM Sun	Moon – Clear	Devaloka Day	
Until 9:31PM					Bhadrapada*Avani		
Then Creative Work - Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Lanham, MD
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

Gulika 3:12PM – 4:46PM
Yama 12:02PM – 1:37PM
Rahu 4:46PM – 6:21PM

Uttaraproshtapada Until 8:27PM
Ganda* Until 10:59PM
Taitila Until 1:51PM

Ganesha: Clear *Sunrise:* 5:44AM
Muruqa: White *Sunset:* 6:21PM

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Moon – Clear
Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Lanham, MD
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

Gulika 1:36PM – 3:11PM
Yama 10:28AM – 12:02PM
Rahu 7:19AM – 8:53AM

Revati Until 7:55PM
Vriddhi Until 9:04PM
Vanija Until 12:31PM

Ganesha: Clear *Sunrise:* 5:45AM
Muruqa: White *Sunset:* 6:19PM

Moon 9 - Phase 21 - 1
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Moon – Clear
Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Lanham, MD
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

Gulika 12:02PM – 1:36PM
Yama 8:54AM – 10:28AM
Rahu 3:10PM – 4:44PM

Ashvini Until 8:25PM
Dhruva Until 7:44PM
Balava Until 11:56AM

Ganesha: White *Sunrise:* 5:46AM
Muruqa: White *Sunset:* 6:18PM

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:55PM

Moon – White
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lanham, MD
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

Gulika 10:28AM – 12:01PM
Yama 7:20AM – 8:54AM
Rahu 12:01PM – 1:35PM

Bharani Until 9:34PM
Vyaghata* Until 7:03PM
Kaulava Until 12:09PM

Ganesha: White *Sunrise:* 5:46AM
Muruqa: White *Sunset:* 6:16PM

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Moon – White
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 9:34PM
Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Lanham, MD
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

Gulika 8:54AM – 10:28AM
Yama 5:47AM – 7:21AM
Rahu 1:34PM – 3:08PM

Krittika Until 11:17PM
Harshana Until 6:59PM
Gara Until 1:08PM

Ganesha: Clear *Sunrise:* 5:47AM
Muruqa: White *Sunset:* 6:15PM

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:53AM Fri

Moon – White
Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Lanham, MD
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

Gulika 7:21AM – 8:54AM
Yama 3:07PM – 4:40PM
Rahu 10:28AM – 12:01PM

Rohini Until 1:55AM Sat
Vajra* Until 7:22PM
Visti Until 2:49PM

Ganesha: White *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 6:13PM

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat
Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

Gulika 5:49AM – 7:22AM
Yama 1:33PM – 3:06PM
Rahu 8:55AM – 10:27AM

Mrigashira Until 4:44AM Sun
Siddhi Until 8:06PM
Balava Until 4:58PM

Ganesha: White *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:11PM

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM Sun

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lanham, MD
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

Gulika 3:05PM – 4:37PM
Yama 12:00PM – 1:32PM
Rahu 4:37PM – 6:10PM

Ardra Until 7:33AM Mon
Vyatipata* Until 9:01PM
Taitila Until 7:23PM

Ganesha: White *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 6:10PM

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1		Monday, September 19, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		Lanham, MD Sun 8 Sutra 155 Subhakra 5124	
Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika	1:32PM – 3:04PM	Ardra Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	
Family Home Evening	535965473	Yama	10:27AM – 12:00PM	Variyan Until 9:54PM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 22 - 8
Creative Work Siddha Yoga		Rahu	7:23AM – 8:55AM	Vanjia Until 9:49PM	Nataraja: Clear		2nd Phase
Until 7:33AM				Navami* Until 8:36AM	Moon – Yellow		Sivaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi		

2		Tuesday, September 20, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 9 Sutra 156 Subhakra 5124	
Kataka Rasi: 1.02	Tithi 25 – 26	Gulika	11:59AM – 1:31PM	Punarvasu Until 10:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
	545965473	Yama	8:55AM – 10:27AM	Parigha* Until 10:40PM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 9
Creative Work Siddha Yoga		Rahu	3:03PM – 4:35PM	Bava Until 12:05AM Wed	Nataraja: Clear		2nd Phase
				Dashami Until 10:58AM	Moon – Blue		Devaloka Day
					Bhadrapada-Puratasi		

3		Wednesday, September 21, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 10 Sutra 157 Subhakra 5124	
Kataka Rasi: 13.01	Tithi 26 – 27	Gulika	10:27AM – 11:59AM	Pushya Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	
	545965473	Yama	7:24AM – 8:56AM	Shiva Until 11:12PM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 10
Creative Work Siddha Yoga		Rahu	11:59AM – 1:30PM	Kaulava Until 1:59AM Thu	Nataraja: Clear		2nd Phase
				Ekadashi* Until 1:04PM	Moon – Blue		Devaloka Day
					Bhadrapada-Puratasi		

4		Thursday, September 22, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 11 Sutra 158 Subhakra 5124	
Kataka Rasi: 25.08	Tithi 27 – 28	Gulika	8:56AM – 10:27AM	Ashlesha* Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	
	545965473	Yama	5:54AM – 7:25AM	Siddha Until 11:21PM	Muruqa: White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 11
Creative Work Siddha Yoga		Rahu	1:30PM – 3:01PM	Gara Until 3:27AM Fri	Nataraja: Clear		2nd Phase
Until 3:20PM				Dvadashi* Until 2:46PM	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi		
					<i>Pradosha Vrata (Fasting)</i>		

5		Friday, September 23, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 159 Subhakra 5124	
Simha Rasi: 7.27	Tithi 28 – 29	Gulika	7:25AM – 8:56AM	Magha* Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	
	555965473	Yama	3:00PM – 4:31PM	Sadhya Until 11:09PM	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 22 - 12
Routine Work Marana Yoga		Rahu	10:27AM – 11:58AM	Visti Until 4:26AM Sat	Nataraja: Clear		2nd Phase
Until 5:18PM				Trayodashi* Until 3:59PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi		

6		Saturday, September 24, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD Sun 13 Sutra 160 Subhakra 5124	
Simha Rasi: 19.59	Tithi 29 – 30	Gulika	5:55AM – 7:26AM	Purvaphalguni Until 6:36PM	Ganesha: Green	<i>Sunrise:</i> 5:55AM	
	556965473	Yama	1:28PM – 2:59PM	Subha Until 10:34PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 13
Creative Work Siddha Yoga		Rahu	8:57AM – 10:27AM	Catuspada Until 4:53AM Sun	Nataraja: Clear		2nd Phase
Until 6:36PM				Chaturdashi* Until 4:42PM	Moon – Red		Bhuloka Day
Then Routine Work - Marana Yoga					Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

●		Sunday, September 25, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD Sun 14 Sutra 161 Subhakra 5124	
Retreat Star		Gulika	2:58PM – 4:28PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
Kanya Rasi: 2.45	Tithi 30 – 1	Yama	11:57AM – 1:28PM	Sukla Until 9:33PM	Muruqa: White	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 22 - 14
	556165473	Rahu	4:28PM – 5:59PM	Kintughna Until 4:50AM Mon	Nataraja: Clear		Amavasya
Creative Work Amrita Yoga				Amavasya* Until 4:54PM	Moon – Red		Bhuloka Day
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

Monday, September 26, 2022		Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Lanham, MD Sun 15 Sutra 162 Subhakra 5124	
Kanya Rasi: 15.46	Tithi 1 – 2	Gulika	1:27PM – 2:57PM	Hasta Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	
Family Home Evening	566165473	Yama	10:27AM – 11:57AM	Brahma Until 8:11PM	Muruqa: White	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 22 - 15
Creative Work Siddha Yoga		Rahu	7:27AM – 8:57AM	Balava Until 4:21AM Tue	Nataraja: Clear		Prathama
Until 7:45PM				Prathama* Until 4:38PM	Moon – Green		Bhuloka Day
Then Routine Work - Prabalarishta Yoga		Navaratri Begins			Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Tuesday, September 27, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Lanham, MD
 Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 163
 Kanya Rasi: 29 Tithi 2 – 3 Gulika 11:57AM – 1:26PM Chitra Until 7:41PM Ganesha: Blue Sunrise: 5:58AM Subhakrit 5124
 Yama 8:57AM – 10:27AM Indra Until 6:31PM Muruga: White Sunset: 5:56PM Moon 9 - Phase 23 - 16
 666165473 Rahu 2:56PM – 4:26PM Taitila Until 3:29AM Wed Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Dvitiya Until 3:57PM Ashvina+Puratasi Bhuloka Day
 Devaloka Time: 6:PM to 9:PM

2 Wednesday, September 28, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Lanham, MD
 Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 164
 Tula Rasi: 12.28 Tithi 3 – 4 Gulika 10:27AM – 11:56AM Svati Until 7:09PM Ganesha: Blue Sunrise: 5:59AM Subhakrit 5124
 Yama 7:28AM – 8:58AM Vaidhriti* Until 4:32PM Muruga: White Sunset: 5:54PM Moon 9 - Phase 23 - 17
 666165473 Rahu 11:56AM – 1:26PM Vanija Until 2:17AM Thu Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Tritiya Until 2:54PM Ashvina+Puratasi Bhuloka Day
 Devaloka Time: 6:PM to 9:PM

3 Thursday, September 29, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Lanham, MD
 Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 165
 Tula Rasi: 26.05 Tithi 4 – 5 Gulika 8:58AM – 10:27AM Vishakha Until 6:37PM Ganesha: Blue Sunrise: 6:00AM Subhakrit 5124
 Yama 6:00AM – 7:29AM Vishkambha* Until 2:19PM Muruga: White Sunset: 5:52PM Moon 9 - Phase 23 - 18
 676165473 Rahu 1:25PM – 2:54PM Bava Until 12:49AM Fri Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Chaturthi* Until 1:34PM Ashvina+Puratasi Bhuloka Day
 Devaloka Time: 6:PM to 9:PM

4 Friday, September 30, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Lanham, MD
 Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 166
 Vrischika Rasi: 9.53 Tithi 5 – 6 Gulika 7:29AM – 8:58AM Anuradha Until 5:41PM Ganesha: Blue Sunrise: 6:01AM Subhakrit 5124
 Yama 2:53PM – 4:22PM Priti Until 11:56AM Muruga: White Sunset: 5:51PM Moon 9 - Phase 23 - 19
 676165473 Rahu 10:27AM – 11:56AM Kaulava Until 11:07PM Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Panchami Until 11:58AM Ashvina+Puratasi Bhuloka Day
 Until 5:41PM Then Routine Work - Marana Yoga Devaloka Time: 6:PM to 9:PM

5 Saturday, October 1, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Lanham, MD
 Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 167
 Vrischika Rasi: 23.49 Tithi 6 – 7 Gulika 6:02AM – 7:30AM Jyeshtha* Until 4:26PM Ganesha: Blue Sunrise: 6:02AM Subhakrit 5124
 Yama 1:24PM – 2:52PM Ayushman Until 9:21AM Muruga: White Sunset: 5:49PM Moon 9 - Phase 23 - 20
 676165473 Rahu 8:59AM – 10:27AM Gara Until 9:13PM Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Shashthi* Until 10:10AM Ashvina+Puratasi Bhuloka Day
 Devaloka Time: 6:PM to 9:PM

Retreat Star Sunday, October 2, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Lanham, MD
 Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 168
 Dhanus Rasi: 7.52 Tithi 7 – 8 Gulika 2:51PM – 4:20PM Mula* Until 3:17PM Ganesha: Blue Sunrise: 6:03AM Subhakrit 5124
 Yama 11:55AM – 1:23PM Saubhagya Until 6:38AM Muruga: Green Sunset: 5:48PM Moon 9 - Phase 23 - 21
 687166473 Rahu 4:20PM – 5:48PM Visti Until 7:10PM Nataraja: Clear Ashtami
 Creative Work Amrita Yoga Durga Ashtami Saptami Until 8:12AM Ashvina+Puratasi Sivaloka Day
 Until 3:17PM Then Creative Work - Siddha Yoga

Retreat Star Monday, October 3, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Lanham, MD
 Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau Sun 22 Sutra 169
 Dhanus Rasi: 22 Tithi 8 – 9 Gulika 1:23PM – 2:50PM Purvashadha* Until 1:52PM Ganesha: Blue Sunrise: 6:03AM Subhakrit 5124
 Yama 10:27AM – 11:55AM Athiganda* Until 12:51AM Tue Muruga: Green Sunset: 5:46PM Moon 9 - Phase 23 - 22
 687166473 Rahu 7:31AM – 8:59AM Kaulava Until 3:50AM Tue Nataraja: Clear Navami
 Family Home Evening Routine Work Marana Yoga Ashtami* Until 6:05AM Ashvina+Puratasi Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Lanham, MD Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	Gulika	11:55AM – 1:22PM	Uttarashadha Until 12:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:04AM		
		Yama	8:59AM – 10:27AM	Sukarna Until 9:50PM	Muruqa: Green	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 24 - 23	
		687166473 Rahu	2:50PM – 4:17PM	Taitila Until 2:43PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 1:32AM Wed	Moon – Light Blue		Sivaloka Day	
Until 12:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				Lanham, MD Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	Gulika	10:27AM – 11:54AM	Shravana Until 10:46AM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM		
		Yama	7:33AM – 9:00AM	Dhriti Until 6:50PM	Muruqa: Green	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24 - 24	
		697166473 Rahu	11:54AM – 1:21PM	Vanija Until 12:24PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 11:14PM	Moon – Purple		Devaloka Day	
Until 10:46AM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Lanham, MD Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	Gulika	9:00AM – 10:27AM	Dhanishtha Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM		
		Yama	6:06AM – 7:33AM	Shula* Until 3:51PM	Muruqa: Green	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24 - 25	
		697166473 Rahu	1:21PM – 2:48PM	Bava Until 10:07AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 9:00PM	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lanham, MD Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	Gulika	7:34AM – 9:00AM	Shatabhishak Until 7:41AM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM		
		Yama	2:47PM – 4:13PM	Ganda* Until 1:01PM	Muruqa: Green	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24 - 26	
		697166473 Rahu	10:27AM – 11:54AM	Kaulava Until 7:58AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 6:58PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam			Ashvina+Puratasi			
								<i>Pradosha Vrata</i>

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau				Lanham, MD Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	Gulika	6:08AM – 7:34AM	Purvaproshtapada* Until 6:39AM	Ganesha: White	<i>Sunrise:</i> 6:08AM		
		Yama	1:20PM – 2:46PM	Vridhni Until 10:25AM	Muruqa: Green	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24 - 27	
		618166474 Rahu	9:01AM – 10:27AM	Gara Until 6:04AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Chaturdashni* Until 5:13PM	Moon – Clear		Bhuloka Day	
Until 6:39AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

○		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lanham, MD Sun 28 Sutra 175 Subhakrit 5124
Meena Rasi: 16.45	Tithi 15 – 16	Gulika	2:45PM – 4:11PM	Revati Until 5:21AM Mon	Ganesha: White	<i>Sunrise:</i> 6:09AM		
		Yama	11:53AM – 1:19PM	Dhruva Until 8:05AM	Muruqa: Green	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - Purnima	
		618166474 Rahu	4:11PM – 5:37PM	Balava Until 3:28AM Mon	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 3:54PM	Moon – Clear		Bhuloka Day	
Until 5:21AM Mon					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

○		Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Lanham, MD Sun 29 Sutra 176 Subhakrit 5124
Mesha Rasi: 0.16	Tithi 16 – 17	Gulika	1:18PM – 2:44PM	Ashvini Until 5:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM		
		Yama	10:27AM – 11:53AM	Vyaghata* Until 6:10AM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24 - Prathama	
		628176474 Rahu	7:36AM – 9:01AM	Taitila Until 2:59AM Tue	Nataraja: Purple			
Family Home Evening	Siddha Yoga			Prathama* Until 3:07PM	Moon – White		Bhuloka Day	
Creative Work					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD
Sun 1 Sutra 177
Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 11:53AM - 1:18PM
Yama 9:02AM - 10:27AM
Rahu 2:43PM - 4:09PM

Bharani Until 6:38AM Wed
Vajra* Until 3:47AM Wed
Vanija Until 3:10AM Wed
Dvitiya Until 2:58PM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 5:34PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 1
1st Phase

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD
Sun 2 Sutra 178
Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:27AM - 11:52AM
Yama 7:37AM - 9:02AM
Rahu 11:52AM - 1:17PM

Bharani Until 6:38AM
Siddhi Until 3:23AM Thu
Bava Until 4:02AM Thu
Tritiya Until 3:30PM

Ganesha: Yellow *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 5:33PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 2
1st Phase

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD
Sun 3 Sutra 179
Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 9:03AM - 10:27AM
Yama 6:13AM - 7:38AM
Rahu 1:17PM - 2:42PM

Krittika Until 8:01AM
Vyatipata* Until 3:28AM Fri
Kaulava Until 5:32AM Fri
Chaturthi* Until 4:41PM

Ganesha: Yellow *Sunrise:* 6:13AM
Muruqa: White *Sunset:* 5:31PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 3
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Lanham, MD
Sun 4 Sutra 180
Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

Gulika 7:38AM - 9:03AM
Yama 2:41PM - 4:05PM
Rahu 10:27AM - 11:52AM

Rohini Until 10:19AM
Variyan Until 3:56AM Sat
Taitila Until 6:27PM
Panchami Until 6:27PM

Ganesha: Blue *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 4
1st Phase

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Lanham, MD
Sun 5 Sutra 181
Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

Gulika 6:15AM - 7:39AM
Yama 1:16PM - 2:40PM
Rahu 9:03AM - 10:27AM

Mrigashira Until 12:55PM
Parigha* Until 4:40AM Sun
Gara Until 7:32AM
Shashthi* Until 8:39PM

Ganesha: Red *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 5
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Lanham, MD
Sun 6 Sutra 182
Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

Gulika 2:39PM - 4:03PM
Yama 11:51AM - 1:15PM
Rahu 4:03PM - 5:27PM

Ardra Until 3:37PM
Shiva Until 5:32AM Mon
Visti* Until 9:52AM
Saptami Until 11:04PM

Ganesha: Red *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 5:27PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 6
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD
Sun 7 Sutra 183
Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 1:15PM - 2:38PM
Yama 10:28AM - 11:51AM
Rahu 7:40AM - 9:04AM

Punarvasu Until 6:42PM
Siddha Until 6:20AM Tue
Balava Until 12:18PM
Ashtami* Until 1:29AM Tue

Ganesha: Green *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 5:25PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 7
Ashtami

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Devaloka Day
Ashvina-Aipasi

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD
Sun 8 Sutra 184
Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 11:51AM - 1:14PM
Yama 9:04AM - 10:28AM
Rahu 2:37PM - 4:01PM

Pushya Until 9:29PM
Siddha Until 6:20AM
Taitila Until 2:39PM
Navami* Until 3:42AM Wed

Ganesha: Green *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 5:24PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day
Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Lanham, MD Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	Gulika Yama	10:28AM – 11:51AM 7:42AM – 9:05AM	Ashlesha* Until 11:47PM Sadhya Until 6:58AM Vanija Until 4:42PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 6:19AM Sunset: 5:23PM Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649176474	Rahu 11:51AM – 1:14PM	Dashami Until 5:32AM Thu	Ashvina•Aipasi	Devaloka Day

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Lanham, MD Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	Gulika Yama	9:05AM – 10:28AM 6:20AM – 7:43AM	Magha* Until 1:55AM Fri Subha Until 7:19AM Bava Until 6:17PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:20AM Sunset: 5:21PM Moon 10 - Phase 26 - 10 2nd Phase
	Creative Work	Amrita Yoga	659276474	Rahu 1:13PM – 2:36PM	Ekadashi* Until 6:51AM Fri	Ashvina•Aipasi	Bhuloka Day
	Until 1:55AM Fri Then Creative Work - Siddha Yoga						

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lanham, MD Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	Gulika Yama	7:43AM – 9:06AM 2:35PM – 3:58PM	Purvaphalguni Until 3:18AM Sat Sukla Until 7:13AM Kaulava Until 7:18PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:21AM Sunset: 5:20PM Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474	Rahu 10:28AM – 11:50AM	Ekadashi* Until 6:51AM	Ashvina•Aipasi	Bhuloka Day
	Until 3:18AM Sat Then Routine Work - Marana Yoga						

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Lanham, MD Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	Gulika Yama	6:22AM – 7:44AM 1:12PM – 2:34PM	Uttaraphalguni Until 3:55AM Sun Brahma Until 6:39AM Gara Until 7:40PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:22AM Sunset: 5:19PM Moon 10 - Phase 26 - 12 2nd Phase
	Routine Work	Marana Yoga	651276474	Rahu 9:06AM – 10:28AM	Dvadashi* Until 7:33AM	Ashvina•Aipasi	Bhuloka Day
	Until 3:55AM Sun Then Creative Work - Amrita Yoga <i>Pradosha Vrata (Fasting)</i>						

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lanham, MD Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	Gulika Yama	2:34PM – 3:56PM 11:50AM – 1:12PM	Hasta Until 4:13AM Mon Vaidhriti* Until 4:02AM Mon Visti Until 7:23PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:23AM Sunset: 5:17PM Moon 10 - Phase 26 - 13 2nd Phase
	Creative Work	Amrita Yoga	661276474	Rahu 3:56PM – 5:17PM	Trayodashi* Until 7:35AM	Ashvina•Aipasi	Bhuloka Day
	Until 4:13AM Mon Then Routine Work - Prabalarishta Yoga Deepavali Hindu Solidarity Day						

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lanham, MD Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika Yama	1:12PM – 2:33PM 10:29AM – 11:50AM	Chitra Until 3:47AM Tue Vishkambha* Until 2:01AM Tue Catuspada Until 6:30PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:24AM Sunset: 5:16PM Moon 10 - Phase 26 - 14 Amavasya
	Kanya Rasi: 24.19	Tithi 29 – 30	661276474	Rahu 7:46AM – 9:07AM	Chaturdashi* Until 7:00AM	Ashvina•Aipasi	Bhuloka Day
	Family Home Evening Routine Work - Prabalarishta Yoga Until 3:47AM Tue Then Creative Work - Siddha Yoga Subramuniyaswami Mahasamadhi						

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Lanham, MD Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika Yama	11:50AM – 1:11PM 9:07AM – 10:29AM	Svati Until 2:45AM Wed Priti Until 11:37PM Kintughna Until 5:06PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:25AM Sunset: 5:15PM Moon 10 - Phase 26 - 15 Prathama
	Tula Rasi: 7.55	Tithi 1	661276474	Rahu 2:32PM – 3:54PM	Prathama* Until 4:13AM Wed	Kartika•Aipasi	Bhuloka Day
	Creative Work - Siddha Yoga Skanda Shasthi Begins						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lanham, MD Sun 16
	Tula Rasi: 21.48	Tithi 2	Gulika 10:29AM – 11:50AM	Vishakha Until 1:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Subhakarit 5124
			Yama 7:47AM – 9:08AM	Ayushman Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:50AM – 1:11PM	Balava Until 3:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:13AM Thu	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Lanham, MD Sun 17
	Vrischika Rasi: 5.54	Tithi 3	Gulika 9:08AM – 10:29AM	Anuradha Until 12:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Subhakarit 5124
			Yama 6:27AM – 7:48AM	Saubhagya Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 1:10PM – 2:31PM	Taitila Until 1:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:00AM Fri	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

3	Friday, October 28, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Lanham, MD Sun 18
	Vrischika Rasi: 20.09	Tithi 4	Gulika 7:49AM – 9:09AM	Jyeshtha* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Subhakarit 5124
			Yama 2:30PM – 3:51PM	Sobhana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:29AM – 11:50AM	Vanija Until 10:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:38PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

4	Saturday, October 29, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD Sun 19
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:29AM – 7:49AM	Mula* Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Subhakarit 5124
			Yama 1:10PM – 2:30PM	Athiganda* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 9:09AM – 10:29AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:14PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

5	Sunday, October 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhrili Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Lanham, MD Sun 20
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 2:29PM – 3:49PM	Purvashadha* Until 7:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Subhakarit 5124
			Yama 11:49AM – 1:09PM	Sukarma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 3:49PM – 5:09PM	Kaulava Until 6:03AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:52PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Monday, October 31, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lanham, MD Sun 21
	Retreat Star		Gulika 1:09PM – 2:28PM	Uttarashadha Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Subhakarit 5124
	Makara Rasi: 3.04	Tithi 7 – 8	Yama 10:30AM – 11:49AM	Shula* Until 2:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27 - 21
	Family Home Evening		681276574 Rahu 7:51AM – 9:10AM	Visti Until 1:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 2:38PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Tuesday, November 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lanham, MD Sun 22
	Retreat Star		Gulika 11:49AM – 1:09PM	Shravana Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Subhakarit 5124
	Makara Rasi: 17.14	Tithi 8 – 9	Yama 9:11AM – 10:30AM	Ganda* Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 2:28PM – 3:47PM	Balava Until 11:37PM	Nataraja: Clear		Navami
			Ashtami* Until 12:33PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD Sun 23 Sutra 199 Subhakrit 5124
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:30AM – 11:49AM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:34AM	
			Yama 7:53AM – 9:11AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:49AM – 1:08PM	Taitila Until 9:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga		Navami* Until 10:41AM		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 3:14PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 9:12AM – 10:31AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:35AM	
			Yama 6:35AM – 7:53AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 1:08PM – 2:27PM	Vanija Until 8:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Dashami Until 9:03AM		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Lanham, MD Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 7:54AM – 9:13AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	
			Yama 2:26PM – 3:45PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:31AM – 11:49AM	Bava Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Ekadashi Until 7:42AM		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lanham, MD Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 6:37AM – 7:55AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	
			Yama 1:08PM – 2:26PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 9:13AM – 10:31AM	Kaulava Until 6:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Dvadashi Until 6:40AM		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 1:28PM				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata</i>					

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Lanham, MD Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 2:25PM – 3:43PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	
			Yama 11:49AM – 1:07PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 3:43PM – 5:01PM	Vanija Until 5:47AM Mon	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga		Trayodashi Until 6:01AM		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 1:25PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

O	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Lanham, MD Sun 28 Sutra 204 Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Gulika 1:07PM – 2:25PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	
	Family Home Evening		Yama 10:32AM – 11:50AM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28 - Purnima
		722276574	Rahu 7:57AM – 9:14AM	Vistil Until 5:52PM	Nataraja: Clear		
Creative Work Siddha Yoga		Purnima* Until 6:02AM Tue		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

O	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lanham, MD Sun 29 Sutra 205 Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Gulika 11:50AM – 1:07PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	
			Yama 9:15AM – 10:32AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 2:24PM – 3:42PM	Balava Until 6:23PM	Nataraja: Clear		
Creative Work Siddha Yoga		Purnima* Until 6:02AM		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vairiyam/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lanham, MD

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.27 Tithi 16 - 17

722276574

Gulika 10:33AM - 11:50AM
Yama 7:58AM - 9:15AM
Rahu 11:50AM - 1:07PM

Krittika Until 4:29PM

Variyan Until 10:46AM

Taitila Until 7:25PM

Prathama* Until 6:49AM

Ganesha: Blue

Muruqa: Clear

Nataraja: Clear

Moon - White

Kartika-Aipasi

Sunrise: 6:41AM

Sunset: 4:58PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 11 - Phase 29 - 1st Phase

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 16.52 Tithi 17 - 18

732276574

Gulika 9:16AM - 10:33AM
Yama 6:42AM - 7:59AM
Rahu 1:07PM - 2:24PM

Rohini Until 6:39PM

Parigha* Until 10:42AM

Vanija Until 8:56PM

Dvitiya Until 8:06AM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Sunrise: 6:42AM

Sunset: 4:57PM

Devaloka Day

Moon 11 - Phase 29 - 1st Phase

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Lanham, MD

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.04 Tithi 18 - 19

732276574

Gulika 8:00AM - 9:17AM
Yama 2:23PM - 3:40PM
Rahu 10:33AM - 11:50AM

Mrigashira Until 9:05PM

Shiva Until 11:00AM

Bava Until 10:55PM

Tritiya Until 9:51AM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Sunrise: 6:43AM

Sunset: 4:56PM

Devaloka Day

Moon 11 - Phase 29 - 2nd Phase

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.07 Tithi 19 - 20

732276574

Gulika 6:44AM - 8:01AM
Yama 1:06PM - 2:23PM
Rahu 9:17AM - 10:34AM

Ardra Until 11:39PM

Siddha Until 11:34AM

Kaulava Until 1:12AM Sun

Chaturthi* Until 12:00PM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Sunrise: 6:44AM

Sunset: 4:56PM

Devaloka Day

Moon 11 - Phase 29 - 3rd Phase

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.03 Tithi 20 - 21

742276574

Gulika 2:22PM - 3:39PM
Yama 11:50AM - 1:06PM
Rahu 3:39PM - 4:55PM

Punarvasu Until 2:45AM Mon

Sadhya Until 12:19PM

Gara Until 3:41AM Mon

Panchami Until 2:24PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Sunrise: 6:46AM

Sunset: 4:55PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 11 - Phase 29 - 4th Phase

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lanham, MD

Sun 5 Sutra 211

Subhakrit 5124

Kataka Rasi: 4.56 Tithi 21 - 22

742376574

Gulika 1:06PM - 2:22PM
Yama 10:34AM - 11:50AM
Rahu 8:03AM - 9:18AM

Pushya Until 5:40AM Tue

Subha Until 1:11PM

Visti Until 6:09AM Tue

Shashthi* Until 4:54PM

Ganesha: White

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Sunrise: 6:47AM

Sunset: 4:54PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 11 - Phase 29 - 5th Phase

Creative Work Siddha Yoga

6

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Lanham, MD

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 16.49 Tithi 22

743376574

Gulika 11:50AM - 1:06PM
Yama 9:19AM - 10:35AM
Rahu 2:22PM - 3:37PM

Ashlesha* Until 8:15AM Wed

Sukla Until 1:57PM

Visti Until 6:09AM

Saptami Until 7:18PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Sunrise: 6:48AM

Sunset: 4:53PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 11 - Phase 29 - 6th Phase

Creative Work Siddha Yoga

7

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 28.47 Tithi 23

743376574

Gulika 10:35AM - 11:51AM
Yama 8:04AM - 9:20AM
Rahu 11:51AM - 1:06PM

Ashlesha* Until 8:15AM

Brahma Until 2:33PM

Balava Until 8:26AM

Ashtami* Until 9:24PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sunrise: 6:49AM

Sunset: 4:52PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 11 - Phase 29 - 7th Phase

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 10.53 Tithi 24

753376575

Gulika 9:20AM - 10:36AM
Yama 6:50AM - 8:05AM
Rahu 1:06PM - 2:21PM

Magha* Until 10:47AM

Indra Until 2:49PM

Taitila Until 10:19AM

Navami* Until 11:01PM

Ganesha: Orange

Muruqa: Clear

Nataraja: Purple

Moon - Red

Kartika-Kartikai

Sunrise: 6:50AM

Sunset: 4:52PM

Sivaloka Day

Moon 11 - Phase 29 - 8th Phase

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Lanham, MD
Simha Rasi: 23.13	Tithi 25	753376575	Gulika 8:06AM – 9:21AM Yama 2:21PM – 3:36PM Rahu 10:36AM – 11:51AM	Purvaphalguni Until 12:35PM Vaidhriti* Until 2:37PM Vanija Until 11:37AM Dashami Until 12:00AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 6:51AM Sunset: 4:51PM	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase	Sivaloka Day
Creative Work Siddha Yoga								

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Lanham, MD
Kanya Rasi: 5.51	Tithi 26	753376575	Gulika 6:52AM – 8:07AM Yama 1:06PM – 2:21PM Rahu 9:22AM – 10:36AM	Uttaraphalguni Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM Ekadashi* Until 12:13AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 6:52AM Sunset: 4:50PM	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase	Sivaloka Day
Routine Work Marana Yoga								

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Lanham, MD
Kanya Rasi: 18.5	Tithi 27	763376575	Gulika 2:21PM – 3:35PM Yama 11:52AM – 1:06PM Rahu 3:35PM – 4:50PM	Hasta Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM Dvadashti* Until 11:40PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:53AM Sunset: 4:50PM	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 2:07PM Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Lanham, MD
Tula Rasi: 2.14	Tithi 28	763376575	Gulika 1:06PM – 2:20PM Yama 10:37AM – 11:52AM Rahu 8:09AM – 9:23AM	Chitra Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM Trayodashi* Until 10:22PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:54AM Sunset: 4:49PM	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase	Devaloka Day
Family Home Evening Routine Work Prabalarishta Yoga Until 1:45PM Then Creative Work - Amrita Yoga								

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lanham, MD
Tula Rasi: 16.03	Tithi 29	763376575	Gulika 11:52AM – 1:06PM Yama 9:24AM – 10:38AM Rahu 2:20PM – 3:35PM	Svati Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM Chaturdashi* Until 8:26PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:55AM Sunset: 4:49PM	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 12:34PM Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Lanham, MD		
Retreat Star		Vrischika Rasi: 0.15	Tithi 30 – 1	773376575	Gulika 10:38AM – 11:52AM Yama 8:10AM – 9:24AM Rahu 11:52AM – 1:06PM	Vishakha Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM Amavasya* Until 5:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 6:56AM Sunset: 4:48PM	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya	Devaloka Day
Creative Work Siddha Yoga										

Thursdays		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lanham, MD		
Retreat Star		Vrischika Rasi: 14.46	Tithi 1 – 2	773376575	Gulika 9:25AM – 10:39AM Yama 6:57AM – 8:11AM Rahu 1:06PM – 2:20PM	Anuradha Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri Prathama* Until 3:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 6:57AM Sunset: 4:48PM	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama	Devaloka Day
Creative Work Siddha Yoga Until 9:06AM Then Routine Work - Prabalarishta Yoga										

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 16 Sutra 222 Subhakrit 5124		
Vrischika Rasi: 29.29	Tithi 2 – 3	Gulika 8:12AM – 9:26AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 6:59AM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:20PM – 3:34PM	Dhriti Until 6:27PM	Nataraja: Purple		Moon – Orange		Devaloka Day
Until 6:41AM		773376575 Rahu 10:39AM – 11:53AM	Taitila Until 10:32PM	Moon – Orange		Margasira*Karttikai		
Then Creative Work - Amrita Yoga			Dvitiya Until 12:05PM					
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lanham, MD Sun 17 Sutra 223 Subhakrit 5124		
Dhanus Rasi: 14.17	Tithi 3 – 4	Gulika 7:00AM – 8:13AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:00AM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 1:07PM – 2:20PM	Shula* Until 2:41PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 2:06AM Sun		783376575 Rahu 9:26AM – 10:40AM	Vanija Until 7:26PM	Moon – Light Blue		Margasira*Karttikai		
Then Creative Work - Amrita Yoga			Tritiya Until 8:57AM					
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 18 Sutra 224 Subhakrit 5124		
Dhanus Rasi: 29.02	Tithi 5	Gulika 2:20PM – 3:33PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:01AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 11:54AM – 1:07PM	Ganda* Until 11:00AM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 10:06PM		783376575 Rahu 3:33PM – 4:46PM	Bava Until 4:29PM	Moon – Light Blue		Margasira*Karttikai		
Then Creative Work - Amrita Yoga			Panchami Until 3:04AM Mon					
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 19 Sutra 225 Subhakrit 5124		
Makara Rasi: 13.39	Tithi 6	Gulika 1:07PM – 2:20PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 7:02AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 - 19 3rd Phase
Family Home Evening		Yama 10:41AM – 11:54AM	Vridhi Until 7:32AM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Creative Work	Amrita Yoga	793376575 Rahu 8:15AM – 9:28AM	Kaulava Until 1:47PM	Moon – Purple		Margasira*Karttikai		
Until 10:06PM			Shashthi* Until 12:34AM Tue					
Then Creative Work - Siddha Yoga								
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Lanham, MD Sun 20 Sutra 226 Subhakrit 5124		
Makara Rasi: 28.01	Tithi 7	Gulika 11:54AM – 1:07PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 7:03AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:28AM – 10:41AM	Vyaghata* Until 1:29AM Wed	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 8:39PM		794376575 Rahu 2:20PM – 3:33PM	Gara Until 11:28AM	Moon – Purple		Margasira*Karttikai		
Then Routine Work - Marana Yoga			Saptami Until 10:28PM					
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Lanham, MD Sun 21 Sutra 227 Subhakrit 5124		
Kumbha Rasi: 12.06	Tithi 8	Gulika 10:42AM – 11:55AM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 8:16AM – 9:29AM	Harshana Until 11:02PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 7:32PM		794376575 Rahu 11:55AM – 1:07PM	Visti Until 9:37AM	Moon – Purple		Margasira*Karttikai		
Then Creative Work - Amrita Yoga			Ashtami* Until 8:51PM					
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Lanham, MD Sun 22 Sutra 228 Subhakrit 5124		
Kumbha Rasi: 25.52	Tithi 9	Gulika 9:30AM – 10:42AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 7:05AM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 7:05AM – 8:17AM	Vajra* Until 8:57PM	Nataraja: Purple		Moon – Clear		Sivaloka Day
Until 7:32PM		714376575 Rahu 1:08PM – 2:20PM	Balava Until 8:15AM	Moon – Clear		Margasira*Karttikai		
Then Creative Work - Amrita Yoga			Navami* Until 7:45PM					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Lanham, MD
Meena Rasi: 9.2		Tithi 10		Uttaraproshtpada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 229
Creative Work		Siddha Yoga		Gulika 8:18AM – 9:30AM	Uttaraproshtpada Until 7:14PM	Ganesha: Red <i>Sunrise:</i> 7:06AM	Subhakrit 5124	
		714376575		Yama 2:20PM – 3:33PM	Siddhi Until 7:18PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - 23	
				Rahu 10:43AM – 11:55AM	Taitila Until 7:25AM	Nataraja: Purple	4th Phase	
					Dashami Until 7:10PM	Moon – Clear	Sivaloka Day	
						Margasira-Karttikai		

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Lanham, MD
Meena Rasi: 22.32		Tithi 11		Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 230
Routine Work		Prabalarishta Yoga		Gulika 7:07AM – 8:19AM	Revati Until 7:37PM	Ganesha: Red <i>Sunrise:</i> 7:07AM	Subhakrit 5124	
Until 7:37PM		714376575		Yama 1:08PM – 2:20PM	Vyatipata* Until 6:04PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - 24	
Then Creative Work - Siddha Yoga				Rahu 9:31AM – 10:43AM	Vanija Until 7:05AM	Nataraja: Purple	4th Phase	
				Gita Jayanthi	Ekadashi Until 7:06PM	Moon – Clear	Sivaloka Day	
						Margasira-Karttikai		

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lanham, MD
Mesha Rasi: 5.29		Tithi 12		Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25 Sutra 231
Creative Work		Siddha Yoga		Gulika 2:21PM – 3:33PM	Ashvini Until 8:45PM	Ganesha: Blue <i>Sunrise:</i> 7:07AM	Subhakrit 5124	
Until 8:45PM		724376575		Yama 11:56AM – 1:08PM	Varyan Until 5:10PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - 25	
Then Routine Work - Prabalarishta Yoga				Rahu 3:33PM – 4:45PM	Bava Until 7:15AM	Nataraja: Purple	4th Phase	
					Dvodashi Until 7:30PM	Moon – White	Devaloka Day	
						Margasira-Karttikai		

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Lanham, MD
Mesha Rasi: 18.12		Tithi 13		Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 232
Family Home Evening		724376575		Gulika 1:09PM – 2:21PM	Bharani Until 10:09PM	Ganesha: Blue <i>Sunrise:</i> 7:08AM	Subhakrit 5124	
Creative Work		Siddha Yoga		Yama 10:45AM – 11:57AM	Parigha* Until 4:37PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - 26	
Until 10:09PM				Rahu 8:20AM – 9:32AM	Kaulava Until 7:53AM	Nataraja: Purple	4th Phase	
Then Routine Work - Marana Yoga					Trayodashi Until 8:20PM	Moon – White	Devaloka Day	
						Margasira-Karttikai		
							<i>Pradosha Vrata</i>	

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Lanham, MD
Vrishabha Rasi: 0.44		Tithi 14		Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 233
Creative Work		Siddha Yoga		Gulika 11:57AM – 1:09PM	Krittika Until 11:47PM	Ganesha: Blue <i>Sunrise:</i> 7:09AM	Subhakrit 5124	
Until 11:47PM		724376575		Yama 9:33AM – 10:45AM	Shiva Until 4:23PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - 27	
Then Creative Work - Amrita Yoga				Rahu 2:21PM – 3:33PM	Gara Until 8:56AM	Nataraja: Purple	4th Phase	
				Krittika Deepam	Chaturdashi* Until 9:35PM	Moon – White	Devaloka Day	
						Margasira-Karttikai		

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Lanham, MD
Vrishabha Rasi: 13.05		Tithi 15		Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 234
Copper Retreat Star		734376575		Gulika 10:46AM – 11:57AM	Rohini Until 2:05AM Thu	Ganesha: Yellow <i>Sunrise:</i> 7:10AM	Subhakrit 5124	
Creative Work		Siddha Yoga		Yama 8:22AM – 9:34AM	Siddha Until 4:25PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - Purnima	
Until 2:05AM Thu				Rahu 11:57AM – 1:09PM	Visti Until 10:22AM	Nataraja: Purple		
Then Routine Work - Marana Yoga					Purnima* Until 11:12PM	Moon – Yellow	Sivaloka Day	
						Margasira-Karttikai		

Thursday, December 8, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Lanham, MD
Vrishabha Rasi: 25.18		Tithi 16		Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 235
Routine Work		Marana Yoga		Gulika 9:34AM – 10:46AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow <i>Sunrise:</i> 7:11AM	Subhakrit 5124	
Until 4:32AM Fri		734376575		Yama 7:11AM – 8:23AM	Sadhya Until 4:43PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - Prathama	
Then Creative Work - Siddha Yoga				Rahu 1:10PM – 2:21PM	Balava Until 12:10PM	Nataraja: Purple		
				Vinayaga Viratam Begins	Prathama* Until 1:09AM Fri	Moon – Yellow	Sivaloka Day	
						Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taaila/Gara Karana Dvitiyayam Titau

Lanham, MD
Sutra 236

Mithuna Rasi: 7.23 Tithi 17
734476575
Creative Work Siddha Yoga

Gulika 8:23AM – 9:35AM
Yama 2:22PM – 3:33PM
Rahu 10:47AM – 11:58AM

Ardra Until 7:03AM Sat
Subha Until 5:14PM
Taaila Until 2:15PM
Dvitiya Until 3:22AM Sat

Ganesha: Red *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Lanham, MD
Sun 1 Sutra 237

Mithuna Rasi: 19.23 Tithi 18
734476575
Creative Work Siddha Yoga

Gulika 7:13AM – 8:24AM
Yama 1:10PM – 2:22PM
Rahu 9:36AM – 10:47AM

Ardra Until 7:03AM
Sukla Until 5:54PM
Vanija Until 4:35PM
Tritiya Until 5:47AM Sun

Ganesha: Red *Sunrise:* 7:13AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Sivaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthyam Titau

Lanham, MD
Sun 2 Sutra 238

Kataka Rasi: 1.17 Tithi 19
744476575
Creative Work Siddha Yoga

Gulika 2:22PM – 3:34PM
Yama 11:59AM – 1:11PM
Rahu 3:34PM – 4:45PM

Punarvasu Until 10:06AM
Brahma Until 6:42PM
Bava Until 7:04PM
Chaturthi* Until 8:19AM Mon

Ganesha: Green *Sunrise:* 7:13AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Sivaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD
Sun 3 Sutra 239

Kataka Rasi: 13.1 Tithi 19 – 20
745476575
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:11PM – 2:22PM
Yama 10:48AM – 12:00PM
Rahu 8:26AM – 9:37AM

Pushya Until 1:03PM
Indra Until 7:33PM
Kaulava Until 9:36PM
Chaturthi* Until 8:19AM

Ganesha: White *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD
Sun 4 Sutra 240

Kataka Rasi: 25.02 Tithi 20 – 21
745476575
Creative Work Siddha Yoga

Gulika 12:00PM – 1:12PM
Yama 9:38AM – 10:49AM
Rahu 2:23PM – 3:34PM

Ashlesha* Until 3:48PM
Vaidhriti* Until 8:19PM
Gara Until 12:03AM Wed
Panchami Until 10:49AM

Ganesha: White *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Lanham, MD
Sun 5 Sutra 241

Simha Rasi: 6.58 Tithi 21 – 22
755476575
Creative Work Siddha Yoga
Until 6:42PM
Then Creative Work - Amrita Yoga

Gulika 10:49AM – 12:01PM
Yama 8:27AM – 9:38AM
Rahu 12:01PM – 1:12PM

Magha* Until 6:42PM
Vishkambha* Until 8:55PM
Visli Until 2:14AM Thu
Shashthi* Until 1:10PM

Ganesha: Clear *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Sivaloka Day

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD
Sun 6 Sutra 242

Simha Rasi: 19.01 Tithi 22 – 23
755476575
Creative Work Siddha Yoga

Gulika 9:39AM – 10:50AM
Yama 7:16AM – 8:28AM
Rahu 1:12PM – 2:24PM

Purvaphalguni Until 9:02PM
Priti Until 9:13PM
Balava Until 3:57AM Fri
Saptami Until 3:08PM

Ganesha: Clear *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Sivaloka Day

Markali Pillaiyar

7

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taaila Karana Ashtami/Navamyam Titau

Lanham, MD
Sun 7 Sutra 243

Kanya Rasi: 1.16 Tithi 23 – 24
855476575
Creative Work Siddha Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Gulika 8:28AM – 9:39AM
Yama 2:24PM – 3:35PM
Rahu 10:51AM – 12:02PM

Uttaraphalguni Until 10:38PM
Ayushman Until 9:02PM
Taaila Until 5:01AM Sat
Ashtami* Until 4:33PM

Ganesha: White *Sunrise:* 7:17AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Devaloka Day

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lanham, MD
Sun 8 Sutra 244

Kanya Rasi: 13.47 Tithi 24 – 25
865476575
Routine Work Marana Yoga

Gulika 7:18AM – 8:29AM
Yama 1:13PM – 2:24PM
Rahu 9:40AM – 10:51AM

Hasta Until 11:49PM
Saubhagya Until 8:17PM
Vanija Until 5:17AM Sun
Navami* Until 5:14PM

Ganesha: Clear *Sunrise:* 7:18AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Purple
Moon – Green
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 2:25PM – 3:36PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	
		Yama 12:03PM – 1:14PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 34 - 9
	865476575	Rahu 3:36PM – 4:47PM	Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:05PM	Moon – Green		Sivaloka Day
Until 12:01AM Mon				Margasira*Markali		
Then Creative Work - Amrita Yoga						

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lanham, MD Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 10.01	Tithi 26 – 27	Gulika 1:14PM – 2:25PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM	
Family Home Evening		Yama 10:52AM – 12:03PM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 34 - 10
Creative Work	Amrita Yoga	865476575	Rahu 8:30AM – 9:41AM	Nataraja: Purple		2nd Phase
Until 11:15PM			Kaulava Until 3:17AM Tue	Moon – Green		Sivaloka Day
Then Routine Work - Marana Yoga			Ekadashi* Until 4:04PM	Margasira*Markali		

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Lanham, MD Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 23.5	Tithi 27 – 28	Gulika 12:04PM – 1:15PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:20AM	
		Yama 9:42AM – 10:53AM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 34 - 11
	875476575	Rahu 2:26PM – 3:37PM	Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:15PM	Moon – Orange		Devaloka Day
Until 10:01PM				Margasira*Markali		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lanham, MD Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 10:53AM – 12:04PM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	
		Yama 8:31AM – 9:42AM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 34 - 12
	876476575	Rahu 12:04PM – 1:15PM	Visti Until 10:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day
				Margasira*Markali		
			Day 1 of Pancha Ganapati			

Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lanham, MD Sun 13 Sutra 249 Subhakrit 5124
Retreat Star		Gulika 9:43AM – 10:54AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	
Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:21AM – 8:32AM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 34 - 13
	876476575	Rahu 1:16PM – 2:27PM	Catuspada Until 7:02PM	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day
Until 5:22PM				Margasira*Markali		
Then Creative Work - Siddha Yoga			Day 2 of Pancha Ganapati			

Friday, December 23, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Lanham, MD Sun 14 Sutra 250 Subhakrit 5124
Retreat Star		Gulika 8:32AM – 9:43AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:21AM	
Dhanus Rasi: 7.5	Tithi 1	Yama 2:27PM – 3:38PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 34 - 14
	886476575	Rahu 10:54AM – 12:05PM	Kintughna Until 3:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day
Until 2:42PM				Pausha*Markali		
Then Routine Work - Prabalarishta Yoga			Day 3 of Pancha Ganapati			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 23	Tithi 2	Gulika 7:21AM – 8:33AM	Purvashadha* Until 11:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:21AM	Muruḡa: Purple	<i>Sunset:</i> 4:50PM
		Yama 1:17PM – 2:28PM	Dhruva Until 6:40PM			Moon 12 - Phase 35 - 15	
		886486575 Rahu 9:44AM – 10:55AM	Balava Until 11:49AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Moon – Light Blue			Subha Sivaloka Day
Until 11:46AM						Pausha*Markali	
Then Routine Work - Marana Yoga							

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 8.1	Tithi 3	Gulika 2:28PM – 3:39PM	Uttarashadha Until 8:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:22AM	Muruḡa: Purple	<i>Sunset:</i> 4:50PM
		Yama 12:06PM – 1:17PM	Vyaghata* Until 2:30PM			Moon 12 - Phase 35 - 16	
		886486575 Rahu 3:39PM – 4:50PM	Taitila Until 8:11AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga	Day 5 of Pancha Ganapati		Moon – Light Blue			Subha Sivaloka Day
						Pausha*Markali	

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 23.1	Tithi 4 – 5	Gulika 1:18PM – 2:29PM	Shravana Until 6:15AM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	Muruḡa: Purple	<i>Sunset:</i> 4:51PM
Family Home Evening		Yama 10:56AM – 12:07PM	Harshana Until 10:35AM			Moon 12 - Phase 35 - 17	
		896486576 Rahu 8:33AM – 9:44AM	Bava Until 1:47AM Tue	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga	Chaturthi* Until 3:13PM		Moon – Purple			Sivaloka Day
Until 6:15AM						Pausha*Markali	
Then Creative Work - Siddha Yoga							

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lanham, MD Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 7.52	Tithi 5 – 6	Gulika 12:07PM – 1:18PM	Shatabhishak Until 2:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	Muruḡa: Purple	<i>Sunset:</i> 4:52PM
		Yama 9:45AM – 10:56AM	Vajra* Until 6:58AM			Moon 12 - Phase 35 - 18	
		896486576 Rahu 2:29PM – 3:41PM	Kaulava Until 11:18PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga	Panchami Until 12:27PM		Moon – Purple			Sivaloka Day
Until 2:08AM Wed						Pausha*Markali	
Then Creative Work - Amrita Yoga							

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 22.11	Tithi 6 – 7	Gulika 10:56AM – 12:08PM	Purvaproshtapada* Until 1:12AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Muruḡa: Purple	<i>Sunset:</i> 4:52PM
		Yama 8:34AM – 9:45AM	Vyatipata* Until 1:14AM Thu			Moon 12 - Phase 35 - 19	
		817486576 Rahu 12:08PM – 1:19PM	Gara Until 9:27PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga	Shashthi* Until 10:16AM		Moon – Clear			Devaloka Day
Until 1:12AM Thu						Pausha*Markali	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		Lanham, MD Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 6.04	Tithi 7 – 8	Gulika 9:46AM – 10:57AM	Uttaraproshtapada Until 12:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Muruḡa: Purple	<i>Sunset:</i> 4:53PM
		Yama 7:23AM – 8:34AM	Variyan Until 11:11PM			Moon 12 - Phase 35 - 20	
		817486576 Rahu 1:19PM – 2:31PM	Visti Until 8:20PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga	Saptami Until 8:47AM		Moon – Clear			Devaloka Day
						Pausha*Markali	

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 19.31	Tithi 8 – 9	Gulika 8:35AM – 9:46AM	Revati Until 1:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Muruḡa: Purple	<i>Sunset:</i> 4:54PM
		Yama 2:31PM – 3:43PM	Parigha* Until 9:44PM			Moon 12 - Phase 35 - 21	
		817486576 Rahu 10:57AM – 12:09PM	Balava Until 7:57PM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga	Ashtami* Until 8:02AM		Moon – Clear			Devaloka Day
						Pausha*Markali	

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manla Vasara Yuktayam				Lanham, MD
	Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22		Sutra 258		Subhakrit 5124
	Mesha Rasi: 2.34	Tithi 9 – 10	Gulika 7:24AM – 8:35AM	Ashvini Until 2:16AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
		Yama 1:21PM – 2:32PM	Shiva Until 8:51PM	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 - 22	
	827486576	Rahu 9:46AM – 10:58AM	Taitila Until 8:17PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:01AM	Moon – White		Sivaloka Day	
Until 2:16AM Sun				Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							


2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lanham, MD
	Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 259		Subhakrit 5124
	Mesha Rasi: 15.17	Tithi 10 – 11	Gulika 2:33PM – 3:44PM	Bharani Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
		Yama 12:10PM – 1:21PM	Siddha Until 8:24PM	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 - 23	
	827486576	Rahu 3:44PM – 4:55PM	Vanija Until 9:16PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 8:41AM	Moon – White		Sivaloka Day	
Until 3:53AM Mon		Vaikuntha Ekadasi		Pausha-Markali			
Then Routine Work - Marana Yoga							

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Lanham, MD
	Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 260		Subhakrit 5124
	Mesha Rasi: 27.45	Tithi 11 – 12	Gulika 1:22PM – 2:33PM	Krittika Until 5:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
Family Home Evening		Yama 10:59AM – 12:10PM	Sadhya Until 8:22PM	Muruga: Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36 - 24	
	827486576	Rahu 8:36AM – 9:47AM	Bava Until 10:44PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 9:55AM	Moon – White		Sivaloka Day	
Until 5:47AM Tue				Pausha-Markali			
Then Creative Work - Amrita Yoga							

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Lanham, MD
	Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 261		Subhakrit 5124
	Vrishabha Rasi: 10.01	Tithi 12 – 13	Gulika 12:11PM – 1:22PM	Rohini Until 8:21AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
		Yama 9:47AM – 10:59AM	Subha Until 8:38PM	Muruga: Purple	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36 - 25	
	837586576	Rahu 2:34PM – 3:45PM	Kaulava Until 12:35AM Wed	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 11:36AM	Moon – Yellow		Sivaloka Day	
Until 8:21AM Wed				Pausha-Markali			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Lanham, MD
	Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 262		Subhakrit 5124
	Vrishabha Rasi: 22.08	Tithi 13 – 14	Gulika 10:59AM – 12:11PM	Rohini Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 7:24AM	
		Yama 8:36AM – 9:48AM	Sukla Until 9:05PM	Muruga: Purple	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36 - 26	
	838586576	Rahu 12:11PM – 1:23PM	Gara Until 2:43AM Thu	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 1:36PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Lanham, MD
	Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 263		Subhakrit 5124
	Mithuna Rasi: 4.1	Tithi 14 – 15	Gulika 9:48AM – 11:00AM	Mrigashira Until 10:59AM	Ganesha: White	<i>Sunrise:</i> 7:24AM	
		Yama 7:24AM – 8:36AM	Brahma Until 9:42PM	Muruga: Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36 - 27	
	838586576	Rahu 1:23PM – 2:35PM	Visti Until 5:01AM Fri	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 3:50PM	Moon – Yellow		Devaloka Day	
		Subramuniyaswami Jayanti		Pausha-Markali			

	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Lanham, MD
	Copper Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Sun 28		Sutra 264
	Mithuna Rasi: 16.08	Tithi 15	Gulika 8:36AM – 9:48AM	Ardra Until 1:36PM	Ganesha: White	<i>Sunrise:</i> 7:24AM	Subhakrit 5124
		Yama 2:36PM – 3:48PM	Indra Until 10:25PM	Muruga: Purple	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36 - Purnima	
	838586576	Rahu 11:00AM – 12:12PM	Bava Until 6:12PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 6:12PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			
Ardra Darshanam							

7	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam				Lanham, MD
	Silver Retreat Star		Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 265
	Mithuna Rasi: 28.03	Tithi 16	Gulika 7:24AM – 8:36AM	Punarvasu Until 4:38PM	Ganesha: Clear	<i>Sunrise:</i> 7:24AM	Subhakrit 5124
		Yama 1:24PM – 2:37PM	Vaidhriti* Until 11:10PM	Muruga: Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 - Prathama	
	848586576	Rahu 9:48AM – 11:00AM	Balava Until 7:26AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 8:39PM	Moon – Blue		Sivaloka Day	
				Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:37PM – 3:49PM
Yama 12:13PM – 1:25PM
Rahu 3:49PM – 5:02PM

Pushya Until 7:33PM
Vishkambha* Until 11:57PM
Taitila Until 9:55AM
Dvitiya Until 11:09PM

Ganesha: Clear *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 5:02PM
Nataraja: Clear
Moon – Blue

Lanham, MD
Sun 1 Sutra 266
Subhakit 5124
Moon 1 - Phase 37 - 1
1st Phase

Sivaloka Day

Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:26PM – 2:38PM
Yama 11:01AM – 12:13PM
Rahu 8:36AM – 9:49AM

Ashlesha* Until 10:17PM
Priti Until 12:45AM Tue
Vanija Until 12:25PM
Tritiya Until 1:37AM Tue

Ganesha: Clear *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Clear
Moon – Blue

Lanham, MD
Sun 2 Sutra 267
Subhakit 5124
Moon 1 - Phase 37 - 2
1st Phase

Sivaloka Day

Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:14PM – 1:26PM
Yama 9:49AM – 11:01AM
Rahu 2:39PM – 3:51PM

Magha* Until 1:16AM Wed
Ayushman Until 1:26AM Wed
Bava Until 2:51PM
Chaturthi* Until 3:59AM Wed

Ganesha: Clear *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 5:04PM
Nataraja: Clear
Moon – Red

Lanham, MD
Sun 3 Sutra 268
Subhakit 5124
Moon 1 - Phase 37 - 3
1st Phase

Sivaloka Day

Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:01AM – 12:14PM
Yama 8:36AM – 9:49AM
Rahu 12:14PM – 1:27PM

Purvaphalguni Until 3:51AM Thu
Saubhagya Until 1:58AM Thu
Kaulava Until 5:07PM
Panchami Until 6:07AM Thu

Ganesha: Clear *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 5:05PM
Nataraja: Clear
Moon – Red

Lanham, MD
Sun 4 Sutra 269
Subhakit 5124
Moon 1 - Phase 37 - 4
1st Phase

Sivaloka Day

Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:49AM – 11:02AM
Yama 7:23AM – 8:36AM
Rahu 1:27PM – 2:40PM

Uttaraphalguni Until 5:55AM Fri
Sobhana Until 2:13AM Fri
Gara Until 7:03PM
Panchami Until 6:07AM

Ganesha: Clear *Sunrise:* 7:23AM
Muruqa: Purple *Sunset:* 5:06PM
Nataraja: Clear
Moon – Red

Lanham, MD
Sun 5 Sutra 270
Subhakit 5124
Moon 1 - Phase 37 - 5
1st Phase

Sivaloka Day

Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:36AM – 9:49AM
Yama 2:41PM – 3:54PM
Rahu 11:02AM – 12:15PM

Hasta Until 7:46AM Sat
Athiganda* Until 2:03AM Sat
Visti Until 8:30PM
Shashthi* Until 7:50AM

Ganesha: Clear *Sunrise:* 7:23AM
Muruqa: Purple *Sunset:* 5:07PM
Nataraja: Clear
Moon – Red

Lanham, MD
Sun 6 Sutra 271
Subhakit 5124
Moon 1 - Phase 37 - 6
1st Phase

Sivaloka Day

Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:23AM – 8:36AM
Yama 1:28PM – 2:41PM
Rahu 9:49AM – 11:02AM

Hasta Until 7:46AM
Sukarma Until 1:21AM Sun
Balava Until 9:17PM
Saptami Until 8:58AM

Ganesha: White *Sunrise:* 7:23AM
Muruqa: Purple *Sunset:* 5:08PM
Nataraja: Clear
Moon – Green

Lanham, MD
Sun 7 Sutra 272
Subhakit 5124
Moon 1 - Phase 37 - 7
Ashtami

Subha Sivaloka Day

Pausha-Thai

Thai Pongal

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:42PM – 3:55PM
Yama 12:16PM – 1:29PM
Rahu 3:55PM – 5:09PM

Chitra Until 8:45AM
Dhriti Until 12:03AM Mon
Taitila Until 9:15PM
Ashtami* Until 9:21AM

Ganesha: White *Sunrise:* 7:23AM
Muruqa: Purple *Sunset:* 5:09PM
Nataraja: Clear
Moon – Green

Lanham, MD
Sun 8 Sutra 273
Subhakit 5124
Moon 1 - Phase 37 - 8
Navami

Subha Sivaloka Day

Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Lanham, MD on 4/26/21

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Monday, January 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Lanham, MD
1		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274
Tula Rasi: 18.22	Tithi 24 – 25	Gulika	1:29PM – 2:43PM	Svati Until 8:46AM	Ganesha: White	Sunrise: 7:22AM
Family Home Evening	869586576	Yama	11:03AM – 12:16PM	Shula* Until 10:03PM	Muruqa: Purple	Sunset: 5:10PM
Creative Work	Amrita Yoga	Rahu	8:36AM – 9:49AM	Vanija Until 8:23PM	Nataraja: Clear	Moon 1 - Phase 38 - 9
Until 8:46AM				Navami* Until 8:54AM	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Lanham, MD
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275
Vrischika Rasi: 2.01	Tithi 25 – 26	Gulika	12:16PM – 1:30PM	Vishakha Until 8:15AM	Ganesha: Yellow	Sunrise: 7:22AM
	879586576	Yama	9:49AM – 11:03AM	Ganda* Until 7:24PM	Muruqa: Purple	Sunset: 5:11PM
Routine Work	Marana Yoga	Rahu	2:44PM – 3:57PM	Bava Until 6:40PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
Until 8:15AM				Dashami Until 7:36AM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Lanham, MD
3		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 276
Vrischika Rasi: 16.1	Tithi 27	Gulika	11:03AM – 12:17PM	Anuradha Until 6:48AM	Ganesha: Yellow	Sunrise: 7:21AM
	871586576	Yama	8:35AM – 9:49AM	Vriddhi Until 4:11PM	Muruqa: Purple	Sunset: 5:12PM
Creative Work	Siddha Yoga	Rahu	12:17PM – 1:30PM	Kaulava Until 4:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 11
Until 8:15AM				Dvadashi* Until 2:44AM Thu	Moon – Orange	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Lanham, MD
4		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277
Dhanus Rasi: 0.47	Tithi 28	Gulika	9:49AM – 11:03AM	Mula* Until 2:04AM Fri	Ganesha: Red	Sunrise: 7:21AM
	881586576	Yama	7:21AM – 8:35AM	Dhruva Until 12:26PM	Muruqa: Purple	Sunset: 5:13PM
Creative Work	Siddha Yoga	Rahu	1:31PM – 2:45PM	Gara Until 1:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Until 2:04AM Fri				Trayodashi* Until 11:25PM	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	Sivaloka Day
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Lanham, MD
5		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278
Dhanus Rasi: 15.48	Tithi 29	Gulika	8:35AM – 9:49AM	Purvashadha* Until 11:06PM	Ganesha: Red	Sunrise: 7:20AM
	881586576	Yama	2:46PM – 4:00PM	Vyaghata* Until 8:20AM	Muruqa: Purple	Sunset: 5:14PM
Routine Work	Prabalarishta Yoga	Rahu	11:03AM – 12:17PM	Visti Until 9:38AM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Until 11:06PM				Chaturdashi* Until 7:44PM	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Lanham, MD
	Retreat Star	Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 279
Makara Rasi: 1.04	Tithi 30 – 1	Gulika	7:20AM – 8:34AM	Uttarashadha Until 7:51PM	Ganesha: Red	Sunrise: 7:20AM
	881586576	Yama	1:32PM – 2:46PM	Vajra* Until 11:34PM	Muruqa: Purple	Sunset: 5:15PM
Routine Work	Marana Yoga	Rahu	9:49AM – 11:03AM	Kintughna Until 1:57AM Sun	Nataraja: Clear	Moon 1 - Phase 38 - 14
Until 7:51PM				Amavasya* Until 3:53PM	Moon – Light Blue	Amavasya
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lanham, MD
Retreat Star		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280
Makara Rasi: 16.23	Tithi 1 – 2	Gulika	2:47PM – 4:02PM	Shravana Until 4:53PM	Ganesha: Yellow	Sunrise: 7:19AM
	891586576	Yama	12:18PM – 1:32PM	Siddhi Until 7:11PM	Muruqa: Purple	Sunset: 5:16PM
Creative Work	Amrita Yoga	Rahu	4:02PM – 5:16PM	Balava Until 10:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 15
Until 4:53PM				Prathama* Until 12:01PM	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lanham, MD
	Kumbha Rasi: 1.37	Tithi 2 - 3	Gulika 1:33PM - 2:48PM	Dhanishtha Until 2:00PM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Yama 11:03AM - 12:18PM	Vyatipata* Until 3:01PM	Muruga: Purple	Sunset: 5:17PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 8:34AM - 9:48AM	Taitila Until 6:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16 3rd Phase
			Dvitiya Until 8:19AM	Magha*Thai	Sivaloka Day		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Lanham, MD
	Kumbha Rasi: 16.35	Tithi 4	Gulika 12:18PM - 1:33PM	Shatabhishak Until 11:24AM	Ganesha: Red	Sunrise: 7:18AM	Sun 17 Sutra 282
	Routine Work Marana Yoga	991586576	Yama 9:48AM - 11:03AM	Varyan Until 11:09AM	Muruga: Purple	Sunset: 5:19PM	Subhakrit 5124
			Rahu 2:48PM - 4:03PM	Vanija Until 3:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			Chaturthi* Until 2:09AM Wed	Magha*Thai	Sivaloka Day		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD
	Meena Rasi: 1.1	Tithi 5	Gulika 11:03AM - 12:19PM	Purvaproshtapada* Until 9:38AM	Ganesha: Blue	Sunrise: 7:18AM	Sun 18 Sutra 283
	Creative Work Amrita Yoga	911586576	Yama 8:33AM - 9:48AM	Parigha* Until 7:46AM	Muruga: Purple	Sunset: 5:20PM	Subhakrit 5124
	Until 9:38AM		Rahu 12:19PM - 1:34PM	Bava Until 1:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			Panchami Until 12:01AM Thu	Magha*Thai	Subha Sivaloka Day		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Lanham, MD
	Meena Rasi: 15.15	Tithi 6	Gulika 9:48AM - 11:03AM	Uttaraproshtapada Until 8:26AM	Ganesha: Blue	Sunrise: 7:17AM	Sun 19 Sutra 284
	Creative Work Siddha Yoga	911586576	Yama 7:17AM - 8:32AM	Siddha Until 2:48AM Fri	Muruga: Purple	Sunset: 5:21PM	Subhakrit 5124
			Rahu 1:34PM - 2:50PM	Kaulava Until 11:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			Shashthi* Until 10:40PM	Magha*Thai	Subha Sivaloka Day		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Lanham, MD
	Meena Rasi: 28.5	Tithi 7	Gulika 8:32AM - 9:48AM	Revati Until 7:55AM	Ganesha: Blue	Sunrise: 7:16AM	Sun 20 Sutra 285
	Creative Work Siddha Yoga	911586576	Yama 2:50PM - 4:06PM	Sadhya Until 1:20AM Sat	Muruga: Purple	Sunset: 5:22PM	Subhakrit 5124
	Until 7:55AM		Rahu 11:03AM - 12:19PM	Gara Until 10:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			Saptami Until 10:11PM	Magha*Thai	Subha Sivaloka Day		

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Lanham, MD
	Retreat Star		Gulika 7:15AM - 8:31AM	Ashvini Until 8:32AM	Ganesha: White	Sunrise: 7:15AM	Sun 21 Sutra 286
	Mesha Rasi: 11.58	Tithi 8	Yama 1:35PM - 2:51PM	Subha Until 12:31AM Sun	Muruga: Purple	Sunset: 5:23PM	Subhakrit 5124
	Creative Work Siddha Yoga	921686576	Rahu 9:47AM - 11:03AM	Visti Until 10:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 Ashtami
			Ashtami* Until 10:34PM	Magha*Thai	Devaloka Day		

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Lanham, MD
	Retreat Star		Gulika 2:52PM - 4:08PM	Bharani Until 9:48AM	Ganesha: Yellow	Sunrise: 7:15AM	Sun 22 Sutra 287
	Mesha Rasi: 24.4	Tithi 9	Yama 12:19PM - 1:36PM	Sukla Until 12:16AM Mon	Muruga: Purple	Sunset: 5:24PM	Subhakrit 5124
	Routine Work Prabalarishta Yoga	922686576	Rahu 4:08PM - 5:24PM	Balava Until 11:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Navami
			Navami* Until 11:42PM	Magha*Thai	Sivaloka Day		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Lanham, MD Sun 23 Sutra 288 Subhakrit 5124	
1	Vrishabha Rasi: 7.04 Family Home Evening Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	Gulika 1:36PM – 2:52PM Yama 11:03AM – 12:20PM Rahu 8:30AM – 9:47AM	Krittika Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha·Thai	Sunrise: 7:14AM Sunset: 5:25PM Moon 1 - Phase 40 - 23 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Lanham, MD Sun 24 Sutra 289 Subhakrit 5124	
2	Vrishabha Rasi: 19.13 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	Gulika 12:20PM – 1:36PM Yama 9:46AM – 11:03AM Rahu 2:53PM – 4:10PM	Rohini Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha·Thai	Sunrise: 7:13AM Sunset: 5:26PM Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Lanham, MD Sun 25 Sutra 290 Subhakrit 5124	
3	Mithuna Rasi: 1.13 Creative Work Siddha Yoga	Gulika 11:03AM – 12:20PM Yama 8:30AM – 9:46AM Rahu 12:20PM – 1:36PM	Mrigashira Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha·Thai	Sunrise: 7:13AM Sunset: 5:26PM Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 26 Sutra 291 Subhakrit 5124	
4	Mithuna Rasi: 13.08 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	Gulika 9:46AM – 11:03AM Yama 7:12AM – 8:29AM Rahu 1:37PM – 2:54PM	Ardra Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha·Thai	Sunrise: 7:12AM Sunset: 5:28PM Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day

Pradosha Vrata

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 292 Subhakrit 5124	
5	Mithuna Rasi: 25.01 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	Gulika 8:28AM – 9:46AM Yama 2:54PM – 4:12PM Rahu 11:03AM – 12:20PM	Punarvasu Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha·Thai	Sunrise: 7:11AM Sunset: 5:29PM Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Lanham, MD Sun 28 Sutra 293 Subhakrit 5124	
○	Copper Retreat Star Kataka Rasi: 6.54 Creative Work Siddha Yoga	Gulika 7:10AM – 8:28AM Yama 1:38PM – 2:55PM Rahu 9:45AM – 11:03AM	Pushya Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha·Thai	Sunrise: 7:10AM Sunset: 5:30PM Moon 1 - Phase 40 - Purnima Sivaloka Day

Thai Pusam

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lanham, MD Sun 29 Sutra 294 Subhakrit 5124	
○	Silver Retreat Star Kataka Rasi: 18.48 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	Gulika 2:56PM – 4:13PM Yama 12:20PM – 1:38PM Rahu 4:13PM – 5:31PM	Ashlesha* Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha·Thai	Sunrise: 7:09AM Sunset: 5:31PM Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023
Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 – 17
Family Home Evening 952686577
Routine Work Marana Yoga
Until 7:10AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:38PM – 2:56PM
Yama 11:02AM – 12:20PM
Rahu 8:26AM – 9:44AM

Magha* Until 7:10AM Tue
Sobhana Until 5:27AM Tue
Taitila Until 4:54AM Tue
Prathama* Until 3:46PM

Ganesha: Purple *Sunrise: 7:08AM*
Muruqa: Purple *Sunset: 5:32PM*
Nataraja: Orange
Moon – Red

Lanham, MD
Sutra 295
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Subha Sivaloka Day

1

Tuesday, February 7, 2023

Simha Rasi: 12.44 Tithi 17 – 18
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:20PM – 1:39PM
Yama 9:44AM – 11:02AM
Rahu 2:57PM – 4:15PM

Magha* Until 7:10AM
Athiganda* Until 5:54AM Wed
Vanija Until 6:57AM Wed
Dvitiya Until 5:55PM

Ganesha: Purple *Sunrise: 7:08AM*
Muruqa: Purple *Sunset: 5:32PM*
Nataraja: Orange
Moon – Red

Lanham, MD
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

2

Wednesday, February 8, 2023

Simha Rasi: 24.48 Tithi 18
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:02AM – 12:21PM
Yama 8:25AM – 9:43AM
Rahu 12:21PM – 1:39PM

Purvaphalguni Until 9:40AM
Sukarma Until 6:11AM Thu
Vanija Until 6:57AM
Tritiya Until 7:52PM

Ganesha: Purple *Sunrise: 7:06AM*
Muruqa: Purple *Sunset: 5:35PM*
Nataraja: Orange
Moon – Red

Lanham, MD
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

3

Thursday, February 9, 2023

Kanya Rasi: 6.58 Tithi 19
Amrita Yoga
Until 11:45AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:43AM – 11:02AM
Yama 7:05AM – 8:24AM
Rahu 1:39PM – 2:58PM

Uttaraphalguni Until 11:45AM
Sukarma Until 6:11AM
Bava Until 8:44AM
Chaturthi* Until 9:29PM

Ganesha: Purple *Sunrise: 7:05AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Orange
Moon – Red

Lanham, MD
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

4

Friday, February 10, 2023

Kanya Rasi: 19.17 Tithi 20
Creative Work Amrita Yoga
Until 1:48PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:23AM – 9:42AM
Yama 2:59PM – 4:18PM
Rahu 11:02AM – 12:21PM

Hasta Until 1:48PM
Dhriti Until 6:13AM
Kaulava Until 10:11AM
Panchami Until 10:42PM

Ganesha: Clear *Sunrise: 7:04AM*
Muruqa: Purple *Sunset: 5:37PM*
Nataraja: Orange
Moon – Green

Lanham, MD
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

5

Saturday, February 11, 2023

Tula Rasi: 1.47 Tithi 21
Routine Work Marana Yoga
Until 3:13PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 7:03AM – 8:23AM
Yama 1:40PM – 2:59PM
Rahu 9:42AM – 11:01AM

Chitra Until 3:13PM
Ganda* Until 5:06AM Sun
Gara Until 11:08AM
Shashthi* Until 11:22PM

Ganesha: Purple *Sunrise: 7:03AM*
Muruqa: Purple *Sunset: 5:38PM*
Nataraja: Orange
Moon – Green

Lanham, MD
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

6

Sunday, February 12, 2023

Tula Rasi: 14.34 Tithi 22
Creative Work Siddha Yoga
Until 3:52PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:00PM – 4:19PM
Yama 12:21PM – 1:40PM
Rahu 4:19PM – 5:39PM

Svati Until 3:52PM
Vridhhi Until 3:49AM Mon
Visti Until 11:29AM
Saptami Until 11:22PM

Ganesha: Purple *Sunrise: 7:02AM*
Muruqa: Purple *Sunset: 5:39PM*
Nataraja: Orange
Moon – Green

Lanham, MD
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23
Family Home Evening 973686577
Routine Work Marana Yoga
Until 4:08PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:41PM – 3:00PM
Yama 11:01AM – 12:21PM
Rahu 8:21AM – 9:41AM

Vishakha Until 4:08PM
Dhruva Until 1:56AM Tue
Balava Until 11:07AM
Ashtami* Until 10:39PM

Ganesha: Clear *Sunrise: 7:01AM*
Muruqa: Purple *Sunset: 5:40PM*
Nataraja: Orange
Moon – Orange

Lanham, MD
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24
Creative Work Siddha Yoga
Until 3:32PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:21PM – 1:41PM
Yama 9:40AM – 11:00AM
Rahu 3:01PM – 4:21PM

Anuradha Until 3:32PM
Vyaghata* Until 11:29PM
Taitila Until 10:02AM
Navami* Until 9:11PM

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Purple *Sunset: 5:41PM*
Nataraja: Orange
Moon – Orange

Lanham, MD
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami


Sivaloka Day

1		Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Lanham, MD Sun 9 Sutra 304 Subhakrit 5124	
Wrischika Rasi: 25.07	Tithi 25	Gulika 11:00AM – 12:21PM	Jyeshtha* Until 2:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:59AM		
		Yama 8:19AM – 9:40AM	Harshana Until 8:29PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 42 - 9	
	973686577	Rahu 12:21PM – 1:41PM	Vanija Until 8:13AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 7:02PM	Moon – Orange		Sivaloka Day	
Until 2:05PM				Magha•Masi			
Then Routine Work - Marana Yoga							

2		Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 10 Sutra 305 Subhakrit 5124	
Dhanus Rasi: 9.29	Tithi 26 – 27	Gulika 9:39AM – 11:00AM	Mula* Until 12:18PM	Ganesha: White	<i>Sunrise:</i> 6:58AM		
		Yama 6:58AM – 8:18AM	Vajra* Until 4:59PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 42 - 10	
	983686577	Rahu 1:41PM – 3:02PM	Kaulava Until 2:43AM Fri	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 4:16PM	Moon – Light Blue		Devaloka Day	
				Magha•Masi			

3		Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 11 Sutra 306 Subhakrit 5124	
Dhanus Rasi: 24.14	Tithi 27 – 28	Gulika 8:17AM – 9:38AM	Purvashadha* Until 9:53AM	Ganesha: White	<i>Sunrise:</i> 6:56AM		
		Yama 3:03PM – 4:24PM	Siddhi Until 1:08PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 42 - 11	
	983686577	Rahu 10:59AM – 12:20PM	Gara Until 11:19PM	Nataraja: Orange		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 1:02PM	Moon – Light Blue		Devaloka Day	
Until 9:53AM				Magha•Masi			
Then Routine Work - Marana Yoga							

4		Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 307 Subhakrit 5124	
Makara Rasi: 9.17	Tithi 28 – 29	Gulika 6:55AM – 8:16AM	Uttarashadha Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 6:55AM		
		Yama 1:42PM – 3:03PM	Vyatlipata* Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 42 - 12	
	983686577	Rahu 9:38AM – 10:59AM	Visti Until 7:40PM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 9:29AM	Moon – Light Blue		Devaloka Day	
Until 6:59AM				Magha•Masi			
Then Creative Work - Siddha Yoga							

		Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 13 Sutra 308 Subhakrit 5124	
Retreat Star		Gulika 3:04PM – 4:25PM	Dhanishtha Until 1:16AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:54AM		
Makara Rasi: 24.28	Tithi 30	Yama 12:20PM – 1:42PM	Parigha* Until 12:31AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 42 - 13	
	993686577	Rahu 4:25PM – 5:47PM	Catuspada Until 3:57PM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:07AM Mon	Moon – Purple		Devaloka Day	
Until 1:16AM Mon				Magha•Masi			
Then Creative Work - Siddha Yoga							

Monday, February 20, 2023		Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 14 Sutra 309 Subhakrit 5124	
Kumbha Rasi: 9.38	Tithi 1	Gulika 1:42PM – 3:04PM	Shatabhishak Until 10:23PM	Ganesha: Green	<i>Sunrise:</i> 6:53AM		
Family Home Evening		Yama 10:58AM – 12:20PM	Shiva Until 8:27PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 42 - 14	
Creative Work	Siddha Yoga	Rahu 8:15AM – 9:36AM	Kintughna Until 12:21PM	Nataraja: Orange		Prathama	
Until 10:23PM			Prathama* Until 10:38PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

www.gurudeva.org/panchang

1		Tuesday, February 21, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD
Kumbha Rasi: 24.37	Tithi 2	Gulika	12:20PM – 1:42PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	Sunrise: 6:51AM	Sun 15	Sutra 310
		Yama	9:36AM – 10:58AM	Siddha Until 4:38PM	Muruqa: Purple	Sunset: 5:49PM		Subhakrit 5124
		913686577 Rahu	3:05PM – 4:27PM	Balava Until 9:02AM	Nataraja: Orange		Moon 2 - Phase 43 - 15	3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 7:31PM	Moon – Clear		Sivaloka Day	
Until 8:10PM					Phalguna-Masi			
Then Creative Work - Amrita Yoga								

2		Wednesday, February 22, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau		Lanham, MD
Meena Rasi: 9.17	Tithi 3 – 4	Gulika	10:58AM – 12:20PM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	Sunrise: 6:50AM	Sun 16	Sutra 311
		Yama	8:13AM – 9:35AM	Sadhya Until 1:16PM	Muruqa: Purple	Sunset: 5:50PM		Subhakrit 5124
		913786577 Rahu	12:20PM – 1:43PM	Taitila Until 6:11AM	Nataraja: Orange		Moon 2 - Phase 43 - 16	3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:57PM	Moon – Clear		Subha Sivaloka Day	
Until 6:21PM					Phalguna-Masi			
Then Routine Work - Marana Yoga								

3		Thursday, February 23, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD
Meena Rasi: 23.3	Tithi 4 – 5	Gulika	9:34AM – 10:57AM	Revati Until 5:05PM	Ganesha: Blue	Sunrise: 6:49AM	Sun 17	Sutra 312
		Yama	6:49AM – 8:11AM	Subha Until 10:27AM	Muruqa: Purple	Sunset: 5:51PM		Subhakrit 5124
		913786577 Rahu	1:43PM – 3:06PM	Bava Until 2:28AM Fri	Nataraja: Orange		Moon 2 - Phase 43 - 17	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 3:05PM	Moon – Clear		Subha Sivaloka Day	
Until 5:05PM					Phalguna-Masi			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day						

4		Friday, February 24, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Lanham, MD
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika	8:10AM – 9:34AM	Ashvini Until 4:55PM	Ganesha: Yellow	Sunrise: 6:47AM	Sun 18	Sutra 313
		Yama	3:06PM – 4:29PM	Sukla Until 8:15AM	Muruqa: Purple	Sunset: 5:52PM		Subhakrit 5124
		923786577 Rahu	10:57AM – 12:20PM	Kaulava Until 1:51AM Sat	Nataraja: Orange		Moon 2 - Phase 43 - 18	3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:02PM	Moon – White		Sivaloka Day	
Until 4:55PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga								

5		Saturday, February 25, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika	6:46AM – 8:09AM	Bharani Until 5:27PM	Ganesha: Blue	Sunrise: 6:46AM	Sun 19	Sutra 314
		Yama	1:43PM – 3:06PM	Brahma Until 6:44AM	Muruqa: Purple	Sunset: 5:53PM		Subhakrit 5124
		924786577 Rahu	9:33AM – 10:56AM	Gara Until 2:05AM Sun	Nataraja: Orange		Moon 2 - Phase 43 - 19	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:50PM	Moon – White		Devaloka Day	
Until 5:27PM					Phalguna-Masi			
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, February 26, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika	3:07PM – 4:31PM	Krittika Until 6:39PM	Ganesha: Blue	Sunrise: 6:45AM	Sun 20	Sutra 315
		Yama	12:20PM – 1:43PM	Vaidhriti* Until 5:41AM Mon	Muruqa: Purple	Sunset: 5:54PM		Subhakrit 5124
		924786577 Rahu	4:31PM – 5:54PM	Visti Until 3:09AM Mon	Nataraja: Orange		Moon 2 - Phase 43 - 20	Ashtami
Creative Work	Siddha Yoga			Saptami Until 2:30PM	Moon – White		Devaloka Day	
					Phalguna-Masi			

Retreat Star		Monday, February 27, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika	1:43PM – 3:07PM	Rohini Until 8:51PM	Ganesha: Yellow	Sunrise: 6:43AM	Sun 21	Sutra 316
Family Home Evening		Yama	10:55AM – 12:19PM	Vishkambha* Until 5:57AM Tue	Muruqa: Purple	Sunset: 5:55PM		Subhakrit 5124
		934786577 Rahu	8:07AM – 9:31AM	Balava Until 4:52AM Tue	Nataraja: Orange		Moon 2 - Phase 43 - 21	Navami
Creative Work	Amrita Yoga			Ashtami* Until 3:55PM	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			

1	Tuesday, February 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD Sun 22 Sutra 317 Subhakit 5124
	Wrishabha Rasi: 27.56	Tithi 9 – 10	Gulika 12:19PM – 1:44PM	Mrigashira Until 11:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	
			Yama 9:31AM – 10:55AM	Priti Until 6:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 44 - 22
	934786577	Rahu 3:08PM – 4:32PM	Taitila Until 7:04AM Wed	Nataraja: Orange			4th Phase
Creative Work Siddha Yoga Until 11:24PM Then Routine Work - Marana Yoga		Navami* Until 5:54PM		Phalguna-Masi		Sivaloka Day	

2	Wednesday, March 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Lanham, MD Sun 23 Sutra 318 Subhakit 5124
	Mithuna Rasi: 9.56	Tithi 10	Gulika 10:54AM – 12:19PM	Ardra Until 2:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
			Yama 8:04AM – 9:29AM	Priti Until 6:34AM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 44 - 23
	934786577	Rahu 12:19PM – 1:44PM	Taitila Until 7:04AM	Nataraja: Orange			4th Phase
Creative Work Siddha Yoga Until 2:06AM Thu Then Creative Work - Amrita Yoga		Dashami Until 8:15PM		Phalguna-Masi		Sivaloka Day	

3	Thursday, March 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Lanham, MD Sun 24 Sutra 319 Subhakit 5124
	Mithuna Rasi: 21.5	Tithi 11	Gulika 9:28AM – 10:53AM	Punarvasu Until 5:14AM Fri	Ganesha: White	<i>Sunrise:</i> 6:38AM	
			Yama 6:38AM – 8:03AM	Ayushman Until 7:22AM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44 - 24
	944786577	Rahu 1:44PM – 3:09PM	Vanija Until 9:31AM	Nataraja: Orange			4th Phase
Creative Work Amrita Yoga Until 5:14AM Fri Then Routine Work - Marana Yoga		Ekadashi Until 10:45PM		Phalguna-Masi		Devaloka Day	

4	Friday, March 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Lanham, MD Sun 25 Sutra 320 Subhakit 5124
	Kataka Rasi: 3.42	Tithi 12	Gulika 8:02AM – 9:27AM	Pushya Until 8:10AM Sat	Ganesha: White	<i>Sunrise:</i> 6:36AM	
			Yama 3:10PM – 4:35PM	Saubhagya Until 8:14AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44 - 25
	944786577	Rahu 10:53AM – 12:18PM	Bava Until 12:02PM	Nataraja: Orange			4th Phase
Routine Work Marana Yoga		Dvadashi Until 1:15AM Sat		Phalguna-Masi		Devaloka Day	

5	Saturday, March 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lanham, MD Sun 26 Sutra 321 Subhakit 5124
	Kataka Rasi: 15.35	Tithi 13	Gulika 6:35AM – 8:01AM	Pushya Until 8:10AM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
			Yama 1:44PM – 3:10PM	Sobhana Until 9:05AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44 - 26
	944786577	Rahu 9:26AM – 10:52AM	Kaulava Until 2:28PM	Nataraja: Orange			4th Phase
Creative Work Siddha Yoga Until 8:10AM Then Routine Work - Marana Yoga		Trayodashi Until 3:37AM Sun		Phalguna-Masi		Devaloka Day	
<i>Pradosha Vrata</i>							

6	Sunday, March 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Lanham, MD Sun 27 Sutra 322 Subhakit 5124
	Kataka Rasi: 27.31	Tithi 14	Gulika 3:10PM – 4:37PM	Ashlesha* Until 10:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	
			Yama 12:18PM – 1:44PM	Athiganda* Until 9:47AM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 44 - 27
	144786577	Rahu 4:37PM – 6:03PM	Gara Until 4:44PM	Nataraja: Orange			4th Phase
Creative Work Siddha Yoga Until 10:47AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Chaturdashi* Until 5:45AM Mon		Devaloka Day	

	Monday, March 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Lanham, MD Sun 28 Sutra 323 Subhakit 5124
	Copper Retreat Star		Gulika 1:44PM – 3:11PM	Magha* Until 1:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	
	Simha Rasi: 9.32	Tithi 15	Yama 10:51AM – 12:18PM	Sukarma Until 10:19AM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44 -
	154786577	Rahu 7:58AM – 9:25AM	Visti Until 6:45PM	Nataraja: Orange			Purnima
Routine Work Marana Yoga Until 1:31PM Then Creative Work - Siddha Yoga		Holi		Purnima* Until 7:38AM Tue		Sivaloka Day	

	Tuesday, March 7, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lanham, MD Sun 29 Sutra 324 Subhakit 5124
	Silver Retreat Star		Gulika 12:18PM – 1:44PM	Purvaphalguni Until 3:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	
	Simha Rasi: 21.4	Tithi 15 – 16	Yama 9:24AM – 10:51AM	Dhriti Until 10:40AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44 -
	154786577	Rahu 3:11PM – 4:38PM	Balava Until 8:28PM	Nataraja: Orange			Prathama
Creative Work Siddha Yoga Until 3:48PM Then Creative Work - Amrita Yoga		Purnima* Until 7:38AM		Phalguna-Masi		Sivaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023 Gold Retreat Star

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lanham, MD
Sutra 325

Kanya Rasi: 3.55 Tithi 16 - 17

Gulika 10:50AM - 12:17PM
Yama 7:56AM - 9:23AM
154786577 Rahu 12:17PM - 1:44PM

Uttaraphalguni Until 5:37PM
Shula* Until 10:44AM
Taitila Until 9:52PM
Prathama* Until 9:11AM

Ganesha: Clear Sunrise: 6:29AM
Muruga: Purple Sunset: 6:06PM
Nataraja: Orange
Moon - Red Phalguna-Masi

Subhakarit 5124
Moon 3 - Phase 45 -
1st Phase

Creative Work Amrita Yoga
Until 5:37PM
Then Routine Work - Marana Yoga

Sivaloka Day

1

Thursday, March 9, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD
Sun 1 Sutra 326

Kanya Rasi: 16.19 Tithi 17 - 18

Gulika 9:22AM - 10:50AM
Yama 6:27AM - 7:55AM
164786577 Rahu 1:44PM - 3:12PM

Hasta Until 7:25PM
Ganda* Until 10:34AM
Vanija Until 10:53PM
Dvitiya Until 10:24AM

Ganesha: White Sunrise: 6:27AM
Muruga: Purple Sunset: 6:07PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Subhakarit 5124
Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga
Until 7:25PM
Then Creative Work - Siddha Yoga

Devaloka Day

2

Friday, March 10, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD
Sun 2 Sutra 327

Kanya Rasi: 28.53 Tithi 18 - 19

Gulika 7:54AM - 9:21AM
Yama 3:12PM - 4:40PM
165786577 Rahu 10:49AM - 12:17PM

Chitra Until 8:40PM
Vridhhi Until 10:07AM
Bava Until 11:30PM
Tritiya Until 11:13AM

Ganesha: Yellow Sunrise: 6:26AM
Muruga: Purple Sunset: 6:08PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Subhakarit 5124
Moon 3 - Phase 45 - 2
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Saturday, March 11, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD
Sun 3 Sutra 328

Tula Rasi: 11.38 Tithi 19 - 20

Gulika 6:24AM - 7:52AM
Yama 1:45PM - 3:13PM
165786577 Rahu 9:20AM - 10:48AM

Svati Until 9:21PM
Dhruva Until 9:19AM
Kaulava Until 11:41PM
Chaturthi* Until 11:38AM

Ganesha: Yellow Sunrise: 6:24AM
Muruga: Purple Sunset: 6:09PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Subhakarit 5124
Moon 3 - Phase 45 - 3
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Sunday, March 12, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Lanham, MD
Sun 4 Sutra 329

Tula Rasi: 24.37 Tithi 20 - 21

Gulika 3:13PM - 4:41PM
Yama 12:16PM - 1:45PM
175786577 Rahu 4:41PM - 6:10PM

Vishakha Until 9:52PM
Vyaghata* Until 8:11AM
Gara Until 11:23PM
Panchami Until 11:34AM

Ganesha: Blue Sunrise: 6:23AM
Muruga: Purple Sunset: 6:10PM
Nataraja: Orange
Moon - Orange Phalguna-Masi

Subhakarit 5124
Moon 3 - Phase 45 - 4
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

5

Monday, March 13, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lanham, MD
Sun 5 Sutra 330

Vrischika Rasi: 7.5 Tithi 21 - 22

Gulika 1:45PM - 3:13PM
Yama 10:47AM - 12:16PM
175786577 Rahu 7:50AM - 9:19AM

Anuradha Until 9:44PM
Harshana Until 6:40AM
Visti Until 10:33PM
Shashthi* Until 11:01AM

Ganesha: Blue Sunrise: 6:21AM
Muruga: Purple Sunset: 6:11PM
Nataraja: Orange
Moon - Orange Phalguna-Masi

Subhakarit 5124
Moon 3 - Phase 45 - 5
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

D

Tuesday, March 14, 2023 Retreat Star

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD
Sun 6 Sutra 331

Vrischika Rasi: 21.2 Tithi 22 - 23

Gulika 12:16PM - 1:45PM
Yama 9:18AM - 10:47AM
175786577 Rahu 3:14PM - 4:43PM

Jyeshtha* Until 8:56PM
Siddhi Until 2:22AM Wed
Balava Until 9:12PM
Saptami Until 9:56AM

Ganesha: Blue Sunrise: 6:20AM
Muruga: Purple Sunset: 6:12PM
Nataraja: Orange
Moon - Orange Phalguna-Panguni

Subhakarit 5124
Moon 3 - Phase 45 - 6
Ashtami

Routine Work Marana Yoga
Until 8:56PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

Wednesday, March 15, 2023

Retreat Star

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lanham, MD
Sun 7 Sutra 332

Dhanus Rasi: 5.1 Tithi 23 - 24

Gulika 10:46AM - 12:15PM
Yama 7:47AM - 9:17AM
185786578 Rahu 12:15PM - 1:45PM

Mula* Until 7:55PM
Vyatipata* Until 11:37PM
Taitila Until 7:20PM
Ashtami* Until 8:19AM

Ganesha: Red Sunrise: 6:18AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Clear
Moon - Light Blue Phalguna-Panguni

Subhakarit 5124
Moon 3 - Phase 45 - 7
Navami

Routine Work Marana Yoga
Until 7:55PM
Then Creative Work - Amrita Yoga

Sivaloka Day

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Lanham, MD
			Purvashadha* Nakshatra Varyayan Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Sun 8 Sutra 333
	Dhanus Rasi: 19.18	Tithi 24 – 25	Gulika 9:16AM – 10:46AM	Purvashadha* Until 6:17PM	Ganesha: Red	<i>Sunrise:</i> 6:17AM	Subhakrit 5124
			Yama 6:17AM – 7:46AM	Variyan Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 46 - 8
		185786578 Rahu 1:45PM – 3:14PM	Visti Until 3:39AM Fri	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga				Moon – Light Blue	Sivaloka Day		
Until 6:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Lanham, MD
			Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 334
	Makara Rasi: 3.44	Tithi 26	Gulika 7:45AM – 9:15AM	Uttarashadha Until 4:08PM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	Subhakrit 5124
			Yama 3:15PM – 4:45PM	Parigha* Until 5:02PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 46 - 9
		185786578 Rahu 10:45AM – 12:15PM	Bava Until 2:16PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga				Moon – Light Blue	Sivaloka Day		
				Phalguna•Panguni			

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam				Lanham, MD
			Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 335
	Makara Rasi: 18.24	Tithi 27	Gulika 6:14AM – 7:44AM	Shravana Until 1:59PM	Ganesha: Green	<i>Sunrise:</i> 6:14AM	Subhakrit 5124
			Yama 1:45PM – 3:15PM	Shiva Until 1:23PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 46 - 10
		195786578 Rahu 9:14AM – 10:44AM	Kaulava Until 11:15AM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga				Moon – Purple	Subha Sivaloka Day		
				Phalguna•Panguni			

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Lanham, MD
			Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 336
	Kumbha Rasi: 3.13	Tithi 28	Gulika 3:15PM – 4:46PM	Dhanishtha Until 11:34AM	Ganesha: Green	<i>Sunrise:</i> 6:12AM	Subhakrit 5124
			Yama 12:14PM – 1:45PM	Siddha Until 9:35AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 46 - 11
		196896578 Rahu 4:46PM – 6:17PM	Gara Until 8:04AM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga				Moon – Purple	Sivaloka Day		
Until 11:34AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)			

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Lanham, MD
			Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 337
	Kumbha Rasi: 18.02	Tithi 29 – 30	Gulika 1:45PM – 3:16PM	Shatabhishak Until 9:01AM	Ganesha: Green	<i>Sunrise:</i> 6:10AM	Subhakrit 5124
	Family Home Evening		Yama 10:43AM – 12:14PM	Subha Until 2:11AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 46 - 12
		196896578 Rahu 7:41AM – 9:12AM	Catuspada Until 1:50AM Tue	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga				Moon – Purple	Sivaloka Day		
Until 9:01AM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Lanham, MD
			Purvaprosarthpada*Uttaraprosarthpada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 338
	Meena Rasi: 2.46	Tithi 30 – 1	Gulika 12:14PM – 1:45PM	Purvaprosarthpada* Until 6:55AM	Ganesha: Orange	<i>Sunrise:</i> 6:09AM	Subhakrit 5124
			Yama 9:11AM – 10:42AM	Sukla Until 10:45PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 46 - 13
		116896578 Rahu 3:16PM – 4:47PM	Kintughna Until 11:06PM	Nataraja: Clear		Amavasya	
Routine Work Marana Yoga				Moon – Clear	Devaloka Day		
Until 6:55AM				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

Retreat Star	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Lanham, MD
			Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 339
	Meena Rasi: 17.14	Tithi 1 – 2	Gulika 10:42AM – 12:13PM	Revati Until 3:28AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:07AM	Subhakrit 5124
			Yama 7:39AM – 9:10AM	Brahma Until 7:43PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 46 - 14
		116896578 Rahu 12:13PM – 1:45PM	Balava Until 8:48PM	Nataraja: Clear		Prathama	
Routine Work Marana Yoga				Moon – Clear	Devaloka Day		
Until 3:28AM Thu		Yugadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

www.gurudeva.org/panchang

1 Thursday, March 23, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Lanham, MD
 Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 340
 Mesha Rasi: 1.22 Tithi 2 - 3 Gulika 9:09AM - 10:41AM Ashvini Until 2:50AM Fri Ganesha: Clear Sunrise: 6:06AM Subhakrit 5124
 Yama 6:06AM - 7:38AM Indra Until 5:11PM Muruga: Clear Sunset: 6:20PM Moon 3 - Phase 47 - 15
 126896578 Rahu 1:45PM - 3:17PM Taitila Until 7:06PM Nataraja: Clear 3rd Phase
 Creative Work Amrita Yoga Devaloka Day
 Until 2:50AM Fri Chaitra•Panguni
 Then Creative Work - Siddha Yoga Chellappaswami Mahasamadhi

2 Friday, March 24, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Lanham, MD
 Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 16 Sutra 341
 Mesha Rasi: 15.06 Tithi 3 - 4 Gulika 7:36AM - 9:08AM Bharani Until 2:48AM Sat Ganesha: Clear Sunrise: 6:04AM Subhakrit 5124
 Yama 3:17PM - 4:49PM Vaidhriti* Until 3:10PM Muruga: Clear Sunset: 6:21PM Moon 3 - Phase 47 - 16
 126896578 Rahu 10:41AM - 12:13PM Vanija Until 6:07PM Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Devaloka Day
 Until 2:48AM Sat Chaitra•Panguni
 Then Creative Work - Amrita Yoga Tritiya Until 6:30AM

3 Saturday, March 25, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Lanham, MD
 Kritika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 342
 Mesha Rasi: 28.25 Tithi 5 Gulika 6:03AM - 7:35AM Kritika Until 3:22AM Sun Ganesha: Clear Sunrise: 6:03AM Subhakrit 5124
 Yama 1:45PM - 3:17PM Vishkambha* Until 1:48PM Muruga: Clear Sunset: 6:22PM Moon 3 - Phase 47 - 17
 126896578 Rahu 9:08AM - 10:40AM Bava Until 5:55PM Nataraja: Clear 3rd Phase
 Creative Work Amrita Yoga Devaloka Day
 Until 3:22AM Sun Chaitra•Panguni
 Then Creative Work - Siddha Yoga Panchami Until 6:05AM Sun

4 Sunday, March 26, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Lanham, MD
 Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 343
 Vrishabha Rasi: 11.18 Tithi 5 - 6 Gulika 3:18PM - 4:51PM Rohini Until 4:59AM Mon Ganesha: Clear Sunrise: 6:01AM Subhakrit 5124
 Yama 12:12PM - 1:45PM Priti Until 1:03PM Muruga: Clear Sunset: 6:23PM Moon 3 - Phase 47 - 18
 137896578 Rahu 4:51PM - 6:23PM Kaulava Until 6:30PM Nataraja: Clear 3rd Phase
 Creative Work Siddha Yoga Devaloka Day
 Until 4:59AM Mon Chaitra•Panguni
 Then Creative Work - Amrita Yoga Panchami Until 6:05AM

5 Monday, March 27, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Lanham, MD
 Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 344
 Vrishabha Rasi: 23.5 Tithi 6 - 7 Gulika 1:45PM - 3:18PM Mrigashira Until 7:05AM Tue Ganesha: Clear Sunrise: 5:59AM Subhakrit 5124
 Yama 10:39AM - 12:12PM Ayushman Until 12:50PM Muruga: Clear Sunset: 6:24PM Moon 3 - Phase 47 - 19
 Family Home Evening 137896578 Rahu 7:33AM - 9:06AM Gara Until 7:47PM Nataraja: Clear 3rd Phase
 Creative Work Amrita Yoga Devaloka Day
 Until 7:05AM Tue Chaitra•Panguni
 Then Routine Work - Marana Yoga Shashthi* Until 7:02AM

Tuesday, March 28, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Lanham, MD
 Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 345
 Mithuna Rasi: 6.06 Tithi 7 - 8 Gulika 12:12PM - 1:45PM Mrigashira Until 7:05AM Ganesha: Clear Sunrise: 5:58AM Subhakrit 5124
 Yama 9:05AM - 10:38AM Saubhagya Until 1:07PM Muruga: Clear Sunset: 6:25PM Moon 3 - Phase 47 - 20
 137896578 Rahu 3:18PM - 4:52PM Vishti Until 9:39PM Nataraja: Clear Ashtami
 Creative Work Siddha Yoga Devaloka Day
 Until 7:05AM Chaitra•Panguni
 Then Routine Work - Marana Yoga Saptami Until 8:38AM

Wednesday, March 29, 2023 Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Lanham, MD
 Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 346
 Mithuna Rasi: 18.1 Tithi 8 - 9 Gulika 10:38AM - 12:11PM Ardra Until 9:30AM Ganesha: Clear Sunrise: 5:56AM Subhakrit 5124
 Yama 7:30AM - 9:04PM Sobhana Until 1:45PM Muruga: Clear Sunset: 6:26PM Moon 3 - Phase 47 - 21
 137896578 Rahu 12:11PM - 1:45PM Balava Until 11:53PM Nataraja: Clear Navami
 Creative Work Siddha Yoga Devaloka Day
 Sri Rama Navami Chaitra•Panguni
 Ashtami* Until 10:42AM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Lanham, MD on 4/26/21

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1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Lanham, MD
Kataka Rasi: 0.06	Tithi 9 – 10	Gulika 9:03AM – 10:37AM	Punarvasu Until 12:30PM	Ganesha: White	Sunrise: 5:55AM	Sun 22	Sutra 347	Subhakrit 5124
		Yama 5:55AM – 7:29AM	Athiganda* Until 2:32PM	Muruqa: Clear	Sunset: 6:27PM	Moon 3 - Phase 48 - 22		4th Phase
Creative Work	Amrita Yoga	147896578 Rahu 1:45PM – 3:19PM	Taitila Until 2:17AM Fri	Nataraja: Clear				
			Navami* Until 1:03PM	Moon – Blue			Bhuloka Day	
				Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM	

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lanham, MD
Kataka Rasi: 11.59	Tithi 10 – 11	Gulika 7:28AM – 9:02AM	Pushya Until 3:26PM	Ganesha: White	Sunrise: 5:53AM	Sun 23	Sutra 348	Subhakrit 5124
		Yama 3:19PM – 4:54PM	Sukarma Until 3:23PM	Muruqa: Clear	Sunset: 6:28PM	Moon 3 - Phase 48 - 23		4th Phase
Routine Work	Marana Yoga	147896578 Rahu 10:36AM – 12:11PM	Vanija Until 4:41AM Sat	Nataraja: Clear				
			Dashami Until 3:29PM	Moon – Blue			Bhuloka Day	
				Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM	

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lanham, MD
Kataka Rasi: 23.53	Tithi 11 – 12	Gulika 5:53AM – 7:28AM	Ashlesha* Until 6:05PM	Ganesha: White	Sunrise: 5:53AM	Sun 24	Sutra 349	Subhakrit 5124
		Yama 1:45PM – 3:19PM	Dhriti Until 4:11PM	Muruqa: Clear	Sunset: 6:28PM	Moon 3 - Phase 48 - 24		4th Phase
Routine Work	Marana Yoga	147896578 Rahu 9:02AM – 10:36AM	Bava Until 6:54AM Sun	Nataraja: Clear				
Until 6:05PM			Ekadashi Until 5:48PM	Moon – Blue			Bhuloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM	

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Lanham, MD
Simha Rasi: 5.52	Tithi 12	Gulika 3:20PM – 4:54PM	Magha* Until 8:50PM	Ganesha: Red	Sunrise: 5:52AM	Sun 25	Sutra 350	Subhakrit 5124
		Yama 12:10PM – 1:45PM	Shula* Until 4:46PM	Muruqa: Clear	Sunset: 6:29PM	Moon 3 - Phase 48 - 25		4th Phase
Routine Work	Marana Yoga	158896578 Rahu 4:54PM – 6:29PM	Bava Until 6:54AM	Nataraja: Clear				
Until 8:50PM			Dvadashi Until 7:52PM	Moon – Red			Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni				

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lanham, MD
Simha Rasi: 17.58	Tithi 13	Gulika 1:45PM – 3:20PM	Purvaphalguni Until 11:04PM	Ganesha: Red	Sunrise: 5:50AM	Sun 26	Sutra 351	Subhakrit 5124
Family Home Evening		Yama 10:35AM – 12:10PM	Ganda* Until 5:06PM	Muruqa: Clear	Sunset: 6:30PM	Moon 3 - Phase 48 - 26		4th Phase
Creative Work	Siddha Yoga	158896578 Rahu 7:25AM – 9:00AM	Kaulava Until 8:48AM	Nataraja: Clear				
			Trayodashi Until 9:34PM	Moon – Red			Devaloka Day	
				Chaitra•Panguni				

Pradosha Vrata

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Lanham, MD
Kanya Rasi: 0.13	Tithi 14	Gulika 12:10PM – 1:45PM	Uttaraphalguni Until 12:42AM Wed	Ganesha: Red	Sunrise: 5:49AM	Sun 27	Sutra 352	Subhakrit 5124
		Yama 8:59AM – 10:34AM	Vridhhi Until 5:07PM	Muruqa: Clear	Sunset: 6:31PM	Moon 3 - Phase 48 - 27		4th Phase
Creative Work	Amrita Yoga	158896578 Rahu 3:20PM – 4:56PM	Gara Until 10:17AM	Nataraja: Clear				
Until 12:42AM Wed			Chaturdashi* Until 10:50PM	Moon – Red			Devaloka Day	
Then Routine Work - Marana Yoga				Chaitra•Panguni				

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Lanham, MD
Copper Retreat Star		Gulika 10:34AM – 12:09PM	Hasta Until 2:11AM Thu	Ganesha: Blue	Sunrise: 5:47AM	Sun 28	Sutra 353	Subhakrit 5124
Kanya Rasi: 12.4	Tithi 15	Yama 7:23AM – 8:58AM	Dhruva Until 4:44PM	Muruqa: Clear	Sunset: 6:32PM	Moon 3 - Phase 48 -		Purnima
		168896578 Rahu 12:09PM – 1:45PM	Visti Until 11:17AM	Nataraja: Clear				
Routine Work	Marana Yoga		Purnima* Until 11:36PM	Moon – Green			Bhuloka Day	
Until 2:11AM Thu		Panguni Uttiram		Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti						

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Lanham, MD
Silver Retreat Star		Gulika 8:57AM – 10:33AM	Chitra Until 3:03AM Fri	Ganesha: Blue	Sunrise: 5:46AM	Sun 29	Sutra 354	Subhakrit 5124
Kanya Rasi: 25.21	Tithi 16	Yama 5:46AM – 7:21AM	Vyaghata* Until 4:00PM	Muruqa: Clear	Sunset: 6:33PM	Moon 3 - Phase 48 -		Prathama
		168896578 Rahu 1:45PM – 3:21PM	Balava Until 11:49AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Prathama* Until 11:52PM	Moon – Green			Bhuloka Day	
				Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:20AM – 8:56AM
Yama 3:21PM – 4:58PM
168896578 **Rahu** 10:33AM – 12:09PM

Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Ganesha: Blue *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Lanham, MD
Sun 1 Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:43AM – 7:19AM
Yama 1:45PM – 3:22PM
179896578 **Rahu** 8:56AM – 10:32AM

Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Lanham, MD
Sun 2 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:22PM – 4:59PM
Yama 12:08PM – 1:45PM
179896578 **Rahu** 4:59PM – 6:36PM

Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Ganesha: Red *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Lanham, MD
Sun 3 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:45PM – 3:22PM
Yama 10:31AM – 12:08PM
179896578 **Rahu** 7:17AM – 8:54AM

Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Ganesha: Red *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Lanham, MD
Sun 4 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:08PM – 1:45PM
Yama 8:53AM – 10:30AM
189896578 **Rahu** 3:23PM – 5:00PM

Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Ganesha: Green *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Lanham, MD
Sun 5 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:30AM – 12:07PM
Yama 7:14AM – 8:52AM
189896578 **Rahu** 12:07PM – 1:45PM

Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Ganesha: Green *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Lanham, MD
Sun 6 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 6
1st Phase

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:51AM – 10:29AM
Yama 5:35AM – 7:13AM
189996578 **Rahu** 1:45PM – 3:23PM

Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Ganesha: White *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Lanham, MD
Sun 7 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 7
Ashtami

Friday, April 14, 2023
Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:12AM – 8:50AM
Yama 3:24PM – 5:02PM
299996578 **Rahu** 10:29AM – 12:07PM

Tamil New Year

Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Ganesha: White *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM


Lanham, MD
Sun 8 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 8
Navami


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Lanham, MD
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 5:32AM – 7:11AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Sun 9 Sutra 363
		299996578 Rahu 8:49AM – 10:28AM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Sobhana 5125	
			Bava Until 9:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9	
			Dashami Until 10:22AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Lanham, MD
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:24PM – 5:03PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sun 10 Sutra 364
		291996578 Rahu 5:03PM – 6:42PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Sobhana 5125	
			Kaulava Until 6:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10	
			Ekadashi* Until 7:51AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Lanham, MD
	Kumbha Rasi: 27.21	Tithi 28	Gulika 1:45PM – 3:25PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	Sun 11 Sutra 1
Family Home Evening		211996578 Rahu 7:08AM – 8:48AM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Sobhana 5125	
			Gara Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11	
			Trayodashi* Until 3:01AM Tue	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Lanham, MD
	Meena Rasi: 11.37	Tithi 29	Gulika 12:06PM – 1:46PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:28AM	Sun 12 Sutra 2
		211996578 Rahu 3:25PM – 5:05PM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Sobhana 5125	
			Visti Until 1:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12	
			Chaturdashi* Until 12:55AM Wed	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lanham, MD
	Retreat Star		Gulika 10:26AM – 12:06PM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	Sun 13 Sutra 3
Meena Rasi: 25.43	Tithi 30	211996578 Rahu 12:06PM – 1:46PM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Sobhana 5125	
			Catuspada Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13	
			Amavasya* Until 11:12PM	Moon – Clear		Amavasya	
				Chaitra+Chaitra		Devaloka Day	

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Lanham, MD
	Retreat Star		Gulika 8:45AM – 10:25AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Sun 14 Sutra 4
Mesha Rasi: 9.32	Tithi 1	221996578 Rahu 1:46PM – 3:26PM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Sobhana 5125	
			Kintughna Until 10:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14	
			Prathama* Until 9:58PM	Moon – White		Prathama	
				Vaisaka+Chaitra		Devaloka Day	

1		Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lanham, MD Sun 15 Sutra 5 Sobhana 5125
Mesha Rasi: 23.04	Tithi 2	Gulika 7:04AM – 8:44AM	Bharani Until 12:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2 - 15 3rd Phase
Creative Work	Siddha Yoga	Yama 3:26PM – 5:07PM	Ayushman Until 10:53PM	Nataraja: Clear		Moon – White		Devaloka Day
		221996578 Rahu 10:25AM – 12:05PM	Balava Until 9:35AM			Vaisaka-Chaitra		
			Dvitiya Until 9:19PM					

2		Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Lanham, MD Sun 16 Sutra 6 Sobhana 5125
Vrishabha Rasi: 6.16	Tithi 3	Gulika 5:22AM – 7:03AM	Krittika Until 12:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 16 3rd Phase
Creative Work	Amrita Yoga	Yama 1:46PM – 3:27PM	Saubhagya Until 9:51PM	Nataraja: Clear		Moon – White		Devaloka Day
		221996578 Rahu 8:44AM – 10:24AM	Taitila Until 9:15AM			Vaisaka-Chaitra		
			Tritiya Until 9:19PM					

3		Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Lanham, MD Sun 17 Sutra 7 Sobhana 5125
Vrishabha Rasi: 19.07	Tithi 4	Gulika 3:27PM – 5:08PM	Rohini Until 1:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 12:05PM – 1:46PM	Sobhana Until 9:20PM	Nataraja: Clear		Moon – Yellow		Devaloka Day
		231996578 Rahu 5:08PM – 6:49PM	Vanija Until 9:35AM			Vaisaka-Chaitra		
			Chaturthi* Until 9:59PM					

4		Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD Sun 18 Sutra 8 Sobhana 5125
Mithuna Rasi: 1.4	Tithi 5	Gulika 1:46PM – 3:27PM	Mrigashira Until 3:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 18 3rd Phase
Family Home Evening		Yama 10:23AM – 12:05PM	Athiganda* Until 9:17PM	Nataraja: Clear		Moon – Yellow		Devaloka Day
Creative Work	Amrita Yoga	231996578 Rahu 7:01AM – 8:42AM	Bava Until 10:34AM			Vaisaka-Chaitra		
Until 3:40PM			Panchami Until 11:15PM					
Then Creative Work - Siddha Yoga								

5		Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Lanham, MD Sun 19 Sutra 9 Sobhana 5125
Mithuna Rasi: 13.58	Tithi 6	Gulika 12:05PM – 1:46PM	Ardra Until 5:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 19 3rd Phase
Routine Work	Marana Yoga	Yama 8:41AM – 10:23AM	Sukarma Until 9:38PM	Nataraja: Purple		Moon – Yellow		Sivaloka Day
Until 5:44PM		231996579 Rahu 3:28PM – 5:09PM	Kaulava Until 12:07PM			Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga			Shashthi* Until 1:02AM Wed					

6		Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Lanham, MD Sun 20 Sutra 10 Sobhana 5125
Mithuna Rasi: 26.04	Tithi 7	Gulika 10:22AM – 12:04PM	Punarvasu Until 8:31PM	Ganesha: Green	<i>Sunrise:</i> 5:17AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 6:59AM – 8:41AM	Dhriti Until 10:18PM	Nataraja: Purple		Moon – Blue		Subha Sivaloka Day
		241996579 Rahu 12:04PM – 1:46PM	Gara Until 2:06PM			Vaisaka-Chaitra		
			Saptami Until 3:11AM Thu					

Retreat Star		Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Lanham, MD Sun 21 Sutra 11 Sobhana 5125
Kataka Rasi: 8.02	Tithi 8	Gulika 8:40AM – 10:22AM	Pushya Until 11:21PM	Ganesha: Red	<i>Sunrise:</i> 5:16AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2 - 21 Ashtami
Creative Work	Amrita Yoga	Yama 5:16AM – 6:58AM	Shula* Until 11:06PM	Nataraja: Purple		Moon – Blue		Sivaloka Day
Until 11:21PM		242996579 Rahu 1:46PM – 3:28PM	Visiti Until 4:21PM			Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga			Ashtami* Until 5:30AM Fri					

Retreat Star		Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Lanham, MD Sun 22 Sutra 12 Sobhana 5125
Kataka Rasi: 19.57	Tithi 9	Gulika 6:57AM – 8:39AM	Ashlesha* Until 2:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 2 - 22 Navami
Routine Work	Marana Yoga	Yama 3:29PM – 5:11PM	Ganda* Until 11:57PM	Nataraja: Purple		Moon – Blue		Sivaloka Day
Until 2:03AM Sat		242996579 Rahu 10:22AM – 12:04PM	Balava Until 6:42PM			Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga			Navami* Until 7:49AM Sat					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD Sun 23 Sutra 13 Sobhana 5125
	Simha Rasi: 1.52	Tithi 9 – 10	Gulika 5:13AM – 6:56AM	Magha* Until 4:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	
			Yama 1:47PM – 3:29PM	Vriddhi Until 12:42AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 23
		252996579	Rahu 8:38AM – 10:21AM	Taitila Until 8:55PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Navami* Until 7:49AM	Moon – Red		Devaloka Day	
Until 4:56AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 24 Sutra 14 Sobhana 5125
	Simha Rasi: 13.52	Tithi 10 – 11	Gulika 3:30PM – 5:13PM	Purvaphalguni Until 7:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:12AM	
			Yama 12:04PM – 1:47PM	Dhruva Until 1:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3 - 24
		252996579	Rahu 5:13PM – 6:56PM	Vanija Until 10:51PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dashami Until 9:55AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Lanham, MD Sun 25 Sutra 15 Sobhana 5125
	Simha Rasi: 26	Tithi 11 – 12	Gulika 1:47PM – 3:30PM	Purvaphalguni Until 7:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:09AM	
	Family Home Evening		Yama 10:20AM – 12:03PM	Vyaghata* Until 1:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 - 25
		252996579	Rahu 6:53AM – 8:36AM	Bava Until 12:19AM Tue	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:38AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lanham, MD Sun 26 Sutra 16 Sobhana 5125
	Kanya Rasi: 8.2	Tithi 12 – 13	Gulika 12:03PM – 1:47PM	Uttaraphalguni Until 9:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:08AM	
			Yama 8:36AM – 10:20AM	Harshana Until 12:58AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3 - 26
		252996579	Rahu 3:31PM – 5:15PM	Kaulava Until 1:11AM Wed	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dvadashi Until 12:48PM	Moon – Red		Devaloka Day	
Until 9:00AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lanham, MD Sun 27 Sutra 17 Sobhana 5125
	Kanya Rasi: 20.57	Tithi 13 – 14	Gulika 10:19AM – 12:03PM	Hasta Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	
			Yama 6:51AM – 8:35AM	Vajra* Until 12:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3 - 27
		262996579	Rahu 12:03PM – 1:47PM	Gara Until 1:26AM Thu	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Trayodashi Until 1:22PM	Moon – Green		Sivaloka Day	
Until 10:27AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Lanham, MD Sun 28 Sutra 18 Sobhana 5125
	Tula Rasi: 3.52	Tithi 14 – 15	Gulika 8:34AM – 10:19AM	Chitra Until 11:07AM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	
			Yama 5:06AM – 6:50AM	Siddhi Until 10:48PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3 - Purnima
		262996579	Rahu 1:47PM – 3:32PM	Vistil Until 1:03AM Fri	Nataraja: Purple		
Creative Work Siddha Yoga			Chaturdashi* Until 1:18PM	Moon – Green		Sivaloka Day	
Until 11:07AM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							
				Budha Purnima (Tamil Nadu)			

6	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lanham, MD Sun 29 Sutra 19 Sobhana 5125
	Tula Rasi: 17.05	Tithi 15 – 16	Gulika 6:49AM – 8:34AM	Svati Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	
			Yama 3:32PM – 5:17PM	Vyatipata* Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3 - Prathama
		262996579	Rahu 10:18AM – 12:03PM	Balava Until 12:05AM Sat	Nataraja: Purple		
Creative Work Siddha Yoga			Purnima* Until 12:37PM	Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda